



Leavenworth Village Art in the Park announces annual Art Scholarship



SUBMITTED PHOTO.

Art Scholarship winners from left to right are Lauren Haiduc, Zoey Sheffield, Ada Robbins, and Committee Chair Adele Caemmerer

By JAMIE HOWELL

Leavenworth Village Art in the Park, a non-profit organization dedicated to supporting the Arts and art education since 1966, announced its annual arts scholarship awards for 2023. The scholarships are made available each year to graduating seniors from the Cascade School District, the Discovery School or adults residing within the Cascade School District who are entering school to pursue an arts degree. "We are thrilled to announce this year's deserving recipients," said scholarship committee chair Adele Caemmerer. "These talented young people have demonstrated skill, creativity and dedication in their artistic endeavors and we're proud to support them as they explore their

artistic potential further." This year's recipients are all 2023 graduates of Cascade High School. The 2023 Village Art in the Park Scholarship recipients are: Zoey Sheffield: \$10,000 over four years Sheffield is a promising young writer and 2D artist from Leavenworth who will be attending Western Washington University honors college in the fall where she plans to study English, creative writing, and art. She hopes to go on to earn a master's degree in a creative field. Lauren Haiduc: \$10,000 over four years Haiduc enjoys a wide range of the Arts and has enjoyed participating in theatrical productions throughout her high school career. She will be attending Gonzaga University in Spokane where she plans to major in business administration with

a minor in theater. Ada Robbins: \$2,500 Merit Scholarship Robbins wishes to pursue a career in art and design. Initially she plans to travel to Florence, Italy, to study design, before deciding on her future studies. Leavenworth Village Art in the Park has been providing scholarships to students studying the Arts since 1980. In addition, the organization provides annual Art Enrichments grants to schools and teachers within the Cascade School District, combining for a total of more than \$35,000 in grants and scholarships each year. About Leavenworth Village Art in the Park: The non-profit was founded in 1966 and operates the longest running, juried, open-air art exhibition in Washington State in the form of a vibrant outdoor market in Leavenworth's Front Street

Park. The market, which operates from April through October, also provides vital income to the many independent artists who participate each year. Arts Scholarship applications are due by April 15 each year with awards announced annually in June. The scholarships are available to graduating seniors from Cascade High School, the Discovery School or adults residing in the Cascade School District who are entering the educational community with the intention of earning a degree in art.

To find out more, visit villageartinthepark.org Press contact: Jamie Howell Leavenworth Village Art in the Park board member/treasurer (509) 679-6411 jamie@villageartinthepark.org

Washington State Health Care Authority releases first month of Apple Health (Medicaid) renewal data and urges Washingtonians to update their information

SUBMITTED BY HCA

OLYMPIA - The Washington State Health Care Authority (HCA), in partnership with the Washington Health Benefit Exchange (Exchange) and the Department of Social and Health Services (DSHS), released initial data from May 2023, the first month of Apple Health (Medicaid) renewals. During the COVID-19 pandemic, Apple Health clients did not need to provide renewal information to maintain their health care coverage. With the ending of the public health emergency, federal law requires states to resume eligibility verification over the next year. More than 2.3 million Washington State residents are covered by Apple Health. The state is engaging in extensive outreach efforts to make sure Apple Health clients update their eligibility information to avoid losing coverage they might still be eligible for. "Our goal is that every Washingtonian who is eligible for Apple Health stays on Apple Health," said Sue Birch, HCA executive director. "We urge people to make sure their information is up to date. If you have a friend or family member on Apple Health, please encourage them to reach out to us and update their information. "After extensive outreach, in the month of May, HCA conducted eligibility reviews for 230,000 clients.

- HCA automatically renewed coverage for about half of those clients using available information from DSHS programs like the Supplemental Nutrition Assistance Program (SNAP) and cash assistance programs, employment and income data, and other available data sources.
- HCA, the Exchange, DSHS, managed care organizations, providers, and many other community partners have actively assisted clients through multiple outreach opportunities to help people to update their information and maintain Apple Health coverage.
- Roughly 116,000 people, representing approximately 5 percent of the overall Apple Health covered population, were disenrolled from coverage due to various reasons: About 83,000 people were disenrolled after automatic eligibility checks were completed and the person did not respond to multiple requests to update their information. Clients are given at least 45 days to complete a renewal. This is a large initial proportion, but it is consistent with expectations. Disenrollment numbers are expected to decrease over the next 12 months, likely meaning that many people who needed Apple Health during the pandemic have regained employer-sponsored insurance or found coverage through Washington Healthplanfinder or now qualified for Medicare.
- If an Apple Health client's coverage is terminated for not renewing, they have a 90-day reconsideration period, which allows them to reenroll and return to coverage. If they are determined eligible for Apple Health, their coverage will be reinstated back to the day they were disenrolled, leading to no gap in coverage. Clients who miss their 90-day reconsideration period can still reapply for coverage at any time.

Cascade Medical Foundation golf tournament raises over \$46,000 for cardiac rehab center

SUBMITTED BY NEVONNE MCDANIELS

Cold hands and warm hearts were the theme on a very brisk, blustery June 19 when 120 golfers gathered for the Marson and Marson Cascade Golf Classic at Kahler Mountain Club.

Their contributions, combined with the generosity of business sponsors, donors and volunteers who helped organize the event, helped Cascade Medical Foundation raise more than \$46,000 for a new cardiac rehabilitation center at the Leavenworth hospital. The tournament's proceeds cover more than half the \$87,000 needed to purchase equipment and training that will offer Upper Valley cardiac patients' life-extending rehabilitation closer to home.

"Our tournament format is designed to make the event fun for both serious and occasional golfers," said Foundation Board Member Rich Adamson, who served as co-chair of the golf tournament this year. "Despite Mother Nature's unusually chilly reception, our full slate of golfers and over 40 volunteers seemed to really enjoy the event. The competition was as fierce as the wind and, even though prizes were awarded to four low Gross and four Net scoring teams, in the end the big winner was

the Cascade Medical Center and the many patients it serves."

Prizes — and bragging rights — also were in the mix. Two teams tied for the low gross score. One of the two included Ken Bauman, Randy Alexander, Dennis McMahon and Dave Easterly, representing the Der Sportsman-sponsored team. The other team included Kyle Carey, Weston Worthen, Kyle Lewis and Gary Waunch. Players from both teams have been in the winning circle in years past. The low net score tally also resulted in a draw. The top two teams included Brant Truman, Aaron Edwards, Shawn Ottley and Doug Gibson, all members of the Lake Chelan Community Hospital staff, and the team of BJ Hitchcock, Kim Ronbeck, Kerry Cruze and Grady Cruze, who also are previous tournament winners.

On-course events included two Closest to the Pin contests, a traditional Long Drive and Limited-Flite Long Drive contest. Early birds also participated in pre-tourney putting and chipping contests.

Eight high-value raffle prizes — including thrill rides, relaxing



PHOTO BY TIM CAMPBELL

Golfers Dan Eutsler, Josh Jameson, Brian Vincent and Jim Dolstad pause for a team photo during the Marson and Marson Cascade Golf Classic June 19 at Kahler Mountain Club near Lake Wenatchee. They were four of 120 golfers who participated this year in Cascade Medical Foundation's tournament, now in its 20th year. Between golfers, sponsors and volunteers, the event helped raise more than \$46,000, which will be used for a new cardiac rehabilitation center at Cascade Medical.

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Safeway



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How to Cook Dried Beans

Beans are one of the nicest ways to eat protein. They provide fiber for the bowels, texture to the dish and are (usually) easy on the pocketbook. I came across this method of making three bean salad while rummaging

through the fridge one day and I realized I had four open jars of dill pickles; one was half full and the other three only had a pickle or two in the bottom. I put all the pickles in the half full jar, measured out the left-over juice and had about a cup of pickle juice. So, I made three bean salad out of it. Rummager's Three Bean

Salad is like jazz, never the same twice!

I use the basic three step Sort, Soak and Simmer method of cooking dried beans, including garbanzo beans.

Step One: Sort and take out any moldy beans, split beans and 'not beans' (rocks, stray corn, that stuff) then wash them in water, discarding any that float.

Step Two: Soak them overnight in two times the amount of water as there are beans, (that would be two cups of water for every cup of dried beans) adding ½ to 1 teaspoon (tsp.) salt per cup of beans to the soaking water.

Step Three: In the morning, leave the beans in the soaking water and simmer them for a few hours until they are tender, adding water as needed. (I don't pour the soaking water off and replace it with fresh water because

the salt ions displace the calcium and magnesium ions from the bean skins helping to make those minerals more available to the body.)

After step three when the beans are your type of tender you can pause in the cooking process and freeze them for ease of use. I like two cups per sandwich bag because that is about equal to a 15 oz. can of beans and I can use my home cooked frozen beans in any recipe that calls for a 15 oz. can of beans. But if your family is bigger and you have other plans for your beans, quart and gallon bags work just as well.

I try to freeze only as many beans as I will be using within a month. My freezer space is precious, and beans are shelf stable (won't 'go bad') just as they are dried out in a bag. I protect mine from critters (mice) by putting them in plastic

totes and checking the totes monthly for chew spots.

Rummager's Three Bean Salad

- One or two cups cooked garbanzo beans
- One or two cups cooked red, pinto, black, canary, pink or any other dried bean
- One or two cups cooked or canned green beans
- ¼ to 1½ cup brown or white sugar
- ¼ to 1½ cup of any combination of excess dill pickle juices
- (If there's no pickle juice regular vinegar works just fine.)
- ½ to 1 cup vegetable oil
- ½ to 1 cup thinly sliced onions (optional)

Mix all together and enjoy.

About the author: In 2000 Michele Priddy left the work

force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, *The Goldendale Sentinel*. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho.com or Michelle's email: mykitchenstrategies@gmail.com if you have any questions or comments.

Chelan PUD, YMCA agree in principle to terms redeveloping part of Fifth Street campus

SUBMITTED BY TEKA SELLERS
Chelan County PUD

WENATCHEE - What is now a utility warehouse is one step closer to becoming the site of a bustling community hub. Chelan PUD staff presented draft terms of a potential purchase and sale agreement for a portion of the PUD's Fifth Street Campus for Commissioner consideration. The YMCA plans to redevelop part of Chelan PUD's current headquarters into a new, expanded YMCA facility. Under the draft proposal, the YMCA would purchase a

parcel of about 85,000 square feet on the eastern side of the Fifth Street campus. The nonprofit plans to demolish the existing warehouse, office and shop sometime in the spring of 2024, and prepare the parcel for construction. The PUD would relocate water, stormwater, and electrical infrastructure to enable redevelopment of the entire site, including the future YMCA facility. The PUD will also be responsible for the construction of an internal roadway and sidewalk through the 7.5-acre campus. Once vacant, the appraised value of the 85,000 square-foot

parcel is estimated at \$1.49 million. Chelan PUD will offer a \$1.09 million credit to the YMCA for demolition and site preparation costs. After the credit, the proposed sale price of the property will be \$400,000. "The YMCA is grateful to the PUD commissioners and staff for this opportunity. This is one more step towards realizing our goal, vision, and promise to best serve the community for the next 100 years, and we are excited," said Dorry Foster, CEO of the Wenatchee Valley YMCA. "I'd like to add my enthusiasm for this project as well," added

PUD Commissioner Garry Arseneault. "This Term Sheet with the YMCA would go a long way towards fulfilling the PUD's commitment to the community and to our PUD customers to provide long-term value and benefit once we have moved to the new Service Center in Olds Station. The PUD and YMCA began negotiations in February after the PUD board of commissioners asked staff to pursue anchor uses for the 7.5-acre former headquarters. The PUD is also in negotiations with Music Theatre of Wenatchee, which is interested in the

PUD's Fish & Wildlife building adjacent to the Riverside Playhouse building on the west side of the campus. The negotiations with the YMCA and Music Theatre are in line with public input collected early in the process to ultimately provide a development that supports the economic and social wellbeing of the community. In other news, commissioners:

- Heard a report on new inquiries regarding Level 3 (480-volt) charging stations for electric vehicles in Wenatchee, the Chelan area and Cashmere.

- Heard recommendations to change a policy that allows customers who install utility infrastructure to recover a portion of the costs from customers who connect later and benefit from that work.
- The recommended changes would improve customer experience and align with industry best practices.
- Approved a \$902,000 capital budget revision to complete fiber expansion and distribution system improvements at lower Blewett Pass, for a project total of \$1,788,000.

WA 211 Helpline sees jump in calls

By ERIC TEGETHOFF
Washington News Service

A helpline to help people connect with resources when they're in need has seen an uptick in calls to its service. However, funding remains a barrier to serving more people. Washington 211 can connect people with about 17,000 resources from its database. The helpline's director, Tim Sullivan, said referral specialists determine what a person needs when they call. "When somebody calls, they're presenting one need - like housing," said Sullivan, "but typically, there's other

needs that are identified during that interview. And then, the information specialist searches the database we have, and then tries to provide up to three resources per need for that individual." Sullivan said 211 can provide other resources including for legal issues, utility assistance and veteran and senior services. The helpline partnered with the Washington State Department of Health to provide a COVID hotline during the pandemic. The number of calls jumped from about 250,000 in 2019 to 400,000 in 2020, Sullivan said, and it hasn't come down since then. His organization asked for

\$5 million in this year's budget to expand its services - but the request was turned down. "So, it's really difficult for us, without getting additional funds from the state, to be able to continue to operate at a level that we need to," said Sullivan, "especially with the new rise in people that are needing assistance." According to its data from the past year, about one third of calls to 211 concern housing. Sullivan said his organization has also been helping with Ride United Transportation Access, a partnership with Lyft to get people to places like job interviews and medical services.

- **Downtown Steering Committee**, 10 a.m., meet in the Council Chambers and Zoom. (4th Tues.)
- **Housing Committee, Public Safety Committee, Finance Committee: No meetings**, reports are in Council packets. police and fire representatives speak at the beginning of the meeting. (4th Tues.)
- **City Council Study Session:** 5:30 p.m. City Hall Council Chambers, (2nd Floor) and Zoom. (2nd & 4th Tues.)

- **Planning Commission:** 7 p.m., Council Chambers and Zoom. (1st Wed.)
- **PRSA Meetings:** 3 p.m., City Hall Conference Room (Upstairs) (2nd Wed.), every other month (May, July, Sept., Nov., Jan., and Mar.).
- **Design Review Board:** 3 p.m., meets in the Council Chambers and on Zoom. (2nd & 4th Wed.)
- **Parking Advisory Committee:** 4 p.m., meet In the City Hall Conference Room and on Zoom. (3rd Thurs.)

The Contract

Unveiling the healing power of forgiveness

A novel by local writer
William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of

that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgmentalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to Carol@leavenworthecho.com. Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.

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Local, Regional Community News & Events

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- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-782-3781, email: reporter@leavenworthecho.com

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a day-time phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to Publisher@leavenworthecho.com or Reporter@leavenworthecho.com

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

Contact the listed organizations or events for updates.

COMMUNITY CALENDAR

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District: meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
Senior Center: Lunch, noon, \$8 per meal. RSVP 509-548-6666.
Ukulele Circle: 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)
Greater Leavenworth Museum board meeting 3-5 p.m. Everyone is invited as a guest contact: Matt@leavenworthmuseum.org for meeting information. (2nd Thurs.)

Friday

Veteran Service Office: For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristalls at Noon. Call President Mahala Murphy-Martin, 1-206-227-1576, for more information.
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: Leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
Leavenworth Mosquito District board meeting (1st and 3rd Mondays), 7 p.m. via ZOOM link posted at https://leavenworthmosquitocontrol.org/activity-calendar.html or contact Jenny 509-548-5904
Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Cascade Medical Board Meeting, 9 a.m. Call Cascade Medical, 509-548-5815. (4th Tues.)
Cascade Education Foundation. Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
Senior Center: Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: Leavenworthseniors@gmail.com
Music, call Steve, 509-548-7048. (1st and 3rd Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org
Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries.org
Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m.- 2 p.m. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Now open daily 11-4. Check their Facebook page or website at http://www.leavenworthmuseum.org www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.
Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene, 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.

Leavenworth

Tennessee River Boys Concert

The Tennessee River Boys perform their captivating Country Gospel Music in concert on July 28 at 7 p.m. at Leavenworth Church of the Nazarene, 111 Ski Hill Drive, Leavenworth. It's sure to be an uplifting performance that will touch your heart! Admission is free. All ages are welcome! Questions? Call 509-548-5292. The Tennessee River Boys were the Josie Music Awards Gospel Christian Entertainer of the Year in 2016, 2017 and 2018. They have sung at The Grand Ole Opry, Dollywood, Gatlinburg, and more.

Free Community Supper

Thursday, July 20 from 5-7 p.m. at the Leavenworth Community Methodist Church at 418 Evans St. All ages, families and singles welcome. Contact: Judy, 509-885-2990.

Summer activities at the libraries

Storytimes at Leavenworth Library on Tuesday mornings. 10:15 a.m. for Babies, 11 a.m. for Preschoolers. Crafternoons and STEM programs are Wednesdays at 2 p.m. Check

with the Leavenworth Library for details, 509-548-7923.

Stuffed Animals invited to spend Night in the Library on Tues. Aug. 1 from 5 -7 p.m. Leavenworth Library

Teen/Tween Crafting on Thursday, July 13 from 4-6 p.m. with sodas and snacks. Movie Afternoon on Tues. July 25 at 3:30 p.m. Peshastin Library (509) 548-7921.

Art Show at the Leavenworth Library for Claudia Elliott from July 5 through Aug 11. Claudia was the art teacher at Cashmere High School for 17 years. She will be showcasing her demonstration art pieces she used when teaching. This will include many different types of media including a piece made from repurposed wood from the Cashmere gym floor.

Leavenworth Lions Club

Will be serving up hot dogs, a side, and water from our Den at Lions Club Park on Thursday, July 13, from 5- 8 p.m. Sale proceeds will benefit key Lions Club community initiatives. All tips will benefit our Leavenworth Community Swim Team.

Cashmere

Library Story Walk

Cashmere Riverside Park, with storytelling and activity

stations on Thursday, July 20 from 9-10:30 a.m. Questions? 509-782-3314

Gnome Week

Adults and Teens come celebrate Gnome week from July 25-28 with us. Pick a Mushroom or Gnome to paint and take home. All paint and supplies will be provided. Please sign up for this free event so we can reserve your spot. There's Gnome place like Cashmere. This activity event is for the adults and teens/ high school age group and is presented by Librarians, Lisa, and Ashley.

Regional

The Cascadia Conservation District Regular Board

The meeting will be an in-person and call-in / Zoom meeting, held on Friday, July 21, 1:30 p.m. If you wish to attend in person, please call the office as space is limited. More information and instructions will be available on our website at cascadiacd.org or by calling the District office, 509-436-1601.

Let it go.
ECHO - Record Classifieds
509-548-5286

Sheriff/Fire/EMS
The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

<p>June 30</p> <p>02:04 Public Assist, 321 9th St., Loge</p> <p>09:48 Court Order Violation, 100 Ski Blick Strasse</p> <p>11:59 Disturbance, 9101 Icicle Rd.</p> <p>12:09 911-call, 309 8th St., Post Hotel</p> <p>13:27 Civil Dispute, 100 Ski Blick Strasse</p> <p>14:48 Runaway, 263 Mine St.</p> <p>15:50 Disturbance, 211 14th St., Das Thrift Has</p> <p>19:13 911-call, 309 8th St., Post Hotel</p> <p>20:30 Trespassing, 308 Zelt Strasse, Pine Village KOA</p> <p>21:04 Off-road Vehicle, Lynn, and School Streets, Peshastin</p> <p>21:30 Theft, 932 Front St., Twisted Couture</p> <p>22:07 Attempt to Locate/ Contact, Front and 9th Streets</p>	<p>Wenatchee</p> <p>17:08 Public Assist, Ash St., and Central Ave.</p> <p>18:51 Malicious Mischief, 9255 Foster Rd., Peshastin</p> <p>18:52 Attempt to Locate/ Contact, Colchuck Lake Trail</p> <p>19:38 Attempt to Locate/ Contact, Colchuck Lake</p> <p>20:06 Non-injury Accident, 116 River Bend Dr., Safeway</p> <p>20:40 Traffic Offense, US Hwy. 2 and Alpnsee Strasse</p> <p>21:05 Attempt to Locate/ Contact, Colchuck Lake Trail</p> <p>21:20 Theft, 309 8th St., Post Hotel</p> <p>22:21 Noise Complaint, Icicle and E. Leavenworth Roads</p> <p>22:35 Property, Leavenworth</p>	<p>Wenatchee Hwy.</p> <p>18:22 Animal Problem, Commercial and 9th Streets</p> <p>19:23 Animal Problem, Front, and 9th Streets</p> <p>19:23 911-call, 100 Enchantment Park Way</p> <p>19:50 Welfare Check, 116 River Bend Dr., Safeway</p> <p>19:59 Welfare Check, 24606 Spur St., Plain</p> <p>20:32 Civil Dispute, 8333 River View Rd., Peshastin</p> <p>20:54 Traffic Offense, US Hwy. 2, and Deadman Hill Rd., Peshastin</p> <p>21:39 Fireworks, 10001 School St., Peshastin</p> <p>22:34 Disturbance, Karl Rd. and SR 207, Lake Wenatchee</p> <p>23:22 Agency Assist, 330 Prospect St.</p>
<p>July 1</p> <p>09:22 911-call, 9028 E. Leavenworth Rd.</p> <p>09:52 Non-injury Accident, 505 US Hwy. 2</p> <p>10:47 Welfare Check, 116 River Bend Dr., Safeway</p> <p>11:00 Littering, Derby Canyon Rd., and Main St., Peshastin</p> <p>11:25 Suspicious Circumstance, Derby Canyon Rd. MP 3, Peshastin</p> <p>11:53 Traffic Offense, Bridle Ln., and Camp 12 Rd., Plain</p> <p>11:55 Welfare Check, 11114 Merry Canyon Rd.</p> <p>12:24 Agency Assist, Stevens Pass</p> <p>14:22 Property, 300 Enchantment Park Way</p> <p>16:50 Unknown-injury Accident, 7600 US Hwy. 97, Peshastin</p> <p>18:12 Malicious Mischief, 95 Norling Ln.</p> <p>20:22 Traffic Offense, State Haul and Beaver Valley Roads, Plain</p> <p>20:36 Agency Assist, SR 207 MP 3, Lake Wenatchee</p> <p>22:50 Assault, 100 Ward Strasse</p> <p>23:06 Traffic Offense, Leavenworth Ski Hill</p>	<p>July 3</p> <p>09:11 Non-injury Accident, Icicle Rd., and Alpine Pl.</p> <p>09:47 Welfare Check, 3991 Camas Creek Rd., Peshastin</p> <p>09:50 Parking/ Abandoned Vehicle, 71 Merritt Ln., Lake Wenatchee</p> <p>10:00 Agency Assist, 21318 Quarter Rd., Plain</p> <p>11:17 Traffic Offense, Chiwawa Loop Rd., and Lake Wenatchee Hwy.</p> <p>13:26 Civil Dispute, 10705 Fox Rd.</p> <p>16:54 Public Assist, 22744 Lake Wenatchee Hwy.</p> <p>17:18 Unknown-injury Accident, 22900 block Lake Wenatchee Hwy., Lake Wenatchee</p> <p>18:26 Suspicious Circumstance, 10990 US Hwy. 2</p> <p>22:09 Suspicious Circumstance, 9500 block E. Leavenworth Rd.</p> <p>23:27 911-call, 9205 Merry Canyon Rd.</p>	<p>July 5</p> <p>07:21 Civil Dispute, 21515 Camp 12 Rd., Plain</p> <p>07:35 Civil Dispute, 12821 Fish Hatchery Rd.</p> <p>11:08 Burglary, 4690 Icicle Rd.</p> <p>11:57 Disturbance, 116 River Bend Dr., Safeway</p> <p>13:43 Public Assist, City of Leavenworth</p> <p>17:02 Welfare Check, 116 River Bend Dr., Safeway</p> <p>21:25 Property, 116 River Bend Dr., Safeway</p> <p>23:28 Assault, 221 8th St., Ducks and Drakes</p>
<p>July 2</p> <p>04:32 Trespassing, 185 US Hwy. 2, Fairbridge Inn</p> <p>08:21 Property, 520 Pine St.</p> <p>14:14 Harassment/ Threat, 10705 Fox Rd.</p> <p>15:12 Traffic Offense, Chumstick Hwy. MP 6</p> <p>15:51 Public Assist, 22744 Lake Wenatchee Hwy., Lake</p>	<p>July 4</p> <p>00:39 Traffic Offense, 10461 Stemm Rd., Smallwood's, Peshastin</p> <p>02:40 Domestic Disturbance, 100 Ward Strasse</p> <p>02:41 Domestic Disturbance, 116 Cowboy Ln., Lake Wenatchee</p> <p>09:34 Trespassing, 1010 Main St., Barn Beach</p> <p>09:51 Domestic Disturbance, 100 Ski Block Strasse</p> <p>10:50 Animal Problem, 22108 Appaloosa Ln., Lake Wenatchee</p> <p>15:44 Disturbance, 301 Ward Strasse, Hampton Inn & Suites</p> <p>15:58 Public Assi st, 22744 Lake</p>	<p>July 6</p> <p>00:56 DUI Arrest, Chumstick Hwy. and North Rd.</p> <p>08:29 Civil Dispute, 3419 Ingalls Ln., Peshastin</p> <p>10:34 Parking/ Abandoned Vehicle, 13995 Brae Burn Rd., Lake Wenatchee</p> <p>11:58 Property, Blackbird Island</p> <p>13:08 Parking/ Abandoned Vehicle, 9704 E. Leavenworth Rd.</p> <p>13:57 Public Assist, 12997 Chumstick Hwy.</p> <p>14:46 Public Assist, 9189 Anderson Canyon Rd., Peshastin</p> <p>14:50 Animal Problem, 817 Commercial St.</p> <p>14:52 Parking/ Abandoned Vehicle, 715 Front St.</p> <p>15:02 Public Assist, 22744 Lake Wenatchee Hwy.</p> <p>16:02 Public Assist, 22744 Lake Wenatchee Hwy.</p> <p>20:20 Public Assist, Leavenworth</p> <p>21:23 Attempt to Locate/ Contact, Colchuck Lake</p>

For the latest local news and advertising see the NCW Media websites...

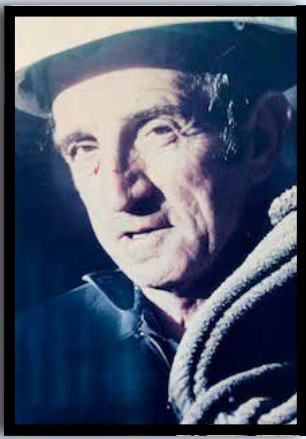
leavenworthecho.com
cashmerevalleyrecord.com
qcherald.com
NCWBusiness.com
lakechelanmirror.com

OBITUARY

William "Bill" Louis Hall

November 3, 1935-June 30, 2023

William "Bill" Hall, age 87, passed away peacefully at home on Friday, June 30, 2023, with his family surrounding him. He was born on November 3, 1935, in Bervard, North Carolina to Jessie James and Alda (Banks) Hall and was the youngest of 13 siblings. In his younger years, while living in North Carolina he would spend many nights with his buddies rebuilding race cars for big name races like Dale Earnhardt Sr., and several other big-name racers that raced cars on the tracks in Hendersonville, North Carolina. There wasn't an engine he couldn't fix. If he came across anyone who was having car trouble, he would stop and lend a hand. If he wasn't trimming trees or working on cars, he would be out on the golf courses caddying for Ben Hogan and Sam Snead. He was also a part of the "Tennessee Cloggers". In the early 60's he met the love of his life Nancy, at a local drive-in restaurant Hendersonville, North Carolina.



Church of the Nazarene. He loved his family and church family and serving them in any way he could.

He spent 43 years working for Asplundh Tree Expert Company, trimming trees for the PUD's which took him from North Carolina to California, then settling in Washington in 1967. After working a full day, he would do private tree jobs for people. He and his family settled in Leavenworth in August of 1977. He loved the great outdoors and spent a lot of time fishing, hiking, hunting, and camping. He and his family spent many summer weekends camping up at Fish Lake in Leavenworth. He was a member of the Leavenworth

He is preceded in death by his parents, Jessie James, and Alda Hall, 12 siblings and a daughter, Regina Gay. (Sierra Delourier). He is survived by his wife, Nancy, and daughters Linda "Hall" Pfister and husband, Kenny of Leavenworth. Susette Hall and Kay Livingston of North Carolina. Granddaughter's; Krista "Pfister" West and husband Alex, Karlen "Pfister" Martin and husband Drew, Ashleigh Dunn, Kaleigh Craig and grandson, Brandon Styles all of Leavenworth. Great-grandchildren, Jayden Duncan - Styles, McKinley Stegeman- Styles, Lincoln West, Makena, and Finley Martin. The family would like to invite you to a Celebration of Life reception on July 21, 2023, 2 p.m. at the Leavenworth Church of the Nazarene 111 Ski Hill Drive Leavenworth, WA. In lieu of flowers, the family is requesting that contributions be made to the Leavenworth Church of the Nazarene "playground" fund. Heritage Memorial Chapel in East Wenatchee is handling the arrangements.

Local artist Nena Howell, debuts art at Gallery 110 as EmergEAST finalist

By SHAYLEY TIMM
Gallery 110

SUBMITTED PHOTO.
Nena paints a familiar Christmas scene of Front Street in Leavenworth

Founded in 2018, Gallery 110's Emerging Artist Program provides visual artists exhibition opportunities, subsidized gallery membership and other resources to help grow their art career. This year, eligible applicants are those emerging visual artists who live in Eastern Washington without significant solo exhibitions and/or gallery representation. With this program, we sought to support artists from predominantly rural regions in WA who are not afforded similar access and opportunities to connect with larger audiences in metro areas.

During an inspiring reception celebrating the ten finalists from eastern Washington at Gallery 110 in Seattle, the jurors selected three awardees:

- Sarah Barnett, Core membership
- H.R. Emi, Affiliate membership
- Nena Howell, Affiliate membership

Congratulations to Sarah, H.R., and Nena as we welcome them into the gallery community.

At Gallery 110, we have two categories of membership: Core and Affiliate. Both afford different exhibition opportunities and full access to other gallery benefits for both levels. An Affiliate level was established to provide more accessible membership options for different artist needs.

As is often the case, selecting artists for awards is always challenging as each artist has a unique vision, background, need for support, and experience presenting their artwork. Each of the 15 artists that originally exhibited at Heritage University in Toppenish, and the 10 finalists chosen to exhibit in Seattle were all very deserving artists and are to be commended for their efforts in creating and exhibiting their artwork in each venue. Congratulations to all.

The EmergEAST Finalist Exhibition is a collaboration with Heritage University Art Department and Gallery 110 in Seattle and generously supported in part by the Robert B. McMillen Foundation,



4Culture, the Seattle Office of Arts and Culture, and generous donations from the community.

The EmergEAST Finalist Exhibition will be on display at Gallery 110 from June 1 - July 1, 2023. Join us in celebrating these fantastic artists. Gallery hours are Thursday - Saturday from 12 p.m. - 5 p.m. and by appointment.

Artist statement from Nena Howell:

Like my ancestral spirits beating on their drums, my work is born out of that feeling of celebration and rhythm. I find a sweet calmness in that soft, intertwined place with my brushes and oils. When I'm in that in-between space that connects, it creates a fluidity that enlivens and energizes my palette.

Every day is an imaginative quest lost in time. I bring themes of survival, connection, stewardship, respect, and

gratitude forward on canvas. I seek out and witness pursuits and passions that enmesh that intimate connection between people and nature. With transparent and thick strokes where figures meet nature. My contemporary figurative artist with reverence for my Northwestern coastal Tlingit formline and abstract expressionism style.

I continue to find inspiration from artists such as Richard Schmid, Lee Krasner, Jeffrey T. Larson, Preston Singletary and, of course, the works of my late grandfather, master Tlingit artist, Rudolph Walton from Sitka, AK. His works can be found at the Burke Museum, Seattle, Washington and in all Pacific Northwest and Canadian museums.

Reverence for my elders, stewardship for all people, land and sea finds pride of place in my work. My work is an expression of the movement and spiritual energy that connects all life.

I've always revered the tools in my hands - garden implements, playing board/card games, and drawing tools. My brushes and oils are my air and water. It's more than materials and what can be seen, it's presence and a guiding fluid energy that connects and celebrates all sentient life.

Background: Nena feels her ancestral spirits guide as she creates her contemporary figurative oil paintings. Nena's work is an expression of movement and connection that intersect people and nature. Born from her Tlingit Indian and Ukrainian roots she strives to infuse each work with themes of abundance, wellness, and stewardship. After a full career in business and marketing, in the winter of 2020, Howell pivoted full-time to the development of her art. She currently works from her studio in Wenatchee, not far from her childhood home in Edmonds, Washington.

Obituary & Memorial Policies

NCW Media, Inc.: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

UPPER VALLEY CHURCH GUIDE

New to our area? On vacation? These churches welcome you!

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH
103 Aplets Way • 509-782-2869
Sunday School, all ages, 9 a.m. Worship 10 a.m.
Bible Study, Wed., 6:30 p.m.
Pastor Bob Bauer
Find us on Facebook at Cashmere Baptist Church

CASHMERE PRESBYTERIAN CHURCH
303 Maple Street • 509-782-2431
Sunday Morning Worship 10:30 a.m.
Call for activities: Pastor Charles Clarke
www.cashmerepres.org

CASHMERE COMMUNITY CHURCH
213 S. Division • 509-782-3811
In-person Service, Sunday, 11 a.m. until further notice.
Pastor Lilia Felicitas-Malana
cashmerecommunitychurch@gmail.com



Sunday Worship Service at 10 am
Lead Pastor Steve Haney
5800 Kimber Rd., Cashmere
509-295-8006
christcentercashmere.com



GRACE LUTHERAN CHURCH
• 509-860-0736 401 Elberta Ave.,
Morning Prayer or Holy Eucharist.
Services, 10 a.m.
Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH
• 509-860-0736 222 Cottage Ave.,
Morning Prayer or Holy Eucharist.
Services, 9:00 a.m.
Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH
Hwy 2 at Dryden Ave. • 509-782-2935
Sunday School 9:30 a.m.
• Worship 10:45 a.m.
Pastor Steve Bergland

MID-VALLEY BAPTIST CHURCH
8345 Stine Hill Rd. • 509-782-2616
Worship Service, 10 a.m.,
Sunday School, 9 a.m.
Pastor Mike Moore
www.midvalleybaptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH
Office: 509-548-4331
11025 Chumstick Hwy.
Please join us Sunday mornings
9 a.m., Sunday School
10:30 a.m., Worship Service

CORNERSTONE CHURCH
Leavenworth Grange Hall
621 Front St.
info@cornerstoneleavenworth.com
Sunday Worship - 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH
418 Evans Street • 509-548-5619
10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout
Leavenworthumc.org
leavenworthumc@outlook.com cashmerecommunitychurch@gmail.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
10170 Titus Rd. (across from middle school)
Church: 509-548-7667
Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA
"Reconciling Works Congregation"
224 Benton Street • 509-548-7010
Worship 9:30 a.m. w/coffee following
Eva Jensen, Pastor
https://www.cleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC
429 Evans Street, 509-470-7745
Sunday Worship: 11 a.m.
Website: www.leavenworthbaptist.com
Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE
111 Ski Hill Drive, 509-548-5292
Sunday Worship 9 a.m.
Lead Pastor: Greg Appleby
Youth Pastor: Paige Derossett
Worship Pastor: Jacob Mitchell
www.LCN.org

SEVENTH DAY ADVENTIST CHURCH
10600 Ski Hill Drive • 509-548-4345
Saturday Services • Bible Study 9:30 a.m.
Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER
210 Benton Street • 509-548-7138
Sunday Worship 10 a.m., Prayer 6 p.m.
Wednesday Bible Study 6:30 p.m.
Pastor Russell Esparza

MONITOR

MONITOR UNITED METHODIST CHURCH
3799 Fairview Canyon • 509-782-2601
In-person service, Sunday, 9 a.m.
Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH PLAIN COMMUNITY CHURCH
8455 Main Street
Sunday Worship 10 a.m. • Pastor John Romine
www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH
7591 Hwy. 97 • 509-548-4222
Sunday Worship, 10 a.m.
Pastors, Darryl and Mindy Wall
Email: newlifeleavenworth@gmail.com
FB page: newlifeleavenworth
www.newlifeleavenworth.com

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12565 Chapel Dr. 509-763-3621
Looking for you at 10:30 this Sunday!
plaincommunitychurch.org
facebook.com/plaincommunitychurch
office@plaincommunitychurch.org

Apple Health

CONTINUED FROM PAGE 1

HCA and the Exchange will work with clients who are no longer eligible for Apple Health to ensure they are provided information on how to enroll for other affordable coverage options through the Washington Healthplanfinder. If they are over 65, they will receive information about applying for programs that help pay for Medicare.

HCA, DSHS, and the Exchange are taking proactive steps to ensure eligible individuals are not terminated from coverage due to procedural reasons, including:

- Spreading renewals out over 12 months, which provides time to run a smooth process and prevent systems from

getting backlogged. This reduces burden not only on individuals and families, but also on state eligibility systems. Taking the time to do the process correctly will ensure those eligible for continued coverage do not experience a gap in care and those no longer eligible can transition to other sources of coverage.

- Partnering with managed care plans and using data available from the United States Postal Service to update people's contact information so that they receive the renewal forms.
- Enhanced outreach using text messages, phone calls, social media, radio and TV ads to clients who have not completed a renewal prior to coverage termination.
- HCA's volunteer ambassa-

dor program was launched within communities to help people stay informed on renewal processes. This adds to a robust network of Washington Healthplanfinder's navigators and brokers who assist people across the state in obtaining and maintaining coverage.

- Maximizing the use of data sources, such as income information from the Employment Security Department, and renewing individuals based on their eligibility for other programs, such as SNAP and Temporary Assistance for Needy Families (TANF). This helps reduce the need for some individuals to fill out and return a renewal form.
- "We want to ensure all

Washingtonians stay covered, whether it is a new qualified health plan, Apple Health, or employer sponsored," said Ingrid Ulrey, CEO at Washington Health Benefit Exchange powering Washington Healthplanfinder. "For those who are now above income eligibility, they will have the opportunity to enroll in high-value, low-cost Cascade Care plans, now available for as low as \$10 or less per month."

Apple Health clients and Washington Healthplanfinder customers are encouraged to update their contact information to ensure they receive their renewal notice over the next year to maintain their health coverage. Enrollment data will be published monthly at www.hca.wa.gov/phe.

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Keeping up WITH PEOPLE



PHOTO BY CAROL FORHAN

Current Leavenworth Rotary president, Mike Worden honors the new president, Mahala Murphy-Martin in a turn-over celebration on June 29, at Red Tail Canyon Farms. Every Rotary club has a new president on July 1 every year. The international theme for 2023-24 is Create Hope in the World, helping to understand mental health. Two other Rotarians Gary Schuster and Colin Brine were honored with Rotarian of the Year plaques.

Cascade Medical Foundation

CONTINUED FROM PAGE A1

getaways and nights on the town — also were presented. Now in its 20th year, the golf tourney is the Foundation's largest annual fundraising event. It is made possible with generous support of local businesses, including naming sponsor Marson & Marson Lumber and host Kahler Mountain Club. Other major sponsors include Cascade Medical Providers, Senior Leaders & Commissioners, Louws Truss Inc., Pinemeadow Golf Products, Dan's Food Market, Raymond James Financial, Webb Accountancy, Quest Diagnostics, Leavenworth Lions Club, Der Sportsman, Zarthan Lodge #148, and more than 50 Hole Sponsors and In-Kind Sponsors.

"The generosity of our

many local sponsors and 120 participants is simply incredible!" Adamson said. "It would not be possible for our foundation to support Cascade Medical at this level without your support. Thank you! I would also like to thank our many hardworking volunteers who helped make the event special, as well as the staff at Kahler Mountain Club for providing a fantastic venue and helping organize a great tournament." Golfers who want to get in on the action next year can circle Monday, June 17, 2024, on their calendars. Foundation board members will begin contacting sponsors this fall. Player registration will open in March.

Watch cascademedicalfoundation.org for updates or call the Foundation office at 509-548-2523.

The Greater Leavenworth Museum New Exhibit



PHOTO SUBMITTED BY GLM

In mid-June, the Greater Leavenworth Museum (GLM) opened their doors and welcomed guests to a much-awaited expansion of their First Peoples' exhibit. *šnpašq'wáwšəx'w:* We Are Still Here answers the question of many museum guests: "Where are the p'squosa people today?" With new engaging panels and audio/visual components, the expanded exhibit invites guests to pronounce words and phrases in the p'squosa's native *nxaʔamxóin* dialect, offers digital mapping showing ancestral lands, and educates visitors on the history of the p'squosa people. With the help of award-winning museum designer, Chris Erlich, project coordinator Mara Bohman, a dedicated group of p'squosa from the Colville Tribal Language, History, and Archeology Departments, and others who advised and directed this 2 year planning process, the exhibit tells the story of the p'squosa (the people in-between), in their own words, from their deeply rooted history to present day. The exhibit is now a permanent part of the Greater Leavenworth Museum. The Museum will be holding a public grand opening and celebration in mid-September. Details will be posted in local publications including the Leavenworth Echo and Wenatchee World and will be shared on the Museum's website and social media channels for a wider distribution. The Greater Leavenworth Museum is open daily from 11 a.m.-4 p.m on the second floor at 735 Front Street in downtown Leavenworth (an elevator is available for those with mobility challenges). Admission is free for members of the Confederated Tribes of the Colville Nation and for children under 17. Senior and adult entrance fees range from \$3.50 to \$5.00. Annual memberships are available at www.leavenworthmuseum.org.

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Both Sides of the Fire Line: Memoir of a Transgender Firefighter

BY WRI RANDEE ZERGER

Join the Wenatchee River Institute, A Book for All Seasons, and Wenatchee Pride for a Red Barn Event with retired firefighter, Bobbie Scopa, on Wednesday, July 19 from 7-8 p.m. in WRI's Red Barn in Leavenworth or via Zoom.

Scopa will be discussing her 45-year firefighting career — which includes a time spent here in the Wenatchee Valley.

She worked through nearly every challenge a firefighter can face. Scopa was a strike team leader for the Dude Fire in 1990, where six firefighters were tragically killed, and she served at Ground Zero immediately after 9/11. She's worked mountain rescues, city fires, mega-wildfires, and everything in between. In her memoir, Both Sides of the Fire Line: Memoir of a Transgender Firefighter, she bravely faces the heat of fierce challenges,

professionally and personally. In the book, "Bobbie Scopa shares her life as a man, a woman, and a firefighter. Each chapter of her life, and of this book, can help us to better understand what it means to be transgender." (Author, James Martin)

Come join us in hearing more about Bobbie's story. You can purchase her book from A Book for All Seasons at the event. Make sure to get it signed, too. Wenatchee Pride

will also be at the event to provide some information and resources. Admission is by donation and helps Red Barn Events continue and grow with help from local business sponsors.

Visit the website find out more details on upcoming Red Barn Events: <https://wenatcheeriverinstitute.org/>. Contact: Randee Zerger rzerger@wenatcheeriverinstitute.org 509-548-0181 ext. 7

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 Becki is a highly educated leader; Becki is always serving...

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- Federal Way Firefighter
- Seattle Police Officer
- Superior Court Guardian ad Litem
- College Professor of Business in Undergraduate and Graduate Studies at WSU
- Founder & Executive Director of Leavenworth Community Mental Health Clinic
- Youth Sports Coach

To learn more about Becki and her platform go to Beckisubido.com
 Paid for by the Committee to Elect Becki for Mayor.

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Administrative

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Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and **Online at NCWMARKE.COM** for **ONE week for FREE.** Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email classifieds@leavenworthecho.com or Lake Chelan Mirror 509-682-2213 or Quad City Herald 509-689-2507 or email mirrorads@lakechelanmirror.com
Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a **SPECIAL EVENT COMING UP? HAPPY BIRTHDAY CONGRATULATIONS! WILL YOU MARRY ME? HAPPY ANNIVERSARY**

Add unlimited text and pictures, video for your online ad at www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

The Lake Chelan or Quad City Herald or email mirrorads@lakechelanmirror.com For **The Leavenworth Echo or Cashmere Valley Record** Call 509-548-5286 or email classifieds@leavenworthecho.com

Employment

Help Wanted

Looking for a great local employee? It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site. **Want Print Only** for The Lake Chelan Mirror Quad City Herald Brewster Call 509-682-2213 or email mirrorads@lakechelanmirror.com OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworthecho.com
Deadline is Friday by Noon for the following Wednesday issues of all newspapers



Looking for a home for your Furry friend?
Try the pet section on NCWMarket.com

Help Wanted



Public Works-Truck Driver/Laborer

The Chelan County Public Works Department seeks two applicants for a Truck Driver/Laborer in the Leavenworth and Cashmere Districts. The duties include a wide variety of maintenance activities, such as flagging; performing manual labor; driving trucks with pups, sanders and plows; paving and chip sealing; and/or operating light and heavy equipment. The salary range is Step 4 at \$24.66 per hour up to Step 9 at \$31.19 per hour. Starting salary is Step 4 at \$24.66 an hour. Employees receive an ANNUAL progression of steps until reaching Step 9. Work includes opportunities for overtime. The position includes a state retirement system, with a deferred comp program available. Health insurance package includes Medical, Dental, Vision and county contributions to a personal health savings account. Typical work schedule is four 10-hour days during the summer and five 8-hour days in the winter. Includes 10 holidays and 2 or 3 floating personal holidays (dependent on hire date). This position requires a Washington State Driver's License, Class A CDL with Tanker Endorsement. We prefer candidates have current First Aid/CPR and flagging cards, but we will work with you to obtain within 4 months of employment. Applications and a detailed job description are available at the Chelan County Human Resources Career Opportunities page: <https://www.co.chelan.wa.us/human-resources/jobs> The application, letter of interest and resume must be returned to the Chelan County Human Resources Department, 400 Douglas Street, Suite #201, Wenatchee, WA, 98801, or emailed to human.resources@co.chelan.wa.us this position will remain open until filled.

For Sale

Appliances

For sale: Great for small office or apartment:
1 Rival brand small microwave, \$25.
1 Keurig coffee maker, \$20.
1 Toaster-Broiler oven \$20.
Call Carol 509-670-1723.

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Deadline: Noon on Friday for all papers.

Garage & Yard Sale

City of Leavenworth Surplus Garage Sale We are hosting a garage sale of items that the City no longer uses. There will be office supplies, furniture, tools and much more. The sale will take place during the Farmer's Market on July 27, 2023 from 4:00-7:00 PM. The sale will be held at the Osborn Elementary Gym at 225 Central Ave...follow the signs!

CLEAR SOME SPACE WITH A



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Print only? **Deadline Friday at Noon for all papers**

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Leavenworth Cashmere Call: 509-548-5286

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General Merchandise

Items for sale: 1960's Gray metal kitchen table-\$50
4 metal-framed chairs with burgundy cloth seats \$50
Nice wooden, 2 drawer legal file with folders,\$40
4 drawer standard size black metal file cabinet with folders \$50
Several desk cloth chairs \$25 each.
Some misc. wood tables Make offer.
Call Carol 509-670-1723 to see.
For Sale: AMEREX Carbon dioxide commercial fire extinguisher. \$50
Call 509-670-1723

Real Estate

Rentals

Arts and Crafts Retreat In Chelan Mountain Lake View vacation or vocation private, fully furnished on four acres. \$1700 monthly plus returnable deposit. windowsart.com Ron

Legals

Public Notices

Regular Meeting of the Board of Fire Commissioners

Change of Meeting Location The Board of Fire Commissioners of Chelan County Fire District 6 wishes to advise the public that the location of the regular monthly meeting of the Fire District Board on July 12 2023 has changed locations. This meeting at which regular district business will be conducted will take place at 7:00 p.m. and be held at the Peshastin Fire Station located next to the Peshastin Library Andy Lee, Fire Chief
Published in The Cashmere Valley Record/Leavenworth Echo on July 12, 2023. # 5998

Public Notices

2023-2024 Budget Hearing/Meeting to Adopt

The Cascade School District Board of Directors will hold a hearing on the 2023-2024 budget prior to the scheduled board meeting on Monday, July 17, 2023. The Hearing will begin at 6:00 pm in person (zoom option) with the regular board meeting to follow at 7 pm. Any person may appear there at and be heard for or against any part of such budget. Published in The Leavenworth Echo/Cashmere Valley Record on July 5, and 12, 2023. #5956

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF GRANT

No. 22-2-00062-13
SECOND SUMMONS BY PUBLICATION
FARRAH WARDENAAR (f/k/a FARRAH BROWN), a married woman, Plaintiff, vs.
JOHN R. WERST and VIRGINIA WERST, husband and wife; the UNKNOWN HEIRS of JOHN R. WERST; the UNKNOWN HEIRS of VIRGINIA WERST; ALBERT DIEDE and BERNICE DIEDE, husband and wife; the UNKNOWN HEIRS of ALBERT DIEDE; the UNKNOWN HEIRS of BERNICE DIEDE; HENRIETTA GRIFFITH, a single woman; KERRY JOHN GRIFFITH and JANE DOE GRIFFITH, husband and wife; LAURIE ANN GRIFFITH, as her separate property; and ALL UNKNOWN PERSONS CLAIMING AN INTEREST IN THE PROPERTY, Defendants.
THE STATE OF WASHINGTON TO THE SAID DEFENDANTS: UNKNOWN HEIRS OF JOHN R. WERST and VIRGINIA WERST, the UNKNOWN HEIRS OF ALBERT DIEDE AND BERNICE DIEDE, and ALL UNKNOWN PERSONS CLAIMING AN INTEREST IN THE PROPERTY

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this summons, to wit, within sixty (60) days after the 5th day of July, 2023, and defend the above-entitled action in the above-entitled court, and answer the complaint of the Plaintiff, FARRAH WARDENAAR (f/k/a FARRAH BROWN), a married woman, and defend a copy of your answer upon the undersigned attorneys for Plaintiff, FARRAH WARDENAAR (f/k/a FARRAH BROWN), a married woman, at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the complaint, which has been filed with the clerk of said court.

The object of Plaintiff's action is to quiet title in and to Grant County Parcel No. 15-0956-000, which is more particularly described as follows:

Those portions of the Southwest quarter and the West half of the Southeast quarter of Section 4, Township 17 North, Range 24, E.W.M., Grant County, Washington, not included within the boundaries of Irrigation Block 79, Columbia Basin Project, Grant County, Washington, according to the plat thereof filed April 17, 1956.
DATED this 29th day of June, 2023.

STW LAW, PLLC
By: Stephen W. Reagan,
WSBA #41328
Attorney for Plaintiff
Published in The Leavenworth Echo/Cashmere Valley Record on July 5, 12, 19, and 26, and Aug. 2, and 6, 2023. # 5959



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Public Notices

Public Notices

IN THE SUPERIOR COURT OF WASHINGTON FOR KING COUNTY
 In Re The Estate of: ELLEN I. JOHNSTON, Deceased
 No. 23-4-04113-2 KNT
 PROBATE NOTICE TO CREDITORS (RCW 11.40.030) (NCRD)
 The person named below has been appointed as Personal Representative of this Estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
 Date of First Publication: July 5, 2023
 Personal Representative
 Print Name: Mark J. Hillman
 Address for Mailing or Service: 2323 SW 300th St.
 Federal Way, Wa. 98023
 Court of probate proceedings and cause number: 23-4-04113-2 KNT
 King County Superior Court
 516 3rd Ave
 Seattle, Wa. 98104
 Published in The Leavenworth Echo/Cashmere Valley Record on July 5, 12, and 19, 2023. #5955.

NOTICE OF APPLICATION AND PUBLIC HEARING NOTICE IS HEREBY GIVEN
 that the Hearing Examiner for the City of Leavenworth will hold a Public Hearing to consider and make decisions on two **Conditional Use Permit Applications**. Hearing will be held at 10:00 am, Monday, September 11, 2023, online via Zoom; Meeting ID: 977 4642 4335; Passcode: 392506; or the call-in phone number: 1-253-215-8782.
CUP2023-024: A Conditional Use Permit application was submitted by Christine Baker & Kelly Fischer (owners) on May 31, 2023, and determined complete on July 5, 2023. The owners are requesting to operate a one-bedroom bed and breakfast (B&B) within an existing Accessory Dwelling Unit. The project is located at 214 Park Ave, within the Residential Low-Density 6,000 (RL6) zoning district; Assessor's parcel number 241711573006.
CUP2023-028: A Conditional Use Permit application was submitted by Terry Price (owner) on June 26, 2023, and determined completed on June 28, 2023. The owner is requesting to utilize two bedrooms within the primary residence as a Bed & Breakfast (B&B), pursuant to LMC 18.52.120. The project is located at 301 Commercial St, within the Residential Low-Density 6,000 (RL6) zoning district; Assessor's parcel number: 241712815090. The public is encouraged to attend via Zoom and to submit written comments prior to the hearing. The comment period begins on July 12, 2023 and ends on July 26, 2023. It is a right of any person to comment on the application, receive notice of and participate in any hearings, and request a copy of the decision once made, and a statement of any appeal rights. Materials may be viewed by appointment only at City Hall, or on the City's Public Portal at <https://lwnworth.wa.permittrax.com/Citizen/>; Search **LUA2023-024** and/or **LUA2023-028**, address, or use the interactive map. Questions may be directed to Amy McCoy, Community Development, phone 509-548-5275 or email amccoy@cityofleavenworth.com.
 Published in The Leavenworth Echo/Cashmere Valley Record on July 12, 2023. #5992.

Gentian violet - a compound that is both a dye and a medicine



sudden sneeze would haunt me for years. Pulling my lab coat out of the washing machine the following week, I stared in dismay. My pristine white coat was accented with bright purple speckles running across and down its front. Despite repeated bleaching, they refused to fade. I wasn't the only one with colored speckles on my lab coat, but mine was the most spectacularly purple-speckled lab coat for the entire rest of that year and the next.

Gentian violet is a compound that is both a dye and a medicine. Discovered in 1861, Hans Gram would report 13 years later that gentian violet could irreversibly color certain bacteria. This proved instrumental in classifying bacteria and became the basis for the Gram stain method of identifying bacteria still widely used today.

Gentian violet (AKA crystal violet) is used in laboratories across the globe to help identify bacteria. However, it's also an effective antibacterial and antifungal agent. Gentian violet can treat infections caused by gram-positive bacteria, which live on the skin, and yeast infections of the mouth, skin, and vaginal tract.

Although mostly replaced by newer antibiotics and antifungal agents, gentian

violet is still used in veterinary medicine and in developing countries. With resistance growing to our current antibiotics, gentian violet is getting a second look; not only is it practical, but it's also inexpensive, simple to use, with very few side effects.

Thrush in infants is usually treated with a suspension of nystatin painted on the inside of each cheek 3-4 times daily for a week. At the same time, it takes only one application of Gentian Violet 1%, the exact same product I made over 40 years ago in the pharmaceuticals lab, to treat thrush.

The main disadvantage to using gentian violet is the one I had personal experience with: it stains clothing. Although gentian violet will stain clothing forever, treated skin or mucous membranes only stay bright purple for about 2 weeks before fading.

Fluorescein is a dye used in diagnosing eye injuries and damage to your cornea. Small paper strips are soaked in a fluorescein solution, dried, sterilized, and sealed into individual packets. When the sterile fluorescein strip touches your eyeball, it mixes with tear fluid to create a fluorescein solution that coats your eye.

Healthy, intact corneal tissue won't pick up any fluorescein. In contrast, worn spots or abrasions from contact lenses appear as bright green areas. Foreign

bodies show up surrounded by a fluorescent green ring. The mild anti-infective action of fluorescein is also beneficial because injured eyes are very susceptible to infection.

Phenazopyridine is a reddish-orange dye. Sold as a prescription medicine under the brand name of Pyridium® in 100mg and 200mg coated tablets, phenazopyridine is also available without a prescription at a lower strength of 95mg in the products Azo®, Uristat®, and in generic "Urinary Pain Relief."

Originally used to treat bladder infections, phenazopyridine isn't very effective against bacteria. Instead, it can relieve urinary urgency, pain, and burning often experienced from a bladder infection, often within 15 minutes. Today, phenazopyridine is prescribed along with an antibiotic to relieve urinary urgency and burning of bladder infections.

When using it, remember that phenazopyridine is a dye. It turns urine deep reddish-orange and stains clothing.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com. ©2023 Louise Achey

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 CLASSIFIED ADS

One early September morning in 1977, I hustled up three flights of stairs to the third floor of College Hall at Washington State University in Pullman, for my first pharmacy laboratory session. I carried my brand-new white lab coat, which was mandatory attire for this and all future lab sessions. In my other hand was a pack of tissues because I was allergic to ragweed, which was blooming that week.

My assignment that day was to make a bottle of Gentian Violet 1% solution. The procedure was to precisely measure the required amount of powdered gentian violet, then add it to alcohol and purified water. Just 3 ingredients. What could go wrong?

Cautiously tapping the iridescent green crystals onto a pale green rectangle of waxed paper, I carefully weighed the pile, making sure I had 100mg. Picking it up, I cradled my precious powder. Returning to my lab station, I avoided bumping into anything or anyone. But as I set the crystals down on the black countertop, disaster struck: I had to sneeze.

I quickly turned my head, somehow avoiding spraying powdered dye across my lab bench. In relief, I promptly added the colored powder to my alcohol and water mixture before another sneeze could strike.

The rest of the morning went smoothly, but that

Medicaid and CHIP help families access mental health services for kids

STATEPOINT - The state of mental health among youth continues to be of public concern. According to the latest Centers for Disease Control and Prevention Youth Risk Behavior Survey, youth mental health problems have increased significantly over the past decade, reaching an all-time high.

For instance, from 2011 to 2021, the rate of female high school students saying they feel sad or hopeless increased from 36% to 57%; for male students this rate increased from 21% to 29%.

Stressors at school, home or elsewhere can cause mental health disorders to arise, leading to negative impacts on how children learn and build relationships with others. If your child may need mental health support and doesn't currently have health coverage, you have options. Free or low-cost coverage through Medicaid and the Children's Health Insurance Program (CHIP) offers many benefits, including doctor's visits, prescriptions, emergencies and the coverage of behavioral



PHOTO SOURCE: (c) SeventyFour / iStock via Getty Images Plus

Stressors at school, home or elsewhere can cause mental health disorders to arise, leading to negative impacts on how children learn and build relationships with others.

health services, including mental health services through pediatricians, mental health professionals, local community providers and organizations, as well as school systems. People who are pregnant or postpartum may also be eligible for this health coverage and mental

and behavioral health services.

Who qualifies for Medicaid or CHIP? Eligibility varies by state and is determined by how many people are in a household and household income. For instance, in most states, a family of four with household income up to \$60,000 per year may qualify for Medicaid, CHIP or both. To learn more about state-specific options, visit InsureKidsNow.gov or call 1-877-KIDS-NOW. Enrollment is open year-round.

What if my child currently has Medicaid or CHIP coverage? Medicaid and CHIP coverage must be renewed annually. If you or your children have Medicaid or CHIP, it's time to pay attention to your health coverage. Keep an eye on the mail for renewal information from your state. When it comes, complete the forms and send them back right away. Failure or delay in responding can result in you losing coverage, even if you are eligible for Medicaid and CHIP. If you have lost coverage, go to HealthCare.gov to find quality plans and help paying costs.

What types of services are covered through Medicaid and CHIP? To help care for all parts of a child's health, Medicaid and CHIP also cover routine health care visits, like

preventive care, dental and vision checkups, specialist visits, physical, speech and occupational therapies, and emergency services. These programs also cover a wide range of mental health and substance use services such as counseling, peer support services, inpatient psychiatric services and case management services for needed medical, educational and social services. Services are covered through Medicaid for children and teens up to age 21 and through CHIP up to age 19.

States have flexibility to determine if services may be delivered using telehealth. These services are necessary to prevent, diagnose and treat a broad range of mental health symptoms and disorders, as well as substance use disorders.

Caring for mental health is caring for overall health. Early detection and intervention of mental health and substance use issues is crucial to the overall health of kids, teens and people during and after pregnancy, and may reduce or eliminate the effects of a condition if detected and treated early. Take the time today to explore coverage options through Medicaid and CHIP.

Information provided by the U.S. Department of Health & Human Services

SUDOKU PUZZLE

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THEME: ANNUAL TRADITIONS
 ACROSS

- Verdant
- Vietnamese neighbor
- "Before" prefix
- Curved molding
- *It rings at midnight on Christmas Eve at church
- Yarn store unit
- Relating to armpit
- Criminal's surprise
- Nephew's sister
- *4th of July spectacle
- 1952 Olympics host
- 1,000 kilograms
- Meat sauce
- Vacation location
- French painter of "La Danse" fame
- Menu words (2 words)
- Lean
- Wine valley
- Impertinent
- *Annual Assumption tradition blesses it
- #2 Down, pl.
- Highest volcano in Europe
- Puppies
- Bit of binary code
- Dean's official residence
- Small stream
- Wine quality
- Bilbo Baggins' land
- Windsor family's sport
- *Popular New Year's libation
- Stored by bees
- ...-de-camp
- "On the ..." by Jack Kerouac
- Make laugh
- Tear
- Tibetan priest
- Woolen cap
- Banned insecticide
- Big Bang's original matter
- Bakery serving
- Scorch
- "Live and ..."
- Description for twins
- Auto pioneer
- Banana remnant
- Puerto
- Compass bearing
- "Jane Eyre" author
- Pig part
- *Action under mistletoe
- Like a damaged apple, possibly
- Jam container
- Torn down
- Fill with optimism
- Sweating room
- *Thanksgiving's main event?
- Beauty parlor
- Chiropractor's concern
- Painting holder
- Light gray
- "Wow!"
- *Birthday cake decorations
- Seize the throne
- Kind of humor
- Ready
- Deteriorate
- Jumped aside
- Lacked
- Type of cotton
- Female gamete
- *Valentine's Day tradition
- *New Year's resolution weight or savings target
- One in a roster
- Red-encased cheese
- *Graduation flyer

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WASHINGTON OUTDOORS REPORT



PHOTO BY JOHN KRUSE



PHOTO BY JOHN KRUSE

David Kruse on his first duck hunt in the Sand Dunes area of Potholes Reservoir

The author with a nice Potholes Reservoir bass

A new chapter

BY JOHN KRUSE

One of my favorite movies is “The Princess Bride”, a very fun film featuring a great cast of actors, one of whom was Mandy Patinkin who played the part of a Spanish swordsman named Inigo Montoya. Montoya was dedicated to seeking revenge on “the man with six fingers” who killed his father in front of Inigo when he was a child. At one point during the movie Inigo sinks to a low point and utters while inebriated, “You told me to go back to the beginning, so I have!”

The phrase is an apt description of where my outdoors life has taken me for the next chapter of my life. I have lived in the Wenatchee Valley for 31 years and have loved being here and making the friends I have during this time. However, a divorce resulted in the sale of our home in Cashmere and the question became, “Where do I go next?”

When I first moved to the Valley, I loved to fish the Wenatchee River and lower Entiat River for stocked rainbow trout as well as the Wenatchee and Methow Rivers for summer steelhead. Unfortunately, those opportunities faded away years ago leaving only limited options for stream fishing in

the area, something I love to do.

Being an outdoors writer and a radio broadcaster who works from home, I realized I had the opportunity to go anywhere I wanted as long as there was landline phone service and good internet service. With that in mind I set my sights on a specific spot in Grant County I was introduced to as a kid. It’s a place I’ve fallen in love with and find myself returning to multiple times a year. Specifically, it’s the small, unnamed community around MarDon Resort and Potholes State Park at the south end of Potholes Reservoir, a 27,000-acre impoundment located between Othello and Moses Lake.

When my family moved to Washington State my father took me hunting at the north end of the reservoir in an area known as the Sand Dunes. We camped overnight at the state park and then drove through the dark to a gate and hiked along a series of small ponds surrounded by cattails or small trees and sand dunes to the place where we built a rudimentary blind. I was shooting a single shot .410-gauge shotgun that was the first shotgun my father ever owned and somehow, I managed to shoot three green-wing teal on that inaugural hunt. Thirty years later, I took my son out to this same

area for his first youth hunt, accompanied by our yellow lab Sage, and treasure the memory of my son’s first harvested duck.

In between those hunts my father and brother and I would trek out into the sand dunes every Opening Day. Despite the multiple trips, it was still easy to get turned around in this area at night but the lights of the homes above MarDon Resort to the south of us became a navigational waypoint for us.

My father eventually aged out of the sport of duck hunting and my brother stopped coming too but my best friend Rusty Johnston and I also made memories starting in the early 1990’s. We would first come out and camp in the sand dunes area itself and eventually began packing small boats and motoring into another part of the sand dunes below the Job Corps Dike of the Reservoir where we would camp, fish and hunt for three days.

During this time, we got to discover just how good the fishing could be and we were soon hooked on taking our small boats to Potholes Reservoir where we caught everything from bass to walleye to trout, panfish and more. Countless times Rusty and I would gaze towards the lights of MarDon and dreamily wish we could live there.

Back in 2012, Rusty made that dream come true. He and his wife Lisa moved onto the resort and managed the restaurant for a couple of years. Now, Rusty lives adjacent to the state park with his wife and works as a supervisor at the Lowe’s Hardware Store in Moses Lake.

A year and a half ago, the two of us made the decision to buy a bass boat together. It’s stored at Rusty’s shop and I found myself making the drive over to see Rusty and go either fishing and hunting once or twice a month.

With all of that fishing and hunting history in mind, it wasn’t hard to figure out where my next move would take me. And that’s where I am now, having completed the sale of our house and the purchase of my new one, which sits right across the road from Potholes State Park and on a golf course no less. I guess that means I’ll have to learn how to golf now too. I’m in no hurry though, Between the fishing, the hunting, the wildlife watching and visiting the friends I’ve come to know here over the years, learning how to golf is definitely not my top priority.

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WDFW restricts campfires, target shooting, other activities in Eastern Washington wildlife, water access areas

SUBMITTED BY WASHINGTON DEPARTMENT OF FISH AND WILDLIFE

OLYMPIA - On July 6 the Washington Department of Fish and Wildlife (WDFW) announced restrictions to protect the public and reduce wildfire risk. The restrictions affect campfires, target shooting, and other activities to reduce risk of wildfire on state wildlife and water access areas.

“We all have a part to play in preventing wildfires, and we’re urging visitors enjoying Washington’s great outdoors this summer to be a part of the solution,” said Cynthia Wilkerson, WDFW’s Lands Division Manager. “By recreating responsibly and following wildfire safety restrictions, visitors can help preserve public recreation lands, wildlife habitat, public health, and safety for local communities.”

As of July 7, restrictions

prohibit visitors to eastern Washington WDFW-managed lands from:

- Making fires or campfires, including those in fire rings. Personal camp stoves and lanterns fueled by propane, liquid petroleum, or liquid petroleum gas are allowed.
- Discharging firearms for target shooting or other recreational purposes, aside from lawful hunting, unless otherwise posted, with the following exception: Target shooting is permitted from sunrise to 10 a.m. through Aug. 15, only at two Department shooting ranges:
 - Methow Shooting Range, Methow Wildlife Area Unit
 - Asotin Creek Shooting Range, Asotin Creek Wildlife Area Unit
 - Note: Starting Aug. 16 through Sept. 15, restrictions prohibit discharging

firearms for target shooting anywhere on WDFW-managed lands (including the previously mentioned target shooting ranges) in eastern Washington, unless otherwise

- Smoking, except in an enclosed vehicle. Do not throw lit cigarettes out your window.
- Welding and operating chainsaws, including the use of an acetylene torch or other open flame.
- Operating a motor vehicle away from developed roads. Parking is permitted within designated parking areas, including developed campgrounds and trailheads; and in areas without vegetation that are within 10 feet of roadways.

All restrictions will remain in effect until further notice except for the target shooting restriction, which runs through Sept. 15. Any changes to these

regulations will be posted to WDFW’s wildfire information web page.

Fireworks are prohibited year-round on all WDFW-managed lands around the state. Throwing a lit cigarette or any other burning material from a motor vehicle on a state highway is also prohibited year-round.

For more information about fires and fire prevention on public lands, visit the Washington Department of Natural Resources’ website (dnr.wa.gov) or the U.S. Forest Service website (fs.usda.gov).

WDFW manages more than a million acres of land and hundreds of water access areas throughout the state. By actively managing lands, restoring habitats, and preserving wild places, the Department serves as stewards for Washington’s natural places, protecting the state’s land and water for its human and wildlife.

Fish and Wildlife Commission to discuss bats, bears, and land transaction on July 14

SUBMITTED BY WFWC

OLYMPIA - The Washington Fish and Wildlife Commission will meet virtually on July 14 to discuss mineral prospecting, spring black bear hunting,

white-nose syndrome, and a proposed land transaction.

The Commission will begin their meeting in executive session before hearing briefings about and making decisions on petitions related to mineral prospecting and

spring black bear hunting.

Commissioners will hear a staff briefing and public comment about a proposed land transaction in Okanogan County to enhance habitat and public recreation opportunities before deciding on the

proposal. The meeting will wrap up with a staff briefing about bat conservation and white-nose syndrome response in Washington before the Commission discusses future meeting planning and adjourns.

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This announcement sponsored by The Leavenworth Echo

The meeting will be held online via Zoom and is open to the public following the executive session. For information about attending the meeting, please visit the Commission webpage or email commission@dfw.wa.gov. The meeting will be recorded and posted on the Commission webpage so people can watch afterwards at their convenience. The Washington Fish and Wildlife Commission is a panel appointed by the governor that sets policy for the WDFW. WDFW works to preserve, protect and perpetuate fish, wildlife, and ecosystems while providing sustainable fish and wildlife recreational and commercial opportunities.