



DECEMBER 30, 2020 • VOLUME 121, No. 53

UPPER VALLEY NEWS SINCE 1904

SINGLE COPY \$1.00

January

Mayor Carl Florea takes office

Carl Florea's first official act as mayor was to announce City Manager, Joel Walinski, was to be replaced. "While he had no problem with Walinski's job performance he wanted someone who was more aligned with his vision and campaign goals," said Florea.

Walinski's employment contract was terminated at the end of February 2020.

Florea was elected with 55 percent of the vote. Signaling a major shift in the opinion of local residents who felt the city was not being responsive to the concerns of local residents. Many were concerned that the city had become too focused on tourism and was ignoring issues of traffic control and parking.

Florea said at the time that he recognized there was tension between the business community and the citizens during the campaign. He recognized the local economy was primarily driven by tourism and he did not see that changing. "Tension is not a bad thing," said Florea. "It is only a problem when it leads to animosity or rancor" Florea said some 50 years ago the community came together with project LIFE - Leavenworth Improvement For Everyone. Not everyone agreed with what was proposed back then. He wanted to start a new project LIFE where we all work together to address our problems. He said he looked forward to addressing community concerns over traffic, parking and affordable housing while balancing the needs to maintain our strong economy.

City Council addresses parking meters. They may not fit the Old World Bavarian theme

The issue of inadequate parking for tourists and local residents had been under review for several years beginning with a parking study that was partially funded by the Port of Chelan, the City of Leavenworth and the Chamber of Commerce. The Parking Advisory Committee recommended the implementation of a parking meter system from Duncan Parking Technologies, Inc. The proposal included installing single and dual space meters to cover the 403 spaces in the downtown core. Council approved the project and smart meters are now installed throughout downtown and it is expected they will be activated in January of 2021.

Superior Court approves Adventure Park

It had been a long and hotly disputed project but Judge Travis Brandt has ruled that the Friends of Leavenworth failed to prove their case against the Leavenworth Adventure Park. The project started in October of 2017 when D.R. Moffett and Associates offered to buy the property from Larry Langston. They immediately appealed to the City of Leavenworth to annex the property and set about making plans to install an alpine slide, ropes course, climbing wall, zip line and picnic area. The concept of a potentially busy new attraction on a busy intersection did

2020 Year in Review





The election of Carl Florea signaled a growing unrest among local residents with issues of tourism, parking and traffic.

not sit well with a lot of folks who already were questioning the impact of tourism on Leavenworth. The site is on the southwest corner of the junction of Highway 2 and Icicle Road. When the city approved annexation of the property in order to insure the tax receipts would benefit the city and not the county, the Friends of Leavenworth took exception to the project claiming it was a good project but in the wrong place. The Friends of Leavenworth challenged the project on the basis that it would add to the already problematic traffic congestion and that noise and lights from the area would be a disturbance to local residents. The project continues to move forward although developers have filed a petition with the city for changes to their Special Use Program.

February

City prioritizes planning

commission docketCity Council set priorities for the

planning committee. Part of that effort was to assess the priority and public interest in the projects the committee will be reviewing during 2020. High interest items included on the docket were Transportation, Powerlines, the Osborn School property and parking. A lower public interest was assigned to Housing issues but it is a major priority for Mayor Carl Florea.

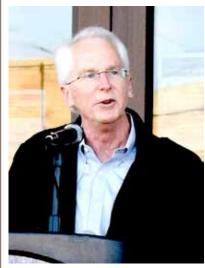


The transportation element includes a review of Peak Traffic as requested by the Friends of Leavenworth who challenged the original study as flawed. Friends of Leavenworth expressed concerns about too many tourists during festivals. They had also criticized city and Chamber of Commerce studies on peak traffic as too focused on mid-week as opposed to weekend traffic.

The Parking study concluded that there are times when there is inadequate parking available. Recommended solutions include limiting the amount of time people remain parked downtown using smart parking meters. The city also has purchased the old Department of Transportation Lot on the West end of town and parking has been added to the Link Park and Ride behind Safeway. There are currently no plans to build a parking garage.

CONTINUED TO PAGE A2

Chelan PUD answers 'free electricity' request



FILE PHOTO

Steve Wright

SUBMITTED BY CHELAN PUD

Thanks for your letter (See "Apples" column inside) suggesting Chelan PUD provide free electricity to low-income consumers for a month in light of the pandemic and associated challenges. We love to hear from our customerowners. We appreciate and share your empathy for fellow citizens who are most in need. In fact, the PUD already supports customers with challenges in the following ways:

• We have the lowest or next to lowest electric rates in the country benefiting everyone in Chelan County.

 We have discounts available for lowincome and senior customer-owners as well as for disabled customers that apply year round.

- We partner with Community Action Council in helping customers who qualify for energy assistance under the federally-funded Low Income Energy Assistance Program (LIHEAP) to cover a large portion of their electric bills. This program has paid out nearly \$186,000 to over 500 Chelan County households with an average assistance of \$360 since March of 2020.
- We have a policy of no disconnects and no late fees during the pandemic that has been extended until the end of April.
- We support the Helping Hand program where customer-owners can donate any amount they like to support fellow customer-owners who are having difficulty paying their bill.

Last month, PUD Commissioners also directed staff to advance aggressive energy efficiency programs that are targeted at low-income customers. We believe these programs provide substantial benefit because they provide long-term lower bills. Reducing electricity use also allows the PUD to sell the power in the wholesale market offsetting the cost of the energy efficiency investment and reducing the impact on other customer-owners.

We reviewed your proposal while keeping an eye on your other concern that we not become unduly bureaucratic in our response. The difficulty with providing free electricity to low-income customers is that the

Continued to page A₃

So our staff can enjoy New Year's with their families our office will close at noon on Thurs, Dec. 81 & be closed Fil, Jan. 1 Advertising Deadlines for Jan. 6 Display Ads • Classifieds & Legals 548-5286 | 782-3781 215 14th Street | Leavenworth Classifieds/Legals e-mail copy to: classifieds@leavenworthecho.com

Inside The ECHO this week

Section A	Section B
Year in review2	Church Guide
Community Calendar3	Classifieds2-3
Sheriff Reports3	Business Directory4
Local and Regional News.4	Opinions
	Dr. Louise







215 14th St. • P.O. Box 39, Leavenworth, WA 98826 Phone: 509-548-5286 www.leavenworthecho.com

Year in review

CONTINUED FROM PAGE A1

The Power Line issue involves discussions with Chelan County Public Utilities about their policies regarding underground versus above ground power lines. There was some debate in the last year regarding expanded substation needs. Where and when to add capacity.

The old Osborn School building now had been declared surplus once it was replaced it with the Alpine Lakes Elementary School. Questions have been raised by community members who have suggested it be acquired by the city and converted to a community center.

The Corridor Study is closely related to the issue of traffic congestion. Highway 2 is one of two major routes to the Puget Sound Metropolitan area. A good number of people coming through on Highway 2 are on their way to or from other areas. The State Department of Transportation conducted an open house to discuss their recommendations for addressing Highway 2 traffic. Those suggestions included;

- 1. Build a US 2 Roundabout at Icicle Road
- 2. Create US2 Express Bus Access at Peshastin
- 3. Implement Parking Management Strategies
- 4. Build a Pine Street Connection over the Wenatchee River to River Bend Drive
- 5. Implement US 2 Streetscape, Marking Intersection Improvements through Leavenworth
- 6. Build a US2 Pedestrian and Bicycle Undercrossing to downtown and waterfront parks.

March

COVID 19 Cancellations begin

Events Canceled and Postponed

Representative Local Mike Steele (12th District), responding to Governor Jay Inslee's mandate that all public and private K-12 schools in King, Snohomish and Pierce counties close for the next six weeks said, "This is the right thing to do. I support the governor's decision to close the schools. In the beginning, I had reservations. But after meeting with the governor and senior officials from the Department of Health.., I believe these steps will help slow the spread of the virus." My hope is that school districts not located in Central Puget Sound remain vigilant and continue to work closely with public health officials when making school closure decisions.

"For the parents, students and the public, I urge caution and calm. It's critical that we all do our best to respond appropriately and effectively to what we know is a serious health threat."

COVID-19, Coronavirus is diagnostically labelled, has been wreaking havoc all over Washington state, or what the national news calls "the epicenter" of the pandemic as manifested in the United States. On an hourly basis, Leavenworth, Cashmere, Wenatchee, Chelan and Okanogan County events are being cancelled, some by event organizers, some by governmental authorities and others.

An open house to celebrate the new West Cashmere Bridge was one such victim with the Chelan County Department of Public Works stating, "We will be following the advice of the ChelanDouglas Health District and canceling inperson group events that we have planned. That includes the March 24 open house for the West Cashmere Bridge replacement project." Spokesman Jill Fitzsimmons also said, "Our efforts next week will turn to creating a virtual open house."

As COVID-19 continues to spread, the impact to business, markets, and everyday life is changing on a daily, if not hourly basis, which makes forecasting potential economic impacts a nearly impossible task. While it is growing more likely that the COVID-19 outbreak will cut across all industries, the initial impact of the COVID-19 and recent oil price shock will initially be felt more acutely in a handful of areas. These include travel, oil and gas extraction, entertainment,

restaurants, and some sectors of retail.

Cashmere-based Certified Financial Planner Brad Blackburn stated last week, "After 10 years of shaking off every punch, the stock market was finally knocked down and the longest bull market in history came to an end. It wasn't the trade wars, or the Fed, or Brexit, or the Fiscal Cliff, or Greece, or any of the things that worried the financial world over the last decade. Instead, it was the Coronavirus."

Jennifer Bushong, spokesman for the Town Toyota Center, announced last week that the ice rink would be closed to public skating. "Due to the recent information provided by Chelan-Douglas Health District regarding the Coronavirus COVID-19, the TTC management made the decision to cancel public ice skating for the foreseeable

The area's only professional sports team, the Wenatchee Valley SkyHawks indoor arena football team, postponed its first game, scheduled for March 17, but pledges to honor all tickets for refunds or future game use.

Leavenworth's Icicle Creek Center for the Arts has also canceled several performances and the Leavenworth Ale Fest was canceled last weekend as well. The city of Wenatchee has postponed its annual recycling event until the fall.

A scheduled meeting of the Grant, Chelan and Douglas counties PUD's was also canceled amid fears of transmitting the disease. Many events were not canceled, but "postponed" until a future date, even though it is unknown when this health scare will become contained. Most governors across the nation were banning any events where groups of 100-250 or more people are expected.

Cashmere's Evergreen Baptist Church Pastor John Smith isn't keen to that idea. "Gov. Inslee has banned large gatherings (250 or more) from meeting within the Seattle area in the hopes of preventing the spread of the Coronavirus. However, I cannot help but wonder how this is going to impact churches? Did any of us ever think that there would be a day when we would witness a governmental entity look to a church and say "you are not allowed to worship together"? We would expect this to happen in China, or the Middle-East, but in 2020 America? No, I am not wearing a tin-foil hat when I am writing this but if the State can prevent churches from meeting over a perceived viral outbreak, what other "reasons" will they give to shut churches down?

Medical Cascade Center Reports no positive Coronavirus tests

As of Friday March 20, Cascade Medical Media spokesperson Rachel Hansen said the hospital had conducted 44 tests for the COVID-19 virus. Eighteen of the tests were negative and the remaining results are pending.

Chelan PUD will not disconnect late payers

Chelan County PUD is taking more steps to help customer owners manage financial and social impacts from the COVID-19 pandemic. General Manager Steve Wright announced there will be no power, water or sewer service disconnects and that late payment fees also will be waived until further notice.

Cascade School District begins cancellations

The coronavirus pandemic has caused upheaval in everyone's lives, and not least impacted are students of the Cascade School District. The first cancellations, music concerts, sports, school visitors and school-affiliated trips, quickly escalated to closing of all the buildings for

six weeks. On March 13, Governor Inslee announced that all K-12 schools in Washington would be closed from March 17 to at least April 24. Cascade School District will be distributing free sack breakfasts and lunches at six locations in the district: Cascade High School, Leavenworth; Peshastin-Dryden Elementary School, Peshastin; Dryden Softball Field Park, Dryden (please note new location); Beaver Valley Elementary School, Plain; Blewett Fire Hall, Valley Hi; and Nason Creek Rest Area,

Merritt. Cascade High School staff are working diligently to ensure that seniors will be able to complete the courses

they need for graduation. Ratification **Mayor's Proclamation of Emergency**

The March 24 City Council session was held through a telephone conference because of Corona virus prohibitions against large The public gatherings. City Council meeting room was open to the public for anyone who might want to participate. The Emergency Proclamation approved by the council prohibits participation in council meetings except through written submissions e-mailed to the City Clerk or submitted in written form by mail or delivered to the drop box at City Hall.

April

PPP Program

The big story at the beginning of April was the small business relief program or Paycheck Protection Program (PPP). It was a program touted to jump start our collapsed economy by helping small businesses get some immediate funding to keep people employed. The program started accepting applications April 3. The problem was finding a bank that was processing the applications. Early confusion over the program had some local banks refusing to process applications. Those that were accepting the applications were only processing them for existing local customers. The money from the first release ran out in a week leaving most small businesses unable to benefit from the program.

Community's pouring of Support Helps **Local Families Weather** COVID-19

In seven short days, generous donors from far and wide, including Leavenworth, Peshastin, Cashmere, Wenatchee, East Wenatchee, Seattle, Kent, Bothell. Issaquah, San Diego and even Oklahoma donated \$39,241 to help their friends, neighbors, and people they didn't know who have lost their income because of COVID-19. These donations are being matched by the Leavenworth Rotary's Community Assistance Campaign and two anonymous

local families for \$35,000. "People are yearning for ways to support their community," said Bettinger, Upper said Kaylin Valley MEND's executive director. "We've never seen anything like it. We are so grateful for everyone's generosity and community spirit during this difficult time. These donations are going to mean our friends and neighbors in the Upper Valley will have enough to eat and stable housing during and after this crisis."

Teaching in the time of **Coronavirus**

Before the COVID-19 outbreak and subsequent closure of schools, teachers in Cascade School District (CSD) had familiarity with some online platforms, like Teams and Remind, but many had to rely heavily on them, as well as Zoom for virtual meetings and Canvas for uploading assignments and homework.

"Teachers have been provided some training, and, all of a sudden, it's become foundational to the way they interact," said Superintendent Tracey BeckendorfEdou. When schools closed, teachers everywhere had to devise a plan in mere days.

"Staff share files with each other in order to provide transparency, support and alignment. We're learning how to communicate with parents and students in this new reality, and we still have some bumps in the road around communication,' acknowledged Beckendorf-Edou.

Without full participation, the gap in learning between students might grow large over the coming weeks. "I get anywhere from 65%-70% of my students on our morning Zoom lessons each day, with another 10% responding to Teams posts or emails," said Andrea Nilles. Teachers and support staff, however, are calling and emailing students who are absent from online sessions to help resolve issues. It's noteworthy that CSD has accumulated a large inventory of laptop computers over the past few years. In response to the pandemic, the district quickly got those into the hands of students. At last count, 262 laptops went home with students and a few staff. The next challenge lies with helping students who have inadequate internet service be able to see and fulfill assignments.

City Council Zooms through April meetings

As a result of COVID1-19 restrictions on large gatherings, the Leavenworth City Council began meet in regularly scheduled sessions through Zoom.

Financial Status Council initiated discussion

of steps the city might consider to help individuals and businesses during the current financial crisis from the COVID-19 pandemic. Through March the city revenue was still slightly positive. The problem is they are likely to take a rapid decline over the next few months. The city will be considering options for assisting the local economy through programs like paying rent for closed local businesses and individuals. So far the city has agreed to waive late fees on business license renewals: put a freeze on late fees and shut-offs on utility bills; reestablished utility service for nonpayment and put a freeze on parking violation late fees.

was considering restoring regular Council sessions at City Hall beginning in May, but the pandemic has defeated that and Zoom meetings remained in place for the rest of 2020.

May

CHS Seniors miss some Key Milestones

Health and safety concerns have kept students out of school since mid April. For Cascade High School (CHS) seniors, the hardship extends far beyond the academic challenges of replicating classroom learning via online platforms. They're finishing up class work and final projects and studying for exams, but they've had to give up much of the earned rewards of senior year. "I miss my teachers and the

administration who have all been so supportive throughout the really stressful parts of this year, like applications and decision-making with my future. Now the stressful parts are over, and we don't even get to enjoy it," said Kascia Muscutt, the valedictorian for the Class of 2020. "I lessened my workload for this semester so I could have fun with my classmates and allow my final semester to be the best, and it's been set aside." Even though teenagers are techsavvv. interactions over Zoom and Facetime or via texting pale in comparison to hanging out in person. "It's definitely harder to stay connected to my friends," said Muscutt. "Normally I don't have to make plans to see the people I care about, but now I really

have to reach out." Senior Olivia Winters recognizes the challenge but is upbeat about dealing with it. "I am still very connected with my friends online," she said." And my family is doing well. We're all staying busy in our own ways." The loss of extracurriculars and sports is hardest on seniors, who have honed their skills over the years, and deserve to shine in the game, meet, concert, play or competition. For Muscutt, one of those activities was track. "I've been running track since 7th grade, so missing out on my last season and last opportunity to run at state is

sad for me. Muscutt summed it up for many seniors by saying, "I have been waiting to accept my diploma and hug my parents and friends after the ceremony. It has looked like such a warm and pure experience. I wanted to cheer with everyone, watch the slideshow with all of our baby pictures and cry a little with my younger friends that I am 'leaving behind.' Graduation is a rite-of-passage, and even if it has to happen in late July, it should."

Frustration grows with small business owners Mayor hires new city

manager In a rare split vote the city council voted to ratify the decision of Mayor Carl Florea to hire Ms. Ana Cortez as the new city manager. Cortez received her Masters in Public Administration from the University of Washington and likes to call Washington home although she is originally from California and spent much of her early career in

the Bay area. In 1917 she took a position in Yakima as the Assistant City Administrator and Finance Director. She left that position to become the City Administrator in Helena, Montana. Cortez had some difficulty in Helena and left that position with less than a year left on her contract. Council members were divided on the decision because several believed the community should have had a chance to meet the finalists for the position before the offer was made. There was also some discussion by Council members about the decision given the difficulties Cortez experienced in her position in Montana.

June

City council awards contract for water meter replacement Correct Equipment, Inc

of Redmond, Wash. was the winning bidder for installation of the city's new Advanced Metering System. The winning bid was for \$614,698.60. Not including the cost of replacement of any meter well lids. The new meters do require that current cast iron and concrete lids be replaced with Polymer lids in order for the radios to be able to remotely read the meters. The project is funded by two grants. One from a Federal WaterSMART Grant of \$300,000 and an Icicle Work Group Grant award of \$487,000. Depending on the cost of lid replacements the project could be completely funded through the two grants. Councilwoman Sharon Waters had a few questions about the impact of the new meters on customers. She was concerned about loss of water pressure as a result of the new meters, how the new meters would impact customer bills, security of the data being transmitted and the impact of weather on the system. It was pointed out by the spokesperson for the installation of the meters that the meters do send out an alert if the temperature in the pit drops below 37 degrees. City Public Works Director Herb Amick pointed out that the pits are insulated and he actually thought getting alerts about temperature in the pits would improve the functionality of the system.

School Board Meeting Includes Resolution Declaring State Financial Emergency

At the Cascade School Board meeting on May 26. The first notable agenda item was a Budget Presentation by Dwight Remick, CSD Director Finance and Operations. Remick explained that the current year budget must be adopted in July. One of the presentation slides went over the revenue projections and need to prepare for reductions. It stated, "Given the impacts of COVID-19 on the total revenues for the State, we are being advised to plan for a 10 percent reduction in all other funding categories [beyond basic education]... overall possible reductions are projected at almost \$900,000." The presentation went on to give many examples of proposed cuts and adjustments to equal that expected shortfall. Impacts could be felt in staffing, staff training, administration, extracurriculars materials and supplies. Remick concluded by saying, "Our budgeting projections are a crystal ball that is not just foggy but completely shattered."

Leavenworth Shows **Support for Black Lives** Matter

Chelsea Murphy knows some

telling demographics about Leavenworth. "Population: 2200. Black population: 13 (and that's generous)," she posted on her Instagram account. She is one of the thirteen. So, when she and a group of friends, including Charlotte Massey, Kenzie Converse, Delaney Frazier, Ali Hancock and Jazymn Jira, decided to organize a Black Lives Matter March in Leavenworth on June 5, they had no way of knowing what sort of turnout a rural, mostly white town would bring. Protests and marches were happening in cities all over the country and the world. Wo u l d Leavenworth residents also come out in support, to show their shared sadness and anger over the death of George Floyd and many other black Americans? Then the throngs poured in toward the Osborn Elementary site, from all the neighboring streets. By several estimates,1300 people or more joined the march. "On Friday night my little mountain town showed up. In the name of equality for humanity. In the name of peace, and justice," continues Murphy's post. Our cries for justice echoed through the valley." The march, first cleared with the Sheriff's department, the Leavenworth Mayor's office and the Cascade School District, was an entirely peaceful affair as the crowds marched a winding path through many residential streets. "Not everyone supported the protest," said Massey. "But this march wasn't looters from Seattle. This march was our elementary school teachers and middle school students and the people I grew up with and their parents.

Council decides to suspend some regulations during phase 2

In recognition of the financial impact to local businesses as a result of the Governor's emergency declaration, city council voted to suspend certain regulations as businesses struggle to reopen. The city decided they could help support the efforts to reopen by providing use of the right-of-way and being flexible with signage options. Mayor Florea has closed the downtown streets in an effort to reduce the crowds that are normally present on weekends. With local restaurants closed and restricted by reduced capacity during the reopening, the city has allowed them to set up tables outside. Many do not have the tables that can be easily moved outdoors so the city has set up some tables. The new Covid Special Use permit would require insurance, an approved site plan, building owner signature and would be conditioned as determined by the City Administrator. The Mayor also requested that required fees be waived for Special Use Permits issued for Phase 2 reopening and all new Special Use Permit fees during Phase 2 be pro-rated for the year. The measure also approved the use of "A-Frame" signs during the reopening. The signs are limited to no more than 4 square feet and the city reserves the right to remove them if they are an obstruction. The measure was

approved unanimously. Council discussed likelihood that the city pool will not be open for this season. Concerns were expressed that by the time the shutdown has progressed to a point that would allow the city to open the pool, the season would be too short to acquire and train staff.



Open: Monday, Wednesday and Friday 10:30 a.m. - 4.30 p.m. 219 - 14th St. Leavenworth • 509-548-6727

Kindly bring donations to our sorting center.

The state of the s

888-9990

Open Monday - Saturday 10:30 a.m. - 5 p.m. Sunday 12 - 5 p.m. 211 - 14th Street • Leavenworth

This announcement sponsored by The Leavenworth Echo

COMMUNITY **BULLETIN BOARD**

Local, Regional Community News and **Events**

Who: Any non-profit 501(c)-(3) group, person(s) must submit full name and phone number. **What:** Items pertaining to local events that are free or minimum charge. For two weeks only (space limited).

Where: Email to: editor@leavenworthecho.com or editor@cashmerevalleyrecord.com

Or fill out the online form at: LeavenworthEcho.com or CashmereValleyRecord.com

Other ways to advertise your News and Events:

Garage and yard sale ads are paid events, please email these to classifieds@leavenworthecho.com If your group is not a non-profit group you can now be listed for

Call for information on any of these items. 509-548-5286

THE LEAVENWORTH

© 2020 NCW Media, Inc. 215 14th St., P.O. Box 39 Leavenworth, WA 98826-0039 Phone: 509-548-5286 Fax: 509-548-4789

website:

www.ncwmarket.com www.leavenworthecho.com e-mail:

echo@leavenworthecho.com

Publisher

Bill Forhan • 509-548-5286 publisher@leavenworthecho.com

Reporter/Photographer

509-548-5286 Reporter@leavenworthecho.com

Advertising Sales Manager

Carol Forhan

509-548-5286 • Ext. 6513 carol@leavenworthecho.com

Creative Services

Echoads@leavenworthecho.com

Advertising Sales Manager Carol Forhan • 509-548-5286 carol@leavenworthecho.com

Front Office Classified / Legal Notices

Classifieds@leavenworthecho.com Online ads at NCWMARKET.COM

Circulation for all NCW Media, Inc. newspapers.

1-509-293-6780

circulation@lakechelanmirror.com

DEADLINES:

Calendar Listings: Noon, Friday News Submissions: Noon, Friday Noon, Friday Letters to the Editor: Display Advertising: Noon, Friday Legal Notices: Noon, Friday Classified Ads: Noon, Friday

SUBSCRIPTIONS:

In Chelan County (yearly) \$40.00 \$5.00 to include online subscription \$40.00 In State (yearly) Out of State (yearly) \$52.00 Online E-edition only \$40.00

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. 1-509-293-6780

SERVICES:

Back Issues are available up to one year after publication for a fee. Archive Research: \$25 per hour

The Leavenworth Echo (USPS 308 160) is published every Wednesday by NCW Media, Inc. 215 14th St., Leavenworth, WA Telephone: 509-548-5286. Fax: 509-548-4789. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices) Postmaster:

Send address corrections to: The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039



NCW Media, Inc. prints on recycled newsprint with soy ink. Please recycle.

Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to echo@ leavenworthecho.com.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

All events and meetings are cancelled until further notice. Contact the organization listed for update information.

■ AA MEETING SCHEDULE

Information numbers for AA:

The phone number to call for the Zoom link to Leavenworth AA meetings is 541-480-8946

The phone number to call for the Zoom link to Leavenworth AlAnon meetings is 509-548-7939

509-548-1627, 548-4522, 664-6469, 425-773-7527, 206-719-3379

Sunday, 9 a.m., Leavenworth Senior Center, 423 Evans St.

Sunday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Tuesday, noon, First Baptist Church, 429 Evans St.

Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.

Thursday, noon, First Baptist Church, 429 Evans

Friday, 7:30 p.m., Plain Community Church,

12565 Chapel Dr., Plain

Information number for Alanon: 509-548-7939 **Alanon Meeting Schedule**

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Celebrate Recovery meetings are on Zoom, Fridays at 6:30 p.m., email us at this email address for information and a link to the meeting Celebraterecoverylcn@gmail.com

■ COMMUNITY CALENDAR

Wednesday

Peshastin Water District, 5:30 p.m. at the Leavenworth PUD office, Contact Steve Keene, 548-5266. (2nd Wed.)

Prostate Cancer Awareness & Support Group, 8:30 a.m. Kristall's Restaurant. Call David McIntyre, M.D., 206-954-4166. (2nd Wed.)

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.

Leavenworth Rotary Club, Zoom meetings, noon. For more info. call President Teri Miller, 509-669-1585.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info. email President Anita Wilkie at wilkieam2015@gmail.com

Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Chelan County Veteran Service Officer, WorkSource, and SSVF, coffee and organizational information, 10 a.m.-1 p.m., Kristall's Restaurant. Help with DD214, VA Disability Claim and more. (1st Fri.)

Monday

Upper Valley Free Clinic, 6:30 p.m., evaluates urgent health needs; dental consultation is available the 1st Mon. of the month. Contact Upper Valley MEND, 548-

Young Life Club, 6:30 p.m. All high school age students welcome, TJ Kaapuni, 509-679-3247, (2nd & 4th Mon.) Cascade School board meetings, 7 p.m., District

Office board room. Call 548-5885. (2nd & 4th Mon.) Chelan Douglas Republican Women, luncheon meeting, 11:30 a.m. Contact President Ellie, 425-319-9869 (1st Mon. each month).

Tuesday

Icicle & Peshastin Irrigation Districts: Meeting change Call Anthony Jantzer, cell, 509-433-4064, 782-2561 or tony.iid. pid@nwi.net (2nd Tues.)

Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)

Leavenworth People with Parkinson's Disease Support Group, 11 a.m. Church of Jesus Christ of Latter Day Saints, 10170 Titus Road. Call Katherine (206) 356-4288 or Judi (425) 870-2089. (2nd Tues.)

Cascade Education Foundation. Contact: CEF@cascade.

LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.).

NCW Libraries

1-800-426-READ (7323). Online At ncwlibraries.org Leavenworth Public Library: 548-7923. **Peshastin Public Library:** 548-7821.

Leavenworth Library Hours

Monday, Wednesday, Friday-Curbside Service 9-10 a.m. Monday, Wednesday, Friday-Library Open 10 a.m.-1 p.m. Tuesday, Thursday, Curbside Service 2-3 p.m. Tuesday, Thursday, Library Open 3-6:30 p.m.

Masks and Social Distancing are required. We are limited to 11 people at a time. We will have 3 public computers available. All visits are limited to half an hour. 700 Hwy. 2, Call 548-7923 or leavenworth@ncwlibraries.org

Other events

Upper Valley Museum: The Museum is now open, with COVID guidelines in place. Call President, Matt Cade for more information. 253-334-1144 or 548-0728

Leavenworth Fish Hatchery, 548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.



The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office.The publisher cannot certify the complete accuracy of the information provided.

December 18

09:32 911, 11864 Sunitsch Canyon Rd. 10:01 Court order violation, 34491 US Hwy. 2, Stevens Pass 11:52 Littering, 10195 Titus Rd. 12:35 Suspicious, 200 Blk. Ward

12:39 Parking/abandon, 510 Burke

a small fee.

12:49 Trespass, 3985 Old Blewett Rd., Peshastin 13:08 Theft, North Rd., Stevens

Cyn. Bridge 14:08 Alarm, 3750 Camas Creek

Rd., Peshastin 17:59 911, 12000 Sunitsch

Canyon Rd. 19:32 Agency assist, 19115 Chiwawa Loop Rd. 21:07 Suspicious, 11645 North Rd.

December 20

05:16 Accident/no injuries,

Chumstick Hwy. & Eagle Creek 08:35 Burglary, 725 Front St., #D,

Wurlygig

CASCADE CASCADE **SCHOOL MENU**

THURSDAY, 12-31 and FRIDAY, 1-1 **NO SCHOOL Happy New Year**

Monday, January 4

Breakfast: Assorted cereal, orange juice, chocolate milk. Lunch: Baked chicken drumsticks, whole wheat roll, shoestring French fries, blueberries, chocolate milk.

Tuesday, January 5

Breakfast: Breakfast pizza, orange juice, chocolate milk. **Lunch:** Chicken nuggets, shoestring French fries, mixed fruit, chocolate milk.

Wednesday, January 6

Breakfast: Lemon blueberry muffin, orange juice, chocolate

Lunch: Meatloaf, green beans, sliced strawberries, chocolate

■ CITY COUNCIL MEETINGS

Call phone numbers for meetings or Zoom information 7 p.m., Leavenworth Planning Commission at City Hall contact Lilith Vespier, 549-5275. (1st Wed.)

8 a.m., Leavenworth City Council study session, City 548-5275. (2nd Tues.)

3 p.m., Design Review Board, City Hall, Sue Cragun 548-5275 (2nd & 4th Tues.) 6:30 p.m., Leavenworth City Council meeting, City Hall, 548-5275 (2nd & 4th Tues.)

■ SENIOR CENTER MENUS

Leavenworth Senior Center, 423 Evans St.

Currently the Leavenworth Senior Center is closed. The meals on this menu will be available 3 days a week at the Leavenworth Senior Center, for take-out and home delivery meals.

FOR MEAL PICK UP: CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL (509)548-6666. Seniors Age 60 & over suggested donation \$4.00. Under age 60 \$8.00 fee.

December 31, Thursday: No lunch.

January 1, Friday: No lunch.

Saturday and Sunday: No lunch. **January 4**, Monday: Baked fish, pesto pasta, Caribbean veggies, coleslaw, citrus salad, whole wheat bread or roll, dessert.

January 5, Tuesday: No lunch.

January 6, Wednesday: Chicken and rice bake, green beans, spinach salad, tropical fruit, whole wheat bread or roll, dessert.



Do you or someone you know need help at home with chores, personal care & other tasks? Are you caring for a relative or friend & need assistance to help them? Call us for free or low-cost services.



In-Home Care Options • Medical Equipment Family Caregiver Support • Home-delivered Meals

Serving Adams, Chelan, Douglas, Grant, Lincoln and Okanogan Counties Offices in East Wenatchee, Moses Lake, and Omak 1-800-572-4459 • aaccw.org





Living Trusts (509) 662-1211

7 North Wenatchee Avenue, Wenatchee www.SpeidelBentsen.com

We provide excellent legal services in the preparation and completion of Living Trust estate plans.

11:54 Malicious mischief, 10600

Titus Rd. 13:43 Suspicious, 7600 Blk.

Saunders Rd. 15:20 Weapons violation, 8977

North Rd. 16:57 Harass/threat, 265 US Hwy.

2, Rudloof's Pizza 17:11 911, 309 - 8th St., Post Hotel 19:00 Parking/abandon, 200

Division St. 20:26 Scam, 7550 Us Hwy. 97 22:51 Property, 633 Front St., #B,

Yodelin 23:01 Missing person, 932 Front St., Starbuck's

December 21

00:26 Alarm, 920 US Hwy. 2 08:07 Civil, 122 Morning Star Ln,

11:20 Property, 90 A Mill St. 12:46 911, 16995 River Rd., Plain 17:05 Parking/abandon, 2463 Tamarack Crest., Lake

Wenatchee 17:33 Alarm, 12606 Icicle Ln. 17:46 Harass/threat, 408 Ash St.,

21:45 Hazard, 8296 Icicle Rd. 22:06 Hazard, 8189 E.

Leavenworth Rd. 23:21 Alarm, 500 Alpine Pl., Alpen Rose

December 22

08:17 Injury accident, Chumstick Hwy., MP 4

11:41 Accident/no injuries, Chumstick Hwy., MP 8 12:16 911, 12790 Fish Hatchery

Rd. 14:56 Suspicious, 21420 Stirrup Rd., Plain 18:29 Property, 217 - 8th St., #B1

20:42 Property, 9th & Front Streets 21;39 Traffic offense, 116 River Bend Dr., Safeway 22:45 Harass/threat, 920 US Hwy.



Chelan PUD CONTINUED FROM PAGE A1

509-884-5195

Valley Mall Pkway F Wei

smithsoninsuranceservices@gmail.com

PUD does not maintain income records for our customers. We would have to find a way to get this information, match it up with our billing records and make changes to our billing systems - all for one month's bill reduction. That's a lot of bureaucracy and administrative cost. We think there may be a

better alternative. The Board has considered in recent months the possibility of making some form of a PUD contribution to the Helping Hand program. We are still doing the legal research, but this might be done as a match for any dollars customerowners contribute. We have been actively tracking customer overdue bills since the pandemic began. We have only a modest increase in overdue residential accounts. We think an amount of roughly \$50,000 would keep our overdue balances about equal with previous years. This should assure that the unique challenges created by COVID-19 are addressed. So, on Monday, Jan. 4 our Board will consider and take public comment on making a contribution to our Helping Hand program. We will do this in public session in order to fulfill our firm

commitment to transparency. Thank you for your suggestion and the contribution the WBJ (Wenatchee Business Journal) makes to our community.

--- Steve Wright, General Manager, Chelan PUD

(Editor's Note: NCW Media Managing Editor wrote a letter to the Chelan PUD commissioners and the above is the reply to that letter. See Apples to Apples column inside this edition for the original letter, edited for space and claritu.)

David J. Bentsen

THE LEAVENWORTH ECHO • DECEMBER 30, 2020

Local and Regional News

The Washington Outdoors Report

Outdoors Round-Up

By John Kruse

There is a lot of news to cover as we roll into the new year covering everything from salmon forecasts to adjusted sportsmen's show schedules to winter recreation in our state parks

COLUMBIA RIVER FISH **FORECAST** – The Oregon and Washington Departments of Fish and Wildlife have issued their joint forecast for fish returning up the Columbia River in 2021. The good news is a number of projected runs are better than last year. Lower Columbia tributaries like the Cowlitz, Kalama and Lewis are expected to see higher numbers of Spring Chinook coming back. However, the overall return for springers past Bonneville Dam (and all the tributaries beyond) is again troubling with only 75,000 fish predicted to come back. This would be the second lowest year since 1999 for spring Chinook salmon.

As spring turns to summer the Chinook forecasts do get better. Nearly 78,000 summer Chinook are expected to head towards the Upper Columbia, which is nearly 20 percent over last year's run. We don't have hard numbers for fall bright Chinook but biologists expect continued improvement there

February 19 – 21

February 26 – 28

March 4 -7

March 17 - 21

March 18 - 21

March 24 - 28

CANCELLED

as well. Coho salmon should see a banner year of young jacks returning, the highest number since 1977.

On the other hand, the Sockeye return is only expected to be around 156,000 with only 700 heading up the Snake River. This is less than half the number that returned last year up the Columbia. Then again, sockeye salmon forecasts have been notoriously inaccurate in recent years and most of the time Columbia River sockeye numbers have been stronger than forecast.

Finally, there's the American shad. Six million came back last year and another strong run is expected for 2021. If you are just looking for a fun day of casting and catching one to four-pound, scrappy fighting fish, consider a trip to the Columbia River below Bonneville or the John Day Dam between late May and mid-July to catch a whole bunch of shad and while you can fish from a boat, bank angling works just fine too.

FIRST DAY HIKES – Normally, Washington State Parks hosts a number of guided "First Day Hikes" on New Year's Day but because of Covid-19 restrictions your First Day Hike for 2021 will be a do-it-yourself affair. On the bright side, no Discover Pass is needed to enter any of Washington's State Parks

Central Washington Sportsmen's Show

Tri-Cities Sportsmen's Show

Tacoma RV Show

Washington Sportsmen's Show

Bighorn Outdoor Adventure Show

Pacific NW Sportsmen's Show

& Portland Boat Show

Wenatchee Valley Sportsmen's Show

on New Years Day and Martin Luther King Day (January 18th) is a free day for day use activities in Washington State Parks as well.

If you decide to go crosscountry skiing or snowshoeing at one of the state parks that has warming huts be sure to check in advance to see whether those huts are open. Covid-19 restrictions has forced the closure of several this winter.

SPORTSMANS SHOW SCHEDULES – Sportsmen's show season came to a crashing end last March as events were banned with the arrival of the Covid-19 pandemic and things are not much better right now. With that in mind, all of the sportsmen's shows scheduled for January have been postponed. In the table below there is a current line-up of shows that producers are hoping to put on in the first quarter of 2021

You can find out more details about these shows at www.shuylerproductions.com, www.otshows.com and www.inwc.org/big-horn-show . I'll also keep you posted on the status of these shows as we get closer to each specific event.

John Kruse – www. northwesternoutdoors.com and www. americaoutdoorsradio.com

americaoutdoorsradio.com

Yakima Sun Dome

Yakima Sun Dome		
Hapo Center in Pasco		
Tacoma Dome		
Event Center in Puyallup		
Spokane Fair & Expo		
Expo Center, Portland		
Town Toyota Center		

Mulican pro 17A/F

PHOTO COURTESY TEAM TAKEDOWN GUIDE SERVICE

Jill Roth with a Columbia River fall Chinook salmon



OTOS SUBMITTED BY JESSICA EVANS



"Christmas has always been a time of year for giving, especially to those in need, says Kris Kringl Owner Carl Evans. "As things like social distancing and isolation continue, mental health — in particular for our senior community — is something we'd like to support."

Ornaments were purchased at the store and online then Kris Kringl owner Carl Evans and his daughter Jessica made the special ornament delivery on Wednesday, December 23 to Mountain Meadows Assisted Living Campus. According to Executive Director Nate Oglesby they will have some Elves deliver them to the residents with their Christmas





Neighbors

Pastor's Corner

Strong men needed



A WALK WITH **PASTOR JOHN SMITH**

Where is the strong male leadership in the time of adversity? Here our community and nation are in crisis and the men, for the most part, are absent.

The lack of strong male leadership didn't happen overnight or as a result of the current turmoil our nation is in. Rather, it was a long slow breakdown of what it means to be "masculine". Boys were told either explicitly or implicitly, that their affinity for adventure and their interest in swords, cowboys, and toy soldiers was "toxic" and could potentially lead to destructive behavioral patterns. Therefore, "fighting spirit" in them was discouraged and they were subsequently emasculated. Growing up in that environment and the constant pressure to conform to a society that for the most part, hates the differences in gender, men are a confused lot, unable to bridge the gap between how they feel as men to what is society's ideal man.

What is the society's ideal man? It is not the heroic figure that fights dragons, saves princesses, and is the exemplar in bravery, nobility, and virtue. No, that is highly offensive and threatening to our culture today. On the contrary, society wants and prizes the "Beta male" which is nothing more than code for "effeminate". So, rather than have men who can protect, provide for their families and defend their neighbors, we have a bunch of males who are more concerned about drinking chai lattes and being in touch with their

The Bible calls men to higher standard and throughout its pages are examples of men who displayed courage and strength in the midst of adversity. For example, Joab and Abishai in 2 Samuel 10:9-14. Flanked on both sides by the enemies of Israel, Joab turns to his brother and says,

"Be of good courage and let us play the men for our people, and for the cities of our God ... " and with that, they battle against overwhelming odds and achieve the victory. Think of David challenging Goliath saying, "I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have defied" (1 Sam. 17:45) and then slaying him. Or furthermore, Christ, who stood up in our place, enduring the cross and handily defeating Death, and the Devil by way of his crucifixion and resurrection.

Imagine if those men and many others in the Bible knuckled under adversity. Imagine if they spent more time focusing on being sensitive or being in touch with their feminine side, passive and overly agreeable. Would enemies be routed out, giants slain, the work of redemption won? No. It took courage, mettle, and character to accomplish those achievements.

When we look at where we have been for the past year and where we are headed, our community needs strong men. If more strong men were present, would we be in the situation that we are in now? Would businesses still be shut down, the worship in churches restricted, and our neighbors suffering? I don't think so because men who have backbones and righteous conviction, stand up for what is right. When evil is present, they are not the ones who stand by and do nothing, they rouse themselves for action because that is what good men

Heaven knows that we need a few more good men in our day, those who take seriously the call of Scripture where it says "Be watchful, stand firm in the faith, act like men, be strong." (1 Cor. 15:13). I know many times I have prayed the exact same prayer that John Wesley prayed when the need for men was urgent. He says, "Give me one hundred preachers who fear nothing but sin and desire nothing but God, and I care not whether they be clergymen or laymen,

I know we have at least that in our valley but, where are they? I pray they rise up soon.

50th Wedding Anniversary

Judith and Arne Jorgensen of Leavenworth celebrated their 50th wedding anniversary on December 19. They were united in marriage on December 19, 1970 at Our Redeemer's Lutheran Church in Seattle, WA. Arne retired from the Seattle Police Department where he worked for 27 years

and they moved to Plain in 1998. They are the parents of two daughters: Kirsten Orn -Everett and Karin Jorgensen - Leavenworth. They are the proud grandparents of seven grandchildren: Kaitlin, Rebecca and Matthew Orn and Liam, Whelan, Finna Jo and Aengus



SUBMITTED PHOTO



Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.

JONES & JONES ~ BETTS

Funeral Home 302 9th St., Wenatchee • 662-2119 or 662-1561 jonesjonesbetts.com

Honoring the lives of residents in the Valley for over 100 years. You can always rely on our dedicated staff.

Due to the COVID-19 virus, all churches in the Upper Valley have suspended Saturday and Sunday services,

information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.



they alone will shake the Sunday School and meetings. gates of Hell and set up the kingdom of Heaven upon Please call or email your church listed below if you need more



New to our area? On vacation? UPPER VALLEY CHURCH GUIDE These churches welcome you!

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869

Sunday School 10:00 a.m. - Worship 11 a.m. Bible Study, Wed., 7 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH 213 S. Division • 782-3811 Worship & Sunday School at 11:00 a.m. Office Hours: Monday - Thursday

> Pastor Lilia Felicitas - Malana CHRIST CENTER

10:00 a.m. - 1:00 p.m.

High School Director, Kelsie Folden

Cashmere Assembly of God: 509-782-2825 Worship Service Sundays 10:00 a.m., in-person, Conservatory Apple Annie's and on-line, christcentercashmere.com Underground High School Sundays 6:00 p.m., In-person, Conservatory Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregational Care Pastor, Joyce Williams Director of Operations, Pastor Ian Ross



GRACE LUTHERAN CHURCH

Morning Prayer, Evening Prayer or Holy Eucharist. Times and place will vary due to **COVID** restrictions Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries Contact Pastor Rob Gohl

509-860-0736 for more information. ST. JAMES EPISCOPAL CHURCH Morning Prayer, Evening Prayer or Holy Eucharist. Times and place will vary due to

COVID restrictions. Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH

5837 Evergreen Drive • 782-1662 • Sunday School - 9:45 a.m. • Morning Worship - 11 a.m. Evening Service - 6:00 p.m. • Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore

www.midvalley baptist.org

LEAVENWORTH CASCADE MOUNTAIN BIBLE CHURCH

'Where God's Word Remains The Pillar Of Truth' 11025 Chumstick Hwy. • 548-4331 Sunday School 9 a.m. . Sunday Worship 10:30 a.m. AWANA (Youth Program) Weekly Bible Studies Wednesday 6:30 p.m. (school year) Pastor Todd James • www.cmbiblechurch.org



CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 548-0748 Sunday Worship 10 a.m.

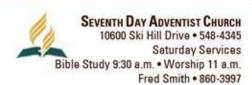
CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10:00 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11:00 AM Website: www.leavenworthbaptist.com

> info@leavenworthbaptist.com LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9:00 a.m. Lead Pastor: Mark Miller Youth Pastor, Kent Wright www.LCN.org



SPIRIT LIFE CENTER

210 Benton Street • 548-7138 Sunday Worship 10 a.m. Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

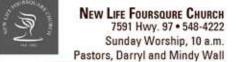
MONITOR



PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

8455 Main Street • 548-7517 Sunday Worship 10 a.m. Pastor John Romine www.lightinthevalley.org



Email: newlifeleavenworth@gmail.com

FB page: newlifeleavenworth www.newlifeleavenworth.com





MIRROR

FERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record **509-682-2213** - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which STYS TOSTITE makes it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsi-ble for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



Administrative

Puzzle Solution

5 6 1 4 8 9 3 2 3 3 2 8 6 7 1 4 5 9	6
	7
	9
2 7 5 3 1 4 9 6 8	
6 1 4 8 9 2 5 7 3	3
8 9 3 5 6 7 1 4 2	2
4 5 2 7 3 8 6 9	
1 3 6 9 2 5 7 8 4	4
9 8 7 1 4 6 2 3 5	5



Announcements

LOST AND FOUND can be placed in our local newspaper

and online for ONE week for FREE. Limit 30 words

Leavenworth/Cashmere 509-548-5286 or email

classifieds@leavenworthecho.com or

> Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507 or email mirrorads@lakechelanmirror.com

Deadline: by Noon on Friday



Need to promote your event? Have you thought about

NCWMarket.com the best online promotion available

Happy Ads

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY CONGRATULATIONS!** WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have

questions. The Lake Chelan or Quad City Herald or email

mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

Commercial

Business opportunity

Very Successful Business for Sale

My wife and I have decided to retire and have chosen to sell our business

Your Family Name. Go to our website: www.yfn.net.

and see some of the products we sell. Since opening in 2006 with

the "Name Store". We have added some new great selling products. Our most popular are the Knythm Magic Motion clocks, House of Jerky products and Almond Blossom nuts. We have 2 great employees and are great at running the store in our absence. People come into the store all the time and say "Oh we have been here before, we

just like to come in when in town and checkout all your great and new stuff."

We have a lot of repeat customers who love coming in for the Nuts and Jerky. We are not asking any "Blue Sky" payment for the store. We are just asking for someone to purchase the inventory at cost and take over this well-established business. The inventory will run in the area of \$20K. As they say, the 3 things important to any business is Location, Location, and Location.

This business is located at 933 Front Street, Suite D. Leavenworth—meaning traffic to our store is excellent. If interested, we can make ourselves available to you for training, or you can take advantage of our already trained employees, who are willing to stay on. Call Duane, 509-423-0553.

Employment

Help Wanted

Looking for a great, local employee?

It is easy to place your ad online 24/7 at

www.NCWMarket.com Register and pay on our

secure site. Want Print only for The Lake Chelan Mirror Quad City Herald, Brewster

Call 509-682-2213 or email Meg at mirrorads@lakechelan mirror.com OR

Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline: Friday by Noon for the following Wednesday issues of all newspapers.

Full and Part-time Bedmaker, Laundry and Housekeeping

The Enzian Inn is hiring for full and part-time Housekeeping, Laundry, Bedmakers. Enjoy a competitive wage and positive working environment. Shifts typically begin at 9 a.m. and end between

2- 4 p.m. daily. Hotel amenities such as fitness room, indoor pool and jacuzzi are available to employees and their mmediate family to enjoy in the winter months.

Apply in person Enzian Inn 590 US Hwy. 2 Leavenworth

Full and Part-Time **Breakfast Catering Staff** The Enzian Inn is searching for energetic service oriented individuals to join our breakfast/ catering team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet and at

catered functions. Full and part-time positions requiring some weekends. Recreational amenities of hotel are available to employees including fitness center, indoor/ outdoor pool, spa and putting course.

Apply in person. 590 Hwy. 2 Leavenworth

Windermere

Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?

Give us a call today!

Carmen Bagdon - 237-2060 Momi Palmieri - 433-2211 Geordie Romer - 679-8958 Allyson Romer - 630-9898

See all available properties at windermereleavenworth.com

Help Wanted

Caregiver needed for immediate hire! Amada Senior Care is looking for compassionate, experienced, and reliable caregivers.

Our caregivers are the heart and soul of what makes Amada Senior Care great! We are looking for CNAs and HCAs that are up to the challenge of meeting our high standards of care and are committed to improving the lives of the clients we serve.

We are currently hiring a caregiver to staff a client in Chelan, WA

Schedule is as follows: Monday, Tuesday, Thursday, Friday 10:30am-6:30pm

RATE: \$18.00/hour

APPLY NOW:

https://careers.hireology.c om/amadaseniorcare-oreg onwashington/485403/ description



The Cascade School District is seeking qualified applicants for the following positions.

Substitute: **Teachers Emergency Teachers** Para Educators Custodians **Bus Drivers**

Fast Track application process and information can be found on our website at: www.cascadesed.org **EOE**



Help Wanted

City of Leavenworth Job **Opportunity for Deputy** Clerk

The City of Leavenworth, an equal opportunity employer, is seeking applicants for a full-time Deputy Clerk union position in the Finance Department. This supervisory position includes oversight of the day-to-day financial operations and includes duties related to payroll, utility billing, customer service, and assisting the Finance Director with budgeting, annual reporting, contract/grant administration and bank reconciliations. Applicant must have experience in office administration, professional oral and written communication skills with exceptional attention to detail, and excellent customer service skills. Proficiency in Microsoft Office products

required. To apply, contact the City of Leavenworth at 509-548-5275 or visit the City's website at www.cityofleavenworth.com to download the job description and application; application and resume shall be submitted to Chantell Steiner, Finance Director/City Clerk at

or can be mailed to P.O. Box 287, Leavenworth, WA 98826 This position is open until filled, first review will occur on December 21, 2020.

Upgrading

your

'ride'?

we can help

you sell your

old one

• Place your ad 24/7

financedir@cityofleavenworth.com

Help Wanted

Part-Time Office Assistant

The City of Leavenworth, an equal opportunity employer, is seeking applicants for a part-time non-union Office Assistant position in the Finance / Clerk Department. The Office Assistant is primarily responsible for the first contact as the City's **Customer Service** Representative for answering phones and/or directing citizen and visitor questions to the appropriate staff. The Office Assistant, under the direction of the Deputy Clerk, assists in the duties

of accounts payable, accounts receivable and utility billing, collecting and processing mail and making bank deposits. To apply, contact the City of Leavenworth at 509-548-5275 or visit the City's website at

www.cityofleavenworth.com to download the job description and application; application and resume shall be submitted to Chantell Steiner, Finance Director/City Clerk at

financedir@cityofleavenworth.com

or can be mailed to P.O. Box 287, Leavenworth, WA 98826. This position is open until filled, first review will occur on December 21, 2020.

Mansfield School District is accepting applications for the following part-time positions: Para-Educator, Bus Driver, Maintenance Grounds. positions are 4 hours per day, 20 hours a week. To view job descriptions and download an application, access our website at www.mansfield.wednet.edu are an equal opportunity employer.

Hiring Housekeepers in Your Area Now! Compensation: \$17.00/ hr. Apply online at vacasa.com/careers or text "Vacasa" to 97211

Work Wanted

House Cleaning and have references. Call 509-557-2151

at NCWMARKET.COM • Email:

or 782-3781

classifieds@ leavenworthecho.com Call 548-5286

> www.leavenworthecho.com www.cashmerevalleyrecord.com

Clutter is like a weight around your neck. Extra CA\$H is not.



 Place your ad 24/7 at ncwmarket.com

• Email: classifieds@ leavenworthecho.com • Call 548-5286

Check the weathercams online before traveling over the mountain passes!

www.leavenworthecho.com | www.cashmerevalleyrecord.com



For Sale

Antiques & Collectibles

Get cold hard cash for vour **Antiques and** Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at

NCWMarket.com Just register and pay online and you are done. Your ad will appear online and in the newspaper for one low price. Deadline: Friday by Noon

for all papers. **Lake Chelan Mirror Quad City Herald**

509-682-2213 or email mirrorads@lakechelan mirror.com

or call The Leavenworth Echo Cashmere Valley Record 509-548-5286 classifieds@leavenworth

echo.com

Furniture

Cashmere Valley Record

Office furniture available. Items: 2 large wood desks with side desk attachment, One metal desk, one large wood conference table, a large counter approx. 7' x 3 1/2' tall with removable shelves, wood credenza 2 fabric room dividers with metal legs. One large framed

whiteboard All items only \$10 each. Cash and carry out. Call to arrange a time to examine or pick up. All items located in Cashmere. For information call

Leavenworth Echo, 548-5286 or Bill, at 509-670-1837. Also see photos on NCWMarket.com

General Merchandise

Moving Sale! Items must 150-331/2 records, singles \$1.50 and albums \$3.00. Mostly 1950-60's country and some other western. genres as well . 509-679-9318

Cards for Sale

To raise funds for the Royal Ladies of Autumn Leaves. Special Leavenworth cards. No boxed cards. Thank you for your support. Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays.

509-548-5286.

Real Estate

Rentals

Leavenworth Room for Rent, \$650/month including all utilities plus washer and dryer. On Busline. Available

December 1. Call or Text: (509)699-9337

Legals

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate

KAREN G. HALL, Deceased. No. 20-4-00385-04 PROBATE NOTICE TO **CREDITORS**

RCW 11.40.030

personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later

(1) Thirty days after the personal representative served or mailed the notice to the creditor as **RCW** provided under 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever except as otherwise barred. provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: December 23, 2020 Personal Representative: April D. Lane

Attorney for the Personal Representative: Russell J. Speidel Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number:

Cause No. 20-4-00385-04 APRIL D. LANE Personal Representative Attorneys for Personal Representative: SPEIDEL BENT

Chelan County Superior Court

By: RUSSELL J. SPEIDEL WSBA No. 12838 7 North Wenatchee Avenue, Suite 600 P.O. Box 881

Wenatchee, WA 98807 Published in The Leavenworth Echo/Cashmere Valley Record on December 23, and 30, 2020 and January 6, 2021 #1274



Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of JENELLE KNISHKA, Deceased. NO. 20-4-00305-04 PROBATE NOTICE TO CREDITORS

The Administrator named below appointed has been Administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of:

Thirty days Administrator served or mailed the notice to the creditor as **RCW** provided under 11.40.020(1)(c); or (2) months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever except as otherwise barred. provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the probate decedent's and nonprobate assets.

DATE OF FIRST PUBLICATION: December 16, 2020 ADMINISTRATOR: Steven R. Schwind ATTORNEY FOR ADMINISTRATOR: David Visser

ADDRESS FOR MAILING OR SERVICE: **OVERCAST LAW OFFICES** 23 South Wenatchee Avenue Suite 320

Wenatchee, WA 98801

COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER:

Chelan County Superior Court, No. 20-4-00305-04 **OVERCAST LAW OFFICES** By: David Visser, WSBA No. 41546 Attorney for Administrator Published in The Leavenworth Echo/

Cashmere Valley Record on December 16, 23, and 30, 2020. #1263

Public Notices

STATE OF WASHINGTON DEPARTMENT OF ECOLOGY UNION GAP, WASHINGTON NOTICE OF APPLICATION

TO APPROPRIATE **PUBLIC WATERS** TAKE NOTICE: That Crown

Columbia Water Resources of Spokane, WA, on October 2, 2020, under Application No. S4-33265 applied to appropriate public waters, subject to existing rights. from all surface water and ground water in hydraulic continuity with surface water, within the Columbia River Basin within Washington State at the instantaneous rate of 49.9 cubic feet per second, for the purposes of irrigation, domestic, and municipal. That the annual quantity will be fully mitigated by existing water rights placed, or to be placed, into the Washington Trust Water Rights Program, making the proposed annual appropriation water budget neutral.

That the proposed source is all surface water or ground water in hydraulic continuity with surface water within the Columbia River Basin within Washington State as described in the Amended Trust Water Agreement between the Department of Ecology (Ecology) and Crown. The agreement is available from Ecology upon request. That the proposed place of use is within the Columbia River Basin described above, Washington.

Protests or objections to approval of this application must include a detailed statement of the basis for objections. All letters of protest will become public record. Protests must be accompanied by a \$50 recording fee payable to the Department of Ecology, Cashiering Unit, PO Box 47611, Olympia WA 98504-7611, within 30 days from: January 6, 2021.

Cash shall not be accepted. Fees must be paid by check or money order and are non-refundable.

Published in The Cashmere Valley Record/ Leavenworth Echo on December 30, 2020 and January 6, 2021. #1299

Millions of Americans are facing hunger this holiday season

(STATEPOINT) - Millions of people nationwide face hunger every holiday season. And this year, the COVID-19 pandemic thrust even more Americans into this vulnerable position.

Before the COVID-19 crisis began, one in nine people, including 10 million children, already lived in a food insecure household. Communities of color are disproportionately affected by both poverty and hunger. For example, one in four Native American and Alaska Natives experience food insecurity. One in five Blacks and one in six Latinos experience food insecurity. As a result of the pandemic, unemployment has soared and the need for food assistance has increased.

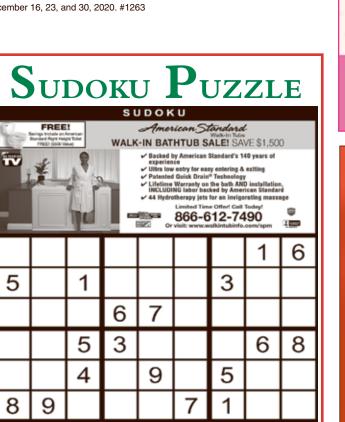
"Unfortunately hunger impacts Americans every day of the year, but we know that this holiday season will look much different than last. More families are accessing food banks than ever before, and many of them for the very first time, which is why it's really important for everyone to come together to help fight hunger this holiday season," says Casey Marsh, chief development officer for Feeding America, the nation's largest domestic hungerrelief organization.

Fortunately, efforts are being made to meet the sharp rise in food insecurity. As part of its 'Many Hearts, One Community.' holiday campaign, Wells Fargo is fulfilling its commitment to help provide 82 million meals to families in need through the Feeding America network of 200 food banks by year-end. This is a continuation of Wells Fargo's decade-long relationship with the Feeding America network which, since the start of the pandemic, has included efforts such as turning Wells Fargo corporate properties and branch locations into mobile food distribution centers. Additionally, during this holiday season, grants will be made internationally to food banks operating in Wells Fargo's global footprint.

"It was life-changing," says Andrea Thomas, a single mother who received food assistance in Mesa, Ariz. "I didn't have to figure out if I was going to pay for groceries or pay for rent to keep my household afloat."

So how can you get involved? There are 200 Feeding America member food banks across the country, many of which need volunteers to help pack food boxes, distribute food at drivethrough pantries and more. Feeding America food banks have adjusted their practices to ensure social distancing to keep everyone safe. Contact your local food bank to see how you can help families in need. You can also join the fight to end hunger by making a donation. For more information, visit feedingamerica.org.

While the issue of hunger is timely during the holidays, it doesn't stop once the season is over. Year-round philanthropy, volunteerism and innovative efforts like drive-up food banks, can help meet the needs of families across America.



9

Fill in the blank squares in the grid, making sure that every

3

6

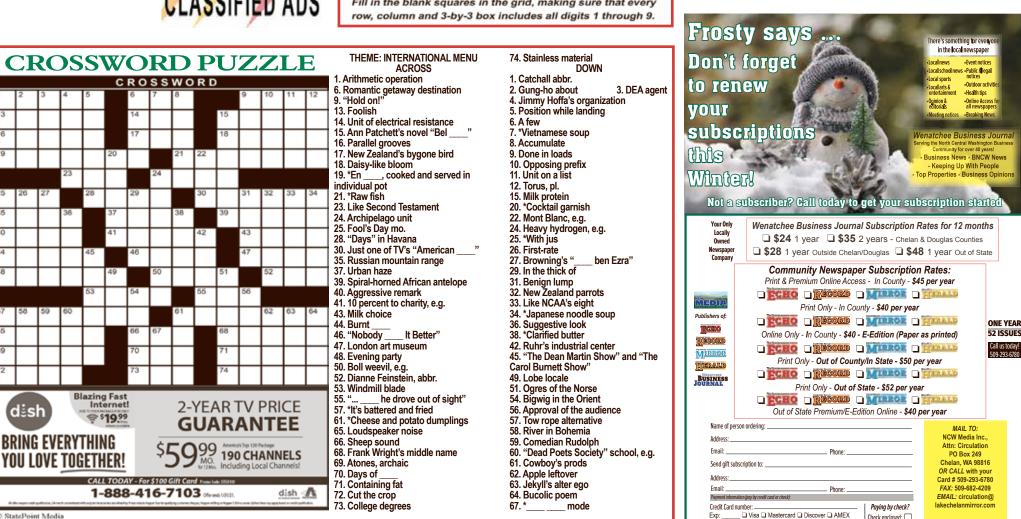
8

7

4







Opinions

Chelan PUD: Current compassion trumps 'more equitable future'



APPLES TO APPLES Gary Bégin

Editor's Note: The letter below was sent to the Chelan County PUD Commissioners in November and was recently answered by General Manager Steve Wright:

Chelan PUD: Current compassion trumps 'more equitable future'

I am a big fan of our Chelan County Public Utility District and its dedicated staff and management. I am a huge fan of efficiencies and frugalities. I have also lived in other places where the utility company is a citizen-owned cooperative and gave dividends to its owner/ customers at the end of the year, if money was made.

Once again, I am a huge fan of the PUD commissioners, all of them, as well as General Manager Steve Wright.

Here's the rub, from a strictly compassionate point of view. Before I rant, please read the below quote sent out by the PUD just after its Nov. 17 meeting. I started the quote with the headline that topped the news release in bold:

"PUD envisions a more equitable future for households who struggle most: Chelan PUD commissioners heard a plan last month to expand energy conservation programs to focus on households that spend more than 6 percent of their income on power bills. About 2,100 households qualify as "high energy-burdened" because they spend more than 6 percent of their paychecks on electricity. About 98 percent of these households earn less than \$20,000 a year. Staff recommended greater engagement with nonprofits and landlords, as well as greater assistance to help lowincome homeowners cover the up-front cost of home improvements."

I am overjoyed that staff has suggested greater interaction and cooperation with the landlords and non-profits of these unfortunate citizens, but these measures won't occur until sometime in 2021.

How about right now? Can commissioners see it in their hearts, during this, the greatest modern pandemic to ever hit America, to forgive the 2,100 households' electric bills at least for the month of

There is no harm to the PUD profits if just a small handful of impoverished citizens get a month without an electric bill. I have never been a member of the Communist Party, my idea is merely a decent gesture to our decent people who need a break in life, especially during this bizarre time of our history.

We are spending millions on the new PUD headquarters in Olds Station. The salaries of the commissioners and a few senior staff cost more than the forgiveness of 2,100 families' electric bills.

Let these, our fellow citizens, buy a nicer Christmas gift or dinner or fix their beat-up old rigs and let them give that money to local small businesses which will more than make up for the miniscule lost income to our PUD.

I am blessed, as are all readers of the WBJ, to not ever worry about my electric bill. I also believe in efficiencies and frugal living.

This idea is a one-time effort to show forgiveness to those who have little or nothing during this season of love and this era of COVID-19.

I am writing this with the full knowledge that my proposal goes against bureaucratic logic and will immediately be labeled as financially imprudent. I know this because I have 23 years as a federal employee. It has also enlightened me as to the brick wall of paperwork that often crushes the hopes of millions nationwide even though it was originally meant to achieve a more just society out of potential anarchy.

I understand bureaucratic paperwork as well as fiscal discipline and I dare any bureaucrat to tell me that they are not slaves to the various rule books that together sing a mantra of no tolerance for coloring outside of the lines.

Of course, it doesn't mean that the individual employees are necessarily evil in any way or myopic to the issue or spend their time conniving ways to disallow compassion, it is merely that they must follow the rules as written.

At home, I am sure most of them are stalwart members of the community, including volunteering with non-profits and walking the walk of whatever religious group they may belong to.

The staff members are approaching their future proposals to the esteemed board of commissioners in a typically bureaucratic way by "partnering" with nonprofits, i.e., non-governmental organizations and landlords, when commissioners should take the reins incumbent on leaders of their caliber and make a unilateral decision, not wait for a multilateral proposal, watered down by too many self-interested hidden agendas, however well meaning.

I'd like to receive comments from readers via email: Gary@ NCWmedia.net.

For the answer to my letter, see "Chelan PUD responds" article in this edition.

Managing Editor Gary Bégin can be reached at gary@ ncwmedia.net. His opinions are not necessarily those of NCW Media.

My Favorite Healthy Habits

My husband and celebrated our 38th wedding anniversary last week, on December 21st. We usually mark the occasion by having dinner with our oldest friends, Dick and Kay, a couple who stood up with us on that afternoon all those years ago. Although Dick passed away 6 years ago from pancreatic cancer, we still have dinner every year on December 21st with Kay. Except for this

couldn't We make reservations at our favorite restaurant to eat, but that wasn't the only reason. Kay is in the hospital, fighting COVID.

Bombarded with reminders to "Mask Up," practice Social Distancing by staying 6 feet from each other, and avoid gatherings, it has been a lonelier holiday season for most of us.

Although these 3 habits have been proved to reduce the spread of COVID in communities, there are two OTHER habits that can make a difference in reducing the risk of transmitting COVID to our loved ones.

One of the best ways to stay healthy is to develop 2 habits that I call Healthy Habits:

Letters to

the editor

Dear Publisher,

Evidence"?

election fraud.

subjects.

Nice attempt to do, I don't

really know what, Bill. What

on earth was the purpose of the opinion piece, "Where's the

the message essentially says you believe Trump's rant about

Where's the evidence and

On that point Bill I concede

I'm also amused at that reference to Stalin; I have

heard that expression but I've

always heard it attributed to a Louisiana politician, H.P.

Long. My personal opinion for attribution of the saying

goes more to a nameless

displayed by many political

But Bill, with respect to the rant and shouting of Donald

J. Trump, I'll offer one short

quote that I'm also certain

you've heard over the years

"A lie told once remains a lie

By my counting, Trump has exceeded the thousand

times requirement to have at

least some accept his lying

accusation as truth. Are you

indeed one of those believers?

event, Merry

but a lie told a thousand times

becomes the truth," Joseph

and are indeed familiar with:

behavior

organizational

Goebbels.

Fascinating. In any

systems over the years

you have every right to believe what you believe on any and all frequently and thoroughly, and extinguish face touching behavior, particularly avoiding your eyes, nose, and mouth.

When I teach about antibiotics and infections with my pharmacy and physician assistant students, I always emphasize how they will be on the front lines of medical care. Whether as pharmacists physician assistants, they'll be exposed to more infections than if they worked in other settings because their customers or patients will be coughing and sneezing near

These two habits have been shown to help reduce infection long before COVID showed up and will continue to be significant even when COVID is finally vanquished.

Long before COVID, face touching has been associated with the spread of respiratory illnesses such as common colds, influenza, and flulike infections. The area most important to avoid touching is the "T-Zone" of your face: your eyes, nose, and mouth.

Touching our face with our hands is an unconscious habit for most people. One study done in 2008 observing Wash or sanitize your hands behavior in the office work good hand hygiene: washing

setting showed that workers touched their faces nearly 16 times every hour in that environment.

A group of 26 medical students in New South Wales, Australia, in 2015 was observed to touch their faces an average of 23 times per hour. They handled the "T-Zone" of eyes, nose, or mouth 45% of the time.

Earlier this year, a group of 131 clinical staff working in a pediatric specialty clinic in San Francisco was surveyed on whether they thought wearing a mask would change face-touching behavior. Most participants believed that masks would change facetouching but were divided in whether they thought it would increase or decrease it. When clinic clinicians and staff were observed during their workday at the clinic, in situations where they were masked, they touched their face 5.4 times per hour, compared to 20 times an hour when not masked.

Dr. Will Sawyer is a family medicine physician with a passion for preventing infection. He is the founder of the Henry the Hand Foundation, which focuses on teaching school-age children

their hands when dirty and before eating, avoiding coughing or sneezing into their hands, and not putting their fingers into their eyes, nose, or mouth.

Dr. Sawyer also has studied face-touching behavior in clinical environment, observing nursing staff, and clinicians working in a family medicine office. Published in 2011, long before COVID and regular use of wearing a mask, the study showed staff and clinicians touched their eyes, nose, or mouth nearly 20 times in two hours.

Social distancing, wearing mask, and avoiding gatherings effectively reduce COVID transmission and are TEMPORARY inconveniences. If we all do our best to practice them, we can preserve lives and access to medical care during the pandemic. Thankfully, the vaccines developed against COVID will eventually bring the COVID pandemic under control.

The first week of December National Handwashing Awareness Week. This year I felt that handwashing was overshadowed by the controversy over mandatory masking and limiting social interactions.

To Reduce Your Risk of

Future, Practice These Healthy

1.Wash or sanitize your hands frequently and thoroughly.

Sing a song while you rub soap or sanitizer over every surface of your hands, including fingernails and between your fingers.

2. Avoid touching your face.

Do your best to extinguish face touching, especially in the"T-Zone": your eyes, your nose, and your mouth.

Have a happy and healthy



Dr. Louise Achey, Doctor of Pharmacy, is a 40-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Check out her NEW website The Medication Insider. com for daily tips on how to take your medicine safely. □2020 Louise



DRILLING

Tumwater Drilling and Pump Inc. "Water Treatment Systems Built to Your Individual Problem" Free Water

Conveniently located on Hwy 2 across from the Big Y Cafe in Dryden @ 9290 Hwy 2



www.tumwaterdrilling.com • email info@tumwaterdrilling.com

WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOSIS SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

STORAGE



DOWNTOWN CASHMERE **MINI STORAGE**

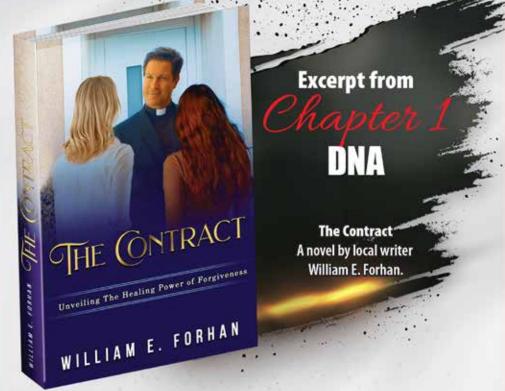
5x10-\$65 Per Month 0x10-\$85 Per Month 8x14-\$90 Per Month

Secure Timed Keylock System• Mobile Platform Available •Burglar Alarm• •Camera Surveillance•

201 Cottage Ave., Cashmere

EXCAVATION





Most mothers can tell you the moment their child was born. It's not the same for fathers. But I can tell you precisely the moment I met my daughters. It was 2:46 on a Sunday afternoon in October.

I had rushed back from church and just sat down to watch the game of the week. My Denver Broncos were playing their most despised of opponents - the Oakland Raiders. My game was interrupted by a knock on my

My wife had taken our two sons to help her with grocery shopping. So I had to get up from my game to respond to that irritating knock.

I opened the door to two attractive young women. They seemed surprised.

"You're a priest?" one queried.

In my rush to watch the game I had not removed my

"Well, yes I am," I responded. Fully expecting they were a couple of young evangelists looking to tell me about the

There was a sudden and distinctly deafening pause. "Can I help you?" I finally said. They looked at each other. Then almost in unison burst

out, "We think you're our father!" In an instant twenty-three years of guilt and remorse

overcame me. I could not help it. Tears poured out like a

river. My heart began to pound and I could not hear a We looked at each other for what seemed like an eternity. None of us knowing what to say next, but I knew in my heart they were correct.

Bill's Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@gmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.

Christmas and Happy New Year to you and Carol, stay home, stay safe. **Alex Saliby**

Leavenworth

