

# PEN CITY CURRENT

It's Black & White and **Read** all over

Friday, November 3, 2023 | 6 pages | Volume 7 • Issue 185



[www.pencitycurrent.com](http://www.pencitycurrent.com)

## HTC girls 1A Runners-up



Photo by Chuck Vandenberg/PCC

The 2023 Holy Trinity Catholic Class 1A State Runners-Up.

### 33-11: Crusaders hit wall with 3-set loss to Ankeny-Christian Eagles

BY CHUCK VANDENBERG  
PCC EDITOR

CORALVILLE — Holy Trinity spent 70 minutes of the Class 1A state volleyball championship looking for holes in Ankeny Christian's defense.

The search was rarely productive, often futile.

The October postseason run for the Crusaders was a brilliant dissection of opposing defenses, but in the biggest match on the biggest stage, the cuts were few.

Ankeny Christian Academy swept the Crusaders 25-21, 25-18, 25-17 to secure its second consecutive state title on Thursday night at Xtream Arena.

The fact that the Eagles, top ranked and the top seed of this tournament, had been to this spot last season and won the title, certainly mattered and was obvious.

"We haven't been in this situation and they have," said Holy Trinity senior Mary Kate Bendlage, who had a team-high 11 kills. "Kudos to them and their season — they really played hard."

The Eagles (39-3) had control from beginning to end. They led almost all of the first and third sets — there were only three lead changes in the match.

Holy Trinity (33-11) had just 29 kills, never getting Ankeny Christian out of an offensive rhythm that produced 45 kills, includ-

See **STATE**, page 6

### GPAEA NEWS

## Therapists help shape landscape for area students

BURLINGTON - Great Prairie Area Education Agency (GPAEA) plays a pivotal role in shaping the educational landscape for students. A dedicated team of professionals, including physical therapists and physical therapy assistants, works tirelessly to provide invaluable support to children with diverse needs. This article introduces Amanda Steinbach and Andrea Skifstad, two passionate physical therapists at GPAEA, as they share their experiences, challenges, and heartwarming moments that define their careers.

GPAEA's talented team, including Physical Therapist Amanda Steinbach, Occupational Therapist Cheyanne Ellis, and Early ACCESS Home Interventionist Kim Johnson, work together to ensure baby Axl's development is thriving and successful.

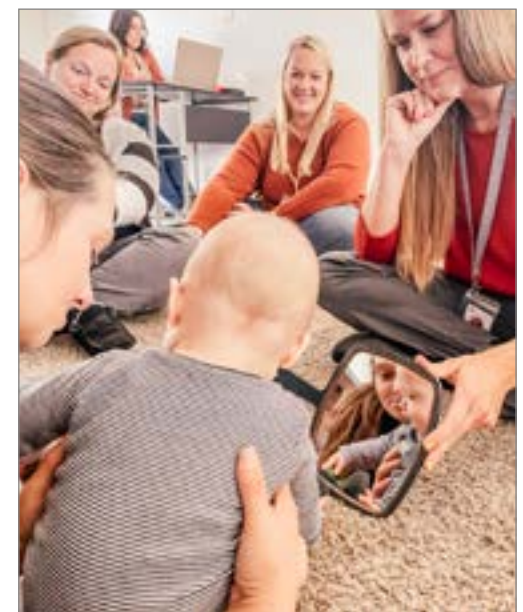
Amanda's journey into physical therapy was deeply rooted in her own experience as a high school athlete. An injury sustained during track and field led her to six months of physical therapy. Her connection with her therapist was so strong that Amanda ended up job shadowing her as a senior, laying the foundation for her future career.

The concept of working with educational agencies was not widely covered in her physical therapy graduate program. However, Amanda's family

See **YOUTH**, page 2



At far left, senior Natalie Randolph crushes an attack from the Crusader left side in the first set of Thursday's 3-0 loss to Ankeny Christian. At left, the Crusaders hoist the State Runner-up plaque at Xtreme Arena.



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### WEATHER

FRI 03 Nov.....Mostly cloudy and cool, 61° F/ 39° F  
 SAT 04 Nov.....Partly sunny and cool, 58° F/ 38° F  
 SUN 05 Nov.....Mostly sunny and cool, 61° F/ 51° F

### IOWA LOTTERY

LOTTO AMERICA 11/01.....6 19 21 26 29, Star Ball: 1 All Star Bonus: 2  
 LUCKY FOR LIFE 11/01.....16 18 32 36 47, Lucky Ball: 14  
 PICK 3 11/01 MIDDAY.....610  
 PICK 3 11/01 EVENING.....978  
 PICK 4 11/01 MIDDAY.....2949  
 PICK 4 11/01 EVENING.....8878  
 POWERBALL 11/01.....22 26 39 47 63, Powerball: 12 Power Play: 3

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# Obituaries/From the Front

## OBITUARIES

### PAUL E. JOHNSON

Paul Eugene Johnson, 68, of Keokuk, passed away on Tuesday, October 31, 2023, at his home in Keokuk.

Paul was born on August 23, 1955, in Keokuk, Iowa, the son of Clarence and Dolores (Phillips) Johnson. On July 26, 2005, he was united in marriage to Candy Cross in Keokuk, Iowa. She survives. Paul worked as a material handler at Henniges Automotive for forty-seven years, and was a member of United Steel Workers Local #444. He was a simple man, enjoying watching Old Westerns, the Dallas Cowboys and Wrestling, and drinking cold Busch Light.

Paul is survived by his wife Candy Johnson of Keokuk; three sons: Paul Eugene (Tabitha Rudd) Johnson, II of Keokuk, Mike (Megan) Johnson of Keokuk, and Patrick Johnson of Olathe, Kansas; his stepson Cody (Kaitlyn) Stinson of Keokuk; four siblings: Dorothy Ann Kensutt of Fort Madison, Michael Ray (Joyce) Johnson of Montrose, Pamela Muenchow of Fountain Hills, Arizona, Teresa Sue (Paul) Goedicke of Altus, Oklahoma; and nine grandchildren. Other survivors include several nieces, nephews and cousins.

Paul is preceded in death by his parents, his brother Jim Leroy Johnson, his infant son Brandon Johnson, and his infant granddaughter Jaylynn Marie Francis.

Paul's life will be celebrated with a time of visitation and sharing of memories from 1 to 3 pm on Friday, November 10, 2023, at DeJong-Greaves-Printy Funeral Home in Keokuk.

Memorials may be directed to the family.

Tributes and condolences may be left at [www.dejongsfuneralhome.com](http://www.dejongsfuneralhome.com).

DeJong-Greaves-Printy Funeral Home in Keokuk is in charge of arrangements.



JOHNSON

## Education transition easier with GPAEA therapists

**YOUTH** - Continued from Page 1

qualified for AEA services after her son spent eight months in the hospital following his birth. This experience sparked her interest in pursuing a career path with the AEA, leading her to GPAEA.

Amanda emphasizes that there's no "typical" day in her work. Each month involves meticulous planning and strategizing with colleagues to ensure that every direct service child in their area receives the support they need. With such a large territory and numerous stakeholders involved in a child's care, maintaining clear lines of communication is critical. This includes fostering collaboration not only with colleagues but also with teachers, parents, administrators, and supervisory figures.

The collaborative spirit at GPAEA enhances Amanda's work as a Physical Therapist. She finds that working with a diverse team challenges her to become a better person, teaching her patience and problem-solving skills. The opportunity to reach out for help when needed and helping others understand the role of direct PT in a school versus a medical model contributes to developing an effective support network.

In Amanda's role at GPAEA, one of the most heartwarming experiences is witnessing the remarkable progress of students, especially those who faced significant challenges early in their lives. She recounts the joy of seeing children, including a 25-week micro preemie, thriving in school after receiving early access services. While not all cases have such positive outcomes, the ones that do leave an enduring impact on her and reinforce the importance of her work.

In the same educational landscape, we meet Andrea Skifstad, another dedicated Physical Therapist at GPAEA. Andrea's journey into physical therapy was inspired by a desire to work in healthcare. She fell in love with the diverse and dynamic nature of physical therapy. Over the years, she explored various settings in her career, eventually leading her to GPAEA. Andrea's choice to work at GPAEA was motivated by firsthand experience of the positive impact of AEA physical therapy services on friends' children.

"On a typical day, I visit students in schools and/or children and their families in their homes," she shares. Her role is not confined to the four walls of an office but extends to the places where the children need help the most. Andrea emphasizes the importance of coaching families and school staff on

integrating therapeutic exercises and practices into their daily routines. This collaborative approach ensures that students can work towards achieving their goals effectively.

"What inspires me most is being able to address various areas of the body through physical therapy," Andrea states. She emphasizes the incredible diversity of her field, which constantly keeps her engaged and motivated.

Collaboration is the cornerstone of GPAEA's success. On a recent home visit, Andrea highlights the importance of working closely with other team members, particularly occupational therapists and speech therapists, to devise the best solutions for their students. "Aspen has come so far with the help of these wonderful women!" exclaims mother Casey Davis.

Andrea's career is dotted with heartwarming moments. She recalls a particularly poignant experience when she worked with an Early Access child who was "graduating" from physical therapy. The child's mother asked Andrea to pose for a picture with them to remember the positive impact she had made. Such moments, she says, are what make her work exceptionally fulfilling.

GPAEA's dedicated team, including Physical Therapist Andrea Skifstad, Occupational Therapist Jenna Schlicher, and Early ACCESS Home Interventionist Jaime Hutcheson, collaborates to support baby Aspen's full and successful development.

Both Amanda Steinbach and Andrea Skifstad embody the dedication and passion that GPAEA's physical therapy team brings to their work. The collaborative spirit, diversity in service, and the lasting impact on young lives are just a few reasons why GPAEA is an exceptional place for professionals like Amanda and Andrea to thrive and make a difference.

The physical therapy team at GPAEA, with their adaptability and dedication to the needs of each other, forms a tight-knit and effective community that ensures the best possible support for the students they serve. It's through the commitment of GPAEA professionals and the collaborative efforts of the entire GPAEA team that the agency continues to be a beacon of hope and progress for the students of Iowa.

*Editor's Note; This a submitted article as part of a partnership with GPAEA to help spread the word about the agencies services.*

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Founded in 2016  
P.O. Box 366 | Fort Madison, IA

# For the Record/Lee County News

## For the Record

Fort Madison Police Report  
 11/01/23 - 9:00 a.m. - Fort Madison police arrested Sonya Reyna Elkin, 46, of Fort Madison, in the 3100 block of Avenue M, on charges of keeping a vehicle or premises for controlled substance, possession of drug paraphernalia, drug tax stamp violations, possession of a controlled substance - 1,2,3rd, and 2 charges of controlled substance violation. She was taken to Lee County Jail.

11/01/23 - 11:57 a.m. - Fort Madison police responded to a report of larceny/theft in the 2200 block of Avenue L.

11/01/23 - 2:03 p.m. - Fort Madison police responded to a report of vandalism in the 1700 block of Avenue G.

11/01/23 - 2:37 p.m. - Fort Madison police responded to a report of larceny/theft in the 2600 block of Avenue L.

11/01/23 - 3:15 p.m. - Fort Madison police arrested Bette Lou Royer, 56, of Fort Madison, in the 2600 block of Avenue L, on charges of 3rd degree theft greater than \$750 less than \$1500 and possession of a controlled substance - marijuana 1st. She was taken to Lee County Jail.

11/01/23 - 4:55 p.m. - Fort Madison police responded to a report of a property damage accident at 26th Street and Avenue L.

11/01/23 - 8:33 p.m. - Fort Madison police arrested Timothy John Smith, 47, of Fort Madison, on Joan Court, on 3 warrants for probation violation - controlled substance

violation, and charges of drug trafficking - 5GM-100KG methamphetamine, possession of drug paraphernalia, possession of a controlled substance - marijuana 1st, interference with official acts, and drug tax stamp violations. He was taken to Lee County Jail.

11/01/23 - 8:36 p.m. - Fort Madison police arrested Marissa Marie Lamm, 26, of Keokuk, on Joan Court, on a warrant for 3rd degree burglary and a charge of eluding. She was taken to Lee County Jail.

11/02/23 - 8:21 a.m. - Fort Madison police responded to a report of a burglary in the 900 block of 48th Street.

Keokuk Police Report  
 11/01/23 - 8:06 a.m. - Keokuk police arrested Billie Jo Holmes, 23, of Keokuk, in the 300 block of Main Street, on charges of domestic abuse assault - 1st and assault w/bodily injury. She was taken to Lee County Jail.

11/01/23 - 1:43 p.m. - Keokuk police arrested Keith Michael Boyle, 33, of Keokuk, at the South Lee County Courthouse, on a warrant for failure to appear/contempt of court and a charge of possession of drug paraphernalia. He was taken to Lee County Jail.

Lee County Sheriff Report  
 11/01/23 - Lee County sheriff deputies had no activity to report.

*Those listed above are presumed innocent until proven guilty in a court of law.*

# Grassley sends staff to SE Iowa

PCC Staff

WASHINGTON - The staff of Sen. Chuck Grassley (R-Iowa) will hold traveling office hours in 21 Iowa counties from November 6 through November 17. Iowans seeking assistance regarding a personal issue with a federal agency or wishing to share views on matters of federal policy may stop by during the scheduled hours.

Grassley will be represented by his regional directors: Penny Vacek of Davenport, Rochelle Fuller of Cedar Rapids, Jonathan Bladt of Council Bluffs, Laney Feight of Des Moines and Jacob Bossman of Sioux City. The senator will not be in attendance.

Grassley's state offices regularly help constituents contact federal agencies to address problems with

Social Security payments, military service matters, immigration cases, veterans' benefits, IRS challenges and other issues. Iowans can also seek assistance via Grassley's website.

"Serving the people of Iowa is my top priority. Traveling office hours held by my staff ensure Iowans' concerns are heard and problems are solved," Grassley said. "Throughout the year, my regional staff help Iowans navigate federal agencies and find solutions to a variety of issues regarding the federal government. I encourage anyone needing assistance to stop by my staff's office hours in their area. Iowans can also reach out directly to any of my offices throughout the year."

Grassley staff directors will be in southeast Iowa on Tuesday, Nov 7 according to the schedule below:  
 Tuesday, November 7

Regional Director Rochelle Fuller  
 Dubuque County  
 1 - 2 p.m.  
 Worthington Community Center  
 216 1st Avenue  
 West Worthington  
 Regional Director Penny Vacek  
 Des Moines County  
 9 - 10 a.m.  
 West Burlington City Hall  
 Council Chambers  
 122 Broadway Street  
 West Burlington  
 Lee County  
 11:30 a.m. - 12:30 p.m.  
 Donnellson City Hall  
 Council Chambers  
 802 Pershing Avenue  
 Donnellson  
 Henry County  
 1:30 - 2:30 p.m.  
 Mt. Pleasant City Hall  
 307 East Monroe Street  
 Mt. Pleasant

# BACK PAIN?

Do You Have Hip Pain? Are You As Stiff As a Board When You Try to Get Up From a Chair? Have You Run Out of Hope?

How 5 Lies About Low BACK PAIN May Keep You Hurting, Frustrated & Exhausted...Forever!

NEW Scientific Breakthroughs Often Make Short Work of Low Back Pain...Just What Big Medical Centers and High Priced Clinics Are PRAYING You Never Figure Out On Your Own!

Hi, I'm Dr. Jason James, and if you've got any kind of back, hip or leg pain, your worries may be over in just a few minutes. Why? Because I'm the owner of James Healthcare & Assoc. clinic, and I've discovered what may be the best healing secrets for "bad backs" - EVER!



Dr. Jason James, D.C.

I'd be stupid to make such a claim if I couldn't back it up. But I am so confident we can help your back, I insist on giving you a 100% SATISFACTION PLEDGE at James Healthcare. I hate empty promises, and I also hate the lies most folks have been told about their backs. That's why it's important I expose these MYTHS about back pain.

**MYTH #1: Sciatica (pain down your leg) is always caused by a herniated disc!**

No way...even though most doctors will sell you a \$3,000 MRI at the first sign of leg pain. But they don't tell you about a 5-inch muscle in the hip that can squeeze the sciatic nerve. And it feels EXACTLY like you've got the worst slipped disc on earth. It's a major discovery and...

The good news is that it can be easy and inexpensive to correct! How? Just keep reading! But first, here's a picture to show you where the pain comes from:



**MYTH #2: Stiffness from Arthritis means you're getting old...and it must be the reason for all your pain and stiffness!**

Not true, because thousands of folks with arthritis in their backs have absolutely NO PAIN! Then why do YOU feel like your back will snap if you bend forward or twist too fast? Because the truth is:

Your stiffness may be caused by a hidden, even more dangerous problem than arthritis, and it can lead to a hip replacement!

You see, most folks believe that something mysterious (like maybe an "arthritis fairy"?) waved a wand over them, and they're cursed... doomed to suffer forever.

But did you know that many arthritis problems are CAUSED by a combination of unseen imbalances in the spine and surrounding muscles? It's the most common cause of hip replacements but not that hard to correct if we catch it in time. It's like the tires on your car...

If the alignment is off just a teeny-weeny bit, at first you don't notice, but over a few thousand miles you start to see signs of wear...that is, if you're lucky enough to catch it before a flat on the freeway ruins your day. In your spine, you're lucky if you catch untreated imbalances before they ruin your spine! How to fix them? Just look at Myth #3.

**MYTH #3: Your Back is "Out"!**

Sure, that's exactly how it feels. But guess what, we found that's usually not the case. It sounds good, but we now know better. You see, there are 7 different reasons for that painful, locked-up and stuck feeling that causes so much misery:

- low-grade spasm
- pelvis torque and tension
- imbalance of hips

- fallen or dropped arches
- stiff vertebra joint
- adhesions in leg muscle
- pinched nerve

It's NOT just your spine, and it's NOT just your muscles. As a matter of fact, if one of the major muscles that stabilize the spine is partly spasmed, a "2nd stringer" will have to carry the load. But this is a serious problem...

**It's like having your plumber doing all the dangerous electrical work!**

Sure, he may get it done, and it may work at first, but how long until there's a fire? Or your back locks up? Which leads me to our next myth:

**MYTH #4: "It's Only a Muscle!"**

Boy, it's scary how many people think muscle problems are no big deal. Unfortunately, tight, bound-up, and spasmed or tight muscles can wear out joints faster than you can say, "Charley Horse"!

That's why it's important to examine the spine AT THE SAME TIME as the muscles that control it. It's also why we've had such outrageous success with even the worst backs at James Healthcare. Because we deal with BOTH the spine and muscles at the same time. We have spine doctors (chiropractors), pain doctors (nurse practitioners) and muscle professionals (therapists) and together they deliver an outstanding way to help "bad backs". This ties in to Myth #5 and the diagram:



**MYTH #5: "Muscle Relaxants" will help your muscles heal! Good grief, NO!**

Your muscles tighten up for a reason, and muscle relaxants are like turning back the clock on a time bomb...you know it's still going to blow up! Sure, you may feel better now, but you'll pay later...and pay "in spades"! So don't fall for these lies about your low back. They'll keep you hurting, frustrated and exhausted forever!

**WOULDN'T YOU RATHER:**

**Turn over in bed without pain waking you up?**

Get up in the morning without being as stiff as a board?

Be able to stand for as long as you want without sitting down for relief?

Lean forward over the sink without that "stabbing" in your back or leg?

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- Bent—crooked off to one side and can't stand up straight if your life depended on it
- Trigger Point...zinging pain to butt-cheek
- Stiff as a board...creak and groan when you first get out of bed in the morning
- Traitor...can't trust your back and what it's going to do—or when!
- Vice-like...constantly locked down tight!
- Shooting...vicious but short-lived
- Lumbago...hard to pin it down—just seems to hurt all the time, but it's hard to say where
- One-sided...right at that "bone" on one side
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- Chronic pain for over 5 years

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**P.S. Why You MUST Not Wait!** Because of appointment availability, we can only honor this \$27 offer or bringing in a new or gently used winter coat through October 31, 2022. So don't say, "Well, maybe I'll be better tomorrow." Don't put your life on hold. Don't call in sick again. Live your life pain free! Tie your own shoes for a change.

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## Local News/ Classifieds

# Leaf burning OK'd for 30 days

**NO PERMIT REQUIRED:** City to allow burning with parameters

FORT MADISON - The City of Fort Madison Fire Department will allow the controlled burning of leaves only from November 4, 2023 to December 3, 2023 without application for a temporary burning permit, subject to the following restrictions per International Fire Code:

1. The open burning of leaves shall only be allowed from one hour after sunrise, to one hour before sunset.
  2. No open burning will be allowed on any Public Street, alley, or sidewalk.
  3. The location of the burning area is not less than 50 feet from any structure or not less than 15 feet from any structure if an approved waste burner is used.
  4. A competent person shall constantly attend all fires until the fire is completely extinguished.
  5. A working garden hose or other fire extinguisher is readily available for use.
  6. Any fire causing a nuisance or reported discomfort shall be immediately extinguished.
  7. The Fire Chief may prohibit any or all open burning when atmospheric conditions or local circumstances make open burning hazardous.
- Applicants for temporary fire permits for any purpose must be obtained from the City Fire Department.

partment.

Adherence and conformance with these procedures outlined should be of positive benefit to the citizens of Fort Madison.

The City of Fort Madison hereby notifies the citizens and property owners of the proper procedures for disposal of the fall accumulation of leaves.

According to City Code Title 6, Chapter 3, Section 14:

**LITTERING:** No person shall throw, rake, deposit, drop, or spill leaves, litter, solid waste material or foreign material upon the streets, sidewalks, or other public rights of ways within the city.

This section of the City Code prohibits the raking of leaves into the street or alley for the purpose of disposal.

The Primary reason for this prohibition is to keep the leaves from entering the storm drain system. An accumulation of leaves can block the storm drain inlets or clog the storm drainage pipes that could result in flooding.

Residents have the option of bagging leaves in approved yard waste bags for pickup by city crews or to haul the leaves to the Landfill for composting. There is no charge for dumping yard waste at the Landfill.

# Hancock County deputies make arrest

HANCOCK COUNTY - Sheriff Duffy reports that a reckless driver report on October 24, 2023, led to the arrest of a Clinton, IA man for possession of cocaine.

At approximately 3:57 PM the Sheriff's Office received a call from a citizen reporting a gray two door car with no license plates speeding north bound on Illinois 336.

Deputies travelled to that area and were able to locate the suspect vehicle and get its speed on radar. The vehicle was travelling at 121 MPH in a 65 MPH speed zone.

A traffic stop was conducted on the vehicle. The deputy located drug paraphernalia in plain view inside the passenger compartment of the vehicle. A Carthage Police Department officer arrived to assist, and the vehicle was searched.

Deputies located baggies containing white powdery substance, baggies containing crystallized substance, spoons coated with white powdery substance, a baggie containing suspected psychedelic mushrooms, and the originally found glass smoking pipe.

The substances were field tested and tested positive for cocaine.

The driver, THOMAS S. WALKER (39 Clinton, IA) was placed under arrest and transported to the Hancock County Jail.

The total weight of all substances that tested positive for cocaine was 71.8 grams.

WALKER was released after an initial court appearance with a notice to appear per the Illinois Safe-T Act.

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**PUBLIC NOTICES**

**PUBLIC NOTICE  
NOTICE OF  
PUBLIC HEARING**

Notice is hereby given that the City Council of the City of Fort Madison, Iowa, will meet in the Council Chambers of City Hall, 811 Avenue E, Fort Madison, Iowa, at 5:30 PM on November 6, 2023, at which time and place, a hearing will be conducted concerning the sale of City property located at 1730 Avenue H, legally described as follows:

Part of Lots 10 and 11 in Block 1085 of Webster's Subdivision to the City of Fort Madison, Lee County, Iowa, described as follows:

Beginning at the Southeast Corner of said Lot 11; thence South 89 degrees 50 minutes 57 seconds West along the South line of said Lots 10 and 11, a distance of 87.95 feet to the proposed right-of-way line of Route 61 (the following five courses are along said right-of-way line); thence N 07°21'40" W, 16.50 feet; thence N 00°59'31" E, 55.60 feet; thence N 10°00'55" E, 23.70 feet; thence along a non-tangent curve to the right having a radius of 114.00 feet, an arc length

of 74.50 feet, chord bearing N 53°11'25" E, 73.18 feet; thence N 89°48'43" E, 23.80 feet to the East line of said Lot 11; thence S 01°04'01" E along said East line 139.01 feet to the point of beginning containing 0.253 acres

Subject to all existing easement and rights of way

You may appear at the hearing to express your views concerning the above. Written statements may be submitted to the Fort Madison City Clerk, P.O. Box 240, 811 Avenue E, Fort Madison, Iowa, 52627 or [mblind@fortmadison-ia.com](mailto:mblind@fortmadison-ia.com), no later than 4:30 PM on November 6, 2023 or delivered before the hearing is closed.

Melinda L. Blind  
City Clerk

**PUBLIC NOTICE  
REGULAR MEETING  
MINUTES  
MOUNT PLEASANT  
CITY COUNCIL  
Mount Pleasant, Iowa,  
September 27, 2023**

The Mount Pleasant City Council met in regular session on Wednesday, September 27, 2023, at 5:30 p.m. at City Hall, 307 East Monroe Street, second-floor meeting

room. The meeting was called to order by the Mayor and the roll being called there were present Steven K. Brimhall in the Chair and the following named Councilmembers-

Present: Crull, McWilliams, White, Griffith, Batty

Absent: Engberg  
It was moved by Councilmember Griffith and seconded by Councilmember White that the Council approve the following consent agenda items with one roll call motion vote:

the minutes of the September 13, 2023, City Council meeting;

the payment of bills totaling \$83,805.77

Councilmember Griffith moved and Councilmember Batty seconded that the Council approve the agenda as printed.

Roll call vote 5-0. Motion carried.

The City Council received a request to rezone 10 acres at the SE corner of W. Washington Street and Goodyear Road. The Council sent to the Planning and Zoning Commission.

The Council received the City's Title VI annual report.

Shelby Ridenour, Domestic Violence Intervention Program, informed

the Council of Domestic Violence Awareness Month in October and gave a report of services provided and the number of individuals served in Henry County.

Councilmember Griffith moved and Councilmember White seconded that the Council adopt the following entitled Resolution No. 2023-70:

RESOLUTION SETTING A PUBLIC HEARING ON AN ORDINANCE TO AMEND THE ZONING ORDINANCE OF THE CITY OF MOUNT PLEASANT, IOWA TO PROHIBIT THE USE OF SHIPPING CONTAINERS AS ACCESSORY BUILDINGS TO RESIDENTIAL PROPERTY AND TO PERMIT THE INSTALLATION ACCESSORY BUILDINGS IN THE SIDE YARDS OF LARGE LOTS

Roll call vote 5-0. Resolution adopted, signed by the Mayor and hereby made a portion of these minutes.

It was moved by Councilmember Crull and seconded by Councilmember McWilliams that the Council approve the hiring of Kinney & Sons Excavating to spot-fix several sanitary sewer lines under McCoy and Henry Streets. The cost of repairs is \$44,660.00.

The Sanitation Committee recommended approval. Motion approved, 5-0.

It was moved by Councilmember Crull and seconded by Councilmember Griffith that the Council approve Change Order #2 on the N.E. Lagoon Forcemain Project. This decrease of \$27,103.83 is due to the as-built quantities compared to the budgeted quantities. Motion approved, 5-0.

Councilmember McWilliams moved and Councilmember Batty seconded that the Council approve a new cigarette permit for Steam Demons located at 217 W. Washington Street. Motion approved, 5-0.

It was approved by Councilmember McWilliams and seconded by Councilmember Griffith

that the Council approve the mayoral appointment of Dan McCabe to serve another 6-year term on the Municipal Utilities Board of Directors. Motion approved, 5-0.

Ted Mohrfeld addressed the City Council during a Public Forum on concerns regarding potholes on W. Race Street. The matter will be sent to the Streets Committee for review.

It was moved by Councilmember Crull and seconded by Councilmember Batty that the Council adjourn. Motion carried. Meeting adjourned at 5:43 p.m. to meet in a regular session on Wednesday, October 11, 2023.

Steven K Brimhall,  
Mayor  
ATTEST:  
Lori Davis, City Clerk



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## From the Front

# Eagles move ball around on Holy Trinity defense

**STATE** - Continued from Page 1

ing a match-high 16 by Macey Nehring.

“They had a great block, a great defense, and they didn’t let the ball die,” Bendlage said. “And that’s frustrating as a hitter.”

The Eagles also had 43 assists, 35 coming from Katie Quick, who also contributed seven kills.

“They ran that offense really well,” Holy Trinity coach Melissa Freesmeier said. “They moved that ball around. That Quick girl is really good. That’s what beat us tonight — they moved the ball around so well.”

“They can hit crazy shots, and they’re a good offensive team,” said libero Teagan Snaadt, who had 18 digs and joined Bendlage on the all-tournament team. “They’re strong hitters, they’re tall hitters. It makes it hard for our blocks to get over to every hitter when they’re so well-rounded on offense.”

Ankeny Christian set early tones in each of the three sets. The Eagles were up 7-4 in the first set, 8-4 in the second set, and 13-9 in the third. The Crusaders, who had opponents chasing them throughout the postseason, had the roles reversed.

Freesmeier used her full allotment of timeouts in each set, trying to come up with any sort of formula that could solve whatever Ankeny Christian was doing.

“We couldn’t (get the Eagles out of their offense),” Freesmeier said. “And that was tough. We tried, we kept hitting, but they made some fantastic digs.

“At the end of the day, they were just better than us tonight.”

Ankeny Christian also had devastating

runs at the end of the second and third sets. With the score tied at 15 in the second set, the Eagles scored eight of the next nine points. And in the third set, up 14-11, they scored eight consecutive points.

“It hurts,” Snaadt said. “But we worked hard all year, and we can’t dwell on what we didn’t do great today, but what we did (all season).”

It was an emotional end for the run of the Crusaders’ seniors — Bendlage, Natalie Randolph, Taegan Denning, Jenna Hellman and Raegan Holvoet.

“Everyone left it all on the floor,” Bendlage said, wiping away tears. “I couldn’t be more proud of every single one of the players out there.

“I wouldn’t trade them for anyone.”

“Our kids never quit, especially our seniors,” Freesmeier said. “It’s sad for them. They left it all on the court.

“Oh, they’re going to be missed. MK, Natalie, Taegan, Raegan, Jenna — they put a lot of work in and they’re leaders on and off the court. They’re who you want to be.”

#### HOLY TRINITY STATISTICS

Kills — Mary Kate Bendlage 11, Natalie Randolph 6, Presley Myers 6, Adalyn Kruse 4, Taegan Denning 2.

Assists — Anna Bendlage 12, Randolph 10, Teagan Snaadt 5, Kruse 1, Denning 1.

Digs — Snaadt 18, Randolph 17, MK Bendlage 11, A.Bendlage 9, Denning 7, Myers 4.

Blocks — A.Bendlage 2, Kruse 1 ½, Myers 1 ½, Randolph 1.



Above, senior Mary Kate Bendlage is selected to the Class 1A All-Tournament Team. At left, junior Teagan Snaadt also receives an award for making the team. The Crusaders lost 3-0. Below, Head Coach Melissa Freesmeier talks with the Crusaders after Thursday’s loss to Ankeny-Christian.

Photos by Chuck Vandenberg/PCC

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