



Photo submitted by Chelsea Evans  
Gleaning vegetables and fruit in season for U.V MEND is fun and rewarding.

## Evans received Volunteer Recognition Award

By KALIE DRAGO  
Echo Reporter

A local good Samaritan, Jan Evans, was recognized for her good deeds this month – she traveled to Seattle to accept a volunteer recognition award from the Rotary First Harvest. She was nominated by Bob Mark, the Community Cupboard Program Manager at Upper Valley MEND and presented her award from her

own daughter and Gleaning Coordinator, Chelsea Evans. She was chosen for the award based on her work with the Community Harvest program, a branch of the Upper Valley MEND's many charitable programs. Evans began her volunteer work with the Community Harvest gleaning program back in 2017 and wasted no time diving headfirst into the

work. According to her nomination letter, she attended 30 plus gleaning events each season and was a great ambassador for the program. Not only did she put in the time, she put in the effort to spread the word about the program and encouraged others to follow her lead to support. Evans would rescue thousands of pounds of locally

grown fruit and vegetables to then donate to local food banks. Not only that, but she extended her helping hand further than just gleaning itself – she helped organize the year end end large apple gleans, she used her Facebook profile to constantly promote the Community Harvest program and regularly volunteered at other program activities.



Photo by Kalie Drago  
From left Chelan PUD Commissioner, Steve McKenna, along with project architect, Randy Cook, chat with a visitor at the Leavenworth open house.

## PUD extends an invite to open house

By KALIE DRAGO  
Echo Reporter

The Chelan County Public Utility District has kept its service costs to a record minimum and customer service availability to a maximum - especially with the open public forums the entity has been offering throughout Chelan county. With an upcoming new Service Center on the horizon for Chelan PUD, the entity organized public forums to answer questions.

It seems the Chelan PUD is striving to keep the new building project, which will be located in Old Station in Wenatchee, transparent with those it provides service to. "The PUD, coming out of the 2014/2015 strategic planning process, identified reinvestment in our facilities a major priority," said Dan Frazier, a representative from Chelan PUD at a Leavenworth city council meeting.

"Our priority has always been low cost, very reliable power and facilities were put in the backseat. This is the first time we've brought our facilities to the forefront." Leavenworth was the third stop for the workshop, where the public was invited to ask series of questions about the upcoming whopping multi million dollar consolidation building project.

The event was hosted at the Leavenworth Fire Hall on Wednesday, March 20. "We as a PUD, really want to find out people's questions, concerns and feedback that will help us as we go forward with our designs and concepts," said Steve McKenna Chelan PUD commissioner. Each station had a representative to elaborate on what the poster was displaying. It allowed dwellers to get a more personable grasp on what the Service Center would entail.

There were several categories of posters that addressed different aspects of the proposed building. People could mill from poster to poster to get an idea of elements like the timeline, the initial study about the facilities and how they landed on the best financial value.

"The people I've met so far (at the open houses) are just genuinely curious," said McKenna. The setting was intended to have open discussion flowing from Leavenworth residents about the new building. It was from 4 to 6 p.m., a two hour opportunity, which was a time that would allow those who work 9 to 5's to trickle in and participate.

## Man's best friend? More like student's best friend



Photos contributed by Kristen Joy Wilks

By KALIE DRAGO  
Echo Reporter

Tools for improving school work vary from neon highlighters, a stack of index cards, that lucky pen for particularly hard tests – and for Cascade School District students, can even come in the form of a furry, four legged girl named Princess Leia. Princess Leia roams among Cascade school hallways, not as a pet, but as a staff member – she's the Cascade School District's support dog. "I'd like to introduce our

newest support to our program, Princess Leia," said Brett Johnson, Special Education Director at the March 11 school board meeting. "She's a therapy reading dog. It's the highlight of the week if they get to end their week with Princess Leia." Leia is a purebred Newfoundland with her 4th birthday nearing on April 24. She began working with Cascade School District in May 2018 when she was three years old. "We waited until she was nearly three before pursuing

therapy work since Newfoundlands are very large puppies until they mature into calm and capable dogs at about the age of three," said owner and partner, Kristen Joy Wilks. Beyond being a sight for sore eyes after a long day of shuffling through school work, she provides professional assistance. Princess Leia has an impressive resume before accepting her new job position with the school district – she has a part time job as being a camp dog to campers at

Camas Meadows Bible Camp as well. "My husband (Daryl Wilks) is a camp director. Our family lives on site at Camas Meadows Bible Camp on Blewett Pass and Leia is the camp dog. She visits the campers with us, providing companionship, fun, and comfort as needed," said Wilks. "Newfoundlands inspire strangers on the street, hurting kids, and their own owners in many surprising ways."

SEE PRINCESS LEIA ON PAGE B2



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# Opinion

## Reflections from the E-Mail bag

A couple things came across my electronic desk this week that cried out for a response.

First, It seems the wet side Democrats have woken up to the fact that they don't do well in Eastern Washington. Disappointed in the results of the mid-term elections the "Eastern Washington Advocates" announced they are having a town hall meeting in Richland next week to explore why their progressive agenda doesn't resonate with Eastern Washington voters.

Maybe they should take a look at the disaster that their "progressive ideas" have created in Seattle. According to an investigative news piece by KOMO TV, "Seattle is Dying," the city of Seattle now has the second highest number of property crimes of the 20 largest cities in the country. It is exceeded only by San Francisco, another shining example of progressive leadership.

Seattle is just the latest example of the failure of the Progressives social agenda. Everywhere they have run local government the results have been nothing short of disastrous. Chicago has the highest gun deaths despite the most restrictive gun laws. Tent cities in Los Angeles



IN MY  
OPINION  
Bill Forhan  
Publisher

and now Seattle have turned once vibrant cities into islands of squalor from people who are not just homeless but are functionally incapable of managing their lives. Whether they are mentally ill or addicted to drugs, leaving them on their own to deal with their dis-function is not compassionate. It is just another tactic for progressives to promise to fix a problem they have created.

Government loves to pass laws (regulations) that promise to address the problem. Elected representatives often use these issues to increase your taxes or by putting limits on efforts of current government agencies. It is rare that they find real solutions to address these difficult issues.

This is not compassionate. Leaving dysfunctional people to resolve their own problems or worse, developing programs that empower their dysfunctional behavior is just cruel.

Second, I received an opinion submission on "A Different Kind of Socialism." It seems the Bread and Roses Party wants to suggest a new way of thinking about the Alternative American Dream. What – you've not heard of the Bread and Roses Party? It's the first new socialist party in the United States in 4 decades. They have morphed the old Marxist idea to, "From each according to their potential, to each according to their needs."

It doesn't matter how you spin the words. Marxism does not work. Attempts to soften the idea by changing the words is just another way to try and sell you snake oil.

Finally, I received an email with a remake of an old radio program by legendary radio personality Paul Harvey. The piece was juxtaposed with comments from other modern leaders including President Barack Obama, Ronald Reagan, Hillary Clinton and others.

It seems Harvey predicted the socialist threat to our great American heritage over 50 years ago. Harvey cautioned against the decline of our society just like those great societies that came before. Societies not destroyed by the



invasion of foreign armies but by the decay of their society from within.

The message is an old one. Those who cannot remember the mistakes of the past are doomed to repeat them. There is nothing progressive about the current "new" socialism. Socialism and communism are a false promise. A promise of security in exchange for individual freedom to make your own decision about what is best for you.

Socialism has failed wherever it has been tried. The most recent example is Venezuela. But our country is full of immature and gullible individuals who continue to swallow the false promise of a socialist utopia. A just society that finds

no problem in confiscating the property of others to give it to those who have done nothing to earn it.

Another famous American once said, "Those who would give up essential liberty, to purchase a little temporary safety, deserve neither liberty nor safety." That famous American was Benjamin Franklin - one of our founding fathers.

Let's hope that the historic wisdom of the American people will once again overcome the insanity of a system that promises much but delivers little.

For those interested in looking at the videos and opinion pieces mentioned here I will post the links to this opinion on our web site [leavenworthecho.com](http://leavenworthecho.com).

## Crimea river, but carry on

A crazy play on words indeed, but when it comes to wringing our hands when it comes to international politics, it's either cry me a river or go to war. Not much wiggle room. Not much gray area. Appeasement of the aggressive country reminds grandfathers everywhere of the appeasement that help cause a full blown war -- as in World War Two.

Britain sent Neville Chamberlain to meet Hitler and the result was more and more aggression on Hitler's part.

With each succeeding generation, that war recedes into a distant chapter of history and ceases to be a living thing. Especially since not too many WWII veterans are still alive to talk about the experiences and atrocities they witnessed first hand.

Czar Vlad (the Impaler) Putin literally took the Crimea and we did nothing. Will he soon make a move against the Baltic nations of Latvia, Estonia and Lithuania? They also have substantial Russian populations.

Do most Americans really care or is it worth enough to start WWII?

President Obama (Democrats) should have done something significant, not necessarily militarily, but certainly more than just a few sanctions.

I think a nice response, which shows we do care about stopping Russian imperialism, would be to take Cuba back. We actually owned it as a spoil of the 1898 Spanish-American War.

We all know that millions

of American dollars flow into



GARY  
BÉGIN  
Managing  
Editor

Cuba from Cuban-Americans with family still in the old country. One could probably raise an entire army in the Little Havana neighborhood of Miami, but this time really support them, unlike the Bay of Pigs, a Kennedy (read Democrats) failure.

I would first start by assassinating Raul Castro and if that didn't immediately change attitudes, I would send in the Young Hispanic Republican Army - Miami chapter.

In my somewhat biased view of the world, it is always a good thing to, if possible, to promote from within, buy local and keep a strong military when the world economy is threatened.

If the new crop of elected Congressional House Democrats get their way however, socialism will become more and more prevalent and the world communist order will hover on the sunrise just waiting to add a few more negative pounds on the evolutionary scale of history.

The sons and grandson's of the Putin communist elite will be happy to tell our liberal offspring what to say in the history books.

Vis-a-vis Russia "taking back" the Crimea, we can "take back" Cuba, make it a

state and by adding Puerto Rico, U.S. Virgin Islands and Guam as states, create our own extra-robust sphere of influence.

It takes political will and the guts of the electorate to tell the world we won't be spit on by failed communist states like Russia and N. Korea and Cuba. The Russian economy is in disrepair, while the other two aforementioned countries have nothing to brag about.

BTW, the Philippines were also ours once, but it is too large and crazy over there to want it back. We'd have to spend billions on infrastructure alone.

Our CIA killed "commie" Salvador Allende and installed Augusto Pinochet\* in Chile back in 1973, why not give Raul a chance to show the world our clandestine forces still have teeth?

I have heard of many Cubans with Russian first names like Vladimir Diego, Boris Suarez and Aleksandr Perez, but I don't cherish the idea of meeting Hispanic Americans with similar monikers.

It will happen if we don't show strength and courage to these Russian "wolves at the gate."

Do you really want to have Nicolai Johnson as president and Alexei Smith as Speaker of the House come 2032?

Might as well burn the Constitution now or stand up and fight back. If we don't do something dramatic in response to Crimea and the new world order of commies disguised as Americans take power, they will be doing a

book burning somewhere near you.

Communist societies the world over don't allow free speech. In the greatest of hypocrisies, the extreme liberal left in America does not tolerate free speech either,

but I guarantee "Freedom Isn't Free" is more than just a bumper sticker cliché.

\*Augusto José Ramón Pinochet Ugarte was a Chilean general, politician and US-backed dictator of Chile between 1973 and 1990.

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The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to [echo@leavenworthecho.com](mailto:echo@leavenworthecho.com).

Corrections

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ICICLE CREEK THIS WEEK

Billy McLaughlin reinvents himself to save musical life

JAMIE HOWELL

We've begun calling it the **Shattering Obstacles Tour**. First, there was blind pianist Justin Kauflin. Then came deaf singer/songwriter Mandy Harvey. And now, it's guitar pioneer **Billy McLaughlin** who had his musical career destroyed by a neuromuscular disorder, only to stage an awe-inspiring comeback by retraining himself to play his instrument left-handed.

Each of these artists have come to share their stories and their music with local students and the community at-large as part of Icicle Creek's **Visiting Artist Series**.

**Billy McLaughlin** became famous for his signature guitar style utilizing percussive techniques and acoustic amplification. His album, *Fingerdance*, hit #7 on the Billboard charts. But then, in 2001, he was diagnosed with **focal dystonia** - a mysterious and unrelenting condition that took away the use of his right hand. Not to be deterred, McLaughlin decided to develop an entirely new style of left-handed guitar playing and by 2007, he had released a new album.

McLaughlin will be here to offer a free workshop on the basics of his two-handed tapping technique, followed by a public concert in the Snowy Owl Theater. The workshop starts at 2 p.m., the concert follows at 7 p.m. For tickets or more information, go to [icicle.org](http://icicle.org) or call the box office at 548-6347, x.1.

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## AA Meeting Schedule

### Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379

**Sunday, 9 a.m.,** Leavenworth Senior Center, 423 Evans St.

**Sunday, 7 p.m.,** Leavenworth Senior Center, 423 Evans St.

**Tuesday, noon,** First Baptist Church, 429 Evans St.

**Tuesday, 7 p.m.,** Light in the Valley, 8455 Main Street, Peshastin

**Wednesday, 7 p.m.,** Leavenworth Senior Center, 423 Evans St.

**Thursday, noon,** Kristalls Restaurant, 280 US-Hwy.2, Leavenworth

**Friday, 7:30 p.m.,** Plain Community Church, 12565 Chapel Dr., Plain

**Information number for Alanon: 509-548-7939**

### Alanon Meeting Schedule:

**Monday, 7 p.m.,** United Methodist Church, 418 Evans St.

## Community Calendar

### Wednesday

**Peshastin Water District,** 5:30 p.m., Peshastin Memorial Hall. Call Abby Bergren, 548-5266. (2nd Wed.)

**Prostate Cancer Awareness & Support Group,** 8:30 a.m., Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)

**Children and Youth program,** 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.

### Thursday

**Autumn Leaf Festival Association meetings,** 6 p.m. at the Icicle Village Inn, in the Lake Wenatchee Room. Hwy 2. Call President Jim, 670-3343 or Secretary, Carol 670-1723. Everyone is welcome to attend. (1st Thurs. of every month, unless notified otherwise.)

**Leavenworth Chamber of Commerce,** 8 a.m., Kristall's Restaurant, Bill Forhan, president. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)

**Leavenworth Lions Club,** Kristall's Restaurant, Conrad Delury, president, (509) 387-5051. (1st Thurs. at 6:30 p.m. and 3rd Thurs. at Noon)

**Peshastin Community Council meeting,** 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

**The Wenatchee Valley Doll Club,** 11:30 a.m., call Yvonne, 509-663-7991. (2nd Thurs.)

### Friday

**Chelan County Veteran Service Officer, WorkSource, and SSVF,** coffee and organizational information, 10 a.m.- 1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)

**Leavenworth Rotary Club,** 11:45 a.m. Kristall's Restaurant, Penny Carpenter, president. For more information, 509-885-0441.

### Saturday

**No Events Scheduled.**

### Sunday

**No Events Scheduled.**

### Monday

**Chumstick Grange Hall,** 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)

**Upper Valley Free Clinic,** 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND. Call 548-0408.

**Young Life Club,** 6:30 p.m. All high school age students welcome. TJ Kaapuni 509-679-3247. (2nd & 4th Mon.)

**Cascade School board meetings,** 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

### Tuesday

**I.P.I.D. Meeting,** 8 a.m., Anthony "Toni" Jantzer, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)

**Icicle Valley Chapter of Trout Unlimited,** 6:30 p.m., Icicle Village Inn, Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)

**Cascade Medical Board Meeting,** 9 a.m., at Cascade Medical, 548-5815. (4th Tues.)

**Leavenworth People with Parkinson's Disease Support Group,** 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine Degel, (206) 356-4288 or Judi Little (425) 870-2089. (2nd Tues.)

**Upper Valley Women's Bible Study,** Noon, at King Ludwig's. Call Delores Hall, 548-7803.

**Buns, Book and Tea, Peshastin Book Club,** 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)

**Cascade Education Foundation,** 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.

**LWSC Alpine Committee,** 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)

**Leavenworth Masons,** 7:30 p.m. Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. [www.leavenworthmasons.org](http://www.leavenworthmasons.org). (1st Tues.)

### Ongoing events

**Leavenworth Public Library:** 548-7923.

Monday, Tuesday, Wednesday, open 9 a.m.- 6 p.m.

Thursday, 9 a.m.- 8 p.m.

Friday, 9 a.m.- 6 p.m.

Closed on weekends and Holidays.

### Special events:

Tuesday, 11:30 a.m., **Baby story time**

Wednesday, 1:30 p.m., **Preschool story time**

**Peshastin Public Library:** 548-7821.

Monday, 2 - 6 p.m.

Tuesday, 1 - 6 p.m.

Wednesday, 9 a.m. - 2 p.m. Thursday and Friday, 1 - 6 p.m.

### Special events:

Tuesday, 2:30 - 3:15 p.m. Stories and crafts in Spanish and English.

Wednesday: 10:30 - 11 a.m., **Preschool and toddlers, Story time.**

**Closed weekends.**

### Upper Valley Museum:

347 Division St., 548-0728. Thursday, Friday, Saturday 10 a.m. - 4 p.m.,

Sunday, 11 a.m. - 3 p.m.

**Leavenworth Fish Hatchery,** 548-7641. **Open daily,** 8 a.m. - 3:30 p.m.

### Regional events

**SCORE** (small business counseling), 1 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)

**Cascadia Conservation District Board Meeting,** 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.

**Note:** Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

[leavenworthecho.com](http://leavenworthecho.com)

## Senior Center Events

### Leavenworth Senior Center, 423 Evans St., Leavenworth

Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise  
 Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting  
 Tuesday, 1:00-3:00 p.m., Crafts  
 Thursday, 1:00-3:00 p.m., Square Dancing  
 Thursday, 6:30-7:30 p.m., Bavarian Dancing  
 Friday, 6:00 p.m., Bingo  
 Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

## City Council Meetings

### 7 p.m., Leavenworth Planning Commission at City Hall

contact Liliith Vespier, 549-5275. (1st Wed.)

### 8 a.m., Leavenworth City Council study session, City Hall,

Joel Walinski 548-5275. (2nd Tues.)

### 3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275

(2nd & 4th Tues.)

### 6:30 p.m., Leavenworth City Council meeting, City Hall,

Joel Walinski 548-5275 (2nd & 4th Tues.)

## Senior Center Menus

### Leavenworth Senior Center, 423 Evans St., Leavenworth

Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.

**March 28, Thursday:** Half ham sandwich, split pea soup, carrots, tropical fruit, lemon bars.

**March 29, Friday:** Hamburger steak with grilled onions, potatoes, green bean casserole, spiced salad, pears, whole wheat bread or roll, dessert.

**March 30, Saturday & March 31, Sunday:** no lunch.

**April 1, Monday: April's Fool's Day.** No menu update for April.

## Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

### Leavenworth

#### March 15

06:04 Alarm, 200 8th St., Los Camperos.

10:49 Assist agency, 441 FS 6305-412 Rd., Lake Wenatchee.

11:41 Civil, 6145 US Hwy 97, Peshastin.

12:02 Hazard, Eagle Creek Rd. & Chumstick Hwy.

13:47 Extra patrol, 228 Chumstick Hwy.

16:43 Assist agency, US Hwy. 2 & Lone Pine Dr.

22:46 Warrant, 8555 Orchard St., Peshastin.

23:45 Traffic offense, US Hwy. 2 & Mill St.

#### March 16

00:51 DUI, 100 Ward Strasse.

03:27 Trespass, 301 Ward Strasse.

10:23 Traffic offense, US Hwy. 2 Mp 92.

12:44 Public assist, 22731 Brown Rd., Lake Wenatchee.

18:32 Trespass, 34491 US Hwy. 2, Stevens Pass.

19:16 Attempt to locate, 585 US Hwy. 2, Stevens Pass.

22:51 Traffic offense, 980 US Hwy. 2, Cashmere Valley Bank.

22:59 Disturbance, Front & 9th Streets.

23:31 DUI, 9th St. & Edelweiss Weg.

#### March 17

00:06 Domestic disturbance, 301 Ward Strasse.

01:56 Public assist, 301 Ward Strasse.

06:55 Accident, no injury, 13988 Chiwawa Loop Rd.

13:55 Suspicious, 10136 Main St., Peshastin.

16:05 Assist agency, US Hwy 2 Mp 94.

16:51 Alarm, 17545 Coulter Creek Rd.

18:06 Drugs, 151 Birch St.

20:16 Warrant, 17188 Chumstick Hwy.

20:58 Harass/threat, 1250 US Hwy 2, McDonalds.

21:55 911, 190 US Hwy 2.

#### March 18

09:21 Fraud/forgery, 980 US Hwy. 2, Cashmere Valley Bank.

09:56 Welfare check, North Rd. Mp 1.

12:44 Domestic disturbance, 9610 North Rd., Peshastin

16:11 Fraud/forgery, 980 US Hwy. 2, Cashmere Valley Bank.

16:38 Civil, 9610 North Rd., Peshastin

17:49 Public assist, 8829 Josephine Ave., Dryden.

17:59 Traffic offense, 185 US Hwy. 2.

18:14 Public assist, Jeske & Saunders Rd., Peshastin.

20:20 Trespass, 7702 Saunders Rd., Peshastin.

#### March 19

06:02 Alarm, 980 US Hwy. 2., Cashmere Valley Bank.

06:18 Assist agency, 3681 Old Blewett Rd., Peshastin.

11:48 Suspicious, 18780 Pine Loop, Plain.

15:21 911, 12069 Chumstick Hwy.

15:36 Fraud/forgery, 980 US Hwy. 2., Cashmere Valley Bank.

18:47 Warrant, 116 B. River Bend Dr., Safeway.

22:57 Domestic disturbance, 18183 Winton Rd., Lake Wenatchee.

23:32 Suspicious, 6145 US Hwy 97., Peshastin.

23:54 Suspicious, 1329 US Hwy 2, Dans Food Market.

#### March 20

02:28 Attempt to locate, 34491 US Hwy. 2, Stevens Pass.



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## Leavenworth

### Local Artist Reception

The Leavenworth Public Library will host a reception on Thursday, March 28, 6:30-7:30 p.m. for local artist Pacia Dixon whose art is on display in the library's Fireside Room now until April 26. Pacia has always been a plein air artist as well as a teacher of art and creative writing. Her show at the library will include watercolor, acrylic and oil paintings. Come meet Pacia and join us for refreshments. (e 12, 13).

### Last day for Social Walking

We will continue to walk Mondays through Thursdays 7-9 a.m. until the last day March 28th. (e 12, 13).

### Camp Fire's Absolutely Incredible Kid Day

Know a kid that works hard? This is why Camp Fire founded Absolutely Incredible Kid Day® in 1997 – to activate millions of adults across the U.S. to write/tell a young person in their life what makes them incredible. A personality that makes the world a better place? Parents, family, mentors, and teachers can write to a student or child and recognize them for how awesome they are, the great things they do, and how much they are appreciated in their community. Camp Fire North Central Washington will be accepting submissions until March 31. Call us at 509-663-1609 for more information. (er, 13).

### Book-It Repertory Theatre presents New Shoes

The Leavenworth Library on April 1 at 11 a.m., there will be live theatrical performance based on the picture book by Susan Lynn Meyer. For more info, call 548-7923 (e 12, 13).

### Leavenworth Red Cross Blood Drive

The Leavenworth Red Cross Blood Drive, sponsored by Church of Jesus Christ of Latter-day Saints, will be held on Thursday, April 4 from 1-6 p.m. at 10170 Titus Rd., Leavenworth. For information or scheduling an appointment, call 1-800-REDCROSS, (1-800-733-2767). Walk-ins are welcomed (e 12, 13).

### Author Joe Wilkins Shares

Join us at the Leavenworth Library on April 5, 6:30 p.m. with Joe sharing "Fall Back Down When I Die" "Perfectly explicates the clash between the cowboys of the old west and the seekers of the new." No charge to come. Call 548-7923. (e 13).

### Arbor Day Tree Distribution

Visit the distribution site on Saturday, April 13. Leavenworth PUD office on 222 Chumstick Hwy., from 10 a.m - 1 p.m. \$2 suggestion donation for trees and shrubs, 7 species for smaller yards and more for open spaces to choose from. (e 13, 14).

### Are you a part-time resident?

Join Cascade Medical's Part-time Resident Advisory Council meeting, 10 a.m. to noon April 13, in the Arleen Blackburn Room. The group meets two Saturdays a year to learn and share ideas about how the hospital can better serve them. All part-time residents of Leavenworth, Plain, Peshastin and Dryden are welcome to attend. Arrive early for a 9:30 a.m. meet-and-greet. RSVP with Jill Barich at 548-3431 or jillb@cascademedical.org. (e 13, 14)

### Is Truth Really Dead in America?

Professor Steven Stehr from Washington State University will be presenting and NCW United and Humanities Washington will be hosting the event. A free presentation on April 16 at 7 p.m. at the Canyon Wren Recital Hall. For more information, ed@ncwunited.org or (425)457-6266. (er 12, 13).

## Regional

### Arbor Day Packing Night

Join us on Thursday, April 11, 4:30-9 p.m. for tree packing night at Ballard Ambulance, 1103 N. Wenatchee Ave. High School aged youth and adults are welcome to come help with this annual event of wrapping the trees to prepare them for distribution. Wear sturdy shoes, bring gloves and a jacket. There will be a break for pizza and door prizes about 7 p.m. (er 13, 14).

### Community Cupboard

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Thrift/Food Bank/Emergency Services

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# Neighbors

## An open letter to the pastors of the Upper Valley

**From Bill Forhan**

Ever since my wife and I bought this newspaper nearly 20 years ago, this space has been reserved for local pastors. It is an opportunity for you to reach out to a world desperately in need of spiritual guidance.

Jesus calls Christians to go out and make disciples of all nations. This is an opportunity for each one of you to reach out to our local community. This is an opportunity for you to spread the good news or to call on each of us to consider the importance of faith in our daily lives.

Are you afraid that your words on faith will drive people away from your church? Then you need to work on your message. The world is crying out for spiritual guidance and without your voice people will fall for anything that brings them hope.

Here's a newsflash. Government programs do not relieve us of God's call to care for each other. God calls us to make a personal commitment to change the lives of those around us. God knows that it is only through our own personal sacrifice that we become more compassionate and caring. We can't delegate that to some government social program.

Last week my managing editor wanted to pull the pastor's column in Cashmere because the writer chose to criticize the Pope and Rick Warren. He felt the column was libelous. I can understand how some Christians might be offended by what that pastor wrote but Jesus challenged the religious leaders of his day regularly.

True understanding often comes through challenging our most deeply held preconceived ideas of God and God's call to us.

At this point you may be asking yourself what gives me the right to criticize you for your failure to take advantage of this opportunity to spread the message of faith.

I was born and raised as a Roman Catholic. My wife was Lutheran. We met in High School and fought over religion for years before a Lutheran pastor convinced me that we should try the Episcopal Church. Since that time we have both been involved in various Christian renewal programs involving nearly every Christian denomination. What we have learned is that none of them are perfect. All of them are flawed human institutions seeking to understand the complexity of God.

This country is in need of true spiritual guidance. We won't get it from the media. We won't get it from government. Our public schools have turned their back on religion sending our youth a message that faith is unimportant. And the silence of our religious institutions is deafening.

Every one of you write a sermon each week so I should have multiple columns from which to choose. It is time for you to take action on the great commission. As Jesus said, "If you love me - feed my sheep."

You can submit your column through email by sending to publisher@leavenworthecho.com.



Photo by Pamela Nelle  
Cedar and Hazel Tremberth show off their own painted bowls and waiting to choose a soup to enjoy.

### LEAVENWORTH ROTARY NEWS ROTARIAN OF THE MONTH



Rotarian Acting President presents Mike McComas with certificate in recognition as February Rotarian of the Month for Leavenworth Rotary Club.

Mike is owner of Leavenworth Electric & Excavation. Mike joined Rotary in 1988 and served as President for 2007-08. He is a Paul Harris Fellow and has served on many committees.

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## Obituary

### Shirley Ogle

Shirley Ogle passed away peacefully on March 19 at her home in Peshastin, WA. at the age of 81, surrounded by her family. Shirley was born on December 14, 1937 in Leavenworth, WA. to Gus and Laurie Rudolph. She graduated from Peshastin High School in 1956 and went on to marry Shirel Ogle on August 16, 1958.

Together they raised two sons, Shirel (Chip) Ogle, Jr. and Charles Ogle, and one daughter, Kimberly Smith, all of whom reside in Peshastin, WA. Shirley had a passion for gardening, and would grow a large garden every year.

She loved spending time with her grandchildren, and also enjoyed baking and crocheting. Shirley is preceded in death by her father, Gus; mother, Laurie; brother, Don; sisters, Dorothy and Margaret.



She is survived by her husband Shirel; her four children, Chip, Charles, Kimberly and Jerry; her sisters Ruth, Jean, and Judy; 10 grandchildren, and 12 great grandchildren.

A Celebration of Life will be held on March 30, 2019 at Mid Valley Baptist Church at 1:00 p.m.

In lieu of flowers, please send donations to the Upper Valley Christian School.

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.



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### OBITUARIES & MEMORIALS

An obituary is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be written later. Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s) that it will be placed in to. Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

For information call at 509-548-5286.  
Or contact editor@leavenworthecho.com

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# UPPER VALLEY CHURCH GUIDE

New to our area? On vacation?  
These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

### CASHMERE

#### CASHMERE BAPTIST CHURCH

103 Aplets Way • 782-2869  
Sunday School 10:00 a.m. - Worship 11 a.m.  
Bible Study, Wed., 7 p.m.  
Pastor Bob Bauer

Find us on Facebook at Cashmere Baptist Church



#### CASHMERE PRESBYTERIAN CHURCH

303 Maple Street • 782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
www.cashmerepres.org



#### CASHMERE UNITED METHODIST CHURCH

213 S. Division • 782-3811  
Worship & Sunday School at 11:00 a.m.  
Office Hours: Monday - Thursday  
10:00 a.m. - 1:00 p.m.  
Pastor Lilia Felicitas - Malana

#### CHRIST CENTER

Cashmere Assembly of God • 509-782-2825  
Worship Celebration & Sunday School 10 a.m.  
Meeting at The Conservatory, back entrance of Apple Annie's  
Underground High School Group, Sundays, 6 p.m.  
Junior High, Wednesdays, 6:30 p.m.  
Meet at - 206 Vine Street  
Lead Pastor, Steve Haney  
Children's Pastor, Andy Robinson  
Congregation Care Pastor, Joyce Williams  
Pastor Ian Ross, Director of Operations  
Stephanie Haney, High School Director  
christcentercashmere.com



#### GRACE LUTHERAN CHURCH

Vine & Elberta Streets • 860-0736  
Worship 10:30 a.m.  
Pastor Robert Gohl

#### ST. JAMES EPISCOPAL CHURCH

222 Cottage Ave. • 782-1590  
Holy Eucharist 9 a.m.  
5th Sunday Morning Prayer 9 a.m.  
Deacon Carol Forhan - 670-1723  
Vicar Rob Gohl - Cell - 860-0736

#### EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662  
Sunday School - 9:45 a.m.  
Morning Worship - 11 a.m.  
Evening Service - 6:00 p.m.  
Pastor John Smith www.christforcashmere.org

### DRYDEN

#### DRYDEN COMMUNITY CHURCH

Hwy 2 at Dryden Ave. • 782-2935  
Sunday School 9:30 a.m. • Worship 10:45 a.m.  
Pastor Steve Bergland

#### MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 782-2616  
Worship Service, 10 a.m., Sunday School, 9 a.m.  
Pastor Mike Moore  
www.midvalley baptist.org

### LEAVENWORTH

#### CASCADE MOUNTAIN BIBLE CHURCH

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Wednesday 6:30 p.m. (school year)  
Pastor Todd James  
www.cmbiblechurch.org



#### COMMUNITY UNITED METHODIST

418 Evans Street • Leavenworth  
509-548-5619 • Rev. Matt Gorman  
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www.leavenworthumc.org

#### CORNERSTONE BIBLE CHURCH

Leavenworth Grange Hall  
621 Front St. • 548-0748  
Sunday Worship 10 a.m.

#### CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

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#### FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street • 290-0686  
Sunday School, 9:45 a.m. • Worship, 11 a.m.  
Pastor Michael Brownell  
email: mkb3123@gmail.com

#### LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292  
Sunday Worship 9:00 a.m.  
Lead Pastor: Andy Dayton  
Youth Pastor, Kent Wright  
Pastor to Children & Families: Becky Goodman  
www.LCN.org



#### SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 548-4345  
Saturday Services  
Bible Study 9:30 a.m. • Worship 11 a.m.  
Fred Smith • 860-3997

#### SPIRIT LIFE CENTER

210 Benton Street • 548-7138  
Sunday Worship 10 a.m.  
Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

### MONITOR



#### MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 782-2601  
Church Service & Sunday School 9:00 a.m.  
Pastor Lilia Felicitas - Malana

### PESHASTIN

#### LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517  
Sunday Worship 10 a.m.  
Pastor John Romine  
www.lightinthevalley.org

#### PESHASTIN ASSEMBLY OF GOD

School and Lake St. • 548-7523  
Sunday Worship Service 10:30 a.m.  
Bible Adventures for kids at 10 a.m. sharp  
Pastor Jorge Torres



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Pastors, Darryl and Mindy Wall  
Email: newlifeleavenworth@gmail.com  
FB page: newlifeleavenworth  
www.newlifeleavenworth.com

MARCH 27, 2019 • VOLUME 120, NO. 13

UPPER VALLEY NEWS SINCE 1904



Cascade's Hans Schlyer earned his first tennis win in two season during the Kodiaks' match in Connell.



All Photos by Al Stover

Cascade's Dorothy Espinosa picked up wins during the Kodiaks' first two matches. She earned a singles win in Connell and a doubles victory in Cashmere with her partner Megan Evans.

## Cascade tennis begins rocky start to season

By AL STOVER

The Cascade High School boys and girls tennis teams are off to an 0-3 start to their 2019 season, dropping matches to South Central's Connell on March 16, Caribou Trail League rivals Cashmere on March 19 and South Central Athletic Conference's Ephrata two days later.

While it felt strange for both teams to play on a live court for the first time this season, Head Coach Mark Hassinger said both the boys and girls put up a good fight against their Connell opponents. Like many teams across the region, the Cascade tennis teams were forced to practice indoors because of snow and weather conditions.

Against Connell, the boys lost to the Eagles, 4-1. Hans Schlyer scored the only vic-

tory for the Kodiaks boys against his Connell opponent, earning his first singles victory of the season.

"This was Hans' first match in a couple of years and he played very well," Hassinger added.

The Cascade the girls put forth a better effort as they endured a close 3-2 defeat against the Eagles.

No. 1 singles Dorothy Espinosa won her match to earn her first singles win of her senior season. No. 2 Kolby Hunt defeated her opponent to secure Cascade's other team point in the match.

Against Cashmere, the Cascade boys lost 5-0. Although they dropped each match against the Bulldogs, Hassinger noted each Kodiak boys "showed improvement in their play."

The girls once again dropped a 3-2 match to Cashmere. Espinosa, playing in the No. 1 doubles with and Megan Evans, recorded a win against their Cashmere opponents, in a match that went three sets. No. 2 Rory Swaboda and Isabel Rodriguez recorded their first doubles win after a victory against their Bulldog opponents.

Against Ephrata, the boys lost their match 4-1 while the girls endured a 3-2 defeat.

No. 2 doubles team Josh Pedersen and Cooper Bryan picked up the lone team point for the Kodiak boys.

Hassinger noted Schlyer had a close, hard-fought singles match but lost 6-3, 6-4, to his Ephrata opponent.

As for the girls, Hassinger noted the team was missing a few varsity athletes, but still

played hard against the Tigers.

No. 1 doubles Espinosa and Evans picked up their second win as a team. Stella Johnson earned her first win of the season against her Ephrata opponent.

"Both teams felt like we could have competed better had we been in mid-season form," Hassinger said. "We are anxious to get some outside tennis time in the next week."

Cascade traveled to Prosser to play the Mustangs in a nonleague match on March 25.

The Kodiaks jump into Caribou Trail League play with home matches against Chelan on March 28 and Cashmere on March 29.

"We are starting out a little behind the other teams in our league but are looking forward to the season ahead," Hassinger said.

### CASCADE SCOREBOARD

#### Baseball

March 19	Cascade 2, Ephrata 15
March 23	Cascade 10, Clover Park 0
March 23	Cascade 6, Clover Park 4

#### Boys Soccer

March 21	Cascade 1, Toppenish 0
----------	------------------------

#### Softball

March 19	Cascade 5, Ephrata 8
March 22	Cascade 17, Quincy 2
March 23	Cascade 12, Okanogan 2
March 23	Cascade 2, Okanogan 9

#### Boys Tennis

March 19	Cascade 0, Cashmere 5
March 21	Cascade 1, Ephrata 4

#### Girls Tennis

March 19	Cascade 2, Cashmere 3
March 21	Cascade 2, Ephrata 3

### CASCADE SCHEDULE

#### Baseball

March 30	Cascade at Chelan at 11 a.m.
March 30	Cascade at Chelan at 1 p.m.

#### Boys Soccer

March 28	Cascade at Chelan at 4:30 p.m.
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#### Golf

March 28	Cascade at Quincy at 2:30 p.m.
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#### Softball

March 30	Cascade at Chelan at 11 a.m.
March 30	Cascade at Chelan at 1 p.m.

#### Boys Tennis

March 28	Cascade at Chelan at 4 p.m.
March 29	Cashmere at Cascade at 4 p.m.

#### Girls Tennis

March 28	Cascade at Chelan at 4 p.m.
March 29	Cashmere at Cascade at 4 p.m.

#### Boys Track and Field

March 28	NCW Meet at Cashmere at 4 p.m.
March 29	Eastmont Invitational at Eastmont High School Stadium at 4 p.m.

#### Girls Track and Field

March 28	NCW Meet at Cashmere at 4 p.m.
March 29	Eastmont Invitational at Eastmont High School Stadium at 4 p.m.



Cascade's Megan Evans is seconds away from serving the ball. Evans and Dorothy Espinosa earned their first win as a team in Cashmere.



Cascade's Kolby Hunt picked up a singles win during the Kodiaks' match against Connell on March 16.



Photo submitted by Steve Alford

The Leavenworth Winter Sports Club ended their season on Sunday, March 17 with fun activities including a Pond Skim. Beautiful day, blue sky, costumes and a well designed 2 foot deep cold water pool. It even had a jump. Kids and adults took turns showing off their skills. One guy even did it backwards! Much fun had by all. Congratulations to James Munly and Leavenworth Winter sports Club.

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# Lady Kodiaks split CTL doubleheader with Okanogan

By AL STOVER

The Cascade High School softball team started their 2019 campaign with a busy week, winning 2 of 4 games.

The Lady Kodiaks began the season with an 8-5 nonleague loss to Ephrata, 8-5, in their first contest of the season.

The Lady Tigers opened the game with two runs in the second inning after capitalizing on Cascade's errors. In the third inning, Sarah Paulson's single brought home Truh Merriman to cut Ephrata's lead to 2-1. Paulson was 2-for-3 at the plate with an RBI.

Ephrata boosted their lead with a four-run third inning to take a 6-1 lead.

Facing a five-run deficit in the fourth inning, Cascade score two runs after taking advantage of Ephrata's errors.

Kayla Bittle's inside the park dinger added another run for the Lady Kodiaks in the top of the sixth. Bittle was 2-for-3 with a homerun and an RBI.

In the final inning, Kaija Lovelady's single brought Merriman to home plate for the Lady Kodiaks' final run of the game.

Paulson took the loss on the mound after an impressive six

innings on the mound where she recorded 13 of 15 strikeouts for Cascade. Merriman closed the game in the seventh inning with the Lady Kodiaks' final two strikeouts.

Softball Head Coach Todd Gilbert said the Lady Kodiaks put up a good effort against Ephrata. While they struggled to come back from the early errors and scoring deficit, Cascade played better as the game progressed.

"They kept working hard against a very good team and didn't worry about the score," Gilbert said. "This enabled us to get back in the game. We definitely need to clean up the defense, but I was pleased with how we hit the ball against a good pitcher. This was a good starting point for us to build on."

The Lady Kodiaks came back with a vengeance on March 22, clobbering Quincy 17-2 to earn their first nonleague of the season.

Cascade opened the first inning with four runs, lead off by Madison Hardy's RBI single. The Lady Kodiaks' bats came alive in the second inning, scoring 12 runs., including Kaija Lovelady's three-run homer. Sarah Paulson, Kayla

Bittle, Madeline Schiefelbein, Alondra Acevedo, and Truh Merriman all drove in runs to give the Lady Kodiaks a commanding lead.

Cascade added one insurance run in the fourth inning before they forcing the game to end in the fifth due to 10-run mercy rule.

Paulson was 2-for-3 with a double, a triple and an RBI. Schiefelbein was also 2-for-3 with a double, triple and three RBIs. Autumn West was 2-for-4 and Merriman had a triple.

Renee Lambert (1-0) got the win on the mound as she and Truh Merriman shared pitching duties, collecting 10 strikeouts and throwing a combined two-hitter.

Cascade began Caribou League Trail play on March 23, going 1-1 in a doubleheader against Okanogan. The Lady Kodiaks won the first game, 12-2 while the Lady Bulldogs recorded a 9-2 victory in the nightcap.

The Lady Kodiaks opened game one with a 3-0 lead in the first inning and never looked back. After Okanogan scored two innings in the third frame, Cascade answered with eight runs over the next three innings, including a five-run

sixth. Renee Lambert, Madeline Schiefelbein and Alondra Acevedo all drove in runs during the inning.

Leading Cascade at the plate was Lambert, who recorded three of the Lady Kodiaks' 12 hits and had three RBIs. Acevedo and Paulson were 2-for-3 with three RBIs.

Sarah Paulson recorded her first pitching win of the season, striking out six batters, and allowing only four hits and two runs over five innings. Truh Merriman threw relief in the final two innings.

Okanogan's bats fired back in game two, leading 4-1 after the first inning. The Lady Bulldogs added four insurance runs in the fifth inning and one more in the sixth.

Lambert was 2-for-3 including an RBI to once again lead Cascade at the plate.

Paulson (1-2) took the pitching loss in game two after sharing the mound with Lambert.

The Lady Kodiaks (1-1 CTL, 2-2 overall) continued their road schedule in Zillah on March 26 for a nonleague doubleheader against the Leopards. They travel to Chelan on March 30 to play the Lady Goats in a CTL doubleheader.

## Kodiak ball club sweeps Clover Park, falls to Ephrata

By AL STOVER

After weeks of playing inside, the Cascade High School baseball and softball teams opened their season, going 2-1 in nonleague contests

The Kodiak baseball team endured a 15-2 nonleague loss to Ephrata in their first game on March 19.

Cascade Head Coach Brett Isadore was pleased with the team's effort against Ephrata, especially since they had only a couple of outdoor practices before the game.

The Kodiaks spent the majority of the first weeks of practice indoors due to snow

and field conditions. Although Cascade was able to focus on fundamentals and hitting, an indoor gym is no substitute for practicing on a baseball diamond.

"Things like judging fly balls in the outfield, and communication between the infielders and outfielders on balls hit in short outfield where both were attempting to make the play," Isadore said. "Simple reminders of different situations. We discussed them many times in practice but sometimes it doesn't actually sink in until you see it happen live."

One area where Cascade struggled against Ephrata was in the bullpen. Isadore noted the Cascade pitchers had difficulty in finding the strike zone early in ball counts and would switch to throwing over the middle, which allowed Ephrata's batters to score some hits.

"It is never good to lose, especially 10 or more runs, but I think we have a good understanding of where we need to improve and can take the necessary actions to do so," Isadore said. "We now have a baseline to work from and will strive move that baseline

up on a daily basis."

The Kodiaks shut out Clover Park, 10-0, to gain their first win of the season. Cascade followed with 6-4 win in the nightcap.

Stats from either game were not available as of press time.

Cascade (2-1 overall) opens Caribou Trail League play on March 30 when they travel to Chelan and play the Goats in a conference doubleheader.

"I feel that I'm fortunate to have a great group of guys that really want to win and I believe they will keep working and pushing themselves," Isadore said.

CONTINUED FROM PAGE 1

## Man's best friend? More like student's best friend

According to Wilks, Leia is typical of her breed and has a calm and patient demeanor – something that most teachers and staff that work with students should have.

"Her quiet presence exudes confidence in your ability and children sense that. Kids chat about their day, difficult situations they are facing, and their love of dogs as they stroke her soft coat," said Wilks.

While most of us start our work day checking our email and making a cup of coffee, Leia's is a little different.

Her work day at the schools involve: greeting everyone in the classroom when she enters with a wag of her tail, finding a quiet corner for her work space and flopping down (something most of wish was acceptable at our own desk).

The children will pet her while they read her stories and she lends a patient ear to the little ones as they chatter.

"Petting a dog lowers blood pressure and your heart rate, soothes reading-related anxiety, and is a pleasant sensory experience in and of itself. I have watched children read larger books to Leia who previously refused to even try anything that looked thick and difficult," said Wilks.

"Specifically, for reading, the non-judgmental presence of a dog is a huge boost of confidence for students. They don't have to worry about whether she'll correct their pronunciation or if she thinks they are not doing well."

However, Princess Leia is flexible in her job and has done more than aid students with reading.

The last day before Christmas break, the community faced a tragedy that is difficult, especially for teens, to grapple with.

Leia came into the high school to provide a sense of comfort for students struggling with grief. >>>

>>> "I was able to bring Leia into the high school and just hang out with students in the library as they grieved and talked through what they were facing. We walked the halls and as students noticed her they poured form the classroom and gathered around her to stroke her coat and get slobbery kisses. She

flopped down in the hallway and students sat down beside her to give her pats and talk and take in a moment of piece during a difficult time," said Wilks.

Despite being furrrier than the usual Cascade School District staff, she is a professional and beneficial addition to the school district.

## WorldMark fosters employees into volunteers

By KALIE DRAGO  
Echo Reporter

WorldMark is a condominium resort and typically rubs shoulders with the tourists population in Leavenworth – since late last fall, the local rental giant has starting giving back to the same community its cozy hotel calls home. WorldMark has paired up with Wenatchee River Institute to give its employees the opportunity to volunteer at the local non-profit.

"We had some associates that hadn't used their wish hours and asked for some ideas where to volunteer," said Sean Griffith, general manager of resort operations for WorldMark Leavenworth. "We looked at some local environmental causes and Wenatchee River Institute was kind enough to offer opportunities."

Wish hours are a Wyndham Destinations company wide opportunity for their employees.

"Wish hours are a paid eight hours off to volunteer for charitable causes," explained Griffith.

The efforts extend from participating in fundraiser mailing to helping at

the site for maintenance upkeep. Some even bringing their own supplies to tidy up the River Haus, according to Tricia Cook, Wenatchee River Institute representative.

Griffith said that in the future the associates are looking at trails restoration and helping set up events for the local non-profit.

"It's part of what we do as a company – support community focused initiatives," said Griffith. "We want to contribute to the local community and also have our associates proud of where they work."

In 2018, the company wide (beyond just the Leavenworth branch) managed to knock out 42,000 hours.

The 25 WorldMark Leavenworth associates have already racked up 56 hours in 2019 and according to Griffith, a majority of those hours have funneled into the Wenatchee River Institute. Griffith stated that some associates have also volunteered with the Chelan Land Trust group as well.

"We like to serve the fellow neighbor and see the bigger picture," said Griffith.

## Cascade track competes at Ray Cross Invitational

### Kodiaks girls place sixth as a team

By AL STOVER

The Cascade High School boys and girls track teams competed at the Ray Cross Invitational on March 23.

"The competition was really good and our top athletes did quite well," Head Coach Bill Davies said.

The Cascade boys performed well in distance events. Landon Davies won the 3,200 meter run in 10 minutes and 3.46 seconds. He also took third in the 1,600 meters with a time of 4:36.27.

Davies noted that Davies' time was fast for this time of the season. He was also impressed with the efforts of freshmen Issac Tvetin and Jacob Redman.

Florian Joa, Steven Tveten, Isaac Tveten, Redman, Parker Nunnally, Leo Garcia all recorded personal records in their respective events.

On the girls' side, the Lady Kodiaks performed well in running events.

The team of Victoria Driscoll, Lauren Muscutt, Kascia Muscutt and Julia Armstrong finished second in the 4x200 relay in 1:53.75. Porter Rayne, Lauren Muscat, Zoe McDevitt and Kascia Muscutt took third in the 4x400 relay in 4:22.83.

Josie Brennan took third in the 3,200 meter event with a time of 12 minutes and 24.58 seconds. She also finished seventh in the 800 meter in 2:38.44.

One of the big surprises of the day came from Madeline Gillespie, who took third in the 300 meter hurdles with a PR of 50.40.

"She had never run this race before, and we couldn't even practice a full set of hurdle at practice due to all the snow," Davies said of Gillespie, who is ranked third in the state in 1A hurdles. "What an amazing performance."

Kascia Muscutt took fourth in the 400 meter dash with a time of 1:02.91

Julia Armstrong finished second in the high jump with a mark of 5 feet.

Victoria Driscoll, Alexa Rodgers, Avery McKenney, Devan Archer, Madeline Gebers, Hannah Zackary, Sierra Stoddard, Hannah Droic, Cate Bailey and Katie Boyd all recorded PRs in their event.

The Cascade girls placed sixth out of 19 teams from all classifications in Washington state.

The Kodiaks travel to Cashmere on March 28 to compete in an NCW meet. They will compete in the Eastmont Invitational at Eastmont High School the next day.

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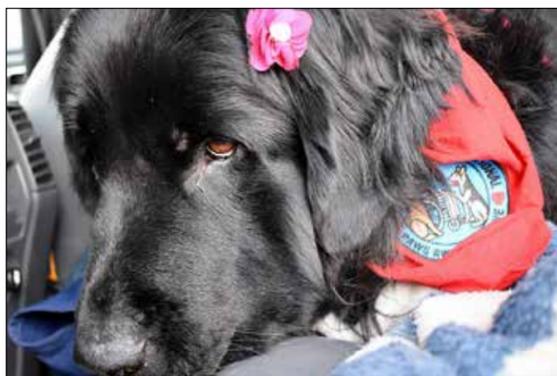
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Do you have a room, apartment, or house you are looking to rent out for the summer? Leavenworth Summer Theater has several responsible, friendly artists coming into town for the season, and we are looking for places for them to stay. Dates are approximately June 12 - Sept 2. Email Phil if you might be interested: phil.LSTexec@gmail.com

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**Part-Time Front Office Receptionist**  
The Leavenworth Echo Newspaper is looking for an outgoing individual to work part-time, and may lead to full-time. Help needed on Mondays, and Tuesdays and occasionally another weekday. A qualified individual must be organized and detail oriented. Answer the phone, take classified and legal ads, and other light office duties. A qualified individual must have good customer service skills, adept at utilizing computer systems Accurate typing, spelling, and math skills are a must. Interested applicants can send a resume to: Attention: Publisher P.O. Box 39 Leavenworth, WA. 98826. Or call for an appointment. and bring in a current resume to:  
**The Leavenworth Echo**  
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**Darnell's Lake Resort**

hiring for **Front Office shifts** approx 3 p.m.-11 p.m. (late April thru mid October)

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**Security** (4 hours night to early morning shifts, mid May thru mid September)

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Applications at [www.darnellsresort.com](http://www.darnellsresort.com) under Contact tab.

**HELP WANTED**

**CASCADE SCHOOL DISTRICT**

The Cascade School District is seeking qualified applicants for the following position:

Icicle River Middle School 8th Grade Math Teacher

Fast Track application process and information can be found on our website at: [www.cascadesed.org](http://www.cascadesed.org) EOE

**MOUNTAIN SPRINGS LODGE**

**Head Chef**  
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Mountain Springs Lodge, located in the beautiful Plain Valley is seeking an experienced and creative banquet chef. Excellent customer service skills and a team player are a must.

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Manage and train kitchen staff, communicate well and work closely with other managers and employees.

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- Create menus and execute special event meals such as Winemaker & Brewmaster Dinners, Mother's Day & Easter Brunches
- Maintain a clean and organized kitchen, from refrigerators and freezer space to the grill and to the office.
- Place orders.
- Communicate well with clients: meeting and planning menus with brides & grooms and event planners.

**HELP WANTED**

**Full and Part-Time Breakfast Catering Staff**

The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2 Leavenworth.

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THEME: COUNTRY MUSIC AWARDS

ACROSS

- Obama to Harvard Law School, e.g.
- Structure named for 31st President
- Academy of Country Music Awards broadcaster
- Mike Myers' 2008 role
- Dumpy establishment
- Go "Boo!"
- Somebody
- Black tropical cuckoo birds
- Spasm of pain or passion
- Grand Garden Arena location
- Unagi, pl.
- Liz of "30 Rock"
- As opposed to B.S. pl.
- Caesar's Palace, e.g.
- Takes and hopes for a ransom
- Any mountain peak
- Major airline
- Bibliographical abbr.
- Part of a ticket, pl.
- Drench
- Israel's neighbor
- Millimeter of mercury
- Like #40 Down
- Octopus' defense
- Regards highly
- Mr. Miyagi's forte
- \*Used to crank up the volume
- Novelist Zola
- Sushi restaurant offering
- \*Host of awards show
- Madagascar primate
- Enthusiasm
- Adopted son of Claudius
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- U2 guitarist
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**CROSSWORD PUZZLE**

THEME: COUNTRY MUSIC AWARDS

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- Obama to Harvard Law School, e.g.
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- Pluribus
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- \*Shay's other half
- Giant Hall-of-Famer
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HELP WANTED



Highly Capable Program

Cascade School District is committed to identifying and providing for the unique educational needs of all of our students. At this time, the district is soliciting nominations from parents, school staff, and community members for students that are believed to have a high capacity to learn quickly, deeply, and/or broadly, so that we can better provide an individualized educational service to each of our students.

Nomination forms can be obtained from the Cascade School District website (www.cascadesd.org) under Programs and Highly Capable) and in school offices. In order to be considered for identification for the coming school year, nomination forms should be returned to Mike Janski, Highly Capable Director, at Icicle River Middle School by April 17, 2019 either by dropping them by the middle school, by email (mjanski@cascadesd.org) or by mail; 10195 Titus Rd, Leavenworth, WA 98826.

El Distrito Escolar de Cascade está comprometido a identificar y proveer para las necesidades educacionales únicas de todos los estudiantes. En este momento, el distrito está solicitando nominaciones de padres, del personal escolar, y de los miembros de comunidad para estudiantes, que se creen tener una alta capacidad de aprendizaje rápido, intensivamente, y/o de manera amplia, para que podamos proveer un mejor servicio de educación individualizada para cada uno de nuestros estudiantes. Los estudiantes nominados para este proceso se van a considerar para la matriculación en el programa, highly capable program (Programa de alta capacidad), será basado en exámenes y evaluaciones con el permiso de los padres/tutores legales.

Las formas para hacer una nominación se pueden obtener por la página de web del Distrito Escolar de Cascade (www.cascadesd.org) se encuentran bajo la pestaña del Programs y Highly Capable) y en las oficinas escolares. Con el fin de ser considerado para la identificación del próximo año escolar, deben devolver las formas de nominación al Sr. Mike Janski, Director del Programa de Alta Capacidad en la Escuela Intermedia Icicle River para el 17 de abril, 2019, por correo electrónico (mjanski@cascadesd.org) o por correo; 10195 Titus Rd, Leavenworth, WA 98826. (WAC 392-170-035, WAC 392-170-036)



Saturday, April 13 10 a.m. - 1 p.m. Manson Grange Hall Manson, WA Multi-Business Event! Immediate Interviews! Bring a Friend! Sponsored by the Manson Chamber of Commerce

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Grid of numbers for a puzzle solution: 2 4 5 6 8 7 9 1 3, 6 8 1 4 9 3 5 7 2, 9 3 7 5 2 1 8 6 4, 8 6 4 3 1 5 2 9 7, 1 2 3 7 4 9 6 8 5, 7 5 9 2 6 8 3 4 1, 4 9 2 1 5 6 7 3 8, 5 7 6 8 3 4 1 2 9, 3 1 8 9 7 2 4 5 6

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PUBLIC NOTICES

CITY OF LEAVENWORTH NOTICE OF HEARING NOTICE IS HEREBY GIVEN that the Leavenworth City Council will hold a Public Hearing at their regular meeting on April 9, 2019 at 6:45 PM in the City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington to consider the Planning Commission recommendation and take public testimony regarding permitting cryptocurrency within the Light Industrial zoning district with development standards. The public is encouraged to attend and/or provide comment to Development Services prior to the hearing. Materials may be viewed, during normal business hours at City Hall or by request, phone Lilith Vespier 509-548-5275 or email dsmanager@cityofleavenworth.com, Published in The Leavenworth Echo/Cashmere Valley Record on March 27, 2019. #84670

NOTICE OF JOINT CASHMERE COUNCIL & CASHMERE PLANNING COMMISSION MEETING The Cashmere Council and Cashmere Planning Commission will hold a special joint meeting Monday, April 8, 2019, at 6:00 p.m. at the Cashmere City Hall, 101 Woodring Street. The meeting is to prioritize tasks and discuss the direction of planning in Cashmere for 2019. Kay Jones City Clerk-Treasurer CITY OF CASHMERE Published in The Cashmere Valley Record/Leavenworth Echo on March 27, 2019. #84715

PUBLIC NOTICES

SPECIAL LEAVENWORTH CITY COUNCIL ANNUAL RETREAT MEETING Notice is hereby given that the Leavenworth City Council will conduct a Special Annual Retreat meeting to discuss the 2019-2020 Priorities on Friday, April 12, 2019 at the Bavarian Lodge Montafon Room, 810 US Hwy 2, Leavenworth, Washington, from 7:00 a.m. until approximately 3:00 p.m. The public is invited to attend said Special Annual Retreat meeting. Chantell R.Steiner Finance Director/ City Clerk CITY OF LEAVENWORTH Published in The Leavenworth Echo/Cashmere Valley Record on March 27, 2019. #84810

Superior Court of Washington For Chelan County In re the Estate of ERNEST LEE SUTTLES, Deceased NO. 19-4-00070-04 NOTICE TO CREDITORS The co-personal representatives named below has been appointed and has qualified as the co-personal representatives of this estate. Persons having claims against the deceased must, prior to the time such claims would be barred by any otherwise applicable statute of limitations, serve their claims on the co-personal representatives, or the attorney of record, at the addresses stated below, and file an executed copy of the claim with the clerk of this court within four months after the date of first publication of this notice, or within four months after the date of filing of the copy of this notice with the clerk of the court, whichever is later or, except under those provisions included in RCW 11.40.011 or RCW 11.40.013, the claim will be forever barred DATE OF FILING COPY OF NOTICE TO CREDITORS with clerk of the court: March 8, 2019 DATE OF FIRST PUBLICATION: March 13, 2019 Co Personal Representatives: Patricia Rainey 175 Maus Avenue North East Wenatchee, WA 98802 Debbie O'Dell 9 N. Elliott Wenatchee, WA 98801 Attorney for Estate: Kyle D. Flick Attorney at Law 222 South Mission Wenatchee, Washington 98801 (509)662-3333 DATED this 8th day of March 2019. LAW OFFICE OF KYLE D. FLICK, P.S. By: s/ Kyle D. Flick KYLE D. FLICK, WSBA #14963 Attorney for Estate Published in The Leavenworth Echo/Cashmere Valley Record on March 13, 20 and 27, 2019. #84731

Superior Court of Washington For Chelan County In the Matter of the Estate of ORVILLE J. VANDERLIN, Deceased. No. 19-4-00085-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date Of First Publication: March 20, 2019 s/ Jennifer Ann Rudd, Personal Representative Attorney for the Personal Representative: Thomas D. Overcast, WSBA# 14486 Address for Mailing or Service: Overcast Law Offices, PS Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 (509) 663-5588

Superior Court of Washington For Chelan County In the Matter of the Estate of ORVILLE J. VANDERLIN, Deceased. No. 19-4-00085-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date Of First Publication: March 20, 2019 s/ Jennifer Ann Rudd, Personal Representative Attorney for the Personal Representative: Thomas D. Overcast, WSBA# 14486 Address for Mailing or Service: Overcast Law Offices, PS Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 (509) 663-5588

Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 19-4-00085-04 Published in The Leavenworth Echo/Cashmere Valley Record on March 20, 27, and April 3, 2019. #84766

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PUBLIC NOTICES

Notice of Intent Icicle & Peshatin Irrigation Districts, (P.O. Box 371) 5594 Wescott Dr. Cashmere, Washington 98815-0371, will be applying Copper Sulfate to their canals to remove algae and other aquatic vegetation starting as early as May 11, 2019 with the possibility of repeat treatments as often as every other week through Sept 15th 2019. Questions should be directed to the district manager at 782-2561 or DOE Central Regional Office at (509) 454-7298. Published in The Leavenworth Echo/Cashmere Valley Record on March 27, 2019. #84818

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the matter of the estate of CLARA BELL SHRADER, Deceased. No. 19-4-00051-04 NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: March 13, 2019. s/ Karen Ohrazda Karen Marie Ohrazda Personal Representative Attorney for the Personal Representative: Ryan Smolinsky, WSBA# 46521 Address for Mailing or Service: Overcast Law Offices, PS Attn: Thomas D. Overcast 23 South Wenatchee Avenue, Suite 320 Wenatchee, WA 98801 (509) 663-5588

Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 19-4-00051-04 Published in The Leavenworth Echo/Cashmere Valley Record on March 13, 20, and 27, 2019 # 84676

Dyes that work like medicine

On an early September morning in 1977, I hustled up three flights of stairs to my very first session in the Pharmaceutics Laboratory of College Hall at Washington State University. In one hand was my brand new white lab coat, mandatory attire for this and all future lab sessions, and in my other hand was a large box of tissues, to deal with my runny nose from my allergy to the ragweed currently blooming.



getting a second look; not only is it effective, it's inexpensive, simple to use and has very few side effects.

My assignment that day was to make a bottle of Gentian Violet 1% solution by precisely measuring and then mixing gentian violet crystals with alcohol and purified water, a recipe with only 3 ingredients. What could go wrong?

Cautiously measuring out the iridescent green crystals onto a pale green rectangle of waxed paper, I painstakingly weighed it to make sure it was exactly 100mg, then carefully cradled the precious powder as I headed to my lab station, trying to avoid bumping into anything or anyone. But while setting the crystals down on the black countertop, disaster struck: I suddenly SNEEZED.

Quickly turning my head, I managed to avoid spraying powdered dye across my lab bench. In relief, I quickly added the colored powder to my alcohol and water mixture before another sneeze could strike. When the rest of the lab went smoothly without another sneeze, I thought I'd avoided further misfortune, but my luck didn't last. As I pulled my lab coat out of the washing machine the following week, I stared in dismay at the bright purple speckles that decorated its front. Stubbornly, they refused to fade. I wasn't the only one with colored speckles on my lab coat, but mine was the most spectacularly purple speckled lab coat for the entire rest of that year and the next.

Gentian violet is one of several compounds that are both a dye and a medicine. Discovered in 1861, Hans Gram would report thirteen years later that gentian violet could irreversibly color certain bacteria. This proved to be instrumental in classifying bacteria and became the basis for the Gram stain method of identifying bacteria still widely used today.

Gentian violet (AKA crystal violet) is used in laboratories across the globe to help identify bacteria but it's also an effective antibacterial and antifungal agent. Gentian violet can treat infections caused by gram positive bacteria which live on the skin and yeast infections of the mouth, skin and vaginal tract. Although mostly replaced by newer antibiotics and antifungal agents, gentian violet is still used in veterinary medicine and developing countries. With resistance growing to our current antibiotics, gentian violet is

Thrush in infants is usually treated with a suspension of nystatin painted on the inside of each cheek 3-4 times daily for a week, while it takes only ONE application of Gentian Violet 1%, the exact same product I made over 40 years ago in pharmaceutics lab, to treat thrush.

The main disadvantage to using gentian violet is the one I had personal experience with: it stains clothing. Although gentian violet will stain clothing forever, treated skin or mucous membranes only stay bright purple for about 2 weeks before fading.

Fluorescein is a dye useful in diagnosing eye injuries and damage to your cornea. Small paper strips are soaked in a solution of fluorescein, then dried, sterilized and sealed into individual packets. When the sterile fluorescein strip touches your eyeball, it mixes with tear fluid to create a fluorescein solution that coats your eye. Healthy, intact corneal tissue won't pick up any color, but worn spots or abrasions from contact lenses show up as bright green areas and foreign bodies are surrounded by a fluorescent green ring. The mild anti-infective action of fluorescein is also beneficial because injured eyes are very susceptible to infection.

Phenazopyridine is a reddish-orange dye often used as a medicine. Sold as a prescription medicine under the brand name of Pyridium® in 100mg and 200mg coated tablets, phenazopyridine is also now available without a prescription at a lower strength of 95mg in the products Azox®, Uristat®, and in generic "Urinary Pain Relief".

Originally used to treat bladder infections, phenazopyridine isn't a very effective anti-infective but has an amazing ability to relieve the urgency, pain and burning when urinating of a bladder infection, often within 15 minutes. Phenazopyridine is often prescribed along with an antibiotic to treat the urinary discomfort of bladder infections. Just remember: phenazopyridine turns urine deep reddish-orange and stains clothing.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Your questions and comments are always welcome at www.AskDrLouise.com. ©2019 Louise Achey

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