

## School construction begins as weather warms

By IAN DUNN  
EDITOR

Now that the snow is melting, school construction projects are beginning. According to Construction Liaison John Henri, contractors are on site at the high school, digging foundations.

He said they would be digging foundations for the next week or so, with plans to start with concrete by April 15 at the latest.

"The high school is going along really well. We'll be starting our weekly construction meetings with the contractor and architect. Structural steel should be delivered in June, first of July. Our intent is to have the building 'in the dry' before the weather hits us this fall," Henri said, at the March 27 Cascade School Board meeting.

The aggregate that was put down to form a pad has held up really well, he said. At the elementary school site, contractors should be showing up at the site in the another week. There is still a lot of snow on the site. Once contractors arrive, the foundation will be right after that, he said.

"I have to say, Fowler, the elementary school contractor, started about three weeks ago. They've been firing in submittals for rebar, structural steel. They are going to do this job as fast as it is getting built. We're very fortunate to have Fowler and Lydig on site," Henri said.

Fowler Construction is the contractor for the elementary school, while Lydig Construction is the contractor for the high school. Henri said they've had a setback the elementary school,



Photos by Ian Dunn

Now that the snow has melted away and the ground has dried out, construction crews are busy building foundations for the new Cascade High School buildings. It is expected, construction crews will be out on the elementary school site this week



because the Corps of Engineers is still "messing with us."

"They told us our putting water from the ditch into a pipe is acceptable, but we have to go through a cultural study, which we did," Henri said. "There was a lot of discussion with the corps in Seattle. They finally came back and said, they were going to require that we get a study of the Poplar Street site, where we are mitigating. This is the first time we heard about that."

A company has been hired to start the cultural review, but they cannot get onto the site until the snow is gone. Henri said they will probably be on site in the next week or two. He said they are expecting to get the report to the Corps about May 1.

Henri said the Corps has promised to review it quickly.

"Once approved, they'll issue the JARPA (Joint Aquatic Permit Application) permit. If that happens within a month, we'll be in good shape. I'm not concerned about that at all. We're planning to put a pipe in the ditch probably during June and July," Henri said. "We are going to mitigate on Poplar Street in September, because we have some plantings. The timing is fine. It is sort of hiccup."

Henri said they are not doing anything right now with Peshastin Dryden Elementary. He said they will start doing design again in June, which is what the architect would like to do.

"We'll be ready with that project, late fall or early winter," Henri said.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



## Chelan PUD invites customers to take charge of your power

Open houses in April to unveil plans to go digital with all electric meters

Submitted by Kimberlee Craig

Chelan PUD is known for asking its customers their opinion on a wide variety of issues and new electric meters is no different. Even though the PUD already has some 16,000 digital, one-way meters that allow meter readers to "drive by" and do meter reads, the utility wants to take technology one step farther.

"Right now, the meter reading process is manual," says John Stoll, managing director of customer utilities. "It means that we have to send an employee out and gather the meter data every month. Sometimes that means going onto a customer's property to do the meter read. About half of our electric residential meters do allow meter readers to collect that information somewhat remotely - from their car or truck. With the new, two-way digital meters, the meter would "ping" the utility with that data daily - no more driving that involves time and even means adding auto emissions into the air."

The new two-way, digital meters, also known as advance or automated meters are part of Chelan PUD's efforts to invest in technologies that improve the efficiency of employees and provide greater convenience and options for customers. In the long run, the utility estimates that there will be substantial cost savings for the PUD through remote, automated data collection that provides real-time meter reads that are accurate and don't require a person onsite to do the reading.

For customers, it means that they can follow their energy use daily and make adjustments to keep their energy bills low. And, like many other utility services customers already have, they will be able to manage their electric utility account from their computer or mobile device - setting up their own "dashboard" that manages their energy consumption.

The technology isn't new. Automated or advanced two-

SEE ASSISTANT PRINCIPAL ON PAGE 2

## Joya named new assistant principal at Cascade High School

By IAN DUNN  
EDITOR

Rudy Joya has been selected to become the new assistant principal at Cascade High School, replacing the retiring Mike Hill. Joya's selection is noteworthy in the fact he beat out 31 other candidates for the position.

By comparison, nearby Quincy only received three applications for their open principal position. Cascade High School Principal Elia Ala'ilima-Daley believes the high interest is because we live in a beautiful part of the state.

"It is an attractive place to live and raise a family. Our schools have been successful. The middle school was the

top three in the state at one time. High School has had achievement awards over the past five years," Daley said. "I think an opportunity to come to our community was a big factor."

Cascade School Superintendent Bill Motsenbocker believes it has more to do with the fact the district advertised the position very early.

"We were overwhelmed by the number of applications we received, when other school districts were finding it difficult to get four or five candidates. We felt pretty fortunate," Motsenbocker said. "We went out really early, in February. We might have been the first school district to post a principal's position or even a vice principal position in the state. We

knew Mike Hill was going to retire so that made it easier."

Daley said it was a big task to go through, screen and score all the applicants. Normally, it takes 25-to-30 minutes to go through each application and score it. Typically, that takes an afternoon, but in this case, it took a day-and-a-half. It was a tough process.

Joya's personality, excitement, energy, helped him rise to the top, Daley said.

"There was a solid understanding of instruction and the skill to work with students, because that position works with students and their families. That ability to work with people in tough situations came through the interview and the references," Daley said.

Joya comes to the position without any administrative experience. He's been a math teacher at Wenatchee High School for five years. Daley said he did an internship as the Dean of Students at Wenatchee High.

"For them, it takes care of kids that are struggling and works on a plan with their families. He also supervised events, which we also do as well," Daley said. "He came in with a question mark. Can he do the job we're asking him to do? Through the interview, the references, just talking to him, you could see that would not be a problem. His ability to connect with kids is big. That was the ultimate factor."

Even though Joya attended school

## Peshastin Dryden Elementary is now a home for Watch D.O.G.S

Submitted by MARLENE FARRELL

On a recent Friday Jose Ortiz, father of a kindergartener and a second grader, spent most of the day at Peshastin Dryden Elementary as part of the pilot program of Watch D.O.G.S. (Dads of Great Students), a nationwide initiative to increase father involvement at schools. The goals of Watch D.O.G.S., as stated on the website, are "1. To provide positive male role models for the students, demonstrating by their presence that education is important, and 2. To provide extra sets of eyes and ears to enhance school security and reduce bullying."

Ortiz started the day in the kindergarten class of teacher, Caitlin Knox. Knox said, "Al-

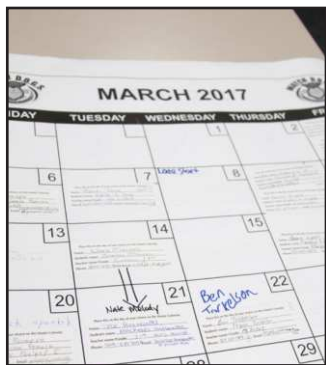


Photo submitted Marlene Farrell A Watch D.O.G.S. calendar for dads.

most every teacher has had a Watch D.O.G. in their classroom. We just plug them into activities."

During the math lesson, Knox had her students hunting for shapes and fishing for numbers that added up to 10. "Mr. Jose really got into the

hunt for shapes," she said.

As a fluent Spanish speaker, Ortiz next participated in a Spanish reading period for kindergarteners with bilingual teacher Bonnie Phipps. He sat in a tiny chair at a table with a few students, including his daughter, Vanessa. The class repeated the Spanish words for the seasons and their associated activities and animals.

Then, they went over the Spanish alphabet, making motions to go with each letter and example word. While the students called out the sounds and animal names with enthusiasm, their eyes were riveted to Ortiz, as he also snapped his hands like the claws of a cangrejo (crab) and fluttered his arms like a

SEE WATCH D.O.G.S. ON PAGE 2

## Osborn's Math is Cool team takes first place at regional

By IAN DUNN  
EDITOR

The Osborn Elementary School fifth grade Math is Cool team is tops in the region, again. The Osborn team has won the competition the past two years. In previous years, there was a large school division and small school division.

This year, the divisions were not based on school size, but rather how often teams won. Because of this, Osborn was placed in the hardest division with a lot of bigger schools. Osborn coach Wendi Merri-man, who has coached the team for 11 years, said she was not sure how the team would fare in the hardest division.

"It was a little nerve wracking, because as they were going through the places, our

name wasn't being called. The kids were so cute. They were totally confident. When we weren't called for second, they said, we must have won," Merriman said. "Then, they actually did win."

Washington Elementary in Wenatchee was second. Sunnyslope Elementary in Wenatchee was third, at the Regional Competition on March 17 at Foothills Middle School in Wenatchee.

Osborn took 20 students to the competition, Cassidy Gillespie, Jasper Bard, Ellie Holm, Isabel Menna, Dulce Herrera, Jailyn Reinhart, Molly Renner-Singer, Karsten Bowles, Sam Webb, Theo Wilkes, Tori Umbarger, Angela Gunter, Aaron Bergren, Cino Colella, Kestrel Foley, Mav-

SEE MATH IS COOL ON PAGE 4

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## Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

## Assistant principal: Will take over for the retiring Mike Hill

CONTINUED FROM PAGE 1

here from Kindergarten through eighth grade, Daley said that was not a major factor. His official start day is July 1. He'll go through a couple training sessions prior to that.

Daley expects him to hit the ground running.

"He wants to come meet our staff. Just looking forward to working with him. I think he knows the work ahead of him, but he wants to sit down and talk with me and Mike Hill about my view of his role and get some input from Mike on his experience over the last few years," Daley said.

The hope is, with Joya's bilingual, bicultural background that he will be able to connect with students with a similar background.

"Obviously, we work to serve all our students. When 30 percent of student population is of Spanish background, that is going to be a plus. Kids will be looking up to him. Hopefully, that will be an inspiration to see where education can take them," Daley said. "Anytime you someone steps into a leadership role, whether it is male or female, Hispanic or Caucasian, it's an opportunity to see what education can

do for you. I think a lot of kids will relate with Rudy. Hopefully it will be an inspiration for them."

As part of the selection process, four candidates were called in for an interview. For the top half of the group, Motesenbocker said they call references.

"I actually had a couple references call me before we even screened and put in good words for Rudy. One was Mike Franza, who was the principal at Wenatchee High School and Mike Dunn, the superintendent at the ESD in Spokane. Both those guys are very good friends. They called me and told me what a great candidate he was," Motesenbocker said. "It didn't make a huge difference as to whether he got the interview or not. The reference portion was quite positive for him. Big points for that."



Submitted photo

Rudy Joya

Joya went to the Cascade School District K-8, then his parents moved to Cashmere. After graduating at Cashmere, he went to WVC, and played soccer. He received a BA in secondary mathematics at Central Washington University.

"My wife and I are planted in the valley. She's a nurse at the hospital. She's been working there for five years. We weren't sure about leaving the valley. We have two daughters. We want

them to grow up in the area. I was excited to get an opportunity to apply and go through the process," Joya said. "The end goal was to get the job. It was close to home. It was very exciting to give back to the Leavenworth area in the role of assistant principal."

He considers himself a role model for every kid, not just the Hispanics.

"Hopefully, I'm able to influence them and give them hope they can be successful, as long as they work hard and try," Joya said. "I do come from bicultural, bilingual background. My dad never attended any school. My mom just went to grade school. My mom is from Mexico. My dad is from El Salvador. I'm the oldest of four."

His father worked in the orchard for 20 years, and now works in the packing shed. He is proud of his parents for making the best of what they had.

"Our students today have an opportunity to learn and move onto college or go into the armed forces or go to technical school or go into the workforce," Joya said. "They have an opportunity to be successful in academics, then do something they love and give back to the community."

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.

## Watch D.O.G.S. : Only 10 percent of fathers would volunteer

CONTINUED FROM PAGE 1

mariposa (butterfly).

When the thrill of having a dad in the classroom got the kids so excited they were forgetting to sit down, he quietly reminded those nearby to stay in their seats and pay attention to Mrs. Phipps.

"The Watch D.O.G.S.s go in multiple areas throughout the school," explained P.D.'s principal, Emily Ross. "We always give them time in their own child's class, but we also incorporate hallway patrols, lunchroom time, recess activities, and time to be in other teachers' classes."

Fathers seem to be on board with this new initiative. There was a huge turnout for the pizza kickoff party in early March. So far there have been 12 dads volunteering as Watch D.O.G.S. in March, and 11 are scheduled for April. About half of the dads are Spanish speakers. Prior to Watch D.O.G.S., only about



Photo submitted by Marlene Farrell

Parent Jose Ortiz helps out in the Mrs. Phipps room at Peshastin Dryden Elementary School as part of the new program, Watch D.O.G.S., which stands for Dads of Great Students.

10 percent of the parent volunteers at P.D. were male, but now that percentage is on the rise.

Another dad that visited recently was Rusty Gibbs, father of 1st grader. He recalled his day, "I spent time in four different classrooms, mingled with kids at lunch and ran around with them at recess.

At recess I saw a boy sitting

alone on a bench, and I sat and talked with him. I could tell it made him feel special."

"The dads are always smiling," said Helen Hoper, the librarian who is often on recess duty. "I'll ask a dad, 'Are you tired?' and he'll say, 'Oh, no!' And the kids are so proud when their parents are here."

Principal Ross agreed. "Watch D.O.G.S feel like rock stars, because so many students want to be by them and hang out with them."

Ortiz was the center of a flock of second graders as he walked around the playground during their recess. He played games and chatted with them.

No one seemed to notice the rain. Feeding off his attention, the children scampered and skipped around with huge grins on their faces.

"The Watch D.O.G.S. program has had a bigger impact than anyone expected," Brooke MacPhee, a kindergarten teacher assessed.

But is it sustainable if it requires dads to take half or a full day off work? As Gibbs explained, "Looking back on it I would say it was one of the most meaningful days of my year. It's also rewarding to hear my son tell others that it was his best day of school ever. I'll definitely be doing it again."

## Chelan PUD : Meetings planned for April

CONTINUED FROM PAGE 1

way digital metering infrastructure or AMI, is in about 40 percent of the households nationwide. More than 50 million digital meters have been installed. In fact, the PUD has 16,000 electric and 6,500 one-way digital water meters that have been installed since the 1990s.

The timing is right to look at AMI. The PUD is replacing its current Customer Information System (CIS) during the next two years and adding in AMI is a logical next investment. AMI gives customers a number of benefits:

- Personalized energy alerts
- New customer toolkits such as web portals and phone apps
- More accurate meter reading and billing
- Better reliability, accuracy of data and more utility operating efficiency, saving time and money

- Reduced carbon footprint
- Faster outage detection and restoration

Chelan PUD customers will have an opportunity to take a look at the new meters and to ask questions about the technology during a series of community events taking place around Chelan County during the month of April. Here is a schedule of events:

Sat. April 8 - 9 a.m. Lake Wenatchee Recreation Center, 14400 Chiwawa Loop Road

Sat. April 8 - 11 a.m. Beaver Valley Lodge, 18630 Beaver Valley Road, Plain

Wed. April 12 - 6:30 p.m. Leavenworth Fire Hall, 228 Chumstick Highway, Leavenworth

For more information and to leave the PUD a comment, please visit: chelanpud.org/AdvancedMeters.

The PUD Commission will be looking at whether or not to move forward with AMI sometime in May.

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## Leavenworth

### Wenatchee River Institute and NOLS Wilderness Medicine Institute

The ultimate opportunity for all those employed in natural resources, outdoor recreation, and enthusiasts of backcountry past-times, the Wilderness First Aid course will prepare you for the unexpected. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service and other government agencies. April 10 and 11 at the Wenatchee River Institute in Leavenworth from 8 a.m. to 5 p.m. For info, www.wenatcheeriverinstitute.org. (e12,13,14)

### Library activities during spring break

The program will teaching basic coding with Spheros, a robotic gaming device that you control with a smartphone or tablet. The program is geared for children aged 8 and up. Sign up by contacting your local library in advance as space is limited. The schedule for the spring break programs, April 7 at the Leavenworth Public Library, 10 a.m., 11 a.m., and noon. (e12,13,14)

### Parkinson's Disease Support Group

A brand new support group for people with Parkinson's disease has formed in town. Meetings are the second Tuesday of every month at noon at Kristall's Restaurant. Please join us for our first get-together on April 11. For more information, contact Katherine Degel at 206-356-4288 or Judi Little at 425-870-2089. (e13,14)

### Icicle Trout Unlimited meeting

Icicle Valley Trout Unlimited will hold it's monthly membership meeting on Wednesday, April 12 at 6:30 p.m. at Leavenworth's Icicle Inn. Washington Department of Fish and Wildlife Regional Director Jim Brown will present on the Wild Future Initiative, the Department's proposal to the legislature to improve the long-term funding outlook for the Department of Fish and Wildlife. Director Brown will also respond to any questions members may have. As always, no-host food and beverages are available from JJ Hills, the in-house restaurant and bar at the Icicle Inn. Please join us. (e13,14)

### Leavenworth Women's Exchange

The Leavenworth Women's Exchange monthly luncheon is Wednesday, April 12 at noon at Visconti's Italian Restaurant, 636 Front Street, Leavenworth. The cost is \$14 per person for members and \$16 for non-members. Beverage, dessert, tax and gratuity are included. Kelly Allen of Chelan will present a program titled "The Power of the 4 C's: The guiding force in overcoming the toughest time in my life". For information and reservations, contact Claire Burlingame at 548-7142 by Saturday, April 8. (e13,14)

### Historical Walking Tours of Leavenworth

The Upper Valley Museum will be sponsoring a Downtown Historical Walking Tour on Saturday, April 8. The Tour begins at the Upper Valley Museum 347 Division Street at 10 a.m. The tour is 1-2 hours on flat ground and is about 2 miles long. There is a donation fee of \$5. Everyone is encouraged to wear good walking shoes. Call 548-0728 for more information. This Tour will be repeated on June 10, July 8, Aug. 12, Sept. 9 and Oct. 14.

(er13,14)

### Leavenworth Film Festival

The Leavenworth Film Festival is April 7-8 at the Leavenworth Festhalle. More local films and celebrate with an electro/swing dance party. On Saturday, the Festhalle is transformed into a high class movie premier environment complete with free limo rides, red carpet photos, over two hours of award-winning short outdoor adventure films from around the world, and a live performance half-time

show. Dressing up on Saturday is highly encouraged but not required. Proceeds support the Ski Hill Memorial Project. Tickets at www.LeavenworthFilmFestival.org. \$10 Friday / \$15 Saturday / \$5 for children 12 and under. (e13,14)

### Leavenworth Red Cross Blood Drive

The need is constant. The gratification is instant. Give blood. The Leavenworth Red Cross Blood Drive, sponsored by the United Methodist Women, will be held at the Leavenworth Fire Hall, 228 Chumstick Hwy, on Thursday, April 6 from 11:30 a.m. to 4:30 p.m. For information or scheduling an appointment, call 1-800-REDCROSS, (1-800-733-2767). Walk-ins are welcome. (e14)

### Cashmere

### Red Cross Blood Drive

The Wacoka Kiwanis Club of Cashmere is sponsoring an American Red Cross Blood Drive from 12:30 to 6:30 p.m. On Wednesday, April 5 at the Cashmere United Methodist Church, 213 South Division St. Appointments are encouraged, but walk-ins are welcome. Call 1-800-733-2767 for an appointment. (er13,14)

### Leavenworth Ale-Fest 2017

There will be over 50 ales and ciders to taste at this annual fundraiser for the Nutcracker Museum to be held April 21 and 22 at the Festhalle. Festival goers will enjoy continuous music with some of the Northwest's popular bands, featuring Shaggy Sweet and Dusty 45s. Discounted tickets can be purchased online at www.leavenworthalefest.com. (e14,15)

### Regional

### Backyard Gardening Workshop

Attendees will participate in a series of lectures. See "how to" demonstrations and practice the various steps in creating a successful backyard garden. There will also be time for questions. From 9 a.m. to 1 p.m. on Saturday, April 15 at the Community Education Garden at 1100 N. Western Ave., Wenatchee. RSVP to 509-436-1601 or sandyl@cascadia.org. Hosted by Cascadia Conservation District and Chelan-Douglas Master Garden Program.

(er13,14)

### WV Erratics meeting

Wenatchee Valley Erratics Chapter of the Ice Age Floods Institute will meet at 7 p.m., Tuesday, April 11 at the Wenatchee Valley Museum, 127 South Mission. Jim O'Connor, Portland-based USGS hydrologist, will discuss "The Bonneville Flood - A Veritable Debacle." 18,000 years ago, at Red Rock Pass in eastern Idaho, unconsolidated materials gave way to sudden overflow of Glacial Lake Bonneville. One of the largest floods on earth, the Bonneville Flood was a catastrophic

outburst, with discharges lasting a year or more. The program is free and open to the public. (er14)

### Wenatchee Area Genealogical Society

The Wenatchee Area Genealogical Society will meet at 2 p.m., Monday, April 10, at the Douglas County PUD Auditorium, 1151 Valley Mall Parkway, East Wenatchee. Dorothy Petry and Kay Sibley, from Borderlands Historical Society in Oroville, will present the program, "Writing the 'Best' Family History." For more information, call 884-6455. Free and open to the public. (er14)

## Downtown Park



Photo by Ian Dunn

Snow is melting around Leavenworth's downtown parks, welcoming more and more visitors. Be aware, there is still snow in many of the shady areas, but even that, it is melting fast.

## Senior Center Events & Menus

**Leavenworth Senior Center, 423 Evans St., Leavenworth**  
Please call 548-6666, 24 hours in advance to reserve a meal.  
Meals are served at noon.

**April 06, Thursday:** Baked chicken, vegetables, salad, roll or bread, fruit, & dessert.  
**April 07, Friday:** Macaroni & cheese casserole, vegetable salad, roll or bread, fruit, & dessert.  
**April 09, Monday:** Stuffed green peppers, rice, salad, apricots, & dessert.  
**April 10, Tuesday:** Quiche, bacon, broccoli, Swiss, spinach salad, fruit tray, blueberry muffin, & dessert.  
**April 11, Wednesday:** Chicken fried steak, potatoes & gravy, green beans, tossed green salad, whole wheat roll, & apple crisp.

### Event Calendar

Monday, Wednesday, and Friday 10:00 a.m., **Gentle Exercise**  
2nd Tuesday, 9:00 a.m., **Leavenworth Area Seniors' Council Board meeting**  
Tuesday, 1:00-3:00 p.m., **Crafts**  
Thursday, 1:00-3:00 p.m., **Square Dancing**  
Friday, 6:00 p.m., **Bingo**  
Saturday 6:30-9:00 p.m., **Music, Public Welcome, No cover charge**

## CHS & IRMS Menu

### Breakfast

**April 05, Wednesday:** NO SCHOOL.  
**April 06, Thursday:** NO SCHOOL.  
**April 07, Friday:** NO SCHOOL.  
**April 10, Monday:** French toast sticks, bagel / cream cheese, cereal, assorted WG, fruit smoothie, yogurt parfait BB & granola  
**April 11, Tuesday:** Pumpkin bread, bagel / cream cheese, cereal, assorted WG, fruit smoothie, yogurt parfait BB & granola

### Lunch

**April 05, Wednesday:** NO SCHOOL.  
**April 06, Thursday:** NO SCHOOL.  
**April 07, Friday:** NO SCHOOL.  
**April 10, Monday:** Assorted pizza, salad bar, fresh fruit.  
**April 11, Tuesday:** Chicken Pozole, Nacho chips, hamburger, chicken burger, assorted pizza, salad bar, fresh fruit.

## CSD Elementary Menu

### Breakfast

**April 06, Wednesday:** NO SCHOOL.  
**April 07, Thursday:** NO SCHOOL.  
**April 08, Friday:** NO SCHOOL.  
**April 10, Monday:** French toast sticks / syrup, cereal assorted WG, fresh fruit, cheese sticks, English muffin, yogurt, milk, juice.  
**April 11, Tuesday:** Pumpkin bread, cereal assorted WG, fresh fruit, cheese sticks, English muffin, yogurt, milk, juice.

### Lunch

**April 06, Wednesday:** NO SCHOOL.  
**April 07, Thursday:** NO SCHOOL.  
**April 08, Friday:** NO SCHOOL.  
**April 10, Monday:** Chicken nuggets, tater tots, fresh fruit & vegetables, milk.  
**April 11, Tuesday:** Chicken Pozole, nacho chips, fresh fruit & vegetables, milk.

## AA Meeting Schedule

**Wednesday, 7 p.m.,** Alcoholics Anonymous, Leavenworth Senior Center, 548-4522, 664-6469 or 425-773-7527.

**Thursday, 7 p.m.,** Alcoholics Anonymous, Peshastin Light in the Valley Community Church, 8455 Main St. in Peshastin, 548-4522, 664-6469 or 425-773-7527.

**Friday, 7 p.m.,** Women's Alcoholic Anonymus, Leavenworth United Methodist Church, 418 Evans St., 548-6851.

**Monday, 6:30 p.m.** Narcotics Anonymous group meets every Monday at the Leavenworth Senior Center.

**7 p.m.,** Al-Anon meeting, Leavenworth United Methodist Church, 548-7939.

## City Council Meetings

**7 p.m., Leavenworth Planning Commission,** City Hall Conference Room, Nathan Pate 548-5275 (1st Wed.)

**9 a.m., Leavenworth City Council** study session, City Hall, Joel Walinski 548-5275. (2nd Tues.)

**3 p.m., Design Review Board,** City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)

**6:30 p.m., Leavenworth City Council** meeting, City Hall, Joel Walinski 548-5275 (2nd & 4th Tues.)

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## Community Calendar

### Wednesday, April 05

**8:30 a.m., Aerobics,** Plain Community Church, \$1 fee Mon./Wed./Fri. 763-3621.  
**8:30 a.m., Prostate Cancer Awareness & Support Group** meets at Kristall's. 206-321-1077 2nd Wed of every month.  
**8:30 to 10 a.m., Play and Learn Group,** Peshastin Head Start. Cheby Ledesma. 548-7614.  
**6 p.m., Autumn Leaf Festival Board Meeting.** Bill Forhan 670-1837.  
**6:30 p.m. to 8 p.m., Children and Youth program,** age 4-12th grade, Leavenworth Church of the Nazarene, 548-5292.

### Thursday, April 06

**8 a.m., Leavenworth Chamber of Commerce,** Kristall's Restaurant, Paula Helsel, president. 548-5807. Everyone is invited to attend as a guest.  
**6:30 p.m., Leavenworth Lions Club,** Kristall's Restaurant, Barbara Dower, (509) 393-2642.

### Friday, April 07

**11:45 a.m., Leavenworth Rotary Club,** Kristall's, Mary Schiebler, 548-7115

### Monday, April 09

**8:30 a.m., Aerobics,** Plain Community Church, \$1 fee Mon./Wed./Fri. 763-3621.  
**2 p.m., Chumstick Grange Hall,** Helen Kensrud, 782-4086.  
**6:30 p.m. The Upper Valley Free Clinic** evaluates urgent health needs; Dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND for inquiries: 548-0408.  
**6:30 p.m. Young Life Club** Monday Nights. All high school age students welcome. TJ Kaapuni 509-679-3247.  
**7 p.m., Cascade School board,** school district office. 548-5885.

### Tuesday, April 10


**8 a.m., I.P.I.D. Meeting,** Anthony "Toni" Jantzer - 782-2561, Wescott Dr. Cashmere.  
**9 a.m. Peshastin Water District,** Peshastin Memorial Hall, Abby Bergren, 548-5266.  
**Noon, Upper Valley Women's Bible Study** at King Ludwig's, Delores Hall, 548-7803.  
**Noon, Leavenworth People with Parkinson's Disease Support Group.** Meeting at Kristall's Restaurant, contact Katherine Degel at (206) 356-4288 or Judi Little at (425) 870-2089.  
**1 p.m., Cascade Education Foundation,** Board Room at Cascade District office, Ken West 670-1729.  
**6:30 p.m., St. Claire's Comforters Guild,** Bunco and quilts, Our Lady of Snows Catholic Church, 145 Wheeler St., 548-5119.  
**7 p.m., LWSC Alpine committee,** Ski Hill Lodge 548-5477.  
**7:30 p.m., Leavenworth Masons,** Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org


### Ongoing events

**Leavenworth Public Library, Mon. - Wed., 9 to 6; Thursday 9 to 8, Fri. 9 to 6.** Closed on weekends and Holidays. **Baby story time, Tuesdays 11:30 a.m. Preschool story time, Tuesday's 1:30 p.m.** Call 548-7923.  
**Peshastin Public Library, Tues., Thurs., Fri. 1 p.m. - 6 p.m.; Wed. 9 a.m.-2 p.m.** with Story Time 10:30 a.m. Closed Monday and weekends. 548-7821.  
**Upper Valley Museum, Thurs. - Sat. 10 a.m. - 4 p.m. and Sun. 11 a.m. - 3 p.m.** 347 Division St., 548-0728.  
**Leavenworth Fish Hatchery, 8 a.m. to 3:30 p.m.,** daily 548-7641.

### Regional events

**Tue. & Thur. 1 to 4 p.m., SCORE** (small business counseling), Wenatchee Valley Chamber of Commerce, 2 S. Chelan St., Wenatchee call for appointment, 888-2900.  
**3:30 p.m., Cascadia Conservation District** Board Meeting in the Upstairs Conference Room at the Wenatchee World Building, 14 N. Mission St., Wenatchee. For more information, call the District 436-1601. (3rd Thurs.)  
**1 to 4 p.m., Master Gardener Clinic,** WSU Chelan/Douglas County Master Gardener Plant Clinic, 1100 N. Western Ave., Wenatchee. 667-6540 (April to October) 1-4 p.m.  
**Some meetings or events may be rescheduled. Please check with the organization about the time.**






WITH  
**JAMIE HOWELL**

This week the **Icicle Creek Film Series** is getting into the spirit of Wen-Con (NCW's first stab at a Comicon-style convention taking place in Wenatchee this weekend) by boldly going where this film series has never gone before with **FOR THE LOVE OF SPOCK**.

Adam Nimoy, son of the late Leonard Nimoy, set out to create a documentary about his dad's role as one of the most enduring and beloved icons on TV - Mr. Spock on "Star Trek." But when Nimoy died in 2015 as the film was still being made, his son widened the scope of the project to encompass his father's entire life and career. The result is a lively, often hilarious collection of talking heads that includes fans and actors from the original and current incarnations of "Star Trek," plus footage of Leonard Nimoy in the numerous roles that were overshadowed by his most famous creation

Because Nimoy was in on the project with his son at the beginning, much of **FOR THE LOVE OF SPOCK** is actually narrated by him. Those parts he didn't have the chance to deliver are provided by actor Chris Pine, who has played Capt. James T. Kirk in the most recent movie remakes of "Star Trek."

Live long and prosper (and join us this Thursday at the Snowy Owl Theater). Tickets available at icicle.org.




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## Math is Cool: The top four team members move onto the state competition

CONTINUED FROM PAGE 1

erick Miller, Julian Valdez, Trygve Sorenson, Charles Rich, Michael Simon.

There are two parts to the competition. As part of the individual competition, kids take a 40-question test, then 8-to-10 mental math questions. Those scores get added together for an individual trophy. Osborn's Jasper Bard placed sixth overall.

The team competition includes mental math, multiple choice, team contest, team relay, college bowl. Those scores get tabulated to see who wins.

"Because they won this one, the students that scored the highest on that individual portion, the top four get to move onto the state competition, which is in Moses Lake on April 20. They'll continue competing there," Merriman said. "Just to keep it all about the numbers, whatever four kids scored the highest on that individual test, then they get to move on. We took 20 kids to the competition. If they score well on that, they get to go onto the next part."

The top four Osborn scorers were Jasper Bard, Julian Valdez, Kestrel Foley and Tori Umbarger. Merriman said she is confident her students will do great.

"It is so hard to do well. At Wenatchee com-

petition, we were in the hardest division. At the state competition, there is a division for the private schools, where kids have to have a certain IQ to go there," Merriman said. "It used to be you had to compete against all these private schools from Tri Cities and Seattle. It was really hard to compete. This will be the first time I've been since they redid the divisions. We'll still be in the second hardest division."

To prepare for the competitions, Merriman said they have worked it into their schedule, so the math team can meet during the school day. After spring break, she said they'll have to find time after school to practice. Kids can also practice at home. There are online practice tests.

"The kids that are really good at this generally like math. They end up spending extra time practicing it," Merriman said. "I was trying to say it was important that we learn math, it doesn't matter how we do. I didn't know how we would do. But they were always confident. Good for them."

Merriman said she has not tracked whether her Math is Cool students have moved onto math related careers.

"I know some of the kids who are seniors now are going into engineering. I mostly only know that because I talked to their parents," she said. "The kids that do well at that are not

your average math kids. Usually, I'm going, now how did you get that answer? They just think about numbers in a different way."

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



Photo submitted by Kenny Renner Singer

The Osborn Math is Cool team. Back row, from left, Cassidy Gillespie. Row one, Jasper Bard, Ellie Holm, Isabel Menna, Dulce Herrera, Jailyn Reinhart, Molly Renner-Singer, Karsten Bowles, Sam Webb, Theo Wilkes. Row two, Tori Umbarger, Angela Gunter, Aaron Bergren, Cino Colella, Kestrel Foley and Maverick Miller.

## Home Link program helps home-schooled students

By IAN DUNN  
EDITOR

The Cascade School District Home Link program is in its second year. It is a program to help home-schooled students in the Cascade School District, mostly in third to eighth grades.

Home Link teacher, Mary Lou Bailey, reported to the Cascade School Board at the Feb. 27 meeting. She said the first year was a great success.

"We picked up a few extra classes. Threw out some. At the end of every year, I send it out to the parents. What is it that you want us to do? We added a math skills class," Bailey said. "That is a half-hour class really hard on math facts. We have two different grade levels in that. That was a good one to add on."

There are some classes taught by independent contractor parents and community members. Each student is required by the state to have a certain amount of study hours, whether at home or in the classroom. Bailey meets with each student each week to make sure they are getting enough hours.

"Every month, I have to do a report on all the kids, showing how many hours at home and how many hours in class with me. They have to have a weekly review with me. Sometimes, they will say, they were goofing off and didn't get this many hours," Bailey said. "I remind them, they have to do those hours. They would have to boost those hours for the following week."

Most of the students are getting their hours every week, she said. There are two different science classes, one for the younger students, one for the older. They are studying a completely different curriculum. Bailey said she tried to make it very hands-on and investigative.

The history class this year is medieval history. Last year was ancient history. Next year will be post-renascence.

"There is a new class a parent requested called Odyssey of the Mind. I had never heard of it. I did a lot of research over the summer to see how Odyssey of the Mind works. It is all grades, K to 8," Bailey said. "We have 16 kids in the class. The goal is to get kids to work together in groups and problem solve. This has been a huge success. They were working on a roller coaster design project. There were different requirements. We had a day where we showed them off to parents and judged them."

Now, Bailey said they are onto a new project based on the interest of the students, miniatures and electricity. The students are building miniature scenes which must have at least three electrical components.

Superintendent Bill Motesbocker asked if the students would compete in the Odyssey of the Mind competition.

"We haven't planned that they would. If they continue to request this class, that is something I would like to do. There is a state and international competition. They have the long term problem solving and also short term or spontaneous, where they are given a problem and have 15 minutes to solve it. Once our miniatures are finished, we're going to work on some spontaneous," Bailey said.

One big change from last year, she said, is there are now four community members coming in to teach classes. Last year, there was a mom who taught history and karate. It was all completely volunteer.

"That really made me think, we need to find a way to compensate. We have a French teacher, an art teacher, an herb teacher and a fitness teacher to come in from the community. Now, they get paid and it really has been a huge help to the program," Bailey said. "The students love it because they get a little variety. It is not just me talking all the time."

Bailey looked at her goals from last year and compared their results. There was a goal to increase the enrollment to 30. At that time, they had 22 students from 13 families. Now, there are 25 students from 17 families.

"I've been talking to Julie (Winters) in the office about helping me find some of those families who are home schooling but are not connected with Home Link. What I would like to do for next year is actually reach out to those families and let them know there is help, because homeschooling is not easy," Bailey said.

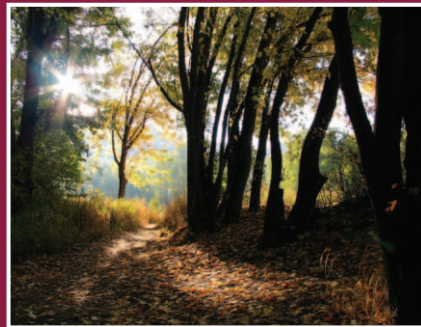
Another goal was to have all the written learning plans turned by June. She said they were able to do that. The plans were updated in August to make sure it had everything they wanted. Another goal was to have the independent contract teachers paid. They were able to do that.

Another goal is look at increasing the grade level for Home Link into high school. Bailey said they have not done much with that. One of the goals for this year is to increase enrollment to 30.

Bailey said the superintendent encouraged her to collaborate with other teachers, so she had been talking to teachers and principals.

"The one big question we get from staff members is who pays for Home Link? Home Link spends about 80 percent of the revenue they generate. We bought her a computer lab of the HP Streams. We are using some of the other funds to help with equipment and furniture," Motesbocker said. "We don't want it to be a money making operation. That is not the purpose of the district. When she asks for things, we can almost always do it."

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



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## 21<sup>st</sup> Anniversary, Leavenworth Empty Bowls Festival 1996 ~ 2017

The Leavenworth Empty Bowls Committee extends a **Heartfelt Thanks** to the many volunteers and donors who helped make our 21st event such a success. Empty Bowls raised just over \$15,000, most of which goes to support the Community Cupboard Food Bank, and \$1000 goes to small art grants that benefit the youth. This event could not happen without the generous support of the community, and those who participated by decorating a bowl or purchasing a ticket. In 2016, the Cupboard distributed 3293 food boxes to 715 households, representing 1808 individuals including 570 children.

### Artists

Amanda Gibbs  
Amber Zimmerman  
Barbee Teasley  
Carol Seaman  
Catey Luna  
Cordi Bradburn  
Dan McConnell  
Diane Priebe  
Gabe Newton  
Patti Erickson  
Harriet Bullitt  
Jana Sparks  
Janet Millard  
Lori Aylesworth  
Mara Bohman  
Phil Yenny  
Scot Brower  
Suzi Lane  
Teri Zimmerman  
Terry Porlier  
Hannah Pygot  
Pacia Dixon  
Linda Claeson

### Potters

Bard, Heidi  
Pfleeger, Adam  
Riley, Jon  
Fortney, Mijanou  
Dilley, Margareta  
Krantz, Dawn  
Porlier, Terry  
Yenny, Phil  
Pygot, Hannah

### Graphic Artists & Photographer

Heidi Swoboda - Swoboda Photograph  
Daniel O'Connor  
Wenatchee Valley College Art Program  
David Hampton  
WVC Graphic Design student,  
Oscar Romero

### Financial Donors

Sleeping Lady Resort  
The Leavenworth Echo  
KOHO Radio 101.1 FM  
Anjou Bakery  
Bavarian Lodge  
Dan's food Market  
Icicle Fund

Marson & Marson  
Mt Stuart Physical Therapy  
Rayfield Brothers  
South  
Syndicate Smith - Todd Smith  
Windermere Realty - Steve Hildahl

### Food Donors

Alley Cafe  
Good Mood Food  
JJ Hills Fresh Grill - Icicle Village Resort  
Mana  
Visconti's  
Watershed Café  
Wok About Mongolian Grill  
Anjou Bakery  
Bavarian Bakery  
Dan's food Market  
Sure to Rise Bakery  
Cash & Carry  
The Gingerbread Factory  
Faith Lutheran Church  
Jesus Christ of Latter-day Saints Church  
Eight individual cookie bakers

### Volunteers at Glazing Days & Soup Supper

Boy Scout Troops 19 & 28, and 100+ others.

### 21 Years of Accomplishment

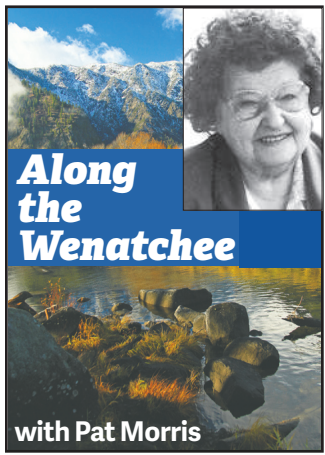
A special thanks too, for the many volunteers that have pitched in to help during the 21 years of Empty Bowls in Leavenworth. You, the community have raised \$175,000 to feed the hungry and awarded \$13,000 to support the youth art grants. Over 60 potters have thrown 11,000 bowls, and 60 artists have provided artist bowls. Over 11,000 diners have eaten 65 gallons of donated soup. Forty-six businesses have donated soup and bread. Eleven businesses have contributed beverages and condiments. Countless bakers have baked about 21,000 cookies.

**The Empty Bowls Committee were:** Diane Priebe, Skip and Linda Claeson, Jean Cummings, Gro Buer, Dawn Kranz, Terry Porlier, Bob Mark, Marty and Brad summers, Heather Knight, Momi Palmieri, Suzi Lane, Tiffany Brine, and Barbara Teasley.

**Would you like to help next year?** Please call Bob Mark 509-548-0408 or email bob@uvmend.org

# Life & Health

## Dr. Hoxsey risks avalanches on trip to Wellington



History has ignored the important part played by Dr. George Hoxsey after an avalanche swept two trains from the tracks beyond the first summit tunnel on March 1, 1910. The only clue that he made the 33-mile trek under hourly-worsening avalanche conditions is a brief acknowledgement in the local paper on his return, though this was undoubtedly the worst disaster to come his way during his long career.

Born in Illinois in 1860, his father and three brothers all chose medicine as a profession. He took his training at the American Medical College in St. Louis and started his practice at age 21. The town of Hoxsey, Kansas, was named for him.

In 1887 he was hired by the Great Northern Railroad Company, as the rails were extended from Havre, Montana, west to Puget Sound. In 1892 he was assigned to Wenatchee. His remark that before summer ended gunshots rang out so frequently there that no one any longer turned to see who was being shot at was a classic!

When the rails had passed that town and were progressing up the Wenatchee Valley in late October, numbers of workmen were hurled into the swift current of the river by the collapse of a temporary bridge; a car of ties was drawn along and dumped on top of them as they struggled to escape, killing five.

Dr. Hoxsey was one of the physicians summoned to assist the injured. Earlier, he had suffered the loss of his wife following the birth of an infant son. At Wenatchee, he met and married 17-year old Ida Wilson.

The Hoxsey family moved to the division point at Leavenworth in 1893, when there was hardly a town there. His railroad calls to treat the injured meant he answered calls from Everett to Harrington. He was the only railroad doctor for this large area. In addition, his practice among the settlers ranged from Leavenworth to Cle Elum and from Lake Wenatchee and beyond to Old Blewett, ministering throughout a vast and almost inaccessible region wherever aid was needed.

When the county commissioners for the new Chelan County were selected, Dr. Hoxsey was among them. He refused the honor because he could not leave his smallpox patients.

Soon after Leavenworth became an incorporated town in 1906, he was elected major. Later, he found he could not attend to that business properly when called away so frequently and resigned. By 1920, he reported that he had delivered almost 4,000 babies during his nearly 40 years of practice!

Dr. Hoxsey had an uncanny ability to remember dates, faces and places. Easily, he became an inexhaustible source of information regarding the history of the region in pioneer times.

Always professional in appearance, the picture of physical fitness and virility, he was an outstanding personage in any crowd. He enjoyed a card game in a saloon with friends, though he seldom had time to indulge. He was most remembered setting off in a buggy or on horseback, medical bag and often snowshoes accompanying him. Realizing the town's need for a hospital, he constructed one in 1906 on the lot adjoining his home on Main Street. Anywhere from two to a dozen patients could be found under his care at any time.

These were the days of yearly epidemics that took the lives of many, especially

youngsters. When the North Road cemetery was platted, he purchased a large block of burial lots. Families pressed for funds were permitted to bury there for free.

A friend wrote of the doctor in 1919, "From the cradle to the grave he was the family physician, counselor and friend of thousands in western Chelan County. The night was never too dark nor the road too long, when he received a call to relieve suffering, but

Doctor, on account of your age (50). Still, I wish you would get someone younger and have him report to the depot at six o'clock." Presently the phone in Mr. Stewart's office rang. "This is Hoxsey. I will be ready for the jaunt at six o'clock!"

"But see here," responded he astonished supervisor, "As I said before, you cannot go on account of your age. The trip will be difficult and dangerous and we cannot allow it!" "Age!" sputtered the doctor

Greve, unaware of the tragedy a few miles above, set out from Merritt to Leavenworth. Billy told of the trek like this. "The snow was fairly well cleared from the tracks except in the canyon. From the Wenatchee River bridge we encountered one slide after another, one of them nearly 25-feet deep and extending across the river. We ran most of the way and recently heard the roar of an avalanche of snow, ice, rocks and trees as it rushed down, sometimes in front and sometimes behind us!"

The Spokane newspapers during late February had been full of reports about two trains stalled at Wellington and snowbound with food rapidly dwindling and little hope of rescue as long as the slides continued. It was by way of Spokane that the Wellington news broke at Leavenworth on Wednesday. Appalled by the disaster, the townsfolk talked of lending relief parties. Dr. Hoxsey knew there was little likelihood of medical help for the injured from the west for the line above Scenic was soaked in solid, even snowplows disappearing as one avalanche after another came down. Realizing fewer slides would

come down after the cold of night set in, he quickly left for the scene. The poles of the phone lines should be a guide as he negotiated the canyon. The trip would take two days; a farmhouse here and there could be counted on for food and rest. Fortunately, he had been over the line many line man times in his railroad work.

Newspapers from Spokane reported that the avalanche beyond the summit tunnel

had buried the passenger and mail train so deeply that it was almost 10 hours before it was known where either lay. Where a board or wreckage stuck up above the snow, rescuers dug.

Medical help had eventually arrived from the west. Even so, there was need of the doctor's services for many days. After being gone a week, he returned from the site of the tragedy. When interviewed, he reported that 67 bodies had been taken out, when he left at 8 p.m. on Wednesday. As soon as a train could get through, seven of the injured being cared for in the temporary hospital at Wellington would come through. With it the body of an engineer, whose family resided at Leavenworth was to also arrive. This was the sole acknowledgment that Dr. Hoxsey had made the quelling trek to give aid.

Dr. Hoxsey retired at age 69, when ill health made it necessary. Two years later, the following tribute to his memory was carried in the local paper. "In the death of Dr. George Hoxsey, Leavenworth loses one of its pioneer citizens, whose name was almost as well known in the far corners of the state as it was in the little town and community he served so long, so faithfully and so well.

"Dr. Hoxsey watched over and aided in the growth and progress of Leavenworth from its infancy until it grew up. Few citizens now living were here before Dr. Hoxsey.

"First in almost everything pertaining to the town, Dr. Hoxsey rented Box Number One in the Leavenworth post office. Known as the "Hoxsey Box", it has never been used by another. A bit of sentiment perhaps, but also a tribute to a good man now gone, but whose spirit "goes marching on", an inspiration to all. He needs no monument other than that set up and enshrined forever in the hearts of its citizens."



A scene from the Wellington avalanche showing the first remains of engines uncovered. Dr. Hoxsey hiked in alone carrying medicines and food in the cold of night to avoid slides and may have been the first to reach the injured in the snow clogged line. In 1907 he was Leavenworth's mayor.

he promptly responded, often when he knew there was no fee at the end."

In the light of these things it was not surprising to find him making the difficult trip to Wellington alone, carrying food and medicine. An incident previous to the disaster by perhaps 10 days is worth relating. Heavy snows had repeatedly covered the tracks in February. The strident ringing of the phone awakened him early one morning. A familiar voice of General Superintendent George Stewart informed him that several men had been injured in a snow slide in Tumater Canyon. "But you are not expected to go," explained the official. "I excuse you from going,

"What do you take me for? A helpless paralytic? If any man in the county can make the trip, I can and will!"

Later in telling of that strenuous day, he said, "I went and came to Leavenworth in one day and was received a most handsome acknowledgement from the company. But the next day, I was so stiff and sore from crawling over snow slides and hiking through deep snow, that I could not have made it again for \$1,000!"

News of the Wellington disaster did not reach Leavenworth immediately because slides had torn out the communication lines in the canyon. On the day it hit, Tuesday, Billy Smith and Will

## Q: What do I do about the black hole of pharmacy refill requests?

At our clinic, all of our new family medicine doctors learn about starting diabetic patients on insulin by experiencing it personally. One memorable assignment in their first year of training is called "Diabetic for a Week" because for 7 days in a row they must test their blood sugar 4 times daily and give themselves an injection every night from an insulin pen device containing salt water. Afterward, they reflect on their experience, often commenting that they never realized how overwhelming it felt to have to stop and test their blood all the time and give themselves shots every day. It completely changes how they approach their diabetic patients.

I often get questions from newly diagnosed diabetics, like, "Where do I start? There's just so much to learn!" Here are some of my favorite tips for brand new diabetics:

If you like to drink sweetened beverages, like "sweet tea" soda pop, or fruit juices, one of the easiest ways to start controlling your blood sugar is to GRADUALLY replace those sweetened drinks with unsweetened ones. Just making this ONE change can also help you lose weight, which also helps control your blood sugar.

Some people can cut out

the sugar in their beverages cold turkey, but most folks succeed by slowly decreasing the amount of sugar they add to their tea or coffee, or adding water to their fruit juice a little bit at a time, eventually drinking water or unsweetened ice tea. Drinking diet soda may be somewhat better than drinking regular, but shifting to water is even better for weight loss and blood sugar control.

Be wary of "low fat" foods. When a manufacturer cuts the fat out of cookies and cakes, they usually add something else to make up for it, such as a sweetener like sugar or corn syrup. Without the stabilizing effect of fat, these foods will make your blood sugar skyrocket up and crash back down; which is NOT very pleasant for you!

Please MOVE MORE. Even just a little bit of movement counts! New evidence shows that the longer you sit in your chair before standing up and moving around the more weight you gain and the SHORTER life you will have. We're not talking about exercising 30 minutes a day here, only a few minutes every hour or so. It all adds up to improve your health and blood sugar control. Don't sit too long before getting up and moving around.

When testing their blood

sugar with their glucometer, most diabetics poke their fingers too hard or too deep. This habit not only causes more pain and bruising but it eventually damages the nerves on the tips of their fingers, decreasing their sense of touch.

Dr. Louise Achey, Doctor

of Pharmacy is a 38-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at [www.AskDrLouise.com](http://www.AskDrLouise.com)

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### Here are 5 tips to Minimize the Pain of Blood Sugar Testing:

1. DON'T use alcohol wipes on your fingers before poking. They only remove surface dirt and make your fingers more sore afterward.
2. Wash your hands in warm water right before doing the poke. This cleans your skin nicely and brings your blood close to the surface so you don't have to poke as hard to get a good drop of blood.
3. Relax by taking a slow breath right before you poke. Tensing up makes it will hurt more and moves blood away from the surface of your skin, making you have to poke again or poke even deeper.
4. Poke a spot halfway between the middle of your finger and where your fingernail starts. Looking at your finger sideways so it makes a half circle like the bottom half of a clock face, pick a spot halfway between the 6 o'clock spot (the exact middle of your finger, where you have most of your nerve endings) and the 9 and 3 o'clock spots (the edges of your fingernail) to do your poke. Poking here hurts less and doesn't damage the nerves on the most sensitive area of your fingers.
5. Unless you have symptoms of low blood sugar or you think your blood sugar could be changing rapidly, poke your hand or arm instead. Most machines today allow you to use these "alternate sites" for getting a blood sample.

Ask...

Dr. Louise



## Cooking With Teri

### EASTER SUNDAY DINNER

No Easter Sunday dinner is complete without a fresh array of side dishes. Whether you are serving ham or spring lamb the side dishes usually end up as the star of the meal. Some of my favorites are asparagus, green beans, deviled or pickled eggs and salads. Ham will be on my menu this year along with my favorite side dishes. Desserts and rolls are also a must for dinner. Fresh strawberries, angel food cake, lemon cake or pie are favorites at my house for Easter. A good glass of Champagne is also the perfect ending to an Easter brunch or dinner. Several local restaurants are offering Easter Brunch which is wonderful except you don't have any leftovers. What's a holiday without leftovers.

If asparagus is on your menu, the only choice available is asparagus from Mexico. Local asparagus needs lots of heat units to grow, my friends in the asparagus business sent me a photo of their field with the asparagus about an inch tall. If tulips are part of your table celebration, you may or may not have fresh tulips from the Skagit Valley this year. As of today the first harvest date for tulips is mid April, but daffodils will still be abundant and inexpensive. Spring has sprung and we need to roll with it.

### SPRING STRAWBERRY SPINACH SALAD

- 1 bunch baby spinach
- 10 large strawberries, sliced
- 1/2 cup white sugar
- 1 teaspoon salt
- 1/3 cup white wine vinegar
- 1 cup vegetable oil
- 1 tablespoon poppy seeds

1. In a large container, mix the spinach and strawberries.
2. In a blender place the sugar, salt, vinegar, and oil, and blend until smooth. Stir in the poppy seeds.

Pour over the spinach and strawberries, and toss to coat.

**QUOTE: "Our Lord has written the promise of resurrection, not on books alone, but in every leaf of springtime".**

- Martin Luther (1483-1546) German priest.

Teri Miller, Broker

940-A-Hwy 2  
Leavenworth, WA 98826  
509-669-1585  
terismiller@hotmail.com  
www.leavenworthrealty.com



**Cascade Mountain Bible Church**

11205 Chumstick Hwy., 509-548-4331  
Todd James, Pastor  
April 16, 10:30 a.m., Easter Service

**Community United Methodist**

418 Evans Street, 509-548-5619  
Rev. Denise Roberts  
leavenworthumc@outlook.com  
April 9, 10 a.m., Palm Sun Worship Service  
April 14, 7 p.m., Good Friday Service  
April 16, 7 a.m., Easter Sunrise Service  
April 16, 10 a.m., Worship Service followed by an Easter Egg Hunt for the children.

**Cornerstone Bible Church**

Leavenworth Grange Hall, 621 Front Street  
509-548-0748  
April 16-10 a. m., Easter Service

**Church of Jesus Christ of Latter-Day Saints**

10170 Titus Rd., 509-548-7667  
April 16 - 10 a.m., Easter Service

**Faith Lutheran Church**

224 Benton St., 509-548-7010  
Misael Fajardo-Perez, Pastor  
April 9, 9:30 a.m., Palm-Passion Sunday  
April 13, 7:00 p.m., Maundy Thursday  
April 14, 7:00 p.m., Good Friday  
April 15, 8:00 p.m., Easter Vigil  
April 16, 8:30 a.m., Easter Service, 9:00 a.m., Brunch, 10:30 a.m.

**First Baptist Church of Leavenworth, SBC**

429 Evans St., 509-290-0686  
Michael Brownell, Pastor  
April 16, 11:00 a.m., Easter Sunday

**Leavenworth Church of the Nazarene**

111 Ski Hill Drive, 509-548-5292  
Andy Dayton, Pastor  
April 9, 8:45 a.m., and 10:30 a.m., Palm Sunday, regular services  
April 16, 8:45 a.m., and 10:30 a.m., Easter services

**Our Lady of the Assumption Church**

(Our Lady of the Snows)  
145 Wheeler Street, Parish Office, 509-548-5119  
Fr. Miguel Gonzales  
Every Friday 5:00 p.m., Bilingual Stations of the Cross  
April 9, 10:30 a.m., Palm Sunday of the Passion of The Lord. Blessing of palms in the Meadows, Leavenworth  
April 13, 8:30 a.m., Holy Thursday, Mass at Leavenworth is cancelled  
April 14, Good Friday, Day of Fasting and Abstinence

5:00 p.m., Live Stations of the Cross followed by the rosary of condolences to the Blessed Virgin Mary in Leavenworth  
7:00 p.m., Bilingual Celebration and Adoration to the Cross

April 15, 8:00 p.m., Holy Saturday, Bilingual Easter Vigil Mass beginning with the blessing of the Easter Fire in Leavenworth

**Seventh Day Adventist Church**

10600 Ski Hill Drive, Leavenworth, 509-548-4345  
April 15, 11 a.m., Regular Worship Service.

**Spirit Life Center**

210 Benton St., 509-548-7138  
Russell Esparza, Pastor  
April 14, 10 a.m., Sermon focus will be Crucifixion and Resurrection of Christ.

**DRYDEN****Dryden Community Church**

Hwy. 2 and Dryden Ave. (6801 Dryden Ave.)  
509-782-2935  
Matthew Payne, Pastor

**Mid-Valley Baptist Church**

1 Frontage Road  
Dryden., 509-782-2616  
Travis Connick, Pastor  
April 13, 7:00 p.m., Christ in the Passover  
April 14, 8:00 a.m., Easter Sunday Pancake Breakfast  
April 14, 10:00 a.m., worship.

**MONITOR****Monitor United Methodist Church**

3799 Fairview Canyon, 509-782-2601  
David Raines, Pastor

**PESHASTIN****Light in the Valley Community Church**

Icicle River Middle School Commons, 10195 Titus Rd.  
509-668-1317  
John Romine, Pastor  
April 16, 6 a.m., Multi-church Easter Sunrise service at 9149 Deadman Hill Road with a community breakfast to follow at Light in the Valley Community Church in Peshastin. (8455 Main St.)  
April 16, Easter Morning Worship Service.

**Peshastin Assembly of God**

School and Lake St., Peshastin, 509-860-1088  
Pastors Vern and Linda Watterud  
April 9, 10 a.m., video presentation on Easter week  
April 9, 10:30 a.m., Worship and Praise

**Service**

April 16, 6:00 a.m., Multi-church Easter Sunrise service at 9149 Deadman Hill Road with a community breakfast to follow at Light in the Valley Community Church in Peshastin. (8455 Main St.) served by folks from both Peshastin Churches.  
April 16, 10 a.m., Video presentation Christ's Resurrection  
April 16, 10:30 a.m., Resurrection Day Celebration Worship  
Everyone is invited and welcome to attend these events in our area

**PLAIN****Plain Community Church**

12565 Chapel Drive, 509-763-3621  
Jon Johnson, Pastor  
April 9, 10:00 a.m., Palm Sunday Service  
April 14, 7:00 p.m., Good Friday Service  
April 16, 8:30 a.m., 9:45 a.m., Easter Light Breakfast  
April 16, 10:00 a.m., Easter Celebration Service

**CASHMERE****Cashmere Baptist Church**

103 Aplets Way, 509-782-2869  
Bob Bauer, Pastor  
April 16, 10 a.m., Easter Worship service followed by a church wide Easter brunch and Easter egg hunt for the kids

**Cashmere Presbyterian Church**

303 Maple Street, 509-782-2431  
Charles Clarke, Pastor  
April 16, 9:00 a.m., Easter Breakfast at the church Fellowship Hall, all are welcome.  
April 16, 9:15 to 10:15 a.m., we decorate and beautify a Flower Cross near the church entrance  
April 16, 10:30 a.m., Easter Worship Service  
April 16, Noon, refreshments on the lawn and Easter Egg Hunt for the children

**Cashmere United Methodist Church**

213 S. Division, 509-782-3811  
Lilia Felicitas-Malana, Pastor  
April 9, 10 a.m., Palm Sunday Service  
April 14, 7:00 p.m., Good Friday Service at the Cashmere Presbyterian Church.  
April 16, 6:30 a.m., Easter Sunrise Service, at 6600 Flowery Divide in Cashmere.  
April 16, 10:00 a.m., Easter Worship Service, 11:00 a.m., at Cashmere United Methodist Church;  
Egg Hunt, 11 a.m. after worship service

**Christ Center**

206 Vine Street, 782-2825  
Andy Robinson, Associate Pastor, Children  
Steve Haney, Associate Pastor, Youth  
April 16, 10:00 a.m., Please join Christ

Center for a special Resurrection, Easter Sunday at the Sanctuary at Apple Annes. The service will include a special drama/dance, worship and a message of hope centered around the resurrection of Jesus Christ. For more information check out our website christcentercashmere.com or call our office at 509-782-2825.

**Evergreen Baptist Church**

5837 Evergreen Drive, 509-782-1662  
John Smith, Pastor  
April 14, 6:30 p.m., Good Friday service (Music, Scripture reading, Communion)  
April 16, 7:30 a.m., Easter Sunrise Service with Easter Breakfast after  
April 16, 9:45 a.m., Sunday School  
April 16 - 11:00 a.m., Resurrection Day Celebration

**Grace Lutheran Church**

Vine and Elberta Streets  
Office: 782-3583, cell: 860-0736  
Rob Gohl, Pastor  
April 9, 10:30 a.m., Passion Palm Sunday service with Holy Communion  
April 13, 6:00 p.m., Holy communion, Maundy Thursday followed by Stripping of the altar, combined service with St. James Episcopal.  
April 14, Noon, Good Friday service  
April 16, 10:30 a.m.; Easter service with Holy Communion.

**Our Lady of the Assumption**

(St. Francis Xavier)  
300 S. Division, Office: 509-548-5119, Rectory: 509-782-2643  
Fr. Miguel Gonzales  
Bilingual Stations of the Cross, every Friday, 6:30 p.m., Cashmere.  
April 9, 12:30 a.m., Blessing of palms at the back of Cashmere church  
6:30 p.m., Bilingual Mass and Washing of the Feet.  
7:30 p.m.-10:00 p.m., Adoration in Silence.  
Mass at 9:30 a.m. at the Convalescent Center is cancelled.

**St. James Episcopal Church**

222 Cottage Ave., Cashmere  
Office: 782-1590, Cell: 860-0736  
Rob Gohl, Pastor and Carol Forhan, Deacon  
April 9, 9:00 a.m., Passion Palm Sunday with Holy Communion. Blessing and procession of palms, starting in the Guild Hall  
April 13, 6:00 p.m., Maundy Thursday, combined service at Grace Lutheran, followed by Stripping of the Altar  
April 14, 7:00 p.m., Good Friday service  
April 16, 9:00 a.m., Easter service with Holy Communion and music

# UPPER VALLEY CHURCH GUIDE

New to our area? On vacation?  
These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

**CASHMERE****CASHMERE BAPTIST CHURCH**

509-782-2869 • 103 Aplets Way  
Sunday School 10:00 a.m. - Worship 11 a.m.  
Bible Study, Wed., 7 p.m.  
Bob Bauer, Pastor  
www.cashmerebaptistchurch.com

**CASHMERE PRESBYTERIAN CHURCH**

303 Maple Street • 782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Charles Clarke, Pastor  
Website: www.CashmerePres.org

**CASHMERE UNITED METHODIST CHURCH**

213 S. Division • 782-3811  
Worship and Sunday school at 10 a.m.  
Office Hours: Monday-Thursday  
from 10:00 am - 1:00 p.m.  
Rev. Lilia Felicitas-Malana, Pastor

**CHRIST CENTER**

Worship Celebration & Sunday School 10 A.M.  
Meeting at The Conservatory behind Apple Annie's  
Underground Youth Group, Sundays, 6 P.M. - 206 Vine  
Junior High, Wednesdays, 7 P.M. - 206 Vine  
Steve Haney, Pastor  
Andy Robinson, Pastor  
christcentercashmere.org (509)782-2825

**EVERGREEN BAPTIST CHURCH**

5837 Evergreen Drive, 782-1662  
Sunday School - 9:45 a.m.  
Morning Worship - 11 a.m.  
Evening Service - 6:00 p.m.  
christforcashmere.org • John Smith, Pastor

**GRACE LUTHERAN CHURCH**

Vine & Elberta Streets • (509) 680-0736  
Worship 10:30 a.m.  
Rev. Robert Gohl, Pastor

**CASHMERE****ST. JAMES EPISCOPAL CHURCH**

222 Cottage Ave. • 782-1590  
Holy Eucharist 9 a.m.  
Rev. Carol Forhan, Deacon  
Rev. Rob Gohl, Vicar - Cell 860-0736

**Our Lady of the Assumption**

300 S. Division • Office: 548-5119  
Rectory: 782-2643  
Sunday Mass: 8:30 a.m.  
Spanish Mass: 12:30 p.m.  
Daily Mass Wednesday: 5:30 p.m.  
Friday: 9:30 a.m. Mass Convalescent Center  
Fr. Miguel Gonzales

**DRYDEN****DRYDEN COMMUNITY CHURCH**

Hwy 2 at Dryden Ave. • 782-2935  
Sunday School 9:30 a.m. • Worship 10:45 a.m.  
Matthew Payne, Pastor • 782-2935

**MID-VALLEY BAPTIST CHURCH**

8345 Stine Hill Rd. Dryden, WA 98821. 782.2616  
Worship Service, 10 am, Sunday School, 9 am  
Travis Connick  
www.midvalleybaptist.org

**LEAVENWORTH****CASCADE MOUNTAIN BIBLE CHURCH**

'Where God's Word Remains The Pillar Of Truth'  
11025 Chumstick Hwy. • 548-4331  
Sunday School 9:00 a.m.  
Sunday Worship 10:30 a.m.  
Weekly Bible Studies  
AWANA (Youth Program)  
Wed. 6:30 p.m. (school year)  
Todd James, Pastor • www.cmbiblechurch.org

**COMMUNITY UNITED METHODIST**

418 Evans Street - 548-5619  
Worship and Sunday school for children at 10 am. Nursery provided.  
Rev. Denise Roberts, Pastor  
www.leavenworthumc.org

**LEAVENWORTH****CORNERSTONE BIBLE CHURCH**

Leavenworth Grange Hall • 621 Front St.  
548-0748 • Sunday Worship 10 a.m.  
Weekly Bible Study/Fellowship Groups  
Monday & Wednesday 6:30 p.m

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**

10170 Titus Rd. (across from middle school)  
Meetings: Sunday - 10:00 am  
Church: 509 548-7667  
For any other information: 509 868-2620

**FAITH LUTHERAN CHURCH**

224 Benton Street  
Worship 9:30 a.m. w/coffee following  
Web: www.faithleavenworth.org  
Reconciling Works Congregation

**FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC**

429 Evans Street • (509) 290-0686  
Sunday School 9:45 a.m. • Worship 11 a.m.  
Michael Brownell, Pastor  
email:mkb3123@gmail.com

**LEAVENWORTH CHURCH OF THE NAZARENE**

111 Ski Hill Drive • 548-5292  
Sunday Worship 8:45 a.m. & 10:30 a.m.  
Lead Pastor: Andy Dayton, Pastor  
Pastor of worship & Youth: Associate: Brian Shubert  
Pastor to Children & Families - Becky Goodman  
www.lcn.org

**Our Lady of the Assumption**

145 Wheeler Street  
Daily Mass • Tuesday & Thursday 8:30 a.m.  
Saturday Vigil 5 p.m. • Sunday Mass - 10:30 a.m.  
Spanish Mass - Saturday, 7 p.m.  
Parish Office - 548-5119 • Fr. Miguel Gonzales

**LEAVENWORTH****SEVENTH DAY ADVENTIST CHURCH**

10600 Ski Hill Drive • 548-4345  
Saturday Services  
Bible Study 9:30 a.m. • Worship 11 a.m.  
Fred Smith • 509-860-3997

**SPIRIT LIFE CENTER**

210 Benton Street • 548-7138  
Sunday Worship 10 a.m.,  
Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Russell Esparza, Pastor

**MONITOR****Monitor United Methodist Church**

3799 Fairview Canyon, (509) 782-2601  
Church Service & Sunday School 9:30am  
Pastor David Raines

**PESHASTIN****LIGHT IN THE VALLEY COMMUNITY CHURCH**

8455 Main Street • 548-7517  
Sunday Worship 10 a.m.  
John Romine, Pastor • www.lightinthevalley.org

**PESHASTIN ASSEMBLY OF GOD**

School and Lake St. Peshastin, WA. - 509.860.1088  
Sunday Worship Service 10:30 am  
Bible Adventures for Kids at 10 am sharp  
Pastor Vern & Linda Watterud

**PLAIN****PLAIN COMMUNITY CHURCH**

"Helping people connect with God and one another in caring community."  
Worship 10 a.m. • 12565 Chapel Dr. • 763-3621  
plaincommunitychurch.org  
Nursery (ages 1-3)  
Children's Church (ages 4-8)  
Pastor Jon Johnson

# School Sports

THE LEAVENWORTH  
**ECHO**

THE LEAVENWORTH ECHO • APRIL 5, 2017

UPPER VALLEY NEWS SINCE 1904

## Kodiak softball team earns solid wins over Wenatchee, Chelan, Okanogan

BY IAN DUNN  
EDITOR

It was a busy week for the Cascade Kodiak fastpitch softball team with games against Wenatchee, Chelan and Okanogan. The Kodiaks played Wenatchee High School on March 27 at Sterling Middle School.

It was a high scoring affair with the Kodiaks prevailing 14-13, thanks to a 6-run seventh inning. Cascade opened the scoring with a couple runs in the top of the first, thanks to four walks and an RBI single by Sarah Pickel.

Wenatchee took a 3-2 lead with three runs in the bottom of the first on a hit, error and three walks. Cascade would take a 5-3 lead with three runs in the top of the second on singles by Sarah Paulson and Olivia Stoddard and a double by Pickel.

The Panthers came right back with three runs in the bottom of the frame to tie up 6-5. Wenatchee scored again in the third to go up 7-5. Cascade cut the lead to 7-6 in the fourth on a Pickel home run.

Wenatchee would score single runs in the fourth and fifth to take an 9-6 lead. In the top of the sixth, the Kodiaks scored twice on a double by Truh Merriman and single by Stoddard, to cut the lead to 9-8.

The Panthers matched again with two runs in the bottom of the frame to go up 11-8. In the seventh inning, Cascade erupted for six runs to take a 14-11 lead. The Kodiak hit parade included Paulson, Merriman, Pickel, Kaitlyn Craig, Whitney Wilkes and Madeline Scheifelbien.

Wenatchee scored twice in the bottom of the seventh on three hits and an error, making the final 14-13. The tying and winning runs were on base when the final out was made. The Panther's Shenan Jackson, who had hit a double in the previous inning, sent a long fly ball to center.

Merriman made a game

saving, diving catch to end the game.

"This was a hard-fought game. We had to overcome some pitching and fielding mistakes today. We used everyone today. This was truly a total team effort. It was good to see some players in different positions and contribute to



Photo by Ian Dunn

Cascade first baseman, Sierra Bittle (7), is welcomed back by teammates after she hit a home run against Chelan. The Kodiaks beat the Goats 6-3.

the win," Cascade Head Coach Ken Krous said.

In the circle, Merriman pitched 2 innings, giving up 4 earned runs on 3 hits, 3 strikeouts and 5 walks. Analia Vasquez pitched 3 innings, giving up 1 earned run on 2 hits with 3 strikeouts and 3 walks. Sarah Paulson pitched 2 innings, giving up 1 earned run on 5 hits with 3 strikeouts and no walks.

Pickel had a big day, going 4-for-5 with a double, a home run and 5 RBIs. Merriman was 2-for-3 with 4 runs, a double and an RBI. Scheifelbien was 2-for-4 with 2 runs.

On March 28, Cascade hosted Chelan for their first home game of the season. It turned out to be a real pitching battle between Paulson and Chelan's Taylor Sams.

Chelan opened the scoring with a run in the top of the first on two Cascade errors. After a scoreless second inning, Cascade scored three runs in the bottom of the third to take a 3-1 lead. Merriman doubled, Vasquez had an RBI

and Sierra Bittle had a two-run homer.

In the top of the fourth, Chelan tied the game at 3-3, thanks to a Katie Gleasman home run, a walk and a single. In the bottom of the fifth, freshman standout Merriman hit homer to deep center to give the Kodiaks a 4-3 lead.



Photo by Ian Dunn

Cascade first baseman, Sierra Bittle (7), is welcomed back by teammates after she hit a home run against Chelan. The Kodiaks beat the Goats 6-3.

Cascade scored a couple insurance runs in the bottom of the sixth to go up 6-3. Andrea Sorensen walked and Schiefelbien singled, then Merriman had a 2-run double.

Paulson faced the bottom of the order in the seventh, and took care of the Goats 1-2-3 as the Kodiaks won 6-3.

"Paulson was excellent in the circle all game. She had 10 strikeouts and only gave up three hits and a walk. Paulson was able to keep the Goat hitters off balance most of the game. This was a well-played game by both teams," Krous said.

Paulson pitched 7 innings, giving up 2 earned runs on 3 hits with 10 strikeouts and 1 walk. Sams pitched 6 innings, giving up 6 earned runs on 10 hits with 2 walks.

Merriman had a big day at the plate, going 4-for-4 with 2 doubles, a home run and 3 RBIs. Schiefelbien was 2-for-3 with a run. Bittle was 1-for-3 with a home run and 2 RBIs.

Cascade completed a stellar week with a sweep at Okano-

gan on April 1. The Kodiaks erupted for four runs in the top of first in game one, thanks to two hits and three Bulldog errors. Cascade took a 6-0 lead in the second, thanks to a Merriman 2-run homer. It became a 7-0 lead in the third as another run came in on an error and single by Kaija Lovelady.

The Bulldogs cut the lead to 7-1 with a home run in the bottom of the third. Okanogan cut the lead to 7-5 with four runs the bottom of the fourth on five base hits. The Bulldogs tied the game at 7-7 in the bottom of the fifth. Cascade took the lead in the sixth thanks to a 2-run homer by Lovelady. The Kodiaks took a 10-7 lead with a run in the seventh on two more Bulldog errors.

"That was enough for Paulson who was dealing in the circle. Paulson closed the door with five of her 14 strikeouts in the sixth and seventh innings. We put pressure on their defense and kept the pressure on all game," Krous said.

Paulson pitched 7 innings, giving up 5 earned runs on 9 hits with 14 strikeouts and no walks. Lovelady went 2-for-4 with 2 runs, a home run and 3 RBIs. Pickel was 2-for-4 for a run, HR and 2 RBIs. Merriman was 1-for-4 with 2 runs, HR and 2 RBIs.

In the second game, Cascade scored a run in the top of first on singles by Lovelady and Pickel. Okanogan took 2-1 in the bottom of the first on a walk and three singles. Cascade tied the score 2-2 in the second on a double by Scheifelbien and walk by Lovelady. The Bulldogs took a 4-2 lead in the bottom of the second on four hits and two Kodiak errors.

Cascade took a 7-4 lead in the third on singles from Vasquez, Bittle, Sorensen and double by Merriman. Okanogan cut the lead to 7-5 with a run in the bottom of the frame. The Bulldogs cut the lead to 7-6 in the fourth on a home run.

The Bulldogs took a 10-7



Photo by Ian Dunn

Cascade's top pitcher, Sarah Paulson, fires a pitch to home plate against Chelan. The Kodiaks beat Wenatchee, Chelan and Okanogan last week.

lead in the fifth on five hits. It remained a 10-7 game into the seventh inning. The Kodiaks loaded the bases in the seventh. Singles by Paulson and Lovelady drove in two runs to cut the lead to 10-9.

A bases loaded walk to Merriman tied the game at 10-10. A Pickel groundout scored the go ahead run at 11-10. Paulson, who came on to pitch in the sixth, put down the Bulldogs in the seventh to preserve the sweep.

"Another nail biter but also a great character game. The girls never gave in and kept battling the entire game," Krous said

Vasquez pitched 2 innings, giving 3 earned runs on 7 hits with a walk and a strikeout. Merriman pitched 3 innings, giving up 5 earned runs on 7 hits with a strikeout and no walks. Paulson pitched 2 innings, giving up no runs, no hits, no walks with 3 strikeouts.

Lovelady was 3-for-5 with a run. Pickel was 1-for-4 with a run and 2 RBIs.

Cascade made up a rained out game at Ephrata on April 4. Results were not available before press time. On Friday, the Kodiaks host a double-header against Mount Baker.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.

## Cascade Scoreboard

CASCADE BOYS BASEBALL	
March 28	Chelan 4, Cascade 3
April 1	Okanogan 3, Cascade 2
April 1	Okanogan 11, Cascade 1
UPCOMING GAMES	
Fri, April 7	Meridian at Cascade, 1 p.m.
Sat, April 8	Blaine at Cascade, 11 a.m.
Tue, April 11	Cascade at Cashmere, 4:30 p.m.
CASCADE GIRLS SOFTBALL	
March 27	Cascade 14, Wenatchee 13
March 28	Cascade 6, Chelan 3
April 1	Cascade 10, Okanogan 7
April 1	Cascade 11, Okanogan 10
UPCOMING GAMES	
Fri, April 7	Mount Baker at Cascade (2) 1 p.m.
Tue, April 11	Cascade at Cashmere, 4:30 p.m.
Sat, April 15	Cascade at Chelan (2) 11 a.m.
CASCADE BOYS SOCCER	
March 28	Cascade 2, Cashmere 0
March 30	Cascade 0, Selah 0
April 1	Cascade 4, Brewster 1
UPCOMING GAMES	
Tue, April 11	Cascade at Omak, 4:30 p.m.
Thu, April 13	Cascade at Chelan, 4:30 p.m.
Sat, April 15	Prosser at Cascade, 1 p.m.
CASCADE TENNIS	
March 28	Boys- Chelan 4, Cascade 1 Girls- Chelan 4, Cascade 1
March 31	Boys- Connell, Cascade-N/A Girls- Connell, Cascade-N/A
April 1	Boys- Okanogan 3, Cascade 2 Girls- Okanogan 3, Cascade 2
UPCOMING MATCHES	
Tue, April 11	Cascade at Cashmere, 4 p.m.
Sat, April 15	Connell at Cascade, 11 a.m.
Tue, April 18	Cascade at Omak, 4:30 p.m.
CASCADE TRACK	
March 30	Cascade, Chelan, Entiat at Manson Boys- no team score Girls- no team score
March 31	Eastmont Invitational Boys- 9th Girls- 6th
UPCOMING MEETS	
Sat, April 15	Cashmere Invitational, noon
Wed, April 19	Cashmere, Bridgeport, UVCS at Cascade, 3:30 p.m.
Sat, April 22	Bellevue Invitational, 10 a.m.
CASCADE GOLF	
March 30	Cascade 373, Omak 396, Okanogan 441
UPCOMING MATCHES	
Tue, April 11	Chelan/Okanogan at Cascade, 2:30 p.m.
Thu, April 13	Cascade/Omak at Chelan, 2:30 p.m.
Wed, April 19	Gamble Sands Tournament, 11 a.m.

## Cascade soccer team off to fantastic start

BY IAN DUNN  
EDITOR

The Cascade Kodiak boys' soccer team, despite not practicing outside, has started the season undefeated at 6-0-2. Last week, the team played road games at Cashmere, Selah and Brewster.

Cascade played at Cashmere March 28. The game was originally scheduled as a home game, but it had to be changed, because the Cascade field was still not ready after the winter snowmelt.

As with most Cascade-

on the board with a goal. At 30 minutes, freshman sensation Arturo "Cholo" Avila scored from the right edge to put the Kodiaks up 2-0. Cascade collected four yellow cards in the game.

At 32 minutes, forward Jose Valdez received a red card, so the Kodiaks played a man down the rest of the game. Cashmere was only able to generate offense during this time. Cascade was still able to hang on for the win.

"It is usually a pretty physical game. Even before we started, we told them it would

guys to continue to do that," Sandoval said. "One thing we tell our guys, in order to dominate the game, we have to have the ball. That's been working fairly well. It was the not the prettiest game, but it was a W."

It was nice to get this game, he said, especially since they have not been able to practice outside.

"They are still working hard. Once we get a chance to be outside, we can improve our game," Sandoval said.

On March 30, Cascade played at Selah. The game

ended tied 0-0. Cascade Co-Head Coach Pete Spiegel said they were down a number of players due to injury, vacation, choir trip and red card suspension.

"As a result, players who often don't see much varsity action played a lot and responded well. Our defense played a smart game. Julian Alvarez and Alexis Tovar are working well together as our

center backs. Gauge Disher is also stepping up as a defensive force," Spiegel said. "We had opportunities to score vs Selah, but couldn't put anything away. It was the first game we didn't score in this year. I thought we played a decent match and that it was a fair result."

Last Saturday, Cascade played Brewster, always a talented team. Spiegel said it was good to have team captain Joseph Blake back from vacation and Jose Valdez back from red card suspension.

Brewster took a 1-0 lead in the seventh minute. Just five minutes later, Arturo Avila took advantage of a Brewster miscue and kicked the ball into the empty net. Just before half, Cholo struck again, lacing a rocket into the right corner from 18-yards out.

The freshman Avila leads the team in scoring. In the second half, Valdez found the back of the net as he got past defenders and the goaltender. Cascade led 3-1. The final goal was scored by Eduardo Camerena, his first varsity goal, a left-footed strike.

"Brian Sanchez and Joseph Blake controlled the middle of the field. Ricky Barragan played with poise and gave us great opportunities in dead ball situations. Now, we have spring break and a little break to get healthy," Spiegel said.

Next game for Cascade is April 11 at home against Omak.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



Photo by Ian Dunn  
Cascade sophomore forward Jose Valdez makes it toward the Bulldog goal. Valdez was red carded in the second half. The Kodiaks beat Cashmere 2-0.



Photo by Ian Dunn

Cascade freshman standout, Arturo "Cholo" Avila, in action versus Cashmere. Avila is the top scorer for the undefeated Kodiaks.

be a physical game between the two neighbor towns. We need to be ready," Cascade Co-Head Coach Jesus Sandoval Sandoval said Cascade basically dominated the game.

"Towards the end, when we lost our player, they started attacking a little more. We worked on distributing the ball side to side. The guys were doing that fairly well. We want to encourage the

ended tied 0-0. Cascade Co-Head Coach Pete Spiegel said they were down a number of players due to injury, vacation, choir trip and red card suspension.

"As a result, players who often don't see much varsity action played a lot and responded well. Our defense played a smart game. Julian Alvarez and Alexis Tovar are working well together as our

Cashmere games, it was very physical. Cascade was the obviously more talented team as they controlled play during the first half, despite not scoring. The game was 0-0 at the half.

Raul Mata got the Kodiaks

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## Track and Field team competes at Manson, Eastmont

By IAN DUNN  
EDITOR

On March 30, the Cascade Kodiak track and field team competed against Manson, Chelan and Entiat at Manson. For the girls, Emily Gaines won the 100 and was fourth in the 200. In the 400, Kascia Muscutt and Josie Brennan finished fourth and fifth.

Makenna Burpee was third in the 800. Sage Worden was second in the 1600. The 4x100 relay team of Lauren Richardson, Addie Astell, Emily Gaines and Ashley Parton won. The 4x200 team of Jose Brennan, Soli Brinkman, Kas-

cia Muscutt and Porter Stock won.

Cascade 4x400 team of Brennan, Burpee, Armstrong and Muscutt finished second. Gianna Pietoresi won the high jump. Parton won the long jump.

For the boys, Stephen Tveten won the 300 hurdles and finished second in the 100 hurdles. Jayden Disher and Teague Duncan finished second and third in the 400.

At the Eastmont Invitational on March 31, the girls finished sixth out of nine teams. The boys were ninth against mostly bigger schools.

For the girls, Erin Mullins

won the 1600 and was second in the 3200. The 4x100 relay team of Richardson, Gaines, Astell and Parton was fourth. That same team was second in the 4x200. Pietoresi was sixth in the high jump, fourth in pole vault and fifth in the long jump. Parton was third in the long jump.

For the boys, Disher was sixth in the high jump.

*No meet over spring break for the Kodiaks. They get back into action on April 15 at the Cashmere Invitational. Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.*

## Kodiaks drop league games to Chelan, Okanogan

By IAN DUNN  
EDITOR

It was a rough week for the young Cascade Kodiak baseball team. They lost home games to Chelan and Okanogan to fall to 2-3 in league and 3-4 overall.

On March 28, Cascade hosted Chelan, a team that always seems to give them trouble. Cascade opened with 1-0 lead in the first as Dillon Samuel scored on a steal of home. Chelan tied the score at 1-1 in the top of the fourth on a pair of singles.

The Kodiaks took a 2-1 lead in the bottom of the fourth as Mason Kelly walked, advanced to third on a Dane William's double, then scored on a groundout. Chelan tied the score 2-2 on a bases loaded hit by pitch.

The Goats took a 3-2 lead in the top of the sixth on three singles, a hit batter and a walk. Chelan went up 4-2 in the seventh on a pair of singles. Cascade opened the seventh with a Max Gilbert double and Conrad Hasse single.

Gilbert scored to cut the lead to 4-3 on a Hunter Reinhart ground out. With the tying run a second, Quinn Ashcraft grounded into a double play to end the game.

"Two young teams that are playing pretty well. We made one or two more mistakes than they did. That is for the entire ball game. We are making mistakes at the wrong time.



Photo by Ian Dunn  
Cascade sophomore southpaw hurler, Conrad Hasse, fires one to the plate against Okanogan. Hasse has emerged this season as a solid number two pitcher behind Max Gilbert.

We had opportunity to win it again. We put a ton of balls in play, but we couldn't string hits together," said Cascade Head Coach Mike Kelly.

Gilbert pitched 5 innings, giving 2 earned runs on 5 hits, with 7 strikeouts and 2 walks. Hasse pitched part of an inning, giving up 1 earned run and 2 walks. Reinhart pitched 2 innings, giving up 1 earned run on 4 hits.

Samuel was 2-for-3 with a run. Williams was 2-for-3 with an RBI. Gilbert was 1-for-3 with a run and RBI.

Last Saturday, Cascade hosted Okanogan for a double header. The first game was tremendous pitching duel between Cascade senior hurler, Max Gilbert and Bulldog freshman Connor Ashworth.

Gilbert got off to a shaky start, giving up a single and double as Okanogan led 1-0. From then on, Gilbert settled down and put away the Bulldogs. The game remained 1-0 into the sixth when Okanogan tripled with two outs and scored on a passed ball.

The Bulldogs took a 3-0 in the seventh on a pair of singles. In the seventh, Hasse walked and came around to score on a Reinhart single. Ben Sunitsch reached on error and scored on a Samuel single to cut the lead to 3-2.

Okanogan brought in Alex Nelson to pitch. He induced Kelly to groundout to end the game.

"The young Ashworth kid did a good job of throwing strikes. We're not hitting ball hard

right now. I think he throws a very hittable ball. I'm hoping we get the opportunity to improve and hit balls hard," Kelly said. "Max was really good. He made a mistake in the first inning, but outside of that, he shut it down. We played good defense, but we made some costly errors that allowed their runners to advance. We just couldn't recover from it."

Cascade had their chances with six runners left on base.

"I think we have a pretty darn good lineup. We have three seniors with some experience and have had success in the past. We just haven't hit our stride yet. I think we will. It's still early in the season. We'll find our groove offensively. The defensive miscues were rough," Kelly said.

Hasse pitched game two. Okanogan scored in the third with two outs and a single and triple, and scored again on a passed ball. The Bulldogs took a 3-0 lead in the fourth, against with two outs, on a walk and a single.

In the top of the fifth, Reinhart came onto pitch. He was roughed up for eight runs as Okanogan took an 11-0 lead. The game ended in the bottom of the fifth, due to the mercy rule.

"Conrad got into too many surplus counts, which extended him. He had to come out. Hunter came out and threw strikes. I don't know if it was the wind or sun, but we didn't have great outfield-infield fly ball communication," Kelly said. "Seemed like everything they hit in the air was finding a spot where we didn't have a guy. It got away from us."

Hasse pitched 4 innings, giving up 2 earned runs on 3 hits with 2 strikeouts and 1 walk. Reinhart pitched one inning, giving 3 earned runs on 7 hits with 1 walk.

Cascade played at Colton on April 4. Results were not available before press time. The Kodiaks host Meridian on Friday, Blaine on Saturday and then play at Cashmere on April 11. So a tough stretch of games in coming up. "We are a young team. I'm going to try make sure I keep that in perspective. We have three guys with any varsity experience. Outside of that, there's a bunch guys, without a full JV schedule, who did not play a bunch," Kelly said. "With the freshman we're playing, they are doing a really good job, but they don't have big time varsity experience. We're not pounding the ball yet with those young guys, but we will."

With a young team, Kelly said there are going to be some ups and downs.

"This season is going to be a mystery. We'll have super competitive one-run game, then we'll have an 11-0, five inning game. That's youth and inexperience. We're going to be good, whether it is this year or next year. I just hope, for the seniors, we can get things going this year. I hope we can play the best we can because they are three really great kids," Kelly said.

*Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.*



Photo by Ian Dunn  
Cascade second baseman Mason Kelly dives for the fly ball, narrowly missing a collision with centerfielder, Dillon Samuel, in action against Okanogan last Saturday in Peshastin.

## Cascade tennis team opens league play

By IAN DUNN  
EDITOR

It was a busy week for the Cascade Tennis team with matches against Chelan, Connell and Okanogan. On March 28, the Kodiaks opened the league schedule at Chelan. The girls were missing top players Taylor Kelly and Brooke McDevitt.

It factored in heavily as the girls lost 4-1. The lone win came from the number one doubles team of

Katie Schiefelbein and Dorothy Espinosa.

"Dorothy Espinosa filled in greatly during Brooke's absence and the duo beat Chelan's number 1 doubles team 6-0, 6-0. Another notable performance was by Freshman Kolby Hunt who played number 3 singles," said Joey Johanson, Cascade head coach.

Hunt played some amazing shots, Johanson said, even though she lost 6-1, 6-1.

"She has no ceiling when it comes to her potential. She ultimately lost, but that does not indicate the amount of improvement and hard work she has put in," Johanson said.

Number 2 doubles, Carmen

Herrera/Maritsa Guerrero, lost 6-4, 1-6, 0-6. Number one singles, Alexandra Barragan, lost 0-6, 0-6 and number 2 singles, Marie Dickinson, lost 0-6, 0-6.

The boys also lost 4-1.

"The number 1 and 2 doubles teams went up against some tough competition, but overall I was happy with their improvement because the Chelan boys have very strong doubles teams," Johanson said. "Emman Espinosa (#1 doubles) continues to get better everyday and is the definition of a hard working athlete. I give him tips or adjustments and soaks in like a sponge and practices changing his game."

Finn Johnson had a tough match at number one singles, but once he gets his serve going, Johanson feels he will be a tough competitor in the CTL.

The number 2 and 3 singles matches were both very close. The lone win for the boys was Sam Keziah at number 2 as he won 7-6 (8-6), 6-4.

"He had some amazing shots that Chelan couldn't even put a racket on and his serve continues to improve in accuracy and velocity," he said. "Hans Schlyer had a great match at

number 3 singles. He went into a tiebreaker in his first set, but lost. After that he lost his momentum, but still kept it close in the second set. Hans is another freshman who will be an essential part of the tennis program for Cascade in the next four years."

Johanson said, overall, he's very pleased with the program's improvement.

"As I watched each match, I noticed athletes making adjustments to get better. They stayed positive and focused more on improvement rather than a win or a loss. This year has been tough with the lack of facilities, but the kids who are playing are in it for the long haul and committed to building a successful tennis program at Cascade," he said.

Cascade played at Connell on March 31. Results were not available. Last Saturday, Cascade played at Okanogan. The boys and girls both lost 3-2. No matches for the Kodiaks over spring break. The team will be back in action on April 11 at Cashmere.

*Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.*



Photo by Zach Johnson  
Cascade's Kolby Hunt in action against Chelan.



Photo by Zach Johnson  
Cascade number one singles player, Finn Johnson, in action at Chelan.

## Cascade boys' golf team win league opener at Omak

By IAN DUNN  
EDITOR

The Cascade boys' golf team started league play with a match up north against Omak and Okanogan at the Okanogan Valley Golf Course on March 30. The golf course is a modified version of 18 holes. It is a nine hole course with two sets tees.

Cascade Head Coach Randy Alexander said the spring melt left a fairly good sized lake on the course with no relief in site. Three holes were unplayable, so they played six holes three times, which seemed to work fine. There were seven groups on those six holes, so it was quite busy with varsity and junior varsity golfers. Bryson Murdock led the boys with a season best 85. Tim Wells followed with an 87. Garrett Helseth was right behind with an 89. Stefan

Zuckriegel shot 112.

"Bryson has been working on his game all spring and that is paying off. He is becoming a solid golfer. Garrett shot a 38 on the back nine which is real good, tied for low score on that nine for the day," Alexander said.

As a team, Cascade shot 373, Omak 396 and Okanogan 441. Maddie Hontou was medalist on the girls' side for the second time this season with a season best 107. Jacelyn Bain was right behind with a 112.

"I really appreciate these two girls for they have worked their way up to being a couple of the best golfers in the league. We have talked and have moved the bar of expectations up on them. I know they will continue to improve and with the idea of being the best they can be at the end of the season," Alexander said.

Alexander said he is seeing

a lot of improvement from the freshman girls, Emma Halseth, Victoria Driscoll, Natalie Craig, Anna Russell and Alexa Rodgers.

"I have talked with them all and Ken (Bauman, assistant coach) and I are going to consider moving some of them up and getting them some varsity playing time. Some of the girls are progressing ahead of schedule. Our goal is to have enough girls to score (4 total), at the end of the season, to qualify for the girls' league team championship," Alexander said.

Alexander said things will improve greatly once they are able to get out on the home course and practice each day. Next match is after spring break, on April 11, Cascade/Okanogan at Chelan.

*Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.*

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# Neighbors



## Gladys Beatrice Parsons

Gladys Beatrice Parsons, 105, passed away on Saturday, March 25, 2017 at McKay Health-care in Soap Lake, Washington. She was born to Cyrus and Hattie Holder in Lake Chelan on June 9, 1911. The family moved to Lake Stevens where she grew up and graduated from High School. During high school she met Carl Parsons after he moved over from Minnesota and went to her church. It was love at first sight. The two wanted to be married right away, and her mom told her "you will be turning 18 soon, so we will see". Gladys had thoughts of her own and on her 18th birthday Carl and Gladys were married.

Gladys enjoyed free hand painting, oil painting, and singing in choir. She was a professional seamstress and sewed wedding dresses for her daughter-in-law and two daughters. Gladys and Carl helped found the church at Manson, and she has always been part of a

church. Usually, a nondenominational, Baptist, or Nazarene. For their 70th wedding anniversary, the happy couple was able to travel back to Branson, Missouri.

Gladys is survived by her son David (Judy) Parsons of Almira, Washington; three kids she helped raise like her own; Bill Asplund of Wenatchee and Kenny Asplund of Alaska and Joyce Noyce of Wenatchee; three grandchildren D'Jean Martin of California, Teresa Repp of Ephrata and Carla Johnson of Federal Way; 11 great-grandchildren with 1 on the way. She was preceded in death by her husband Carl Clifford Parsons, her sons Gerald Clifford Parsons, Carl Wayne Parsons, and John Wayne Parsons, her daughter Judith Faye Parsons and Buddy Asplund who she helped raised like one of her own.

Arrangements are under the care of Nicoles Funeral Home of Ephrata, Washington.

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Sat. April 8 - 11 a.m.	Beaver Valley Lodge, 18630 Beaver Valley Road, Plain
Tues. April 11 - 6:30 p.m.	Pybus Public Market (south end of the building), 3 North Worthen Street
Wed. April 12 - 6:30 p.m.	Leavenworth Fire Hall, 228 Chumstick Highway, Leavenworth
Thurs. April 13 - 6:30 p.m.	Chelan Chamber of Commerce Building, 216 East Woodin Avenue

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# Community Voices

## Difficult issues require serious debate

A few individuals wrote to me this week threatening to cancel their subscriptions because we had an advertisement in the newspaper opposing Planned Parenthood. One writer said she did not want this kind of "political propaganda" in her local newspaper.

There are a couple of serious issues here. First, advertisements are what pay for the newspaper. Subscription revenue would never be enough to pay for the cost of publishing a newspaper. So, the economic reality is without advertising revenue the price of the newspaper would be prohibitively high.

Second, paid subscribers are what drive advertising rates. The more paid subscribers the more advertisers are willing to pay for their advertising. In other words, the more that advertisers are willing to pay for an ad the lower the subscription rate.

It's a symbiotic relationship that is somewhat akin to dancing with a cobra.

Third, newspapers are not vouching for an advertiser when they run an ad. It is up to the consumer to decide if the advertiser's message is true or "propaganda."

Finally, it is important to recognize that our founding fathers recognized the importance of a free and unfettered press. It is a core American principle that our democracy cannot be sustained without an open and sometimes difficult exchange of conflicting ideas.

Even as the publisher of a small local newspaper, I take the challenge of being a forum for public discourse seriously. Many of my lo-



**IN MY  
OPINION**  
Bill Forhan  
Publisher

cal critics have challenged me over the years because of my clearly conservative views.

That said, I have never denied those with a more liberal or progressive point of view their opportunity to express their contrary viewpoint. In the early days, I often took the opportunity to respond to letters submitted by readers thinking that might add to the debate. I soon found out, however, that most letter writers did not want a debate. They simply want to register their opinion on an issue.

The bottom line here is that the "anti-Planned Parenthood" group was willing to pay for the opportunity to express their opinion. The "pro-Planned Parenthood" folks have the

same opportunity.

This newspaper does not endorse either view. What we do believe is issues of a public nature require a forum for open expression. Historically this forum has been our free press. You might not always like what you read in the pages of your local newspaper but real democracy requires all citizens to keep informed of the issues confronting us.

Our country is clearly at a crossroads. Making the choice of which way our country should go requires open and honest discussion of the differences that keep us apart. Choosing to ignore those we disagree with because their opinion offends us is not going to insure we ultimately choose the right road.

Bill Forhan can be reached at 509-548-5286 or [publisher@leavenworthecho.com](mailto:publisher@leavenworthecho.com).

## U.S. Running out of places to borrow

By ANTONY DAVIES AND JAMES R. HARRIGAN

As the federal debt has gone from astounding to unbelievable to incomprehensible, a new problem has emerged: The US government is actually running out of places to borrow.

The \$20 trillion debt is already twice the annual revenues collected by all the world's governments combined. Including unfunded liabilities, though, which include promised Social Security, Medicare, and government pension payments that Washington will not have the money to pay, the federal government actually owes somewhere between \$100 trillion and \$200 trillion. The numbers are so ridiculously large that even the uncertainty in the figures exceeds the annual economic output of the entire planet.

Since 2000, the federal debt has grown at an average annual rate of 8.2 percent, doubling from \$10 trillion to \$20 trillion in the past eight years alone. Who loaned the government this money? Four groups: foreigners, Americans, the Federal Reserve, and government trust funds. But over the past decade, three of these groups have cut back significantly on their lending.

Foreign investors have slowed the growth in

their lending from over 20 percent per year in the early 2000s to less than 3 percent per year today. Excluding the Great Recession years, American investors have been cutting back on how much they lend the federal government by an average of 2 percent each year. Social Security, though, presents an even bigger problem. The federal government borrowed all the Social Security surpluses of the past 80 years. But starting this year, and continuing either forever or until Congress overhauls the program (which may be the same thing), Social Security will only generate deficits. Not only is the government no longer able to borrow from Social Security, it will have to start paying back what it owes - assuming the government plans on making good on its obligations.

With federal borrowing growing at more than 6 percent per year, with foreign and American investors becoming more reluctant to lend, and with the Social Security trust fund drying up, the Fed is the only game left in town. Since 2001, the Fed has increased its lending to the federal government by over 11 percent each year, on average. Expect that trend to continue.

For decades, often in word but always in deed, politicians have told voters that government debt didn't matter. We, and many econo-

mists, disagree. Yet even if the politicians were right, the absence of available creditors would be an insurmountable problem - were it not for the Federal Reserve. But when the Federal Reserve acts as the lender of last resort, unpleasant realities follow. Because, as everyone should be keenly aware, the Fed simply prints the money it loans.

A Fed loan devalues every dollar already in circulation, from those in people's savings accounts to those in their pockets. The result is inflation, which is, in essence, a tax on frugal savers to fund a spendthrift government.

Since the end of World War II, inflation in the US has averaged less than 4 percent per year. When the Fed starts printing money in earnest because the government can't obtain loans elsewhere, inflation will rise dramatically. How far is difficult to say, but we have some recent examples of countries that tried to finance runaway government spending by printing money. From 1975 to 1990, the Greek people suffered 15 percent annual inflation as their government printed money to finance stimulus spending. Following the breakup of the Soviet Union in the 1990s, Russia printed money to keep its government running. The result was five years over which inflation

averaged 750 percent. Today, Venezuela's government prints money to pay its bills, causing 200 percent inflation which the International Monetary Fund expects to skyrocket to 1,600 percent this year.

For nearly a century, politicians have treated deficit spending as a magic wand. In a recession? We need jobs, so government must spend more money! In an expansion? There's more tax revenue, so government can spend more money! Always and everywhere, politicians argued only about how much to increase spending, never whether to increase spending. A century of this has left us with a debt so large that it dwarfs the annual economic output of the planet. And now we are coming to the point at which there will be no one left from whom to borrow. When creditors finally disappear completely, all that will remain is a reckoning.

Antony Davies is associate professor of economics at Duquesne University. James R. Harrigan is senior research fellow at Strata in Logan, Utah.

This article first appeared in *Inside Sources*.

## Letters to the editor

### Health care question

The Swamp is a cute name for, I'm not sure what, but I like the visual it generates about Washington D.C. However, let's get to the point, first, Obamacare is nothing more than RomneyCare gone Federal. Second, at a minimum, the GOP has had from 2010-2017, adequate time to draft a healthcare bill that would deflate and repeal and replace the current ACA, one would think.

The House of Representatives failed in that effort.

The current failure does not suggest that no work has been done by some segment of the GOP to offer a package. What's missing in all the noise is the fundamental difference between the GOP's sides.

That important difference can be simply explained, were one to examine the details and exempt the political party nonsense that covers things.

If I may, here is the major difference: 1. Romney Care is a state program. 2. Obama Care is a Federal Government program, a law that requires all 50 states to comply.

The GOP is currently (and perhaps for the past 10 to 12 yrs) in the mess of trying to decide who leads the party: a. the State's Rights purists, or 2. the Federalists who would not have joined the fight in 1864 against Slavery Ownership Rights by individual states.

Like it or not, this is the fundamental question about healthcare: is healthcare a Federal Govt. supported/provided benefit of citizenry, or is it a service provided or not by each State's opinion in the legislative offices?

As I read your tripe (and yes, that is a throw-away fish), I see you too fail to come to grips with this point. So, let me ask you directly: Bill do you favor a federal or a state level of law in the matter of health care for all Americans? Both sides are legitimate Constitutionally, and both sides have value as well as flaws...there is no perfect solution for issues of such magnitude.

I mean no insult or injury when I ask the question; neither do I intend to open up a different debate. All I'm

looking for here is an honest answer. Do you support: A. State's rights for providing healthcare support/insurance, or B. Federal govt. rights to provide healthcare to the citizens of the nation?

Before you ask: I favor, strongly, a single payer, federal system that trumps (no pun intended) all private insurance claims, just to keep you on target to answering my question.

In the federal sense, it is this question nationally that must be answered and it too should be decided whether the nation needs a Romney solution, aka State decided, or an Obama solution, a national solution from the federal government.

If you're interested, I too favor the replacement of Obamacare; I want a single-payer, Federal insurance program for all citizens in all 50 states. I'm confident that were President Lincoln alive in today's health insurance market he too, as an ardent member of the old GOP would take my side in this debate.

Where do you stand? And by the way, if your view is the other side of the debate...that's terrific. Now we have a substantive debate issue, without name-calling and ranting. What's required is for the house and the senate to also come to grips with the basic question and hammer out a solution that makes the majority happy. Isn't that what our government is all about? The majority decides? And, the majority should be the voters, not the insurance companies, the pharma giants, etc. It should be the registered citizen voters, not the dollars of others.

Alex Saliby  
Leavenworth

**Publisher's response:** Short answer - I want a free market solution with minimal involvement from the government. Competition and ingenuity will produce better results than a one size fits all government mandate whether that is mandated by the states or the federal is irrelevant.

### Dear Citizens of the Chelan Valley

I am writing to ask for your support on the upcoming hospital bond on April 25th. Eight years ago, my family and I had the fortunate opportunity to move to beautiful Lake Chelan.

During my career search, we interviewed with several other rural communities throughout the Northwest. Unfortunately, many of these towns were struggling to survive. We were ecstatic to find a community such as Chelan that was growing and investing in its future.

During my training, I have had the opportunity to work in many different hospital facilities. These range from 10 bed acute care rural hospitals in Colorado and Nebraska to level 1 trauma centers in Seattle. Throughout my time at LCCH, I have become aware of the current facility's shortcomings.

Our current building lacks the space, privacy and infrastructure necessary to care for patients appropriately. The quality of care we are able to provide is truly being limited by our current facility. An embarrassing example of this is that during a cold spell this winter, we were literally unable to run the operating room equipment and heat the facility at the same time. Patients sat shivering in the preoperative area just hoping that we would not cancel their scheduled surgeries while staff members ran about the building turning off unneeded equipment.

It is grossly apparent that something needs to be done and soon. A lot of time, money, community input, and effort by the commissioners and administrators have gone into developing an action plan. After reviewing the studies, it appears that building a new facility rather than remodeling and expanding the current one would be the most cost effective approach.

There is no doubt that our current facility has served us well for many years. However, our community is growing and its needs are changing.

I encourage everyone to research the facts and attend an upcoming public forum. Additional information is available at [LakeChelanHospital.com](http://LakeChelanHospital.com) under the facility reports tab. Please help invest in the future of our community and its healthcare needs by voting yes on April 25th.

Sincerely,  
Tobe Harberd, MD

### Ad offensive

I am a lifelong resident of Leavenworth who buys the echo almost every week. I am emailing today to let you know of my displeasure of the anti Planned Parenthood advertisements in your newspaper.

They do not belong in there. There is a difference between advertising a business or a person running for local office, and political propaganda. To be fair, I would not want to see advertising for the "other side" as well. It does not belong in our paper.

I love and appreciate being able to have a paper for a town as small as ours. But if this continues, me, and many others like myself, are going to have to purchase our newspapers from other sources.

Respectfully,  
Karlee Eriksen  
Leavenworth

### Still waiting on meeting with Newhouse

After several months of repeated phone calls to Representative Newhouse's staff, I finally received confirmation that he will be scheduling a constituent meeting during the April in-district work session (sometime between April 10th and April 21st). This meeting will likely take place in Yakima, but all from the 4th district who want their voice heard by Newhouse should plan to attend! Meeting directly with our elected officials is the most effective way to make our voices heard and our beliefs represented in our democratic government.

Unfortunately, we have yet to receive specifics on the exact date, time, and location the constituent meeting will take place. For those of us who will have a long day of travel for the event, this is quite frustrating. In the professional world, a meeting such as this would be scheduled months in advance and advertised widely. For such an important component of democracy, I would expect our representatives to extend us the same courtesy. Representative Newhouse, please publish the time, date, and location of your April constituent meeting as soon as possible!

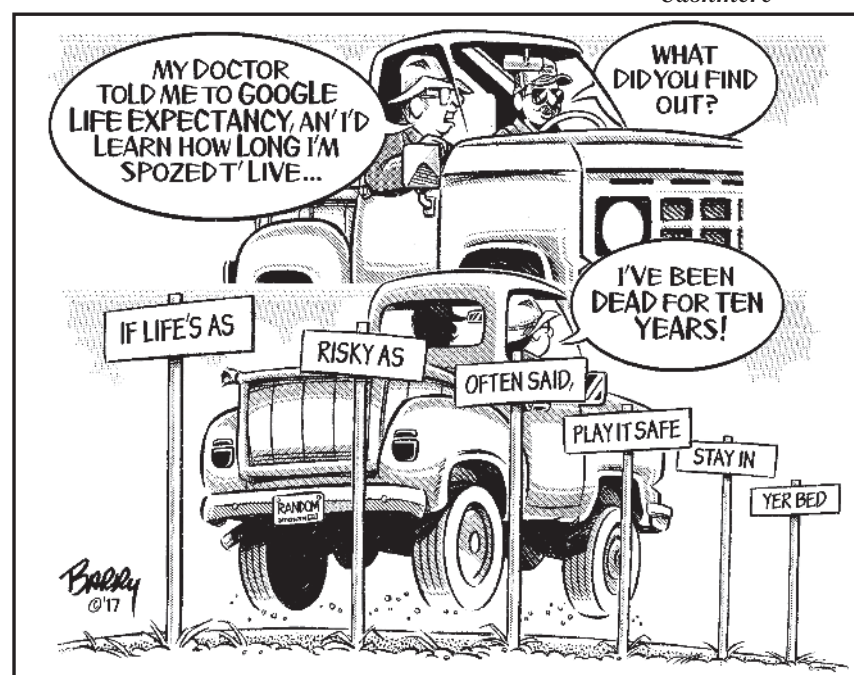
Brad Halm  
Winthrop, WA

### Proud to live in Cashmere

This is a big thank you to the Cashmere Chamber of Commerce for hosting their annual Auction & Recognition night. Jack Pusel & Tom Green were honored as citizens of the year for their contributions of getting the Spirit of America 9-11 Memorial brought to Cashmere. Lots of people & businesses contributed to the project but it wouldn't have happened without Jack & Tom. If you haven't been to Cashmere to see it, please do. The Cashmere American Legion's war memorial is also right there. We are so proud to have this beautiful memorial here in Cashmere.

Sure To Rise Bakery was also honored as the Cashmere business of the year. Everyone who grew up in Cashmere has fond memories of certain things that were favorites at the bakery. I have a girlfriend who now lives in Seattle but when she comes over, we have to take her to the bakery to get her favorite cookie that she remembers from her childhood here in Cashmere.

Thank You "Sure To Rise Bakery"; Thank You "Jack Pusel & Tom Green"; and Thank You "Cashmere Chamber of Commerce" for a wonderful evening. I am so proud to live in Cashmere.  
Linda Gray Ingraham  
Cashmere



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All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

**HELP WANTED**



**Mountain Meadows Senior Living Campus has immediate opening for the following full-time benefitted position:**

**Experienced Cook**  
32 - 40 hours/ week. Will be scheduled on both weekdays and some weekends. Scratch home style cooking experience in a moderately fast paced environment preferred. Wages DOE.

**This position requires a food handlers card, background check and job references. Hired applicant will receive paid time off, holiday pay, and can participate in an excellent insurance package. If interested, apply at 320 Park Ave., Leavenworth, WA.**

Lake Chelan School District is seeking applicants for the following positions:

- 2 HS Spanish Teachers
- HS ASB Advisor
- Grounds/ Maintenance
- Assistant Coaches
- Substitute Bus Drivers

Detailed job postings and online application process are available at: [www.chelanschools.org](http://www.chelanschools.org)  
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Deadline Tuesday at noon  
**Quad City Herald**  
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**Breakfast/ Catering Staff**

**Enzian Inn** in Leavenworth is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Part-time position requiring some weekends. Apply in person at 590 Hwy 2, Leavenworth.

**CHELAN SHELL FOODMART**

is now hiring for sales clerk positions. Must be 21 or over and available to work nights and weekends. Applications available at 301 E. Woodin Ave., Chelan.

Leavenworth, **Live In Caregiver** needed for elderly male, minimal duties. Mainly Tuesday thru Friday, A.M. and P.M. No pets, no smoking. 509-860-3432.

**HELP WANTED**



**Highly Capable Program - Programa de Alta capacidad**

20 de marzo, 2017

El Distrito Escolar de Cascade está comprometido a identificar y proveer para las necesidades educacionales únicas de todos los estudiantes. En este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera amplia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el programa, highly capable program- (Programa de alta capacidad), será basado en exámenes y evaluaciones con el permiso de los padres/ tutores legales.

La definición del estudiante de alta capacidad significa que: Trabajan o demuestra el potencial para funcionar a niveles académicos significativamente avanzados, cuando se le compara a otros de su misma edad, mismas experiencias o de los mismos ambientes.

(1) La capacidad de aprender con la profundidad rara de entendimiento, retener lo que se ha aprendido, y transferir el aprendizaje a nuevas situaciones;

(2) La capacidad y la voluntad de tratar con niveles cada vez mayor de abstracción y complejidad más temprano que sus compañeros de la misma edad cronológica;

(3) La creativa de hacer conexiones inusuales con las ideas y conceptos;

(4) La capacidad de aprender rápidamente en su(s) área(s) de fortaleza/ destreza intelectual; y

(5) La capacidad para la concentración y/o enfoque intenso.

Las formas para hacer una nominación se pueden obtener por la página de web del Distrito Escolar de Cascade [www.CascadeSD.org](http://www.CascadeSD.org) se encuentran bajo la pestaña del Programs y Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Icicle River para el **19 de abril, 2017, por correo electrónico (mjanski@cascadesd.org) o por correo; 10195 Titus Rd., Leavenworth, WA 98826.**

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**Caregiver**

A kind, nurturing person with good listening skills is needed, for our 'float pool'. This is a part-time, on-call position. We will train and assist with credentialing as a Home Care Aid. Please apply in person at Heritage Heights, 505 East Highland Ave., Chelan, 509-682-1998.



**Hiring an Accounting Coordinator**

**Stevens Pass Mountain Resort** is hiring for full-time Accounting Coordinator. This position is full-time, benefitted and year round. This position is responsible for thoroughly reviewing retail invoices to ensure that they are in accordance with contracts, purchase orders, work orders and packing slips. They also ensure that retail invoices are paid timely and correctly, maintain files for each Capital Maintenance Project and regularly report on them to senior management. Associate degree; or equivalent from a two-year college or technical school; or 3 years or more related experience and/ or training; or equivalent combination of education and experience. To apply, please go to: [www.stevenspass.com/jobs](http://www.stevenspass.com/jobs)

CHELAN Transfer Station Coordinator/ Backhoe Operator. The NCRR operator is responsible for attending to customers, managing incoming solid waste and maintaining a safe environment. Skills/ Qualifications: Excellent customer service skills, Experience with heavy equipment, Backhoe minimum, Keeping calm under stressful situations a must, Basic math skills working with payments and deposits, Available Tuesday - Saturday.

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**Highly Capable Program**

March 20, 2017

Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and/ or broadly, so that we can better provide an individualized educational service to each of our students. Students nominated through this process will be considered for enrollment in the district's highly capable program based upon screening and assessment with the permission of their parent/ guardian.

Definition of highly capable students means those students who: Perform or show potential for performing at significantly advanced academic levels when compared with others of their age, experiences, or environments.

(1) Capacity to learn with unusual depth of understanding, to retain what has been learned, and to transfer learning to new situations;

(2) Capacity and willingness to deal with increasing levels of abstraction and complexity earlier than their chronological peers;

(3) Creative ability to make unusual connections among ideas and concepts;

(4) Ability to learn quickly in their area(s) of intellectual strength; and

(5) Capacity for intense concentration and/ or focus.

Nomination forms can be obtained from the Cascade School District website ([www.cascadesd.org](http://www.cascadesd.org) under Programs and Highly Capable) and in school offices. In order to be considered for identification for the coming school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at Icicle River Middle School by **April 19, 2017 either by dropping them by the middle school, by email (mjanski@cascadesd.org) or by mail; 10195 Titus Rd., Leavenworth, WA 98826.**

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2013, 28 ft. Fifth Wheel Trailer. Like new condition. Three slide-outs, Two flat screen TV's, fireplace, queen bed, air mattress hide-a-bed, and outdoor Bar-B-Q. Priced to sell, \$19,500. 509-860-3419.

**PUBLIC NOTICES**

**CITY OF LEAVENWORTH**

On the 28th day of March, 2017, the City Council of the City of Leavenworth, Washington, passed the following resolution. A summary of the contents provides as follows:  
**Resolution 05-2017:**  
 A Resolution of the City of Leavenworth, Washington amending rates and fees.  
 A copy of the full text of the resolution are available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/ City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826.

Published in the Leavenworth Echo/ Cashmere Valley Record on April 5, 2017. #78285.

**GOT NEWS?**  
 FOR TIPS ON BREAKING STORIES, CALL US AT 782-3781

See the NCW Media websites for the latest local news

- leavenworthecho.com
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**PUBLIC NOTICES**

**NOTICE OF TRUSTEE'S SALE**

Pursuant to the Revised Code of Washington 61.24, et seq. TS No.: WA-16-750444-SW APN No.: 46847, 272330515426 Title Order No.: Order #: 140146537-WA-BCO Deed of Trust Grantor(s): KEVIN J KNAPPERT Deed of Trust Grantee(s): WASHINGTON MUTUAL SAVINGS BANK Deed of Trust Instrument/ Reference No.: xxx I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 5/5/2017, at 9:00:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: LOTS 1, 2, 3, AND 4, BLOCK 30, CHELAN FALLS, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS, PAGE 25, RECORDS OF SAID COUNTY, EXCEPT THAT PORTION, IF ANY, LYING WITHIN THE RIGHT OF WAY FOR STATE HIGHWAY. More commonly known as: 242 3RD ST, CHELAN FALLS, WA 98817 which is subject to that certain Deed of Trust dated 6/11/1993, recorded 6/16/1993, under Book 996, Page 260 and unrecorded loan modification dated 5/1/2015 records of CHELAN County, Washington, from KEVIN J KNAPPERT, UNMARRIED PERSON, as grantor(s), to TRANSAMERICA TILE INSURANCE COMPANY, as original trustee, to secure an obligation in favor of WASHINGTON MUTUAL SAVINGS BANK, as original beneficiary, the beneficial interest in which was subsequently assigned to Federal National Mortgage Association ("Fannie Mae"), a corporation organized and existing under the laws of the United States of America., the Beneficiary, under an assignment recorded under Auditors File Number 2405390 II. No action commenced by the Beneficiary of the Deed of Trust is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/ Mortgage. III. The default(s) for which this foreclosure is made is/ are as follows: Failure to pay when due the following amounts which are now in arrears: \$15,410.99 . IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$81,721.85, together with interest as provided in the Note from 8/1/2015 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 5/5/2017. The defaults referred to in Paragraph III must be cured by 4/24/2017 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 4/24/2017 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 4/24/2017 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/ or Deed of Trust, and curing all other defaults. VI. A

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written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 11/14/2016 . VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20 th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20 th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post\_purchase\_counselors\_foreclosure.htm . The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington: http://www.hud.gov/offices/hsg/sfh/hcc/tc/index.cfm?webListAction=search&searchstate=WA&filterSvc=dfc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: http://nwjustice.org/what-clear . Additional disclaimers provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the realholders rights against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE

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USED FOR THAT PURPOSE Dated: 12/20/2016 Quality Loan Service Corp. of Washington, as Trustee By: Maria Montana, Assistant Secretary Trustee's Mailing Address: Quality Loan Service Corp. of Washington C/O Quality Loan Service Corp. 411 Ivy Street, San Diego, CA 92101 (866) 645-7711 Trustee's Physical Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202 Seattle, WA 98104 (866) 925-0241 Sale Line: 800-280-2832 or Logi n to: http://wa.qualityloan.com Trustee Sale Number: WA-16-750444-SW IDSPub #0120186 4/5/2017 4/26/2017.

Published in the Leavenworth Echo/ Cashmere Valley Record on April 5 and 26, 2017. #77314.

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**NOTICE OF PUBLIC HEARING CITY OF LEAVENWORTH HEARING EXAMINER April 18, 2017 at 9:00 A.M.**

**NOTICE IS HEREBY GIVEN** that the City of Leavenworth Hearing Examiner will conduct a public hearing on **April 18, 2017 at 9:00 A.M.** in the Leavenworth City Hall Council Chambers at 700 Highway 2, Leavenworth, Washington, to consider the following:

**Conditional Use Permit:** The purpose of this hearing is to review and consider approval for Conditional Use Permit #2016-06 to allow for establishment of a Bed and Breakfast within the Residential Low Density 6,000 zoning district of the city. A Conditional Use Permit is required pursuant to Leavenworth Municipal Code (LMC) Chapters 18.20 and 18.52 for the proposed use of the property. The project site is located at 245 Center Street, Leavenworth, Washington. The Applicant seeks to rent a single room and/or suite, with the ability to add one additional suite in the future, subject to compliance with Code, within their residence for the purpose of transient accommodation (less than one month in duration). The Chelan County Assessors Tax Parcel Number is 241712508165.

The Hearing Examiner will: 1) take action at the public hearings; 2) close the public hearings; 3) establish a date and time that the public record closes; and/or 4) continue the public hearings to another date, time, and place. The Hearing Examiner will render a decision ten working days after the public record closes to approve, approve with revisions/conditions, or deny each proposal. Complete information, copies of the proposals and legal descriptions may be reviewed during normal business hours at Leavenworth City Hall, located at 700 Highway 2, Leavenworth, Washington. For further information please call Cary Siess, Planner, at (509) 548-5275. The public is invited to attend the public hearing and comment on all pertinent matters.

Published in the Leavenworth Echo/ Cashmere Valley Record on April 5, 2017. #78337.

**CITY OF CASHMERE NOTICE OF DEVELOPMENT APPLICATION SHORT PLAT-SP2017-02CA**

**Name of Applicant:** Keith Rankin  
**Application Number:** SP2017-02CA  
**Date of Application:** March 27, 2017  
**Date Notice of Application Issued:** Wednesday, April 5, 2017  
**Description of Proposal and Project Permits:** The applicant, Keith Rankin, is proposing a short subdivision to divide approximately 14,810 sq. ft. into two (2) lots. Lot "1" will be approximately 7,000 sq. ft. in size and Lot "2" will be approximately 7,810 sq. ft. in size. The property is located at 5770 Pioneer Ave, Cashmere, WA in Chelan County, Washington. The Chelan County Assessor's Parcel # is 23-19-05-240-400; Section 5, Township 23 North, Range 19 E.W.M.  
**Requested Approvals, Actions and/ or Required Studies:** Development, and the approval of a short subdivision.  
**Other Permits Not Included, To the Extent Known:** None  
**Existing Environmental Documents and Where They Can Be Reviewed:** Pursuant to Section 18.04.110 an environmental checklist was submitted with the application and a Determination of Non-significance (DNS) was issued for this proposal. Environmental Checklist and DNS is available for review at Cashmere City Hall, and the optional DNS process is being used pursuant to WAC 197-11-355.  
**Statement of Public Comment Period:** The 14-day comment period commences on Wednesday, April 5, 2017 and lasts through Wednesday, April 18, 2017. Any interested party has the right to comment on the proposal, request a copy of the decision once it is made, and may appeal the decision subject to the requirements of the CMC Title 14.11.010, Appeal of Administrative Interpretations and Approvals.  
**Statement of Preliminary Determination:** The development regulations that will be used for the project mitigation and to provide consistency with the type of land use for the proposed site are outlined in Titles 15, 16, 17 and 18.  
**Statement of Decision Time Line:** A decision on this application will be made within 120 days after issuance of the letter of completeness, pursuant to RCW 36.70B and the CMC Title 14 Development Code Administration.  
**City Contact Person:** For further information about this project, please contact Mark Botello, Director of Planning & Building, at City Hall, 101 Woodring Street, Cashmere, WA 98815, or by calling 782-3513.

Published in the Cashmere Valley Record/ Leavenworth Echo on April 5, 2017. #78286.

**REDUCE REUSE RECYCLE**

**SUDOKU PUZZLE**

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**CROSSWORD PUZZLE**

THEME: ALL ABOUT SPACE

ACROSS

1. What gridlock does  
 6. Portfolio acronym  
 9. Winglike  
 13. Ancient  
 14. The Godfather, e.g.  
 15. Exclude or omit  
 16. Distinctive spirit of a culture  
 17. #3 Down welcome  
 18. One with no permanent abode  
 19. \*Challenger or Atlantis  
 21. \*Type of shower  
 23. "He had"  
 24. Audition tape  
 25. "On the \_\_\_," as in a fugitive  
 28. A pout or grimace  
 30. Complete shadow, pl.  
 35. Mosque V.I.P.  
 39. Attention-getting sound  
 39. Plants and animals  
 40. \*Last man to walk on the moon  
 41. Colorado skiing destination  
 43. Like Roman god Janus  
 44. Temporary tattoo ink  
 46. Steak choice  
 47. Auction off  
 48. ER forerunner  
 50. Mischievous fairies  
 52. Foxlike  
 53. Hobbit-like offering  
 55. Hole in one  
 57. \*Hanks in "Apollo 13"  
 60. \*Space Coast state  
 64. Crew member  
 65. \*First to land man on the moon  
 67. Tree juice  
 68. Not odds  
 69. Failed Molotov cocktail  
 70. "Bravo! Bravo!"  
 71. One third of a three-piece suit  
 72. Between E and NE  
 73. Rosetta Stone, e.g.

DOWN

1. "\_\_\_ So Fine"  
 2. Reluctant  
 3. Pearl Harbor locale  
 4. Angry  
 5. \*Solar \_\_\_  
 6. Not in use  
 7. Wade's opponent  
 8. Japanese cartoon  
 9. Burn soother  
 10. Fancy ride  
 11. Month of Purim  
 12. "The \_\_\_ Planet"  
 15. Put six feet under  
 20. Parkinson's disease drug  
 22. Australia's flightless bird  
 24. State of les mis/Erables  
 25. \*\_\_\_-year  
 26. Independent African ruler  
 27. Edible biblical rain  
 29. \*Home to first man in space  
 31. Auction exclamations  
 32. Don Giovanni and such  
 33. The least bit  
 34. \*First American woman in space  
 36. Carte du jour  
 38. One of FDR's three  
 42. Himalayan country  
 45. Model Valletta and actress Tambylyn  
 49. Be indisposed  
 51. ESPN.com menu selection  
 54. Dodge  
 56. Not slouching  
 57. Cobain's love  
 58. Has a mortgage  
 59. Let out steam  
 60. Grow dim  
 61. Catalina, e.g.  
 62. Radio tuner  
 63. Initial stake  
 64. King's title, abbr.  
 66. \*Solar System center

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