



Who Will Be the Next Mr. Kodiak?



SUBMITTED PHOTO.
Mr. Kodiak candidates, back row, from left, Aiden Ringle, Alex Flick, Saul Vizzaino, Cameron Ostrem. Front row, Cody Enloe, Leonardo Guerrero Lopez, Landon Davies, Owen Skystad. Jerome Jerome, Cole Warnaca.

SUBMITTED BY JON VANDEL

Mr. Kodiak 2021, May 17, is a "Celebrities Red Carpet Night". The event is at the Festhalle with doors opening at 6 p.m. with the silent auction starting at 6:15 p.m. and the show at 7 p.m. You can pre-purchase tickets every Wednesday from 11 a.m.-noon in the Cascade High School office for \$5. Tickets the night of the show are \$8 cash/check. There will also be a live auction during the show with yummy desserts and donations from our wonderful community. Bring the family for an evening of laughter and help support the Class of 2021 with their Senior Sober fundraising. This is the first event in the Festhalle since March of 2020!

Opportunity to Vaccinate Sixteen and Seventeen Year Olds on May 17



Marlene Farrell
Correspondent

Cascade Medical (CM) has been vaccinating community members against COVID-19 for months, utilizing the Moderna vaccine. However, when the Pfizer vaccine was approved for use with youth sixteen to eighteen years old, CM and Cascade School District (CSD) came together to devise a plan to offer convenient vaccination for a large portion of the high school students.

As Sam Jerome, RN, employee health nurse at CM, explained, "Cascade Medical will be working with Confluence Health to transfer the Pfizer vaccine. We will work with refrigerated vaccine. Once picked up from cold storage at Confluence the vaccine has a five-day shelf life in the refrigerator prior to expiring. It will most likely be picked up the morning of the vaccine clinic."

CM set up an easy online reservation system for families to pick a fifteen-minute time slot on May 17. Students can sign up for a slot before or after class, as the majority of students are on campus for half days. Remote education, Running Start and home-schooled students can also come in for a reserved appointment. The vaccine clinic will be held in the high school wrestling room and administered by CM staff Sam Jerome, RN, and Cass Mott, MA, working with school nurses Shelly Zehm, RN, and Kesha Smith, RN.

This clinic can administer up to eighty vaccine doses. "This is a one-day clinic," said Clint Strand, director of public relations at CM. "If this is successful, and we see sufficient demand, we'll explore the opportunity to add more days."

The extra effort required to obtain the Pfizer vaccine doses and to work out the logistics represents the well-working partnership between the two entities. "Cascade Medical and the Cascade School District are committed to the communities we serve being as healthy as possible," said Strand. "When we saw the opportunity to put together this clinic, all it took was a phone call to Superintendent Dr. Tracey Beckendorf-Edou to discuss logistics."

Both CSD and CM are urging families to sign up for the vaccine clinic. "It is important that not only sixteen- and seventeen-year-olds, but all eligible individuals, get the COVID vaccine," said Jerome. "Not only does COVID have a death rate ten times higher than the flu, but we are seeing healthy young people who get COVID suffer from long term consequences including but not limited to lung/heart conditions and clotting disorders."

It is anticipated that one of the vaccines will be approved for younger students in the near future. After that occurs, hopefully, younger students will also be able to conveniently get vaccinated.

To select a time slot on May 17 for the Pfizer vaccine for a teen ages sixteen and up, local families can go to: <https://outlook.office365.com/owa/calendar/CASCADEHIGHVACCINECLINIC@cascaedemical.org/bookings/>

Paid Parking coming soon



Bill Forhan
Publisher

From its earliest days parking has been a problem for the tiny Bavarian Village. It is rumored that Ted Price, one of the original visionaries for making the town a tourist destination, saw parking as a potential problem. Whether his concerns reflected the actual parking availability at the time, or his enthusiasm for the ultimate success of his dream will remain unknown. What is clear from the traffic problems over the last few years is much of our congestion is fueled by tourists on the hunt for a place to park.

The issue has been under study for a number of years. Consultants have been brought in and committees have argued long and hard about how to solve the problem.

City Council members argued over upcoming changes to parking regulations at the April 27 meeting. The changes are significant and much has already been done. An ugly old unused fruit warehouse has been removed and turned into a parking lot. The city acquired the old Department of Transportation lot on the West end of town and a new park and ride lot has been added behind the Safeway store. LINK transit promises to run shuttles from that lot to the west end on a regular schedule, but it's not enough.

The newest effort is to get the "Right Parker in the Right Place." What that means is getting employees to park somewhere besides in front of their business and encourage tourists to not park in the same spot all day.

In order to accomplish that the city has moved to a paid parking strategy. You may have noticed parking meters have been installed downtown. These are not your ordinary meters either. These are exceptionally smart meters. They can monitor when someone pulls in and when they leave. When you leave, any money remaining on your meter is automatically zeroed out - no sense driving around to find a meter with time left on it - they won't exist. When you pull into an empty space you will have 15 minutes grace to feed the meter before parking enforcement is dispatched to issue you a ticket. That's right, sensors in the ground know when you pull in and pull out and notify parking enforcement automatically.

Pricing will vary based on demand. It is all controlled electronically from the "parking control center." This generated a significant debate at the April 27 City Council session. The rate policy consists of recognizing 5 different parking demands and setting pricing based on those demands. Those demand periods are: Festival - \$3.50 per hour, Busy - \$3.00 per hour, Active - \$2.50 per hour, Calm - \$2.00 per hour and Quiet - \$1.00 per hour. All meters would be

set to a maximum of 3 hours from 9 a.m. to 6 p.m. except for the two busiest demand periods of Festival and Busy when hours would be 9 a.m. to 8 p.m.

Parking lots follow the same demand structure except there is an "all day option." Festival parking is \$3 per hour or \$30 per day. Busy time is \$2 per hour or \$20 per day. Active is \$1.50 per hour or \$15 per day and Calm days are \$1 per hour or \$10 per day. There is a \$5 discount for early birds to the all day permit. Quite times are free at all lots.

Employees would have a number of options for parking. They could buy a monthly permit for a reserved parking spot in P2-Blewett for \$139 per month, \$149 per month in P7- Freund, \$40 per month in P6 - Glacier or they can park for free in Glacier without a permit on a space available basis.

Councilman Reister expressed concern about the impact of \$149

per month to employees. He thought it was too high. City Administrator Ana Cortez responded that yes, it is high but when the staff analyzed the cost they determined the individual spaces had a value of \$800 so the city is heavily subsidizing that value at \$149 per month. Cortez also commented that a number of businesses have indicated they plan to pay for parking permits for their employees.

When queried about the \$800 per month by Reister, Cortez responded that they examined the revenue the city received per spot in each of the lots prior to Covid. The strategy was to allow permit parking only in the lots that had the highest return to the city.

Reister said he has talked to a number of business people downtown who can't find employees who want to work. This is going to make it even more difficult. Mayor

"The city isn't in the business of providing parking for businesses."

Anne Hessburg

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SHOP LOCAL

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

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Florida Voting Integrity Bill Immediately Faces Lawsuits After Becoming Law

JANITA KAN

A Florida bill that seeks to protect the integrity of elections has been hit with legal challenges immediately after it became law.

Florida Gov. Ron DeSantis on May 6 signed into law the Republican-backed Senate Bill 90, which adds safeguards to the way people vote using ballot drop boxes and mail-in ballots. The bill has been heavily opposed by civil rights activists and Democrats, who argue that the measure disproportionately burdens African American and Latino voters' right to vote, which they say amounts to voter suppression.

Shortly after the law was enacted, several voting rights groups filed two separate lawsuits seeking to block the enforcement of the law and declare that the measure violates the U.S. Constitution and federal law.

Both of the suits were filed in a federal court in Tallahassee and claim that SB 90 is illegal because the "restrictions" don't apply to all Florida voters equally. The suits argue that the law was crafted in a way that would create substantial hurdles for senior, young, and minority voters and for voters who wish to vote by mail.

"SB 90 is a bill that purports to solve problems that do not exist, caters to a dangerous lie about the 2020 election that threatens our most basic democratic values, and, in the end, makes it harder to vote without adequate justification for doing so," one of the lawsuits claimed.

The lawsuits took particular issue with the new safeguards on ballot drop boxes such as the availability, location, and supervision of the boxes. The plaintiffs also opposed measures banning organizations and volunteers from collecting absentee bal-

lots, additional requirements for re-requesting absentee ballots, and the provision that bans solicitation activities around polling locations including the distribution of free food and water.

"Together, these foregoing provisions ... target almost every aspect of the voting process, and they do so without a legitimate purpose, much less a compelling state interest that can justify their restrictions on the franchise," one of the lawsuits alleged.

One of the lawsuits was co-filed by Democratic attorney Marc Elias of Perkins Coie, on behalf of the League of Women Voters of Florida, the Black Voters Matter Fund, the Florida Alliance for Retired Americans, and several individuals.

Meanwhile, the other lawsuit was filed by NAACP Legal Defense and Educational Fund (LDF), Disability Rights Florida, and



A poll worker helps a voter to post her mail-in ballot in an official Miami-Dade County ballot drop box in Miami on Aug. 18, 2020.

Common Cause.

LDF's assistant counsel Zachery Morris said in a statement that the law represents "a direct and swift backlash to Black voters' historic turnout during the 2020 election season."

"The law's suppressive and discriminatory provisions make it clear that the Florida Legislature's goal is to erect additional hurdles to inhibit Florida voters,

especially disabled voters, Black voters, and Latino voters, from accessing the ballot box. These efforts are shameful and they are not new. We cannot allow elected officials to suppress votes under the guise of election integrity," Morris said.

Responding to the lawsuits, DeSantis's office characterized the claims as "meritless" and argued that they "grossly mischaracter-

ize the legislation."

A spokesperson told The Epoch Times in an email: "With the Governor's signing of SB 90, Florida will remain a leader on election security, ballot integrity, and the protection of every vote. Florida's new election reforms make it easy to legally vote but hard to cheat. We look forward to defeating these baseless claims in court."

Pfizer, BioNTech Ask US Regulators for Full Approval of COVID-19 Vaccine

ZACHARY STIEBER

Pfizer and BioNTech are asking drug regulators in the United States for full approval for their COVID-19 vaccines.

The two companies announced on May 7 that they initiated a rolling submission for a biologics license application by submitting nonclinical and clinical data, including the most recent analyses from a phase three clinical trial, to the Food and Drug Administration (FDA) in the coming weeks.



A woman receives her first dose of the Pfizer COVID-19 vaccine at a mass vaccination site at Ripken Baseball in Aberdeen, Md., on May 5, 2021.

The BLA submission is an important cornerstone of achieving long-term herd immunity and containing COVID-19 in the future.

Ugur Sahin,
CEO, BioNTech

They plan to submit more data in the coming weeks to complete the application.

"We are proud of the tremendous progress we've made since December in delivering vaccines to millions of Americans, in collaboration with the U.S. Government," Albert Bourla, Pfizer's chairman and CEO, said in a statement. "We look forward to working with the FDA to complete this rolling submission and support their review, with the goal of securing full regulatory

approval of the vaccine in the coming months."

"The BLA submission is an important cornerstone of achieving long-term herd immunity and containing COVID-19 in the future," added Ugur Sahin, CEO and co-founder of BioNTech.

The companies asked for priority review. If that request is approved, a decision would come within 6 months instead of the typical 10-month time frame.

The FDA didn't immediately respond to an inquiry.

Unsealed Warrant Confirms FBI Raided Alaska Home Searching for Pelosi's Laptop

Couple says it's a case of mistaken identity

ZACHARY STIEBER

An unsealed search warrant shows that the FBI raided a couple's home in Alaska because agents believed one of them was involved in the theft of a laptop from House Speaker Nancy Pelosi's (D-Calif.) office during the U.S. Capitol breach on Jan. 6.

But the couple says the FBI has the wrong person and that the bureau and other agencies are being weaponized.

The warrant, dated April 22 and recently made public, details how Paul and Marilyn Hueper came to the FBI's attention. Both were identified as refusing to follow mask regulations on an Alaska Airlines flight in February and were banned from flying with the carrier

in the future. About a week later, the FBI was contacted by a person whose name was redacted, described only as "witness 1."

That person provided the FBI with an Instagram photo posted by Paul Hueper and claimed that a photo circulated by the bureau of a woman inside the Capitol during the breach was Marilyn Hueper. Agents reviewed surveillance video and concluded that Marilyn Hueper was part of a group that entered Pelosi's office and took an HP ProBook laptop from a desk there.

Agents then successfully applied for a search warrant for the Huepers' home in Homer, where they run an inn and spa.

The warrant authorized the FBI to seize the laptop if it were found on the premises, along with any other property believed to be stolen from the Capitol.

Agents raided the house on April 28.

Marilyn Hueper is at least the second person agents have claimed may be in possession of the laptop. They previously cited a tipster who claimed that Riley June Williams, a Pennsylvania woman, may have taken it with plans to sell it to Russian intelligence officials. But Williams's friend told The Epoch Times that the tipster was an abusive ex-boyfriend who is from Russia, and court filings indicate that the computer hasn't been found in Williams's possession.

The Huepers say the woman spotted inside the Capitol is a different person. They say they were no closer than 100 yards from the building on Jan. 6.

"It's definitely a case of mistaken identity," Paul Hueper told The Epoch Times. "They had a very similar jacket, but the other woman had this really ugly Christmas sweater on, and Marilyn was just wearing a white, red, and pinstripe blue shirt, mostly white."

"Surely the FBI could see that, unless their investigative work is just that weak that they a pick up these small things."



In these still images from surveillance footage, a woman the FBI believes is Marilyn Hueper is pictured inside the U.S. Capitol on Jan. 6, 2021.

Americans don't really realize where this police state tactic kind of government is leading us.

Paul Hueper, husband of
Marilyn Hueper

While the agents were allowed to seize electronic devices from the couple's home, Marilyn Hueper says they also took a copy of the Declaration of Independence. That signaled to her that they're "trying to say something or trying to intimidate."

She urged people to educate themselves on what rights they have. The Huepers believe they gave up a lot of rights during the search because of a lack of understanding.

"We have to know how to hold them accountable, which means we have to learn what is lawful and what isn't and put their feet to the fire," she said.

Paul Hueper added: "It's just really frightening, seeing our government weaponize different facets of these different agencies—the FBI, IRS, CIA, and so forth—against American citizens. This is the stuff of police state legends. This is where the USSR got formed

and where Venezuela got formed and Cuba, and on and on down the line.

"So Americans don't really realize where this 'police state tactic' kind of government is leading us, and I don't care if you're Democrat, Republican, if you're independent, if you're Libertarian—wake up Americans, your rights are getting taken away and they are slipping away fast."

"If we don't take a stand as the people and stop depending on the government ... if we as the people don't wake up and take a stand, and take a loud stand, we're going to wave goodbye to the lives that we've built them to be and the freedoms that we've enjoyed."

The Huepers also contest the situation with Alaska Airlines, saying that Marilyn only had her mask off while eating and drinking, and that Paul had his mask on the entire time.

Alaska Airlines didn't respond to a request for comment. The FBI declined to comment. No criminal charges have been filed against the Huepers as of May 7.

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"THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." —Jonne Rosenau

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ICE Deportations Hit Record Low in April

Arizona AG Says Biden Admin Is 'Abolishing ICE Through Administrative Acts'

Immigration and Customs Enforcement officers arrest an illegal alien from Mexico during a raid in the Bushwick neighborhood of Brooklyn, N.Y., on April 11, 2018.



SAMUEL ALLEGRI

The number of deportations carried out by Immigration and Customs Enforcement (ICE) in April has hit a record low, the agency told The Epoch Times on May 6.

The figure comes amidst a 20-year record-high number of illegal border crossings.

ICE completed 2,962 deportations last month, not including Title 42 expulsions, a reflection of the restrictions that the Biden administration has placed on the agency.

"U.S. Immigration and Customs Enforcement (ICE) has concentrated its

limited law enforcement resources on threats to national security, border security, and public safety," an ICE spokesperson told The Epoch Times via email.

"This has allowed ICE to focus on the quality of enforcement actions and how they further the security and safety of our communities rather than the simple quantity of arrests and removals."

U.S. Customs and Border Protection released an operational update in April that stated more than 172,000 illegal immigrants were apprehended in March along the Southwest border.

Arizona and Montana took legal action in March in order to halt the Biden administration's new immigration regulations.

Compared to February, March saw a 100 percent increase of unaccompanied minors from Central America—18,890, the agency stated.

"ICE continues to implement the civil immigration enforcement priorities directed by the U.S. Department

of Homeland Security (DHS) on Jan. 20, to focus our limited resources on threats to national security, border security and public safety," the spokesperson wrote. "ICE will continue to carry out its duty to enforce the laws of the United States in accordance with the Department's national security and public safety mission."

Last week, as part of a court-ordered finding related to a lawsuit Arizona and Montana filed against the DHS, Arizona Attorney General Mark Brnovich's office announced that they acquired internal documents and emails from

the federal government that "convey a shocking disregard for the safety of American communities by the Biden Administration," said Brnovich. "The Biden Administration and its radical allies are effectively abolishing ICE through administrative acts."

Administrative records discovered as part of the lawsuit against DHS and ICE officials resulted in 5,000 pages of records, out of which only 170 weren't redacted.

Arizona and Montana are the first states to find the information.

His office stated that the states are "challenging

DHS's interim guidance that presumptively halts nearly all deportations outside of three narrow categories."

The two states took legal action in March in order to halt the Biden administration's new immigration regulations, which they claim would cause an adverse effect on the states.

According to Brnovich's office, emails in the records disclose that a high-ranking ICE official said the new policy would cause an approximately 50 percent decrease in ICE arrests.

The DHS didn't respond to a request for comment by press time.

Louisiana Senate Rejects Bill Allowing Social Media Companies to Be Sued for Limiting Speech

JANITA KAN

A bill that would allow Louisiana residents to sue social media companies for deleting or limiting religious or political speech has failed to advance in the state Senate.

The proposal, known as Senate Bill 196, would also have allowed legal actions against social media companies with more than 75 million users that use an algorithm to disfavor or censor a user's religious or political speech. The bill could have allowed a user in the state to claim actual and punitive damages of up to \$75,000.

Under the proposal, users don't have a cause of action when a social media company takes actions against hate speech, calls for violence, obscene or pornographic content, or operational errors.

The Republican-con-



trolled Senate on May 4 voted 19-18 for the bill, falling one vote short of the 20-vote majority needed to advance the measure to the House; a similar bill has also failed to garner the required support in the House. The bill was reconsidered on May 5 and has been returned to the calendar for further action or consideration at a later time.

Republicans and conservatives across the nation are championing legal measures to combat what they see as unfair moderation and censorship of conserva-

tive speech on social media. This comes after multiple Big Tech companies such as Facebook and Twitter increased policing of user speech, in particular during the lead-up to the 2020 election and following the Jan. 6 breach of the U.S. Capitol.

Former President Donald Trump's accounts have been permanently suspended on Twitter and banned on Facebook because the social media companies decided that Trump's posts violated their content standards.

Bills similar to Louisiana's

have been introduced in other states, but none have been enacted. Meanwhile, some Republican-led states have also proposed other measures to prevent Big Tech companies from using their monopoly to police speech they don't agree with.

The bill could have allowed a user in the state to claim actual and punitive damages of up to \$75,000.

For example, Florida proposed that it would seek to penalize social media companies that de-platform candidates during an election. The legislation would fine companies \$100,000 a day until the candidate's access is restored. Texas is considering similar legislation.

The Louisiana bill, introduced by Sen. Jay Morris (R-West Monroe), advanced to a Senate committee last week.

In defending the bill, Morris told the committee that the legislation would protect "freedom to express one's political and religious opinions without having a building full of people in California deciding what the American public, in particular the Louisiana public, can see or hear or write about."

Chris Sevier, a supporter of the bill and a lawyer, provided testimony at the hearing, arguing that Morris's bill was the solution to perceived censorship by social media companies. He argued that Section 230 of the Communications Decency Act, a federal statute, allows for states to create laws to defeat an immunity defense,

commonly referred to as the Section 230 immunity defense, which provides social media companies that don't act as publishers with a shield from civil action.

Morris didn't immediately respond to a request by The Epoch Times for comment.

Opponents of the bill argue that the measure is unconstitutional and violates federal law. Eric Peterson, the director of the Pelican Center for Technology and Innovation, argued in the committee hearing that the bill isn't a targeted solution to deal with the issue of censorship but instead would create a slew of problems for Louisiana.

He argued that websites that were not intended to be targeted by this bill such as eBay, Amazon, and Spotify may also be caught in the language of the proposed law.

Bill Gates-Funded Company Releases Genetically Modified Mosquitoes in US

ISABEL VAN BRUGEN

Genetically modified mosquitoes have been released for the first time in the United States as part of an experiment to combat insect-borne diseases such as Dengue fever, yellow fever, and the Zika virus.

UK-based biotechnology firm Oxitec, which is funded by the Bill and Melinda Gates Foundation, said it released the mosquitoes in six locations in Monroe County's Florida Keys: two on Cudjoe Key, one on Ramrod Key, and three on Vaca Key.

It's part of an effort to help

tackle a disease-transmitting invasive mosquito population—the *Aedes aegypti* mosquito species—that's responsible for "virtually all mosquito-borne diseases transmitted to humans," according to the company.

These mosquitoes make up about 4 percent of the mosquito population in the Keys, and transmit dengue, Zika, yellow fever, and other human diseases, as well as heartworm and other potentially deadly diseases to pets and other animals.

The experiment is in collaboration with the Florida Keys Mosquito Control Dis-



A transgenic *Aedes aegypti* OX513A mosquito, created by Oxitec, in Piracicaba, Sao Paulo, Brazil, on Oct. 26, 2016.

MIGUEL SCHINCARIO
AFP VIA GETTY IMAGES

trict (FKMCD), and was approved by the U.S. Environmental Protection Agency (EPA), the Florida Department of Agriculture and Consumer Services (FDACS), the U.S. Centers for Disease Control and Prevention, and an independent advisory board.

Over the next 12 weeks, fewer than 12,000 mosquitoes are expected to emerge each week, for approximately 12 weeks. Untreated comparison sites will be monitored with mosquito traps on Key Colony Beach, Little Torch Key, and Summerland Key.

If successful, some 20 million additional genetically

modified mosquitoes will be released later in the year.

"We really started looking at this about a decade ago, because we were in the middle of a dengue fever outbreak here in the Florida Keys," FKMCD Executive Director Andrea Leal said during a video news conference. "So we're just very excited to move forward with this partnership, working both with Oxitec and members of the community."

The insects released by the biotechnology firm are all male, so they don't bite. They're expected to mate with the local biting female

mosquitoes, and in doing so, they will pass on a lethal gene that will ensure their female offspring die before reaching maturity.

According to Quartz, areas including Malaysia, Brazil, the Cayman Islands, and Panama, where similar experiments have been carried out, have seen mosquito populations drop by as much as 90 percent.

The project has faced backlash from residents, who say their consent was not sought for the experiment.

The Associated Press contributed to this report.

"I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED." —Philip Lewis

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Covid Vaccine for Your 12-16 Year Old? This Doctor (and Mom) Says “Yes”



Dr.
Miranda
Raiche

We've all faced difficult decisions regarding our family's safety in the past year, whether it's when to visit loved ones, attending gatherings, going shopping, schooling or vaccination. As a mother and family physician, my husband (also a family physician) and I have faced the same difficult questions about how to keep

our family safe, while also considering the academic and social development of our two school aged boys. While it was a no-brainer for ourselves to get vaccinated as soon as possible, getting our children vaccinated of course causes us deeper reflection. When trying to decide the best thing for their families, I've heard many of my patients say, "You're a doctor...if it were your children, what would you do?" This piece attempts to answer that question and give you insight on the factors that went into our decision.

When answering tough questions, it's always best to start with the facts. We know that attending parties,

playdates and in-person family gatherings such as weddings and funerals is associated with a higher risk of children testing positive for the coronavirus. I think we all have observed that children and teens in these situations are also not as diligent about maintaining precautions (mask wearing and social distancing). This of course places them at higher risk of contracting coronavirus and spreading it to others, such as grandparents and teachers. It's true, we also know children under 12 who get COVID-19 do tend to have mild illnesses or no symptoms, while teenagers seem to have responses somewhere between what adults and younger kids

have experienced. However, it's important to remember that while most children get only mild symptoms, they still face risks. Per the CDC, at least 251 U.S. children with COVID-19 have died, and thousands have been hospitalized. Current adult covid vaccines are safe and effective. Currently, no vaccine is yet FDA approved for children under 16 years of age, but Pfizer's vaccine is under FDA review for approval in 12-15 year olds and will likely be approved soon. (Dr. Raiche - if word comes down from the FDA about EUA approval between now and publication, I'll make sure this verbiage gets amended.) I am just as anxious for life to get back

to "normal" as all of you; I want my children to have a normal childhood. I want our boys to rejoin teams, attend birthday parties, hang out with neighborhood kids, go to amusement parks and do all the other fun group activities we all enjoyed growing up. These group activities helped us develop into our grown selves, part of a larger community. Any of you whom I've cared for as my patient know that I am strong believer in science and vaccinations, and this situation is no different. Therefore, when a covid vaccine is available for our children, we have decided to vaccinate them to protect them from serious illness or death, to protect adults they

interact with, and help our country get back to normal, so that our boys can have a normal childhood.

If you have any questions about immunizing your children against Covid, please don't hesitate to ask your health care provider. She or he will be happy to discuss the facts, address concerns, and give you the confidence to make the right decision for yourself and your family.

Dr. Miranda Raiche has been caring for our community as a family practice physician at Cascade Medical since 2015. She and her husband live in the Wenatchee Valley with their two boys.

Osteoporosis Awareness Month

When May arrives every year, I think of my mother. Although Mother's Day is indeed in mid-May, May is also National Osteoporosis Awareness and Prevention Month. For the last ten years of her life, my mother suffered greatly from complications of osteoporosis. Osteoporosis is a condition where your bones become weak, making them more likely to break. According to the National Osteoporosis Foundation (NOF), nearly 54 million Americans have low bone mass or osteoporosis, according to the National Osteoporosis Foundation (NOF), a health organization dedicated to preventing osteoporosis and broken bones through awareness, education, and research. This silent but devastating disease affects more women than men. Women have a 50% chance of suffering a hip, spine, or wrist fracture during their lifetime. However, this bone disease doesn't affect only women; nearly 30% of men will also experience a broken bone from osteoporosis. Osteoporosis-related fractures aren't just painful; they can be deadly. One in four women and one in three men WILL DIE within one year of experiencing a broken hip. If you are female,



the likelihood of you breaking a bone from osteoporosis is equal to your risk of having breast, uterine, and ovarian cancer COMBINED. My mother broke her left wrist when she was 74 years old when tripping on a curb while trying to catch a bus in downtown Seattle. Four years later, she broke her left hip when falling after getting out of bed to use the bathroom in the middle of the night. When I gently suggested that she get checked out by her doctor after her fall, she stubbornly insisted, "It's not broken. I just sprained my knee." After hobbling around for two weeks, she gave in and saw her doctor, but by then, it was too late. The two broken ends of her thigh bone slipped out of position, knitting themselves together in the wrong place. For the last 10 years of her life, she suffered the discomfort of her left leg being one inch shorter than her right.

Though the complications show up as you age, osteoporosis often starts in childhood. We build nearly 90 percent of our peak bone mass before we turn 20 years old. In middle age, that process begins to reverse. We lose 1% of our bone mass every year, doubling to 2% every year for women after menopause. The thinner your bones are to start with, the more likely you'll experience a fracture later in life. Find out more about osteoporosis



at the National Osteoporosis Foundation website, www.nof.org.

Here are 6 Tips to Help Keep Your Bones Strong and Healthy:

1. Get adequate calcium and vitamin D.

Eating a variety of foods rich in calcium is essential to building and maintaining healthy bone density. Green leafy vegetables like broccoli, Brussels sprouts, and kale are good sources of calcium, along with dairy products like milk and yogurt. A calcium-rich diet is more effective at preventing osteoporosis than taking calcium supplements. If you take prescription bone-building medicines, you may need additional calcium and vitamin D supplementation.

2. Do weight-bearing activities as often as possible.

Walking, cycling, dancing, even gardening will help keep your bones healthy. Activities like tai chi and lifting light weights strengthen your high muscles, improving your balance, and helping prevent falls.

3. Don't smoke.

My mother started smoking when she was 18 years old, and it took her over 60 years to quit. Stopping smoking decades earlier could have helped her avoid the fractures which plagued her later years.

4. Ask your doctor.

Testing your bone density helps determine how likely you are to have a bone break in the future. If your bones are too thin, future bone loss can be slowed with medicine and other strategies. My mother never knew her bones were thinning until she broke her wrist. With screening and bone-building medication, she may have avoided the hip fracture that changed her life so drastically.

5. Try eating prunes every day.

Eating prunes every day can build up your bones, according to two recent studies. The participants consumed about ten prunes every day for a year, but you don't have to eat nearly that many to benefit your bones. Since prunes have a natural laxative effect, I suggest starting out eating just a couple prunes daily, then gradually increasing as you can.

6. Take your medicine.

Several bone-building drugs are available: tablets you take every week or every month, or injections administered daily, every six months, or once a year.

Louise Achey PharmD is a Doctor of Pharmacy and a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Her website and blog at www.MedicationInsider.com have FREE tips on how to take your medicine and supplements safely. ©2021 Louise Achey

School Nurses Recognized With Friend Of Children Award

SUBMITTED BY BECCA FREIMUTH
Communications, NCESD

Wenatchee - The North Central Educational Service District (NCESD) recently recognized school nurses and health room assistants with the 2021 Friend of Children Award. The presentation of the award honors the significant role health services staff play in ensuring schools are prepared to address COVID requirements in order to keep our schools, students, and communities safe.

In addition to ensuring compliance with frequently changing guidelines from national, state and regional health agencies, health services staff serve their districts through contract tracing, testing, sick room support, materials and equipment coordination, and staff, student and parent education, all while continuing to meet the standard requirements of their positions. Many hours have been spent ensuring that staff are well-prepared, processes

are in place, and any signs of illness or potential outbreaks are quickly addressed.

Regional public health experts have noted that students are safer at school than outside of school, explained Cathy Meuret, the School Nurse Corps Director for NCESD. That level of safety stems from a controlled environment in which students, staff and visitors are screened before entering a school, isolation and quarantine timelines are followed, and masking,

distancing and hygiene are routine expectations.

"These efforts, overseen by school nurses and health room assistants, have kept COVID transmission and outbreaks in schools to almost zero," Meuret added. "Our region's students have been able to return to in-person classroom instruction sooner and more safely compared to other regions in the state and country."

Local nurses winning the award are Kesha Smith and Shelly Zehm from Cascade School District.

Bird Fest Keynote: *The Wonderful Adaptations of Birds*

SUBMITTED BY RANDEE ZERGER

ATTENTION birders: Wenatchee River Institute (WRI) and the NCW Audubon Society are excited to announce the return of Leavenworth Spring Bird Fest, offering both live and virtual events! This year, Dennis Paulson is being welcomed to present the virtual keynote presentation covering *The Wonderful Adaptation of Birds* on Saturday, May 15th from 7 p.m. - 8:30 p.m.

Birds are something we all admire, because they are colorful and active, they can fly, and we see them around us all the time, unlike many other kinds of animals. But have you thought about all the different

ways they can be birds? They live in almost all of Earth's habitats. Their feeding habits are infinitely variable. The same is true of their breeding habits, although every one of them indeed lays eggs. The ways they get around on land, sea, and air are as varied as the birds themselves. Paulson is excited to show you some of these different ways of life and the adaptations that make them possible.

Paulson grew up in Miami and received his Ph.D. in Zoology from the University of Miami in 1966 with a study of the dragonflies of southern Florida. Shortly thereafter, he moved to Seattle, where he

has lived ever since. He retired as the Director of the Slater Museum of Natural History at the University of Puget Sound, where he taught in the Biology Department. Dennis has taught at three universities and continues to teach adult-education courses in many venues.

Paulson has studied and photographed dragonflies and birds worldwide, publishing over 75 scientific papers on his favorite animals. Paulson also has published books, including *Dragonflies and Damselflies of The West*; *Dragonflies and Damselflies of the East*; *Dragonflies & Damselflies: A Natural History*;

Shorebirds of North America: The Photographic Guide; *Shorebirds of the Pacific Northwest*; *Exotic Birds*; and *Alaska: The Ecotravellers' Wildlife Guide*. He is an avid nature photographer, with many photos published in magazines, books and interpretive displays.

Visit the website to find out more details on the event, you will also find the link to the Zoom posted here closer to the event: <https://wenatcheeriverinstitute.org/>. All registration for other events is also currently open. Contact: Ranee.Zerger@wenatcheeriverinstitute.org 509-548-0181.

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Happy Healthcare Week

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MILITARY NEWS

Leavenworth Native serves aboard future U.S. Navy warship

By RICK BURKE
Navy Office of Community Outreach

SAN DIEGO - Petty Officer 2nd Class Vanessa (Saunders) Bong, a native of Leavenworth, Washington, is serving aboard one of the nation's newest, most

versatile warships, the future USS Miguel Keith (ESB-5).

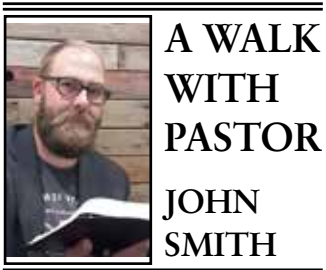
Petty Officer 2nd Class Vanessa (Saunders) Bong is a 1998 High School graduate. According to Bong, the values required to succeed in the Navy are similar to those found in Leavenworth.

"Growing up in a small town, I was taught at an early age that you have to work hard to make something of yourself," Bong said. "Life is what you make it and if you really want something, only you can stop you from reaching that goal!"



SUBMITTED PHOTO.
Petty Officer 2nd Class Vanessa (Saunders) Bong

Cathedral Thinking



A WALK WITH PASTOR JOHN SMITH

Travel across Europe and you will come across the magnificent display of architecture and design known as the cathedral. These structures dot cities all over Europe, enrapturing visitors by their sheer size and magnitude. Entering a cathedral, you begin to feel very small and insignificant and that's the point. With their high ceilings, massive archways, and intricate details which cover every square inch of the structure, cathedrals express the greatness of God and the smallness of you.

To build one of these edifices will take you about 200-300 years—proving that if Rome wasn't built in a day, neither are cathedrals.

When I learned that it takes close to three centuries to complete one cathedral, it dawned on me that the ones who initially started the building process would die before they would see the work completed. Eventually, it would be the 10th generation that would see the

finished cathedral and it was all because one generation was building and training the next generation to take over the project.

The amount of foresight and planning is incredible. More specifically, however, was the diligence in training up the next generation of workers. Back then, occupations were passed down to the next generation. For example, if your father was a carpenter then you would be a carpenter. So, the success in building a cathedral was largely dependent on generational continuity — one generation deeply connected to the next and working together.

If we were to look at it today, this type of "cathedral thinking" is missing in our culture. Generations are isolated from each other and there is a large demographic that 1) has hardly anyone speaking into their lives and 2) have been trained to disassociate themselves from the past in the hopes of being more "progressive". For the most part, we hardly think about what we are leaving to the next generation after we die or ensuring that they are properly equipped for the task ahead. To be sure, we may

look at younger generations and say they are the future, but look at where the future is headed, can we say that it is a bright one? The finger can't be pointed at Leftist ideologues at the college campus or the Millennial who has been drinking the Marxist Kool-Aid. No, the responsibility falls on us. Like if one generation didn't gather the lumber for the cathedral or shirked on laying a proper foundation for the structure, the generation



after cannot be entirely to blame if it all falls apart.

In 1 Chronicles 22:2-5, King David begins to prepare to build the temple. Earlier in his life, David had set in his heart to build a temple for God, however, due to David's role as a warrior-king, he was prevented from doing so.

Instead, King David provides a great number of materials and organizes the manpower to see that his son, Solomon, finishes the task. David was looking to the next generation to complete the work but he didn't sit idly by with ideas. He put in the effort during his life and the temple was constructed years after his death.

What are we building and how are we building into the next generation? If we want a strong community, a strong nation, or even a strong church, we have to be about the business of training up and pouring into the younger generation around us. We must connect them to the past, and in the case of Christianity, pass on what we have learned.

The failure to execute and implement "cathedral thinking" has got us to the point we are today—a crumbling nation, unfinished, and lacking laborers. However, there is still time to work. As long as we are alive, we can devote whatever little time we have left ensuring that those after us have something to build with and we can pray to God, that the work of building of his kingdom would not stop with us

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmith@ecbc@gmail.com.



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NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.


Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information
Or email classifieds@leavenworthecho.com

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Due to lifted Covid-19 state regulations, some churches will be opening up for in person services. Call the church of your choice to see any changes.

Please call or email your church listed below if you need more information. May you take time to pray, rest, meditate and reflect during this time. Stay well, stay strong and stay informed.



UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

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103 Aplets Way • 782-2869
Worship 9 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

CHRIST CENTER
Cashmere Assembly of God: 509-782-2825
Worship Service Sundays 10:00 a.m., in-person, Conservatory
Apple Annie's and on-line, christcentercashmere.com
Underground High School Sundays 8:00 p.m., In-person, Conservatory
Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregational Care Pastor, Joyce Williams
High School Director, Kelsie Folden
Community Outreach, Stefhanie Haney

GRACE LUTHERAN CHURCH
Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.
Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries.org
Contact Pastor Rob Gohl 509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH
Morning Prayer or Holy Eucharist. Times and place will vary due to COVID restrictions.
Service on YouTube or Email link: CashmereEpiscopalLutheranMinistries.org
Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6 p.m.
Pastor John Smith
www.christforcashmere.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 548-4345
Saturday Services
Bible Study 9:30 a.m. • Worship 11 a.m.
Fred Smith • 860-3997

SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m.
Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m., Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m.,
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Office: 509-548-4331

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
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CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
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Church: 548-7667
Meetings: Sunday - 10 a.m.

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"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

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429 Evans Street, 509- 470-7745
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Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

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Lead Pastor: Greg Appleby
www.LCN.org

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MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

PESHASTIN

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8455 Main Street • 548-7517
Sunday Worship 10 a.m.
Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth.com
www.newlifeleavenworth.com

Liar, Liar pants on fire!



**IN MY
OPINION**
Bill Forhan
Publisher

The New York Times claims that Facebook has decided not to reinstate Donald Trump's Facebook account not because he is a liar, but because he incited violence in his call to his constituents to march down to the Capitol on Jan. 6 and make their voices heard. The Times goes on to say Facebook continues to allow politicians to spread many falsehoods saying it does not want to police the truth.

The problem is that the NY Times has told so many lies of its own over the years that it no longer recognizes the truth. That is a problem for a news organization that has the responsibility of vetting the accuracy of statements made by political leaders. It is especially problematic when we recognize that much of the electronic media relies on the NY Times for the stories they

cover every day. It is even more problematic when the general public through simple common sense and reason recognize the questionable accuracy of today's media stories.

The times says Trump lies. He lies continually and regularly even after other sources have challenged his positions. It is true that Trump challenges traditional theories about how the world works. He regularly confronts the media for their distortion of the facts often accusing them of "Fake News." That angers many journalists whose delicate egos are often bruised by such a charge.

The problem is these journalists are often so busy defending themselves against Trump's charges that they refuse to take the blinders off and examine the facts. They can't admit they might have gotten the story wrong.

For example, in their own story this week about Trump's lies, the Times continues to spread the lie about the Jan. 6 invasion of the Capitol. This was far from a violent insurrection. The only person who died was a woman shot by a Capitol policeman. She was unarmed. There was a Capitol police officer who died

but an autopsy revealed he died of a heart attack. There was no significant physical destruction of the Capitol Building. Although the elected representatives ran for their lives out of fear. One can only wonder why they were so afraid. Maybe because they thought the violence they had witnessed all summer had suddenly come to their door.

Yes, the Capitol was overwhelmed by a group primarily consisting of conservatives distraught over what clearly appeared to them to be a fraudulent election. Their "assault" on the Capitol pales in comparison to the violent and destructive rioting taking place in major metropolitan areas like Seattle, Portland, Minneapolis, etc. Yet the Democrats and the leftist politicians ignore these events and excuse it as a justifiable response to racial suppression.

The leading story in the New York Times Weekend Briefing is "The Republican Party's efforts to limit voting rights are making inroads." The article goes on to state: Between the new laws, the vilification of Representative Liz Cheney and a Bizarre recount in Arizona, it is clear just how absolute Trump's

grip on Republicans remains, our political correspondent writes."

Really? It is not unreasonable to require voters to prove they are citizens. It is not unreasonable for all of us to expect that each of us only gets one vote. It's not unreasonable for us to be able to hold those counting the votes to be open and transparent when questioned.

Seventy million Americans still do not believe the results of the election. Those Americans deserve a serious review of the process that is supposed to protect our votes and insure the election truly represents the will of the people.

We are not getting that. What we are getting is an all out assault by the entrenched bureaucracy to fundamentally change America. The governmental establishment has grown to the point its first imperative is self-preservation. Conservatives, not all of whom are Republicans, have become the enemy. Anyone who

questions the independence of those whose jobs depend on the outcome of the election process is demonized.

Complicating the issue is unions. President Roosevelt, a Democrat and many would argue a socialist, said government unions were a conflict of interest. Now union membership has dropped to all time lows in the private sector but government unions continue to control much of the majority of the public employee workforce.

President Biden is another politician who has lied his entire career. He has lied so often he no longer recognizes it is a problem. Worse, when his decisions do not produce the results he has promised, he never admits he was wrong. The result is bad policies and ineffective government organizations that waste our collective wealth. Conservatives like to call it the swamp.

Trump was right about the swamp. He underestimated

the lengths that the swamp dwellers would go to in order to remove the threat he posed. I have no doubt that the lies the entrenched bureaucrats used to criticize Trump's Presidency empowered his enemies. I do doubt the results of the election. Seventy million American citizens also believe the election was flawed.

Unless we can all work together to investigate the results of this election and prove once and for all that this was or was not a valid election. We will only become more distrustful of our government and each other.

All of us must demand that every questionable state be audited completely. We must demand that it be done. It is the only way we can begin to restore faith in our system of government. Otherwise, it is bound to end up on the waste heap of failed systems.

Bill Forhan can be reached at 509-548-5286 or publisher@leavenworthecho.com.

See You in Court: Inslee Signs Capital Gains Tax into Law

SUBMITTED BY THE FREEDOM FOUNDATION

OLYMPIA, Wash. — Washington Gov. Jay Inslee on Tuesday made his most audacious assault yet on the state's taxpayers, signing into a law an income tax disguised as a capital gains tax disguised as an excise tax.

The measure, which taxes certain capital gains income exceeding \$250,000 in a year at 7 percent, clearly violates Washington's constitution, which prohibits taxes on income that treats earners differently. It also flies in the face of a century's worth of legal precedent, not to mention the will of the voters, who have rejected numerous attempts to levy an income tax over the years.

"Today, Gov. Inslee made it official. Washington state is coming after your income, one way or another," said Aaron Withe, CEO of the Freedom Foundation, which filed a lawsuit to block the tax even before the governor signed it into law.

"Elected officials are counting on voters assuming the new capital gains income tax will only affect the wealthy,"

he said. "But the negative consequences for job creation, entrepreneurship and the economy will be felt across Washington state."

Inslee and other backers of the legislation make little secret of their desire to impose a true income tax in the state, and most recognize the capital gains tax is simply a test to see whether the Washington State Supreme Court can be persuaded to lower the bar enough to make it possible.

Liberal leaders, with heavy backing from public-sector unions always anxious to increase the size and scope of government, insist the new tax is an excise tax rather than an income tax. But Article VII, Section 1 of the state Constitution stipulates that taxes on property — which Washington courts have long held includes income — must be levied uniformly.

"By any reasonable definition, capital gains are income, and any attempt to tax it is an income tax," Withe said. "And because this one treats Washingtonians differently based on income, it violates the state Constitution no matter what you call it."

The new tax comes at a time

when the state is generating record revenues and expecting billions more in federal COVID money. And yet the measure passed by the Legislature and signed by Inslee included an emergency provision only to thwart voters from placing an initiative on the next ballot to overturn it.

"People save and invest for decades in order to put themselves in a stable financial position later in life," Withe said. "Capital gains taxes are confiscatory money-grabs by greedy politicians who think they have an automatic claim on other peoples' earnings."

The move is especially odious in light of President Biden's plan to double federal taxes on income from capital gains. If both Washington state's new capital gains income tax and Biden's proposal take effect, the highest capital gains income tax rate in Washington would be over 50 percent, one of the highest rates in the country.

"Washingtonians can't afford this new tax burden," Withe said, "which is why the Freedom Foundation didn't wait for Gov. Inslee's signature before filing suit against this punitive tax scheme."

LETTERS TO THE EDITOR

'Naked Guy' Exposes Only One Problem with Short Term Rentals

Thank you for the "Naked guy in yard is a short term renter" article, and thanks to Commissioner Tiffany Gering for that quote. However, lewd behavior, noise, drunkenness and nuisance issues expose only the tip of the iceberg of problems with short term rentals.

The primary problem is proliferation of too many absentee-owner "mini-hotels" in rural neighborhoods zoned residential, making housing unavailable for local workforce residents. More than 20 local businesses submitted a letter to the County Commissioners underscoring their urgent concern for hiring and keeping employees, due to the housing shortage. Employees cannot find housing.

Whole-house short term rentals increase housing prices and property taxes for everyone.

Studies show that in areas where short term rentals exceed 5% density of all housing, as is the case in rural Manson, Leavenworth, and Plain/Lake Wenatchee, the negative economic impacts from loss of full-time residents likely exceed any positive economic impacts.

The thriving tourist cities of Leavenworth and Chelan wisely segregate incompatible uses by zones. We hope the County will follow suit—encouraging more short term rentals in commercial or tourist zones, while imposing strict density caps and occupancy limits in residential zones.

In terms of property taxes, the assessor must not use sales of short term rentals as comparable sales to increase neighbors' taxes.

The article's claim of millions of dollars of economic benefits for county businesses is exaggerated. Most short term rental income does not stay in Chelan County—according to the short term rental industry's own realtor-authored study, stating that 90% of owners do not live in Chelan County.

Enforcement will be key to new regulations, as the article points out. We support Sheriff Burnett in staffing weekends and evenings to respond to nuisance complaints. But nuisance enforcement is not enough. Enforcement of the new regulations must also include monitoring of advertisements on rental platforms such as AirBnB, Home Away, and Vacasa, in order to make sure owners adhere to occupancy limits, septic, parking, and safety requirements.

Fines must be high. Permits must be publicly available and transparent, so neighbors can monitor compliance. Permits must be revoked from owners who illegally advertise more bedrooms or occupants than permitted on the septic or building permit.

The safety and health of neighborhoods is at stake. No resident wants to raise their family next to a short term mini-hotel with (or without) a naked guy in the yard!

Barbara Rossing for the Board of Directors, Residents United for Neighbors of Chelan County

For more information see: info@chelancountyneighbors.org

Chauvin trial

In an opinion column in the April 28 edition of the Leavenworth Echo, Pastor Smith questioned the verdict of Derek Chauvin, saying it was a sham verdict; the result of "mob rule." It was, according to Pastor Smith, a de facto unjust trial. I would like to provide a different perspective.

To say the verdict was a sham is to say the jurors could not make a determination based on testimony, evidence, facts and logic. Questioning jury actions and criticizing a process in which we aren't included can lead us down a path that isn't based on facts. His perspective, like mine, is limited to information from the media and our own biases. As leaders, we have an obligation to be opinion makers and a responsibility to carefully think through

such opinions. I urge readers, especially those who have benefited from the privilege of not being a person of color, to educate themselves about why the Black Lives Matter movement is important and why shallow opinions may display blatant disregard for the experience of people of color and the atrocities and injustice that they have historically experienced and are still experiencing today.

Through his opinion piece, Pastor Smith implies justice would have been served had there been no video evidence, no outpouring of rage, no public demand for something to change. Would this have kept our judicial, executive, and legislative institutions intact and free from breakdown? I think not. Instead of exposing a breakdown of our institutions, I see the verdict giving hope for a long-overdue redemption of the systems which have been and still are unfair to people of color.

In order to redeem our systems, we have to lead with our actions and opinions. And leading requires constant education. Our own Robin Diangelo's White Fragility is a good place to start. Michelle Alexander's The New Jim Crow is also a great first read. For a shorter, but no less important read, the parable of the Good Samaritan in the Bible, Gospel of Luke, Chapter 10:25-37 - a story that shows God's love crosses all ethnic boundaries and reveals the hero of the story is a Samaritan, someone who was looked down upon by the Jewish people in Jesus' day. This story should challenge all of us to break down the walls we build up to exclude or treat differently others "not like us."

How is this topic relevant to my role in the Leavenworth community? As a private citizen and as the Mayor, I lead. I embrace inclusion, acceptance, tolerance, and solidarity. I urge other leaders to continue to do the hard work of rooting out systemic racism. For the good of all and justice for all!

Carl Florea
Mayor of Leavenworth

Rocky Reach

DISCOVERY CENTER

Reopening Celebration

YOU'RE INVITED

Save the date!

Aug. 28, 2021
8 a.m. to 8 p.m.
Rocky Reach Park

Hey, it's your friend Rocky here, and I can't wait to welcome you back to the completely remodeled Discovery Center at Rocky Reach Dam!

It's going to be an awesome day of Discovery Center tours, entertainment in the park and refreshments! Open to all and free - one of those great benefits of public power.

Listen for my radio updates and check [facebook.com/VisitRockyReach](https://www.facebook.com/VisitRockyReach) for details on how to safely visit and celebrate.

It's gonna be epic!

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Administrative
Puzzle Solution

5	8	9	4	3	1	2	6	7
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7	4	5	6	1	9	3	8	2
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Announcements
Lost & Found

LOST AND FOUND can be placed in our local newspaper and online for **ONE week for FREE.** Limit 30 words

Leavenworth/Cashmere
509-548-5286
or email
classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email
mirrorads@lakechelanmirror.com

Deadline: by Noon on Friday

Advertise
Advertise
Advertise
Advertise
Advertise
Advertise

548-5286 or 782-3781

YOU WILL
Call Now!
Call Now!
Call Now!
Call Now!
Call Now!
Call Now!

Employment

Help Wanted

The North Central Educational Service District is seeking a qualified individual for the following position:

Desktop Support Technician
Bridgeport School District and possibly districts in Chelan, Douglas, Okanogan and Grant Counties
260-days/ year, 8-hours/ day
Applications are accepted on-line only.
If you have any questions regarding our on-line process please contact
Human Resources at NCESD, 430 Olds Station Rd., Wenatchee, WA 98801, 509.667.7100 or <http://www.ncesd.org>

A completed application packet is required. Equal Opportunity Employer



OR Circulator Nurse Full-time

Three Rivers Hospital is seeking an OR Circulator Nurse. Current WA State RN license. Two years' experience as a full-time circulator. BLS and ACLS certifications. Basic computer skills.
Monday-Friday, 8-hour shifts. No call time.
Sign-on bonus: \$5,000.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
[www.threerivershospital.net opportunity@trhospital.net](mailto:opportunity@trhospital.net)
EOE



OCCUPATIONAL THERAPIST Full-time

Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and interpersonal skills.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
[www.threerivershospital.net opportunity@trhospital.net](mailto:opportunity@trhospital.net)
EOE

Help Wanted

OCTN is accepting applications for part time cook and kitchen aide in Brewster. Positions are 6 hours, Tuesday, Wednesday and Thursday. Prepare a tasty, nutritionally balanced meal for take-out and home delivered clients from dietitian approved menus. Must possess the ability to complete tasks within the allotted time frame, follow direction and have great communication skills. Must be reliable, trustworthy, and skilled at detailed tasks. Must be able to pass a pre-employment background check and obtain food handlers permit. Applications can be picked up at 303 2nd Ave. S., Okanogan, (509) 826-7979 or online at www.octn.org
OCTN is an EOE



Cascade Mechanical is accepting applications for a full-time Service Technician. Must be able to perform a variety of technical tasks related to maintaining, repairing, and understanding sequence of operations to troubleshoot the HVAC equipment.

Requirements:
* 2 years' experience working on HVAC equipment.
* Universal EPA Certification
* Electrical low voltage license
* HVAC/R Technical Training
Excellent pay and Benefits. To join our growing team, apply online cascademechanical.com or call 509-682-5923 to set an appointment to bring your resume or apply in person at 902 E. Woodin Ave. Chelan, WA 98816.



Teller/ CSR

Wheatland Bank seeks upbeat and energetic individual with outstanding customer service skills to work on a full-time basis, in our Chelan branch.

Will perform a variety of teller services such as greeting customers, processing deposits and withdrawals, customer account maintenance, and educating customers on bank products and services. Previous cash handling and customer service experience desired. This is a fully benefitted position.

Wheatland Bank
Email: hr@wheatlandbank.com

Equal Opportunity Employer



Windermere Real Estate/NCW
Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?
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Momi Palmieri - 433-2211
Geordie Romer - 679-8958
Allyson Romer - 630-9898

See all available properties at windermereleavenworth.com

Help Wanted

The Cascade School District is seeking qualified applicants for the following positions:

Substitutes for:
Custodians
Bus Drivers
Food Service
Teachers

Fast Track application process and information can be found on our website at: www.cascadesed.org
EOE

Brewster School District is accepting applications for the following teaching positions for the 2021-22 school year.

- * Elementary Teacher (Grades K-6)
- * STEM Technology Instructor (6-8 Grade)
- * Agriculture/ Technology Education Instructor
- * Instructional Coach Position
- * K-12 ELL Teacher
- * Transitional Kindergarten Teacher

Applications and job descriptions may be obtained on the district's website www.brewsterbears.org or by calling the district office 509-689-3418. These positions are open until filled. Brewster School District is an EOE.



Certified Occupational Therapist Assistant Full-time

Three Rivers Hospital is seeking a Certified Occupational Therapist Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of WA with valid license. Two years' work experience in a hospital setting and/or swing bed program is preferred. Current BLS.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
[www.threerivershospital.net opportunity@trhospital.net](mailto:opportunity@trhospital.net)
EOE

Help Wanted

Director of Quality Full-time

Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE



LAB TECHNICIAN/ TECHNOLOGIST Full-time

Three Rivers Hospital is seeking a Lab Tech to perform various technical, clerical and information systems related procedures in Chemistry, Hematology, Microbiology, Blood Bank. A.S Degree in Medical Laboratory Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Friday – Sunday, will include after-hours call-time. Sign-on Bonus: \$1,500.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Help Wanted

Bus Driver/ Operator – Full-time

Organization: Okanogan County Transit Authority (TranGO)

TranGO is looking for four (4) transit drivers; one full-time (36 – 40 hours per week) and one part-time (10+ hours per week) position based in Okanogan, and two full-time in Twisp, WA. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation for full-time. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@okanogantransit.com

Application Deadline: Application review will begin March 19, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.



Family Practice Nurse Practitioner or Physician Assistant

Three Rivers Hospital is seeking a Nurse Practitioner or Physician Assistant in our family practice clinic. Candidate must have a valid WA State NP or PA-C license. Minimum of five years' experience in a medical setting is required. Sign-on bonus: \$5,000. Full-time benefits.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Clutter is like a weight around your neck. Extra CA\$H is not.

• Place your ad 24/7 at ncwmarket.com

• Email: classifieds@leavenworthecho.com

• Call 548-5286

Help Wanted



Informatics RN Full-time

Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR, strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE



OR Manager Full-Time

Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretionary skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital
Human Resources Dept.
PO Box 577
Brewster, WA 98812
(509) 689-2517
www.threerivershospital.net
opportunity@trhospital.net
EOE

Help Wanted



Retail Sales Assistant Manager position available.

Application period will be open until 5/20/21 Lake Chelan Sports is seeking a year around assistant manager and retail sales associate. We are open seven days a week and applicants must be available to work weekends.

Applicants must have retail apparel experience. Salary will be discussed during interview.

Skills include:

- Understanding of sales principles and customer service
- Solid communication and interpersonal skills
- Ability to effectively communicate with customers, peers and management
- Team leader, take initiative and be a problem solver
- Ability to multi task, while being attentive to customers
- Good Computer skills and previous experience with retail

Point of Sale Programs

- Physical demands include: constant moving, lifting up to 50 pounds, talking, hearing and reaching
- Merchandising

• E-mail resume to info@lakechelansports.com or mail to P.O. Box 998 Chelan, WA 98816

Nonprofit Organization Ensuring Mental Health Access For All

www.uvcares.org
509-300-1113

Leavenworth

Administrative Assistant and Light Housekeeping

18 hours per week
Tuesday and Friday 10 a.m.- 6 p.m.
Sunday, 11 a.m.- 1 p.m.
\$25.00 per hour
Comprehensive Dental Coverage via Delta Dental
Send resume to: subido@uvcares.org

Help Wanted

Jamie's Place is an innovative Adult Family Home specializing in dementia, looking for individuals with a heart for the elderly. We offer a one-time \$1,000 sign-on bonus for the first 2 qualified candidates. HCA or CNA preferred but willing to train the right candidate. Competitive wages and generous PTO. The full job description on our website jamesplacehomes.org/jobs Pick up an application at 109 Norfolk Rd. in Winthrop or call 509-996-4417.

Work Wanted



RB's Custom Tractor Works

Disking - Tilling
Mowing
Hourly Tractor Work

Free estimates
33 years experience
Cell 509-679-2469
Bus license
#602-781-946

For Sale

Moving Sale

FOR SALE EVERYTHING MUST GO

- * Oak entertainment center 85"x6'x 16" deep
 - * Small oak office desk 20"x 29" with 4 drawers
 - * Dresser with mirror 68" long
 - * 2 Oak coffee tables with glass inserts one is 36"x36"x15" tall the other is 25"x28" 20" tall
 - * Sears electric trolling motor, like new
- Call 509-679-9318

WHAT'S HAPPENING

Need to promote your event?
Have you thought about
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Real Estate

Rentals

\$144,500



Sunset Marina, Chelan, 40 ft. deep water slip with electric and water to slip. Waste dump. Clubhouse with showers, lounge with TV, bar, and kitchen for members use. Lanai seating with fire pit and barbecue. Slip B10 is best location. Secure parking.

808-298-1031

Legals

Public Notices

SUPERIOR COURT OF THE STATE OF WASHINGTON FOR KING COUNTY
Estate of RUTH L. GOODELL, Deceased.
No. 21-4-03055-0 SEA
PROBATE NOTICE TO CREDITORS
RCW 11.40.020, .030
Mary Kay Kowalczyk has been appointed as personal representative ("personal representative") of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the attorney of the personal representative at the address stated below a copy of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) 30 days after the attorney served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
Date of First Publication: May 12, 2021
Mary Kay Kowalczyk
Personal Representative
Attorneys for Personal Representative: Mark C. McBride, WSBA #44619
Perkins Coie LLP
10885 NE Fourth Street, Suite 700 Bellevue, WA 9800
(425) 635-1400
Published in The Cashmere Valley Record/Leavenworth Echo on May 12, 19, and 26 2021.#2044

Public Notices

Notice of Intent

Icicle & Peshastin Irrigation Districts, (P.O. Box 371)
5594 Wescott Dr.
Cashmere, Washington
98815-0371

will be applying Copper Sulfate to their canals to remove algae and other aquatic vegetation starting as early as May 6, 2021 with the possibility of repeat treatments as often as every other week through Sept 15th, 2021. For specific dates and locations of treatments please follow us on Facebook. Questions should be directed to the district manager at 782-2561 or DOE Central Regional Office at (509)454-7298.

Published in the Leavenworth Echo/
Cashmere Valley Record on
May 12, 2021 #2036

Public Notices

City of Leavenworth and Department of Ecology

Shoreline Master Program
Periodic Review Public Comment Period and Public Hearing
The City of Leavenworth and Washington Dept. of Ecology are accepting comments on a periodic review of the City's shoreline master program under RCW 90.58.080(4). The City has prepared draft SMP amendments to keep the SMP current with changes in state law, changes in other City plans and regulations, and other changed local circumstances.
Public comment will be accepted from May 12, 2021 to June 12, 2021 at 5 p.m. A joint local/state public hearing is set for June 2, 2021 at 7 pm, with the Leavenworth Planning Commission via zoom meeting. Join the meeting at <https://us02web.zoom.us/j/86185623369?pwd=YUVBQ2UxUEtVVEVWVWVzZGcWlPQT09>; or with Meeting ID: 861 8562 3369 Passcode: 224455; or by Phone: 1.253.215.8782.
Send comments to City Development Services, Lilith Vespier, AICP at PO Box 285, Leavenworth, WA 98826 or dsmanager@cityofleavenworth.com. Comments sent to the City will be forwarded to the Dept. of Ecology. Proposed amendments to the City shoreline master program are available for review at <https://cityofleavenworth.com/city-government/development-service-s-department/shoreline-master-program-update/> and City Hall at 700 Hwy 2, Leavenworth, WA.
Published in The Leavenworth Echo/Cashmere Valley Record on May 12, 2021. # 1979

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of JESUS SANCHEZ, Deceased.

No. 20-4-00408-04
PROBATE NOTICE TO CREDITORS
RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: May 5, 2021

Co-Personal Representatives:
Yuridia Tovar Pulido
Jose Sanchez and Mariela Sanchez
Attorney for the Co-Personal Representative:
Yuridia Tovar Pulido:
Attorney for the Co-Personal Representatives Jose Sanchez and Mariela Sanchez:
Earl W. Murdock
Russell J. Speidel
Address for Mailing or Service:
Speidel Bentsen LLP
7 North Wenatchee Avenue, Suite 600
P.O. Box 881
Wenatchee, WA 98807-0881
Court of Probate Proceedings and Cause Number:
Chelan County Superior Court Cause No. 20-4-00408-04
YURIDIA TOVAR PULIDO
Co-Personal Representative
JOSE SANCHEZ
Co-Personal Representative
MARIELA SANCHEZ
Co-Personal Representative
Attorneys for Co-Personal Representatives:
MURDOCK LAW FIRM
By:
EARL W. MURDOCK
WSBA No. 19001
222-A South Mission Street
Wenatchee, WA 98801
Attorney for Yuridia Tovar Pulido
SPEIDEL BENTSEN LLP
By:
RUSSELL J. SPEIDEL
WSBA No. 12838
7 North Wenatchee Avenue, Suite 600
P.O. Box 881
Wenatchee, WA 98807
Attorneys for Jose Sanchez and Mariela Sanchez
Published in The Leavenworth Echo/
Cashmere Valley Record on May 5, 12, 19, 2021. #1478



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we can help you sell your old one

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• Email: classifieds@leavenworthecho.com
• Call 548-5286

NCW MARKET.COM
CLASSIFIED ADS

www.leavenworthecho.com

www.cashmerevalleyrecord.com

CROSSWORD PUZZLE

THEME: EUROPEAN CAPITALS ACROSS

- DOWN
- Unit of pressure named after Torricelli
 - Post sun-bathing relief
 - Wallace & Gromit modeling material
 - Desire
 - Aussie gas station
 - Desert wanderer's hope
 - Alexander Alexandrovich ____, Russian poet
 - *Also the capital of European Union
 - James __ Jones
 - Paddy grain
 - To the __ degree
 - Like voice after a pep rally
 - "A Fish Called Wanda" actor Kevin
 - Judea, alt. sp.
 - Mama sheep
 - *Bulgarian capital and actress Vergara's given name
 - Long-necked bird
 - Rocky ridge
 - Hunt illegally
 - Audiencis approval
 - Frolics
 - "Atlas Shrugged" author Ayn
 - Cassius Clay
 - *Balkan capital and 1984 Olympics location
 - Practical joke
 - Canine command
 - Eyeball washing vessel
 - Offer two cents
 - Collusion
 - Away from harbor (2 words)
 - Drifts
 - *London was famous for these pea soup particulars
 - Russian mountain chain
 - Comedian Rogan
 - Shrek, e.g.
 - Not fatty
 - Patty ____
 - ____ Tzu

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SUDOKU PUZZLE

FREE DATE CHANGES ON 2021 TOURS*

BEST OF HAWAII FOUR-ISLAND TOUR FROM \$2,599 \$2,349

CRIMSON CANYONS & MESAS NATIONAL PARKS TOUR FROM \$1,749 \$1,499

CALL 1-855-208-9533

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

The Washington Outdoors Report



A hillside full of blooming wildflowers near Cashmere

PHOTO BY JOHN KRUSE.

It's Spring Wildflower Season!

By JOHN KRUSE

This is the time of year when the landscapes of Central and Eastern Washington are so beautiful you would think they are Claude Monet paintings come to life. May and early June offer opportunities to enjoy splashes of yellow, white, pink and purple across the hills. But what flowers are they? Well, the yellow flowers that look somewhat like low growing sunflowers growing in clusters are arrowleaf balsamroot. Those small white or pink flowers with five petals each? Likely phlox. And those purple conical flowers? Those would be lupine. Do you see splashes of pink in the bushes? Those may well be wild roses, also called the Nootka rose. All of these flowers are in full bloom now but don't wait to enjoy them, because these blooms will fade in June and in some places, as early as late May.

If you want to enjoy the colors from a distance there are several ways to enjoy wildflowers at this time of year. The Wenatchee Valley between Leavenworth and Wenatchee is a great place to drive the country roads and take in a spring mosaic of green, yellow and white. The Palouse country around Palouse Falls State Park to Lyons Ferry is another great place to see flowers, especially lupine. Other options to see the landscape in bloom include drives up the Entiat

or Methow Valleys in North Central Washington as well as the drive around the highland lakes of Okanogan County east of Omak, Tonasket and Oroville.

One other way to see the wildflowers, and lots of them, is by boat. You can do so by taking a guided jet boat trip from Clarkston or Lewiston into Hells Canyon. These springtime day trips allow you to see North America's deepest gorge at its finest. While on board keep your eyes open for wildlife too, especially deer and bighorn sheep. If you are looking for jet boat companies go to the Visit Lewis and Clark Valley website at <https://visitlcvalley.com/hells-canyon/hells-canyon-tours/>.

Another way to immerse yourself in flowers this spring is to head to Skagit County near La Conner and Conway and tip toe through the tulips blooming in farmer's fields now. Or, stay east of the Cascades and enjoy wildflower hikes at The Dalles Mountain Ranch off of Highway 14 in the Columbia River Gorge, along the trails found in the Columbia National Wildlife Refuge near Othello or hike the three-mile Scroggie Loop by Fishtrap Lake between Sprague and Cheney.

Hikes with wildflowers north of I-90 include the Lower Mad River Trail west of Entiat or the historic McLaughlin Canyon Trail south of Tonasket, which was used by Hudson Bay fur traders and gold miners

in the 1800's. Finally, if you want a cardio work-out to go with your wildflower viewing, hike the 2.7 miles up Columbia Mountain. Located in the Colville National Forest west of Republic, you'll gain 3348 feet in elevation before reaching the top of the 6,760-foot mountain but once there you can check out an old fire lookout and take in the views of the spring wildflowers blooming on the summit there.

If you want more ideas about wildflower hikes in

the Evergreen State, go to the Washington Trails Association website at <http://wta.org>. Once there go to the "Find a Hike" page and type in the keyword "wildflowers" for the region you are interested in. You'll find all sorts of suggestions along with up-to-date trip reports from other hikers when you do.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



Arrowleaf balsamroot, phlox and lupine

PHOTO BY JOHN KRUSE.

Reclamation and U.S. Fish & Wildlife Service to modernize Leavenworth Hatchery

SUBMITTED BY JASON SUTTER

LEAVENWORTH - The Bureau of Reclamation and U.S. Fish & Wildlife Service today signed a joint record of decision selecting the preferred alternative proposed for the Leavenworth National Fish Hatchery Surface Water Intake Fish Screens and Fish Passage Project to improve conditions for anadromous and resident fish and their habitats. The project is designed to rehabilitate, replace, and modernize the hatchery's water intake and delivery system on Icicle Creek.

The selected alternative includes building new headworks, installing National Marine Fisheries Service compliant fish screens, constructing a creek-width roughened channel, and replacing and lining the surface water conveyance pipeline to the hatchery. The selected

alternative is anticipated to result in benefits to Endangered Species Act listed fish while improving employee safety when operating and maintaining the intake and delivery structures, and increasing the reliability and longevity of the water delivery system.

The Bureau of Reclamation evaluated the impacts of the project on the natural and human environment and made its decision to support the selected alternative based on the best available commercial and scientific information.

The U.S. Fish & Wildlife Service through its role as owner and operator of LNFH has assisted with the preparation of this environmental impact statement, served as a cooperating agency throughout the process and is a joint signatory of the record of decision.

The LNFH was designed and

constructed in the late 1930s as mitigation for the impacts to anadromous fish resulting from the construction and operation of Grand Coulee Dam. The hatchery, which is owned and operated by the USFWS and funded by Reclamation and Bonneville Power Administration, currently raises and releases 1.2 million spring chinook salmon smolts annually into Icicle Creek.

The signing of the joint record of decision completes the requirements for the National Environmental Policy Act. The final EIS was released on March 26, 2021, and is available for download at <https://www.usbr.gov/pn/programs/leavenworth/swisp/feis.html>. The record of decision is also available on this same website or on request by contacting Jason Sutter at (208) 378-5313 or jasutter@usbr.gov.

The Bureau of Reclamation is a federal agency under the U.S. Department of the Interior

and is the nation's largest wholesale water supplier and second largest producer of hydroelectric power. Our facilities also provide substantial flood control, recreation opportunities, and environmental benefits. Visit our website at <https://www.usbr.gov>

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Calling all poets in grades 1-6

Help celebrate the Columbia River and the all-new Rocky Reach Discovery Center

WENATCHEE - What inspires you about the Columbia River? Students currently in grades 1-6 are invited to write a poem about the mighty river as part of the reopening celebration for the completely renovated Discovery Center at Rocky Reach Dam.

The wait is almost over to see the transformation of one of the region's most popular

attractions. Visitors will find a whole new way to experience the Columbia River.

The first renovations since the building opened in the 1960s have created about 30 percent more display space in the same footprint and features all-new innovative and hands-on displays.

Discovery Center staff can't wait to welcome you back!

Awarding poetry prizes in three categories will be part of the fun at the reopening celebration on Aug. 28, 2021. Rocky Reach Park will be open, too, with

its lush gardens and popular playground.

The celebration will feature Discovery Center tours, entertainment in the park and treats! It's open to all and free - one of those great benefits of public power.

Numerica Credit Union is joining the Discovery Center celebration by supporting poetry contest prizes in three divisions for grades:

- 1st-2nd
- 3rd-4th
- 5th-6th

The theme of the poem is: "Why I like the Columbia

River." Handwritten entries of 20 to 250 words must be mailed by June 30 to:

Chelan County PUD
Attn: Debbie Gallaher
PO Box 1231
Wenatchee WA 98807
See entry details at on the PUD's website.

Stay tuned for details on how to safely visit and celebrate on Aug. 28, 2021, coming on facebook.com/VisitRockyReach and in radio updates from Discovery Center mascot Rocky, a teenage bighorn sheep. As Rocky says, "it's gonna be epic!"

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