



Pen City Current

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Supervisors to consider ATV/UTV ordinance

BY CHUCK VANDENBERG
PCC EDITOR

LEE COUNTY – Supervisors will cast their first vote on a proposed ATV/UTV county ordinance at Tuesday's regular Board of Supervisors' meeting.

The ordinance is being proposed to control the use of the vehicles on county secondary roads, and will add a Chapter 6 to Title 4 of the current county code specifically addressing the regulation and permitting of the

vehicles.

It also puts a definition on an ATV, a UTV, as well as defining roadways where they vehicles are allowed to be driven.

UTV, are utility terrain vehicle or utility task vehicle. ATV is an all-terrain vehicle. ATVs are typically smaller and meant for a single rider, sometimes equipped for a passenger. ATVs typically are used for sport while UTV can be built for up to four people and are built for heavier workloads.

ATVs typically have a handlebar system whereas UTV's employ a steering wheel.

According to the language of the code, the vehicles would be allowed on county secondary roads, with the exception of Level C roads. Riders would also be allowed to cross paved roads and may operate on paved roads only to the nearest gravel road if no direct crossing exists.

See **CODE**, page 2

EMPTY NEST

By Curt Swarm



Best seller discusses cancer enemies

Two books, both on the New York Times Best-seller List, were given to me free: the first was "The Purpose Driven Life" by Rick Warren; and the second, "Radical Remission—Surviving Cancer Against All Odds," by Kelly A. Turner, Ph.D. Eighty-nine year old Tommy Sinnott of Nauvoo, IL was my benefactor.

"Radical Remission" is teaching me how to live, even though, to my knowledge, I have no cancer; AND I DON'T WANT TO GET CANCER! Statistics tell me that being male, I have a fifty-fifty chance of contracting some form of cancer. If you're female, it's one-in-three. These aren't particularly good odds.

It starts with diet. Sugar seems to be the main culprit. Sugar does not cause cancer cells to form, but cancer cells feed on sugar. Eliminate sugar, including white bread and potatoes, and you starve cancer cells.

Other dietary considerations include "eliminating meat, dairy and refined foods; greatly increasing vegetable and fruit intake; eating organic foods; and drinking filtered water."

In a recent study finding that Millennials are becoming obese at younger ages, it stated that, "Excess body weight is a known carcinogen because of hormones produced by fat cells."

Take control of your health, "become the lead deci-

See **SWARM**, page 2



FMHS Principal Greg Smith talks with guests at a breakfast reception to thank businesses, legislators, and school officials for efforts to boost the school's Career and Technical Education curriculum. Smith said since funds are tight support will be the key to the program's success.

Photo by Chuck Vandenberg

Partnerships key to CTE curriculum

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON – With state education funding a bit better this year, but still pretty tight overall, partnerships with communities are a key part of growing high school CTE programs.

With February being National Career and Technical Education month, local school officials honored area technical partners with a breakfast reception on Friday morning.

Fort Madison High School Principal Greg Smith welcomed local officials including State Rep. Jeff Kurtz (D-Fort Madison), City Councilman Bob Morawitz, sever-

al FMCS D school board members, and community business partners.

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Smith thanked them for getting the program back to where it is over the past eight years, but didn't shy away from saying their support will be critical to keeping the programs moving.

"Obviously without the support of Superintendent Dr. (Erin) Slater and Dr. (Tim) Wondra from our board, we wouldn't be where we are. In this day in age, there's no money, there's just support. But without that support these programs go away," Smith said.

He also extended a thank you to

Lee County Economic Development Group for their partnerships in helping create programming that feeds into and off of the CTE efforts at the local level.

Smith, the former director of Student Services, took over as principal at the high school in 2011. He said at that time, the CTE curriculum was almost non-existent.

"When I started here eight years ago, they had almost gone away and were continuing to leak out. Luckily for us, we've got the right people on board and they are thriving again, and they are a real success for us here.

See **SMITH**, page 6

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Scene Around Town/From the Front

ATV code violations would carry fines

CODE - Continued from Page 1

The vehicles are only allowed on county roadways between the hours of 4 a.m. and 10 p.m. The vehicles must all run with lighted head and tail lights, display an orange slow moving vehicle flag, and must run single file. Three-wheel ATVs are prohibited.

Drivers must have a valid driver's license and be at least 18 years of age. Vehicles cannot exceed 35 mph and ATVs cannot carry a passenger.

The vehicles must also be registered with the Iowa Department of Natural Resources and must carry insurance with minimums of \$50K bodily injury per person, \$100K bodily injury per accident, and \$50K property damage.

The driver must also be able to produce a Lee County permit issued at the county recorder's office. Permits will be good for one year from Jan. 1 through Dec. 31.

Violations of the ordinance are simple misdemeanors with minimum fines of \$200 for a first offense of the ordinance; \$400 for a second offense; and \$625 for a third or subsequent offense. Anything beyond a second offense could also include up to 30 days in jail.

Additionally, the ordinance provides for a suspension or revocation of permits at the discretion of the Lee County Sheriff.

The ordinance would go into effect after a third reading and publication of the language.

Treatment, diet can ward off disease

SWARM - Continued from Page 1



sion maker, whether you are trying to prevent cancer or heal from it." Daily exercise, laughter, and a strong support system are all key ingredients to recovery and prevention. "The body knows what it needs to heal."

"An alkalizing diet focuses on eating alkalizing (as opposed to acidic) meals in order to reduce overall inflammation in the body. In general, all fruits and vegetables eaten either raw or lightly steamed will have an alkalizing effect..while meats, proteins, carbohydrates, sugars, dairy foods, and anything fried will have an acidic effect..." -Not a happy thought for our Midwestern, breadbasket economy driven by corn, soybeans, beef and pork. (And here Ginnie and I are raising an Angus heifer for beef.)

The refreshing aspect of "Radical Remission" (I call it R&R for short, like Rest & Relaxation) is that it is not preaching against Western Medical Treatment. You can practice R&R with or without the standard radiation/chemo one-two punch. "The main difference between chemotherapy and vitamin or herbal supplements is that most chemotherapy is designed to kill cancer cells, while most supplements are designed to strengthen the immune system so that it can then remove cancer cells." There are just too many examples of people with Stage IV cancer who have been sent home to die, and then cured themselves through diet. Was this an "anomaly," "spontaneous remission" or a carefully planned treatment program?

Dr. Turner's exhaustive research of cancer survivors around the world—people who have cured themselves of cancer through non-traditional methods, found that they are using some or all of nine certain techniques: "Radically Changing Your Diet," "Taking Control of Your Health," "Following Your Intuition," "Using Herbs and Supplements," "Releasing Suppressed Emotions," "Increasing Positive Emotions," "Embracing Social Support," "Deepening Your Spiritual Connection," and "Having Strong Reasons for Living."

As a result of reading this book, Ginnie and I may go sugar free. (We've done it before, we can do it again.) I'm also considering filtering our water, and replacing coffee with green tea. We already exercise daily, and raise aronia berries in the summer. Aronia berries contain the highest amount of antioxidants of any berry in the world.

"Radical Remission" was given to me free. I will do the same for you. My contact information is below. I will send it to you, free, no strings attached. "Radical Remission" may save your life.

Have a good story? Call or text Curt Swarm in Mt. Pleasant at 319-217-0526, email him at curtswarm@yahoo.com or visit his website www.empty-nest-words-photos-and-frames.com.



Photo by Chuck Vandenberg/PCC

Friday fire

Fort Madison firefighters responded to a report of a structure fire at 301 Avenue E at about 5:20 p.m. on Friday night. Smoke was seen coming from the building, but no flames were observed and no one was reported injured.



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“Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is time for home.”

- Edith Sitwell

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Current-Lee/Lottery Numbers

CURRENT-LEE

FORT MADISON – The following is a list of events and happenings going on in Fort Madison as submitted to the Pen City Current.

State Farm – Thomas Klann Agency announces February “Quotes for Good”

State Farm – Thomas Klann Agency is excited to help out another Non-Profit Organization in our community. In February 2019 we will be giving back to Lee County K-9 Association by donating \$5 for every new Auto Insurance Quote in the month of February 2019. So tell all your non-State Farm family/friends/coworkers to reach out to us for a quote and share this event to spread the word! If you are a current State Farm auto insurance customer, reach out to us for a Life Insurance or Disability Income conversation and we will donate \$5 for that also. Contact Jess or Sam at 319-372-5982, 2623 Ave L Fort Madison, or email: jess@fortmadisoninsurance.com or samantha@fortmadisoninsurance.com.



Blood Drives

The Mississippi Valley Regional Blood Center will be hosting a blood drive Feb. 26th in the gym at Holy Trinity Catholic High School from 8 a.m. to 11 a.m. and Fort Madison Community Hospital from 11:30 a.m. to 2:30 p.m. in the lower level conference room.

Evening with Chuck Long

Former Iowa standout and NFL quarterback Chuck Long will be at Sheaffer Memorial Golf Course on Thursday Feb. 28, 2019 for a presentation, including a social hour and dinner with doors opening at 4:30. The social hour and dinner will be from 5 p.m. to 6 p.m. and Long will speak at 6 p.m. with a question and answer to follow. For more information, contact Ryan at 319-528-6214 or by email at mcmillan@sheaffergolf.com.

RiverFest Line-Up Reveal Party

The 2019 RiverFest Line-Up Reveal party will be held on March 2 beginning at 8 p.m. RiverFest's 2019 entertainment lineup will be revealed and Ghost of Judas will be playing. Raffles, Ticket sales and giveaways are planned for the event.

United Way Spaghetti Dinner fundraiser

The United Way of the Great River Region is hosting its 9th annual Spaghetti Dinner at the Hawkeye Restaurant on March 11. Carry out or dine-in options available. Serving times are from 5 p.m. to 6:30, and 6:30 to 8 p.m. For more information contact Director Karen Thie at 319-524-4504.

St. Patrick's Day celebration

The Fort Madison Chamber of Commerce will be holding a St. Patrick's Day celebration on March 16 including a parade, games, music and fun. Parade entry forms are available by contact the Chamber at 319-372-5471.

Fort Madison YMCA's Shamrocked 2019

The 2nd annual Shamrocked will be held on March 16 starting at 8 a.m. with a free-will donation pancake breakfast, followed by a Bike & Brew after the St. Patrick's Holiday Parade. For more information, contact the YMCA at 372-2403.

Murder Mystery Dinner Theater


The Fort Madison High School Music Department will be presenting its annual Dinner Theater on March 22-23. Doors open at 6 p.m with the show beginning at 7 p.m. Tickets available at Dana Bushong's at 805 Avenue G. Pen City Current will list your event in this highly visible CURRENT-LEE section in increments of 25 words for \$15. Add a photo for \$5. Effective Jan. 1, 2019 non-profit organizations are eligible for the reduced rate of \$10 per 25 words and \$3 per photo. To place your listing, call Chuck at (319)371.1670 or Lee at (319)371.4125.




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Lotto America™	Wed & Sat	8:59 pm	10:00 pm
Pick 3 - Midday	Daily	Noon	12:20 pm
Pick 3 - Evening	Daily	9:40 pm	10:00 pm
Pick 4 - Midday	Daily	Noon	12:20 pm
Pick 4 - Evening	Daily	9:40 pm	10:00 pm



2/23
6 10 21 25 48
Star Ball: 2
All Star Bonus: 2



2/23
4 6 14 20 32
Powerball: 13
Power Play: 2



2/23 MID-DAY
8 1 1
2/23 EVENING
1 2 8




2/23 MID-DAY
0 8 3 3
2/23 EVENING
5 1 7 7


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Classifieds/Public Notices

PUBLIC NOTICES

PUBLIC NOTICE
Fort Madison
Community School District
1930 Avenue M
Minutes of the
Regular Meeting
February 11, 2019

I. The meeting was called to order by President Wondra at 6:00 p.m. Directors Ross, Hope, Wykert, DiPrima, Steffensmeier and Hotop were present. Also present were Superintendent Slater, Director of Curriculum and Student Services Harmon and Secretary Elmore.

II. Recognition of guests. President Wondra welcomed members of the audience in attendance and explained the procedures for the meeting.

III. Reading of Foundation documents. The Board read and reviewed the Foundation documents consisting of the Vision, Mission and Belief statements and the Goals for the Fort Madison Community School District.

IV. Monthly communications

A. "Did You Know?" The

"Did You Know?" document was accepted as presented.

B. Superintendent Goal Report. Superintendent Slater provided an update on the indicators of progress towards the Board's established goals.

V. Approve the agenda. It was moved by Hope and seconded by DiPrima to approve the agenda as amended. Item VII B3 was tabled for a future meeting. The motion passed on a 7-0 voice vote.

VI. Consent agenda. It was moved by Ross and seconded by Wykert to approve the consent agenda as presented. The consent agenda consisted of minutes from the January 21, 2019 regular meeting; minutes from the January 28, 2019 special meeting; minutes from the February 4, 2019 work session, financial reports including the January balance sheet, January Revenue Summary, Expenditure Report and Student Activity Report, accounts payable for the January General Account Board bills for Approval, February General Account

Board bills for approval, Student Activity Board bills for approval and Nutrition Account Board bills for approval; resignation from Moriah Rooney as Richardson associate; employment of Nancy Butler as High School associate and Jeremy Swink as High School tennis coach. The motion passed on a 7-0 voice vote.

VII. Action Items
 A. Director of Curriculum and Student Services.

B. Superintendent.
 1. Consider approval of the 2019-2020 Fort Madison Community School District calendar. The Board reviewed the 2019-2020 school calendar. Discussion followed. It was moved by DiPrima and seconded by Steffensmeier to approve the 2019-2020 school calendar as presented. The motion passed on a 7-0 voice vote.

2. Consider approval of fundraisers within the athletic department. It was moved by Hotop and seconded by Wykert to approve the fundraisers as presented. The motion passed on a 7-0 voice vote.

C. Board Secretary/Business Manager.

1. Resolution ordering special election on the issuance of \$30,000,000 General Obligation School Bonds and to fill vacancies.

The President of the Board called the meeting together and stated that a Petition had been filed purporting to be signed by eligible electors of the School District numbering at least 25% of those voting at the last election of school officials. The Petition requests that an election be called on the issuance of bonds in an amount not to exceed \$30,000,000, to provide funds to build, construct, furnish and equip a new elementary building and construct traffic and ground improvements to the site.

The President submitted the Petition to the Board which examined the Petition 663, qualified electors voted at the last election of school officials; the number of eligible electors who have signed the petition is 321.

Director Hope introduced the following Resolution

and moved its adoption.

Director Steffensmeier seconded the motion to adopt and, on roll call, the vote was:

AYES: Hotop, Ross, DiPrima, Steffensmeier, Wondra, Wykert, Hope
 NAYS:

The President declared the Resolution adopted as follows:

RESOLUTION ORDERING A SPECIAL ELECTION ON THE ISSUANCE OF \$30,000,000 GENERAL OBLIGATION SCHOOL BONDS AND TO FILL VACANCIES

WHEREAS, there has been filed with the President of this Board a Petition of eligible electors of this School District asking that an election be called to submit the question of contracting indebtedness and issuing bonds of the School District in an amount not to exceed \$30,000,000 to provide funds to build, construct, furnish and equip a new elementary building and construct traffic and ground improvements to the site; and WHEREAS,

this Board has examined the Petition and finds that it is signed by eligible electors of the School District numbering at least 25% of those voting at the last election of school officials and that the purposes set forth in the petition cannot be accomplished within the limit of one and one-quarter percent of the assessed value of the taxable property in the School District; and

WHEREAS, the proposal for the issuance of Bonds or any other proposal incorporating any portion of it has not or will not have been submitted to the qualified electors of the School District for a period of at least six months prior to the date of election being called in these Proceedings;

NOW, THEREFORE, IT IS RESOLVED BY THE FORT MADISON COMMUNITY SCHOOL DISTRICT, IN THE COUNTIES OF LEE, HENRY AND DES MOINES, STATE OF IOWA:

Section 1. That an election is called of the qualified electors of the Fort Mad-

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Classifieds/Public Notices

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PUBLIC NOTICES

ison Community School District in the Counties of Lee, Henry and Des Moines, State of Iowa, on Tuesday, April 2, 2019. The following Proposition is approved, and the Secretary is authorized and directed to submit and file the Proposition for the Ballot with the Lee County Commissioner of Elections at least 46 days prior to the election:

SHALL THE FOLLOWING PUBLIC MEASURE BE ADOPTED?

YES []
NO []

Proposition A
Shall the Board of Directors of the Fort Madison Community School District in the Counties of Lee, Des Moines and Henry, State of Iowa, be authorized to contract indebtedness and issue General Obligation Bonds in an amount not to exceed \$30,000,000 to provide funds to build, construct, furnish and equip a new elementary building and construct traffic and ground improvements to the site?

[END OF BALLOT LANGUAGE]

Section 2. That in conjunction with the Proposition above, an election be held to fill the remaining terms of the offices that became vacant on the resignation of Director Troxel and upon the death of Director Young.

Section 3. That the notice of the election and ballot form used at the election shall be prepared in accordance with the provisions of the Iowa Code and Iowa Administrative Rules. The District requests the polls will open at 7:00 A.M. and close at 8:00 P.M.

Section 4. That the Election Board for the voting precinct or precincts be appointed by the County Commissioner of Elections, not less than 15 days before the date of the election, a certified copy of which appointment must be officially placed on file in the office of the Secretary.

Section 5. The Commissioner of Elections is requested and directed to make publication of the Notice of Election at least once, not less than four days nor more than twenty days prior to the date of the election, in a legal newspaper, printed wholly in the English language, as defined by Iowa

Code Section 618.3.

Section 6. The Daily Democrat, a legal newspaper, is published within the District and is hereby designated to make the publication of the Notice of Election.

Section 7. Lee County, Iowa is the control county of this School District; this election will be conducted by the County Auditor as Commissioner of Elections.

Section 8. That the County Commissioner of Elections shall prepare all ballots and election registers and other supplies as necessary for the proper and legal conduct of this election and the Secretary of the Board is authorized and directed to cooperate with the Commissioner of Elections in the preparation of the necessary proceedings.

Section 9. That the Secretary is directed to file a certified copy of this Resolution in the Office of the County Commissioner of Elections to constitute the "written notice" to the County Commissioner of Elections of the election date, required to be given by the governing body under the provisions of Iowa Code Chapter 47.

PASSED AND APPROVED this 11th day of February, 2019.

2. Consider approval of roof specifications for Central Office. Director of Maintenance Kevin Moon shared with the Board roofing specifications for summer 2019 roof coating at Central Office. It was moved by DiPrima and seconded by Ross to approve the roofing specifications for the Central Office roof coating project as presented.

The motion passed on a 7-0 voice vote.

3. Engagement Letter from Piper Jaffray. The Board reviewed the Engagement letter. Discussion followed. It was moved by DiPrima and seconded by Ross to approve the Engagement Letter with Piper Jaffray as presented. The motion passed on a 7-0 voice vote.

VIII. Discussion Items
A. Director of Curriculum and Student Services

B. Superintendent
1. Certified Employee Attendance. The certified staff member attendance report was reviewed and accepted as presented.

2. Board Member Attendance. The Board reviewed and discussed the Board Member Attendance Report.

3. Board professional

development – Iowa Association of School Boards.

This item was tabled for a future meeting.

C. Board Secretary/Business Manager

1. Refinance of existing Sales Tax Bonds. The Board participated in a discussion session with Tim Oswald of Piper Jaffray to review the option available to refinance the outstanding Sales Tax Bonds.

2. Certified Budget for FY2019-2020 discussion. The Board participated in a discussion session regarding the Certified Budget for the FY2019-2020.

IX. Comments from the audience. There were no comments from the audience.

X. Legislative update. The Board received a legislative update.

XI. Announcements.
March 4, 2019, 6:00 P.M.
– March work session at Richardson Elementary

March 18, 2019, 6:00 P.M.
– Regular Meeting, Board Room, Central Office

XII. Adjourn. The meeting adjourned at 7:25 p.m.

Tim Wondra, Board President
February 11, 2019
Sandra Elmore, Board Secretary

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HELP WANTED

COMMUNITY GARDEN COORDINATOR NEEDED

RSVP/United Way of the Great River Region is seeking a Community Garden Coordinator

Do you like to garden and work outdoors?
Do you like to plan, plant and harvest food?

We are seeking an individual this Spring who will plan, plant, cultivate, harvest and lead other volunteers in our Community Garden (garden is located at 2606 Avenue L, Fort Madison, Iowa behind Hy-Vee).

Must enjoy working outside, gardening and harvesting. Will direct garden activities with other volunteers and may require some bending, stooping and lifting of 10 lbs. or less...Times: 1 hour, 2 times per week.

If interested and for more information, please call – Tammy at 319-372-8043.

United Way of the Great River Region supports non-profit organizations and agencies that provide programs addressing needs in health, education and financial stability to residents in Clark, Hancock, and Lee Counties.

United Way of the Great River Region serves all of Lee, Hancock, and Clark Counties. All donations are tax-deductible.



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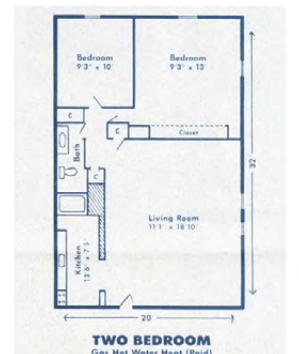
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From the Front/Weather

High school, college programs give hope to industries

SMITH - Continued from Page 1

Smith said many of the CTE classes have waiting lines to get in, which speaks to the transition that's taking place.

Jason Huffman of Huffman Welding & Manufacturing said it's program like Fort Madison's that give Huffman's reason to be optimistic about a future workforce. Prior to the refocus on trades that is underway at FMHS, his family's company had concern.

"It was scary. We were telling people weekly that in 15 years our shop won't be here because no one is going into these trades. There was just no programming," Huffman said.

He said Southeastern Community College rebooted a machining programming several years ago and programs like that and at FMHS are helping create a

pipeline for future machinists and welders.

He said the work done at Huffman Welding & Mfg., is advanced welding, and they don't have a program for students right out of high school. But he said there are jobs out there for entry level welders and that's where the experience is gained to move up.

"There are a lot of other welders that need people right out of high school," he said. "We need machinists with a little more experience, but this is the way to get them into a job out of high school and gain that experience. We're a lot more optimistic about the workforce as long as the schools keep doing this."

Jeff Gerdes, the newly hired automotive instructor, is a 23-year veteran of Shottenkirk Automotive and has 30 years in the field.

"The motivation in taking this position and looking at the education side of things is that we need to get up with the times. Cars have become so technical. There are computers and electronics in cars and, if we want to educate and train for entry level jobs, we need to go in that direction," Gerdes said.

"It's easy to make auto shop a restoration program, and that's great if that's what you want to do. But jobwise and marketwise there's not that many jobs in restoration."

Gerdes said he's working on a curriculum for what the automotive department will look like. He's also compiling a list of equipment he will need and getting an inventory of what the district already has.

He said there's not an auto certification at the high school level. But he said most employers will look for an ASE, or Automotive Service Excellence. A lot of employees work toward that certification while they're on the job.

"There are good paying jobs available in the field that don't require four years of education. It's a matter of getting the basics to step into a job and learn the trade," he said.

State Rep. Jeff Kurtz said the state should be looking at how to coordinate the efforts of the state's universities and colleges, and the CTE programs in schools like Fort Madison.

"At the end of the day it's about hands-on experience. Can we provide all that in the classroom? Probably not. But we can partner with people and have advanced classes where we may be able to but advanced students in a shop."

"Our side is hoping we can get people trained and they could get good jobs and have a good quality of life," Kurtz said.

"In a time when we give \$600 million in tax credits, and not all of those are bad, we're letting education go. We voted for a 3% increase in education funding at that just barely gets us kick started toward progress. 2.06 just slows the slide."

Kurtz said administrators like Smith are the ones to keep moving the program forward.

"A week or two after I announced I was going to run, I got a hold of Greg and said, 'OK, we need to sit down and you need to educate me on education, and this is one of the first things we talked about,' Kurtz said.

Currently FMHS has 240 students in CTE programs and 30 courses in the curriculum.



New Year. Fresh Start.

Thank you to all our customers who worked to reduce their environmental footprint last year.

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Here are just a few ways you can help:

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- Rinse & clean all food jars & cans before recycling
- Flatten empty boxes for better storage & volume reduction
- Place all recyclables loose in bins
- Don't recycle wrapping paper
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5-DAY WEATHER FORECAST

MON 25 Feb

 Light Snow
High- 13.7° F | Low - 13.5° F

TUE 26 Feb

 Light Snow
High- 30.0° F | Low - 22.5° F


WED 27 Feb

 Light Snow
High- 26.7° F | Low - 19.3° F

THU 28 Feb

 Light Snow
High- 28.1° F | Low - 25.7° F

FRI 01 Mar

 Light Snow
High- 26.7° F | Low - 20.4° F

[OpenWeatherMap](#)