









Lewisburg Rotary Christmas parade

















"The physical therapy team at Marshall Medical Center went above and beyond. Now, I'm lifting weights and doing overhead lifts that I haven't done since I was in my 30s."

— BRENT ADCOX, Cornersville High School principal



**Volunteer Income Tax Assistance (VITA)** 

## VOLUNTEERS NFFDFD

Provide free tax prep services to low- to moderate-income taxpayers at the Marshall County Senior Citizens Center.

No experience required.

Get started at volunteerforvita.org.









### POST-OP PHYSICAL THERAPY

# Comprehensive care from surgery to recovery

Brent Adcox was used to living with pain in his left shoulder. Years after dislocating it while playing baseball, he was constantly dealing with the pain, especially while working out.

One day, he decided enough was enough.

Following shoulder replacement surgery at Maury Regional Medical Center, Adox began the road to recovery with physical therapy at Marshall Medical Center. Now, he says, he feels like "a new man."

### Read the full story at:

MauryRegional.com/TherapyTransformation



### **Physical Therapy**

1080 N. Ellington Pkwy. in Lewisburg MauryRegional.com/MMCTherapy

