

OCTOBER 5, 2022 • VOLUME 122, No. 40

UPPER VALLEY NEWS SINCE 1904

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Does Icicle Creek have enough water to meet Leavenworth's future needs



Caroline Menna CHS staffer

In this Anthropocene Era of climate change, perhaps the biggest challenge for the Western United States is its dwindling water supply, only exacerbated by the region's widespread drought. Very few days pass without news of the crises that is the Colorado River drainage, water restrictions in California, or falling reservoirs and reduced mountain snowpacks throughout the West. Surely, though, Leavenworth and environs, tucked into the eastern flanks of the lush Cascades, are immune from this predicament. If only that was true.

Leavenworth's primary water supply is Icicle Creek, via a water intake and filter plant located roughly five miles upriver from the creek's terminus at the Wenatchee River. (The other source is drawn from an aquifer at the wellfield adjacent to Cascade Orchard Bridge on Icicle Road.) Steep and turbulent for much of its flow, Icicle Creek, the name of which is derived from the Native American word na-sik-elt, or narrow canyon, falls over 3,000 feet in 32 miles from its origin, Lake Josephine, near Stevens Pass, to its confluence with the Wenatchee, across from the Leavenworth Golf Club. The creek's drainage basin is comprised of land within the



Isabel Menna CHS staffer

Alpine Lakes Wilderness and the Wenatchee National Forest, and their glaciers, lakes, reservoirs, and streams.

Demands on the Icicle, however, are far from limited to the City of Leavenworth. In fact, there are myriad demands, which stand starkly in contrast to the comparatively static supply of water. That dichotomy leads the water supply to be stretched thin in times of plenty. In times of drought - most recently notable in 2015 the Icicle's flow can fail to meet its demands. That, in turn, can lead to a limitation upon, or even a cessation of, irrigation water to certain agricultural users, who are entitled to water on a "first in time, first in right" basis. In addition, the negative effects in time of drought extend to the creek's fish habitat, operations at the Leavenworth National Fish Hatchery, and upon tribal fishing rights. Ultimately, it can, and has, lead to legal disputes among the Icicle's water use stakeholders.

After a period of petitions for injunctions and lawsuits between and among the Icicle stakeholders, culminating with the Washington Department of Ecology seeking to limit the City of Leavenworth's water rights, a proposal was made



Fishing Platforms on the Icicle

to create a coalition of those diverse, interested parties to avoid future litigation, if not disputes all together. All realized that a common core of each party's position was an interest in having a healthy water system in the Icicle basin, with enough water for everyone. From that realization, and appreciation of a common interest, arose, in 2012, the Icicle Work Group. The Department of Ecology's Office of the Columbia River, together with the Chelan County Natural Resource Department brought together municipal, state, and federal government agencies, tribal representatives, irrigation

managers, hatchery administration, and environmental organizations. The Group included, among others, the two convening parties, the City of Leavenworth, the Colville Confederated Tribes, the Yakama Nation, the US Forest Service, the Washington Department of Fish and Wildlife, the Fish Hatchery, the Washington Water Trust, and the Peshastin and Icicle Irrigation

For six years, the Work Group met, collaborated, and compromised to devise a vision, strategy and

likely will approve all three budgets

Your support has been terrific

throughout my six years of listening

tours. Whether you were able to join

me this year or not, please know that

my position exists to serve you. Please

reach out to me anytime, either in

Olympia or here at home. I always

appreciate hearing your thoughts

and ideas about state government.

Contrary to what some people may

think, listening is the most important

skill any elected official can have. It

certainly helps me do my job better.

Brad Hawkins is our 12th District

state senator representing North

Central Washington in Olympia.

hawkins@leg.wa.gov.

Contact info: 360-786-7622 or brad.

in April or May.

CONTINUED TO PAGE A10

4-H Fair Results

SUBMITTED BY 4-H

4-H Round Robin

Senior

Intermediate Grand Champion: Luke Wade -Moses Lake

Reserve Champion: Jaymie Pierson East Wenatchee

Champion: Nathaniel Grand Whitehall - Waterville

Reserve Champion: Greer Swoboda - Leavenworth

Livestock Judging Contest

Grand Champion: Gavin Emerson – Coulee City

Reserve Champion: Caiden

McCarthy - Wenatchee **Meat Goats**

Sr. Doe Kid, 6 months - 1 year Grand Champion: Sadie Lyndsay -

Cashmere **Goat - Dairy Breeds**

Grand Champion: Ada Missal -

Cashmere

Doe, Under 6 months **Goat-Utility Class**

Intermediate

Grand Champion: Sadie Lindsay -Cashmere

Reserve Champion: Ada Missal -Cashmere

<u>Goat - Costum</u>e Outstanding Jr. Doe

Grand Champion: Sadie Lindsay -

Cashmere **Horse Judging Contest**

Senior

Grand Champion: Greer Swoboda -Leavenworth

Reserve Champion: Faith Smith -Cashmere

Horse Fitting & Showing

Intermediate **Grand** Champion: Macie Zimmerman

 Monitor Senior

Grand Champion: Greer Swoboda -

Leavenworth Reserve Champion: Faith Smith -

Cashmere

Horse - English Equitation Intermediate

Grand Champion: Macie Zimmerman

- Monitor

Grand Champion: Greer Swoboda -Leavenworth

Reserve Champion: Faith Smith -Cashmere

Horse - English Equitation with <u>Trot</u>

Junior Grand Champion: Josie Reichlin -

Leavenworth

Horse - English Pleasure

Junior Grand Champion: Josie Reichlin -

Leavenworth

Intermediate Champion:

Reserve Zimmerman - Monitor

Senior Grand Champion: Greer Swoboda -

Leavenworth Reserve Champion: Faith Smith -

Horse - Bareback Equitation

Intermediate **Grand** Champion: Macie Zimmerman

- Monitor Senior

Grand Champion: Greer Swoboda -Leavenworth

Reserve Champion: Faith Smith -

Cashmere Horse - Western Equitation

Reserve Champion:

Zimmerman - Monitor

Senior

Grand Champion: Greer Swoboda -

Leavenworth Horse - Western Equitation -

CONTINUED TO PAGE A10

Thank you for supporting my



COMMUNITY VOICES

Senator Brad Hawkins

I recently concluded the first portion of my sixth annual 12th District listening tour. Traveling throughout our district with my staff has become an annual tradition each fall, the time of year when legislators begin planning for the upcoming legislative session. Due to the COVID-19 pandemic, the past two listening tours consisted primarily of remote meetings. This year's tour included in-person meetings with remote meetings available as an option.

This year's listening tour is split between the traditional areas of the 12th District and the new areas resulting from the recent state redistricting. The first portion of the tour took place September 13-16, with visits to Cashmere, Leavenworth, Chelan, and Wenatchee. The remaining tour will take place November 14-18 in the King and Snohomish counties portion of the new 12th District.

Past listening tours have taken me all throughout the 12th District and helped me connect with issues important to all four counties. Many of these communities, unfortunately, will no longer be within the 12th District boundaries going forward, which is why this year's Chelan County stops featured Cashmere, Leavenworth, Chelan. Wenatchee. During my meetings this year, key topics included the state budget, health care, education, land use, wildfire, recreation, and more. This feedback will be very helpful for me when casting important votes in Olympia.

Hosting a listening tour each year helps prepare me for our state's annual legislative session. Ideas shared during past listening tours have turned into successful legislative action. As examples, a suggestion by Leavenworth officials to dispose of brush and yard clippings resulted in a bill that became law in 2018. A funding request for the Saddle Rock trail in Wenatchee became reality when it was included in the state budget two years ago, and a road-paving

Cascade Medical CEO Diane Blake and CM

discuss healthcare issues during the recent

Foundation Board V.P. Bruce Williams to

12th District Listening Tour.

in Okanogan County was recently funded. A biochar demonstration project to reduce wildfire risk was also funded, as well as significant improvements to Pinnacles Prep School. All were ideas first raised by constituents during listening tours. Besides legislative ideas, I also collect make better decisions for you.

project to a popular fishing location

helpful comments that prepare me to As I reflect upon discussions from

this year's listening tour and look ahead to the legislative session, I will be better prepared to represent us in the Senate. When legislators convene at the state Capitol in January, the primary focus will be developing budgets for the 2023-2025 biennium. This two-year period runs July 1, 2023, through June 30, 2025. Legislators Senator Brad Hawkins (center) meets with



Inside The ECHO this week

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Leavenworth, WA 98826 Phone: 509-548-5286



CASCADE KODIAKS



CASCADE KODIAKS **2022 Varsity Football**



#	NAME	HEIGHT	WEIGHT	POSITION	YEAR	HEAD COACH
3	Kai Lewman	5' 9"	175	RB/ROV	12	Dominique Coffin
5	Melvin Northrup	5' 7"	165	RB/ROV	10	
6	Cole Ennis	5' 9"	155	RB/ROV	10	ASSISTANTS
7	Artie Northrup	5' 9"	150	QB/DB	10	Charlie Coffin (DC)
8	Sam Webb	5' 9"	155	QB/RB/DB	11	Aaron Murphy (Co-OC)
9	Alonzo Johnson	5' 8"	185	TE/LB/K	12	Adion Murphy (co-oc)
12	Zachary Karnes	5' 10"	185	RB/LB	11	Pastor Anaya
13	Will Biebesheimer	5' 11"	165	WR/DB	10	Jeff Lang
14	Fernando Tovar	5' 7"	155	WR/DB	12	David Talley
17	Eli Sauer	5' 4"	135	RB/DB	9	David Talley
19	Braeden Parton	5' 10"	165	QB/DB	12	TJ Ka'apuni
20	Kaden Aispuro	5' 4"	125	WR/DB	9	ATHLETIC TRAINE
21	David Fernandez	5' 7"	165	TE/DB	11	L. D. D. C. T. H.
22	Logan Bradshaw	5' 7"	165	RB/LB	11	Jon Betz Derrick Talley
23	Jonah Peak	5' 7"	145	RB/LB	9	BAND DIRECTOR
24	Jonah Bowles	5' 4"	150	RB/LB	9	Jace Rowland
26	Tristan McLeod	5' 11"	145	WR/DB	9	
28	Hunter Stutzman	5' 11"	165	WR/ROV	12	CHEER ADVISOR
32 43	Jeffry Palacios Jones Duncan	5' 6" 5' 9"	145 205	RB/DB RB/LB	10 12	Hannah Doherty
43	Gavin Pulse	5' 10"	175	RB/LB	12	CHEERLEADERS
51	Juan Fonseca	5' 9"	160	OL/LB	11	
52	John Vargas	5' 5"	160	OL/LB	11	Abbi Carnahan
53	Juan Alvarado	5' 10"	210	OL/DL	11	Sofia Oropeza
54	Hunter Lang	5' 10"	255	OL/DL	10	Natalie Sanchez
56	Tim Johnstone	5' 10"	205	OL/DL	12	
58	Frank Rosario	5' 8"	160	OL/LB	10	Grace Redman
62	Talen Johnson	5' 11"	185	OL/DL	10	Valeria Oropeza
66	Cody Salmon	5' 11"	205	OL/DL	9	SUPERINTENDEN"
67	Preston Pedeferri	5' 8"	175	OL/DL	10	
69	Coy Latimer	5' 7"	240	OL/DL	11	Tracey Beckendorf-Edou
70	Chris Varona	5' 11"	180	OL/DL	9	PRINCIPAL
72	Ethan Flansburg	6' 2"	220	OL/DL	10	Rudy Joya
75	Gary Sullivan	6' 2"	245	OL/DL	10	
77	Landon Curnutt	5' 11"	170	OL/DL	10	ASST PRINCIPAL
78	Connor Schoenwald	6' 0"	205	OL/DL	10	Annika Bibby
79	Axel Pacheco	5' 10"	225	OL/DL	11	ATHLETIC DIRECTO
81	Kaston Dillon	6' 3"	215	TE/DL	12	
99	Alden Brooks	6' 2"	170	TE/DL	12	Sam Gilstrap



Come watch this **Rivalry Game on Friday** October 7, at 7 p.m. at Cashmere Football field.











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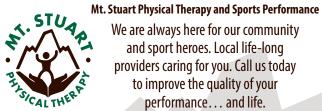




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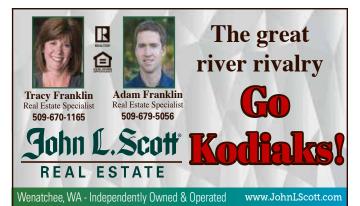
The Team is Together! Play well Kodiaks.



Bruce Cheadle, Agent 301 Aplets Way, Cashmere, WA (509) 782-1659

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Good Luck Kodiaks -**Have a great season**

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2022 "PEAR OF THE GAME" CASCADE KODIAKS VS. CASHMERE BULLDOGS

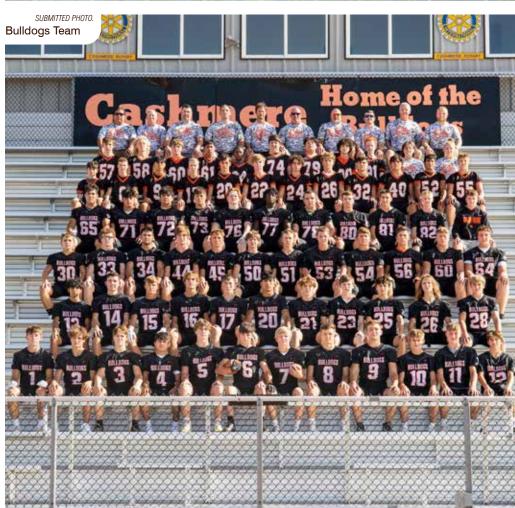


Two student athletes will be recognized at the Pear Bowl as the "Pear of the Game," as chosen by the Leavenworth Echo and Cashmere Valley Record



CASHMERE BULLDOGS





CASHMERE BULLDOGS **2022 Varsity Football**



'				. .		
#	NAME	HEIGHT	WEIGHT	POSITION	YEAR	HEAD COACH
1	Jack Croci	5' 11"	180	WR/DB	12	Bryan Bremer
2	Trenton Mason	5' 10"	155	QB/DB	12	ASSISTANTS
3	Tyler Peterson	5' 8"	135	RB/DB	11	Steve Simonson
4	Aidan Theiss	5' 7"	140	WR/DB	10	T.J. Their
5	Logan Collins	6' 1"	170	RB/DB	12	Tyler Theiss
6	Logan Pesta	5' 10"	150	WR/DB	12	Brandon Wagg
7	Trae Smith	5' 10"	170	WR/DB	11	Jed Odenrider
8	Caed Wilkinson	6' 3"	195	QB/LB	11	VOLUNTEER
9	Luke Jacobson	6' 1"	200	RB/LB	12	Rob Larson
10	Rylan Hatmaker	5' 7"	125	QB/DB	9	Andres Hernandez
11	Logan Spies	5' 11"	130	WR/DB	9	
12	Isaac Zavala	5' 5"	105	WR/DB	9	Reese Stanfield
13	Marcelino Torres	5' 7"	130	WR/DB	10	Duke Odenrider
14	Lucas Rylaarsdam	6' 2"	160	WR/DB	12	STUDENT ASSISTANT
15	Grady Zimmerman	5' 9"	140	WR/DB	12	Brayden Kriegel
16	Dalan Smart	6' 2"	195	TE/LB	11	MANAGER
17	Trevor Shoults	6' 1"	155	WR/DB	12	Molly Hensley
20	Genaro Reyna	5' 10"	195	WR/DB	12	Lexie Thompson
21	Breken Stone	5' 9"	145	WR/DB	11	ATHLETIC TRAINER
23	Kelton Collins	5' 9"	150	RB/LB	11	Steve Mongeon
25	Jovanni Ruiz	5' 8"	135	WR/DB	10	BAND DIRECTOR
26	Max Townsdin	5' 10"	130	RB/MLB	12	

RB/LB

WR/LB

TE/LB

RB/LB

TE/DE

TE/DE

OL/DL

OL/DI

OL/DL

OL/LB

OL/DL

OL/DL

OL/DL

OL/DL

OL/DL

OL/DL

OL/DL

OL/DL

OL/DL

WR/LB

WR/DB

10

12

10

11

Kent Chalmers

Leisa Osburn **CHEERLEADERS**

Ivette Alvarado

Brianna Castro

CHEER ADVISOR

Allyson Kitchel Sonia Lanuza

Raquel Pedraza

Grace Regan Jasmine Romero

Reese Westlund **SUPERINTENDENT**

Naomi Valle

Glenn Johnson PRINCIPAL

Craig MacKenzie **ASST PRINCIPAL**

Scott Brown

Jeff Carlson

ATHLETIC DIRECTOR

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It's Pear Bowl time

Thomas Bergren

Brayden Stoffel

Josh Meros

Donald Flick

Gideon Six

Michael Acton

Owen Adamek

Jack Carney

Ajay Lawson

Drake Mutch

Joseph Acton

Brody Larson

Oliver Kerns

Eberardo Lopez

Caleb Cantrell

Fernando Betancourt

Jacob Savage

Dawson Spies

Prin Fox

Rylie Dewitz

Korey Knoll

Colby Diaz

Landon Baker

33

71

73

77

80

82

5'9"

5'8"

6'1"

6'1"

6'2"

5' 10"

5' 10"

6'0"

5'6"

6'0"

6'0"

6'2"

6' 2"

6' 0"

6'0"

5' 11"

6'2"

5'11"

5' 10"

5' 10"

5' 10"

170

205

215

180

175

200

245

260

260

215

205

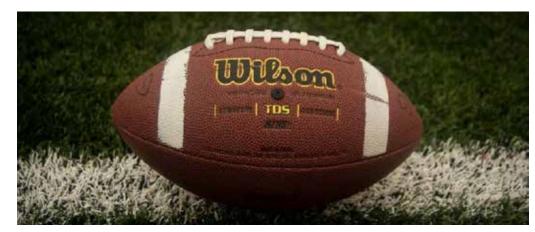
225

260

155

135

135



By Lindsay Timmermans Staff Report

The annual battle for bragging rights in the Upper Valley is set for this Friday, October 7 at 7:00 p.m. at Cashmere High School for the annual Pear Bowl. The Cascade Kodiaks and winners of the 2021 game, will travel to Cashmere on the night of the

Bulldog's Homecoming night. The Bulldogs will be vying for possession of the Pear Bowl Trophy from the Kodiaks who won it last March when Fall Sports commenced later in the school year due to the pandemic. Last year's final score was Cascade 24; Cashmere 19.

Going into this game the Kodiaks are are 4 and 1.

The Kodiaks' head coach is Dominique Coffin. He respectfully regarded the

HAVE A GREAT

SPORTS SEASON!

competition Friday saying, "For this year's Pear Bowl it should be a fun one. Cashmere has a very talented team and have done well so far this preseason. Every year you don't know what to expect with the Pear Bowl because it doesn't matter what everyone's record is or who is favored, it is always a great game."

The Kodiaks are coming off a game vs. Quincy last week at home where they picked up another win at 42-7.

"As a team we are excited to get the opportunity to compete against a strong team that is well coached. We are also excited to be able to show what we have," shared Kodiaks' coach Coffin.

The Bulldogs Bulldogs are 5 and 0. The Bulldogs played away last week at Ephrata and picked up a win with the final score at 30 - 15. The Bulldogs head coach is Bryan Bremer.

For many of the players on both teams this will be their last chance to go into the history books as a member of the winning Pear Bowl Team of 2022-2023. Sixteen of Cashmere's 44-man roster graduate this year, with 41 points per average. Ten of Cascade's 39-man roster are seniors with 50 points per average. This would indicate the Bulldog's roster is a little more experienced than the Kodiak's, but that Cascade may lead again this year in offensive scoring.

It would appear on paper that the teams are pretty well balanced so the game should be another close one just like the last two years in 2019 and 2021. Both teams are capable of making big plays and both teams play with a lot of heart, never giving up. Tickets are on sale on both the Cashmere and Cascade school district websites. Head out this Friday to support your home team under the Friday night lights. What builds a solid rivalry is the mutual respect for the other teams' excellence. The right to brag that goes back to the 1980's between these two CTL schools, with a dash of homecoming this year, is sure to fuel the night.

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Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s).

🦫 Must provide: full name, city, phone number.

tems pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7 Garage and Yard Sale Ads are paid events, please email:

classifieds@leavenworthecho.com or place online at NCWMARKET.COM For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

THE LEAVENWORTH

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Letters policy e Leavenworth Echo weld

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact
the listed
organizations
or events for
updates.

■ COMMUNITY CALENDAR

Wednesday

 Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
 Leavenworth Rotary Club, Zoom meetings, Noon.
 For more information email, President, Mike Worden, 509-470-4610

Alpine Water District: District meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for Zoom meeting information. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m.
Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Leavenworth Farmers Market, Thursdays, 4-7 p.m., at the Cascade School District offices. 330 Evans St. Info@cascademarkets.org

Friday

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@ co.chelan.wa.us

Saturday

Old favorites music at the Leavenworth Senior Center, 423 Evans St. No cover charge, 1-3 p.m. Call Steve, 509-548-7048. (2nd and 4th Saturdays).

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri 509-393-8271 for more information.

Leavenworth Mosquito District board meeting 7 p.m., via ZOOM link posted at LeavenworthMosquitoControl. org or call 509-548-5904 (1st and 3rd Mondays).

Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)

Chelan Douglas Republican Women, Meetings at Red Lion, 1225 N. Wenatchee Ave. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage and dessert only \$8 (no outside food please). Check-in begins at 11 a.m., and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon.,monthly).

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)

Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.iid. pid@nwi.net, (2nd Tues.)

Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)

Cascade Education Foundation. Contact: CEF@cascade.org

Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge.
Call 509-548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.) Cascade Garden Club, 1 p.m., at a member's home or other

venue. Call President Claudia, 509-662-7706. (3rd Tues.).

The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs.,10-7, Fri., 10-5 Sat.,10-2. Closed Sun. and Mon.

Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org Oper Tues.,10-1:30; and 2:30-7, Wed.,10-2, and 2:30-7, Thurs., and Fri.,1-5:30 and Sat., 10:00-2:00. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open Daily 11 a.m.- 4 p.m. Please check our Facebook page or our website at www. leavenworthmuseum.org for updates and information.

Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho. com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

■ MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.

Alanon Meetings, call 509-548-7939 Monday, 7 p.m., United Methodist Church, 418 Evans St.

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Leavenworth

Concert attire needed

The new choir teacher, Bella Garcia y Lauer at both IRMS and CHS, is trying to outfit her singers in formal concert attire without excess expense and could use some help from the community with donations. If you have something in your closet that can fit ages 10-18, please drop it off at Icicle River Middle School, labeling it for the choir program.

The current needs: Solid black shoes (black sole trim and laces, no visible logos, no Vans or Jordans) that are easy to walk in.

Solid black tops with no visible logos or accent colors. Polos, button ups and blouses are great. No crop tops or low

Solid black skirts or dresses that are knee length or longer. Solid black pants/trousers without visible logos. No leggings, jeans, or distressed looks

Library Events

Storytimes at Leavenworth and Peshastin Libraries begin October 6.

Join us for stories, songs, and more at the Peshastin and Leavenworth Libraries starting October 6th. Leavenworth Library on Thursdays from 10:15 am to 10:45 am for Baby Laptime with Librarian Amy. Thursdays from 11 am to Noon for Preschool Storytimes with Librarian Gracie. Peshastin Library on Saturdays from 11 am to Noon for Family Storytime (all ages welcome) with Librarian Clare. Questions: Call us at 509-548-7923 or 509-548-7821. www,NCWLibraries.

Booktoberfest

Getting into the spirit of October celebrations with an invitation to "BOOKTOBERFEST in the Library. The purpose is to celebrate learning, creativity, and the bounties of our community. A month of art projects and contests are available to locals and visitors of all ages and abilities. Drop by the library in October to create a handmade book or journal. Enjoy helping or viewing the creation of a community art mosaic created by recent library doodlers. And enter the Arts & Literature contest, sponsored by the Leavenworth Friends of the Library, with top prizes in 3 age groups of gift certificates to our local independent A Book For All Seasons. BOOKTOBERFEST is free, family-friendly and fun for all ages. As always, your NCW Libraries are here to connect you with vital resources and opportunities that foster individual growth and strengthen communities. 509-548-7923, Questions: Leavenworth@NCWLibraries. org or www.NCWLibraries.org.

Sheriff/Fire/EMS riff's report is compiled from public records as provided in the second seco



Sept. 23

00:09 Suspicious Circumstance, 100 Ward Strasse

Sept. 24

00:00 Noise Complaint, 1174 Dempsey Rd.

00:27 Welfare Check, 405 US Hwy. 2, Howard Johnson 03:59 911-call. Peshastin area

03:59 911-call, Peshastin area 04:30 Suspicious Circumstance, 257 Scholze St. 09:42 Domestic Disturbance, 100

Ward Strasse 13:48 Theft, 6581 US Hwy. 97, Peshastin

15:24 Parking/ Abandoned Vehicle, W. Commercial St. and Enchantment Way
16:21 Agency Assist, US Hwy. 2

MP 95 18:18 Noise Complaint, 1174

Dempsey Rd.
18:26 911-call, 12525 Shore St.
20:04 Attempt to Locate/ Contact,
Mount Stuart area

20:47 Missing Person, Colchuck Lake trail22:08 Noise Complaint, 1174 Dempsey Rd.

22:24 Attempt to Locate/ Contact, Aasgard Pass area 23:51 Attempt to Locate/ Contact, Snow Lakes area

Sept. 25

00:15 Public Assist, 520 Pine St. 10:08 Suspicious Circumstance, Chumstick Hwy. MP 12

10:44 Sex Offense, 0 block Icicle Rd. 12:31 Vehicle Prowl, 100 Ward

Strasse
13:44 Welfare Check, 9862 E.
Leavenworth Rd.
16:38 Welfare Check, 4905 Icicle

Rd., Eight Mile trail 17:48 Welfare Check, 7305 Icicle Rd., Icicle River 19:23 Assault, 7305 Icicle Rd., Icicle River

19:34 Attempt to Locate/ Contact, Snow Lakes trailhead 21:59 Noise Complaint, 431

Dempsey Rd. 23:50 Attempt to Locate/ Contact, Icicle Ridge trailhead

Sept. 26

11:40 Trespassing, 17400 block Winton Rd., Lake Wenatchee 12:39 Trespassing, 223 12th St. 13:31 Welfare Check, 100 Ward Strasse

13:33 Public Assist, 8002 Old Bridge Rd.15:16 Noise Complaint, 9500

Pakascwa Rd., Peshastin 17:35 Assault, 330 Prospect St. 19:03 Juvenile Problem, 617 US Hwy. 2, Gustav's

19:12 Stab/ Gunshot, 920 US Hwy. 2, Village Mercantile 20:46 Noise Complaint, Roller Coaster Rd., and Beecher Hill 20:49 Suspicious, 1250 US Hwy. 2, McDonald's

22:57 Animal Problem, 9329 E. Leavenworth Rd.

08:49 Diversion, 34 Sylvester

Meadows Ln. 10:54 Vehicle Theft, 694 US Hwy. 2

14:06 Weapons Violation, Eagle Creek area 15:53 Noise Complaint, 431 Dempsey Rd.

16:13 Alarm, 20990 Stellar Jay Rd., Lake Wenatchee 16:30 Agency Assist, 18632 Beaver Valley Rd., Plain

Oct. 8:

Oct. 11

Oct. 8:

Oct. 10:

Oct. 11:

Oct. 7:

Oct. 15:

20:15 Fireworks, 14493 US Hwy. 97A, Entiat 23:00 Welfare Check, 102 Titch-

enal Way, BJ's Shell Gas 23:43 Court Order Violation, 305 Independence Way

Sept. 28

07:46 Civil Dispute, 12 Norling Ln.

07:48 Civil Dispute, 3432 Hansel Ln., Peshastin 10:23 Extra Patrol, 8800 block E. Leavenworth Rd.

11:32 Civil Dispute, 17326 Chumstick Hwy.11:36 Domestic Disturbance,

10797 US Hwy. 2, Peshastin 16:02 Theft, 8200 E. Leavenworth Rd.

17:54 Noise Complaint, 431 Dempsey Rd. 20:48 Traffic Offense, 1329 US Hwy. 2, Dan's Market

Sept. 29

03:42 Unknown-injury Accident, 18636 Beaver Valley Rd., Plain 04:58 Burglary, 19166 Westside Dr., Plain

09:29 Harassment/ Threat, 3406 Camas Way, Peshastin 12:19 Trespassing, 12299 S.

Shugart Flats Rd., Plain
13:13 Public Assist, 10168 Main
St., Peshastin
13:57 Agency Assist, 11492 US

Hwy. 2 19:46 Unknown-injury Accident,

500 Pine St. 20:36 Arson, 11007 US Hwy. 2, Prey's Fruit

9501 Jeske Rd.

Cascade vs. Ellensburg, Home at 1:00 p.m.

Cascade vs. Omak, Away 4:00 p.m.

Cascade vs. Cle Elum, Away 12:30 p.m.

Cascade vs. Cashmere, Home 6:30 p.m.

Cascade vs. Omak, Away 6:30 p.m.

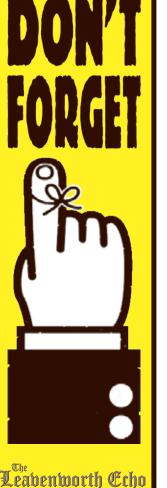
Cascade vs. Cashmere, Away 7:00 p.m.

22:14 Attempt to Locate/ Contact, Snow Lakes trailhead 23:19 Suspicious Circumstance,

Sports Schedule

GIRLS' SOCCER

VOLLEYBALL



1-509-293-6780

To subscribe

CROSS COUNTRY Leavenworth Invite, Home 12:45 p.m.

Scoreboard

FOOTBALL

GIRLS' SOCCER						
C+ 27.						
Sept. 27:	Cascade 0, Cashmere 5; Loss					
Sept. 29:	Cascade 5, Quincy 0; Win					
	VOLLEYBALL					
Sept. 27:	Cascade 0, Cashmere 3; Loss					
Sept. 29:	Cascade 3, Quincy 2; Win					
FOOTBALL						
Sept. 30:	Cascade 42, Quincy, 7; Win					

KODIAK SPORTS SPONSOR OF THE YEAR



Best of Luck Kodiak Athletes

From your fresh, friendly LOCAL grocer. 509-548-5611

THE LEAVENWORTH ECHO • OCTOBER 5, 2022 Community **A5**







VOTE



BACKED BY OVER 1,000 YEARS OF LAW ENFORCEMENT EXPERIENCE

Sheriff Dan Kimball Thurston County Sheriff's Office Sheriff Frank Rodgers Okanogan County Sheriff's Office Chief Dustin Best Colville Tribal Police Department Chief Mike Langford Oroville Police Department Chief Ryan Cox Soap Lake Police Department Chief Aaron Nelson Kittitas Police Department Chief of Operations Dave Helvey Chelan County Sheriff's Office Captain Donovan Valdez Chelan County Sheriff's Office (Reserves) Lieutenant Patti Mize Turmwater Police Department Lieutenant Don Stevens Turnwater Police Department Lieutenant Bruce Moses Cheian County Sheriff's Office (Marine Division) Lieutenant Jim Wall Chelan County Sheriff's Office (Reserves - Marine Division) Sergeant Jeff Middleton Chelan County Sheriff's Office Sergeant Jerry Moore Chelan County Sheriff's Office

Sergeant Bruce Long Chelan County Sheriff's Office Sergeant Mike Harris Chelan County Sheriff's Office Sergeant Kevin Files Chelan County Sheriff's Office Sergeant Andrew Zimmerman Chelan County Sheriff's Office Sergeant Mike Magnotti Wenatchee Police Department Sergeant Dave Schreiber East Wenatchee Police Department Sergeant Eric Mudgette Okanogan County Sheriff's Office Sergeant Don Eddy Omak Police Department Sergeant Sean Isaac Omak Police Department Sergeant Matt Gray Shelton Police Departn Sergeant Stephen Capellas Vancouver Police Department Sergeant Joe Hinkle Washington Law Enforcement Agency Corporal Brian Bolz Wenatchee Police Department **Detective Manny Brincat** Chelan County Sheriff's Office **Detective Dale England** Chelan County Sheriff's Office

Detective Paul Rohrbach Chelan County Sheriff's Office Detective Randy Grant Chelan County Sheriff's Office **Detective Gary McLeod** Douglas County Sheriff's Office Deputy Mike Simmons Chelan County Sheriff's Office (Marine Division) Deputy Bob Francis Chelan County Sheriff's Office Deputy Dave Rinehart Chelan County Sheriff's Office Deputy Wendell Holve Chelan County Sheriff's Office Deputy Bryan Jones Chelan County Sheriff's Office (Military Police) Deputy Tim Erwert Chelan County Sheriff's Office Deputy Doug Corulli Chelan County Sheriff's Office Deputy Aaron Shepard

Chelan County Sheriff's Office (K9) Deputy Mike Lamon Chelan County Sheriff's Office (K9) Deputy Jeff Fogelstron Chelan County Sheriff's Office (Reserves)

Deputy Gilbert Lerma Chelan County Sheriff's Office (Reserves) Deputy Pete Welker elan County Stieriff's Office (Reserves - Marine Division)

Dispatcher / 911 Operator

Deputy Judy Wall Chelan County Sheriff's Office (Reserves - Marine Division) Officer Craig Bulkley Sookane Police Department (President Washington Council of Police - WACOPS) Officer Tracy Martin Valdez Wenatchee Police Department Officer Stephyne Silvestre Wenatchee Police Department (Military Police) Officer Jim Bucsko Omak Police Department Officer Kollin Harmon (PA) Trooper Mike Carlson Washington State Patrol Trooper Leeon Leyde Washington State Patrol (Current Sergeant East Wenstchee PD) Nicole Hankins Chelan County Prosecuting Attorney (Hankins Law Firm) Wendy Moran Chelan County Sheriff's Office Records Specialist M. Esther Zimmerman Reserve Deputy Sergeant / Wenatchee PD





I WILL ENSURE THAT ALL RESIDENTS ARE TREATED WITH FAIRNESS, RESPECT AND DIGNITY, WHILE PROTECTING CONSTITUTIONAL RIGHTS.

morrisonforsheriff.com f /morrisonforchelancountysheriff

Paid for by campaign to elect Mike Morrison for Chelan County Sheriff, PO BOX 1086, Wenatchee, WA 98807-1086





Get rid of all that extra stuff with an ad in the Echo/Record Classifieds. Call us at 509-548-5286

Obituary & Memorial **Policies**

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

New to our area? On vacation? PPER VALLEY CHURCH GUII These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m.

Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH 303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke



CASHMERE UNITED METHODIST CHURCH

213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana



www.cashmerepres.org

Sunday Worship Service at 10 am 5800 Kimber Rd., Cashmere 509-782-2825

christcentercashmere.com



Morning Prayer or Holy Eucharist. Services, 10 a.m. Pastor Rob Gohl

GRACE LUTHERAN CHURCH

509-860-0736 401 Elberta Ave.,

ST. JAMES EPISCOPAL CHURCH 509-860-0736 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

CORNERSTONE BIBLE CHURCH Leavenworth Grange Hall 621 Front St. • 251-635-3435 Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH

418 Evans Street • 509-548-5619 10 a.m.Sunday Service, Pastor Jo Dene Romeijn-Stout Leavenworthumc.org leavenworthumc@outlook.com

Meetings: Sunday - 10 a.m.

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 10170 Titus Rd. (across from middle school) Church: 509-548-7667

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following https://www.ficleavenworth.com

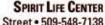
FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

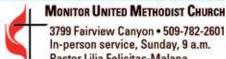
111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett www.LCN.org

SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997



210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR



3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org



Honoring Breast Cancer Survivors



Ann Avey Kathy Bangsund Marjory Blake Pamela Brulotte Carol L. Forhan Lisa Halseth **Deborah Hartl** Rebekah Nugent Linda Porlier **Diane Wells**

During our 23 years of compiling the Breast Cancer Survivors' pages, many of these ladies have moved, or are no longer participating at this time.

Our sincere Best Wishes to all our Survivors. Joan Baldwin Gale Bates Carla Carey Bev Carlson Janice Clark Terri Clarke

Floy Detwiler, M.D. V Gay Neese-Sweat Joy Fields Mary Ellen McKinney Jodi Ostrem Elsie Fogelstrom Carol Hanson Dorene Parise Winnifred Pflugrath Sonja Hurt Kelley Rose Jordi Kimes Terri Scenard Dorothy Kellison Kara Shephard Wendi Krieg **Dorothy Shipley** Verna Lotts Camille Stemm Beverly Lobe Wendy St. Germain

Dorothy Spanjer Lori Vanderbrink Camieon Voss Julie Williams

** In Memory of these ladies who have passed away.

Grace Clausen, Jessica Green, Mary Newberry, Marie V. Peck, Judy M. Peck-Cameron Charlotte Turner, Elizabeth Peyrollaz, Carolyn

LOCAL SUPPORT

* Cancer Care of NCW, Inc. Our House, Wenatchee: 509-663-6964 or Email: cancare@ nwi.net

* Wellness Place, Wenatchee, 509-888-9933. Support groups, and other resources.

Cascade Medical, Leavenworth, 509-548-5815.

Confluence Health/Wenatchee

Valley Medical, 509-663-8711. * Confluence Health, Breast, Cervical and Colon Cancer

Health Program, 509-664-3415. * EASE Cancer Foundation, Cashmere: 509-860-1322 or

www.easecancer.org * Lake Chelan Health Hospital. 509-682-3300

Columbia Valley Community Health, Chelan, 509-682-6000

Lake Chelan Express Care Clinic, Chelan, 509-682-2511

* Three Rivers Hospital, Brewster, 509-689-2517

* Family Health Center, Brewster, 509-689-3455

* Seattle Cancer Alliance, 800-804-8824, www.seattlecca.org

NATIONAL SUPPORT:

* American Cancer Society, (ACS) 800ACS-2345, www. cancer.org. Programs include: I Can Cope, Look Good, Feel Better. LookGoodFeelBetter.org, 800-395-LOOK

Reach to Recovery, a one-toone survivors' help program. New Birthday Campaign: Less Cancer, More birthdays. MoreBirthdays.com,

Facebook and blog OfficialBirthdayBlog.com or Cancer.org/circleofsharing. * American Society for

Therapeutic Radiology and Oncology. 1-800-962-7876, www.astro.org.

* American Society of Plastic Surgeons, 888-475-2784, www.plasticsurgery.org. *AVON Foundation www. avonfoundation.org

* Blood & Marrow Transplant Information Network

1-888-597-7674, www/ bmtinfonet.org * Become a member of Love/

Avon www.armyofwomen.org or 866-569-0388 * Living Beyond Breast Cancer,

888-753-5222 www.lbbc.org. * National Breast Cancer

Coalition, 1-800-622-2838, www.stopbreastcancer.org or www.canceradvocacy.org * National Coalition for Cancer Survivorship

* Online community Cancerversary.org use to create your own Web pages * Susan G. Komen For the

Cure, 1-877-GO-KOMEN, www. komen.org * The Breast Cancer Alliance, 203-861-0014,www. breastcanceralliance.org

* National Lymphedema Network, 1-800-541-3259, www.lymphet.org. * SHARE (Breast Cancer

Hotline) 1-866-891-2392, www. sharecancersupport.org * Vital Options International, 1-800-477-7666

www.vitaloptions.or * Zero Breast Cancer: www. zerobreastcancer.org

Breast Cancer Glossary

Pat Hills

COMPILED BY CAROL FORHAN

Survivor

Educate yourself on these terms when your doctor talks to you about breast cancer **Adjuvant therapy:** Treatment such as chemotherapy, hormonal therapy, or radiation used following surgery to cure, reduce, or control cancer.

Aspiration: The use of a hollow needle and syringe to suction out fluid or cells from a

Atypical lobular hyperplasia: Abnormally shaped cells multiplying excessively in the normal tissue of a breast lobule.

Axillary: In the armpit.

Benign: Not cancerous.

Biopsy: Tissue or cells removed from the body and examined microscopically to determine whether cancer is present.

Calcifications: Small calcium deposits in breast tissue that can be seen by

mammography.

Carcinoma: Cancer that arises from epithelial tissue (tissue that lines a cavity or surface); occurs often in the breast.

Chemoprevention: The use of drugs or chemicals to prevent cancer. **Chemotherapy:** Treatment of cancer with powerful drugs that destroy cancer cells. Core needle biopsy: Use of a hollow needle to extract a sample of a lump or other suspicious tissue for examination.

Cyst: A lump or swelling filled with fluid or semifluid material.

Duct: A channel in the breast that carries milk from the lobule to the nipple during **Estrogen:** A female sex hormone produced chiefly by the ovaries.

Estrogen receptor: A site on the surface of some cells to which estrogen molecules

False negative: Test results that incorrectly indicate that the tested disease or substance is not present.

Fibroadenoma: A benign, fibrous tumor commonly found in the breast. Free radicals: Toxic atoms produced by chemical reactions within a cell.

Hematoma: A swelling formed of blood. Infrequently occurs at the site of surgery, such as in a biopsy cavity after a lumpectomy.

Hyperplasia: Excessive cell growth.

Infiltrating cancer: A cancer that has spread from its site of origin into surrounding

In situ: Latin for "in place." As part of the term "ductal carcinoma in situ," it means that cancer cells exist and are still contained within the ducts of the milk-producing

Lobules: Milk-producing glands of the breast.

Lymphedema: An accumulation of lymph fluid in the arm, hand, or breast that may develop when lymphatic vessels or nodes have been removed or blocked by surgery, or after radiation therapy. It can appear immediately after treatment or many years later. Lymph nodes: Small, bean-shaped organs linked by lymphatic vessels. As part of the immune system, they filter out germs and foreign matter. Also called lymph glands. Malignant: Cancerous

Metastasis: The spread of cancer cells from the site of origin to another part of the bodv.

Metastases: Secondary cancers that form after cancer cells spread to other parts of

Neoadjuvant therapy: Therapy with anticancer drugs or radiation given before surgery in order to shrink a tumor.

Palpable: Able to be felt.

Progesterone: A hormone produced by the ovaries and adrenal glands; essential for healthy functioning of the female reproductive system.

Radiation therapy: The use of x-rays at very high doses to treat or control disease. **Seroma:** An accumulation of lymphatic fluid under an incision.

Content provided by MammoSite Breast Cancer Information.www.mammosite.com Screening saves lives by helping find breast cancer early.

Finding cancer early may give you more treatment options, including Breast Conserving Therapy instead of a mastectomy.

Get your mammogram. Tell your friends, mothers, sisters, aunts, and daughters to do the same. Be a Friend. Tell a Friend. Get Your Mammogram.

Information from American Cancer Society

Mindset-

Wellness Place Breast Cancer Awareness Month events

SUBMITTED BY JULIE LINDHOLM

Executive Director at Wellness Place

October is Breast Cancer Awareness Month, an annual campaign to raise awareness about the impact of breast cancer. To kick off this important month, Wellness Place has events the first week of October to bring awareness and support their mission of providing free support to cancer patients in North Central Washington.

Taproom at Hellbent Brewery Wednesday, October 5

It's "Warrior Wednesday with Wellness Place " at The Taproom by Hellbent Brewing at Pybus Public

Market in honor of Breast Cancer Awareness month. All day long, they will donate \$1 for every Hellbent Pint and \$2 for every "Pint to Go" to Wellness Place (glassware included, availability limited). Also, you can write notes of encouragement to be given to our NCW cancer warriors! Do Good. Drink Beer. **Pybus Farmers Market**

- Saturday, October 8, 9-11 a.m. Visit us at the Wellness Place table during the Pybus Farmers Market to learn about our nonprofit, and the free cancer services and support we provide. We will

have breast cancer awareness

handouts, and kids can draw

"Happy Letters" to provide

a smile and encouragement for our NCW cancer warriors during their cancer journey. Wellness Place FREE education afternoon -

Saturday, October 8, 1-4 p.m. Join us for "A Mindset of Meaning". Designed for, and

free, for all cancer patients, survivors, caregivers, and loved ones. An afternoon of learning how to cultivate tools to support meaning and wellbeing. Registration required at www.WellnessPlaceNCW.

Dr Chandra Villano, ND, and Kari Lyons-Price, MSW with Meditate Wenatchee will present topics including:

· Cultivate Connection-Open hearted approach to optimal breathing, grounding, and mindful movement. Nutrition: Wellness

Overview

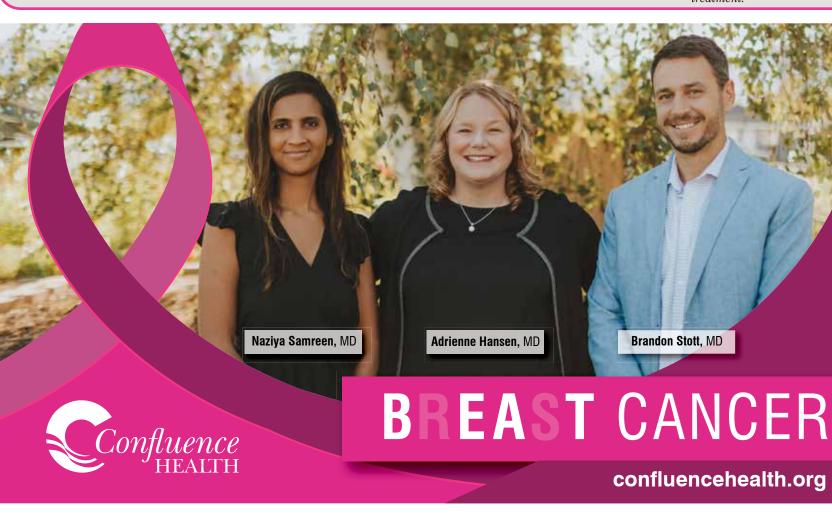
tasty Abundance Bowls & Gratitude Bowls for ease of anti-inflammatory foods prep, rotation, variety, and maximizing nutrition. · The Mindfulness-Based

Stress Reduction (MBSR) Experience- By design this course empowers participants to take an active role in the management of their health and wellness.

· Sleep Hygiene - High quality sleep is vital for healing and feeling and being well. Learn about an arsenal of practices for getting the

harmonious and consistent invaluable sleep you need.

"At Wellness Place we are committed to helping all cancer warriors in our community, no matter the cancer diagnosis," says executive director Julie Lindholm. "However, 1 in 8 women will be diagnosed with breast cancer during their lifetime, so for the month of October it is our mission to bring awareness and reminders to our community members to get your mammograms, and self-check your breasts regularly. The earlier breast cancer is diagnosed, the better the chance of successful treatment."











We give FREE cancer support and services to all cancer warriors in Chelan, Douglas, Grant

and Okanogan counties.

LEARN MORE AT: WellnessPlaceNCW.org #509-888-9933



Phytoestrogens

Years ago, while speaking to 120 pharmacy students in an auditorium in Pullman, Washington, I had my first hot flash. I noticed my scalp suddenly feeling hot and prickly. Two heartbeats later, a shower of sweat gushed down my neck and back. In less than 5 seconds, I was soaking wet!

Can phytoestrogens relieve the physical and social discomfort of menopausal symptoms like sudden hot flashes/flushes or their nighttime equivalent, night sweats?

For decades, researchers have noticed how Asian women don't suffer as much from hot flashes during menopause as Western women do, labeling it the "Japanese Effect." The primary reason for this difference is believed to be

typical Asian diet Α contains much more soy than a standard American diet. Foods containing soy and soy concentrates contain phytoestrogens, which are plant-based substances acting in your body in ways and places similar to estrogen.

But eating more soy is only part of the answer. Protection against hot flushes may also depend upon whether your body can change the basic phytoestrogens found in soy into equol, a powerful phytoestrogen. Overall, 30-50% of North American women can convert soy into equol. Asian and Hispanic women can do this more easily.

Phytoestrogens work by attaching or binding to the same places in your body

that other types of estrogens do. These binding sites are called estrogen receptors, or ERs. The two main types of ERs are ER alpha and ER beta receptors. Most estrogens and phytoestrogens bind to ER alpha receptors, which can also stimulate breast and uterine cancer.

However, some phytoestrogens bind to ER-beta receptors, which triggers the opposite effect. Binding to ER-beta receptors can BLOCK the action of estrogen on breast tissue. This is similar to how the estrogenblocking medicines tamoxifen and raloxifene (Evista®) help prevent certain types of breast

Unfortunately, studying the effects of any one phytoestrogen in the body is challenging. One reason is that foods and herbal sources of phytoestrogens contain different types phytoestrogens. The 2 most common types of phytoestrogens are isoflavones and lignans. Soybeans contain isoflavones like genistein and daidzein, while lignans are found in flaxseed, fruits and vegetables, and other foods.

Another reason it's hard to predict the effects of phytoestrogens is that some attach to ER-alpha receptors, some to ER-beta receptors, and some to BOTH, which can create different outcomes. This may explain why phytoestrogens have been shown to encourage weight loss in post-menopausal women in some studies yet

weight gain in others.

Breast Cancer Awareness Month

Depending on their growing conditions, plants can also have variable concentrations phytoestrogens. additional complication is how much estrogen is already in place. Phytoestrogens can act differently in pre-menopausal women compared to postmenopausal women, whose bodies contain much less estrogen.

How much soy do you need to reduce hot flashes/hot flush symptoms? Most clinical studies have used between 40 and 80 mg of phytoestrogens from soy-based products daily. Recent evidence suggests you should start with 2 servings a day of soy foods for 3 months, noting whether you experience fewer episodes of hot flushes/flashes.

One serving of soy food can be 3 ounces of tofu, ½ cup of edamame, ½ cup tofu, ¼ cup soy nuts, or 1 cup of soymilk. Flaxseed, chickpeas, beans, peas, green leafy vegetables, cauliflower, and nuts are good sources of phytoestrogens. After trying soy for 3 months, if you don't notice any decrease in your hot flashes or hot flushes, you can stop it. Can eating soy-based food

cause breast cancer? If you're not a vegetarian, you're unlikely to get enough soy in your diet to increase your risk of breast cancer.

cautious about taking supplements that contain phytoestrogens and estrogen-like compounds. Soy concentrates and herbal products like black cohosh marketed for "menopause support," like Remifemin®, may increase breast cancer

Taking **Phytoestrogens** Safely:

1. You CAN eat food containing soy, even if you have a history of breast cancer.

Moderation is the key. If you are vegetarian or vegan, don't eat tofu or tempeh every day, and watch your consumption of soy milk.

Be cautious with supplements menopausal symptoms.

If you have a family history or an increased risk of breast cancer, avoid taking containing supplements concentrated phytoestrogens, like soy concentrates or black cohosh, until more is known about their long-term effects.

Stick phytoestrogens that have had their potency tested.

The exact concentrations of certain phytoestrogens differ depending on growing conditions. The phytoestrogen supplements measure and standardize every batch to ensure consistent potency.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and the author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and $blog,\ The Medication Insider.$ com. ©2022 Louise Achey

Think Pink

By: Shari Campbell Cascade Medical Foundation

It's October, the time of year when the temperatures start

we celebrate Oktoberfest, all the with beauty our Bavarian village and alpine setting. October also marks National Breast Cancer Awareness Month. Across country,

to cool and

people show their support for everyone affected by breast cancer and the approximately

264,000 women and 2,400 men expected to be diagnosed with the disease this year. Here in Leavenworth and the surrounding communities, the Cascade Medical Foundation and Cascade Medical invite you to take time to know the facts

> and support women in our community. Think Pink. As you stroll shops and restaurants in downtown Leavenworth. may see brightly colored Think Pink fliers. Not only does

this remind us all about Breast Cancer Awareness Month, but it lets you know the business is supporting free and reducedprice mammograms at Cascade Medical – either by making a donation or by selling a "Think Pink" item such as a pink soap, a chocolate with a fun pink design or a pink t-shirt. For women who don't have insurance, the funds donated by these businesses help pay for mammograms, which are still the best tool to diagnose breast cancer. What else should you know about Breast

Know the numbers!

- · One in eight women will
- be diagnosed with cancer Nearly 275,000 women are diagnosed annually with breast cancer
- Most women who get breast cancer don't have

a family history of breast cancer. In fact, only about 15-20% of women diagnosed with breast cancer report having a family history of the disease.

- About 65% of breast cancer cases are diagnosed at a localized stage – there is no sign the cancer has spread outside of the breast and the 5-year survival rate is 99 percent!
- And, importantly, about 47% of women put off preventive care such as mammography due to cost. That's why the funds raised via Think Pink are so important!

• Get your mammogram scheduled. Today.

Whether you're Katie Couric (who was recently diagnosed with breast cancer after forgetting to her annual exam) or Katie from Cole's Corner, getting regular mammograms is your best tool to spot breast cancer in its earliest stages, when it's most treatable and most curable. And, thanks to the work of the Cascade Medical Foundation and the support of our generous community, Cascade Medical has leading edge digital mammography. According to the American Cancer Society,

women between the ages of 40 and 44 have the option to consider getting a screening mammogram. Women 45-54 should get mammograms every year, they say.

Additional guidelines or mammograms vary, based on your age, family history and other health factors. Talk to your health care provider about what's best for you.

To schedule a mammogram at Cascade Medical, just call 509-548-2512. Their friendly, helpful staff will get you scheduled and get your results back within a matter of days, so don't wait.



OCTOBER 8TH 9AM-1PM

ALPINE LAKES ELEMENTARY

brought to you by:





Drive Through Clinic Alpine Lakes Elementary 500 Pine Street

\$35 per person

Available to all! While supplies last.

Questions? Contact Cascade Medical Center 509-548-5815



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RECORD

MIRROR

FERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record **509-682-2213** - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

PUBLISHER'S NOTICE All real estate advertis-ing in this newspaper is subject to the Fair Housing Act, which STVS.TOSTITE
makes it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsi-ble for corrections made thereafter. NCW Media Inc. shall not be responsible for slight changes or typographical errors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisement in any subsequent issue No monetary refunds will be given. For more information all (509) 548-5286.



Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and Online at

NCWMARKET.COM for ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere

509-548-5286 or email classifieds@leavenworth echo.com

Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507 or email mirrorads@lakechelan mirror.com

Deadline Noon on Friday for the next week's

papers

Reverse Mortgage





General Interest

Brewster School District Child Find Notice

The process of locating and evaluating children with developmental delays or other disabilities is referred to as "Child Find." The Individuals with Disabilities Education Act (IDEA) requires all school districts to locate, evaluate, and provide services to individuals birth to age 21 years old who may have a disability. If you suspect your child

or if you know of a child that may have a developmental delay or disability, please contact the Brewster School District Special Education Department at 509-689-2581. The Brewster School

District offers free developmental screenings. These screenings are designed to provide a brief assessment of the communication, adaptive,

cognitive, social-emotional, and motor development of the child. Developmental screening appointments are available. Please contact Krisel Najera at 509-689-2581, extension 2320 to schedule an appointment.

Distrito Escolar de **Brewster** Aviso del Proceso de

Child Find El proceso de localizar y evaluar a los niños con retrasos en el desarrollo u otras discapacidades se conoce como "Child Find". La Ley de Educación para Personas con Discapacidades (IDEA) requiere que todos los distritos escolares ubiquen, evalúen y brinden servicios a personas desde el nacimiento

hasta los 21 años que puedan tener una discapacidad. Si sospecha de su hijo o si sabe de un niño que puede tener un retraso en el desarrollo o una discapacidad, comuníquese con el Departamento de Educación Especial del Distrito Escolar de Brewster al 509-689-2581.

El Distrito Escolar de Brewster ofrece evaluaciones de desarrollo gratuitas. Estas evaluaciones están diseñadas para proporcionar una evaluación breve del desarrollo comunicativo, adaptativo, cognitivo, socioemocional y motor del niño. Las citas de evaluación del desarrollo

están disponibles. Comuníquese con Krisel Nájera al 509-689-2581, extensión 2320 para programar una cita.

WHAT'S

HAPPENING

Need to promote your event?

NCWMarket.com

the best online promotion available

Employment

Help Wanted

NCW Media Newspapers is looking for a Part to full-time reporter to join their team. This would be an amazing opportunity for anyone wanting to get a foothold into journalism, communications, or wanting to strengthen their resume. This job is based in

Leavenworth, WA. Applicants would be covering Leavenworth and the surrounding area for the Leavenworth Echo and Cashmere Valley Record each week, and for the Wenatchee Business Journal that is published monthly Responsibilities would include:

Writing about local events. Photographing sporting events for the local schools.

Uploading content once a week to the web.

For the Wenatchee **Business Journal:** Compiling a list of new businesses/bankruptcies and property listings each

month. Keeping up with people, interviewing local businesses and community members and other assigned duties. Candidate would need to have reliable transportation. Pay will be

based on experience. Email your resume and writing examples to publisher@leavenworth echo.com or call for an appointment to interview

509-548-5286. 10-5 p.m. weekdays. EOE

ocal woman would like occasional cleaning (6-12x/year) for her 2 bedroom, 2 bath, 900' condo on the first floor unit in Leavenworth. supplies provided. Flexible cleaning days and times, \$20 per hour.

Please contact Merry at 425-802-4501.

Data Retriever & Office Support. Full-time. Learn to retrieve court records online and from various court record databases Nationwide. Need person who has a positive, solid work history. Takes pride in their work. On time. Independent. Accurate.

Familiar with using computer and multi-line phone. Also, team player to help office staff get work completed. \$17.00 to start. Begin earning vacation/ sick time

immediately. Spanish speaking a plus. Background Check and Drug Testing required. Send cover letter to Orca@orcainfo-com.com or text 360-840-0326. Attention Rebekah.

Windermere

Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley? Give us a call today!

Robyn Bodajla - 617-462-3402 Momi Palmieri - 509-433-2211 Geordie Romer - 509-679-8958 Allyson Romer - 509-630-9898

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For Sale

General Merchandise

ALL OCCASIONS Greeting Cards ONLY

.50 per card. Special Leavenworth Cards

now only \$1.00 per card for a fundraiser for Royal Ladies of the Autumn Leaves

Example sayings are: Wish you were here with me in Leavenworth.

> "Special Friends" Or I miss you.

Happy Birthday from Leavenworth!

Stop in The Leavenworth Echo office 215-14th St. Open 10-5 weekdays. 509-548-5286

Vehicles

Trucks & Vans

FREE-FREE You will need to haul away. '91Jeep Cherokee 368,000 miles. Some body damage but engine still in good condition, worth around \$1000. It nas not run in a few years Call Carol to see in the evenings. 509-670-1723. See engine at NCWMARKET.COM

Legals

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF KING, JUVENILE DEPARTMENT

IN RE THE DEPENDENCY OF: ADRAININA MARIE MOSER DOB: 06/24/2012 No: 22-7-00927-4 KNT NOTICE OF HEARING

TO: *Mother, Carmen Ann Karnes, and/or anyone claiming parental/paternal rights or interest in the child and to All Whom It May Concern:

On May 12, 2022, a petition for Termination was filed in the above entitled Court, pursuant to RCW 13.34.080 and/or RCW 26.33.310 regarding the above named child, whose parents are

Father, Niya Moser AKA Matthew Allen Moser;* [FOR **FURTHER INFORMATION,** CALL 253-372-5738, 8:00 a.m. -4:30 p.m.]

Said Petition will be heard on October 25, 2022, at 8:30 a.m., at Regional Justice Center Courthouse, Rm 1-L, 401 4th Ave North, Kent, WA 98032, before a judge of the above entitled court, at which time you are directed to appear and answer the said petition or the petition will be granted and action will be taken by the court such as shall appear to be for the welfare of the said child. Appearance at this hearing is required and may be in person or via telephone by calling (253) 215-8782 and entering Meeting ID #460 423 8467.

DATED Tuesday, September 13, 2022 **BARBARA MINER**

KING COUNTY SUPERIOR COURT CLERK BY: HGF, Deputy Clerk Published in the Leavenworth Echo/Cashmere Valley Record on Sept. 21, 28 and Oct. 5, 2022.# 4589.

Public Notices

SUPERIOR COURT OF **WASHINGTON FOR** SNOHOMISH COUNTY

THE MATTER OF THE **ESTATE OF KAREN MCMULLEN** Deceased. No. 22-4-01880-31 NONPROBATE NOTICE CREDITORS RCW 11.42.030 The Notice Agent named below has elected to give notice to creditors of the above-named decedent. As of the date of the filing of a copy of this notice with the court, the Notice Agent has no knowledge of any other person acting as Notice Agent or of the appointment of a Personal Representative of the decedent's estate in the State of Washington. According to the records of the court as are available on the date of the filing of this notice with the court, a cause number regarding the decedent has not been issued to any other Notice Agent and a Representative Personal the decedent's estate has not been appointed. Any person having a claim

against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.42.070 by serving on or mailing to the Notice Agent or the Notice Agent's attorney at the address stated below a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) thirty days after the Notice Agent served or mailed the notice to the creditor as provided under RCW 11.42.020(2)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.42.050 and 11.42.060. This bar is effective as to claims against both the decedent's probate nonprobate assets.

DATE OF FILING COPY OF NOTICE TO CREDITORS WITH CLERK OF COURT: 09/21/2022 DATE OF FIRST PUBLICATION:

The Notice Agent declares under penalty of perjury under the laws of the State of Washington that the foregoing is true and correct. DATED: September 9, 2022. Notice Agent MARK MCMULLEN PO Box 1121 Woodinville, WA 98072 Attorney for Notice Agent: Amber L. Hunt Woodinville Law 13901 NE 175th St, Ste G Woodinville, WA 98072 Published in The Leavenworth Echo/

Public Notices

Cashmere Valley Record on Sept. 28,

and Oct. 5, and 12, 2022. #4602

NOTICE OF PUBLIC HEARING ON CITY OF LEAVENWORTH PRELIMINARY 2023-2024 **BUDGET TO DETERMINE** PROPERTY TAX RATE / AD **VALOREM TAX**

The Leavenworth City Council will hold a public hearing on Tuesday, October 25, 2022 at 6:30 PM at the Leavenworth City Hall on the City of Leavenworth preliminary 2023-2024 budget to review a possible increase in property taxes in review of the ad valorem tax for the 2023 year. Additional Public Hearings for the Budget will occur in November 2022. Copies of the preliminary budget will be available on or before November 2022 Leavenworth City Hall, 700 Highway 2, between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday. The public is invited to attend said hearings and make comment. Published in The Leavenworth Echo/

Cashmere Valley Record on Oct. 5,





Public Notices

CITY OF LEAVENWORTH Notice of Mitigated Determination of Non-significance

NOTICE IS HEREBY GIVEN that the City of Leavenworth has issued a Mitigated Determination of Non-significance (MDNS) per the State Environmental Policy Rules (SEPA, 197-11-340) and the Leavenworth Municipal Code. The lead agency will not act on this proposal for at least 14 days from the date of issuance on October 5, 2022. Description of proposal: The is proposing construction of 300 dwelling units

applicant with common buildings and uses. Proposed Leavenworth Meadows project would construct up to 300 apartments (126 one-bedroom, two-bedroom, and three-bedroom) in up 21 to separate buildings. The development includes infrastructure development for irrigation, water. sewer, stormwater, parking, landscaping and road improvements. The applicant is proposing to construct Phase 1 with primary access from a new road, extending North Road west, from Chumstick Hwy. Phase 2 is identified as completion the primary access road connecting Titus and Chumstick. Phase 2 is not required to be completed for the project but may be completed in coordination with the City of Leavenworth.

Location of proposal: The project site is located in Chelan County within the Leavenworth City Limits. WA Leavenworth Meadows LLC property consists of five parcels. The Assessor's Property ID (PID) numbers are 27533, 27535, 27541, 65770 and 27545 (10380 Chumstick Hwy). Additionally, two City owned parcels are involved with the access road for this project are identified with Assessor's PID 65419 (at 10296 numbers Chumstick Hwy) and 27546. The project is located in Township 24. Range 17E, Sec. 1.

After review of the completed environmental checklist and other information on file, the City of Leavenworth (lead agency) determined this proposal will not probable significant have а adverse impact specific environment with mitigation. An environmental impact statement (EIS) is not required under

43.21C.030(2)(C). The public is invited to comment on this MDNS by submitting written comments no later than October 19, 2022 to Leavenworth City Hall, PO Box 287, Leavenworth, WA 98826 or email lvespier@cityofleavenworth.com. Appeal of the SEPA determination must be in a form consistent with Leavenworth Municipal Code. Materials may be reviewed during

normal business hours. Leavenworth City Hall, 700 US Hwv 2. Leavenworth, or by the Permit Portal. https://cityofleavenworth.com/city-

services/gis-permit-portal/. Published in The Leavenworth Echo/Cashmere Valley Record on Oct. 5, 2022. #4696.



Upgrading your 'ride'? we can help you sell your old one

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classifieds@ leavenworthecho.com

 Call 548-5286 or 782-3781

Public Notices

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of LESTER LYMAN SHALES. Deceased. NO. 22-4-00449-04 **PROBATE** NOTICE TO CREDITORS. personal The representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under **RCW** 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise

decedent's probate non-probate assets. DATE OF FIRST PUBLICATION: October 5, 2022, PERSONAL REPRESENTATIVE: Todd Shales ATTORNEY FOR PERSONAL REPRESENTATIVE: David A. FOR **ADDRESS** Kazemba SERVICE: MAILING OR OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County

provided in RCW 11.40.051 and

11.40.060. This bar is effective as

against both the

Superior Court,
No.: 22-4-00449-04
OVERCAST LAW OFFICES
By: David A. Kazemba,
WSBA No. 48049 Attorneys for
Personal Representative
Published in The Cashmere Valley
Record/Leavenworth Echo on Oct. 5,
12, and 19, 2022. #4666

Public Notices

Statement of Ownership Management and Circulation Required by 39 U.S.C. 3685

The Leavenworth Echo (USPS 308 160) is published weekly at Leavenworth, WA. Annual subscription rates: \$40.00 in Chelan County, \$50.00 outside Chelan County in the United States.

Mailing address:

P.O. Box 39, -215-14th St.
Leavenworth, WA. 98826.
Publisher Carol L. Forhan,
NCW Media Inc.,
P.O. Box 39, 215-14th St.
Leavenworth, WA. 98826.
Editor, Carol L. Forhan.
The Echo is owned by NCW
Media Inc. Stockholders owning 1
percent or more of the total
amount of stock: Carol. L. Forhan
P.O. Box 39, 215-14th St.
Leavenworth, WA. 98826.

Jeff Gauger and Liz Gauger, both 1826 Michel Delving Road. Baton Rouge, LA., 70810 Numbers are average during preceding year and for September 30, 2022.

Total number of copies printed: 1050, 1050. Sales through dealers and carriers, street vendors and counter sales: 380, 380. Total paid and requested circulation: 843, 796.

Free distribution: 15, 16.

Total distribution 883, 838.
Copies not distributed 167, 212.
Total 1050, 1050. Percent paid and/or requested circulation: 95.47%, 94.99%.
I certify that all information is true

and complete. Carol L. Forhan, President, October 5, 2022. Published in The Leavenworth Echo on October 5, 2022.

Public Notices

Statement of Ownership Management and Circulation Required by 39 U.S.C. 3685

The Cashmere Valley Record (USPS 092 600) is published weekly at Cashmere, WA. Annual subscription rates: \$40.00 in Chelan County, \$50.00 outside Chelan County in the United States. Mailing address: NCW Media Inc. Publisher Carol Forhan, P.O. Box 39, 215-14th St. Leavenworth, WA. 98826-1411.

Leavenworth, WA. 98826-1411.

NCW Media, Inc.

PO Box 39, 215-14th St.

Leavenworth, WA. 98826-1411

Editor, Carol Forhan.

The Cashmere Valley Record is owned by NCW Media Inc. Stockholders owning 1 percent or more of the total amount of stock: Carol Forhan, P.O. Box 39, 25-14th St., Leavenworth, WA. 98826-1411

Jeff Gauger and Liz Gauger, both 1826 Michel Delving Road, Baton Rouge, LA., 70810 Numbers are average during preceding year and for

September 30, 2022.

Total average number of copies printed: 288, 255. Sales through dealers and carriers, street vendors and counter sales: 140, 140. Total paid and requested circulation: 274, 263. Free distribution: 15, 15. Copies not distributed: 43, 67. Total 289, 278. Percent and/ or

requested circulation. 94.81%,- 94.60%. I certify that all information is true and complete. Carol Forhan, President.

Published in the Cashmere Valley Record October 5, 2022.

Public Notices

SUPERIOR COURT OF
WASHINGTON
COUNTY OF GRANT
In the Matter of the Estate of:
CAROL A. RAY, Deceased.
No.22-4-00156-13
AMENDED PROBATE NOTICE
TO CREDITORS
(RCW 11.40.030)

The Personal Representative named below has qualified and has been appointed as Personal Representative of the Estate of Carol A. Ray. Any person having a claim against the Decedent must, before the time the claims would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's Attorney at the address stated below a copy of the claim and filing the original claim with the Court. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever parred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and non-probate assets. Date of first publication: September 28, 2022.

September 28, 2022.
Dated this 19th day of September, 2022.

Personal

Karyn Lowther, Representative Wyman Law By: <u>Michael M. Wyman</u>, WSBA #26335

Attorney for Personal Representative Address for Mailing or Service: 2219 W. Broadway Ave., Suite A Moses Lake, WA 98837 Court of probate proceedings and cause number:

cause number:
Superior Court of Washington for
Grant County, Cause No.
22-4-00156-13.
Published in The Leavenworth Echo/
Cashmere Valley Record on Sept. 28,
and Oct. 5, and 12, 2022. #4603

Public Notices Public Notices NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq.108 1st Ave South, Suite 202 Seattle, WA 98104 Trustee Sale No.: WA-19-851164-SW Title Order No.: TSG1706-WA-3255665 Reference Number of Deed of Trust: Instrument No. 9508080068, Book 1048, Page 1464 Parcel Number(s): 23 20 33 110 200 Grantor(s) for Recording Purposes under RCW 65.04.015: JAMES WILLIAM WALLACE JR, AS HIS SOLE AND SEPARATE PROPERTY Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): The Bank of New York Mellon f/k/a The Bank of New York, as successor in interest to JPMorgan Chase Bank, National Association, as Trustee for GSAMP Trust 2003-SEA, Mortgage Pass-Through Certificates, Series 2003-SEA Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: PHH Mortgage I.NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 11/4/2022, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: That portion of the Northeast quarter of the Northeast quarter of Section 33, Township 23 North, Range 20, E.W.M., Chelan County, Washington, described as follows: Beginning at a point on the East line of said section, which point is 896.2 feet South of the Northeast corner of said section; thence North 48°26' West, 110.5 feet to the True Point of Beginning; thence North 09°39' East, 120.0 feet; thence North 56°06' West, 115.0 feet; thence South 09°39' West, 120.0 feet; thence South 56°06' East, 115.0 feet to the True Point of Beginning. Together with that portion of the Northeast quarter of the Northeast quarter of Section 33, Township 23 North, Range 20 East of the Willamette Meridian, described as follows: Beginning at a point on the East line of said Section, which point is 704.60 feet South of the Northeast comer of said Section; Thence South along said East section line, 191.6 feet; Thence North 48°26' West, 110.5 feet; Thence North 09°39' East 120.0 feet; Thence North 90°00'East, 62.6 feet to the Point of Beginning. More commonly known as: 40 E HAWLEY ST, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 7/3/1995, recorded 8/8/1995, under Instrument No. 9508080068, Book 1048, Page 1464 records of CHELAN County, Washington, from JAMES WILLIAM WALLACE JR, AS HIS SOLE AND SEPARATE PROPERTY, as grantor(s), to LAND TITLE COMPANY, as original trustee, to secure an obligation in favor of SOUTHERN PACIFIC FUNDING CORPORATION, A CALIFORNIA CORPORATION, as original beneficiary, the beneficial interest in which was subsequently assigned to The Bank of New York Mellon f/k/a The Bank of New York, as successor in interest to JPMorgan Chase Bank, National Association, as Trustee for GSAMP Trust 2003-SEA, Mortgage Pass-Through Certificates, Series 2003-SEA, the Beneficiary, under an assignment recorded under Auditors File Number 2495614 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$56,440.42. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$195,156.74, together with interest as provided in the Note from 5/1/2019 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 11/4/2022. The defaults referred to in Paragraph III must be cured by 10/24/2022 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 10/24/2022 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 10/24/2022 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 10/18/2019. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale, X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN

or Web site:
http://www.dfi.wa.gov/consumers/homeownership/post_purchase_counselors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in Washington:

ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help

you save your home. See below for safe sources of help. SEEKING

ASSISTANCE Housing counselors and legal assistance may be

available at little or no cost to you. If you would like assistance in

determining your rights and opportunities to keep your house, you may

contact the following: The statewide foreclosure hotline for assistance

and referral to housing counselors recommended by the Housing

Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663)

http://www.hud.gov/offices/hsg/sfh/hcc/fc/index.cfm?webListAction=se arch&searchstate=WA&filterSvc=dfc

The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: http://mvjustice.org/what-clear Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-19-851164-SW. Dated: 6/21/2022 Quality Loan Service Corp. of Washington, as Trustee By: Jeff Stenman, President Trustee's Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-19-851164-SW Sale Line: 800-280-2832 or Login to: http://wa.qualityloan.com/IDSPub #0179307 10/5/2022 10/26/2022.

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Public Notices

Public Notices

NOTICE OF TRUSTEE'S SALE Pursuant to the Revised Code of Washington 61.24, et seq.108 1st Ave South, Suite 202 Seattle, WA 98104 Trustee Sale No.: WA-22-939695-RM Title Order No.: 220397649-WA-MSW Reference Number of Deed of Trust: Instrument No. 2431555 Parcel Number(s): 222010525065 Grantor(s) for Recording Purposes under RCW 65.04.015: DAVE E. FISHER, AN UNMARRIED MAN Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): NewRez LLC d/b/a Shellpoint Mortgage Servicing Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: NewRez LLC, f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing I. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 2/10/2023, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: LOT 4 AND THE EAST 17 1/2 FEET OF LOT 9, BLOCK 2, COLUMBIA HEIGHTS ADDITION TO WENATCHEE, CHELAN COUNTY, WASHINGTON. ACCORDING TO THE PLAT THEREOF RECORDED IN VOLUME 1 OF PLATS, PAGE 97. More commonly known as: 416 WALKER AVENUE, WENATCHEE, WA 98801 Subject to that certain Deed of Trust dated 1/14/2016, recorded 1/22/2016, under Instrument No. 2431555 records of CHELAN County, Washington, from DAVE E. FISHER, AN UNMARRIED MAN, as grantor(s), to PIONEER TITLE COMPANY OF WASHINGTON, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., AS NOMINEE FOR 360 MORTGAGE GROUP, LLC., ITS SUCCESSORS AND ASSIGNS, as original beneficiary, the beneficial interest in which was subsequently assigned to NewRez LLC d/b/a Shellpoint Mortgage Servicing, the Beneficiary, under an assignment recorded under Auditors File Number 2566717 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$9,509.24. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$141,576.25, together with interest as provided in the Note from 1/1/2022 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied. regarding title, possession or encumbrances on 2/10/2023. The defaults referred to in Paragraph III must be cured by 1/30/2023 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 1/30/2023 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 1/30/2023 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 8/10/2022. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS - The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.dfi.wa.gov/consumers/homeownership/post_purchase_coun selors_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: http://portal.hud.gov/hudportal/HUD or for Local counseling agencies in

Washington: http://www.hud.gov/offices/hsg/sfh/hcc/fc/index.cfm?webListAction=se arch&searchstate=WA&filterSvc=dfc The statewide civil legal aid hotline for assistance and referrals to other housing counselors and Web Telephone: 1-800-606-4819 or attorneys: http://nwjustice.org/what-clear Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-22-939695-RM. Dated: 9/27/2022 Quality Loan Service Corp. of Washington, as Trustee By: Jeff Stenman, President Trustee's Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-22-939695-RM Sale Line: 800-280-2832 or Login to: http://wa.qualityloan.com IDSPub #0181331

10/5/2022 10/12/2022 10/19/2022 Published in The Cashmere Valley Record/Leavenworth Echo on Oct. 5, 12, and 19, 2022. #4704

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The Washington Outdoors Report

Eastern Washington bird hunting prospects

By John Kruse

With several bird hunting seasons opening up this month it's time to take a look at what the season ahead has in store for us in Central and Eastern Washington.

WATERFOWL: Year in and year out, Grant County has offered the highest waterfowl harvests in the state. Last year, hunters took home 56,487 ducks and 18,167 geese. The reason for this is habitat. Potholes Reservoir, Moses Lake and surrounding waste water ways and ponds offer ample places for both resident and migrating waterfowl to loiter and abundant grain fields in the area provide a steady food source.

Last year a drought resulted in several long-time ponds drying up. This year, despite a cool, wet spring, there was once again very little rain over the summer months. Couple this with a 23-foot drawdown of Potholes Reservoir and the majority of these ponds remain dry or at very low levels.

Because of this it will be difficult to access traditional hunting areas at the north end of Potholes Reservoir and there is a strong possibility the ponds in the North Potholes Regulated Access Area will be dry again this year. On the other hand, public lands along both Frenchman and Winchester Wasteway, as well as along Lower Crab Creek and Royal Lake, should hold ducks when the season begins. As the season progresses and birds come into the area from the north, hunting along the Columbia River and the Pend Oreille River from Newport to Usk will provide hunters with good opportunities.

One other species to consider is the snow goose. Rarely seen in the past, the Columbia Basin has been discovered by these birds and thousands of them can be now found on Potholes Reservoir and in the surrounding grain fields during hunting season.

PHEASANT: Pheasant hunting in Eastern Washington



Green-winged teal harvested in the Columbia Basin

PHOTO BY JOHN KRUSE

used to be as popular as duck hunting but changing agricultural practices and loss of habitat have resulted in a serious long-term decline for these birds. Now, WDFW does approximately three releases every season of farm raised pheasants on to wildlife areas as part of their Eastern Washington Pheasant Enhancement Program. These releases usually occur in conjunction with the youth opener, the opening day of pheasant season, and a week or two prior to Thanksgiving. Because of rising costs fewer birds have been released in recent years and hunters tend to be jam packed in the wildlife areas following a release, making for a hunting experience that is anything but

An option to this is to pay to hunt on lands not accessible to the public. The Yakima Tribal Nation offers this opportunity near Toppenish for both duck and upland bird hunters. You can find out more about purchasing a permit to hunt there at www.ynwildlife.org/

In addition to this, the Royal Youth Booster Club sells hunting passes out of MarDon Resort that allow you to access up to 25,000 acres of private land to include areas where pheasant

are planted every week until Thanksgiving. You can purchase either a three-consecutive-day pass or a season pass. There are only a limited number of these passes available so you will want to contact MarDon Resort sooner than later if you are interested. The telephone number to call is 509-346-2651. One other thing, the proceeds from these hunting passes goes to youth programs in the Royal City area.

QUAIL CHUKAR: Whereas pheasant populations have been facing a long-term decline, quail populations have grown dramatically in some areas. WDFW biologists in the Columbia Basin state, "Quail hunting is expected to be good again this year with reports from the field painting an optimistic picture." Grant County has lots of public land with good habitat for quail and last year hunters there harvested 11,000 birds.

Chelan and Douglas County (District 7) generally offers good quail hunting too, with a five-year average harvest of 9718 quail. However, those harvest numbers have significantly declined the last two years despite hunter numbers staying stable. Biologists believe wildfires in the area, along with prolonged drought, have knocked back quail numbers in this region. These same conditions have also brought down chukar numbers in this district which in the recent past, has had the highest harvest rate in the state.

that Another place traditionally holds good numbers of quail on state wildlife areas and public land is Okanogan County, especially in the lower elevations. Unfortunately, harvest declined here last year as well, for the same reasons it did in District 7.

On the other hand, Okanogan County should offer good opportunity for both chukar and Hungarian partridge this year. According to WDFW, "Hungarian partridge populations are widely distributed and locally abundant throughout the district's shrub-steppe habitats. Scattered groups of chukar are found in the rocky areas in lower elevations. The steep hills along the Similkameen River in the north part of the Okanogan Valley and the rocky areas of the Pateros and Indian Dan Wildlife Areas typically hold good numbers of birds."

John Kruse - www. northwestern outdoors.comand www. america out doors radio.com

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Icicle Creek

CONTINUED FROM PAGE A1

slate of projects that would collectively form a sustainable water management plan to address the Icicle's chronic water supply issues. The Icicle Strategy is based on a vision "to increase community and ecological resiliency implementing collaborative solutions for water management within the Icicle Creek drainage to provide a suite of balanced benefits for existing and new domestic and agricultural uses, non-consumptive uses, fish, wildlife, and habitat

while protecting treaty and non-treaty fishing interests." The Guiding Principles, of the Icicle Strategy, incorporate over a dozen major projects, which were chosen by means of analyzing the "best available science to identify and support water management solutions that lead to implementation of high-priority water resource projects within the Icicle Creek drainage."

The Group released an Environmental Impact Statement (EIS) in January of 2019 that "identified a mix of conservation and storage modification projects to achieve reliable water supplies

Smith - Cashmere Senior

Horse - Western Gaming - Pole Key Race Intermediate

Smith - Cashmere Senior

Swoboda - Leavenworth Reserve Champion: Faith Smith - Cashmere <u> Horse – Western Gaming</u>

Grand Champion: Greer Swoboda - Leavenworth

<u>– Pole Bending</u>

Intermediate Reserve Champion: Kaylee Smith - Cashmere

Grand Champion: Greer Swoboda - Leavenworth Reserve Champion: Faith Smith - Cashmere

Reserve Champion: Katie Poe - Hartline Senior

Swoboda - Leavenworth **Grand** Champion: Kaylee Smith - Cashmere

Poe - Hartline Senior

Grand Champion: Greer Swoboda - Leavenworth

and instream flows." The projects include:

Alpine Lakes Reservoirs Optimization, Modernization, Automation. which "modernizes and automates the outlet and gate infrastructure at seven Alpine Lakes within the Icicle Creek Subbasin.

Icicle-Peshastin Irrigation Irrigation District Efficiencies that includes improve "options to irrigation delivery and on-farm efficiencies by means of 'canal piping or lining and on-farm efficiency upgrades"

Domestic Conservation Efficiencies that focus "on conservation projects in the City of Leavenworth and Chelan County and implements municipal and rural water efficiency projects such as a lawn reduction program, leak detection and repair, meter installation, and water use conservation."

Tribal and Non-Tribal Fisheries to "ensure that projects and actions taken do not have negative effects on tribal fishery activity in the Icicle Creek Subbasin";

Leavenworth National Fish Hatchery Improvements with "projects to reduce surface water use and improve access groundwater"

Habitat Protection and Enhancement to "implement stream restoration and protection projects such as riparian plantings, engineered log jams, and conservation easements to improve stream habitat and ecosystem health"; and

Screening that Fish "upgrades fish screens on diversions [of] Icicle Creek [to bring them] into compliance with Washington State and federal screening requirements."

yeoman's The completed, over the better part of a decade, by the Icicle Work Group to establish the Icicle Strategy, the EIS, and the projects it outlined, finally made way to the implementation phase. In 2020, among other things, work began to upgrade fish screens near Snow Lakes, off

Icicle Road, and canal lining on the "beats" of the Peshastin and Icicle Irrigation District. Chelan County Natural Resources Manager, Mary Jo Sanborn, summed up what may be the general sentiment of the Work Group when she voiced that "now that the strategy has been developed, we're into the fun part and will soon see some positive results with benefits for all." Davis Washines,

Government Relations Liaison

for the Yakama Nations

Fisheries, had a reserved, yet

equally sanguine perspective, stating that our "right to our waters were given to us by the Creator at the time of creation and important part of that right - and our history - is our special relationship to the salmon, which have a right to complete their life cycle in the manner that was prescribed for them. [Yet,] we share this land and the only way to find solutions is by working together. I have no doubt that by doing so, despite differences, with a holistic approach that includes addressing the effects of climate change, we will improve the condition of our waters." Leavenworth National Fish Hatchery Manager, Mat Maxey, while discussing the Work Group and one of its current projects that will bring into compliance the Icicle's surface water intake and fish passage screening by replacing 1930s infrastructure, echoed Washines's concerns and optimism about the future of the Icicle Watershed: "We have a specific goal, in this case, of protecting endangered species bull trout and steelhead by keeping them out of the Hatchery. The more general goal, though, is to restore for the future the health of the Icicle. We are keenly aware that the actions we take to achieve these goals, all the while considering climate change and the thermal increases it is making to the river, will have effects on generations to come. Collaborative projects are hard but, in the long run, are the most effective way to get things equitably. Water

users on Icicle Work Group

are working diligently to make

it multi-user friendly for the

environment, and to users and community and tribal partners. If we are able to achieve the projects outlined [by the Icicle Strategy], we should be able to alleviate overuse concerns and effects of climate change."

Significantly, the viewpoint of the biggest diverter of Icicle Creek, the Peshastin and Icicle Irrigation District, is largely in line with those of the other Icicle stakeholders. As the former Manager and current Project Manager of the District Tony Jantzer said of the Work Group and the District's role in it: "We're basically trying to make things better -hopefully - for everybody. We're aiming for a sustainable, dependable win-win situation for the fish, the City of Leavenworth, the Hatchery, and the district, which, though not easy with a big diverse group, is doable." Tracy Valentine, the City of Leavenworth's Water Plant Supervisor, continued the same sentiment, while adding that having the City of Leavenworth and the Icicle Work Group "work directly with community, we've found people to be mindful of their

individual water usage when necessary. While the town is almost uniquely lucky to have two sources of water the Icicle and the wellfield which gives us flexibility if one source goes off-line, having a supportive community is equally important. Living and working in a responsible community like ours is every water operator's dream."

Though hurtles remain, that community responsibility, in combination with the projects of the Icicle Work Group, just may help Leavenworth, even as it grows, and the other Icicle stakeholders, achieve drought resilient and climate responsive results to preserve our most important natural resource, thereby meeting the needs of, and ensuring the way of life for, all of Icicle Creek's users, including the natural aquatic habitat, now and in the

For more information on the Icicle Work Group, please refer to the two $out standing\ video\ productions$ it issued: https://vimeo. com/622832352/58847fc44f

4-H Results – Two Barrel Flags CONTINUED FROM PAGE A1

Walk/Trot Junior <u> Horse – Western Pleasure</u>

Junior **Grand** Champion: Macie Zimmerman - Monitor Senior

Grand Champion: Greer Swoboda - Leavenworth Reserve Champion: Faith Smith - Cashmere <u> Horse – Working Pair</u>

Senior

Zimmerman - Monitor

Grand Champion: Faith Smith - Cashmere/ Greer Swoboda - Leavenworth **Horse - Trail Class** Reserve Champion: Macy

Senior **Grand** Champion: Greer Swoboda - Leavenworth <u> Horse – Trail Class – </u>

<u>Walk/Trot</u> Junior Champion: Josie Grand Reichlin - Leavenworth

Horse – Costume Class Junior Champion: Josie Grand

Reichlin - Leavenworth Horse - Western Gaming <u>- Texas Barrels</u> Junior

Intermediate **Grand** Champion: Katie Poe - Hartline Reserve Champion: Kaylee

Smith - Cashmere

Grand Champion: Greer Swoboda - Leavenworth Reserve Champion: Faith

Smith - Cashmere **Horse - Western Gaming**

Junior Reserve Champion: Kaylee

Grand Champion: Greer Swoboda – Leavenworth

Grand Champion: Kaylee

Grand Champion: Greer

<u>– Idaho Figure 8</u> Senior

Reserve Champion: Faith Smith - Cashmere **Horse - Western Gaming**

Senior

Grand Champion: Kaylee Smith - Cashmere

Grand Champion: Greer

Reserve Champion: Katie