



JANUARY 8, 2020 • VOLUME 121, NO. 2

UPPER VALLEY NEWS SINCE 1904

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Leavenworth Mayor Carl Florea addresses the crowd following his swearing in ceremony on December 31.

Mayor Carl Florea takes oath of office **Announces termination of City Manager's employment contract**

BY BILL FORHAN, PUBLISHER

Mayor Carl Florea was sworn in at a ceremony in city hall at 10 a.m. on Dec. 31, 2019 in front of a crowd of supporters.

Florea won the election with nearly 55 percent of the vote.

Following the completion of his swearing in ceremony,

Pastor, delivered a short "sermon," on his plans as Leavenworth's new mayor.

He said he was anxious to get started with fulfilling his goals and addressing the issues he outlined during his campaign.

there was tension between animosity or rancor" Florea

and the citizens during the campaign he said he recognized the local economy was primarily driven by tourism and he did not see that changing.

"Tension is not a bad thing," said Florea. "It is only

Florea, who was a Lutheran the business community said some 50 years ago the community came together with project LIFE – Leavenworth Improvement For Everyone.

Not everyone agreed with what was proposed back then. He wanted to start a new project LIFE where we While he did recognize a problem when it leads to all work together to address our problems. He said he

looked forward to addressing community concerns over traffic, parking and affordable housing while balancing the needs to maintain our strong economy.

Florea also announced that he intended to replace city manager, Joel Walinski. While he had no problem City Council is Tuesday, with Walinski's job perfor-

mance he wanted someone who was more aligned with his vision and campaign goals. Walinski's employment contract will be terminated as of the end of February 2020.

The next regularly scheduled meeting of the January 14.



Glazing Days 2020

Local artists work on their bowls at last year's glazing event. This year's glazing begins on Jan. 17. For more information see the bulletin boards on page 2.





Lennea Hopkins (in red), Carl Anderson and Carrie Barham practice adult CPR on a mannequin March 24 at a class taught by Cascade Medical in 2018.

Free Community CPR class kicks off 2020 training

SUBMITTED BY CASCADE MEDICAL CENTER

Learn how to save a life at a free community CPR class, 10 a.m. Jan. 26 at Alpine Lakes Elementary School.

The 6-hour class will focus on CPR and First Aid for children and adults, Stop the Bleed and AED use.

The class combines guided, hands-on practice with video instruction and certification by the American Heart Association. Advance registration is required.

Sign up by contacting Education Coordinator Lester Stoltz at lesters@cascademedical.org.

The free community class is one of more than a dozen hands-on trainings offered by Cascade Medical's Emergency

SEE FREE CPR CLASS ON PAGE 3



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Community

THE LEAVENWORTH ECHO • JANUARY 8, 2020

Local, COMMUNITY BULLETIN BOARD

2

Regional Community News & **Events**

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number. What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

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AA Meeting Schedule

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, noon, First Baptist Church, 429 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, noon, First Baptist Church, 429 Evans, Leavenworth Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule: Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

Friday, dinner 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene, 111 Ski Hill Drive.

Please contact us for questions. Dave and Nancy Bartholomew 509-596-1510

Community Calendar

Wednesday

- Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)
- Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)
- Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.

Thursday

- Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant, President Grant Strobner. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)
- Leavenworth Lions Club, Kristall's Restaurant, President, Conrad Delury, call or text, 509-387-5051. (1st Thurs. at 6:30 p.m. & 3rd Thurs.at Noon)
- Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
- The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Friday

- Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)
- Leavenworth Rotary Club, 11:45 a.m. Kristall's Restaurant. President, Ken Grosse. 509-763-2753.

Saturday

No Events Scheduled.

Sunday

See Church schedule.

Monday

Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)

Joper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs:

Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

20:20 Hazard, 2116 Chiwawa Ct.

10:49 Parking/abandon, 3875

12:53 Property, 940 US Hwy. 2

12:55 Fraud/Forgery, 9255 Fos-

15:09 Suspicious, 9501 Jeske

20:23 Fireworks, 8460 Main St.,

21:23 Fireworks, 10590 Fox Rd.

22:17 Fireworks, Icicle Rd., &

23:32 Domestic disturbance,

23:58 Trespass, 213-9th St., Post

00:09 Domestic disturbance,

00:25 Fireworks, Ski Hill Dr. &

01:25 Disturbance, 185 US Hwy.

14:24 Trespass, 1505 Alpensee

17:17 Trespass, 837 Front St., Der

18:37 Public assist, US Hwy. 2,

18:45 Fireworks, 9945 School

18:45 Weapons violation, 18454

18:47 Fireworks 8200 Blk. River

18:54 Animal problem, 34491 US

View Rd., Peshastin

Hwy. 2, Stevens Pass

W. Dardanells Rd., Lake

22:02 911, 305 - 8th St.,

214 - 13th St., #C

Office Saloon

January 1, 2020

505 US Hwy. 2

2, Fairbridge Inn

Lake Wenatchee

Sportsmann

St., Peshastin

Wenatchee

MP 91

Maple St.

ter Rd., BJS, Dryden

Rd, Park & Ride

Peshastin

Shore St.

Camas Creek Rd., Peshastin

December 28

- 01:10 DUI, US Hwy. 97 & US Hwy. 2, Peshastin
- Dr., Plain
- 09:29 DUI, 9288 Icicle Rd. 14:59 Traffic offense, US Hwy. 2,
- MP 90, Lake Wenatchee 15:14 Parking/abandon, 1111
- Commercial St. 15:50 Welfare check, 340 Pros-
- pect St., #C3
- 16:02 Parking abandon, 920 Front St., Wok About Grill
- 16:16 Suspicious, 69 Timber Bridge Canyon Rd. 16:19 Domestic disturbance,
- 11645 North Rd., Amtrak
- 16:42 Hazard, River Bend Dr. & US Hwy. 2
- 16:53 Fireworks, Mill & W. Commercial Streets 16:58 Public assist, 585 US Hwy.
- 2,76 Station 17:20 Civil, Edelweiss Weg. &
- 8th St. 21:02 Traffic offense, 9193 Icicle
- Rd. 21:07 Trespass, 636 Front St.,
- Visconti's
- 21:25 Welfare check, 819 Front St.
- 22:24 Welfare check, Central Ave. & Evans St.
- Strasse 23:48 Suspicious, 6200 Blk. 15:39 Fireworks, 12580 Agape Campbell Rd., Peshastin Hill Rd.

December 29

- 00:24 Traffic offense, 1329 US Hwy. 2, Dan's Food Market 01:34 911, 221 - 8th St., #B,
- **Ducks & Drakes** 08:24 Accident/no injuries, 810
- US Hwy. 2, Bavarian Lodge 08:25 Domestic disturbance,
- 10381 Chumstick Hwy. 10:40 Property, 300 Enchantment Park Way
- 11:24 Parking/abandon, 2116 Chiwawa Ct., Lake Wenatchee
- 12:50 Suspicious, 108 Central Ave.
- 12:58 Harass/Threat, 18375 23:29 Trespass, 843 Front St., W. Dardanells Rd., Lake The Loft Bar Wenatchee

- Leavenworth Senior Center, 423 Evans St., Leavenworth Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise
 - Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting Tuesday, 1:00-3:00 p.m., Crafts Thursday, 1:00-3:00 p.m., Square Dancing

Senior Center Events

Thursday, 6:30-7:30 p.m., Bavarian Dancing

Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

City Council Meetings

7 p.m., Leavenworth Planning Commission at City Hall contact Lilith Vespier, 549-5275. (1st Wed.)

8 a.m., Leavenworth City Council study session, City Hall, 548-5275. (2nd Tues.)

3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)

6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

Senior Center Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth

- Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.
- January 9, Thursday: Biscuits & Country Gravy, sausage patty, hash browns, juice, fresh fruit, blueberry parfait.
- January 10, Friday: Chicken Cordon Bleu casserole, rice pilaf, peas and carrots, garden salad, orange quarters, bread pudding.

January 11, Saturday and January 12, Sunday: No lunch.

- January 13, Monday: Beef barley soup, cottage cheese, spinach salad, oranges, whole wheat bread or roll, dessert.
- January 14, Tuesday: Ham, scalloped potatoes, roasted brussels sprouts, spiced salad, applesauce, whole wheat roll, dessert.
- January 15, Wednesday: Hamburger stroganoff, green beans, Greek salad, banana, French bread, dessert.

16:13 Alarm, 20650 Miracle Mile, Leavenworth

Upper Valley Empty Bowls Festival

Glazing days for Empty Bowls begin on Friday, January 17, 12-8 p,m, and Saturday, January 18 through Tuesday, January 21 from 10 a.m. - 8 p.m., in the Woodpecker Room at the Sleeping Lady Mountain Resort. All ages are welcome, no experience is necessary, and volunteers are on hand to offer advice. All proceeds go to the Community Cupboard food bank and a local art grant benefitting youth in Leavenworth. This event sells out fast, don't delay purchasing your tickets. (er 02, 03).

Peshastin

Peshastin Public Library New Hours

As of January 2, the Peshastin Public Library hour will



Leavenworth

- December 31 00:22 Agency assist, 9892 E.
- Leavenworth Rd.
- 08:41 Suspicious, 12447 Chapel 05:45 Public assist, US Hwy. 2, MP 86, Lake Wenatchee
 - 09:56 Agency assist, US Hwy. 2, MP 80, Lake Wenatchee

- dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-0408.
- Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)
- Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

Tuesday

- I.P.I.D. Meeting, 8 a.m., Anthony "Toni" Jantzer, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)
- Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)
- Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
- Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)
- Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)
- Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.
- LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st. Tues.)
- Leavenworth Masons, 7:30 a.m.. Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)
- Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.).

Ongoing events

Leavenworth Public Library: 548-7923.

Mon., Tues., Wed., open 9 a.m. - 6 p.m. Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m. Closed on weekends and Holidays. Special events: Tues., 11:30 a.m., Baby story time

Wed., 1:30 p.m., Preschool story time

- Peshastin Public Library: 548-7821. Closed Sunday and Monday Tuesday: 3-8 p.m.
- Wednesday: 2-7 p.m. Thursday: 2-7 p.m.
- Friday: 11 a.m.-4 p.m. Saturday: 12-5 p.m.

Special events:

Thurs., 2:30, Bilingual Story time Sat., Crafts: 2 p.m.

Upper Valley Museum: 548-0728

Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish Hatchery Road (Daily)

Regional events

SCORE (small business counseling), 1 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)

- Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

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- Januarv 2 13:48 Traffic offense, Fish Lake 14:24 Off road vehicle, Fish lake 00:01 Alarm, 843 Front St.,
- 16:21 Weapons violation, 26292 White River Rd., Lake Wenatchee
- 18:03 Missing person, 907 Front St., Kris Kringl
- 19:34 Animal problem, 10587 Fox Rd.
- 21:05 Traffic offense, US Hwy. 2 & Icicle Rd.
- 21:32 Suspicious, 7134 Icicle Rd. 22:23 Accident/no injuries, 1505 Alpensee Strasse

December 30

- 08:48 Suspicious, E. Leavenworth Rd., MP 1
- 10:35 Civil, 9275 E. Leavenworth Rd.
- 10:37 Public assist, Cedar Brae Rd. & Glacier V. 11:30 Harass/Threat, 715 Front
- St., Remedy 12:38 Property, 200 - 8th St., Los
- Camperos 14:08 Hazard, Beaver Valley
- Rd., MP 13
- 16:38 Parking/abandon, Commercial & Division Streets 16:46 Public assist, 1329 US Hwy. 2, Dan's Food Market
- 20:12 Suspicious, 18955 US Hwy. 2, Lake Wenatchee

To see Sheriff's Report: leavenworthecho.com



FREE CPR CLASS

10 a.m.-4 p.m. January 26

Alpine Lakes Elementary

REGISTER TODAY

Advance registration required. Visit cascademedical.org for details.

> CASCADE MEDICAL PARTNERS IN YOUR HEALTH

- Edelweiss 00:47 Traffic offense, Pine St.,
- & Titus Rd. 03:52 Domestic disturbance.
- 185 US Hwy. 2, Fairbridge Inn 05:05 Alarm, 843 Front St., #C 08:14 Theft, 920 Front St., Wok About Grill
- 09:20 Suspicious, 3955 Camas Creek Rd., Peshastin 10:39 Suspicious, 900 Front St. 11:14 Welfare check, 10195 Titus Rd, Icicle River Middle School
- 11:17 Welfare check, 10001 School St., Peshastin 12:08 Harass/Threat, 19083 Gill
- Creek Rd., Lake Wenatchee 12:26 Burglary, 13257 Chumstick Hwy.
- 12:43 Property, 636 Front St. 13:24 Accident/no injuries, 10170
- Main St., Peshastin 14:02 Civil, 20209 Beaver Valley Rd., Lake Wenatchee
- 16:40 Parking/abandon, 639 Front St.
- 16:43 Civil, 525 Alpine Pl., #G2 18:18 Fireworks, 300 Enchantment Park Way
- 18:18 Welfare check, 10765 Long Pine Dr., Peshastin

be, Tuesday: 3-8 p.m., Wednesday and Thursday, 2-7 p.m., Friday: 11 a.m.-4 p.m., and Saturday, 12-5 p.m. Closed on Sunday and Monday.(er 02).

STEM Club

Starting January 8, 4 p.m. Join us every 2nd Wednesday of every month our STEM Club. STEM Library Ash will guide us through activities in science, technology, engineering, and math. (er 02).

Backyard Adventures with Snowshoes

On January 11, 1-2 p.m., Elisa from Team Naturaleza will be at the Peshastin Library to show us how to use snowshoes. This is a family event and snowshoes will be provided. (er 02).







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TATE PLANNING, AND PROBATE

Opinions

The year matched the decade

2019 was an amazing year for investors. U.S. stocks gained nearly 30%, European stocks rose more than 25%, the Chinese stock market gained 22%, Japanese stocks rose nearly 20%, and gold climbed 17%.

Even the bond market had a banner year, rising nearly 10%.

Similarly, the last decade made a lot of investors happy, as the S&P 500 tripled.

One major reason for the amazing performance of the stock market both in 2019, and over the decade, was simply a trick of timing.

As the decade began, we were just digging out from the Financial Crisis. Similarly, as 2019 began, we were recovering from the last two months of 2018, when the S&P 500 dropped nearly 20%.

Had the decade started a few years earlier, or had the year started a few months earlier, the performance wouldn't be nearly as impressive.

Brad **BLACKBURN** Financial Opinion

Another similarity between 2019 and the decade was how strong the stock market was in the face of a merely decent economy.

While the stock market has tripled since 2010, our GDP only grew by a quarter. Similarly, in 2019, the S&P 500 gained 30%, while our GDP will be a solid, but unspectacular 2%.

So, what does all this mean for 2020 and the coming decade?

Unfortunately, when the stock market outperforms the economy, it essentially steals gains from the future.

As a result, the next year and the next decade have very little chance of living

as fire personnel, law en-

The sessions include:

Advanced Life Support

Pediatric Advanced Life

forcement and EMTs.

Basic Life Support

up to their predecessors. ride for investors, we are left with something resem-

bling a bubble. However, just because there's a bubble, that doesn't mean it will disas-

trously pop. The best way to deflate a bubble is for the economy

to catch up to the stock market. That happened in 2018,

which was the best economic year of the Trump presidency so far - and yet the S&P 500 fell nearly 5%.

As strange as it sounds, that may be the best-case scenario for 2020.

If the stock market can tread water while the economy picks up speed, we'll look a lot better going into 2021.

Of course, the opposite is also true. If the economy weakens, the stock market will not be happy.

As for what the coming decade will bring, I won't even venture a guess.

However, my realistic While it's been a great hope is for more slow and steady growth, which has served us well.

> It seems that slower growth leads to longer growth, as this has been the longest economic expansion in modern history.

> The economy has steadily grown – without overheating. Perhaps that's the secret.

> Slow growth isn't exactly a great story for the stock market, especially with the stocks already overvalued. But, we're in an okay place right now.

> A lot of people have jobs and the economy has momentum. It's not a bad starting point.

> Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor. Blackburn Financial is located at 121 Cottage Ave, Cashmere. He can be reached at 509-782-2600 or email him at brad@ blackburnfinancial.net

CONTINUED FROM PAGE I

Free Community CPR class kicks off 2020 training

Medical team this year. The schedule is posted online at cascademedical.

org/classes-training. Most classes are intend-

ed for healthcare providers and first-responders, such Support

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.



The cost, which varies by class, covers certification fees, materials and a certified instructor.

Group discounts are available. For details, email lesters@cascademedical.org.

Cascade Medical is a nonprofit, community-owned, critical access hospital that delivers extraordinary healthcare by taking more time with each patient and their families.

Centered around primary care, the medical center also provides lab and screening services; physical, occupational and speech therapy; ambulance service; emergency and acute care, and inpatient rehabilitation.

Tony Avila

Employee of the Quarter, 3rd quarter 2019







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EXCAVATION

Complete Excavating Service

Sports & Entertainment

Emma Halseth attempts to block a shot from Chelan player Ashley Sams.

Guard Bret Fraker ▲ attempts to knock the ball away from Manson player during Holiday Scramble.



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Calendar Listings: Noon, Thursday News Submissions: Noon, Thursday Letters to the Editor: Noon, Friday Display Advertising: Noon, Thursday Legal Notices: Noon, Friday Classified Ads Noon, Monda





Boys Basketball STATS

Last 4 games				
Player	Points	Assists	Rebounds	
Cole Warnaca	63	4	12	
Hans Schlyer	28	5	18	
Isaiah Dayton	8			
Isaac Cortes	38		15	
Bret Fraker	0	3	6	
Eric Rosario		4		
	Cascade	vs Chelan		
Player	Points	Assists	Rebounds	
Cole Warnaca	25			
Hans Schlyer	10		6	
Isaac Cortes	14		8	
Isaiah Dayton				
Bret Fraker			6	
Eric Rosario		4		

BOYS BASKETBALL Varsity Basketball Standings

	League		Overall	
	W	L	W	L
Okanogan	4	1	6	4
Cashmere	3	0	5	2
Omak	1	2	8	2
Chelan	1	2	3	3
Cascade	0	4	3	6

GIRLS BASKETBALL Varsity Basketball Standings

	League		Overall	
	W	L	W	L
Okanogan	3	0	9	0
Cashmere	3	2	8	2
Omak	2	1	6	4
Chelan	1	2	5	3
Cascade	0	4	1	8

CASCADE SCOREBOARD

Boys Basketball	
Jan. 3	Cascade 47 vs. Okanogan 57
	Girls Basketball
Jan 3	Cascade 22 vs. Okanogan 63

CASCADE SCHEDULE

Boys Basketball		
Jan. 8	Cascade vs. Cle Elum 7:15 p.m.	
Jan. 10	Cascade vs Highland 7:15 p.m.	
Girls Basketball		
Jan. 8	Cascade vs. Cle Elum 5:45 p.m.	
Jan. 10	Cascade vs Highland 5:45 p.m.	
Wrestling		
Jan 11	Bavarian Invite 11:00 a.m.	

For the Best Performance choose

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a davtime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness

No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@leavenworthecho.com.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.



WOZZECK THE MET: LIVE IN HD

MASON ELLIOTT

Opera at the Icicle Creek Center for the Arts with The Met: Live in HD showing Wozzeck on January 11th. Highly regarded for its emotional power and brilliant score, this will leave you on the edge of your seat.

Composed during and in the aftermath of World War I, Berg's dark exploration of a soldier besieged by the evils of society, is staged by Kentridge in a ramshackle warren of stairs, ramps, discarded furniture, and debris. His own theatrically animated charcoal drawings, along with other projected drawings, maps, and film clips, evoke a nightmarish world of crashed planes, searchlights, ghostly gas masks, and battlefields.

We can't wait to see you!



As always, make sure to check out icicle.org for information about events and everything happening on campus. And, make sure to follow us on both Facebook and Instagram for up to date information and what goes on here on campus! We hope to see you soon!











JANUARY 17th-26th

Tickets are selling quickly! Buy Now at LakeChelanWinterfest.com

Spring's a popular time of year for weddings

Washington Style

Spring is a popular time of year for weddings for a number of reasons. The weather gives you options not available during the potentially hot summer months or unpredictable winter and fall.

For the most part, you can count on spring's mild temperatures and its steady weather patterns — especially in late spring. The spring also gives you flexibility when it comes to planning a bridal shower. Friends of the bride have long put their heads together to pull off a memorable shower experience that all involved parties remember for years to come.

Here are some of the most important things to remember when throwing a shower:

• Decide on a date that is ideal for all attendees usually a weekend day when getting off of work isn't an issue.

• Choose your venue and make sure you book it months ahead of time.

There's nothing worse that having to go to your backup plan just because you didn't plan ahead.

• Plan (and stick to) your budget. Set a budget for the entire event and make sure you follow it during both the planning and execution phases. Your fellow bridesmaids will likely pitch in to help you avoid overspending on this special event.

SHOWER IDEAS

Below are some ideas for what kinds of spring bridal showers you can plan for your friend or family member. Don't forget to incorporate the bride's likes and dislikes into the festivities. For example, if the outdoors isn't really her thing, a daylong event filled with lawn games probably isn't your best bet. Be creative, be practical and most of all be fun.

SPA PARTY

A spa bridal shower is a great way to relax the bride during this anxious time. Consider booking your local spa or hiring a couple of professionals to come to you. A DIY spa station could include a massage table, a facial space and a mani-pedi seat. Be sure to play relaxing music and deck your place out with soothing decorations.

FOOD PARTY

What bride doesn't love food — especially stay trim and fit for her special day? Set up a the shower. food-themed party to

RECEPTION

Lawn games let your hoping to incorporate

reception. You can likely find a horseshoe set at your local hardware or toy store. Or you could make your own by purchasing a few steel rebar rods about 1 inch thick and getting your hands on some actual horseshoes. Check in with family members who have horses or even your local horse veterinarian to see if they have any extras lying around.

North Central

You'll have а legitimate horseshoe lawn game set up in no time.

FOR THE KIDS

Let's say you plan on having four or five lawn games set up for the adults at your reception. This is a good number that allows rotation between games and includes plenty of guests in the fun. But what about the kids? Children's lawn games

can include pin-thetail-on-the-donkey, potato sack races or simply smaller versions of the adult games you have set up. Whatever you choose, be sure to assign someone to supervise the activity to ensure optimal safety.

sampling throughout

let your guests indulge

on deli sandwiches,

cheese and crackers,

vegetables and fruit

PERFUME BAR

it, a perfume bar is a

unique addition to your

bridal shower. This is

a great complement to

s spa location. Ask the

company's management

if they would permit you

to put together a table

If your venue allows

salads.

ENTERTAINMENT

guests wind down after your formal ceremony. They also make for great conversation and friendly competition that bring out the best in your friends and family members. Lawn games are not only fun but inexpensive, as well. You can even build them vourself. Decide which lawn games you're

and head to the hardware store for lumber and other necessities. Some of the most popular lawn games include bags, Frisbee golf and lawn darts. Make your own scoring systems and rules to make things more interesting.

© FOTOLIA

Here are a few more ideas:

HORSESHOES

Horseshoes is a time-tested lawn game perfect for all ages. Minimal equipment is needed for setup, making it the perfect DIY lawn game for your



Horseshoes is a time-tested lawn game perfect for all ages.

area full of perfumes for healthy food to help her The wedding dress

The wedding dress. So many hours of research, fitting and re-fitting for only a few hours of glory. But once your special day comes and goes, deciding what to do with ing to one day hand over your dress to your the gown can be a difficult choice for many brides. Should you keep it stored away as a memento of your wedding day or let it go?

KEEP IT

When deciding to keep your gown, it's important to determine why. Are you hopdaughter? If so, keeping the gown in a basement, attic or back of the closet may not be an ideal storage option. Garment profes-





Garment professionals recommend you properly clean and store your gown for optimal life span.

sionals recommend you properly clean and store your gown for optimal life

CASHMERE Find your future in our past. MUSEUM & PIONEER VILLAGE 509-782-3230 • cashmeremuseum.org Hold your wedding exchange vows, or

take photos in our

charming

Pioneer Village.

span. Simply shutting it away and forgetting about it can lead to a ragged, faded garment after even a short period of time.

DONATE IT

If you have no future plans to give away your dress to a family member or friend, why not donate it to charity? Organizations such as Brides Against Breast Cancer use donated dresses to put on their Nationwide Tour of Gowns effort, which raises funds to contribute to programs for cancer patients and their families. Check in with your localcharitable organizations or consignment

shops to see if there is a need for donated dresses in your area.

© FOTOLIA

SELL IT

Another option for your gown after your wedding is selling it to make back some of your own costs. This may be a great option if the dress is very valuable and if the company you bought it from has a flexible buy-back program. There are also a variety of online options for selling yourgown. Many companies buy and sell pre-owned wedding dresses. Just don't expect to get top-dollar out of these bargain services.

Go green for your big day

According to a poll by the Clinton Global Initiative and Microsoft, 66 percent of millennials believe there is solid evidence of global warming, and about 75 percent say it is of human activity. In turn, these environmental advocates are taking action by planning weddings that rely less on disposable products and fossil fuels and more on sustainable practices that can lead to a healthier environment. Follow our suggestions below to integrate a little of this approach into your spring wedding.

CHOOSE EARTH-FRIENDLY VENDORS

One of the most meaningful steps you can take is to enlist the services of Earthfriendly vendors. These businesses are committed to following environmentally sound processes when



© FOTOLIA

Companies across the country collect flowers after weddings and repurpose them for delivery to nursing homes and shelter facilities.

producing and delivering their products, which can range from paper flower bouquets to sustainable invitations. There are card companies that print their materials on 100 percent postconsumer recycled paper or alternative non-tree fibers. Some businesses pledge to plant a tree for every order you make with them. Knowing you had a positive impact on the environment in

your wedding planning will give you that extra feeling of satisfaction.

CHOOSE LOCAL VENUES

The less distance you put between your church and reception hall, the less pollution you are inviting into the atmosphere through the burning of gasoline in the vehicles of your wedding party. This seems like a small step,

Choosing performers



©FOTOLIA

There are card companies that print their materials on 100 percent post-consumer recycled paper or alternative non-tree fibers. Some businesses pledge to plant a tree for every order you make with them.

but consider how many cars will be traveling around town on the day of your wedding. Inviting 200 guests means you're probably also inviting 50 to 100 vehicles onto your community's roadways. That's a large carbon footprint you could lessen by keeping things confined to the same building or ones that are close in proximity.

RECYCLE YOUR FLOWERS

Many companies across the country collect flowers after weddings and repurpose them for delivery to nursing homes and shelter facilities. By choosing to participate in such an arrangement, you are passing along some of the beauty of your wedding to even more people around you. These companies also keep your flowers out of landfills by composting them into usable materials for gardens and other uses. Look around in your area for these types of services or offer to do it yourself in collaboration with your local nursing homes or shelters.

Music is one of the most important parts of any wedding celebration. Finding the perfect musical act or DJ can be a frustrating exercise if you're not prepared for the search.

Before deciding on your final choice for music, ask some basic questions along with any others specific to your wedding.

Do you perform original music or play cover songs?

This is a question for a band you are consider hiring. You want to make sure their musical preferences match what you're looking for. Weddings are generally an atmosphere where cover bands may be a better fit, but this is up to you.

What is your price range, and can I get a quote on



©FOTOLIA

Music is one of the most important parts of any wedding celebration. Finding the perfect musical act or DJ can be a frustating exercise if you're not prepared for the search.

This answer may be one

of the most important, as

you want to make sure the

company is experienced and

Will you be providing the

up to the challenge.

the past couple of years?

paper?

Making sure you have a written quote will help resolve any confusion come payment time.

How many weddings have you performed for in

equipment and song list? Can you take requests?

A "no" answer to any of these questions could lead to more work for you as you try to coordinate what will be played during your ceremony.

Do you only play one event per day?

You want to make sure you have the full attention

of the musical act or DJ during your wedding. Are you easy to get in

touch with if I have questions throughout the music planning process? A good musical act or DJ

will surely answer "yes."

A good follow-up question is for a list of references just to make sure you can conduct a little follow-up research.

Do you also do announcements?

It's a great bonus to have your wedding band or DJ make announcements throughout the night. That's one less thing for you to worry about.



Friendly & Affordable!

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2020 Wedding Directory Shopping Guide

Bumfields Party Rental & Supply

Delivering exceptional service to North Central Washington, saving you time for family, friends and guests. Quality tents, tables, linens, chairs, lighting, dance floor, wine barrels and bar tops. Offering a beautiful selection of dishes, flatware and glassware- stem and stemless wine- cocktail, pint and pilsner glasses, goblets and mugs. Please visit our website www.bumfieldspartyrental.com for our full inventory, rental and pricing information. Email bumfieldspartyrentals@gmail.com or call today at 509-470-6200. Reserve your wedding items today!

Cake Chic Studio

We're a true boutiquestyle wedding cake company. Specializing in oneof-a-kind, award-winning wedding cakes and offering a full menu of mini desserts including French Macarons. Our wedding cakes have been featured in Seattle Brides Magazine, Best Cake Featured in The Haute List east of the Cascades, and Food Network Cake Wars Winner. Let Cake Chic Studio create your fabulous reception cake - we inspire to exceed your imagination and create a display your guests won't soon forget! Let Jodi create your dream dessert. Please visit our gallery at cakechicstudio.com.

Cashmere Pioneer Village & Museum

Celebrate this important day with your family and friends on the lovely grounds of the Cashmere Museum's charming Pioneer Village. Whether you are planning a wedding ceremony, or scheduling a photo shoot, this outdoor venue offers the perfect backdrop for an unforgettable experience. Weddings may be formal or informal. large or small. and equine friends are even welcome! The space includes a park-like setting, certified kitchen, and a covered picnic pavilion. Near a number of popular reception spaces and just off Highway 2, our parking lot can accommodate shuttle buses. Please contact us at 509-782- 3230 or info@cashmeremuseum. org for more information.

Clarks Jewelry

Family owned and operated since 1977. Clarks Jewelry, at 123 Palouse Street, Wenatchee, offers a vast array of wedding and engagement rings as well as watches and clocks. Although diamonds are our specialty, a variety of colored gems. including rubies, emeralds, sapphires and opals are also available to make that custom setting sparkle. Let us help you choose the gift that lasts forever. Complete jewelry services, including appraisals, watch and jewelry repairs and watch battery replacement are also available. For all jewelry needs, just give Mike or Angela a call at 509-662-8521 or stop by our showroom.

DJ Shelda

Getting married? Having a party? If you want great music to energize your crowd and make your event memorable, then DJ Shelda is the perfect choice. With over 15 years under her belt, she brings knowledge, experience and professionalism to you. Playing music that you request, on professional sound equipment, will help make your upcoming event flawless. Visit DJ Shelda's portfolio for more information, including estimated prices, at djshelda.com, djshelda@gmail.com, find me on facebook, or call 509-670-0242.

Glaze Bakery

Since opening in 2012, Glaze Bakery has grown a loyal following of customers in NCW looking for fresh scratch pastries, savory breads and mouth-watering lunch counter offerings. Owners Jim and Jenifer Eakle like to try new and creative things to make your event a memorable one, providing pies, cheesecakes, cookies, donuts and specialty cakes. Order your scratch breakfast sandwiches and burritos or lunch catering for the bridal party, all at an affordable price. We can help with any celebration being planned. Call (509)888-4592 for a free consultation. Taste the Glaze difference and share your dream. Full menu at Theglazebakery.com or visit us in East Wenatchee.

Lady of the Lake Boat Charter The perfect setting for

Congratulations, you're engaged.

This is such an exciting time as

you and your now fiancé join

together and make plans to share

the rest of your lives together.

your rehearsal dinner or

wedding reception! The Lady of the Lake provides a unique setting on beautiful Lake Chelan to celebrate your special day. Take in the stunning sunset, snap a gorgeous photo on the water and enjoy music and dancing on the outer deck. Bring your own catering and entertainment or let us assist you in choosing an experienced caterer, florist, or DJ; we maintain a list of the most experienced and best in the area. Visit our website at ladyofthelake. com or contact our charter coordinator Julie at 509-682-4584 or julie@ladvofthelake.com.

Nancy's Party Rentals

Don't miss our JANUARY DISCOUNT! 20% off all table, chair, dishware, glassware, silverware and linen rentals for 2020 reservations placed with a deposit in January. Choose Wenatchee's most reliable rental company to take care of your special events this year. Whether planning a backyard picnic for ten or a sit down dinner for 500, we have the equipment, expertise and desire to help with all your rental needs. Visit our store in Wenatchee or find us online at www.nancyspatyrentals. com.









107 Railroad Ave.

attend

to employees



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Classifieds / Public Notices

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE

Pursuant to the Revised Code of Washington 61.24, et seq.108 1st Ave South, Suite 202, Seattle, WA 98104 Trustee Sale No.: WA-19-861496-SW Title Order No.: 190911378-WA-MSW Refer-ence Number of Deed of Trust: Instrument No. 2215499 Parcel ence Number of Deed of Trust: Instrument No. 2215499 Parcel Number(s): 232033783580, 232033783586, 232033783587 Gran-tor(s) for Recording Purposes under RCW 65.04.015: LANCE HANSEN AND DIANNE HANSEN, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Pur-poses under RCW 65.04.015): U.S. Bank National Association, as trustee for Structured Adjustable Rate Mortgage Loan Trust Mort-gage Pass-Through Certificates, Series 2007-8 Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Nationstai Mortgage LLC *d/b/a* Mr. Cooper I.NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trus-tee, will on 1/17/2020, at 10:00 AM The main entrance to the Che-lan County Courthouse, 350 Orondo St., Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the sell at public auction to the highest and best bidder, payable in the sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certi-fied checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: THE NORTH 210.00 FEET OF THE FOLLOWING: THE EAST 50 FEET OF LOTS 1 THROUGH 6, INCLUSIVE, BLOCK 10, POWELL'S ADDITION TC WENATCHEE, CHELAN COUNTY, WASHINGTON, ACCORDING FOR THE FOLLOWING: THE CONTON ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS PAGE 7, TOGETHER WITH THAT PART OF THE VACATED STREETS ADJACENT THERETO, ALL OF WHICH IS MORE PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT PARTICULARLY DESCRIBED AS FOLLOWS: COMMENCE AT THE INTERSECTION OF THE SOUTH LINE OF MCKITTRICK STREET, WHICH IS 20 FEET SOUTHERLY FROM THE CEN-TERLINE THEREOF AND THE ORIGINAL WEST LINE EX-TENDED OF SAID BLOCK 10, WHICH POINT IS MARKED BY A STONE WITH A CROSS AND RUN THENCE EAST ON SAID SOUTH LINE OF MCKITTRICK STREET FOR 170 FEET TO THE TRUE POINT OF BEGINNING; THENCE CONTINUE ON SAID LINE 60 FEET; THENCE TURN RIGHT 90°04' AND RUN 419.6 FEET TO THE CENTERLINE OF VACATED FIRST AVENUE; THENCE TURN RIGHT 89°58' AND RUN 60 FEET ALONG SAID CENTERLINE: THENCE TURN RIGHT 90°02' AND RUN 419.5 CENTERLINE; THENCE TURN RIGHT 90°02' AND RUN 419.5 FEET TO THE TRUE POINT OF BEGINNING. SAID LEGAL DE-SCRIPTION IS NOW DESCRIBED AS PARCELS E, FAND G OF CHELAN COUNTY BOUNDARY LINE ADJUSTMENT 2016-007WE RECORDED NOVEMBER 01, 2016 UNDER AUDI TOR'S FILE NO. 2447080. More commonly known as: 1313 MCKITTRICK STREET, WENATCHEE, WA 98801 Subject to that MCKITTRICK STREET, WEINATOTEL, Incorded 11/30/2005, un-certain Deed of Trust dated 11/22/2005, recorded 11/30/2005, un-der Instrument No. 2215499 records of CHELAN County, Washing-der Instrument No. 2215499 records of CHELAN COUNTY, Washington, from LANCE HANSEN AND DIANNE HANSEN, HUSBAND AND WIFE, as grantor(s), to FIRST AMERICAN TITLE INSUR-ANCE COMPANY, as original trustee, to secure an obligation in fa-vor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR NATIONWIDE LENDING CORPORA-TION TO ELECTRONIC ADDIANO CORPORA-TION, ITS SUCCESSORS AND ASSIGNS, as original beneficial the beneficial interest in which was subsequently assigned to U.S the beneficial interest in which was subsequently assigned to U.S. Bank National Association, as trustee for Structured Adjustable Rate Mortgage Loan Trust Mortgage Pass-Through Certificates, Series 2007-8, the Beneficiary, under an assignment recorded un-der Auditors File Number 2498373 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Comptor's default on the any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in ar-rears: \$13,165.14. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$90,823.93, together with interest as provided in the Note from 10/1/2018 on, and such other costs and fees as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obli-gation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 1/17/2020. The defaults referred to in Paragraph III must be cured by 1/6/2020 (11 days be-fore the sale date), or by other date as permitted in the Note or the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 1/6/2020 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered The sale may be terminated any time after the 1/6/2020 (1 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Granton were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicu-Default or the written Notice of Default was posted in a conspicu-ous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These re-quirements were completed as of 7/31/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to de-prive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatso-ever will be afforded an opportunity to be heard as to those objecity to be h opportu o the tions if they bring a lawsum to restrain the same paradiation of 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS – The purchaser at the Trustee's invariant to prove the property on the 20th day fol-Sale is entitled to possession of the property on the 20th day fol-lowing the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, in-cluding occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to server purchaser in the forum to the purchaser purchased the server purchaser pur WASHINGTON NOW to assess your situation and refer you to me-diation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: Toll-tree: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_pur-chase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington: http://www.hud.gov/of-fices/hsg/sfh/hcc/fc/index.cfm?webListAction=search&search&state= W4&6ftrSure_dfc The statewide civil local aid hotline for assistance Elocal could control of the statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone:1-800-606-4819 or Website: http://nwiustice.org/what-clear Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this Ioan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-19-861496-SW. Dated: 9/13/2019 Quality Loan Service Corp. of Washington, as Trustee's Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-861496-SW Sale Line: 855 238-5118 or Login to: http://wa.qualityloan.com IDSPut: #0156742 12/18/2019 1/8/2020

PUBLIC NOTICES

Notice is hereby given that the Upper Valley Park and Recrea-tion Service District Area is announcing its annual meeting dates for 2020. The committee meeting meets four times annually with the meetings scheduled for Feb-ruary 13, May 14, August 13 and November 10, because 13 ruary 13, May and November 14, August 13 12 beginning at a.m. in the confer at the Leavenworth 700 US Highway 2. c is invited to attend 9:00 in the conference City The room Hall. public is said meetings and make comment. Chantell R. Steiner Finance Director/ City Clerk City of Leavenworth Published in The Leavenworth Echo ashmereVallev Record on Januar 8, 2020. #86981

Superior Court of Washington For Chelan County In the matter of the estate of Ronald Wayne Cline, Deceased. No. 19-4-00408-04 Notice To Creditors (RCW 11.40.030) named below has he person been appointed as personal this estate. representative of the Any person having а claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or his attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were menced. The claim must be resented within the later of (1) thirty days after the persona representative served or mailed the notice to the creditor as RCW provided under 11.40.020(1)(c); or (2) months after the date of four first publication of this Notice. If the claim is not presented this time frame, the claim is withir other-RCW forever barred, except as

wise provided 11.40.051 and 1 51 and 11.40.060. effective as to c This claims bar is against both the decedent's probate and nonprobate assets. Date of First Publication: January 1, 2020. ROBERT D. CLINE,

Personal Representative Attorney for the Personal

Representative Joseph C. Brown, Jr., WSBA# 17991

W3DA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509)782-1111

ourt of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 19-4-00408-04 Published in the Cashmere Valley Record/ The Leavenworth Echo on January 1, 8, 15, 2020. #86922.



Rosacea: A chronic skin condition

I was dead wrong. Whenever I noticed someone with bloodshot eyes, tiny broken blood vessels visible on their skin along with flushed cheeks, I would judge them. I would wonder, "do they drink alcohol regularly?" That's because I associated those skin changes with people who drank heavily, just like the actor and comedian W.C. Fields, who popularized his character of a chronically tipsy guy who bumbled his way through life. I had always assumed that the signs of flushing, red eyes and visible blood vessels on the face were the marks of the heavy chronic consumption of alcohol. And that his prominent, bulbous nose was unique to him.

But that wasn't true! W.C. Fields did drink frequently, but that wasn't why his face and nose looked like that. Instead, they were signs of his having a chronic skin condi-

tion called rosacea. Why do we mistakenly associate those facial characteristics with heavy drinking? Maybe it's because alcohol consumption can exacerbate rosacea symptoms. Drinking beer, wine or other alcohol can trigger a flare-up of the redness, red eyes, and tiny blood vessels appearing on your skin. But alcohol is not the most common trigger. Exposure to sunlight, emotional stress and hot weather are most likely to cause an exacerbation, or "flare".

Rosacea is a chronic skin condition that affects over 15 million Americans. It shows up in middle age, sometime after age 30, and is more common in those with extremely fair skin, like those of Irish or Scandinavian descent.

There's no cure for rosacea. Doctors also don't know what causes it, but the progressive skin damage can be limited by avoiding triggering conditions.

The early symptoms of rosacea are often overlooked because they start



slowly and increase over time. Most people experience an occasional redness on their cheeks, nose, forehead or chin which comes and goes, becoming redder and lasting longer over time. Along with flushing or rash, rosacea often causes small blood vessels to become visible on your face. As the subtle signs of rosacea become more pronounced and frequent, makeup will no longer cover it up.

Rosacea can also show up as "adult acne" with bumps or pimples developing on your face, with one exception: your pimples aren't blackheads. It can also affect your eyes, causing eye irritation like a feeling of grittiness in your eye, redness, a bloodshot appearance, even swelling of your eyelids. In severe cases, the tissue of your nose can swell and become permanently enlarged, like W.C. Fields' own large, round nose.

Although doctors don't know exactly what causes rosacea, there are some hints. Many people with rosacea have a higher concentration of a type of insect called a mite living on or near their facial hair and eyelashes. Called Demodex folliculorum, this mite feeds on dead skin cells and oils on your skin, but the importance of this in treating rosacea remains unknown.

Rosacea gets worse in certain situations, called triggers, with the most common trigger being exposure to the sun, which triggers flares in 80% of people with rosacea. Emotional stress and hot weather are triggers for 75% of rosacea sufferers.

Alcohol is a trigger for half of people with rosacea, which is probably why W.C. Fields had increasingly severe symptoms while drinking alcohol regularly. Other common triggers include heavy exercise, hot baths and hot tubs.

Since there is no cure, the best way to treat rosacea is to understand your own triggers and try to avoid them whenever possible.

Here are 6 Tips on **Dealing with Rosacea:** 1. Document your triggers.

Keeping a symptom diary can help you figure out what your particular triggers are so you can avoid them.

2. Consult a dermatologist.

Dermatologists can prescribe prescription medications for rash and laser treatments for facial symptoms like visible blood vessels. If you have eve symptoms, it's important to seek medical advice to minimize damage to your corneas.

3. Use sunscreen.

The most common trigger for rosacea is sun exposure. Use sunscreens whenever you are outside during the day.

4. Be gentle.

If you have pimples from rosacea, avoid harsh acne products or scrubs, as they can trigger a flare.

5. Avoid exposing your skin to multiple products.

Minimize the number of chemicals you put on vour skin. For example, try using a moisturizer with sunscreen built in.

6. Keep your cool.

Hot weather, hot tubs and heavy exercise are common triggers of rosacea. Keeping a symptom diary can help you adjust your physical activities to minimize triggering flares while also keeping fit.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedication-Insider.com for daily tips on how to take your medicine safely. ©2020 Louise Achey



Take control of your personal information

5 tips to maintain good credit health and keep your personal information safe

(BPT) - Understanding and managing your personal information is essential to achieving your life goals such as owning a home, financing an education, getting your next job or simply having the convenience of credit cards for everyday purchases.

Banks, landlords, employers and many others need to authenticate your identity and evaluate your creditworthiness to determine whether they can trust you to make payments if they lend you money. This credit behavior determines a person's credit score.

So, how do you take control of your personal information and maintain good credit health? Here are a few key tips for financial health empowerment:

Monitor your information regularly: According

to TransUnion's July 2017 Credit Literacy study, almost half of consumers thought checking your own credit score has the same effect as when a lender checks it. Fortunately, this is not the case. When you check your information, it is usually reported as a soft inquiry and ultimately does not impact your score. Checking your information regularly is encouraged and should be part of a habitual routine, much like regular exercise.

It's important to understand both what helps build credit and what negatively affects your credit. Once you are well-versed in your information, you are taking one important step toward being in control and can better inform your choices and be empowered to make the right decisions. There are many solutions available that provide easy access to your information, including TransUnion Credit Monitoring.

Make payments on time: Paying your bills on time and in full each month will show that you are reliable and more likely to pay back debts. Doing so will help grow your credit score, but remember, consistency is key. If you have missed a payment in the past, getting back on track and paying off debt should be a top priority. Having a positive history of on-time payments shows responsible behavior.

Don't use all your available credit: It is recommended to maintain a low credit utilization ratio, that is, how much of your available credit you're using at any given time. This suggests to creditors that you can use credit responsibly and do not rely on it too much. It is recommended that you use no more than 30 percent of your available credit.

Building credit takes time: Building and maintaining a track record takes time, responsible financial behavior and smart credit usage. Therefore, it is important to start early and understand the implications of your decisions. For example, closing your oldest credit card account could end up negatively impacting your score. However,

every situation is different, depending on a person's account history, fee structure or rates.

Protect your information: You have a vital role to play in controlling who has access to your information, and there are tools readily available to do this. Protecting your information from fraud is critical. As part of TransUnion's ongoing commitment to empowering consumers to understand and manage their information and achieve financial health, it offers a range of solutions. To complement credit monitoring, Lock Alert is a new, innovative feature that automatically sends an alert to members whenever a request for their locked or frozen credit report is made in connection with an application for new credit.

With the right information, tools and responsible financial decisions, you will be on the path to taking control of your information, leading to good credit health and the opportunity to achieve your dreams. For more information, visit TransUnion.com.

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