



## Daniel Anderman receives Special Olympic Award

By TIM TOON

Special Olympics Eastern Region Program Manager

Special Olympics Washington athlete from Leavenworth Daniel Anderman who is on the Icicle Trackers Team is an Inspiration for the Upper Valley Connection - Enriching the lives of our special needs community. Daniel has participated in Special Olympics Cross Country Skiing since 2004, but persistent back issues kept him out of the 2023 Special Olympics State Games.

Daniel has won more than 25 medals, many of them Gold, he proudly wears his medals when strolling around Leavenworth. Daniel says what he likes best about the Special Olympics are the Cross Country Team, and State Games, big tents at the venue, all the activities at Opening Ceremonies music and food.

He likes to go fast and win medals, especially when the Seahawk Cheerleaders help with the medal presentations. He likes interacting with friends, and the warmup circle before Cross Country practices with the other Icicle Trackers. He exercises to get ready to ski, sings the team song, written by a local Songwriter, which the words were adapted to become "Great Day to Be a Tracker". Daniel was the inspiration to start the Upper Valley Connection. Paul (dad) and Terry (mom) gathered partners and volunteers in the Leavenworth area and sponsored a baseball team modeled after Little League's "Challenger" program.

They added Cross Country Skiing and Snow Shoeing. Upper Valley Connection has grown significantly over the years to the organization it is now. Daniel's other interests and talents are building bird houses that are sold locally, and some were also sent to buyers around the country and around the world. He loves tools, music and enjoys riding a tandem bike around town with his dad Paul. He performs every summer in a musical produced by the Upper Valley Connection. Volunteers team up with scores of our community's folks living with developmental disabilities and pull off something utterly amazing. In a single week, they rehearse and stage a full musical production. Daniel's brother, Nick serves as the Musical Director.

The mission of Special Olympics is to provide year-round sports training and athletic competition in

a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes, and the community. The 2023 Special Olympics Winter State Games were in Wenatchee and Leavenworth on March 3-5 and the Opening Ceremonies were held on Friday, March 3 at The Town Toyota Center. Race Days for Cross Country Ski and Snowshoeing were held on Saturday, March 4 and Sunday, March 5 at the Leavenworth Hatchery. Other sports

at State Games at various venues in the area were Alpine Skiing, Snow Boarding, Figure Skating and Speed Skating, Basketball, and Cheerleading.

Upper Valley Connection is a non-profit organization that envisions communities that embrace and provide life-long support for specially abled individuals and their families by providing an environment that cultivates compassion, in which all people are seen, heard, and loved for their unique gifts.

Upper Valley Connection is a recreation program for youth and adults with special needs. We believe that everyone ought to have the chance to have meaningful

interactions with his or her peers, whether while playing baseball, putting on a play, or simply hanging out with a movie and popcorn. People with special needs, whether physical or mental, often do not have the same opportunities as their non-disabled peers, lacking social, intellectual, or physical abilities. This does not mean; however, they lack the desire to have those same opportunities. The benefits of participating in recreational activities are every bit as valuable for these individuals as for any others.

During the Special Olympics Cross Country Skiing competition on March 4, 2023, Daniel was presented a special Olympic award.



Ron Cridlebaugh

SUBMITTED PHOTO.

## Cridlebaugh hired as new Chelan County economic services director

SUBMITTED BY JILL FITZSIMMONS

CC PIO

**WENATCHEE** - Chelan County commissioners announce the hiring of Ron Cridlebaugh of Quincy, who will fill a newly created administrator position titled economic services director.

Cridlebaugh currently serves as the director of economic and business development for the Chelan Douglas Regional Port Authority. He has served nine years with the port district, first with the Port of Douglas and then the regional port district when it was reorganized in 2019. In his role, Cridlebaugh has led the regional port's efforts in attracting new businesses to the region.

"The board of commissioners is excited to have Ron join our county team," said Commissioner Tiffany Gering, chairwoman of the Board of County Commissioners. "We look forward to the role he will play in shaping the economic future of Chelan County."

Cridlebaugh will begin working in the Commissioner's Office on April 3. He brings to the county more than 20 years of experience in economic development, personnel and grant management, small business development, strategic planning, and tourism promotion. In his overall career, Cridlebaugh has worked with hundreds of businesses, helping them become more successful.

"I'm looking forward to taking my past experience and knowledge and working with the Board of County Commissioners and staff to make positive changes for the residents of Chelan County and our region," Cridlebaugh said. "We will be looking at what we can do as a governmental agency to enhance our business environment and attract business to the county. We will also be assessing our county-owned visitor facilities to find ways to give our residents and visitors the best recreational experience we can."

The economic services director is in a new position at Chelan County and replaces the economic development director position previously held by Blake Baldwin and interim director Sasha Sleiman.

In October 2021, commissioners hired BERK Consulting of Seattle to assess the structure of those appointed offices under the Board of County Commissioners. Commissioners cited a need to re-evaluate the structure because of the expanding role a variety of departments were undertaking, including housing, homelessness, lands management and infrastructure development.

Among BERK's recommendations



Daniel Anderman received a special award, surrounded by volunteers from the Sheriff's Department and the Nile Shriners during the Leavenworth Olympics.

PHOTO SUBMITTED BY CHAD VANDERPOEL, SPECIAL OLYMPICS WASHINGTON



Daniel Anderman on his skis during a previous special Olympic games.

PHOTO SUBMITTED BY TIM TOON



## Five CHS Students Head to State for Speech and Debate



Marlene Farrell  
Correspondent

Cascade High School's Speech and Debate program is strong this year, sending five students to the State competition on Saturday, March 11 at the University of Puget Sound in Tacoma.

Coal Fiano, as a freshman, has shown his gift by qualifying for state in two events. One category is Original Oratory, a memorized persuasive speech under ten minutes on a topic



From left to right, Rhonan Allen, Coal Fiano, Ande Lain, Breanna Loomis and Danielle Totman celebrated after their success at the regional competition, knowing they all qualified for State on March 11.

SUBMITTED PHOTO.

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Dan's Market



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# Did you check your smoke alarm?

SUBMITTED BY WA STATE FIRE MARSHAL'S OFFICE

**Olympia** – Daylight Savings Time began March 12. The Washington State Fire Marshal's Office wants to remind everyone that when changing your clocks, remember to test your smoke alarm at the same time. Working smoke alarms are a critical element of home fire safety by giving you and your family an early warning in the event of a fire.

From 2018 to 2021, Washington State fire agencies reported 5,856 building fires that had no working smoke alarms, and 5,014 where the status of alarms were unknown. During that same time period in our state, 267 people died in fires where no working smoke alarm was indicated or the

presence and operation were unknown.

The following safety tips are recommended:

- Install smoke alarms in every sleeping area and test them at least once a month.
- It is best to use interconnected smoke alarms so that if one alarm sounds, they all sound.
- Alarms with strobe lights and bed shakers should be utilized for those with hearing disabilities.
- Smoke alarms with non-replaceable 10-year batteries are designed to remain effective for 10 years from the manufacture date, not the date of installation. If the alarm chirps, warning that the battery is low, replace the entire smoke alarm right away.

- When changing a battery, follow the smoke alarm manufacturer's instructions which specify which batteries must be used. The smoke alarm may not work properly if the wrong kind of battery is used.
- In accordance with Washington Administrative Code 212-10, landlords are responsible for the installing and testing of smoke alarms prior to a tenant moving in. Once the tenant takes possession of the rental unit, the tenant is responsible for all maintenance and testing unless agreed upon prior to the tenant moving in. Failure of the owner to abide by the terms of any such agreement does not relieve the tenant of the responsibility to maintain the smoke alarm devices in a fully operational condition at all times.

For more information, contact the State Fire Marshal's Office at 360-596-3929.

# New data shows sharp decline in students moving directly from high school to college

SUBMITTED BY WASHINGTON STUDENT ACHIEVEMENT COUNCIL

Olympia-Over the past decade, Washington's high school graduation rate has steadily increased, but the proportion of the state's graduates who enroll directly in college has not. The direct enrollment rate that once hovered around 60 percent dropped to 50 percent during the COVID-19 pandemic. Declines in the direct enrollment rate varied by race, which could further exacerbate existing racial inequities in postsecondary enrollment.

Washington's direct enrollment rate is lower than the national average, and the decline in direct enrollment was more significant than the national trend. In 2020, the national direct enrollment rate fell by 3 percentage points

(from 66 percent in 2019 to 63 percent in 2020), compared to a decline of 8 percentage points in Washington (from 59 percent to 51 percent).

Other nearby states also experienced enrollment declines during the pandemic. California's direct enrollment rate fell by about 2 percentage points in 2020 (from 65 percent in 2019 to 63 percent in 2020) and Idaho's direct enrollment rate fell by 7 percentage points (from 46 percent to 39 percent). (Note: national data and state data for California and Idaho define "direct enrollment" as occurring by the fall following high school graduation. Washington's direct enrollment rate includes enrollment within one year of high school graduation.)

A new Research Spotlight from the Washington Student Achievement Council

(WSAC) describes how the pandemic took a significant toll on direct enrollment in the state. Key findings include:

- Washington's direct enrollment rate dropped 9 percentage points between 2019 and 2021, a sharp departure from the previous decade of stagnant direct postsecondary enrollment in the state.
- Direct enrollment in two-year institutions declined more than direct enrollment in four-year institutions.
- Hispanic or Latino students experienced the largest decline in direct enrollment, from 54 percent in 2019 to 40 percent in 2021.

The full Research Spotlight can be found on the Washington Student Achievement Center website at <https://wsac.wa.gov/>.



# Commissioner Franz Celebrates House Passage of Carbon Credit Bill

SUBMITTED BY WASHINGTON STATE DNR

**OLYMPIA** – Washington moved a step closer to capitalizing on the ability of the state's public lands to capture and store carbon to help address climate change and increase revenues for schools and communities, Commissioner of Public Lands Hilary Franz said.

The Washington House of Representatives passed on a bipartisan vote of 82-13 House Bill 1789 on March 7. She also noted this progressive, first-ever, and forward thinking policy supports and enhances our working forestlands while improving the health of our forests, farms and aquatic lands.

Commissioner Franz has pledged to work with Senators and stakeholders to ensure the final legislation will help Washington achieve the goals set forth in the Climate Commitment Act while protecting working forests and increasing revenue for schools and communities.

"I'm thrilled this bill passed the House with bi-partisan support and eager to work toward final passage in the Senate. The legislation reflects the concerns of a broad range of stakeholders who understand the value of our public lands and forests," said Commissioner Franz. "Enabling my agency to innovate and take forward looking action to generate additional revenue for the

state while expanding our working forests and taking action on climate is critical. It will send a message to our children and our communities that we're committed to letting Washington's working lands work for Washington, providing jobs, food, sustainable building materials, and climate action."

DNR currently has the authority to lease state-owned lands for carbon sequestration and capture, but cannot directly sell carbon credits. Under the legislation, DNR would be able to sell carbon credits on the open market as many private industries already do. The credits could support projects to reforest the more than 138,000 acres that have burned in wildfires, expand forestland throughout the state, and protect and enhance kelp forests and eelgrass meadows.

Our public lands have supported communities and schools, powered rural economies, provided critical fish and wildlife habitat, and made us who we are since 1889. Washington is a stronger state because of the working forests, farms, and aquatic lands under public ownership. Enabling DNR to sell carbon credits will add a critical funding tool that will generate more revenue to support kids and schools, restore critical salmon habitat, protect and increase forestlands, and make Washington a more climate resilient state.

# Ron Criddlebaugh

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was to reconfigure the role of the county administrator position. At the time, more than a dozen unrelated programs or functions were reporting to the position. The consultant recommended an administrator position be created that focused on economic services.

Under the reorganization, Criddlebaugh will lead economic development efforts at the county level while overseeing the directors and managers of external programs, including Housing, Ohme Gardens, Wenatchee River Park, the Chelan County Fair and Expo Center, the Cashmere Airport and the Fire Marshal's Office.

The county administrator will focus on overseeing internal services and their directors and managers, including Facilities, Human Resources, IT, the clerk of the board, the budget director, and

the public information officer.

"This reorganization will create efficiencies in the way the county delivers services to our citizens while also reducing the span of control for the commissioners from 15 directors and managers down to six," Gering said. "It will also allow us to explore how to better fund some county programs. Several programs, for example, are funded heavily by grants. Part of the economic services director's job will be to identify additional revenue opportunities to save taxpayers money and build upon our local economy for the future."

Criddlebaugh added that he is excited to be undertaking the new position. "Chelan County is a wonderful place and I'm looking forward to building a new department that will have a positive impact on the people we serve," he said. "Building something new is exciting and allows you to look at things with a different lens and think outside of the box."

food was delivered to our UV MEND Community Cupboard to support members of our community who are in need. We extend a sincere thank you to those who were able to contribute to the food drive. Where there is a need, there is a Lion AND for this food drive a very generous community. You make a difference!

**Anita Wilkie,**  
Leavenworth Lions Club

# NCW Libraries Events

SUBMITTED BY MICHELLE MCNIEL

NCW Libraries is partnering with Write on the River to offer the live, virtual program, A Nicer Kind of Murder: The Evolution of Crime Fiction, with award-winning author Matthew Sullivan. This Humanities Washington program will be at 7 p.m. March 16 and hosted on the Zoom platform. Visit [www.ncwlibraries.org](http://www.ncwlibraries.org) and register for this free program on the online calendar. Participants will receive an email with the Zoom link to join. From Edgar Allen Poe to Sherlock Holmes to British cozy mysteries, Sullivan will trace

the many influences from the postwar and modern eras on the mystery genre and show how empathy plays a unique role in contemporary crime



Matthew Sullivan

novels. Sullivan is a member of the Humanities Washington Speakers Bureau. He is the author of the novel Midnight in the Bright Ideas Bookstore, and his essays and stories have appeared in the New York Times, Spokesman-Review, and many other publications. He is currently working on a crime novel set in Soap Lake.

## NCW Libraries - Library of Things

The HappyLight Touch Plus lamp provides UV-free light with 10,000 lux intensity with adjustable brightness and a timer. The lamps can be checked out for up to 28

days with a library card and can be picked up and returned to any of the library district's 30 branch libraries in Chelan and Douglas counties. NCW Libraries' Library of Things is a collection of non-traditional items that can be checked out from the library. The collection includes nature backpacks, snowshoes and poles, telescopes, Wi-Fi hotspots, the Washington State Discover Pass, family passes to Ohme Gardens and the Wenatchee Valley Museum & Cultural Center, and more. Visit the library's website [www.ncwlibraries.org](http://www.ncwlibraries.org) and find the Library of Things under the Resources tab.

# Statewide 'Move Over, Slow Down' campaign

SUBMITTED BY WSP

**OLYMPIA** - The Washington State Patrol (WSP) is partnering with the Washington State Department of Transportation (WSDOT), the Towing and Recovery Association of Washington (TRAW), and the Washington Traffic Safety Commission (WTSC) to conduct a "Move Over, Slow Down" campaign through April. Emphasis patrols will be conducted throughout the state during the next two months focused on educating drivers on the importance of RCW 46.61.212 – a law which requires motorists to move over or slow down when approaching emergency or work zones.

"Our emergency responders and highway workers need your help to keep them safe," said WSP Chief John Batiste.

"Choosing to move over or slow down allows them to do their job of helping others in need and continuing their work ensuring our roadways are safe for the great people of our state."

Per state law, motorists approaching an emergency zone, or a work zone are required to move over one lane, if possible, or slow down by at least 10 miles per hour (mph) below the posted speed limit. An emergency or work zone includes the 200 feet of roadway prior to and after the incident or area of work.

"All of our emergency responders, from those who assist disabled vehicles to those who provide life-saving care to crash victims, risk their lives on the side of our roads every day," said WTSC Director Shelly Baldwin. "They deserve to be protected, too."

It's easy for drivers to move over or slow down when approaching people or flashing lights on the road ahead. You can prevent another tragedy when you do."

The majority of drivers understand the law requires motorists to move over or slow down for police, fire, and ambulance crews, but the law also includes tow trucks and work crews who have vehicles with audible or visual signals – such as a tow truck's flashing red lights.

"As tow truck operators, we have dedicated our life to serving the public and motorists in need of assistance, and the unfortunate truth is that can cost us our life," said TRAW Administrative Director Emily Wade. "When your office is roadside with drivers traveling past at high speeds, every inch counts, and even a

small reduction in speed can make a lifesaving difference. Weigh the risk and you will find that slowing down and moving over is not a choice, it's a law, and an obligation that we all need to abide by."

The same rules apply for work crews performing emergency maintenance, incident response, or other roadside work, such as the employees of WSDOT. "Our crews work to make emergency repairs, keep travelers safe, and help traffic keep moving every day, but they need space to do that work safely," said Secretary of Transportation Roger Millar. "We want everyone to return home at the end of the day." Areas throughout the state will be participating in the Move Over, Slow Down emphasis events during the next two months.



## Egg Noodles

Our oldest child keeps chickens, and she brought a dozen home to Grandma and me. Grandma has been having a bit of a time eating lately so I decided to make a batch of chicken and noodles for dinner. While I was busy making homemade noodles. I remembered making noodles for my grandpa's mother, Grandma Kay. She was too busy to make homemade noodles, but she told me about some aunts of hers who did. Grandma Kay said the two ladies of the house lived with the man of the house, an accountant, who had tuberculosis. The doctors back east sent him to the Rocky Mountains for clean dry air. The two women, one his wife, the other his sister, were very regimented, kept a very clean house, and were very careful with their noodle production.

They made noodles for winter, and they wouldn't

garden, and they changed his bed linen every morning, rain, or shine. They healed him, then the two aunts returned back east."

### Egg Noodles

- 2 cups flour
- 2 eggs
- 1 tsp. salt (optional)

Mix all together in a mixing bowl. When the flour is sticking together pour onto the table and knead the flour into the dough. To knead, use the heels of your hands to push the dough away from you until you have a flattish piece of dough in front of you. Once it is flat, fold the dough in half a couple of times. Repeat, repeat, repeat.

Once the flour is all incorporated and you have a stiff pliable dough, roll it out thinly with a rolling pin. The dough will be hard to roll out. The easiest way to work with it is to make walnut sized (or smaller) balls and roll them out to the thickness wanted.

Dust both sides of the thin dough with flour. Roll the thin dough up as if you were making Lilliputian cinnamon rolls then cut the long log into disks. Once unrolled the disks become noodles. Put the cut disks in a bowl of flour and toss them about until they lose the disk shape and become strings of dough. Wala noodles.

To dry for winter use lay in a single layer on a dehydrator rack, put in the food dehydrator and follow the manufacturer's directions for dehydrating. Store in a

mason jar or other waterproof containers then check once a week or a month to make sure they are not molding. If the noodles are not completely dried, they WILL mold (voice of experience here). Check for mold once a month until used up.

To cook treat like any other pasta. Bring a pan full of water to a boil, add the noodles, bring the water back to a boil and cook until the noodles are a consistency you like. For me that's about 8 to 10 minutes but it will vary depending on how thick the noodles are made.

**About the author:** In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at [Reporter@leavenworthecho.com](mailto:Reporter@leavenworthecho.com) or Michelle's email: [mykitchenstrategies@gmail.com](mailto:mykitchenstrategies@gmail.com) if you have any questions or comments.

## LETTER TO THE EDITOR

### Thank you to our community

Lions in service with Dan's Food Market

The Leavenworth Lions recently held a successful food drive at Dan's Food Market on Friday, March 3. The Lions extend a big "shout out" to Eric, Lisa, and Wes Worthen and the crew of Dan's Food Market for all of their great support. All of the 429 lbs. of collected



**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

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**COMMUNITY CALENDAR**

**Wednesday**  
**Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.**  
**Alpine Water District: meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.**  
**Senior Center: Lunch, noon, \$8 per meal. RSVP 509-548-6666.**  
**Ukulele Circle: 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.**

**Thursday**  
**Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)**  
**Leavenworth Lions Club, For more info. email President Anita Wilkie at leavenworthlionsclubwa@gmail.com**  
**Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)**  
**The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)**  
**Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)**  
**Greater Leavenworth Museum board meeting 3-5 p.m. Everyone is invited as a guest contact: Matt@leavenworthmuseum.org for meeting information. (2nd Thurs.)**  
**Senior Center: Exercise: 11 a.m.- noon. 509-548-6666. Music, call Steve, 509-548-7048. 1 p.m., (1st & 3rd Thurs.)**

**Friday**  
**Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us**  
**Leavenworth Rotary Club, In person at Kristalls at Noon, email wordenmike@yahoo.com or call 509-238-3925 for more information.**  
**Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: Leavenworthseniors@gmail.com**

**Monday**  
**Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call Terri 509-393-8271 for more information.**  
**Leavenworth Mosquito District board meeting on, 1st and 3rd Mondays, 7 p.m. via ZOOM link posted at https://leavenworthmosquitocontrol.org/activity-calendar.html or contact Jenny 509-548-5904**  
**Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)**  
**Chelan Douglas Republican Women, Meetings now at Highlander Golf Club, 2920 Eighth St. S. E. East Wenatchee. Please, RSVP if you want to have lunch. Check-in begins at 11 a.m., and the meeting will begin at Noon. Call Ellie: 425-319-9869. (1st Mon., monthly).**

**Tuesday**  
**Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)**  
**Icicle & Peshastin Irrigation Districts Meeting Current meeting time 8 a.m. at 5594 Wescott Drive. Call Tony Jantzer, cell, 509-433-4064, or 509-782-2561 or tony.liid.pid@nwi.net, (2nd Tues.)**  
**Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)**  
**Cascade Education Foundation. Contact: CEF@cascade.org**  
**LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)**  
**Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)**  
**Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.).**  
**The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)**  
**Senior Center: Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: Leavenworthseniors@gmail.com**

**NCW Libraries**  
Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.  
**Leavenworth Public Library.** Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.  
**Peshastin Public Library.** Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m- 2 p.m. Closed Sun. and Mon.

**Other events**

**The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Check their Facebook page or website at http://www.leavenworthmuseum.org www.leavenworthmuseum.org for updates and information.**  
**Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.**

**Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.**  
Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

**Downtown Steering Committee, 10:00 a.m. (4th Tues.)**  
**Parking Advisory Committee, meets 3 p.m., at City Hall in the conference room and on zoom. (1st Thurs.)**  
**Housing Committee, 3:30 p.m. (4th Tues.)**  
**Public Safety Committee, 4:30 p.m. (4th Tues.)**  
**Finance Committee, 5:15 p.m. (4th Tues.)**

  
**City Council Evening Meeting, 2nd & 4th Tuesdays of the month at 7 p.m. At City Hall in Council Chambers (1st Floor) and via zoom.**  
**Design Review Board 2nd & 4th Wednesdays of the month at 3 p.m.**  
**City Council Study Session 2nd & 4th Tuesdays of the month at 5:30 p.m.**  
ALL are at City Hall in the Conference Room (2nd Floor) and via zoom.

**Leavenworth Women's History Month**

Leavenworth Public Library is displaying interactive information this month on women's history, with Susan Buttrille and Judy Derpack. Learn about women's contributions to science, voting rights, portraits, biographies and more. View a special study curriculum, a doll collection of suffragists, a Smithsonian poster exhibit called "BECAUSE OF HER STORY", coloring pages, crafts, and books. 509-548-7923. Leavenworth@NCWLibraries.org

**Upper Valley Scholarship for Women Returning to Higher Education**

Applications are now being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF, Leavenworth, WA. The purpose of the scholarship is to assist women in need of financial help in returning to higher education at an accredited university, college, or technical school in the State of Washington. This needs-based scholarship must be used for school expenses and will be paid directly to the school. Applications must be received for consideration by April 30, 2023. Scholarship funds will be available by the Fall of 2023 and be sent directly to the school financial department upon confirmation of enrollment. Women applicants must be seeking further higher education at either the undergraduate or graduate level and meet the following criteria: Applicant must be age 30 or above and reside in Chelan or Douglas County, WA. Applicants must

be currently enrolled in or returning to a higher education program after a two-year or more absence. The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington, however, out-of-state on-line accredited schools, are acceptable. Applicants may re-submit applications each year until they complete their programs of study.

Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application forms by sending an email to the Scholarship Committee at the following address: peoleavenworth@nwi.net

**Upper Valley MEND's Annual business meeting.**

The meeting is March 21 at 3:30 by Zoom or in-person at 347 Division St., Leavenworth. Zoom link is available on MEND's website on the event calendar at [uvmend.org/events-calendar](http://uvmend.org/events-calendar). The annual business meeting, we'll share about 2022 and the progress that was made in MEND's programs, including food, wellness, economic security, and housing. We'll discuss where MEND is going in 2023 and beyond. It's a great time to get up to date on the latest with Upper Valley MEND and you can vote in person for new and renewing board members.

**Nominations Open: Bird Fest Founders' Award**

Help the Wenatchee River Institute and North Central Washington Audubon Society celebrate and honor volunteerism. The Founders'

**Sheriff/Fire/EMS**

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

**March 3**  
08:25 Civil Dispute, 188 Winery Ln. Leavenworth Rd.  
09:57 Suicide Threat, 9306 E. Leavenworth Rd.  
11:50 911-call, 309 8th St., Post Hotel  
12:04 Agency Assist, 325 Division St.  
12:31 Disturbance, 9255 Foster Rd., BJ's Shell  
15:55 Theft, 6581 US Hwy. 97, Peshastin  
17:07 Extra Patrol, 10879 Titus Rd.  
17:45 911-call, 100 Enchantment Park Way  
17:58 Welfare Check, 116 River Bend Dr., Safeway  
21:35 Non-injury Accident, 21328 SR 207, Headwaters, Lake Wenatchee  
21:52 Suspicious Circumstance, 4905 Icicle Rd., Eight Mile trail

**March 4**  
02:38 Disturbance, 100 Ward Strasse  
11:18 Property, 932 Front St., Starbucks  
13:59 Agency Assist, 817 Commercial St.  
14:44 Diversion, 545 Mountain View Dr.  
15:20 Non-injury Accident, 980 US Hwy. 2, Cashmere Valley Bank

**March 5**  
No report available.

**March 6**  
00:33 Welfare Check, 600 block Front St.

04:03 Diversion, 18120 Chumstick Hwy.  
09:27 Welfare Check, 22915 Maple Dr., Lake Wenatchee  
12:05 Civil Dispute, 301 Natapoc Ln., Wenatchee  
12:43 Property, 700 US Hwy. 2, City of Leavenworth  
14:44 Parking/ Abandoned Vehicle, 6585 US Hwy. 97, Peshastin  
15:01 Alarm, 423 Evans St.  
15:33 Public Assist, 22744 Lake Wenatchee Hwy., Lake Wenatchee  
18:53 Domestic Disturbance, 207 West St.  
20:45 Alarm, 960 US Hwy. 2  
21:12 Disturbance, 15 Karl Rd., Lake Wenatchee  
22:52 Domestic Disturbance, 162 W. Benton St.

**March 7**  
00:29 Domestic Disturbance, 100 Ward Strasse  
03:57 Trespassing, 7206 US Hwy. 97, Peshastin  
08:47 Theft, 9292 Icicle Rd.  
12:11 Animal Problem, 23000 Brown Rd., Lake Wenatchee  
13:13 CPS/ APS Referral, 16537 Lakeview Dr., Lake Wenatchee  
14:34 CPS/ APS Referral, 15305 Chumstick Hwy.  
16:03 Scam, 86 Eagle Pl.  
16:55 Harassment/ Threat, 100 Ward Strasse  
23:54 Hazard, Chumstick Creek Bridge 2

**March 8**  
01:25 Diversion, 1001 Front St.

03:19 Welfare Check, 9501 Jeske Rd., Big Y Park n' ride, Peshastin  
09:16 Welfare Check, 6410 Campbell Rd., Peshastin  
10:12 Welfare Check, 6410 Campbell Rd., Peshastin  
11:43 Public Assist, 15255 US Hwy. 2, Coles Corner, Lake Wenatchee  
14:06 Animal Problem, Main and Mengelos Streets, Peshastin  
14:27 Harassment/ Threat, 9846 Dye Rd.  
16:18 911-call, 100 Ward Strasse  
16:50 Animal Problem, 2323 Kinnikinnick Dr., Lake Wenatchee  
17:20 Public Assist, 207 West St.

**March 9**  
01:26 Domestic Disturbance, 100 Ward Strasse  
10:28 DUI Arrest, 11779 US Hwy. 2  
11:06 Burglary, 19600 SR 207, Lake Wenatchee  
15:41 Court Order Violation, 7306 US Hwy. 97, Peshastin  
23:45 911-call, 190 US Hwy. 2, Der Ritterhof

**MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY**

**AA Meetings:**  
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946  
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939  
509-548-1627, 548-4522, 664-6469, 206-719-3379  
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.  
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin  
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.  
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.  
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.  
**Alanon Meetings, Call 509-548-7939**  
**Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.**

Award was inspired by the team of people who came together in 2003 to launch the very first Leavenworth Spring Bird Fest. Nominations are open for two categories. Award decisions will be based on one or more of the following criteria:

Provided a significant amount of time and energy in support of Bird Fest goals and tasks.

Developed a policy or process change which has contributed to the more efficient and expansive operation. Longevity of volunteer service to Bird Fest.

Contributed significantly through community science efforts in support of mission objectives. This could be in the development of field trips, the collection and analysis of data, or other ways.

Nominations are open until April 2 Learn more and make your nomination for the Founders' Award here: <https://wenatcheeriverinstitute.org/bird-fest/founders-award.html>. Contact: Rebecca Ryan rryan@wenatcheeriverinstitute.org 509-548-0181 ext. 2.

**Regional Peshastin**

Join the Ukulele Circle, 5:30 - 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.

**The Cascadia Conservation District**

The regular Board meeting will be an in person and call-in / Zoom meeting, held on Friday, March 17, 1:30 p.m. If you wish to attend in person, please call the office as space is limited. More information and instructions will be available on our web site at [cascadiacd.org](http://cascadiacd.org) or by calling the District office, 509-436-1601.

**Letters policy**

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

**Corrections**

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

**Contact the listed organizations or events for updates.**

**For the latest local news and advertising see the NCW Media Web sites...**

[leavenworthecho.com](http://leavenworthecho.com)

[cashmerevalleyrecord.com](http://cashmerevalleyrecord.com)

[qgerald.com](http://qgerald.com)

[lakechelanmirror.com](http://lakechelanmirror.com)

[NCWBusiness.com](http://NCWBusiness.com)



OBITUARY

Maxine C. Smith

December 31, 1928 – March 2, 2023, Peshastin, WA.



Maxine Smith, a devoted wife, mother, grandmother, sister, and friend, passed away peacefully and surrounded by love on Thursday, March 2, 2023, at the age of 94. She was born December 31, 1928, to Henry and Ina (Templin) Harrison. She was the second oldest of eight children.

Maxine grew up and went to school in Leavenworth, graduating from Leavenworth High School in 1948. She loved Leavenworth when she was a kid and had many fond memories of growing up there with her siblings.

Maxine met John Smith in 1947 and they were married on Labor Day, September 5, 1949. They lived in their home in Peshastin and were inseparable for over 70 years. Maxine packed fruit at the warehouse for a number of years and absolutely loved her job and all the friendships she made there. Together, John and Mac enjoyed many outdoor activities including horseback riding, jeeping and camping with family and friends. They took many long drives, which in their later years seemed to always wind up at a casino in the hopes of winning big.

Maxine loved her family and enjoyed taking care of others. She always had a smile on her face and usually some home baked goodies ready to share. Her generosity and kind spirit shined brightly and will always be remembered.

The BEAUTIFUL staff at Mountain Meadows deserve a huge, heartfelt thank you for all the love

they showed her over the last two years.

Maxine is survived by her son John (Ellen) Smith, daughter Jana (Scott) Pitman, granddaughters Ashley (David) Tillotson, Jordyn (Brandon) West, and Kenzie Sauer, great grandchildren, brother Jerry (Karen) Harrison, sister Ellen (Darrell) Barker and many nieces and nephews. She was preceded in death by her parents, loving husband, sisters, Loretta Sullivan, Norma Harmon, Marian Hunter, Arnetta Covey, and brother Fred Harrison.

There are no words that can express how special Maxine was and how much she meant to us. She was generous, loving, caring and kind to all. The sweetest person you could ever know. Her love and light will live on forever.

You are invited to view her online tribute at [www.heritagememorialchapel.com](http://www.heritagememorialchapel.com) to leave a condolence or share a memory. Arrangements are in the care of Heritage Memorial Chapel, East Wenatchee & Cashmere.

CHS Students

CONTINUED FROM PAGE A1

of the student's choice, and the other is Dual Interpretation, which involves two students presenting a memorized excerpt from any published material and can be humorous or dramatic.

For Fiano and his partner, junior Breanna Loomis, the pair is going for humor, presenting, "How to Survive a Horror Film." Throughout their smooth back and forth dialogue and choreographed movements, they share actions victims could take to rescue themselves and a riff on the seven deadly sins to include victim traits such as curiosity, ugliness, and machismo.

Loomis said she enjoys working with a partner in Dual Interpretation because, "You feed off each other's energy." In addition to the time limit and memorization rules, the partners can't look at each other during the presentation, nor can they use props or costumes but must depend on their voices and body language to convey meaning.

Sophomore Danielle Totman knew the topic for her original oratory after attending a Women's March with her mom

and watching the movie, The Janes. She explained, "From an objective standpoint, it's about why abortion should be legal, what happens when it's illegal, and why birth control is not enough of a substitute." She honed her speech by reducing the number of quotes and using her own words to paraphrase ideas. "Also, how I tell it has changed," she said. "I use my hands more now, I'm more relaxed, and I state my hook more dramatically."

One can imagine with the right emphasis and pausing, the weight of Totman's hook: "A shady motel in the bad part of town. An exchange of cash, muttered instructions, strange men, a flash of pain. Then blood and an empty hotel room. The woman, left alone, leaves, walking upright despite the blinding pain and dizziness induced by blood loss. She had just undergone an illegal abortion and now needs to drive home and prepare for work tomorrow."

Fellow Speech and Debate member, sophomore Ande Lain is drawn to the club to be with others like Totman, saying, "It bothers me when people are neutral about important issues. They should build strong opinions." Lain has competed

in original oratory as well but is going to state for Impromptu Speaking, as is fellow sophomore Rhonan Allen. In Impromptu, the student is given three choices of topic and a short amount of time to prepare before jumping into a speech that is hopefully persuasive and logically organized.

Lain said they can do their mental preparations in 35-45 seconds, and they've delivered speeches on topics including spontaneous combustion, learned helplessness and accommodations in schools. Allen said he makes sure he covers three points, like one would in an essay, and when he competes in Tall Tales, which is similar except delivered as a story using three random words, he tries to cover exposition, several plot points, a climax, and resolution.

Sophomore Reese Mathers, who missed the state qualifier but likely would have gone to state too, said about impromptu, "You just have to be convincing. Pretend it's not impromptu and portray the confidence that you know what you're talking about."

Most of the students have a background in acting or other forms of public speaking.

"Theater helps because I know how to speak in front of people and use my voice and body," Fiano said. "I'm comfortable when I'm speaking. When I finish, the adrenaline floods into my body and my legs feel like noodles."

Social studies and psychology teacher Dwayne Allen is back to coaching the team after a hiatus. He coached for fifteen years and won State Coach of the Year, so students can draw on his experience and advice as they refine their deliveries. Allen is happy to be back, saying, "These kids put in time and effort about things that matter. They're eloquent and passionate about the topics they explore."

The competition at State will be fierce, with 57 schools competing at the 3A level. For sports, Cascade is 1A, but Speech and Debate isn't common in a lot of smaller schools, so Cascade has to compete "up" against much bigger schools to the west and east. The top seven students in each category are recognized after winning top marks in three consecutive rounds and then getting ranked in a final round. Going to State is also about the fun experience since this is the first year it's in person since before the pandemic.

Mission Ridge adds days to calendar in March and April

SUBMITTED BY TONY HICKOK

Wenatchee - Mission Ridge Ski & Board Resort is excited to announce the addition of eight days of operations for the current 2023 season. The added midweek days of March 27, 28, 29 and April 3, 4, 5, 6, and 7 to extend the resort's daily operations through April 9 and raise the total number of scheduled operational days to 129 this season - the most in 25 years.

Consistent, near or above average, snowfall each month of the season and above-average numbers of snowboarders and skiers enjoying great conditions this season combine to make the added days possible. "We are always looking to add in more opportunities for the community to get up and enjoy the mountain," said GM Josh Jorgensen. "Whether that's by adding lights to the top of the mountain for expanded night skiing like we did for this season, adding in additional Saturday night ski operations

in March or by adding in additional days to the calendar toward the end of the season, we want to provide as many chances as possible for guests to experience joy out on the mountain." Mission Ridge is scheduled to be open from 9 a.m. to 4 p.m. each of these additional days with chairs in operation to be determined. All other resort services will be open normal hours. For all the latest information on operations and events, visit the resort's website at [www.missionridge.com](http://www.missionridge.com).

About Mission Ridge: Mission Ridge is in North Central Washington, 12 miles south of Wenatchee. The ski area has the second-highest base area in the state at 4,570 feet and is spread over 2,000 acres and 2,250 vertical feet. Mission Ridge Ski & Board Resort is operated under special use permits from the U.S. Forest Service and the Washington Department of Fish and Wildlife. More information about the mountain is available at [www.missionridge.com](http://www.missionridge.com).

Hawkins issues statement on passage of Senate's drug possession bill

SUBMITTED BY SEN. BRAD HAWKINS

OLYMPIA - The Washington State Senate today approved Senate Bill 5536 sponsored by Sen. June Robinson, D-Everett. It represents the first major step in this legislative session to address a temporary drug possession law that sunsets this July. In 2021, the State Supreme Court's Blake Decision struck down Washington's felony drug possession statute as unconstitutional.

Legislators approved a temporary measure later that year to classify drug possession as a misdemeanor while working toward a more comprehensive solution. The proposal that was approved today by a vote of 28 to 21 includes a classification of possession offenses, steps to pretrial diversion, prosecution, and resources. Hawkins voted in favor of the proposal, which now moves to the House of Representatives for further consideration.

State Sen. Brad Hawkins issued the following statement:

"Many of my legislative colleagues have characterized drug abuse as a 'personal healthcare issue.' I don't necessarily disagree, but our state needs to maintain options in our criminal justice system to protect people from themselves and others. I would have preferred something much stronger, but this is a bipartisan compromise.

"This is one of the most important issues of this session. The Senate's approach isn't a perfect solution, but I believe it strikes the right balance between having a helping hand of compassion and a heavier hand of punishment. One way or another, we need to get people the help they need to get healthy, but we also don't want them endangering themselves or others."

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

**CASHMERE BAPTIST CHURCH**  
103 Aplets Way • 509-782-2869  
Sunday School, all ages, 9 a.m. Worship 10 a.m.  
Bible Study, Wed., 6:30 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 509-782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)

**CASHMERE COMMUNITY CHURCH**  
213 S. Division • 509-782-3811  
In-person Service, Sunday, 11 a.m.  
until further notice.  
Pastor Lilia Felicitas-Malana  
[cashmerecommunitychurch@gmail.com](mailto:cashmerecommunitychurch@gmail.com)

**CHRIST CENTER**  
Sunday Worship Service at 10 am  
5800 Kimber Rd., Cashmere  
509-782-2825  
[christcentercashmere.com](http://christcentercashmere.com)

**GRACE LUTHERAN CHURCH**  
• 509-860-0736 401 Elberta Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 10 a.m.  
Pastor Rob Gohl

**ST. JAMES EPISCOPAL CHURCH**  
• 509-860-0736 222 Cottage Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 9:00 a.m.  
Pastor Rob Gohl

DRYDEN

**DRYDEN COMMUNITY CHURCH**  
Hwy 2 at Dryden Ave. • 509-782-2935  
Sunday School 9:30 a.m.  
• Worship 10:45 a.m.  
Pastor Steve Bergland

**MID-VALLEY BAPTIST CHURCH**  
8345 Stine Hill Rd. • 509-782-2616  
Worship Service, 10 a.m.,  
Sunday School, 9 a.m.  
Pastor Mike Moore  
[www.midvalleybaptist.org](http://www.midvalleybaptist.org)

LEAVENWORTH

**CASCADE MOUNTAIN BIBLE CHURCH**  
Office: 509-548-4331  
11025 Chumstick Hwy.  
Please join us Sunday mornings  
9 a.m., Sunday School  
10:30 a.m., Worship Service

**CORNERSTONE CHURCH**  
Meeting at the First Baptist Church  
building 429 Evans St., 407-415-5838  
Sunday Worship 9:30 a.m.  
[info@cornerstoneleavenworth.com](mailto:info@cornerstoneleavenworth.com)



**LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH**  
418 Evans Street • 509-548-5619  
10 a.m. Sunday Service, Pastor  
Jo Dene Romeijn-Stout  
[Leavenworthumc.org](http://Leavenworthumc.org)  
[leavenworthumc@outlook.com](mailto:leavenworthumc@outlook.com)

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
10170 Titus Rd. (across from middle school)  
Church: 509-548-7667  
Meetings: Sunday - 10 a.m.

**FAITH LUTHERAN CHURCH - ELCA**  
"Reconciling Works Congregation"  
224 Benton Street • 509-548-7010  
Worship 9:30 a.m. w/coffee following  
<https://www.flcleavenworth.com>

**FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC**  
429 Evans Street, 509- 470-7745  
Sunday Worship: 11 a.m.  
Website: [www.leavenworthbaptist.com](http://www.leavenworthbaptist.com)  
Email: [info@leavenworthbaptist.com](mailto:info@leavenworthbaptist.com)

**LEAVENWORTH CHURCH OF THE NAZARENE**  
111 Ski Hill Drive • 509-548-5292  
Sunday Worship 9 a.m.  
Lead Pastor: Greg Appleby  
Youth Pastor Paige Derossett  
Worship Pastor-Jacob Mitchell  
[www.LCN.org](http://www.LCN.org)

**SEVENTH DAY ADVENTIST CHURCH**  
10600 Ski Hill Drive • 509-548-4345  
Saturday Services • Bible Study 9:30 a.m.  
Worship 11 a.m. • Fred Smith • 509-860-3997  
**SPIRIT LIFE CENTER**  
210 Benton Street • 509-548-7138  
Sunday Worship 10 a.m., Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

MONITOR

**MONITOR UNITED METHODIST CHURCH**  
3799 Fairview Canyon • 509-782-2601  
In-person service, Sunday, 9 a.m.  
Pastor Lilia Felicitas-Malana

PESHASTIN

**LIGHT IN THE VALLEY COMMUNITY CHURCH**  
8455 Main Street  
Sunday Worship 10 a.m. • Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

**NEW LIFE FOURSQUARE CHURCH**  
7591 Hwy. 97 • 509-548-4222  
Sunday Worship, 10 a.m.  
Pastors, Darryl and Mindy Wall  
Email: [newlifeleavenworth@gmail.com](mailto:newlifeleavenworth@gmail.com)  
FB page: [newlifeleavenworthwww.newlifeleavenworth.com](http://newlifeleavenworthwww.newlifeleavenworth.com)

PLAIN

**PLAIN COMMUNITY CHURCH**  
Serving Our Valley Since 1941  
12565 Chapel Dr. 509-763-3621  
Looking for you at 10:30 this Sunday!  
[plaincommunitychurch.org](http://plaincommunitychurch.org)  
[facebook.com/plaincommunitychurch](https://facebook.com/plaincommunitychurch)  
[office@plaincommunitychurch.org](mailto:office@plaincommunitychurch.org)





# Celebrate Women's History Month

By SUSAN G. BUTRUILLE

"Celebrating Women Who Tell Our Stories." That's the theme of this year's Women's History Month. And our Leavenworth Library is the place to go to discover many women from our history who have stories to tell. "The library has come to life with faces and stories of women from many cultures and times who have bravely impacted the world for the better," observed Librarian Amy Massey. She and retired teacher and school board member Judy Derpack, along with Susan Butruille, author, and cofounder of Dangerous Women, combined their resources, knowledge, and enthusiasm for women's stories to bring to visitors a colorful exhibition. There are books to check out, posters to ponder, craft projects for fun and learning, and a Woman Suffrage curriculum on display. A set of posters from the Smithsonian Institution tells the story of

the 72-year-long campaign for women's voting rights in the United States. It was not easy. Women of the National Woman's Party, headed by Alice Paul, were attacked, and jailed when they picketed the White House demanding President Wilson's support for suffrage. Even with the suffrage victory in 1920, not all women — and men — could vote. Many Black people and those of Indigenous and Asian descent had to fight for their voting rights for many more years.

On display is a suffrage curriculum developed by Judy Derpack, with help from her granddaughters Cora Landgraf and Elliana Thomas, eighth graders in the Home Link program. Cora and Elliana learned that Washington women won the vote permanently in 1910, after winning it — twice — in the 1880s, and having it rescinded. From her study, Cora drew inspiration from the "persistence and bravery"

of the suffragists. "They had to go through so much abuse physically and mentally just standing up for themselves and wanting equality," Cora noted. "It's a very important time in history," added Elliana, "and it should be common knowledge of what women had to go through just to be equal."

In Derpack's suffrage curriculum is a story from the Leavenworth Echo by the late historian Pat Morris. According to Morris, women, using their hard-won vote, turned out "overwhelmingly" in 1919 to make the difference in passing a \$35,000 bond for a new school building in Leavenworth. At a craft table, visitors can make a gold crown representing the one worn by suffragist martyr Inez Milholland as she led the 1913 suffrage parade in Washington, D.C. mounted boldly astride her white horse. There's also crepe paper for making yellow roses to represent the flowers adorning the clothes of suffragists in

the final days of the suffrage campaign. Paper dolls for coloring depict such heroes as pants-wearing Mary Edwards Walker, the first woman awarded the Congressional Medal of Honor for her service as a surgeon during the Civil War. Also to color is America's first woman in space, Mission Specialist Sally Ride. Until 1982, only military pilots could qualify for the space program, and only men could be military pilots. Sally Ride launched in 1983. Posters tell stories of such barrier-breaking women as Kyung-Wha Chung, celebrated Korea-born concert violinist; Ida Wells, suffragist, and anti-lynching crusader; Hypatia, fourth- and fifth-century science scholar, philosopher, and mathematician whose murder by a mob shook the Roman Empire; and Luisa Moreno, Guatemala-born labor leader and social activist. There is also a poster advertising the next Dangerous Women production May 19-21 at the Snowy Owl.



PHOTO BY JUDY DERPACK.  
Elliana Thomas (left) and Cora Landgraf try on suffrage sashes from the Leavenworth Library's Women's History Month exhibit.



PHOTO BY AMY MASSEY.  
Maev Harlow, age 4, holds a suffragist yellow rose and models a crown.

## Resources for Women's History Month:

**National Women's History Alliance:** For more than 40 years, the NWHA has provided women's history materials and educational resources. [nationalwomenshistoryalliance.org](http://nationalwomenshistoryalliance.org)

**Dangerous Women** is a Leavenworth-based multicultural women's history performance troupe. Unsettled will be presented at the Snowy Owl Theatre May 19, 20 and 21, 2023. [dangerouswomen.org](http://dangerouswomen.org)

**National Collaborative for Women's History Sites:** Supports and promotes the preservation and interpretation

of sites pertaining to women's history. [ncwhs.org](http://ncwhs.org)

**National Women's Hall of Fame:** "Showcasing Great Women... Inspiring All." [womenofthehall.org](http://womenofthehall.org)

**Smithsonian American Women's History Museum:** Congress signed legislation in 2020 to create this museum. At this time, a virtual museum can be accessed online. [womenshistory.si.edu](http://womenshistory.si.edu)

**Unladylike2020** is a beautiful series of 26 short films and a one-hour documentary profiling diverse and little-known American women from the turn of the 20th century,

and contemporary women who follow in their footsteps. [unladylike2020.com](http://unladylike2020.com)

**A Modern Reveal:** Songs and Stories of Women Composers is an online resource dedicated to promoting the vocal works and stories of historical female composers who have been overlooked for centuries. [amodernreveal.com](http://amodernreveal.com)

**The Dinner Party** by Judy Chicago is an icon of feminist art, representing 1,038 women in history, housed in the Brooklyn Museum. This monumental work of art is comprised of a triangular table of three wings, each 48

feet long. Thirty-nine women from history are represented by china-painted plates resting on intricately-embroidered runners. Another 999 names are inscribed on the heritage floor. [brooklynmuseum.org](http://brooklynmuseum.org)

**AWARE: Archives of Women Artists, Research and Exhibitions:** "The primary ambition of AWARE is to rewrite the history of art on an equal footing. Placing women on the same level as their male counterparts and making their works known is long overdue." Artists, magazine, resources, videos. [awarewomenartists.com](http://awarewomenartists.com)

# Middle School Girls Invited to Learn about Tech at new event, Tech & Tiaras

SUBMITTED BY NCESD

The Apple STEM Network and the North Central Educational Service District (NCESD), are proud to announce five upcoming events across the region this spring called, "Tech & Tiaras", for 8th grade students who identify as female or non-binary, to explore technology and computer science:

- March 28 | 9:00 a.m. - 12:30 p.m. | Omak Middle School | Omak, WA
- March 30 | 9:00 a.m. - 12:30 p.m. | WV Tech Skills Center | Wenatchee, WA
- April 25 | 8:30 a.m. - noon | Manson High School | Manson, WA

SHB 5088 was passed in 2019, which requires all comprehensive high schools to offer elective computer science courses for high school students by 2022-2023 school year. This means

that for the first time across the region, middle school students have the option to take computer science and technology courses beginning in high school.

Despite this expanded access to computer science, young women are significantly underrepresented in these classes. In 2022, approximately 792 students across North Central Washington took a high school computer science course and only 26% of those enrollments were students who identify as female.

This gender gap translates to the regional workforce; women are significantly underrepresented in technology roles. Labor market data shows that in 2022 there was an average of 21,414 open computing positions across the state each month. These positions posted an average salary of \$112,623 yearly. Hispanic women comprise 26% of the population in North

Central Washington but comprise just 2.7% of the local technology workforce.

To encourage more young women to consider taking courses and exploring future career paths in technology, the regional events were designed to inspire middle school girls and teens who identify as female, through a fun and engaging, hands-on experience with technology alongside women in the technology industry.

To further the message, the girls will watch a video featuring local parents, peers and teachers who share their thoughts on the benefits of STEM education and possible career pathways for all students. In this short compilation video produced by NCESD, voices include a Quincy High School graduate who attends the University of Washington, an Othello High School graduate who attended DigiPen Institute of

Technology, and other students from Manson High School and Almira Coulee-Hartline High School.

Middle school is a perfect time for students to begin preparing for future careers through experiences that introduce them to new skills and professionals who can help students to identify with potential careers on a personal level. Each event will give students opportunities to code, explore robotics, engineer an LED light up tiara and connect in small groups with local women in technology. All Tech and Tiaras events are free for students to attend but space is limited. Educators are encouraged to register for their classes soon.

These events have been sponsored by the NCW Libraries, Microsoft, and NCW Tech Alliance. Educators and administrators are encouraged to register students at: [bit.ly/TECHANDTIARAS](http://bit.ly/TECHANDTIARAS).

**History of National Women's History Month:**

On March 8, 1908, 15,000 women marched in New York City demanding decent wages and working conditions. Their bold action inspired International Women's Day (IWD), celebrated worldwide since then. In 1980, Sonoma County, California expanded IWD to Women's History Week, and in 1987, Congress declared March as National Women's History Month.

### Sports Schedule

TENNIS	
Mar. 11:	Cascade vs. Toppenish, Away at 10 a.m.
Mar. 14:	Cascade vs. Okanogan, Home at 4 p.m.
BOYS SOCCER	
Mar. 11:	Cascade vs. Okanogan, Home at 4 p.m.
SOFTBALL	
Mar. 15:	Cascade vs. Tonasket, Home at 5:30 p.m.
GOLF	
Mar. 20:	Cascade vs. Warden, Away at 1 p.m.
TRACK	
Mar. 25:	Ray Cross Invitational at Ephrata at 10 a.m.

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Place your ad online at [NCWMARKET.COM](http://NCWMARKET.COM) or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record  
509-682-2213 - Lake Chelan Mirror • 509-689-2507 - Quad City Herald

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1	3	7	8	2	6	9	4	5
2	9	6	7	4	5	8	1	3
5	7	2	4	1	9	6	3	8
3	6	1	2	5	8	4	7	9
9	4	8	6	3	7	2	5	1
7	1	9	5	6	4	3	8	2
8	5	3	9	7	2	1	6	4
6	2	4	1	8	3	5	9	7

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**General Interest**

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**Employment**

**Help Wanted**



School District is seeking qualified applicants for the following positions:

- Icicle River Middle School Assistant Volleyball Coach
- 7th Girls Basketball Coach
- 7th Assistant Girls Basketball Coach

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

Village Art in the Park seeks Park Manager. Full time, seasonal. May - October. Downtown Leavenworth. Oversee operations of the weekly art show. For job description, questions, or to apply: [director@villageartinthepar.k.org](mailto:director@villageartinthepar.k.org) or 509.548.5809.

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Deadline is Friday by Noon for the following Wednesday issues of all newspapers



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See all available properties at [windermereleavenworth.com](http://windermereleavenworth.com)

**Help Wanted**

**Room One is hiring our first Advocacy and Communications Lead!**

This position is central to our community-driven non-profit organization serving the Methow Valley and broader Okanogan County. We are seeking someone who is unabashedly working to build relationships and advance issues that impact our rural community. If you have a passion for working in the heart of community and have experience with media campaigns, grassroots organizing, community power building, or other advocacy work, check out more details about the position at [www.roomone.org](http://www.roomone.org) under "About/Employment". This is a full-time position at 32-36 hours/week and we offer \$27.20-29.30/hour DOE, including full benefits. Applications accepted through March 15, 2023. Questions can be sent to [kelly@roomone.org](mailto:kelly@roomone.org).

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**Legals**

**Public Notices**

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR THE COUNTY OF CHELAN ESTATE OF RICHARD D. SHETLER No. 23-4-00004-04 SUMMONS BY PUBLICATION The State of Washington to the said Alyssa Marie Wilson and Lois Joann Shetler to be served by publication. You are hereby summoned to appear within sixty days after the date of the first publication of this summons, to wit, within sixty days after the 15th day of February, 2023, and defend the above-entitled action in the above-entitled Court, and answer the Verified TEDRA Petition for Judicial Appointment of Administrator for Probate and Non-Probate Assets, and serve a copy of your answer upon the undersigned attorneys for Administrator, Carrie Shirk, at his office below stated, and in case of your failure so to do, judgment will be rendered against you according to the demand of the Petition, which has been filed with the Clerk of Chelan County Superior Court. This action asserted by Administrator, Carrie Shirk, is a Trust and Estate Dispute Result matter, to administer the probate and nonprobate assets of the Decedent, Richard D. Shetler. DATED February 2, 2023. OVERCAST LAW OFFICES; By /s/ David A. Kazemba, WSBA #48049; Attorneys for Administrator; 23 S. Wenatchee Ave, Suite 320; Wenatchee, WA 98801; (509) 663-5588 Published in The Leavenworth Echo/Cashmere Valley Record on Feb. 15, to Mar. 22, 2023. #5295

IN THE SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY In the Matter of the Estate of RICHARD H. SIEGERT, Deceased. No. 23-4-00071-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: March 1, 2023 Personal Representative: James R. Newhouse, Jr. Attorney for the Personal Representative: David J. Bentsen Address for Mailing or Service: Speidel Bentsen LLP 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00071-04 JAMES R. NEWHOUSE, JR. Personal Representative Attorneys for Personal Representative: SPEIDEL BENTSEN LLP By: DAVID J. BENTSEN WSBA No. 42107 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807 Published in The Leavenworth Echo/Cashmere Valley Record on March 1, 8, and 15, 2023. # 5371



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**Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY  
 In the Matter of the Estate of CLARENCE O. HARE, Deceased. No. 23-4-00082-04  
**PROBATE NOTICE TO CREDITORS** RCW 11.40.030  
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: March 15, 2023  
 Personal Representative: Rhonda Sandy  
 Attorney for the Personal Representative: Russell J. Speidel  
 Address for Mailing or Service: Speidel Bentsen LLP  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881  
 Wenatchee, WA 98807-0881  
 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00082-04  
**RHONDA SANDY**  
 Personal Representative  
 Attorneys for Personal Representative: **SPEIDEL BENTSEN LLP**  
 By: **RUSSELL J. SPEIDEL**  
 WSBA No. 12838  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881  
 Wenatchee, WA 98807  
 Published in The Leavenworth Echo/Cashmere Valley Record on March 15, 22, and 29, 2023 # 5426

**Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY  
 In the Matter of the Estate of IAN C. DUNN, Deceased. No. 23-4-00072-04  
**PROBATE NOTICE TO CREDITORS** RCW 11.40.030  
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:

(1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: March 8, 2023  
 Personal Representative: Carolyn E. Dunn  
 Attorney for the Personal Representative: Russell J. Speidel  
 Address for Mailing or Service: Speidel Bentsen LLP  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881  
 Wenatchee, WA 98807-0881  
 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00072-04  
**CAROLYN E. DUNN**  
 Personal Representative  
 Attorneys for Personal Representative: **SPEIDEL BENTSEN LLP**  
 By: **RUSSELL J. SPEIDEL**  
 WSBA No. 12838  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881  
 Wenatchee, WA 98807  
 Published in The Leavenworth Echo/Cashmere Valley Record on March, 8, 15 and 22, 2023. # 5412.

**Public Notices**

ADVERTISEMENT FOR BIDS CITY OF LEAVENWORTH WASTEWATER COLLECTION AND TREATMENT FACILITY IMPROVEMENTS PROJECT: PHASE 3 COLLECTION SYSTEM  
**General Notice**  
 City of Leavenworth (Owner) is requesting Bids for construction of the City of Leavenworth Wastewater Collection and Treatment Facility Improvement Project: Phase 3 Collection System. Sealed Bids marked "Attention: City Clerk, Sealed Bid - Do Not Open" will be received by the Owner at the City Hall Reception Desk, 700 US 2, Leavenworth, WA 98826, or by US Mail at PO Box 287, Leavenworth, WA 98826, until 1:00pm Thursday, March 23, 2023 local time. At that time the Bids received will be publicly opened and read aloud. A bid summary will be issued after opening, emailed to all bidders and posted on the website. The Project generally consists of constructing the following improvements:

- Cleaning and internal CCTV inspection of approximately 13,000 lf of 8"-15" wastewater pipelines
- Root removal
- Sanitary sewer bypass pumping
- CIPP liner installation in approximately 11,800 lf of 8"-15" wastewater pipelines
- Re-establishment of approximately 250 4"-6" sewer service connections
- Open cut repair or CIPP liner repair of existing 8" wastewater pipelines at 10 locations including excavation, pipe and fittings, bedding, backfill and compaction
- Installation of 3 wastewater manholes to replace existing cleanouts including excavation, bedding and backfill
- Associated work including construction surveying and staking; existing monument and survey marker location, protection and / or replacement; miscellaneous landscape and surface restoration

Obtaining the Bidding Documents  
 The BIDDING DOCUMENTS may be examined at the Issuing Office:  
 1. Varela Engineering & Management, 601 W. Mallon Ave., Suite A, Spokane, WA 99201  
 2. Visit <https://hosted.onlineplanservice.com/Project/191>.  
 Prospective bidders may view digital files at no cost.  
 To Bid the project, Bidder shall download a full set of the BIDDING DOCUMENTS from <https://hosted.onlineplanservice.com/Project/191> and shall be on the Plan Holders List. Bids shall be submitted in accordance with the Instructions to Bidders. Additional bid acceptance and contract award provisions are specified in the Contract Documents.

For additional information regarding this project, contact Mark Johnson, P.E. at Varela Engineering & Management at [mjohnson@varela-engr.com](mailto:mjohnson@varela-engr.com)  
**Instructions to Bidders**

For other requirements regarding bid submittal, qualifications, procedures, and contract award, refer to the Instructions to Bidders and other documents that are included in the Bidding Documents.  
 American Iron and Steel Section 746 of Title VII of the Consolidated Appropriations Act of 2017 (Division A - Agriculture, Rural Development, Food and Drug Administration, and Related Agencies Appropriations Act, 2017) and subsequent statutes mandating domestic preference applies an American Iron and Steel requirement to this project. All iron and steel products used in this project must be produced in the United States. The term "iron and steel products" means the following products made primarily of iron or steel: lined or unlined pipes and fittings, manhole covers and other municipal castings, hydrants, tanks, flanges, pipe clamps and restraints, valves, structural steel, reinforced precast concrete, and Construction Materials.

The following waivers apply to this Contract: De Minimis, Minor Components, Pig iron and direct reduced iron  
 This Advertisement is issued by: Owner: City of Leavenworth  
 By: Tom Wachholder  
 Title: Public Works Director  
 Published in the Leavenworth Echo/Cashmere Valley Record on March 1, March 8, and March 15, 2023 #5363

**Advertise**  
**548-5286**  
 or  
**782-3781**

**Public Notices**

NOTICE OF INTENT TO FORFEIT Chapter 61.30 RCW  
 TO: Lauro Olmos Olmos and Evangelina Olmos 5056 Entiat River Road Entiat, WA 98822  
 AND: Lauro Olmos Olmos and Evangelina Olmos PO Box 246 Entiat, WA 98822  
 AND TO: Lauro Olmos Olmos and Evangelina Olmos 14493 US Hwy 97A Entiat, WA 98822  
 AND TO: All Other Current or Unknown Occupants and Claimants 14493 US Hwy 97A Entiat, WA 98822  
 You are hereby notified that the Real Estate Contract described below is in default, and you are provided the following information with respect thereto:

**A. Notice given by:** Seller Charles D. Follis and Joyce K. Follis P.O. Box 482 Entiat, WA 98822 509.784.1531  
 Attorney's Name Overcast Law Offices- NCW, LLC  
 Attn: Laurence P. Chamberlain 23 S Wenatchee Ave #320 Wenatchee WA 98801 (509)663-5588

**B. Description of the Contract:**  
 Real Estate Contract recorded in the public records of Chelan County, Washington under Auditor's File Number 8909220082 on September 22, 1989, executed by Charles D. Follis and Joyce K. Follis as Seller on July 12, 1989 and executed by Dennis Dwight Gilbert as Buyer on July 12, 1989 (the "Contract");  
 As amended by the Amended Real Estate Contract recorded in the public records of Chelan County, Washington under Auditor's File Number 2111011 on February 22, 2002, executed by Charles D. Follis and Joyce K. Follis as Seller on February 15, 2022 and executed by Dennis Dwight Gilbert as Buyer on October 30, 2001 (the "Amended Contract"); and As assigned by Purchaser's Assignment of Contract and Deed, recorded in the public records of Chelan County, Washington under Auditor's File Number 2170244 on March 31, 2004, executed by Adam W. Gilbert as successor to Dennis Dwight Gilbert, as Grantor on March 23, 2004 and executed by Lauro Olmos Olmos and Evangelina Olmos as Grantee on March 23, 2004.

**C. Legal Description of Property:**  
 The North 120 feet of the following described tract: A part of Lot three (3) and Lot four (4), Block two (2), Plat of Entiat Fruitlands, according to the plat thereof recorded in volume 1 of Plats, pages 79 and 80, records of Chelan County, Washington, described as follows: Commencing at the Southwest corner of aforesaid Lot 4 and running North 0°06'45" West along the West boundary thereof for a distance of 145 feet to the true point of beginning, continuing North 0°06'45" West for a distance of 240.00 feet; thence North 89°37'45" East for a distance of 426.34 feet to the Westerly right of way of the Great Northern Railroad; thence South 20°30'45" West along said right of way for a distance of 256.87 feet; thence South 88°37'45" West for a distance of 335.85 feet to the true point of beginning, EXCEPT any portion thereof as conveyed to the Public Utility District No. 1 of Chelan County by deed recorded April 25, 1958, under auditor's no. 534377, as confirmed in deed recorded February 24, 1959, under auditor's no. 546301, AND EXCEPT that portion thereof conveyed to the State of Washington for highway purposes by deed recorded September 22, 1959, under auditor's no. 555805. (the "Property").

**D. Description of each default under the Contract on which this notice is based:**

- (1) **Monthly payments.** Lauro Olmos Olmos and Evangelina Olmos (collectively, "Purchaser") has failed to timely make monthly payments of \$351.03 per month. (Contract, para. 3). The last payment, received January 5, 2023, is current through September 14, 2021.
- (2) **Late fees.** Purchaser has failed to timely pay late charges of \$17.55, which is 5% of the \$351.03 monthly payment. (Contract, para. 3). The last payment, received on January 5, 2023, is current through September 14, 2021.
- (3) **Contract collection fees.** Purchaser has failed to timely pay monthly \$3.50 contract collection fees, Purchaser's equal share of the total collection fee. (Contract, para. 4). The last payment, received on January 5, 2023, is current through September 14, 2021.
- (4) **Property taxes and assessments.** Purchaser has failed to pay before delinquency property taxes and assessments assessed for the years 2020, 2021, and 2022. (Contract, para. 5).
- (5) **Insurance.** Purchaser has failed to deliver to Seller all policies, amendments and renewals relating to insurance of the Property for "all risk" or extended coverage. (Contract, para. 7).

**E. The Contract will be forfeited if all defaults listed in paragraph D, above, are not cured on or before June 16, 2023,** a date that is not less than ninety (90) days after this Notice of Intent to Forfeit is recorded in the official records of Chelan County, Washington.

**F. The forfeiture of the Contract will result in the following:**  
 (i) All right, title, and interest in the property of the Buyer, and of all persons claiming through the Buyer or whose interests are otherwise subordinate to the seller's interest in the property, shall be terminated;  
 (ii) the Buyer's rights under the Contract shall be canceled;  
 (iii) all sums previously paid under the Contract shall belong to and be retained by the seller or other person to whom paid and entitled thereto;  
 (iv) all of the Buyer's rights in all improvements made to the property and in unharvested crops and timber thereon shall belong to the seller;

**Public Notices**

**Chelan County Mosquito Control District #3-Idlewild,**  
 14193 Chiwawa Loop Rd. #8  
 Leavenworth, WA 98826,  
 is seeking coverage under the Washington State Department of Ecology Aquatic Mosquito Control NPDES and State Waste Discharge General Permit.  
 The proposed project applies to following geographical area:  
 Government Lot 2 of Section 22,T.27N., R.17 E.W.M., platted as IDLEWILD SUMMER HOMES. AND The following described real estate situated all in the State of Washington, County of Chelan, Section 22, Township 27 N., Range 17 E., W.M.:A 1 of Plat of Fish Lake Alpine Tracts, Lots 1 - 48, recorded on August 6, 1968, Book 7 of Plats, Pages 52 and 53, together with all of Howard E. Clark Short Plat No. 3487, lots 1 - 3, recorded on February 12, 2002, in Book 17 of Short Plats, Pages 111-112, together with Chelan County Parcel Numbers 271722120100 and 271722120150.  
 The permit allows the discharge of a specific list of pesticides for mosquito control provided permit conditions are met, however, the pesticides anticipated for use are: Duet, which includes Prallethrin, Sumithrin and Piperonyl Butoxide (PBO). Ecology has made a SEPA determination of nonsignificance with the adoption of an existing environmental document for this proposal.  
 Any person desiring to present their views to Ecology regarding this application may do so in writing within thirty days of the last date of publication of this notice. Comments must be submitted to Ecology. Comments can be submitted to: Department of Ecology, Water Quality Program, Attn: Aquatic Pesticide Permit Manager, P.O. Box 47696, Olympia, WA 98504-7696. Published in The Leavenworth Echo/Cashmere Valley Record on March 8, and 15, 2023. #5408

**Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY  
 Estate of BETTY ANN GORDON, Deceased NO. 23-4-00576-0  
**PROBATE NOTICE PLEASE TAKE NOTICE**  
 The above Court has appointed me as Personal Representative of Decedent's estate. Any person having a claim against the Decedent must present the claim: (a) Before the time when the claim would be barred by any applicable statute of limitations, and (b) In the manner provided in RCW 11.40.070: (i) By filing the original of the claim with the foregoing Court, and (ii) By serving on or mailing to me at the address below a copy of the claim. The claim must be presented by the later of: (a) Thirty (30) days after I served or mailed this Notice as provided in RCW 11.40.020(1)(c), or (b) Four (4) months after the date of first publication of this Notice. If the claim is not presented within this time period, the claim will be forever barred except as provided in RCW 11.40.051 and 11.40.060. This bar is effective for claims against both the Decedent's probate and non-probate assets.  
 Date of First Publication of this Notice: March 15, 2023  
 Decedent's SSN (for WDSHS only): Dennis Hanberg, Executor  
 3010 19th Avenue Ct. NW Gig Harbor WA. 98335  
 Published in The Leavenworth Echo/Cashmere Valley Record on March 15, 22, and 29, 2023. #5447

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**www.cashmerevalleyrecord.com**

**Public Notices**

**Public Notices**

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY  
 Estate of BETTY ANN GORDON, Deceased NO. 23-4-00576-0  
**PROBATE NOTICE PLEASE TAKE NOTICE**  
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**Public Notices**

and (v) the Buyer and all other persons occupying the property whose interests are forfeited shall be required to surrender possession of the property, improvements, and unharvested crops and timber to the seller ten days after the declaration of forfeiture is recorded.  
**G. Itemized Statement.** The following is an itemized statement of payments of money in default and, for defaults not involving the failure to pay money, a statement of the action required to cure the default:  
**(1) Monthly payments.** For October 15, 2021 – February 15, 2023, the total of monthly payments that are in default is **\$5,967.51**.  
**(2) Late fees.** For October 25, 2021.- February 25, 2023, the total of late fees that are in default is **\$299.35**.  
**(3) Contract collection fees.** For October 15, 2021 – February 15, 2023, the total of collection fees that are in default is **\$59.50**.  
**TOTAL AMOUNT DUE SELLER IN DEFAULT (Items G.(1) – G.(3)):** **\$6,325.36**  
**(4) Property taxes and assessments.** Property taxes for 2020, 2021, and 2022, plus any interest and penalties thereon, must be paid in full, in the amount owed at the time of payment.  
**(5) Insurance.** All of the following must occur:  
 a. Insure all buildings on the Property insured to their full insurable value against loss or damage by fire, windstorm, and all other casualties covered by "all risk" or extended coverage endorsements available in the State of Washington, in a company acceptable to the Seller and for Seller's benefit as Seller's interest may appear,  
 b. Pay all premiums therefor, and  
 c. Deliver all policies, amendments and renewals to the Seller.  
**H. Itemized statement of other charges.** The following is a statement of all other payments, charges, fees, and costs, if any, or, where indicated, a reasonable estimate thereof, which must be paid to cure the default; item Amount  
 1. Cost of litigation guarantee from First American Title \$582.63  
 2. Service/posting/publishing of Notice of Intent to Forfeit (est.) \$500.00  
 3. Attorney's fees (est.) \$2,000.00  
 4. Recording fees (est.) \$220.00 **TOTAL: \$3,302.63**

The total amount necessary to cure the default is the sum of the amounts in paragraph G and H, is **\$9,627.99**, plus the amount of any additional taxes, payments on purchaser's behalf, default interest, and other costs under the contract arise after the date of this Notice of Intent to Forfeit and on or prior to the date the default is cured. You must cure the default prior to **June 16, 2023**.  
**In addition, because some of the charges can only be estimated at this time, and because the amount necessary to reinstate may include presently unknown expenditures required to preserve the property or to comply with state or local law, it will be necessary for you to contact seller's agent below before the time you tender reinstatement so that you may be advised of the exact amount you will be required to pay.**  
 Monies required to cure the default may be tendered to: Overcast Law Offices; Attn: Laurence P. Chamberlain; 23 S. Wenatchee Ave., Ste. 320; Wenatchee, WA, 98801  
 If default includes a default other than payments of money when due, then you must also cure such other defaults as specified in paragraph G. by **June 16, 2023**.

**L. Rights to Contest or Seek Extension of Time.** You have a right to contest the forfeiture, or to seek an extension of time to cure the default if the default does not involve a failure to pay money, or both. To do so, you must commence a court action by filing and serving the summons and complaint on the seller or seller's agent or attorney before the declaration of forfeiture is recorded;

**NO EXTENSION OF THE TIME FOR CURE CAN BE GRANTED FOR DEFAULTS THAT ARE A FAILURE TO PAY MONEY.** However, you may not be in default if you have a claim against the seller that would release, discharge, or excuse the default.

**J. Right to request a court order.** The person to whom the notice is given may have the right to request a court to order a public sale of the property. Such public sale will be ordered only if the court finds that the fair market value of the property substantially exceeds the debt owed under the contract and any other liens having priority over the seller's interest in the property. The excess, if any, of the highest bid at the sale over the debt owed under the contract will be applied to the liens eliminated by the sale and the balance, if any, paid to the Buyer. The court will require the person who requests the sale to deposit the anticipated sale costs with the clerk of the court; and that any action to obtain an order for public sale must be commenced by filing and serving the summons and complaint before the declaration of forfeiture is recorded.

**K. Final notice.** This is your final and only notice. No other notice of default is required to be sent to you or any other person before the declaration which completes the forfeitures is given.

OVERCAST LAW OFFICES - NCW, PLLC; Dated: 03.02.23; /s/ Laurence P. Chamberlain, #5899C; Attorneys for Seller; Overcast Law Offices – NCW, PLLC; 23 South Wenatchee Ave., Suite 320; Wenatchee, WA 98801; Telephone: 509.663.5588, ext. 114; Fax: 509.662.5508; E-mail: [laure@overcastlaw.com](mailto:laure@overcastlaw.com)  
 Published in The Leavenworth Echo/Cashmere Valley Record on March 15, and 22, 2023. #5424

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# The Washington Outdoors Report

## Humpies, Lawsuits and Trout

BY JOHN KRUSE

### PINK SALMON NUMBERS ARE LOOKING GOOD

Odd numbered years are pink salmon years here in Washington State and 2023 is lining up to be a good one for anglers fishing for them in Puget Sound and its tributary streams. The Washington Department of Fish and Wildlife is forecasting a return of nearly four million of these smaller salmon, nicknamed “humpies”, for the hump the males develop on their back after entering fresh water to spawn.

The pinks show up in the Strait of Juan De Fuca as early as June and can be caught by both boat and shore anglers in Puget Sound throughout the month of August. By September, most of the pink salmon are entering tributary streams like the Skagit, Snohomish, Skykomish, Green and Puyallup Rivers, providing additional opportunities for anglers who target them with Buzz Bomb lures, jigs with squid bodies and spoons, the key to all of them is that they must be pink in color if you want to catch pinks with them. Humpies are a fun fish to cut your teeth on as a first-time salmon angler and it's not uncommon to catch a good number of them in a day of fishing. While many anglers save them for the smoker, they do taste very good when fresh, especially when grilled over a BBQ or pellet smoker.

### LAWSUIT FILED AGAINST WDFW COMMISSIONER

On March 6 the Sportsman's Alliance Foundation, which is a pro-hunting and fishing organization, filed a lawsuit in

Thurston County to prohibit WDFW Commissioner Lorna Smith from participating as a member of the Commission. The basis for the lawsuit is that state law prohibits anyone from holding an additional elected or appointed office while serving on the commission. Smith currently serves on the Jefferson County Planning Commission which the Sportsman's Alliance says is in direct violation of Washington Law.

Todd Adkins with the Sportsman's Alliance says, "We view this lawsuit as the initial step of a long but important process to bring sanity and decency back to wildlife decision-making in Washington. It all starts here, but trust me, it won't end here. The animal extremists are going to see a lot of the same in the coming weeks and months."

Lorna Smith is a controversial appointee to the Fish and Wildlife Commission. Since being appointed in 2021 by Governor Jay Inslee she was an instrumental voice in shutting down Washington's long running spring bear hunt,

despite the recommendation of WDFW staff members that it be allowed to take place.

When the Blue Mountain elk herd declined (primarily due to cougar predation), Smith suggested managing the herd as a smaller one instead of addressing the predation issues. She has also introduced the framework of a plan that would limit hunting as a management tool by the agency.

It is worth noting that Smith is not the only commissioner serving in another appointed or elected position. Commissioner Molly Linville (who generally sides with hunters in her decision making), serves on her local school board in Douglas County.

Eli Francovich, writing for the Spokesman Review, contacted both commissioners. Linville told Francovich that she was advised by legal counsel that serving on the school board was not a conflict of interest. Commissioner Smith told Francovich she was serving on the Jefferson County Planning Commission on a volunteer basis and in an advisory role

when appointed to the Fish and Wildlife Commission. Smith continued stating she does not believe the statute does not preclude individuals serving in a volunteer position like she has been in Jefferson County.

### LAKE LENORE FISHING TRIP

Last but not least, I made it up to Lake Lenore this past week after WDFW fisheries biologist Mike Schmuck told me the fishing there was very good last year, and he expected similar results this season. I picked a cold, cloudy day to visit the north end of the lake which is where many of the Lahontan cutthroat trout tend to mill around in the spring prior to spawning.

Unfortunately, the trout were not yet in this part of the lake in good numbers. Two anglers who were leaving as I arrived said they each only caught one fish that day. While fishing, I did see one angler catch one trout and while I did get one good strike, I was unable to hook up and didn't have any more bites that afternoon.

Lake Lenore is a selective regulation fishery and is primarily a catch and release destination where the trout average two to three pounds and can get up to six pounds in size. Fly anglers in pontoon boats favor fishing chironomids under strike indicators while spin anglers can do well fishing spoons with single, barbless hooks.

The fishing at this scenic, desert lake north of Soap Lake should get better towards the end of March and peak in April. I plan to return to try again and will let you know how I do.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americasoutdoorsradio.com](http://www.americasoutdoorsradio.com)



Pink salmon caught on the Snohomish River

PHOTO COURTESY BRIANNA BRUCE, LIVIN' LIFE ADVENTURES.

**Q** My doctor put me on a statin medicine to lower my “bad” cholesterol, but it made me tired, so I stopped it. I walk 3 miles a day. Can taking psyllium help lower my “bad” cholesterol?

If you have heart disease or diabetes in addition to elevated “bad” cholesterol, taking a “statin” medicine, like atorvastatin or simvastatin, can reduce your risk of a heart attack or stroke.

Although the first “statin” medication you were prescribed made you tired, there is no guarantee that you will experience the same issue with other “statin” medicines. With 5 “statin” medications available, many people do fine after switching to a different “statin” drug.

If you don't have heart disease or diabetes, “statin” drugs are not your only option for reducing your “bad” cholesterol or LDL. Increasing the amount of fiber you eat can help lower LDL by eating foods with more fiber or taking a fiber-rich supplement like psyllium seed.

The typical American diet has very little fiber in it. Changing to a Mediterranean diet has been shown to lower LDL cholesterol. One of the main differences between a Mediterranean diet and a typical American diet is the Mediterranean diet has more fiber and encourages using olive oil instead of most other types of fat.

In addition to olive oil, the diet includes much more fiber. A Mediterranean diet consists of beans, peas, whole grains, and more vegetables, with limited amounts of low-

fiber foods like dairy, eggs, and red meat.

Taking a fiber supplement like psyllium can help you lower your LDL cholesterol. Psyllium is the outer coating or husk of the Plantago plant, also called plantain.

When plantain or psyllium husks are added to water, they turn gummy and gluey. Instead of being digested, they form a gelatinous mass moving through your intestine. This can help symptoms of constipation, which is why psyllium is sold in the laxative section of your grocery or pharmacy.

Psyllium lowers LDL cholesterol by about 10%. One study paid for by Procter & Gamble, the makers of Metamucil®, a psyllium product, showed that taking 10 grams daily of psyllium decreased LDL by 6.7 points.

Another study using cookies fortified with 5 grams of psyllium showed that postmenopausal women who ate 3 cookies daily had a 10% decrease in their LDL cholesterol.

Although Metamucil® is the brand of psyllium most recommended by pharmacists, it's not the only psyllium product you can buy. Another form of psyllium called hydrophilic mucilloid is available as Konsyl® or Hydrocil®.

All psyllium forms have the same beneficial effect on LDL, and most of their forms

require mixing with at least 12 ounces of water or drinking 12 ounces of water immediately afterward to avoid causing intestinal blockage.

To improve its gritty texture and to help it mix better with water, Metamucil® also contains a small amount of maltodextrin, a carbohydrate derived from cornstarch.

Psyllium is available in several forms: a loose powder that you scoop out and add to a glass of water, premeasured packets added to a glass of water, sweetened powder, wafers, and even cookies.

Because psyllium is marketed as a laxative, you will find it next to other laxatives on your grocery or pharmacy shelf. Be careful. Different fiber types are also sold as laxatives, like methylcellulose and polycarbophil. Unlike psyllium, they won't have any beneficial effect on your LDL.

### Here are 5 Tips on Lowering Your LDL Cholesterol with Fiber:

**1. Take with plenty of water or other fluid.**

All psyllium products need to be taken with water to prevent intestinal blockage. If you can't drink 12 ounces of water with each dose, psyllium is not for you. A psyllium product will not be a good choice if you have a fluid restriction because of heart disease or kidney disease.

**2. Start with a lower dose at first.**

Psyllium works as a bulk



laxative. If you don't have constipation, it should not give you diarrhea. Still, starting slowly is a good idea to avoid getting uncomfortable cramping or gas.

**3. Read the label.**

When choosing a psyllium product to lower your cholesterol, look for Metamucil®, Konsyl®, or Hydrocil®, all of which contain psyllium.

**4. Beware of lookalikes.** Other laxatives with similar packaging include Citracel®, which contains methylcellulose, and FiberCon®, which has polycarbophil as its main ingredient. These all work to ease constipation but will not affect your LDL.

**5. Eat fiber-rich foods.**

To further help lower your LDL, try eating a Mediterranean-like diet, which has much more fiber than a typical American diet.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely*. Get clear answers to your medication questions at her website and blog, [TheMedicationInsider.com](http://TheMedicationInsider.com). ©2023 Louise Achey

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