

# THE LEAVENWORTH ECHO

AN NCW MEDIA PUBLICATION.

*Leavenworth Rotary Club makes and delivers more face shields. See page 4*



JUNE 24, 2020 • VOLUME 121, No. 26

UPPER VALLEY NEWS SINCE 1904

SINGLE COPY \$1.00



Photo by Carolyn Wilson

Shannon Allen got a hole-in-one at the Leavenworth Golf Course on June 14. Carolyn Wilson was a witness and says this is the first time that anyone in the family has gotten a hole-in-one.

## PUD Seeks to Go from Good to Great

# Chelan PUD Proposes Plans For Improved Reliable Service

SUBMITTED BY NEIL NEROUTSOS

WENATCHEE – Chelan County PUD commissioners heard proposals from staff to bring the utility solidly to the top quartile of reliable electrical service, in line with other high-performing U.S. public power providers.

If approved in future budgets, the utility would make annual investments of an additional \$2 million throughout its electrical system for a total of \$4.3 million each year.

Through these investments, PUD staff aim to reduce overall outages by an average of 36 minutes annually per customer, a reduction of 73 percent systemwide.

The PUD is targeting meeting this goal by 2025.

By some measures, the PUD already is meeting top quartile performance. The utility seeks to remove any doubts.

“In setting this goal, we looked at reliability metrics at some of the top performing electric utilities in the country, based on data from the American Public Power Association,” said Chad Rissman, director of district asset management.

Additional investments would be made in the areas of trimming vegetation around utility lines and replacing underground electrical cable. These investment areas deliver the most “bang for the buck” according to Rissman.

The utility also plans to continue its commitment to improvements that reduce instances of animal-related outages and upgrade equipment such as fuses, transformers, insulators and other devices.

When looking at the largest causes of outages over the past five years, the PUD notes that 65 percent fell into the four areas where its proposing to make additional improvements or maintain its level of reliability work.

“If there’s a great place where we can put extra effort and provide benefits to the people of Chelan County, this is it,” said PUD Commissioner Randy Smith. (01:55)

The PUD will revisit the proposed reliability investments during its budget pro-

cess later this year.

In other business, the commission:

- Heard an update on PUD low-income program planning based on prior program evaluation and needs assessment.

The program aims to reduce the number of high-energy burden customers – those that spend more than 6% of their annual income on their energy bill – as part of the state’s Clean Energy Transformation Act.

- Approved further consideration of four “early action” recreational and environmental enhancement projects in connection with the upcoming federal relicensing of the Rock Island Dam, including planning and studies of a Malaga riverfront access site, recreational enhancements at the Rock Island ponds, trail and bird viewing improvements in the Horan Natural Area and safety upgrades on the Apple Capital Loop Trail with emphasis between the Pybus Public Market and Walla Walla Point Park.

The Commission agreed to spend up to \$127,500 to support these projects, with some proponents also providing matching funds to assist with this effort.

Project proponents will need to express support for a 50-year license extension for the projects to proceed.

- Approved replacement of five moorage docks, including new gangways and piling work, at Beebe Bridge, Chelan Falls and Entiat parks.

- Heard updates about the status of more than a dozen safety measures that have been completed or are underway at PUD hydropower facilities and other worksites.

- Received an update on the utility’s draft Integrated Resource Plan (IRP), which, among other things, forecasts energy demand, assesses renewable and non-renewable energy resources and outlines how the PUD will meet state clean energy laws. Chelan PUD needs to submit its 2020 IRP to the state Department of Commerce by Sept. 1, 2020.

The PUD is likely already in compliance with 2030 requirements of Washing-

## The Washington Outdoors Report



Photo by John Kruse

Lily pads and basalt cliffs define the views at Downs Lake.

# Outdoors Round-Up!

STORY BY JOHN KRUSE

### Too Many Hikers

Robin DeMario with the Okanogan - Wenatchee National Forest sounded the alarm recently about crowded conditions on 8-Mile Road south of Leavenworth.

This road leads to two popular trailheads for 8-Mile Lake and to Stuart and Colchuck Lakes.

The latter trailhead is a favored pathway into the Enchantments.

Earlier this month video was released showing vehicles parked on both sides of the road for much of its length because the trailhead parking lots were full.

It got to the point emergency vehicles could not get through to the trailheads.

Parking is not allowed along the roadway and the Forest Service is issuing tickets to the owners of vehicles that do so.

Visitors are also reminded not to park in designated spots for overnight camping permit holders.

Officials with the U.S. Forest Service say visitor use in this area has increased dramatically over the last decade and both the trailheads and adjacent parking areas are “well beyond their capacity” putting a strain on the limited parking and toilet facilities available.

### Camping Equipment For Rent

Washington State Parks is partnering with Arrive Outdoors to provide rental equipment for your next camping trip.

For a low daily rate, you can rent everything you need for a weekend getaway (tent, sleeping bag, sleep-

ing pad, stove, cooler, camp chairs) for one, two or four people.

There are plenty of related accessories available for rent too.

Sarah Yearout with Washington State Parks says this program is perfect for those who live in cramped spaces and don’t have the room to store camping gear.

It’s also a great way to introduce individuals to camping for the first time for a low price. <http://arriveoutdoors.com>

### Fishing Reports

#### Fish Lake – Chelan County

Nadine West at the Cove Resort says the fishing has been very good when the wind isn’t blowing too hard.

Anglers have been catching a lot of perch right off the dock over the last couple of weeks.

However, the perch are starting to move into deeper water so fishing from a boat might be a better way to target them in the weeks ahead.

Trout fishing has also been good. West says the average trout are fat and measure 12 to 14-inches long. In addition to this, large triploid trout were planted in Fish Lake and a five-plus pounder was recently caught by a lucky angler.

#### Little Pend Oreille Lakes – Stevens County

The staff at the Beaver Lodge Resort say crappie are being caught in good numbers out of Gillette Lake. The hot bait has been marshmallows and worms. A few folks are also catching trout there too.

#### Downs Lake – Lincoln County

I paddled around this lily pad rich lake in a kayak last week.

The scenery was beautiful and the weather was nice but the fishing was slow with only one pan-sized rainbow trout to show for my efforts.

That doesn’t mean the fish aren’t here though. Downs Lake typically fishes well in the summer for trout, perch and largemouth bass and is worth a visit. Lake access (for a small fee) is available through Downs Lake Resort.

#### Potholes Reservoir – Grant County

Pete Fisher at MarDon Resort reports walleye fishing is good.

They are shallow and in the weeds in 2 to 15 feet of water so you’ll want to fish tight along the weed lines to get strikes.

The bass bite is also good with 2 to 4-pound fish being taken in the usual hot spots. Crappie and bluegill are being caught off the MarDon Resort dock and also back in the sand dunes area of the reservoir.

As for the rainbow trout, anglers have been reeling those in near the State Park and some of them are pretty big (2 to 5 pounds)

Finally, if you are a competitive bass angler the Limit Out Marine Shoot Out (bass tournament) is taking place on Potholes Reservoir and MarDon Resort on July 11th and 12th. Details are available at <http://big-basstrail.com>

John Kruse – [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

ton’s new Clean Energy Transformation Act.

Upcoming events:

- July 3 – Offices closed for July 4 holiday
- July 6 – Commission meeting, 10 a.m., boardroom
- July 20 – Commission meeting, 10 a.m., boardroom

The next regular PUD commission meeting is at 10 a.m. on Monday, July 6, in the boardroom at 327 N. Wenatchee Ave.

Chelan PUD records most commission meetings, and a link to the audio is available on the PUD’s home page at [www.chelanpud.org](http://www.chelanpud.org). Find us at [Facebook.com/ChelanPUD](https://www.facebook.com/ChelanPUD) and follow us on Twitter @ChelanPUD.

## During this difficult time support your neighbors

Most local businesses offer curbside service or delivery

| Inside The ECHO this week |                      |                      |
|---------------------------|----------------------|----------------------|
| Community Calendar .. 2   | Opinions..... 4      | Inserts              |
| Neighbors..... 3          | Classifieds..... 5-6 | Dan’s Market Safeway |

8 06805 93175 4

215 14th St. • P.O. Box 39,  
Leavenworth, WA 98826  
Phone: 509-548-5286  
[www.leavenworthecho.com](http://www.leavenworthecho.com)

COMMUNITY BULLETIN BOARD Local, Regional Community News & Events

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.
What: Items pertaining to local events that are free or maximum charge of \$100 fee.
Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com

Another way to advertise your News & Events

Go to: www.NCWMARKET.COM • 24/7
Choose your category and pay for Print & Online at one time
For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com



© 2020 NCW Media, Inc. 215 14th St., P.O. Box 39 Leavenworth, WA 98826-0039
Phone: 509-548-5286 Fax 509-548-4789

website: www.ncwmarket.com www.leavenworthecho.com
e-mail: echo@leavenworthecho.com

Publisher Bill Forhan • 509-548-5286 publisher@leavenworthecho.com

Managing Editor Gary Bégin 509-571-5302 gary@ncwmedia.net

Reporter/Photographer 509-548-5286, Ext. 6516 Reporter@leavenworthecho.com

Advertising Sales Manager Carol Forhan • 509-548-5286 carol@leavenworthecho.com

Creative Services Echoads@leavenworthecho.com

Front Office Classified / Legal Notices Classifieds@leavenworthecho.com

Circulation 1-509-293-6780 circulation@lakechelanmirror.com

DEADLINES: Calendar Listings: Noon, Thursday
News Submissions: Noon, Thursday
Letters to the Editor: Noon, Friday
Display Advertising: Noon, Thursday
Legal Notices: Noon, Friday
Classified Ads: Noon, Monday

SUBSCRIPTIONS: In Chelan County (yearly) \$40.00
In State (yearly) \$40.00
Out of State (yearly) \$52.00

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension.

SERVICES: Back Issues are available up to one year after publication for a fee.
Photo Reprints are available for most photos taken by staff.

The Leavenworth Echo (USPS 308 160) is published every Wednesday by NCW Media, Inc. 215 14th St., Leavenworth, WA
Telephone: 509-548-5286. Fax: 509-548-4789. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)
Postmaster: Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039



NCW Media, Inc. prints on recycled newsprint with soy ink. Please recycle.

Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness.

No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@leavenworthecho.com.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

All events and meetings are cancelled until further notice. Contact the organization listed for update information.

AA Meeting Schedule

Information numbers for AA: The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946
The phone number to call for the Zoom link to Leavenworth AIAnon meetings is 509-548-7939
509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379
Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.
Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, noon, First Baptist Church, 429 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, noon, First Baptist Church, 429 Evans, Leavenworth
Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain
Information number for Alanon: 509-548-7939
Alanon Meeting Schedule: Monday, 7 p.m., United Methodist Church, 418 Evans St.
Celebrate Recovery
We will be meeting via Zoom weekly on Fridays at 6:30 p.m. Please email celebraterecoverylcn@gmail.com for more information.

Community Calendar

Wednesday
Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)
Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)
Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.
Thursday
Leavenworth Farmers Market, 4-7 p.m., open now at Alpine Lake Elementary School parking lot on Pine St. Contact: Lorrie Tatum, LCFM Board Member. 425-753-3933
Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)
Leavenworth Lions Club, Kristall's Restaurant, President, Conrad Delury, call or text, 509-387-5051. (1st Thurs. at 6:30 p.m. & 3rd Thurs. at Noon)
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Friday
Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)
Leavenworth Rotary Club, 11:45 a.m. Kristall's Restaurant. President, Ken Grosse. 509-763-2753.
Saturday
No Events Scheduled.
Sunday
See Church schedule.
Monday
The Leavenworth Mosquito Control District board will hold meetings each month at 7 p.m. Contact Manager Jennifer Mullins, 548-5904 or email info@leavenworthmosquitodistrict.com. (1st and 3rd Mondays)
Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)
Upper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-0408.
Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)
Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)
Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month).
Tuesday
I.P.I.D. Meeting, 8 a.m., Anthony Jantzger, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)
Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)
Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)
Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.)

Ongoing events
Leavenworth Public Library: 548-7923. Mon., Tues., Wed., open 9 a.m. - 6 p.m. Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m. Closed on weekends and Holidays.
Special events: Tues., 11:30 a.m., Baby story time Wed., 1:30 p.m., Preschool story time
Peshastin Public Library: 548-7821. Closed Sunday and Monday
Tuesday: 3-8 p.m. Wednesday: 2-7 p.m. Thursday: 2-7 p.m. Friday: 11 a.m.-4 p.m. Saturday: 12-5 p.m.
Special events: Thurs., 2:30, Bilingual Story time Sat., Crafts: 2 p.m.
Upper Valley Museum: 548-0728
Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish Hatchery Road (Daily).

Regional events
SCORE (small business counseling), 1-4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)
Cascadia Conservation District Board Meeting. 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Sheriff/Fire/EMS

Leavenworth
June 12
03:12 Public assist, 690 US Hwy. 2, Linderhof
08:54 Unknown accident, US Hwy. 97 & US Hwy. 2, Peshastin
11:52 911, 20103 Chiwawa Loop Rd., Lake Wenatchee
11:53 Public assist, 10195 Titus Rd.
12:26 911, 1 Yodelin Pl., Stevens Pass
13:32 Traffic offense, Alpensee Strasse & US Hwy.
15:05 911, 815 Front St.
20:29 Traffic offense, US Hwy. 2, MP 98
23:33 Suspicious, 19957 Gill Creek Rd., Lake Wenatchee
June 13
00:11 Domestic disturbance 12345 Village View Dr.
08:42 Suspicious, 12750 Chumstick Hwy.
13:18 Injury accident, Chumstick Hwy., & Freund Canyon
13:45 Traffic offense, 9151 Icicle Rd., #A
13:50 Parking/abandon, 9124 Anderson Canyon Rd.
14:28 Theft, 1329 US Hwy. 2, Dan's Food Market
14:28 Hazard, Shore St., & Icicle Rd.
14:51 Alarm, 23379 Lake Wenatchee Hwy.
14:55 Traffic offense, US Hwy. 2 & Chumstick Hwy.
15:23 Alarm, 23379 Lake Wenatchee Hwy.
17:18 Suspicious, 9515 Lone Pine Orchards Rd.
19:17 911, 636 Front St., Visconti's Italian Restaurant
20:37 Suspicious, 200 Blk., Nordic Circle
21:11 911, 920 US Hwy. 2, Union 76
21:49 Traffic offense, School & Main Streets, Peshastin
22:39 Hazard, Chiwawa Loop Rd., MP 1, Plain
22:48 Suspicious, 19537 Chiwawa Loop Rd., Plain
23:23 Noise, 18451 Camp 12 Rd., Plain
23:39 Noise 8515 Icicle Rd.

June 14
11:11 Suspicious, 700 Blk. Cedar St.
11:41 Property, 228 Chumstick Hwy.
12:08 Parking/abandon, 960 US Hwy. 2
12:14 Animal problem, 980 US Hwy. 2
17:56 Civil, 19559 State Rd., Lake Wenatchee
18:05 Domestic disturbance, 1250 US Hwy. 2, McDonald's
19:15 Trespass, 545 Dempsey Rd.
22:43 Disturbance, 21588 Lake Wenatchee Hwy.
June 15
08:26 Missing person, Ingalls Creek Trailhead
09:48 Fraud/forgery, 9149 Deadman Hill Rd., Dryden
10:30 Alarm, 16537 Lakeview Dr., Lake Wenatchee
11:02 Domestic disturbance, 6145 US Hwy. 97, Peshastin
11:05 Parking/abandon, 220 - 8th St., Cheesesteak Co.
11:09 Theft, 220 - 8th St., Cheesesteak Co.
12:24 Parking/abandon, 118 Commercial St.
12:32 Theft, 900 Front St., #F, Taffy Shop
13:39 Suspicious, 4637 US Hwy. 97, Peshastin
14:02 Animal problem, Chumstick Hwy., MP 4
14:17 Malicious mischief, 18130 W. Dardaneills Rd., Lake Wenatchee
15:04 911, 13905 US Hwy., 2
15:51 Hazard, Beaver Valley Rd, MP 17, Lake Wenatchee
18:30 Suspicious, 17055 Mule Tail Flats Rd.

June 16
08:02 Fraud/forgery, 9255 Foster Rd., BJS, Dryden
08:48 Alarm, 7375 Icicle Rd., Sleeping Lady
11:03 Accident/no injuries, 15255 US Hwy., 2, Coles Corner
16:37 Property, Plain
17:02 Public assist, Mountain Home Rd. & Duncan
17:42 Welfare check, 7776 Icicle Rd.
19:57 Weapons violation, 8912 Motel Rd.
23:20 Domestic disturbance 116 River Bend Dr., Safeway

June 17
00:53 Noise, 21702 Colt Rd., Plain
02:24 Agency assist, 320 Park Ave., Mountain Meadows
10:06 Extra patrol, 12720 Ranger Rd.
13:55 Weapons violation, 2201 Salal Dr., Lake Wenatchee
14:16 Public assist, 12725 Wilson St.
14:39 Weapons violation, 3355 US Hwy. 97, Peshastin
15:08 Vehicle prowler, 8349 Main St., Peshastin

City Council Meetings

7 p.m., Leavenworth Planning Commission at City Hall contact Lillith Vespie, 549-5275. (1st Wed.)
8 a.m., Leavenworth City Council study session, City Hall, 548-5275. (2nd Tues.)
3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)
6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

Senior Center Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth
Currently the Leavenworth Senior Center is closed due to the COVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, for take-out and home delivery meals. For meal pick up and information call the Kitchen Staff at the Senior Center between 9 a.m. and 1 p.m. weekdays at (509) 548-6666 or email Leavenworthseniors@gmail.com.
June 25, Thursday: Chuckwagon steak sandwich, sweet potato fries, tossed veggie salad, fruited Jell-O.
June 26, Friday: Lemon pepper fish, roasted red potatoes, trio vegetables, coleslaw, chilled peaches, garlic bread, dessert.
June 27, Saturday and June 28, Sunday: No lunch.
June 29, Monday: French dip, vegetable tray, garden salad, peaches, dessert.
June 30, Tuesday: Chef's salad, fresh fruit tray, whole wheat roll, dessert.
July 1, Wednesday: Chicken Fettuccine, steamed broccoli, spring salad, fresh fruit garlic bread, dessert.

Senior Center Events

Leavenworth Senior Center, 423 Evans St., Leavenworth
Monday, Wednesday, and Friday 10:00 a.m. - 12:00 p.m. - General Meeting
Tuesday, 9:00 a.m. - Leavenworth Senior Center Board Meeting
Tuesday, 1:00-3:00 p.m. - Chess
Tuesday, 7:00-8:30 p.m. - Singing
Thursday, 7:00-9:00 p.m., Bavarian Dancing
Friday, 6:00 p.m., Bingo
Saturday 6:30-9:00 p.m., Music, Public Welcome, No cover charge

Leavenworth

Leavenworth Community Farmers' Market (LCFM)
Come join us from 4-7 p.m. on Thursdays at the Alpine Lakes Elementary School parking lot. This week we will be adding crafters' booths to the market. Check out who will be there on: www.leavenworthfarmersmarket.org. (e 26)

Brush drop off site

The fees at the county's Leavenworth brush drop-off site have returned to the normal charge of \$15 per cubic yard, beginning immediately.
The county in March put a flat fee system in place at the brush site, which services only those people living in the Apple Maggot Quarantine Area of Chelan County, in response to COVID-19 precautions. The brush site, located at the intersection of Icicle and East Leavenworth roads, is open from 8 a.m. to 3 p.m. on Fridays. Only cash or checks are taken. Visitors are also reminded that the site is for those people who live outside the Leavenworth city limits.
To determine if you live in the Apple Maggot Quarantine Area of Chelan County, visit the searchable map from the Washington State Department of Agriculture.

Regional

Stuff The Bus Donation Drive
Food and monetary donations will be accepted on June 26 and 27, 9-6 p.m. at Wenatchee Grocery Outlet. Go to outreach@linktransit.com for more info. (e)

June 16
15:26 Disturbance, 820 Front St., Gazebo Park
17:05 Hazard, Beaver Valley Rd., MP 18, Lake Wenatchee
17:43 Domestic disturbance, 817 Commercial St.
18:02 Burglary, 6012 US Hwy.97, Peshastin
18:02 Harass/threat, 18150 Camp 12 Rd., Plain
18:51 Alarm, 837 Front St., Der Sportsman
20:36 Welfare check, 17057 Chumstick Hwy.
June 18
06:40 Civil, 18287 Little Chumstick Creek
10:08 Welfare check, 1000 Blk., Front St.
12:11 Theft, 17458 US Hwy. 2, Nason Creek
15:16 Traffic offense, US Hwy 2 & Icicle Rd.
19:02 Domestic disturbance, 8040 Bayne Rd.
19:14 Civil, 21325 SR 207, Lake Wenatchee
21:20 Civil, 8040 Bayne Rd.

Notice
Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well. Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com. Stay Well!



**Standing water in tarps, tires and buckets breeds mosquitoes! Drain them!**

Do you live within two miles of Leavenworth? Call us if you see two or more mosquitoes

**The Leavenworth Mosquito Control District**  
(509) 548-5904 • www.leavenworthmosquidistrict.com  
"Stopping mosquitoes at their source."



*Dawson and Gianella Wedding*

Emily Gianella and Blaine Dawson were married in Palm Coast, Florida on June 13, 2020.

Emily is the daughter of Stephanie Stephens of Memphis, Tennessee and Keith Gianella of Bend, Oregon. Blaine is the son of John and Jean Dawson of Leavenworth and a 2008 graduate of Cascade High School. Emily works as a data analyst in healthcare technology.

Blaine is a geologist for an environmental consulting firm. The couple is making their home in Jacksonville, Florida.

Submitted by John Dawson

**Community Cupboard**  
A Program Of Upper Valley MEND  
Thrift/Food Bank/Emergency Services  
A program of Upper Valley MEND

Please help us meet our needs by donating the following items:  
• Cereal • Juice • Canned Fruit • Cooking Oil • Eggs • Meats • Chili • Soups  
Kindly bring donations to our sorting center.

Open: Thursday and Friday 11 a.m. - 4 p.m.  
219 - 14th St. Leavenworth • 509-548-6727  
Thank you for your support and Meeting Each Need with Dignity - M.E.N.D.

Das Thrift Haus is opening its doors. We will also be taking clothing and household donations at the sorting center again.

**Das Thrift Haus**  
888-9990  
Open Tuesday - Friday 10 a.m.- 4 p.m.  
211 - 14th Street • Leavenworth

This announcement sponsored by The Leavenworth Echo

Need to promote your event? Have thought about **NCWMarket.com** the best online promotion available in North Central Washington

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.



LOCALLY OWNED  
**JONES & JONES ~ BETTS**  
Funeral Home  
302 9th St., Wenatchee • 662-2119 or 662-1561  
jonesjonesbetts.com  
Honoring the lives of residents in the Valley for over 100 years. You can always rely on our dedicated staff.

**BUSINESS & SERVICE Directory**  
Add your business or service to this directory: 548-5286

**DRILLING**  
**Tumwater Drilling and Pump Inc.**  
"Water Treatment Systems Built to Your Individual Problem"  
Free Water Analysis/Estimates  
Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2  
**Tumwater Drilling & Pump, Inc.**  
548-5361  
www.tumwaterdrilling.com • email info@tumwaterdrilling.com  
WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS, SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

**STUMP REMOVAL**  
**Quick 'n Easy Residential Stump Removal**  
STUMPS  
UNLIMITED  
10817 North Road, Leavenworth • (509) 548-8222  
Kim & Rosalie Kozelisky  
Licensed, Bonded, Insured • Cont. #UPPERVE200PI

**EXCAVATION**  
**Complete Excavating Service**  
Power & Water Systems  
Dump Truck & Dozer  
Drainfield Repair  
Free Estimates  
Septic Systems  
Road Grading  
**Upper Valley EXCAVATING**  
Licensed - Bonded - Insured  
(509) 548-3489  
Leavenworth, WA

**DOWNTOWN CASHMERE MINI STORAGE**  
5x10 - \$60 Per Month  
10x10 - \$80 Per Month  
8x14 - \$90 Per Month  
•Secure Timed Keylock System•  
•Mobile Platform Available•  
•Burglar Alarm•  
•Camera Surveillance•  
**782-8113**  
201 Cottage Ave., Cashmere

**STEVE'S PEST CONTROL**  
Over 35 years of experience!  
Full Service Pest Control Available  
Senior Discount Available  
Free Inspections  
Crawl Space Repairs  
509-439-0358  
gtenhelmick@gmail.com  
Have spare room in your facility?  
STORAGE  
Advertise on NCWMarket.com

**Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services, Sunday School and meetings.**  
Please call or email your church listed below if you need more information.  
May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

**UPPER VALLEY CHURCH GUIDE** New to our area? On vacation? These churches welcome you!

**TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286**

**CASHMERE**

**CASHMERE BAPTIST CHURCH**  
103 Apiets Way • 782-2869  
Sunday School 10:00 a.m. - Worship 11 a.m.  
Bible Study, Wed., 7 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
www.cashmerepres.org

**CASHMERE UNITED METHODIST CHURCH**  
213 S. Division • 782-3811  
Worship & Sunday School at 11:00 a.m.  
Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.  
Pastor Lilia Felicitas - Malana

**CHRIST CENTER**  
Cashmere Assembly of God • 509-782-2825  
Worship Services are available ONLINE ONLY at 10 a.m. Sundays  
All updates on COVID-19 can be found at christcentercashmere.com/cc-updates  
Underground High School Group, ONLINE ONLY at 6 p.m. Sundays  
Lead Pastor, Steve Haney  
Children's Pastor, Andy Robinson  
Congregation Care Pastor, Joyce Williams  
Director of Operations, Pastor Ian Ross  
High School Director, Steffanie Haney

**GRACE LUTHERAN CHURCH**  
Holy Eucharist or Morning Prayer, 9 a.m., unless notified otherwise • Rev. Rob Gohl, 509-860-0736 • Summer church at the Mission Creek Community Center (No service, if it rains) Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries

**ST. JAMES EPISCOPAL CHURCH**  
Holy Eucharist or Morning Prayer, 9 a.m., unless notified otherwise  
Rev. Rob Gohl, 509-860-0736  
Summer church at the Mission Creek Community Center • (No service, if it rains) Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries

**EVERGREEN BAPTIST CHURCH**  
5837 Evergreen Drive • 782-1662 • Sunday School - 9:45 a.m. • Morning Worship - 11 a.m. • Evening Service - 6:00 p.m. • Pastor John Smith www.christforcashmere.org

**DRYDEN**

**DRYDEN COMMUNITY CHURCH**  
Hwy 2 at Dryden Ave. • 782-2935  
Sunday School 9:30 a.m. • Worship 10:45 a.m.  
Pastor Steve Bergland

**MID-VALLEY BAPTIST CHURCH**  
8345 Stine Hill Rd. • 782-2616  
Worship Service, 10 a.m., Sunday School, 9 a.m.  
Pastor Mike Moore  
www.midvalleybaptist.org

**LEAVENWORTH**

**CASCADE MOUNTAIN BIBLE CHURCH**  
"Where God's Word Remains The Pillar Of Truth"  
11025 Chumstick Hwy. • 548-4331  
Sunday School 9 a.m. • Sunday Worship 10:30 a.m.  
AWANA (Youth Program) Weekly Bible Studies  
Wednesday 6:30 p.m. (school year)  
Pastor Todd James • www.cmbiblechurch.org

**COMMUNITY UNITED METHODIST**  
418 Evans Street • Leavenworth  
509-548-5619 • Rev. Matt Gorman  
Sunday service 10 a.m.  
www.leavenworthumc.org

**CORNERSTONE BIBLE CHURCH**  
Leavenworth Grange Hall  
621 Front St. • 548-0748  
Sunday Worship 10 a.m.

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
10170 Titus Rd. (across from middle school)  
Church: 548-7667  
Meetings: Sunday - 10:00 a.m.

**FAITH LUTHERAN CHURCH - ELCA**  
"Reconciling Works Congregation"  
224 Benton Street • 548-7010  
Worship 9:30 a.m. w/coffee following  
www.faithleavenworth.org

**FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC**  
429 Evans Street, 509- 470-7745  
Sunday Worship: 11:00 AM  
Website: www.leavenworthbaptist.com  
Email: info@leavenworthbaptist.com

**LEAVENWORTH CHURCH OF THE NAZARENE**  
111 Ski Hill Drive • 548-5292  
Sunday Worship 9:00 a.m.  
Lead Pastor: Mark Miller  
Youth Pastor, Kent Wright  
www.LCN.org

**SEVENTH DAY ADVENTIST CHURCH**  
10800 Ski Hill Drive • 548-4345  
Saturday Services  
Bible Study 9:30 a.m. • Worship 11 a.m.  
Fred Smith • 860-3997

**SPIRIT LIFE CENTER**  
210 Benton Street • 548-7138  
Sunday Worship 10 a.m.  
Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

**MONITOR**

**MONITOR UNITED METHODIST CHURCH**  
3799 Fairview Canyon • 782-2601  
Church Service & Sunday School 9:00 a.m.  
Pastor Lilia Felicitas - Malana

**PESHASTIN**

**LIGHT IN THE VALLEY COMMUNITY CHURCH**  
8455 Main Street • 548-7517  
Sunday Worship 10 a.m.  
Pastor John Romine  
www.lightinthevalley.org

**NEW LIFE FOURSOURCE CHURCH**  
7591 Hwy. 97 • 548-4222  
Sunday Worship, 10 a.m.  
Pastors, Darryl and Mindy Wall  
Email: newlifeleavenworth@gmail.com  
FB page: newlifeleavenworth  
www.newlifeleavenworth.com

# Opinions

## Is Jay Inslee the Governor of Seattle?



GARY BÉGIN  
Managing Editor

The Radical Left Has Always Been Violent. When thinking about and discussing the Seattle situation in an honest way, we are not talking about Mahatma Ghandi or Rev. Dr. Martin Luther King, Jr. Our situation is more akin to the Black Panthers, SDS (Students for a Democratic Society) and the Weatherman, all violent underground movements of the 1960s in response to the Vietnam War.

When watching the Seattle situation on nationwide television, what I see equates to anarchy. Yet, we have a governor paralyzed with fear at offending the radical left by calling in the state National Guard to take back the city center.

It is, after all, an election year and Jay Inslee needs the left moderate, left and far left votes, to defeat any Conservative challenge from rural Republican country, meaning most Washingtonians in rural and small towns.

The radical left wing of today acts exactly like the old fascists of Nazi Germany and Italy that weren't afraid to throw a few Molotov Cocktails into the established order. In fact, anything that would gum up the works of the status quo was a good thing, in the minds of fascists.

Here is the oxymoron. The loosely affiliated group calling itself "AntiFa," meaning "anti-fascist" is acting no better than Hitler and Mussolini. Throw in some good ol' Joe Stalin and a sprinkling of Mao Tse Tung and you've got one heckuva coalition of evil.

The Communists were just as violent as the fascists when it came time to take over the farm, so to

speak. They weren't against burning the barn full of hay in order to try growing a new batch collectively, thus starving the same citizens they were there to allegedly "save" from the ruthless capitalist pigs, otherwise known as the business community.

I ask all Democrats to honestly assess the ethics of allowing anarchists to literally control a part of the state's biggest city without the governor exerting reason and force, if needs be, to retake the city for the good of the taxpayers and honest citizens.

Is this the man we want to stay in power and do nothing to control the criminals who are blatantly trespassing, vandalizing and otherwise thumbing their noses at society?

Is Jay Inslee enough of a leader to put down civil unrest? I am 100% sure any of the Republican candidates running for governor would have acted when the takeover started two weeks ago. Maybe the Republican Party of Washington needs to assert the right of their constituencies in the business, religious, military and conservative communities to have a free and open Seattle where commerce isn't interrupted by hoodlums, political thuggery or provocateurs out to get whatever they can in money and power?

The far left wants a say in daily life so badly they are willing to break the law to get some kind of legitimacy they can't seem to get at the ballot box. Someone on the far left smells a chance to make Washington the first officially Communist state. The Constitution is not law to them, thus they are "outlaws" and apparently, proud of it. We, the people, are loyal to peaceful change of the government, or peaceful continuation of the current government, whichever we decide in November. We, the people, believe in upholding the Constitution against foreign and domestic terrorists.

Once again, President Trump is correct, AntiFa is a terrorist group and needs to be ridded from occupying the streets of Seattle.

Representative Matt Shea (R-Spokane Valley) is right when he calls for a "51st State."

Adopting Shea's manifesto and establishing the 51st state of Liberty, means (sarcastically) that Inslee could not be our governor too, just as he is acting as not Seattle's governor now. Shea wants a state referendum to establish our right to freedom in the establishment of a new government as opposed to being continuously held hostage by the current one. The opportunists on the left must be quelled and placed in express trains back to Berkeley. They can have their far left state of Northern California, whatever it takes, just stop physically choking our collective freedom for the sake of a fantasy based in some socialist professor's mind.

It is indeed, "give us Liberty or give us death."

## LETTER TO THE EDITOR

### Systemic racism is a liberal lie

I was disgusted to see a MN police officer put pressure on George Floyd's neck for nine minutes while he was handcuffed causing Floyd's death. No officer should ever do this to anyone.

I was even more disgusted to see the violent protests, rioting and looting and stupid demands by anarchists, racists and so-called progressive's aka regressives to defund/disband police departments.

These two issues are not related despite what the liberals, anarchists, racists, Trump haters and their comrades in the leftist media want you to believe.

There is no systemic racism in our government. Especially in our law enforcement agencies despite the lies of the left.

There is an occasional bad cop that must be taken care of. The bad cop who caused Mr. Floyd's death is being promptly and appropriately dealt with by the judicial system, being quickly fired and charged with murder.

The myth of systemic racism in police departments is false and "The Big Lie" being propagated by the left.

All of these idiotic protests, violence, looting, racist rhetoric, and riots are overly emotional and do nothing to help the situation. It just causes more anger and racial division.

There are constructive changes that can be made. Such as banning choke holds, better training and education, better equipment like tasers and better supervision.

Those of you who have never been in a fight for your life like I have been many times will not be able to

understand the reality and consequences of this issue or how to deal with it.

Before you Trump haters criticize my statement above, please know that I am an expert in this area.

I am a retired San Diego county deputy sheriff and was a patrol training officer for ten years.

I have worked patrol in the black neighborhoods. One of the things I taught my rookie patrol deputies was, if you have any racial prejudice, leave it at home.

Get rid of it because you will fail as a deputy sheriff if you don't.

We must fairly be all things to all people as the situation arises in police work.

The San Diego county sheriff's department had a very active and effective internal affairs division that dealt harshly with officers that didn't follow the rules.

There was zero systemic racism in SDSO as well as almost all other law enforcement agencies in America. I know this for a fact. Most of you that pontificate about what cops are or should be to stop police abuse, have no idea what you are talking about.

Take the emotion out of the equation and let logic, rationality and the evidence prevail in the judicial system. The executive orders of a governor or a mayor are not laws and cannot be legally enforced by law enforcement officers.

Only the legislative branch can make laws to be enforced by the executive branch.

I am also thoroughly disgusted with the statements made by the fool that Leavenworth voters elected as

their mayor.

Mayor Carl Florea is a bigot, a socialist, a tyrant and a racist himself.

He publicly wrongly accused all white people of black/brown racism.

Florea is a power hungry tyrant for closing down Leavenworth during the covid19 situation. I have tried to reasonably debate with to no avail.

He has his narrow mind all made up and all closed down. We are not racists and we resent it.

Florea should apologize and immediately resign from office. All lives matter, not just black lives.

Lastly, I am disgusted and alarmed at the actions and goals of the anarchist domestic terrorist groups like Antifa, Black Lives Matter and the Boogaloo Bois.

Go to the Black Lives Matter website to see what they espouse. It is violent racism and anarchy.

It is deplorable that the Democrat party, the leftist media, weak mayors, governors and progressives (aka regressives) are in cahoots with them because they all hate Trump and think they can get him out of office by blaming him.

Trump is the most lied about president by the leftist fake news media in our history. That is why there is such a political divide in the country and so many wrong opinions about Trump.

President Trump is not a liar or a racist. He is for law & order, justice, a strong economy and to keep America great. Peace through strength. The truth shall set you free. God Bless.

Bill Coules  
Peshastin

## Leavenworth Rotary – Round two

SUBMITTED BY  
LEAVENWORTH ROTARY CLUB

Once again Leavenworth Rotary members worked together to manufacture face shields. It seems after the first 1,100 were distributed the word got out in the various parts of Washington and so it was back to work.

A request was received from Yakima Downtown Rotary for 1,000 to be given to Yakima Memorial Hospital and Sunnyside Rotary for 50 the hospice/palliative care facility.

The respective clubs sent their donation to Leavenworth Rotary so they were off and running.

Retired General Mike Worden once again summoned his fellow Rotarians to produce a second round of shields. His first task was to find someone to cut the masks out of the mylar. He contacted Rusty Gibbs at Gibbs Graphics and they did indeed have the machine to do this task.

Gibbs Graphics was kind enough to join forces and cut all of shields.

Leavenworth members worked over several days to complete 1,200 shields.

They were Joined by Dr. Jenny Vickrey from Confluence Health OBGYN and



President Ken Grosse of Leavenworth Rotary (left) and Tom Boyd (right) deliver masks to Eric Silvers, President, Yakima Rotary Downtown.

she needed 130 for her staff as well. The balance of the shields sold locally.

**The total shields made to date: 2,300.**

They have supplied hospitals in Lake Chelan, Republic, Omak, Grand Coulee, Confluence Health (Wenatchee), Cascade (Leavenworth), Brewster, Yakima Memorial, Swedish in Seattle.

They also delivered to 3 Fire districts, 3 Dental offices, Leavenworth Secu-



Leavenworth Rotarians at work.

be dealt with at the foot of the cross.

Racism still exists in America. There is no one doubting that. When it is exposed, we

need to grieve and repent of it immediately, being honest about the condition of our heart. We also need to be faithful to the Bible, taking

seriously the question "Who is my neighbor?" and applying Scriptural truth to "love your neighbor as yourself" (Mk 12:31).

## Pastor's Corner

### Solving Racism

BY PASTOR JOHN SMITH

All of us are having discussions regarding race relations on a level like no other in history. For many of us, this is the first time we have stopped and contemplated the nature of race in America. For others, we may have unfortunately assumed that we had dealt with this in the Civil Rights Era and therefore had no need to talk about racism or inequality again.

With "racism" being the issue that is dominating the hearts and minds of America, I, for one, think it is about time we directly tackle it and call "racism" for what it is: sin.

The sin of racism fundamentally denies the Imago Dei (Image of God) of a person, defining and valuing an individual based solely on the color of their skin. It takes no effort to be racist, just judge on outward appearance and take no time in getting to know the individual that is right in front of you. It is very easy to write whole cultures off because of stereotypical notions about ethnicity and because the human heart is innately lazy and loves the path of least resistance, racism is an easy sin to fall into.

Since racism can easily root itself into the heart and radically infect a society, then the solution to racism must be equally radical.

Yet the solution is not widely accepted. Instead, a great number of individuals (including many Evangelical Christians) borrow from a godless world view to deal with the issue of racism. Rhetoric regarding "white privilege", "systemic racism", "Social Justice" along with frameworks of Critical Race Theory and Intersectionality are unintentionally used by well-meaning Christians as the answer to race relations. These, on the surface, sound like good things and should be used as tools to equip us in dealing with the problem of racism, however, the ideology behind them stands antithetical to Christianity.

Social Justice takes its cues and is informed by Cultural Marxism. In Cultural Marxism, you have the narrative of the "oppressor" and the "oppressed" and everyone, regardless of circumstances or personal decisions, falls into either category. Much like Classical Marxism where it was all about overthrowing economic power structures,

Cultural Marxism seeks to overthrow perceived ethnic power structures and resolve the problem of "institutional racism". What is "institutional racism," you ask? In other words, institutions (courts, colleges, corporations, and churches) are inherently racist and must be overthrown. What this posits is that you can have racism without ever having a racist.

The logical result of this whole ideology is that in its effort to solve the problem of racism in our country, it only adds fuel to a racist narrative. When some decry "white privilege", aren't they making an assumption on race? When groups assert that what ultimately defines an individual is not who they are, but what the color of their skin is or what category they fit into, doesn't that dehumanize and divide people?

As Christians, our call is to love based on the Biblical premise that all people are created with intrinsic value and worth given to them by the Creator. Furthermore, foundational to our world view is the conviction that the Bible is inerrant and sufficient to deal with any and every situation we face. As 2 Timothy 3:15 says, "All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness."

Therefore, as Christians, we have been given everything we need in the Bible and do not need to borrow from pagan world systems to address an issue that the Bible addresses.

Lastly and more importantly, the solution to racism is found in the gospel. No other message or societal movement can affect the change necessary to eliminate racism.

Only the message of "Christ and him crucified" (1 Cor. 2:2) has the power to change a racist heart to one that embraces all people in brotherly love and affection.

Racism is a sin problem and through the message of the gospel, that sin can

**Aging & Adult Care**  
OF CENTRAL WASHINGTON  
NEW LOCATION  
270 9th St. NE  
Suite 100  
East Wenatchee  
509.886.0700

During this challenging time, caring for our relatives, friends and neighbors takes on new meaning. Aging & Adult Care is here to support communities with services and resources. Please contact us at (509) 886-0700.



- In-Home Care Options • Home-Delivered Meals
- Family Caregiver Support • Medical Equipment

Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties  
Offices in East Wenatchee, Moses Lake and Omak

1-800-572-4459 • www.aaccw.org

**SMITHSON INSURANCE SERVICES**  
Information You Can Rely On!  
Kathy Z. Smithson  
720 Valley Mall Pkwy  
East Wenatchee  
smithsoninsuranceservices@gmail.com  
Let Kathy assist you with answers to your questions about:  
• Life Insurance  
• Long-term Care  
• ALL Medicare Plans  
• Health  
• Disability and Annuities  
**509-884-5195**  
SmithsonInsuranceServices.com

**NCW MARKET.COM**  
CLASSIFIED ADS  
BUSINESS JOURNAL

Place your ad online at [NCWMARKET.COM](http://NCWMARKET.COM) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record  
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

# CLASSIFIEDS

## Administrative

### Publisher's notice

**CORRECTIONS:** NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only. The advertiser will be responsible for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



**PUBLISHER'S NOTICE**  
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 7 | 2 | 6 | 4 | 3 | 5 | 9 | 8 |
| 8 | 3 | 6 | 5 | 2 | 9 | 4 | 7 | 1 |
| 9 | 5 | 4 | 7 | 8 | 1 | 3 | 2 | 6 |
| 2 | 9 | 5 | 4 | 6 | 8 | 7 | 1 | 3 |
| 4 | 8 | 3 | 9 | 1 | 7 | 2 | 6 | 5 |
| 6 | 1 | 7 | 2 | 3 | 5 | 9 | 8 | 4 |
| 7 | 6 | 9 | 8 | 5 | 4 | 1 | 3 | 2 |
| 3 | 4 | 8 | 1 | 7 | 2 | 6 | 5 | 9 |
| 5 | 2 | 1 | 3 | 9 | 6 | 8 | 4 | 7 |

**Advertise**  
**548-5286**  
or  
**782-3781**

## Announcements

### Lost & Found

**LOST AND FOUND** can be placed in our local newspaper and online for **ONE week for FREE.** Limit 30 words

Leavenworth/Cashmere 509-548-5286 or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507

Deadline is Noon on Friday

### Happy Ads

**HAVE A SPECIAL EVENT COMING UP? PLACE IT IN OUR CLASSIFIEDS IN THE PAPER AND ONLINE**

24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

**HAPPY BIRTHDAY CONGRATULATIONS!**

**WILL YOU MARRY ME?**

**HAPPY ANNIVERSARY** Only \$15 for 30 days includes 3 photos

Chelan-Brewster 682-2213 or Leavenworth-Cashmere 548-5286

Find us online at: [www.leavenworthecho.com](http://www.leavenworthecho.com) or [www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

## Employment

### Help Wanted

**Find the Best Qualified Local Employee in our Classifieds Ads.**

Place your ad online 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com) It is easy, just register and pay online.

Print only? Deadline is Monday by Noon for all papers:

Lake Chelan Mirror Quad City Herald 682-2213  
Leavenworth Echo Cashmere Record 548-5286

Your ad will appear online and in the newspapers for one low price!



Douglas County PUD has an opening for:

On-Call Relief Fish Counter

\$21.40/ hour

Details at [www.douglaspubd.org](http://www.douglaspubd.org)

### Work Wanted



**RB's Custom Tractor Works**

Disking - Tilling Mowing Hourly Tractor Work

**Free estimates**  
33 years experience  
Cell **509-679-2469**  
Bus license #602-781-946

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | H | O | I | S | A | D | U | R | G | E |   |   |
| T | A | L | C | P | A | V | E | G | N | A | R | L |
| A | L | I | T | A | T | O | M | A | C | R | I | D |
| G | E | O | R | G | E | I | I | I | P | L | E | D |
| O | I | L | E | D | N | E | E |   |   |   |   |   |
| G | R | I | L | L | P | O | S | S | I | M | S |   |
| H | O | E | D | A | S | H | E | R | A | N | O | A |
| A | L | E | C | S | O | E | R | A | M | P | L |   |
| L | E | V | O | A | N | N | U | A | L | I | R | E |
| O | M | E | L | E | T | S | G | L | E | N | N |   |
| O | N | E | V | A | L | O | R |   |   |   |   |   |
| S | A | N | D | F | I | R | E | W | O | R | K | S |
| F | O | L | I | O | L | O | T | D | O | O | M |   |
| A | L | L | E | N | A | L | M | S | E | S | A | U |
| B | O | I | Y | S | A | D | I | E | I | N | T |   |

**Windermere Real Estate/NCW**  
Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley? Give us a call today!  
Carmen Bagdon - 237-2060  
Momi Palmieri - 433-2211  
Geordie Romer - 679-8958  
Allyson Romer - 630-9898

See all available properties at [windermereleavenworth.com](http://windermereleavenworth.com)

## For Sale

### Antiques & Collectibles

**Get cold hard cash for your Antiques and Collectibles by putting them in our classifieds.**

Place your ad with pictures online 24/7 at [NCWMarket.com](http://NCWMarket.com) Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price.

Deadline Monday at Noon for all papers:

Lake Chelan Mirror Quad City Herald 682-2213 or call

Leavenworth Echo Cashmere Record 548-5286

### Furniture

**NCW Media Newspapers**  
We have excess office furniture available. Items left are 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, A wood credenza and a free 4' x 4' white board. All other items are \$25.00 per item. Call to arrange a time to examine or pick up. All items located in Cashmere. We also have a small safe that is FREE to a good home. It has not been opened for many years because we do not know the combination. It could include valuable material we don't know. For information call Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on [NCWMarket.com](http://NCWMarket.com)

## Garage & Yard Sale



**CLEAR SOME SPACE WITH A Fill your pockets with CASH \$\$ AD** Let others know what items you are selling!

Go online now to Place your ad 24/7 at [www.NCWMarket.com](http://www.NCWMarket.com)

Print only? Deadline Monday at Noon for all papers

Lake Chelan Mirror Quad City Herald Call 682-2213

Leavenworth Cashmere Call 548-5286

Your ad will appear online and in the newspapers for one low price.

## Real Estate

### Orchards & Farms



We have buyers for your Pear, Apple and Cherry Orchards! 509-669-4500 [information@nwi.net](mailto:information@nwi.net)

### Rentals

**MORNING SUN PARK APARTMENTS**  
345 Madeline Road, Manson  
1 bedroom apartment \$478.00  
2 bedroom apartment \$573.00  
3 bedroom apartment \$660.00  
4 bedroom apartment \$736.00  
5 bedroom apartment \$812.00

Must have earned a minimum of \$3,000.00 in the last 12 months in agricultural income to qualify  
Ex: Packing shed, orchard, vineyard, some truck driver positions or forklift call to inquire

Must qualify by income Rent amount is based on income level Waiting list applies

Apply today at: **Housing Authority of Chelan County**  
1555 S Methow Street, Wenatchee (509) 663-7421 (TDD Equipped)

This institution is an equal opportunity provider and employer.



**NCW MARKET.COM**  
CLASSIFIED ADS

## Rentals

1 bedroom senior apartment  
**Lake Chelan Community Apartments**  
509 E. Gibson Ave, Chelan Senior Housing (62 and older)

- Rent based on income (if eligible)
- Newly remodeled
- Close to medical facilities & stores
- On site new laundry facility
- No application fee

**Housing Authority of Chelan County**  
1555 S. Methow Street, Wenatchee (509) 663-7421 (TDD equipped)

This institution is an equal opportunity provider and employer.



## AGRICULTURAL WORKER HOUSING

Rent based on income! Immediate Opening for a 3 bedroom.  
• Chelan Bluff 1135 S. Bradley Street, Chelan One adult household member must earn a minimum of \$4,582.50 per year in agricultural income, be retired from working in agriculture or be disabled from working in agriculture to qualify. Call for other requirements.

**Housing Authority of Chelan County & The City of Wenatchee**  
1555 S. Methow Street, Wenatchee (509) 663-7421 (TDD EQUIPPED)  
This agency is an equal opportunity provider and employer.



Leavenworth: Home for Rent, 3 Bedroom, 2 Bath, great area with mountain view. \$2000/month. Call Mike 509-699-3063

### Wanted to Rent

Want to rent: furnished room with kitchen, bath and laundry privileges for elderly gentleman with a large, friendly service dog. Call Larry 509-548-7220, if no answer, please leave a message.

## Vehicles

### Automobiles

For sale: Fix or for parts: 2002 FORD Explorer XLT 4.0L V6 4WD, pewter. Engine runs, has dents in passenger side doors, but other body parts are good. High mileage, charging, heater core, springs problems, 2 auto windows broken. W/ title. 509-571-5302. \$900 OBO

### Trucks & Vans

Lake Chelan School District has declared surplus a 1952 Willys Jeep, 1/4 ton, M-38 with 78 inch snowplow. Runs. Needs some TLC. \$2,500. Call Brad at 509-682-2005.

**SUDOKU PUZZLE**

FREE! Walk-in bathtub sale! Save \$1,500. Backed by American Standard's 140 years of experience. Ultra low entry for easy entering & exiting. Patented Quick Drain™ Technology. Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard. 44 Hydrotherapy jets for an invigorating massage. Limited Time Offer! Call Today! 866-612-7490

|   |   |   |   |  |   |   |   |   |   |
|---|---|---|---|--|---|---|---|---|---|
|   |   |   | 6 |  | 3 | 5 | 9 |   |   |
| 8 |   | 6 | 5 |  |   |   |   |   |   |
|   | 5 | 4 |   |  | 1 |   | 2 |   |   |
| 2 | 9 |   |   |  |   |   |   |   |   |
|   | 8 | 3 |   |  |   | 2 | 6 |   |   |
|   |   |   |   |  |   |   |   | 8 | 4 |
|   | 6 |   | 8 |  |   | 1 | 3 |   |   |
|   |   |   |   |  | 2 | 6 |   | 9 |   |
|   | 2 | 1 | 3 |  | 6 |   |   |   |   |

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**CROSSWORD PUZZLE**

THEME: THE 4TH OF JULY

1. Begone! 5. Blue  
8. Instinctive motive  
12. Barbershop supply  
13. Cover with asphalt  
14. Twist and distort  
15. Dismounted 16. Tiny particle  
17. Like smell of burning rubber  
18. "King of Great Britain when America won independence  
20. Same as pleaded  
21. "Well-\_\_ machine"  
22. \*Abigail Adams \_\_ Smith  
23. \*Preferred cooking device on the 4th  
25. They play dead 29. Tiller's tiller  
30. Santa's reindeer  
33. Dwarf buffalo  
34. Smart ones?  
36. " \_\_ the hills and far away"  
37. Penicillin holder, e.g.  
38. Part of both levorotary and levorotatory  
39. \*Like 4th of July  
41. Cholera  
42. Egg dishes  
44. Actress Close  
46. \*Jefferson was three and Washington was \_\_  
47. Medal of Honor word  
49. Castle material  
51. \*Roman Candles and Fountains, e.g.  
55. Manuscript sheet  
56. Dirty money 57. Dire fate  
58. Type of wrench  
59. Charitable contribution  
60. Genesis twin 61. Dad's lads  
62. General Services Administration  
63. Job for a body shop

1. Without a date  
2. \*American Revolutionary War spy, Nathan  
3. Miscellaneous 4. Type of local tax  
5. French composer of "GymnopEdies" fame  
6. Steer clear 7. Prefix for half  
8. \*U. S. personified  
9. Steak choice  
10. Power system 11. Former times  
13. Saffron-flavored rice dish  
14. Stares  
19. Decorates with gold leaf  
22. Negative conjunction  
23. Jewish folklore creature  
24. "Supeman" star  
25. Machu Picchu country  
26. Remove from Pinterest board  
27. Grieve  
28. \*Many retailers hold one for the 4th of July  
29. Sign of a saint  
31. \* \_\_ of Liberty  
32. Rooster's girlfriend  
35. \*13 of these at the start  
37. Give a green light  
39. \*What contestants did at Nathan's Hot Dog Eating Contest  
40. Ends of shoe laces  
43. " \_\_ a high note"  
45. " \_\_ what river did to bank"  
47. Viola da Gamba, pl.  
48. Wafting pleasantness  
49. Aria, e.g.  
50. Comrade in arms  
51. \*It should never touch ground  
52. Official flower of the Kentucky Derby  
53. Riddle without solution  
54. Obscenity  
55. Like The Beatles

GET THE GRILLER'S BUNDLE INTRODUCTORY PRICE: \$79.99  
4 (5 oz) Butcher's Cut Filet Mignon  
4 (4 oz) Boneless Pork Chops  
4 (4 oz) Omaha Steaks Burgers  
4 (3 oz) Gourmet Jumbo Franks  
4 (2.8 oz) Potatoes au Gratin  
4 (4 oz) Caramel Apple Tartlets  
Omaha Steaks Seasoning Packet  
+ 4 MORE BURGERS FREE  
THAT'S 20 COURSES + SIDES & DESSERT!

ORDER NOW! 1.833.406.1259 ask for 6328190U  
[www.OmahaSteaks.com/family588](http://www.OmahaSteaks.com/family588)

## Legals

## Public Notices

## SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of **MELISSE K. FRANKLIN**, Deceased.  
Case No.: 20-4-00131-04  
**PROBATE NOTICE TO CREDITORS**  
RCW 11.40.030  
The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the latter of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.  
Date of First Publication: **June 17, 2020**

Personal Representative: Tanya M. Ermine

Attorney for Personal Representative: Craig Larsen  
Address for Mailing or Service: 27 Harrison St. Wenatchee, WA 98801  
Court of Probate proceedings and cause number: Chelan County Superior Court Case #20-4-00131-04  
Published in The Cashmere Valley Record/ Leavenworth Echo on June 17, 24, and July 1, 2020 #251

## Public Notices

## IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON

COUNTY OF CHELAN  
GERALD R. MORO, a widowed person, individually and as Personal Representative for the ESTATE OF IDA MAE MORO, Plaintiff, vs. THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN, claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, Defendants.  
NO. 20-2-00362-04  
**SUMMONS**

STATE OF WASHINGTON to: THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN:

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 10th day of June, 2020, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Gerald R. Moro, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Evan M. McCauley and Matthew S. Hitchcock, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.  
Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named.  
DATED this 2nd day of June, 2020.

JEFFERS, DANIELSON, SONN & AYLWARD, P.S.  
By: s/ **Matthew S. Hitchcock**  
EVAN M. MCCAULEY, WSBA # 44285  
MATTHEW S. HITCHCOCK, WSBA #51492  
Attorneys for Plaintiff  
PO Box 1688  
Wenatchee, WA 98807-1688  
(509) 662-3685 (509) 662-2452

Published in The Leavenworth Echo/ Cashmere Valley Record on June 10, 17, 24, and July 1, 8, 15. #87859/221

## Public Notices

## IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN IN PROBATE

In the Matter of the Estate of **ROY V. FODE**, Deceased.  
NO. 20-4-00171-04  
**PROBATE NOTICE TO CREDITORS**  
RCW 11.40.030  
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the latter of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020; or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and non-probate assets.  
DATE OF FIRST PUBLICATION: **June 10, 2020**  
By:

RUSSELL B. FODE, Personal Representative  
Address: 1889 Broadway Place Wenatchee, WA. 98801  
Date: **June 1, 2020**

Attorneys for Personal Representative: GATENS GREEN WEIDENBACH, PLLC  
By:

LINDSEY J. WEIDENBACH, WSBA No. 43523  
305 Aplets Way Cashmere, WA 98815  
CHELAN COUNTY CLERK'S OFFICE  
Ms. Kim Morrison, Clerk  
Chelan County Superior Court  
350 Orondo Avenue, Suite 501  
Wenatchee, WA 98801-2885  
Published in The Cashmere Valley Record, Leavenworth Echo, and Lake Chelan Mirror on June 10, 17, and 24, 2020. #222

## Public Notices

## IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON

## COUNTY OF CHELAN

DERYL J. KING and BRENDA L. KING, aka BRENDA L. THOMAS, husband and wife, and the marital community thereof, Plaintiffs, vs.

ALPINE ACRES, Inc., a nonexistent corporation; THE UNKNOWN SHAREHOLDERS AT LAW OF ALPINE ACRES, Inc., a nonexistent corporation; the UNKNOWN HEIRS AT LAW OF KENNETH LAFONTAINE, AND ALSO All persons or Parties Unknown Claiming Any Right, Title, Estate, or Lien, or Interest in the Real Estate Described in the Complaint herein, Defendant  
NO. 20-2-00412-04  
**SUMMONS BY PUBLICATION**

THE STATE OF WASHINGTON TO:

Alpine Acres, Inc., a nonexistent corporation, the Unknown Shareholders at Law of Alpine Acres, Inc., a nonexistent corporation, the Unknown Heirs at Law of Kenneth LaFontaine, and also All persons or Parties Unknown Claiming Any Right, Title, Estate, or Lien, or Interest in the Real Estate Described in the Complaint herein.

YOU ARE HEREBY SUMMONED to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 24th day of June, 2020, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the Plaintiffs, Deryl J. King and Brenda L. King, aka Brenda L. Thomas, husband and wife, and the marital community thereof, and serve a copy of your Answer upon the undersigned attorneys of the Plaintiffs, at their office below stated; and, in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the Clerk of said Court.  
The object of this action is to quiet title in Plaintiffs in real estate in Chelan County, Washington, described as: LOT 12, BLOCK 2, ALPINE ACRES, VOL. 7, P. 33-34, CHELAN COUNTY against the claim of the Defendants and any one of them.  
DATED this 18th day of June, 2020.

DAVIS, ARNEIL LAW FIRM, LLP  
Attorneys for Plaintiffs

By: s/ **Michael G. Bradford**  
MICHAEL G. BRADFORD  
WSBA No. 43169  
617 Washington Street  
Wenatchee, WA 98801  
Published in The Leavenworth Echo/  
Cashmere Valley Record on  
June 24, July 1, 8, 15, 22 and 29,  
2020 #342

## Public Notices

## 2020 MRSC ROSTERS SMALL PUBLIC WORKS, CONSULTANT, and VENDOR ROSTERS FOR PARTICIPATING WASHINGTON STATE LOCAL GOVERNMENT AGENCIES LOCATED IN EASTERN WASHINGTON

The Municipal Research and Services Center of Washington (MRSC) hereby advertises on behalf of the below listed local government agencies in Washington State (local governments) in Eastern Washington (Okanogan, Chelan, Douglas, Grant, Adams, Whitman, Garfield, Asotin, Spokane, Lincoln, Ferry Stevens, and Pend Oreille counties), including - but not limited to - cities (Title 35 RCW and Title 35A RCW), counties (Title 36 RCW), port districts (Title 53 RCW), water- sewer districts (Title 57 RCW), school districts and educational service districts (Title 28A RCW), fire districts (Title 52 RCW), transit agencies (e.g., Ch. 35.58 RCW, Ch. 36.57A RCW, Ch. 36.73 RCW, Title 81 RCW), and public utility districts (Title 54 RCW), for their projected needs for small public works estimated to cost \$350,000 or less, and for consulting services throughout 2020. Additionally, MRSC advertises on behalf of some local government for their projected needs for vendor services throughout 2020. Interested businesses may apply at any time by visiting the MRSC Rosters website at [www.mrsccrosters.org](http://www.mrsccrosters.org). For questions about MRSC Rosters, email [mrsccrosters@mrscc.org](mailto:mrsccrosters@mrscc.org).

**SMALL PUBLIC WORKS ROSTERS:** Service categories include construction, building, renovation, remodeling, alteration, repair, or improvement of real property as referenced in RCW 39.04.155. Sub-categories can be viewed on the MRSC Rosters website.

**CONSULTANT ROSTERS:** Service categories include architectural, engineering, and surveying services as referenced in Chapter 39.80 RCW, as well as other personal and professional consulting services. Sub-categories can be viewed on the MRSC Rosters website.

**VENDOR ROSTERS:** Service categories include supplies, materials, and equipment not being purchased in connection with public works contracts and limited service contracts as referenced in RCW 39.04.190. Subcategories can be viewed on the MRSC Rosters website.

**Currently subscribing local governments which have their Small Works Roster, Consultant Roster, and Vendor Roster hosted by MRSC Rosters:** Adams County, Asotin County Public Health, Chelan County Fire District 5, Chelan County FPD 6, Chelan-Douglas PTBA, Cheney Public Schools (Cheney School District # 360), City of Airway Heights, City of Brewster, City of Cashmere, City of Cheney, City of Colfax, City of East Wenatchee, City of Electric City, City of Ephrata, City of Grand Coulee, City of Mattawa, City of Medical Lake, City of Millwood, City of Moses Lake, City of Othello, City of Pateros, City of Quincy, City of Ritzville, City of Royal City, City of Spokane, City of Spokane Valley, City of Sprague, Colville School District 115, Douglas County, Douglas County Fire District #4, Enduris Washington, Ferry County, Foster Creek Conservation District, Grant County Fire District #13, Grant County Fire Protection District #3, Grant County Public Hospital District #3, Grant Transit Authority, Greater Bar Water District, Inchelium School District #70, Lake Wenatchee Fire & Rescue, Lincoln County, Medical Lake School District, Multi-Agency Communications Center (MACC 911), Okanogan County Public Hospital District #4, Okanogan Douglas District Hospital #1, Pend Oreille County, Public Utility District No. 1 of Stevens County, Quincy School District, Reardan-Edwall School District No. 9, Samaritan Healthcare, South Pend Oreille Fire & Rescue, Spokane County Fire District 10, Spokane County Fire District 4, Spokane County Fire District 8, Spokane County Fire District 9, Spokane Valley Fire Department, Stevens County, Town of Coulee City, Town of Coulee Dam, Town of Endicott, Town of Hartline, Town of Lone, Town of Lamont, Town of Mansfield, Town of Odessa, Town of Springdale, Town of Uniontown, Town of Waterville, University District Public Development Authority, Waterville School District #209, West Plains Airport Area Public Development Authority, Whitman County F.P.D 7.

**Currently subscribing local governments which have only their Small Works Roster and Consultant Roster hosted by MRSC Rosters:** Bridgeport School District, Chelan County, Chelan County Public Hospital District #1, Chelan County Public Hospital District #2, City of Bridgeport, City of Chelan, City of George, City of Kettle Falls, City of Omak, City of Rock Island, City of Soap Lake, East Valley School District No. 361, Grant County, Grant County Mosquito Control District #1, Grant County Port District #10, Grant County Port District No.1, Oakesdale School District, OHELLO COMMUNITY HOSPITAL, Pend Oreille County Fire District #8, Royal School District 160, Spokane Conservation District, Spokane Regional Clean Air Agency, Town of Creston, Town of Marcus, Town of Northport, Town of Reardan, Town of Wilbur, Washucna School District #109, Wenatchee School District #246, Whitman Hospital and Medical Center.

Some or all of the local governments listed above may choose to use the MRSC Rosters service to select businesses. Master contracts for certain types of work may be required. In accordance with Title VI of the Civil Rights Act of 1964, 78 Stat. 252, 42 U.S.C. 2000d-4, and Title 49, Code of Federal Regulations (CFR), Department of Transportation, Subtitle A, Office of the Secretary, Part 21, Nondiscrimination in Federally Assisted Programs of the Department of Transportation Issued Pursuant to Such Act, these local governments hereby notify all businesses that they will affirmatively ensure that in any contract entered into pursuant to this advertisement, disadvantaged business enterprises as defined at 49 CFR Part 26 will be afforded full opportunity to submit bids or proposals in response to any invitations and will not be discriminated against on the grounds of race, color, national origin, or sex in consideration for an award. Published in The Cashmere Valley Record/Leavenworth Echo on June 24, 2020 #331

**Have spare room in your facility?**

**Advertise on**

**STORAGE**

**NCWMarketing.com**

## What antihistamine is best for me

Q: Every summer, my nose runs, and my eyes itch from my allergies. Claritin® has worked for me in the past, but this year is different. I tried Allegra®, but it's not helping, either. What other antihistamine could I try?

Antihistamines work by keeping histamine locked away inside your body. Histamine is a compound that triggers inflammation. Histamine is stored in specialized cells in your body called mast cells. When you encounter something you're allergic to, these storage cells open up, releasing the stored histamine into your bloodstream. The freed histamine triggers the symptoms we associate with an allergic reaction: stuffy or runny nose, itchy eyes, and sinus pressure.

Antihistamines work by keeping histamine tucked away safely inside your mast cells. This is why antihistamines work best if you take them at least 1 hour BEFORE being exposed to whatever sets off your allergies.

Which antihistamine should you choose? That depends on which one works best for you and how much drowsiness it can cause.

There are 2 main categories of antihistamine medicines to choose from: sedating ones and non-sedating ones. The sedating antihistamines are older drugs that often cause drowsiness. They also can help dry up a runny nose and watery eyes. Newer antihistamines cause less drowsiness but are less helpful at drying up a runny nose.

Some antihistamines relieve allergy symptoms better with some people than with others. Many people have to try more than one before they find the one that works best for their allergy symptoms while causing the least drowsiness.

How important to you is avoiding drowsiness? Older antihistamines cause at least some drowsiness in most people. If this is a concern for you, start with the newer antihistamines because they cost little to no drowsiness. One of the best antihistamines is loratadine, also known as Claritin® or Alavert®. It's taken only once a day and rarely causes drowsiness. If loratadine doesn't relieve your symptoms, you could try the non-sedating antihistamine Allegra® or fexofenadine, available in either twice a day or once a day versions.

If those don't work for you, try cetirizine (Zyrtec®) or Xyzal®. Cetirizine is transformed in your body to levozetirizine, which is Xyzal®, making them basically the same medicine. They are taken once daily, and they can cause drowsiness but only in about 10% of people.

If Claritin®, Allegra®, Zyrtec® or Zyzal® aren't giving you enough relief, try one of the older sedating antihistamines. The most powerful is Benadryl®, also known as diphenhydramine. It helps with more severe allergic symptoms but will cause drowsiness in



most people. You can buy double-strength diphenhydramine as a sleeping pill without a prescription as Tylenol PM® or Somnux II. Benadryl® should be taken 3 to 4 times a day for best results. Some people take it just at night and use a less sedating antihistamine for allergy relief during the day.

There are several older antihistamines still available, including chlorpheniramine, brompheniramine, and triprolidine. Triprolidine causes less drowsiness than the other older antihistamines and seems to have more drying action as well. Surgeons used to take it to keep from having their nose drip while performing procedures. It's only available as Actifed®, which contains both triprolidine and the original version of Sudafed®. I prefer using it over the others because it relieves my runny nose, watery eyes, and my stuffy nose at the same time.

5 Tips on Choosing an Antihistamine:

1. Don't Wait.  
Antihistamines work best if they are taken BEFORE you come in contact with what you are allergic to. Don't wait until your nose stuffs up, and your eyes start itching.

2. Choose not to snooze.

Select non-sedating antihistamines like loratadine (Claritin®) or fexofenadine (Allegra®), or minimally sedating ones like cetirizine (Zyrtec®) or Zyzal®, especially if you have to drive or use machinery.

3. Don't give up.  
If your first antihistamine choice doesn't help you, try another one. It's not unusual to get very little relief from one antihistamine, then good results with a different one.

4. Consider a combo.  
For additional relief, add a nasal spray or decongestant to your antihistamine. Flonase® nasal spray or my own favorite, triprolidine/pseudoephedrine (Actifed®) tablets are excellent choices for runny and stuffy nose symptoms.

5. Avoid Sudafed PE® and generic phenylephrine.

If you have high blood pressure, avoid taking decongestants. If you need relief from nasal congestion, I strongly recommend the original versions of Sudafed® over the ones currently available in the cough and cold medicine section. Bring photo identification to purchase it from the pharmacy.

*Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely. © 2020 Louise Achey*

**KEEPING UP WITH BUSINESS**

The Leavenworth **ECHO** MEDIA **RECORD**

New hires • promotions • special training • awards  
Share your company's news with our communities.

**Free**  
Keeping up with people submissions are printed as space is available.  
Include a photo (opt.)

Send to: The Leavenworth Echo  
Cashmere Valley Record  
215 14th street  
Leavenworth, WA 98826

Phone: 509-548-5286  
Email: [carol@leavenworthecho.com](mailto:carol@leavenworthecho.com) or [editor@leavenworthecho.com](mailto:editor@leavenworthecho.com)

Send by: Noon on Thursday.