



Lopez opens new restaurant "ISABELAS mexican author cuisine"

BY: ERIN MULLINS
Reporter

Carlos Bernal Lopez and his wife Isabel Tapia Franco met by the gazebo on a bright and hot summer day for an interview about their new business, "ISABELAS mexican author cuisine." Lopez, owner of Pavz Tacos in Leavenworth and Taqueria El Chavo in Cashmere recently decided to expand his repertoire with a new high-end restaurant in Pavz Tacos' back room called ISABELAS.

Lopez said his wife's specialty is creating food that is visually artistic, which is reflected in the short but elegant menu at ISABELAS.

"She is an artist. She is very good with decoration" he said. "I mean, I can cook, but I never can set a plate like she does... my wife and my daughter their job is the presentation of things. And my daughter Yohana is more on the front of house too."

Yohana (pronounced Joanna) is eighteen and turns nineteen this year but has always helped with the family businesses, he said. ISABELAS was created to be a fusion of Mexican cuisine with other cultures, like Asian or European and offer a high-end experience, Lopez

said. He is not aware of any other restaurants in the valley with the same cultural fusions.

Lopez came to the Leavenworth area in 2018 to be a chef at Rhein Haus. From there, he opened a catering company. Eventually, he bought Pavz and then later bought Taqueria El Chavo. ISABELAS is his latest of many ventures.

"We are just trying to survive these hard times, you know. Because in this town everything is expensive," Lopez said. "So right now, as you see, it is not a normal summer, you know. It is hard. We needed a regular summer, but we didn't get it. So, we had to try and make ways for the business to survive."

Lopez said at first his wife was resistant to the idea of opening a new restaurant in the back room of Pavz because she felt it might betray the loyal customers who have supported Pavz throughout the years. But when they talked it over, she warmed up to the idea because both restaurants, Pavz and ISABELAS, could operate without excluding each other.

Franco said that she likes the

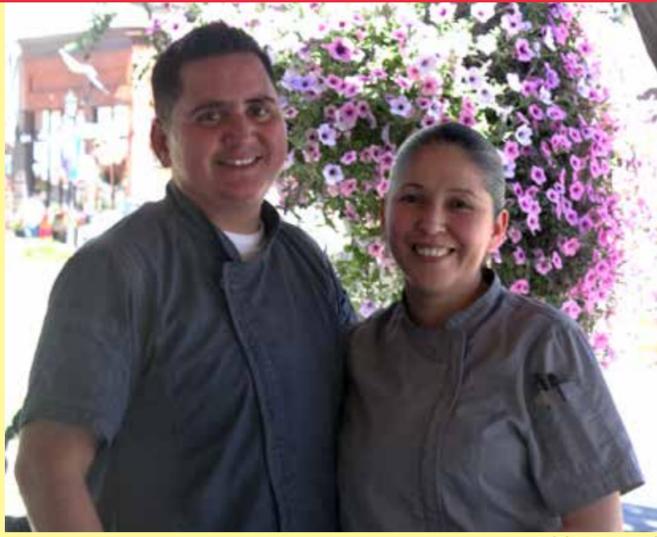


PHOTO BY ERIN MULLINS



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Camas Meadows Bible Camp offers summer fun for all kids

BY: ERIN MULLINS
Reporter

With a return to normalcy post-covid this year, Camas Meadows Bible Camp has offered overnight summer camps for kids entering 4th grade through senior year up in the mountains of Blewett Pass at 3000 Camas Creek Road. Their mission is to be a non-profit, non-denominational Christian camp based on 1 Peter 5:7.

That verse reads: "Casting all our cares on him, for He cares for us."

After two years surviving covid, many feel they have nothing but worries that they want to get rid of. There are a few covid restrictions in place still at camp this year but much more activities are allowed this year compared to last, said Kristen Joy Wilks, granddaughter of the camp founders and wife of the current camp director.

The precautions that remain are asking campers to take their temperature before they come to camp, taking campers temperature daily, giving rapid antigen tests to campers who feel sick and sending home sick campers, Joy Wilks said. Even if a camper does not have covid but is sick, they can still be sent home based on the medical staff's decision. Before campers can be picked up to go home, they will be sent to an isolation cabin.

"It is refreshing to have it not be as tricky as it was last year, although it was wonderful to be able to run camp last year even with all of the rules that we had to go through," Joy Wilks said. "Things are back to mostly normal. We are definitely more germ conscious then we were before permanently...I enjoyed doing so much outdoor activities when we were under covid guidelines and so I think we probably do a few more outdoor activities now than we used to."

Some games that were previously done inside, like chair ball, while other outdoor games, like gaga ball, are entirely new games, Joy Wilks said. Worship had to be outdoors last year and this year it is both indoors and outdoors, she said. Other fun activities include the slip and slide, dunk tank, wading at the pond, horseback riding and meadow games.

Although the camp has traditionally gone to Lake Chelan, they cannot find a driver to get their bus to the lake, so they go to the pond in the meadow instead, Joy Wilks says. The bus the camp has is manual, not automatic, so it is more difficult to find drivers.

Camp Director Daryl Wilks, known as "Scruffy" at camp (every staff member gets a camp nickname when they become staff) didn't start out his life as a Christian but today he finds himself the director of a Christian camp.

"I was actually opposed to Christianity," Scruffy said. "And I think that my problems weren't so much with Jesus but more with what I saw...I did grow up with some struggles and some trauma and pain of my own."

Eventually, Scruffy met Christians who truly lived their beliefs and eventually converted. Although the camp is religious, Scruffy said it is still a place for kids with any faith, no faith, or no current want to convert to a faith. He said camp is good place for healthy relationships, for people to ask tough questions and to learn to disagree.

"I'm encouraged to believe that we have long term viability as a place where families are going to continue to need places for kids to go to disconnect from a world that is increasingly digital," Scruffy said.

One of the most popular night games at camp is Mission Impossible, Scruffy said. In the game mission

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Tucker, Mariners' official clubhouse dog



PHOTOS COURTESY OF SARAH ALAMSHAW

BY MATTHEW OCKINGA

Correspondent

CASHMERE – Early August in baseball encompasses the draining "dog days of summer." Temperature and humidity reach lofty heights on the proverbial emerald chess board as the grind of the 162-campaign begins to tucker out the players.

The Seattle Mariners have recently

redefined "dog days" and "Tucker." On August 6, the Mariners announced Tucker as their official clubhouse dog, the first in Major League Baseball. They adopted the free agent yellow mixed Labrador from OkanDogs, a non-profit animal rescue service based in Cashmere. Seattle logs more miles than any other franchise in an often-guelling daily sport.

Tucker's pilgrimage from doghouse to clubhouse provides the Mariners with some four-legged levity in their pursuit to end a 21-year playoff drought.

"Having the dog around is just going to give the players not only that support aspect but also it's a source of camaraderie for the team and something that players can talk about

among each other besides baseball," said Jill Servais, wife of Mariners manager Scott Servais. "It's really been something that brings the whole group together as animals often do in a family."

The pair have worked with animals for over three decades. Jill kept

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The Dwelling Place celebrates 20 years

BY KATHY BANGSUND

On Sunday, August 28 at 6 PM The Dwelling Place will celebrate its twentieth anniversary as a group home serving people with intellectual disabilities in the Icicle Valley with a community-wide Ice Cream Social and Open House. Whistlepunk Ice Cream will provide dessert, and Washington State Representative Keith Goehner will speak about programs that support vulnerable adults in communities throughout the state. Everyone is invited to the Dwelling Place big back yard for an evening of friendship and fun! The Dwelling Place is located at 12686 Shore St. Leavenworth, just off Icicle Road. All are invited to share in this free event.

The Dwelling Place began in 2002 when Kathy and John Bangsund dreamed to use their family home to provide a place for their son Matt to continue to enjoy living in his community throughout his adulthood. As the dream came fully to life, deep friendships among a houseful of

"brothers" have been forged. Along the way, Leavenworth has been a wonderfully supportive community where The Five Amigos, as they call themselves, have been welcomed as employees in businesses, cheered on by volunteers, and blessed by friendships since the beginning. Without a doubt, Matt, Christopher, Eric, Chris and Alex are delighted to call Leavenworth their home.

Since 2002, dedicated staff have joined the life of the Dwelling Place. Currently, Tina McKenzie Banks serves as the Resident Manager of this Adult Family Home, and Brian Owens is the overnight manager, supported by his wife, Belinda. In 2021, Amy Smith became Executive Director, working closely with the Board of Directors to guide The Dwelling Place into the years ahead. Several steadfast part-time caregivers also contribute to complete the 24/7 schedule needed to overseeing the needs of the men who live here.

The Dwelling Place family is

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SUBMITTED PHOTO. The Five Amigos having fun in town on a rainy day.

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A life jacket can save you, said water rescue volunteer Marco Aurilio

BY: ERIN MULLINS
Reporter

The City of Leavenworth and county agencies have been discussing ways to implement water safety among an increase in water rescues and drownings this summer.

On July 20, multiple agencies including the City of Leavenworth, the County Commissioner's office, Chelan County Sheriff's Office, Chelan County Fire Districts, the Leavenworth Chamber of Commerce and Cascade Medical met to discuss the growing water safety issue, said City of Leavenworth Communications Analyst Christie Voos.

"It was a river safety meeting but part of the impetus for the meeting was that we had so many river rescues lately," Voos said.

Part of the difficulty in implementing water safety policies on the city or county level is the complicated nature of legal jurisdiction and water. The meeting discussed plans as a multi-agency multi-jurisdictional community to discuss plans to collaborate on water safety, Voos said. She said jurisdiction of rivers and whether rivers themselves can be privately owned is complicated.

"That is a very complex answer. It's an entire book on its own. Certain rivers have certain ownership laws. The Icicle has different laws than the Wenatchee, for example. And I can't speak to them more than that."

While private companies that offer water recreation do a good job of educating people on water safety, Voos said "most if not all" rescues have been those not with a commercial company. Serious rescues all have different circumstances, Voos said, but one of the most common places for rescues is the rapids after Barn Beach.

On July 12, many water rescues occurred and a drowning occurred at Barn Beach. In the drowning, a Tacoma woman floating on a tube went too far in the river and drowned in the rapids downstream. CPR was initiated, but she was pronounced dead at the scene. The water temperature at Icicle Creek, a river near Barn Beach, was 58.2 degrees at 5 p.m., the time the drowning was reported, colder than average for August. The average water temperature at Icicle creek in Leavenworth in August is 62.2 degrees. While there is no evidence that the woman at Barn Beach died of hypothermia, water that cold can still be dangerous. 58-degree water is cold enough to make someone hypothermic, said Marco Aurilio, swift water rescue technician and city council member.

"Fifty-eight degrees is relatively cold. I swim probably six months out of the year in the river, and a lot of that I put a wetsuit on," Aurilio said. "For instance, in somewhere like Florida the water is closer to 70 or 80 degrees. It feels comfortable yet can still create hypothermia."

Someone who is larger will get hypothermia more slowly than someone who is smaller, he said. Even though any water that is colder than your body temperature can cause hypothermia, the body is very resilient to hypothermia, Aurilio

said. "They actually put people into a hypothermic state when they go into things like heart operations, cardiac surgery, something to just remember is that it does kind of suspend [damage done to your body], but at some point, you will just die," he said.

One of the first signs of hypothermia is a changing level of consciousness, Aurilio said. If you feel like you are very confused, or you feel mentally shaky, or you feel less aware you should be aware that you are going into hypothermia and do what you can to get warmed up.

It may seem like on a triple-digit day, there is no way one could get hypothermia. However, hypothermia depends on the temperature of the water. The average body temperature is 98.6 degrees and if the water is colder than that you will eventually get hypothermic.

"When you get into a body of water you have your heat exchange area which is your body, your surface area," Aurilio said.



PHOTO SUBMITTED BY USFWS

"And as the water contacts your body if it's hotter than your body like a hot tub you warm up. But if it is colder than your body you cool off." Many people survive hypothermia. In the case of an unnamed couple in their forties stranded in Lake Wenatchee after their boat capsized that July 12 day, life jackets made a difference. Those life jackets likely saved the couple's lives, said Lake Wenatchee Fire Chief David Walker.

Walker said that Lake Wenatchee Fire and Rescue Responded to the couple stranded in the middle of Lake Wenatchee and that the two were successfully rescued. He said that although the couple displayed signs of hypothermia, the two successfully recovered and should not face any long-term effects due to being in the cold water for so long.

Aurilio echoes the importance of life jackets. "Yes, a personal flotation device is mandatory in a river that is flowing and will sweep you up," he said. "For someone who doesn't know how to swim, a PFD will save you, it will lower your risk of drowning."

In rapids, a life jacket won't completely keep your head above water, but it will allow you to reach the surface of the water to breathe periodically, Aurilio said. While a life jacket isn't a "magic bullet" in most cases it will keep you from drowning, he said.

Lake Wenatchee Fire and Rescue weren't the only ones to respond to the call, Lake Wenatchee YMCA Director Tim McElravy assisted the couple as well. Before Lake Wenatchee Fire and Rescue had been able to respond to the rescue, camp staff came into the office to tell McElravy there were people out on the water calling for help, so he went down to the lake.

"I could hear him yelling for

help. That's when I called 911," McElravy said. "They were out right smack dab in the middle of the lake... so the easiest way to get to them was, I know the fire department has a rescue boat, but it takes them a few minutes to get to them in the water. So, I just hopped in the truck, hooked up the jet ski, and launched the jet ski."

McElravy said that he was able to help one victim out of the water and by the time he went back to get the second victim the fire department was rolling into Lake Wenatchee. He said that he has rescued people from Lake Wenatchee outside of the YMCA in the past but has not had problems with those at the YMCA needing to be rescued.

He said that Lake Wenatchee Fire and Rescue did an outstanding job with the rescue. He said the fire department got the couple out of the water, warmed them up and took them to the hospital.

Although Lake Wenatchee is adjacent to Lake Wenatchee

State Park, the park does not have any jurisdiction over rescues. The responsibility for rescues in general falls to the Sheriff's Department and the park partners with Lake Wenatchee Fire and Rescue for incidents in Lake Wenatchee.

"Lake Wenatchee State Park has an agreement with Lake Wenatchee Fire and Rescue for them to respond to incidents that occur within the park. Park staff do not perform and are not involved in boat water rescues," said Sarah Deitmer, State Parks spokesperson.

The city and the county are aware of the water rescue and drowning issues in the area, which is why they are working to create a plan to try to increase the safety. The meeting discussed a short term, medium term, and long-term plan to help with water safety, Voos said.

In the short term, the City of Leavenworth volunteered to put out signs that let people know the river is cold, the water is swift, and life jackets should be worn. The signs have recently been deployed.

It isn't totally clear what a pattern of everything that contributes to someone needing a water rescue is, Voos said, but this is going to be looked into. Current solutions in Leavenworth include Cascade Medical providing more life jackets and involving the fish hatchery in the life jacket program. The life jackets are supposed to be returned, but some seem to be taking them home permanently. "Some of the life jackets are disappearing," Voos said. "Technically, they are [supposed to be returned]. But all the agencies have determined that if they walk away [with a life jacket] that's ok, it means they are still being safe in the water somewhere else."



Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

Aug 12

- 06:48 Trespassing, 1250 US Hwy. 2, McDonald's
- 07:45 Suspicious Circumstance, 3432 Hansel Ln., Peshastin
- 08:07 Trespassing, 185 US Hwy. 2, Fairbridge Inn
- 09:38 Property, 1010 Main St., Barn Beach
- 11:25 Welfare Check, 8975 Icicle Rd.
- 11:25 Public Assist, 14090 Chumstick Hwy.
- 11:53 Traffic Offense, 9002 Icicle Rd.
- 11:57 Agency Assist, US Hwy. 2, and Icicle Rd.
- 13:13 Disturbance, Front, and 9th St.
- 13:48 Animal Problem, 10th, and Commercial St.
- 14:20 Unknown-injury Accident, Burke Ave., and Cedar St.
- 14:22 Vehicle Theft, US Hwy. 97, and Campbell Rd., Peshastin
- 15:17 Civil Dispute, 330 Prospect St.
- 16:14 Suspicious Circumstance, Coles Corner, Lake Wenatchee
- 16:35 Harassment/ Threat, 2201 Salal Dr., Lake Wenatchee
- 16:49 Property, Bridge Creek
- 16:52 Water Rescue, 12340 Mecham Rd., Plain
- 17:26 Non-injury Accident, Snow Lakes trailhead
- 18:10 911-call, 100 Enchantment Park Way
- 18:11 Search and Rescue, Colchuck Lake
- 18:15 Animal Problem, 23149 Lower Chiwawa River
- 19:06 Vehicle Prowl, Colchuck Lake
- 19:18 Property, Icicle Creek
- 21:12 Hazard, 7896 E. Leavenworth Rd.
- 22:51 Animal Problem, 9660 Marson Dr. area
- 22:55 Diversion, 9th, and Commercial Streets
- 23:23 Weapons Violation, 2612 Larch Dr., Lake Wenatchee

Aug. 13

- 00:54 Traffic Offense, 990 US Hwy. 2, Park n' Ride
- 01:43 Alarm, 131 Benton St.
- 02:32 Disturbance, 8817 North Rd., Peshastin
- 08:47 Agency Assist, 1300 Commercial St.
- 09:47 Animal Problem, 10555 Fox Rd.
- 10:23 Agency Assist, Leavenworth Ski Hill
- 11:16 Agency Assist, Lake Wenatchee area
- 12:05 Vehicle Prowl, 817 Commercial St.
- 13:00 Civil Dispute, 2265 Pine Tree Rd., Lake Wenatchee
- 13:07 911-call, 300 Enchantment Park Way
- 14:05 Public Assist, Leavenworth area
- 16:03 Traffic Offense, US Hwy. 2, and Ski Hill Dr.
- 16:07 Non-injury Accident, 116 River Bend Dr., Safeway
- 17:25 Property, 565 US Hwy. 2, Icicle Junction
- 18:52 Search and Rescue, Colchuck Lake trailhead
- 19:08 Welfare Check, 8920 Icicle Rd., White Water
- 20:13 Marine, 7544 S. Lakeshore Rd., Lake Wenatchee
- 21:40 Property, Leavenworth area
- 22:26 Agency Assist, Leavenworth waterfront park
- 22:46 Noise Complaint, 11470 Freund Canyon Rd.
- 23:59 Suspicious Circumstance, US Hwy. 2, MP 98

Aug. 14

- 01:17 Attempt to Locate/ Contact, Colchuck Lake
- 01:26 911-call, 116 River Bend Dr., Safeway
- 01:17 Attempt to Locate/ Contact, Colchuck Lake
- 01:26 911-call, 116 River Bend Dr., Safeway
- 05:26 Trespassing, 505 US Hwy. 2, Icicle Village
- 10:29 Property, 17458 US Hwy. 2, Nason Creek, Lake Wenatchee
- 11:18 911-call, 100 Enchantment Park Way
- 11:32 Trespassing, 8450 Mountain Home Rd.
- 13:46 Attempt to Locate/ Contact, Coles Corner, Lake Wenatchee
- 16:27 Civil Dispute, 21731 Palomino Rd., Plain
- 17:22 Assault, 820 Front St., Gazebo Park
- 17:52 Harassment/ Threat, 116 River Bend Dr., Safeway
- 21:22 Agency Assist, US Hwy. 2, MP 88, Lake Wenatchee
- 21:39 Fireworks, 3300 US Hwy. 97, Blu Shastin Resort, Peshastin

Aug. 15

- 00:07 Civil Dispute, 9860 Blewett Cutoff Rd., Peshastin
- 01:24 911-call, 8000 Icicle Rd.
- 06:38 Weapons Violation, 105 Winery Ln.
- 09:12 Hazard, 1700 block Chumstick Hwy.
- 09:48 Non-injury Accident, Chumstick Hwy. MP 5
- 10:09 Attempt to Locate/ Contact, Snow Lakes trailhead
- 10:32 Property, 900 Front St., Cold Stone Creamery
- 11:25 Welfare Check, 9204 Jeske Rd., Peshastin
- 12:34 Suspicious Circumstance, 320 Park Ave., Mountain Meadows
- 13:42 Civil Dispute, 11655 North Rd.
- 14:41 Civil Dispute, 10747 Chumstick Hwy.
- 15:06 Suspicious Circumstance, 1563 Alpensee Strasse
- 17:52 Civil Dispute, 18337 US Hwy. 2, Lake Wenatchee
- 18:10 Traffic Offense, US Hwy. 2 and Chumstick Hwy.
- 18:13 Vehicle Prowl, Merritt Lake trailhead, Lake Wenatchee
- 18:26 Welfare Check, 2520 Icicle FS Rd. 7600
- 21:04 Domestic Disturbance, 2701 Icicle FS Rd. 7600
- 21:54 Search and Rescue, Snow Lakes trailhead

Aug. 16

- 05:31 Suspicious Circumstance, 116 River Bend Dr., Safeway
- 08:05 Welfare Check, 3681 Old Blewett Rd., Peshastin
- 09:08 Theft, 9790 Big Y Junction Rd., Peshastin
- 09:18 911-call, 309 8th St., Post Hotel
- 12:18 Burglary, 0 block Hatchery Creek Rd.
- 13:30 Theft, 330 Prospect St.
- 15:00 Agency Assist, 100 Ward Strasse
- 15:45 Traffic Offense, 1900 block Beaver Valley Rd., Plain
- 23:37 Noise Complaint, 10190 Chumstick Hwy.

Aug. 17

- 08:43 Parking/ Abandoned Vehicle, 408 Ash St.
- 10:52 Public Assist, 343 Connon Canyon Ln.

- 15:10 911-call, 505 US Hwy. 2, Icicle Village
- 15:43 Suspicious Circumstance, 3969 US Hwy. 97, Peshastin
- 16:36 Public Assist, 12790 Fish Hatchery Rd.
- 17:17 Parking/ Abandoned Vehicle, 17675 N. Shore Dr., Lake Wenatchee
- 19:20 Civil Dispute, 9860 Blewett Cutoff Rd., Peshastin
- 20:24 Suspicious Circumstance, 505 US Hwy. 2, Icicle Village
- 21:09 Noise Complaint, 16626 Fir Rd., Lake Wenatchee
- 22:24 Suspicious Circumstance, 920 US Hwy. 2, Village Mercantile

Aug. 18

- 00:28 Public Assist, 9873 Peshastin Mill Rd., Peshastin
- 02:25 Disturbance, 480 Alpine Pl.
- 05:39 911-call, 24500 White River Rd., Lake Wenatchee
- 07:48 Alarm, 920 Front St., Wok About Grill
- 10:28 Trespassing, 19317 US Hwy. 2 pullout, Lake Wenatchee
- 13:01 Domestic Disturbance, 22954 Lake Wenatchee Hwy., Lake Wenatchee
- 13:46 Property, 18183 Winton Rd., Lake Wenatchee
- 14:52 Theft, 430 Ski Hill Dr.
- 15:02 Public Assist, 9696 E. Leavenworth Rd.
- 15:22 Public Assist, 4702 US Hwy. 97, Peshastin
- 15:44 Vehicle Prowl, 116 River Bend Dr., Safeway
- 16:34 Harassment/ Threat, 585 US Hwy. 2, Icicle Quick Stop
- 16:38 Agency Assist, Commercial and 8th St.
- 17:40 Welfare Check, 259 Prospect St.
- 19:17 Non-injury Accident, 16675 Chumstick Hwy.
- 19:30 Malicious Mischief, Blackbird Island
- 19:34 Domestic Disturbance, 1000 block Commercial St.
- 19:41 Hazard, 8800 block Icicle Rd.
- 23:13 Alarm, 18451 Camp 12 Rd., Plain

Bible Camp

CONTINUED FROM PAGE A1

impossible, campers start at the lodge and must find the final destination in the forest without being seen and caught by "agents", who are counselors playing a part, he said. Once campers reach the final destination, they get a card they can go back to the lodge with for cabin points.

Various events all week score points for each cabin, resulting in a competition with a winning cabin each week. While trying to earn points can get competitive, the camp tries to make sure to facilitate a friendly atmosphere of competition, which staff are trained to do, Scruffy said.

The food at the camp is "wonderful and delicious" Joy Wilks said. Three meals, a night snack, and a sweet canteen treat are served every day at camp. Just like a variety of food is served at camp, camp is for a variety of people. Most of the day is general camp activities, not religious ones, Joy Wilks said. Plenty of non-religious kids enjoy their time at camp and camp is important for kids' development, she said.

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THE LEAVENWORTH ECHO

© 2022 NCW Media, Inc.
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Leavenworth, WA 98826-0039
Phone: 509-548-5286
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Online ads at NCWMARKET.COM

Circulation for all NCW Media, Inc. newspapers.
1-509-293-6780

circulation@lakechelanmirror.com

DEADLINES:
Calendar Listings: Noon, Friday
News Submissions: Noon, Friday
Letters to the Editor: Noon, Friday
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SUBSCRIPTIONS:
In Chelan County (yearly) \$40.00
\$5.00 to include online subscription
In State (yearly) \$40.00
Out of State (yearly) \$52.00
Online E-edition only \$40.00

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. 1-509-293-6780

SERVICES:
Back Issues are available up to one year after publication for a fee.
Archive Research: \$25 per hour
Includes mail or email copies.

The Leavenworth Echo (USPS 308 160) is published every Wednesday by NCW Media, Inc.
215 14th St., Leavenworth, WA
Telephone: 509-548-5286.
Fax: 509-548-4789.
Periodical postage paid at Leavenworth, Wash.
(and additional mailing offices)
Postmaster:
Send address corrections to:
The Leavenworth Echo, P.O. Box 39, Leavenworth, WA 98826-0039

 NCW Media, Inc. prints on recycled newsprint with soy ink. Please recycle.

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Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates.

COMMUNITY CALENDAR

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Leavenworth Rotary Club, Zoom meetings, Noon. For more information email, President, Mike Worden, 509-470-4610
Alpine Water District: District meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Leavenworth Farmers Market, Thursdays, 4-7 p.m., at the Cascade School District offices. 330 Evans St. Info@cascademarkets.org

Friday

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us

Saturday

Old favorites music at the Leavenworth Senior Center, 423 Evans St. No cover charge, 1-3 p.m. Call Steve, 509-548-7048. (2nd and 4th Saturdays).

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30-8:00 p.m. Call Terri 509-393-8271 for more information.
Leavenworth Mosquito District board meeting 7 p.m., via ZOOM link posted at LeavenworthMosquitoControl.org or call 509-548-5904 (1st and 3rd Mondays).
Cascade School board meetings, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage and dessert only \$8 (no outside food please). Check-in begins at 11 a.m., and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.iid.pid@nwi.net. (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)
Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org
Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org
Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10:00-2:00. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Daily 11 a.m.- 4 p.m. Please check our Facebook page or our website at www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, call 509-548-7939
Monday, 7 p.m., United Methodist Church, 418 Evans St.
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.

Leavenworth-Peshastin

Library Summer Celebration with L-Bow the Clown

Join us on Thursday, August 25 from 4 p.m.- 5 p.m. at Lions Club Park, Leavenworth for a free, outdoor event for the whole family to celebrate the end of the NCW Libraries Summer Library Program. Enjoy local favorite L-Bow the Clown's antics including juggling, unicycling, ballooning and good-old-fashioned-clowning. A door prize of a parachute hammock will be given to one lucky attendee. Ice cold treats will be provided by the Leavenworth Friends of the Library. Bring a blanket to sit on the grass if you wish. This event is brought to you by the Leavenworth and Peshastin Libraries. The Summer Library Program runs through August 31, 2022. For more information, contact Leavenworth Public Library, 509-548-7923 or the Peshastin Library at 509-548-7821.

Leavenworth Lions Club Breakfasts in the Park

Enjoy a hearty all-you-can-eat breakfast of pancakes, eggs, and sausage. Satisfy your appetite and support your community at the same

time. The proceeds support community vision, hearing and diabetes needs and so much more. Breakfasts will be held on Saturday, August 27 and 2nd and 4th Saturdays in September at Lions Club Park. Ages 10+ \$9, ages 4-9 \$4 and free to ages 3 and under and active military personnel with ID.

Historical Walking Tour of Leavenworth

The Upper Valley Museum Guided Walk will be the Leavenworth Town History Tour on Saturday, Aug 27. We will meet at the Lions Club Park by the swimming pool at 10 a.m. There will be a donation of \$8.

We encourage everyone to take part and wear good walking shoes. Find out what the town was like in the 1950s. For more information: Tickets check www.leavenworthmuseum.org or call 509-548-0728.

Heidi Paul Art at the Library

I loved to draw flowers, horses, and glamorous ladies. I have also enjoyed documenting my life through photography, mixed media, collage, and paint. I've found that splashing bold, bright colors onto the page is the best way to create my own sunshine and fill my tropical soul. Visit the Fireside room August thru September. 23 in the Leavenworth Library during regular hours to see her art show.

Ice Cream Social

Join The Amigos at the Dwelling Place Sunday, August 28 at 6 p.m. as we relaunch our popular, annual Ice Cream Social. We are pleased to have Chelan County Commissioner, Keith Goehner will speak about The Dwelling Place and its place in our community, and we will be serving Whistlepunk ice cream. Hang out with us and our friends, learn more about the mission of The Dwelling Place, and show support through your friendship, presence, and donations. For more information email dwellingplacehome@gmail.com, or 509-548-7108 or find us online at www.dwellingplaceleavenworth.org

Community Foundation of NCW Awards Over \$1.1M in Scholarships

SUBMITTED BY JENNIFER DOLGE
Director of Communications

The Community Foundation of NCW has awarded \$1,123,900 to 216 students across North Central Washington and beyond – the largest award amount to date.

The Foundation now manages over 130 scholarships established by individuals, families, and businesses from across the region who care deeply about supporting local students' education. Each scholarship is unique – the criteria is set by the donor and can range from academic achievement to community involvement to overcoming obstacles – and supports students attending community college university, or trade school. Most scholarships aim to support students with the greatest financial need.

"Scholarships are a very personal way to give back to the community" said Beth Stipe, the foundation's executive director. "They often honor the memory of a loved one, or support students attending their alma mater, or simply help a student that otherwise wouldn't be able to advance their education."

Students apply online and are matched to scholarships for which they can apply. A scholarship selection committee is assigned to each scholarship to review and select the recipient. There were 280 volunteers this year that helped review over 2,400 applications received. "Our scholarship committee volunteers are vital to a fair selection process" said Julie Mott, the foundation's scholarship specialist. "They have the hard but rewarding job of finding the right student that matches the spirit and integrity of the scholarship. We are incredibly grateful for the time, dedication, and thoughtfulness they bring to the table."

The next scholarship application cycle opens January 1 with deadlines of March 1 and June 1. Students will need to complete the FAFSA and collect letters of recommendation, so it is encouraged to start the application process as early as possible.

For a listing of this year's award recipients and how to apply, visit www.cfncw.org/scholarships.

The Community Foundation of North Central Washington's mission is to grow, protect, and connect charitable gifts in support of strong communities throughout Chelan, Douglas, and Okanogan counties. Established in 1986, the Community Foundation manages \$148 million in assets through 600+ individual funds and has awarded over \$46 million in grants and scholarships.





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- leavenworthecho.com
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- qcherald.com
- NCWBusiness.com
- lakechelanmirror.com

OBITUARY

Richard "Red" Nunn

May 9, 1932-August 9, 2022

Richard "Red" Nunn 90, of Peshastin, passed away August 9 following an extended illness.

Red was born May 9, 1932, in Habersham, Tennessee to John and Lou Nunn. He grew up in the mountains of Tennessee. Leaving school at the age of nine, he did odd jobs and worked in the coal mines. When he got a little older, he and his brothers had a side job running moonshine that helped supplement the family income. While living in Tennessee, he met the love of his life Grace Marie Edmonds. They married August 2, 1952 and started their life together. Shortly after marrying, they moved to Detroit, Michigan to seek employment in the auto industry. Though adventurous, it was short term, ending with them heading back home to Tennessee to continue the work in the coal mines. In the spring of 1966, Red and Marie packed up 6 kids in a '57 Ford and headed to the Cascade mountains. He proudly shared many stories of the long journey. Here in Washington, he found his home working for the McDevitt family as an

orchard foreman until his retirement. Red took great pride in helping the McDevitt family establish one of the nicest pear orchards in the upper valley. He found that not only did he find his calling but found long lasting friends. When he wasn't working, he had a hobby of buying old cars to fix up and resell. It was a shared joy with his sons, who now carry on the tradition.

After retirement, Red could be found daily at the Peshastin Market enjoying a cup of coffee and hot chocolate and telling stories with "the boys". Some stories were true, some were not, but they were always enjoyed just the same. Everyone knew they could find him there, including his grandchildren who joined in to listen to the wise tales often. Anyone who knew Red always had to be ready for a story or an offer for him to sell you a used car. Some of his favorite joys were traveling throughout Washington to visit family and camping with his children and grandchildren. He never failed to make people laugh and loved a good practical joke. His humor will be missed.

Red is survived by 4 sons



James (Sherry) Nunn of Ellensburg, Jerry (Regina) Nunn of Leavenworth, Frank Nunn of Peshastin, Lester (Laurie) Nunn of Leavenworth, and a daughter Glennia (John) Brazwell of East Wenatchee, 16 grandchildren and numerous great grandchildren. Red was preceded in death by his wife, Marie, a daughter, Linda Morseman, a son-in-law, Don Evans, his parents, all his siblings, a granddaughter Hilery Nunn, and a great grandson Elijah.

Jones & Jones Betts of Wenatchee is in charge of arrangements.

There was a graveside service on Thursday, August 18, at the Peshastin cemetery.

OBITUARY

Raymond A. Laramie

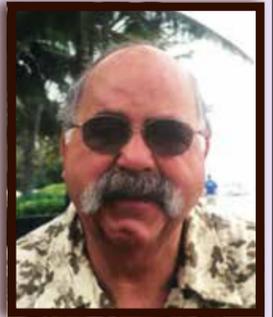
April 14, 1940 - August 15, 2022

Raymond A. Laramie, a loving husband, father, and friend, passed away on August 15, 2022, in Leavenworth, WA. Ray was born in Franklin, NH on April 14, 1940. He is survived by his wife and best friend of 66 years, Ellen; his son and daughter-in-law Patrick and Marcy; and his families in New Hampshire and Germany. He is preceded in death by his son, Dennis. Ray was proud of his sons and was

very active in their events, coaching Little League, Scout Master and teacher of life. Ray was very giving and will be missed by all that knew him.

Ray served for 23 years in the U.S. Air Force and then went on to work for 20 years at Boeing Aerospace. Both careers brought pride and allowed Ray and Ellen to travel the world. Ray loved Leavenworth and was active in the community.

The family would like to thank the staff of Cascade



Medical in Leavenworth, WA., for taking such good care of our beloved Raymond. No services are planned.

OBITUARY

Linda Orcutt

December 20, 1955- August 6, 2022

Linda Orcutt, 66, of Leavenworth, WA, passed away on August 6, 2022, unexpectedly with heart complications.

Linda was born on December 20, 1955, to Frank and Jody Fassnacht in Leavenworth, WA. She was a wonderful and kind woman who was always up for a good time and a laugh. She was a special person who opened her heart and home to many.

She was supportive, non-judgmental, and kind always. She will be missed so much by so many. Linda was predeceased by her Husband Ken Orcutt, her Mother and Father Frank and Jody Fassnacht. She is survived by her children: Jessica and Brandon Petersen, Nathan, Becca, John and Hannah Schons, her Grandchildren Ben, Isaac, Madison, Mia, Chord, Jack and Gracelyn, her Great Grandson, Eli, and her



Siblings, Marcia and Marc Buchanan, Kathy and Tom Radach, Sally Taylor and many nieces and nephews. There will be a celebration of her life held on Saturday, August 27, 4 p.m. at Kristall's- 280 US Highway 2, Leavenworth, WA.

We are here to serve families in Leavenworth, Peshastin, Plain and the entire Upper Valley.

LOCALLY OWNED

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Funeral Home

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Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald

An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data.

Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later.

Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday.

Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited.

Deadline is 4 p.m. on Friday - some exceptions may apply.

Please call 509-548-5286 for more information
Or email classifieds@leavenworthecho.com

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UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

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CASHMERE BAPTIST CHURCH
103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana

CHRIST CENTER
Sunday Worship Service at 10 am
5800 Kimber Rd., Cashmere
509-782-2825
christcentercashmere.com

GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
9:30 a.m. for the summer, rotating services with St. James Episcopal.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
9:30 a.m. for the summer, rotating services with Grace Lutheran.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH
8455 Main Street • 509-548-7517
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)
www.newlifeleavenworth.com

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office@plaincommunitychurch.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE BIBLE CHURCH
Leavenworth Grange Hall
621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH
418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout
leavenworthumc.org
leavenworthumc@outlook.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
<https://www.flcleavenworth.com>

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509- 470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive • 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
Youth Pastor Paige Derossett
www.LCN.org



Local and Regional News

Virginia Mason Franciscan Health and Confluence Health partner to expand access to specialty medications

VMFH Launches Madrona Health, a new specialty pharmacy, with Confluence Health

SUBMITTED BY ADAM MACDONALD

Confluence Health Corporate Communications Program Manager

Virginia Mason Franciscan Health (VMFH) and Confluence Health announced the creation of Madrona Health, LLC, a new joint venture to expand specialty pharmacy services across the Pacific Northwest. This unique partnership will increase access to vital specialty medicines for patients with rare or complex conditions in areas that are typically underserved.

“Virginia Mason Franciscan Health is excited to partner with Confluence Health on this important initiative and I am grateful to the dedicated team who helped make it a reality, especially Dr. Peter Rutherford,” said Ketul J. Patel, CEO of Virginia Mason

Franciscan Health.

Madrona Health, previously known as VMFH Georgetown Specialty Pharmacy, currently serves 11 hospitals, several cancer centers, and hundreds of clinic sites across the country. Partnering with Confluence Health, Madrona Health will expand its services to North Central Washington, including Confluence Health’s two hospitals and other care sites. VMFH and Confluence Health will own and operate the entity as a 50-50 joint venture serving their combined communities. Madrona Health will be licensed in Washington, Alaska, Idaho, Oregon, Montana, and Arizona, and will supply vital medicine to patients throughout the West, whether at home or during seasonal travel through a mail-order service. Madrona Health’s service strives to reduce the burden on both patients and providers in obtaining specialty medications.

“Through innovative

and strategic partnerships, VMFH continues to expand access to care throughout the Pacific Northwest. Working together with Confluence Health, Madrona Health will increase access to essential specialty medication for the patients who need it most, while bringing two dynamic organizations together in collaboration around the needs of our patients,” added Patel.

“Madrona Health is built on the mutual respect and shared values of our two organizations. It is crucial that our patients in North Central Washington have access to life-saving medications, and we look forward to working with Virginia Mason Franciscan Health to ensure our patients receive the most advanced level of care and support,” commented Dr. Andrew Jones, CEO of Confluence Health.

Specialty pharmacies offer an advanced level of support needed to provide patients with a broader range of services than traditional pharmacies,

dispensing medications that treat complex or rare conditions such as cancer, HIV/AIDS, and other chronic conditions. These drugs require intensive clinical monitoring and are often high cost.

To facilitate the complex monitoring requirements, Madrona Health will work in tandem with health care providers, such as Confluence Health, to access patients’ existing medical records to ensure a seamless experience. The Madrona Health model is designed to work closely with patients to manage their medication supply with refill reminders, help navigating insurance coverage, clinical support, and other tools for success.

About Virginia Mason Franciscan Health: Virginia Mason Franciscan Health (VMFH) works to expand access to care and improve the health of communities by building on the strength of more than 300 sites of care, eleven top-tier hospitals, 18,000

team members, and over 5,600 physicians and advance practice providers. VMFH delivers world-class clinical excellence from basic health needs to the most complex, highly specialized care. By bringing together the best and brightest healthcare minds in the region along with a commitment to investing in innovation, VMFH delivers the most advanced therapies and technologies for patients alongside some of the country’s most prestigious experts and hospitals. VMFH is home to the Bailey-Boushays House, the first skilled-nursing and outpatient chronic care management program in the United States designed specifically to meet the needs of people with HIV/AIDS, and the Benaroya Research Institute, an internationally recognized center for autoimmune disease research. Additionally, VMFH is committed to addressing health care disparities by caring for the most vulnerable in the community, including

the poor and underserved, by providing more than \$300 million in community benefits, subsidies, or reduced-cost healthcare and programs. Learn more at www.vmfh.org.

About Confluence Health: Confluence Health serves the largest geographic region of any healthcare system in Washington State, covering over 12,000 square miles of Okanogan, Grant, Douglas, and Chelan counties. Confluence Health is one of only two locally-lead healthcare systems in the state with the purpose of maintaining availability and access to high-quality, cost-effective healthcare services for North Central Washington. The Confluence Health Board of Directors provides governance for Confluence Health, the Clinic, Central Washington Hospital, and Wenatchee Valley Hospital, and includes nine community board members and six physician board members.

ISABELAS

CONTINUED FROM PAGE A1

concept of ISABELAS now. She said that her favorite dish is the Tequila Pasta, which features fettuccine pasta with a creamy California pepper sauce and prawns.

Lopez said that his favorite dishes are “everything” but if he had to narrow it down his favorite appetizer is the Tuna Aguachile (pronounced aguachile) and that his favorite main courses are the Mole Jalisco (pronounced huh-lis-skow) and Tequila Pasta.

The Mole Jalisco is made “Jalisco Style”, so it is sweet and not spicy, the same way mole is cooked in Jalisco, Mexico. Oaxaca (pronounced wa-ha-kuh) is known for having the best mole, Lopez said, but the way he knows how to make mole is in the Jalisco style. The dish consists of a lamb rack covered with mole sauce and served with vegetable, baked potatoes, and carrots.

Tuna Aguachile is a raw tuna dish served with serrano sauce and avocado. Lopez said he is very careful with the temperature of the tuna when he prepares the dish, and that the tuna is fresh. He said that the Beef Tenderloin Taco, the Mole Jalisco and the Tuna Aguachile are most popular so far. People will come to the restaurant in groups and split dishes, he said.

Lopez is surprised that the restaurant has so far attracted not only a middle-aged demographic but a younger one as well.

“The turnout is starting slowly, but it is good, you know,” he said. “You know what I got surprised, young people are coming too. There were young people from Wenatchee who wanted to check the place out because they like to eat and have a different experience.”

Lopez may have young visitors, but he also relies on some younger workers in their early adult years to run his restaurant. He said

the young workers have been “very mature” and helped him a lot. ISABELAS may add a few items to the menu, but the menu is purposefully small so it can feature original, fresh, and high-end dishes.

“We will probably add some lobster enchiladas,” he said. “I want to add a little more Asian cuisine to the menu, probably another two plates of that to play with the flavors.”

Leavenworth residents Luke and Stephanie Astell recently visited ISABELAS and enjoyed their experience. They went to the restaurant as a date night and to try something new and have been to Pavz in the past

“The dishes were unique and flavorful,” Luke said. “The staff was motivated and attentive. You could really tell how passionate the owners are about creating a great menu.”

Dinner is available at ISABELAS, Thursday through Monday from 4 p.m. to 8 p.m. at 833 Front Street, Leavenworth.

Two fires in the Plain area continue



SUBMITTED PHOTO.

SUBMITTED BY OKANOGAN-WENATCHEE NATIONAL FOREST

White River Fire

The White River Fire currently encompasses 900 acres and is 1% contained. The cause of the fire was lightning on August 11. The location is the Sears Creek area of the White River drainage, approximately 14 miles northwest of Plain. There are reporting a personnel count of 564, with 16 crews and 3 helicopters, 21 engines, one dozer, and one water tenders.

Irving Peak Fire

The Irving Peak Fire currently encompasses 650 acres and is 1% contained. The cause of the fire was lightning on August 11. The location is approximately 16 miles northwest of Plain. There are reporting a personnel count of 38, with two crews and helicopters, engines, one dozer, and two water tenders.

Highlights: The White River and Irving Peak Fires were started by lightning on August 11 and are burning on the Okanogan-Wenatchee National Forest, approximately 15 miles northwest of Plain, WA. These fires have burned approximately 1,000 acres, with 1% containment.

Operations: Fire growth slowed late last week as it remained cloudy and muggy. Smoke and haze also impacted aviation operations, but aircraft were able to drop water on the Irving Peak Fire and will continue air operations to support on-the-ground firefighters.

Additional crews and

woodchippers have arrived and will work on brushing and chipping along the Little Wenatchee Road. Near the White River Rd. and Tall Timbers area, crews will complete installation of sprinklers around identified buildings and continue with structure evaluation and preparation. Crews are also felling snags along Forest Road 6500 that present a risk to firefighters working in the area.

Evacuations: Chelan County Sheriff’s office has issued a Level 3 evacuation (Go Now) for Sears Creek Road, White River Road is at a Level 2 (Be Prepared), and Little Wenatchee Road is at a Level 1 (Stay Alert). Emergency personnel are in the process of advising residents in the area. Residents of five homes were evacuated from the Sears Creek Area.

For an interactive evacuation map of Chelan County, please visit <https://tinyurl.com/whiteriverevacuationmap>.

To sign up for the Chelan County emergency alert system, please visit <https://public.alertsense.com/signup?regionid=1184>.

Fire Behavior: Following days with little wind and higher humidity levels, firefighters are expecting smoldering and creeping fire behavior, with isolated flare-ups as the skies clear and the sun heats slopes. Sustained backing fire, with active lateral spread is expected to increase.

Weather: Clouds lingered due to a low-pressure system over the ocean moving inland.

Closures: The Okanogan-Wenatchee National Forest has issued a closure order for the White River Fire area. Please see the closure order here: [fseprd1054295.pdf](https://www.fseprd1054295.pdf) (usda.gov). It is recommended that the public avoid recreating in the Little Wenatchee and White River Road (FS Roads 6500 and 6400) areas. The Pacific Crest Trail is not affected by this fire.

Restrictions: Campfires are not allowed anywhere within the Okanogan-Wenatchee National Forest. Stage 2 Restrictions are now in effect for the entire forest, including campgrounds and wilderness areas.

Pacific Crest Trail: Smoke is visible from the Pacific Crest Trail (PCT). While there is currently no impact to the PCT, hikers should be aware that Little Wenatchee Ford and White River Trailheads are closed and cannot be used to access the PCT.

Safety Message: Fire fighter crews and equipment are busy in the fire area. Helicopters and water-scooping aircraft are very active on Lake Wenatchee. Please be prepared to clear areas of the lake where scooper aircraft are operating. Please avoid all areas where people and equipment are working. Be cautious and continue to do all you can to prevent wildfires.

Smoke: Current smoke forecast outlooks are available at Washington Smoke Information (wasmoke.blogspot.com). Contact Fire Information at 509-202-4184 from 8 a.m. to 8 p.m.

The Dwelling Place

CONTINUED FROM PAGE A1

excited to be reintegrating into the community following Covid lockdowns. Some of the ways people can connect with staff and residents in addition to the Ice Cream Social include a casual game of Uno, a picnic on the patio, or a walk together on one of our beautiful trails

in the area, meeting together again as friends old and new. The Upper Valley community has also been supportive in contributing to the ongoing economic needs of The Dwelling Place. With Medicaid and Social Security funding covering only about 50% of basic budgetary needs, the faithfulness of our “Friends of the Amigos” partners is a vital

part of keeping the doors open, and we are grateful.

Anyone interested in scheduling a visit or getting more information on The Dwelling Place nonprofit group home, is invited to visit our website at www.dwellingplaceleavenworth.org or email dwellingplacehome@gmail.com

Jim Adamson Dedication

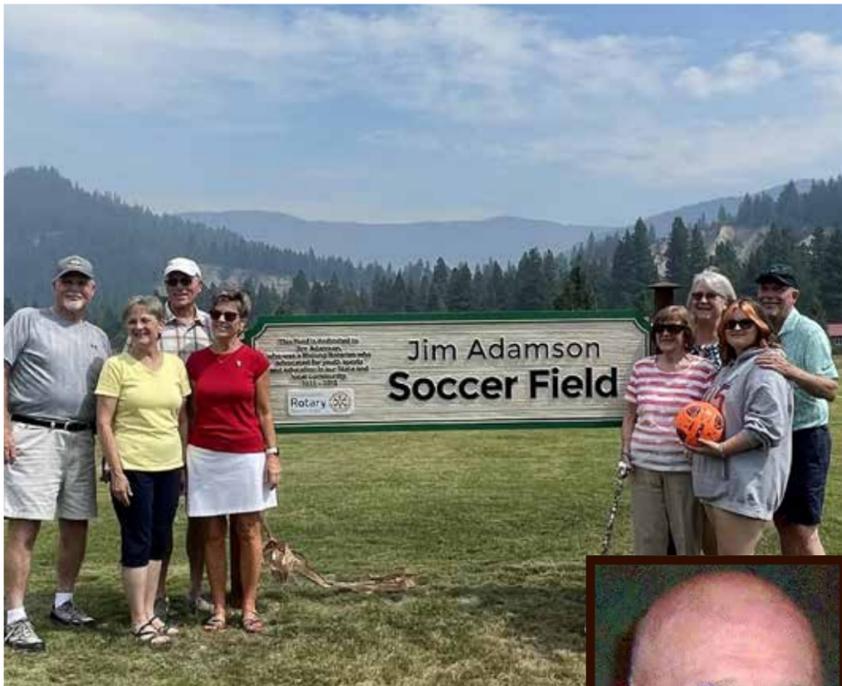


PHOTO BY DIANA ZUMINI, LEAVENWORTH ROTARY

Family of the late Jim Adamson gather for the Soccer Field dedication in Plain, WA.

A community ribbon ceremony was dedicated to Jim Adamson for the Jim Adamson Soccer Field at Beaver Valley Elementary School on August 18th in Plain, WA. Jim was involved in the community, was a lifelong Rotarian, an advocate for youth sports in the local community and the

state, Leavenworth Rotary contributed funds and many volunteer hours to help make the Plain field a reality, partnering with Rotary District 5060, Cascade School District, the Leavenworth Soccer Club, Lake Wenatchee Fire Rescue Auxiliary, Fire District 9 and the Plain Community.



Jim Adamson

SUBMITTED PHOTO.





Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

CLASSIFIEDS

PUBLISHER'S NOTICE
All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimination call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

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Administrative

Puzzle Solution

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Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our Local Newspapers and Online at NCWMARKET.COM for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere
509-548-5286
or email classifieds@leavenworthecho.com
or
Lake Chelan Mirror
509-682-2213
or
Quad City Herald
509-689-2507
or email mirrorads@lakechelanmirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge.

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The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record
Call 509-548-5286 or email classifieds@leavenworthecho.com

General Interest

LIVE, LAUGH, LEARN PRESCHOOL

OPENING
September 13, 2022
Tuesday, Wednesday, Thursday 8am - 12pm
Breakfast and snack will be served.
13 years experience!
Full Preschool Curriculum.
Please call for more information and any questions you may have.
509-679-6109
Jodi Jones

Employment

Help Wanted

CASCADE SCHOOL DISTRICT
School District is seeking qualified applicants for the following position:

Peshastin-Dryden
Food Service
Cashier

Fast Track application process and information can be found on our website at www.cascadesed.org EOE



Help Wanted

NCW Media Newspapers is looking for a full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume.

This job is based in Leavenworth, WA. Applicants would be covering the Bavarian Village of Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published once a month. Responsibilities would include:

- Writing about local events.
- Photographing sporting events for the local schools.
- Uploading content once a week to the web.

For the Wenatchee Business Journal: Compiling a list of new businesses/bankruptcies and property listings each month.

Keeping up with people, interviewing local businesses and community members other assigned duties. Candidate would need to have reliable transportation. Pay will be based on experience.

Email your resume and writing examples to publisher@leavenworthecho.com or call for an interview 509-548-5286. 10-5 p.m. weekdays. EOE

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster
Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR
Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

WHAT'S HAPPENING
EVENTS
Need to promote your event? Have you thought about NCWMarket.com the best online promotion available

Windermere REAL ESTATE
Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists
Looking for real estate in the Upper Valley? Give us a call today!
See all available properties at windermereleavenworth.com

Robyn Bodajla - 617-462-3402
Momi Palmieri - 509-433-2211
Geordie Romer - 509-679-8958
Allyson Romer - 509-630-9898

Help Wanted



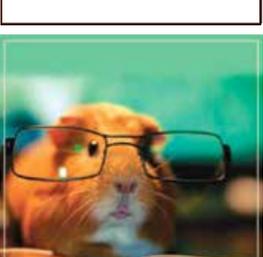
Now Hiring!
Phlebotomist
Interpath Laboratory in partnership with Family Health Centers in Brewster, WA is seeking candidates to join their team. On the job training is provided for those that have a positive attitude and commitment to serving on a high functioning team. Contact Elizabeth Ramirez at EMRamirez@Interpathlab.com Or 509-293-5454

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 - Medical with In-Network & Custom Network discounts (No- cost for employee only coverage)
 - 401(K) discretionary employer match
 - Paid Time Off



School District is seeking qualified applicants for the following positions:

- Cascade High School Wrestling Coach
 - Icicle River Assistant Cross Country Coach
- Fast Track application process and information can be found on our website at www.cascadesed.org EOE



Looking for a home for your Furry friend?
Try the pet section on NCWMarket.com

Help Wanted



School District is seeking qualified applicants for the following positions:

- Multiple Paraprofessional positions
- Fast Track application process and information can be found on our website at www.cascadesed.org EOE

GEAR UP GRADUATION SPECIALIST COUNSELOR

This position commences with the start of the 2022-2023 school year. Qualified applicant will work with students to support SEAL, academic and GEAR UP goals objectives. Appropriate endorsements applicable to the position preferred. Must favorably pass background check. Salary and position description information available on the website. This position is one day per week. All applications processed through FAST TRACK: www.pateros.org >Our District >Employment. First review of applications is 8-31-22. Position open until a qualified applicant is hired. Contact employment@pateros.org or 509-923-2751 x 4 for more information. EOE.

Help Wanted



School District is seeking qualified applicants for the following position:

- Food Service Director
- Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Experienced in-home care giver needed in the Brewster area.

Call or text Kevin at (206) 510-5260 for details.



The Cascade School District is seeking qualified applicants for the following positions:

- Elementary Bilingual Secretaries
- School Nurse
- Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Address Changing?
Call the Circulation Department today so you don't miss a single issue of your Local Community Newspaper or our monthly publication, the Wenatchee Business Journal!

509-293-6780 or email circulation@lakechelanmirror.com

ECHO RECORD MIRROR
HERALD BUSINESS JOURNAL MEDIA

131 S. Apple Blossom Drive, Ste. 109 in the Chelan Business Center - Chelan

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Housing sales are HOT!
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\$100 fee includes:

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- Video • Unlimited description
- Google Map to your location (you can opt out)
- Privacy Link (interested buyers contact you through the site protecting your identity)

Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

Help Wanted

Bus Driver/ Operator – Full-time
Organization: Okanogan County Transit Authority (TranGO)
 TranGO IS HIRING DRIVERS; Full-time (36+ hours per week) positions available now; hourly non-exempt. Compensation is \$19.82-\$21.44 per hour, DOE. Benefits include health, dental, vision, life insurance, retirement, sick leave, and vacation. Must have a Commercial Driver's License with Passenger Endorsement. Please visit www.okanogantransit.com for required qualifications, application, and job description. A complete application including a resume and cover letter must be submitted in order to be considered for a position. E-mail your completed application to financehr@okanogantransit.com, mail it to TranGO, PO Box 507, Okanogan WA 98840, or drop it off at 303 S. 2nd Avenue, S, Suite A, Okanogan. Application Deadline: Application review will continue until the positions are filled. Okanogan County Transit Authority is an Equal Opportunity Employer.

For Sale

Antiques & Collectibles
Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.
 Place your ad with pictures online 24/7 at www.NCWMarket.com
 Register and pay on our secure site.
Want Print Only?
 Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email mirrorads@lakechelanmirror.com or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 classifieds@leavenworthecho.com
Deadline: Noon on Friday for all papers.

Garage & Yard Sale

CLEAR SOME SPACE WITH A Garage Sale

 Fill your pockets with CASH \$\$
 Let others know what items you are selling!
 Go online now to Place your ad 24/7 at www.NCWMarket.com
 Print only? **Deadline Friday at Noon for all papers**
 Lake Chelan Mirror Quad City Herald Call: 509-682-2213
 Leavenworth Cashmere Call: 509-548-5286
 Your ad will appear online and in the newspapers for one low price!

General Merchandise

ALL OCCASIONS Greeting Cards ONLY
 .50 per card.
Special Leavenworth Cards
 now only \$1.00 per card for a fundraiser for Royal Ladies of the Autumn Leaves
 Example sayings are:
 Wish you were here with me in Leavenworth.
 "Special Friends" Or I miss you.
 Happy Birthday from Leavenworth!
 Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286

Legals

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
 In the Matter of the Estate of DOROTHY JUNE LAW, Deceased. No. 22-4-00378-04; PROBATE NOTICE TO CREDITORS; (RCW 11.40.030)
 The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
 DATE OF FIRST PUBLICATION: 08.24.22
 Personal Representative: JOHN CAMERON LAW; Attorneys for the Personal Representative: David A. Kazemba, WSBA# 48049
 Address for Mailing or Service – Overcast Law Offices; Attn: David A. Kazemba; 23 S Wenatchee Ave, Suite 320; Wenatchee, WA 98801; (509)663-5588; Court of probate proceeding and cause number: Chelan County Superior Court; 350 Orondo Avenue, Suite 501; Wenatchee, WA 98801; Case Number: 22-4-00378-04; Presented by: OVERCAST LAW OFFICES;
 By: David A. Kazemba, WSBA No. 48049; Attorney for the Personal Representative. Published in The Leavenworth Echo/ Cashmere Valley Record on August, 24, 31, and September 7, 2022. #4488

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
 In the Matter of the Estate of COLLEEN A. BRADY Deceased. No. 22-4-00368-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or Personal Representative's attorney at the address stated below, a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
 DATE OF FIRST PUBLICATION: August 24, 2022.
 Personal Representative: Allyson Freeman; Attorneys for the Personal Representative: Kera Dexter, WSBA# 58486; Address for Mailing or Service Overcast Law Offices Attn: Kera Dexter 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509)663-5588 .Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 22-4-00368-04. Presented by: OVERCAST LAW OFFICES
 By: Kera Dexter, WSBA No. 58486 Attorney for the Personal Representative Published in The Leavenworth Echo/ Cashmere Valley Record on August 24, 31, and September 7, 2022. #4475

5 sweet reasons Northwest cherries are summer's best grab-and-go snack

(BPT) - Summer is in full swing, and this year the season is truly one to celebrate as communities return to many favorite festivals, traditions, and pastimes. Whether sending the kids off to day camps, reuniting with family over epic barbecues or simply soaking in the sun at outdoor music festivals, there's one snack that provides a powerful punch of nutrition in a convenient, compact, and deceptively delicious package: sweet Northwest cherries. While the crop this year was shortened by snowfalls on the cherry blossoms, the good news is the cherries produced this year are even bigger and sweeter as a result.

not surprisingly, sweet. What may be surprising, however, is that they have a lower glycemic index than almost any other fruit, which means that they are absorbed more slowly. Because sweet cherries release glucose gradually and evenly, they keep blood sugar levels steady longer and avoid causing sugar spikes.

3. Secure a sweet source of fiber

Diets high in fiber can help in the prevention of various conditions and diseases, such as heart disease and diabetes. But most Americans don't get nearly enough in their diets. Just one cup of sweet cherries delivers about three grams of fiber, or roughly 12% of the USDA's dietary recommendations.

4. Reduce stress levels

Sweet cherries are a natural source of serotonin, which studies have found to be an important factor in reducing stress and improving mood. Of course, simply adding sweet cherries to the weekly shopping list can alleviate the ongoing stress of finding a tasty and nutritious snack that can work with just about anyone's diet plan.

5. Get a good night's sleep

In addition to being a natural, plant source of serotonin, sweet cherries contain melatonin and tryptophan. In studies, these three compounds have been shown to help improve the quantity and quality of sleep. Consuming a serving of cherries about an hour before bedtime may aid in stabilizing and regulating sleep patterns.

Americans are looking for chances to get themselves and their families outside, stay active and healthy, and the timing couldn't be better. So, whether you're planning a new healthy eating plan, looking for a show-stopper dessert or a simple grab-and-go snack, sweet juicy cherries are the answer. Growers in the Northwest are harvesting sweet cherries, which will be available fresh in stores all summer long and ready to deliver not only juicy bursts of flavor, but at least five ways to support wellness.

1. Fight inflammation

Sweet cherries are often distinguished by their deep, intense red color - a characteristic that comes from anthocyanins, a type of polyphenolic compound in dark fruits and vegetables. These compounds have been shown to have anti-inflammatory properties and may help in fighting many chronic conditions linked to inflammation, such as arthritis, diabetes, high blood pressure and even certain cancers.

Additionally, the anti-inflammatory qualities of sweet cherries have been shown to help muscles recover more quickly after exercise, making cherries an ideal accompaniment to a range of summertime activities.

2. Keep blood sugar steady

Sweet cherries are,



Upgrading your 'ride'? we can help you sell your old one

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- Email: classifieds@leavenworthecho.com
- Call 548-5286 or 782-3781

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- Place your ad 24/7 at ncwmarket.com
- Email: classifieds@leavenworthecho.com
- Call 548-5286

CROSSWORD PUZZLE

THEME: SCIENCE

CROSSWORD

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1. Out of harm's way
 5. Street, in Paris
 8. *Citric or sulfuric one
 12. *Female gamete
 13. Comedian Carvey
 14. Excessively fat
 15. Trunk extension
 16. Wading bird
 17. Savory jelly
 18. *Distance per unit of time
 20. Prep a salad
 21. Omit or suppress
 22. Hair goo
 23. Preterm infant, colloquially
 26. Free from slavery
 30. Rapid escape
 31. Lady slipper, e.g.
 34. Ruptured
 35. Goodbye, in Puerto Vallarta
 37. Long, long time
 38. Greek Bs
 39. "Cheers" regular
 40. Sheep's coat
 42. Over the top, in text messages
 43. Tangle up
 45. a.k.a. sea hawk
 47. U.N. workers' grp.
 48. Xbox user, e.g.
 50. Zero, on a court
 52. *Vertical distance
 55. Pavarotti, e.g.
 56. *Radical, in math
 57. Smidgen
 59. *Chemically inactive
 60. With competence
 61. Countess' husband
 62. *Ammonia or baking soda, e.g.
 63. ___ canto
 64. Proofreader's mark

DOWN

1. Source of light, in Spanish
 2. Tel ____, Israel
 3. Cloud of particles
 4. Bald Eagle to Americans, e.g.
 5. Fanatical
 6. Rallying cry to the workers of the world
 7. ___-peasy
 8. *___ zero, lowest possible temperature
 9. Large edible mushrooms
 10. Osiris' wife
 11. Yuletide mo.
 13. Chancier
 14. Like Cheerios
 19. Mixtures
 22. Cowboy's shoe prod
 23. *Two-dimensional shape
 24. *Radioactive noble gas
 25. Middle Eastern V.I.P.s
 26. Collier's office
 27. *Energy-converting device
 28. Very angry
 29. Easily irritated
 32. *Basic unit of life
 33. Tiller's tool
 36. *Plant- and animal-eater
 38. Continually annoy
 40. Back, to a pendulum
 41. State of harmony
 44. Heads-up
 46. Prigs
 48. Shakespeare's theater
 49. *Model of Earth
 50. Diva Horne
 51. Change for a five
 52. Saudi, e.g.
 53. "Doggone it!"
 54. Hibernia
 55. *Tibetly abbreviation
 58. Deli order

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 12 days, departs May - Sep 2022
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8	7		6			1		
	5	3			8			6

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

The Washington Outdoors Report



PHOTO COURTESY NATIONAL PARK SERVICE.

A mountain lion



PHOTO COURTESY WASHINGTON DEPT. OF FISH AND WILDLIFE.

A cougar

A Close Encounter

By JOHN KRUSE

I do love to hike and earlier this week I took off from a U.S. Forest Service trailhead to walk an old logging road that followed a creek and then went up a ridgeline along the eastern slopes of the Central Cascades.

There were no other vehicles parked at the trailhead and I was enjoying a peaceful late morning hike that took me 2 ½ miles to a nice viewpoint where I could look towards Tronsen and Mission Ridges. After soaking in the views and drinking some water I started heading back downhill along the trail. I'll admit, my head was in the clouds when I first heard it; the loud crash of an animal entering the woods 30 yards ahead of me at a bend in the road. This was no squirrel or chipmunk like I had been seeing earlier scurrying into the brush, this was an animal of significant size. The animal did not run away from me as deer and elk do when they are surprised and want to create a lot of distance from you in a hurry. No, this animal actually went uphill angling towards me and stopped moving in the brush about 20 to 25 yards away from me to my left. I figured I was dealing with a bear here. I unholstered the bear spray I had with me, took the safety off, and began repeating in a

loud, calm voice, "Hey Bear!" I scanned the brush as I did this and slowly walked down the trail as I did. The animal never moved from its perch above me or made a sound.

I turned a corner in the logging road where the animal first entered the brush and walked another 50 yards down the wide trail to a sandy spot in the road. That's where I saw my footprints going up the trail and a new set of prints that were not there 45 minutes ago. They weren't bear prints; they were cougar tracks.

I have only had the opportunity to see one cougar before in the wild and based on the evidence of this encounter I'm virtually certain I just missed my second chance to see one, though it is clear this animal had definitely seen me which started off the surprise encounter. As you might imagine my head was on a swivel for the rest of the hike back to the trailhead.

Cougars have been in the news in recent years. In 2018 two mountain biking cyclists were attacked near North Bend by a mountain lion. One of the cyclists attempted to run away and was chased down and killed. Later that year, a female hiker in Oregon's Mt. Hood National Forest was also killed by a cougar and this year, a nine-year old girl playing on the outskirts of a church camp in Fruitland, Washington

was attacked by a cougar and sustained serious injuries.

It is important to note cougar encounters, let alone attacks, are very rare. There have been less than two dozen documented attacks in Washington State since 1924 that have resulted in injury or death. Cougars are largely secretive animals that remain unseen by most of us in the wild. However, there are things you can do to stay safe in the unlikely event of an encounter.

The Washington Department of Fish and Wildlife recommends:

- Stop, pick up small children immediately, and don't run. Running and rapid movements may trigger an attack. Remember, at close range, a cougar's instinct is to chase. Face the cougar. Talk to it firmly while slowly backing away. Always leave the animal an escape route.
- Try to appear larger than the cougar. Get above it (e.g., step up onto a rock or stump). If wearing a jacket, hold it open to further increase your apparent size. If you are in a group, stand shoulder-to-shoulder to appear intimidating.
- Do not take your eyes off the cougar or turn your back. Do not crouch down or try to hide.
- Never approach the cougar, especially if it is near a kill or with kittens, and never offer

it food.

- If the cougar does not flee, be more assertive. If it shows signs of aggression (crouches with ears back, teeth bared, hissing, tail twitching, and hind feet pumping in preparation to jump), shout, wave your arms and throw anything you have available (water bottle, book, backpack). The idea is to convince the cougar that you are not prey, but a potential danger.

- If the cougar attacks, fight back. Be aggressive and try to stay on your feet. Cougars have been driven away by people who have fought back using anything within reach, including sticks, rocks, shovels, backpacks, and clothing—even bare hands. If you are aggressive enough, a cougar will flee, realizing it has made a mistake.

- Pepper spray in the cougar's face is also effective in the extreme unlikelyhood of a close encounter. The bottom-line is don't let the chance of an encounter with a bear or cougar keep you away from the outdoors. Just be prepared and know what to do if you see one of these animals. More than likely, both you and the animal will part ways unharmed.

John Kruse - www.northwesternoutdoors.com and www.americayoutdoorsradio.com

Salmon Fest Characters welcome the children

Wenatchee River Salmon Festival "School Days" September 15 - 16 at Rocky Reach Dam

SUBMITTED BY CORKY BROADDUS

Celebrate the Return of the Salmon, at the 30th Anniversary of the Wenatchee River Salmon Festival.

Our two "School Days" will be ready to host North Central Washington students on September 15 and 16, 2022 at Rocky Reach Dam and Discovery Center. Students will explore and experience natural resource education at its finest. Salmon Fest has been the recipient of multiple awards, including, "Best Children's Program", by the International Festivals and

Events Association.

The Wenatchee River Salmon Festival 2022 is an event devoted to engaging students at a beautiful outdoor venue that is both, educational and fun. Our festival mission is to connect people of all ages to nature building discovery and appreciation of the diversity and importance of the great outdoors.

The beautiful grounds overlooking the mighty Columbia River are managed by the Chelan PUD's Rocky Reach Dam. This unique venue will transform into an extraordinary outdoor classroom for this year's Salmon Fest event.

Students will become part of "River Ramble" in a Native American Village, sharing a powerful inter-tribal cultural experience. Learning about nature from top Pacific Northwest natural resource specialists means students will gain first-hand knowledge about fish and wildlife,

healthy habitats, watersheds, and much more.

There is magic when Salmon Fest happens. Students receive unique opportunities to be eye-to-eye with salmon, create gyo-taku fish prints, explore science and technology, and share in a "Salmon Experience" together.

For more information, swim to our website salmonfest.org, catch us on Facebook, or call 509.548.6662 ext 226 to speak with festival staff.

Salmon Fest is hosted by Friends of NW Hatcheries, Chelan PUD, USFWS-Leavenworth Nat'l Fish Hatchery, Okanogan-Wenatchee Nat'l Forest, and the Bureau of Reclamation.



FILE PHOTO.

Submitted by Corky Broaddus

Tucker

CONTINUED FROM PAGE A1

hearing about a retired pilot in his 70s who, along with his wife, would drive around Okanogan County in a van saving lost dogs and taking them to his shelter. "I have to meet this person," Servais remembered thinking.

That person is Tom Short who, along with his bride Jan, founded OkanDogs in 2014. Scott and Jill began volunteering last year. The Shorts had previously volunteered at an animal shelter and noticed a need for an animal rescue service. Okanogan County is roughly the size of Connecticut yet has no funded Humane Societies or shelters for dogs.

Through eight years of service, OkanDogs has provided medical care, spay/neuter services, and adoptions for thousands of dogs. The organization seeks an adoption rate of 100 percent and a euthanasia/fatality rate of zero. Last year, the shelter took in 801 dogs.

"The purpose of our organization is to help primarily dogs from the North Central Washington area that don't have any other resources," Short said. "We're a little one-horse outfit here in Cashmere and we're having an awful time trying to compete to get dogs adopted from within the state of Washington."

Enter the Mariners, who stepped up to bat. They started following OkanDogs on Facebook. In early June, Jill

noticed Tucker on the social media page and the four-year-old pup drew her attention. The Mariners had pondered the idea of a team dog for some time and considered many factors in picking the pooch. The chosen dog would live in the bustling Seattle area including T-Mobile Park's noisy environment of fireworks, music, and ample locker room traffic. With Tucker hailing from rural Okanogan County, Servais wanted to ensure a smooth transition to city life. "We were looking for a dog that would not only tolerate it but would actually thrive in that environment. We wanted to make sure the dog was comfortable with sirens, airplanes, and a variety of things that city dogs experience that country dogs do not," Servais said. "When OkanDogs got Tucker, we recognized that he was probably the perfect candidate for this position." Later in June, Servais and her daughter drove to Cashmere to obtain an informal scouting report on Tucker. The dog made a good impression and with Servais' help, the Mariners selected him as their first, and only, pick in the unofficial doggy draft. Jack Mosimann, Mariners' director of Major League operations, fetched Tucker in early July and began developing a schedule to introduce him to life in the Big Leagues. Mosimann has become Tucker's primary caretaker.

The Mariner's announcement instantly made Tucker a national sensation. Among the media outlets who covered Tucker's tale were ESPN, CNN, People and King 5. Tucker now boasts his own Twitter account (@MarinersPup) with over 25,000 followers. His ceremonial first tweet on August 6 read: "My name's Tucker, I'm a 4-year-old lab/retriever mix, and I was just adopted by the @Mariners clubhouse from OkanDogs! I'm gonna get to hang out at the ballpark all the time, travel with the squad and enjoy my very own unlimited supply of baseballs. Doesn't get better than this!" Many agree. "It's amazing to me how much people around the whole country are applauding the idea of having a dog on the team. Within a day and a half every news source in the United States was knocking at the door," Short said. "The fact that it's a novel idea to take a dog on your team and the fact that he interacts so well with the team members and the public warmed to the idea of seeing him running around the field there and interacting. It touches people's hearts."

Tucker has especially touched the players' hearts. Mariners who have tweeted about Tucker include relief pitcher Erik Swanson and shortstop J.P. Crawford.

"The players do love him and there are a lot of dog lovers on this team," Servais said. "Many of them own dogs themselves which in a baseball life is a very big challenge."

Tucker maintains a daily presence in Seattle's club house. Players pet and play with him constantly. He bounds in and out of Servais' office at ease. Often Jill will video chat with her husband and say hello to Tucker.

Currently, overpopulation and lack of funding are stretching animal shelters. They are forced to euthanize far more than usual. Servais feels Tucker's adoption and adaptation to the Mariners exemplifies the power of rescue dogs.

"I think we're all just thrilled that the dog has adjusted the way he has, and we really wanted again for the dog to thrive in the environment and not in any way be asked to do something that he wasn't comfortable doing," she said. "The timing for bringing Tucker in is appropriate given what's going on in the animal world. In terms of the national exposure, I was actually pretty surprised that this story has gone as far as it had but I'm grateful for the amplification of the availability of such great dogs." Soon, the dog days of summer will fade into a crucial Seattle September stretch of meaningful baseball with the elusive playoffs in view. Should the Mariners taste postseason glory, perhaps Tucker will continue his impactful romping on the field under October skies.

To donate to or volunteer with OkanDogs, visit www.okandogs.com.

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