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INSIDE TODAY: See our special Halloween Pages for tips on Halloween safety and nutrition.

See pages 10-11

re Sunday, October 28, 2018 | 14 pages | Volume 2 • Issue 244

Fundraiser gives P.O.R.T. a Boooo-st

Annual event helps provide resources to stretch city's recreational trail to FMCH

> **BY CHUCK VANDENBERG** PCC EDITOR

FORT MADISON - A kangaroo with a joey in its pouch, Buzz Lightyear, and a mayor dressed as a Viking, a clear nod to Norse gods of cruise lines, all took part in the fifth annual PORT Boo-Athlon fundraiser, which helps fund efforts by the group to continue with recreational trail construction on the city's west end.

Rachel Benda, the chairman of the PORT group said the community has been the catalyst for the group's success.

This year featured 128 runners and several bike riders. The runners ran the 5K run along the PORT 1 and 2 Phases and up into the Fort Madison Middle School ending and starting at the Baxter Sports Complex.

Bike riders ran a course from the sports complex up Bluff Road and over to 24th Street, down to Avenue E and east to Lincoln, where they turned around and rode the same course back to 48th where they continued on Bluff Road to Hwy 2 and turned around and rode back to the Baxter complex.

Amanda Alexander, one of the organizers, said 128 runners registered this year which is up about 10 from



Photo by Chuck Vandenberg/PCO

Supporters of the PORT recreational trail committee take off on the fifth annual Booo-Athlon on Saturday morning. 128 runners and several bikers competed in the 5K Fun Run/10-mile bicycle race that began at Baxter Spors Complex.

2017.

Rachel Benda, the chairman of the PORT Committee, said the city had a lot on the schedule Saturday, so it was great to see an increase in numbers.

"We had an increase over last year, which was great," Benda said. "Great weather, same great sponsors supporting us which is amazing. This is our fifth

See BOOOO-ST, page 3

Hellige improves 32 spots from 2017 state mark

BY CHUCK VANDENBERG PCC EDITOR

FORT DODGE - Holy Trinity Catholic's Matt

Municipal Golf Course at Kennedy Park in Fort Dodge, good enough for 58th place out of 140 runners. Madrid senior Sean McDermott won the 1A

STATE CROSS COUNTRY

and then another couple on the down-

Hellige said he felt good on the run in just about perfect weather. "I felt really good on my warmups and the start of the race," he said. "It was really good weather. Last year it was a windy day, chilly and cloudy, not the best. This year was almost perfect, really." In 2017, Hellige ran the course in 18:04.4, a 14.1 second improvement over his sophomore perfor-

mance. He missed the cut as a freshman in 2016 at qualifying by two spots. The top 15 at qualifying and the top three teams winning qualifying all advance to the state run. HTC Head Cross Country Coach Matt Mohrfeld moved to areas around the course where he could see Hellige. "I was tickled that he didn't try to overrace the first half-mile and then it looked like he was picking up spots the whole race

and at the end he picked up a couple more spots," Mohrfeld said.

Hellige said he didn't want to run out of steam as the race went on.

Hellige was all smiles after improving almost 32 spots over his 2017 performance at Saturday's State Cross Country Meet in Fort Dodge.

Hellige, running in his second straight state Class 1A track meet, finished with a time of 17:49.3 in the 5K run at Lakeside

meet with a time of 16:16. Off the gun, Hellige stayed in the center of the field as the course tapers from a full line of all 140 to a 10-foot track around the golf course grounds. At about the 1-mile point, Hellige was in the pack with the mid 60s and picked off a couple run-



line.

definitely wanted to take advantage of the hills of the course," Hellige said. "There are lots of tiny hills on this course and I trained this year on more hills so I thought I could

"Last year, and this year really, I tried not to get out too fast and then burn out of energy toward the end. That's really easy to do in races like this," Hellige said. "Our training plan was really good this year and I think that

See HELLIGE, page 5

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For the Record

For the Record

Fort Madison Police Department Report

10/18/2018 - 5:02 p.m - Fort Madison Police responded to a report of larceny/ theft in the 400 block of 23rd St. 10/18/2018 - 5:11 p.m - Fort Madison Police responded to a report of a stolen bicycle at the intersection of the 2300 block of Ave. H and the 1200 block of 25th St. 10/19/2018 - 10:47 a.m - Fort Madison Police responded to a report of a hit and run in the 100 block of Richards Drive. 10/19/2018 - 2:34 p.m - Fort Madison Police responded to a report of larceny/ theft in the 1300 block of Ave. G. 10/19/2018 - 3:02 p.m - Fort Madison Police responded to a report of a property damage accident in the 2400 block of Ave. L. 10/19/2018 - 9:28 p.m - Fort

Madison Police responded to a report of larceny/ theft in the 4600 block of Ave. J. 10/20/18 - 9:50 a.m - Fort Madison Police responded to a report of a property damage accident in the 5400 block of Ave. O. 10/20/18 - 10:55 a.m - Fort Madison Police responded to a report of a shoplifter in the 4800 block of Ave. O. 10/20/18 - 5:29 p.m - Fort Madison Police responded to a report of larceny/ theft in the 400 block of Ave. H. 10/21/18 - 10:01 a.m - Fort Madison Police responded to a report of larceny/ theft in the 800 block of Ave. E. 10/21/18 - 10:27 a.m - Fort Madison Police responded to a report of a property damage accident in the 2600 Ave. L. 10/22/18 - 8:53 a.m - Fort Madison Police responded

<u> Gola news lip</u>

Call Chuck (319)371.1670

to a report of larceny/ theft in the 2500 block of Ave. L. 10/22/18 - 10:29 a.m - Fort Madison Police responded to a report of a shoplifter in the 4800 block of Ave. O. 10/22/18 - 11:25 a.m - Fort Madison Police responded to a report of larceny/ theft in the 1500 block of Ave. L. 10/22/18 - 11:31 a.m - Fort Madison Police responded to a report of a property damage accident in the 4500 block of Ave. O. 10/22/18 - 3:44 p.m - Fort Madison Police responded to a report of a burglary in the 3000 block of Ave. J. 10/22/18 - 3:49 p.m - Fort Madison Police responded to a report of larceny/ theft in the 2400 block of Ave. H. 10/22/18 - 4:57 p.m - Fort Madison Police responded to a report of larceny/ theft

10/22/18 - 6:41 p.m - Fort Madison Police responded to a report of a hit and run in the 1000 block of Ave. E. 10/22/18 - 8:03 p.m - Fort Madison Police responded to a report of larceny/ theft in the 2700 block of Ave. L. 10/22/18 - 10:01 p.m - Fort Madison Police responded to a report of larceny/ theft in the 2200 block of Ave. F. 10/23/18 - 8:51 a.m - Fort Madison Police responded to a report of a stolen vehicle in the 1100 block of Ave. E. 10/23/18 - 10:15 a.m - Fort Madison Police responded to a report of larceny/ theft in the 700 block of 34th St. 10/23/18 - 1:58 p.m - Fort Madison Police responded to a report of larceny/ theft in the 900 block of 27th St. 10/23/18 - 3:00 p.m - Fort Madison Police responded to a report of a property damage accident in the 3300 block of Ave. L. 10/23/18 - 6:48 p.m - Fort Madison Police responded to a report of larceny/ theft in the 2500 block of Ave. L. 10/24/18 - 2:15 a.m - Jason

in the 1100 block of Ave. E.

Paul Thurman, 38, of Fort Madison, was arrested in the 1600 block of 20th St. on a warrant service for violation of court order (carrying weapons) and driving under suspension. He was taken to the Des Moines County Line. 10/24/18 - 11:50 a.m - Fort Madison Police responded to a report of a personal injury accident in the 1800 block of Ave. H. 10/24/18 - 2:38 p.m - Fort Madison Police responded to a report of a burglary in the 3000 block of Ave. N. 10/24/18 - 9:12 p.m - Fort Madison Police responded to a report of larceny/ theft in the 600 block of Ave. G.

Lee County Sheriff's Department Report 10/23/18 - 10:44 a.m - Lee County Sheriff's deputies arrested Joshua Wayne James, 35, of Burlington, at the Sheriff's office, on warrants for drug trafficking (5 GM - 100 KG Meth), possession of other controlled substance, and possession with intent to deliver. He was held at the Lee County Jail. 10/24/18 - 8:25 a.m - Lee County Sheriff's deputies arrested Shelly Louise Martinson, 33, of West Point, at the intersection of 5th and Exchange St., on a charge of driving while barred. She was taken to Lee County Jail and released upon recognizance. 10/24/18 - 12:03 p.m - Lee County Sheriff's deputies arrested April Lee Jacobson, 50, of Keokuk, in the 2700 block Of 340th St., on a warrant of forgery-felony. She was taken to Lee County Jail and held. 10/24/18 - 2:32 p.m - Lee County Sheriff's deputies arrested Kiersten Jade Marie Bushinger, 18, of Fort Madison, in the 1600 block of Green Bay Rd., on a charge of possession of drug paraphernalia. She was taken to Lee County Jail and held. 10/25/18 - 6:03 a.m - Lee County Sheriff's deputies arrested William Jay Jr. Kirchner, 29, of Burlington, at the Sheriff's office, on a warrant for failure to appear. He was held at the Lee County Jail. All persons in these listings are presumed innocent until proven guilty in a court of law.

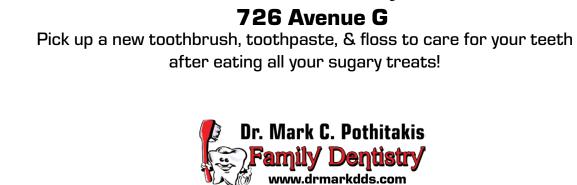
tly-ins welcome



Fort Madison Family Dentistry East Invites You to Downtown Trick-or-Treat, Tuesday, October 30, 5-7pm



Visit any of these Facebook pages to learn more about what the Neighborhood Watch Program is & how to start your own group or join an existing group!





Charles Vandenberg, Editor (319).371.1670 editor@pencitycurrent.com

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Founded in 2016



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Obituaries/From the Front

P.O.R.T Phase three could turn into two parts

BOOOO-ST - Continued from Page 1

year and hopefully next year we'll run on the third phase, which will be exciting."

She said the committee will go out for bids for the third phase, which will connect the end of the second phase on 48th Street and run to the pond trail at Fort Madison Community Hospital. Benda said a tentative schedule would have the work being done before winter next year.

"That's the goal and hopefully that still happens," she said.

She said the committee has the majority of the money they need to finish the third phase. She said Wellmark donated \$100,000 in a grant conditioned upon a match of \$100,000, which the committee got from the Southeast Iowa Regional Riverboat Commission. They also got a \$280,000 Transportation Alternative Program grant and a \$91,000 state trail grant.

The third phase will have some wetlands mitigation and then the committee wants to put in some safety mechanisms at the street crossing at the end of Phase 2 crossing 48th Street. The path also has nothing on 48th Street coming down from Bluff Road to the middle school entrance so they'd like to work with the school on that effort, as well.

"We'd really like to get something along the east side of 48th street because there's nothing there right now. Hopefully we can work with the school to get something done."

The first Boo-Athlon held in 2014 netted about \$10,000 and Benda said the event is a large revenue generator for the project.

"It's our biggest fundraiser. We did our Ugly Sweater 5K last year in December and we'll do that again this year. We didn't have sponsors for that last year and that was a great fundraiser that we didn't have sponsors for, and we'll discuss that but it's also just a great way to promote health and wellness."

Benda mentioned, for the first time, a Phase 3A and possible Phase 3B which would possibly connect the living areas by Sunnybrook and connect that area to Fort Madison Community Hospital and create another big loop on the trail.

"That may be in the plans and maybe a portion where we get some support. We've had other businesses and large industries come to us and say they want to help so we want to find a way to keep that momentum going," Benda said.

She said the group is also working with the current effort underway to look at trails, bike trails, and water trails in southeast Iowa, western Illinois, and northeast Missouri. She said it would be wonderful to get the path connected with Montrose, and other areas close to the community.

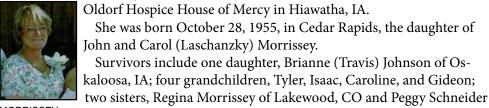
"We're not done, we're thinking that way. We're also thinking big picture it would great if we go to Montrose and Keokuk could come to Montrose we'd have a whole path there. We could go to (Lake) Geode or we could go Burlington, it's all still there," she said.

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Cutoff Drawing Time Time **OBITUARIES**

COLLEEN "COLLIE" **R. MORRISSEY**

Colleen "Collie" R. Morrissey, 62, of Cedar Rapids passed away after a short battle with lung cancer, Thursday, Oct. 25, 2018, at the Dennis & Donna



Oldorf Hospice House of Mercy in Hiawatha, IA. She was born October 28, 1955, in Cedar Rapids, the daughter of John and Carol (Laschanzky) Morrissey.

Survivors include one daughter, Brianne (Travis) Johnson of Oskaloosa, IA; four grandchildren, Tyler, Isaac, Caroline, and Gideon;

MORRISSEY

of Iowa City, one brother, Patrick Morrissey of Cedar Rapids, many nieces, nephews, cousins and friends. She was preceded in death by her parents.

Colleen graduated from Fort Madison Community High School. She married Dennis Stephenson in 1977, they later divorced. She was Part Owner & Secretary/ Treasurer of Truck Repair Inc. in Fort Madison for many years.

She was a board member of Peer Action Disability Support (PADS) in Cedar Rapids and volunteered with many other organizations.

She loved reading, Willie Nelson and her dogs. Her generous spirit will be missed by many.

A private service will be held at a later date. To honor Colleen, please make a donation to your local animal shelter or PADS, P.O. Box 883, Cedar Rapids, IA 52406-0883.

Pen City Current obituary policy

The Current runs obituaries at no charge to funeral homes and they run the day they are submitted in most cases. They are also run as submitted by the funeral homes.

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	Powerball [®]	Wed & Sat	8:59 pm	9:59 pm
	Mega Millions®	Tues & Fri	8:59 pm	10:00 pm
	Lucky for Life [®]	Mon & Thu	8:30 pm	9:38 pm

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Sports

HTC junior setting sights on senior year

HELLIGE - Continued from Page 1

definitely helped."

He said next year's plan is to just keep improving on his time and place and maybe integrate a few more miles into the training routine as he ramps up his performance with college just a year and a half way. Hellige said he wants to run at college.

Mohrfeld said this year's training plan was strong and Hellige executed well in the run.

"He said he definitely wants to run in college," Mohrfeld said. "So we're gonna bring his miles up next year and we'll probably talk to a couple perspective college programs and overlay that so he has a nice transition going forward."

Hellige's dad, John, who's also HTC's head boys basketball coach, said his son ran a good race.

"I thought he ran a really good race. This year he had a much more strategic approach," John said. "That's a result of maturity and coaching, and he spent a week at a cross-country camp this last summer at Wartburg, which I thought was a real difference maker. He was around a lot of high school kids who like to run and learned a lot of mental preparation for racing."

With about 150 Class 1A schools represented at Saturday's final race of the year, John Hellige said his son is just about at the top level in the state.

"He's in the top three to five in southeast Iowa. When you get here you got the best of 150 schools and if you finish in the top 50 you're pretty much the cream of the crop and we hope to keep cutting this in half each year."





Photo by Chuck Vandenberg/PCC

HTC junior Matt Hellige gets a hug from his dad, John, at the finish chute at the end of Saturday's Class 1A state run at Fort Dodge. Hellige finished 58th out of 150 runners.



Photo by Chuck Vandenberg/PCC

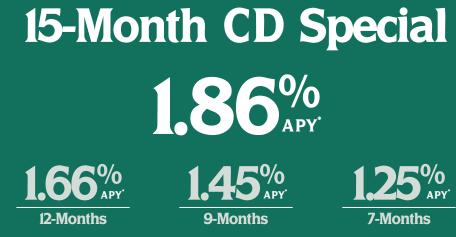
Holy Trinity's Matt Hellige is surrounded by four Saint Albert runners at

Photo by Chuck Vandenberg/PCC

HTC's Matt Hellige battles with Woodward's Gurisho Ephirem in the last mile of Saturday's 5K State Cross Country run in Fort Dodge. Hellige finished 58th out of 150 runners in the Class 1A run, which the last event of the day.



the start of the Class 1A boys state cross-country run Saturday...



*Annual Percentage Yield is effective 10/22/2018 and is subject to change without notice. Minimum deposit is \$5,000 to earn promotional APY. A penalty may be imposed for early withdrawal and may reduce earnings.



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LCHD Maternal Child and Adolescent Health Program Coordinator

Lee County Health Department is seeking a Full-Time Iowa Licensed Registered (Bachelor Degree Nurse preferred) for the MCAH program. Responsibilities will include health education, nursing, case management & health promotion services with pregnant women & children in service area. Ability to document and complete timely data entries into a web-based computer program is necessary. If interested send resume to Becky Worster, Community Health & Nursing Program Director at LCHD PO Box 1426 #3 John Bennett Dr, Ft. Madison, IA 52627 or email to bworster@leecountyhd.org by Oct. 29th. LCHD is an EOE.



Cleaning Person Part-Time

Part Time Cleaning Person needed at the Holy Trinity Catholic Elementary School in West Point, IA. Must be able to pass background check. Please call Judi at 319-837-6131 for application and/or interview.



Dental Assistant

PUBLIC NOTICES

PUBLIC NOTICE Fort Madison City Offices, departments and the public library will be closed Monday, November 12th in observance of the Veteran's Day holiday. They will reopen on Tuesday, November 13th. Monday's garbage route will be collected on Tuesday. All other garbage, recycling and yard waste routes will not be affected.





Photo by Chuck Vandenberg/PCC

A kangaroo with a joey in its pouch is part of the group running in the PORT Boo-Athlon on Saturday morning.

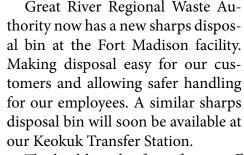
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or Hygienist

Lee County Health Department is seeking a part time contracted dental assistant or dental hygienist to work within our school-based sealant program. Applicant must be a licensed assistant or hygienist with at least one year of clinical experience. Please send resume to Rachael Patterson-Rahn, Oral Health Program Coordinator at <u>rprahn@leecountyhd.org</u>. LCHD is an equal opportunity employer.





The health and safety of our staff and our community members is of the upmost importance and we urge our residents to use regulated containers specifically made for sharps. Empty Sharps containers can be obtained in the at both the Fort Madison and Keokuk facilities.

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Current-Lee/Weather

CURRENT-LEE

Lee County Sheriff's Safe Trick or Treat

The Lee County Sheriff's Department will host a safe Trick or Treat at the sheriff's office from 5 to 7 p.m. on Monday, Oct. 29.

Fort Madison Beggar's Night

The Fort Madison Public Library will be the site of a Haunted House from 3:45 to 5:45 p.m. on Oct. 30 hosted by the Anime Club and Thursday Crafternoons.

19th Street Trick or Treat

Kempker's, Fareway, Hall's Ice Cream, Holtkamp's and New Dimensions will host a Beggars' Night from 5 p.m. to 7 p.m., Tuesday, October 30 at 19th Street and Avenue H. Beggars will be treated to a hot dog, drink and candy.

Fort Madison Beggar's Night

The citywide beggar's night begins at 5 p.m. Tuesday, Oct. 30 throughout the city of Fort Madison.

Old Settler's 3rd annual Trick or Treat

The Old Settlers Association is once again holding a lighted, safe Trick or Treat night at Old Settler's Park on 4th Street and Avenue E from 5 to 7 p.m. A light supper is provided by Fraise Auction & Real Estate. Contact Sheryl at 372-7813 on reserving a table.

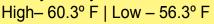
Young Professionals Food Drive

The Fort Madison Young Professionals will host a food drive on Nov. 1 at Kinnick South from 5 to 7 p.m. to help bolster supplies at the Fort Madison Food Pantry. Non-perishable food items, toiletries and monetary donations will be accepted.

P.A.W. Taco Supper Fundraiser

5-DAY WEATHER FORECAST

SUN 28 Oct Clear Skies High – 55.8° F | Low – 38.1° F MON 29 Oct Mostly Sunny



TUE 30 Oct

Clear :

lear Skies	
igh– 56.6° F	Low – 41.1° F

WED 31 Oct

CURRENT-LEE

P.A.W. Animal Shelter will be holding a taco supper fundraiser at Sunny-Brook, 5025 River Valley Road from 11:30 a.m. to 1 p.m, Friday, November 2. All meals include two fried soft tacos, spanish rice and a cookie. For orders of 10 or more call 24 hours in advance at 319-372-8611. \$6 dine-in or carry out, \$8 for delivery.

Veteran's Breakfast at Sunnybrook

Each month on the third Tuesday of the month, Sunnybrook Assisted Living hosts a Veteran's Breakfast from 7 a.m. to 9 a.m. at 5025 River Valley Road in Fort Madison.

Pen City Current will list your event in this highly visible CURRENT-LEE section in increments of 25 words for \$15. Add a photo for \$5. Non-profit organizations are eligible for the reduced rate of \$10 per 25 words and \$3 per photo. To place your listing, click here or call Lee at (319)371.4125.

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RSVP/United Way is searching for volunteers to volunteer their time at the following locations: Richardson Elementary & Lincoln Elementary in Fort Madison, Central Lee Elementary in Donnellson, and Hawthorne Elementary in Keokuk.

If interested in volunteering, please contact: Fort Madison & Central Lee Keokuk Tammy at 319-372-8043 Sue at 319-524-4504 rsvp@unitedwaygrr.org vc@unitedwaygrr.org





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HAPPYHALLOV

Halloween is an exciting time of year for kids, and to help them have a safe holiday, here are some tips from the American Academy of Pediatrics (AAP). Feel free to excerpt these tips or use them in their entirety for any print or broadcast story, with acknowledgment of source.

ALL DRESSED UP:

Plan costumes that are bright and reflective. Make sure that shoes fit well and that costumes are short enough to prevent tripping, entanglement or contact with flame.

Consider adding reflective tape or striping to costumes and trick-or-treat bags for greater visibility.

Because masks can limit or block evesight, consider non-toxic makeup and decorative hats as safer alternatives. Hats should fit properly so they don't slide over eyes. Makeup should be tested ahead of time on a small patch of skin to make sure there are no unpleasant surprises on the big day.

When shopping for costumes, wigs and accessories, look for and purchase those with a label clearly indicating they are flame resistant.

If a sword, cane, or stick is a part of your child's costume, make sure it is



not sharp or long. A child may be easily hurt by these accessories if he stumbles or trips.

Do not use decorative contact lenses. While the packaging on decorative lenses will often make claims such as

"one size fits all," or "no need to see an eye specialist," using decorative contact lenses without a prescription is both dangerous and illegal. This can cause pain, inflammation, and serious eye disorders and infections, which may lead to permanent vision loss.

Review with children how to call 9-1-1 (or their local emergency number) if they ever have an emergency or become lost.

CARVING A NICHE:

Small children should never carve pumpkins. Children can draw a face with markers. Then parents can do the cutting.

Consider using a flashlight or glow stick instead of a candle to light your pumpkin. If you do use a candle, a votive candle is safest.

Candlelit pumpkins should be placed on a sturdy table, away from curtains and other flammable objects, and not on a porch or any path where visitors may pass close by. They should never be left unattended.

HOME SAFE HOME:

To keep homes safe for visiting

trick-or-treaters, parents should remove from the porch and front yard anything a child could trip over such as garden hoses, toys, bikes and lawn decorations.

Parents should check outdoor lights and replace burned-out bulbs.

Wet leaves or snow should be swept from sidewalks and steps.

Restrain pets so they do not inadvertently jump on or bite a trick-or-treater or run away.

ON THE TRICK-OR-TREAT TRAIL:

A parent or responsible adult should always accompany young children on their neighborhood rounds.

Have flashlights with fresh batteries for all children and their escorts.

If your older children are going alone, plan and review the route that is acceptable to you. Agree on a specific time when they should return home.

Only go to homes with a porch light on and never enter a home or car for a treat.

Because pedestrian injuries are the most common injuries to children on Halloween, remind Trick-or-Treaters: Stay in a group and communicate

These Halloween safety tips are brought to you by these community-minded sponsors and Pen City Current.





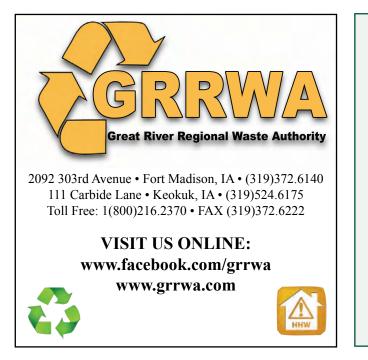


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where they will be going. Remember reflective tape for costumes and trick-or-treat bags.

Carry a cellphone for quick communication.

Remain on well-lit streets and always use the sidewalk.

If no sidewalk is available, walk at the far edge of the roadway facing traffic.

Never cut across yards or use alleys.

Only cross the street as a group in established crosswalks (as recognized by local custom). Never cross between parked cars or out of driveways.

Don't assume the right of way. Motorists may have trouble seeing Trickor-Treaters. Just because one car stops, doesn't mean others will!

Law enforcement authorities should be notified immediately of any suspicious or unlawful activity.

HEALTHY HALLOWEEN:

A good meal prior to parties and trick-or-treating will discourage youngsters from filling up on Halloween treats.

Consider purchasing non-food treats for those who visit your home, such as coloring books or pens and pencils.

Wait until children are home to sort and check treats. Though tampering is rare, a responsible adult should closely examine all treats and throw away any spoiled, unwrapped or suspicious items.

Try to ration treats for the days and weeks following Halloween.

HALLOWEEN AND FOOD ALLERGIES:

Halloween can be tricky for children with food allergies. It's important that parents closely examine Halloween candy to avoid a potentially life-threatening reaction:

Always read the ingredient label on treats. Many popular Halloween candies contain some of the most common allergens, such as peanuts or tree nuts, milk, egg, soy or wheat.

If the ingredients aren't listed, arrange for a treat "exchange" with classmates or friends. Or, bag up the goodies your child can't eat because of an allergy and leave them with a note asking the "Treat Fairy" to swap them for a prize.

Be aware that even if they are not listed on the ingredient label, candy is at high risk of containing trace amounts of common allergy triggers, because factories often produce many different products. Also, "fun size" or miniature candies may have different ingredients or be made on different equipment than the regular size candies, meaning that brands your child previously ate without problems could cause a reaction.

Teach your child to politely turn down home-baked items such as cupcakes and brownies, and never to taste or share another child's food.

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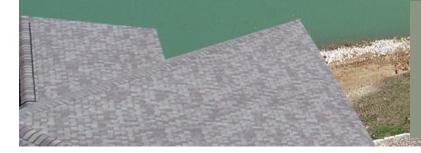


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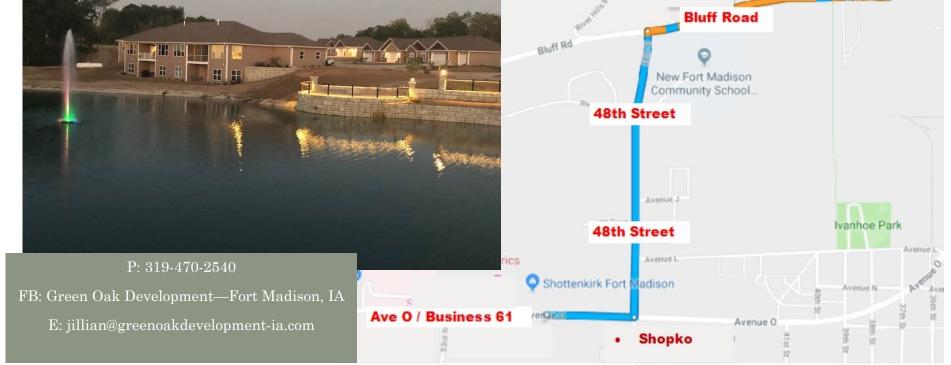
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