

The Leavenworth Echo



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Upper Valley News Since 1904
A Ward Media Publication

leavenworthecho.com

From the publisher
Listening to diverse voices:
Fostering civil discourse
Community | A2

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'Rake the Fall Leaves' event set to clean up North Road Cemetery



By QUINN PROPST
Ward Media Staff Reporter

On Saturday, volunteers will come together to ensure that a piece of Leavenworth History continues on. The North Road Cemetery holds historical importance for the city of Leavenworth. However, it relies completely on volunteers.

"As Leavenworth's 'almost oldest' cemetery, Washington State's Department of Archaeology and Historic Preservation considers it abandoned," said Matt Cade, Upper Valley Historical Society Board President. "Without volunteers, it would fall back into a derelict cemetery, which is what it was in the 1960s."

Every spring and fall volunteers work to keep the cemetery up.

On Saturday, Oct. 28, the Upper Valley Historical Society and the Greater Leavenworth Museum are hosting their annual 'Rake the Fall Leaves' Community Event from 10:00 a.m. to noon at the cemetery.

The cemetery is located directly across from the Amtrak Station.

The event is part of a wider movement of local volunteerism, Wenatchee Valley Make a Difference Day.

Working volunteers can enjoy live music by the Leavenworth Alphorns.

Volunteers are asked to bring their

PHOTOS COURTESY OF MATT CADE

See **RAKE THE FALL LEAVES** Page **A4**

Leavenworth Farmers Market ends for the season, farmers get to work



Nina Riera Velasco and David Forcano Aparicio stand at the doorway of Maverick Farm's honor stand, where people can pick up produce using the honor system. The farmstand is open 7 days a week, 9:00 a.m. to 4:00 p.m.

By TAYLOR CALDWELL
Ward Media Staff Reporter

LEAVENWORTH - The days are getting shorter, and the mornings a little colder, which means winter is getting close. For farmers, it means packing up their stand at the farmers market, and tending to the long list of chores that need to be done before the first snowfall.

Chris Peterson of Big Dog Farm, one of the 45 microbusinesses hosted at the Leavenworth Farmers Market this summer, planted over 2200 heads of garlic just days after the last market.

"It's a multistep process," Peterson said. First is getting the ground ready. Chris and her husband Darren had to remove everything from the field, such as irrigation lines and ground cover. Then, it's layering compost, organic fertilizer, and landscape fabric. While Darren drills holes in the ground with an auger, Chris gets the garlic ready to plant, which involves taking a head of garlic and 'popping' the cloves out. "Popping 70 pounds of garlic took some time," she laughed. She plants a clove in each hole, covers them with dirt and grass clippings, and hopes they will take root by winter. In the

See **FARMERS MARKET** Page **A4**

New water conservation demonstration garden at IRMS thanks to partnership with the county

By MARLENE FARRELL
Special to Ward Media

LEAVENWORTH - On Oct. 10, Icicle River Middle School (IRMS) received a botanical upgrade. Every student in the school planted one native plant, either a perennial flower, succulent, grass or shrub, in one of eight large rectangular planter boxes that now run along the school's south-facing side.

These native plants, along with the truckloads of small river rocks that have replaced all the turf that lay between the school and the east-west running sidewalk, will reduce the school district's water consumption and serve as a demonstration site for neighbors curious about drought hearty plants that also contribute to beautiful landscaping.

See **NEW WATER** Page **B4**



Middle school students each pick out a native plant to add to the new water conservation demonstration garden in front of the school.

COURTESY OF MARLENE FARRELL

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www.leavenworthecho.com

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number (for verification purposes only). Letters may be edited for length, clarity, accuracy and fairness. No letter will be published without the author's name. Thank you letters will only be printed from non-profit organizations and events. We will not publish lists of businesses, or lists of individual names. Email your letters to letters@ward.media.

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week, giving your event the recognition it deserves. Even if your event isn't among the top five, it will still be added to our events calendar and featured online. Don't miss this chance to make your event shine!



Historical Cemetery Cleanup

The Upper Valley Historical Society and the Greater Leavenworth Museum are hosting their annual 'Rake the Fall Leaves' Community Event on Saturday, Oct. 28 from 10:00 a.m. to noon at the North Road Cemetery, located directly across from the Amtrak station.

The event is part of Wenatchee Valley Make a Difference Day and will feature music by the Leavenworth Alhorns.

"Please join us on Make-A-Difference Day, Saturday, October 28th from 10:00 a.m. until noon, when a 'Danwich' is offered to volunteers," the event flyer states. "Bring gloves and your favorite garden tool. Winton Mfg. Compost Works will remove forest organic debris piles."

Costumes & Cocktails

Icicle Creek Center for the Arts will host a Costumes & Cocktails & Mocktails Too social dance on Oct. 28 from 8:00 p.m. to 11:00 p.m. "Get ready for a spooktacular

night of playful mayhem at ICCA's Costume and Cocktails dance," the event page states. "Unleash your inner party monster with PREFUNC: North Central Washington's premiere Party Band playing a blend of classic rock and Halloween tunes that'll have you dancing like no one's watching."

"Come at 6:30 p.m. for some trick or treat fun around our campus buildings with the kiddos," the event page states. "Ok, we won't judge, adults can trick or treat, too. Then at 7:30 p.m. join in on learning the dance moves to 'Thriller' and get ready to be part of the group dance party."

"Cash prizes for the best individual and best group costumes," the event page states. "And a Whistlepunk gift card for the best 12 and under costume."

For more information visit icicle.org.

Leavenworth Library's Halloween Bash

The Leavenworth Public Library will host a Halloween

Bash on Tuesday, Oct. 31 from 3:00 p.m. to 6:00 p.m.

"Drop by the Leavenworth Library for some Halloween fun," the event page states. "Take some festive pictures. Put your name on the Halloween Costume Walk of Fame. Visit the haunted bookshelves. Above all, prepare to have some silly, spooky fun with library staff and patrons. All ages welcome."

For more information visit ncwlibraries.org/leavenworth.

Make a Difference Day with WRI

Saturday, October 28, 2023
9:00 am 12:00 pm

As part of the Wenatchee Valley Make a Difference Day the Wenatchee River Institute will be working on the E. Lorene Young Community Garden on Saturday, Oct. 28 from 9:00 a.m. to noon.

"Make a difference in your neighborhood and community," the event



5 THINGS TO DO THIS WEEK

page states. "WRI will be participating in this year's Make a Difference Day. WRI's project will be working in the E. Lorene Young Community Garden."

"We will work together to dismantle original planter boxes that have reached the end of their useful life and replace them with new cedar planters that we build onsite," the event page states. "The new planter boxes will allow community members to grow food and flowers in the neighborhood for the next decade."

For more information and to RSVP visit wenatcheeriverinstitute.org.

Halloween Bash at Stein

Leavenworth beer hall Stein will host a Halloween Bash and costume contest on Tuesday, Oct. 31 from 7:00 p.m. to 11:00 p.m.

The first place prize is \$500 and second place is \$250. Live music will be by the Black Market Blues Band from 8:00 to 11:00 p.m.

"Dress your best," the event page states. "We hope to see you there. It's gonna be a spooky good time."

The \$10 cover charge includes a drink.

For more information visit [Stein's Facebook page](https://www.facebook.com/steinleavenworth).

Clearing vegetation decreases fire risk

Ward Media / Leavenworth Echo

OLYMPIA - In a bid to safeguard homes and communities from the looming threat of wildfires, Washington residents are being encouraged to clear dead vegetation from their surroundings. The call to action comes after Washington State fire agencies reported 6,536 fires caused by natural vegetation last year, resulting in a staggering financial loss of over 3 million dollars.

It's a well-documented fact that dead and dry vegetation around homes significantly escalates the risk of fires. However, taking proactive steps to eliminate these hazards can substantially increase the survivability of your home during a wildfire.

The State Fire Marshal's Office has outlined a series of measures for residents to bolster their safety and reduce the likelihood of a fire disaster:

- Roof and Gutter Maintenance:** Regularly remove leaves, pine needles, and other flammable materials from roofs and gutters. Also, ensure that decks are clear of any debris, as this helps prevent embers from igniting your home.
- Clear a Five-Foot Zone:** Remove dead vegetation within a five-foot radius around your home. This creates a critical buffer zone that can impede the progression of wildfires.
- Pruning Tree Limbs:** Keep tree limbs pruned so that

the lowest branches are elevated six to ten feet above the ground. This minimizes the chances of ground-level fires climbing up into the trees.

- Fuel Reduction:** Dispose of branches, weeds, leaves, and grass clippings to reduce the potential fuel for a fire. Also, eliminate plants containing resins, oils, and waxes, as these can be highly flammable.
- Mulch Alternatives:** Opt for crushed stone or gravel as landscaping mulch rather than flammable materials, such as wood chips or bark.
- Sustained Maintenance:** After clearing, it's essential to maintain your landscape

in good condition to ensure continued fire safety.

- Distance Building Materials:** Store construction materials and woodpiles at least 30 feet from your home and other outbuildings. This precautionary measure significantly decreases the risk of a fire spreading to these structures.

By adhering to these recommendations, Washington residents can make cost-effective landscaping changes that could save their homes and protect their families. As the state strives to mitigate the impact of wildfires, this proactive approach is a crucial step in the right direction to ensure the safety of our communities.



STOCK PHOTO

Listening to diverse voices: Fostering civil discourse

In a world filled with social media echo chambers, it's all too common to become entrenched in our own beliefs, often leading to stark divisions among us. But what if we could pause for a moment and truly strive to comprehend the viewpoints of those who see the world differently?

In our community and societies worldwide, we represent a tapestry of backgrounds, cultures, and life experiences. This diversity is a source of strength, yet it can also be a potential source of division if not thoughtfully navigated. It's crucial to emphasize that understanding doesn't necessarily imply endorsement. It's about acknowledging the legitimacy of differing viewpoints.

When we take the time to genuinely empathize with someone else's perspective, we open the doors to greater compassion and deeper connections. We dismantle the walls that separate us and build bridges toward unity. This is not a call for conformity but rather an earnest plea for unity within our diversity.

Our community thrives when we actively listen to one another, not just for the purpose of counterarguments or debate, but with the sincere intent to grasp and respect the underlying motivations and life experiences that mold the beliefs of our fellow community members. It's through these exchanges of ideas that we can unearth common ground or, at the very

least, foster a respectful acknowledgment of the differences that make us unique.

In a world where information flows swiftly and sometimes overwhelmingly, fostering understanding becomes paramount. We find ourselves inundated with diverse perspectives, opinions, and information from various sources. The quest for understanding encourages us to approach this barrage with a discerning and open mind.

In practical terms, understanding someone else's perspective isn't just about hearing words but making a concerted effort to listen and appreciate the context. It involves putting ourselves in their shoes and acknowledging the unique life experiences that have led them to their viewpoint. When we achieve this level of empathy and insight, we're better equipped to engage in constructive and respectful dialogues.

So, let's set aside our differences, even if momentarily, and commit ourselves to genuinely understanding the perspectives of others. Let's celebrate the richness of our diverse community and work together to create a more interconnected, empathetic, and harmonious society. By doing so, we uphold the cherished ideals of unity and understanding, not only within the pages of our newspaper but within our daily lives, forging a path toward a more inclusive and compassionate world.



From the Publisher

TERRY WARD



PUBLIC MEETING CONSERVATION TARGETS

Chelan County PUD Commissioners will be hearing staff's proposed **2 and 10-year Conservation Targets** for the next biennium. Members of the public are welcome to attend.

WHEN: Monday, Nov. 6 at 1 p.m.
WHERE: New Service Center
Chelan PUD boardroom
203 Olds Station Rd., Wenatchee

Or, submit comments by email to conservation@chelanpud.org.

More info can be found here: www.chelanpud.org/eia.



We are part of a grand and beautiful ecosystem that requires that we not only enjoy and appreciate it, but do what we can to protect and maintain it for future generations. This is my commitment to you!

CARL FLOREA FOR MAYOR



Paid for by the Committee to Elect Carl Florea, Denise Darling, Treasurer
204 West St. Leavenworth WA 98826

Community Bulletin Board

Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s). Must provide: full name, city, phone number. Items pertaining to local events that are free or minimum charge. Want to place Your Community News Online? Go to ncwmarket.com 24/7. Garage and Yard Sale Ads are paid events, please email: classifieds@leavenworthecho.com or place online at ncwmarket.com. To submit info call 509-548-5286 or email: news@ward.media.

Community Calendar

Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.
Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.
Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666.
Ukulele Circle, 5:30-6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.
Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email Troy@leavenworth.org for meeting information. (1st & 3rd Thurs.)
Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email leavenworthlionsclubwa@gmail.com
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: tony.sandoval@co.chelan.wa.us
Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: leavenworthseniors@gmail.com

Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.
Leavenworth Mosquito District board meeting, 7 p.m. via ZOOM link posted at <https://leavenworthmosquitocontrol.org/activity-calendar.html> or contact Jenny 509-548-5904 (1st and 3rd Mon.)
Cascade School board meetings, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21. for lunch, \$8. for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)
Icele & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or levi.ipid@nwi.net (2nd Tues.)
Cascade Education Foundation, Contact: CEF@cascade.org
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st Tues.)
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. www.leavenworthmasons.org. (1st Tues.)
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)
Senior Center, Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: leavenworthseniors@gmail.com
Music, call Steve, 509-548-7048. (1st and 3rd Tues.)
Greater Leavenworth Museum board meeting 5-7 p.m. Everyone is invited as a guest. Contact info@leavenworthmuseum.org for meeting information. (1st Tues.)

NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at ncwlibraries.org and its Facebook page. Go to NCWLIBRARIES.ORG or 1-800-426-READ (7323) for more information, and updates.
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online leavenworth@ncwlibraries.org Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or peshastin@ncwlibraries.org Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m.-2 p.m. Closed Sun. and Mon.

Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Now open daily 11-4. Check their Facebook page or website at <http://www.leavenworthmuseum.org> or www.leavenworthmuseum.org for updates and information.
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.
Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to reporter@leavenworthecho.com or call 509-548-5286. Otherwise we are not responsible for any misinformation.

Meeting Schedules For AA, Alanon, Celebrate Recovery

AA Meetings:

Call for the Zoom link to Leavenworth AA meetings: 541-480-8946
Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939
509-548-1627, 548-4522, 664-6469, 206-719-3379
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.
Alanon Meetings, Call 509-548-7939
Renewed Celebrate Recovery, Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: CelebrateRecoveryLCN@gmail.com or 509-596-1510.

Leavenworth

Make a Difference Day at Wenatchee River Institute

Mark your calendars for a day of community action! Wenatchee River Institute invites all local residents to participate in "Make a Difference Day" on Saturday, Oct. 28. The event promises an opportunity to leave a positive impact on our neighborhood.

The focal point of this volunteer-driven initiative is the E. Lorene Young Community Garden, where volunteers will be working tirelessly to revamp the garden's planter boxes. The original planter boxes, having served their useful life, will be dismantled and replaced with brand new cedar planters. These freshly crafted planters are set to play a vital role in growing food and flowers for the neighborhood over the next decade.

"Make a Difference Day" is a family-friendly event, encouraging all age groups to get involved. If you're worried about tools and materials, fret not! The organizers have ensured that all the necessary materials and hand tools will be provided for the volunteers.

To participate in this event, please RSVP at Wenatcheeriverinstitute.org.

Leavenworth Women's Exchange to Host November Luncheon

The Leavenworth Women's Exchange is gearing up for their monthly luncheon meeting, scheduled for Wednesday, Nov. 8. This event will take place at the Icele Inn Restaurant, conveniently located at 505 Highway 2 in Leavenworth.

Attendees can look forward to a delightful luncheon buffet, complete with beverages, taxes, and gratuity, all for a reasonable cost of \$26.50 per person. This luncheon is set to be a special one as it features an engaging presentation by the owner of the Leavenworth Reindeer Farm, Kari Andersen, and her daughter, General Manager Erika Bowie. The duo will enlighten the audience with a program titled "Bringing Reindeer to Leavenworth."

For those interested in attending this unique event, please note that payments will be accepted in the form of a check or cash payable to the Leavenworth Women's Exchange (LWE) only. Due to the catering involved, attendees are kindly reminded that any cancellations after Nov. 2 will incur a charge to cover the cost of the luncheon.

To secure your spot at the luncheon, please reach out to Ann Callahan at 509-548-2065 no later than Thursday, Nov. 2.

What's going on with Stevens Pass?

Curious about the upcoming ski season at Stevens Pass ski area? Mark your calendars for a presentation on Thursday, Nov. 9 at 7:00 p.m., hosted by

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Wenatchee River Institute at the Red Barn.

Ellen Galbraith, Vice President and General Manager of Stevens Pass ski area, will provide a comprehensive overview of what's on the horizon. Gain valuable insights into her experiences from the previous season and learn about the exciting plans for the upcoming ski year. Discover the latest developments surrounding the news construction of Kehr's Chair.

If you have burning questions about Stevens Pass or the ski industry, this is your chance. The floor will be open for live questioning at the conclusion of Galbraith's presentation.

Leavenworth Library hosts art show honoring Heidi Swoboda

The Leavenworth Library is set to host an inspiring art show dedicated to Heidi Swoboda, a prominent Leavenworth Professional Photographer, through Nov. 3 in the enchanting Fireside Room.

This captivating exhibition presents a harmonious blend of artistry and literature, curated in collaboration with the NCW Libraries System. Visitors are invited to immerse themselves fully in the essence of each artwork by exploring suggested complementary literature.

Heidi Swoboda's creations, primarily in the form of giclee

with acrylic finish, showcase her remarkable talent. Her artwork is a testament to her deep connection with the beauty of our natural world and the profound moments and relationships that enrich our lives.

The show promises to be a unique experience, offering a glimpse into Heidi's distinctive artistic techniques and her passion for celebrating the wonders of our environment.

Leavenworth Library events

Read & Play Time for Babies with Amy on Tuesdays from 10:00-11:00 a.m. Babies and toddlers are welcome for books, songs, and playtime.

Preschool storytime with Gracie runs Wednesdays from 11:00 a.m. to noon. Join us for stories, songs and fun.

The Halloween Bash is set for Tuesday, Oct. 31, from 3:00-6:00 pm. Costume wearers and admirers are welcome to dazzle the "Costume Walk of Fame" and visit haunted bookshelves if you dare.

Questions: leavenworth@ncwlibraries.org 509-548-7923.

Cashmere

Fun Fall Storytime at Cashmere Library

The Cashmere Library is all set to host an engaging and interactive Fun Fall Storytime event that promises an enjoyable morning for kids of all ages. The event will take place on Thursday, Oct. 26, from 10:30 to 11:00 a.m.

Attendees can look forward to action songs, fingerplays, and captivating stories presented by their beloved librarians. It's a perfect

opportunity for preschoolers and elementary school-aged children to immerse themselves in the magic of storytelling.

After the Storytime, the fun continues with various craft activities and the introduction of special toys for playtime, providing an excellent opportunity for families to socialize and bond.

For more details and inquiries, please contact 509-782-3314.

Cashmere Library Introduces Sugar & Spice Romance Book Club

The Cashmere Library is thrilled to announce the launch of its brand-new romance book club, the Sugar & Spice Romance Book Club. This exciting initiative aims to bring together ardent romance enthusiasts, fostering positive discussions and encouraging a broader appreciation for this beloved literary genre.

Readers of all backgrounds and tastes are invited to join this engaging club, where they can share their love for romance novels. The Sugar & Spice Romance Book Club will convene on the first Wednesday of each month, creating a regular rendezvous for passionate readers.

The club's meetings will take place at Cashmere Library, from 6:00-7:00 p.m.

If you're eager to embark on this romantic literary journey and become a part of the Sugar & Spice Romance Book Club, reach out to the Cashmere Library staff. You can contact them by phone at 509-782-3314 or via email at cashmere@ncwlibraries.org.

Halloween Roundup

Downtown Leavenworth

Trick-or-Treating hours in downtown Leavenworth will be from 3:00-6:00 p.m. on Tuesday, Oct. 31. Participating businesses will have a small pumpkin in their window with their individual trick-or-treating hours. Trick-or-treating maps can be found at the Chamber and participating businesses.

Leavenworth Library's Halloween Bash

The Leavenworth Public Library will host a Halloween Bash on Tuesday, Oct. 31, from

3:00 p.m. to 6:00 p.m.

The Halloween fun will include festive pictures, haunted bookshelves and spooky fun with the library staff and other patrons. You can also put your name on the Halloween Costume Walk of Fame. All ages are welcome to the event.

For more information visit ncwlibraries.org/leavenworth.

Light the Night Community Carnival 2023

The Nazarene Church (111 Ski Hill Drive) of Leavenworth will host a Light the Night

Community Carnival on Tuesday, Oct. 31 from 5:30 to 7:30 p.m.

The free event will include games, activities, candy, food, and more.

Children must be accompanied by an adult. Costumes are welcome. For information call the church office at 509.548.5292.

Downtown Wenatchee

Downtown Wenatchee will host another spooktacular Trick-or-Treat Downtown on Tuesday, Oct. 31, from 3:00-5:00 p.m.,

Wenatchee Ave. will be closed from 2nd St. to Orondo Ave. (with 2nd and Orondo open for east-west traffic) for a fun and safe trick-or-treat experience.

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Farmers Market

Continued from page A1

meantime, everything else will be torn down and composted, which will provide valuable nutrients to next year's crop.

Although the Petersons have been gardening for twenty years, this summer was Big Dog Farm's first appearance at the Leavenworth farmers market.

"It was more amazing than I could have imagined. I loved seeing the same customers week after week and supplying them with fresh vegetables," said Chris. Over the course of the summer, she sold 400 pounds of tomatoes, 400 cucumbers, and 200 zucchini.

"It was a ton of work...but it was so rewarding," said Chris. One of her biggest challenges was deciding how much to plant. "I just had to guess. Like leeks, I had no idea! I planted about 300 leeks, which ended up being way too many for the market." Chris was able to take the extra leeks to Sage Mountain Natural Foods and a few local restaurants.

You might recall Big Dog's tent from the ginormous sunflowers, or the gorgeous bouquets of dahlias, celosia, and snapdragons.

"I was really happy with how well the flowers did," said Chris. She sold over 150 flower arrangements this summer, and did a few weddings, too. Because of their success, Chris is planning to expand the flower field this spring.

For Nina Riera Velasco and David Forcano Aparicio of Maverick Farm, fall also means continuing to harvest for Maverick's CSA program that provides bi-weekly boxes of produce to 42 families, stocking a roadside produce stand operated by the honor system, and looking forward to their first American Thanksgiving.

"So we're trying to keep as much as we can alive...but at the same time, we are taking

everything down that is dead and preparing the soil for winter," said Nina.

Nina and David are from Barcelona, Spain. They worked for Maverick farm last summer, but the fall season is new to them.

"We came here knowing we wanted to start our own farm back home, but when you talk to farmers, they always say you have to do a whole season to see if you're up to doing it," said David. Because of visa complications last year, they were only able to be a part of the planting and harvesting. "The cute stuff, you know?" Nina added.

This year, they received an internship visa, which allows them to stay for the entire season, April to November. It made it possible to take more ownership of the farm decisions, which Blake Shepler, Maverick's owner, encouraged. One of those decisions was participating in the farmers market, which helped put Maverick's name out into the community.

"I think it's one of the best things...growers meeting with the final customer," said David. "You're not selling it to a restaurant or a supermarket,

you're selling it directly to the person that's going to eat it."

To Nina and David, Leavenworth's farmers market was very different from the ones back home. In Barcelona, people are only there to buy vegetables. "Here, people come and hang out," said Nina. There's music, green space, and variety. It's a place for the community to come together and spend time with one another. "We would love to try and create one that's like that [in Spain]," said David.

After Thanksgiving, Nina and David will return home. "We just bought a property in Spain, which is very exciting, and we want to start our own farm there," said Nina.

The Leavenworth Farmers Market occurred every Thursday from June 1 to Oct. 12 this year. It hosted farmers, artisans, soapmakers, musicians and more. Both the Leavenworth and Cashmere Farmers Market are managed by Cascade Community Markets. According to their website, the markets collectively kept over \$165,000 in the local economy and distributed \$9500 worth of produce via EBT, FMNP, and SNAP Market Match services.



Chris Peterson poses behind her produce for sale at the Leavenworth Farmers Market.

Letters to the Editor

Supporting Williams and Montoya

Hospital Commissioner is one of those very quiet, unsung elected positions that impact the quality of life in our community in significant ways. Both Bruce Williams and Gustavo Montoya have served us very well during a very trying time for rural health care. Through hard work, honesty, willingness to learn, and openness to hearing from all, they provide the kind of leadership that moves the hospital forward. Starting over with people brand new to the challenges with little to no pertinent life/work experience doesn't make any sense - no matter how well-intentioned. The greater risk is that at this very important moment in nurturing the hospital, we lose the proven leadership and experience that Bruce and Gustavo bring and thus make the challenges even more daunting. Please support Bruce and Gustavo; they have earned it, and all of us who care about this precious resource will benefit.

John Agnew and Patty Hebert, Leavenworth

Supporting Williams and Montoya

We urge you to vote for two excellent Cascade Medical Hospital Commissioners, Gustavo Montoya and Bruce Williams.

We have known and worked with Gustavo Montoya on community programs since 2003, such as Leavenworth Spring Bird Fest, Naturalization Ceremonies, and Team Naturaleza. He is an exceptional listener, connector, and problem solver.

Gustavo Montoya has a successful track record as

a hospital commissioner, providing extensive technology, financial expertise, and data analytics as a business owner and community leader. Gustavo's skills give him the ability to help guide the commission through challenges unique to rural hospitals. He prioritizes outreach to our community, including the Latino community.

Bruce Williams' leadership is well-known: Bruce helped launch the Patient and Family Engagement Council as part of Cascade Medical's Strategic Plan and Community Health Needs Assessment. He has advocated with legislators for rural hospital access and fiscal sustainability, ensuring a strong financial future.

Both Gustavo and Bruce exhibit personal qualities of integrity, kindness, and a strong work ethic, listening to employees and to our community. Please vote for them.

Barbara Rossing and Lauren Johnson, Leavenworth, Heather Murphy and Patrick Murphy, Leavenworth, Mara Bohman and Brian Bohman, Leavenworth, Bill Jenkins, Leavenworth, Alex Schmidt and Stacey Barnhill, Leavenworth, Dr. Gregory Steeber and Mary Steeber, Leavenworth, Dr. Karl Kranz and Dawn Kranz, Leavenworth

Supporting Brinkman for Mayor

My name is Lenin Guzman, and I am the Assistant Student Recreation Center Manager and Head Men's Soccer Coach at Wenatchee Valley College. While I am thriving now, it wasn't always this way. As a young college student, I came to meet not just a person or professor but

a guide and teacher of life. Professor Richard Brinkman put his heart and soul into cementing foundations that lead to student success. He always went the extra mile to help others by understanding what people go through in their everyday lives. At certain points in college, I felt lost, out of place, and unguided, and I began to question my path. In those difficult moments, I began to remember those who helped me along the way, and it didn't take long for Professor Brinkman to come to mind. Everyone who has taken a class with him knows his famous saying, "It doesn't have to be this way." This became a source of light and hope for me during difficult times, and I am beyond grateful for the values he has instilled in me. Leavenworth needs his qualities, leadership, and experiences, and I firmly believe there is no better candidate than Richard Brinkman. Not just to bring hope and change to our youth but to provide it to an entire community. Please join me in fully supporting Richard Brinkman for Leavenworth Mayor!

Lenin Guzman, Wenatchee

Supporting Williams and Montoya

In the Upper Valley, we are fortunate to have Cascade Medical Center serving our community. Over the last couple of years, I have used CMC for many of my medical needs, such as physical therapy and the emergency department on more than one occasion. I have been impressed by the quality of medical care and the state-of-the-art equipment. CMC is what it is today partly because of the excellent guidance, leadership, and experience of Commissioners Bruce Williams and Gustavo Montoya. I urge you to vote for both.

Buford Howell, Leavenworth



Rake the Fall Leaves

Continued from page A1

favorite garden tool and gloves. Winton Mfg. will remove forest organic debris piles. At noon a "Danwich" will be offered to volunteers.

"A common name for a sandwich one can buy at the deli in Dan's Market is a Danwich," Cade said. "For us to submit orders to have the Danwiches available at the cemetery by noon, which is quitting time, we need to have orders from the volunteers by 10:15 a.m."

"If you cannot help with the clean-up but want to share in this community experience, bring lunch and a chair, listen to music, and visit other community members, both living and non," the event flyer states.

"We hope the weather is pleasant enough to bring out the volunteers," Cade said. "At our spring 2022 event, we had our largest group with over 65 volunteers."

Quinn Propst: 509-731-3590 or quinn@ward.media



PHOTOS COURTESY OF MATT CADE

Speak Up for Grizzly Bears!

Grizzlies roamed Washington's North Cascades for thousands of years, but now none remain. Hunted, trapped, and poisoned, the bears were exterminated. We now have a plan—and a responsibility—to bring them back.

Rural communities have coexisted and thrived alongside grizzly bears. Let's help bring back this iconic native species to the North Cascades.



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Grizzly Bears Belong in the North Cascades

Why Grizzly Bears Fit In

- Nutrient Distribution**
Grizzly bears help cycle nutrients through the ecosystem, enriching soils and vegetation.
- Seed Dispersal**
Grizzly bears help plants thrive by dispersing seeds through their digestive system.
- Enhanced Biodiversity**
By extensively digging for roots, insects, and small mammals, grizzlies contribute to ecological processes which support plant and animal life.
- Pleanty to Eat**
The North Cascades is home to 100 of the 124 plant species that grizzlies have been shown to eat.

Anchored by North Cascades National Park shown in dark green, the area of detail represents the Grizzly Bear Recovery Zone and encompasses nearly 10,000 square miles of mostly protected public lands.

Learn more at: www.northcascadesgrizzly.org/action

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Rory's stroganoff

A few weekends back, I went to visit Caren and Jake. I found myself at one of the many second-hand stores on their side of the mountains with Caren and her roommate Rory as we rummaged through the second-hand goods offered by the pound. By-the-pound is the perfect place to find fabrics for quilting, rags for the shop, and sometimes a book or two with old-fashioned recipes.

Much of what is offered has seen better days, and it takes a discerning eye to see what is or what could be. I don't believe in saving all things... I only have so many heartbeats in a day, so I have to really like the texture and color of the fabric or have a use for the item before it gets to come

home with me. (The older I get, the more I apply this logic to new purchases.) I picked up a particularly beautiful water glass. I held it up to see it more clearly and turned to Rory, "Isn't this beautiful?" I asked. She held her hand out; I gave it to her. I expected her to hold it gently as I had, twist it around, and admire the pretty sheen as I'd done, but no; she tried to stick her hand inside the empty glass in an intentional and very purposeful manner. It wouldn't fit. My second question was, "What are you doing?"

"Checking to see how hard it is to wash this," she told me. "My hand won't fit inside it to wash out the bottom of the glass. I wouldn't buy it." She handed it back to me with a

slight shrug of her shoulder, letting me know she didn't actually care one way or the other what I spent my hard-earned greenbacks on, then turned away to continue with her own treasure hunt.

My basement apartment doesn't have a dishwasher, so I wash my water glasses by hand. I thought about what Rory had just said and set the water glass back in the bin. I decided my matching set of wide-mouth mason jars would do just fine for drinking water... besides, with wide-mouth mason jars, I can always find replacements for my set of twelve when one breaks as glass always does.

After a day of treasure hunting and good company, we headed home for a nice meal of pork stroganoff. Rory likes pork loin, and she'd found some on sale. Made into stroganoff, it was mighty tasty.

Rory's Stroganoff

- Enough cooked egg noodles to feed the family
- 1-2 cups pork or beef cut into thin strips 2-4 Tablespoons oil, fat or butter
- One small onion diced 3 Tablespoons flour
- 1/2 to 1 teaspoon thyme
- 1/4 to 1/2 teaspoon nutmeg
- 1 cup liquid (water or broth)
- 1-1/2 cups sour cream

Saute the meat and onion with oil, fat, or butter in a saucepan. Mix the flour with the thyme and nutmeg in a small cereal bowl. When the onion is translucent and the meat is no longer pink, add the flour, thyme, and nutmeg to the pan and stir. When the flour is well blended in with the meat and onions (the flour will stick to everything, making it gooey, and there won't be any white powder in the pan) add



STOCK PHOTO

the liquid a little at a time, stirring all the while (without good stirring the flour-oil mix will be lumpy). When the liquid stiffens into a thick gravy let it bubble a bit (still stir as it bubbles-about 30 seconds to a minute) then add the sour cream all at once and stir until the sour cream is incorporated into the stiff gravy and take it off the stove because too much heat for too long will make the milk in the sour cream curdle. Add more sour cream

if the consistency isn't what you like for stroganoff. When the stroganoff gravy is to your liking, serve it over the cooked noodles.

Choices: Any thinly sliced meat will work with this stroganoff recipe. The sauce can go over almost any starch, potatoes, biscuits or bread, rice, or cooked whole grains as a gravy. Even made without meat, the milk plus the grain or potato will give the body complete protein.

About the author: In 2000 Michele Priddy left the work force to become a stay-at-home mother and wife. Being a one-income family in today's society meant she had to learn to budget quickly. Food became a priority early because she wanted the children to have the best nutrition she could offer them even on a budget. She taught cooking classes at various churches in her community on "How to stretch the food dollar with simple ingredients". Michelle has put her kitchen strategies, stories and recipes in booklets, her church newsletter and in her hometown newspaper, The Goldendale Sentinel. We hope you will enjoy her strategies, stories, and recipes.



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Voting commences state-wide for the 2023 General Election in Washington



STOCK PHOTO

Ward Media / Leavenworth Echo

OLYMPIA - The electoral gears are in motion across the Evergreen State as voting for the 2023 General Election officially begins. With a staggering 590 ballot boxes and voting centers spread throughout all 39 counties in Washington, the state's 4.8 million registered voters now have secure and convenient avenues to exercise their civic duty.

In adherence to the strict deadlines, all ballots must be either dropped off at a county drop box or voting center by 8 p.m. on Nov. 7 or postmarked by the same date if sent via mail. This election encompasses all 39 counties and features 3,095 offices up for election, along with 128 local measures for the electorate to decide.

Secretary of State Steve Hobbs encouraged all eligible voters to leverage the state's comprehensive and reliable resources to engage in the democratic process. These resources include voter information pamphlets distributed to every registered voter's home address, 590 official drop boxes, and voting centers administered by county governments. Furthermore, the innovative VoteWA.gov platform empowers voters to

track their ballots' progress and receive text updates as their votes are processed.

"We work hard to ensure your vote is safe and secure before, during, and after every election," affirmed Hobbs. "Every voter in Washington can be confident that when they use that county ballot box or the mail to submit their ballot on time, their voice will be heard."

A notable addition to this year's electoral proceedings is the expansion of resources in the statewide Voters' Pamphlet. This enhancement allows voters to better understand the state's budget and fiscal decisions through online and phone resources. The Voters' Pamphlet is available in English, Spanish, and audio-only versions on the Secretary of State's website.

Even if they haven't registered yet, voters can still participate in the Nov. 7 General Election. Online registration via VoteWA.gov or registration forms submitted by mail must be received by Oct. 30. In-person registration at county elections offices remains an option until the voting period concludes at 8 p.m. on Nov. 7.

Secretary Hobbs emphasized the significance of this election in making

important local decisions in every corner of the state. He underlined that Washington's electoral processes are renowned for their fairness and transparency, with the paramount goal of ensuring trustworthy and convenient access to empower voters in every community.

The Office of the Secretary of State in Washington oversees several aspects of state government, including managing state elections, registering corporations and charities, and governing the use of the state flag and state seal. The office's broader responsibilities encompass overseeing the State Archives and the State Library, documenting extraordinary stories in Washington's history through Legacy Washington, administering the Combined Fund Drive for charitable giving by state employees, and managing the state's Address Confidentiality Program, designed to protect survivors of crime.

As the ballots start to flow in and the countdown to Nov. 7 continues, the state of Washington stands firm in its commitment to upholding the principles of democracy and ensuring that every voice is heard in this crucial General Election.



The Ulbrichts Are Coming

The Leavenworth Nutcracker Museum and Nutcracker Lady's Gift Shop welcome a family member of Germany's foremost producer of nutcrackers... Holzkunst Christian Ulbricht.

Kathrin Ulbricht will be here to meet collectors on Sunday, October 29 from 2 to 4



This is a rare opportunity to have your Ulbricht purchase signed and claim your annual tour bird, the Osprey.

As a courtesy to collectors each will sign one Ulbricht design brought from home with each Ulbricht design purchased from the Gift Shop.

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Cascade High School

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A small fee will be charged for over 30 words and pictures or other extras.
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Deadline Noon on Friday for the next week's papers

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Employment

The City of Chelan's Public Works Department is accepting applications for the position of Sewer Treatment Plant Operator.
The monthly income range for this position is between \$5,790 and \$7,256. (\$33.40-\$41.86 per hour) Benefits include PERS retirement, medical, dental, vision insurance, paid vacation, holidays, and sick leave. Application materials are located on the City's website: <https://cityofchelan.us/Jobs>.
First review of applications will be Friday December 1st, 2023. Position is open until filled.

City of Cashmere Snowplow Operator Job Announcement
The City of Cashmere is accepting applications for part-time seasonal Snowplow Operators. Work includes operating and maintaining a plow truck, dump truck, snow blower, de-icing truck and snow shovel to move snow from streets, roads, alleys, parking lots and sidewalks.
Requirements include a Commercial Driver's License and experience plowing snow, preferably on public roadways. You will be called to work when needed. There is no guarantee for the number of hours worked. Sick leave will be accrued according to state law. No medical benefits, retirement compensation or annual leave will be provided. Pay up to \$25.00 per hour depending on qualifications. More than one position to be filled. Application and employment agreement are available at: <https://www.cityofcashmere.org/government/human-resources>
For inquiries contact Steve Croci, Director of Operations at steve@cityofcashmere.org or 509-782-3513

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Deadline is Friday at Noon for the following Wednesday issues of all newspapers



Public Works - Truck Driver/Laborer - Temporary Winter Help
The Chelan County Public Works Department is seeking applicants for our three, four-month long winter Temporary Truck Driver/Laborer positions in the Leavenworth & Wenatchee Districts. The duties include performing manual labor, driving truck and/or operating light and heavy equipment, and snow plowing. The salary range is \$22.48 per hour up to \$24.66 per hour based on experience. These four-month positions will start mid to late November. These positions require a Washington State Driver's License, Class A CDL with Tanker Endorsements and prefer to have a current First Aid/CPR card and flagging card. Applications and a detailed job description can be found on the Chelan County Human Resource Career Opportunities page; <http://www.co.chelan.wa.us/human-resources/jobs>

The application, resume and letter of intent must be returned to the Chelan County Human Resource Department 400 Douglas Street #201, Wenatchee, WA 98801 or email to human.resources@co.chelan.wa.us no later than Thursday, November 2, 2023 at 5:00 p.m.

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Legals

Public Notices

The Leavenworth Mosquito Control Board will be holding a Public Hearing at 7:00pm on Monday November 6th 2023 via Zoom to discuss and approve the 2024 operation budget and per parcel tax rate. The link to attend via Zoom is <https://cascadesd-org.zoom.us/j/85130535065> . You may also visit www.LeavenworthMosquitoControl.org for the Zoom meeting link, or email directly to info@LeavenworthMosquitoControl.org before Noon November 6th. Further information and assistance may be obtained from Manager Jennifer Mullins at 509-548-5904. Published in the Leavenworth Echo/Cashmere Valley Record on October 25, November 1, 2023. #6558

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Public Notices

NOTICE OF PUBLIC HEARING
Notice is hereby given the Upper Valley Park and Recreation Service Area, Chelan County, Washington, will conduct a public hearing on Wednesday, November 8, 2023, at 3:00 PM at the Leavenworth City Hall, located at 700 US Highway 2, to review and approve the 2024 Final Budget that includes proposed expenditures, revenue sources, and a possible increase in property taxes. Copies of the proposed budget will be available by October 27, 2023. The public is invited to attend said hearing and make comments; for more information on Zoom conferencing, copies of the budget, or general questions, you may contact Brandi Mynatt, Assistant Deputy - PRSA Clerk, at 509-548-5275, ext. 129. Published in the Leavenworth Echo/Cashmere Valley Record October 18, 25, 2023. #6533

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of **LEROY EDWARD HOUSE JR., Deceased.**
No. 23-4-00355-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.
DATE OF FIRST PUBLICATION: October 18, 2023
Personal Representative: LEROY E. HOUSE SR.
Attorneys for the Personal Representative: David A. Kazemba, WSBA# 48049 Address for Mailing or Service Overcast Law Offices Attn: David A. Kazemba 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 23-4-00355-04 Presented by: OVERCAST LAW OFFICES By: /s/ David A. Kazemba, WSBA No. 48049 Attorney for the Personal Representative. Published in the Leavenworth Echo/Cashmere Valley Record on October 18, 25, November 1, 2023. #6518

Public Notices

SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY
In the Matter of the Estate of **TERRY DONALD LUMSDEN, Deceased.**
No. 23-4-00351-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)
The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the Decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the Court in which the probate proceedings were commenced. The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the Decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION: October 11, 2023
Personal Representative: Amy Criss Attorneys for the Personal Representative: Thomas D. Overcast, WSBA# 14486 Address for Mailing or Service - Overcast Law Offices Attn: Thomas D. Overcast 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 23-4-00351-04 Presented by: OVERCAST LAW OFFICES By: /s/ Thomas D. Overcast, WSBA No. 14486 Attorney for the Personal Representative. Published in the Leavenworth Echo/Cashmere Valley Record October 11, 18, 25, 2023. #6476

Public Notices

NOTICE OF DATE CHANGE PLANNING COMMISSION MEETING
The Planning Commission's regularly scheduled November meeting has changed to November 8, 2023 at 7 pm, City Hall - 700 Hwy 2, Leavenworth. Meeting hosted at City Hall with option to join via zoom by: 1) connecting via the Zoom app: Meeting ID: 916 5926 4393 Passcode: 40805 or 2) using the web link: <https://zoom.us/j/91659264393?pwd=L1JEdjRjdjQ09GVuQzJjdjQ09GVuQzJjdjQ09> or 3) calling: 1-253-215-8782. The public is encouraged to attend. Questions may directed to Liliith Vespier, AICP, Development Services Manager, phone 509-548-5275 or email lvespier@cityofleavenworth.com. Published in the Leavenworth Echo/Cashmere Valley Record on October 25, 2023. #6504

Public Notices

CITY OF LEAVENWORTH CITY COUNCIL
NOTICE OF SPECIAL MEETING
NOTICE IS HEREBY GIVEN that a quorum of the Leavenworth City Council could be attending a Community Forum discussing Multi-Family Tax Exemption to be held at the Council Chambers in Leavenworth City Hall, located at 700 US Highway 2, Leavenworth, Washington and on zoom. The meeting will be held on Tuesday, November 7, 2023 starting at 6:30 PM. Zoom information: Meeting ID: 998 5778 2596; Passcode: 063063 Find your local number: <https://zoom.us/j/91659264393> Published in the Leavenworth Echo/Cashmere Valley Record October 25, November 1, 2023. #6574

Follow us on Facebook at: **Facebook.com NorthCentral Washington**

The Washington Outdoors Report

Outdoors Roundup

By JOHN KRUSE
Special to Ward Media

The modern firearm deer season and waterfowl season opened up the weekend of Oct. 14, and there is other outdoor news to share as well this week.

NORTHEAST WASHINGTON DEER HUNTING RESULTS: Staci Lehman, a spokesperson for the Washington Department of Fish and Wildlife, shared the results from check stations in Eastern Washington during the opening day weekend. In her words, "This weekend, we collected 105 Chronic Wasting Disease (CWD) samples from harvested deer throughout Region 1. For comparison, last year's opening weekend, we collected 95 CWD samples. Districts 1 and 2 (NE Washington) were the slowest and saw fewer samples compared to District 3 (SE Washington) that collected 65 samples."

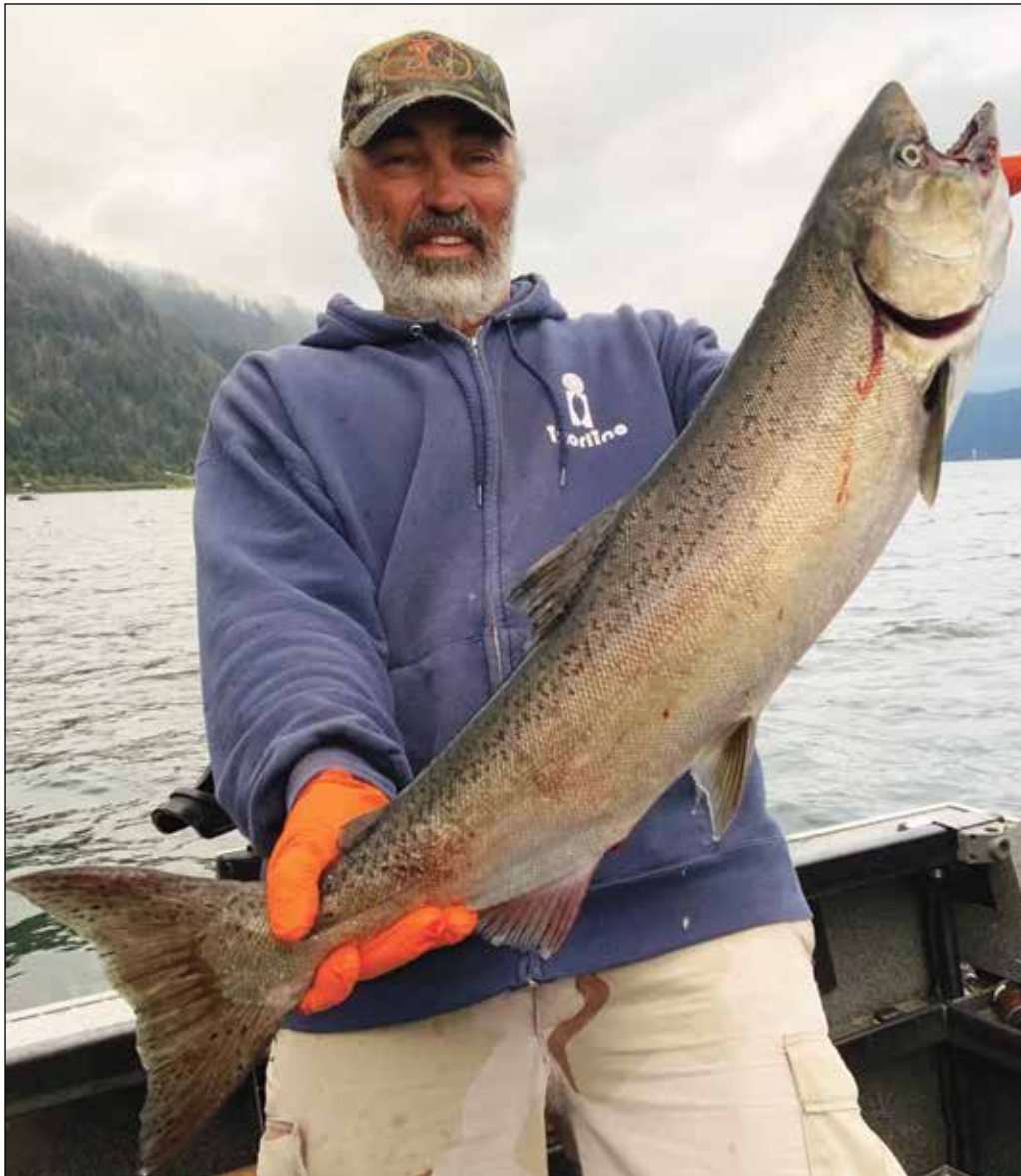
Overall, we heard from staff and officers that things were pretty slow in northeast Washington. That could be a result of the warm weather, but hard to say for sure. A reminder that WDFW has teamed up with the Washington Chapter of Backcountry Hunters and Anglers to encourage folks to provide samples from their harvested deer or elk. BHA helped to purchase 100 multi-season deer tags. Anyone who has their harvest sampled for CWD will go into a random drawing for the tags for next

COLUMBIA BASIN DUCK HUNTING HARVEST: WDFW has three regulated access areas for waterfowl hunters in the Columbia Basin. A small, limited number of hunters hunt these improved habitat areas in the Desert Wildlife Area on a first come, - first served basis. Hunters are asked to register before they hunt and report their harvest when their hunt is complete.

Hunters did best at the Frenchman's Wasteway Regulated Access Area, where 27 hunters reported shooting 117 ducks (an average of 4.33 birds per hunter). At the Winchester Wasteway Regulated Access Area, 20 hunters harvested 47 birds, averaging 2.35 birds per hunter. Meanwhile, the North Potholes Regulated Access Area continues to suffer from drought conditions. That's why only two hunters went there, though they did get five ducks.

COHO ARE ON THE BITE: The Icicle River near Leavenworth is open for coho salmon. I spoke with Rick Graybill at Hooked on Toys in Wenatchee about the current state of affairs there. Rick says anglers were doing pretty good on the Columbia River prior to the closure on Oct. 15, and while a few fish are now in the Icicle River, Graybill says the first big rain event we get will likely send a flood of fish into this stream for anglers to catch.

As for how to catch them? Rick recommends twitching a jig from where you cast it and twitch it back as you retrieve



COURTESY OF MARC BUSH

Guide Marc Bush with a nice Fall Chinook salmon.

it (it's a fun way to trigger a bite). As for colors to use, Rick says, "Every year it's different what they want, but consider getting a jig with a couple of different colors. Consider a bright pink head with a black

and orange body or purple and blue, etc. Another option is using a Blue Fox spinner." Rick recommends silver and orange or silver and pink. If you have more questions, contact Rick at the Hooked on Toys Sporting

Goods store fishing counter.

Meanwhile, down in the Columbia River Gorge, guide Marc Bush reports the numbers of coho salmon in the Dalles and John Day Pools of the Columbia River are unex-

pectedly down this Fall thus far. Bush says a few salmon are being caught, but the fishing for Fall Chinook is a better bet right now, and he has been catching a fair number of them off the mouth of the Klickitat River. Bush recommends checking the Bonneville Dam fish ladder count, and when the numbers increase for coho, head down to the Gorge. You can fish for them off the mouth of the Klickitat or the Deschutes River. If you would like to book a trip with Marc Bush, contact him through his website at www.twistedwaters-gs.com.

GO ON A HAUNTED HIKE: With Halloween coming up, consider hiking a local trail said to be haunted by ghosts! The trail in question is the Iron Goat Trail, just west of Stevens Pass, that takes you to the old Great Northern rail line and tunnels where the Wellington disaster took place in 1910, causing some 100 souls to perish after an avalanche hit their stranded train.

One website (www.the-mandagies.com/haunted-places-in-washington-state/) reports, "Some hikers have reported hearing screams in the tunnel, others have spotted apparitions, and stories of hearing out-of-body voices of souls trapped in the tunnel, trying to escape, frequent the area." Even if you don't see ghosts, you'll enjoy the 5.7-mile-long loop trail and interpretive signage along the way.

John Kruse - www.northwesternoutdoors.com and www.americasoutdoorsradio.com

Radiation treatments for cancer can cause "radiation dermatitis"

Q: I'm starting radiation treatments soon. Is there a way to keep my skin from peeling?

During radiation treatments for cancer, nearly eight out of 10 people will develop some form of skin irritation called "radiation dermatitis." Radiation can cause redness and warmth, much like having a mild rash. Your skin may become more sensitive to touch and feel "tight." This can progress to dryness, itching, and peeling, exposing raw red patches that may ooze clear fluid.

Skin damage from radiation treatments is much more common under your armpits or breasts, and wherever another skin surface comes in contact with the skin being treated.

People who smoke, have diabetes, or who have had a previous surgical procedure in the treated area are more likely to develop radiation dermatitis.

Post-radiation skin irritation tends to peak about a week after treatment. The higher the number of ra-



diation sessions, the greater your risk of skin inflammation. Treating your skin with extra care can reduce your risk of developing radiation dermatitis.

It's essential to avoid rubbing or scratching the area being radiated. Drinking plenty of water and applying moisturizing cream to the area faithfully can also help keep your skin from blistering or peeling.

Washing gently with mild soap and water has been shown to cause less skin reaction than just rinsing with water. Most radiation treatment patients are advised to use a "mild, non-alkaline soap, preferably unscented."

Very little guidance exists on which soaps are best to use when undergoing radiation. There's no clear evidence that any specific soap is superior. Mild soaps like Dove®, Ivory®, or Neutrogena® are considered safe,

while highly scented soaps such as Coast® and Irish Spring® should be avoided.

You can safely wear underarm deodorant or anti-perspirant during treatment unless your skin develops a cut, scratch, or blister.

Applying a moisturizer helps protect radiated skin from dryness, irritation, and skin breakdown. To minimize the potential of changing how your skin will absorb radiation, always wait until AFTER your radiation sessions before applying creams or lotions.

Your skin consists of layers of flat cells that form a flexible, self-renewing barrier, protecting you from exposure to infection and toxins. Although your skin cells start out nice and plump, they gradually dry out as they get closer to the surface, creating water-resistant thin, overlapping layers. As the top layer of flattened skin cells rubs or flakes off, it is replaced by the cells underneath.

Ceramide molecules support the barrier function

of healthy skin. A lower ceramide level is found in dry, damaged skin than in healthy skin. Applying ceramide-rich creams can help heal skin damage. Lotions and creams containing these vitally important compounds can restore skin integrity faster than creams containing only traditional moisturizing agents.

CeraVe® Moisturizing Cream contains 3 essential ceramides. When I compared CeraVe® to my previous favorite skin moisturizer, Arbdoun's Abundantly Herbal Calendula Cream, CeraVe® delivered. My skin absorbed CeraVe® quickly with no greasy residue and my skin felt smoother for hours longer than other creams.

Calendula is a natural source of soothing relief from skin irritation. Arbdoun's Abundantly Herbal Calendula Cream® contains olive oil, calendula, and lavender and works well to protect your skin from radiation damage. Unlike CeraVe®, Arbdoun's takes time to

become completely absorbed. I make sure to let it soak into my skin for at least 5 minutes before putting on clothes to avoid having fabric touch it.

Recently, turmeric cream with sandalwood oil (Vico) was shown to help prevent radiation dermatitis when compared to Johnson & Johnson's baby oil. Turmeric has anti-inflammatory properties, and Vico has been a popular acne remedy in India for over 40 years. If sandalwood's fragrance bothers you, try turmeric without sandalwood oil (Vico WSO) instead.

Here Are 5 Tips to Help Protect Your Skin During Radiation Treatment:

- 1. Don't rub or scratch the treated area.** Itching causes the urge to scratch, even when you sleep. Keeping your fingernails short and wearing cotton gloves or socks over your hands at night helps protect your skin.
- 2. Avoid hot water and strong soaps.** Use lukewarm water and mild soaps when washing or

bathing.

3. Be gentle. Avoid harsh bathing scrubbing tools like exfoliating clothes, rough washcloths, or loofahs.

4. Stay hydrated. Irritated skin loses water more quickly, making it feel dry and itchy. Drinking plenty of water helps keep your skin well-hydrated.

5. Apply a soothing cream. If your doctor approves, a moisturizing cream with ceramide (CeraVe®, Curel®) or an anti-inflammatory agent like calendula or turmeric can reduce your chances of developing radiation dermatitis.

Dr. Louise Achey, Doctor of Pharmacy, is a 43-year veteran of pharmacology and author of *Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely.* Get clear answers to your medication questions at her website and blog *TheMedicationInsider.com.*
©2023 Louise Achey

CROSSWORD PUZZLE

THEME: CIVICS 101

ACROSS

- Tart spicy quality
- Senators each represent an area on it
- Jamaican rub
- Succulent medicinal plant
- Tiny piece
- Home to Burj Khalifa
- Sail support
- Sensory input
- Bedazzle, e.g.
- "One making SCOTUS nominations"
- Grape holder
- Japanese cartoon
- Drunkard's sound?
- "First Lady, acr.
- Singer, songwriter, musician Jon
- Stumblebum
- Kind of monkey
- In a little while, to Shakespeare
- Speedily
- M in rpm, abbr.
- North face, e.g.
- Toy brick
- Typical revolver
- "The One I Love" group
- The ___ Man, internet meme
- Table linens
- Wow!
- Instruct
- Delhi draping dress
- #18 Across' branch of government
- Shipping weights
- Three blind ones
- Field worker
- Spot for FitBit
- Defender of skies, acr.
- Actor Wilson
- Bookie's number
- Wilbur's home
- Back of the neck

DOWN

- Pack down
- Resembling wings
- Rudolph's beacon
- Reaches (2 words)
- Computer accessory
- Do penitence
- Chipper
- "SCOTUS' branch of government"
- Jet black
- Steak option
- Kith partner
- In style
- Part of affidavit
- Harden
- Owens
- Mare's babies
- Spot for boutonniere
- Allowed into a bar (2 words)
- Plug for a barrel
- Zzzz
- Drinker
- Opposing military force
- Arabian chieftain
- "U.S. Senator's term, in years"
- "Legislative assembly with power to declare war"
- Mix-up
- Monkey ____, monkey do
- United Nation's children-benefiting org.
- Type of believer
- Kaa of "The Jungle Book"
- Be
- Tooth trouble
- Deep-red variety of chalcedony
- Bone-dry
- Outback birds
- Between Minnesota and Missouri
- "Same as V.P.
- European sea eagle
- "U.S. Representative's term, in years"

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			8	4	1		9	6

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New Water

Continued from page A1

The middle school students were engaged with this project every step of the way, and this culminating event took place a year and a half after the idea first emerged.

“Last year, in a Parent Advisory Council meeting, I brought up the idea of cleaning up the area in front of the building that was overgrown with plants,” said James Swanson, IRMS principal. “We wanted it to be student driven, but we lacked the appropriate funds and human resources to make it a reality at that time. Mary Jo Sanborn [a district parent] was in the meeting and came to me later with an idea of partnering with Chelan County to look at a potential remodel of the landscape in the front of the building.”

Sanborn knew the funding sources and partners to make this a reality because she helps implement a large variety of such projects in her role as the Senior Natural Resource Specialist with Chelan County Department of Natural Resources.

Sanborn explained that this water conservation demonstration garden was able to fulfill one of the many projects implemented as part of the Icicle Strategy as determined by the Icicle Work Group. The Icicle Work Group first convened about a decade ago and spent several years developing the Strategy, which consists of a comprehensive list of projects that address issues and seek out collaborative solutions

for water management of the Icicle Creek watershed.

“Funding to support the overall effort and development of the Strategy comes from the Washington Department of Ecology’s Office of the Columbia River,” said Sanborn.

With a funding source, the approval of Superintendent Tracey Edou, and a connection to the district’s core value of the outdoors, planning began.

“Our STEM classes embedded this project into the curriculum,” said Swanson. “Students studied everything from landscape design, basic surveying, and native plant selections, to why water conservation is an important topic to our local community. Over the course of the year, students worked together to create a design for the front landscape which included the removal of grass and sprinkler systems as well as the creation of an outdoor classroom area.”

A contractor brought in the rocks and built the planter boxes over the summer. Sanborn and her colleagues at Chelan County devised the final layout of the plants and purchased all 261 of them (to exactly match the student population), representing 31 different species, from Derby Canyon Natives.

On October 10, Chelan County staff led groups of students throughout the day to pick one plant, dig a hole to equal the size of the plant’s root ball, and carefully remove the plant from its pot by squeezing a little to release the roots. After patting the dirt in place, some students also chose to give their plant a name. It would be easy for any or all of

the students to keep track of their plant’s growth over the months and years ahead.

In fact, the students, staff and locals will have an opportunity to observe a lot of change as the plants grow in height and width, bear flowers, and attract wildlife such as honeybees and butterflies. A few final elements of the project will include a new drip irrigation system, signage to share the demonstration site’s purpose and origin, and small placards identifying many of the plants. Additionally, adjacent to the planter boxes, IRMS has repurposed some picnic tables required for outdoor lunch during the pandemic to begin an outdoor learning area. A few new cut rock benches also adorn the

area, and a shade structure will be installed in the future.

As the second largest water consumer in Leavenworth, this water conservation demonstration site serves the practical purpose of reducing CSD’s water consumption and inspiring neighbors to do the same. It also opens up an outdoor area for a plethora of new uses, scholastic, creative, scientific and uplifting.

For more information about the Icicle Strategy list of water management projects, go to: www.iciclestrategy.com. More information about the impetus behind the funding can be found at: www.ecology.wa.gov/about-us/who-we-are/our-programs/office-of-columbia-river



COURTESY OF MARLENE FARRELL
A student carefully pats dirt around the flower she planted in the new water conservation demonstration garden outside Icicle River Middle School.

OBITUARY
Mel Wyles

Mel Wyles, 78, passed away on October 12, 2023, at his Nevada home.

Mel was born on July 20, 1945, to Mel and LaVerne Wyles in Leavenworth, Washington where he was raised and attended school.

He served in the United States Marine Corps from 1962 to 1966. After his military service, Mel returned to Leavenworth. He lived and worked in many parts of the state and at many different jobs. In 1986, Mel and his wife Dawnell, purchased the Old Post Office Tavern in Leavenworth which they operated together until 2014. During this time, he served two terms as the Mayor of Leavenworth. Mel was proud to represent his hometown.

He loved life and lived



it to the fullest. He loved his family, his friends, and baseball.

Mel is survived by his wife Dawnell, sister Karen Stebbins, his two children Channing and Cheri, their spouses, four granddaughters, and three great-grandchildren.

Mel certainly will be missed.

At his request, there will be no services. A small gathering is planned later when he is brought home to Leavenworth.

Kodiaks Scoreboard

FOOTBALL	
Oct. 20:	Cascade 12, Omak 53, Loss
GIRLS SOCCER	
Oct. 17:	Cascade 2, Quincy 1 ; Win
Oct. 19:	Cascade 2, Chelan 1, Win
VOLLEYBALL	
Oct. 17:	Cascade 0, Quincy 3; Loss
Oct. 19:	Cascade 0, Chelan 3, Loss

Sports Schedule

FOOTBALL	
Oct. 27:	Cascade vs. Chelan, Home at 7 p.m.

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Ward Media, LLC: Leavenworth Echo, Cashmere Valley Record, Lake Chelan Mirror, Quad City Herald. An Obituary is a way for family member(s) to commemorate a loved one's life and to notify the community of the passing of the loved one. Obituaries are also used for historical and ancestral data. Memorials are another way to let the community know about the life and memories of the person who has passed. A Memorial is different from an Obituary. An Obituary is usually current, while a Memorial can be written later. Obituaries and Memorials need to be typed and emailed as a Word Document. They can be placed in one or more papers - all publish weekly on Wednesday. Obituaries are priced by the number of words and include one color photo and go online at no extra charge. Memorials are priced per column inch. Please call for cost. *Payment is due at the time of placement. *Exception: Chapels, funeral homes who have an account, can be billed. There is no charge for a Death Notice - information is limited. Deadline is 4 p.m. on Friday - some exceptions may apply. Please call 509-548-5286 for more information Or email obits@ward.media

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Pastor Bob Bauer
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www.cashmerepres.org

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Pastor Lilia Felicitas-Malana
cashmerecommunitychurch@gmail.com

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at 6 pm. Pastor Bill Clem • Worship 10:45 a.m.
Pastor Steve Bergland

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Sunday School, 9 a.m.
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Pastor Russell Esparza

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Pastor Lilia Felicitas-Malana

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www.lightinthevalley.org

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