

PEN CITY CURRENT

It's **Black & White** and **Read** all over

Tuesday, July 18, 2023 | 8 pages | Volume 7 • Issue 123



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Beyond the Bell

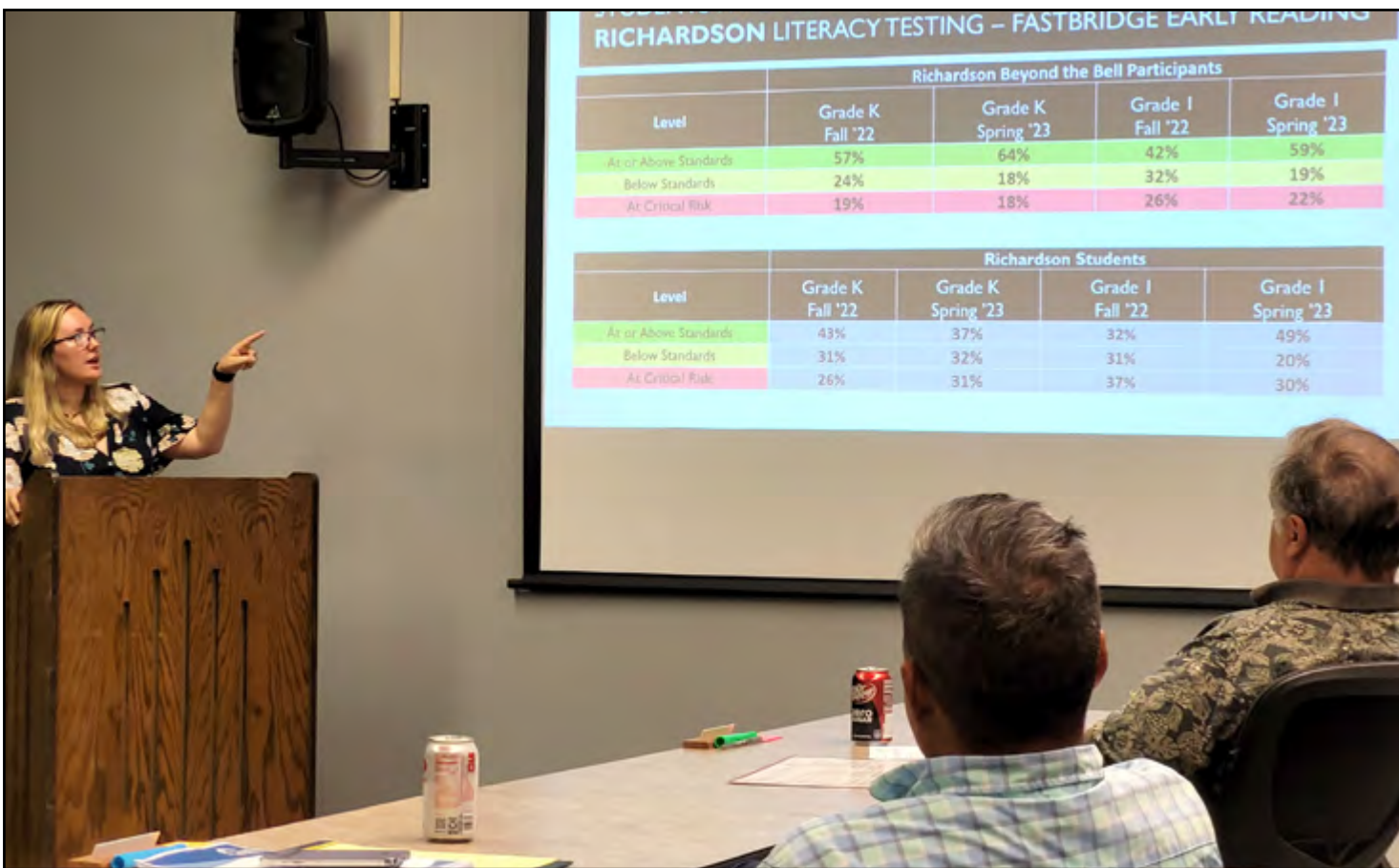


Photo by Chuck Vandenberg/PCC

Fort Madison School District's Keely Kangas goes over some data that shows the impact of the Beyond the Bell before and after-school programs on literacy and math standards in grades K-6. The district got a \$1 million grant to help expand the programs for the next five years.

GRANT: Lowey grant from US Dept. of Education will help prop up program

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON – A before and after school program called Beyond the Bell is beginning to show positive results according to a presentation Monday night during the Fort Madison School Board regular meeting.

Beyond the Bell Director Keely Kangas gave the school board an update on data from the 2022-23 school year that showed literacy and math scores are improving for students in the program, compared to students who

don't participate in the program.

Kangas said she will be able to build on the program with a \$1 million grant over the next five years from the Department of Education.

The program is the Nita M. Lowey 21st Century Community Learning Center grant program and awards close to \$250,000 per year for the first three years and about 75% of that funding level the next two years after a review of the program.

See PROGRAM, page 8

IOWA NEWS

Downtown Burlington gets Iowa cultural district designation

BURLINGTON – The Iowa Department of Cultural Affairs has officially designated Downtown Burlington as an Iowa Cultural & Entertainment District. This prestigious recognition highlights our downtown district as a vibrant hub of cultural activity and artistic expression. There are only 18 Cultural & Entertainment Districts in the State of Iowa, which Burlington is now included.

This designation application process was made possible through a collaborative effort between the Art Center of Burlington, the Capitol Theater, and Downtown Partners, Inc.

The Iowa Cultural & Entertainment Districts program aims to identify and celebrate well-defined, pedestrian-friendly areas within cities, counties that have a rich con-

centration of cultural amenities, exceptional vibrancy, a robust arts and cultural scene and an established entertainment portfolio. By receiving this designation, Downtown Burlington becomes eligible for a range of benefits, including marketing opportunities, promotional programs, and technical assistance from the Department of Cultural Affairs and its staff.

See COUNTY, page 3

COUNTY NEWS

Supervisors consider option for LCHD/EMS construction

BY CHUCK VANDENBERG
PCC EDITOR

LEE COUNTY – An option to purchase a building in Keokuk to house the Lee County Health Department was waived at by the Lee County Supervisors Monday morning in Fort Madison.

The option came up as part of a discussion about the health department after several supervisors questioned the county's ability to fund the proposed \$6 million new construction.

The county has been moving forward with plans to build a new health department on property donated to the county by the Glen Meller SEYB family. A stipulation in



the donation agreement requires that the land be used for the public good and the Meller family name be used in conjunction with any construction on the property.

Lee County Supervisors have roughly \$2.4 million set aside for the new construction, that would also include space and bays for EMS ambulances. The county also has a \$2.2 million appropriation in front of Congress that was carried to Washington D.C. by U.S. Rep. Mariannette Miller-Meeks (R-IA 1). A \$600,000 Community Development Block Grant has been applied for through the Iowa Economic Development Authority, and a North Lee County Community Foundation fund has been set up that Supervisor Chuck Holmes said should be worth between \$500,000 and \$1 million.

If all those funding streams were to

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WEATHER

TUE 18 Jul.....Partly sunny & warm, slight chance of showers, 78° F/ 63° F
 WED 19 Jul.....Mostly sunny & warm, 83° F/ 66° F
 THU 20 Jul.....Sunny & warm, 85° F/ 61° F

OpenWeatherMap

IOWA LOTTERY

LUCKY FOR LIFE 07/16.....3 9 44 46 48, Lucky Ball: 9
 PICK 3 MIDDAY 07/16.....2 6 4
 PICK 3 EVENING 07/16.....1 3 0
 PICK 4 MIDDAY 07/16.....5 2 9 7
 PICK 4 EVENING 07/16.....4 4 3 6

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OBITUARIES

CHARLES W. DICKINSON

Word has been received of the death of Charles W. (Chuck) Dickinson, formerly of Ft Madison, IA. Chuck was born September 1958 in Keokuk, IA to Beverly and Patricia Dickinson. He graduated from Fort Madison High School in 1977, and attended Central College in Pella IA, where he was active in the bands, and served as Drum Major. Chuck was also a member of the Men of Note Barbershop Chorus of Plano, Texas and sang in church choirs as a member of the Christian Church in Fort Madison and in Carrollton, TX.



DICKINSON

Chuck is survived by his father, B.W. Dickinson of Johns Creek, GA; brother, Craig and wife Debra; sister, Cathy Puechner and husband Richard. Also surviving are several nieces and nephews, along with aunts, uncles, and cousins.

He was preceded in death by his mother, Patricia Dickinson in 2017, and his grandparents, William and Thora O'Brien and Marion and Beverly W Dickinson, Sr.

Private services for Chuck will be held later. Memorials may be made to the donor's preference, or Keokuk Union Depot Foundation in Keokuk, IA.

Pen City Current obituary policy

Pen City Current runs obituaries one time at no charge to funeral homes and they run the day they are submitted in most cases. They are also run as submitted by the funeral homes. Reposting of obituaries due to changes can only be requested by the submitting funeral home and will be assessed a \$15 reposting fee.

Great River Health honors nurses with DAISY awards

WEST BURLINGTON – Great River Health awarded their next round of DAISY Awards for Extraordinary Nurses®. The award is part of the DAISY Foundation's mission to recognize the extraordinary, compassionate nursing care they provide patients and families every day.

The Great River Health DAISY Award recipients are:

- Jennifer Westerbeck is a registered nurse at the Klein Center Long Term Care facility in West Burlington. She was nominated by the family of a resident, "I hesitate writing this letter, as there are no words that will do her justice. This has been the most difficult time of our family's life; however, I can honestly say, Jenny has made this time bearable. Her dedication, devotion, care, and meticulous nursing skills, to name a few, have made each day a bit better. And lastly but certainly not least, her commitment to her patients and their families. Jenny certainly goes above and beyond her normal work obligations, she curls patients' hair, polishes their nails, interacts with them as if they matter. She loves her career, which is evident on a daily basis. We feel extremely fortunate to have her caring for our loved one."

- Amy McClure is a Case Manager with Southeast Iowa Regional Home Health & Hospice. Amy was the on-call nurse for our agency when one of our hospice patients was having uncontrolled nausea and vomiting. She made a visit to the assisted living facility where the patient resided, the patient felt that she had swallowed something and it didn't go all the way down, which has happened before. Multiple attempts were made to relieve the nausea with no results. Amy called the leader on call and advocated for her patient to go to the ER to assess the situation. Amy then accompanied the patient to the ER and stayed with her the entire time making sure her needs were

met and that her wishes of not receiving any treatment that was not necessary. When it was decided that the patient's condition was quickly declining, Amy made arrangements to have the patient transferred to the hospice house where she could have around the clock nursing care, have her symptoms controlled and die with dignity. Amy went above and beyond to meet this patient's needs. She is a very kind and compassionate nurse that would say she was just taking care of her patient, but I think it went way beyond that.

The award recipient is chosen by a committee at Great River Health to receive The DAISY Award. Jennifer and Amy were honored at a special Daisy Award ceremony in their department attended by the Honoree's colleagues, patients, and visitors. Each Honoree received a certificate commending her as an "Extraordinary Nurse." The certificate reads: "In deep appreciation of all you do, who you are, and the incredibly meaningful difference you make in the lives of so many people." Honorees also received a DAISY Award pin and a beautiful and meaningful sculpture called A Healer's Touch, hand-carved by artists of the Shona Tribe in Zimbabwe. The Great River Health Daisy Award recipients will be featured on the Daisy Foundation website along with recipients from around the world. Videos of the full ceremonies can be viewed on the Great River Health Facebook page.

Nurses may be nominated by patients, families, and colleagues on an ongoing basis. The next recipients will be awarded in August.

Great River Health employs over 815 nurses, providing patient care at their Southeast Iowa Regional Medical Center - Fort Madison and West Burlington - campuses; along with Henry County Health Center in Mount Pleasant.

More information is available at <http://DAISYfoundation.org>.

Go Team! Go!



Being part of a sports team is a great way for your child to build social, physical, mental, and emotional skills.

There are many ways you can help them get the most out of participating in sports.

- Before the game: make sure they receive a pre-participation physical exam before the season begins. This is best done by a licensed healthcare provider who will review answers to questions about current health status and past medical history, while also doing a physical examination.
- During the game: once cleared for play, it is important to use positive reinforcement while on the sidelines, showing respect for the other players, officials and your child - modeling behavior you want your child to imitate.
- After the game: listen to your child and address any mental, emotional, or physical concerns.

The healthcare professionals at Southeast Iowa Regional Medical Center are here to help. From Urgent Care - to primary care - to specialized sports medicine care in our orthopedic clinic, they want to get and keep your child safely in the game.



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Charles Vandenberg, Editor

(319).371.1670
charles.v@pencitycurrent.com

Lee K. Vandenberg, Sales Manager

(319).371.4125
lee.v@pencitycurrent.com

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It's Black & White and Read all over

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From the Front

Supervisor says bonding isn't on the table yet

COUNTY - Continued from Page 1

become a reality, the county would have at least \$5.7 million in grant and ARPA funds for the new construction, leaving them about \$300,000 short.

Supervisor Garry Seyb said the county has also found new investment mechanisms that are generating substantially more interest, close to \$100,000/month, that should add to the county's general fund at the time construction invoices come in.

"We did not anticipate over this next year having an interest payment from the bank going into our general fund of a little more than \$100,000 every month. If you figure that at a flat \$100,000, that's \$1.2 million that is additional revenue that's out there."

Seyb also said there will be additional funds from the speed cameras that are anticipated on the low-end at \$1 million to \$1.5 million.

"That's funding that is potentially available - that's \$2.7 million sitting there. I wanted this as a public forum, to know that this is where we are at with the money. I'm an optimistic guy. I'm not risk adverse, but I take calculated risk and these are the calculations that I am using," Seyb said.

"I know that some on the board don't want to take any risk, zero risk, and I can appreciate that."

Supervisor Tom Schulz said the county's request for \$2.16 million through Miller-Meek's appropriations was ranked No. 5 on her list. Seyb said the Congresswoman has had at least her top 10 projects

funded the past two years.

The county is also paying \$90,000 annually to the Department of Corrections in lease payments for the current Lee County Health Department offices at the John Bennett Center at the former Iowa State Penitentiary.

County grant writer Chuck Vandenberg said the CDBG grant was submitted in April and the review period is typically 30 days. At this point, it is unknown what funding is left in the CDBG's Community Facility fund, but the next fund commitment will come in August, so funds should be available then.

But Seyb said he wasn't against discussing a backup plan which the board said would be to purchase a building in Keokuk, but he stressed that bonding was not on his list of funding sources because the other sources would be exhausted prior to any potential bonding.

"I don't want the public to think we got this levy passed and we got this other stuff done and now you're going to throw this bond on top of us to do a project. That is not at all what I'm thinking," he said.

"We've made some pretty strong commitments in Fort Madison with the Meller property, but I also think it's prudent to have a backup."

Holmes said the windows and roof leak at the John Bennett Center, a snake was recently found in the building and the county is paying \$7,500 per month.

"The building we're looking at has an occupant

and a tenant, and the (current) income would supercede the rate on a CD or other county investment," Holmes said.

"We could save dollars by owning a building and not renting space at John Bennett as well as have a better working atmosphere, the roof and windows wouldn't leak, and hopefully we wouldn't find snakes in the building."

Holmes said the county would have a building to use if the Bennett Center got worse despite the tenants not moving out until summer of 2024.

Supervisor Matt Pflug, who was absent from the meeting Monday, and several county officials have toured the building in Keokuk. A closed session was scheduled for the meeting Monday, but was cancelled due to the discussion around the options.

The property is not listed with a broker and the current owner is interested in selling without a broker.

"The ownership is interested in selling it without a broker fee and they encouraged Matt to have the board make an offer," Holmes said.

Seyb said the county would need to have a discussion with Carl A. Nelson, the construction manager for the Health Department. The county has already spent \$163,000 with Carl A. Nelson for the design of the building.

"We're going to need to hit the pause button until December. In another five months down the road, we should be very clear on what funding we have," Seyb said.

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Opinion

MP family part of RAGBRAI's 50th anniversary

Tim Haeffner doesn't remember hitting the ground. He came to being loaded onto a gurney, with EMT's asking, "What's the other guy's name?" "Lance," Tim mumbled. "His name is Lance."

In his mid thirties, Tim Haeffner, along with a helper named Lance, who was unresponsive, were attaching their team flag pole to a stop sign so that RAGBRAI riders with their team would know where their camp was. The aluminum flag pole came in contact with an overhead power line. Ker-ble-wee! It was lights out for Tim and Lance.

In the Bloomfield hospital they were told they were lucky to be alive. With entrance burns on his hands, and exit holes on his feet, Tim believed them. Fortunately, Tim and Lance survived. The year was 2003.

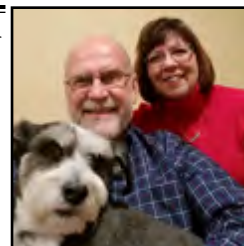
Because of their near-death encounter, RAGBRAI literature now has a warning about erecting team flag poles. "Always look up!"

Tim, a sixth grade math teacher and coach from Danville, had wanted to ride RAGBRAI, but had been talked into helping a charter service that shuttled riders and baggage from one town to the next. He ended up buying the company. Now his family, that includes wife, Lynne, and three adult children, Danielle, Kaleb and Style, are heavily involved in a charter company called Out of Staters' Bicycle Club (OOS). The Haeffners recently moved from Danville to Mt. Pleasant and OOS has expanded its services and grown in size. They now own two separate charters and employ in the area of 30 workers during the ride.

Danielle is 26, a teacher, married to Drew, a graphic designer and a technology team member for the Mt. Pleasant School District. Danielle is the operations manager for OOS and handles drink sales. She gets up at 4:30 every morning while on RAGBRAI to drive to the next town. She then drives the route backwards, putting up signs (mindful of overhead power lines) to direct team riders to the OOS campsite. Drew designed the team's tee-shirts and logo. RAGBRAI is Danielle's favorite week of the year. And this, the 50th Anniversary of RAGBRAI (Register's Annual Great Bike Ride Across Iowa), she's thinking will be the best yet.

EMPTY NEST

By Curt Swarm



Kaleb is 24 and in charge of his dad's new charter company, Anywhere Cycling Experience (ACE), which has 450-500 riders. Kaleb has also stepped out in a big way and converted two 53' semi trailers into traveling shower trucks for the riders. The 16 shower stall trailers

will debut for RABRAI'S 50th Anniversary. He calls his company, "Washed by the Well."

Style is 20, a junior in college and will be getting married in September. Starting as a little tyke, carrying riders' baggage, he advanced to helping the riders set up and tear down tents. Style now has a crew of 10 working for him, and rents out, sets up and tears down 125 tents at each stop-over town. RAGBRAI has been the highlight of his life (next to getting engaged). "It's all about building relationships," he says. "I've known some of these people, from all over the world, for years."

Lane Weirather of Montrose is the Haeffners' right hand man. In his late sixties, he is a retired school teacher and coach from Central Lee, and is Lynne and Tim Haeffner's brother-in-law. He keeps things running smoothly and takes care of any little and big problems when they arise. If a "sagger" needs a ride, Lane arranges which crew member they will ride with. If someone has lost a bag, he helps them find it. Operating on sometimes less than four hours of sleep a night, Lane makes sure the riders' "vacation" is a memorable one.

Jakin Bunnell, from Mt. Pleasant is 17. This is his third year helping out the Haeffners with RAGBRAI and he loves it. Jakin is on a crew that helps support riders with their tents and luggage. It's a constant rhythm of packing and unpacking, setting up and tearing down. His day starts at 5:00 am when they set up breakfast and begin loading bags. He helps serve breakfast and tear down tents, then it's on to the next town, where he helps set up again. His day ends at 10:00-11:00 pm. He wouldn't have it any other way. Working RAGBRAI is the highlight of his summer.

Lynne Haeffner, Home School Coordinator for Mt. Pleasant Community School District, is Tim's wife. Make no mistakes, Tim may be the boss of OOS, but Lynne is central dispatch. She gets things done.

What's the future for the Out of Staters' Bicycle Club? Is RAGBRAI their one shot of the year or is there more? Well, they were all ready to do a Katy Trail ride in Missouri, but COVID put the kibosh on that. They may resurrect the Katy Trail fall ride. There's an Eastern Alleghenies Pass ride called the Gap Trail that they have some interest in. And people have talked to them about organizing a bike Tour of Colorado. There's plenty to do or not. A lot of it depends on how they feel after RAGBRAI. Then there's the brain teaser of a cross-country ride. If they went from west to east, they could possibly hook up with RAGBRAI for the ride across Iowa. The only limits are their imagination (and coordination/organization/stress management skills.)

So, with a 440 volt power jolt that now recharges electronic devices and powers CPAP machines, OOS, ACE, and the whole RAGBRAI entourage has ridden a successful path, sometimes stony, sometimes smooth: from the original ride in 1973 with Donald Kaul, John Karras and the legendary, pith helmeted, ladies Schwinn bike riding, long underwear wearing, Clarence Pickard, to mobile showers and workers who pack your camp for you. Who would have thunked it? The Haeffners of Mt. Pleasant are all part of it and they love it. Reach them at their website: www.oosbicycleclub.com.

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Classifieds/Public Notices

SHOP Classifieds

PUBLIC NOTICES

PUBLIC NOTICE Regular Meeting Minutes

**Donnellson City Council
Monday June 12th, 2023
7:30PM
City Hall**

The regular meeting of the Donnellson City Council was called to order by Mayor Dave Ellingboe, with Council Members Moeller, Marshall, Newton & Weber present. Estrada was absent.

Motion by Newton, second by Moeller to approve

the agenda: all ayes. Citizen comments – Erin Wagner addressed the council regarding sewer backup in her basement.

Motion by Marshall, second by Weber to approve the minutes of the May '23 meetings: all ayes.

Motion by Newton, second by Moeller to approve the May '23 financial reports: all ayes.

Motion by Marshall, second by Moeller to approve the May '23

disbursements and June '23 bills to be allowed: all ayes.

Motion by Weber, second by Newton to approve Cigarette and Tobacco Permit for Dollar General, all ayes.

Motion by Weber, second by Marshall to approve Cigarette and Tobacco Permit for Green Acres, all ayes.

Motion by Weber, second by Newton to approve Special Class C Retail Alcohol License for Lee County Fair, all ayes.

Motion by Newton, second by Moeller to approve Building Permit for John Crossen at 316 Dewey Ave to construct garage and lean to, all ayes.

Discussion with prospect owners to construct car wash and the possibility of creating a TIF District for improvements.

Motion by Marshall, second by Moeller to approve Resolution No 2023-11 A Resolution setting salaries and wages for city employees for FY2023-24, RCV all ayes.

Motion by Newton, second by Moeller to approve Resolution No 2023-12 A Resolution revising Resolution No 2023-10 by removing the yield sign at Maple St and North Oak St and adding the stop sign at Orchard St and North Oak St, RCV all ayes.

Motion by Moeller, second by Weber to approve Windstream permit for new conduit and buried fiber being installed throughout town, all ayes.

Opened bids to remove ten trees in the city right of way, two bids were received. Browns Tree Service in the amount of \$10,150 and Cody's Tree Service in the amount of \$7,675. Motion by Newton, second by Moeller to award bid to Cody's Tree Service, all ayes.

Mayor Ellingboe appointed Dave Newton and Jeremy Marshall to nuisance committee.

Motion by Marshall, second by Moeller to set bulk water rates for Lee County Speedway, Lee County Fair (grandstands) and Green Acres to \$4.50 per thousand gallons, all ayes.

End of Fiscal Year meeting was set for June 28th 2023 @ 5pm.

Police Report – There were 46 calls for service, 6 traffic stops & 0 citation. 22 building checks were done during the day & night time hours.

There being no other business to come before the Council, motion by Newton, second by Marshall, Mayor Ellingboe declared the meeting adjourned: all ayes.

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DESIRED MINIMUM QUALIFICATIONS
Education and Experience:
1. Graduation from high school diploma or GED equivalent
2. Valid Iowa driver's license
3. Obtain a Grade II Water Treatment License in the State of Iowa
4. Ability to perform basic laboratory analyses

Apply at City Hall, 811 Avenue E, Fort Madison, IA or email applications to jcullen@fortmadison-ia.com by Friday, July 21, 2023.

Applications can be found on the city website at www.fortmadison-ia.com



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GENERAL PURPOSE
Performs routine laboratory work analyzing wastewater and sludge samples. Maintains the quality control program, inventory of chemicals, and monitors industrial waste for billing purposes.

DESIRED MINIMUM QUALIFICATIONS
Education and Experience:
1. Graduation from high school diploma or GED equivalent
2. Valid Iowa driver's license
3. Obtain a Grade II Wastewater Certification in the State of Iowa.
4. Certified Laboratory Assistant preferred
5. Ability to perform complex laboratory analyses

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Classifieds/Public Notices

PEN CITY CURRENT CLASSIFIEDS

PUBLIC NOTICES

Dave Ellingboe, Mayor Attest: Rebecca Schau, City Clerk	Water \$45,493.77 Sinking \$1,816.00 Sewer \$153,899.49 Sewer Sinking \$143,229.55	CO, post/paint..... 161.74 DAILY DEMOCRAT, PROCEEDINGS... 135.59 PILOT GROVE SAVINGS BANK, GO Loan 30,987.49 PANTHER UNIFORMS INC, Uniforms..... 571.90 MT. HAMILL ELEVATOR, Weed Spray..... 518.40 HUFFMAN'S FARM AND HOME, Misc Supplies 209.13 CESSFORD CON- STRUCTION CO, MOD Rock/Cold Patch 2,987.93 AUDITOR OF STATE, Filing Fees 2021/2022 350.00 SHIELD TECHNOLOGY CORP, Shieldware RSM Software 500.00 IOWA FINANCE AU- THORITY, Sewer Loan 143,229.55 CULLEN PEST CON- TROL, Semi-Annual Pest	Control..... 180.00 SECRETARY OF STATE, Renew Notary - Rebecca 30.00 T.H.E. COMPANY, Filter/ Oil/Blades 108.65 CITY OF WEST POINT, Chief Wages/Fuel 6,411.31 KEMPKERS TRUE VAL- UE, Misc Supplies .. 81.74 WEX BANK, Fuel 1,423.42 VERIZON, Air Card 40.01 JM ELECTRIC, INC, Re- place Timer - Depot 296.94 LORI WELCH, Sidewalk Reimbursement 250.00 USPS, water bill postage 182.40 MICROBAC LABORATO- RIES, Coliform..... 15.00 IOWA ONE CALL, One Calls..... 24.30 IOWA DEPARTMENT OF REVENE, Sewer Tax 250.11 IOWA DEPARTMENT OF REVENE, Water Service Excise Tax 1,145.44 RATHBUN REGIONAL WATER, Bulk Water 6,378.40 USDA RURAL DEVEL- OPMENT, Rathbun Loan 3,632.00 KARL CHEVROLET, 2023 Chevy Tahoe 40,757.00 KARL CHEVROLET, Upfit of 23 Chevy 20,661.99 KOHLMORGAN HAUL- ING, Garbage April/June 8,670.00 IOWA STATE UNIVERSI- TY, Science & Technology 339.95 INGRAM, Books 80.53 RSM US LLP, IT Services 838.13 ACCESS, Color Copies 61.15 VERTICAL COMMUNI- CATIONS, Phone Service 55.01 ION ENVIRONMENTAL SOLUT, Sewer testing 409.00 GOOD HOUSEKEEPING, 2 year subscription 51.34 SUPREME RADIO COMM, Dust cover 55.84 EXCEL IT SERVICES, Cloud Services 85.58 CABLE AND CONNec- TIVITY, Battery Cartridge 72.49 JSPARKS, Acrylic Painting Class..... 200.00 HOBBY FARMS, Maga- zines 33.95 READERS DIGEST, Sub- scription 21.40 SHARRON MEIEROTTO, Reimbursement..... 22.00 PAYROLL CHECKS, TO- TAL PAYROLL CHECKS 20,509.11 CLAIMS TOTAL 310,749.93
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For the Record/From the Front

For the Record

Fort Madison Police Report

07/14/23 - 9:32 a.m. - Fort Madison police arrested Timothy Edward Vincent, 48, of Fort Madison, at the North Lee County Courthouse, on a warrant for failure to appear - theft. He was taken to Lee County Jail.

07/14/23 - 11:54 a.m. - Fort Madison police arrested Randy Allen Davis, 60, of Fort Madison, in the 2700 block of Avenue J, on a warrant for failure to appear - possession of drug paraphernalia and a charge of possession of drug paraphernalia. He was taken to Lee County Jail.

07/14/23 - 7:18 p.m. - Fort Madison police responded to a report of larceny/theft in the 1200 block of 19th Street.

07/14/23 - 7:31 p.m. - Fort Madison police responded to a report of larceny/theft in the 5200 block of River Valley Road.

07/15/23 - 8:23 a.m. - Fort Madison police responded to a report of vandalism in the 5800 block of Avenue O.

07/15/23 - 10:38 a.m. - Fort Madison police responded to a report of larceny/theft in the 900

block of 4th Street.
07/15/23 - 8:45 p.m. - Fort Madison police cited Kayte Jayne Kintz, 45, of Fort Madison, at 12th Street and Avenue E, on a charge of driving while barred.

07/15/23 - 10:38 p.m. - Fort Madison police responded to a report of a personal injury accident at 18th Street and Avenue E.

07/16/23 - 12:30 p.m. - Fort Madison police responded to a report of larceny/theft in the 900 block of Avenue E.

07/17/23 - 1:33 a.m. - Fort Madison police responded to a report of larceny/theft in the 4500 block of Avenue O.

07/17/23 - 1:44 a.m. - Fort Madison police arrested Gregory Paul Stanbridge, 56, of Fort Madison, at 34th Street and Avenue L, on a charge of OWI - 2nd offense. He was taken to Lee County Jail.

Lee County Sheriff Report

07/14/23 - 3:19 p.m. - Lee County sheriff deputies arrested Christian Jay Jones, 51, of Keokuk, at the sheriff's office, on warrants for drug trafficking -

5GM-100KG methamphetamine, windshield/window requirements. He was taken to Lee County Jail and later released on bond.

07/14/23 - 5:20 p.m. - Lee County sheriff deputies arrested Thomas Christopher Dodge, 56, of Keokuk, at the sheriff's office, on a warrant for pretrial release violation. He was taken to Lee County Jail.

07/14/23 - 6:24 p.m. - Lee County sheriff deputies arrested John W. Crenshaw, 58, of Burlington, in the 2500 block of Hwy. 61, Fort Madison, on charges of speeding, no valid driver's license, and open container - driver 21+ YOA. He was taken to Lee County Jail and later transferred to another company.

07/15/23 - 12:00 a.m. - Lee County sheriff deputies arrested Nicholas Wayne Burgess, 39, of Keokuk, at the sheriff's office, on a warrant for violation of parole. He was taken to Lee County Jail.

07/15/23 - 3:05 p.m. - Lee County sheriff deputies arrested Kendall Lamar Irvin, 54, of Keokuk, in the 1300 block of Timea Street, Keokuk, on warrants for driving under suspension and

07/16/23 - 1:24 a.m. - Lee County sheriff deputies arrested Jessica Jolean Northrup, 36, of Fort Madison, at Bluff Road and Clearview Heights, Fort Madison, on charges of 1st offense - OWI, provide proof financial liability, and driving on the wrong side of 2-way highway. She was taken to Lee County Jail and later released on a promise to appear.

07/16/23 - 12:44 p.m. - Lee County sheriff deputies arrested a 17-year-old male juvenile, of Ottumwa, at the sheriff's office, on unreported charges. He was referred to juvenile court.

07/16/23 - 10:35 p.m. - Lee County sheriff deputies arrested a 15-year-old male juvenile, of Ottumwa, at the sheriff's office, on unreported charges. He was referred to juvenile court.

Those listed above are charged with a suspicion of a crime and are presumed innocent until proven guilty in a court of law.

Data shows program aides student testing

PROGRAM - Continued from Page 1

The grant program will allow two Beyond the Bell sites at Richardson and Lincoln until the schools are combined in the fall of 2024 at the new facility on the current Fort Madison Middle School campus.

Kangas said goals are to increase attendance standards for the programs and to increase the number of students served to 80 students at Lincoln and 100 students at Richardson.

Board member Dianne Hope said she was concerned about the middle school still having a program. Kangas said numbers weren't sufficient there to be able to use the Lowey funds for programming. However, she said there are still sufficient ESSER funds, which are Congressional funds appropriated during the COVID pandemic in March of 2020, to continue a program at the middle school outside of the Lowey funds.

"We will focus on life skill enrichment and very much on academic support and tutoring. So it will not be exactly the same as the last two years," Kangas said.

She said the 21st century grant only allows the district to count the students in either the before or after-school program, but she will not keep a student from being able to participate in both if it benefits the families.

Kangas showed slides of the improved scores in literacy at both Richardson and Lincoln elementary schools and in math at both schools. However the results weren't as compelling at the Fort Madison Middle School and the numbers weren't as high.

A slide showing results of literacy testing at the middle school in grades 4-6 showed proficiency in literacy for students in the Beyond the Bell program at 54% in the fall and 46% in the spring in the category of being at or above standards. Those same percentages for students not in the program in grades 4-6 was 54% in the fall of 2022 and 50% for testing in the spring of 2023.

However, elementary performances seemed to be significantly improved. For example, Richardson kindergartners who participated in Beyond the Bell were 14% higher in being at or above fall 2022 literacy standards compared to students not in the program. Those same figures for first graders were 42% at or above standard compared to 32%.

Even more telling could be the students labeled "At Critical Risk". Only 13% of students in the Beyond the Bell program in the fall were categorized as "At Critical Risk", while 26% of students not in the program received that designation.

Testing was done in the fall and again in the spring for grades K-6.

In an unrelated agenda item, the board approved 5-1 to approve a 3.5% increase for Superintendent Dr. Erin Slater for 2023-24 school year. The move adds a year to the rolling contract, making it a three-year contract.

BACK PAIN?

Do You Have Hip Pain? Are You As Stiff As a Board When You Try to Get Up From a Chair? Have You Run Out of Hope?

How 5 Lies About Low BACK PAIN May Keep You Hurting, Frustrated & Exhausted...Forever!

NEW Scientific Breakthroughs Often Make Short Work of Low Back Pain...Just What Big Medical Centers and High Priced Clinics Are PRAYING You Never Figure Out On Your Own!

Hi, I'm Dr. Jason James, and if you've got any kind of back, hip or leg pain, your worries may be over in just a few minutes. Why? Because I'm the owner of James Healthcare & Assoc. clinic, and I've discovered what may be the best healing secrets for "bad backs" - EVER!



Dr. Jason James, D.C.

I'd be stupid to make such a claim if I couldn't back it up. But I am so confident we can help your back, I insist on giving you a 100% SATISFACTION PLEDGE at James Healthcare. I hate empty promises, and I also hate the lies most folks have been told about their backs. That's why it's important I expose these MYTHS about back pain.

MYTH #1: Sciatica (pain down your leg) is always caused by a herniated disc!

No way...even though most doctors will sell you a \$3,000 MRI at the first sign of leg pain. But they don't tell you about a 5-inch muscle in the hip that can squeeze the sciatic nerve. And it feels EXACTLY like you've got the worst slipped disc on earth. It's a major discovery and...



The good news is that it can be easy and inexpensive to correct! How? Just keep reading! But first, here's a picture to show you where the pain comes from:

MYTH #2: Stiffness from Arthritis means you're getting old...and it must be the reason for all your pain and stiffness!

Not true, because thousands of folks with arthritis in their backs have absolutely NO PAIN! Then why do YOU feel like your back will snap if you bend forward or twist too fast? Because the truth is:

Your stiffness may be caused by a hidden, even more dangerous problem than arthritis, and it can lead to a hip replacement!

You see, most folks believe that something mysterious (like maybe an "arthritis fairy?") waved a wand over them, and they're cursed... doomed to suffer forever.

But did you know that many arthritis problems are CAUSED by a combination of unseen imbalances in the spine and surrounding muscles? It's the most common cause of hip replacements but not that hard to correct if we catch it in time. It's like the tires on your car...

If the alignment is off just a teeny-weeny bit, at first you don't notice, but over a few thousand miles you start to see signs of wear...that is, if you're lucky enough to catch it before a flat on the freeway ruins your day. In your spine, you're lucky if you catch untreated imbalances before they ruin your spine! How to fix them? Just look at Myth #3.

MYTH #3: Your Back is "Out"!

Sure, that's exactly how it feels. But guess what, we found that's usually not the case. It sounds good, but we now know better. You see, there are 7 different reasons for that painful, locked-up and stuck feeling that causes so much misery:

- low-grade spasm
- pelvis torque and tension
- imbalance of hips

- fallen or dropped arches
- stiff vertebra joint
- adhesions in leg muscle
- pinched nerve

It's NOT just your spine, and it's NOT just your muscles. As a matter of fact, if one of the major muscles that stabilize the spine is partly spasmed, a "2nd stringer" will have to carry the load. But this is a serious problem...

It's like having your plumber doing all the dangerous electrical work!

Sure, he may get it done, and it may work at first, but how long until there's a fire? Or your back locks up? Which leads me to our next myth:

MYTH #4: "It's Only a Muscle!"

Boy, it's scary how many people think muscle problems are no big deal. Unfortunately, tight, bound-up, and spasmed or tight muscles can wear out joints faster than you can say, "Charley Horse!"

That's why it's important to examine the spine AT THE SAME TIME as the muscles that control it. It's also why we've had such outrageous success with even the worst backs at James Healthcare. Because we deal with BOTH the spine and muscles at the same time. We have spine doctors (chiropractors), pain doctors (nurse practitioners) and muscle professionals (therapists) and together they deliver an outstanding way to help "bad backs". This ties in to Myth #5 and the diagram:



MYTH #5: "Muscle Relaxants" will help your muscles heal! Good grief, NO!

Your muscles tighten up for a reason, and muscle relaxants are like turning back the clock on a time bomb...you know it's still going to blow up! Sure, you may feel better now, but you'll pay later...and pay "in spades"! So don't fall for these lies about your low back. They'll keep you hurting, frustrated and exhausted forever!

WOULDN'T YOU RATHER:

Turn over in bed without pain waking you up?

Get up in the morning without being as stiff as a board?

Be able to stand for as long as you want without sitting down for relief?

Lean forward over the sink without that "stabbing" in your back or leg?

SCIENTIFIC BREAKTHROUGH:

A hidden muscle may be causing your SCIATICA! Does Your Back Seem "Too Old" for Your Own Body? Not everyone qualifies for treatment, so help us see if you do. If you check off even one box, drop what you're doing and call James Healthcare NOW. And bring this coupon when you come in for your 39-Point "Back-Pain Track-Down Exam". Now check off what describes you:

- Tension...always tight across the beltline
- Bent...crooked off to one side and can't stand up straight if your life depended on it
- Trigger Point...zinging pain to butt-cheek
- Stiff as a board...creek and groan when you first get out of bed in the morning
- Traitor...can't trust your back and what it's going to do...or when!
- Vice-like...constantly locked down tight!
- Shooting...vicious but short-lived
- Lumbago...hard to pin it down...just seems to hurt all the time, but it's hard to say where
- One-sided...right at that "bone" on one side
- Jack hammer...pounding off and on like a heartbeat or a toothache in your back
- Aching from 1-5 years
- Chronic pain for over 5 years

No one will try to sell you anything, and you make no commitment...you just find out what's wrong!

PS. Why You MUST Not Wait! Because of appointment availability, we can only honor this \$27 offer or bringing in a new or gently used winter coat through October 31, 2022. So don't say, "Well, maybe I'll be better tomorrow." Don't put your life on hold. Don't call in sick again. Live your life pain free! Tie your own shoes for a change.

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