THE LEAVENWORTH An NCW Media Publication



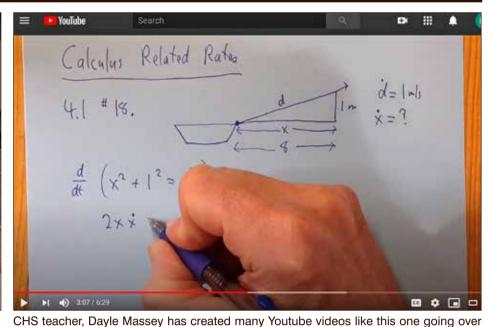
APRIL 22, 2020 • VOLUME 121, No. 17

UPPER VALLEY NEWS SINCE 1904

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CSD made Wi-Fi hotspots available to students at picnic tables outside every school.



calculus and physics problems for his students to view.

Teaching in the time of Coronavirus

BY MARLENE FARRELL

Before the COVID-19 outbreak and subsequent closure of schools, teachers in Cascade School District (CSD) had familiarity with some online platforms, like Teams and Remind, but now many rely heavily on them, as well as Zoom for virtual meetings and Canvas for uploading assignments and homework.

"Teachers have been pro-

vided some training, and, all of a sudden, it's become foundational to the way they interact," said Superintendent Tracey Beckendorf-

When schools closed, teachers everywhere had to devise a plan in mere days. "Staff share files with each other in order to provide transparency, support and alignment. We're learning

this new reality, and we still have some bumps in the road around communication," acknowledged Beckendorf-Edou.

Continuous learning looks different at each age level, with upper grades utilizing online tools the most. For K through second grade students, Beckendorf-Edou said, "We are choosing how to communicate with to provide the foundation of

parents and students in our learning through physical materials. We're doing a combination of online and paper packets at the third through fifth grade levels to support students who may not have internet."

Fifth grade teacher Andrea Nilles hosts virtual lessons in math, English language arts and social studies each weekday morning. "Our afternoon session is used for remediation or enrichment," Nilles said. "We also use Zoom to foster community such as sharing our pets, introducing family members, sharing a piece of art, anything that provides connections."

Without full participation, the gap in learning between students might grow large over the coming our morning Zoom lessons each day, with another 10% responding to Teams posts or emails," Nilles admitted. Teachers and support staff, however, are calling and emailing students who are absent from online session-



Cascade School District Tracey Beckendorf-Edou

sto help resolve issues.

It's noteworthy that CSD 65%-70% of my students on inventory of laptop computers over the past few years.

In response to the pandemic, the district quickly got those into the hands of students. At last count, 262 laptops went home with students and a few staff. The next challenge lies with

helping students who have inadequate internet service weeks. "I get anywhere from has accumulated a large be able to see and fulfill assignments.

> "We have picnic tables outside our school buildings where they can access Wi-Fi while still respecting social distancing," said Beckendorf-Edou. This represents

> > SEE **TEACHING TIME** ON PAGE 5

What is meant by "Continuous Learning?"

The Office of the Superintendent of will vary. Some are feeling very alone, and Public Instruction (OSPI), which guides all school districts in Washington State, explains on its website,

"The term 'continuous learning' means establishing and maintaining connections with students and families to provide learning materials and supports using a variety of modalities (e.g., email, phone, printed learning materials, and available online platforms).'

The OSPI created a Continuous Learning 2020 guiding publication with information and resources for administrators and teachers. It states: "The needs of students for supports from schools during this time

outreach from educators will help them feel connected. Some may need assistance with shelter, food, or other needs; and contact from educators may be critical in order to coordinate the necessary school and community supports.

"What schools and communities will need during this time in order to meet both basic and learning needs will also vary - flexibility and communication are key. In order for educators to collaborate and plan ways to meet student learning needs and support student well-being, districts must ensure educator needs are also being met.

SEE CONTINUOUS LEARNING ON PAGE 5

More testing, new visitor restrictions, some funding arrives **Cascade Medical update**

SUBMITTED BY RACHEL HANSEN CM MEDIA

LEAVENWORTH - As of April 17, Cascade Medical has sent 82 tests for COVID-19. So far, 76 results were negative, and four are pending. Two positive results were announced March 24.

We are still seeing a steady number of respiratory patients, an average of three per day. We've set up a treatment area separate from everyday medical care as a safety

We received more testing kits from Chelan-Douglas Public Health last week, which will allow us to test more people who have symptoms associated with COVID-19 (fever, staff whole through the end of June. dry cough and difficulty breathing)

Cascade Medical offers two kinds of tests, one for severeCOVID-19 cases, and one for patients who have symptoms but don't need to be admitted into the hospital. We're continuing to search for more testing kits.

Increasing testing capacity is a high priority.

The Financial Impact

The COVID-19 pandemic presents a tough challenge for hospitals. Expenses have increased, while at the same time, manypreventative and non-urgent services had to be postponed.

At Cascade Medical, we anticipate a \$1 million shortfall in revenue from mid-March to May 1. We received \$400,000 from the federal CARES act, which will help.

Our Board of Commissioners held a special meeting Tuesday (4/21) to approve participation in a Federal paycheck protection program that will allow us to keep our

For the long-term sustainability, we're working on funding opportunities. We have plans to reopen services in tandem with state Department of Health guidelines. In the meantime, we launched a new telehealth program that allows patients to visit with their primary care team, including teletherapy with

Psychologist Maxwell Moholy. **New Visitor and Guest Restrictions**

To ensure the safety of our patients and staff, Cascade Medicalwilllimit the number of visitors and guests who accompany our patients during the COVID-19 outbreak.

Beginning April 8, patients may have one support person toaccompany themduringa scheduled appointment oremergency visit at Cascade Medical

Every patient and guest entering our facility will be questioned regarding symptoms of fever, cough or shortness of breath. Anyone with these symptoms will be referred to a triage nurse for further evaluation. Please call ahead if you suspect you may have COVID-19, and we will arrange for treatment in a way that limits the spread of disease.

For the safety of our inpatients staying in the hospital, we request that visitors stay home until further notice. Visitors will only be



allowed under certain circumstances. Read more about exceptions to visitor restrictions at cascademedical.org.

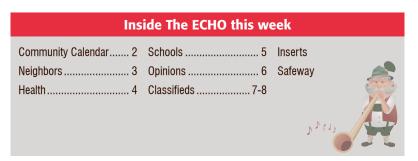
Cascade Medical is a nonprofit, community-owned, critical access hospital that delivers extraordinary healthcare by taking more time with each patient and their families. Centered around primary care, the medical center also provides lab and screening services; physical, occupational and speech therapy; ambulance service; emergency and acute care, and inpatient rehabilitation.



During this difficult time support your neighbors

Most local businesses offer curbside service or delivery









COMMUNITY **BULLETIN BOARD**

Regional Community News & **Events**

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number. What: Items pertaining to local events that are free or maximum charge of \$100 fee. Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Another way to advertise your News & Events

Go to: www.NCWMARKET.COM · 24/7 Choose your category and pay for Print & Online at one time For more information on any of these items. 509-548-5286

or classifieds@leavenworthecho.com

AA Meeting Schedule

Information numbers for AA:

The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946

The phone number to call for the Zoom link to Leavenworth AlAnon meetings is 509-548-7939

509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St. Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans, Leavenworth Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain Information number for Alanon: 509-548-7939

Alanon Meeting Schedule: Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

Friday, dinner 5:30 p.m., meeting 6:15 p.m. Leavenworth Church of the Nazarene, 111 Ski Hill Drive.

Please contact us for questions. Dave and Nancy Bartholomew 509-596-1510

Community Calendar

Church of the Nazarene, 548-5292.

Wednesday

Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)

Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.) Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant, President Grant Strobner. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)

Leavenworth Lions Club, Kristall's Restaurant, President, Conrad Delury, call or text, 509-387-5051. (1st Thurs. at 6:30 p.m. & 3rd Thurs.at Noon) Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)

Leavenworth Rotary Club, 11:45 a.m. Kristall's Restaurant. President, Ken Grosse. 509-763-2753.

Saturday

No Events Scheduled.

Sunday

See Church schedule.

Monday

Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086.

Upper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon, of the month. Contact Upper Valley MEND, 548-0408.

Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247, (2nd & 4th Mon.)

Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month)

Tuesday

I.P.I.D. Meeting, 8 a.m., Anthony Jantzer, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)

Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)

Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)

Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.) Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library.

Call Kathy Springer, 509-433-1345. (3rd Tues.) Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office, Call Ken West, 670-1729.

LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477.

Leavenworth Masons, 7:30 a.m.. Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.) Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.).

Ongoing events

Leavenworth Public Library: 548-7923.

Mon., Tues., Wed., open 9 a.m. - 6 p.m. Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m. Closed on weekends and Holidays.

Special events: Tues., 11:30 a.m., Baby story time

Wed., 1:30 p.m., Preschool story time Peshastin Public Library: 548-7821.

Closed Sunday and Monday Tuesday: 3-8 p.m.

Wednesday: 2-7 p.m.

Thursday: 2-7 p.m.

Friday: 11 a.m.-4 p.m.

Saturday: 12-5 p.m. Special events: Thurs., 2:30, Bilingual Story time

Sat., Crafts: 2 p.m. Upper Valley Museum: 548-0728

Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish

Hatchery Road (Daily)

Regional events

SCORE (small business counseling), 1 - 4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)

Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee, 509-436-1601.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

leavenworthecho.com

Notice

Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well!

City Council Meetings

7 p.m., Leavenworth Planning Commission at City Hall

contact Lilith Vespier, 549-5275. (1st Wed.)

8 a.m., Leavenworth City Council study session, City Hall, 548-5275. (2nd Tues.)

3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)

6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

Sheriff/Fire/EMS



The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

Leavenworth

April 10

10:34 Scam, 12177 W. Shugart 12:03 Civil, 8333 River View Flats Rd.

10:55 Civil, 8333 River View 12:25 Public assist, Chiwawa Rd., Peshastin

Rd., Peshastin

12:05 Property, 990 US Hwy. 15:16 Miscellaneous, 900 Main St. 2, Park & Ride

14:00 Public assist, 9753 Nibbelink Rd., Peshastin 15:35 Public assist, 34491 US

Hwy. 2, Stevens Pass 17:18 Public assist, 4804 US

Hwy. 97, Peshastin 18:58 Welfare check, 27710

White River Rd. 20:31 Trespass, 9556 E. 21:16 Miscellaneous, 8835 Leavenworth Rd.

Mountain Home Rd.

April 11

Lake Wenatchee

07:38 Civil, 8333 River View Rd., Peshastin

10:27 Disturbance, 12386 Shore St.

13:36 Weapons violation, 143

Amas Pl., Peshastin 13:38 Alarm, 15470 Cedar Brae Rd., Lake Wenatchee

15:01 Suspicious, 817 Commercial St. 16:39 Civil, 49 Fox Hollow Rd.

16:49 Weapons violation, 16993 Camp 12 Rd., Plain

18:17 Agency assist, 17458 US 16:37 Harass/threat, 3300 US Hwy. 2, Nason Creek

April 12

04:30 Noise, 116 River Bend Dr., Safeway

06:44 Parking/abandon, 12398 Hill St., Plain

06:56 Agency assist, 8494 Peshastin Mill Rd., Peshastin

09:45 Theft, Little Weantchee 08:53 911, 18451 Camp 112 River, Lake Wenatchee

11:55 Welfare check, 8333 09:50 Miscellaneous, 23336 River View Rd., Peshastin

Leavenworth Rd.

Edelweiss

Mountain Country Corner 14:56 Agency assist, 85 Wedge 14:29 Scam, 12310 Village View Ln.

15:30 Weapons violation, 200 17:56 Domestic disturbance, Joseph St., #201

15:45 Domestic disturbance, 22126 Appaloosa Ln., Plain

16:16 Traffic offense, 15255 US Hwy. 2, Coles Corner 17:21 Agency assist, 9501

Jeske Rd., Big Y Park 17:58 Suspicious, 12300 Ingalls Creek Rd.

19:21 Juvenile problem, 11734 US Hwy., 2 20:52 Trespass, Chiwawa Loop

April 13

Wenatchee

09:33 Miscellaneous, 2265 Pine Tree Rd., Lake 18:53 Civil, 125 W. Whitman

11:35 Alarm, 23379 Lake Wenatchee Hwy.

11:41 911, 1 Yodelin Pl., Stevens

Rd., Peshastin

River Rd. 12:01 Civil, 8333 River View 13:15 Trespass, 817 Commercial

> 17:24 911, 1 Yodelin Pl., Stevens 18:04 Animal problem, 8903

Deadman Hill Rd., Dryden 18:23 Traffic offense, SR 207, MP 3, Lake Wenatchee 20:17 Miscellaneous, 2265

Pine Tree Rd., Lake Wenatchee

23:10 Suspicious, 9345 21:32 Suicide threat, 8912 Motel Rd., Dryden

April 14

02:01 Noise, 16888 Fir Dr., 09:36 Disturbance, 700 Pine St. 10:53 Parking/abandon, US Hwy. 97, MP 175, Peshastin

10:53 Burglary, 3800 Camas

Creek Rd., Peshastin 11:57 Miscellaneous, 274 Scholze St.

12:10 Public assist, 11566 River Bend Dr.

12:20 Alarm, 20678 Miracle Mile, Lake Wenatchee 12:47 Public assist, 100 Ski Blick Strasse

15:24 Noise, 123 W. Whitman St., #B

Hwy. 97 #21, Peshastin 16:44 Weapons violation, 16865 Fir Dr., Lake Wenatchee 17:50 Welfare check, 216 Park

20:21 Property, 3005 Memory Ln., Lake Wenatchee

Rd., Plain

Lake Wenatchee Hwy.

14:12 Noise, 9894 E. 12:34 911, 3672 Cottonwood Ln., Peshastin 14:37 Alarm, 843 Front St., 13:33 Agency assist, 819 Front

St., 2B 14:37 Alarm, 843 Front St., 13:35 Welfare check, 585 US Hwy., 2, Icicle 76

> View Dr. 4637 US Hwy. 97, Peshastin

April 16

08:00 Public assist, 9600 Blk. Mountain Home Rd.

08:21 Welfare check, 325 Division St., #204

10:25 Burglary, 12300 Chumstick Hwy. 12:47 Burglary, 905

Commercial St. Rd., MP 5, Lake Wenatchee 13:03 Disturbance, 15190 Martin Christensen 14:09 Miscellaneous, 920 US

Hwy. 2, 76 Station 01:14 Noise, 16888 Fir Dr., Lake 15:21 Suspicious, 10699 Fox Rd. 15:36 Harass/threat, 123 W. Whitman St., #B

St., #A

Senior Center Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth

Currently the Leavenworth Senior Center is closed due to the COVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, for take-out and home delivery meals. For meal pick up and information call the Kitchen Staff at the Senior Center between 9 a.m. and 1 p.m. weekdays at (509) 548-6666 or email *Leavenworthseniors@gmail.com*.

April 23, Thursday: Tuna casserole, peas and carrots, garden salad,

blueberries, whole wheat roll, dessert. April 24, Friday: Honey mustard chicken, rice pilaf, mixed vegetables, coleslaw, tropical fruit, whole wheat roll, dessert. April 25, Saturday and April 26, Sunday: No lunch.

April 27, Monday: Sweet and sour meatballs, garden rice, Oriental vegetables, broccoli salad, Mandarin oranges, egg roll, dessert. April 28, Tuesday: White bean chicken chili, spinach salad,

peaches, tortilla chips, corn bread, dessert. April 29, Wednesday: Fish and chips, coleslaw, fruit tray, cheesy garlic toast, oatmeal cookies.

Senior Center Events

Leavenworth Senior Center, 423 Evans St., Leavenworth Monday, Wednesday, and Friday 10:00 a.m., G Tuesday, 9:00 a.m., Leavenwor Friday, o:00 p.m., Bingo

Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

Leavenworth

Gathering Community News

Hello neighbors, we would like to get some good news out in the papers since we do not have sports, community gatherings or meeting right now because of the COVID-19 virus, but if you have any good news, pictures to share with the community please feel free to email it to or reporter@leavenworthecho.com Stay well, stay strong, stay informed. (er 15, 16)

Leavenworth RotaryFest Tickets

Call Rotarian Bill, 670-1837 or 548-5286 or any other Leavenworth Rotarian to purchase a \$10 raffle ticket to win two E-Bikes, (value \$2000). No need to be present to win. New tentative date for RotaryFest will be September, watch for flyers. (er).

Write On The River Jumpstart a new writing project or work on a current one via Zoom. You can find all the connecting instruction you need on our website, www.writeontheriver.org. Visit our website to become a member for workshop discounts, social events and free webinars like: "Quick Write for Insight", with

Susan Lagsdin on April 23, 7:30 - 8:45 p.m. and "The Art of Submitting," with Lorna Rose-Hahn on April 25, 10 -11:15 a.m. For more information, call Susan Lagsdin at 509-884-1941 or silagsdin@yahoo.com.

Children's Book Reading

by Barbara deRubertis Join us via Facebook Live Feed from Mountain Meadows Senior Living, to hear local author, Barbara deRubertis, read A through Z of her Animal Antics book series. Beginning Sunday, April 19, there will be two readings each week on Sunday and Wednesday mornings 10-10:30 a.m. Each reading will have a link to follow for you to expand on the letter being shared that day. To access this reading, Search Facebook for Mountain Meadows Senior Living and scroll

down to their live feed.

Regional The April 16 Cascadia Conservation District Regular Board Meeting was cancelled. A call-in only Special Board Meeting will be held on Friday, April 24 at 1:30 pm. More information and instructions will be available on our web site

at cascadiacd.org or by calling the District at 436-1601. North Central Regional Library

While the libraries are closed, North Central Regional Library has added some new online features to bring the library to more people. Sign up for the eCard and find online resources at www.ncrl.org, and check out videos and other information on the North Central Regional Library Facebook and Instagram sites. New content is being posted daily. Designated times when people can either live-chat online or call library staff to get answers to questions and help using online resources. Live-chat for general questions is available at ncrl.org weekdays from 9-11 a.m., and phone support for online resources is available by calling 509-888-8155 weekdays from 1-3 p.m.

The Dryden and Chelan transfer stations

Open to the general public on only Fridays and Saturdays, regular hours on both days. Hours vary at the two transfer stations. Hours are posted on our website: www.co.chelan. wa.us/solid-waste-management/pages/transfer-stations.

Use of credit card service is encouraged. Due to a smaller staff, please bring only general household waste, no furniture and large loads at this time. The drop-off brush sites at both transfer stations are closed at this time. Please use the brush site at Stemilt Organic Recycling Center at www.facebook. com/SORCWenatchee/





Wills (509) 662-1211



We provide excellent legal services in assisting our clients with the preparation and completion of their Wills.



Cascade Fire Department Chief Kelly O'Brien and his assistant, Stephanie Kuch accept delivery of 150 masks.

ommunity Cupboard

hrift/Food Bank/Emergency Services

A program of

Upper Valley MEND

Please help us meet our needs by donating the following items:

Cereal • Juice • Canned Fruit • Cooking Oil • Eggs • Meats • Chili • Soup

Kindly bring donations to our sorting center. Open: 11 a.m. - 5 p.m. Mon. - Sat.

219 - 14th St. Leavenworth • 509-548-6727 Thank you for your support and

Meeting Each Need with Dignity - M.E.N.D.



Retired General Mike Worden rallies his Rotary Club troops and volunteers to make face shields for hospitals and first responders in North Central Washington.



Rotarians pack the masks and ship them to area hospitals.

STUMPS

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Leavenworth Rotary manufactures face masks

There is a need for face shields in Central Washington. Thanks to the work being done by Leavenworth Rotary and some local volunteers.

One hundred masks have been given to Cascade Medical, 150 to 3 local fire districts and they plan to distribute a minimum of 210 masks to small north

central Washington hos- and with their exposure son, has a computer that pitals/clinics by Monday. to patients, I cannot say cuts a Mylar face shield Confluence Hospital in no to their help," says Mike every minute, we attach Wenatchee has requested 200.

three nurses have joined the Rotarians to help construct and deliver the

"They want to get their wards equipped and are very committed to this,

Worden.

Coupled with my family Since the effort began and neighbors' commitment and a new streamlined and simplified production process, we are on track to construct all of the masks with no additional

My son-in-law, Tom Mun- mailed by Monday.

a pre-cut thick, forehead pad to the top of the Mylar shield and then tie an elastic band to holes on the top of each side of the shield. Assembly takes about 20-30 seconds per shield.

Worden expects to have all orders easily filled and













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Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.



UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m. Pastor Lilia Felicitas - Malana

CHRIST CENTER

Cashmere Assembly of God • 509-782-2825 Worship Services are available ONLINE ONLY at 10 a.m. Sundays All updates on COVID-19 can be found at christcentercashmere.com/cc-updates Underground High School Group, ONLINE ONLY at 6 p.m. Sundays CHRISTCENTER Lead Pastor, Steve Haney Children's Paster, Andy Robinson Congregation Care Pastor, Joyce Williams

Director of Operations, Pastor Ian Ross High School Director, Steffanie Haney

GRACE LUTHERAN CHURCH Vine & Elberta Streets • 860-0736

Worship 10:30 a.m. Pastor Robert Gohl ST. JAMES EPISCOPAL CHURCH

222 Cottage Ave. • 782-1590 Holy Eucharist 9 a.m. 5th Sunday Morning Prayer 9 a.m. Deacon Carol Forhan - 670-1723 Vicar Rob Gohl - Cell - 860-0736

EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m.

Evening Service - 6:00 p.m. Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m.

Pastor Steve Bergland MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James www.cmbiblechurch.org



COMMUNITY UNITED METHODIST 418 Evans Street . Leavenworth 509-548-5619 • Rev. Matt Gorman Sunday service 10 a.m.

www.leavenworthumc.org CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 548-0748

Meetings: Sunday - 10:00 a.m.

Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745

Sunday Worship: 11:00 AM Website: www.leavenworthbaptist.com info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292

Sunday Worship 9:00 a.m. Lead Pastor. Andy Dayton Youth Pastor, Kent Wright www.LCN.org





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Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

Health

Help to Relieve Dry Eyes

Due to the COVID-19 coronavirus, I wear a surgical mask every minute while at work, putting in on as I step out of my car into the clinic parking lot and keeping it on until I am safely in my car on my way home.

The only time we are allowed to remove our masks during our day is when eating or drinking.

After hours of exhaling into my surgical mask, my eyes get tired and feel like they have little bits of sand in them.

A common cause of dry eye is exposure to windy, dusty, or smoky conditions.

Another trigger is taking medicines that interfere with making saliva and tear fluids, especially bladder control medicines, older antihistamines, antidepressants, and heart medicines.

Tears help keep eyes healthy by keeping the surface of your eye moist, lubricating the inside of your eyelids, and helping wash dust and foreign objects away.

We make about 1ml (onequarter teaspoonful) of tion that you suspect may tears every day.

While most tear fluid evaporates directly from your eye, excess moisture can drain out through little holes in the inner corners of your eye called punc-

Some diseases like Sjogren's syndrome cause dry mouth as well as dry eyes.

Parkinson's disease can cause you to blink less frequently, reducing the lubricating effect of your

Bell's palsy is a temporary paralysis of the face, often affecting eye muscles and can prevent an eye from closing all the way, allowing more tear fluid to evaporate.

Some strategies that can help relieve dry eye include keeping yourself hydrated, increasing the humidity of your environment, eliminating medications that are causing discomfort, taking Omega-3 fatty acids, and using eye lubricant drops and ointments.

be causing your eyes to be dry, contact your doctor and ask if you can either have a trial off of it or switch to another medicine.

Avoid dry, dusty conditions, and consider using a humidifier.

People who wear protective face masks may notice that their glasses fog up when they breathe out.

To keep that to a minimum, when wearing a surgical mask, put it on so that the metal strip is across the

Pinch that strip in so that the metal edge hugs your nose and upper cheeks.

This helps direct your exhaling breaths out through the sides of your mask instead of the top, preventing your glasses from getting fogged up.

After I had LASIK surgery 20 years ago to correct my vision, they told me that I would probably need eye drops for the rest of my life.

After carrying around a bottle of eye drops every-

If you are on a medica- where, I tried taking fish oil with Omega-3 fatty acids, which worked great and was far more convenient. Fish oil and flaxseed are good sources of Omega-3 fatty acids.

When choosing an eye drop for dry eye, consider how much lubrication you

The more viscous the eye drop, the more lubricating it is, but also the more clumpy residue they will leave on your eyelashes.

Most eye drops contain a preservative to discourage infections. Those that don't are sold in single-use containers and are significantly more expensive.

During the years that I wore contact lenses, I developed a sensitivity to two common preservatives used in contact lens solutions and lubricating eye drops: benzalkonium chloride and parabens.

"Disappearing preservatives" are now widely available, which break apart when they come in contact with tear fluid.

Ask...



I find eye ointments very soothing, but because they make my vision blurry, I only use them at bedtime.

Here are 7 Tips to Help Relieve Dry Eye Symp-

Hydrate and humid-•ify your surroundings. Make sure you drink enough water and avoid dry and dusty conditions. Consider using a humidifier indoors.

Check your doc-Check your meditor about your dry eye symptoms and ask if any of your medications could be the cause.

Try Omega-3 fatty ac-•ids. Fish oil, flaxseed, and other Omega-3 supplements may relieve dry eye symptoms.

Use just one drop. 4. Adding more than one eye drop at a time only forces the extra out of your

eye, wasting it.

Keep it clean. Always • wash your hands before using eye drops, and keep uncapped tips from touching any surfaces.

6. Choose eye drops with disappearing preservatives. Disappearing preservatives are much less irritating than benzalkonium chloride, EDTA, or parabens.

7 Consider using eye ointment at bedtime. Bedtime is the best time to use eye ointment because it blurs your vision.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider. com for daily tips on how to take your medicine safely.

® 2020 Louise Achey

WE'RE PROTECTING OUR COMMUNITIES FROM Coronavirus

Stay Home - Stay Healthy - Stay Safe:

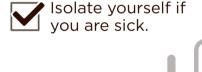


Monitor daily for fever, cough, and shortness of breath.









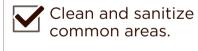


Wash your hands frequently with soap and water.



Use a 60% alcohol-based hand sanitizer if soap and water is not available.







Please help in protecting everyone:

- If you have a cough, fever, or shortness of breath, please stay home.
- Stay 6 feet away from others if you are out in public.
- · If you are at high risk for • Wash/sanitize hands often.



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Schools

Wi-Fi Access Points in Cascade School District

SUBMITTED BY JULIE WINTERS DISTRICT ASSESSMENT COORDINATOR

Cascade School District has issued hundreds of laptops home to students in order to help students access remote learning during the extended school building closure. The continuous learning model includes many modalities of learning, including online, telephone, and paper packet support. Nevertheless, the online portion is important, not only for instruction, but also to give students access to teachers and to other students via virtual communities and exchanges.

Cascade School District is very large geographically, and extends upwards to Stevens Pass, Blewett Pass, and includes the communities of Plain, Lake Wenatchee, Merritt, Peshastin, Dryden and Leavenworth. Cascade has made Wi-Fi available outside of each school building in Leavenworth, Peshastin and Plain.

Cascade School District would like to thank LocalTel, InvestED, 59er Diner, the Ponderosa Community Club, the ValleyHi Community Club, the Cascade Education Foundation, and Take a Break Café for their support in providing Wi-Fi to students in the ValleyHi, Ponderosa, Cole's Corner and Dryden communities. In all cases, students must respect social distancing guidelines when using Wi-Fi access points.

LocalTel Communications has been

locally owned and serving homes and to students. businesses in the Columbia Basin since 1982. They graciously set up a Wi-Fi access point in the ValleyHi Park by working with the ValleyHi Community Club.

LocalTel installed equipment in order to be able to provide twenty free vouchers for students to access the internet for 70 days with a download speed of 6000 Kbps, upload speed of 1000 Knps, and byte quota of 75000 Mbytes. Dimitri Mandelis, President of LocalTel Communications said, "We're happy to help during this time."

InvestED is a nonprofit dedicated to impacting the lives of students in need. InvestED is partnering with schools across Washington State, including Cascade School District, through allocating funds based on the student population size and percentage of students who qualify for free and reduced lunch. Cascade School District received \$553 from InvestED and used that money alongside funding from the Cascade Education Foundation to purchase an AT&T hotspot, which was just installed at the Dryden Softball Field. Another hotspot will be installed at Take a Break Café in Dryden.

The 59er Diner and the Ponderosa Community Club have also generously allowed students to access Wi-Fi at their locations in Cole's Corner and Plain, respectively. Please see cascadesd.org for a comprehensive list of Wi-Fi access points available

Cascade School District would also like to thank North Central Educational Service District (NCESD) Technology Department, the Cascade School District Technology and Facilities Departments, and parent volunteer Kevin Farrell for their hard work in bringing Wi-Fi access

As Cascade Superintendent Dr. Tracey

Beckendorf-Edou commented, "Cascade School District is a mountainous district with many students who live in remote

Every student deserves a great education, and this team effort will allow more students to have more access, not only to continuous learning, but also to support from the great Cascade staff and classmates."

CONTINUED FROM PAGE I

Teaching in the time of Coronavirus

part of the district's plan to build more hotspots for students to access a strong signal. Currently there are twelve locations with a few more on the way.

Teachers have put in long hours redesigning curriculum.

Molly Ravits teaches Integrated Physics and Chemistry and Biology at CHS, and when asked what she needed to redesign, Ravits said, "Literally everything. As a science teacher, I depend on labs to help students learn concepts. I also depend on daily collaboration and discourse between students."

Students and teachers alike are learning on the fly what works and what doesn't.

"Teaching biomolecules and cellular respiration has been easier than I thought, but teaching molecular bonding and chemical reactions has been difficult," said Ravits.

Dayle Massey teaches only college credit math and science classes, and thus faces unique challenges. "I had to fill out forms to ensure the universities that I had a plan to adequately cover the required curriculum and maintain rigor," said Massey.

Massey is a fan of some of the technology. "Remind is nice, because you don't need internet access to use it; it can be done completely with regular cell phone reception, using no or minimal data," Massey said.

He also creates short Youtube videos to go over basic concepts and show how to solve example problems.

However, online teaching of complex concepts doesn't match the classroom teaching. "Sometimes it will take us an hour or more to thoroughly solve a single math or physics problem in class due to questions." That simply can't be recreated

Teachers are taking it week by week, and look toward next year with mixed emotions.

"Teenagers are resilient and really good at adapting and learning," said Ravits. "So, I'm hopeful they'll help us all heal!"

"This shutdown will have an effect on academics, but I'm not going to worry about that right now," said Nilles. "I just want these kids to feel connected, empowered and loved."

While the staff at CSD are making the most of this difficult situation, many would agree with Massey, who said, "Online instruction can work, but it's a poor substitute for the faceto-face rapport that is so important for motivation and learning."

CONTINUED FROM PAGE I

What is meant by "Continuous Learning?"

"Districts will consider what tools, resources, and technologies students can access or if they have access at all. To meaningfully access learning opportunities, some students will need additional supports and accommodations...

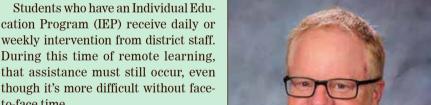
"Equity barriers should not prevent schools from offering educational pro- student population.

grams and these exceptional circumstances may affect how all educational and related services and supports are provided."

Thus, the State's mandate expects and allows for some flexibility of interpretation from district to district, as they address the needs of their specific







Special Education During

School Closures

weekly intervention from district staff. During this time of remote learning, that assistance must still occur, even though it's more difficult without faceto-face time. Brett Johnson, CSD's Director of

Special Education, along with the extensive support staff of the district, has now reached out to every IEP student's family. They've been going down the list and madephone calls, sent emails and Remind texts and held Zoom meetings. Johnson has been on conferences calls

through the North Central Education Service District (NCESD), which covers Chelan, Grant, Douglas and Okanogan Counties. "We're ahead of some other places," he said. Cascade has a smaller population size, making it nimbler to be able to reach out to every single student.

Also, its proactive approach to the "continuous learning" directive, has meant staff have a better understanding of how students are doing and what their needs are. Special education teachers are en-

couraging time for artistic pursuits and life skills like cooking while students are home.

They share Youtube videos of reading aloud. For elementary students, there are grade level small sessions that meet weekly. For all the outreach, there's not 100% engagement.



Brett Johnson, Director of Special Education for Cascade School District

Johnson noted that when it became clear that school would not be resuming this spring, the district noticed a bump up in interest in services requested, including breakfast and lunch drop offs, number of borrowed computers and education involvement.

However, after the scheduled spring break, teachers have observed a dip in engagement as demonstrated by lower Zoom meeting attendance and assignments coming in late. Expectations are hard to enforce; motivation is hard to instill.

Additionally, staff are trying to be sensitive to the fact that this is a stressful time for all right now, given health and safety concerns and the financial stress that many are facing.

North Central Regional Library

MICHELLE MCNIEL COMMUNICATIONS MANAGER

While its libraries are closed, North Central Regional Library has added some new online features to bring the library to more people.

Some of the new and expanded services include: • A new eCard for people

who live in North Central Washington but can't go to a library right now to get a physical library card. The eCard grants access to all of NCRL's online resources, including ebooks, audiobooks, digital magazines, streaming services for TV shows, movies, and music, language learning sites, and digital access to newspapers including the New York Times and Seattle

· Increased numbers of ebooks, eaudiobooks, music, and movies that can be borrowed or streamed at one time.

• Designated times when people can either live-chat online or call library staff to get answers to questions

sources. Live-chat for general questions is available at ncrl.org weekdays from 9-11a.m., and phone support for online resources is available by calling 509-888-8155 weekdays from 1-3p.m.

• Sharing story time videos, DIY STEM projects, readers advisory, health and wellness information, homeschool ideas, and other online resources on social media and their website.

"We are absolutely committed to continuing to support our communities, even with our facilities closed to the public," said NCRL Executive Director Barbara Walters.

"Our digital resources are always available, and we are continuing to expand these services and make them easier to access for everyone."

Sign up for the eCard and find online resources at www.ncrl.org, and check out videos and other information on the North Central Regional Library Facebook and Instagram

and help using online re-sites. New content is being posted daily.

> A team of library staff are working from their homes during the "Stay Home, Stay Healthy" order to create new digital content. For example, bilingual outreach and children's services staff are making story time videos, and STEM librarians are posting ideas for projects that can be done with items found around the home. Staff are also posting information on how to keep your book club active, howto videos for navigating online resources, weekly tips and resources, and even some ideas for engaging teens. Check NCRL's website and Facebook page daily for new ideas!

"I am so impressed with the dedication, creativity, and hard work that our library staff has been demonstrating in service to our communities under these difficult and rapidlychanging circumstances," Walters added. "If it can be done, it's being planned and being done."

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> Dr. Miranda Raiche, Physician Dr. Maxwell Moholy, Clinical Psychologist





Opinions

Market experts agree: Stay the course

Despite the free fall of stock values in recent weeks, several local Wenatchee New York Stock Exchange (NYSE) experts agree - long term, stocks will recover, so "stay the course."

The Market has survived all previous epidemics and pandemics over the last four decades, according to any measure.

Coronavirus has crippled the professional sports industry, Ford, Chrysler, GM production has been halted, Town Toyota Center, Numerica and many other local venues have canceled or postponed events for the foreseeable future.

The financial experts NCW Media has spoken to are reluctant to give their names or their company's names as not every organization wants to be libel should this history of structural integrity reverse itself and some litigious Market losers try to sue them.

At the end of February,



GARY BÉGIN Managing Editor

Robert J. Shiller, a Nobel Prize winning economist said, "The notion of a pandemic is pretty scary to people, and they're going to hunker down and ... that suggests a very small impact on the market."

Shiller, who predicted the 2000 market collapse and the housing crisis that led to the Great Recession, says he believes there's a less than 50 percent chance of a recession next year.

Since 1980, the world has experienced HIV/AIDS (1980s), Pneumonic Plague (1994), SARS (2003), Avian (bird) Flu (2006), Dengue Fever (2006), H1N1 (Swine Flu) (2009), Cholera (2010), MERS (2013), Ebola (2014), the self-fulfilling effect of

Measles (2014), Zika virus ensuring that prices fall levels. At that point, the (2016) and Measles again

Out of all of these diseases, only the first listed, HIV/ AIDS in the 1980s, showed a dip in the Market (-16.5%) over a 12-month period and that negative showing wasn't repeated until the first Measles outbreak in 2014 where the Market only fell -0.7% over 12 months.

Over these last 40 years, the average price return over 12 months was 13.6% with a high of 36% during the Swine Flu of 2009.

The lowest positive gain over a 12 month period was in 2010 during the Cholera outbreak where the return was a paltry 5.6%.

"Just as the market can

become overwhelmed with greed, it can also succumb to fear. When stocks suffer large losses for a sustained period, investors can collectively become fearful of further losses, so they start to sell. This, of course, has further," according to Investopedia as written on its website in January.

All of this turmoil begs the simple question: Should I buy stocks when market crashes?

"During a stock market crash, almost everything heads lower. ... Buy stocks with staying power while they're undervalued. If you're interested in a long term buy-and-hold strategy, a stock market crash can be especially helpful. Not only is everything on sale, but you can find value stocks with staying power," states usnews.com in an article entitled "5 Reasons a Market Crash is the perfect time to buy" - in "the smarter mutual fund investor."

Another question: Why the market is crashing?

"Crashes generally occur at the end of an extended bull market. That's when irrational exuberance or greed has driven stock prices to unsustainable

prices are above the real worth of the companies as measured by earnings. The price-to-earnings ratio is higher than the historical averages," states thebalance.com.

As always, if you are reading this, your specific stock position should be analyzed by a professional financial advisor.

This brief article is not meant as financial advice, but as a news article about statistics over the last 40 years and opinions since the Coronavirus outbreak that began in January and has led up to a national emergency as declared by President Trump.

Treasury Secretary Steve Mnuchin stated last week the unemployment rate may reach 20 percent until this emergency is under control.

Governor Jay Inslee has ordered all restaurants and bars closed.

Two hospital ships are information.

being deployed, one for each coast, to decrease the burden on hospitals that are trying to cope with the pandemic and "everyday" patient care, which will be sent to the ships.

President Trump stated emphatically in a half dozen news conferences over a span of at least a week, that the market and the economy will rebound and reach even higher levels than it already has before the Coronavirus outbreak.

The Canadian and American governments have agreed to close the borders to all non-essential traffic.

Most airlines have sharply curtailed service and cruise ships have also canceled most cruises.

Government offices and schools, for the most part, have closed or gone to skeleton staffing.

This health and economic crisis is in an everchanging state of flux so for the most up to date health information, contact any of the websites in the side bar for up-the-minute

PUD Commissioners Postpone Rate Increases

Kimberlee Craig

WENATCHEE – Chelan County PUD commissioners on Monday unanimously voted to delay for six months the adopted rate increase that was scheduled

to go into effect on June 1.

The action means residential electric, water and wastewater rates stay the same until Dec. 1, 2020. The wholesale fiber rate increase also is postponed for six months. The PUD also extended no shutoffs of utility service and waiving late fees through the end of July 2020.

cial setbacks are encouraged to call the PUD to make payment arrangements. Residential customers also can apply with Community Action for help from federal aid.

PUD Helping Hand funds from customer donations also can help individuals, said John Stoll, Customer Utilities managing director.

Staff members reported that a large number of individuals and small businesses are suffering economic harm as a result of COVID-19.

State and federal aid is on the way, but response

Power Belt of the Great Northwest, we

should have keen interest in the re-ne-

gotiation of the Columbia River Treaty.

to our Northwest economy and especial-

ly to Chelan County P.U.D. ratepayers. Keepers of the Buckle need eyes and

ears focused on the U.S. State Depart-

The agreement with Canada is crucial

may take time due to high demand, said Andrew Grassell, energy development and conservation manager.

The PUD's policy of no cutoffs or late fees should help people who are waiting for the federal assistance to arrive.

The PUD is considering whether to expand assistance for individuals. The Helping Hand account for residential customers is well-funded, but more funds may be needed, or the PUD may need to set up an alternative account using District funds.

The PUD also is consider-Customers facing finan- ing whether to initiate a financial assistance program for commercial businesses.

"We have a long road ahead of us and talking about what we can do as a utility in Chelan County to work with customerowners in the best way we can," said Commissioner Randy Smith.

Board members agreed that potential actions should focus on making an impactful and meaningful difference to community members in need while ensuring fair access across the county.

New programs must be within the PUD's legal au-

LETTER TO THE EDITOR

As constituents of the Buckle of the ment negotiations with the Canadians.

thority, maintain a commitment to the adopted financial metrics and be implemented at a time that makes a difference they

Commissioners encouraged further exploration of:

- A program to support small business impacted by COVID-19
- Increasing the Helping Hand program scope, or developing a new program to help more individuals facing hardships from CO-VID-19

"I think we're moving in the right direction," said Commissioner Dennis Bolz.

"Ultimately, we want to identify the nexus of what we're allowed to do with what we need to do."

Senior managers also reported on key projects that may not get done due to the COVID-19 response.

Among those are developing technology roadmaps called for in the strategic plan and increasing hydro system reliability by returning more units to service.

Work in dam powerhouses is four to six weeks behind schedule, said Kirk Hudson, Generation and Transmission managing director.

If you care, here is the State Depart-

ment website: www.state.gov/columbia-

river-treaty or call Doug Walker, U. S.

State Department.

Joe Bissonnette

Tell him we're watching.

Cashmere, Washington

The technology roadmap project is delayed because it involves staff across the District, who are now responding to pandemic issues, said Kelly Boyd, chief

financial/risk officer.

Public Power Benefit fiber expansion also is paused as crews focus on keeping the core network running to meet increased use as many customers work from home and students must do schoolwork online, said Mike Coleman, Fiber and Telecom managing director.

Senior managers noted that with many PUD employees working at home or on staggered shifts there is essential utility services available and reliable.

In a related report, commissioners heard that power use in the county has declined up to 12 percent since early March when the governor put the "stay home/stay healthy" order in place.

In other business, commissioners:

Heard that financial •markets have stabilized, offering the opportunity to secure savings on financing costs by issuing low-cost bonds as authorized by commissioners on March 30.

Heather Irelan, lead treasury analyst reported that an impact on productivity the PUD's strong finances nology Center, 285 Technoleven as employees keep earned the new issue AA+

ratings from both S&P and Fitch.

Chelan PUD is one of the top-rated customer-owned utilities in the nation. Local residents interested in purchasing bonds can find details on the Finance page of the PUD's website.

- $2^{
 m .}$ Received an update .on permits needed for construction of the new Service Center in Olds Station. Dan Frazier, District Services director, also showed concept drawings for possible trail connections, Wenatchee River access and an interpretive site nearby.
- **?** Rescheduled the board • workshop to 9 a.m. on May 13 at Confluence Techogy Way.



We all need to be reminded to say "Thank you" to all those in the front lines working to keep us safe and healthy, in everyday health and now especially during this time of the COVID-19 Virus.

Nurses Week is May 6-12

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Publisher NCW Media, Inc PO Box 39 Leavenworth, WA 98826 or email to Publisher@



leavenworthecho.com



The Cascade School District is seeking qualified applicants for the following position:

 Icicle River Middle School Bilingual Secretary starting 2020-2021 school year

Fast Track application process and information can be found on our website at:

www.cascadesed.org EOE



STATEPOINT CROSSWORD

THEME: MOTHER'S DAY

ACROSS "Ali Baba and the Forty

Schools of thought Sound of artillery

. Without illumination

*Tracee Ellis Ross on TV

28. Like Charles Dickens' Tim 30. Quarantine state 35. *Egyptian goddess of fertility 37. Insane, in Spain

39. Mother or daughter, in Italy 40. *Biblical Rebecca's son

14. Car nut

16. Nosey one 17. Kind of trip?

18. Lasso loop 19. *Little Women's mom

23. o'shanter 24. Quitter's word

24. Quitter's word 25. Like a fiddle?

41. Online reviews

Research facil Fisherman's decoys

Furniture wood

48. End of the road, pl.

50. Blatant promotion 52. Swedish shag rug

*Mother's mom

65. *Bambi's mom

67. Fancy tie 69. Less than fernier

61. *She fought for Mother's Day, then

53. Yours and mi 55. Little squirt

46. Daytime entertainment

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ferred, but not required. Criminal background check will be required, as will pre-employment drug Random testing. druc testing throughout the employment period occur. Applicants have a valid WA maν must State Driver's License.

Applications and job description are available at cityofbrewsterwashington.org, by calling (509) 689-3464, or picking up at Brewster City Hall. Applications accepted

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at noon **Quad City Herald** Your ad will appear

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PUZZLE SOLUTION

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4 7 2 5 9 8 1 6 3	4	7	2	5	9	8	1	6	3

DOWN

1. Kitchen meas. 2. Stay out of its way!

24. One-eyed giants
25. *She played Forrest Gump's mother
26. May edition, e.g.
27. *Worn atop the Queen Mother

73. Galley equipment

72. Fairies 74. Feed the fire

Pelvic parts

Tennis great Chris
 Particular arrangement

6. Away from wind 7. *Mother's favorite gift? 8. Ancient marketplace

11. Sushi restaurant sour

9. Part of a scheme 10. No neatnik

12. One-pot meal

15. Like the States 20. *One of the Gilmore girls 22. Hill dweller

29. Denials

32. Private 33. "Take it back!" 34. *Mother in KrakÛw

36. Lard cousin

49. Bottom line

60. *Mums' mums

October birthstone

51. Kind of ungulate, pl. 54. Where you'll find AM

56. Living room centerpiece? 57. Gamecock's spur

58. *Greek goddess of fertility 59. Bald eagle's nest

63. Puppet precursor, possibly 66. *Female gametes 68. CafÈ alternative

Opposite of cheer International Civil Aviation Org.

42. Plural of sputum

SOLUTION

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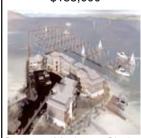
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Public Notices

CITY OF LEAVENWORTH On the 14th day of April, 2020, the City Council of the City of Leavenworth, Washington passed the following ordinance. A summary of the contents pro-

vides as follows Ordinance 1611: An ordinance of the City of Leavenworth, WA, amending certain revenue and expenditure appropriations in the 2019-2020 budget and ordinance #1579 for the City of

Leavenworth. A copy of the full text of the ordinance is available at Leaven-worth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Di-rector/ City Clerk, City of Leav-enworth, PO Box 287, Leaven-

worth, WA 98826.
Published in The
Echo/Cashmere Valley
April 22, 2020. #87648 Leavenworth Record on

'Notice of Intent" Icicle & Peshastin Irrigation
Districts
(P.O. Box 371) 5594 Wescott
Dr. Cashmere, Washington
98815-0371

will be applying Copper Sulfate to their canals to remove algae to their canals to remove algae and other aquatic vegetation starting as early as May 1, 2020 with the possibility of repeat treatments as often as every other week through Sept 15th 2020. For specific dates and locations of treatments please follow us on Facebook. Questions should be directed to the district manager at 782-2561 or DOE Central Regional Office at (509)454-7298. Published in The Leavenworth Published in The Echo/Cashmere Valley April 22, 2020. #87649 The

Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of ROBERT MILES,

Deceased
NO. 20-4-00094-04
PROBATE NOTICE TO
CREDITORS

Representative The Personal named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in

the manner as provided in RCW11.40.070by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the properties were the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or Representative served or mailed the notice to the creditor as provided under RCW 11.40.020 (1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is for-

ever barred, except as other-wise provided in RCW11.40.051 and RCW **11.40.060.** This bar is effective as to claims against both the decedent's probate and nonpro-

DATE OF FIRST
PUBLICATION: April 15, 2020

Personal Representative: Attorney For Personal Representative: David Visser ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES
23 South Wenatchee Avenue

23 South Wenatchee Avenue
Suite 320
Wenatchee, WA 98801
COURT OF PROBATE
PROCEEDINGS AND CAUSE
NUMBER: Chelan County Superior Court, No. 20-4-00094-0
OVERCAST LAW OFFICES

By: David Visser, WSBA No. 41546 Attorney for Personal Representative Published in The Leavenworth Echo/ Cashmere Valley Record on April 15, 22, and 29, 2020 #87639

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY

Fred W. Hackney,

Deceased No. 20-4-01707-5 SEA **Probate Notice to Creditors** (RCW 11.40.030) Personal Representative

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative or the Personal Representative's attorney at the address tative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced.

The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020 (1) (c); or (2) four months after the date of

first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate assets and non-probate assets. DATE OF FILING WITH COURT: March 12th, 2020.

Robert M. Sifferman Hobert M. Sifferman
Personal Representative
Attorney for Estate
Robert M. Sifferman
Address 2155- 112th Avenue
NE Bellevue, WA 98004
Telephone (425) 454-5829
Published in The Cashmara Valley Published in The Cashmere Valley Record/ Leavenworth Echo on April 15, 22, and 29, 2020. #87635



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PUBLIC NOTICES

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY VICTORIA L. ROSENTRETER,

Deceased. No. 20-4-00032-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)

Personal below Representative named below has been ap-pointed as Personal Represenpointed as Personal Represen-tative of this estate, any person-having a claim against the dece-dent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mail-ing to the personal representa-tive or the Personal Represen-tative's attorney at the address tative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW

provided under 11.40.020(1)(c); or (2) four months after the date of first months after the date of publication of the notice, claim is not presented this time frame, the claim ever barred, except as wise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets DATE OF FIRST PUB PUBLICA-TION: April 22, 2020

PERSONAL REPRESENTIVE: Michael W. Rosentreter REPRESENTA-

ATTORNEY FOR PERSONAL REPRESENTATIVE: Thomas D. Overcast

ADDRESS FOR MAILING OR SERVICE: OVERCAST LAW OFFICES Attn: Thomas D. Overcast Wenatchee, WA 98801 COURT OF PROBATE PRO-CEEDINGS AND CAUSE NUM-

BER: Chelan County Superior Court, No. 20-4-00032-04 Attorney for Estate: Overcast Law Offices -NCW, PLLC By/s/ Thomas D. Overcast, WSBA No. 14486

Attorney for Personal Represen-Published in The Leavenworth Echo/Cashmere Valley Record on April 22, 29 and May 6, 2020.

SUPERIOR COURT OF WASHINGTON COUNTY OF CHELAN NO. 20-2-00073-04 SUMMONS

ROBISON ESTATE, LLC, a Washington limited liability

Plaintiff.

THE HEIRS AND DEVISEES
OF CALVIN RICHARDSON, deceased; THE HEIRS AND DEVISEES OF ELLA RICHARD-SON, deceased; and ALL OTHER PERSONS OR PAR-TIES UNKNOWN, claiming any right, title, estate, lien or interest in the real estate described in

Defendants.
STATE OF WASHINGTON to: THE HEIRS AND DEVISEES
OF CALVIN RICHARDSON,
deceased; THE HEIRS AND
DEVISEES OF ELLA RICH-ARDSON, deceased; and ALL OTHER PERSONS OR PAR-TIES UNKNOWN:

TIES UNKNOWN:

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 1st day of April. 2020, and defend the above entitled action in the above entitled action in the above entitled court, and answer the complaint of the plaintiff Robison Estate, LLC, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Michelle A. Green, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. with the clerk of said court.

Under RCW 7.28.010, an ac-tion to quiet title may be maintained by any person in the ac-tual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named. DATED this 24th day of

March, 2020, JEFFERS, DANIELSON, SONN & AYLWARD, P.S.

By MICHELLE A. GREEN, WSBA # 40077 Attorneys for Plaintiff PO Box 1688 Wenatchee, WA 98807-1688 (509) 662-3685/ (509) 662-2452

Published in The Cashmere Valley Record/ Leavenworth Echo on April 1,8,15,22, 29, and May 6, 2020, #87570

NCW MARKET.COM **CLASSIFIED ADS**

Republicans introduce plan for 'safe' restart of economy

WASHINGTON STATE GOP

OLYMPIA - Republicans in the state Senate and House of Representatives today shared the first plan for safely restarting Washington's economy while state government's response to the COVID-19 emergency continues.

"Employers across our state are looking to government for a strategy that starts to take the brake off the economy. Republicans have come through with a safe and reasonable approach for beginning the recovery," said Senate Republican Leader Mark

"We believe many sectors of our economy can operate safely, and employers have every incentive to take the precautions needed to guard the health of their workers and their customers. We trust that if they have an opportunity to open their doors, they'll make it work."

"Our state needs a com-

prehensive plan to restart its economy in ways that continue to emphasize the health of Washingtonians. No one has produced a plan until now," said House Republican Leader J.T. Wilcox.

"Republicans have been working over the last few weeks to come up with solutions. We know employers and workers need reassurance in these uncertain times. They need to know there's a plan for them to come back."

The Republican legislators' Safe Economic Restart Plan recommends three tiers of actions, starting with steps that may be authorized immediately by Governor Jay Inslee. They include:

· Convene a Restart Task Force comprising legislative leaders, relevant executive-branch directors and representatives of the business and organized-labor communities. This group will chart a course toward allowing all Washington businesses to reopen, on a phased or limited basis as necessary, with COVID-19 protections for workers and customers in place.

· Allow operations to resume in economic sectors that fit one or more of these criteria: low-risk; personal health; environmental protection; aid to people who are elderly, physically challenged, or both; alternate quarantine locations; assisting businesses with tax-related requirements; and property protection. Examples are auto dealers, solo landscape services, car washes, remodeling companies and contractors, residential construction, hairdressers and barbers. flower shops, RV parks, dentists, installers of home and commercial security systems, and accountants and tax preparers.

· Fully disclose the "metrics" that must be met before the governor's March 23 stay-at-home proclamation, which closed more than 230,000 businesses abruptly, can be lifted or amended. Knowing the standards will allow the people of Washington to act accordingly.

 Deliver on the massive testing capabilities promised by state health officials ahead of the business-closure order. Direct the appropriate state agencies to acquire antibody tests and work with employers to screen workers. Workers found to have the antibodies resulting from the COVID-19 infection will be immediately eligible for employment.

· Interface with the governor's Business Recovery Legislative Task Force and be prepared to support recommendations that are achievable, measurable and complementary.

 A moratorium on all state-agency rule-making not related to the current crisis. Rules are important, but at a time when many businesses are simply trying to survive, the making of new rules seems less than essential. Relief from rule-making goes hand-in-hand with relief

· Exempt small businesses from paying sales and business-and-occupation (B&O) taxes for one year.

· Offer state-government assistance to the many small businesses in Washington that do not qualify for federal emergencyassistance programs.

"We are looking forward to working with the governor and majority party to produce the best possible results for both our public health and our economic crisis," said Wilcox, R-Yelm.

"Republicans work for all of Washington, and we recognize how a strong economy makes for strong families and strong communities. Our state's economy was particularly strong before things caved in, and we believe it can get there again - and sooner if the governor and Legislature will support these very reasonable ideas," said Schoesler, R-Ritzville.

THE OUTDOOR REPORT

Boating, fishing and birdwatching chickadees, followed by

Boating? Sure! Fishing? Don't even think about it!

By John Kruse, THE OUTDOOR REPORT

Washington is the first and only state to outlaw recreational fishing and spring hunting in an effort to combat the coronavirus pandemic. This was done to comply with Governor Inslee's "Stay Home, Stay Healthy" mandate emphasizing social distancing and discouraging travel away from home to limit the spread of COVID-19. With the arrival of mild spring weather though, boats of all types (motor powered, human powered and sailboats) have all been operating on waterways from area lakes to the Columbia River to Puget Sound.

I contacted the Washington Department of Fish and Wildlife about the illogical stance of allowing recreational boating on our waterways but not fishing from those same boats. Carrie McCausland, the Public Affairs Director for WDFW, repeated the agency's stated reasons for the closure of fishing. As for boating, Mc-Causland said, "Some decisions are within WDFW's authority, and some are not", indicating WDFW does not have the regulatory ability to open or close recreational

The Governor's Office, however, certainly does. On April 6th Governor Inslee sent a letter to several Republican state representatives denying their request on behalf of anglers to reopen fishing. I contacted Jon Snyder, Governor Inslee's policy advisor on outdoor recreation, and asked him the same question about why recreational boating is allowed but fishing from boats is not. Snyder declined to answer my question about allowing one activity but not the other where the risk of spreading the coronavirus is exactly the same. Instead, he sent me the same letter Governor Inslee sent to the concerned State Representatives two weeks ago outlining his reasons for keeping fishing closed.

As of mid-April, boating from open county and private access sites and launches remains permissible, but fishing is not. This is one of the reasons anglers planned protests for Saturday the 18th against Washington's "No Fishing" rule at several locations to include Columbia Point in Richland. An online petition by this same group, "Let us Fish" is also circulating on social media and increasing numbers of people are reaching out to their state representatives WDFW and the Governor's

angling opportunities again. We'll get an idea how successful these efforts are as we approach the end of WD-FW's stated closure date of May 4th, at which point they promise to reassess this situation. It's also worth noting WDFW has convened meetings with select stakeholders trying to figure out how to open up fishing and hunting seasons again. It is possible everything will simply open up at once, the thinking being this will spread pressure evenly across the state. On the other hand, this action could result in a stampede to popular boat ramps, lakes, rivers and hunting areas which could trigger an immediate closure again. Other thoughts include a general opening but limitations on where you can fish or hunt, the thought being you would initially only do these activities in the county or region you live in to limit overcrowd-

At least there's backyard birding

Until we can go fishing and hunting again, or access our state lands and developed federal recreation sites to hike and camp, there's always backyard birding. It does provide some enjoyment and it's also a good way to sharpen your bird identification skills and maybe even your photographic prowess.



Courtesy John Kruse

If you so desire you can do what I did last week. I set up a bird feeder, filled it with wild bird seed, set up a bird bath and for good mea-

Backyard house finch.

sure, a bird house too! So far, the bird house is not occupied but the bird feeder sure has been busy. The first birds to visit were

white crowned sparrows and house finches. Oregon juncos put in a daily appearance and on several occasions, I've seen nuthatches too. On top of this we've had some California valley quail in the cypress trees above the feeder and a pair of Eurasian collared doves that paid a visit on a recent morning to feed on the birdseed spilled onto the ground below the feeder.

Also seen in the backyard...Several neighborhood cats attracted to all the new bird activity. Fortunately, my springer spaniel Georgia loves to chase cats and has kept them from staying too close to the bird feeder.



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