



PHOTO BY MEGAN SOKOL

An exuberant Kodiak team celebrates after defeating cross valley rival Cashmere in a thrilling 24 - 19 contest to recapture the Pear Bowl Trophy last Friday evening.



Council continues to wrestle with plans for Osborn School property



BILL FORHAN
Publisher

Background

Osborn elementary school was built in 1955 and renovated in 1984. In 2016 Cascade School District (CSD) launched an ambitious plan to build two new modern schools. CSD committed to sell the Osborn School property and utilize the proceeds to offset the cost of building its two new schools. Following the completion of the new schools in March of 2021, the city purchased the old school building and a portion of the school district property. Since acquiring that property, the City of Leavenworth has engaged the community in extensive surveys and public meetings regarding the desired use of that property.

In April the city conducted Community Visioning meetings to gather input of how the community would like to see the property developed. This resulted in the development of 3 concept plans that were then presented to the public at

community engagement meetings in June. The public was then given the opportunity to respond to those three concepts.

A total of 183 responses generated 100 pages of comments. The majority of respondents favored concepts 1 or 2 while rejecting concept 3 – see attached exhibits. Concept 3 included removal of the old school building and construction of two new buildings. A 50,000 square foot community center and a three story building for “workforce” housing. Most respondents expressed concerns that such a large building was not reflective of the neighborhood and rejected that alternative.

Current proposals

At last weeks City Council meeting, Council members were given an update from Bob Stowe of Stowe Development & Strategies the firm the city hired to facilitate an assessment of how the community wanted the property developed. The current proposals reflect modest changes in original plans with recommendations regarding necessary parking spaces needed to accommodate current city code.

All of the revised plans identify 33 on street parking spaces are available along Orchard, Birch and Central Avenue. Concept 1, with the smallest

building would require an additional 7 spots, while Concept 2 would require an additional 63 parking spots and Concept 3 would require an additional 107 parking spots.

No plan has been developed yet to provide additional parking spots. Some discussion has taken place with the consultant to develop underground parking but no one is sure what obstacles might be encountered in the process of trying to excavate the property for that purpose.

Concept 1 currently proposes the largest amount of green space with 1.8 Acres or 70 percent of the available land. This assumes the

existing building is torn down and replaced with a smaller 10,000 square foot multi-purpose community center.

Concept 2 is the least changed of the three concepts, however it has been modified to provide additional onsite parking that would significantly reduce the available green space. Concept 2 envisions a new 24,000 square foot community center that would replace the existing 25,328 Osborn school. The consultant does include estimated costs of remodeling the existing Osborn property instead of building

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Icicle Brewing Introduces New IPA for 4th Annual 1in8 Event

BY: MEGAN SOKOL

Icicle Brewing co-owner and Wellness Place board member Pamela Brulotte, is one of the many distributors participating in the One in Eight campaign, where hop growers, dealers, and brewers collaborate in crafting a fresh hop beer to raise money for breast cancer awareness and services in North Central Washington.

The One in Eight campaign began in 2018, after Brulotte’s fellow breast cancer survivor and CLS Farms owner Shelley Desmarais started the wet hop collaboration with Cloudburst Brewing owner Steve Luke, whose

mother had also been diagnosed with breast cancer.

“While I was going through treatment, I kind of didn’t tell a lot of people and I kept a wig on and I just wanted to get through harvest without talking a lot every day,” Desmarais said.

When Desmarais met with Luke, his reaction shocked her.

“We saw each other at a fresh hop festival in Yakima and I kind of took my wig off and that was like my big like, ‘okay I’m here,’ and it didn’t even phase him. He didn’t even flinch because most women and men when you’re bald and you’re young, it kind of freaks people out.”

The number in One in Eight represents the percentage of women who will be diagnosed with breast cancer within their lifetime. Brulotte was diagnosed with breast cancer in 2014, and her friend Desmarais was diagnosed with breast cancer in both 2012 and 2017.

“It’s not great. It sucks, it’s not fun, and you’re not alone,” Desmarais states.

Four dollars out of every pound of hops sold will be donated to Wellness House in Yakima along with other proceeds going towards Wellness Place in Wenatchee. Each

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PHOTO BY MEGAN SOKOL

Icicle Brewing Co-owner Pamela Brulotte, Wellness Place Executive Director Julie Lindholm, and CLS Farms Owner Shelley Desmarais stand in front of Icicle Brewing’s production facility. Brulotte is wearing a One in Eight t-shirt, while Desmarais sports Cloudburst t-shirt.

With the COVID-19 restrictions relaxed, take time to visit our local businesses for Shopping, Dining and Events

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5 ways to boost your home's curb appeal

(BPT) - It's no secret that the U.S. housing market is booming right now. According to realtor.com, "Strong demand and insufficient supply pushed home prices up at a record-breaking 16.6% pace. The combination of historically low mortgage rates, businesses reopening and the lifting of pandemic restrictions fueled a buying frenzy with multiple bids," creating a seller's market, while making the path to home ownership difficult for some buyers.

Whether you're purchasing a fixer-upper as an attainable option to home ownership or selling your home and want to create a positive first impression, licensed landscape contractor, author, TV personality and STIHL spokesperson Sara Bendrick suggests five ways to boost your home's curb appeal.

1) Create a welcoming front walk

The entrance of your home should be your first point of focus. A great way to work with what you already have is to add color to your concrete walkway and steps. Concrete can wear over time and become somewhat of an eyesore and dull in nature. Staining is an easy and perfect way to soften up the look of concrete in any landscape and many

colors of stain are available to complement your outdoor spaces. Always remember to pressure wash your concrete before staining it to remove dirt. This is important as you need a clean surface so that the stain can absorb easily and evenly. A clean surface will also help the stain soak entirely through.

2) Trim hedges and shrubs for definition

Bushes, hedges and shrubs possess a natural beauty that can boost the curb appeal of your home, while providing an attractive complement to lawns, trees, gardens and hardscapes. Well-trimmed plants also prevent your

outdoor spaces from looking overgrown and open up walkways and sightlines. Consider pruning low-hanging branches that obscure the view of your home from the road and reduce the aesthetic impact of your landscaping features.

3) Don't forget to mulch

After trimming your hedges and shrubs for definition and planting flowers, add two to four inches of mulch to your beds. Mulch keeps weeds down and helps dissipate heat from the sun to protect the soil from drying out, and it also provides a refined look to your landscape. As an alternative to mulch, you can purchase wood chips made of bark.

4) Make a statement in your yard with flowers and blooms

Pick flowers with colors that complement the house colors, which will bring softness to the front yard. Be sure to choose plants that are climate appropriate and thrive in your area; local nurseries are great resources for this. Consider using an auger instead of a shovel to help get through the planting process quickly. Also, be sure to spread your new plants out so that they have enough room to grow and thrive.

5) Add a finishing touch

To draw the eye toward the entryway of your home, hang a wreath on the front door, place a potted plant near the steps and add a water feature such as a self-circulating fountain. Water features such as ponds and fountains can add an architectural element to soften your landscape design and may also attract natural wildlife to your yard.

Whether you're a seller trying to create an unforgettable memory for a prospective buyer, or a new homeowner trying to make your home more inviting, these landscaping improvements are easy ways to boost your home's curb appeal.



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Designing Gardens for Year-Round Color and Protecting Your Investment

BY MELINDA MYERS

Create a colorful year-round garden filled with flowers, greenery, colorful fruit, fall color, winter interest and a few surprises. Consider seasonal interest when planning a new garden or landscape. Adding a few key plants to existing gardens can help boost your landscape's seasonal appeal.

Include a variety of plants with multiple seasons of interest as well as bird and pollinator appeal. You will look forward to the change of seasons as your landscape transforms throughout the year.

Use trees and shrubs to provide the framework and longevity in your landscape. Serviceberries, crabapples, dogwoods, and many others have flowers, fruit, pollinator, and bird appeal and add winter interest with their bark or form. Look for those with colorful exfoliating bark like paperbark maple, heptacodium, and river birch for a beautiful statement in the winter garden.

Include a few summer blooming shrubs like St John's wort, buttonbush,

panic hydrangeas and Rose of Sharon. They add an unexpected fresh look to your summer landscape.

Perennials combine nicely with trees, shrubs, and annuals, adding seasons of color and texture. Include those that also attract songbirds, bees, and butterflies by creating a beautiful habitat. Blue star (Amsonia), Siberian iris, sedum, Rudbeckia, coneflower, and grasses are just a few that can brighten any garden with several seasons of color, provide homes for beneficial insects and food for the birds.

End the season with fall bloomers like goldenrod, asters, and hardy mums. These provide food for late season pollinators. Leave healthy plants stand, providing homes for many beneficial insects, winter interest in the garden, and food for the songbirds.

Use annuals to fill any voids, add season long color and yearly changes in the landscape. Containers on steps, decks and patios help bring the garden to your front and back door.

Include spring flowering bulbs like tulips, daffodils and

hyacinths planted in fall for a colorful welcome to spring. These and many of the earliest bloomers like winter aconites, grape hyacinths, and crocus provide needed nectar for early season pollinators.

Evergreens are always a welcome addition to any landscape. They provide shelter for the birds and year-round greenery. Find new and interesting ways to include them in your landscape.

Use taller evergreens for screening bad views, buffering traffic and other noises, or creating privacy. Use evergreens with interesting form and texture to create a focal point in a garden bed or landscape. Combine them with perennials and flowering shrubs for added seasonal interest.

Then keep your landscape looking its best by protecting key plants from hungry critters like deer, rabbits and voles. Skip the fencing and scare tactics by applying a rain resistant, organic repellent like Plantskydd (plantskydd.com) at planting. You will need fewer

applications and the odor-based repellent sends animals dining elsewhere before taking a bite out of your plants. Apply repellent before animals start feeding and follow the label directions for best results.

Continue to gather ideas with visits to public gardens and partaking in garden tours. Be sure to take notes and pictures that you can reference later. Creating a year-round landscape is an ongoing process that is part of the fun and adventure of gardening.

Melinda Myers has written more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Tree World Plant Care* for her expertise to write this article. Myers' website is www.MelindaMyers.com.

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Pet owner? How to be prepared for fire or carbon monoxide danger



(BPT) - Pets nationwide are considered beloved members of the family. Pet ownership throughout the U.S. has skyrocketed, with approximately 12.6 million Americans opening their home to a new pet since March 2020, according to a study by the American Pet Products Association.

Whether you're a first-time pet owner or a pet pro, it's important to consider your furry family members when preparing for the unexpected. First Alert offers the following tips to help families be prepared in case of a fire or carbon monoxide (CO) incident.

1) Prevent a fire. While candles add ambiance, it's important to never burn them unattended. Wagging tails and

pawing kitties can haphazardly knock over candles, which can potentially cause a fire. Additionally, avoid electrical fires by securing loose wires and running long cords behind couches or other out-of-reach locations to prevent them from being chewed.

2) Protect against the silent killer. Due to their smaller size, your pet may be affected by CO poisoning before you. Signs of CO poisoning can include weakness, sudden vomiting, difficulty breathing, seizures and even loss of consciousness. The only way to detect CO poisoning is by equipping your home with working CO alarms. For premium protection against fire and CO,

install combination alarms with 2-in-1 protection, such as the First Alert 10-Year Battery Smoke & Carbon Monoxide Alarm, which eliminates battery replacements for a decade. Once installed, maintenance is key. Remember to test your alarms regularly and replace smoke alarms every 10 years and CO alarms every five to 10 years, depending on the model.

3) Improve their safety when home alone. To help ensure your pet is safe even while you're not home, use a pet gate to keep your animals in the main living area for easy rescue in case of an emergency. Place pet alert stickers on windows near each entrance to inform firefighters of the

presence of pets in your house.

4) Have an emergency escape plan. When planning your emergency escape route, don't forget to include your pets. Know which family members will be responsible for each pet and note their hiding spots for a faster evacuation. Have leashes and collars stored near the main entrance of your home and, if possible, near other potential exits during an emergency,

so you can grab them on your way out the door. Practice your escape plan at least twice a year, including crating your pets. And, remind your family to never delay escape or go back inside to rescue your pet. If a pet is missing, inform the fire department dispatcher when you call and the responders when they arrive. Learn more home safety tips at www.firstalert.com.

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3 weekend DIY project ideas to breathe new life into your home

(BPT) - Virtual birthday parties. Online family game nights. Digital dinners with friends. You've done your part to stay connected yet socially distanced, however, as fall arrives, you're preparing to host friends and family in your home again.

"The problem is after working, studying and playing at home, many people's houses are looking a bit drab," says Jennifer Meska, director of merchandising and design at LL Flooring. "If you want to refresh spaces for future entertaining, start with the floor and work your way up to add fashion and function to your home."

Meska shares some top DIY projects that can be completed in as little as a weekend so you're ready to welcome back guests:

1) Update flooring

When you think about visual real estate in a home, the flooring is the foundation of the aesthetic. Consider

updating flooring with modern options that add style, but are also durable enough to handle guests and everyday demands.

A good option is Rigid Vinyl Plank (RVP) that provides the look of hardwood but is waterproof and scratch-resistant. Lake Geneva Oak CoreLuxe RVP is a good option, with its innovative rigid core that clicks together with ease for a simple DIY project. CoreLuxe stands up to heavy traffic, busy families and plentiful entertaining, making it ideal for bathrooms, kitchens and living rooms.

"These floors deliver quality, beauty, waterproof functionality and are easy to install," says Meska. "What's great about these floors is they work well in any room."

2) Rethink furniture

Once the floor is updated, think about how you use your furniture and how it might best serve you when entertaining. Consider rearranging furniture to breathe fresh life

into a space and encourage guests to mingle comfortably. Prioritize grouping furniture to facilitate conversation and interaction while keeping common traffic areas open for ease of movement.

In addition to rearranging furniture, now is the time to address functionality of pieces and swap in multiuse options when appropriate. For example, an ottoman is great for kicking up your feet or as additional seating for guests, especially young children. Select an ottoman designed with a top that opens, providing storage space for blankets, toys or other clutter. You can even add a serving tray to the top when closed and you have a coffee table or small buffet space for snacks.

3) Create a statement wall

Once you decide on an arrangement of furniture, try transforming a focal wall to give the space an elevated interior design. One easy way to do this is to paint one wall

different than the others in an accent color, like a blue or yellow. DIY-friendly peel-and-stick wallpaper is growing in popularity and is another fun option if you want to add a pattern on an accent wall.

Another way to create a noteworthy accent wall is to design a gallery wall with a collection of treasured items hung in a group. Framed photography is common for creating gallery walls and serves as a wonderful conversation starter when guests arrive. In addition to photographs, you can add other framed items such as typography, children's artwork, travel keepsakes, mirrors and more.

"Now is the ideal time to prepare for the revival of entertaining at home," says Meska. "Start with the floor, think beyond the conventional and make updates that you'll enjoy whether you're hosting guests or spending time at home with family."



PHOTO BPT

Your electric vehicle charging questions, answered

(BPT) - Have you been wondering if an electric vehicle is right for you, especially as more models are rolling out from automakers? Living the electric vehicle lifestyle is fun and exciting, good for the environment, and even your wallet - but there are some key things to know, like understanding how and where to charge. While charging at home is always an option, the prevalence of electric vehicle charging options is widespread and growing, so there are a few things to know about maximizing an electric car's battery power when charging while out and about.

Here are answers to some commonly asked questions about electric vehicle charging:

What's the easiest way to locate a public charger?

There are various resources to help drivers identify where

they can easily stop for a charge. For example, the U.S. Department of Energy Alternative Fuels Data Center offers a station locator map, and various apps such as Open Charge Map and ChargeHub can help locate chargers on the road. Additionally, many automakers' new electric vehicles include in-vehicle tech features - like connected infotainment systems - to make planning routes based on charging stations even more simple for your journey.

Individual charging companies also offer their apps for locating stations. For example, Electrify America - the largest open ultra-fast-charging network in the U.S. - recently redesigned its mobile app so drivers can more easily navigate station information. Users can download the app via the App Store and Google Play - and now, drivers can

locate a charger, start and stop a charging session, and view charging plan details via Apple CarPlay and Android Auto.

What does fast-charging mean?

Not all electric vehicle charging is the same, and charging time depends on how much electricity your EV's battery can handle and how much energy the charger can dispense. Charger power is measured in kilowatts and charging time is measured in kilowatt-hours, a unit of which is the amount of energy a charger can deliver in one hour.

For example, some public chargers only dispense 6kW - such as Level 2 chargers, an option most commonly found in settings like work offices, apartment complexes and hotels. But other chargers, like direct current (DC) fast-charging, uses technology that can dispense 150kW or even

350kW to capable vehicles - allowing for quicker charge times. DC fast-charging is especially great for drivers taking road trips or who don't have access to overnight charging, who will need the maximum amount of energy in the shortest amount of time.

Companies like Electrify America offer the fastest charging rates available - with speeds up to 350 kilowatts (kW) - that can charge a capable vehicle in as little as 20 minutes. Visit ElectrifyAmerica.com or check out their social media pages to learn more about fast charging and find nearby locations.

How do you know which charging connector to use?

You can check your vehicle's specific settings, but most electric vehicles use a connector called the Combined Charging System (CCS). CCS got its "combined" name by incorporating two types of plugs within the same larger plug: the connector for DC fast-

charging, and the connector for Level 2 charging. Level 2 is a form of electric vehicle charging with slower charging speeds than DC fast.

How can hot or cold weather affect charging?

CCS is now the most common connector used by electric vehicle manufacturers. While you can charge during very cold or hot weather, you will probably need to allow more charging time. Electric vehicle batteries are designed to deliver maximum charging power at temperatures between 60-80 degrees Fahrenheit. Temperatures below 40 degrees or above 115 degrees Fahrenheit dramatically reduce the battery's charging power. The chemical process inside the battery slows down outside of these temperatures - often to less than half of its peak charging power.

Should an electric vehicle battery be charged to a 100% state of charge (SOC)?

Different electric vehicles

have different battery sizes, affecting both the charging speed and how much total energy the battery can accept. Check the vehicle manual for the maximum charging power provided by your electric vehicle.

On a public fast charger, the speed at which energy enters the car battery slows after the battery reaches an 80% SOC. This may help prevent wearing out the battery too quickly, therefore extending the battery life. The battery can still charge to a 100% SOC, although getting from an 80 to 100% SOC may take a little longer. So while it's counterintuitive, it's best to minimize the time spent charging to 100% battery SOC to reduce wear and tear.

While embracing electric vehicle technology has many benefits and is quickly becoming more mainstream, adopting this lifestyle requires some basic education. By understanding how charging works, new electric vehicle drivers can make the transition to electric much smoother - and perhaps convince others to make the switch as well.

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Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates on the Covid-19 regulations.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Alanon Meetings, call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

COMMUNITY CALENDAR

Wednesday
Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 548-5292.
Leavenworth Rotary Club, Zoom meetings, noon. For more info. call President Joel Walinski, jtwalinski@gmail.com

Thursday
Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. email President Anita Wilkie at wilkieam2015@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday
Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us

Monday
Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri (509)393-8271 for more information.
Young Life Club, 6:30 p.m. All high school age students welcome. TJ Kaapuni, 509-679-3247. (2nd & 4th Mon.)
Cascade School board meetings, 7 p.m., District Office board room. Call 548-5885. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).
Leavenworth Mosquito District Board Meeting 7 p.m. via ZOOM link posted at leavenworthmosquitodistrict.com Contact: Jenny Mullins, 548-5904. (1st & 3rd Mon.)

Tuesday
Peshastin Water District, 5:30 p.m. Meeting now in the Park behind Peshastin Library. Contact Steve Keene, 548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Sept., 8 a.m. Future months at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 782-2561 or tony.iid.pid@nwi.net, (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 548-5815. (4th Tues.)
Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 662-7706. (3rd Tues.)

NCW Libraries
Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 548-7923 or online Leavenworth@ncwlibraries.org
Open Mondays, Tuesdays, and Saturdays. 10 a.m. to 2 p.m., Wednesdays and Thursdays, 10 a.m.-7 p.m., Fridays, 3 p.m.- 7 p.m., and Saturday 10 a.m.-2 p.m.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 548-7821 or Peshastin@ncwlibraries.org
Open Tuesdays and Wednesdays 10-2 p.m. and 3-7 p.m., and Saturday 10 a.m.-2 p.m.

Other events
The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Friday-Sunday, 11 a.m.- 4 p.m. Please check our Facebook page or our website at www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 548-5286. Otherwise we are not responsible for any misinformation.

Leavenworth

Make a Difference Day Clean up

Camp Zanika Lache is Saturday, October 23, 9 a.m.-4 p.m. We are in need of volunteers that can help us out away summer program areas and get camp ready for the winter. We have lots to do, put away waterfront, take down wall tents, gather and burn debris, rake leaves, fix cabin doors, plumbing, and much more. Please bring your gloves, rakes, chainsaws, loppers and any tools you think will come in handy. Lunch will be provided along with coffee in the morning. Join us for dinner and breakfast if you spend Saturday night with us. Lodging is available for anyone who would like to come up and spend the night on Friday and/or Saturday night.

The Greater Leavenworth Museum

On October 23, The Greater

Leavenworth Museum invites you to the "Rake the Autumn Leaves" event at the old Leavenworth North Road Cemetery from 10-noon.

A hosted picnic lunch will follow. We encourage you to bring gardening gloves, rakes and gardening tools. For more information contact us at info@leavenworthmuseum.org

Upper Valley Empty Bowls Volunteers Needed

Come be a part of this amazing yearly event, which raises food for Leavenworth's Community Cupboard Food Bank. What a great cause. Volunteers are needed for a variety of positions. First meeting is Wednesday, November 3. For more information, contact uvemptybowls@gmail.com

Light the Night Carnival Returns

The Nazarene Church in Leavenworth is once again holding the free Light the Night

Community Carnival at 111 Ski Hill Drive on Sunday, October 31 from 5:30-7:30 p.m. Free fun for the entire family including hot dogs, candy, popcorn, hot apple cider, music, games and the fire truck. Children must be accompanied by an adult. Costumes welcome. For information call the church office at 548.5292.

NCW Libraries

Is partnering with Humanities Washington to offer the live, virtual program Diamonds in the Rough: The Gentrification of Rural Washington. The free program will be at 7 p.m. Nov. 2 and held on the Zoom platform. Register for this event at www.ncwlibraries.org. Click on News & Events and find it on the events calendar. A Zoom link will be sent by email.

Jennifer Sherman, professor of sociology at Washington State University, will discuss the glaring and hidden effects of rapid change in Washington's rural communities.

Sheriff/Fire/EMS
The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

October 8	11:46 Property, Downtown Leavenworth.	17:16 Attempt to Locate/Contact, Colchuck Lake Trail.
07:50 Welfare Check, 8124 US Hwy. 2, Peshastin.	13:26 Attempt to Locate/Contact, Snow Lakes Trailhead.	
10:23 Attempt to Locate/Contact, Snow Lake Trail.	15:40 Suspicious Activity, 10001 School St., Peshastin.	
12:44 Harassment/Threat, E. Leavenworth Rd. and US Hwy. 2.	15:53 Domestic Disturbance, 330 Prospect St. #17.	
13:47 Civil, 15361 US Hwy. 2.	16:01 Suspicious Activity, 690 US Hwy. 2.	
14:48 Theft, 20649 Miracle Mile, Lake Wenatchee.	20:05 Trespassing, 801 Front St. #Main.	
19:26 Hazard, 12200 block Detillion Rd.	21:08 Suspicious Activity, 9800 Block of School St.	
20:09 Harassment/Threat, 1300 Commercial St. #105.	21:38 Attempt to Locate/Contact, Snow Lakes Trailhead.	
October 9		
00:20 Missing Person, 9880 Mountain Home Rd.		
14:31 Welfare Check, Derby Canyon Rd. MP 2, Peshastin.		
04:59 Traffic Offense, 1300 Commercial St.		
08:30 Property, Commercial and Division Streets		
10:06 Alarm, 85 Avey River Ln., Peshastin.		
10:54 Extra Patrol, 9028 E. Leavenworth Rd.		
10:56 Disturbance, 1001 Front St.		
11:20 Traffic Offense, 500 Pine St.		
12:37 Noise, Front and 10th Sts.		
18:43 Trespassing, 9088 Derby Canyon Rd., Peshastin.		
19:33 Assault, 213 9th St.		
19:43 Trespassing, 221 8th St. #B.		
21:19 Trespassing, 933 Front St. #B.		
21:49 Disturbance, 843 Front St.		
22:39 911 Call, 18643 Rieche Rd., Lake Wenatchee.		
October 10		
03:16 Hazard, 116 River Bend Dr.		
07:09 Domestic Disturbance, Ponderosa Estates, Plain.		
	07:06 Alarm, 9073 US Hwy. 2.	
	12:24 Suspicious Activity, 820 Front St.	
	12:25 Property, Trinity Trailhead, Lake Wenatchee.	
	12:28 Alarm, 2462 Tamarack Crest, Lake Wenatchee.	
	13:26 Assist Public, Lions Club Park.	
	15:54 Traffic Offense, 265 US Hwy. 2.	
	17:44 Animal Problem, 9215 Icicle Rd.	
	18:10 Property, 700 US Hwy. 2.	
	20:16 Traffic Offense, US Hwy. 2 and E. Leavenworth Rd.	
	22:04 Attempt to Locate/Contact, 17558 River Rd., Plain.	
	October 12	
	00:08 Traffic Offense, US Hwy. 2 and Duncan Rd.	
	01:47 Assist Agency, US Hwy. 2 MP 65, Lake Wenatchee.	
	06:16 Alarm, 10174 Main St.	
	08:52 Alarm, 475 Dempsey Rd.	
	09:14 Assist Public, 7650 Icicle Rd.	
	11:09 Suspicious Activity, 11131 Merry Canyon Rd.	
	15:44 Suspicious Activity, 16480 Dry Creek Rd.	
	October 13	
	04:07 Suspicious Activity, 501 Central Ave.	
	11:53 Alarm, 12524 Wilson St.	
	13:20 Parking/Abandon, 8375 Icicle Rd.	
	17:00 Assist Public, 525 Central Ave.	
	20:05 Welfare Check, US Hwy. 2 and E. Leavenworth Rd.	
	October 14	
	06:27 Malicious Mischief, 11724 River Bend Dr.	
	09:24 Parking/Abandon, 11685 US Hwy. 2.	
	09:38 Assist Public, 203 Pine St.	
	09:48 Property, 116 River Bend Dr.	
	09:55 Property, 116 River Bend Dr.	
	09:59 Property, 116 River Bend Dr.	
	10:17 Property, 116 River Bend Dr.	
	10:20 Property, 116 River Bend Dr.	
	10:25 Property, 116 River Bend Dr.	
	10:26 Property, 116 River Bend Dr.	
	10:32 Property, 116 River Bend Dr.	
	10:33 Property, 116 River Bend Dr.	
	12:04 Attempt to Locate/Contact, Hidden Lake Trail.	
	12:41 Parking/Abandon, 16437 Second Creek Rd.	
	17:21 Vehicle Prowl, 9501 Jeske Rd.	
	17:36 Civil, 285 US Hwy. 2 #B.	
	19:01 Harassment/Threat, 920 US Hwy. 2.	
	19:42 Hazard, US Hwy. 2 and 9th St.	

CASCADE SCHOOL DISTRICT
VIEW THE CURRENT MENUS ON THE CASCADE SCHOOL DISTRICT WEBSITE: CASCADESD.ORG

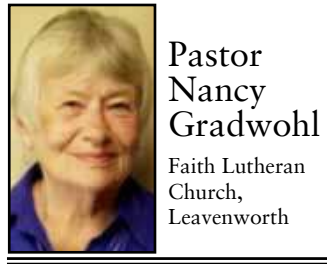
CITY COUNCIL MEETINGS
Planning Commission, 7:00 p.m. (1st Wed.)
City Council Study Session, 8:30 a.m. (2nd Tues.)
City Council Meeting, 6:30 p.m. (2nd & 4th Tues.)
Design Review Board, 3:00 p.m. (2nd & 4th Wed.)
For more information, visit the city website CityofLeavenworth.org for Zoom meeting information. Call 509-548-5275. Email hello@cityofleavenworth.com

For the latest local news and advertising see the NCW Media Web sites...

leavenworthecho.com
cashmerevalleyrecord.com
qgerald.com
lakechelanmirror.com
NCWBusiness.com

Pastors corner

What should we then do?



Pastor Nancy Gradwohl
Faith Lutheran Church, Leavenworth

Please print Luther's own words. Let Luther speak for himself and set the record straight about what is God-fearing faith during pandemics and what is not. During an outbreak of the Bubonic plague, Luther and his wife opened their home to care for the sick. Luther encourages us to make use of medicine and intelligence!

After praising those who lovingly serve the sick, Luther says, there are those who, "Sin on the right hand. They are much too rash and reckless, tempting God and disregarding everything which might counteract death and the plague. They disdain the use of medicines; they do not avoid places and persons infected by the plague, but lightheartedly make sport of it and wish to prove how independent they are. They say that it is God's punishment; if he wants to protect them he can do so without medicines or our carefulness."

Furthermore: "This is not trusting God but tempting him. God has created medicines and provided us with intelligence to guard and take good care of the body so that we can live in good health...If one makes no use of intelligence or medicine when he could do so without detriment to his neighbor,

such a person injures his body and much be aware lest he become a suicide in God's eyes. By the same reasoning, a person might forego eating and drinking, clothing and shelter, and boldly proclaim his faith that if God wanted to preserve him from starvation and cold, he could do so without food and clothing. Actually, that would be suicide."

"It is even more shameful for a person to pay no heed to his own body and to fail to protect it against the plague the best he is able, and then to infect and poison others who might have remained alive if he had taken care of his body as he should have..."

"No, my dear friends, that is no good. Use medicine; take potions which can help you; fumigate house, yard, and street; shun persons and places wherever your neighbor does not need your presence or has recovered, and act like a man who wants to help put out the burning city. What else is the epidemic but a fire which instead of consuming wood and straw devours life and body?...Then I shall fumigate, help purify the air, administer medicine, and take it...If God should wish to take me, he will surely find me and I have done what he has expected of me and so I am not responsible for either my own death or the death of others. ...But if some are too panicky and desert their neighbors in their plight, and if some are so foolish as not to take precautions but aggravate the contagion, then the devil has a heyday and many will die. On both counts, this is a grievous offense to God and to man."

Huge Federal Technology Grant Helps Cascade School District Students



Marlene Farrell
Correspondent

In late September, thanks to diligent efforts of Cascade School District superintendent Tracey Beckendorf-Edou over the summer, the district learned that it won a huge federal grant through the "Emergency Connectivity Fund" program. This is a new subcategory within the federal E-Rate program, which has been in place for two decades. The E-Rate program helps make telecommunications and information services more affordable for schools and libraries.

The total technology grant that CSD won is for \$282,732.

Beckendorf-Edou explained the process. "I initially learned about the Emergency Connectivity Fund grant application on July 13," she said. "The application process got hard fast. Dwight [Remick, CSD business manager] and I had to work with AT&T, Dell, the ESD and the state in order to make sense of the application and to submit the required documents. Luckily, Susan Tenkhoff, the Emergency Connectivity Fund coordinator for the state, was extremely helpful, and Dwight and I were both very persistent."

"When we learned that we were fully funded, we were so excited! It was kind of like running through a really difficult obstacle course and

miraculously finding out that you were the winner."

Hot spots for 51 families and 100 students were one item covered by the grant. "The ECF program will reimburse for the cost of equipment and broadband connections used to help students and staff who otherwise lack access to be able to engage in remote learning," said Remick. "In our case, we submitted to be able to continue to provide hotspots to our families that don't have internet access.

Quite often this is because internet connections are not available in the area where they live."

The bulk of the grant was used to purchase 690 replacement laptops for students at Alpine Lakes Elementary and Icicle River Middle School. "We requested assistance in replacing the laptop computers that were sent home with students so they could continue their education when the district went to full online learning

in March 2020," explained Remick. "These same laptops were taken home all of last year so students would have connectivity available for hybrid remote learning."

"Because of increased use, and the wear-and-tear of students taking the laptops to and from school each day, we found it necessary to replace them sooner than our normal replacement cycle would allow." The grant is allowing the district to use levy funds to accelerate the replacement cycle of laptops for Peshastin Dryden Elementary and Cascade High School as well.

The laptops have already arrived and are being configured for the network and appropriate grade level. They will be in the classrooms in a couple weeks.

With replacement laptops here, a subsequent issue revolves around what to do with the older laptops. "We're seeking input from staff and the tech team about what options might be available for the old laptops," said Remick.

Choices include selling them to a company that refurbishes and resells them, or letting students use the old ones at home and keep the new ones in school, or go through the surplus process so they can be available to the general public. The school board will make the final decision.

Maintaining high quality technology in the district is critical for educational opportunities and equity for students. This grant goes a long way to accomplishing that. Remick said, "The grant application was pretty time-consuming but obviously worth the effort."



Submitted photo.

Pallets of new laptop computers await distribution to students.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information
Or email classifieds@leavenworthecho.com

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.



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jonesjonesbetts.com

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You can always rely on our dedicated staff.

Kodiaks Scoreboard

FOOTBALL	
Oct. 15:	Cascade 24, Cashmere 19; Win
SOCCER	
Oct. 12:	Cascade 0, Chelan 2; Loss
Oct. 14:	Cascade 3, Omak 0; Win
VOLLEYBALL	
Oct. 12:	Cascade 0, Chelan 3; Loss
Oct. 13:	Cascade 3, Omak 1; Win

THE LEAVENWORTH ECHO
215 14th Street • (509) 548-5286
www.leavenworthecho.com

CASHMERE VALLEY RECORD
PO Box 35 • (509) 782-3781
www.cashmerevalleyrecord.com

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 782-2869
Worship 9 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer



CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE UNITED METHODIST CHURCH
213 S. Division • 782-3811
Virtual Zoom Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana



CHRIST CENTER

Cashmere Assembly of God: 509-782-2825
Worship Service Sundays 10:00 a.m., in-person, Conservatory
@ Apple Annie's and on-line, christcenter@cashmere.com
Underground High School Sundays 6:00 p.m.,
In-person, Conservatory



Middle School Youth Thursdays 7-8:30 p.m.,
In-person, Conservatory
Lead Pastor, Steve Haney
Children's Pastor, Andy Robinson
Congregational Care Pastor, Joyce Williams
High School Director, Kelsie Folden
Community Outreach, Stefhanie Haney

GRACE LUTHERAN CHURCH
Morning Prayer or Holy Eucharist.
Join us at 10:00 a.m. on Sundays.
Contact Pastor Rob Gohl
509-860-0736 for more information.

ST. JAMES EPISCOPAL CHURCH
Morning Prayer or Holy Eucharist.
9 a.m. on Sundays.
Contact Pastor Rob Gohl,
509-860-0736 or
Deacon Carol, 670-1723 for more information.

EVERGREEN BAPTIST CHURCH
5837 Evergreen Drive • 782-1662
Sunday School - 9:45 a.m.
Morning Worship - 11 a.m.
Evening Service - 6 p.m.
Pastor John Smith
www.christforcashmere.org

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
11025 Chumstick Hwy.
Please join us Sunday mornings 9 a.m.,
Sunday School 10:30 a.m.,
Worship Service
Office: 509-548-4331



CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 548-7010
Worship 9:30 a.m. w/coffee following
www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509-470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 860-3997



SPIRIT LIFE CENTER
210 Benton Street • 548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 782-2601
Virtual Zoom Service, Sunday,
11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 548-7517
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com



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office@plaincommunitychurch.org

Local and Regional News

Hospital Commissioner District #3 Election

BY: MEGAN SOKOL

Newcomer Duane Goehner is the last minute opponent running against incumbent Tom Baranouskas for the Hospital Commissioner District #3 race.

Duane Goehner:

Duane Goehner describes his campaign for the Hospital Commissioner position as something that was brought to him rather than something he initially sought after. With Leavenworth City Council member Sharon Waters and several former Cascade Medical Center Staff such as Alexander Saliby, Former Chairman of the Board, Doug Williams, Former CEO, and recently resigned Denise Arnold, Cascade Medical Business Office Lead, all expressed their desire to see his corporate expertise and commitment to healthcare brought to the Cascade Board.

"Normally these positions are never contested," Goehner explained. "The reason for the contention is that the community recognizes the need for change and the current board, and the incumbent has been on that board for seven years. So that's a long time, there hasn't been alot of fresh new blood in there."

Goehner claims that many people have noted a disconnect between staff and the current Cascade Board of Commissioners and that

the connection to the public is limited due to meeting scheduling.

"There are no board meetings held in any other areas except at the hospital, and it's held during the day when people are working, so they can't really participate except for perhaps bills that they send patients and communications during levy requests," Goehner explained.

Goehner believes that although Cascade Medical has accomplished great things, it still needs to expand their growth to match that of the growing population.

He also states that Cascade Medical has dealt with low employee morale pre-COVID-19, but that the pandemic has since exacerbated the problem.

"When there is a disconnect and the employees feel like there is a lack of transparency, where they feel threatened by senior leadership and when they feel their commissioners are not willing to address some of these endemic issues, that creates challenges," Goehner said.

He states that his strengths lie in his ability to listen to the community via experience with Friends of Leavenworth, his experience working on nonprofits and corporate boards alike. His former experience as an EMT at Central Washington Hospital, and he was appointed to the Chelan County Boundary

Review Board by the Governor.

He notes his opponents strengths, including Baranouskas' relationship to the Lake Wenatchee/Plain area and the strong community they have there, but believes that there is a dire need for stronger communication between the board and staff.

"Many people have said 'I don't know who Tom is.' People at the hospital have told me that they have never met him. They've never had a conversation with him," Goehner said. In regards to staff members' correspondence with Baranouskas, "I feel like after seven years, if you've been in a leadership role, there should be more interface and conversation to be effective as a strategic planner for the hospitals," Goehner said.

If elected, Goehner wants to look into getting more hospital equipment for Cascade Medical Center and to provide a fresh set of eyes for corporate and organizational strategic planning.

If you want to learn more about Duane Goehner, you can contact him at www.goehner.com

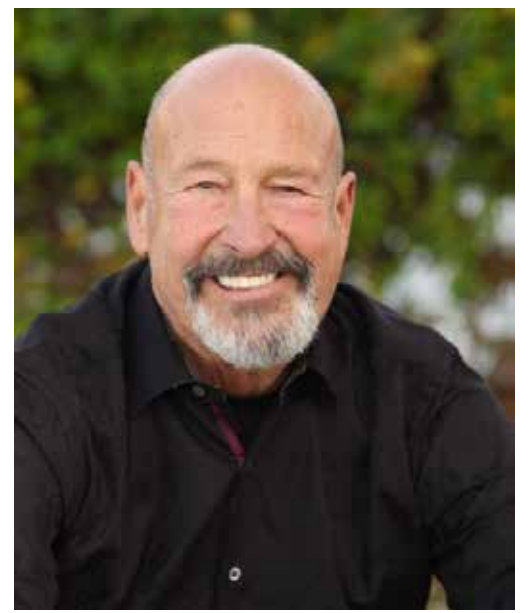
Tom Baranouskas

Hospital Commissioner District #3 incumbent Tom Baranouskas was not prepared to be opposed this term, especially when Duane Goehner had thrown his name into the electoral ring so close



SUBMITTED PHOTO.

Duane Goehner



SUBMITTED PHOTO.

Tom Baranouskas

to the registration deadline. However, this development has not changed how he will run his campaign.

"I want to be able to provide support to my community," Baranouskas said. "That's basically the reason I'm running again."

Baranouskas has over 30 years of experience within the finance sector, being the CFO for multiple Lab Operations in the Pacific Northwest, Vice President and Controller for the General Dynamics Space Systems Division in San Diego, CA, and as a retired Chief Financial Officer for the Pacific Northwest National Laboratory operated by Battelle Memorial Institute in 2007.

He states that his six years of experience on the Cascade Medical Board, his residency in the Lake Wenatchee/Plain area, and his aforementioned experience in finance, make him a strong candidate for Cascade Medical's Board of Commissioners.

"Healthcare governance is very complex, it's undergoing a lot of change and I think that experience will help me provide a much more productive support to the hospital district," Baranouskas said.

He also notes the importance of his role, being the only member on the board that resides in the Lake Wenatchee/Plain area and can vouch for community's needs.

"Over the last six years, we have advanced the partnership with Lake Wenatchee Fire and

Rescue and Cascade Medical to substantially improve the emergency medical service to that area and we currently have a formal agreement effective through 2023."

Baranouskas states that during the pandemic, he and the board helped keep Cascade Medical Center's doors open and financially viable until federal funds were made available.

"We were able to do that without losing any staff or having any temporary layoffs," Baranouskas said.

During his time on the board, Baranouskas stated that he and his peers have added state of the art diagnostic imaging, behavioral health services, pediatric care and a recently implemented single electronic medical record system. Baranouskas states that based on their Community Health Needs Assessment, the board was also able to focus on things like child and family wellness, aging in place, equity for neighbors, and serving low-income areas.

"We have a brand new mobile clinic that we are trying to hire a bilingual doctor for, that will allow Cascade to provide needed services on remote areas of our district[s] for those that may not get needed treatment," Baranouskas said.

In regards to Goehner's previous statements on Cascade Medical staff's low morale and retention rates, Baranouskas states that the board conducted a survey

earlier this year to measure staff's attrition rates.

"Our attrition rate is almost one half of the average for all the hospitals in Oregon, Idaho, and Washington over the last 18 months," Baranouskas said. "Morale is not perfect, but it is very good at Cascade for the staff."

Some efforts that Cascade Medical have made to boost staff morale include annually bringing up staff salaries to the market rates and provide staffers with a \$1000 retention bonus.

"It was really an easy decision for the finance committee. First, they deserved it and secondly, we had maintained our strong financial position and what better way to invest than to make it in our own staff," Baranouskas said.

In regards to Cascade staff possibly wanting to see more representation from the board, Baranouskas stated the following:

"I would say that's a scenario which I don't understand and I'm not familiar with at Cascade. I'm not sure that if there's not another side to that story that's not being told, but that is not an experience I've had in my six years or even recently at Cascade. So I really can't comment on it because I haven't seen it and I don't understand it."

If you want to learn more about Tom Baranouskas, you can contact him at tomchiwa@nwi.net.

Michelle Logan

CITY COUNCIL POSITION #6

SUBMITTED BY MICHELLE LOGAN

I love Leavenworth. I was born and raised here and moved back to raise my children.

I also love the history of Leavenworth, how it was a logging/mill town to a Bavarian theme.

My dad moved over here in the 70s to log and worked out at the Winton Mill until it's closure.

What prompted me to run was a series of events.

During lockdown with the businesses closed I gathered and rallied to support small business, to Reopen the Core. At the same time Antifa/BLM was running around rallying and burning businesses and killing people and police officers. Bringing a dangerous element to our community.

Then Carl Florea's letters to the city saying everyone born with white skin is racist and

another claiming if you don't wear a mask your running around pointing a gun at peoples' heads leads me to believe we have dangerous radical leftists running our local city government.

So many infringements on our personal freedoms and liberty all under the guise of an emergency for a virus with a 99% survival rate.

There are some issues I'd like to look into and maybe be a part of, such as this summer Florea asked residents to conserve water but now are looking into high density housing. We don't want to turn into California. I'd like to see the residents we have, have water.

I feel like I'd be a differing voice on the council.

Sometimes when people of like mind are the majority it can become an echo chamber.

I'm not a "yes man" type person or a go along to get along. I like to see, hear, discern



and make my decisions based on all the evidence not just the "narrative"

I'll leave with this quote by Dr. Ron Paul.

"When we give government the power to make medical decisions for us we in essence accept that the state owns our bodies."

Publisher's Note: Following numerous attempts to contact Ms Logan for an interview. She submitted the above statement and refused an opportunity to respond to reporter's questions. We have only edited it for a few spelling and grammar issues.

Cascade School Board Director District #1 Candidate Misha Whitfield

BY: MEGAN SOKOL

Meet Misha Whitfield, the Wenatchee-based counselor who is running opposite of Mike Worden in the Cascade School Board Director District #1 race. Whitfield states that her psychology background and her innate curiosity make her a prime candidate for the position.

"I can help fill in gaps that's missing within mental health, within the school system, helping with communication with parents and teachers and really allowing the voiceless to have a voice," Whitfield said.

Whitfield is part of the Washington State Psychological Association on the Good Trouble Committee and was motivated to join following the aftermath of George Floyd's murder.

"As psychologists, we wanted to meet to figure out how we can raise issues of diversity and equity and inclusion," Whitfield states.

In regards to the recently mandated Diversity and Equity training, Whitfield thinks that there has been a political misunderstanding on what that actually means.

"I've been getting multiple questions about critical race theory, and that's not what this is about," Whitfield explained. "What this is about is really an understanding of everyone, economically speaking. It's not just about gender or about the color of our skin. It's disabilities, it's learning disabilities, it's socioeconomic, I mean it's across the board."

She hopes to collaborate with the school board in finding solutions with them and also wants to respect people's stance on recent COVID-19 mandates.

"I feel like the moment that there's a mandate, I feel like a lot of us, I know for myself, that teenage self kicks in like, 'don't tell me what to do,'" Whitfield explained.

Whitfield states that voters should see her as authentic, confident, curious, speaks her truth, and will try to see the perspectives of those she disagrees with.

"One word that I love is curiosity, and that's who I am," Whitfield said. "I'm curious, curious about people, their thoughts, behaviors, and I ask them about it."

When asked about whether

or not masking could lead to negative mental health, she stated that it wasn't the masks that were leading an increase in suicides, but rather isolation.

"Every single kiddo that I meet with [...] I ask them, what is it like wearing a mask? They don't care," Whitfield states. "They're like 'I'm just so happy to be at school,' and the reality is, we know there was a huge increase in suicide last year because of the isolation, and so these kids, they don't even care and they're wearing them correctly."

If you would like to know more about Misha Whitfield, you can contact her at misha.whitfield@mac.com



Goodwin Road Bridge Update

SUBMITTED BY JILL FITZSIMMONS

Chelan County public information officer

The setting of girders for the new bridge resumes with placement scheduled for over the Wenatchee River early in the week. On Friday night, the contractor expects to be placing girders over Highway

2, so nighttime closures on the highway near Hay Canyon Road will be in effect.

The nighttime closure on Friday, Oct. 15, will be 9:30 p.m. to 5:30 a.m. Nighttime traffic will be able to get through the project area on a one-lane, temporary bypass road that will be set up off to the side of the eastbound lanes of the highway.

A trooper with the Washington State Patrol will serve as a flagger, helping motorists through the area. Traffic delays are expected and will depend on the level of traffic.

The nighttime girder placement then will continue into next week, with nighttime closures also scheduled for Oct. 18-20.

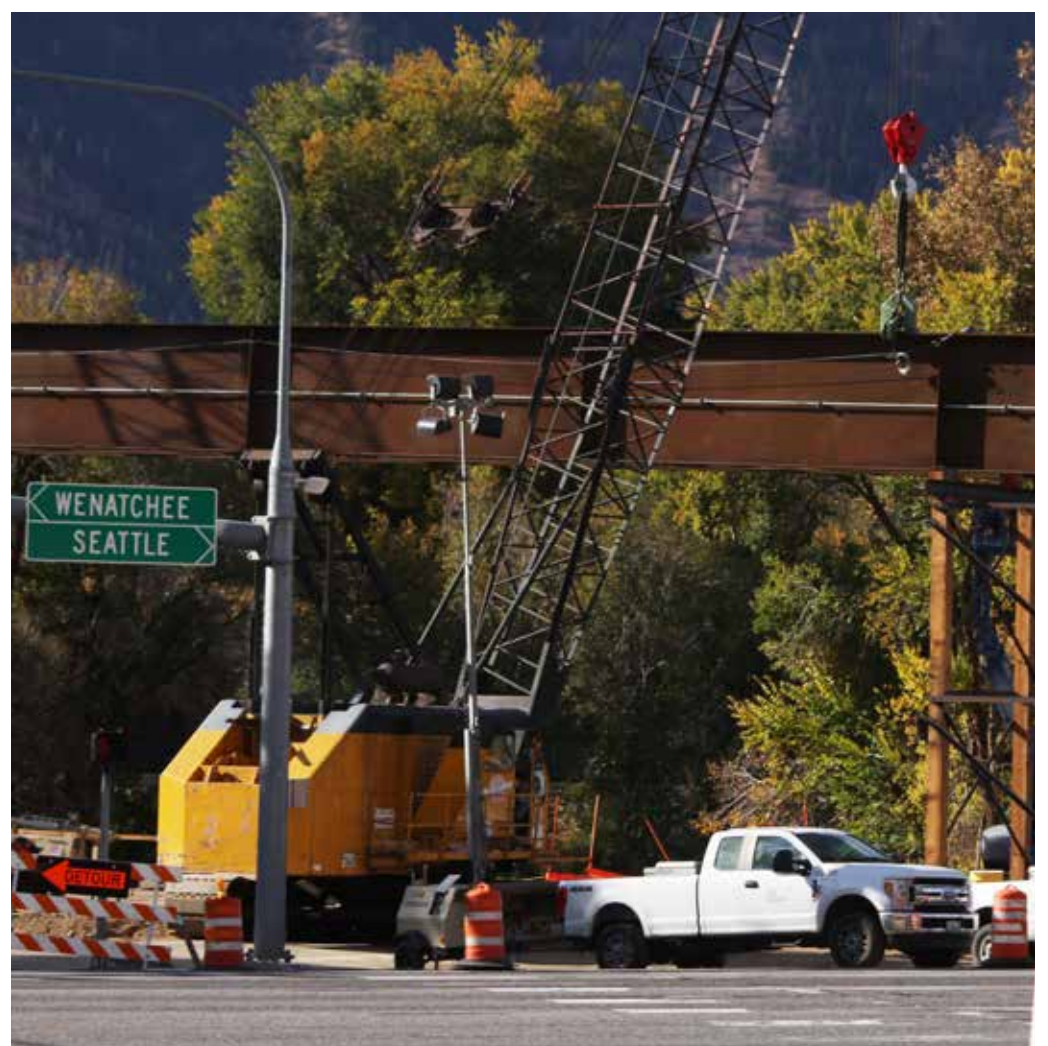


PHOTO BY MEGAN SOKOL

Cashmere Bridge construction will span across US Hwy 2, adding steel girders on Oct. 15th from 9:30 p.m. to 5:30 a.m. and will continue for the rest of the week.

Recreation

The Washington Outdoors Report



Ed Chin with two nice Columbia River smallmouth bass

PHOTO COURTESY ED CHIN.



Former Washington State Parks Director Peter Mayer

PHOTO PROVIDED BY WASHINGTON STATE PARKS.

Fall Bass And Fall Out At State Parks

By JOHN KRUSE

This is the time of year when many anglers winterize their boats and put them away until spring, but they are missing out on some great fall bass fishing. I had the opportunity to chat with Ed Chin, a well-known Pacific Northwest tournament angler and the owner of All About Adventure Excursions (www.aaexcursions.com), for an interview that aired last week on *Northwestern Outdoors Radio*.

Some of Chin's favorite waters to fish for fall bass include the Columbia River from Portland to the Tri-

Cities as well as Banks Lake, Potholes Reservoir and Lake Roosevelt. Chin says these bass are, "Moving out of their traditional summer areas, moving up into the shallows...There putting that fall time, winter time feedbag on so they're going to be aggressive."

Chin will use what he calls search baits like spinnerbaits or lipless Rat-L-Trap style crankbaits or a medium to deep-diving crankbait to find these aggressive fish, which often school up together during the autumn months. Once the reaction bite dies off for the aggressive fish, Chin will often turn to soft plastics to tempt more reluctant fish in these schools to bite. Chin likes to use a drop shot rig,

fishing the plastic about 16-inches off the bottom.

Chin reminds anglers the fish will be deep part of the day and shallow during other times so don't just fish one depth this time of year. Chin also suggests moving on to new places when the bite in any particular spot dies off after using this searching hard bait/finessing soft bait tactic. Good fall fishing should be available for bass anglers through mid-November as long as the weather cooperates.

Washington State Parks Director Out:

Meanwhile, in our state capitol, State Parks Director Peter Mayer stepped down on October 6. A press release

from Washington State Parks stated, "Mayer's decision to resign is based on the best interest of his family and he steps down as director to pursue other opportunities closer to his new home."

This explanation is as fishy as Ed Chin's bass. Mayer's home in Issaquah isn't exactly a world away from Olympia, let alone out of state, or even east of the Cascades and he only started his job as the director in March.

Furthermore, Mayer's decision comes in the wake of three special meetings that took place on September 22nd, October 4th and October 6th where the State Parks Commission immediately went into executive session. The purpose of these

meetings, according to published agendas, "Is for the Commission to receive and evaluate complaints brought against a public officer or employee, and to determine and/or set the proper course of action in light of the complaints." In the latter meetings the agenda also addressed the potential need to put the employee in question on administrative leave and whether an interim officer should be put in the employee's place to fulfill their duties."

All of the meetings immediately went into Executive Session and there is no public record of what transpired except for Mayer's sudden resignation the same day the October 6th meeting took place. When asked what

the nature of the complaint was and if Mayer was the subject of the complaint, Washington State Parks Communications Manager Amanda McCarthy stated, "Mr. Mayer voluntarily resigned" and "Since the meeting was related to an ongoing personnel matter, I do not have any additional details to provide at this time."

The bottom line? Something happened to force Mayer out, but nobody at Washington State Parks is saying why right now. I have put in a Public Disclosure Request in an effort to find out more details.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

CSD Has Established Efficient Rapid COVID Testing Procedures



Marlene Farrell
Correspondent

Cascade School District (CSD) has developed a system to help district families' health by having daily openings for rapid COVID testing. Monday through Friday, from 1pm to 2pm, staff, students and their families can drive to the west side of Cascade High School for testing out of the sports medicine room. School nurses Kesha Smith and Shelly Zehm perform the nasal swab after each patient has filled out a small form that includes information on vaccination status and about exposure and/or symptoms. Extra personnel help with the queue of cars as well as the data entry.

On a recent day, they performed 56 tests, the most on any one day so far. This shows that district families both appreciate and need this service, given the spread of the delta variant through both vaccinated and unvaccinated people.

The BinaxNOW antigen test takes less than a minute to administer. Smith or Zehm inserts the swab ¼ inch up a nostril, turning it five times and then repeating with the other nostril. The swab is then put into a test cartridge that has a reactant in it which changes color if in contact with COVID antigens (proteins on the surface of the virus). The patient can leave after swabbing.

Fifteen minutes later, the nurse reads the result, which looks a bit like a pregnancy test—one line for negative and two lines for positive. This information is inputted into a Washington State database for tracking trends, and the tested individual receives a text by 3 p.m. about their result.

If the result is negative for a student or staff, he or she can return to the buildings as soon as symptoms clear up. If it is positive, there are various

scenarios to consider, and each individual receives a phone call from Smith or Zehm explaining the best course of action, given their circumstance.

This symptomatic testing is funded by Washington State's Health Department because CSD has been participating in the state's "Learn to Return" program. On CSD's website it states, "COVID testing is integrated into school districts as an additional mitigation strategy."

Although the test kits are covered by the funding, the staff time required for this effort is not insignificant. The district is, in fact, hiring a health assistant soon, so other staff can concentrate on their normal duties.

Superintendent Tracey Beckendorf-Edou explained part of the reason there is such a demand for rapid testing. "The challenge we're having is that COVID testing is greatly reduced in community locations this year as compared to last year," she said. "Remember when the National Guard came out to do community testing? There's so little community testing now that the onus falls on school districts. We're all doing our best, but there's a lot of work. When we have more robust testing then kids can

come back to school sooner if they are a close contact, for example."

These BinaxNOW tests are authorized to be used on anyone two years of age and older. However, again, due to limited supplies, this testing is available only for symptomatic or exposed persons who are connected with the Cascade School District.

CSD will be ramping up more rapid testing in the late fall for the required testing of winter sports athletes two times per week. Logistics are still being worked out.

The district is continuing to do some limited asymptomatic testing using Everlywell RT-PCR tests. "We're doing Everlywell tests for asymptomatic staff," said Beckendorf-Edou. "Also, we have partnered with the fire departments in Plain and Peshastin to be able to do asymptomatic testing for students in Beaver Valley and PD. However, our nurses have been so overloaded with symptomatic testing that we haven't been able to start the asymptomatic testing for students in Leavenworth yet. We still want to do it, but it's on hold until we can get some more help or until there is less demand for symptomatic testing."



SUBMITTED PHOTO.

School nurse Shelly Zehm administers a rapid test nasal swab for a resident outside Cascade High School under a newly erected tent.

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For More Information: go to: wordenforschoolboard.com and [worden4schools](https://www.facebook.com/worden4schools) for info and link to Mike's weekly Zoom town halls

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Deadline is Friday by Noon for the following Wednesday issues of all newspapers

METHOW VALLEY LUMBER in Twisp has immediate opening for the following positions
COUNTER SALES PERSON, part to full time, and **CUSTOMER SERVICE YARD ATTENDANT FORKLIFT OPERATOR,** full time. Must have valid driver's license. Please stop by for an application.

Help Wanted

Water Distribution Technician
Lake Chelan Reclamation District
Manson, Washington
509-687-3548
The LCRD is an irrigation district that provides irrigation, domestic water and sewer services. The job tasks for this position may include the following:
• Provide construction and operations support for water and sewer utility systems
• Perform technical Water Treatment Plant Operation training duties
• Perform miscellaneous manual labor
• Available for rotational off-hour emergency response
• Must be willing to relocate to the Manson area.
Qualification Requirements:
• High school diploma or GED
• Ability to operate heavy equipment
• Ability to obtain Water Distribution and Water Treatment certifications within 1 year
• Problem solving skills using basic mathematics
• CDL or ability to obtain
• Familiarization with MS Office such as Outlook, Excel, Word
• Bilingual a plus
• Washington State Driver's License
Salary Range: \$18-\$23 DOE plus excellent benefits
Application: Apply by submitting your District application, resume and cover letter by e-mail to Staff@lcrd.org. Position is open until filled. First application review 11/3/21. Download an application and a more detailed description of job tasks and requirements on our website at www.lcrd.org under Forms.

We are looking for an experienced and compassionate caregiver to provide excellent care to our 90 year old mother that lives in the Leavenworth area. Duties to include helping her to bathe, get dressed, prepare meals, light house-keeping, grocery shopping and provide transportation to appointments / outings. Applicants should, 1) have experience as a caregiver, 2) knowledgeable in basic emergency and safety procedures, 3) be in good physical condition, 4) have reliable transportation, 5) flexible schedule a plus. Wage depending on experience. Please send resume to: Care Giver PO Box 32 Leavenworth, WA 98826

Part-time Delivery Person Needed
We are looking for a reliable, responsible individual to pick up and deliver our newspapers early Wednesday mornings to our local racks, dealers and advertisers. Other duties include collecting and counting money. Cleaning racks. Must have good driving record and proof of insurance. Apply in person at 215-14th St. Leavenworth call 509-548-5286 to schedule an interview. 10-5 weekdays.

Help Wanted

THREE RIVERS HOSPITAL
ER NURSE
Full-time/ Nights
Three Rivers Hospital is seeking an ER Nurse to provide nursing assessment, treatment and evaluation of ER patients and outpatients. Current WA State RN license required. Current BLS / CPR, ACLS, TNCC and PALS certifications. Two years' Med/Surg experience or one-year ER experience preferred. Rotating days and includes some weekends. Sign-on Bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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The right candidate must be outgoing, and personable, have sales and computer knowledge. We will train the right person on our software. Stop in The Leavenworth Echo, 215-14th St. 10 a.m.-5 p.m. with a resume or call for an interview with Bill or Carol, 509-548-5286. EOE

THREE RIVERS HOSPITAL
RADIOLOGY/ CT TECH
Full-time
Three Rivers Hospital is seeking a Rad/ CT Tech to produce CT scans and assist the Radiologist with interventional procedures that require CT guidance and to provide the best diagnostic images possible for the providers. Registered by the ARRT and Certified WA State. Graduation from an AMA - approved school of Radiologic Technology. Minimum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer ARRT certification in CT. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



Puzzle Solution

2	8	9	7	1	4	3	5	6
1	3	6	5	2	9	7	8	4
4	5	7	6	3	8	2	1	9
7	4	8	9	6	2	5	3	1
5	9	2	1	4	3	6	7	8
6	1	3	8	5	7	4	9	2
8	6	5	2	7	1	9	4	3
3	2	1	4	9	5	8	6	7
9	7	4	3	8	6	1	2	5

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Help Wanted

THREE RIVERS HOSPITAL
DIETARY MANAGER
Full-time
Three Rivers Hospital is seeking a Dietary Manager responsible for directing and assisting dietary staff with food preparation, helps with establishing patient menus and monitors departmental compliance with federal/ state guidelines and sanitary practices. Candidate must have one year food service management experience or a bachelor's degree in related field. CDM and ServSafe Certification, CPR and Food Handler's permit are required. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

THREE RIVERS HOSPITAL
Informatics RN
Full-time
Three Rivers Hospital is seeking an Informatics RN to support the hospital and clinic in the application of the EMR. Experience teaching clinicians with EMR, strategic planning and development, and familiar with continuous quality improvement methods is preferred. Strong computer skills and experience working with healthcare informatics systems. Excellent interpersonal skills required. Current WA State RN license required; BSN preferred. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

CASCADE SCHOOL DISTRICT
The Cascade School District is seeking qualified applicants for the following positions:
Day Shift Custodian
Medical Support Specialist
Alpine Lakes Elementary School Bilingual Secretary
Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

Help Wanted

PATEROS SCHOOL DISTRICT
ASSISTANT HS BOYS BASKETBALL COACH
Season runs 11/15/21 - 3/5/22. Starting salary \$3427.65. All applications processed through FAST TRACK: www.pateros.org>Our District>Employment. Position descriptions available online. Contact employment@pateros.org or the district office at 509-923-2751 x 4 for more information. First review of applications is 10/26/21. Positions open until filled. EOE
PATEROS SCHOOL DISTRICT RESOURCE ROOM PARA
Employment begins immediately. Seven (7) hours per day, 7:30 a.m. - 3:00 p.m. Candidate must meet federal certification standards and favorably pass a WA State Patrol/FBI background check. Instructional aide and special education experience preferred. Hourly starting pay \$15.71 with medical and retirement benefits. All applications processed through FAST TRACK: www.pateros.org>Our District>Employment. Position description available online. Applications reviewed upon receipt. Position open until a qualified applicant is hired. EOE.

THREE RIVERS HOSPITAL
Certified Coder
Full-time
Three Rivers Hospital is seeking a Certified Coder. This position is responsible for timely, accurate and comprehensive review of services. Abstracts, analyzes, and assigns ICD-10-CM, CPT, HCPCS codes and appropriate modifiers for evaluation and management (E/M), minor procedures, and diagnostic tests by using either computerized or manual systems. Required: Associate degree, bachelor's degree, or equivalent years of experience as coding specialist. Current professional coding credentials such as AAPC, (CPC), (CCA), (COC), (PMI), (CMC), or AHIMA (CCS-P), (CCS), (RHIA), (RHIT) or be able to obtain credentials within 6 months of hire. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted

Clerk of the Board/ Facilities Coordinator - Full-time
Organization: Okanogan County Transit Authority (TranGO)
TranGO is looking for a full-time Clerk of the Board/ Facilities Coordinator. This position is hourly non-exempt. Compensation is \$26.00 - \$28.12 per hour. Benefits include health, dental, vision and life insurance, retirement, sick leave, vacation. Responsible in part for clerical duties for the OCTA and OCOG Boards, replies to Public Records Requests, notary, compiles and edits various documents, advertising for meetings and public hearings, serves as back up on phones, receiving and distributing mail, organizes and maintains all OCTA and OCOG files and is responsible for records retention. Please visit www.okanogantansit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for the position. E-mail your completed application to financehr@okanogantansit.com or mail to TranGO PO Box 507 Okanogan, WA 98840 Application Deadline: First review of the applications will be 10/25/21; position open until filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

THREE RIVERS HOSPITAL
OR Circulator Nurse
Full-time
Three Rivers Hospital is seeking an OR Circulator Nurse. Current WA State RN license. Two years' experience as a full-time circulator. BLS and ACLS certifications. Basic computer skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Puzzle Solution

I	R	A	N	S	P	A	C	L	E	F		
N	O	V	A	D	U	O	S	S	A	I	G	A
S	E	E	D	R	I	L	E	I	M	M	I	X
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D	A	T	A	L	S	D	G	O	T	O		

Help Wanted



OR Manager Full-Time

Three Rivers Hospital is seeking an OR Manager to oversee the OR nursing staff and the surgery department. Candidate must have current WA State RN license and ACLS & BLS. Must be proficient in orthopedic, general and OB/ GYN surgeries. Should have 2-3 years of progressively responsible experience in hospital nursing, including leadership assignments. Excellent communication and discretionary skills. Monday-Friday, 8-hour shifts. No call time. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Help Wanted



Director of Quality Full-time

Three Rivers Hospital is seeking a Director of Quality to manage our quality program, including risk and compliance. Registered Nurse with a BSN degree is preferred; however, a minimum of a bachelor's degree in Business or related field may be considered. Three to five years healthcare experience is preferred. Strong skills required: organizational, interpersonal, communication, analytical, risk assessment, computer, statistics & math, and problem-solving. Attention to detail and a high moral integrity is crucial. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Moving Sale

MOVING SALE

File Cabinets
4 - 4 drawer file cabinets, with hanging file frames, hanging folders and used file folders.
1 beige, 3 gray.
15"x25"x52"
\$75 each OBO

3 - 2 drawer file cabinets, with hanging file frames, hanging folders and used file folders.
1 gray, 2 taupe
15"x27"x29.5"
\$38 each OBO

1 - 2 drawer file cabinet, with hanging file frames, hanging folders and used file folders
14.5"x18"x25"
\$20 OBO

Wood Conference Table
39.5"x29"x94.5"
\$90 OBO

Metal Desk
30"x60"x30"
\$30 OBO

2 Computer Desks with shelf 32"x18"x30"
\$40 OBO

Office Chairs
Priced to sell!

RCA Stereo with speakers - \$20 OBO PLUS

Misc Office Supplies
Priced to sell

Check out our FREE Table of Misc. Items

Lake Chelan Mirror
Open Monday-Friday 9 a.m.-5 p.m.
Saturday 9 a.m.-Noon
310 E. Johnson Avenue Chelan
509-682-2213

Public Notices

CITY OF LEAVENWORTH NOTICE OF PUBLIC HEARINGS NOTICE IS HEREBY GIVEN that the Leavenworth City Planning Commission will hold four public hearings on November 3, 2021 at 7:00 PM via Zoom.

If you do not have computer access, please contact City Hall for special accommodations. Each hearing items will include time for public testimony on amendments to City of Leavenworth Comprehensive Plan and zoning codes.

The hearings will cover:

- Leavenworth Comprehensive Plan - changes throughout the document and appendices, including goals and policies, creation of a new Residential Low Density 8,000 designation (removing Residential Low Density 12,000 and 10,000), changing a portion of the Osborn School site from RL-6 designation to Recreation Public (no residential uses), updating the capital improvement plan, updates to the text for clarity and improved ability to read.
- Lot Size Requirements - combining land use designations LMC 18.21 Residential Low Density 12,000 and LMC 18.23 Residential Low Density 10,000 into a new LMC 18.18 Residential Low Density 8,000 designation which would change the minimum lot sizes from 12,000 and 10,000 square feet to 8,000 (respectively).
- Duplex Lot Size Requirements - change the minimum lot size requirement for a duplex from 12,000 square feet to the corresponding zoning district, amending LMC Sections 18.20.060, 18.21.060, 18.23.060, 18.36.045; and removing 18.52.130, conditional use permit - two-family dwelling units (duplexes).
- Affordable Low-Income Housing Incentives - new LMC Chapter 18.42 to provide incentives for the creation of affordable low-income housing. Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Development Services within City Hall, phone 509-548-5275 or email: dsmanager@cityofleavenworth.com.

Published in The Leavenworth Echo/Cashmere Valley Record on October 20, and 27, 2021. #2903.

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In the Matter of the Estate of: WILMA DORIS KING, (Deceased) NO 21-4-00352-04

PROBATE NOTICE TO CREDITORS RCW 11.40.030

The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: October 20, 2021

Personal Representative: Rex Harold King
Attorney for Personal Representative: Steve D. Smith
Address for Mailing of Service: 617 Washington Street Wenatchee, WA 98801 (509) 662-3551

REX HAROLD KING
Personal Representative
DAVIS, ARNEIL LAW FIRM, LLP
Attorneys for Estate
By **STEVE D. SMITH**
WSBA #16613

Published in The Cashmere Valley Record/ Leavenworth Echo on Oct. 20, 27, and Nov. 3, 2021. #2943.

Public Notices

NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN that the Hearing Examiner for the City of Leavenworth will hold a Public Hearing to consider and make decisions on two Planned Development Vacation applications and three Administrative Appeals. The vacation applications will be open record items and the Administrative Appeals will be closed record items. The Hearing will be held at 10:00 am, Thursday, November 18, 2021, online via Zoom, Meeting ID: 810 7608 4420, Password: 225588; Or the call-in phone number: 1-253-215-8782.

1. PDV 2021-054: A request by the City of Leavenworth to vacate the expired Planned Development (PD), known as Meadowlark (PD 2021-01). The preliminary approval and Development Agreement associated with the project has expired; The City is requesting the formal vacation of the Planned Development to revert the subject properties to the original underlying zoning districts of Multifamily Residential and Residential Low Density 6,000 (RL6). The property is located on vacant land, between Titus Road and Chumstick Hwy, and identified by Assessor's Parcel Numbers: 241701550135, 241701550143, 241701550153, 241701550111, 241701550114, 241701550138, 241701550240, and 241701550142.
2. PDV 2021-054: A request by the City of Leavenworth to vacate a Planned Development on property owned by Chelan County PUD #1. This Planned Development was authorized prior to annexation, under Chelan County's authority. Staff has no records of this Planned Development and is seeking approval to vacate the PD and revert the parcel to the underlying zoning district of Light Industrial. The property is located at 222 Chumstick Hwy, and identified by Assessor's Parcel Number 241701440100.
3. AA 2021-057 A request by property renter, Beth Walker, to appeal the First New Letter of Assessment issued for violation of the Leavenworth Municipal Code regarding charging for parking, which is an unpermitted commercial use in a residential zone (COD2021-051). The property is located within the Multifamily Residential Zone and identified by the Assessor's Parcel Number: 241712676112.
4. AA 2021-056 A request by property owner, Bill Evans, to appeal the Notice of Violation and Order issued for violation of the Leavenworth Municipal Code regarding storage of a Recreational Vehicle in the front yard setback and within the required 10 feet parking setback (COD2021-042). The property is located within the Residential Low Density 6000 District and identified by the Assessor's Parcel Number: 241711910060.
5. AA 2021-055 A request by property owner, Kimberlee Larson, to appeal the Third New Letter of Assessment issued for violations of the Leavenworth Municipal Code regarding an unpermitted carport, parking, and Recreational Vehicle Storage (COD2021-008). The property is located within the Residential Low Density 6000 District and identified by the Assessor's Parcel Number: 241711836040. The public is encouraged to attend via zoom and to submit written comments prior to the hearing. Comments will be accepted for items 1 and 2 only; Items 3-5 are part of a closed record hearing, with no public comment or testimony. Materials may be viewed by appointment only at City Hall, or on the City's Public Portal at <https://bit.ly/2RMadlw>. Questions may be directed to Maggie Boles, Development Services, phone 509-548-5275 or email seniorplanner@cityofleavenworth.com.

Published in The Leavenworth Echo/Cashmere Valley Record on October 20, 2021. #2941

For Sale

Apparel

A Variety of Bavarian Clothing for Sale: PRICES REDUCED !

3 Bavarian-styled vests, sizes small & medium, 2 woolen and one velvet. \$15 each.

One Loden-grey and green wool suit, German size 44. \$35

One pink and green dirndl with apron. \$15.

2 aprons, light blue and copper-colored. \$5 each.

One medium-sized long-sleeve white blouse. \$5.

3 girls' dirndls, sizes 6, 8 and 10. \$10 each.

Man's Military green overcoat, Size 38 short \$25.

Come in to see items at The Leavenworth. 215-14th St. or call 548-5286 or Carol's cell:670-1723. See some photos on NCWMARKET.COM

Real Estate

Acreage



One of a kind Blewett Pass, 2.5 acres, 500' m/l creek front with well. 15 minutes from Leavenworth \$299,000. Email: dutchpeddler@outlook.com

Homes for Sale

FREE OLD HOUSE

Cashmere, must be removed in or dismantled within six months. Near new metal roof. Approximately 1400 sq. ft. And water purification system included. Refundable \$1000.00 deposit upon agreed to completion. 360-631-9211

Legals

Public Notices

CITY OF CASHMERE SUMMARY OF ORDINANCE NO. 1298

On the 11 day of October, 2021 the City Council of the City of Cashmere, Washington passed Ordinance No. 1298. A summary of the content provides as follows:

AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON; REVISING AND ADDING PROVISIONS TO TITLE 17 OF THE CASHMERE MUNICIPAL CODE, REGULATING ACCESSORY DWELLING UNITS; CONTAINING A SEVERABILITY PROVISION; AND SETTING AN EFFECTIVE DATE.

Effective date of this ordinance is five days after publication. A copy of the full text of this ordinance is available at Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815. Published in The Cashmere Valley Record/Leavenworth Echo on October 20, 2021. #2920

Public Notices

CITY OF LEAVENWORTH NOTICE OF PUBLIC WORKSHOP NOTICE IS HEREBY GIVEN that the Leavenworth City Planning Commission will hold a Workshop on October 27, 2021 at 7:00 PM via Zoom. If you do not have computer access, please contact City Hall for special accommodations. The workshop will review amendments throughout the Leavenworth Comprehensive Plan and appendices, including streamlining goals and policies. Of particular interest are changes related to creation of a new Residential Low Density 8,000 designation (removing Residential Low Density 12,000 and 10,000), changing a portion of the Osborn School site from RL-6 designation to Recreation Public (no residential uses), updating the capital improvement plan, updates to the text and format throughout for clarity and improved ability to read.

Zoom link available on the City Event Calendar: <https://cityofleavenworth.com/your-city-hall/calendar>

Or login to zoom: Meeting ID: 884 9994 1652 Passcode: 345345

Or call in: 1-253-215-8782

Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Development Services within City Hall, phone 509-548-5275 or email dsmanager@cityofleavenworth.com.

Published in The Leavenworth Echo/Cashmere Valley Record on October 20, 2021 #2900

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF CHELAN

In the Matter of the Estate of: JERRY LEE CLARK, Deceased. NO. 21-4-00354-04

PROBATE NOTICE TO CREDITORS RCW 11.40.030

The administrator named below has been appointed as administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the administrator or the administrator's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: October 20, 2021

Administrator: Brenda Marty
Attorney for Administrator: Steve D. Smith
Address for Mailing of Service: 617 Washington Street Wenatchee, WA 98801 (509)662-3551

BRENDA MARTY Administrator
DAVIS, ARNEIL LAW FIRM, LLP Attorneys for Estate
By **STEVE D. SMITH**
WSBA#16613

Published in The Cashmere Valley Record/ Leavenworth Echo on Oct. 20, 27, and Nov. 3, 2021. #2944



COVID-19 COORDINATOR / MA-C Full-time/Temporary

Three Rivers Hospital is seeking a COVID-19 Coordinator to work in our medical clinic. This position performs essential tasks, which includes answering and returning phone calls to patients related to questions around the COVID vaccine, testing, results, and general questions; administrator COVID-19 vaccinations. High school graduate or equivalent, must have valid WA State MA License. Required: ability to communicate in English and Spanish. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



Med/ Surg RN Full-time/ Nights

Three Rivers Hospital is seeking a Med/ Surg RN to perform general nursing duties in an acute care setting with adequate supervision. Current WA State RN license and must have current BLS/ CPR & obtain ACLS certification within one year. Rotating days and includes some weekends. Sign-on bonus: \$5,000. Interested Candidates may apply in person or by mailing their resume to: Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

General Merchandise

Greeting Cards for Sale 1/2 price

To raise funds for the Royal Ladies of Autumn Leaves. Special Leavenworth cards like:

Wish you were here with me in Leavenworth.

'Special Friends' Or I miss you.

Happy Birthday from Leavenworth!

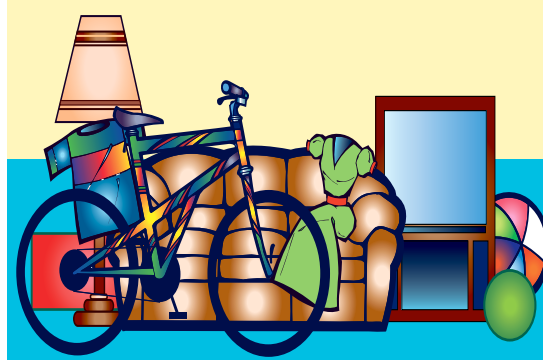
Many more titles. No boxed cards. Thank you for your support.

Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286.

www.leavenworthecho.com

www.cashmerevalleyrecord.com

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• Place your ad 24/7 at ncwmarket.com

• Email: classifieds@leavenworthecho.com

• Call 548-5286

Check the weathercams online before traveling over the mountain passes!

www.leavenworthecho.com | www.cashmerevalleyrecord.com



Public Notices

Public Notices

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 202 Seattle, WA 98104 Trustee Sale No.: WA-21-891743-BB Title Order No.: 200030665-WA-MSW Reference Number of Deed of Trust: Instrument No. 2258178 Parcel Number(s): 222008805006 Grantor(s) for Recording Purposes under RCW 65.04.015: CHRISTINE R WILLSEY, A SINGLE WOMAN Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Prelium Mortgage Acquisition Trust Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: Selena Finance LP I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 11/19/2021, at 10:00 AM at the main entrance to the Chelan County Courthouse, located at 350 Orondo St, Wenatchee, WA sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: APARTMENT NO. 3, OF THE RACQUET CLUB, A CONDOMINIUM, ACCORDING TO THE DECLARATION THEREOF, RECORDED UNDER AUDITOR'S FILE NO. 788373 AND AMENDMENTS RECORDED THEREAFTER, RECORDS OF CHELAN COUNTY, WASHINGTON, SURVEY MAP AND PLANS FOR THE RACQUET CLUB, RECORDED UNDER AUDITOR'S FILE NO. 788372, IN VOLUME 9 OF CONDOMINIUMS, PAGES 22 THROUGH 26, RECORDS OF CHELAN COUNTY, WASHINGTON. More commonly known as: 1815 NUMBER 2 CANYON RD #3. WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 6/11/2007, recorded 6/15/2007, under Instrument No. 2258178 records of CHELAN County, Washington, from CHRISTINE R WILLSEY, A SINGLE WOMAN, as grantor(s), to FIDELITY NATIONAL TITLE, as original trustee, to secure an obligation in favor of NATIONSTAR MORTGAGE LLC, as original beneficiary, the beneficial interest in which was subsequently assigned to Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Prelium Mortgage Acquisition Trust, the Beneficiary, under an assignment recorded under Auditors File Number 2515278 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$31,374.12. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$127,005.71, together with interest as provided in the Note from 10/1/2018 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 11/19/2021. The defaults referred to in Paragraph III must be cured by 11/8/2021 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 11/8/2021 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashier's or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 11/8/2021 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 8/26/2020. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4683) or Web site: http://www.dfl.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hsg/sflth/cc/fc/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcf> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4619 or Web site: <http://nwjustice.org/what-clear> Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-21-891743-BB. Dated: 7/15/2021 Quality Loan Service Corp. of Washington, as Trustee By: Jeff Stenman, President Trustee's Address: Quality Loan Service Corp. of Washington 108 1st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-21-891743-BB Sale Line: 916-939-0772 or Login to: <http://wa.qualityloan.com> IDSPub #0173969 10/20/2021 11/10/2021 Published in The Cashmere Valley Record/Leavenworth Echo on October 20, and November 10, 2021. #2430

How to live with anti-estrogen medicines

"I ache all over. I just don't know how I can do this for the next 5 years."



65-year-old Sarah is a breast cancer survivor. Upon completing her successful chemotherapy and surgery 6 months ago, her doctor prescribed an anti-estrogen medicine called Arimidex® (anastrozole).

like in the Mediterranean diet or coconut oil instead of vegetable oil or butter. Since I'm not a fan of the taste of olive oil, I use avocado oil, which has a buttery flavor.

Anti-estrogen medicines help prevent breast cancer, treat it, or, like Sarah, prevent it from coming back. There are two types of anti-estrogen medications: estrogen production inhibitors and estrogen-blocking agents.

Hot flashes and night sweats are common side effects of taking tamoxifen or aromatase inhibitors. Unfortunately, hot flashes from these medicines don't seem to respond to soy or supplements containing black cohosh like Remifemin® or red clover.

In women who have gone through menopause, a particular enzyme called aromatase is responsible for creating estrogen. Medications that interfere with aromatase are called aromatase inhibitors. Aromatase inhibitors like anastrozole (Arimidex®) and letrozole (Femara®) are often prescribed for 5 years after initial breast cancer treatment to decrease the risk of recurrence.

Fortunately, some prescription medicines can help relieve menopausal symptoms without estrogen. Antidepressants like venlafaxine and citalopram, and gabapentin, a drug that relieves seizures and nerve pain, can ease hot flush and night sweat symptoms.

Estrogen blocking medicines prevent estrogen from binding to breast tissue. The estrogen blocker tamoxifen (Nolvadex®) is combined with other drugs to treat breast cancer and avoid its recurrence in high-risk women.

Sarah is not alone; nearly half of women taking aromatase inhibitors experience aching muscles or painful joints. Although non-prescription medicines may offer relief, no option is better than any other.

The most common side effects of anti-estrogen medicines are aching muscles or joints, hot flashes or night sweats, weight gain, dry skin and hair, and vaginal dryness and discomfort.

One place to start is with either Tylenol 8-Hour® or Tylenol Arthritis® Extended Relief, which lasts twice as long as Tylenol®

One way to combat dry skin and hair is to eat a "good fat" diet with olive oil

Extra Strength. Sarah could try one or two of the 650mg tablets twice daily every day. Anti-inflammatory medications may also help muscle aches and joint pain, like Ibuprofen (Motrin-IB), naproxen (Aleve®), fish oil capsules, and cannabidiol (CBD).

Physical activity discourages weight gain and helps boost your mood. It may reduce muscle aches and joint pain experienced by nearly half of women who take an aromatase inhibitor like anastrozole or letrozole.

Glucosamine may offer relief and has minimal side effects; it can also be added to other medicines without causing problems. I recommend glucosamine powder twice daily because it is less expensive and better absorbed than pill form. Allow 4-6 weeks of taking glucosamine to see the full effect before deciding if it's helping you.

4. Try a non-prescription remedy.

Although they don't work in everyone, Tylenol® Arthritis or Tylenol 8-Hour® 650mg tablets, Aleve® (naproxen), or Motrin-IB (ibuprofen) may help Sarah's discomfort. Other options include glucosamine powder, fish oil capsules, or CBD, or even a combination of them.

If these don't help, please talk to your doctor. People differ widely in how drugs can affect them, and a different medicine could make a huge difference.

5. Talk to your doctor.

For hot flashes and night sweats, prescription medicines like the antidepressants venlafaxine and citalopram or the anti-seizure medicine gabapentin may help.

Here are 6 Tips for Taking Anti-Estrogen Medicines Successfully:

- 1. Try a "good fat" diet.** Switching from a "low-fat" to a "good fat" diet like the Mediterranean diet can relieve dry skin and hair. "Good fats" include coconut, avocado, and olive oil. Taking a fish oil supplement may also help.
- 2. Avoid soy.** Don't take concentrated soy products or herbal supplements marketed for menopausal symptoms. Although much weaker than prescription-strength estrogen, these alternatives can have similar effects on breast tissue and should be avoided by women at risk for breast cancer.
- 3. Keep moving.**

6. Speak UP.

If you notice that your muscles or joints ache, don't blame old age; it may be your medicine. Talk to your doctor if your muscles or joints hurt. Switching to another medicine may improve your symptoms, making your next 5 years more tolerable.

Dr. Louise Achey, Doctor of Pharmacy, is a 42-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog TheMedicationInsider.com. © 2021 Louise Achey

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- Maximum tax deduction
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- Se habla español

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UNITED BREAST CANCER FOUNDATION

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*This is an approximate price and does not include taxes and fees. Single supplement and additional cabin fees apply. All-in offers available. Inland Cruiseline purchase of Shore Excursions & Airfare. Offer applies to one booking only, made by 9/30/21. Offer ends 12/31/21. See website for details.

2	8	9						
		6				7		4
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

THEME: ON AN OLD MAP

ACROSS

1. *Core of Persia today
5. *Belgian village where Roman soldiers enjoyed warm mineral springs
8. Pitch symbol
12. More luminous star
13. Abbott and Costello or Rocky and Bullwinkle
14. Eurasian goat-like antelope
15. Team's ranking
16. Make someone angry
17. Mix in
18. *Formerly Ceylon (2 words)
20. What tide does half the time
21. Reggae subgenre
22. Back then
23. ___ profundo
25. Depleted (2 words)
28. Wet firecracker
29. Catch in a net
32. Hip bones
34. Dormer without D
36. Schiller's poem
37. "It is silent" in sheet music
38. Discharge
39. Admirer
41. Earlier in time than, archaic
42. Not out (2 words)
44. Pinocchio and his kind
46. Evergreen creeper
47. "A League of Their Own" member, e.g.
49. Command to a fly
51. *Formerly Siam
54. Rain forest ruminant
55. Irish for Ireland
56. It's under a fig leaf?
58. Shockingly graphic
59. Impersonator
60. Manlike man-eater of fairy tales

DOWN

1. Opposite of outs
2. Fish eggs, pl.
3. Affirm solemnly
5. Seeking damages
6. Kenosha Kickers' music
7. On the sea
8. *Once named Kampuchea
9. Trunk appendage
10. Shining armor
11. Facsimile machine
13. Fire-starter in fairy tales
14. Trojan War military action
19. Red-dot pointer, e.g.
22. Cigar residue
23. *Myanmar, formerly
24. "___ One" on a ticket
25. Consumer
26. Stomach sore
27. Boat stops
28. John's and Jane's last name?
30. Pie a la ___
31. *Tokyo, formerly
33. Absorbed, as in a cost
35. *Abyssinia, now
37. Jury duty event
39. Comedian Schumer
40. Has more elm trees
43. Roundish
45. Not digital
47. Ox prod, pl.
48. Propelled like Argo
49. Arctic jaeger
50. '80 TV series "___ to ___" (1 word)
51. Bluish green
52. Canceled
53. "American ___," Jeanine Cummins' bestseller
54. Like one of the Testaments
57. Modern, prefix

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LETTERS TO THE EDITOR

Water

In the beginning, a nearby river or lake seems plentiful, so that water supply is taken for granted. When building projects are presented, each appears to be beneficial to the town, whether it's housing or commercial. And each is approved.

Eventually the pace of permitting speeds up. Developers ask for and receive rezoning to higher densities for multi-unit housing or commercial developments.

Once leaders "up-zone" the town's building codes, there is no backing down. Each project submitted that follows the code has the legal right to be approved. That's why rezoning and up-zoning are so powerful and so very destructive. Each unit built will require water for daily use for 2 - 4 people, ongoing, never-ending.

This pattern can continue for some time, until some event brings into focus what is really happening. It could be a hot spell in spring melting much of the snow or a long, hot dry summer. All of a sudden, everything is pulling/tugging hard on the town's water supply. And then a level of panic sets in. Leaders who should have foreseen this and acted earlier, finally wake up and warn the town. They threaten water restrictions, sometimes really big ones.

Residents growing gardens, food for themselves, or who have invested years of growing fruit tree crops, panic. Just when they need water the most, the water supply starts to fail and is severely curtailed. Some lose their harvest, or start to carry shower water outside to save their crop, or both. Next, residents' water allotment is cut, so the town has to live on less water, going forward. Everything gets drier. Further densification requires smaller water allotments until the entire town is just squeaking by with minimum water. This is what has happened in So Cal where all the residents are now water-starved. Yet it happens so slowly that they don't realize it.

Yet while town building codes still allow dense housing and commercial building, developers still continue to propose projects and get approved. So.....are your town's building codes about to be up-zoned to multiple high-density units??? Are your leaders protecting your town's irreplaceable water supply, or not?

Ann Crosby
Leavenworth

Re-elect Tom Baranouskas

I have had the pleasure to serve Cascade Medical in two very different capacities:

(1) From mid-2009 to early 2012, I served as Cascade Medical's Chief Executive Officer. During this time the major remodeling and

construction project was completed. During this time the hospital's Shared Values was also initiated; and

(2) Since 2016, my wife Terri and I have served on the hospital Foundation Board (a separate fund-raising corporation).

I continue to have a deep devotion and respect for Cascade Medical and its people, as well as, the hospital's ongoing commitment to serve Leavenworth and surrounding communities.

From my perspective, in any "normal" year, the governance and leadership of our smaller rural hospitals are challenging. However, the threshold of this challenge has significantly increased during this past 18 months with COVID's impact on fluctuating patient loads and increasing staffing demands and the stresses overlayed on our vital health care workers. This situation has been made more complex with new State and Federal requirements.

Need for Continuity in Leadership: The dramatic nature of these changes on health care delivery necessitates ongoing sound governance and administrative leadership. Tom's 6 years as an effective Commissioner brings that strong experience and continuity of Board leadership to Cascade Medical.

Tom also brings strong financial experience, is approachable, works collaboratively and is committed to patient care, employee interests and the needs of our community. One example is, as a resident in the Lake Wenatchee area, Tom continues the efforts of prior commissioner Jim Passage to improve the emergency response service to Lake Wenatchee by fostering a strong relationship between the hospital and Lake Wenatchee Fire & Rescue.

I urge you to consider these thoughts and vote to re-elect Tom Baranouskas as our Hospital Commissioner at Cascade Medical.

Mark Judy
Leavenworth

Vote for Baranouskas

I have known Tom Baranouskas since he moved to our community. Tom joined the Cascade Medical Foundation Board in 2013 and was elected Treasurer. When I retired from the Cascade Medical Board

in 2015 Tom was subsequently elected to the CM Board of Commissioners. Tom has held a number of positions on the Board, including Finance Committee Chair; is currently Board VP and is slated to become President of the Board in 2022. Tom is the only member of the board from the Lake Wenatchee community.

As a former CPA, I know the importance of Cascade

Medical having a Board member who has proven financial skills. Tom's background as VP of Finance for two large companies has given him exceptional knowledge regarding financial matters. Tom has brought that ability to the CM Board, providing leadership from a national prospective. CM has experienced a significant upgrade by Moody's Service Rating during Tom's tenure. With Tom's guidance, CM was able to renegotiate its long term financing

agreements and lower its interest rate significantly, saving a significant amount in interest payments.

CM has a very unique culture that supports its employee team and as a result has a very low employee turnover rate, which benefits our community and particularly patients. The Board has actively supported management in its quest to maintain that unique culture of caring.

As a former CM Hospital Commissioner, I know how important it is that all commissioners be completely focused on what is best for our community. It is important that the hospital's patients, employees and taxpayers all have complete confidence that the commissioners have no conflict of interests. We have an outstanding, experienced Commissioner, with no conflict of interest issues, in Tom Baranouskas. There is not reason to replace Tom with an unproven commissioner. As a former Hospital Commissioner, I urge you to re-elect Tom Baranouskas.

Jim Passage
Leavenworth

Vote for Goehner

I am aware that in the November 2021 election one of the Cascade Medical Board of Commissioners position is being contested. The incumbent is being challenged by Duane Goehner. Is this change good? Yes.

The board must always put patient care first. This must be visible in their meetings, their goals, their communications and their relationships to staff and physicians. Sometimes governing bodies need new perspectives which encourage them to keep their focus on the important parts of the hospital's mission.

I think the time is right for this change.

I do think the challenger, Duane Goehner, is extremely qualified for the Board of Commissioners. He has deep family roots in our community. He is well versed in problem solving techniques. His profession requires him to work collegially and collaboratively with large diverse groups of people. He understands the governance

role of the board.

He feels it is important for the board members to interact and listen to the various hospital constituents... patients, community, staff, physicians and fellow board members before making major decisions.

He is a good choice in these tumultuous times.

I will vote for him.

Doug Williams
Former Cascade Medical Center administrator/CEO (retired)

Vote for Tom

Five good people serve on the Board of Directors of Cascade Medical Center in Leavenworth. Four of them are from the Leavenworth area, one from the Lake Wenatchee/Plain area. It's vital that that single voice from the Upper Wenatchee River area be retained. Had Jim passage from that area not been on the Cascade Medical Board a number of years ago it's likely that the strong partnership between Cascade Medical and the Lake Wenatchee/Plain area would not have survived to produce the strong alliance we have today between Cascade Medical Emergency Services and Lake Wenatchee Fire and Rescue. That partnership and our extraordinary emergency service/ambulance response in the greater Leavenworth area must be preserved and Tom Baranouskas is a strong voice for that partnership. It benefits us all as LWFR now provides all vehicle maintenance services for Cascade Medical ambulances.

Tom Baranouskas of Chiwawa Pines is standing for re-election to the Board this year and is due to rotate into the office of President of the Board if re-elected. Tom has been a great voice for us in maintaining the remarkable medical service that serves us all and has been a strong leader in this time of Covid impact on all of our lives and medical care. He is the retired Chief Financial Officer of a large national company and thus well qualified to guide Cascade through these uncertain times.

Tom's opponent Duane Goehner is a good man and involved citizen but is not, I believe, the best choice for this position on the Board. His wife is an employee of Cascade Medical and Duane therefore would be expected to recuse himself from any policy decisions regarding personnel administration, pay schedules, etc, which together comprise a significant part of the Boards duties.

Please join me in supporting Tom Baranouskas in his campaign for re-election to the Cascade Medical Board. He has served us all well and will continue to do so.

George Wilson
Lake Wenatchee

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organization provides cancer services to any individual, care giver, and survivor.

The Wellness Place in Wenatchee offers free wigs, lodging assistance, gas cards, nutritional drinks, and additional resources for those who reside in Chelan, Douglas,

Osborn School

a new building but there are no plans of what that remodel would look like.

Concept 3 Provides the least amount of green space. It removes the workforce housing element and reduces the 50,000 square foot community center to 35,000 Square feet and reduces it to only two stories.

All three concept plans lean heavily on space for

Okanogan, and Grant Counties.

Wellness Place Executive Director Julie Lindholm notes her own gratitude for the One in Eight campaign and the awareness it brings during Breast Cancer Awareness Month during October.

"It's just a reminder [to] make sure you go get your mammogram, let's get the awareness out there that breast cancer is again, the number

one diagnosed cancer in North Central Washington," Lindholm explained. "It helps spread the word of who we are and what we do, so their support is immeasurable for us."

This year's One in Eight campaign will feature "Idaho Gem" wet hops, courtesy of Gooding Farms and harvested by CLS Farms.

"This is a great beer to just raise awareness

about how important it is to seek treatment early and stay on top of getting your mammograms," Brulotte said. "I found my cancer purely because I felt a lump, got a mammogram and right away they say you caught it."

Their new IPA will hopefully premiere on November 3rd, or early November. You can go to <https://lin8.co/> to learn more about their 2021 campaign.

seasonal outdoor activities including a bandstand for outdoor concerts, a splash pad, playground equipment area, removable tents and canopies that could be used for activities like the farmers market, and picnic tables for family BBQs. Concept 3 includes space for a basketball court. There is mention of a possible climbing wall and an ice rink, but its not clear where those activities would be placed on the property.

Stowe provided council with some estimated costs of the projects. Concept 1 is \$7.4 million. Concept 2 is \$10.3 million if the city retains the existing Osborn building, its \$15.1 million with a new building. Concept 3 is estimated at \$19.8 million. Funding for this project has not been identified at this point in the process.

All of the proposals, except Concept 2 envision tearing down the existing building. A subject that has been hotly

debated by City Council over the last few meetings. Currently, the building is vacant and unused. Councilwoman Waters went through a list of problems with the building as it sits, prompting Councilman Lundgren to describe it as a derelict building that is bleeding city funds.

What is not being considered at this point

There have been requests for a year-round pool. In response to that, there have been discussions about putting a roof on the existing city pool. There has also been complaints from residents that parking at the city pool is a problem that often makes it difficult to utilize the pool. None of the current plans for developing the Osborn site consider a pool.

The community has made it clear that they want a community center that is designed to be primarily for the use of local residents. This study takes a good look at the items

they would like to see in that facility, but it falls short of being a comprehensive solution. That means it is unlikely that the city will be able to utilize lodging tax funding like they did with the Festhalle.

The current city pool occupies prime real estate for our downtown. Real Estate that would be better used for additional paid parking. Instead of putting a roof on that facility, it might be better to move the city pool to the Osborn site and repurpose the city pool site for additional paid parking for tourists. That might qualify as a legitimate use of Lodging Tax funds.

A detailed analysis needs to be completed concerning the costs of renovating the existing Osborn building to accommodate the desires of the community identified in this study. That study needs to include a plan for sustaining the cost of operating the community center in the future.

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