

# PEN CITY CURRENT

It's Black & White and Read all over

Monday, March 8, 2021 | 7 pages | Volume 5 • Issue 55



www.pencitycurrent.com

## State expands vaccinations

**LCHD:** Lee County not scheduling new group as health officials work through 65+

BY PCC STAFF

DES MOINES – Effective Monday, March 8, Iowa vaccine providers can officially begin vaccinating additional priority populations. Individuals 64 years of age and younger with medical conditions that are or may be an increased risk of severe illness from COVID-19 are now eligible. See Center for Disease Control's (CDC) recommendations for those conditions here.

This announcement comes as several Iowa counties have reported they are nearing completion for vaccinating previous priority population groups. Some counties and vaccine providers will remain focused on previous priority popula-

tions until they are closer to completion.

Lee County Health Department (LCHD) received notified early evening on March 4, 2021 of the updated vaccine orders.

LCHD continues to work through its 65 and over list to schedule vaccines. LCHD is also in the process of completing vaccines for Tier 2 individuals. Currently LCHD is not taking names for this new priority group due to still needing to schedule the 65 and over list. Please continue to watch the LCHD Facebook page and website for announcements for vaccinating this additional priority group.

See COVID, page 7



## Christmas Tree down - a sign of spring

It's a record setting year in the Vandenberg funhouse. I took the Christmas tree down Friday and reset the living room.

I like it when that happens because it creates space. Christmas can be claustrophobic, but for me so can a walk in the park. Or a wedding ring that won't come off. That's not an analogy.

Christmas notoriously runs long in our home. When we had both girls at home they would sleep downstairs in front of the tree. One year, we didn't even take it down. Now in recollection, that may have been two years in a row.

But spending an afternoon taking it down, putting all the keepsakes in their respective boxes with tissue paper and then putting all the boxes in the plastic bins is tedious work. I dismantle the tree and place it in this nylon bag, that you could put a body in, and haul it thumping down the basement stairs.

But on the other side of the work is the welcome of spring and the renewed space of the home. Windows open and fresh, cool air circulating through the home.

It also means it's time to clean all the windows and dust the furniture, vacuum and a fresh set of eyes. This year it meant several trips to the landfill with out-of-date decor.

Spring means more walks and maybe even some jogs around town. Saturday my daughter and I did about 5 miles and waved to city big wigs like Councilwoman Rebecca Bowker getting in road work, Jason Lynk of King-Lynk Funeral Home, whose family, like ours, was taking in the new trail behind FMHS, and Lincoln Neighborhood Watch's Larry Lee Stewart hanging a new door.

See HOPE, page 2

## Crimson & Black

Members of the Fort Madison High School Crimson & Black singers perform at a Variety show Sunday in Fort Madison. The show came on the heels of the annual Stars in the Spotlight Show Choir competition held Friday and Saturday with Fort Madison hosting.



Photo by Chuck Vandenberg

## Opinion

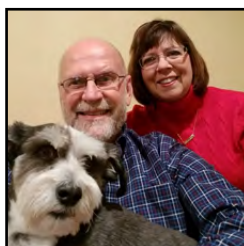
### Copper treatment seems to be doing the trick

I've espoused the benefits of copper before. I completely cured the pain in my left elbow by wearing a copper bracelet. I don't even wear it anymore, nor do it need it. The pain is gone.

When my left hip and lower back acted up, and I was diagnosed with degenerative hip disease and two bulging disks, I thought, "What the heck? If copper can work on my elbow, I wonder if it can work on my hip and back." However, where to find a copper waist belt? I wondered if I could fashion something out of copper. I'm

## EMPTY NEST

By Curt Swarm



an Iowa farm boy and ex-drunk. If we need it and can't find it or afford it, we make it.

With Ginnie in tow, I went to a hardware store and bought a coil of heavy copper wire. When Ginnie asked what it was for and I told her

I was going to fashion a copper wire belt, not only did I get the eye roll, but also a head shake and slumped-shouldered sigh/huff. I think she gets wore out with my eccentricities.

I fashioned a crude copper-wire belt and wore it under my pants. I'm not kidding. It worked! The pain in my hip and lower back began to subside. Then I discovered there are copper infused support items for sale at department stores. I won't mention the name brand because I get in trou-

See SWARM, page 7

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## WEATHER

MON 08 Mar ..... Scattered Clouds, 60° F / 45° F  
TUE 09 Mar ..... Scattered Clouds, 62° F / 46° F  
WED 10 Mar ..... Light Rain, 60° F / 57° F

## IOWA LOTTERY

LOTTO AMERICA 03/06 .....23 33 37 42 47, Star Ball: 1, All Star Bonus: 2  
LUCKY FOR LIFE 03/04 .....2 5 32 35 37, Lucky Ball: 2  
MEGA MILLIONS 03/05 .....10 11 17 27 54, Mega Ball: 20 Megaplier: 2  
PICK 3 03/04, 03/05, 03/06 MIDDAY .....870, 899, 192  
PICK 3 03/04, 03/05, 03/06 EVENING .....778, 652, 078  
PICK 4 03/04, 03/05, 03/06 MIDDAY .....2553, 1974, 1940  
PICK 4 03/04, 03/05, 03/06 EVENING .....4995, 0325, 8368  
POWERBALL 03/06 .....11 31 50 52 58, Powerball: 18, Power Play: 4

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## Local News/From the Front

# Three injured in Thursday night FM accident

FORT MADISON – On March 4, 2021 at 7:45 PM officers of the Fort Madison Police Department were dispatched to a two-vehicle crash on Avenue O just east of the intersection of 37th St. numerous 911 calls had been received reporting multiple injuries at the scene.

A Thursday evening crash in the 3700 block of Avenue L resulted in three people being taken to Fort Madison Community Hospital. Photo Courtesy of Fort Madison Police. Officers learned that a westbound 2011 Ford Focus operated by Caleb Wiggins (18) of Fort Madison, made a left-hand turn into the path of an oncoming 2006 Chevy Silverado driven by Harry Hoenig (73) also of Fort Madison. The subsequent broadside collision because both vehicles to spin in the roadway and stop in the eastbound lanes.

Fort Madison firefighters extricated two passengers in the car, Gavin Horton (15) and Jade Rain (17), both of Fort Madison. A third passenger Maxwell Brunswig (15) of Burlington was also injured but out of the vehicle. The three were taken by to the Fort Madison Community Hospital by Lee County EMS. None of the injuries were considered life-threatening.

Both drivers also reported minor injuries and were to seek treatment on their own. Both vehicles were towed from the scene and are likely totaled. Wiggins was cited for failure to yield.

# Spring brings added hope

**HOPE** - Continued from Page 1

Jason Lynk was in a hat and shorts with the family and I gave a slight wave as I didn't realize who it was until he passed. I felt bad about that. I'm sure he recognized this thug walking with his daughter.

I got a pass when we circled around and ran into each other again on Avenue E and I could make amends. We both laughed as we seemed incognito away from the weekly grinds of the business world.

I ran into FMHS head tennis coach Dean Hogan, who eternally is working with someone on a western grip and cart full of tennis balls. One of my favorite sights. But Coach won't read this. He still calls me with results. I love that.

"Hey Coach!"

"Hey... how are you guys this fine day," he replied.

"Coach, I wanna do a preview on the season since we're in the break," I said through the fence, while a little girl chased down a missed backhand at the FMHS' courts.

"We haven't played for two years. I don't even know who I've got," he said.

Coach Hogan is a very matter-of-fact man.

On Avenue E we ran into a black and white Great Dane. He came out shyly to greet us as we walked. We stopped. He looked up at us with some extremely sad eyes so we stopped and rubbed his snout. My daughter gave him a full body scratch.

We walked away and he didn't want us to leave and let us know that. But we had ambitions on this day.

The next block was a calico kitty named Peaches, with a glistening collar. She reminded me of our Snickers that we lost last year. I bent down and rubbed her up and yanked on her tail for a few minutes. She curled up on the warm cement and scrubbed her coat on the rough concrete.

Timid, but friendly and vocal.

We finished our walk and moved to the refrigerator for hydration. A box of cold pizza whispered at my belly, but I'm planning on fish for dinner and didn't want to spoil it.

So...COVID seems, and I use that reluctantly, to be loosening its grip and although we have always been able to get out and exercise and move around, spring seems to be bringing more hope than usual this year.

Take care and be smart. Let's hope with spring we can start to put this behind us, remember those that we've lost, and learn that a better focus on handwashing, higher cleaning standards and getting vaccinations are probably a bigger part of all our futures.

But it's okay to put the tree away and welcome spring, with the walks and talks, the pets and tennis, and a deep sigh from what used to be the exhaling of winter. This year, honestly, it probably means a little more.

And when you're on your walks just take a second look at what's going on downtown. There have been lots of ribbon cuttings in the past few weeks and people are starting to get a sniff, not just of Chris Swed's coffee, but of something greater happening – but that's Beside the Point.

*Chuck Vandenberg is editor and co-owner of Pen City Current and can be reached at [editor@pencitycurrent.com](mailto:editor@pencitycurrent.com).*



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**PEN CITY CURRENT**

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Pen City Current and [www.pencitycurrent.com](http://www.pencitycurrent.com) are products of Market Street Publishing, LLC. Pen City Current is published Sunday through Friday mornings by 6AM.

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# Obituaries

## OBITUARIES

### FANNIE E. CUMMINS

Fannie Elinore Cummins, age 95, loving mother, grandmother, and great-grandmother, amateur actress and artist, believer in the great love and authority of Jesus Christ, left for her heavenly home on October 12, 2020. Fannie was born in Kansas City, MO, and raised in Fort Madison, Iowa. Her parents were Charles Samuel Cummins and Anna D. Barr. Her first American ancestors were William Cummins who arrived from Ireland in 1716, and Jacob Baer, who arrived from Switzerland in 1728. She was a devout Christian and a feisty person who loved parties, dancing and the arts. She was married to architect Chris Ramos of Kansas City for 35 years and raised six daughters. After a ten-year period filled with work at prestigious Halls department store, fun trips with her bible study girlfriends, and helping her girls get started in life, she married Jack Ullrich from her home town of Fort Madison. She met him at a high school reunion and, many beautiful love poems later, married him at Colonial Presbyterian Church. They lived together in Leawood, KS until advancing age moved them closer to their children. Fannie loved and supported the arts. She was a Friend of Jazz, Friend of the Nelson Art Gallery, and Friend of various theatres in Kansas City. For several years, she performed children's plays with Tomahawk Players, a small company of energetic and creative women. She loved to paint and kept this up throughout her busy life. She deeply loved her family and her many close friends. She is pre-deceased by Chris Ramos and Jack Ullrich, her sister, Virginia Geisendorfer, and her brother, Jaimie Cummins. She is survived by her children, Chris Whitaker, Clare Ramos, Stacy Webb, Penny St. John, Connie Carrell, and Mary Ramos Oden, her half-brother Casey Allen and step-children Jane Greer and Walter Ullrich. Her grandchildren are Tyler Cowdry, Will (Tara) Cowdry and his son Lawrence, Peter Thomas (Madeline), Jesse Thomas (April) and his daughter Audra, Dario Ramos, Helen Webb, Hugh Webb, Elinore Webb, Llewyn St. John, Joseph Carrell, Wyatt Oden, and Lucy Oden. She was an active member of Cure of Ars Catholic Church and later, Colonial Presbyterian Church. She is truly missed.



CUMMINS

#### Pen City Current obituary policy

The Current runs obituaries one time at no charge to funeral homes and they run the day they are submitted in most cases. They are also run as submitted by the funeral homes.

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## OBITUARIES

### VICKIE A. RANDOLPH

Vickie A. Randolph, 67, of Keosauqua, Iowa, passed away at 8:32 a.m. Monday, March 1, 2021, at her home. She was born on February 24, 1954, in Farmington, Iowa, the daughter of E. Paul and Ella Mae (Shuler) Jenkins. On August 26, 1972, she married B. David Randolph in Farmington, Iowa. He preceded her in death on September 28, 2011. Survivors include her son: Caleb (Kelli) Randolph of Queen City, Missouri; two grandchildren: Kegan and Cadie Randolph; two brothers: Carroll L. (Claudelle) Jenkins of Tennessee and Melvin (Samantha) Jenkins of Arkansas; two sisters: Marie (Rudd) Toothacre of Washington and Nelma (Milo) Hammond of Arkansas; two brothers-in-law: John (Jodi) Randolph of Tennessee and Jim Randolph of Iowa; three sisters-in-law: Vera Jenkins of Illinois, Rosemary Randolph of Iowa and Susan (Craig) Krebill of Donnellson, Iowa. Also surviving are several nieces and nephews all loved by Aunt Vickie. She was preceded in death by her parents; husband: David; brothers: Ottis and James Jenkins; father and mother-in-law: Stanley and Tracy Randolph. Vickie was a graduate of Harmony High School. She worked as a medical assistant/pharmacy tech for Lee Pharmacy in Keosauqua. She was a member of the Bonaparte Baptist Church and Community Bible Study of Fort Madison. Vickie enjoyed being with family and friends, teaching, sharing and encouraging all in the love of Jesus. Family will receive friends from 9:00 a.m. to 10:30 a.m. Saturday, March 13, 2021 at Farmington Baptist Church in Farmington. A memorial service will be held at 10:30 a.m. Saturday, March 13, 2021, at Farmington Baptist Church with Pastor Mark Caston officiating. After her funeral, the service will be posted on her obituary page under her "Tribute Wall" at [www.schmitzfuneralhomes.com](http://www.schmitzfuneralhomes.com). Burial will be at Greenglade Cemetery in Farmington. Memorials have been established in her memory for or the Bonaparte Baptist Youth Group. Online condolences may be made to the family at [www.schmitzfuneralhomes.com](http://www.schmitzfuneralhomes.com). The Schmitz Funeral Home of Farmington is assisting the family with arrangements.



RANDOLPH

### ELIZABETH A. REIDL

Elizabeth A. Riedl, 86, of Fort Madison, IA, passed away at 4:20 a.m. on Friday, March 5, 2021 at the Great River Klein Center in West Burlington, IA. She was born on October 2, 1934 in Wever, IA to Eugene A. & Florence L. Chesnut Olson. She married Arnold L. Riedl on December 9, 1951 in Kahoka, MO. She was a homemaker most of her life and enjoyed camping, traveling & being a pen pal. Betty is survived by: her husband, Arnold Riedl of Fort Madison and several cousins. She was preceded in death by her parents, 1-adopted daughter: Bonnie Pollard & 1-brother: Robert Olson. Cremation has been entrusted to the care of King-Lynk Funeral Home & Crematory and no services are planned. Her ashes will be buried in Fairview Cemetery. Online condolences to Betty's family may be left at the King-Lynk Funeral Home & Crematory website: [www.kinglynk.com](http://www.kinglynk.com).



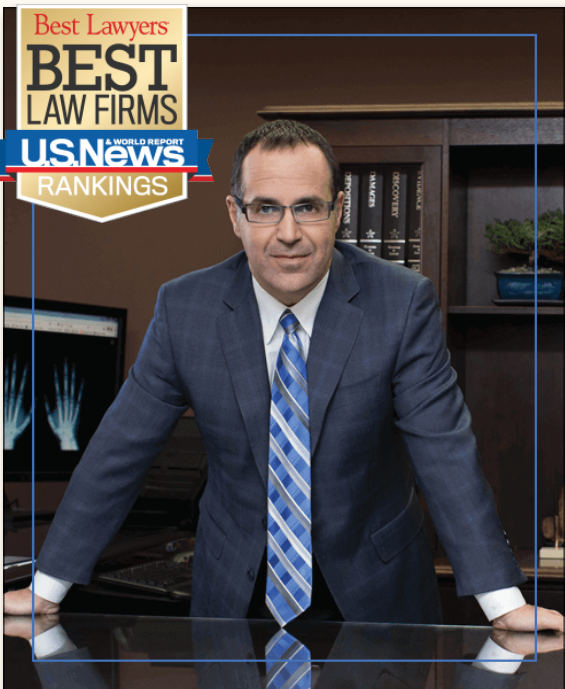
REIDL

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Firms included in the 2021 Edition of U.S. News-Best Lawyers "Best Law Firms" are recognized for professional excellence with consistently impressive ratings from clients and peers. To be eligible for a ranking, a firm must first have a lawyer recognized in The Best Lawyers in America, which recognizes the top 5% of private practicing lawyers in the United States. Achieving a tiered ranking signals a unique combination of quality law practice and breadth of legal expertise. Mr. Pothitakis has been named to The Best Lawyers in America in 2020 and again in 2021.



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# Classifieds/Public Notices

## PUBLIC NOTICES

**PUBLIC NOTICE  
CENTRAL LEE  
COMMUNITY SCHOOL  
DISTRICT  
DONNELLSON, IOWA  
52625  
LOCATION:  
DISTRICT OFFICE  
MARCH 8, 2021  
Workshop - 5:30 P.M.  
TENTATIVE AGENDA**

1. Call to Order

**HELP  
WANTED**

**ASSISTANT  
COUNTY  
ATTORNEY**

**JOB DESCRIPTION:**

The Lee County Attorney is accepting applications for a full-time Assistant County Attorney. Primary duties involve all aspects of trial work including daily court appearances, assistance with investigations; charging of criminal cases; interaction and training with law enforcement, victim and witness contact, representing the State at hearings, trials, and in other legal proceedings; and other duties as assigned. The duties of this position may change as determined by the County Attorney.

**REQUIREMENTS:**

Graduation from an accredited law school and admission to practice law in the State of Iowa with a law license in good standing and no history of discipline.

Must be able to simultaneously handle multiple areas of responsibility with minimal supervision, properly prioritizing tasks and duties as dictated by changing demands. Must be able to simultaneously advance all assigned cases in a large trial caseload.

Prior trial experience and prosecution experience is preferred but not required.

**SALARY:**

Salary range to start at \$71,300.00 per year commensurate with experience, as well as a competitive benefits package.

Applicants should submit, by email or mail, a cover letter, resume, writing sample, and three references to:

Ross J. Braden  
Lee County Attorney  
710 Avenue F  
Fort Madison, Iowa 52627  
[rbraden@leecounty.org](mailto:rbraden@leecounty.org)

Applications must be received by March 19, 2021 at 4:30 PM.

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2. Finance Review - FY22 Budget
3. Middle School Presentation
4. Adjournment 7:00 P.M.
1. Roll Call
2. Approve agenda
3. Receive Visitors
4. Social Studies Presentation
5. Superintendent's Report:
  - a) Finance Update
  - b) Legislative Update
  - c) COVID Update/ POD Relocation Schedule
  - d) Construction Update
  - e) District Financial Audit FY2019-2020
  - f) Vacancies
6. Consent Agenda: Motion (Exhibit I)
  - a) Approve minutes
  - b) Financial Reports: General and Schoolhouse funds, Clearing account, Hot Lunch account
  - c) Approve prepaid bills
  - d) Approve monthly bills
  - e) Review Open Enrollment Applications
  - f) Overnight Trip Requests:
    - 1) Drake Relays, Des Moines, Iowa - 4/21/2021 - 4/24/2021;
    - 2) Boys' & Girls' State Track Meet, Des Moines, Iowa - 5/20/2021 - 5/22/2021;
    - 3) Boys' State Golf Meet, TBA - 5/27/2021 - 5/28/2021;
    - 4) Girls' State Golf Meet, Marshalltown, Iowa - 6/1/2021 - 6/2/2021;
    - 5) Boys' State Soccer Tournament, Des Moines, Iowa - 6/1/2021 - 6/5/2021;
    - 6) Girls' State Soc-

- cer Tournament, Des Moines, Iowa - 6/8/2021 - 6/11/2021;
- 7) Girls' State Softball Tournament, Ft. Dodge, Iowa - 7/19/2021 - 7/23/2021;
- 8) Boys' State Baseball Tournament, Des Moines, Iowa - 7/23/2021 - 7/31/2021;
- 9) Iowa FFA Leadership Conference, Des Moines, Iowa - 4/18/2021 - 4/20/2021;
- NEW BUSINESS:
  1. Use of Motor Vehicles - Driving Privileges (Motion) (Exhibit II)
  2. Public Hearing - 2021-2022 District Calendar
    - a) Review calendar (Exhibit III)
    - b) Open hearing for public comment
    - c) Approve Calendar for 2021-2022 (Motion) (Roll Call Vote)
  3. Approve Membership for Rural Schools of Iowa (Motion) (Exhibit IV)
  4. First Reading of Board Policies 300 Series (Motion) (Exhibit V)
  5. Set Hearing Date for FY22 Budget (Motion) (Roll Call Vote)
    - Recommend April 12, 2021 at 6:00 p.m.
  6. Facility Improvements/Maintenance Summer 2021 Discussion (Exhibit VI)
  7. Retirements: (Effective End of FY2020-2021) (Motion)
    - a) Cheryl Fraise - Bus Driver
    - b) Arlene Wilson - Food Service
    - c) D'Ete Wilson - Food Service
    - d) Kathryn Sellens - Elementary Instructor

8. Retirement: (Effective July 30, 2021) (Motion)
  - a) Lora Azinger - Superintendent's Secretary
9. Contract Approvals: (Motion)
  - a) Flint Hawes - Accompanist
  - b) Ethan Stewart - Assistant Music Instructor (Effective FY2021-2022)
  - c) Kayla Haigh - 1:1 Special Needs Associate (Tuesdays & Thursdays)
10. Adjourn (Motion)

**PUBLIC NOTICE  
Lee County Board of  
Supervisors Meeting  
Mon, March 8, 2021  
9:00 AM - 11:00 AM  
(CST)  
AGENDA**

Please join my meeting from your computer, tablet or smartphone.

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If you would like to pose a question to the Board, please use the Chat feature and wait for the Chairman to address you. If you are participating by phone, please wait until everyone is done speaking before addressing the Board. Please keep your microphone muted to cut down on background noise. If you are participating by phone, press #6, this will mute your phone.

Pledge of Allegiance  
Approve Agenda

Public Input  
Argyle Sanitary District  
Budget Hearing  
Discussion on Estes Park with Keokuk Hamilton Dam Museum Representatives

Consider Approval of Plans for Overlay Project on W55 from IA16 to the Henry County Line  
Consider Approval of Quote for Lawn Mowing Services at Secondary Roads Primrose and Mt Hamill Shops

Consider Approval to Replace Engineering Technician Supervisor  
Consider Approval to Hire Assistant to Engineer  
Canvass of Tuesday, March 2, 2021 Fort Madison School District Special Election

Consider Approval of Resolution Accepting Proposals for Sale of General Obligation Corporate Purpose and Refunding Bonds

Consider Approval of Special Class C Liquor License for Harvestville Farms

Consider Approval of March 1, 2021 Board Minutes

Consider Approval of Claims Reports:

A. Treasurer's Report of Fees Collected

B. Auditor's Report of Fees Collected

C. Sheriff's Monthly Report

Commission or Committee Reports

Closed Session-Chapter 21.5(c)

Adjourn

Workshop to Follow

PUBLIC MEETING  
CITIZENS WELCOME

Vision and hearing

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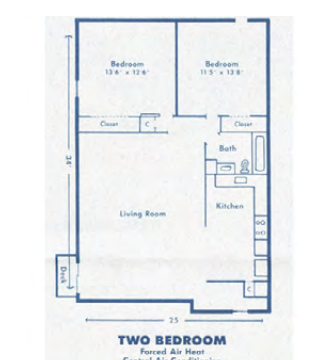
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## From the Front

### Author expands on copper benefits

**SWARM** - Continued from Page 1

ble with newspaper editors. They call it “advertising.” But I purchased a copper infused back support belt. Pain gone, 100%. I don’t even wear the support belt or copper wire anymore. Gone, adios, sayonara.

When my ankles started hurting from jogging on the treadmill, I remembered seeing the copper infused ankle supports. Presto-changeo, pain gone. I’m wearing the ankle supports right now and my ankles are 100% pain free. They also have copper-infused wraps for knees and elbows.

Now for my right shoulder. My orthopedic surgeon tells me I have a torn rotator cuff. But he also tells me that 75% of men my age (I’m 72) have torn rotator cuffs. He’s very discouraging about surgery, telling me my shoulder will be in a sling for six weeks and I won’t be able to raise my arm above my head, even after it heals. Considering my level of activity—I like to make metal sculptures out of heavy farm junk—six weeks in a sling is a no-go. To date he’s given me three cortisone shots and they last for about six weeks.

My shoulder has been bothering me a lot lately. It hurts so bad in bed at night that it throbs and radiates down into my hand. I’ve tried physical therapy and I don’t want another cortisone shot because too many of those, I’m told, are not good for you. And I don’t want surgery or pain pills. I’ve looked for copper-infused supports for the shoulder but there isn’t much. The shoulder is sort of tricky to wrap. I wondered if I could fashion something out of copper wire.

Voila! It’s a down right miracle. I fashioned a crude U-shaped copper band to go over my shoulder. To hold it in place I used the “handy-man’s secret weapon”—duct tape. Yep. It worked, and fast—like overnight. I’m serious. Pain gone! I can reach the middle of my back with a wash cloth now, something I hadn’t been able to do for eons. It’s a little awkward wearing the copper wire under my shirt, but not that bad. I’m looking forward to the date when the pain will be gone 100% and I won’t even have to wear the copper wire.

I’ve found a copper infused support t-shirt for the shoulder on-line and I have it on right now. The shoulder pain seems to be subsiding. I am so pleased. Ginnie is wearing copper infused, fingerless gloves (makes her look like a cage fighter) for arthritis in her fingers. She’s not as enthusiastic about copper as I am, but she’s also from Missouri—the Show Me State.

Before you ask, yes, there are full, copper-infused body suits. For the consummate connoisseur.

*Have a good story? Call or text Curt Swarm in Mt. Pleasant at 319-217-0526, email him at [curtswarm@yahoo.com](mailto:curtswarm@yahoo.com) or visit his website at [www.empty-nest-words-photos-and-frames.com](http://www.empty-nest-words-photos-and-frames.com).*

### County still getting less than 500 doses per week

**COVID** - Continued from Page 1

LCHD can only administer vaccines by the number of weekly doses received each week which has been averaging 300-500 doses per week. LCHD continues to encourage anyone who has an opportunity to get vaccinated by other vaccine providers in the area to take that opportunity. However, if you are currently on the 65 and older list, but get vaccinated elsewhere, you should contact LCHD to be removed from that list to allow people to move up.

As vaccine supplies begin to increase, additional vaccinators will also be providing vaccines in the area.

Because vaccine production has not fully met the demand for vaccine, Iowans will need to remain patient as vaccine production increases. The White House announced this week that by the end of May, there will be enough vaccine for anyone over the age of 16 who chooses to receive one.

Starting March 9, the 211 Call Center will be able to assist Iowans age 65 and older who need assistance scheduling an appointment and don’t have access to the technology to do so.

It’s critical to continue practicing the mitigation measures that can slow the spread of the COVID-19 virus. Vaccinated Iowans should continue these precautions as we are still learning whether getting a vaccine will prevent you from spreading the virus that causes COVID-19 to other people, even if you don’t get sick yourself.

- Wear a mask or face covering
- Practice social distancing with those outside your household
- Clean your hands frequently with soap and water
- Stay home if you feel sick
- Get tested if you are exposed to, or have symptoms of COVID-19
- Get a COVID-19 vaccine when you are eligible

**Got a news tip?  
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