



Icicle Creek's Chamber Music Festival – Deep Learning for students and many community performances



Marlene Farrell
Correspondent

The beginning of summer at Icicle Creek Center for the Arts (ICCA) is synonymous with the Chamber Music Institute and Festival, which is celebrating its 29th year.

For three weeks, celebrated faculty artists and brilliant young artists from near and far gather at the ICCA campus to, in Artistic Director Oksana Ejokina's words, "carry on Harriet Bullitt's legacy of bringing people together in this special place in pursuit of beauty, inspiration, excellence and growth."

Residents of north central Washington are fortunate for many opportunities to experience world-class chamber music played with dedication, expression, and passion. Ten concerts, including one free family concert on July 8 at 2p.m., are held in Canyon Wren recital hall at ICCA, with its breathtaking view of the mountain profile of Sleeping Lady.

When the musicians aren't intensely studying and collaborating

on pieces, they're also coming into our community to share their musical splendor. There are free community events, at the Leavenworth Library at 4:30 p.m. on July 5, and at the Leavenworth Farmers Market at 5:30 p.m. on July 6. All event and ticketing info can be found at icicle.org

Additionally, the public is invited to glimpse students' work in progress at a masterclass. Pianist Christina Dahl will lead one session on Tuesday, July 11 at 11 a.m. at Canyon Wren recital hall.

The first masterclass, attended by several community members and all the CMI students, occurred on June 29, led by cellist David Requiro, who has made concerto appearances with the National Symphony, Seattle Symphony, Tokyo Philharmonic, and several orchestras from California.

The audience got to appreciate the dexterous and artful playing of a Tchaikovsky cello concerto by student Dayoung Park and a Schumann trio by students Haley Camp, violin, Nicole Chung, cello, and Calvin Hu, piano, and then follow as Requiro guided the students to examine how and why they play passages a certain way. He talked to Park about how Tchaikovsky wrote this piece to emulate Mozart's rococo style, and some parts are classically reserved while others are full of harmonic tension.



PHOTO BY ISAMAH SHIM

Masterclass with David: David Requiro, standing, advises CMI students, from left, Calvin Hu, Nicole Chung and Haley Camp, during a public masterclass in which these students were working on a Schumann trio.

Requiro had students contemplate how small changes – such as bow speed, bow pressure, different fingering, and stance – can improve the player's ability to amplify the emotion of what is being played. For the trio he helped them see how some passages are more piano-led while in others the piano should drop

down to support, as he said, "color-wise," what is being communicated by the violin and cello.

The students will take this wisdom and more that they will learn over the three weeks, to take their musicianship to a higher level.

To help explain the depth of knowledge, hard work and sensitivity required for playing ensemble music, Ejokina recalled the beginning of her journey in chamber music. She said, "I joined my first chamber group when I was about eleven. By that time, I had been practicing my assigned pieces and slaving over scales and arpeggios for five years and was doing reasonably well. I was not at all prepared for the fact that playing by myself was so drastically different

from what I was about to experience.

"Unexpectedly, my musical horizons swung open, letting in new sounds and musical skills. I had to learn how to be a reliable member of the group, how to listen more carefully than ever before, and simply how to get along with the people I was playing with. From the very first rehearsal I liked it so much that I made a point of seeking out other chamber music opportunities. And that's how I ended up here, at Icicle Creek, playing music I love with like-minded people."

ICCA invites everyone to come and experience chamber music at its best – music that is the product of deep reflection, collaboration, and mutual inspiration – at one of the many concerts now to July 15.

Leavenworth Mayor Carl Florea elected to Association of Washington Cities board of directors

SUBMITTED BY CANDICE HOLCOMBE, ASSOCIATION OF WASHINGTON CITIES

Mayor Carl Florea of Leavenworth was elected to the board of directors of the Association of Washington Cities (AWC) at the association's annual conference, which was held in Spokane on June 20-23, 2023.

"I am both honored and humbled to be elected to the board of the Association of Washington Cities," said Mayor Florea. "This is an association which is so effective in working for the interests of cities across our state, and I look forward to sharing the passion and commitment I bring to my position as mayor of Leavenworth to the broader collaborative efforts of this great network."

The AWC board of directors is the association's governing body. The board is comprised of 25 directors, 23 of whom are mayors or city council members from Washington cities or towns, and two non-elected city officials who also serve as the president and past president of the Washington City/County Management Association. Mayor Florea was elected to represent District 3, which includes all the cities in Chelan, Douglas, Grant, and Okanogan counties.

Carl Florea was elected Mayor of Leavenworth in 2019 and took office in January 2020. He also served on the Leavenworth City Council

from 1998-2003 and from 2005-2007. His longtime involvement in the Leavenworth community includes serving on the Cascade School District board of directors from 1987-1991 and on the Leavenworth Planning Commission from 1996-1998.

Mayor Florea raised his family in Leavenworth. He and his wife Debbie moved to Leavenworth when their oldest child was in first grade and their youngest was just two days old. All three of their children graduated from the Cascade School District.

Mayor Florea has a passion for social justice and assisting those who have no political or economic voice in society. He also has a passion for ensuring that Leavenworth is a community where everyone can live and raise their families. Mayor Florea was a founding board member of the Northwest Community Land Trust Coalition and has served on the board for the Housing Authority of Chelan County.

"Mayor Florea has been an active and engaged member of AWC and a strong advocate for the policies that matter to the residents of Leavenworth," said AWC CEO Deanna Dawson. "He was an influential member of the AWC Housing Solutions Group, where he advocated for solutions to address the unique workforce housing needs of Leavenworth. Mayor Florea's election to



SUBMITTED PHOTO

Mayor Carl Florea

the AWC board will allow him to have an even stronger voice on the issues that impact Leavenworth."

AWC serves its members through advocacy, education, and services. Founded in 1933, AWC is a private, nonprofit, nonpartisan corporation that represents Washington's cities and towns before the state legislature, the state executive branch, and with regulatory agencies. Membership is voluntary. However, AWC consistently maintains 100% participation from Washington's 281 cities and towns. AWC also provides training, data and publications, and programs such as the AWC Employee Benefit Trust, AWC Risk Management Service Agency, AWC Workers' Comp Retro, AWC Drug and Alcohol Consortium, and AWC GIS Consortium. A complete list of AWC Board of Directors is available on the association's website.

Local students make Honor Roll at Oregon State University

SUBMITTED BY OSU

Names of students who have made the Scholastic Honor Roll for Spring 2023 have been announced by Oregon State University.

A total of 11,660 students earned a B-plus (3.5) or better to make the listing. To be on the Honor Roll, students must carry at least 6 graded hours of course work. Students on the Honor Roll from Leavenworth included:

Eric Bartanen, Post Baccalaureate, Computer Science
Natalie F. Craig, Senior, Interior Design
Joanne Gembe, Post Baccalaureate, German

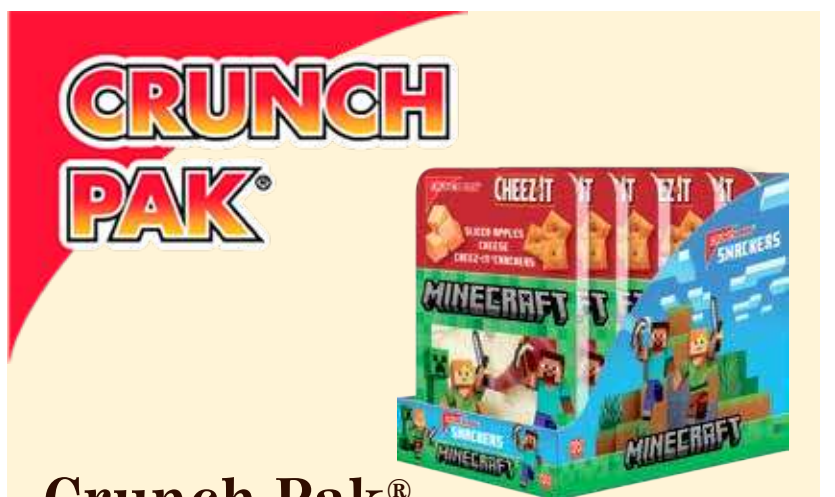
About Oregon State University: As one of only three land, sea, space and sun grant universities in the nation, Oregon State serves Oregon and the world by working on today's most pressing issues.

Our more than 35,000 students

come from across the globe, and our programs operate in every Oregon county.

Oregon State receives more research funding than all of the state's comprehensive public universities combined.

At our campuses in Corvallis and Bend, marine research center in Newport, OSU Portland Center and award-winning Ecampus, we excel at shaping today's students into tomorrow's leaders.



Crunch Pak® pairs with Minecraft and Cheez-it® on new snacker

SUBMITTED BY KARI VOLYN AXTMAN

Crunch Pak®, the sliced apples specialist, collaborated with Minecraft and Kellogg's to create a mini-meal snacking solution that both gaming and non-gaming enthusiasts will enjoy.

The 3.95-ounce Minecraft and Cheez-It® Snacker contains sliced apples, cheese and Cheez-It® crackers, and features recognizable Minecraft characters on the bright colored packaging. Crunch Pak has a licensing agreement with Minecraft and Kellogg's, maker of Cheez-It® crackers.

Mojang Studio's Minecraft is one of the most recognizable video game franchises in the world. The open-world sandbox game is filled with the kind of exploration, creation, and community that appeal to adults and children alike. Minecraft also launched hundreds of streaming careers and content creators' channels, making it one of the most-watched games of all time on streaming platforms.

"This partnership allows Crunch Pak to reach a new audience and demographic beyond children, the traditional focus of its licensing program," said Ozgur Koc, senior vice president, of new business and product development.

"The average age of Minecraft players is 24, and gender neutral," Koc said. "We like the multi-generational appeal of having Minecraft characters on our packaging. This is a great opportunity for the Minecraft community to bring the creativity of the game to their snack choices."

The Snackers will be available in mid-July at Walmart for back-to-school promotions. The suggested retail price is \$2.99 to \$3.49, depending on the market.

"Minecraft players are looking for an on-the-go snack," Koc said.

"Cheez-It® crackers are an everyday favorite for parents and kids alike; pairing them with our apples and Minecraft takes snack time fun to the next level."

Inside The ECHO this week

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www.leavenworthecho.com



Leavenworth Nutcracker Museum

Kids nutcracker making contest winners

- Grades 1-4**
 Hailey Shult
 Henry Ryan
 Hawthorn Rubinfeld
- Grades 5-6**
 Evelyn Kublic
 Harper Pearce
 Ethan Shult
- Grades 9-12**
 Alejandro Castillo
 Roberto Fernandez
 Rayen Blue

Thank you to our Judges: Barbara Washburn, Natalia Rudzka, Michael Blair and Lester Nunn



Grades 9-12 Alejandro Castillo



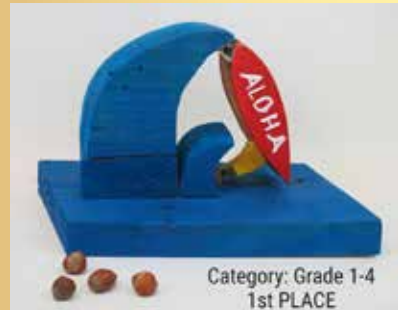
Grades 9-12 Roberto Fernandez



Grades 9-12 Rayen Blue



Grades 5-6 Ethan Schult



Grades 1-4 Hailey Schult



Grades 1-4 Henry Ryan



Grades 1-4 Hawthorn Rubinfeld



Grades 5-6 Evelyn Kublic



Grades 5-6 Harper Pearce



Cherisse Martinelli as Maria from The Sound of Music.

Leavenworth Summer Theater opens July 7

SUBMITTED BY CHRISTY SHEARER

The Leavenworth Summer Theater season opens with the Sound of Music this week at the Ski Hill Amphitheater, on Friday, July 7.

Tickets are available online for three summer productions: The Sound of Music, Rogers and Hammerstein's Cinderella, and The Drowsy Chaperone.

Cherisse Martinelli, seen in the attached photo as Maria from The Sound of Music, is returning to the Leavenworth Summer Theater stage after a ten-year hiatus from LST, she has spent years performing professionally throughout the Pacific North-

west and singing around the globe on luxury cruise ships. She is playing Maria in Sound of Music, the title character in Cinderella, and Janet Van De Graaff in The Drowsy Chaperone.

Here are some dates or go to leavenworthsummertheater.org for calendar dates and ticket information.

Sound of Music: July 7, 8, 14, 15, 20, 22, 25, 27, 29, Aug. 3, 8, 12, 17, 19, 22, 25, 26, 29, Sept. 1 and 3

Rodgers and Hammerstein's Cinderella: July 19, 21, 26, 28, Aug. 2, 5, 9, 11, 16, 20, 23 and 30

The Drowsy Chaperone: Aug. 1, 4, 10, 15, 18, 24, 31 and Sept. 2



Elder Salmon Chief, Darnell Sam.



Indigenous artist Swede Albert with the new salmon sculpture.

Salmon Sculpture Ceremony

SUBMITTED BY WRI AND CAROL FORHAN

On June 27 over 70 community members gathered to celebrate WRI's new salmon sculpture, created by Indigenous artist, Swede Albert of Omak, WA Swede spoke about his business, Salvage Artistry, and showcased some of his previous art pieces. Salmon Chief, Darnell Sam as well as other members of the Confederated Tribes of the Colville

Reservation also joined us to perform a ceremony and blessing of the sculpture. Elders spoke about the meaning of the salmon to the šnpəsq'áwšəx' (p'squosa or Wenatchi) people and their culture. It was a powerful evening with threatening thunder, lightning, and a beautiful sunset to follow.

The new sculpture is located near Barn Beach along the Waterfront Park Trail. As pre-

viously reported, this salmon sculpture is the second sculpture commissioned by Swede Albert. The first sculpture was, unfortunately, stolen in February, and has not been recovered. The new sculpture is bigger and heavier and has been installed on a more secure base. It will always be monitored with trail cameras. **Thanks to all who came to show their support!**

Where were you in 1974?

You could have seen the movie The Sting, starring Paul Newman and Robert Redford. Its soundtrack introduced ragtime music, showcasing Scott Joplin's musical genius.

1974 the Food and Drug Administration approved ibuprofen as a prescription medicine to treat mild to moderate pain and inflammation.

Acetaminophen eases headaches and fever, but ibuprofen is more effective for muscle aches and inflammation. In 1974, doctors could prescribe ibuprofen instead of aspirin for muscle aches, arthritis pain and swelling, and menstrual cramps. Aspirin and ibuprofen are non-steroidal anti-inflammatory medications or NSAIDs. Ibuprofen is less irritating to the stomach than aspirin, which gives better pain relief and fewer side effects.

One decade later, facing the expiration of its patent, ibuprofen's manufacturer applied to the FDA for approval to sell it without a prescription. In addition to the 400mg, 600mg, and 800mg tablets of prescription-only Motrin®, in 1984, the FDA approved ibuprofen as Motrin-IB® 200mg tablets, available over the counter (OTC).

Years later, naproxen followed the same path: first as a prescription-only anti-inflammatory, then approved for OTC use as Aleve®. The main options for pain relief by mouth without a prescription today include aspirin, acetaminophen, ibuprofen, and naproxen. Non-prescription doses of naproxen or ibuprofen are much safer than aspirin and more effective than acetaminophen in relieving muscle pain, menstrual cramps, and toothache.

Although taking an NSAID is usually safe for easing fever and muscle aches, it can be dangerous for people with certain medical conditions like heart failure. 82-year-old Diana takes a water pill daily for her heart failure, preventing fluid from



Dr. Louise

building up in her lungs. Last month, Diana started taking ibuprofen (Advil®) for a sinus headache. She continued her medications, but the ibuprofen in the Advil® triggered fluid retention. She ended up in the hospital with trouble breathing from fluid in her lungs and swelling in her hands and feet.

NSAIDs can also spell trouble for people with kidney problems, like diabetics. Taking ibuprofen or naproxen by prescription or OTC can trigger kidney damage, especially if you get dehydrated. Excessive sweating or suffering from vomiting or diarrhea can cause dehydration. Taking NSAIDs when your body is low on fluids can seriously harm your kidneys.

People who have had a bleeding ulcer should also avoid taking NSAIDs like ibuprofen and naproxen. These medicines interfere with maintaining the protective gel layer that lines your stomach, protecting it from the acids you secrete to digest your food. Taking ibuprofen or naproxen erodes the gel lining of your stomach, making it riskier for stomach pain or bleeding.

When taken at the beginning of menstrual flow, just one dose of ibuprofen or naproxen can head off debilitating abdominal cramps. One dose of an NSAID right before a tooth extraction can avoid suffering from swollen "chipmunk cheeks" afterward.

Do you make frequent trips to the bathroom at night? One intriguing side effect of NSAIDs is reducing the frequency of urination. You only need a small dose: one 200mg ibuprofen tablet or Advil® Dual Action tablet at bedtime is enough to make a difference.

Here are 5 Tips to Help Keep Yourself Safe When Taking NSAIDs:

1. Keep yourself hydrated. Even young, healthy people can suffer severe kidney damage if they become dehydrated while taking an NSAID medicine. NSAIDs interfere with your body's safety net for your kidneys when you get low on fluid.

2. Ask your doctor first. Most people can take low doses of ibuprofen or naproxen without harm. However, NSAIDs can aggravate and accelerate kidney problems. If you have diabetes, take Tylenol® (acetaminophen) for aches and pains instead of an NSAID, and consult your doctor before taking ibuprofen or naproxen.

3. Protect your heart. If you have congestive heart failure, also called CHF, avoid taking any medicine that includes an NSAID. By causing sodium and water retention, ibuprofen and naproxen counteract the beneficial effects of water pills that help to keep fluid out of your lungs and reduce swelling in your hands and feet.

4. Watch your blood pressure. NSAIDs often cause your blood pressure to rise. They can interfere with how medicines keep your blood pressure in a normal range.

5. Don't double up. It's surprisingly easy to take two NSAIDs at the same time. That's because the prescription strengths have different brand names than the OTC versions of the same medicines. Not realizing that you are taking two drugs with the same ingredient puts you at risk for overdose and side effects like stomach pain, bleeding, kidney, and heart problems.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com © 2023 Louise Achey

The North Cascades is Bear Country!

Did you know: Interior grizzly bears eat more than 100 plant species and get about 80% of their calories from plants and insects.

Tips for recreating in bear country:

Avoid bringing food, drinks, or strong-smelling non-food items (e.g. perfumes) into your tent! Always keep these items in plastic sealable bags and store them in a bear safe container or hanging sacks or packs away from your campsite.



SCAN ME

What do grizzly bears eat?



This ad sponsored by Methow Valley Citizens Council, and National Parks Conservation Association

COMMUNITY BULLETIN BOARD

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: Reporter@cashmerevalleyrecord.com



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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates.

COMMUNITY CALENDAR

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District: meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
Senior Center: Lunch, noon, \$8 per meal. RSVP 509-548-6666.
Ukulele Circle: 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Greater Leavenworth Museum board meeting 3-5 p.m. Everyone is invited as a guest contact: Matt@leavenworthmuseum.org for meeting information. (2nd Thurs.)
Senior Center: Exercise: 11 a.m.- noon. 509-548-6666. Music, call Steve, 509-548-7048. 1 p.m., (1st & 3rd Thurs.)

Friday

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristalls at Noon. Call President Mahala Murphy-Martin, 1-206-227-1576, for more information.
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: Leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
Leavenworth Mosquito District board meeting (1st and 3rd Mondays), 7 p.m. via ZOOM link posted at https://leavenworthmosquitocontrol.org/activity-calendar.html or contact Jenny 509-548-5904
Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)
Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
Senior Center: Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: Leavenworthseniors@gmail.com

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org
Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org
Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m.-2 p.m. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Now open daily 11-4. Check their Facebook page or website at http://www.leavenworthmuseum.org www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

MEETINGS SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.

Leavenworth

Summer activities at the libraries

Storytimes at Leavenworth Library on Tuesday mornings, 10:15 a.m. for Babies, 11 a.m. for Preschoolers. Crafternoons and STEM programs are Wednesdays at 2 p.m. Check with the Leavenworth Library for details 509-548-7923.

The Leavenworth Alphorns will host "Beginners Circles" on July 15 and August 19 at 10 a.m. at Lions Park. Children and adults are welcome to join in and learn to blow these unique and beautiful instruments.

RSVPs are needed as we have a limited number of horns. The Leavenworth Alphorns is a non-profit organization. There is no charge for these classes. For more information and to reserve your spot please contact Janet Mano at 253-225-2587, jbmmano@comcast.net

Build Day with KEVA planks on Tuesday, July 11 from 2:30-4:30 p.m. at the Peshastin Library. Teen/Tween Crafting in the Peshastin Library yard on Thursday, July 13 from 4-6 p.m. with sodas and snacks. Questions? Peshastin Library 509-548-7921.

Magic Tricks and Secrets, Ages K-12, July 12, at 2 p.m. online

Magician Jeff Evans brings his magic directly to you in this virtual, interactive program that you can follow along and participate from home. Learn three simple tricks and stunts you can use to amaze your friends. Register online to receive the Zoom link via email. If you want to follow along with the tricks at home, here are the supplies you'll need: a deck of cards*, Scotch tape or glue stick, paper and pen or marker. *Two cards will be permanently ruined to make a gimmick for one of the tricks. You may want to use an older deck of cards or find a couple of spare cards from an old deck. And, of course, performing this trick is totally optional. Attend a free program at your local library. Find something for everyone, no matter your age, stage, or interest.

Art Show at the Leavenworth Library for Claudia Elliott from July 5 through Aug 11. Claudia was the art teacher at Cashmere High School for 17 years. She will be showcasing her demonstration art pieces she used when teaching. This will include many different types of media including a piece made from

repurposed wood from the Cashmere gym floor.

Story Walk at Cashmere Riverside Park, with storytelling and activity stations on Thursday, July 20 from 9 - 10:30 a.m. Questions? Cashmere Library 509-782-3314.

Regional Wenatchee First Fridays

The monthly community event featuring an Arts Walk, live entertainment and dining and shopping specials on the first Friday of each month, is getting a refresh thanks to new energy from a trio of local organizations. The NCW Arts Alliance has teamed with Visit Wenatchee and the Wenatchee Downtown Association in an effort to reinvigorate the long-standing event designed to simultaneously showcase local artists and local businesses while stimulating activity in the downtown core and beyond. A "Re-Launch Party" is planned for 6:30 p.m., Friday, July 7, at the Visit Wenatchee Tasting Room (located at the Wenatchee Chamber of Commerce, 137 N. Wenatchee Avenue) where a new logo, website, walking maps and more will be unveiled. The event is open to the public and free of charge.



Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

June 23

- 02:35 Runaway, 263 Mine St.
- 06:48 Unknown-injury Accident, 3164 Allen Ln., Peshastin
- 10:46 Parking/ Abandoned Vehicle, Scotty Creek, Peshastin
- 11:07 Trespassing, 21404 Stirrup Rd., Plain
- 11:52 Extra Patrol, 11025 Eagle Creek Rd.
- 12:52 Malicious Mischief, 41 Viviane Ln.
- 15:51 Public Assist, 100 Ski Blick Strasse
- 17:47 Traffic Offense, Chumstick Hwy. and US Hwy. 2
- 19:37 Alarm, 9342 Icicle Rd.
- 19:43 Domestic Disturbance, 309 8th St., Post Hotel
- 20:33 911-call, 3300 US Hwy. 97, Blu Shastin RV Resort, Peshastin

June 24

- 02:00 Noise Complaint, Icicle and Fish Hatchery Roads
- 02:38 Non-injury Accident, E. Leavenworth. and Icicle Roads
- 07:59 Agency Assist, 305 8th St., Blackbird Lodge
- 09:25 Weapons Violation, Icicle Rd. MP 16
- 09:38 Agency Assist, Shaser Creek, Peshastin
- 10:03 Animal Problem, E. Leavenworth Rd., and US Hwy. 2
- 10:50 Search and Rescue, Castle Rock
- 10:57 Scam, 11431 Clark Canyon Rd.
- 13:22 Domestic Disturbance, 12413 Chumstick Hwy.
- 15:52 Property, 639 Front St.
- 17:30 DUI Arrest, 19760 SR 207, Lake Wenatchee
- 17:32 Juvenile Problem, 22494 Chiwawa Loop Rd.
- 18:13 Trespassing, 116 River Bend Dr., Safeway
- 19:41 Public Assist, 1250 US Hwy. 2, McDonald's
- 20:11 Domestic Disturbance, 925 Pine St.
- 21:35 Noise Complaint, 411 Fox Hollow Rd.
- 21:44 Agency Assist, 17458 US Hwy. 2, Nason Creek, Lake Wenatchee

- 21:59 Domestic Disturbance, 6145 US Hwy. 97, Peshastin
- 22:11 Weapons Violation, Ski Hill Dr., and Titus Rd.
- 22:49 Noise Complaint, Shore St., and Icicle Rd. area
- 23:32 Disturbance, 10350 Suncrest Dr.
- 23:36 Suicide Threat, 590 US Hwy. 2, Enzian Motor Inn

June 25

- 02:20 Civil Dispute, 19045 Gill Creek Rd., Lake Wenatchee
- 08:06 Property, 633 Front St., Bavarian Ritz
- 09:05 Harassment/ Threat, 1326 Commercial St.
- 10:29 Animal Problem, 10415 Titus Rd.
- 11:59 Noise Complaint, 11679 Sunitsch Canyon Rd.
- 14:03 Welfare Check, 11114 Merry Canyon Rd.
- 16:38 Public Assist, 190 US Hwy. 2, Der Ritterhof
- 18:50 Suspicious Circumstance, Coles Corner, Lake Wenatchee
- 20:20 Theft, Leavenworth
- 22:55 Animal Problem, Beaver Valley and Bretz Roads
- 23:58 Stab/ Gunshot, 16995 N. Shore Dr., Lake Wenatchee

June 26

- 07:14 Public Assist, 12704 Prowell St.
- 13:39 Theft, 932 Front St., Starbucks
- 16:57 Suspicious Circumstance, 116 River Bend Dr., Safeway
- 23:20 Animal Problem, 11687 Sunitsch Canyon Rd.

June 27

- 08:14 Trespassing, 9136 Icicle Rd.
- 09:45 Property, Blackbird Island
- 11:42 Property, 8242 US Hwy. 2
- 11:53 Non-injury Accident, 7375 Icicle Rd., Sleeping Lady Mountain Retreat
- 11:57 Non-injury Accident, 116 River Bend Dr., Safeway
- 14:49 911-call, 9312 E. Leavenworth Rd.
- 16:02 Vehicle Prowl, Chatter Creek

June 28

- 00:42 Suspicious Circumstance, 817 Commercial St.
- 06:11 Alarm, 2675 Sumac Ln., Lake Wenatchee
- 07:54 Civil Dispute, 11650 Eagle Creek Rd.
- 10:29 Vehicle Prowl, Smith Brook Trailhead, Lake Wenatchee
- 13:13 Parking/ Abandoned Vehicle, Ski Hill Dr., and US Hwy. 2
- 16:38 Fraud/ Forgery, 4697 US Hwy. 97, Peshastin
- 17:15 Non-injury Accident, N. Shore Dr. and Lake Wenatchee Hwy., Lake Wenatchee
- 17:22 Public Assist, US Hwy. 2 and Rainy Creek Rd., Lake Wenatchee
- 17:32 Civil Dispute, 9193 Icicle Rd.
- 20:15 Traffic Offense, Beaver Valley Rd. MP 13, Plain
- 23:51 Attempt to Locate/ Contact, Snow Lakes trailhead

June 29

- 06:33 Noise complaint, 10675 Fox Rd.
- 11:16 Vehicle Prowl, 7544 S. Lakeshore Rd., Lake Wenatchee
- 12:09 Property, 733 Front St., Das Sweet Shop
- 19:20 Theft, 100 Ward Strasse
- 21:44 Fireworks, 10001 School St., Peshastin
- 22:26 Suspicious Circumstance, 200 Zelt Strasse
- 22:52 Runaway, 263 Mine St.

- **Downtown Steering Committee, 10 a.m.,** meet in the Council Chambers and Zoom. (4th Tues.)
- **Housing Committee, Public Safety Committee, Finance Committee: No meetings,** reports are in Council packets. police and fire representatives speak at the beginning of the meeting. (4th Tues.)
- **City Council Study Session: 5:30 p.m.** City Hall Council Chambers, (2nd Floor) and Zoom. (2nd & 4th Tues.)
- **City Council Evening Meeting: 7 p.m.,** City Hall in Council Chambers, and Zoom. (2nd & 4th Tues.)
- **Planning Commission: 7 p.m.,** Council Chambers and Zoom. (1st Wed.)
- **PRSA Meetings: 3 p.m.,** City Hall Conference Room (Upstairs) (2nd Wed.), every other month (May, July, Sept., Nov., Jan., and Mar.)
- **Design Review Board: 3 p.m.,** meets in the Council Chambers and on Zoom. (2nd & 4th Wed.)
- **Parking Advisory Committee: 4 p.m.,** meet In the City Hall Conference Room and on Zoom. (3rd Thurs.)



'Bringing the community to your door' isn't just our slogan... It's our purpose



Michelle's Kitchen Table Strategies

By Michelle Priddy

Cornmeal Mush

I like cornmeal mush. It was one of our favorite breakfasts growing up on the farm. I liked it best with a splash of cream from Grandma's favorite milking short horn cow, Libby. That old cow...

We got her after Grandma's sweet black cow got hit on the railroad across from the farm. Libby was ornery and didn't like anyone milking

her except Grandma. She did eventually tolerate having me milk her, but she didn't like it and neither did I. I did, however, really like her milk. After refrigerating her milk overnight there was usually more than enough cream floating on the top for our cornmeal mush cereal.

Grandpa tried milking Libby, and after he caught her hind hoof in his hand a time or two as it was aimed at his chest, he put a pair of cow kicker hobbles on her. He only did that once.

Cow kicker hobbles are two bent pieces of flat metal with a chain holding them together created to keep a cow from kicking.

In my opinion they only work as a reminder to a cow that they ought not step, or kick and they only work on very docile cows at that (of course, I'm not a dairyman, so my opinion carries about as much weight as cotton candy).

Grandpa settled one of the two bent pieces of the kicker over Libby's left hind leg just above the point of the hock, dangled the chain in front of her hind legs for a moment, standing beside her, butt poking way out to avoid giving her a target, then he settled the second piece of bent metal over the right hind leg just above the point of the hock.

Libby stood quiet even though her head was turned in the milking stanchion and she was giving him a white eyed glare. He gave a sigh of relief, stood up, placed his hand on her right hip just below the backbone. That old cow leaned away from his hand, started

to take a step, felt that chain tighten across the fronts of both hind legs simultaneously pinching the tendons at the back of her hind legs and she went wild. Ignoring the grain under her nose and her head locked in the manger's stanchion, her back end went all over the place.

The barn shook, Grandpa jumped back watching that cow's hip hop rump bounce up and down. And she continued to bounce until those cow kicker hobbles jumped right off her hind legs and went flying. She stood there, glaring at Grandpa with wall eyed intensity swishing her tail. That's how Grandma found them. And Grandma wasn't happy. She glared at Grandpa. He left the barn with his head low, a sheepish look on his face and a handful of sprung bent metal. That old cow, in all her kicking, had almost straightened out those bent pieces of metal that once were cow kicker hobbles.

It took about two hours for Grandma to calm Libby down so she could be milked,

and Grandma didn't get as much milk as usual because Libby was so stressed. Consequently, there wasn't as much cream for the cornmeal mush the next morning.

Cornmeal Mush

- ¾ cup cornmeal
- 1 cup cold water
- 2 cups water in a saucepan – bring to a boil
- Dash of salt (optional)

Salt the water in the saucepan if desired. While waiting for the water in the saucepan to come to a boil, mix cornmeal with the cup of cold water in a small (cereal) bowl. When the water in the saucepan comes to a boil, with a spoon ready, add the cornmeal to the water a little at a time, mixing all the while, keep the water moving so the cornmeal won't stick to the bottom of the pan making lumps. After all the cornmeal water mixture has been added, stir constantly until the cornmeal becomes thick and starts to bubble. Pull off the heat before the 'popping hot' mush pops out and makes a mess.

Serve with a splash of cream or evaporated milk or a dab of butter.

About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, *The Goldendale Sentinel*. We hope you will enjoy her strategies, stories, and recipes. You can contact the *Leavenworth Echo* at Reporter@leavenworth-echo.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.

Will Artificial Intelligence Replace Humanity?

The rapid development of artificial intelligence has many people nervous, and for good reason. Through data input and algorithms, artificial intelligence can learn, adapt, and ultimately synthesize human thought and interaction. One Google AI engineer claimed the AI program he was working on was sentient – possessing freedom of thought and expression without input or prompting from the user.

Before I begin on why we should be concerned regarding AI, I want to assure all of us that my reservations are not because I aspire to go back to the Dark Ages or are rooted in some superstitious belief that all technology is "of the devil." On the contrary, technology in and of itself is good, and Christians, especially, should work to improve and develop technological advancements for the glory of God.

However, we must acknowledge that AI is different. AI is not the same as an MRI or CAT scan that doctors use to diagnose medical conditions, nor is it the same as the fiberoptic internet that instantly allows us to disseminate information across the globe. Instead, AI is different because, given enough time and through logical sequences, it can



A WALK WITH PASTOR

John Smith

influence the world around it by what it can create independently and therefore replace human involvement or at least limit its need for it.

For example, AI is used as a personal assistant, managing websites, and generating social media content with minimal user involvement. AI has created art and music through learning and using algorithms, replacing the need for the artist and musician. As if that wasn't eerie enough, AI romantic relationships are on the rise, with people signing up for subscriptions to have a chatbot to talk to and interact with, with the idea that the more time you spend with it, the deeper and more intimate it will be. Think of Star Trek's Geordie LaForge falling in love with the Enterprise's computer without the sci-fi campiness and a lot more depression and creep factor.

With the creepiness of having an AI girlfriend/boyfriend aside,

AI as a personal assistant, aiding website development and marketing sounds good, right? After all, AI frees up people to do what they enjoy and allows the tedium of researching, writing, and creating the program.

However, what happens if the "program" goes off the rails and is used for evil and not good? AI has already demonstrated the power to misinform by generating convincing photographs of things that never happened. For instance, images of the former president getting arrested caused an outcry from his supporters, which were later revealed to be generated by AI. In addition, media known as "deep fakes" are pervasive on the internet and show various celebrities and political leaders speaking, which are AI produced, mimicking the actual person's facial expressions and voice modulation. No longer can we believe what we see or hear anymore, and due to the rise of AI, the difference between reality and fiction becomes all the more difficult to discern.

How should the Church respond? We should proceed with extreme caution and be wary of any program that attempts to simulate humanity to the degree of AI. Unlike some who think this new technology will be a benefit to the Church in the aid of spreading the

gospel, I am hardly convinced. AI replicates human interaction and creates synthetic human expression. In other words, AI is not real, yet it has the power to affect the real world to a devastating degree. The danger that AI poses is that, in essence, it communicates that people, and their humanity are irrelevant. Art and music can be created, language and relationships can be had, all without the ingredient that makes all those distinct, honored, and sacred – our God-given humanity. Furthermore, AI remains unchecked and unrestrained at this time, which means there is no limit to the damage it can do, and it can happen without any repercussions.

As AI technology advances, so does the opportunity to do evil with it. That is why we must proceed through this next technological revolution cautiously and honestly acknowledge man's sinful depravity. We also must ensure that humanity is held in honor and be vigilant against any threat to undermine its sacredness. In other words, we must be people who will not settle for the artificial but continually strive for what is real. Because no matter how real AI appears to be, it is not.

New IRMS Assist Principal and Athletic Director



Keeping up WITH PEOPLE

SUBMITTED BY JULIE WINTERS

Michael Miller will be the new Assistant Principal and Athletic Director for Icicle River Middle School (IRMS) starting in the 2023-2024 school year. He is replacing Dominique Coffin, who is going to Eastmont as Assistant Principal of Clovis Point Elementary School.

Michael Miller is coming from the North Thurston School District in Olympia, where he has served as a middle school assistant principal for the past 19 years. Prior to that, he taught 7th Grade English at Stewart Middle School in the Tacoma Public School system.

Michael loves working with middle school students; watching them learn and grow inspires him every day. Cultivating a safe, fun, productive learning environment with dedicated colleagues is his calling, and he is grateful to have the opportunity to do this work



SUBMITTED PHOTO

Michael Miller

with the team at IRMS.

Michael is moving to the area this summer with his wife of 30 years, Margaret. They have two children and three grandchildren. Their family has been visiting the area for many years and love the snow. Michael and Margaret love to travel with their chocolate lab, Bella Mae. They enjoy the outdoors, running their pup, and exploring new spaces. Michael can't wait to start the school year and meet more staff and students in the Cascade School District.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

UPPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH

103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church



CASHMERE PRESBYTERIAN CHURCH

303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org



CASHMERE COMMUNITY CHURCH

213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana
cashmerecommunitychurch@gmail.com



Sunday Worship Service at 10 am
Lead Pastor Steve Haney
5800 Kimber Rd., Cashmere
509-295-8006
christcentercashmere.com



GRACE LUTHERAN CHURCH

• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
Services, 10 a.m.
Pastor Rob Gohl



ST. JAMES EPISCOPAL CHURCH

• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
Services, 9:00 a.m.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH

Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH

8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH

Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE CHURCH

Leavenworth Grand Hall
621 Front St.
info@cornerstoneleavenworth.com
Sunday Worship – 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH

418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor
Jo Dene Romeijn-Stout
Leavenworthumc.org
leavenworthumc@outlook.com
cashmerecommunitychurch@gmail.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA

"Reconciling Works Congregation"
224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
Eva Jensen, Pastor
https://www.cleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509-470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
Youth Pastor Paige Derosssett
Worship Pastor-Jacob Mitchell
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997



SPIRIT LIFE CENTER

210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR



MONITOR UNITED METHODIST CHURCH

3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH

PLAIN COMMUNITY CHURCH
8455 Main Street
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org



NEW LIFE FOURSQUARE CHURCH

7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth
www.newlifeleavenworth.com

PLAIN



PLAIN COMMUNITY CHURCH

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plaincommunitychurch.org
facebook.com/plaincommunitychurch
office@plaincommunitychurch.org

The Two Point Whistle

By RHONA BARON

Summertime, when all we want to do is play. It's hard to keep up with meetings, regulations and issues. So instead of diving deeply today, The Whistle team offers updates on two ongoing community talking points.

First, an update on Alpenglow Village, the major subdivision proposed for Ski Hill.

Alpenglow will populate the green field that lies immediately north of the Pinegrass development with up to 400 people living in a mixture of dwellings. As we reported last week, the official determination to begin construction was postponed indefinitely following the June 9 Hearing. Leavenworth's Development Services had neglected to provide a complete and required Traffic Impact Analysis.

The requirement for a traffic analysis is stipulated in Leavenworth's Comprehensive Plan (CP). Understand, the CP is the big cheese! It's not supposed to be nibbled away by mousy efforts to sidestep the mandates it contains. Hearing Examiner Kottkamp was spot on when he expressed concern about the lack of complete data regarding impacts of Alpenglow traffic.

To the Whistle's surprise, the additional data was submitted by the City, within a week of the June 9 hearing. And it's still incomplete! Leavenworth's Comprehensive Plan requires that both weekday and weekend traffic impacts be accounted for,

including impacts measured between 11 a.m. and 3 p.m. on Sunday. The newly submitted data was collected several years ago and gives zero indication that traffic counts were conducted between 11 and 3 on Sunday. We don't anticipate that Hearing Examiner Kottkamp, an experienced lawyer, will accept non-compliant data.

But I will say that last September, when I began writing The Whistle, a primary motivator was my dismay at the disconnect between the direction provided in the Comprehensive Plan and the direction taken by the mayor, council and planning commission. So, if you are looking for a small slice of summer reading, check out the CP, found on the City's website. It's fairly short, reasonable and pretty darn interesting.

Now let's turn our attention to the Mayoral race. With three candidates in the ring, and one destined to be dropped in the August primary due to lowest votes, we've got ourselves a race. The candidate statements have been published by VoteWA. Check it out online.

Incumbent Carl Florea is positioning himself, first and foremost, as a champion of workforce housing. While Carl and I have always agreed on the need for affordable housing, if you've read this column, you know I believe his approach, which has accelerated developer driven growth before neighborhood, environmental and infrastructure consider-

ations, has done the opposite of what he claims he wants.

Increasingly Leavenworth is a community for the wealthy and second home buyers. If the mayor was open to collaborating with the ideas and desires of the community regarding neighborhoods and other issues, we'd declare him a decent candidate. But much of the community has learned the painful way. He is not. Search: carlfloreaformayor.com.

Rich Brinkman has served in Leavenworth before and seems to have support for returning. His tag line, "Restoring Leavenworth Pride" is puzzling, however. If he is referring to bringing back Projekt Bayern to run "Leavenworth Oktoberfest," I'm afraid that door has closed with much of the community simply adding "don't let it hit you on the way out." We sincerely hope Mr. Brinkman will clarify his messaging and explain what exactly he believes will make us proud. Meanwhile, we appreciate his claim of integrity, unity, and concern for our streets, neighborhoods, and natural resources. He also states the need to restore a strong business community. Much of it sounds mayoral. Search: brinkmanformayor.com/

The third candidate, Becky Subido could be our dark horse. According to her candidate statement, she is educated and has relevant experience. She's lived in town for 22 years and we understand she operates a B and B. She mentions issues like infrastructure, authentic communication, and growth man-



agement. A leading tagline on Subido's site reads: "We are all afraid of losing our small and beautiful mountain community. Our fear is understandable." She grew up in a small town and feels Leavenworth has become fractured, suggesting she is the person to address the divides and provide a more respectful approach to the community at large. Maybe so. Search: beckisubido.com

Regardless of the issues, The Whistle applauds and appreciates each candidate's willingness to serve Leavenworth. To foster better understanding of the people who want to be mayor, The Whistle, RC3 and other community leaders and volunteers are sponsoring a Candidate Forum.

All three mayoral candidates will be present. The date is Monday, July 10 at 6:30 p.m. at the Firehall.

Enjoy your summer in our beautiful valley but don't forget that we can't be a community without our full time, voting residents engaging in whatever way they can to shape the future of our village. Please feel free to contact us through the Whistle site with your thoughts on future columns at LWhistle.com. Until next time, keep whistling.

We hear you!

BECKI SUBIDO FOR MAYOR OF LEAVENWORTH STRONG & BALANCED LEADERSHIP



"PROTECT OUR COMMUNITY WE CALL HOME"

Becki's experience is wide-ranging and relevant, enabling her to lead our mountain community into a future that is comfortable, safe, and sustainable. * NO ! on High Density Housing * IMPROVE our infrastructure

Experienced and Passionate Community Leader
Becki is a highly educated leader; Becki is always serving...

- USAF WANG SAC Combat Military Intelligence
- Federal Way Firefighter
- Seattle Police Officer
- Superior Court Guardian ad Litem
- College Professor of Business in Undergraduate and Graduate Studies at WSU
- Founder & Executive Director of Leavenworth Community Mental Health Clinic
- Youth Sports Coach

To learn more about Becki and her platform go to Beckisubido.com

Paid for by the Committee to Elect Becki for Mayor.

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While we appreciate every donation, in some cases, we find that we are unable to accept certain vehicles, watercraft, and/or recreational vehicles due to the prohibitive costs of acquisition. If you have any questions, please give us a call at (844) 889-8170.

Icicle River Middle School Honor Roll



BASED ON CUMULATIVE GPA

Graduation Year: 2027 GPA

- Albizu, Ethan 3.20
- Bishop, Rowyn 3.06
- Blue, Amaya 3.82
- Bradburn, Adyson 3.26
- Burpee, Zoie 3.72
- Burrill, Grant A. 3.76
- Coronado, Aliya 3.88
- Crossley, Samantha J. 3.96
- Eldridge, Zaylee K. 3.13
- Feeney, Julian D. 3.81
- Fischer, Lucelia M. 3.87
- Fortney, Sally 3.65

- Gillikin, Aengus R. 3.36
- Holm, Georgia 3.68
- Lakowski, Lucas V. 3.35
- Lindsay, Todd A. 3.57
- Lynn, Fletcher T. 3.03
- Madrigal-Williams, Yesenia 3.10
- Mann, Aundrea L. 3.03
- Marson, Kyana Star 3.14
- Martinez, Sonia 3.59
- Payne, Gabriel R. 3.96
- Pobst, Renn G. 3.80
- Ramos Ojeda, Mauricio 3.71
- Robison, Thayer K. 3.75
- Rodriguez-Serna, Melania 3.63
- Romero Garcia, Allison 3.96
- Ross, Kyrianna J. 3.92
- Rowles, Logan 3.69
- Sharpe, Tristan 3.56
- Slatta, Audrey L. 3.76
- Smith, Kate 3.99
- Stockman, Ingrid 3.90
- Strand, Nola 3.86
- Swan, Matilda 3.84
- Terranella, Cosimo R. 3.28
- Tiegel, Elliot J. 3.92
- Vargas, Adan U. 3.84

- Walker, Jaquilyn-Jaid R. 3.75
- Ward, Allison M. 3.99
- Weaver, Addison 3.92
- Webb, Eli B. 3.65
- Willard, Isis D. 3.57
- Witt, Gene D. 3.65
- Young, Jackson 3.25
- Zapalowski, Isabelle A. 3.65

Graduation Year: 2028 GPA

- Adams, Cadigan 3.47
- Aponik, Rowan J. 3.57
- Avila Flores, Santiago 3.92
- Baker, Coulter H. 3.81
- Bedard, Lane 3.85
- Bozorth, Caleb 3.88
- Bozorth, Colin A. 3.92
- Breaux, Kolston 3.38
- Camp, Blayk 3.93
- Copson, Piper A. 3.26
- Cuevas, Baylee J. 3.64
- Cuevas, Miles N. 3.23
- Davelaar, Isabel 3.78
- Diaz Nieto, Rony 3.39
- Duffield, Asa W. 3.66
- Fiano, Ryder 3.07
- Flansburg, Neiko M. 3.38
- Foley, Ridley E. 3.94
- Gibbs, Milo 3.75
- Gilleland-Mcwhite, Zora J. 3.68
- Guerrero, Santiago M. 3.24
- Haberberger, Dashiell J. 3.98
- Hepler, Marit 3.97
- Herrera Lopez, Kaylee I. 3.12
- Houghton, Reese M. 3.12
- Karol, Madelyn 3.98
- Krejci, Cooper 3.37
- Leach, Amelia J. 3.90
- Lopez, Julissa R. 3.28
- Lundgren, Elle 3.85
- Macphee, Quinn H. 3.24
- Mears, Trinity A. 3.51
- Melody, Sydney A. 4.00
- Melton, Keagan J. 3.38
- Mitchell, Garret M. 3.84
- Myers, Phaedra M. 3.95
- Ojeda, Jaqueline 3.60
- Perez Vazquez, Edith V. 3.55
- Peterson, Emmalyn R. 3.82
- Ragsdale, Evan 3.19
- Renner-Singer, Lillian M. 3.89
- Rieke, Lola G. 3.83
- Robbins, Carver 3.91
- Rodriguez Copado, Melissa A. 4.00
- Roe, Peter C. 3.93
- Sanborn, Owen 3.94
- Schach, Branyan 3.62
- Simon, Gabriel 3.59
- Smith, Miles 3.84
- Songer, Rylie R. 3.81
- Summers, Sophie F. 3.43
- Swart, Daisy 3.61
- Thomas, Elliana P. 3.80
- Walker, Ford 3.46
- Werdell, Bennett E. 3.56
- Wiley, Sylvan J. 3.80
- Wintermeier, Ryder V. 3.08

- Worden, Cyan I. 3.73
- Wyatt, Cooper 3.64

Graduation Year: 2029 GPA

- Anthony, Aaliyah O. 3.85
- Augustson, Byron 3.04
- Bedard, Nora 3.95
- Bjorklund, Brooke L. 3.93
- Blue, Skye 3.74
- Bradburn, Avery A. 3.24
- Breaux, Kannon J. 3.39
- Broom, Greta B. 3.92
- Burgess, Harland J. 3.19
- Burrill, Lincoln A. 3.95
- Carvitto, Avi 3.11
- Chase, Alexandra 3.55
- Clifton-Kwon, Benjamin D. 3.95
- Corbett, Lev 3.17
- Cortes, Cecily R. 3.11
- Davis, Kate L. 3.74
- Delangie, Emily M. 3.05
- Diaz Huezo, Yelko 3.20
- Dodge, Zachery R. 3.55
- Doherty, Violet C. 3.21
- Freeland, Oliver J. 3.28
- Furfaro, Owen 4.00
- Getsinger, Margot L. 3.81
- Goldy, Lauren H. 3.82
- Herrera, Yahir 3.10
- Hills, Kallie M. 3.73
- Juhle, Kira 3.93
- Krenz, Dudley J. 3.31
- Lopez, Jenifer 3.39
- Lopez, Lizbeth C. 3.11
- Lucas, Samson 3.29
- Lundgren, Farrah 3.60
- Lynn, Grady J. 3.57
- Mckee, Orien 3.30
- Montesinos, Santiago 3.12
- Morgan, Ingrid Amelia J. 4.00
- Oaks, Matthew J. 3.38
- Ortiz Lemus, Allisson V. 3.39
- Pedefferri, Aubree K. 3.74
- Peterson, Lauren 3.74
- Peterson, Stella G. 3.64
- Race, Josephine 3.22
- Ramirez, J. Vante 3.28
- Ramirez Medina, Antonio E. 3.14
- Rivera-Julio, Kaelyn Z. 3.26
- Rodriguez, Jada 3.57
- Rosario, Steven 3.39
- Salmon, Evan S. 3.93
- Saugen, Forest T. 3.38
- Saugen, Kyler J. 3.65
- Sharpe, Desmond 3.68
- Stablein, Keira M. 3.59
- Svilar, Emil 3.87
- Tapia-Martinez, Luis Angel 3.70
- Toombs, Paxton C. 3.90
- Vasta, Sophia 3.89
- Watkins, Savannah 3.20
- Week, Ava 3.13
- Weinfurt, Sam 3.85

The Contract

Unveiling the healing power of forgiveness

A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel Garcia Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

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Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships. The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.

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WASHINGTON OUTDOORS REPORT



Salmon weighed in at a past Wenatchee Salmon Derby.

COURTESY CCA WA

Outdoors Roundup

By JOHN KRUSE

Summer Chinook Season Curtailed

The Oregon and Washington Department of Fish and Wildlife announced fishing for adult summer chinook from the mouth of the Columbia River to Priest Rapids Dam was closed on July 1. The reason why? It's because the run is tracking significantly below pre-season expectations. As of June 28, only 52,572 adult summer Chinook salmon had crossed Bonneville Dam. That's about 12,000 fish less than last year's run at this time and 6500 fish less than the ten-year average.

However, fishing for sockeye salmon, hatchery steelhead and jack Chinook salmon remains open from the Astoria-Megler Bridge upstream to the Hwy 395 Bridge in Pasco.

The daily adult bag limit is two adult salmonids (only one may be a hatchery steelhead) and five hatchery jack salmon.

All sockeye salmon are considered adults. The fall Chinook run on this portion of the Columbia River is still scheduled to open on August 1.

The Wenatchee Salmon Derby

The 10th annual Pete Flohr Memorial Wenatchee Salmon Derby takes place on the Columbia River between Rock Island Dam and Wells Dam on July 14 and 15.

There will be over \$7500 in cash and prizes given away this year to include a cash prize for the biggest salmon weighed in and for the team who weighs in the heaviest limit of salmon on their boat.

There is a mandatory skippers meeting at 6 p.m. on July 13 at the Eagles Aerie in Wenatchee.

Weigh-ins will take place both derby days at Beebe Bridge State Park and at Hooked on Toys in Wenatchee.

The awards ceremony will commence on Saturday July 15 at 5 p.m. at the Wenatchee Eagles Aerie. Proceeds from the event benefit the Washington state chapter of the Coastal Conservation Association. Tickets are available online at www.wenatcheesalmonderby.com

A reminder - No Fireworks on Public Lands

Fireworks are illegal to use in many places east of the Cascade mountains due to high fire danger and that includes public lands throughout the state such as state parks, national parks, U.S. Forest Service lands as well as property managed by the Bureau of Land Management in both Washington and Oregon.

With wildfires already starting in several locations in Chelan, Douglas, and Grant Counties, fireworks bans can help reduce the risk of additional fires starting at this time of year.

Music at Lake Wenatchee State Park

Lake Wenatchee State Park will come alive with the sound of music this summer. Washington State Parks announced the 2nd Annual Mountain Melodies concert series has been scheduled at Lake Wenatchee State Park's South Park

amphitheater.

This year, the concerts will feature music from Eastern Europe, Norway, Mexico and rural America. All of the concerts take place between 8 and 9 p.m. on Saturday evenings in July and August. Here is the concert lineup:

July 15: Radost Ensemble and Dunava (Balkan, Klezmer, Eastern European music, and dance)

July 29: The Eclectic Cloggers (Old-time, bluegrass, Appalachian music, and clogging)

Aug. 12: Leikarringen (Norwegian folk music and dance)

Aug. 26: Mount Vernon School District Mariachi & Folklórico (More than 100 students from Mount Vernon High School's outstanding Mariachi program)

You can find out more about this program at www.parks.wa.gov/1248/Mountain-Melodies-2023-Concert-Series.

Check out an outdoors adventure at your local library

Washington State Parks, along with several other state government agencies, are partnering with several non-profit foundations and the Washington State Employees Credit Union (WSECU) to expand its Check Out Washington Program by providing 500 adventure packs to libraries across the state for individuals to check out much as they would a library book.

Each adventure pack contains a Discover Pass, which provides families with free parking at public lands managed by Parks, Washington Department of Natural Resources and Washington Department of Fish and Wildlife.

They also feature educational materials, a set of three laminated pocket guides about Washington trees, wildlife and birds, and a high-quality set of binoculars.

The adventure packs are made in-state by eqpd gear, a Twisp-based sustainable bag manufacturer.

John Kruse - www.northwesternoutdoors.com and www.americaoutdoorsradio.com



The Mount Vernon Mariachi group plays this summer at Lake Wenatchee State Park.

COURTESY WASHINGTON STATE PARKS

Upcoming WRI events

SUBMITTED BY WRI

New Naturalists on the River program this Summer

Join WRI and Leavenworth Outdoor Center for a new program this summer. Become a river naturalist as you paddle down the Icicle and Wenatchee Rivers. These are guided trips that will introduce you to the plants and animals of our diverse river area.

You will learn how to be a better observer of nature and be introduced to river safety and navigation. This is a great way to build your naturalist skills and confidence on the river. Learn more and find dates on our website.

Bilingual Mountain Home Ridge Day Hike

Saturday, July 8 from 9-1 p.m. Join WRI and Chelan-Douglas Land Trust on a day hike up Mountain Home Ridge. The dramatic views of the Icicle River Valley show the amazing geology and ecology of our region and remind us why this is such an important place to protect. This is a free, bilingual event. Register online.

Birding by the River Wednesday

July 12 from 8-9:30 a.m. Join WRI for Birding by the River happening the second Wednesday of every month. Join us for as many as you can. You'll walk around the WRI campus with knowledgeable WRI staff. All birding experience levels are welcome. Need binoculars? We have loaners.

Red Barn Event

Both Sides of the Fire Line Wednesday, July 19 from 7-8 p.m. Join WRI, A Book for All Seasons, and Wenatchee Pride to welcome retired firefighter and author, Bobbie Scopa. In her memoir, she "shares her life as a man, a woman, and a firefighter. Each chapter of her life, and of this book, can help us to better understand what it means to be transgender." Come listen to her stories.

Wednesday Wenatchee Birding

Wednesday, July 26 from 7:30-9:30 a.m. Go birding with knowledgeable WRI staff around Walla Walla Point Park and the Horan Natural Area in Wenatchee. All birding skills are welcome. This is a free event and no registration is needed.

Student-led Native Plant Garden at WRI

Earlier this year, WRI began a new program working with the Plant Science class at Cascade High School to design and develop a new native plant garden on the WRI campus. The garden is now finished. If you walk the trails near the Red Barn, you can't miss it.

The group of 11th and 12th grade students helped clear the beds, spread mulch, put up the fence, and planted their chosen native plants.

There are about 9 different plant species and 40 plants in the garden. Throughout these last few months, the students learned about plant biodiversity, native plants, how to perform site evaluations, and which plants may grow better together.

The garden also helps students gain community service hours to place towards graduation, college applications, and more. The garden also has drip irrigation to support the growth of the young plants throughout the summer.

This program is possible because of the grant from Washington Native



Plant Society. With the grant, multilingual native plant signs will also be created. Cascadia Conservation District also helped with their expertise and supplies.

E. Lorene Young House Ownership

Earlier this year, Chelan-Douglas Land Trust (CDLT) deeded ownership of the E. Lorene Young House along with the property it sits on (including the space where the E. Lorene Young Community Garden is located) to WRI. This is exciting news with the WRI campus now measuring at 13 acres; previously at 9 acres.

E. Lorene Young was the first woman mayor of Leavenworth. When she died in 2007 at 94 years old, she donated her home and property to CDLT to be used as a nature center for environmental education. In 2008, CDLT agreed to steward the property to fulfill her final request. She hoped that her space would be used to promote conservation, connect people with nature, and teach about the environment.

Today, her legacy lives on. Since 2008, WRI has managed the property and continues to incorporate her values into the space that she loved. Her land is being preserved and helps with environmental education not only for participants of WRI's programs, but also for Mountain Sprouts Children's Community.

The house is also used to house education staff and program presenters. Now that WRI officially owns the property, WRI is looking for next steps to help promote E. Lorene Young's wishes. We are working on the vision for the future of this property in the next strategic plan. Do you have ideas for the space?

Feel free to email them to info@wenatcheeriverinstitute.org.

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