



Pen City Current

Friday, November 17, 2017 | 8 pages | Volume 1 • Issue 268

Local HVAC owner moving into new digs

Strunk moves operations into former Pioneer Glass facility

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON - He says he likes to keep a low profile, but Phil Strunk is taking his heating and cooling business into a bigger home with a bigger sign.

Strunk is moving his Community Heating and Cooling business into the former Pioneer Glass warehouse at the corner of 19th Street and Avenue L.

He said he doesn't have any additional plans for expansion but wanted to be more visible for customers.

"I've been running this business from behind Doc Shannon's place up by Rodeo Park. You don't

get seen very well up there so I thought it would be good to move down here and be on a main street through the town," Strunk said Thursday.

Crews are currently renovating the office space of the former glass dealership. The entire office has been completely gutted and opened up. Strunk is building a new wall and is basically cleaning the building, which he said used to be a car dealership and grocery store, prior to Pioneer and now Community Heating and Cooling. A reception area is also in the works.

"If you're gonna have a secretary there you might as well sell some parts, filters, etc," he said. "It'll just be nice to have a place where people can just

come in."

He said he may look at possibly offering some retail furnace parts, but he plans on just sticking to the what he's good at which is providing around the clock heating and cooling service and sales. Community Heating and Cooling has been in business for three years with a main service market of Burlington, Keokuk, and Fort Madison.

Strunk graduated from Hawkeye Community College in Waterloo in 2000 and has a low-key approach to his business.

"I'm just the most low-profile people you'll ever see," he said. "I like showing up at people's homes and they don't know I'm the boss."

Services he offers include all heating and cooling services, duct work and new home duct work and humidifiers. He also leases ice machines to



Photo by Chuck Vandenberg/PCC

Phil Strunk has moved his Community Heating and Cooling business into the old Pioneer Glass building. He said the retail outlet should be open at the turn of the year.

clients throughout south-east Iowa and northeast Missouri. Strunk says he can service all brands of heating and cooling systems, but specializes in Goodman systems. He said a Goodman sign is ready to be installed on

the building. His crew will also respond to calls 24/7 and said that's just the way the industry is.

"You have to accommodate for people's lifestyles. People don't work normal hours anymore. Used to be most people worked

8-4 but that just doesn't happen anymore and we need to accommodate them," he said.

Strunk said he doesn't really have a grand opening date, but is telling everyone after the beginning of the year.

ISU researchers leading initiatives to improve rural health

Higher disease rates due to gaps in rural health care

AMES, Iowa - More than a million Iowans are at an increased risk of dying from heart disease, cancer or a stroke simply because they live in a rural area.

Higher rates of smoking, high blood pressure and obesity among rural Americans, as well as poverty rates and access to health care all contribute to this disparity,

according to the Centers for Disease Control and Prevention. National Rural Health Day on Nov. 16 aims to reduce the gap in rural and urban health outcomes - something Iowa State University researchers are directly and indirectly doing through their research and ISU Extension and Outreach initiatives.

Proper nutrition and

exercise are necessary for good health, regardless of where you live. Unfortunately, going to a gym or even having a grocery store with healthful foods nearby is not an option in many rural areas. Recognizing these challenges, Francis and colleagues have designed and implemented programs to promote health and wellness.

Latinos Living Well, which offers classes on nutrition and physical activity with the goal of

preventing the onset of Type 2 diabetes, is one of her most recent efforts. Latinos are twice as likely to develop diabetes, but many do not know if they have the illness or may be at risk, Francis said. The risk combined with the growing Latino population in rural Iowa has created a need for these culturally appropriate classes (taught in Spanish) to help Latinos develop healthful lifestyles. Data collected during a pilot of the Latinos Living



FRANCIS

Well program found participants grew more confident about managing diabetes

through lifestyle changes, exercised more and prepared class recipes at home.

"As the Latino population grows, we must respond with culturally appropriate, impactful programming," Francis said. "The program is

research-based, which is especially important in rural areas where limited health care access and fewer physical activity opportunities may exacerbate diabetes risk."

Francis and a team of Extension nutrition and wellness specialists across the state also offer a Wellness and Independence through Nutrition program. The goal is to improve nutrition and quality of life for older

See HEALTH, page 8

Advertiser Index

Classifieds.....Ps.5-7	Lee County Health Department.....P.8
Dave's Old Fashion Meats.....P.4	Pen City Current.....Ps.6-8
Farm Bureau Financial Services - Larry Holtkamp..P.4	Professional Services.....P.7
Fort Madison Eye Clinic.....P.2	Public Notices.....Ps.5-6
Fullenkamp Insurance.....P.8	Test Kitchen Education Foundation.....P.4
Green Oak Development.....P.6	The Kensington.....P.8
Hope Associates Real Estate.....P.6	Trailways Travel.....P.3
Lee County Bank.....P.5	West Liberty Foods.....P.5

News Index

Ag News.....P.5
Current-Lee.....P.3
From the front.....P.8
Health News.....P.2
Lottery Numbers.....P.3
Obituaries.....P.3
-David Lee Mosher
Sports.....Ps.5-6
Weather.....P.8

Scan the code to
Subscribe today

Paid & Free Options Available!



Health News

Great River Health Systems plans Nov. 21 groundbreaking ceremony for Keokuk clinic

A public groundbreaking ceremony for Great River Health Systems' new clinic in Keokuk is scheduled at noon Tuesday, Nov. 21. The 19,000-square-foot facility will be built in the 3200 block of Main Street, between Hampton Inn and Sonic. Estimated to cost \$6.85 million, the clinic is expected to open in late 2018.

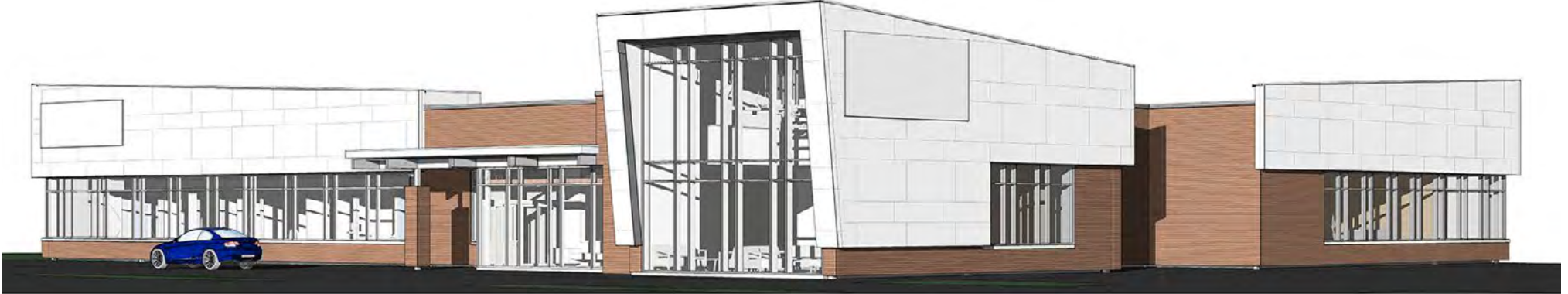
The health system purchased The Keokuk Clinic Jan. 1, 2012. It has grown from a practice with three internal medicine physicians to 10 health care providers. The new building will be four times larger than the existing clinic at 1603 Morgan Street.

"First and foremost, we're building a new clinic to increase access to primary-care services for people in southeast Iowa – specifically the Keokuk area," said Mark Richardson, president and CEO. "It's part of our strategy to expand the health system's regionalism, which includes bringing specialty care to areas that don't have these services."

"In nearly six years, Great River Health Systems has added cardiology, podiatry, rheumatology, sports medicine and women's health to the clinic's services. With a larger building, there will be room for more."

Great River Health Systems last week purchased property to build another clinic in Burlington, near the intersection of Agency Street and Roosevelt Avenue. The clinic will be located between Walgreens and Pizza Ranch. It will provide primary- and urgent-care services. Construction will begin within one year.

The new one-story clinics will resemble Great River Health Systems' buildings on its main campus in West Burlington. Carl A. Nelson and Company is the general contractor.



DOUBLE
YOUR
LENSES
FOR
FREE

*limited time offer



Purchase an Ultimate Lens Package and get a second pair of qualifying lenses on us with the purchase of a second pair of frames. Choose your second pair from a wide range of lens options, including polarized sun lenses.

The Ultimate Lens Package brings together our newest and most innovative technologies to deliver your best vision, clarity, and protection in one pair of lenses.



**Now Accepting
New Patients!
No Insurance
Necessary!**

Fort Madison Eye Clinic specializes in complete family eye care!



Schedule your appointment today!

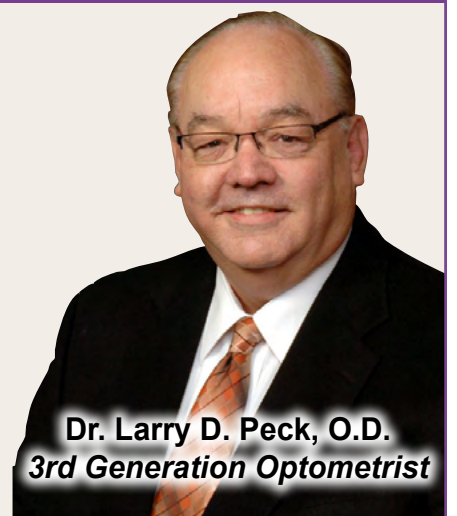
319-372-2321

**716 Avenue G
Fort Madison, IA**

www.fortmadisoneyec clinic.com



Like us on Facebook!



Dr. Larry D. Peck, O.D.
3rd Generation Optometrist

Charles Vandenberg, Editor
(319).371.1670
editor@pencitycurrent.com

Lee K. Vandenberg, Sales Manager
(319).371.4125
sales@pencitycurrent.com

Copyright © 2016 by Pen City Current
All published materials are property of Pen City Current
and cannot be used without express written permission.

Pen City Current

Founded in 2016



P.O. Box 366 | Fort Madison, IA

Nissa Rung, Advertising
(319).520.8953
n.rung@pencitycurrent.com

Shawna Ross, Advertising
(319).470.0622
sross@pencitycurrent.com

Pen City Current and www.pencitycurrent.com are
products of Market Street Publishing, LLC. Pen City Current
is published Sunday through Friday mornings.

Obituaries/Current-Lee

CURRENT-LEE

Elks Soup supper fundraiser set for Nov. 17

BY PCC STAFF

FORT MADISON - The Fort Madison Elks Lodge will be once again holding their annual Soup Supper Fundraiser on Nov. 17 to coincide with the downtown Wine and Beer Walk.

The supper will run from 5:30 p.m. to 8:30 p.m. or until the soup is gone and will feature eight soups and a large bread table filled with breads, muffins and biscuits.

This year's senior division will feature Dave Clark preparing a creamy chicken and wild rice soup. Rick Tebbs will bring an oriental Thai

Soup, Lee Meller will feature a vegetable/meat soup, and Lin Cramer and Lori Illner will bring an Italian Wedding soup.

In the junior teams division, Carol Cowles and sous chef Maddy will bring a beef stew. Bridget Link and sous chef Addison will bring back their 2016 winning squash soup. Lynn Parson and sous chef Reyna will feature a chill, and Jodie Ried and sous chef Jordyn will bring a potato ham soup with grilled cheese croutons.

Again this year, there will be "Tip" jars out in front of each soup and the soup with the highest

amount of money in the jar is the overall winner. The team with the most tips received in their jar will win the team competition.

The money raised supports the Elks Lodge and the Elks Kid's Christmas Party as well as Elk's community Projects. Prices for the event are adults-\$8.00 kids 3-12-\$5.00 and kids under three are free.

Jodie Ried, Deann Niggemeyer and Lin Cramer have organized the event and more information can be obtained by calling the Elks Lodge at 319-372-3724.

The original Ivy Bake Shoppe now taking orders for holiday treats

Remember the original Ivy for your holiday desserts, sweet trays, catering, & gift certificates. Order yours by Tuesday, December 21st. Call us at Burlington Uptown Ivy (319)754.5924 or visit us at 514 Jefferson Street, downtown Burlington. Visit us online at www.ivybakeshoppe.com.



IVY BAKE SHOPPE
Burlington Uptown Ivy
(319)754.5924



IOWA LOTTERY WINNING NUMBERS

Lotto Drawings

Game	Draw Days	Sales Cutoff Time	Approx. Drawing Time
Lucky for Life®	Mon & Thu	8:30 pm	9:38 pm
Mega Millions®	Tues & Fri	8:59 pm	10:00 pm
Powerball®	Wed & Sat	8:59 pm	9:59 pm
Pick 3 - Midday	Daily	Noon	12:20 pm
Pick 3 - Evening	Daily	9:40 pm	10:00 pm
Pick 4 - Midday	Daily	Noon	12:20 pm
Pick 4 - Evening	Daily	9:40 pm	10:00 pm

Lucky FOR LIFE
THE GAME OF A LIFETIME®
11/16
14 20 21 22 25
Lucky Ball: 13

Pick 3 iowa
11/16 MID-DAY
0 0 5
11/16 EVENING
8 5 9

Pick 4 iowa
11/16 MID-DAY
6 7 3 3
11/16 EVENING
6 2 1 3

Pen City Current encourages you to play responsibly.

OBITUARIES

DAVID LEE MOSHER

David Lee Mosher, 66 years, of Fort Madison, Iowa died at 7:00 am Thursday, November 16, 2017 at his home. He was born December 30, 1950 in Fort Madison, a son of Virgil L. and Marietta (Perry) Mosher. On June 28, 1970 in Fort Madison, he married Billie Jo Snyder.



MOSHER

David was a 1969 graduate of Fort Madison High School. He was a veteran of the United States Navy, serving during Vietnam. He worked as an industrial mechanic at Fruehauf, First Miss, Amax, and finally Scotts, retiring September 2017. He and Billie owned and operated The Photo Lab for 17 years and Sears for 23 years. He was a member and an Elder of Union Presbyterian Church. He was a third degree black belt and an instructor of Tang-Soo-Do Karate. He was a pilot and loved to fly. He enjoyed boating and being on the river, and woodworking. He was an avid Iowa Hawkeye and Cub fan. His life was full of adventure, but most important was his family!

He is survived by his wife, Billie Mosher of Fort Madison; two daughters, Michelle (Robert) Dunn and Trisha (Ken) Curtiss, both of Fort Madison; one son, Joshua Mosher of Fort Madison; one sister, Sandra Volzka of Wisconsin; twelve grandchildren: Robert Lee, Dakotah, Christian, Kolton, Aaron, Kalifa, Skylar, Shayla, Kaden, Megan, Aurora, and Madison; three great grandchildren: Sophia, Addison, and Lane; one great grand baby Dunn on the way; numerous nieces, nephews, and cousins. He was preceded in death by his parents and one brother, Eldon.

Visitation will be held from 3:00 - 5:00 pm Saturday, November 18, 2017 at the Barr Memorial Chapel, Fort Madison. Funeral Services will be at 10:30 am Monday, November 20, 2017 at the Barr Memorial Chapel, with Reverend Nancy Love officiating. Burial with military rites will be at Soldiers Circle, Oakland Cemetery, Fort Madison. A memorial has been established, contributions may be left at the Barr Memorial Chapel. Online condolences to the Mosher family may be made at www.barrmemorialchapel.com.

Pen City Current will list your event in this highly visible CURRENT-LEE section in increments of 25 words for \$15. Add a photo for \$5. Non-profit organizations are eligible for the reduced rate of \$10 per 25 words and \$3 per photo. To place your listing, click here or call Lee at (319)371.4125.



Sandhill Cranes & Irish Fest

NEBRASKA // MARCH 8-11, 2018

Spend a long weekend in Omaha witnessing the beautiful Sandhill Cranes up close and personal, and enjoying everything Irish just in time for St. Patty's Day!

TOUR INCLUDES:

- Deluxe Motorcoach Transportation
- Friendly On-board host
- All hotel accommodations
- 6 Meals
- Early morning viewing of the Sandhill Cranes
- Performance by Irish Celtic Harpist Kim Meyer

- Concert by Emmitt Cahill - a professional Tenor from Ireland
- A luncheon Performance by Irish Fiddler Deborah Greenblatt
- Father Flanagan's Boys Town Tour
- Free time in the Historic Old Market District
- Celtic Journey Performance at the Holland Center with the Omaha Symphony

To watch video footage of the cranes and to learn the history behind this phenomenon - visit us online at TrailwaysTravel.com!

SINGLE \$790 // DOUBLE \$610 PP
\$10 CLUB MEMBERSHIP DISCOUNT AVAILABLE



(319) 753-2864 Ext. 162
3211 Divison St • Burlington, IA 52601
www.TrailwaysTravel.com

Sports/Ag News

Southeast Iowa fishing report- Iowa DNR

The following is the weekly Southeast Iowa fishing report from the Iowa Department of Natural Resources

Coralville Reservoir
The lake level as is 686.4, which is fall pool. Water temperatures are in the low 40's.

Black Crappie - Slow: Use bright jigs or minnows along rock bluffs or over brush piles. White Crappie - Slow: Try bright jigs or minnows along rock bluffs or over brush piles.

Diamond Lake
The dock stays in year round, but the fish cleaning station is closed. Black Crappie - Fair: Jig over/around brush piles. Most fish are 8- to 9-inches.

Iowa River (Marshalltown)

to Coralville Lake)
Walleye - Fair: Jigs have been producing fish in Marshall and Tama Counties.

Lake Macbride
All sized motors may be operated at no-wake speed. Water temperatures this week were in the low 40's. The fish cleaning station is shut down and docks have been removed. Walleye - Fair: Try jigging in 15- to 25-feet of water during the day, and fish windblown rocky banks towards evening. There are a lot of 13- to 15-inch fish with some larger ones mixed in. Black Crappie - Fair: Use jigs and minnows over deeper brush to catch 10- to 12-inch crappie.

Otter Creek Lake
The fish cleaning

station is closed and the docks have been pulled. There has been no fishing activity on the lake this week.

Pleasant Creek Lake
The lake is still 10 feet low from the restoration project. The main ramp is still useable, but very shallow. Four wheel drive vehicles are strongly recommended. Water temperatures are in the low 40's. The fish cleaning station is closed. Walleye - Fair: Try jigging on the dam and over the roadbeds. Most fish are 13- to 16-inches.

Prairie Park Fishery
2000 trout will be stocked here this Friday, Nov. 17 at 10 am. You must have a fishing license and trout stamp to fish for or possess trout.

Sand Lake
You must have a fishing license and trout stamp to fish for or possess trout. Rainbow Trout - Fair: Worms work best.

Terry Trueblood Lake
2000 trout will be stocked here this Friday, Nov. 17 at 11 am. You must have a fishing license and trout stamp to fish for or possess trout.

For more information, contact the Lake Macbride

Fisheries Station at 319-624-3615.

Lake Miami
Water temperatures are dropping and few anglers have been out. Bluegill - Fair: Use small jigs tipped with live bait around brush piles. Try also drifting small jigs in the lower end of the lake. Largemouth Bass - Fair: Use rubber worms and crankbaits around the fishing jetties and brush piles. Target structure along the shorelines with rip-rap.

Lake Sugema
Water temperatures are dropping and few anglers have been out. Black Crappie - Slow: Try jigs tipped with live bait in the flooded timber or shallow areas with structure. Sorting is needed for larger fish. Walleye - Slow: Use nightcrawlers or a minnow and bobber along areas with rip-rapped shorelines. Bluegill - Slow: Use a small jig tipped with live bait around structure along the shorelines. Sorting is needed for larger fish. Largemouth Bass - Slow: Try spinnerbaits along the shorelines and around the jetties. Use a rubber worm or jig n pig com-

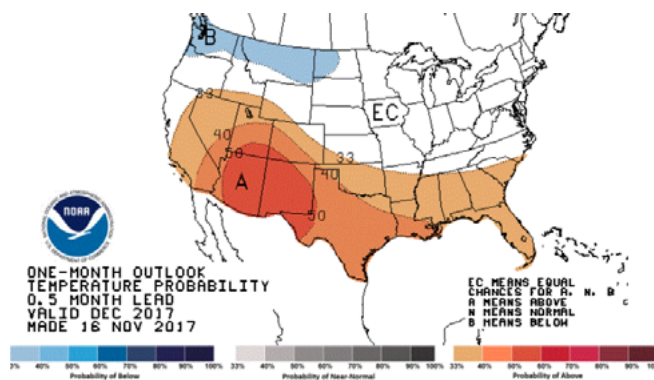
See FISHING, page 5

December weather, drought outlook updates

BY JOHN FELDT
BLUE WATER OUTLOOK

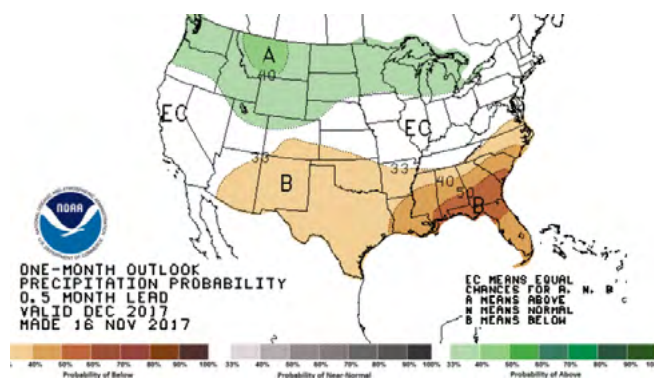
NOAA's December temperature and precipitation outlook has just been issued. This outlook calls for equal chances for either above or below normal December temperatures for most of the corn belt. This outlook calls for above-normal precipitation over the Upper Midwest and Great Lakes and equal chances elsewhere.

December Temperature Outlook



Brown = Above Normal Blue = Below Normal

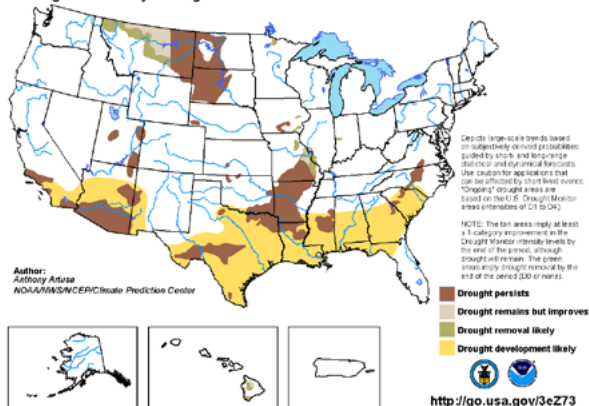
December Precipitation Outlook



Green = Above Normal Brown = Below Normal

Seasonal Drought Outlook - Through February
Other than isolated spots, drought is not expected to develop over the corn belt through February.

U.S. Seasonal Drought Outlook Valid for November 16 - February 28, 2018
Drought Tendency During the Valid Period
Released November 16, 2017



I make insurance simple.

See how I can help you protect your family, home, car and business.
Larry Holtkamp
1301 37th St
Fort Madison, IA

Contact Me

FARM BUREAU FINANCIAL SERVICES

Dave's Hickory Smoked Turkeys
\$2.99 lb.

Amish Country Free Range Turkeys
\$2.49 lb.

Also Available Dave's Hickory Smoked Turkey Breast

1/2 of 1/2 Beef
\$4.49

100 lbs. - Cut Wrapped & Frozen
All Cuts Boneless Except T-Bones
Chuck Roast, Arm Roast, Ribeye Steak, Brisket, Round Steak, Swiss Steak, Sirloin Tip Roast & Steak, Rump Roast, Sirloin Steak, T-Bone & Ground Beef

CLIP AND SAVE COUPON
\$2.00 OFF
3 lb. Box Homemade Wieners or 3 lb. Box Snack Sticks
Limit 2 Please. Coupon Expires: 11-23-17

8 oz. New York Strip Steaks **\$4.99** EACH
Limit 10 please

Aged Whole Boneless Prime Rib **\$9.98** lb.

8 oz. Ribeye Steaks **\$6.99** EACH

80% Lean 10 lb. Roll Ground Beef **\$2.77** lb.
Limit 30 lbs. please

Fresh Pork Steaks 5 lbs for \$10

CLIP AND SAVE COUPON
Homemade Breaded Tenderloins
10/\$10
Sold in Packages of 10 Only
Limit 30 Please
Expires 11-23-17

DAVE'S OLD FASHION MEATS
Better Meats - Better Prices - It's My Job!

Ad Effective: 11-7-17 thru 11-23-17

We Accept IA, IL & MO EBT Cards
111 North 1st St. Montrose, IA
1-319-463-7150
HOURS: Monday-Friday 9:00am-6:00pm,
Sat. 9:00am-5:00pm, Closed Sunday
We're Located Only 10 Minutes From Wal-Mart or Shopko.

CLIP AND SAVE COUPON
1/2 Hog
\$137.00
ONLY
Coupon Expires: 11-23-17

Click to watch the video to find out how we're helping our students exceed their educational potential.
807 Avenue G, Fort Madison | 319-250-0952
Visit us online at www.tef.org

Elletts Test Kitchen

Sports/Classifieds

Area fishing spots still hot in late fall

FISHING - Continued from Page 4

bo among the vegetated areas and around deep structure.

Lake Wapello

Water temperatures are dropping and few anglers have been out. Largemouth Bass - Slow: Try spinnerbaits or jig n pig combos around the brush piles. Slow down the presentation with the cooler water. Black Crappie - Slow: Use jigs tipped with live bait around submerged structure. Sorting may be needed for larger fish. Black Bullhead - Slow: Try nightcrawlers fished on the lake bottom in about 6 feet of water.

Ottumwa Park Pond South

Trout were stocked on Oct. 27th. Use small tube jigs, small twister tails, in-line spinners, casting spoons and live bait under a bobber.

Rathbun Reservoir

The current lake level is 903.53 msl. The water temperature is 45 degrees. Normal operating elevation is 904.0 msl. Lake Rathbun has zebra mussels, so make sure to properly drain, clean, and dry equipment before transporting to another

water body. All docks and the fish cleaning stations have been removed for the year. The ramps at the Rathbun marina are closed for the season. White Crappie - Slow: Use jigs around structure and along the rip-rapped shorelines. Channel Catfish - Slow: Use nightcrawlers or cut bait. Walleye - Slow: Troll crankbaits that mimic shad in areas with a variation in depths. Try also trolling nightcrawler rigs. Some fish will start to move shallow with the cooler temperatures.

Red Haw Lake

Water temperatures are dropping and fishing pressure has dropped with few anglers out. Bluegill - Slow: Use small jigs tipped with a chunk of nightcrawler along the shoreline and around structure. Largemouth Bass - Slow: Try rubber worms or spinnerbaits in areas with rip rap or other types of structure. Try shallow areas as the water continues to cool down and slow down the presentation. Channel Catfish - Slow: Use nightcrawlers or chicken liver around the fishing jetties.

Surface water temperatures in the Rathbun district lakes are in the low to mid 40's. The district includes Mahaska, Lucas, Wayne, Monroe, Appanoose, Wapello, Davis and Van Buren counties. Contact the Rathbun Fish Hatchery at 641-647-2406 with questions about fishing in south central Iowa.

Mississippi River Pool 19

Tailwater stage is 4.49 feet at Lock and Dam 18 above Burlington and has been fairly steady the past few days. White Crappie - No Report: Use jigs and minnows or minnows under a bobber in backwaters around brush piles. Sauger - Slow: Vertical jig with minnows or pull three-way rigs with minnows or stick baits.

Tailwater stages have been fairly steady this past week. Main channel water temperature is around 40 degrees and water clarity has been good. There has been some tailwater fishing for walleyes and saugers. If you have questions on fishing Pools 16-19, contact the Fairport Fish Hatchery at 563-263-5062.

the classifieds

PUBLIC NOTICES

Account General Account Board Bills for Approval
 3. Student Activity Account Student Activity Account Board Bills for Approval
 4. Nutrition Account Nutrition Account Board Bills for Approval
 D. Consider personnel resignations
 1. Jared Rehm, JV softball coach
 2. Andrea Crooks, High School Spanish teacher - effective at the end of the 2017-2018 school year
 E. Consider employment of personnel
 1. Mark Kammerer, bus driver
 2. Brooke Wagner, Lincoln associate
 3. Dana Hemann, Holy Trinity associate
 4. Mike Schneider, Asst. High School boys track coach (1/2)
 5. Chad Hannum, Asst. High School boys track coach (1/2)
 6. Tony Shiffman, 7th grade girls basketball coach
 7. Ryan Wilson, Freshman boys basketball coach (1/2)
 8. Jeremy Beelman, Freshman boys basketball (1/2)
 F. Consider contract modifications
 1. Cindy Tillow, Richardson associate, increase in hours
 2. Deb Fuget, Richardson associate, decrease in hours
 G. Consider leave of absence
 H. Consider open enrollment requests
 I. Other reports
 Director moved and director seconded the documents submitted in the consent section of the agenda be approved and/or filed as submitted.
 VII. Action Items
 A. Director of Curriculum and Student Services - Kim Harmon
 1.
 B. Superintendent - Erin Slater
 1. Consider approval of policy changes
 210.2 - Board Meeting Procedures
 2. Consider approval of request for travel from Julie Yurko and MS Teachers to attend the National Council of Teachers of Mathematics in Chicago, IL
 3. Consider approval of request for travel from Susan Johnson and Reading Recovery Teachers to attend the Illinois Literacy/Reading Recovery Conference
 4. Consider approval of SBRC Modified Allowable Growth Appli-

cation
 5. Consider approval of sharing agreements with Holy Trinity for 2017 and 2018 IHSAA football season
 Football Sharing Agreement
 6. Consider personnel matters
 C. Board Secretary/ Business Manager - Sandy Elmore
 1.
 VIII. Discussion Items
 A. Director of Curriculum and Student Services - Kim Harmon
 1. Special Education Count
 B. Superintendent - Erin Slater
 1. Reviewed policy #500 - 502.3. Recommended for review:
 500- Objectives for Equal Educational Opportunities for Students no revision
 501.1- Resident Students no revision

501.2 - Nonresident Students no revision
 501.3 - Compulsory Attendance
 501.3-R-1 - Attendance Cooperation Process ours only, please review
 501.4 - Entrance - Admissions no revision
 501.5 - Attendance Areas no revision
 501.6- Student Transfers-In no revision - recommend to renumber
 501.6a - Admission of Exchange Students ours only - please review
 501.7- Student Transfers out or Withdrawals no revision
 501.8 - Student Attendance Records adopt IASB model 501.8 (IASB Model)
 501.9- Student Absences - Excused no revision
 501.10 - Uniform Attendance & Truancy Policy recommend to adopt IASB model with minor changes

Real Estate/Commercial/Ag LOAN OFFICER

Lee County Bank is looking for a loan officer to join its team. This person will participate in all areas of lending at the bank. Previous experience is preferred. Benefits include a competitive salary, health, dental, and vision insurance as well as 401K eligibility.

To apply please submit your resume by Monday, November 27th to cward@leecountybank.com



Lee County Bank is an Equal Opportunity Employer.

SHOP the classifieds



PLACE YOUR AD ONLINE AT WWW.PENCITYCURRENT.COM OR CALL (319)371.4125

PUBLIC NOTICES

PUBLIC NOTICE FORT MADISON COMMUNITY SCHOOL DISTRICT BOARD OF DIRECTORS REGULAR MEETING November 20, 2017 6:00 P.M. Finance: Hope / Young AGENDA

- I. Call meeting to order and determination of a quorum
- II. Recognition of guests
- III. Reading of Foundation documents
- IV. Monthly commu-

- nications
- A. Student Rep Report - Aniah Ross and Max Slater
- B. Curriculum Corner - "Did You Know?"
- C. Superintendent Goal Report
- E. District Presentations FFA National Convention Presentation - Bonnie Peterson-Slee
- Tech Plan Presentation - 5 Year Plan - Sebastian Siefert
- V. Approve the agenda
- VI. Consent Agenda Minutes
1. October 16, 2017, regular meeting

2. November 6, 2017, workshop
- B. Financial reports
1. October balance sheet
- October Balance Sheet
2. October Revenue summary
- October Revenue Summary
3. Expenditure report
- October Expenditure report
4. Student Activity report
- October student activity report
- C. Accounts payable
1. October General Account
- General Account board bills for approval
2. November General

EVEN BIGGER

hello, opportunities.

choose your career at West Liberty Foods

One of North America's fastest growing food processing companies has immediate openings for highly motivated individuals to join their team!

IMMEDIATE INTERVIEWS EVERY TUESDAY 9AM-3PM GET A RAISE BEFORE YOU EVEN GET STARTED!

2nd Shift - Slicer Technicians

Leadership AND maintenance and/or machine operator experience
 Pay: ~~\$16.67 per hour plus \$0.30 shift differential~~
 Pay: \$17.17 per hour plus \$0.30 shift differential

2nd Shift - General Production

Positive attitude AND excellent attendance demonstrated by a solid work history
 Pay: ~~\$11.50 per hour plus \$0.30 shift differential~~
 Pay: \$11.85 per hour plus \$0.30 shift differential

Competitive benefits package includes health, vision, life, and dental insurance, employee discounts, matching 401k. Plus paid holidays and vacation effective first day of employment.

WLF West Liberty Foods

Apply online at <http://careers.wlfoods.com>

Equal Opportunity Employer

Classifieds

SHOP the classifieds



PLACE YOUR AD ONLINE AT WWW.PENCITYCURRENT.COM OR CALL (319)371.4125

PUBLIC NOTICES

501.10 (IASB model)
 501.10R1 - Truancy - Unexcused Absences Regulation Adopt IASB's Option III with changes
 501.10R1 IASB Option III with changes
 501.11- Student Release During School Hours Align with IASB's Option I
 501.12 - Pregnant Students IASB Only recommend to add 501.12-(IASB Model)
 501.13 - Students of Legal Age no revision
 501.14 - Open Enrollment Transfers - Procedures as a Sending District no revision
 501.15 - Open Enrollment

Transfers - Procedures as a Receiving District no revision
 501.16 - Homeless Children and Youth recommend to adopt the IASB Model
 501.16 (IASB Model)
 501.17- Exclusion from School Programing or Activities no revision
 501.18 - Rights, Responsibilities, and Limitations no revision
 501.19 - Temporarily Disabled Students recommend to delete
 501.21 - Student Involvement in Decision Making no revision
 502.1- Student Appearance

no revision
 502.2- Care of School Property/Vandalism align with IASB Model
 502.2 (IASB Model)
 502.3 - Freedom of Expression no revision
 2. Official Enrollment Report
 3. Certified Employee Attendance
 4. Board Member Attendance
 5. Schedule December building instructional tour
 6. GO Bond Referendum Discussion
 C. Board Secretary/ Business Manager – Sandy Elmore

1. IX. Comments from the audience
 X. Legislative update
 XI. Announcements American Education Week, November 13-17
 IASB Convention, November 15-17
 Next work session, December 4, 2017, 6:00 p.m.
 Next regular meeting, December 18, 2017, 6:00 p.m.
 XII. Adjourn

APARTMENTS FOR RENT

Don't Pay Utilities



Don't pay utilities - Check out this newly remodeled one bedroom apartment in downtown Fort Madison. It's move in ready with new floors, new appliances, and a brand new state-of-the-art HVAC system. Call or text today (319)371.7753.

Subscribe to #PCC today

Free and Paid Options Available.



Follow Us

@pencitycurrent



Place your ad online 24/7

Your Story Begins at Home

Brand New Listings

118 Avenue E • West Point
3BR • 1BA • 1 car garage
Listing #20166662

3032 Avenue E • Fort Madison
3BR • 1BA • 1 car garage
Listing #20166815

15 15th Street • Fort Madison
3BR • 4BA • 3 car garage
Listing #20166815

Land & Commercial Spaces

2188 Old Denmark Road E
14.65 acres • 638,514 sq. ft.
Listing #20162574

48th Street
50.82 acres • 2,213,719 sq. ft.
Listing #20162779

939 Avenue G
Turn Key Office Space
Listing #20165675

Reduced

2634 Avenue G
3BR • 2BA • 3 car garage
Listing #20165688

There are hundreds of great listings in the area and we can show all of them to you. Give us a call today or click here to search them!

(319) 372-4040 • 903 Avenue G • Fort Madison • www.seia.rapmls.com

Make one of these New Homes your New Home today!

3502 & 3504 WOODLAND HEIGHTS • Ft. Madison, Ia

Maintenance Free Luxury Condominium w/ 3 Car Garage
Stunning River Views, Many Upgrades

Condominium Features:
 3 Car Garage, 3-4 Bedroom, 9ft Finished Walk-out Basement, Master Suite, Private Deck & Patio
 Quartz Counter Tops, Tile Master Bath, Stylish Custom Wood Product Cabinetry

Exclusive Residence Features:
 · Landscaping, Building Exterior & Winter Maintenance Provided
 · Private Pond with walking trail and relaxing patio
 · Vibrant views including the Mississippi River, Colorful Forest & Private Pond

302 33rd Street • Ft. Madison, Ia

Built in 2015 - Tri-Level Home
 3 Bedrooms - Master Suite w/ Master Bath & Walk-in Closet
 2.5 baths
 Engineered Hardwood Floor
 Open Floor Plan
 Finished Basement
 Spacious Yard
 New Safe Family Friendly Neighborhood - Green Oak Development

41 7th Street • West Point, Ia

3 Year Tax Abatement, \$7,500 Savings!
 3 Car Garage
 Open Floor Plan Concept with Great Room
 Master Suite with Walk-in Closet & Dual Sink Vanity
 Massive 9 Foot Basement with Game/Bar Area
 Main Floor Laundry
 Large Storage Room
 New Neighborhood with Great Family Atmosphere

Call Jill to view any of these beautiful homes!

Follow us on Facebook!

www.greenoakdevelopment-ia.com

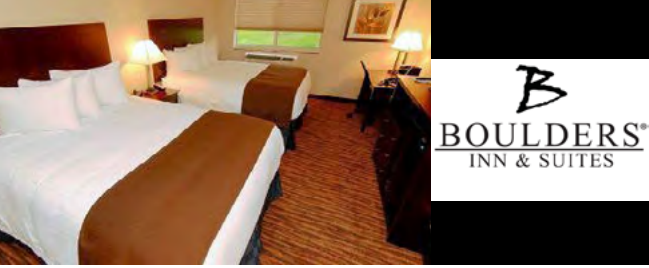
Call: 319-470-2540

Classifieds

PROFESSIONAL SERVICES

Elevated Comfort.

"I keep coming back! The beds are amazing and the staff is fabulous!"
- Mark M.



We are expanding! 78 Rooms with choices to fit all your needs!
Now taking reservations for Fishing Tournaments, Sporting Events and the Annual Tri-State Rodeo!



Boulders Inn & Suites
Fort Madison, Iowa
4901 Ave O
Fort Madison, IA 52627
Tel: 319-246-1401
www.bouldersinnandsuites.com
Email: info@bouldersinnfortmadison.com

Like us on Facebook!



Saturday, November 25th • 10am - 2pm
Downtown Ft. Madison • Avenue G

Carriage Rides • Kids Crafts
Treats • Carolers • Polar Express

Visit Santa from 10am - Noon at SiP • 7th St.

Shop these downtown Businesses for sweet treats, good eats & great deals!

- Artisan Next Door:** 10% of Candles, Cookies, Register to win a holiday gift basket with purchase
- The Colony Shop:** Treats & \$10 off boots or shoes
- Dana Bushong Jewelers:** Girl Scouts will be selling hot cocoa
- Dawgs & Divas:** Free coffee, tea & cocoa 20% off everything
- Dollhouse Dreams:** 25% off All Melissa & Doug Toys
- Dodd Printing:** Treats, Scented Stationary & Letters to Santa
- Elks Club:** Sandwich Specials & Vendor Blender
- Faeth's Cigar Store:** 10% off Fishing Poles
- The Fort Diner:** Breakfast & Lunch Specials
- Fort Mad Emporium:** Free Pencil & 10% off
- The Funky Cowgirl:** Treats & 20% off

- FMAAA:** Decorate you own ornaments for only \$5
- Harvestville Farm Mercantile:** 10% off one single item
- Junque To Gems:** Free cookies
- Parthenon Restaurant:** Free Ice Cream with every meal
- Scrub Impressions:** Free coffee, tea & cocoa 20% off all regular items
- SiP:** Buy One Large Specialty Latte & Get One 1/2 price
- The Schnitzelbank:** Treats & 25% off Harvest & Christmas Decor & 10% off Candles
- Stage 2:** Treats & 10% off entire purchase
- Under the Sun & Under the Sun Next Door:** Wine Tasting & Gourmet Food Sampling
- The Victoria Gallery:** Treats & 10% off Art Lessons & Books

For more details click here or call 319-372-5471

Selling classic cars in a modern way



Up to 200 words • 1 photo • 14 days
FREE

Place your ad online 24/7
www.pencitycurrent.com

Email your ad to
classifieds@pencitycurrent.com

Call (319)371.4125

Because your wedding gown is
Precious
WEDDING GOWN PRESERVATION
IRIS CITY CLEANERS
319 385 9707 • 888 485 9707
www.IrisCityCleaners.com

Save for a rainy year.

Thomas Klann RICP LTCF LUTCF, Agent
State Farm Agent
2623 Avenue L
Fort Madison, IA 52627
Bus: 319-372-5982

Get a 11 Month CD
FDIC-insured CD
1.25% APY*
Set aside money with a fixed rate of return. I'll be there to show you rates and terms that can help you reach your goal.
Bank with a Good Neighbor®.
CALL FOR MORE INFORMATION.

State Farm Bank®

*Annual Percentage Yield as of 06/28/17. Advertised rates are subject to change at the Bank's discretion. The minimum balance required to earn the stated APY is \$500 (rates apply to deposits less than \$100,000). A penalty may be imposed for withdrawals prior to maturity. Special Term CDs renew automatically into the next highest Standard Term CD. Some products and services not available in all areas. FDIC basic coverage amount is \$250,000 per depositor, per insured bank, for each ownership category. IRA and ESA CDs are not available for terms less than 12 months. Callers who are hearing or speech impaired should dial 711 or use a preferred Telecommunications Relay Service.

WINE & BEER WALK

MAKING SPIRITS BRIGHT SINCE 2010 FRIDAY, NOVEMBER 17 5PM TILL 8PM

Glass Pre-Sale Event:
November 10th • 5-7pm
located at **Chuong Garden**
712 9th St. • Ft. Madison

Commemorative Glasses: \$10.00 each

Pick up your "Golden Ticket" to receive \$5.00 Off a purchase of \$25.00 or more at participating Wine Walk locations.
Golden Ticket's good Sat. Nov. 18th - Fri. Dec. 1st 21+ Event, valid I.D. required.

Downtown Fort Madison Ticket Locations:
Ft. Madison Partners Office • Under the Sun • Funky Cowgirl

Commemorative Glasses \$15.00 each after Glass Pre-Sale Event.
For further details visit us on Facebook by clicking this ad, call 319-372-5471 or stop by our office 614 9th St. Ft. Madison

RODEO PARK REHAB

Short-term rehabilitation



Fully equipped state-of-the-art therapy gym
Occupational, physical, and speech therapy
Personalized therapy plan
Private rooms
Compassionate nursing staff

We'll get you ready to:
"Giddy Up & Go Home!"



319-372-8021 | 1702 41st Street, Fort Madison, IA

Fall Special! 15% Off NEW CLIENTS!

\$10 Men's Cuts Every Tuesday!

Call Sarah: 319-371-0637 for an appointment

Men • Women • Kids
Multi-Dimensional Color
High Fashion Cuts
Special Occasion Styles
Perms & More

*Specials Valid with Sarah Only!
Eternelle's Beauté Full Service Salon
1302 Ave. G • Ft. Madison, Ia

5 Generations of Printing

DODD PRINTING & STATIONERY
Est. 1877

Posters • Business Cards • Photo Correction • Wedding Invitations • Supplies • Custom Design • Office of Stationery • Online Ordering

319-372-2721 • doddprinting.com

Aaron Lotzow • Friday November 17th

Join us during the wine & beer walk for the musical stylings of Aaron Lotzow and enjoy a large selection of wines and beers!

Hill Side Inn

1135 Ave. E • Wednesday-Saturday 5:00pm

Advertise in a brand new way.

Nissa (319)520.8953 • Shawna (319)470.0622

Lee (319)371.4125



From the Front/Weather

Mental health stigma a hurdle to seeking care

HEALTH - Continued from Page 1

adults by helping those who are eligible be more aware of the Supplemental and Nutrition Assistance Program. Since 2014, more than 4,500 older adults have participated and 117 were referred to the Food Bank of the Heartland for application assistance. Access to mental health services is not the only barrier for people living in rural communities. Greder says cost and distance often prevent people from seeking help, but stigma is also a problem. Much of her research focuses on the mental and physical health of low-income families in rural communities. Even if



GREDER

families have the resources for treatment, she says they are often ashamed or embarrassed.

"In a town of 10,000 residents, everyone is going to know if your car is parked outside the therapist's office," Greder said. "The tight, close-knit aspect of rural communities is a great thing, but it also makes it difficult to ask a friend or neighbor for help, especially if it's related to a mental or emotional issue. We need to help families realize it is OK to seek help or talk with others when they're not feeling well mentally."

Improving physical health can also benefit mental health. Through her extension efforts, Greder coordinates the Abriendo Caminos program for Latino families in Perry, Postville and Ottumwa. Over the course of six weeks, parents and children learn about nutrition and physical activity, and work together as a family to make decisions and set goals on how to live a more healthful lifestyle. Greder is working with researchers at the University of Illinois to collect data and evaluate the program.



MARGRETT

There is also a misconception that families in rural communities have ample access to outdoor space for physical activity, Greder said. However, her research has found the green space is not always usable or convenient. Low-income, rural mothers interviewed for the study reported they did not have access to parks with age-appropriate equipment or safe walking trails.

With a growing number of older adults in Iowa, many living in rural areas, Margrett is concerned about the lack of qualified workers, support services and care facilities for people with dementia. She and her colleagues are working on solutions to improve health care access in counties labeled "care deserts" or

classified by the CDC as medically underserved.

Nearly 80 percent of Iowa counties have segments of the population that are medically underserved, which affects all aspects of the life span from infant mortality to care for older adults who want to age in place, Margrett said. In a medical emergency, people living in these "care deserts" are miles away from the closest hospital, which might not have specialized care. Margrett says they may delay or not seek treatment for mental health or preventative care because distance is a barrier.

"Our data also looked at whether adults had someone they could turn to if they needed help. A high number of Iowans in rural areas felt they had no one they could rely on," Margrett said. "The concern in these care deserts is not just formal support, such as doctors and specialists, but also informal support from family, friends and neighbors."



SEEGER

Creating walkable, pedestrian-friendly communities and landscapes provides safe routes for children walking or biking to school and an avenue for older adults to increase their physical activity. Seeger, in partnership with the Iowa Department of Public Health, has worked with 50 Iowa communities to tackle this issue through the I-WALK (Iowans Walking Assessment Logistics Kit) project. The main goal was to identify infrastructure gaps where communities need to extend sidewalks or address other problems.

Seeger and colleagues with Iowa State Extension and Outreach are building upon that work to provide city and county governments or agencies with data to improve decision-making. The Indicators Portal features county-specific information from multiple sources, such as the U.S. Census Bureau, CDC and the Robert Wood Johnson Foundation. Seeger says within the next few months the site will include health indicators and data at both the city and county level.

"We want to make sure communities receive real, unbiased data that is understandable," Seeger said. "The goal is that if a county government is looking at areas to improve health, the portal has all the information in one place to see what areas need improvement."

5-DAY WEATHER FORECAST

FRI 17 Nov



Moderate Rain
High – 55.7° F | Low – 43.6° F

SAT 18 Nov



Moderate Rain
High – 41.7° F | Low – 24.9° F

SUN 19 Nov



Light Snow
High – 30.1° F | Low – 26.3° F

MON 20 Nov



Clear Skies
High – 47.6° F | Low – 46.0° F

TUE 21 Nov



Light Rain
High – 56.1° F | Low – 31.6° F

[OpenWeatherMap](#)

Download our free mobile app today. Take Pen City Current with you wherever you go!

Now available for Android & iOS in the iTunes Store & Google Play Store.



Making memories for tomorrow...

The Kensington is devoted to making each day special for residents and their families. Our team focuses on helping residents make the memories they want to make and help provide life residents experiences to remember!

- ~ Personalized programs and family events
- ~ Day Trips & Shopping Trips
- ~ Festival & Fair Trips
- ~ Annual Traditional Events
- ~ Friends & Family Gatherings
- ~ And so much more!

Learn about all our services online:
www.kensington-evergreen.com

319-372-4233
2210 Ave H, Fort Madison, IA 52627
We welcome you to
Join our Facebook Family!

Lee County Health Department-Hospice's

Tree of Love

Honors and Remembers the Ones we Love during the Holidays



Order the 2017 Ornament

"The Cardinal"
designed by Mystic Images

for only \$14.00 each. Ornaments include your loved one's name on a decorative flag, attached to the ornament and displayed on one of the three trees of love.

Click this ad to order online or call the number below!

Unveiling Ceremonies to be held on Tuesday, November 28th at the following locations and times:
11:00am in the Unity Point Health Keokuk
2:00pm in the Fort Madison Pilot Grove Savings Bank
3:00pm at Fort Madison Community Hospital
The public is invited to attend.

LEE COUNTY HEALTH DEPARTMENT

Touching the Community with Care

#3 John Bennet Drive • PO Box 1426
Fort Madison, IA



(319)372-5225 or (800)458-5572
www.leecountyhd.org



Trusted Choice **FULLENKAMP**
Insurance Agency, Inc

Since 1963

Proud to provide exceptional service and professional excellence.



**AUTO • HOME • FARM • LIFE
BUSINESS • BONDS • ANNUITIES
HEALTH • DISABILITY CARE
LONG TERM CARE**

Call one of our licensed agents today for all of your insurance needs!

307 5th Street
West Point, IA 52627
319-837-6178 • 800-292-2208

www.fullenkampins.com