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L-R Mandi Wickline, Heidi Flake, Nicole Haskey, Jessi Klancke. Not pictured: Amber Zimmerman, Amanda Gibbs, Ariahna Jones, Mijanou Fortney.

2020 Empty Bowls Art Grant Winners

By Mara Bohman

It is inspiring to learn about all of the amazing creative programs and projects that are taking place in our community.

Each year Leavenworth Empty Bowls provides \$1,000 worth of grants to teachers who are enhancing arts education with our youth.

This year, 11 art grant project proposals were subalmost \$4,000.

Proposals ranged from providing art materials and supplies to drama or musical equipment.

We are pleased to announce the following Art Grant winners for 2020.

Jessie Klancke will purchase art supplies and materials to provide her students in the Cascade High School Life Skills Program with the enriching experience of cremitted requesting a total of ating their own paintings.

Heidi Flake from Beaver with their grant. Valley School will use her grant to purchase Steel Tongue hand drums to enhance their music program.

These drums will be used to explore sounds that compliment their ukulele practice.

LEAAP Art (Leavenworth Elementary Arts Appreciation Project) teachers, Amber Zimmerman and Amanda Gibbs will be able

The LEAAP volunteers will be able to continue to provide meaningful art lessons to local students in k-5th grade.

As the Cascade School District's Drama Program continues to grow, showcasing the talents of students in grades third through twelfth, some of their equipment has become obsolete.

Teacher, Mandi Wick-

Bowls Art Grant towards purchasing replacement microphone packsand cords for this program.

A unique collaboration has formed in our community to provide after school creative re-use/arts education for students in grades 3-5. Ariahna Jones from Waste Loop, Nicole Haskey from Tierra Arts and Mijanou Fortney from MF Pottery have teamed up to re-stock their art supplies line, will use her Empty to provide participating stu-

dents with the opportunity to create a mosaic art piece which will be installed in the community of Leavenworth.

They will use their grant funds to hire art teachers and purchase materials for this project.

We appreciate all of the dedicated teachers who continue to enrich the creative lives of our local youth and congratulate the above **Empty Bowls Art Grant** recipients.



CITY OF LEAVENWORTH City Council addresses parking meters

They may not fit the Old World Bavarian theme

By Bill Forhan, Publisher

It has been a long time in coming but the city is proposing installing high technology meters in the downtown area.

The issue of inadequate parking for tourists and local residents has been under review for several years beginning with a parking study that was partially funded by the Port of Chelan, the City of Leavenworth and the Chamber of Commerce.

The Parking Advisory Committee has recommended the implementation of a parking meter system from Duncan Parking Technologies, Inc.

The proposal includes installing single and dual space meters to cover the 403 spaces in the downtown core.

They will be coupled with parking space sensors that will allow the system to monitor the space.

Space monitoring includes vehicle sensors that can detect vehicles parked illegally or just permit people to find an empty space.

These new meters may look like the ones you're familiar with but they are far more sophisticated.

They take credit cards, debit cards, pay-pal even payment via your smart phone. But sorry, they don't take coins.

The meters can be reprogrammed remotely to change rates based on traffic demands. Christmas lighting? Could be expensive. January or February might be free unless it's Ice Fest weekend.

If you have the right app on your smart phone it will tell you where there are available spaces to park.

It sounds good from a technology standpoint but in a real worldsystem that is clearly overwhelmed at times only time will tell how well it can work

The upfront costs of this program are \$376,624.

The 5 year costs are estimated at \$518,406 not including costs of administration, enforcement or equipment maintenance.

Previously, the Parking Study had provided 4 scenarios for revenue at \$1, \$1.25, \$1.50 and \$1.75 perhour.

All of the scenarios produced positive net income after assumptions for operating expenses and debt service were taken into consideration.

The current Parking Advisory Committee points out that the cities Parking Fund currently has a balance of \$557,793 which may mean the city does not need to increase debt to pay for this project.

The Parking Advisory Committee said they preferred this system over simply expanding timed parking downtown for the following reasons:

Using smart meters will allow for collection of data that can be used by the Advisory Group to address management of future parking needs and maintain the 85 percent Occupancy standard.

2 sensors allow park-Smart meters and ing availability information to be pushed out to visitors, residents and employeespotentially reducing the congestion caused by the search for parking.

3 ficient enforcement Enhanced and efof parking violations.

On street parking revenue is estimated to provide an additional revenue source that could be directed toward increased future capacity or parking enhance-

Single Space Smart Parking Meters.

ments.

5 Smart meters using Smart Cards which could allow for a Residential Discount Parking Pass, Employee Discount Parking, etc.

Smart meters can be turned off and on remotely. Hours and fees can be changed to reflect demand. For example, meters could be turned off in February and March at low use times.

Smart meter use is intuitive to the cus-

tomer and requires less signage than kiosks and less signage than hourly parking.

So, you pull up at an empty spot and the meter still has time on it. Great!

You pull in but notice the meter is suddenly zeroed out! Yup, you guessed it.

The system recognizes you just filled an empty spot and you only have a short time to feed the meter or the system will notify the city that you are parked illegally.



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Community Calendar 3	Schools & Sports5 Entertainment/Outdoors 6 Classifieds7-8	Dan's Food Market



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Opinions

Eyman takes on the Washington political machine

Fresh from his victory over the cost of licensing your vehicle, political activist Tim Eyman has announced his intentions to run for governor.

2

Eyman has made a career out of disrupting the political machine with his citizen initiatives. His tax initiatives have been so successful that Attorney General Bob Ferguson has been attempting to permanently strip Eyman of his constitutional rights.



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First, he filed suit against Eyman for campaign finance law violations and fined Eyman \$2,000,000.

The highest fine his office had ever attempted to levy against any organization that his office charged for violating campaign finance law.

Second, he filed motions in court to have Eyman permanently barred from future political activity.

When Eyman appeared in court to defend himself against the Attorney General's charges Ferguson had Eyman's attorney disqualified forcing Eyman to defend himself in front of the judge.

Old Fergie has made it clear he would like to run for governor. He now has two problems in that effort. First, he has failed to cow Eyman.

In fact, his bullying has emboldened him. Second, Governor Inslee has decided to run for a third term, so being a good Democrat Fergie



has to wait his turn.

For his part, Inslee has failed to capture the party nod for higher office with his promise to play God and save the planet from Global Climate Change. It seems his own party recognized early that he is an empty suit.

So, his fallback position is to run for a third term as Washington's Governor.

Tough questions will be asked about his commitment to addressing Washington's problems over spending state money to campaign for higher office.

In response to I976, Inslee is canceling major transportation projects that are

not already underway and instructed the State Patrol to not expend any moneys that are not absolutely necessary. Most people would not give

Eyman any hope of unseating Inslee or beating Fergie. The Seattle machine is too powerful. But the success of I-976 shows there are cracks in that machine.

Only 5 counties voted against it and none were overwhelming. At least two of the counties voting against it were heavily dependent on Ferry service. There is a growing dissatisfaction across the country with the current status quo.

Trump has broken through that barrier and successfully challenged the political elites.

Whether you like his style or not, it is hard to argue with his results.

Eyman is a household name across the state. But to be successful in a run for governor he will need a

BRWO Americans for Limited



platform that goes beyond cutting taxes.

Currently, he is waffling about running as an Independent or a Republican. He has no chance running as an Independent.

Both parties will align against him and define him as an extremist. He must run as a Republican.

For their part the Republicans have not fielded a winning candidate since 1985. Currently there are two who have announced plans to run. State Senator Phil For-

tunato from Auburn and Loren Culp the police chief in Republic. Neither of these candidates have statewide name recognition.

Their lack of accomplishments are unlikely to inspire voters to turn out to unseat an incumbent Democrat.

Eyman could be successful if he runs as a Republican and quickly develops a platform that addresses the concerns of Washingtonians who see Seattle centric policies as harmful to the interests of the rest of the state.

How government can kill a Golden Goose

Sometimes taxing authorities do the right thing and help save our culture by prescribing the exact right amount of financial fealty necessary to keep chaos from overtaking order.

However, on more than one occasion, various government entities get out over its skis so to speak, and actually cause harm to a good thing so much so that a once thriving industry gets taxed to death.

Jobs are lost, the tax base itself shrinks because of greed, indifference or incompetence and the entire structure of society becomes rusty to the point of a deadly decay akin to stage four cancer.

I paint this ugly scene because of several recent



wants to raise electric rates on its medium and biggest customers to the point of risking the death of the golden goose, aka, data centers and bitcoin crypto mining.

Some may say "so what, I live elsewhere" (Chelan County), but in reality jobs and industries lost in one North Central Washington county often affect adjoining counties. Admittedly, this is sometimes for the good. For example, some folks in

Much of this jigsaw puzzle of economic growth or shrinkage depends on how well the host governing authorities handle their fiscal duties, as well as keeping promises made.

Governing is supposed to benefit those being governed and that, of course, includes the everyday citizenry as well as the so-called "captains of industry."

Not too long ago the Chelan County government went out of its way to destroy the local marijuana industry by zoning and other regulatory processes.

A few vocal residents complained about the smell of the crops and demanded relief from same.

Over zealous county commissioners decided to pull

thousands of dollars or more ment and to the harm of its into their grows.

Was it being done because of dislike for the crop? We may never know.

Now the Douglas PUD is risking the chance of the data center and crypto mining jobs and all those taxes these centers generate being handed to the Grant County folks.

The PUD states it is because of Wells Dam expenses, but instead of charging all its customers the same rates, it has singled out the massive energy users by Pangborn Airport whose presence was solicited by the Ports of Douglas and Chelan, now merged. As Jim Kuntz, CEO of the newly formed Chelan Douglas Port Authority points out, these companies can easily pack their bags and move.

overall growth?

The PUD is cleverly not increasing the rates for "mere" citizens, i.e., residential users, because perhaps those citizens can vote commissioners in and out of office.

On the other hand, there won't be as many citizens making a good living or enjoying growth if the big users fold their tents and hit the road.

Sometimes it might feel righteous to tax the "rich" and sometimes it is just stupid and an act of governmental malfeasance.

We will probably know the answer to this by the end of 2020 – or sooner. I think I already hear phones ringing in Quincy, Moses Lake and Ephrata.

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The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day time phone number (for verification purposes only). Letters may be ed ited for length, clarity, accuracy and fairness

No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please cal 509-548-5286. We will publish a cor rection on this page in the next issue

events, one of which could mean an economic disaster, not just for Douglas County, but for Chelan as well.

The Douglas County PUD position.

both Douglas and Chelan counties may get the pink slip while other workers in Grant County may get a new

the plug on legal agricultural enterprises.

Those entrepreneurs were chased out of town ment take such a chance

Why would any governafter investing hundreds of with its own future develop-

I join CEO Kuntz and urge the Douglas PUD to take a step back and find other ways to handle expenses at Wells Dam.

A big year and a special bill for Washington's apple industry

Many of you know that I love eating Washington apples. So much so that my legislative colleagues often see me crunching on them throughout the session. Honeycrisps have been my favorite for many years. My 10-year-old son refers to them as "nature's candy," which I think is quite appropriate.

As you know, agriculture and Washington apples are a huge part of our 12th District and state economy. Washington produces over 100 million boxes of apples each year, and we ship into both domestic and international markets.

This is a very significant year for Washington apples with ongoing trade issues occurring internationally and the release of the newest



apple variety, the delicious Cosmic Crisp. While there are approximately 2,500 known varieties of apples in the United States, this latest variety - in development for many years – is expected to be one of the very best. Developed by the Washington State University Tree Fruit **Research and Extension** Center in Wenatchee, the Cosmic Crisp is a hybrid of the Honeycrisp and Enterprise varieties.

This is also a special year-



Alpine Lakes Elementary

REGISTER TODAY

Advance registration required. Visit cascademedical.org for details.

> CASCADE MEDICAL PARTNERS IN YOUR HEALTH

niversary of the Washington Apple Education Foundation (WAEF), the charity developed by our local tree fruit industry.

WAEF provides college scholarships to farm worker and orchardist families and helps connect our local values with expanded educational opportunities.

Thanks to the generosity of our agricultural industry, WAEF has provided over \$9 million in scholarships to more than 2,000 students since it was founded in 1994. It has been my honor to attend many scholarship luncheons and to observe these amazing students be awarded significant college scholarships.

Given the importance of this year for our apple industry, I am honored to partner with the Washington Apple Commission and the Washington Apple Education Foundation to sponsor a bill to create a Washington apple special license plate. State law allows organizations to work with the Department of Licensing to produce special license plates with proceeds awarded to a nonprofit organization, which in our case will be WAEF scholarships. Legislation approving the plate is part of the authorization process.

The Washington Apple Commission has authorized its \$6,300 in funding, a requirement by the state, and I have introduced Senate Bill 6032 to gain the Legislature's approval this session.

As part of the process, the

requires a collection of signatures of at least 3,500. The cost of the plates will vary depending on the design and licensing fees required for your vehicle. Most of the special plates promoting our state colleges, sports teams, and other interests range from \$50 to \$75 depending on the vehicle.

The Washington Apple Commission is currently collecting signatures online. You can find the Washington Apples License Plate site on ipetitions.com by searching "Washington Apples" or you can access the page directly at ipetitions.com/petition/ washington-apples-licenseplate.

I look forward to advancing this legislation, working

because it marks the 25th an- Department of Licensing alongside our apple industry, and promoting Washington applesin the process. My bill currently has 20 bipartisan Senate co-sponsors and, like our apples, the list of cosponsors is growing. I don't expect opposition to a bill like this but getting any bill approved in a 60-day session is a challenge because of time pressures. I suppose, if time becomes a factor, references to "crunch time" will take on a whole new meaning this session because we'll be sharing Cosmic Crisps with everyone. Brad Hawkins is a state senator of the 12th District, representing North Central Washington in Olympia. He may be contacted at 360-786-7622 or brad.hawkins@leg.wa.gov.



Community

Local, COMMUNITY BULLETIN BOARD

Regional Community News & **Events**

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number. What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

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AA Meeting Schedule

Information numbers for AA:

509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, noon, First Baptist Church, 429 Evans, Leavenworth

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain Information number for Alanon: 509-548-7939

Alanon Meeting Schedule: Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

Friday, dinner 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene, 111 Ski Hill Drive.

Please contact us for questions. Dave and Nancy Bartholomew 509-596-1510

Community Calendar

Wednesday

Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)

Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant, President Grant Strobner. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)

- Leavenworth Lions Club, Kristall's Restaurant, President, Conrad Delury, call or text, 509-387-5051. (1st Thurs. at 6:30 p.m. & 3rd Thurs.at Noon)
- Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall, (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Friday

Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)

Leavenworth Rotary Club, 11:45 a.m. Kristall's Restaurant. President, Ken Grosse. 509-763-2753.

Saturday

No Events Scheduled.

Sunday

See Church schedule.

Monday

Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)

Joper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs:

Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

Leavenworth

January 10

- 02:54 Burglary, 7600 US Hwy. 97, Peshastin
- 02:59 Suspicious, US Hwy. 2 & 09:35 Parking/abandon, 11779 Front St.
- 08:43 Malicious mischief, 7550 09:51 Traffic offense, 9297 **US Hwy. 97**
- 08:45 Malicious mischief, 7550 **US Hwy. 97**
- 10:29 Domestic disturbance, 3910 Old Blewett Rd., Pe-
- shastin 11:51 Property, Front & 8th
- Streets 13:43 Theft, 18162 Sunland Dr.,
- Lake Wenatchee 14:16 Property, 940 US Hwy.
- 2, #B 14:17 Domestic disturbance,
- 18480 Nason Ridge Rd., Lake Wenatchee 14:29 Accident/no injuries, 645
- Front St.
- 14:39 Accident/no injuries, Beaver Valley Rd., MP 16
- 15:05 Accident/no injuries, 11007 US Hwy. 2, Preys Fruit Barn
- 15:43 Accident/no injuries, Chumstick Hwy., MP 9
- 19:08 Traffic offense, 116 River
- Bend Dr., Safeway 20:15 Property, 843 Front St., The Loft Bar
- 22:37 Alarm, 585 US Hwy. 2, **Icicle Quick Stop**

January 11

- 00:16 Accident/no injuries, Eagle Creek Rd. MP 5
- 08:56 Accident/no injuries, North & Nibbelink Roads
- 10:57 Traffic offense, 3509 Hansel Lane, Peshastin
- 13:17 Welfare check, 10189 Merry Canyon Rd. 15:50 Public assist, 9607 North
- Rd., Peshastin

Senior Center Events

Leavenworth Senior Center, 423 Evans St., Leavenworth Monday, Wednesday, and Friday 10:00 a.m., Gentle Exercise Tuesday, 9:00 a.m., Leavenworth Area Seniors' Council Board meeting Tuesday, 1:00-3:00 p.m., Crafts Thursday, 1:00-3:00 p.m., Square Dancing Thursday, 6:30-7:30 p.m., Bavarian Dancing Friday, 6:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

City Council Meetings

7 p.m., Leavenworth Planning Commission at City Hall contact Lilith Vespier, 549-5275. (1st Wed.) 8 a.m., Leavenworth City Council study session, City Hall, 548-5275. (2nd Tues.)

3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)

6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

Senior Center Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth

- Please call 548-6666, 24 hours in advance to reserve a meal. Meals are served at noon.
- January 23, Thursday: Chuckwagon steak sandwich, Pasta veggie salad, pea salad, fruit cocktail and dessert.
- January 24, Friday: Oven fried chicken, twice baked potato, corn, spiced salad, orange quarters, biscuit and dessert..
- January 25, Saturday and January 26, Sunday: No lunch.
- January 27, Monday: Beef tacos, Spanish rice, glazed carrots, cinnamon applesauce and dessert.
- January 28, Tuesday: Country fried steak, mashed potatoes, buttered corn, lettuce tomato salad, orange quarters, biscuit and dessert.
- January 29, Wednesday: Minestrone soup, 1/2 ham sandwich, garden salad, peaches and dessert.

Leavenworth

Art Reception

On January 23, 6:30-7:30 p.m. at the Leavenworth Library for a reception for the Cascade High School art class art displays in the library's Fireweed Room until January 31. Come meet the students and their teacher, Teara Dillon, and join us for refreshments. (e 3, 4).

The Leavenworth Women's Exchange

Monthly luncheon meeting will be held on Wednesday February 12, 12 p.m. at Visconti's of Leavenworth, 636 Front Street. Cost is \$16 per person for members and \$18 for nonmembers. Beverage, tax and gratuity are included. Mikeala Rasanen, Rotary Exchange student from Oulu, Finland will present a program "Finland: A Country Left Behind". Reservations, please contact Claire Burlingame, 548-7142 by

January 13

& Prowell St.

Burn Rd.

US Hwy. 2

Icicle Rd.

2, #B

07:25 Traffic offense, Icicle Rd.

08:10 Suspicious, 14038 Brae

10:33 Accident/no injuries, Larch

11:17 Property, 940 US Hwy.

12:19 Trespass, 10190 Chumstick

Hwy., Cascade High School

12:20 Trespass, 5783 Mountain

13:03 Malicious mischief, 9550

14:11 Agency assist, 208 - 9th St.,

15:45 Unknown accident, US

Hwy. 97, MP 167, Peshastin

wawa Loop & Shugart Flats

17:53 Accident/no injuries, Chi-

17:58 Civil, 10135 Peshastin

18:09 Property 116 River Bend

19:47 Public assist, 11645 North

20:59 Burglary, 19751 Beaver

01:49 Traffic offense, 1250 US

06:16 Animal problem, West and

09:02 Attempt to locate, Stevens

14:46 Parking/abandon, 285 US

21:02 Juvenile problem, 1645 US

09:03 Traffic offense, 9000 Blk.,

11:43 Traffic offense, 90 Deep

11:55 Public assist, 5865 Moun-

12:47 Agency assist, 320 Park

13:41 Accident, no injury, High

and Orchards streets, Pe-

15:59 Suspicious, 16883 Fir Dr.,

16:17 Trespass, 5865 Mountain

16:37 Accident, no injury, 1329

14:23 Fraud/forgery 283 US

14:32 Traffic offense, 9193 Icicle

15:00 Suspicious, 8238 E. Leav-

Hwy. 2, Moe's Gift Shop

US Hwy. 2, Dans food Mar-

Lake Wenatchee

Lane Rd., Peshastin

Ave., Mountain Meadows

tain Lane, Rd, Peshastin

Hwy., 97 Peshastin

Hwy. 2, McDonalds

Cherry streets.

Pass area

Hwy 2.

January 15

Icicle Rd.

Powder Ln.

shastin

ket lot

worth Rd.

Park Way

enworth Rd.

stick Hwy.

Rd.

Nibbelink Rd., Peshastin

& Kinnikinick Drives

Lane Rd., Peshastin

Baren Haus

Roads

Mill Rd.

January 14

Dr., Safeway

Valley Rd., Plain

3

- dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-0408.
- Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)
- Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

Tuesday

- I.P.I.D. Meeting, 8 a.m., Anthony "Toni" Jantzer, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)
- Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)
- Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
- Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)
- Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)
- Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.
- LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st. Tues.)
- Leavenworth Masons, 7:30 a.m.. Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)
- Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.).

Ongoing events

Leavenworth Public Library: 548-7923.

- Mon., Tues., Wed., open 9 a.m. 6 p.m. Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m. Closed on weekends and Holidays. Special events:
- Tues., 11:30 a.m., Baby story time Wed., 1:30 p.m., Preschool story time

Peshastin Public Library: 548-7821.

- Closed Sunday and Monday Tuesday: 3-8 p.m. Wednesday: 2-7 p.m. Thursday: 2-7 p.m.
- Friday: 11 a.m.-4 p.m. Saturday: 12-5 p.m.

Special events:

Thurs., 2:30, Bilingual Story time

Sat., Crafts: 2 p.m. Upper Valley Museum: 548-0728

Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish Hatchery Road (Daily)

Regional events

- SCORE (small business counseling), 1 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)
- Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

leavenworthecho.com

- 18:12 Trespass, 9550 Nibbelink Rd., Peshastin
- 20:53 Domestic disturbance, 340 Prospect St.
- 20:59 Juvenile problem, 100 **Enchantment Park Way**
- 21:35 Hazard, Chumstick Hwy., MP 1

January 12

- 00:24 Property, 820 Front St., Gazebo Park 00:29 Property, 820 Front St., Gazebo Park 08:38 Alarm, 636 Front St.,
- Visconti's 11:23 Property, Leavenworth
- 11:44 Injury accident, 10691 January 16
- Chumstick Hwy. 13:01 Property, 940 US Hwy. 10:05 911 call, 8951 E. Leaven-2, #B
- 15:52 Accident/no injuries, Bea- 11:27 911 call, 100 Enchantment
- ver Valley Rd. & SR 207 18:43 Property, Leavenworth
- 20:29 Vehicle theft, Evans &
- Sherbourne Streets
- 21:04 Attempt to locate, Dog House & Saunders Roads 22:00 911, 225 Prospect St.
- 22:14 Court order violation, Dog 21:27 Trespass, 18226 Chum-House & Saunders Roads

OPEN CITY COUNCIL SEAT: APPLICATIONS BEING ACCEPTED

The City will begin the process of filling the City Council position held by resigning Council Member Craig Hess by accepting letters of interest and application. Under Washington law, the City Council has 90 days to appoint a city resident to fill the vacancy. Residents interested in serving in the position are encouraged to submit an application packet that will include a letter of interest and completed application to City Clerk Chantell Steiner at Leavenworth City Hall by 5:00 PM on February 6, 2020.

Under Washington law qualified applicants must be a registered voter, must reside within the City, and have lived within the City limits for at least one year.

Saturday, February 8. (e 4, 5).

Regional

Speakeasy Event

Teams Learning Center, a nonprofit early education center in Wenatchee is hosting a Speakeasy event to raise funds for classes and parent mentoring program. The event is at the BPOE ballroom, 27 S. Chelan Ave. on January 25, 7-10 p.m. Information and to purchase tickets: Contact: Joy Robertson, 509-860-1964. (er 4).





Two Openings for City of Leavenworth **Planning Commission**

The City of Leavenworth is seeking two volunteers to fill vacancies on the Leavenworth Planning Commission. Position #7 has two years remaining and Position #2 has one year remaining.

The Planning Commission is an advisory body to the City Council, providing recommendations for long-term planning and code amendments on topics related to housing, transportation, shorelines, and more.

The Planning Commission meets the first Wednesday of each month at 7:00 PM. Applicants must be at least 18 years of age and reside inside the city limits of Leavenworth. When applying, please specify which position you are interested in or if you are interested in either position. The appointment is made by the Mayor.

> Letters of interest may be submitted to: City of Leavenworth Attn: Sue Cragun, Executive Assistant PO Box 287 / 700 US Highway 2 Leavenworth, WA 98826 or scragun@cityofleavenworth.com or dropped off at City Hall.

Letters of interest will be accepted until the position is filled. First review February 25, 2020.

BUSINESS & SERVICE Directory

Neighbors

Leavenworth Chamber of Commerce Director announces retirement



4

By BILL FORHAN PUBLISHER

No date has been set at this point, but Grant Stoebner, President of the Chamber Board, has responded with the following:

"The Leavenworth Chamber of Commerce announces the resignation of our **Executive Director Nancy** Smith. Smith lead the Leavenworth Chamber of Commerce for 15 years.

"The board wishes to joyed continual growth, imrecognize the incredible commitment and leadership Nancy brought to this position.

"During Nancy's tenure at the chamber Leavenworth has become a more complete, year-round destination. She has garnered local, state, national and international recognition of our Bavarian Village.

"Leavenworth has en-

provements, development and partnerships. We are grateful for the unending loyalty and dedication we have enjoyed from our Executive Director.

"Nancy plans to stay in the area, work on projects, travel and enjoy time with her family."

Announcements related to filling this position will be made in the coming weeks.

Kick Your Sticks For Cancer

PRESS RELEASE

Come join us for a fun-filled day for all ages on Sunday, January 26th at the Kick Your Sticks for Cancer fundraising event.

From 8:30 am -11 am at the Leavenworth Fish Hatchery.

Families of all ages can raise funds for cancer care and treatment in the Wenatchee Valley for the Wellness Place while classic, skate or snowshoeing their way through the amazing Icicle River Trails behind the Leavenworth Fish Hatchery.

This is a friendly race for all and we are here to have fun and help support those affected by cancer.

Proceeds from the event will go to the Wellness Place to provide gas cards, wigs, nutritional supplements, pharmaceutical assists, childcare expenses, quilts, hats, scarves, informational pamphlets/ books, lodging, support group options, and help serve as a "clearinghouse" of information for those with a cancer diagnosis or chronic illness, all free of charge.



Help us beat last years donation by registering today and join us in kicking cancer to the curb for good!

Registration fee

\$15:17 years old and under

\$30: 18 years and older General Registration

Nordic Team Support - all team member can participate by donation but must still register This is a skate ski race but skiers

can choose any style: Classic, Skate, or snowshoe

Schedule Day of Registrations: 8:30 a.m. 9:45 a.m.

Registration Closes: 9:45 a.m.

Group at the Starting Line for Kick off: 9:45 a.m.

Kids 1K lap (9 years old and under): 10 a.m.

Women's Race (8k and 4k start): 10:20 a.m.

Men's Race (8k and 4k start): 10:30 a.m.

Awards: 11:30 a.m.

The Family and Friends of Ann Ostella invite you to a Celebration of Ann Ostella's Life

THURSDAY, JANUARY 30, 2020 1:00 PM TO 4:00 PM **REMEMBRANCE PROGRAM**



Dump Truck & Dozer **Drainfield Repair** Free Estimates Septic Systems **Road Grading**

(509) 548-3489

Leavenworth, WA

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.





MINI STORAGE 5x10- \$60 Per Month 10x10- \$80 Per Month

8x14- \$90 Per Month

Mobile Platform Available

302 9th St., Wenatchee • 662-2119 or 662-1561 jonesjonesbetts.com Honoring the lives of residents in the Valley for over 100 years.

You can always rely on our dedicated staff.

AT 1:30 PM **CHUMSTICK GRANGE #819** 621 FRONT ST LEAVENWORTH, WA 98826 FOOD AND REFRESHMENTS

OBITUARIES & MEMORIALS

OFFERED

An obituary is a way for family member(s) to commemorate a loved one's life and to notify the larger community of the deceased. Obituaries are also used for historical and ancestral data. Memorials are another way of letting the community know about the life and memories of the person who has died. A Memorial is different from an obituary. An obituary is usually current while a memorial can be

written later. Obituaries and memorials need to be typed and emailed no later than Friday by 4:00 p.m. to be placed in the next available issue(s). Please call for cost of an obituary and which NCW paper(s)

that it will be placed in to

Visit leavenworthecho.com

Cost of the obituary/ memorial is due at the time of placement. Funeral homes and chapels can submit obituaries by Noon on Monday, unless a holiday.

Licensed - Bonded - Insured

For information call at 509-548-5286 or contact editor@leavenworthecho.com

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke

www.cashmerepres.org



213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor Lilia Felicitas - Malana

CHRIST CENTER

Cashmere Assembly of God • 509-782-2825 Worship Celebration & Sunday School 10 a.m. Meeting at The Conservatory, back entrance of Apple Annie's Underground High School Group, Sundays, 6 p.m. Junior High, Wednesdays, 6:30 p.m. Meet at - 206 Vine Street Lead Pastor, Steve Hanev **CHRIST**CENTER Children's Pastor, Andy Robinson **Congregation Care Pastor, Joyce Williams** Pastor Ian Ross, Director of Operations Steffanie Haney, High School Director christcentercashmere.com

GRACE LUTHERAN CHURCH Vine & Elberta Streets • 860-0736 Worship 10:30 a.m. **Pastor Robert Gohl St. James Episcopal Church**

222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. 5th Sunday Morning Prayer 9 a.m. Deacon Carol Forhan - 670-1723 Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6:00 p.m. Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. **Pastor Steve Bergland**

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH

'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James www.cmbiblechurch.org

COMMUNITY UNITED METHODIST 418 Evans Street • Leavenworth 509-548-5619 • Rev. Matt Gorman Sunday service 10 a.m. www.leavenworthumc.org

> **CORNERSTONE BIBLE CHURCH** Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following Rev. Nancy Gradwohl www.FLCleavenworth.com FLCleavenworth@gmail.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745 Sunday Worship: 11:00 AM www.leavenworthbaptist.com info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor: Andy Dayton Youth Pastor, Kent Wright www.LCN.org



SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 548-4345 **Saturday Services** Bible Study 9:30 a.m. • Worship 11 a.m. Fred Smith • 860-3997

SPIRIT LIFE CENTER

210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 782-2601 Church Service & Sunday School 9:00 a.m. Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD

School and Lake St. • 548-7523 Sunday Worship Service 10:30 a.m. Bible Adventures for kids at 10 a.m. sharp **Pastor Jorge Torres**



New Life Foursoure Church 7591 Hwy. 97 • 548-4222

Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com





Schools & Sports

CASCADE SCOREBOARD

	Boys Basketball
Jan 14	Cascade 34 Chelan 59
Jan 17	Cascade 30 Chelan 63
	Girls Basketball
Jan 14	Cascade 18 vs Chelan 61
Jan 17	Cascade 11 vs Omak 57

CASCADE SCHEDULE

	Boys Basketball
Jan 24	Cascade vs Okanogan 7:15 p.m.
Jan 28	Cascade at Warden 7:15 p.m.
	Girls Basketball
Jan. 24	Cascade vs Okanogan 5:45 p.m.
Jan. 28	Cascade at Warden 5:45 p.m.

For the Best Performance choose



BOYS BASKETBALL Varsity Basketball Standings

	League		Overall	
	W	L	W	L
Cashmere	6	0	9	3
Okanogan	5	2	7	5
Omak	4	3	12	3
Chelan	2	5	7	6
Cascade	0	7	4	10

GIRLS BASKETBALL Varsity Basketball Standings

-				•
	League		Overall	
	W	L	W	L
Cashmere	6	0	13	0
Omak	5	2	10	5
Okanogan	4	3	9	3
Chelan	2	5	6	7
Cascade	0	7	1	13





Cole Warnaca (1) tosses the rebound back to Isaac Cortes (10). Xitlali Espinosa **L** brings the ball down court for the **Kodiaks** Kolby Hunt looks for a teammate to get her out of a box against Omak.

Asubscription makes awonderful gift!

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Applications are now being accepted for the Upper Valley Scholarship

SUBMITTED BY P.E.O. CHAPTER JF, Leavenworth

The purpose of the scholarship is to assist women in need of financial help, return to higher education in an accredited university, college or technical school in the State of Washington.

This needs-based scholarship must be used for school expenses.

Applications must be received for consideration by April 30. Scholarship funds will be available by the Fall of 2020, and will be sent directly to the school confirmation of enrollment.

Women applicants must be seeking further higher education at either the undergraduate or graduate level in one of the following ways:

• Applicant must be age 30 or above and reside in Chelan or Douglas County

• Applicant must be currently enrolled in, or returning to, a higher education program after a two-year or more absence.

The colleges, universities, or technical schools where applicants have been ac-

financial department upon cepted must be fully accredited and within the State of Washington. Out-of-state, on-line accredited schools are acceptable.

> Applicants may re-submit applications each year until they complete their programs of study.

> Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application form by contacting: Mimi Keller Chair, Scholarship Committee mimikeller5@ icloud.com

Local College students recognized for academic achievement

Montana State University

Montana State University has announced its undergraduate honor rolls for fall semester 2019. The Dean's List includes the 3,643 students earning grade point averages of 3.5 or above for the semester.

Cashmere: Julia Burnham, Entiat: Shae Milne and

Leavenworth: Megan Evans, Petros Platis, Kieran Ringel

Whitworth University

Paying by check?

□ Visa □ Mastercard □ Discover □ AMEX | Check enclosed:

The following undergraduate students have achieved Provost's Honor Roll status for the Fall 2019 semester at Whitworth

University. To be named to the list, undergraduate students must maintain a gradepoint average of 3.75 or better during the semester. Whitworth is a private, liberal arts university affiliated with the Presbyterian church. The university, which has an enrollment of more than 3,000 students, offers more than 100 undergraduate and graduate degree programs.

Aleah Kert, Cashmere, WA

Caitlin Everest, Madeline Schiefelbein, Leavenworth, WA

Katherine Boyd and Laura Waltar, Peshastin, WA

Entertainment / Outdoors

The Washington Outdoors Report

Outdoors round-up

STORY BY JOHN KRUSE

FISHING:

6

Steelhead fishing has been slow this winter throughout the state to include rivers in Southwest Washington and the Olympic Peninsula that usually see good runs this month.

The Skagit River is also not opening this year for a catch and release season due to low numbers of returning fish.

There are some bright spots though. One is the Bogachiel River on the Olympic Peninsula where anglers were averaging over a hatchery steelhead apiece last week.

The Elochoman River near Cathlamet has also been fishing well. Creel checkers contacted 11 anglers there with 12 steelhead.

Another good bet is the Snake River near the mouth of the Grande Ronde where guide Kyle Jones with Jones Sportfishing has been filling out his one hatchery steelhead per client limit on a routine basis.

Marine Area 10 blackmouth salmon fishing has been disappointing since it opened up for anglers in the greater Seattle region of Puget Sound on Jan. 1.

During the weekend of January 11 and 12, creel checkers interviewed 43 anglers and only one of them had a Chinook salmon to show for their efforts. A lack of bait in the area may be to blame.

In Southern Washington, Silver Lake in Cowlitz County, Little Ash Lake in Skamania County and Maryhill Pond in Klickitat County were all stocked with catchable size rainbow trout during the past week.

Lake Roosevelt rainbow trout and Kokanee fishing in Eastern Washington is going strong.

Guides reporting on Northwest Fishing Reports have been showing off good numbers of sizeable trout and Kokanee between Keller and the confluence of the Spokane River the last few weeks, making this the hot spot for quality fishing this month. http://northwestfishingreports.com

HUNTING:

The general waterfowl season closes Jan. 26 for ducks and geese though a few limited hunts will continue into February.

The recent winter storms

have provided very good duck hunting for those willing to venture out if social media posts are any indication.

One bit of advice for waterfowl hunters this time of year... Don't give up too early.

The ducks that fly out to feed at first light may feed a couple of times during the day this time of year and both the patient hunter (and the ones who sleep in) can be rewarded.

WDFW BUDGET:

The Washington Dept. of Fish and Wildlife, which has been chronically underfunded through the general budget for over a decade, is facing a 26-million-dollar shortfall.

Governor Jay Inslee has proposed giving the agency 15 million dollars and making up the rest with increased license fees, a proposal that has met with much resistance by hunters and anglers frustrated by a lack of opportunities and several perceived mismanagement mistakes in recent years.

However, if the agency doesn't get this money, even more cuts will be made to an operation that has been running very lean in recent years. Earlier this week, repre-

sentatives from 45 conservation minded organizations wrote an open letter to state legislators asking that WDFW be fully funded so the agency can accomplish its mission of "preserving, protecting, and perpetuating the state's fish, wildlife, and ecosystems while providing sustainable fish and wildlife recreational and commercial opportunities."

BACKCOUNTRY SAFETY:

The winter storms of the last week in both Washington and Idaho have high-

lighted the danger of both falling trees and avalanches.

Backcountry enthusiasts need to be extremely cautious about both right now and a great resource to check before heading out to play in the snow is the Northwest Avalanche Center which has current condition and forecasts for geographic regions throughout the state. www.nwac.us/ avalanche-forecast/current/

SPORTSMEN'S SHOWS:

The Washington Sportsmen's Show takes place at the State Fair Events Center in Puyallup from Wednesday the 22nd through Sunday the 26th.



Another expanded attraction is the kayak fishing pavilion, reflecting the growth of this niche style of angling.

In addition to this and the hundreds of exhibitors here there will be seminars covering fishing, hunting and survival techniques.

Find out more about the show at *www.thesportshows.com*.

John Kruse – www.northwesternoutdoors.com and www. americaoutdoorsradio.com



STRANGE NEGOTIATIONS

MASON ELLIOTT

Fun time at the Reindeer Farm IceFest weekend



port

Goose hunting closes in most of the state Jan. 26

The Icicle Creek Center for the Arts is excited for the Timbrrr! Music Festival which is coming to Leavenworth on the 24th and 25 of January! In order to kick the weekend off right, we decided to pair with them to screen, *Strange Negotiations*. This film documents the life of the festival's headlining band, Pedro the Lion, lead singer David Bazan!

We are screening this film on Thursday, January 23rd at 7 p.m. in our Snowy Owl Theater.

"A documentary exploring the spiritual, artistic, and personal turmoil of musician David Bazan."



As always, make sure to check out icicle.org for information about events and everything happening on campus. And, make sure to follow us on both Facebook and Instagram for up to date information and what goes on here on campus! We hope to see you soon!







Tourists enjoy a day at the reindeer farm.



Having a special photo opportunity is 2 1/2 year old Isabella Koo from Portland with the favorite cast of the popular play Frozen from left is Kristoff, Anna and Elsa.



7

PUBLISHER'S NOTICE All real estate advertis-

corrections to advertisements on corrections made thereafter. NCW Media Inc. shall not be to the publication of the advertisement in any subsequent issue. No monetary



& FARMS



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questions

FOR RENT

Eagle Creek Cottage Fully furnished \$1200/ month 2 bedrooms, living room, full kitchen 1 bathroom, laundry room, hot tub rent (electric, water,

509-679-8858 Ask for Pat or Ed

HAPPY ADS

*Happy Anniversary



The Cascade School District is seeking

can be found on our website at:

EOE



animal to care for, feed lover and water, 2 times per day, two miniature donfor 3 weeks in keys, March. Brender Canyon, Cashmere. Text or call 509-860-4665 or 679-9916.

the following positions.

Coach Volleyball Coach

ess are available at: www.manson.org



listening skills. These are

for our float pool.



Chelan boards, attend and willing



Classifieds / Public Notices

PUBLIC NOTICES

ADVERTISEMENT FOR BIDS CITY OF LEAVENWORTH WASTEWATER TREATMENT PLANT IMPROVEMENTS

PLANT IMPROVEMENTS PROJECT Separate sealed bids will be re-ceived by the City of Leaven-worth at the City Hall, located at 700 Highway 2 / PO Box 287, Leavenworth, WA 98826, until 2:00 PM, January 29, 2020, and ublicky concord road about at that time. The CONTRACT DOCUMENTS

may be examined at the follow-ing locations.

City of Leavenworth, 700 High-way 2/ PO Box 287, Leaven-worth, WA 98826 (509) (509) 548-5275 Varela & Associates, Inc., 601

W. Mallon Ave Ste A, Spokane, WA 99201 (509) 328-6066 Various plan centers & Associates centers Varela or visit

www.varela-engr.com for list. This work is for construction of improvements to the City

of Leavenworth's wastewater treatment plant. Major elements of work include: new tertiary treatment system for phosphorus reduction consisting of new pre-engineered metal building, flocculation tanks, disc filters, and associated site and electriimprovements: equipment cal including replacements head works screening system, clarifier mechanism. centrifuge sludge dewatering in-vessel UV system system and controls upgrades; process piping, earthwork, site improve-, and associated work. Contract Documents for See project requirements and speci-fications.

The project is located within the City of Leavenworth city limits, rights-of-way and easements. See Bidders Qualifications re-ulticometa is the Did Did quirements in the Bid Documents

nonmandatory PREBID CONFERENCE is scheduled for 10:30 AM on January 9th, 2020 at City of Leavenworth City Hall followed by a site visit. The pur-pose of the conference is to faprospective project and . miliarize bidders the answei questions

Proposals must be submitted on the forms provided in the Contract Documents. Bid bonds in an amount not less than 5% of the amount bid are to be made payable to the City of Leavenworth. 100% perform-Leavenworth. 100% perform-ance and payment bonds will be required from the successful

The City of Leavenworth is an equal opportunity and affirma-tive action employer. Disadvantaged, tribal-, minority-women-owned businesses taged. and encouraged to submit bids. All work performed on this project will be subject to prevailing state wage rates. The project is funded by a grant/ loan from the United States Department of Agriculture Rural Development program.Section 746 of Title VII of the Consolidated Appropria-tions Act of 2017 (Division A -Agriculture, Rural Development, Food and Drug Administration, and Related Agencies Appro-priations Act, 2017) and subse-quent statutes mandating do-mestic preference applies an American Iron and Steel re-American from any oteen re-quirement to this project. All listed iron and steel products used in this project must be pro-duced in the United States. The term "iron and steel products" means the following products made primarily of iron or steel: lined or unlined pipes and fit-tings, manhole covers and other municipal castings, hydrants

PUBLIC NOTICES

ALPINE WATER DISTRICT is accepting contracto for the 2020 Sm currently Small resumes Works Roster. Please list your contact name, emergency contacts, whether or not you would be available within 24 hours for emergency work. Only bonded licensed Contractors with water line installation or repair experi-Ine installation of repair experi-ence need respond to: Alpine Water District P.O Box 109 Cashmere, WA 98815. Published in The Cashmere Valley Record/ The Leavenworth Echo on January 22 and 29, 2020. #87048.

CITY OF LEAVENWORTH NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that the Leavenworth City Coun-cil will hold a public hearing on February 11, 2020 at 6:45 PM in City Hall Council Chambers, US Hwy 2, Leavenworth, the 700 WA to consider a new Leaven-worth Municipal Code Chapter, 3.42 Affordable Housing Grant/Loan. The new chapter was developed to be consistent Housing with RCW 35.21.685 and past City Council resolutions, which provides City grants or loans for affordable housing development or preservation, when meeting specific criteria. Interested citizens are encour-aged to review code amendencourments, comment, and/or attend the public hearing. Copies of the proposed amendments are available at City Hall or elec-tronically by contacting Devel-opment Services within City Hall, phone (509) 548-5275 or email dsmanager@cityofleavendsmanager@cityofleavenworth.com.

Worth.com. Published in The Leavenworth Echo/ Cashmere Valley Record on January 22, 2020. #87095

Glacier Park Budget Fuel East Agreed Order Available for Review and Comment

The Washington Department of The Washington Department of Ecology is providing an opportu-nity for the public to review and comment on the Agreed Order for the Glacier Park Budget Fuel East site, located at 1408 US Highway 2 in Leavenworth.

Ecology is providing the public an opportunity to review and comment on the Agreed Order. A 30-day public comment period will run from January 22, through February 21, 2020 2020 Documents can be reviewed on-line at Ecology's website at https://apps.ecology.wa.gov/gsp /Sitepage.aspx?csid=4234. Documents can also be

reviewed reviewed at Ecology's Regional Office, 1250 West Central Alder St., Union Gap, or at the Leavenworth Public Library, 700 US Highway 2, in Leaven-worth. Please submit your Kyle written to comments Parker, Site Manager, 1250 W. Alder St., Union Gap,

WA 98903 Kyle.Parker@ecy.wa.gov, on-line at http://tcp.ecology.commentinput.com/?id=SuP7M, or call (509) 454-7833 with any questions

If you need this document in a version for the visually impaired call the Toxics Cleanup Pro-gram at 509-454-7838. Persons with hearing loss, call 711 for Washington Relay Service. Persons with a speech disabil-ity, call 877-833-6341. Para asistencia en español:

509-575-2490. Published in The Leavenworth Echo/ Cashmere Valley Record on January 22, 2020. #87045

Chelan-Douglas Regional Port decries 'biased' Douglas PUD rate increase

STORY AND PHOTO BY GARY BEGIN

EAST WENATCHEE --The recently formed Chelan Douglas Regional Port Authority met here Thursday, Jan. 16 in the new community center and enjoyed a full house of local VIP's eager to receive good economic news

In fact, the quarterly lunchtime meetings are called the "Economic Leadership Roundtable" and have been a regular event featured by the Port of Douglas before the merger took place late last year and always underscored growth, projects and economic potential.

This time was different. C-D Regional Port CEO Jim Kuntz told the gathered that the Port is against the proposed raise in electric rates by the Douglas PUD and even handed out a 4-page letter addressed to the Douglas PUD Manager Gary Ivory stating so.

Kuntz made a point to tell the group of about 50 mayors, directors, commissioners and private sector executives that the rate hike had the potential to cripple the tax base, not just for the PUD, but for the entire county as key industries would be negatively impacted, thus causing them to pull up stakes.

Kuntz specifically cited the massive amount of taxes paid by data centers and especially crypto mining of bitcoin which he noted, had its computer systems mounted on easily moveable equipment.

The letter stated that the PUD was violating state law RCW 54.24.080 which prohibits discriminatory practices against "customer classes."



Gary Begin/NCW Media

Chelan-Douglas Director of Economic & Business Development Ron Cridlebaugh, left, and CEO Jim Kuntz explain economic impact notes to the audience of "movers and shakers" during the January 16 Economic Leadership Roundtable in East Wenatchee

Kuntz, and the letter he signed off on, stated the proposed rate structure was to be 0% for residential customers, 16% for general service customers, 71% for data centers and a whopping 180% for crypto mining.

"The Port acknowledges the PUD's need to periodically adjust rates to fund its operations," but the letter states the PUD's excuse for the extreme increase due to higher expenses at its Wells Dam operations does not hold water.

Kuntz's stated purpose of the letter to the PUD was to enlighten that non-profit entity as to the importance of allowing further intergovernmental discussion before the rate increases take place.

The Port wants a "dialogue with the Port and other affected customers." The letter explains that "Effective economic development is a 'team sport' within communities."

Kuntz said about the Port's stance, "We stand ready to work with you and to resolve these matters in an expeditious manner."

"Douglas PUD has been analyzing our loads, resources and capital needs since May 2019. Twenty percent load growth in 2019. almost entirely attributable to block chain and data centers, is not sustainable in the long term. Analysis shows with an additional 50 MW of load, we could be deficit (short on power) six months a year in 2029 and beyond. Due to recent legislation, any purchased power will need to be from non-carbon emitting resources, typically costing more than our Wells power. Also in play is the seismic safety improvements necessary on our East Embankment at the Wells project, estimated to cost \$500M. The proposed rate strategy is necessary to prepare for future capital costs and slow load growth, resulting in lower rates in the long term for our customers," said Douglas PUD Manager Gary Ivory.

Are you getting too much Vitamin E?

Vitamin E is a fat-soluble vitamin that protects your cells by working as an antioxidant. Antioxidants counteract the damage to cells caused by compounds called free radicals produced in your body during metabolism. Free radicals interact with your cells in ways that can lead to cancer, heart disease and stroke, the 3 leading causes of death in America. Research is seeking out ways to reduce the negative effects free radicals have on our cells by discovering how to create fewer free radicals in our body and how to maximize levels of antioxidant compounds available to counteract them. Since vitamin E is an antioxidant, shouldn't taking it help protect your cells and reduce the incidence of cancer, heart disease and stroke? We used to think, "If it won't hurt and might help, why not take it?' Unfortunately, carefully designed clinical studies have clearly shown instead that Vitamin E supplementation DOESN'T provide any clear benefit. In fact, taking at least 400 IU of vitamin E daily can actually increase your risk of death, either by having a stroke caused by bleeding into the brain, or developing prostate cancer. How much vitamin E do you need? The National Institutes for Health (NIH) recommends that adults get 22.5 International Units (IU) of Vitamin E daily. Although most Americans get



supplements contain over 13 times that amount

Recent research has uncovered evidence that the key to the antioxidant potency of vitamin E is the level of gamma-tocopherol in the tissues and blood, not the amount of alphatocopherol. Taking alpha-tocopherol vitamin E actually DECREASES the level of gamma-tocopherol in your body, suppressing vitamin E's potentially beneficial antioxidant action. This may explain why alphatocopherol supplements produced negative instead of positive results in controlled research studies. Vitamin E supplements contain alpha-tocopherol in either its natural form (d-alpha-tocopherol) or synthetic form (dl-alpha tocopherol). Natural vitamin E (d-alphatocopherol) is 1.5 times as potent as its synthetic form (dl-alpha-tocopherol).

affected study participants showed a 25% decrease in the progression of macular degeneration, but those with mild or no AMD did not see any benefit.

Here Are 3 Final Facts **About Vitamin E:** 1. Take an AREDS vitamin supplement if you have age-related macular degeneration. The AREDS formulation is available as PreserVision® AREDS and as Ocuvite[®]. Ask your eye care professional which would be best for you. 2. AVOID taking supplemental vitamin E if you are taking a blood thinner. Vitamin E supplementation of 400 IU or more can cause bleeding problems, especially in people taking blood thinners like warfarin (Coumadin®), Eliquis®, Pradaxa®, Xarelto®, aspirin, and clopidogrel (Plavix[®]). 3. Eat foods rich in vitamin E. The best way to get the antioxidant benefits of vitamin E is to eat plenty of nuts (especially almonds), seeds, and green leafy vegetables such as spinach and broccoli.

anges restraints, valves, structural reinforced precast con-and construction materisteel, crete, The deminimis and minor als. components waiver apply to this contract

contract. The City of Leavenworth re-serves the right to reject any and all bids, to waive technicali-ties, and in its sole judgement, accept the bid which it deems is in its best interest. Additional bid

accept are best interest. Additional bid acceptance and contract award provisions are specified in the Contract Documents. Copies of the CONTRACT DOCUMENTS may be pur-chased at the office of Varela & Associates, Inc., here after re-ferred to as the Issuing Agent, for \$100 per set (non-refund-able, see address above). For additional information regarding this project, contact Daniel Cow-ger, P.E., at Varela & Associ-ates, Inc., at (509) 328-6066 or danielc@varela-engr.com. Published in The Leavenworth Echo/ Cashmere Valley Record on Dec. 11, 2019, and Jan. 15, and 22, 2020. #86799

PUBLIC NOTICES

NOTICE OF STATE'S INTENT TO NEGOTIATE LEASE

Department of Natural Resources will begin negotiation of expir-ing lease with existing lessee on the following parcels. All leases are subject to third party bids by interested parties. Lease terms and bidding information is available by calling the Southeast Re-gion at 1-800-527-3305 or by visiting the Region Office at 713 Bowers Road, Ellensburg, Washington 98926. The leases expire

June 30, 2020. Grazing Lease 10-B59992 All/Part Sec Twp 24N Rge 22.0E ALL 16 Written request to lease must be received by February 24, 2020, at the Department of Natural Resources, 713 Bowers Road,

Ellensburg, Washington 98926. Eitensburg, wasnington 98920. Each request to lease must contain a certified check or money or-der payable to the Department of Natural Resources for the amount of any bonus bid, plus a \$100 deposit. The envelope must be marked "Sealed Bid" and give the lease number, expiration date of lease environment of the restricted to the continuent of the second sec

date of lease applied for, and give the applicant's name. The ap-plicant must be prepared to purchase any improvements that be-long to the current lessee. For details and qualifications to submit a request, contact the Ellensburg office or call 509-925-8510.

HILARY FRANZ, Commissioner of Public Lands

Published in The Cashmere Valley Record/ Leavenworth Echo on January 22, 2020. #87007

only about half that amount from their diet, vitamin E deficiency is rare.

Unlike most vitamins, vitamin E is fat-soluble and needs fat for it to be well absorbed. Eating a very lowfat diet or having a disease that interferes with digestion or absorption of fat such as Crohn's disease or cystic fibrosis can increase your risk of being deficient in vitamin E. Vitamin E deficiency may cause nerve and muscle damage with numbness in your arms and legs, muscle weakness, vision problems and reduced effectiveness of your immune system.

There are actually 2 common forms of vitamin E: alpha-tocopherol and gamma-tocopherol. Vitamin E as alpha-tocopherol exists in higher concentrations in the body than its cousin gamma-tocopherol, and until recently was assumed to be responsible for vitamin E's antioxidant effects.

Vitamin E supplements usually contain alpha-tocopherol, while gammatocopherol is found in foods rich in vitamin E such as nuts, seeds, oils and green leafy vegetables like spinach and broccoli. Most multivitamins include 30 IU of alpha-tocopherol, considered to be 100% of the daily requirement for adults by the NIH, while higher doses such as 400 IU found in

Vitamin E supplements with gamma-tocopherol are now available, but it's too early to know if they can prevent cancer, stroke or heart disease.

Not all the research about vitamin E showed it as the villain. Vitamin E helped people with agerelated macular degeneration (AMD), a common cause of blindness in the elderly. The Age-Related Eye **Disease Study (AREDS)** looked at the effect of a daily supplement consisting of zinc and copper combined with vitamin A, C and 400 IU of vitamin E on the progression of AMD over 5 years. The most severely

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider. com for daily tips on how to take your medicine safely. 2020 Louise Achey





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