

Breast Cancer Awareness Month



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Mayor ceremoniously opens the Pine Street Project

Photo by Carol Forhan

Members of the Transportation Improvement Board, Transportation Benefit District, Chelan Douglas Transportation, City Council and Cascade School District and many other providers and local residents celebrate as Mayor Cheri Kelly Farivar cuts the ribbon to open the new intersection of Pine Street and Titus Road on September 26.

Fees to increase at brush drop-off site in Oct. 11

SUBMITTED BY JILL FITZSIMMONS
PIO/Special Projects Coordinator
Chelan County Public Works

The new fees will be \$15 a cubic yard. The new minimum fee also will be \$15.

The rate increase, which was approved by the Board of County Commissioners on Tuesday, is needed to recover the costs of service, including additional machinery and staffing.

The new fees are a \$5 increase, and the minimum fee is consistent with that charged at the Dryden Transfer Station.

The Leavenworth brush site, located at the intersection of Icicle and East Leavenworth roads, was opened in 2017 to service those residents living in the apple maggot quarantine zone of Chelan County, which includes Leavenworth, Plain and Lake Wenatchee.

Residents living in these areas are reminded that state law prohibits brush from a quarantine area to leave a quarantine area.

The Dryden Transfer Station is located in a pest-free area; it does not accept yard waste from the quarantine area.

More information about the brush site and the quarantine zone is on the county's solid waste website: <https://www.co.chelan.wa.us/solid-waste-management/pages/drop-off-brush-sites>.

City Council authorizes condemnation proceedings

By BILL FORHAN

In a split vote the city council approved a motion to begin condemnation proceedings on a property at 125 Pine Street. The condemnation authorizes the city attorney to initiate legal proceedings to obtain easements to allow the city to enter the property and construct a driveway.

The property is owned by Craig Hess who has attempted to negotiate with the city regarding the best resolution to a problem created by the city's recent completion of improvements to Pine Street.

In March of this year the Council approved the design for the Pine Street improvements including the

financial funding and bid for the project. Construction began on the street improvements without clear resolution of the issue regarding providing access to the Hess property.

The city made an offer to Hess for the appraised value of the property that was subject to the easement needed to address the issue. Hess countered with a request that the city also compensate him for the dedication of his property as a result of his Short Plat Subdivision in 2012. The city rejected that counterproposal and negotiations were at an impasse. The city advised Hess that the project would proceed without acquisition of his property and that

he would be responsible for any necessary access improvements.

In July a meeting was held with city officials including Mayor Farivar, City Administrator Joel Walinski, WSDOT Engineer Dan Wolf, property owner Craig Hess and other individuals concerned with the outcome of that meeting. An agreement was reached and documents were ordered to be drafted.

The next day Hess informed the city that he was not in agreement and he would not be granting the easements.

The dispute revolves around the steepness of the slope on his driveway. The state engineer, Dan Wolf,

says the best solution is to lower the sidewalk a maximum of approximately 3 inches and then replace the current concrete driveway with one that has a ten degree slope. Hess wants the sidewalk lowered by approximately 6 inches to reduce the slope.

The house is below the level of Pine Street so the driveway slopes down from the roadway to the garage.

The state engineer points out that lowering the sidewalk creates a potential problem in the case of a large rainstorm where the sidewalk, which is designed to act as a dam in the case of heavy storm runoff, will become overwhelmed and allow

water to flow over the sidewalk and down the driveway.

The local Department of Transportation office has indicated they will not approve lowering the sidewalk beyond the 3 inches proposed by Wolf.

The Design Engineer has also ex-

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Peshastin Dryden Elementary Dedication

By MARLENE FARRELL

The official dedication of newly renovated Peshastin Dryden Elementary on Thursday, Sept. 26, opened to a full house in the gym. Principal Emily Ross welcomed current families and staff, former PD students and many area residents.

First graders sang the national anthem and twirled flag-like ribbons under the guidance of Catherine Merrill, elementary music teacher.

Ross thanked the community for the beautiful building. She reminded the audience that from idea to fruition took fifteen years.

Cindy Puckett, school board member, talked about the generations of families that have been through these halls.

Current superintendent Dr. Tracey Beckendorf-Edou and former superintendent Bill Motsenbocker both emphasized the importance of the Peshastin and Dryden communities in driving the success of the bond process.

When an original plan omitted a facility in this part of the district, these citizens voiced the need to keep PD Elementary, continuing its heritage as a locus for community gathering. The district listened and heeded the Peshastin/Dryden perspective and received overwhelming bond support in return.

Beckendorf-Edou presented a video by Icicle TV, which showcased a day in the life of PD Elementary.

Various district staff narrated the short film, includ-

ing Dwight Remick, Business Manager, who said, "If you hadn't been here before, you wouldn't think it was a remodel."

Indeed, the school has a brand new feel, with hints of the "merger of the old and new," as Ross described it.

Peshastin City Council members shared a pair of huge scissors while several students each wielding their own golden scissors for the ribbon cutting that completed the ceremony. Self-guided tours allowed everyone to see the transformations for themselves.

The seventeen classrooms, a mix of renovated and new, include expanded kindergarten rooms, allowing the five and six-year olds more space to roam. The lively first and second graders can choose

chairs that rock to get the wiggles out.

The special ed department has valuable space to teach, beyond academics, critical life skills, in a room with a small kitchen, laundry and fully equipped bathroom.

Despite walls encasing the previously open central

library, the feeling of openness is retained because large windows infuse the area with natural light.

Walls increase productivity as groups in the hall, library and computer lab don't disturb each other.

While the bells and intercom seem like simple things,

their upgrade from pre-digital technology have been big improvements.

"I used to give the announcements while leaning over a desk, pushing a button, with my face next to a speaker, with my back to

SEE DEDICATION ON PAGE B1



L-R: Cutting the ribbon at the P-D Dedication are Abigail Ising, Brayden Thompson, Maggie Gaze, Dr. Patricia Ortiz, Stephen Keene, Doug Clarke, Mateo Rodriguez, Edison Fritz, and Juan Grajeda Gomez

Photo by Carol Forhan



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Honoring Breast Cancer Survivors



Kathy Bangsund

Survivor: 24 years and 18 years.
Occupation: The Dwelling Place
Interests: Singing, music and reading



Diane Bateman

Survivor: 17 years
Occupation: Leavenworth Post Office
Interests: Quilting, time with family.



Marjory Blake

Survivor: 9 years, 6 months
Occupation: Happily retired
Interests: Reading, crossword puzzles, genealogy, and family.



Pamela Brulotte

Survivor: 4 years
Occupation: Owner of Munchen Haus and Icicle Brewing Co.
Interests: Time with family and friends, especially outdoors.



Carol L. Forhan

Survivor: 29 years
Occupation: NCW Media, co-owner & ad manager, ordained Episcopal Deacon.
Interests: Being with my 5 grandchildren and family. Photography.



Lisa Halseth

Survivor: 4 years, 4 months
Occupation: Hi-tech insides sales-Product line Manager.
Interests: spending time with family and friends and traveling.



Deborah Hartl

Survivor: 12 years, 10 months
Occupation: HR Director, Sleeping Lady
Interests: Running, family, reading, Rotary, ICCA, CFNCW board.



Kris Taylor

Survivor: 11 year, 4 months.
Occupation: Financial Advisor
Interests: Family, travel and running.



Carolyn Wilson

Survivor: 13 years
Occupation: Leavenworth City Council
Interest: Golf

Lifestyle-related Breast Cancer Risk Factors

INFORMATION COURTESY OF AMERICAN CANCER SOCIETY

A risk factor is anything that affects your chance of getting a disease, such as breast cancer. But having a risk factor, or even many, does not mean that you are sure to get the disease.

Certain breast cancer risk factors are related to personal behaviors, such as diet and exercise. Other lifestyle-related risk factors include decisions about having children and taking medicines that contain hormones.

Drinking alcohol is clearly linked to an increased risk of breast cancer. The risk increases with the amount of alcohol consumed. Compared with non-drinkers, women who have 1 alcoholic drink a day have a very small increase in risk. Those who have 2 to 3 drinks a day have about a 20% higher risk compared to women who don't drink alcohol. Excessive alcohol consumption is known to increase the risk of other cancers, too.

The American Cancer Society recommends that women who drink have no more than 1 drink a day.

Being overweight or obese after menopause increases breast cancer risk. Before menopause

your ovaries make most of your estrogen, and fat tissue makes only a small amount. After menopause (when the ovaries stop making estrogen), most of a woman's estrogen comes from fat tissue. Having more fat tissue after menopause can raise estrogen levels and increase your chance of getting breast cancer. Also, women who are overweight tend to have higher blood insulin levels. Higher insulin levels have been linked to some cancers, including breast cancer.

Still, the link between weight and breast cancer risk is complex. For instance, risk appears to be increased for women who gained weight as an adult, but may not be increased among those who have been overweight since childhood. Also, excess fat in the waist area may affect risk more than the same amount of fat in the hips and thighs. Researchers believe that fat cells in various parts of the body have subtle differences that may explain this.

Weight might also have different effects on different types of breast cancer. For example, some research suggests that being overweight before menopause might increase your risk of triple-negative breast cancer.

Not being physically active,

Evidence is growing that regular physical activity reduces breast cancer risk, especially in women past menopause. The main question is how much activity is needed. Some studies have found that even as little as a couple of hours a week might be helpful, although more seems to be better.

Exactly how physical activity might reduce breast cancer risk isn't clear, but it may be due to its effects on body weight, inflammation, hormones, and energy balance.

The American Cancer Society recommends that adults get at least 150 minutes of moderate intensity or 75 minutes of vigorous intensity activity each week (or a combination of these), preferably spread throughout the week.

Women who have not had children or who had their first child after age 30 have a slightly higher breast cancer risk overall. Having many pregnancies and becoming pregnant at an early age reduces breast cancer risk. Still, the effect of pregnancy seems to be different for different types of breast cancer. For a certain type of breast cancer known as triple-negative, pregnancy seems to increase risk.

Some studies suggest that breastfeeding may slightly lower breast cancer risk, especially if it's continued for 1½ to 2 years. But this has been hard to study, especially in countries like the United States, where breastfeeding for this long is uncommon.

The explanation for this possible effect may be that breastfeeding reduces a woman's total number of lifetime menstrual cycles (the same as starting menstrual periods at a later age or going through early menopause).

Some birth control methods use hormones, which might increase breast cancer risk.

Oral contraceptives: Most studies have found that women using oral contraceptives (birth control pills) have a slightly higher risk of breast cancer than women who have never used them. Once the pills are stopped, this risk seems to go back to normal over time. Women who stopped using oral contraceptives more than 10 years ago do not appear to have any increased breast cancer risk.

Birth control shot: Depo-Provera is an injectable form of progesterone that's given once every 3 months for birth control. Some studies have found that women currently using birth-control shots seem to have an increase in breast cancer risk, but it appears that there is no increased risk in women 5 years after they stop getting the shots.

Birth control implants, intrauterine devices (IUDs), skin patches, vaginal rings: These forms of birth control also use hormones, which in theory could fuel breast cancer

Breast Cancer Resource Guide

LOCAL SUPPORT

* **Cascade Medical, Leavenworth,** 548-5815.

* **Cancer Care of NCW, Inc. Our House, Wenatchee:** 663-6964 or Email: cancare@nwi.net

* **Wellness Place, Wenatchee,** 888-9933. Support groups, and other resources.

* **Confluence Health/Wenatchee Valley Medical,** 663-8711.

* **Confluence Health, Breast, Cervical and Colon Cancer Health Program,** 664-3415.

* **EASE Cancer Foundation, Cashmere,** 860-1322 or www.easecancer.org

* **Seattle Cancer Alliance,** 800-804-8824, www.seattlecca.org

NATIONAL SUPPORT

* **American Cancer Society, (ACS)** 800ACS-2345, www.cancer.org.

Programs include:
I Can Cope, Look Good, Feel Better, LookGoodFeelBetter.org, 800-395-LOOK

Reach to Recovery, a one to one survivors' help program.

New Birthday Campaign:

Less Cancer, More Birthdays.

MoreBirthdays.com, Facebook and blog OfficialBirthdayBlog.com or Cancer.org/circleofsharing.

* **American Society for Therapeutic Radiology and Oncology,** 1-800-962-7876, www.astro.org.

* **American Society of Plastic Surgeons,** 888-475-2784, www.plasticsurgery.org.

* **AVON Foundation** www.avonfoundation.org

* **Blood & Marrow Transplant Information Network** 1-888-597-7674, www.bmtinfonet.org

* **Y-ME National Breast Cancer Organization,** 1-800-221-2141. Yourshoes 24/7 support center, y-me.org. (24 hour, translators available in 150 languages).

* **Dr. Susan Love Research Foundation** 1-310-230-1712, www.SusanLoveMD.org.

Become a member of Love/Avon www.armyofwomen.org or 866-569-0388

* **Living Beyond Breast Cancer,** 888-753-5222, www.lbbc.org.

* **National Breast Cancer Coalition,** 1-800-622-2838, www.stopbreastcancer.org or www.canceradvocacy.org

* **National Coalition for Cancer Survivorship**

* **Online community Cancersupport.org** use to create your own Web pages

* **Susan G. Komen For the Cure,** 1-877-GO-KOMEN, www.komen.org

* **The Breast Cancer Alliance,** 203-861-0014, www.breastcanceralliance.org

* **National Lymphedema Network,** 1-800-541-3259, www.lymphet.org.

* **SHARE (Breast Cancer Hotline)** 1-866-891-2392, www.sharecancersupport.org

* **Vital Options International,** 1-800-477-7666 www.vitaloptions.org

* **Zero Breast Cancer:** www.zerobreastcancer.org

These are only a few of many national organizations, please call your local hospital, clinic or call The American Cancer Society for more information in your area. 1-800-ACS 2345.

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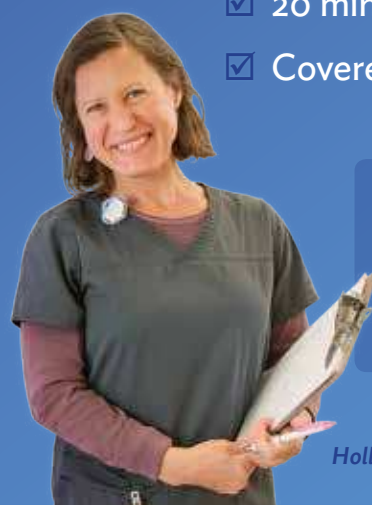
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Breast Cancer Awareness Month

October Means "Think Pink"

BY MARLENE FARRELL

October, Breast Cancer Awareness Month, is upon us, and it's time to "Think Pink!"

Early detection of breast cancer saves lives. Period. Now, with 3D mammography at Cascade Medical, screenings are state-of-the-art.

For uninsured or underinsured, the cost is a barrier to this important preventive check.

Think Pink's campaign raises money, through a partnership between Cascade Medical Foundation, Cascade Medical and local businesses, entirely for free mammograms for those without coverage.

Local businesses are taking the lead. They are proudly displaying the bright pink posters, and each business has tailored its contribution.

How about a bar of spiced apple pear soap from the Bubbly, or a growler fill at The Broken Barrel? Whistlepunk Ice Cream, Happy Happy Fudge and Schocolat will each have pink-themed treats.

Look for fun events to support this great cause – at Beyoutiful Hot Yoga, Wildflour, Bushel & Bee Taproom and Icicle Creek Center for the Arts.

Business owner, Becky Driscoll, explained what Think Pink means to her, "At the Broken Barrel, we give with the intention of positively impacting our local community."

Now in our 3rd year of business, we have found that the Think Pink efforts to offer FREE mammograms to women who live in Leavenworth makes a difference their lives."

Shawna Lassen, owner of The Bubbly, talked about how Think Pink began.

"We implemented this with the purpose of helping every woman in our community have access to good preventative health care. I am happy this program is available now, and I'm grateful to Cascade Medical for making this possible."

Locals and visitors alike can show their support of Think Pink by patronizing these businesses partners:

The Bubbly, The Broken Barrel, Beyoutiful Hot Yoga, Posy Hand-picked Goods, Bushel & Bee Taproom, Village Alps, Happy Happy Fudge, Whistlepunk Ice Cream Co., Schocolat, Benchmark Jewelers, The Cheesemonger's Shop, Icicle Creek Center for the Arts, Wildflour.

One person touched powerfully by Think Pink in 2017 was local Connie Dunn.

"I hadn't gotten a mammogram in years," Dunn said. "[In 2017] I was shopping at Plain Market, and I saw a flyer advertising 'Free mammograms for uninsured women.' I brought it home and set it on the counter.

"I was about to go to Mexico on a vacation for my 60th birthday, and I saw the flyer again as I cleaned up the counter. I was about to crumple it up, and thought, "Why not?" I live in Plain, so the convenience of getting a mammogram in town was huge for me. I called and got in that day. I never thought a thing was wrong with me.



Cascade Medical Mammographer Holly Blue adjusts the 3-D Mammogram machine settings for the next patient.

"When I returned from vacation, I had a voice message. I had to go in for more testing – another mammogram, an ultrasound and eventually a biopsy. They found early stage-one breast cancer. It all happened so fast. I got the call just before Thanksgiving, and went in for surgery on December 11th, followed by radiation. It went really well, but it was still a journey. "I think the moral of the story is:

Ladies, don't put it off." Since the inception of 3D mammography, Cascade Medical has performed 230 mammograms, a 15% increase over the previous year. Thus, the word is getting out about the benefits of 3D mammography.

More information about Think Pink can be found at www.cascademicalfoundation.org and also on Cascade Medical Foundation's Facebook page.

CONTINUED FROM PAGE 4

Lifestyle-related Breast Cancer Risk Factors

growth. Some studies have shown a link between use of hormone-releasing IUDs and breast cancer risk, but few studies have looked at the use of birth control implants, patches, and rings and breast cancer risk.

When thinking about using hormonal birth control, women should discuss their other risk factors for breast cancer with their health care provider.

Hormone therapy with estrogen (often combined with progesterone) has been used for many years to help relieve symptoms of menopause and help prevent osteoporosis (thinning of the bones). This treatment goes by many

names, such as post-menopausal hormone therapy (PHT), hormone replacement therapy (HRT), and menopausal hormone therapy (MHT).

There are 2 main types of hormone therapy. For women who still have a uterus (womb), doctors generally prescribe estrogen and progesterone (known as combined hormone therapy or HT). Progesterone is needed because estrogen alone can increase the risk of cancer of the uterus. For women who've had a hysterectomy (who no longer have a uterus), estrogen alone can be used. This is known as estrogen replacement therapy (ERT) or just estrogen

therapy (ET).

Combined hormone therapy (HT): Use of combined hormone therapy after menopause increases the risk of breast cancer. It may also increase the chances of dying from breast cancer. This increase in risk can be seen with as little as 2 years of use. Combined HT also increases the likelihood that the cancer may be found at a more advanced stage.

The increased risk from combined HT appears to apply only to current and recent users. A woman's breast cancer risk seems to return to that of the general population within 5 years of stopping treatment.

Bioidentical hormone therapy: The word bioidentical is sometimes used to describe versions of estrogen and progesterone with the same chemical structure as those found naturally in people. The use of these hormones has been marketed as a safe way

to treat the symptoms of menopause. But because there aren't many studies comparing "bioidentical" or "natural" hormones to synthetic versions of hormones, there's no proof that they're safer or more effective. More studies are needed to know for sure. The use of these bioidentical hormones should be considered to have the same health risks as any other type of hormone therapy.

Estrogen therapy (ET): The use of estrogen alone after menopause does not seem to increase the risk of breast cancer much, if at all. But when used long term (for more than 15 years), ET has been found to increase the risk of ovarian and breast cancer in some studies.

At this time there aren't many strong reasons to use post-menopausal hormone therapy (either combined HT or ET), other than possibly for the short-term relief of menopausal symptoms.

Along with the increased risk

of breast cancer, combined HT also appears to increase the risk of heart disease, blood clots, and strokes.

It does lower the risk of colorectal cancer and osteoporosis, but this must be weighed against the possible harms, especially since there are other ways to prevent and treat osteoporosis, and screening can sometimes prevent colon cancer.

ET does not seem to increase breast cancer risk, but it does increase the risk of stroke.

The decision to use HT should be made by a woman and her doctor after weighing the possible risks and benefits (including the severity of her menopausal symptoms), and considering her other risk factors for heart disease, breast cancer, and osteoporosis. If they decide she should try HT for symptoms of menopause, it's usually best to use it at the lowest dose that works for her and for as

short a time as possible.

Breast implants: Silicone breast implants can cause scar tissue to form in the breast. Implants make breast tissue harder to see on standard mammograms, but additional x-ray pictures called implant displacement views can be used to examine the breast tissue more completely. Certain types of breast implants can be linked to a rare type of cancer called anaplastic large cell lymphoma (ALCL). It is sometimes referred to as breast implant-associated anaplastic large cell lymphoma (BIA-ALCL).

This lymphoma appears to happen more often in implants with textured (rough) surfaces rather than smooth surfaces.

If ALCL does show up after an implant, it can show up as a lump, a collection of fluid near the implant, pain, swelling or asymmetry (uneven breasts). It usually responds well to treatment.

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Community News

Obituaries

Jack B. Coffin

Sept. 14, 1940 - Sept. 20, 2019

Jack Bernet Coffin, age 79 of Seattle, Washington passed away in his forever home, which his wife Merri lovingly designed.

Jack was born on September 14, 1940 in Leavenworth, Washington to Eugene "Shag" Coffin and Margaret Coffin.

He loved music, collecting coins, and fast cars. You could frequently find him traveling to Nascar races with his good buddies.

Anyone who knew Jack will

always remember his smirk and the twinkle he had in his eyes.

Most importantly, he will be remembered for being a teamster, a loving father of 5 and a constant and unwavering friend.

In lieu of flowers, please make a donation in Jack's name to: Arcaro Boxing, specifically the class dedicated to people with Parkinson's as this class was one of Jack's favorite things to do for the last



year and a half.

If you're an animal lover as Jack was, please make a donation to Emerald City Pet Rescue, 206-557-4661.

Gloria June Evans McEachern

June 5, 1936 - September 18, 2019

Gloria June Evans McEachern passed away September 18, 2019 surrounded by family. She was born June 5, 1936 in Portland, Oregon and grew up in El Monte, California. She later moved to Washington with her family where she worked for her Aunt Grace and Uncle Mitch at the Cougar Inn on Lake Wenatchee. This is where she met her husband Earl McEachern.

Gloria went to school in Leavenworth and graduated in 1954 from Wenatchee High School. She married Earl Thomas McEachern on June 18, 1954 in Peshastin where they lived until 1960. They then moved to Leavenworth where their four children were born and lived on Commercial Street in Leavenworth until Earl's death on December 18, 2001. She lived the remainder of her life in Wenatchee.

Gloria is being remembered as a fabulous mother. She had a fabulous flair for fashion. She was a very social and intelligent lady. Gloria worked as a nurse's aid at the Leavenworth hospital before working as a dental assistant for Dr. Chandler. She worked in a few shops in town, including the Pendleton shop (as evidenced by her closet).

Gloria enjoyed going to King's Orchard Church of Christ while she was able.

She is survived by her daughter, Bonnie (Rich) Norwick of East Wenatchee; sons, Mike (Nivea) of Ontario, California; Max (Sheryle) and Jeff (Tiffany) from Wenatchee; sister, Marce-



line; grandchildren Travis, Tyler, Conner, Logan, Halee, Marriah and Ava.

Special thanks to friends Dorothy and Carolyn, her hair stylist, Elaine, and Pam.

Per Gloria's wishes, no ser-



vices are scheduled.

Please express your thoughts and memories on our online guestbook at jonesjonesbetts.com.

Arrangements are by Jones & Jones - Betts Funeral Home.

Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

- Leavenworth**
September 20
 00:45 Assist Agency, 13029 Chumstick Hwy.
 01:07 Weapons Violation, 20890 Kahler Drive, #C5
 08:14 Extra Patrol, Chumstick Hwy & North Rd.
 13:07 Extra Patrol, 19609 Beaver Valley Rd, Plain
 14:34 Public assist, 263 Mine St., #217
 15:50 911, 590 US Hwy. 2, Enzian Inn
 17:54 Harass/Threat, 263 Mine St., #217
 18:34 Suspicious, SR 207 & Lake Wenatchee Hwy.
 23:54 911, 190 US Hwy. 2, Der Ritterhof
September 21
 03:48 Alarm, 913 Front St; South
 08:01 Theft, 172 Evans St.
 08:14 Suspicious, Icicle Rd. & Shore St.
 08:25 Public assist, 21706 Colt Rd., Plain
 08:47 Parking/Abandon, 7201 Icicle Rd.
 09:36 Harass/Threat, 17057 Chumstick Hwy.
 11:04 Alarm, 10195 Titus Rd.
 11:19 Agency assist, Red Bridge, Leavenworth
 14:34 Public assist, 10710 Ski Hill Dr.
 15:06 Alarm, 500 Pine St. Alpine Lakes Elementary
 15:22 Animal Problem, 932 Front St. Starbucks
 15:33 Attempt to Locate, 817 Commercial St.
 16:37 Animal Problem, 10190 Chumstick Hwy.
 17:07 911, 817 Commercial St.
 17:55 Hazard, US Hwy. 2 & Main St., Peshastin
 18:08 Accident/No Injuries, 308 Zelt Strasse, Pine Village
 18:44 Parking/Abandon, 526 Ash St.
 19:20 Parking/Abandon, 12020 Sromberg Canyon Rd.
 20:08 Noise, 12385 W. Shugart Flats Rd.
 21:08 Alarm, 500 Pine St.; Alpine Lakes Elementary
 21:29 Suspicious, 9693 Dye Rd.
 22:29 Liquor Violation, Number 2 Canyon Rd., MP 4
 22:30 Hazard, 116 River Bend Dr., Safeway.
September 22
 No Report
September 23
 03:15 Agency assist, 301 Ward Strasse; Hampton Inn
 11:10 Suicide Threat, 922 Commercial St.
 11:22 Accident/No Injuries, 932 Front St., Starbucks
 12:36 Property, 100 Block Ski Hill Dr.
 12:49 Theft, US Hwy. 97, MP 164, Peshastin
 14:08 Agency assist, 24209 Morgan St., Plain
 14:15 Scam, 9792 Dye Rd.
 14:51 Sex Offense, 10195 Titus Rd.
 14:52 Assault, 10001 School St., Peshastin
 18:42 Animal Problem, 132 Whitman St.
 20:08 Harass/Threat, 263 Mine St., #109
 20:33 Property, 10190 Chumstick Hwy.
 21:53 Alarm, 500 Pine St. Alpine Lakes Elementary
 23:58 Alarm, 913 Front St., South
September 24
 06:23 Civil, 3333 Hansel Lane, Peshastin
 07:27 Welfare check, 9966 Lee Street, Peshastin
 14:56 Agency Assist, 12131 Chumstick Hwy
 15:12 Theft, 10190 Chumstick Hwy

- 15:44 Prowler, 3262 Allen Lane, Peshastin
 17:16 911, 10195 Titus Road
 18:09 Public Assist, Leavenworth Area
 20:00 911 190 US Hwy 2, Der Ritterhof
 21:50 Alarm, 500 Pine Street, Alpine Lakes Elementary
September 25
 07:15 Trespass, 8901 Josephine Avenue, Dryden
 09:22 Miscellaneous, 14745 Chumstick Hwy
 11:05 Accident/No Injuries, 922 Commercial Street
 11:33 Suspicious, 7375 Icicle Road, Sleeping Lady
 12:00 Suspicious, 25806 Bridle Lane, Plain
 13:10 Accident/No Injuries, 190 US Hwy 2, Der Ritterhof
 14:02 Hazard, Camp 12 Road & Beaver Valley Hwy
 14:27 Public Assist, 228 Chumstick Hwy, CC3 Station
 16:43 Parking/Abandon, 8925 Merry Canyon Road
 18:01 Welfare Check, 12000 Sunitsch Canyon Road
 19:52 Attempt to Locate, 3300 US Hwy 97, Peshastin
 20:52 Malicious Mischief, 126 Birch Street
 22:21 Suspicious, 21423 Stirrup Road, Plain
 22:26 Noise, 11610 Eagle Creek Road
September 26
 No Report
September 27
 08:27 Harass/Threat, 101990 Chumstick Hwy
 10:28 Trespass, 10415 Titus Road, #G
 10:29 Parking/Abandon, 265 US Hwy 2, Rudloofs Pizza
 14:13 Littering, 3432 Hansel Lane, Peshastin
 15:07 Civil, 6008 Campbell Road, Peshastin
 15:20 Attempt to Locate, Lake Stuart, Leavenworth

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 Pastor Bob Bauer
 Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
 303 Maple Street • 782-2431
 Sunday Morning Worship 10:30 a.m.
 Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
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 Office Hours: Monday - Thursday
 10:00 a.m. - 1:00 p.m.
 Pastor Lilia Felicitas - Malana

CHRIST CENTER
 Cashmere Assembly of God • 509-782-2825
 Worship Celebration & Sunday School 10 a.m.
 Meeting at The Conservatory, back entrance of Apple Annie's
 Underground High School Group, Sundays, 6 p.m.
 Junior High, Wednesdays, 6:30 p.m.
 Meet at - 206 Vine Street
 Lead Pastor, Steve Haney
 Children's Pastor, Andy Robinson
 Congregation Care Pastor, Joyce Williams
 Pastor Ian Ross, Director of Operations
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christcentercashmere.com

GRACE LUTHERAN CHURCH
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 Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH
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 Morning Worship - 11 a.m.
 Evening Service - 6:00 p.m.
 Pastor John Smith www.christforcashmere.org

COMMUNITY UNITED METHODIST
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Opinions / Community news



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Corrections
 The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Climate hoax demonstrates failure of government run education

Last Friday the children of the "World" went out on strike against government inaction to address climate change.

I'm excited to see young people who are motivated to call attention to something other than the latest rock star. The problem is there is not a consensus by real scientists that carbon dioxide is a harmful greenhouse gas or that continued use of carbon based fuels will doom life as we know it on this planet.

Climate Change has become the undebatable religion of the environmental zealots. Try to discuss the flaws in their claims of doom and you are attacked as a denier or worse a sycophant of the evil energy companies that are willing to destroy our planet for the sake of their endless greed. There can be no debate about the underlying hypothesis that our planetary home is being destroyed by our modern lifestyle.

Our government controlled public schools have used their power to propagandize the is-



IN MY OPINION
 Bill Forhan
 Publisher

sue. Whether as an intentional conspiracy or the unfortunate result of misguided group think the result is the same. Our children have been taught that unless government takes action to control the climate impacts of our current excessively wasteful lifestyle they will inherit an uninhabitable planet.

The problem is politicians are now proposing solutions that are truly draconian and unlikely to actually have any real impact on climate. They will however destroy the economic vitality of the country and give the government dictatorial powers over every human activity.

Consider the "Green New Deal" a proposal that would ban airplanes, cows and require all buildings in the country to be rebuilt to new energy efficient standards.

If you think I am overstating the problem here, try to have a conversation with your children about the issue. I love my two boys and an immensely proud of them but on the issue of climate change they are blind to any argument that draws the issue into question.

I have talked to many parents that have experienced the same reaction from their children.

The environmentalists have taught our children that their parents are not to be trusted on this issue. We are the evil destroyers of the planet with our lifestyle. It sort of takes me back to the 60's where we weren't supposed to trust anyone over 30.

There are real climate scientists who are making reasoned arguments about the faulty science of the climate change zealots. My favorite is Patrick



Moore. Moore was the former President of Greenpeace and an environmental scientist who has examined the history of our ever changing climate. He has concluded that carbon dioxide levels are not too high, in fact he claims that current CO2 levels are putting plants on a starvation diet.

Our children are ill prepared to assess the issue in a truly objective manner. And going on strike to demand the government take action is a dangerously wrong approach.

If there was ever a case to be made for school vouchers the current success of our govern-

ment run schools to allow this issue to dominate the political thoughts of our youth is a prime example of the need for educational diversity.

School vouchers give parents the power to decide where the money for their children's education is best spent. It would create real competition for educational money. Private schools should include religious schools not fake alternatives like government sponsored Charter Schools.

It is time to abolish the Federal Department of Education and put children's education back into the hands of parents.

Sometimes laughter destroys fear, reminds tyrants they too will perish

I laugh, sometimes at things that I shouldn't respond to in any way. I laugh when it is a life changing decision at my doorstep. I laugh at jokes, accidental and professional.

Although my sense of humor is not the issue here, I want it to be clear, if you take the label off of a bottle of Old English furniture lemon oil, it could easily be mistaken for a bottle of Filippo Berio Extra Virgin Olive Oil.

Now we're cookin' with oil ... and another thing ... speaking of getting caught 17 years later after you wore "black face" in a production of Arabian Nights, Wimpy Justin Trudeau the Canadian PM, has to eat crow because of socialism's inherent PC nature. "I'm sorry," he



GARY BÉGIN
 Managing Editor

whimpered to the press. Sorry for what? His dad, Pierre Elliot Trudeau wasn't afraid to hurt a few feelings and he was considered a liberal back in the day.

Now I have a scoop, an exclusive piece of evidence that will be released to the press before I take a dirt nap (maybe).

There is newly discovered video of Kamala Harris wearing White Face in a production of Annie Get Your Gun when she was in 3rd Grade.

I also have it as hard evidence that another Democratic presidential candidate, Joaquim (or Raul?) Castro, was seen and photographed, eating Gringo food at an event in Iowa. Rumor has it he was eating some kind of sponge cake or waffles.

Senator Cory Booker was also seen wearing White face in his high school production of Citizen Kane, the Orson Wells classic.

Dem prez wannabe Andrew Yang was spotted just the other day eating french fries and hamburgers, shunning the very rice he grew up on, in favor of Native American-killing cattle baron, environmentally destroying red meat lovin' grub brought to us by

White folks with guns who also enslaved Chinese workers to build railroads.

While we're at it, Elizabeth Warren, as a child, played with Barbie Dolls in a politically incorrect way. She was observed by her kindergarten teachers as cross dressing the GI Joes and Ken dolls with Barbie's bikini wardrobe and this was decades before thongs were a thing.

"I was especially fond of putting pink tutus on the boys and fantasizing what their inner most thoughts would be," Warren told someone who then told someone else until eventually it landed on my desk as a proven fact.

She also admits to putting guns on Barbie's hips and

dreaming of a day when women will rule the world (as if they don't already).

"I'm gonna fill you full of hot lead Mister," she was heard murmuring. The Mister she was talking to was Charleton Heston when he was running the NRA, after all of that ape nonsense made him famous for acting like he cared about diversity of the species.

Finally, Joe Biden was never accused of wearing black face because his mask is rainbow-hued so everyone was equally pleased or insulted depending on which way the wind was blowing the week the poll was taken.

Green breakthroughs are coming from an unlikely source

By LOWMAN S. HENRY

Environmentalists just got some great news. America's power plants will emit 2.3 percent less carbon dioxide this year compared to 2018. Even better, emissions will continue falling next year, according to a new report from the U.S. Energy Information Administration. This progress isn't the result of new environmental protections or alternative-energy breakthroughs. The credit actually belongs to natural gas firms.

These companies have harvested such massive quantities of the cheap, relatively clean-burning fuel that power plants have transitioned away from energy sources with higher emissions such as coal. The firms have also invested millions to make their drilling operations as environmentally

friendly as possible.

Green activists often demonize these companies. They ought to thank them instead.

New drilling technologies, such as fracking, greatly boosted natural gas production starting in the mid-2000s. Power plants soon began switching to this invisible fuel, which was cheaper than coal and also produces about 50 percent fewer carbon dioxide emissions. Thanks to this transition, U.S. carbon dioxide emissions fell 8 percent between 2010 and 2017.

Natural gas firms have actively tried to cut emissions even further.

Consider Ecosphere Technologies. The company developed a new technique that employs ozone to remove contaminants from fracking water. Via ultrasound technology, Ecosphere

creates tiny bubbles that kill contaminants and help disinfect water when they pop. Then, the company runs an electrical current through the fluid to break down salts.

The process helps fracking operations reuse massive quantities of water, which reduces pressure on aquifers. It also reduces the need for using chemicals such as descaling agents and biocides.

These new techniques have already benefited the environment. In Pennsylvania, for example, the amount of water reused in fracking operations ballooned from 2.6 million barrels a year in 2010 to over 22 million in 2015.

The industry's also spearheading efforts to reduce emissions of methane – a greenhouse gas. For instance, dozens

of firms have joined together to inspect their pneumatic controllers – which regulate the level, flow, and pressure of natural gas. These controllers sometimes release small amounts of methane into the atmosphere during normal drilling operations.

Recent advancements have enabled firms to reduce – and even eliminate – these leaks. So far, firms have replaced or retrofitted about 30,000 old "high-bleed" controllers. The Environmental Partnership – an alliance of U.S. energy firms committed to a greener industry – led these replacements.

The industry has also made headway with new leak-detection technologies, such as optical gas imaging cameras. These devices scan large areas of natural gas infrastructure and detect the infrared signature of compounds like methane,

catching leaks otherwise invisible to the human eye.

Such tools and precautions have yielded impressive results.

In Texas's Eagle Ford basin alone, methane pollution dropped 65 percent between 2011 and 2017. This occurred even as production soared 130 percent. Meanwhile, in the Appalachia basin, methane emissions from natural gas operations fell 70 percent in that same period, while production nearly quadrupled.

Though often portrayed as reckless polluters, energy firms are actually using their technical know-how to do right by the environment. And judging by the latest emissions numbers, their efforts are paying off.

Lowman S. Henry is chairman & CEO of the Lincoln Institute and host of the weekly Lincoln Radio Journal.

LETTER TO THE EDITOR

Gross malfeasance killing America

As time passes, I find myself becoming more and more pessimistic about the future of our country due to what I consider to be the gross malfeasance of our elected officials in Washington, DC.

These professional politicians have done two things over past years which really upsets me when I think about them. First, they have run the national debt up to where it is now, totally out of control. Second, they have sanctioned wars which we had absolutely no business being involved in.

THE NATIONAL DEBT – For some 50 years now our representatives in Washington have, year after year, spent more money than they took in and the debt has steadily climbed. Then someone had the bright idea that we could have a war without telling the American people that they had to sacrifice to pay for it. Just put the cost on the national credit card!

The national debt then soared and is

now at 22 trillion dollars, is increasing rapidly, and is totally out of control! No one even talks about ever paying down this debt. All they talk about is reducing the deficit (in other words, decreasing the rate at which the debt is increasing).

In 2019 the deficit is actually increasing due to Trump's tax cut and is projected to be 960 billion dollars (nearly one trillion dollars).

Just an unbelievable amount!

We are now paying approximately 400 billion dollars a year just to cover the interest on the debt. At the present time, interest rates are historically low (somewhere around 2 percent).

I am afraid that sometime in the future international interest rates will rise, and we will be facing having to pay as much as a trillion dollars a year. If this happens, our country will be approaching bankruptcy, and we would probably be forced to default on the debt.

What the ramifications of this would be I don't pretend to know, but you can bet it would be disastrous.

Probably the US dollar would no longer be worth the paper it is printed on in the international market for one thing.

I have no idea what, if anything, can be done about this problem. I'm afraid this debt is so far out of control that it is simply a disaster waiting to happen.

WAR SANCTIONS – When being asked to sanction a war, the politicians in Washington, DC should ask themselves a very simple question, "Am I willing to sacrifice my son or my daughter's life for this cause?" If the answer is no, they then have absolutely no business voting to allow a war.

If this criteria had been applied in years past, I suspect there would never have been a Vietnam War or an Iraqi War. Personally, I don't believe we had any business being involved in either of these wars.

Also, there is the Afghanistan War. We invaded Afghanistan after 9/11 with the purpose of wiping out the

Al Qaeda camps there, which was a valid reason.

However, somehow we became involved in a never ending guerilla war with the Taliban which was a huge mistake. Here we are 18 years later and, despite our technological superiority, we have never been able to defeat them.

We should have heeded the primary lesson to come out of Vietnam, which was that you can't win a guerilla war against a determined enemy!

CONCLUSION – Obviously, the debt and the wars are related since the major cause of the out of control debt is the wars. These wars are bankrupting us both morally and financially.

They have cost us nearly 100,000 of our soldiers dead and untold thousands more scarred for life, either physically or mentally, and they have added trillions to the national debt.

Duane Russell
 Leavenworth

Schools and Sports



Varsity runners Landon Davies in front and Derek Richardson a couple places back at South Whidbey. Davies finished second and Richardson came in ninth.



Sophomore runners Lien Hagedorn leading Jacob Redman at the South Whidbey invite. Both runners posted new personal best records in the Okanogan meet.

Cross Country team competes at South Whidbey and Okanogan

Submitted by Coach Dayle Massey

Cascade's cross country team competed at the South Whidbey Invitational Saturday Sept. 21 and the Okanogan Invitational Tuesday Sept. 24.

There was lots of competition at South Whidbey; our boys team ended up in 2nd place overall, losing to South Whidbey HS by a score of 110-94. At Okanogan our boys placed third.

Illness has really been hurting us; we haven't had a race yet with all our varsity runners feeling 100 percent. Junior Landon Davies,

however, is running very well, placing second at both of these 5k races with times of 16:42 and 16:24. Derek Richardson has also been racing extremely well, placing 9th and 4th in the two races with times of 17:07 and 16:49.

Rounding out our varsity scoring are sophomore Owen Bard, junior Jerome Jerome, and sophomores Lien Hagedorn and Jacob Redman.

Owen and Jacob will hopefully recover from illnesses soon; fortunately Jerome and Lien are recovered and have been able to work hard at practice and race well, both posting personal records at

Okanogan.

Our girls team, led by junior Zoe McDevitt, placed 7th at South Whidbey and 2nd at Okanogan. Zoe was 5th overall at South Whidbey and 2nd at Okanogan with a time of 20:11, despite battling a bad cold.

Junior Celeste Villalobos, our No. 2 runner, keeps working hard and getting faster with each race, finishing 7th at Okanogan with a personal record of 22:05. Sophomore Tillie Leroy also continues to improve as our No. 3 runner.

Close behind Tillie were juniors Anna Martinez and

Tiera Groff, and senior Isabel Rodriguez.

Our home race at Ski Hill is next Saturday with middle school races starting at 10 am.

We have about five weeks to get into peak racing shape for our league meet, where we face tough competition from Cashmere in boys and girls, and Chelan's girl's team.

Two teams from the CTL earn berths at state, so our goal is to have both teams in the top two at league and thus able to go to the state meet in Pasco Nov. 9. Lots of hard workouts ahead of us!

CONTINUED FROM PAGE 1

City Council authorizes condemnation proceedings

pressed concerns that lowering the sidewalk beyond the 3 inches could open himself and the city to future storm water liability.

Wolf contends that lowering the sidewalk beyond the 3 inches could result in the storm water control design to fail in a heavy storm allowing water to run over the sidewalk on onto private property.

Further complicating the dispute is the fact that without a resolution to the improved access to Mr. Hess's property the project is not considered complete and Federal Funding for the project could be in jeopardy.

Federal Funding for the project is \$705,000. If the project is not completed the Federal Funds would have to be returned.

What was not clear is if the entire \$705,000 would have to be repaid or some lower partial amount.

Council voted 4 to 2 to authorize the city to move forward with the condemnation. Lundgren and Wilson

voted against the motion. Bretz, Neighbors, Waters and Strand voted for the measure.

Those in favor said they could not put the city at risk of losing the \$705,000 in Federal Grant money.

Lundgren said, "I'm not in favor of condemnation. It puts a bad taste in the communities mouth."

In other business
Ordinance 1595 Commercial Street and Alley Vacation

Council voted unanimously to vacate the portion of Commercial Street and the alley east of 14th Street between the city property and the adjoining property owned by Tom Lin.

The street and alley are used for access to the city public work's yard and do not connect with highway 2.

Resolution 13-2019 - Affordable Housing

The state has approved a local revenue sharing program that returns a portion of existing sales and use tax to communities for affordable housing invest-

ments.

The council voted unanimously to take advantage of the program, which will bring the city .0073% of the states share of local sales tax collections. The funds received from this program must be spent on housing projects that serve those who earn 60 percent or less of the average median income.

Festhalle Flooring

Council approved the expenditure of \$37,832 to resurface the Festhalle main floor. The current floor was completed in 2007.

The measure was passed unanimously after council women Neighbors and Waters asked that at least 50% of the funds for the work come from Lodging tax.

Pine Street Beautification

Council unanimously approved the expenditure of an amount not to exceed \$12,000 to improve landscaping along Pine Street.

A considerable number of trees and plants were lost during the reconstruction of Pine Street and this money was to replace some of that loss. The city plans to purchase the plants and then give them to the residents who will be responsible for planting and caring for them.

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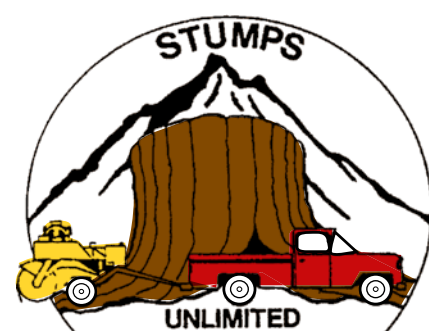


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Schools & Sports

Student-Led Climate Strike in Leavenworth

Photo by Kevin Farrell



Protesters march through the streets, led by, left to right, Connor Nelle, Rory Swoboda, Stella Johnson and Luke Hafermann.

By MARLENE FARRELL

At noon on Friday, Sept. 2, students started pouring out of Cascade High School for the Leavenworth Climate Strike.

They were energized and prepared. Each of the 68 students had obtained a signed permission form from their parents and school to have an excused absence.

Most had turned cardboard into signs strewn with words of warning and promoting action. Two such signs read, "The Climate is Changing. Why aren't we?" and "The Sea is Rising, So are We."

This strike purposefully coincided with the final day of the International Climate Strike Week, begun by Swedish 16-year-old Greta Thunberg, and felt in waves of protestin over 150 countries around the world.

The newly formed Cascade Sustainability Club (CSC) organized this day's events.

Club president Stella Johnson thanked everyone for coming out, which now included younger students,

parents, other concerned citizens and a small handful of teachers that took a personal day to show their support.

The march took the protesters by Icicle River Middle School, Alpine Lakes Elementary School and wove through neighborhoods and downtown Leavenworth, ending at Lions Club Park for speeches.

CSC members jogged up and down alongside the marchers, encouraging chants. "Save the planet" was the most common refrain.

Other chants that caught on included "Education for our nation" and "Science is right, we must fight."

Spectators were rather scarce in the neighborhoods, but the marchers, having swollen to 120, made a big impression downtown by the gazebo.

They received a mixture of reactions. Most onlookers clapped, smiled and raised a fist in support, while others looked surprised and perhaps undecided.

Throughout the day the

strikers only encountered a couple of negative reactions, which included a thumbs down and someone shouting, "Go back to school."

At the park, about a dozen speeches, both prepared and impromptu, reminded the crowd of sobering scientific facts and concentrated heavily on action, at the personal level and beyond, to combat climate change.

Johnson said, "We're the ones who've shown up. We need to be the leaders of change. If not us, then whom? If not now, then when?"

The strikers listened to a recording of Greta Thunberg's words to world leaders at the UN.

Her voice shook with anger and heartache as she said, "You say you hear us and that you understand the urgency. But no matter how sad and angry I am, I do not want to believe that. Because if you really understood the situation and still kept on failing to act, then you would be evil. And that I refuse to believe."

Photo by Carol Forhan



Front left to right Dr. Gene Sharratt, Peshastin-Dryden Elementary Principal Emily Ross, Dr. Patricia Ortiz, Board members, Cindy Puckett and Cyndi Garza. Back row, Sheriff Brian Burnett, Cascade School District Superintendent Dr. Tracey Beckendorf-Edou, Stephen Keene, former CSC Superintendent Bill Motsenbocker and Doug Clarke. All attended the ribbon cutting and P-D school dedication on Thursday, September 26.

CONTINUED FROM PAGE 1

Peshastin Dryden Elementary Dedication

all the parents in the office," Ross said.

"Now I can do them by picking up the phone in my office. "And I'm thrilled every time the bell goes off at the right time." Previously, each bell was on a separate system.

To change the timing for late start or early release involved inputting a complicated code and hoping it would work. Now digital, it's simple and precise.

The fire alarm is integrated throughout the building. "The signal isn't scary. It's energizing! The voice gives instructions in English and Spanish to leave the building," said Ross.

Improved safety and security were key aspects of the renovation. Hallway doors can close for fire or close and lock for lock down.

The building doors are accessed by keycards and en-

trances are monitored and recorded.

The system notifies office staff if a door is left ajar.

There used to be one functioning staff toilet and now there are four.

The school also has better climate control. "Rather than trying to learn while sweating, and listening over noisy fans, now we can focus on our job of growing minds," said Ross.

Staff had to pack and unpack twice in one year, but the effort was worth it. Teacher Jennifer Graybeal said simply, "It's a bright happy space!"

And the cub door? The one that is five feet tall? It was added almost on a whim, but every child that attended the dedication chose it over the regular entry.

Most parents also ducked into it, this gateway into their child's world.



There's something for everyone in the local newspaper

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Icicle Brewing announces 1 in 8 IPA to coincide with Breast Cancer Awareness Month

L/R top Icicle Brewing owner and 4 year cancer survivor, Pam Brulotte, Wellness Place Founder Carl Kobeck, board member, Dr. Tom Halgren, Icicle Brewer, Holly Brieger. Bottom row, Shelley Desmarais owner of CLS Farms in Yakima and also. Brulotte and Desmarais are celebrating the release of the "1 in 8" IPA.

10% of the special brew and 25% of the evenings sales will go to Wellness Place in Wenatchee and Wellness House in Yakima.

COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.
What: Items pertaining to local events that are free or **maximum charge of \$100 fee.**
Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com
 Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

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AA Meeting Schedule

Information numbers for AA:
509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379
Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans, Leavenworth
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule:
Monday, 7 p.m., United Methodist Church, 418 Evans St.

Community Calendar

Wednesday
Peshastin Water District, 5:30 p.m., at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)
Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)
Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.

Thursday
Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant, President Bill Forhan. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)
Autumn Leaf Festival Association Board Meets, 6 p.m. Icicle Village Resort, 505 Hwy. 2. Lake Wenatchee Room. Call President Jim Zumini, 670-3343 or Secretary, Carol Forhan, 670-1723. (1st Thurs. each month unless noted otherwise or call for info.)
Leavenworth Lions Club, Kristall's Restaurant, President, Conrad Delury, call or text, 509-387-5051. (1st Thurs. at 6:30 p.m. & 3rd Thurs. at Noon)
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Friday
Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)
Leavenworth Rotary Club, 11:45 a.m. Kristall's Restaurant. President, Ken Grosse. 509-763-2753.

Saturday
No Events Scheduled.

Sunday
See Church schedule.

Monday
Leavenworth Mosquito District Board Meeting, 7 p.m., at the Chelan County PUD building, Jenny Mullins 548-5904 (1st & 3rd Mon.)
Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)
Upper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-0408.
Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)
Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

Tuesday
I.P.I.D. Meeting, 8 a.m., Anthony "Toni" Jantzer, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)
Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)
Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)
Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.)

Ongoing events
Leavenworth Public Library: 548-7923.
 Mon., Tues., Wed., open 9 a.m. - 6 p.m.
 Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m.
 Closed on weekends and Holidays.
Special events:
 Tues., 11:30 a.m., Baby story time
 Wed., 1:30 p.m., Preschool story time
Peshastin Public Library: 548-7821.
 Sun. & Mon., Closed
 Tue., 3 - 7 p.m.
 Wed., Thurs., and Fri., 2 - 6 p.m.
 Sat. 9 a.m. - 6 p.m.
Special events:
 Thurs., 2:30, Bilingual Story time
 Sat., Crafts: 2 p.m.
Upper Valley Museum: 548-0728
Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish Hatchery Road (Daily).

Regional events
SCORE (small business counseling), 1 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)
Cascadia Conservation District Board Meeting, 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

leavenworthecho.com

Senior Center Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth
 Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.
October 2, Wednesday: Bacon cheeseburger, sweet potato fries, southwest salad, sliced pears, dessert.
October 3, Thursday: Hawaiian chicken, wild rice, Asian vegetables, coleslaw, tropical fruit, whole wheat roll, dessert.
October 4, Friday: Baked ham, roasted squash, macaroni salad, tossed green salad, apple celery salad, whole wheat roll, dessert.
October 5, Saturday and October 6, Sunday: No lunch.
October 7, Monday: Spaghetti & meat sauce, Caesar salad, apricots, garlic bread, dessert.
October 8, Tuesday: Quiche, steamed broccoli, tossed salad, pears, muffin.
October 9, Wednesday: Beef stew, kale slaw, grapes, whole wheat bread, cereal bars.

Leavenworth

Leavenworth Lions Club Community Breakfast
 Saturday, October 5, 7 - 11 a.m., in the Lions Club Park. All-You-Can-Eat for only \$7 for adults, \$3.50 for children 4-10, free for children under 4, free for active military with military ID. Purchase a Punch Card for \$39 from any Lion member or at the breakfasts, good for six adult breakfasts. Free parking for breakfast at the City Hall lot. Information, text or call Conrad Delury at 509-387-5051. (e 40).

Icicle Brewing's "1 in 8 IPA" Special Beer Release
 Join the Wellness Place at Icicle Brewing Company in Leavenworth on Tuesday, October 8, 5 p.m.-close for the new release of their "1 in 8 Fresh Hop IPA" beer. Owner, Pam Brulotte, along with her long-time friend Shelley Desmarais (owner of CLS Farms) are both breast cancer survivors and have collaborated on this special brew, because 1 in 8 women will get breast cancer in their lifetime. A donation of \$1 per pint of the "1 in 8 IPA" and 25% of that evening's sales will go to the Wellness Place in Wenatchee and the Wellness House in Yakima, both non-profit organizations with a mission in supporting cancer patients and their families. (e 40).

Leavenworth Women's Exchange
 Monthly luncheon meeting at Noon on Wednesday, October 9, at Visconti's of Leavenworth, 636 Front Street. The cost is \$16 per person for members and \$18 for non-members. Beverage, tax and gratuity are included. Tyler Mackay, Waste Management Public Sector Manager, Central Washington and Tami Haggerty, Waste Management Education and Outreach Coordinator, will present a program titled "Recycle Often, Recycle Right". Reservations to Ann, 548-2065 by Saturday, October 5. (e 39, 40).

Leavenworth Friends of the Library
 Come to the used book ten day sale now through October 6, 10 a.m.- 5 p.m., Sunday through Thursday and 10 a.m.-6 p.m. Friday and Saturday in downtown at the corner of 8th and Commercial Streets. Cost will be \$1 and \$2. Thousands of quality used books for adults, children and teens. All proceeds support our library's many children's and adult programs and expenses will benefit our community and promote literacy. (e 39, 40).

Historical Railroad and Mill Tour
 The Upper Valley Museum will be sponsoring the last guided walking tour of the year. The Historical Railroad and Mill Tour along the Wenatchee River on Saturday, October 12. Starting place for the Guided Tour begins at the Lions Club Park by swimming Pool at 10 a.m. The tour is 1-2 hours, mostly on a dirt trail, one small hill and sidewalks and is about 2 miles long. Donation fee of \$5. Everyone is encouraged to wear good walking shoes and bring water. Call 548-0728 for more information. (e 40, 41).

If we are going to remain a whole community with diverse ages and incomes living here, we must get more affordable workforce housing.



Carl Florea For Mayor
 "A Mayor for the Whole Community"
carlfloreaformayor.com

Senior Center Events

Leavenworth Senior Center, 423 Evans St., Leavenworth
 Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise
 Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting
 Tuesday, 1:00-3:00 p.m., Crafts
 Thursday, 1:00-3:00 p.m., Square Dancing
 Thursday, 6:30-7:30 p.m., Bavarian Dancing
 Friday, 6:00 p.m., Bingo
 Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

City Council Meetings

7 p.m., Leavenworth Planning Commission at City Hall contact Lilith Vespier, 549-5275. (1st Wed.)
8 a.m., Leavenworth City Council study session, City Hall, Joel Walinski 548-5275. (2nd Tues.)
3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)
6:30 p.m., Leavenworth City Council meeting, City Hall, Joel Walinski 548-5275 (2nd & 4th Tues.)

ICICLE CREEK THIS WEEK

STAY WITH THE ICCA
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The Icicle Creek Center for the Arts wants to let you know that our beautiful cabins are available to book! Our campus, located three miles up the enchanting Icicle Road, has eight cabins available to the public. Whether you need a relaxing weekend getaway, a place to stay after sight seeing in Leavenworth or want to stay the night after an awesome event on campus, we have the perfect place for you.

Our cabins include room for 4-6 people and two include kitchenettes as well.

RATES: \$120-\$150 PER CABIN

As always, make sure to check out icicle.org for information about events and everything happening on campus. And, make sure to follow us on both Facebook and Instagram for up to date information and what goes on here on campus! We hope to see you soon!

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 INFO: ICICLE.ORG OR (509) 548-6347

You're invited to hear
What's Next for Chelan PUD Fiber

76% of Chelan County has access to the PUD's broadband network.
 Join us to hear what goes into deciding where to build next.

Open House, 4:30 – 6 p.m.
Oct. 8 Leavenworth PUD office, 222 Chumstick Hwy
Oct. 9 Entiat Fire Hall, 2200 Entiat Way
Oct. 10 Manson Grange Hall, 157 E Wapato Way
 Talk with Fiber staff, ask questions and get an update on plans to reach more areas.

Details at chelanpud.org/Fiber and facebook.com/ChelanPUD

Community News



Cascade Medical opens more parking for patients

Press Release

Cascade Medical patients have a new option for parking, just in time for festival season!

The parking lot at the corner of 9th and Commercial streets is now available exclusively for patients, 8 a.m.-5 p.m. on weekdays.

The patient parking area features 15 parking spots, including two ADA spaces, and a covered walkway to give patients a safe, direct path to the main entrance without crossing the street.

Last month, Cascade Medical moved staff parking

to a newly-paved parking lot across Commercial Street, between Louie's Café and Gingerbread Factory. Several staff members also volunteered to park off-site to allow better access for patients.

"The goal is to give our patients a positive experience every time they come in, from the first moment they arrive," said Pat Songer, Chief of Operations at Cascade Medical. "With more convenient parking, our patients can walk in relaxed and on-time for their appointments."

Patients can also find parking in these areas:

- The parking lot near the emergency department entrance
 - Dedicated street parking along 8th Street, across from the Post Hotel
 - A 1-hour spot near the main entrance, and two patient-only spots on Commercial Street
 - A bike rack is also available near the main entrance
- "We want to thank the community, especially our neighbors, for their patience during this change," Songer said. "Our staff has also

been very accommodating, and we are grateful."

Cascade Medical Center is a nonprofit, community-owned, critical access hospital that delivers extraordinary healthcare by taking more time with each patient and their families. Centered around primary care, the medical center

also provides lab and screening services; physical, occupational and speech therapy; ambulance service; emergency and acute care, and inpatient rehabilitation.

4 Ways to make medicine taste better

I got a call today from a 36-year-old mother at the end of her rope. Her five-year-old Jessie desperately needed to take a liquid antibiotic for an infected cat scratch on his right forearm, but he HATED taking it and she didn't know what to do.

"We had to switch to another medicine because he spit out the first antibiotic. Is there any way I can get him to take this one? It's three times daily for a week. I'm only getting one dose per day into him, and his arm is not looking too good."

Yesterday at my clinic we had our new family medicine resident physicians act as judges for a taste test of various liquid medicines, including 10 different medications used frequently by physicians and physician assistants. We used 5 different antibiotics and 5 commonly prescribed medicines, lined them up on a long table, and handed out scoring sheets to each "judge".

The goal was to have each resident physician evaluate each liquid medicine on 4 specific characteristics, similar to the idea of a wine tasting.

One year we had it as a blind taste test, but with some of our residents very sensitive to gluten and others with allergies, we wanted to make it as safe as possible as well.

The first time we did this was 20 years ago, and everyone had a stomach ache afterward, so ever since then I keep a big trash can nearby as a spittoon, warning my novice evaluators

to "Spit, don't swallow."

Each score card has a scale of 1 to 5, with the 1 score as Most Negative, the 3 as Neutral and the 5 as Most Positive.

In front of each of the 10 bottles I set out a small clear plastic medicine cup and filled it about halfway with liquid medicine.

The first aspect judged was the medicine's smell. The judge picked up the cup holding the medicine, swirled it a few times, then inhaled to get the "Bouquet", writing down their score before moving on to the next phase, Taste and Texture.

The judge then dipped a clean plastic spoon into the liquid, then put it in their mouth to evaluate its texture, AKA the "Body", and its taste, or "Gustatory Merit". Once those were scored, the final element was the aftertaste left in the mouth by the medicine, scored as the "Finish".

I'll be honest with you; my 10 judges were brave. They valiantly persisted through all 10 samples, despite scrunched up faces, tongues that stuck out, and sounds of coughing and gagging. There were other sounds, too:

"Oh, YUCK!"

"I had NO IDEA this stuff tasted like THIS!"

"Gaaaah!"

"I remember this from when I was a kid. It hasn't improved much..."

When we were done with the sampling and scoring, we brainstormed some ways to



suggest to parents on how to reduce the "Yuck" factor of many liquid medicines. We ended up with some powerful pearls of wisdom/strategies that can help mask the taste and texture of liquid medicines.

I shared these strategies with Jessie's mom, and she called back a couple of days later, relieved to report that they were successful getting the medicine into Jessie. Between keeping his liquid antibiotic in the refrigerator, mixing it with chocolate pudding and chasing it with a spoonful of Hershey's chocolate syrup, they made it through!

Here Are 4 Tips to Help Medicine Taste Better:

1. Mix it. Add it to something else to dilute the taste and texture. Any food will do, but my personal favorite is Hershey's chocolate syrup because it's simple, inexpensive, and does a pretty good job of covering up bitter tastes and gritty textures.

2. Chill it. Try storing the bottle in the refrigerator between doses, even if it doesn't have to be refrigerated. The taste and aftertaste will be less powerful when cold.

3. Chase it. Follow up quickly with a spoonful of a favorite food, the thicker the better. You can use fruit juice, ice cream, pudding, or my personal favorite, Hershey's chocolate syrup. I offered both ginger ale and club soda for the taste test judges to help them "cleanse their palate" between medicines, but they all reported that those didn't work very well.

4. Hold Your Nose. If you can hold your nose while swallowing the spoonful of medicine, you won't be able to taste it. Unfortunately, as soon as you breathe in, the taste comes back, so I suggest having a chaser ready to go.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely.

Your questions and comments are always welcome at www.AskDrLouise.com.

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APPLE DAYS



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Appledays schedule

Friday, Oct. 4

12 - 5 p.m. Apple Pie drop off
6:00 p.m. Pie Judging

Saturday, Oct. 5

10:00 a.m. Gates open
10:15 a.m. Samarah Givens sings National Anthem
Pie Contest winners announced
10:30 a.m. Music by Hank Cramer
11:45 a.m. Shoot out by - The Shootists
noon Wenatchee Youth Circus
1:00 p.m. Shoot out by - The Shootists
1:10 p.m. Carly Schoenig - Cashmere High School musician
2:10 p.m. Music by Hank Cramer
3:00 p.m. Mariachi Huenachi
5:30 - 7:30 Special adults only concert with Hank Cramer

Sunday, Oct. 6

9:00 a.m. Church Service - non-denominational put on by Methodist Church
10:15 a.m. Samarah Givens sings National Anthem
10:30 a.m. Music by

Hank Cramer
11:45 a.m. Shoot out by - The Shootists
noon Wenatchee Youth Circus
1:15 p.m. Shoot out by - The Shootists
1:30 p.m. Music by Hank Cramer
2:30 p.m. Wenatchee Band of Indians/Williams Family Native Dance Troupe
3:00 p.m. Jazz Band

Ongoing
Pony Rides by the Tillicum Riders
Blacksmith Demonstrations
Balloon art with Mr. Whiskers
Gold Panning
Archery demonstrations by Tom Baldwin
Flint Knapping



Hank Cramer

Bake and Book sales
Honkey-tonk piano, Sarsaparilla and beverages in the saloon
Wanapum Native American Discovery Unit



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SEE YOU AT APPLE DAYS!



The Cashmere Museums Pioneer Village is ready for Apple Days! The free walking tour with Rod Molzahn scheduled for last Saturday was postponed because of the early winter blast. It has been rescheduled to Saturday, Oct. 12 at 1 p.m.

APPLE DAYS

SEE THE SCHEDULE AT:
WWW.CASHMERMUSEUM.ORG



With a Saturday evening performance by Hank Cramer!

Oct 5th @ 5:30 - 7:30 pm
\$10/ticket + picnic pack from The Cheesemonger's Shop, included!

Drinks from Barns Etc. Hard Cider Shed for purchase.

OCT 05/06 2019

10AM-4PM | SAT & SUN
CASHMERE MUSEUM & PIONEER VILLAGE

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Aplets & Cotlets

In Downtown Cashmere

Located off Highway 2 in Cashmere, just 15 minutes from Leavenworth, our factory is the perfect stop in your tour of the scenic Cascade Loop. Our friendly employees will guide you through every step of our candy-making process... from hand-sorted walnuts to hand-packed boxes... that has been a Liberty Orchards tradition for ninety-seven years!


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ECHO RECORD MIRROR HERALD



PUBLISHER'S NOTICE
 All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

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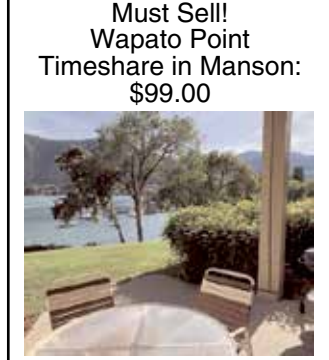


HOMES FOR SALE

17th Fairway Chelan. House For Sale By Owner. 815 Golf Course Drive. 3 bedrooms, 2.5 baths. Great yard. Views front and back. \$398,000. Call 509-683-2120 for more info or appointment.

WATERFRONT PROPERTY FOR SALE

Must Sell! Wapato Point Timeshare in Manson: \$99.00



All closing expenses paid by seller. Nequelin 416-G, ground floor, one bedroom. Four weeks each year, super location on the water. 580-504-1682

ORCHARDS & FARMS

We have buyers for your Pear, Apple and Cherry Orchards!

509-669-4500
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Profitable Flower Shop For Sale

Kashmir Gardens Florist, is a successful, well-known, respected business, and a Cashmere mainstay since 1949. Great growth potential! Owner retiring. Asking 35K. Includes inventory, equipment, and displays. Building is for sale separately. 509-782-2071
 Kashmirgardensflorist@yahoo.com

FOR RENT

Chelan. One bedroom duplex. Year around. No pets. \$650/ month. All utilities paid. Deposit. References. 509-682-2460.

HAPPY ADS

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AT NCWMarket.com

*HAPPY BIRTHDAY
 *CONGRATULATIONS!
 *WILL YOU MARRY ME?
 *I'M SORRY!!
 *Happy Anniversary

Only \$15 for 30 days
 includes 3 photos

HELP WANTED

CASCADE SCHOOL DISTRICT

The Cascade School District is seeking qualified applicants for the following positions:

Substitute:
 Teachers
 Para Educators
 Custodians
 Food Service Cashiers

Fast Track application process and information can be found on our website at:
www.cascadesed.org
 EOE

Find the Best Qualified Local Employee in our Classifieds Ads.

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**
 Deadline Tuesday at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

THREE RIVERS HOSPITAL

Administrative Assistant Full-time

Three Rivers Hospital is seeking an Administrative Assistant to provide administrative support to the Executive Team and Board of Directors. AA Degree preferred; High School Diploma required. At least three years of advanced clerical office experience preferred. Strong skills using Microsoft Office Suite. Strong organizational skills, excellent customer service, time management abilities and professionalism. Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
 Human Resources Dept.
 PO Box 577
 Brewster, WA 98812
 (509) 689-2517
www.threerivershospital.net
 net
opportunity@trhospital.net
 EOE

Sales person to help customers learn about their Sir Name and Family Coat of Arms. Retail sales experience would be nice, but not required. Part or full-time position available. Your Family Name 509-293-6776 See ad information also on NCWMarket.com

HELP WANTED

City of Brewster Employment Opportunity
 The City of Brewster has an opening for a Seasonal Parks position. Duties include: All aspects of Park maintenance and Public Works, cleaning and other duties as required. This position requires the ability to work outside in adverse weather conditions. Work hours may vary but are anticipated to typically be 40 hours per week, Monday through Friday, from 7:00 a.m. to 3:30 p.m. with a half-hour lunch break. Wage for the Seasonal position is DOE. The successful candidate for the Seasonal position should anticipate the position will last until the end of this year. Generally, the position begins April 1 and ends September 30. Previous experience preferred, but not required. Criminal background check may be required, in addition to pre-employment drug testing. Random drug testing throughout the employment period may occur. Applicants must have a valid WA State Driver's License. Applications are available at cityofbrewsterwashington.org, by calling (509) 689-3464, or picking up at Brewster City Hall. Applications accepted until position is filled. EOE

THREE RIVERS HOSPITAL

OR CIRCULATOR/ PAR RN Per Diem

Three Rivers Hospital is seeking an OR Circulator/ PAR RN. This position is responsible for providing preoperative care to patients as well as intensive observation and assistance of patient recovering from an operative procedure. Current WA State RN license. Two years' experience as a full-time circulator. BLS and ACLS certifications. Variable days and hours. May include call time, 20-minute response time is required. Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
 Anita Fisk, Director of Human Resources
 PO Box 577
 Brewster, WA 98812
 (509) 689-2517 x 3343
www.threerivershospital.net
afisk@trhospital.net
 EOE

Full and Part-Time Bedmaker, Laundry and Housekeeping

Leavenworth Enzian Inn, is hiring for full and part-time Housekeeping / Laundry / Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9:00 and end between 2:00 - 4:00 daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their immediate family to enjoy in the winter months.

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 Leavenworth

Advertise
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 or
 782-3781

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HELP WANTED

ANDERSON LANDSCAPING

Part-time Equipment Mechanic

Have you had a successful career as an Equipment Mechanic? Are you looking to put your years of experience to work in a dynamic construction environment? This post offers flexible hours in a part-time position adding to your supplemental income. The ideal candidate will have a broad range of experience, solid work ethic, and a self-propelled approach to a job well done. You'll diagnose, troubleshoot, repair, and maintain diesel/ gas engines and equipment.

Anderson Landscaping, www.landscapebyanderson.com, is a design-build landscape contractor in Wenatchee. Competitive wages DOE. Part-time, seasonal with flex hours. Contact Jed 509-665-4916 or jed@landscapebyanderson.com

Lake Chelan MIRROR

Journalist Wanted
 The Lake Chelan Mirror

Is looking for a talented writer/ photographer to report on the news of the Lake Chelan Valley. Qualified applicants will cover city council, local school boards, high school sports and community events. Must be a good writer, photographer, and have excellent computer skills and love to attend community events. Must be a team player and willing to work flexible hours. To apply send your resume and writing samples to:

Publisher
 NCW Media, Inc
 PO Box 39
 Leavenworth, WA 98826
 or email to Publisher@leavenworthecho.com

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Pateros School District registered nurse

This .8 FTE position commences immediately. \$33.00 hour plus benefits, four days a week. Only qualified applicants will be considered and must favorably pass background check. Position open until filled. All applications processed through

FAST TRACK:
www.pateros.org
 Our District
 Employment.

Position descriptions available online. Contact employment@pateros.org or the district office at 509-923-2751 x 4 for more information. For initial consideration application deadline is 9/23/2019. EOE

HELP WANTED

Lake Chelan MIRROR

Receptionist/ Administrative Assistant

The Lake Chelan Mirror is looking for an outgoing person to serve as a receptionist/ administrative assistant, full-time, Monday-Friday in our Chelan office. Qualified applicants will answer phones, take orders for ads, keep circulation records up to date, prepare the daily cash receipts journal, make deposits, prepare affidavits and tear sheets for advertisers and assist with other administrative activities. Must have good customer service skills, adept at utilizing computer systems and software including Excel and Word, with good math skills and the ability to use a ten key adding machine. If you're looking for a fun job where you get to work with talented people and be involved in the daily activities of the Lake Chelan area communities this is the job for you. Dependability and dedication are important work skills for this rare opportunity. Interested applicants can apply at the Lake Chelan Mirror office at 310 E. Johnson Ave. 9 a.m.-5 p.m. or send their resume to P.O. Box 39, Leavenworth, WA 98826. EOE

Full and Part-Time Breakfast Catering Staff

The Leavenworth Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course. Apply in person. 590 Hwy. 2 Leavenworth.

Wanted: News Reporter If you love to write and can take photos.

Join our team at The Leavenworth Echo-Cashmere Valley Record. We do Local! Local sports. Local community events. Willing to work flexible hours. Pay DOE. Call Publisher Bill for an interview. 509-548-5286. or drop off or mail your resume to Publisher The Leavenworth Echo 215-14th St. Leavenworth, 9-5 Monday-Friday. EOE.

LIVESTOCK & POULTRY

Home grown, grass fed, corn grained beef. \$3/ lb. hanging weight. Call 509-885-5845.

APPLIANCES

Pocket some cash by selling your used Appliances with a classified ad.

Place your ad 24/7 at www.NCWMarket.com

Your ad will appear online and in the newspaper for one low price.

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth Cashmere**
 Deadline Tuesday at noon for the paper **Quad City Herald**

GARAGE & YARD SALE

CLEAR SOME SPACE WITH A



Fill your pockets with \$\$ CASH \$\$
 Let others know what items you are selling!

Place your ad 24/7 at www.NCWMarket.com

Deadline Monday at noon for the paper **Lake Chelan Mirror Leavenworth/ Cashmere**
 Deadline Tuesday at noon **Quad City Herald**

Your ad will appear online and in the newspaper for one low price.

ESTATE SALES

ESTATE SALE
 Friday, October 4, Saturday, October 5, Sunday, October 6. 9 a.m.-3 p.m. Quality pieces, furniture, antiques, primitive collectibles, designer clothes, tools and Bose Speakers. In carport 9267 E. Leavenworth Rd.

MOVING SALE

Douglas General Store Closing Sale

Gifts, antiques, collectibles, home and holiday decor, some furniture. Fridays, Saturdays, and Sundays until Christmas. 10 am to 6 pm all month. 15391 U.S. Highway 2 in Douglas (4 miles east of Waterville on Highway 2) 509-745-8287.

NCW MARKET.COM
 CLASSIFIED ADS

GENERAL MERCHANDISE

ALJU Stove & Fireplace, Omak can take all your stress out of installing our wood, pellet and gas stoves, fireplace inserts, and fireplaces. Chimneys, hearthpads, chimney relining, gas venting, gas piping, repair and complete, code installation and advice year-around. 45+ years. Experience. Call Al Bosco, 509-826-2736 aljust * 055om

TRUCKS & VANS

Call for Bids Chelan County Fire District No. 8 requests interested parties submit sealed bids for the following surplus property: 1. 1985 Volvo/ White model WCL Truck chassis with a 3,200 gallon water tank. Vin# 1WUZDCJG3FN103037. The engine is in good running condition, needs clutch repairs. To be sold in "as is" condition. The listed property can be viewed at Station No. 1, 2200 Entiat Way, in the parking lot. Sealed bids must be received at Chelan County Fire District No. 8, PO Box 517, Entiat, WA 98822 prior to 6:00 p.m. Tuesday, October 8th, 2019. Bids will be opened at 6:30 p.m. October 8th, 2019 at Station No. 1, 2200 Entiat Way, at the monthly fire commissioner meeting. The Commissioners intend to sell to the highest bidder, but reserve the right to refuse all bids if the bids are considered unacceptable. Chelan County Fire District No. 8, PO Box 517, Entiat, WA 98822.

BOATS & TRAILERS

\$155,000 Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking. 808-298-1031.

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the matter of the estate of BECKY LYNN CAMPBELL, Deceased. NO. 19-4-00282-04 NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representatives named below has been appointed as Personal Representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: 1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: September 25, 2019

PUBLIC NOTICES

/s/ Shanen Lynn Dow Shanen Lynn Dow Co-Personal Representative /s/ Shelly Ann Scanlan Shelly Ann Scanlan Co-Personal Representative Attorney for the Personal Representative Shanen Lynn Dow; Ryan Smolinsky, WSBA #46521 Attorney for the Personal Representative Shelly Ann Scanlan: Kyle Flick, WSBA #14963 Address for Mailing or Service: Overcast Law Offices, PS Attn: Ryan Smolinsky 23 South Wenatchee Avenue, Ste 320 Wenatchee, WA 98801 (509) 663-5588 Law Offices of Kyle D. Flick, P.S. Attn: Kyle Flick 222 S. Mission Street Wenatchee, WA 98801 (509) 662-3333 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 19-4-00282-04 Published in The Leavenworth Echo/Cashmere Valley Record on September 25, October 2, and October 9, 2019. #86176

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE

In the Matter of the Estate of KIM PALMER deRUBERTIS, Deceased. NO. 19-4-00308-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Co-Personal Representatives named below have been appointed as Co-Personal Representatives of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Co-Personal Representatives or the Co-Personal Representatives' attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Co-Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: Wednesday, September 25, 2019 DATED this 11th day of September, 2019. By CORBIN PALMER deRUBERTIS, Co-Personal Representative Address: 10023 Manitou Beach Dr. Bainbridge Island, WA 98110 By BENJAMIN WILLIAM deRUBERTIS, Co-Personal Representative Address: 9102 Olympic View Drive Edmonds, WA. 98026 Attorneys for Co-Personal Representatives: JEFFERS, DANIELSON, SONN & AYLWARD, P.S. By Evan M. McCauley, WSBA NO. 44285 2600 Chester Kimm Road Wenatchee, WA. 98801

CHELAN COUNTY CLERK'S OFFICE

Ms. Kim Morrison, Clerk Chelan County Superior Court 350 Orondo Avenue, Suite 501 Wenatchee, WA 98801-2885 Published in The Cashmere Valley Record/Leavenworth Echo on September 25, and October 2, 9, 2019. #86199

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN

BROWNFIELD LAND, LLC a Washington limited liability company, Plaintiff, vs. VISION INVESTMENT EMPRISE, INC., a dissolved Washington corporation; THE HEIRS AND DEVEISEES OF LLOYD M. SILVER, deceased; THE HEIRS AND DEVEISEES OF JOHN R. STEPHENS, JR. deceased; THE HEIRS AND DEVEISEES OF RICHARD E. JARDEEN, deceased; THE HEIRS AND DEVEISEES OF MARJORIE JARDEEN, deceased; THE HEIRS AND DEVEISEES OF MARSHALL D. ADAMS, deceased; THE HEIRS AND DEVEISEES OF RICHARD E. JARDEEN, deceased; THE HEIRS AND DEVEISEES OF MARJORIE JARDEEN, deceased; THE HEIRS AND DEVEISEES OF MARSHALL D. ADAMS, deceased; KEY TRUST COMPANY OF THE NORTHWEST, a Corporation and Successor Trustee of the William R. Gregory Trust; THE HEIRS AND DEVEISEES OF ROBERT NELSON, deceased; THE HEIRS AND DEVEISEES OF H. TORY HORN, deceased; THE HEIRS AND DEVEISEE OF CORINNE HORN, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN, claiming any right, title, estate,

PUBLIC NOTICES

lien or interest in the real estate described in the complaint herein, Defendants. NO. 19-2-00763-04 SUMMONS BY PUBLICATION STATE OF WASHINGTON to: VISION INVESTMENT EMPRISE, INC., a dissolved Washington corporation; the Heirs and Devises of Lloyd M. Silver, deceased; the Heirs and Devises of John R. Stephens, Jr., deceased; the Heirs and Devises of Kay S. Stephens, deceased; the Heirs and Devises of Richard E. Jardeen, deceased; the Heirs and Devises of Marjorie Jardeen, deceased; the Heirs and Devises of Marshall D. Adams, deceased; the Heirs and Devises of Muriel O. Adams, deceased; Key Trust Company of the Northwest, a Corporation and Successor Trustee of the William R. Gregory Trust; the Heirs and Devises of Robert Nelson, deceased; the Heirs and Devises of H. Tory Horn, deceased; the Heirs and Devises of Corinne Horn, deceased; and All Other Persons or Parties Unknown: You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 25th day of September, 2019, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Brownfield Land, LLC, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Matthew S. Hitchcock, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named. DATED this 20th day of September, 2019. JEFFERS, DANIELSON, SONN & AYLWARD, P.S. By s/ Matthew S. Hitchcock MATTHEW S. HITCHCOCK, WSBA #51492 Jeffers, Danielson, Sonn & Aylward, PS PO Box 1688 Wenatchee, WA 98807-1688 (509)662-3685/ (509)662-2452 matthewh@jdsalaw.com Attorneys for Plaintiff Published in The Leavenworth Echo/Cashmere Valley Record on Sept. 25, and Oct. 2, 9, 16, 23 and 30, 2019. #86217.

CITY OF LEAVENWORTH On the 24th day of September 2019, the City Council of the City of Leavenworth, WA passed the following ordinances. A summary of the contents of each provides as follows: Ordinance 1594: An ordinance of the City of Leavenworth, WA, authorizing the condemnation, appropriation, taking and damaging of land and other property with all necessary appurtenances and property rights necessary for ingress and egress together with all rights appurtenant thereto, including access where applicable, for purposes of improving Pine Street. This ordinance directs the city attorney, or designee, to prosecute the appropriate legal proceedings, together with the authority to enter into settlements, stipulations or other agreements; authorizing payment thereof from the City's general fund or from such other monies that the City may have available or at the time of the acquisition; and establishing an effective date. Ordinance 1595: An ordinance vacating a portion of Commercial Street between 14th and 15th Street and the alley of block 7 within the plat of Leavenworth second addition. Ordinance 1596: An ordinance of the City of Leavenworth, WA, adopting amendments to the Leavenworth Municipal Code sections 14.14.040 concurrency for public facilities and utilities; 14.16.080 manufactured home standards; 18.28.020 general commercial district; 18.32.020 & 18.32.030 central commercial district; 18.44.020 tourist commercial district; 17.02.070 subdivisions concurrency for public facilities and utilities; section 21.31.030 comprehensive plan amendments general time frame; 18.72 zoning amendments moving to 21.35 development regulation amendment process; 21.03.030 City Council; and, chapter 18.12 official zoning map. Ordinance 1597: An ordinance of the City of Leavenworth, WA, adopting amendments to the Leavenworth Municipal Code chapter 16.08 critical areas. A copy of the full text of the ordinances is available at Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/City Clerk, City of Leavenworth, PO Box 287, Leavenworth, WA 98826. Published in The Leavenworth Echo/Cashmere Valley Record on October 2, 2019. #86246.

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of MADELON D. HYSAW, Deceased. NO. 19-4-00290-04 PROBATE NOTICE TO CREDITORS The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: October 2, 2019 PERSONAL REPRESENTATIVE: Melanie Tucker ATTORNEY FOR PERSONAL REPRESENTATIVE: David Visser ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00290-04 OVERCAST LAW OFFICES By: David Visser, WSBA No. 41546 Attorney for Personal Representative Published in The Leavenworth Echo/Cashmere Valley Record on October 2, 9, 16, 2019. #86245 Superior Court of Washington For Chelan County In the matter of the estate of Barbara J. Wilson, Deceased. No. 19-4-00220-04 Notice To Creditors (RCW 11.40.030) The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: September 25, 2019 CARMEN J. WILSON, Personal Representative Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 19-4-00220-04 Published in The Cashmere Valley Record/Leavenworth Echo on September 25, October 2, and October 9, 2019. #86180 CALL FOR BIDS Cascade School District #228 Notice is hereby given that the Cascade School District No. 228 is accepting bids for snowplowing services for school year 2019-2020. Bid openings will be Wednesday, October 9, 2019, at 12:00 p.m. Faxed or e-mailed bid submissions will not be accepted. Any bids received after 12:00 p.m. on October 9, 2019, will be returned unopened. For information contact: Cascade School District No. 228 Attn: Tracey Beckendorf-Edou, Superintendent 330 Evans St. Leavenworth WA 98826. (509) 548-5885 Published in The Leavenworth Echo/Cashmere Valley Record on Sept. 25 and Oct. 2, 2019. #86214

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of MEERA BANAJI, Deceased. NO. 19-4-00291-04 PROBATE NOTICE TO CREDITORS The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 202, Seattle, WA 98104 Trustee Sale No.: WA-19-858326-BB Title Order No.: 190829424-WA-MSW Reference Number of Deed of Trust: Instrument No. 2138599 Parcel Number(s): 231905220360 Grantor(s) for Recording Purposes under RCW 65.04.015: LOREN G CLARK AND CHERI J CLARK, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): JPMorgan Chase Bank, National Association Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: JP Morgan Chase Bank, N.A. I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 11/1/2019, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: LOT 1, AS DESCRIBED IN AND DELINEATED ON SHERWOOD SHORT PLAT NO. 179, CHELAN COUNTY, WASHINGTON, RECORDED JUNE 2, 1976, UNDER AUDITOR'S NO. 760786, EXCEPT THE EASTERLY 4 FEET THEREOF. More commonly known as: 6045 SUNSET HWY, CASHMERE, WA 98815-9528 Subject to that certain Deed of Trust dated 2/26/2003, recorded 3/17/2003, under Instrument No. 2138599 records of CHELAN County, Washington, from LOREN G CLARK AND CHERI J CLARK, HUSBAND AND WIFE, as grantor(s), to GROUP 9 INC., as original trustee, to secure an obligation in favor of WASHINGTON MUTUAL BANK, as original beneficiary, the beneficial interest in which was subsequently merged to JPMorgan Chase Bank, National Association, the Beneficiary. II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$2,476.42. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$23,442.76, together with interest as provided in the Note from 11/10/2018 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 11/1/2019. The defaults referred to in Paragraph III must be cured by 10/21/2019 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 10/21/2019 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 10/21/2019 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 5/24/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington: http://www.hud.gov/offices/hsg/sfh/hcc/foi/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcf The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: http://nwjustice.org/what-clear Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-19-858326-BB. Dated: 6/27/2019 Quality Loan Service Corp. of Washington, as Trustee By: Christine Summerson, Assistant Secretary Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-858326-BB Sale Line: 800-280-2832 or Login to: http://wa.qualityloan.com IDSPub #0154498 10/2/2019 10/23/2019 Published in The Cashmere Valley Record/Leavenworth Echo on October 2 and 23, 2019. #85631

this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: October 2, 2019 PERSONAL REPRESENTATIVE: Nilufer Wheeler ATTORNEY FOR PERSONAL REPRESENTATIVE: David Visser ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 19-4-00291-04 OVERCAST LAW OFFICES By: David Visser, WSBA No. 41546 Attorney for Personal Representative Published in The Leavenworth Echo/Cashmere Valley Record on October 2, 9, 16, 2019. #86244