



AUGUST 30, 2023 • VOLUME 123, No. 35

UPPER VALLEY NEWS SINCE 1904

SINGLE COPY \$1.00

Village Art in the Park – Nurturing the Arts Today and into the Future



Camaraderie at Art in the Park as seen by Funny Hat Day with artists, from left to right, Pete Kornowski, McKenna Kornowski, Executive Director Callie Baker, Cristina Landry, and Michelle Anderst.



A collage made by the combined efforts of many Village Art in the Park artists in

Marlene Farrell Correspondent

Sixteen white tents in downtown Leavenworth. Everyone knows—it's Village Art in the Park!

It's a fixture of the Bavarian ambiance in the warmer seasons, adding to the visual pleasure of folks strolling by with their ice cream cones and looking for the perfect gift or a picture to remind them of their time in Leavenworth.

But even residents who drive by all the time during its season from May to October might not know that Art in the Park has been running since 1966 and that it's a nonprofit that benefits the Upper Valley in significant ways.

Art in the Park is a fantastic

opportunity for the contributing artists to be a part of the longest running juried art show in the state that offers them a whopping 85 days of sales. Art in the Park board treasurer, Jamie Howell, explained, "Through the juried art sales in the park we provide more than thirty artists a year the chance to generate a real income through their art. We do this both by providing the incredible Front Street Park location, but also by taking a comparatively small commission on their art sales, 22% as compared to the more than 50% commission that would be charged by many galleries or juried shows. For some of our artists, it is their primary source of income for the year."

Professional photographer and artist liaison to the board, Marshall Mahler has returned to Art in the Park for his seventeenth season. He spends his photography season away, with polar bears in the Canadian tundra, shooting Hawaii's volcanos, or in the brilliant desert landscapes of the southwest. So, he is stoked to

commute from his home in Wenatchee to Art in the Park for close to six

Other artists return year after year, but there's also a place for emerging artists. The consistency of Art in the Park builds a sense of community amongst this creative bunch. "There's a fun core group of artists that shows up the whole season," said Mahler. "Art in the Park is like a family; we look out for each other and help each other when we can."

Howell agreed, saying, "It's one hundred percent designed to support local artists, both established and emerging, and art education."

That art education support is widereaching. "We generate more than \$30,000 annually to give away," said Howell.

The current board and executive director Callie Baker have taken education funding to new heights. The two scholarships for Cascade High School graduates who are pursuing post-secondary studies in an arts major are now \$10,000 given over four years, and they have added an additional \$2500 one-time merit scholarship.

Longtime board member Teddy Rieke has been very involved in the annual \$2000 Enrichment Grant program. "We communicate with the principal and the art instructor of a different school in the Cascade School District (CSD) each fall to invite them to apply for the Enrichment Grant up to \$2000. The schools are on a rotating schedule," explained Rieke.

"Last year we worked with James Swanson and Lore Smart at Icicle River Middle School. They applied for the grant for a multi-year project. The students are painting murals onto plywood and other backings that are quite large and they will be hung in different schools around the district. We look forward to seeing the final project."

And yet another form of educational support from Art in the Park are the Enrichment 2.0 grants. CSD teachers

CONTINUED TO PAGE B1

'Jive Time in the Cascades' returns

Fundraising concert features big sounds, classic favorites

By NEVONNE McDaniels

 $CMF\ Administrator$

LEAVENWORTH - It's all about the jazz and the brass, the bass, and the big band sounds. Sept. 17 at Jive Time in the Cascades, a Cascade Medical Foundation fundraising concert at Snowy Owl Theater. The Wenatchee Big Band, a 20-piece jazz orchestra ensemble with members ranging in age from 17 to 82, returns to center stage for this year's event, bringing a set lineup that includes swing and jazz standards and popular crowd favorites.

"The Wenatchee Big Band is looking forward to the opportunity to play and support a very worthy cause,' said Tim Zanol, the band's manager, and bass trombonist. Proceeds from the concert, sponsored by Kahler Mountain Club, will be used in the Foundation's mission to enhance, and financially support Cascade Medical.

"Audiences get a chance to hear a live band playing all sorts of big band jazz, from the big band heyday to the most modern big band jazz being performed," Zanol said.

Raising money while listening



Wenatchee Big Band returns to the stage for this year's Jive Time in the Cascades fundraising concert Sept. 17 at Snowy

to great music is a pairing that's hard to beat, said event organizer and Foundation Board Chairperson Shannon Keller.

"People can come as they are and just sit and listen, or don their dancing shoes," Keller said. "It amazes me how those sounds of yesteryear — and the sounds reminiscent of the Glenn Miller era — draw people of all ages." This is the concert's second year.

Last year's debut event attracted a fun crowd, Keller said. The hope is to continue its success this year.

Returning this year is a "Buy-It-Now" board, featuring deals on gifts cards and gift packages donated by local businesses. The offering gives concert goers a chance to shop and support the work of the Foundation. Additional sponsorship opportunities also are available. Call the Foundation office at 509-548-2523 or email foundation@cascademedical.org for

Concert tickets are \$40, available at the Icicle Creek Center for the Arts box office (icicle.org) or at the door. The Snowy Owl Theater is at 7409 Icicle Road, Leavenworth. The doors for the concert open at 6 p.m., with

CONTINUED TO PAGE B1

Join Senator Hawkins for his seventh annual listening tour



COMMUNITY VOICES

SENATOR Brad Hawkins

As your state senator, it is very helpful for me to hear directly from you, but I know it can be difficult to come to Olympia during the legislative session. That is why I created an annual 12th District "listening tour" after my first election to the Senate seven years ago. These listening tours have really helped me hear directly from constituents on issues important to your communities, and the discussions each fall prepare me for the legislative session.

Seventh annual listening tour: September 5-8

This year's 12th District listening tour will be split between the traditional areas of the 12th District and the new areas of the district resulting from last year's state redistricting. The first portion of the tour will take place on Tuesday, September 5 for Chelan County and East Wenatchee residents. The remaining tour will take place September 6-8 in the King and Snohomish counties portion of the new 12th District. Past listening tours have taken me throughout the 12th District and helped connect me with issues important to all communities of the district, such as Leavenworth, Cashmere, Quincy, Wenatchee, East Wenatchee, Pateros, Twisp, Chelan, Grand Coulee, Bridgeport, Waterville, Rock Island, Mansfield, and Mazama. Many of these areas are no longer within the 12th District boundaries, which is why this year's stops include visits for Wenatchee and the recently added communities of the district. It is always helpful to hear directly from you, the people I serve, on issues important to your community.

September 6-8 "listening tour" in new areas

With last year's redistricting changes, the 12th District has added many communities. The new 12th District boundaries include much of East Wenatchee, all of Chelan County, and portions of Snohomish County (Index to Monroe) and King County (North Bend to Duvall). Approximately half of the population of the new areas include the cities of North Bend, Carnation, Sultan, and Monroe with the other half of the new area located in unincorporated King and Snohomish counties. A new feature of the new 12th District is the Cascade Mountains, including Snoqualmie Pass and Stevens Pass. I have worked hard throughout the year to outreach to all communities in the district and will continue my efforts by dedicating a good portion of this year's listening tour to westside

Meet with me in-person or by video conference

While I am looking forward to in-person meetings for this year's listening tour, group meetings can still take place by Zoom or as traditional conference calls. My office will schedule the meetings approximately 20 minutes apart to accommodate as many groups as possible. If you are interested in an appointment, either in-person or via Zoom, please contact me at senatorbradhawkins.org or 360-988-3674.

CONTINUED TO PAGE A2

Inside The ECHO this week

Section A Section B Sheriff Reports3 Keeping up with People....1 Dr. Louise1 Bulletin Board.....3 Michelle's Kitchen Table....4 Outdoors Report4 Church Guide.....4 Business Directory4 Inserts: Dan's Market





Leavenworth, WA 98826 Phone: 509-548-5286

Community

Guidelines for Submitting Press Releases and Stories

From the Publisher

As the proud new proprietors of the Wenatchee Business Journal, Leavenworth Echo. Lake Chelan Mirror, Cashmere Valley Record, and Quad City Herald, we are thrilled to continue serving our vibrant communities with accurate and engaging news coverage. Our aim is to provide our readers with insightful and pertinent information that resonates deeply with their interests and concerns. With this in mind, we've received numerous inquiries from community members regarding our criteria for press releases and article submissions. We're delighted to shed light on this aspect

and offer guidance on how you can effectively contribute to our newspapers.

Clarity and Conciseness: Communication is key. Make sure your content is clear, concise, and easily digestible for our diverse readership. Avoid using jargon or technical terminology that might alienate those not familiar with the subject

Relevance: Our communities thrive on topics that directly impact their lives. When submitting your work, focus on subjects that are relevant to our readers' interests and needs. Illustrate how the information you're

presenting can bring about positive change within our local neighborhoods.

Accuracy and Fact-Truthfulness Checking: is paramount. Verify all facts, figures, and details before sharing your content. Maintaining accuracy is fundamental in upholding the trust we've built with our readers over the years.

Engaging Narrative: Craft your press release or story with an engaging narrative that captivates our audience. Stories driven by anecdotes or real-life instances help convey the significance of the information you're conveying.

Quote-Worthy Content: Infuse your submission with quotes from key individuals whenever possible. This



Terry Ward

personal touch provides insights that resonate with our readers on a human level.

Contact Information: Don't forget to include your contact information in your submission. This ensures that our editorial team can connect with you should further information or clarification be required.

Editing and Revisions: Flexibility is appreciated. Be

open to potential edits and revisions from our editorial team, as we aim to maintain a consistent style and tone throughout our publications.

Timeliness: If your submission pertains to time-sensitive matters, indicate the relevant timeframe. This allows us to prioritize accordingly and ensure our readers receive the information when it matters most.

High-Quality Ima-Visuals enhance understanding. If appropriate, include high-quality images that complement your content. Make sure you have the necessary permissions to use any images provided.

Submission Process:

To submit your press release or story for consideration, kindly email it to news@ward. media. Our editorial team will carefully review your submission and may reach out for additional information or clarification.

We extend our heartfelt gratitude for your eagerness to contribute to our community newspapers. By adhering to these guidelines and best practices, you play an integral role in upholding the caliber and relevance of the content we deliver to our readers. We're excited to delve into your submissions and look forward to the valuable insights you'll bring to our publications.

Warm regards, Ward. Terry Publisher Ward Media

September Wenatchee River Institute Events

Submitted by WRI

Birding by the River:

Wednesday, September 13 from 8-9:30 a.m. Join WRI for Birding by the River happening the second Wednesday of every month. Join us for as many as you can. You'll walk around the WRI campus with knowledgeable WRI staff. All birding experience levels are welcome. Need binoculars? We have loaners.

Red Barn Event: Inspiring Community-driven Conservation Thursday, September 14 from 7-8 p.m. Join WRI and Trust For Public Land for the first Red Barn Event of the 2023-2024 season. Learn about the Upper Wenatchee Community Lands Plan, which aims to add 35,000 acres of publicly owned land, reduce wildfire risk, and

increase access to trails.

Cascades Track & Sign Evaluation with David Moskowitz: Saturday, September 16 and 17. Spend two full days in the greater Leavenworth area, with professional wildlife tracker, naturalist, educator and author, David Moskowitz. This class is a wildlife track and sign evaluation through CyberTracker North America. This class is an excellent way to learn, with the chance to achieve a certificate.

Red Barn Event: Fall Color Hikes with Tami Asars Friday, September 22 from 7-8 p.m. Join WRI and A Book for All Seasons to welcome writer and nature photographer, Tami Asars. She will walk us through some of her favorite autumn hikes and colorful scenic drives from her latest book, Fall Color Hikes: Washington.

Bilingual Salmon Spawning Tour: Saturday, September 23 from 8:30-2 p.m. Join WRI and Chelan-Douglas Land Trust, and Cascade Fisheries on this driving tour to observe and learn about the last stages of a salmon's life. Education for this event will be bilingual in English and Spanish. Learn about the amazing world of fish and how fish need our help.

Hawk Watching with WRI: Sunday, September 24 at 8-3 p.m. Join WRI for a birding trip to Sugarloaf Peak. Late September is a great time to observe migration of all types of birds, particularly hawks and other raptors. You'll learn about these fascinating birds and their migration from two local birders.





Keeping up a legacy. Kat and Jonathan Koncz are the new owners of Dan's Market. They are posing along with their daughter Finley in front of a mural of previous owners Lisa and Eric Worthen.

Downtown Steering

Committee, 10 a.m., meet in

police and fire representatives

speak at the beginning of the

City Council Study Session:

Chambers, (2nd Floor) and Zoom.

5:30 p.m. City Hall Council

meeting. (4th Tues.)

(2nd & 4th Tues.)

A déjà vu for Leavenworth

Another young family takes over our popular local hangout

By Barbara Washburn

Correspondent

Watching employees at a Les Schwab Tire Store, we always see them running. Pretty much the same goes for the habits of the previous and current, new owners of our local Dan's Food Market. The store ownership unveils more young energy.

Officially the Koncz Family bought Dan's Market on May 20 this year, but Jonathan Koncz worked along with the previous owners, the Worthen Family some time before then. He owns the popular local hot spot in town together with his wife Kat and their seven-yearold daughter Finley. They are a skilled, talented, and capable voung team.

Despite the large Safeway Store within blocks, Dan's Market remains an allpopular hangout, not just for the many summer tourists in Leavenworth but mainly for our resident families. Locals can be seen visiting, socializing in their deli and bakery area for meals or a good cup of coffee.

Eric and Lisa Worthen had bought the market store from their friend Dan Firth in 2011. After they decided to retire from the grocery business this year, they are very glad to have connected with the Koncz family to continue their tradition.

Parking Advisory Committee:

4 p.m., meet In the City Hall

"Eric has been incredible in helping us out, and he is still one I can always depend on", says Jonathan Koncz. "Eric and Lisa, along with their son Wes, enjoyed seeing their legacy continue of running a local family store." Jonathan and his wife Kat are very active in their family business and seem to already feel comfortable running it. Even their little seven-year-old shows lots of drive and ambition for the trade. Finley has shown interest in her parents' new business, by stocking shelves. One of her favorites is to make sure the Jell-O Cup Pudding Snacks are properly lined up and displayed. The spirited and outgoing seven-year-old is already most comfortable with shoppers and meeting new people.

Their effort and drive already shows itself within the store. Employees who had worked for the Worthen Family decided to stay and were rehired by the Koncz family. It is a lively cheerful place, no matter what time of the day.

They are most certainly no strangers to physical work. Since they both grew up, and still have family in the Spokane and Richland area, they wanted to move closer than they had been while they resided in the Bellingham area. They are both graduates of Western University. Kat had worked for general contractors with an understanding of accounting, management, and project management.

Jonathan, who began his work in the restaurant industry fresh out of college, opened a franchise of four restaurants. He later worked for eight years with Super Feet Worldwide. a company headquartered in Ferndale, WA., with an office in Canada and distribution facilities in Europe and Asia. He was active in production, shipping, logistics, supply chain, facility management and quality control.

All along he had been surrounded by friends in the grocer business. During his growing years, he got close to the Akins Family which are a third-generation family of grocers with stores located in Quincy, Ritzville, Soap Lake, and Orville. Then, much later. an introduction from the Akins to the Worthens came into place which led him to where he is now. "Both the Akins and Worthens have been great mentors to us", says Kat. They helped us through the takeover, the transition. They assured us of our confidence to run the business, along with

our previous work experience. The Koncz family are proud of their employees. At Dan's everyone in town seems to know each other and getting groceries becomes a bit more of a social event than just another chore. Having great staff is what helps make a good grocery store. People talk about their lives, the weather and local happenings. Our staff is very tenured," says Jonathan.

In the past the couple have enjoyed working for charitable companies that had very committed employees and they are seeing the same at Dan's Market. Together with their staff they want to continue and focus on making a big impact on others.

Kat is a woman who appre ciates combining motherhood with being a businesswoman and working a schedule that will allow her to not miss out on family. "It has been so great to be welcomed by the community", she says. "This has made our lives a lot easier since this was a big move and decision for us." She is working the books and helping whenever she can.

The Koncz family, just as the Worthens had been, are all about charity and community as it has been for previous decades. It will be one to exist as a store with continuous improvement and advances to fit the necessities of customers and the future. At the same time, it is very important to them to continue the preferences their customers



became reality when it was helpful comments that prepare included in the state capital me to make better decisions to represent you in Olympia.

Whether you are able to participate in the upcoming listening tour or not, please know that my position exists to serve you. Please feel free to reach out to me and my office anytime. For immediate assistance, call our Legislative Hotline at 1-800-562-6000. Please like and follow me on Facebook @ SenatorBradHawkins for my latest updates.

I appreciate hearing your thoughts and ideas about state government and thank you again for the opportunity to serve as your state senator.

Senator Hawkins

CONTINUED FROM PAGE A1

Listening tour ideas successful in the Legislature

Hosting a listening tour each year allows me to hear directly from you in preparation for the upcoming session. Ideas shared during past listening tours have even turned into successful legislative action. As examples, a suggestion by Leavenworth officials to dispose of brush and yard clippings resulted in a bill that became law in 2018. A funding request related to the Saddle Rock trail in Wenatchee

Wenatchee's past listening tours. Besides legislative ideas, I also collect

Chambers, and Zoom. (2nd & 4th Conference Room and on Zoom. the Council Chambers and Zoom. (4th Tues.) (3rd Thurs.) Planning Commission: 7 p.m., **Housing Committee, Public** Council Chambers and Zoom. (1st **Safety Committee, Finance** Committee: No meetings, reports are in Council packets.

Mar.).

PRSA Meetings: 3 p.m., City Hall Conference Room (Upstairs) (2nd Wed.), every other month (May, July, Sept., Nov., Jan., and

City Council Evening Meeting:

7 p.m., City Hall in Council

 Design Review Board: 3 p.m., meets in the Council Chambers and on Zoom. (2nd & 4th Wed.)



budget two years ago, and a road paving project to a popular fishing location in Okanogan County was recently funded. A biochar demonstration project in the Methow Valley to reduce wildfire risk was also funded, as well as significant future improvements to the city of Community Center utilized by Pinnacles Prep School. Funding for the new Wenatchee Valley YMCA was also recently secured in the capital budget. All were ideas first discussed with constituents during



Local, Regional Community News & Events

🍫 Any non-profit 501(c)-(3) group, person(s).

🦫 Must provide: full name, city, phone number.

flacktriangledown Items pertaining to local events that are free or minimum charge.

Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
Garage and Yard Sale Ads are paid events, please email:

classifieds@leavenworthecho.com or place online at NCWMARKET.COM
For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
Cashmere: 509-548-5286, email: Reporter@cashmerevalleyrecord.com

THE LEAVENWORTH

© Ward Media, LLC 2023



On the Internet

Website: www.leavenworthecho.com

E-mail: Reporter@leavenworthecho.com

Office hours

Hours: 9 a.m.- 5 p.m. except weekends, or call 509-548-5286

Contact information

CEO & Publisher Terry Ward

509-731-3284 terry@ward.media

COO & Co-Owner Amy M. Yaley

509-731-3321 amy@ward.media

Advertising Sales **Lindsay Timmermans**

509-860-7301 Lindsay@ward.media

Reporter/Photographer Reporter@leavenworthecho.com Reporter@cashmerevalleyrecord.com

Front Office

509-548-5286

Classified / Legal Notices Obituaries/Memorials classifieds@leavenworthecho.com Online ads at https://ward.media

Circulation

509-293-6780

circulation@lakechelanmirror.com

Deadlines

Calendar Listings
News Submissions:
Letters to the Editor:
Display Advertising:
Legal Notices:
Classified Ads:

Noon, Friday
Noon, Friday
Noon Friday
Noon Friday

Subscriptions

In Chelan County (yearly) \$40 \$5.00 to include online subscription In State-Out of County (yearly) \$50 Online E-edition \$40

The Leavenworth Echo does not refund subscription payments except to the extent that it might fail to meet its obligation to publish each week, in which case the cost of the issues missed would be refunded as an extension. Subscriptions may be transferred to

another individual or organization. **Toll Free 509-293-6780**



© Ward Media, LLC prints on recycled newsprint with soy ink. Please recycle.

Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names.

Email your letters to News@ward.media

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call **509-548-5286**. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at **509-548-5286**

Classified Advertising

Classified ads can be placed during normal office hours by calling 509-548-5286 or by emailing classifieds@leavenworthecho.com.

Services

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

Weekly rates

\$15.00 for first 30 words
.10 for each additional word over 30
words Borders, bold words, headlines,
logos and photos subject to additional
charges.

■ COMMUNITY CALENDAR

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.

Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.

Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666.

Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.

Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)

Leavenworth Lions Club, For more info.
President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m.

Peshastin Memorial Hall. (2nd Thurs.)

The Wenatchee Valley Doll Club, 11:30 a.m. Call
Yvonne, 509-663-7991. (2nd Thurs.)

Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: Tony.Sandoval@co.chelan.wa.us

Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.

206-227-1576, for more information.

Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: Leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information. Leavenworth Mosquito District board meeting, 7 p.m.

via ZOOM link posted at https://leavenworthmosquitocontrol.org/activity-calendar.html or contact Jenny 509-548-5904 (1st and 3rd Mon.)

Cascade School board meetings, 7 p.m., Agenda can

be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)

Chelan Douglas Republican Women, Monthly meeting

and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)

Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)

Cascade Education Foundation, Contact: CEF@cascade.org

Cascade Education Foundation, Contact: CEF@cascade.org LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)

Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)

Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.).
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)

Senior Center, Exercise, 11 a.m-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: Leavenworthseniors@ gmail.com

Music, call Steve, 509-548-7048. (1st and 3rd Tues.)

Greater Leavenworth Museum board meeting 5-7 p.m.

Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.

more information, and updates. **Leavenworth Public Library.** Located at 700 Hwy. 2, Call 509-548-7923 or online Leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs.,10-7, Fri., 10-5 Sat.,10-2. Closed Sun. and Mon.

Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or Peshastin@ncwlibraries. org Open Tues.,10-1:30; and 2:30-7, Wed.,10-2, and 2:30-7, Thurs., and Fri.,1-5:30 and Sat., 10 a.m- 2 p..m. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Now open daily 11-4. Check their Facebook page or website at http://www.leavenworthmuseum.org www.leavenworthmuseum.org for updates and information.

Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

■ MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939 509-548-1627, 548-4522, 664-6469, 206-719-3379 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St. Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St. Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St. Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave. Alanon Meetings, Call 509-548-7939

Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Leavenworth

Grand Opening of New Exhibit at the Greater Leavenworth Museum

The Greater Leavenworth Museum invites everyone to the Grand Opening of their new permanent exhibit: Šnpəšqwáwšəxw: We Are Still Here from 1 to 5 p.m., Sunday, September 10. Cultural displays at the Gazebo in Front Street Park will feature P'squosa artisans, native plants and traditional uses, traditional basketry demonstrations, and guest speakers.

The Leavenworth Women's Exchange

The monthly luncheon meetings will resume on Wednesday, September 13, 12 p.m. at the Icicle Inn Restaurant, 505 Highway 2, Leavenworth. The cost is \$26.50 per person. Lunch buffet, beverage, tax, and gratuity are included. The 2023 Royal Lady of the Autumn Leaves, April Watson will share her experiences as this year's Royal Lady. LWE board members will also discuss the history and facts about our 38-year-old women's group. Check or cash to LWE only. Since this is a catered event, any cancelations after Sept.7 will be responsible for the cost of the lunch. To make your reservation, please contact Claire Burlingame, 509-548-7142 by Thursday, September 7.

Leavenworth Rotary Duck Race Fundraiser

Adopt a duck for the duck race on the river, Saturday, September 9. Duck drop 2 p.m. Blackbird Island bridge, West Bridge release and East Bridge catch. Only \$10 a duck to win money prizes. The proceeds will go to fund local community projects. View on the website at: leavenworthrotary.com

Leavenworth Library

Art show for Brian Strickland from now to Sept. 22. Brian was inspired to do art ever since he was 6 years old watching Bob Ross on TV. Over the years he has explored art in many forms including oil painting, chalks, music, poetry writing and culinary art. He served on the Anacortes Art commission and this year he started Wenatchee River Studio.

It's Jive Time in the Cascades

Wenatchee Big Band performs at 6 p.m. Sept. 17 at the Snowy Owl Theater, 7409 Icicle Road, Leavenworth. The concert is a fundraiser for Cascade Medical Foundation. Tickets, \$40, are available at icicle.org or at the door. A preconcert social and gourmet charcuterie table, 4:30 to

6 p.m. Tickets are \$25, also available through the ICCA box office, icicle.org. Pre-sale only. For information, go to cascademedicalfoundation.org

The Leavenworth Lions Club

Is serving up Breakfast in The Park each 2nd and 4th Saturday through September Come enjoy hearty all you can eat breakfast of pancakes, eggs, and sausage from 7 a.m.-11 a.m. in Lions Club Park.

Regional

Elder Speak: Journey to Wisdom Event - A Chance to Connect, Reflect, and Learn

Join us for an enriching afternoon that promises to illuminate your journey through life's complexities. The Elder Speak: Journey to Wisdom Event is scheduled for September 10, from 2 to 4 p.m., at the Snowy Owl Theater, Leavenworth. Esteemed community members Liz Saunders, Pat Turner, Andre Nowacki, Dick Ryan, and Julie Ryan will each share a personal experience from their lives and the profound wisdom they've gained from those moments. Their stories will resonate with you and offer insights that can shape your own journey. www. theripplefoundation.org

The sheriff's repo

Sheriff/Fire/EMS

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

August 18

08:17 Public Assist, Leavenworth city area 10:20 Non-injury Accident, Stu-

art Lake trail 10:35 CPS/ APS Referral, 320 Park Ave., Mountain Meadows 10:41 Littering, 1380 Commer-

cial St. 11:28 Public Assist, 9342 Icicle Rd.

13:16 911-call, 309 8th St., Post Hotel 15:05 Welfare Check, 694 US

Hwy. 2 16:09 Trespassing, 9189 Anderson Canyon Rd., Peshastin 16:24 Public Assist, 18595 US Hwy. 2, Lake Wenatchee

17:39 Animal Problem, Commercial and 9th Streets 22:13 Alarm,12686 Shore St.

August 19

00:36 Agency Assist, US Hwy. 2 MP 98

09:45 911-call, 17330 Chumstick Hwy.

10:45 Non-injury Accident, 116 River Bend Dr., Safeway 11:57 Juvenile Problem, 700 US

12:29 Marine, E. Leavenworth Rd., MP 1 12:37 Diversion, 220 Park Ave.

Hwy. 2, City of Leavenworth

12:43 Parking/ Abandoned Vehicle, 8900 Stage Rd., Peshastin

13:26 Welfare Check, 185 US Hwy. 2, Fairbridge Inn14:15 Parking/ Abandoned Vehicle, Icicle and Golf Course

Roads 15:04 Traffic Offense, Shore St., and Icicle Rd. 15:38 Agency Assist, Front and

15:38 Agency Assist, Front and 10th Streets15:57 Non-injury Accident, 1500 Alpensee Strasse

16:45 Attempt to Locate/ Contact, Stuart Lake Trail17:28 Property, 894 US Hwy. 218:17 Weapons Violation, Little

Chumstick Creek Rd.

19:23 Suspicious Circumstance, Jack Pine Ln. and US Hwy. 2, Lake Wenatchee

20:19 Public Assist, 18150 River Rd., Plain 20:20 Civil Dispute, 13029 Chumstick Hwy.

9500 block E. Leavenworth Rd. 21:13 Attempt to Locate/ Con-

20:31 Unknown-injury Accident,

tact, Snow Lakes Trailhead

16845 Second Creek Rd. **August 20**08:07 Property, 405 US Hwy. 2,

Howard Johnson Inn 08:13 Agency Assist, US Hwy. 97 MP 171, Peshastin 13:12 Theft, 116 River Bend Dr.,

21:51 Domestic Disturbance,

22:49 Property, 520 Pine St.

23:47 Suspicious Circumstance,

926 Commercial St.

Safeway
13:55 Attempt to Locate/ Contact, Enchantments
16:03 Public Assist, 22744
Lake Wenatchee Hwy., Lake

Wenatchee 20:01 Weapons Violation, Lake Wenatchee South Campground

20:40 Suspicious Circumstance,12790 Fish Hatchery Rd.23:11 Animal Problem, Fir St.and Chumstick Hwy.

August 21

00:27 Burglary, 25211 Saddle St., Plain

06:35 Burglary, 20890 Kahler Dr., Kahler Glen, Lake Wenatchee

09:09 Property, 9th, and Commercial Streets 11:14 Unknown-injury Accident,

US Hwy. 2 MP 104, Peshastin 12:28 Agency Assist, 9400 block North Rd., Peshastin 14:02 Animal Problem, 1000 A

Front St.
14:55 Search and Rescue, Leav-

enworth area 15:06 Property, 116 River Bend Dr., Safeway

White Pine Rd., and US Hwy. 2 23:12 Non-injury Accident, 9292

E. Leavenworth Rd.

18:16 Suspicious Circumstance,

August 22

09:16 Juvenile Problem, 20603 S. Shugart Flats Rd., Lake Wenatchee

10:22 Welfare Check, 9099 Anderson Canyon Rd., Peshastin

14:06 Parking/ Abandoned Vehicle, 18144 Sunland Dr., Lake Wenatchee14:55 Attempt to Locate/ Con-

tact, Enchantment Lake 16:08 Marine, 7544 S. Lakeshore Rd., Lake Wenatchee 16:18 Civil Dispute, 9301 Derby Canyon Rd., Peshastin

21:56 Vehicle Theft, 9th and

23:38 Suspicious Circumstance, 590 US Hwy. 2, Enzian Motor Inn

Commercial streets

August 23

00:50 911-call, 590 US Hwy. 2, Enzian Motor Inn

01:37 Disturbance, 505 US Hwy. 2, Icicle Village Resort

03:38 Animal Problem, 1451 US Hwy. 2 04:52 Agency Assist, US Hwy. 2

MP 102, Peshastin 07:44 Trespassing, Lions Club Park 08:02 Civil Dispute, 16828

Lakeview Dr., Lake Wenatchee 09:40 Prowler, 10921 US Hwy. 2 13:49 Public Assist, 8888 Icicle

Rd. 14:22 Property, 1010 Main St.,

Barn Beach 16:39 Non-injury Accident, 997 Main St. 17:12 Malicious Mischief, 1300

Commercial St. 19:14 Disturbance, Blackbird Island

19:16 Suspicious Circumstance, White Pine Rd. and US Hwy. 2, Lake Wenatchee

02:55 Public Assist, 24610 Spur St., Plain 07:38 Missing Person, 6326

August 24

Campbell Rd., Peshastin 08:43 Civil Dispute, 22122 Appaloosa Ln., Plain 08:45 Civil Dispute, 22305 Shet-

land Rd., Plain
08:58 Civil Dispute, 2413 Salal
Dr. Lake Wenatchee

12:38 Property, Leavenworth area13:25 Traffic Offense, Chumstick

Hwy. MP 1 13:33 Attempt to Locate/ Contact, Snow Lakes Trailhead 15:43 Non-injury Accident,

19000 block River Rd., Plain

Lake Wenatchee Hwy., Lake Wenatchee 18:05 Welfare Check, Lions

16:33 Public Assist, 22744

Club Park 19:14 Domestic Disturbance, 4765 US Hwy. 97, Peshastin 20:45 Hazard, 590 US hwy. 2,

Enzian Motor Inn 21:31 Suspicious Circumstance, Icicle and E. Leavenworth roads

Correction

We apologize for the error for Mr. Brinkman. His first name is Richard (Rich), not Rick Brinkman. In the August 9 and 23, front page of the Echo.







U-pick fruit

This weekend Kat took me to her favorite u-pick orchard. She and I were heading home from shopping in town when she got a text from a friend; turned to me and asked, "Mom, would you like to pick some peaches on our way home? This is the first day they are open." I nodded. I knew she'd been waiting for them to open all summer and I was interested in seeing this place she'd described to me this spring. I must admit it did feel different to have my daughter taking me to pick food instead of the other way around. Having been a gleaner all her life up until she was in

high school, I was the one to lead the charge into the foray of finding nutritious healthy food. Now it's her turn. I can't say I'm upset about the change in roles, because I am, in fact, tickled pink about it. But it did give me cause to reminisce.

I got to thinking about the first paid u-pick farm we found. (We'd picked blackberries for free at a dairy when I carried her in a backpack baby sling but that wasn't really a u-pick situation.) Kat was small then, three or four, before elementary school. I found a u-pick farm a few miles out of town where we lived. I'd take her with me, and we'd pick berries. Correction, I'd pick berries and she'd eat berries.

Kat made fast friends with the farm wife, and they would have a fine talk every time we visited the u-pick farm. One day as the two were chatting as only grandmas can chat with little girls the farmer came wandering by, so I struck up a conversation with him. He was a bit out of sorts. He was growly and when I asked how he was doing I found out.

He was irritated because he was going to have to buy a part for his plow, and this was the third time he had bought that part. It was a part of the plow that turns the dirt and the foreign steel he bought had worn out. He was irritated because there wasn't an American steel part for that plow to be had; he needed to plow now; he didn't want to buy that foreign steel for a third time.

I asked how often he had to replace the part. He told me, "I usually get one season out of each part if it's American steel." He told me tersely then changed the subject and eventually headed back out to the fields. His wife told me the rest of the story.

"This spring he bought the plow part, foreign steel, for half the price as American steel, but now it's going to take three of the parts made of foreign

steel to do the job he used to get done with one made of American steel. On top of that, the American steel parts are all sold out and now he's going to get stuck with foreign steel rather he likes it or not."

I did the calculation. One American part at \$Y for three foreign parts for \$1/2Y. Cost per season for American part is \$Y. Cost per season for foreign part is 3 x \$1/2Y=\$1 1/2Y.

Say the American part cost \$10 and the foreign part cost him \$5, the price to do business with American part is \$10. The price to do business with foreign parts is \$15. That doesn't include the cost to remove and replace two extra parts. Labor isn't cheap! No wonder that farmer was irritated. I was remembering that farm as Kat and I made it to her favorite u-pick orchard to check out the fruit. I glanced over at the cashier counter as I got ready to go picking. Sure enough, there was Kat, having a fine talk with the orchard owner's elderly mother. The more things change, I was thinking, the more they stay the same.

We spent a couple hours picking delicious fruit for ourselves then headed home with apples for Grandma to make cake with. The early

peaches will be eaten as-is. they are too precious for processing. Life is good.

Grandma Lydia's Fresh Apple Cake Recipe

From Sharon Finney

2 eggs

- 4 cups apples chunked
- 2 cups sugar
- ½ cup vegetable oil • 1 cup walnuts
- · 2 teaspoons vanilla
- · 2 cups flour
- · 1 teaspoon soda 2 teaspoons cinnamon
- 1 teaspoon salt • 1/2 cup milk or water



Mix all together and pour into a 8x13 pan. Bake at 350° until toothpick inserted in the center comes out clean (1/2 to

Note: One of these days I'm

going to try peaches or pears instead of apples in this recipe. Pears have more or less the same texture as apples so the recipe will stay the same, but peaches will be juicier, so I'll probably have to cut back on the milk or water. I'm betting it's going to taste great.

About the author: In 2000 *Michele Priddy left the work* force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. *She taught cooking classes* at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put $her\ kitchen\ strategies,\ stories$ and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. You can contact the Leavenworth Echo at Reporter@leavenworthecho. com or Michelle's email: mykitchenstrategies@gmail. com if you have any questions or comments.



City of Leavenworth Block Party

The City's annual block party was held on a very warm Thursday evening, August 24 near the Osborn School field. Mayor Florea and the City Council members served up hotdogs, hamburgers along with cookies, chips, and refreshments. It was a nice gathering of the community to visit one another and see the colored visuals on display for a possible new library and

playground at Osborn School grounds. Others were about affordable housing, the local fire department with the fire truck for the kids to climb on and the Winton Recycling



PHOTO BY CAROL FORHAN

Kids waiting in line to enter the bouncy house, which was a busy, main attraction for the kids who came with their families.



PHOTO BY CAROL FORHAN

NCW Library staff with Head Librarian Amy Massey (on the right) got their faces painted for the event from the free face painting booth, another attraction for kids of all ages.

Obituary & Memorial **Policies**

Ward Media, LLC: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email classifieds@leavenworthecho.com

PPER VALLEY CHURCH GUIDE New to our area? On vacation? These churches welcome voul

TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286

CASHMERE

CASHMERE BAPTIST CHURCH 103 Aplets Way • 509-782-2869 Sunday School, all ages, 9 a.m. Worship 10 a.m. Bible Study, Wed., 6.30 p.m. Pastor Bob Bauer

Find us on Facebook at Cashmere Baptist Church





cashmerecommunitychurch@gmail.com



www.cashmerepres.org

Sunday Worship Service at 10 am Lead Pastor Steve Haney 5800 Kimber Rd., Cashmere 509-295-8006 christcentercashmere.com



GRACE LUTHERAN CHURCH 509-860-0736 401 Elberta Ave.,

Morning Prayer or Holy Eucharist. Services, 10 a.m. Pastor Rob Gohl

ST. JAMES EPISCOPAL CHURCH • 509-860-0736 222 Cottage Ave.,

Morning Prayer or Holy Eucharist. Services, 9:00 a.m. Pastor Rob Gohl

DRYDEN

DRYDEN COMMUNITY CHURCH Hwy 2 at Dryden Ave. • 509-782-2935 Sunday School 9:30 a.m. • Worship 10:45 a.m

> **MID-VALLEY BAPTIST CHURCH** 8345 Stine Hill Rd. • 509-782-2616 Worship Service, 10 a.m.,

Pastor Steve Bergland

Sunday School, 9 a.m. Pastor Mike Moore www.midvalley baptist.org

LEAVENWORTH

CASCADE MOUNTAIN BIBLE CHURCH

Office: 509-548-4331 11025 Chumstick Hwy. Please join us Sunday mornings 9 a.m., Sunday School 10:30 a.m., Worship Service

CORNERSTONE CHURCH Leavenworth Grange Hall 621 Front St. info@cornerstoneleavenworth.com

Sunday Worship – 10 a.m.



LEAVENWORTH COMMUNITY UNITED METHODIST CHURCH

418 Evans Street • 509-548-5619 10 a.m.Sunday Service, Pastor Jo Dene Romeijn-Stout Leavenworthumc.org leavenworthumc@outlook.com cashmerecommunitychurch@gmail.com

CHURCH OF JESUS CHRIST OF LATTER-DAY

10170 Titus Rd. (across from middle school) Church: 509-548-7667 Meetings: Sunday - 10 a.m.

FAITH LUTHERAN CHURCH - ELCA "Reconciling Works Congregation"

224 Benton Street • 509-548-7010 Worship 9:30 a.m. w/coffee following Eva Jenson, Pastor https://www.cleavenworth.com

FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC

429 Evans Street, 509- 470-7745 Sunday Worship: 11 a.m. Website: www.leavenworthbaptist.com Email: info@leavenworthbaptist.com

LEAVENWORTH CHURCH OF THE NAZARENE

111 Ski Hill Drive • 509-548-5292 Sunday Worship 9 a.m. Lead Pastor: Greg Appleby Youth Pastor Paige Derossett Worship Pastor-Jacob Mitchell www.LCN.org

SEVENTH DAY ADVENTIST CHURCH

10600 Ski Hill Drive • 509-548-4345 Saturday Services • Bible Study 9:30 a.m. Worship 11 a.m. • Fred Smith • 509-860-3997

SPIRIT LIFE CENTER 210 Benton Street • 509-548-7138

Sunday Worship 10 a.m., Prayer 6 p.m. Wednesday Bible Study 6:30 p.m. Pastor Russell Esparza

MONITOR



3799 Fairview Canyon • 509-782-2601 In-person service, Sunday, 9 a.m. Pastor Lilia Felicitas-Malana

PESHASTIN

LIGHT IN THE VALLEY COMMUNITY CHURCH PLAIN COMMUNITY CHURCH

8455 Main Street

Sunday Worship 10 a.m. • Pastor John Romine www.lightinthevalley.org

NEW LIFE FOURSQUARE CHURCH 7591 Hwy. 97 • 509-548-4222 Sunday Worship, 10 a.m.

Pastors, Darryl and Mindy Wall _____Email: newlifeleavenworth@gmail.com FB page: newlifeleavenworth www.newlifeleavenworth.com



PLAIN

PLAIN COMMUNITY CHURCH Serving Our Valley Since 1941 12565 Chapel Dr. 509-763-3621

Looking for you at 10:30 this Sunday! plaincommunitychurch.org facebook.com/plaincommunitychurch office@plaincommunitychurch.org

Cascade Medical Foundation introduces two new board members

SUBMITTED BY NEVONNE McDaniels

 $Foundation\ Administrator$

LEAVENWORTH - Cascade Medical Foundation recently welcomed two new board members: Rex McMillian and Aileen Yost.

McMillian joined the board in March. He is a retired U.S. Marine Corps Lt. General who spent 38 years on active and reserve duty, including serving as a fighter pilot and later as a commercial pilot. A resident of Plain since 2018, he served as cochairman of the Foundation's Cascade Golf Classic in June.

He also is chairman of the Board of Wine Country Marines, nonprofit support organization for veterans.

Aileen Yost joined the board in July. She has a background in graphic design and currently works as client relations director for 3stripe Management, an association management team on the west side of the state. She and her husband, Jeff, are co-owners of (509)Spirits, a local distillery. They built their home in Plain 20 years ago and have lived there full-time since 2020.

McMillian and Yost join 15 other volunteer board members



who help create and coordinate fundraising events for Cascade Medical Foundation. The Foundation's mission is to help support Cascade Medical's ability to deliver quality health care to the community. Since its founding in 1992, the Foundation

has helped purchase more than \$1.9 million worth of medical equipment for Cascade Medical. Board members serve threevear terms.

For information, go to cascade medical foundation. org.



SUBMITTED PHOTO



Rex McMillian

Jive Time

CONTINUED FROM PAGE A1

music starting at 6:30 p.m.

A pre-concert social from 4:30 to 6 p.m., featuring a gourmet charcuterie table by Modern Mountain Creations, is available for \$25. The "grazing table" will be packed with meats, cheeses, nuts, fresh fruits and so much more. Tickets, at icicle.org, must be purchased in advance.

The concert is one more way the Foundation brings the community together while supporting its fundraising mission. In June, the Foundation's Marson and Marson Cascade Golf Classic raised more than \$46,000 for a cardiac rehabilitation center at Cascade Medical.

"Events like these help the

Foundation fund critical needs for us and, in turn, we're able to continue to provide high quality care to our community," said Cascade Medical CEO Diane Blake. "We're so fortunate and grateful for our community's support — it really takes us all, working together, for a healthier community.

"We are basically the same type of band, but with many personnel changes," said Zanol, who has been involved from the get-go. "I'm a semi-retired pro," he said, who joined because he wanted to keep playing.

He is still having fun, he said. He also enjoys the band's sense of family, some of which comes from the varied demographic of its members.

One of the founders' tenets was to allow high school students to play in a more adult setting, Zanol said. That still holds today. Wenatchee Valley College students can earn credit for participating and the band is also offered as a continuing education course. Listeners seem to enjoy the band's sound as well.

"Audiences get a chance to hear a live band playing all sorts of big band jazz, from the big band heyday to the most modern big band jazz being performed," Zanol said. "Once in a while we have a concert setting, but not often. Usually



Cascade School District Ninth grade students visit our Nation's Capitol

Aileen Yos

By Marlene Farrell

Correspondent

This summer, twelve Cascade School District rising nineth graders had a chance to extend their United States history learning with an action-packed, five-day trip to Washington, D.C. and other nearby sites of historical significance. Eighth grade history teacher, Todd Gilbert, chaperoned the trip which was coordinated through World Classrooms.

"The purpose of the trip was an educational enrichment opportunity concerning the history of the United States," said Gilbert. "World Classrooms basically took care of having tour guides and local experts, though it was great [for me] to be there for students when they had additional questions concerning the information, they were taking in."

The students visited the U.S. Capitol, Washington Monument, Arlington National Cemetery, Holocaust Memorial Museum, White House and Lafayette Square, War Memorials (Vietnam, Korean, Civil War, and World War II), Lincoln Memorial, Jefferson Memorial, FDR Memorial, MLK Memorial, some of the

Smithsonian Museums, the 9/11 memorial at the Pentagon and

the Marine Corps Memorial. Additionally, they got to tour Gettysburg National Military Park in Pennsylvania and Mount Vernon, the home of

George Washington, in Virginia. This short trip brought history alive for these fortunate students in a way that is not possible with text books and videos alone.

The #2 Affordable Housing Whistle

By Rhona Baron

The United States is in the throes of a housing crisis. Estimates indicate that we face a shortage of 6.5 million homes. As The Whistle detailed two weeks ago in part one of our three-part series on housing, Leavenworth is uniquely challenged.

Like a Rubik's Cube almost too complex to tease into place, the town's desirability mixed with the influx of wealthy buyers based in the Seattle corridor, our limited geography, lower incomes from the tourism industry, infrastructure insufficiency and our second home market are daunting at best. After the August 10 meeting, we should add wildfire safety to the list of hurdles.

It's tempting to throw up hands and drop the cube altogether. But The Whistle Team is holding on, confronting the issues, and laying them out for you. Our #1 housing column, published on August 16, offered context of the big picture. We outlined America's mixed economic attempts system which

balance government intervention with capitalism in hopes of creating "social aims for the public good." We summarized the law of supply and demand and how home prices are driven upward. We detailed how densifying or "upzoning" plays into Leavenworth's housing crisis.

Today we pick up where we left off. As city hall pursues the demise of single family zones, now a common practice across America.

The Whistle asks: how did our community end up at this point, and how's that working for us?

For decades, affordable efforts housing Leavenworth were made outside of City Hall. A decade ago, I contributed to the Meadowlark affordable project, slated for the same hillside on the Chumstick that is currently being leveled by Weidner Development in preparation to house up to 600 people in market rate, multiplex units. In the past, the community pledged for Habitat for Humanity homes and more. I volunteered with my friends at MEND.

The Marson's took it upon themselves to maintain a stock of affordable employee rentals. We were engaged.

No matter how much the mayor, council members and associated folks attempt to claim the moral high ground by shaming anyone who disagrees with their approach, Leavenworth's should not be stereotyped as unfeeling, culturally or racially arrogant hayseeds. The "Miracle Town" is expert at embracing change. And the vast majority of citizens care about a fair shake, including housing the people who work, live and raise a family here. It took too long, but in 2016 the city formally acknowledged the problem of affordable housing by establishing a Housing Task Force, followed by a Housing Needs Assessment, and a Council Housing Committee. By 2020, code changes supposedly intended to solve affordability were in full swing. Single family zoning language was being redlined and replaced to allow more units, tighter setbacks, loss of vegetation and less emphasis

on kids. Neighbors began to complain and wave various red flags.

They were ignored. The code changes dovetailed with COVID quarantining, overshadowing and nearly eliminating the opportunity for public input. This summer ground was broken to begin construction within Leavenworth's city limits to house almost 1000 more people. Whether rented or owned, not one unit has been

designated "affordable." For some reason, even with the establishment in 2021 of a Housing Action Plan that identified and prioritized options to address Leavenworth's housing situation, the planning commission cherry picked certain points, ignoring those that could have had far greater impact. Change after change has been brought to the council and they have approved with little regard for the impact those modifications spawned, the public comments against or the lack of formal evaluation process the council failed to bake into their master plan for densification. The marked difference in

this iteration of affordable housing initiatives is the separation between the citizens and the mandates forced on the community by our elected officials. The community is led to believe we just have to be patient. Indeed, one of the most influential ideas in urbanism today posits that reforms in zoning and building codes to allow for density will pave the vellow brick road toward diverse communities and affordability in the future. The approach can be effective and help revitalize communities. But magical thinking abounds if you think it's going to work here, given the Rubik's Cube of conditions Leavenworth faces. Unstoppable without intervention, local pricing for homes will continue to climb at a greater pace than neighboring towns. There is zero evidence Leavenworth can densify our way to Oz.

The Whistle blows on city hall for mistaking Leavenworth for a test tube. Our jewel of a tiny town

has become an early adaptor

of unproven urban theory, currently being measured in the large cities it was designed for such as New York and Chicago with mixed results. In terms of studies conducted on mountain tourist villages that by their nature are far more sensitive to code changes, none could be found.

The Whistle

Why do our elected officials fail to employ virtually any government tool at their disposal to mitigate pricing, enhance green space, address neighbor complaints or solve traffic and infrastructure concerns before and during the push to densify?

In the next column, we'll unlock the city's toolkit so we can all evaluate the truth about the hard choices before us. Until then, spare us your moral superiority. But please visit our website at LWhistle. com to comment. Keep whistling, we hear you!

Which nose spray is best for hay fever?

Pollen and animal dander can trigger sinus pressure, nasal congestion, watery eyes, runny nose, and sneezing. Years ago, these symptoms were called "hay fever" because they were much more common during the late spring and summer when hay was harvested. These days, doctors refer to them as allergic

Saline nose drops or spray can help liquefy mucus and relieve stuffiness. Add ½ teaspoonful of salt to 1 cup of distilled or boiled tap water to make your own saline. Adding a pinch of baking soda makes it sting less.

Decongestant nose drops and sprays such as Afrin® (naphazoline) and Neo-Synephrine® (phenylephrine) relieve nasal congestion by rapidly shrinking the blood vessels in your nose, reducing swelling. However, there's a catch: they often stop working after several days of continuous use, which is called rebound.

Some people decongestant nose sprays for months without getting rebound stuffiness. In contrast, others have problems after only a few days of regular use. Decongestants often increase blood pressure. Avoid decongestant nose sprays entirely if you have high blood pressure or a heart condition.

Steroid nose sprays decrease inflammation and help ease sneezing, sniffling, stuffiness. Several options are available without a prescription, dosed as 1-2 sprays once daily or 1 spray twice a day. However, steroid sprays can take several days to get complete relief, while decongestant nose sprays work within minutes.

A new type of rapid-acting nasal spray is now available without a prescription.

Astepro® nasal spray starts working faster than steroid nasal sprays.

When you come in contact with something you are allergic to, it triggers a chain reaction of redness, swelling, and itching. This reaction is engineered by a

chemical called histamine. Your body stores histamine in special cells called mast cells. They are found in high concentrations in your eyes and nose. When exposed to something you are allergic to, these mast cells open up, releasing the stored histamine. This triggers an allergic

reaction. Some medicines, called mast cell stabilizers, block allergic reactions by keeping histamine safely locked up inside your mast cells. Astepro® nasal spray contains a mast stabilizer called azelastine. Azelastine does more than that; it is also an antihistamine. Azelastine not only prevents histamine release but also blocks its action.

Astepro® can be used in addition to other nose sprays for allergic rhinitis.

7 Tips for Getting the **Most Out of Your Nose** Spray:

1. Try a steroid nasal spray first.

The most potent treatment for allergic rhinitis is a steroid nose spray. There are several products available without a prescription: Nasacort Allergy 24-Hr® (triamcinolone), Flonase Allergy Relief® (fluticasone), (budesonide), Rhinocort® and Nasonex® 24HR Allergy (mometasone).

2. Start your steroid or Astepro® nose spray as soon as possible, even before exposure.

It can take several days or longer before getting the maximum effect from a steroid nasal spray. Astepro® (azelastine) starts working faster but may not be as effective as a steroid nose spray. Starting before exposure to your allergy triggers often helps them work better.

3. Limit decongestant nasal spray use to 3-5

Decongestants like Afrin® work fast, but you should switch to a steroid nasal spray for more extended relief and to avoid rebound stuffiness. You can use a steroid nose spray with decongestants and azelastine together.

4. Shake steroid nasal sprays well and "prime" them before using.

Before you use it for the first time, shake the spray bottle gently, and then, while pointing it away from you, use the sprayer repeatedly until you see a fine mist appear. This usually takes 6-10 actuations. The bottle may be stored unused for up to 1 week without being primed again.

5. Aim it correctly.

To avoid irritation, aim the tip of a nose spray toward your ear, away from the tissue between your nostrils. Breathe gently while spraying. Snorting can carry the medicine down your throat instead of your nose.

6.Try a different one.

There are several different steroid nasal sprays, plus an antihistamine/mast cell stabilizer. Try another one if you don't get relief or



experience side effects like nosebleeds.

7. Use saline nose drops for infants.

Using saline nose drops to relieve stuffiness is safer than decongestants and just as effective. Put 1-2 drops in each nostril, wait 15 minutes, and then use a small bulb syringe to suck out the liquefied goo.

For more severe symptoms, Nasacort Allergy 24-Hr® is safe for children as young as 2, and Astepro® is safe for children 6 and up.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, The Medication Insider.com.©2023 Louise Achey

Village Art

CONTINUED FROM PAGE A1

can apply for \$200 grants for small projects in any subject that has a connection to art. These grants enable handson art projects that can spur the imagination and aid understanding of subjects like math, science or history.

Mahler advocated for these grants and said, "Art can be a tool to turn on the education switch for a kid."

Artists and board members alike praised Baker at the helm. "Callie is a dynamic leader. The organization has moved forward dramatically since she's been involved," said board president Laura Hansen. Baker's ideas have aided all

aspects of the organization. She initiated the offer to customers to round up their sale with a small donation. The pennies and sometimes much more money has gone straight to the scholarship fund.

"Callie is very tech savvy," Mahler said. "She modernized the scholarship and grant applications, so they are an easy online process now.

She also switched to a direct deposit system, which is super smooth for the artists to receive their commission."

Art in the Park has refreshed their logo, rackcards, and signage and are working on promotional ideas with the Chamber of Commerce to help locals and visitors alike understand the nonprofit's long history, its ties to the

local arts community, and its integral part in fostering art in the schools through significant financial support.

Locals should come check out the white tents full of paintings, photographs, multimedia art, jewelry, metalwork, and fiber arts. Thursdays and Friday mornings are quieter before the influx of weekend tourists.

And CSD teachers, get ready to apply for a mini grant. Watch for instructions in September.

Baker summed up the value and mission of Village Art in the Park. "Art in the Park is about camaraderie among artists. Collectively, their work in the park supports the next generation of artists in our community. It's a big happy



RECORD

FERALD

Place your ad online at NCWMARKET.COM or call 509-548-5286 - Leavenworth Echo/Cashmere Valley Record **509-682-2213** - Lake Chelan Mirror • **509-689-2507** - Quad City Herald

PUBLISHER'S NOTICE All real estate advertising in this newspaper is subject to the Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimina-tion based on race, color, religion, sex, handicap, familial status or na-tional origin, or an intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. To complain of discrimi-nation call HUD at 1-800-669-9777. The number for hearing impaired is 1-800-927-9275.

CORRECTIONS: Ward Media LLC shall be responsible for corrections to advertisements on the first publication only The advertiser will be responsible for the corrections made thereafter. Ward Media LLC shall not be responsible for slight changes or typographical errors that do no lessen the value of the advertisement. Ward Media LLC's liability for other errors or omissions in connection with an advertisement is strictly limited to the publication of the advertisements in any subsequent issue. No monetary refunds will be given. For more information call 509-548-5286.



Administrative

Puzzle Solution

6	9	3	5	2	8	7	4	1
7	8	5	1	4	3	2	9	6
2	4	1	7	9	6	5	3	8
1	6	2	9	3	5	8	7	4
8	3	4	2	7	1	9	6	5
9	5	7	6	8	4	3	1	2
3	2	8	4	6	7	1	5	9
4	1	9	3	5	2	6	8	7
5	7	6	8	1	9	4	2	3



Announcements

Lost & Found

LOST & FOUND ITEMS can be placed in our **Local Newspapers** and Online at NCWMARKET.COM for

ONE week for FREE. Limit 30 words. A small fee will be charged for over 30 words and pictures or other extras.

Leavenworth/Cashmere 509-548-5286 or email

classifieds@leavenworth echo.com

Lake Chelan Mirror 509-682-2213

Quad City Herald 509-689-2507 or email mirrorads@lakechelan mirror.com

Deadline Noon on Friday for the next week's papers

Happy Ads

Do you have a SPECIAL EVENT COMING UP? **HAPPY BIRTHDAY CONGRATULATIONS!** WILL YOU MARRY ME? HAPPY ANNIVERSARY

Add unlimited text and pictures, video for your online ad at

www.NCWMarket.com

Print ads are limited to 30 words, over 30 words, or extra enhancements like bold words or border will be a minimal extra charge. Ads will be placed in the following Wednesday edition of the papers. It is easy just Register and pay on our secure site 24/7

questions. The Lake Chelan or Quad City Herald

Or call 509-682-2213 to

place ad or have

or email mirrorads@ lakechelanmirror.com For

The Leavenworth Echo or Cashmere Valley Record

Call 509-548-5286 or email classifieds@leavenworth echo.com

Commercial

Commercial Rentals

Flying Dutchman Self Storage Secure storage units for rent. 5x10 up to 10x25 All units have lights with 24/7 access. Give us a call

Employment

(509)548-6343.

Help Wanted

Looking for a great local employee?

It is easy to place your ad online 24/7 at www.NCWMarket.com Register and pay on our secure site.

Want Print Only for The Lake Chelan Mirror Quad City Herald **Brewster** Call 509-682-2213

or email mirrorads @lakechelanmirror.com

OR Leavenworth Echo Cashmere Record 509-548-5286 or send email to classifieds@leavenworth

Deadline is Friday by Noon for the following Wednesday issues of all newspapers

echo.com



Help Wanted

WASHINGTON STATE

WSU is hiring a full-time SNAP-Ed

Program Assistant. This position is with the WSU Extension Food \$ense Nutrition Education program in Okanogan County. Bachelor's degree in nutrition or related field or equivalent education and work experience is required.

To apply, visit https://wsu.edu/jobs/ and search position number R-10091.

For questions, call Margaret Viebrock, WSU Chelan-Douglas County Director at 509-745-8531. Applications are due September 8. WSU is an EO/AA Educator and Employer.



School District is seeking qualified applicants for the following positions:

Substitutes needed:

- **Bus Drivers**
- Custodians
- Food Service
- Para Professionals Teachers
- Teachers (Emergency Substitute)

Fast Track application process and information can be found on our website at www.cascadesed.org

Receptionist for HVAC Contractor.

EOE

Full-time M-F. Equal opportunity employer, Fun loving, family oriented and energetic work environment. Full benefits with paid holidays, vacation and oaid health care package. Responsibilities include multiline phone system, operation of general office equipment and

electronic record keeping. Must be customer oriented and have ability to multitask. Knowledge of Microsoft Office and QuickBooks. Located in Entiat. If interested call for an application 509-784-4822

Windermere Real Estate/NCW Windermere Leavenworth/Lake Wenatchee Specialists

Looking for real estate Robyn Bodajla - 617-462-3402 in the Upper Valley?

Give us a call today!

Momi Palmieri - 509-433-2211 Geordie Romer - 509-679-8958 Allyson Romer - 509-630-9898

See all available properties at windermereleavenworth.com

For Sale

Antiques & Collectibles

Get cold hard CA\$H for your **Antiques and** Collectibles by placing them in our classifieds.

Place your ad with pictures online 24/7 at

www.NCWMarket.com Register and pay on our

secure site. Want Print Only? Call

Lake Chelan Mirror Quad City Herald

509-682-2213 or email mirrorads @lakechelanmirror.com or call

The Leavenworth Echo Cashmere Valley Record 509-548-5286

classifieds@leavenworth

echo.com Deadline: Noon on Friday for all papers.

Garage & Yard Sale

CLEAR SOME SPACE WITH A



Fill your pockets with CASH \$\$ Let others know what items you are selling!

Go online now to Place your ad 24/7 at www.NCWMarket.com

Print only? **Deadline Friday at** Noon for all papers

Lake Chelan Mirror Quad City Herald Call: 509-682-2213

Leavenworth Cashmere Call: 509-548-5286

Your ad will appear online and in the newspapers for one low price!

WHAT'S

Need to promote your event? Have you thought about

NCWMarket.com

the best online promotion available

It's available 24/7

General Merchandise

Items for Sale

- AMEREX carbon dioxide commercial fire extinguisher \$50
 - Rival brand small microwave. \$25.
- Toaster-Broiler oven \$20.
- Nice wooden, 2 drawer legal file with folders \$40
- Tiffany style lamp-table \$50
- 24 x 24 inch canvas pink rose picture \$20 Leavenworth Call 509-670-1723 to see

Vehicles

Campers, Trailers & RVs

For Sale 8' x 10' Utility Trailer \$550 8' Livingston Boat \$200 Call for details 509-668-1940 East Wenatchee



'ride'? we can help you sell your old one

- Place your ad 24/7 at ncwmarket.com • Email: classifieds@
- leavenworthecho.com Call 509-548-5286

Legals

Public Notices

Superior Court of Washington For Chelan County

In the matter of the estate of Rev. Otto Koltzenburg, Deceased. No. 23-4-00247-04

Notice To Creditors 11.40.030) The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

Date of First Publication: August 23, 2023. Elisabeth Hunziker, Personal Representative Personal

Attorney for the Representative: Joseph C. Brown, Jr., WSBA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 23-4-00247-04

Published in the Cashmere Valley Record and Leavenworth Echo on August 23, August 30, and September 6, 2023. #6172



for your Furry friend? Try the pet section on

NCWMarket.com

Place your Help Wanted and find the best qualified local employee



- at ncwmarket.com Email: classifieds@
- leavenworthecho.com
- Call 509-548-5286



Upgrading your 'ride'? We can help you sell your old one. Place your vehicle

For Sale 24/7 at NCWMarket.com

NCWMarket.com is a classified advertising service of NCW Media, Inc. Publisher of The Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald & Wenatchee Business Journal

The good news about NCWMarket.com is:

- · Rates start as low as \$5 per month Google says we averaged 5,277 visitors
- per month last year You can have multiple photos even videos
- You can protect your identity until you decide to respond to inquiries, OR
- You can include a map to your business
- · You can change the ad anytime you want as often as you want
 - We don't sell your email address or any of your personal information
 - Our monthly subscription programs allow you
 - to change your ad entirely at no additional charge

Place your ad now: NCWMarket.com

Public Notices

SUPERIOR COURT, SPOKANE

COUNTY, WASHINGTON In the Matter of the Estate of: DAVID V. WHITE, Deceased. 23-4-01472-32 No.: Case NOTICE **PROBATE** TO **CREDITORS** The personal representative named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner provided in RCW 11.40.070 by serving on or mailing to the personal representative or the personal representative's attorney at the address stated below, a copy of the claim and filing the original claim with the court in which the proceedings commenced. The claim must be presented within the later of (1) Thirty (30) days after the personal representative served or mailed the notice to the creditor as 11.40.020(1)(c); or four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective

decedent's probate nonprobate assets. DATE OF FIRST PUBLICATION: August 16, 2023 PERSONAL REPRESENTATIVE:

as to claims against both the

DANNY A. WHITE ATTORNEY FOR PERSONAL REPRESENTATIVE: JOSHUA P. GREWE,

WSBA #53653 ADDRESS FOR MAILING OR SERVICE: 103 E. Indiana Ave., Ste. A Spokane, WA 99207 COURT OF PROBATE

PROCEEDINGS Spokane County Superior. Published in The Leavenworth Echo/Cashmere Vallev Record on Aug. 16, 23, and 30, 2023.

NCW

Public Notices

SUPERIOR COURT, STATE OF WASHINGTON, COUNTY OF SPOKANE

In the Matter of the Estate of **GEORGE** Deceased. No. 23-4-00901-32 PROBATE NOTICE TO **CREDITORS**

Personal Representative named below has been appointed as the Personal Representative of the estate. Any person having a claim against the Decedent must before the time the claim would barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative at the address stated below, a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor provided under 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against the Decedent's probate and non-probate assets. Date of First Publication:

August 30, 2023 Personal Representative Paul A. Tiffany Mailing Notice: Address for Evergreen Estate & Elder Law Mirisa Torres, WSBA #38089 818 W. Riverside Ave., Ste. 510 Spokane, WA 99201 Telephone Number: 509-325-5222.

Published in The Leavenworth Echo/Cashmere Valley Record on August 30, and Sept. 6, and 13, 2023.

Peach cobbler - a family favorite

A few years ago, I purchased a small box of treeripened peaches directly from a farmer. They were perfectly ripe, ready to eat fresh, and I wanted to make peach cobbler. My paternal grandmother often made fruit cobbler by putting tablespoonfuls of drop biscuit dough onto a fresh fruit filling. Her cobblers were a deep-dish fruit pie, with fluffy soft biscuits on top instead of pie crust on top and bottom. Although I looked and looked

find one for "cobbler." I wanted peach cobbler instead of peach pie, so I kept looking. I searched on the Internet but didn't find anything close enough to try. Then I consulted my favorite cookbooks. I didn't locate a recipe for "fruit cobbler" until my Discover Dayton cookbook.

through her recipes, I couldn't

My husband, Charlie, was born and grew up on a farm outside Dayton, Ohio. We met in 1982 while he was working at Sunrise on Mount Rainier. In 1985 we moved to Ohio, living on one of the family farms while working in downtown



Dayton.

Before we returned to Washington State in 1990, I purchased a Discover Dayton cookbook, the main fundraising project of the Junior League of Dayton at that time. My copy is from its fourth printing in 1984.

With 354 pages of recipes featuring many local favorites, the Discover Dayton cookbook is over an inch thick, consisting of 5 main sections, distinguished by alternating white and brightcolored pages.

The first section, Appetizers, is printed on lime green paper. Savory Side Dishes follows on crisp white pages. Elegant Entrees stand out on mustard yellow paper, while dessert recipes grace the white sheets of the next grouping, Sweet Endings. A final section shares recipes contributed by Dayton area restaurants, printed on cranberry red paper.

Between Company Cheesecake and Baked Cheddar Apples, I found Five Generation Peach Cobbler on page 244, contributed by Mrs. George L. Word (Paige Early). It had a pie-like top crust for the cobbler, which I suspected would be more work than a drop biscuit version. I was right; it was.

Pulling the cobbler out of the oven, I asked myself, "Will it be worth it?"

After my first bite, I was hooked. I have seen people return for seconds, even third helpings at potlucks. Best peach cobbler EVER!

Five Generation Peach Cobbler

5 cups fresh peaches, peeled, pitted and sliced

3 tablespoons flour

1-1/4 cup sugar

1 teaspoon cinnamon

4-6 tablespoons butter Slice peaches into a heavy, greased baking dish measuring approximately 9 inches around and 3 inches deep. Mix together flour, sugar, and cinnamon, and sprinkle over peaches. Dot with butter.

CRUST

1 cup flour

1/2 teaspoon salt 2 teaspoons baking pow-

2 tablespoons sugar

1/3 cup shortening (I use butter)

1/3 cup milk

Sift together dry ingredients. Cut in shortening until the mixture resembles coarse cornmeal. Pour milk in all at once, and stir with a fork. Roll dough out on a floured board until it is the size of the baking dish – it will be ¼ to ½ inch thick. Place crust on top of peaches. Bake in preheated 425-degree oven for about 30 minutes.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, The Medication Insider. com. ©2023 Louise Achey

How to help keep your child safe and healthy this school year

STATEPOINT - As students return to classrooms, doctors say that it's important to ensure that children are up to date with routine childhood vaccinations.

'The evidence around vaccinations is abundantly clear; they're safe, effective and will help protect you, your loved ones, and your community from preventable diseases. If you have questions about vaccines, their safety, or effectiveness, please speak to your physician. We are here for you, eager to answer your questions, and ensure your family is protected," says Jesse M. Ehrenfeld, M.D., M.P.H., president of the American Medical Association (AMA).

In an effort to promote a safer, healthier school year for everyone, the AMA is sharing these vaccine facts and insights:

· Vaccines are safe, effective and save lives. Routine childhood immunization is highly effective at preventing disease over a lifetime, reducing the incidence of all targeted diseases, including measles, mumps, rubella, polio, and chickenpox. For the U.S. population in 2019, vaccines prevented more than 24 million cases of disease.

 The benefits of vaccines can be quantified. According to the Centers for Disease Control and Prevention (CDC), vaccination of children born between 1994 and 2021 will prevent 472 million illnesses, almost 30 million hospitalizations and more than 1 million deaths, saving nearly \$2.2 trillion in total societal costs, including \$479 billion in direct costs.

· Vaccination rates have fallen. Even before the rise in



STATEPOINT

American Medical Association President Jesse M. Ehrenfeld, M.D., and his son Ethan.

vaccine misinformation and disinformation associated with the COVID-19 pandemic, vaccine hesitancy was increasing, elevating the risk of community outbreaks, which put under-and unvaccinated children at risk for serious illnesses, like measles. According to a mid-January 2023 report from the CDC, vaccination coverage decreased in most states for all vaccines among kindergarteners for the 2021-22 school year when compared with the previous school year, which was already below

pre-pandemic levels. · Speak to your child's physician. With increased misinformation around vaccinations, it is critical that you seek out reliable, evidence-based sources for information. These sources may begin with websites like getvaccineanswers.org, but they should also include your child's physician.

Physicians can also an-

swer questions on the new monoclonal antibody therapy, nirsevimab, available for infants and children under the age of 19 months, for the prevention of RSV disease.

• Don't let cost be a barrier. Programs like Vaccines for Children (VFC) are federally funded to provide nocost vaccinations to children whose families otherwise could not afford them. Parents can learn more by contacting their state or local health department.

"Make an annual well-child visit and immunizations a part of your household's back-to-school routine," says Dr. Ehrenfeld. "Doing so will protect you and your family from a number of preventable illnesses. It's something I do for my own children, and I urge you to do so, too."



MARKET.COM

CLASSIFIED ADS



1-888-416-7103

CIROSSWOIRID PUZZI

THEME: AWARD-WINNING DRAMAS

1. Radiant light 6. Ceiling prop 8. Sweatshirt attachment 12. Auricular

13. Lightly colored 14. Like a certain lass 15. Rotterdam or Singapore, e.g. 16. Greek god of love

18. *1960 Golden-Globe winner with Kirk Douglas 20. The Bee 21. Rowed

23. *1922 Pulitzer-winning "Long Day's Journey into Night" author 26. *James Cameron's 1997 Oscarwinner

30. Steal 31. "Killers of the Flower Moon" tribal

34. All's opposite 35. *2021 "royal" Emmy winner 37. "One Fish Two Fish 38. More eccentric

39. Assistant 40. Expels 42. Before, old-fashioned 43. Consummate professional, in music 45. Mid-body narrowing, pl.

47. Feather glue 48. Library offerings 50. Cry like a baby 52. *"The ____", 1972 mafia Oscar 56. Jeopardy, not the game 57. Type of molding

59. Full of blood vessels

60. Christian of haute-couture 61. Suite cleaner 62. Mountain goat terrain 63. D.C. bigwig 64. Middle of March DOWN 1. Brewer's perennials 2. Perching place 3. Italian money 4. Type of local tax 5. Travesty 6. Not silently 8. *2012 Emmy-winning espionage

9. Fairy tale opener 10. Half of binary code, pl. 13. Bits of wisdom 11. Yellow #5, e.g. 14. Fathered 19. Bird of prey's weapon 22. Female sib 23. 's razor

thriller

25. Horace's poem 24. Waterwheel 26. Danson and Kennedy 27. Lymph "containers"

28. Lacking vigor 29. Roman counterpart of Greek 32. *Ben Affleck's 2012 Golden Globe best drama winner

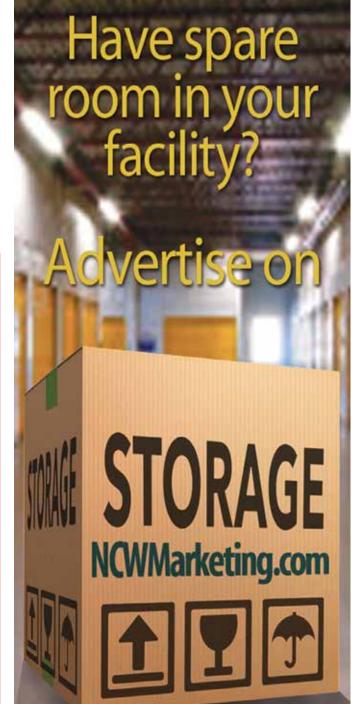
36. *2000-2003 White House Emmy winner, with The 38. Port city in Japan 41. BOGO offer 40. Get it wrong

46. Isthmus, pl.

48. Railroad car undercarriage 49. Theater, to Socrates 50. Samuel Adams, e.g. 51. Operatic solo 52. Hermes and Apollo

44. Total amount

53. Cabbage amount 54. Great Lake 55. *Best Director Oscar-winner Warren Beatty's 1981 film 56. Rubber substitute, acr.



To the Communities in the Cascade School District

Welcome back to school! We are looking forward to seeing the smiling faces of our students on August 29! We are looking forward to a year filled with great learning, experiences, and partnerships.

We are pleased to announce that Cascade School District has been selected as the FieldSTEM District of the Year by the Pacific Education Institute. This recognition is based on CSD's efforts to advance scientific and civic engagement by promoting community-based science. The celebratory event will be held in October 29.

Along those lines, you may have noticed the work that has been going on in front of Icicle River Middle School (IRMS). The Chelan County Natural Resource Department is putting in place a lowwater demonstration garden that middle school students designed. You have probably seen our new greenhouse also on the IRMS campus. Our high school plant sciences course has already been using this greenhouse and, in partnership



with Cascadia Conservation District, grew vegetable starts to distribute at the UV MEND Community Cupboard this past spring.

We are grateful to the communities of Cascade School District for supporting our technology and safety levy. This support has allowed us to purchase much-needed replacement computers for our students and staff. In addition, this levy is supporting some of the costs of our new school resource officer (SRO), Deputy Nigel Hunter. Deputy Hunter has been a teacher, a coach, and an SRO for Lake Chelan and Manson School Districts. We are very excited to have him join CSD and to continue to help us foster a safe and effective learning environment for all.

We are also grateful to the communities of Cascade School District for their continued support of our Educational Programs and Operations (EP & O) Levy. This levy allows us to pay for school nurses and school counselors as well as instructional support for music, arts, and students with special needs. In addition, it allows us to provide extracurricular activities and athletics. Please come out and support our Kodiaks during their performances and competitions. You can find the Kodiak athletic schedule on the high school website. Don't forget the Homecoming football game at 7 p.m. on September 15 at the Peshastin-Dryden Sports Complex.

Thank you for your support of our schools. We're looking forward to a great 2023-2024 school year!

Dr. Tracey L. Edou, Superintendent

BUSINESS & SERVICE Directory Add your business or service to this directory: 509-548-5286

DRILLING



EXCAVATION

Power & Water Systems

Dump Truck & Dozer **Drainfield Repair**

Free Estimates

(509) 548-3489

Leavenworth, WA

Septic Systems

Road Grading

WATER SOFTENERS, IRON FILTERS, CONDITIONERS, UV FILTERS, REVERSE OSMOS.

SULFUR, WHOLE HOUSE FILTERS, PREVENTATIVE MAINTENANCE, SERVICE, SALT SALES

Complete Excavating Service

WASHINGTON OUTDOORS REPORT

Dove Hunting

By John Kruse

mourning Washington's dove hunting season opens up September 1 and goes until October 30 with a daily bag limit of 15 birds and possession limit of 45 birds. This is a popular season for a niche group of hunters. In 2021, 3,626 hunters reported harvesting 42,458 birds, for an average of nearly 12 doves harvested per hunter. There were likely many more hunters in the field than this since typically only 50% of hunters report their harvest and reporting your dove harvest is not required anymore.

Most dove are harvested in Central Washington or Southeastern Washington, where abundant grain fields and nearby water sources attract these birds. The bulk of the dove will stay in our area until the first day the temperature drops to freezing, at which point many of the birds will migrate south to warmer climates. Like many human snowbirds, many of the mourning dove end up in Arizona or Southern California for the winter.

LOCAL PROSPECTS:

Grant and Adams County-Paula Clements with WDFW

FOOTBALL

GIRLS SOCCER

Kodiaks

Scoreboard

FALL SPORTS

says they don't do surveys but they do dove banding every year between July and the end of August. If you harvest a banded bird, Clements requests you call the number on the band and report where you harvested it. This gives biologists an idea of what hunter harvest looks like for birds. Grant County is consistently one of the best locations to harvest dove. Last year a little more than 9,500 dove were shot there and in Adams County some 1800 birds were taken by hunters. Clements expects a harvest similar to last year.

Clements says scouting is key when it comes to having success on opening day. Scoring private property access where there are grain fields is also helpful. You can find both public lands and private land access through WDFW partnerships on the WDFW hunt planner web map available at www.wdfw. wa.gov.

Klickitat County - Speaking with Stephanie Bergh, this area's district biologist for

WDFW, she said they don't do any surveys or banding of doves in Klickitat County so she doesn't have a good read on how things are going to be this year. One challenge hunters face is the fact that there is

X-COUNTRY

VOLLEYBALL

BECOME A KODIAK SPORTS SPONSOR THIS

YEAR Call 509-548-5286 to sign up. little public land suitable for dove hunting in the county. In fact, in 2021 no dove were harvested in Klickitat County though in 2020, 600 birds were harvested by eight people.

Biologists were unavailable for comment in the Wenatchee and Omak District offices prior to this column's publication deadline.

Dove hunting tips:

Troy Rodakowski is a wellknown Pacific Northwest outdoors writer and avid dove hunter who has some good advice for those venturing out for dove. To start with, dress for success and that means wearing camouflage. Hunter orange clothing is not required for dove hunting and Rodakowski points out dove are very wary and have excellent eyesight. Rodakowski suggests looking for dove in areas near food and water. Grain fields, water sources and recently burned areas where lots of seeds are present are all places that attract these birds. In terms of feed look for cut wheat, oat, barley or millet fields. Trees next to these fields are often places where doves will roost after feeding.

Dove are the most active in the morning and in the evening so hunt for them early and late in the day. Rodakowski also recommends using multiple dove decoys, and not just one or two, to attract curious birds to fence lines or trees where you are hunting.

When it comes to preparing those birds to eat after the hunt, Rodakowski loves to cook up dove poppers! He breasts out the birds and rolls the breasts in brown sugar and chili powder. He then wraps each breast in maple bacon and either grills them up or bakes them until the bacon and dove meat are cooked. Rodakowski will sometimes add a little jalapeño pepper to spice them up or a few drops of honey to sweeten the poppers.

Dove hunting is a low-key and sociable pursuit that helps get you ready for other wingshooting opportunities that become available this fall. If vou haven't done so before. give it a try this season.

John Kruse – www. northwestern outdoors.comand www. america out doors radio.com



PHOTO COURTESY TROY RODAKOWSKI

Mourning dove harvested after a successful hunt







Licensed - Bonded - Insured

STUMP REMOVAL



10817 North Road, Leavenworth • (509) 548-8222 Kim & Rosalie Kozelisky Licensed, Bonded, Insured · Cont. #UPPERVE200PI



Your local news is just a mouse-click away.



www.leavenworthecho.com

