



Inside:
North Union and GT/RA homecoming scenes

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Inside:
ELC football to host Okoboji for homecoming on Friday

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THE ADVENTURE BEGINS

Nature Explorers Preschool has celebrated their first weeks of school, highlighting the fact that meeting local childcare and early education needs continues to be a challenge



BY AMY H. PETERSON
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Nature Explorers Preschool recently had its first day of school. The preschool, affiliated with Tiny Treasures Child Care, is opening on a smaller scale than its big dream. The building planned for the preschool and after school/summer care for older children required more work than Michelle Howing and the board of Tiny Treasures Child Care had realized, and that put the dream of a preschool in which children learn in the forest and explore nature, in question.

The preschool is now located in the original Tiny Treasures building, and is going full force.

"We are starting a preschool, just at a much smaller scale than what we had hoped the new building would have brought us. So we are reorganizing within our own building and creating a much larger infant room," Howing said.

The new dedicated preschool room allows for nine children in preschool. The preschool program is taught by Molly Diekmann with Sterling Schaefer assisting. This revamp has allowed for Tiny Treasures to move from eight to 16 available spots in the infant room – they are all full with a waiting list for infants.

Tiny Treasures will focus on its tiniest children while school-aged children will be phased out, other than those with a younger sibling also attending the center.

"I'm not setting an age, but only where it makes sense. Kids vary on their development. Some older kids might still feel comfortable playing with five-year olds, but some eight year olds are sitting there bored out of their mind. We're focusing on preschool age down to six weeks," Howing said.

The center is also in the process of moving toward a nature-based theme. This will include a new nature-based playground and outdoor learning environment. This process has brought in many partners who are talented in various aspects of nature and the outdoors. Ashley Foley, former Emmet County Naturalist, and Drew Howing, director of

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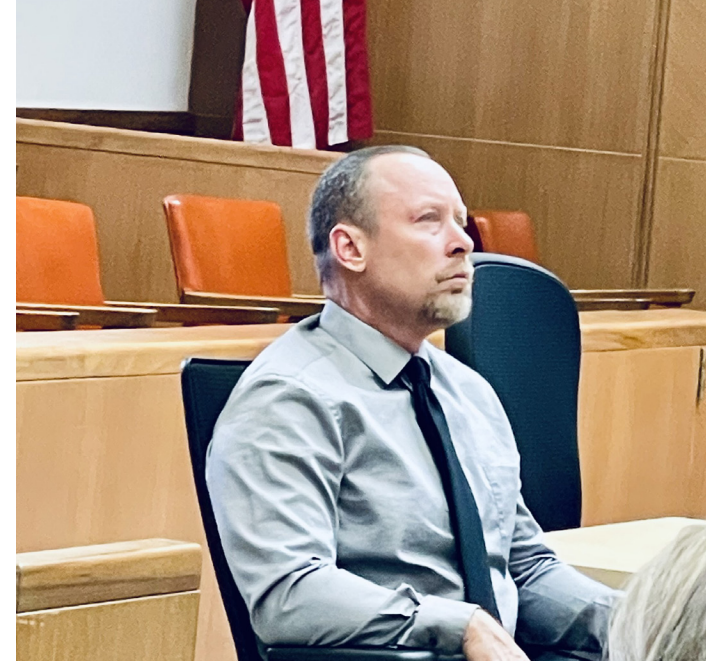
Merrill: no conviction

Deferred judgment means the record will be expunged if Merrill has no additional issues during probation

BY AMY H. PETERSON
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Judge Jeffrey Neary enthusiastically accepted the deferred judgment requested by Craig Merrill's defense team at a sentencing hearing Tuesday morning, Sept. 17 in Emmet County District Court in Estherville.

Merrill is the former Armstrong police chief who was arrested in February, 2021 along with four other Armstrong city officials. Merrill was charged with various counts of criminal activities, theft, and fraud along with assault in connection with two tasing events at a 2016 party. A Sept. 11 agreement between the state attorney general's office and Merrill's attorneys meant all charges except two assault charges – taser were dropped. Merrill



Craig Merrill of Armstrong awaits sentencing in Emmet County District Court Tuesday morning. Merrill was supported in court by his parents and his wife, Danielle.

Photo by Amy H. Peterson

Turn to MERRILL, Page 3A

Supervisors buy downtown NorthStar Bank building

Sale won't be finalized until March 2025

BY MICHAEL TIDEMANN

The Emmet County Board of Supervisors after a closed session at the Tuesday, Sept. 17 meeting voted to buy the NorthStar Bank building at 101 N. Sixth St. across from the Emmet County Courthouse for \$290,000. The board also agreed to pay \$1,000 in earnest money for the purchase.

The vote came after several earlier closed sessions. Supervisor Jeff Quastad, while remarking about the low purchase price, voted against the purchase with the other four supervisors approving.



The Emmet County Board of Supervisors and NorthStar Bank came to an agreement for the county to purchase the bank's downtown location on the northwest corner of North Sixth Street and First Avenue North in Estherville.

Photo by David Swartz

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ESTHERVILLE LINCOLN CENTRAL SCHOOL BOARD

Superintendent to seek assistance in creating vision to determine facilities improvements

By DAVID SWARTZ
dswartz@esthervillenews.net

Earlier this year, the Estherville Lincoln Central School Board considered a facilities plan that prioritized five items—a fine arts facility, a football stadium remodel, improvements to the high school ventilation system including air conditioning, a middle school lunchroom add-on, and a site for new storage—either a new build or purchase of existing space.

When then-superintendent Tara Paul announced she was leaving the school district, those plans were put on hold in favor of letting the new superintendent take charge of the process.

The school board revisited the issue Monday evening at its regular meeting.

"There hasn't been enough community

engagement around those five priorities," said ELC superintendent Aiddy Phomvisay. "I'm not saying those things will be excluded and shouldn't be considered, but we should have much larger conversation with the community about the vision and the future plans for Estherville schools and what's best, and what's the highest priority, and how can we build something that we can all be proud of, serve our kids well, and attract and retain, students, families, and staff."

Phomvisay made his recommendation on moving forward with facilities improvements.

"I recommended to the board and they approved that I seek a request for proposals from architectural firms to see what services they can offer to us so that

they can be partners very early on to help us establish a vision," said Phomvisay.

The superintendent said one of the key components is establishing a vision with input from the community including teachers, staff, and families.

"I want to make sure we have all of our options available because it is an exhaustive process and I want a really strong partner that can provide all those services from the very beginning all the way to the very end," Phomvisay said.

The superintendent said that these community conversations will be held throughout the rest of this year to receive feedback and establish a vision with options. After that, a timetable will be established for implementing that vision.

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Skateboarding dad journeys across Iowa

Local father skating to innovate new helmet, raise awareness of hydrocephalus

BY AMY H. PETERSON
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Jeremy Pfaff has lived in Estherville since 2021. He's the father of Cadogan, who will turn four on Sept. 25. That's Jeremy's birthday, too. Pfaff has been skateboarding since he watched "Back to the Future" as a nine-year-old, and keeps his wheels turning on behalf of his son, who has hydrocephalus. Pfaff said Hydrocephalus is a neurological disorder caused by an abnormal buildup of cerebrospinal fluid in the ventricles deep within the brain. The excess fluid causes the ventricles to widen, putting harmful pressure on the brain's tissues.



Jeremy Pfaff prepares for a journey around Iowa to raise awareness of hydrocephalus by skateboarding longer and longer distances.

Photo by Amy H. Peterson

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News



VFW donates to Iversons

Members of the Estherville VFW made a donation to Trace and Lesli Iverson recently at the Estherville Golf Course. The VFW Golf Tournament has been held at the golf course for years, and the VFW wanted to honor the Iversons for their work in hosting the tournament, their service to the community and help with continuing expenses as Trace continues to fight cancer. The Iversons were surprised and expressed deep gratitude for the donation. From left are Steve Erickson, Gene Kaltvedt, Mike Dalen, Dave Metcalf.

Photo by Amy H. Peterson



Superintendent joins Rotary Club

Estherville Lincoln Central School superintendent Adi Phomvisay, center, accepts a certificate signifying his membership in Rotary International from Jakob Gayer. Estherville Rotary President Rick Oleson, left, also welcomed Phomvisay into Rotary. The Estherville Rotary Club enjoyed a grill out of cloud burgers with sides from Estherville VFW Canteen and home-baked zucchini cake from Rotary member Lisa Dreeszen in the natural environs of Ft. Defiance State Park's picnic shelter just up the road from the lodge. John Wittneben of Friends of Ft. Defiance presented a program about the state park while Friend Laura Young and Chloe Bauler contributed to the discussion of preserving Emmet County's nature preserves and outdoor spaces. Estherville Rotary Club meets Thursdays from noon-1 p.m. at the Estherville VFW honor room, unless the club takes a field trip like this one.

Photo by Amy H. Peterson

TINY TREASURES, Continued from Page 1A

environmental studies at Iowa Lakes Community College and Michelle Howing's son, have assisted with programming and the structure of the nature play-based learning. Upper Des Moines Opportunity has provided the space at a low rate; Iowa Lakes Electric Cooperative donated the fence for the grassy area that will contain plants and gardens in which the children will play and learn. Moving three through five year olds to the new area to play opens up the playground behind the center for an expansion to double the toddler and preschool rooms.

Forming a 501(c)3 nonprofit organization accomplished a few things for Tiny Treasures: making the center a community-based child care that's sustainable regardless of any changes in directors, allowing the center to receive grants and charitable donations, and having a board to provide guidance and input from a variety of perspectives in order to help the center meet its treetop-high goals.

"We just hope by having a community daycare center, that it will go on for a long time, and that someday when I'm ready to retire will pick up and keep it going. I've always got to think there's some other grandma who has kids in the center who wants to be sure that their grandchildren have good care and that their community has good care—who will step into my shoes someday," Howing said.

Board members include, in addition to Howing, Phyllis Martens, Roxanne Budach, Melissa Regelstad, Serena Howing, Taylor Howing, and Michael Coe, and Jennifer Bennett Finn. While Howing's family members are on the board, there are more non-family than family who are voting members so that family cannot outvote the

others. Taylor administers the center's food program, Serena takes care of billing and enrollment. Michael and Janae Coe do cleaning and maintenance, and Michael is the playground manager. "We will begin fundraising and seeking donations, and are looking for anybody who would be willing to help us with the financial needs," Howing said. Tiny Treasures already has grant money and donations to go toward the expansion and building for the future.

Howing spoke about childcare as a crucial element in attracting workers and businesses to Estherville and Emmet County. Howing needs additional employees if Tiny Treasures is to expand its capacity, and if the center is full, Howing is unable to offer child care as an incentive to a new employee. With a required ratio of one adult to every four infants, finding and retaining employees is crucial. Howing said she has increased wages in order to attract new employees.

Beyond training employees to make sure each child at the center is well-cared for, the board of Tiny Treasures has been emphatic that senior staff earn their Child Development Associate certification (CDA). Tiny Treasures has partnered with the college, not only to bring in students in the Early Childhood Education program to learn and work at Tiny Treasures, but also to help employees at the center certify. Director Taetym Fredericksen, along with Molly Diekmann, Sterling Schaefer, and Caressa Franklin will be certified, and Tiny Treasures is finalizing its IQ4K rating, which is Iowa Quality for Kids. Howing said a center with the IQ4K rating tells parents and the community the center is a quality educational environment. To

bolster the quality of education at the center, Howing said the board is working on curricula for two year olds and also older infants ages approximately 12-18 months over the next year to support the children as they move up to the three-and-four-year old preschool curriculum already in place. IQ4K will also allow Tiny Treasures to qualify for additional grants and incentives. Quality child care in which the children are happy and growing helps

Governor Reynolds said at the launch, "This new, innovative solution is just one way we are meeting the critical child care needs of working families in our state," calling the website a game-changer. Iowa Health and Human Services, Iowa State University, and the data and technology consulting firm Resultant, developed the website platform with a focus on child care availability mapping for Iowans. The need for mapping child care open-

Friday. No preference for home-based or child care center, and we said we are planning for the future, so the results may or may not have current openings. We chose a route preference, listing Home as the Estherville News, 10 N 7th Street, Estherville. We chose work as Arts Way Manufacturing in Armstrong to maximize the distance while still staying in Emmet County.

Results: Six providers who are still open and are located within one mile of our Highway 9 to Highway 15 route. Three home daycares and three centers were among the options.

Scenario 2: Parents need all-day care for an infant up to 12 months and before/after school care for a school-aged child, seven years old. That child could go to Energizers at the RWC, but we want to drop off and pick up at the same location. We chose a route from home in the Ingham/High Lake area in Wallingford to work at Estherville Lincoln Central schools. This route added one home provider that wasn't in the previous results, dropped two center providers.

One more try. Scenario 3: Parents live north of Estherville near the Minnesota border and work in Estherville. They have twin two year olds and need child care assistance. They need a provider with openings now. There is not a licensed provider today. We checked without child care assistance. We checked throughout the county. Those with multiple young children seem to still be out of luck if they need the opening right now.

Tiny Treasures is accepting donations by mail at 214 N. 6th Street in Estherville; or into an account at North Star Bank's Tiny Treasures Fundraising Account.

"We just hope by having a community daycare center, that it will go on for a long time, and that someday when I'm ready to retire will pick up and keep it going. I've always got to think there's some other grandma who has kids in the center who wants to be sure that their grandchildren have good care and that their community has good care—who will step into my shoes someday."

—Michelle Howing

their parents focus and be productive at work or school, according to information from Iowa Health and Human Services. More than half of Iowa parents reported missing work due to childcare issues, according to an October, 2023 survey from the U.S. Chamber Foundation.

It's difficult to find child care in Iowa. The state government has launched several initiatives to help families connect with child care openings, including a Child Care Taskforce. The latest is Iowa Child Care Connect (childcareconnect.iowa.gov) to help Iowans more easily find child care availability near their homes, where they attend school, or near parents or caretakers' workplaces, almost in real time.

ings near schools, workplaces, or home was one identified by the task force. The platform also includes public dashboards with real-time and historical data of child care vacancies, supply, and demand with filters for users to look at local, regional or statewide data. State and local officials can use the data to help plan for future child care needs in their communities.

The Estherville News took Iowa Child Care Connect for a test drive to look for child care under a few scenarios.

Scenario 1: Parents need care for a one-year-old and a three-year-old. There is no preference for an IQ4K rating or program that accepts Child Care Assistance (to maximize results). Open between 7 a.m. and 6 p.m. Monday through

Wilmores endow \$100,000 to Iowa Lakes

By MICHAEL TIDEMANN

The Iowa Lakes Community College Board of Trustees heard of a major endowment from a local couple at its Tuesday, Sept. 17.

Dan Lutat, executive director of foundation and governmental relations, announced the \$100,000 endowment fund established by Jim and Bettje Wilmore. The endowment will support scholarships for men's basketball, instrumental music students, nursing scholarships and athletic training.

In other business, the trustees heard how TRIO staff are helping make a difference in students' academic success.

Dean of Students Troy Larson introduced TRIO Director Autumn Larson who reviewed programs, including Talent Search which helps low-income and first-generation students in middle school and high school prepare for college. Talent Search includes in-school advising sessions, scholarship homework/Success Club, campus visits to colleges, ACT and college application fee waivers, STEM camp, educational activities and trips, summer bus trips and financial literacy.

Larson said students must come from families in which neither parent has a four-year degree or they must meet income guidelines.

Nicole Smith, Upward Bound manager, said

that program serves 60 students in grades nine through 12. The program serves students in Emmetsburg, Estherville Lincoln Central, North Union and Spencer.

Larson also discussed TRIO-SSS which offers an advising lending library, campus visits to colleges, grant aid/scholarships, educational activities and trips, bridge program, drop-in tutoring and tuition-free courses for returning students.

Students Logan Trieber and Tyreik Davison shared their experiences with the programs. Trieber, from Mallard, is in his first year at Iowa Lakes and was in Talent Search, Upward Bound and TRIO-SSS. He said the programs helped relieve the stress of college.

Davison, from Columbia, S.C., is a sophomore in the associate of arts program. He said TRIO helped him with grants. A member of the Lakers wrestling team, Davison said he felt at home at Iowa Lakes. He has also served as counselor in STEM camp and Upward Bound.

The trustees also met new faculty who were introduced by Executive Dean Kyle Norris. They also heard reports from college President Scott Stokes and Trustee Bob Jennings.

The next trustees meeting will be Oct. 17 at the college administration building in Estherville.

ELC, Continued from Page 1A

In other business Monday, the school board heard reports from other administrators.

ELC High School Principal Brad Leonard said there was an "incredible" start to this school year.

Leonard said he had a conversation with a principal outside of ELC who had already given out 55 suspensions. Leonard only cited two small infractions during the first weeks of the school year.

ELC Demoney Elementary Principal Connie Humble reported the school district has received a grant that will pay for five swim lessons for students in grades kindergarten through third grade and

10 sessions of American Red Cross swim lessons for fourth grade students during PE.

Also Monday, the board approved the hiring of Pete Haag, bowling coach for the 2024-25 season, and middle school teacher associate Amanda Kathman. The board approved the resignation of high school custodian Marco Agustín.

In next week's edition, the Estherville News will have a story on the board's discussion about school district and the Lakes Conference.

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2024 ELC HOME COMING



ESTHERVILLE LINCOLN CENTRAL FOOTBALL TEAM

Photo by David Swartz



ESTHERVILLE LINCOLN CENTRAL VOLLEYBALL TEAM

Photo by David Swartz



ELC MARCHING BAND

Photo by Cassie Martin Photography



ELC CHEERLEADING SQUAD

Photo by Cassie Martin Photography



ELC DANCE TEAM

Photo by David Swartz



ELC CROSS COUNTRY TEAM

Photo by David Swartz



schedule	
Thursday, Sept. 19	Friday, Sept. 20
6:00 PM Community Band Night	1:30 PM Pep Rally at HS Gym
7:30 - 8:15 PM Pep Rally/Coronation at Football Field	2:30 PM Parade
	7:00 PM ELC vs Okoboji



2024 ELC HOME COMING COURT

Pictured front from left are homecoming queen candidates Cara Schiltz, Hope Pytleski, Hillary Ruschy, Addison Cornwall, Julissa Smith and Mara White; back row: homecoming king candidates are Tate White, Aiden Deim, Dylan Peta, Preston Crees, Liam Brown and Alexis Castillo.

Photo by David Swartz



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Obituaries

Priscilla Joy Heil (Quick)



Priscilla Joy Heil of Henderson, Nevada, passed away on Saturday, September 7, 2024, at home in Henderson with husband William and Abby at her side. Priscilla Joy was born on January 24, 1947, to Floyd Merle "Todd" and Katherine (Spake) Quick at the Deaconess Hospital in Marshalltown, Iowa. Priscilla (Pris) attended Marshalltown schools while living at their family home on Linn Street with her parents, three brothers and a sister. She graduated high school in 1965. She met William Heil while still in school and they married November 27, 1965. After William (Bill) completed his electronic school, he and Pris moved to Waseca Minn., to work and start their family. Pris and Bill were both active in the Jaycees while living in Waseca. Pris and Bill decided to take advantage of a unique business opportunity and moved with their three daughters to Estherville, Iowa. They opened Jakes Pizza of Estherville in the fall of 1969, Pris was co-manager of the shop and active in the daily operations. Both were active at St Patrick's Catholic church there and Pris even took a turn as Altar and Rosary president. Holiday meals were so special because Pris was a wonderful cook, always serving old favorites and impressive delicious new dishes. After closing down their food business, Bill took a worldwide position with AAFES in 1988. While Bill was assigned to Germany, Pris sharpened her cooking skills with the local cuisine. Upon moving to England, she enjoyed dog walking the neighborhood observing the lovely gardens, falling in love with the gorgeous hydrangeas. While in Europe, Pris had several different positions at the DODDs schools while also caring for their youngest two children. Pris and Bill enjoyed each other and the opportunity to travel and visit many of the different countries of Europe, which always included shopping for wonderful glass in Poland, Czechoslovakia and Murano glass in Italy. Bill retired from AAFES in 2007, and with Pris, decided to do so in Las Vegas, Nevada.

Bill was once assigned there at Nellis AFB where Karie, their youngest child, was still living. Both continued working for a few more years, with Pris at a customer service position at Kohls. They spent their leisure time traveling, mostly visiting kids and grandkids. They enjoyed their time together watching Pris' Hummingbirds and walking their dog in the quiet neighborhood of their Sun City home, most especially when family and friends came to visit. Left to cherish Priscilla's memory are her loving husband William, five children, nine grandchildren and two great grandchildren: Maureen of Hagerstown, MD, Jennifer Ross (David) and Landi of Trinidad, Tx, Colette Munce (Greg), Sydney (Hartman) (Emmett, and Isla), Hannah (Max) and Isaac of Sioux Falls, SD, Andrew (Courtney) Redfield and Georgiana of Moline, IL, And Karie Baima (Ken), Isabelle, Joseph and Michael of Louisburg, Ks. Priscilla is also survived by two brothers Philip of Grinnell, IA and Todd of San Antonio, Tx. She was preceded in death by her parents Todd and Katherine, sister Denise and brother Patrick. Priscilla's ashes will be interred at Riverside Cemetery in Marshalltown Ia. A Celebration of Life and graveside service will be held for family and friends at a yet to be determined date. Memorials may be directed to the Alzheimer's Association Of Las Vegas NV. Care Cremation and Burial of Las Vegas is in charge of arrangements. For additional information or to send condolences www.wecarelv.com.

Donna J. Olson



Funeral services for Donna J. Olson, 95, of Armstrong, were held at 2 p.m., Saturday, Sept. 14, 2024, at the First Presbyterian Church in Ringsted with Pastor Suzanne Wobig officiating. Interment was at Armstrong Grove Cemetery, Armstrong. Donna died Wednesday, September 11, 2024, at Valley View Care Center in Armstrong. Donna Jean was born on May 15, 1929, to Theodore and Diana Minnie (Monsen) Jurczewsky. Donna was raised in the Estherville/Ringsted area where she was known as "Toots". She attended many schools in the area including Sunny Side (a one room school) near Ringsted, graduating from Ringsted High School in 1948. In her younger years, Donna traveled by train to visit her aunts and uncles in California. She had many fond memories experiencing 1940's Hollywood. Attending supper clubs and dances and being asked for her autograph at the famous "Brown Derby". Donna was 18 years old when her mother passed, she helped her dad raise her two younger brothers. She worked various jobs in Ringsted including a doctor's office, a movie theater, and the cafe where she met her future husband, Bill. On February 10, 1951, at The Little Brown Church in Nashua, Iowa, she was united in marriage to William Olson. In 1963 they bought the Knipe farm on highway 9 where they lived until moving to Armstrong in 1994. The farm continues to be operated by the family today. Her children will miss the leader of their bean walking crew. She led the pack with her three-pointed hoe, only stopping to make meals for them. Donna belonged to the First Presbyterian Church of Ringsted, where she was very active and taught Sunday school for many years. She was also an original member

of the Halfa Neighborhood Club. Later joined the S&L Club of Armstrong, where they made monthly favors for Valley View. When she wasn't busy helping on the farm or raising her 5 kids, she enjoyed fishing, reading, and doing jigsaw puzzles. Her favorite pastime was in the garden, tending flower and cactus beds. Donna's biggest joy of life was spending time with her kids, grandkids and great grandkids. In their later years, they traveled to Vero Beach Florida (home of LA Dodgers Training Camp). They attended many games collecting several baseball players' autographs. Donna is survived by her children Deb (Gary) Olson of Clarion, Connie (Dan) Miller of Terril, Cindy (Mike) Iris of Armstrong, Randy (Lindy) Olson of Ringsted, and Larry (Lisa) Olson of Armstrong; 17 grandchildren; 17 great-grandchildren; sisters-in-law, June Jurczewsky of Elizabeth, CO and Ruth Jurczewsky of Los Angeles, CA; brother-in-law Alvin Olson of Iowa City; and numerous nieces and nephews. She is preceded in death by her husband, Bill Olson, parents, brothers, Jim and Gary Jurczewsky, brothers-in-law, Willis Olson and Norman Olson and sister-in-law, Lorene Gangsted. Online condolences may be left for Donna's family at HenryOlsonFuneral.com

Norma D. Richard



A memorial service for Norma D. Richard, 92, of Estherville, will be held at 10:30 a.m., Friday, Sept. 20, 2024, with Pastor Tim Johnson and Pastor Doug Burton officiating. Interment will be at East Side Memorial Cemetery, Estherville. She passed away on Sept. 15, 2024, at Good Samaritan Society in Estherville. Visitation will be held from 4-6 p.m., Thursday, Sept. 19, at the Henry-Olson Funeral Chapel in Estherville. Memorials may be given in Norma's name to the Myasthenia Gravis Foundation of America. Norma Darlene Richard, daughter of Glenn and Blanche (Olson) Young, was born on March 13, 1932, in Wallingford, Iowa. Norma grew up on a farm on the shores of High Lake. She went to country school and grew up in a nearly all Norwegian neighborhood. The family was very active in the Lutheran church in Wallingford. Norma attended Estherville High School where she played alto clarinet in the band. She was also active in 4-H as well as other school activities. Living east of Wallingford limited her social life somewhat, but she enjoyed roller skating whenever she could. Upon graduation in 1949, she attended Waldorf Junior College for a year before following her older sister Marge to Minneapolis to work as a secretary. She then started dating her future husband. She was united in marriage to Wayne Richard in Wallingford, Iowa, on December 16, 1951. They made their home on a farm east of Wallingford before moving to a farm north-east of Estherville. They raised three children on that farm, all five years apart. The couple farmed their entire lives until moving to

Homestead in 2010. They spent summers fishing and winter in Texas until Norma developed Myasthenia Gravis which slowly ate away at her health. She then became a resident of Good Samaritan Society in 2018. Norma was always a devoted wife, mother and Christian to the very end. In later years, she enjoyed the friend's trip in the fall. Norma was involved in the community as a girl scout and cub scout leader, 4-H leader, several church groups, home economic advisor group and helping judges at the Emmet County Fair. Norma was always involved with all the groups her children were in. Norma is survived by her children, Russell (Shari) Richard, Susan (Dan) Nelsen, and Becky (Mike) Tow; 8 grandchildren: Stephanie Richard, Keith (Erica) Richard, Andy (Betsy) Lown, Morgan (Thomas) Kucala, Kailin (Dalton) Martinson, Samuel (Brooke) Tow, Timothy (Jackie) Tow, Thomas Tow; and 9 great-grandchildren. Norma is preceded in death by her parents, her husband Wayne, her sisters Lorene Krier and Marjorie Maronde, and her brothers Stan, Dale and Claire Young. Online condolences may be left for the family at www.henryolsonfuneral.com

Northwest Bank donates \$10,000 to ELC Schools

Estherville Lincoln Central Community Schools received a donation of \$10,000 from Northwest Bank to benefit their Patrons of the Fine Arts Program and provide experiences for students. Curt Smith, Northwest Bank President in Estherville presented the donation to ELC Patrons of the Fine Arts board members Valerie Ball and Dawn Webb. Northwest Bank is proud to give back to ELC Community Schools reinforcing our commitment to community. The Patrons of the Fine Arts Program is a vibrant mix of drama, music, and art. These programs have a distinguished history of producing talented, creative individuals who pursue life with a fervent desire to make a difference. Students can explore their creative talents through acting, speech, singing, playing instruments, art, and more. Programs like these give local students access to opportunities that aide in their development and help create outstanding future community leaders. Northwest Bank is a \$2.9 billion community bank that offers a full line of business, agricultural, mortgage, consumer deposit and lending services as well as wealth management and insurance services. Northwest Bank has offices located in Afton, Algona, Ames, Ankeny, Arnolds Park, Creston, Lake, West Des Moines, Iowa, Estherville, Fort Dodge, Humboldt, Le Mars, Milford, Nebraskia. Member FDIC.



Valerie Ball and Dawn Webb, board members representing ELC Patrons of the Fine Arts, Curt Smith, President of Northwest Bank in Estherville.

Photo submitted

HARMONIZE WITH US:

Many Voices Choir to start fall rehearsals

Many Voices Choir, the premier community chorale of NW Iowa, is currently looking for local, talented vocalists for their upcoming fall season. If you love to sing, we would love to have you sing with us! Interest Meeting will be held at 6:30 p.m., Monday, Sept. 23, at the Iowa Lakes Community College choir room on the Estherville campus. New and existing members are encouraged to attend. Music for the holiday concerts will be distributed followed by a short rehearsal. Weekly rehearsals will start on Monday, Sept. 30 from 7-9 p.m. For more information, contact Tim Schumacher at (712) 209-0202 or tschumacher87@yahoo.com



The Many Voices Choir will begin rehearsals next Monday. The volunteer music group is directed by Tim Schumacher.

File photo

Sorenson among DMU students who received their first white coat

WEST DES MOINES — Anna Sorenson, from Graettinger, IA, was one of 438 Des Moines University Medicine and Health Sciences students from five programs to receive their white coat during the university's annual White Coat Ceremony Friday, Sept. 13. "As you don your white coat today, you assume not only the responsibilities, but also the obligation that attend to those who choose to provide care to other human beings," said Angela L. Walker Franklin, Ph.D., president and CEO of DMU. "These obligations include to be honorable in all phases of your life, to excel in your academic studies and training, to be compassionate, to be accountable, to collaborate with others as an interprofessional team member and to support a culture of inclusiveness." The White Coat Ceremony is the true start of a student's medical education to becoming a compassionate and competent health care provider. Participating

in DMU's ceremony were 63 students in the Master of Science in Physician Assistant Studies, 25 students in the Doctor of Occupational Therapy program and 66 Doctor of Physical Therapy program, 51 students in the College of Podiatric Medicine and Surgery's Doctor of Podiatric Medicine program and 233 students in the College of Osteopathic Medicine's Doctor of Osteopathic Medicine program. Sorenson is part of the Doctor of Osteopathic Medicine program.

Joan Adele Hamre



Funeral services for Joan Adele Hamre, 90, of Estherville, will be held at 10:30 a.m., Thursday, Sept. 19, 2024, at Redeemer Lutheran Church in Estherville with Pastor Lori Westfall officiating. Interment will be at Oak Hill Cemetery, Estherville. She died on Sept. 14, 2024, at the Good Samaritan Society in Estherville. Visitation was held Wednesday, Sept. 18, at the Henry-Olson Funeral Chapel in Estherville. In lieu of flowers, family prefers memorials to Redeemer Lutheran Church. Joan Adele Hamre, the daughter of Amil and Eunice (Hove) Haugen was born on December 7, 1933, in Rake, Iowa. Joan is survived by her children, Michael Hamre, Suzan (Greg) Haburn, Andrew Hamre, Paul (Tina) Hamre, and Christopher Hamre; her son-in-law, Dave Ross; grandchildren, David, Craig, Josh, Chase, Lilly, Stephen, Cassidy, Dannielle, Katie, Alyssa, Andy, Ryan, Erin and Mike; 15 great-grandchildren; her siblings, Carole Zierke, Arlowe Haugen, Dawn (Dick) Hanson, Gary Haugen, Orvis

(Sue) Millang, Jerald Millang, Janet (Gary) Korogi, David Millang, Deborah (Kenneth) Boley, and Doug Jagerson; and sister-in-law, Marlys Jagerson. She is preceded in death by her parents, husband, daughter, Judy, her grandson Cole, siblings, Steve Haugen, Imery (Gene) Millang, Jerry Millang, Scott Jagerson, Elaine Schtrop, and Gloria Risius, brothers-in-law, Merle Zierke, and Harold Risius, sister-in-law, Ruth Haugen, niece Kristie, and nephews, Jeff, Wade, and Shawn. Online condolences may be left for Joan's family at HenryOlsonFuneral.com

SNOW REMOVAL BIDS NEEDED CITY OF WALLINGFORD FOR 3 YEAR TERM AGREEMENT WINTER SEASON 2024-2029 MAIL | HAND DELIVER Bids to be delivered by sealed envelope to: City of Wallingford Sealed Snow Removal Bid PO BOX 365, Wallingford, IA 51365 712.867.4585 By: September 30th, 2024

VFW CANTEEN 314 S. 1st., Estherville • 712-362-5126 Evening Specials Tuesday, September 24: Bingo (Earlybird 6:30, Main Event 7:00) Canteen open for dinner Wednesday, September 25: Auxiliary Ladies Serving 2 pc Chicken \$9.25 or \$8.75 Hot Pork Commercial \$8.75 Served with Fresh Baked Bread, Vegetable & Dessert Thursday, September 26: 6 oz Top Sirloin or 6 Fan Tail Shrimp \$10.95 Served with Potato, Salad and Roll Friday, September 27: Fish Dinner (Swai) \$10.95 Served with Potato, Salad and Roll Saturday, September 28: Special: Prime Rib

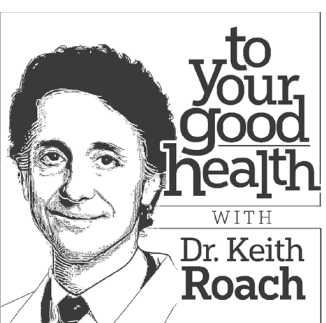
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PUZZLES/ADVICE



to
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good
health
WITH
**Dr. Keith
Roach**

**Having Surgery
for a Hernia Could
Be Riskier Than
Living With It**

DEAR DR. ROACH: I'm an 85-year-old man. I'm in good health, and I exercise and swim at the gym for 3 hours every other day. I am not overweight, and the only prescription I have is a nose spray. I do have mild idiopathic neuropathy, but I'm still quite agile and mobile. I have a hernia in my lower abdomen. I had one just like it on the right side that was repaired 35 years ago. My family doctor seems to think that having surgery at my age could be riskier than living with the hernia. The pain isn't terrible, but it is frequently uncomfortable. Should I consider surgery?
-- C.E.K.

ANSWER: You should consider it to the point where you consult a surgeon. The operative risk is relatively small, and despite your age, it sounds like you are in good shape. However, after consulting with a surgeon, you may decide against surgery. The most important factor is how much the pain from the hernia bothers you. In general, we recommend surgical repair for symptomatic hernias, as the pain tends to gradually increase over years. No surgery comes without a risk, and your family doctor is right that it is riskier to have the surgery than it would be to live with the pain. But the risk is not enormous, so if the pain is to the point where the hernia is bothering you a lot, it is certainly worth discussing the risks and benefits of surgery with an expert surgeon.

DEAR DR. ROACH: I saw a post somewhere saying that we should throw away all vitamins or supplements with magnesium stearate, titanium dioxide or microcrystalline cellulose. This means I would need to discard vitamins, antacids, and even my glucose tabs that I occasionally need for reactive hypoglycemia. Do you have any guidance on this? -- L.D.

ANSWER: In 1538, a Swiss physician with the pseudonym "Paracelsus" articulated the basic premise of toxicology: The dose makes the poison. This remains critical today. Magnesium stearate is commonly used in food, cosmetics and medicines. It is generally regarded as safe at doses below 175 grams for an average-sized adult. A typical supplement might contain as much as 20 mg. It would take well over 8,000 doses at once for a person to reach a dangerous level. Titanium dioxide is used as a food coloring, in sunscreen, and in medications like styptic pencils. It has long been considered safe in the United States and Canada. But its status in Europe has recently been changed, so it is no longer recommended as a food additive. The tiny doses of it in medications and dietary supplements are very unlikely to cause harm, but many manufacturers in the U.S. are beginning to stop using it, more due to perception than proven harm (which there is no evidence for).

Microcrystalline cellulose is simply an indigestible fiber source made from wood pulp. It is not absorbed. It is used in many foods and as a filler in tablets and capsules. You can also buy it as a supplement or use it as a thickener in cooking. I don't have any concerns with magnesium stearate or microcrystalline cellulose at the kinds of doses used in pharmaceuticals and supplements. I also don't have any concern with food-grade titanium dioxide as a coloring agent in food or supplements.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Weekly SUDOKU
by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦
♦♦ Moderate ♦♦ Challenging
♦♦♦♦ HOO BOY!
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Answer can be found in the B Section of this edition

Horoscope

ARIES - Mar 21/Apr 20
A disagreement may have you questioning a relationship this week, Aries. Do not get ahead of yourself, as you'll figure out that the turmoil will subside soon enough.

TAURUS - Apr 21/May 21
Group activities or time spent with a significant other may not go as well as usual this week, Taurus. With your mind elsewhere, it's hard to focus on having fun and others will catch on.

GEMINI - May 22/June 21
Do not believe everything you hear this week, Gemini. There are a lot of rumors floating around, and only a portion of what is being said is accurate. Get the facts first.

CANCER - Jun 22/July 22
Cancer, you are usually outgoing and easygoing, but this week you may be feeling more reserved and shy. Are you missing someone? If so, get in touch and you'll feel more like yourself.

LEO - Jul 23/Aug 23
Friends or family members may be making more demands on your time, Leo. You want to go along with it, but be careful not to stretch yourself too thin.

VIRGO - Aug 24/Sept 22
Virgo, someone close to you might be feeling under the weather and could use a little extra support right now. Perhaps you can make soup or drop in for a visit to cheer this person up!

LIBRA - Sept 23/Oct 23
Seek out quiet spots right now, Libra, as lately your life has been a bit of a whirlwind. Change is good, but so much change at one time can be exhausting.

SCORPIO - Oct 24/Nov 22
Scorpio, take a step back from all of your responsibilities. Things will not go haywire if you take a break for a few days or even a week. You can commit fully again after some rest.

SAGITTARIUS - Nov 23/Dec 21
There's no point getting into an argument over a situation beyond your control, Sagittarius. Instead, wait until the time is right to express your thoughts and work out a solution.

CAPRICORN - Dec 22/Jan 20
Capricorn, even though you may want to expand your friend network right now, you aren't sure how to begin. Social media can connect you with those nearby.

AQUARIUS - Jan 21/Feb 18
It is a good idea for you to have set deadlines for your goals, Aquarius; otherwise, you may keep putting things off. With dates on paper, you can check things as they get done.

PISCES - Feb 19/Mar 20
Pisces, you want to return to a relationship right where you left off, but the other person may not be on the same page right now. Give it a little more time.

FAMOUS BIRTHDAYS
SEPTEMBER 15
Tom Hardy, Actor (47)
SEPTEMBER 16
Alexis Bledel, Actress (43)
SEPTEMBER 17
Patrick Mahomes, Athlete (29)
SEPTEMBER 18
James Marsden, Actor (51)
SEPTEMBER 19
Natalie Eva Marie, Wrestler (40)
SEPTEMBER 20
Michelle Visage, TV Host (56)
SEPTEMBER 21
Jason Derulo, Singer (35)

GRIN & BEAR IT

"Keep looking. If the iccap on Mars is melting, there have to be SUVs there!"

HOCUS - FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: D equals F

MIPO MUTGZ RUT NPGG P
QEUTX UD NJEOPCY HKPGG
DGPODCHI OIPO HOPEO P
NUKXPYR OUQJOIE?
NU-DGUTYZJEH.

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Answer can be found in the B Section of this edition

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King Crossword

- ACROSS**
- 1 Bit of butter
- 4 "Dream on!"
- 8 Half (Pref.)
- 12 "Kinda" suffix
- 13 Mandolin's kin
- 14 Redact
- 15 LAX info
- 16 Embraces among team members, say
- 18 Mideast peninsula
- 20 "Gee, ya think?"
- 21 Nevada city
- 24 Pansy part
- 28 Floor coverings
- 32 Luau dance
- 33 Paul Newman film
- 34 Refine metal
- 36 Male turkey
- 37 "M*A*S*H" star
- 39 Pub vessels
- 41 Sand castle site
- 43 Clear the decks?
- 44 Gearwheel tooth
- 46 Mary Poppins, e.g.
- 50 Hydrants
- 55 Tic-tac-toe win
- 56 Totals
- 57 Mine, to Marcel
- 58 -- de mer
- 59 Sheepish remarks
- 60 Swimmer Biondi
- 61 Moody rock genre
- DOWN**
- 1 Slapstick arsenal
- 2 Italian wine region
- 3 Compared to
- 4 North African capital
- 5 California's Big --
- 6 "Am -- blame?"
- 7 Family fight
- 8 Sneaky laugh
- 9 Sch. URL ender
- 10 "Top Gun" target
- 11 TGIF part
- 17 Young seal
- 19 Coach Parseghian
- 22 Feeling no pain
- 23 Curved moldings
- 25 Ballet wear
- 26 Sleep like --
- 27 Felonious flights
- 28 Melville captain
- 29 Hold sway
- 30 Icelandic epic
- 31 Whole lot
- 35 Trains, buses, etc.
- 38 Entry
- 40 CEO's deg.
- 42 Jump
- 45 Glitz partner
- 47 Alaskan seaport
- 48 Linguist Chomsky
- 49 Present-day "carpe diem"
- 50 "Terrif!"
- 51 Wyo. neighbor
- 52 Vitamin stat
- 53 Hollywood's Thurman
- 54 Acquired

1	2	3	4	5	6	7	8	9	10	11	
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Answer can be found in the B Section of this edition

HOURS

Monday - Friday
9:00 am - 4:00 pm

DEADLINES

Tuesday Spirit
Thursday at Noon except holidays
Thursday News
Monday at Noon except holidays

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Iowa Lakes Community College, Human Resources,
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EEO/AA Employer

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Thank you to Don Seylar, Dave Johnson, Fick's Ace Hardware, Forge and Build, Nick Gruhlke and the ELC Boys Basketball team, and Ryan Rezac and the ELC Football team for all of their hard work and help with donations of materials and time painting on my house. I would also like to thank the City of Estherville for offering the community grants. I am so appreciative to you all.

- MARLIS TRIBBY

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Joyce, Krieger crowned at Graettinger-Terril

Jadyn Joyce and Jon Krieger were crowned Graettinger-Terril royalty last week during the Titans' homecoming celebration.

Photo by Kandi Terwiller



Madden, Jones crowns North Union royalty

The 2024 North Union Homcoming Court includes, front from left, Jo Oleson, Addison Kruse, Lainey Shannon, King Grady Madden, Queen Aliyah Jones, Sienna Hansen and Ava Steinberger; back row: Koen Zotz, Lucas Dreyer, Eli Oleson, Nick Hanson and Brennan Bollinger.



Above, Emma Kirkegaard and Allyssa Welbig play percussion during the North Union homecoming parade last week. At left, the North Union cheerleaders and the Warrior mascot ride atop a Fenton fire truck.
Photos by Kim Meyer, Bancroft Register/Swea City Herald

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Quarterback Layton Yager (19) scores Estherville Lincoln Central's first rushing touchdown of the season on this 10-yard run against Algona on Friday. Behind Yager is lineman Liam Brown (67).

Photo by David Swartz

ALGONA 34, ELC 12

No. 3 Bulldogs shut down Midgets in second half

ELC hosts Okoboji Friday for homecoming

By DAVID SWARTZ
dswartz@estherwillenews.net

Playing its third ranked opponent of the season, Estherville Lincoln Central showed improvement against Class 3A No. 3 Algona on Friday.

Except for an early muffed punt return, the Midgets limited their turnovers and were able to move the ball in the first half. ELC trailed 20-12 at halftime. However, the Bulldogs shut down ELC in the second half while adding two touchdowns for a 34-12 win.

ELC's defense couldn't have asked for a better start, forcing Algona to punt on its first drive after just three plays. However, ELC didn't field the punt cleanly and the Bulldogs took over at the Midget 22-yard line. Five plays later, Algona quarterback Alex Manske ran the ball in from a yard out. The extra point gave the Bulldogs a 7-0 lead with 8:55 left in the first quarter.

ELC was forced to punt after three plays on its first drive. Bennett Duitsman had an excellent punt that pinned Algona back on its 10-yard line.

However three plays later Evan Allie got behind the ELC defense in catching an 85-yard touchdown pass from Manske. The extra point kick gave the hosts a 14-0 lead with 6:07 left on the first-quarter clock.

The Midgets' next drive started on their 40-yard line and ELC began to move the ball.

On third and 14 from midfield, Layton Yager connected with Tate White for a first down to the Bulldog 23-yard line. Moments later, ELC faced a fourth-and



The Estherville Lincoln Central offensive line flows to the right on this play against Algona. From left are Warren Duitsman (14), Noah Danner (55), Kale Shatto (32), Layton Yager (19) and Owen Truog (78).

Photo by David Swartz

seven after recovering a fumbled snap on third down. However, Yager scrambled for the first down, taking the ball to the 5-yard line. While a false start pushed ELC back 5 yards, another Yager scramble had the ELC quarterback find a hole to the end zone for his first rushing touchdown of the season.

While Duitsman's extra point kick was off the mark, ELC had cut the deficit to 14-6 with 55 seconds left in the quarter.

Algona promptly responded with another scoring drive, needing just eight plays capped by a 5-yard touchdown

run by William Weichert. While the extra point kick failed, the Bulldogs led 20-6.

ELC's next drive didn't go well after Algona came up with a sack and then ELC had a bad snap followed by a delay of game penalty.

Duitsman again had a good punt and this time it was Algona mishandling the ball. ELC recovered the fumble and used the momentum to again move the ball down field. The drive included a key third down conversion on a pass from Yager to Amari Armstrong to get to the Bulldog 27-yard line. On first and

15 from the 18-yard line, Yager connected with Braxton Johnson in the end zone for ELC's second score. ELC's two-point conversion attempt failed, but the deficit was still just one score, 20-12.

Algona was unable to score on its final drive of the half as ELC's dense came up with the stop, helped by a pair of bad snaps by the Bulldog center that went over Manske's head.

In the second half, ELC had to punt on its first drive and then the Midgets' defense came up big when Aiden Deim

Turn to MIDGETS, Page 8B



ELC's Helen Lavender, left, and Gustavo Chitic Aguilar, right, both medaled in their respective races at the E'Hawk Cross Country Invitational on Monday in Emmetsburg.

Photos by David Swartz

ELC XC teams finish second at E'Hawk Invite

By DAVID SWARTZ
dswartz@estherwillenews.net

EMMETSBURG — Estherville Lincoln Central girls' and boys' cross country teams both ran to a second-place finish at the Emmetsburg Invitational on Monday.

The ELC girls finished with 61 points behind first-place Humboldt, which had 20 points. The ELC boys finished with 46 points, coming in behind North Iowa's 37 points.

In the girls' race, Rylee Yager had her second straight top 10 finish as she placed seventh in 25 minutes, 5.9 seconds. Helen Lavender placed 13th in 26:51.9 to also earn a medal. Rounding out ELC's score, Morgan Clabaugh placed 20th in 27:42.4, Kierson Blair placed 23rd in 30:14, and Zoey DeRuyter placed 34th in 34:04.2.

In the boys' race, ELC had four runners in the Top 15 who earned medals. Warren Duitsman placed second in 20:03.9, Jackson Struve placed fourth in 21:02, Gustavo Chitic Aguilar placed 10th in 21:55.2, and Conner Matheson placed 13th in 22:25.4. Rounding out ELC's score, Beckham Welch placed 20th in 23:41.8. Also running varsity for ELC, Wyatt Martin placed

22nd in 24:10.8 and Jose Aguilar Gonzalez placed 24th in 24:31.3.

"The kids really competed tonight," said ELC coach Megan Anderson. "They are getting stronger and running with more confidence as the season progresses."

The ELC junior varsity boys finished second in the team standings with 41 points. Humboldt won with 18 points as the Wildcats had their five top runners in the top seven.

For ELC, Zeke Funston led the Midgets by placing third in 25:37, Dalton Lutat placed eighth in 26:28.4, Samson Mitrucker placed ninth in 26:38.2, Jayden Pollock placed 19th in 29:49.4, and Matthew DeWitt placed 20th in 30:03.36.

ELC's teams are back in action on Monday at Humboldt.

E'Hawk Invitational
Emmetsburg, Iowa
Sept. 16, 2024

Varsity Girls Team Scores: Humboldt 20, ELC 61, Pocahontas Area 73, Emmetsburg 76
Varsity Boys Team Scores: North Iowa 37, ELC 46, Humboldt 56, Emmetsburg 96, Pocahontas Area 126

Christensen invited to Albaugh Junior Invitational

Current Estherville Lincoln Central senior Joie Christensen has put in the work this past summer in preparation for the girls' 2025 high school girls golf season.

ELC coach Kevin Richardson said Joie participated in Junior PGA events all over the state of Iowa.

She has now been invited by the Iowa PGA to participate in the Albaugh Junior Invitational Saturday, Sept 28 and Sunday, Sept. 29 at the Talons Golf Course in Ankeny.

This event is by invitation only. Players are picked from the top juniors from the 2024 Iowa PGA Junior Tour.

Some of the tournaments Joie participated in this past summer are:

- Principal Charity Classic Junior Open (May 28) at Glen Oaks Country Club in West Des Moines
- Lake Panorama Junior Tournament (Jun 4) at Lake Panorama National Golf Course in Panorama
- Iowa PGA Prairie Links Junior Tournament (June 18) at Prairie Links Center in Waverly
- Junior Tour Classic (July 1) at Indian Creek Country Club Marion



Joie Christensen

- Beaver Creek Junior Tournament (July 2) at Beaver Creek Golf Course, Grimes
 - Pheasant Ridge Junior Tournament (July 18) at Pheasant Ridge Golf Course, Cedar Falls
 - Western Iowa Junior Open (July 22) at Carroll National Golf Course, Carroll
 - Western Iowa Junior Open (July 23) at Fort Dodge Country Club, Fort Dodge
 - Okoboji Junior Open (July 29) at Okoboji View Golf Course, Okoboji
- These are all 18 hole events. Joie maintained a scoring average of 95 for the 18 hole tournaments; placing as high as 3rd in one of the events.
- "We are very proud of Joie for playing in all these events and how successful she was," said Richardson. "It is very intimidating playing against the best junior golfers in the state on some of the toughest golf courses in the state. Many of the junior golfers played in the girls state golf tournament this past spring. When you look at Joie's scores, one of the most impressive things was her consistency shooting 44-48 on each nine. Most of these are very difficult golf courses to play. You can easily end up with 8, 9, and 10's on some of the holes. The scores Joie shot are even more impressive when you take this into consideration."

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Sports

Lakers post 2-2 record in North Dakota

WAHPETON, N.D. — The Iowa Lakes Volleyball Team traveled to the Bell Bank Invite hosted by North Dakota State College of Science this past weekend and finished with a 2-2 record at the event.

On Friday, the Lakers opened the tournament with a tough four set loss to undefeated Bismarck State, 25-14, 21-25, 25-14, 25-19 before bouncing back to sweep Lake Region State College 25-21, 25-23, 25-16.

We started the tournament against a Bismarck State team who had just upset NDSOS in a conference match and were playing with loads of confidence," said Iowa Lakes coach Nick Erdman. "They made a lot of good plays to put us on our heels, but I was happy with the girls' battle and heart. In our second match of the day we played Lake Region State and didn't really max out our potential. We still took home the win and got lots of things to work on from Friday night."

Against Bismarck, the offense was led by Kenzie Lee with 12 kills hitting .250, and Lily Kunselman with 10 kills hitting .059; with Jordan Grimes commanding the offense with 29 set assists. The defense side of the ball saw a strong performance by Lily Kunselman with 21 digs, Lorin Turkdogan with 19 digs and MaKenzie Uribe with 15 digs.

The second match had Kenzie Lee at the top of the kill board with 15 kills hitting .080 and Morgan Wigg with 10 kills hitting a whopping .692. Jordan Grimes dished out 24 assists. The defensive side of the ball was very strong again with the same three trio— Lorin Turkdogan with 16 digs, MaKenzie Uribe with 11 and Lily Kunselman with 10.

The Lakers also passed at a 2.2 rating as a team which was a huge contributing factor to success, Erdman said.

On Saturday, the Lakers facing off against host NDSOS, ranked #19 in the country following by NCAA Division 3 JV Concordia College.

NDSOS looked very strong and took care of the Lakers by scores of 25-12, 25-16, and 25-18.

The second match turned out the Lakers way with a four set win over Concordia College, 25-21, 24-26, 25-17, 25-18.

In the Concordia match the offense was led by a booming performance by Kenzie Lee with 20 kills hitting .388, followed by Morgan Wigg with 10 kills hitting .318. Jordan Grimes had 40 assists to run the offense.

The back row defense was putting in the work with leaders Lorin Turkdogan 29 digs, Lily Kunselman 24 digs, Jordan Grimes 18 digs, MaKenzie Uribe 14 digs, and Maria Fernanda Sanchez with 13 digs.

The team passed at a 2.1 rating against the Cobbers, a great contributor to success.

"We came out flat against NDSOS and they came out hot," said Erdman. "We worked our



Iowa Lakes' Lily Kunselman sends up a jump serve during the Lakers' home match earlier this month.

Photo by David Swartz

way up each set but couldn't answer their quick offense and strong outside hitters. Against the Cobbers we had a lot more success. Offense was firing well, defense and serve pass as well. We still had some mental mistakes to clean up, but the tactical and technical portion of the game went really well.

"For the tournament there were an extreme amount of positives," the coach said. "I am super happy with some of the changes this team has been making throughout the season and looking forward to where they end up. For me and the girls it can be frustrating losing matches, but we have played a very strong schedule and have competed in almost every set."

Iowa Lakes (5-13, 1-1 in the conference) was in Cedar Rapids on Wednesday to face No. 4 Kirkwood. This Friday, the Lakers are in Creston to play Highland Community College and Southwestern. Iowa Lakes is home Tuesday against Northeast Community College.

Weekend Stat Leaders: Kills: Kenzie Lee 53 Kills on .215, Lily Kunselman 28 kills on .018, Morgan Wigg 26 kills on .242, Kajsas Bates 22 kills on .164, and Hailey Shequen 19 kills on .010; Assists: Jordan Grimes 115; Aces: Lily Kunselman 6, Makenzie Uribe, Lorin Turkdogan, Jordan Grimes and Hailey Shequen with 3 of their own; Digs: Lorin Turkdogan 74, Lily Kunselman 59, MaKenzie Uribe 46, Jordan Grimes 33, and Maria Fernanda Sanchez with 29; Blocks: Morgan Wigg 10, Kenzie Lee 6, Jordan Grimes 5, Hailey Shequen 4, and Kajsas Bates 3



The North Union Football Team takes a knee while assistant coach Robert Zotz talks to them as they wait to see the outcome of their injured quarterback Grady Madden. Madden received a season-ending injury in the first few minutes of the homecoming game against Belmond-Klemme.

Photo by Kim Meyer, Bancroft Register/Swea City Herald

BELMOND-KLEMME 15, NORTH UNION 12

BRONCOS RALLY IN FOURTH TO SPOIL WARRIOR HOMECOMING

QB Madden out for season following injury

By DAVID SWARTZ
dswartz@esthervilleneews.net

ARMSTRONG — North Union's 2024 homecoming football game likely won't be remembered for its 15-12 score in favor of visiting Belmond-Klemme.

What will be remembered is North Union quarterback Grady Madden having his leg broken in the first couple minutes of the game. Madden was taken off the field by emergency personnel. Fortunately, surgery was performed and Madden at home Saturday.

"Losing Grady is a really big loss," said North Union coach Matt Ernster. "Not only is he a great player, he is one of the primary leaders on our team. His play and leadership are almost impossible to replicate. We're going to have to come together and rally around Greyson as he takes over at quarterback. Everyone has to pick up the slack and work through this as a team."

Colegrove, a sophomore, did an admirable job after Madden left the game.

While Belmond-Klemme scored first on a 62-yard touchdown run by Braden Dougherty within the first minute of the football game. North Union came right back.

At the 10:12 mark of the first quarter, Colegrove scored on a 1-yard run. Less than 3 minutes later, Colegrove broke free on a 26-yard run with 7:43 left in the period. That gave the Warriors a 12-7 lead.

That was the score for most of the next three quarters as the two squads battled up and down the field.

The difference came when Dougherty



Quarterback Greyson Colegrove weaved through the Bronco defenders to gain a few more yards before being stopped in the third quarter.

Photo by Kim Meyer, Bancroft Register/Swea City Herald

scored on a 6-yard run with 4:08 left in the game. A two-point conversion by Jackson Johanns put the visitors ahead by three.

North Union was unable to answer, turning the ball over on downs on the Warriors' final drive.

"Friday was a tough game," said Ernster. "We felt that we left a lot of things on the field. We didn't take advantage of scoring opportunities and couldn't get a big stop when we needed. It was probably our best game from a stat and execution standpoint, but we

left too much out there and couldn't pull it off."

Colegrove finished with 80 yards on 13 carries and was 8-of-17 passing for 120 yards. However, he threw three interceptions.

Draven Keeler rushed for 73 yards on 13 carries, Caden Walders had eight carries for 49 yards, and Madden had two carries for 50 yards.

Receiving, Khaal Jones caught four passes for 69 yards, Cooper Hoye had two catches for 27 yards, and Nick Hanson had two catches for 24 yards.

Belmond-Klemme had 262 yards passing with Brody Heifner completing 19-of-31 passes for 200 yards while Ruben Guido was 1-of-1 for 62 yards. North Union limited Belmond-Klemme to just 31 rushing yards on 21 carries.

Defensively for North Union, Eli Oleson and Jones each had 5.5 tackles, Max Merrill had five tackles, and Caden Zotz, Hoye, and Lucas Dreyer each had four. Brennan Bollinger had a sack and Cole Nicolson and Dreyer each had a half a sack.

Drew Henderson and Max Merrill each had an interception and Walders recovered a Bronco fumble.

Up Next

North Union's road doesn't get easier this week. The Warriors (0-3) host Class A No. 3 West Hancock (3-0) this Friday in Armstrong.

The Eagles have been challenged in their first three games. They opened the season with a 22-20 win over a Class 2A team in Garner-Hayfield-Ventura, then defeated Belmond-Klemme 59-23. Last Friday, West Hancock edged Saint Ansgar by an extra point, 21-20.

The Eagles rely on their running game. Thus far, they have carried the ball 159 times for 1,009 yards. They are led by Brady Bixel, who has 407 yards and eight touchdowns on 68 carries. Gustavo Gomez has 31 carries for 208 yards and one touchdown, Jacoby Subject has 17 carries for 174 yards and one touchdown and Creighton Kelly has 24 carries for 119 yards.

Quarterback Zephyr Jamtgaard has attempted just 12 passes with five completions for 83 yards with two touchdowns and one interception.

North Union notches third victory

By DAVID SWARTZ
dswartz@esthervilleneews.net

Brylie Deim pounded out 12 kills, Lainey Shanon had eight, and Ainsley Ulrich had seven, as the North Union Volleyball Team earned its third win of the season, 3-2, over West Hancock on Tuesday, Sept. 10.

West Hancock won the first two games by scores of 25-14, 25-18, but the Warriors roared back to take the final three, 25-19, 25-17, and 15-10.

Samantha Hoye and Aliyah Jones each had 12 set assists.

Cloey Anderson led the back-row defense with 23 digs while Ulrich had 22, Deim had 13, and Hoye had seven. Deim also had two blocks and Maisey Bierstedt had one.

From the service line, the Warriors were 81-of-96 with eight aces. Hoye was 16-of-22 with four aces, Jones was 15-of-15 with three ace, Deim was 17-of-17 with one ace, Anderson and Ulrich each were 16-of-18, and Shanon was 2-of-6.

North Union (3-5 overall, 1-0 in the Top of Iowa West



North Union's Lainey Shannon hits a serve during a recent match.

Photo by David Swartz

Conference) was at Algona on Tuesday to play Bishop Garrigan. The Warriors travel to a tournament hosted by Graettinger-Terril/Ruthven-

Ayrshire this Saturday in Graettinger. Next Tuesday, North Union hosts Lake Mills.

GT/RA 74, ROCKFORD 24

Titans roll to homecoming win over Warriors

GT/RA scores 56 points in first quarter

By DAVID SWARTZ
dswartz@esthervilleneews.net

RUTHVEN — Graettinger-Terril/Ruthven-Ayrshire raced out to a 56-0 first-quarter lead and cruised to a 74-24 homecoming victory over Rockford last Friday.

The Titans had a kickoff return for a touchdown and two defensive touchdowns in the first-quarter salvo.

Kasey Hough led off the game with a 69-yard kickoff return with Caleb Swedin running in the two-point conversion.

Hough then connected with Teagan Hanson on a 15-yard touchdown pass and Hough ran in the two-point conversion for a 16-0 Titan lead.

Swedin scored the next two touchdowns in a 38-second span. He first scored on a 6-yard touchdown run with 7:50 left on the clock and then picked up a Rockford fumble and returned it 21 yards for the score. That came with 7:12 left in the first quarter. Hanson ran in the two-point conversion after each of Swedin's scores.

Hough scored his second touchdown of the night on a 1-yard run with Landen Dietrich running in the two-point conversion with 5:43 left in the first. Dietrich then picked off a Rockford pass less than a minute later and returned it 23 yards for a touchdown. Hayden Gilmore ran in the two-point conversion.

GT/RA's final touchdown of the first quarter came with 43



Isaiah Malm strips the ball as the Titan defense of Malm (24) Jon Krieger (5), Landon Dietrich (27) and Donovan Young at the ankles crashes through the line for the sack.

Photo by Jay Schoning, Ruthven Zipcode

seconds left on an 8-yard run by Kenny Ness. Gilmore again ran in the two-point conversion.

The scoring slowed in the second quarter as GT/RA substituted liberally. Ness scored his second touchdown on an 11-yard run and later Brady Harris scored on a 40-yard run to give GT/RA a 68-0 lead.

With a running clock in the second half via the 35-point



Jon Krieger blocked the punt as he and Caleb Swedin put on the pressure.

Photo by Jay Schoning, Ruthven Zipcode

rule, Rockford scored its first touchdown with 7:18 left in the third quarter and added a two-point conversion.

GT/RA's final score of the night came on a 69-yard kickoff return by Zac Sorenson.

Rockford added two scores in the fourth quarter on a 42-yard run and a 19-yard run.

Between special teams and defense helping the Titans' point total, GT/RA only had 149 yards of offense. Harris led the Titans with 66 yards on two carries, Ness had 41 yards on four carries, and Swedin had 17 yards on two carries. Hough only attempted one pass, the touchdown catch by Hanson.

Defensively, Ness and Caleb

Manwarren each had 3.5 tackles and Swedin had three tackles.

Jon Krieger, Swedin and Riley Vander Hoff each recovered a Rockford fumble while Jaxson Schnell and Dietrich each intercepted a Warrior pass.

Up Next:

GT/RA (3-0 overall) will face a tougher challenge in going on the road to play rival West Bend-Mallard this Friday.

While the Wolverines have a 1-2 record their losses were to Top 10 teams. West Bend-Mallard opened the season with an 86-56 win over Newell-Fonda, but then lost

41-6 to No. 1 Bishop Garrigan. Last Friday, the Wolverines lost 49-8 to No. 3 Remsen St. Mary's.

Most of West Bend-Mallard's yards have been on the ground with 119 carries for 797 yards. Quarterback Austin Schmidt leads the way with 61 carries for 399 yards and three touchdowns while Cole Fehr has 51 carries for 383 yards and seven touchdowns. Schmidt is 9-of-16 passing for 74 yards with one touchdown and two interceptions.

GT/RA's offense has been balanced through the first three games with 458 passing yards and 445 rushing yards.

We can stop HIV, Iowa— by staying up-to-date on recommended screenings!

Health screenings help to identify diseases and chronic conditions before symptoms occur. The CDC recommends:

All people ages 13-64 should be screened for HIV at least once in their lifetime.

All people ages 18 and over should be screened for hepatitis B and hepatitis C at least once in their lifetime.

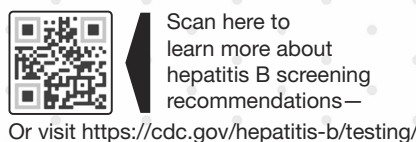
Pregnant women should be screened for HIV, hepatitis B, and hepatitis C during each pregnancy.

Talk to your healthcare provider about getting screened! Forgot if you've had a screening? Ask them to check your records!

Screenings are important because HIV, hepatitis B and hepatitis C don't always have noticeable signs or symptoms. Some people should be tested more often—visit the web resources below to learn more!



Or visit <https://cdc.gov/hiv/testing/>



Or visit <https://cdc.gov/hepatitis-b/testing/>



Or visit <https://cdc.gov/hepatitis-c/testing/>

STOP HIV IOWA

Table with 24 columns (7 AM to 5:30) and 53 rows of TV listings for Thursday Daytime. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, A&E, AMC, ANPL, BIG 10, BRAVO, COM, DISN, DSC, ESPN, ESPN2, FNC, FREE, FSN, FX, HALL, HGTV, HIST, LIFE, NICK, OXY, PARMIT, SYFY, TBS, TLC, TNT, TOON, TRUTV, TVLN, USA, WE TV, WGN-A.

CLASS 2A DISTRICT 2 FOOTBALL

Table with 3 columns: Team, District Win Loss, Overall Win Loss. Lists teams like Okoboji, Spirit Lake, Clarion-Goldfield-Dows, Forest City, ELC, Garner-Hayfield-Ventura.

CLASS A DISTRICT 2 FOOTBALL

Table with 3 columns: Team, District Win Loss, Overall Win Loss. Lists teams like West Hancock, Newman Catholic, Saint Ansgar, Belmont-Klemme, Lake Mills, West Fork, North Union.

CLASS 8-MAN DISTRICT 2 FOOTBALL

Table with 3 columns: Team, District Win Loss, Overall Win Loss. Lists teams like GTRA, Bishop Garrigan, Harris-Lake Park, West Bend-Mallard, North Iowa, Northwood-Kensett, Rockford.

THURSDAY EVENING SEPTEMBER 19, 2024

Table with 11 columns (6 PM to 11 PM) and 53 rows of TV listings for Thursday Evening. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, A&E, AMC, ANPL, BIG 10, BRAVO, COM, DISN, DSC, ESPN, ESPN2, FNC, FREE, FSN, FX, HALL, HGTV, HIST, LIFE, NICK, OXY, PARMIT, SYFY, TBS, TLC, TNT, TOON, TRUTV, TVLN, USA, WE TV, WGN-A.

Thursday Movies

Movie listings for Thursday. Includes 'Beauty and the Beast' (17) with synopsis, 'Mission: Impossible - Ghost Protocol' (11) with synopsis, 'Creed II' (18) with synopsis, 'Deepwater Horizon' (16) with synopsis, 'Enchanted' (07) with synopsis, and 'Terminator, The' (84) with synopsis.



ELC JVR and JV teams face Algona

The Estherville Lincoln Central JVR and JV football teams hosted Algona on Monday. Both teams played three quarters each for a total of six quarters. In the JVR game, Algona won 18-0. In the JV game, Algona won 22-8.

ELC junior high teams run at Emmetsburg Invitational

The Estherville Lincoln Central Middle School Cross Country teams competed at the Emmetsburg Invitational on Monday. The ELC boys placed fourth with 95 points. Colin Clabaugh led the Middets by placing ninth in 15 minute, 35.5 seconds.

Titans fall to Cougars in TLC

The Estherville Lincoln Central Titans fell to the Algona Cougars in a TLC game on Monday. The Titans were swept by the Cougars in three quarters. The Cougars won by scores of 25-8, 25-14, and 25-12. The Titans' attack was led by Ashley Hansen with three kills while Lindsey Conlon had two kills.

Iowa Lakes edges Northwest

The Iowa Lakes Sports Shooting Team shot 468x500 to 467x500 for Northwest Iowa in a meet at Sibley on Saturday. This is the second consecutive year that the Lakers won the 500 target trap match by a single bird. The members of the winning Lakers' team were: Tristan Werner 96, Joe Perrigo 96, Jacob Grau-West 95, Blake Bresler 92, and Paul Van Dover 89.

Iowa Lakes drops season opener

The Iowa Lakes Sports Shooting Team opened the 2024 ICCAC Trap League season at its home range north of Cylinder, on Wednesday, Sept. 11, in a 100 target match against Iowa Western. Iowa Western won the team event 492 to 465 over the Lakers. Freshmen shot the top four scores for the Lakers.

FRIDAY DAYTIME SEPTEMBER 20, 2024

Table with 24 columns (7 AM to 5:30) and 53 rows of TV listings for Friday Daytime. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, A&E, AMC, ANPL, BIG 10, BRAVO, COM, DISN, DSC, ESPN, ESPN2, FNC, FREE, FSN, FX, HALL, HGTV, HIST, LIFE, NICK, OXY, PARMIT, SYFY, TBS, TLC, TNT, TOON, TRUTV, TVLN, USA, WE TV, WGN-A.

FRIDAY EVENING SEPTEMBER 20, 2024

Table with 11 columns (6 PM to 11 PM) and 53 rows of TV listings for Friday Evening. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, A&E, AMC, ANPL, BIG 10, BRAVO, COM, DISN, DSC, ESPN, ESPN2, FNC, FREE, FSN, FX, HALL, HGTV, HIST, LIFE, NICK, OXY, PARMIT, SYFY, TBS, TLC, TNT, TOON, TRUTV, TVLN, USA, WE TV, WGN-A.

Friday Movies

Movie listings for Friday. Includes 'Breakfast Club, The' (85) with synopsis, 'Lightyear' (22) with synopsis, 'Fields of Dreams' (89) with synopsis, 'Mission: Impossible - Fallout' (18) with synopsis, 'Shawshank Redemption, The' (94) with synopsis, 'Goodfellas' (90) with synopsis, 'John Wick' (14) with synopsis, and 'When Harry Met Sally...' (89) with synopsis.



Turning back the pages
Week of Sept. 19

100 Years Ago (1924)
The total enrollment in the Estherville public schools up to date is 1,284. Many of the grades are overcrowded and all teachers have as many pupils as they can well handle.

75 Years Ago (1949)
Tentative personnel of freshman and sophomore sextettes and boys octet this morning were announced by Carl Will, director of vocal music.

50 Years Ago (1974)
Betty McQuown will play Maria and Dan Voigt Captain von Trapp in the Graettinger High School production of Rodgers and Hammerstein's musical, "The Sound of Music."

25 Years Ago (1999)
Recently the Estherville Lincoln Central Middle School received 32 new computers for the sixth, seventh and eighth grade mathematics departments as part of the State of Iowa's Technology Literacy Challenge Fund Grant.

15 Years Ago (2009)
Photo: Estherville Lincoln Central Homecoming celebrates its 2009 homecoming next week. King and queen candidates are Spencer Johnson, Emily Swalve, Kyle Farmer, Kaylene Vos, Jacob Perkins, Erin Kirchner, Cody Baker and Gray Farnum.

10 Years Ago (2014)
HR Green, Inc. announced that it has selected Estherville for the location of its newest Windsor Manor Assisted Living Community. The Windsor Manor facility in Estherville will be located at 2015 Third Ave. N.

Brad Leonard has been part of the Estherville Lincoln Central faculty for quite some time, but has recently advanced to the new position of head principal at the high school. Leonard started at ELC as an elementary guidance counselor. Later he became the guidance counselor for the high school, and then advanced to AD assistant principal in 2013. Leonard is married to Melissa, who teaches at the elementary level in Demoney.

SATURDAY DAYTIME
Table with columns for time slots (7 AM to 5:30 PM) and various TV channels (NBC, CBS, ABC, PBS, CW, FOX, etc.) listing programs.

SATURDAY EVENING
Table with columns for time slots (6 PM to 11 PM) and various TV channels (NBC, CBS, ABC, PBS, CW, FOX, etc.) listing programs.

SUNDAY DAYTIME
Table with columns for time slots (7 AM to 5:30 PM) and various TV channels (NBC, CBS, ABC, PBS, CW, FOX, etc.) listing programs.

SUNDAY EVENING
Table with columns for time slots (6 PM to 11 PM) and various TV channels (NBC, CBS, ABC, PBS, CW, FOX, etc.) listing programs.

Saturday Movies

- 70 Year-Old Virgin, The (05) ***
Three co-workers unite to help their buddy get a sex life. (R) (2:30) BRAVO Sat. 8 p.m., Sat. 10:30 p.m.
Goodfellas (90) ****
Henry Hill rises through the ranks of a crime branch. (R) (3:00) AMC Sat. 4 p.m.

Sunday Movies

- Avengers: Infinity War (18)
Iron Man, Thor and the rest of the Avengers battle Thanos. (PG13) (3:15) TNT Sun. 7 p.m.
Kong: Skull Island (17) ***
Explorers encounter a gigantic ape and monstrous creatures. (PG13) (2:30) TNT Sun. 9 a.m.

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Monday Daytime TV schedule grid for September 23, 2024, listing channels, times, and program titles.

Monday Evening TV schedule grid for September 23, 2024, listing channels, times, and program titles.

Monday Movies

Avengers: Infinity War (18) *** Jumanji: Welcome to the Jungle (17) *** Casino (95) *** Dune (21) *** Goodfellas (90) *** Guardians of the Galaxy (14) *** World War Z (13) ***



Tuesday Daytime TV schedule grid for September 24, 2024, listing channels, times, and program titles.

Tuesday Movies

Ant-Man and The Wasp (18) *** Doctor Strange (16) *** Top Gun (86) *** Iron Man 3 (13) ***



Money Wise

Should you be a global investor? Investment opportunities don't stop at the U.S. border. But what should you know about investing internationally?

Advertisement for Edward Jones Financial Advisor, featuring photos of Doug Wagner and Kristina Pollock.

Advertisement for Williams & Company P.C., 2007 Murray Road, PO. Box 472, Estherville, IA 51334.

Local Stocks section listing various stocks like Walmart, Green Plains, and Anderson Inc.

CryptoQuip answer section with a 4x4 grid and a King Crossword puzzle.

How to reach your officials

FEDERAL OFFICIALS
Sen. Charles Grassley 202-224-3744
Sen. Joni Ernst 202-224-3254
Rep. Randy Feenstra 202-225-4426
STATE OFFICIALS
Governor Kim Reynolds 515-281-5211
State Sen. Dave Rowley 712-330-5596
State Rep. Henry Stone 712-209-1202

CITY COUNCIL
Tony Condon - Ward 1 712-209-3872
Julie Clark - Ward 2 712-362-4854
Dave Seylar - Ward 3 712-209-0560
Ann Goebel - Ward 4 712-362-5948
Roy Gage - Ward 5 712-209-0913
Gary Myers - At Large 712-362-4869
David Hovinga - At Large 712-209-1202

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Jeff Quastad ferger@yourstarnet.net
Tim Schumacher tschumacher87@yahoo.com
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LOCAL CONTACTS
Estherville Aquatic Center 362-4432
Estherville City Utilities 362-3574
Estherville Chamber of Commerce 362-3541
Estherville Police (non-emergency) 362-3515
Emmet County Sheriff (non-emergency) 362-2639
Avera Holy Family Hospital 362-2631
Estherville Library 362-7731
ELC District Office 362-2692
ELC High School 362-2659
ELC Demoney Elementary 362-2181
ELC Middle School 362-2335

A Fantastic shopping event. IOWA'S LARGEST ARTS & Crafts SHOW. Sept 27 - 29. VARIED INDUSTRIES BLDG. IOWA STATE FAIRGROUNDS. Over 250 Exhibitors.

BASEMENT WALLS... Bowed? Cracked? Damp? Moldy? Call Tom for a FREE ESTIMATE: 712-209-2487 SUPERIOR WALL

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We're looking for 50 Homeowners who need a new bath or shower! 75% OFF INSTALLATION of a new bath or shower! Zero Down! Zero Payments & Zero Interest for 24 months! \$50 Walmart gift card with in-home estimate!

WEDNESDAY DAYTIME TV SCHEDULE. Columns: Channel, Time, Program Name, Description. Includes NBC, CBS, ABC, PBS, CW, FOX, A&E, AMC, ANPL, etc.

WEDNESDAY EVENING TV SCHEDULE. Columns: Channel, Time, Program Name, Description. Includes NBC, CBS, ABC, PBS, CW, FOX, A&E, AMC, ANPL, etc.

Sports AUTO RACING Friday, Saturday, Sunday. BASEBALL Thursday, Friday, Saturday, Sunday. BOXING Friday. FOOTBALL Thursday, Friday, Saturday, Sunday. GOLF Saturday, Sunday. MOTORCYCLE RACING Saturday, Sunday. SOCCER Thursday, Friday, Saturday, Sunday.

Wednesday Movies. American Sniper (14) *** Navy SEAL Chris Kyle logs an incredible number of kills. (R) (3:00) TNT Wed. 10 p.m. Jaws (75) **** A man-eating shark terrorizes a New England resort town. (PG) (3:00) AMC Wed. 6 p.m.

Die Hard. 7:15 p.m. KTVI NFL Football Kansas City Chiefs at Atlanta Falcons. The two-time defending Super Bowl champion Chiefs hit the road for the first time this season for a test drive against the Falcons. Kansas City won the last meeting, 17-14 in 2020. The Chiefs went a combined 13-4 on the road over the last two years. (Live)

Strengthening our strategic position against China

For decades, China has threatened our national security through both overt and covert measures. The Chinese Communist Party (CCP) and affiliated individuals and entities have rapidly increased purchases of American farmland, stolen valuable intellectual property and other critical technologies, infiltrated our schools and universities, and violated our trade laws with impunity. As the world becomes increasingly volatile, we have a duty to protect our country and the American people from CCP influence and interference.

just another safeguard to ensure that our farmland does not fall into the hands of our enemies. This legislation complements my amendment to



BY REP. RANDY FENSTRA
Representing Iowa Congressional District 4

In addition to keeping CCP propaganda centers off our college campuses, I supported the End Chinese Dominance of Electric Vehicles in America Act, which would prevent China from receiving generous tax credits to manufacture electric vehicles and produce necessary components. There is no reason whatsoever that American taxpayers should be funding the production of electric vehicles in China.

That's why, at the beginning of September, I joined my Republican colleagues in supporting legislation to hold China accountable for its actions and defend our families, farms, and businesses from unfair and unlawful behavior by the CCP.

the Lower Energy Costs Act – which passed the U.S. House of Representatives last year – to ban China from buying American farmland suitable for domestic energy production. China has no right and no business buying our farmland.

On another front, since 2005, the Chinese Communist Party has funded Confucius Institutes at American colleges and universities – spreading propaganda and misleading information. While most Confucius Institutes have closed, variations remain active on college campuses. We cannot allow China to distort the narrative about its long history of breaking international rules and norms. That's why I voted to stop all financial support for U.S. colleges and universities that host Confucius Institutes or similar programs that target our students.

In addition to keeping CCP propaganda centers off our college campuses, I supported the End Chinese Dominance of Electric Vehicles in America Act, which would prevent

China from receiving generous tax credits to manufacture electric vehicles and produce

necessary components. There is no reason whatsoever that American taxpayers should be funding the production of electric vehicles in China. Yet, President Biden and Vice President Harris have proven that they will stop at nothing to force Americans to drive electric vehicles, including giving U.S. taxpayer dollars to China to accelerate this costly and rushed EV mandate. From buying up our farmland to stealing our intellectual property, we cannot let China threaten our national security or take advantage of American taxpayers.

Finally, House Republicans passed legislation to revive the U.S. Department of Justice's China Initiative first authorized in 2018 to combat theft of intellectual property, economic espionage, and Chinese cyberattacks. While active, more than 160 individuals and organizations were indicted and at least 45 have since been convicted or pled guilty. This initiative is vital given that some estimates suggest that China's IP theft costs the United States approximately \$500 billion – leaving taxpayers on the hook

for China's unlawful antics. By re-establishing the DOJ's China Initiative, we can protect our businesses from Chinese spies, secure our critical infrastructure, and safeguard our national security.

China poses a uniquely concerning threat to the United States. We want Iowa farmers – not China – to control our farmland. We need to protect our IP and critical infrastructure from Chinese hackers for the sake of our economic stability. We must investigate and prosecute crimes against our farmers, workers, and businesses to defend our national security. We have an obligation to American taxpayers to stop sending money to China to develop its EV manufacturing capabilities and plunder the world's natural resources. Serving on the House Agriculture Committee and the House Ways and Means Committee, I will continue my work to strengthen our strategic position against China and keep the United States the strongest, most prosperous country in the world. It's a critical mission for our country.

Chopping silage, preparing for harvest among week's work for farmers

DES MOINES – Iowa Secretary of Agriculture Mike Naig commented on the Iowa Crop Progress and Condition Report released by the USDA National Agricultural Statistics Service. The report is released weekly April through November. Additionally, the Iowa Department of Agriculture and Land Stewardship provides a weather summary each week during this time.

"The unseasonably warm temperatures and dry conditions over the past week allowed farmers to chop silage, seed cover crops, top off propane tanks, and make additional harvest preparations. There have also been reports of some harvest activity in pockets of the state, though forecasts are showing chances for widespread rainfall later this week that could temporarily park some combines," said Secretary Naig. "National Farm Safety and Health Week is a timely reminder for all farmers and drivers to do our part to ensure a safe and

productive harvest season for everyone in the field, around the farm and on the road. Given the stress and long hours of harvest as well as challenges in the ag economy, it's also important for farmers and those involved in agriculture to prioritize their mental health and well-being."

The weekly report is also available on the USDA's website at nass.usda.gov.

Crop Report

Iowa experienced hot and dry conditions this week. These conditions allowed Iowa farmers 6.7 days suitable for fieldwork during the week ending September 15, 2024, according to the USDA, National Agricultural Statistics Service. Field activities included chopping corn silage and harvesting corn and soybeans.

Topsoil moisture condition rated 6 percent very short, 38 percent short, 55 percent adequate and 1 percent surplus. Subsoil moisture condition rated 6 percent

very short, 32 percent short, 61 percent adequate and 1 percent surplus.

Corn in the dent stage or beyond reached 85 percent this week, 8 days behind last year and 2 days behind the five-year average. Corn mature reached 41 percent, 4 days behind last year but 2 days ahead of the average. Corn harvested for grain began this week at 2 percent. Corn condition was rated 77 percent good to excellent. Soybeans coloring or beyond reached 72 percent, 3 days behind last year but 2 days ahead of the five-year average. Soybean dropping leaves reached 31 percent, 3 days behind last year. The soybean harvest began this week at 1 percent. Soybean condition was 77 percent good to excellent.

The State's third cutting of alfalfa hay reached 96 percent, 9 days behind last year but 1 week ahead of the five-year average. Pasture condition fell 11 percentage points to 52 percent good to excellent.

Yard and Garden: Tomato Problems

Learn the options for addressing basic tomato problems in the home garden

By Aaron J. Steil
ISU Extension

Tomatoes are popular vegetables in the home garden. Most gardeners currently are enjoying their harvests. However, tomatoes are susceptible to a range of disorders that can compromise their quality and yield. In this article, horticulturists with Iowa State University Extension and Outreach discuss what you can do when you encounter issues with your tomatoes.

Why are my tomatoes cracking?

Fruit cracking is a common issue in tomatoes, often appearing at the top or stem end of the fruit as cracks that radiate out from the stem or circle the stem in concentric rings. Fruit cracking is associated with wide fluctuations in soil moisture levels, such as heavy rain or deep watering after a dry spell, causing rapid water uptake and subsequent cracking. Large beefsteak-type tomatoes are particularly prone to this issue.

Blossom end rot of tomato. To prevent fruit cracking, maintain consistent soil moisture, especially during fruit development. This can be achieved by watering thoroughly once a week during dry periods and using mulch, such as dried grass clippings, straw and shredded leaves to conserve moisture. Additionally, for better results, choose crack-resistant varieties such as Jetstar, Mountain Spring or Mountain Fresh.

Several of my tomatoes are misshapen. Why?

Misshapen (catfaced) fruit may be due to cool weather during fruit set. Exposure to 2, 4-D or similar broadleaf herbicides can also cause misshapen fruit. Catfacing is most common on large-fruited tomato varieties. Affected fruit shows leathery scars, bulges or holes at the blossom end of the fruit. The incidence of catfacing is typically highest on the early maturing fruit and declines during the remainder of the growing season.

A blackish spot develops on the bottom of my tomato fruit. What is the problem and how can it be prevented?

Blossom end rot is the likely cause of the problem. This common problem on tomatoes



appears as a brownish-black spot on the fruit's blossom end (bottom). Secondary organisms invade and cause the fruit to rot. Blossom end rot is most common on the earliest maturing fruit that ripen in July and early August.

Blossom end rot is caused by a calcium deficiency in the developing fruit. Wide fluctuations in soil moisture levels impair calcium uptake by the root system of the tomato plant. Excessive nitrogen fertilization may also contribute to blossom end rot. To prevent blossom end rot, provide consistent moisture to the plants. When dry, water tomatoes weekly with 1 to 1½ inches of water and mulch to maintain soil moisture. Avoid over-fertilization and remove affected fruit to help the plant focus on healthy fruit development. There is no need to apply calcium to the soil as most lowa soils contain more than adequate calcium levels.

Blossom end rot can also occur on pepper, eggplant, summer squash and watermelon.

My tomatoes are developing white or yellow areas on the sides of the fruit exposed to the sun. Why?

Sunsald on tomatoes appears as white or yellow patches on fruit exposed to extreme heat. These areas eventually dry out, become sunken and can rot due to secondary infections. Losses due to sunsald can be reduced by growing tomatoes in wire cages. Cage-grown tomato plants provide good foliage protection for the fruit. Also, control Septoria leaf spot and other foliar diseases, which defoliate the plants and expose

My tomato plants are wilting despite adequate rainfall. Why?

Wilting in tomato plants may be caused by Verticillium or Fusarium wilt, soilborne fungi that block water flow through the plant's vascular system. Symptoms include daytime wilting with recovery overnight that worsens over time, yellowing foliage and eventual plant death. A cut through the lower stem of a dead plant often reveals a brownish discoloration of the vascular tissue.

Legal Notice

THE IOWA DISTRICT COURT FOR EMMET COUNTY IN THE MATTER OF THE ESTATE OF Brian D. Johnson, Deceased
CASE NO. ESPR010419
NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS
To All Persons Interested in the Estate of Brian D. Johnson, Deceased, who died on or about January 23, 2024:
You are hereby notified that on September 11, 2024, the undersigned was appointed administrator of the estate.
Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district

Nothing can be done for plants that have Verticillium or Fusarium wilt. Plants that die should be removed and destroyed. Crop rotation is of limited value as the vascular wilt fungi may survive in the soil for several years. The best prevention is using resistant cultivars which are marked with V or F following the cultivar name.

Stalk borers are another possibility. Stalk borers are insects that bore into plant stems and can also cause wilting and death. They attack a wide variety of plants, including tomatoes and many weeds that surround the area. Stalk borers are purple and cream-striped caterpillars and are an early-season pest that moves from tall grassy weeds to plants in the garden. An individual stalk borer may go from one plant to another, damaging several plants. The adult is an inconspicuous grayish-brown moth. Stalk borer-damaged plants may survive when given good care. They are best managed by removing plants that die and controlling tall weeds around the garden. Stalk borers are not easily controlled with insecticides.

Dated on September 12, 2024.
Elizabeth Noel,
Administrator of the Estate
14200 N 54th Dr
Glendale, AZ 85306
David D. Forsyth, ICIS#:
AT0002567
Attorney for the Administrator
FORSYTH LAW OFFICE
121 North 6th St
Estherville, IA 51334
Date of second publication
September 26th, 2024

Legal Notice

Approved Emmet County Board of Supervisors' Minutes September 3, 2024, at 8:30 a.m.
Emmet County Board of Supervisors
Boardroom, Courthouse
Present: Todd Glasnapp, Chair
Jeff Quastad
Tim Schumacher
John Pluth
Lisa Hansen-via Zoom at 8:35 a.m.
Media: Ed Funston
County employees: Melanie Summers Bauler, Sheriff Martens
Chairman Glasnapp, called the meeting to order. All in attendance recited the Pledge of Allegiance. Motion by Schumacher, second by Quastad to approve the minutes of the last meeting 08.27.2024. Also approving them for publication. All ayes. Motion carried. Motion to approve the agenda by Schumacher, second by Pluth. All ayes, motion carried.
Committee updates: Glasnapp-Department Head Meeting. Public forum: none.
Compensation board discussion. Summers Bauler reviewed compensation board changes as of July 1. Emmet County compensation board is disbanded as of July 1 per new Iowa Law. Several points of the new legislation were presented and discussed. The board of supervisors can approve a compensation schedule that is greater than or less than the compensation board recommendation, make adjustments to the compensation schedule for individual elected officials without being required to adjust by the same percentage for all others, set compensation at less than the current year if the compensation schedule recommends changing the position to part-time. If the board would like

to re-establish a compensation board, that will need to be done by resolution.
Board asked Goebel to prepare a resolution and put on the agenda for September 10 for additional discussion and action to be taken on the compensation board in Emmet County.
Stacie Berg-Nelson brought to the board the Peterson Point funding request for picnic tables and a fire ring. Quotes for wood tables, collapsible composite plastic tables and cement tables were presented. Schumacher asked if tables needed to be moved or permanent. Peterson Point would like four tables. Board called a dealer to get a quote for aluminum tables. No discussion on the fire ring.
Supervisors would like Berg-Nelson to go back to the Peterson Point Board to decide what table material to go with. Motion to table decision by Schumacher, second by Pluth. All ayes. Motion carried.
Motion to enter a closed session at 9:25 a.m. pursuant to Iowa Code 21.5(1)(g) by Quastad, second by Pluth. All ayes from full board. Motion carried.
Motion to leave closed session at 10:25 a.m. by Pluth, second by Hansen. Roll call vote: Hansen-aye, Pluth-aye, Quastad-aye, Glasnapp-aye. Motion carried. Schumacher was not present for the roll call vote.
Manure Management Plans reviewed:
Site Name Owner Site Number
West Swan Swine Care West Swan Swine Care LLC Site#69123
Motion to adjourn by Pluth, second by Hansen at 10:26 a.m. All ayes. Motion carried.
 Heidi Goebel, Auditor
 Todd Glasnapp, Chairman

PALO ALTO COUNTY FSA UPDATE

Emergency Conservation Program (ECP) signup deadline extended

By Lisa Forburger

Producers that have suffered damage from the June flooding could be eligible for cost share assistance to repair or replace conservation practices that were damaged by the flooding on their farmland. FSA is accepting applications in Palo

Alto County until November 29, 2024. This deadline has been extended from the original September 30 deadline for an additional 60 days. I feel this is great news for the farmers in Palo Alto County. Damage will be discovered as they harvest. Just make sure you sign

up and have it inspected before you repair the cropland damaged by grading, shaping and releveling or removing debris such as corn stalks.

Approved practices are EC1, removing debris from Farmland, EC2, grading shaping and releveling land, EC3,

restoring permanent fencing, and EC4, restoring structures such as waterways and terraces.

Best of luck to everyone for a safe harvest.

Contact the Palo Alto County FSA office if you have any questions at 712-852-3386.

Court News

District court

Aug. 20 – Darren Lee Watkins of Emmetsburg pleaded guilty to theft 5th degree. The defendant was fined \$105 and assessed \$100 costs and a \$15.75 surcharge.

Aug. 26 – Alexander Denny Winterboer of Arnolds Park pleaded guilty to possession of a controlled substance – marijuana 1st offense. The defendant was sentenced to two days in jail and fined \$430 and assessed \$385.30 costs and a \$64.50 surcharge.

Ketrick Alan Hall of Estherville pleaded guilty to operating while under the influence – 1st offense. The defendant was sentenced to 48 hours in jail or the weekend program and fined \$1,250 and assessed \$100 costs and a \$187.50 surcharge.

Aug. 29 – Robert James Miller of Estherville pleaded guilty to possession of a controlled substance – marijuana 1st offense. The defendant was fined \$430 and assessed \$505.50 costs and a \$64.50 surcharge.

Municipal court

Aug. 27 – Erin Elizabeth Davis of Estherville pleaded guilty to public intoxication. The defendant was fined \$105 and assessed \$60 costs and a \$15.75 surcharge.

Joseph W. Applegate of Estherville pleaded guilty to control of animals. The defendant was fined \$105 and assessed \$60 costs and a \$15.75 surcharge.

Rustin Prock of Estherville was found guilty of control of animals. The defendant was fined \$105 and assessed \$60 costs and a \$15.75 surcharge.

Dawn Renee Skrepak of Estherville was found guilty of control of animals. The defendant was fined \$105 and assessed \$60 costs and a \$15.75 surcharge.

Small claims

Aug. 20 – Midland Credit Management, Inc., of West Des

Moines received a \$1,244.92 judgment plus interest and court costs from Pearl Irene Clinton of Estherville.

Aug. 21 – LVNV Funding LLC of Plymouth, Minn., received a \$1,379.85 judgment plus interest and court costs from Didier Castro Tercero of Estherville.

LVNV Funding LLC of Plymouth, Minn., received a \$1,196 judgment plus interest and court costs from Mandy Jo Richardson of Wallingford.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$3,8389.77 judgment plus interest and court costs from Alexis Josten of Estherville.

Aug. 22 – Hawkeye Adjustment Service of Sioux City received a \$749.60 judgment plus interest and court costs from Michelle L. Dahna of Wallingford.

Aug. 23 – Accounts Management Incorporated of Sioux Falls, S.D., received a \$228.04 judgment plus interest and court costs from Tyler Scott Ahrens of Estherville.

Aug. 26 – Midland Credit Management, Inc. of West Des Moines received a \$1,448.06 judgment plus interest and court costs from Nathan Lee Asche of Armstrong.

Aug. 29 – TD Bank USA, NA of Minneapolis received a \$1,052.01 judgment plus interest and court costs from Christopher Wisniewski of Wallingford.

LVNV Funding LLC of Plymouth, Minn., received a \$675.99 judgment plus interest and court costs from Samantha Jo Armstrong of Estherville.

Aug. 16 – Ty Hayden Kim of Hartwell, Ga., pleaded guilty to speeding six through 10 over in a 55 or under zone. The defendant was fined \$55 and assessed \$55 costs and an \$8.25 surcharge.

and assessed \$60 costs and a \$15.75 surcharge.

Aug. 18 – Sara Ann Straw of Emmetsburg pleaded guilty to auto speeding one through five over in a 55 or over zone. The defendant was fined \$30 and assessed \$55 costs and a \$4.50 surcharge.

Joseph Edward Sierra II of Estherville pleaded guilty to driving while license denied, suspended, canceled or revoked. The defendant was fined \$250 and assessed \$60 costs and a \$37.50 surcharge.

Aug. 19 – Walter Samuel Ramirez Miranda of Worthington, Minn., was found guilty of failure to obey traffic control device. The defendant was fined \$202.50 and assessed \$55 costs and a \$30.38 surcharge.

Linda Susan Cole of Ringsted pleaded guilty to failure to prove security against liability. The defendant was fined \$325 and assessed \$55 costs and a \$48.75 surcharge.

Aug. 21 – Trevor James Niebuhr of Whittemore pleaded guilty to failure to maintain registration plate. The defendant was fined \$30 and assessed \$55 costs and a \$4.50 surcharge.

Trevor James Niebuhr of Whittemore pleaded guilty to failure to provide proof of financial liability. The defendant was fined \$325 and assessed \$55 costs and a \$48.75 surcharge.

Aug. 22 – Martin Fores Fernandez of Estherville pleaded guilty to permitting an unauthorized person to drive. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Orville James Koenecke Jr. of Sherrburn, Minn., pleaded guilty to failure to maintain or use safety belts – adult. The defendant was fined \$70 and assessed \$55 costs and a \$10.50 surcharge.

Aug. 23 – Sabina Torres of Estherville pleaded guilty to permitting an unauthorized minor to drive. The defendant

was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Michael Daniel Fuentes Rivera of Estherville pleaded guilty to no valid driver's license. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Aug. 25 – Samuel Thomas Kanakkanatt of Delafield, Wis., pleaded guilty to speeding one through five over in a 55 or under zone. The defendant was fined \$30 and assessed \$55 costs and a \$4.50 surcharge.

Aug. 26 – Andres Rodriguez of Estherville pleaded guilty to open container – passenger 21 years old or older. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Danyel Lopez Domingo of Estherville pleaded guilty to open container – passenger 21 years old or older. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Tomas Nunez of Estherville pleaded guilty to open container – passenger 21 years old or older. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Victor Vasaves of Estherville pleaded guilty to open container – passenger 21 years old or older. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Luch Chapas Yoni Ronaldo of Belmont pleaded guilty to no valid driver's license. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Isaias Anariba Mejia of Estherville pleaded guilty to open container – passenger 21 years old or older. The defendant was fined \$260 and assessed \$55 costs and a \$39 surcharge.

Aug. 27 – Jason Jeremiah Idtensohn of Spencer was found guilty of speeding six through 10 over in a 55 or under zone. The defendant was fined \$110 and assessed an \$8.25 surcharge.



Estherville Lincoln Central's Aiden Deim celebrates Braxton Johnson's touchdown by lifting Johnson in the air during the Midgets' game in Algona on Friday.

Photo by David Swartz



ELC's Amari Armstrong (4) fights for more yards after this reception against Algona last Friday.

Photo by David Swartz

MIDGETS, Continued from Page 1B

recovered a Bulldog fumble. While ELC was able to drive inside the 10-yard line, the Midgets were unable to punch the ball in. Algona responded with a clock-eating 83-yard drive that ended with a 28-yard touchdown pass from Manske to Tyson VanDeWalle with 1 minute left in the third quarter. The extra point kick gave Algona a 27-12 lead. ELC was unable to move the ball much in the fourth quarter and Weichert added a 1-yard touchdown run with 2:39 left in the game. The Bulldogs finished with 111 yards rushing while Manske was 17-of-23 passing for 274 yards. Allie was the Bulldogs' top receiver with eight catches for 171 yards. Yager finished 13-of-24 passing for 162 yards. Sincere McMurran had five catches for 60 yards, Johnson had two catches for 25 yards, White

had two catches for 34 yards, Armstrong had a catch for 29 yards, Lake Rezac had a catch for 8 yards and James Richard had two catches for 6 yards. On the ground, Yager had 15 carries for 42 yards, Richard had six carries for 16 yards, Kale Shatto had seven carries for 8 yards, Armstrong had a carry for 2 yards, and White had two carries for 1 yard. Richard led ELC's defense with 9.5 tackles, White had 6.5, Armstrong had six, Dylan Peta had 5.5, and Yager had five. Besides Deim's fumble recovery, Breidyn Coulter also recovered a Bulldog fumble for ELC.

Up Next:

ELC (0-3) opens Class 2A District 2 play this Friday, hosting Okoboji (2-1) for the Midgets' homecoming. The Pioneers opened the season with back-to-back wins, defeating North Union 41-7 and Pocahontas Area 41-6. However, they also lost to a Class 3A team last Friday, falling 35-14 to MOC-Floyd Valley. Okoboji actually led the Dutchmen 14-0, but MOC-



ELC's James Richard (6) tries to take advantage of the block by Blake Arends (8).

Photo by David Swartz

Floyd Valley scored 35 unanswered points for the victory. Okoboji has had more success through the air this season than on the ground. Quarterback Landon Duvall is 44-of-66 passing for 612 yards with seven touchdowns and one interception. He spreads

the ball around well as eight different Pioneers have at least one catch. Three players have double digits in receptions. Asa Jacobsen had 14 catches for 143 yards and two touchdowns, Avery Simington has 11 catches for 116 yards and two touchdowns, and Caleb

Simington has 10 catches for 173 yards and two touchdowns. Last week, MOC-Floyd Valley held Okoboji to just 20 rushing yards, but the Pioneers do have 389 yards on the ground this season on 96 carries.

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Pickleball Clinic at the RWC
 A Fall 2024 Pickleball Clinic will be held from 9-11 a.m., Saturday, Sept. 28, and 4-6 p.m. Sunday, Sept. 29, at the Regional Wellness Center in Estherville. cost is \$20 per person. The clinic can accommodate a minus of four to a maximum of 10 per clinic date. Call the RWC at 712-362-8484 or stop in to sign up. Questions, contact Jessie Nitchals at jnitchals32@gmail.com. Paddles, balls and nets will be provided.

Black Knights Car Club
16th ANNUAL AIRPORT DRAGS
Sunday, September 22, 2024
SPENCER AIRPORT 1957 330th Street, Spencer, IA
 (West of Clay County Fairgrounds)
Gates Open 9 am
Races from 11 am - 3 pm
 350 feet side-by-side with light start
\$5.00 for spectators
 (Bring your lawn chairs)
 • All cars will be inspected (safety inspectors have final say).
 • Vehicles must be registered, licensed and have proof of insurance.
 • D.O.T. times only. No classes for motorcycles.
 For more information, contact **Denny Houseman** at 712.260.3278 or **Ray Tucker** at 712.330.7183

CLAY COUNTY TOURISM

Inspiration for Our Day- "But as for you, be strong and do not give up, for your work will be rewarded." ~2 Chronicles 15:7

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