

THE LEAVENWORTH ECHO

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Fifteen Republicans vie to unseat Governor Inslee

By BILL FORHAN

For Republicans who are unhappy with state politics the August 5 primary election will be critical. There are 15 candidates running for Governor in an attempt to unseat Jay Inslee who is running for a third term. Republicans have been

unable to field a winning candidate for governor since John Spellman won the election in 1985. The Republicans came closest in 2004 when Dino Rossi lost to Christine Gregoire by 133 votes. That election ended up in court over disputes about “newly found” uncounted votes

from King County that put Gregoire ahead.

This year’s primary ballot has set a state record for candidates running for governor. There is a total of 36 candidates. Next week we will review the minority party candidates.

Washington has been so blue in its politics over

the years that the New York Times coined the word “Democratopolis” to describe the state.

In this time, where the Seattle streets have been taken over by radical groups calling for racial justice, it is a curious bit of Washington State history that a former slave, Horace Cayton,

started and ran the Seattle Republican. A newspaper that would grow to become the second largest in Seattle.

In this primary, Republicans will have to choose wisely if they hope to turn the tide of Washington state politics. Below is short review of the 15

candidates running with a party designation of “Republican preferred”. We have endeavored to provide a link to their websites in an effort to give you the opportunity to explore their positions more fully than space here will allow. They are provided in no particular order.

Leon Aaron Lawson



Lawson is a small businessman from Shelton. Lawson claims allegiance to Where We Go One We Go All (WWG1WGA); a group of anonymous writers who wrote the book QAnon. He has never held political office. Lawson says, I was treated like a criminal growing up because I chose Marijuana over prescribed pharmaceuticals. But now the state picks and chooses who is allowed to sell and grow marijuana with its unconstitutional lottery that decriminalize it and stop the states theft. I am a small business owner who was targeted and attacked by the corrupt and negligent powers of the current administration

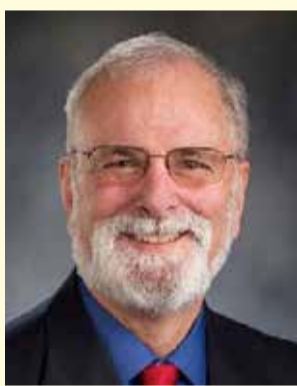
Tim Eyman



Eyman is a small business owner and tax activist. He describes himself as an innovative policy advocate whose tax initiatives have saved taxpayers \$43 Billion. He has never held political office. Eyman says, As Governor, I will serve you. I’ll reduce

taxes, prioritize spending, grow our economy, guard your individual liberty, and protect your constitutional rights. For 22 years, I’ve fought for you with initiatives that cut taxes, strengthened our communities and made our streets safer. Imagine if Jay Inslee hadn’t betrayed voters by breaking his campaign promises to veto taxes, raising them 30 times instead. Imagine if Inslee hadn’t recklessly shut down thousands of small businesses, forcing a million people out of work, while letting mega-corporations remain open. Inslee’s lockdown spared his allies but punished everyone else. Inslee’s actions always benefit the special interests that bankroll him. Tim4Gov.com

Phil Fortunato



Fortunato is currently a State Senator. He owns a landscaping and environmental business. Fortunato says, “our state is at a crossroads. Washington faces rampant homelessness fueled by mental illness and addiction, out-of-control spending, a lack of adequate funding for transportation, the human tragedy of the opioid crisis, and now COVID-19. Whoever you elect as governor faces an \$8 billion shortfall. This is not a time for on the job training. I am the only candidate with executive private-sector

and legislative experience. I have an in-depth knowledge of budgetary issues and the effect that cuts have on education and the most vulnerable, especially veterans, seniors and the disabled. I want to put taxpayers first, restructure state spending, reduce regulations and the size of state government. Website: www.PhilForGov.org

Martin L. ‘Iceman’ Wheeler



Over the last three years, Wheeler, a retired firefighter and former Roy resident of 42 years, has been planning a run for the governor’s office. Wheeler says he believes he’ll be the Republican candidate who will be able to flip the state red because he’ll be an open, honest person who will advocate for agriculture, police, public safety and schools. https://www.wheelerforgov2020.com/

Goodspaceguy



Goodspaceguy changed his name so you could find him on the Internet. He has

run 21 times and survived the primary once. He says, your precious lives in this age of advancing, technological miracles I, Goodspaceguy, want to help raise our living standard. Believing a higher living standard is possible, I studied business and economics and have taken science as a lifelong hobby, command economy of force that is a heavy burden on taxpayers. We should move toward the voluntary, competitive, free market economy which uses profit to create jobs that are in balance with what consumers want. You consumers rule. https://colonizespace.blogspot.com

Raul Garcia



Dr. Raul Garcia is an immigrant from Cuba who has witnessed the demoralizing and devastating effects of socialism. He says, So why should you choose me, a doctor, to be the next Governor of Washington State? I need your vote so I can work for you, your family, your friends, and your community to promote a healthy and thriving state where citizens and businesses aren’t burdened by overreaching policies, laws and taxes. As a physician, I’ve seen first hand what these burdens do to people. I’m invested in the health of our state, our residents and our businesses. I want to fight for YOU. As a non career politician, I can

and will work for you! I’m asking for your vote, are you ready for a change? www.DrGarcia4Governor.com

Nate Herzog



Herzog describes himself as an anti-Trump Republican who has supported sensible Democrats. He has never held political office. He says, It’s time to end 36 Years of One-Party Rule. I support two-year terms for the Governorship.

If elected, I will step aside in 2022 so Washingtonians can elect a new Governor that November. I invite you right now to pause your reading, and visit ResetWA.org to learn my plans for advancing electoral reform, balancing our massive budget shortfall, and to fight COVID-19 to save lives and restore our economy.

Ian Gonzales



Gonzales says he brings a clean slate to politics. He has no affiliation with interest groups, lobbyists or large corporations.

Gonzales says, I’m running for Governor because my generation and those that follow will reap both the benefits and the long term consequences of the decisions made by our current administration. Washington has become increasingly tax-happy, yet many of the programs that tax dollars are being dumped into aren’t reaping their intended benefits which needs to change. These programs have better solutions waiting to be applied that would allow the people of Washington to pay less taxes; yet still fund the things that are necessary, like quality roads. Washington as it stands is more divided than ever. His listed website link does not work.

Loren Culp



Culp is an Army veteran and sheriff of the city of Republic. He says, Attacks on religion, freedom of speech, due process and the 2nd Amendment are at an all-time high, while the State government ignores lawlessness in our major cities, invades our privacy and interferes in parenting. This is unacceptable. The government is accountable to and serves the people as directed by our Constitution—not the other way around. In November of 2018, Loren was the first Police Executive to take a stand against the gun restriction initiative 11639 which he believes is

CONTINUED TO PAGE 4

Tri-county fairs pull the plug on 2020

Virtual shows and sales proposed

By MIKE MALTAIS

Staff writer

QUAD CITIES – Several flagships of the North Central Washington fall entertainment season will remain in port this year with recent announcements that the North Central Washington Fair in Waterville, the Chelan

County Fair in Cashmere, and the Okanogan County Fair in Okanogan have been either cancelled or so recommended due to the coronavirus pandemic.

As of July 3, Okanogan County was in Phase 2 of the state’s Safe Start Washington four-phase reopening program. Chelan and Douglas counties remained in modified Phase 1-1.5 status. Phase 1 bans all gatherings while Phase

2 restricts gatherings of no more than five persons outside a family group. Phase 3 allows up to 50 people in a gathering but only Phase 4 permits unlimited numbers.

North Central Washington Fair The North Central Washington Fair (NCWF) was first out of the chute with its cancellation alert

CONTINUED TO PAGE 4



COURTESY OKANOGANCOUNTYFAIRGROUNDS FACEBOOK



COURTESY CHELANCOUNTYFAIR.COM



Virtual Sale



COURTESY COURTESY NCWFAIR.ORG

During this difficult time support your neighbors

Most local businesses offer curbside service or delivery

Inside The ECHO this week

Community Calendar .. 2	Business Directory 5	Inserts
Senior Center Menus .. 2	Church Guide..... 5	Dan’s Market
Sheriff Reports 2	Classifieds..... 6-7	Safeway
Opinions..... 4	Community News..... 8	



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COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

Who: Any non-profit 501(c)-(3) group, person(s). Must submit full name and phone number.
What: Items pertaining to local events that are free or **maximum charge of \$100 fee.**
Where: Email to: reporter@leavenworthecho.com or reporter@cashmerevalleyrecord.com
 Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Another way to advertise your News & Events

Go to: www.NCWMARKET.COM • 24/7
 Choose your category and pay for Print & Online at one time
 For more information on any of these items. 509-548-5286 or classifieds@leavenworthecho.com



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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness.

No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@leavenworthecho.com.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

All events and meetings are cancelled until further notice.

Contact the organization listed for update information.

AA Meeting Schedule

Information numbers for AA:

The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946

The phone number to call for the Zoom link to Leavenworth AIAnon meetings is 509-548-7939

509-548-1627, 548-4522, 664-6469, 425-773-7527, 1-206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin

Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans, Leavenworth

Friday, 7:30 p.m., Plain Community Church, 12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939

Alanon Meeting Schedule: Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery

We will be meeting via Zoom weekly on Fridays at 6:30 p.m. Please email celebraterecoverylcn@gmail.com for more information.

Community Calendar

Wednesday

Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)

Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.

Leavenworth Rotary Club, Zoom meetings, noon. For more info. call President Teri Miller, 509-669-1585.

Thursday

Leavenworth Farmers Market, 4-7 p.m., open now at Alpine Lake Elementary School parking lot on Pine St. Contact: Lorrie Tatum, LCFM Board Member. 425-753-3933

Leavenworth Chamber of Commerce, 8 a.m. Kristall's Restaurant. Call Chamber, 548-5807. Everyone is invited to attend as a guest. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info. email President Anita Wilkie at wilkieam2015@gmail.com

Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)

Saturday

No Events Scheduled.

Sunday

See Church schedule.

Monday

The Leavenworth Mosquito Control District board will hold meetings each month at 7 p.m. Contact Manager Jennifer Mullins, 548-5904 or email info@leavenworthmosquidistrict.com. (1st and 3rd Mondays)

Chumstick Grange Hall, 2 p.m., Helen Kensrud, 782-4086. (2nd & 4th Mon.)

Upper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-0408.

Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)

Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. at the Wenatchee Red Lion. Contact President Ellie, 425-319-9869 (1st Mon. each month).

Tuesday

I.P.I.D. Meeting, 8 a.m., Anthony Jantzer, 782-2561, meeting at Wescott Dr. in Cashmere. (2nd Tues.)

Icicle Valley Chapter of Trout Unlimited, 6:30 p.m., Icicle Village Resort, 505 Hwy. 2, in the Lake Wenatchee Room. Call Dave, 548-0903. (2nd Tues.)

Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)

Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)

Buns, Book and Tea, Peshastin Book Club, 1 p.m., Peshastin Library. Call Kathy Springer, 509-433-1345. (3rd Tues.)

Cascade Education Foundation, 1 p.m., Boardroom at Cascade District office. Call Ken West, 670-1729.

LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.)

Ongoing events

Leavenworth Public Library: 548-7923.
 Mon., Tues., Wed., open 9 a.m. - 6 p.m.
 Thurs., 9 a.m. - 8 p.m. and Fri., 9 a.m. - 6 p.m.
 Closed on weekends and Holidays.

Special events:
 Tues., 11:30 a.m., Baby story time
 Wed., 1:30 p.m., Preschool story time

Peshastin Public Library: 548-7821.
 Closed Sunday and Monday
 Tuesday: 3-8 p.m.
 Wednesday: 2-7 p.m.
 Thursday: 2-7 p.m.
 Friday: 11 a.m.-4 p.m.
 Saturday: 12-5 p.m.

Special events:
 Thurs., 2:30, Billingual Story time
 Sat., Crafts: 2 p.m.

Upper Valley Museum: 548-0728

Leavenworth Fish Hatchery, 548-7641. 8 a.m.-3:30 p.m. 12790 Fish Hatchery Road (Daily).

Regional events

SCORE (small business counseling), 1-4 p.m. Wenatchee Chamber of Commerce. Call for appointment, 888-2900. (Tues. & Thurs.)

Cascade Conservation District Board Meeting, 3:30 p.m., Upstairs Conference Room, Wenatchee World Building, 14 N. Mission St., Wenatchee. 509-436-1601.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

leavenworthecho.com

Notice

Please check with your church, local businesses, organizations, meetings and events that may have closed, cancelled, or postponed until further notice. We will have updates on our websites as well.

Feel free to update us by email at Reporter@leavenworthecho.com or Publisher@leavenworthecho.com.

Stay Well!

Sheriff/ Fire/EMS

July 3

02:26 Disturbance, 280 US Hwy. 2

09:34 Attempt to locate, 405 US Hwy. 2

10:35 Disturbance 1250 US Hwy. 2

11:38 Malicious mischief, 11025 Chumstick Hwy.

12:41 Accident/no injuries, 1000 Blk., Front St.

15:42 Traffic offense, 15440 Cedar Brae Rd., Lake Wenatchee

16:16 Trespass, 22787 Brown Rd., Lake Wenatchee

16:31 Civil, 116 River Bend Dr.

17:23 Accident/no injuries, US Hwy. 2 & Front St

17:26 Traffic offense, Icicle Rd., MP 2

19:50 Noise, 12571 Shore St.

20:16 Noise, 12661 Shore St.

20:20 Attempt to locate, Leavenworth Area

21:25 Vehicle prowler, 7544 S. Lakeshore Rd., Lake Wenatchee

21:43 Fireworks 15263 A. N. Shore Dr.

23:51 Suspicious, 9241 Lone Pine Orchards Rd.

July 4

00:09 Fireworks, 17458 US Hwy. 2, Nason Creek

11:02 Vehicle theft, Peshastin Cemetery, Peshastin

15:10 Marine, 7544 S. Lakeshore Rd., Lake Wenatchee

15:32 Weapons violation, Beaver Valley Rd., MP 17, Lake Wenatchee

15:35 Agency assist, Walker Canyon Bridge

16:07 Traffic offense, 8238 E. Leavenworth Rd.

16:20 Traffic offense, 11300 Freud Canyon Rd.

16:29 Water rescue, 18832 Pine Loop, Plain

16:51 Noise, 15900 Cedar Brae Rd., Lake Wenatchee

17:14 Fireworks, 16705 Brown Rd., Lake Wenatchee

17:32 Marine, 15370 Cedar Brae Rd., Lake Wenatchee

18:02 Fireworks, 7951 Blewett Cutoff Rd.

18:09 Property, Wenatchee Ridge Viewpoint

20:14 Attempt to locate, Stuart lake Trail

20:24 Fireworks, 16125 Meacham Rd., Apt. A

21:10 Fireworks, 321 Park Ave.

21:11 Fireworks, 7785 E. Leavenworth Rd.

21:16 Fireworks, Stevens Rd. & Yodeline Pl.

21:19 Fireworks, Icicle Rd., MP 2

21:48 Fireworks, 9485 E. Leavenworth Rd.

21:56 Fireworks, Cottonwood & Hansel Lanes

22:02 Fireworks, 8600 Blk. Main St., Dryden

22:04 Fireworks, 9377 Lone Pine Orchards Rd.

22:08 Fireworks, 8786 School St., Dryden

22:09 Fireworks, 3200 Blk. Allen Ln., Peshastin

22:10 Fireworks, 347 Division St.

22:11 Fireworks, 3400 Blk. Ingalls Ln., Peshastin

22:16 Extra patrol, 308 Zelt Strasse

22:16 Fireworks, Mill St. & US Hwy. 2

22:32 Fireworks, 9200 Blk. Icicle Rd.

22:33 Fireworks, 34256 S. Nason Rd.

22:34 Noise, 20530 S. Lakeshore Rd.

22:49 Agency assist, 20530 S. Lakeshore Rd.

23:31 Fireworks, 17806 N. Shore Dr., Lake Wenatchee

July 5

00:10 Noise, 21702 Colt Rd., Plain

03:18 911, 23336 Lake Wenatchee Hwy.

07:54 Traffic offense, Chumstick Hwy. & Freund Canyon

10:31 Harass/threat, Chumstick Hwy.

11:05 Parking/abandon, Pinegrass St. & Central Ave.

12:41 Accident/no injuries, US Hwy. 2 & River Bend Dr.

12:49 Suspicious, Wheeler St.

12:56 Suspicious, 4919 Icicle Rd.

14:22 Accident/no injuries, 1329 US Hwy. 2

15:52 Property, 300 Enchantment Park Way

16:45 Agency assist, 12566 Wilson St.

17:13 Parking/abandon, 636 Front St.

18:54 Burglary, 3522 Hansel Ln., Peshastin

21:18 Public assist, 16887 N. Shore Dr., Lake Wenatchee

22:59 Alarm, 636 Front St. ➤➤

City Council Meetings

7 p.m., Leavenworth Planning Commission at City Hall contact Liliith Vespier, 549-5275. (1st Wed.)

8 a.m., Leavenworth City Council study session, City Hall, 548-5275. (2nd Tues.)

3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.)

6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

Senior Center Menus

Leavenworth Senior Center, 423 Evans St., Leavenworth

Currently the Leavenworth Senior Center is closed due to the COVID 19 Virus. The meals on this menu will still be available at the Leavenworth Senior Center, for take-out and home delivery meals. For meal pick up and information call the Kitchen Staff at the Senior Center between 9 a.m. and 1 p.m. weekdays at (509) 548-6666 or email Leavenworthseniors@gmail.com.

lasagna, garden salad, Waldorf salad, garlic bread, dessert.

July 16, Thursday: Hot dog, baked beans, pea salad, garden salad, strawberry/rhubarb crisp

July 17, Friday: Fish and chips, coleslaw, peaches, garlic toast, dessert. Saturday and Sunday: No lunch.

July 20, Monday: Tacos, refried beans, Spanish rice, southwest salad, cinnamon pears, dessert.

July 21, Tuesday: Chef's salad, mixed melons, whole wheat roll, cereal bars.

July 22, Wednesday: Hamburger steak, sauced onions, mashed potatoes, green beans, tossed green salad, whole wheat roll, cherry crisp.

Senior Center Events

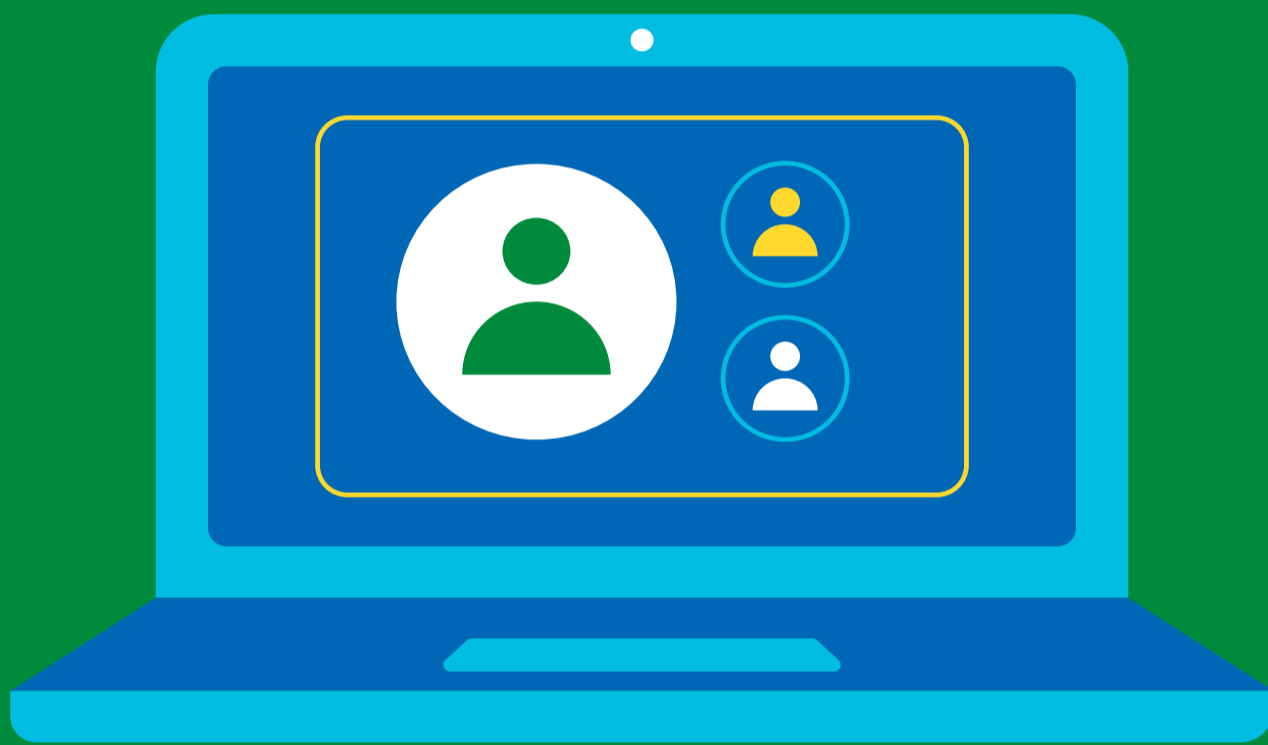
Leavenworth Senior Center, 423 Evans St., Leavenworth

Monday, Wednesday, and Friday 10:00 a.m. - 12:00 p.m. Senior Center meeting

Tuesday, 9:00 a.m. Leavenworth Senior Center's Council Executive meeting

Tuesday, 10:00 a.m. - 11:30 a.m. Crafts

We didn't just
buy Frontier.
We're making
it better.



The Northwest deserves a better Internet and phone experience. We bought Frontier and are investing \$500 million in the network to provide the Northwest with faster speeds, more reliable connectivity and refreshingly great service for our customers.

hi, we're
ziply[™] fiber

ziplyfiber.com

Governor Candidates

CONTINUED FROM PAGE 1

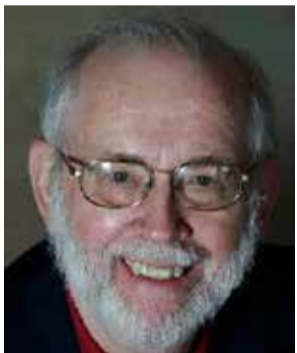
unconstitutional. <https://www.culpforgovernor.com/>

Richard L. Carpenter



Carpenter says, I am hoping all my friends invite all of their friends to follow my run for the office of Governor of the great state of Washington! I am running a real grass roots effort for you to hire a blue-collar worker to look out for you! I will use the \$5000 I am allowed to donate to my own campaign. I will not accept one dime from any organization... period! I will not accept one dime from anyone... period! I will run a government that will look out for the well being of "us"... period! Please understand, I am sticking it out there for all of us. I will lead a commonsense team for us. <https://www.facebook.com/RichardLCarpenterForGovernor/>

Bill Hirt



Hirt lists his previous elected experience as

High School Senior Class President. He is a retired Boeing engineer who has run 8 previous campaigns, not to win but to inform voters that Sound Transit should never be allowed to spend billions adding Prop 1 extensions to Central Link. This campaign is to debunk the claim that fossil fuel emissions are an existential threat. Al Gore's Inconvenient truth is in fact a monumental lie, says Hirt. His Website link does not work.

Joshua Freed



Freed is the Mayor of Bothell. He says, Are you better off today than you were four years ago? Is it easier to find a job, keep your business open, walk safely in your community, educate your children and protect your family's health? Under this Governor unemployment has skyrocketed, homelessness, crime and drug abuse have exploded and public health bureaucrats spent time pushing for heroin injection sites instead of preparing for a pandemic. We need a Governor who will listen to everyone, not just the powerful and well connected. Olympia is working for political insiders who don't need the help while ignoring those devastated by a health crisis and economic collapse. Our state's only mental health hospital was so poorly mismanaged it was decertified by the federal government leaving the mentally ill to

wander the streets. www.freedforgovernor.com

Matthew Murray



Murray says, My purpose will always be to better our lives collectively. In an email received on Saturday evening Murray said, I don't really care if I win or lose! Just want to be left alone and this done and finished.

Tylor Grow



Grow is a young man from Arlington, Wash. He has never held public office. He says, "Over the past 35 years, Washington State has had an elected Democrat as Governor. With decades of empty promises and slow progress, look where it has led us. As the next Governor of Washington State, I will eliminate the partisan gridlock that keeps our beautiful state from reaching its true potential by streamlining the way Washington State handles tax revenue. I will reform our methods of collecting tax revenue

regarding infrastructure to greatly benefit all of Washington's residents - not just the select few in the state's urban centers... I will reform our state's health care system by providing a public option. No one should have to worry about the cost of health care. Penalizing tax-funded organizations and programs for not using enough funds. This leads to wasteful spending which should be discouraged. https://www.facebook.com/Tylor-Grow-for-Governor-103755798028489/?ref=py_c

Anton Sakharov



As a refugee from the Soviet Union, Sakharov has seen the damage caused by too much government, too much regulation, and the importance of a balance of powers in maintaining a free and prosperous life. He says, He will respect the will of voters, cut taxes, reduce bureaucracy, and uphold the Constitution and Individual Rights. He will drain the Olympia swamp and end the drug fueled homelessness by holding agencies accountable to their budgets and outcomes. He will end government interference in our lives, the extreme liberal agendas pushed on our children and attacks on personal freedom. The Governor of Washington State should not be a career politician but instead a leader and executive manager who is working for the people. www.antsakharov.com

State Rep. Keith Goehner sounds off on fiscal wellness

By GARY BÉGIN

Managing Editor

NCW Media had a talk with 12th District incumbent State Representative Keith Goehner in early July. He faces Twisp's Adrienne Moore in the race. Here are his answers to our questions:

NCW Media: When/if you are reelected, what actions would you want the state legislature to do to help Washington companies to reopen?

Rep. Keith Goehner: The first action the legislature should take is freezing any discretionary spending in order to quantify the amount of revenue necessary to fund statutory functions of the State. At that point, we would then be able to determine how to modify the tax structure for businesses. Since B&O taxes are calculated on the gross sales, it should be reduced to allow businesses to keep some of their revenue for stabilizing their business. We should give permit and license fees a reduced rate and not impose the projected unemployment rate increase.

NCW Media: Are grants, low interest loans going to be available?

KG: Although low interest loans and grants may be attractive, if the State has resources, it will also necessitate additional administrative costs. The most effective measure the State could take to help businesses is to minimize the State's involvement in daily operations. Businesses are built to be successful and given the freedom to operate, they will develop a business plan for succeeding.

NCW Media: Tell our readers what you feel is the most important issue for the next session and what you want to do to handle it?

KG: The most important issue for the next session will be building trust in the government, the physical environment and the economy. The State will have to prove that it has the best interests of all the residents in mind and budget commitments

will need to reflect this. The public's concern around coronavirus will need to be satisfied in order for residents to feel safe and confident in resuming suspended activities. Until people have a sense of security in their surroundings, our lives will be affected. The economy, schools, childcare, assisted living, healthcare, and many other sectors will be experiencing challenges to ensure their ability to continue to provide services. The legislature will need to commit to addressing these concerns in a collaborative manner and be willing to take responsibility for the course that is set.

NCW Media: Anything else you'd like to say?

KG: The fiscal issue will be the most contentious issue in the upcoming session. While we are experiencing significant revenue shortfalls, there are proposals for additional taxes for new programs. Our primary obligation is to fund the core functions of government and these must be addressed before any new commitments are made. We will be needing to look at our current revenue collection model and determining how we can protect ourselves from downturns in the economy. We can continue on a "business as usual" path. This could be a good time to re-evaluate our tax structure to provide incentives and ensure consistency in revenue collection for the good of the taxpayer and the State.

Tri-county fairs

CONTINUED FROM PAGE 1

which appeared on the NCWF Facebook site on June 10.

"It is with great disappointment that we announce the North Central Washington Fair will not take place this year," the posting said adding that Fair staff, Board and Douglas County Commissioners did their best to find a plan that would work. "All possible avenues or changes were explored but none could solve the problems created by Washington's Safe Start reopening plan."

NCWF staff went to work on plans to organize a virtual livestock sale and now have Virtual Livestock Sale Rules and an Animal Registration Form on the Fair website, ncwfair.org. Participants must be residents of Douglas or Chelan counties or previous NCWF entrants. The registration deadline for the virtual livestock auction is July 15.

Rusty Finch in his ninth year as Ag teacher and FFA advisor for Cashmere High School has more than three dozen students preparing

NCW Fair livestock this year.

"We're just going forward," said Finch who was weighing and shearing sheep when contacted last Friday, July 3. "We have 27 kids showing pigs, another 10 with lambs, and four with goats."

While Finch concedes that a virtual show would not rise to the level of the real thing, still "there are enough people who want meat in their freezer" to produce profitable results for his students.

"We have lots of support," Finch said.

Chelan County Fair

In a June 11 announcement on its Facebook page the Chelan County Fair (CCF) officials advised that the CCF has been postponed for the 2020 season.

"All possible avenues or changes were explored but none could meet the requirements outlined in Washington's Safe Start reopening plan," the announcement said. "With Chelan County only just now getting into a 1.5 phase it became obvious that our

county may not even move to Phase 4 until after our Fair."

CCF officials are busy on an alternate plan to accommodate youngsters who purchased fair animals.

"At the very least we will have some form of livestock sale...to help these kids get their livestock projects completed and the animals sold," the CCF posting said. "Details of the potential showing and auction will be sent out through our Facebook page and website (chelancountyfair.co) once the plan is finalized."

Okanogan County Fair

The Okanogan Fair Advisory Committee (FAC) met in virtual session on Monday, June 29, and voted to recommend to the Okanogan County Commissioners that the fair not be held this year. In its place fair officials propose a two-day event where youngsters could show and sell their livestock, a quantity that includes 162 pigs, 68 sheep, and 65 steers register for the fair so far.

District 2 Commissioner Andy Hover said he would discuss the FAC recommendation with fellow commissioners Jim DeTro and Chris Branch at the next regular commissioners' meeting on Tuesday, June 30, for a decision in early July. While several members of the community sent letters and voiced support to hold the fair as scheduled, Hover reminded the FAC that violating Safe Start mandates could threaten the financial support the county receives from the state.

One school that will not see any Okanogan County Fair entries this year, virtual or otherwise, is Pateros. Ag instructor and FFA advisor Lyle Blackburn said he went out on a limb earlier to caution his students of the possibility that the coronavirus pandemic that interrupted their school year might do the same to the fair. Apparently, Blackburn's advice was telling.

"I don't have a single student that is grooming livestock for the fair this year," Blackburn said.



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OBITUARY

David Earle Twitchell

David Earle Twitchell, 78 of East Wenatchee died peacefully in his home on July 5 of complications following a stroke on May 24th.

Born in the Wenatchee Deaconess Hospital, January 17, 1942 to Lynn and Erma Twitchell of Cashmere, David grew up in Cashmere and graduated Cashmere High School (1960). He loved tennis and was an ace player on the CHS tennis team. David also loved to ski. He and Chuck Rank formed the Cashmere Ski Team of two and traveled to many PNW races (usually driven by David's father). In 1958 David won 1st Place in the Mt Spokane Lilac Downhill. In 1959, he won 2nd Place in the Talbot & Conway Sno-Cup Downhill. (This competition was a precursor to the development of Mission Ridge). David was a fast skier -



competing with no training other than guts, skill, and long skis.

In 1960, he attended the University of Washington, pledging the Delta Chi Fraternity. He attended Wenatchee Valley College and in 1962 joined the US Air Force, serving in the Cheyenne Computer Complex in Colorado Springs and at McCord AFB in Tacoma until his honorable discharge in 1969. After his discharge, he attended Seattle

University, earning a bachelor's degree in Accounting. Returning to Cashmere, he worked at Schmitten Lumber Company, Pack River Lumber Company and on the family orchard. He later owned and operated a pesticide application business, Pests or Us Inc. David also loved to golf. He was a Golden Era Member of Leavenworth Golf Course and won many golf trophies. His best win was when he teamed up with Dick Brender to win the 1999 Bavarian Golf Tournament by two-strokes.

David's most rewarding achievement was being a 37-year member, mentor, and sponsor in Alcoholics Anonymous. David's generosity, unconditional friendships and humorous wit will continue to influence many lives beyond his. He will be missed by many communities.

He is survived by his brother Terry Twitchell (Dryden), sister Carol "Cookie" Twitchell Crosetto (White Swan) and their families; his best friend George "Speedo" Hiddleston; and his lifelong friend and cousin, Stuart Fetters.

If he could, he would express grateful appreciation to the team of doctors, nurses, case managers, PT's, social workers and more, who compassionately directed his health care while at Confluence Hospital. The family would also like to thank the very professional and compassionate Hospice Home Care Nurses who embraced his end-of-life care, dignified his passing, and brought comfort to him and to us.

A Celebration of Life will be held sometime in August which will be announced later. If you wish to donate to a charity in his memory or friendship, he would be honored.

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Please call or email your church listed below if you need more information.
May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.

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TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE
CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Sunday School 10:00 a.m. - Worship 11 a.m.
Bible Study, Wed., 7 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Worship & Sunday School at 11:00 a.m.
Office Hours: Monday - Thursday 10:00 a.m. - 1:00 p.m.
Pastor Lilia Felicitas - Malana

CHRIST CENTER
Cashmere Assembly of God • 509-782-2825
Worship Services are available ONLINE ONLY at 10 a.m. Sundays
All updates on COVID-19 can be found at christcentercashmere.com/cc-updates
Underground High School Group, ONLINE ONLY at 6 p.m. Sundays
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregation Care Pastor, Joyce Williams
Director of Operations, Pastor Ian Ross
High School Director, Steffanie Haney

GRACE LUTHERAN CHURCH
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Rev. Rob Gohl, 509-860-0736
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EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662 • Sunday School - 9:45 a.m. • Morning Worship - 11 a.m. • Evening Service - 6:00 p.m. • Pastor John Smith www.christforcashmere.org

DRYDEN
DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m. • Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

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AWANA (Youth Program) Weekly Bible Studies
Wednesday 6:30 p.m. (school year)
Pastor Todd James • www.cmbiblechurch.org

SEVENTH DAY ADVENTIST CHURCH
10800 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR
MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Church Service & Sunday School 9:00 a.m.
Pastor Lilia Felicitas - Malana

PESHASTIN
LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
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FB page: newlifeleavenworth
www.newlifeleavenworth.com

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Sunday service 10 a.m.
www.leavenworthumc.org

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Email: info@leavenworthbaptist.com

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Youth Pastor, Kent Wright
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27. PEONY

DOWN

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1. On a cruise, 2 words
6. Horse poker 9. Deadly slitherers
13. Way to curl hair
14. *Today is gone. Today was fun. Tomorrow is another ____."
15. Islam's Supreme Being
16. Subway coin
17. Salve for Tin Woodman
18. Grim Reaper
19. **A ____'s Fine-Something-That-All-People-Need."
21. **Christmas Day will always be, Just as long as we ____."
23. Structure named for 31st President 24. Indoor allergy trigger
25. Ship pronoun
28. H. H. Munro's pen name
30. Something or anything
35. Madam, to a cowboy
37. Dr. Jones, to his friends
39. Best not mentioned
40. Not in favor of
41. Myths and legends, e.g. Ma V'Etre d's list
44. France's longest river
46. **I Can Read ____ My Eyes Shut!"
47. Use a beeper
48. In direct line of descent
50. Italian car maker 52. Equinox mo.
53. Coral barrier 55. Not a friend
57. **From there to here, From here to there, Funny ____ are everywhere."
60. **Unless someone like you cares a whole awful lot, Nothing is going to get better. ____."
63. Canine foe 64. However, poetically
66. Full ____ 68. Up and about
69. Porridge grain 70. Say something
71. Start of a conclusion
72. Parental involvement org.
73. Popular garden flower

DOWN

1. **Step with care and great tact. And remember that life's A Great Balancing ____."
2. Turkey dance 3. Punjabi believer
4. Correct 5. Pause in breathing, pl.
6. **If you never did, you should. These things are fun and fun is ____."
7. "Wheel of Fortune" request, 2 words
8. Indian metropolis
9. Sheltered, nautically
10. BBQ side 11. Toupee spot
12. "Zip it!"
15. Countdown to Christmas
20. Inbox item 22. Chowdown
24. Middle of a torso
25. **A person's a person, no matter how ____."
26. Capital of Vietnam
27. Dine at home
29. **You're on your own. And you know what you ____."
31. Pipe smoker's tool
32. Letter-shaped girder
33. Polynesian kingdom
34. **Today you are you, that is truer than true. There is no one alive who is ____ than you."
36. Bog down
38. Sasquatch's Himalayan cousin
42. Elevator passage 45. Breadwinner
49. Race part 51. 50-50
54. Bar by estoppel
56. Related on mother's side
57. Baloney 58. Rwanda's majority
59. a.k.a. The Islamic State
60. Itty-bitty bit 61. ____ von Bismarck
62. Not quite an adult
63. Lattissimus dorsi, for short
65. **It's a shirt. It's a sock. It's a glove. It's a ____."
67. Wine quality

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Legals

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON COUNTY OF CHELAN
 GERALD R. MORO, a widowed person, individually and as Personal Representative for the ESTATE of IDA MAE MORO, Plaintiff,
 vs.
 THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN, claiming any right, title, estate, lien or interest in the real estate described in the complaint herein,
 Defendants.
 NO. 20-2-00362-04
 SUMMONS

STATE OF WASHINGTON to: THE HEIRS AND DEVISEES OF DOROTHY P. WEAVER, deceased; and ALL OTHER PERSONS OR PARTIES UNKNOWN:
 You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 10th day of June, 2020, and defend the above entitled action in the above entitled court, and answer the complaint of the plaintiff Gerald R. Moro, and serve a copy of your answer upon the undersigned attorneys for plaintiff Jeffers, Danielson, Sonn & Aylward, P.S., by Evan M. McCauley and Matthew S. Hitchcock, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.
 Under RCW 7.28.010, an action to quiet title may be maintained by any person in the actual possession of real property against the unknown heirs of a person known to be dead, or against any person where it is not known whether such person is dead or not, and against the unknown heirs of such person, and if it shall thereafter transpire that such person was at the time of commencing such action dead the judgment or decree in such action shall be as binding and conclusive on the heirs of such person as though they had been known and named.
 DATED this 2nd day of June, 2020.

JEFFERS, DANIELSON, SONN & AYLWARD, P.S.
 By: s/ Matthew S. Hitchcock
 EVAN M. MCCAULEY,
 WSBA # 44285
 MATTHEW S. HITCHCOCK,
 WSBA #51492
 Attorneys for Plaintiff
 PO Box 1688
 Wenatchee, WA 98807-1688
 (509) 662-3685 (509) 662-2452

Published in The Leavenworth Echo/ Cashmere Valley Record on June 10, 17, 24, and July 1, 8, 15. #87859/221

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

DERYL J. KING and BRENDA L. KING, aka BRENDA L. THOMAS, husband and wife, and the marital community thereof,
 Plaintiffs,
 vs.
 ALPINE ACRES, Inc., a nonexistent corporation; THE UNKNOWN SHAREHOLDERS AT LAW OF ALPINE ACRES, Inc., a nonexistent corporation; THE UNKNOWN HEIRS AT LAW OF KENNETH LAFOUNTAIN, AND ALSO All persons or Parties Unknown Claiming Any Right, Title, Estate, or Lien, or Interest in the Real Estate Described in the Complaint herein,
 Defendant
 NO. 20-2-00412-04
 SUMMONS BY PUBLICATION

THE STATE OF WASHINGTON TO:
 Alpine Acres, Inc., a nonexistent corporation, the Unknown Shareholders at Law of Alpine Acres, Inc., a nonexistent corporation, the Unknown Heirs at Law of Kenneth LaFontaine, and also All persons or Parties Unknown Claiming Any Right, Title, Estate, or Lien, or Interest in the Real Estate Described in the Complaint herein.

YOU ARE HEREBY SUMMONED to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 24th day of June, 2020, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the Plaintiffs, Deryl J. King and Brenda L. King, aka Brenda L. Thomas, husband and wife, and the marital community thereof, and serve a copy of your Answer upon the undersigned attorneys of the Plaintiffs, at their office below stated; and, in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the Clerk of said Court.
 The object of this action is to quiet title in Plaintiffs in real estate in Chelan County, Washington, described as:
 LOT 12, BLOCK 2, ALPINE ACRES, VOL. 7, P. 33-34, CHELAN COUNTY against the claim of the Defendants and any one of them.
 DATED this 18th day of June, 2020.
 DAVIS, ARNEIL LAW FIRM, LLP
 Attorneys for Plaintiffs
 By: s/ Michael G. Bradford
 MICHAEL G. BRADFORD
 WSBA No. 43169
 617 Washington Street
 Wenatchee, WA 98801
 Published in The Leavenworth Echo/ Cashmere Valley Record on June 24, July 1, 8, 15, 22 and 29, 2020 #342

CALL FOR BIDS

City of Leavenworth
 2020 Leavenworth Pilot Project
 Date of Bid Opening:

NOTICE TO CONTRACTORS:
Bid Submittal: Sealed bids will be received by the City of Leavenworth at the Leavenworth City Hall, 700 U.S. Highway 2, Leavenworth, Washington.

The Bid Form will be received up to 2:00 p.m. on July 24th, 2020. Bids will then be publicly opened and read aloud. Bids received after the date and hour above stated will not receive consideration.

Project Description: The project includes the following work: This Contract provides for the improvement of Whitman Street. Work includes, but is not limited to, cleaning of existing roadway, grinding and smoothing, placement of HMA for Preleveling, placement of emulsified asphalt, placement of paving fabric, and paving full roadway width [+/- 24 feet] for approximately 700 linear feet. Starting at the intersection of Whitman and Evans Street and ending at the intersection of Whitman and Woodward Street. No roadway improvements are proposed for Evans or Woodward Street. Other construction activities include permanent pavement markings, traffic control, and other work, all in accordance with the attached Contract Plans, Contract Provisions, and Standard Specifications.

Engineer's Estimate:
 \$236,000.00

Questions: Questions about this project should be directed to:
 Jackson Civil Engineering
 Devin Jackson, P.E.
 360-723-0381
 devin@jacksoncivil.com

Bid Documents: Bidders may obtain or access plans, specifications, and addenda for this project at:
 www.solicitbid.com

Rejection of Bids: The City of Leavenworth will have the right to reject any and all bids and in particular to reject a bid received after the deadline for bids due or bids that are not accompanied by the required Bid Security or Non-Collusion Affidavit or a bid in any way incomplete or non-responsive to the bid package.
 Published in The Leavenworth Echo/ Cashmere Valley Record on July 15, 2020. #493



What is a medical food

Several years ago, 85-year old Clarence asked me, "What do you think about the medicine Metanx®?" "Is it a supplement?" "No, you need a prescription for it. It helps nerve pain in diabetics."

Metanx® contains L-methyl folate, a close cousin to folic acid. Although folic acid is considered a B vitamin, L-methyl folate is not classified as either a vitamin or food supplement. Instead, it's marketed as a medical food.

Medical foods are intended to address nutritional conditions that cannot be fixed by eating a healthy diet.

Some people have metabolic diseases that require specialized nutrients to keep them symptom-free. The Food and Drug Administration (FDA) created a particular category for products that address specific nutritional deficiencies: medical foods.

The first medical foods were unique formulas designed for infants with certain metabolic genetic diseases. Some babies needed particular nutrients added to their formula, while others couldn't safely consume certain dietary substances. Special foods were designed that provided key nutrients or didn't contain any troublesome compounds.

In recent years other products have crept in under this category, attracted by the lack of regulation required by the FDA.

To be classified as a medical food by the FDA, a product must meet several criteria. First, it must be a specific formulation instead of in its natural state. Next, it must be designed to be taken either as a pill or liquid by mouth or in a tube feeding to treat a medical condition with distinct dietary needs. Finally, although it doesn't require a prescription, medical foods are intended to be used only under the supervision of a physician.

Manufacturers of prescription and non-prescription (over the counter) medicines must first show the FDA that their product is safe



and effective before getting permission to market it.

Food supplement manufacturers are allowed to use statements on their labels about how their product supports particular organs or body functions. The FDA requires the following disclaimer statements on the labeling of all supplements: "This statement has not been evaluated by the Food and Drug Administration," and "This product is not intended to diagnose, treat, cure, or prevent disease."

Medical foods are very different. They seem more "official" or "trustworthy" because they are often sold only by prescription and marketed as a "natural" treatment for a specific disease state.

The truth? Products sold as medical foods are less trustworthy than medications or food supplements because they have even less oversight by the FDA.

Some examples of medical food products include Metanx® and Cerefolin NAC, which contain L-methyl folate, a close relative to folic acid. Metanx® is a one-ingredient product targeting diabetics with neuropathy. Cerefolin NAC® is marketed for memory loss and combines vitamin B12 and N-acetylcysteine with L-methyl folate.

Axona® is promoted as a memory booster for Alzheimer's dementia. It contains ketone bodies which the manufacturer claims may function as an "alternative energy source" instead of glucose to improve brain functioning and memory. There isn't any clear evidence to support this. Because Axona® is marketed as a medical food, its manufacturer isn't obligated to prove that it works.

Limbrel® contains flavonoids with antioxidant properties and is marketed people with osteoarthritis to

improve joint movement and mobility. There is no clear evidence that osteoarthritis is associated with any specific nutritional deficiency. In fact, the FDA received so many reports of Limbrel® causing problems like liver injury and pancreatitis that they asked the manufacturer Primus to stop making it.

Here Are 5 Key Facts About Medical Foods:

1. They are intended to treat a nutritional disease.
2. Medical foods are products designed to address diseases that create a nutritional deficiency that cannot be fixed by eating a healthy diet.
3. They don't improve dementia or diabetic neuropathy.
4. There is very little evidence that single-agent vitamin/nutritional supplements can improve dementia and diabetic neuropathy. However, eating whole foods like spinach, broccoli, and other fruits and vegetables have been shown to help.
5. Medical foods have very little regulation.

Medical foods are allowed to be marketed for a particular disease, yet don't have to show the FDA any proof that they are safe or effective.

4. They must be used under the supervision of a doctor.

Medical foods do NOT require a prescription but are supposed to be used only under the supervision of a physician.

5. Medical foods can be expensive.

Most are sold through the internet. Most medical food products cost at least \$60 per month, with the manufacturer advising you to try them for 4-6 months before expecting any noticeable benefit.

Dr. Louise Achey, Doctor of Pharmacy is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website TheMedicationInsider.com for daily tips on how to take your medicine safely.
 2020 Louise Achey

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THE WASHINGTON OUTDOORS REPORT

North Cascades grizzly reintroduction off the table

By JOHN KRUSE, THE WASHINGTON OUTDOOR REPORT

Back in 2017 the U.S. Department of Interior rolled out a draft Environmental Impact Statement to the public, seeking comment on the idea of physically reintroducing grizzly bears back into remote portions of the North Cascades in Washington State. Several meetings were held from 2017 through 2019 where biologists and other staff members from the US Fish and Wildlife Service and National Park Service answered questions and allowed attendees to provide written comments for or against the plan.

Grizzly bears did once live in places like the Pasayten Wilderness Area and North Cascades National Park but according to the National Park Service, no grizzly bears have been seen in this region since 1996. Between 2010 and 2012 efforts were made to find evidence of grizzlies in the area but no confirmed evidence of their presence was found.

The Environmental Impact Statement envisioned several options ranging from no reintroduction (with hopes grizzly bears in Southern British Columbia would naturally migrate to the region over time) to proposals calling for 10 to 25



Courtesy U.S. National Park Service

A grizzly sow and her cubs in Glacier National Park.

or even 200 grizzly bears to be released into the United States portion of the North Cascades Eco-system over a five year span.

Many people (up to 80 percent according to Conservation Northwest) commented that they did want to see grizzly bears physically returned to the region. However, many residents in North Central Washington, especially orchardists and ranchers (who owned fruit trees and livestock that would draw in grizzly bears) were opposed, as were regional county commissions in Chelan and Okanogan County.

Another concern was

how far these bears could roam. According to the U.S. Fish and Wildlife Service, a male grizzly bear has a home range of 200 to 500 miles. Even under best case scenarios maps at one public meeting showed the potential range of transplanted grizzlies in the far northern reaches of the Cascades going all the way to Snoqualmie Pass and Interstate 90. With hordes of hikers and campers in the Central Cascades recreating in the Alpine Lakes Wilderness and adjacent National Forest lands, it seems clear grizzly bear interactions with humans (to includes attacks) would be likely

to occur as they have in Montana and Wyoming in recent years.

On July 7, during a roundtable meeting with local government officials and stakeholders in Omak, Secretary of the Interior David Bernhardt announced his agency was abandoning plans to reintroduce grizzly bears into the North Cascades. US Representative Dan Newhouse from Pasco attended this meeting. In a press release he applauded the decision stating,

"Homeowners, farmers, ranchers, and small business owners in our rural communities were loud and clear: We do not want grizzly bears in North

Central Washington. I have long advocated that local voices must be heard by the federal government on this issue, and I am enormously grateful to Secretary Bernhardt for not only listening to our concerns and opinions, but for delivering this news in person, right here in North Central Washington."

Others, however, expressed disappointment. Chase Gunnell, Communications Director for Conservation Northwest, supported the reintroduction of grizzlies into Washington State. In response to Secretary Bernhardt's announcement he said,

"Despite today's news from the Trump Administration's Secretary of the Interior, we believe grizzly bears will eventually be restored to the wild backcountry of the North Cascades, their home for thousands of years, as action is legally required under the Endangered Species Act and federal grizzly bear recovery plans, and public support for restoring this native species remains strong."

As for the grizzly bears, for now, they'll have to get to the North Cascades on their own four legs. However, depending on who comes out on top as President in November, and what may or may not happen in the courts if lawsuits are filed, this issue could be on the table again soon.



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Local man injured in fall

SUBMITTED BY THE CHELAN COUNTY SHERIFF

Chelan PUD

WENATCHEE, WASH. – Sheriff Brian Burnett reports an injured hiker was rescued Sunday after suffering a fall while hiking in steep terrain above Ingalls Creek on Saturday afternoon. Tristan Parrish (22 yrs.) of Leavenworth,

WA is in serious but stable condition at Central Washington Hospital.

Parrish was hiking with his father, brother and a friend at around noon on Saturday when he fell approximately 50 feet after slipping on slick rocks. The group had been traversing a steep slope east of the Crystal Creek drainage (above Ingalls Creek)

attempting to make their way to Crystal Lake when the accident occurred. Parrish suffered head, knee and ankle injuries in the tumbling fall. There was no cellular service in the area, so his 16-year old brother and the friend eventually hiked back down to the Ingalls Creek Trail and then several miles back toward the trailhead to place the

call for help. Parrish's father stayed with him at the scene.

The 911 call was received by RIVERCOM dispatch at 7:04 p.m. Saturday evening. A Chelan County Sheriff's Office search and rescue coordinator requested a Sheriff's Office helicopter crew fly into the area in an attempt to locate the subjects, while a Chelan County Mountain Rescue (CCMR) team prepared to deploy on the trail. There were no coordinates for the

scene, as the hiking party did not have a GPS unit or similar device. Due to extreme winds aloft in the area, the helicopter was unable to reach an elevation to conduct the search. Two CCMR members met up with the 16 year old on the trail and began hiking back toward the drainage where the incident occurred. Due to darkness, it became too dangerous to climb the steep rocky slopes, so the team waited for daylight.

At 8:30am on Sunday,

the CCMR team located the patient and his father on the slope. A Navy helicopter was requested for a hoist extraction. By 11:45 a.m., the Navy rescue crew had arrived overhead and successfully hoisted Tristan Parrish, his father and brother to the aircraft. They were flown to Pangborn Memorial Airport in East Wenatchee. Tristan was then transported by ambulance to Confluence Central Washington Hospital in Wenatchee.

Two federal agencies join Chelan PUD research group

Nation's top hydro-power producers partner for better reliability and managing costs

SUBMITTED BY RACHEL HANSEN

Chelan PUD

WENATCHEE, WASH. – The nation's largest hydropower producers are partnering with Chelan County PUD to ensure that hydroelectric power remains the most reliable, renewable energy source for decades to come. The Hydropower Research Institute (HRI) is a data-

sharing collective intended to help hydropower facilities save money on maintenance and better predict mechanical failures.

The nonprofit was founded in 2018 when Chelan County PUD teamed up with Southern Company, one of the country's largest utilities, based in the southeast U.S. The U.S. Army Corps of Engineers joined HRI in 2019.

The U.S. Bureau of Reclamation and U.S. Department of Energy are HRI's newest partners. The

Bureau of Reclamation operates 53 hydropower facilities, which generates enough energy to power nine million homes.

"The Bureau is a big deal because it's the second-largest hydroelectric generator in the country. They have lots of data," said Kirk Hudson, HRI president and Chelan PUD's managing director of generation and transmission.

Combined, the partners represent more than 40% of the nation's hydroelectric capacity.

The Department of Energy will use the combined data for research at its Water Power Technologies Office and the Oak Ridge National Laboratory. Recently, its research showed that operations and maintenance costs for many aging hydroelectric facilities are rising.

"Our business model fails if our equipment doesn't last as long as predicted," said John Yale, Chelan PUD Hydro Plant Engineering Manager. The PUD operates 31 generators, each valued in the tens of millions of dollars. "By modeling how equipment will age under certain operating conditions, we can anticipate how things such as turbine blades will

age over time."

For Yale it's all about the numbers. Instead of collecting information solely from its 31 units, the PUD now has access to information from 669 units from 164 plants nationwide.

"The real driver is that we don't have enough data to do it alone with statistical accuracy," he said. "We now have access to data about operations and failures at other hydro facilities that we haven't experienced, which gives us ways to predict the impact of our operations on equipment and better manage these assets."

A PUD machine failure at its Rock Island hydropower site in 2017 resulted in about \$1.5 million in expenses due to repair work and

lost revenue. However, data from this incident proved highly valuable to NorthWestern Energy, which had indications of a similar flaw. As a result, the company was able to preemptively make their fixes earlier – and at a time of low system demand. The total cost was \$150,000, a fraction of the PUD's expenses. HRI provides the means for such proactive repair work.

"The better you can predict when failures might show up, the better you can plan for them and avoid the failure," said Hudson. "It also allows us to take a unit down for repairs when we have less river water to operate rather than times of high water or peak demand."

When utilities with hydropower can produce energy with lower maintenance costs and less downtime, it creates better reliability and value for customers nationwide. In addition, as the country moves away from carbon-producing energy sources, hydropower will be relied upon more as a clean energy source and for its flexibility, Hudson said.

"The bottom line is becoming more predictive allows us to respond with planned outages rather than forced outages," Hudson said. "The more those machines are running, the fewer emergencies we have and the less costly those repairs are. That provides better value to our customers."



Congratulations to our new Das Thrift Haus manager!

We are thrilled to announce that Catalina Arellano will be the new manager at Das Thrift Haus. Catalina is moving up from the assistant manager position as retail manager Mary Rossing moves on to new adventures in the fall. Congratulations Catalina!



Photo submitted by Chelan PUD

Rock Island Dam looking upstream

NCESD Superintendent Dr. Michelle Price speaks about COVID-19, opening area schools

By GARY BÉGIN

NCW Media Managing Editor

WENATCHEE -- NCW Media* spoke with North Central Educational Service District (NCESD) Superintendent Dr. Michelle Price last week about how she would like to deal with the Coronavirus pandemic in regards to opening area schools in the fall. Here, in an exclusive NCW Media interview, Dr. Price answers some basic questions most parents, teachers, employees and especially students want to know:

NCW Media: Please tell our readers how many school districts your ESD handles and about enrollment and geographical diversity within?

Dr. Michelle Price: The North Central Educational Service District (NCESD) is a Wenatchee based agency and one of nine non-profit educational service districts in the state. Educational service districts are legislatively commissioned to provide cooperative programs and services to local public and private schools, enhancing educational opportunities in areas that might otherwise be unavailable to the schools. Educational Service Districts also serve as regional liaisons between the State Superintendent of Public Instruction (OSPI), State Board of Education, and the Legislature.

The NCESD area includes 12,600 square miles or approximately 20% of the geographical area of the state. NCESD serves 29 school districts in this

region, which includes Chelan, Douglas, Grant and Okanogan counties. These districts serve over 49,250 students or 5% of the state's kindergarten through grade 12 enrollment. They vary in size from Moses Lake with over 8,900 students to Stehekin with 9 students. Students in the north central region are 1.1% Asian, 4% Black/African American, 2% American Indian/Alaskan Native, 48% Hispanic/LatinX, and 50.3% White. There are just over 2,000 teachers, 1,500 classified support staff, and 160 principals/administrators throughout the region. 60% of the students in the region live under the poverty threshold and qualify for free or reduced lunch.

NCW Media: What are your feelings about reopening schools for the fall?

Dr. Price: COVID-19 has been a traumatic event with no end time in sight. Schools not only allow for parents to get to work but are fundamental to child development and well-being. When school buildings were closed in March, educators pivoted nearly overnight to adjust to remote teaching methods and to provide nutritional services to families. Many students and families were unable, due to their own unique situations, to engage in academic learning. The lack of broadband access and enough devices in homes also made online learning for all impossible. The importance of in-person learning is well-documented. Academic instruction, social and emotional skills, safety, reliable nutrition services, specially designed instruction and therapy, and the ability for human connection is a necessity for students and staff. I believe school re-opening should be a local decision with stakeholder input and guidance from local health district experts. There is no one-size-fits all solution.

NCW Media: Let's suppose everyone "masks-up," maintains social distancing and uses hand sanitizer - are those measures good enough

to ensure student/teacher safety from coronavirus?

Dr. Price: I am not a health expert. What we know is the current CDC, Department of Health, and OSPI guidelines have been developed based on what has been learned about the virus from other states and countries. Reopening strategies that are outlined in the guidance have shown to help keep kids and staff safe in other locations throughout the world. The long term traumatic academic and social effects on most kids being home for lengthy periods of time need to be weighed against the risks of using mitigation strategies of masking, social distancing, and good hygiene habits.

Local school districts are working on their plans for providing a high quality education program to every child. Some schools may be able to maintain the current social distancing requirements with 100% of their students coming back to school full time. Some will need to have alternative scheduling as they will not have the space to meet the current social distancing requirements. The guidelines continues to evolve, making finalizing those plans very challenging. There will be school in the fall. The quality of the program is what districts are working on. Please give your local district some grace.

NCW Media: Because of the loss of the winter semester, are there plans for remedial education to catch students up to the grade levels they should be at?

Dr. Price: Let's not forget that as COVID-19 set in, kids and families experienced crisis. Having food on the table in some cases was a bigger concern than completing school work. Some students were able to engage in continuous learning and some were non-responsive. Credit baring courses taken by high school students will need to be completed if they did not stay academically engaged and earn their credit. Each school district must plan instructional programming to ensure students are able to earn their credit.

NCW Media: Will there be a need for grade testing to make sure all pupils are at the right level considering the huge loss of class time in the winter of 2020?

Dr. Price: Every fall and throughout the year, teachers conduct formal and informal assessments to measure a student's current level of performance and mastery of standards. They will continue to understand what students know, understand, and are able to do. The gap for those who were able to engage in the academic instruction over this time compared to the most at-risk youth who were not is assuredly to have grown even wider.

NCW Media: Will schools offer special accommodations to older educators or those with compromised immune systems due to medical issues?

Dr. Price: This is a question that local school districts will be working on with their employee groups. The current order by Governor Inslee expires August 1. The federal guidance on the high risk employees currently expires in December. There are leave options available and accommodations that

can be made for some types of work within the school systems. Again, one size will not fit all here.

NCW Media: President Donald Trump has threatened to withhold federal funding for schools that do not reopen as he is demanding. Does NCESD have a plan B if this happens?

Dr. Price: Federal dollars make up about 12% of our local school district budgets. Those dollars are targeted for our highest need, most vulnerable students and are sent to districts based on federal law such as IDEA for special education or Title 1 poverty. I do not believe that those funds can be held back as congress allocates them, especially if the services can be provided to the children they are intended to serve. We all want the economy to get back on track. We also want children and staff to safely return to school.

NCW Media: Anything else you'd look to add?

Dr. Price: This crisis has challenged each and every one of us. Let's not waste the opportunity before us to equip our children with lifelong skills of flexibility, critical thinking, perseverance, and most importantly coping skills.

Soon, schools will announce their fall plans. Not everyone will be happy about the plans. Each family will have to make decisions that are in the best interest of their child and their family situation. I encourage you to remember that YOU impact your child's attitude about school and how they feel about going back or not. Remember to be encouraging, do not show them your anger or fear, do not discuss your frustrations in front of them. You will set your child and your child's teacher up for success by teaching them to make the best of it. Teach them to be resilient. Teach them to persevere. Teach them to know that they have the ability to cope with really tough situations.

*NCW Media is the parent company of the Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror and Quad City Herald as well as the Wenatchee Business Journal, as well as visitor guides, banners and a variety of advertising services. Managing Editor Gary Bégin: gary@ncwmedia.net. Emailed comments may be published as a "Letter to the Editor" unless otherwise instructed.

Expect detours at Walla Walla Point Park, Apple Capital Loop Trail during repaving

SUBMITTED BY RACHEL HANSEN

Chelan PUD

WENATCHEE, WASH. – Park visitors may notice a few changes while crews repave the exit driveway at Walla Walla Point Park and a section of the Apple Capital Recreation Loop Trail July 13-16.

The entrance to Walla Walla Point Park will become a two-way driveway while the exit route is repaved with new asphalt and curbs. The closure will be marked with signs and traffic cones. The project is expected to last at least four days, starting Monday, July 13.

Repaving crews will also

set up a detour July 13 for about 400 feet of the Apple Capital Recreation Loop Trail. The project site will be about 180 feet northwest from the Richard Beyer statue, "Coyote Leads the Salmon Up the River" at the edge of Walla Walla Point



Photo submitted by Chelan PUD

Capital Loop Trail undergoing repaving



Photo/Jennifer Korfiatis
Dr. Michelle Price