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UPPER VALLEY NEWS SINCE 1904

SINGLE COPY \$1.00

To the Communities in the Cascade School District



FILE PHOT



Dr. Tracy Beckendorf-Edou Superintendent

Welcome back to school! We are looking forward to full-time in-person instruction starting on August 31st. There are lots of exciting things in store for the 2021-2022 school year.

First, we are excited to introduce our newly renovated Career and Technical Education (CTE) building on the Cascade High School campus. This building was originally constructed in 1967. Then a shop building was constructed in 1984 over and around the existing wood-framed brick veneer building. Now with the new construction, middle school students will be able to take Pre-Engineering and Robotics courses, and high school students will be able to take Engineering Design, Robotics, and Materials Engineering (woods and metals) courses. We are holding a ribbon cutting on August 19 at 4:30 and we would love to see you there.

Also, we are building a new greenhouse on the Icicle River Middle School campus. This greenhouse will allow students to learn about growing food, where it comes from, and processing methods. The produce

grown on campus can be used by culinary classes and the food services department.

In addition, we are grateful to the communities of Cascade School District for supporting our technology and safety levy. This support has allowed us to purchase much-needed replacement computers for our students and staff. We are now in our third year of being fully one-to-one in grades K-12. "One-to-one" means that each student has access to a technology device. Having a one-to-one learning environment levels the playing field so that all students learn technology skills necessary for college and careers.

Having technology doesn't mean staying in front of a screen all the time, though. Cascade teachers are receiving professional development in FieldSTEM by the Pacific Education Institute this August. FieldSTEM is defined as integrated, career connected, locally relevant, field-based learning. We are excited to see the innovative outdoor learning experiences that Cascade teachers will develop as a result.

CSD has learned a lot over the past year and a half about how to provide students a fun learning environment while keeping students and staff safe during the COVID-19 pandemic. We are looking forward to a year filled with great learning, experiences and partnerships.

Thank you for your support of our schools. We're looking forward to a great 2021-2022 school year!

That will never happen to me



BILL FORHAN Publisher

We have all seen the ads – How to Recognize a stroke FAST:

F – Face: Does one side of the face droop when you ask a person to smile? **A – Arms:** When they raise their

arms does one drift downward?

S - Speech: Is the person's speec!

S - Speech: Is the person's speech slurred or strange when they talk?

T – Time: If any of the above symptoms occur call 9-1-1

The problem is, what if the symptoms are not significant or pronounced?

Last Saturday was a beautiful day. We were enjoying the afternoon with some friends up the Chumstick. We were making some cider, watching a chainsaw artist carving a bear, chatting and having some barbeque.

About 3 p.m. I noticed my right hand was falling asleep, like when you sleep on it too long. A little while later I noticed I was slurring my words, although no one else seemed to notice it. We hadn't been drinking. I had a small taste of some wine I brought but it wasn't very good so after a couple of tastes I'd thrown it away – warning number 1.

I got up from the table and headed for the car and noticed my right leg seemed heavy and weak. That is when I should have asked for help. I should have taken notice that all of this was on the right side of my body, but I didn't.

I drove home. We watched a little TV and I went to bed early. About 4 a.m. Sunday morning I got up with some leg cramps and decided to walk them off. I walked down the hall feeling a little dizzy and when I got to our front entry way – I fell down. I had great difficulty getting up – warning number 2.

I finally was able to get to my feet and I went into the living room and slept in a chair for the night. We both got up at 6:30 a.m. and went to church. No one noticed anything wrong although I was still feeling weak on my right side. We went to the office and finished editing the first proof of the Wednesday paper.

About 4 p.m., Sunday, I was feeling increasing weak and was growing concerned that my problems were all emanating from the right side of my body. I finally decided to go to the emergency room at Cascade Medical Center. They ran all the tests including a scan of my brain. They sent me home.

The next morning, my wife and I went to the office to finish the papers that had to go to the printer by noon. Then I had to go to the bank. Getting in the car resulted in fall number 2 –

warning number 3.

We went to the bank, then straight to the hospital again. They ran all of the tests again then by 5 p.m. decided to send me to Confluence Hospital for a complete stroke evaluation.

After another brain scan, and an MRI the doctors concluded I had experienced an Ischemic stroke in my brain stem. A small clot had lodged inside a tiny vein and cutoff the flow of blood to that part of the brain causing that part of the brain to die from a lack of oxygen.

Sounds bad I know. Let's just say it ain't good. That part of my brain will not recover.

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New Chelan County grant program awards \$740,000 to local agencies

CPIF dollars will support, encourage economic development

SUBMITTED BY BLAKE BALDWIN

Chelan County

The Chelan Board of County Commissioners recently awarded nearly \$740,000 in grant funding to local agencies that support economic development in Chelan County.

The Cascade Public Infrastructure Fund, or CPIF, is a grant program that was created earlier this year to help finance public projects that facilitate the creation or retention of businesses and jobs in the county.

The newly established grant program had its first call for projects this spring. Commissioners awarded grants to six agencies: Chelan Douglas Regional Port Authority, Lake Chelan Reclamation District, the Peshastin Water District and the cities of Cashmere, Leavenworth and Wenatchee.

"The Chelan County Board of Commissioners is excited about this new program and the ability to provide these funds to assist with infrastructure improvements throughout Chelan County," said Commissioner Kevin Overbay. "This program will provide much needed financial resources to our partner agencies for years to come, which will not only improve the economic vitality of our communities but also

the quality of life for our citizens."

Those projects awarded grant dollars are:

Peshastin Water District: The water district was awarded \$124,000 for improvements that will help the water district better monitor the public domestic water system from possible industrial contamination. The project provides a safe and reliable public water utility for both current and future

residential and industrial users.

City of Leavenworth: The city was awarded \$150,000 for storm water improvements needed for continued growth and businesses development on the city's eastside, where most recently 200 new apartments were built. Potential future development includes an office park, retail space and lodging and housing.

Chelan Douglas Regional Port Authority: The local port authority was awarded \$200,000 for wood waste remediation efforts at the Cashmere Mill Site. While a portion of the mill site, which has been redeveloped into a business park, has been cleaned up, a 1.5-acre parcel north of Sunset Highway requires remediation for continued growth and to attract a business to the location.

Managed by the Chelan County Economic Development

CONTINUED TO PAGE A3



PHOTO BY CAROL FORHAN.

carved out a bear

Hayden Wright is a woodcarver from Merritt, WA. Hayden carved out a bear from a cut down tree trunk as the guests of Mr. and Mrs. Ownbey enjoying a BBQ and fresh pressed apple cider made onsite.

SHOP

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events



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215 14th St. • P.O. Box 39, Leavenworth, WA 98826 Phone: 509-548-5286 www.leavenworthecho.com

Local and Regional News

State Officials Ask You to Check Your Trees for Invasive Insects

OLYMPIA-Are invasive species hiding in your trees? State officials ask you to check trees, lights, outdoor equipment and standing water in your yard for harmful bugs as part of National Tree Check Month in August.

"August is the ideal time to look for invasive insects and report any species that seem out of place," said Justin Bush, executive coordinator of the Washington Invasive Species Council. "Trees, lights and standing water (such as pools, dog bowls, buckets, birdbaths, etc.) near homes are great places to look for insects. Trees provide natural habitat, and lights and standing water can act as traps.'

"Checking yards regularly plays a critical role in protecting Washington's unique environment from the destruction that invasive pests can cause," said Karla Salp, public engagement specialist for the Washington State Department of Agriculture. "Alert residents can help spot infestations when they are easy to handle. This not only saves time and money, but more importantly significantly limits the damage that invasive pests cause to our gardens and yards, local and national parks and farms and forests."

Residents who find a suspected invasive insect are encouraged to take a picture and report it via the Washington Invasive Species Council mobile app or website. The council then will connect residents with organizations that can help. Private owners of non-industrial forestland in Washington also may be eligible for assistance from

programs administered by the state Department of Natural Resources.

"We need your help to find and report invasive species," Bush said.

"Invasive insects can be tree killers. They pose a significant risk to our communities, public lands and natural resources. If not found and stopped quickly, a new invasive species could cost millions if not billions in economic and environmental

If getting up close and personal to insects isn't your thing, you still can contribute to National Tree Check Month by taking these simple actions to prevent the spread of unwanted pests:

 Don't move firewood. Buy firewood where you'll burn it or gather it

on site when permitted. If

you move firewood, you also might be moving invasive insects hiding there.

· Don't move a pest. When traveling locally or moving to a new area,

check your bags, outdoor gear and boxes to make sure they are insect free.

Invasive insects, which can be in any life stage from egg to adult, can tag along easily in bags, equipment and boxes and on items that have been stored outside or in your garage.

"Invasive insects can cause severe damage to trees, whether in your backyard or on state lands across Washington," said Glenn Kohler, a forest entomologist Washington the of Natural Department Resources. "Early detection is crucial to preserving our

natural resources. The bottom line is that it only takes a few minutes to check your trees, lights and standing water. It's an easy thing that everyone can do to be a part of the effort against the ongoing forest health crisis in Washington."

Additional Resources

Washington Invasive Species Council website (https://invasivespecies.

wa.gov/) • Washington Invasive Species Council Priority Insects webpage

(https://invasivespecies. wa.gov/find-a-priorityspecies/?_sft_priority-specie-

type=invasive-insects) · Washington Invasive App and Reporting webpage

(https://invasivespecies.

wa.gov/report-a-sighting/) Washington's Urban Forest Pest Readiness Plan

(https://invasivespecies.

wa.gov/projects/pest-ready/) Washington Department of Natural Resources Insects and Disease Monitoring

webpage(https://www.dnr. wa.gov/InsectsAndDisease)

 Washington Department of Natural Resources Forest Stewardship and

Landowner Assistance webpage (https://www.dnr.

wa.gov/cost-share) Washington Department of Natural Resources Urban and Community Forestry

Program website (https://www.dnr.wa.gov/ urbanforestry)

Washington Department of Agriculture Pest Program website

(https://agr.wa.gov/ departments/insects-pestsand-weeds)

Focus on Local Business La Javelina: Texan Inspired Local Cuisine

Reporter

Gabrielle Page and Phil Lehmann are the husband and wife duo behind La Javelina, located at 285 US-2 in Leavenworth. La Javelina was inspired in part by Lehmann's childhood on a dairy farm in Texas. Kolaches (pronounced kuh-laa-cheez) are a pastry that is found in Texas that La Javelina specializes in.

Wheat is also very common in Texas and La Javelina uses flour tortillas. Page and Lehmann are also into local sourcing. The farmers send them a fresh sheet of what they have each week and Page and Lehmann try to incorporate those foods into their menu

each week. They also go to the farmers market when they can as well as put announcements out on the Leavenworth Facebook page for produce.

It may seem unconventional to advertise for a restaurant on a Facebook page, but it worked.

"I put a message out on the Facebook page and said, you know, does anyone have a bunch of rhubarb growing in their yard? We'll trade you a gift card for your rhubarb. We probably got 100 pounds of rhubarb just from our neighbors," Page said.

Rhubarb isn't the only local ingredient they use. Page recently found a heritage pig farmer in Manson who she plans to purchase whole pigs

La Javelina opened in November of 2020, but plans were to open much sooner. Originally, Page and Lehmann planned to move into the space in 2019. Page was the manager of the farmers market. She knew Nadine Witowski, the owner of Good Mood Food, the restaurant which preceded La Javelina, because Witowski was on the board of directors for the market.

The two connected through the farmers market. Originally, the plan was that La Javelina would open in April of 2020 but everything was shut down. Page and Lehmann got into their restaurant space in July of 2020 but the health department was not accepting new applications for permits at the time.

"So we just kind of waited, and did some catering in the meantime," Page said. "And then we got open at the end of November 2020 and what that has done to kind of our business model is created a sort of takeout walk up window, kind of business model."

Currently, Page La Javelina is heading in a different direction. They want to include dining in as an option in addition to their grab and go. However, it is difficult to find the staff for their business, she said. About 8 to 10 people are working for

the restaurant. They also plan to extend



Javelina, Lehmann and Page opened Sunset Bar and Grill in Manson in June of 2021. Page spends three to four days in Manson and spends the rest of her week in Leavenworth. Lehmann spends most of his time in Leavenworth but will be in Manson a few days a week. They have a chef and bar manager to help at Sunset Bar and Grill.

Both Lehmann and Page have been in the industry for over 15 years. Page started in the restaurant industry in college. They started a restaurant because they both wanted to be able to work for themselves and do things with their own vision. It was important for them to be a part of the community they live in and create jobs, connection and involvement.

Page said that herself and Lehmann have been in the valley for just about four years. They met in Seattle. After that, they helped a friend open a restaurant in Vail. Colorado for several years until they went down to Texas to help Lehmann's grandparents move off of their dairy farm.

When the two came back to the northwest, they decided that they weren't interested in being in Seattle and fell in love with being in the mountains. so they decided to come to Leavenworth. Leavenworth is one type of community, but for Page a restaurant is a community as well.

"A restaurant, the table, is kind of a common denominator for people where everybody eats," she said. "Everybody sits down. And sharing a meal is just like a really comforting important part of our culture and our society. And so that's kind of what drove me in the industry and then when I met Phil, that's his art, that is his love is creating and food."



SUBMITTED PHOTO.



Munly Builds Trails Around The Valley

ERIN MULLINS

Reporter

James Munly, general manager for Leavenworth Winter Sports Club and trail builder for Evergreen Mountain Bike Alliance, has been maintaining trails around the valley since 1996. He was one of the main trail builders for the recent addition of the unnamed final section of N.U.T (New Uphill Trail) in Leavenworth, which was funded by the Leavenworth Chamber of Commerce. Munly said that he has helped to build all of the upper Ski Hill Trails.

"If I haven't built the trail originally I have at least redone the trail," he said.

Munly is a mountain biker and started riding in 1995. In the mid to late 90s, the Forest Service didn't have enough resources to maintain the Freund Canyon loop, Munly said. He started cutting out and maintaining the trail with other bikers, which eventually led to the Evergreen Mountain Bike Alliance.

To build the trails, Munly said a combination of hand building and machine building is used, with the exception of some sections of the Rosy Boa trail which were solely built by hand. All of the trails have been funded by the community through individual donations and local business donations including Icicle Brewery and Arlberg Sports.

Hoes, shovels, and pulaskis are used to create the handbuilt sections of the trails, Munly said. A pulaski is a firefighter tool that is part axe with a hoe on the back. He has used machines as big as a 6 ton excavator to create the trails. Most commonly, Munly uses a 1.7 ton mini excavator to build the trails.

The Evergreen Mountain Bike Alliance is a statewide club, Munly said. The local branch of the Evergreen Mountain Bike Alliance, the Central Washington Chapter, was the first established chapter of the eight current chapters. The chapter focuses on mountain bike advocacy, educating riders of all abilities and building and maintaining sustainable trails, according to the Evergreen Mountain Bike Alliance website.

Munly said he was one of seven founding members of the Central Washington Chapter and is the only founding member who is still on the board. The Evergreen Mountain Bike Alliance does more than just build trails at Ski Hill. Munly helped the club to build the pump tracks in East Wenatchee and Leavenworth.

Many volunteers have contributed to the projects of Evergreen Mountain Bike Alliance. Alex Brieger was a paid trail building assistant for four or five years. Munly said. Volunteers who have helped to build the trails include Lisa and Thomas Magee, Ben Hudson, Brett Johnson, Al Murphy, and Harlan Hopper.

"We've had 1000s and 1000s and 1000s of hours of volunteerism in our community. People would come and help us build these

trails," Munly said. In the summer, Munly has more time to build trails because his job as general manager of the Leavenworth Winter Sports Club slows down to around 15 to 20 hours per week in the summer, where he works as a paid trail builder. Munly has a long history of trail maintenance. He was the original head of the Stevens Pass bike park trails.

Munly said that he has built trails like Number 2 Canyon and Devil's Gulch. Currently, Mountain Bike Alliance is looking for sources to fund an environmental assessment of Tumwater Mountain that would allow multi-use nonmotorized and hiking only trails to be built around the

A longtime resident, Munly said has lived in the valley for thirty years. Before moving to the Leavenworth area. Munly worked for Stevens Pass Ski Area and lived on the westside for three years. After that, he moved to the eastside for the winter and has been living here ever since.

Munly is passionate about building trails. He said that he is motivated to build trails because he loves to ride his mountain bike and is a "fixer" of problems. Even though he has been building trails for many years, Munly doesn't plan on stopping anytime

"There's definitely no end in sight for us wanting to continue to help support our community and get people out, recreating in the forest,' he said.

Building trails has been a labor of love, Munly said. He recently saw a group of over a dozen 6 to 9 year old kids hanging out and riding their bikes at Ski Hill and it warmed his heart. Munly started building trails before he had kids. Now that he has kids of his own, he looks forward to watching the next generation of hikers, bikers, cyclists and trail runners come out of the valley.



PHOTO: HTTPS://CWEVERGREENMTB.ORG

James Munly, general manager for Leavenworth Winter Sports

Neighbors

Secret Service



A WALK WITH **PASTOR**

John Smith

A couple of weeks ago, I had the opportunity to attend church in Cottonwood, California. As my family and I walked into this small rural church, we were greeted by the pastor who had a mop in his hand and was in the process of cleaning up a mess on the bathroom floor.

The church service was small, sincere, and the pastor (who previously was holding up a mop) held up his Bible and proceeded to encourage the congregation to trust in Christ and hold fast to the promises found in this book.

The humble image of the pastor, the warm affection that the church had for one another which subsequentially extended to us, visitors, struck a chord with me. There was no flashy stage production, nothing tweetable, or anything that would be considered marketable as relevant, just a pastor with a mop, and a small church who loved Jesus and people in the middle of rural Northern California.

It is our malady for us to be enamored with big production values and excitement when it comes to church. We often think bigness of activity or popularity is what counts, endeavoring to gear our services to that which will increase our social media credibility. In fact, numerous businesses cater to churches to help with branding and marketing strategy, promising that if they follow the algorithms, they can increase their social media presence and increase their worship attendance. I am not knocking a church who is active on social media or even large churches for that matter, but I often wonder how many smiles of God are laid upon churches, who for the most part are unknown to the world, and how many of His frowns are on those who have paid thousands of dollars to keep up with the latest cultural marketing trend.

God rewards that which is done in secret. In Matthew 6:1-4, in condemnation against the Pharisees and other religious type folks who paraded their good works for all to see and reaped the approval of men, Christ says to do the opposite and offers this concluding promise in verse 4, "And your Father who sees in secret will reward you." God is not looking for churches, or individuals, to be noticed and rewarded by the world. However, God's eyes run to and fro in the world, searching for and approving hearts that are fully committed toward Him (2 Chron. 16:9).

A question to ponder as we go about our daily lives, serving Christ and doing good works toward our neighbor is this: Would I be doing this, if I received no commendation or if no one paid attention? Again, we like the praise of men and we like to be seen, but going back to the passage in Matthew 6, those who strive to get their pats on the back from men, receive their reward which is paltry compared to the reward from God.

Much of Christian ministry or Christian living, for that matter, isn't flashy or glamorous and the real fruit is more often than not, produced in secret. We may get some recognition from others around us but in truth, that rarely happens. What matters most is not popularity from the world, but the recognition from God.

I pray that we would not be charmed by the praise of men or endeavor to be seen by others, rather that we live a life of faithfulness, doing at times, the unglamorous work of serving Christ by serving others and believe that God sees and will reward that which is unnoticeable from the

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastor johnsmithebc@gmail.com.

City Of Leavenworth Asks Community To **Conserve Water During The Heat Wave**

LEAVENWORTH – The City of Leavenworth is asking the community to conserve water during the heat wave. The City Water Plant produced over 2 million gallons of water for the community on Monday, June 28. This volume of production usually is not needed until

much later in the summer, and could be worrisome if high temperatures continue.

'We are asking the community to help us in our conservation efforts, so that we can continue to provide water without restricting uses" said Mayor Florea. In the City of Leavenworth,

all water, even hose water, is considered approved for domestic use (a more technical term for drinking Ways to help conserve water

include: reducing frequency of irrigation or watering of lawns and gardens from daily to every other day; watering later in the evening or earlier in the morning when temperatures are coolest, and avoiding high water-use activities like filling pools and washing cars.

The City is reducing water usage at the parks, cemetery, and ball fields, and is hoping the conservation efforts of the community ensures the City does not have to implement official water use restrictions.

For more Information contact Leavenworth Communications Analyst, Christie Voos at media@cityofleavenworth.com or 509.670.0121.



Chelan County grant

CONTINUED FROM PAGE A1

department, the CPIF plans to invest nearly \$2.5 million into economic development projects in Chelan County in the next three years. The grant project is funded by existing revenues from the sales-anduse tax for public facilities in rural counties, also called the Rural Counties Tax.

"A good public utility project is one of the greatest tools in the peoples' toolbox for incentivizing economic development," said Blake Baldwin, economic development director for

Chelan County. "This program is unique in comparison to other funding sources because the majority of these grants will result in both direct and indirect returns on Chelan County taxpayer investments."

CPIF The 11-member Advisory Committee reviews and scores all applications and submits its recommendations to the Chelan County Board of Commissioners for final decision making. Local government agencies and junior taxing districts in Chelan County can apply for a CPIF grant, which will be awarded annually each spring.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral

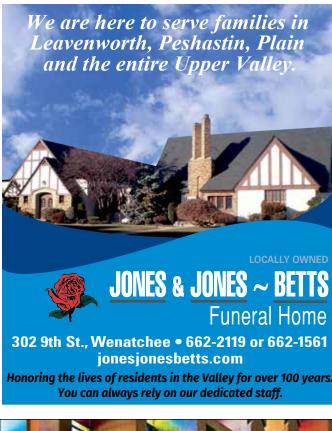
Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com







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College Graduate Durango, Colorado- Ry Ward, of Leavenworth, WA, graduated

from Fort Lewis College in May 2021. Ward graduated with a degree(s) in Marketing.

Fort Lewis College hosted its first in-person commencement in a year with multiple outdoor ceremonies celebrating nearly 400 graduating seniors.

As the Four Corners' stronghold of academic excellence, Fort Lewis College blends small class sizes, engaged faculty, and unparalleled research opportunities to help students earn college degrees and chase dreams.

Honoring the lives of residents in the Valley for over 100 years.

New to our area? On vacation? PPER VALLEY CHURCH GUIDE These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Worship 9 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



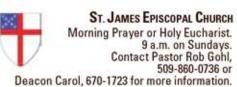


CHRIST CENTER

Cashmere Assembly of God: 509-782-2825 Worship Service Sundays 10:00 a.m., in-person, Conservatory Apple Annie's and on-line, christcentercashmere.com Underground High School Sundays 6:00 p.m., In-person, Conservatory Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory Lead Pastor, Steve Haney

Children's Pastor, Andy Robinson Congregational Care Pastor, Joyce Williams High School Director, Kelsie Folden Community Outreach, Steffanie Haney

GRACE LUTHERAN CHURCH Morning Prayer or Holy Eucharist. Join us at 10:00 a.m. on Sundays. Contact Pastor Rob Gohl 509-860-0736 for more information.



EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6 p.m. Pastor John Smith www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service Office: 509-548-4331



CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com

Email: info@leavenworthbaptist.com LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby www.LCN.org



SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 860-3997 SPIRIT LIFE CENTER

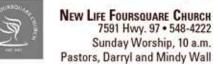
> 210 Benton Street • 548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517 Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



7591 Hwy. 97 • 548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org



Local, Regional Community News & **Events**

🔖 Any non-profit 501(c)-(3) group, person(s).

% Must provide: full name, city, phone number.

lacktriangle Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7 Garage and Yard Sale Ads are paid events, please email those to

• For more info call: Leavenworth: 509-548-5286, Cashmere: 509-782-3781 **S** Email to: editor@leavenworthecho.com or reporter@leavenworthecho.com

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THE LEAVENWORTH

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com and BillF@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates on the Covid-19 regulations.

■ MEETING SCHEDULES FOR AA, **ALANON, CELEBRATE RECOVERY**

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Alanon Meetings, call 509-548-7939

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@qmail.com or 509-596-1510.

■ COMMUNITY CALENDAR

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292. Leavenworth Rotary Club, Zoom meetings, noon. For more info. call President Joel Walinski, jtwalinski@gmail.com

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info. email President Anita Wilkie at wilkieam2015@gmail.com

Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email:Tony.Sandoval@ co.chelan.wa.us

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri (509)393-8271 for more

Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.) Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)

Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18: Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Leavenworth Mosquito District Board Meeting 7 p.m. via ZOOM link posted at leavenworthmosquitodistrict. com Contact: Jenny Mullins,548-5904. (1st & 3rd Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. Meeting now in the Park behind Peshastin Library. Contact Steve Keene, 548-5266. (2nd Tues.)

Icicle & Peshastin Irrigation Districts Meeting Sept., 8 a.m. Future months at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 782-2561 or tony.iid.pid@nwi.net, (2nd

Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)

Cascade Education Foundation, Contact: CEF@cascade.org LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.).

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 548-7923 or online Leavenworth@ncwlibraries.org Open Mondays, Tuesdays, and Saturdays. 10 a.m. to 2 p.m., Wednesdays and Thursdays, 10 a.m.-7 p.m., Fridays, 3 p.m.- 7 p.m., and Saturday 10 a.m.-2 p.m.

Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 548-7821 or Peshastin@ncwlibraries.org Open Tuesdays and Wednesdays 10-2 p.m. and 3-7 p.m., and Saturday 10 a.m.-2 p.m.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Friday-Sunday, 11 a.m.- 4 p.m. Please check our Facebook page or our website at www.leavenworthmuseum.org for updates and information.

Leavenworth Fish Hatchery, 548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho. com or call 548-5286. Otherwise we are not responsible for any misinformation.

Leavenworth

The Chumstick Wildfire Stewardship Coalition

Fire Meeting and Workshop #2 will be on Friday, August 27. 6 p.m., at Snowgrass Farm, 18287 Little Chumstick Creek Road, https://www. snowgrassfarm.com/

Peshastin Dryden Picnic Cancelled

The Peshastin Dryden

all school picnic that was scheduled for August 21 has been cancelled this year due to corona virus concerns. If you have questions, call Marilou Hughes, 509-630-0515

Regional

Read, Have Fun, and Win Prizes!

We're heading into our last month of Summer Library Program and there is still plenty of time for you to get in the running for several great prizes. All of our libraries are offering gift cards from local businesses as drawing prizes. Book sets and other prizes will be given away in drawings for our online reading program. You won't want to miss out on all the fun challenges, book bingo, virtual programs, craft kits, and more that are part of this summer's program. Our Summer Library Program has something to offer for all ages. Just head to ncwlibraries.org/ slp for all the details. And don't forget to register for our Beanstack summer reading challenge to track your reading, earn badges, and be entered to win prizes!

Sheriff/Fire/EMS The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

August 6

09:22 Public Assist, Peshastin 10:36 Extra Patrol, 8252

Dempsey Rd. 11:39 Welfare Check, 920 U.S. Hwy. 2, Union 76 12:47 Juvenile Problem, 116

River Bend Dr. 14:03 Parking/Abandon, 1329 U.S. Hwy. 2, Dan's Food

Market 14:41 Trespass, 920 U.S. Hwy. 2, 76 Station

16:17 Disturbance, 633 Front St., Bavarian Ritz 17:23 Disturbance, 920 U.S. Hwy. 2, Union 76 18:48 Theft, 11566 River Bend

18:59 Traffic Offense, 3262 Allen Ln., Peshastin 19:02 Extra Patrol, 8480 Icicle

21:03 Noise, 431 Dempsey Rd. 22:59 Domestic Disturbance, 810 U.S. Hwy. 2, Bavarian Lodge

August 7

No Report

August 8

01:04 Noise, 1217 Front St. 02:02 Noise, 9465 East Leavenworth Rd. 03:13 Welfare Check, 223 12th St.

04:09 Trespass, 513 Cascade 09:40 Alarm, 9073 U.S. Hwy. 2

11:34 Suspicious, 4905 Icicle Rd., Eight Mile 12:06 Parking/Abandon, 8420

Icicle Rd. 12:58 Suspicious, U.S. Hwy. 2 & Nason Ridge Rd. 17:09 Public Assist,

18:02 Malicious Mischief, Snow Lakes Trailhead 18:08 Vehicle Prowl, Rusty

Leavenworth

19:02 Vehicle Prowl, U.S. Hwy. 2 MP 99

19:08 Vehicle Prowl, 7000 Blk. Icicle Rd

19:46 Vehicle Prowl, Rusty Bridge

20:58 Agency Assist, 4804 U.S. Hwy. 97, Peshastin 23:33 Welfare Check, 590 U.S. Hwy. 2

August 9

11:59 Civil, 3863 Old Blewett Rd., Peshastin 12:15 Domestic Disturbance,

9704 East Leavenworth Rd. 12:27 Accident No Injury, 21588 Lake Wenatchee Hwy. 13:20 Malicious Mischief, 590

U.S. Hwy. 2, Enzian Inn 14:12 Attempt to Locate, Coles Corner 15:45 Disturbance, 817

Commercial St. 16:11 Parking/Abandon, Main St. & 9th St.

17:33 Assist Public, 20752 Chiwawa Loop Rd. 17:47 Property, 1010 Main St., Barn Beach

17:50 Runaway, 18104 River Rd., Plain 19:25 Civil, 10788 U.S. Hwy. 2,

Peshastin 19:48 Domestic Disturbance, U.S. Hwy. 2 MP 94 20:56 911, 190 U.S. Hwy. 2, Der Ritterhof

August 10

02:59 Domestic Disturbance, 90 A Mill St. 07:37 Theft, 575 Alpine Pl. #01 07:54 Animal Problem, 2419

Salal Dr. 10:53 Accident No Injury, 11734 US Hwy. 2, Safe Havens 13:00 Assist Public, Leavenworth

13:35 Animal Problem, 8316 Lynn St, Peshastin 13:52 Assist Agency, 308 Zelt

Strasse, Pine Village 15:42 Theft, 980 US Hwy. 2,

16:13 Burglary, Hatchery Creek Rd. 18:53 Assist Public, 22744 Lake

Cashmere Valley Bank

Wenatchee Hwy. 22:02 Accident No Injury, Chumstick Hwy. MP 1 23:40 Welfare Check, 817 Commercial St., Cascade

August 11

Medical

05:42 Assist Agency US Hwy 2 MP 106, Dryden 09:19 Alarm, 907 Front St. 09:35 Alarm, 565 US Hwy 2 11:15 Welfare Check, 131 Shales Ln.

11:16 Domestic Disturbance, 13528 Chumstick Hwy 11:51 Property, 7600 US Hwy 97, Peshastin

12:31 Accident No Injury, 116 B, River Bend Dr. 12:45 Civil, Woodward & Whitman Streets 14:43 Accident Unknown, FS

7601 Rd. MP 1.5 19:51 Trespassing, 931 Front St. 21:50 Prowler, 8040 Old Bridge

August 12

06:20 Trespass, 263 Mine St., #109

06:53 Trespass, 12020 Spromberg Canyon Rd. 09:20 Assist Public, 9287 Derby Canyon Rd., Peshastin 09:43 Assist Public,

Leavenworth 13:02 Assist Public, 11566 River Bend Dr.

09:03 Assist Agency, US Hwy. 2 MP 101 20:09 Harassment/Threat, 18136 Chumstick Hwy.

20:25 Traffic Offense, Dempsey & E. Leavenworth Roads 20:46 Traffic Offense, 505 US Hwy 2, Icicle Village

Stroke

CONTINUED FROM PAGE A1

The right side of my body is compromised. My right leg will not support the weight of my body so I have to use a walker to get around. My right hand, my dominant hand, is weak so my typing and coordination is slow and fraught with

misspelling and typos. The good news is the doctors and therapists tell me that with physical therapy I can retrain my brain to replace the dead parts of my brain. It will take time and dedication.

The lessons to be learned here is that while we all know

the warning signs of a stroke, they are not always pronounced. Friends may not immediately recognize them and they may hesitate to ask about things like slurred speech. I did not have any recognizable face drooping. It appeared that I was walking just fine. No one but me could tell my legs felt heavy and weak.

When I walked into the ER on Sunday it was without benefit of a walker. I passed all of the standard Stroke tests. The ER team at Cascade took me seriously and ran several diagnostic tests including a brain scan and Xray. They sent me home.

When I returned on Monday afternoon following my second fall, they ran the tests again. At 5 p.m. they decided to send me to Confluence Hospital for a complete Stroke workup. I spent the next day and a half in the hospital.

Confluence Hospital did not find the Stroke until they did an MRI Monday evening. That was more than 48 hours after I began to recognize the symptoms. The unfortunate truth here

is Cascade Medical Center is ill equipped to diagnose and treat a serious health issue like a Stroke. Our hospital and medical staff are fine folks who do an amazing job, but in cases where time is of the essence, they need to recognize their limitations.

It is my own fault for not recognizing the symptoms on Saturday and taking quicker action. Like most men when someone asks "how are you doing," I just think of it as making small talk. I don't think they really want to know. Imagine the surprise if someone had asked me on Saturday and I responded "well, I feel a little dizzy, my right hand seems to be asleep, and my right leg feels like it weighs 500 pounds."

I can imagine the response "someone call 911, the party's over!" Who wants to be responsible for that?

It's no laughing matter. Having a Stroke is a serious health emergency. I am confident that I will overcome the challenges that lay ahead.

If you are feeling the symptoms of a Stroke. Let somebody know - immediately.





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■ CITY COUNCIL MEETINGS

Planning Commission, 7:00 p.m. (1st Wed.) City Council Study Session, 8:30 a.m. (2nd Tues.) City Council Meeting, 6:30 p.m. (2nd & 4th Tues.) Design Review Board, 3:00 p.m. (2nd & 4th Wed.) For more information, visit the city website CityofLeavenworth.org for Zoom meeting

information. Call 509-548-5275. Email hello@ cityofleavenworth.com

The Washington Outdoors Report

Hiking For Trout

By John Kruse

With the snow melted in the mountains it's the perfect time to lace up your hiking boots and hit the trail with a rod in hand to target trout. Offering lightly pressured waters and a good way to cool off during the dog days of summer, fishing alpine lakes and forested streams can be very rewarding.

Starting with mountain lakes there are several things you can do that will help you catch trout to include:

• Avoid fishing the first beach or lake access point where the trail meets the lake. This is the one place that often sees significant fishing pressure, not to mention hikers and their dogs who might want to go swimming here after a long hike on a hot summer day.

· Fish the area around the outlet and inlet of the lake, this is where trout often congregate because there is lots of food for them in these areas.

• Use a spinning rod rigged up with a castable, clear (waterfilled) bobber and a fly behind a 3-foot leader. Dry flies, nymphs and streamers will all work. Most of the time the trout are in deeper water, too far from shore for most anglers with fly rods to cast to.

• Use weighted spinners or spoons. A lot of spinners and lures aren't heavy enough or built well for casting far, especially on a breezy day. Aerodynamic spinners I like to use include the Mack's Lure Promise Keeper spinner (1/8 oz) and the Worden's Rooster Tail spinner (1/6 oz). When it comes to spoons, I'm a big fan of DarDevle spoons (especially the classic red and white one) and the Acme Kastmaster (blue and chrome is a go to pattern



PHOTO BY JOHN KRUSE

for alpine lakes fishing).

A brook trout caught in a small mountain stream

· Avoid using bait. These lakes are pristine and beautiful places. Nobody wants to see PowerBait stains on rocks or empty Styrofoam worm cartons floating around the lake. Besides, artificial lures work just fine and are much better to use if you are releasing the trout you catch. If you really want to make sure those trout are released unharmed, use lures modified with pliers to have one or two barbless hooks instead of a

barbed treble hook.

• Consider using a float tube to really get out deep where many of the fish are found. Wilderness Lite is a company specializing in packable, ultralightweight float tubes and fins that together weigh less than five pounds. The float tubes are easily inflated once you reach the lake. Check out their product line at www. wildernesslitefloattubes.com

Mountain trout fishing doesn't just apply to lakes, streams are worth fishing too.



PHOTO BY JOHN KRUSE

The upper reaches of the Icicle River

Many trails follow creeks and small rivers and if you are willing to go just a short way off-trail you'll often find great pools and runs that hold plenty of trout. The trout are generally not huge in these waters, but they can be plentiful. I will often use a short ultra-lite spinning rod (5 ½ to 6 feet long) spooled with 4 to 6-pound line. Small spinners work very well in these situations. #0 or #1Mepps spinners with chrome, brass, and copper blades as well as Mepps Black Fury spinners are all very effective. I will generally fish the bright chrome spinners in low light or murky water conditions. I'll fish the copper and black bladed spinners when the sun is bright on the water. The gold or brass blades? Consider that a great all-round choice!

These small streams are also perfect for fly fishing. Take a light 3 weight rod with floating line and work the pools you'll find in these creeks and rivers. Two of my favorite dry flies for these waters are a Parachute Adams or Royal Wulff, the latter being a favorite for cutthroat trout in particular. During the late summer there's no need to bring waders, just take off those hiking boots, slip on a pair of sandals and enjoy a walk and wade day of fishing. The feel of the cold water on your legs on a hot summer day is half the fun of fishing these waters.

John Kruse - www. northwesternoutdoors.com america out doors radio.com

How to open child resistant caps

This summer, many families are planning and attending events that had been postponed due to COVID-19. People are traveling to family reunions, graduations, weddings and celebrations of life. Visiting grandma and grandpa is no longer limited to video calls or socially distanced interactions.

When young children visit their older relatives, there is risk of accidental poisoning from ingesting prescription medicines.

Yesterday, 85-year-old Betty brought in her medicines yesterday for me to review. I noticed how faded the green lettering was on worn white plastic caps of her prescription vials. Many of those childresistant lids were either sitting crooked or barely fastened, to make them easier to open. One label was nearly 5 years old with newly refilled pills inside.

The challenge of opening child-resistant tops is not limited to medicine bottles. Vitamins, non-prescription medicines, and many everyday liquid household products are sold with hard-to-open lids, including paint thinners, cleaning solutions, and bleach.

The widespread use of child-resistant lids addresses a severe problem: accidental child poisonings.

In the 1960s, the most common documented cause of injury in children under 5 years old was accidentally swallowing medicines or household cleaners. In 1970 the United States Congress passed the Poison Prevention Packaging Act (PPPA). This law required all prescription and non-prescription drugs that could be swallowed to have child-resistant (C-R) nackaging.

In the decades since that law was enacted, C-R packaging has saved many young lives. Unfortunately, it also causes significant inconvenience for many adults, especially those with below-average strength and dexterity. Ironically, those are also the people who take the most medicine.

Since 1974, pharmacists have been required to dispense all medication refills in brand new vials and lids. As medicine bottles get used, they "breakin," making the caps easier to open. Eventually, those tops are no able to meet the C-R standard. Pharmacists must dispense ALL medicines with C-R lids except for under-thetongue tablets of nitroglycerin. The only exception is if the patient requests otherwise in

writing and signs it. A lid is considered childresistant if a child under 5 cannot open it within 5 minutes, but 90% of adults can open and close it within 5 minutes. Who wants to fight with a lid to get it to open and close? No wonder Delores re-used her prescription bottles that had worn-out lids!

28 years ago, I ripped apart a ligament in my right wrist, putting me in a hard cast for 6 weeks and a rigid brace for another 6 weeks. This was a significant handicap for me. I found I could NOT open childresistant lids while wearing a cast or brace, and as a pharmacist, I needed to open a LOT of child-resistant tops at work.

Desperate, I worked out a way to open those tricky caps without moving my wrist. I still use that same technique because, with it, I can open child-resistant tops easily and without straining my hands or

Here's how I open childresistant lids without twisting my wrist:

1. Pick up the bottle in your right hand and place the palm of your left hand FLAT against the cap so that your hands form a sideways

Your left hand is turned with your thumb pointing up, and your right hand is perpendicular to it. Imagine

your left hand as a door and your right hand reaching out to the doorknob.

2. PUSH both hands together using your arms, keeping your wrists straight.

3. TURN your entire right forearm slowly clockwise.

It's like turning a doorknob, but with your WHOLE FOREARM instead of just your wrist. The pressure of your hands pushing toward each other keeps the lid free as your right arm turns. You don't have to turn your arm very far before the cap disengages.

4. Turn the container, so the cap is facing up.

free, tip the container so the cap faces back up to prevent the contents from spilling out.

5. Lift the lid free. Cup the lid with your left

palm and separate your hands, one holding the cap and one holding the container. It's open!

6. Reverse the steps to seal the container.

To put the top back on, reverse the order of the steps: form a T, push your hands together, and turn your right forearm to the left (counterclockwise) until it engages.

Remember, you request "easy-open" lids for medicines at your pharmacy by requesting and signing a

release form. And make sure you store ALL medicines away from easy access by young

Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog $The {\it Medication Insider.com}.$ ®2021 Louise Achey





Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of

that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is now available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. Or you can order the book directly from Bill at The Leavenworth Echo (509-548-5286), the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Bill.Forhan@gmail.com. Orders placed directly with the author have the added advantage of being signed including a short message if you like. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no charge if your order is picked up at the Echo or Mirror office.

Texas State Troopers Ramp Up Arrests of Illegal Alien Trespassers

Illegal immigrants wait to appear before a magistrate on trespassing charges in Kinney County outside the sheriff's office in Brackettville, Texas, on Aug. 6, 2021.

CHARLOTTE CUTHBERTSON/THE EPOCH TIMES

CHARLOTTE CUTHBERTSON

BRACKETTVILLE, Texas—Texas state troopers have started delivering van-loads of illegal aliens to the Kinney County Sheriff's Office to be charged with criminal trespass.

The parking lot and an old steel picnic table under a tree outside the sheriff's office have become a proxy booking center as the building is more suited for the crimes of a quiet, rural county of 3,600 residents.

But last week, the area was bustling as troopers brought in and processed 17 illegal aliens on Aug. 3, another 17 on Aug. 6, and 13 more overnight on Aug. 8. All were males, and all appeared before the Kinney County justice of the peace for criminal trespass after being arrested on local ranches.

We're going to try to hold these people accountable. ... Some type of consequence has to be there.

> Brad Coe, sheriff, Kinney County, Texas

On June 1, Texas Gov. Greg Abbott issued a disaster declaration, and on June 10, he directed state troopers to start arresting illegal aliens on charges including trespass, criminal mischief, and evading on foot. But the jails were full, and it took almost two months to make space and for the Texas Department of Public Safety (DPS) to work out the process.

It's somewhat complicated for Kinney County as it only has 14 jail spaces, which are perpetually full. So the aliens are booked and appear before a judge in Kinney County, then taken to a tent facility in neighboring Val Verde County. From Val Verde, troopers transport them 100 miles away to the Briscoe Unit in Dilley, Texas, which has been repurposed to detain almost 1,000 illegal aliens who are waiting for their court cases and serving out their sentences.

Kinney County Sheriff Brad Coe said he wants to stick illegal immigrants with any charges he can so that it might deter them from coming to his county, but he's had to wait until the state is ready to help provide the infrastructure to do it.

"We're going to try to hold these

people accountable," Coe said. He hopes the convictions might be a roadblock for illegal aliens if they ever try to file for some type of assistance or become U.S. citizens.

"That'd be a check mark against them. Some type of consequence has to be there."

Kinney County Attorney Brent Smith is preparing to take up the slew of new trespass cases, with whatever he can't handle to be picked up by the Texas attorney general's office.

"DPS has been working hard on conducting more ground operations on the ranches in Kinney County ... where probably 80 percent of the illegal trafficking is occurring," Smith said.

"They're having some success in their arrests, but are very limited in the manpower they can deploy on the ground."

Most of the troopers are deployed on the roadways, and while they've curbed the number of vehicle pursuits and smuggling events, it has pushed more foot traffic onto ranches.

Frustration High

Texans living near the U.S.–Mexico border are growing increasingly frustrated with the surge in illegal crossings, human smuggling, vehicle theft, property damage, and threats from illegal aliens trespassing on their property.

Most of the illegal aliens passing through Kinney County are adult males who crossed the border in the Del Rio Border Patrol Sector—usually into the small cities of Del Rio or Eagle Pass.

In July, almost 10,000 illegal aliens evaded Border Patrol in the Del Rio Sector, according to preliminary Customs and Border Protection (CBP) numbers released by Rep. Chip Roy (R-Texas) on Aug. 2. Many of them pass through Kinney County on their way to larger cities.

"I've never seen it quite like this," Coe told The Epoch Times.

He said in the past six months, illegal aliens who get past Border Patrol in the Del Rio, Texas, area are walking through ranches, destroying fences and water pipes, leaving water faucets on, and breaking into homes

"We've always had a fence cut here, fence cut there, because they're hauling dope or small kids or something," he said. "But we've never seen the intentional big four-by-four holes in



just cut completely out. That's really starting to bother me."

The number of illegal aliens getting caught and charged is tiny compared

the fence, or now, a 10-foot section

The number of illegal aliens getting caught and charged is tiny compared to the number passing through, but county leadership says it has to do something.

Trespassers

The number of Cubans evading Border Patrol and coming through Kinney County is a new phenomenon, said Coe, who was a Border Patrol agent in the area for 31 years before becoming sheriff. He said he hasn't seen a Cuban influx in the county for at least 35 years.

Until recently, the vast majority of Cubans crossing the border illegally had been turning themselves over to Border Patrol at the common crossing pathways into Del Rio and Eagle Pass.

Kinney County shares 16 miles of international border with Mexico, and the land is owned by one rancher. State troopers and local jail staff took about two hours to complete the paperwork and magistrate six Cubans who were arrested after crossing the Rio Grande onto that ranch late on Aug. 7.

The Cubans, all male, expressed surprise at being arrested on criminal charges—they had been told they'd simply be processed by Border Patrol and then cut loose into the United States to travel to their

destination (five to Florida and one to Las Vegas).

All six had left Cuba at least two years ago and had been living in South America before traveling up to the U.S.–Mexico border.

Most said they decided to come to the United States now because it's a lot easier.

"The laws were changed where they just catch and release us and let us stay in the country," one man said through a translator.

Several spoke about the difficult trek through the Darian jungle between Colombia and Panama.

One man said he saw nine dead bodies in the six days he was walking—some who had been executed and others who had succumbed to the harsh conditions. He and another man both said they had been robbed at gunpoint in the jungle.

A group of seven Mexicans being booked after the Cubans had been walking for two days before being caught on a ranch.

Two said they had already tried crossing a month ago, but got caught by Border Patrol and expelled. Another man, who said he was aiming to get to New York, said this was his third time trying to get through. He said his cousin was going to pay the \$4,000 smuggling fee upon his delivery to New York.

Several said they'll probably try again, while others weren't so enthusiastic. They all said a "travel agent" on the Mexican side of the border directed them on where to cross, gave directions of where to walk, and was going to coordinate a vehicle pick-up for them.

Process

After a misdemeanor arrest, Smith examines the evidence in the case file from the sheriff's office. If it's determined that trespass occurred, he'll charge the individual with trespassing, which is a Class B misdemeanor. The charge is elevated if the individual has a deadly weapon or is found more than 100 feet past the property line on agricultural land.

Once charged, the suspect will make a plea, and if he pleads guilty, he'll most likely get time served and be turned over to Border Patrol.

It's not a hefty penalty, but Coe and Smith say it gets illegal aliens into the system and gives them a record.

"We're hoping they avoid our county," Smith said.

"The only realistic solution to this crisis will require deploying all of the Texas military on the border and actually prevent the illegal entries from occurring. Right now, it's like trying to build a dam after the flood gates have already been opened."

In July, more than 205,000 illegal aliens were apprehended along the whole southern border, according to preliminary CBP numbers. It's an increase over the previous months this year and a 20-year high.

HHS Becomes Latest Federal Agency to Mandate COVID-19 Vaccines for Workers

JACK PHILLIPS

The Department of Health and Human Services (HHS) on Aug. 12 announced that it will require all of its frontline health care workers to receive a COVID-19 vaccine.

HHS is now the third federal agency to require its employees to receive the vaccine, joining the Department of Veterans Affairs and the Department of Defense.

"Staff at the Indian Health Service (IHS) and National Institutes of Health (NIH) who serve in federally-operated health care and clinical research facilities and interact with, or have the potential to come into contact with, patients will be required to receive the COVID-19 vaccine," HHS Secretary Xavier Becerra said in a statement.

The policy will apply to more than 25,000 individuals who operate health and clinical research facilities, or who could come into contact with patients.

"Our number one goal is the health



Health and Human Services Secretary Xavier Becerra testifies during a hearing in Washington on June 10, 2021.

and safety of the American public, including our federal workforce, and the vaccines are the best tool we have to protect people from COVID-19, prevent the spread of the Delta variant, and save lives," Becerra said.

The list of staff who must be vaccinated includes employees, contractors, trainees, and volunteers who are in contact with patients at HHS medical or research facilities.

According to the HHS statement, Surgeon General Dr. Vivek Murthy said that members of the Public Health Service Commissioned Corps also "immediately" need to get vaccinated as part of "medical readiness procedures to prepare for any potential deployment need as emergency responders."

The initiative echoes a mandate from the Department of Veterans Affairs, which implemented the policy soon after the Department of Justice's (DOJ) Office of Legal Counsel determined in late July that it was legal for private businesses and public agencies to require COVID-19 vaccines.

The DOJ's opinion, which noted that some have questioned the legality of such mandates, concluded that federal law concerning the Food and Drug Administration's emergency use authorizations on COVID-19 vaccines don't "prohibit public or private entities from imposing vaccine requirements, even when the only vaccines available are those authorized under EUAs."

On Aug. 9, Defense Secretary Lloyd Austin said he was seeking approval to require all active-duty members of the military to receive the vaccines. President Joe Biden, meanwhile, said that all federal employees must attest to being vaccinated or face regular testing and social distancing requirements.

The policy will apply to more than 25,000 individuals who operate health and clinical research facilities.

At the same time, states such as California and New York have also issued mandates for state employees to get COVID-19 shots.

"As President Biden has said, we are looking at every way we can to increase vaccinations to keep more people safe, and requiring our HHS health care workforce to get vaccinated will protect our federal workers, as well as the patients and people they serve," Becerra said.

"I PASS ON YOUR ARTICLES TO ENLIGHTEN SOME OF THE UNENLIGHTENED." —Phlip Lewis

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TRUTH and TRADITION

JEFF KOWALSKY/AFP VIA GETTY IMAGES

Protracted Rent Moratoriums Forcing Small Landlords Out of Business

STEVEN KOVAC

Extended rent moratoriums and the slow distribution of billions in federal rent assistance are driving many small landlords to call it quits.

"Nobody wants to become a landlord anymore," said Diane Baird, executive director of the Lake Erie Landlord Association, which represents landlords in northern Ohio, southern Michigan, and western Pennsylvania.

"And we have very few new people entering into the business."

"Multiple landlords have told me they are selling out," Jon Frickensmith, president of the South Wisconsin Landlord Association, told The Epoch Times. "They ask us how to get out of the business and how to get the tenants out of their houses. These are mom-and-pop operators, the kind of landlords that are willing to take tenants with bad credit or a criminal history. This will only add to the housing crisis."

The vast majority of landlords in the United States are individuals, with most owning one or two rental

In Michigan, more than \$500 million in federal pandemic emergency assistance funds remain unspent, with thousands of applications for aid mired in state and municipal bureaucracies

"Everyone in the process agrees the application process is flawed. The problems created by the system are intensified for private owners," Greg Stremers, an attorney in Port Huron, Michigan, told The Epoch Times.

"Many property owners are selling off their properties, creating an even deeper shortage of rental properties. When I process an eviction, the tenants are having difficulty finding a new place to live, which is driving rents higher."

Stimulus Not Paying for Rentals Stremers said the system is "undeniably deficient," pointing out that, of the \$46 billion allocated by Congress in emergency rental assistance, only

\$3 billion has thus far been distribut-

ed to applicants nationwide by state and local agencies.

According to the U.S. Department of Treasury, states and municipalities have until Sept. 30 to disburse the funds or they may be reallocated.

The latest Centers for Disease Control and Prevention eviction moratorium is set to expire on Oct. 3.

The National Equity Atlas estimates that landlords across the United States are owed more than \$21 billion in overdue rent.

Don James, president of the Florida Landlord Association in Coral Gables, believes the moratorium is detrimental to renters as well as landlords.

"We as landlords cannot enforce our rental contracts and, this being a seller's market, [it] is forcing landlords to sell their properties. This is going to cause shrinking of rental facilities, thus hurting renters," he said.

We as landlords cannot enforce our rental contracts and, this being a seller's market, [it] is forcing landlords to sell their properties.

Don James, president, Florida Landlord Association

Mike Bodeis, president of the 450-member Port Huron Area Landlord Association and owner of 40 rental houses, told The Epoch Times: "It's a myth that 3.6 million Americans may soon be made homeless. Two-thirds of them could be paying their rent, but are not because they choose not to. They didn't choose to pay their rent or utility bills with all the stimulus money they received.

To illustrate, Bodeis said: "In one eviction, in which I personally participated, we took six flatscreen TVs out of the house. It's all about priorities."

les."
President of the Flint, Michigan-



The Detroit skyline seen from Riverside Park in Detroit on Oct. 23, 2019.

area Genesse Landlord Association, Ed Constable, said that the rent moratorium has had little effect on some of the members, but has been "devasting" for others.

"Maybe a quarter of residential tenants have signed the eligibility affidavit for the emergency pandemic rent assistance," Constable said.

"Some instances can be horrible. One woman was in debt to me for a year's back rent. Rather than go through the process, I ended up writing her a check for one month's rent. That's what it took to finally get her out. After that experience, I have zero interest in more residential rentals."

The terms of the emergency rent assistance application are supposed to preserve the right of a landlord to evict a tenant for committing a criminal act on the premises, damaging property, threatening the health and safety of other tenants, or violating building codes and health ordinances, and for breach of contract other than non-payment of rent.

"Everything depends on the judge," Constable said. "We had one landlord with a beautiful, high-end rental home. His tenants moved in, along with six dogs and a potbelly pig! The case came before a liberal judge. It was delayed forever. Ultimately, the landlord could not get a writ to evict."

In Michigan, emergency rent assistance checks for up to 12 months of back rent, and even three months of future rent, are made out directly to the landlord for the benefit of qualifying tenants, but the tenants must apply for the aid

apply for the aid.
While that may sound like a win-

win proposition, Stremers said that only a small percentage of tenants apply.

"In fact," Stremers said, "even the tenants typically don't apply, and if the owner wants them to, we have to encourage them. The vast majority of the tenants rarely show up for the eviction pretrial, and rarely submit the proper CDC paperwork to start the moratorium process."

Included in the paperwork is a requirement for the tenant to provide a government-issued identification card.

Stremers said the reason for the card is that "under a prior federal stimulus for renters to purchase homes, there was fraud by the tenants—the money went to tenants, who did not make the payments."

Baird said that in the Lake Erie region, "tenants are not signing up for help."

"They don't seem to care about paying their bills. They have no reason to care. There are no consequences. The government is letting them get away with it," she said.

One Wisconsin landlord stated in an email: "I don't know why the government thinks landlords can afford to pay bills when not collecting rent, or why we should be responsible for the tenant's inability to pay. I think they are taking advantage of the moratorium to not pay on time."

Coordinated Disbursements,

Incentives to Work Will Help Not every landlord in Wisconsin is dissatisfied with the emergency rental assistance distribution process. Describing the situation in Rock and Walworth counties, one landlord called the service provided by the nonprofit agency Community Action, which coordinates the disbursement of the funds in those areas, "amazing."

"While the majority of our tenants have been very good about staying current, there have been some that have taken advantage of the moratorium and stopped paying. ... While there are assistance programs available to help tenants pay, too few apply, and there is no assistance available specifically for the property owners," said Andrew Hay, spokesperson for a property management company in Racine. "It would be extremely helpful if landlords were able to apply on the tenants' behalf."

When asked what he thought would make things better for landlords and tenants in Michigan, Bodeis said: "Quit giving away our children's and grandchildren's money. Get rid of supplemental unemployment benefits. People get base unemployment of \$160 per week and a supplement of up to \$300 per week. There are 'help wanted' signs everywhere."

Stremers stated, "It is imperative tenants have opportunities to return to work to stop this cycle."

Michigan is one of 24 states that have continued the supplemental unemployment benefit.

With tens of thousands of job openings available, Michigan's unemployment rate hovers at about 5 percent, with 600,000 people drawing unemployment benefits. The overwhelming majority of these qualify for the federally funded supplement.

Jannis Falkenstern contributed to this report.

Number of US Workers Filing Weekly Unemployment Claims Falls

TOM OZIMEK

The number of U.S. workers filing for unemployment fell to near a pandemic-era low last week, in a sign of ongoing labor market recovery.

Initial filings for unemployment insurance, a proxy for layoffs, came in at 375,000 for the week ending Aug. 7, a drop of 12,000 from the previous week's revised level of 387,000, the Labor Department said in a statement. Initial claims hit a pandemicera low of 368,000 in the week ending July 10 before ticking back up.

While the drop in jobless claims reflects the dynamics of a rebounding economy, the number remains well above the pre-pandemic weekly average of about 220,000, suggesting that the employment recovery is still far from complete.

"Welcome improvement is seen with the new jobless claims numbers, essentially in line with expectations," Bankrate senior economic analyst Mark Hamrick wrote in an emailed statement to The Epoch Times.

Economists polled by Reuters had predicted 375,000 initial filings. At the height of the pandemic-driven



"Now Hiring" signs posted in front of a Home Depot store, in San Rafael, Calif., on July 7, 2021.

lockdowns last spring, initial jobless claims hit a series record of more than 6 million

"Of course, new claims reflect recent job loss, rather than the pace of hiring as such," Hamrick wrote. "The newly unemployed who are inclined to work should face generally positive prospects, an employment safety net, so to speak."

Job openings in the United States

surged to a record high of more than 10 million in June, while hiring lagged behind that figure by more than 3 million, painting a picture of an economic recovery being held back by business hiring difficulties. About 8.7 million people are officially unemployed.

The Labor Department's Job Openings and Labor Turnover Survey (JOLTS), released Aug. 9, showed that the number of job vacancies increased

by 590,000 to 10.1 million on the last day of June, led by gains in professional and business services, retail trade, and accommodation and food services.

"This is by far the record amount of job openings the economy has ever had. This historically elevated level makes clear that we have a severe worker shortage that threatens what should be a prolonged economic boom," Curtis Dubay, senior economist at the U.S. Chamber of Commerce, said in a statement.

Some Republicans and economists have blamed generous unemployment benefits—in particular, the federal pandemic jobless compensation boost—for sidelining workers by discouraging them from taking jobs. In the face of business hiring woes, some two dozen states have moved to end their participation in the extended federal unemployment programs early.

Clouding the prospects for continued labor market recovery are fears that rising COVID-19 cases, driven by the Delta variant of the virus, could have a cooling effect on the economy.

"On the downbeat side of the led-

ger, restaurant reservations and airline travel appear to be seeing some impacts from the surge in the Delta variant, which could weigh on economic activity here in the second half of the year," Hamrick said. "These impacts could be quickly reversed if we see a substantial easing in the case numbers."

Still, there are other indications of solid improvement in the job market, including the recent drop in the unemployment rate to 5.4 percent and steady hiring reflected in payrolls gains over the past two months. The Labor Department's jobs report, released Aug. 6, shows that nonfarm payroll employment rose by 943,000 in July, topping the 850,000 jobs U.S. employers added in June—a sign that the economy enjoyed a solid burst of job growth.

The labor market recovery has a long way to go, however. While economic output has fully bounced back to its pre-pandemic levels, the employment recovery is trailing. After shedding 22.4 million jobs in the first two months of the pandemic, the U.S. economy has recovered about 15.6 million jobs since May 2020.

THE EPOCH TIMES "THE EPOCH TIMES IS A BEACON OF LIGHT IN THE 'NEWS' DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY." —Jonne Rosenau

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Announcements

Wanted

PATEROS SCHOOL DISTRICT 122-70J SCHOOL BOARD **VACANCY DIRECTOR POSITION #3**

The Board of Directors of School the **Pateros** seeking District applicants to fill board director position #3. Applicants must reside in the boundaries of District No. 3 of the Pateros School District, be a United States citizen and a qualified voter. District Position No. 3 is SW of the Methow River and Hwy 97. Please contact the district office for exact boundaries. Position open until filled. Application and additional information can be obtained online at www.pateros.org, from the district office (509) 923-2751 ext. 4, or from Superintendent Greg Goodnight at ggoodnight@pateros.org



Employment

Help Wanted



Revenue Cycle Director Full-time

Three Rivers Hospital is seeking a Revenue Cycle Director to manage our revenue cycle team, includes Patient Access/ Registration, Health Information, Patient Financial Services and Chargemaster. The Revenue Cycle Director will lead the revenue cycle in developing, planning, and managing work initiatives within the revenue cycle. Bachelor's degree in a relevant area of expertise such as business or finance or an equivalent combination of education and relevant experience is required.

Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

THREE RIVERS HOSPITAL

EOE

OCCUPATIONAL THERAPIST Full-time

Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/ or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/ AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and interpersonal skills. **Interested Candidates** nay apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net

THREE RIVERS HOSPITAL

EOE

Med/ Surg RN **Full-time/ Nights**

Three Rivers Hospital is seeking a Med/ Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have current BLS/ CPR & obtain ACLS certification within one year. Rotating days and includes some weekends. Sign-on bonus: \$5,000. **Interested Candidates** may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net

opportunity@trhospital.net

EOE

Help Wanted



RADIOLOGY/CT TECH Full-time

Three Rivers Hospital is seeking a Rad/ CT Tech to produce CT scans and assist the Radiologist with interventional procedures that require CT guidance and to provide the best diagnostic images possible for the providers. Registered by the ARRT and Certified WA State. Graduation from an AMA - approved school of Radiologic Technology. Minimum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer ARRT certification in CT. **Interested Candidates** may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net **EOE**

Full and Part-Time Breakfast Staff

The Enzian Inn is searching for energetic service-oriented individuals to join our breakfast team. Position provides opportunities to learn and perform a variety of duties. Prepare, present and serve the daily breakfast buffet. Full and part-time positions requiring some weekends. Health Insurance available for full time employees. Apply



in person.

590 Hwy 2, Leavenworth.

LAB TECHNICIAN/ **TECHNOLOGIST**

Full-time

Three Rivers Hospital is seeking a Lab Tech to perform various technical clerical and information systems related procedures in Chemistry,

Hematology, Microbiology, Blood Bank. A.S Degree in **Medical Laboratory** Technology or related scientific field with a one-year internship or one year of clinical experience. Professional certification as a MLT (ASCP) or equivalent is highly recommended. Will include weekends and after-hours call-time. Sign-on Bonus: \$5,000. **Interested Candidates** nav apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net

Jewels Hair & Nails is looking a cosmetologist or barber to lease a station. \$350/ month. Please call Julie at 509-679-4764.

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Help Wanted



Director of Quality Full-time Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare Strong skills required:

experience is preferred. organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

THREE RIVERS HOSPITAL

Patient Account Rep Full-time

Inree Rivers Hospital is seeking a Patient Account Rep. This position is responsible for handling outstanding accounts receivables and collections by promptly filing hospital inpatient and outpatient and clinic claims with payers. following up in a timely and efficient manner, to ensure maximum reimbursement is received for services provided. High School diploma or GED. Two years prior experience in a hospital business office preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net

Brewster School District Opening

opportunity@trhospital.net

EOE

Brewster School District is accepting applications for a High School Advanced Mathematics teacher for grades 9-12. Classes to be taught are Algebra 2, Geometry and Pre-Calculus. Applications are available on the district's website at brewsterbears.org or by calling 509-689-3418. This position is open until filled. **Brewster School District** is an Equal Opportunity

Employer

Help Wanted

Full and Part-time Housekeeper, Bedmaker and Laundry Worker

The Enzian Inn is hiring full and part-time Housekeepers, Bedmakers and Laundry workers. Core hours are usually 9 AM to 2 PM. Earlier and later start & finish times often available. Enjoy a positive work environment with a competitive wage. Health insurance is available for full time employees. Apply in person. 590 Hwy 2, Leavenworth.

THREE RIVERS HOSPITAL

ER NURSE

Full-time/ Nights Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS / CPR, ACLS, TNCC and PALS certifications. Two years Med/Surg experience or

one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. **Interested Candidates** may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812

(509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

THREE RIVERS HOSPITAL

OR Manager

Full-Time Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN icense and ACLS & BLS. Must be proficient in orthopedic, general and OB/ GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments.

Excellent communication and discretional skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812

(509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted



Informatics RN **Full-time**

Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR, strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577

Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



Douglas County PUD has an opening for: łatchery Specialist, **Methow Hatchery** Closes: 8/23/2021 5 p.m.

Details at www.douglaspud.org

THREE RIVERS HOSPITAL

CENTRALIZED **SCHEDULER** Full-time

Three Rivers Hospital is seeking a Centralized Scheduler. This position supports patient care and the revenue cycle by

pre-authorizing, scheduling, and registering patients for labs, imaging, and/ or surgical services. High School diploma or GED and one year experience in a medical environment.

Computer skills are required. Customer service, communication and interpersonal skills are vital to this position. Spanish bi-lingual is required.

Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577

Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net **EOE**



Help Wanted

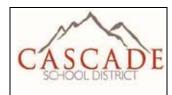


The Cascade School District is seeking qualified applicants for the following positions:

Icicle River Middle School Intervention Specialist

Icicle River Middle School Special Education Para Educator

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE



The Cascade School District is seeking qualified applicants for the following position:

> **Elementary Music** Teacher

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Help Wanted

THREE RIVERS HOSPITAL

Certified Occupational Therapist Assistant Full-time

Three Rivers Hospital is seeking a Certified Occupational Therapist Assistant (COTA) to provide therapeutic services to enhance the goals and objectives with patient care directed by the OT. The COTA will be responsible for implementing programs

developed by the OT in compliance with all local, state, and federal regulations. Graduate of an accredited OT Assistant program. Certification as OT Assistant in the state of

WA with valid license. Two years' work experience in a hospital setting and/ or swing bed program is preferred. Current BLS.

Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812

(509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted

Bus Driver/ Operator -**Full-time**

Organization: Okanogan **County Transit Authority** (TranGO) TranGO is looking for two

(2) full-time transit drivers (36 - 40 hours per week);one (1) position based in Okanogan and

one (1) based in Twisp. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health,

dental, vision and life insurance, retirement, sick leave, vacation. Must have a minimum Class B CDL with Passenger Endorsement.

Please visit www.okanogantransit.com for required qualifications application, and job

description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@okanogantransit.com

Application Deadline: Application review will begin September 3, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an Equal



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Douglas County PUD has an opening for: Hatchery Specialist, **Wells Hatchery**

Closes: 8/19/2021, 5 pm Details at www.douglaspud.org



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- 16. Dutch cheese
- 17. Golfer's traction aid 18. *Half-year terms
- 20. At the summit of
- 21. Water nymph 22. Actor . Mahershala
- 23. Be a busybody 26. Metrical foot in poetry
- 30. Earlier in time, archaic
- 31. Become bony 34. Shakespeare's tragic monarch
- 35. Labanotation founder 37. Theodor Geisel,
- 38. Threshold 39. Relating to the ear
- 40. Weather advisories, e.g.
- 42. + or atom
- 43. Widely esteemed
- 45. Most mature, as in fruit
- 47. Indian dish 48. Dashboard window
- 50. Female sheep, pl. 52. *"The Breakfast Club" punishment 56. Flower holders
- 57. Singles 58. High school breakout
- 59. Acoustic output

- 60. Overwhelming defeat

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- 62. Catchall abbr.
- 61. *Gvm class test?
- 63. *Geography class staple 64. Not talker?

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- 2. Stud site
- 3. Cripple 4. *Go to class
- 5. Mythological princess of Colchis 6. TV cooking show pioneer James 7. Contributions to the poor
- 8. *Kind of choice
- 9. Black and white treat
- 10. Less than average tide
- 11. Table scrap
- 13. Laces again 14. Milan's La
- 19. Manicurist's office __ wonder?
- 23. Hard on outside, juicy on inside 24. One of the Muses
- 25. Payment option 26. From a great distance
- 27. Chill-inducing
- 28. Type of palm tree, pl 29. Council of _ __, city in Italy
- 32. *Back-to-School retail event 33. WWII general who became President
- 36. *Faculty member 38. "Peace" with fingers
- 40. TV classic "
- 41. Superlative of true 44. Lowest male singing voice
- 46. Small bomb 48. Christopher Columbus' birthplace
- 49. Consumed (2 words) 50. Small ladies' handbag
- 51. What one does at the altar 52. *College freshman's new digs 53. International Civil Aviation Organiza-
- 54. Half as much as twice _-do-well 56. Every American's uncle?

Legals

Public Notices

CITY OF CASHMERE **SUMMARY OF ORDINANCE** NO. 1302

On the 9 day of August, 2021 the City Council of the City of Cashmere, Washington passed Ordinance No. 1302. A summary of the content provides as follows: AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON; ADDING AND AMENDING **PROVISIONS WITHIN TITLE 12** OF THE CASHMERE MUNICIPAL CODE; REVISING CHAPTER 12.20 IN ITS ENTIRETY; ADDING A PROCEDURE AND REQUIREMENTS FOR SPECIAL USE PERMITS FOR USE OF UNIMPROVED RIGHT OF WAYS FOR DRIVEWAYS; APPROVING A NEW SECTION 12.16.020 AMENDING PROCEDURES RELATED TO CONSTRUCTION OF DRIVEWAYS ACROSS SIDEWALKS; CONTAINING A SEVERABILITY PROVISION; AND SETTING AN EFFECTIVE

DATE. Effective date of this ordinance is five days after publication. A copy of the full text of this available ordinance is Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815. Published in The Cashmere Valley Record/ Leavenworth Echo on August.

Public Notices

18, 2021, # 2515.

CITY OF LEAVENWORTH

On the 10th day of August, 2021, the City Council of the City of Leavenworth, Washington passed following ordinance. summary of the contents provides as follows:

Ordance 1634: An ordinance of the City of Leavenworth, WA, concerning the Shoreline Master Program periodic review required by RCW 90.58.080(4).

A copy of the full text of the ordinances available at is Leavenworth City Hall or will be mailed to you upon your request to Chantell R. Steiner, Finance Director/ City Clerk, City of Leavenworth, PO Box Leavenworth, WA 98826.

Published in The Leavenworth Echo/ Cashmere Valley Record on August 18, 2021. #2514

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of **GRETCHEN S. STARR,**

Deceased. No. 21-4-00105-04 AMENDED PROBATE NOTICE TO CREDITORS RCW 11.40.030 named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be by any barred otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim

must be presented within the later (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under **RCW** 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: Wednesday, August 4, 2021 Personal Representative: Mary D. "Dolly" McClellan Attorney for the Personal Representative: Russell J. Speidel Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue.

Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 21-4-00105-04 MARY D. "DOLLY" McCLELLAN Personal Representative Attorneys Personal for Representative: SPEIDEL BENTSEN LLP By: RUSSELL J. SPEIDEL

WSBA No. 12838 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807

Echo/Cashmere Valley Record on

August 4,11, and 18, 2021. #2475.

The Leavenworth

Published in

Public Notices

Pursuant to RCW 35.21.157 and the contract between Waste Management and the City of Cashmere. Waste Management hereby provides notice to the public of rate changes for solid waste and recycling collection pursuant to the Solid Waste Collection Service agreement between Waste Management and the City of Cashmere. The Rate Adjustment will be effective October 1, 2021. More information concerning the 2021 Adjustment can be obtained by calling Waste Management at (877)466-4668 www.wmnorthwest.com/cashmere

/index.html Published in The Cashmere Valley Record/Leavenworth Echo on August 11, and 18,2021 #2291

Public Notices

SUPERIOR COURT OF WASHINGTON FOR KING COUNTY Estate of: TEDDY EUGENE FOX,

Deceased. NO. 21-4-05512-9 SEA PROBATE NOTICE TO CREDITORS RCW 11.40.030 The person named below has been appointed as Administrator of this Estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations. present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below, a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were

commenced. The claim must be presented within the later of: (i) thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (ii) four months after the date of first publication of this notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets. CORY FOX, Administrator

Court of Probate Proceedings and Cause No: See Caption Above Date of First Publication: August 18, 2021. Attorney for Administrator: MICHAEL P. JACOBS,

Riach Gese Jacobs, PLLC

7331 - 196th Street SW /

WSBA #22855

PO Box 1067 Lynnwood, Washington 98046-1067 Telephone (425) 776-3191 Published in The Leavenworth Echo/



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■ LETTERS TO THE EDITOR

Non-Partisan?

I've never written a letter to the editor before, so please bear with me. I recently received in the mail both the Secretary of States voter pamphlet and my ballot. Then I received something unexpected in the mail that I'd never seen before. It was a brochure put out by the "Democrats of North Central Washington" that endorsed certain candidates who were running for the school boards in the Leavenworth and Wenatchee area.

I always thought school board members were nonpartisan. Aren't schools, and their boards there to educate are children so they are equipped for college and employment in an increasingly complex and competitive society?

I was perplexed. To try and understand I called the telephone number listed in the brochure and left a message. A couple days later I received a return call in response to my query as to why the Democratic party is interested in a bland, non-partisan election. The speaker said the party was endorsing candidates who shared "their values". For a political party, "values" are synonymous with platform and positions. What values? Climate Change? Critical Race Theory? Affirmative Action? Defund the police? Social Justice? All or some of the above?

In order to really understand why someone does something a certain degree of empathy is necessary. That's empathy as in extrapolation i.e. putting yourself in another's shoes

In this case, despite a large influx of out-of-county residents moving in, the elected leaders of North central Washington are still nearly all Republicans. That must be very frustrating for the Democrats. However, the voting age is 18. By promoting their political agenda and positions in school they could align the party's message with school lessons. Viola, new Democrat voters, perhaps enough to elect some Democrat legislators, county commissioners and so on.

I have to admit this is clever. Some people really gave and are giving time, thought and money to this effort--and it is a tried and true tactic.

Mao (Red Guard), Stalin (Young Pioneers) and Hitler Youth are smiling in their graves; get 'em while they are young and impressionable,

that's the secret to power. Why, with a little luck in a few years, NCW will become a little Seattle, complete with rampant crime, unaffordable housing, unbearable traffic and homelessness. Whoever thought an off year, nonpartisan school board election could be so boring?

Mike Stanfield Leavenworth

Government vs Private pension plans

In response to my esteemed friend Alex Saliby's, letter 8-11-21 regarding my San county sheriff's Diego department retirement. Alex, you are again almost half right. My sheriff's retirement fund is not funded by tax dollars. It is privately funded by employee contributions and capitalistic investments, it is exempt from Social Security, contrary to your wrong opinion. I have seen the financial actuarials. You are right to say that the sheriff's department is wholly funded by tax dollars. I hope you can understand the difference. Socialism is a non sequitur here and is not applicable. You are the one who is confused between the governmental and the economy relationship, not me.

Now on to the more interesting debate about socialism and communism. I disagree with your very loose definition of socialism vs communism. I agree with editor Bill Forhan's recent opinion. I do agree with you that in our society a certain small level of socialism is necessary and good. It becomes a serious problem when unelected bureaucrats (the deep state) and elected officials on the power trip and the \$\$ team up to move from socialism to its more virulent form of communism. Our country is on the verge of doing just that now. I should have sharpened the different definitions of socialism and communism for you. Many of our constitutional rights are now in jeopardy as the Biden administration becomes more tyrannical and censoring free speech via their influence over social media. The democrats now control all of government, except the supreme court, due to their fantastic election theft which Trump won in a landslide. Solid evidence of the massive voter fraud is now being discovered. The Biden administration wants to pack the supreme court and add two new democrat states along with passing HR1

and SB1 which will solidify their political power forever, nullifying the effect of future elections. They want to control guns, instead of the criminals that misuse guns. Why? They are contemplating mandating the mRNA biological experimental agent to all Americans that is not approved by the FDA. Dr Mengele of Nazi Germany would be proud of this mandate. It is now being shown that the experimental mRNA shot is not safe or effective against this virus. All of this while Biden opened the southern border to all comers, almost two million immigrants to date, (from 161 countries to date) who are carrying this virus and many of its variants, the SARS2 Corona virus and many drugs in addition to human sex trafficking. Biden is transporting all of these covid infected illegal immigrants to cities all around America. Why? Biden is the criminal behind all of this! The Mexican drug human trafficking cartels are the only winners and Americans are the losers. Masks have zero effect on the spread of the virus, they only show fealty to the dictator who orders them. The massive illegal immigration on our southern border is a foreign invasion and is a national security and humanitarian disaster that we will never recover from. Biden has done this illegally and deliberately to cultivate new democrat voters. Biden and his drug addicted son Hunter are in the pocket of and on the \$\$ take of the communist Chinese. Joe Biden is the head of a crime family. Biden is

violating all the immigration

laws as his "injustice

department " is complicit.

President Trump had that border secured. Trump made us energy independent, Biden has reversed that. Prices for everything (inflation) is going way up as a result. There are terrible crime waves in many of our cities run by democrats and the democrats are defunding the police. Go figure.

Alex, I am not misinformed like you claim, I am better informed than you because you have your narrow mind all made up and all closed down. I am a conservative born again Christian with a love for Israel and the Jewish people. Several years ago at Fred Meyer you told me of your hatred of Israel and the Jewish people. My wife was born full Jewish and she is Christian by choice. You never did explain why you hate the Jews and Israel.

I know the difference capitalism, between communism and socialism, unlike you. I know the mega damage that unrestrained socialism that morphs into communism has brought horrible tyranny on the human race. Look at CCP China, Iran, North Korea, Venezuela, Nicaragua, Cuba, Russia, and most Muslim countries and all other totalitarian dictatorships to see the failure of totalitarian socialism aka communism, fascism, Islam. Do you realize a pattern here? Socialism aka communism has never worked whenever it is tried! Capitalism and a constitutional republic with respect for God given constitutional rights is what has made America great, even though we are imperfect. America bless God again!

God Bless. **Bill Cowles**

Peshastin



Wellness place implements new gala safety measures for Sept. 18 event

WENATCHEE

-The Wellness Place Board of Directors is announcing new safety measures for their upcoming "8th Annual Gala Auction", hosted on Saturday, September 18 at the Wenatchee Convention Center.

"Our commitment to health and wellness has never been more relevant than it is today, and we remain steadfast in keeping our community safe and healthy. Due to the increase in COVID-19 cases in our region, you can be certain that we will work hard to keep our communities as safe as possible by implementing the following plans for our upcoming important fundraising event," said Julie Lindholm, Executive Director

- We will require masks to be worn when not seated at the table. We will award fun prizes during the evening for "Best and Most Creative Decorated Masks!
- We request unvaccinated individuals, and those with symptoms, refrain from attending the event.
- · We have substantially decreased the room capacity from 600 guests to only 240, to help ensure adequate space. Be sure to get your tickets before they sell out!
- We have changed each table to accommodate 6 guests (instead of the normal 10)
- · We will have individual sealed bags including silverware, cloth napkin, drinking glass, water bottle, hand sanitizer and tissues at each place setting
- · We will have your covered plated dinner delivered right to your place setting by the

Convention Center waitstaff We have designed a program to avoid lines and enhance social distancing, including alleviating the checkin/check-out table. Registered guests will be sent an invitation to check-in online. We will then send an email with the table assignment and bid packets will be waiting at their seat. Winning bidders will be emailed an invoice for online

· We have changed the inperson silent auction items to an online auction opening at 8 a.m. on Monday, September 12 and closing at 10 p.m. on Friday, September 17.

payment for easy check-out.

The Gala will still include the live auction with local auctioneer Cody Hodge, and packages include skydiving, outdoor adventures, intimate dinner experiences, golf trips, unique bottles of wine, Lake Chelan sailing excursion, a trip on the Kentucky Bourbon Trail, and more!

Tickets are \$75 per person or \$140 per couple (sharing same bid#) and are available online at www.wellnessplacegala.org or by calling 509-888-9933.

Wellness Place is a 501(c)3 nonprofit organization and our mission is to give $compassion at e\, support\, and$ FREE resources to individuals, their families and caregivers through their cancer journey, from diagnosis to survivorship, for all residents in Chelan, Douglas, Grant and Okanogan counties, regardless of age or income. No One Fights Alone. For more information visit www.wellness place we natchee.









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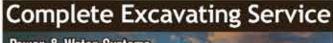
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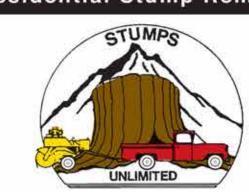
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Das Thrift Haus is opening its doors. We will also be taking clothing and household at the sorting center again. Kindly bring donations to our sorting center.



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