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**UPPER VALLEY NEWS SINCE 1904** 

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# Cascade School District announces Employees of the Year



SUBMITTED PHOTO.

Cheryl Simicich, Bus Driver Trainer

daily and unselfishly to the students in our schools. Amanda Schafer, the Certificated Employee of the Year, is the Cascade High School Career Counselor. Previously, she was the Family and Consumer Science teacher at Cascade High School. Amanda is a Cascade High School graduate and a lifelong Kodiak. She lives in Dryden with her three sons Benjamin, Nicholas and Joshua. She enjoys farm animals, working

outside, running and hiking. As Vice Principal Rudy Joya stated, "Amanda loves to get her hands dirty and help in whatever way she can. If it has to do with students, she is ALL IN!" Principal Elia Ala'ilima-Daley further elaborated, "Amanda forms strong bonds with students in connecting them with the resources they need to move forward. She can have tough conversations with kids with a caring heart. Through her

guidance, all seniors are properly placed to help them graduate. Amanda Schafer does not hesitate to lend a hand in supporting our students." Cheryl Simicich, the Classified Employee of the Year, is a Bus Driver Trainer. Cheryl has one son, one daughter, 3 stepsons, and 7 grandchildren. She and her husband moved to Leavenworth in 2005. She officially retired last year from Cascade School District but returned this school year to train new bus drivers anyhow. Cheryl first started her driving career when she was hired at 29 years old by Coca-Cola as a delivery driver. As she said, "I was considered a token employee as I was the first woman in the beverage delivery industry on the west coast." Later, she worked for Monroe School District, community transit, and eventually Cascade School District. She started working in Cascade School District in the 2012-2013 school year as a substitute bus driver. She was later hired as a bus driver and as a bus driver trainer. Cheryl was inspired by her mother who told her to always take pride in what you do; it will show in the end. As Lori Duncan, Transportation Director, states, "Cheryl is a fantastic employee and an awesome person. Without her, the transportation department would not have been able to continue to serve our athletes or return our routes to normal this

# Meche Grace, New Counselor at PD & ALPS helps students & families



Marlene Farrell Correspondent

The first full week of February was National School Counseling Week, with the aim of focusing public attention on the tremendous impact school counselors have in helping students achieve school success. This success goes beyond academics to include students' sense of empowerment, self-worth, and community.

Cascade School District (CSD) has hardworking counseling staff, including Ashley Bartanen, Amanda Schafer and Katie Schmitten as the school counselor, career counselor and social worker at Cascade High School, respectively, Dani Steele, who works at Icicle River Middle School and Beaver Valley School, and Meche Grace, who serves the students at Alpine Lakes Elementary (ALPS) and Peshastin Dryden Elementary (PD).

Grace is new as of August 2021 to CSD, having previously worked as a counselor at other schools, a mental health therapist, and as a director of La Cima, a bilingual leadership and experiential education camp, held near Randle, WA.

Grace works with all 450 CSD elementary students in one capacity or another. "My week is split between the two elementary buildings, PD with transitional kindergarten to second grade and Alpine Lakes with third through fifth grade."

She follows a busy schedule. "I teach school-wide classroom lessons two times per month with each class (small vs. big problems, conflict resolution, growth mindset), thirteen lessons each week," she said. "I facilitate twelve small groups between the two schools each week with topics like social skills, family changes, anxiety management, etc.

"I am also on call for crisis intervention with students and do a lot of work with parents and families on creating common language around emotions, defining healthy boundaries, and academic goal setting."

Grace empathizes with the challenges that parents face. "In my experience, we are all doing our best to support our kids. Sometimes we just need additional guidance or ideas. That is where a school counselor can help."

The work of all counselors has increased as a consequence of the stressors created by the pandemic. "Social emotional learning has never been more relevant or more needed," Grace said. "According to CASEL (Collaborative for Academic, Social, and Emotional Learning), the five pieces of social-emotional learning are self-awareness, self-management, social awareness, relationship skills and responsible decision-making.

"Our students display a lack of skills in all these components, mostly showing up as heightened anxiety levels, increased despair, and fewer social skills to solve small problems with peers. I am finding most of my work at present is supporting students in how to relate to one another in kind, consistent ways as we are all out of practice.

Grace has meshed well with the staff at both schools. "The teachers and staff in both buildings have made my transition and learning curve really smooth; they are all student-centered and work very hard," she said. "I am continually impressed with the kindness and generosity of everyone

Continued to page A<sub>3</sub>

# Nutcracker Museum Earns Guinness Book of World Records Certificate

By Megan Sokol

Amanda Schafer, Career Counselor

SUBMITTED BY TRACEY BECKENDORF-

EDOU

Superintendent

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Awards began in 1985 by the North

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extraordinary, dedicated certificated

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Staff Writer

2022 started off with a surprise for Ms. Arlene Wagner who soon learned that the Nutcracker Museum had officially held the largest collection of nutcrackers in the world. In September of 2021, the Guinness World Records committee and Ms. Wagner counted all 9,103 nutcracking devises three times to be official.

Co-founders George and Arlene Wagner founded the Nutcracker Museum in 1995. Since then, the museum has been featured on CBS News, Food Network, and Ms. Arlene was a special guest on the Conan O'Brien Show. Some highlights of the museum include their 6 ft. Karl, and also the largest Rat King nutcracker, along with the countless other nut-cracking devices that date back to the Archaic period. You can visit and see all the nutcrackers and learn more about the museum at 735 Front Street in Leavenworth. Or visit www. nutcrackermuseum.com

PHOTO BY MEGAN SOKOL Nutcracker Museum Founder Arlene Wagner stands with 6 ft. mascot Karl as she holds the Guinness World Records certificate.



# CSD becomes a Hispanic-Serving School District

SUBMITTED BY CSD

Cascade School District (CSD) is delighted to become a 2022 Hispanic-Serving School District (HSSD), the first such school district in Washington State. In 2006, The Hispanic Association of Colleges and Universities (HACU) launched its HSSDs initiative for school districts whose total enrollment is at least 25% Hispanic with the intent of close and substantive collaboration between PreK-12 and higher education. CSD's enrollment of Hispanic students is 31%, which is why CSD was invited to become a HSSD.

As HACU states on their website,

"The HSSD affiliation was started in order to address the many challenges facing both higher education and K-12 in recruiting, retaining, and graduating Hispanic students. The goal is to have HACU-member colleges and universities collaborate with HSSDs in an effort to frame, develop, and carry out innovative initiatives that benefit their respective student populations and significantly increase Hispanic student success."

Jeanette Morales, HACU Executive Director for Student & PK-12 Services, and Erica Romero, HACU Assistant Vice President for State Advocacy made a presentation at the Cascade School District School Board meeting on January 10, 2022. During the meeting, they mentioned the emphasis on improving access to and quality of post-secondary educational opportunities for Hispanic students, which aligns with Cascade School District's goal of post-secondary success for all students. The Cascade School Board unanimously approved CSD's membership as a HSSD during the School Board meeting on January 24, 2022.

Jill Weil, English Learner teacher and Migrant Graduation Specialist for Cascade School District, said, "Being named an HSSD is exciting to me for two reasons: it acknowledges

do that work even better. I'm looking forward to connecting our students with even more post-secondary opportunities!" Jesus Sandoval, English Learner teacher and soccer and wrestling coach elaborated, "I'm very proud to know that the Cascade School District is the first district in the state of Washington to be recognized as a Hispanic-Serving School District. This recognition shows how much our district values our Hispanic culture and the progress that has been made to improve the success of Hispanic students in education."

the work we already do (serving

Hispanic students) and enables us to

Inside The ECHO this week

Inserts: Safeway
Dan's Market





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Local, Regional Community News & **Events** 

🔖 Any non-profit 501(c)-(3) group, person(s).

**%** Must provide: full name, city, phone number.

 $frac{1}{2}$  Items pertaining to local events that are free or minimum charge.

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# THE LEAVENWORTH

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## **Letters policy**

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

## Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates on the Covid-19 regulations.

## ■ MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

#### **AA Meetings:**

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

**Alanon Meetings**, call 509-548-7939

Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

#### **■ COMMUNITY CALENDAR**

#### Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.

Leavenworth Rotary Club, Zoom meetings, Noon. For more information email, President Joel Walinski, jtwalinski@gmail.com

Alpine Water District: meets at the YMCA Camp 1 p.m. Contact: Anne Mueller, muellers5@msn.com (2nd Wed. each mon).

#### **Thursday**

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com

Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.) Caregiver Support Group, 2-3:30 p.m. For Caregivers

of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email:Tony.Sandoval@ co.chelan.wa.us

# **Monday**

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri (509)393-8271 for more information.

Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)

Republican Women, Meetings at Red helan Doug Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)

Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.iid.pid@nwi.net,

Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.) Cascade Education Foundation. Contact: CEF@cascade.org

LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons. org. (1st Tues.)

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.).

## **NCW Libraries**

Libraries will continue to offer a wide variety of resources and programs online at newlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open:10 a.m. to 2 p.m. on Monday, Tuesday and Saturday. 10 a.m. to 7 p.m. on Wednesday and Thursday. 10 a.m. to 5 p.m.

on Friday. Closed Sunday. Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org Open from 10 a.m. to 1:30 p.m. and 2:30 to 7 p.m. on Tuesday and Wednesday, 1 to 5 p.m. Thursday and Friday. 10 a.m. - 2

p.m. on Saturday. Closed Sunday and Monday.

## Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Friday-Sunday, 11 a.m.- 4 p.m. Please check our Facebook page or our website at www.leavenworthmuseum.org for updates and information.

Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho. com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

#### Leavenworth

#### P.E.O. Upper Valley Scholarship Application

Applications are accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF, Leavenworth, WA. The purpose of the scholarship is to assist women in need of financial help return to higher education at an accredited university, college or technical school in the State of Washington. This needs-based scholarship must be used for school expenses and will be paid directly to the school. Applications must be received for consideration by April 30, 2022. Scholarship funds will be available by the Fall of 2022, and be sent directly to the school financial department upon confirmation of enrollment. Women applicants must be seeking further higher education at either the undergraduate or graduate level in one of the following ways:

•Applicant must be age 30 or above and reside in Chelan or Douglas County, WA

•Applicant must be currently enrolled in, or returning to, a higher education program after a two-year or more absence. The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington. Out-of-state, on-line accredited schools are acceptable. Applicants may re-submit applications each year until they complete their programs of study. Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application form by sending an email to Mimi Keller at the following address: peoleavenworth@nwi.net

# Regional

#### The Wenatchee Valley Symphony

Announced the winners of the 2022 Angela Schuster Svendsen Memorial Young Musicians Competition. The winner will be featured at the WVSO concert on Saturday, February 26 at the PAC. This year's winner is Julian Frank a student from Leavenworth. For more information on the competition, contact Gordon Schuster, 509-669-1467, www.wenatcheesymphony. org for more information.

#### Free virtual workshop

Learn about how to have courageous conversations during a free virtual workshop on Tuesday, February 22, 7 p.m., hosted by NCW Libraries in partnership with Cultures Connecting. Richard Kim, from Cultures Connecting, will provide an interactive overview of seven norms for engaging with our friends and family in a way that creates space for difficult yet empowering conversations. Participants will have the opportunity to reflect on what is challenging and commit to practical action steps. This session will provide a strong foundation, equipping us all with helpful tools for continuing to build relationships while engaging in difficult conversations.

This is the fourth and final eventin a series of workshops hosted by NCW Libraries in partnership with Cultures Connecting, a non-profit organization that provides culturally relevant professional development, consulting, coaching, and oneon-one diversity leadership support to organizations and communities. This event will be held through the zoom digital meeting platform. To participate,

register at www.ncwlibraries. org. Registrants will receive an email with the Zoom meeting information.

# Free Virtual Book Club Discussion about **Navigating Conflict**

Get support and find tools for navigating conflict during one of two free virtual opportunities to discuss the book High Conflict: Why We Get Trapped and How We Get Out by Amanda Ripley on Thursday, February 24, noon or Saturday, February 26 at 1p.m.

NCW Libraries is proud to partner with the Wenatchee Valley Dispute Resolution Center (WVDRC) to host and moderate these discussions through Zoom. Attendees are encouraged to read the book in advance, available through NCW Libraries in multiple

NCW Libraries mission is to connect the people of North Central Washington to vital resources and opportunities that foster individual growth and strengthen communities.

The Wenatchee Valley Dispute Resolution Center's mission is to change relationships through peaceful conflict resolution. "Building bridges, strengthening connections, and promoting community are goals that NCW Libraries and the WVDRC share. Partnering on this program has been a perfect fit, " said Amanda Brack, Communications and Community Engagement Manager for NCW Libraries. All NCW Libraries' virtual programs are free and open to the public. This event will be held through the zoom digital meeting platform. To participate, register at www.ncwlibraries. org. Registrants will receive an email with the Zoom meeting information.

# Sheriff/Fire/EMS The sheriff's report is compiled from public records as provided

by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

## **February 4**

00:08 Disturbance, 19115 Chiwawa Loop Rd., Lake Wenatchee.

07:51 Animal Problem, 8475 Larson Rd., Peshastin. 08:30 Domestic Disturbance,

1214 Commercial St. 10:35 Harassment/Threat, 8825 Derby Canyon Rd., Peshastin.

13:17 Non-Injury Accident, 215 Whitman St. 13:51 Assist Agency, 220 12th St.

18:49 911 Call, 8348 Main St. 19:31 Weapons Violation, Coles Corner, Lake Wenatchee. 20:53 Domestic Disturbance,

6145 US Hwy. 97, Peshastin. 22:26 Assist Agency, 11007 US Hwy. 2.

## **February 5**

10:14 Hazard, 12000 Shugart Flats Rd., Plain. 12:16 Non-Injury Accident, 280

US Hwy. 2. 12:32 Assist Agency, 520 Pine

13:14 Harassment/Threat, 345 N. Madeline Rd. #5, Manson. 15:14 Fraud/Forgery, 829 Front

16:30 Fireworks, Lake

Wenatchee South Beach. 19:32 Traffic Offense, 1329 US Hwy. 2. 20:42 Weapons Violation, 116

River Bend Dr. 21:38 Disturbance, 221 8th St.

22:58 Diversion, 12235 W. Shugart Flats Rd., Plain. 23:17 Run away, 1214 Commercial St.

## **February 6**

00:07 Domestic Disturbance, 17480 Chumstick Hwy. 00:17 Welfare Check, 185 US Hwy. 2.

07:26 911 Call, 2254 Riffle Dr., Lake Wenatchee. 09:38 Assist Public, Stevens Pass Parking Lot C. 10:56 Court Order Violation,

238 Benton St. 14:18 Assist Agency, Rusty Ridge. 18:11 Assist Public, 1214

Commercial St. 18:31 Domestic Disturbance, 1214 Commercial St 23:04 Traffic Offense, 12708 US Hwy. 2.

# February 7

01:07 911 Call, 301 Ward

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# ■ CITY COUNCIL MEETINGS

Planning Commission, 7:00 p.m. (1st Wed.) City Council Study Session, 8:30 a.m. (2nd Tues.) City Council Meeting, 6:30 p.m. (2nd & 4th Tues.) Design Review Board, 3:00 p.m. (2nd & 4th Wed.)

# Ward Strasse #A211.

1-360-322-2536

For more information, visit the city website CityofLeavenworth.org for Zoom meeting information. Call 509-548-5275. Email hello@ cityofleavenworth.com

Strasse 09:18 Noise, 900-Blk Commercial

09:52 Domestic Disturbance, 11950 Titus Rd. 11:46 Assist Public, 700 US Hwy.

St.

12:37 Traffic Offense, 116 B River Bend Dr. 13:42 Parking/Abandon,

7575 Peshastin Creek Rd., Peshastin.

Woodin Ave., Chelan. 21:02 Non-Injury Accident, 116 River Bend Dr.

14:39 Traffic Offense, 407 E.

## **February 8**

08:37 Harassment/Threat, 10195 Titus Rd. 10:42 Scam, 15410 Camp 12 Rd.

11:07 Civil, 13905 US Hwy. 2. 11:53 Domestic Disturbance, 4637 US Hwy. 97, Peshastin.

17:42 Juvenile Problem, 435 Pinedrop Ln., Lake Wenatchee. 19:36 Suspicious Activity, 116 River Bend Dr.

## **February 9**

02:48 Traffic Offense, 11007 US Hwy. 2.

05:43 Hazard, 20752 Chiwawa Loop Rd. 07:48 Injury Accident, US Hwy. 2 and Chumstick Hwy.

09:06 Animal Problem, 8475 Larson Rd., Peshastin. 12:21 Diversion, 39 Amas Pl.,

Peshastin. 13:12 Traffic Offense, Beaver Valley Rd. and River Rd. 16:31 Malicious Mischief, 116 B

River Bend Dr. 17:19 Scam, 1326 Commercial St. #A. 20:10 Domestic Disturbance, 100

# February 10

07:44 Alarm, 131 Benton St. 12:23 Theft, 837 Front St. 13:15 Harassment/Threat, 12140 Chumstick Hwy. 16:18 Assist Agency, 3268 Hansel Ln.

18:42 Theft, 90 A Mill St.

Go online at Cascadesd.org or all menu updates.

# **Community Foundation Awarded over \$1.7M in Covid Relief**

SUBMITTED BY JENNIFER DOLGE

The Community Foundation of NCW has awarded a total of \$1,759,157 in Covid relief since the Spring of 2020 for North Central Washington nonprofits. In November 2020, the foundation reported awarding \$726,720 and since then has made a final distribution of \$1,032,437 in Covid relief grants.

pandemic "Once the hit, we retooled our grant programs to respond to the needs of the communities in our region" said Beth Stipe, the foundation's Executive Director. "We were witnessing various impacts on nonprofits - from huge increases in services to closing up shops. We knew we had to mobilize our resources to ensure our communities could recover."

The grant funds were distributed to 115 nonprofit organizations in Chelan, Douglas, and Okanogan counties through various grant programs at the Foundation, including the Helping Hands and Nonprofit Reemergence grants. Helping Hands grants were reviewed and awarded every month to help with immediate and critical safety-net needs such as food and housing, mental health, childcare, and most recently support for projects that address unfinished learning due to the pandemic for K-12 youth. The Reemergence grants were awarded quarterly and offered a maximum of \$20,000 of flexible funding to help organizations remain viable through the pandemic.

"Our Board of Trustees and community grant committees were extremely dedicated

these last couple of years as they spent many hours reviewing grant applications and making tough decisions about how to award funds in the most helpful and efficient ways for our community" said Claire Oatey, director of community grants. "While the community gave generously for Covid funding, there is never enough to award the full needs of each organization. These grants were intended to help make the greatest impact possible."

The Covid Relief funds came from the Foundation's unrestricted funds, gifts from hundreds of donors, and a partnership with Chelan County. "In a time when so much was unknown and unprecedented, the people of our NCW region came through to help one another" said Stipe. "They are our communities" heroes and have made a huge impact in helping ensure our nonprofit partners can continue their missions that make life better for all in our region."

For more information and to view the full list of grant awards, visit www.cfncw.org/ covidrelief.

The Community Foundation of North Central Washington's mission is to grow, protect, and connect charitable gifts in support of strong communities throughout Chelan, Douglas, and Okanogan counties. Established in 1986, the Community Foundation manages \$148 million in assets  $through\ 600+individual$ funds and has awarded over \$51.4 million in grants and scholarships. For more information call 509-663-7716 or visit www.cfncw.org.

# Three vehicles involved in Chumstick Hwy. accident

 $Staff\ Writer$ 

Three vehicles were involved in a two-car collision on Feb. 9, at approximately 7:48 a.m. on Chumstick Hwy. and US Hwy 2.

A 42-year-old Leavenworth woman driving a 2000 Jeep Cherokee had collided with a 2017 Kia Sportage sedan driven by a 59-year-old Wenatchee woman. Both airbags were deployed.

The sedan driver reported to have chest pain and had a pace

She was transported to Cascade Medical shortly after. The collision caused the Kia

sedan to move back and dent the front bumper of a 2001 Toyota 4Runner driven by a 56-yearold Wenatchee Man. This was the third car involved in the

The Jeep driver was cited for an improper turn and for having no auto insurance. The driver claimed that the sun glare in her rearview mirror obstructed her vision while driving, and that that was what led to the accident.

# Accident and injury in Dryden

JOHN BRYANT

At approximately 9:03 a.m. on Feb. 5, a 2014 Ford Escape was traveling eastbound on SR2 in the left lane at milepost 105.

A 2005 Nissan Sentra was traveling eastbound on SR2 in the right lane. The Sentra slowed to a stop at the intersection of SR2 and Johnson road. The Escape merged into the right lane and failed to stop for the red light. The Escape struck the Sentra in the right lane which blocked the lane.

The driver of the Escape, Diego Sanchez Martinez, 43, Dryden, was not injured but was cited for following too closely.

The driver of the Sentra, Tana Zegstroo, 18, Entiat, received minor injuries and was transported to Cascade Medical

Both vehicles were towed from the scene.

# **Camp Fire Programs**

Submitted by Theresa SAMUELSEN

Executive Director Camp Fire North Central Washington Council

Camp Fire NCW youth programs are just starting back up in Chelan/Douglas, Grant, Okanogan and Adams Counties after stopping programs due to Covid. You do not need to be a member to sell candy to earn your way to camp. Now is the time to earn that extra cash needed to be able to spend a great week at Camp Zanika Lache. Register by May 1 and receive \$25 dollars off or \$50 off when you pay in full. This year, the sale is from February 1 to March 10. "Boys and girls who participate in the annual Camp Fire sale are taking part in unique learning opportunity emphasizing presentation skills, public speaking, math skills, teamwork, responsibility, confidence and goal-setting," said Theresa Samuelsen, executive director, Camp Fire USA NCW Council, Wenatchee, WA. "They have fun, too, and may not even realize they're learning very valuable assets."

Register your child now for a fun and exciting week of summer camp at Camp Zanika Lache on Lake Wenatchee. There are lots of fun activities, boating, fishing, rafting, arts and crafts, canoeing, high and low ropes course, cook outs, hiking, kayaking and more. There are still some openings available so be sure to register soon by registering online at www. zanika.net. Camp Fire North Central Washington Caramel Almond Clusters, Mints, and Almond Roca can be purchased for oneself, as a unique gift or incentive item. Companies have chosen to use Camp Fire Caramel Almond Clusters, Mints, and Almond Roca to promote to their employees and constituents the value of community involvement. All companies will receive a certificate and mention on our social media pages. All money raised through the sale help restart up our club program and help kids go to camp though our camp scholarship fund. Campfire candy can be purchased directly from the council by calling 509-663-1609 or email campfirencw@

# WA Verify surpasses huge milestone: 1 million digital Vaccination Cards successfully created

State's digital tool gives Washingtonians convenient access to their COVID-19 vaccine records

**OLYMPIA**-The Washington State Department of Health (DOH) is pleased to share WA Verify, the state's Digital COVID-19 Verification Record system, has successfully generated more than 1 million QR codes for Washington residents, making it easier and faster for people to provide digital proof of their COVID-19 vaccination status.

DOH's Office of Innovation and Technology worked closely with partners at MITRE, Microsoft, and the state of California to create WAVerify. org (VerificaWA.org). Since launching in October 2021, WA Verify has created 1,000,057 QR codes and counting, and currently supports more than 40 languages.

"Thanks to WA Verify, Washingtonians all across our state have been able to successfully access their digital COVID-19 vaccination records

By Megan Sokol

 $Staff\ Writer$ 

Leavenworth City Council

meeting, Communications

Director Christie Voos revealed

the upcoming soft launch of the

City's new Housing web page.

City's Website, there is a

link titled "Join Our Housing

Conversation," which directs

to six modules for residents to

The page includes tabs for

pre-approved ADU Plans,

read through.

On the home page of the

February 8

the

to show proof of vaccination at businesses, restaurants, events, and more," said Umair A. Shah, MD, MPH, Secretary of Health. "If you have not utilized this tool yet, I highly encourage you to do so today. It is easy, fast and convenient – and helps ensure you always have proof of your COVID-19 vaccination with you."

WA Verify draws COVID-19 records from the state's immunization system. To use the tool, people enter their name, date of birth, and an email or phone number associated with their vaccination record. If the information matches an official record, they will receive a text or email with a link to their Digital COVID-19 Verification Record. The digital record includes a QR code that, when scanned by a SMART Health Card reader, will display the person's COVID-19 vaccination information and can be easily added to Android or iPhone digital wallets or printed on

Those who received an additional dose and/or booster

affordable housing options,

building and developing

resources, and the Housing

Action Plan. They included

the Wildland Urban Interface

(WUI) Fire Development

and Retrofit Program, which

includes resources for grants

to help fortify older homes

new housing page, you

can visit the link at: https://

cityofleavenworth.com/

your-city-hall/departments/

development-services/

To learn more about the

against wildfires.

planning/housing/

City of Leavenworth

soft launches new

housing page

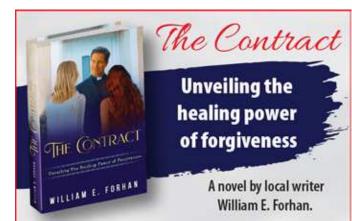
dose after generating their initial QR code through WA Verify will need to repeat the process to receive an updated QR code that reflects their up to date vaccination status. To ensure updated vaccination information has been submitted to the state's Immunization Registry, DOH recommends people wait at least three days after getting vaccinated to retrieve their

QR code through WA Verify. Additional information is

digital verification record and

available in the Frequently Asked Questions section of WA Verify's website. Those who have questions or need help accessing their vaccination records can call the state's **COVID-19 Information Hotline** at 1-800-525-0127, then press #. Language assistance is available.

The DOH website is your source for a healthy dose of information. Find us on Facebook and follow us on Twitter. Sign up for the DOH blog, Public Health Connection.



Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret." In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Sales tax applies and if you request mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo office, 215-14th Street, Leavenworth, WA 98826 or Lake Chelan Mirror office 131 S. Apple Blossom Dr. Suite #109, Chelan, WA. 98816



## **Meche Grace**

CONTINUED FROM PAGE A1

to make me feel welcome and their willingness to put in the time for their students. I love coming to work each day!"

"Mrs. Grace is amazing," said Kenny Renner-Singer, principal of ALPS. "For the first

time, we have a counselor who is running consistent groups to support student social and emotional wellbeing. Having an elementary counselor to support students, families and staff is invaluable. We are lucky to have hired such competent, experienced counselor to serve at PD and Alpine Lakes."

On March 23rd, Grace will take part in a panel discussion for district parents about children's mental health and social emotional learning. The event is being planned and hosted by ALPS/PD PTO. For two weeks before the discussion, families will

have access to view a few documentary films about the anxiety children are feeling now. The panel discussion and the films will, as Grace explained, "give parents ideas about how they can help facilitate resilience and perseverance in their children."

# Chelan County proposes Multimodal Pathway Plan

By: Megan Sokol

Staff Writer

Chelan County's proposed Multimodal Pathway Plan traction as they brainstorm new routes that could connect neighboring communities to Chelan, Leavenworth, Cashmere, and Wenatchee.

On Feb. 9, Chelan County Natural Resources Director Mike Kaputa presented to the Chelan County Transportation Council a powerpoint presentation that illustrated constructed pathways that would connect Manson to Chelan, Monitor to Cashmere, and Malaga to Wenatchee.

Public discussion started on Dec. 16, 2020, with over 1,500 responses from their feedback survey collected last spring. Many of the respondents had an opportunity to draw their own desired pathways between towns, which is what Kaputa later demonstrated to the council.

"People could actually draw like on a map where they thought a pathway could go, and so it was pretty cool because we just haven't had that kind of tool before,"

Kaputa said.

Pathway corridors that Kaputa and his team have been focusing on include those surrounding Leavenworth to Lake Wenatchee West areas, Leavenworth to Lake Wenatchee East areas, Icicle and Leavenworth Roads, Leavenworth to Wenatchee, Wenatchee, South of Wenatchee to Lake Chelan, and the shores of Lake Chelan.

The presentation also addressed multiple pathway options for Cashmere, which include widening the sidewalk on the Cottage Ave. Bridge, extending Riverside Trail and cross over to Old Monitor Road, a shared use trail for US Hwy. 2, or a new road crossing through the middle of Cashmere parallel to the railroad and the river.

For the Chelan corridor, residents wish to continued construction of the SR 150 pathway to Manson, with some consideration for other options due to limiting geographical factors.

The next step includes looking for more funding sources for the plan and to work out the designs for these routes. Kaputa hopes that the

Transportation Council will help assist them alongside their Steering Committee.

So far, the project has received a total of \$100k in funding, with \$50k coming from Chelan County, \$20k from the Port Authority, and approximately \$2-5k from each city involved in the pathway project, which include Cashmere, Chelan, Entiat, Wenatchee, and Leavenworth.

"We're looking at the infrastructure bill and some other policy and state-funding sources to help move that work forward."

Road options included additional bike lanes and sidewalks, separated shared use paths, paved shoulders, or a shared roadway. These options would include micromobility vehicle access alongside wheelchair and stroller access.

The majority of respondents stated that they would use the pathways for exercise and recreation, with the second option used for commute.

PHOTO SOURCE: CHELAN



COUNTY PATHWAYS PLAN Graph of the Pathway Corridors include: Leavenworth to Lake Wenatchee West, Leavenworth to Lake Wenatchee East, Icicle & Leavenworth Roads, Leavenworth to Wenatchee, South of Wenatchee, Wenatchee to Lake Chelan, Shores of Lake Chelan.

# **Local and Regional News**

# Leavenworth City Council declined to sponsor proposed rezoning of Whitman St. property

By Megan Sokol

Staff Writer

During the Leavenworth City Council meeting of Feb. 8, councilmembers held discussions on Andy Barber's proposed Comprehensive Plan Amendment. His request was for the City Council to sponsor his plan to expand the City's general commercial zone to include a portion of 303 &  $303\ 1/2\ Whitman\ St.\ After$ considering the plan on face value, councilmembers voted 5-2 to deny his request for city sponsorship.

"The proposal didn't seem like an appropriate project for the City Council to sponsor, considering the community response to a similar proposal in the recent past," Mayor Pro Tempore Anne Hessburg explained. "I believe listening to the community is important, as well as consistency.'

Development Services Manager Lilith Vespier began the discussion with an apology for the delay on this proposal that was first introduced back at the Jan. 11, 2022 study session, and was not addressed on the Jan. 25th joint Planning Commission Council meeting.

Andy Barber began the conversation by stressing the  $necessity \, for \, a \, safer \, pedestrian \,$ path adjacent to the City Hall parking lot behind Lions Park, the maintenance needed on the existing trail and adding more pedestrian paths around Whitman St.

has this

"The city

opportunity to kind of shore up the comp[prehensive] plan in a few different areas. The safety of pedestrians, the accessibility of that highly utilized trail, uh, pathway to get from neighborhood to town," Barber explained. "It's not ideal if you've ever walked on it. It's steep, it's in disrepair. It's not even maintained in the winter. The safety aspect of

it is really poor for a city like

Barber and his business partner Russ Vrana estimated construction costs to be around \$50k for the pathway improvements.

In addition to the access improvements, with this plan amendment, Barber proposed to build six multi-family units with ADU attachments. The requested plan amendment would allow commercial zoning expansion to 303 Whitman Street. Barber stated that he could convert that plot for short-term rental usage to fund both construction for pedestrian paths and construction for the multifamily units.

When Councilmember Anne Hessburg why he would not sponsor this request as a private citizen, Barber felt that this was more of a city issue and believes that they should consider it.

Hessburg stated that she did not feel comfortable with the city sponsoring the commercial expansion portion of this rezoning, considering

the complicated nature of short-term rentals.

"The city doesn't currently have a code requirement for improvements to existing community trails with regard to Comprehensive Plan Amendments and Zone Changes," Hessburg explained. "It was thoughtful of the applicant to include this improvement, but it was only being offered if the city would sponsor the proposal. I didn't believe that to be appropriate  $motivation \ \ for \ \ sponsorship.$ The proposal can move forward and achieve approval if it meets the adopted, associated code, whether the City sponsors the proposal or

Councilmember Clint Strand asked Vespier on whether approving the sponsorship of this plan may give precedent to other developers who wish to develop commercial projects alongside community construction projects. Vespier assures Strand that each proposal should be approved based on their own merit and that the council has time to consider their options on each

request before they ultimately

"While I appreciate the sketching and variables in play, I think we can all agree that the end product, we can't be assured that it's going to look exactly like that," Strand states. "There are a lot of moving parts in play."

Barber later confided that he did not have a thorough timeline for the six-plex, but that adding any units is a necessity for the city's current housing situation.

Sharon Councilmember Waters stated her own misgivings about the proposal and felt that there were not enough confirmed elements in the design in order to make an informed decision.

"It sounds to me like this isn't ready for us to vote on one way or the other," Waters explained. "So, I'm not sure what will be there that we thought we were voting for."

Councilmember Lundgren thought that the lack of separation between the short-term rental construction and the multi-family units was problematic.

"That I think is problematic for us because we send mixed messages about overnight rentals as a council and planning commission,' Lundgren explained.

Barber understood why the council decided to deny his request for sponsorship after reaching out to councilmembers after the

"Obviously we had hoped for their partnership, but we also understand their reservations with it setting a precedence," Barber said. "They've got a lot on their plate right now."

As of now, he will continue to workshop ideas for the multifamily units and talk with his business partner Vrana about the next step. He wants to add more affordable housing options to the community but states that he needs help doing that.

"There's a public outcry for more, but we need help,' Barber said. "Developers need help from the city. That was an opportunity for the city to kind of put their actions where their words have been, and their concerns have been.'

# College News

St. Olaf College

Northfield, Minn. Finn Leavenworth. Johnson. WA has been named to the St. Olaf College dean's list for the fall 2021 semester Political Science and Philosophy, parents are Brett Johnson and Nancy Bywater-Johnson of Leavenworth.

The dean's list recognizes students with a semester grade point average of 3.75 or higher on a 4-point scale.

One of the nation's leading liberal arts colleges, St. Olaf challenges students to excel in the liberal arts, examine faith and values.

## **Northwich University**

Northfield, VT. Quinn Ali Bennett has been recognized on the Dean's list at Norwich University for the 2021 semester. Full-time undergraduate students, who earned a semester grade point average of at least 3.40 are awarded Dean's List honors.

Norwich University is a diversified academic institution that educates traditional-age students and adults in a Corps of Cadets and as civilians. Norwich offers a broad selection of traditional and distance-learning programs culminating in Baccalaureate

and Graduate Degrees. Norwich University was founded in 1819 by Captain Alden Partridge of the U.S. Army and is the oldest private military college in the United States of America. Norwich is one of our nation's six senior military colleges and the birthplace of the Reserve Officers' Training Corps (ROTC). www.norwich.edu.

#### **George Fox University**

Newberg, Oregon, Abigail Torres of Peshastin was among those who earned dean's list recognition at George Fox University for the fall 2021 semester. Traditional undergraduate students must earn a 3.5 grade point average or above on 12 or more hours of graded work to earn a spot on the dean's list. Torres is a junior majoring in theatre.

George Fox University is classified by U.S. News & World Report as a "Best National University." More than 4,000 students attend classes on the university's campus in Newberg, Ore., and at teaching centers in Portland, Salem and Redmond, Ore. George Fox offers more than 60 undergraduate academic programs, degree-completion programs for working adults, and 19 masters and doctoral degrees.



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# **Obituary & Memorial Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.



302 9th St., Wenatchee • 662-2119 or 662-1561 jonesjonesbetts.com

lonoring the lives of residents in the Valley for over 100 years. You can always rely on our dedicated staff.

# PPER VALLEY CHURCH GUIDE New to our area? On vacation These churches welcome you! New to our area? On vacation?

## TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

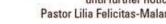
## CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 509-782-2869 Worship 9 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org





In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana



5800 Kimber Road, Cashmere Online: christcentercashmere.com The UNDERGROUND: Sunday, Middle School, 5 p.m., & High School, 6:30 p.m. Steve Haney, Lead Pastor Tim Williams, Executive Director Andy Robinson, Director of Operations Joyce Williams, Pastor of Congregational Care Steffanie Haney, Director of Adult Discipleship Kelsie Folden, Director of Youth Ministry Heather Pflugrath, Director of Children's Ministry Amber Vaughn, Director of Production & Creative Carmen Gamble, Office





**GRACE LUTHERAN CHURCH**  509-860-0736 401 Elberta Ave., Morning Prayer or Holy Eucharist, Join us at 10 a.m. on Sundays. Pastor Rob Gohl

St. James Episcopal Church 509-860-0736 222 Cottage Ave., Morning Prayer or Holy Eucharist. 9 a.m. on Sundays

Pastor Rob Gohl

## DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

# LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331

11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619 10 a.m.Sunday Service, Pastor Matt Gorman Leavenworthumc.org leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following www.faithleavenworth.org

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745

Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

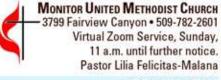
LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby www.LCN.org

SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997 SPIRIT LIFE CENTER

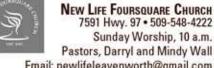
210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m.

Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza MONITOR



## PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 509-548-7517 Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

# **PLAIN**



PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org

Dillon and Cashmere player Evan Pheasant deliver the first pass. 2: Cascade player Kai Lewman and Cashmere player Henry Nelson clash in the first quarter. 3: Cascade player Jaden Niemela passes the ball away from Cashmere player Trae Smith. 4: Cascade player Kai Lewman and Cashmere player Evan Pheasant clash as Lewman tries to make a hoop. 5: Cashmere player Elijah Hinkle and Cascade

player Hunter Stutzman watch for the ball.

PHOTOS BY MEGAN SOKOL

1: Cascade player Kaston





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CASCADE

# Wenatchee Valley College cancels over \$350,000 in student debt

Submitted by Libby Siebens
Community relations executive
director

WVC is using institutional Higher Education Emergency Relief Funds (HEERF) to cancel student debt for 556 students who attended classes spring quarter 2020 through summer quarter 2021. All of these students have unpaid tuition or fees at WVC. The average amount of canceled tuition debt is \$635. The U.S. Department of Education encouraged

institutions to use their HEERF funds to cancel student debt to support students facing challenges due to the pandemic. WVC is one of a growing number of community colleges in Washington state using HEERF funds for student debt.

In addition to debt cancellation, WVC has distributed over \$3 million in emergency relief grants using CARES, CRRSA and ARP federal funding. Learn more at wvc.edu/COVIDFunds.







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# Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

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#### Administrative

#### **Puzzle Solution**

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# **Announcements**

## **Lost & Found**

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Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworth

echo.com

extras.

**Lake Chelan Mirror** 509-682-2213

**Quad City Herald** 509-689-2507 or email

mirrorads@lakechelan mirror.com

**Deadline Noon** on Friday for the next week's papers

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Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

Ads will be placed in the following Wednesday edition of the papers. It is easy just

Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

#### The Lake Chelan or Quad City Herald or email

mirrorads@

lakechelanmirror.com For The Leavenworth Echo or Cashmere Valley

Record Call 509-548-5286 or email classifieds@leavenworth

#### echo.com **Employment**

#### **Help Wanted**

Bartenders wanted. Full-time and part-time positions available immediately. **Brewster** 

American Legion. Applications available at Post or on our Facebook page: American Legion Columbia Post 97, (under jobs, open jobs click the bartender, click applicant).

Call 509-689-3307 after 1 p.m. Thursday-Friday or call 509-733-2700 after 4:30 p.m. Monday-Friday.

#### **Earn Some Extra** \$\$ money Working a few hours for

1-2 days per week delivering newspapers to dealers and racks. We are looking for a reliable, responsible individual to pick up and deliver our newspapers Early Wednesday mornings. Other duties include

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Must have good driving record and proof of insurance.

Apply in person at 215-14th St., Leavenworth call 509-548-5286 to schedule an interview. 10-5 weekdays. EOE

#### **Help Wanted**



The Cascade School District is seeking qualified applicants for the following positions:

- Icicle River Middle School Assistant Track Coach
- Icicle River Middle School Boys Head and Assistant Soccer Coach

Track application process and information can be found on our website at: www.cascadesed.org EOE

#### Looking for a great local employee?

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Want Print Only for The Lake Chelan Mirror **Quad City Herald Brewster** 

or email mirrorads @lakechelanmirror.com

Call 509-682-2213

OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

#### Looking for a parttime job?

The Leavenworth Echo Newspaper is looking for a part-time front office receptionist. Greet customers. Have computer knowledge, math, and phone skills.

We will train you on our computer software. Pay depends on experience.

Please email a resume to Carol@leavenworthe-

or stop in with a resume 215-14th St. Leavenworth. Monday-Friday 10 a.m. - 5 p.m. Or call 509-548-5286 for an interview time. **Equal Opportunity** 

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#### **Help Wanted**



#### **Public Health Nurse**

Okanogan County Public Health (OCPH) is accepting applications and resumes for a Public Health Nurse. This position is a great next step in a rewarding Nursing career or an enriching move toward supporting the health of our communities. This position offers medical benefits, routinely stable work hours, and a chance to make a difference while helping others.

Minimum qualifications are an active Washington state Nurse licensure and minimum two years of direct patient care experience to ensure strong triage,

assessment, communication and critical thinking skills. For a brief outline of job duties for this Public Health Nurse position, please refer to the job description on the OCPH Employment webpage at https://www.okanogancou nty.org/government/publi c health/employment.php Print an application to

resume by February 28, 2022. Outside of Washington state Nurses who have applied for endorsement and Retired Active Registered Nurses are strongly encouraged

complete or send us your

to apply! If you have questions about the application process, contact Jill Gates at (509) 422-7149 or send a quick email to jgates@co.okanogan.wa.us



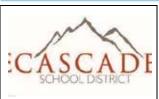
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#### **Help Wanted**



The Cascade School District is seeking qualified applicants for the following position:

 Cascade High School Assistant Softball Coach

Fast Track application process and information can be found on our website at: www.cascadesed.org EOE

#### **NCW MEDIA NEWSPAPERS IS HIRING**

We are looking to hire a Knowledgeable leader, manager-editor for our 4 weeklies and our monthly Business Journal. You need to know about small community newspapers. You can write and proof

articles, meet deadlines, evaluate and motivate the current staff needs. Please send a resume to Publisher, PO Box 39, Leavenworth, WA. 98826. No phone calls please. An interview time will be scheduled. EOE.

#### **PATEROS HS COACHES HEAD BASEBALL**

Seasons runs February 28 – May 28. Salary based on experience. Starting head coach: \$4798.71. Starting asst coach: \$2970.63. Position descriptions available online. All applications processed through FAST TRACK: www.pateros.org >Our District >Employment. First review of applications is 2.21.22 Applications received after the initial review will be reviewed upon receipt unless position has been previously awarded. Position open until a qualified applicant is hired. Contact employment@pateros.org or 509-923-2751 x 4 for

more information. EOE.

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@lakechelanmirror.com or call The Leavenworth Echo Cashmere Valley Record

classifieds@leavenworth echo.com Deadline: Noon on Friday for all papers.

509-548-5286

#### **Firewood**

Firewood For Sale \$225.00 / Cord 360-921-4745

#### **General Merchandise**

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# Real Estate

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\$1750 per month. Garbage included. one year lease required References. \$1000 deposit. Cats ok, no smoking.

Call 509-860-4564 **IN TOWN LEAVENWORTH** 3 bedroom, 1 1/2 bath, washer, dryer. No garage, shared patio, and small tool shed, 2 car parking limit. No ATVs, motorcycles, snowmobiles, trailers, etc. No pets, or smoking. Available Mid-February or March 1. \$1600 plus \$100. flat utility fee. References required. \$1000 security deposit. 509-860-4564.

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#### Legals

#### **Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF GRANT

No. 22-2-00062-13 SUMMONS BY PUBLICATION FARRAH WARDENAAR (f/k/a FARRAH BROWN), a married woman.

Plaintiff, vs JOHN R. WERST and VIRGINIA WERST, husband and wife; the UNKNOWN HEIRS of JOHN R. WERST: the UNKNOWN HEIRS of VIRGINIA WERST; ALBERT DIEDE and BERNICE DIEDE, husband and wife; UNKNOWN HEIRS of ALBERT DIEDE; the UNKNOWN HEIRS of BERNICE DIEDE: HENRIETTA GRIFFITH, a single woman; KERRY JOHN GRIFFITH and JANE DOE GRIFFITH, husband wife; LAURIE GRIFFITH, as her separate property; and ALL UNKNOWN PERSONS CLAIMING INTEREST IN THE PROPERTY,

Defendants. THE STATE OF WASHINGTON TO THE SAID DEFENDANTS: UNKNOWN HEIRS of JOHN R. WERST and VIRGINIA WERST, the UNKNOWN HEIRS OF ALBERT DIEDE AND BERNICE DIEDE, and ALL UNKNOWN CLAIMING PERSONS INTEREST IN THE PROPERTY You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty (60) days after the 2nd day of February, 2022, and defend the above-entitled action in the above-entitled court, and answer the complaint of the Plaintiff. FARRAH WARDENAAR (f/k/a FARRAH BROWN), a married woman, and serve a copy of your answer upon the undersigned attorneys for Plaintiff, FARRAH WARDENAAR (f/k/a FARRAH BROWN), a married woman, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court. The object of Plaintiff's action is to quiet title in and to Grant County Parcel No. 15-0956-000, which is more particularly described as follows:

Those portions of the Southwest quarter and the West half of the Southeast quarter of Section 4, Township 17 North, Range 24, E.W.M.. Grant County. Washington, not included within the boundaries of Irrigation Block 79, Columbia Basin Project, Grant County, Washington, according to the plat thereof filed April 17, 1956.

DATED this 27th day of January,

STW LAW, PLLC By:\_Stephen W. Reagan, WSBA #41328 Attorney for Plaintiff
Published in The Cashmere Valley Record/Leavenworth Echo on Feb. 2, 9, 16, 23, and Mar. 2, and 9, 2022. #3551.

## **Public Notices**

#### **SUPERIOR COURT OF** WASHINGTON FOR CHELAN COUNTY

In re the Estate of MARY ELIZABETH BECHTOL Deceased. NO. 22-4-00019-04 AMENDED NOTICE TO

**CREDITORS** personal representative named below has been appointed and has qualified as the personal representative of this estate. Persons having claims against the such claims would be barred by any otherwise applicable statute going to: <a href="http://www.bxwa.com">http://www.bxwa.com</a>, of limitations, serve their claims and clicking on: Posted Projects > on the personal representative, or Public Works > City of the attorney of record, at the addresses stated below, and file an executed copy of the claim receive with the clerk of this court within four months after the date of first and to be placed on the Bidders publication of this notice, or within four months after the date of filing provides Bidders with fully usable of the copy of this notice with the clerk of the court, whichever is to download, print, and order full later or, except under those provisions included in RCW documents are also on file for 11.40.011 or RCW 11.40.013, the claim will be forever barred. DATE OF FILING COPY OF NOTICE TO CREDITORS with clerk of the court: January 28, 2022 DATE OF FIRST PUBLICATION: February 2, 2022 Personal Representative: Russell W. Bechtol 104417 Nicole Drive Kennewick, WA 99338 Attorney for Estate: Kyle D. Flick Attorney at Law 222 South Mission Wenatchee, Washington 98801 (509) 662-3333

**Public Notices** 

**CALL FOR BIDS CITY OF LEAVENWORTH** 14TH STREET: COMMERCIAL ST TO FRONT ST

Notice is hereby given that sealed bids will be received by the City of Leavenworth City Clerk until 10:00 AM on March 3, 2022, at which time bids will be opened and publicly read aloud.

A non-mandatory, virtual pre-bid conference will be held at 11:00 AM on Wednesday, February 16, 2022. Zoom link:

https://us06web.zoom.us/j/859601 11135?pwd=Z25ueGNxS0s5ODV

uL0kzdEl4QUJyQT09 Meeting ID: 859 6011 1135

Passcode: 104510 Bid proposals may be sent by mail, or hand delivered, to the City Clerk at City of Leavenworth, City Hall, PO Box 287 / 700 US 2, Leavenworth, WA 98826, prior to the opening. The envelope shall be plainly marked with "SEALED BID for the City of Leavenworth-14th Street: Commercial St to Front St" and shall clearly indicate the name and address of the bidder. The bid opening will take place at the City of Leavenworth, City Hall, City Council Chambers, 700 US 2. Leavenworth. WA 98826. Masks are required inside City Hall. Proposals received after the time fixed for opening will not be considered. The improvements for which bid will be received are generally described below:

Includes approximately 134 SY of sidewalk removal, 267 LF of curb removal, 925 CY of roadway excavation, 1,065 T of borrow, 619 T of crushed surfacing materials. 320 T of hot-mixed asphalt paving, 277 LF of curb and gutter, 132 SY of sidewalk, 3 EA curb ramps, 7 EA catch basins, 375 LF of storm sewer line, 294 LF of water line, and related miscellaneous items such as utility adjustments, pavement markings, erosion control, traffic control, and surveying. Bids must be completed on a lump sum and unit price basis as indicated on the BID PROPOSAL, and the total shall used be comparison of bids. The owner reserves the right to waive any informalities, minor defects, or to reject any or all bids. All bid proposals shall be accompanied by a bid proposal deposit in cash, certified check, cashier's check, or surety bond in the amount equal to five (5%) of the amount of such bid proposal. Should the successful bidder fail to enter into contract and satisfactory performance bond within the same time stated in the specifications, the bid proposal deposit shall be forfeited to the

City of Leavenworth. The City of Leavenworth in accordance with Title VI of the Civil Rights Act of 1964, 78 Stat. 252, 42 U.S.C. 2000d to 2000d-4 and Title 49, Code of Federal Regulations, Department Transportation, subtitle A, Office the Secretary, Part 21, nondiscri mination federally assisted programs of the Department of Transportation issued pursuant to such Act, hereby notifies all bidders that is will affirmatively ensure that in any contract entered into pursuant this advertisement, disadvantaged business enterprises as defined at 49 CFR Part 26 will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, national origin, or sex in consideration for an award. Plans, specifications, addenda, bidders list, and plan holders list for this project will be available February 2022 from Builders Exchange Online Plan Center. Free access deceased must, prior to the time is provided to Prime Bidders, Subcontractors, and Vendors by Leavenworth > Projects Bidding. Bidders are encouraged to automatic email notifications of future addenda List. This online plan center online documents, with the ability or partial plan sets. Contract inspection at the City of Leavenworth, City Hall, 700 US 2, Leavenworth, WA, and area plan centers.If a bidder has questions regarding this Call for Bids, please contact City Leavenworth, Tom Wachholder, Public Works Director, at (509) 548-5275. No bidder may withdraw their bid after the hour set for the opening thereof or before award of contract, unless said award is delayed for a period of exceeding thirty (30) days. Published in The Leavenworth Echo/

Cashmere Valley Record on February

9, and 16, 2022. #3572

#### **Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON **COUNTY OF CHELAN** 

In the Matter of the Estate of

MYRNA R. SCOTT, Deceased.

**IN PROBATE** 

NO: 22-4-00029-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in BCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020: or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is barred. except forever as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION:

February 2, 2022 By LOWELL A. SCOTT, Personal Representative Address: 97 Riverfront Drive Cashmere, WA 98815 Dated: January 24, 2022 Attornevs for Personal Representative: GATENS GREEN WEIDENBACH, PLLC By LINDSEY J. WEIDENBACH,

WSBA #43523 305 Aplets Way / PO Box 523 Cashmere, WA 98815-0523 CHELAN COUNTY CLERK'S

Ms. Kim Morrison, Clerk Chelan County Superior Court 350 Orondo Avenue, Suite 501 Wenatchee, WA 98801-2885 Published in The Cashmere Valley Record,/Leavenworth Echo and Lake Chelan Mirror on Feb. 2, 9, 16, 2022.

#### **Public Notices**

**NOTICE OF PUBLIC HEARING** NOTICE IS HEREBY GIVEN that the Hearing Examiner for the City of Leavenworth will hold a Public Hearing to consider a Request for Reconsideration. Hearing will be held at 3:00 pm, Thursday, March 3, 2022, online via Zoom, Meeting

ID: 812 4015 5113, Passcode: 792837; Or the call-in phone number: 1-253-215-8782. CUP2021-032: A Request for Reconsideration of the Hearing Examiner's Decision of denial, issued January 18, 2022. The request, submitted by owner, Joseph Kamin, is in response to findings that the subject property The original application for a the LMC and Comprehensive Plan. The property is located at 517 Burke Ave, within the Residential Low-Density 6,000 (RL6) zoning district, identified by Assessor's Parcel Number 241701670580.

The public is welcome to attend the hearing; however, requests for reconsideration are conducted without public comment or argument by the party filing the request. Questions may be Maggie Boles, directed to Development Services, phone 509-548-5275 seniorplanner@cityofleavenworth. com. Published in the Leavenworth Echo/ Cashmere Valley Record on Feb

#### **Public Notices**

CITY OF LEAVENWORTH **NOTICE OF PUBLIC HEARINGS NOTICE IS HEREBY GIVEN** 

that the Leavenworth City Planning of WILLIAM E. FORHAN, Commission will hold a public hearing on March 2, 2022 at 7:00 PM via Zoom,

Meeting ID: 999 2949 1100 and Passcode: 225225, Dial by your location +1 253 215 8782.

access, please contact City Hall for against the decedent must, before special accommodations. The the time the claim would be Hearing will address a new barred Leavenworth Municipal Chapter 18.42 Affordable Low- present the claim in the manner Income Housing Incentives, to pro- as provided in RCW 11.40.070 by vide incentives for the creation of serving on or mailing to the affordable low-income housing. At personal representative or the this same meeting, remanded items personal representative's attorney for the following will be considered at the address stated below a and sent back to the City Council copy of the claim and filing the (1) Leavenworth Comprehensive original of the claim with the Court Plan - creation of a new Residential in which the probate proceedings Low Density 8,000 designation were commenced. The claim (removing Residential Low Density must be presented within the later 12,000 and 10,000); (2) Zoning Lot of: (1) Thirty days after the Size Requirements - combining personal representative served or land use designations LMC 18.21 mailed the notice to the creditor Residential Low Density 12,000 as provided and LMC 18.23 Residential Low 11.40.020(1)(c); Density 10,000 into a new LMC months after the date of first 18.18 Residential Low Density publication of the notice. If the 8,000 zoning which would change claim is not presented within this the minimum lot sizes from 12,000 time frame, the claim is forever and 10,000 square feet to 8,000 barred, except as otherwise (respectively); and, (3) Duplex Lot provided in RCW 11.40.051 and Size Requirements - change the RCW 11.40.060. This bar is minimum lot size requirement for a effective as to claims against both duplex from 12,000 square feet to the decedent's probate the corresponding zoning district, nonprobate assets. amending LMC Sections 18.20.060, Date of First Publication: 18.21.060, 18.23.060, 18. 36.045; February 9, 2022 and removing 18.52.130, condition- Personal Representative: al use permit - two-family dwelling Carol L. Forhan units (duplexes). Interested citizens Attorney for are encouraged to comment and/or Representative: attend the public hearing. David J. Bentsen Questions may be directed to Address for Mailing or Service: Development Services within City Speidel Bentsen LLP Hall, phone 509-548-5275 or

dsmanager@cityofleavenworth.com. Published in The Leavenworth Echo/ Court of Probate Proceedings Cashmere Valley Record on February. and Cause Number: 16, and 23. 2022. #3578

email

#### **Public Notices**

#### **ICICLE & PESHASTIN IRRIGATION DISTRICT** NOTICE OF ENVIRONMENTAL **DETERMINATION**

pleted an Environmental Checklist Suite 600 P.O. Box 881 Determination Nonsignificance (DNS) on a project Published in to replace and upgrade the Echo/Cashmere Valley Record on Peshastin Creek crossover/siphon Feb. 9, 16, and 23, 2022. #3566. pipe in Peshastin Creek. Located at 7399 US Hwy 97, Peshastin, within Chelan County, Washington 98847. The Icicle & Peshastin Irrigation District is lead agency for this prounder the State Environmental Policy Act (SEPA) and has issued a DNS for this project. The Environmental Checklist and other information is on file with the District and are available to the public upon request or by looking

is not his permanent residence. impacts of the project will be accepted until April 30, 2022. This two-bedroom bed & breakfast may be the only opportunity to com-(B&B) was found inconsistent with ment on the environmental impacts of the project. Any person may comment and all comments received by April 30, 2022 will be considered prior to any actions being taken under this DNS. Mail your comments on this project to Icicle & Peshastin Irrigation

on the Department of Ecology's

SEPA web page. Written comments

2022. Published In The Leavenworth Echo /Cashmere Valley Record on February 16, 2022, #3584

District, Attn: Anthony Jantzer, P.O.

Box 371, Cashmere WA 98815.

DATED this 7th day of February,

#### **Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate Deceased. No. 21-4-00474-04 **PROBATE** NOTICE CREDITORS RCW 11.40.030 personal representative named below has been appointed as personal representative of this you do not have computer estate. Any person having a claim by any otherwise Code applicable statute of limitations, under or Personal the

7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Chelan County Superior Court

Cause No. 21-4-00474-04 CAROL L. FORHAN Personal Representative Personal Attorneys for Representative: SPEIDEL BENTSEN LLP Bv: DAVID J. BENTSEN On February 7, 2022, Icicle & WSBA No. 42107

Peshastin Irrigation District com- 7 North Wenatchee Avenue, of Wenatchee, WA 98807

#### **Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of

CHRISTOPHER C. HAUGE, Deceased. No. 22-4-00047-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must. before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020 (1) (c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame. the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: February 9, 2022

Personal Representative: Diana M. Starcher the Personal Attornev for Representative: Russell J. Speidel Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 22-4-00047-04 DIANA M. STARCHER Personal Representative Personal Attorneys Representative:

SPEIDEL BENTSEN LLP Bv: RUSSELL J. SPEIDEL WSBA No. 12838 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807

Published in The Leavenworth Echo/ Cashmere Valley Record on Feb. 9, 16, and 23, 2022, #3573

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62. High school club

64. Hitler's Deputy

1. Update a FitBit

5. Aromatic lumber

7. Two of the same

3. "At

63. Clinton \_\_\_\_ Rodham

\_\_, soldier.'

4 Modern tie forerunner

DOWN

2. Sound of bells

6. Beside, archaic

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THEME: U.S. PRESIDENTS **ACROSS** 1. Short for specification

5. Knave 8. \*Like President Eisenhower's head 12. \*One fourth of a Presidential term 13. Take-out handout

14. The Beast's problem in "Beauty and the Beast" 15. \*Pres. Eisenhower established this

space agency 16. Thought 17. Body of water 18. \*#22 and #24

20. First-rate, slangily 21. Terminate, as in mission 22. Lingerie staple 23. Public speaker 26. Ivory tickler 30. "Fresh Prince of

31. Most likely to win 34. Pot contribution 35. By surprise 37. Indian restaurant staple 38. Lacking justification 39. Office communique

40. Greece and Bulgaria peninsula 42. Overnight stop 43. Indifferently 45. Sturdily built 47. English course abbreviation

'it easy" 50. Oliver Twist, e.g. 52. \*University of Virginia founder 56. African prairie

57. \*Second most-popular Presidential birth state, after Virginia 58. Arm bone 59. Poem at a funeral 60. German title

61. Arnold Lobel's "Mouse

8. \*The only President who was a 8. \*I ne ony...
bachelor
9. \_\_\_\_ 51, Nevada
10. Law school entry requirement, acr.
13. Edith Piaf's hit 14. Meat of coconut 19. Digital tome 22. Trash container, e.g. 23. \*One of three Presidents to win a Grammy 24. James Dean's famous role 25. Remember this battle 26. \*First to serve coast to coast 27. Indo-Aryan, as in languages 28. Did not smell good 29. Like yellow polka dot bikini 32. June 6, 1944 33. Salt in cocina 36. \*a.k.a. Silent Cal 38. Loosen ropes 40. Deli acronym help 44. Hawaii's number 46. Mob offensive 49. Like Bananas Foster 50. "All's well that ends 51. Away from wind

48. High-pitched laugh sound, in print

52. \*Second most common Presidential

first name, after James 53. Type of gin 54. Cross to bear

55. Midday slumbers 56. Chill, with 'out'

Published in The Leavenworth Echo/ Cashmere Valley Record on February 2, 9, and 16, 2022. #3557.

By /S/ KYLE D. FLICK KYLE D. FLICK, WSBA #14963 Attorney for Estate

DATED this 28th day of January

LAW OFFICE OF KYLE D.

2022

FLICK, P.S.

# **Outdoor/Community**

# The Washington Outdoors Report



PHOTO COURTESY DENNIS SCHWARTZ.

Kokanee Fry

#### A Cautionary Kokanee Tale

By John Kruse

Southwest Washington's Merwin Reservoir is a wellknown destination for kokanee anglers who flock here to catch a limit of landlocked sockeye salmon. The reservoir was formed in 1931 after Merwin Dam was built along the Lewis River. There is a hatchery in Speelyai Creek at the north end of the reservoir which provides some 93,000 kokanee a year for the lake; other kokanee naturally spawn in Speelyai Creek and Speelyai Bay.

Today, PacifiCorp operates the dam which generates hydropower electricity. They also fund the fish hatchery with the Cowlitz County PUD. The Washington Department of Fish and Wildlife operates the hatchery. In January, PacifiCorp drew down the water levels of the reservoir 25 feet to perform maintenance on the dam.

Dennis Schwartz is an avid kokanee angler and former federal fisheries biologist. He reached out to me regarding the drawdown, concerned emerging kokanee naturally spawned by kokanee in Speelyai Creek had been left high and dry by the drawdown. Schwartz had inquired about

it and relayed the local WDFW fisheries biologists had not been consulted about this drawdown prior to it occurring.

I reached out to Ben Anderson, a Public Affairs Officer for the Washington Department of Fish and Wildlife. He said, "We've heard concerns about how the recent drawdown at Lake Merwin may have impacted kokanee in the lake. It's true that the fish most likely to be affected by the drawdown would be recently hatched fry in areas where water was low/ no longer present, including in Speelyai Creek. Fish further along in their life cycle would likely move with the dropping water level and are unlikely to be impacted.'

Anderson went on to say, "A WDFW biologist who visited the site on Jan. 21 saw no evidence of die-offs, but impacts to newly emerged fry in the gravel can be difficult to identify. Our biologist did observe that preferential spawning areas were till mostly watered up, and impacts of the drawdown were likely limited to less-preferred spawning habitat on the lake margins.

At this time, we don't have evidence of a significant impact to the naturally spawning kokanee population. PacifiCorp also sent out some

staff in a boat to look for any signs of fish impact in the nearshore area and did not identify an impact."

Reservoir

Mouth of Speelyai Creek during the drawdown at Merwin

Asked whether WDFW was in the loop about the drawdown prior to it occurring Anderson replied, "WDFW was not consulted or notified prior to the drawdown. PacifiCorp's operating hydropower license does allow for these alterations to occur. PacifiCorp typically makes us aware of any significant changes to reservoir levels ahead of time, but it didn't happen in this case and staff have connected with PacifiCorp to discuss the continued importance of consulting with WDFW in the future."

Drew Hanson is a spokesman for PacifiCorp. From his response it appears PacifiCorp did not coordinate with WDFW prior to the drawdown but did so during it. In his words, "WDFW hatchery staff were notified verbally of the drawdown prior to reaching a significant reservoir elevation. At that time, we paused to assess a potential water supply impact to Merwin Hatchery. After assuring the water supply would remain available, PacifiCorp notified WDFW regional fisheries management via email of drawdown. PacifiCorp recognizes that WDFW has a vested interest

in reservoir access and sees an opportunity to provide WDFW Hatchery and Fisheries Management staff additional notice of unique drawdown events.

Another person I spoke with about this issue is Duane Inglin, the host of "Fish Hunt Northwest" and a person very knowledgeable about coldwater fisheries in Western Washington. Inglin, Anderson and Schwartz all agree that nobody really knows how much the naturally spawning kokanee contribute to the overall health of the fishery. As Inglin told me, we probably won't know how significant this event was to the kokanee in Lake Merwin for four years. That's when these emerging fry will be full-grown adults and return to Speelyai Creek to spawn.

Until then, Dennis Schwartz's efforts have spurred a conversation that will hopefully lead to better coordination between PacifiCorp and WDFW with an eye towards monitoring the kokanee population in Merwin Reservoir to better understand it and further manage a healthy fishery here.

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# Polyethylene Glycol: From colon prep to trusted laxative PEG 3350 is a safe, powerful

Last month, I received a letter in the mail from my local gastroenterology clinic, reminding me I was due for a screening colonoscopy and to please call them at my earliest convenience.

When I called, the scheduler asked me to call back again in a few weeks, when they hoped to resume scheduling non-urgent procedures.

Honestly, I felt a sense of relief. I don't mind having the colonoscopy; it's the preparation for it that's hard to swallow. I am talking about that gallon container with powder in the bottom, named Go-Lytely® or Co-Lyte®, also known as polyethylene glycol or PEG 3350.

Starting the day before your procedure, you add water, shake well, then drink the entire contents, one glass at a time. Glass after glass after glass...ugh.

As a pharmacist, I've dispensed hundreds of those gallon jugs. First-time users often ask, "What does it taste like?" "Like flat mineral water," I answer. "Can I flavor it?" "Sure, as long as you don't use anything red, orange, or purple." "What flavor would you recommend?'

"Well, I suggest you don't use your favorite flavor because, by the time you're done, it won't be your favorite flavor anymore.'

The last time I had to drink Go-Lytely®, I watched the movie The Proposal with Sandra Bullock, putting it on pause when I needed a bathroom break. I still smile when I think of Betty White dancing around, wearing that crazy cape!

PEG 3350 and glycerin are osmotic laxatives. They work by creating a concentrated solution inside your intestine that attracts water. Pulling this extra water into your intestine increases the water in your feces. This will soften your stool and help move it

PEG 3350 is polyethylene glycol, part of a large family of compounds ranging from liquids to oily solids. Each PEG has a number that describes how big the molecule is. PEGs range from PEG 400, which is liquid, to PEG 20,000, an oily

PEGs are one of the most common ingredients in your home. Most detergents, antifreeze, printing inks, adhesives, resins, and lubricants contain some form of PEG. You'll also find them in cosmetics like lipsticks, creams, lotions, and powders. PEGs are also used in pharmaceutical including manufacturing, ointments. tablets. suppositories, and solvents for certain injectable medicines. Because PEGs are broken down by enzymes found in micro-organisms. They are often added to plastic products

to improve biodegradability.

laxative that isn't limited to use as a gallon of colon preparation. It's also available as the nonprescription product Miralax®. Whether you use a full scoop from the can or open a single serving packet, the usual dose is 17 grams mixed with 4-8 ounces of fluid. You can mix the powder into any liquid and flavor it however you like. A single dose of Miralax can start working within an hour or so but is more likely to give you a bowel movement in one to three days. Another laxative that works like PEG is glycerin. Glycerin is often used as a rectal suppository in children suffering from constipation. Glycerin suppositories work in the lower colon and rectum. They can give you relief from constipation within 30 minutes, much faster than Miralax®. Glycerin and PEG 3350 do their job while staying inside your intestines, which is one reason they are considered very safe to use. Side effects of PEG 3350 are usually mild, like gassiness, an upset stomach, or bloating and abdominal cramping.

Here are 4 Tips on **Using Osmotic Laxatives Successfully:** 

1.Keep 'em cool.

Suppositories are designed to melt at body temperature. Years ago, I forgot about the light fixture directly underneath the shelf of my medicine cabinet, where I stored a bottle of prescriptiononly nausea suppositories. Just when I REALLY needed one, all I found was a goopy, melted mess. 2.Chill it.

When drinking an entire gallon of PEG 3350, the taste can start to get to you. Mixing it up the night before and refrigerating it can help the flavor. Remember, you can not dilute the colon prep PEG 3350 with ice or water. 3.Mix and Match.

Another way to help you drink ALL of your colon prep is to divide it up and use different flavors for each. This way, you don't get as tired of it.

4.Red Means Stop.

When preparing for a colonoscopy, you MUST avoid any red or purple drinks or foods. Lemon, lime, or pineapple can be used, or any flavor of Crystal Lite that isn't

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog The Medication Insider.com.©2022 Louise Achey



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