4-H'ers conquer fears!

By Kaylee Layton UT Extention

Do you suffer from glossophobia?

Glossophobia is the fear of speaking in public and many people are more afraid to speak in public than they are of death. Public speaking can be scary, but it is important for youth to learn how to research, write, and present information. Public speaking provides many benefits, it builds confidence, improves

critical thinking, communication, and prepares individuals for leadership roles.

4-H'ers throughout Marshall County Schools have been working hard to prepare, practice, and present their speeches during 4-H club meetings. The top speeches were invited to the Marshall County Public Speaking Contest held on January 10.

Youth in grades 4 through 10 delivered great speeches, and the judges had a difficult time deciding the placings.

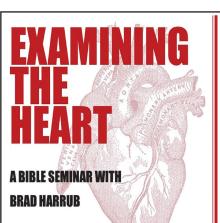
For the 4th grade division, first place was awarded to Makynli Henry (Cornersville), second place to Morgan Williams (Cornersville), and third place to Emmy Hutson (Westhills). In the 5th Grade division, first place was awarded to Lilie Jones (Delk-Henson), second place to Eli Cook (Westhills), and third place to Katie York (Westhills). In the 6th grade division, first place was awarded to Koko Phillips (Delk-Henson), second place to Mercy Chapman

(Delk-Henson), third place to Maisy Stewart (Westhills). First place in the 7th grade division went to Matthew Brindle (Westhills). In the 9th grade division, Jude Strasser (Chesterton Academy of the Incarnation) won first place, and in the 10th grade division, Will Beasley (Homeschool) won first place.

1st and 2nd place winners are invited to attend the sub-regional contest where they competed against 4-H'ers from different counties in Middle Tennessee. Marshall County was represented well! Lilie Jones won 3rd place in the 5th grade division and Koko Phillips won 3rd in the 6th grade division.

The public speaking contest is just one of many things that 4-H has to offer. 4-H in Marshall County is open to all 4th-12th graders. If you are interested in joining or have any questions about 4-H, contact the UT Extension office at 931-359-1929 or email klayton2@utk.edu.





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