

Ask Dr. Louise

Can Zinc help fight the virus?

See page 6



CITY OF LEAVENWORTH

City Council March Roundup

By BILL FORHAN
PUBLISHER

The Leavenworth City Council has been meeting in regular session. Although beginning with the March 24 meeting, council has met through a telephone conference call link. The following summary covers the significant issues of note that transpired at the March meetings.

Affordable Housing

This has been a campaign focus of Mayor Carl Florea. He has since modified that slightly to say he is concerned about workforce housing. This means he wants the city to focus on making sure people who work here can afford to live here.

At the March 10 meeting the council approved a measure to take advantage of a provision in state sales tax law to dedicate .0073 percent of existing sales tax collections for affordable housing in accordance with HB1406. The law requires the funds be used to acquire, build, rehabilitate affordable housing or providing rental assistance to qualified tenants. Qualified recipient are persons whose income is at or below 60 percent of the median income for the city.

Approval of this measure began with Mayor Farivar last September and is supported by Upper Valley MEND.

Expansion of the Mosquito Control District

The area to be annexed into the district is known as the Greater Zelt Strasse area. It includes the area around Safeway, River Bend Drive and KOA. The motion was approved unanimously.

Funding Requests

Council approved funding for Autumn Leaf Festival Association \$30,300, Greater Leavenworth Museum \$14,000 from lodging tax for 2020. They also created some new rules for organizations like Autumn Leaf and the Museum to seek funding support through a Contractual Partnership Agreements going forward.

Bike & Juice Festival was approved for \$1220.90 for insurance. Upper Valley Connections did not specify an amount but requested funding for 2020. These programs are funded through the General fund for youth programs which will have a remaining available balance after the Bike & Juice award of \$2,779.

Whitman Street Paving Project

Council approved a motion to accept the grant from the Transportation Improvement Board for \$285,000 for a pilot project to pave the unimproved pavement on Whitman Street from Woodward Street to Evans Street. Funding and management of the project will be completely provided by the TIB. The city will be required to add \$15,000 to the project in the future for their 5 percent match.

Updates to the Festhalle Facility Policy

Council passed a resolution to update the Festhalle usage policy previously approved in 2013. The updated policy is intended to address issues of discrimination, janitorial services, and equipment rental and linen rates. A separate policy on rules of conduct for use of city facilities is still under consideration.

New equipment purchases authorized

Council approved the purchase of a new lawn mower to replace two aging mowers at a cost of \$7,719. They also approved the purchase of a new John Deere Gator for \$13,399.

Adventure Park Easement Amendment

Council approved a motion to clarify the location of a Mutual Easement previously granted on the Langston Property. The original Easement granted a 40 foot wide right of way for construction of a roadway for ingress and egress and the installation of underground utilities. The exact location of the original Easement was never specifically established. The new owners of the property have surveyed the property and asked that their specific location of the Easement be affirmed by the city. After reviewing legal advice from the city attorney council approved the motion to affirm the exact

SEE CITY COUNCIL MARCH ROUNDUP, PAGE 4

Dylan Morrison Wins Classified Staff of the Year for Cascade School District

By MARLENE FARRELL

As day custodian, Dylan Morrison arrives at Alpine Lakes Elementary School (ALPS) earlier than most; his shift starts at 4:30am. Starting early suits Morrison. "I absolutely love my schedule," he said. "I am definitely a morning person."

One morning in February started a particularly fine day – when he found out he had won the Classified Staff of the Year Award for all of Cascade School District.

"I found out about winning the award from our superintendent, Tracey Beckendorf-Edou," Morrison recalled. "She came to my work room and personally notified me about the award. My initial reaction was surprise and shock. I felt very flattered to be even in the discussion for this award considering I work with so many other phenomenal classified staff here at the District."

Students who get breakfast at school see Morrison as he's finishing setting up the tables. He's a familiar face, a smiling, caring adult who is working hard to keep their building clean.

They see him throughout the day, passing him in the halls, and again later, as he preps and cleans up after lunch.

Getting to know the students is Morrison's favorite part of his job.

"Third through fifth grade is such a fun age group, and I truly enjoy interacting with the students each day. I try to be a healthy male role model even though I am not a teacher. My daughter is a fourth grader here at Alpine Lakes as well, so I love getting to see her every day



Photo courtesy of Dylan Morrison
Morrison with his daughter Blayk, playing in the snow.

at work."

Morrison's other daughter attends Kodiak Cubs Pre-K. "My daughters are the reason I get up and go to work every day. I am extremely proud of both of them, and love that this job affords me so much time to stay involved with their activities, both in and out of school."

Morrison takes his responsibility seriously. As Kenny Renner-Singer, the principal of ALPS said, "Over 20 years I have hired many, many people. His answer to an interview question was the best I have heard. When asked why he wanted to be a custodian he said, 'Being a custodian is a thankless job – it's not glamorous. But it is honorable work. Kids and teachers deserve to learn and teach in a safe, clean environment.' I teared up with that answer."

Teresa Disher, CSD Director of Facilities, de-

scribed Morrison as a perfect fit for ALPS. "Dylan has been with the district for just short of two years now and he continues to be flexible, reliable, friendly and hard working. He is always smiling and approachable – exactly what is needed for students, staff and community," she said.

"His work room is completely filled with drawings from his daughters and others. The students and staff adore him. I admire him because he sets a great example of what an exceptional father is and because he promotes a safe and nurturing environment through his wonderful attitude and cheerful heart."

His admirers include the staff at the bus garage and Special Services office, which he also cleans. "Dylan is by far most thorough custodian we have had cleaning the bus garage in the 14 years I have been here," said Tim Bentz, Transportation Director.

"He is always upbeat and personable and willing to do what is asked if he possibly can. I always know when he's ready to clean my office because he starts whistling outside my door."

Maren Cagle, Administrative Assistant in Special Services, said, "Dylan is fantastic at his job and is so caring. Every once in a while, we'll come in to a fun drawing or a note of encouragement on our whiteboard."

Morrison is weathering this challenging time of school closure.

"Like everyone else, my situation at work continues to evolve from day to day. I have been involved with deep cleaning the buildings but since Governor Inslee's latest order to shelter in place, my hours have been reduced. We have a wonderful facilities department in this district, and I am confident when we are able to resume normal school hours again, the students will be in a clean and safe environment."

When asked if he wanted to add anything, Morrison shared his gratitude for his colleagues at ALPS.

"I would like to thank Teresa Disher and Kenny Renner-Singer for being wonderful bosses! There are so many wonderful classified staff members in this building that I feel deserve this award like Abde Elshafei, Kayte Smith, Heidi Paul, Kathryn Praye and Bri Head. I do my best to follow their examples and hopefully have a positive impact on the students. And thank you to Sonia Davenport, who is truly the heart and soul of Alpine Lakes and keeps us all smiling!"

Cascade Medical Foundation Alters Fundraising Tack in Face of COVID-19

MARLENE FARRELL, COORDINATOR
CASCADE MEDICAL FOUNDATION

Leavenworth – Cascade Medical Foundation (CMF), a nonprofit with an all-volunteer board, raises funds for an annual campaign for important medical equipment to enhance the services of Cascade Medical. CMF does this through a variety of methods, including large and small events.

After observing the evolving COVID-19 crisis, listening to health experts' recommendations, and with much discussion, the CMF board has decided to cancel these events for 2020:

1. **CMF's Charm Walk**, scheduled for May 9-10. Now rescheduled for May 8-9, 2021.
2. **Cascade Golf Classic**, scheduled for June 22nd. Now rescheduled for June 21, 2021.
3. **CMF's Home & Garden Tour**, scheduled for August 29th. Date TBD in 2021.

CMF will continue to pursue its campaign, namely \$121,000 for safety equipment for the three Cascade Medical ambulances. However, in light of the more pressing challenges facing Cascade Medical, our community and our broad network of friends and supporters, this campaign has been converted to a two-year campaign, with hopes of completion in the fall of 2021.

In the meantime, CMF is incredibly grateful to the multitudes of individuals and businesses that have donated in a variety of ways, helping Cascade Medical be as prepared as possible for whatever comes in the following weeks.

For those who would still like to help, please refer to the information on our website: <https://cascademedicalfoundation.org/covid-19-response-relief>

Cascade Medical Foundation is a 501(c)(3) nonprofit whose mission is to enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

During this difficult time support your neighbors

Most local businesses offer curbside service or delivery

Inside The ECHO this week

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www.leavenworthecho.com

COMMUNITY BULLETIN BOARD Local, Regional Community News & Events
Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.
What: Items pertaining to local events that are free or maximum charge of \$100 fee.
Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com
Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com
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For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com

AA Meeting Schedule
Information numbers for AA: 509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379
Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans, Leavenworth
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule: Monday, 7 p.m., United Methodist Church, 418 Evans St.
Celebrate Recovery
Friday, dinner 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene, 111 Ski Hill Drive.
Please contact us for questions. Dave and Nancy Bartholomew 509-596-1510

Notice
Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well.
Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com.
Stay Well!

Community Calendar
Wednesday
Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)
Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)
Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.
Thursday
Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant, President Grant Strober. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)
Leavenworth Lions Club, Kristall's Restaurant, President, Conrad Delury, call or text, 509-387-5051. (1st Thurs. at 6:30 p.m. & 3rd Thurs. at Noon)
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Friday
Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)
Leavenworth Rotary Club, 11:45 a.m. Kristall's Restaurant. President, Ken Grosse. 509-763-2753.
Saturday
No Events Scheduled.
Sunday
See Church schedule.

Senior Center Menus
Leavenworth Senior Center, 423 Evans St., Leavenworth
Senior Centers are closed due to the CORVID 19 Virus.
The meals on this menu will still be available at the Leavenworth Senior Center, but only as a Take-out lunch. You must call 24 hours in advance to have your lunch ready to pick up from the Center. For meal pick up and information call: (509)548-6666.
April 9, Thursday: Spaghetti and meat sauce, Caesar salad, apricots, garlic bread, dessert.
April 10, Friday: Egg salad sandwich, minestrone soup, tossed salad, Oregon berries, dessert.
April 11, Saturday and April 12, Sunday: No lunch.
April 13, Monday: Beef stew, green salad, peaches, biscuit, cereal bars.
April 14, Tuesday: Lemon baked fish, garden rice, glazed carrots, coleslaw, citrus salad, cornbread, dessert.
April 15, Wednesday: Broccoli chicken bake, red potatoes, garden salad, Waldorf salad, focaccia bread, oatmeal cookies.

Senior Center Events
Leavenworth Senior Center, 423 Evans St., Leavenworth
Monday, Wednesday, and Friday 10:00 a.m., Gentle Evening
Tuesday, 9:00 a.m., Leavenworth Senior Center Board meeting
Tuesday, 9:00-10:00 p.m., Crafts
Thursday, 6:00-8:00 p.m., Quilts
Thursday, 6:00-7:00 p.m., Leavenworth Dancing
Friday, 9:00 p.m., Bingo
Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

Monday
Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)
Upper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-0408.
Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)
Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)
Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month).

Sheriff/Fire/EMS
The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

City Council Meetings
7 p.m., Leavenworth Planning Commission at City Hall contact Lilith Vespie, 549-5275. (1st Wed.)
8 a.m., Leavenworth City Council study session, City Hall, 548-5275. (2nd Tues.)
3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)
6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

Tuesday
I.P.I.D. Meeting, 8 a.m., Anthony Jantzter, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)
Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)
Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)
Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.)

Table with 2 columns: Date and Incident Description. Includes dates from March 6 to March 12 and various incident types like Agency assist, Alarm, Suspicious, etc.

Leavenworth Gathering Community News
Hello neighbors, we would like to get some good news out in the papers since we do not have sports, community gatherings or meeting right now because of the COVID-19 virus, but if you have any good news, pictures to share with the community please feel free to email it to reporter@leavenworthecho.com Stay well, stay strong, stay informed. (er 15, 16)

UV M.E.N.D. Food Box Delivery
The Community Cupboard is now open Tuesdays, Wednesdays and Thursdays from 11 a.m.-5 p.m. so that people can come by to receive a food box via curbside pickup. But we also recognize that, for a variety of reasons, people aren't able to leave their homes to come and get food, so we'd like to be able to provide for their food needs as well.
Anyone within the Cascade School District who would like a food box delivered is eligible. If you, or anyone you know, would like to receive a monthly food box please leave a voicemail at the Community Cupboard (509-548-6727) or email bob@uvmend.org and I will get you set up.
Please share this information with anyone you know who might need food delivery in these difficult times. We want to reach as many people as possible who might need this service. (e 14, 15).

GIVE BLOOD, It's A Life Saving Medicine
The Leavenworth Red Cross Blood Drive, will be held at the Church of Jesus Christ of Latter-day Saints, on Thursday, April 9, from 12- 4 p.m. at 10170 Titus Road. All eligible and healthy donors are strongly urged to make an appointment, during this hard time there is a shortage of blood. For information or scheduling an appointment, call 1-800-REDCROSS, (1-800-733-2767). Walk-ins are welcomed. (e 14, 15).

Leavenworth RotaryFest Tickets
Call Rotarian Bill, 670-1837 or 548-5286 or any other Leavenworth Rotarian to purchase a \$10 raffle ticket to win two E-Bikes, (value \$2000). No need to be present to win. New tentative date for RotaryFest will be September, watch for flyers. (er).

PEO Fashion Show and Tea
Due to the uncertainty of how long the COVID-19 Virus will be around, it was best that this year's Fashion Show and Tea that was rescheduled for June 4, will be cancelled until next year. Thank you to all who have already sent in reservations and donations. If you have further questions please call reservations chair Sally at 503-421-2922. (er 15, 16).

Ongoing events
Leavenworth Public Library: 548-7923. Mon., Tues., Wed., open 9 a.m. - 6 p.m. Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m. Closed on weekends and Holidays.
Special events: Tues., 11:30 a.m., Baby story time Wed., 1:30 p.m., Preschool story time
Peshastin Public Library: 548-7821. Closed Sunday and Monday Tuesday: 3-8 p.m. Wednesday: 2-7 p.m. Thursday: 2-7 p.m. Friday: 11 a.m.-4 p.m. Saturday: 12-5 p.m.
Special events: Thurs., 2:30, Bilingual Story time Sat., Crafts: 2 p.m.
Upper Valley Museum: 548-0728
Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish Hatchery Road (Daily).

Regional events
SCORE (small business counseling), 1 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)
Cascade Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

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Obituary

Colonel Michael Warren Moyles USAF, Retired

September 6, 1972 - March 27, 2020 (age 47)

Eagle Scout, in addition to many academic honors, including placing first in state at a Seattle business technology competition.

Following graduation, Mike was awarded a National Air and Space Administration internship at the Smithsonian Institution in Washington, D.C. By fall 1990, he was recruited to the Air Force ROTC program at the University of Portland (Oregon) and entered their electrical engineering program with a minor emphasis in computer science. Upon graduation, he received his active duty commission to the U.S. Air Force and was stationed at Tinker Air Force Base, OK, as a 2nd Lieutenant, where he was involved in writing software for weather satellites.

Mike's career in the Air Force lasted 23 amazing years. He held many titles, which included: Communications System Acquisition Officer and Communications Systems Program Manager both at Scott, AFB, IL; Commander, Mission Systems Flight, 92nd Communications Squadron and Executive Officer, 92nd Operations Group, both at

Fairchild AFB, WA; Commercial Satellite Communications Operational Manager, United States Strategic Command, Offutt AFB, NE; Student, Space Systems Engineering, The Naval Postgraduate School, Monterey, CA; Chief, Force Enhancement Branch, Directorate of Plans and Programs, Headquarters, U.S. Air Force, The Pentagon, Washington, D.C.; Executive Officer, Directorate of Plans and Programs, Headquarters, U.S. Air Force, The Pentagon, Washington, D.C.; Commander, Computer Systems Squadron, Headquarters Air Education and Training Command, Randolph AFB, TX; Deputy Commander, 628 Mission Support Group, Joint Base Charleston, SC; Student, Air War College, Maxwell, AFB, AL; Chief, IT and Mission Services Division, U.S. Northern Command, Peterson, AFB, CO.

Having a successful career was not the only driving force behind Mike. His passion for faith, family and fitness is what he lived for. Mike was most comfortable speaking and teaching. His favorite places to speak were

Officer's Christian Fellowship, Young Life, hosting bible studies, and the many churches that hosted him. If he wasn't speaking, he was reading, learning and writing Bible studies. He could captivate an audience within seconds. He was compassionate, articulate and animated. He always left the audience wanting more.

When he wasn't engaged in a theology discussion or lesson, he could be found exercising. This included running and hiking. He loved the "great outdoors." His wife and daughter would accompany him on many hikes, and stood on the sideline to cheer him on in countless marathons.

He also loved traveling and NCAA basketball. Mike shared his love of Europe with his wife and daughter on a couple of different occasions, where they all fell in love with Switzerland. His

passion for traveling will be carried on by his wife and daughter, as will his passion for all things Duke Blue Devils.

Mike was the most amazing husband, father, son, mentor and friend. He will be sorely missed.

Michael is survived by his wife, Angela Ruth (Birdsong) Moyles and daughter, Elizabeth Kay Moyles of Colorado Springs; mother Julie (LePenske) Moyles of Cashmere, WA; and sister, Kristin Elizabeth Janson, of Elk, WA.

Among the hundreds of tributes received from friends and co-workers, a favorite post from an airman colleague was "climb to glory, Sir!"

A memorial service is planned for a later date. In lieu of flowers donations can be made to the American Brain Tumor Association, Officer's Christian Fellowship, or Woodmen Valley Chapel.

Courageous to the end, Michael left his long battle with brain cancer behind and rose to the welcoming arms of his Heavenly Father, surrounded by the family he loved so well.

Born on September 6, 1972, in Landstuhl Army Hospital to Warren and Julie (LePenske) Moyles, Mike spent his early years traveling through Europe with his family. During his high school years, Mike's family moved to Korea where many adventures awaited him. Mike was active in basketball, soccer, tennis, Tae Kwon Do, community theater, and chapel youth programs. He was an accomplished juggler and often entertained at local orphanages and all-school assemblies. He attained the rank of

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Due to the COVID-19 Virus, to date, most, if not all churches have suspended Saturday and Sunday Worship, Sunday School and-or meetings now through Holy Week and Easter. The churches will notify their parishioners of upcoming services, possibly having online services. If questions, feel free to call the phone number or email the pastor or contact person from the churches listed below. May you take time to rest, meditate and reflect during the upcoming time of Holy Week and Easter.

UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday
10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

CHRIST CENTER
Cashmere Assembly of God • 509-782-2825
Worship Celebration & Sunday School 10 a.m.
Meeting at The Conservatory, back entrance of Apple Annie's
Underground High School Group, Sundays, 6 p.m.
Junior High, Wednesdays, 6:30 p.m.
Meet at - 206 Vine Street
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregation Care Pastor, Joyce Williams
Pastor Ian Ross, Director of Operations
Steffanie Haney, High School Director
christcentercashmere.com

GRACE LUTHERAN CHURCH
Vine & Elberta Streets • 860-0736
Worship 10:30 a.m.
Pastor Robert Gohl

ST. JAMES EPISCOPAL CHURCH
222 Cottage Ave. • 782-1590
Holy Eucharist 9 a.m.
5th Sunday Morning Prayer 9 a.m.
Deacon Carol Forhan - 670-1723
Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6:00 p.m.
Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m. • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

COMMUNITY UNITED METHODIST
418 Evans Street • Leavenworth
509-548-5619 • Rev. Matt Gorman
Sunday service 10 a.m.
www.leavenworthumc.org

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 548-0748
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10:00 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
Rev. Nancy Gradwohl
www.FLCleavenworth.com
FLCLeavenworth@gmail.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11:00 AM
www.leavenworthbaptist.com
info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 9:00 a.m.
Lead Pastor: Andy Dayton
Youth Pastor, Kent Wright
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

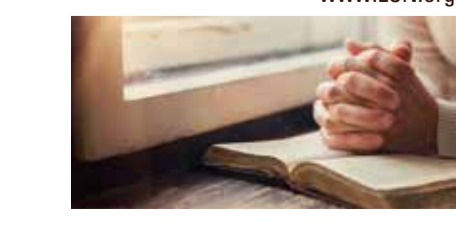
MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Church Service & Sunday School 9:00 a.m.
Pastor Lilia Felicitas - Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

PESHASTIN ASSEMBLY OF GOD
School and Lake St. • 548-7523
Sunday Worship Service 10:30 a.m.
Bible Adventures for kids at 10 a.m. sharp
Pastor Jorge Torres

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth
www.newlifeleavenworth.com



Opinions

The stock market bounces back (a little)

This is a strange time to write about the stock market and the economy.

The only story in the world that matters right now is a medical crisis with life and death ramifications. But, I'm not qualified to talk about the Coronavirus in any way, except for the implications to the stock market and the economy.

So, with deep respect to



BRAD BLACKBURN
Financial Opinion

the humanity of the situation, here goes:

After one of the steepest dives ever, the stock market finally bounced back a little bit. However, the S&P 500 is still down more than 25%, and the Coronavirus is far from history. Even when it finally is history, the global economy will never be the same. That presents both risks and opportunities to investors... and to mankind.

The initial "Coronavirus Stimulus Package" was the spark that helped the stock market calm down.

If there was ever a time for a massive, but temporary, government stimulus - this is it. I was surprised and impressed at the com-

prehensiveness of the package. Much of what Congress put together actually made sense.

Between direct payments to families, beefed-up unemployment insurance, and cheap (and sometimes forgivable) loans for businesses, that should fill enough gaps to keep the economy afloat for a few months.

I sincerely hope that buys us enough time to improve our testing, treatments, ventilators, and everything else we need to manage a "steeper curve."

We can't hold the virus off indefinitely, and we also can't keep showering the country with money indefinitely.

Of course, while massive government spending may save us now, it could also cause significant problems in the future.

As a side note, this crisis sure makes me wish we hadn't been going trillions of dollars deeper into debt every year over the last

decade during the longest economic expansion in history...

But we can't afford to be stingy now, and hopefully by throwing trillions of dollars at this, we can manage to limp through without too much long-term damage.

On the bright side, once we begin to put the Coronavirus behind us, the stage is set for a short-term economic boom.

There will be months of pent-up demand from consumers who've been stuck at home. In addition to that, there's trillions of dollars in government spending, record low interest rates, and the cheapest gas in decades - it will be a great time to spend.

Even if America does make it through all this without any long-term damage, the rest of the world might not be so fortunate.

Not only is America the richest country in the world, but the dollar is also the reserve currency of the world,

which gives us the luxury to print money like no other country on earth.

Very few other countries have the resources to fight this virus as aggressively as we do. Even worse, in many places across the globe, fewer people have the resources to "socially distance" for weeks or months on end. That could make containment much more difficult.

If the Coronavirus ravages the global economy, America will not come away unscathed. In the same way that the rest of the world recovered far less quickly than America after the financial crisis in 2008, the global economy could be a drag on the American economy for years to come.

That may not be the only long-term consequence of all this. Huge swaths of the global economic system will never be the same. Global supply lines will never be the same.

In addition, it's likely that

higher taxes are coming. Further, I think we can expect major changes in our medical system. A successful hospital can't have dozens of beds, nurses, doctors, and ventilators just waiting around for a disaster. However, a successful society can't NOT have those things. We're going to have to bridge that gap - and it won't be easy.

To that end, I hope we can come together over this. It's more clear than ever that politics and a functional government are not a game; there are real life consequences.

Also, I miss my friends, even the ones who are completely wrong. So, some good may come of this. I'm almost sure of it.

Brad Blackburn, CFP®, is the owner of Blackburn Financial, Registered Investment Advisor. Blackburn Financial is located at 121 Cottage Ave, Cashmere. He can be reached at 509-782-2600 or email him at brad@blackburnfinancial.net



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No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@leavenworthecho.com.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

CONTINUED FROM PAGE 1

City Council March Roundup

location of the Easement.

Councilwoman Sharon Waters voted against the measure on the basis that she wanted to recognize many people in the community were opposed to the Adventure Park.

Ratification of Mayor's Proclamation of Emergency

The March 24 City Council session was held through a telephone conference because of Corona virus prohibitions against large public gatherings. The City Council meeting room was open to the public for anyone who might want to participate.

The Emergency Proclamation approved by the council prohibits participation in council meetings except through written submissions e-mailed to the City Clerk or submitted in

written form by mail or delivered to the drop box at City Hall. These comments will be read into the public record during the future meetings.

The resolution provides additional sick leave for employees. It also provides relief to residents by postponing any late fees on utility bills, freezing shut off orders for delinquent accounts and extending senior discount reauthorizations.

For businesses the city is working to readjust billing charges for hotels/motels and restaurants and other tourism businesses whose services are not needed as a result of the closures.

The council is also working with the Chamber of Commerce to adjust advertising activity once the crisis has passed in order to insure that the public is aware the city is

back open for business.

Parking meter contract amendments

The Parking Advisory Committee recommended some changes to the CivicSmart contract to install their system in Leavenworth.

The committee requested that 43 private parking spaces for Cascade Hospital be added to the paid parking plan.

They are concerned that leaving these as the only free parking spaces in the downtown area will make it difficult to for the hospital to enforce and retain those spaces for employee use.

The Parking Committee also requested that sensors be added to the City Hall parking lot and the Pool Lot.

This will make it easier for the city to enforce time limits on those spaces.

Pastor's Corner



By JOYCE WILLIAMS

As we approach the celebration of our risen Savior, I am reminded of my many visits to Israel - particularly to the historical sites of the crucifixion and the garden tomb. Although standing inside that empty stone cave was a moving experience, what struck me most is that it is not at the cross that we celebrate, nor is at the tomb.

Indeed not!

True celebration takes place in our hearts and our homes. It is in offering kind words when we are irritated or anxious. It is in eagerness to serve others when we would rather serve ourselves. It is in voicing trust in God when our world has been turned upside down. It is in remembering that a crisis is God's reminder to reevaluate and realign our priorities. It is in moment-by-moment praise to God for his gift of eternal salvation. Let these words be continually on our lips, for in them we will find strength for today, patience in frustrating circumstances, joy in trials, security in turmoil, and the secret to living in peace and hope: JESUS LIVES!



Finally, the committee asked that the decorative sleeves and bases be added to the contract for the meters.

They believe this is keeping with the enhanced design of other downtown features like the street lamps.

The Council approved the motion after being assured the total adjusted contract costs would not exceed the previously approved "not to exceed" contract of cost of \$600,000.

Memorandum of Understanding on Fish Screens

Council approved a motion to authorize the Mayor

to sign an agreement with Trout Unlimited regarding replacement of 1500 feet of water intake line and replacement of the fish screens on that line.

The new line will replace the existing line on Icicle Creek to provide fish passage through the Boulder Field area. It will also replace the fish screens on the facility. Council had previously approved \$240,000 in funding for the project.

This memorandum protects the city from any unforeseen cost overruns or change orders not related to specific city requests.

ICICLE CREEK THIS WEEK

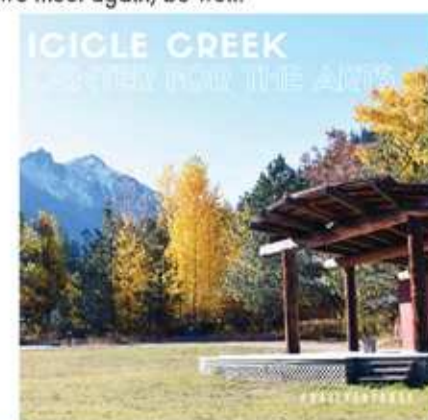
WITH MASON ELLIOTT

For 25 years, Icicle Creek Center for the Arts has been committed to strengthening arts and culture in North Central Washington and we are especially reaffirmed in these challenging and uncertain times. We, like everyone else, are adhering to the recommendations of local and federal officials and are implementing new ways for you to engage in the arts with us in a safe way. Check out our Daily Art Dose emails for fun educational content and posts on Facebook to keep you entertained with the arts, as well as our new blog for fun ideas related to the arts! We also encourage you to continue to check our website for the most current information.

The arts are a key component of the human spirit and although we are practicing social distancing, our social bonds are inherent in the inspiration within our communities. We encourage you to remain connected to family and friends, experience the arts together, even if it is in a virtual setting, and stay engaged in healthy ways.

All of us at ICCA look forward to the many in-person performances, events, and celebrations that will occur once this crisis is behind us as we more deeply appreciate what the arts and culture sector means to our society.

Until we meet again, be well.



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Outdoors

The Washington Outdoors Report



Little Known Federal Lands Are An Outdoors Option

This herd of mule deer were not social distancing on Bureau of Reclamation land in Grant County.

STORY AND PHOTOS BY JOHN KRUSE

Washington has enacted the strongest measures in the nation when it comes to limiting outdoor recreation. Following Governor Jay Inslee's "Stay Home, Stay Healthy" decree, agencies have closed access to all state public lands, boat launches and have even closed recreational fishing.

Several federal agencies, notably the US Forest Service, have closed campgrounds, day use sites and even trailheads at the request of Governor Inslee as well.

It's understandable if you have a serious need to get out of the house and enjoy a dose of nature as a way of coping with the stress of this coronavirus pandemic.

This week I've got a few suggestions about

some places you can go to breath some fresh air while hiking, wildlife watching and maintaining that all important social distance.

My suggestion? Heading to some federal public lands you may not have thought of visiting before. However, let's first talk about limiting your COVID-19 footprint so you don't contribute to the spread of this virus.

Talking to state officials over the last two weeks I've heard a similar message as to what Kelly Susewind, the Director of the Department of Fish and Wildlife, had to say when he announced the postponement of the youth turkey hunting season and early spring bear hunts in Washington: "Every stop for gas, food, or a restroom break can introduce the virus to areas it hasn't yet reached."



Colorful basalt rock formations can be seen at Pacific Lake on BLM land in Lincoln County.

Keep in mind many people show little to no symptoms of having the coronavirus and you might actually be one of those people.

With that in mind, consider making a trip where no stops for gas, food or restroom breaks are necessary before you reach your destination. What destination would that be? This week, we are suggesting Bureau of Land Management lands in Central and Eastern Washington.

Bureau Of Land Management Lands Are Open With Some Restrictions.

Jeff Clark, the Public Affairs Officer for the Spokane District of the Bureau of Land Management (BLM) says, "There's about 425,000 acres of BLM lands in Eastern Washington.

Despite being open, we do support Gov. Inslee's Stay Home-Stay Healthy proclamation so we're hoping people who enjoy our lands right now are not traveling far and that they are following CDC guidelines to stop the spread of COVID-19."

The following BLM Recreation Sites are closed to the public:

- Yakima River Canyon including the Umtanum, Big Pines, Lmuma and Roza Recreation Areas – Kittitas County
- Liberty Recreation Site and Campground – Kittitas County
- Chopaka Lake Campground – Okanogan County
- As of April 2nd, all other BLM lands were open for public use to include the following recreation sites:
- Boundary Dam (water access only) – Pend Oreille County
- Split Rock (at Palmer Lake) – Okanogan County
- Palmer Mountain – Okanogan County
- Lakeview Ranch and Pacific Lake – Lincoln County
- Coffeepot Lake and Twin Lakes – Lincoln County
- Douglas Creek – Douglas County
- Saddle Mountains – Grant County

- Fishtrap Lake and Folsom Farms – Lincoln County
- Hog Canyon Lake – Spokane County

Fishing may not be an option at these places right now but hiking, wildlife watching, and wildflower viewing along with getting some fresh air in some wide-open spaces certainly is. Before you go, check the Oregon/Washington BLM website for coronavirus updates and restrictions www.blm.gov/oregon-washington. In addition to this, maps identifying BLM lands with more information about recreation sites can be found at www.blm.gov/visit. Speaking of fishing, I received some questions about whether you can fish on Colville Tribal Lands right now. The answer is "No". The Colville Tribal Fish and Wildlife Commission closed non-member sport fishing on March 31st until further notice and entry on to the Reservation is restricted for non-members as well.

One other option for outdoor recreation? Bureau of Reclamation Lands. There are thousands of acres of these lands in Washington State, and many are adjacent to waterways. These lands are currently open for access but there is a catch. If the federal reclamation land is managed by a state agency like the Washington Dept. of Fish and Wildlife, the rules of that state agency apply which means no access. On the other hand, if the Bureau of Reclamation Lands are administered independently, you can access them. A good resource to check for this can be found at www.usbr.gov/pn/recreation/index.html and a handy resource for mapping public lands such as BLM and Bureau of Reclamation Lands can be found at <http://publiclands.org/> One other important note. Restrooms (where available) may be locked and there likely is no garbage pick-up at these sites so pack out what you pack in and leave these places pristine for the next visitor.

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Health

Can Zinc help fight the virus?

Zinc is an essential mineral that is essential to many key processes in our body. Zinc helps you synthesize DNA and other essential proteins. It also has a vital role assisting your immune system, in healing wounds, and helping you smell and taste your favorite foods and enjoy the aroma of flowers. Since your body cannot store zinc, you need to get it from your diet. The recommended daily allowance (RDA) of zinc is currently 11mg/day.

Oysters contain the highest concentration of dietary zinc. Other foods high in zinc include red meat and poultry. Crab, lobster, beans, nuts, dairy products, and whole grains are other good sources of zinc.

Zinc deficiency is more common in the elderly. According to one study looking at average daily zinc intake, adding up the zinc in both the diet and any supplements, 20 to 25% of older Americans get less zinc than they need.

You don't have to be elderly to be low in zinc. Vegetarians and people on "water pills" can also be zinc-deficient. When you take a "water pill" or diuretic, along with the extra sodium and water flushed out by the medicine, your body also eliminates more zinc.

Whole grains and beans contain compounds called phytates as well as zinc. Phytates attach to zinc in food and interfere with your ability to absorb it from your gut. Vegetarian diets contain more phytates than typical diets because they contain more whole grains and beans along with less zinc-rich red meat and poultry. Some suggest that people eating a vegetarian diet may need up to 60% more zinc than recommended by the Food and Drug Administration's RDA.

Oral supplements of zinc can treat both zinc deficiency and Wilson disease. Wilson disease is a rare genetic condition in which your body to

be unable to process copper, causing copper to accumulate in your liver and other organs. This causes liver failure and death if not recognized and treated. Oral zinc supplements treat Wilson disease by inhibiting copper absorption.

Zinc stimulates your immune system and inhibits viral replication. This makes it an interesting option in treating viruses like skin warts and the common cold.

One study looking at people who had at least 15 warts and who had failed conventional wart treatments divided them into 2 groups, one group taking oral zinc 10mg/kg (up to 600mg) daily, and the other one taking a placebo. Sixty percent of those taking zinc had no warts left at the end of one month. Within two months, 86% were wart-free, compared with no improvement in the placebo group.

There are about 500 million colds per year in

America, with an average of 2.5 colds per year for most Americans. Can zinc help treat the common cold?

YES! There is evidence proving that zinc supplements shorten the length of a cold and make its symptoms less severe.

The effect is most powerful when starting zinc within the first 24 hours of cold symptoms. You can shorten the length of a cold by an average of one day by taking zinc acetate lozenges containing 13mg of elemental zinc taken up to 6 times daily.

Zinc supplements interfere with the effectiveness of certain antibiotics by attaching to them, decreasing their absorption.

Fluoroquinolones like ciprofloxacin and levofloxacin and tetracyclines like minocycline and doxycycline should be taken at different times than zinc. To avoid a treatment failure by not absorbing the entire dose, you should take zinc at least

Ask...

Dr. Louise



2 hours before or 4 to 6 hours after taking one of these antibiotics.

Here Are 4 Tips on Taking Zinc Supplements:

1. Stock up beforehand. Keep zinc lozenges on hand BEFORE your next cold, so you can start them as soon as you notice cold symptoms.

2. Start as soon as possible. If at all possible, start taking zinc within the first 24 hours of noticing cold symptoms. The longer you wait, the less effective it will be in decreasing the severity and the length of your cold. The recommended dose is one 13mg zinc gluconate lozenge up to 6 times daily for up to 6 days.

3. Don't mix zinc supplements with certain antibiotics. Separate

ciprofloxacin (Cipro®), levofloxacin (Levaquin®), tetracycline and doxycycline from zinc. Take zinc supplements either 2 hours before these antibiotics or 4-6 hours afterward.

4. Space out any iron and zinc supplements. Zinc binds to iron tablets in the gut, preventing you from absorbing the iron. If you are anemic, separate taking iron tablets from zinc by at least 2 hours.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. © 2020 Louise Achey

Neighbors and Chelan PUD work together to protect cultural site

Collaboration leads to moving power lines away from Peshastin Pinnacles

SUBMITTED BY
KIMBERLEE CRAIG

WENATCHEE – Sandstone formations thought to be 46 million years old are gaining additional protection with plans to reroute two Chelan PUD transmission lines around Peshastin Pinnacles State Park. Construction is set to start in May.

The rocks are significant sites in Native American culture. Working together to protect them was paramount as Chelan PUD faced mandated upgrades to the lines that pass through the park.

"Because of the risk of damage to the rock formations, and because as good stewards we must care for the natural resources affected by our operations, we determined rerouting the lines outside the park is the most cost-effective and preferred solution," said Steve Wickel, transmission

engineering manager.

In 2010, new reliability standards required Chelan PUD to assess all of its transmission lines.

Engineers found that the sections in the park needed replacing with taller poles due to inadequate clearance, Wickel said.

Working with members of the Confederated Tribes of the Colville Reservation, state parks officials, other agencies and neighboring landowners, Chelan PUD identified a new route for the taller poles, to run behind and around the park. (See attached map.)

Construction is set to start in May. The first phase will go through July 30, and then pause to reduce traffic during wildfire and harvest seasons. Work will resume Oct. 1 and plans are to finish by Nov. 30. If not finished, work would then resume in May 2021

until finished, Wickel said.

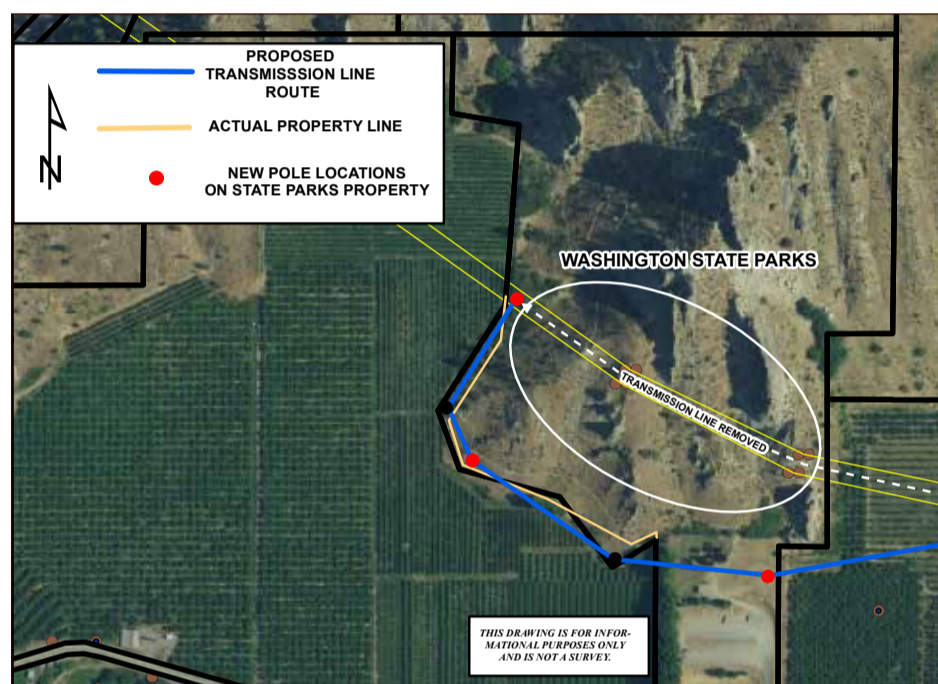
Potelco of Sumner, Wash., will build the 0.8-mile section of high-voltage lines for the \$2.4 million project.

The park, closed now due to COVID-19, will remain closed for the project duration.

Guy Moura, tribal historic preservation officer for the Confederated Tribes of the Colville Reservation, said the tribes and Chelan PUD have developed a good working relationship on this and other projects.

"This is a very significant site, a legendary site for the Colville Confederated Tribes," Moura told PUD commissioners at their meeting earlier this week. He thanked Jennifer Burns, PUD environmental/cultural program manager, in particular for her efforts to protect the pinnacles.

"We appreciate all the



efforts on Jennifer's behalf to protect those rock formations, which really are quite fragile," he said.

The collaboration also was cited by a national cultural preservation group as a key

factor in awarding Chelan PUD the 2019 American Cultural Resources Association (ACRA) Industry Award for its outstanding commitment to protecting cultural resources.

PUD Commissioner Dennis Bolz thanked all the parties involved for "exemplary" effort in working together. "Job well done," Bolz said. "Thank you very much to everyone on your efforts."



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- The best places to stay
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- The best local activities

A supplement to the Leavenworth Echo

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq, 108 1st Ave South, Suite 202 Seattle, WA 98104 TS No.: WA-19-872410-RM APN No.: 222005935145 16802 Title Order No.: 8760211 Reference Number of Deed of Trust: Instrument No. 2313770 Parcel Number(s): 222005935145; 16802 Grantor(s) for Recording Purposes under RCW 65.04.015: RICHARD E. DICKSON AND MARGIE J. DICKSON, HUSBAND AND WIFE Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Bank of America, N.A Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Reverse Mortgage Solutions, Inc. I. NOTICE IS HEREBY GIVEN THAT Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 5/8/2020, at 10:00 AM At the main entrance to the Chelan County Courthouse, located at 350 Orondo St. Wenatchee, WA sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from Federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, ALL THAT CERTAIN LAND SITUATED IN THE STATE OF WASHINGTON, COUNTY OF CHELAN, CITY OF WENATCHEE, DESCRIBED AS FOLLOWS: LOT 4, BLOCK 3, WESTPARK ADDITION, CHELAN COUNTY, WASHINGTON, ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 5 OF PLATS, PAGE 44. More commonly known as: 403 N MARILYN AVE, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 10/21/2009, recorded 10/30/2009, under Instrument No. 2313770 records of CHELAN County, Washington, from RICHARD E. DICKSON AND MARGIE J. DICKSON, HUSBAND AND WIFE, as grantor(s), to NORTHWEST TRUSTEE SERVICES, INC., as original trustee, to secure an obligation in favor of BANK OF AMERICA, N.A., A NATIONAL BANKING ASSOCIATION, as original beneficiary, the beneficial interest in which was subsequently assigned to Bank of America, N.A, the Beneficiary, under an assignment recorded under Auditors File Number 2489463 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: BORROWER(S) HAVE DIED AND THE PROPERTY IS NOT THE PRINCIPAL RESIDENCE OF AT LEAST ONE SURVIVING BORROWER AND, AS A RESULT, ALL SUMS DUE UNDER THE NOTE HAVE BECOME DUE AND PAYABLE. IV. The total sum owing on the obligation secured by the Deed of Trust is: the principal sum of \$147,249.21, together with interest as provided in the Note, Deed of Trust, or other instrument secured from 10/21/2009 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 5/8/2020. The default(s) referred to in Paragraph III must be cured before this sale date (if curable) to cause a discontinuance of the sale. The sale will be discontinued and terminated if the default as set forth in Paragraph III is cured. For monetary defaults, payments must be in cash or with cashiers or certified checks from a State or Federally chartered bank. The sale may also be terminated any time before the sale date set forth in this Paragraph if the Borrower, Grantor or holder of any recorded junior lien or encumbrance pays the entire principal and interest, plus costs, charges, fees and advances, if any, made pursuant to the terms of the Note, Deed of Trust and/or other instrument secured, and cures all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower and Grantor at the following address(es): NAME RICHARD E. DICKSON, MARGIE J. DICKSON, Reggie C Owens, Tommie J Owens, Juanita R Jaceks, Cecilia M Hernandez ADDRESS 403 N MARILYN AVE, WENATCHEE, WA 98801 by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. These requirements were completed as of 11/26/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor, and all those who hold by, through or under the Grantor, of all their interest in the above-described property, IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's Sale. X. NOTICE TO OCCUPANTS OR TENANTS – The Purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the Deed of Trust (the owner) and anyone having an interest junior to the Deed of Trust, including occupants who are not tenants. After the 20th day following the sale the Purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the Purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE OF YOUR HOME. In the event the property secured by the Deed of Trust is owner-occupied residential real property, you may be eligible for mediation; you have only 20 DAYS from the recording date of this Notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or website: http://www.dfi.wa.gov/consumers/homeownership/post-purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National website: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington: http://www.hud.gov/offices/hsg/slh/hcc/index.cfm?webListAction=search&searchstate=WA&filterSvc=dlc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or website: http://mjustice.org/what-clear If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The Purchaser shall have no further recourse against the Borrower, Grantor, Trustee, Beneficiary, Beneficiary's Agent, or Beneficiary's Attorney. Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note-holders rights against the real property only. The Trustee's Sale Number is WA-19-872410-RM. Dated: 12/27/2019 Quality Loan Service Corp. of Washington, as Trustee By: Maria Montana, Assistant Secretary Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-872410-RM Sale Line: 918-939-0772 or Login to: http://wa.qualityloan.com IDSPub #0159408 4/8/2020 4/29/2020. Published in the Cashmere Valley Record/ The Leavenworth Echo on April 8, 29, 2020. #86926.

PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN NO. 20-2-00073-04 SUMMONS
ROBISON ESTATE, LLC, a Washington limited liability company,
 Plaintiff,
 vs.
THE HEIRS AND DEVISEES OF CALVIN RICHARDSON, deceased; THE HEIRS AND DEVISEES OF ELLA RICHARDSON, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN, claiming any right, title, estate, lien or interest in the real estate described in the complaint herein,
 Defendants.
STATE OF WASHINGTON TO: THE HEIRS AND DEVISEES OF CALVIN RICHARDSON, deceased; THE HEIRS AND DEVISEES OF ELLA RICHARDSON, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN:
 You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 1st day of April, 2020, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Robison Estate, LLC, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Michelle A. Green, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.
 Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named.
 DATED this 24th day of March, 2020.
JEFFERS, DANIELSON, SONN & AYLWARD, P.S.
 By
MICHELLE A. GREEN,
 WSBA # 40077
 Attorneys for Plaintiff
 PO Box 1688
 Wenatchee, WA 98807-1688
 (509) 662-3685 / (509) 662-2452
 Published in The Cashmere Valley Record/ Leavenworth Echo on April 1, 8, 15, 22, 29, and May 6, 2020. #87570

DETERMINATION OF NONSIGNIFICANCE

Description of proposal: Comprehensive System Water Plan update. The purpose of the Water System Comprehensive Plan is to analyze the City's water system, identify improvements for the City's capital improvement program, meet current regulatory drinking water regulations, and ensure existing and future customers are provided with a safe and reliable supply of drinking water and fire protection.
 Key updated elements and requirements addressed by the plan include Water Demands, Policies and Design Criteria, Water Source and Quality, Water System Analyses, Operation and Maintenance, Water System Improvements and a Financial Program.
 The Washington State Department of Health (DOH) requires that the Water System Comprehensive Plan be updated every six years.
 Proponent: City of Cashmere
 Location of proposal, including street address, if any: incorporated areas of City of Cashmere and unincorporated areas of Chelan County Urban Growth Area (UGA). The location is primarily in Township 23N and 24 N, Range 19E.
 Lead agency: City of Cashmere
 The lead agency for this proposal has determined that it does not have a probable significant adverse impact on the environment. An environmental impact statement (EIS) is not required under RCW 43.21C.030(2)(c). This decision was made after review of a completed environmental checklist and other information on file with the lead agency. This information is available to the public on request.
 This DNS is issued under 197-11-340(2); the lead agency will not act on this proposal for 15 days from the date below. Comments must be submitted by April 23, 2020.
 Responsible official: Steve Croci, Director of Operations
 Email: steve@cityofcashmere.org
 Phone: 509-782-3513
 Address: 101 Woodring Street, Cashmere, WA 98815
 Published in The Cashmere Valley Record/ Leavenworth Echo on April 8, 2020. #87623

PUBLIC NOTICES

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN
 In the Matter of the Estate of: **MICHAEL L. STRUTZEL**
 Deceased
 NO. 20-4-00086-04
PROBATE NOTICE TO CREDITORS
 RCW 11.40.030
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in

PUBLIC NOTICES

RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's pro-

PUBLIC NOTICES

bate and nonprobate assets.
 Date of First Publication: March 25, 2020
 Personal Representative: **Sondra K. Strutzel**
 Attorney for Personal Representative: **Steve D. Smith**
 Address for Mailing of Service: 617 Washington Street Wenatchee, WA 98801 (509) 662-3551
SONDRA K. STRUTZEL
 Personal Representative
DAVIS, ARNEIL LAW FIRM, LLP
 Attorneys for Estate
 By: **STEVE D. SMITH**
 WSBA #16613
 Published in The Leavenworth Echo/ Cashmere Valley Record on March 25 and April 1, 8, 2020. #87562.

Spring cleaning for spring allergies: 6 steps from the experts



BPT photo
When you spring clean to remove allergens, you can breathe easier plus enjoy a sparkling home.

BPT - As days grow longer and new blooms appear, it can only mean one thing: Spring is here and with it comes the task of spring cleaning. For people with allergies, spring cleaning does more than spruce up a home. When done correctly, it removes dust, mold, dander and other allergy triggers so you can feel your best.
 "There are specific things you can do while cleaning that can dramatically improve allergy symptoms," says Dr. J. Allen Meadows, allergist and president of the American College of Allergy, Asthma and Immunology. "When you spring clean to remove allergens, you can breathe easier plus enjoy a sparkling home."
 Meadows and the experts at ACAAI recommend these steps when cleaning for allergies. Before you begin, keep in mind that when you clean you come in contact with many allergens. You may want to take allergy medication beforehand and if your allergy is severe, consider wearing an N95 filter mask while dusting or scrubbing.
Step 1: Dust thoroughly
 Dust all surfaces in your home with a damp rag or microfiber cloth made for cleaning. Avoid using any kind of duster that simply kicks dust into the air. Additionally, clean vents and return registers to limit dust recirculating and finish by wet mopping tile and other hard flooring. Don't neglect the area under the beds, which can get dusty and should be cleaned of-

ten. Eliminating dust helps your home shine and also removes some of the most notorious indoor allergy triggers.
Step 2: Clean carpets
 Start by moving all furniture off the carpet. Then vacuum well with a cyclonic vacuum, which spins dust and dirt away floor, or a vacuum with a HEPA (high efficiency particulate air) filter. Meadows does not advise shampooing carpet, because it can cause dust mite eggs to hatch. If you are using diluted bleach and water solution for spot treatments or to kill mold, make sure someone other than the allergy sufferer does the cleaning because bleach can trigger asthma.
Step 3: Clean window treatments
 Window treatments like curtains and valances can be a magnet for dust and pollen yet are often ignored when it comes to cleaning. This spring, make sure to follow the manufacturer's recommendations and wash or dry clean window treatments. Remember, opening windows allows pollen and other allergens into your home, so during peak allergy season keep them closed, and whenever possible, use air conditioning in your car and home.
Step 4: Wash bedding
 Wash sheets, pillowcases and blankets in water that is at least 130 degrees F. This temperature kills dust mites and effectively removes allergens. If bedding can't be washed at this hot temperature, place items in the dryer

for at least 15 minutes at 130 degrees or above. For children with allergies, do the same with their stuffed animals.
Step 5: Replace a ir filters
 At the start of every season change the air filter in your furnace. This helps the HVAC system run efficiently while also filtering out air particles -including allergens - to keep your home's air as clean as possible. Consider setting an alarm for every three months as a reminder and use filters with a MERV rating of 11 or 12. This is also a good time to clean the drip pans in appliances like the refrigerator.
Step 6. Control humidity
 Bathrooms, basements and tiled spaces are prone to mold, so spring is a good time to deep clean. A bleach cleaner works well to eliminate mold or make your own by mixing borax and water. Next, help prevent mold from developing through moisture control. Always run bathroom fans when bathing or showering, clean up any standing water immediately and use a dehumidifier if needed to keep humidity below 60%.
 "Spring cleaning is a great step in allergy control," says Meadows. "However, if you continue to suffer from allergy or asthma symptoms, see a board-certified allergist to help you control your symptoms and live the life you want. You can find an allergist near you at acaai.org/locate-an-allergist."

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