

# The Leavenworth Echo

\$1.00

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Upper Valley News Since 1904

A Ward Media Publication

 leavenworthecho.com

Local Elections

**From the publisher**  
Your chance to shape North Central Washington's future

Community | A2

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## Cashmere honors Leavenworth native with pump track tribute

By QUINN PROPST  
Ward Media Staff Reporter

Two years after the passing of Brent Holladay, his memory continues to resonate throughout the community of Cashmere. Holladay, a devoted outdoor enthusiast and avid mountain biker, asked his family not to dwell in grief but to live life to the fullest in his absence.

In response to his wish, family, friends, and community members joined forces to pave the town pump

track in his name. The track now stands as a tribute to the man whose spirit of generosity touched the lives of many.

Brent's wife, Kim Holladay, said that he had always talked about paving the Cashmere dirt track, but it never came to fruition while he was alive.

For Kim and their two children, daughter Jordan and son Jacob, this project is a way to honor his memory and a part of their grieving process.

"Their dad, some of the words that he gave us when he left was 'Live

a wonderful life and take me with you everywhere you go,'" Kim said. "He wanted everyone to be able to enjoy the outdoors as much as he had. Because he believed that it's an honest reflection of Jesus and heaven, and it's just an amazing creation that we have and we should enjoy it, right.

"Being outside and, you know, upward and onward is so essential with life and especially for the three of us as we grieve, this is just another beautiful step forward in our grieving process where we can just feel healing,

and it's rewarding," she added. "It's exciting to be able to pass it on to the next generation from him and to see that for the community."

Brent was 52 when he passed away in 2021.

About a year and a half ago, Kim went to Brent's core group of friends from the Leavenworth area and Evergreen Mountain Bike Alliance (EMBA) and asked, "Can we do this?."

"And everybody was on board and

See **PUMP TRACK** Page **B4**



Jacob Holladay, son of Brent and Kim Holladay, took the first laps around the newly paved pump track named for his father.



Last week volunteers completed the paving and refurbishment of Cashmere's pump track, now officially known as the Brent Holladay Memorial Pump Track. The improvements were made possible by an outpouring of community support.



COURTESY OF BRAD METZ

## Fire science program at Cascade High School ignites passions and career paths

The Fire Science program is a collaboration with the Chelan Fire Department and Cascade High School. The program includes two classes only offered to juniors and seniors and prepares them for potential careers in firefighting. Fire Fighting I teaches students to take care of equipment, the science behind fires, and basic safety instruction. When students complete the class, they receive a Firefighter I certificate. In addition to the certificate, if they pass with a "B" or better, they earn ten college credits towards Wenatchee Valley College. Wildland/Forest Fire Fighting is the other class, and it teaches cadets how to control fires and prevent them. After students complete this course, they receive a Red Card/Firefighter II certificate. If they pass with a "B" or better, they



By MADELINE BLACK  
Cascade High School Publications Group  
Special to Ward Media

earn four credits towards Wenatchee Valley College as well.

Students who are interested in joining Fire Science must put in an application in the spring before the year they wish to be enrolled in the course. This is because they have to order their special cadet sweatshirts. They turn in applications, and then the instructors from the fire department look over the forms. The fire department then checks the students' grades and attendance records to decide who will be the ten candidates for the next step in the process, the interviews. If the interview goes well, the students will be accepted into the Fire Science program. "Everyone at the fire station is really nice. They really love to

be the ten candidates for the next step in the process, the interviews. If the interview goes well, the students will be accepted into the Fire Science program. "Everyone at the fire station is really nice. They really love to

See **FIRE SCIENCE** Page **B4**



COURTESY OF PAULA WASMUTH AND EMILY SANCHEZ

The Fire Science cadets pose together for a photo after a day of climbing ladders and carrying each other on their backs. Every day, the cadets put on their gear and head out to perform physical training or other exercises during their lessons.

## Chelan County Fair to crown first rodeo queen

By QUINN PROPST  
Ward Media Staff Reporter

The Chelan County Fair and Rodeo is gearing up for an exciting change in 2024 as they prepare to crown their very first Rodeo Queen in November. Applicants will compete in the Nov. 12 pageant at the Tillicum Riders Club House in Cashmere.

Organizers hope to make the pageant an annual event, showcasing and honoring local young women with an enthusiasm to compete for the title.

"Our rodeo is now sanctioned with the Professional Rodeo Cowboy Association or PRCA, so we are hopeful that having a rodeo queen out promoting our rodeo at other events will draw more attention to the Chelan County Fair and Rodeo," said Kristen Mattson, a member of the Chelan County Fair Board and the Chelan County Rodeo Queen Committee.

To be considered, applicants must be between the ages of 17 and 23, attending high school or recently graduated, a resident of either Chelan, Douglas, Okanogan, or Grant counties, have riding and horsemanship skills, and have attended a mandatory orientation on Oct. 30.

Prospective queens will compete in several segments including personal interviews, horsemanship skills, modeling presentations, speech delivery, and impromptu questions.

A panel of three judges will evaluate contestants in these categories.

Mattson said the judges are looking for someone who is proud to represent the Chelan Fair and Rodeo.

The 2024 queen will be presented with a variety of awards, sponsored items, and royalty accessories to be worn during the year of her reign. She will participate in a year of community events, public speaking, parades, luncheons, and rodeos while serving as a goodwill ambassador for the Chelan County Fair and Rodeo.

In the past, the Chelan County Fair had two local young people, known as Ambassadors, who represented the fair at speaking engagements before and during the annual fair. However, in 2024, the Ambassador positions will be reduced from two to one. The Rodeo Queen and Ambassador will work together to promote the fair and rodeo.

Mattson hopes the new queen

See **COUNTY FAIR** Page **B4**

Election night coverage

## Stay informed on key races

Ward Media / The Leavenworth Echo

LEAVENWORTH — As the much-anticipated election night approaches, The Leavenworth Echo invites our readers to stay connected and informed through our digital platforms. You can count on us for comprehensive coverage of the

election results right after the ballot boxes are collected.

### Where to Find Us

To follow the latest updates and election results, simply visit our website at [www.leavenworthecho.com](http://www.leavenworthecho.com) and like our Facebook page at [www.facebook.com/](http://www.facebook.com/)

northcentralwashington. Our dedicated team will be working diligently to provide you with the most accurate and up-to-the-minute information as the counts are released.

### What to Expect

Our election night coverage

will kick off with the initial ballot count, giving you a glimpse of who's leading in the crucial races across North Central Washington. But we won't stop there. We are committed to providing you with continuous updates after each subsequent count, ensuring you're always in the know about the evolving election landscape.

At The Leavenworth Echo, we understand the importance of keeping our community well-

informed, especially during pivotal moments like election night. Trust us to bring you the news you need in a timely and accurate manner.

Remember, for live updates and in-depth analysis, visit [www.leavenworthecho.com](http://www.leavenworthecho.com) and follow us on Facebook at [www.facebook.com/northcentralwashington](http://www.facebook.com/northcentralwashington). We look forward to sharing this significant evening with you as we watch the future of our region unfold.

# Rich Brinkman

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- Jaxon Ravens, Chair, Washington State Democratic Party, 2013-17



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## Inside The Echo this Week

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\$1.00



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Phone: 509-548-5286

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On the Internet

Website: www.leavenworthecho.com
E-mail: news@ward.media

Office hours

Hours: 9 a.m. - 5 p.m. except weekends, or call 509-548-5286

Contact information

CEO & Publisher Terry Ward
509-731-3284
terry@ward.media

COO & Co-Owner Amy M. Yaley
509-731-3321
amy@ward.media

Multimedia Sales Manager Tania Huskey
509-264-6210
tania@ward.media

Reporter Taylor Caldwell
taylor@ward.media

Reporter Quinn Propst
quinn@ward.media

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Letters policy

The Leavenworth Echo welcomes letters to the editor. All letters must be accompanied by the author's name, a home address and a daytime phone number...

Corrections

The Leavenworth Echo regrets any errors. If you see an error, please call 509-548-5286. We will publish a correction on this page in the next issue.

News tips

Have an idea for a story? Call the Echo at 509-548-5286 email news@ward.media

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Back Issues are available up to one year after publication for a small fee. Archive Research \$25 per hour

Classified Weekly Rates

\$15.00 for first 30 words. 10 for each additional word over 30 words Borders, bold words, headlines, logos and photos subject to additional charges.

Get your event in the spotlight with Ward Media!

If you have an exciting event to share, email Reporter Quinn Propst at quinn@ward.media. We'll showcase the five most captivating events of the week...

5 THINGS TO DO THIS WEEK



Pumpkin Smash Winton MFG will host their 1st Annual Pumpkin Composting Event at the Osborn School Field on Saturday, Nov. 4 from 10 a.m. to 2 p.m.

party with Mariachi Real de Mexico. There will also be face painting, as well as churros and tamales on sale.

This event is for ages 21 and older. Tickets are \$20 in advance and \$30 the day of the concert.

For more information visit wintonmfg.com/.

Festival Día de los Muertos

The Icicle Creek Center for the Arts will host Festival Día de los Muertos on Saturday, Nov. 4 from 2-11 p.m.

For more information visit icicle.org/events.

Pray For Snow

Mission Ridge will host its 9th annual Pray for Snow Concert on Saturday, Nov. 4 from 6-10 p.m.

For more information visit missionridge.com

Birding by the River

Wenatchee River Institute will host Birding by the River on Wednesday, Nov 8 from 8-9:30 a.m. starting at the River Haus.

Stevens Pass: Season Updates

The Wenatchee River Institute will host the Red Barn event Stevens Pass: Season Updates on Thursday, Nov. 9 from 7-8 p.m.

also provide an overview of construction on Kehr's Chair, which is being upgraded to a fixed-grip quad.

Doors open at 6:30 p.m. for a community social with beer and wine available for purchase. This is a free event with a donation basket at the door.

The presentation will start at 7:00pm. You may join in person in the Red Barn or livestream virtually.

For more information visit wenatcheeriverinstitute.org.

Local Elections

Your chance to shape North Central Washington's future

As the autumn leaves begin to fall and the days grow shorter, we find ourselves on the cusp of a critical event that affects every one of us: the general election.

in non-presidential and non-congressional voting years has been disappointingly low in our great state of Washington and specifically in Chelan County.

and down, but our state can do better. In 2017, for instance, a mere 37.10% of eligible voters made their voices heard, leaving important decisions in the hands of a few.

local elections? The answer is simple: because they affect our daily lives in profound ways. Local leaders determine how our tax dollars are spent, the quality of our schools, the state of our roads, and much more.

p.m. on that day. This is your opportunity to make a difference in North Central Washington and Chelan County, so don't let it slip away.



From the Publisher

TERRY WARD

Letters to the Editor

Affordable housing crisis The Upper Valley is a vibrant area comprised of several wonderful communities. Our area will continue to thrive by attracting a diverse and rich set of citizens who can contribute to all aspects of our mountain town culture.

we are especially concerned about housing for new Cascade School District staff. Further, if the area doesn't have housing for younger families with children, these families will reside elsewhere.

in need. \* State directive: 17,000 new homes in Chelan/Douglas Counties over the next 20 years, including 55% for low-income households.

Tom Derpack, OVOF member, Judy Derpack, CSD school board director # 2

Leadership change is overdue

Factors to Consider in your Cascade Hospital Commissioner Candidates. Candidates who, in their campaign, address the issues and concerns important to patients, staff, and community members.

commissioners promoting each other and even running other incumbents' campaigns this year is a red flag they want full control of the board rather than the public.

Endorsement by professionals who have expertise in effective hospital administration. Personal pals can rush in to hail their candidate friends, but a cadre of healthcare professionals with intimate knowledge of CMC's operations holds the weight.

See LETTERS Page A4



Dear Leavenworth, I am the only candidate in this race who has run an honest, open, and fair campaign. By contrast, my opponent - Carl Florea - has done the following things, among many others.
- He has called us all racists, which is not only inaccurate but very unfair.
- He has completely ignored my neighbors with regard to excessive speeding in our school zones. In fact, at the recent WRI candidate forum, he unbelievably said that "we haven't lost a kid yet."
- He successfully worked to cancel the Mayoral portion of the October 5 Candidate Forum, eliminating one of my main opportunities to engage with the Leavenworth community.
- He has used City resources to promote his own campaign.
- He kept his campaign signs up for two weeks after the City Council banned them from Hwy 2 Right-of-Way.
- He has done virtually nothing to address our failing infrastructure, our crumbling Front Street, our crumbling residential streets, our downtown restrooms, and maintain what was once our "Miracle Town."
- He is not responding to our local needs and concerns and failing to govern a City Hall that is in complete disarray.

The Leavenworth City Council is hosting a Public Forum to learn more about Multi-Family Tax Exemption on November 7, 2023 at 6:30 PM. The Forum will be held at the City of Leavenworth Council Chambers and on Zoom. For more information please visit: cityofleavenworth.com/calendar. Representatives of the Chelan County Assessor's Office will be on hand to answer questions.

# Community Bulletin Board

## Local, Regional Community News & Events

Any non-profit 501(c)-(3) group, person(s). Must provide: full name, city, phone number. Items pertaining to local events that are free or minimum charge. Want to place Your Community News Online? Go to [ncwmarket.com](http://ncwmarket.com) 24/7. Garage and Yard Sale Ads are paid events, please email: [classifieds@leavenworthecho.com](mailto:classifieds@leavenworthecho.com) or place online at [ncwmarket.com](http://ncwmarket.com). To submit info call 509-548-5286 or email: [news@ward.media](mailto:news@ward.media).

### Community Calendar

#### Wednesday

Children and Youth Program, 6:30-8 p.m., 4th-12th grade, Leavenworth Church of the Nazarene, 509-548-5292.  
Alpine Water District, meets at the Lake Wenatchee Fire and Rescue, 1 p.m. Contact Anne Mueller, 425-238-3935.  
Senior Center, Lunch, noon, \$8 per meal. RSVP 509-548-6666.  
Ukulele Circle, 5:30- 6:30 p.m. every Wednesday at the Peshastin Library. Please come 15 minutes early to tune and get sheet music.  
Cascade Medical Board, 4th Wednesday of every month (with a couple exceptions), September 27, October 25, November 15, and December 20, 5:30 p.m.

#### Thursday

Leavenworth Chamber of Commerce, 8 a.m. Call Chamber, 509-548-5807. Everyone is invited to attend as a guest. Email [Troy@leavenworth.org](mailto:Troy@leavenworth.org) for meeting information. (1st & 3rd Thurs.)  
Leavenworth Lions Club, For more info. President Steve Alford, 509-548-4505, or email [leavenworthlionsclubwa@gmail.com](mailto:leavenworthlionsclubwa@gmail.com)  
Peshastin Community Council meeting, 7 p.m. Peshastin Memorial Hall. (2nd Thurs.)  
Caregiver Support Group, 2-3:30 p.m. For Caregivers of those with Memory Loss. The Henry Building, 120 Cottage Ave. Cashmere. Contact Carmen Gamble, 509-393-0789. (1st & 3rd Thurs.)

#### Friday

Veteran Service Office, For information contact Tony Sandoval, 509-664-6801 or email: [tony.sandoval@co.chelan.wa.us](mailto:tony.sandoval@co.chelan.wa.us)  
Leavenworth Rotary Club, In person at Kristall's Restaurant at Noon. Call President Mahala Murphy-Martin, 206-227-1576, for more information.  
Senior Center: Bingo 6 p.m. Call 509-548-6666. Facebook & website: [leavenworthseniors@gmail.com](mailto:leavenworthseniors@gmail.com)

#### Monday

Upper Valley Free Clinic, open every Monday to evaluate urgent health needs. Downstairs at Cascade Medical, 6:30 -8:00 p.m. Call UVMEND, 509-548-0408 for more information.  
Leavenworth Mosquito District board meeting, 7 p.m. via ZOOM link posted at <https://leavenworthmosquitocontrol.org/activity-calendar.html> or contact Jenny 509-548-5904 (1st and 3rd Mon.)  
Cascade School board meetings, 7 p.m., Agenda can be found at <https://www.cascadesd.org/Page/166>. (2nd & 4th Mon.)  
Chelan Douglas Republican Women, Monthly meeting and luncheon 1st Monday of the month (unless it's a holiday). \$21 for lunch, \$8 for sitting only. 11 a.m. check in starts, noon for meeting and speaker. Wenatchee Convention Center 121 N. Wenatchee Ave. For information and reservations, please call, Angela Dye, President, 509-668-1105 (1st Mon.)

#### Tuesday

Peshastin Water District, 5:30 p.m. For meeting location, contact Steve Keene, 509-548-5266. (2nd Tues.)  
Icicle & Peshastin Irrigation Districts Meeting Current meeting time is 8 a.m. at 5594 Wescott Drive. Call Levi Jantzer, cell 509-607-0278, 509-782-2561, or [levi.ipid@nwi.net](mailto:levi.ipid@nwi.net) (2nd Tues.)  
Cascade Education Foundation, Contact: CEF@cascade.org  
LWSC Alpine Committee, 7 p.m., Ski Hill Lodge. Call 509-548-5477. (1st. Tues.)  
Leavenworth Masons, 7:30 a.m., Zarthan Lodge No. 148, Leavenworth Senior Center upstairs. [www.leavenworthmasons.org](http://www.leavenworthmasons.org). (1st Tues.)  
Cascade Garden Club, 1 p.m., at a member's home or other venue. Call President Claudia, 509-662-7706. (3rd Tues.)  
The Chelan County Cemetery District #2 (Peshastin) meets monthly at 6 p.m., at the Memorial Hall, located at 10204 Main Street. (2nd Tues.)  
Senior Center, Exercise, 11 a.m.-Noon. Tues & Thurs. 509-548-6666. Facebook & Website: [leavenworthseniors@gmail.com](mailto:leavenworthseniors@gmail.com)  
Music, call Steve, 509-548-7048. (1st and 3rd Tues.)  
Greater Leavenworth Museum board meeting 5-7 p.m. Everyone is invited as a guest. Contact [info@leavenworthmuseum.org](mailto:info@leavenworthmuseum.org) for meeting information. (1st Tues.)

#### NCW Libraries

Libraries will continue to offer a wide variety of resources and programs online at [ncwlibraries.org](http://ncwlibraries.org) and its Facebook page. Go to [NCWLIBRARIES.ORG](http://NCWLIBRARIES.ORG) or 1-800-426-READ (7323) for more information, and updates.  
Leavenworth Public Library. Located at 700 Hwy. 2, Call 509-548-7923 or online [leavenworth@ncwlibraries.org](mailto:leavenworth@ncwlibraries.org)  
Open on Tues., 10-5, Wed., 11-7, Thurs., 10-7, Fri., 10-5 Sat., 10-2. Closed Sun. and Mon.  
Peshastin Public Library. Located at 8396 Main St., Peshastin. Call: 509-548-7821 or [peshastin@ncwlibraries.org](mailto:peshastin@ncwlibraries.org) Open Tues., 10-1:30; and 2:30-7, Wed., 10-2, and 2:30-7, Thurs., and Fri., 1-5:30 and Sat., 10 a.m.- 2 p.m. Closed Sun. and Mon.

#### Other events

The Greater Leavenworth Museum, formerly known as the Upper Valley Museum. Now open daily 11-4. Check their Facebook page or website at <http://www.leavenworthmuseum.org> or [www.leavenworthmuseum.org](http://www.leavenworthmuseum.org) for updates and information.  
Leavenworth Fish Hatchery, 509-548-7641. Trails and grounds are open every day to the public. Please park outside the gate. All animals must be on a leash.

Note: Some meetings or events may be rescheduled due to holidays or other closures. Please call and check with that organization listed.

Please note that if your organization changes dates, or hours please send us your updates to [reporter@leavenworthecho.com](mailto:reporter@leavenworthecho.com) or call 509-548-5286. Otherwise we are not responsible for any misinformation.

### Meeting Schedules For AA, Alanon, Celebrate Recovery

**AA Meetings:**  
Call for the Zoom link to Leavenworth AA meetings: 541-480-8946  
Call for the Zoom link to Leavenworth Alanon meetings: 509-548-7939  
509-548-1627, 548-4522, 664-6469, 206-719-3379  
Sunday 7 p.m., Leavenworth Senior Center, 423 Evans St.  
Tuesday, 7 p.m., Light in the Valley, 8455 Main Street, Peshastin  
Wednesday, 7 p.m., Leavenworth Senior Center, 423 Evans St.  
Thursday, 1 p.m., Leavenworth Senior Center, 423 Evans St.  
Friday, 7 p.m., St. James Episcopal Church, 222 Cottage Ave.  
**Alanon Meetings,** Call 509-548-7939  
**Renewed Celebrate Recovery,** Every Tuesday at 6:30 p.m. at Leavenworth Church of the Nazarene. 111 Ski Hill Drive. Come experience God's grace for all of life's hurts, habits and hang-ups. For more information: [CelebrateRecoveryLCN@gmail.com](mailto:CelebrateRecoveryLCN@gmail.com) or 509- 596-1510.

### Leavenworth Karakoram Ski expedition stories and images

The Karakoram mountain range rises to over 20,000 feet and has been referred to as the "Throne Room of the Mountain Gods". Passage through this mountain fortress involves intricately linking high mountains passes with crevasse ridden glaciers. Join local expedition members Bill Gaines and Susan Thomas as they retell their stories and share their breathtaking images from this remarkable mountain adventure through the Karakoram Mountains in Northern Pakistan. Thursday, Nov. 2, 7 p.m. More info [www.wenatcheeriverinstitute.org](http://www.wenatcheeriverinstitute.org)

### Birding by the river

Birding by the river with the knowledgeable staff of the Wenatchee River Institute, the second Wednesday of every month. Meet outside the River Haus at 8 a.m. and plan to be finished by 9:30 a.m. This is a great opportunity to learn about eBird, the largest biodiversity-related community science project in the world, and utilize it to record our observations of local wild birds.

### Leavenworth Women's Exchange to host November luncheon

The Leavenworth Women's Exchange is gearing up for their monthly luncheon meeting, scheduled for

Wednesday, Nov. 8. This event will take place at the Icicle Inn Restaurant, conveniently located at 505 Highway 2 in Leavenworth.  
Attendees can look forward to a delightful luncheon buffet, complete with beverages, taxes, and gratuity, all for a reasonable cost of \$26.50 per person. This luncheon is set to be a special one as it features an engaging presentation by the owner of the Leavenworth Reindeer Farm, Kari Andersen, and her daughter, General Manager Erika Bowie. The duo will enlighten the audience with a program titled "Bringing Reindeer to Leavenworth."

For those interested in attending this unique event, please note that payments will be accepted in the form of a check or cash payable to the Leavenworth Women's Exchange (LWE) only. Due to the catering involved, attendees are kindly reminded that any cancellations after Nov. 2, will incur a charge to cover the cost of the lunch.  
To secure your spot at the luncheon, please reach out to Ann Callahan at 509-548-2065 no later than Thursday, Nov. 2.

Curious about the upcoming ski season at Stevens Pass ski area? Mark your calendars for a presentation on Thursday, Nov. 9 at 7:00 p.m., hosted by Wenatchee River Institute at the Red Barn.  
Ellen Galbraith, Vice President and General Manager of Stevens Pass ski area, will provide a comprehensive overview of what's on the horizon. Gain valuable insights

### What's going on with Stevens Pass?

Curious about the upcoming ski season at Stevens Pass ski area? Mark your calendars for a presentation on Thursday, Nov. 9 at 7:00 p.m., hosted by Wenatchee River Institute at the Red Barn.  
Ellen Galbraith, Vice President and General Manager of Stevens Pass ski area, will provide a comprehensive overview of what's on the horizon. Gain valuable insights

into her experiences from the previous season and learn about the exciting plans for the upcoming ski year. Discover the latest developments surrounding the news construction of Kehr's Chair.  
If you have burning questions about Stevens Pass or the ski industry, this is your chance. The floor will be open for live questioning at the conclusion of Galbraith's presentation.

For more information and event details, please visit the Wenatchee River Institute website at [www.wenatcheeriverinstitute.org](http://www.wenatcheeriverinstitute.org).

### Leavenworth Library hosts art show honoring Heidi Swoboda


The Leavenworth Library is set to host an inspiring art show dedicated to Heidi Swoboda, a prominent Leavenworth Professional Photographer, through Nov. 3 in the enchanting Fireside Room.  
This captivating exhibition presents a harmonious blend of artistry and literature,

curated in collaboration with the NCW Libraries System. Visitors are invited to immerse themselves fully in the essence of each artwork by exploring suggested complementary literature.  
Heidi Swoboda's creations, primarily in the form of giclee with acrylic finish, showcase her remarkable talent. Her artwork is a testament to her deep connection with the beauty of our natural world and the profound moments and relationships that enrich our lives.  
The show promises to be a unique experience, offering a glimpse into Heidi's distinctive artistic techniques and her passion for celebrating the wonders of our environment.

**Read & Play Time for Babies with Amy.** Tuesdays, 10-11 a.m. Babies and toddlers are welcome for books, songs, and playtime.  
**Preschool storytime with Gracie.** Wednesdays, 11 a.m.-Noon. Join us for stories, songs and fun.

### Leavenworth Library events


Questions: [leavenworth@ncwlibraries](mailto:leavenworth@ncwlibraries) 509-548-7923.




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Mon - Fri 10am-5:30pm  
Sat - Sun 10am-6pm

[candleconnection98826@hotmail.com](mailto:candleconnection98826@hotmail.com)

## Business & Service Directory

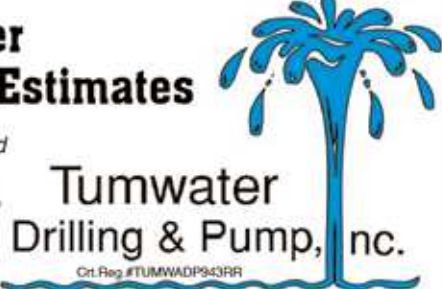
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**PUBLIC MEETING CONSERVATION TARGETS**

Chelan County PUD Commissioners will be hearing staff's proposed **2 and 10-year Conservation Targets** for the next biennium. Members of the public are welcome to attend.

**WHEN:** Monday, Nov. 6 at 1 p.m.  
**WHERE:** New Service Center  
Chelan PUD boardroom  
203 Olds Station Rd., Wenatchee

Or, submit comments by email to [conservation@chelanpud.org](mailto:conservation@chelanpud.org).

More info can be found here: [www.chelanpud.org/eia](http://www.chelanpud.org/eia).





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**Letters**

*Continued from page A2*

Leadership change is overdue. The community's pleas for transparency, accountability, employee retention, and direct engagement in addressing patients' concerns have fallen on deaf ears for too long. Having personally conversed with over 100 Cascade Medical patients and staff in the last few months, it is clear the trust in the commissioners has been lost. The status quo is not the answer.

**Duane Goehner**, Cascade Medical Hospital Commissioner Candidate

**Supporting Williams and Montoya**

As a retired hospital executive who has lived in the Leavenworth area for over ten years, I realize how valuable it is to have a well-run quality hospital, emergency room, and clinic in our community. The Hospital District Board of Commissioners is the governing body that is charged with the responsibility of overseeing the operations and performance of Cascade Medical. I urge you to vote for two very good current commissioners: Bruce Williams and Gustavo Montoya. Bruce has served as a commissioner for ten years and is a proven leader with a background in Banking and Law. Gustavo has been on the Board for

the past year and brings a background and expertise in finance and technology as a business owner in the tech industry. I have witnessed the commitment, insights, and thoughtful questioning that both of these commissioners bring to their roles, and I urge you to vote for them to continue their important work on our behalf.

**Strode Weaver**, Leavenworth

**Retain Montoya, re-elect Williams**

I support Gustavo Montoya and Bruce Williams for Hospital Commissioners and hope you will also. I am currently your Board President at Cascade Medical, but I am writing this in my capacity as an individual citizen without using Cascade Medical resources.

Over the past year, Gustavo has been an excellent board member, providing unique perspectives representing the Peshatin/Dryden community as well as our Latino community. He is a strong community advocate with business, technology, and financial expertise. This background is only outdone by his personal qualities. His integrity, listening skills, and interface with the board and hospital staff in a cooperative and productive manner has made him such a valuable and effective board member.

Bruce Williams has served on the board for over ten years

and is a strong, hard-working leader. He is a Cascade Medical advocate well beyond your district. He is on the board of the Washington State Hospital Association, which allows him to provide a perspective of your hospital district's needs on state policy and health care issues. He has chaired all three of your board's committees, i.e., Finance, Quality, and Governance. During his tenure, your hospital's financial position has improved, and we have added new services like mental health and a mobile clinic. He is also supportive of surrounding area needs, like the improved response capability in the Lake Wenatchee/Plain area. If re-elected, he will be board president in 2024.

Bruce and Gustavo are both strong supporters of improving hospital staff conditions. With their help, Cascade is well-positioned, coming out of the pandemic, to continue to improve and increase service to our community.

Please join me in voting for Gustavo Montoya and Bruce Williams.

**Tom Baranouskas**, Leavenworth

**Supporting Montoya, Williams, and Kendall**

I felt it imperative to express my support for the current Hospital commissioners at Cascade Medical Center seeking reelection. I am continually impressed by

Gustavo Montoya during our meetings and his unwavering dedication to our community. He continues to voice concerns from the public that are often drowned out. He is employed in the technology and innovation field and is well-grounded in the practicality of running a business.

As a long-time community member and provider at the Hospital, I know firsthand that the last several Covid years have been rough (understatement). I also work part-time at a Hospital on the west side to make sure I personally am keeping up standards and get to compare healthcare systems. In a small system like we have in Leavenworth, the fact that we made it through and are now starting to thrive speaks highly of our current relationships. Cascade has made it through and is now working on so many improvements! I am very proud of the work our current Board Commissioners are doing and have felt engaged and involved. I will continue to support the constant improvement and betterment of the hospital by retaining Gustavo Montoya, Bruce Williams, and Jessica Kendall!

**Corey Rubinfeld**, Physician Assistant Cascade Medical Center Emergency Department

**Public forum scheduled**  
Attention: Property Tax

Payers residing within the Leavenworth City Limits. There is a "Public Forum" on Nov. 7, 6:30 p.m., regarding the (MFTE) Multi-family Tax Exemption Program. The public will have the option to attend in person at City Hall or via Zoom. Note: Erin Fonville from the Assessor's Office will be on hand to explain the MFTE program and to answer all your questions.

The MFTE program is a "shift of tax obligations" associated with affordable housing units. The offsetting of the taxes thus

becomes the responsibility of all other taxpayers residing within the Leavenworth city limits. The tax obligation would be a minimum of 12 years, with the city strongly considering a longer duration of 20 years.

As a council member (one of seven) ...I am not comfortable making a decision to add even one penny to your property taxes without hearing from the citizens who will be financially impacted.

Please become informed...a council vote is pending.

**Sharon Waters**, Leavenworth



**Kodiaks Scoreboard**

FOOTBALL	
Oct. 27:	Cascade 13, Chelan 53, Loss
GIRLS SOCCER	
Oct. 28:	Cascade, 0, Cashmere 3, Loss

**Sports Schedule**


FOOTBALL	
Nov. 4:	NEA Crossover Game, Home at 7 p.m.

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**UPPER VALLEY CHURCH GUIDE** New to our area? On vacation? These churches welcome you!

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cashmerecommunitychurch@gmail.com

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christcentercashmere.com

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Pastor Rob Gohl

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Pastor Steve Bergland

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10 a.m. Sunday Service, Pastor Jo Dene Romeijn-Stout  
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Worship Pastor-Jacob Mitchell  
www.LCN.org

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Worship 11 a.m. • Fred Smith • 509-860-3997

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Wednesday Bible Study 6:30 p.m.  
Pastor Russell Esparza

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Pastors, Darryl and Mindy Wall  
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# Preparing your vehicle for winter

## A comprehensive guide to winterizing your car

Ward Media

As the chill of winter descends upon North Central Washington, it's time for residents to start thinking about winterizing their vehicles. With the snow and ice that often blanket our region during the colder months, ensuring your car is prepared for winter is not just advisable; it's essential for safety and peace of mind. To help you get started, here's a comprehensive guide on the key steps to winterize your car.

### Tire Maintenance:

- Begin with a thorough inspection of your tires. Check the tread depth

and look for signs of wear and tear. If the tread is low, consider replacing your tires to ensure better traction on snowy and icy roads.

- Ensure your tires are properly inflated. Cold temperatures can cause tire pressure to drop, so keep them at the manufacturer-recommended level for optimal performance.

### Battery Health:

- Cold weather can put extra strain on your car's battery. Have it tested to ensure it's in good condition. If it's old or showing signs of weakness, consider

replacing it before winter hits.

### Fluid Check:

- Inspect all essential fluids, including engine oil, transmission fluid, and coolant. Make sure they are at the recommended levels and in good condition.
- Consider switching to a winter-grade oil to improve engine performance in colder temperatures.

### Brake Inspection:

- Your brakes are crucial for safe winter driving. Have them inspected for wear and tear, and replace brake pads or rotors if needed.

### Heater and Defroster:

- Check your car's heater and defroster to ensure they are working correctly. A functioning defroster is vital for maintaining visibility during snowy conditions.

### Wiper Blades:

- Replace worn-out wiper blades to ensure clear visibility. Consider installing winter-specific wiper blades designed to handle snow and ice.

### Emergency Kit:

- Assemble a winter emergency kit for your vehicle. This should

include items like a flashlight, extra warm clothing, a blanket, non-perishable snacks, and a shovel.

### Antifreeze:

- Ensure your car's antifreeze is at the right concentration to prevent freezing. Check your owner's manual for guidance on the ideal mixture for your region.

### Check Lights:

- Make sure all exterior lights, including headlights, taillights, and turn signals, are functioning correctly.

Winter days are shorter, and visibility is essential.

### 4WD or AWD Systems:

- If your vehicle has four-wheel drive (4WD) or all-wheel drive (AWD), familiarize yourself with how these systems work. They can provide added traction in slippery conditions.

By taking these essential steps to winterize your car, you'll not only enhance your safety on the road but also extend the life of your vehicle. Remember that preventive maintenance is key to a trouble-free winter driving experience.

# Winter battery maintenance

## Ensuring your vehicle starts in freezing temperatures

Ward Media

Ensuring your vehicle's battery is prepared to withstand freezing temperatures is essential. Cold weather can be particularly harsh on car batteries, often leading to unexpected breakdowns. To help you avoid these inconveniences, here are some tips for effective battery maintenance during the winter months.

### Regularly Check Battery Health

Before the cold weather hits, it's crucial to have your vehicle's battery tested. Many auto repair shops and battery retailers offer free battery

checks. This diagnostic test can assess your battery's health and determine if it's time for a replacement. It's better to address any issues before they become severe.

### Keep Terminals Clean

Corrosion can build up on your battery terminals over time, affecting the connection between the battery and your vehicle's electrical system. To prevent this, regularly inspect the terminals for white or greenish deposits. If you spot corrosion, clean it off using a battery terminal brush or a mixture of baking soda and water. Remember to disconnect the battery cables before cleaning and reconnect

them securely afterward.

### Park in a Garage or Use a Battery Blanket

Cold temperatures can significantly reduce your battery's efficiency. Park your vehicle in a garage or a covered area to shield it from extreme cold. Alternatively, consider using a battery blanket or heater. These devices can help maintain the battery's temperature and prevent it from freezing.

### Limit Power Usage

During winter, your vehicle's electrical system works harder to power essentials like lights, heaters, and defrosters. To reduce

strain on the battery, limit the use of these accessories when the engine is off. Additionally, turn off all lights and accessories before turning off the engine to preserve battery power for the next start-up.

### Invest in a Quality Battery

If your battery is approaching the end of its lifespan, consider investing in a high-quality replacement. Look for a battery designed to perform well in cold weather conditions. Opting for a reliable battery can be a wise investment to ensure your vehicle starts reliably in freezing temperatures.



STOCK PHOTO

### Keep Jumper Cables Handy

Despite your best efforts, sometimes unexpected battery issues can occur. It's a good idea to keep a set of jumper cables in your vehicle in case you or a fellow driver needs assistance jump-starting a battery. Make sure you know how to use them safely.

By following these tips, you can help ensure your car's battery remains in top condition throughout the winter months. Regular maintenance and preparedness are key to keeping your vehicle running smoothly when the temperatures drop. Stay safe on the road this winter season.

# Preparing your car for holiday travel

## Essential Tips for Winter Road Trips

Ward Media

As the holiday season approaches, many families and travelers are gearing up for winter road trips to visit loved ones, explore new destinations, or simply enjoy the beauty of the season. However, before hitting the road, it's crucial to ensure that your vehicle is well-prepared to handle the challenges of winter driving. Here are some essential tips to keep in mind for a safe and enjoyable holiday journey:

- 1. Check Your Tires:** Your tires are your vehicle's first line of defense against winter road hazards. Ensure that they are properly inflated and have adequate tread depth. Consider switching to winter tires if you live in an area with heavy snowfall.
- 2. Inspect Your Brakes:** Have your brakes checked by a qualified mechanic to ensure they are in good working condition. Snow and icy roads require responsive brakes for safe stopping.

- 3. Battery Health:** Cold weather can be tough on your vehicle's battery. Check its health and replace it if it's old or showing signs of weakness. Carry jumper cables just in case.
- 4. Fluid Levels:** Verify that your vehicle's fluids, including oil, antifreeze, and windshield washer fluid, are at the right levels. Cold weather can cause fluids to thicken or freeze.

- 5. Wipers and Lights:** Make sure your windshield wipers are in good condition, and consider using winter wiper blades. Check all lights on your vehicle, including headlights, taillights, and turn signals, to ensure they are working correctly.
- 6. Pack an Emergency Kit:** Prepare an emergency kit that includes items like blankets, warm clothing, non-perishable food, a flashlight, and a first-aid kit. These items can be invaluable if you find yourself stranded in cold weather.

- 7. Plan Your Route:** Before setting out, plan your route and check the weather forecast

for the areas you'll be traveling through. Adjust your plans if severe weather is expected, and share your itinerary with someone at your destination.

- 8. Drive Slowly and Cautiously:** When on the road, reduce your speed and maintain a safe following distance from other vehicles. Accelerate and brake gently to avoid skidding.
- 9. Keep Your Gas Tank Full:** Try to keep your gas tank at least half full during winter travel. This helps prevent gas lines from freezing and ensures you have enough fuel if you get stuck.

- 10. Stay Informed:** Stay updated on road conditions and closures by using navigation apps or checking local traffic reports. Consider investing in snow chains if you'll be traveling through mountainous areas.

By following these tips, you can help ensure a safer and more enjoyable winter road trip during the holiday season. Remember that preparation and caution are the keys to a successful journey, allowing you to create lasting memories with family and friends.

# Winter driving safety tips

## Navigating snow and ice safely

Ward Media

The cold season often brings challenging driving conditions, including snow and ice, which can make travel hazardous. To help you stay safe during the winter months, we've compiled a list of essential, safe winter driving tips.

- 1. Check Your Vehicle:** Before hitting the road, ensure your vehicle is in good condition. Check the brakes, tires, lights, and battery. It's crucial to have a reliable vehicle during winter.
- 2. Winter Tires:** Consider investing in winter tires, especially if you live in an area prone to heavy snowfall. Winter tires provide better traction on icy and snowy roads.
- 3. Keep Emergency Supplies:** Carry an emergency kit in your vehicle. This kit should include items like blankets, flashlights,

a first-aid kit, and non-perishable food and water. You never know when you might get stuck in a snowstorm.

- 4. Clear Snow and Ice:** Before driving, remove all snow and ice from your vehicle. This includes clearing your windshield, side mirrors, and headlights. Snow and ice obstruct your vision and can be dangerous.
- 5. Drive Slowly:** In snowy or icy conditions, reduce your speed. Driving at slower speeds allows for better control and response time in case of unexpected situations.
- 6. Increase Following Distance:** Maintain a safe distance from the vehicle in front of you. This extra space gives you more time to react to sudden stops or skids.
- 7. Use Brakes Wisely:** Avoid sudden braking in icy conditions, which can lead

to skidding. Instead, gently apply the brakes and start braking early when approaching intersections or turns.

- 8. Steer Smoothly:** When steering, make smooth and gradual movements. Jerky or abrupt steering can cause your vehicle to lose traction.
- 9. Stay Informed:** Check weather and road conditions before starting your journey. If conditions are severe, consider postponing your trip if possible.
- 10. Stay Home:** If conditions are extremely treacherous, the best choice might be to stay home. Safety should always be the top priority. These safe winter driving tips will help you navigate the challenges of winter weather with confidence. Remember, it's crucial to adapt your driving to the current conditions and exercise caution.

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8	5	2	3	9	7	1	6	4
9	1	3	4	6	2	5	8	7
6	7	4	1	5	8	3	2	9

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Requirements include a Commercial Driver's License and experience plowing snow, preferably on public roadways. You will be called to work when needed. There is no guarantee for the number of hours worked. Sick leave will be accrued according to state law. No medical benefits, retirement compensation or annual leave will be provided. Pay up to \$25.00 per hour depending on qualifications. More than one position to be filled. Application and employment agreement are available at: <https://www.cityofcashmere.org/government/human-resources>

For inquiries contact Steve Croci, Director of Operations at [steve@cityofcashmere.org](mailto:steve@cityofcashmere.org) or 509-782-3513

School District is seeking qualified applicants for the following positions:

- Icicle River Middle School Cook 2.5hrs
- Icicle River Middle School Special Education Para Educator 4hrs
- Maintenance/Delivery/Warehouse/ Groundskeeper 8hrs

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

**Help Wanted**



**Public Works - Truck Driver/Laborer - Temporary Winter Help**

The Chelan County Public Works Department is seeking applicants for our three, four-month long winter Temporary Truck Driver/Laborer positions in the Leavenworth & Wenatchee Districts. The duties include performing manual labor, driving truck and/or operating light and heavy equipment, and snow plowing. The salary range is \$22.48 per hour up to \$24.66 per hour based on experience.

These four-month positions will start mid to late November. These positions require a Washington State Driver's License, Class A CDL with Tanker Endorsements and prefer to have a current First Aid/CPR card and flagging card.

Applications and a detailed job description can be found on the Chelan County Human Resource Career Opportunities page; <http://www.co.chelan.wa.us/human-resources/jobs>

The application, resume and letter of intent must be returned to the Chelan County Human Resource Department 400 Douglas Street #201, Wenatchee, WA 98801 or email to [human.resources@co.chelan.wa.us](mailto:human.resources@co.chelan.wa.us) no later than Thursday, November 2, 2023 at 5:00 p.m.

**F/T Preschool Teacher needed at Upper Valley Christian School.** (Leavenworth, WA). An undergraduate or associate degree in preschool teaching req. Exp. pref. but not req. \$31,800/year plus benefits. 35-40 hrs/wk, 9:00am-5:00pm. Email resume to [administration@uvcseagles.org](mailto:administration@uvcseagles.org).

**Employment Opportunity Registered Nurse Harmony House - Brewster, WA**

Must have current RN License.

2 Positions available \$10,000 Sign on Bonus Competitive Wages and Benefits

Come join our strong and supportive team! Email resume to [Jreed@Regency-Pacific.com](mailto:Jreed@Regency-Pacific.com) Or call 360-281-8400

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**Windermere Real Estate/NCW**  
**Leavenworth/Lake Wenatchee Specialists**

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Momi Palmieri - 509-433-2211  
**Give us a call today!** Geordie Romer - 509-679-8958  
Allyson Romer - 509-630-9898

See all available properties at [windermereleavenworth.com](http://windermereleavenworth.com)

**Help Wanted**



School District is seeking qualified applicants for the following positions:

- Cascade High School Head Track & Field Coach
- Cascade High School Fastpitch Coach

Fast Track application process and information can be found on our website at [www.cascadesed.org](http://www.cascadesed.org) EOE

**Looking for a great local employee? Place your ad today**

Call 509-682-2213  
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Quad City Herald  
Brewster  
or email [classifieds@ward.media](mailto:classifieds@ward.media)

Leavenworth Echo  
Cashmere Record  
509-548-5286  
or email [classifieds@ward.media](mailto:classifieds@ward.media)

Deadline is Friday at Noon for the following Wednesday issues of all newspapers

**For Sale**

**Antiques & Collectibles**

**Get cold hard CASH for your Antiques and Collectibles by placing them in our classifieds.**

Call **Lake Chelan Mirror Quad City Herald** 509-682-2213 or email [classifieds@ward.media](mailto:classifieds@ward.media) or call **The Leavenworth Echo Cashmere Valley Record** 509-548-5286 [classifieds@ward.media](mailto:classifieds@ward.media) **Deadline: Noon on Friday for all papers.**

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**Leavenworth Echo Cashmere Valley Record** 509-548-5286 [classifieds@ward.media](mailto:classifieds@ward.media)

**Four newspapers for one low price!**

**Legals**

**Public Notices**

**SUPERIOR COURT OF WASHINGTON FOR CHELAN COUNTY**

**In the Matter of the Estate of LEROY EDWARD HOUSE JR., Deceased.**  
**No. 23-4-00355-04 PROBATE NOTICE TO CREDITORS (RCW 11.40.030)**

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative's Resident Agent who is also the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced.

The claim must be presented within the later of: (1) Thirty days after the personal representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets.

DATE OF FIRST PUBLICATION: October 18, 2023  
Personal Representative: LEROY E. HOUSE SR.  
Attorneys for the Personal Representative: David A. Kazemba, WSBA# 48049 Address for Mailing or Service Overcast Law Offices Attn: David A. Kazemba 23 S Wenatchee Ave, Suite 320 Wenatchee, WA 98801 (509) 663-5588 Court of probate proceeding and cause number: Chelan County Superior Court Cause Number: 23-4-00355-04 Presented by: OVERCAST LAW OFFICES By: /s/ David A. Kazemba, WSBA No. 48049 Attorney for the Personal Representative. Published in the Leavenworth Echo/Cashmere Valley Record on October 18, 25, November 1, 2023. #6518

**Public Notices**

The Leavenworth Mosquito Control Board will be holding a Public Hearing at 7:00pm on Monday November 6th 2023 via Zoom to discuss and approve the 2024 operation budget and per parcel tax rate.

The link to attend via Zoom is <https://cascadesd-org.zoom.us/j/85130535065>. You may also visit [www.LeavenworthMosquitoControl.org](http://www.LeavenworthMosquitoControl.org) for the Zoom meeting link, or email directly to [info@LeavenworthMosquitoControl.org](mailto:info@LeavenworthMosquitoControl.org) before Noon November 6th. Further information and assistance may be obtained from Manager Jennifer Mullins at 509-548-5904.

Published in the Leavenworth Echo/Cashmere Valley Record on October 25, November 1, 2023. #6558

**Public Notices**

**NOTICE OF PUBLIC HEARING ON CITY OF CASHMERE FINAL 2024 BUDGET**

The City of Cashmere Preliminary 2024 Budget has been filed with the City Clerk-Treasurer. The Cashmere City Council will hold a public hearing on the Final 2024 Budget for the City of Cashmere on Monday, November 27, 2023, at 6:00 p.m. at the Cashmere City Hall, 101 Woodring Street. Copies of the preliminary budget are available by November 21st at Cashmere City Hall, 101 Woodring Street, between the hours of 9:00 a.m. and 5:00 p.m., Monday through Friday.

The public is invited to attend said hearing and make comments. If you are unable to attend in person, please call City Hall or access the agenda on the City's website for login information. Written comments can be sent to Kay Jones, City Clerk-Treasurer at [kay@cityofcashmere.org](mailto:kay@cityofcashmere.org).  
Kay Jones  
City Clerk-Treasurer  
CITY OF CASHMERE  
Published in the Cashmere Valley Record/Leavenworth Echo on November 1, 8, 2023. #6337

**Advertise in the Classifieds**  
**509-548-5286**

**Public Notices**

**CITY OF LEAVENWORTH CITY COUNCIL**

**NOTICE OF SPECIAL MEETING**

NOTICE IS HEREBY GIVEN that a quorum of the Leavenworth City Council could be attending a Community Forum discussing Multi-Family Tax Exemption to be held at the Council Chambers in Leavenworth City Hall, located at 700 US Highway 2, Leavenworth, Washington and on zoom. The meeting will be held on Tuesday, November 7, 2023 starting at 6:30 PM.

Zoom information: Meeting ID: 998 5778 2596; Passcode: 063063  
Find your local number: <https://zoom.us/ucX1yDERo8>  
Published in the Leavenworth Echo/Cashmere Valley Record October 25, November 1, 2023. #6574

**Public Notices**

**NOTICE OF PUBLIC HEARING ON CITY OF CASHMERE PRELIMINARY 2024 BUDGET**

The Cashmere City Council will hold a public hearing on Monday, November 13, 2023 at 6:00 p.m. at the Cashmere City Hall on the City of Cashmere Preliminary Budget for 2024. The public is invited to attend said hearing and make comments.

If you are unable to attend in person, please call City Hall or access the agenda on the City's website for login information. Written comments can be sent to Kay Jones, City Clerk-Treasurer at [kay@cityofcashmere.org](mailto:kay@cityofcashmere.org).  
Kay Jones  
City Clerk-Treasurer  
CITY OF CASHMERE  
Published in The Leavenworth Echo/ Cashmere Valley Record on November 1, 2023. #6332

**Public Notices**

The Leavenworth Mosquito Control Board will be holding a Public Hearing at 7:00pm on Monday November 6th 2023 via Zoom to discuss and approve the 2024 operation budget and per parcel tax rate.

The link to attend via Zoom is <https://cascadesd-org.zoom.us/j/85130535065>. You may also visit [www.LeavenworthMosquitoControl.org](http://www.LeavenworthMosquitoControl.org) for the Zoom meeting link, or email directly to [info@LeavenworthMosquitoControl.org](mailto:info@LeavenworthMosquitoControl.org) before Noon November 6th. Further information and assistance may be obtained from Manager Jennifer Mullins at 509-548-5904.

Published in the Leavenworth Echo/Cashmere Valley Record on October 25, November 1, 2023. #6558

**Public Notices**

**CITY OF CASHMERE SUMMARY OF ORDINANCE NO. 1321**

On the 23 day of October, 2023 the City Council of the City of Cashmere, Washington passed Ordinance No. 1321. A summary of the content provides as follows:

**AN ORDINANCE OF THE CITY OF CASHMERE, WASHINGTON, AUTHORIZING THE GENERAL PROPERTY TAX LEVY ALLOWED BY RCW 84.55.010; LEVYING THE GENERAL TAXES FOR THE CITY OF CASHMERE, ESTIMATED TO BE \$739,435.29, FOR THE FISCAL YEAR COMMENCING JANUARY 1, 2024 ON ALL PROPERTY, INCLUDING REAL, PERSONAL, AND UTILITY PROPERTY IN SAID CITY WHICH IS SUBJECT TO TAXATION FOR THE PURPOSE OF CARRYING ON THE GENERAL GOVERNMENT OF SAID CITY FOR THE ENSUING YEAR AS REQUIRED BY LAW; AND ESTABLISHING AN EFFECTIVE DATE.**

Effective date of this ordinance is five days after publication. A copy of the full text of this ordinance is available at Cashmere City Hall or will be mailed to you upon your request to Kay Jones, City Clerk-Treasurer, City of Cashmere, 101 Woodring Street, Cashmere, WA 98815. Published in the Cashmere Valley Record/Leavenworth Echo on November 1, 2023. #6597

# The Washington Outdoors Report

## Duck decoy premier

By JOHN KRUSE  
Special to Ward Media

The waterfowl hunting season is in full swing and with new hunters taking to the wetlands a little advice could come in handy for success on the topic of duck and goose decoys:

**WHEN IT COMES TO DECOYS - MIX IT UP:** Unless you are pass-shooting at birds flying overhead, you are going to want to have decoys to lure in ducks to whatever body of water (or ground) you are hunting. It's tempting to buy twelve standard mallard decoys with their heads up looking straight ahead but this doesn't work very well because it's very unrealistic and the ducks know it.

Instead, use a mix of decoys starting with different species. Throw in some teal or pintail or widgeon and a couple of goose decoys with those mallards because ducks

of different species co-mingle on the water. In addition to this, make sure you are using decoys in different poses. Have a couple of decoys in a feeding position with just their back end showing. Have ducks in a sleeping position and others with heads turned to the right or left. Now you are on your way to mimicking what a flock of ducks looks like on the water.

**QUALITY DECOYS WORK BETTER:** You can spend a lot or a little on decoys but more expensive decoys do work better. Cheap decoys, made out of plastic, unfortunately shine in the sun which is not at all natural. Flocked decoys, made with a felt-like surface, do not give off a reflective glare and are much more effective.

**MAGNUM VS. STANDARD DECOYS:** Back in the 1980's and 1990's magnum size decoys, 50-percent bigger than standard decoys, were all the rage. The argument was these larger decoys drew in more birds. However, that's not necessarily true. Shelby



David Kruse getting ready to pick up decoys at the end of a good duck hunting trip.

Ross, a waterfowl hunting guide who owns Ross Outdoor Adventures, says, "The one advantage of using over-size decoys is that the birds can see them from a greater distance." On the downside, you won't have as many decoys to put in your spread, especially if you are hiking into your hunting destination.

**SOMETIMES LESS IS BETTER:** Speaking of

numbers, what and where you are hunting dictates how many decoys you should use. If you are field hunting snow geese you will want to have several hundred decoys set up to attract flocks of these birds. If you are hunting a small pond or creek, you can get away with a dozen decoys or less and have success. Generally speaking, for most bodies of water you hunt, 18 to 24 decoys

will work just fine.

**CONFIDENCE DECOYS:** They say birds of a feather flock together but you will often see other birds besides ducks and geese on ponds, lakes or streams where ducks hang out. That's why confidence decoys can help bring in more birds. Examples include a great blue heron decoy you can stake out at the water's edge or coot decoys you can put at the edges of your decoy spread.

**ADD MOVEMENT TO YOUR DECOY SPREAD:** One other issue that's important when it comes to having an effective decoy spread to lure in waterfowl is movement. Nothing looks as unrealistic in the world than a flock of non-moving decoys on a flat calm body of water. In reality, waterfowl are moving around on the water and if you want to simulate that you need to make your decoys come alive.

Battery-operated, motorized decoys are not legal to use in Washington but you can stake in a couple of duck

decoys over shallow water that have spinning wings. These wings will spin in the breeze, giving the illusion of passing waterfowl that these ducks are coming in for a landing.

You can also impart movement to your decoy spread through the use of a jerk string. Tie a string to a decoy in the middle of your spread and as birds fly overhead jerk on the string, creating a ripple effect in the water around the decoys.

Last but not least, if your blind is in the water near the decoy spread, you can literally kick your feet in the water to create ripples in the water, making your decoy spread appear more lifelike. Duck hunters in the flooded timber of Arkansas have been doing this for decades.

There you go, a primer on using waterfowl decoys to lure in more birds. Good luck out there this hunting season.

John Kruse - www.northwesternoutdoors.com and www.americasoutdoorsradio.com

## How to relieve vaginal dryness

**Q:** Since menopause, I've noticed dryness and itching "down there." Is there anything besides hormone pills that can help?

Vaginal dryness and discomfort affect over 75% of post-menopausal women. These symptoms also commonly affect women taking anti-estrogen medicines for breast cancer.

Without estrogen, the vagina and birth canal cells shrink or atrophy. They lose elasticity and secrete less lubricating fluid. This leads to vaginal dryness, itching, and burning. When a woman loses the lubrication of vaginal secretions, sexual activity can become quite painful.

Vaginal secretions are crucial to a healthy vaginal environment. They help create and maintain an optimal



level of acidity in the vagina. This vaginal acidity supports the growth of "friendly" bacteria like lactobacillus and discourages yeast and certain bacterial infections.

The distress of vaginal discomfort and dryness can be relieved in several ways. You can apply a long-acting moisturizer, use a personal lubricant, or add estrogen to your vaginal tissue.

Replens® is a long-acting moisturizing gel that works for up to 3 days at a time. It's available without a prescription in 2 different forms. You can choose premeasured doses inside individual plastic applicators or one tube with a

reusable applicator.

Vaginal moisturizers can relieve dryness and burning and make sexual intercourse more comfortable. However, a moisturizer alone won't reverse the changes in your vaginal cells, optimize the acidity of your vagina, or restore helpful lactobacillus.

Newer vaginal moisturizers contain hyaluronic acid for long-lasting moisture, plus a mild acid to support vaginal acidity. Hyaluronic acid is as effective as low-dose estrogen vaginal cream in relieving dryness, burning, and painful sexual activity.

Vaginallubricants differ from moisturizers and often contain silicones, oils, fragrances, and flavors. Lubricants ease symptoms of dryness and increase the comfort of sexual activity but do not optimize

vaginal acid balance or encourage lactobacillus.

Applying a small amount of estrogen directly to vaginal cells restores their elasticity, acidity, and ability to secrete a lubricating fluid. This encourages beneficial lactobacillus while reducing dryness and burning.

Can breast cancer survivors safely use a low dose of vaginal estrogen to relieve vaginal discomfort? The evidence suggests YES. When applied directly to vaginal cells, a little estrogen can make a big difference in comfort. When used at appropriate doses, vaginal estrogen doesn't create detectable levels in the bloodstream. It is unlikely to affect endometrial and breast tissue.

There are several forms of local estrogen: vaginal creams used with an applicator (Premarin®, Estrace® or generic estradiol), vaginal tablets with individual applicators (Vagifem®), and a gelatin ring that slowly releases estrogen (Estring®). The starting dose for estrogen creams and vaginal tablets is once daily at bedtime for 1-2 weeks, then twice weekly. Estring® is a flexible estrogen ring inserted vaginally and replaced every 90 days.

Other prescription-only options for vaginal discomfort include Osphe-na® and Intrarosa®. Osphe-na® tablets mimic the effects of estrogen in vaginal tissue but block estrogen's action in breast tissue.

Intrarosa® is a prescription medicine that contains DHEA (dehydroepiandrosterone). One tablet is inserted vaginally at bedtime. Intrarosa® is more effective at relieving vaginal dryness than other supplements containing DHEA.

Contact your doctor if you suffer from vaginal discomfort. If infection or another condition is not the cause, ask whether low-dose vaginal estrogen or another medicine is an option for you.

Here Are 6 Tips to Help Relieve Vaginal Discomfort:

- 1. Be consistent.** For best results, reapply vaginal moisturizers and estrogen frequently. Many vaginal estrogen products are applied twice weekly, and long-acting vaginal moisturizers can last up to 3 days.
- 2. Shop online if needed.** Although Replens® and Vagisil® moisturizers are available in most grocery stores and pharmacies, vaginal moisturizers containing hyaluronic acids like Good Clean Love's Bionourish® and Revaree® manufactured by Bonafide are harder to find.
- 3. More can be better.** You can use a vaginal moisturizer in addition to locally applied estrogen to get more relief. For best results, apply moisturizer and estrogen on alternating days.
- 4. Add a personal lubricant.** Try a personal lubricant if sexual contact is uncomfortable despite using a vaginal moisturizer with or without low-dose estrogen. There are many choices available today besides the old standby, K-Y Jelly®.
- 5. Know your options.** Discuss your options for vaginal estrogen and other medicines to relieve vaginal dryness with your doctor.
- 6. Shop around.** Even with insurance, prescription options for relieving vaginal discomfort are often expensive. A 90-day prescription of generic estradiol vaginal cream can be \$60 in cash. A 3-month supply of other estrogen products like Premarin® cream, vaginal tablets, Estring® vaginal ring, Intrarosa®, and Osphe-na® can cost over \$400.

Dr. Louise Achey, Doctor of Pharmacy, is a 44-year veteran of pharmacology and author of Why Dogs Can't Eat Chocolate: How Medicines Work and How YOU Can Take Them Safely. Get clear answers to your medication questions at her website and blog, TheMedicationInsider.com.

©2023 Louise Achey

### Public Notices

#### SUPERIOR COURT OF WASHINGTON IN AND FOR CHELAN COUNTY

#### In the Matter of the Estate of MARJEAN BILLIE MATHEWS, Deceased. NO. 23-4-00375-04 PROBATE NOTICE TO CREDITORS

The Personal Representative named below has been appointed as Personal Representative of this estate. Any person having a claim against the decedent must, before the time the claim would be barred by any otherwise applicable statute of limitations, present the claim in the manner as provided in RCW 11.40.070 by serving on or mailing to the Personal Representative or the Personal Representative's attorney at the address stated below a copy of the claim and filing the original of the claim with the court in which the probate proceedings were commenced.

The claim must be presented within the later of: (1) Thirty days after the Personal Representative served or mailed the notice to the creditor as provided under RCW 11.40.020(1)(c); or (2) four months after the date of first publication of the notice. If the claim is not presented within this time frame, the claim is forever barred, except as otherwise provided in RCW 11.40.051 and 11.40.060. This bar is effective as to claims against both the decedent's probate and nonprobate assets. DATE OF FIRST PUBLICATION:

November 1, 2023

PERSONAL REPRESENTATIVE: Hanne Marjean Beener ATTORNEY FOR PERSONAL REPRESENTATIVE: Kera Dexter ADDRESS FOR MAILING OR SERVICE:

OVERCAST LAW OFFICES 23 South Wenatchee Avenue Suite 320 Wenatchee, WA 98801 COURT OF PROBATE PROCEEDINGS AND CAUSE NUMBER: Chelan County Superior Court, No. 23-4-00375-04 OVERCAST LAW OFFICES By: /s/ Kera Dexter, WWSBA No. 58486 Attorney for Personal Representative. Published in the Leavenworth Echo/Cashmere Valley Record on November 1, 8, 15, 2023. #6599

## Help us honor and show support to our Veterans

### Veterans Day - Nov. 11 This is a FREE SERVICE to HONOR our Troops & Veterans



Send us your Photo & Information by Nov. 2 | Publishes Nov. 8

Veterans Information \_\_ Active \_\_ Retired \_\_ Deceased

Veterans Name: \_\_\_\_\_

Medals & Commendations: \_\_\_\_\_ Service Branch: \_\_\_\_\_

\_\_\_\_\_ Service Location: \_\_\_\_\_

\_\_\_\_\_ Years of Service: \_\_\_\_\_

Your Name: \_\_\_\_\_ PH# \_\_\_\_\_

Full Address: \_\_\_\_\_

**Email: lindsay@ward.media**  
**Or mail to address below. Must be received by Nov. 2**

**We will use the 2022 veterans names again this year and will revise where necessary.**



The Leavenworth Echo **CASHMERE VALLEY RECORD** 29 S. Wenatchee Ave., Ste A Wenatchee, WA 98801 509-548-5286

### CROSSWORD PUZZLE

THEME: ANIMAL WORLD

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ACROSS

- Canned meat
- First prime number
- Itty bit
- Deity, in Sanskrit
- Adams of "Summer Of '69" fame
- Wild plum in gin fizz
- \*Type of mountain goat
- \*Nest for an eagle
- \*Plant and animal lover
- \*Dapple animal mark
- \*Conform, according to Darwin
- Battleship game success
- Summer shoe
- Famous Roman historian
- Don McLean: "A long, long time ..."
- Diaphragm spasm
- Reluctant
- Whatchamacallit
- "Days of \_\_\_ Lives" soap opera
- Like Halloween
- On a deck, perhaps
- Assembly of all members
- Card with single pip
- Hindered
- Unfortunate outcome
- Business master
- Soil for cultivation
- Highlands hillside
- \*Host's unwelcome guest
- Dough
- Biblical birthright seller
- Volcanic rock
- Rainbow-producing device
- \*Badger's den
- Newspaper piece
- Hair controller
- Miner's bounty
- \*Deer group

DOWN

- Sib
- Horseback rider's ball game
- Minute bit
- Dionysus' follower
- Yardbird's jazz style
- Deflect
- Original home of the Saxons
- Pro's opposite
- Hang around
- Bit of binary code
- Festival of Lights
- Fundamental
- \*Snake or lizard
- Montana's neighbor
- Accident
- Long stories
- To take in and feed livestock for payment
- Like Curious George
- Zig or zag
- Synagogue scroll
- Carthage's ancient neighbor
- \*First animal clone
- \*\_\_\_-blooded, like a snake
- Prompter's line
- \*Orca and elephant, but not crow or fish
- Gives off
- Princess tester?
- Two dots above a letter
- Letter-shaped girder
- Civil War battle
- Policeman's shocker
- About to explode
- Not the life of the party
- Agitate
- 52.0 centavos in Mexico
- Measuring roll
- \*"Happily \_\_\_ after"
- Frugal driver's acronym
- Put together

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**Pump Track**

*Continued from page A1*

excited, and I wanted to make it the Brent Holladay Memorial Pump Track," she said.

"The intention was to place asphalt on the newly upgraded tracks so that it didn't deteriorate as fast as the dirt track has over the years," she said. "So it will be something that'll be there for ten plus years for the community to enjoy before they need to worry about maintaining it."

Brent's longtime friend, James Munly, with EMBA, was a key player in making the pump track improvement a success.

Munly said that his friend was a passionate, generous man who gave his time to help others, so it was no surprise when there was a groundswell of people who helped to make the Brent Holladay Pump Track a reality.

The project did not use public funds and was made possible all through the generosity of donations and volunteers.

Kim, along with the high school art teacher, designed the park sign, and her nephew cut it out in the high school shop. She had to have the sign extended because there were

so many people who donated and participated in the project, which is a beautiful blessing, she said.

Last week, they were able to add the sign to the park.

Brent, who grew up in Leavenworth, was instrumental in building the original dirt track in 2015. The track was Cashmere High School alum Cole Paton's senior project. Kim was a high school teacher in Cashmere for 20 years. When Paton's turn for a project came along, he wanted to do something that centered around biking. So she lined him up with her husband.

"And they came up with this brilliant idea to create this dirt pump track at Riverside Park, which was all approved through the city and the council and the mayor at the time," Kim said. "So, Cole and Brent and a ton of volunteers built this pump track out of dirt in 2015, which has led to years of kids growing up and appreciating and enjoying and pressing forward with their love of outdoors and mountain biking."

The new paved surface allows for a greater use of the space. With a dirt track, it was primarily regulated to bikes. Now, more of the community can enjoy it.

"What was really neat too

was that even the day we were finished paving it, we actually had Jacob Holladay—Kim and Brent's son—was the first person to do laps on it, which was pretty special," Munly said.

As Jacob was taking the inaugural laps, a little girl tugged on Munly's shirt and asked when she could try it. "Right now," he told her, and then he watched as more children came to use the park on scooters, run bikes, and skateboards.

He said it was special to see how diverse the track is, with people using it all the way down to little kids who don't even know how to ride a bike yet using it with their run bikes all the way up to parents using it to skate while their kids ride.

A pump track is a great tool for teaching young children all the way up through adults how to ride a bike on mountain trails, Kim said.

"And that's what we're trying to do is just to continue that on with the next generation," she said. "And he believed that you know, a community bonded together can create a beautiful thing, which I think the pump track is proof of that."

*Quinn Propst: 509-731-3590 or quinn@ward.media*

**County Fair**

*Continued from page A1*

shares her knowledge with the community to help people better understand the sport of rodeo and can serve as a good

role model for little girls.

"Rodeo has always felt like family to me," she said. "Everyone who I've met through rodeo have become good friends; they are always willing to lend a helping hand when needed. My hope is the

rodeo queen is a conduit for sharing that rodeo family and experience with our community."

The 2024 Chelan County Fair is scheduled for Sept. 5-8.

*Quinn Propst: 509-731-3590*

**Fire science**

*Continued from page A1*

include the cadets. [Students should] do it [their] junior year, so [they] can do it [their] senior year too," said Jaxon Groby (11). Only ten students going into grades 11 and 12 are accepted into Fire Science each semester.

Every day, cadets head to the Chelan Fire Department to start their fourth-period class. On a typical day in Fire Science, the cadets take notes during a PowerPoint, put their gear on, and head out. Sometimes, the instructors are "timing us on like how fast we can get our gear on," said Maverick Miller (12). The lessons in Fire Science are different every day. The cadets never know what to expect that day or who will be teaching them. "I like the instructors and like how there's a wide variety of them and how we don't know who's going to be teaching us that day," said Teyva Dillon (11).

On account of the program being taught by real firefighters, students who are planning to become a firefighter receive the training and knowledge a rookie firefighter would receive, meaning that students can stay with the force after high school and dive headfirst into the force. "I can become a volunteer or a resident at the station after my senior year. I think [Fire Science] would help, especially with Wild Land. [I can] get a job right out of high school," said Jaxon Groby.

Teagan Sauer (12) is one of two girls enrolled in the program. "My dad was [with] the fire department, and he served mainly as a volunteer, and so, I wanted to join because that's my passion is to know I can save someone's life and know that you never leave someone behind, you never leave family behind," expressed Sauer. The Fire Science program prepares high school students for what they

should expect when starting their firefighting career. Sauer suggested that students should "know that it's going to be hard work. This is not going to be just an easy class that [a student can] take just to take."

Even if students don't want to become a firefighter after their high school career, Fire Science can prepare them for other job opportunities. "I would say, even if you're not going into that field as your career, you still learn a lot of important stuff like almost anything," said Trail Heyl (11). Students learn the value of teamwork and dedication during the span of the course. They can use these traits in any job, no matter the tasks.



**Rich Brinkman**



Former Oregon Senator Mark Hatfield made a very important analogy. He wrote that if you put all of your resources into the building of a roof, it becomes so massive that it collapses and actually harms its inhabitants rather than protecting them. Very unfortunately, this is exactly what the current Mayor has done, and we instead need very strong and proven leadership to address all of our City's urgent needs.

**ENDORSED BY:**

- Cheri Farivar, Leavenworth Mayor 2011-2019
- Rob Eaton, Leavenworth Mayor 2008-2010
- Mel Wyles, Leavenworth Mayor 1992-96; 2004-07
- Wenatchee and Upper Valley Homebuilders
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Learn more at:  
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