

JANUARY 25, 2023 • VOLUME 123, No. 4

**UPPER VALLEY NEWS SINCE 1904** 

SINGLE COPY \$1.00



By MIKE STEELE

### Dear Friends and Neighbors,

The opening gavel of the 2023 session fell at noon on Monday, Jan. 9. It's an honor to be back in Olympia representing the values and interests of the 12th Legislative District.

This is the first time in more than two years all 98 members have been in the House chambers together. It was wonderful, once again, to see families, friends, and supporters in the public galleries during the opening day ceremonies. This return to normalcy is good to see at the state Capitol.

#### **Legislative Updates**

Due to election-year restrictions, which began last May, I was unable to send email updates until the election results were certified. But with the start of the 2023 session, I will be sending updates every couple of weeks to keep you informed on the activities, events, and debates happening at the state Capitol. Be sure to take a look at my legislative webpage. I'll be posting news releases and other statements regarding the legislative session.

### **Budgets and policy work**

For the next several weeks, the bulk of the work at the state Capitol will be to finalize the state's new two-year operating, transportation, and capital budgets. For the operating budget, we've got a bit of good news. That's because, despite the pandemic, our state tax collections have remained strong. Budget writers will have an extra \$3.37 billion to work with for the 2023-25 operating budget.

Although some of this "extra" money will be eaten up by rising maintenance level costs, including inflation, and the expensive, governor-negotiated collective bargaining agreements, it's my hope the bulk of the revenue will be added to the state's budget stabilization account and/or returned to taxpayers in the form of tax relief. In addition to building these budgets,

several public policy issues will be debated this session. Our state is facing many challenges, including rising crime rates; an escalating housing crisis caused by the high cost of new home construction; K-12 educational failures, and an inflation rate that has reached its highest level since 1981. As the 2023 session progresses, I'll be sharing more on these public policy issues, as well as solutions being offered in both the House and Senate.

#### **Committee Assignments**

I'm happy to announce my reappointment as the ranking member of the House Capital Budget Committee. I've been the lead Republican negotiator on the state's two-year construction budget since 2021, serving as the assistant ranking member prior to that.

This committee is unique in that it is by far the most bipartisan in Olympia. Both sides of the aisle work together to prioritize and advance projects that not only improve long-term economic goals, but also enhance renewal,

health, and growth for rural and urban communities alike. During the previous 2022 session, the Legislature approved what I believe to be a "historic" capital budget because of its size. More than \$6 billion was allocated for projects across the state, which mostly came from federal American Rescue Plan Act (ARPA) funds.

This session, we are working with a smaller budget of around \$4.3 billion. Along with considering the infrastructure needs of the newly redistricted portions of the 12th District (see info about redistricting below) and other districts across the state, mental and behavioral health continues to be a priority. Although these programs are funded by the operating budget, the physical structures are on the capital fund side. We'll need to ensure those two budgets work in tandem.

I'd also like to see more of a focus on workforce housing. Workforce housing is housing built for individuals and families sitting somewhere in the middle between affordable and higher-end home

options. Unfortunately, incomes for a growing number of individuals and families are insufficient to purchase a home but too high to qualify for affordable housing. The widening gap between the two needs to be fixed. I plan to help with those efforts.

In addition to my role on the House Capital Budget Committee, I've also been asked to continue to serve on the House Appropriations Committee. This committee considers the operating budget and related legislation, budget processes, and fiscal issues such as processes are processed to the component of the committee considers and related legislation.

pension policy and compensation.
Serving on two budget committees, like the Capital Budget and Appropriations committees, is unusual. The reason is the workload. Both committees are incredibly work-intensive. Despite the long hours, I enjoy being a part of determining where our hard-earned tax dollars end up. It gives me the opportunity to advocate for fiscally prudent spending – something we need more of in Olympia.

My final committee assignment is the House Education Committee. This committee considers issues relating to kindergarten through twelfth grade (K-12) education. I'm deeply grateful to have been selected to continue serving on this committee. These committee assignments work well for our communities. I look forward to representing our region's values and interests during the next few months

CONTINUED TO PAGE A2



# Donate now to keep blood stocked for winter weather and seasonal illness

#### Come to give in January for chance to win a trip to Super Bowl LVII in Arizona

SUBMITTED BY BETSY ROBERTSON

As National Blood Donor Month continues this January, the American Red Cross celebrates those who give blood to help save lives – especially now, as we work to ensure a stable blood supply amid the threat of icy winter weather and severe seasonal illness. Donors of all blood types – particularly type O blood donors, the most needed blood group by hospitals – and platelet donors are needed daily to meet demand.

The start of the new year is one of the most challenging times to collect enough blood products, despite the constant demand. One in 7 patients entering a hospital will need a blood transfusion – yet only 3% of the public gives blood.

Don't wait until there's a crisis to donate. To book a time to give blood, visit RedCrossBlood.org, download the Red Cross Blood Donor App, or call 1-800-RED CROSS.

In partnership with the National Football League (NFL), those who come to give blood, platelets or plasma through Jan. 31, 2023, will be automatically entered to win a trip for two to Super Bowl LVII in Arizona\*, including access to day-of, in-stadium pre-game activities, tickets to the official Super Bowl Experience, round-trip airfare to Phoenix, three-night hotel accommodations (Feb. 10-13, 2023), plus a \$500 gift card for expenses.

Local area blood donation opportunities

Cashmere: Feb. 7: 12:30 - 5:30 p.m., Cashmere United Methodist Church, 213 S. Division St.

# How to donate blood

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also must meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their predonation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

Amplify your impact – volunteer! Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check-in and thank blood donors to ensure they have a positive donation experience.

Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position visit redcross.org/volunteertoday.

About the American Red Cross: The American Red Cross shelters. feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid: and supports veterans, military members, and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit redcross. org or CruzRojaAmericana.org, or visit us on Twitter at @RedCross.

# Measuring homelessness in Chelan, Douglas counties to be held Jan. 26

Upper Valley MEND will cover Leavenworth, Cashmere

SUBMITTED BY JILL FITZSIMMONS

Chelan County PIO

**CHELAN/WENATCHEE** - Chelan County and community partners will conduct the annual Homeless Point in Time Count from 7 a.m.-2 p.m. on Thursday, Jan. 26, at the YWCA in Wenatchee, 212 First St. The information gathered annually by local municipalities and nonprofits participating in the national event demonstrates the need in communities across the country for homeless housing services, based on the number of people experiencing homelessness on the day of the Point in Time count, explained Sasha Sleiman, Chelan County housing program coordinator and a coordinator of the outreach event. "That information then will be used to help local policymakers make better informed decisions to help remedy our growing need for affordable housing," Sleiman said. "Doing this event annually gives us the ability to compare our results year over year, potentially giving us an indication of where we are headed as a community." Surveys conducted by outreach teams aim to collect information on individual's living situations, including how long someone has been without a permanent home, where they sleep, where they are from, and whether or not they had been denied access to a shelter or would go to a shelter if available. Demographic questions are also asked, including age, race, gender, veteran status, the number of children under 18 in the household, and if they were fleeing domestic violence. In addition to the centralized event at the YWCA in Wenatchee, staff from various nonprofits who work with the unhoused population will be going out throughout Chelan and Douglas counties to speak to people on the street and provide them resources. Chelan Valley HOPE in Chelan will cover the Chelan Valley and Northern Douglas County and Upper Valley MEND in Leavenworth will cover the Cascade School District service area and Cashmere. Upper Valley MEND will also have a centralized site for people in the upper valley to be interviewed and get connected to services at the Community Cupboard, 219 14th St. in Leavenworth. At this event in 2022, 163 people were interviewed. Of those interviewed, 123 people were unsheltered, meaning they were living out of doors, in a vehicle or RV, in an abandoned building, or in a tent or other outdoor area not meant for habitation. In addition, 275 people were recorded staying in emergency shelters, transitional housing programs or in a hotel through an emergency hotel/motel voucher program. The local event also allows housing services providers and other service-based non-profits an opportunity to communicate directly with people in need of their services while providing resources, including backpacks, gloves, socks, hand warmers, food and more, to those in need who participated in the survey. The backpacks full of supplies are being provided by Community Action Council, in partnership with Chelan County. The Columbia Valley Community Health Mobile Clinic will be on site at the YWCA to provide access to medical professionals for those who need medical services and

# Inside The ECHO this week







to provide flu and COVID-19 vaccines

to those who request them.

215 14th St. • P.U. Box 39, Leavenworth, WA 98826 Phone: 509-548-5286

# A very special place

A friend of mine suggested I do a story about the Alatheia Therapeutic Riding Center near Wenatchee and I'm so glad she did. I visited there this past week and met with the co-founder of this very special place, Nancy Grette.

Nancy and her husband Glenn started this non-profit organization at their home on Sleepy Hollow Heights in 2011. The two had purchased several horses they kept on their property but their children had grown and left home and they were pondering what to do. That's when a five-year old girl who was physically disabled came out for a ride for her fifth birthday on one of their horses. The ride was an amazing experience for the child and Nancy said she knew what she was meant to do for the rest of her life.

After that Nancy and Glenn started offering weekly rides to disabled children and adults as a means of emotional and physical therapy. The word Alatheia is a Greek word from

the New Testament meaning "disclosed truth." It specifically comes from Ephesians 4:15 where the Apostle Paul exhorts all to speak the truth (alatheia) in love to one another. In Nancy's words, "It is a way of living, and the riding center is how we choose to speak truth."

The Alatheia Riding Center provides some 108 individuals the opportunity to spend an hour or more with and on their horses every week. This includes not only physically and mentally disabled children and adults, but also combat veterans suffering from Post-Traumatic Stress Syndrome.

The rides take place on their 12 Norwegian Fjord horses, a small, stout and ancient breed known for their gentle temperament and sure footedness. Nancy says these horses are very empathetic and reflect the feelings of individuals they come in contact with. She also explained the weekly rides offer therapeutic benefits for their riders in a physical, emotional and mental way.

Nancy explains the reason it is a weekly program

(as opposed to a one-time experience) is because you need the continued exposure to the movements on the horse to get the benefit.

"Physically, when an individual is on a horse, for every minute there are a hundred balance accommodations going on in the body. You are developing balance, coordination as well as large and small motor skills which is helpful for physical disabilities.

Those with learning disabilities benefit from the socialization and peers and executive function of the brain, while those who suffer from trauma are ministered to by the horse in a way you can't explain. The horses are intuitive and in the moment and there is no judgement. People can be who they are with a horse."

The rides happen in an indoor arena or on a trail overlooking the Wenatchee This non-profit Valley. organization has several employees who work right out of the Grette's home along with a number of volunteers.

One group of volunteers are the barn buddies. These are young adults with developmental disabilities who work at the ranch for two to three hours a couple of times a week. Nancy says they started this program because they learned that once children were out of special education classes in school and on their own as adults, they didn't have much in place to develop further life skills. The Barn Buddies program allows these individuals, ranging from 21 to 40 years of age, the opportunity to learn how to work on a ranch or in a barn and socialize with other individuals.

The Alatheia Therapeutic Riding Center has plans



location soon so that it can

increase the number of

individuals they serve. If you

want to support this non-profit

to expand from its current organization with donations or time as a volunteer contact them through their website at www.alatheiaridingcenter.com or call 509-630-8710.

John Kruse – www. northwestern outdoors.comand www. america out doors radio.com





Nancy Grette with one of her Norwegian Fjord horses at the Alatheia Riding Center

# Mike Steele

CONTINUED FROM PAGE A1

of bill hearings, debates, and decisions.

#### **Redistricting changes** for the 12th District

Because communities and populations change over time, every 10 years, after the federal government publishes updated census information, Washington state redraws the boundaries of its congressional and legislative districts to ensure that each district represents an equal number of residents.

The new 12th Legislative District boundaries were approved in 2022 by the Washington State Redistricting Commission. The district now includes only a portion of Douglas County and added parts of Snohomish and King counties.

#### 12th District Virtual **Town Hall**

As we begin the session, it's important that we hear from you about the priorities and issues facing our communities. My seatmate, Rep. Keith Goehner, R-Dryden, and I are hosting a 12th District Virtual Town Hall on Wednesday, Feb. 1 starting at 6 p.m. This event is a great opportunity to join us from the comfort of your home or office by simply logging onto your computer for an hour of conversation about the 105-day session. We'll discuss our bills and listen to your comments and ideas about state government.

The one-hour event will take place via the Zoom platform. Space is limited, so register early. If you are unable to attend, don't hesitate to reach out to my office and schedule an appointment. My contact information is listed below.

#### Getting involved in the legislative process.

Our government depends on the active participation of its citizens. Here are some links and resources to help you get started: Staying connected:

- My legislative website | Here you will find my contact information, bio, news releases, email updates, videos, opinion pieces, bills, and other
- information. The Capitol Buzz | A weekday roundup online news stories.

- The Current | An online legislative publication from the Washington House Republicans.
- TVW | The state's own version of C-SPAN, TVW broadcasts floor and committee action live online.
- The Ledger | A legislative news aggregator.
- Legislature's website | reports. bill View committee agendas, and information about upcoming activities in the Legislature here.
- State agencies | can find a list of all state agencies, boards, and commissions here.

# Tracking a bill?

Check my website to find

information on specific bills. In addition, when you visit, you can easily view the legislation I'm sponsoring or co-sponsoring by clicking "Sponsored Bills."

# of "bill tracking" instructions.

- Go to leg.wa.gov.
- click "Bill Information."
- If you know the bill
- Under the

# Here is a quick set

- On the left-hand panel,
- number, enter it in the search field and hit enter.
- Don't have a bill number? section "Standard Reports," you'll find alternative tracking tools. You can search based on topic, legislative digests, cross-references, and

within a specific biennium. • If you click on the House Floor Calendar, this helpful tool gives you a detailed list of all bills scheduled to be heard on

the House floor each day.

#### Remote testimony is still available.

You can sign up to testify remotely if you are unable to attend a committee hearing on a bill in Olympia. You may also submit written testimony to a committee and get your position on a bill noted for the legislative record. Learn more about participating in the process online.

# Thank you!

I am committed to staying connected with you as the session progresses. Please contact me if you have questions about bills being introduced, bills scheduled for a hearing, or other state government-related issues at https://mikesteele. houserepublicans.wa.gov/ Throughout the legislative

session, my office receives

hundreds of emails per week. I will do my best to answer the ones I receive from constituents first, so please be sure to include your home address and phone number in your correspondence.

It's an honor to serve you! Sincerely, Mike Steele





# Project Showcase

- **Indoor Community Pool Options**
- **Front Street Closure Survey Results**
- **Pine Street (Phase 2) Roundabout**
- **City Water System Plan Update**
- **City Snow Removal Policy**
- Winton Mfg & Waste Loop
  Community Composting Program
- **Cascade Medical** Patient & Family Advisory Committee Info

Whether you're a resident, work in town, or own a business in Leavenworth, we invite you to bring the whole family! We'll provide childcare and fun for the kiddos, snacks, and beverages.

# **TUES, JAN 31, 2023** 5 PM - 8 PM at the Festhalle

1001 Front Street, Leavenworth, WA 98826



Local, Regional Community News & **Events** 

🔖 Any non-profit 501(c)-(3) group, person(s).

🦜 Must provide: full name, city, phone number.

f s Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7 🦫 Garage and Yard Sale Ads are paid events, please email:

classifieds@leavenworthecho.com or place online at NCWMARKET.COM % For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

© 2023 NCW Media, Inc. 215 14th St., P.O. Box 39 Leavenworth, WA 98826-0039

> Phone: 509-548-5286 Fax: 509-548-4789

website: www.ncwmarket.com www.leavenworthecho.com

e-mail: Reporter@leavenworthecho.com

#### **Publisher**

Carol Forhan • 509-548-5286 publisher@leavenworthecho.com Bill Forhan publisher ex officio

#### Reporter/Photographer

Reporter@leavenworthecho.com Reporter@cashmerevalleyrecord.com

#### **Advertising Sales Manager**

Carol Forhan 509-548-5286 • Ext. 1002 carol@leavenworthecho.com

#### **Creative Services**

Carol@leavenworthecho.com

#### **Front Office** Classified / Legal Notices **Obituaries/Memorials**

Classifieds@leavenworthecho.com Online ads at NCWMARKET.COM

Circulation for all NCW Media, Inc. newspapers.

1-509-293-6780

circulation@lakechelanmirror.com

#### **DEADLINES:**

Noon, Friday Calendar Listings: News Submissions: Noon, Friday Noon, Friday Letters to the Editor: Display Advertising: Noon, Friday Legal Notices: Noon, Friday Classified Ads: Noon, Friday

#### SUBSCRIPTIONS:

In Chelan County (yearly) \$40.00 \$5.00 to include online subscription In State-Out of County (yearly) \$50.00 Online E-edition only

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to another individual or organization. 1-509-293-6780

# SERVICES:

Back Issues are available up to one ear after publication for a fee. Archive Research: \$25 per hour Includes mail or email copies.

The Leavenworth Echo (USPS 308 160) is published every Wednesday by NCW Media, Inc. 215 14th St., Leavenworth, WA Telephone: 509-548-5286. Fax: 509-548-4789. Periodical postage paid at Leavenworth, Wash. (and additional mailing offices)

Send address corrections to: The Leavenworth Echo, P.O. Box 39. Leavenworth. WA 98826-0039



Postmaster:

NCW Media, Inc. prints on recycled newsprint with soy ink. Please recycle.

# **Letters policy**

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

# Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

**Contact** the listed organizations or events for updates.

### **■ COMMUNITY CALENDAR**

#### Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292. Alpine Water District: meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935. Senior Center: Lunch, noon, \$8 per meal. RSVP 509-548-6666

#### **Thursday**

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789.

Greater Leavenworth Museum board meeting 3-5 p.m. Everyone is invited as a guest contact: Matt@leavenworthmuseum.org for meeting information. (2nd Thurs.) Senior Center: Exercise: 11 a.m.- noon. 509-548-6666. Music, call Steve, 509-548-7048. 1 p.m., (1st & 3rd Thurs.)

#### **Friday**

**Veteran Service Office:** For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@ co.chelan.wa.us

Leavenworth Rotary Club, In person at Kristalls at Noon, email wordenmike@yahoo.com or call 509-238-3925 for more information.

Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: Leavenworthseniors@gmail.com

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri 509-393-8271 for more information.

**Cascade School board meetings**, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd &

Chelan Douglas Republican Women, Meetings now at Highlander Golf Club, 2920 Eighth St. S. E. East Wenatchee. Please, RSVP if you want to have lunch. Check-in begins at 11 a.m., and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon.,monthly).

### **Tuesday**

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)

Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.iid. pid@nwi.net, (2nd Tues.) Cascade Medical Board Meeting, 9 a.m. Call Cascade

Medical, 509-548-5815. (4th Tues.)

Cascade Education Foundation. Contact: CEF@cascade.org LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.). **Fhe Chelan County Cemetery District #2** (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

Senior Center: Exercise, 11 a.m-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: Leavenworthseniors@ gmail.com

# **NCW Libraries**

Libraries will continue to offer a wide variety of resources and programs online at newlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat.,10-2. Closed Sun. and Mon.

Peshastin Public Library, Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries. org Open Tues.,10-1:30; and 2:30-7, Wed.,10-2, and 2:30-7, Thurs., and Fri.,1-5:30 and Sat., 10 a.m- 2 p..m. Closed Sun.

# Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Check their Facebook page or website at http://www.leavenworthmuseum.org www. leavenworthmuseum.org for updates and information.

Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho. com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

### **Downtown Steering Committee**, 10:00 a.m. (4th

Tues.)

**Parking Advisory Committee**, meets 3 p.m., at City Hall in the conference room and on zoom. (1st Thurs.)

**Housing Committee, 3:30** p.m. (4th Tues.)

**Public Safety Committee,** 4:30 p.m. (4th Tues.)

**Finance Committee,** 5:15 p.m. (4th Tues.) **City Council Evening** 

**Meeting**, 6:30 p.m. (2nd & 4th Tues.) At City Hall in Council Chambers (1st Floor) and via zoom. ALL are at City Hall in the Conference Room (2nd Floor)



# Leavenworth

Upper Valley Scholarship for Women Returning to **Higher Education** 

Applications are now being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF, Leavenworth WA. The purpose of the scholarship is to assist women in need of financial help in returning to higher education at an accredited university, college, or technical school in the State of Washington. This needsbased scholarship must be used for school expenses and will be paid directly to the school. Applications must be received for consideration by April 30, 2023. Scholarship funds will be available by the Fall of 2023 and be sent directly to the school financial department upon confirmation of enrollment. Women applicants be seeking further higher education at either the undergraduate or graduate level and meet the following criteria: Applicant must be age 30 or above and reside in Chelan or Douglas County, WA. Applicants must be currently enrolled in or returning to a higher education program after a two-year or more absence. The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington, however, out-of-

state on-line accredited schools, are acceptable. Applicants may re-submit applications each year until they complete their programs of study. Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application forms by sending an email to the Scholarship Committee at the following address: peoleavenworth@nwi.net

### The Leavenworth Women's Exchange

Monthly luncheon meeting will be held on Wednesday, February 8, 12 p.m. at the Icicle Inn Restaurant, 505 Highway 2. The cost is \$20 per person for members. Cash or check only. Lunch buffet, beverage, tax, and gratuity are included. West Mathison of Stemilt, World Famous Fruit Company, will present a program titled "The History of the Apple and Fruit Industry". Since this is a catered event, any cancellations after Feb. 2 will be responsible for the cost of the lunch. Reservations, contact Claire Burlingame, 509-548-7142 by Thursday, February 2

# Cashmere

# Little Women Play

Will be performed 7 p.m. on January 26, 27 and 28 and February 3 and 4, at the Cashmere Middle School Auditorium. Seats are reserved and tickets are \$15 for adults and \$8 for students and senior citizens. Tickets are available in advance at the Cashmere High School office during school hours. Tickets will also be available at the door, with the box office opening at 6:15 p.m. on performance nights.

# Regional

### Community Foundation of NCW: Creating a Positive Workplace Culture

We've partnered with the North Central Accountable Community of Health (NCACH) and Nash Consulting to help organizations create and build more positive workplace cultures.

During this two-part workshop, Nash consultants will cover a variety of topics including emotional IQ, giving, and receiving feedback, decision-making and more. The cost of this workshop is \$5 to cover the cost of materials being sent to each participant. If you are unable to pay, please contact info@ ncach.org so they can work with you to offer solutions.

Please note that this workshop takes place over the course of two sessions: February 9 from 8:30 a.m.-12:30 p.m. and February 16 from 8:30 a.m.-12:30 p.m. Please only register if you are able to attend both sessions.

# Sheriff/Fire/EMS The sheriff's report is compiled from public records as provided by

the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

### Jan. 13

12:16 Suspicious Circumstance, Ski Hill Dr., and Pine St. 15:37 Domestic Disturbance, 190 US Hwy. 2, Der Ritterhof

# Jan. 14

04:08 Welfare Check, 223 12th 05:17 Hazard, Chumstick Hwy.

05:45 Trespassing, 590 US Hwy. 2, Enzian Motor Inn 07:07 Extra Patrol, Plain

07:46 Graffiti, 820 Front St., Gazebo Park 08:05 Civil Dispute, 160 Angels

09:00 Alarm, 715 Front St. 09:58 Animal Problem, 10555 Fox Rd. 11:48 Suspicious Circumstance,

3695 Allen Ln., Peshastin 12:13 Traffic Offense, Leavenworth Waterfront Park 13:43 Public Assist, 100 Ward

Strasse 15:14 Parking/ Abandoned Vehicle, 990 US Hwy. 2 park

15:34 Extra Patrol, 10802 Eagle Creek Rd

17:38 Parking/ Abandoned Vehicle, 700 Front St. 19:10 Public Assist, 10461 Stemm Rd., Smallwood's,

#### Jan. 15 00:12 Domestic Disturbance, 190

Specialist

Peshastin

US Hwy. 2, Der Ritterhof 01:17 Disturbance, 100 Ward

and 3rd St. 18:05 Fireworks, 307 Pine St. 18:39 Disturbance, 116 River

Bend Dr., Safeway 20:13 Vehicle Prowl, 1000 Front 21:23 Parking/ Abandoned

### Vehicle, 100 Ward Strasse Jan. 16

00:01 Welfare Check, 116 River Bend Dr., Safeway 03:06 Domestic Disturbance, 16845 Second Creek Rd. 03:27 Noise Complaint, 100

Ward Strasse 10:17 Traffic Offense, US Hwy. 2, and Chumstick Hwy.

10:37 Non-injury Accident, 116 River Bend Dr., Safeway 11:06 Fraud/ Forgery, 11212

Chumstick Hwy. 11:38 Runaway, 4901 US Hwy. 97. Peshastin 12:03 Domestic Disturbance, 116

Cowboy Ln., Lake Wenatchee 12:09 Civil Dispute, 585 US Hwy. 2, Icicle Quick Stop 16:27 Traffic Offense, 265 US Hwy. 2, Rudloofs Pizza

2, Dan's Food Market

17:20 Trespassing, 1329 US Hwy.

# Jan. 17

97. Peshastin

07:08 Vehicle Prowl, 9892 E. Leavenworth Rd. 08:18 Non-injury Accident, 9696 E. Leavenworth Rd. 08:51 Disturbance, 4901 US Hwy.

10:36 CPS/ APS Referral, 12475 09:40 Public Assist, 617 Front St. Chumstick Hwy. 10:47 Public Assist, Little 16:21 Traffic Offense, US Hwy. 2, Wenatchee, and White River Roads

> 11:30 Civil Dispute, 9926 School St., Peshastin 13:32 911-call, 8151 Icicle Rd. 14:52 Public Assist, 86 Merritt

Ln., Lake Wenatchee 15:17 Domestic Disturbance, 24627 Spur St., Plain

19:47 Suspicious Circumstance, 100 Enchantment Park Way 21:04 Malicious Mischief, 1300 Commercial St., Garten Haus

# Jan. 18

08:03 Traffic Offense, US Hwy. 2 and Chumstick Hwy. 14:29 Civil Dispute, 6585 US Hwy. 97, Peshastin 20:44 Runaway, 11869 Shugart Flats Rd., Plain

# Jan. 19

07:43 Vehicle Theft, 10769 Lone Pine Dr., Peshastin 08:59 Parking/ Abandoned Vehicle, 110 Icicle Rd. 10:22 Parking/ Abandoned

Peshastin 10:35 Agency Assist, 138 West

Vehicle, Ingalls Creek Rd.,

13:07 Civil Dispute, 261 Mine St. 13:25 Property, 820 Commercial

18:58 Domestic Disturbance, 505 US Hwy. 2, Icicle Village Quick

23:15 Domestic Disturbance, 309 8th St., Post Hotel

# Most popular library materials in 2022

SUBMITTED BY MICHELLE MCNIEL NCRL Public Relations

In 2022, NCW Libraries' print and materials digital circulated 1.2 million times. Here are the most popular titles checked out across the region:

**Physical Materials** Fiction: Where the Crawdads Sing by Delia Owens *Non-Fiction:* Atomic Habits by James Clear Memoir/Biography: Educated by Westover **DVD**: Dune

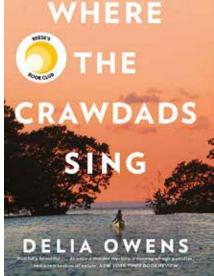
Book Club Kit: The Book Woman of Troublesome Creek Kim Michele Richardson **Digital Materials** 

eBook on Libby: The

Judge's List by John

Grisham eAudio on Libby: 21st Birthday by James Patterson eBook on Hoopla: Harry

SUBMITTED PHOTO. NO. 1 NEW YORK TIMES BESTSELLER rediscovery of library services,



Potter and the Sorcerer's Stone by J.K. Rowling eAudio on Hoopla: Harry

Potter and the Sorcerer's Stone by J.K. Rowling Title on Kanopy: Alone Season

4, History Channel "As pandemic restrictions were lifted in early 2022, our staff were thrilled to welcome our communities back into our library spaces, guiding people of all ages through a

resources, and programs," said Barbara Walters. In 2022, NCW Libraries welcomed 26,827 attendees at library programs, up from 10,760 in 2021. NCW Libraries serves 5 counties in North Central Washington through 30 library locations, 2

community bookmobiles, the Mail Order Library, and www. ncwlibraries.org.



# Community



# Cold **Feet**

Staying with Grandma and Grandpa in the Upper Valley, we get snow. Sonny and I woke up to another seven inches. It was cold and quiet. In the stillness everything came to a halt for me; I don't want to be anxious; I've done my best to prepare for winter; but I'm not at Hubby's side. I'm not sure if I'm missing a rudder or a steering wheel. Either way

it takes a conscious effort to turn and face the dragons in my imagination that aren't as imaginary as I'd like.

Seven inches of snow and I'm anxious. My snow shovel isn't that big! At my late Hubby's side, we were prepared for winter. Snow brought a peaceful time when we could slow down. I wasn't anxious because his shovel WAS big enough. Now it's me, Sonny, and the Grandparents who are pushing up against frailness. At least I have warm winter boots.

In my pre-teens I remember

one October hunt in the Rocky Mountains when Grandpa showed me how Grandma wrapped his feet in burlap bags and stuck them in boots (one size fits all) she called galoshes. They were black rubber with a flap for the tongue and if the soles weren't worn out, they were waterproof. That day the pair Grandpa held in his hand were thin on sole. In the Colorado cold, I wiggled my toes warm in woolly packs inside Sorrel boots he'd bought

"Burlap isn't very warm." I said. "It's what we had," he answered. I saw by the way he held that worn black rubber boot how valuable those galoshes were to the kid he was back-when. He glanced at my foot-ware, grinned at me and I saw the pride in his eyes for being able to provide. That winter I discovered wool.

Sorrel boots with removable wool liners became my standard for winter foot ware. But now Sorrels are made in China; the removable Chinese liners (packs) aren't wool; they don't keep feet warm. I found a wool sweater; removed the long sleeves; knitted the cuffs together; created a make-shift

pair of packs and my feet stay warm. With seven inches of new snow on the ground I'm thankful for my sweater-sleeve

Sonny got busy moving snow. Four hours into snow blowing he came inside to warm his feet. His rubber ankle boots provided little protection from the snow and cold. I offered him my Sorrel boots complete with wool sweater sleeve liners. Sonny said, "No thanks." I'd argued with him before; I wasn't going to argue about it again; I left the boots on the floor.

Marching out of the living room I overheard Grandma say, "Why don't you wear them? It's cold on the feet out there. Don't be so proud. What do you think? Grandpa's going to look at those boots and start laughing?" Next thing I knew Sonny was heading out the door wearing my Sorrels. Grandmas just have more pull than moms.

The following day Sonny bought himself a pair of winter boots. My anxiousness is decreasing. Maybe it's because Sonny is making good decisions. Maybe it's because grandmas have more pull than

moms. Or maybe it's because on these cold days I've been eating whole grains that have precursors for serotonin, the feel-good chemical for the brain.

#### Grain Breakfast Whole Cereal

 1 cup whole grain (wheat berries, oat groats, pearl barley) 3 cups water

In a saucepan simmer whole grain and water until the grain is your type of tender. The grain will get softer the longer it is cooked. When it is done, serve for breakfast with a dab of butter or a splash of milk (grain+milk=complete protein). Put the extra in the fridge for tomorrow's breakfast.

Note: In these crazy days, like everyone else, I can use a boost from the serotonin precursors found in whole grains. Once cooked, the grain can be reheated simply by putting a few tablespoons of grain in a mug and running hot tap water into the cup to fill it. I like to sip warm water as I munch on the whole grain. This is an easy 'make my own breakfast' for kids of all ages when the grain is cooked the night before. The cold cooked grain can be treated just like boxed cold cereal when the water is drained off, it is poured into a bowl, milk is poured over it and it is served with a spoon.

About the author: In 2000 Michele Priddy left the work force to become a stay-athome mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho. com or Michelle's email: mykitchenstrategies@gmail. com if you have any questions or comments.

recognizes as the source of

his hope. It is undoubtedly

not himself nor his situation

but God alone. The psalmist

includes the words "who

made heaven and earth" to

communicate the power and

sovereignty of God. Since

God is the one who created

all things and all life is in his

hands, he is the only one that

can help in our struggles and

difficulties. What happened to

Damar Hamlin was just what

happens every day in this

world; the only difference was

it was televised to a national

suffering happen to people,

and they cry out to God, who

responds to those afflicted.

Though our present situations may be bleak, our help is in

audience. Difficulty

God, and he will come.

# God our Help

Millions watched after Damar Hamlin, safety for the Buffalo Bills, collapsed onto the field. The once cheering stadium, in an instant, became hushed, with all eyes focused on the injured player. As the cameras panned across the field, players huddled together, kneeling in prayer for Damar Hamlin, and in the studio, sportscasters' shaky voices led millions of their viewers to pray for God to help and heal. In an industry and a culture that tries to push God out, God was the only one we could turn to in that moment of crisis.

Thankfully, as of writing this, Damar Hamlin is doing better. Every day he is



A WALK WITH **PASTOR** 

John Smith

getting stronger and hopes to make a full recovery soon. However, Hamlin's football career will have a lasting impact, not because of his accomplishments on the football field but how God used him to bring men to their knees and millions to pray. God uses crises and difficult situations to bring us to an end of ourselves. We often go through life utterly oblivious to the world around us, and we can so easily become delusional that we have it all together. That can change instantly, and suddenly you

find yourself at the bottom of life. At that moment, the choice you make can be made to look inwardly or outwardly for hope.

You can (and many people do, unfortunately) turn inward, or as Augustine coined the term, incurvatus in se, which means to "curve inward into oneself." For example, hardships and suffering can cause one to cave in on oneself, causing someone to become resentful, spiteful, and suspicious of the good. Like a collapsing star creates a black hole; likewise, a person who responds to crisis inwardly is left with hopelessness and inescapable darkness.

When facing any suffering, we have to look outwardly. As stated earlier, difficult situations are meant to reveal how powerless we are and how easily the world overcomes us around us. It also forces us to look to God for our help. Take what happened to Damar Hamlin as an example; he is a worldclass athlete competing with other world-class athletes on a global stage. The precision, skill, and athleticism on that football field are unmatched. However, none of it mattered or prevented Damar's injury. Damar still collapsed, the players were left powerless to do anything, and at that moment, Damar's life was in God's hands.

And it was God that everyone looked to.

Psalm 121:3 says, "I lift up my eyes to the hills. From where does my help come? My help comes from the LORD. who made heaven and earth." Psalm 121 is the second Psalm in the Songs of Ascents. Psalms in these categories were traditionally sung as whole communities traveled to Jerusalem for the various Levitical feasts. Why Psalm 121 is so profound because it is a powerful reminder of God's aid and is meant to give confidence to those who believe in him. The phrase "I lift up my eyes" denotes a yearning and longing for relief. To illustrate, in Peter Jackson's film adaptation of the Lord of the Rings: The Two Towers, there is a scene where Aragon, Gimili, and Legolas are defending the fortress Helm's Deep from the assailing armies of the wicked wizard Saruman. They are overwhelmed and surrounded, and when you think it is all over and defeat is inevitable, suddenly, from the hills rides Gandalf with a multitude of friendly forces to rescue our beleaguered heroes. It is a powerful scene and gives expression to how the psalmist feels. We have all been there. Perhaps you are there now, and you can be assured that you have someone you can turn to. Notice who the psalmist

is looking for and who he

Pastor John Smith of

Evergreen Baptist Church in Cashmere can be reached at pastor johnsmithebc@gmail.com.

Obituary & Memorial

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

# New to our area? On vacation? These churches welcome you!

# TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

# CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer

Find us on Facebook at Cashmere Baptist Church CASHMERE PRESBYTERIAN CHURCH



303 Maple Street • 509-782-2431 Sunday Morning Worship 10:30 a.m. Call for activities: Pastor Charles Clarke www.cashmerepres.org



# CASHMERE COMMUNITY CHURCH

213 S. Division • 509-782-3811 In-person Service, Sunday, 11 a.m. until further notice. Pastor Lilia Felicitas-Malana cashmerecommunitychurch@gmail.com



Sunday Worship Service at 10 am 5800 Kimber Rd., Cashmere 509-782-2825 christcentercashmere.com



**GRACE LUTHERAN CHURCH**  509-860-0736 401 Elberta Ave., Morning Prayer or Holy Eucharist. Services, 10 a.m. Pastor Rob Gohl



ST. JAMES EPISCOPAL CHURCH 509-860-0736 222 Cottage Ave., Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl

# DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. Worship 10:45 a.m. Pastor Steve Bergland

> MID-VALLEY BAPTIST CHURCH 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m., Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

# LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

> CORNERSTONE CHURCH Leavenworth Grange Hall 621 Front St. • 509-433-7477 Sunday Worship 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH 418 Evans Street • 509-548-5619

10 a.m.Sunday Service, Pastor Jo Dene Romeijn-Stout Leavenworthumc.org leavenworthumc@outlook.com

Church of Jesus Christ of Latter-Day Saints 10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.

> FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation" 224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following https://www.flcleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC 429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

> LEAVENWORTH CHURCH OF THE NAZARENE 111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell www.LCN.org

SEVENTH DAY ADVENTIST CHURCH 10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997 SPIRIT LIFE CENTER

210 Benton Street • 509-548-7138 Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

# MONITOR



# PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH 8455 Main Street Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org



**New Life Foursquare Church** 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m. Pastors, Darryl and Mindy Wall Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com

# PLAIN PLAIN COMMUNITY CHURCH



Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621 Looking for you at 10:30 this Sunday! plaincommunitychurch.org

facebook.com/plaincommunitychurch office@plaincommunitychurch.org





THE LEAVENWORTH ECHO • JANUARY 25, 2023

# Cascade falls to conference rivals in tough matchup



Justin Pardini Reporter

The Cascade Boys Basketball team (2-10-1) was set to face their conference rivals, the Cashmere Bulldogs (6-9), on January 13 in Cashmere. As fans packed into the arena to see the exciting matchup, the teams prepared for an intense game. The Bulldogs were steady with Cascade for the majority of the first half, getting into defensive schemes to force turnovers early. The Kodiaks, however, held the paint down by blocking shots and securing rebounds with ease. The two teams were fairly even by the break, with the Bulldogs leading 32-31 at half. During the start of the second half, Cashmere began to incorporate a full court press into their defensive tactics. This created a bit of chaos for Cascade and allowed for fastbreak points to be secured. As the game progressed, critical foul calls and turnovers led to a score of 60-60 with a few seconds left to go. As the clock wound down,



#11 Aiden Tuttle gets an easy layup.

Junior guard #2 Landon Baker was able to grab a rebound and lay in the game winning shot with the time expiring. This led to a frenzy of fans and teammates, as the Cashmere Bulldogs beat the Cascade

Kodiaks in the final seconds of the match. Although this resulted in a loss, #12 Kaston Dillon was a force to reckon with the entire game. Blocking shots, grabbing rebounds, and getting to the foul line allowed Cascade

State School Superintendent Reykdal

to stay within reach of this game throughout the contest. He finished with 21 points and secured a fair number of boards and blocks. Cascade hosts their rivals for a rematch on January 31 at Cascade High School.

contest





#### **How it Works:**



Call (844) 889-8170



■ Support Veteran Nonprofits.

Free Pickup & Towing. ■ Top Tax Deduction.

**Donate Your Vehicle Today** 844-889-8170



#### shares update on K-12 education system In his annual address on put forward a package for Jan. 9, Superintendent Chris legislative consideration that

Reykdal shared information about student learning recovery, student mental health and well-being, graduation and enrollment data, school funding, and

> Submitted office of SUPERINTENDENT OF PUBLIC Instruction

**OLYMPIA** -As the 2023 Legislative Session began, State Superintendent Chris Revkdal described state of Washington's K-12 education system in an annual public address from the Office of Superintendent of Public Instruction (OSPI) headquarters in Olympia.

In the address, Reykdal provided updates on several topics that are top-of-mind for policymakers, educators, and families alike.

"I am so proud of the progress we have made over the last year," Reykdal said. "Our schools are leveraging onetime federal funds to support student learning and wellbeing recovery in innovative ways, and their tireless efforts have had a tangible impact. However, our students' needs are profound, and they preceded the pandemic.'

"Despite having one of the fastest growing economies in America," Reykdal continued, "the state's investment in our public schools is on a troubling downward trend once again while the national average is increasing. I have would support continued recovery and acceleration for our students and ensure our state is investing at least at the national average."

Brief descriptions of some of the topics covered by the Superintendent are provided

#### **Student Learning and Well-Being Recovery**

Like their peers across the nation, Washington's students were impacted by the pandemic in countless ways. However, with diligent efforts by students, educators, community partners, students are recovering.

one-time Using their emergency relief funds, school districts across the state are engaging in innovative, evidence-based practices to support student learning and well-being recovery and acceleration. This includes things like dedicated staffing support students to graduation, free mental health services, access to higher education in high school at no cost to the student, and much more. Districts are on track to spend down all the funds by the September 2024 deadline.

# **Student Enrollment Data**

Early in the pandemic, our earliest grades saw sharp declines in enrollment. At the same time, enrollment for our high school students has remained very steady through the pandemic, even increasing from pre-pandemic numbers for some grades.

While the situation for every student and family is unique, transfers to private schools and homeschool peaked during the height of the pandemic in 2020 and have since returned to their pre-pandemic rates.

## **2022 Graduation Data**

The graduation rate for the Class of 2022 remained steady at 82.3%, a small decline of 0.2 percentage points as compared to the Class of 2021. As an increasing number of students have persisted past their fourth year to earn their diploma, 2022 continued to see near record-high graduation rates for students in their fifth. sixth, and seventh years.

In addition, nearly every student group saw an increase in their 4-year graduation rate, and many persistent opportunity gaps are closing.

# **School Funding**

From 2020 through 2024, the federal government will have invested \$2.9 billion in our schools with emergency relief dollars. School districts have spent these flexible dollars to support health and safety, access to educational technology, mental health, academic interventions and support, and more. The majority of the over 9,000 individuals employed with these dollars are paid to provide direct academic support to our students.

School districts are on pace to spend all of these dollars before the final deadline. These one-time federal funds make up an average of less than 5% of our school districts' total budgets statewide.

As these one-time temporary funds are spent down in support of students, we must shift our focus to fixing the core challenges that remain in our state's school funding system.

### **Further Transformation**

To support continued progress in student learning and wellbeing recovery, Superintendent Reykdal has put forward a package of proposals for legislative consideration this session. This includes priorities like fully funding supports for students with disabilities, providing all students with meals at school at no cost to the student, eliminating financial barriers to dual all of Washington's youngest learners have free access to books at home through their



Superintendent, Chris Reykdal



# **Sports Schedule**





# **BOYS BASKETBALL**

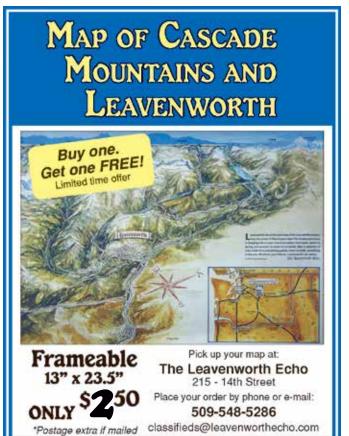
Jan. 21: Cascade 46, Liberty Bell 87, Loss

KODIAK SPORTS SPONSOR OF THE YEAR



**Best of Luck Kodiak Athletes** 

From your fresh, friendly LOCAL grocer. 509-548-5611





REDUCE REUSE RECYCLE



BUSINESSJOURNAL

MIRROR

#### Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record 509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair ing in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertis-ing for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: NCW Media Inc. shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsible for corrections made there-after. NCW Media Inc. shall not be responsible for slight changes or typographical er-rors that do not lessen the value of the advertisement. NCW Media Inc.'s liability for other errors or omissions in connection with an advertise-ment is strictly limited to the publication of the advertisement in any subsequent issue. No monetary refunds will be given. For more information call (509) 548-5286.



# Administrative

#### **Puzzle Solution**



# **Announcements**

# **Lost & Found**

#### **LOST & FOUND ITEMS** can be placed in our **Local Newspapers** and Online at

**NCWMARKET.COM** for ONE week for FREE. Limit 30 words. A small fee will be

charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286

or email classifieds@leavenworth echo.com

Lake Chelan Mirror 509-682-2213

**Quad City Herald** 509-689-2507 or email

mirrorads@lakechelan mirror.com

**Deadline Noon** on Friday for the next week's papers

#### **Happy Ads**

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY CONGRATULATIONS!** WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

# www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra

charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just

Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

### The Lake Chelan or Quad City Herald

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

#### **General Interest**

#### Trouble hearing your TV?

Try TV EARS' Voice Clarifying Wireless TV Speaker. Better than a soundbar and/or turning the TV volume way up Special, limited time \$50 off offer. Call TV Ears Use code MBSP50. Call 1-844-541-3425

### REVERSE MORTGAGE A Better Way to Live



Let's Talk

Carlos Mata NMLS #70770 Reverse Mortgage Specialist 509.662.5495 cmata@mutualmortgage.com

710 N. Miller St. Wenatchee, WA 98801

Mutual of Greate Murtgage, Inc., NMLS101025994. WA Commercian Company Disease Ct-1025894. These materials are not from, or apposed by HILD or Fills, wavenithoonsureracressory Subject on approval. 996/202794 © Equal Housing Lendon.



Need to promote your event? Have you thought about NCWMarket.com

the best online promotion available

## **Employment**

#### **Help Wanted**

#### Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald **Brewster** Call 509-682-2213

or email mirrorads @lakechelanmirror.com

Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth

echo.com

OR

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

#### Data Retriever & Office Support.

FT. Learn to retrieve court records online and from various court record databases Nationwide. Need person who has a positive, solid work history. Takes pride in their work. On time. Independent. Accurate.

Familiar with using computer and multi-line phone. Also, team player to help office staff get work completed. \$17.00 to start. Begin earning vacation/sick time immediately. Spanish speaking starts at \$17.50. Pass a Drug Test required. Send resume

rebekahn@orcainfo-com.com

# For Sale

# **Antiques & Collectibles**

#### Get cold hard CA\$H for your Antiques and Collectibles by placing them in our classifieds.

Place your ad with pictures online

24/7 at www.NCWMarket.com

Register and pay on our secure site.

Want Print Only? Call

Lake Chelan Mirror **Quad City Herald** 

509-682-2213 or email mirrorads @lakechelanmirror.com or call

The Leavenworth Echo Cashmere Valley Record 509-548-5286

classifieds@leavenworth echo.com

Deadline: Noon on Friday for all papers.

# www.leavenworthecho.com www. cashmerevalleyrecord.com

# Windermere

# Windermere Real Estate/NCW Leavenworth/Lake Wenatchee Specialists

Looking for real estate in the Upper Valley?

Give us a call today!

Robyn Bodajla - 617-462-3402 Momi Palmieri - 509-433-2211 Geordie Romer - 509-679-8958 Allyson Romer - 509-630-9898

See all available properties at windermereleavenworth.com

#### Garage & Yard Sale

#### **CLEAR SOME SPACE** WITH A



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

#### Print only? **Deadline Friday at** Noon for all papers

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

### Vehicles

### **Trucks & Vans**

FOR SALE Leavenworth Original owner White, 2008 GMC TRUCK

1/2 ton, 4 x 4- V-8 extended cab and a canopy, new battery. New transmission in 2019 Very clean,143,964 miles, lots of extras. New price \$16,500 OBO

Call to make appt. to see Carol 509-670-1723. See photo on NCWMARKET.COM



# **Upgrading** your 'ride'? we can help you sell your old one

 Place your ad 24/7 at ncwmarket.com • Email: classifieds@ leavenworthecho.com

• Call 509-548-5286

### Legals

# **Public Notices** SUPERIOR COURT OF

### WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of

DOUGLAS G. RUSSELL Deceased. No. 23-4-00011-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030 representatives

The personal named below have been appointed co-personal as representatives of this estate. person having a claim Any against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the co-personal representatives or the co-personal representatives' attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

Thirty after (1) days representatives co-personal served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate nonprobate assets. Date of First Publication:

Co-Personal Representatives: Eric R. Russell, Kyle J. Conway Attorney for the Co-Personal Representatives: Russell J. Speidel Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue. Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00011-04 ERIC R. RUSSELL Co-Personal Representative KYLE J. CONWAY Co-Personal Representative Attorneys for Co-Personal Representatives: SPEIDEL BENTSEN LLP

January 25, 2023

By: RUSSELL J. SPEIDEL WSBA No. 12838 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 Published in The Leavenworth Echo/ Cashmere Valley Record on Jan. 25,

and Feb. 1, and 8, 2023. #5174

#### **Public Notices**

#### **SUPERIOR COURT OF** WASHINGTON FOR CHELAN COUNTY

In the Matter of the Estate of MICHAELA C. DELANEY. Deceased. No. 23-4-00015-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030

personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided **RCW** under 11.40.020(1)(c); or (2)four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both decedent's probate nonprobate assets. Date of First Publication:

January 25, 2023 Personal Representative: Nancy L. Baker Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: **County Superior Court** Cause No. 23-4-00015-04 NANCY I BAKER Personal Representative

Attorneys Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 Published in The Leavenworth Echo/ Cashmere Valley Record on Jan. 25



and Feb. 1 and 8, 2023. # 5173

# **Place** your Help Wanted and find the best qualified local employee



- Place your ad 24/7 at ncwmarket.com Email: classifieds@ leavenworthecho.com
- · Call 509-548-5286

# *run* it 'till it sei

**Housing sales are HOT!** Is your home getting the attention it needs!

Advertise your property on NCWMarket.com for one low fee! \$100 fee includes:

- Up to 5 photos of your home & property
- Video Unlimited description
- Google Map to your location (you can opt out)

North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

Our site is promoted across

Privacy Link (interested buyers contact you through the site protecting your identity)



#### **Public Notices**

SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY In the Matter of the Estate of CAROL IRENE TOEVS, Deceased. NO. 23-4-00002-04 PROBATE NOTICE TO CREDITORS The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: January 18, 2023 PERSONAL

South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 23-4-00002-04 OVERCAST LAW OFFICES By: /s/ Thomas D. Overcast, WSBA No. 14486 Attorneys for Personal

REPRESENTATIVE: Kenneth

Dale Toevs ATTORNEY FOR

FOR MAILING OR SERVICE:

**OVERCAST LAW OFFICES 23** 

PERSONAL REPRESENTATIVE:

Thomas D. Overcast ADDRESS

Representative Published in The Leavenworth Echo/ Cashmere Valley Record on Jan. 18, 25, and Feb. 1, 2023

# NCW MARKET.COM **CLASSIFIED ADS**

Call today and receive a

4

3

9

6

© StatePoint Media

FREE SHOWER PACKAGE

PLUS \$1600 OFF

STEP 1-855-576-5653

3

6

# Prescription-only antiviral agents can reduce the length, severity of symptoms of viral infections

Q: Should I contact my doctor for an antiviral medication?

That can depend on which virus you are trying to protect against and how long you have had the viral illness. Several prescription-only antiviral agents can reduce the length and severity of symptoms of your viral infection. However, these antiviral agents only work against one particular virus, like influenza or COVID-19. Currently, no prescription antiviral drugs work on both influenza AND COVID-19.

This is the middle of the influenza season. The flu season that hit the Southern Hemisphere six months ago was one of the most severe in years. Experts are concerned that our flu season here in the Northern Hemisphere will also be worse than usual.

On top of that, the relaxation in wearing masks has caused a jump in upper respiratory viral infections, including strains of COVID-19, influenza, RSV (Respiratory Syncytial Virus), and the common

Many influenza, COVID-19, and RSV symptoms overlap. Before treatment with an antiviral can start, testing



is essential to correctly identify whether your illness is caused by a virus that has a specific antiviral available, like influenza or COVID-19.

Antiviral agents are most likely to reduce symptom severity or length of symptoms when given very early in the illness, as soon as possible from the appearance of symptoms. For influenza, it's best to start antiviral medication no later than 48 hours from the onset of flu-like symptoms. For COVID-19, the time frame of treatment with a prescription antiviral agent is more forgiving. Antivirals active against COVID-19 must be started within 5 days of symptom onset.

July 2022, and Drug U.S. Food Administration (FDA) revised the emergency use authorization for Paxlovid® (nirmatrelvir and ritonavir). This decision allows pharmacists to prescribe oral antiviral medication to eligible patients if particular criteria are met. These criteria include evaluating the list of drugs you are taking and assessing your liver and kidney health to ensure the appropriate use of Paxlovid®.

The FDA took this action to help prevent severe illness from COVID-19. Paxlovid® must be taken within five days after symptoms begin to be effective. Authorizing licensed pharmacists to prescribe Paxlovid® could help provide more timely treatment for COVID-19 to those eligible to receive it.

Suppose you evidence of a positive home test result from a rapid antigen diagnostic test or a positive PCR test. In that case, you may be eligible for treatment with Paxlovid®. Confirmation of a home rapid antigen diagnostic test with additional direct SARS-CoV-2 viral testing, such as a PCR test, is not required.

Suppose you have tested positive for COVID-19 and want to receive Paxlovid® at a location where prescribing by licensed pharmacists is available. In that case, you will need to bring to the pharmacy certain information to help determine if you are eligible.

The pharmacist needs your electronic or printed health record with recent reports of

appropriate laboratory blood work to screen for kidney or liver problems. Another way the pharmacist could also get this information is by consulting with your doctor.

You will also need to provide a current list of all the medicines you currently take, including any overthe-counter medications, to the pharmacist. This is important because several drugs can react with Paxlovid®, with potentially serious consequences.

If the pharmacist does not have the laboratory test information to assess your kidney and liver function, plus a complete list of your medications, they cannot give you Paxlovid® from their pharmacy. You will need to contact your doctor for treatment options.

Paxlovid® is authorized by the FDA to treat mild-tomoderate COVID-19 illness in adults and children 12 years of age and older who weigh at least 88 pounds. They must have a positive test for SARS-CoV-2 and be at high risk for COVID-19 infection to progress to severe symptoms, hospitalization, or death.

Here Are 3 Tips About Prescription Antiviral Drugs:

antiviral medications as soon as possible.

Antiviral agents for influenza should be started within 2 days of flu-like

days of signs of COVID-19. 2. Know what virus you are dealing with.

symptoms and within 5-7

To select the appropriate antiviral, your medical provider needs to know which virus you have. Documentation of a positive COVID test is required to be eligible for a COVID-19 antiviral.

3.An oral antiviral agent for COVID-19 may be available from your local pharmacy.

criteria are Several needed to be eligible for the antiviral Paxlovid® to help fight COVID-19, including a positive COVID-19 test and no more than five days since your symptoms started.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, The Medication Insider. com. ©2023 Louise Achey

# Concerned about flooding? Ensure your home and belongings are protected

STATEPOINT - According to the Federal Emergency Management Agency (FEMA), floods are the most frequently occurring natural disaster in the United States, which is why it is important to understand the risks

and costs associated with flooding, and what you can do to protect your home.

Rampant storms and hurricanes are not the only causes of flood damage leaky pipes can cause just as much water damage and put a huge hole in your wallet, too. According to FEMA, just 1 inch of water in a home can cost more than \$25,000 in damage.

What can you do to protect your home in the event of a flood? First, make sure you have flood insurance. Some people may think they don't need flood insurance because of where they live. Many may also assume that flooding is included in their homeowners insurance policy when in fact, most homeowners policies do not cover flooding.

# Why is that?

A string of flood disasters occurred throughout the '40s, '50s and '60s that put financial tremendous strain on private insurers, so in response, the federal government created the National Flood Insurance Program (NFIP) to protect homeowners, renters and businesses.

Talk to your insurance agent about getting flood insurance through NFIP. Some companies additional unique options. For example, Erie Insurance recently began offering a



(c) Image Source / iStock via Getty Images Plus

Many homeowners assume that flooding is included in their homeowners insurance policy when in fact, most homeowners policies do not cover flooding.

coverage called Extended Water that covers damage caused from flash floods, inland flooding, storm surges, snow melt and more. It covers the home and its foundation, electrical and plumbing systems, air conditioning equipment, furnaces and heaters, appliances and personal possessions, such as clothing and furniture. It even offers coverage if you need to temporarily relocate while your home is being repaired.

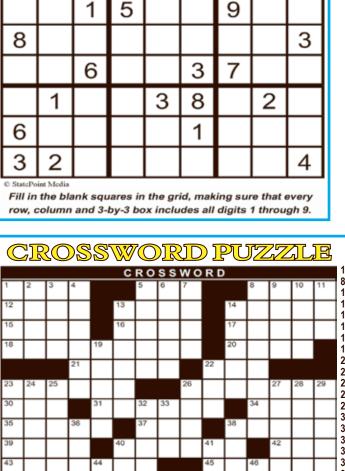
"As frequency the

of flooding homeowners need to understand that flood insurance is typically not included in their standard homeowners insurance policy, but there are options available," said Michelle Tennant, vice president of product management, Erie Insurance. "Even if you don't live in an area that you think is flood-prone, if it rains or snows, it can flood. That's why it's so

important to talk to your agent about your home and your neighborhood, to make sure you have the coverage that's right for you."

To learn more about flood insurance, contact your agent or visit https://www. erieinsurance.com/floodinsurance.

As flooding becomes more frequent, make sure that you have the insurance you need to protect your home and belongings.







. COVID tester 5. Pep rally syllable To overlay with thin gold coating 12. Sky bear 13. Abundant

14. Worrier's worry? 15. Fishing spot

16. Blackhearted 17. Full of coral

18. \*2023 Super Bowl stadium sponsor 20. Research facil.

21. Egg cell 22. King Charles to Prince Harry

23. Thief's target 26. \*2023 Super Bowl Halftime Show star

30. Mozart's "L'\_ del Cairo'

31. Bob Marley's music 34. Yarn spinner

35. "The Poky Little 37. Skedaddle

38. 18-wheelers

39. "Guilty," e.g.

40. Fabric inset

42. One of the sibs

43. \*Super Bowl advertiser's purchase

45. Anatolian language

47. Decay 48. "There it is," ‡ Paris

52. \*Home of the Ravens, for both Super

Bowl appearances 56. Cuckoo for these puffs!

57. Curved molding 58. Medicinal plant

59. Court orders, e.g.

60. Sonny & Cher and Abbott & Costello 61. Talk like a drunk

62. Actor Danson and character Lasso 63. "Owner of a Lonely Heart" band 64. \*Star of the most-watched Super **Bowl Halftime Show** 

#### **DOWN** 1. Paddleboarding acronym 2. Court order 3. Between ports 4. Hungarian composer Bela 5. \*Either one of the opposing Super Bowl teams 7. Position of leadership \*2023 Super Bowl AZ location 9. Frosts, as a cake 10. Hit the road 11. Like certain humor

13. Disprove 14. Dickens's Heep 19. Each and all 22. One of a set of dice

23. Father, colloquially

24. Round openings

25. Pickled garnish

26. \*Last year's Super Bowl winners

27. Nimbus, pl.

28. Nigerian money

29. Torcher's crime

32. Elmer's, e.g.

33. Found at the pump

36. \*Team with most Super Bowl ap-

38. Signing tool at the cash register

40. Greenwich-related acronym 41. Superior ones

44. Itsy-bitsy bits

46. Patterned table linen 48. Lacking clarity

49. Bread spreads 50. Donned 51. As opposed to base in chemistry

52. Snatchers' quest 53. Cantina pot

54. \*Overwhelming Super Bowl defeat 55. Fear-inspiring 56, 100 lbs.



THE LEAVENWORTH ECHO • JANUARY 25, 2023

# Recreation/Opinion

# The Washington Outdoors Report



Park Aides at Columbia Hills State Park

SOMETHING FISHY FOR DINNER

By John Kruse

TJ's Bar and Grill in Kettle Falls is in hot water after serving seafood they should not have been selling to their patrons. According to Captain Brad Rhoden with the Washington Department of Fish and Wildlife, during the summer of 2019 the owner of the restaurant, Terry Baxter, went on a recreational fishing trip near Bamfield, British Columbia. Baxter then brought the Chinook and coho salmon, as well as the halibut he caught, back home and proceeded to serve these fish to customers at his restaurant.

Captain Rhoden states, "By law, a business selling fish to a consumer, such as a restaurant, is required to state the species of the salmon and whether the fish was farmed or wild caught. The Legislature created these laws so consumers can be confident the fish they are about to eat is what it says."

As for selling recreationally caught fish in a restaurant Captain Rhoden explained, "Washington law does not allow the edible portions of wild animals, game birds and game fish to be sold. Food fish such as salmon and halibut can be commercially sold in Washington as long as the fish were lawfully harvested during an open season/area by commercially licensed fishers. So, no recreationally caught fish can be sold, bartered or traded lawfully in Washington."

The multi-year investigation by the Washington Department of Fish and Wildlife was prosecuted by the Washington State Attorney General's Public Lands and Conservation Division last summer. On January 17, Baxter's business plead guilty to the crime of First-Degree Unlawful Fish Catch in Stevens County Superior Court. He received no jail time but will have to pay a \$10,000 fine.

#### STATE PARKS HIRING PARK AIDES

Looking for a fulfilling, seasonal job working in a great outdoors location? If so, apply for a job as a park aide with Washington State Parks. They are hiring 305 seasonal workers to work from April through September at their parks throughout the state.

Duties include everything from registering campers to cleaning campgrounds and maintaining facilities and trails. Aides may also be helping out with interpretive and educational programs at parks around the state. You may be assigned to one specific park or rotate your daily duties amongst several parks in close proximity to one another.

My son, David worked as a park aide for two years in college and really enjoyed his time during the summer months at Lincoln Rock and Daroga State Parks in North Central Washington. However, this isn't just a job for college students trying to make money during the summer. It's also a great opportunity for retired or semi-retired individuals who enjoy meeting people and spending time outdoors in the beautiful settings our state parks are set in.

Park aides earn anywhere from \$16.61 to \$19.09, depending on qualifications and experience. Senior Park Aides (with previous experience) earn more. You can fill out an application at www. governmentjobs.com. Simply type in Park Aide in the Search Bar along with Washington

for the location and you'll see what's available.

#### FISHING REPORTS

**COLUMBIA RIVER GORGE** 

#### Autumn Lawyer at Gorge Outfitters Supply in Rufus says they are doing pretty well catching walleye below John Day Dam. Most of the

well catching walleye below John Day Dam. Most of the walleye have been caught using spinner worm harnesses tipped with nightcrawlers. A bright orange and black combo-colored spinner worm harness is the hot ticket. Several large walleye (up to ten pounds) have been caught in the last week.

Autumn says last week sturgeon fishing was also pretty good. Catch and keep sturgeon fishing remains open (for now) in both The Dalles and John Day pools. Be sure to check the WDFW and ODFW websites before going out to make sure harvest quotas have not been met.

RUFUS WOODS RESERVOIR
Austin Moser with Austin's
Northwest Adventures has
been catching triploid rainbow
trout near the net pens at Rufus
Woods Reservoir over the last
several weeks. Austin says
they have been catching limits



PHOTO COURTESY AUSTIN'S NORTHWEST ADVENTURES.

Austin Moser with a hefty Rufus Woods Reservoir triploid trout

of these hefty rainbow trout, averaging 4 to 8 pounds and going all the way up to 15 pounds in size. Moser's clients have been jigging 3/8-ounce Maxi jigs made by Yakima Bait Company. While many anglers use bright colors, Moser has found natural colors such as black, brown and olive work best.

Bank anglers are having success as well, though it can be hit and miss. Most anglers fishing from shore are using Powerbait to catch their trout. It is worth noting that there is a \$20 access fee to use the park near the net pens and also a \$10

launch fee. Shore anglers also need to have a Colville Tribal fishing permit. Moser says he does have several openings for anglers in February. To book a trip go to www. austinsnorthwestadventures. com. If you want to find out more about fishing or camping at Lake Rufus Woods Park which is operated by the Colville Tribe, go to www.colvilletribes. com/lake-rufus-woods.

John Kruse – www. northwesternoutdoors.com and www. americaoutdoorsradio.com



# Tumwater Drilling and Pump Inc.



EXCAVATION



STORAGE



# The "Water Park" Whistle

By Rhona Baron

The river flowed around the bend below Wenatchee Institute Wednesday night, January 11, the roar of rapids muting our icy footsteps as we approached The Barn. Jammed with locals, elected officials and guests, the crowd listened respectfully as Erin McKay, Senior Natural Resource Specialist with Chelan County led the informational presentation titled "Leavenworth Mill Dam Rehabilitation and Recreation Improvement Project" or LMDRRIP. At stake: Barn Beach, a short, beloved stretch of the Wenatchee River a stone's throw distant, a place sometimes referred to as "Locals' Beach." The gathering was the result of a trickle that began six years ago when Chelan county's Natural Resources Department, in the course of updating their comprehensive plan, solicited input from the community to shape action items. Seventyseven detailed comments were received from both county residents and those living across Washington State, including many about whitewater recreation on the Wenatchee River.

Most comments (70%) seemed organized around one message: build a whitewater park in the Wenatchee and tie it to the removal of the Dryden dam, a structure proven to be lethal to river users.

Since then, the County has taken that input for more safety and river recreation to heart.

Under the direction of Mike Kaputa, Chelan County

Natural Resources Director, the program has explored not only the Dryden Dam as an option for a whitewater park, but several other stretches of river for comparison. Our Valley Our Future, partially funded the \$80,000 feasibility study. After the PUD and the Yakima Nation weighed in, only one location remained on the table. Thus, Leavenworth listened and viewed images for approximately 50 minutes followed by about 20 minutes of audience comments as we considered a possible "play wave" feature and rehabilitation of the historic mill dam that formed the sandy curve of Barn Beach. Not surprisingly, the vast majority of voices were against the LMDRRIP (we could call this one "Let 'Em Drip"). But I digress because many meeting attendees would simply like to see the proposal RIP forever.

Today the Whistle encourages the community to step back to view the big picture. Don't throw the Leavenworth Mill Dam project out with the... river water. Instead, let's consider the three pieces involved. There is no need to conflate those pieces. As Ms. McKay stressed, the project is scalable.

First, the basic situation on the river near Barn Beach in two words. Tuber take-out.

Thousands of them every summer, with attitudes ranging from respectful to "let's party" as floaters bump over anadromous salmon habitat on their way downstream from Icicle Road bridge. The county and city have been working on river recreation management for some time as the City owns the property at take out and

the county has the means to make improvements. We await the basic steps of adequate signage, permanent toilets if possible and a single trail back to the parking lot, instead of the current trampling of riparian habitat.

Secondly, The Whistle encourages the community to learn more about habitat restoration and remediation at the mill dam site. Rusty spikes, old pilings originally saturated with creosote and the ribs of the dam remain in the river. The removal of these items are the typical purview of Chelan County's Natural Resources Department, with their focus on rehabilitation including water quality, forest health and salmon habitat. According to Ms. McKay, the rehabilitation of this area will not affect the swimming beach around the corner and

will be grant funded.
Sadly, the Wenatchee River has also lost the majority of salmon "pull outs" or side channels for young fish, places they can rest as they begin their journey down the river to the sea. Part of the LMDRRIP proposes creating a flood zone pool which would aid fish. The pool would be similar to the shallow pools on Blackbird Island that provide excellent habitat. We believe this is a worthwhile

objective!
Finally, let's look at the play feature in the river. When you are considering the reshaping of the river bottom to accommodate kayakers, boogie boarders and other ways locals might enjoy the resulting waves during the spring and fall seasons of mid flow, keep in mind several points. Recreation Improvement in this location



will require much further study, will not be limited to local use, will create an increase in parking demand and could potentially change the riverbed both upstream and down. Construction would occur in fall, during salmon migration and potentially impact the anadromous runs annually. Consider that, to date, no examples can be found of constructing any kind of white water park in a river that hosts anadromous fish. Understandably, the Yakima Nation is firmly against this third portion of the project. While the Whistle appreciates the enjoyment and human enhancement that intentional wave shaping provides, we do not support Barn Beach as an appropriate location.

# This column's Whistlist

has one item.

1. Get Informed and Speak
Out: There is no firm
date for decision on the
LMDRRIP. But you can
contact the mayor, city
administrator and council
NOW regarding tuber and
other recreational use
on the Wenatchee River.
Include your thoughts on
"tuber take-out."

We live in a great community, favored by the restorative beauty of nature. Let's take our deepest wishes seriously. Believe your voice counts. Until next time, find our current poll online in the Echo and keep whistling. We'll hear you!