

appy **ATH of JULY** Have a happy and safe holiday!

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A Love for Nutcrackers Bonds Generations

Given her passion for the bearded fellows, the 97-yearold Arlene Wagner once again made the long flight. This time she did not arrive alone to the Erzgebirge area.

By KARL-HEINZ SCHLEGEL

(German translation by Barbara Washburn)

NEUHAUSEN – By Saturday evening, it was obvious how excited Uwe Löschner had become. He is the head of the Nutcracker Museum in Neuhausen. He was awaiting his now 97-year-old friend Arlene Wagner, who is the curator of the Nutcracker Museum in Leavenworth, which is in the US, State of Washington. Thirty years ago, the two met for the first time at a toy convention in Nürnberg, Germany, and since then they have been very good friends. That first gathering had led to a close relationship with the entire Löschner Family. Almost annually, and despite her advanced age, the very fit lady makes the trip to the Erzgebirge to take a look around. Among other things she also visits craftsmen in the city of Seiffen. The articles of the Erzgebirge have always had a special meaning for her

Arlene Wagner founded a nutcracker museum in 1995 in the small town of Leavenworth, a museum which was later endorsed into a non-profit foundation. She explains that the village, with its approximate 2000 inhabitants, had evolved into a Bavarian theme and attracts very many tourists. "Exactly 9103 of the bearded nutcracker fellows are at home in our collection, and now we have been entered into the Guinness-Book of records," the 97-year-old explains. "Around 34,000 yearly visitors come to see our

displays, including travelers from as far away as New Zealand and Japan." Arlene has written a total of 8 books about Nutcrackers. Uwe Löschner displays two large photo books in his museum in Neuhausen.

This time the 47-year-old Michelle McMullen arrived to the Erzgebirge with Arlene Wagner. This is her first trip to Germany. Arlene Wagner introduced her as her assistant. "She will one day become my successor. I am sure she will do wonderful work," the 97year old former dance instructor explains.

Amongst her relatives and friends McMullen is already known as the 'Nutcracker Lady II'. Now she wanted to get her own first impression at the cradle of the bearded fellows. "I am mesmerized by the workshops here at the Erzgebirge. For example, it was incredible to see how the Fuchtner Company produced the nutcrackers, or how the little Spanbäumchen (Woodchip trees) are created," explains the 47-year-old, who stepped into Arlene Wagner's footsteps two years ago. She wants to come back very soon, and after all her "boss" needs to be with her again, said McMullen.

Arlene Wagner explained that she would like to live to the ripe age of 102 years, as her brother had. And how will she do it? No alcohol all her life, no elevators, lots of walking and following a healthy diet, the 97year old recommends. As always, on her trip home her luggage held a lot of nutcrackers; and the same went for the bags of her travel companion.

Rumor has it, that McMullen's children and grandchildren are also known to be infected with the 'Nutcracker Virus".

The Leavenworth Nutcracker Museum is located at 735 Front Street, Leavenworth, WA. Or you can find them online at www. nutcrackermuseum.com



SUBMITTED PHOTO Pictured are Michelle McMullen, Arlene Wagner (The Nutcracker Lady) and Uwe Löschner at the Nussknacker Museum in Neuhausen, Germany.

Blood and platelet donors needed around Fourth of July

Exclusive recycled tote bag for those who come to give June 30-July 10

As summer officially begins and people gather for holiday celebrations, the American Red Cross reminds communities that patients are counting now on the generosity of blood and platelet donors, especially around the Fourth of July.

The Red Cross sees about a 21% decline in blood and platelet donations during holiday weeks, including Independence Day. When blood donations drop, so does the blood supply, making it extremely challenging to ensure blood is available when hospitals need it.

By scheduling and keeping appointments in July, donors can help provide for those in immediate need of lifesaving care. To schedule an appointment to donate, download the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767).

As a thank-you for helping, all those who come to give June 30-July 10 will receive an exclusive Red Cross recycled cotton tote bag, while supplies last.

Blood drive safety

The Red Cross follows a high standard of safety and infection control. The Red Cross will continue to socially distance wherever possible at blood drives, donation centers and facilities. While donors are no longer required to wear a face mask, individuals may choose to continue to wear a mask for any reason. The Red Cross will also adhere to more stringent face mask requirements per state and/or local guidance, or at the request of blood drive sponsors. Donors are asked to schedule an appointment prior to arriving at a drive.

How to donate blood

is about Inspiration and Connection

Icicle Fund's Long Spoon Celebration



Marlene Farrell Correspondent

In early June, Icicle Fund hosted an inaugural Long Spoons celebration at Icicle Creek Center for the Arts' Snowy Owl Theater. Over eighty people attended; they were creators, educators and nonprofit organization representatives who are deeply committed to work connected to the environment, the arts and history of North Central Washington. Representatives from Icicle Fund's founding partner organizations were all there: The Nature Conservancy, The Trust for Public Land, Chelan Douglas Land Trust, Methow Arts Alliance, Wenatchee River Institute and Icicle Creek Center for the Arts.

The environment, art and history have been the focal points of Icicle Fund and its founder Harriet Bullitt. The name Long Spoons derives from a parable beloved by Bullitt. The parable reflects how a challengetrying and failing to feed oneself with an overly long spoon-can be overcome and turned into opportunity through community and innovationby using the long spoons to feed each other instead.

Thus, the celebration was an honoring of Harriet Bullitt and also a call to action to continue her legacy. "This place has been changed by Harriet's vision and actions," said Icicle Fund Executive Director, Christine Morgan. "She's allowed us to be our best and this is the sign of a true leader."

"I appreciated Christine having an open and vulnerable heart to us when speaking about Harriet. It was clear Harriet made an impression on her both professionally and personally," said Shawn Cardwell, Executive Director of Columbia Basin Allied Arts in Moses Lake.

Artist and former wildlife biologist Heather Murphy shared, "I was both sad and proud at the Long Spoons presentation. Sad because our friend Harriet Bullitt was gone. Everywhere I looked, I saw her fingerprints, felt her questions and heard her laughter.

"Proud, because I felt her vision was being upheld. To help, to steward and to highlight the arts, music, environment, conservation, history and culture of this area."

Murphy was a two-time Conservation, History and Art (CHA) artist in residence, a program supported by Icicle Fund and Methow Arts Alliance. The Long Spoons celebration also served as an exhibit of work by all CHA artists who visited both the Methow and the Wenatchee watersheds. Murphy had four works on display, including paintings and illustrated poems. Murphy's work and that of other CHA artists is for sale with proceeds going back to the Icicle Fund. The exhibit will travel to galleries in Twisp, Wenatchee and Ellensburg.

The event also spotlighted quality art education sprung from an Icicle Fund initiative, again in partnership

Section A

with Methow Arts Alliance. Kenny Renner-Singer, principal of Alpine Lakes Elementary in the Cascade School District, explained that in his seventeen years with the district, art education had been inconsistent until now, relying on volunteers and utilizing the upper-level art teacher in the elementary schools occasionally. With a Youth Art Initiative grant. dedicated artists, Amber Zimmerman and Lore Smart, worked in every elementary classroom weekly.

teaching technique-based lessons. "Art is everywhere!" Renner-Singer boasted. It's infused in the culture of the schools, which has had a profound impact.

Attendee Curt Soper, Executive Director of Chelan Douglas Land Trust, was delighted to converse with the Youth Art Initiative teachers Zimmerman and Smart, saying, "They are an inspiration and their work

CONTINUED TO PAGE A2



Icicle Fund Founder Harriet Bullitt

Inserts: Safeway Dan's Market 1,1,1,





215 14th St. • P.O. Box 39, Leavenworth, WA 98826 Phone: 509-548-5286 www.leavenworthecho.com



Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at checkin. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also must meet certain height and weight requirements. Blood and platelet donors can save

time at their next donation by using RapidPass® to complete their predonation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood. org/RapidPass or use the Blood Donor App.

About the American Red Cross: The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members, and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRojaAmericana.org, or visit us on Twitter at @RedCross.

Long Spoon

CONTINUED FROM PAGE A1 with our local students makes me very optimistic about the future."

Before and after a short presentation, there was time for guests to mingle with the intent of learning from and inspiring each other. Everyone had written a snippet of a dream on their name tags to enliven conversation and offer chances to exchange and revel in shared passions and curiosities.

Morgan suggested, "Find people who can share the work, or who can help you think about how you can do the work differently and better!"

dream "My was to facilitate the use of art as an expression," said Cardwell. "At the time I wrote it, I was thinking of the Uvalde community and ways in which my profession, arts presenting, could do any even small part in preventing a tragedy like that from happening again. My organization [Columbia Basin Allied Arts] is doing a theater residency with the Mandala Center in spring 2023 that will facilitate self-reflection and healing in high school students and community members. But after this event and speaking with the CHA resident artists, I realize art can also be a strong expression for the land we inhabit, as well."

Toward the end of the gathering, Morgan announced that one lucky organization would win a \$1500 Long Spoons grant. Waste Loop, a Leavenworth-based organization with a mission to expand recycling and composting and reduce waste, won the grant.

"Waste Loop is honored and humbled to have received the Long Spoons Celebration Grant raffle," said Ariahna Jones, Waste Loop Executive Director. "We have been inspired by the Icicle Fund's ability to promote the intersections between art, the environment and the cultural and natural history of communities, so we plan to utilize the funds to weave these together through an art/ education installation at the new community compost dropoff point.'

Morgan also shared the news, that in addition to a lifetime of dedicated work, Harriet Bullitt made a final bequest before she passed away of \$12 million to Icicle Fund, which will be used strategically in the future to continue to uplift the communities of North Central Washington. Attendees left the celebration with thoughts revolving around the answer to Morgan's question, "What will your legacy be?"

Leavenworth Fish Hatchery completes circular tanks project





PHOTO BY LINDSAY TIMMERMANS Piper and Hattie Timmermans viewing the smolt in the new circular tank viewing window.

By Lindsay Timmermans

Gerald Lewis Vice-Chairman of Yakama Nation Tribal Council.

Staff

After 20 years in the making, the Leavenworth National Fish Hatchery dedicated its newly completed Pilot Circular Tanks Project on Thursday, June 23 in a ceremony honoring the salmon and the land with a quorum of groups including tribal partners from the Yakama Tribal Council, Confederated Tribes of the Colville Reservation, federal, state and local groups including the Icicle Work Group, Reclamation, Biologists, Dept. of Ecology, Fisheries, Chelan County Natural Resources, and Fish and Wildlife Conservation and Hatchery staff. The pilot circular tanks project is expected to cut water usage by 1/2 on a 5-year pilot study measuring how well the salmon grow and return and improve

stream flow in the Icicle River. Gerald Lewis, Vice-Chairman of Yakama Nation Tribal Council, sang an ancestral song and spoke of the first food of the summer season being salmon and to honor them by announcing yourself at the water to fish so the land knows you, (hence their given names), to offer something as a trade, and to continue traditions their ancestors and elders taught new generations about the culture and connectivity to the land, and that it must be protected.

People Continue to Express Concerns about City Pool

team for about ten years and that it has really improved

his swimming skills. Fiano

worries when he sees kids

at the river who aren't good

brother tried to swim across

the water, and I really didn't

want him to because he

really wasn't that strong of a

annoying that he must do the

swim test everyday "because

I pass it immediately. It's

very pointless." He said that

waiting in line for the swim

test takes five to twenty

minutes and that he wished

the pool was open more hours.

Fiano said that it is

swimmer then," he said.

"A couple years ago my

swimmers.

By: Erin Mullins

Reporter

The swim team met with city officials to discuss their concerns and to resolve differences last week. Meanwhile, community members continued to express concern about pool operations on Facebook, with a post in the Leavenworth Facebook group getting 71 likes and 62 comments.

The post by Derick Kuch expressed in part: "Only 1 open swim spot... am I the only one irritated about this? Do they really think more people come to swim laps then would enjoy the pool? There is absolutely nothing in Leavenworth for kids to do besides 2 hours a day for the pool?"

With limited hours and staffing issues, it has been hard for the pool to meet everyone's demands. Swim team leaders say they would like to get their practice hours while other community members want more time for open swim or better times of day for lap swim.

Christie Voos, Communication Analyst for the City of Leavenworth said failure on June 13 could shut down the pool for the summer, however the pool is still expected to reopen if a temporary repair to the boiler holds up, according to the Wenatchee World.

One-third to half of pools nationwide are expected to be affected by a hiring shortage, according to CNN. With the past two summers of the pandemic limiting swim team and lifeguard training, there are less certified lifeguards who can work.

Coal Fiano, son of swim team president Hailey Fiano, is a swim team member and works as a lifeguard. He said that he has been in the swim



Swimming is Fiano's favorite and "only" sport.

"I'm not very good at running," he said, "Swimming is easier to do but it requires a lot more. It requires a lot more work... swimming you are always in the water, so you are always cool."

Leora Aurilio, nineteenyear-old Leavenworth resident and daughter of city councilmember Marco Aurilio, said that she used to go to the pool every day when she was younger. She expressed her concerns at the city council meeting because she felt that the pool was not serving the community as well as it could.

Aurilio said that she no longer goes to open swim because with the limited hours and broken diving board it has lost its appeal. Further, she is busy during the limited hours that the pool is open. If she had the time, Aurilio said that she would consider being a lifeguard, but she already has another summer job.

"We do live by a really dangerous river. And I think it's vital that every kid learns to swim, and the swim team provides a fun way to become a good swimmer," she said.

Aurilio feels that the city

of swim team or the pool and that's just wrong. Because we are," Voos said. "Our mayor actually got our legal counsel in touch with [swim team's] insurance company to make sure everything was right, and we got the documents and we had a backup plan."

Staffing issues limit the pool's ability to expand hours, open on the weekends, or have more swim lessons. Voos said that the city is working towards being paperless so people can sign up for swim lessons online, but that it can be a slow process for cities to go paperless.

Voos said that it is difficult to answer whether the pool can give kids some sort of pass so that they don't have to test every day in the future. Different pools have systems like wristbands that allow kids to not have to retest, but those systems are not foolproof, Voos said.

She said that safety is the first priority for the pool. That is why they have three lifeguards at a time and why coaches cannot be lifeguards during swim team, since lifeguards just need to focus on being a lifeguard.

Voos said that the city is still



that the meeting between the swim team and city went well, and the two groups were able to get on the same page about a lot of things and figure out how to communicate better in the future. She said that all the boxes were checked for the swim team to continue with their season.

Nationwide, pools are having difficulties opening, including those close to home. The Wenatchee pool announced that a boiler council did not move early enough to try and get swim team and the pool started.

Voos says that it is not true that the city has not been listening to community members' concerns about the pool nor is it true that the city does not care. Many of the issues that community members wish would change are logistically difficult for the city to implement.

"I think there is an idea that we are not supportive recruiting certified lifeguards and looking for people with weekend availability. At the beginning of the season, the city had the time to train more lifeguards, but they currently do not have the time to train uncertified lifeguards.

With limited lifeguards and hours, it will continue to be difficult to balance the needs of everyone in the community, Voos said, but the city is hoping to hire new lifeguards and expand services.

Road Construction & Maintenance update

SUBMITTED BY JILL M. FITZSIMMONS

Road Maintenance

Chip sealing in Leavenworth District this week: County Road crews on Monday will finish up on Cedar Brae Road near Lake Wenatchee and then move to Karl Road. Also on the list for chip sealing are portions of Beaver Valley (milepost 12 to 14) and Eagle Creek (milepost 0 to 3.3) roads and Chumstick Highway (milepost 6.6 to 7.0). Please plan for minor delays in the work area or avoid these roads if you can. In the work area, the road will be at one lane, with flaggers and/or pilot cars directing traffic.

For a list of county roads scheduled for chip sealing this year and information on what to expect if road preservation is occurring in your neighborhood, go to https://www.co.chelan.wa.us/ public-works/pages/pavementpreservation-program.

County Construction Projects

Knowles Road Improvement Project: The project's contractor continues to install water facilities. Minor water outages may occur when the contractor ties properties into the new hookups. The contractor will notify property owners if this happens. When water infrastructure is completed, the contractor will be moving on to constructing stormwater facilities. The closure of Knowles Road (between School Street and American Fruit Road) will continue until about Aug. 5. The project remains on schedule. Motorists are asked to continue using the established detour via Crestview Road.

Cascade Orchard Bridge: Construction on the Leavenworth project has begun. Motorists will experience some minor delays, with traffic on the bridge being down to one lane. An automated signal will allow traffic through, alternating traffic from either end of the bridge. The project also requires a month-long closure, with a detour via East Leavenworth Road. That full closure will begin in mid-August so the contractor can pave the bridge deck.

Maintenance plans may change with weather conditions or equipment difficulties. Visit the Public Works website, where the weekly road maintenance information is regularly updated.

Link Transit boards approves zero-fare policy

Link Ridership Exceeds State and National Levels

By Eric West

Marketing and Communications Coordinator

After more than two years of providing zero-fare service first through a suspension of fares in March 2020 due to the onset of the COVID-19 pandemic, followed by a oneyear "zero-fare pilot program" beginning in July 2021—Link Transit is now—and once again—officially zero-fare. Link's Board of Directors adopted this change to the fare policy on Tuesday, June 21 at their regular monthly meeting. Originally established in 1991 as a zero-fare system, Transit operated Link through February 2000without charging fares for any services. With the passage of Initiative 695 in November 1999 and the resulting loss of nearly 45% of funding, a fare was implemented to help minimize the need to reduce service. Fares were increased twice

over the next 11 years. Over the last decade, fares accounted for a diminishing percentage of total operating costs—from 9.1% in 2012 to 4.7% in 2019. A recent analysis of fare collection also indicated that 46% of Link's riders in 2019 did not pay a fare, for reasons including operating three high-ridership routes that were zero-fare for all riders, offering free service for youth under 12, and allowing Americans with Disabilities Act (ADA)-eligible individuals to ride fixed-route service for free. Additional deep discounts available with monthly passes



and employer pass programs further reduced fare revenue.

Ridership dropped sharply in March 2020 with the onset of the COVID-19 pandemic and began a slow and steady rebound later that year. Most other systems in Washington State and nationwide are reporting current ridership of about 30% to 60% of pre-COVID levels. Link Transit's ridership recovery is significantly above

> average, with total May 2022 ridership measured at 96% of pre-COVID levels. Weekend ridership has surpassed pre-COVID numbers, and average weekday

ridership is about 85% of prior levels.

"We feel that a zerofare system will allow us to continue growing ridership, while addressing equity and accessibility issues throughout our diverse communities", said Cristina Barone, Link's Planning and Development Manager. "The idea of zerofare transit is gaining traction throughout the country, and Link Transit is happy to be able to be in the forefront of this movement." There are currently several other systems in Washington State that operate zero-fare service, including Island Transit on Whidbey Island,

Mason Transit in Shelton, and Intercity Transit in Olympia. Additionally, Valley Transit in Walla Walla has eliminated fares for the next three years, and Jefferson Transit in Port Townsend has maintained zero-fare service since the onset of the COVID-19 pandemic.

Link Transit is funded by a voter-approved 0.5% of locally collected sales tax and a variety of Federal and state operating and capital grant programs, including new funding recently announced through the state's Move Ahead Washington program. Contact 509-664-7622 Local,

Regional

News &

Events

Community

Community

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
 - Service and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
 - 🏷 For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
 - Scashmere: 509-782-3781, email: reporter@leavenworthecho.com

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Back Issues are available up to one year after publication for a fee. Archive Research: \$25 per hour Includes mail or email copies.

COMMUNITY CALENDAR

🔖 Any non-profit 501(c)-(3) group, person(s).

🆫 Must provide: full name, city, phone number.

 ${}^{igsim}_{igsim}$ Items pertaining to local events that are free or minimum charge.

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292. Leavenworth Rotary Club, Zoom meetings, Noon. For more information email, President Joel Walinski, jtwalinski@gmail.com

Alpine Water District: District meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.

Thursday

- Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)
- Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com
- Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
- The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
- Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
- Leavenworth Farmers Market, Thursdays, 4-7 p.m., at the Cascade School District offices. 330 Evans St. Info@ cascademarkets.org

Friday

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@ co.chelan.wa.us

Saturday

Old favorites music at the Leavenworth Senior Center, 423 Evans St. No cover charge, 1-3 p.m. Call Steve, 509-548-7048. (2nd and 4th Saturdays).

Monday

- Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri 509-393-8271 for more information.
- Leavenworth Mosquito District board meeting 7 p.m., via ZOOM link posted at leavenworthmosquitodistrict.com or call 509-548-5904 (1st and 3rd Mondays).
- Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
- Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage only is \$7 (no outside food please). Check-in begins at 11:30 a.m. and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon.,monthly).

Tuesday

- Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
- Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.iid. pid@nwi.net, (2nd Tues.)
- Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)
- Cascade Education Foundation. Contact: CEF@cascade.org LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)
- Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)

Remember to get a Library parking pass from the library to park in the designated parking spaces.

Ponderosa pancake breakfast

Ponderosa 4-H Club will have their annual pancake breakfast, 7 -11 am at Lions Club Park on the 4th of July.

Cashmere

Cashmere Community Vacation Bible School

VBS will be on July 11 through 15, from 9-11:30 a.m., at the Cashmere Presbyterian Church for ages 4 - grade 6 and 7-8:30 p.m. for grades 6 -12.

Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided

by the Chelan County Sheriff's Office. The publisher cannot

certify the complete accuracy of the information provided.

Safeway

St., Plain

June 21

St.

14:30 Injury Accident, 21400

14:56 Suicide Threat, 604 Birch

18:54 Attempt to Locate/ Contact,

20:58 Traffic Offense, 900 Main St.

21:59 Welfare Check, 24602 Spur

22:19 Traffic Offense, 920 Front

09:27 Parking/ Abandoned Ve-

hicle, 18130 W. Dardanells Rd.,

15:32 Trespassing, 1329 US Hwy.

16:06 Traffic Offense, 261 Mine St.

tact, 23149 Lower Chiwawa

17:09 Public Assist, 520 Pine St.

18:08 Harassment/ Threat, 261

22:05 Welfare Check, 11088

10:53 Missing Person, 700 US

11:16 Suicide Threat, 12190 Emig

12:43 Civil Dispute, Camp 12 Rd.,

Vehicle, 110400 block Stemm

07:35 Alarm, 7201 N. Dryden Rd.,

09:09 911-call, 12790 Fish Hatch-

10:52 Extra Patrol, 3343 Allen Ln.,

22:41 Parking/ Abandoned

Eagle Creek Rd.

Hwy. 2, Library

Rd., Peshastin

River forest service road, Lake

16:08 Attempt to Locate/ Con-

St., Wok About Grill

Lake Wenatchee

Wenatchee

Mine St.

June 22

Dr.

Plain

June 23

Peshastin

Peshastin

ery Rd.

2, Dan's Food Market

647 Front St., A Matter of Taste

block SR 207, Lake Wenatchee

Contact Linda Colby, 509-669-8425 lcolby1513@nwi.net for more information.

A3

Regional

Heads up: Annual transmission line inspections start this week.

Residents may see a helicopter flying low and slowly over highvoltage power lines starting Thursday, June 23. That's a routine inspection conducted annually over Chelan PUD's 330 miles of transmission lines - from Stevens Pass to Wenatchee, Palisades to Manson. The inspection flights will continue over the next couple of weeks, depending on weather conditions. Contact: Neil Neroutsos, 509-661-8291



Leavenworth

Library Events:

the Library

magazines,

Library

Leavenworth Friends of

We will be accepting book

donations on the 2nd and 4th

Fridays of the month from 10-11

a.m. Bring your donations to the

green buildings at the back of

the Mountain View Cemetery

on Icicle Road. We cannot accept

textbooks or outdated manuals.

Crafternoons at the

Join us for arts and crafts at

the Leavenworth and Peshastin

Libraries. All ages welcome

Tuesdays, 3:30-5 p.m., 509-548-

7923 or Peshastin, 509- 548-7821.

Questions call 509-548-7018.

encyclopedias,

June 17

- 10:23 Theft, 320 Park Ave., Mountain Meadows 11:41 Harassment/ Threat, 18337 US Hwy. 2, Lake Wenatchee
- 11:44 Property, 9600 Anderson Canyon Rd., Peshastin
- 11:49 Welfare Check, 10797 US Hwy. 2, Peshastin
- 13:21 Non-injury Accident, North Rd., and Acorn Ln., Peshastin 15:38 Vehicle Theft, 19537 Chiwawa Loop Rd., Stonewater
- Youth Dynamics, Plain 15:58 Weapons Violation, 12282
- Meacham Rd. 17:35 Non-injury Accident, 525
- Alpine Pl., Alpine Village 09:34 Property, 926 Commercial
- St. 09:56 Agency Assist, 3985 Old Blewett Rd., Peshastin
- 11:12 Suspicious Circumstance, Sugarloaf Lookout, Forest Service Roads
- 15:10 Civil Dispute, 9189 Anderson Canyon Rd., Peshastin 15:10 Parking/ Abandoned Ve-
- hicle, 694 A US Hwy. 2 17:42 Welfare Check, 932 Front
- St., Starbucks 18:13 Extra Patrol, Chumstick Hwy. MP 5
- 18:17 Property, 8th and Commercial Streets
- 19:21 Noise Complaint, 800 block Main St.
- 09:15 Injury Accident, Mountain 21:34 Traffic Offense, US Hwy. 2 & Front St. 09:59 Alarm, 12338 Bretz Rd.,
- 09:25 Animal Problem, Chumstick

- 09:59 Alarm, 12338 Bretz Rd., Plain 10:06 Burglary, 24608 Spur St., Plain
- 10:12 Trespassing, 116 B. River Bend Dr., Safeway
- 11:04 Trespassing, 18840 Beaver Valley Rd., Plain
- 12:16 Alarm, 10065 Merry Canyon
- Rd. 13:01 Theft, 116 River Bend Dr.,
- Safeway
- 14:30 Injury Accident, 21400 block SR 207, Lake Wenatchee
- 14:56 Suicide Threat, 604 Birch St. 18:54 Attempt to Locate/ Contact,
- 647 Front St., A Matter of Taste 20:58 Traffic Offense, 900 Main St.,
- Leavenworth
- 21:13 Theft, 263 Mine St. 21:59 Welfare Check, 24602 Spur
- St., Plain 22:19 Traffic Offense, 920 Front
- St., Wok About Grill

June 19

June 20

Valley Rd.

Plain

Home Tracks

09:25 Animal Problem, Chumstick Hwy. MP 3 17:50 Civil Dispute, 585 US Hwy.

00:49 Traffic Offense, Alpensee

Chumstick Hwy. and Beaver

Strasse and US Hwy. 2

08:33 Non-injury Accident.

2, Icicle Quick Lube

The Leavenworth Echo (USPS 308 160) is published every Wednesday by NCW Media, Inc. 215 14th St., Leavenworth, WA Telephone: 509-548-5286. Fax: 509-548-4789. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices) Postmaster:

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates.

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.).

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at newlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open:10 a.m. to 2 p.m. on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sunday and Monday

Peshastin Public Library. Located at 8396 Main St. Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org Open Tues., 10-1:30; and 2:30-7, Wed., 11-1:30, and 2:30-7, Thurs.,and Fri.,1-5:30 and Sat., 10:00-2:00. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Daily 11 a.m.- 4 p.m. Please check our Facebook page or our website at www.

leavenworthmuseum.org for updates and information. Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park

- outside the gate. All animals must be on a leash.
- Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
- Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho. com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Alanon Meetings, call 509-548-7939 Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Hwy. MP 3 17:50 Civil Dispute, 585 US Hwy. 2, Icicle Quick Stop

June 18

08:33 Non-injury Accident, Chumstick Hwy. and Beaver Valley Rd., Plain 09:15 Injury Accident, Mountain Home Tracks

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The Leavenworth Mosquito Control District (509) 548-5904 • www.leavenworthmosquitodistrict.com "Stopping mosquitoes at their source."

10:06 Burglary, 24608 Spur St., Plain

- 10:12 Trespassing, 116 River Bend Dr., Safeway
- 11:04 Trespassing, 18840 Beaver
- Valley Rd., Plain 12:16 Alarm, 10065 Merry Canyon
- Rd.
- 13:01 Theft, 116 River Bend Dr.,
- 13:40 Parking/ Abandoned Vehicle, Coles Corner, Lake
 - Wenatchee 14:43 Welfare Check, 11431 Clark Canyon Rd.
 - 15:07 Harassment/ Threat, 18894 Alpine Acres Rd., Plain
 - 15:16 Domestic Disturbance, 19115 Beaver Valley Rd., Plain
 - 15:56 Traffic Offense, 17950 River Rd., Plain 16:04 Public Assist, 12882 Ranger
 - Rd.
 - 17:09 Domestic Disturbance, 19115 Beaver Valley Rd., Plain
 - 17:13 Noise Complaint, 8515 Icicle Rd.
 - 17:36 Traffic Offense, Icicle Rd, MP 2
 - 17:39 Non-injury Accident, 116 River Bend Dr., Safeway 18:06 Alarm, 10461 Stemm Rd.,
 - Smallwood's, Peshastin 20:48 Domestic Disturbance, 15353 US Hwy. 2, Lake Wenatchee
 - 20:52 911-call, 18047 River Rd., Plain



Information You Can Rely On! Kathy Z. Smithson 720 Valley Mall Pixway East Wenatchee



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Community

Rep. Schrier pushes Biden Administration to implement federal firefighter pay increase before peak wildfire season

DC Washington Congresswoman Kim Schrier, M.D. (WA-08) led 21 of her colleagues in sending a letter to several officials in the Biden Administration, pushing them to implement a federal firefighter pay increase before peak wildfire season begins. An increase in pay and benefits for federal wildland firefighters was included in the Bipartisan Infrastructure Law that President Biden signed last November. The members said, "We have heard time and time again from firefighters in our districts and around the country how current pay rates create significant challenges with recruiting and retention. Congress authorized and appropriated funding ... to help address the staffing shortages that persist throughout the federal land management agencies. While we acknowledge the complexities of identifying where pay presents a barrier to

recruitment and retention, the reality is that federal wildland firefighters are underpaid nationwide. The longer it takes to put these pay raises in place, the more difficult it will be to meet the staffing levels necessary to confront this year's wildfires which are already burning."

The letter was sent to U.S Department of Agriculture (USDA) Secretary Tom Vilsack. Department of Secretary Deb Interior Haaland, and U.S. Office of Personnel Management Director Kiran Ahuja. Earlier this month the Biden Administration announced that they were working on the pay increase and that one could be expected in the coming weeks. The letter urges an implementation as quickly as possible to assist firefighting departments with hiring. In most parts of the western U.S., the wildfire season is already underway.

The full letter is below.

Dear Secretary Vilsack, Secretary Haaland, and Director Ahuja: We write in response to the recent update from Deputy Chief of State and Private Forestry Jaelith Hall-Rivera that federal firefighter payment increases included in the Bipartisan Infrastructure Law are expected in the next few weeks. We continue to urge expeditious implementation of the pay increase.

As you know, a changing climate is exacerbating the challenges posed to our communities by wildfire. In 2021, roughly 59,000 wildland fires burned more than 7.1 million acres and resulted in more than \$4.4 billion in state and federal suppression expenditures. This year, the potential for extreme fire behavior is higher than average throughout much of the country through September.

We have heard time and time again from firefighters in

our districts and around the country how current pay rates create significant challenges with recruiting and retention. Congress authorized and appropriated funding in the Bipartisan Infrastructure Law last November to help address the staffing shortages that persist throughout the federal land management agencies. While we acknowledge the complexities of identifying where pay presents a barrier to recruitment and retention, the reality is that federal wildland firefighters are underpaid nationwide. The longer it takes to put these pay raises in place, the more difficult it will be to meet the staffing levels necessary to confront this year's wildfires which are already burning.

We have also heard from fire departments in our districts and states that are concerned with lower levels of staffing, it will be more difficult to contain increasingly catastrophic wildfires, putting firefighters more at risk and making their jobs even more difficult. We must ensure they are compensated fairly and more in line with their local and state firefighter counterparts. Federal wildland firefighters work alongside local and state firefighters on

fires every year but continue be disproportionally to undercompensated.

We appreciate your work up to implement the provisions of the Bipartisan Infrastructure Law as quickly as possible and ask that you raise wildland firefighter salaries as quickly as possible.



Kreidler extends orders on coronavirus and surprise billing to July 27

Olympia-Commissioner Mike Kreidler has extended two emergency orders. His order requiring health insurers to waive copays and deductibles for any consumer requiring testing for the coronavirus (COVID-19) and his order protecting consumers from receiving surprise bills for lab fees related to medically necessary diagnostic testing for COVID-19 are both extended until July 27. Kreidler's order waiving cost-sharing applies to all state-

Insurance regulated health insurance plans and short-term, limitedduration medical plans. The order on surprise billing applies to both in-state and out-of-state laboratories when a provider orders diagnostic testing for COVID-19. Also, insurers must continue: Allowing a one-time early refill for prescription drugs. Suspending any prior authorization requirement for treatment or testing of COVID-19. In addition, if an insurer does not have enough medical providers in its network to

provide testing or treatment him following the statewide for COVID-19, it must allow enrollees to be treated by another provider within a reasonable distance at no additional cost. "Consumers are rightly concerned about prevention, testing and possible treatment," Kreidler said. "My emergency order provides guidance to health insurers and should help reassure the public that we will take all necessary steps to protect them." Kreidler is using powers granted to

emergency that Gov. Jay Inslee declared to protect Washington residents against the spread of the coronavirus. When the governor issues an emergency proclamation, the commissioner can issue an emergency order related to health care coverage to ensure access to care. The order can be extended by the commissioner for 30 days at a time as long as the governor's emergency proclamation remains in effect.

To the Editor,

LETTERS TO THE EDITOR

To protect our reproductive freedoms, we need to expand the Supreme Court.

The Judiciary Act of 2021 would add four new seats to the Supreme Court, bringing the number of justices to 13. It would help restore balance to a Court that Mitch McConnell has packed with right-wing extremists who just dismantled abortion care in America.

Recent polling showed that not only do a majority

of Americans believe that the Supreme Court should uphold the right to abortion care, they also agree that we need to restore balance to the court and support adding additional judges to the Supreme Court.

I'm urging Congress to pass the Judiciary Act so we can create an institution that moves away from partisan politics and represents the good of all Americans.

Regards, Natalie Briody, Leavenworth, WA

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.



Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who





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have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com



UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 548-5286

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 509-548-4345 Saturday Services . Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997 SPIRIT LIFE CENTER

210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street • 509-548-7517 Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org

New Life Foursquare Church 7591 Hwy. 97 • 509-548-4222

Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

PLAIN

PLAIN COMMUNITY CHURCH

Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday!

plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619 10 a.m.Sunday Service, Pastor Matt Gorman Leavenworthumc.org leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.

> **FAITH LUTHERAN CHURCH - ELCA** "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following https://www.flcleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

www.LCN.org

GRACE LUTHERAN CHURCH 509-860-0736 401 Elberta Ave., Morning Prayer or Holy Eucharist. 9.30 a.m. for the summer, rotating services with St. James Episcopal. Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH 509-860-0736 222 Cottage Ave., Morning Prayer or Holy Eucharist. 9.30 a.m. for the summer, rotating services with Grace Lutheran. Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. **Pastor Steve Bergland**

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH

213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana



Sunday Worship Service at 10 am 5800 Kimber Rd., Cashmere 509-782-2825 christcentercashmere.com



429 Evans Street, 509- 470-7745

111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett



PCC

Community news

Cascade Medical Center receives awards from North Central Educational District

By: ERIN MULLINS

Reporter

 $Cascade\,Medical\,Center\,(CM)$ received three awards from the North Central Educational District. The community leadership award was presented to Cascade Medical Center and to Sam Jerome, RN, BSN, in recognition of their outstanding contributions toward education. The friends of the children award was presented to Cascade Medical Center for its support of Cascade School District throughout the COVID-19 pandemic.

Sam Jerome, Director of Nursing at CM, oversees the emergency room, acute care, utilization review, education, endoscopy, infection control and pharmacy at the hospital. She said that she first started working for at CM five years ago as an endoscopy coordinator. Jerome said that she likes working for a smalltown hospital.

"Working with patients pre, intra, and post procedure led me to love working in a small-town

critical access hospital," she said. "Cascade helps patients stay local to have an important preventative procedure and I have the opportunity to work with patients through the whole process."

Jerome said that she is honored to receive the award and that many hands contributed to CMC's care during the pandemic. Over the course of the pandemic, she says that she has helped the community to get information, testing, and immunizations for the pandemic, which was the greatest challenge of her career.

She said that CM reaches out to local schools by offering mental health education, immunizations, sport physical nights, and closely collaborated during the many months of the pandemic. Outside of work, she likes hiking and rafting with her three sons, watching Masterpiece Theater, and watching soccer.

Clint Strand, Director of Public Relations at CM, said that Jerome is an amazing nurse and mom.

PHOTO SUBMITTED BY CASCADE MEDICAL (L-R) Cascade Medical Center CEO Diane Blake, Superintendent Dr. Tracy Beckendorf-Edou, and Sam Jerome RN, BSN pose with NCSED awards that



"What does she do that's not exceptional?" Strand said. She's, first of all, incredibly talented at what she does, superbly knowledgeable and she pairs that with an

uncommon care for not only the community but the kids that we serve. She has children in the school district as well."

Diane Blake, CEO of CM, said that she was honored

that the hospital received the award.

"I am honored the school district took time to nominate us for leadership awards." Blake said. "The awards

reflect the work of the CM team and are a reminder of how much was unknown in the earliest days of the pandemic, how thoroughly we relied on the clinical expertise withing CM to keep us all and our community safe and how much we all worked together throughout the community to navigate the unknowns."

Tracey Beckendorf-Edou, superintendent of Cascade School District, nominated CM for the awards and thinks that they were well deserved.

"Cascade Medical Center really started working with Cascade School District in February of 2020, helping us to prepare for what was to come." said Beckendorf-Edou. "I don't know if we could have done as well as we did without their assistance. They've just been great partners throughout this entire time."

Award winners were recognized by the NCESD in May with individuals and business partners across the region recognized for their contributions to area schools.

Cascade Medical Golf fundraiser



Golfers Candace and Jay Hansen and Lonnie and Linda Wolf enjoy a good time at the 19th Annual Marson and Marson Cascade Golf Classic, a fundraiser for Cascade Medical Foundation held at Kahler Mountain Club. This year's event was a huge success with 117 golfers, over 80 sponsors. over 40 volunteers and net proceeds close to \$45,000. Money raised will go to purchase cardiac monitors and the just-now-purchased e-bikes for the EMS crew at Cascade Medical.



CHS Cross Country Runners and Head Coach Dayle Massey head off for their first summer practice. They will be meeting twice a week on Tuesdays and Thursdays.

Wildfire Evacuation – Prepare Now! supply kit for each person and emergency supply kits recommended evacuation should include the "Six P routes. Be alert for road

vehicle. Store a portable radio Checklist" including 1) People or scanner in your car to help and pets, 2) Papers, phone you stay updated on the status numbers, and important of a fire. documents, 3) Prescriptions, Your evacuation checklist vitamins, and eyeglasses, 4) Pictures and irreplaceable memorabilia, 5) Personal computer hard drive and disks, 6) Plastic (credit cards, ATM

SUBMITTED BY BARBARA CARRILLO

Director, Chumstick Wildfire Stewardship Coalition

The long hot days of summer are right around the corner, and with warmer days, the chance of wildfires and emergency evacuations begin to increase.

Are you wildfire evacuation ready? Wildfire evacuation ready means that you and your family are prepared by creating and maintaining a defensible space around your home that is hardened against flying fire embers. Additionally, wildfire ready families are familiar

with local news or emergency outlets and are signed up for emergency, evacuation, and wildfire notices where available.

What else makes you wildfire ready? An evacuation checklist does. Prepare an evacuation checklist for your family and pets and pack in advance. This will assist you in being ready when a wildfire or evacuation notice comes in. Your evacuation checklist should include a meeting place for your family and pets outside the fire or hazard area and include several escape routes from your home and community as well as a central point of contact for all relatives. Be ready by preparing an emergency



cards and cash). Additionally, secure your home, close and lock doors and windows and inform family and neighbors of your evacuation plan. Always keep a half tank of gas in your vehicle, have enough cash to pay one week's expenses in case banks and ATMs are not accessible, leave early if possible, and follow

hazards, such as flooding, washed-out roads and bridges and downed power lines.

Sign up for emergency alert systems such as the Chelan County Emergency Alert System at https://public. alertsense.com/SignUp/ public.aspx?regionid=1184. This is a free service for the residents of Chelan County. Chelan County Fire District 3 also has a webpage located https://chelanfd3.org/ at and their Facebook page is https://www.facebook.com/ ChelanCountyFire3. For more wildfire evacuation tips go to www.Chumstickcoalition.org, Before the Fire!

Lay me on a bed of roses...or shall it be Alfalfa?

Human Composting is making a big move within our state

By Barbara Washburn

Correspondent

Discussing and preparing for our own final death arrangements, or for those of our loved ones, is a psychological struggle for most. Traditional funeral practices are often seen as unsustainable, wasteful, and polluting in protecting our future. And in our ecoconscious world many choose the final disposition of humans as a gift to Mother Nature.

Our own state was the first of developing and approving the process called Natural Organic Reduction (NOR): human remains transformed into soil.

All along, people had been cared for by their family and friends, then often buried on their own property or even their back yards.

Nonetheless, now we are rethinking this final journey on Earth, not deciding to be burned up during the cremation

process, which adds carbon monoxide into our atmosphere and burns fossil fuels. Some of us cannot stand the thought of having our bodies filled with embalming chemicals; or doing the final; "Hair & Make-up" display. After all, there are much more natural ways for our bodies to move forward to the next phase.

In May 2019, Jay Inslee signed SB5001 into law, which makes Washington State the first in the world to legalize natural organic reduction (NOR). This procedure is legally described as "the contained accelerated conversion of human remains to soil.'

Currently we have four companies in our state offering natural organic reduction. They are: Recompose - Seattle, WA.

The Herland Forest, Klickitat County - Wahkiacus, WA., Return Home - Auburn, WA. Earth - Auburn, WA.

These companies consist of groups of scientists and researchers who work hand in hand with funeral directors. The process itself is similar amongst them.

Often their employees had their career originate in the funeral business, still caring for families and helping them through the end-of-life arrangements for their loved ones. The approach is now different from the traditional funeral industry. Nonetheless, the same professional licenses are held, and guidelines are being met and overseen by our state. People making their end-of-life preparations and their family members can be assured that they will receive the highest standards of care.

Katrina Spade of Recompose in Seattle, is the founder of NOR. "Although farmers have been composting livestock for decades, I was the first to do the research and policy work necessary to bring human composting to the public, "explains Katrina Spade, who was raised in a medical family. "I grew up in a family where it was fairly normal to talk about death and dying at our dinner table."

Such as music, she sees it is a form of recomposing. You can see a little bit about the history of her mission at: https://recompose.life/who-weare/#history

Carolyn Maezes/Earth: We have purchased a beautiful piece of land on the Olympic Peninsula for our restoration and conservation efforts. It was historically logged, and we'll be removing non-native species and reforesting it, creating a beautiful sanctuary and healthy ecosystem that is protected for future generations. We aim to have it open to families by the end of 2023.

Walt Patrick has served as the director of Herland Forest –. A natural burial in Klickitat County near Wahkiacus, WA. "We work in partnership with funeral directors", says Patrick. "All work is done outside in the forest." He explains that the general weight and size limit of a person who has passed needs to be within the 6'5"/300-pound average in order to fit into the vessel designed for the natural decomposition process to take place.

Micah Truman of Return Home in Auburn encourages people to look at his facilities by calling to set up an appointment beforehand.



PHOTO COURTESY OF SABEL ROIZEN; RECOMPOSE/SEATTLE

The human body is placed into a vessel for approximately thirty days, and covered with alfalfa, sawdust, straw and sometimes wildflowers. This process gently transforms human remains into rich, fertile soil

Classifieds

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

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NCW

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Administrative

Puzzle Solution

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STREP

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Wanted

Keep it Blue LAKE CHELAN

Looking for Volunteers with Lake Chelan Waterfront Access Lake Chelan Research Institute (LCRI) seeks eight to ten waterfront locations to establish long-term trends in nearshore water temperature. Changes in nearshore temperature are a key factor in growth of attached algae. We currently lack temperature trends in the nearshore environment of Lake Chelan and are initiating collection of that data so we can understand what role temperature may play regarding increased algae growth. Involvement of waterfront homeowners is crucial to the success of the work. Support for this study is provided by the lcicle Fund (see https://iciclefund.org/ and https://iciclefund.org/ recent-awards) The institute's mission includes collecting water quality data regularly; understanding the processes that control, and assess trends in Lake Chelan's water quality, benefiting residents, tourism, and environmental science for years to come. If interested, please contact Phil Long at 509-531-2987 or phillong@nwi.net. More information is available at https://lakechelan researchinstitute.com and KeepltBlueLakeChelan.org Keep It Blue—Lake Chelan!



Employment

Certified Coder Full-time

Three Rivers Hospital is seeking a Certified Coder. This position is responsible for timely, accurate and comprehensive review of services. Abstracts, analyzes, and assigns ICD-10-CM, CPT, HCPCS codes and appropriate modifiers for evaluation and management (E/M), minor procedures, and diagnostic tests by using either computerized or manual systems. **Required:** Associate degree, bachelor's degree, or equivalent years of experience as coding specialist. Current professional coding credentials such as AAPC, (CPC), (CCA), (COC), PMI, (CMC), or AHIMA (CCS-P), (CCS), (RHIA), (RHIT) or be able to obtain credentials within 6 months of hire.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE



NA-C **Full-time/ Nights**

Three Rivers Hospital is seeking a Nursing



LOST & FOUND ITEMS can be placed in our **Local Newspapers** and Online at **NCWMARKET.COM** for ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras. Leavenworth/Cashmere

Announcements

Lost & Found

509-548-5286 or email classifieds@leavenworth echo.com or Lake Chelan Mirror 509-682-2213 or **Quad City Herald** 509-689-2507 or email mirrorads@lakechelan mirror.com

Deadline Noon on Friday for the next week's papers



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Assistant–Certified. Duties include assisting n the daily care, personal needs, and treatment of each patient in an acute care setting. Current NA-C WA State License, BLS and one year NA-C experience required.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Department PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

Mansfield School District

Special hiring is а Education-Director and a Para-Professional for the 2022-23 school year. To view job descriptions and download application, access our website at www.mansfield.wednet.edu. We are equal an opportunity employer. If you have any questions, please contact us at 509-683-1012

Office Manager Position

PT Clinic, to start ASAP Full time, 4 days, 10 hours

> Monday - Thursday Leavenworth, WA Send Resume to HHRR@iroc4u.com

publisher@ leavenworthecho.com EOE



RADIOLOGY/ CT TECH Full-time

Three Rivers Hospital is seeking a Rad/ CT Tech to produce CT scans and assist the Radiologist with interventional procedures that require CT guidance and to provide the best diagnostic images possible for the providers. Registered by the ARRT and Certified WA State. Graduation from an AMA approved school of Radiologic Technology. Minimum of one year CT experience. (Technical staff can be crossed trained). Current BLS certification. Prefer ARRT certification in CT. Schedule: Wednesday Friday, 10-hour shifts and

will include call time. Sign-on Bonus: \$2,500.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

standards in a healthcare facility. High School Diploma or equivalent required and previous experience in food service is preferred. Food Handler's permit is required and ServSafe certification is preferred. Rotating schedule, will include some weekends.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

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The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads @lakechelanmirror.com OR Leavenworth Echo **Cashmere Record** 509-548-5286 or send email to classifieds@leavenworth echo.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers



Patient Registration Representative Per Diem/Weekends

Three Rivers Hospital is seeking a Patient Registration Rep. Collects required patient information and enters into computer database for in-patient & out-patient services. Candidate must have good computer skills & excellent customer service, interpersonal & office skills. High school diploma required. Spanish bi-lingual is preferred.

Interested Candidates may apply in person or by mailing their resume to:

Three Rivers Hospital Human Resources Dept. PO Box 577 Brewster, WA 98812 (509) 689-2517 www.threerivershospital.net opportunity@trhospital.net EOE

dvertise Advertise Advertise Advertise 548-5286 or 782-3781 Call Now! Call Now! Call Now! Call Now

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Public Notices CITY OF LEAVENWORTH NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN

> that the Leavenworth City Planning Commission will hold two public hearings on July 6, 2022 at 7:00 PM in the City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington and via ZOOM - Meeting ID: 999 2949 1100 Passcode: 225225 or call-in 1-253-215-8782.

Legals

The first hearing is to take public testimony on consolidate the existing standards into one new 18.25 code chapter with modifications to various codes to provide clarity and address the building height. This item will amend LMC Chapters 18.20 Residential Low Density 6,000 District (RL6), 18.21 Residential 8 District (R-8), 18.22 Multifamily Residential District, 18.28 General Commercial District (GC), 18.32 Central Commercial District (CC), 18.44 Tourist Commercial (TC), 18.45 Light Industrial, 18.24 Residential Supplementary 18.04 Districts Regulations, General Provisions, 18.36 Supplementary Regulations and Section 21.90.030 Definitions.

The second hearing is to take public testimony on a new Bavarian Theme code chapter Appendix: Portfolio 14.08.110 Administrative Options for Approval. The City of Leavenworth has

reviewed both amendments and determined they are exempt from SEPA, environmental review, per WAC 197-11-800(19) Procedural Actions. Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Development Services within City Hall, phone 509-548-5275 or email

dsmanager@cityofleavenworth.com Published in The Leavenworth Echo/ Cashmere Valley Record on June 29, 2022. #4242





Classifieds

Public Notices SUPERIOR COURT OF WASHINGTON FOR CHELAN

COUNTY In the Matter of the Estate of FOLLOW THE SCIENCE, LLC No. 22-4-00268-04

PROBATE NOTICE TO CREDITORS (RCW 11.40.030) Personal Representative The named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations. present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever except as otherwise barred. provided in RCW 11.40.051 and 11.40.060. This bar is effective as claims against both the to decedent's and

probate nonprobate assets. DATE OF FIRST PUBLICATION: June 15, 2022, Personal Representative:

KAREN JO JAMESON for the Personal Attorneys Representative: David A. Kazemba, WSBA#48049

Address for Mailing, or Service **Overcast Law Offices** Attn: David A. Kazemba 23 S Wenatchee Ave., Suite 320 Wenatchee, WA 98801 (509)663-5588 Court of probate proceeding and cause number:

Chelan County Superior Court Cause Number: 22-4-00268-04 Presented by: OVERCAST LAW OFFICES By:/s/ David A. Kazemba, WSBA No. 48049 Attornev the Personal for

Representative. Published in The Cashmere Valley Record/ Leavenworth Echo on June 15.

Public Notices

STATE OF WASHINGTON SUPERIOR COURT CHELAN COUNTY

LAURA B. JAMESON Deceased. a Washington limited liability company Plaintiff, v

DAVID H. MEHELICH, and the marital community thereof: SUSAN A. MEHELICH and the marital community thereof; BANNER BANK, LLC. а Washington Banking Corporation; ALL UNKNOWN OCCUPANTS OF THE PREMISES. Defendants. No. 22-2-00227-04 SUMMONS BY PUBLICATION

TO THE DEFENDANTS: А lawsuit has been started against you in the Superior Court of Chelan County by Follow the Science, LLC, Plaintiff.

You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after June 1, 2022 and defend the above-entitled action in the above entitled Court, and answer the Complaint of the Plaintiff, Follow the Science, LLC, and serve a months after the date of first copy of your answer upon the undersigned attorneys for Plaintiff, David A. Kazemba of Overcast Law Offices, at 23 S Wenatchee barred, except as otherwise Ave. Suite 320, Wenatchee, WA 98801; and in case of your failure so to do, judgment will be to claims rendered against you according to the demand of the complaint, nonprobate assets. which has been filed with the clerk FIRST DATE OF PUBLICATION of Chelan County Superior Court. This action asserted by Plaintiff, Follow the Science, LLC, is to allow Plaintiff to foreclose the Deed of Trust on the property, have property sold at foreclosure sale and to obtain a deficiency judgement against David A. Mehelich and Susan A. Mehelich jointly and severally. DATED May 26, 2022 OVERCAST LAW OFFICES: By: /s/ David A. Kazemba, WSBA #48049; Attorney for

Plaintiff; 23 S. Wenatchee Ave, Suite 320; Wenatchee, WA 98801; (509)663-5588. Published in The Leavenworth Echo/ Cashmere Valley Record on June 1, 8,

15, 22, 29 and July 6, 2022. #4149.

Public Notices

CITY OF LEAVENWORTH NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN

that the Leavenworth City Planning Commission will hold two public hearings on July 6, 2022 at 7:00 PM in the City Hall Council Chambers, 700 Highway 2, Leavenworth, Washington and via ZOOM - Meeting ID: 999 2949 1100 Passcode: 225225 or call-in 1-253-215-8782.

The first hearing is to take public testimony on consolidate the existing standards into one new code chapter 18.25 with modifications to various codes to provide clarity and address the building height. This item will District (RL6), 18.21 Residential Determination of Nonsignificance

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of JUDITH G. BALDWIN Deceased No. 22-4-00211-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Administrator named below has been appointed as Administrator of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Administrator or Administrator's attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Administrator served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four publication of the notice. If the claim is not presented within this time frame, the claim is forever provided in RCW 11.40.051 and 11.40.060. This bar is effective as against both the decedent's probate and

June 15, 2022

Personal Representative: Kevin Holloway:

Attorneys for the Personal Representative: Kera Dexter,

WSBA# 58486: Address for Mailing or Service

Overcast Law Offices Attn: Kera Dexter

23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801

(509)663-5588. Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 22-4-00211-04. Presented by: OVERCAST LAW OFFICES

By: Kera Dexter, WSBA No. 58486 Attorney for the Personal Representative.

Published in The Leavenworth Echo/ Cashmere Valley Record on June 15, 22, and 29, 2022. #4140r

Public Notices

Notice of Application and **Determination of** Non-Significance

Proponent: Chelan Douglas **Regional Port Authority** Project Name: CDPR Wood Waste Removal Project

Location of proposal, including street address, if any: Chelan County Parcel

#23-19-05-110-500. Cashmere Mill District, approx. 5300 Sunset Hwy, Cashmere, WA

Lead agency: City of Cashmere Pursuant to Section 18.04.110 an environmental checklist was subamend LMC Chapters 18.20 mitted with the application and the Residential Low Density 6,000 City expects to issue a

Garage & Yard Sale

July 2 - 3 9ish to 2ish 515 N Navarre St., Chelan WA Canning jars, house staging, building items. New: GE built-in slow cooker/warming drawer, Kohler shower pan,

Cabela cots, bedding; king, double/gueen, pillows, down comforters, towels, GE built-in wall oven/ microwave oven ee more about this sale at ncwmarket.com

with Mountain views. Newer construction 1,200 ft., 1 large bedroom, full bathroom, laundry, all new appliances. A quiet and private neighborhood. \$2.000 plus utilities. No pets firm. Text: 509.741.0353

Apartment

Leavenworth

WWW. leavenworthecho. com WWW. cashmerevallev record. com

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THEME: CLASSIC CHILDREN'S BOOKS ACROSS 1. Kitchen boss 5. Churchill's "so few' 12. "Watch out!" on a golf course 13. East of Java 14. *Pinocchio's state of being 15. Hard currency 16. Emanation 17. TV and radio 18. *Mr. Popper's birds 20. Newspaper piece 21. *Like "Goosebumps Classic" 23. *Richard Scarry's Things That Go 26. Oxygenate, as in lawn 29. Skin cyst 30. Middle Eastern meat dish, pl. 33. Antonym of "yup' 35. Dispatch boat 37. Female sheep Throat infection 39. Searching for E.T. org. 40. *"I think I can, I think I can...", e.q. Spot run!" 43. Accounting journal 45. *The Plaza Hotel resident of kids' stein 47. Long, long time 48. Caffeine-containing nut trees 40. 50. Off-color 52. *Ludwig Bemelmans' Parisian boarding school resident Middle Eastern porter _Brockovich" 57. Karl of politics 59. In a cold manner 60. Obscenity 61. Middle of March 62. Fringe benefit 63. *Side for Green Eggs 64. Put in the outbox

DOWN 1. Chlorofluorocarbon, abbr. 2. Obstacle to jump through 3. Great Lake 4. Tiny fox with large ears 5. Two halves of a diameter 6. Like one in isolation cell 8. *Babar, e.g. 7. Evergreen trees 9. Thumb-up catch 10. Full of enthusiasm 11. *"The Little Mermaid" domain 13. Stock exchange, in Paris 14. Affair, to Emmanuel Macron 19. Michael Douglas' 1987 greedy role 22. "For _____ a jolly ..." 23. *Clement Clark Moore's famous beginning 24. Live it up 25. Join forces 26. Aid in crime 27. Bodies 28. *Athos', Porthos' and Aramis' swords 31. *Corduroy or Paddington 32. Stiff grass bristle 34. *D'Artagnan's sword 36. *It ends, according to Shel Silver-38. North American purple berry _at Work, band 41. Give in 44. Worshipful 46. Isis' brother and husband 48. Cause and effect cycle? 49. Abhorrence 50. RBG's collar, e.g. 51. Arabic for commander 52. Screen 53. Lymphatic swelling 54. Like certain Steven 55. Senior's fragile body part 58. New York time

Low Density 8,000 District (RL8), 18.22 Multifamily Residential District. 18.24 Supplementary Residential Districts Regulations, 18.04 General Provisions and Section 21.90.030 Definitions.

public testimony on a new Bavarian Theme code chapter Appendix: Portfolio 14.08.110 Options for Administrative Approval.

The City of Leavenworth has reviewed both amendments and determined they are exempt from SFPA. environmental review, per WAC 197-11-800(19) Procedural Actions. Interested citizens are encouraged to comment and/ or attend the public hearing. Questions may be directed to Development Services within City Cashmere, WA 98815, Hall, phone 509-548-5275 or email

dsmanager@cityofleavenworth.com. Published in The Leavenworth Echo/Cashmere Valley Record on June 22. and 29. 2022. #4189.

(DNS) for this proposal. This may be the only opportunity to comment on the environmental impacts of this proposal. The proposal may include mitigation measures under applicable codes, and the project The second hearing is to take review process may incorporate or require mitigation measure regardless of whether an EIS is prepared. The Environmental Checklist is available for review at Cashmere City Hall, and the optional DNS process is being used pursuant to WAC 197-11-355. The lead agency will not act on this proposal for 30 days. comments must be submitted by July 27, 2022.

Responsible official:

Tammy Miller, Director of Planning & Building, 509-782-3513, 101 Woodring St., tammy@cityofcashmere.org Published in The Cashmere Valley Record / Leavenworth Echo on June 29. 2022 #4264

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Community

The Washington Outdoors Report





Local shows worth watching

BY JOHN KRUSE

Did you know there are multiple fishing and hunting shows produced right here in Washington State? It's true and if you want to see shows about waters you are likely to fish and places you can hunt in the Evergreen State, these shows are definitely worth checking out. Better still, I know all of these individuals and can assure you they really do know what they are doing when it comes to not only fishing and hunting, but telling good stories related to these pursuits. Here's a rundown for you:

The Northwest Outdoorsmen

Leavenworth resident Richy Harrod is the host and producer of this long running television show focusing on do it yourself (DIY) fishing and hunting adventures in the Northwest. The adventures typically take place on public lands and the participants are residents from the northwest, to include family members, as guests. As Richy puts it, the show is about the, "Average sportsman doing it on his own".

One nice segment that is part of every show involves cooking up the day's catch

that you'll also want to watch Richy's other show, Harrod's Cookhouse Field to Table. The Northwest Outdoorsmen airs on ROOT Sports and on WILD TV. Both shows air on the NCW Life Channel. Additional ways to view these shows can be found at www. harrodoutdoors.com

PHOTO COURTESY DUANE INGLIN.

Northwest Fishing Reports TV

Mike Carey, Rob Holman and his wife, Hillary and Hannah Pennebaker host and produce this weekly television show that airs on FOX affiliates throughout Washington State and Root Sports. Each show normally features two different fishing or hunting trips around the greater Northwest. Many times, these trips take place with guides or at resorts and lodges in Washington, Oregon, British Columbia and Alaska. The same crew that produces this show also publish the Northwest Reel Life magazine, available for free at stores around the state selling fishing licenses. Find out more about the magazine and the show at www.nwfrtv.com

Anglers West

Justin Wolff owns a tackle shop in Woodland, Washington and is also the longtime host and producer of Angler West TV, featuring or harvest and if you are into destination fishing trips



Richy Harrod, host of The Northwest Outdoorsmen

around the Western United States. Justin's show usually follows anglers out for a day of fishing and covers not only the trip itself, but also shares tips and rigging advice to help you catch fish too. Anglers West TV can be seen on the CW channel out of Seattle and Portland as well as on the NCW Life channel in the Wenatchee Valley. Air times and additional information can be found at www.anglerwesttv. com

Fish Hunt Northwest

Duane Inglin, the former co-host of Northwest Wild Country on AM 950 KJR, is the founder of this streaming show that takes a deep dive not only into fishing and hunting around the Pacific Northwest, but also techniques to help you be successful too. Assisted by co-host Tommy Donlin and his wife Sheri Inglin, Duane covers the politics of fishing and hunting in Washington and Oregon better than anyone else. This show also features a bait lab emphasizing rigging for a particular fishing technique as well as a cooking segment to help you enjoy your wild fish and game meal. Fish Hunt Northwest streams live every Thursday from 6 to 7:30 PM on their Facebook page and YouTube Channel and features an interactive chat

well while the show is airing. The show will also be airing in a 30-minute format on a cable network in August. Find out more at www.fishhuntnw.com

Fishing with Ladin

If you enjoy fly fishing with a little comedy on the side, Fishing with Ladin is a program you'll enjoy. Starring Ladin Langeman and Steve Ronholt, their show originally started airing years ago on KLEW out of Lewiston, Idaho. Today, the show is available for purchase on Amazon Video, on Fishing TV or for free on YouTube. This is also a destination show, where Ladin and Steve will travel to a river, lake or pond in the Northwest or Rocky Mountain West and shoot video of their day on the water catching and releasing trout.

One fun fact about this show concerns Steve Ronholt. The two of us were roommates at Eastern Washington University and attended the same (Redmond) High School. We enjoyed fishing together in college and had some memorable trips, but neither one of us imagined we would become hosts of fishing and hunting shows in the future!

John Kruse – www. northwesternoutdoors.comand www.



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STORAGE



My toenails are getting really thick and yellow. Are

there any non-prescription products that can help?

feature so you can sound off as *americaoutdoorsradio.com*

STUMP REMOVAL

Quick 'n Easy Residential Stump Removal

Fungus infection of the toenails, called onychomycosis, often starts small, with little white spots on one toenail. As it takes hold, it changes how your nail grows out.

It's common to have fungus attack your feet, causing Athlete's Foot or tinea pedis. Sometimes the fungus stops there, but if the infection spreads, it can burrow below your skin to where your body forms new toenails, called the nail plate.

When fungus infects your nail plate, your nails can grow out yellowed, thickened, and deformed. Sometimes the toenail will even get crumbly. As toenails grow thicker, it can get harder to keep them trimmed, and nails that grow sideways or slant upward wear holes in your socks and make it hard to find shoes that fit.

You can easily find nonprescription antifungal products for athletes' foot. Unfortunately, they don't usually help toenail fungus because they only treat the skin. With a toenail infection, you need the treatment to penetrate below the skin to attack the fungus growing inside the nail plate.

Onychomycosis is very difficult to cure and often reappears. The prescription medication considered the most effective only eradicates the infection in 50% of cases. And of those cured, 1 out of every 5 will have it return within 2 years.

It also takes a lot of patience

to treat onychomycosis. Infected toenails take 12 months to grow out, so any successful treatment of onvchomycosis takes a long, long time: a minimum of 3 months for oral treatment and 10-12 months for topical treatment.

What can you do?

Prescription pills for onychomycosis are effective, but serious side effects can limit their use. Topical antifungal products are safe but less effective because they must penetrate into infected nail bed tissue to work.

Topical treatments can succeed in mild cases that affect only part of a nail or just a couple of toenails. With significantly thickened and deformed nails, prescription antifungal pills may help.

Sometimes the best way to treat a severely deformed toenail is for your doctor to remove it altogether. Afterward, you take a prescription antifungal pill for 12 weeks to treat the underlying infection.

Hopefully, your nail will grow back normal.

Topical treatments may help less severe cases of onychomycosis, but they must be used daily for at least 10 months. Filing off the top layer of the nail may allow topical treatments to penetrate more deeply into the nail plate.

A new topical product

for onychomycosis called Karesal[®] is showing promise. It contains urea, lactic acid, propylene glycol, plus glycerol as a thickening agent.

In a recent trial, over 75% of patients using Karesal® daily noticed benefits within the first week. Over 90% of the trial participants reported at least some visible improvement over the first 4 weeks, which is significantly better than currently available products.

Home remedies like tea tree oil or soaking your feet in full or half-strength vinegar for 15-20 minutes daily may help mild cases of toenail fungus. Toenails grow slowly, and it takes months to see any improvement.

Even when toenail fungus has been killed off, don't be shocked if it comes back. That's because the conditions that helped the fungus get a toehold on you are often still there: warmth, moisture, and darkness.

5 Tips For Treating Nail Fungus Successfully: 1. Don't ignore Athlete's Foot.

If the fungus causing "athlete's foot" has not been removed from your feet, it can spread to your toenails.

2. Keep your feet dry.

Wear loose shoes or sandals and change your socks frequently. Fungus thrives in warm, dark, and moist places. Your chances of a successful outcome are better if you make it as difficult as possible for the



fungus to survive.

3. Scrape off extra toenails first.

Filing off any excess toenail can help topical treatments get down into the nailbed, improving your odds of success.

4. Be persistent.

Apply your topical treatment of choice daily for a minimum of 10 months. If your symptoms don't improve during that time or worsen, consult your doctor. Sometimes removing the nail is the best option.

5. Don't quit too soon.

Once your skin symptoms have disappeared, keep using the medication twice daily for at least another two weeks. This helps the fungus get entirely out of your skin. If you leave any tinea fungus alive inside the skin layers of your feet, it can multiply and spread, putting you right back where you started.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider. com. ©2022 Louise Achey



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