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## Spreading happiness, one letter at a time

By **QUINN PROPST**  
Ward Media Staff Reporter

CASHMERE – Happy Letters is a local nonprofit organization focused on spreading happiness and kindness to those who need it most.

Traci Pierson first began Happy Letters in 2015 at her preschool and childcare center Traci and Friends in Cashmere. She was looking for ways to teach the kids about the importance of spreading kindness and giving back.

But the seeds for Happy Letters had been planted many years before.

“I think what inspired me is my mom because she battled cancer for nine years, and in those nine years I owned a preschool, so in those nine years, we would send different letters to my mom at different times,” Pierson said. “And it just made her day.”

“We would do daily journals in our preschool class, and we would get to see these beautiful drawings that the kids would make, and the kids were so excited to show us the drawings or give the drawings to someone,” she said.

“So that’s when I thought, okay, I’ve seen the letters in action because of my mom,” she said. “But then I’m watching these kids and seeing how excited they get about giving back to people in something that they’re so proud of making. So that’s when we came up with the idea. Let’s do Happy Letters. And we started Happy Letters, and it’s grown.”

The children made letters for veterans, people in retirement homes, and cancer patients. They also sent letters as thank yous to people in the community, such as police officers, nurses, doctors, first responders, and postal employees.



Kids and adults alike create Happy Letters as a way to show kindness and appreciation for people who may be going through a hard time and could use an uplifting note or picture that helps them know someone cares about them.

In 2021, Pierson retired but saw the importance of keeping the letters going. So her husband helped her file the paperwork to make Happy Letters an official nonprofit.

“It’s important to me because I have seen firsthand the excitement and love that kids put into making happy letters,” Pierson said. “They know that what they’re drawing is going to make someone smile. It’s going to make someone’s day. And I just wanted to keep that going because I saw firsthand the difference it made in the kids.”

She has also seen the difference it makes for the people who receive the letters. People have emailed and called to let her know how much they mean to them.

Barb Parker and Pierson had been friends for years, and she was aware of Happy Letters but was not involved. That all changed about a year ago when she was diagnosed

with cancer and had to go through some intense treatment involving infusions every other week.

When Parker went in for her first infusion, Pierson dropped off some Happy Letters for her, and then every infusion after that, she dropped off more letters for Parker.

“It was important for me, you know, going through cancer treatment is quite intense. And we try to keep a positive attitude through everything we’re going through, and with the help of support from our family and our friends, but to me, this was kids who chose to create these happy letters,” Parker said.

“They were sharing their visions of happiness, offering words of support, and showing that they care for people in their community. So not only did I have my family and friends supporting me, but I had people in my community who I didn’t even know sup-

porting me.”

“So being on the other side and seeing what might seem like a small act, that has such a big impact,” Parker said. “That really struck a chord for me.”

So when Parker was offered the opportunity to volunteer with Happy Letters, she was eager to help with anything she could and is now a board member and treasurer of the organization.

“I mean, everybody’s got something different they’re going through, and I really think it helps build the community,” Parker said. “And it really does to me it really brought a smile. And I think that’s the goal is to bring a smile to people and to help them feel that they’re valued. And I think that’s what Happy Letters does. It helps people in the community feel valued.”

A private school in Wenatchee was the first school to adopt Happy Let-

ters after the creation of the official nonprofit.

“And then it just started growing from there, and that’s when Cashmere schools started doing them, and now I have over eight schools participating,” Pierson said. “And I’m still getting phone calls, so that’s great. The more people that are making happy letters, the more happy we can get out there.”

“Our goal this year is to make 3,000 happy letters, and I know we are going to go over our goal of 3,000 Happy letters,” Pierson said. “We sent over 700 Happy letters to Maui. And it was pretty awesome seeing how the communities came together to make these happy letters to send to Maui during the tough time that they were going through with the fires and everything.”

“For Veterans Day, I’d had a goal of 800 happy letters to send out to veterans,” Pierson said. “And I’m probably going to get close to 1,000 Happy letters back from all the different schools that have made happy letters to share with the veterans.”

Early this year, Abbie Gundersen met her stepdaughter, who was a senior at Cashmere High School at the time, for lunch in Cashmere. She had her five-year-old daughter with her as well. She spotted coloring supplies and thought that would be a good activity to entertain her younger daughter while she was chatting with her older daughter.

When she went to grab the coloring supplies, she noticed the Happy Letters information.

“So long story short, I discovered these happy letters, and I absolutely loved the

SEE HAPPY LETTERS ON PAGE A2

## Commissioners flip the switch to relicense Rock Island Dam

By **MIKE MALTAIS**  
Ward Media Staff Reporter

WENATCHEE – Owners of motor vehicles licensed to operate on the state’s highways and boat owners licensed to navigate the state’s waterways are familiar with the annual ritual of tabs renewals. Some even complain about the cost. If you think that is expensive imagine for a moment what the annual tab cost would be for a hydroelectric dam?

Fortunately, dams are not relicensed annually but every 30-50 years. Rock Island Dam, 12 miles downstream from Wenatchee, has been operated by Chelan PUD for the past 68 years. Its current 40-year license expires in 2028.

At their Dec. 4 meeting the Chelan PUD Board of Commissioners officially flipped the switch for Rock Island’s relicensing to begin at mid-month after listening to a presentation by Hydro Licensing Manager Janel Ulrich.

Rock Island’s new license will be the structure’s third. The current license is referred to as a “modern” license. Ulrich explained what that means:

“In 1985, regulation was passed that increased recreation, cultural resources, stateinput, non-governmental organizations (NGOs); all the other people coming to the table for the license we have today,” said Ulrich. “That makes this really interesting because we haven’t seen a lot of re-licensing on modern licenses.”

Also new with this relicensing is the Habitat Conservation Plan (HCP) for salmon and steelhead and its adaptive management approach included in the 2004 existing license and extending through 2054 with the new license.

The HCP is a 50-year contract to ensure that Rock Island and Rocky Reach hydro projects have no net impact on mid-Columbia salmon and steelhead runs. That commitment is fulfilled by meeting acceptable juvenile and adult survival standards, producing hatchery fish, and providing funding for habitat restoration projects.

Behind the dam along the 21-mile reservoir are five recreational sites and nearly 1,000 upland acres of the Home Water Wildlife Preserve.

The license is a permit from the Federal Energy Regulatory Commission (FERC) that authorizes Chelan PUD to continue generating power. The formal process takes a minimum of five years, so the PUD got the ball rolling in 2021.

The PUD held 62 outreach meetings over the past two-plus years, said Ulrich,

SEE ROCK ISLAND DAM ON PAGE A4

## Douglas PUD acquires hydrogen mobile refueling system

By **MIKE MALTAIS**  
Ward Media Staff Reporter

WENATCHEE – The latest development in Douglas County Public Utility District’s \$45 million green hydrogen production project using Wells Dam resources is the decision to acquire mobile fueling capacity for its eventual distribution.

The PUD commissioners announced at their Nov. 28 meet-

ing that they have committed to purchasing a hydrogen mobile refueling system from GKN Hydrogen headquartered in Redditch, England.

GKN is a manufacturer of safe and reliable metal hydride hydrogen storage systems for green hydrogen.

“Storage is a tough nut to crack,” said Douglas PUD Public Information Officer Meaghan Vibbert, of the lo-

gistics of having adequate quantities on hand. “We do not plan to liquify it, so we have to compress it.”

Vibbert said the new facility under construction near Rocky Reach has about a day’s capacity of on-site storage. The mobile system just purchased will have rail tanker capacity. Truck-size tankers will eventually deliver the gas to fueling stations.

The hydrogen Wells Dam is produced from a renewable source – water – is called green hydrogen because it is carbon-free. Extraction from water (H<sub>2</sub>O) requires the two atoms of hydrogen (H<sub>2</sub>) to be separated from the single atom of oxygen (O) through the process of electrolysis.

Electrolysis uses the carbon-free electric current to break the water molecule in an electrolyzer and extract the H<sub>2</sub>. The process is energy intensive with about 80% of the input costs being electricity.

“Right now, we’re just gassing off the oxygen because

we don’t have a plan for it,” said Vibbert, “but maybe in the future.”

The target is the first half of 2024 to have the hydrogen production facility in operation.

“As far as a public utility producing green hydrogen, we’re the first,” said Vibbert, “There’s other hydrogen production but it’s not green.”

Once the hydrogen is available then comes the fun part.

“Toyota has been generous in that they are going to give us a quantity of their Mirais to use in our fleet to loan out to other entities,” said Vibbert, “so that they can become comfortable with hydrogen cars.”

The Toyota Mirai is the first hydrogen fuel cell (FCV) to be mass-produced and sold commercially. The mid-size FCV delivers up to 400 miles on a tank of fuel and emits only water and has zero tailpipe emissions in the process.

Commercial long-haul trucks are ideal hydrogen power candidates.

Drivers who operate on thin

profit margins need to be able to refuel quickly and cover hundreds of miles between stops. The extra weight of heavy electric batteries is problematic where time, load limits and the pocketbook are issues.

Douglas PUD General Manager Gary Ivory told the Bridgeport city council last month that hydrogen production will help Wells Dam better utilize its resources.

“There are inefficiencies in creating energy at Wells Dam,” said Ivory.

“We are going to take some of those inefficiencies and run them through our hydrogen plant and produce hydrogen for the community.”

Ivory added that the reason the utility can keep energy rates low is due to all the excess the PUD can sell outside the county.

“We plan to do that with hydrogen as well,” Ivory said.

Mike Maltais, 360-333-8483 or michael@ward.media



On a wet, misty day Michelle Welton, of Wenatchee, a nurse at Brewster’s Three Rivers Hospital, stands near a generator turbine to provide some size perspective.

### Inside the Lake Chelan Mirror this week

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If you have an exciting event to share, email Reporter Quinn Propst at [quinn@ward.media](mailto:quinn@ward.media). We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss the chance to make your event shine!



**Annual Holiday Sing Along**

The Siren Song Winery and Restaurant in Chelan will host their annual Holiday Sing Along on Friday, Dec. 15 from 6 - 9 p.m. "Join us at the Siren Song Winery with live music featuring Greg King, and sing along to your favorite holiday tunes," the event page states. "Food and wine will be available for purchase. No cover charge to attend the sing-a-long but reservations are required." For more information visit [sirensongwines.com](http://sirensongwines.com).

**Lake Chelan Community Choir Christmas Concerts**

The Lake Chelan Community Choir will perform Christmas Concerts at the North Shore Bible Church in Manson on Friday, Dec. 15 at 7 p.m. and Saturday, Dec. 16 at 2 p.m. "Thanks to our fine community

and its generosity at last year's performances, we have new music to present to our audiences this December," the event announcement states. "Thirty-plus adult volunteer songsters as well as 20 youth combine to make our choir this Christmas season. This is your invitation to come, enjoy as we celebrate the music of Christmas." For more information visit [northshorebc.org/cantata](http://northshorebc.org/cantata).

**Christmas Cookie Decorating**

The Lake Chelan Bible Church will host a Christmas cookie decorating event on Saturday, Dec. 16 from 12 - 3 p.m. "Come join us Dec. 16th 12 - 3 p.m. for a free Christmas Cookies decorating party at the Lake Chelan Bible Church," the event page states. "Everyone is welcome, stop

by and decorate a cookie."

For more information visit [lakechelanbiblechurch.org](http://lakechelanbiblechurch.org).

**Hot cocoa bar at Silver Bell Winery**

Silver Bell Winery in Manson will host a hot cocoa bar during the month of December from 12-5 p.m. "Join us for our Third Annual Holiday Season Kick-Off featuring Diane's Famous Cocoa Bar," the event page states. "All donations from the Cocoa Bar will go to Chelan Valley Hope, an organization dedicated to improving people's lives. The Cocoa Bar will be open from Plaid Friday until Sunday, Dec. 31st. Let's make every sip count and contribute to a good cause." For more information visit [silverbellwinery.com](http://silverbellwinery.com).

**Gingerbread house crafting event**

Vibe Cellars Tasting Room in Manson will host a Gingerbread House Crafting Event on Saturday, Dec. 16 from 2 - 4 p.m. "Join us for our annual Gingerbread House crafting event," the event page states. "Enjoy a glass of wine and decorate your gingerbread house and celebrate the holiday season. Tickets are on our website [vibecellars.com](http://vibecellars.com)."



COURTESY OF P2X STUDIO

Kids and adults alike create Happy Letters as a way to show kindness and appreciation for people who may be going through a hard time and could use an uplifting note or picture that helps them know someone cares about them.



COURTESY OF TRACI PIERSON

Traci Pierson started Happy Letters at her preschool to teach kids about kindness and ways of giving back to the community.

enjoy doing it," she said. "So I'm just grateful for people who create these organizations that allow my girls to be loving and kind to someone else they might not even know or meet."

Gundersen brought Pierson to a Kindness Counts meeting to talk about Happy Letters, and the group instantly embraced the idea.

Gene Sharratt, a member of Kindness Counts, which is a year-long initiative to recognize

and encourage kindness in North Central Washington, first met Pierson at that meeting.

"And boy, we just liked her right away, and she introduced the whole Happy Letters to our Kindness Counts group," Sharratt said. "And we were really excited about that. We thought, boy, what a perfect fit for us because we're really about recognizing, contributing, and honoring acts of kindness. We thought, boy, that is a terrific act of kindness."

Both Sharratt and his brother are Vietnam Veterans. His brother is 100% disabled and keeps a Happy Letter on the wall in his room so that he can see it every day. Sharratt said his brother adores the letter.

"So one simple letter, you know, two or three sentences, just perks him up every day," he said.

"He'll never meet the young person, of course, and that's not important," Sharratt said. "But what is important, he just realizes somebody does care about him out there and it means the world to him. Just an eight and a half by 11 piece

of paper with 'I'm thinking about you, thanks for your service' just brightens his day."

"Traci's energy and her enthusiasm, of course, is so authentic that you can't help but get engaged in her work because, you know, it's so sincere for her," Sharratt said. "And, of course, that's why you want to support her. It's not about her, and she always

says that 'It's not about me, it's about other people and spreading goodwill,' and we're just so enthusiastic at Kindness Counts to support her at every opportunity."

For more information about Happy Letters and locations visit [happy-letters.com](http://happy-letters.com).

Quinn Propst: 509-731-3590 or [quinn@ward.media](mailto:quinn@ward.media).

**Happy Letters**

CONTINUED FROM PAGE A1

reasoning behind them, and I had just become involved with a local community initiative called Kindness Counts," Gundersen said. "And so I was kind of aware, looking and being more aware of kind things that are going on in our community. Anyway, I saw these happy letters and thought these are amazing, such a simple idea, but it can really have a huge impact."

The lunches with her older daughter were a weekly thing and her younger daughter would work on Happy Letters during the lunches. She started posting the Happy Letters on Facebook to promote the organization and then Traci reached out.

The two connected through Facebook and now together look for opportunities to spread happiness through Happy Letters.

"Tracy is amazing," Gundersen said. "She's the sweetest lady, and I've just loved getting to know her and work with her, and you know, just such a simple concept really, really brightens, you know, brightens people's day."

"As a mum, I want my girls to grow up, kind of looking out for maybe the classmate at school who is sad, or the kid in the playground that's getting picked on and you know, for them to be kind and for their first, thought to be, how

can I make someone happy," Gundersen said. "And I really loved how Traci was starting that at a young age. And to kind of show them let's look for people in our communities who are having a hard time and kind of focus our efforts on them."

Gundersen said that her young girls love making Happy Letters.

"So, you know, as a mum, I'm glad that you know, they

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**WARD MEDIA**

# Embracing the everlasting spirit of giving beyond the holidays

Amidst the shimmering glow of festive decorations and the joyous carols echoing through the air, we find ourselves enveloped in the cherished embrace of the holiday season. The spirit of Christmas, radiant with warmth and goodwill, beckons us to extend our hands in generosity and compassion.



**Terry Ward**  
From the Publisher

At this time of year, our hearts are naturally inclined toward giving. We are moved by the idea of lending a hand to those in need, offering

hope, and spreading cheer. It's a beautiful sentiment, but what if we challenged ourselves to carry this spirit beyond the twinkling lights and merry melodies of the season? What if we embraced the concept of giving back not just during December but as an intrinsic part of our year-round journey?

The essence of the holiday season lies not only in the exchange of gifts but in the profound impact of extending kindness. As we uplift

others during this time, let us also foster a commitment to continue this practice, transcending the boundaries of festive celebrations.

The act of giving does not require grand gestures or elaborate plans. Sometimes, the simplest acts of kindness can spark a positive change. From volunteering at local shelters to contributing to food drives, each effort, no matter how small, holds the potential to transform lives. Whether it's offering a warm meal to someone in need or lending an empathetic ear, these acts ripple outward, fos-

tering a community strengthened by compassion.

Let us not confine the spirit of giving within the confines of holiday traditions. Instead, let us allow it to permeate our daily lives, becoming an intrinsic part of who we are. Imagine the impact if each of us committed to performing one act of kindness every day, uplifting someone in need, or supporting a cause close to our hearts.

As we gather with loved ones and revel in the joy of the season, let us also pledge to carry this spirit forward. Let us make a resolution not

just for the new year, but for every day: to be beacons of generosity and compassion, creating a world where the spirit of giving knows no bounds.

The beauty of the holiday season lies not solely in the ornaments adorning our trees or the melodies filling the air. It lies in the profound capacity of the human heart to illuminate the lives of others through acts of selfless giving. As we bid farewell to the festivities and the calendar turns, may the spirit of giving remain a guiding light, transforming every day

into an opportunity to make a difference.

Let our acts of kindness compose a melody that resonates far beyond the holiday season, inspiring hope and illuminating the path for a brighter, more compassionate world.

*Terry Ward is the CEO of Ward Media and the publisher of the Cashmere Valley Record, Lake Chelan Mirror, The Leavenworth Echo, Quad City Herald, and the Wenatchee Business Journal. He can be reached at [terry@ward.media](mailto:terry@ward.media).*

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CHELAN – Follow the Lake Chelan Arts Council Outdoor Gallery map, available at the Lake Chelan and Manson Chambers of Commerce to discover and enjoy over 40 murals and sculptures located throughout Chelan and Manson. For information about the Arts Council, local art events and artists, with links to local and international art museums and other resources, go to [artinchelan.com](http://artinchelan.com).

**Chelan Fire and Rescue Board of Commissioners**  
CHELAN – Chelan Fire and Rescue Board of Commissioners has changed the Wednesday, Dec. 20, regular meeting to Wednesday, Dec. 13, at 3 p.m. located at the fire station 232 East Wapato Avenue in Chelan. You can find the agenda at [Chelan7.com](http://Chelan7.com) website. <https://chelan7.com/about/meetings-and-agendas/>

**SAIL Exercise Classes: Dec. 13, 14, 15**  
CHELAN – SAIL (Stay Active & Independent for Life) fitness classes are offered at Chelan Senior Center on Monday and Wednesday at 1 p.m. and are taught by Beth Shaw and Jocelyn Rich, Occupational Therapist and Pelvic Floor Health Specialist. Evening SAIL classes are Monday and Thursday evenings at 5:30 p.m., also at the Chelan Senior Center and are taught by Ann Cooper. A SAIL class is offered to residents of Heritage Heights Assisted Living in Chelan on Mondays and Fridays at 2 p.m. taught by Gaylen Willett and Steve Davis.

**Free Blood Pressure Checks: Dec. 13, 20**  
LAKE CHELAN VALLEY – The Chelan Valley Community Nurse program does not require insurance or a physician's orders and is available to provide blood pressure and medication checks to vulnerable seniors and others who need assistance and guidance with medical needs. They also provide referrals to additional community resources. The nurses are currently providing free, weekly blood pressure checks to the public starting at 11:15 a.m. to 12:30 p.m. on Wednesdays at the Chelan Senior Center at 534 E. Trow Avenue. The Chelan Valley Community Nurse program wishes to acknowledge the generosity of our Beautiful Valley through its people and resources. They are grateful to everyone who supported their August Summer of Love fundraiser and deeply appreciate the numerous volunteers who stepped forward to ensure its success. Funds raised will help them continue to provide free In-Home Services. As we enter this Holiday Season of Gratitude, they thank you for your continued support which allows them to serve those in need. If you have questions about their organization, please call Catharine at 509-679-9059 or email them at [chelanvalleycommunitynurse@gmail.com](mailto:chelanvalleycommunitynurse@gmail.com). Donations are gratefully accepted; PO Box 2987, Chelan 98816 or at [facebook@ChelanValleyCommunityNurse](https://www.facebook.com/ChelanValleyCommunityNurse). They wish everyone a Safe and Happy Holiday Season.

**Household hazardous waste drop off: Dec. 13-15**  
**Latex paint now accepted - Drop off Saturday, Dec. 2**  
WENATCHEE – Drop-off Saturday is Dec. 2 at the Chelan County Moderate Risk Waste Facility on Highway 97A. The facility is open the first Saturday of the month, from 9 a.m. to 4 p.m. Every week, they are open Tuesday through Friday at the same hours. Drop off your household hazardous wastes and latex paint. This is a free service to Chelan County residents. For a full list of items that the facility does and does not accept, go to the facility's website: <https://www.co.chelan.wa.us/solid-waste-management/pages/household-hazardous-wastes>.

**Chelan Senior Meals: Dec. 13-15, 18-20**  
CHELAN – The Chelan Senior Center at 534 E. Trow Avenue, hosts Senior Meals Monday-Friday. Suggested donation for seniors over age 60 is \$4. Fee for persons under age 60 is \$10. Please call 509-888-4440 to reserve meals 24 hours in advance. For information about Home Delivered Meals call 509-470-0522. You can visit their website at [www.octn.org](http://www.octn.org) and follow them on Facebook. Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840. Menu: Dec. 13: Stuffed Cabbage Rolls, Seven Layer Salad, Mozzarella Breadsticks, Apricot Crisp; Dec. 14: Chicken Fettuccine, Italian Vegetables, Spinach Salad, Dessert; Dec. 15: BBQ Meatballs, Mac & Cheese, Green Beans, Caesar Salad,

Fruit Cocktail, Dessert; Dec. 18: Baked Ham, Scalloped Potatoes, Chopped Salad, Pineapple & Cherries, WW, Roll, Rice Krispies Treats; Dec. 19: Chicken Lo Mein, Asian Style Slaw, Mandarin Oranges, Egg Roll, Dessert; Dec. 20: Taco Soup, Tossed Green Salad, Peaches, Corn Chips, Mozzarella Breadsticks, Dessert.

**Chelan Valley Hope Dec. 13-14, 18-21**  
Serving Bridgeport, Mansfield, Waterville, Orondo, Chelan, Manson, Chelan Falls, Entiat

CHELAN – Give NCW is happening now through the end of the year. The Community Foundation of NCW has chosen Chelan Valley Hope as one of the GiveNCW nonprofits for their 2023 fundraising campaign. They are raising funds for "Raising Hope, Helping Families Out of Crisis". Chelan Valley Hope's Raising Hope fund offers a safety net for the extraordinary needs of low-income families. This includes assistance with housing, homelessness prevention, medical, food, clothing, hygiene, coats, and more. The minimum donation is \$10 and Give NCW takes care of the credit card fees, so 100% of your donation goes directly towards Raising Hope. Watch out for giving incentives such as Funday Monday. Each time you donate on a "Funday Monday" your name will be entered to win \$1,000 to use on Give NCW any way you choose. To learn more visit [cfnw.org/GiveNCW](http://cfnw.org/GiveNCW) or contact Hope at [info@chelanvalleyhope.org](mailto:info@chelanvalleyhope.org).

**Zumba Fitness: Dec. 13, 14, 15**  
MANSON – Zumba Fitness Class, every Tuesday and Thursday morning (excluding holidays), 8:30-9:30 a.m. Join Zumba instructor, Brenda, for some Zumba fitness fun. Donation is \$5 per class. All ages welcome. It's for everyone and is so much fun. This event is a partnership between the Manson Grange and the Manson Parks and Recreation Department. Donation is \$5 per class. All donations help fund the Manson Grange building maintenance program.

**Chelan Museum: Dec. 14-16**  
Museum History Notes now available

CHELAN – The Chelan Museum is open Thursday, Friday and Saturday 11 a.m.-3 p.m. The museum is located at the corner of Woodin Avenue and Emerson Street. For more information: 509-682-5644. Museum History Notes: The eagerly awaited 2024 annual History Notes, published by the Lake Chelan Historical Society, is in house at the Chelan Museum. Members may pick up a free copy and other interested folks may purchase copies. The 56 page-issue includes articles on the history of horse racing and rodeo in the Chelan Valley, the 1948 Flood, the Chelan Pavilion and a bank holdup - 15 articles and a short history quiz.

**Thrive Teen Center: Dec. 14, 19, 21**  
CHELAN – The Thrive Teen Center will be open on Tuesdays and Thursdays from October-May. The hours are 3:30-6:30 p.m. and dinner is served each night. The Teen Center is located in the basement of the Lake Chelan United Methodist Church and is available to all middle and high school students in the valley. There are volunteers to help with homework, pool tables, board games, air hockey, craft supplies, foosball, free clothing and hygiene closets, and more. If you have any questions, email [stefani@thrivechelanvalley.com](mailto:stefani@thrivechelanvalley.com).

**Cancer Support Group: Jan. 11**  
CHELAN – The Dec. 14 meeting has been canceled. The next meeting of the women surviving/thriving cancer support group will be Jan. 11 at the Chelan Library on Emerson Street. Whether you are newly diagnosed, going through treatments, a support to someone who is, or been thriving for years, please join them for this casual gathering. They will be meeting the second Thursday of each month. For more information call Anne Brooks, 509-682-8718.

**VFW #6853 Post Coffee/Donuts: Dec. 15**  
CHELAN – Every Friday VFW Post #6853, located at 427 S. Bradley Street is open 9-11 a.m. for donuts and coffee and conversation. Veterans are invited to join them every Friday.

**Community Choir Christmas Concerts: Dec. 15-16**  
MANSON – Thanks to our fine community and its generosity at last year's performances, they have new music to present to their audiences this December. Thirty-plus adult volunteer songsters


as well as 20 youth combine to make our choir this Christmas season. Come early to North Shore Bible Church, 123 Wapato Way, Manson, to choose a good and comfortable seat. You'll be sure to enjoy our two performances: Friday evening at 7 p.m. Dec. 15 and Saturday afternoon at 2 p.m., Dec. 16. This is your invitation to come, enjoy as we celebrate the music of Christmas. For more information visit [northshorebc.org/cantata](http://northshorebc.org/cantata)

**Food Bank food distribution: Dec. 16, 19, 23**  
CHELAN – The Lake Chelan Food Bank food giveaway takes place each Saturday and Tuesday, 9 - 10 a.m. Distribution is drive-thru at 417 S. Bradley Street. Families are limited to one box per week. In September an average of 127 families with 458 individuals were served each week. A total of 23,200 pounds of food was distributed. As the weather turns cold the need increases. If you are able to help please donate online at [lakechelanfoodbank.org](http://lakechelanfoodbank.org) or send to PO Box 2684, Chelan, 98816. Non perishable food donations may be dropped off at the Lake Chelan Mirror office, 131 Apple Blossom Drive, Suite 109 (Chelan Business Center).

**Glass recycle: Dec. 16**  
CHELAN – Rotary of Lake Chelan 911 Glass Rescue is open on Saturday mornings from 10 a.m. to noon, at 23235 Highway 97A across from Walmart. They are charging a small fee per pound for glass drop-off. Buckets of the materials produced, sand and aggregate, will be available for purchase at \$5 per 5-gallon bucket. City of Chelan residents are asked not to put glass into their blue recycle bins, but to bring it out on Saturday mornings. Their all-volunteer team relies on support from members of the community to make the operation run smoothly every week. They have tasks suitable for all ages and abilities. To volunteer go to [www.911glassrescue.org](http://www.911glassrescue.org), and click on the volunteer tab on the home page.

**Manson Grange: Dec. 16**  
MANSON – The Manson Grange #796 will hold its November meeting on Saturday, Dec. 16, 5 p.m., at the grange hall located at 157 E. Wapato Way. For more information: Norm Manly, 509-293-0225.

MORE EVENTS AT [WWW.LAKECHELANMIRROR.COM](http://WWW.LAKECHELANMIRROR.COM)



## Death Announcements

**William Pickett**

William Pickett, 66, of Chelan, died Sunday, December 3, 2023. Arrangements by Chapel of the Valley, East Wenatchee.


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**Patricia Buske**

Patricia Buske, 78, of Chelan, Washington passed away on December 8, 2023. Precht Rose Chapel is handling the arrangements for the family.

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**Obituaries**  
can be placed during normal business hours by calling 509-293-6780 or by emailing [obits@ward.media](mailto:obits@ward.media)





# CHURCH GUIDE

**• CHELAN**

**CHELAN CHRISTIAN CHURCH**  
Morning Worship 10 am  
509-682-2025 • 210 E. Wapato Ave.  
Pastor Mark Wilton

**CHURCH OF THE NAZARENE**  
Sunday School 10 am  
Worship 11 am & 6 pm  
Youth Group - Friday 7 pm for 13-18 years of age  
509-682-5135 • Sanders St. & Okanogan Ave.

**LAKE CHELAN LUTHERAN CHURCH**  
Please join us for Sunday Worship In Person or via Conference Call at 9:30 am. Dial 339-209-6617. Follow prompts.  
509-682-9063 • 216 W. Nixon Ave.

**• CHELAN**

**LAKE CHELAN UNITED METHODIST CHURCH**  
Worship 10 am  
509-682-2241  
Corner of Johnson & Emerson

**ST. ANDREW'S EPISCOPAL CHURCH**  
Worship 10 am  
120 E. Woodin Ave., PO Box 1226, Chelan, WA 98816  
509-682-2851  
[www.standrewschelan.org](http://www.standrewschelan.org)

**• MANSON**

**MANSON UNITED METHODIST CHURCH**  
10:00 am Worship,  
Holy Communion the first Sunday of the month  
"Come as you are, all are welcome"  
687-3311, at the corner of Green and Boetzkes  
Sermon-by-Phone 509-423-7514 to hear our own Pastor Mike O'Neal deliver his weekly sermon

**• METHOW**

**METHOW CALVARY CHAPEL FELLOWSHIP**  
1107 HWY. 153 • Methow, WA 98834  
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"With men this is impossible; but with God all things are possible."  
- Matthew 19:26

TO PLACE YOUR CHURCH IN THIS GUIDE: RUTH 509-682-2213 • [ruth@ward.media](mailto:ruth@ward.media)



COURTESY OF NORM MANLY  
Manson Fire Chief Arnold Baker delivered Santa to Lake Chelan Building Supply on Dec. 2, so he visit with the children and watch them build their birdhouses.



COURTESY OF NORM MANLY  
Concentration helps this little girl to hit the nail on the head when making her bird house.



COURTESY OF NORM MANLY  
Children showed off their bird houses that they built to Santa and family members in attendance.



COURTESY OF NORM MANLY  
Brett La Mar, Mark Arenson and wife, Annette Arenson help make the Kids Project a success.

## Lake Chelan Building Supply hosts kids for a little bird house building

By **NORM MANLY**  
Community Volunteer

MANSON – The 15th Annual “Kids Project Day”, hosted by Lake Chelan Building Supply got off to a slow start on December 2, because of five inches of early morning

snow in Manson. Snowplows were out and by the time Santa arrived, in the Manson fire truck, with lights flashing, driven by Chief Arnold Baker, at 9:30 a.m. it was a different story. Kids, moms and dads were busy building

birdhouses.

This event was developed and put into action in 2007 by Brett La Mar and Mark Arenson to kick off the Christmas season and teach children a little about building. On average the event attracts 80

to 100 kids and this year, 90 birdhouses were built. Local volunteers were on hand assisting the youngsters position the pre-cut pine boards, pound nails and give encouraging words when the nail bent or went flying.

When birdhouses were completed, the youngsters brought them to Santa for inspection. Kids also had an opportunity to tell Santa what they wanted for Christmas. Santa gave each child a candy cane and photos were taken.

We thank Lake Chelan Building Supply for championing this wonderful event and bring some Christmas cheer to our community. Be sure to shop local in support of great businesses like the Lake Chelan Building Supply.



The Manson varsity volleyball team, the WIAA's November 2B Team of the Month, won the school's first-ever state championship. COURTESY OF WIAA

## Manson volleyball named WIAA November 2B Team of the Month

By **MIKE MALTAIS**  
Ward Media Staff Reporter

MANSON – The state champion Manson high school varsity volleyball team is the WIAA November 2B Team of the Month. In announcing its choice of the Lady Trojans, the WIAA released this statement:

Manson's volleyball team stands as a beacon of excellence. Their recent 2B State Championship victory is a historic milestone, marking the first in school history for any sport. Boasting an undefeated season with a 14-0 in their league and a

flawless 24-0 overall, Manson showcased exceptional skill and resilience. Notable victories against La Conner and Chelan, both defending champions, underscored the team's ability to rise to the occasion. Beyond the regular season, the team's commitment to year-round volleyball activities speaks to their dedication. Their unity, akin to a closely-knit family, is a driving force behind their success both on and off the court. The overwhelming community support witnessed throughout the season, especially during the State Championship

match, attests to Manson's capacity to unite their community. Themed home games and gestures of appreciation boosted attendance throughout the season and cultivated a profound sense of community pride. Their exceptional achievements, unwavering team spirit, and positive impact on the community are a testament to the power of their collective effort.

Manson's head volleyball coach is Hayli Thompson.

Mike Maltais: 360-333-8483 or michael@ward.media



Chelan High School's State Champion volleyball team is the WIAA 1A Team of the Month for November. COURTESY OF WIAA

## Chelan volleyball named WIAA November 1A Team of the Month

By **MIKE MALTAIS**  
Ward Media Staff Reporter

CHELAN – The phenomenal Chelan High School varsity volleyball team, that became only the second 1A team in tournament history to win four consecutive state titles, has not surprisingly been chosen WIAA 1A Team of the Month for November 2023.

Chelan joins Colfax as the only other 1A team to achieve such a remarkable winning streak.

In its selection of the Chelan team the WIAA wrote the following: “Despite a 1-2 start to the season, the Chelan Mountain Goats volleyball team orchestrated a stunning comeback, embarking on a triumphant journey that

saw them clinch their fourth-consecutive 1A State Championship. Their remarkable turnaround included an awe-inspiring streak of 17 consecutive victories. Throughout the State Championship, they displayed dominance, securing four playoff matches with flawless straight-set sweeps, conceding only one set during the intense State Title game against Freeman, ultimately triumphing 3 to 1. Beyond their exceptional performance on the court, the team excelled academically, boasting a commendable team grade point average of 3.717. Both on and off the court, they embodied the spirit of Chelan, representing their community with pride and excellence.”

Chelan swept Montesano, Lakeside, and Meridian by scores of 3-0 in the matches leading up to the championship. Freeman, Chelan's toughest playoff opponent, was the only team to take a set from the Goats when the Scotties won one of the four sets in the final match.

Head coach Abby Lewellen's young Chelan squad, comprised of four freshmen, five sophomores, two juniors, and two seniors will lose sisters Josie and Makayla Garfoot to graduation. Lewellen led the Goats to a state championship during each of her three years as volleyball head coach.

Mike Maltais: 360-333-8483 or michael@ward.media

### Rock Island Dam

CONTINUED FROM PAGE A1

during which 134 non-district participants from 43 entities engaged.

The utility conducted six formal studies and three evaluations.

“We will submit our license application at the end of 2026,” Ulrich said.

FERC will then take over in the post-filing period to perform its National Environmental Policy Act (NEPA) processes such as biological opinions from U.S. Fish and Wildlife and the National Oceanographic and Atmospheric Administration and water quality certification from the Department of Ecology.

“FERC will either grant us a new license or grant us the annual license,” said Ulrich,



Rock Island Dam is up for relicensing. COURTESY CHELAN PUD.ORG

“and those annual licenses are not uncommon.”

Ulrich explained that annual licensing allows extra time for FERC to gather the final elements of the long and

thorough relicensing process.

A new license may be issued as soon as January 2029.

Mike Maltais: 360-333-8483 or michael@ward.media

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Stan's Merry Mart in Wenatchee, Kelly's Ace Hardware in Chelan or mail your check with name, email and return address to:  
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**GO Teams**

**ATHLETE OF THE WEEK**

**Lucas Martyn**  
Basketball Boys  
Grade: Senior

On Dec. 5, Entiat Boys Basketball was able to come away with the victory, in part, due to the effort from Lucas Martyn. He played solid defense and handled the ball most of the game. Lucas finished with 24 points, 5 rebounds, and 3 assists.

**SCHEDULE**

**GIRLS BASKETBALL**

Dec. 12	Manson vs Pateros Junior/High School, Away at 6 p.m.
Dec. 14	Manson vs Liberty Bell Jr/Sr High School, Home at 6 p.m.
Dec. 15	Chelan vs Omak, Away at 5:45 p.m.
Dec. 15	Manson vs Soap Lake High School, Away at 6 p.m.
Dec. 16	Entiat vs Moses Lake Christian, Away at 5 p.m.
Dec. 19	Chelan vs Cashmere, Away at 5:45 p.m.
Dec. 19	Entiat vs Odesa, Home at 4:30 p.m.

**BOYS BASKETBALL**

Dec. 14	Manson vs Liberty Bell Jr/Sr High School, Home at 7:30 p.m.
Dec. 15	Chelan vs Omak, Away at 7:15 p.m.
Dec. 15	Manson vs Soap Lake High School, Away at 7:30 p.m.
Dec. 16	Entiat vs Moses Lake Christian, Away at 6:15 p.m.
Dec. 18	Manson vs Davenport Senior High School, Away 3 p.m.
Dec. 19	Chelan vs Cashmere, Away at 7:15 p.m.
Dec. 19	Entiat vs Odesa, Home at 3 p.m.
Dec. 19	Manson vs Almira-Coulee-Hartline High School, Home at 7:30 p.m.

**GIRLS WRESTLING**

Dec. 18	Chelan invite, Home at 10 a.m.
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**BOYS WRESTLING**

Dec. 14	Chelan vs. Quincy, Away at 6 p.m.
Dec. 16	Cashmere invite, Home at 10 a.m.

**SCOREBOARD**

**GIRLS BASKETBALL**

Dec. 5	Chelan 56, Quincy 27; Win
Dec. 5	Entiat 22, Oroville 31; Loss
Dec. 5	Manson 60, Moses Lake Christian Academy 10; Win
Dec. 8	Chelan 51 vs. Cascade 17; Win
Dec. 8	Entiat 20 vs. Almira-Coulee 63; Loss
Dec. 9	Chelan 53 vs Royal 46; Win
Dec. 9	Entiat 46 vs Bridgeport 26; Win

**BOYS BASKETBALL**

Dec. 5	Chelan 44, Quincy 68; Loss
Dec. 5	Entiat 58, Oroville 35; Win
Dec. 5	Manson 61, Moses Lake Christian Academy 51; Win
Dec. 8	Chelan 51 vs. Cascade 17; Win
Dec. 8	Entiat 20 vs. Almira-Coulee 63; Loss
Dec. 9	Chelan 53 vs Royal 46; Win
Dec. 9	Entiat 46 vs Bridgeport 26; Win

**GIRLS WRESTLING**

Dec. 18	Manson @ Chelan Invite, Away 10 a.m.
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**BOYS WRESTLING**

Dec. 16	Manson @ Cashmere invite, Away at 10 a.m.
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**Goats varsity boys clinch home opener**

By **MIKE MALTAIS**  
Ward Media Staff Reporter

CHELAN – The Mountain Goats varsity basketball teams hosted Ephrata on Dec. 1, and had a split decision with the Tigers when the Chelan boys won their home opener, 56-45, while the girls lost, 59-42.

The real winners at halftime during the boys' game were the Chelan varsity volleyball girls honored for bringing home their fourth consecutive state championship trophy, only the second 1A volleyball team in tournament history to do so.

**Girls start slow**

The Ephrata girls took the early first quarter lead, 18-9, and that seemed to set the tempo for the remainder of the game. The Tigers increased their lead from 9 points to 19 in the second quarter while holding Chelan down to only 4 points in the second.

Ephrata continued to lead through the third quarter and despite a 19-9 fourth quarter rally by Chelan the game was too far out of reach to close

the distance.

Sophomore Brynn Hughbanks led Chelan with 14 points, with freshman Brooklyn Foyle and sophomore Jayden Simmons each adding 7 points.

"We came out in the first couple of minutes strong offensively but had trouble containing their post," said head coach Nick Longmire. "This slowed our offense down and stalled us out."

Longmire noted that his team did a better job of playing in the lanes in the fourth quarter, creating scoring opportunities.

"Our goal is to play all four quarters with high energy this season and the results will come," said Longmire. "I'm proud of our team's resiliency."

**Goats by 11**

The Chelan Goats varsity boys did not let Ephrata out of their sights as the Tigers took a narrow one-point, 14-23 lead into the second quarter. That tenacity paid off when Chelan turned the tables on their visitors and took a one-point, 30-29 lead into the

halftime locker room.

The Goats continued to build their lead in the third quarter, scoring double Ephrata's points, 18-9.

At the end of the third quarter senior Isaac Wilson was fouled on a half-court attempt which led to a Tigers' technical foul and giving the Goats five free shots at the line. Wilson made four of those to extend the Goats' lead by 10 and close the quarter, 48-38.

The two teams traded points through the fourth quarter as Chelan added to its lead to win by 11, 56-45.

Kelen Reinhart led Chelan with 15 points. Wilson and Luca Faletto added 12 apiece. Ephrata's Hans Roberts turned in a strong first half, scoring all of his 11 points during that period.

"Dom Solorza came off the bench and did an excellent defensive job on Hans Roberts," said head coach Tony Callero. "Our balanced scoring and active defense was great, and it got better as the game went on."

Mike Maltais: 360-333-8483 or michael@ward.media

**Chelan girls grab first CTL win**

By **MIKE MALTAIS**  
Ward Media Staff Reporter

CHELAN – The Chelan girls varsity basketball team opened its Caribou Trail League season with a 56-27 on Tuesday, Dec. 5.

The Goats took early control of the game with a blistering 20-3 first quarter behind the scoring of junior Lydia Petersen.

In the second quarter Chelan added 14 points from scoring by Arabelle Finch, Jailin Reinhart, and Bryn Hughbanks while the defense held the Jackrabbits to 9 points.

The third quarter saw more of the same as Chelan outscored the Jacks by 10 points, 16-6.

Quincy found a fourth quarter surge outscoring the Goats, 9-6, but it was too little, too late to turn the game around.

Petersen led Chelan's scoring with 17 points. Finch added 9, with Reinhart and Hughbanks hitting for 8 apiece.

"The balanced scoring highlighted the team's collective effort and the ability of multiple players to step up when needed," said Chelan Athletic Director Evan Reister.

Chelan head coach Nick Longmire said he was pleased with his team's performance.

"Tonight, we played better basketball than we have the first couple of games. Our energy and effort was much higher over the course of the game," said Longmire. "There is still much for us to work on, but our girls are starting to connect more as a team on the court. We are moving in the right direction."

**Goats fall by 24**

Quincy used a zone defense to plug the key and put a damper on inside shots as the Jacks took an 11-8 first quarter lead over the Goats.

By halftime the Quincy lead was 34-19 as head coach Tony Callero had to bench three Chelan starters with two fouls each. The Jacks took full advantage of the foul opportunities to sink 8 of 12 free throw shots in the second quarter.

Behind Isaac Wilson's eight points the Goats rallied in the third quarter to outscore Quincy, 14-13, but that would be their only surge as the Jacks responded to control the final quarter.

"The fourth quarter was much like the second," reported Chelan AD Even Reister. "Quincy lived at the free throw line and grabbed seven offensive rebounds. The 21-11 scoring advantage for the Jackrabbits sealed the game."

Wilson led Chelan with 18 points, including four baskets from three-point range, while sophomore Luca Faletto added 14.

Quincy's returning CTL MVP, 6'7" Aidan Bews, scored 21 points. Fellow first team All-CTL players sophomore Pierce Bierlink and senior Julian Ibarra added 21 and 13 respectively.

"They have a good team with three returning players who all averaged over 20 a game last season," said Callero. "They have size and experience and after dropping two games on the road to start the season, they gave great effort."

Callero said the Chelan's senior leadership from captains Wilson and Ryan Rainville continues to impress.

"We faced a lot of adversity tonight with foul trouble, poor shooting, and had to go up against a well-coached, motivated team on the road," said Callero. "Despite all that, we stuck to our identity as an unselfish team that does not point fingers and does not quit."

Quincy improves its record to 1-2 overall and 1-0 CTL. Chelan dropped to 2-1 overall and 0-1 in CTL.

Mike Maltais: 360-333-8483 or michael@ward.media



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# What's In Your Medicine Cabinet for Cough Cold and Flu?



**COVID is back this fall. Luckily, for many people it's more like having influenza. Do you have what you need to relieve the symptoms? Here are my favorites for relief of coughs, colds, and body aches:**

**1. Delsym® for relief of cough.** Delsym® contains one ingredient, dextromethorphan (DM), the main ingredient in Robitussin DM®. Each concentrated dose of Delsym® lasts 12 hours, from morning to evening, and is nearly as effective as prescription cough medicines containing codeine. DM rarely causes drowsiness, so it is safe when driving a car or working around machinery.

**2. Tylenol® for fever and body aches.** I prefer extra-strength 500mg acetaminophen tablets for headaches and fever instead of ibuprofen or naproxen. Acetaminophen

is gentle on your stomach, necessary when chicken soup is all you feel like eating.

Taking too much Tylenol® can damage your liver. NEVER take more than the maximum recommended daily dose of acetaminophen. This amounts to 8 extra-strength tablets (4 grams) of acetaminophen daily for healthy adults. The recommended maximum dose for a senior is 3.1 grams or 6 extra-strength Tylenol® 500mg tablets. If you have liver problems, check with your doctor whether there is a safe dose of Tylenol® for you.

**3. Aleve® for body aches.** The influenza symptom that keeps people in bed or curled up on the sofa in misery is severe muscle aches. Sometimes, I wake up so sore that I suspect ninjas attacked me with their fighting sticks in my sleep.

Naproxen (Aleve®) is my go-to for muscle aches because each dose lasts 8-12 hours, twice as long as ibuprofen (Advil, Motrin-IB). I used to

use ibuprofen, but I would wake up at 3:30 in the morning in discomfort when it wore off.

Anti-inflammatory medicines (NSAIDs) like naproxen and ibuprofen relieve body aches better than acetaminophen. Unfortunately, they have side effects: stomach irritation, bleeding, and kidney problems. Always drink plenty of fluids when taking any NSAID to avoid kidney damage.

People who take prescription blood thinners like Coumadin® (warfarin), Pradaxa®, Xarelto®, Eliquis®, or Plavix® (clopidogrel) need to be especially cautious. To reduce stomach irritation and the risk of developing a bleeding ulcer, you should ALWAYS take any NSAID, either with a full glass of water or other beverage or with food.

NOTE: I have had GREAT results when taking either ibuprofen or naproxen AT THE SAME TIME with acetaminophen. Combining one tablet of each gives me better

relief AT A LOWER DOSE. This strategy also reduces my stomach pain and the risk to my kidneys. You can also buy the combo as Advil Dual Action®.

**4. Sudafed® for sinus and nasal congestion.** The original form of Sudafed® contains the decongestant pseudoephedrine which is only available "behind the counter." I find that 30mg tablets of pseudoephedrine work just as well as the 60mg tablets to relieve my stuffy nose and sinus pressure. AVOID Sudafed PE®! It contains phenylephrine at less than half of its effective dose. The Food and Drug Administration restricts it being sold at its effective dose because it causes elevated blood pressure and strokes.

**5. Actifed® for runny nose and sneezing.** The original Actifed® formula contained pseudoephedrine to relieve nasal congestion plus an older antihistamine called triprolidine. Triprolidine dries

up a runny nose and decreases sneezing without causing much drowsiness. It was a favorite remedy of surgeons who didn't want their noses to drip into their surgical masks when leaning over patients during procedures.

We buy Actifed these days as Aprodine®. Luckily, it is available again. Ask your pharmacist if they can order Aprodine® for you, as it needs to be purchased "behind the counter" because it contains pseudoephedrine.

**6. Mucinex Night Shift® Cold and Flu for multi-symptom relief at night.** My husband loved the original version of Nyquilv. It contained pseudoephedrine for stuffy nose and sinus pressure, acetaminophen for fever and aches, dextromethorphan for cough, the antihistamine doxylamine for runny nose, sneezing and to help him sleep, all in green or red flavors containing 25% alcohol.

In 2006, pseudoephedrine was restricted, and Nyquil's

formula was updated. They replaced the decongestant with phenylephrine and decreased the alcohol content to 10%. We switched to Nyquil® Cold and Flu because it did not contain phenylephrine as its decongestant.

Some people feel "hung over" in the morning after taking Nyquil®. That's most likely due to the antihistamine doxylamine, also found in Unisom®, a popular non-prescription sleep aid.

We prefer Mucinex Night Shift® Cold and Flu because it contains the antihistamine triprolidine. If we also have nasal congestion symptoms, we add a pseudoephedrine tablet.

*Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.*

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## The Washington Outdoors Report

### The Christmas bird count

The Audubon Society's annual Christmas Bird Count gets underway December 14th and continues through January 5th, 2024.

The Christmas Bird Count was started by the newly formed Audubon Society in 1900 and called the Christmas Bird Census.

The counts took place in 25 different areas, primarily in the Northeastern United States but also west to Pacific Grove, California and north to Toronto, Canada.

The 27 bird watchers participating in this first bird count tallied a total of 90 different species.

Today, tens of thousands of birding enthusiasts venture out across the nation (and beyond) for the annual Christmas Bird Count.

This citizen survey of birds over time has cataloged declines in some species, improving numbers in others, and migration changes.

The counts occur on a single designated day in an established circle. Each circle has a diameter of 15 miles and a compiler sets up a day, time and location for volunteers to meet before venturing out into the circle in their area.

The results of the survey are then given to the compiler who submits them to the Audubon Society.

Some of the trends in Washington State over the last fifty years include an increase in American Kestrel numbers. Also known as a sparrow hawk, this species has seen a nearly three percent increase per year.

On the opposite end, the American Band-tailed Pigeon has declined some 2.6 percent a year during this same timeframe.

In our readership area, here's details about Christmas Bird Counts taking place:

**COLVILLE** - December 16th is the date. The compiler is Barbara Harding. She can be contacted by email at steller-jay@hotmail.com

**CHEWELAH** - December 30th. Compiler Mike Munts with the U.S. Fish and Wildlife Service can be contacted at michael\_munts@fws.gov

**GRAND COULEE** - Date TBD - The compiler is David St. George. You can reach him by email at stgeorged79@gmail.com

**BRIDGEPORT** - December 14th - Michael Schroeder with the Washington Department of Fish and Wildlife is

the compiler. You can contact him at michael.schroeder@dfw.wa.gov

**OMAK** - OKANOGAN - December 30th - Matthew Danielson is the coordinator. You can email him at mattie\_rubio@hotmail.com

**CHELAN** - December 28th - You can reach compiler Amy Pavelchek with the Washington Department of Fish and Wildlife at amy.pavelchek@dfw.wa.gov

**LEAVENWORTH** - December 19th - Tucker Jonas with the Wenatchee River Institute is the compiler for this one. Contact him by email at tjonas@wenatcheeriverinstitute.org

**WENATCHEE** - December 31st - Dan Stephens at Wenatchee Valley College will be coordinating this one. You can reach him at dstephens@wvc.edu



COURTESY OF NCW AUDUBON SOCIETY FACEBOOK PAGE  
**A Hungarian partridge, also known as the gray partridge.**

**COLUMBIA HILLS** - KLICITAT VALLEY - New Years Day - Samuel Holman is the man to contact for this bird count. Email him at sam4cb@embarqmail.com

If you are looking for a great excuse to get outdoors for a good cause, get involved in this year's Audubon Christmas Bird Count. Both experienced and new birding enthu-

siasts are urged to participate. Compilers will put beginners with more experienced bird watchers. You can find out more details about this annual event at www.audubon.org/conservation/join-christmas-bird-count

*John Kruse - www.northwesternoutdoors.com and www.americapoutdoorsradio.com*

## Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.



### Chelan County Sheriff Report

#### December 1

07:35 Agency Assist, SR 971 MP 8, Chelan  
08:57 Suspicious Circumstance, 135 E. Farnham Ave., Chelan  
09:18 Unknown-injury Accident, W. Woodin Ave. and W. Lakeshore Dr., Chelan  
10:47 Sex Offense, 215 W. Webster Ave., Chelan  
12:08 Non-injury Accident, 129 Riviera Dr., Chelan  
12:17 Hazard, N. Sanders St. and E. Johnson Ave., Chelan  
13:11 Hazard, Bogey Blvd. and Fair Way, Chelan  
13:18 Traffic Offense, 123 Crest Dr., Chelan  
14:10 Trespassing, 108 N. Apple Blossom Dr., Walmart, Chelan  
22:47 Runaway, 219 E. Okanogan Ave., Chelan  
22:56 Welfare Check, 21730 S. Lakeshore Rd., Chelan

#### December 2

08:13 Non-injury Accident, 31 Apple Acres Rd., Chelan  
09:39 Alarm, 329 E. Woodin Ave., Cashmere Valley Bank, Chelan  
11:02 Non-injury Accident, 567 Roses Ave., Manson  
12:07 Traffic Offense, 135 E. Farnham Ave., Chelan  
16:00 Non-injury Accident, 2620 Green Ave., Manson  
20:16 Parking/ Abandoned Vehicle, 157 Furey Ave., Manson  
21:49 Traffic Offense, E. Wood-

in Ave. and N. Sanders St., Chelan  
23:21 Suspicious Circumstance, 418 E. Woodin Ave., Chelan

#### December 3

04:23 Agency Assist, Knapps Tunnel south, Chelan  
06:58 Alarm, 329 E. Woodin Ave., Cashmere Valley Bank, Chelan  
08:09 Parking/ Abandoned Vehicle, Union Valley Rd. MP 2, Chelan  
13:34 Trespassing, 502 W. Manson Rd., Company Creek Pizza, Chelan  
14:08 Warrant, N. Sanders St. and E. Allen Ave., Chelan  
14:32 Parking/ Abandoned Vehicle, 6600 block Roaring Creek Rd., Entiat  
15:43 Juvenile Problem, 255 Wall St., Manson  
16:52 Court Order Violation, 220 Arden Rd., Ardenvoir  
17:37 Traffic Offense, 422 S. Navarre St., Chelan  
19:37 Agency Assist, 2790 First Creek Rd., Chelan  
20:37 Fireworks, 915 S. Sanders St., Chelan  
21:03 Fireworks, 915 S. Sanders St., Chelan  
22:00 911-hangup call, 1785 Apple Acres Rd., Chelan

#### December 4

03:04 Public Assist, US Hwy. 97A MP 214, Entiat  
10:55 Welfare Check, 425 E. Chelan Ave., Chelan  
11:24 Harassment/Threat, 255 Chelan Ave., Chelan Falls  
12:35 Property, 407 E. Woodin Ave., Morgen Owings Elementary, Chelan  
12:41 Parking/ Abandoned Vehicle, 2394 Albin Dr., Entiat  
12:43 911-hangup call, 105 Beebe Bridge Rd., Chelan  
16:31 Traffic Offense, Three Fingers, Chelan  
16:58 Agency Assist, 315 W.

Highland Ave., Chelan  
20:32 Domestic Disturbance, 356 Wells Ave., Manson  
21:13 Trespassing, 2036 Entiat Way, Entiat  
22:42 Animal Problem, 2800 block Entiat River Rd., Entiat

#### December 5

00:43 Alarm, 222 E. Woodin Ave., Wells Fargo, Chelan  
07:19 Parking/ Abandoned Vehicle, 55 N. Harris Ave., Manson  
09:31 Suspicious Circumstance, 100 block E. Farnham Ave., Chelan  
10:10 Warrant, 1000 block Manson Blvd., Manson  
11:16 Agency Assist, 105 S. Apple Blossom Dr., CVCH, Chelan  
11:39 Trespassing, 2790 First Creek Rd., Chelan  
11:44 Traffic Offense, 1000 block Manson Blvd., Manson  
15:32 Harassment/Threat, 207 N. Emerson St., Chelan  
17:32 Suspicious Circumstance, 21300 US Hwy. 97A, Chelan  
19:39 Drugs, 455 Wapato Lake Rd., 12 Tribes Casino  
20:35 Alarm, 220 E. Johnson Ave., Chelan

#### December 6

10:34 Parking/ Abandoned Vehicle, 14449 US Hwy. 97A, Stomin Towing, Entiat  
13:23 Theft, 170 Malbec Ln., Manson  
13:40 Civil Dispute, 250 2nd St., Chelan Falls  
14:01 Juvenile Problem, 2650 Entiat Way, Entiat School District, Entiat  
15:09 Welfare Check, 1002 E. Woodin Ave., Apple Inn Motel, Chelan  
21:48 Harassment/Threat, 216 Arden Rd., Ardenvoir

#### December 7

00:27 Welfare Check, 726 N. Markeson St., Chelan

09:35 Welfare Check, 149 Quetilquason Rd., Manson  
10:24 Parking/ Abandoned Vehicle, 148 N. Harris Ave., Manson  
10:33 Scam, 1181 Washington Ave., Chelan  
10:46 Burglary, 1217 W. Woodin Ave., Kevin's Tire Service, Chelan  
11:23 911-hangup call, 110 S. Apple Blossom Dr., Chelan  
12:08 Trespassing, 2790 First Creek Rd., Chelan  
12:13 Civil Dispute, 9465 Entiat River Rd., Entiat  
13:25 Trespassing, 128 E. Woodin Ave., Kelly's ACE Hardware, Chelan  
14:11 Suspicious Circumstance, 216 N. Emerson St., Chelan  
15:19 Parking/ Abandoned Vehicle, 420 E. Woodin Ave., Chelan  
16:08 911-hangup call, 701 W. Golf Course Dr., Chelan  
17:06 Disturbance, 107 E. Woodin Ave., Chelan  
18:18 Diversion, 721 E. Woodin Ave., Chelan  
19:34 Theft, 108 N. Apple Blossom Dr., Walmart, Chelan  
20:25 Public Assist, 270 Upper Joe Creek Rd., Tildio Winery, Manson  
22:33 Welfare Check, 414 E. Trow Ave., Chelan

### Fire/EMS

#### December 1

**Chelan Co. Fire District #7 and Chelan EMS:**  
01:05 Unknown-injury Accident, US Hwy. 97 MP 244, Chelan  
01:26 Breathing Problem, 1559 Wapato Lake Rd., Manson  
09:18 Unknown-injury Accident, W. Woodin Ave. and W. Lakeshore Rd., Chelan  
09:53 Illegal Burn, 520 Mountain View Dr., Chelan  
12:40 Fall-1, 401 Butte Rd., Chelan  
14:31 Breathing Problem, 315 W. Highland Ave., Chelan  
23:08 Fall-2, 398 Ridgewood

Dr., Manson  
**Entiat Fire District:**  
12:39 Convulsions, 14913 Golden Delicious St., Entiat  
**Manson Fire District:**  
23:08 Fall-2, 398 Ridgewood Dr., Manson

#### December 2

**Chelan Co. Fire District #7 and Chelan EMS:**  
08:01 Residential Alarm, 324 E. Wapato Ave., Chelan  
12:10 Heart Problem 178 McClosky Dr., Chelan  
19:21 Injury Accident, US Hwy. 97 MP 247, Chelan  
23:34 Fall-2, 100 Lake Chelan Shores Dr., Chelan  
**Entiat Fire District:**  
06:05 Stroke, 12282 Entiat River Rd., Entiat  
11:22 Fall-1, 12282 Entiat River Rd., Entiat

#### December 3

**Chelan Co. Fire District #7 and Chelan EMS:**  
11:41 Breathing Problem, 219 E. Johnson Ave., Lake Chelan Health, Chelan  
13:04 Commercial Alarm, 402 W. Manson Rd., Chelan  
19:35 Breathing Problem, 4851 Manson Blvd., Manson  
19:37 Cardiac, 2790 First Creek Rd., Chelan  
20:14 Unconscious Person-2, 200 S. Quetilquason Rd., Wapato Point Cellars, Manson

#### December 4

**Entiat Fire District:**  
08:22 Sick Person, 14908 Golden Delicious St., Entiat  
**Manson Fire District:**  
20:14 Unconscious Person-2, 200 S. Quetilquason Rd., Wapato Point Cellars, Manson  
**December 4**  
**Chelan Co. Fire District #7 and Chelan EMS:**  
10:55 Psychiatric, 407 E. Woodin Ave., Morgen Owings Elementary, Chelan  
11:34 Unconscious Person-1, 3860 Manson Blvd., Manson

16:49 Unconscious Person-1, 106 E. Chelan Ave., Chase Bank, Chelan  
20:01 Chest Pain, 455 Wapato Lake Rd., 12 Tribes Casino, Manson  
23:47 Fall-2, 308 5th St., Chelan Falls

**Manson Fire District:**  
21:51 Brush Fire, Upper Joe Creek and Lower Joe Creek Roads, Manson

#### December 5

**Chelan Co. Fire District #7 and Chelan EMS:**  
00:42 Sick Person, 5600 Navarre Coulee Rd., Chelan  
05:40 Sick Person, 108 Kage Ln., Manson  
08:33 Heart Problem, 216 W. Manson Rd., Starbuck's, Chelan  
23:32 Breathing Problem, 905 Sunrise Dr., Manson

#### Entiat Fire District:

00:42 Sick Person, 5600 Navarre Coulee Rd., Chelan  
13:32 Psychiatric, 2715 8th St. SE, East Wenatchee  
**Manson Fire District:**  
23:32 Breathing Problem, 905 Sunrise Dr., Manson

#### December 6

No local reports.

#### December 7

**Chelan Co. Fire District #7 and Chelan EMS:**  
08:48 Sick Person, 505 E. Highland Ave., Heritage Heights, Chelan  
08:59 Fall-2, 590 Minneapolis Beach Rd., Chelan  
11:19 Possible Structure Fire, 330 E. Nebraska St., Chelan  
11:23 Chest Pain, 219 E. Johnson Ave., Lake Chelan Health, Chelan  
21:47 Fall-1, 455 Wapato Lake Rd., 12 Tribes Casino, Manson  
**Entiat Fire District:**  
00:52 Chest Pain, 14825 Stoneridge St., Entiat



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**Employment**  
**Help Wanted**

**Senior Planner**  
The City of Leavenworth is seeking an energetic, self-directed individual for the full-time Senior Planner in the Community Development Department. The ideal candidate will have five years of progressive experience in city or county planning, with the ability to obtain AICP certification within one year. Primary responsibilities include plan review, processing land use applications, facilitating the Design Review Board, issuing administrative decisions, ensuring code compliance, maintaining accurate records, and responding to in-person and telephone inquiries. Some evening meetings are required. Limited remote work is possible with this position. This position is a union position with a salary range of \$6,099 - \$8,173/month; excellent monthly benefits including 100% employer paid medical/dental/vision plan premium, \$70 employer HRA contribution, 1 day each of vacation and sick leave per month, 11.5 holidays plus 2 floating holidays per year, DRS retirement plan, and comp time/overtime accrual. Applications available on the city website at [www.cityofleavenworth.com/employment](http://www.cityofleavenworth.com/employment) or by contacting the City of Leavenworth at (509) 548-5275 or 700 US Highway 2, Leavenworth, WA 98826. The first review of applications will be on December 15, 2023. Position will remain open until filled. The City of Leavenworth is an equal opportunity employer.

**Help Wanted**  
**Building Official/Inspector**  
The City of Leavenworth is seeking an energetic, self-directed individual for the full-time position of Building Official in the Community Development Department. The ideal candidate will have Building Official certification or five years related knowledge of residential building, mechanical, plumbing and inspection processes with the ability to obtain ICC certification as a Building Official within one year of employment. Primary responsibilities include plan review, performing inspections, issuing certificates of occupancy, ensuring code compliance, maintaining accurate records, and responding to in-person and telephone inquiries. This position is a union position with a salary range of \$7,073 - \$9,478/month; excellent monthly benefits including 100% employer paid medical/dental/vision plan premium, \$70 employer HRA contribution, 1 day each of vacation and sick leave per month, 11.5 holidays plus 2 floating holidays per year, DRS retirement plan, and comp time/overtime accrual. Applications available on the city website at [www.cityofleavenworth.com/employment](http://www.cityofleavenworth.com/employment) or by contacting the City of Leavenworth at (509) 548-5275 or 700 US Highway 2, Leavenworth, WA 98826. The first review of applications will be on December 15, 2023. Position will remain open until filled. The City of Leavenworth is an equal opportunity employer.

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**Legals**  
**Public Notices**

**IN THE SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN Estate of DON A. PEACH, Deceased. NO. 23-4-00411-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030**  
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: December 13, 2023 PERSONAL REPRESENTATIVES: Brett S. Peach ATTORNEY FOR PERSONAL REPRESENTATIVE: Jeffrey T. Fehr ADDRESS FOR MAILING OR SERVICE: Fehr Law Office, PLLC, P.O. Box 1606, Chelan, WA 98816 509-682-4536 Court of probate proceedings and cause no.: Superior Court of Washington in and for Chelan County, Cause No. 23-4-00411-04 Published in the Lake Chelan Mirror on December 13, 20, 27, 2023. #6879

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**Public Notices**

**REVISED NOTICE OF APPLICATION and STATE ENVIRONMENTAL POLICY ACT (SEPA) REVISED DETERMINATION OF NONSIGNIFICANCE**  
Date: December 13, 2023  
Lead Agency: City of Chelan  
Agency Contact for Comments: John Ajax, [jajax@cityofchelan.us](mailto:jajax@cityofchelan.us), (509) 682-8017  
Lead Agency File Number: SUB2022-01 / SEPA2022-06  
Project Description (Revised): The revised project description for "The Barn District," part of the approved Planned Development District (PDD) called "The Lookout," outlines a two-phase development plan. Phase One (no change): This phase involves the construction of mixed-use commercial buildings and a hotel and a spa. Additionally, this phase includes significant infrastructure enhancements, such as the extension of essential utilities - water, sewer, power, communications, and storm drains - to support the entire development area. Phase Two (revised): The focus of this phase is the development of a residential subdivision. Originally planned to span 20 acres with 35 residential lots, the revised project description now expands this same area to include 3 additional lots, bringing the total to 38 residential lots. This amendment is a change from the previous application, which proposed 35 lots. Project Location: South of SR 150 along Bighorn Way and Bluebell Lane, within a portion of the NE ¼ and the SE ¼ Section 11, Township 27 N, Range 22 E.W.M. Chelan County, Washington. The site includes tax parcel numbers: 272211597750, 272211597800, 272211130300, 272211597650, and 272211420250. Project Applicant: Chelan Lookout, LLLP, 101 Jackrabbit Lane, Chelan, WA 98816 The City of Chelan has determined that this proposal will not have a probable significant adverse impact on the environment. An environmental impact statement (EIS) is not required under RCW 43.21C.030. This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This information is available at: [tinyurl.com/City-Of-Chelan-SEPA-Register](http://tinyurl.com/City-Of-Chelan-SEPA-Register), or upon request. This determination is based on the following findings and conclusions: Permit conditions respond to agency and public comments, ensuring compliance with applicable codes and regulations. These conditions include but are not limited to: geotechnical recommendations; stormwater pollution prevention plan; transportation and access improvements; domestic water and fire supply and sanitary sewer adequacy, extension, and design; stormwater management and treatment; inadvertent discovery plan; and power facility extension and design. The site has lead and/or arsenic soil contamination above Washington State cleanup standards; specific conditions have been added to this DNS to address cleanup. SEPA Conditions: 1. Soil contamination cleanup is required under the Model Toxics Control Act (MTCA) Chapter 173-340 WAC. The applicant, in consultation with Ecology, shall comply with the model remedy of Capping. A letter from Ecology documenting compliance with this remedy shall be required prior to any ground disturbing activities. This DNS is issued under WAC 197-11-340(2) and the comment period will end on December 29, 2023. Responsible official: John Ajax, Director Signature: /S/ John Ajax Date: December 13, 2023 Appeal process: Please contact the Planning Department for SEPA appeal procedures. Published in the Lake Chelan Mirror on December 13, 2023. #6880

**Public Notices**

**Public Notice City of Chelan City Council Vacancy – Call for Candidates**  
The City of Chelan has an upcoming vacancy for City Council Position No. 2. Interested City residents are encouraged to apply. Eligibility requirements include: Resident (full-time) within the city limits of Chelan for at least one year and registered voter of at least 18 years of age with voting ability in the City of Chelan. You must Include your city street address for verification purposes. Post Office Box addresses will not be considered. Interviews will be held at the January 2, 2024 City Council Workshop beginning at 4:00 p.m. The successful candidate will be appointed at this meeting and must be prepared to participate in the City Council Workshop immediately following. To be considered, please complete the Councilmember Application on the City Website at <https://cityofchelan.us/>. Please submit your application by 5:00 p.m. on December 27, 2023. Submissions received after this date will not be considered. Peri Gallucci, MMC, CPRO City Clerk/Public Records Officer [pgallucci@cityofchelan.us](mailto:pgallucci@cityofchelan.us) Dated at Chelan this 22 nd day of November, 2023. Published in the Lake Chelan Mirror December 6 and December 13, 2023. #6803

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**WORD SCRAMBLE**  
Rearrange the letters to spell something pertaining to holiday decorating.

**NGLEA**

--	--	--	--	--

*Answer: Angel*

**CRYPTO FUN**  
Determine the code to reveal the answer!

Solve the code to discover words related to holiday decorating. Each number corresponds to a letter. (Hint: 18 = I)

**A. 16 18 25 23 26 4**  
*Clue: Metallic strips*

**B. 8 24 25 7 4 26 23**  
*Clue: Wax illumination*

**C. 4 18 14 17 16 23**  
*Clue: Strings of bulbs*

**D. 1 11 26 24 16 17**  
*Clue: Evergreen door or wall hanging*

*Answers: A.insel B.candles C.lights D.wreath*

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**Kid Scoop Together:**

## Proof It!

Are you an eagle-eyed reader? Read the article below and circle the **eight errors** you find. Then rewrite it correctly on the lines below the article.

# Hockey!

How many silly things can you find in this hockey scene?



How many hockey pucks can you find on this page?

**Standards Link:** Physical Education: Understand the role of sport in a diverse world (e.g., the influence of professional sport in society).

Swish, click, swoosh. Swish, click. Click! Click! CLACK! "GOAL!"

These are the lively sounds of a hockey game!

Who were the first people to play hockey? No one knows for

sure. But for hundreds of years, kids have been sliding stones and other objects across ice with sticks and tree branches. Over the years, in different parts of Europe, a variety of games played on ice with sticks and sliding objects were created.

## WHACK!

A hockey puck slammed into the article about pucks, scattering the letters a, b and c. Can you put them all back where they belong?

Ho\_key pu\_ks weren't \_lw\_ys m\_de of \_l\_ \_k ru\_ \_er like they \_re tod\_y. The e\_rly pu\_ks were pro\_ \_ly \_lls, \_ut other obje\_ts, su\_h\_s stones, lumps of \_o\_l, or frozen \_ow or horse poop were \_lso used. Wooden pu\_ks were used for m\_ny ye\_rs. Mothers sometimes put hot \_ked pot\_toes into their \_hildren's sk\_ \_tes so th\_t the sk\_ \_tes would \_e \_ozy \_nd w\_rm when the \_hildren re\_ \_hed the rink or pond. The pot\_toes were not thrown \_w\_y. They eventu\_lly froze and were used \_s pu\_ks. Although ru\_ \_er w\_s invented in 1939, it w\_sn't until the l\_te 1880s th\_t someone thought of m\_king ru\_ \_er pu\_ks.

European settlers in Canada developed the game of hockey as we know it today. The first rules of the game were published in a

## PENSEWARP

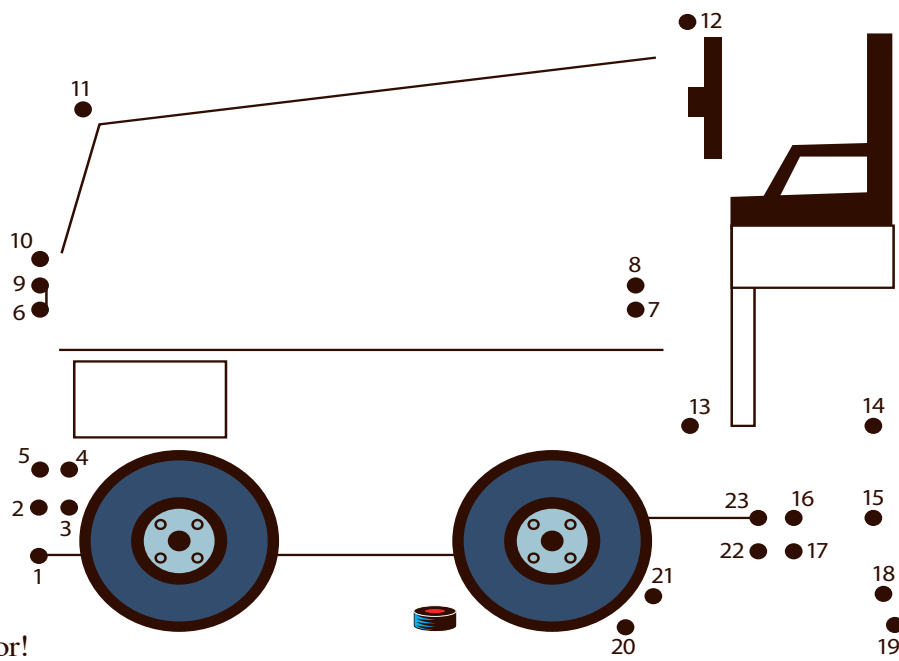
Unscramble the answer!

Source: Backcheck: Hockey for Kids Library and Archives Canada

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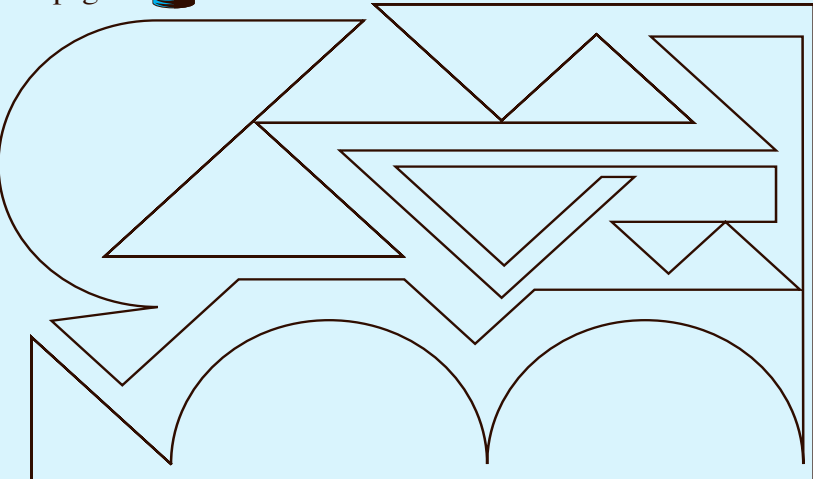
## Extra! Extra! Hockey Words

Look through today's newspaper for words that go with the game of hockey. The words can be nouns, verbs or adjectives. Put the words in ABC order.

**Standards Link:** Grammar: Identify nouns, verbs and adjectives in writing. Spelling: Put words in alphabetical order.

## Kid Scoop Puzzler

**Icy Art** Can you redraw the pattern a skater left on the ice without crossing over any lines or removing your pencil from the page?



**Standards Link:** Reading Comprehension: Follow simple written directions.

## Double Double Word Search

- HOCKEY
- STICKS
- PUCKS
- ZAMBONI
- PENCIL
- INVENTOR
- POTATOES
- COZY
- SKATES
- GAME
- RINK
- THIN
- FROZE
- POND
- COAL

Find the words in the puzzle. How many of them can you find on this page?



**Standards Link:** Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

## FROM THE Kid Scoop LESSON LIBRARY

### Good Sports

List characteristics of someone displaying good sportsmanship. Ask students to look in the newspaper for a picture of an athlete demonstrating good sportsmanship and explain why they chose that picture.

**Standards Link:** Physical Education: Understand the elements of socially acceptable conflict resolution in physical activity settings.

**How do hockey players stay cool during a game?**

**ANSWER:** They stay close to their fans.

## Write On!

### Hockey Happiness

Write an **alliteration** about ice hockey. **Alliteration** is the repetition of initial consonant sounds in two or more neighboring words. **Example:** *Awesome ants always agitate!*

**Standards Link:** Writing: Use strategies to edit written work.

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## Kid Scoop VOCABULARY BUILDERS

**This week's word: OBJECT**  
One meaning of the noun **object** is any solid thing that can be seen or touched.

Sally looked for an **object** to slide across the ice.

Try to use the word **object** in a sentence today when talking with your friends and family members.



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December 2023

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Contest open to children ages 3-12. Entry is one picture, and will not be returned and will become the property of Ward Media, LLC, and may be used for display or promotion in this publication. Entry automatically enters the child's name into the contest. The decision of the judges is final. Winners will be notified on 01/05/2024 and announced in The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald and online on 01/10/2024.

**Deadline: January 2, 2024 at 5 pm.**

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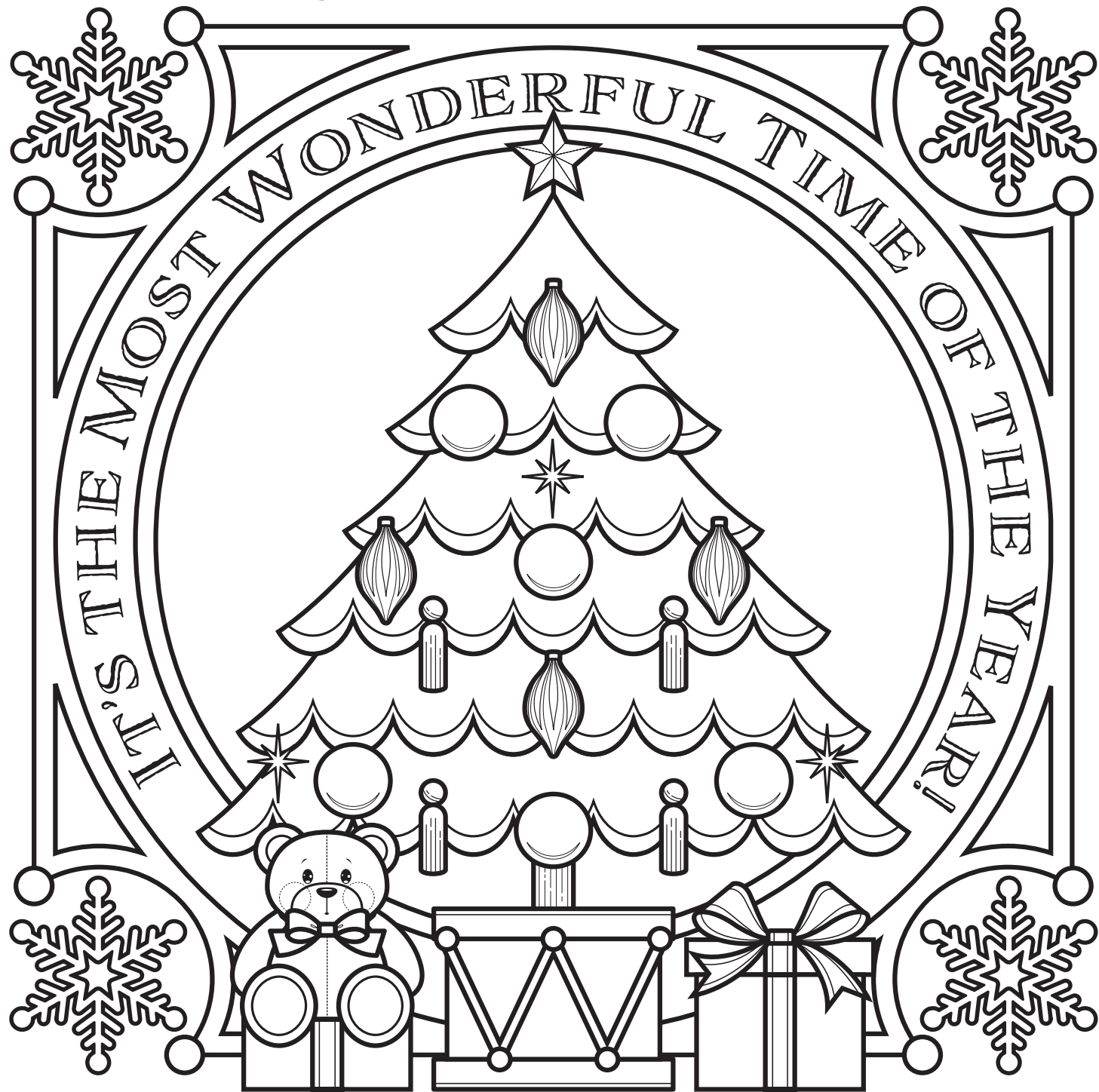
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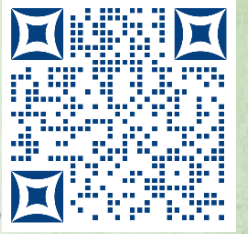


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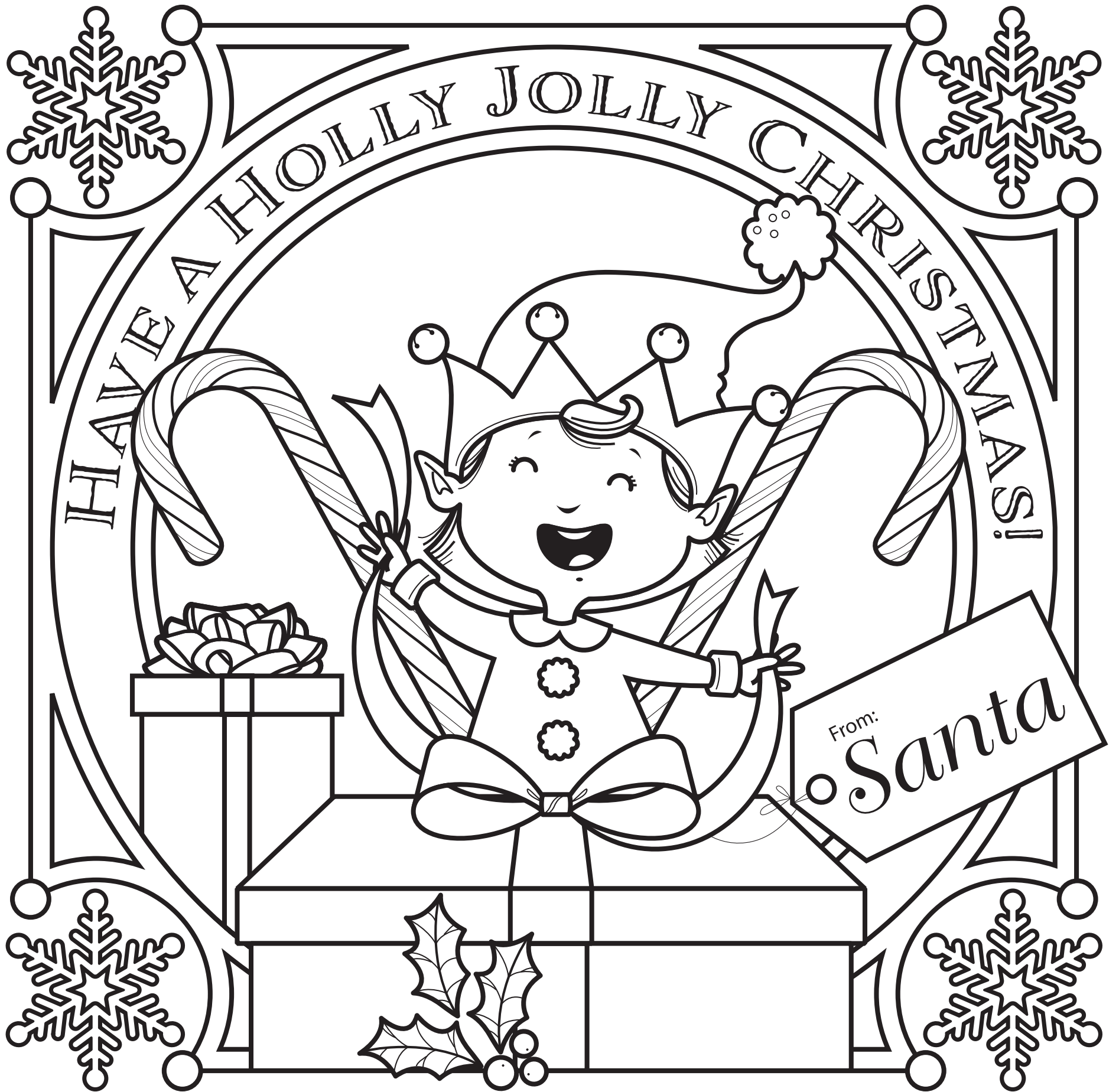
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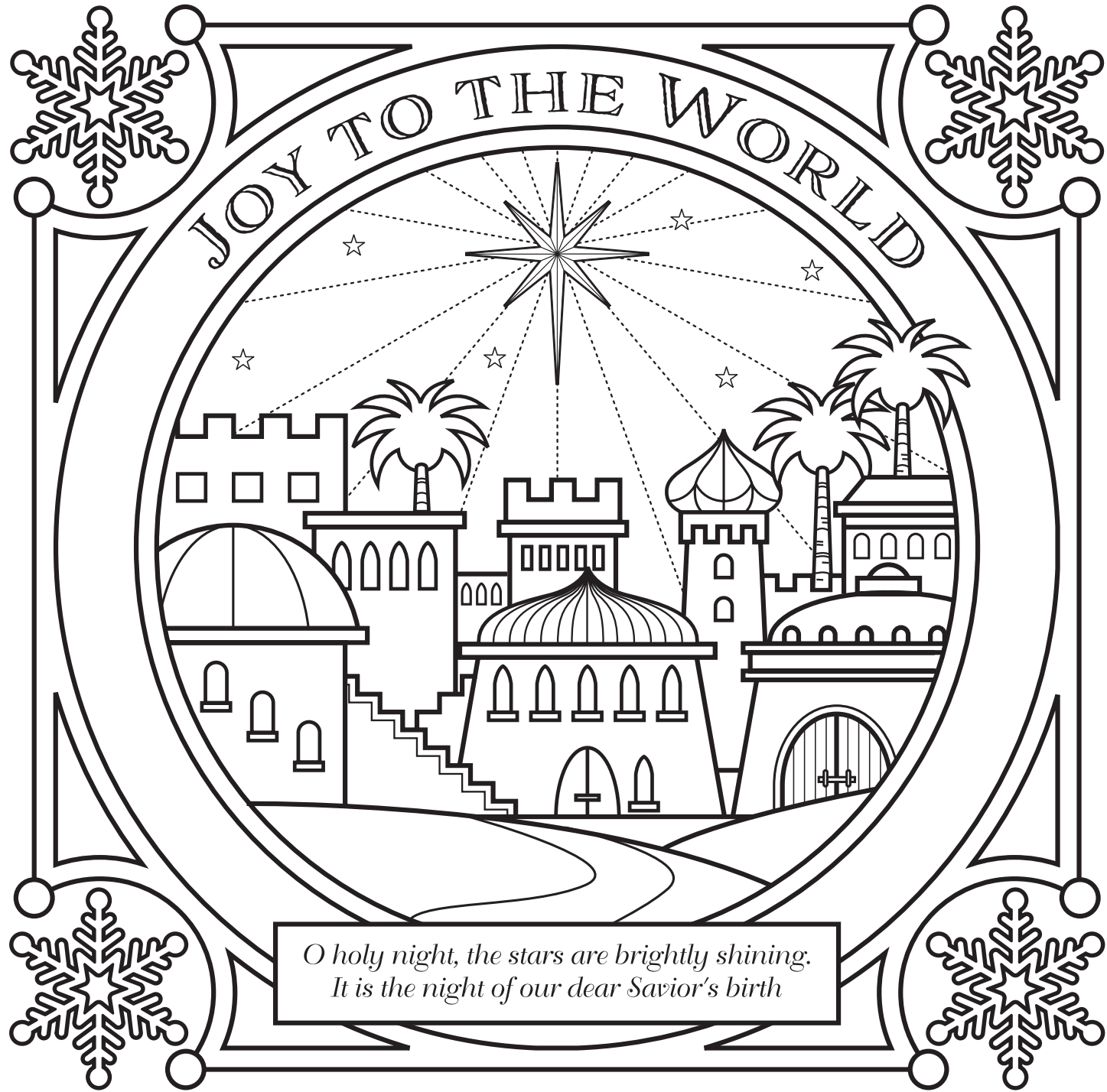
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