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## Local firefighter braves feat of daring endurance for charity

By KATIE LINDERT  
Ward Media Staff Reporter

CHELAN – Wenatchee firefighter Capt. Brandon Kunz completed his solo swim of the length of Lake Chelan on Sept. 19 at 5:46 p.m. Essentially putting in four days worth of double marathons, he made the swim in non-consecutive segments totalling 50.74 miles in 39 hours, 19 minutes, and 11 seconds.

This was a swim not made solely for the challenge, or to receive any acclaim—Brandon's was a fundraising effort to benefit Seattle Children's Hospital's Greatest Need Fund in memory of his friends' infant daughter Baby Jacqueline Grace Parker. Baby Jacqueline suffered from a heart issue, and passed away shortly after birth.

Brandon wanted to be able to aid families in benefiting from the care offered at Seattle Children's Hospital,

and was inspired to start a fundraiser and embark on a journey that few have ever attempted. As of Friday, Oct. 6, \$19,410 had been raised towards this effort, with more donations coming in daily.

Brandon's swim began early morning on Friday, Sept. 15, after two nights of receiving very poor sleep. Wednesday night he'd been up all night for work, and did not sleep well on Thursday night in anticipation of the feat he was about to undergo. Nevertheless, and in spite of a temperature drop, he swam approximately 15.04 miles that day. Unfortunately, by evening, he was experiencing symptoms of hypothermia and spent the night wide awake, watching the stars from a dock where he struggled to stay afloat.

After receiving assistance in the form of extra heat packs and blankets from his support team on Friday evening, Saturday, it was determined,



Brandon Kunz pushes on through waves and wilds.

PHOTO COURTESY OF AMBER BOWLES

would need to be a day of rest and recuperation. His team

would retrieve a thicker wet-suit for him, and he would

actually be able to rest some that day. Sunday saw a re-

newed energy and peace for Brandon, and he was able to complete 11.37 miles before meeting supportive community members at Riverwalk Park in celebration.

Due to having taken a day for rest, however, he had portions of the lake yet to swim he was determined to complete. He accomplished his goal, first swimming 10.2 miles on Monday, Sept. 18, then finishing out the last 14.31 miles on Tuesday Sept. 19.

Brandon's swim has already raised awareness and support for many families in need, and his efforts and accomplishments continue to bring light to the change that community support can bring. Donations are still being accepted for this fundraiser titled 'Solo Lake Chelan Swim for Children' at <https://give.seattlechildrens.org/fundraiser/4866788>.

Katie Lindert: 509-731-3211 or [katie@ward.media](mailto:katie@ward.media)

City of Chelan

# Mayoral Election 2023

### City of Chelan Mayoral Candidates

Serving as the mayor comes with a varying set of duties and powers that are integral to the city's governance. The mayor acts as the chief executive and administrative officer, overseeing all city departments and employees, ensuring efficient administration and public ser-

vice delivery. Additionally, they bear the responsibility of enforcing city laws and ordinances, and maintaining law and order for residents. The mayor presides over all city council meetings and holds the power of a tie-breaking vote, ensuring deci-

sions are reached. The mayor reports to the city council with recommendations, financial updates and prepares and submits the city's yearly budget. The Mayor also holds the power of a veto vote. However, the veto can be overridden by

a majority plus one vote of all councilmembers. As the ceremonial leader the mayor represents the city at all events and ceremonies. In essence, the Mayor's role encompasses executive, legislative, and ceremonial duties vital to the city's well-being.

According to Washington law, mayors are elected and serve a four-year term until their successors are elected, qualified and assume office. In our commitment to bringing you informed election coverage, the Lake Chelan Mirror has reached out to the may-

oral candidates of our beautiful city. We sent a comprehensive questionnaire to each candidate, seeking their insights on key issues and their vision for Chelan's future. Here are the questions we posed to the candidates and their responses:

### Meet Chelan Mayoral Candidates



Erin McCardle      Bob Goedde

**1. What motivated you to run for the position of mayor in Chelan, and what unique qualifications or experiences do you bring to this role?**

**Erin McCardle:** I have been on Council for 14 years. As a council member, you are enacting policy. I've seen several issues that need more leadership from the City such as affordable housing, thoughtful growth, infrastructure, and sustainable economic development. My past professional experience uniquely qualifies me for this leadership role. We need someone who has the skill set to work with partners and our community, think long-term and develop strategic goals to protect and preserve the small-town community we love.

Please visit [www.mccardleformayor.com](http://www.mccardleformayor.com) for both English and Spanish versions of these questions and responses.

**Bob Goedde:** Thank you for this opportunity to answer questions about the many issues facing the community of Chelan. The City is currently involved in a number of new projects, and I will continue to work with my staff, constituents, developers and regional partners to make Chelan a

better place to reside.

I want Chelan to remain a small town. I have lived here all my life and been active in city politics for the past 20 years as both a Council member and Mayor. I've served on the LINK Transit Board for the past 20 years and as a board member of the Association of Washington Cities for 10 years.

My work experience in Chelan includes running my own auto mechanics shop, serving as a police reserve officer, and with Public Works and PUD Parks Department.

I have the ability to communicate in difficult times. I learned how to communicate as an Army Sgt. in Vietnam, a Pit Boss at racetracks and explaining the actions of the City Council to concerned constituents.

**2. Chelan has a strong tourism industry. How do you plan to balance the needs and concerns of local residents with those of tourists to ensure the town thrives economically while preserving its unique character?**

**Erin McCardle:** The City of Chelan does not have a vision or strategic plan for economic development. Without this,

there is no way to balance the wishes of our residents and we remain reliant on ONE source of City operational revenue (risky). As Mayor, I will be focused on the following:

- Complete the Our Valley Our Future Core Values effort to provide the clear foundation for the type of community our citizens want us to preserve and protect.

- Partner with the Port of Chelan County and the Lake Chelan Chamber of Commerce on a Valley-wide Economic Impact and Master Plan that articulate how we build a stable, sustainable diversified year-round economy. This effort would identify our Valley's assets, identify potential economic opportunities, create community consensus on vision, identify necessary investments and funding and develop a roadmap of strategies and goals to make progress on the vision.

**Bob Goedde:** People have been coming to Chelan for generations. I have been pushing for the extra one percent lodging tax that is legally available and would use those funds for tourism related infrastructure needs. From 2017 to 2022, both the sales and lodging tax revenues have doubled to approximately \$1.5 million dollars.

We need to consider spending tourism (lodging tax) funds on helping to maintain our recreational facilities and use local tax payer funds to help our residents.

**3. Infrastructure and transportation are critical for any**

**community. What are your priorities for improving Chelan's infrastructure, including roads, utilities, and public transportation?**

**Erin McCardle:** Our infrastructure issues are a result of generations of deferred maintenance to a point (now) where everything is in critical need of replacement (increasing costs 10-fold). As a result of COVID shutdowns, we are seeing "once in a generation" funding available for infrastructure. In addition, we have influential legislators representing our district. Combined – the City was in an incredibly unique/strong position. However, our current leadership has missed 4 plus years of opportunity to secure State and Federal funding for our growing list of infrastructure projects. My number one priority will be to meet with our legislative delegation and walk through our capital, transportation infrastructure and programmatic needs and clearly articulate our priorities and funding requests. Secondly, all ideas should be on the table to ensure our transportation budget remains funded. Ideas include changing the percent of property tax allocation allocated to Streets (25% currently goes to General Fund, 75% to Street Fund), evaluating the impacts of creating a Transportation Benefit District, and of course - aggressive pursuit of grant funding and working with our State Representatives on those efforts. Overall, there is a balance of how aggressive we get on

addressing the never-ending list of infrastructure projects so that the citizens of Chelan are not burdening more than their fair share. Currently, our infrastructure issues are being driven by conditions, not capacity. Our infrastructure is old. Upgrades have been deferred and it's time we bring our system to current standards.

**Bob Goedde:** With continuing growth in the Lake Chelan Valley transportation issues have become critical. I would like to correct the one-way situation into town on the Woodin Avenue Bridge to a two-way situation to relieve Johnson Avenue traffic. In addition, the Washington State Department of Transportation wants to turn East Woodin Avenue into one way lanes east and west with bicycle lanes and a left hand turn land down the middle from the stop light to Les Schwab. I'm against that and am working diligently to keep East Woodin Avenue a four lane highway into and out of town.

The FAA is progressing on expanding the runway at Chelan's airport and the City is designing and eventually will construct a fire flow water line to the airport that will generate economic growth at the airport. I continue to work hard with staff to complete these projects. Also, Link Transit is currently designing a new "Local" inclusive route for the Lake Chelan Valley.

Chelan is facing numerous infrastructure issues and our Public Works Department is

constantly seeking grants and low income loans to fix the many problems facing Chelan such as low water pressure and our aging sewer system.

The Council has instigated a TIF (Tax Incremental Financing) program in east Chelan to improve water delivery and to construct a one million gallon reservoir. Chelan's administration, staff and I have been negotiating with the Junior Taxing Districts to reach a reasonable plan that will insure this work is accomplished. The City and its consultant continues to seek other sources of funding to help fund this and other necessary projects.

**4. Chelan, like many communities, faces environmental challenges. What is your stance on environmental conservation and sustainable practices, and how do you plan to address these issues locally?**

**Erin McCardle:** Our Council approved unanimously a yearly contribution to the Chelan Blue organization to fund their excellent efforts in keeping Lake Chelan clean. I continue to support this. As well as efforts on mandatory boat inspections. Our Public Works department is also working on creating the first ever Stormwater Plan. This will be a huge undertaking but critical in identifying the deficiencies of our system and solutions.

**Bob Goedde:** The City has a robust recycling program to keep plastics and cardboard

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**Get your event in the spotlight with Ward Media!**

If you have an exciting event to share, email Reporter Quinn Propst at [quinn@ward.media](mailto:quinn@ward.media). We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



**Apple Shoot & Haunted Graveyard**

Four Lakes Winery in Chelan will host an Apple Shoot and Haunted Graveyard beginning on Friday, Oct. 13 from 12:30 p.m. to 5 p.m.

Try your hand at shooting an apple out of a giant slingshot to hit a target. Participants will receive three chances to hit one of the targets, and those with the right aim will win a surprise treat bag.

The free event is family-friendly and will run through the entire month of October.

**Micro Tours & Hayrides**

Chelan Ridge Winery in Manson will host micro tours and hayrides on Sat-

urday, Oct. 14 from 1 p.m. to 7 p.m. Join the tour to watch the winemaking staff at work and take a hayride through the vineyards.

Combine a tasting with a tour for a \$10 add-on per person, or book a hayride for the family for \$10 per person.

For more information visit [chelan-ridgewinery.com](http://chelan-ridgewinery.com)

**Harvest Wagon Tours at Tsillan Cellars**

Tsillan Cellars in Chelan is offering Harvest Wagon tours on Saturday, Oct. 14.

Join Dr. Bob and Vineyard Manager, Nic Stevens, for a 45-minute tour of the vineyards at 1 p.m. and 3 p.m.

The wagon rides will be followed by a

tour of production with head winemaker, Garrett Grubbs. For more information visit [tsillancellars.com/events/](http://tsillancellars.com/events/).

**Pumpkin Patch at Chelan Valley Farms**

Visit Chelan Valley Farms (2393 Green Ave) in Manson for their 5th Annual Pumpkin Patch.

The patch is open 10 a.m. to 5 p.m. Saturdays and Sundays through the last weekend of October.

For more information visit [chelanvalleyfarms.com](http://chelanvalleyfarms.com).

**Line Dancing Classes**

Manson Parks and Recreation will host a beginner line dancing class at the Manson Grange on Monday, Oct. 16 from 5 p.m. to 6 p.m.

The recommended donation per class is \$5 or a \$20 donation for five classes.

**MAYORAL**

CONTINUED FROM PAGE A1

out of the landfills. In addition, the City has helped the Chelan Rotary Club develop a healthy glass recycling program.

Lake Chelan is one of the City's biggest concerns and we have help fund the Lake Chelan Research Institute for the next five years along with our partners; Chelan County, Chelan PUD, Lake Chelan Reclamation District and private parties to monitor lake quality and to look for solutions to emerging issues.

This year, boat inspections were instigated to help detect and stop invasive species from entering the lake including Eurasian Milfoil, Quagga and Zebra mussels. Goose poop, lawn fertilizers and agricultural drains are also contributors to declining water quality.

**5. Housing affordability is a concern for many Chelan residents. What strategies do you propose to address housing affordability and availability in the area?**

Erin McCardle: I believe that solutions to address the missing middle housing (aka affordable housing), senior housing, farmworker housing

must be regionally focused. Many local organizations have been working on this for years and while the City of Chelan has financially supported the Housing Authority and Chelan Valley Housing Trust; we need to do more. The City of Chelan needs to join these conversations to find solutions. We need big ideas, big strategies to make big change. One-off projects are great wins, but we need to be looking to broader solutions like legislative change, updates to City code, incentive programs for affordable apartments, pre-designed/pre-approved ADU designs, streamlining the permitting process, etc. Council Committee assignments have not changed in the 14 years I've been on Council. These need to be reviewed and prioritized with relevant efforts. The City of Chelan must strengthen our partnerships and join the conversation. I would remove several committee assignments and immediately add the Our Valley Our Future Chelan-Douglas Housing Solutions Group. This group includes government planners, community land/housing trust leaders, the Housing Authority of Chelan County exec director, social service

agencies, building association representative, developers, architects, etc.

**Bob Goedde:** Affordable housing has been an ongoing issue for a number of years and the City has partnered with Chelan County, Chelan Valley Housing Trust and the Wenatchee Housing Authority to move forward on building affordable housing on land being donated by the county.

In addition we have negotiated with Chelan Fruit for an easement through their property for a wastewater line that will lower the infrastructure costs for the Housing Trust's Anderson Road affordable housing project. The City is continuing to investigate all possibilities to obtain land for affordable workforce housing.

The Widener Group is currently in engineering negotiations with the City to construct 280+apartments.

**6. Public safety is a top priority for any municipality. How do you plan to enhance public safety services, such as police and emergency response, to ensure the well-being of Chelan's residents?**

Erin McCardle: Overall, I believe our public safety

services are in very good hands with leadership from Mike Morrison and Ray Eickmeyer.

**Bob Goedde:** The City contracts with the Chelan Sheriff's Department and they have done an excellent job. We are in the process of hiring a licensed law enforcement officer for code enforcement throughout the city. We also have one of the best small town fire departments.

**7. Chelan's economy relies heavily on agriculture and tourism. How do you envision supporting local businesses and promoting economic growth in the region?**

Erin McCardle: The City of Chelan lacks a solid Economic Development vision. We struggle with a seasonal economy - making housing, staffing, running a business even harder. I would like to immediately see a stronger partnership between the City of Chelan, our Regional Port Authority and the Lake Chelan Chamber of Commerce to dig into this and develop a long-range strategic vision and plan for a year-round sustainable economy.

**Bob Goedde:** We need to broaden the activities that visitors and residents can do in the valley. We will continue to promote the wineries, ag-tourism outlets, the construction of new public trails and make everyone aware of what the community has to offer.

**8. The community values its natural beauty and outdoor recreational opportunities. What initiatives will you undertake to protect and enhance Chelan's natu-**

ral resources and parks?

Erin McCardle: I am an avid outdoor recreationalist. I believe that the more opportunities we have for our community to get outside, breathe fresh air, exercise their body and take in the beauty of our Valley - the better. I have been and will continue to support several projects that create opportunities for outdoor recreation in our Valley:

- Street End Park Projects - City Council has identified over 10 locations around the City of Chelan that can be improved to provide public access to Lake Chelan. Additionally,

- City Council has approved a budget appropriation each year to build out these street end micro parks.

- Lakeside Trail Completion - Public Works has recently applied and won a \$3M grant (with approved matching funds from the City of Chelan) to complete the Lakeside Trail along the South Shore. Completion of this will provide pedestrian access to several public access points to Lake Chelan (i.e. the small public access area on the Fingers, a few of the micro parks identified in the Street End Park Project).

- Expansion of Youth Athletics and Facilities - the kiddos in our community deserve safe athletic facilities and more opportunities for sports and outdoor activities. I would like to see current baseball fields improved, AAU programs expanded and additional opportunities for fall and winter recreation be pursued.

**Bob Goedde:** The City continues to work on maintain-

ing the rustic beauty that surrounds us. Recreation is a huge issue and we are working on expanding our Parks system, i.e. baseball fields in south Chelan, locating and constructing a skate park and pickleball courts for the local residents. The Golf Course will be undergoing a new revitalization including a new automated irrigation system.

**9. Chelan is a close-knit community. How do you plan to foster community engagement and participation in local government decisions and initiatives?**

Erin McCardle: Communication and transparency are key to building community trust. Community trust is key to community engagement. We have many resources available to us today to keep an open dialogue with the citizens of our City so that people know what is happening and how to participate. There are several efforts I would roll out as Mayor:

- Monthly Newsletter from the City - a monthly update from each of our departments

- (Administration, Planning, Parks, Public Works, Finance), including a standing update on Land Use Notices, Planning Commission topics, City Council topics. The City must be more proactive on disseminating information vs. expecting citizens to find it on their own.

- Core Values effort - the City's Comprehensive Plan is the driving document for making policy decision. At the foundation of this is our Community's Core Values. What

SEE MAYORAL ON PAGE A3


**RE-ELECT**

# AURORA FLORES

**FOR MANSON SCHOOL BOARD DIRECTOR DISTRICT #2**

**My pledge to the community ...**

is to continue to ensure that the Manson School District provides students a positive learning environment, as well as an academically challenging education. I will provide quality educational leadership, so we can ensure every student can compete and thrive in our ever-changing world economy.



PAID FOR BY THE COMMITTEE TO RE-ELECT AURORA FLORES FOR MANSON SCHOOL BOARD DIRECTOR #2, ANNMARIE WISDOM, TREASURER, 10 SUN MOUNTAIN LANE, MANSON, WA 98831

**Election Info**

Chelan County is a vote by mail county and ballots for the Nov. 7 General Election will be mailed to voters on Oct. 20. All voters should receive their ballots by Oct. 25.

Accessible voting equipment is available at the Chelan County Courthouse, which will remain open for 18 days prior to election day for use of the accessible voting equipment and for ballot drop boxes. Official ballot drop boxes are available for 18 days prior to election day and are sealed at exactly 8 p.m. on election day.

According to the Chelan County Election page, applications for new voter registrations or updates to existing registrations by mail, over the phone, email or online must be received by the Chelan County Elections Office no later than 5 p.m. on Oct. 30.

After Oct. 30, to register or to update registration in time for the General Election, voters must appear in person at any election office by 8 p.m. on election Day, Nov. 7, 2023.

The Chelan County Elections Office is located at 350 Orondo Ave Level 3 in Wenatchee.

Mailed ballots must be postmarked by Nov 7 at 8 p.m.

You may track your ballot at [www.voteWA.gov](http://www.voteWA.gov). Your ballot's status will update as received and processed. All ballot drop box locations close promptly at 8 p.m. on Nov. 7.

**Chelan County Courthouse**  
350 Orondo Ave.  
Wenatchee, WA 98801  
Indoor boxes: M- F 9am - 5pm  
Licensing Office - Level 2  
Or Elections Office - Level 3

**Wenatchee Public Library**  
310 Douglas St.  
Wenatchee, WA 98801  
Outdoor Box: 24 Hours a day  
Drive-thru access.

**Cashmere City Hall**  
101 Woodring St.  
Cashmere, WA 98815  
Outdoor Box: 24 Hours a day  
Facing Mission Ave  
Walk up

**Chelan City Hall**  
135 E. Johnson Ave.  
Chelan, WA 98816  
Outdoor Box: 24 Hours a day  
Drive-thru access

**Entiat City Hall**  
14070 Kinzel St.  
Entiat, WA 98822  
Outdoor Box: 24 Hours a day  
Drive-thru access

**Leavenworth City Hall**  
700 Highway 2  
Leavenworth, WA 98826  
Outdoor Box: 24 Hours a day  
Drive-thru access

**Manson Public Library**  
80 Wapato Way  
Manson, WA 98831  
Outdoor Box: 24 Hours a day  
Walk-up access.

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The Lake Chelan Mirror welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to [letters@ward.media](mailto:letters@ward.media)

**News Tips**  
Have an idea for a story?  
Call the Mirror at 509-682-2213

**Corrections**  
The Lake Chelan Mirror regrets any errors. If you see an error, please call 509-682-2213. We will publish a correction in the next issue.

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**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

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- Garage and Yard Sale Ads are paid events, please email those to [mirrorads@lakechelanmirror.com](mailto:mirrorads@lakechelanmirror.com) or [NCWMARKET.COM](http://NCWMARKET.COM)
- For more info call: Lake Chelan Mirror at 509-682-2213
- Email to: [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

**Lake Chelan Valley Events, Things to do, Meetings**

**SAIL Exercise Classes: Oct. 11, 12, 13**

CHELAN - SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

**Chelan Senior Meals: Oct. 11-13**

CHELAN - The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at [www.octn.org](http://www.octn.org) and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: Oct. 11: Tuna Noodle Casserole, Peas & Carrots, Spiced Salad, Oregon Berries, Dessert; Oct. 12: Cabbage Patch Stew, Tossed Salad, Waldorf Salad, Mozzarella Breadsticks, Dessert; Oct. 13: Lemon Baked Fish, Wild Rice, Glazed Carrots, Caesar Salad, Peaches, Focaccia Bread, Dessert; Oct. 16: Wild Rice & Ham Casserole, Buttered Peas, Spinach Salad, Orange Quarters, WW Bread or Roll Dessert; Oct. 17: Meatloaf, Mashed Potatoes / Gravy, Green Beans, Pears, WW Roll, Oatmeal Cookies, Oct. 18: Personal Size Omelettes, Potatoes O'Brien, V-8 Juice, Peaches, Cereal Bar, Blueberry Muffin.

**Chelan Valley Hope: Oct. 11-12**

CHELAN - Chelan Valley Hope's Winter Coat Drive has officially launched for the season. We are accepting new and gently used coats, hats, scarves, gloves, and new socks. All sizes are needed. Donation bins can be found at the following locations; Chelan Valley Hope, Chelan Fire & Rescue, Manson Fire Dept., Lake Chelan Eagles, Twisted Cork, North Shore Bible Church, Church of the Nazarene, Chelan Library, and Even Keel Roadhouse. If you are in need of warm winter wear please call or visit us at Chelan Valley Hope, open Monday through Thursday 9 a.m.-3 p.m. (closed Noon to 1 p.m.) Call 509-888-2114 for more information or to schedule an appointment. Or visit our website and follow us on Facebook and Instagram to get the latest CVH news and updates [chelanvalleyhope.org](http://chelanvalleyhope.org), [@ChelanValleyHope](https://www.facebook.com/ChelanValleyHope).

**Chelan Museum: Oct. 11-14**

CHELAN - The Chelan Museum is open Tuesday thru Saturday 11 a.m.-4 p.m. The museum is located at the corner of Woodin Avenue and Emerson Street. For more information: 509-682-5644.

**Zumba Fitness: Oct. 11, 12, 17**

MANSON - Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), through October, 8:30-9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

**Thursday Farmers Market: Oct. 12**

CHELAN - Chelan Evening Farmers Market runs May through October 26 every Thursday from 2-6 p.m. in Riverwalk Park and Emerson Street. Enjoy numerous vendors carrying fresh fruit, veggies, flowers, crafts, food trucks, live music and so much more. Each week is something a little different. [www.chelanfarmersmarket.org/](http://www.chelanfarmersmarket.org/)

**Cancer Support Group: Oct. 12**

CHELAN - The women surviving/thriving cancer support group will meet Thursday, October 12, 1 p.m., at the Chelan Library on Emerson Street. Whether you are newly diagnosed, going through treatments, a support to someone who is, or been thriving for years, please join them for this casual gathering. They will be meeting the second Thursday of each month. For more information call Anne Brooks, 509-682-8718.

**Chelan Valley Republican Women: Oct. 13**

MANSON - Chelan Valley Republican Women (CVRW) will hold their October club meeting at Wine Girl Wines, 222 E. Wapato Way, Manson, on Friday, October 13, at Noon. Guest speakers will be: Grassroots Activist, Writer and Noted Speaker Glen Morgan. Glen is the founder of "We the Governed" and Executive Director of the Citizens Alliance for Property Rights. He also founded the Washington Voter Research Project. Local school board and other candidates have been invited to join us and speak. Guests and non-members are welcome. Men are always welcome. Food, wine and beverages will be available for purchase. Please contact Pam James, club president, for questions at 425-343-2911.

**VFW #6853 Post Coffee/Donuts: Oct. 13**

CHELAN - Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation.

Veterans are invited to join them every Friday.

**Chelan Saturday Farmers Market: Oct. 14**

CHELAN - Chelan Saturday Farmers Market is held every Saturday now until October 28, 8 a.m.-1 p.m. in the Johnson Avenue Parking lot, 102 E. Johnson Avenue, next to Kelly Allen Insurance.

**Food Bank food distribution: Oct. 14, 17, 21**

CHELAN - The Lake Chelan Food Bank food giveaway takes place each Saturday and Tuesday, 9 - 10 a.m. Distribution is drive-thru at 417 S. Bradley Street. Families are limited to one box per week. In September an average of 127 families with 458 individuals were served each week. A total of 23,200 pounds of food was distributed. As the weather turns cold the need increases. If you are able to help please donate online at [lakechelanfoodbank.org](http://lakechelanfoodbank.org) or send to PO Box 2684, Chelan, 98816. Non perishable food donations may be dropped off at the Lake Chelan Mirror office, 131 Apple Blossom Drive, Suite 109 (Chelan Business Center).

**Glass recycle: Oct. 14**

CHELAN - Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m.-noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to [www.911glassrescue.org](http://www.911glassrescue.org), and click on the volunteer tab on the home page.

**Lake Chelan Community Choir: Oct. 15**

CHELAN/MANSON - The second rehearsal for the upcoming Christmas Cantata will be Sunday, October 15. Rehearsals will be held at North Shore Bible Church, Manson on Sundays from 1-3 p.m. Performance dates are the evening of Friday, December 15 and 2 p.m. Saturday afternoon, December 16. Individual books and rehearsal CD's are available. If you have questions and are interested in joining this unique group of talented and generous community members, please call director, Marci Hale at 509-687-3791. They make a truly joyful noise and their performances are the unofficial start to the Christmas season.

MORE EVENTS AT [WWW.LAKECHELANMIRROR.COM](http://WWW.LAKECHELANMIRROR.COM)

**MAYORAL**

CONTINUED FROM PAGE A2

we, as a community, identify as our very top priorities. Our community is a wonderful mix of races, ages, tenure, and beliefs. This is a very important project to solidify how our community wants to see Chelan develop over the next 10-20 years.

• Meet Your Mayor – for several years, I worked with

the MOE 4th grade classes to come to City Hall, meet some council members and hold a "mock" council meeting – taking comments from the public, being a council member and being the Mayor. Connecting with our community is critical and I will continue that as Mayor. I will meet quarterly with various segments of our community in their gathering spaces. Seniors, youth, downtown businesses, educators,

healthcare professionals, etc. Continuing to learn and listen to the concerns of EVERYONE in our community.

**Bob Goedde:** The City is working on engaging the public through the local newspaper, radio station and several social media sites that are information outlets. In addition, the new City Website is up and running making it much easier for residents and others to stay in touch with City issues.

**10. What specific short-term and long-term goals do you have for Chelan during your tenure as mayor, and how will you measure the success of these goals?**

**Erin McCardle:** The role of the Mayor is to provide leadership – to advocate for our City's needs, to be a strong and strategic leader with our partners, and to be proactive not reactive to issues facing our community. I have the following goals as Mayor:

- Short Term (1-2 years): Community Core Values: what does our community hold dear so that the City can legislate to preserve and protect. I'd like to see at least 70% participation from our community in this effort.

Economic Master Plan: roadmap to developing a sustainable year-round economy. I'd

like to have this effort completed by the end of 2025.

Affordable Housing Solutions: to address our missing middle and senior housing market. I'd like to be rolling out 3 strategic solutions by end of 2024 (i.e. code updates, legislative changes, incentive programs)

Stronger Partnerships: strengthening regional partnerships such as Port, County, PUD, Chamber so that we are all working together to preserve and protect Chelan's Core Values. I will be working to launch a Strategic Summit prior to our 2024 budget season with key regional part-

ners.  
• Long Term (2-4+ years) Thoughtful Growth in Lake Chelan through the upcoming Comprehensive Plan Update. Sustainable Year-Round Economy achieved through the Economic Development Master Plan

Financially Strong City achieved by long-range leadership and planning.

**Bob Goedde:** My short term and long term goals if I'm re-elected, will be continue my work with staff, council and regional partners for the best outcomes for all of Chelan's present and future issues.

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**FUNERAL SERVICES**

**Loren and Diane Glessner**

A Graveside Service will be held for Loren and Diane Glessner on Saturday, October 14, 2023 at 11 a.m. at the Mansfield

City Cemetery. Lunch will follow at 12 p.m. at the Mansfield Senior Center. Services are under the direction of Precht Rose Chapel of Chelan.

**DEATH NOTICES**

**Thomas F. Walters**

Thomas F. Walters, 77, of Lake Chelan, Washington, died Monday, October 2, 2023. Arrangements by Chapel of the Valley, East Wenatchee.

**Brenda Berry**

Brenda Berry, 74, of Chelan Falls, Washington passed away on Monday, October 2, 2023.

Precht Rose Chapel is handling the arrangements for the family. Please leave your thoughts and memories at [www.prechtrose.com](http://www.prechtrose.com)

**Wayne Fuller**

Wayne Fuller, 85, of Chelan, Washington passed away on Saturday, September 30, 2023.

Precht Rose Chapel is handling the arrangements for the family. Please leave your thoughts and memories at [www.prechtrose.com](http://www.prechtrose.com)

Follow us on Facebook at [Facebook.com North Central Washington](https://www.facebook.com/NorthCentralWashington)

**Obituary & Memorial Policies**

Ward Media LLC: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald: An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-682-2213 or 509-689-2507 for more information Or email [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

**CHURCH GUIDE**



**• CHELAN**

**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
509-682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton

**CHURCH OF THE NAZARENE**  
Sunday School 10 am  
Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
509-682-5135 • Sanders St. & Okanogan Ave.

**LAKE CHELAN LUTHERAN CHURCH**  
Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts.  
509-682-9063 • 216 W. Nixon Ave.

**• CHELAN**

**LAKE CHELAN UNITED METHODIST CHURCH**  
Worship 10 am  
509-682-2241  
Corner of Johnson & Emerson

**ST. ANDREW'S EPISCOPAL CHURCH**  
Worship 10 am  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
509-682-2851  
[www.standrewschelan.org](http://www.standrewschelan.org)

**• MANSON**

**MANSON UNITED METHODIST CHURCH**  
10:00 am Worship,  
Holy Communion the first Sunday of the month  
"Come as you are, all are welcome"  
687-3311, at the corner of Green and Boetzkas  
Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermonn

New to the area?  
On Vacation?  
These churches welcome you!

*"With men this is impossible; but with God all things are possible."*

- Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • [ruthk@lakechelanmirror.com](mailto:ruthk@lakechelanmirror.com)

# Honoring Breast Cancer Survivors



**Carol L. Forhan**  
Is a 33-year survivor and retired owner of NCW Media newspapers, Ordained Deacon in the Episcopal Church, Board member of Leavenworth Nutcracker Museum, PEO Chapter JF and Leavenworth Rotarian.



**Orlanna Keegan**  
Is a retired United States Postal Clerk, (Lake Chelan Post Office). Her interests include church, time with family, travel, and Disney. She is a 30 year, 10 month survivor.



**Sandi Gruenberg**  
Is retired. Interests are family, playing with her grandchildren, Chelan Chase, and raising money for Breast Cancer Research. She is a 24 year, 2 month survivor.



**Vicki Hoffman**  
Is retired after 33 years with the Lake Chelan School District. She likes being with her family, especially her three granddaughters and her grandson. She is a 23 year, 4 month survivor.



**Nancy Baum**  
Is retired and loves kayaking, biking, golfing, boating and drinking wine. She is a 23 year, 10 month survivor



**Joan Lester**  
Is retired and she is a 21 year survivor.



**Anne Brooks**  
Is a school bus driver. Interest includes electric vehicles, being outside and quilting. She is a 18 year, 6 month survivor.



**Nelda Monteleone**  
is 98 years old and has been cancer free for 17 years. She lives at Heritage Heights.



**Kathy Whetstone**  
Is a retired deputy sheriff who loves horses, gardening, being a grandma, quilting and embroidery. She is a 11 year survivor.



**Carolyn Cockrum**  
Is retired. Her interests include golf, gardening and her grandchildren. She is a 8 1/2 year survivor.



**Connie Hedman**  
Is a retired educational administrator. Her interests are her family, water activities and sewing. She is a 4 year survivor.

## Breast cancer survivor's struggle with long-term medication

### Anti-estrogen medicines widely used

"I don't think I can take this medicine for the next five months, let alone five years," insisted Robbie, a 61-year-old breast cancer survivor.

After completing chemotherapy and surgery six months ago, Robbie's doctor prescribed an anti-estrogen medicine called Arimidex® (anastrozole) to help prevent it from coming back. He wants her to take it for five years. But two weeks after starting it, she was ready to quit.

Anti-estrogen medicines are widely used to treat and prevent breast cancer. There are two types of anti-estrogen medications: those that reduce estrogen production and those that block its action on the body.

In women who have gone through menopause, an enzyme called aromatase is needed to create estrogen. Medications



interfering with estrogen production by aromatase are called aromatase inhibitors. Anastrozole (Arimidex®) and letrozole (Femara®) are aromatase inhibitors often prescribed for five years after initial breast cancer treatment to decrease the risk of recurrence.

Estrogen-blocking medicines prevent estrogen from binding to breast tissue. The estrogen blocker tamoxifen (Nolvadex®) is used alone or with other drugs to treat breast cancer and avoid recurrence in high-risk women.

Anti-estrogen medicines' most common side effects are aching muscles or joints, hot flashes or night sweats, weight gain, dry skin and hair, and vaginal dryness and discomfort.

One way to combat dry skin and hair is to eat a "good fat" diet with olive oil like in the Mediterranean diet, or coconut

oil instead of vegetable oil or butter. I'm not a fan of the taste of olive oil. I prefer avocado oil, which has a buttery flavor.

Hot flashes and night sweats are common side effects of tamoxifen or aromatase inhibitors. Unfortunately, hot flashes from these medicines don't seem to respond to eating soy or taking black cohosh (Remifemin®) or red clover supplements.

Unfortunately, Remifemin® and other herbal products sold for menopausal symptoms like hot flashes CAN act like estrogen in breast tissue. This is precisely what you DON'T need if you are trying to decrease your risk of breast cancer.

Fortunately, some prescription medicines can help relieve menopausal symptoms without estrogen. Antidepressants like venlafaxine, citalopram and nerve medications like gabapentin can ease hot flush and night sweats.

Like Robbie, nearly half of women taking aromatase inhibitors experience aching muscles

or painful joints. Although non-prescription medicines may offer relief, no option is better than any other.

One place to start is with either Tylenol 8-Hour® or Tylenol Arthritis® Extended Relief, which lasts twice as long as Tylenol® Extra Strength. Sarah could try one or two of the 650mg tablets twice daily every day.

Anti-inflammatory medications may also help muscle aches and joint pain, like Ibuprofen (Motrin-IB), naproxen (Aleve®), fish oil capsules, and cannabidiol (CBD).

Glucosamine may offer relief and has minimal side effects; it can also be added to other medicines without causing problems. I recommend glucosamine powder twice daily because it is less expensive and better absorbed than taking the pill form. Allow 4-6 weeks of taking glucosamine to see the full effect before deciding if it's helping you.

If these don't help, please talk to your doctor. People differ widely in how drugs affect them.

Switching to a similar medicine can make a huge difference.

### Here are 5 Tips for Living With Anti-Estrogen Medicines:

**1. Try a "good fat" diet.**  
To help relieve dry skin and hair, switch from a "low-fat" to a "good-fat" diet like the Mediterranean diet. "Good fats" include coconut, avocado, and olive oil. Taking a fish oil supplement may also help.

**2. Avoid soy and menopause relief supplements.**  
Don't take concentrated soy products and herbal supplements marketed for hot flush symptoms. Although weaker than prescription-strength estrogen, these alternatives can have similar effects on breast tissue and should be avoided by women at risk for breast cancer.

**3. Keep moving.**  
Physical activity discourages weight gain, boosts mood, and may reduce the muscle aches and joint pain experienced by nearly half of women who take an aromatase inhibitor, like Robbie.

If your muscles or joints ache, don't blame old age; it may instead be due to your medicine.

Glucosamine powder, Tylenol® Arthritis (650mg tablets), Aleve® (naproxen), Motrin-IB (ibuprofen), fish oil capsules, and even CBD elixirs can help you stay more active.

### 4. Talk to your doctor.

For hot flashes and night sweats, prescription medicines like the antidepressants venlafaxine and citalopram or anti-seizure gabapentin may help.

### 5. Don't suffer, speak up!

Talk to your doctor if your muscles or joints hurt. Switching to another medicine may improve Robbie's symptoms, making the five years of taking anti-estrogen pills more bearable.

*Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey*

## Breast Cancer Resources

- LOCAL SUPPORT**
- \* Cancer Care of NCW, Inc. Our House, Wenatchee: 509-663-6964 or Email: [cancare@ncwi.net](mailto:cancare@ncwi.net)
  - \* Wellness Place, Wenatchee, 509-888-9933. Support groups, and other resources.
  - \* Cascade Medical, Leavenworth, 509-548-5815.
  - \* Confluence Health/Wenatchee Valley Medical, 509-663-8711.
  - \* Confluence Health, Breast, Cervical and Colon Cancer Health

- Program, 509-664-3415.
- \* EASE Cancer Foundation, Cashmere: 509-860-1322 or [www.easecancer.org](http://www.easecancer.org)
  - \* Lake Chelan Health Hospital, Chelan, 509-682-3300
  - \* Lake Chelan Health Primary Care Clinic & Express Care Clinic, Chelan, 509-682-8511
  - \* Columbia Valley Community Health, Chelan, 509-682-6000
  - \* Three Rivers Hospital, Brewster, 509-689-2517

- NATIONAL SUPPORT**
- \* American Cancer Society, (ACS) 800ACS-2345, [www.cancer.org](http://www.cancer.org). Programs include: I Can Cope, Look Good, Feel Better, LookGoodFeelBetter.org, 800-395-LOOK
  - Reach to Recovery, a one-to-one survivors' help program.
  - New Birthday Campaign: Less Cancer, More Birthdays. [MoreBirthdays.com](http://MoreBirthdays.com).

- Facebook and blog Official Birthday-Blog.com or [Cancer.org/circleof-sharing](http://Cancer.org/circleof-sharing).
- \* American Society for Therapeutic Radiology and Oncology. 1-800-962-7876, [www.astro.org](http://www.astro.org).
  - \* American Society of Plastic Surgeons, 888-475-2784, [www.plasticsurgery.org](http://www.plasticsurgery.org).
  - \* AVON Foundation [www.avonfoundation.org](http://www.avonfoundation.org)
  - \* Blood & Marrow Transplant Information Network 1-888-597-7674, [www.bmtinfonet.org](http://www.bmtinfonet.org)
  - \* Become a member of Love/Avon

- [www.armyofwomen.org](http://www.armyofwomen.org) or 866-569-0388
- \* Living Beyond Breast Cancer, 888-753-5222 [www.lbbc.org](http://www.lbbc.org).
  - \* National Breast Cancer Coalition, 1-800-622-2838, [www.stopbreastcancer.org](http://www.stopbreastcancer.org) or [www.canceradvocacy.org](http://www.canceradvocacy.org)
  - \* National Coalition for Cancer Survivorship
  - \* Online community [Cancerversary.org](http://Cancerversary.org) use to create your own Web pages
  - \* Susan G. Komen For the Cure,

- 1-877-GO-KOMEN, [www.komen.org](http://www.komen.org)
- \* The Breast Cancer Alliance, 203-861-0014, [www.breastcanceralliance.org](http://www.breastcanceralliance.org)
  - \* National Lymphedema Network, 1-800-541-3259, [www.lymphnet.org](http://www.lymphnet.org).
  - \* SHARE (Breast Cancer Hotline) 1-866-891-2392, [www.sharecancer-support.org](http://www.sharecancer-support.org)
  - \* Vital Options International, 1-800-477-7666 [www.vitaloptions.org](http://www.vitaloptions.org)
  - \* Zero Breast Cancer: [www.zero-breastcancer.org](http://www.zero-breastcancer.org)

## Breast Cancer Glossary

Compiled by Carol Forhan, 33-year survivor

- Educate yourself on these terms when your doctor talks to you about breast cancer
- Adjuvant therapy:** Treatment such as chemotherapy, hormonal therapy, or radiation used following surgery to cure, reduce, or control cancer.
- Aspiration:** The use of a hollow needle and syringe to suction out fluid or cells from a cyst or tumor.
- Atypical lobular hyperplasia:** Abnormally shaped cells multiplying excessively in the normal tissue of a breast lobule.
- Axillary:** In the armpit.
- Benign:** Not cancerous.
- Biopsy:** Tissue or cells removed from the body and examined microscopically to determine whether cancer is present.
- Calcifications:** Small calcium deposits in breast tissue that can be seen by mammography.
- Carcinoma:** Cancer that arises from epithelial tissue (tissue that lines a cavity or surface); occurs often in the breast.
- Chemo-prevention:** The use of drugs or chemicals to prevent cancer.
- Chemotherapy:** Treatment of cancer with powerful drugs that destroy cancer cells.
- Core needle biopsy:** Use of a hollow needle to extract a sample of a lump or other suspicious tissue for examination.
- Cyst:** A lump or swelling filled with fluid or semifluid material.
- Duct:** A channel in the breast that carries milk from the lobule to the nipple during lactation.
- Estrogen:** A female sex hormone produced chiefly by the ovaries.
- Estrogen receptor:** A site on the surface of some cells to which estrogen molecules attach.
- False negative:** Test results that incorrectly indicate that the tested disease or substance is not present.
- Fibroadenoma:** A benign, fibrous tumor commonly found in the breast.
- Free radicals:** Toxic atoms produced by chemical reactions within a cell.
- Hematoma:** A swelling formed of blood. Infrequently occurs at the site of surgery, such as in a biopsy

- cavity after a lumpectomy.
- Hyperplasia:** Excessive cell growth.
- Infiltrating cancer:** A cancer that has spread from its site of origin into surrounding tissue.
- In situ:** Latin for "in place." As part of the term "ductal carcinoma in situ," it means that cancer cells exist and are still contained within the ducts of the milk-producing gland.
- Lobules:** Milk-producing glands of the breast.
- Lymphedema:** An accumulation of lymph fluid in the arm, hand, or breast that may develop when lymphatic vessels or nodes have been removed or blocked by surgery, or after radiation therapy. It can appear immediately after treatment or many years later.
- Lymph nodes:** Small, bean-shaped organs linked by lymphatic

- vessels. As part of the immune system, they filter out germs and foreign matter. Also called lymph glands.
- Malignant:** Cancerous.
- Metastasis:** The spread of cancer cells from the site of origin to another part of the body.
- Metastases:** Secondary cancers that form after cancer cells spread to other parts of the body.
- Neoadjuvant therapy:** Therapy with anticancer drugs or radiation given before surgery in order to shrink a tumor.
- Palpable:** Able to be felt.
- Progesterone:** A hormone produced by the ovaries and adrenal glands; essential for healthy functioning of the female reproductive system.
- Radiation therapy:** The use of x-rays at very high doses to treat or control disease.
- Seroma:** An accumulation of lymphatic fluid under an incision. Content provided by MammoSite Breast Cancer Information.[www.mammoSite.com](http://www.mammoSite.com)

- [mammosite.com](http://mammosite.com)
- Screening saves lives by helping find breast cancer early. Finding cancer early may give you more treatment options, including Breast Conserving Therapy instead of a mastectomy. Get your mammogram. Tell your friends, mothers, sisters, aunts, and daughters to do the same. Be a Friend. Tell a Friend. Get Your Mammogram.
- Information from American Cancer Society

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**Heidi Huddle**

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[tracy@greeneinsuranceservices.com](mailto:tracy@greeneinsuranceservices.com)

**OCTOBER is Breast Cancer Awareness Month**

**Early Detection Improves the Chances for Better Outcomes!**

Breast Cancer Facts According to the American Cancer Society, about 18% of women diagnosed are in their 40's and 77% of women are over the age of 50 when diagnosed.

*Schedule your mammogram screening today!*

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Chelan, WA

**SCHEDULING**  
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**EARLY DETECTION SAVES LIVES**

# Seven Acres Foundation board names Maribel Cruz executive director for Lake Chelan Community Center

By ROD BROOKS  
Press Release  
Lake Chelan  
Community Center



Maribel Cruz



COURTESY OF COMPLETE DESIGN INC.

**Lake Chelan Community Center – a 48,000 square foot facility - will be a safe and accessible space bringing people together to build relationships, promote wellness, and serve the Chelan Valley communities.**

CHELAN – Seven Acres Foundation President Ty Witt announced this week that Maribel Cruz has been promoted to serve as the first-ever Executive Director for the Lake Chelan Community Center. "We are excited to welcome Maribel Cruz as our Executive Director," said Witt. "She has played an essential role in our development as Director of Operations for the past year-and-a-half. The first-hand knowledge Maribel gained while wearing many hats on critical committees has prepared her well for all that's ahead of us." Cruz will report to Witt and oversee board-appointed committees in preparation for the opening.

## Meet our new Executive Director, Maribel Cruz

### Professional background

After receiving her bachelor's degree in Business Management, Maribel worked for a Seattle-based corporate event planning company and had the opportunity to travel significantly. This gave her lots of experiences in new places and with various cultures. She married her high school sweetheart, Chris, in 2004 and decided traveling would be more challenging, leading her to a career as a civil servant for the City of Seattle.

## What brought Maribel to Lake Chelan

Having visited the Lake Chelan Valley for many years, Maribel moved to Manson in June 2021 with her husband, two children, and two rescue dogs. Attracted by the small-town feel and strong sense of community, Maribel and her husband knew the Lake Chelan Valley was a great fit.

"We enjoy knowing our neighbors, checking in on one another, visiting and supporting our small businesses, and being part of schools that value each person for who they are," says Maribel. It's important to her that people feel seen and are seen. She believes deeply in the value of relationships and helps ensure a safe place for people to live, work, learn, and play.

## What drew Maribel to The Lake Chelan Community Center

"Innate in me is a desire to help those that have been overlooked, possibly forgotten, or simply just underrepresented," says Maribel. "As a Latina and Mexican American, I understand how difficult that duality can be. Our area is isolated from major metropolitan hubs, and our local community lacks basic facilities often taken for granted in larger urban centers."

Cruz observed that with nonprofits and social service organizations spread across the region, it's difficult for families needing multiple resources to access support conveniently. The Community Center will change that. It will

serve as a bridge or a hub for the community that lives, works, and contributes to this area daily.

## What excites Maribel most about the executive director role

"I'm honored to be entrusted with the opportunity, which will allow me to make a greater impact on how The Lake Chelan Community Center will function for years to come," said Cruz. Zeroing in on just one thing that excites me would be nearly impossible. There is so much to look forward to. From fitness and recreation to meetings and gatherings to the opportunities for expanded events and a safe place to connect with friends, The Community Center will be very special."

"I'm extremely grateful for the timing," says Maribel. "I have learned so much over the last 18 months about the project, the pioneering ideas that got us to where we are today, and I am excited to bring this project home for our community."

## Open communication will be a key

Maribel is a huge proponent of transparency when it comes to communication. "If you have a question, please contact me," she says. "This project is enormous, and as much as we want to be proactive, there are simply more things to say, do, and share than hours in the day."

Emphasizing that silence should not be confused with absence, Maribel says, "I'm

here and available. Nothing brings me more pleasure in my daily activities than sharing what is happening and what we envision for The Community Center!" Cruz can be reached by email at [maribel@chelancommunity.org](mailto:maribel@chelancommunity.org)

## About Seven Acres Foundation

The Seven Acres Foundation – a 501c3 nonprofit organization – was founded in 2018 by a group of Chelan area residents committed to meeting community needs in real and tangible ways. The organization is to be a hub that connects people, resources, and activities to enhance the quality of life in the Lake Chelan Valley.

## About The Lake Chelan Community Center

The Lake Chelan Community Center will be a safe and accessible space, bringing people of all ages and demographics together to build relationships, promote wellness, and serve our community. Our CORE Values of Connection, Opportunity, Relationships, and Empowerment inspire and drive us.

Lake Chelan Community Center – a 48,000 square foot facility - will be a safe and accessible space bringing people together to build relationships, promote wellness, and serve the Chelan Valley communities.

For more information: Maribel Cruz, Executive Director, [maribel@chelancommunity.org](mailto:maribel@chelancommunity.org), (425) 583-687

# Formalized safety protocol for Stehekin in process

By KATIE LINDERT  
Ward Media Staff Reporter

STEHÉKIN – Lake Chelan Health EMS Director Ray Eickmeyer met with Stehekin residents Friday, Sept. 22 to discuss the adoption of a formalized safety protocol for the remote community.

This meeting allowed community members to express both safety concerns and offer suggestions for plan elements.

This safety protocol would include systems to address many potential issues, including flood, fire, earthquake, fallen trees, missing persons,

and, of course, any trauma or medical needs.

Regarding the overarching goals for establishing this plan, Eickmeyer cites, "[A] decrease of death, suffering, disability or sequelae from injury or illness up there... there is also the peace of mind."

While residents have been attending to safety needs for many years with their own systems, Eickmeyer sees additional benefit in a formalized plan with broadened accessibility. He states, "...I'm just trying to bring in community and say, hey, how do we communicate to the visitors? Or maybe a new resident?"

He hopes to have this protocol clearly established before Nov. 1, and posted in prominent areas for Stehekin residents and visitors to access as needed.

Katie Lindert: 509-731-3211 or [katie@ward.media](mailto:katie@ward.media)

# Mock Elections now open for K-12 Washington students

Submitted by WASHINGTON SECRETARY OF STATE

OLYMPIA — Young Washingtonians across the state are invited to participate in the 2023 Student Mock Election presented by the Office of the Secretary of State.

The Student Mock Election is a non-partisan, educational event that teaches children to be informed voters. All K-12 students in Washington state are welcome to participate by casting votes on races and measures. In recognition of National Voter Education Week the first week of October, Secretary of State Steve Hobbs is calling on students and teachers across Washington to take part in the Mock Election.

"This opportunity is great preparation for young Washingtonians to become aware and involved as soon as they're eligible," Secretary Hobbs said. "I'm inviting

educators throughout the state to use the Student Mock Election and help encourage lifelong participation in our democracy."

Ballots, vote tabulation sheets, posters, and Voters' Pamphlets are available for download at <https://www.sos.wa.gov/mockelection>. Free "I Voted" stickers can be ordered from the website as well. In this year's Mock Election — History Edition, students have the opportunity to vote on historical questions from past Washington elections, including which city should serve as the state capital (an 1890 election), whether to lower the state voting age (1970), and other milestone decisions. An alternate ballot, also downloadable, offers participants choices of favorite desserts or seasons, or whether to ban pineapple as a pizza topping.

From Oct. 6 until the Nov. 7 General Election, participa-

tion statistics will be available on the Secretary of State's Mock Election engagement dashboard website. The Mock Election website also offers a free Teaching Elections in Washington State curriculum book and a series of 30-45 minute lessons to help students learn how elections work.

"I'm proud to make this toolkit of free resources available to every teacher and home educator," Secretary Hobbs said. "I hope to help students across the state learn the power of civic engagement."

Washington's Office of the Secretary of State oversees a number of areas within state government, including managing state elections, registering corporations and charities, and governing the use of the state flag and state seal. The office also manages the State Archives and the State Library, documents extraordinary stories in Washington's history through Legacy Washington, oversees the Combined Fund Drive for charitable giving by state employees, and administers the state's Address Confidentiality Program to help protect survivors of crime.

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COURTESY OF JOHN CORBIN

Colleen Corbin showcasing her beautiful array of permanent wares.

## Chelan Valley's first permanent jeweler making her mark

By KATIE LINDERT  
Ward Media Staff Reporter

CHELAN – An exciting new venture in the valley, Chelan Links Permanent Jewelry, was recognized with the 2023 New Business of the Year award at the Lake Chelan Chamber Gala held on Thursday, Oct. 5. The first ever permanent jeweler in the valley, Chelan Links is quickly gaining momentum and community interest.

Colleen “Coco” Corbin and her husband purchased property in Chelan over 20 years ago, finally moving permanently to the valley in 2018. Corbin has always been immensely creative, enjoying knitting, organic gardening, and painting in her free time. But it was not until retiring last year from corporate work that she was fully able to shift her focus to expressing herself creatively.

She also desired to do something in her retirement that would generate revenue that could be put back into the community. She does not work out of a store-front, rather she is hosted primarily by wineries, coffee shops, spas, and at private parties. Whomever is hosting her is asked to choose a local non-profit that then 5% of her revenue will go to support.

“It’s really important for me to donate money back to the community,” Corbin explained. “I also want to highlight this as an opportunity to talk about things that are going on in our community, to help other people

get involved with nonprofits.” She has not always been a jeweler, though, as a jewelry-making class taken once in high school was foundational to her interest. She mentions things coming forward yet in her mind from that experience. First learning of permanent jewelry in Alabama, she was immediately taken by the concept and realized that making it may be a perfect outlet for her.

Permanent jewelry, a take-off of the idea of friendship bracelets, is jewelry that is welded together while one is wearing it—a chain not having a clasp but, rather, the ends permanently melded. People may wonder what the draws and benefits of permanent jewelry may be, and these are as varied as its clientele.

Corbin explains, “There are different events in people’s lives that they want to celebrate with a piece of jewelry. It’s not terribly expensive, it’s a good price point. It’s more about the memory-making, the experience of acquiring this jewelry. I think it’s more about that and less about the jewelry to be honest.”

There are also logistical benefits to permanent jewelry. Not only does one not risk taking off an item of jewelry and misplacing it, pieces can be worn safely in the shower, or while swimming.

Additionally, sometimes fastening clasps can be a challenge for people, and having a permanently-clasped piece completely

eliminates this issue. Corbin shares, “Permanent jewelry is more inclusive, and allows older people who may struggle with jewelry to still have something fun and trending.”

Her jewelry is made exclusively from high quality materials—everything is either 14-k gold-filled, sterling silver, enamel, or rose gold—and she only purchases supplies (raw chains, charms, etc.) from U.S. wholesalers. She also sells small beaded jewelry bracelets for children.

“I wanted everything to be inclusive,” Corbin said. “There’s a single price regardless of whether you have a big wrist or a little wrist. I wanted something for kids. I wanted something for men. I wanted people to have part in the experience, not just young women.”

Corbin has experienced so much success in this part-time business venture in just a few short months that she is currently finding herself needing to turn away businesses. Next year as she approaches spring she will have a whole duplicate of her inventory, and plans to work with someone so as to be able to operate two different booths simultaneously.

For more information about how to either host Chelan Links Permanent Jewelry, or for a current schedule of pop-up events, please visit <https://chelanlinks.com>.

Katie Lindert: 509-731-3211 or [katie@ward.media](mailto:katie@ward.media)

## Skydive Chelan hosts 10th Annual Northwest SkyFest

By KATIE LINDERT  
Ward Media Staff Reporter

CHELAN – Skydive Chelan once again hosted its annual Northwest SkyFest on Sept. 30 once again drawing skydivers and thrillseekers to Chelan.

Skydive Chelan owners, Todd and Sonya Higley take a break to sit and talk about another successful Northwest SkyFest:

**Q: This is your 11th Annual Northwest SkyFest, yes? How has this event changed over the years since you first began hosting?**

**A:** This is our 10th annual SkyFest event because we did not have one in 2020. It began in 2013, which was our opening year. There is a steady increase in interest each year, allowing us to incorporate additional unique aircraft to skydive from, like a Stearman Biplane.

**Q: When did the idea first come about to host Northwest SkyFest?**

**A:** In 2012, when we moved to Chelan to prepare for opening Skydive Chelan 2013. The first week of October is a special time for us because in 2007 our skydive community lost 10 close friends and family members. We wanted to create an event that brought our community together to celebrate life and remember loved ones.

**Q: This appears to be an ever-growing event! How many people would you say attended this year compared with last year?**

**A:** We had a couple hundred people that attended and over 1,200 skydives were made. We grow by 10-15% each year.

**Q: Which day over the weekend did you have the largest turn-out?**

**A:** Saturday is the busiest



COURTESY OF JOSH GRIGGS

Jen English celebrates aerial feat mid-sky.

day, however Sunday morning and afternoon are right up there too.

**Q: What aerial sports were attendees able to enjoy at Northwest Skyfest?**

**A:** We offered high altitude skydives, wingsuits, freeflying, large belly formations, helicopter skydives, biplane skydives, first time tandem skydives (strapped to an certified skydive instructor). We even offered helicopter rides to the top of nearby Buttes for Tandem Paraglides.

**Q: Which food vendors came out to this year's SkyFest?**

**A:** Nomad food truck and R Shack BBQ

**Q: Who provided the live music folks enjoyed?**

**A:** DJ Bee

**Q: What additional events took place at the festival?**

**A:** Pyramid contests on the ground, which were very entertaining, spectator view-

ing for parachute landings, ride-alongs in the airplane or helicopter, and games for kids including sidewalk chalk, a bounce house, hula hoops, and corn hole.

**Q: Are you hoping to change or add any aspects of SkyFest in coming years?**

**A:** We have a great flow. We would love to see more community members visit! It's open for spectators and family friendly.

**Q: What would you hope for people to know that are interested in observing or trying out aerial sports for the first time?**

**A:** Our staff has years of experience and safety is our top priority. Fortunately our location, beautiful Lake Chelan, speaks for itself—especially 13,000 feet above it.

Katie Lindert: 509-731-3211 or [katie@ward.media](mailto:katie@ward.media)

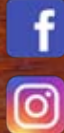
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The application, resume and letter of intent must be returned to the Chelan County Human Resource Department 400 Douglas Street #201, Wenatchee, WA 98801 or email to [human.resource@co.chelan.wa.us](mailto:human.resource@co.chelan.wa.us) no later than Wednesday, November 2, 2023 at 5:00 p.m.

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**SUMMARY OF ORDINANCE NO. 2023-1612 of the City of Chelan, Washington**  
On the 26th day of September 2023, the City Council of the City of Chelan, Washington, passed Ordinance No. 2023-1612. A summary of the content of said Ordinance provides as follows: AN ORDINANCE OF THE CITY OF CHELAN, WASHINGTON AMENDING PORTIONS OF TITLE 16 "LAND DIVISIONS" OF THE MUNICIPAL CODE RELATED TO BOUNDARY LINE ADJUSTMENTS, CMC 16.32, AND EXEMPTIONS, CMC 16.04.030. The full text of the Ordinance will be mailed upon request. DATED this 2nd day of October, 2023. Peri S. Gallucci City Clerk  
Published in the Lake Chelan Mirror on October 11, 2023.#6478

**Public Notices**

**LCRD HAS TWO BOARD OF DIRECTOR POSITIONS OPEN**  
The Lake Chelan Reclamation District has Petitions of Nomination available for individuals who are interested in filing for a director position with the District. There are two (2) positions open, it is a three-year commitment, beginning January 1, 2024. Applicants for the board position must be at least 18 years old, a United States citizen, a Washington State resident, and hold title or evidence of title to assessable land within the District boundaries in order to qualify for a director position. Petitions for the director positions must be returned to the District office by 5:00 p.m., Monday, November 6, 2023. Published in the Lake Chelan Mirror on October 11, 18, 25, 2023. #6486

**Public Notices**

**CITY OF CHELAN SPECIAL MEETING NOTICE**  
Chelan City Council will meet in a special session budget workshop beginning at 4:00 p.m. on Tuesday, October 17, 2023 in Council Chambers at 135 E Johnson Avenue in Chelan, Washington. The purpose of this special session is to discuss the Community Agency Funding Requests in preparation for the 2024 Budget. No action will be taken. Please note, the workshop is for Councilmembers and public input will only be taken upon Council's approval. Dated this 2nd day of October 2023 Peri Gallucci City Clerk  
Published in the Lake Chelan Mirror on Wednesday, October 11, 2023. #6492

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SUPERIOR COURT OF WASHINGTON FOR KING COUNTY Estate of BROCK WADE LINDSAY, Deceased. NO. 23-4-06698-4 SEA PROBATE NOTICE TO CREDITORS RCW 11.40.030

IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN Estate of DELORES DARLINE DIEFFENBACHER, Deceased. NO. 23-4-00330-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: October 4, 2023. Personal Representative: Deborah Marie Monette Address for Mailing or Service: 206 E. Center Street, Chelan, WA 98816 Attorney for the Personal Representative: Robert S. Morse, Esq. W.S.B.A. 9627 Court of probate proceedings: Chelan County Superior Court Clerk, 350 Orondo Ave. Suite 501, Wenatchee, WA 98801 Prepared and presented by: Robert S. Morse, Esq. Dated: September 29, 2023 Published in the Lake Chelan Mirror on October 4, 11, 18, 2023. #6456

The Co-Personal Representatives named below have been appointed as Co-Personal Representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Co-Personal Representatives or the Co-Personal Representatives' attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the Co-Personal Representatives served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: October 11, 2023 Personal Representatives: Erica Lindsay and Clark Lindsay Attorney for Personal Representative: Jacquetta D. Wheeler, WSBA # 39580 Address for Mailing & Service: Fahman Little Wheeler, PLLC 3020 80th Ave SE, Suite 300 Mercer Island, WA 98040 Court of probate proceedings: King County Superior Court Cause number: 23-4-06698-4 SEA Published in the Lake Chelan Mirror on October 11, 18, 25, 2023. #6491

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: September 27, 2023 PERSONAL REPRESENTATIVE: Lynda Lipe ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC P.O. Box 1606 Chelan, WA 98816 509-682-4536 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 23-4-00330-04. Published in the Lake Chelan Mirror on September 27, October 4, 11, 2023. #6406

Chelan County Sheriff September 29 09:33 Noise Complaint, 4100 block Green Ave., Manson 12:48 Non-injury Accident, 101 E. Johnson Ave., Chelan 15:57 Suspicious Circumstance, 84 Strand Ln., Chelan 16:25 CPS/ APS Referral, 200 Green Ave., Manson 16:33 CPS/ APS Referral, 399 Lakeshore Dr., Manson 16:37 Suspicious Circumstance, 300 block E. Wapato Ave., Chelan 16:39 CPS/ APS Referral, 105 Nelmda Ln., Chelan 17:02 Public Assist, 215 E. Wapato Way, Chelan 18:23 Property, 108 N. Apple Blossom Dr., Walmart, Chelan 19:10 Trespassing, 14579 US Hwy. 97A, BJ's Shell Gas, Entiat 21:18 Disturbance, 138 E. Woodin Ave., Chelan September 30 08:53 Theft, 14425 Olin St., Entiat 10:27 Hazard, Wapato Way and Manson Blvd., Manson 10:33 Suspicious Circumstance, 297 Liberty Ln., Manson 12:28 Agency Assist, Stehekin 12:35 Drugs, 15029 US Hwy. 97A, Entiat 13:32 Animal Problem, 14280 S. Lakeshore Rd., Chelan 14:16 Attempt to Locate/ Contact, Hart Lake, Stehekin 16:43 Suspicious Circumstance, Shady Pass campground, Entiat 17:48 Burglary, 829 E. Wapato Ave., Chelan 18:40 Unknown-injury Accident, 232 E. Wapato Ave., Chelan 21:04 Attempt to Locate/ Contact, Sahale Glacier, Stehekin 22:07 Noise Complaint, 600 Lakeshore Dr., Manson 23:04 Noise Complaint, 32 Airport Way, Chelan 23:44 Weapons Violation, 112 E. Woodin Ave., Senior Frog's, Chelan September 31 No report available. October 1 00:02 Suspicious Circumstance, E. Johnson Ave. and N. Nichols St., Chelan 11:00 Suspicious Circumstance, 121 E. Woodin Ave., Chelan 12:23 Missing Person, 762 Boyd Loop Rd., Chelan 13:06 Domestic Disturbance, 14908 Red Delicious St., Entiat 14:35 Disturbance, 817 E. Woodin Ave., Bill's Gas, Chelan 15:04 Noise Complaint, 712 E. Wapato Ave., Chelan 18:51 Trespassing, 399 Lakeshore Dr., Manson 19:34 DUI, 455 Wapato Lake Rd., 12 Tribes Casino, Manson October 2 04:18 Hazard, Entiat River Rd. MP 6, Entiat 07:17 Disturbance, 215 W. Webster Ave., Chelan 08:44 Suspicious Circumstance, W. Lakeshore Pl. and W. Woodin Ave., Chelan 10:04 Alarm, 222 E. Woodin Ave., Wells Fargo, Chelan 12:40 Trespassing, 115 R. Woodin Ave., Windermere, Chelan 13:43 Extra Patrol, Howard Flats Rd., Chelan 20:12 Non-injury Accident, US Hwy. 97A MP 217, Entiat October 3 11:08 Fraud/ Forgery, 6636 Entiat River Rd., Entiat 11:09 Parking/ Abandoned Vehicle, 36 Mountain Ridge Ln., Chelan 16:19 Harassment/ Threat, 117 E. Wapato Ave., Riverwalk Park, Chelan 16:39 Extra Patrols, 908 S. Sanders St., Chelan

17:41 Suspicious Circumstance, No See Um Roundabout, Chelan 19:23 Extra Patrols, 703 E Wapato Ave., Chelan 20:45 Burglary, 427 S. Bradley St., Chelan October 4 09:42 Malicious Mischief, 1 Wapato Point Pkwy., Wapato Point, Manson 14:18 Harassment/ Threat, 463 Spring View Pl., Chelan 21:03 Domestic Disturbance, 13515 Hillcrest Dr., Entiat 21:18 Trespassing, 502 W. Manson Rd., Company Creek Pizzeria, Chelan October 5 00:51 Non-injury Accident, 421 W. Webster Ave., Chelan 02:37 Non-injury Accident, SR 150 and Key Ln., Chelan 00:51 Non-injury Accident, 421 W. Webster Ave., Chelan 02:37 Non-injury Accident, SR 150 and Key Ln., Chelan 03:04 Non-injury Accident, Key Ln. and Monte Carlo Dr., Chelan 08:59 Parking/ Abandoned Vehicle, 200 block E. Chelan Ave., Manson 11:00 Trespassing, 2790 First Creek Rd., Chelan 11:45 Marine, 7544 S. Lakeshore Rd., Lake Chelan 14:03 Suicide Threat, Manson 14:20 Suspicious Circumstance, 240 E. Johnson Ave., Chelan 14:27 Welfare Check, 14627 King St., Entiat 16:38 Theft, 230 Eldorado Way, Chelan 17:02 Trespassing, 14579 US Hwy. 97A, BJ's Shell, Entiat 17:38 Juvenile Problem, 615 Cooper Gulch Rd., Chelan 18:27 Public Assist, Chelan area 21:19 Animal Problem, 9194 Entiat River Rd., Ardenvoir Fire/ EMS September 29 Chelan Fire #7 and EMS 00:07 Medical Alarm, 510 N. Cedar St., Chelan September 30 Chelan Fire #7 and EMS 11:16 Electrical Hazard, 208 W. Nixon Ave., Chelan 13:57 Traumatic Injury-2, Beebe Bridge west, Chelan 15:38 Fall-2, 502 W. Manson Rd., Chelan 16:08 Chest Pain, 318 E. Nixon Ave., Chelan Entiat Fire District 19:37 Psychiatric, 14425 Olin St., Entiat September 31 Entiat Fire District 13:01 Breathing Problem, 14916 Burkey St., Entiat October 1 Chelan Fire #7 and EMS

08:19 Unconscious Person-2, 323 E. Wapato Ave., Chelan Manson Fire Department 09:47 Smoke Investigation, 975 Summit Blvd., Manson 12:04 Fall-2, 1000 SR 150, Manson Entiat Fire District 17:10 Illegal Burn, SR 971 MP 5, Chelan October 2 Chelan Fire #7 and EMS 01:20 Hemorrhage-1, 402 W. Manson Rd., Chelan 13:17 Traumatic Injury-1, 1328 W. Woodin Ave., Chelan Entiat Fire District 16:41 Stroke, 2331 Albin Dr., Entiat October 3 Chelan Fire #7 and EMS 07:10 Commercial Alarm, 2220 W. Woodin Ave., Chelan 14:21 Fall-1, 55 McLallen Ln., Manson 15:46 Breathing Problem, 219 E. Johnson Ave., Chelan 17:14 Fall-1, 55 McLallen Ln., Manson 21:49 Unconscious Person-1, 224 Vineyard Dr., Orondo Entiat Fire District 18:36 Breathing Problem, 14532 Vradenburg St., Entiat Manson Fire District 22:14 Commercial Alarm, 950 Totem Pole Rd., Manson October 4 Chelan Fire #7 and EMS 00:37 Fall-1, 55 McLallen Ln., Manson 01:34 Commercial Alarm, 5 Howser Rd., Chelan Fruit 10:07 Stroke, 330 Chelan Trails Rd., Chelan October 5 Chelan Fire #7 and EMS 00:52 Fall-1, 90 Furey Ave., Manson 11:45 Marine, 7544 S. Lakeshore Rd., Lake Chelan 12:34 Fall-2, 137 Milan Dr., Manson 13:40 Brush Fire, 12785 Badger Mountain Rd., Orondo 16:24 Chest Pain, 219 E. Johnson Ave., Lake Chelan Health 18:33 Fall-2, 320 E. Nixon Ave., Chelan 18:57 Unconscious Person-1, 649 Bill Oules Ln., Chelan 23:32 Stroke, 2216 W. Prospect St., Chelan Entiat Fire District 11:57 Traumatic Injury-2, 2526 Entiat Way, Entiat 21:36 Sick Person, 291 2nd St. NE, Grace House Manson Fire District 12:34 Fall-2, 137 Milan Dr., Manson

SUDOKU PUZZLE

SUDOKU puzzle grid with promotional text for SAFE STEP WALK-IN TUB. Includes a 9x9 grid with some numbers filled in.



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CROSSWORD PUZZLE

Crossword puzzle grid with clues listed on the right side.

THEME: HALLOWEEN ACROSS 1. \*Trees in famous Wes Craven's horror movie 5. \*Vampire's altered form 8. Sheltered nook 12. Uh-huh 13. Fancy-schmancy 14. Rodgers of the Packers 15. "At \_\_\_," to a soldier 16. I, to a Greek 17. With clear mind 18. \*Popular Halloween decor 20. Alternative to Saran 21. Dionysus' pipe-playing companion 22. Blue, but not as in color 23. Cause of wheezing 26. To that 30. Corn site 31. To "\_\_\_ out" a competitor 34. Longship propellers 35. Synchronizes, for short 37. #34 Across, sing. 38. Magazine's special feature 39. Per person 40. Like a certain fund 42. Thailand native 43. Embarrassed 45. Afternoon nap 47. + or - item 48. Sacrificial spot 50. What libraries do 52. \*Eviction of a demon 55. Hair-loving parasite? 56. Cher, e.g. 57. Golfer's equipment 59. "Beat it!" 60. Celt 61. On its own 62. Type of sailing vessel 63. Old age, archaic 64. Leak through DOWN 1. \*Michael Myers has only one in "Halloween Kills" 2. Meadows 3. \*Halloween face cover 4. Expression of exasperation 5. Ill-gotten gains 6. 19th century business magnate John Jacob 7. Comparison word 8. \*Witch's pot 9. Killer whale 10. Emptiness 11. Last word in a fairy tale 13. Statue of mourning Virgin Mary, pl. 14. Aquarium scum 19. Light sources 22. Pronoun for a ship 23. Away from harbor (2 words) 24. Popular animal protein replacement, pl. 25. a.k.a. doctor fish 26. Through, in a text 27. Sunrise side, pl. 28. \*Not a trick 29. Plural of ostium 32. Common second person pronoun contraction 33. \*Witch's four-legged companion 36. \*Leatherface's signature weapon 38. Hipbone-related 40. Family \_\_\_ and wing \_\_\_ 41. Stellar 44. Data transmitting device 46. Kane and Goldberg, of TV 48. Type of rotation 49. Cherished 50. Nessie's home 51. European currency 52. Competitive advantage 53. Uncontrolled swerve 54. Remote control option 55. Dropped hallucinogen 58. Gene Vincent's "Dance to the \_\_\_"

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