



## Wenatchee River Institute Red Barn March Events

SUBMITTED BY WRI

### Red Barn Event: Nexus Ski Film with Sasha Dingle

Thursday, March 23, 7-8 p.m.

Join WRI and Leavenworth professional skier, Sasha Dingle, to watch the new ski film, Nexus! It is an action sports film documenting five distinct groups of skiers, their connection to the mountains, and how skiing shapes their relationships. This film is produced and directed by women.

### Introduction to Wildlife Tracking Class

Saturday, March 25 and Sunday, March 26

WRI invites you to a weekend introduction to the language of wildlife tracking with Adam Martin. Throughout the weekend, you'll gain a basic understanding of how to identify and interpret the commonly left tracks and sign of the birds, mammals, and insects of our region.

### Red Barn Event: Geologic Fluids and Plant Life

Wednesday, March 29, 7-8 p.m.

Join WRI, Washington Native Plant Society, and local geologist, Ralph Haugerud for a Red Barn event where you'll learn about the four types of geologic fluids. The effects of these fluids govern how water moves in and through our



SUBMITTED PHOTO. Cascade High School students in Plant Science class at WRI

landscape, thereby shaping our plant communities.

### Garden Planning Workshop

Thursday, March 30, 5-6:30 p.m.

Have you always wanted to grow your own food, herbs, or flowers, but have never known where to start? Or maybe you were worried about not having enough space for your dream garden. This is the workshop for you.

### Native Plants with Cascade High School

In a new program, WRI is working with the Plant Science class at Cascade High School to help design and develop a native plant garden on the hill side on the WRI campus. Currently, there are four 12'x6' plots and students can plant up to 8 species in each plot. The group of 11th and 12th

grade students learn more about plant biodiversity, native plants, how to perform site evaluations, and which plants may grow better together. The students will design, plant, and manage the garden throughout the year, gaining community service hours to place towards graduation, college applications, and more. Stay tuned for updates as the garden continues to develop.

## Commissioners consider draft agreement for Confluence Parkway proposal

SUBMITTED BY RACHEL HANSEN

Chelan PUD commissioners are considering a land exchange agreement with the City of Wenatchee that attempts to strike a balance between regional transportation needs and stewardship of public lands.

The City of Wenatchee's Confluence Parkway project is a proposed 2.5-mile bypass to alleviate traffic congestion along North Wenatchee Avenue. The two-way arterial would run along the edge of Horan Natural Area and Confluence State Park, which are owned by Chelan PUD.

The land exchange would trade a long, narrow parcel of land along the western edges of Horan Natural Area and Confluence State Park – about 5 acres total owned by the PUD – for roughly equivalent property from the City.

The draft agreement includes a range of mitigations intended to address concerns brought forward by more than 1,000 public comments, and a year of due diligence. The measures include:

**Noise abatement:** The City will build a noise wall and earthen berms with landscaping in areas where road noise is expected to have the greatest impact.

**Trail improvements:** The City will reroute the Apple Capital Recreation Loop Trail away from Hawley Street and the railroad tracks for better safety and user experience. The new pedestrian bridge will be about twice as wide as the existing one.

The draft agreement also commits the City to reimburse the utility to relocate two water wells that support Confluence State Park, and replace state park staff housing that is in the path of the proposed roadway. In most cases, the city will cover the relocation of electrical transmission and distribution lines in coordination with roadway construction.

Several people spoke in favor of Confluence Parkway, citing reduced traffic accidents, improved response times for first-responders, better options for bus and bike commuters, and improvements to the Loop Trail. Commissioners deliberated and voted March 20 on the draft agreement, which must also be approved by the Wenatchee City Council.

Chelan PUD is one of several key agencies involved in the review process. Over the next year, the project will require approval from the Federal Highway Administration and Federal Energy Regulatory Commission.

## DOH's successful Say Yes! COVID Test program to finish May 11

### More than 15 million free at-home tests distributed since Jan. 2022

SUBMITTED BY WSDOH

OLYMPIA – The Washington State Department of Health (DOH) is announcing its free at-home testing program Say Yes! COVID Test (SYCT) is ending May 11. Since its launch in Jan. 2022, the program has:

- Processed more than 3 million individual orders for at-home test kits.
- Distributed more than 15 million individual tests.
- Served nearly 1 million households throughout Washington state.

Washingtonians may continue ordering free COVID-19 home test

kits from the Say Yes! COVID Test website. As the COVID-19 pandemic moves into a state of recovery, eligibility will change to focus on Washington communities that are most in need. Criteria will be based on public health measures that help identify communities with more disadvantaged households. Please visit the SYCT website to see if you are eligible to place a single monthly order for five test kits, which are delivered to the requester's home or work address free of charge.

Federally supplied free at-home tests remain available to order for all while supplies last. Insurers are still required to cover the cost of eight at home tests per covered member per month until the end of the federal

public health emergency on May 11.

"Thanks to the incredible partnership between the DOH Say Yes! COVID Test team and our partners, as well as close collaborations with the public health and healthcare systems, communities, and individual Washingtonians, our state has achieved one of the lowest COVID-19 death rates in the country," said Tao Sheng Kwan-Gett, MD, MPH. "DOH will continue to support Washingtonians to keep their communities healthy and protect the elderly and those with chronic conditions who are most vulnerable to the severe impacts of COVID-19."

DOH launched SYCT Jan. 2022 in partnership with the National Institutes of Health, the Centers for

Disease Control and Prevention, Care Evolution, Amazon, and a variety of community partners to provide Washingtonians with another way to quickly access free testing for COVID-19.

DOH will continue to collaborate with local health jurisdictions, tribes, and community partners to support equitable access to testing supplies and services through existing services. Please visit the DOH COVID-19 landing page for more information and resources, including testing and free telehealth treatment options.

The DOH website is your source for a healthy dose of information. Find us on Facebook and follow us on Twitter. Sign up for the DOH blog, Public Health Connection.

## Humane Society ED focused on bringing pets and people together

SUBMITTED BY NEIL NEROUTSOS

As Wenatchee Valley Humane Society's Executive Director James Pumphrey approaches three months in his new role, he emphasizes it's the success of WVHS's core programs that ensures the agency continues to bring value to pets and people

throughout the community.

"Our animal welfare programs are pro-pet and pro-people, and they're designed based on best practices and science based sheltering," says Pumphrey. "We're equally guided by a commitment to being humane in our work to guarantee the highest standards of care. Our purpose is to

bring pets and people together and keep pets and people together."

Some of the key programs of focus for WVHS include:

**Clinic Services:** WVHS delivers high quality clinic care with the goal of making veterinary services affordable and accessible to the entire community. Examples of services

include exams, x-rays, spay or neuter surgery, vaccinations, treating broken bones, skin conditions, and ear and eye infections,

**Adoption:** WVHS has an open, conversation-based adoption process, matching the lifestyles

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## Leavenworth City Council meets



Justin Pardini Reporter

The Leavenworth City Council met on March 14 for their regular biweekly meeting. With Mayor Florea absent for this session, Anne Hessburg led the charge as Mayor Pro Tempore. The meeting began with a public safety report from Chief Dave Nalle of Fire District #3. He discussed the upcoming presentation from the

Rocky Mountain Research station on people living on the Chumstick and the fire safety precautions that come with that area. They assessed the houses and residents in that general area for fire safety and have created a presentation to convey the importance of being aware during the upcoming fire season. Following the public safety report, Mike Worden, president of the Leavenworth Rotary Club led a discussion for the upcoming Rotary conference in May. The conference will have over 57 clubs and around 2,000 members all from British Columbia and Washington. Worden conveyed the importance of bringing people together during this time and gave an overall insight as to what a Rotary Club can do for people and the community. The City Council

declared the week of May 14, 2023, to be Rotary week in Leavenworth. From May 17 through May 19, there will be various games and activities for the community to engage in. Some of these activities include a putting tournament, geo hunt, and a guided bike tour around Leavenworth. There will be plenty of people looking to come together within the community, which is something the Rotary Club largely prides themselves on. Being one of the world's largest non-profit organizations, Leavenworth is honored to be hosting Rotary week, beginning on May 14, 2023. Moving onto business-related items on the agenda, the City Council moved to pass the Professional Services Agreement which looks into the Front Street restrooms and stairway

extension. There will be expansion of restrooms in the western portion, near where the existing stairway is located. The new stairway will be relocated, constructed with a covered section which will be accessible from the highway. The cost estimated from 2020 was \$950,000, however, these costs may increase or differ upon a newer estimate to be completed. The cost is completely covered by lodging tax within the city and will provide for more accessibility along with bigger and more open restrooms for the public. Lastly, the Interlocal Agreement for Link Transit to construct the US Highway 2 and Icicle Road roundabout is anticipated to begin this summer. With approximately \$100,000 in construction costs, this project is ramping up and preparing to commence in the coming months. The Leavenworth City Council will reconvene on March 28 for their second meeting of the month.

## Spring into action: Give blood with the Red Cross

SUBMITTED BY BETSY ROBERTSON

Spring is here! As the seasons change, the American Red Cross is reminding the public that the need for blood doesn't take a break. Blood and platelets remain at risk of running low this month. Donors are crucial to helping the Red Cross avoid a blood shortage in the weeks to come. Donors of all blood types, especially type O donors and platelet donors, are encouraged to make and keep appointments to donate. Book a time to give by visiting RedCrossBlood.org, downloading the Red Cross Blood Donor App, or calling 1-800-RED

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Dan's Market



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# Local and Regional News

## Foggy Road

I was in the driver's seat heading down the road with Grandpa Truman on the passenger's side of the car when he noticed the dense fog overhead. He said, "If that fog settled, we'd need radar."

"Or at least a compass and a good map," I said remembering the classes he once taught to high schoolers on how to navigate a boat through rocky narrows in the fog or in the dark. He taught in the day light but he'd cover the windows of our boat, the Shelly Too, with paper maps to keep the students from seeing outside then teach them how to use a compass, a map and the passage of time to get where they needed to go. (Of course, one of the maps over the windows had a small flap he could flip to view outside as a safety measure.) "Compass wouldn't do any good," Grandpa informed me. "Yep, you're right. We're traveling too fast." I replied. I looked up; considered the density of the fog and said, "if the fog settled, I'd pull over, get well off the road, and wait for the sun to shine through. I don't like to be on the road if I can't see at least two car lengths ahead. When I can't see I pull off."

"I agree with you there." Grandpa Truman said as he nodded towards the sky, "it's that kind of fog that makes for a 60-car pile-up if it gets down on the road."

"Well," I replied, "I can't see staying on any road no matter what speed I'm traveling if I can't see what's ahead of me."

He nodded and we traveled in silence for a while. I got to thinking about fog. On the paved highway I can pull my vehicle off to the side and wait in relative safety. On the water with constant currents there is no pulling a marine vessel over to wait for better weather conditions once the boat leaves harbor. As a captain of the boat, responsible for souls on board, not only did Grandpa have to make the decision on when to leave harbor he also had to have the skill to guide us safely through rocky waters when the weather



conditions enveloped us in fog. And he did.

Grandpa Truman is happily retired. Now Uncle Larry is the captain and Sonny is one of the souls aboard his boat. I am glad Grandpa Truman was there to teach Uncle Larry; glad that my brother was humble enough to learn; glad that the Good Lord allowed Uncle Larry to become Captain Larry; glad that my son is now learning from Captain Larry. It is good to have solid captains who model solid behavior for the next set of souls who will become guides on these shifting tides of life. My son is heading out into the sea of life. His journey beyond the stability of my land locked highway has begun and pulling off the road isn't going to be an option for him. Yes, radar would help but only if the captain is willing to teach and knows how to operate it... and I don't... but Captain Larry does and he'll teach Sonny the things I can't.

### Tomato Based Captain's Stew

- Cup or 2 of the catch of the day (salmon, crab, halibut, clam) cleaned and ready to cook.
- 1 to 2 Tbsp. oil or fat
- 32 oz canned tomato product (about 4 cups),
- A couple 15 oz. cans of veggies (canned potatoes even)
- Water (optional)
- Salt and Pepper to taste.

Sauté the catch of the day in a Tbsp. or two of oil. Add the 32 oz. can of tomatoes (or two 15 oz. cans) product. This

can be diced tomatoes, stewed tomatoes, salsa, tomato sauce, spaghetti or pizza sauce, even canned tomato soup. Then add the cans of veggies, liquid, and all. Stir; heat; eat.

Note: this recipe works with canned fish and other meats like tuna, sardines, chicken, Vienna sausage, whatever is on hand in the galley and fresh veggies can be substituted for canned ones.

If the tomato product of choice is tomato paste it needs to be diluted about 1 to 1 with water or another liquid to be used for this stew.

**About the author:** In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, *The Goldendale Sentinel*. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.

## Wanted: Lego creations for 2023 Nick's Bricks

SUBMITTED BY CAITLYN CLEVELAND  
Pybus Market

Nick's Bricks, the Annual Lego Event at Pybus Public Market, returns this spring. On Saturday, June 3, the Nick's Bricks and Pybus team will open the doors for the live in-person exhibit held in the LocalTel Event Center. The planning committee is currently searching for fun and imaginative displays to feature for the event. This is a great opportunity for Lego enthusiasts to showcase their creativity and show-off their talent. There are unlimited possibilities for any theme. Each builder can draw inspiration from Harry Potter to Star Wars, Lego movie, Princess, Community, and more.

We encourage you to reach for the sky and use your imagination to create your dream Lego build. Local businesses are also welcome to participate, as Nick's Bricks is a highly attended event it is a perfect occasion to advertise and support the community.

If you have something you believe is worthy of sharing please contact Kevin Vitulli at kvitulli@hotmail.com. Please include a brief description of your entry, your contact information, and an estimate on the size/footprint of your display.

Nick's Bricks is named in memory of Nicholas (Nick) H. Vitulli and is an event that he would have loved. Nick passed away in 2016 at the young age of 24 while hiking in Africa. Nick was gentle, kind, joyful and loved life. He was curious and creative and was never afraid to explore possibilities. Nick's faith, family, friends and fun were most important to him in his life.

Nick loved LEGOS, playing board games and his favorite book was Lord of the Rings. Nick was also known for rocking the flannel, for his love of music and playing the bass. His fantastic imagination and love of play allowed him to maintain and never let go of his childlike heart. Nick's parents, Kevin and Jayne

Vitulli of Wenatchee, WA created the Nicholas H. Vitulli Memorial Fund at CFNCW to honor their son by sharing his love of Legos and play with all children in our region.

"We would like to thank the many community sponsors that help make Nick's Bricks possible," said Jayne and Kevin Vitulli.

*About Pybus Public Market: Pybus Public Market is built in the historic Pybus steel warehouse located next to the Columbia River at the foot of Orondo Street in Wenatchee. The property is a year-round marketplace for restaurants, wine, fruit and vegetable vendors, meats and cheeses, baked goods, oils, other foods, flowers, retail sales and local craftspeople. It also serves as the permanent home for the Wenatchee Valley Farmer's Market. Pybus Market opened May 11, 2013. Pybus Market is governed by a 20-person board of directors of Pybus Market Charitable Foundation, a 501c(3) non-profit.*



## Youth Firesetter Prevention

SUBMITTED BY WA STATE FIRE MARSHAL'S OFFICE

**Olympia** – When children are exposed to flame or fires, their curiosity might be peeked. Children may find fire fascinating because it engages all five senses; sight, sound, smell, taste, and touch. They may not understand that fires used for cooking, heating, or other reasons are controlled and used for specific purposes. They may not understand the devastation hostile fires can cause like the loss of property, injuries, or death.

From 2019 through 2021 local fire agencies in Washington State reported 764 fire incidents that began by the playing of a heat source, resulting in over \$5 million in damages. To

## Humane Society

CONTINUED FROM PAGE A1

and expectations of adopters with the needs of homeless pets. Adoption fees include spay or neuter surgery, initial vaccinations for dogs, microchips, general well-health exams and options for pet health insurance.

**Foster Program:** This is designed to increase the number of animals that WVHS can help by allowing foster families to host animals and help ready them for later adoption. The program expands the capacity of care that can be provided for injured and homeless animals.

**Animal Care & Control:** WVHS provides services to the cities of Cashmere, Chelan, East Wenatchee, Entiat, Leavenworth, Rock Island, Wenatchee, Waterville and Chelan and Douglas counties. Its mission is to help protect the safety and well-being of the citizens and animals of these areas through compassion, education and law enforcement.

### Key 2022 Measures:

- 2,474 animals adopted
- 3,500 spay and neuter surgeries
- 564 lost pets returned to owners
- \$402,173 spent on medical care

"Our success wouldn't be possible without the many volunteers who work in countless ways on the behalf of pets in our community," says Pumphrey. "They are dog walkers and trainers, socialize cats and small critters, help support our clinic and facilities and volunteer at events. And they do so with the greatest compassion and care." To explore volunteer opportunities at WVHS, people can complete an online application or email volunteer@wenatcheehumane.org.

Wenatchee Valley Humane Society builds a community of responsible animal owners by providing education and outreach, animal care and control for protection, and rescue and adoption services.

help prevent youth firesetting, the Washington State Fire Marshal's Office asks that you take the following steps:

- Keep matches and lighters out of the reach of children, up high, and preferably in a locked cabinet.
- Closely supervise children, making sure that they are kept away from other fire sources, including lit candles, cigarettes, bonfires, and stoves.
- Establish clear rules and consequences about unsupervised and unauthorized uses of fire.
- Teach children that they must tell a grownup when matches

or lighters are found.

- Talk with children about what they are seeing online in video games, on TV, in movies, and on social media, and teach them specific ways to resist the peer pressure to misuse fire.
- Give praise for showing respect and age-appropriate responsible behavior toward fire.
- If needed, contact your local fire department to see if they have a youth firesetting program.

For more information, contact the State Fire Marshal's Office at 360-596-3929.

## MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

### AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946  
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939  
509-548-1627, 548-4522, 664-6469, 206-719-3379  
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.  
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin  
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.  
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.  
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.  
Alanon Meetings, Call 509-548-7939

**Renewed Celebrate Recovery**, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.



Mountain Meadows Senior Living Campus is pleased to announce

## Madilyn "Mads" Skalisky

as the recipient of the  
**2023 First Quarter Employee Service Award**

Mads has been employed as an evening shift personal care attendant in assisted living for nearly one year. She was chosen by the staff and residents for being such a positive role model who consistently goes above and beyond to assure the needs of her residents are met. Mads has a gift for making each resident feel special! Her warm smile and talented singing voice is contagious and often brings joy to those around her!

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SUBMITTED BY PAULA GOODWIN

Lake Wenatchee Fire & Rescue Auxiliary presented a check for \$83,000 to the Lake Wenatchee Fire & Rescue Firefighters Association for new equipment. In addition to the

annual Yard Sale in September and the Pancake Breakfast in December, the Auxiliary was fortunate to be the beneficiary of the 2022 Kahler Mountain Club Women's League golf tournament. These events along with several others resulted in

a banner year following two years of Covid restrictions. The Auxiliary would like to extend a huge thank you to its hardworking members as well as the very generous donations from friends, neighbors, and local businesses.

## The Contract

**Unveiling the healing power of forgiveness**

A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel Garcia Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality,

judgementalism, divorce and pride. His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo office, 215-14th Street, Leavenworth, WA 98826 or Lake Chelan Mirror office 131 S. Apple Blossom Dr. Suite #109, Chelan, WA 98816

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Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to [NCWMARKET.COM](https://ncwmarket.com) 24/7
- Garage and Yard Sale Ads are paid events, please email: [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) or place online at [NCWMARKET.COM](https://ncwmarket.com)
- For info call: Leavenworth: 509-548-5286, email: [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com)
- Cashmere: 509-782-3781, email: [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com)

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Online ads at [NCWMARKET.COM](https://ncwmarket.com)

**Circulation for all NCW Media, Inc. newspapers.**  
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The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to [Publisher@leavenworthecho.com](mailto:Publisher@leavenworthecho.com) or [Reporter@leavenworthecho.com](mailto:Reporter@leavenworthecho.com)

**Corrections**  
The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

**Contact the listed organizations or events for updates.**

**COMMUNITY CALENDAR**

**Wednesday**

**Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.**  
**Alpine Water District:** meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.  
**Senior Center:** Lunch, noon, \$8 per meal. RSVP 509-548-6666.  
**Ukulele Circle:** 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.

**Thursday**

**Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)**  
**Leavenworth Lions Club, For more info, email President Anita Wilkie at [leavenworthlionsclubwa@gmail.com](mailto:leavenworthlionsclubwa@gmail.com)**  
**Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)**  
**The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)**  
**Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)**  
**Greater Leavenworth Museum board meeting 3-5 p.m. Everyone is invited as a guest contact: [Matt@leavenworthmuseum.org](mailto:Matt@leavenworthmuseum.org) for meeting information. (2nd Thurs.)**  
**Senior Center:** Exercise: 11 a.m.- noon. 509-548-6666. Music, call Steve, 509-548-7048. 1 p.m., (1st & 3rd Thurs.)

**Friday**

**Veteran Service Office:** For information contact Tony Sandoval, 509-664-6801 or email: [Tony.Sandoval@co.chelan.wa.us](mailto:Tony.Sandoval@co.chelan.wa.us)  
**Leavenworth Rotary Club, In person at Kristalls at Noon, email [wordenmike@yahoo.com](mailto:wordenmike@yahoo.com) or call 509-238-3925 for more information.**  
**Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: [Leavenworthseniors@gmail.com](mailto:Leavenworthseniors@gmail.com)**

**Monday**

**Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30-8:00 p.m. Call Terri 509-393-8271 for more information.**  
**Leavenworth Mosquito District board meeting on, 1st and 3rd Mondays, 7 p.m. via ZOOM link posted at <https://leavenworthmosquitocontrol.org/activity-calendar.html> or contact Jenny 509-548-5904**  
**Cascade School board meetings, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)**  
**Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)**

**Tuesday**

**Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)**  
**Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, call 509-607-0278, 509-782-2561, or [levi.ipid@nwinc.net](mailto:levi.ipid@nwinc.net) (2nd Tues.)**  
**Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)**  
**Cascade Education Foundation. Contact: [CEF@cascade.org](mailto:CEF@cascade.org)**  
**LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)**  
**Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. [www.leavenworthmasons.org](http://www.leavenworthmasons.org). (1st Tues.)**  
**Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)**  
**The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)**  
**Senior Center:** Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: [Leavenworthseniors@gmail.com](mailto:Leavenworthseniors@gmail.com)

**NCW Libraries**

Libraries will continue to offer a wide variety of resources and programs online at [ncwlibraries.org](http://ncwlibraries.org) and its Facebook page. Go to [NCWLIBRARIES.ORG](https://ncwlibraries.org) or 1-800-426-READ (7323) for more information, and updates.  
**Leavenworth Public Library.** Located at 700 Hwy. 2, Call 509-548-7923 or online [Leavenworth@ncwlibraries.org](http://Leavenworth@ncwlibraries.org) Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.  
**Peshastin Public Library.** Located at 8396 Main St., Peshastin. Call: 509-548-7821 or [Peshastin@ncwlibraries.org](mailto:Peshastin@ncwlibraries.org) Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m.-2 p.m. Closed Sun. and Mon.

**Other events**

**The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Check their Facebook page or website at <http://www.leavenworthmuseum.org> www.leavenworthmuseum.org for updates and information.**  
**Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.**  
**Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.**  
Please note that if your organization changes dates, or hours please send us your updates to [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com) or call 509-548-5286. Otherwise we are not responsible for any misinformation.

- Downtown Steering Committee, 10:00 a.m. (4th Tues.)**
- Parking Advisory Committee,** meets 3 p.m., at City Hall in the conference room and on zoom. (1st Thurs.)
- Housing Committee, 3:30 p.m. (4th Tues.)**
- Public Safety Committee,** 4:30 p.m. (4th Tues.)
- Finance Committee, 5:15 p.m. (4th Tues.)**
- City Council Evening Meeting, 2nd & 4th Tuesdays of the month at 7 p.m.** At City Hall in Council Chambers (1st Floor) and via zoom.
- Design Review Board 2nd & 4th Wednesdays of the month at 3 p.m.**
- City Council Study Session** 2nd & 4th Tuesdays of the month at 5:30 p.m. ALL are at City Hall in the Conference Room (2nd Floor) and via zoom.

*Leavenworth*

**Leavenworth Alphorn Association Open House**

The Leavenworth Alphorn Association invites the public to attend an alphorn open house on Sunday, March 26, 3 p.m. at the Leavenworth Festhalle. The event will include an alphorn performance, a brief discussion of “alphorn lore,” and an opportunity to play the horns. In addition, the hosts will provide information about joining the association as a player and performer. Contact Thomas Tilton, 509-548-3494. The Alphorn Association thanks the City of Leavenworth for funding this event.

**Nominations Open: Bird Fest Founders' Award**

Help the Wenatchee River Institute and North Central Washington Audubon Society celebrate and honor volunteerism. The Founders' Award was inspired by the team of people who came together in 2003 to launch the very first Leavenworth Spring Bird Fest. Nominations are open for two categories. Award decisions will be based on one or more of the following criteria:

- Provided a significant amount of time and energy in support of Bird Fest goals and tasks.
- Developed a policy or process change which has contributed to the more efficient and expansive operation. Longevity of volunteer service to Bird Fest. Contributed significantly through community science efforts in support of mission objectives. This could be in the development of field trips, the collection and analysis of data, or other ways. Nominations are open until April 2 Learn more and make your nomination for the Founders' Award here: <https://wenatcheeriverinstitute.org/bird-fest/founders-award.html>. Contact: Rebecca Ryan [rryan@wenatcheeriverinstitute.org](mailto:rryan@wenatcheeriverinstitute.org) 509-548-0181 ext. 2.

**Leavenworth Library Events**

Leavenworth Public Library is displaying interactive information this month on women's history, with Susan Butruille and Judy Derpack. Learn about women's contributions to science, voting rights, portraits, biographies and more. View a special study curriculum, a doll collection of suffragists,

a Smithsonian poster exhibit called "BECAUSE OF HER STORY", coloring pages, crafts, and books. 509-548-7923, [Leavenworth@NCWLibraries.org](mailto:Leavenworth@NCWLibraries.org)

**The Leavenworth Women's Exchange**

The luncheon meeting will be held on Wednesday April 12 at Noon at the Icicle Inn Restaurant, 505 Highway 2, Leavenworth. The cost is \$23 per person. Lunch buffet, beverage, tax, and gratuity are included. Matt Cade, Upper Valley Historical Society board president, will present a program titled “Greater Leavenworth Museum: A Museum on the Move”. Check or cash to LWE only. Since this is a catered event, any cancellations after April 6, will be responsible for the cost of the lunch. To make your reservation, please contact Claire Burlingame at 548-7142 by Thursday April 6.

**NCW Libraries**

The HappyLight Touch Plus lamp provides UV-free light with 10,000 lux intensity with adjustable brightness and a timer. The lamps can be checked out for up to 28 days with a library card and can be picked up and returned to any of the library district's 30 branch libraries in Chelan and Douglas counties. NCW Libraries' Library of Things is a collection of non-traditional items that can be checked out from the library. The collection includes nature backpacks, snowshoes and poles, telescopes, Wi-Fi hotspots, the Washington State Discover Pass, family passes to Ohme Gardens and the Wenatchee Valley Museum & Cultural Center, and more. Visit the library's website [www.ncwlibraries.org](http://www.ncwlibraries.org) and find the Library of Things under the Resources tab.

**Upper Valley Scholarship for Women Returning to Higher Education**

Applications are now being accepted for the Upper Valley Scholarship supported by P.E.O. Chapter JF, Leavenworth, WA. The purpose of the scholarship is to assist women in need of financial help in returning to higher education at an accredited university, college, or technical school in the State of Washington. This needs-based scholarship must be used for school expenses and will be paid directly to the school. Applications must be received for consideration by April 30, 2023. Scholarship funds will be available

by the Fall of 2023 and be sent directly to the school financial department upon confirmation of enrollment. Women applicants must be seeking further higher education at either the undergraduate or graduate level and meet the following criteria: Applicant must be age 30 or above and reside in Chelan or Douglas County, WA. Applicants must be currently enrolled in or returning to a higher education program after a two-year or more absence. The colleges, universities, or technical schools where applicants have been accepted must be fully accredited and within the State of Washington, however, out-of-state on-line accredited schools, are acceptable. Applicants may re-submit applications each year until they complete their programs of study.

Women interested in applying for the scholarship may receive more detailed information concerning the application process, as well as request the application forms by sending an email to the Scholarship Committee at the following address: [peoleavenworth@nwi.net](mailto:peoleavenworth@nwi.net)

**Quilt Art show**

From March to April 21, you can see the art of Michelle Bartholomew at the Leavenworth Library. Michelle is a local artist and quilter whose quilts have been featured in many quilting books and magazines. She specializes in a technique called EPP, English Paper Piecing, but enjoys quilting on her sewing machine as well. She is passionate about creating modern, colorful geometric quilts. Please stop by during the library's regular hours to see the art show in the Fireside room.

*Cashmere*  
**Cashmere Rotary Auction**

Mark your calendars for Saturday, April 1 for this year's annual Cashmere Rotary Auction. The ticketed event is open by admission for \$35 with tickets available from Doane's Valley Pharmacy, Cashmere Rotarians, or at the door. Join us from 6 - 9 p.m. at the Chelan County Fairgrounds event center at 5700 Wescott Drive in Cashmere for the annual fundraising event including dinner, drinks, and a live and silent auction. Come see and contribute to the benefits Cashmere Rotary has in our community.

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

<p><b>March 10</b></p> <p>00:35 Traffic Offense, 585 US Hwy. 2, Icicle Quick Stop</p> <p>02:01 Suspicious Circumstance, 1329 US Hwy. 2, Dan's Food Market</p> <p>09:35 Disturbance, 116 River Bend Dr., Safeway</p> <p>10:00 Fraud/ Forgery, 15255 US Hwy. 2, Coles Corner, Lake Wenatchee</p> <p>12:35 Suspicious Circumstance, 16625 Brown Rd., Lake Wenatchee</p> <p>15:32 Public Assist, 100 Ward Strasse</p> <p>22:17 Domestic Disturbance, 34013 Stevens Rd., Lake Wenatchee</p> <p><b>March 11</b></p> <p>11:48 Agency Assist, Trail Junction K</p> <p>13:52 Unknown-injury Accident, White River Rd. MP 3, Lake Wenatchee</p> <p>14:00 Welfare Check, 920 US Hwy. 2, Subway</p> <p>17:07 Traffic Offense, 116 River Bend Dr., Safeway</p> <p>17:12 Public Assist, 22744 Lake Wenatchee Hwy., Lake Wenatchee</p> <p>18:05 Agency Assist, 15251 US Hwy. 2, Squirrel Tree, Lake Wenatchee</p> <p>21:00 Extra Patrols, 10688 Titus Rd.</p> <p>21:55 Stolen Recreational Vehicle, Alpensee Strasse and</p>	<p>US Hwy. 2</p> <p><b>March 12</b></p> <p>06:09 Suspicious Circumstance, 15255 US Hwy. 2, Coles Corner</p> <p>11:12 Attempt to Locate/ Contact, 141 West St.</p> <p>18:32 Suspicious Circumstance, 8900 block North Rd., Peshastin</p> <p><b>March 13</b></p> <p>06:41 Welfare Check, Evans, and Benton Streets</p> <p>11:50 Trespassing, 10788 US Hwy. 2, Peshastin</p> <p>11:58 Public Assist, 34013 Stevens Rd.</p> <p>15:02 Court Order Violation, 100 Ski Blick Strasse</p> <p>16:15 Theft, East Leavenworth, and Dempsey Roads</p> <p>16:38 Theft, 91 Murphy Highlands</p> <p>16:52 Non-injury Accident, 8515 Icicle Rd.</p> <p>16:53 Welfare Check, 200 Ward Strasse</p> <p><b>March 14</b></p> <p>00:58 Disturbance, 100 Ward Strasse</p> <p>06:01 Welfare Check, 18120 Chumstick Hwy.</p> <p>09:11 Suspicious Circumstance, 315 River St.</p> <p>09:45 Parking/ Abandoned Vehicle, 21174 White Pine Rd.</p> <p>11:53 Theft, 8002 Old Bridge Rd.</p>	<p>17:01 Court Order Violation, 11425 Clark Canyon Rd.</p> <p><b>March 15</b></p> <p>09:30 Property, 700 US Hwy. 2, City of Leavenworth</p> <p>11:52 Scam, 302 Ski Hill Dr.</p> <p>13:04 Theft, 116 River Bend Dr., Safeway</p> <p>14:52 Traffic Offense, 18623 Beaver Valley Rd., Plain</p> <p>16:16 Public Assist, 34013 Stevens Rd., Plain</p> <p>16:29 Suspicious Circumstance, 12310 Allen Rd., Plain</p> <p>16:54 Parking/ Abandoned Vehicle, 21174 White Pine Rd., Lake Wenatchee</p> <p>19:02 Suspicious Circumstance, French Potholes area</p> <p>19:05 Public Assist, 22744 Lake Wenatchee Hwy.</p> <p>21:38 Domestic Disturbance, 19045 Gill Creek Rd., Lake Wenatchee</p> <p>23:42 Animal Problem, 10788 US Hwy. 2, Peshastin</p> <p><b>March 16</b></p> <p>09:04 Animal Problem, 116 River Bend Dr., Safeway</p> <p>09:31 Theft, 545 Dempsey Rd.</p> <p>10:41 911-call, 719 Cedar St.</p> <p>12:34 CPS/ APS Referral, 6410 Campbell Rd., Peshastin</p> <p>12:37 CPS/ APS Referral, 6410 Campbell Rd., Peshastin</p> <p>19:19 Public Assist, 18564 Rieche Rd., Lake Wenatchee</p> <p>19:27 Warrant Arrest, 9099 Anderson Canyon Rd., Peshastin</p>
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## Q After my knee replacement surgery, my surgeon recommended I take a stool softener for a couple of weeks to prevent constipation from my pain medicine. How does that work?

Many surgeons advise their patients to take a stool softener while taking pain medication during the first couple of weeks after surgery. They hope taking a stool softener will help you avoid the discomfort of constipation. This practice has been called into question because very little evidence proves it works.

The word laxative means "to loosen," similar to the word "relax" and "lax," which means to act loose or relaxed. A laxative works to "loosen" your bowels, relieving constipation. By encouraging the movement of stool through your intestines, a laxative can prevent or reduce the pain and pressure of constipation.

Stool softeners make your stool softer or "slippery," which makes defecation more comfortable but doesn't prevent or relieve constipation.

After you swallow it, food moves through your digestive tract, a series of tubes. In your stomach, gastric juices mix into your chewed food, which starts the process of digestion. From there, it moves as a liquid mass into your small intestine, where the absorption of vital nutrients begins.

Muscles running the length of your intestines start squeezing in a rhythm, which keeps the mass of food moving from one end to the other. To assist digestion and absorption, your intestines are lined with special cells designed to carry nutrients, medicines, and water out of your intestines into your bloodstream. What's left behind eventually becomes feces.

The longer food stays in your intestine, the more water can be pulled out of your stool. With less water, your feces becomes smaller, harder, and more painful to eliminate.

A stool softener can draw moisture back into or lubricate the food mass to ease the discomfort of constipation. Two common

stool softeners are docusate and mineral oil.

Docusate is a surfactant, much like detergent or soap. It encourages water to move into your stool. Docusate can replace some of the water your body absorbs as the stool moves through your intestine. It may occasionally cause diarrhea or stomach cramps. Unlike mineral oil, docusate doesn't interfere with the absorption of nutrients or vitamins.

Mineral oil is a liquid refined from crude oil. Unlike docusate, it lubricates the stool instead of increasing its water content. Mineral oil is colorless and odorless. The product "baby oil" is a scented version of mineral oil.

Used over a long period, mineral oil can interfere with your body's absorption of fat-soluble vitamins like vitamins A, D, E, and K. This can eventually cause a type of vitamin deficiency. Mineral oil can also cause leakage of stool from the rectum.

Accidentally inhaling mineral oil when swallowing can cause life-threatening lung irritation. Mineral oil usually stays in your intestine. However, if you take docusate and mineral oil together, mineral oil can move into your body, away from where you need it to work.

Docusate and mineral oil are called emollients. They turn stool "mushy" but don't directly stimulate the muscles lining your intestine. ("Mush instead of Push"). Most people notice results within 2 days, but the full effect can take up to five days.

**Here are 5 Tips on Using a Stool Softener Effectively:**

- 1. Stay hydrated.** Drinking enough fluids will help docusate do its job of moving water into your stool.
- 2. Avoid docusate sodium if you are on a sodium-restricted diet.** Docusate has two forms, docusate sodium, and



docusate calcium. If you restrict your sodium intake, choose docusate calcium instead of docusate sodium. Docusate calcium can be hard to find, so ask a pharmacist for assistance if you don't see it on the shelf.

**3. If you have trouble swallowing pills, avoid 250mg docusate capsules.**

The 250g and 100mg capsules are the same prices. I recommend buying the smaller 100mg capsules because the 250mg docusate capsules are HUGE and should never be cut.

**4. Never cut or bite docusate capsules.**

Docusate tastes HORRIBLE because it is a soap! Avoid biting or cutting docusate capsules unless you prefer a nasty, soapy flavor that lingers for hours. Docusate liquid and syrup taste nearly as bad. At liquid taste tests I've hosted, they rank consistently at the very bottom.

**5. Choose a laxative for constipation prevention or symptoms.**

There is little evidence that docusate can prevent constipation. Using a non-prescription laxative like Senakot® and Dulcolax® is much more effective. Docusate is also available in combination with a laxative like senna or bisacodyl. Look for Senakot-S® and Peri-Colace®.

*Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey*

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### Red Cross

CONTINUED FROM PAGE A1  
CROSS.

When donors lend an arm this month, the Red Cross will lend a hand. All who come to give blood, platelets, or plasma now until March 31, will receive a \$10 Visa® Prepaid Card by email. Plus, they'll be automatically entered for a chance to win a \$3,000 Visa Prepaid Card – which could help toward expenses like gas or groceries. There will be five lucky winners. Details are available at rcblood.org/help.

**Upcoming Cashmere Blood Drive: March 23, 10 - 3 p.m., Cashmere High School, 329 Tigner Rd.**

**How to donate blood:** Simply download the American Red Cross Blood Donor App,

visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also must meet certain height and weight requirements. Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and

health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

*Amplify your impact – volunteer! Another way to support the lifesaving mission of the Red Cross is to become a volunteer blood donor ambassador at Red Cross blood drives. Blood donor ambassadors help greet, check-in and thank blood donors to ensure they have a positive donation experience. Volunteers can also serve as transportation specialists, playing a vital role in ensuring lifesaving blood products are delivered to nearby hospitals. For more information and to apply for either position visit rcblood.org/volunteertoday.*

## Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

# UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

**CASHMERE**

**CASHMERE BAPTIST CHURCH**  
103 Aplets Way • 509-782-2869  
Sunday School, all ages, 9 a.m. Worship 10 a.m.  
Bible Study, Wed., 6.30 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 509-782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
www.cashmerepres.org

**CASHMERE COMMUNITY CHURCH**  
213 S. Division • 509-782-3811  
In-person Service, Sunday, 11 a.m.  
until further notice.  
Pastor Lilia Felicitas-Malana  
cashmerecommunitychurch@gmail.com

**CHRIST CENTER**  
Sunday Worship Service at 10 am  
5800 Kimber Rd., Cashmere  
509-782-2825  
christcentercashmere.com



**GRACE LUTHERAN CHURCH**  
• 509-860-0736 401 Elberta Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 10 a.m.  
Pastor Rob Gohl

**St. JAMES EPISCOPAL CHURCH**  
• 509-860-0736 222 Cottage Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 9:00 a.m.  
Pastor Rob Gohl

**DRYDEN**

**DRYDEN COMMUNITY CHURCH**  
Hwy 2 at Dryden Ave. • 509-782-2935  
Sunday School 9:30 a.m.  
• Worship 10:45 a.m.  
Pastor Steve Bergland

**MID-VALLEY BAPTIST CHURCH**  
8345 Stine Hill Rd. • 509-782-2616  
Worship Service, 10 a.m.,  
Sunday School, 9 a.m.  
Pastor Mike Moore  
www.midvalley baptist.org

**LEAVENWORTH**

**CASCADE MOUNTAIN BIBLE CHURCH**  
Office: 509-548-4331  
11025 Chumstick Hwy.  
Please join us Sunday mornings  
9 a.m., Sunday School  
10:30 a.m., Worship Service

**CORNERSTONE CHURCH**  
Meeting at the First Baptist Church  
building 429 Evans St., 407-415-5838  
Sunday Worship 9:30 a.m.  
info@cornerstoneleavenworth.com

**LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH**  
418 Evans Street • 509-548-5619  
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout  
Leavenworthumc.org  
leavenworthumc@outlook.com

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
10170 Titus Rd. (across from middle school)  
Church: 509-548-7667  
Meetings: Sunday - 10 a.m.

**FAITH LUTHERAN CHURCH - ELCA**  
"Reconciling Works Congregation"  
224 Benton Street • 509-548-7010  
Worship 9:30 a.m. w/coffee following  
https://www.flcleavenworth.com

**FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC**  
429 Evans Street, 509- 470-7745  
Sunday Worship: 11 a.m.  
Website: www.leavenworthbaptist.com  
Email: info@leavenworthbaptist.com

**LEAVENWORTH CHURCH OF THE NAZARENE**  
111 Ski Hill Drive • 509-548-5292  
Sunday Worship 9 a.m.  
Lead Pastor: Greg Appleby  
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Worship Pastor-Jacob Mitchell  
www.LCN.org

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Pastors, Darryl and Mindy Wall  
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# Walter named permanent director of Chelan County Community Development

SUBMITTED BY JILL FITZSIMMONS  
PIO

**WENATCHEE** — Deanna Walter, Chelan County assessor and interim director of Chelan County Community Development, is the new permanent director of the county's planning and building department.

Walter, who was appointed as interim director of Community Development in March 2022, will step down from her elected position on March 31 and take over the role as the department's director on April 1.

The Board of County Commissioners (BOCC) signed a contract for employment with Walter on Monday. "This past year, Deanna has brought stability and efficiencies to Community Development. She has filled six positions while prioritizing cross-training and better customer service at all levels," said Commissioner Tiffany Gering, BOCC chairwoman. "The board has called upon her twice now to step in and lead that department at times when it needed her leadership style the most – all while also serving as an elected official. In a time when it is difficult to hire planning professionals, much less directors, the board is fortunate that Deanna agreed to take on this position in a permanent capacity."

Serving in both capacities was not a long-term solution for Chelan County or its citizens, Walter said. "This was a very hard decision, one I did not take lightly. I loved being assessor, but I also recognize I can help Community Development, knowing the Assessor's Office is healthy," Walter said. "The Assessor's Office is efficient, it's customer service-driven and the employees there are a cohesive team. My decision to leave is based on my confidence that my team will thrive without me. I will work to bring these same qualities

to Community Development to benefit the public we serve."

Walter's background includes:

- Born and raised in Wenatchee, she has more than 27 years of land use experience. She holds two bachelor's degrees, one in actuarial science from Central Washington University and another in urban and regional planning from Eastern Washington University.
- Walter started her land use career as a planner, first working in Kootenai County and later Spokane County. In 2002 she was hired by Chelan County Community Development as its assistant director. She left Community Development in 2005, moving to the private development sector.
- In 2009, Walter was recruited by former Assessor Russ Griffith to be the chief appraiser in the Chelan County Assessor's Office. Upon Griffith's retirement in 2010, Walter was promoted to chief deputy of the Assessor's Office. In September 2011, she was appointed county assessor. She first won election to office in 2012; she was most recently re-elected to office last year.
- Walter served two terms as president of the Washington State Association of County Assessors. In that role, she worked with legislators and the Washington Department of Revenue on legislation and best practices for appraisal and program administration across the state. Over the years, she has developed an expertise in levies, which require a special analytical skillset.
- Commissioners first appointed Walter as interim director of Community Development in February 2020 to

reorganize and stabilize the department before new Director Jim Brown was hired later that year. She continued as interim assistant director until September 2020 to support the new director and onboard the new assistant director. Then, when former interim director Chris Young stepped down in March 2022, Walter was again asked to serve as interim director.

Since 2010, Community Development has had six directors or interim directors, not including Walter's two stints as interim director. This is a fact not lost on commissioners, Gering said. "These positions are difficult to fill. It's a difficult department to manage because of the many moving parts, both internal and external," Gering said. "But Community Development is not the same department it was just two years ago. The board is confident that under Deanna's continued guidance, this department is only going to continue to grow while

meeting the needs of our community."

Next, the BOCC will appoint someone as a temporary interim county assessor by April 1. The Republican Central Committee will then provide the names of three candidates to the BOCC, which will appoint an interim assessor from the recommendation to serve until the 2023 election is certified. People interested in running for the position can file for election May 15-19. The new assessor then will serve the remaining three years of the vacated term.

As for Walter, she sees herself in the director's position until she retires in about eight years. "I was born and raised in this valley, and I've been a part of the county family since 2002. I'm committed to the county; I've devoted many years to serving its citizens," she said. "To the community, I'd add that cultural change in an office doesn't happen overnight, but we are hoping the public sees we are a work in progress and getting better every day."



Deanna Walter

SUBMITTED PHOTO.

## Kodiaks Scoreboard

BOYS SOCCER	
Mar. 11:	Cascade vs. Ephrata; Canceled
Mar. 16:	Cascade 2, Ellensburg 3; Loss
Mar. 18:	Cascade 3 Brewster 0; Win
SOFTBALL	
Mar. 14:	Cascade 0, Brewster 15; Loss
Mar. 15:	Cascade vs. Tonasket; Canceled
BASEBALL	
Mar. 18:	Cascade 3, Liberty Bell 15; Loss

## Sports Schedule

TENNIS	
Mar. 23:	Cascade vs. Cashmere, Home at 4 p.m.
BOYS SOCCER	
Mar. 23:	Cascade vs. Cashmere, Away at 6 p.m.
Mar. 28:	Cascade vs. Chelan, Home at 6 p.m.
SOFTBALL	
Mar. 23:	Cascade vs. Kittitas, Home at 3 p.m.
BASEBALL	
Mar. 25:	Cascade vs. Quincy, Away at 11 a.m.
Mar. 28:	Cascade vs. Chelan, Away at 4:30 p.m.
GOLF	
Mar. 28:	Cascade vs. Quincy, Away at 2:30 p.m.
TRACK	
Mar. 25:	Ray Cross Invitational at Ephrata at 10 a.m.

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# Legislative session updates



Sen. Keith Goehner  
STATE REPRESENTATIVE

## Dear Friends and Neighbors,

The legislative session is more than halfway complete. Last week was the "house of origin" cutoff. That means bills that have not passed out of the chamber where they originated are dead for the session, unless some extraordinary steps are taken or they are deemed necessary to implement the budget (NTIB). In the House, we are now holding public hearings on the Senate bills sent to us. We have until March 29, to vote them out of the policy committees and April 4 to take action on bills in the fiscal committees. The last five weeks of session will go very quickly. If you have any questions, concerns, or comments about issues before us this session, please do not hesitate to contact me.

### Virtual Town Hall

With so much to talk about after the long days and nights of House floor action, my seatmate Rep. Mike Steele, R-Chelan, and I want to give you the opportunity to discuss any of the legislative or state issues before us in this session.

### Successes in stopping bad legislation

Being in the minority, much of our work consists of

amending bad legislation or stopping bills from passing. We have had some successes this session. Bills that are dead for the session include:

- House Bill 1025 would have allowed police officers to be sued personally.
- House Bill 1513 would have prevented law enforcement from pulling people over for minor violations;
- House Bill 1333 would have created a controversial Domestic Violent Extremism Commission; and
- House Bill 1670 would have allowed cities and counties to triple the 1% annual revenue growth on property taxes.

### Vehicle pursuit legislation update

One of the most important issues we had hoped to address this legislative session is providing law enforcement with the ability to pursue criminals. We need to allow police to do their job of protecting our communities and families.

Last week, I joined with my House Republican colleagues in attempting a parliamentary maneuver that would have pulled the bipartisan House Bill 1363 to the floor for a vote. Our efforts were voted down on a party-line vote.

While the Senate did pass their version of the pursuit bill, it is watered down and much weaker than the original bill. However, it does keep the issue alive and potentially provide us with another opportunity to amend it as it works its way through the legislative process.

### Prioritizing criminals over victims

We have seen legislation this session that prioritizes criminals over victims, while passing bills that would make it more difficult for citizens to exercise their constitutional rights.

- House Bill 1268, which would reduce penalties for gang, drug, and firearm crimes committed in protected zones, like schools and bus stops.
- House Bill 1324, which would reduce sentences for juvenile criminal re-offenders; and
- House Bill 1169, which would shift the cost of crime from criminals to law-abiding citizens.

We need to hold criminals accountable for their actions, not go easier on crime. While the majority party is pushing these bills, they are also moving legislation that may not be constitutional and punishes law-abiding citizens.

- House Bill 1240 would ban the sale, production or transfer most semi-auto firearms aka "assault weapons". It contains an emergency clause that goes into effect immediately after the governor signs it. HB 1240 does not require confiscation of currently This legislation goes against the recent U.S. Supreme Court Bruen decision and the upcoming federal district court ruling on the California "assault weapons ban," which most believe will be overturned. This ban will have a greater impact on law-abiding citizens than the individuals who commit crimes.

- House Bill 1143 would impair your right to buy, sell or keep arms. The measure would impose various training and testing requirements on law-abiding gun owners and retailers before they can exercise their constitutional rights.

Our state must prioritize victims over criminals and allow law-abiding citizens to protect themselves and their families from the rise in violent crime. Washington state has the fewest law enforcement officers per capita, and we desperately need to recruit and train more law enforcement officers to protect our communities.

### Follow the Legislature

A reminder, below are some websites and links that will help you stay engaged in this legislative session.

My legislative website | Here you can find contact information, bio, news releases, email updates, videos, radio appearances, and much more.

The Ledger | A legislative news aggregator.

Capitol Buzz – Daily news clips | Daily news clips.

The Current | An online legislative publication from the Washington House Republicans.

- TVW | The state's own version of C-SPAN, TVW broadcasts floor and committee action live online.
- Legislature's website | Bill reports, committee agendas, and information about upcoming activities in the Legislature. It is an honor to represent the 12th Legislative District!

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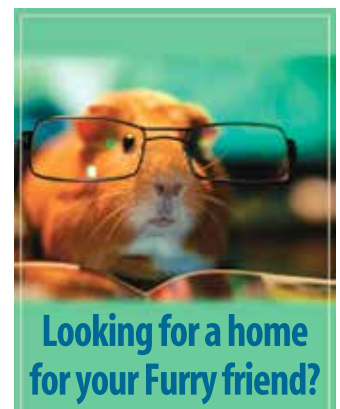
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### Employment

#### Help Wanted

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### Legals

#### Public Notices

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**  
 In the Matter of the Estate of **MARILYN J. COURTNEY, Deceased. No. 23-4-00088-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030**  
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:  
 (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
 Date of First Publication: **March 22, 2023**  
 Personal Representative: **JILL COURTNEY**  
 Attorney for the Personal Representative: **DAVID J. BENTSEN**  
 Address for Mailing or Service: **Speidel Bentsen LLP**  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881  
 Court of Probate Proceedings and Cause Number: **Chelan County Superior Court Cause No. 23-4-00088-04**  
**JILL COURTNEY**  
 Personal Representative  
 Attorneys for Personal Representative: **SPEIDEL BENTSEN LLP**  
 BY **DAVID J. BENTSEN**  
 WSBA No. 42107  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807  
 Published in The Leavenworth Echo/Cashmere Valley Record on March 22, 29, and April 5, 2023. #5457.

### Public Notices

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**  
 In the Matter of the Estate of **IAN C. DUNN, Deceased. No. 23-4-00072-04 PROBATE NOTICE TO CREDITORS RCW 11.40.030**  
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:  
 (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
 Date of First Publication: **March 8, 2023**  
 Personal Representative: **Carolyn E. Dunn**  
 Attorney for the Personal Representative: **Russell J. Speidel**  
 Address for Mailing or Service: **Speidel Bentsen LLP**  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881  
 Court of Probate Proceedings and Cause Number: **Chelan County Superior Court Cause No. 23-4-00072-04**  
**CAROLYN E. DUNN**  
 Personal Representative  
 Attorneys for Personal Representative: **SPEIDEL BENTSEN LLP**  
 By: **RUSSELL J. SPEIDEL**  
 WSBA No. 12838  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807  
 Published in The Leavenworth Echo/Cashmere Valley Record on March, 8, 15 and 22, 2023. # 5412.

### Public Notices

**IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON FOR THE COUNTY OF CHELAN ESTATE OF RICHARD D. SHETLER No. 23-4-00004-04 SUMMONS BY PUBLICATION**  
 The State of Washington to the said Alyssa Marie Wilson and Lois Joann Shetler to be served by publication. You are hereby summoned to appear within sixty days after the date of this publication of this summons, to wit, within sixty days after the 15th day of February, 2023, and defend the above-entitled action in the above-entitled Court, and answer the Verified TEDRA Petition for Judicial Appointment of Administrator for Probate and Non-Probate Assets, and serve a copy of your answer upon the undersigned attorneys for Administrator, Carrie Shirk, at his office below stated, and in case of your failure so to do, judgment will be rendered against you according to the demand of the Petition, which has been filed with the Clerk of Chelan County Superior Court. This action asserted by Administrator, Carrie Shirk, is a Trust and Estate Dispute Result matter, to administer the probate and nonprobate assets of the Decedent, Richard D. Shetler. DATED **February 2, 2023.**  
**OVERCAST LAW OFFICES;**  
 By /s/ **David A. Kazemba**  
 WSBA #48049; Attorneys for Administrator; 23 S. Wenatchee Ave, Suite 320; Wenatchee, WA 98801; (509) 663-5588  
 Published in The Leavenworth Echo/Cashmere Valley Record on Feb. 15, to Mar. 22, 2023. #5295

Public Notices

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**  
 In the Matter of the Estate of CLARENCE O. HARE, Deceased. No. 23-4-00082-04  
**PROBATE NOTICE TO CREDITORS** RCW 11.40.030  
 The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of:  
 (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and RCW 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
 Date of First Publication: March 15, 2023  
 Personal Representative: Rhonda Sandy  
 Attorney for the Personal Representative: Russell J. Speidel  
 Address for Mailing or Service: Speidel Bentsen LLP, 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807-0881  
 Court of Probate Proceedings and Cause Number: Chelan County Superior Court Cause No. 23-4-00082-04  
 RHONDA SANDY  
 Personal Representative  
 Attorneys for Personal Representative: SPEIDEL BENTSEN LLP  
 By: RUSSELL J. SPEIDEL  
 WSBA No. 12838  
 7 North Wenatchee Avenue, Suite 600 P.O. Box 881 Wenatchee, WA 98807  
 Published in The Leavenworth Echo/Cashmere Valley Record on March 15, 22, and 29, 2023 # 5426

Public Notices

**Superior Court of Washington For Chelan County**  
 In the matter of the estate of Donna B. Olson Clark, Deceased. No. 22-4-00480-04 Notice To Creditors (RCW 11.40.030)  
 The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of:  
 (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.  
 Date of First Publication: March 22, 2023  
 Kristine Ringsrud, Personal Representative  
 Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991  
 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111  
 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 22-4-00480-04  
 Published in the Cashmere Valley Record/Leavenworth Echo on March 22, 29, and April 5, 2023 # 5467.

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 or  
**782-3781**

Public Notices

**NOTICE OF INTENT TO FORFEIT** Chapter 61.30 RCW  
 TO: Lauro Olmos Olmos and Evangelina Olmos 5056 Entiat River Road Entiat, WA 98822  
 AND: Lauro Olmos Olmos and Evangelina Olmos PO Box 246 Entiat, WA 98822  
 AND TO: Lauro Olmos Olmos and Evangelina Olmos 14493 US Hwy 97A Entiat, WA 98822  
 AND TO: All Other Current or Unknown Occupants and Claimants 14493 US Hwy 97A Entiat, WA 98822  
 You are hereby notified that the Real Estate Contract described below is in default, and you are provided the following information with respect thereto:  
**A. Notice given by:** Seiler Charles D. Follis and Joyce K. Follis P.O. Box 482 Entiat, WA 98822 509.784.1531  
**Attorney's Name:** Overcast Law Offices- NCW, LLC  
**Attn:** Laurence P. Chamberlain 23 S. Wenatchee Ave #320 Wenatchee WA 98801 (509)663-5588  
**B. Description of the Contract:**  
 Real Estate Contract recorded in the public records of Chelan County, Washington under Auditor's File Number 8909220082 on September 22, 1989, executed by Charles D. Follis and Joyce K. Follis as Seller on July 12, 1989 and executed by Dennis Dwight Gilbert as Buyer on July 12, 1989 (the "Contract");  
 As amended by the Amended Real Estate Contract recorded in the public records of Chelan County, Washington under Auditor's File Number 2111011 on February 22, 2002, executed by Charles D. Follis and Joyce K. Follis as Seller on February 15, 2022 and executed by Dennis Dwight Gilbert as Buyer on October 30, 2001 (the "Amended Contract"); and As assigned by Purchaser's Assignment of Contract and Deed, recorded in the public records of Chelan County, Washington under Auditor's File Number 2170244 on March 31, 2004, executed by Adam W. Gilbert as successor to Dennis Dwight Gilbert, as Grantor on March 23, 2004 and executed by Lauro Olmos Olmos and Evangelina Olmos as Grantee on March 23, 2004.  
**C. Legal Description of Property:**  
 The North 120 feet of the following described tract: A part of Lot three (3) and Lot four (4), Block two (2), Plat of Entiat Fruitlands, according to the plat thereof recorded in volume 1 of Plats, pages 79 and 80, records of Chelan County, Washington, described as follows:  
 Commencing at the Southwest corner of aforesaid Lot 4 and running North 0°06'45" West along the West boundary thereof for a distance of 145 feet to the true point of beginning, continuing North 0°06'45" West for a distance of 240.00 feet; thence North 89°37'45" East for a distance of 426.34 feet to the Westerly right of way of the Great Northern Railroad; thence South 20°30'45" West along said right of way for a distance of 256.87 feet; thence South 89°37'45" West for a distance of 335.85 feet to the true point of beginning, EXCEPT any portion thereof as conveyed to the Public Utility District No. 1 of Chelan County by deed recorded April 25, 1958, under auditor's no. 534377, as confirmed in deed recorded February 24, 1959, under auditor's no. 546301.  
 AND EXCEPT that portion thereof conveyed to the State of Washington for highway purposes by deed recorded September 22, 1959, under auditor's no. 555805. (the "Property").  
**D. Description of each default under the Contract on which this notice is based:**  
**(1) Monthly payments.** Lauro Olmos Olmos and Evangelina Olmos (collectively, "Purchaser") has failed to timely make monthly payments of \$351.03 per month. (Contract, para. 3). The last payment, received January 5, 2023, is current through September 14, 2021.  
**(2) Late fees.** Purchaser has failed to timely pay late charges of \$17.55, which is 5% of the \$351.03 monthly payment. (Contract, para. 3). The last payment, received on January 5, 2023, is current through September 14, 2021.  
**(3) Contract collection fees.** Purchaser has failed to timely pay monthly \$3.50 contract collection fees, Purchaser's equal share of the total collection fee. (Contract, para. 4). The last payment, received on January 5, 2023, is current through September 14, 2021.  
**(4) Property taxes and assessments.** Purchaser has failed to pay before delinquency property taxes and assessments assessed for the years 2020, 2021, and 2022. (Contract, para. 5).  
**(5) Insurance.** Purchaser has failed to deliver to Seller all policies, amendments and renewals relating to insurance of the Property for "all risk" or extended coverage. (Contract, para. 7).  
**E. The Contract will be forfeited if all defaults listed in paragraph D, above, are not cured on or before June 16, 2023,** a date that is not less than ninety (90) days after this Notice of Intent to Forfeit is recorded in the official records of Chelan County, Washington.  
**F. The forfeiture of the Contract will result in the following:**  
 (i) All right, title, and interest in the property of the Buyer, and of all persons claiming through the Buyer or whose interests are otherwise subordinate to the seller's interest in the property, shall be terminated;  
 (ii) the Buyer's rights under the Contract shall be canceled;  
 (iii) all sums previously paid under the Contract shall belong to and be retained by the seller or other person to whom paid and entitled thereto;  
 (iv) all of the Buyer's rights in all improvements made to the property and in unharvested crops and timber thereon shall belong to the seller;

and  
 (v) the Buyer and all other persons occupying the property whose interests are forfeited shall be required to surrender possession of the property, improvements, and unharvested crops and timber to the seller ten days after the declaration of forfeiture is recorded.  
**G. Itemized Statement.** The following is an itemized statement of payments of money in default and, for defaults not involving the failure to pay money, a statement of the action required to cure the default:  
**(1) Monthly payments.** For October 15, 2021 – February 15, 2023, the total of monthly payments that are in default is **\$5,967.51.**  
**(2) Late fees.** For October 25, 2021 – February 25, 2023, the total of late fees that are in default is **\$298.35.**  
**(3) Contract collection fees.** For October 15, 2021 – February 15, 2023, the total of collection fees that are in default is **\$59.50.**  
**TOTAL AMOUNT DUE SELLER IN DEFAULT (Items G.(1) – G.(3)):** **\$6,325.36**  
**(4) Property taxes and assessments.** Property taxes for 2020, 2021, and 2022, plus any interest and penalties thereon, must be paid in full, in the amount owed at the time of payment.  
**(5) Insurance.** All of the following must occur:  
 a. Insure all buildings on the Property insured to their full insurable value against loss or damage by fire, windstorm, and all other casualties covered by "all risk" or extended coverage endorsements available in the State of Washington, in a company acceptable to the Seller and for Seller's benefit as Seller's interest may appear,  
 b. Pay all premiums therefor, and  
 c. Deliver all policies, amendments and renewals to the Seller.  
**H. Itemized statement of other charges.** The following is a statement of all other payments, charges, fees, and costs, if any, or, where indicated, a reasonable estimate thereof, which must be paid to cure the default; Item Amount  
 1. Cost of litigation guarantee from First American Title \$582.63  
 2. Service/posting/publishing of Notice of Intent to Forfeit (est.) \$500.00  
 3. Attorney's fees (est.) \$2,000.00  
 4. Recording fees (est.) \$220.00 **TOTAL: \$3,302.63**  
 The total amount necessary to cure the default is the sum of the amounts in paragraph G and H, is **\$9,627.99**, plus the amount of any additional taxes, payments on purchaser's behalf, default interest, and other costs under the contract arise after the date of this Notice of Intent to Forfeit and on or prior to the date the default is cured. You must cure the default prior to **June 16, 2023.**  
**In addition, because some of the charges can only be estimated at this time, and because the amount necessary to reinstate may include presently unknown expenditures required to preserve the property or to comply with state or local law, it will be necessary for you to contact seller's agent below before the time you tender reinstatement so that you may be advised of the exact amount you will be required to pay.**  
 Monies required to cure the default may be tendered to: Overcast Law Offices; Attn: Laurence P. Chamberlain; 23 S. Wenatchee Ave., Ste. 320, Wenatchee, WA, 98801  
 If default includes a default other than payments of money when due, then you must also cure such other defaults as specified in paragraph G. by **June 16, 2023.**  
**I. Rights to Contest or Seek Extension of Time.** You have a right to contest the forfeiture, or to seek an extension of time to cure the default if the default does not involve a failure to pay money, or both. To do so, you must commence a court action by filing and serving the summons and complaint on the seller or seller's agent or attorney before the declaration of forfeiture is recorded;  
**NO EXTENSION OF THE TIME FOR CURE CAN BE GRANTED FOR DEFAULTS THAT ARE A FAILURE TO PAY MONEY.** However, you may not be in default if you have a claim against the seller that would release, discharge, or excuse the default.  
**J. Right to request a court order.** The person to whom the notice is given may have the right to request a court to order a public sale of the property. Such public sale will be ordered only if the court finds that the fair market value of the property substantially exceeds the debt owed under the contract and any other liens having priority over the seller's interest in the property. The excess, if any, of the highest bid at the sale over the debt owed under the contract will be applied to the liens eliminated by the sale and the balance, if any, paid to the Buyer. The court will require the person who requests the sale to deposit the anticipated sale costs with the clerk of the court; and that any action to obtain an order for public sale must be commenced by filing and serving the summons and complaint before the declaration of forfeiture is recorded.  
**K. Final notice.** This is your final and only notice. No other notice of default is required to be sent to you or any other person before the declaration which completes the forfeiture is given.  
**OVERCAST LAW OFFICES - NCW, PLLC;** Dated: 03.02.23;  
 /s/ Laurence P. Chamberlain, #58990; Attorneys for Seller; Overcast Law Offices - NCW, PLLC; 23 South Wenatchee Ave., Suite 320; Wenatchee, WA 98801; Telephone: 509.663.5588, ext. 114;  
 Fax: 509.662.5508; E-mail: laurie@overcastlaw.com  
 Published in The Leavenworth Echo/Cashmere Valley Record on March 15, and 22, 2023. #5424

Public Notices

Public Notices

**CITY OF LEAVENWORTH NOTICE OF PUBLIC HEARINGS**  
 NOTICE IS HEREBY GIVEN that the Leavenworth City Planning Commission will hold a public hearing for amendments to Zoning Code, Subdivision Code, Definitions, Development Standards on April 5, 2023 at 7:00 PM at City Hall, 700 US Hwy 2, Leavenworth OR via ZOOM – see the City Event Calendar:  
<https://cityofleavenworth.com/your-city-hall/calendar/> Or login to zoom: Meeting ID: 916 5926 4393 Passcode: 40035 Or Call in: 1-253-215-8782  
 1. The specific code sections being amended include: LMC 14.12.030 – remove underground parking facilities  
 2. MC 14.12.050 – clarify who is responsible for implementing the code requirements and expand the options for comparable uses.  
 3. LMC 14.12.070 – tying joint use parking to the life of the related uses.  
 4. LMC 14.12.090 – clarifying loading berth requirements  
 5. LMC 14.12.150 – clarify parking requirements for dwellings, motel/hotels and electric vehicles  
 6. LMC 14.12.155 – provide preferred access from alleys and updating required parking standards.  
 7. LMC 14.12.157 – update driveway Standards  
 8. LMC 14.12.160 – add new Residential Parking Standards section  
 9. LMC 14.12.160 – add new Commercial and Industrial Parking Standards section  
 10. LMC 14.12.170 – Updates off-street parking lot design requirements  
 11. LMC 14.12.190 – move all landscaping parking lot requirements moved to one section  
 12. LMC 14.14.150 – reference adopted Construction Standards and outline fire apparatus standards  
 13. LMC 14.14 Illustration 1 – removed graphic, as addressed in adopted Construction Standards  
 14. LMC 17.14.040 Subdivision – modified flag lots consistent with zoning code standards  
 15. LMC 17.14.100 – provide new alley access & shared access on flag lot  
 16. LMC 21.90.030 – added new definitions and moved some definition from code  
 17. MC 18.36.020 – permit 6' fences in the commercial, industrial zones and for side street yards  
 18. LMC 18.25.030 – updated District Use Chart to include "composting collection center"  
 19. LMC 18.52.120 – added historical requirement for no more than three bedrooms be used as B&B and added clarity that parking requirements meet the updated standards of Title 14.  
 20. LMC 13.04.050 – Water Utility code updated to match historic past practice requiring line extensions to extend the full frontage of property.  
 21. LMC 15.24 – Addressing Code is out dated and not used; updated to reference County process  
 22. With various sections moved or deleted  
 The amendments are exempt per RCW 197-11-800 (19) Procedural actions (b) text amendments resulting in no substantive changes respecting use or modification of the environment.  
 Interested citizens are encouraged to comment and/or attend the public hearing. Questions may be directed to Community Development within City Hall, phone 509-549-5275 or email [dsmaragon@cityofleavenworth.com](mailto:dsmaragon@cityofleavenworth.com)  
 Published in The Leavenworth Echo/Cashmere Valley on March 22, 2023. #5463

[www.leavenworthecho.com](http://www.leavenworthecho.com)

[www.cashmerevalleyrecord.com](http://www.cashmerevalleyrecord.com)

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**CROSSWORD PUZZLE**

THEME: GARDENING ACROSS

1. Betting probability  
 5. Once headed by J. Edgar Hoover  
 8. Formally surrender  
 12. Gravy holder  
 13. Nile dweller, for short  
 14. More certain  
 15. Tiny bit  
 16. a.k.a. Bruce Banner  
 17. One who plies one's trade  
 18. "Days to \_\_\_" on a seed packet  
 20. Big-ticket \_\_\_  
 21. Apartments, e.g.  
 22. "Plumerias are often used in this Hawaiian greeting"  
 23. Scrooge's visitors  
 26. Digging into  
 30. What Carl Lewis did  
 31. Bestow  
 34. Month before Nisan  
 35. Dress with a flare  
 37. Cholera  
 38. On a store tag  
 39. Central points  
 40. Paul Reubens' Herman  
 42. Mother lode stuff  
 43. African bloodsucking pests  
 45. Salty dogs  
 47. Current tense of #30 Across  
 48. Retches  
 50. Bovine cries  
 52. \*Like an aggressive weed  
 55. Frustration, in a comic book  
 56. \*Holds a plant stem to a support  
 57. Type of hot sandwich  
 59. One born to Japanese immigrants  
 60. Urban legends, e.g.  
 61. Check out  
 62. Shakespeare's "at another time"  
 63. \*The \_\_\_ Who Loved Me"  
 64. \*Flower's location after a garden?

DOWN  
 1. Kimono closer  
 2. Banish to Hades  
 3. Crunched numbers  
 4. Facebook's update feature  
 5. \*Seed plant's harvest  
 6. \*Goes to seed  
 7. Rotten and stinky  
 8. \*Plant variety  
 9. Famous canal  
 10. Hold as a conviction  
 11. Make a blunder  
 13. Church service oil  
 14. Salesman's speech, e.g.  
 19. Loosen laces  
 22. Tennis do-over  
 23. \*Splice, to a gardener  
 24. Nimbi on ikons  
 25. In the cooler (2 words)  
 26. Former Saint Brees  
 27. "Pulling my leg," e.g.  
 28. Mother-of-pearl  
 29. \*Kind of thumb  
 32. Pizzeria output, pl.  
 33. "\_\_\_ you kidding?"  
 36. \*N in N-P-K  
 38. Sneaked glances  
 40. Slammer  
 41. "The Shawshank Redemption" theme  
 44. Served raw  
 46. Isaac of science fiction  
 48. This Doggy can rap  
 49. What Elton John tickles, sing.  
 50. Street in Anytown, USA  
 51. Guesstimate phrase (two words)  
 52. Bodily disorders  
 53. Lope de \_\_\_, Spanish playwright  
 54. Building extensions  
 55. Nurses' org.  
 58. \_\_\_ time in golf

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# WASHINGTON OUTDOORS REPORT



PHOTO COURTESY QUINCY VALLEY CHAMBER OF COMMERCE

Youth Division winners from last year's Quincy Valley Chamber Trout Derby



PHOTO BY J. KRUSE

Rusty Johnston with a Potholes Reservoir walleye

## Walleye fishing and a Trout Derby

By JOHN KRUSE

### WALLEYE FISHING IS HEATING UP

Rusty Johnston and I got our boat onto Potholes Reservoir last week for a few hours and managed to jig up three, fat, colorful, 16-inch walleye along with several other strikes from fish we didn't manage to hook. The water temperature on the main reservoir, which is ice-free, was only 37 degrees. We saw two other anglers out on the lake and they had similar success. All of us were jigging for the fish at depths of 28 to 35 feet. Lures that worked included ½ ounce blade baits as well as Mack's Lure Sonic Baitfish lures fished as a vertical jigging spoon.

Checking in with Gorge Outfitters Supply, owner Wendy Boyer said the walleye fishing is picking up. The fish are moving around in the waters of the Columbia below John Day Dam. Wendy has been fishing this area recently

and reported catching and releasing two, six-pound walleye while trolling in 40 feet of water on her last trip. Although she caught these by trolling, Boyer says the best way to catch them right now is to jig for them in deep water. They have been using one-ounce Walleye Killer jigs (available at the store) and catching fish 80 feet deep near the bottom of the river. Boyer says she starts off with darker colored jigs but if that doesn't work, she'll try white or green colored jigs. Gorge Outfitters Supply is located in Rufus.

I also spoke with Steve Morris with SJM Guide Service who has been fishing Lake Roosevelt near Kettle Falls. He reports the walleye fishing has been good. The fish are around 80-feet deep and Morris is catching them with one-ounce jigs fished naked with a nightcrawler. Steve also likes to use Northwest Bait Scents with Walleye TNT being the hot flavor. Steve says he'll be fishing Lake Roosevelt for walleye thru June. If you want to book a trip call Steve at 509-435-6486. Do so soon,

Steve only has a few dates left available.

## QUINCY LAKES TROUT DERBY

The annual Quincy Valley Chamber of Commerce Trout Derby is coming up soon. I spoke to Executive Director Cari Matthews about the event. She said this year the derby takes place March 25 and 26. You can fish from dawn to dusk on Saturday and until 1 p.m. on Sunday. Weigh ins take place Saturday at 4 p.m. and 1 p.m. on Sunday. You can register on site at the Quincy Lake boat launch. The cost to participate is \$35 for adults and kids are free.

This year is a little different because you can fish both Burke and Quincy Lakes and both will be stocked March 24 with a variety of trout. There are prizes for the longest fish weighed in and the biggest weight for a limit of five trout. There are trophies and prizes are for both the adult and youth divisions. There will also be raffle prizes given away. There are always lots

of prizes given away at the derby, \$3700 worth of prizes actually, and this year one of those prizes will be a 72-inch flat screen. There will also be fishing related items like rods and reels as well as fishing tackle and even electronic fish finders. Part of the proceeds goes towards putting on the derby but other proceeds help the Chamber of Commerce put on additional events for the public throughout the year.

If you want to fish both days and don't live near Quincy consider bringing your RV or truck camper and stay overnight. It's a popular thing to do in this State Wildlife Area and if you can't find a place to camp around Burke or Quincy Lake, try camping at nearby Evergreen Reservoir or Stan Coffin Lake (both warmwater fishery lakes). This is primitive camping though there are a number of vault toilets available to use.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaindoorsradio.com](http://www.americaindoorsradio.com)

# Get Ready for Spring & Summer "Backyarding": Keep Safety in Mind

(NAPSD)—"Backyarding", the art of taking indoor activities to the outdoors, is a trend that has caught on. As winter begins to wind down, thoughts of playing in and working in the yard often kick into high gear.

Perhaps you are already dreaming of family gatherings, grilling and eating in your backyard. Or maybe you wish to add a yoga zone, design an outdoor movie theater, or build an agility course for your pet this year. Or perhaps this is the year you wish to add a pollinator garden or plant a vegetable or flower garden. Or are you hoping to get that outdoor office setup with extended WiFi?

Knowing the purpose of your yard and how it will meet the needs of your family and pets is a great start to getting "backyard ready" for these warmer weather activities. Also, knowing your climate zone and the mix of trees, shrubs, grass

and flowering plants that will grow sustainably is key to designing a dream yard. After all, our yards are not only an oasis for family but also for wildlife and important pollinators such as birds, bees and butterflies.

Now is the time to start planning. Visit your nursery, plant centers, outdoor power equipment service dealers, and/or contact a landscaper, according to the Outdoor Power Equipment Institute (OPEI).

"Think about how your yard can work best for you, your family, pets and community, but do it now," says Kris Kiser, CEO and President of OPEI. "And while you're getting it in top shape for warm weather, remember to keep safety top of mind, especially with your equipment and tools."

Here are some tips from OPEI to get your backyard ready, safely and efficiently:

- Take stock of your outdoor power equipment to help

you maintain your yard and make big jobs easier. A lawn mower will trim the grass, but perhaps you might need a cultivator for a garden, a chain saw to take down dead tree limbs, or a leaf blower to clear debris. Having the right equipment on hand can help you save time and effort if you don't want to hire a professional.

- Follow equipment manufacturer's guidance for safety and usage of all outdoor power equipment. Look over the manual for your equipment for a refresher on how to safely use it, and read the safety information on equipment manufacturer's web sites. Review how to shut on and off equipment and make sure safety features are working and have not been disabled. Never disengage or disable manufacturer-installed safety equipment.
- Remember to keep children and pets away from outdoor

power equipment. No children on mowers.

- Do not mow in reverse, and avoid starting, stopping or turning a mower on a slope. Follow manufacturer guidance to the letter on mowing on slopes.
- Service equipment as needed and according to manufacturer's directions. Well-maintained equipment will last longer and run more efficiently.
- Buy fresh fuel for gasoline-powered equipment and be sure you have matched the correct battery with the right charger. Use only those batteries that are authorized for your equipment and do not use counterfeits.
- Before working in the yard, clear the area of dead limbs, sticks and debris. Inspect trees for damage and clear the work area.

By keeping this information in mind, you can get your yard in its best shape safely.

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