

Two men in custody for shooting, beating in Dryden

By IAN DUNN
EDITOR

Two Wenatchee area men are in custody for an assault on a man in Dryden on Friday, Sept. 27. On that day, Chelan County Sheriff's deputies responded to a reported disturbance on Josephine Avenue in Dryden shortly before 2 p.m.

Someone there reported a man was beaten with a bat and shot in the leg. The victim and witness told deputies the assailants were Michael Hernandez, 34, of East Wenatchee and Modesto Gonzalez, 42, of Wenatchee.

Chelan County Chief Jason Reinfeld said the two men were in Dryden to commit the assault. It is not known why the men allegedly committed the assault.

"We're still following up the loose ends on that. There's still a lot of detective work. The two suspects are in custody, but there is a large amount of follow up on the incident," Reinfeld said.

It was too early to say if this was drug related. Reinfeld did say the victim did know Hernandez and Gonzalez. When the call first came in, it was thought the suspects were on foot. Unbeknownst to the deputies arriving, the pair had left in a vehicle prior.

For a time, U.S. Highway 2 was blocked and Cashmere schools were put in a lockdown.

"The trailer sits pretty close to the highway. For a few minutes, it was thought the suspect vehicle was still on scene and they might have been on foot. We closed off that section of the roadway for public safety," Reinfeld said. "Following up on leads, there was a residence in Cashmere we wanted to check, once we got a

suspect vehicle. We wanted to check to see if that one was there. We had the helicopter deployed at that point. It was close enough to the school that Cashmere was put on lockdown."

Reinfeld said they became aware Hernandez and Gonzalez had left the area after about 15 minutes or so. One more resident from the neighborhood told deputies they saw a vehicle leave. The pair left in a white Lexus.

The next day, Sept. 28, Chelan County Deputies and Detectives located the white Lexus abandoned in south Wenatchee. The car was seized by detectives. On Sept. 29, detectives and the Washington State Crime Lab Response Team executed a search warrant on the car. Results from that are still pending.

On Oct. 1, detectives learned of a possible location for Hernandez in the Palisades. After surveilling the residence, they saw Hernandez leave in a vehicle. A high risk vehicle stop was performed and Hernandez was taken into custody without incident. His car was also seized.

On Oct. 3, detectives discovered a possible location for Gonzalez in East Wenatchee. After some surveillance, they saw him leave in a vehicle. Another high risk stop was performed and he was taken into custody without incident.

Reinfeld said they were able to track down the men by checking locations where they could be.

"It was continual follow up and investigation. They were able to determine possible locations. Through surveillance, they saw them leave the residence," Reinfeld said.

The two men are known to law enforcement, he said. They have been charged with 1st degree burglary, 1st degree assault, unlawful

possession of a firearm and intimidating a witness.

The burglary charge, Reinfeld said, comes along with the assault, even though nothing was taken from the residence.

"The burglary is entering and remaining unlawfully in the residence with intent to commit a crime. The crime committed would be the assault. With burglary, it is not necessarily taking items from the house. When you assault and break into a house, you have the burglary

as well," Reinfeld said.

The fact there is an unlawful possession of a firearm charge, it means one or both of the men is a felon. As for intimidation of a witness, the two allegedly threatened a witness to the crime.

Both Gonzalez and Hernandez are being held in Chelan County Regional Justice Center in Wenatchee.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



The Cascade High School 2017 Homecoming Court was presented at halftime of the football game last Friday night in Peshastin. Queen is Andrea Sorensen. King in Quinn Ashcraft. Senior Princess is Rylee Jacobson. Senior Prince is Gerardo Oyos. Junior Princess is Natalie Robles. Junior Prince is Raul Mata. Sophomore Princess is Sage Worden. Sophomore Prince is Wyatt Lambert. Freshman Princess is Megan Carlson. Freshman Prince is Saul Bizcaino.

Dawn Soles sentenced to probation, time served

By MIKAILA WILKERSON AND
GARY BÉGIN

Dawn Soles was sentenced to five years probation and time served, plus three more weeks in jail during a sentencing hearing in Chelan Superior Court Thursday, Oct. 5. Her sentence was handed down for whatever part she may have played in the disappearance

of Cashmere resident Stephen Smith in 1982. That means she will be out of jail Nov. 1.

Soles of Leavenworth, pled guilty Wed., Sept. 13 to "rendering criminal assistance" in the first degree, a Class B felony, in the 35-year-old cold case of the disappearance and supposed murder of Cashmere's Stephen Smith.

Smith's body has never been

found, but a tooth belonging to him was found at the alleged murder scene in his house in Cashmere.

It is still uncertain if the alleged murder was due to a drug debt, a child custody battle, romantic jealousy or some other motive.

A variety of witnesses delivered several different theories as well as hazy or non-existent memories regarding the original timeline of the Smith disappearance.

The police work at the time, for whatever reason, did not include fingerprints or the impounding of Smith's vehicle once found. Several key items of evidence also disappeared from the Chelan County Sheriff's Office sometime between 1982 and 2017, when Chelan County Prosecuting Attorney Doug Shae decided there was enough evidence to bring first-degree murder charges against Bernard Swaim.

Swaim of Sultan was acquitted of Smith's murder in an early September trial where Soles was supposed to be the prosecution's star witness, but her contradictory testimony caused more doubt than proof of guilt in the minds of the nine-women, five-man jury.

Soles was originally a co-defendant in Smith's alleged death, but was promised a reduced charge for her cooperation in an attempt to convict Swaim.



Photo by Gary Bégin/NCW Media
Dawn Soles as she appeared after testifying during the Bernard Swaim murder trial in early September.

New book explores the 'Ghosts of Leavenworth and the Cascade Foothills'

By IAN DUNN
EDITOR

A new book by Deborah Cuyle explores the ghosts of Leavenworth and the Cascade Foothills. Cuyle previously wrote a book called, Haunted Snohomish. She wanted to focus on Leavenworth for her next book because it is one her favorite little towns.

"It just kind of snowballed from my Snohomish book. Some of my friends live in Leavenworth and their families go way back. They said, I should do a book on Leavenworth. It just went from there," Cuyle said.

The chapters focus on such topics like the Tumwater Inn Restaurant, the Edelweiss Hotel, Hotel Franklin, the 100-plus year old unsolved murder of Chas Gordon, Leavenworth proprietor, the Overland Hotel and Bar, the Haunted Cemeteries, the Horrible Fires of Downtown Leavenworth,

Leavenworth Pioneers, the Unsolved Hennessy Tragedies and other nearby haunts.

Cuyle did most of her research for the book in newspapers, like the Leavenworth Echo.

"Lots and lots of newspapers. Some these stories were from locals. Some of the older information was my friend whose family goes way back. His friend also has a family that goes way back in Leavenworth," Cuyle said. "I got some information firsthand from some of the locals, which is really nice because sometimes that is hard. A lot of it was transcripts, newspapers, books about the history. I like all the juicy stuff, so mostly the newspaper."

Cuyle said Sandy Owens Carmody, the former owner of the Tumwater Inn Restaurant, told her quite a few stories about the building. Cuyle said Carmody was convinced the building was haunted, like the

piano moving.

Leavenworth has a whole different feel than Snohomish, she said.

"Snohomish was very creepy in the haunting sense, whereas Leavenworth, to me, was more just spirits that did not want to go anyplace. They wanted to stay. If they were moving things, it was helpful, not mischievous in a scary sense," Cuyle said. "A lot of the ghost stories of Snohomish had a darker side. I did not get that from the stories in Leavenworth. That was a complete different scene."

In the Leavenworth Echo, Cuyle said she was able to find some very cool shots from way back, but nothing about the proprietors. She happened to stumble across a couple old advertisements, so she could put a face on some of these names she kept hearing about.

SEE GHOSTS ON PAGE 2

THE LEAVENWORTH ECHO

Local Directory

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Money spent with a locally owned business generates 3.2 times more local economic benefit than when it is spent with a chain store?

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Community

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@leavenworthecho.com.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Ghosts: The author talks about her near death experience

CONTINUED FROM PAGE 1

Most of the time, the spirits that inhabit a particular building had some connection to that building during their lives.

"More times than not, it is someone who either built the building or inhabited it or if there was a murder or suicide. Those tend to get trapped where the incident happened. In Snohomish, the hauntings that went on were very particular to an old jail," Cuyle said. "Now, it is just a vacant building. The noise and apparitions that people were seeing were old jail time incidents. You have another building that was an old embalmer. That building has an entirely different feel. It's more of a negative, scary environment."

Cuyle believes that energy gets trapped.

"I really do. I didn't think that when I started writing these books, but the more stories I hear, the more proof you get, then you do the research and find out there was a murder there. That's pretty fascinating to me," she said.

There were a couple stories that were really tragic. Because the Leavenworth buildings were burnt and rebuilt many times, she feels there was a fire bug because the fires were just out of control. She met with Chelan County District 3 Assistant Chief Glen

Brauteset.

"They have lost all their records prior to the 1930s. He sent me some amazing old letters from previous fire chiefs. One was from 1907. I do think that some of the inhabitants of the old buildings ... I think it is their love of the town. I don't think they want to go anywhere else," Cuyle said.

Of course, most of these spirits have been around way before the establishment of the Bavarian Village.

"Oh yes, we're talking old, old. I have five different plat maps over the years. They only put two in the book. It was very interesting to see where it was just a couple buildings. As it grew, there were more hand drawn buildings on the maps," she said.

Cuyle was led into researching ghosts after her own near death experience 10 years ago. It was a very unexpected accident.

"You don't really come out of something like that without wanting to know more. Was that crazy? I became very intrigued with the near death stuff and the stories people would tell," Cuyle said.

It opens your eyes, she said.

"The second I realized I was actually dead. It is clear as day in my mind. I'm at the lake. I love the lake. Wait, why am I at the lake? I was at the hospital. Why am I at the lake? Oh my gosh, I'm dead," Cuyle said. "It

was so crazy to experience. In my mind, I was thinking that it was not so scary. It wasn't bad. In your whole life, you are scared to die. You don't know it will feel like. My next thought was, will I sit here at the lake for eternity?"

The nurses were furiously trying to resuscitate her.

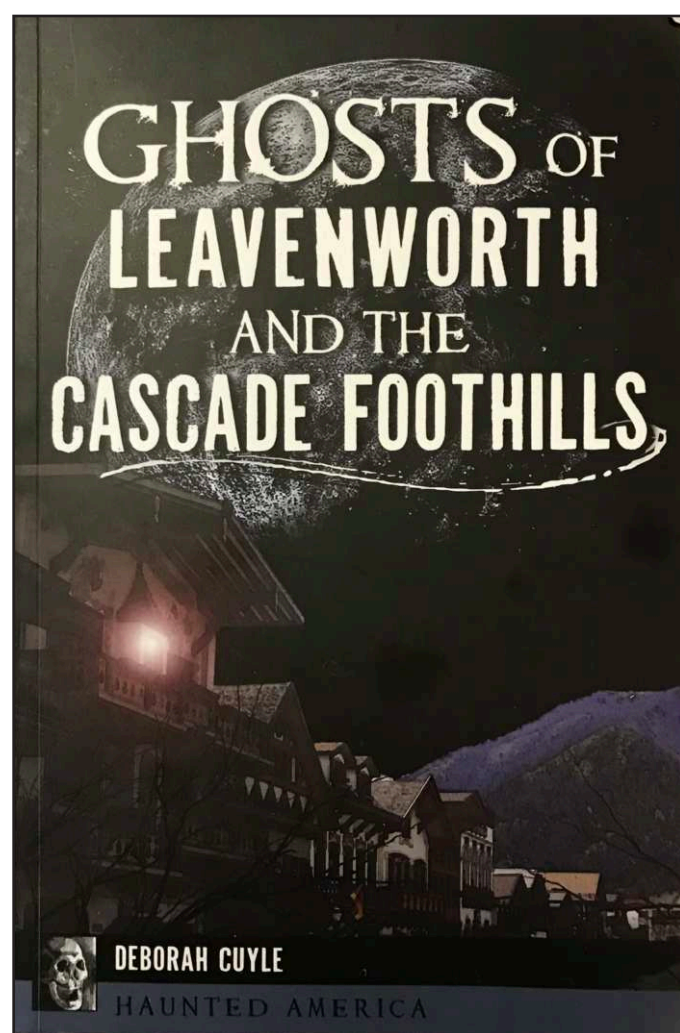
"The interesting part for me, when they were reviving me and I was coming back to life, I actually thought I was dying. Once I came back, that was terrifying. I thought I had two minutes left to live. I didn't realize I was going the other way," Cuyle said. "It opens your eyes. You think differently after something like that."

The book has been out a month, and so far, the feedback has been great.

"I think it is fun because it adds a lot of old stuff to Leavenworth. Before I wrote this book, all I could find was books on the Bavarian theme until now," Cuyle said. "Thank goodness for the Echo and some of the other old newspapers. There is not a lot documented. I think this will be fascinating that people can go all the way back to the 1890s."

Cuyle will be signing books at the Leavenworth Library from 6:30 to 7:30 p.m. Friday, Oct. 27.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



Cover photo submitted
Author Deb Cuyle writes about the haunted history of many of the familiar buildings in Leavenworth.

New training to expand good fire use across state; protect communities

SUBMITTED BY HOLLY KRAKE

For the first time in state history, fire managers from nine different agencies and partners are coming together in central Washington to learn and train in prescribed fire through a formal training exchange (TREX). Sponsored by the Fire Learning Network, TREX is a unique opportunity for fire personnel from across the region to learn about prescribed fire, land management, wildland urban interface and smoke management across agency boundaries.

"We've ramped up our efforts in recent years to provide more interagency training so all our wildland firefighters can better respond to wildfires. This extends that joint training so everyone can better use prescribed fire as one of the tools we use to restore our unhealthy forests," said Public Lands Commissioner, Hilary Franz. "We are proud to partner with the Forest Service and others in a new chapter of fire management in Washington State."

This collaborative approach allows sharing of experience and learning across geogra-

phies and agencies as well as improving wildfire response and conservation practices over time. Training participants are from the Washington Department of Natural Resources, Washington Department of Fish & Wildlife, U.S. Forest Service, Chelan County Fire District 1, Chelan County Fire District 3, Kittitas Valley Fire & Rescue, Department of Defense - Yakima Training Center Fire Department, National Park Service, and Oregon Department of Forestry.

"In this era of megafires, TREX is an all hands, all lands approach that brings us together across federal, state, tribal, and private boundaries," said Acting Deputy Forest Supervisor, Al Watson. "Prescribed fire is part of the proactive solution to healthier forests for present and future generations."

Prescribed fire plans for the greater Leavenworth area TREX include approximately from 500 acres on the Okanogan-Wenatchee National Forest near Plain, 100 acres of Nature Conservancy preserve near Moses Coulee, and 50 acres of private lands near

Cle Elum. TREX burns could occur Monday September 25 through Friday October 6, 2017. Residents and visitors can expect to see and smell some smoke each day during burning operations. For more information on smoke and public health, please visit: wasmoke.blogspot.com

Real-time prescribed fire information, maps, and updates:

Facebook: facebook.com/OkaWenNF/

Twitter: twitter.com/OkaWenNF

Text message updates: text 'follow OkaWenNF' to 40404

Interactive map: tinyurl.com/harqnw8

Get the latest forest news and alerts by texting 'follow OkaWenNF' to 40404, 'liking' us on facebook or following us on twitter @OkaWenNF. The mission of the USDA Forest Service is to sustain the health, diversity, and productivity of the nation's forests and grasslands to meet the needs of present and future generations.

ICICLE CREEK THIS WEEK

TRAIL RUNNING FILM FEST; VOLTA PIANO TRIO IN TOWN

JAMIE HOWELL

Put on your running shoes and beat a path for Snowy Owl Theater this Friday, Oct. 13, if you're one of those who loves pushing your poor body to its limits.

The **2017 TRAILS IN MOTION FILM FESTIVAL** comes to the Snowy Owl Theater this Friday, featuring the year's best shorts showcasing the perseverance, grit, quirks and inspiring characters who inhabit the world of trail and ultra running.

The Film Festival doubles as a packet pickup for the following day's Oktoberfest Trail Run put on by Run Wenatchee, and as a fundraiser for a new regional trails organization known as Wenatchee Valley TREAD.

But for those of you who prefer to get your exercise by pulling up by the fire in a comfortable chair and gazing reflectively out the window as strains of classical music calm your frenetic mind, then you should put Saturday's concert by the **VOLTA PIANO TRIO** on your calendar. The performance begins at 7 p.m. in the Canyon Wren Recital Hall.

One of the Pacific Northwest's premier chamber ensembles, the **VOLTA PIANO TRIO** features violinist Jennifer Caine, cellist Sally Singer Tuttle, and the Russian pride of Icicle Creek, pianist Oksana Ezhokina.

Find tickets for either event at www.icicle.org.



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What: Items pertaining to local events that are free or minimum charge.
 For two weeks only (space limited).
Where: Email to: editor@leavenworthecho.com or editor@cashmerevalleyrecord.com
 Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Other ways to advertise your News and Events:

Garage and yard sale ads are paid events, please email these to classifieds@leavenworthecho.com
 Mention that you are a non-profit event for a discount.
 If your group is not a non-profit group you can now be listed for a small fee.
 Call for information on any of these items. 509-548-5286

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BUSINESS, REAL ESTATE,
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Senior Center Events & Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth
 Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.

October 18, Wednesday: Rice & ham casserole, mixed vegetables, spinach salad, orange quarters, WW bread or roll, & dessert.

October 19, Thursday: Crunchy chicken salad, potato salad, pickled beets, WW roll, & chilled peaches with whipped topping.

October 20, Friday: BBQ pulled pork sandwich, baked beans, pea salad, coleslaw, tropical fruit, & dessert.

October 23, Monday: Ham and Broccoli quiche, vegetable tray, tossed salad, apricots, muffin, & lemon bar.

October 24, Tuesday: Hawaiian chicken, wild rice blend, mixed vegetables, coleslaw tropical fruit, WW roll, & dessert.

Event Calendar

Monday, Wednesday, and Friday 10:30 a.m., **Gentle Exercise**
 Tuesday, 9:00 a.m., **Leavenworth Area Seniors' Council Board meeting**
 Tuesday, 1:00-3:00 p.m., **Crafts**
 Thursday, 1:00-3:00 p.m., **Square Dancing**
 Thursday, 6:30-7:30 p.m., **Bavarian Dancing**
 Friday, 6:00 p.m., **Bingo**
 Saturday 6:30-9:00 p.m., **Music, Public Welcome, No cover charge**

AA Meeting Schedule

Wednesday, 7 p.m., Alcoholics Anonymous, Leavenworth Senior Center, 548-4522, 664-6469 or 425-773-7527.

Thursday, 7 p.m., Alcoholics Anonymous, Peshastin Light in the Valley Community Church, 8455 Main St. in Peshastin, 548-4522, 664-6469 or 425-773-7527.

Friday, 7 p.m., Women's Alcoholic Anonymous, Leavenworth United Methodist Church, 418 Evans St., 548-6851.

Monday, 6:30 p.m. Narcotics Anonymous group meets every Monday at the Leavenworth Senior Center.

7 p.m., Al-Anon meeting, Leavenworth United Methodist Church, 548-7939.

City Council Meetings

7 p.m., Leavenworth Planning Commission, City Hall Conference Room, Nathan Pate 548-5275 (1st Wed.)

9 a.m., Leavenworth City Council study session, City Hall, Joel Walinski 548-5275. (2nd Tues.)

3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)

6:30 p.m., Leavenworth City Council meeting, City Hall, Joel Walinski 548-5275 (2nd & 4th Tues.)

Community Calendar

Wednesday, October 11

8:30 a.m., Aerobics, 8:30 a.m., Plain Community Church, \$1 fee Mon./Wed./Fri. 763-3621.

8:30 a.m., Prostate Cancer Awareness & Support Group meets at Kristall's. David McIntyre, MD, 206-954-4166, 2nd Wed. of every month.

8:30 a.m. to 10 a.m., Play and Learn Group, Peshastin Head Start. Cheby Ledesma. 548-7614.

6 p.m., Icicle Valley Chapter of Trout Unlimited, Kristall's Restaurant. Dave Moazed 548-0903.

6:30 p.m. to 8 p.m., Children and Youth program, age 4-12th grade, Leavenworth Church of the Nazarene, 548-5292.

Thursday, October 12

4 p.m. Peshastin Water District, Peshastin Memorial Hall, Abby Bergren, 548-5266.

6 p.m., Autumn Leaf Festival Membership meeting, Located at Kristall's Restaurant. Bill Forhan, president 670-1837.

7 p.m., Peshastin Community Council meeting, Peshastin Memorial Hall.

Friday, October 13

11:45 a.m., Leavenworth Rotary Club, Kristall's, John Fishburne, president 509-679-2080.

Monday, October 16

8:30 a.m., Aerobics, Plain Community Church, \$1 fee Mon./Wed./Fri., 763-3621.

6:30 p.m. The Upper Valley Free Clinic evaluates urgent health needs; Dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND for inquiries: 548-0408.

7 p.m. Leavenworth Mosquito District board meeting at Chelan Co. PUD building, Jenny Mullins 548-5904.

Tuesday, October 17

Noon, Upper Valley **Women's Bible Study** at King Ludwig's, Delores Hall, 548-7803.

1 p.m., Cascade Education Foundation, Board Room at Cascade District office, Ken West, 670-1729.

1 p.m., Buns, Book and Tea, Peshastin Book Club, Peshastin Library. Kathy Springer, 548-4807.

7 p.m., LWSC Alpine committee, Ski Hill Lodge, 548-5477.

7:30 p.m., Leavenworth Masons, Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org

Ongoing events

Leavenworth Public Library, Mon. - Wed., 9 to 6; Thursday 9 to 8, Fri. 9 to 6. Closed on weekends and Holidays. **Baby story time, Tuesdays 11:30 a.m.** Preschool story time, **Tuesday's 1:30 p.m.** Call 548-7923.

Peshastin Public Library, Tues., Thurs., Fri. 1 p.m. to 6 p.m.; Wed., 9-2 p.m. with **Story Time 10:30 a.m.** Closed Monday and weekends. 548-7821.

Upper Valley Museum, Thurs. - Sat. 10 a.m. - 4 p.m. and Sun. 11 a.m. - 3 p.m. 347 Division St., 548-0728. Hours change seasonally - 10-4 Nov. 1-April 1, 11-5 in spring summer CALL TO CHECK

Leavenworth Fish Hatchery, 8 a.m. to 3:30 p.m., daily 548-7641.

Regional events

Tue. & Thur. 1 to 4 p.m., SCORE (small business counseling), Wenatchee Valley Chamber of Commerce, 2 S. Chelan St., Wenatchee call for appointment, 888-2900.

3:30 p.m., Cascadia Conservation District Board Meeting in the Upstairs Conference Room at the Wenatchee World Building, 14 N. Mission St., Wenatchee. For more information, call the District 436-1601. (3rd Thurs.)

1 to 4 p.m., Master Gardener Clinic, WSU Chelan/Douglas County Master Gardener Plant Clinic, 1100 N. Western Ave., Wenatchee. 667-6540 (October) 1-4 p.m.

Some meetings or events may be rescheduled. Please check with the organization about the time.

Leavenworth Needy Animal Fund Fundraiser

The Needy Animal Fund is a nonprofit organization that assists people who meet the criteria of the Fund with emergency medical costs for their pets. We're having a fundraiser sale at the fire station on Chumstick Highway on Saturday, Oct. 28 from 9 a.m. to 5 p.m. If you have items to donate for the sale please call Kathy 670-3421 or Jennifer 548-6382 to arrange pickup or a drop off site. Donation receipts are available. (e41,42)

Searching for Wild Salmon from River to Table

Langdon Cook goes in search of the salmon in "Upstream," his timely and in-depth look at how these beloved fish have nourished humankind through the ages and why their destiny is so closely tied to our own. Cook journeys up and down salmon country, from the glacial rivers of Alaska to the rainforests of the Pacific Northwest to California's drought-stricken Central Valley and a wealth of places in between. Wednesday, Oct. 11, 7 p.m. at The Barn @ Barn Beach Reserve, 347 Division St. (e41)

Kids Coat Drive

Captain Bly's Educational Foundation is sponsoring a coat drive for kids Oct. 16-27. All types kids winter clothing will be collected at the Cascade School District administrative office including gloves, hats, boots, scarves and coats. Youth and adult sized clothing in good condition will be accepted for distribution to students in need at PD Elementary, Osborn Elementary, Beaver Valley School, and Icicle River Middle School. The administrative office is located at 330 Evans St. (e41,41)

Cashmere Used Book Sale

There will be a used book sale at the Cashmere Library, 300 Woodring Avenue from Oct. 12-14. Hours are Thursday from 11 a.m. to 8 p.m., Friday from 10 a.m. to 6 p.m. and Saturday from 9 a.m. to 1 p.m. All proceeds will support the reading programs and storytimes, etc. at the library. Sponsored by Friends of the Cashmere

Regional Chelan Community Choir Christmas Cantata

Steve Sturtz is coming out of retirement to direct the Christmas selections from Handel's Messiah in celebration of his 75th birthday. Sturtz was the music director at Chelan High School for many years. Rehearsals will be held at North Shore Bible Church, Manson on Sundays 1-3 p.m., starting Oct. 15. If you are interested and need music, please call Marci at 687-3791. Practice CD's will be available. Performances are Friday evening, Dec. 1 and Saturday afternoon, Dec. 2. Dress rehearsal, Wednesday, Nov. 29, times TBA. (er40,41)

October is Mediation Month in Chelan County

The Dispute Resolution Center is offering the Washington Mediation Association approved 40-hour Basic Mediation Training course. The course, which teaches conflict dynamics, communication skills, and the mediation process, will help address conflict and its resolution in your workplace, your home, or in your community. Trainees who complete the Basic course are also eligible to begin a mediation practicum to become a certified mediator. October 13-15 and October 27-29, includes both weekends, 5-9 p.m. on Fridays and 8

a.m. to 5 p.m., Saturdays & Sundays at Wenatchee World, 14 North Mission Ave, Wenatchee. Contact the Center at 509-888-0957 or by email at staff@wvdc.org. (er41,42)

Voters Guide Online

Information provide by candidates running for local offices can be found in the Chelan County Voters' Guide Online.

The Washington State General Election Nov. 7 Phamlet which comes in the mail, does not carry local candidate information. The Voters' Guide Online can be found at www.co.chelan.wa.us/elections. (er41,42)

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Cascade school construction moving swiftly as winter approaches

SUBMITTED BY MARLENE FARRELL

Large construction projects such as the Cascade School District's Alpine Lakes El-

the ESD 112 Construction Services Group (CSG), which does management oversight for many school projects in Washington state.

The meetings occur weekly, as Barry Meredith, Lydig su-

perintendent explained. "We go over what to expect in the coming weeks, any questions the liaison or CSG has, and any changes that might need to be made. About once a month we look over the budget."

John Henri, a local with a lifetime of construction management experience, serves as the liaison for Cascade School District on both projects. He attends the contract meetings, which brings together the construction superintendents,

the architects and the CSG. Henri brings anything that needs approval, when it is a shift from the contract, back to the school board. "We've been very fortunate to have these two construction companies working on the schools," Henri said. "Fowler and Lydig have been very cooperative with the school district. Both projects are right on schedule within a day or two."

A few unknowns are the norm in construction projects and must be dealt with as soon as they are detected. Locally, the unforeseen site conditions of the new high school were one such issue. The quantity of boulders was unknown until excavating began. The number of boulders wasn't excessive. However, undocumented garbage, automotive debris and tree trunks also lay buried in the dirt. Lydig removed everything, and being unable to use it as backfill, they brought in truckloads of dirt.

As for the elementary school, the complications of wetland mitigation were resolved in late August. The site was deemed not a wetland, but enclosing the perpetually filled ditch in an underground pipe required a JARPA (Joint Aquatic Resource Permit Application) permit, which took time.

"Now with the finished pipe, which runs east/west across the entire site, the lateral storm crossings and swales could all be completed," Jeff McKee, Fowler superintendent said.

Snow will begin to fly in a month or two, and the construction crews are preparing. "Ninety percent of the roof and vapor barrier are done for Alpine Lakes, and by the end of the week, it will be 100 percent," said McKee. With windows installed in the following four weeks, the elementary school will be dry and ready for winter progress.

The high school, being a bigger and more complex structure, is not as far along. Meredith, however, was confident that his workers, 40 to 60 on any given day, would have the school ready for interior work before the first winter

storm. "The roof is going on soon. There'll be vapor barriers to allow for work inside. We'll have heaters in there. Interior and exterior work will be able to continue."

enhanced to meet the needs of modern science and technology curriculum. Dry wall will begin this month. And the site has been fully prepared with improvements to sewer, water

laid in mid-November to make the site cleaner and easier to plow in the winter.

The two stories of school space are used efficiently, with the multipurpose room and computer lab downstairs, the library on the second floor and huge picture windows to brighten the stairwells. McKee, who most recently worked on a condominium complex in the Tri-Cities, said, "This is a straight-forward project."

Although staff hasn't had a chance to tour the site yet, McKee said, "Probably in late November we'll be able to give tours."

Toward the end of construction, in the spring, Fowler will add landscaping and build the playground next to the curvy roofed covered area.

As soon as Alpine Lakes Elementary is complete, the reconstruction of Peshastin-Dryden (P.D.) Elementary will begin. The design team, which includes Henri, has completed about 95 percent of the design. They will release it for bids in December and make a decision on the winning contractor in spring of 2018. "Both Fowler and Lydig have shown interest in bidding for P.D.," Henri said. The bidding takes time as the construction companies must also hire subcontractors, some of which travel from Spokane, the Tri-Cities and Seattle to work on large rural projects.

The expected handover date for Alpine Lakes is June 23, 2018. The high school academic wing will be ready for



Photo submitted by Marlene Farrell
Barry Meredith, Lydig superintendent, stands on the 2nd floor of the new Cascade High School construction.

ementary and new Cascade High School operate like machines with many well-oiled parts. The parts are all the entities that frequently meet, collaborate and make decisions without interfering with the timeline for construction.

Lydig Construction and Fowler Construction won the competitive bids a year ago to run operations for the high school and elementary school construction, respectively. They work hand-in-hand with

perintendent explained. "We go over what to expect in the coming weeks, any questions the liaison or CSG has, and any changes that might need to be made. About once a month we look over the budget."

John Henri, a local with a lifetime of construction management experience, serves as the liaison for Cascade School District on both projects. He attends the contract meetings, which brings together the construction superintendents,



Photo submitted by Marlene Farrell
Jeff McKee, Fowler superintendent, stands near the entryway of the new Alpine Lakes Elementary.

The high school's new gym and auxiliary gym, completed in the first construction phase, shine with the gloss of their recently cured hardwoods. Hardly a scuffmark has marred their surfaces. The bleachers, when stacked, proclaims "CHS" and the Kodiak bear snarls proudly in the middle of the gym floor.

"We only had two months to completely redo the gyms," explained Meredith. "The school district was very proactive in making changes so that we could stick to the schedule." For instance, the board quickly agreed to a full fresh coat of paint on the upper half of the gym walls, when they saw that it would greatly enhance the appearance of the gym.

Lydig does all sorts of large-scale construction projects. Meredith most recently hales from renovating a prison in Arizona. About working on this site, Meredith said, "It's been fun to work with the school staff. We've given a few tours. They are really excited to see the progress."

Students enrolled in woodshop have also toured the construction site. Meredith said he'd be happy to give more tours to students if they are requested.

The next phase to be completed is the high school's academic wing. Structural steel girds the two stories, and the crew is currently adding sprinklers, ductwork and electrical to the metal skeleton of the interior walls. The second floor science rooms are being

and power.

A few blocks away, the construction site for Alpine Lakes Elementary hosts anywhere



Photo submitted by Marlene Farrell
The academic wing of the new Cascade High School.

from 60 to 75 workers per day, currently working on mechanical, electrical and plumbing rough in, as well as adding curbs and gutters to the site. McKee hopes to have asphalt

fall 2018 and the wing with art, the athletic department, fitness center and visitor lockers will be completed by fall 2019.

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New Rotary President



Submitted by Ken Kohnhorst
Mary Scheibler presents the gavel to John Fishburne III as new Rotary Club President for 2017-2018. John has been a member since 2011 and has served on the Board of Directors. John was instrumental in the formation of Interact at both the Middle and High School. Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of "Service Above Self." John and his Rotarian wife Kiffen attended the recent International Conference in Atlanta.

What we have here is a failure to communicate



IN MY OPINION
Bill Forhan
Publisher

I love my liberal friends. Although I rarely agree with them, I am sure that the opposite is true. However, the reality is we probably agree about most of the important problems we all face. What don't agree on is how to solve those problems.

The biggest challenge is we just don't seem to be able to get past the semantics. Our political leaders keep us divided by stirring the controversy. And the national media are like the prison guards in in that old Cool Hand Luke movie

where they stand around and watch us tear each other apart. The national media has failed us. News has become entertainment. It is no longer good enough to inform the national debate. It must provoke us with the most controversial and divisive rhetoric.

A couple examples will illustrate my point.

Few of us want to see our fellow Americans living in poverty. Yet our war on poverty has done little to eliminate the number of those in our country that remain in poverty. The point has been made that for all of the money we have spent on welfare programs we could have given everyone in poverty a small fortune. I don't know if that is true or if it would have made a difference in the long run but what is clear is what we are doing now has not fixed the problem. But we continue

to argue about which side of the aisle is the most compassionate while the problem continues to remain.

Our economy has been floundering. Jobs have been migrating overseas where the cost of labor is lower. American wages have been languishing so we argue about legislating a higher minimum wage or increasing the taxes on the corporations and the wealthy. Attempts to change the current system are met with howls of protest about how the changes represent an unfair burden on the poor and the middle class.

Americans are a generous and caring people. While there are undoubtedly a few bad apples in the crowd, the great bulk of our people are not self-centered, racist or privileged. It's a false narrative designed to continue to divide us.

And yes, many of us say things that are perceived by the other side of the discussion as hurtful, threatening, insensitive or otherwise dismissive. It is a failure of language and the human condition. It is far past time for all of us to start acting like adults and work to get past the rhetoric and find the common ground. It is time we got over being offended and started working to find real solutions.

Our tax policy is a disaster. Our national debt is out of control. Government meddling in energy, education and health care has not produced better results. For the last 50 years we have been attempting to create our own version of socialism in this country. It is not the American way. America was founded on a unique concept that limited government will give people the freedom to create better ways to meet

societal needs. The liberal side of the debate will undoubtedly point out how unregulated private industry has been destroying our environment and enriching the powerful while ignoring the needs of the poor and disenfranchised.

The problem here is there is just enough truth on both sides to create divisive inaction. Whatever we do to rock the boat will swamp us is the message most of us get. Truth is the boat is already swamped. It will not remain afloat much longer if we don't address the serious issues that confront us.

While the media is parsing every little tweet from the President and obsessing over some perceived insensitive remark. The country continues to flounder.

Democrats have moved to their corner and Repub-

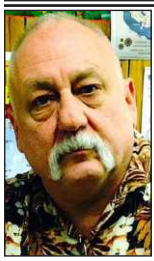
licans have moved to theirs. Anyone who breaks rank is vilified. But they all need to be vilified. They were elected to get things done. They were elected to assess the mood of the country and make changes demanded by the American public.

It is time for all of us to get over our political alliances and demand that Congress begin serious debate about substantive change in Washington DC. Let's start by demanding a complete change in the political leadership in Congress. Let's all demand that Ryan, McConnell, Pelosi, Hatch, Schumer all be replaced. They have not provided effective leadership.

It is time for some new blood.

Bill Forhan can be reached at 509-548-5286 or publisher@leavenworthecho.com.

The times, they are a changin'



APPLES TO APPLES
Gary Bégin

Perhaps it is for the younger generations to decide the ultimate fate of Columbus Day, newspapers, the NFL, police shootings, space travel, military foreign intervention, immigration, Communism (Part 2) and a myriad of other juicy topics.

When the stock market trends a certain way - up or down or even stays level - Wall Street analysts say it is time for a correction. When Democrats or Republicans both fail to right the ship of state, leaving our debts sky high, our poverty level high and our education level low, perhaps then, it is also a time for a correction.

Fads come and go, species likewise, family trees reach the end of the branch and fade into obscurity, political parties aren't necessarily meant to last forever either.

Modes of transportation are perfect for the time they inhabit, but obsolete and arcane systems for the future. Do we all fly personal aircraft like the future was portrayed in the old 1960s cartoon the Jetsons? Of course not. We are still far from that.

Why then must we slavishly adhere to the old political parties? Is it not time for the Millennials to stand up and take over, thus creating their own independent parties?

I think so, but it is hard for old men like me, and millions of others aged 60 and above, to let go of tradition(s) and allow those recently mentored by us to actually grab the wheel and steer towards their own goals for the future of American industry, politics, culture and even religious values

- or not. New policies come and go and are not necessarily invented as an end-all, be-all to be written in stone for the ages. New programs and ways of getting things done are merely experiments that must have their long-term values proven over time and proven again and again.

There was a time when liberals dominated the political landscape and a time for conservatives as well.

Maybe now it is about time for a true coalition of independents to take over for a few generations as the needed correction?

Aren't we all tired of the same-old, same-old extremism coming from both ends of the spectrum?

I know I am. As the latest spate of television commercials cleverly tells us, there is a time to finally let go of the old stuff. That includes the old conventions that made this country great, in favor of new

ideas that will also make this country stay great, but in its own unique way.

Gary Bégin's comments are

his alone and not written on behalf of NCW Media.

Managing Editor Gary Bégin can be reached at gary@

ncwmedia.net. His opinions are not necessarily those of NCW Media.



Erosion solution



Photo by Ian Dunn

Leavenworth Public Works crews creatively used nearby trees to block the path to the Wenatchee River to prevent more erosion at that spot. The existing trail was rerouted around the trees.

LEAVENWORTH ROTARY NEWS LEAVENWORTH ROTARY EXCHANGE PROGRAM



Each year Leavenworth Rotary Club sponsors students to live and study in a foreign county as well hosting foreign students. This year we are happy to host Giovanni Luchesi from Trieste, Italy. His father is an Engineer and also a Rotarian. While his Mother works as biologist. He has a younger brother and sister back in Italy.

Giovanni is a great student and is always seeking to do his best. He has a great interest in science and plans to become an engineer. Giovanni attends a special school in Italy that specializes in scientific studies. One of his favorite pastimes is playing guitar and one of his sports is swimming and has also been in competitions. In his spare time he also plays football, basketball and enjoys biking. Giovanni also looks to cook and enjoys being in the kitchen with his Mother.

When asked what he expects from this exchange Giovanni indicated; "As an exchange student I hope to improve my English skills as it is important to know as many languages as one can. I also would like to discover a different way of life and culture."

He is outgoing and loves to be around people and has been very willing to get involved with school activities and brings joy to us each Friday. "Benvenuti Giovanni!"

Volunteer with Leavenworth Summer Theater

SUBMITTED BY SUSAN HUFFMAN

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 - Aries or Taurus, e.g.
 - "A Doll's House" playwright
 - Grannies
 - Conquer, as in Everest
 - Overweight wrestler
 - Man Ray's art movement
 - "Truckin'"
 - Laundry room fire hazard
 - One of Florida Keys, e.g.
 - Database command
 - ____-cha-cha
 - "Blue Jays" home
 - Young domesticated ungulate
 - Cover story
 - Victoria's Secret purchase
 - Free from
 - Locomotive hair
 - Big galoot
 - ____-____-la
 - The big one and little one, e.g.
 - Explosive
- DOWN
- Red Sea nation
 - Ice Cube's genre
 - Go up against
 - Ethiopian currency
 - Goodbye to amiga
 - Difficult for Beast to control
 - Sailor's call
 - Nail a criminal
 - Trouser fabric
 - Like Roman Empire
 - ____-China
 - Animal house
 - "Star _____"
 - Site of a 1976 uprising, South Africa
 - Hispaniola republic
 - First responders
 - Give advice
 - *____ Sox Scandal, 1919
 - Round loaf, in Paris
 - Type of mandarin
 - *Overcame Curse of the Billy Goat
 - "Atlas Shrugged" author
 - Asimov or Mizrahi
 - Sorta
 - Bacon piece
 - "Where the Wild Things Are" rollick
 - Big rig
 - Time being
 - Herzegovina's partner
 - "As if!"
 - *Number of teams in MLB
 - R2-D2, e.g.
 - FlamBÉ
 - Diplomat's forte
 - Mixture or medley
 - Make someone angry
 - #17 Across, pl.
 - Synonym to #9 Across
 - Dutch cheese
 - Thespian's part
 - *What Rickey Henderson did best?
 - *World Series ticketholder

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PUBLIC NOTICES

Notice Of Public Hearing On City of Cashmere Revenue Sources And Possible Increase In Property Taxes

The Cashmere City Council will hold a public hearing on Monday, October 23, 2017 at 6:00 p.m. at the Cashmere City Hall on the City of Cashmere Revenue Sources and possible increase in Property Taxes. The public is invited to attend said hearing and make comment.

Kay Jones
City Clerk-Treasurer
City of Cashmere

Published in the Cashmere Valley Record/ Leavenworth Echo on October 11, 2017. #79474.

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PUBLIC NOTICES

Notice is hereby given that the **Cashmere City Council** will hold a public hearing on Monday, **October 23, 2017, at 6:00 p.m.** at the Cashmere City Hall, 101 Woodring Street, Cashmere, Washington.

The public hearing is related to the following Amendments:

Amendments to Title-17 Zoning Code and Title-16 Subdivision and Plats. At this public hearing, Staff will go over the proposed amendments.

The public is invited to attend the public hearing and make comment or to send written comment to the City of Cashmere, 101 Woodring Street, Cashmere, WA 98815, Attn: Mark Botello.

Published in the Cashmere Valley Record/ Leavenworth Echo on October 11, 2017. #79736.

Statement of Ownership Management and Circulation

Required by 39 U.S.C. 3685 The Leavenworth Echo (USPS 308 160) is published weekly at Leavenworth, WA. Annual subscription rates: \$33.00 in Chelan County, \$36.50 outside Chelan County in the United States. Mailing address: P.O. Box 39, Leavenworth, WA. 98826. Publisher William E. Forhan, NCW Media Inc., P.O. Box 39, Leavenworth, WA. 98826. Editor, William Forhan. The Echo is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: William and Carol.L. Forhan both P.O. Box 39 Leavenworth, WA. 98826, Jeff Gauger and Liz Gauger, both 1003 Browning Rd., Greensboro, NC., 27410.

Numbers are average during preceding year and for Sept 27, 2017. Total number of copies printed: 1,550, 1,550. Sales through dealers and carriers, street vendors and counter sales: 674, 697. Total paid and requested circulation: 1,445, 1,419. Free distribution: 84, 88. Total distribution 1,529, 1,507. Copies not distributed 21,43. Total 1550, 1550. Percent paid and/ or requested circulation: 94%, 94%.

I certify that all information is true and complete. William E. Forhan, President, October 6, 2017.

Published in The Leavenworth Echo on October 11, 2017. #80017.

Statement of Ownership Management and Circulation

Required by 39 U.S.C. 3685 The Cashmere Valley Record (USPS 092 600) is published weekly at Cashmere, WA. Annual subscription rates: \$33.00 in Chelan County, \$36.50 outside Chelan County in the United States. Mailing address: 201 Cottage Avenue, Suite 4, Cashmere, WA. 98815. Publisher, William E. Forhan, NCW Media Inc., P.O. Box 39, Leavenworth, WA. 98826. Editor, William E. Forhan. The Cashmere Valley Record is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: William E. and Carol L. Forhan both P.O. Box 39, Leavenworth, WA. 98826, Jeff Gauger and Liz Gauger, both 1003 Browning Rd., Greensboro, NC. 27410. Numbers are average during preceding year and for September 27, 2017: Total number of copies printed: 700, 700. Sales through dealers and carriers, street vendors and counter sales: 348, 352. Total paid and requested circulation: 627, 608. Free distribution: 23, 22. Total distribution: 650, 630. Copies not distributed: 50, 70. Total 700, 700. Percent and/ or requested circulation: 96%, 97%.

I certify that all information is true and complete. William E. Forhan, President, October 6, 2017.

Published in the Cashmere Valley Record on October 11, 2017. #80020.

PUBLIC NOTICES

Chelan County Public Hospital District #1

Notice Of Budget Hearing Cascade Medical Center

Notice Is Hereby Given that the Board of Commissioners of Cascade Medical Center has set a public hearing for Tuesday, October 24, 2017 at 9:00 AM for the hospital's budget hearing for the 2018 Budget. The hearing will be held in the Arleen Blackburn Conference Room at Cascade Medical Center, 817 Commercial Street, Leavenworth. All interested persons are encouraged to attend.

Published in the Leavenworth Echo/ Cashmere Valley Record on October 11 and 18, 2017. #79970.

Notice Of Public Hearing On City Of Leavenworth Mid-Biennium 2017 - 2018 Budget Update And Determination Of Property Tax Rate / AD Valorem Tax For 2018

The Leavenworth City Council will hold a public hearing on Tuesday, October 24, 2017 at 6:45 p.m. at the Leavenworth City Hall on the City of Leavenworth mid-biennium 2017 - 2018 budget update that includes proposed expenditures and revenue sources as well as consideration for increases in the 2018 property tax / ad valorem tax. Copies of the mid-biennium budget updates will be available on or before October 20, 2017, if necessary, at Leavenworth City Hall, 700 Highway 2, between the hours of 9:00 a.m. and 5:00 p.m., Monday through Friday. The public is invited to attend said hearing and make comment. Chantell R. Steiner Finance Director/ City Clerk City of Leavenworth

Published in the Leavenworth Echo/ Cashmere Valley Record on October 11, 2017. #80026.

Notice Of Public Hearing On Leavenworth Transportation Benefit District Mid-Biennium 2017 - 2018 Budget Update

The Leavenworth Transportation Benefit District will hold a public hearing on Tuesday, October 24, 2017 at 6:45 p.m. at the Leavenworth City Hall on the Leavenworth Transportation Benefit District mid-biennium 2017 - 2018 budget update that includes proposed expenditures and revenue sources. Copies of the mid-biennium budget updates will be available on or before October 20, 2017, if necessary, at Leavenworth City Hall, 700 Highway 2, between the hours of 9:00 a.m. and 5:00 p.m., Monday through Friday. The public is invited to attend said hearing and make comment. Chantell R. Steiner Board Secretary/ Treasurer Leavenworth Transportation Benefit District

Published in the Leavenworth Echo/ Cashmere Valley Record on October 11, 2017. #80023.

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Milestone

Vera Schons to celebrate 100th birthday

Vera Ettie Schons (Linch) will celebrate her 100th birthday, Oct. 19, 2017. Vera was born in Texas and raised in Oklahoma with her siblings: Homer Linch, Julia Russell, Virgie Beard, James Linch, Francis Largent, Annabelle O'Kelley, Dora Pearl and two infant sisters. She has been a long time resident in Leavenworth. She and her husband John raised her five children, Larry, Marilyn, John (Buck), Helen and Tom on their homestead/orchard up Eagle Creek Road. She will be celebrating her 100 years of life and love with friends and family on Oct. 21, 2017 at Kristall's from 3 to 5 p.m.



Obituary

OBITUARY & MEMORIAL POLICIES

An obituary is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later. Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to. Cost of the obituary/memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday. For information 509-548-5286. Or contact editor@leavenworthecho.com

William Showalter

Mr. Showalter was born Feb. 13, 1930 in New Castle, Pennsylvania. He served in the United States Army in the Korean War. He passed away Sept. 16 after a three month illness. He loved golf, fishing, friends and family and his special friend, his dog Sam. He enjoyed singing Karaoke at the PO Tavern. He was loved by all who knew him. He is survived by his children, Teri Baker, Virginia, Tammy Arlen, California, Bill Showalter, Hawaii, Joy Allen, California, a sister Nancy Fudge, Washington and several nieces, nephews, grandchildren, great grandchildren and his dog Sam.



Barbara Lee "Bobbie" Fuller

Barbara Lee "Bobbie" Fuller, 91, a resident of Cashmere, died Tuesday, Sept. 26, 2017 at Central Washington Hospital in Wenatchee.

She was born in Oakland, California and raised and educated in Cashmere by her parents Tony and Pansy Sorensen. Bobbie attended the University of Washington where she graduated with a BA degree. In 1949, she married Tom Fuller and after divorcing in 1964, resided in Wenatchee, Seattle and finally settling in Cashmere.

Bobbie loved golfing and was a longtime member of the Leavenworth Golf Course.

She is survived by many friends.

A Celebration of Life will be held on Saturday, Oct. 28, 2017 from 2 to 4 p.m. at the Heritage Haven Club House at 1875 Heritage Drive, Wenatchee, WA.

Ward's Funeral Chapel, Leavenworth is in charge of the arrangements.

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www.cashmerebaptistchurch.com

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Sunday Morning Worship 10:30 a.m.
Call for activities: Charles Clarke, Pastor
Website: www.CashmerePres.org

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213 S. Division • 782-3811
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from 10:00 am - 1:00 p.m.
Rev. Lilia Felicitas-Malana, Pastor

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Underground Youth Group, Sundays, 6 P.M. - 206 Vine
Junior High, Wednesdays, 7 P.M. - 206 Vine
Steve Haney, Pastor
Andy Robinson, Pastor
christcentercashmere.org (509)782-2825

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Evening Service - 6:00 p.m.
christforcashmere.org • John Smith, Pastor

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Rev. Robert Gohl, Pastor

CASHMERE

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Rev. Carol Forhan, Deacon
Rev. Rob Gohl, Vicar - Cell 860-0736

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300 S. Division • Office: 548-5119
Rectory: 782-2643
Sunday Mass: 8:30 a.m.
Spanish Mass: 12:30 p.m.
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Friday: 9:30 a.m. Mass Convalescent Center
Fr. Miguel Gonzales

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Steve Bergland, Pastor

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Mike Moore
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Church: 509 548-7667
For any other information: 509 868-2620

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Prayer 6 p.m.
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School Sports

UPPER VALLEY NEWS SINCE 1904

Cascade football team wins fifth game in a row, improves to 5-1

By IAN DUNN
EDITOR

The Cascade Kodiak football team earned a dominating victory over Cle Elum on homecoming night last Friday in Peshastin. Cascade won 52-0 over the visiting Warriors.



Photo submitted by Mike Gardner
Cascade sophomore tailback Teague Duncan ran for 99 yards and a touchdown against Cle Elum last Friday night.

"We played hard. Cle Elum has had a rough season. It's still awesome to see the older guys take care of business and make sure we get everyone in the game for the second half.

We were able to do that. It was good see our younger guys get some experience," said Cascade Head Coach Dom Coffin.

Cascade put the game out of reach with a 28 point second quarter. Junior Jose Valdez opened the scoring in the first quarter with a 2-yard touchdown run. Quarterback Jose Mendoza passed 50 yards to Valdez for the next score.

In the second quarter, Mendoza ran 9 yards for the score, Valdez ran 21 yards for the TD, Mendoza to Valdez 69 yards to for the score and Teague Duncan ran 14 yards for the touchdown.

Cascade led 42-0 at halftime. "We were able to execute really well on defense. We held them to 21 yards total. They did really well. Offensively, we did really well too. We ended up with over 500 yards of total offense. There are still areas to work on, shoring up some coverages on defense. On offense, making sure some of our blocking gets cleaned up," Coffin said.

In the third quarter, Valdez had a 27-yard field goal. In the fourth quarter, Isaac Cortes ran 11-yards for the score.

Mendoza was 5-for-10 for 213 yards and 2 touchdowns. Duncan had 8 rushes for 99 yards and 1 touchdown. Mendoza had 4 rushes for 63 yards and 1 touchdown. Valdez had 6 rushes for 62 yards and 1 touchdown. He also led the Kodiaks in receiving with 3 catches for 133 yards and 2 touchdowns.

On injury front, sophomore linemen Hunter Reinhart is out for the season with an injury. Tailback Jet Bailey will not return this season either.

Since their opening loss to East Valley, the Kodiaks have won five in a row.

"It's been good. We haven't played the best non-league teams, but we've executed and done well," Coffin said.

Next up for Cascade, the Pear Bowl at home against Cashmere. Look for Pear Bowl coverage in our special section this week. Ian Dunn can be reached at 548-5286 or editor@leavenworth-echo.com.



Photo submitted by Mike Gardner
Cascade freshman quarterback Cole Warnaca makes in the handoff in action last Friday night at Peshastin.

State 1A second ranked Kodiak volleyball team earns straight set wins over Omak, Chelan

By IAN DUNN
EDITOR

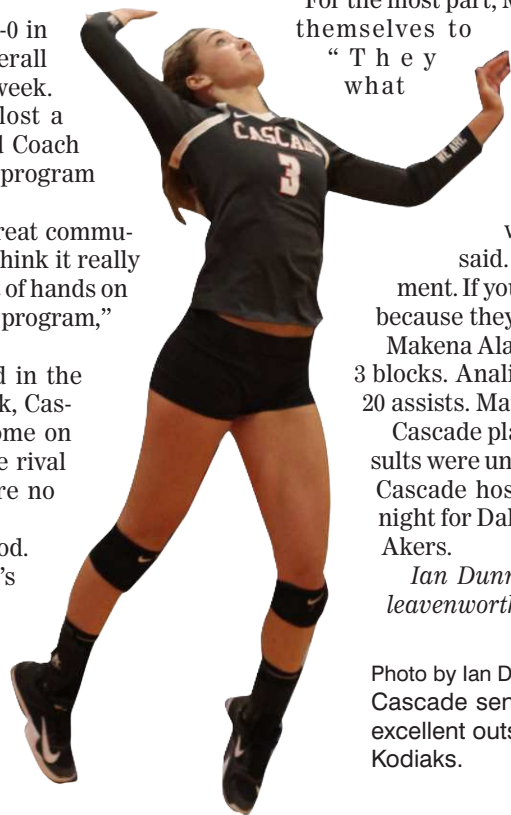
The Cascade Kodiaks improved to 4-0 in Caribou Trail League play and 9-0 overall with wins over Omak and Chelan last week.

Amazingly, the Kodiaks have not lost a league game since 2011. Cascade Head Coach Marni McMahon said the success of the program is a group effort.

"My coaching staff, great parents, great community, my husband, the club program. I think it really comes down to the village. There is a lot of hands on deck when it comes to the success of the program," McMahon said.

Cascade is currently ranked second in the state 1A behind 9-0 Lakeside. Last week, Cascade beat Omak in straight sets at home on Oct. 3. On Oct 5, they took on longtime rival Chelan, but in the end, the Goats were no match, losing 25-18, 25-16, 25-20.

"For the most part, it was pretty good. Still working on that serving game. It's still something we are working on. It's going to be a roller coaster ride with serving a little bit. It was better. All in all, the first two games, our transition game was pretty good," McMahon said. "The third set, we got a little lazy defensively. Missed timing



on blocks. For the most part, I was pretty pleased with our performance across the board."

For the most part, McMahon said her team needs to focus on themselves to be successful.

"They have a match plan, but it came down to what we did. We're going to beat ourselves, either mentally or physically. They are battling themselves more than the team across the net. Physically, we are a better team across the board in all aspects, but we have to be there mentally," McMahon said. "You have to be calm in a loud environment. If you are strong there, they can win anywhere because they have the physicality to win."

Makena Ala'ilima-Daley had 15 kills, 5 aces, 6 digs and 3 blocks. Analia Vasquez had 10 kills, Abby Brown had 20 assists. Maddie Schiefelbein had 15 digs.

Cascade played at Okanogan (0-4, 3-5) on Oct. 10. Results were unavailable before press time. On Thursday, Cascade hosts Cashmere (1-3, 3-7). It will be senior night for Daley, Vasquez, Baelee Pearson, and Natalie Akers.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.

Photo by Ian Dunn
Cascade senior Makena Ala'ilima Daley is not only an excellent outside hitter, but also a strong server for the Kodiaks.



Photo by Ian Dunn
Cascade junior Libero Maddie Schiefelbein goes down for the dig against Chelan last week.

Cascade girls' soccer team earns dominating victories over Omak, Chelan

By IAN DUNN
EDITOR

The Cascade Kodiak girls' soccer team continues their undefeated season this week with games against Okanogan and Cashmere. Cascade is 4-0 in Caribou Trail League play and 10-0-1 overall.

Last week, they beat Omak at home 15-0 on Oct. 3.

"We were able to get alot of healing done for some lightly injured players as well as some solid minutes on the field for our bubble players. Highlight of the game was the amount of players that had their hand in the goals," said Cascade Head Coach Glen Stefanko. "Nice to have another shutout by Devan (Archer) and our defense"

Scoring goals was Emily Gaines with three, Ashley Parton and Alexa Rogers with two, Lauren Richarson, Josie Brennan, Molly Wisner, Truh Merriman and Rory Swoboda with one each.

On Oct. 5, Cascade beat Chelan 7-0 at home.

"Game was a little slower. It was a long homecoming week for our Kodiaks so we usually expect to have repercussions from that on the field. Although it is always good to assure a shutout in those homecoming week games,"

Stefanko said. Gaines and Richardson each scored twice. The other goals came from Parton, Brennan and Merriman.

Cascade is currently the number one ranked team in the 1A class.

"It is going to start getting to be a tight race to the finish line. They are healthy and prepared to ramp it up for the remainder of the season," Stefanko said.

Cascade played at Okanogan (2-2, 6-5) on Oct. 10. Results were not available before press time. Cascade hosts Cashmere (3-1, 7-3) on Thursday. The last time these two team played, the game went to overtime, then a shootout.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.



Photo submitted by Geoff Richardson
Cascade senior defender Maddie Vandel works the ball upfield against Omak last week. The Kodiaks beat the Pioneers 15-0.



Photo submitted by Geoff Richardson
Normally the goalie, Devan Archer (0) sees some action on the pitch against Omak.

Cascade Scoreboard

CASCADE FOOTBALL	
Oct. 6	Cascade 52, Cle Elum 0
UPCOMING GAMES	
Fri, Oct. 13	Cashmere at Cascade, 7 p.m.
Fri, Oct. 20	Cascade at Okanogan, 7 p.m.
Thu, Oct. 26	Cascade at Chelan, 7 p.m.
CASCADE VOLLEYBALL	
Oct. 3	Cascade 3, Omak 0
Oct. 4	Cascade 3, Chelan 0
UPCOMING GAMES	
Sat, Oct. 14	Cashmere at Cascade, 6:30 p.m.
Thu, Oct. 19	Cascade at Omak, 6:30 p.m.
Tue, Oct. 24	Cascade at Chelan, 6:30 p.m.
CASCADE GIRLS SOCCER	
Oct. 3	Cascade 15, Omak 0
Oct. 5	Cascade 7, Chelan 0
UPCOMING GAMES	
Thu, Oct. 12	Cashmere at Cascade, 6:30 p.m.
Thu, Oct. 19	Cascade at Omak, 4:30 p.m.
Sat, Oct. 21	Naches Valley at Cascade, 11 a.m.
CASCADE CROSS COUNTRY	
Oct. 7	Leavenworth Invitational Boys- 21st Girls- 18th
UPCOMING MEETS	
Tue, Oct. 17	Cascade, Cashmere at Enchantment Park, 10 a.m.
Wed, Oct. 25	CTL District Meet at Wenatchee, 2 p.m.
Sat, Nov. 4	1A WIAA State XC Meet, TBA

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Cascade cross country team hosts meet at Ski Hill

By IAN DUNN
EDITOR

The weather was perfect last Saturday for the 23rd annual high school cross country race at Leavenworth Ski Hill. Even though rain and wind were predicted, the runners were treated to sun and cool temperatures.

"We had 30 schools from across Washington competing on the 2.8 mile, hilly course, which included running three

times up the little ski hill, the last time for the finish. Eric Wulfman, the middle school cross country coach, did an awesome job preparing the course," said Cascade Head Coach Dayle Massey.

The Cascade team score was impacted by the fact they were missing a few runners due to the SAT test last Saturday. On the boys' side, freshman Landon Davies did not run, so they were led by Caleb Payne, who for the first time, barely

beat Gabe Wulfman, finishing with a time of 17:29.

"Caleb has been working hard and his running has been steadily improving; it's great to see him do so well. Will Cassayre, our third finisher, also had a great race. He was followed by David Tveten and David Bryant," Massey said.

On the girls' side, freshman Zoe McDevitt had another great race, finishing 11th with a time of 19:30. Rounding out our top five were Sarah

Paulson, Carina Hernandez, Jacquy Guzman, and Clare Nelle.

Bothell won the boys' race, while Liberty Bell won the girls' race.

On Tuesday, Oct. 17, Cascade will host Cashmere at Enchantment Park. The District meet is Oct. 25 at Walla Walla Point Park in Wenatchee.

Ian Dunn can be reached at 548-5286 or editor@leavenworthecho.com.

Forest Service receives \$1M for repair of flood damaged roads

SUBMITTED BY DEBORAH KELLY

Flood repair work is planned to begin this month on six Forest Service roads located on the Okanogan-Wenatchee National Forest. These roads had received significant damage from fall 2015 and spring 2016 heavy snow melt-off and rain events that caused debris flows, road washouts and other damage on roads and other areas of the Forest.

"Work began this week on the Andy Creek Road #1382, located on the Naches Ranger District. We anticipate work starting on the north end of the forest on the Methow Valley Ranger District's Cougar Creek #5008-200 and Chewuch #5160 roads early in October; with work on Finley Canyon #4100-300 and Black Canyon Roads #4010 to follow after that," said Forest Engineering Staff Officer, Jason Peterson.

Over \$1.1 million dollars and contract administration for this work has been received through a partnership with the Federal Highway Administration (FHA). While six roads received funding for emergency repair this year, the Forest and FHA anticipate having additional funded contracts in 2018 and 2019 to repair several other damaged sites.

The Forest is also working this fall to repair some of the road damage to other sites that have not received FHA funding, including: the #9712 Road on Cle Elum District, the #6400 Road on the Wenatchee River District, and the #1900 Road on the Naches District.

"These roads are important access for Forest visitors and we are working hard to repair them," added Peterson. "We'll continue to look at alternative funding and solutions to open these areas again."

During construction and repairs, expect heavy equipment and trucks along these roads and short term closures are anticipated for some road

work. For those roads that are closed due to the damage, they will remain closed until they are completely repaired.

Forest visitors are advised to be aware of current restrictions and closures before visiting the national forest; go to: www.fs.usda.gov/oka-

wen or call your local Ranger Station.

Get the latest forest news and alerts by texting 'follow OkaWenNF' to 40404, 'liking' us on Facebook or following us on twitter @OkaWenNF. The mission of the USDA Forest Service is to sustain the

health, diversity, and productivity of the nation's forests and grasslands to meet the needs of present and future generations.



Photo submitted by Molly Williams and D. Colbert
The Black Canyon Road, #4010, near Winthrop, WA sustained extensive road damage from 2016 flooding. The Cougar Creek Road #5008-200 washed out during spring rains in April 2016.

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Photo submitted by Teri Zimmerman
Some Bavarian clad children eye the delicious mini doughnuts at an Oktoberfest booth.

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CASHMERE VALLEY RECORD



Pear Bowl 2016

File photo

The Cashmere defense will face a stern test slowing down the Cascade rushing attack. The Bulldogs have been successful doing that in the past two Pear Bowls.

Pear Bowl game should be another close match between two rivals

By IAN DUNN
EDITOR

Cascade comes into the Pear Bowl game with a sparkling 5-1 record, while Cashmere comes in at 3-3. You've heard it before about rivalry games. Throw out the records. In fact, the past two Pear Bowls have close affairs.

In 2016, Cashmere won very close battle 35-34. Cascade had a chance for the win on the last play of the game but fell short. In 2015, Cashmere won 28-26.

"I think it will be a touch matchup. I know they have some linemen out, which was the issue against Okanogan. I'm sure they'll be healthy by the time they play us. It will be a tough, physical battle. We're look to compete and play hard. Every year, Pear Bowl, doesn't matter the record, everyone steps up," said Cascade Head Coach Dom Coffin.

Cashmere lost 52-7 to Okanogan on Sept. 29, a score that surprised a lot of people. Coffin is having none of it.

"A lot of people want to talk about that, but the week before they killed Sultan. It's just one game. I know they'll be ready to go against us. They won't have another game like that," Coffin said.

Cashmere Head Coach Phil Zukowski said it has been an up and down year for his team thus far.

"I thought we would be a better football team than this right now. I think we have the potential to be better. I thought we would have a much better record," Zukowski said. "We're kind of a yo-yo team. One week we play like I expected, another week



File photo

Cascade likes to use like junior running back Jose Valdez on short routes near the line of scrimmage for big gains.

I don't know what team showed up. Hopefully, we can mature and bring our best effort against Cascade because with their record, we're going to need it."

Coffin said a lot of his players remembers last year's game, losing by a point. He feels like his guys are ready to roll and bring the energy needed to win.

"We need to go full effort the whole time. Just compete," Coffin said. "With us being so close, it's not terrible traveling on the

road. You're going to have fans there from both sides. It's our home field and we want to make sure we win."

Zukowski said his team needs to be ready for the Cascade offense, particularly the offensive line pulls.

"They do a great job of running their guards both on sweeps, counters and traps. Along with that, they have an excellent passing game. They love to hit the cross-field drags. If you have your eyes in the backfield, you're going to get beat by that pattern every single time," Zukowski said. "It's going to take a mature defensive effort to at least slow down Cascade."

On offense, Coach Z said they have to keep Cascade's aggressive defensive line in check.

"Their line is big defensively and very aggressive. They get off the ball as well as any team I've seen in a long time. We're going to have to match their aggressiveness or use extremely good technique," Zukowski said.

For the longtime Bulldog coach, this Pear Bowl is shaping up to be another epic battle between two close rival teams and communities.

"I've said this over the years. Every time we play each other, you can throw the records out, because it doesn't matter. We've had years in the past where we were a great team and they were average and it was a fantastic game," Zukowski said. "We've had years where they were a great team and we were average or below and it was great game. The Pear Bowl brings the best out of both teams and communities."

Ian Dunn can be reached at 548-5286 or editor@leavenworth-echo.com.

Cascade on five game win streak heading into the Pear Bowl

By IAN DUNN
EDITOR

The Cascade Kodiak football team is riding a five game win streak heading into Pear Bowl on Friday. The 5-1 Kodiaks seem to be getting better game to game.

"We're starting to get things rolling. It's still not where we want to be. We still have a lot of errors. We haven't really played a full game on special teams, offense and defense. Still a lot of work. We're hoping we can finalize things before getting back into league play," said Cascade Head Coach Dom Coffin.

Coffin likes that his kids are playing hard, at practice and in games. The effort is something he has been very pleased with. Like most football teams, injuries have hit the Kodiaks too, but they have had the depth to overcome.

"Especially on our offensive line, we're really hurt right now. Coach (Mike) Hill has had multiple different guys play in that first game. That is his strategy, rotating a lot of guys. So even with the injuries, we have a lot of guys with playing experience. It's been great to see kids step up," Coffin said.



File photo

The Kodiaks will be without their leading rusher from last year, Jet Bailey. Other Kodiak runners have nice job filling the void.

Bulldogs having uncharacteristic up and down season

By Mikaila Wilkerson
Staff writer

As of now, the Cashmere Football Team is 3-3 overall and 1-1 in the Caribou Trail League for this latest season.

Cashmere's wins have been against the Sultan Turks (51-0), the Graham Grizzlies (48-7) and the Omak Pioneers (34-14) while their losses have been against the Ephrata Tigers (21-10), the Lynden Christian Lyncs (42-23) and the Okanogan Bulldogs (52-7).

"I've been disappointed," Coach Phil Zukowski has said of the season thus far. "We had high hopes but right now we're sitting 3-3 and we should be better than this."

According to Zukowski, the team has been practicing extremely hard and he hopes they can turn things around soon.

"Up until Okanogan, I'd say our defense was doing great," Zukowski said. "Our tackling was super but that week we were terrible at it."

According to Zukowski, their skill positions in the offense



File photo

The Cascade rushing attack has been very successful this season despite the loss of their leading rusher from last season, Jet Bailey.

are still doing very good.

"But we have to give the quarterback some time so he can make those throws to the skill positions," Zukowski said.

The major things that Coach Zukowski wants to work on are the team's line protection and tackling.

"We've got to do much better on the offensive line," Zukowski said. "We've got to get back to tackling how we were tackling earlier in the year."

The boys' spirits have not been dampened even when the going has been tough.

"Their spirits have been good but I know that their spirits could be much higher," Zukowski said. "You need those W's to help those along."

The Bulldog boys are very much geared and ready to go for their home match against the Chelan Goats on Friday, Oct. 20.

Mikaila Wilkerson can be reached at reporter@cashmerevalleyrecord.com.

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CASCADE KODIAKS



2017 CASCADE KODIAK FOOTBALL

Name	#	Ht.	Wt.	Class	Pos.
Dillon Samuel	1	6'1"	170	12	WR/DB
Jace Seely	2	5'7"	155	10	RB/DB
Payton Mulanax	3	5'7"	135	10	WR/DB
Avie Stitt	4	5'10"	165	11	WR/DL
Cole Warnaca	5	6'2"	180	9	QB/LB
Nate McMahon	6	5'9"	160	11	WR/DB
Hebrew Engram	7	5'7"	145	12	WR/DB
Conrad Hasse	8	5'10"	180	11	WR/DL
Kurt Fraker	9	5'7"	165	11	QB/DB
Jose Mendoza	11	5'9"	165	12	QB/DB
TJ Thompson	12	5'9"	165	10	RB/LB
Cody Enloe	13	5'6"	135	9	QB/LB
Ben Sunitsch	15	5'9"	160	10	WR/DB
Lane McKenney	20	5'11"	170	11	WR/DL
Quinn Ashcraft	21	6'	190	12	WR/DL
Wyatt Lambert	22	5'10"	185	10	RB/LB
Isaiah Dayton	23	5'9"	165	10	RB/DB
Bret Fraker	24	5'9"	145	9	RB/DB
Jet Bailey	25	5'9"	170	11	RB/DL
Brian Ross	26	5'9"	155	10	WR/DB
Hunter Zackery	28	5'9"	170	10	RB/DB
Eli Barber	30	5'8"	205	10	RB/DL
Isaac Cortes	32	5'11"	195	9	RB/LB
Daniel Claros	33	5'7"	155	12	RB/LB
Teague Duncan	42	5'8"	165	10	RB/DB
David Nelson	50	6'	220	11	OL/DL
Eric Rosario	52	5'8"	175	10	OL/LB
Carter Ross	55	5'11"	215	11	OL/DL
Isai Claros	56	5'7"	170	10	OL/DL
Bryce James	66	6'1"	245	10	OL/DL
Luke Williams	67	5'11"	205	10	OL/DL
Spencer Drolc	68	5'8"	165	10	OL/DL
James Dickinson	69	6'	240	10	OL/DL
Andrew Magnaghi	70	5'9"	185	11	OL/DL
Gavin Hall	72	6'2"	250	10	OL/DL
Hunter Reinhart	75	6'1"	255	10	OL/DL
Alex Sanchez	76	5'11"	265	11	OL/DL
Arthur Drake	77	5'11"	225	12	OL/DL
Harrison Krous	78	5'10"	180	12	OL/DL
Julian Alvarez	82	5'9"	155	10	RB/DB
Jose Valdez	88	5'9"	175	11	RB/DB

Coaches:

Head Coach: Dominique Coffin

Assistants: Charlie Coffin, Pastor Anaya, Aaron Murphy, Mike Hill, TJ Ka'apuni, Lucas McComas, Danny Zavala, and Tynan Vincent.



Back row, from left, Aaron Murphy, TJ Ka'apuni, Tynan Vincent, Dominique Coffin, Pastor Anaya, Charlie Coffin, Mike Hill. Manager Le...
 Fourth row, Quinn Ashcraft, Isaac Cortes, Cole Warnaca, David Nelson, Luke Williams, Bryce James, James Dickinson, Dillon Samuel,
 Third row, Dylan Kuehni, Christian Gibbs, TJ Thompson, Isaiah Dayton, Arthur Drake, Brian Ross, Wyatt Lambert, Saul Vizcaino, Cam...
 Second row, Jose Mendoza, Nate McMahon, Jonathan Herrera, Bret Fraker, Jose Valdez, Alex Sanchez, Alex Flick, Andrew Magnaghi,
 Front row, Gavin Dwyer, Hebrew Engram, Austin Curry, Kurt Fraker, Ben Sunitsch, Payton Mulanax, Jace Seely, Cody Enloe, Daniel Cl...

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CASHMERE BULLDOGS

2017 CASHMERE BULLDOGS Football

Name	#	Ht.	Wt.	Class	Pos.
PHILLIPS, NOAH	2	6'5	183	12	WR DB
KERT, TYLER	5	6'2	205	12	QB DE
WRIGHT, DANIEL	6	5'7	142	12	WR DB
GREEN, EYOB	8	5'10	137	12	WR DB
KEOGH, KYLER	9	5'10	142	11	QB DB
TERRELL-LEWIS, JAMES	10	5'7	168	10	FB LB
AGIDIUS, KORBEN	13	5'11	165	10	SLOT D-LINE
VALLE, NEO	14	6'0	181	10	WR DB
KNOLL, KROSS	15	6'0	182	12	WR DB
GUERRERO, AARON	17	5'6	136	10	WR DB
CHIPMAN, TYLER	20	5'10	160	12	SLOT DB
BALL, JACOB	21	5'9	161	12	SLOT DB
DOTSON, ASTER	24	5'9	185	11	FB LB
COOPER, RYAN	26	5'7	141	11	SLOT DB
MCCORMICK, SHANE	28	5'11	195	12	FB/TE LB
SANCHEZ, MIGUEL	31	5'9	183	9	KICKER
NAPOLES, TRISTAN	34	5'9	152	10	FB LB
ELLIOTT, BROOKS	40	6'1	160	10	SLOT DE
RAMOS, JERRY	52	5'9	191	10	OL D-LINE
GROSS, DYLAN	53	5'11	177	11	OL LB
CRAVENS, JAY	54	5'8	165	12	OL D-LINE
CAWOOD, JACK	56	5'8	185	11	OL D-LINE
FIGUEROA, DANNY	60	5'6	166	10	OL D-LINE
KIRK, TERRY	62	6'1	172	12	OL D-LINE
RUSSELL, JOHN	63	6'0	193	10	OL DE
WEATHERMAN, TUCKER	64	5'9	157	10	OL DE
PRATT, BRYSON	70	5'10	160	10	OL DE
LARSON, KOLBY	71	5'11	172	10	OL D-LINE
ARILIANO, AJ	72	5'11	225	12	OL DL
DUEMAN, AUSTIN	79	6'1	248	11	OL D-LINE

Coaches:

Head Coach: Phil Zukowski
Asst. Coaches: Don Smith, Steele Sykes, Jed Odenrider, Steve Simonson, Dale Jones, Brandon Wagg, Craig Gorrebeck.



Photo by Heidi Swoboda

Guerrero, Lane McKenney, Jonathan Cromwell, Harrison Krous, Hunter Reinhart, Gavin Hall, Aaron Ostrem, Spencer Drolc, Avie Stitt, Conrad Hasse, Isai Claros, Eric Rosario, Teague Duncan, Hunter Zackery, Carlos, Jadon Hiatt, Elijah Barber.



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Daniel Claros
#33 RB/LB



Arthur Drake
#77 OL/DL



Teague Duncan
#42 RB/DB



Isaiah Dayton
#23 RB/DB



Hebrew Engram
#7 WR/DB



Kurt Fraker
#9 QB/DB



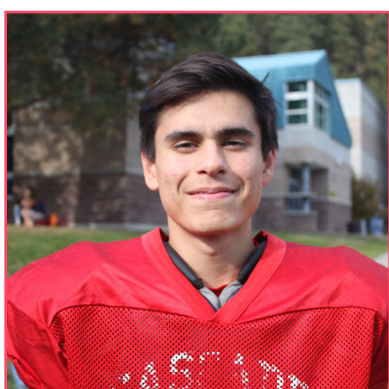
Harrison Krous
#78 OL/DL



Andrew Magnanhi
#70 OL/DL



Nate McMahon
#6 WR/DB



Jose Mendoza
#11 QB/DB



David Nelson
#50 OL/DL



Hunter Reinhart
#75 OL/DL



Eric Rosario
#52 OL/LB



Dillon Samuel
#1 WR/DB



Alex Sanchez
#76 OL/DL



Ben Sunitsch
#15 WR/DB



Avie Stitt
#4 WR/DL



Jose Valdez
#88 RB/DB



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CHEER SQUAD 2017

Photo by Heidi Swoboda
From left, Olivia Winters, Sage Worden, Halla Hafermann, Mikayla Dunn, Madison Dye, Autumn Gilderleeve, Andrea Sorensen, Megan Miller.

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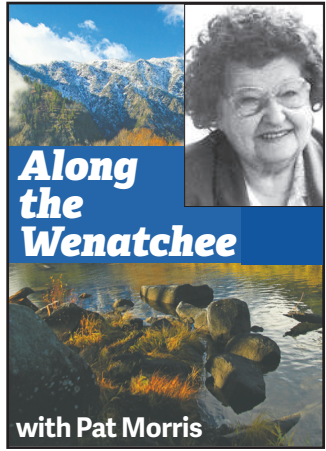
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Life & Health

The Cascade Tunnel that was never built!



It had seemed like a capital idea when proposed in 1909 and again in 1916; a tunnel through the Cascade mountains for traffic to Puget Sound beginning at Leavenworth and extending to Skykomish. It was hailed as a marvelous alternative to the four to five months of bitter winter weather, not to speak of all the winding, one lane, slick, steep highway that confronted the traveler east or west. After the Armistice following World War I the proposal found many backers. Annual conventions were held, officers were elected, politicians pushed for such a plan, but few were willing to back it with money. In those early days, counties paid the bill on such programs. The idea of boring a hole through the Cascades seemed preposterous even after the railroad proved it was feasible.

There were many considerations that made it a worthwhile venture, however. Basic to all was a year-round crossing free of inclement weather. This in turn would lower the cost of products shipped from Eastern Washington as well as result in Seattle and Tacoma receiving the apples and the grain and the beef grown here instead of Portland.

The railroad had constructed a 7.7-mile tunnel despite the nay-saying of others, which was an outstanding example of what could be done. Multi-million dollar projects were not unheard of and the resulting improvement in trade

relationships between the two halves of the state should be productive.

Then there was the matter of usefulness in event of another war. All these pluses needed to be factored.

Originally, when a famous United States Army engineer, Brigadier General H.M. Chittenden, was sent to look over the problems arising because of the Cascades, he concluded that the solution to our transportation difficulties lay in an east-and-west low level tunnel. He remarked, "Neither river nor sea could so effectively divide the state of Washington as does the Cascade Mountain range. A colossal rock pile ages old, this great barrier extends from northern to southern boundary. Surmounting this in winter is fraught with danger and enormous expense. "Go under the mountain wall instead of wasting time, energy, and money on miles of highway!"

By 1924 Seattle had an enthusiastic group of individuals wholeheartedly backing the venture; east of the mountains chamber of commerce groups to whom the plan was presented were not so supportive. That it would be a great advantage as a shorter route to Puget Sound was not questioned. The two huge concerns were the feasibility of construction and financing. One plan was a shared cost between the federal government, the state and the railroad expecting to make use of the facility. All three disavowed interest when approached.

Discarding all plans for bond issues or taxation at least for that time, the Cascade Tunnel Association was incorporated. An attempt to build it with private capital, expense of construction to be repaid by tolls was undoubtedly the answer. To make this plan attractive a survey of the route suggested by Chittenden to present to investors was needed. In 1927 Senate Bill No. 150 was brought before

the State Legislature and was up for consideration by the joint committees of both bodies, who found it worthy. It directed a tunnel commission already in existence to make surveys and select the best route. An appropriation of \$22,250 was to finance the survey.

In a sense the Great Depression's arrival stalled further progress until President Roosevelt's recovery plans of federal money for enormous projects brought hope that the solution lay in the government's backing. East of the mountains a surge of enthusiasm seems to have arisen. Cashmere's businessmen eagerly hosted a regional meeting billed as the opportunity to learn both sides of the question.

Three officials of the Cascade Tunnel Association addressed the crowd filling the Presbyterian Church to overflow. One speaker voiced this opinion: "As underground projects go, it would be peanuts compared with the subways of New York, London and Paris. We have already outgrown our britches traffic wise. Our motor traffic has doubled in the last ten years and congestion on our highways is something we hadn't anticipated for decades. The great Cascade Tunnel will be an important strategic point on the Northwest trade route. It will be a tollgate on one of the world's main highways: the long road which stretches from New York to Hong Kong. It will be unique in that it will be built of Washington products and by men living here, but it will be paid for by the consumer throughout the world. Half a million dollars would be spent monthly on labor and materials in this state." Only one speaker upheld the negative with materials he had been furnished by the railroad, he said. Somehow his claims went largely unheeded.

One of those willing to go to great lengths to see the proj-

ect begun was A.C. Barclay, former railroad conductor and Leavenworth hotel man, who was noted for his flamboyant performances. The summer after the dedication of the Tumwater Canyon highway he arranged to have constructed and installed a huge replica of a tunnel entrance so that tourists trying the new scenic road also were set to thinking of the advantages of a 27-mile long, double tracked, lighted, electrified facility that was sure to be a treat in winter or whenever a hurried trip was necessary and leave out the largely dirt-surfaced, winding, winter closed route available at that time.

During the early Thirties the plan had drawn presidential support. President Hoover remarked, "It would cost no more than one good battleship! Even James J. Hill, railroad magnet, had pooped the construction of the Panama Canal stating that lily pads would occupy it, but time had proven its worth and would in the case of a Cascade Tunnel," he continued. Backing Seattle's stand were the figures showing that she was missing out on the products of the Columbia Basin, while Portland profited. Two-thirds of the rail car shipments went to the city on the Columbia and Seattle's slice was growing thinner each successive year.

"Surplus products from Eastern Washington should go to Seattle," commented one senator. "The natural harbor for the shipment of Washington products is Puget Sound, which cannot now be conveniently reached. In the near future the construction of Grand Coulee Dam with multitudes desiring to see this giant project is another reason to support a resurgence of the low-level tunnel project."

During the summer of 1932 a campaign to put an appropriation for a survey previously vetoed by the governor up to the voters was started by the Cascade Tunnel Association.

Petitions were collected asking that the public approve an appropriation of \$100,000 for a survey to determine costs and collect engineering data funding to come from the vehicle tax moneys. By this time the proposal was for an electric train ferry system to carry both freight and vehicles. Its proponents declared it would stimulate cross state business, especially with plans for a giant reclamation project for the

there was agreement that in event of an attack on Puget Sound, it would have to be abandoned. The government was keeping an eye on the issue, for with the roads of the day there was no way troops or materials could be safely and quickly moved across the state.

Activity in behalf of the survey continued in spite of two defeats. Puget Sound congressman again supported



Traffic turning off Highway 2 onto Icicle Road drove through this 28-foot wide arch. It was to advertise the planned Cascade Tunnel.

Columbia Basin, a sure thing. Evidently, the 50,000 signatures of registered voters required were not secured for it was missing on the November election ballot.

Backing these plans was one thing; overcoming the resistance of an established powerful, well-funded system another. The railroad had a virtual monopoly on hauling to Puget Sound. Its rates had long cut deeply into growers' incomes. This short-haul tunnel even with a toll was inviting competition and surely a drop in freight rates. With the possibility of war looming, the War Department took an interest. Among themselves

a bill for the survey in 1939. Expecting it would require seven years to construct, it seemed too little too late. When World War II came and the Pearl Harbor attack took place, it was necessary to charge full steam ahead into war production. By this time millions had been spent on improving Stevens Pass, looking to an all-year route. It wasn't a perfect solution to the Cascade crossing problem, but it was the only answer available. Good or bad, the building of the 27-mile tunnel at low level was laid aside. Its benefits remain only a memory.

Q: Can phytoestrogens help relieve menopausal symptoms like hot flashes and night sweats?

My first hot flash was quite memorable. Standing in front of 120 students in a lecture hall in Pullman, Washington, I was talking about prescription weight loss drugs when the temperature in the room seemed to spike up. Then I noticed a hot and prickly sensation in my scalp, followed a few seconds later by sweat shooting out of every pore, leaving me drenched and distracted in front of the entire class. It was excruciatingly embarrassing. Can phytoestrogens relieve the physical and social discomfort of menopausal symptoms like hot flashes and their night-time equivalent, night sweats? Phytoestrogens are plant-based substances that can act just like estrogen in your body. These compounds attach to the same places in your body that other types of estrogens but are 100-10,000 times less powerful.

There are approximately 20 phytoestrogen compounds found in various foods and herbs, with soy products and flaxseed the most concentrated sources. Herbal products such as black cohosh and red clover also contain phytoestrogens. Phytoestrogens may behave like other types of estrogens but can also have the opposite effect, acting like the estrogen-blocking prescription medicines tamoxifen and raloxifene (Evista®). Tamoxifen and raloxifene work by blocking the action of estrogen on breast tissue and are prescribed to help prevent some types of breast cancer.

In menopausal and postmenopausal women, the phy-

toestrogens found in soy-based foods and extracts act just like your own estrogen on bone and breast tissue. But in premenopausal women with normal endogenous estrogen levels, soy phytoestrogens work differently. They displace or "kick off" estrogen from breast tissue, replacing it with soy's less powerful plant-based cousins. Soy foods and soy concentrates have been studied more than other sources of phytoestrogens because they're the most concentrated and available sources of phytoestrogens. Soybeans and soy products such as soy nuts, soy milk, and tofu are particularly high in a particular type of phytoestrogen called isoflavone.

Researchers have noted that Asian women don't suffer from hot flashes during menopause as commonly as Western women do. One major difference is believed to be their diet; a typical Asian diet contains a lot more soy than a typical American diet. Phytoestrogens can relieve hot flashes during menopause in some women. A recent study showed that women who are able to convert the soy they eat into a particular phytoestrogen called equol had significantly fewer hot flash episodes than those who didn't. It's estimated that only about 30-50% of women in North America can do this; women who can produce equol from the soy in their diet are more likely to be Asian or Hispanic descent than Caucasian. How much soy does it take to experience a reduction in your hot flash symptoms? Most clinical

studies have used between 40 and 80 mg daily of phytoestrogens from soy-based products. Recent evidence suggests that you should start with 2 servings a day of soy foods and try that for 3 months to see if your frequency of hot flashes decreases.

One serving of soy food can be 3 ounces of tofu, ½ cup of edamame, ½ cup tofu, ¼ cup soy nuts, or 1 cup of soymilk. Flaxseed, chickpeas, beans, peas, green leafy vegetables, cauliflower and nuts are also sources of phytoestrogens. After trying soy for 3 months, if you don't notice any decrease in your hot flashes or hot flushes, go ahead and stop it.

Here are 4 Tips on Using Phytoestrogens for Hot Flashes:

1. If you have a family history of breast or endometrial cancer, or have had breast cancer, avoid consuming large amounts of soy based foods. If you are vegetarian or vegan, don't eat tofu or tempeh every day, and restrict your consumption of soy milk.
2. If you're not vegetarian, it's unlikely that you get enough soy in your diet to increase your risk of breast cancer unless you take supplements containing soy concentrate or herbal products like black cohosh marketed for "menopause support", such as Remifemin®.
3. In susceptible individuals, soy extracts may trigger breast cancer. Soy has been



shown to stimulate increased cell production in normal breast tissue. Although there was concern that phytoestrogens from soy or red clover could interfere with the effectiveness of tamoxifen in breast cancer, recent evidence shows that isn't true.

4. If you have a family history of an increased risk of breast cancer you should definitely avoid taking any supplements containing soy concentrates, black cohosh or other phytoestrogens as well as restricting your intake of soy-based foods.

Dr. Louise Achey, Doctor of Pharmacy is a 38-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com*

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Cooking With Teri

FALL COOKING BUCKET LIST

Fall is officially here and with it came a dusting of the surrounding mountains with snow. When I see snow I know it's time to prepare for winter, change my wardrobe and change my menu to more seasonal and comforting foods. Fall is a great time to enjoy the many types of apples, pears, and squash that are so abundant in our Valley. It is also a great time to try new recipes of soup, stews, baked goods and beverages. Our wonderful Village also has some new dining and drinking establishments that you really should try from fabulous chicken and fries at Stein, or Parsons Pantry for biscuits and gravy and other great eats. We also have new wine and cider tasting rooms that have opened. Nothing says Fall like soft or hard cider and of course Pumpkin lattes are everywhere. My daughter Rachel recently purchased me an "Insta Pot" multi-cooker, which I hope to use this week. Pinterest is a great source for recipes for the Insta Pot which almost has a cult following. So I look forward to cooking some new and different meals in mine. I have already printed off quite a few recipes for my Fall Cooking Bucket List. I will keep you posted on my progress, I would love to hear from other Insta Pot users about their experiences with this cooking marvel. My recipe this week uses are Upper Valley Bartlett pears and is wonderful to serve your family and friends.

Enjoy!

BAKED PEARS

- 3 ripe Bartlett Pears
- 2 tablespoons butter
- 1/2 cup honey
- 8 ounces mascarpone cheese
- 8 ounces heavy whipping cream
- 2 teaspoons vanilla extract
- 2 tablespoons pistachios
- 1 teaspoon pumpkin pie spice

1. Preheat oven to 350 degrees.
2. Cut the pears in half and remove the core. Place in a baking dish. Place half a teaspoon of butter in the center of each pear and generously drizzle with honey. Bake 30-35 minutes.
3. With an electric mixer whip the cream until soft peaks form. Add the vanilla and the mascarpone. With a wooden spoon slowly mix everything together.
4. When pears are baked and brown, place each half on a serving plate. Place a dollop of the cream mixture in the center of each pear and sprinkle with the pumpkin pie spice. Sprinkle each pear with pistachios and drizzle with more honey.

QUOTE: "Autumn shows us how beautiful things can become when we let them go". Unknown Author

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Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office.
The publisher cannot certify the complete accuracy of the information provided.



Leavenworth

Monday, Oct. 2
04:10 Alarm reported at 2480 Salal Dr. Lake Wenatchee.
05:06 Animal problem reported at 12704 Prowell St.
07:42 Property issue reported at Leavenworth.
08:30 Suspicious activity reported at 10001 School St. Peshastin.
09:23 Traffic offense reported at US97-US2 Park & Ride.
10:44 Harass/threats reported at 4702 US97.
13:43 Traffic offense reported at US2 & E. Leavenworth Rd.
15:49 Harass/threats reported at 263 Mine St.
15:52 Malicious mischief reported at Fairbridge Inn.
16:43 Traffic offense reported at Chumstick, MP11.
19:34 Animal problem reported at 8397 Main St. Peshastin.
19:38 Trespass reported at Ducks & Drakes.
21:32 Suspicious activity reported at The Loft.
23:42 Agency assist requested at E. Leavenworth Rd. MP2.5.

Tuesday, Oct. 3
06:24 Disturbance reported at CM.
13:53 Non injury accident reported at 10135 Peshastin Mill Rd.
14:20 Welfare check requested at 12704 Prowell St.
15:27 Suicide check requested at CHS.
15:28 Harass/threats reported at CHS.
15:32 Welfare check requested at Dan's Food Market.
16:46 Non injury accident reported at 10135 Peshastin Mill Rd.
17:29 Trespass reported at 4702 US97.
18:26 Domestic disturbance reported at Der Ritterhoff.
18:45 Parking/abandoned vehicle reported at Ski Hill Dr. & West St.
19:33 Hazard reported at 17033 River Rd. Plain.

Wednesday, Oct. 4
01:46 Domestic disturbance reported at US2 & Main St. Peshastin.
05:07 Malicious mischief reported at 13110 Chumstick Hwy.
05:41 Malicious mischief reported at 13110 Chumstick Hwy.
09:16 Court order violation reported at 5950 US97.
10:26 Suspicious activity reported at 12795 Shore St.
11:48 Parking/abandoned vehicle reported at 24510 White River Rd. Lake Wenatchee.
12:10 Harass/threats reported at CHS.
12:25 Agency assist requested at US97, MP173.
13:28 Public assist requested at CC3.
14:23 Harass/threats reported at CHS.
15:00 Property issue reported at Leavenworth Chamber.
16:22 CPS/APS referral reported at 5950 US97.
17:03 Property issue reported at School & Main streets.
17:38 Lewd conduct reported at Village Mercantile.
19:35 Non injury accident reported at 9002 Icicle Rd.
19:56 Agency assist requested at 9898 E. Leavenworth Rd.
20:34 Search and rescue reported at Snow Lakes.
20:36 Disturbance reported at CM.

Thursday, Oct. 5
02:50 Miscellaneous issue reported at US2 & Alice Ave. Dryden.
12:03 Civil issue reported at KOA.
12:50 Extra patrol requested at Main St. Peshastin.
15:25 Suspicious activity reported at 12795 Shore St.
19:47 Agency assist requested at US2, MP99.
20:02 Animal problem reported at 69 Timber Ridge Canyon Rd.
20:35 Abuse reported at Amtrack Station.
21:04 Suicide threat reported at 7581 US97.

Friday, Oct. 6
10:11 Parking/abandoned vehicle reported at 237 Prospect St.

14:20 Civil issue reported at McDonalds.
16:47 Trespass reported at 9th & Front streets.
18:23 Property issue reported at 617 US2.
18:32 Public assist requested at 12623 Spring St.

Saturday, Oct. 7
00:10 Noise reported at 2525 Kinikinnick Dr. Lake Wenatchee.
00:28 Noise reported at 721 Commercial St.
00:34 Domestic dispute reported at 8541 Icicle Rd.
1:27 Noise reported at 9400 Embroden Rd.
03:50 Hazard reported at Chumstick Hwy. MP2.
08:32 Theft reported at Prey's Fruit Barn.
09:12 Agency assist requested at US97, MP178.
10:31 Extra patrol requested at 10172 Main St. Peshastin.
10:46 Domestic disturbance reported at 12623 Spring St.
11:02 Suspicious activity reported at Deadman's Hill & US2.
11:05 Public assist requested at Dan's Food Market.
12:22 Non injury accident reported at 1320 US2.
12:38 Disturbance reported at 9th & Front streets.
13:15 Suspicious activity reported at 16400 Cedar Brae Rd.
13:21 Non injury accident reported at 185 US2.
13:35 Trespass reported at 8894 Stage Rd. Peshastin.
14:57 Injury accident reported at 9th & Front streets.
16:13 Weapons violation reported at Mountain Home Rd.
16:23 Theft reported at 375 Ski Hill Dr.
16:56 Drugs reported at 300 Enchantment Park Wy.
17:08 Missing person reported at Leavenworth.
20:24 Suspicious activity reported at Kelley Ave. & Cedar St.
21:14 Domestic disturbance reported at Cashmere Valley Bank.
21:17 Theft reported at Wok About Grill.

Sunday, Oct. 8
21:38 Domestic disturbance reported at 315 Commercial St.
21:58 Vehicle theft reported at Dan's Food Market.
22:07 Assault reported at the Festhalle.
22:08 Assault reported at the Festhalle.
22:52 Noise reported at 3rd St. & US2.
22:36 Trespass reported at the Festhalle.
23:45 Traffic offense reported at 12708 US2.

Monday, Oct. 2
06:04 CM,CC3 responded to a stroke at 9542 E. Leavenworth Rd.
15:31 CM,CC9 responded to an unconscious person at 22509 Saddle St.
23:42 CM responded to a diabetic at E. Leavenworth Rd. MP2.5.

Tuesday, Oct. 3
06:27 CM,CC3 responded to a breathing problem at 13559 Chumstick Hwy.
10:45 CM responded to a transfer from CM to CWH.
17:47 CC3 responded to an illegal burn at 9210 Mountain Home Rd.
18:28 CM responded to a psychiatric issue at 190 US2.
21:13 CM,CC3 responded to a breathing problem at 18124 Chumstick Hwy.

Wednesday, Oct. 4
12:24 CM,CC3,CC6 responded to a motor vehicle accident at US97, MP173.
13:17 CM,CC6 responded to a fall at 9252 Foster Rd.
17:47 CM responded to a psychiatric issue at 920 US2.
19:56 CM,CC3 responded to an overdose at 9898 E. Leavenworth Rd.

Thursday, Oct. 5
07:25 CM responded to someone with back pain at Blue Bird.
10:23 CM,CC9 responded to a traumatic injury at 17515 N. Shore Dr.

Friday, Oct. 6
10:56 CC3 responded to a commercial alarm at IRMS.
16:34 CM,CC3 responded to a stroke at North Rd.
20:52 CM,CC3 responded to an unconscious person at Gazebo Park.

Saturday, Oct. 7
01:33 CM,CC3 responded to a fall at 12817 Shore St.
09:09 CC3,CC6 responded to a vehicle fire at US97, MP178.
14:57 CM,CC3 responded to an injury accident at 9th & Front streets.
18:09 CM responded to a sick person at the Festhalle.
19:30 CM responded to a sick person at 1001 Front St.
19:30 CC3 responded to an electrical hazard at 103 Commercial St.
19:59 CM responded to a sick person at 921 Front St.
21:48 CC3 responded to an electrical hazard at 103 W. Commercial St.

Sunday, Oct. 8
01:59 CM,CC3,CC6 responded to an unknown accident at 3346 Allen Ln.
02:00 CM,CC3 responded to a traumatic injury at 590 US2.

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November 16th 6:00-7:00

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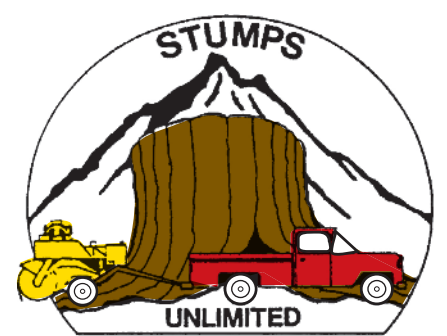


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