



Outdoor Reports
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Cascade School District's Home Link classes take deep dive into local river issue



PHOTO COURTESY OF SHANDA HOLM.

Home Link students look for macroinvertebrates caught in net with help from Cascadia Fisheries.



PHOTO BY MARLENE FARRELL.

Shanda Holm and a student look at the Tumwater Dam and where the repair work will occur next year.



Marlene Farrell
Correspondent

On a chilly morning, Home Link elementary and middle school students and their teacher Shanda Holm were bundled and excited for a tour of the Tumwater Dam, led by Chelan PUD senior fish biologist Catherin Willard and civil engineer Justin Fletcher. This field trip

was one of several this fall for the experiential education class, which has been studying river ecology, and key for the social studies class as it learns about the many stakeholder perspectives around river usage and conservation.

The dam was built in 1906 to power the railroad and never used for powering homes. Now its primary purpose is for mitigation of the negative impacts on fish of the other dams along the Columbia River. Congress mandated mitigation in 1980 when it passed the Northwest Power Act. Subsequently, the Bonneville Power Administration (BPA) added a fish ladder to the Tumwater Dam.

The location is where biologists collect salmon and steelhead for the hatchery programs that bolster the numbers of fish, mitigating for increased fish mortality when fish pass Rocky Reach Dam and Rock Island Dam.

The Yakama Nation Fisheries also uses the Tumwater Dam as one location of reintroduction of coho. Indigenous coho salmon went extinct in the mid and upper Columbia River basins due to hydropower projects and other factors, but they are coming back with these reintroduction efforts.

The students learned about fish counting, which can be done manually as they go through

a detour and automatically for the many fish that have a PIT (passive integrated transponder) tag imbedded subdermally behind their eye.

The students walked through the gate and down the metal stairs to a large platform to view, up close, the dam and the water rushing over it.

Fletcher pointed below the dam to where a repair will occur next year after the permitting process is complete. The Wenatchee River here is steep, and when the flow is high, it moves rocks, causing erosion below the dam. The project will fortify the eroded zone with

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Keeping Up with People

Karl Ruether, Rotary District Governor 5060

SUBMITTED BY KEN KOHNHORST AND KARL RUTHER

Karl Ruether was born and raised in Germany and came to North America in 1986. He has three grown sons and is married to Denise, they currently live in Peshastin, Washington.

Karl started his career in the Hospitality Industry with a Restaurant Apprenticeship in 1976 at the Sport Hotel, Droste, Germany. As is mandatory in Germany, the required Military Service came next followed by achieving the Serviermeister (Master of Service) Certification in 1984.

In preparation to go to the United States, Karl worked as restaurant manager in Southampton, England after which he went to Cornell University in New York for a summer program. At the completion of this program, he worked at one of the hotels at JFK Airport, followed by moving to Tucson, Arizona to open a new All Suite Property.

In 1987, Karl obtained the CFBE (Certified Food and Beverage Executive) designation. From Tucson it was on to Portland, Oregon and then Banff, Canada managing various types of hotels. From there he went to San Bernardino, California and then Leavenworth Washington's Bavarian Village where being from Germany was not a pre-requisite, but it helped. In Leavenworth he and his partners opened the Best Western Icicle Inn in 1992 which is now known as the Icicle Village Resort where he is the General Manager/Partner. In 1995 he obtained the CHA (Certified Hotel Administrator Designation) and after a successful career spanning 40 plus years and four countries, Karl retired from Hotel/Resort operations in December of 2019.

Along the way came various volunteer/appointed positions with Best Western International as a Regional Governor, a board position on the Washington State Hotel and Lodging Association board, serving as Chair in 2005-2006. A Board member and President of Leavenworth Lodging Association, a founding board member of The Leavenworth Summer Theater serving over 10 years. A Rotarian since 1994 and member of the Leavenworth Rotary Club, President of the Leavenworth Club in 2000. (Presidential Citation Achieved). PDG Jim Adamson Sr., was his mentor and friend and sponsored Karl into Rotary. Karl served as Board member of the Leavenworth Chamber of Commerce since 1992 and was Chamber Board President for three years.

In July of 2000 he was selected to serve a one-year term on the newly formed Washington State Tourism Advisory Committee. He was the

CONTINUED TO PAGE A3

Celebrate Christmas in the Mountains with the Leavenworth Village Voices

BY DIANE PRIEBE

The Leavenworth Village Voices community choir can't wait to share the magic of the Christmas season with you this year! After a triumphant return to performing in 2021 after the COVID-19 pause, the Leavenworth Village Voices is welcoming in the 2022 Christmas season with several new members and a repertoire of traditional holiday songs, familiar favorites, and new arrangements. Accomplished choir director Mindy Wall has once again fine-tuned the choir of skilled performers who will be spreading the Christmas spirit to one and all. They will be accompanied this year by Kumchu Dickenson, a talented and expressive local pianist. Performances include a 2 p.m., Sunday

matinee at Leavenworth's Snowy Owl Theater, Icicle Creek Center for the Arts on December 11. This concert will feature both the Leavenworth Village Voices and the Marlin Handbell Ringers, delighting fans of these two long-time Leavenworth musical traditions. A second concert with the Leavenworth Village Voices and guest artists will be featured at the Snowy Owl Theater at 7:30 p.m., on December 11, and a final concert at the Numerica Performing Arts Center (PAC) in Wenatchee at 7:00 p.m., Saturday, December 17. Visit www.leavenworthvillagevoices.org for details and to purchase tickets. Tickets will also be available at the door.

For over 40 years, the Leavenworth Village Voices has been sharing

the joy of music with locals and visitors alike. Founded in 1982 with a mix of local church choirs and enthusiastic community members, the Leavenworth Village Voices started as a year-round choir, echoing Leavenworth's Bavarian theme through traditional music and German attire. After 40 years of musically enriching our community, today's full choir performs exclusively during the Christmas season. The Women's Ensemble formed from choir members who wished to perform year-round. Together, the choir is guaranteed to inspire and spread the joy of the season.

Music for this year's concerts include Christmas classics such as "Carol of the Bells," a modern take on an old French melody in

"Sing We Now of Christmas," and a toe-tapping variation of "Deck the Halls," called "A Very Merry Fa-La-La." The choir is also delighted to be performing "Christmas Town," a new song composed by James Knight in honor of our very own Christmas Town of Leavenworth, Washington. The two evening concerts will end with the choir's tradition: a sing-along of Handel's magnificent "Hallelujah" chorus, an audience favorite. In addition to its choral pieces, LVV concerts will feature talented local artists, including Eric Link, the Bavarian Brass, Russian indie pop sensation BOSAYA, and Corban Welter. There is something for everyone, from kids from one to 92!

You may also hear the Leavenworth Village Voices perform in the Front Street gazebo during the final weekend of Leavenworth's Village of Lights in on Sunday, December 18 at 5 p.m., Small groups of choir members will also lead caroling in the streets in downtown Leavenworth during each of the Christmas Lighting Festival weekends. If you've never attended a Leavenworth Village Voices concert, don't miss out this year. Give yourself and your loved ones the gift of the Christmas spirit through music, while supporting this hard-working nonprofit organization in your community. The performances are guaranteed to inspire and send the audience out the doors spreading the peace, hope, and love of the season!

For more information about the Leavenworth Village Voices or how to contact them to sing at your special event, find them on Facebook or at www.leavenworthvillagevoices.org.

PHOTO BY HEIDI SWOBODA
Leavenworth Village Voices



SUBMITTED PHOTO.

Rotary District 5060 Governor Karl Ruether

Inside The ECHO this week

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The Marlin Handbell Ringers announces Holiday Concerts

SUBMITTED BY ALEX WEIRICH

The Marlin Handbell Ringers are excited to announce four Christmas concerts this holiday season, including a special joint concert with Leavenworth Village Voices.

Ring in the season with 10 ringers and 108 English handbells and experience your holiday favorites through the delightful and enchanting sound of the bells!

The schedule includes:
Sunday, December 4 at 4 p.m. - Marlin Handbell Ringers at Saddlerock Church

- Admission by donation.
Saturday, December 10 at 3 p.m. - Marlin Handbell Ringers at George Community Hall - \$5 at the door, free for ages 12 & under.

Sunday, December 11 at 2 p.m. - Marlin Handbell Ringers & Leavenworth Village Voices at Icicle Creek Center for the Arts, Snowy Owl Theater - Tickets \$20 adults, \$18 senior, \$10 student at icicle.org

Sunday, December 18 at 5 p.m. - Marlin Handbell Ringers at Grace City Church - Tickets by donation at <https://brushfire.com/gracecitychurch>

More information at marlinhandbellringers.com

About the Marlin Handbell Ringers The Marlin Handbell Ringers is a non-profit community music group that has been captivating Leavenworth audiences for over forty years. Formed in 1979 to help promote the "Bavarian Village", our group consists of ten ringers and 108 English handbells. The group regularly performs in December and May in various locations around North Central Washington. www.marlinhandbellringers.com



This holiday season, donate financially or give blood to help those facing future crisis

SUBMITTED BY BETSY ROBERTSON

2022 has been a year of crisis for families in the Northwest Region and around the world, from devastating wildfires here at home, to global emergencies like the conflict in Ukraine, to the first-ever national American Red Cross blood crisis.

"Whether a crisis is felt by an entire community or a single person, it turns lives upside down, especially for the most vulnerable," said Alex Dieffenbach, CEO of the American Red Cross Northwest Region. "This holiday season, join us to provide help and hope for people in need during future emergencies by making a financial donation or by giving blood." You can help your neighbors in need this Giving Tuesday and throughout the holiday season. Visit redcross.org/northwest to make a financial donation, an appointment to give blood, or to register as a volunteer.

Responding to disasters of all sizes. This year's extreme disasters in the U.S. are clear

examples of the increasing frequency and intensity of the climate crisis. So far in 2022, 15 billion-dollar disasters have upended lives across the country, more than twice the number of billion-dollar disasters that struck annually two decades ago.

For these and tens of thousands of other disasters in the Northwest Region and across the country, Red Cross volunteers have worked 24/7 to provide shelter, food and care. Dozens of Northwest Region volunteers recently raised their hands to help in Red Cross recovery efforts after Hurricane Ian struck Florida. In February 2022, Lacie Clark, a member of the Northwest Region Services to the Armed Forces team, left her family and Spokane, WA home, to support troops in Kuwait during the conflict in Ukraine.

Here in the Pacific Northwest, Red Cross volunteers have also provided relief and comfort after home fires, wildfires and widespread flooding, to help ensure no one faces a crisis of any size alone.

Helping families affected by global emergencies. Internationally, the conflict in Ukraine has forced millions of people to flee for their lives. With such vast needs, the American Red Cross has provided financial donations and international crisis responders to support the global Red Cross network's response on the ground, which spans more than a dozen neighboring countries to deliver food, shelter, medical care, emotional support and other critical aid for displaced families.

Meanwhile, the American Red Cross has also provided financial support to the ongoing hunger crisis in Africa. Overall, this year, as part of the world's largest humanitarian network, the American Red Cross provided humanitarian aid in more than 108 countries.

Providing support for personal emergencies. In the Northwest Region, Red Cross workers have helped people through personal emergencies too, whether it was opening a safe shelter

during southwestern Washington flooding and the Bolt Creek Fire, supporting our community's military families on Joint Base Lewis-McChord, Fairchild Air Force Base, and Naval Station Everett, or responding to individual home fires across the state. So far in 2022, Red Cross disaster teams have responded to more than 1,000 disasters in the Northwest Region, providing more than 3,600 people with emergency assistance, comfort, and care.

Overcoming the first-ever Red Cross Blood Crisis. In January 2022, the Red Cross experienced its worst national blood shortage in over a decade due to ongoing collection challenges and varied hospital demand during the pandemic. Patients in need of lifesaving blood transfusions relied on an outpouring of support from hundreds of thousands of generous blood donors to overcome the crisis.

Beyond national headlines, the need for blood is constant. One in 7 patients entering a hospital will need a blood transfusion. As seasonal

illness and the threat of winter weather ramp up this holiday season, make a donation appointment and be a lifeline for car accident victims, parents with complicated childbirths, individuals battling cancer and people with sickle cell disease.

Give thanks and give back. Now is the time to make and keep blood donation appointments. As a thank-you, all those that come to give Nov. 23-27 will get an exclusive Red Cross beanie, while supplies last. Thanks to our partners at Amazon, all donors who come to give blood Nov. 28-Dec. 15 will receive a \$10 Gift card by email.*

Upcoming Chelan County blood donation opportunities Now to December 15.

Cashmere: December 6, 12:30-5:30 p.m., Cashmere United Methodist Church, 213 S. Division Street, Cashmere, 98815.

Wenatchee: December 7, 11 a.m. - 4 p.m., Kings Orchard Church of Christ, 1610 Orchard Avenue, Wenatchee, WA 98801.

*Terms apply. Visit redcross.org/together.

About Our Regional Holiday Supporters: The Red Cross is grateful for corporate partners who contribute to our Holiday Campaign. Thanks to the generosity of these and other supporters, the Red Cross is able to bring help and hope to people in need.

About the American Red Cross: The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross.org or CruzRojasAmericana.org, or visit us on Twitter at @RedCross.

ICICLE CREEK CENTER FOR THE ARTS | **SNOWY OWL THEATER**

THE HOLIDAYS AT ICICLE CREEK

ARC DANCE <i>Nutcracker Sweets</i> DECEMBER 2 & 3	GINA WILLIAMS <i>Christmas Time In Concert</i> DECEMBER 8, 9 & 10	CHRISTMAS WITH THE <i>Gothard Sisters</i> DECEMBER 15, 16 & 17	ALLEN FITZPATRICK <i>A Christmas Carol</i> DECEMBER 17 & 18	MAGICAL STRINGS <i>Celtic Yuletide</i> DECEMBER 21 & 22	ICICLE CREEK'S <i>Candlelight Messiah</i> DECEMBER 23 & 24
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INFORMATION & TICKETS
ICICLE.ORG OR (509) 548-6347

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COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

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 Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
 For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
 Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

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COMMUNITY CALENDAR

Wednesday
Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District: meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.

Thursday
Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday
Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristalls at Noon, email wordenmike@yahoo.com or call 509-238-3925 for more information.

Saturday
 No Saturday or Sunday events scheduled

Monday
Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30-8:00 p.m. Call Terri 509-393-8271 for more information.
Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Meetings now at Highlander Golf Club, 2920 Eighth St. S. E. East Wenatchee. Please, RSVP if you want to have lunch. Cost for lunch is \$18; Cost for meeting with beverage and dessert only \$8 (no outside food please). Check-in begins at 11 a.m., and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).

Tuesday
Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.iid.pid@nwi.net, (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)
Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

NCW Libraries
 Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10:00-2:00. Closed Sun. and Mon.

Other events
The Greater Leavenworth Museum, formerly known as the Upper Valley Museum, is open daily through Tuesday, January 2nd, from 11 a.m. to 4 p.m. Check their Facebook page or website at http://www.leavenworthmuseum.org www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
 Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
 509-548-1627, 548-4522, 664-6469, 206-719-3379
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, call 509-548-7939
 Monday, 7 p.m., United Methodist Church, 418 Evans St.
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.

Leavenworth

The Leavenworth Women's Exchange annual Christmas party

On Wednesday, December 14, at 6 p.m. at the Tumwater room at Icicle Village Resort, 505 Highway 2. The cost of dinner is \$35 per person. Each person brings a small gift (\$15 limit) to exchange. Invite a friend and enjoy an evening of wonderful food, socializing and our renowned gift exchange. For information, entrée choices and reservations, contact Claire Burlingame, 509-548-7142 by Thursday, December 8

Celebrate Christmas with the Leavenworth Village Voices

Join the Leavenworth Village Voices (LVV) for one of

three concerts this Christmas season. Come share the magic of the Christmas season with us this year. Performances 2 p.m., Sunday Matinee on December 11 with the Marlin Handbell Ringers at Leavenworth's Snowy Owl Theater. The second concert with LVV and guest artists will be at 7:30 p.m., December 11 at the Snowy Owl Theater. The final concert will be December 17, 7 p.m., at the Numerica Performing Arts Center (PAC) in Wenatchee. Tickets are available in advance at https://www.leavenworthvillagevoices.org/, or at the door. Merry Christmas from your Leavenworth Village Voices.

Merry Christmas Seniors

The Leavenworth Senior Center invites all community seniors to join us for a fun traditional ham and side dishes for our Christmas lunch, from 12-1:30 p.m. on Wednesday,

December 14. Must call for a reservation by December 10. 509-548-6666. \$8.00 per meal.

Library Events

Children's Holiday Party at the library

Join us at the Annual Holiday Children's Party, hosted by the Leavenworth Friends of the Library at the Leavenworth Library on Thursday, December 8 from 6-7 p.m. There will be a special holiday, Storytime, crafts, and refreshments. All ages are welcome.

David Haire Art Show

Will be at the Leavenworth Library through December 30. Growing up in Leavenworth, David spent a lot of time drawing instead of schoolwork. During college and after he tried many other jobs, but finally landed back to drawing. He now works as an independent illustrator. Stop by the Fireside Room in the Leavenworth Library to see the art.

Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

Nov. 18	.Shore Dr., Lake Wenatchee 11:10 Welfare Check, 1250 US Hwy. 2, McDonald's	Prowell St. 20:31 Traffic Offense, 253 Scholze St.
No report available.	19:04 Suspicious Circumstance, Nibbelink, and North Roads	23:22 DUI Arrest, 7206 US Hwy. 97, Peshastin
Nov. 19	09:03 Property, Leavenworth area 10:47 Animal Problem, US Hwy. 2 and Alpengsee Strasse 12:17 Suspicious Circumstance, US Hwy. 2, and River Bend Dr. 15:48 Disturbance, 590 US Hwy. 2, Enzian Motor Inn 17:19 Animal Problem, 590 US Hwy. 2, Enzian Motor Inn 20:33 Traffic Offense, US Hwy. 97, and Campbell Rd., Peshastin 21:30 Domestic Disturbance, 636 Front St., Viscontis	Nov. 22
Nov. 20	01:20 Agency Assist, 17515 N	07:55 Harassment/ Threat, 1250 US Hwy. 2, McDonald's 08:31 Suspicious, 7944 Eagle Creek Rd. 09:03 Public Assist, 130 Wilcox Ln., Plain 09:51 Public Assist, 10224 Titus Rd. 12:01 Alarm, 423 Evans St. 12:30 Non-injury Accident, US Hwy. 2, and River Bend Dr. 12:53 Unknown-injury Accident, Chumstick Hwy. and Freund Canyon Rd. 18:28 Welfare Check, 304 Tumwater Dr.
	00:38 Public Assist, 213 9th St., Post Office Saloon 09:21 Harassment/ Threat, 27875 White River Rd., Lake Wenatchee 09:29 Non-injury Accident, Commercial and Division Streets 09:49 911-call, 810 US Hwy. 2, Bavarian Lodge 15:03 Welfare Check, 520 Pine St. 17:58 Fireworks, 12600 block	

Historic cabin burns down in Lake Wenatchee

BY: GEORGE WILSON

On November 20, an early Sunday morning fire destroyed a historic 1929 cabin in the 17500 block of North Shore Drive. Thankfully there were no injuries or deaths from the fire. At the early hour, the structure fire was not noticed by neighbors until it was well involved. Responding crews protected nearby homes and managed the challenges of ice and temperatures in the low teens. With no hydrants nearby water tenders supplied suppression crews. The cause of the fire remains under investigation with the Chelan County Fire Marshal's office.

Karl Ruether

CONTINUED FROM PAGE A1
 recipient of the 'Outstanding General Manager of the Year Award' from the Washington Lodging Association in 2005, as well as the 'All Star Governor Award' in 2003 from Best Western International. Karl accepted several Committee assignments in his role as a Best Western

Governor that included the Chair of the Education and Training Advisory Committee, a few years back, and then Chairman of the Quality Assurance Advisory Committee (2015).
 On July 1, 2019, Karl was appointed Assistant District Governor for Rotary District 5060, and now he is serving as the DG District Governor for the Rotary year 2022-2023.

Fellow Rotarians, thank you for the confidence you have placed in me for this important role. I am really looking forward to meeting many if not all of you in this exciting continuation of my Rotary Journey. PDG Marvin Monroe used to say, "Rotary is a journey not a Destination" and it is an honor to serve in this role and work closely with many of you.

Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates.

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OBITUARY

Adele Dirkse

July 9, 1941-November 16, 2022

Adele Dirkse passed away on Wednesday, November 16, 2022, following a heart attack. She was 81 years old. Adele was born in Rugby, North Dakota, on July 9, 1941, to Lennart and Edythe Jacobson. She was the oldest of three sisters. In 1942 the

family moved to Spokane, WA. In 1960, she married Jerry Dirkse, then in 1966 they settled in Leavenworth, WA, where they raised four children. She was a grandmother to 18 and great-grandmother to 11. A memorial will be held at the Leavenworth Nazarene Church on Friday, December 2, at 3 p.m.



OBITUARY

Leaunna (Lea) Royster-Smithee

"The Queen of Everything" and longtime Leavenworth, WA., resident, passed away peacefully on November 4, 2022, following an extended illness. She is survived by the love of her life Bruce, her son Eric Royster and all the

family and friends that loved her. You know who you are. At her request, there will be no memorial service, however donations may be made in her memory to the Hospice Foundation of America, 800-854-3402.



Who put the Epsom in Epsom Salt?

After two days of work digging a trench on our property, my husband Charlie's feet ached. He called out from our bathroom, "I'm going to soak my feet. Where is the Epsom Salt?"

Epsom Salt is another name for magnesium sulfate. In 1675, Dr. Nehemiah Grew obtained magnesium sulfate crystals from evaporating the mineral water of Epsom, England. The mineral water from the Seiditz Spring in Germany was nearly identical to the water from Epsom and also used as a source of magnesium. At first, Seiditz Salt and Epsom Salt were used interchangeably to refer to magnesium sulfate. Today, Epsom Salt is the only name that remains.

In Colonial America, magnesium sulfate was produced from rock veins near Baltimore and southern Pennsylvania. By the late 1880s, salt mines were replaced by evaporating seawater. After extracting sodium chloride (table salt) from seawater, the brine left over contains nearly pure magnesium sulfate, AKA Epsom Salt.

Often packaged in quart-sized milk cartons, Epsom

Salt or magnesium sulfate is a white, odorless powder that tastes salty and bitter. It is widely used today, externally as a solution for soaking sore feet and muscles and internally to relieve constipation.

In the 1800s, ensuring your bowels moved frequently was considered essential to your health. Bowel movements were widely believed to remove toxins from the body, and the way to stay healthy was to prevent toxins from building up. That meant making sure you and your loved ones emptied their bowels regularly. To support this belief, many patent medicines, called cathartics, contained compounds that stimulate bowel movements. The least intense of these were called laxatives. The next powerful cathartics were called "purgatives," and the most potent cathartic compounds were "drastics." Epsom Salt is a salt-based laxative and can be either a laxative or a purgative, depending on the dose used.

Other magnesium products with stimulant action on your bowels include magnesium hydroxide and citrate. Magnesium hydroxide is

less potent than magnesium sulfate, with its milky white color inspiring the name "milk of magnesia." Some milky white liquid antacids, like Maalox® and Mylanta®, contain magnesium hydroxide.

Magnesium citrate is sold as a clear solution containing sodium bicarbonate and citric acid to make it carbonated. This liquid laxative is available in a glass bottle as "citrate of magnesia."

When you add magnesium sulfate (Epsom Salt) crystals to water and drink it, it pulls extra water into your intestines,

making your stool more liquid. This watery stool moves more quickly through your intestine, colon, and rectum. The more concentrated the solution of magnesium sulfate, the more powerful its laxative effect.

Soaking in a saline solution like table salt or Epsom Salt can help shrink tissues by pulling fluid out of them. This can help decrease swelling and pain. Soaking in warm table salt or Epsom Salts also softens and shrinks the skin around embedded foreign bodies like splinters and insect stingers. This often makes them much

easier to remove.

Like my husband, you can add Epsom Salts to foot soaks or bath water for a therapeutic bath to relieve aches. The magnesium in Epsom Salt can be absorbed through the skin, helping to alleviate muscle cramps.

Epsom salt is safe when used externally for soaking, but be careful about taking it by mouth, as the amount of magnesium absorbed into your body can be unpredictable.

One woman died from gargling with Epsom Salts due to absorbing excessive magnesium, causing her heart to stop. Another woman almost died from heart block after using an enema made from 3 tablespoons of Epsom Salts dissolved in warm water. Two children went into cardiac arrest, and one died after consuming several doses of a mega-mineral supplement containing a large amount of magnesium.

If you use Milk of Magnesia or magnesium citrate for constipation, DO NOT exceed the doses recommended on the label.

Here are 3 Key Facts About Epsom Salt:

1. Magnesium is absorbed through the skin.

Soaking in warm water with magnesium salt has a



Ask...
Dr. Louise

calming effect on muscles. This can help relieve aching feet, restless legs, or nocturnal muscle cramps.

2. Salt soaks can prevent infection.

Soaking splinters in hot salt water (either Epsom Salt or table salt) for at least 20 minutes, 1-2 times daily, can discourage infection. Salt soaks help keep the top of the skin open. This makes the splinter easier to extract while preventing the development of an abscess.

3. Never exceed recommended doses.

Magnesium can be unpredictable when taken internally. Taking too much can depress the action of your heart.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2022 Louise Achey

Winter Reading Program begins December 1

SUBMITTED BY MICHELLE MCNIEL
Public Relations Specialist
NCW Libraries

NCW Libraries wants to crank up the reading thermometer through the cold winter months. The library district's annual all-ages Winter Reading Program kicks off December 1 with a goal of collectively reading 1,000

books across North Central Washington through the end of January.

The winter program is designed to motivate people to read by setting goals, logging their completed books or minutes read, and getting ideas from library staff and other library patrons.

"Our winter program is

all about reading for fun and creating a culture of reading across our five-county library district," said Jessica Lynch, Teen Services Manager for NCW Libraries. "We want people to be excited about reading, share their love of books, and be inspired and encouraged by each other."

People can participate in the

Winter Reading Program in two ways. 1: Set personal reading goals and track them on printed reading logs available from any of NCW Libraries' 30 branches in Chelan, Douglas, Grant, Okanogan and Ferry counties or the community bookmobiles. Logs that are completed and returned to the libraries will help meet reading goals set

for each community. 2: Sign up online using the Beanstack app and help the library district reach its system-wide goal of reading 1,000 books.

Children who meet their goals can choose from a selection of rubber duckies available at libraries and on the bookmobiles. People of all ages who participate online will earn digital raffle

tickets for prize drawings. NCW Libraries will offer reading suggestions through library displays and social media posts, and library patrons will be encouraged to make book recommendations and write book reviews. Register for the Winter Reading Program starting December 1 at a community library, bookmobile, or online.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE UNITED METHODIST CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m.
until further notice.
Pastor Lilia Felicitas-Malana

CHRIST CENTER
Sunday Worship Service at 10 am
5800 Kimber Rd., Cashmere
509-782-2825
christcentercashmere.com

GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
Services, 10 a.m.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
Services, 9:00 a.m.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

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10:30 a.m., Worship Service

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621 Front St. • 251-635-3435
Sunday Worship 10 a.m.

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

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8455 Main Street
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org

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Sunday Worship, 10 a.m.
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Home Link

CONTINUED FROM PAGE A1

concrete. The last rehab on the dam was about 25 years ago.

Holm pointed out a measuring device in the river by the platform, encouraging the students to ponder what is being measured. After a moment to think, they came up with ideas about the height of the water and the rate of flow.

The children enjoyed going up and down the steps of the wide metal walkway, mimicking what salmon would do below, where the fish ladder is, each step matching the one above. To reinforce concepts and to keep kids moving and warm, Holm challenged the students with a spontaneous game to “go find” one of the steps that had a PIT tag reader below it, which Willard had pointed out earlier.

Willard then showed the class where fish are trapped and pulled out, either for

hatchery collection, or for measuring weight, length, noting sex and fish origin (hatchery or wild) and taking a scale sample. The students knew from their studies that the annuli, or growth rings, on scales can be used to determine age.

Lifting a few smaller students up to peer inside empty holding tanks (for fish bound to become hatchery broodstock), Holm made the class connect the dots between their learning and what they were seeing.

“Why are there rules about the number of fish in the holding tank for a given water temperature?” Because warmer water temperatures can be harmful to fish.

“Why is cold water important?” Because cold water holds more oxygen.

“If they can pump more oxygen into the holding tanks, how do fish get the oxygen they need in the river?” After a pause, the students figured out that rapids, with their frothing water, add oxygen to

the river.

Holm has done extraordinary work to help her students dive deep into how river ecology, resource use and indigenous cultural heritage intersect. For the social studies class for grades 4th-8th, the students have been learning the perspectives of various stakeholder groups, including the Yakama Nation, Washington Department of Fish and Wildlife, Chelan PUD, American Whitewater and Cascadia Fisheries. Representatives from each of these organizations gave presentations to the class.

“Students did research by first-person interviews and follow-up interviews and using a textbook that was compiled from articles collected from each of the stakeholder groups,” explained Holm. “On December 5, students will present their stakeholder positions to Representative Keith Goehner. He will then discuss how he uses stakeholder meetings to help inform him about how we

use and manage our natural resources.

“Students were very nervous about presenting to Representative Goehner. When I shared with them that he is an orchardist/farmer, the students seemed to relax, and one student said, ‘Oh. I can talk to an orchardist, no problem.’”

The experiential education class, for grades K through 8th, took a prior field trip to the Rocky Reach Dam, releasing lamprey with the Yakama Nation and the Beaver Valley School. They had a float trip on the Wenatchee River, learning about salmon spawning surveys and fecundity studies with WDFW, and participated in snorkeling and macro invertebrate studies with Cascadia Fisheries.

These applied learning experiences couldn't have happened without financial support that Holm sought out and acquired. “We received a grant from the Community Foundation of North Central

Washington and Confluence Health to help with the transportation for field trips and allowed us to bring Mary Big Bull Lewis [sharing the importance of salmon in p'squosa heritage] into the classroom during Native American Heritage Month. Orion Rafting donated the boats and gear needed for on the water and in the water activities.”

The Home Link students have gained a profound understanding of the Wenatchee River watershed, and how it is an essential natural resource at the heart of many competing needs. When the students hold their upcoming mock stakeholders meeting, they'll use critical thinking and communication skills to grapple with how to balance those needs.

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DOH strongly urges individuals get vaccinated to prevent spread of flu

Communities seeing rapid increase in flu activity across the U.S.

SUBMITTED BY DOH

OLYMPIA – The Washington State Department of Health (DOH) wants the public to know flu cases are rising quickly in Washington state and nationwide. Flu hospitalizations are at the highest rates seen in 10 years for this point in the year. In the last two weeks, DOH is reporting high cases of flu-like illnesses in Washington.

Flu illness can have serious health consequences, especially for people who are under five years old, age 65 or older, pregnant, immunocompromised, or have chronic health conditions.

In addition to the flu, other respiratory illnesses, such as COVID-19 and RSV, are combining to push our hospitals to emergency capacity. Help keep yourself and your community healthy by getting a flu vaccine and taking other measures to prevent illness.

“Our state’s pediatric healthcare system is overloaded with extremely high numbers of children with respiratory infections,” said Tao Sheng Kwan-Gett, MD, MPH, chief science officer for DOH. “Families urgently need to do everything they can to keep everyone healthy and avoid the need for healthcare, and flu vaccination is one of

the most important prevention tools.”

Following the proper prevention and hygiene practices can halt the spread of respiratory illnesses. Washington State Department of Health recommends:

- Get vaccinated. Vaccination is your best defense against flu and COVID-19.
- Wash your hands frequently with soap and water. Use hand sanitizer when soap is not available, and hands are not visibly soiled.
- Consider wearing a mask in crowded settings.
- If you are sneezing or coughing, wear a mask or use the crook of your arm or a tissue to avoid getting germs onto your hands or spreading virus in the air.
- Avoid close contact with sick individuals.
- If you feel sick, stay home.



far is influenza A (H3N2). This strain typically causes more severe disease. All available flu vaccines provide protection against H3N2.

DOH strongly recommends everyone aged 6 months and older get the flu vaccine as soon as possible. It takes two weeks for the flu vaccine to be effective making it a key time to get vaccinated before people get together for the December holidays. If you get the flu when you are vaccinated, it's typically milder and the vaccine can prevent serious complications including hospital care. The flu vaccine is available at most pharmacies, health care providers' offices, and clinics. State employees are eligible to receive SmartHealth points for receiving a flu vaccine. The flu vaccine can be received on the same day as the updated COVID-19 updated booster and other vaccines.

Flu alert: Leavenworth

The Cascade School District has encouraged students and staff to mask up while indoors at least through Dec. 7 as it experiences an outbreak of influenza.

In some school buildings about 25% of students are absent due to flu-like symptoms, according to a Cascade School District social media post.

The Chelan-Douglas Health District is strongly recommending that people mask up in crowded public places, which the school district is taking to heart to keep its schools open, according to the post.

“I’ve spoken with several superintendents and school nurses over the past week,” said Dr. James Wallace, health officer for the health district, at Monday’s monthly board of health meeting. “Some difficult decisions to make out there, but it’s always better if we can do that in a collaborative way.”

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Sports Schedule

GIRLS BASKETBALL	
Dec. 1:	Cascade vs. Kittitas at Home 5:45 p.m.
Dec. 2:	Cascade vs. Connell, Away 6 p.m.
Dec. 6:	Cascade vs. Cle Elum-Roslyn, Away at 6 p.m.
BOYS BASKETBALL	
Dec. 1:	Cascade vs. Kittitas at Home 7:15 p.m.
Dec. 2:	Cascade vs. Connell, Away 7:30 p.m.
Dec. 6:	Cascade vs. Cle Elum-Roslyn, Away at 7:30 p.m.
GIRLS WRESTLING	
Dec. 3:	Ladycat Kick Off Tournament, Away at Eastmont 7 a.m.
BOYS WRESTLING	
Dec. 3:	HS Wrestling Tournament, Away at Omak 8 a.m.

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A big congrats to October's Motivated Mountain Lions! This month's focus was on humility!



Amelia Morgan
 6th Grade
 Amelia Morgan stands out for this month's Motivated Mountain Lion for 6th Grade. While Amelia is constantly pushing herself to be the best she can in every subject, striving to produce high quality work, she does so humbly. Amelia does not seek attention for completing tasks quickly or for helping out her classmates. Instead, when working with classmates, she uses her ability to help build-up her classmates with kindness and patience in a way that makes them feel successful and part of what is going on. While Amelia has so much to be proud of, she strives to put the attention on those that it belongs to in recognizing the hard work of everyone around her, instead of herself.



Gabe Simon
 7th Grade
 The 7th grade team has chosen Gabe Simon as this month's Motivated Mountain Lion for humility. Gabe has an accurate opinion of himself and puts his accomplishments into perspective. He acknowledges his abilities but can also laugh and own his mistakes. Gabe is a well-balanced individual and we appreciate having him in class.



Madi Risdon
 6th Grade
 Although they are one of the more musically talented students in their class, they are consistently respectful of the growth of others and take care to not dominate and take care to not dominate class discussions. They have also been proving to be silent leaders for their voice parts and offer themselves as support through their actions.



Aaliyah Anthony
 6th Grade
 Aaliyah Anthony stands out as a Motivated Mountain Lion in 6th grade, but not because she calls attention to herself. More for the opposite. Aaliyah consistently digs into work and pushes herself to be the best she can. Because of this, she produces quality work while also being helpful to her peers in a way that builds up the other person. Although she has much to be proud of, Aaliyah presents herself as a down-to-earth, approachable person striving to improve and grow. Every day, I appreciate her.

Mountain Lions ICICLE RIVER MIDDLE SCHOOL STUDENTS

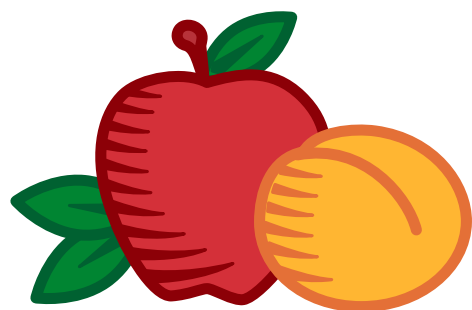


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7	1	3	8	6	9	5	4	2
2	6	4	5	1	3	8	9	7
9	5	8	2	4	7	1	3	6
4	2	9	1	3	5	7	6	8
8	7	1	6	9	4	3	2	5
5	3	6	7	2	8	9	1	4

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Help Wanted

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following position:

- Cascade High School Head Volleyball Coach

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

CASCADE SCHOOL DISTRICT

School District is seeking qualified applicants for the following position:

- Cascade High School Head Girls Basketball Coach

Fast Track application process and information can be found on our website at www.cascadesed.org EOE

Looking for a great local employee? It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only for The Lake Chelan Mirror Quad City Herald Brewster** Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR **Leavenworth Echo Cashmere Record** 509-548-5286 or send email to classifieds@leavenworthecho.com

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

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Your ad will appear online and in the newspapers for one low price !

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Leavenworth: **FOR SALE**
White 2008 GMC TRUCK 1/2 ton, 4 x 4 , V-8 extended cab and a canopy. Very clean, 143,964 miles, lots of extras. \$17,000,OBO Call to make appt. to see Carol 509-670-1723. See photo on NCWMARKET.COM

Legals

Public Notices

NOTICE OF EQUALIZATION
NOTICE IS HEREBY GIVEN that the Assessment Rolls of the Icicle and Peshastin Irrigation Districts, in Chelan County, Washington, for the year of 2022, has been completed and delivered to the Boards of Directors, and that said assessment books are now and will remain in the office of the Secretary of said Districts for the inspection of all parties interested; AND THAT the Boards of Directors will meet as Boards of Equalization to equalize said assessments on Tuesday December 13, 2022 at 8:00 A.M., at the office of the secretary of said Districts, which is at 5594 Wescott Drive, Cashmere, Washington 98815, at which time and place all person objecting to said assessment as made, may be heard. In accordance with RCW 87.03.250 and RCW 87.03.255 Published in The Leavenworth Echo/Cashmere Valley Record on Nov. 23, and 30, 2022. #4924.

CITY OF LEAVENWORTH NOTICE OF PUBLIC HEARINGS
NOTICE IS HEREBY GIVEN that the Leavenworth City Planning Commission will hold a public hearing for amendments to Comprehensive Plan Capital Improvement Plan on December 7, 2022 at 7:00 PM at City Hall, 700 US Hwy 2, Leavenworth OR via ZOOM – see the City Event Calendar: <https://cityofleavenworth.com/your-city-hall/calendar/> Or login to zoom: Meeting ID: 999 2949 1100 Passcode: 225225 Or Call in: 1-253-215-8782 The CIP outlines the city's plan for achieving the goals, objectives and service delivery levels desired by the City Council. The purpose of this plan is to forecast and match projected revenues and major capital needs over a six-year timeframe. Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Development Services within City Hall, phone 509-548-5275 or email dsmanager@cityofleavenworth.com Published in The Leavenworth Echo /Cashmere Valley Record on Nov. 23, and 30, 2022. #4931

Check the weathercams online before traveling over the mountain passes!
www.leavenworthecho.com | www.cashmerevalleyrecord.com

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Public Notices

Public Notices

NOTICE OF TRUSTEE'S SALE

Pursuant to the Revised Code of Washington 61.24, et seq. 108 1st Ave South, Suite 202 Seattle, WA 98104 Trustee Sale No.: WA-22-926197-RM Title Order No.: 02-22005084 Reference Number of Deed of Trust: Instrument No. 2460365 Parcel Number(s): 231904110550 Grantor(s) for Recording Purposes under RCW 65.04.015: TINA MACKAY, AN UNMARRIED WOMAN Current Beneficiary of the Deed of Trust and Grantee (for Recording Purposes under RCW 65.04.015): Lakeview Loan Servicing, LLC. Current Trustee of the Deed of Trust: Quality Loan Service Corporation of Washington Current Loan Mortgage Servicer of the Deed of Trust: LoanCare, LLC. NOTICE IS HEREBY GIVEN that Quality Loan Service Corp. of Washington, the undersigned Trustee, will on 12/30/2022, at 9:00 AM At the Main Entrance to the Chelan County Courthouse, located at 350 Orondo Street, Wenatchee, WA 98801 sell at public auction to the highest and best bidder, payable in the form of credit bid or cash bid in the form of cashier's check or certified checks from federally or State chartered banks, at the time of sale the following described real property, situated in the County of CHELAN, State of Washington, to-wit: COMMENCING AT THE CENTER OF THE EAST LINE OF SECTION 4, TOWNSHIP 23 NORTH, RANGE 19 EAST OF THE WILLAMETTE MERIDIAN, CHELAN COUNTY, WASHINGTON, AND RUNNING THENCE NORTH 1538.8 FEET TO THE PLACE OF BEGINNING; THENCE RUNNING IN A WESTERLY DIRECTION 265 FEET; THENCE RUNNING IN A NORTHERLY DIRECTION 200 FEET; THENCE RUNNING IN AN EASTERLY DIRECTION 265 FEET; THENCE RUNNING IN A SOUTHERLY DIRECTION 200 FEET TO THE INITIAL POINT AND PLACE OF BEGINNING. EXCEPT THAT PORTION ACQUIRED BY THE STATE OF WASHINGTON FOR PRIMARY STATE HIGHWAY NO. 2 (SR-2), BY CONDEMNATION UNDER SUPERIOR COURT CAUSE NO. 18242. More commonly known as: 4520 EELS ROAD, CASHMERE, WA 98815 Subject to that certain Deed of Trust dated 6/29/2017, recorded 6/30/2017, under Instrument No. 2460365 records of CHELAN County, Washington, from TINA MACKAY, AN UNMARRIED WOMAN, as grantor(s), to NORTH MERIDIAN, as original trustee, to secure an obligation in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., SOLELY AS NOMINEE FOR LENDERONE FINANCIAL CORPORATION, Its Successors and Assigns, as original beneficiary, the beneficial interest in which was subsequently assigned to Lakeview Loan Servicing, LLC., the Beneficiary, under an assignment recorded under Auditors File Number 2558361 II. No action commenced by the Beneficiary of the Deed of Trust as referenced in RCW 61.21.030(4) is now pending to seek satisfaction of the obligation in any Court by reason of the Borrower's or Grantor's default on the obligation secured by the Deed of Trust/Mortgage. III. The default(s) for which this foreclosure is made is/are as follows: Failure to pay when due the following amounts which are now in arrears: \$55,063.02. IV. The sum owing on the obligation secured by the Deed of Trust is: The principal sum of \$218,029.76, together with interest as provided in the Note from 2/1/2020 on, and such other costs, fees, and charges as are due under the Note, Deed of Trust, or other instrument secured, and as are provided by statute. V. The above-described real property will be sold to satisfy the expense of sale and the obligation secured by the Deed of Trust as provided by statute. Said sale will be made without warranty, expressed or implied, regarding title, possession or encumbrances on 12/30/2022. The defaults referred to in Paragraph III must be cured by 12/19/2022 (11 days before the sale date), or by other date as permitted in the Note or Deed of Trust, to cause a discontinuance of the sale. The sale will be discontinued and terminated if at any time before 12/19/2022 (11 days before the sale), or by other date as permitted in the Note or Deed of Trust, the default as set forth in Paragraph III is cured and the Trustee's fees and costs are paid. Payment must be in cash or with cashiers or certified checks from a State or federally chartered bank. The sale may be terminated any time after the 12/19/2022 (11 days before the sale date) and before the sale, by the Borrower or Grantor or the holder of any recorded junior lien or encumbrance by paying the principal and interest, plus costs, fees and advances, if any, made pursuant to the terms of the obligation and/or Deed of Trust, and curing all other defaults. VI. A written Notice of Default was transmitted by the Beneficiary or Trustee to the Borrower(s) and Grantor(s) by both first class and certified mail, proof of which is in the possession of the Trustee; and the Borrower and Grantor were personally served, if applicable, with said written Notice of Default or the written Notice of Default was posted in a conspicuous place on the real property described in Paragraph I above, and the Trustee has possession of proof of such service or posting. The list of recipients of the Notice of Default is listed within the Notice of Foreclosure provided to the Borrower(s) and Grantor(s). These requirements were completed as of 6/21/2022. VII. The Trustee whose name and address are set forth below will provide in writing to anyone requesting it, a statement of all costs and fees due at any time prior to the sale. VIII. The effect of the sale will be to deprive the Grantor and all those who hold by, through or under the Grantor of all their interest in the above-described property. IX. Anyone having any objections to this sale on any grounds whatsoever will be afforded an opportunity to be heard as to those objections if they bring a lawsuit to restrain the sale pursuant to RCW 61.24.130. Failure to bring such a lawsuit may result in a waiver of any proper grounds for invalidating the Trustee's sale. X. NOTICE TO OCCUPANTS OR TENANTS – The purchaser at the Trustee's Sale is entitled to possession of the property on the 20th day following the sale, as against the Grantor under the deed of trust (the owner) and anyone having an interest junior to the deed of trust, including occupants who are not tenants. After the 20th day following the sale the purchaser has the right to evict occupants who are not tenants by summary proceedings under Chapter 59.12 RCW. For tenant-occupied property, the purchaser shall provide a tenant with written notice in accordance with RCW 61.24.060. THIS NOTICE IS THE FINAL STEP BEFORE THE FORECLOSURE SALE OF YOUR HOME. You may be eligible for mediation. You have only 20 DAYS from the recording date of this notice to pursue mediation. DO NOT DELAY. CONTACT A HOUSING COUNSELOR OR AN ATTORNEY LICENSED IN WASHINGTON NOW to assess your situation and refer you to mediation if you are eligible and it may help you save your home. See below for safe sources of help. SEEKING ASSISTANCE Housing counselors and legal assistance may be available at little or no cost to you. If you would like assistance in determining your rights and opportunities to keep your house, you may contact the following: The statewide foreclosure hotline for assistance and referral to housing counselors recommended by the Housing Finance Commission: Toll-free: 1-877-894-HOME (1-877-894-4663) or Web site: http://www.df.wa.gov/consumers/homeownership/post_purchase_consumers_foreclosure.htm The United States Department of Housing and Urban Development: Toll-free: 1-800-569-4287 or National Web Site: <http://portal.hud.gov/hudportal/HUD> or for Local counseling agencies in Washington: <http://www.hud.gov/offices/hqs/sfh/hcc/fo/index.cfm?webListAction=search&searchstate=WA&filterSvc=dcf> The statewide civil legal aid hotline for assistance and referrals to other housing counselors and attorneys: Telephone: 1-800-606-4819 or Web site: <http://nwjustice.org/what-clear> Additional information provided by the Trustee: If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the noteholders rights against the real property only. The Trustee's Sale Number is WA-22-926197-RM. Dated: 8/25/2022 Quality Loan Service Corp. of Washington, as Trustee By: Jeff Stenman, President Trustee's Address: Quality Loan Service Corp. of Washington 108 1 st Ave South, Suite 202, Seattle, WA 98104 For questions call toll-free: (866) 925-0241 Trustee Sale Number: WA-22-926197-RM Sale Line: 800-280-2832 or Login to: <http://wa.qualityloan.com> IDSPub #0180625 11/30/2022 12/21/2022. Published in The Cashmere Valley Record/Leavenworth Echo on November 30, and December 21, 2022. #4507.

Public Notices

Public Notices

CITY OF LEAVENWORTH NOTICE TO CONSULTANTS FORMUNICIPAL WATER SOURCE REPLACEMENT FEASIBILITY STUDY

The City of Leavenworth solicits interest from consulting firms with expertise in conducting municipal water source replacement feasibility studies. This agreement will be for approximately 12 months in duration with the option for the City of Leavenworth to extend it for additional time and money if necessary. Consultants will be considered for the following project.

The City of Leavenworth reserves the right to amend terms of this "Request for Qualifications" (RFQ) to circulate various addenda, or to withdraw the RFQ at any time, regardless of how much time and effort consultants have spent on their responses.

Project Description

The work to be performed by the Consultant consists of conducting a municipal water source replacement feasibility study associated with the City's Icicle Creek surface water plant. The major features of the project are as follows:

- Project Management
- Water right permitting strategy
- Well siting survey
- Drill up to three (3) test wells
- Outreach
- Feasibility Study Report
- Water Conservation and Drought Plan

The City's expected budget for this study and test well work is \$650,000. The City of Leavenworth reserves the right to retain the services of the successful firm(s) for any subsequent phases associated with this project.

Evaluation Criteria

Submittals will be evaluated and ranked based on the following criteria:

- Type of organization
- Size (i.e., local office and total firm size)
- Number of years as a firm
- Name, qualifications, and experience of personnel assigned to the Project, including professional registrations and affiliations. When listing sub-consultants, describe the listed experience and the exact tasks that each entity will perform.
- Outline of recent projects completed that are similar to this Project.
- Client references from recent similar projects, including name, address and telephone number of agency contact(s).

Submittal

Submittals should include the information specified in the Request for Qualifications document found on the City of Leavenworth's bidding webpage:

<https://cityofleavenworth.com/documents/category/requests-for-bids-or-proposals/>

Please submit an electronic file of your Statement of Qualifications to: Andrea Fischer, City Clerk, at afischer@cityofleavenworth.com by 2:00 PM on Friday, December 9, 2022. Any questions regarding this project should be directed to Tom Wachholder, Public Works Director at (509)548-5275.

Americans with Disabilities Act (ADA) Information

The City of Leavenworth in accordance with Section 504 of the Rehabilitation Act (Section 504) and the Americans with Disabilities Act (ADA), commits to nondiscrimination on the basis of disability, in all of its programs and activities. This material can be made available in an alternate format by emailing Tom Wachholder, Public Works Director at twachholder@cityofleavenworth.com or by calling (509)548-5275.

Title VI Statement

The City of Leavenworth, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252,42 U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that will affirmatively ensure that any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded full and fair opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. Dates of publication in the Leavenworth Echo/Cashmere Valley Record November 23, 2022 and November 30, 2022 and Seattle Daily Journal of Commerce November 23, 2022. #4943

What to know about health Insurance after turning 65

SUBMITTED BY MEGAN CAMPBELL, RAFFETTO HERMAN STRATEGIC COMMUNICATIONS

Medicare health insurance plans are now open for enrollment for the 1.4 million Medicare beneficiaries in Washington. Deciding what type of Medicare plan is best for you can be a confusing task when not informed of all the important coverage details. Learn more about the different Medicare options available for folks 65 and over in these guidelines.

Different types of Medicare plans

Original Medicare

What does it cover? Original Medicare (OM) is available to most individuals over the age of 65, and those who are under 65 with certain disabilities. It does not include supplemental benefits like dental coverage or gym membership.

This plan is offered in three parts:

Part A, or hospital insurance, covers various kinds of inpatient medical care

Part B, or medical insurance, covers medically necessary and preventive medical care.

Part D insurance covers prescription drugs.

The three parts must be bought individually and are billed separately. OM does not have an out-of-pocket maximum, which means there is no limit to how much an individual could pay in medical expenses.

Who should get it?

People who are comfortable with an out-of-pocket maximum and want to shop for individual areas of health coverage such as dental, vision, and medication.

Medicare Advantage

What does it cover? Medicare Advantage (MA) performs similarly to the Original Medicare plan; however, it has enhanced benefits, a single-member card, monthly premium, and an out-of-pocket maximum to ensure a yearly cap. Unlike the OM plan, MA is not divided into separate pieces.

This plan covers parts A and B of the Original Medicare plan in addition to:

- Prescription drug coverage
- Vision care
- Preventive and comprehensive dental coverage
- Enhanced benefits like fitness resources, meals delivered after hospital stays, rides to medical appointments, and more

Who should get it? MA is available to anyone who qualifies for Original Medicare. Depending on income and health status, MA plans can be more cost-effective while covering a larger array of services.

Supplemental Plans, aka Medigap

What does it cover? Medigap is an optional supplement to OM. Individuals who have Medicare parts A and B can purchase this plan. Medigap covers instances that OM doesn't, such as medical coverage outside of the United States.

Who should get it? Those who have OM and want assistance paying for health care costs that it does not cover.

Zero Cost Plans

What does it cover? This is a type of MA plan that has a monthly premium of \$0. The coverage depends on the type of plan that the individual has. At Community Health Plan of Washington, the zero-cost plans of 2022 are Dual Plan, No Rx Plan, and Plan 1.

Who should get it? For an individual who does not get sick often, but still wants some type of coverage this could be a plan for you.

SUDOKU PUZZLE

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

CROSSWORD PUZZLE

THEME: HAPPY HOLIDAYS ACROSS

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1. Pilgrim's destination
2. Make a scene
3. Hawaii environs
4. Toothy fish
5. Cone-shaped dwelling
6. White Swan in "Swan Lake" ballerina
7. ___-Wan Kenobi
8. Decorate with wreaths and holly, e.g.
9. "Either dessert or source of heat (2 words)"
10. ___ Day, or second day of Christmas
11. Land parcel
12. Strauss of denim fame
13. Broadband access overseer, acr.
14. Clarified butter
15. Acute one and obtuse one
16. Southeastern Asian country
17. Jousting's breastplate
18. Shrewdness
19. Caspian basin river
20. "Pasadena's Tournament of ___"
21. Tel. ___ Israel
22. Native American emblem
23. "Why not?"
24. Hitchhiker's quest
25. Omits when speaking
26. Hard to find
27. Bear's winter quarters
28. Hoodwink
29. Scepter's partner
30. "Number of days in Christmas"
31. "Ugly" holiday party garb?
32. Prepare a letter
33. "Bingo!"
34. Hunger for
35. Pass-the-baton race
36. Cranberry sauce sometimes comes from it

70. Same as tori
71. Raise the roof
72. German river
73. Stall sound DOWN

1. Whiny and miserable
2. Shade of beige
3. Finish a ceiling, to a plasterer
4. Marlboro alternative
5. Not digital
6. Bug-eyed
7. Not Uber
8. Social group
9. Ghana monetary unit
10. Second word of many fairytales
11. Cause of Titanic's demise
12. Poetic "even"
13. Burdensome
14. Not this or that
15. Lab eggs
16. Time off
17. Champagne holder
18. Wassailing composition
19. Raccoon's South American cousin
20. Feeling of superiority, pl.
21. ___ gum, food additive
22. Furiously angry
23. Exclude or omit
24. *Number of candles in kinara, Kwanzaa
25. *Troika vehicle
26. "Will be," according to Doris
27. Asian goat antelope
28. Potpourri
29. Chevy Suburban, e.g.
30. Builds
31. *Popular holiday wish
32. Munchausen's title
33. *Bedecked arbor
34. Shakespeare, to his friends?
35. And others, for short
36. Minus
37. Tropical edible root
38. Anon's partner
39. Take a load off
40. Like some humor
41. *Traditional main holiday dish

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The Washington Outdoors Report



Dave Kilhefner caught this nice trout on a snowy day

PHOTO BY JOHN KRUSE

Outdoors Roundup

By JOHN KRUSE

TROUT FISHING

In recent years, the Washington Department of Fish and Wildlife has urged anglers to celebrate “Black Friday” after Thanksgiving not in the stores, but out on the water catching some of the jumbo trout they plant this time of year around the state.

The vast majority of these fish are stocked in Western Washington but Central and Eastern Washington get some jumbo trout too. This year, 140 huge trout, weighing between five and ten pounds, were stocked in Yakima’s Rotary Lake in mid-November. Nearby Myron Lake also received 125 similar size rainbows.

Heading further east several lakes got big fish planted in them on Halloween to include:

Jump Off Joe Lake in Stevens County with 350 brown trout averaging 2 pounds; Waitts Lake in Stevens County with 402 brown trout weighing 2 pound each; Deer Lake in Stevens County with 600 eastern brook trout weighing just over a pound each; and Sacheen Lake in Pend Oreille

County with 215 eastern brook trout also averaging a pound each.

In addition to this Roses Lake near Manson was stocked with over 10,000 catchable size rainbows in early November. Are many of these fish still swimming around these lakes? With most outdoors enthusiasts focused on hunting there likely are and all of these waters would be worth fishing in the days ahead.

HOLIDAY GIFT IDEAS FOR THE ANGLER - UNIQUE NETS

Frabill has come out with an ingenious folding net that is perfect for anglers fishing out of kayaks or small boats. It’s their Kwik Stow Folding Trout Net where the net section itself collapses together and the telescoping handle can go from its extended length of 40 inches down to 20”. The net is 14 inches deep with tangle-free micro mesh that works well for releasing fish without harming them. When fully collapsed, the net is only 25” long. It is available in stores now with an MSRP of \$37.99.

Frabill also won a “Best of Category” award at ICAST, the

huge fishing trade show held each year in Florida where manufacturers roll out new products. The award was for their Witness Weigh Net. This unique net is made for catch and release anglers. It has a digital scale on the handle next to the hoop of the net. You can literally scoop your fish out of the water and weigh it and release it without ever handling it. If you do want to measure the fish simply take it out of the mesh net and use the 30” ruler on the handle of the net to do so. Frabill was hoping to roll this new net out this fall but so far, it’s not available for sale and it may or may not make it under your Christmas tree this year. You can check for availability at www.frabill.com.

DUCK HUNTING ACCIDENT

The Washington Department of Fish and Wildlife reports a 53-year-old male was seriously injured after being shot while duck hunting on November 20. The man was hunting with a friend in a small boat on Elochoman Slough in Southwest Washington’s Wahkiakum County that morning. They were in the act

of retrieving ducks from the water. The shooter’s shotgun in the boat was propped up and fell over. As the shooter tried to retrieve the firearm, he fired the weapon, striking the victim.

The shooter immediately called 911 and took the victim to the Cathlamet Marina where emergency service personnel transported him to the hospital. The victim is currently in stable condition at Vancouver SW Medical Center recovering from his injuries.

The lessons learned here? Have the safety on your firearm on at all times unless you are ready to pull the trigger and shoot. Also, if you are done with your hunt and retrieving birds before you head home, unload your firearms. Finally, stow your firearms in places where they not only are pointed in a safe direction, but also secured so they don’t fall like this one did, with the barrel pointing towards the victim. It’s fortunate this accident didn’t turn out worse.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com

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This announcement sponsored by The Leavenworth Echo

The PC Whistle

By RHONA BARON

The Planning Commission (PC) is a crucial group in any town. PCs deal with codes around land use and legislative policy, as well as comprehensive and long range planning. It’s a complex and challenging mix, most effective when membership includes qualified residents who represent a broad range of needs and interests. Today we are blowing the whistle on Leavenworth’s PC, their single note viewpoint, and the process by which residents land in those influential seats.

In Leavenworth, the “mayor appoints, and council approves” each Commissioner. Our process is unlike Seattle, for instance, where half of the PC is approved by council and half by mayor. Our wording around appointment, while not atypical, is unlike other small, successful towns that encourage discussion before the council votes. Because of the brevity of Leavenworth’s guidance around “the council approves,” I learned the hard way that our council refuses to discuss or engage in the appointment process.

Several months ago, when Mayor Florea was set to appoint Drew Foulk, one of two candidates at the time, I sent a two page, well documented email laying out the history and qualifications of both candidates. Concerned about the choice of Mr. Foulk,

a beverage professional based in Seattle and working remotely from his new home in Leavenworth’s UGA, I favored the second candidate. She was an established resident and member of the local workforce who would have provided needed diversity in her approach to neighborhood development. I referenced the city’s own language about membership in the PC: “The Planning Commission is intended to represent the diverse interests and backgrounds of the community.” I pleaded with the mayor to think twice and with the council to at least discuss the second candidate’s superior qualifications.

Unlike Mr. Foulk, the second candidate had attended every PC and council meeting for the previous year and a half and was beyond reproach in her intelligence, ability to communicate thoughtfully and see all sides of an issue before weighing in.

Zero discussion was forthcoming. The appointment of Mr. Foulk passed quickly and without comment at the next Council session. In fact, I was told by one council member that “It would not be appropriate to interfere with the mayor’s appointment process.”

While a second council member replied: “It is the mayor’s prerogative and role to appoint the members of the Planning Commission.”

Do you think they interpreted the appointment process correctly by sitting on their hands, except when pulling them out to rubber stamp? Do you suspect they refused to discuss because diversity and qualifications for this complex assignment were less important than an overarching agenda? Can you guess what that agenda was?

The mayor emailed regarding his appointment stating that Mr. Foulk was “the one who would best move us forward in providing more housing options...” Make no mistake, housing options are good. But “housing options” thus far seem to feature densifying neighborhoods for units that have not proved affordable and are vastly unpopular with neighbors. Additionally, housing is hardly the sole purpose of the PC! It’s a big, important job with many tentacles. We need diverse people to wrap their heads and hearts around the issues. The mayor is choosing to abdicate responsibility for the big picture while appropriating our community’s Planning Commission to satisfy his political notions.

Comments from residents continue to come into our website portal: “In a Planning Commission zoom meeting a while back regarding lot size, setbacks, and building height considerations, it became very obvious that several of the hand picked commission members are extremely agenda driven...” The Whistle agrees. We are



simply requesting balance.

We’d also like the council to do their job by discussing appointments then voting accordingly. If the current wording “mayor appoints, and council approves” is a paper bag the council refuses to punch through to embrace their own agency, The Whistle recommends adopting language like this from Springdale Utah, a gateway town known for its high quality, community inspired housing policies. “All members shall be appointed by the mayor with the advice and consent of the town council.”

The Whistle’s blowing as this column again requests balance, fairness and putting the whole community first, not just those tied to the mayor and individual council members vision of neighborhood density. There are many important decisions and long range strategies tasked to the Planning Commission. Leavenworth needs a more comprehensive, altruistic, and diverse group. Take our surveys in the Echo and visit us at LWhistle.com. Or just Whistle. We’ll hear you.