



## Beloved Service Dog Retires After a Decade of Healing Hearts at Cascade Medical

### Dr. Roselynn Gentles' Hearing Service Dog, Abby, Leaves a Legacy of Comfort and Care, Passing the Torch to Leia

Abby the Service Dog, outside the Cascade Medical Emergency Department



COURTESY OF CASCADE MEDICAL



L-R: Dr. Roselynn Gentles, Leia, and Abby, all off duty.

COURTESY OF CASCADE MEDICAL

By CLINT STRAND  
Press Release  
Cascade Medical

LEAVENWORTH - If you have visited Cascade Medical's Emergency Department, chances are you've met the dynamic duo of Dr. Roselynn Gentles and her hearing service dog, Abby. Starting this month, you'll see

Dr. Gentles with a new four-legged partner.

After a decade of service, Abby is hanging up her "service dog" vest while Cascade Medical welcomes Dr. Gentles' new service dog, Leia.

For someone with partial hearing loss since birth, like Dr. Gentles, having Abby in an environment like the Emergency Department has been

a great help.

"Abby's been my ears," Gentles said. "For instance, in my last clinic in Montana, they would call a 'Code Blue' (patient in distress) on speaker. I can't hear the speaker like most can, and sometimes it would be so busy and loud that others couldn't hear either. Abby could. She would hear it, alert me, and my colleagues

and I would go do what we needed to do. Here, I work 24-hour shifts in Cascade's ED, so she's been trained to notify me if my cell phone rings. So, she'll wake me up in the middle of the night if I'm on rest time waiting for my next call."

Over time, Abby has proven herself

SEE ABBY, PAGE A4

## Chelan/Douglas Counties Introduce Text-to-911 for Enhanced Emergency Response

WARD MEDIA  
Leavenworth Echo

CHELAN/DOUGLAS COUNTIES — In a significant stride toward bolstering public safety, RiverCom 911, in collaboration with law enforcement, fire, and EMS agencies across Chelan and Douglas Counties, proudly announced the rollout of Text-to-911 services effective August 28, 2023.

This breakthrough initiative allows residents and visitors in these Washington counties to send text messages to 911 during emergencies when making a voice call may not be possible. Text-to-911 is primarily designed for use in four critical situations, ensuring that individuals in distress can quickly access the help they need:

**Assisting the Hearing Impaired:** Text-to-911 offers a vital lifeline to individuals who are hearing impaired, ensuring they can readily request emergency assistance via text.

**Medical Emergencies:** In cases where a medical emergency has rendered an individual incapable of speech, Text-to-911 enables them to convey their urgent needs and location to responders.

**Dangerous Situations:** In scenarios where speaking aloud may exacerbate the danger, such as reporting a home invasion, robbery, or domestic violence incident, Text-to-911 provides a discreet way to request help.

**Poor Cell Coverage:** Text-to-911 proves invaluable in regions with unreliable cell coverage, where traditional voice calls may not connect but text messages can be successfully sent.

"This introduction of Text-to-911 marks another layer of protection for residents and visitors in Chelan and Douglas Counties," emphasized Doug Jones, Executive Director of RiverCom. "While calling 911 remains the preferred method, knowing that you can text for immediate assistance in specific situations is reassuring and, potentially, life-saving."

Utilizing Text-to-911 is straightforward. Cell phone users need only type "911" in the field designated for a phone number, and no additional digits are necessary. It's important to send these text messages through the native text messaging service on your wireless phone and not via third-party texting applications.

To ensure an effective response when texting 911, callers should adhere to these guidelines:

**Provide Your Location:** Clearly

SEE TEXT, PAGE A2

## Wenatchee River Salmon Festival Returns



COURTESY OF CHELAN COUNTY PUD

Students become caddisflies, stoneflies, and other aquatic insects in a game of tag. They quickly learn that some insects are more susceptible to environmental changes than others.

WARD MEDIA  
Leavenworth Echo

WENATCHEE - After a two-year hiatus, the much-awaited Wenatchee River Salmon Festival is making a triumphant return to the picturesque Rocky Reach Park and Discovery Center on Saturday, September 23, from 9 a.m. to 5 p.m. This beloved community event promises a full day of interactive games, art, storytelling, and educational fun for attendees of all ages.

The Wenatchee River Salmon Festival is a hands-on outdoor celebration that fosters a deep connection between people and

nature. It offers a unique opportunity to engage with the Salmon People and learn about their vital role in the ecosystem. This immersive experience invites visitors to explore a Native American village, providing a rich and authentic intertribal cultural encounter.

A diverse array of natural resource specialists from across the Pacific Northwest will be on hand to share their expertise, allowing festival-goers to delve into the world of fish, wildlife, healthy habitats, and watersheds. The festival aims to provide meaningful and enriching education that sparks a lifelong appreciation for the environment.



COURTESY OF CHELAN COUNTY PUD

Ellie Mae B. from Alpine Lakes Elementary in Leavenworth created the 2023 Salmon Festival Poster.

The festivities will kick off with a special event on September 21-22, where approximately 1,500 third and fourth-grade students from the region will transform the festival into an outdoor classroom. This day-long field trip integrates grade-level curriculum in a memorable, experiential way, enhancing their understanding of the natural world.

The Wenatchee River Salmon

Festival has garnered multiple awards over the years, including recognition as the "Best Children's Program" by the International Festivals and Events Association. The best part? Admission to this extraordinary event is absolutely free.

In 2023, the festival celebrates its 31st anniversary, promising even

SEE RIVER, PAGE A4

# Rich Brinkman

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Safeway



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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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Classified ads can be placed during normal office hours by calling 509-548-5286 or by emailing classifieds@leavenworthecho.com.

Services

Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

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\$15.00 for first 30 words .10 for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

## Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Probst at [quinn@ward.media](mailto:quinn@ward.media). We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



**5 THINGS TO DO THIS WEEK**

### Breakfast in the Park

The Leavenworth Lions Club will host an all-you-can-eat Breakfast in the Park from 7am-11am Saturday, September 9th. Enjoy pancakes, eggs, and sausage while supporting community health, scholarships and more.

Tickets are \$10 for ages 10 and up, \$5 for ages 4-9, children under four eat free, and active military personnel with ID eat free.

The breakfast is at the Lions Park (696 US Hwy-2) next to the library and across the highway from downtown.

For more information visit [leavenworthlions.com](https://leavenworthlions.com)

### Bavarian Duck Race

Come watch the ducks race on Icicle river. Leavenworth Rotarians are hosting the 2nd annual Bavarian Duck

Race on the River from 2-3pm Saturday, Sept. 9, at the Blackbird Island Bridge.

Duck drop is at 2PM with a West Bridge Release and an East Bridge catch. Ducks are \$10 each and proceeds go to community projects.

For more information visit the Leavenworth Rotary page at <https://portal.clubrunner.ca/1360/>.

### Loos for the Lodge

The Leavenworth Winter Sports Club will host an end of summer celebration Saturday, Sept., 9 from 4pm-10pm.

"Come on up to Ski Hill on Saturday, September 9th to celebrate the conclusion of summer, enjoy local music, food and beverages - and as an added bonus- help the Leavenworth Winter Sports Club raise funds for the installation of ADA compliant

restrooms up at Ski Hill," the event page states. "Don't forget cash for food and beverage vendors and some amazing raffles."

### Bingo Night

Icicle Brewing will host Bingo Night Monday, Sept., 11 from 6-8 pm.

"Join us from 6-8 pm at the taproom on the brew floor (downstairs bar) for some sweet Bingo action," the event page states. "Free to play, and you can win some goodies."

### Birding by the River

The Wenatchee River Institute will host Birding by the River Wednesday, Sept., 13 from 8-9:30 am.

"Go birding with the

knowledgeable WRI staff around the WRI campus. All birding skills are welcome. Need binoculars? We have loaner binoculars that you can borrow," the event page states.

"This is a great opportunity to learn about eBird, the largest biodiversity-related community science project in the world, and utilize it to record our observations of local wild

birds. Total walking distance is ½ mile, over a gravel path with two moderate hills. Come prepared for the weather," the event page states.

Meet outside the River Haus at 8 am.

For more information visit the Wenatchee River Institute calendar page at <https://wenatcheeriverinstitute.org/event-calendar.html/event>

# Have Your Say: Join the Conversation in Your Community Newspaper!

Your voice matters, and our community newspaper is a platform for you to express your opinions, share your insights, and engage in meaningful discussions about the issues that affect us all. Whether it's a burning local concern, a heartwarming story, or an in-depth analysis of community life, we want to hear from you! That's why we're encouraging all our readers to take advantage of our "Letters to the Editor" and "Point of View" columns.



From the Publisher

TERRY WARD

We invite you to craft concise letters of 250 words or fewer that tackle subjects of local interest. Your perspective could shed light on an angle that others might not have considered. To ensure transparency and credibility, please include your name, home address, and an in-depth analysis of community life, we want to hear from you! That's why we're encouraging all our readers to take advantage of our "Letters to the Editor" and "Point of View" columns.

### Point of View: Delve Deeper into Community Issues

Is there a community issue that you're passionate about? Do you have a unique viewpoint that could enrich the discussions within our community? Our "Point of View" guest opinion columns are designed for just that. Share your insights in columns

### Letters to the Editor: Your Short and Sweet Takes

Do you have a strong opinion about a recent local event? Has an act of kindness inspired you or felt the need to address a topic of importance? Our "Letters to the Editor" section is the perfect space for

of no more than 700 words, diving into the heart of local matters that deserve attention. Just like with the letters, make sure to provide your name, address, and phone number for verification when submitting your guest opinion piece.

### Submission Guidelines

**Include Author Details:** All submissions must be accompanied by the author's name, city, home address, and daytime phone number. We value your privacy; only your name and city will be published. All other details are solely for verification purposes.

**No Anonymous Submissions:** We firmly believe in open and accountable discourse. Hence, anonymous submissions will not be accepted.

### Thank You Letters:

We welcome expressions of gratitude from nonprofit organizations and events. However, we will not publish lists of businesses or individual names.

**Respectful Dialogue:** Let's keep the conversation respectful and constructive. We will not publish letters or columns that impugn the personal character of private individuals or groups of people.

**Editorial Rights:** Kindly note that all letters and guest columns published become the property of Ward Media. We reserve the right to reject, condense, or edit submissions for clarity or when facts presented cannot be verified.

**Subject Focus:** "Letters to the Editor" should revolve around subjects of local interest, while "Point of View"

columns should delve into local community issues.

**Avoid Commercial Appeals:** Mass mailings, commercial appeals, and letters advocating boycotts are unsuitable for publication.

**Send Your Submissions:** Ready to share your thoughts? Email your letters and guest columns to [letters@ward.media](mailto:letters@ward.media).

We believe in the power of diverse perspectives and the strength of a community engaged in meaningful dialogue. Your contributions enrich our pages, sparking conversations that shape the very fabric of our society. Thank you for being an essential part of our community newspaper.

Warm regards,  
**Terry Ward**, CEO & Publisher Ward Media

### Text-to-911

CONTINUED FROM PAGE A1

specify your exact address or current location to help responders reach you swiftly.

**Explain the Emergency:** Concisely describe the type of emergency or assistance required.

**Cooperate with Responders:** Be prepared

to respond to any questions the 911 telecommunicator may send via text.

**Use Plain Language:** Avoid using abbreviations, symbols, emoticons, or photos, and instead use plain and straightforward language to ensure efficient communication.

This launch of Text-to-911 services in Chelan and

Douglas Counties underscores the commitment of local emergency response agencies to enhancing public safety and accessibility, providing vital support to those who need it most during critical moments.

For more information and updates, visit the official website of RiverCom 911 at [www.rivercom911.org](http://www.rivercom911.org).

## Donate Your Vehicle

Call (844) 889-8170 to donate your car, truck, boat, RV, and more today!

**How it Works:**

**1. Contact Us**  
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**2. Schedule Pickup**  
We'll pick up your vehicle for FREE - at a time and place convenient for you.

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**Donate Your Vehicle Today**  
**844-889-8170**

While we appreciate every donation, in some cases, we find that we are unable to accept certain vehicles, watercraft, and/or recreational vehicles due to the prohibitive costs of acquisition. If you have any questions, please give us a call at (844) 889-8170.

- **Downtown Steering Committee**, 10 a.m., meet in the Council Chambers and Zoom. (4th Tues.)
- **Housing Committee, Public Safety Committee, Finance Committee: No meetings**, reports are in Council packets. police and fire representatives speak at the beginning of the meeting. (4th Tues.)
- **City Council Study Session:** 5:30 p.m. City Hall Council Chambers, (2nd Floor) and Zoom. (2nd & 4th Tues.)
- **City Council Evening Meeting:** 7 p.m., City Hall in

Council Chambers, and Zoom. (2nd & 4th Tues.)

- **Planning Commission:** 7 p.m., Council Chambers and Zoom. (1st Wed.)
- **PRSA Meetings:** 3 p.m., City Hall Conference Room (Upstairs) (2nd Wed.), every other month (May, July, Sept., Nov., Jan., and Mar.).
- **Design Review Board:** 3 p.m., meets in the Council Chambers and on Zoom. (2nd & 4th Wed.)
- **Parking Advisory Committee:** 4 p.m., meet in the City Hall Conference Room and on Zoom. (3rd Thurs.)

## Rich Brinkman

### IS NOT PROJEKT BAYERN! HE IS FOR LEAVENWORTH!

Hello Leavenworth!

I would first like to thank all the people who have supported me thus far in my run to become Mayor of Leavenworth, as well as all of you that voted in the Primary Election. I am writing this guest editorial to correct some pretty vicious misinformation that has been spread about me throughout our community, namely my connection to Projekt Bayern.

When I became City Administrator in 2005, giving the official welcome at Oktoberfest came with the job. I was very proud to do so and have proudly given the official welcome every year since. But let's please clear something up once and for all.

Projekt Bayern has NOT supported my campaign to bring the original Oktoberfest back to Leavenworth. They support me because I am a strong advocate for our Bavarian theme which has made Leavenworth our Miracle Town. Please Leavenworth, please do not let the misinformation be the reason to oppose my candidacy. This is all moot now anyway, as the original Oktoberfest is not coming back.

Please instead consider my candidacy for Mayor based on what I stand for: Enhanced Public Safety, Strong Business Community, City Street Improvements, Responsiveness to Local Needs and Concerns, Managing Thoughtful Growth, etc. (details can be found at [BrinkmanforMayor.com](http://BrinkmanforMayor.com)). Our City has begun to lose its magic and shine in both the residential and business communities, and we need a proven leader to ensure that our Miracle Town remains healthy and vibrant well into the future. Please support Rich Brinkman for Leavenworth Mayor for a very strong promise for our residents and businesses moving forward!

Paid for by Brinkman for Mayor

Get rid of all that extra stuff with an ad in the Echo/Record Classifieds.

Call us at 509-548-5286

**COMMUNITY BULLETIN BOARD**

Local, Regional Community News & Events

- Any non-profit 501(c)-(3) group, person(s).
- Must provide: full name, city, phone number.
- Items pertaining to local events that are free or minimum charge.

- Want to place Your Community News Online? Go to NCWMARKET.COM 24/7
- Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at NCWMARKET.COM
- For info call: Leavenworth: 509-548-5286, email: reporter@leavenworthecho.com
- Cashmere: 509-548-5286, email: Reporter@cashmerevalleyrecord.com

**COMMUNITY CALENDAR**

**Wednesday**

**Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.**  
**Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.**  
**Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666.**  
**Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.**  
**Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.**

**Thursday**

**Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)**  
**Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com**  
**Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)**  
**The Wenatchee Valley Doll Club, 11:30 a.m. Call Yvonne, 509-663-7991. (2nd Thurs.)**  
**Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)**

**Friday**

**Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us**  
**Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.**  
**Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com**

**Monday**

**Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.**  
**Leavenworth Mosquito District board meeting, 7 p.m. via ZOOM link posted at https://leavenworthmosquitocontrol.org/activity-calendar.html or contact Jenny 509-548-5904 (1st and 3rd Mon.)**  
**Cascade School board meetings, 7 p.m., Agenda can be found at https://www.cascadesd.org/Page/166. (2nd & 4th Mon.)**  
**Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)**

**Tuesday**

**Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)**  
**Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)**  
**Cascade Education Foundation, Contact: CEF@cascade.org**  
**LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)**  
**Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leaveworthmasons.org. (1st Tues.)**  
**Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)**  
**The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)**  
**Senior Center, Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com**  
**Music, call Steve, 509-548-7048. (1st and 3rd Tues.)**  
**Greater Leavenworth Museum board meeting 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)**

**NCW Libraries**

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.  
**Leavenworth Public Library, Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.**  
**Peshastin Public Library, Located at 8396 Main St., Peshastin. Call: 509-548-7821 or peshastin@ncwlibraries.org Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m.- 2 p.m. Closed Sun. and Mon.**

**Other events**

**The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Now open daily 11-4. Check their Facebook page or website at http://www.leavenworthmuseum.org www.leavenworthmuseum.org for updates and information.**  
**Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.**  
**Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.**  
 Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

**MEETING SCHEDULES FOR AA, ALANON, CELEBRATE RECOVERY**

**AA Meetings:**  
 Call for the Zoom link to Leavenworth AA meetings: 541-480-8946  
 Call for the Zoom link to Leavenworth AlAnon meetings: 509-548-7939  
 509-548-1627, 548-4522, 664-6469, 206-719-3379  
 Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.  
 Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin  
 Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.  
 Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.  
 Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.  
**Alanon Meetings, Call 509-548-7939**  
**Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509- 596-1510.**

*Leavenworth*

**Grand Opening of New Exhibit**

The Greater Leavenworth Museum invites everyone to the Grand Opening of their new permanent exhibit, Šnpəšq'áwšəx'w: We Are Still Here, on Sunday, September 10. Beginning with an Opening Ceremony at 1 p.m., p'squosa members will showcase art, culture, and history through exhibits, displays, and discussion at the Gazebo in Front Street Park until 5 p.m.

The Museum will open from 11 a.m., until 5 p.m., with entrance fees waived to celebrate this special event.

**The Leavenworth Women's Exchange**

Monthly luncheon meetings resume Wednesday, September 13, at 12 p.m. at the Icicle Inn Restaurant, 505 Highway 2, Leavenworth. The \$26.50 per person cost includes lunch buffet, beverage, tax, and gratuity. The 2023 Royal Lady of the Autumn Leaves, April Watson, will share her experiences as this year's Royal Lady. LWE board members will also discuss the history and facts about the 38-year-old women's group. Check or cash to LWE only. Since this is a catered event, any cancellations after Sept.7 will be responsible for the cost of the lunch. To make your reservation, please contact Claire Burlingame

at 509-548-7142 by Thursday, September 7.

**It's Jive Time in the Cascades**

Wenatchee Big Band performs at 6 p.m. Sept. 17 at the Snowy Owl Theater, 7409 Icicle Road, Leavenworth. The concert is a fundraiser for Cascade Medical Foundation. Tickets, \$40, are available at icicle.org or at the door. A pre-concert social and gourmet charcuterie table, 4:30 to 6 p.m. Tickets are \$25, also available through the ICCA box office, icicle.org. Pre-sale only. For information, go to cascadedeemedicalfoundation.org.

**Charm Walk Fundraiser**

Don't miss this charming fundraiser for Cascade Education Foundation on Saturday, September 23, 10 a.m.-4 p.m. Charm bracelets are \$20 and can be purchased on the CEF website at cascadedeefoundation.org. Pick up bracelets on Sept. 23 at the Gazebo on Front Street.

**The National Alliance on Mental Illness (NAMI)**

NAMI Family to Family provides information about anxiety, depressive disorders, schizophrenia, bipolar disorders, and other conditions. Join a FREE 8-session series of classes for families and friends of

someone with a mental health condition on Wednesday, October 11, from 9:45 a.m. to 12:15 p.m. at the Leavenworth Nazarene church. Discussion topics include communication, problem-solving, treatment and recovery, and self-care. On To register, call Jacque at (509) 679-8266 or email namicdprograms@gmail.com

**Leavenworth Rotary Duck Race Fundraiser**

Adopt a duck for the duck race on the river Saturday, September 9. Duck drop 2 p.m. Blackbird Island bridge, West Bridge release, and East Bridge catch. Only \$10 a duck to win money prizes. The proceeds will fund local community projects. View on the website at: leavenworthrotary.com

**The Leavenworth Lions Club**

Breakfast in The Park on Saturday, September 9 & 23. Enjoy a hearty all-you-can-eat breakfast of pancakes, eggs, and sausage from 7 a.m.-11 a.m. in Lions Club Park.

*Cashmere*

**Debbie Dimitre at the Cashmere Community Church**

Join PEO Chapter JF members for a journey back in time to meet suffragette Alice Paul as told by storyteller Debbie Dimitre on Saturday, September 23, at the Cashmere

Community Church, 213 South Division St. Dessert, and coffee at 6 p.m. followed by the program at 7 p.m. Ticket price is \$15. Available at the door, or a Chapter JF member or contact peoleavenworth@nwi.net. This event is a fundraiser to provide scholarships to women.

*Regional*

**The Wenatchee Area Genealogical Society**

A hybrid meeting at 2:00 p.m., Monday, September 11, with Seattle genealogy educator Mary Kircher Roddy who will present "Recreating Your Ancestor's World." Meet in person at the LDS FamilySearch Center, 667 10th Street NE, East Wenatchee, and via Zoom (contact Library@wags-web.org to receive Zoom information). Call 509-782-4046 for general information. Free and open to the public.

**Cascadia Conservation District Board meeting**

The Cascadia Conservation District Regular Board meeting will be an in person and call-in / Zoom meeting, held on Friday, September 15, 1:30 p.m., located at 1350 McKittrick St. If you wish to attend in person, please call the office as space is limited. More information and instructions will be available on our web site at cascadiacd.org or by calling the District office at 509-436-1601.



**Mill Creek Baptism**

By MICHELLE PRIDDY  
 Special to Ward Media

I visited Caren and Jake over the weekend and, as I usually do when visiting, went to church with them on Sunday. They use old-fashioned hymnals, and I like that. I am confident my kids started to recognize repeating patterns as their eyes followed my finger, keeping track of the words we sang in church when they were small. One of the songs we sang was 'Revive Thy Work,' and with the crazy economic attitudes hung over from the COVID-19 defugalty, I said a fervent prayer for the working folk of our nation.

It just so happened that this was the Sunday for baptizing in Mill Creek, with a potluck to follow. I didn't know beforehand, so we stopped by the store and picked up some ready-made cookies. The package held less food than I prefer when going to a potluck (but I had a good time anyway). I usually take three cups by volume of food per person because I figure two cups is a meal, and I want to contribute at least half a plate for the next guy or gal who might be unable to bring anything. We all gathered at the creek, a little different from the mighty river my home church baptizes in. The banks on either side of the creek bed were steep and high, evidence that come high water, the creek becomes a river. I laid my offerings for

the potluck on the long table covered in white plastic, then turned my attention to the pastor who asked an elder to read words from the Good Book (King James Bible). After the reading, a bright yellow rope was attached to a thick trunked tree and tossed down the embankment so the pastor and those getting baptized could get to the water, and they got busy getting wet to make an outward profession of their inward faith.

Then someone said a blessing, and we got in line to pile our plates full of fried chicken and mostly home-cooked side dishes. Caren took one bite of an unassuming-looking desert and started to rave. "I want to find the old woman who made this and ask for the recipe. It's delicious." "Old woman?" I asked. "No young woman cooks like this," Caren told me in a tone that suggested I should know that; then she gave me a nibble, and I had to agree. It was delicious!

So, I asked the pastor who made it... He was no help, but his wife was. She sent me to Dori, who told me, "It's not really a recipe. I just threw it together like a cobbler. Grandpa picked the blackberries," she nodded towards an elderly gentleman in a cowboy hat and a handsome western shirt. I nodded and smiled at him; he grinned back. "I mixed in some sugar and cinnamon, sprinkled a dusting of cornstarch over the berries, and topped it with a Betty Crocker cake mix and a cube of butter. You know,

mix the butter in with the cake mix really well." She waited for comprehension to shine in my eyes. I nodded; she saw the comprehension only old women who've ruined many a desert share, she continued. "Sometimes I mix in some oatmeal if it needs it. But I

don't think it needed it this time." I knew exactly what she meant. "375?" I asked.

"Yep," she responded, "for a good 45 minutes. Want bubbling and a crispy crust." She told me. I grinned and thanked her. The recipe is as follows:

**Dori's Blackberry Cobbler**

- (From the kitchen of Dori Bennett)
- 3 cups of blackberries picked by Grandpa
  - 1 to 1½ cups sugar
  - Pinch to 1 teaspoon cinnamon
  - A 'dusting' (1-3 Tablespoons) of cornstarch sprinkled over the blackberries.
  - Topping
  - 1 box of Betty Crocker cake mix (your choice)
  - 1 to 1½ cubes of butter (1 cube=1/4 lb.)
  - ½ to 1 cup instant oatmeal cereal (optional)

Mix blackberries, sugar, and cinnamon together in a 9x13 cake pan. Sprinkle a dusting of cornstarch over

the top of the berries. Set it aside. In a large bowl, mix cake mix and cube of butter (not melted) together. If the cake mix-butter mixture feels too oily, as if once the butter melts over the blackberries, there will be no substance left behind, Add instant oatmeal cereal until you are satisfied; the solids will make a crust for the cobbler. Sprinkle topping over the blackberries and bake at 375° for 45 to 55 minutes until the filling is bubbling and the crust is crispy and browned.

**Note:** My late husband would have called this a 'crisp,' but this is Dori's recipe, not his.

*About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes. Michelle Priddy: priddymichelle1@gmail.com*



STOCK PHOTO

**Contact the listed organizations or events for updates.**

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**Abby**

CONTINUED FROM PAGE A1

to be almost as much help to patients as she has been to the physician.

“After the first couple years, we started having kids in the Emergency Department that were, for obvious reasons, having trouble being there. It can feel scary; it sometimes hurts. So, I started branching out and letting Abby visit some of the kids after asking permission, and they seemed to really like it, and like her...to the point that in days after visits, kids would bring their friends to the ED hoping to introduce them to ‘this really cool dog, Abby.’ So, after that, she learned at the hospital she has some latitude to go ask for snuggles. She knows not to ask for treats, though, although I suspect my coworkers may have fudged on this from time to time.”

Anonymous sources in the Emergency Department confirmed that, yes, from time to time, treats were definitely given.

What Abby has given back to her ‘patients’ is love, patience, and the ability for family members to function in what can be a high-stress environment.

“One time in Montana, we had a really sick kid and another child that was a little bit older. The older one needed medical care that required all the mother’s attention, which left the 3-year-old running around the ED area. We let her hang out with Abby, gave her 10-minute breaks where we took her in the backroom telling her she was such a wonderful girl, and then came back out so the 3-year-old could, in order, put a crown on Abby, snuggle with her, play dress-up, and Abby knew the assignment. Abby let the 3-year-old play with her so mom could be with her other child and the little one didn’t get into trouble.” Other times, people other than patients

needed support. “There have been more than a couple times when law enforcement and paramedics have asked to spend time with Abby... usually after a particularly bad call. Snuggles help, and Abby knew that.”

“Recently, we had a patient’s wife who was almost passing out from the emotional response while we were dealing with someone else. Abby saw what was happening on her own, got up, walked over, and sat down right next to her. Before the woman knew it, there was a little wet nose saying, ‘Hey, is everything ok?’. That allowed the woman to focus herself on just snuggling Abby and off her stress. That was Abby, on her own. So, as time has gone on, let’s just say she’s added to her job description.”

And now, Abby’s resume is about to say, “retiree”.

August 30 saw Abby’s final rounds through the Emergency Department. From here on out, Abby’s life will consist of a non-stop parade of snuggles, on-demand naps, and walks around the local trails and neighborhoods of the Wenatchee Valley with Dr. Gentles. Starting in September, the Cascade Medical Emergency Department will see Dr. Gentles’ newest four-legged helper, Leia, walk the rounds.

With 1-year-old Lab mix Leia, Dr. Gentles says it will be a bit of a transition back to more focused duties inside the ED. “Leia’s first and primarily a service dog, helping me do what I need to do. Within the next couple of years, if it turns out to be something that works, we may add to her job description. But for now, she knows what she needs to do.” Which means less snuggles and more listening for young Leia, at least while on duty in the short-term.

And still...no treats. When asked if they will abide by the ‘best doggo treat embargo’, those same anonymous sources in the Emergency Department, with a smile, declined comment.

**River Salmon Fest**

CONTINUED FROM PAGE A1

more exciting activities and exhibits. Some of the highlights include:

- Natural resources and cultural exhibits
- Native American Village presented by Chelan PUD
- Salmon Maze
- Giant Fish Aquarium
- Sardis Raptor Center’s “Hunters of the Sky”
- Gyotaku - Fish Printing
- Salmon-Bots with NCRL (sphero-coding)
- What’s that bird?
- Rolling rivers
- Raptors over the Wenatchee

Live entertainment will keep the energy high throughout the day with performances including:

- Dancing/Drumming (River Ramble Arena)
- Reptile Lady April Jackson (Main Stage)
- Live Music (Main Stage)

A special spotlight shines on the rich cultural heritage of the region:

**Spotlight on Dancing, Drumming, & Cultural Presentations:** Immerse yourself in the sights and sounds of traditional dancing and drumming during our pow-wows, scheduled on Saturday, September 23, at 10 a.m. and 1 p.m. A pow-wow is a celebration of life and a community gathering that allows visitors to share Native American cultural traditions. Experience the music and dance that Plateau Indian Peoples have performed for centuries.

**Spotlight on the Reptile Lady, April Jackson:** Snakes, alligators, and lizards! Interact with reptiles from all over the world in this educational and fun



COURTESY OF CHELAN COUNTY PUD

show with the Reptile Lady, April Jackson. Perfect for children of all ages.

Another exciting feature of the festival is the “Salmon Fest Poster Contest.” Every year, third-grade students from across Washington State submit their own artwork for a chance to be featured on the official Wenatchee River Salmon Festival poster. The winning design for 2023 was created by Ellie Mae B. from Alpine Lakes Elementary.

For event updates, visit [www.salmonfest.org](http://www.salmonfest.org) and follow the Wenatchee River Salmon Festival on Facebook. This year’s event is hosted by Chelan PUD, Friends of Northwest Hatcheries, U.S. Fish and Wildlife Service, U.S. Forest Service, and Bureau of Reclamation and Bonneville Power Administration.



COURTESY OF CHELAN COUNTY PUD

Roger Amerman of the Choctaw Nation presents a series of historical photographs that show the significance of the Native American long tent as the center of tribal community. In this photo, Amerman is discussing the East-West orientation of the long tent at the Wenatchee River Salmon Festival in 2022.

An annual favorite, kids can create their own works of Gyotaku art, the traditional Japanese method of printing fish.

**Kodiaks Scoreboard**

FOOTBALL	
Aug. 31	Cascade 7, Naches 41; Loss

**Sports Schedule**

FOOTBALL	
Sept 8:	Cascade vs. Tonasket, Away at 7 p.m.
GIRLS SOCCER	
Sept. 7:	Cascade vs. Cle Elum, Home at 5 p.m.
Sept. 12:	Cascade vs. Prosser, Home at 5 p.m.
CROSS COUNTRY	
Sept. 9:	Ellensburg Relays, Away at Rotary Park, 9:30 a.m.
VOLLEYBALL	
Sept. 13:	Cascade vs. Okanogan, Away at 6:30 p.m.

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**MEMORIAL SERVICE**

*Shared by the T. Riise*

Memorial Services will be held at 1 p.m., September 8, at Sleeping Lady Mountain Retreat, Chapel Theater.

**Obituary & Memorial Policies**

Ward Media, LLC: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one’s life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. \*Payment is due at the time of placement. \*Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com)

**UPPER VALLEY CHURCH GUIDE** New to our area? On vacation? These churches welcome you!

**TO PLACE INFORMATION IN THE CHURCH GUIDE CALL 509-548-5286**

**CASHMERE**

**CASHMERE BAPTIST CHURCH**  
103 Aplets Way • 509-782-2869  
Sunday School, all ages, 9 a.m. Worship 10 a.m.  
Bible Study, Wed., 6:30 p.m.  
Pastor Bob Bauer  
Find us on Facebook at Cashmere Baptist Church

**CASHMERE PRESBYTERIAN CHURCH**  
303 Maple Street • 509-782-2431  
Sunday Morning Worship 10:30 a.m.  
Call for activities: Pastor Charles Clarke  
[www.cashmerepres.org](http://www.cashmerepres.org)

**CASHMERE COMMUNITY CHURCH**  
213 S. Division • 509-782-3811  
In-person Service, Sunday, 11 a.m. until further notice.  
Pastor Lilia Felicitas-Malana  
[cashmerecommunitychurch@gmail.com](mailto:cashmerecommunitychurch@gmail.com)

**CHRIST CENTER**  
Sunday Worship Service at 10 am  
Lead Pastor Steve Haney  
5800 Kimber Rd., Cashmere  
509-295-8006  
[christcentercashmere.com](http://christcentercashmere.com)

**GRACE LUTHERAN CHURCH**  
• 509-860-0736 • 401 Elberta Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 10 a.m.  
Pastor Rob Gohl

**ST. JAMES EPISCOPAL CHURCH**  
• 509-860-0736 • 222 Cottage Ave.,  
Morning Prayer or Holy Eucharist.  
Services, 9:00 a.m.  
Pastor Rob Gohl

**DRYDEN**

**DRYDEN COMMUNITY CHURCH**  
Hwy 2 at Dryden Ave. • 509-782-2935  
Sunday School 9:30 a.m.  
• Worship 10:45 a.m.  
Pastor Steve Bergland

**MID-VALLEY BAPTIST CHURCH**  
8345 Stine Hill Rd. • 509-782-2616  
Worship Service, 10 a.m.,  
Sunday School, 9 a.m.  
Pastor Mike Moore  
[www.midvalleybaptist.org](http://www.midvalleybaptist.org)

**LEAVENWORTH**

**CASCADE MOUNTAIN BIBLE CHURCH**  
Office: 509-548-4331  
11025 Chumstick Hwy.  
Please join us Sunday mornings  
9 a.m., Sunday School  
10:30 a.m., Worship Service

**CORNERSTONE CHURCH**  
Leavenworth Grange Hall  
621 Front St.  
[info@cornerstoneleavenworth.com](mailto:info@cornerstoneleavenworth.com)  
Sunday Worship – 10 a.m.

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
10170 Titus Rd. (across from middle school)  
Church: 509-548-7667  
Meetings: Sunday - 10 a.m.

**FAITH LUTHERAN CHURCH - ELCA**  
“Reconciling Works Congregation”  
224 Benton Street • 509-548-7010  
Worship 9:30 a.m. w/coffee following  
Eva Jensen, Pastor  
<https://www.cleavenworth.com>

**FIRST BAPTIST CHURCH OF LEAVENWORTH, SBC**  
429 Evans Street, 509- 470-7745  
Sunday Worship: 11 a.m.  
Website: [www.leavenworthbaptist.com](http://www.leavenworthbaptist.com)  
Email: [info@leavenworthbaptist.com](mailto:info@leavenworthbaptist.com)

**LEAVENWORTH CHURCH OF THE NAZARENE**  
111 Ski Hill Drive • 509-548-5292  
Sunday Worship 9 a.m.  
Lead Pastor: Greg Appleby  
Youth Pastor Paige Derossett  
Worship Pastor-Jacob Mitchell  
[www.LCN.org](http://www.LCN.org)

**SEVENTH DAY ADVENTIST CHURCH**  
10600 Ski Hill Drive • 509-548-4345  
Saturday Services • Bible Study 9:30 a.m.  
Worship 11 a.m. • Fred Smith • 509-860-3997

**SPIRIT LIFE CENTER**  
210 Benton Street • 509-548-7138  
Sunday Worship 10 a.m., Prayer 6 p.m.  
Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

**MONITOR**

**MONITOR UNITED METHODIST CHURCH**  
3799 Fairview Canyon • 509-782-2601  
In-person service, Sunday, 9 a.m.  
Pastor Lilia Felicitas-Malana

**PESHASTIN**

**LIGHT IN THE VALLEY COMMUNITY CHURCH PLAIN COMMUNITY CHURCH**  
8455 Main Street  
Sunday Worship 10 a.m. • Pastor John Romine  
[www.lightinthevalley.org](http://www.lightinthevalley.org)

**NEW LIFE FOURSQUARE CHURCH**  
7591 Hwy. 97 • 509-548-4222  
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Pastors, Darryl and Mindy Wall  
Email: [newlifeleavenworth@gmail.com](mailto:newlifeleavenworth@gmail.com)  
FB page: [newlifeleavenworth](https://www.facebook.com/newlifeleavenworth)  
[www.newlifeleavenworth.com](http://www.newlifeleavenworth.com)



## Chelan County Sheriff's Report

The sheriff's report is compiled from public records as provided by the Chelan County Sheriff's Office. The publisher cannot certify the complete accuracy of the information provided.

### August 25

06:55 Non-injury Accident, 14480 Chumstick Hwy.  
09:12 Theft, 283 US Hwy. 2  
09:34 Lewd Conduct, 11685 US Hwy. 2, Sage Mountain Natural Foods  
10:27 Property, 9587 E. Leavenworth Rd.  
10:50 Welfare Check, 525 Alpine Pl  
10:55 Runaway, 25806 Bridle Ln., Plain  
11:41 Property, 700 US Hwy. 2, City of Leavenworth  
17:01 Civil Dispute, 1214 Commercial St.  
18:13 Alarm, 10461 Stemm Rd., Smallwood's, Peshastin  
18:57 Noise Complaint, 431 Dempsey Rd.  
21:01 Civil Dispute, 505 Birch St.  
23:00 Traffic Offense, Chumstick Hwy. and Clark Canyon

### August 26

00:48 DUI, 10195 Titus Rd.  
02:26 Weapons Violation, 22494 Chiwawa Loop Rd., Lake Wenatchee  
04:56 Domestic Disturbance, 9825 Duncan Rd.  
09:20 Agency Assist, 18700 block Pine Loop, Plain  
09:21 Welfare Check, 9610 Derby Canyon Rd., Peshastin  
09:51 Property, Leavenworth Ski Hill  
10:11 Weapons Violation, 11200 block Clark Canyon Rd.  
11:35 Suspicious Circumstance, 200 block 8th St.  
14:02 Animal Problem, 9101 Icicle Rd.  
14:05 Malicious Mischief, 100 Ward Strasse  
17:06 Traffic Offense, Commer-

cial and 3rd Streets  
20:25 911-call, 2220 Riffle Dr., Lake Wenatchee  
22:01 Unknown-injury Accident, Icicle Rd. and Fish Hatchery Ln.  
23:00 Nose complaint, 926 Commercial St.  
23:05 Attempt to Locate/ Contact, Snow Lakes

### August 27

02:01 Disturbance, 321 9th St., Loge  
02:24 Theft, 0 block Birch St.  
03:06 Attempt to Locate/ Contact, Snow Lakes Trailhead  
03:46 Welfare Check, 900 Main St.  
07:16 Suicide Threat, 505 Birch St.  
08:28 Public Assist, 1214 Commercial St.  
10:57 Animal Problem, 1200 block Front St.  
12:48 Juvenile Problem, 16453 River Rd., Plain  
12:59 Agency Assist, Stevens Pass parking area  
16:32 Civil Dispute, 12613 Prowell St.  
19:54 Burglary, 8725 Eagle Creek Rd.  
21:12 Agency Assist, 829 Front St., Andreas Keller  
21:30 Harassment/ Threat, 820 Front St., Gazebo Park  
22:12 Agency Assist, US Hwy. 97 MP 172, Peshastin

### August 28

No report available.

### August 29

05:26 Agency Assist, 320 Park Ave., Mountain Meadows  
09:24 Sex Offense, US Hwy. 2  
09:34 Suspicious Circumstance, 3664 Allen Ln.,

Peshastin  
10:15 Public Assist, 22122 Apaloosa Ln., Plain  
10:41 Traffic Offense, 3584 Allen Ln., Peshastin  
11:09 Harassment/ Threat, 253 Scholze St.  
12:14 Non-injury Accident, Snow Lakes trailhead  
12:18 Malicious Mischief, 3565 Hansel Ln., Peshastin  
14:06 Search and Rescue, Jack Creek trailhead  
15:06 Property, Snow Lakes trailhead  
15:34 Civil Dispute, 1214 Commercial St.  
18:14 Traffic Offense, SR 207 MP 3.5, Lake Wenatchee  
18:24 Suspicious Circumstance, 17905 US Hwy. 2, Lake Wenatchee  
18:45 Malicious Mischief, US Hwy. 2 and Icicle Rd.  
18:47 Non-injury Accident, Ranch Creek Rd. and US Hwy. 97, Peshastin  
19:47 Harassment/ Threat, 820 Front St., Gazebo Park

### August 30

03:41 Agency Assist, US Hwy. 97 MP 171, Peshastin  
03:50 Hazard, 10800 block Chumstick Hwy.  
07:37 Civil Dispute, 11120 Wending Ln., Lake Wenatchee  
07:56 Civil Dispute, 16062 River Rd., Plain  
10:43 Theft, 116 River Bend Dr., Safeway  
11:26 Property, 16086 Chumstick Hwy.  
11:58 Suspicious Circumstance, 91 Murphy Highlands  
12:41 Burglary, 60 Brunton Ln.

14:28 Theft, 116 River Bend Dr., Safeway  
14:47 Public Assist, 15380 Martin Christensen Dr.  
16:14 Court Order Violation, 1214 Commercial St.  
16:55 Runaway, 7600 US Hwy. 97, Peshastin  
16:57 Animal Problem, Jeske Rd. and US Hwy. 97, Peshastin  
19:29 911-call, 590 US Hwy. 2, Enzian Motor Inn  
20:06 Harassment/ Threat, 3470

Ingress Ln., Peshastin  
21:55 Noise Complaint, 252 School St.  
**August 31**  
10:30 Harassment/ Threat, 1216 Commercial St.  
11:01 Theft, 1214 Commercial St.  
11:02 Welfare Check, 12875 Cemetery Rd.  
14:11 Unknown-injury Accident, US Hwy. 2 mP 98  
14:39 Agency Assist, US Hwy.

97 MP 171, Peshastin  
14:48 911-call, 309 8th St., Post Hotel  
16:25 Public Assist, 815 Front St.  
18:15 Parking/ Abandoned Vehicle, 10134 Main St., Peshastin  
19:08 Civil Dispute, 1214 Commercial St.  
21:43 Agency Assist, 21203 Stetson Rd., Plain  
23:33 Property, 12790 Fish Hatchery Rd.

# New District Ranger appointed for Entiat and Chelan Ranger Districts

By DEBORAH KELLY  
Press Release  
Okanogan-Wenatchee Forest Service

WENATCHEE—Okanogan-Wenatchee National Forest Supervisor Kristin Bail announced the appointment of Paul Willard as the new District Ranger for the Chelan and Entiat Ranger Districts.

Willard will oversee the management of over 100 personnel on the two units and the work they do to maintain, restore, and protect nearly 700,000 acres of federal land that also encompasses portions of the Lake Chelan-Sawtooth and Glacier Peak Wildernesses, including Lake Chelan recreation areas.

"Paul Willard is highly respected for his leadership and skill working with volunteer groups and agency partners on trail and recreation improvement projects," Bail said. "He recently coordinated the replacement of several aging boat docks along Lake Chelan that provide critical infrastructure to commercial and recreation transportation services to up-lake destinations of Holden and Stehekin. Paul also has experience as an agency administrator, representing the forest on numerous small and large wildfires over the past decade."

Willard grew up in East Tennessee, camping and hiking in the nearby Smokey Mountains. He noted that his interest in outdoor recreation and likely time spent as a river guide in college were pivotal in leading to his career in outdoor recreation management.

In 1991, Willard began his Forest Service career in the Eldorado National Forest as an archaeologist after graduating from the University of Tennessee with a BA degree in Anthropology. He's worked on seven National

Forests in five Regions in recreation-focused positions, including River Ranger, Lead Wilderness Ranger, Trail Crew Leader, and Assistant District Recreation Staff. He has been the Recreation Staff Officer for the Chelan Ranger District since 2010. In August 2022, he served as the acting District Ranger for the two units and recently transitioned into the permanent district ranger position this past May.

"I'm really looking forward to putting the new tools and authorities provided by the Central Washington Initiative to work as we focus on improving wildfire resiliency within the wildland-urban interface areas of our districts and increasing the restoration footprint with the help of our state and local partners," said Willard.

Willard and his family spend much of their downtime exploring backcountry areas, skiing, mountain biking, fishing, and hunting. "And now that my boys are teenagers, we've also explored the Mad River and Sawtooth trail systems on motorbikes. My wife also has one, so we're all looking forward to exploring more trails together on these districts," Willard said.

For more information, contact Deborah Kelly at 509-670-0354 or [deborah.kelly@usda.gov](mailto:deborah.kelly@usda.gov)



COURTESY OF USDA FOREST SERVICE  
Paul Willard has been selected to serve as the new District Ranger for the Entiat and Chelan Ranger Districts.



# Aloha

Please join us on September 15 between 4-7 pm for a community-wide OPEN HOUSE to celebrate Nate Oglesby as he hula's his way into retirement.

We are excited to recognize Nate for his 40 years of dedicated service to long-term care. Thank you, Nate!

Cocktails and hors d'oeuvres will be provided.

We hope to see you there to help us celebrate this special occasion! As Nate retires, we also welcome our new Executive Director, Amanda Ledezma.

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**Administrative**

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ASEAN LEI IDEAL  
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RAP DISK THWACK  
ABIT NOEL SACRA  
ZOLA GLEAM TREF  
OVULO OTTO TEAK  
RETAIL FEELS SKA  
LAIR THE  
PANCHE MORITZ  
KOREA NAY IDIOM  
INCAN INN FETOR  
TEST CIA TRIMS

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**Deadline Noon on Friday for the next week's papers**

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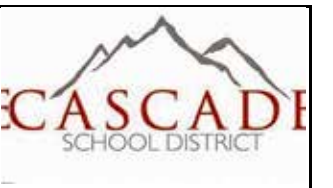
Register and pay on our secure site 24/7 Or call 509-682-2213 to place ad or have questions.

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**Employment**

**Help Wanted**



School District is seeking qualified applicants for the following position:

Building Cook 7 hrs.

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE



School District is seeking qualified applicants for the following positions:

- District Warehouse/Delivery/Maintenance/Grounds Keeper 8 hours

- Icicle River Middle School Cook 2.5 hours

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE



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Deadline is Friday by Noon for the following Wednesday issues of all newspapers



School District is seeking qualified applicants for the following positions:

- Cascade High School Para Educator/Food Service Cashier 7.5 hours

- Cascade High School Assistant Basketball Coach

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE



**WSU is hiring a full-time SNAP-Ed Program Assistant.** This position is with the WSU Extension Food Sense Nutrition Education program in Okanogan County. Bachelor's degree in nutrition or related field or equivalent education and work experience is required. To apply, visit <https://wsu.edu/jobs/> and search position number R-10091. For questions, call Margaret Viebrock, WSU Chelan-Douglas County Director at 509-745-8531. Applications are due September 8. WSU is an EO/AA Educator and Employer.

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**Legals**

**Public Notices**

**CALL FOR BIDS** Sealed bids will be received by the Board of Directors of the Icicle Irrigation District until 5:00 pm on Tuesday, September 12, 2023 at the district office located at 5594 Wescott Drive, Cashmere, WA for furnishing and installing the following:

**Fence:** Approximately 200' of 6' industrial galvanized chain link fence with three strand barbwire cap including three gates; a double swinging approximately 12' gate with center pole, a double swinging approximately 9' gate with center pole, and a typical personnel access gate. All bids must include any additional charges that may be a factor in the furnishing, delivery and, installation of the fence. **ALL BIDS MUST BE SEALED AND MARKED "FENCE BID"** The Board reserves the right to reject any or all bids. For more information or to schedule a site visit please email: [ipid@nwi.net](mailto:ipid@nwi.net) or call (509) 782-2561 **ICICLE IRRIGATION DISTRICT LEVI JANTZER SECRETARY/MANAGER** Published in The Leavenworth Echo/Cashmere Valley Record on Sept. 6, 2023. #6220

**Public Notices**

**Superior Court of Washington For Chelan County**

In the matter of the estate of Rev. Otto Koltzenburg, Deceased. No. 23-4-00247-04 Notice To Creditors (RCW 11.40.030) The person named below has been appointed as personal representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the personal representative or her attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of this Notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. Date of First Publication: August 23, 2023 Elisabeth Hunziker, Personal Representative Attorney for the Personal Representative: Joseph C. Brown, Jr., WSBA# 17991 Address for Mailing or Service: J.C. Brown Law Office, PLLC 200 Aplets Way, P.O. Box 384 Cashmere, WA 98815 (509) 782-1111 Court of probate proceeding and cause number: Chelan County Superior Court, Cause Number: 23-4-00247-04 Published in the Cashmere Valley Record and Leavenworth Echo on August 23, August 30, and September 6, 2023. #6172

**Public Notices**

**SUPERIOR COURT, STATE OF WASHINGTON, COUNTY OF SPOKANE**

In the Matter of the Estate of **GEORGE B. TIFFANY, Deceased.** No. 23-4-00901-32 **PROBATE NOTICE TO CREDITORS** The Personal Representative named below has been appointed as the Personal Representative of the estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative at the address stated below, a copy of the claim and filing the original of the claim with the court. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(3); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against the Decedent's probate and non-probate assets. Date of First Publication: August 30, 2023 Personal Representative **Paul A. Tiffany** Address for Mailing Notice: Evergreen Estate & Elder Law Mirisa Torres, WSBA #38089 818 W. Riverside Ave., Ste. 510 Spokane, WA 99201 Telephone Number: 509-325-5222. Published in The Leavenworth Echo/Cashmere Valley Record on August 30, and Sept. 6, and 13, 2023. #6190



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Our site is promoted across North Central Washington giving you exposure to your primary potential local buyers. Your listing will continue to run for 12 months or until you cancel it

Public Notices

**CITY OF LEAVENWORTH**  
**Notice of Application and**  
**Optional Determination of**  
**Non-significance NOTICE IS**  
**HEREBY GIVEN** that the City of Leavenworth is using the Optional DNS process per the State Environmental Policy Act Rules (SEPA, WAC 197-11-355) and the Leavenworth Municipal Code. Description of proposal: The applicant is proposing grading for a future development of the site, currently anticipated to be a bouldering gym, park, two parking lots, future mixed-use building and a new access road to be dedicated to the city. Location of proposal: The project site is located at 122 and 200 Zelt Strasse, Leavenworth, Washington; Chelan County Assessors Tax Parcel Number 241806330400 and 241806330450 (respectively). The subject area is located within the General Commercial (GC) zoning district, is approximately 2.2 acres. The optional DNS process in WAC 197-11-355 is being used. **This may be your only opportunity to comment on the environmental impacts of the proposed project.**

The public is invited to comment on this Optional DNS by submitting written comments no later than **SEPTEMBER 15, 2023** to Leavenworth City Hall, PO Box 287, Leavenworth, WA 98826 or email [lvesprier@cityofleavenworth.com](mailto:lvesprier@cityofleavenworth.com). Materials may be reviewed during normal business hours Leavenworth City Hall, 700 US Hwy 2, Leavenworth, or by the Permit Portal, <https://cityofleavenworth.com/city-services/gis-permit-portal/>. FILE #: GRD2023-006, address 122 Zelt Strasse.

Published in The Leavenworth Echo/Cashmere Valley Record on Sept. 6, 2023. #6231

**WWW.**  
**leavenworthecho.**  
**com**  
**WWW.**  
**cashmerevalley**  
**record.com**

# Two main categories of antihistamine medicines: sedating, non-sedating agents

**Q: Every summer, my nose runs, and my eyes itch from my allergies. Which antihistamine is best?**

When you come in contact with something you're allergic to, your body releases histamine, which triggers a cascade of symptoms we associate with an allergic reaction: nasal congestion, runny nose, itchy, watery eyes, and sinus pressure.

Antihistamines counteract the effects of histamine by triggering an opposite action in your body. Which antihistamine is best depends on how well it relieves your symptoms and how drowsy it makes you.

There are 2 main categories of antihistamine medicines: sedating and non-sedating agents. Sedating antihistamines are older drugs and usually cause some drowsiness and drying action. That drying action helps relieve a runny nose and watery eyes.

Antihistamines don't work the same in everyone. Some will relieve your allergy symptoms better than others. Many people have to try more than one before finding one that works well while causing less drowsiness.

Older antihistamines like Benadryl® (diphenhydramine), doxylamine, chlorpheniramine, and tripro-



lidine cause drowsiness in most people. If this concerns you, start with one of the newer drugs.

Newer antihistamines like Claritin® (loratadine) and Allegra® (fexofenadine) rarely cause drowsiness. Unfortunately, these allergy medicines are less effective at drying runny noses or watery eyes than older agents like diphenhydramine and triprolidine.

Two non-sedating options are loratadine (Claritin®, Alavert®) and fexofenadine (Allegra®). Loratadine is taken once daily, while Allegra® is available in 2 formulas, once daily and twice daily.

Cetirizine (Zyrtec®) is another once-daily allergy medicine. Closely related to the prescription drug hydroxyzine, cetirizine is more likely to cause some drowsiness than Claritin® or Allegra®.

If you are suffering from a runny nose, Zyrtec® works better than the non-sedating allergy remedies.

Try one of the older antihistamines if Claritin®, Allegra®, or Zyrtec® aren't relieving your runny nose

or itchy, watery eyes. The most powerful is Benadryl® (diphenhydramine).

It is more potent against severe allergy symptoms but can cause significant drowsiness in many people.

In fact, diphenhydramine is sold as a non-prescription sleeping pill as Tylenol PM® and Sominex II. Unlike newer drugs for allergies, Benadryl® needs to be taken 3 to 4 times daily for best results. If your allergies wake you up with a stuffy nose and sinus pressure, consider taking Benadryl® only at bedtime and using a less sedating agent during the day.

Other older antihistamines still available include chlorpheniramine, brompheniramine, and triprolidine. Triprolidine causes a little less drowsiness than the other older antihistamines, and it dries up a runny nose for me better than anything else.

Triprolidine was previously only available in combination with a decongestant, as Actifed®. My favorite allergy medication is the version of Actifed® (Aprodine™), which contains triprolidine and the original form of Sudafed®, pseudoephedrine.

Years ago, before nasal sprays were available, sur-

geons used them to tame runny eyes and noses when doing surgery. I prefer it because it relieves my runny nose, watery eyes, and nasal congestion without much drowsiness.

In the past, triprolidine has been challenging to find. It has just been released as a single agent, Flonase Night Time Allergy Relief®. It is already in Mucinex® Night Shift Cold and Flu, Night Shift Severe Cold and Flu, and Night Shift Sinus.

I do not recommend Mucinex® Night Shift Severe Cold and Flu or Sinus because they contain phenylephrine. Phenylephrine is not an effective decongestant, and increases blood pressure without relieving nasal congestion.

**Here Are 5 Tips on Choosing an Antihistamine:**

- 1. Don't delay.** Antihistamines work best if you take them as soon as you are exposed to an allergy trigger. They are less effective after your nose stuffs up and your eyes start itching.
- 2. Choose not to snooze.** Non-sedating antihistamines like loratadine (Claritin®) or fexofenadine (Allegra®) are safest if you have to drive or use machinery.
- 3. Don't give up.** If your first antihistamine choice doesn't help you, try

another one. It's not unusual to get little relief from one antihistamine but have good results with a different one.

**4. Consider a combo.** Consider adding a nasal spray or decongestant to your antihistamine. Flonase® nasal spray and combining triprolidine and pseudoephedrine as Actifed® or Aprodine™ can address runny and stuffy nose symptoms.

**5. Try triprolidine.** Although the combination of pseudoephedrine and triprolidine has been hard to find, triprolidine is now available as Flonase® Night Time Allergy Relief, taken every 4-6 hours. As an older antihistamine, it can cause drowsiness. Try it at home before driving to determine if you are affected, or take it only at night. Some, like me, notice no drowsiness at all.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, [TheMedicationInsider.com](http://TheMedicationInsider.com). ©2023 Louise Achey

## This fall, older adults should protect their health

STATEPOINT - With cold and flu season upon us, it's time to protect yourself, not only from those seasonal threats, but also from other health risks.

"During the holidays, our lives get very busy with family and friends," said Dr. J.B. Sobel, chief medical officer for Cigna Healthcare's Medicare business. "Before then, please take time to ensure you get the preventive care you need to stay healthy."

Preventive care is critical for everybody, but particularly for older adults, and especially in fall when risks can increase, Sobel said. Recommendations vary based on age, gender, and health status, but the following are some of the most common for seniors, according to Sobel.

**Vaccinations**

There are a number of vaccines older adults need to consider protecting themselves. Flu and pneumonia, for example, are among some of the most common causes of senior deaths. There is no "one-size-fits-all" approach to vaccination. Timing and frequency vary, depending on your health history. Ask your health care provider which vaccines are appropriate for you.

**Flu**

This vaccine is administered annually, generally before the end of October, and is designed to match the latest circulating flu strains.

**Pneumonia**

Administration varies based on health history. If you're 65



COURTESY OF STATEPOINT

**Preventive care is critical for everybody, but particularly for older adults, and especially in fall when risks can increase.**

or older and you've never had the vaccine before, then you'll likely need two shots, which are administered a year apart.

**Shingles**

The Centers for Disease Control and Prevention (CDC) recommends two doses of the shingles vaccine for healthy adults aged 50 and older, spaced two to six months apart, to prevent shingles and related complications.

**COVID-19**

Ask your doctors about

current recommendations for prevention of COVID-19 infections.

**RSV**

Earlier this year, the Federal Drug Administration approved two separate vaccines to address respiratory syncytial virus (RSV) in older adults. RSV, a common respiratory infection, usually causes mild, cold-like symptoms, but can be more severe in older adults and children. Talk to your doctor about whether you should get an RSV vaccine.

**Health Screenings**

The following health screenings are commonly recommended for older adults.

**Mammogram**

Breast cancer is the second leading cause of cancer death in women in the United States, according to the CDC. Every woman is at risk, and risk increases with age. Fortunately, breast cancer can often be treated successfully when found early. The U.S. Preventive Services Task Force (USPSTF) recommends women 50 to 74-years-old at average risk get a mammogram every two years.

**Colorectal screening**

Colorectal cancer risk increases with age. Screenings can find precancerous polyps early, so they can be removed before they turn into cancer. The USPSTF recommends colorectal cancer screening for adults age 45 to 75. Though colonoscopy is the most comprehensive test, there are other options you may consider with the help of your provider.

**Bone density scan**

USPSTF recommends

women aged 65 and older, and women 60 and older at increased risk, be routinely screened for osteoporosis, a disease in which bones become weak and brittle. Screening may facilitate treatment that helps prevent fractures.

**Eye exam**

Routine eye exams can identify early signs of eye disease that are more likely as people age. People with diabetes in particular are prone to retinopathy, which leads to vision loss. It's recommended that people with diabetes have annual retinal screenings.

**Mental health checkup**

Many people experience seasonal depression during fall. Mental health is strongly linked to physical health. Talk to your health care provider about both, including your personal and family history. They can connect you with additional mental health resources.

To prevent unpleasant surprises, Sobel suggests talking with your health care provider, pharmacist, or insurer about preventive care costs. Fortunately, costs are often covered fully by Medicare or Medicare Advantage, he said.

The information contained in this article is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or treatment before undertaking a new health care regimen.

### SUDOKU PUZZLE

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### CROSSWORD PUZZLE

**CROSSWORD**

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**THEME: THE 1920s**

- ACROSS**
- The Sweet's hit "Ballroom \_\_\_\_"
  - Farm cry
  - Barrel racing meet
  - "\_\_\_\_ Quiet on the Western Front," 1920s novel
  - Move sideways
  - Southeast Asia org.
  - Hula dancer's garland
  - Like the Vitruvian Man
  - "New type of movie in the 1920s"
  - \*Jack Dempsey's sport
  - Triple \_\_\_\_ liqueur
  - Prep flour
  - "Hamilton: An American Musical" singing style
  - Floppy data storage
  - Smack
  - Not much (2 words)
  - \*Prolific playwright \_\_\_\_ Coward
  - Sacrum, pl.
  - "Nana" author \_\_\_\_ mile \_\_\_\_
  - Flash of light
  - Not kosher
  - Convex molding
  - \*Football legend Graham, born in 1921
  - Furniture wood
  - Not wholesale
  - Aquatic snakes
  - Reggae precursor
  - Animal den
  - Café alternative
  - \*Assassinated Villa
  - \*St. \_\_\_\_ 1928 Olympic site
  - East Asian peninsula
  - Nope
  - "Bite the bullet," e.g.
  - Relating to Quechuan people
  - B&B, e.g.
  - Foul smell
  - Challenge
  - Langley, VA agency
  - Decorates, as in Christmas tree

- DOWN**
- Type of undergarment
  - \*Like generation described by Gertrude Stein
  - Brain wave
  - Shades of blue
  - Very tired
  - "The Fighter" actor Christian \_\_\_\_
  - Bass or Redhook
  - Defendant's excuse
  - Longer than mini
  - Port in Yemen
  - \_\_\_\_ Aviv
  - 6 equal parts of 6
  - Short for oftentimes
  - Mosquito, slangily
  - Schick's product
  - Beyond's partner
  - \*Amelia Earhart, e.g.
  - \*Like Charles Lindbergh's 1927 transatlantic flight
  - W on a bulb
  - TV classic "Green \_\_\_\_"
  - Floorboard sound
  - "The Trial" and "The Castle" author Franz \_\_\_\_
  - Samoan money
  - Not on time
  - Much, in Italy
  - Tin Man's prop
  - Follows soh
  - Confession, archaic
  - Not Doric nor Corinthian
  - Downy duck
  - Kind of cornbread
  - Rainbows and such
  - Like a drink in a snifter
  - Mimicking bird
  - \_\_\_\_ caca, South American lake
  - Type of modern meeting
  - \*American Girl character born in 1923
  - American cuckoo
  - Robinson to "The Graduate"

# WASHINGTON OUTDOORS REPORT

## Humpy Madness Continues



COURTESY OF JOHN KRUSE, NORTHWESTERN OUTDOORS  
Jason Bachman from Oak Harbor with an average-sized pink salmon.



COURTESY OF JOHN KRUSE, NORTHWESTERN OUTDOORS  
John Kruse with two salmon caught off the beach.

By JOHN KRUSE  
Special to Ward Media

I just returned from my bi-annual camping trip to Fort Casey State Park on the east side of Whidbey Island. I book a stay there every other year in mid to late August to take advantage of the pink salmon that return to Puget Sound and its tributary rivers every odd year.

Pink salmon usually run on the smaller side, with three-pound fish being pretty average. 2023, though, has been a banner year! Some four million pink salmon are in Puget Sound this summer, and there are a lot of nicer fish being caught. Doug Saint Denis, the owner of 365 Charters LLC, told me he is definitely seeing this play out on the Sound this summer. On a recent guided outing, a thirteen-year-old girl from Wisconsin hooked and landed an 11.9-pound pink salmon.

In case you are wondering if this is a new state record, I know I was; it is not. The current state record pink salmon was caught in 2007 on the Stillaguamish River by Adam Stewart, a behemoth that weighed a whopping 15.4 pounds.

The pink salmon generally start showing up first around Sekiu in Marine Area 5, where anglers target both pinks and coho salmon during the months of July and early August. When August gets into full swing, the pinks flood the entire Sound,

and anglers can catch them everywhere from Hoodspout to the San Juans and everywhere in between.

Pink salmon tend to swim in the upper water column, and it's easy to identify schools as they readily jump out of the water. While many anglers target them from boats, you can also have very good success fishing from shore because the pinks, also known as humpies, and the coho salmon that sometimes run with them will often be found within casting distance of the beach in the morning, the evening and as high tide rolls in.

I fished off the beach for three days. I spent all three mornings fishing off the point at Fort Casey State Park, battling a strong ebb tide. The first morning several anglers caught coho salmon using chartreuse fluttering jigs like Reapers or Buzz Bombs with pink hoochies covering the hook. However, outside of that morning, the fishing was pretty slow at the state park.

I was told I could find more pinks about two miles south of the park at Driftwood Beach. I headed down there to find the tide coming in and the pinks on the bite. There were probably 25 anglers on the beach, and it seemed like everyone was hooking into the humpies. The go-to lure?

A 2 1/2-inch to 3-inch-long pink Buzz Bomb. Fishing the Sound, you do have to use a single barbless hook. Other lures worth trying would be a

Mack's Lure Sonic Baitfish in a pink/white color combination or simply a 1/2-ounce pink-colored spoon. As long as it's pink, and you can cast it a long way from shore, you have an excellent opportunity to hook up!

My first fish was a stout pink, weighing close to six pounds. I caught an average size 3-pounder after that, which I released, and a short while later, hooked into another good pink that weighed north of four pounds. Sensing I wouldn't be able to readily upgrade from these two fish, I called it a day after less than an hour of fishing. I then contented myself to watching others fight and reel in salmon galore with broad smiles on their faces and joyful laughs and screams as they hooked up. It was especially fun to watch fathers and mothers with their children who got to reel in their first salmon that day.

The pink salmon are moving into the rivers now, and the run will continue through the middle of September. The Skagit River is always a good bet around Youngs Bar and the railroad bridge in Mt. Vernon, as is the Lower Snohomish River which opened September 1 from the mouth to the railroad bridge near the Snohomish boat launch. The Snohomish is scheduled to open upstream from there to the mouth of the Skykomish and Snoqualmie Rivers on September 16.

Heading south, the Puyallup, Duwamish, and Green Rivers

all offer good opportunities for humpies, too. If you are wondering why they have that nickname, it's because of the pronounced hump the males develop on their back after they enter freshwater to spawn. You can still catch humpies with spoons or spinners in the river, but most anglers will twitch pink jigs you can either cast and retrieve or fish under a slip bobber. Drift fishing a pink or 50/50 (brass and nickel) Dick Nite spoon is also a great offering that has been catching pink salmon for decades.

When it comes to table fare, the pink salmon get a bum rap, with many anglers looking down on them. Personally, I've found freshly caught and cooked pink salmon, especially out of the saltwater, taste great off the grill. If you do freeze them, I would recommend consuming them within a couple of weeks. The thinner fillets of these salmon, compared to coho or Chinook, don't hold up as well over time in the freezer. As for the salmon you catch out of the river, they taste just fine after you brine them and smoke them. The bottom line is this: If you are looking to get into a bunch of salmon during a day of fishing or want to introduce a new angler to the joys of salmon fishing, the humpies are here now and waiting for you.

John Kruse - [www.northwesternoutdoors.com](http://www.northwesternoutdoors.com) and [www.americaoutdoorsradio.com](http://www.americaoutdoorsradio.com)

# End of Summer Fire Safety

By GREGORY BARUSO  
Press Release  
State Fire Marshal's Office

As we come to the end of the season with fall just around the corner, Washingtonians are enjoying the last few days of summer. Plans may include outdoor activities and grilling. The dry, hot weather has made the conditions ripe for fires.

Last year in Washington State, the fire service responded to more than 6,000 natural vegetation fire incidents, which included

wildland fires. More than 2,000 of those calls were related to outdoor cooking and grilling.

The State Fire Marshal's Office urges residents to keep outdoor grilling safe and avoid contributing to an already very busy time for our fire service personnel. Ensure compliance with local burning restrictions, which may restrict or prohibit the use of open flames and grills.

- Place portable grills outside at least 3 feet away from flammable materials, including fences, deck

railings, and exterior siding.

- Keep children and pets at least 3 feet away from hot grills.
- Clean the grill and maintain it free from the accumulation of grease and fat buildup.
- Stay by the grill while it is lit, and watch what you are cooking.
- Use long-handled cooking utensils to prevent burns.
- Keep loose sleeves rolled up to prevent contact with the hot grill and possible

ignition.

- When turning off gas grills, close the valve at the tank and close the lid.
- When finished with a charcoal grill, ensure the coals are fully extinguished and cool before placing them in a metal container.
- Allow grills to cool fully before covering or putting them away.

For more information, contact Deputy State Fire Marshal Gregory Caruso at 360-596-3929 or [fpbpio@wsp.wa.gov](mailto:fpbpio@wsp.wa.gov)

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**The Contract**

Unveiling the healing power of forgiveness

A novel by local writer William E. Forhan.

Nobel Prize winning author Gabriel García Márquez was quoted as saying, "All human beings have three lives, public, private and secret."

In our modern world of the Internet search engines and DNA testing, keeping our private and secret lives separate is increasingly difficult. Sometimes they can come crashing in on our public lives when we least expect it.

Father Robert McCarthy is a middle-aged priest who is suddenly and unexpectedly confronted with his secret past. How he deals with the revelation of that past with his family, his congregation and the impacts of that secret life is inspirational. How McCarthy discloses the news of his college indiscretion requires him to take everyone involved on a journey of confession. That journey forces him to deal with issues of homosexuality, judgementalism, divorce and pride.

His pastoring skills and the depth of support from his wife help him bring forgiveness and restoration to many broken relationships.

The bonds of three families are ultimately restored through celebrations of life experiences including fishing, holiday gatherings, the discovery of unknown family connections and a wedding.

Bill's Book is available online through Amazon.com, BarnesandNoble.com and Apple iBook. The paperback is \$16.99 and the ebook is \$8.99. You can also pick up a copy of the book or order the book directly from Carol Forhan at The Leavenworth Echo (509-548-5286), or the Lake Chelan Mirror (509-682-2213), or by emailing your contact information to [Carol@leavenworthecho.com](mailto:Carol@leavenworthecho.com). Mail delivery add \$3.00 for postage. There is no extra charge if your order is picked up at the Echo/Record office, call for details, 509-548-5286.

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