



Career and Technical Education Building Ribbon Cutting



PHOTO BY KIRK BECKENDORF
Principal Elia Ala'ilima-Daley welcomes guests to the Career and Technical Education Building dedication program.



PHOTO BY TRACEY BECKENDORF
Teacher David Harvill shows his shop to guests Tom Wachholder and Kirk Beckendorf.

BY CYNDI GARZA AND TRACEY BECKENDORF-EDOU

On August 19, 2021, Cascade School District (CSD) held a ribbon cutting for the renovated Career and Technical Education (CTE) building that is located on the Cascade High School (CHS) campus. CTE has grown over the past several years. The list of courses of study just keeps growing. There is something for every child, the one who wants to go to college, the one who doesn't, the one who wants to learn a trade, the one who wants to be an entrepreneur, and the one who wants to be an artist. The renovation of this building will service the district for many years. It can now accommodate students in 7th and 8th grade as well as those in high school. It is important to have facilities that are efficient, spacious and conducive to learning. This building is certainly those things.

The courses to be taught in the renovated building include middle school pre-engineering and robotics, as well as high school engineering design (CAD), robotics and materials engineering (woods and metals). Attendees included Representative Keith Goehner and his wife Lisa, Mayor Carl Florea, North Central Educational Service District (NCESD) superintendent Dr. Michelle Price, NCESD assistant superintendent Dr. Linda McKay, NCESD Career Connected Learning Specialist Tami McBride, past school superintendents Bill Motsenbocker and Howard Cook, school board chair Trey Ising, school board members Cyndi Garza, Zachary Miller and Cindy Puckett, City of Leavenworth Public Works Director Tom Wachholder, project manager Linda Colasurdo, and many other supporters. CSD staff in attendance included Superintendent Dr. Tracey Beckendorf-Edou, CSD

Executive Director of Finance and Operations Dwight Remick, Facilities Supervisor Teresa Disher, CHS Principal Elia Ala'ilima-Daley, CHS Vice Principal Rudy Joya, Special Education Director Brett Johnson, IRMS Principal James Swanson, PD Principal Emily Ross, CTE Director and teacher Kirk Sunitsch, teacher David Harvill, maintenance specialist Andrew Disher, Executive Secretary Julie Winters, and Administrative Assistant Maren Cagle. The renovation of the CTE building was due to dedicated work and elbow grease by David Harvill, Kirk Sunitsch, Teresa Disher, Andrew Disher, Jason O'Brien, Maren Cagle, Lydig Construction, Brian Kromm, Linda Colasurdo, John Henry, Dwight Remick, and others. A very wise man wrote a note recently and he hit the nail on the head. He said, "The winners will be our students." Thank you, Mr. Stroup. The winners will be

our students, and then, by extension, all of us as they grow and learn and thrive.



PHOTO BY KIRK BECKENDORF
Student Deisy Medina Regalado and Teacher David Harvill cut the ribbon for the renovated Career and Technical Education building at Cascade High School.

New Arts program funded by the Icicle Fund at Cascade Elementary Schools



Lore Smart

SUBMITTED PHOTO.



Amber Zimmerman

SUBMITTED PHOTO.

Thanks to a grant from Icicle Fund, Methow Arts will implement the Youth Arts Initiative program (YAI) this fall for students in grades K-5 in the Cascade School District, which serves Leavenworth, Plain, and the Peshastin-Dryden area. The initiative is a three-year pilot grant that has a goal of increasing the dosage of high quality arts education. The program focuses specifically on sequential art learning in the principles and elements of art for early grade levels, establishing a foundation in the arts for later years.

The YAI program is aligned with Washington State Arts Learning Standards and mirrors one that was developed in the Methow Valley and Omak School Districts in 2019, serving more than 900 students in grades K-3. The YAI program was discontinued in Omak due to funding concerns but will begin its third year in the Methow Valley in fall 2021, serving all enrolled Methow Valley K-6 students.

"Cascade School District recently completed the development of a strategic framework, in which Artful Creativity was identified as a core value. We are excited to announce a partnership with the Methow Arts Alliance in order to help align our actions as a district with our core values," says Cascade School District superintendent Tracey Beckendorf-Edou. "We are especially excited to work with the Methow Arts Alliance in that they have experience providing quality elementary arts instruction."

Like Methow Valley Elementary, the two elementary schools in Cascade School District— Peshastin-Dryden Elementary and

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ICICLE FUND
ARTS, HISTORY & ENVIRONMENT

City Of Leavenworth Cancels All-City Block Party

CHRISTIE VOOS

Communications Analyst
City of Leavenworth

The City of Leavenworth has officially canceled the All-City Block Party & City Council Social, set to take place on Thursday, August 26, 2021.

The event was meant to be a bright spot for the community after a year and a half of social distancing and pandemic living. However, because the Delta variant is more contagious, can be spread by those vaccinated and unvaccinated, and because many of the attendees would be children unable to

get the vaccine, the decision was made to cancel the event for the safety of our community.

"Due to the Delta variant, it is prudent that we once again cancel our fun summer event. I am sorry to be the bearer of bad news, but safety is one of the clearest mandates I have as Mayor, and I will

always err on the side of caution," said Mayor Florea in a recent email, continuing "and even though this event would be outdoors, it would draw too big a crowd to guarantee social distancing."

The City of Leavenworth is committed to the safety of our residents and visitors.

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

Inside The ECHO this week

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News from the Chelan-Douglas Health District (CDHD)

Delta Variant Increasing Cases and Hospitalizations

The Delta variant of SARS-CoV-2 was first detected in the United States in March 2021. Due to its highly infectious nature, the Delta variant spreads faster and quicker than prior strains. An increase in the number of cases will put more strain on healthcare resources, lead to more hospitalizations and potentially more deaths.

As of July 27, a total of 17 residents are currently hospitalized with COVID-19. Local cases in the last 14 days have increased from 120 cases to 170 cases per 100,000 population.

CDHD recommends that people continue to wear a mask and socially distance indoors, regardless of vaccination status. Unvaccinated individuals are encouraged to avoid public settings as much as possible and seek safer alternatives like order take-out, exercise outdoors and work from home.

In addition, CDHD asks that residents limit activities that can potentially expose you or your family to COVID-19 and its variants. For example, avoid large gatherings and postpone travel. If you are unvaccinated and exposed to someone with COVID-19, please follow the standard guidance: isolate at home, monitor your symptoms, get tested and quarantine if

necessary.

Lifeline Ambulance continues to offer COVID-19 testing from 7 a.m. to 2 p.m. Monday through Friday at 230 Grant Rd. in East Wenatchee. You can pre-register by calling 509-663-4602.

If you have symptoms of COVID-19, please call the Confluence triage line at 509-663-8711 option 1, before seeking treatment at Central Washington Hospital or Confluence's healthcare clinics.

Please be cautious of personal choices as we work in partnership with local healthcare organizations to help keep you, your family and communities safe.

Harmful Algae Blooms Found in Washington Lakes and Rivers

Washington State Department of Health is advising the public to take precautions during water recreation. Harmful algae blooms have been found in some Washington lakes and rivers this summer.

Fresh water algae blooms caused by cyanobacteria are most common in lakes but can occur in rivers and streams where the water is warm, slow moving and stagnant. The extreme heat this summer and lower than normal water levels can create an ideal environment for cyanobacteria to grow.

Toxicity from the algae blooms can vary from day-to-day and it is not possible to tell how dangerous the bloom is by simply looking at it. Only testing can determine whether or not the bloom is dangerous.

Please take the following precautions when choosing a body of water for recreation:

- Look for signs of algae blooms and pay attention to signage. When in doubt, stay out!

- Do not swim in and limit exposure to water that is under a health advisory or is listed as having a toxic algae bloom on the Washington State Department of Ecology toxic algae tracking site.

- Individuals who swim or play in lakes, rivers and streams should shower with soap and water when done.

- Contact a health care provider immediately if you become ill or have symptoms after a suspected exposure to an algae bloom.

Educator Vaccination Requirement and Statewide Indoor Mask Mandate

On Wednesday, August 18, Gov. Jay Inslee announced a statewide indoor mask mandate and a new vaccination requirement for all employees working in K-12, most childcare and early learning, and higher education.

- Masking Mandate – Universal indoor masking

took effect Monday, August 23. The indoor mask mandate is an interim solution to the surge in COVID-19 cases and there are limited exceptions when face coverings will not be required.

- CDHD is working with local fire districts to set up mask distribution sites. As of this communication, masks are available at Chelan Co. Fire

District No. 3 (228 Chumstick Hwy in Leavenworth) and Chelan Co. Fire District No. 7 (232 E. Wapato Ave in Chelan). Please visit www.cdhd.wa.gov for future mask site locations.

- Vaccine Requirement – All employees working in our state's public and private K-12 schools will need to be fully vaccinated against COVID-19 by October 18. The Governor's

order allows employees to obtain a medical or religious exemption if needed.

- Individuals seeking a COVID-19 vaccine can visit www.cdhd.wa.gov for vaccine clinics in Chelan and Douglas counties. Vaccination continues to be the main form of defense against COVID-19 and its variants.

Stay healthy, stay safe!



PHOTO BY JOHN RESSLER

The Autumn Leaf Association's mini-float won a first place award in the Omak Parade on August 14. This is the first parade our Royal Lady of the Autumn Leaves, Penny Carpenter has been able to welcome people to Leavenworth because of the COVID restrictions. Driving the float with Carpenter is John Fishburne. Walking on the left is Peggy Dickinson.

Focus on Local Business

Argonaut Coffee and Biscuits Opens



SUBMITTED PHOTO.

The staff at Argo are: Back row from left: Annie, Noah, Malerie and Perry Middle row from left: Charlie, Lindsey, Lily, Danielle and Karina Front row from left: Alaina, Jazmyn and Liza

ERIN MULLINS

Reporter

The owners of Argo Bar, formerly known as Argonaut Espresso Bar, have opened a new location. Argonaut Coffee and Biscuits is located at 220 US-2. The new business is open seven days a week from 7 a.m. to 4 p.m. and serves espresso, pastries, and breakfast food.

Breakfast and food options have moved from Argo Bar to Argonaut Coffee and Biscuits. Argo Bar will still serve coffee and cookies. There was not enough space to meet the demand for food items at Argo Bar, said Lindsey Dahlstrom, owner of the two Argonaut locations.

"We're doing everything out of an 80 square foot box and you're selling a lot of breakfast items. And we couldn't keep up with what we were doing so we needed more space," she said.

Noah Dahlstrom, co-owner of the two Argonaut locations, said that town has been so busy during the last year or two. With downtown being closed to cars that a lot of people didn't want to go down to Front Street into "the madness."

With no parking on Front Street, it was harder to get to Argo Bar and the local crowd was missing, said Lindsey Dahlstrom. During the pandemic, she said that the first couple of months were uncertain for Argo Bar, but then the business was busier than ever before. The new location is adjacent to the Department of Transportation parking lot, so there is a lot of available parking.

People were looking for something fast, she said, instead of sitting down for breakfast. Demand at Argo Bar went up and that demand doesn't seem to be going away anytime soon. That made the decision to open a second coffee location feel less uncertain. This isn't the Dahlstroms' first time opening a second location.

Noah and Lindsey Dahlstrom used to own Argonaut Kitchen,

a sandwich shop with free-range and locally sourced ingredients, but decided to close that location. The shop cooked up sandwiches like the infamous Tokyo Roadhouse, a fried chicken sandwich served on a baguette.

Argonaut Kitchen was profitable and successful, but there was a need for life balance, Noah Dahlstrom said. The sandwich shop was very different from the coffee shop and required a large amount of inventory. So the Dahlstroms just decided to focus on the coffee side of things and reorganize their businesses so they had more time for their family, going outside, and their other priorities.

"At some point I want to make fried chicken again. I don't know when it will be," Noah Dahlstrom said.

Even though Argonaut Kitchen is closed permanently, the Dahlstroms are still busy managing two businesses now that Argonaut Coffee and Biscuits has opened. Their employees help to lighten the load, Danielle is managing the two locations, Lindsey Dahlstrom said. Consolidating food operations to one place has also made running two businesses manageable.

Lindsey Dahlstrom said that she loves all of her employees and is excited about the team that she has to start working in the new space. She said that all her employees have a good attitude and work ethic and she is encouraged by the quality of people they have found to work.

Opening day for Argonaut Coffee and Biscuits was Friday, August 6. Opening day went well, Lindsey Dahlstrom said. "It was really encouraging. A lot of people came out to see and be here for opening day," she said.

The opening was a soft opening, Noah Dahlstrom said. The Dahlstroms aren't trying to advertise anywhere because they are working out the little kinks in running their new business as well as finishing up opening touches. The patio is

still being built and other parts of the business are being put together.

Argonaut Coffee and Biscuits is in the front of the Syndicate Smith architecture office building. Noah Dahlstrom said the idea to open a second location at Argonaut Coffee and Biscuits came up in November and December.

Todd Smith, owner of Syndicate Smith architecture, did the basic plans and built a wall between the architecture offices and the to-be coffee shop in the spring. The finishing work has been done in the past two months, Noah Dahlstrom said.

However, the Dahlstroms knew last year that they couldn't make as many biscuits and breakfast sandwiches as people wanted at Argo Bar early last year. Argo Bar only has one small oven. The staff could only make biscuits that they were going to sell that day, that morning.

Once they were open, Noah Dahlstrom said, they couldn't make any more biscuits because they needed the oven to heat up food. But at their new location, they can put in more batches into the oven throughout the day as they sell out. The expanded kitchen makes it a lot easier to handle customers' demands for food.

When asked what motivated him as a business owner to keep growing and expanding, Noah Dahlstrom said that he and Lindsey just make what they wish existed in the market.

"I think we just make the things that we like, for better or worse," he said. "I don't know if that's a good business model or not but that's kind of, I think part of that. And then we, you know, we also listen to the community."

When Argo Bar originally opened, it only sold cookies and coffee. Later, they decided to make savory breakfast sandwiches based on feedback from customers. Now, a second location called Argonaut Coffee and Biscuits seems to be what people want.

Icicle Fund

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Alpine Lakes Elementary—currently have no designated art teacher for the students who will be reached through this grant. For decades, the Cascade School District has relied on volunteers to provide arts education at the elementary level; this grant will extend the depth and breadth of arts learning available to students.

Lore Smart will instruct the YAI program at Peshastin-Dryden Elementary. An artist who is currently earning her Master's degree and teaching certification at Central Washington University, Lore says that art class "is where magic happens and the world becomes anything you want it to be." Lore has volunteered as an art enrichment teacher and art docent in the Cashmere School District, been involved in theater arts, and worked as a paraprofessional in both Cashmere and Cascade school districts. A mother of four, Lore is excited to share her passion and love of art with Peshastin-Dryden students.

Amber Zimmerman will instruct the YAI program at Alpine Lakes Elementary. Art is a way of life for Amber and her family. A fourth-generation artist, Amber earned her Bachelor's degree in Environmental Art from Evergreen State College. Amber has taught art extensively in the Cascade School District,

developing and delivering both the KART and LEAAP (Leavenworth Elementary Art Appreciation Project) programs in K-2 and K-5 respectively. She is active in the Leavenworth arts community, participates in gallery exhibits, and teaches community art classes for students and adults. She has participated in Washington State's Teaching Artist Training Lab (TAT Lab) and Icicle Fund's Conservation, History, and Art (CHA) residency. A mother of two, Amber refers to art as "the great problem-solver" and looks forward to helping students explore visual arts in a strategic, sequential way.

Implementation of the YAI program utilizes Okanogan County data from the 2017 Youth Arts Opportunities Study funded by Icicle Fund, which identified gaps and opportunities, as well as barriers and supporters of youth arts education in Okanogan County. Additional data emphasizing need for this grant is derived from Methow Arts Alliance's evaluation, which collects quantitative and qualitative data annually from school districts across Okanogan County.

This project is a program of Methow Arts Alliance. Established in 1983, Methow Arts Alliance is a non-profit organization based in Twisp, WA. Methow Arts operates through an array of programs in Arts Education, Promotion of the Arts, Leadership,

Public Art and a year-round performance series for schools and its community. They are also the administrators of the Twisp Creative District certified by Washington State Art Commission. Methow Arts' mission is to enrich the lives of people in Okanogan County by making the arts an integral and dynamic part of public school education, economic vitality and community.

Thank you to Icicle Fund for supporting the Youth Arts Initiative project through a three-year pilot project grant. In 1998, the Icicle Fund was established by Harriet Bullitt and has since supported more than 100 non-profit organizations with \$45 million dollars. The Fund values projects and initiatives that foster a collaborative atmosphere, connect people to place, and are aligned with the Icicle Fund mission to support art, environment and history in North Central Washington. The Fund believes that strong connections to the land and the communities in which we live are nurtured through artistic expression and imagination, an understanding of our past, and experience in and love for our natural landscapes and wildlife. In 2019, Bullitt gifted her ownership of Sleeping Lady Mountain Resort to the Icicle Fund. As locals and guests visit Sleeping Lady, the Fund will be able to award even more grants to community organizations.

12th District Reps. Goehner and Steele issue statement on governor's education mandates

On Wednesday, Gov. Jay Inslee announced a vaccination requirement for employees working in K-12, most childcare and early learning, and higher education, as well as an expansion of the statewide mask mandate to all individuals, regardless of vaccination status.

12th District State Reps. Keith Goehner, R-Dryden, and Mike Steele, R-Chelan, issued the following statement on the governor's mandate:

"We do not believe the governor has the authority to enforce these mandates, but we are in uncharted territory as there does not appear to be case law that sets a precedent allowing the executive branch of government to dictate these

requirements.

"The governor's actions have put our school districts in a very difficult position - terminate staff and lose state or federal funding if they are out of compliance. It is also taking away the focus of where it should be - providing a strong framework within the classroom for our students. We cannot afford another year of students not getting in-person education. However, with the latest orders, that is what we are facing if school districts are losing teachers, staff and critical funds. It should be noted, our teachers, staff and students did a phenomenal job last year as many schools returned to in-person learning without an outbreak, before the vaccine was available.

"Allowing our school districts and their administrators more local control could lead to a more collaborative and inclusive approach to these decisions.

"The governor continues to leave legislators from across the state out of the decision-making process, as we operate under 'emergency' orders with some of the most extreme mandates in the country in place. Our state government was designed so there is a balance of power between the executive and legislative branches of government and

there has been no balance since the pandemic began.

"Over the last year, we have tried numerous times to address the emergency powers situation, as well as high profile issues such as COVID-19 funding, state agency security breaches, students returning to school in a more timely manner, police reforms, poor long-term care, tax policy and more.

"Letters have been written, bills have been dropped and many calls have been made for a special session to request some type of governmental balance during the pandemic. It is time to let lawmakers have a role in this process - that is what we are elected to do.

"Once again, a special session ending the emergency would allow legislators from both parties in the 49 districts a seat at the table and the ability to work with other local officials and constituents to address the difficult issues we are facing, specifically the education mandates.

"It is important those with concerns, comments or questions also contact the governor's office and the Office of Superintendent Public Instruction, so they are fully aware of what is on the minds of the thousands of citizens in the 12th District who have contacted us."



FILE PHOTO.

Keith Goehner

Neighbors

Pray for Afghanistan



A WALK WITH PASTOR
John Smith

My heart breaks for the situation that is unfolding in Afghanistan. Hundreds of thousands of people are suffering and will continue to suffer under the Taliban regime. Although, I agree with most, that having an indefinite presence in the region is not what is best for America and that we should have an incremental troop withdrawal, however, what has transpired is appallingly irresponsible, has destabilized the region, and put untold lives in jeopardy.

Despite all that, there are the Christians, many of whom were converted out of Islam who have pledged to stay and give their lives for Christ if necessary.

As we speak, the Taliban has issued a warning that all Christians will be found, tortured, and executed and already, Afghan Christians, pastors, and missionaries have been martyred for their faith with many more soon to follow.

It's important that for the Christian, this isn't just a humanitarian crisis that we

are concerned about. Our grief and concern are much deeper. Those who are being tortured and brutally executed are our brothers and sisters—those who have been adopted into God's family. Although we are Americans and our culture is vastly different than theirs, what unites us is that we have the same Father and the same confession that Christ is Lord. Additionally, they are members of the global body of Christ and as the Scripture teaches, "if one member suffers, all suffer together." (1 Cor. 12:26).

Reflecting on what is happening to Christians at the hands of the Taliban, I am reminded that Christ takes everything that is done to the Church very personally. In Acts 9, we are introduced to Saul, a religious zealot who was bent on eradicating Christians off the face of the earth. After the martyrdom of Stephen, Saul makes his way to Damascus to continue his murderous assault on the followers of Jesus. Suddenly, he is interrupted. He is surrounded by a brilliant light, struck to the ground, and hears a voice saying, "Saul, Saul, why are you persecuting me...I am Jesus, whom you are persecuting." (Acts 9:4,5). What is interesting to note is that Saul wasn't around when Scribes and Pharisees persecuted and crucified



Christ. At this moment, Jesus has already died, was buried, rose again, and ascended into heaven, yet Christ says that he is being persecuted by Saul. Why? Because everyone who identifies with Christ, in turn, Christ identifies with them. When a Christian suffers, Jesus does not remain unfeeling but enjoins himself in that suffering.

There is also a bit of an underlying threat to Jesus' words given to Saul. When Saul hears the voice, Saul immediately recognizes the authority of the one speaking to him (Acts. 9:5). Moreover, when Christ gives the command to go into the city and speak, Saul obeys without question. From this, we can conclude that Saul trembled at the realization of what he was doing. Here he was, persecuting and murdering the subjects of the King and now the King has come to deal with Saul. The Taliban should be aware that every drop of a Christian's blood they shed will only add to the wrath of the King, and vengeance is his (Rom. 12:19).

As Christians, we can take comfort in not only the

compassion of Christ but also his justice against those who do wrong to his Church. While we sit watching, praying, and weeping for what is happening to our Afghan brothers and sisters, we can also glean from their example of faithfulness. It was stated earlier, that Afghan Christians have remained in Afghanistan to continue to gather, worship, and preach Christ and him crucified knowing full well that will cost them their life. In other words, they risk their life gathering to worship but in the West, we have the opposite, choosing safety over faithfulness.

Pray for Afghanistan and may their example convict us and strengthen the American Church. They are the ones of whom the Bible says in Hebrews 11:38, "...the world was not worthy." Yes, the tragedy in Afghanistan is heartbreaking and angering, but those who are killed for Christ, have become the conquerors and have overcome the world and the Devil by the blood of the Lamb and the word of their testimony (Rev. 12:11).

I pray that we will join with our brothers and sisters and love not our lives, even unto death.

Pastor John Smith of Evergreen Baptist Church in Cashmere can be reached at pastorjohnsmith@ebc.com.

All-new Discovery Center is opening a little early

Guests are welcome to tour starting Aug. 25; community celebration is postponed

SUBMITTED BY RACHEL HANSEN

Chelan PUD
WENATCHEE, WA – The wait to see Chelan County PUD's all-new Discovery Center at Rocky Reach Dam will be a little shorter.

The center and Rocky Reach Park will reopen to the public at noon on Aug. 25.

However, the celebration that was planned in the park for Aug. 28 will be postponed due to safety concerns as the number of COVID-19 cases spike.

"We're thrilled to be able to welcome guests back to the completely remodeled Discovery Center," said Visitor Services Manager Debbie Gallaher. "While the celebration will be delayed, the reopening actually will be sooner."

"The staff and I can't wait to share the amazing new display areas and exhibits with the community!"

The Discovery Center is taking all precautions to safely welcome guests back to the center starting Aug. 25. Gallaher said safety plans include cleaning throughout the day and hand sanitizing stations. Masks are required for guests visiting the

Discovery Center. Staff also will wear masks.

For the first Saturday of operations, guests will need to reserve a time for a 90-minute visit at the Discovery Center. Email discoverycenter@chelanpud.org to request a tour time. No reservations are required for any other day.

"We want to make sure people feel safe visiting us to enjoy all the wonderful new ways to learn about hydropower," Gallaher said.

The Discovery Center will operate 9:30 a.m. to 5 p.m., Tuesday through Saturday, year-round. Visiting the park and center is free, offered by Chelan County PUD as another benefit of public power.

It's been nearly two years since the community said farewell to the beloved former museum and center. Since then remodeling has created about one-third more display space including outside exhibits sheltered under an extended roof and a second-floor deck with great views of the Columbia River.

There are four floors to explore, offering opportunities to experience something new every time you visit, Gallaher said.

The Discovery Center is located at 5000 State Hwy 97A (509) 661-4960

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Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.
Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.
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<p>CASHMERE CASHMERE BAPTIST CHURCH 103 Aplets Way • 782-2869 Worship 9 a.m. Bible Study, Wed., 6:30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church</p> <p>CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org</p> <p>CASHMERE UNITED METHODIST CHURCH 213 S. Division • 782-3811 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana</p> <p>CHRIST CENTER Cashmere Assembly of God: 509-782-2825 Worship Service Sundays 10:00 a.m., in-person, Conservatory @ Apple Annie's and on-line, christcenter@cashmere.com Underground High School Sundays 6:00 p.m., In-person, Conservatory Middle School Youth Thursdays 7-8:30 p.m., In-person, Conservatory Lead Pastor, Steve Haney Children's Pastor, Andy Robinson Congregational Care Pastor, Joyce Williams High School Director, Kelsie Folden Community Outreach, Steffanie Haney</p>	<p>GRACE LUTHERAN CHURCH Morning Prayer or Holy Eucharist. Join us at 10:00 a.m. on Sundays. Contact Pastor Rob Gohl 509-860-0736 for more information.</p> <p>ST. JAMES EPISCOPAL CHURCH Morning Prayer or Holy Eucharist. 9 a.m. on Sundays. Contact Pastor Rob Gohl, 509-860-0736 or Deacon Carol, 670-1723 for more information.</p> <p>EVERGREEN BAPTIST CHURCH 5837 Evergreen Drive • 782-1662 Sunday School - 9:45 a.m. Morning Worship - 11 a.m. Evening Service - 6 p.m. Pastor John Smith www.christforcashmere.org</p> <p>DRYDEN DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m. Pastor Steve Bergland</p> <p>MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalleybaptist.org</p> <p>LEAVENWORTH CASCADE MOUNTAIN BIBLE CHURCH 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service Office: 509-548-4331</p>	<p>CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.</p> <p>CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 548-7667 Meetings: Sunday - 10 a.m.</p> <p>FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org</p> <p>FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509-470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com</p> <p>LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby www.LCN.org</p>	<p>SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 860-3997 SPIRIT LIFE CENTER 210 Benton Street • 548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza</p> <p>MONITOR MONITOR UNITED METHODIST CHURCH 3799 Fairview Canyon • 782-2601 Virtual Zoom Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana</p> <p>PESHASTIN LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 548-7517 Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org</p> <p>NEW LIFE FOURSQUARE CHURCH 7591 Hwy. 97 • 548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com</p> <p>PLAIN PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org</p>
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COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email those to classifieds@leavenworthecho.com or NCWMARKET.COM
- For more info call: Leavenworth: 509-548-5286, Cashmere: 509-782-3781
- Email to: editor@leavenworthecho.com or reporter@leavenworthecho.com

THE LEAVENWORTH ECHO

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com and BillF@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates on the Covid-19 regulations.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Alanon Meetings, call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

COMMUNITY CALENDAR

Wednesday
Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.
Leavenworth Rotary Club, Zoom meetings, noon. For more info. call President Joel Walinski, jtwalinski@gmail.com

Thursday
Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. email President Anita Wilkie at wilkieam2015@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday
Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us

Monday
Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri (509)393-8271 for more information.
Young Life Club, 6:30 p.m. All high school age students welcome. T.J. Kaapuni, 509-679-3247. (2nd & 4th Mon.)
Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).
Leavenworth Mosquito District Board Meeting 7 p.m. via ZOOM link posted at leavenworthmosquitodistrict.com Contact: Jenny Mullins, 548-5904. (1st & 3rd Mon.)

Tuesday
Peshastin Water District, 5:30 p.m. Meeting now in the Park behind Peshastin Library. Contact Steve Keene, 548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Sept., 8 a.m. Future months at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 782-2561 or tony.iid.pid@nwi.net, (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.).

NCW Libraries
Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 548-7923 or online Leavenworth@ncwlibraries.org
Open Mondays, Tuesdays, and Saturdays. 10 a.m. to 2 p.m., Wednesdays and Thursdays, 10 a.m.-7 p.m., Fridays, 3 p.m.- 7 p.m., and Saturday 10 a.m.-2 p.m.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 548-7821 or Peshastin@ncwlibraries.org
Open Tuesdays and Wednesdays 10-2 p.m. and 3-7 p.m., and Saturday 10 a.m.-2 p.m.

Other events
The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Friday-Sunday, 11 a.m.- 4 p.m. Please check our Facebook page or our website at www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 548-5286. Otherwise we are not responsible for any misinformation.

Leavenworth

Historical Walking Tour of Leavenworth

The Upper Valley Museum Guided Walk on Saturday August 28 will be the Leavenworth Town History Tour. We will meet at the Lions Club Park by the swimming pool at 10 a.m. There will be a donation of \$5. We encourage everyone to take part and wear good walking shoes. Find out what the town was like in the 1950s. For more information call 548 0728.

The Chumstick Wildfire Stewardship Coalition

Fire Meeting and Workshop #2 will be on Friday, August 27. 6 p.m., at Snowgrass Farm, 18287 Little Chumstick Creek Road, https://www.snowgrassfarm.com/

Read, Have Fun, and Win Prizes!

We're heading into our last month of Summer Library Program and there is still plenty of time for you to get in the running for several great

prizes. All of our libraries are offering gift cards from local businesses as drawing prizes. Book sets and other prizes will be given away in drawings for our online reading program. You won't want to miss out on all the fun challenges, book bingo, virtual programs, craft kits, and more that are part of this summer's program. Our Summer Library Program has something to offer for all ages. Just head to ncwlibraries.org/slp for all the details. And don't forget to register for our Beanstack summer reading challenge to track your reading, earn badges, and be entered to win prizes!

Sheriff/Fire/EMS
The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

August 13	August 16	August 18
12:47 Animal Problem, 9003 Motel Rd., Dryden.	07:24 Property, 932 Front St., Starbucks.	14:53 Water Rescue, Icicle Rd. MP 6.
13:00 Assist Public, 9501 Jeske Rd., Peshastin.	11:04 Alarm, 118 Commercial St.	15:17 Search and Rescue, Snow Lakes.
14:00 Civil, 11566 River Bend Dr.	12:24 Accident No Injury, 8620 Dryden Frontage Rd., Dryden.	16:15 Property, 707 US Hwy. 2 #C, Whistlepunk.
17:43 Civil, 15251 US Hwy 2.	14:52 Traffic Offense US Hwy. 2 and Chumstick Hwy.	16:38 Attempt to Locate/Contact, Upper Snow Lakes.
17:48 Domestic Disturbance, 9301 Derby Canyon Rd., #B, Peshastin.	17:31 Assist Public, 9933 School St., Peshastin.	17:14 Water Rescue, Red Bridge.
21:19 Assist Agency US Hwy 2 MP 105 E.B., Dryden.	17:38 Disturbance, 217 8th St #B1, Renaissance Café.	17:24 Hazard, Chiwawa Loop Rd. MP 7.
23:50 Assist Agency, 22494 Chiwawa Loop Rd.		20:27 Welfare Check, 700 US Hwy 2.
August 14	August 17	August 19
08:45 Suspicious, 127 Shales Ln.	00:11 Civil, 3284 Hansel Ln., Peshastin.	00:28 Suspicious, 405 US Hwy. 2, Howard Johnson.
09:19 Accident No Injury, 116 River Bend Dr.	04:58 Assist Agency, Peshastin.	01:15 Trespass, 221 8th St., Ducks & Drakes.
10:56 Parking/Abandon, 9501 Jeske Rd.	10:05 Parking/Abandon, 12069 Chumstick Hwy.	02:17 Sex Offense, Deadman Hill Rd., Dryden.
11:26 Attempt to Locate/Contact, Dirty Face Mountain Trail.	11:20 Search and Rescue, Icicle Rd MP 18.	07:23 Parking/Abandon, Eagle Creek Rd. and Chumstick.
12:00 Accident No Injury 185 US Hwy. 2.	12:43 Parking/Abandon, Pine and Orchard Streets.	07:48 Parking/Abandon, 13528 Chumstick Hwy.
12:05 Domestic Disturbance, 9838 School St., Peshastin.	13:25 Assist Agency, US Hwy 97 MP 170, Peshastin.	09:11 Suspicious Activity, 131 Shales Ln., Lake Wenatchee.
14:40 Property, Leavenworth.	14:40 Assist Public, 3375 Allen Ln., Peshastin.	09:46 Parking/Abandon, Peshastin Bridge
17:10 Traffic Offense, US Hwy. 2 and 9th St.	14:49 Parking/Abandon, 11500 Blk. River Bend Dr.	11:24 Harassment/Threat, 8000 Icicle Rd.
18:40 Theft, 820 Front St., Gazebo Park.	19:23 Traffic Offense, 10100 Blk. Chumstick Hwy.	12:36 Accident No Injury, Front St. and US Hwy. 2.
20:10 Disturbance, 100 Ward Strasse #A107.	19:28 Juvenile Problem, Blackbird Island.	12:39 Accident No Injury, Chumstick Hwy. and US Hwy. 2.
19:07 Drugs, 11645 North Rd., Amtrak.	20:17 Theft, 820 Front St., Gazebo Park.	14:45 Domestic Disturbance, 617 Front St. #1B.
20:25 Miscellaneous, 10174 Main St., Peshastin.	20:33 Harassment/Threat, Bridge Creek.	15:18 Extra Patrol, River Bend Dr. and US Hwy. 2.
20:34 Suspicious, 917 Commercial St.	21:57 Suspicious, 16412 Chumstick Hwy.	16:38 Assist Public, 22744 Lake Wenatchee Hwy.
20:43 Domestic Disturbance, 308 Zelt Strasse, Pine Village.	22:21 DUI, 10461 Stemm Rd., Peshastin.	18:13 Harassment/Threat, 6801 Dryden Ave.
23:43 Theft, 843 Front St., The Loft Bar.	02:14 Trespass, 308 Zelt Strasse, Pine Village.	18:35 Civil, 21325 SR 207, Lake Wenatchee
August 15	03:01 Animal Problem, 12882 Ranger Rd.	19:10 Accident No Injury, 116 B, River Bend Dr.
02:04 Assault, 810 US Hwy. 2,	05:32 Animal Problem, 1128 Commercial St.	19:12 Suspicious Activity, 12571 Shore St.
	12:50 Theft, 221 8th St., Ducks	23:32 Attempt to Locate/Contact, Snow Lakes Trailhead

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CITY COUNCIL MEETINGS

Planning Commission, 7:00 p.m. (1st Wed.)
City Council Study Session, 8:30 a.m. (2nd Tues.)
City Council Meeting, 6:30 p.m. (2nd & 4th Tues.)
Design Review Board, 3:00 p.m. (2nd & 4th Wed.)
For more information, visit the city website CityofLeavenworth.org for Zoom meeting information. Call 509-548-5275. Email hello@cityofleavenworth.com

August 19

08:01 Assist Public, 8333 River View Rd., Peshastin
08:35 Alarm, 23379 Lake Wenatchee Way
12:36 Theft, 219 14th St.
13:44 Weapons Violation, 1000 Blk. Camas Heights Rd.
16:25 Drugs, 11724 River Bend Dr.
17:08 Harassment/Threat, 901 Front St.
21:17 Attempt to Locate/Contact, Snow Lakes Trailhead

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The Washington Outdoors Report

When Things Go Wrong

By JOHN KRUSE

It's something I've done a hundred times before. Have the dog jump into the cab of the truck, go find a remote place to camp, and escape into the woods for 24 hours. With bad news raining down about Afghanistan, coronavirus restrictions returning and more I told my family I was getting away. When asked where, I said I would be staying at a remote U.S. Forest Service campground or trailhead along on near Lake Wenatchee.

Finding an uncrowded place to camp was challenging and much to my surprise, despite campfire bans, a number of campers (especially in Lake Wenatchee State Park) had campfires burning merrily away in fire pits. Eventually I found the quiet place to camp I was looking for, a dispersed camping site near the Chiwaukum Creek trailhead. There was only one camper in the area, some 200 yards away. With no cell service I was assured of a quiet evening without any phone calls or the distraction of the internet.

Things went well at first. My springer spaniel, Georgia and I enjoyed a nice walk at dusk and then I quietly played music from the stereo in my truck while I enjoyed the emerging

stars and the sway of the pine trees in the slight breeze around me.

Then I got a low battery warning in my truck. This seemed strange, I hadn't had troubles with the battery before and was surprised just the stereo playing for an hour would cause this. Then I remembered it had been a very, very long time since I had changed out that car battery. My efforts to start the engine were in vain and I was well and truly stuck. Being late, I got my jumper cables out, opened the hood of the truck, and resolved to contact the unknown camper early in the morning in hopes of getting a jumpstart.

With Georgia and I sleeping under the canopy covering the pick-up truck bed, I clipped a leash onto her so she could take care of business one more time before we called it a night. I had only walked a few steps down the dirt road with her while gazing up in the stars when she suddenly bolted on the leash. I have no idea whether she scented or saw a deer or other animal but I was completely unprepared for her lunging the way she did and I fell both awkwardly and hard onto the road.

As soon as I hit the ground, I felt a very sharp pain around my left ankle. I got to my feet

and knew the situation was not good. I suspected at the very least a sprained ankle and possibly torn ligaments. I did manage to get Georgia and I into the back of the truck and slept fitfully until daylight. With no cell reception and no way to walk far for help, my options seemed limited to this.

The pre-sunrise, 200-yard walk to the other camper's site as a painful, shuffling affair. I knocked on the back of the truck canopy, having no idea what reception I would get. A young woman opened the canopy and I told her I had injured my ankle, had a dead car battery, and needed a jump. She said she needed to get dressed and pack up her site but promised to meet me back at my truck.

The walk back to my truck was equally painful but when I arrived the young woman, who said her name was Rod, was there to meet me. It took a few minutes but we were able to jumpstart my truck battery. We struck up a conversation during this time and I found out that not only was she a seasonal backcountry ranger for the U.S. Forest Service, but that I had met her on a hike up the Icicle Creek Trail a year earlier. The Forest Service did a good job hiring Rod, she was definitely a life saver for me!

Back on the road I checked

in at home with my family and off-loaded Georgia before heading to the walk-in clinic. There I found I hadn't sprained my ankle but instead had broken my leg, my fibula to be exact, just above my ankle. Now I have a cast on my foot and a likely operation to look forward to repair the damage.

As for Georgia, the photo taken while I'm writing this article says it all. She is looking,

and acting, very guilty. She doesn't need to worry though, all is forgiven, though she will be missing her daily walks with her dad for a while.

Editor's Comment:

I'm sorry to hear about your unexpected injury and hope your back to full health soon. I can't resist the opportunity to make a shameless plug here though. When your off for some personal quiet time and off the

grid as they say. The attached photo could be a life saver. My son gave me this a few years back. It's a jump kit in a box! Just charge it up at home and when your battery fails you hook it up and it will instantly jump your car battery. It fits in a glove box!

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



The aftermath of my latest overnight camping trip

PHOTO BY JOHN KRUSE.

Community Foundation's Regional Impact Grant Reopens to NCW Nonprofits

SUBMITTED BY JENNIFER DOLGE

Community Foundation of North Central Washington

Awarded Quarterly (First Quarter Due September 30)

The Community Foundation of NCW has reopened its Regional Impact Grant (RIG), the largest funding opportunity for nonprofits in the region. The RIG has been on-hold for the last two years as the Foundation retooled its grantmaking and changed criteria to respond to the impacts of nonprofits during the height of the pandemic.

The return of the RIG brings a few changes - it will now be offered quarterly instead of annually and nonprofits will apply for one of two grant funding options: \$4,000 or \$10,000.

This will increase funding opportunities and support for more organizations.

"The last year has given us an opportunity to re-evaluate our grant programs to make the biggest impact we can in our region with our resources" said Claire Oatey, director of community grants. "We pivoted to quarterly grants during the pandemic and learned that this more frequent cycle of funding was a better way to get the funds into the hands of the organizations that were shaping the communities in our region."

The RIG is open to 501c3 public charities, government agencies (excluding schools), tribal agencies, faith-based organizations, and fiscally sponsored programs serving Chelan, Douglas, and Okanogan counties.

Nonprofits are eligible for core operating support, while other agencies will be eligible for program-specific support. "The new RIG criteria will provide more flexible funding for nonprofits so they can be nimble and adapt to the changing needs of the community" said Oatey. "We know core support is so important for organizations to depend on when needs or opportunities arise."

In addition, Give NCW, the online fundraising campaign that runs Thanksgiving to December 31 supporting the region's nonprofits, will no longer be contingent upon receiving a RIG as in years past. It will be open to any eligible nonprofit in the three counties, with some select criteria.

The RIG is now accepting applications, with the first quarter grant due September 15.

For more information on guidelines and to apply, visit www.cfncw.org/regionalimpactgrant.

The Community Foundation of North Central Washington's mission is to grow, protect, and connect charitable gifts in support of strong communities throughout Chelan, Douglas, and Okanogan counties. Established in 1986, the Community Foundation manages \$112 million in assets through 600+ individual funds and has awarded over \$44 million in grants and scholarships.

For more information call 509-663-7716 or visit www.cfncw.org.



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PHOTO BY BILL FORHAN.

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Red Cross Pamphlet Facilitates Illegal Immigration, Says Expert

A Spanish-language flyer by the Red Cross provides detailed routes to the US southern border, shelter locations, and instructions on how to jump off a moving train safely

CHARLOTTE CUTHBERTSON

UVALDE, Texas—Rancher John Sewell recently picked up a pamphlet that had fallen from the backpack of an illegal immigrant who was trespassing on his property near Uvalde, Texas—about 50 miles from the U.S.–Mexico border.

On one side is a map that details transport routes from Panama to the United States. It pinpoints in great detail where migrants can find shelter or get medical help along the way. The other side is full of useful information, in Spanish, including how to more safely travel through forests and jungles, find shelter, get medical help, and deal with immigration authorities.

It was published by the Red Cross and is titled “Messages of Self-Help for Migrants.”

The pamphlet crosses a line beyond providing life-saving information to facilitating illegal immigration, according to Jessica Vaughan, director of policy studies at the Washington-based Center for Immigration Studies.

“It’s practically a road map or a TripTech for an illegal migrant,” she told The Epoch Times. “It’s one thing to give out water to migrants. It’s quite another thing to help them migrate illegally—and breach the sovereignty of a border.”

The pamphlet includes advice such as that “it’s always safer to travel in a group, especially for women,” and to stay in contact with relatives and friends, “especially before crossing the border.”

It warns against getting on or off a train when it’s moving or wet, but then advises: “If you do get off a train when it’s moving, keep running so that others don’t fall on top of you,” and “Try not to get on a train if you haven’t eaten or rested. You may fall off if you are sleepy.”

It goes on to say: “Don’t hide in vehicles or in small places where you might suffocate, drown, or get sick. Be sure you have enough space to breathe.”

In Uvalde, where Sewell obtained the pamphlet, Border Patrol has seen a 911 percent increase this year in stowaway illegal aliens on freight trains traveling from the border to San Antonio.

On Aug. 13, on one train inspected by Border Patrol, agents found 20 illegal aliens hiding in the beds of new pickup trucks being hauled in two different train cars. Several of the aliens had been apprehended the previous day by the same agent at the same location. All were single males from Mexico and Honduras.

The map also highlights Red Cross shelters in Mexico and other places that are run by religious organizations, such as the Good Samaritan House in Oaxaca, Mexico, and Catholic Charities in Tucson, Arizona.

Vaughan said that, rather than being a “benign underground railroad-type of exercise,” the pamphlet is “enticing criminal behavior that is also very, very dangerous and illegal.”

She said the Red Cross and other humanitarian organizations should be telling migrants not to come. She said most illegal immigrants entering the United States don’t meet the cri-



Border Patrol agents apprehend 21 illegal aliens from Mexico who had hidden in a grain hopper on a freight train heading to San Antonio on June 21, 2021.

teria for asylum and won’t be granted asylum status by an immigration judge. Many Central Americans, the largest population of illegal immigrants, don’t end up claiming asylum once they’re in the United States, and of those who do, less than 15 percent are granted relief.

A spokesperson for the International Committee of the Red Cross (ICRC) said the organization doesn’t prevent or encourage migration.

“As an impartial, neutral and independent organization, our actions are focused on addressing the humanitarian needs of migrants to ensure they are treated with dignity, both in their countries of origin, transit and destination, and regardless of their immigration status,” the spokesperson told The Epoch Times via email.

The ICRC didn’t respond to a question asking where it makes the pamphlets available, but the Red Cross logos from seven countries are printed on the flyer, including the United States, Mexico, Guatemala, Honduras, El Salvador, Costa Rica, and Panama.

The spokesperson said the organization provides humanitarian assistance at key points along the route.

“We also inform them of risks they’re undertaking while using the migration route,” the spokesperson said.

“It is essential to prevent the loss of lives and to promote a humanitarian approach. Addressing the needs of this vulnerable population is a shared responsibility, of the authorities in the countries of origin,

transit and destination, and of the international community.”

The Geneva-based ICRC operated in 100 countries in 2019 and spent more than \$2 billion, according to its latest annual report. It is funded mainly by voluntary donations from governments, and national Red Cross and Red Crescent societies, according to its website.

Vaughan said the United States should investigate how the flyer came to be published and with whose funding.

“They should be helping people in the countries where the migrants live, not aid and abet this illegal migration that is so dangerous and has created so many problems for all of the countries where it occurs,” she said.

Judge Blocks Biden Administration From Limiting Arrests of Illegal Immigrants

ZACHARY STIEBER

President Joe Biden’s administration cannot, for now, curtail arrests of illegal immigrants, a federal judge ruled on Aug. 19, delivering another setback to the White House’s immigration agenda.

U.S. District Judge Drew Tipton, a Trump nominee, granted a preliminary injunction sought by the states of Texas and Louisiana against two memorandums issued by Biden administration officials earlier this year that sought to “prioritize” certain categories of illegal immigrants.

The case involves an immigration law provision that stipulates that illegal immigrants who had committed crimes shall be taken into federal custody after they’re released, but the Biden administration’s memos attempted to direct Immigration and Customs Enforcement’s (ICE) resources to detain illegal aliens based on the nature of the crime. Texas and Louisiana argued that Biden’s memo would prevent ICE agents from arresting and deporting other illegal aliens who had criminal histories.

Not included in the two memos were categories for illegal aliens convicted of serious drug offenses or crimes of moral turpitude.

The two states have seen rising costs related to detention facilities and an increase in crimes traceable to the memos, Tipton wrote in the 160-page order.

“The Court concludes the potential harms to the States arising out of the Memoranda outweigh any potential harms to the Government. The Court also concludes the public interest is served, rather than undermined, by an injunction,” he wrote.

U.S. lawyers argued that the memos did prioritize certain categories of illegal immigrants but didn’t preclude

action against ones that fell outside those categories.

They also asserted that the Department of Homeland Security has “longstanding discretion over the enforcement of immigration laws” and the agency’s efforts shouldn’t be interfered with.

But Tipton concluded that the government appeared to have failed to consider some of the effects of the new guidelines, including whether they would drive up crimes since some criminal illegal aliens were excluded from the priorities outlined in the memos.

“In sum, the Government’s failure to rationally explain and connect the basis for the new guidance, along with the Government’s failure to consider certain relevant factors and alternative policies, establish that there is a substantial likelihood that the re-prioritization is an arbitrary and capricious policy,” he wrote.

Additionally, the judge said the agency appeared to be neglecting federal law that outlines immigration enforcement.

The preliminary injunction is in effect pending a final resolution of the case or until a further order from the court or an appeals court.

With Tipton’s order, ICE officers now have broader powers and can go after a broader range of illegal immigrants. His ruling also requires the federal government to report back by Sept. 3 on changes to enforcing immigration law.

After the White House-directed memos were issued, ICE arrested far fewer illegal immigrants each month than during the same months in 2020.

Harris County, Texas, Sheriff Ed Gonzalez, the president’s nominee to lead ICE, told senators last month during a nominating hearing that he viewed the drop in arrests as “con-

cerning.”

“In my experience I would like to see more data to see what other factors may have played into that to better understand the numbers,” he said. “It is concerning, so I would make sure, again, that we’re being strategic and we’re prioritizing properly that we could go after those individuals that pose the greatest threat to our communities.”

Gonzalez said he believed illegal immigrants ordered removed from the United States should be deported.

Sen. Josh Hawley (R-Mo.) said he was “heartened” by the responses. “I think they do put you in significant tension with this administration’s policies—I’m personally fine with that, I hope you go and enforce the law vigorously, I don’t know what the White House will think of your answers but I’m heartened by what I’ve heard so far.”

Tipton’s ruling is the latest blow to the White House’s immigration agenda amid dozens of executive orders issued by Biden during his nascent presidency—many of which rescinded Trump-era policies including “Remain in Mexico” and construction of the border wall along the U.S.–Mexico border.

Earlier in the year, the judge blocked Biden’s proposed 100-day moratorium on most ICE deportations, saying the directive violated immigration law. Another federal judge last week ordered the Biden administration to reinstate President Donald Trump’s “Remain in Mexico” policy that requires asylum-seekers to stay in Mexico for the remainder of their immigration court proceedings.

The Department of Homeland Security didn’t immediately respond to a request for comment.

Jack Phillips contributed to this report.

Weekly Jobless Claims Fall to Pandemic-Era Low

TOM OZIMEK

The number of U.S. workers filing for unemployment fell to a pandemic-era low last week, adding to evidence of continued labor market recovery.

First-time filings for unemployment insurance, a proxy for layoffs, came in at 348,000 for the week ending Aug. 14, a drop of 29,000 from the previous week’s revised level of 377,000, the Labor Department said in a statement.

After surging to a series high of 6.2 million weekly claims in April 2020, initial filings have fallen steadily, aside from several minor upticks, though they remain well above the pre-pandemic weekly average of around 220,000.

“Some much needed good news is found in jobless claims with fresh pandemic lows notched both for new and continuing claims,” Bankrate senior economic analyst Mark Hamrick told The Epoch Times in an emailed statement.

Continuing claims, which represent the number of people collecting unemployment benefits after earlier making an initial filing, fell by 79,000 last week to 2.8 million. That’s the lowest level since March 14, 2020, when it stood at 1.77 million.

While the unemployment numbers are encouraging, they indicate that the labor market has further to go before making a full recovery to pre-pandemic levels.

“Pointing to continuing challenges, some 11.7 million Americans were receiving some form of unemployment assistance as of the latest snapshot,” Hamrick said. “This is a reminder of further healing that’s still needed.”

Another encouraging sign for

the jobs market was the Labor Department’s Job Openings and Labor Turnover Survey (JOLTS), released on Aug. 9, which shows that job openings in the United States surged to a record high of 10.1 million in June. However, hiring lagged behind that figure by more than 3 million, painting a picture of an economic recovery being held back by hiring difficulties, especially among small businesses.

The National Federation of Independent Business (NFIB) July jobs report found that 49 percent of small business owners reported job openings that couldn’t be filled—a 48-year record high.

“Small business owners struggled to find qualified workers for their open positions, which has impaired business activity in the busy summer months,” NFIB chief economist Bill Dunkelberg said in a statement. “Owners are raising compensation to the highest levels in 48 years to attract needed employees.”

Hiring difficulties have hit smaller business bottom lines especially hard. While large corporations such as Target have recently posted forecast-beating earnings and reported little difficulty attracting talent, a recent survey by Salesforce shows that 53.3 percent of small and medium-sized businesses said staffing issues have been a drag on revenues. For those businesses that said hiring woes were pressuring profits, 56.6 percent reported a hit to revenues of at least 11 percent.

While economic output has fully bounced back to its pre-pandemic levels, the employment recovery is trailing. After shedding 22.4 million jobs in the first two months of the pandemic, the U.S. economy has recovered about 15.6 million jobs since May 2020.

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“THE EPOCH TIMES IS A BEACON OF LIGHT IN THE ‘NEWS’ DARKNESS THAT PRETTY MUCH COVERS THE COUNTRY.” —Jonne Rosenau

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Privacy Group Challenges USPS Surveillance Operation

A U.S. Postal Service mail delivery truck in Washington on Aug. 13, 2021.

ANDREW CABALLERO-REYNOLDS/AFP VIA GETTY IMAGES

KEN SILVA

A prominent internet privacy group is suing the U.S. Postal Service (USPS), alleging that its social media surveillance program violates federal law.

According to a lawsuit filed last week in Washington by the Electronic Privacy Information Center (EPIC), the USPS has been operating its Internet Covert Operations Program (iCOP) without conducting a privacy impact assessment—a review of what information is collected, why it's being collected, how the information is used, and how the data is stored.

EPIC seeks to have a federal judge suspend iCOP until the USPS at least conducts and publishes such a review, as required by the E-Government Act.

[Barksdale] denied iCOP was a program, but said it had an 'executive' overseeing it.

Rep. Nancy Mace

The existence of iCOP was first reported in April by Yahoo News, which had obtained an internal USPS memo about monitoring right-wing anti-lockdown protestors.

"Parlor users have commented about their intent to use the rallies to engage in violence. Image 3 on the right is a screenshot from Parlor indicating two users discussing the event as an opportunity to engage in a 'fight' and to 'do serious damage,'" the March 16 USPS memo reads, circulated ahead of the "World Wide Rally—For Freedom, Peace, & Human Rights" event scheduled for March 20.

"No intelligence is available to suggest the legitimacy of these threats."

The Yahoo News report prompted questions from some lawmakers about why the postal service is conducting intelligence operations. A group of 32 Republican lawmakers wrote Postmaster General Louis DeJoy on April 22, seeking a briefing on iCOP.

"It is unclear why the USPS, of all government agencies and the only one devoted to the delivery of Americans' mail, is taking on the role of



intelligence collection," the letter reads. "The type of general review of social media alleged in the reporting does not indicate that the posts reviewed by iCOP are related to the protection and security of USPS, its postal routes, its employees, or the mail generally."

Chief Postal Inspector Gary Barksdale reportedly briefed lawmakers later in a closed-door session in April, following which Rep. Nancy Mace (R-S.C.) published an op-ed denouncing the surveillance operations. Mace said Barksdale was "unprepared to answer our questions to the point of incompetence."

"Barksdale couldn't tell us when the program started, how much taxpayers were paying to run it, or even what legal authority the post office had to spy on the public's social media activities," Mace said. "He denied iCOP was a program, but said it had an 'executive' overseeing it. He said the post office coordinated with other agencies, but couldn't list a single one."

"What's worse, he denied iCOP was used to monitor social media activities, but in the very same breath, said his analysts use iCOP to do exactly this."

Following its initial April report, Yahoo News revealed more details about iCOP in May. According to Yahoo, the USPS also used internet surveillance tools to monitor social media to track potential violence at protests following the death of George Floyd.

"After the Jan. 6 riot at the Capitol by Trump supporters, the analysts turned their attention to right-wing accounts," Yahoo News reported in May.

Around that time, EPIC also filed a Freedom of Information Act (FOIA) request in May, seeking records about iCOP, including its privacy impact assessment.

In EPIC's lawsuit, the group said that the postal service "failed to locate" its privacy impact assessment in response to the FOIA request—suggesting that one doesn't exist.

"Defendants have unlawfully initiated [iCOP] ... and used facial recognition and social media monitoring tools to initiate or significantly modify collections of personal information under the iCOP without first conducting and publishing the full and complete Privacy Impact Assessment(s) required by ... the E-Government Act," EPIC stated in its Aug. 12 filing.

In a separate statement about the lawsuit, EPIC expressed skepticism at the notion that the USPS should be conducting broad intelligence operations such as iCOP.

"The iCOP's surveillance of protests and tracking of 'inflammatory' content goes far beyond the program's mandate to investigate fraud and other crimes perpetuated through the mail or USPS's website," EPIC said in the statement.

Representatives for the USPS didn't respond to a request for comment by press time. The postal service has previously defended iCOP as a legal open-source intelligence

operation designed to protect its employees.

"This review of publicly available open-source information, including news reports and social media, is one piece of a comprehensive security and threat analysis, and the information obtained is the same information anyone can access as a private citizen," a U.S. Postal Inspection Service spokesperson told Yahoo News in May.

"News report and social media listening activity helps protect the 644,000 men and women who work for the postal service by ensuring they are able to avoid potentially volatile situations while working to process and deliver the nation's mail every day."

The nonprofit Judicial Watch is pursuing similar litigation against the USPS for not responding to the group's FOIA request about iCOP. In that case, the USPS has until Sept. 1 to respond to the group's lawsuit. No dates have been scheduled in the EPIC case.

US Black Hawk Helicopters Captured by Taliban as 'Horrified' Senators Demand DOD Audit

JACK PHILLIPS

Likely billions of dollars of American weapons and vehicles are now in the hands of the Taliban extremist group after the collapse of the Afghan government and army, with numerous videos and photos surfacing online showing Taliban members seizing the equipment.

Photos have circulated of Taliban members holding American M-4 carbines and M-16 rifles rather than AK-47s or AKMs. Other images and videos showed the Taliban surrounding U.S. Black Hawk helicopters and A-29 Super Tucano attack aircraft.

On Aug. 18, several Republican senators demanded the Department of Defense (DOD) provide full accounting over the weapons and equipment that were captured by the Taliban, considered by several agencies as a terrorist organization.

"As we watched the images coming out of Afghanistan as the Taliban retook the country, we were horrified to see U.S. equipment—including UH-60 Black Hawks—in the hands of the Taliban," Sens. Marco Rubio (R-Fla.), Bill Cassidy (R-La.) and two dozen

It is unconscionable that high-tech military equipment paid for by U.S. taxpayers has fallen into the hands of the Taliban.

Two dozen Republican senators

other senators wrote to Pentagon chief Lloyd Austin this week.

"It is unconscionable that high-tech military equipment paid for by U.S. taxpayers has fallen into the hands of the Taliban and their terrorist allies," the Republicans added. "Securing U.S. assets should have been among the top priorities for the U.S. Department of Defense prior to announcing the withdrawal from Afghanistan."

Some experts said that the Taliban capture of U.S. hardware has more of a psychological impact, rather than a practical impact.

"When an armed group gets their hands on American-made weapon-

ry, it's sort of a status symbol. It's a psychological win," said Elias Yousif, deputy director of the Center for International Policy's Security Assistance Monitor, according to The Hill.

Yousif said the development is problematic for a number of reasons. "Clearly, this is an indictment of the U.S. security cooperation enterprise broadly," he added. "It really should raise a lot of concerns about what is the wider enterprise that is going on every single day, whether that's in the Middle East, Sub-Saharan Africa, East Asia."

The Office of the Special Inspector General for Afghanistan Reconstruction, established by Congress in 2008, has said that about \$83 billion was spent on developing and sustaining the Afghan police and army over two decades. Between 2003 and 2016, the United States transferred nearly 600,000 weapons, 76,000 vehicles, 163,000 communication devices, 208 aircraft, and surveillance and reconnaissance equipment to the Afghan forces, according to a 2017 Government Accountability Office report.

Between 2017 and 2019, the United States provided Afghan army

forces with 4,702 Humvees, 2,520 bombs, 1,394 grenade launchers, 20,040 hand grenades, and 7,035 machine guns, stated the Office of the Special Inspector General for Afghanistan Reconstruction.

Yousif told The Hill that it's likely the Taliban would be able to use advanced aircraft or weaponry but stressed they won't be able to keep the aircraft in the air for long.

"They may be able to manage a flight or two or to operate them in some really limited capacity in the short term, but without long-term sustainment, maintenance, servicing, that sort of thing, it wouldn't turn into a robust or useful military capability," he said. "It took the Afghans and the United States a long time to develop an indigenous air capability, and even then, they were reliant on the United States to keep those planes in the sky."

Small arms such as M-16s, he said, are of more concern.

"They are easy to maintain, easy to learn how to use, easy to transport," Yousif told the outlet. "The concern for all small arms is that they are durable goods and they can be trans-

ferred, sold. We've seen this before where a conflict ends and the arms that stay there make their way to all parts of the world."

When pressed for comment, White House officials said it isn't clear how many weapons or vehicles were seized.

"We don't have a complete picture, obviously, of where every article of defense materials has gone, but certainly a fair amount of it has fallen into the hands of the Taliban," White House national security adviser Jake Sullivan told reporters on Aug. 17. "And obviously, we don't have a sense that they are going to readily hand it over to us at the airport."

And Sullivan made reference to the Black Hawk helicopters that were taken, blaming the Afghan army for not defending themselves.

"Those Black Hawks were not given to the Taliban," he said. "They were given to the Afghan National Security Forces to be able to defend themselves at the specific request of [Afghan] President [Ashraf] Ghani, who came to the Oval Office and asked for additional air capability, among other things."

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Three Rivers Hospital is seeking a Med/ Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have current BLS/ CPR & obtain ACLS certification within one year. Rotating days and includes some weekends. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

ER NURSE Full-time/ Nights

Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS/ CPR, ACLS, TNCC and PALS certifications. Two years' Med/Surg experience or one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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Public Notices

What is the difference between Folic Acid and Folate?



Ask...
Dr. Louise

Q: Is folic acid the same thing as folate?

Folic acid and folate are considered the same vitamin, just slightly different forms of it. Another word for folic acid or folate is Vitamin B-9. Although all forms of B-9 do the same job in your body, they look slightly different, and some are better absorbed than others.

Vitamin B-9 was first discovered and isolated from the leaves of green leafy vegetables. This led to researchers originally naming it folium, from the Latin word folia, which means leaf. Scientists identified four very similar and naturally occurring compounds that work as vitamin B-9 in our bodies. These compounds are called folates.

In addition to folates found in foods, vitamin B-9 has a synthetic version called folic acid. Folic acid is the B-9 most used in vitamin supplements and fortified foods because it's easily manufactured and is better absorbed into the body than its natural cousins.

Folates and folic acid (FA) support the growth of new cells, particularly vital to the development of our nervous system. Around the third week of pregnancy, your brain and spinal cord start developing from special cells called neural tube cells. A lack of folate or folic acid at this critical point can prevent neural tube cells from forming a complete spinal cord and brain. The result can be severe birth defects called spina bifida and anencephaly.

In spina bifida, the baby is born with an exposed spinal cord. The bones of the spine that generally would protect and support it have only partially formed. Anencephaly occurs when significant parts of the brain and skull fail to fully develop, causing death within hours or days of birth.

Providing adequate folic acid or folate levels in very early pregnancy dramatically reduces these severe birth defects. Women should get supplemental folic acid BEFORE a pregnancy is confirmed. Why? The critical time of growth and development of our brain and spinal cord occurs well before a woman would suspect she is pregnant.

With nearly half of all pregnancies in the United States considered "unplanned" the Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC) both recommend that all women of childbearing age take 400mcg daily of a folic acid supplement.

In 1996, the FDA required that folic acid be added to all enriched flours, bread, some cereals, pasta, and rice, along with other B vitamins like thiamine, riboflavin, and niacin. This resulted in a significant decrease in neural tube defects, except in Hispanic women. In 2016 the FDA approved the voluntary addition of folic acid

to the masa flour used to make tortillas, tacos, tortilla chips, and tamales.

You may assume that because vitamins are natural, the more vitamins you take, the more they benefit you. Unfortunately, this is NOT the case with supplements containing folic acid. Too much folic acid can create problems by covering up essential clues necessary to diagnose and treat a painful medical condition called pernicious anemia.

A significant deficiency in vitamin B-12 intake can lead to pernicious anemia. Pernicious anemia causes mental confusion and can eventually lead to irreversible nerve damage. Taking large amounts of vitamin B-9 can confuse or mask the signs needed to diagnose the underlying issue correctly. This misleads doctors, delaying accurate diagnosis and allowing mental deterioration and nerve damage to continue. The FDA has recommended a maximum intake of daily supplemental folic acid of 1000 mcg to avoid this.

The rules about labeling vitamins have recently changed. Starting in January 2021, the FDA requires products containing vitamin B-9 to label their content with dietary folate equivalents (DFEs) instead of folic acid (FA). The recommended daily dose of 400mcg FA for women is now listed as 600mcg DFE units.

5 Final Facts About Folates and Folic Acid:

1. Folic acid and folate are both names for vitamin B-9.
2. Take it on an empty stomach.
3. Food can decrease the absorption of folic acid/folate supplements by 20%.
4. Take it before you become pregnant.

All women of childbearing age should get at least 600mcg DFE (400mcg FA) daily. Some women may need more; talk to your doctor about what is best for you.

5. Avoid taking too much. The upper limit of safe intake of folic acid and folate is 1,000 mcg/day. All folic acid tablets sold without a prescription must contain less than 1,000mcg folic acid.

6. Green, leafy vegetables are an excellent source of folates. Other good sources of folates are bananas, melons, lemons, tomato juice, orange juice, beans, and mushrooms.

Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com © 2021 Louise Achey

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Legals Public Notices

SUPERIOR COURT OF WASHINGTON FOR KING COUNTY
Estate of: TEDDY EUGENE FOX, Deceased.
NO. 21-4-05512-9 SEA PROBATE NOTICE TO CREDITORS RCW 11.40.030
The person named below has been appointed as Administrator of this Estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or the Administrator's attorney at the address stated below, a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (i) thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (ii) four months after the date of first publication of this notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets. CORY FOX, Administrator Court of Probate Proceedings and Cause No: See Caption Above Date of First Publication: August 18, 2021. Attorney for Administrator: MICHAEL P. JACOBS, WSBA #22855 Riach Gese Jacobs, PLLC 7331 - 196th Street SW / PO Box 1067 Lynnwood, Washington 98046-1067 Telephone (425) 776-3191 Published in The Leavenworth Echo/ Cashmere Valley Record on August 18, 25, and September 1, 2021 #2512

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Three Rivers Hospital is seeking a Revenue Cycle Director to manage our revenue cycle team, includes Patient Access/Registration, Health Information, Patient Financial Services and Chargemaster. The Revenue Cycle Director will lead the revenue cycle in developing, planning, and managing work initiatives within the revenue cycle. Bachelor's degree in a relevant area of expertise such as business or finance or an equivalent combination of education and relevant experience is required. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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Organization: Okanogan County Transit Authority (TranGO)
TranGO is looking for two (2) full-time transit drivers (36 - 40 hours per week); one (1) position based in Okanogan and one (1) based in Twisp. These positions are hourly non-exempt. Compensation is \$19.06-\$20.62 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation. Must have a minimum Class B CDL with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to clerk@okanogantransit.com **Application Deadline:** Application review will begin September 3, 2021 and will continue until the position is filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

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THREE RIVERS HOSPITAL
OCCUPATIONAL THERAPIST Full-time
Three Rivers Hospital is seeking a full-time Occupational Therapist. This position practices in the hospital and/ or clinic setting for inpatient and/or outpatient care. Includes oversight of the hospital swing bed program. A bachelor's degree in Occupational Therapy from an accredited/ AOTA approved OT program is required, and studies were accredited by the APTA. Current WA State OT license. Two years' work experience preferred. BLS required. Must have strong communication and interpersonal skills. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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CROSSWORD PUZZLE
THEME: EMMY AWARDS ACROSS
1. *Emmy Awards attendees or celestial bodies
6. "He ___ and drank the precious words."
9. Skier's transport 13. Move like ivy
14. What Alex and Lexington have in common
15. Power glitch 16. White condiment
17. Schiller's "___ to Joy"
18. Movie "The ___ of the Chicago 7"
19. "Last Week ___ with John Oliver"
21. "Lovecraft ___"
23. Excessively 24. Invitation request
25. Part of graduate's ensemble
28. South American indigenous people
30. Lung pouch (2 words)
35. Giannis Antetokounmpo's target
37. Stain on Santa
39. Take exception to
40. Highland tongue
41. Bar, legally
43. Tropical tuber
44. Time on the job
46. Grey tea
47. Make a picture
48. Satellite Navigation System, for short
50. Mr. Eugene Krabs, e.g.
52. X
53. *Compilation of nominees, e.g.
55. Uh-huh
57. "Swingers" actor turned "The Mandalorian" director
61. *Ewan McGregor's role
65. Soviet entity
66. Flightless bird
68. Princess of #34 Down
69. Type of #34 Down
71. Lady or Tramp, e.g.
72. Young herring 73. Printing unit, pl.
74. '90s TV sitcom "Boy ___ World"
DOWN
1. Sing like Ella Fitzgerald
2. Jack, Janet and Chrissy from "Three's Company," e.g.
3. Long time 4. Rekindled
5. Faucet 6. Loads (2 words)
7. *Jason Sudeikis' role
8. Golden parachute recipients
9. U. on the road
10. One from Great Britain
11. Culture-growing turf 12. Bank on
15. Like an ignoramus
20. *Hugh Laurie's medical drama, nominated 25 times, that ended in 2012
22. Egg cells
24. Great Britain's anti-mob law (2 words)
25. "The Queen's Gambit" game
26. Blood carrier 27. Suggest
29. *Drag ball culture drama
31. Retired, shortened
32. "Get ___" Outstanding Comedy Series winner in 1968 and 69
33. Sainly glows
34. *Royalty chronicles, with The
36. Philadelphia's Ivy
38. Millimeter of mercury
42. "Vamos a la ___"
45. *What one needs to be nominated
49. Itinerary word 51. Old crone
54. Like Elvis's famous shoes
56. Digression
57. Much ado 58. Against, prefix
59. Violin's Renaissance predecessor
60. One less traveled
61. Os in XOXO
62. "The Handmaid's "story"
63. ___ top of ___ 64. Captures
67. *Allison Janney's show

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Let's not forget the importance of local control of our Washington Schools



COMMUNITY VOICES
Brad Hawkins

To say that 2020 was “challenging” would be the understatement of the year to school staff and families all across the state. As the father of two middle school-aged boys, the limited school instruction last year and minimal extracurricular activities were difficult for my family, like most others across our state and country. Due to ongoing issues with the COVID-19 pandemic, school staff and families continue to adjust to changing new requirements and guidelines. More and more of these mandates, unfortunately, are coming from the state level at the expense of local school district flexibility.

The importance of school district governance

As school staff and families across our state begin the school year, it is important to remember the significant taxpayer investment in our public-school system. Because so much focus has been placed in recent years on state education funding, many people may not realize the full authority a school district maintains and the important role local school boards have in developing priorities, approving annual budgets, and overseeing operations. School districts are actually local governments, not state agencies. They are governed by their own elected boards and administered by chosen school superintendents. Districts receive the majority of their funds from state dollars on a per-student basis along with local and federal funds. School districts should prudently invest their taxpayer dollars (local, state, and federal) to

implement their programs, negotiate sustainable contracts with their employees, and manage their operations.

Is local control slipping away from schools?

State actions during the COVID pandemic and in recent years at the Legislature have called into question the long-held authority of our locally elected school boards. As a former school board member myself, I took great pride in working with community members, school administrators and board colleagues to assist the Eastmont School District during difficult times. Local control guided my work, but many recent state actions have demonstrated an erosion of this control. Until recently, Governor Inslee and state Department of Health seemed to be encouraging school building closures across our state with limited flexibility by school districts. Districts were seemingly waiting to hear from state-level agencies about what they could or could not do within their districts.

Recognizing the changes occurring before us

While starting the school year brings joy to many children and their families – and it certainly will this year given the limited opportunities last year – it is prudent to pause a bit to reflect on how significantly some new policies and laws are affecting our communities. I point this out not to be negative but to encourage all of us to recognize the changes occurring before us:

- **Mask Mandate:** Governor Inslee issued a statewide mask mandate requiring face coverings of all students and staff regardless of vaccination status and local COVID statistics (removing this decision from school districts)
- **Vaccine Mandate:** Governor Inslee has implemented a COVID vaccine mandate for school employees at the request of Superintendent of Public Instruction Chris

Reykdal (which apparently was not requested by local school superintendents)

- **Mandatory Sex Education:** The Legislature voted to require mandatory sex education in all school districts, despite many people's preferences that parents and school boards be involved (minimizing options available to communities) and,
- **Mandatory Equity Training:** Lawmakers approved Senate Bill 5044, mandating equity training during one of only three non-teaching school district professional learning days (limiting flexibility during local school training).

School districts did not have a choice regarding implementation of these policies. More directives are likely on their way in the months and years ahead. Regardless of whether you support these actions, our locally elected school boards and communities should be allowed to seek public comment, engage in community dialogue, and make their own decisions. In many ways, unfortunately, our communities are gradually losing their ability to guide the decisions of the school boards they elect, despite the significant taxpayer investment directed to their schools. In my opinion, this approach to governance – more statewide mandates and less local control – is fundamentally flawed.

Schools confronting “learning loss” and other challenges

The educational impacts from this past COVID year will likely burden students for many years to come. This is especially true for students with learning disabilities or those still learning to read. The limited in-person instruction and the less-than-ideal remote learning from last year could take several years to overcome, not to mention the increasingly serious mental health challenges for students all across Washington. Fortunately, the districts have

received additional funding through federal stimulus and recovery efforts distributed earlier in 2021. Even with this additional financial support, there is no doubt that school districts are facing serious challenges.

Be active and involved, but thoughtful in your approach

We should all be involved, interacting with school officials, attending board meetings when possible, and communicating with other local and state elected officials. While we all have the right to be critical, we should also make sure to share any suggestions in a thoughtful way. You might be surprised at how helpful this approach can be. Please also take the time this school year to lift up the hard-working school employees (administrators, teachers, and support staff) who serve on the front lines helping our state fulfill its “paramount” duty. As your legislator and former school board member, it is time to be supportive but also vocal about the importance of maintaining local control.

Wishing families a great start to the new school year!

Despite the challenges ahead for districts, the start of a new school year brings great hope and excitement all across our state. Getting students and school staff interacting together in-person is much needed. I greatly look forward to school open houses, fall sports, and parent-teacher conferences. Good luck to the school staff as you begin the new year. I wish all families a happy and safe start!

Thank you for the opportunity to serve as your 12th District state senator.

Brad Hawkins is our 12th District state senator representing North Central Washington in Olympia. Contact info: 360-786-7622 or brad.hawkins@leg.wa.gov.



Aria Knutson a student at Cascade High School won first place with this photo in the architecture division at the Washington State Photography Contest. Congratulations, Aria!

Firefighters make camp at Chelan Falls Park, closed to public

SUBMITTED BY RACHEL HANSEN
Chelan PUD

LAKE CHELAN, WA – Chelan Falls Park is temporarily closed to the public starting as a Type I incident management team establishes a fire camp associated with the Twenty-Five Mile Fire.

The 33-acre park will house between 250-400 fire personnel for about two weeks, depending on fire conditions.

The closure includes the boat launch, swimming area, sports fields and picnic shelters at Chelan Falls Park.

The boat launch at Beebe Bridge Park, located across the Columbia River from Chelan Falls, will remain open. Chelan PUD offers 14 other parks to explore, including Chelan Falls Powerhouse Park, Chelan Riverwalk Park and Manson Bay Park. For information, visit chelanpud.org/parks.

LETTERS TO THE EDITOR

Mr. Forhan,

Thanks so much for your profile of James Munly. I'm an avid (albeit old) mountain biker and I'm thankful every time I'm on our local trails for the work Mr. Munly and his corps of volunteers do. Our mountain bike trails are a huge gift to our community. Frequent riders appreciate the work it took to build them, as well as the on-going work to keep them in great shape. I'm glad James Munly is getting the credit he deserves for his fantastic work. I'd also like to thank Evergreen Mountain

Bike Alliance and the Forest Service for working to help make our trails a reality. Let's keep up the momentum and build many more trails!

Tim Jenkins
Leavenworth

Friends,

This brutal catastrophe, betraying American citizens and our supporters in Afghanistan, sets the stage for the Evildoers' next False Flag.

They want to enrage veterans, Trump supporters and anti-vaxxers and they have succeeded. Next, egged

on by our immoral federal agencies, they find some mad soul who carves a huge and destructive path, the intended False Flag. It is more than enough for them to call for total lockdown - on travel, on guns, on forced vaxxes.

Pray for peace and for wise leaders to emerge...

Ann Crosby
Leavenworth

Hi Bill!

Thank you so much for your Reminder to All of Us in your article “It will never happen to me”. I was sorry to read you had

to include your own terrible experience but perhaps it will sink in to all our thick brains more not to second guess any odd symptom our body throws at us. We all do the denial thing all the time especially with our Age! These days it is not odd for even 40 and 50 yr olds to have a stroke. Praying you have a speedy recovery. Keep Moving and don't Whine at the Therapists. Just Smile and Enjoy! Looking forward to updates on your Therapists... LOL!

Shawnee McCoter
Leavenworth

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