

Iowa Lakes Trustees approve President Newhouse's retirement plans



Valerie Newhouse

The Iowa Lakes Community College Board of Trustees accepted College President Valerie Newhouse's decision to retire, effective June 30, 2022. Newhouse has served as President since 2009 and is the institution's 7th president.

From the very beginning, the Iowa Lakes Community College Board of Trustees has been consistently impressed and grateful for Newhouse's remarkable leadership and tremendous service and commitment to the college and the communities within the Iowa Lakes five-county district and beyond.

"It has been such a humbling and rewarding honor to have served Iowa Lakes Community College as President for the past 13 years. Iowa Lakes is

like home, and we are a family — everything about Iowa Lakes, from our dedication to living our mission, vision, and values to our wonderful students, employees, Board, alumni, and friends. It truly has been a privilege to be a part of

this remarkable institution," President Valerie Newhouse.

"The Board of Trustees and I are incredibly grateful for President Newhouse's significant success in leading the college and are thankful for her longevity of service to our institution. Her constant and thoughtful leadership throughout the unimaginable challenges brought on by COVID-19 has left Iowa Lakes in a place of strength. Her announcement regarding early retirement will allow us ample time and a competitive advantage for our next presidential search," said Janice K. Lund, Board President.

During Newhouse's tenure, Iowa Lakes Community College has stayed true to the college's mission, with a dedi-

cation to providing quality life-long educational opportunities through transformative growth both fiscally and through quality educational experiences. Additionally, Newhouse's leadership at Iowa Lakes has elevated the college's presence within the five-county region and throughout the state of Iowa. Newhouse began her relationship with Iowa Lakes Community College in 1986 when she started working in adult and continuing education. Twenty-three years later, she became President of the institution after holding various other roles such as Executive Vice President, Vice President of Administration, Emmetsburg Campus Associate Dean and Secondary Programs Coordinator/Supervisor.

Her dedication to Iowa Lakes is evident through the extensive infrastructure projects and progressive programming offerings she pioneered over the past 13 years. The facility projects include the new cutting-edge beef and farm lab facilities, the SERT renovation project, the Construction Technology Building, and the 2016 Bond Referendum that contributed to the construction of the Algona Campus addition and drainage project, Student Center addition and drainage project in Emmetsburg, the Janice K. Lund Performing Arts Center on the Estherville Campus, the facade and roofing improvements in Spencer and the Industrial Training Center on the Spirit Lake Campus.

Additionally, she has been instrumental in the implementation of advanced institutional programming options, including the Veterinary Technician, Heating, Ventilation, and Air Conditioning Technology, Electrical Technology, Engineering Technology, Water Quality Technician, and most recently, the Cosmetology program and Junior Reserve Officer Training Corps (JROTC) programming.

Newhouse has received various awards and honors during her career, including the Governors Volunteer Award for work with literacy students, the Chief Administrator Award in 2017 from the Iowa Association of Community College Trustees, and the Distinguished Higher

Education Leadership Award from the Iowa Women in Higher Education in 2017.

She has also been extremely active, serving as a member and chair in many local and statewide organizations. Some of the organizations include the ACCT Advisory Committee of Presidents, Emmetsburg Community Development Corporation, Emmetsburg Community Schools Foundation, Estherville Area Partnership for Growth, Iowa Association of Community College Presidents, Iowa Community College Athletic Conference, Iowa Community College Council, Iowa Energy Center Advisory Committee, Iowa Lakes Corridor, Iowa STEM Advisory Council, and Palo Alto County Economic

Development Corporation. "President Newhouse has excelled at maintaining visibility and a connection to college students, community members, and staff and has been relentless in her focus for quality programming, facilities, and personnel. It is impressive that President Newhouse has been a champion for Iowa Lakes through her leadership and service," said Lund.

Following the acceptance of Newhouse's resignation, the Iowa Lakes Community College Board of Trustees President, Janice K. Lund, authorized the college administration to move forward with the presidential search process. The presidential search process will begin immediately.



Bret Mace, electric foreman, second from left, talks to council member Roy Gage about the electrical production plant. Dale Bradley, electric operator/mechanic, Penny Clayton, city administrator, Beth Burton, city clerk, and council member Joan Heckard were also on the tour.

Photo by Amy H. Peterson



Electric superintendent Brad Friesner shows the switch operation board to city officials on the tour, including council member Dave Seylar, left.

Photo by Amy H. Peterson

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Mark your calendar now for this major northern Iowa land auction. These farms are located in Emmet & Kossuth County, Iowa in close proximity to Armstrong and Ringsted, Iowa. Tracts 1-7 offer highly productive Nicollet, Canisteo & Clarion soils with CSR2's ranging from the high 70's to the upper 80's. Tract 8 includes a very useable steel storage building, grain storage and features several attractive building sites. We urge you to take a look at these well maintained and high quality farms that rarely become available in this part of the country at public auction.

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CITY, Continued from Page 1A

to the "baby" at 1969. At the 80% mark, the plant can produce 13 megawatts.

Mace said, "In the event of a complete power failure from our supplier, the plant has a standby generator to the power plant. This power allows us to operate the lights and equip-

ment necessary to start the plant. The standby generator is a 75 kilowatt generator the city purchased from Hicklin Power Co. of Des Moines. That generator is operated by a John Deere motor."

The five largest consumers of the city's electric power

are Estherville Foods, Avera Holy Family Hospital, the Wastewater Treatment Plant, Hy-Vee, and ELC Middle School.

In the last decade, the electric production department has completed several major maintenance projects, including an overhaul of the #4 Enterprise engine last year, removing the heads and installing new gaskets and upper liner seals on Coopers #3 and #7 in 2015, installing catalysts on engines, 3, 4, 5 & 7 in 2014 and an engine overhaul on #5 Enterprise in 2010.

Estherville elected to establish a power plant in 1894. In 1896, the city purchased a Buckeye engine and two boilers. Various replacements came in during the 1930s through the 1960s.

For the summer of 2021, the peak usage was on July 27 at 5 p.m. The high temperature that day was 93 degrees. The daily peak over the winter of 2021 was on Feb. 15 at 7 p.m. For the fiscal year July 1, 2020-June 30, 2021, the total system power purchase was 58,366,692 kilowatt hours.

LAND AUCTION

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Evening Specials

Tuesday, January 18:
 Bingo (Earlybird 6:30, Main Event 7:00)

Wednesday, January 19:
 Auxiliary Ladies Serving
 2 pc Chicken\$7.75 or \$7.25
 Cream Chicken on Biscuits\$7.25
 Served with Fresh Baked Bread, Vegetable & Dessert

Thursday, January 20:
 6 oz Top Sirloin or 6 Fan Tail Shrimp . . . \$9.95
 Served with Potato, Salad and Roll

Friday, January 21:
 Fish Dinner (Swai - not the cheap stuff) . . \$9.95
 Served with Potato, Salad and Roll

Saturday, January 22: Off the menu

OPEN TO THE PUBLIC

VFW CANTEEN

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Noon Specials

Tuesday - 2 pc Broasted Chicken w/Roll, Salad & Choice of Potato
 Dark: \$7.25 White: \$7.75 or off the menu

Wednesday - Patty Melt or Frisco Burger \$7.50 or off the menu

Thursday - Chicken Fried Steak \$8.00 or off the menu

Friday - Hot Beef Commercial \$8.00
 Pork Tenderloin \$6:50 or off menu
 \$1.00 Soda with Noon Meal

OPEN TO THE PUBLIC

Conservation Board discusses banquet, building project

By MICHAEL TIDEMANN

The Emmet County Nature Center Foundation and Emmet County Conservation Board discussed the upcoming March 19 banquet and Nature Center building project at their Thursday, Jan. 6 meeting. Conservation Board Director Eric Anderson told foundation

members the banquet will be held as planned on March 19 at the Estherville Elks Lodge. The banquet was canceled the previous two years due to COVID. The new Nature Center building is already in use, with the first archery practice held Jan. 4, Anderson said. "The kids are excited," said Naturalist Ashley Reed. Reed

said the building allows archers to shoot in one round, with practices on Tuesday and Thursday. Reed said there were 14 during the first practice from 4-5 p.m. with five more for the 5:15-6:15 practice, with more participants expected. Anderson asked foundation members if they had any ideas for a name for the building. He

said the foundation needed to beware of naming the center as a classroom or education center since it would fall under stricter insurance requirements. Foundation member Deb Zoellner said the building should be named before the March 19 banquet, and Anderson agreed. Anderson said Reed had also

determined how tournaments could be held at the new building. Foundation members also discussed installation of a security system. In the Conservation Board meeting that followed, Anderson said an abstract was being drawn up on the Peterson Point property. Anderson also discussed the

2022-23 budget. He said he had penciled in a 6 percent raise for salaried employees and \$2 hourly for seasonal. Board member Kim Swanson asked about higher wattage at campsites and a waterline for campers at Tuttle Lake. Anderson also discussed replacing the Wolden truck and Reed's vehicle. He said

\$60,000 was budgeted for both vehicles. Anderson also discussed damage from the recent windstorm. "I was extremely impressed with secondary roads again," Anderson said of cleanup. In the camping report, Anderson noted \$24,270 to date for Wolden Campground, \$16,025 for Tuttle Lake

and \$610 for Iowa Lake for \$40,905 total. Anderson said \$227,000 had been spent to date on the Nature Center building, with \$300,000 budgeted. The next Emmet County Nature Center Foundation meeting will be 9 a.m. Feb. 3, with the conservation board meeting to follow.



Estherville Rotary welcomed Torrey Proctor of Prairie Hills AEA to demonstrate the Oculus Quest 2. Photo by Amy H. Peterson

VIRTUAL, Continued from Page 1A

the location. You're not just there to play. I'm working to help everyone understand that VR is not just going in and playing a video game anymore." Proctor works with about 50 public and non-public schools in the Prairie Lakes area. The system arrived Wednesday, Jan. 12, and was released Friday for use in the schools. "One of the things we're bringing to schools is career exploration VR. We subscribe to a service that has 25 different careers: HVAC, welding, plumbing, the list goes on and on. Right now we have 14 of them unlocked," Proctor said. Prairie Lakes AEA currently has only three VR headsets,

but it's still possible for the whole class to learn by observing the students' action on the screens. That's the experience Estherville's Rotary Club had: Proctor put on the headset and hand controls, and on the screen, observers could see a pipe and a virtual pipe fitting demonstration progress with an audio instruction of where to cut and how to fit the cap. The software prevented Proctor from cutting too far off the cut line, and guided him with each step. "It's a great job-trainer. The kids are safe. They're not on the job site where they can get hurt. They're not handling expensive equipment," Proctor said.

Proctor made what he said is his final pitch on the device: "I was used to learning from reading books. That's how I learned in school. Then YouTube came along after I was out of school, and that was a great resource to learn things. This is I think way better than books, than YouTube. Not as good as hands-on with real tools, but better than watching a video or reading a book. I'm going to try to work with professionals who actually do these jobs," Proctor said. While the VR job app is geared toward high school students, it has capabilities for interviews and on the job training. Proctor said a potential employer can gauge an ap-

plicant's skill at a vital task on the job and also the person's behavior while demonstrating their skill: are they engaged and interested? Does it seem like they want to do the job? "Instead of an interview, you're going to perform the task that the job would have in VR," Proctor said. Proctor is also co-founder of TechKnow, a technology nonprofit in Spencer. Proctor, formerly an art teacher and media designer, co-founded TechKnow with professionals from the area to offer technology classes for youth and adults in various fields, a maker space with 3-D printers available, and a monthly meet-up.

UMC, Continued from Page 1A

delivering Estherville Home Delivered Meals to organizing the church's contributions to Community Christmas Project to planning and executing mission trips before the pandemic to hosting a community picnic after Labor Day each year. John Wesley, the founder of the Methodist Church, which branched off from the

Church of England, got his start almost 300 years ago as a seminary student. He rode his horse across Great Britain and Ireland, organizing small groups, called societies, who helped where they could in their own communities. It's estimated that he rode 250,000 miles and gave away 30,000 British pounds to the poor.

John Wesley founded the term, "agree to disagree," to hold on to his own convictions while staying connected to people with whom he disagreed. This is a hallmark of Wesley's Kitchen: all are welcome, and the meal comes with no strings attached. Wesley's Kitchen is seeking to rescue leftover food that's

useful and safe to serve from the food service industry - grocers, bakeries, butchers, restaurants, convenience stores, delivery services, home bakers and more. For more information, or to donate or volunteer, call the Estherville UMC Church office at 712-362-4886 or email umc@mchsi.com.

Special city election for mayor Jan. 25

The special election for Estherville mayor will take place from 7 a.m. to 8 p.m. Tuesday, Jan. 25. All voting will take place at Trinity Lutheran Church, 721 18th Ave. North.

Free breakfast rescheduled to Jan. 22

Due to the weather Jan. 15, the free community breakfast will take place Saturday, Jan. 22 from 8-10 a.m. in the Grandview Baptist Church gym. Pancakes, sausage, eggs, milk, juice and coffee will be served. Over 130 people attended the Dec. 4 breakfast. Organizer Brett Fuelberth said, "We are having a free breakfast every month to help build community and help with the food insecurity in our community."

Deadline for farmers who planted fall cover crops to apply for a discount on spring crop insurance extended

DES MOINES — Iowa Secretary of Agriculture Mike Naig has extended the deadline for farmers who planted fall cover crops to sign up for a \$5 per acre discount on their 2022 crop insurance premiums. Farmers and landowners now have through Jan. 28 to sign up online at apply.cleanwateriowa.org. Fall 2021 cover crop acres enrolled in other state or federal cover crop cost-share programs are not eligible. Farmers who received prevent plant payments in 2021 are still eligible for the discounted insurance premiums. The insurance premium reductions will be available for fall planted cover crops with a spring planted cash crop. Some insurance policies may be excluded, like Whole-Farm

Revenue Protection, or those covered through written agreements. Participants must follow all existing farming practices required by their policy and work with their insurance agents to maintain eligibility. For questions regarding the application process, please call 515-281-5851 or email covercropdemo@iowaagriculture.gov. This is the fifth year the crop insurance discount program is being administered by the Iowa Department of Agriculture and Land Stewardship and USDA Risk Management Agency

(RMA). Interest in the program continues to grow and new farmers and fields join each year. To date, about 1,700 farmers have enrolled nearly 700,000 acres of cover crops in the program. Other states have started offering similar programs modeled after the one in Iowa, including Illinois and Indiana. Farmers are encouraged to visit their local USDA service center offices to learn more about other cost-share funding available to support the implementation of conservation practices.

Supervisors breeze through light agenda

By MICHAEL TIDEMANN With few items on their plate, the Emmet County Board of Supervisors finished their business just inside an hour in their regular Tuesday, Jan. 18 meeting. In committee reports, Board Chair Jeff Quastad said the per capita cost of the Mason City-based Hazmat group will be going up seven to eight cents per capita due to declining area population. Auditor Amy Sathoff reminded the board of the upcoming Jan. 25 Estherville special mayoral election. Sathoff said it was hard getting into health-care facilities due to tightened COVID protocols. She asked if the board would postpone the following week's meeting due to the election, and the board agreed. The board also approved an addendum to a 28E agreement with Iowa Land Records along with 97 other Iowa counties. Member counties charge \$3 for each E-search. All but one Iowa county belongs to the group. The board also approved claims and drainage.

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Black Hills Spruce— Container 24"-30" 2 Gallon \$31.00	Redosier Dogwood 2'-3' \$67.00
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Publisher and Advertising Manager: Glen Caron
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Send advertising copy and inquiries to Glen Caron at gcaron@esthervillenews.net or call 712-362-2622. Deadline is noon Mondays for the Estherville News and noon Thursdays for the Spirit.

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Send obituaries to dswartz@esthervillenews.net or call 712-362-2622. Deadline is noon Tuesdays. Obituaries must be through a funeral home or paid in advance. Contact David Swartz.

Public notices/Legals:

Send items to Kaitlin Apitz at kapitz@esthervillenews.net or call 712-362-2622.

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News Items:

Send news tips, reports, stories, photos and other inquiries to dswartz@esthervillenews.net or apeterson@esthervillenews.net or call 712-362-2622. Deadline is noon Mondays. Contact: David Swartz or Amy Peterson

Sports:

Send tips, reports, stories and photos to dswartz@esthervillenews.net or call 712-362-2622. Deadline is noon Mondays. Contact: David Swartz

Estherville Library News



Jackie Mart

Mart to give health talk

By Tena Sundé

At this time of year, many are reflecting on self-improvement efforts which often include trying to be more healthy. This evening we are hosting a special event, thanks to sponsorship from the Friends of the EPL, which should prove helpful.

Jackie Mart will be joining us to speak about Holistic Healthy Eating and Weight Loss at 6:30pm on Thursday the 20th. The program takes place via Zoom with limited seating available to view it at the library. We encourage you to log on from home, if you are able. You may also find the event listing on our Facebook page and simply click the "join" button to be connected when the time comes. A shortened Zoom link is <https://tinyurl.com/y5usnn9u> and the full length (if that doesn't work) is <https://us06web.zoom.us/j/89887663333?pwd=ZUhtTWIwZjZ0b0JhNGlVR-3p0UFE1ZVks5QT09>.

From her program description, Jackie states "People try all the "fad diets" and either give up or gain all the weight back. Weight loss is about eating whole, unprocessed foods and committing to a healthy lifestyle. Most "diet foods" are loaded with chemicals, additives, are devoid of nutrients, and actually make you gain more weight! I will go over the 3 Powerful Principles of Nutrition and how to feed your body what it needs to look great on the outside and promote healing on the inside!"

In addition to this live event, we have a wealth of materials related to diet, exercise, various health topics, organization, mental health, hobbies, and much more. We are sure to have materials to support whatever you've decided to focus on in the new year, and would be happy to set you up with a free library card and show you how to use both our physical and online resources.

If spending less is a goal of yours, stop in and see how we can connect you to resources such as Consumer Reports Online. If you're resolved to spend less on Amazon, we can also show you how to access tens of thousands of ebooks, digital magazines, and downloadable audiobooks which are free to you through your library card.

Because we have our Friends group to thank for our ability to host special programs such as the one we will have tonight, I'd like to also mention that their 2022 membership drive is currently open for new and renewing members. Visit the library's website at www.estherville.lib.ia.us and scroll to the "About" section to find the Friends' page where you can join online. Memberships are just \$5 for students or seniors, \$10 for individuals, \$20 for families, and \$50 for businesses. You may also stop in and fill out a form in person, if preferred. Memberships are accepted year-round, run until the end of the calendar year, and come with the benefit of receiving our quarterly newsletter by mail or email (your preference).

Whatever your goals for the new year, we hope that you'll take the time to explore how the library might be of assistance. We continue to offer the ability to reserve items online or over the phone (712-362-7731), and will continue to give patrons the option of curbside delivery all of the hours we are open. At this point our facility continues to require masks inside the building, and you'll find they are provided in our entry.

Writers and Writing

Powers novel inspiring and enlightening

If you were on the operating table and flatlined, what would you see?

That's the question Tony A. Powers, former sportscaster at WHO Radio and Television in Des Moines, Iowa, tried to answer in his moving novel, *Famous People You Might Meet in Eternity*.

Powers recounts what he can only describe as a dream, a vision, perhaps even a real experience as he lay under sedation for what he thought was routine knee surgery. What he experienced was far more.

Powers' profession as a sportscaster had an obvious impact on many of the historic figures he met. In addition to Presidents Ronald Reagan and George Washington, Powers spoke with Nile Kinnick, Johnny Orr, Johnny Bright and Harry Caray, themselves immortals in the sports world. Sometimes humorous, always moving, Powers brings all his characters again to life.

This is what coach Jim Valvano had to say about his life:

"I only hope that my life served as a role model for our future athletes and coaches. I'll say it again: don't give up, don't ever give up in everything you do."

When legendary sportscaster Harry Caray asked Powers if was merely having a preview of death, Powers said:

"As strange as it sounds, Harry, I believe so. I don't feel dead. I threw the football with Nile Kinnick, played golf with Coach Orr, shot arrows with



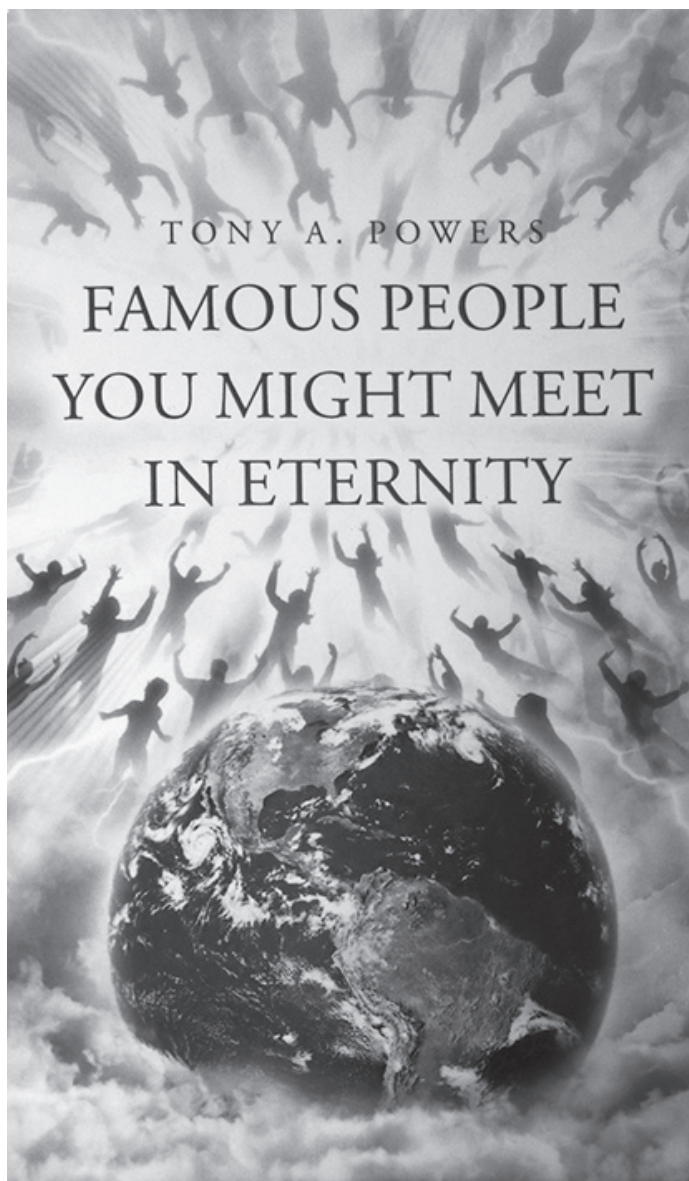
Michael Tidemann

Olympic gold medalist Doreen Wilber, saluted our first president George Washington, and received some jellybeans from former president and former WHO Radio sportscaster Ronald Reagan. And I just talked Cub baseball with you, Harry. How could I be dead?"

And this is what Jesus had to say: "In answer to our first question, no, you're not dead. You've still got some time left on earth. I wanted to give you a little preview of what to expect in eternity. I want you to go back to earth and proclaim my name and do my will. Of course, people will not believe you if you tell them you've seen me in eternity. I want people on earth to believe what they have not seen. You're one of the few who have seen, Tony, and believed."

Whatever your faith, whether you even believe in an afterlife, there are some lessons in Powers' novel. The main one would be that we should enjoy and appreciate our families and those close to us while we're in this life.

(Michael Tidemann writes from Estherville, Iowa. His author page is amazon.com/author/michaeltidemann.)



Famous People You Might Meet in Eternity
Tony A. Powers
Christian Faith Publishing, Inc.
ISBN 978-1-0980-7321-3
\$14.95

Recipe Corner

Turkey-noodle soup

For the launch of Wesley's Kitchen at Estherville United Methodist Church, the crew will offer chili and turkey noodle soup with homemade noodles.

- Ingredients:
2 tbsp extra-virgin olive oil
2 medium carrots, peeled and chopped
2 stalks celery, sliced
One medium yellow onion, chopped
One leek, cleaned and chopped
Kosher salt
Black pepper
3 cloves garlic, minced
4 cups turkey stock or broth
3 cups water
A pinch each of rosemary, thyme, oregano, crushed red pepper flakes
One bay leaf
3-4 cups shredded, cooked turkey
Egg noodles

Instructions:
In a large pot over medium heat, heat the oil. Add carrots, celery, onion, and leek and cook about five minutes or until soft. Season with salt and pepper. Add garlic and



cook one more minute. Add broth, water, spices and bring to a boil, then add egg noodles. Cover and cook until pasta is cooked through, seven minutes. Discard bay leaf. Add turkey and simmer. Sprinkle more salt and pepper before serving hot.

Check out the Housewares Line at North Iowa Lumber & Design, Inc.

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Inspirational Insight: Sudden Loss

I have been the pastor for some 300+ funerals. I had my mother pass a year ago November, but when my oldest son, Mat, was ushered off to heaven from Covid-19 complications a few days ago, I am gaining a great deal of empathy and understanding for those who suffer that kind of loss.

I have been very aware of the many details surrounding a funeral service as I have helped hundreds of families in making so many decisions when they have few ideas in mind, or even those things that would be acceptable in the community.



Pastor Dave Ullom

I have discovered that it is a very different thing when you are personally in the center of the swirling whirlwind of details and decisions. Right now I am beat. I have spent 12 hours going through mail trying

to figure out where my son owes money, what bank and insurance accounts he has, making dozens of calls to find out what will need to be done to end coverage or stop the verification of certification, etc. etc., ad infinitum. It is wearing mentally, physically and spiritually. I feel like stopping my writing on this article right now and taking a nap. Lack of sleep is an added impact that compounds everything else that is happening. The wonderful upside is that we do not walk through this valley of the shadow of death alone. The members of the church we

are part of are lifting us up in prayer as well as so many other friends in other groups that share our Christian faith. I also have many immigrant friends who do not share the same religion, who grew up on the other side of the world, who lift up prayers because they know my faith. One of those friends wrote, "We are from different religions and countries, but when we think of your feelings, we cry... May God bless you."

May God bless you. Such power in four simple words. It is a powerful blessing to know we have a God who cares for us individually and

personally. The promises are scattered all through the Bible like in Psalm 73:26, "My flesh and my heart may fail, but God is the strength of my heart and my portion forever." In Matthew 11:28 Jesus says, "Come to me, all you who are weary and burdened, and I will give you rest."

There are hundreds more promises. God has given a never ending spring of blessings. We only need to turn the pages of our Bibles to find them. May God wrap His loving arms around you. Blessed to be a Blessing,

Pastor Dave Ullom



First Presbyterian Church

Church Directory

Churches are encouraged to submit updated information which is listed as space allows.

Estherville
ST. PATRICK'S CATHOLIC, 903 Central Ave., 712-362-5851; Rev. Paul Kelly; FRIDAY: 5:30 p.m. Mass. SATURDAY: 3:30 p.m. Sacrament of Reconciliation. 4:30 p.m. Mass. SUNDAY: 10:30 a.m. Mass. MONDAY: 1 p.m. Mission Quilt Project. TUESDAY: Noon. Mass. 6:30 p.m. RCIA Classes. WEDNESDAY: 7:30 a.m. Mass. 8 a.m. Adoration. 11:30 a.m. Sacrament of Reconciliation. 6 p.m. Religious Ed classes for K-9.
UNITED METHODIST, 102 S. Eighth St., 712-362-4886; Pastor Kevin Moore. SUNDAY: 9:30 a.m. Worship. 10:30 a.m. Coffee and Fellowship. Adult Sunday School "Andy Griffith." 10:45 a.m. Finance Committee. 11 a.m. Central De Vida Worship. MONDAY: 2 p.m. Disciple II Bible Study. TUESDAY: 6:30 p.m. Council. WEDNESDAY: 4:30 p.m. Confirmation. 5:30 p.m. Meal. 6 p.m. Youth Group. 6:30 p.m. Hospitality Team. 7 p.m. Contemporary Worship. Chancel Choir.
IMMANUEL LUTHERAN LCMS, 409 N. Sixth St., 712-362-3237; Rev. Thomas Marth; TODAY: 9 a.m. Quilters. SUNDAY: 9 a.m. Worship. 10 a.m. Fellowship. 10:15 a.m. Sunday School. 11:30 a.m. Service

Broadcast, Channel 3. TUESDAY: 5:30 p.m. 4-H Cupcake Workshop. WEDNESDAY: 4:45 p.m. Catechism. 6 p.m. Midweek. THURSDAY: 9 a.m. Quilters.
ESTHERVILLE LUTHERAN, 208 N. Eighth St., 712-362-4607; Pastor Tim Johnson. TODAY: 7:30 p.m. AA-AI-ANON Meeting. SUNDAY: 9:30 a.m. Worship. MONDAY: 5 p.m. Community Meal at VFW. 7:30 p.m. AA Meeting. THURSDAY: 7:30 p.m. AA-AI-ANON Meeting.
REDEEMER LUTHERAN, 1215 N. 15th St. 712-362-2821; LCMC. Pastor Lori Westfall; SUNDAY: 9 a.m. Worship. 10 a.m. Coffee & Fellowship. 5:30 p.m. Wednesday Nite Church School. Confirmation.
TRINITY LUTHERAN, 721 18th Ave. N., 712-362-3335; Pastor Cole R. McCormick. SUNDAY: Annual Meeting. 9:30 a.m. Worship. 10:30 a.m. Fellowship. Sunday School. MONDAY: 7 p.m. Christian Education. Committee. WEDNESDAY: 10:30 a.m. Zoom Fellowship/Bible Study. 6 p.m. Confirmation Supper. 6:20 p.m. Confirmation Class. 7:30 p.m. Wednesday Night Worship. Youth Group. THURSDAY: 11:30 a.m. Trinity Ladies for lunch at VFW.
CALVARY BAPTIST, 16 N. 16th St., 712-209-1692; Pastor Steve Britton; SUNDAY:

9:30 a.m. Sunday school, 10:30 a.m. Worship Service, 6 p.m. Prayer Service, 6:30 p.m. Worship.
GRANDVIEW BAPTIST, 3705 170th St., 712-362-4502; Senior Pastor Neil Schindler; Associate Pastor Joel Sadler; SUNDAY: 8:45 a.m. Prayer Meeting. 9:30 a.m. Worship Service. 11 a.m. Fellowship time. WEDNESDAY: 9:30 a.m. Women's Bible Study. 5:50 p.m. Awana. 6 p.m. The Well Student Ministries.
FIRST CHRISTIAN, 205 N. Seventh St., 712-362-4412; Pastor Douglas Burton; SUNDAY: 9 a.m. Adult Church School. 9:15 a.m. Children's Church School. 10 a.m. Worship. TUESDAY: 9 a.m. Bulletin Deadline.
FIRST PRESBYTERIAN, 723 First Ave. S., 712-362-4772; Pastor Dave Ullom; SUNDAY: 10:30 a.m. Worship.
CALVARY GOSPEL ASSEMBLY, 21 N. Eighth St.; 712-362-3297; Lead Pastor David Hovinga, Worship Director Jenny Hansen. SUNDAY: 10:30 a.m. Worship.
GOOD NEWS CHURCH (formerly Crossroads), 2014 E. Central Ave., 712-362-4984; Adult ed new life groups forming. Good News is a ministry of the Reformed Church of America, a Christ centered, open-Bible preaching church. SUNDAY: 9:30 a.m.

Worship. Sermon-in-a-Sack. Adult and Kid Class. TUESDAY: 3:30-6 p.m. After School Program for students K-12.
CHURCH OF THE NAZARENE, 508 Seventh Ave. N., 712-539-2123, Pastor Cliff Vanderburgh; SUNDAY: (Services canceled temporarily.)
Wallingford
WALLINGFORD LUTHERAN; Pastor John Wolf; SUNDAY: 10:30 a.m. Worship.
Petersburg, Minn.
UNION STATE LINE LUTHERAN, 507-847-2068; Pastor Nancy Isaacson, SUNDAY: 9:30 a.m. Sunday school. 10:45 a.m. Worship.
Armstrong
NAZARETH LUTHERAN CHURCH, 712-868-3510; 401 5th St.; Service time: Sunday 9 a.m. Worship.
FIRST PRESBYTERIAN CHURCH; Pastor Suzanne Wobig; Service time: Sunday 10:30 a.m. Worship.
ST. MARY'S CATHOLIC CHURCH, 712-364-3160; Rev. Paul Kelly. TODAY: 8 a.m. Mass. SUNDAY: 8:30 a.m. Mass. WEDNESDAY: 6 p.m. Religious Education for 1-9. THURSDAY: 8 a.m. Mass.
UNITED METHODIST CHURCH, 712-864-3480; Rev. Lyndon Roesler; Service times: Sunday 9 a.m.

Dolliver
UNITED METHODIST, SUNDAY: 9 a.m. Worship.
Ringsted
UNITED LUTHERAN CHURCH, 712-866-0881; SUNDAY: 9:15 a.m. Sunday School. 10:30 a.m. Worship.
FIRST PRESBYTERIAN, Pastor Suzanne Wobig; Service time: 9 a.m. Worship.
Terril
TERRIL UNITED METHODIST CHURCH, 712-853-6549; 302 S. State St., Pastor Darrell Boe; SUNDAY: 8:45 a.m. Worship.
IMMANUEL LUTHERAN, 206 Terril Ave. 712-853-6192; Pastor Thomas Marth; SUNDAY: 10:30 a.m. Worship; Bible study to follow.
Langdon
LANGDON UNITED METHODIST CHURCH, 2975 252nd Ave., 712-853-6549; Pastor Beth Odor; SUNDAY: 9 a.m. Worship.
Graettinger
UNITED METHODIST, 102 S. Cameron; 712-859-3763; Pastor Darrell Boe; Service time: Sunday 10:30 a.m.
IMMACULATE CONCEPTION CATHOLIC, Father Clem Currans; 8:30 a.m. Mass.
BETHEL LUTHERAN, 401 W. Patterson St.; 712-859-3366; Pastor John Wolf; SUNDAY: 8:45 a.m. Service.

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Obituaries

Stanley John Bazis

Stanley John Bazis, was born on October 10, 1952 to Stanley and Constance (Sotirhos) Bazis, Sr in Omaha, Nebraska. He passed away at his home in Estherville, Iowa on January 11, 2021, at the age of 69 years.

Stan graduated from Ralston High School in Omaha, Nebraska, where he excelled in baseball. Following high school became employed at Union Pack as a butcher. On March 18, 1972 he was united in marriage to Debra Heisser at St. Paul's Lutheran Church in Omaha. The couple made their home in the Omaha area. He later became employed with HyVee as a butcher. In 2008, he moved to Estherville, Iowa, where he continued to work with HyVee, and retired from there in 2017.

Stan's love for fishing on Lake Okoboji prompted their move to Iowa. He also enjoyed bowling. He was a passionate Indianapolis Colts fan!

Stan is survived by his daughter Bridget Buss of Omaha, NE; his grandchildren Alysha Gatzemeyer, Larry Buss, Sr, Josh Lemke, and Brooke Vilcinskas; his great grandchildren Larry John Buss, Jr, Karsen Gatzemeyer and Kegan Gatzemeyer; his sister Sandra Keene; and cousin Rick Wolfe.

Stan is preceded in death by his wife Debra and son Zach Bazis.

A memorial service for Stan will be held in Omaha at a later date.

Online condolences may be left for the family at www.henryolsonfuneral.com

Gerry Lutz

Mass of Christian Burial for Gerry Lutz, 61, of Estherville, will be held at 10:30 a.m., Thursday, Jan. 20, 2022 at St. Patrick's Catholic Church with Father Paul Kelly officiating. Interment will be held at St. Patrick's Catholic Cemetery, Estherville. He died on Saturday, January 15, 2022, at his home in Estherville.

Visitation was held Wednesday at the Henry-Olson Funeral Home in Estherville.

Gerry Arthur Lutz the son of Art and Beverly (Schenck) Lutz was born July 13, 1960, in Sioux City, Iowa.

He received his education and graduated from Spirit Lake High School in 1978.

On April 30, 1983, he was united in marriage to Jolene Cushman at St. Patrick's Catholic Church in Estherville. Gerry spent 40+ years working at the Superior Elevator. For hobbies, he enjoyed grilling, going for rides with his pets, listening to classic rock, car shows, trains, Green Bay Packers, Iowa Hawkeyes, coffee hour with the farmers, watching sports, and most important was spending time with his children.

He was a member of St. Patrick's Catholic Church and the Knights of Columbus.

Left to cherish Gerry's memory are his wife, Jolene; his children, Allie (Kevin) Lutz; Sarah Lutz and Tyler Lutz; and his aunt, Rosemary Wilson. He is also survived by several nieces, nephews and great nieces and nephews.

He has been preceded in death by his parents, Art and Beverly (Schenck) Lutz, sister, Wendy Schriber, mother-in-law Mary (Mike) Cushman-Calhan and father-in-law Howard Cushman.

Online condolences may be left for Gerry's family at HenryOlsonFuneral.com.



Bonnie Pelzer

Bonnie Pelzer passed away January 17, 2022, at the age of 88. Bonnie was the fifth child of the late Frank and Ella Krueger. She was born May 5, 1933, in a farmhouse near Walnut, Iowa.

She attended a one room country school for her first eight years, graduating from Atlantic High School in 1953. She enrolled in the Omaha School of Business and upon graduating she worked in Omaha, Nebraska for Brandies.

In 1950, Bonnie and Max Pelzer met at the roller-skating rink and started to date. The Korean War came along, and they decided to wait to marry until Max got out of the Navy. She continued to work in Omaha and wrote Max at least twice a week for four years. Bonnie and Max were married July 10, 1955. They moved to Iowa City, Iowa in September 1955, so Max could attend the University of Iowa Hospital as a CNA and Fuller Brush Company. After the birth of their first child Mark, she ran a day care center in her home. During this time Sherry was born. In the fall of 1960, the family moved to Estherville, Iowa where Scott was born and followed by the birth of their son, Todd.

Besides taking care of four children and all of the household duties she was an active member of the United Methodist Church, United Methodist Women, Bazaar, funeral dinners, and taught Sunday School. Bonnie was a Cub Scout leader, member of the County Line Club and P.E.O in Estherville. Bonnie believed that a good education was important and attended the children's school activities and sporting events. Bonnie and Max took many family trips and visited six continents and 54 different countries. Bonnie fought Parkinson's disease for over 20 years. During this time, she never complained even though she knew that there is no cure.

Bonnie is survived by her husband of 66 years, Max of Spirit Lake, Iowa; son Mark Pelzer [Noriko] of Marshfield, Wisconsin; Sherry Fuhrman [Tom] of Spirit Lake; Scott Pelzer [Karen] of Denver, Colorado; Todd [Kristine] of Wake Forest, North Carolina; eight grandchildren, Julie, Christopher, Megan, Christie, Mindy, Zachary, Evelyn and Ella; four great-grandchildren; sister, Ruth Pelzer of Ruthven, Iowa; and sister-in-law Kay Krueger of Holstein, Iowa. Bonnie is also survived by many nieces and nephews.

Bonnie was preceded in death by her parents, brothers, Alvin, Melvin, Robert and Frankie, and brothers-in-law and sisters-in-law.

A family graveside service was held at East Side Cemetery in Estherville and a memorial service will be held at a later date. Arrangements are under the direction of the Schuchert-Lentz Funeral Home in Spirit Lake. Online condolences may be sent to www.spiritlakefuneralhome.com

Max and his family would like to give a heartfelt thank you and gratitude to all of those that provided wonderful care and compassion to Bonnie.

Bonnie fought Parkinson's



Shane Robert von Holdt

Shane Robert von Holdt passed away suddenly in Sac City, IA at the age of 61 on Jan. 1, 2022. He was born on March 2, 1960, in Spirit Lake to Robert and Karen von Holdt. Shane was a free spirit. To him, no one was a stranger. An avid motorcyclist, he loved his cross-country bike trips with friends. He also loved music, his grandkids and his cats.

Shane was privileged to be able to play with many talented musicians. In 2012, he was inducted into the Iowa Rock 'n Roll Music Association Hall of Fame. Earlier that year, he was inducted into the Mid-America Music Hall of Fame (Minnesota), as a member of the Joe Schultz Band.

Shane is survived by daughters Melissa von Holdt, Danielle Rash (Bob), Charlotte Taylor; sons Jake von Holdt, Shane Jr. von Holdt (Christie), Zachary von Holdt and Sam von Holdt; sisters Teresa von Holdt and Jody Milligan (Steve); grandchildren Xander von Holdt, Sebastian von Holdt, Alexis Kinsman, Blake Kinsman, Jack Kinsman, Tyler von Holdt, Jeremy von Holdt, William Newhouse and Andy Newhouse. He was preceded in death by his parents and son Calvin Mitchell.

A memorial service will be scheduled at a later date. Donations in his memory can be made to the Iowa Rock N Roll Music Association.



Stanley E. Berkland

Funeral services for Stanley E. Berkland, 81, of Fenton, will be held at 10:30 a.m., Saturday, Jan. 22, 2022, at St. John's Lutheran Church in Fenton. Interment will be at St. John's Lutheran Cemetery, Fenton. He died Jan. 17, 2022, at Kossuth Regional Health Center, Algona. Visitation will be from 4-7 p.m., Friday, Jan. 21 at the church in Fenton.

Henry-Olson Funeral Home of Fenton is in charge of arrangements.

Iola Schneiderman

Visitation for Iola Schneiderman, 73, of Swea City, will be held from 4-7 p.m., Tuesday, Jan. 25, 2022, at First Baptist Church in Swea City. Iola died Jan. 17, 2022, in San Benito, Texas.

Henry-Olson Funeral Home of Graettinger is in charge of arrangements.

Haley Hoffmeyer

Funeral services for Haley Hoffmeyer, 29, of Milford, were held Monday, Jan. 17, 2022 at the United Methodist Church in Graettinger. Haley died Jan. 9, 2022, at Lakes Regional Healthcare in Spirit Lake. Visitation was Monday at the church before the service.

Henry-Olson Funeral Home of Graettinger was in charge of arrangements.

Michael "Mike" Hughes

Funeral services for Michael "Mike" Hughes, 48, of Spencer, will be held at 10 a.m., Saturday, Jan. 22, 2022, at First Baptist Church in Spencer with Pastor Steve Britton officiating. Interment will be at Riverside Cemetery, Spencer. He died Saturday, Jan. 15, at Spencer Hospital in Spencer. Visitation will be held at 5 p.m. Friday, Jan. 21, at the Warner Funeral Home in Spencer with the family present from 5-7 p.m.

Warner Funeral Home of Spencer is in charge of arrangements.

Court News

Traffic court
David Robert Ulom of Estherville pleaded guilty to operating nonregistered vehicle. The defendant was fined \$70 and assessed \$55 costs and a \$10.50 surcharge.

Thomas Lee Adams Jr. of Estherville pleaded guilty to failure to obey stop or yield sign. The defendant was fined \$135 and assessed \$55 costs and a \$20.25 surcharge.

Small claims
Dec. 6 - Accounts Management Incorporated of Sioux Falls, S.D., received a \$4,320.08 judgment plus interest and costs from Belinda Joy Olson of Ringsted.

Dec. 7 - Accounts Management Incorporated of Sioux Falls, S.D., received a \$1,717.72 judgment plus interest and costs from Julia Louise Zitterich of Estherville.

Employees Credit Union of Estherville received a \$6,197 judgment plus interest and costs from Kristi Kay Rutherford of Estherville.

Account Management Incorporated of Sioux Falls, S.D., received a \$644.45 judgment plus interest and costs from Pedro Cesar Osornio of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$415.15 judgment plus interest and costs from Aaron M.J. and Halley Kristine Waddell of Ringsted.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$120.59 judgment plus interest and costs from Edward Lewis Miller of Emmetsburg.

Second Round Sub, LLC of Des Moines received a \$2,495.05 judgment plus interest and costs from Maria Solano Erickson of Estherville.

Midland Credit Management Inc. of West Des Moines received a \$609.33 judgment plus interest and costs from Chola Mesquite Rettinghaus of Estherville.

Dec. 8 - Accounts Management Incorporated of Sioux Falls, S.D., received a \$3,890.53 judgment plus interest and costs from Jason Allen Garber of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$308.91 judgment plus interest and costs from Alysha C. Pettyjohn of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$1,707.66 judgment plus interest and costs from Chelsie Jo Cook of Gruver.

Ovidio Morales of Estherville received a \$1,590 judgment plus interest and costs from Danielle Kay Barnett of Estherville.

Dec. 13 - Accounts Management Incorporated of Sioux Falls, S.D., received a \$204.30 judgment plus interest and costs from Megan S. McClurg of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$2,445.51 judgment plus interest and costs from Christine Joyce of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$700 judgment plus interest and costs from Matthew Eugene Blass of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$1,016.35 judgment plus interest and costs from David Torres of Estherville.

Dec. 14 - Accounts Management Incorporated of Sioux Falls, S.D., received a \$145.18 judgment plus interest and costs from Deven D. Higgins of Estherville.

Accounts Management Incorporated of Sioux Falls, S.D., received a \$200 judgment plus interest and costs from Matthew Merlin Weise of Wallingford.

Accounts Management Incorporated of Sioux Falls, S.D., received an \$880.51 judgment plus interest and costs from Debra Beth Wilson of Ringsted.

Dec. 16 - Accounts Management Incorporated of Sioux Falls, S.D., received an \$899.49 judgment plus interest and cost from Aaron E. Rutherford of Estherville.

District court
Dec. 3 - David Christopher Lobato of Estherville pleaded guilty to domestic abuse assault - 2nd offense. All but two days of a one-year sentence were suspended with credit for time served. The defendant also pleaded guilty to child endangerment. All but two days of a one-year sentence were suspended with the sentence to run concurrently with count 1. The defendant was also assessed \$100 costs and a \$90 surcharge.

Dec. 6 - Raymond Earl Fleming of Cylinder pleaded guilty to possession of a controlled substance - 2nd offense. The defendant was sentenced to two days in jail with credit for time served and fined \$855 and assessed \$100 costs and a \$125.25 surcharge.

Lucia Luna of Spirit Lake received a deferred sentence for possession of a controlled substance - marijuana 1st offense. The defendant was placed on probation under the Emmet County Attorney for six months and fined \$430 and assessed \$100 costs.

Dec. 13 - Jessica Lynn Weisbrod of Armstrong pleaded guilty to violation of probation. A two-year probation was continued from a Jan. 26, 2021, sentence for identification theft under \$1,500.

Jessica Lynn Weisbrod of Armstrong pleaded guilty to violation of probation. Three years of probation were continued from a Jan. 26, 2021, sentence for burglary third degree.

Magistrate court
Dec. 14 - Deanna Carol Schnell of Estherville pleaded guilty to control of animals. The defendant was fined \$65 and assessed \$60 costs.

Dec. 15 - Anna Marie Jordan of Estherville pleaded guilty to false reporting to a public entity. The defendant was sentenced to time served and assessed \$60 costs.

The View From Here

The 2022 session began on January 10th. During the first week we heard the Governor, Chief Justice of the Supreme Court, and the Major General of the Iowa Guard give us updates. We also heard from the majority and minority leadership of the Senate. These speeches, especially that of the Governor, help set the tone and direction for the legislative season. There seems to be agreement that we should lower taxes, grow Iowa's workforce, and make Iowa an attractive place to live.

The Governor's proposal was to make Iowa's personal income tax a flat tax of 4%; this would be less than half of the top rate today. That would mean that an average Iowa family will pay \$1300 less than they do now. The Governor also wants to eliminate taxes on all retirement income. To be fair to farmers, she would make a retired farmer's cash rent income tax free.

Some may say these goals will cost the state too much. That was said in 2019 as well when we passed the biggest tax cut in Iowa's history. Senator Whitver reminded us in his opening remarks: "Recently, Iowa was rated as one of the best states for opportunity. We were named the state in the strongest position to withstand the Covid pandemic and we were also named the fastest state to recover from it. After 5 years of a Republican trifecta, Iowa's success is no longer subjective - it's objective."

Many citizens have contacted me with requests to stop the vaccine mandates. There are many different ideas being cir-



By SEN. DENNIS GUTH
Representing Iowa Senate District 4

culated in both chambers and there is much debate over what we can and can't pass. Along with stopping the mandates, I also want to make sure that schools cannot provide vaccinations without prior written consent and that all vaccine related injuries are reported. I have been contacted by many who have friends or relatives with adverse health events following a vaccine that were never reported. We will never know the safety of these vaccinations if we don't keep accurate records.

Another issue that I am working on is to prohibit the Iowa Public Retirement System from investing in Chinese military and surveillance companies. Currently we have millions of dollars invested in companies that do not have our best interests in mind. We must not let this continue.

I always enjoy interacting with constituents throughout the session and I encourage you to consider a trip to the Capitol. With the Covid restrictions more relaxed we are able to again meet with visitors to hear your ideas face to face. You can always email me at dennis.guth@legis.iowa.gov or call my cell at (641) 430-0424.

Highlights with Henry

Hey everyone! It's great to be back at the Capitol and the first week back was busy. I attended committee meetings and met with other Representatives and Senators. I also attended Governor Reynolds' Condition of the State address in which she outlined some of her legislative priorities for the year. I am ready for a busy session and glad to be back in Des Moines to represent you all and all of Iowans.

- Tax Cuts for Retirees:
This week the governor made several tax-related recommendations in her annual State of the State address. The provisions reduce taxes on individual income, retirement income, and corporate income.



By REP. HENRY STONE
Representing Iowa House District 7

Paraeducator and Health Careers Apprenticeship programs:
Gov. Reynolds announced the launch of a first-in-the-nation Teacher and Paraeducator Registered Apprenticeship Grant Program Tuesday during her annual Condition of the State Address.

The grant program will provide opportunities for current high school students to earn a paraeducator certificate and associates degree and paraeducators to earn their bachelor's degree all while learning and working in the classroom. The program will begin in the 2022-2023 school year.

The Iowa Department of Education (DOE) and Iowa Workforce Development Agency (IWD) will use \$9M in American Rescue Plan Act (ARPA) Elementary and Secondary School Education Relief (ESSERIII) funds to create the model program which will train and educate current high school students and paraeducators for the next step in their teaching careers while they learn, work, and get paid in Iowa schools.

During her address, Gov. Reynolds also announced the new Iowa Health Careers Registered Apprenticeship Program aimed at both providing high school students with the opportunity to explore health care careers while getting paid and helping to address the health care workforce shortage.

- Governor Reynolds Launches New Teacher, Magistrate court
Dec. 14 - Deanna Carol Schnell of Estherville pleaded guilty to control of animals. The defendant was fined \$65 and assessed \$60 costs.

Dec. 15 - Anna Marie Jordan of Estherville pleaded guilty to false reporting to a public entity. The defendant was sentenced to time served and assessed \$60 costs.

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Students named to Wartburg Dean's List
WAVERLY - Wartburg College has recognized 509 students who were named to the 2021 Fall Term Dean's List.
Area students recognized are Claudia Hall of Graettinger and Ashton Merrill of Armstrong.
The list honors students who earned a cumulative GPA of 3.5 or above in at least four course credits during the term. Three of the four course credits have to be graded with a traditional letter grade.
Wartburg students take four courses during Fall Term, which runs from September through December.

PUZZLES/ADVICE



Risk to Chemotherapy Patient From Healthy Cat is Small

DEAR DR. ROACH: My neighbor is battling cancer for the third time. The medical personnel she sees when she goes for her chemotherapy treatments are urging her to get rid of her two cats. They claim the cats are a danger to her health. Wearing gloves and a mask while cleaning litter boxes will not help. Why? What do the cats have that can hurt someone going through chemotherapy? -- S.C.

ANSWER: Cancer chemotherapy frequently causes damage to the body's immune system. Many types of chemotherapy work against fast-growing cells, and while cancer cells are fast-growing, your neighbor's healthy immune system cells, especially white blood cells, are also fast-growing and can be damaged by the chemotherapy. Avoiding potentially infectious agents is therefore wise advice for people going through chemo.

There are several potential infections that can be transmitted from cats to humans. The one we worry about most is probably toxoplasmosis, a protozoan infection. Toxoplasmosis is a big concern in people with HIV, but also can be an issue in people who have recurrent chemotherapy or have a more prolonged reduction in immune system function. However, toxoplasmosis can be effectively avoided by wearing gloves while changing the litter box, keeping the cats indoors and feeding them only high-quality cat food and never raw meat.

Cat bites or scratches can be very serious, especially to someone with an immune system that is less than perfect. If her cats occasionally bite or scratch, that would be a problem.

There are a few other uncommon zoonotic diseases (ones that can be transmitted from animals to humans) that

might be of concern. Her cats' veterinarian would be a useful resource to find out more. The cats should, of course, be thoroughly evaluated.

Allergies, not infection, might be the issue, but allergies are usually less of a problem during chemotherapy.

The risks from a healthy indoor cat are very small. Risks must always be balanced against the very strong feelings people have for their pets, especially at a vulnerable time. I would not recommend separating a person from her cats without very good reason, and would want to know exactly why, since it's not clear to me in this case.

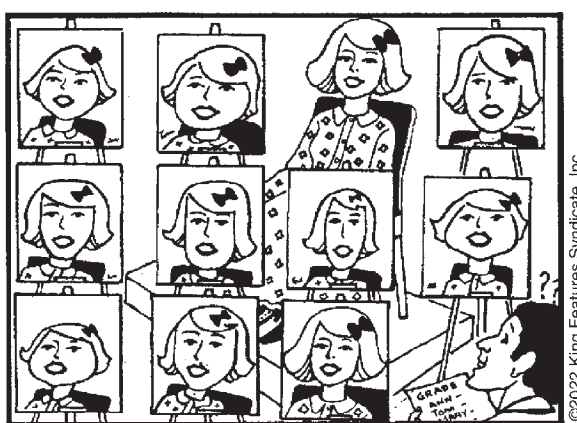
DEAR DR. ROACH: I am an 80-year-old man with Type 2 diabetes. I have been told that I have a heart "prebeat" but that I should not worry unless it becomes random and misses beats. I do not have atrial fibrillation and have passed several stress tests. I can feel a rapid heart rate, especially at night. I can usually stop it by heaving my chest. Am I at risk for a serious event? -- R.G.B.

ANSWER: Premature heart contractions can come from either the top chambers of the heart (premature atrial contractions) or the bottom (premature ventricular contractions). Both are common, but neither is usually the sign of serious heart disease. The fact that you have found a way to stop them suggests to me that you are more likely having premature atrial contractions, which can come in runs of multiple beats (runs of premature ventricular contractions is called ventricular tachycardia and is very serious).

Evaluation of this common concern often includes a long-term electrical study of the heart, such as wearing a Holter monitor, a 24-hour recording of every heartbeat. If that has not been done, and you remain concerned, it might be reasonable to ask your doctor about obtaining one. If you have had one, and it showed nothing serious, then you are at no increased risk above the not-insignificant risk of an 80-year-old man with diabetes.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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MODEL POSE! Which canvas bears the closest likeness to the model posed above? Check carefully before you decide.

PRODUCT LINE! Fire up your calculator. Pick a number from 1 to 100. Multiply by 11. Multiply this result by 9091. Alakazam, selected number appears fore and aft in final product.

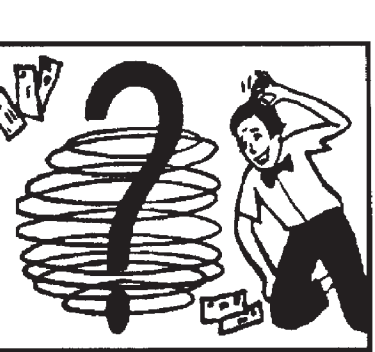
CHECK MATES! You are asked to supplement five checks in the diagram at right with three more so that there will be one and only one check in each row across, down and in assorted diagonals.

Remember there are to be eight checks in all; no two in any row, including diagonals.

How quickly can you comply?
Time limit: Two minutes.

Check first square fourth row down, fifth square sixth row down, sixth square on bottom row

Junior Whirl



SPINS AND NEEDLES WITH PEN PALS

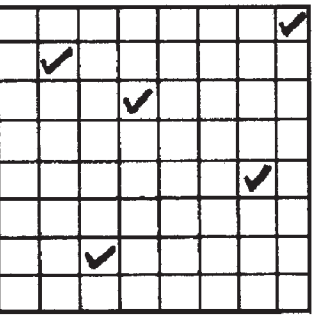
PEN in hand, looking for answers? No holds are barred in correspondence below.

DEAR HAL: What would a chat with a butcher be like? Dear Pal: Mostly chop talk.

DEAR HAL: I'm catering a dinner for nuclear scientists. What should I serve? Dear Pal: How about fission chips.

DEAR HAL: What will mounting a horse from the wrong side do? Dear Pal: It'll stirrup trouble.

DEAR HAL: Pains from my hip to my big toe are killing me. What should I do? Dear Pal: Draw up a will to set your legatees.



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Weekly SUDOKU

by Linda Thistle

5		4		8	1			
	8	4		3		9		
		9	6	3				
	4			2			7	
3	7	6					8	
		1	5	9				
		3	7	1				
	1	9	4					2
2				8	6			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦
♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

Answer can be found in the B Section of this edition

Horoscope

ARIES - Mar 21/Apr 20
Aries, you may be tempted to overspend this week, as you have a mind to remodel or redecorate your home in a major way. Try not to get carried away.

TAURUS - Apr 21/May 21
You are ready to pour a huge investment of time and resources into a creative project that is dear to your heart, Taurus. Let the ideas flow organically instead of pushing too hard.

GEMINI - May 22/June 21
Phone calls and emails keep coming in, to the point where you may want to turn off your devices for the rest of the week. Find opportunities for peace and quiet.

CANCER - Jun 22/July 22
Cancer, you may feel like you have all of the answers. But you can still heed advice from those who came before you - especially in the work setting.

LEO - July 23/Aug 23
Leo, you have high hopes for a productive week, but you may not check off everything on your to-do list. It's fine to let one or two things slide.

VIRGO - Aug 24/Sept 22
Virgo, why make things difficult for yourself when others are willing to lend a helping hand? You don't have to chart the course alone, so accept any offers of help that come along.

LIBRA - Sept 23/Oct 23
Libra, if you are feeling immense pressure to make an important decision, take all the time you need to work through every scenario. This way you're confident in your choice.

SCORPIO - Oct 24/Nov 22
Scorpio, this week will feel like

a lot of hurrying up and waiting. For a go-getter like you, this can be very frustrating. Use the down time you have productively.

SAGITTARIUS - Nov 23/Dec 21
This is a good week to pursue dreams that have been put on the back burner, Sagittarius. Don't tell yourself things are impossible. Find ways to make things happen.

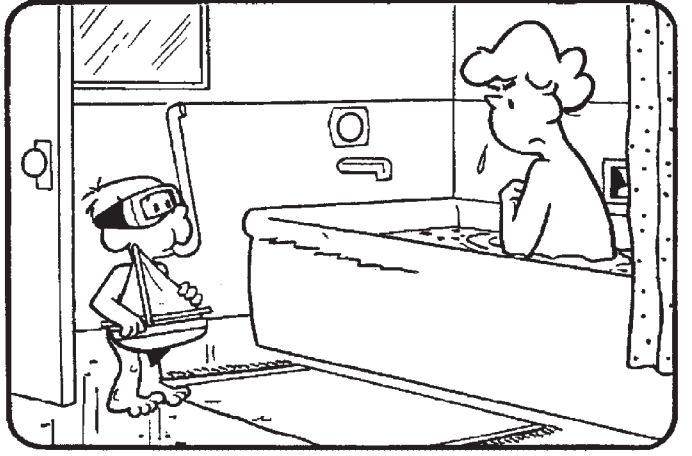
CAPRICORN - Dec 22/Jan 20
It's fine to be goofy and playful once in a while, Capricorn. This is the week to let loose and have fun for a while. Others may join in on your antics.

GRIN and BEAR IT

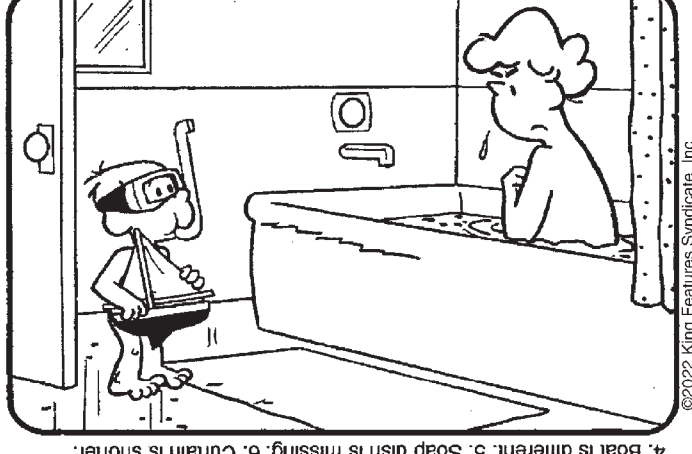


"You won't be needing that."

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Mirror is smaller. 2. Tube is missing. 3. Curtain is shorter. 4. Boat is different. 5. Soap dish is missing. 6. Soap dish is shorter.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals M

XNOJ RZSNJ AWQ MZIDMORK JNK
FROEEKFJ XWGDKG OJ O FJKKE -
RODZMS UOIZEZJA?
"GQMJ WU JNK RZEE."

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Answer can be found in the B Section of this edition

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King Crossword

- ACROSS**
- 1 Hula swivelers
 - 5 Kvetch
 - 9 Comedian
 - Margaret
 - 12 Inky stain
 - 13 Stead
 - 14 Bond rating
 - 15 Sooner State native
 - 17 "The A-Team" actor
 - 18 Trails
 - 19 Rose parts
 - 21 Halloween disguises
 - 24 Rating unit
 - 25 iPhone downloads
 - 26 Skunk relatives
 - 30 " - was saying ..."
 - 31 Passion
 - 32 - tai
 - 33 Olympic winner
 - 35 Poet of yore
 - 36 Dutch cheese
 - 37 Arm bones
 - 38 Peer in a box
 - 40 The Emerald Isle
 - 42 Branch
 - 43 Intermediary
 - 48 "Patience - virtue"
 - 49 Thus
 - 50 Corn recipe
 - 51 PC linkup
 - 52 Calendar squares
 - 53 Fill up
 - 16 Possesses
 - 20 Tic- -toe
 - 21 Sir's counterpart
 - 22 Church section
 - 23 Peter Parker's alter ego
 - 24 Coin aperture
 - 26 Prudish
 - 27 Takes too much, in med. lingo
 - 28 Skater Lipinski
 - 29 Faction
 - 31 Fear-stricken
 - 34 Big fuss
 - 35 Censors
 - 37 Internet address
 - 38 Hoosegow
 - 39 Celestial bear
 - 40 Jittery
 - 41 Altar vows
 - 44 Roth svgs. plan
 - 45 Extinct bird
 - 46 Picnic crasher
 - 47 Born

1	2	3	4	5	6	7	8	9	10	11	
12				13					14		
15				16					17		
			18				19	20			
21	22	23				24					
25				26	27				28	29	
30				31					32		
33			34						35		
			36						37		
38	39					40	41				
42				43	44				45	46	47
48				49					50		
51				52					53		

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Position now open at Emmetsburg Ford Service Technician

The Service Technician will help Emmetsburg Ford fulfill the vehicle service and repair needs of our customers. The Service Technician will perform vehicle Diagnostic Tests, Repairs and Maintenance, Inspections, Tire Installation and Repairs, Alignments, Oil Changes and other General Maintenance on customer and dealership owned vehicles.

Strong technical, hands on, customer service, communication, and organization skills are very important to succeed in this position to maintain the standards for quality and service our customers have come to expect. Technical automotive education is required and shop experience is preferred, however, we are willing to train somebody who is beginning their career in this field.

Emmetsburg Ford is a small family owned and operated business that is an equal opportunity employer and offers a competitive wage and benefits package. **Starting wage \$15-\$25/hr. depending on Skills and Experience.**

For questions regarding this position and to obtain a job application, please contact Jeff Montag at (712) 852-2544. To apply for this position, submit a job application and resume to Jeff Montag at: jeffmontag@eburgford.com | 906 Grand Ave, P.O. Box 218 Emmetsburg, IA. 50536

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Emmet County Board of Review Vacancy

The Emmet County Conference Board is seeking a person to fill a position as Board of Review member. It is a five-person board comprised of Emmet County residents. The board members are appointed by the Emmet County Conference Board for the purpose of reviewing assessments made by the County Assessor.

- This board consists of five members. One member must be a farmer; the remaining member's occupation shall include as nearly as possible a licensed real estate broker and a licensed architect or person experienced in the construction field.
- Each individual must have knowledge of property values in the county by reason of their occupation.
- The current vacancy needs to be filled by an individual who is either a licensed real estate broker or real estate agent.
- Paid on a per diem basis.

Individuals with questions about serving on the Board of Review should contact the Conference Board Clerk, Barb Bohm at the assessor's office at 712-362-2609 or email bbohbm@emmetcounty.iowa.gov.

Application deadline: February 11, 2022.

Thanks to our family, friends, and neighbors for your prayers, calls, cards, flowers, food, and memorials during our mom, grandma, great grandma, and great-great grandma's passing. We are also appreciative to Henry Olson Funeral Home, Craig Christensen, Pastor Cole, the VFW and the Trinity church ladies.

God Bless You All.

Norma & Mark Guge & families
Mary Curry & families

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Looking for a cook with some experience with breakfast, lunch or dinner.

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In 1982 we moved our young family from Grinnell, Iowa to Estherville when we purchased the KILR Radio stations. We are so grateful to the community and businesses for the support these past 39½ years. It has been our privilege to serve northwest Iowa and southern Minnesota. We are thrilled that Matt and Jessica Beaver and Beaver Broadcasting, Inc. are the new owners of the KILR Stations and know that they will absolutely super serve our community. We sincerely thank everyone for the beautiful flowers, many cards and well-wishes, and most of all, we thank our amazing staff: Matt & Jessica Beaver, Dave and Lynae Van Roekel, Laurie Olson, Nathan Puhl, Ed Funston, and Troy Storhoff, for honoring us with a thoughtful and fun retirement party! May God richly bless you all!

— Roger and Barb Jacobson

WANTED TO BUY

Vintage signs: Seed corn, pop, gas, oil, farm, machinery, automotive, neon.

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Thursday at noon except holidays

Thursday Estherville News:
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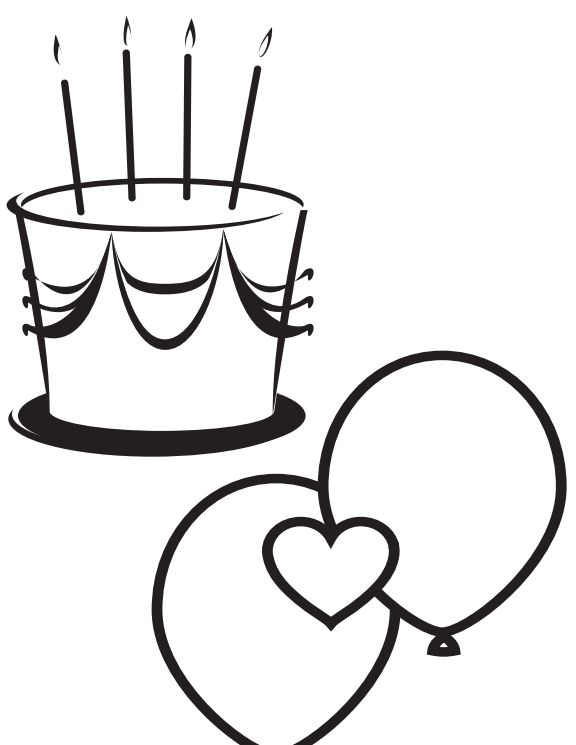
Want to wish someone 'Happy Birthday' or 'Happy Anniversary'

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2x2 ad - \$22
2x3 ad - \$32
2x4 ad - \$42

Runs once in the Estherville News and once in the Estherville Spirit



News

Beardsley a winner in Keep Iowa Beautiful photo contest

Local fans have until Jan. 31 to vote for one of Beardley's photos to win the Public Favorite Award

By Amy H. Peterson
STAFF WRITER

William Beardsley of Estherville was honored in the Keep Iowa Beautiful photography contest, earning first place in two of the five statewide categories. Keep Iowa Beautiful is a statewide, non-profit organization dedicated to empowering Iowans to bring cultural and economic vitality into communities. This year's competition was the 12th annual photography contest.

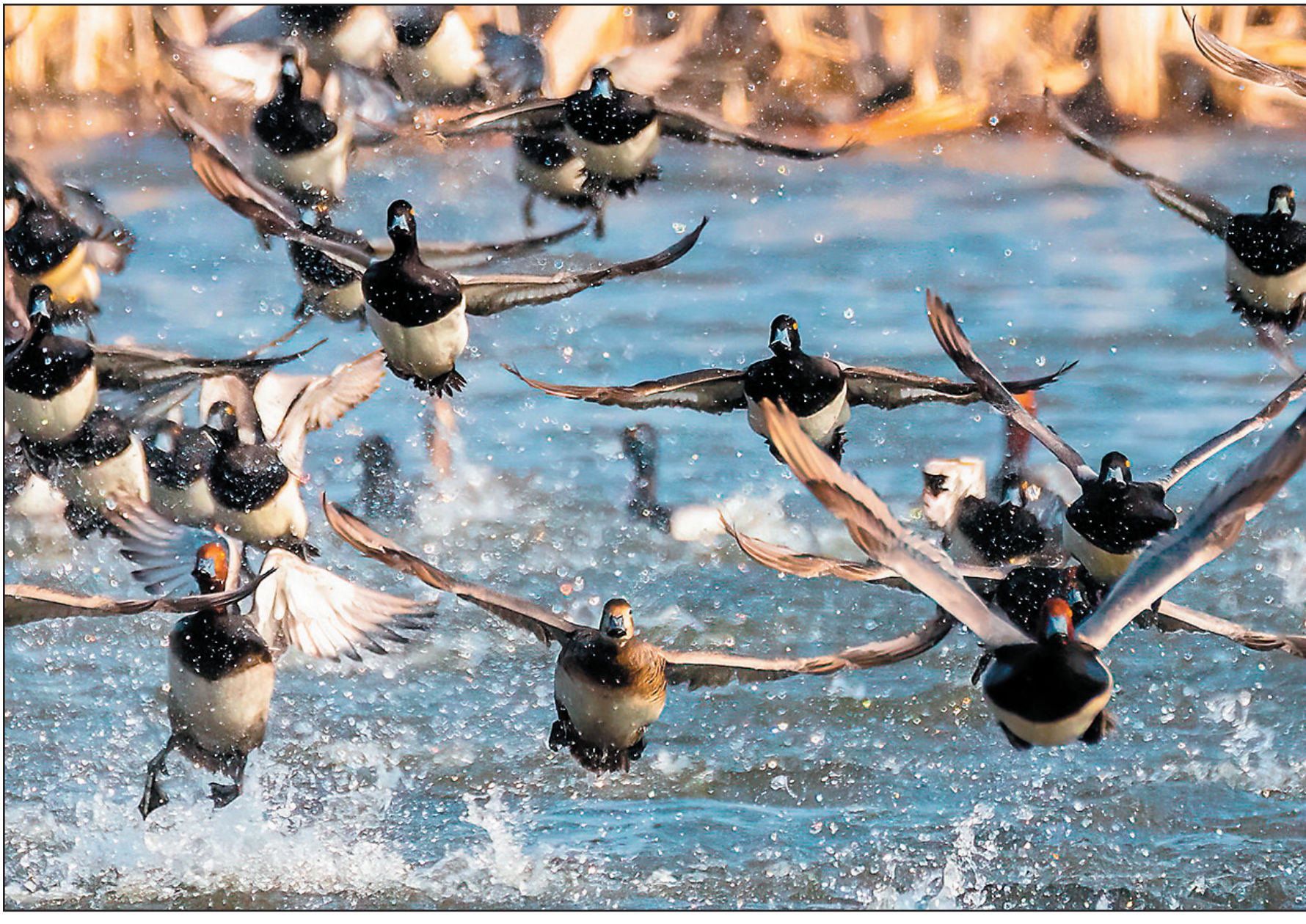
Beardsley's two winning photos were: "Take-Off," a shot of a dozen diving ducks that made it into the frame, filling the frame with the backdrop of water, droplets in the air showing the flurry of action, and filling the frame. Beardsley said he was on the road on the north side of Big Spirit Lake in March, 2021, when a strong wind came up, forcing the blue-bills, redheads and ringnecks to take off.

"I took a lot of shots with a big lens, and this one just captured the moment," Beardsley said.

"Okoboji Regatta" showed three sailboats in the August regatta held on West Lake Okoboji, each with two crewmembers, capturing lake houses in the background and gulls watching from the actual point at Gull Point State Park as the boats continued racing into Emerson Bay in Wahpeton. Beardsley said he was off the dock at Gull Point, and took numerous shots.

"I was surprised to win this one. I take a lot of wildlife photographs, but didn't get a lot of shots capturing 'Iowans in Action.'"

Keep Iowa Beautiful has posted the top five winners on its Facebook page for public voting through Jan. 31. The photo with the most Likes by midnight, Jan. 31 will win the Public Favorite Award prize of \$100. Votes don't count on photos shared on Facebook. The original Facebook post where votes will count is: <https://www.facebook.com/KeepIowaBeautiful/posts/4971748796178567>



"Take-Off"-Beardsley's photo of a variety of ducks taking off in the March wind, won the Iowa Wildlife category.

"Okoboji Regatta" won first prize in the Iowans in Action Category.



Bill Beardsley and his wife, Mary, have traveled on numerous adventures. This was taken in Victoria, British Columbia, Canada. The Beardsleys' latest trip is to Hawaii.

Photos by Bill Beardsley.

Storm damages college beef barn

By Michael Tidemann

The Iowa Lakes Community College Board of Trustees in its monthly meeting Tuesday, Jan. 18 heard about wind damages to the beef barn at the college farm five miles west of the Emmetsburg campus.

Executive Director of Facilities Management Delaine Hiney said the eastern 150 feet of the building were damaged by the recent storm that tore through Palo Alto County. Hiney said repairs will cost an estimated \$296,112. The event came just before calving season, which presents an additional problem, and Hiney said a separate issue is replacement of the building's interior curtain.

Chief Financial Officer Jeff Soper said the building is fully insured.

In other business, Board President Jan Lund announced committee and other appointments.

In the treasurer's report, Chief Financial Officer Jeff Soper introduced Danny Dekker of Williams and Company who issued a clean opinion for the fiscal 2021

audit. Dekker said the college received \$1,716,648 from the Higher Education Relief Fund. The trustees accepted the report as presented.

The board also set a public hearing for the fiscal 2023 published budget. Soper also presented the monthly financial report and bills for board approval. The board also approved E-book fees.

In other business, Hiney said Room 102 of the Estherville campus, currently used as a photo lab, could be converted to a CNA lab. Hiney said she was also working with a contractor who is remodeling the Spirit Lake campus building for a career academy.

In other business, Executive Director of Community and Business Relations Jolene Rogers presented a 260 New Jobs Training preliminary agreement for board approval. Rogers said the agreement calls for eight new hires in a Kossuth County business.

Rogers also gave a community and business relations update and discussed a business round table the college hosted at the Algona campus Jan. 13.



Private Pesticide Continuing Instruction Course scheduled

Iowa State University Extension and Outreach Emmet County office will be offering an opportunity to attend the Private Pesticide Applicator Continuing Instruction Course (P-CIC), led by Extension Field Agronomist, Gentry Sorenson.

The session is scheduled for January 27th at 9:30am at Iowa Lakes Community College in Estherville. Preregistration is required. Walk-ins on the day of the program will only be admitted if room allows. Please preregister by calling 712-362-3434.

The course will run for approximately 2 1/2 hours including check-in and breaks. The registration fee is \$20. To register or to obtain additional

information about the P-CIC, contact your county extension office.

The course will fulfill 2021-2022 recertification requirements for private pesticide applicators. Topics to be covered include:

- Review of pesticide labels, especially recent changes in pesticides

- Review of pesticide labels as restricted entry intervals and preharvest intervals impacted pesticide use decisions this year

- Review of pesticide use and the environment

- Updates on pests and disease management in your area, including insects, weeds and diseases.

Alceco / Ag Partners & FCA announce name change and rebranding strategy

CHEROKEE — Alceco/Ag Partners and First Cooperative Association, industry leaders in agriculture, merged in September 2021, announced today that the company will begin operating under a new name and will be known as AgState.

This rebranding strategy reflects both the evolution of the company as well as its vision for the future.

This new organization is well positioned to serve their customer base well into the future whether that's through tried and true agronomic solutions and data services, through high-quality feed, petroleum offerings, or through innovative risk management products for grain. AgState is about local farmers and their families.

Along with this change, a redesigned company logo has been revealed and a new website is planned to launch in the spring of 2022, which will prominently feature the company's focus on local decision making, financial stability and helping customers on every acre and every animal.

The company's 12 member farmer board of directors and leadership team remains focused on team integration and capturing the synergies between the two organizations.

CEO, Troy Upah stated "As part of our focus on business development and sustainability, our leadership team and I believe it was appropriate to rebrand our company to specifically reflect our long history and heritage with top quality products and services. We are very excited about the introduction of our new company name: AgState, because it allows us to better represent our business to our current farmer members and to attract our younger farmers who are still entering the working world."

For more information about the name change or to learn more about AgState, please visit: www.AgState.org



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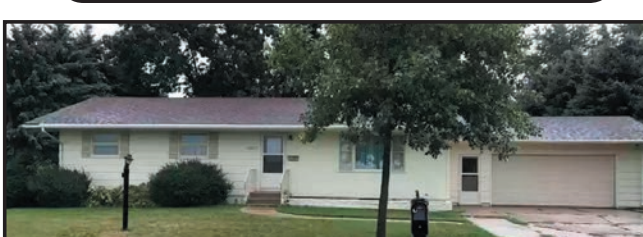
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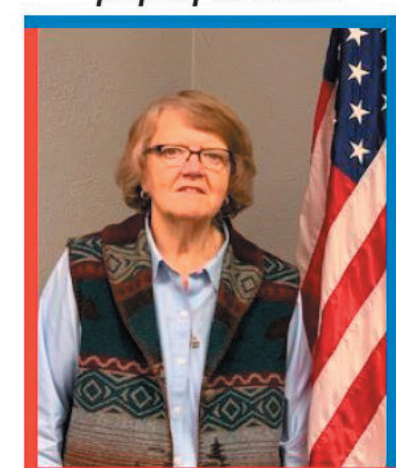


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Wolfpack avenges ELC loss

Fourth-quarter rally falls short

By DAVID SWARTZ
MANAGING EDITOR

HULL — As the team responsible for Class 2A No. 1 Western Christian's only loss this season, the Estherville Lincoln Central boys knew the Wolfpack would be looking for revenge as the teams met up on Tuesday.

In the first meeting of the season on Dec. 7, ELC made 15 3-pointers — nine in the third quarter — to defeat Western Christian, 82-74, for the first time since 1986.

ELC needed a similar effort Tuesday, but injury and illness have taken a toll on the lineup with three players — Tristan Howard, Grant Love and Logan Nissen — unavailable for the rematch.

The Midgets took a good run at the Wolfpack. Down by 15 points, 52-37, entering the fourth quarter, ELC had consecutive 3-pointers from Ryan Schiltz, Blake Evans and Jack Jensen and two free throws from Owen Larson to cut the deficit to eight, 56-48.

However, that was as close as they would get, as Western Christian prevailed 68-58.

"We're playing some good basketball and I'm very pleased with how we're playing," said ELC coach Nick Gruhlke. "Short three guys (from the first meeting), it could be easy to fold if you don't have the character and toughness — we showed we have that."

ELC started well against the Wolfpack. Owen Larson hit his first two 3-pointers and then assisted on a layup to Jack Jensen as the Midgets opened the game with an 8-0 run. Western Christian stormed back with a 15-4 run to lead 15-12. ELC's Adrian Vaughn was fouled on a 3-point attempt right before the end of the quarter and he converted all three as the teams ended the first quarter tied at 15-15.

ELC didn't fare as well in the second quarter as the Wolfpack threatened to run away with the game. The Midgets scored just seven points while Western Christian took a 35-22 lead into the locker room.

ELC did well to keep pace with the Wolfpack in the third quarter. Schiltz, who didn't score in the first half, scored 11 of his team-high 18 points in the third period to keep ELC within striking distance.

Larson finished with 14 points and Vaughn had five.



ELC senior Ryan Schiltz scored all 18 of his points in the second half against Western Christian, but the Wolfpack prevailed over the Midgets, 68-58, on Tuesday.

Photo by David Swartz

ELC (9-4 overall, 3-2 in the Lakes Conference) hosts Emmetsburg (2-12) today. ELC defeated Emmetsburg, 65-51, on Dec. 18. ELC goes on the road to face Okoboji (7-4) on

Saturday. The Midgets will try to avenge a Dec. 14, 68-67, loss to Cherokee, as the Braves come to Estherville on Tuesday.



ELC girls basketball coach Don Martindale talks during his team during a timeout during the Midgets' game against Western Christian on Tuesday. It was Martindale's 300th career girls basketball coaching victory.

Photo submitted

Martindale hits 300-win milestone

H Stokes, Nitchals each score 21 to beat Wolfpack

By DAVID SWARTZ
MANAGING EDITOR

HULL — The Estherville Lincoln Central girls left no doubt that they would give their coach, Don Martindale, his 300th career girls' basketball victory on Tuesday.

Senior Jaydan Nitchals hit her first two 3-point attempts to start the game and hit another in the first quarter as the Midgets raced out to a 20-4 lead. ELC, ranked fourth in Class 3A, expanded its lead throughout the night on the way to a 59-29 victory.

Martindale, who was a long-time coach at Spencer, now has 68 victories as the ELC girls head coach the past five years. He will be inducted into the Iowa Girls Coaches Association Hall of Fame during the 2022 Girls State Tournament.

"It's been a blessing with all the players that have bought in to what we're trying to do, the assistant coaches I've had and the parent support from the community," said Martindale. "300 wins is a milestone and I appreciate everyone that's been a part of it along the way."

ELC's success this season has come in forcing opponents to make turnovers. Unofficially, Western Christian had 18 turnovers in the first half as ELC

led 36-17. The Wolfpack finished with 30 turnovers on the night.

Nitchals and Haylee Stokes led the Midgets' effort with 21 points apiece. Nitchals had five of ELC's six 3-pointers in the contest.

"When a player like her catches fire, you have to give her the ball," said Martindale.

Meanwhile Stokes took her points where she could with drives to the basket and the free throw line, where she was 7-of-7.

"What do you do with a player like that?" said Martindale. "You let her go with that basketball savvy. She can play up-tempo, the mid-range game — she's turning into a special player."

Jordyn Stokes and Jasey Anderson each chipped in five points while Rylee Yager had four and Kaitlyn Tendal had three.

Shayla Van Beek led Western Christian with nine points.

ELC (13-2 overall, 5-0 in the Lakes Conference) is home today against Emmetsburg (8-6). ELC defeated the E'Hawks earlier this season, 61-25, on Dec. 21. ELC travels to Milford on Saturday to play the Okoboji Pioneers (7-6). The Midgets return to Lakes Conference play next Tuesday for their second meeting of the season against Cherokee (10-5). ELC defeated the Braves, 61-25, in their first meeting on Dec. 14.



ELC coach Don Martindale will be inducted into the Iowa Girls Coaches Association Hall of Fame during the 2022 Girls State Basketball Tournament.

ELC wrestlers pick up win against Central Lyon/GLR in non-conference quadrangular meet

By DAVID SWARTZ
MANAGING EDITOR

ROCK VALLEY — Estherville Lincoln Central wrestlers went 1-2 in dual competition last Thursday in a quadrangular against Boyden-Hull/Rock Valley, Central Lyon/George-Little Rock and Sioux Falls, Washington, S.D.

ELC opened the night against Sioux Falls Washington and came up a point short, 37-36.

ELC had five pins in the match. Eli Hanson pinned Zander Eideman in 2:51; Austin Hansen (106) pinned Zach Sprengle in 49 seconds; Wes Martin (120) pinned Roman Camusaranda in 42 seconds; Brigham Vermeys (145) pinned Kayden Clark in 32 seconds and Ashton Bradley (152) pinned Braydon Pueppke in 2:49. Yahir Camberos-Barajas (126) accepted a forfeit for ELC.

The Midgets won 37-33 over Central Lyon-GLR in the second dual.

ELC had five pins in the match. Hansen (113) pinned Levi Kramer in 17 seconds; Wes Martin (120) pinned Regan Hasche in 1:10; Will Martin (138) pinned Brock Klarenbeek in 3:14; Vermeys (145) pinned Jayme Van Wyhe in 2:45; and Morgan Dalen (160) pinned Simon Konechne in 1:27. Also, Parker Duitsman won an 8-2 decision over Lane Kruger and Camberos-Barajas (126) won an 11-1 major decision over Chase Duin.

In the final dual, ELC lost 49-28 to Boyden-Hull/Rock Valley.

ELC had three pins in the match. Hansen had his third pin of the night, defeating Luis Thomas in 2:46. Vermeys (145) also had his third pin of the evening, defeating Diego

Palma in 27 seconds. Will Martin (138) pinned Christian Buyert in 1:23. Also, Duitsman (132) won a 10-2 major decision over Julian Reyes. Wes Martin (120) won a 16-9 decision over Angel Basca and Hanson (170) won an 11-5 decision over Isaac Van Beek.

ELC will next be in action today (Thursday) against Emmetsburg and Saint Ansgar in Emmetsburg for a triangular.

Sioux Falls Washington 37, ELC 36

160: Asher Eidem (SFW) over Morgan Dalen (ELC) (Fall 0:53) 170: Eli Hanson (ELC) over Zander Eidem (SFW) (Fall 2:51) 182: Corbin Spalding (SFW) over Ryan Leonard (ELC) (Fall 2:42) 195: Myles Yitagesu (SFW) over (ELC) (For.) 220: Hayes Peterson (SFW) over (ELC) (For.) 285: Abraham Myers (SFW) over Jess Christensen (ELC) (Dec 7-1) 106: Austin Hansen (ELC) over Zach Sprengle (SFW) (Fall 0:49) 113: Double Forfeit 120: Wes Martin (ELC) over Roman Camusaranda

(SFW) (Fall 0:42) 126: Yahir Camberos-Barajas (ELC) over (SFW) (For.) 132: Joshua George (SFW) over Parker Duitsman (ELC) (MD 14-6) 138: Blessing Taniah (SFW) over Will Martin (ELC) (Fall 2:54) 145: Brigham Vermeys (ELC) over Kayden Clark (SFW) (Fall 0:32) 152: Ashton Bradley (ELC) over Braydon Pueppke (SFW) (Fall 2:49)

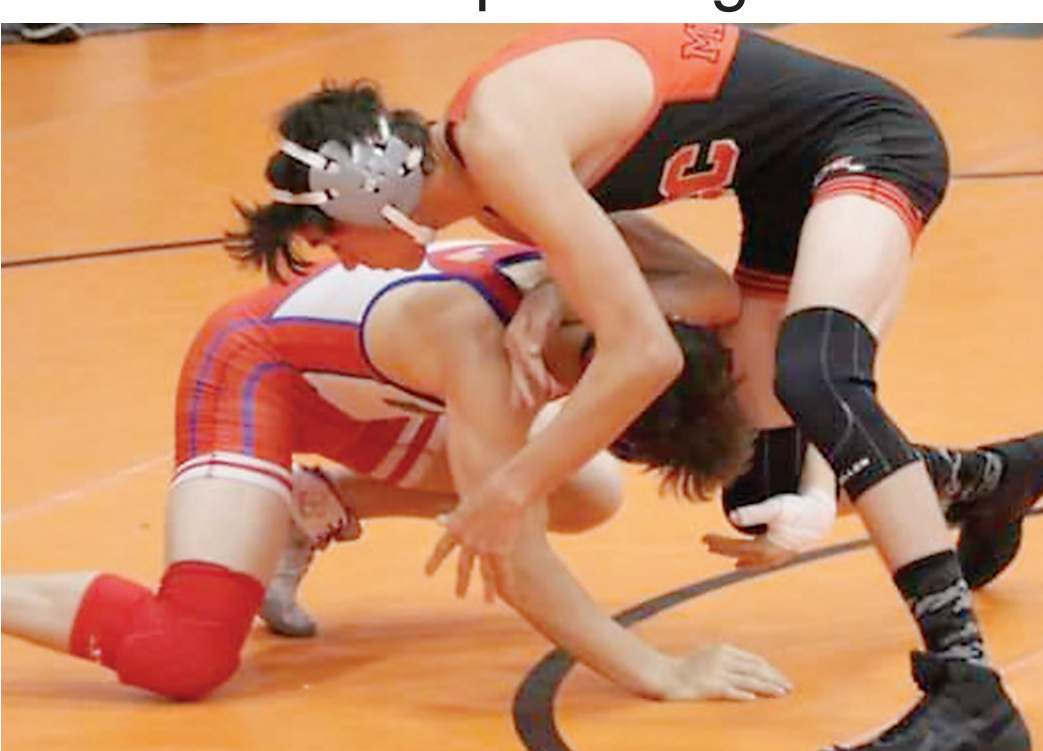
ELC 37, Central Lyon-GLR 33

170: Graham Eben (CLGL) over Eli Hanson (ELC) (Dec 10-4) 182: Evan Kruger (CLGL) over Ryan Leonard (ELC) (Fall 0:33) 195: Trevor Dieren (CLGL) over (ELC) (For.) 220: Lyle Moore (CLGL) over (ELC) (For.) 285: Kayden VanBerkum (CLGL) over Jess Christensen (ELC) (Fall 0:39) 106: Double Forfeit 113: Austin Hansen (ELC) over Levi Kramer (CLGL) (Fall 0:17) 120: Wes Martin (ELC) over Regan Hasche (CLGL) (Fall 1:10) 126: Yahir Camberos-Barajas (ELC) over Chase Duin (CLGL) (MD 11-1) 132: Parker Duitsman (ELC) over Lane Kruger (CLGL) (Dec 8-2) 138: Will Martin (ELC) over Brock Klarenbeek (CLGL) (Fall 3:14) 145: Brigham Vermeys (ELC) over Jayme Van Wyhe

(CLGL) (Fall 2:45) 152: Landen Weiler (CLGL) over Ashton Bradley (ELC) (Fall 1:14) 160: Morgan Dalen (ELC) over Simon Konechne (CLGL) (Fall 1:27)

BHRV 49, ELC 28

182: Casey Pick (BHRV) over Ryan Leonard (ELC) (Fall 0:27) 195: Kevin Quisada (BHRV) over (ELC) (For.) 220: Reagan Maassen (BHRV) over (ELC) (For.) 285: Jesus Garcia (BHRV) over Jess Christensen (ELC) (Fall 4:47) 106: Austin Hansen (ELC) over Luis Tomas (BHRV) (Fall 2:46) 113: Gabino Vargas (BHRV) over (ELC) (For.) 120: Wes Martin (ELC) over Angel Gasca (BHRV) (Dec 16-9) 126: Logan Siebrecht (BHRV) over Yahir Camberos-Barajas (ELC) (Fall 3:33) 132: Parker Duitsman (ELC) over Julian Reyes Palma (BHRV) (MD 10-2) 138: Will Martin (ELC) over Christian Buyert (BHRV) (Fall 1:23) 145: Brigham Vermeys (ELC) over Diego Palma (BHRV) (Fall 0:27) 152: Jaxson Rozeboom (BHRV) over Ashton Bradley (ELC) (Fall 0:34) 160: Zach Strubbe (BHRV) over Morgan Dalen (ELC) (Fall 1:15) 170: Eli Hanson (ELC) over Isaac Van Beek (BHRV) (Dec 11-5) (BHRV USC 1.0)



ELC's Parker Duitsman fends off a shot during wrestling action in Rock Valley last week.

Photo submitted

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Iowa Lakes' Rachel Puok (24) goes in for a layup during a recent game in Estherville. The Lakers' next home game is Monday against Iowa Western.

Photo submitted

Southeastern nips Iowa Lakes in OT

By DAVID SWARTZ
MANAGING EDITOR

Holding a three-point lead entering the fourth quarter, the Iowa Lakes women couldn't hold back Southeastern last Saturday. The two teams were tied at 64-64 at the end of the regulation, but the Blackhawks won the overtime period 14-9 to leave Estherville with a 78-73 victory.

Iowa Lakes trailed 18-14 after one quarter and Southeastern maintained its four-point lead, 35-31, at halftime. The Lakers outscored the visitors 22-15 in the third quarter.

Southeastern had an advantage at the free throw line, where they made 21-of-29 free throws while the Lakers were 8-of-18.

Rachel Puok led Iowa Lakes with 25 points, seven rebounds and four assists. Jaeda Whitner had 13 points, seven rebounds and seven assists. Brielle Bartelt had 10 points, six rebounds and five assists. Ihari Oromo had 10 points and Rachel Breck had nine points, 11 rebounds, and four assists.

Iowa Lakes (12-6 overall, 6-2 in conference play) was at Northeast Community College on Tuesday. The Lakers are on

the road against Iowa Western today before hosting Iowa Western on Monday.

Southeastern 78, Iowa Lakes 73, OT
Iowa Lakes (73) — Brielle Bartelt 3 3-6 10; Jaeda Whitner 6 0-0 13; Rachel Puok 8 2-5 25; Ihari Oromo 4 2-3 10; Rachel Breck 4 1-2 9; Jasmines Jones 1 0-0 2; Jaden Giplert 0 0-0 0; Isabel Freemont 0 0-0 0; Aza Swazyer 1 0-2 2; Cassidy Havens 1 0-0 2. Totals — 28 8-18 73.

Halftime Score: Southeastern 35, Iowa Lakes 31. 3-pointers — 9 (Puok 7). Rebounds — 47 (Breck 11). Assists — 21 (Whitner 7). Steals — 9 (Bartelt 2, Breck 2, Jones 2). Blocks — 7 (Bartelt 2, Jones 2). Turnovers 19. Fouls — 19. Fouled out — Breck.

Trojans eke out one-point win over Lakers

By DAVID SWARTZ
MANAGING EDITOR

Trailing by two, Iowa Lakes' Caleb Johnson had a look at the basket, but his 3-point attempt was off the mark as NIACC held on for a two-point victory, 83-81, over the 14th-ranked Lakers last Wednesday.

Iowa Lakes did not take care of the ball in the first half and the Lakers committed 14 turnovers and trailed 49-31 at halftime.

Iowa Lakes got within a basket several times in the second half, but couldn't complete the rally.

The Lakers trailed by one, 81-80, after a shot by Xzavier Jones. NIACC then made two free throws to the Lakers' one before Johnson's attempted game-winner.

Both teams shot over 50 percent from the field. NIACC shot 54.7 percent (29-of-53) including 8-of-16 from 3-point range. Iowa Lakes shot 55 percent (32-of-58) from the field, but just 4-of-13 from 3-point range. NIACC also had an advantage at the free throw line where the Trojans were 17-of-26 while the Lakers were 13-of-22.

Ryan Hall led Iowa Lakes with 18 points while Jones had 17 points and nine rebounds. Joseph Owens chipped in 15 points. Johnson had nine of the team's 19 assists.

NIACC was led by Myles Tucker with 18 points. Iowa Lakes (11-5 overall, 3-2 in the conference) had last Saturday's game against Southeast Community College

postponed. The Lakers were on the road against Northeast Community College on Tuesday. Iowa Lakes is on the road today against Iowa Western. The Lakers then take on Dakota County Technical College on Saturday, host Iowa Western on Monday and host Ellsworth next Wednesday.

NIACC 83, Iowa Lakes 81
Iowa Lakes (81) — Jeremiah Burke 2 0-0 4; Ryan Hall 7 2-2 18; Xzavier Jones 8 1-4 17; Joseph Owens 6 3-5 15; Caleb Johnson 2 4-5 9; Ozzie Meiborg 1 0-0 3; Anthony Holden 3 2-4 8 Johnathan Oden 3 1-2 7; Isaiah Youngquist 0 0-0 0; Andrew Bennett Jr. 0 0-0 0. Totals — 32 13-22 81.

Halftime Score: North Iowa 49, Iowa Lakes 31. 3-pointers — 4 (Hall 2). Rebounds — 27 (Jones 9). Assists — 19 (Johnson 9). Steals — 5 (Jones 2, Holden 2). Blocks — 4 (Oden 4). Turnovers — 20. Fouls — 19. Fouled out — none.

Oromo hits game-winner at the buzzer

By DAVID SWARTZ
MANAGING EDITOR

Trailing by a point with no timeouts, the Iowa Lakes women went the length of the floor with Ihari Oromo hitting the game-winning basket to give the Lakers 79-78 victory over NIACC last Wednesday.

"We haven't beaten NIACC since I've been here and now we've crossed that off the list," said Iowa Lakes coach Ashley Martin.

Martin said the Lakers passed the ball ahead to half-court to Jasmine Jones, who then passed to Oromo cutting to the basket. With a couple ticks left on the clock, the right-hand layup went in for the Laker

victory. "The girls really executed," said Martin. "We had a lot of girls step up and make plays when we needed them tonight."

Oromo finished with 16 points while making of 7-of-9 shots from the field and 2-of-4 from the free throw line.

Jaeda Whitner led Iowa Lakes with 21 points, as she shot 7-of-14 from the field including 3-of-3 from 3-point range. Whitner also had eight of the team's 20 assists.

Rachel Breck finished with 14 points on 6-of-9 shooting along with six rebounds and four blocked shots. Rachel Puok had 11 points. Jones

came off the bench for a double-double of 10 points and 10 rebounds.

The Lakers improved to 12-5 overall and 6-1 in the ICC.

NIACC was led by Audrey Martinez-Stewart with 24 points.

Iowa Lakes 79, NIACC 78
Iowa Lakes (79) — Brielle Bartelt 2 0-0 5; Jaeda Whitner 7 2-2 21; Rachel Puok 2 5-6 11; Ihari Oromo 7 2-4 16; Rachel Breck 6 2-4 14; Jasmine Jones 5 0-0 10; Jaden Giplert 0 0-0 0; Isabel Freemont 0 0-0 0; Aza Swazyer 1 0-2 2; Cassidy Havens 0 0-0 0. Totals — 30 11-16 79.

Halftime Score: Iowa Lakes 32, NIACC 27. 3-pointers — 8 (Whitner 5). Assists — 20 (Whitner 8). Steals — 6 (Puok 2). Blocks — 6 (Breck 4). Turnovers — 18. Fouls — 19. Fouled out — Puok.

North Union's Danyal Fothergill challenges the interior of the West Hancock defense during last Thursday's game in Armstrong. West Hancock would prove the better team, winning 48-31 over the Warriors.

Photo by Kim Meyer



Eagles are too much for Warriors

By DAVID SWARTZ
MANAGING EDITOR

ARMSTRONG — The North Union boys' offense never quite got going in a 48-31 loss to West Hancock on Thursday, Jan. 13.

West Hancock led 9-4 after one quarter and stretched the lead to 27-9 by halftime.

Aiden Lofstrom led North Union with 15 points while Danyal Fothergill had 10 points.

Ryan Barnes led West Hancock with 24 points.

North Union (6-6 overall, 4-4 in the Top of Iowa West Conference) was home Tuesday against Forest City. The Warriors will face West Hancock again this Friday on the Eagles' home floor.

West Hancock 48, North Union 31

North Union (31) — Preston Guerdet 0 0-0 0; Danyal Fothergill 5 0-1 10; Teagon Fothergill 2 0-0 6; Logan Odegaard 0 0-0 0; Kyan Jones 0 0-0 0; Nick Schiltz 0 0-0 0; Aiden Lofstrom 6 3-6 15; Jay Heinen 0 0-0 0; Landon Hagedorn 0 0-2 0. Totals — 13 3-9 31.

Halftime Score: West Hancock 27, North Union 9. 3-pointers — 2 (T. Fothergill 2). Rebounds — 31 (D. Fothergill 7). Assists — 7 (Jones 2). Steals — 8 (D. Fothergill 2, Jones 2). Blocks — 2 (D. Fothergill 2). Turnovers — 23. Fouls — 14. Fouled out — none.

Currans, Saul finish second at Twin Lakes Tourney

By DAVID SWARTZ
MANAGING EDITOR

ROCKWELL CITY — Two Graettinger-Terril/Ruthven-Ayrshire wrestlers made the finals in their respective brackets at the 2022 Twin Lakes Conference Tournament last Saturday.

However, both Cormick Currans (152) and Jordan Saul (170) came up a match short of a conference title and finished

second. The Titans finished sixth overall in the team standings with 101.5 points.

Currans easily made the final in his bracket. He won by technical, 17-0 in the quarterfinal against South Central Calhoun's Riley Timmerman. In the semifinal, he won by fall in 2:30 over Ty Katt of Southeast Valley. In the final, Jace Nelson-Brown of Emmetsburg was too much,

as Currans lost by fall in 2:39. Nelson-Brown has just one loss this season. Currans is now 18-8.

For Saul, he pinned Alta-Aurelia's Derek Baker in 59 seconds in the quarterfinal. The semifinal was tougher with Saul winning a 9-7 decision over Emmetsburg's Cade Shirk.

In the final, Saul faced South Central Calhoun's Blake

McAlister, who hasn't lost this season. Saul was unable to come up with the upset, as he lost by fall in 3:44. Saul is now 30-4 on the year.

Four GT/RA wrestlers finished fourth — Bryce Rosacker (145), Brody Simington (160), Clayton Schroeder (195), and Tanner Murray (220). All four wrestlers went 2-2 on the day.

Nolan Darr (182) paced fifth. GT/RA travels to the Herb

Irgens Invitational hosted by OABCIG this Friday and Saturday.

2022 Twin Lakes Conference Wrestling Jan. 16, 2022

Team Scores: Emmetsburg 200, Southeast Valley 188, South Central Calhoun 176, Pocahontas Area 134, Alta-Aurelia 103, GT/RA 101.5, Manson-Northwest Webster 98, Sioux Central 97.5, West Bend-Mallard 67.5, East Sac County 52.5

Warriors post 3-0 record at home quadrangular

By DAVID SWARTZ
MANAGING EDITOR

SWEA CITY — North Union wrestlers posted a 3-0 dual record at a home quadrangular meet on Thursday, Jan. 20.

The Warriors defeated Belmont-Klemme 52-24, Newman Catholic 45-35 and West Fork 66-9.

Against Belmont-Klemme, Gavyn Morphew (132) and Dalton Tobin (145) both earned pins for the Warriors. Liam Kollasch (120) earned a 10-1 major decision. Also, Kaleb Lufkin (182), Brennan Bollinger (220), Ethan Preston (106), Kaden Laabs (152) and Lucas Dreyer (160) all received forfeits.

Against West Fork, Harley Tobin (120) and Kaleb Lufkin (182) both won by fall. Brennan Bolinger (220), Ethan Preston (106), Landon Price (113), Liam Kollasch (126), Gavyn Morphew (132), Dalton Tobin (145), Kaden Laabs (152), Lucas Dreyer (160) and Kacey Hamsmith (170) all received forfeits.

North Union is the Ogden

Tournament this Saturday.

North Union 52, Belmont-Klemme 24
170: Hayden Pals (BEKL) over Kacey Hamsmith (NOUN) (Fall 0:29) 182: Kaleb Lufkin (NOUN) over (BEKL) (For.) 195: Ashlin Wilms (BEKL) over Talon Grimm (NOUN) (Fall 3:26) 220: Brennan Bollinger (NOUN) over (BEKL) (For.) 285: Alen Flickinger (BEKL) over Kolton Walter (NOUN) (Fall 0:48) 106: Ethan Preston (NOUN) over (BEKL) (For.) 113: Landon Price (NOUN) over (BEKL) (For.) 120: Liam Kollasch (NOUN) over Abram Wessels (BEKL) (MD 10-1) 126: Double Forfeit 132: Gavyn Morphew (NOUN) over Aiden Hobscheidt (BEKL) (Fall 0:50) 138: Kaden Hanson (BEKL) over Talan Priestner (NOUN) (Fall 1:36) 145: Dalton Tobin (NOUN) over Bryson Warren (BEKL) (Fall 1:35) 152: Kaden Laabs (NOUN) over (BEKL) (For.) 160: Lucas Dreyer (NOUN) over (BEKL) (For.)

North Union 45, Newman Catholic 35

182: Kaleb Lufkin (NOUN) over Hank Brandenburg (NECA) (Fall 0:20) 195: Holden Hensley (NECA) over Talon Grimm (NOUN) (TF 16-0) 4:00 220: Kael Hanig (NECA) over Brennan Bollinger (NOUN) (Fall 0:26) 285: Kolton Walter (NOUN) over Logan Lursen (NECA) (Dec 10-9) 106: Ethan Preston (NOUN) over (NECA) (For.) 113: Landon Price (NOUN) over Matthew Doane (NECA) (Fall 0:36) 120: Liam Stockberger (NECA) over Harley Tobin (NOUN) (Fall 1:13) 126: Alex Bosch (NECA) over Liam Kollasch (NOUN) (Fall 3:02) 132: Gavyn Morphew (NOUN) over Jase Anderson (NECA) (Fall 1:39) 138: Pete Miller (NECA) over Talan Priestner (NOUN) (Inj. [time]) 145: Dalton Tobin (NOUN) over Gage Petersen (NECA) (Fall 0:49) 152: Kaden Laabs (NOUN) over (NECA) (For.) 160: Scott Heinselman (NECA) over Lucas Dreyer (NOUN)

(Fall 1:17) 170: Kacey Hamsmith (NOUN) over (NECA) (For.)

North Union 66, West Fork 9
195: Carson Nuehring (WFS) over Talon Grimm (NOUN) (Fall 2:22) 220: Brennan Bollinger (NOUN) over (WFS) (For.) 285: Jair Ramirez (WFS) over Kolton Walter (NOUN) (Dec 4-0) 106: Ethan Preston (NOUN) over (WFS) (For.) 113: Landon Price (NOUN) over (WFS) (For.) 120: Harley Tobin (NOUN) over Preslee Dickman (WFS) (Fall 1:38) 126: Liam Kollasch (NOUN) over (WFS) (For.) 132: Gavyn Morphew (NOUN) over (WFS) (For.) 138: Double Forfeit 145: Dalton Tobin (NOUN) over (WFS) (For.) 152: Kaden Laabs (NOUN) over (WFS) (For.) 160: Lucas Dreyer (NOUN) over (WFS) (For.) 170: Kacey Hamsmith (NOUN) over (WFS) (For.) 182: Kaleb Lufkin (NOUN) over Ki Janssen (WFS) (Fall 2:29)

Titans post 1-2 record at quad meet in Aurelia

By DAVID SWARTZ
MANAGING EDITOR

AURELIA — Graettinger-Terril/Ruthven-Ayrshire went 1-2 at a quadrangular meet hosted by Alta-Aurelia on Thursday, Jan. 13.

The Titans defeated East Sac County 48-22, but lost 42-30 to Alta-Aurelia and 60-24 to Kingsley-Pierson.

Against Alta-Aurelia, GT/RA wrestlers Isiah Malm (126), Aaron Wilson (138) and Nolan Darr (195) all won by fall. Brody Simington (160) and Jordan Saul (182) both received forfeits.

Against East Sac County,

the two teams met on the mat at just six weights. Malm (126), Simington (160), Saul (170) and Darr (182) all won by fall for the Titans. Clayton Schroeder (195), Wyatt Haffner (220), and Donovan Young (285) all received forfeits.

The Titans also met Kingsley-Pierson at just six weights on the mat. Simington (160), Saul (170) and Darr (182) all won by fall. Schroeder (195) received a forfeit.

Alta-Aurelia 42, GT/RA 30
120: Darnold Manuel (ALTA) over (GTRA) (For.) 126: Isiah Malm (GTRA) over Aidan Schumacher (ALTA) (Fall 5:11) 132: Hayden

Garlow (ALTA) over Owen DeMoss (GTRA) (Fall 2:40) 138: Aaron Wilson (GTRA) over Tyrany Mason (ALTA) (Fall 3:32) 145: Isiah Powers (ALTA) over (GTRA) (For.) 152: Double Forfeit 160: Brody Simington (GTRA) over Kaden Stites (ALTA) (Fall 2:25) 170: Double Forfeit 182: Jordan Saul (GTRA) over (ALTA) (For.) 195: Nolan Darr (GTRA) over Jadrien Hanson (ALTA) (Fall 4:24) 220: Zach Erpelding (ALTA) over Clayton Schroeder (GTRA) (Fall 2:48) 285: Angel Barajas (ALTA) over (GTRA) (For.) 106: Trevor Meyer (ALTA) over (GTRA) (For.) 113: Aden Rieb (ALTA) over (GTRA) (For.)

GT/RA 48, East Sac County 22
106: Double Forfeit 113: Bradyn Burns (ESC) over (GTRA) (For.) 120: Double Forfeit 126: Isiah Malm (GTRA) over Garret Ortner

(ESC) (Fall 2:26) 132: Charlie Veit (ESC) over (GTRA) (For.) 138: Owen DeMoss (GTRA) over Landon Grindle (ESC) (Fall 2:41) 145: Tate Lahr (ESC) over Aaron Wilson (GTRA) (MD 14-5) 152: Logan Schroeder (ESC) over (GTRA) (For.) 160: Brody Simington (GTRA) over Chandler Lahr (ESC) (Fall 0:43) 170: Jordan Saul (GTRA) over Kinnick Fahrenkrug (ESC) (Fall 1:25) 182: Nolan Darr (GTRA) over Kaydon Erpelding (ESC) (Fall 1:38) 195: Clayton Schroeder (GTRA) over (ESC) (For.) 220: Wyatt Haffner (GTRA) over (ESC) (For.) 285: Donovan Young (GTRA) over (ESC) (For.)

Kingsley-Pierson 60, GT/RA 24
113: Peyton Koster (KIPI) over (GTRA) (For.) 120: Juan Juarez (KIPI) over (GTRA) (For.) 126:

Carson Seuntjens (KIPI) over Isiah Malm (GTRA) (Fall 1:31) 132: Tyler Orzechowski (KIPI) over Owen DeMoss (GTRA) (Fall 1:38) 138: Damon Schmid (KIPI) over Aaron Wilson (GTRA) (Fall 0:50) 145: Marshall Benson (KIPI) over (GTRA) (For.) 152: Josh Harvey (KIPI) over (GTRA) (For.) 160: Brody Simington (GTRA) over Parker Hackett (KIPI) (Fall 1:36) 170: Jordan Saul (GTRA) over Peyton Hackett (KIPI) (Fall 4:40) 182: Nolan Darr (GTRA) over Adin Verschoor (KIPI) (Fall 1:11) 195: Clayton Schroeder (GTRA) over (KIPI) (For.) 220: Kaden Kraft (KIPI) over (GTRA) (For.) 285: Jacob Kraft (KIPI) over (GTRA) (For.) 106: Bailey Beelner (KIPI) over (GTRA) (For.)

GT/RA wrestlers defeat Sioux Central, fall to Spirit Lake Park

By DAVID SWARTZ
MANAGING EDITOR

SIoux RAPIDS — Graettinger-Terril/Ruthven-Ayrshire split a pair of non-conference duals on Tuesday, Jan. 11, defeating Sioux Central 36-34 and losing to Spirit Lake Park 39-27.

Against Sioux Central, the two teams met at eight weights on the mat with each team winning four of them. For the Titans, Bryce Rosacker (145), Cormick Currans (152),

Jordan Saul (170) and Nolan Darr (195) all won by fall. Brody Simington (160) and Clayton Schroeder (220) both received forfeits. Neither team had a wrestler at 106 or 113 pounds.

GT/RA and Spirit Lake Park met on the mat at nine weights with GT/RA winning four of them. Isiah Malm (126) won an 8-6 decision over Levi Dunn in the closest match of the night. Rosacker (145), Saul (170), and Treyton Kleve (182) each

won by fall. Currans (152) received a forfeit.

GT/RA 36, Sioux Central 34
113: Double Forfeit 120: Kaben Morrow (SXCL) over (GTRA) (For.) 126: Zane Griffin (SXCL) over Isiah Malm (GTRA) (Fall 1:02) 132: Hunter Cooper (SXCL) over Owen DeMoss (GTRA) (MD 10-2) 138: Landon Olson (SXCL) over Aaron Wilson (GTRA) (Fall 1:22) 145: Bryce Rosacker (GTRA) over Carson Gunnerson (SXCL) (Fall 1:21) 152: Cormick Currans (GTRA) over Kadin Haldin (SXCL) (Fall 1:12) 160: Brody Simington (GTRA) over (SXCL) (For.) 170:

Jordan Saul (GTRA) over Lukas Taylor (SXCL) (Fall 0:52) 182: Dakota Deuschle (SXCL) over Treyton Kleve (GTRA) (Fall 0:35) 195: Nolan Darr (GTRA) over Tanner Deuschle (SXCL) (Fall 5:18) 220: Clayton Schroeder (GTRA) over (SXCL) (For.) 285: Jordan Livermore (SXCL) over (GTRA) 106: Double Forfeit

Spirit Lake Park 39, GT/RA 27
126: Isiah Malm (GTRA) over Levi Dunn (SPLA) (Dec 8-6) 132: Jonathon Burnette (SPLA) over Owen DeMoss (GTRA) (Fall 0:27) 138: Peyton Murray (SPLA) over Aaron Wilson (GTRA) (Dec 6-1) 145: Bryce Rosacker (GTRA) over Steven Money (SPLA) (Fall 0:33) 152: Cormick Currans (GTRA) over (SPLA) (For.) 160: Zach Jensen (SPLA) over Brody Simington (GTRA) (Fall 1:54) 170: Jordan Saul (GTRA) over Logan Sandman (SPLA) (Fall 1:19) 182: Treyton Kleve (GTRA) over Jacob Money (SPLA) (Fall 3:40) 195: Gabe Poolman (SPLA) over Nolan Darr (GTRA) (Fall 5:23) 220: Tyler Jurva (SPLA) over Clayton Schroeder (GTRA) (Fall 2:34) 285: Double Forfeit 106: Aroua Preston (SPLA) over (GTRA) (For.) 113: Bowden Barnhart (SPLA) over (GTRA) (For.) 120: Double Forfeit

THURSDAY DAYTIME JANUARY 20, 2022. TV schedule grid for Thursday daytime from 7:00 AM to 5:30 PM. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, and various programs such as Today, Jeopardy!, and The Price Is Right.

THURSDAY EVENING JANUARY 20, 2022. TV schedule grid for Thursday evening from 6:00 PM to 11:00 PM. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, and programs like Wheel, Jeopardy!, and The Tonight Show.

FRIDAY DAYTIME JANUARY 21, 2022. TV schedule grid for Friday daytime from 7:00 AM to 5:30 PM. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, and programs like Today, Jeopardy!, and The Price Is Right.

FRIDAY EVENING JANUARY 21, 2022. TV schedule grid for Friday evening from 6:00 PM to 11:00 PM. Includes channels like NBC, CBS, ABC, PBS, CW, FOX, and programs like Wheel, Jeopardy!, and The Tonight Show.

Baseball/Softball registration open
Registration for the 2022 Estherville Parks and Recreation Department Baseball/Softball season is now open. Please stop by the Parks and Rec Office to get a registration or online registration is available at cityofestherville.org.

ELC JV Boys Basketball results
The Estherville Lincoln Central Junior Varsity Boys Basketball Team defeated Newell-Fonda 36-32 on Thursday, Jan. 13. Jordan Jensen led ELC with 16 points, Cael Miller had nine, Blake Andrews had four, Luke Heinrichs and Blake Evans each had three and Carson Grange had one.

ELC JV Girls Basketball results
The Estherville Lincoln Central Junior Varsity Girls Basketball Team lost 46-37 to Newell-Fonda on Thursday, Jan. 13. Hillary Ruschy led ELC with 14 points, Mara White had nine, Cara Schiltz had eight, Rylee Yager had six, and Taylor Kloucek and Tatum Dunlavy each had one.

Titans win another close game
POCAHONTAS - The Graettinger-Terrill/Ruthven-Ayrshire boys recorded their second straight one-point victory when they defeated Pocahontas Area 62-61 on Thursday, Jan. 13.

Pocahontas cruises past GT/RA
POCAHONTAS - The Graettinger-Terrill/Ruthven-Ayrshire girls were outmatched in a 62-22 loss to Pocahontas Area last Thursday, Jan. 13.

Thursday Movies

Movie listings for Thursday, January 20, 2022. Includes titles like Despicable Me 2, Edge of Tomorrow, The Hangover, and Lethal Weapon. Each listing includes a brief synopsis and a rating.

Friday Movies

Movie listings for Friday, January 21, 2022. Includes titles like Creed II, Air Force One, Blockers, and Creed. Each listing includes a brief synopsis and a rating.

Answers to today's puzzles
Answers to today's puzzles including the weekly Sudoku and King Crossword solutions.

CryptoQuip answer
What might you nickname the smallest worker at a steel-making facility?
Answer: Runt of the mill.

Weekly SUDOKU and King Crossword
A 9x9 Sudoku puzzle and a King Crossword puzzle with their respective solutions.

Turning back the pages Week of January 20

100 Years Ago

Manager Graaf announces to the public that he has secured for the Grand for Thursday, Friday and Saturday evenings the Musical Palmer attractions. This company of artists are said to be one of the best attractions of their kind on the road at this time.

George Pickell, who was in this city many years ago at the time the old mill was in use on the dam site, is in the city this week putting up a proposition to the people for the location of a woolen mill in this city.

75 Years Ago

F.E. Rosendahl, charter member of the local Kiwanis club, traced its history from the date of its inception during the summer of 1930 until the present time at today's noon luncheon as program observances of the 2nd anniversary of Kiwanis International.

Work progressed successfully yesterday on a trial run of the new and reconditioned machinery installed at the Estherville laundry since much of it was destroyed by fire seven weeks ago.

50 Years Ago

In a concerted effort to counteract inflation, Sister Ruth Marie Marek, administrator of Holy Family Hospital, has been working with the governing board to find ways of cutting costs without lowering standards.

After coasting to a rather mediocre lead through the first half, Estherville outscored Sibley 27-12 in the third quarter of action Friday to gain an 86-66 win and its eighth Lakes win against two losses.

25 Years Ago

French II students at Estherville-Lincoln Central know that you don't have to travel overseas to visit a French-speaking region. This summer approximately 10 students will visit Canada's French-speaking Quebec province.

After spotting Storm Lake a substantial lead to open the game, Estherville-Lincoln Central battled back. The Midgets rallied and emerged with a 67-65 victory over the Tomatoes Monday evening.

20 Years Ago

Estherville Hy Vee would like to announce the arrival of new Store Director Frank Woodward. Joining Frank is wife Kristi and their four children.

No. 5 ranked Graettinger continued rolling through the Combelt Conference with a 71-52 victory over Lakeland on Friday. As usual, the pirates attack was led by its three scorers all doing work inside and outside.

15 Years Ago

A Dallas-based biofuel company plans to build three ethanol plants in north-central Iowa that could produce 300 million gallons of fuel a year, with a typical 100-million gallon ethanol plant requiring 37 million bushels of corn.

The Friends of Fort Defiance on Tuesday night laid out plans for park projects in their monthly meeting at the Estherville Public Library.

10 Years Ago

The Midgets will take a bite from the Big Apple when the Estherville Lincoln Central High School band and chorus travel to New York City May 2-6.

With two of Estherville Lincoln Central's wrestlers out of action due to illness, the Midgets did well to split the final Lakes Conference dual of the 2011-12 season.

SATURDAY DAYTIME

Table with columns for time slots (7:00-5:30) and various TV programs including NBC, CBS, ABC, PBS, CW, FOX, and A&E.

SATURDAY EVENING

Table with columns for time slots (6:00-11:00) and various TV programs including NBC, CBS, ABC, PBS, CW, FOX, and A&E.

SUNDAY DAYTIME

Table with columns for time slots (7:00-5:30) and various TV programs including NBC, CBS, ABC, PBS, CW, FOX, and A&E.

SUNDAY EVENING

Table with columns for time slots (6:00-11:00) and various TV programs including NBC, CBS, ABC, PBS, CW, FOX, and A&E.

Saturday Movies

Air Force One (97) *** A terrorist and his gang hijack the U.S. president's plane. R (2:30) PARM767 3:30 p.m. Apollo 13 (95) *** Based on the true story of the ill-fated 1970 moon mission. PG (3:00) AMC36 9 a.m.

JANUARY 23, 2022

Table with columns for time slots (7:00-5:30) and various TV programs including NBC, CBS, ABC, PBS, CW, FOX, and A&E.

Sunday Movies

Back to the Future Part II (89) *** Marty's time traveling is threatened by a dangerous rival. PG (2:30) TOON47 5 p.m. Black Panther (18) *** Black Panther springs into action when an old enemy returns. PG-13 (2:45) TNT34 5:15 p.m.

Advertisement for SIMMONS ACCOUNTING & TAX SERVICE, 808 18th Street, Spirit Lake, IA. Phone: 712-336-4280.

MONDAY DAYTIME JANUARY 24, 2022. Table with columns for time slots (7:00-5:30) and rows for various TV channels (NBC, CBS, ABC, etc.) listing programs and their descriptions.

MONDAY EVENING JANUARY 24, 2022. Table with columns for time slots (6:00-11:00) and rows for various TV channels listing evening programs.

TUESDAY DAYTIME JANUARY 25, 2022. Table with columns for time slots (7:00-5:30) and rows for various TV channels listing daytime programs.

TUESDAY EVENING JANUARY 25, 2022. Table with columns for time slots (6:00-11:00) and rows for various TV channels listing evening programs.

Money Wise

SHOULD INFLATION AFFECT YOUR INVESTMENT MOVES?

As you know, inflation heated up in 2021, following years of pretty stable - and low - numbers. And now, early in 2022, we're still seeing elevated prices. As a consumer, you may need to adjust your activities somewhat, but as an investor, how should you respond to inflation?

Monday Movies

Movie listings for Monday, January 24, 2022. Includes titles like 'Air Force One', 'Casino', 'Avengers: Endgame', 'Doctor Sleep', 'Bohemian Rhapsody', and 'Over the Hedge' with brief descriptions and ratings.

Advertisement for Edward Jones Financial Advisors. Features photos of Doug Wagner and Greta Farley, along with contact information and the slogan 'MAKING SENSE OF INVESTING'.

Advertisement for Comfort of Home Plumbing & Heating. Includes the company logo, contact information, and a list of services like furnace and A/C replacements.

Advertisement for Your RWC Regional Wellness Center. Features photos of staff, contact information, and details about their fall/winter hours and adult lap swim.

Tuesday Movies

Movie listings for Tuesday, January 25, 2022. Includes titles like 'The Blind Side', 'The Fugitive', 'Casino', 'Neighbors', and 'Doctor Strange' with brief descriptions and ratings.

How to reach your officials

FEDERAL OFFICIALS

Sen. Charles Grassley 202-224-3744
https://grassley.senate.gov
Sen. Joni Ernst 202-224-3254
https://ernst.senate.gov
Rep. Randy Feenstra 202-225-4426
https://feenstra.house.gov

STATE OFFICIALS

Governor Kim Reynolds 515-281-5211
https://governor.iowa.gov/contact
State Sen. Dennis Guth 541-430-0424
dennis.guth@legis.iowa.gov
State Rep. Henry Stone 515-281-5211
henry.stone@legis.iowa.gov

CITY COUNCIL

Gary Heckard - Ward 1 712-362-2247
Julie Clark - Ward 2 - Mayor Pro Tem 712-362-4854
Dave Seylar - Ward 3 712-209-0560
Ann Goebel - Ward 4 712-362-5948
Roy Gage - Ward 5 712-209-0913
Brandon A. Carlin - At Large 712-380-0220
Joan Heckard - At Large 712-362-2247

EMMET COUNTY BOARD OF SUPERVISORS

Jeff Quastad Chair ferger@yourstarnet.net
Tim Schumacher Vice Chair tschumacher87@yahoo.com

John Pluth cjpluth09@aol.com
Todd Glasnapp tkcglas@gmail.com
Lisa K. Hansen lisakaybsn@gmail.com

ELC SCHOOL BOARD

Tony Condon - President tony.condon@elc-csd.org
Jeff Soper - Vice President jeff.soper@elc-csd.org
Sandy Fandel - Director sandy.fandel@elc-csd.org
Gordon Juhl - Director gordon.juhl@elc-csd.org
Kathy Beernink - Director kathy.beernink@elc-csd.org

LOCAL CONTACTS

Estherville City Utilities 362-3574
Estherville Chamber of Commerce 362-3541
Estherville Police (non-emergency) 362-3515
Emmet County Sheriff (non-emergency) 362-2639
Avera Holy Family Hospital 362-2631
Estherville Library 362-7731
ELC High School 362-2659
ELC Demoney Elementary 362-2181
ELC Middle School 362-2335

Local Stocks

Table with 3 columns: Stock Name, Price, and Change. Includes Walmart, Green Plains, Anderson Inc, etc.

Mascot Search Winner:

Karen Bradley

THANK YOU TO THE FOLLOWING

BUSINESSES FOR THEIR SPONSORSHIP:

- SIMMONS ACCOUNTING, FAREWAY, TAX SERVICE, DON JOSE

Have Fun! Win \$10

in Estherville Chamber Bucks!

There are 5 mascots from the surrounding schools hidden within the Thursday paper. Find all 5 mascots and bring this form to the Estherville News to get your name in a drawing to receive \$10 in Chamber Bucks.

PLEASE DESCRIBE WHAT PAGE AND

WHAT AD YOU FOUND EACH MASCOT ON:

Form with lines for Midgets, Titans, Indians, Lakers, Warriors, and Your Name.

WEDNESDAY DAYTIME

Large table listing TV programs from 7:00 to 5:30 across various channels like NBC, CBS, ABC, etc.

WEDNESDAY EVENING

Table listing TV programs from 6:00 to 11:00 on Wednesday evening.

JANUARY 26, 2022

Wednesday Movies

Aliens (86) **** Space Marines battle an army of deadly monsters. R (3:00) SYFY32 9 a.m.

Apollo 13 (95) **** Based on the true story of the ill-fated 1970 moon mission. PG (3:00) AMC36 4 p.m.

The Blind Side (09) *** A well-to-do white couple adopts a homeless black teen. PG-13 (3:00) FREE30 10 a.m.

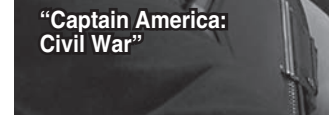
Captain America: Civil War (16) *** Captain America clashes with Iron Man. PG-13 (3:18) SYFY32 2:32 p.m.

Doctor Strange (16) *** The Ancient One introduces Dr. Stephen Strange to magic. PG-13 (2:10) SYFY32 5:50 p.m.

Enemy of the State (98) *** Rogue agents hunt a lawyer who has an incriminating tape. R (3:00) AMC36 9:30 p.m.

Gran Torino (08) *** A veteran faces his longtime prejudices. R (2:30) AMC36 7 p.m.

Once Upon a Time... In Hollywood (19) **** A TV star and a stuntman witness changes in 1969 Hollywood. R (3:30) FX27 3:30 p.m.



'Captain America: Civil War'

GYMNASTICS

Monday 7:00 p.m. BIG 10 73 Women's College Gymnastics Michigan at Minnesota.

HOCKEY

Thursday 8:30 p.m. ESPN24 NHL Hockey Colorado Avalanche at Los Angeles Kings.

Friday

7:30 p.m. FSN66 NHL Hockey Minnesota Wild at Chicago Blackhawks.

Saturday

9:30 a.m. FSN66 Girls High School Hockey Andover vs. Edina.

Sunday

8:00 p.m. FSN66 NHL Hockey Montreal Canadiens at Minnesota Wild.

Monday

7:00 p.m. FSN66 NHL Hockey Chicago Blackhawks at Detroit Red Wings.

Tuesday

9:00 p.m. TNT34 NHL Hockey Boston Bruins at Colorado Avalanche.

SOCCER

Friday

2:00 p.m. USA31 Premier League Soccer Watford vs Norwich City.

Saturday

9:00 a.m. USA31 Premier League Soccer Leeds United vs Newcastle United.

Sunday

8:00 a.m. USA31 Premier League Soccer Arsenal vs Burnley.

TENNIS

Thursday

1:00 p.m. ESPN2 25 2022 Australian Open Tennis Second Round.

Friday

1:00 p.m. ESPN2 25 2022 Australian Open Tennis Third Round.

Saturday

8:00 p.m. ESPN2 25 2022 Australian Open Tennis Third Round.

Sunday

7:00 a.m. ESPN2 25 2022 Australian Open Tennis Round of 16.

Monday

8:00 p.m. ESPN2 25 2022 Australian Open Tennis Round of 16.

Tuesday

8:00 p.m. ESPN2 25 2022 Australian Open Tennis Quarterfinals.

Wednesday

9:00 p.m. ESPN2 25 2022 Australian Open Tennis Women's Semifinals.

WINTER SPORTS

Saturday

4:00 p.m. NBC4 Skiing From Deer Valley Resort, Utah. (Taped)

Sunday

3:30 p.m. NBC4 Skiing (Taped)

Sports

BASKETBALL

Thursday

5:00 p.m. BIG 10 73 Women's College Basketball Maryland at Ohio State. From Schottenstein Center in Columbus, Ohio.
6:00 p.m. ESPN24 Women's College Basketball Louisville at NC State. From the Reynolds Coliseum in Raleigh, N.C.
7:00 p.m. BIG 10 73 Women's College Basketball Iowa at Minnesota. From Williams Arena in Minneapolis.
8:00 p.m. FSN66 Women's College Basketball Miami at Florida State. From the Donald L. Tucker Center in Tallahassee, Fla.
9:00 p.m. TNT34 NBA Basketball Indiana Pacers at Golden State Warriors. From Chase Center in San Francisco.
10:00 p.m. FSN66 College Basketball Pepperdine at Loyola Marymount. From Gersten Pavilion in Los Angeles.

Friday

6:00 p.m. ESPN2 25 College Basketball St. Bonaventure at Duquesne. From UPMC Cooper Fieldhouse in Pittsburgh.
7:00 p.m. ESPN24 NBA Basketball Toronto Raptors at Washington Wizards. From Capital One Arena in Washington, D.C.

Saturday

11:00 a.m. FOX5 College Basketball Villanova at Georgetown. From Capital One Arena in Washington, D.C.
BIG 10 73 College Basketball Rutgers at Minnesota. From Williams Arena in Minneapolis.
ESPN24 College Basketball Syracuse at Duke. From Cameron Indoor Stadium in Durham, N.C.
ESPN2 25 College Basketball West Virginia at Texas Tech. From United Supermarkets Arena in Lubbock, Texas.
11:30 a.m. USA31 College Basketball George Washington at Rhode Island. From Ryan Center in Kingston, R.I.
12:00 p.m. CBS6 12 College Basketball Kentucky at Auburn. From Auburn Arena in Auburn, Ala.
1:00 p.m. ESPN24 College Basketball Teams TBA.
1:15 p.m. BIG 10 73 College Basketball Teams TBA.
1:30 p.m. USA31 College Basketball Saint Joseph's at VCU. From Stuart C. Siegel Center in Richmond, Va.
3:00 p.m. ESPN24 College Basketball Teams TBA.
3:30 p.m. BIG 10 73 College Basketball Teams TBA.
USA31 College Basketball Richmond at La Salle. From Tom Gola Arena in Philadelphia, Pa.
5:00 p.m. ESPN24 College Basketball LSU at Tennessee. From Thompson-Boling Arena in Knoxville, Tenn.



Dejounte Murray leads the San Antonio Spurs against the Memphis Grizzlies Wednesday on ESPN.

Sunday

11:00 a.m. CBS6 12 College Basketball Michigan at Indiana. From Simon Skjodt Assembly Hall in Bloomington, Ind.
FSN66 Women's College Basketball Miami at Boston College. From the Conte Forum in Boston.
12:00 p.m. BIG 10 73 College Basketball Northwestern at Purdue. From Mackey Arena in West Lafayette, Ind.
ESPN2 25 Women's College Basketball Ohio State at Rutgers. From Rutgers Athletic Center in Piscataway, N.J.
1:00 p.m. FSN66 Women's College Basketball Clemson at Florida State. From the Donald L. Tucker Center in Tallahassee, Fla.
1:30 p.m. USA31 College Basketball Massachusetts at Saint Louis. From Chaifetz Arena in St. Louis.
2:00 p.m. ESPN24 College Basketball Memphis at Tulsa. From Donald W. Reynolds Center in Tulsa, Okla.
ESPN2 25 Women's College Basketball Iowa State at Baylor. From the Ferrell Center in Waco, Texas.
4:00 p.m. ESPN2 25 College Basketball (Taped)
5:00 p.m. BIG 10 73 Women's College Basketball Indiana at Iowa. From Carver-Hawkeye Arena in Iowa City, Iowa.
7:00 p.m. FSN66 NBA Basketball Brooklyn Nets at Minnesota Timberwolves. From the Target Center in Minneapolis.

Monday

5:00 p.m. BIG 10 73 Women's College Basketball Purdue at Michigan. From Crisler Center in Ann Arbor, Mich.
6:00 p.m. ESPN24 College Basketball Louisville at Virginia. From John Paul Jones Arena in Charlottesville, Va.
8:00 p.m. ESPN24 College Basketball Texas Tech at Kansas. From Allen Fieldhouse in Lawrence, Kan.

Tuesday

6:00 p.m. BIG 10 73 College Basketball Maryland at Rutgers. From Rutgers Athletic Center in Piscataway, N.J.
6:30 p.m. TNT34 NBA Basketball Los Angeles Lakers at Brooklyn Nets. From Barclays Center in Brooklyn, N.Y.
8:00 p.m. BIG 10 73 College Basketball Wisconsin at Nebraska. From Pinnacle Bank Arena in Lincoln, Neb.
ESPN24 College Basketball Mississippi State at Kentucky. From Rupp Arena in Lexington, Ky.
9:00 p.m. FSN66 NBA Basketball Minnesota Timberwolves at Portland Trail Blazers. From Moda Center in Portland, Ore.
TNT34 NBA Basketball Dallas Mavericks at Golden State Warriors. From Chase Center in San Francisco.

Wednesday

5:00 p.m. ESPN2 25 College Basketball Florida at Tennessee. From Thompson-Boling Arena in Knoxville, Tenn.
5:30 p.m. BIG 10 73 College Basketball Northwestern at Michigan. From Crisler Center in Ann Arbor, Mich.
6:00 p.m. FSN66 College Basketball Boston College at North Carolina. From the Dean E. Smith Center in Chapel Hill, N.C.
6:30 p.m. ESPN24 NBA Basketball Memphis Grizzlies at San Antonio Spurs. From the AT&T Center in San Antonio.
7:00 p.m. ESPN2 25 College Basketball Oklahoma at West Virginia. From WVU Coliseum in Morgantown, W.Va.
7:30 p.m. BIG 10 73 College Basketball Penn State at Indiana. From Simon Skjodt Assembly Hall in Bloomington, Ind.
8:00 p.m. FSN66 College Basketball NC State at Notre Dame. From Purcell Pavilion in Notre Dame, Ind.
9:05 p.m. ESPN24 NBA Basketball Phoenix Suns at Utah Jazz. From Vivint Smart Home Arena in Salt Lake City.

FOOTBALL

Saturday

3:30 p.m. FOX5 NFL Football Divisional Round: Teams TBA.
7:00 p.m. CBS6 12 NFL Football Divisional Round: Teams TBA.

Sunday

2:00 p.m. CBS6 12 NFL Football Divisional Round: Teams TBA.
5:30 p.m. FOX5 NFL Football Divisional Round: Teams TBA.

GOLF

Thursday

11:00 a.m. ESPN2 25 Golf Latin America Amateur Championship, First Round. (Same-day Tape)

Friday

11:00 a.m. ESPN2 25 Golf Latin America Amateur Championship, Second Round.

Saturday

2:00 p.m. NBC4 LPGA Tour Golf Hilton Grand Vacations Tournament of Champions, Third Round. From Lake Nona Golf & Country Club in Orlando, Fla.

Sunday

10:00 a.m. ESPN2 25 Golf Latin America Amateur Championship, Final Round. From Lake Nona Golf & Country Club in Orlando, Fla.
1:00 p.m. NBC4 LPGA Tour Golf Hilton Grand Vacations Tournament of Champions, Final Round. From Lake Nona Golf & Country Club in Orlando, Fla.

Sports

Laker men shoot well in win over Northeast

By DAVID SWARTZ MANAGING EDITOR



Caleb Johnson (11) led the charge for Iowa Lakes against Northeast Nebraska on Tuesday.

Photo submitted

Western. The Lakers are on the road Saturday at Inver Grove Heights, Minn., to face Dakota County Technical College. Iowa Western comes to Estherville on Monday and

Ellsworth comes to town next Wednesday. Iowa Lakes 96, Northwest 69 Iowa Lakes (96) - Ryan Hall 3 0-2 8; Anthony Holden 3 1-2 8; Xzavier Jones 3 4-6 10; Joseph Owens 4 0-0 8; Caleb Johnson 8 1-2 20; Jeremiah Burke 0 3-4 3; Ozzie Meiborg 4 2-2 12; Johnathan Oden 5 3-11 13; Isaiiah Youngquist 1 1-2 3; Andrew Bennett Jr. 5 1-1 11. Totals - 36 16-32 96.

Halftime Score: Iowa Lakes 39, Northeast 29. 3-pointers - 8 (Johnson 3). Rebounds - 35 (Oden 7). Assists - 13 (Meiborg 4). Steals - 15 (Holden 5). Blocks - 2 (Oden 2). Turnovers - 15. Fouls - 24. Fouled out - Burke.

THE IOWA DISTRICT COURT FOR EMMET COUNTY IN THE MATTER OF THE ESTATE OF MARY A. DEVINE, Deceased, CASE NO. ESPR010262 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS

THE IOWA DISTRICT COURT FOR EMMET COUNTY IN THE MATTER OF THE ESTATE OF MARY A. DEVINE, Deceased, CASE NO. ESPR010262 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS

Legal Notice

ESTHERVILLE LINCOLN CENTRAL COMMUNITY SCHOOLS

January 10, 2022 WORK SESSION MINUTES The Estherville Lincoln Central Board of Education held a board work session on Monday, January 10, 2022 at 5:15pm in the High School Library/Media Center. Board members present were: Tony Condon, President, Sandy Fandel, Kathy Beernink, and Jeff Soper. Others present were: Tara Paul, Superintendent, Kate Woods, Board Secretary/Treasurer, Brad Nelson, Jason Kollasch (left 6:36pm) Work Session - 5:15pm

Call to Order/Roll Call President Condon called the work session to order at 5:15pm. Board members present were Beernink, Fandel, and Soper. Absent - Julie Agenda Approval Motion by Fandel, second by Soper to approve the agenda as presented, moving Facilities Planning before Board Goals. Motion carried 4-0.

Public Input None Facilities Planning Superintendent Paul shared the 2016-21 Facility Maintenance Plan with the board. Jason Kollasch, Maintenance Director, updated the board on Projects at the High School that will need to be done in the near future, such as the fire alarm panel, bathroom, locker room updates, LED lighting, roof repairs, asbestos tile removal. Storage is still an issue. The parking lot project will begin this spring. The Board discussed updating the ventilation system using ESSER III funds if feasible. Discussion was held on updating the Little Theatre, use of ILCC fine arts facility and the need for ELC to have an adequate facility for its fine arts department. The Board also review resources available for the projects. Superintendent Paul will update the Facility Maintenance Plan for Board review at the next meeting.

Board Goals Discussion was held on setting board goals that align with the Iowa Standards for School Leaders. After reviewing other District's goals, the Board decided on goals for themselves and Superintendent Paul will write them up for their review at the next meeting. Adjournment Motion by Soper, second by Fandel to adjourn the meeting at 7:21pm. Motion carried 4-0. The next regular meeting will be January 17, 2022 at 5:15pm in the High School Library.

Laker women cruise past Northeast

By DAVID SWARTZ MANAGING EDITOR

The Iowa Lakes women got back on track with a 73-50 win over Northeast Community College on Tuesday. The Lakers led from start to finish with a 19-10 lead after one quarter and 35-17 at half-time. Jaeda Whitner and Rachel Puok led a balanced attack with 15 points apiece. Whitner had four of the team's 11 as-

Iowa Lakes (73) - Brielle Bartlett 3 2-2 9; Jaeda Whitner 7 0-0 15; Rachel Puock 6 2-2 15; Ihari Oromo 3 0-0 6; Rachel Breck 6 1-1 13; Jasmine Jones 1 0-0 2; Jaden Giplert 0 0-0 0; Isabel Fremont 2 0-0 5; Aza Swayer 1 0-0 2; Cassidy Havens 3 0-0 6. Totals - 32 4-5 73. Halftime Score: Iowa Lakes 35, Northeast 17. 3-pointers - 5 (Puok 2). Rebounds - 35 (Puok 14). Assists - 11 (Whitner 4). Steals - 4 (Bartlett 3). Blocks - 3 (Bartlett, Whitner, Breck). Turnovers - 13. Fouls - 13. Fouled out - none.

THE IOWA DISTRICT COURT FOR EMMET COUNTY IN THE MATTER OF THE TRUST OF Doris Christensen Revocable Trust Agreement

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Legal Notice

Approved Minutes Emmet County Board of Supervisor Minutes January 11, 2022 at 9:00 a.m. Regular Meeting Board Room, Courthouse Present: Jeff Quastad, Chair Todd Glasnapp, Vice-Chair Tim Schumacher John Pluth Lisa K. Hansen Absent: Zoom Meeting Information: Meeting ID: 886 6801 6406 Passcode: 102153 One tap mobile +13126266799,,88668016406#,...*102153# US (Chicago) +164655 88656,,88668016406#,...*102153# US (New York) Quastad, Chair, called the meeting to order. All in attendance recited the Pledge of Allegiance. Motion by Glasnapp, second by Hansen to approve the meeting, also approving them for publication. All ayes, motion carried. During public forum, Auditor Sathoff reported that the final rule has been delivered on the ARP (American Rescue Plan) funds and Emmet County will be able to utilize the funds under the revenue loss category and will be able to fund the courthouse renovations and public health renovations. The Board discussed the Iowa Department of Natural Resources

letter regarding the Swan Lake project. Chairman Quastad will sign the letters for the finalization of the N52, A13 and curve projects with the Department of Transportation. Motion by Schumacher, second by Hansen to adopt Resolution #22-05 amending Resolution #22-02 Naming increase in a Depository as per IA Code Section 12C as shown below. Roll Call vote. AYES: Glasnapp, Pluth, Schumacher, Hansen and Quastad. NAYS: None. Motion carried. RESOLUTION #2022-05 Amending Resolution #2022-02 NAMING INCREASE IN A DEPOSITORY AS PER IOWA CODE SECTION 12C BE IT RESOLVED, that the BOARD OF SUPERVISORS OF EMMET COUNTY, IOWA, approves the following financial institution to be increased as depository of the EMMET COUNTY funds in conformance with all applicable provisions of Iowa Code Chapter 12C. The EMMET COUNTY OFFICERS are hereby authorized to deposit the EMMET County funds in amounts not to exceed the maximum approved for each respective financial institution as set out below.

Depository Name Location Maximum Balance Under this Resolution Recorder: Northstar Bank Estherville From: \$70,000.00 To: \$80,000.00 Whereupon, the Chair of the Board of Supervisors declared said Resolution duly passed and adopted this 11th day of January 2022. CERTIFICATION. I hereby certify that the foregoing is a true and correct copy of a resolution of the Emmet County Board of Supervisors adopted at a meeting of said public body, duly called and held on the 11th day of January 2022, a quorum being present, as said resolution remains of record in the minutes of said meeting, and it is now in full force and effect. Dated this 11th day of January 2022. Jeff Quastad Emmet County Board of Supervisors Chair Attest: Amy M. Sathoff, Emmet County Auditor Brenda Moore, Emmet County Treasurer The Board reviewed the Veteran's Affairs and Auditor's Quarterly Report. Auditor Sathoff reported that another budget amendment will be required to Emmet County's

FY2022 Budget. Motion by Schumacher, second by Glasnapp to set the public hearing date for Amendment #2 for February 15, 2022 at 9:30 a.m. Zoning Administrator, Barb Bohm, Attorney Melanie Summers Bauler, Treasurer Brenda Moore and Sheriff Mike Martens joined the meeting to discuss the draft nuisance letters for Maple Hill properties. Bohm shared the progress that has been made to date. Dave Schmidt and Arvin Druvenga of Winther, Stave & Co., LLP joined the meeting to present the FY2021 Emmet County Audit Report. The Board reviewed a letter from the Iowa Department of Natural Resources regarding Bacon Maker Site and the first supplement to the Construction Permit CP-A2010-035. The Board reviewed the following Manure Management Plan: Owner Facility Name Site Number Eric Olson Olson Site #67583 Motion by Pluth, second by Schumacher to adjourn the meeting at 10:20 a.m. All ayes, motion carried. Amy M. Sathoff Jeff Quastad Auditor Chair

NOTICE OF PUBLIC HEARING - PROPOSED BUDGET Fiscal Year July 1, 2022 - June 30, 2023 EMMET COUNTY AG EXTENSION

The Extension Council of the above named County will conduct a PUBLIC HEARING on the proposed fiscal year 2022/2023 budget as follows: Meeting Date: 2/7/2022 Meeting Time: 05:00 PM Meeting Location: Emmet County Extension Office 26 South 17th St. Estherville, IA 51334 At the public hearing, any resident or taxpayer may present their objections to, or arguments in favor of, any part of the proposed budget. This notice represents a summary of the supporting detail of receipts and expenditures on file with the Extension Council Secretary. Copies of the Supplemental Budget Detail (Schedule 674-A) will be furnished upon request.

Table with columns: FUND, FYE June 30, 2021 Actual Expenditures, FYE June 30, 2022 Re-estimated Expenditures, FYE June 30, 2023 Budget Expenditures, Estimated Ending Fund Balance FY 2023, Estimated FY 2023 Beg. Balance, Estimated Amount To Be Raised By Taxation, Estimated Utility Tax Replacement and Property Tax Dollars. Rows include 1. County Agricultural Extension Education, 2. Unemployment Compensation, 3. Tort Liability, 4. TOTAL.

Virtual Meeting Information: Proposed taxation rate per \$1,000 valuation: \$ 0.30613

Treasurer's Semi-Annual Publication Report COUNTY OF EMMET From July 1, 2021 To Dec. 31, 2021 Fiscal Year: 2022 Accounting Period(s): 1 - 6

Large financial table with columns: BEG. FUND BALANCE JULY 1, TOTAL REVENUES COLLECTED, TOTAL AMOUNT TO BE ACCOUNTED FOR, TOTAL COUNTY DISBURSEMENTS, ENDING FUND BALANCE DEC. 31, OUTSTANDING CHECKS & WARRANTS, OUTSTANDING STAMPED WARRANTS. Rows include GENERAL BASIC, GENERAL SUPPLEMENTAL, CASE MANAGEMENT, COUNTY ATTORNEY RECOVER, MH-DO SERVICES, RURAL SERVICES BASIC, RURAL SERVICES SUPPLEMENTAL, CO-CASE MANAGEMENT, SECONDARY RECORDS, REAP, RECORDER'S RECORD MGMT FUND, CO. CONSERVATION TRUST, ECONOMIC DEVELOPMENT FUND, RECORDERS ELECTRONIC TRANS. FUND, LOCAL OPTION SALES TAX, REVOLVING DRAINAGE, CAPITAL PROJECTS FUND, DEBT SERVICE FUND, EMERGENCY MANAGEMENT, E911 SERVICE SURCHARGE FUND, E-911 LOAN FUND, ASSESSOR, AGRICULTURAL EXTENSION, BETS GRANT SERV AREA 3, SCHOOLS, COLLEGE, CORPORATIONS, CITY ASSESSMENTS, RURAL WATER SPEC ASSESSMENT, TOWNSHIPS, BRUCELLISIS OR TB BANGS, ARMSTRONGS FIRE DISTRICT, GREAFTINGER FIRE DISTRICT, RINGSTED FIRE DISTRICT, AUTO, MOTOR VEHICLE USE TAX, POSTAGE, ORGAN DONOR AWARENESS FUND, ORGANIC TAXES & PARTIAL PAY, UNAPPORTIONED TAX COLLECTIONS, DEPT. OF REVENUE, TAX SALES REDEMPTION MONEY, RECORDERS ELECTRONIC FEE FUND, HEALTH INSURANCE TRUST, COUNTY TOTALS, BEGINNING CASH BALANCE, EXPENDITURES, ACCURATE ACCOUNT OF TRANSACTIONS DURING THE PERIOD(S) SPECIFIED, ENDING CASH BALANCE: 11,103,584.83

Legal Notice

COUNCIL PROCEEDINGS Regular City Council Meeting: Monday, January 17, 2022 (5:00 p.m.) Mayor/Council Present: Mayor Pro-tem J. Clark presiding via Zoom*-1; J. Heckard, R. Gage***, G. Heckard, D. Seylar, B. Carlin-5 via Zoom: A. Goebel*-1 Council Absent: None-0 Staff Present: E. Burton, G. VanLangen, L. Hevern, P. Clayton, B. Shatto, B. Friesner*, B. Mace*, D. Bradley*-8 Media Present: N. Puhl (KILR), A. Petersen (EN), G. Bower (KICD)-3; via Zoom: S. Schwaller (KUOO)-1 Others Present: Tom Nelson, Shannon Landauer-2 via Zoom: Jim Prust-1 Power Plant Tour *Brad Friesner, Bret Mace & Dale Bradley gave Council Members a tour of the power plant and the council reconvened to city hall for the remainder of the meeting at 5:38 p.m. **Mayor Pro-tem Julie Clark & Ann Goebel entered via Zoom. Minutes Moved by Goebel, second by Carlin to approve the minutes of the Jan. 3, 2022, council session. VOTE: ayes-6 abstain: Seylar-1 (absent from Jan. 3 council meeting) Reports Moved by Carlin, second by G. Heckard to approve the Financial Statement for the month of Dec., 2021. VOTE: ayes-7 ***Brent Shatto arrives. Jim Prust entered via Zoom. Accessory Building Zoning & Residential Dwelling Standards VanLangen, Code

Enforcement Officer presented a proposed ordinance pertaining to Accessory Building Zoning & Residential Dwelling Standards for approval. Roy Gage addressed the council with his concerns and discussion was held. Moved by Seylar, seconded by G. Heckard to table the ordinance. VOTE: ayes-7 Pay Estimate #10 Swimming Pool Project Pay Estimate #10 for \$127,392.01 to Sande Construction for the swimming pool project was presented for approval. Moved by Seylar, seconded by Carlin to approve Pay Estimate #10 for \$127,392.01 to Sande Construction. VOTE: ayes-7 Iowa Lakes Corridor Tom Nelson & Shannon Landauer of Iowa Lakes Corridor presented an annual update which included Business Retention & Expansion, Business Attraction, and Small Business-Entrepreneurs. Economic Development Report Lyle Hevern, Estherville and Emmet County Economic Development Director presented an update on current activities which included Redrock Wind Farm, Wind Test, and Solar. Resolution No. 2320 Maximum Property Tax Dollars for Fiscal Year 2022-23 City Clerk Burton presented information and a proposed resolution to set a date for a public hearing for the Proposed Maximum Property Tax Dollars for the Fiscal Year 2022-23 Budget. Seylar introduced Resolution No. 2320 entitled "RESOLUTION TO PROVIDE FOR NOTICE

OF HEARING ON PROPOSED MAXIMUM PROPERTY TAX DOLLARS FOR THE FISCAL YEAR ENDING JUNE 30, 2023. FOR THE CITY OF ESTHERVILLE, IOWA" and moved its adoption, which was seconded by Goebel. (This resolution sets Feb. 21, 2022 at 5:00 p.m. in the council chambers as the time and place for the public hearing.) VOTE: ayes: Seylar, Carlin, J. Heckard, Clark, Goebel, Gage, G. Heckard-7 ***Jim Prust leaves. Pay Estimate #1 2021 South Industrial Park Project Pay Estimate #1 for \$391,046.36 to Hulstein Excavating for the 2021 South Industrial Park Project was presented for approval. Moved by Gage, seconded by J. Heckard to approve Pay Estimate #1 for \$391,046.36 to Hulstein Excavating. VOTE: ayes-7 Downtown Housing Grant Lyle Hevern, Estherville and Emmet County Economic Development Director presented a Downtown Housing Grant application through Economic Development Authority for the building located at 506 Central Ave. for approval. Moved by Seylar, seconded by Goebel to approve the Downtown Housing Grant application for the building located at 506 Central Ave. VOTE: ayes-7 ***Roy Gage leaves Mayor Pro-tem Appointments Mayor Pro-tem Clark presented the following appointments for the following committees: a. Park & Recreation - Randy Nelson for a three (3) year term to March 2025.

b. Rental Housing - Roger Christensen for a three (3) year term to Jan. 2025. c. Airport Commission - Ron Duer for a six (6) year term to Jan. 2028. Moved by Goebel, seconded by G. Heckard to approve the appointments for Park & Recreation, Rental Housing, and Airport Commission. VOTE: ayes-6 absent: Gage-1 ***Roy Gage returns. Wastewater Treatment Agreement Administrator Clayton presented an updated Wastewater Treatment Agreement with Estherville Foods for approval. Moved by Gage, seconded by J. Heckard to approve the revised Wastewater Treatment Agreement with Estherville Foods. VOTE: ayes-7 Excel! Estherville Demolition Assistance Grant Administrator Clayton presented a revised Demolition Assistance Grant for abandoned or substandard residential properties for approval. The grant will reimburse 50% with a maximum of \$2,500. Moved by Seylar, seconded by Carlin to approve the revised Demolition Assistance Grant. VOTE: ayes-7 Public Forum a. Home Rule. Updates a. Tours of facilities. Adjournment Moved by Carlin, seconded by Goebel to adjourn the meeting at 6:50 p.m. VOTE: ayes-7 Julie Clark, Mayor Pro-tem ATTEST: Elizabeth Burton, City Clerk Brenda Moore, Treasurer



North Union's Sam Nielsen (30) fights for a loose ball against West Hancock as fellow teammate Lily Henderson looks for an opening in last week's Warrior win over the seventh-ranked Eagles.

Photo by Kim Meyer

WARRIORS COME UP WITH BIG WIN OVER EAGLES

Von Bank and Jones lead NU with 13 points apiece

By DAVID SWARTZ
MANAGING EDITOR

ARMSTRONG — The North Union girls picked up a big win last Thursday, Jan. 13, defeating Class 2A No. 7 West Hancock 48-39 in Top of Iowa West Conference play.

The two teams were tied 10-10 after one quarter with North Union taking a 22-21 at halftime and a 31-28 lead after three quarters.

The Warriors were helped by a strong performance at the free throw line, where they made 20-of-30 shots. North Union has been shooting under 50 percent from the foul line this season.

Olivia Von Bank and Naomi Jones led North Union with 13 points apiece. Von Bank made 9-of-10 from the free throw line while Jones was 4-of-5. Lily Henderson chipped in 11 points.

North Union (10-3 overall, 6-1 in the conference) was home Tuesday against Forest City. The Warriors will face West Hancock again this Friday on the Eagles' home floor.

North Union 48, West Hancock 39

North Union (48) Olivia Von Bank 2 9-10 13; Cassie Beadle 1 1-2 4; Lily Henderson 3 3-4 11; Libby Stevens 3 1-2 3; Naomi Jones 4 4-5 13; Emily Meyer 0 0-0 0; Alivia Charlton 0 0-0 0; Sam Nielsen 1 2-7 4. Totals — 12 20-30 48. Halftime Score: North Union 22, West Hancock 21. 3-pointers — 4 (Henderson 2). Rebounds — 35 (Nielsen 9). Assists — 6 (Beadle 2, Jones 2). Steals — 19 (Von Bank 6). Blocks — 4 (Von Bank 2). Turnovers — 23. Fouls — 15. Fouled out — none.

North Union girls defeat second rated foe

Von Bank leads team with 12 points

By DAVID SWARTZ
MANAGING EDITOR

FOREST CITY — The North Union girls are having a good week.

The Warriors defeated its second-straight ranked foe on Tuesday with a 49-48 win over Class 3A No. 8 Forest City.

North Union started well, leading 19-13 after one quarter and 35-28 at halftime. The Indians cut into the deficit in the second half, but couldn't quite complete the rally. North Union led 44-41 entering the final period.

Olivia Von Bank led a balanced Warrior attack with 12 points, eight rebounds and four blocked shots. Naomi Jones had nine points, five rebounds, four assists and two steals. Sam Nielsen had eight points

and eight rebounds. Cassie Beadle had eight points.

Reagan Helgeson led Forest City with 15 points.

North Union (11-3 overall, 7-1 in the Top of Iowa West Conference) will play Class 2A No. West Hancock on Friday. The Warriors defeated the Eagles last Thursday, 48-39.

On Monday, North Union will host North Iowa followed by another conference home game against Belmond-Klemme on Tuesday.

North Union 49, Forest City 48
North Union (49) — Olivia Von Bank 5 0-2 12; Cassie Beadle 3 0-8; Lily Henderson 2 1-2 5; Libby Stevens 1 0-0 2; Naomi Jones 4 1-1 9; Emily Meyer 2 0-0 5; Alivia Charlton 0 0-0 0; Sam Nielsen 3 2-2 8. Totals — 20 47 49. Halftime Score: North Union 35, Forest City 28. 3-pointers — 5 (Von Bank 2, Beadle 2). Rebounds — 34 (Nielsen 8). Assists — 12 (Jones 4). Steals — 6 (Jones 2). Blocks — 7 (Von Bank 4). Turnovers — 10 Fouls — 13. Fouled out — none.

Warriors fall to Indians

By DAVID SWARTZ
MANAGING EDITOR

FOREST CITY — North Union's offense never quite got on track and the Warriors couldn't slow down Forest City in a 68-39 loss to the Indians on Tuesday.

Forest City raced out to a 19-8 lead in the first quarter and led 38-17 at halftime. The Indian's lead was 54-29 entering the final period.

North Union shot 29 percent (15-of-51) for the game. Aiden Lofstrom led the Warriors with 11 points and four rebounds. Logan Odegaard had six points. Kyan Jones had five assists and three steals.

North Union (6-7 overall, 4-5 in the Top of Iowa West Conference) is on the road Friday against West Hancock

in Britt. The Warriors have a two-game home stand to start next week with North Iowa coming to Armstrong on Monday and Belmond-Klemme coming to town on Tuesday.

Forest City 68, North Union 39
North Union (39) — Preston Guerdet 1 0-0 2; Danyal Fothergill 1 4-7 6; Logan Odegaard 3 2-3 8; Nick Arndorfer 0 0-0 0; Kyan Jones 2 0-0 4; Madden 1 0-0 2; Bryce Beschoner 0 0-0 0; Nick Schiltz 1 0-0 3; Aiden Lofstrom 4 2-2 11; Jay Heinen 1 0-0 2; Landon Hagedorn 0 0-0 0; Damian Hastings 0 0-0 0; Kody Irmiler 0 1-4 1. Totals — 15 9-16 39. Halftime Score: Forest City 38, North Union 17. 3-pointers — 2 (Schiltz, Lofstrom). Rebounds — 23 (Lofstrom 4). Assists — 8 (Jones 5). Steals — 7 (Jones 3). Blocks — 0. Turnovers — 9. Fouls — 18. Fouled out — none.

Long-range woes hinder ELC vs. No. 1 Newell-Fonda

Mustangs avenge loss to Midgets

By DAVID SWARTZ
MANAGING EDITOR

NEWELL — The Class 3A No. 4 Estherville Lincoln Central girls were looking to accomplish a rare feat of defeating Class 1A No. 1 Newell-Fonda twice in the same season on Thursday, Jan. 13.

While it was a two-point game early in the fourth, the shots stopped falling for ELC and the Mustangs pulled away for a 59-48 victory.

ELC started well, scoring the last two baskets of the first quarter to lead 13-9.

The Midgets' shooting woes began in the second period as Newell-Fonda went on a 17-0 run. ELC finished with just seven points in the period and the Mustangs led 31-20 at halftime.

ELC stepped up both its offense and defense in the third quarter and it paid dividends, as ELC finished the period on an 8-0 run to cut the deficit to four, 42-38.

Jaydan Nitchals hit the first basket of the fourth quarter to cut the lead to two 42-40. ELC couldn't get any closer, as

Newell-Fonda matched ELC basket for basket until scoring late to put the game away.

ELC shot 32 percent (15-of-47) for the game, but made just 1-of-21 shots from 3-point range.

Newell-Fonda was more efficient converting 18-of-38 shots from the field including 5-of-14 from 3-point range. The teams were nearly even on free throws. ELC made 17-of-24 while the Mustangs made 18-of-25.

Haylee Stokes led ELC with 22 points while Nitchals finished with 13 points and eight rebounds.

Macy Sievers led Newell-Fonda with 25 points, as she made 7-of-10 shots from the field including 2-of-2 from 3-point range. She also made 9-of-10 free throws.

Newell-Fonda 59, ELC 48
ELC (48) — Kaitlyn Tendal 3 2-2 8; Jordyn Stokes 1 1-2 3; Jasey Anderson 0 0-0 0; Haylee Stokes 6 10-12 22; Jaydan Nitchals 4 4-6 13; Brei Christoffer 0 0-0 0; Fylee Yager 1 0-2 2; Hillary Ruschy 0 0-0 0. Totals — 15 17-24 48. Halftime Score: Newell-Fonda 31, ELC 20. 3-pointers — 1 (Nitchals). Rebounds — 24 (Nitchals 8). Assists — 2 (Tendal, Anderson). Steals — 8 (H. Stokes 2, Nitchals 2, Christoffer 2). Blocks — 3 (H. Stokes, Nitchals, Christoffer). Turnovers — 13. Fouls — 21. Fouled out — none.

ELC rally falls short

By DAVID SWARTZ
MANAGING EDITOR

NEWELL — The Estherville Lincoln Central boys had 18 more shots than host Newell-Fonda, but the Mustangs were more efficient and fended off a late Midget rally to win 68-64 last Thursday, Jan. 13.

ELC trailed by just two, 15-13, after one quarter, and four, 31-27, at halftime.

Newell-Fonda stretched its lead to 10, 62-52 by the start of the final frame.

ELC tried to make a run, but couldn't close the gap.

ELC shot 44 percent (24-of-55) from the field while Newell-Fonda shot 62 percent (23-of-37).

Owen Larson led ELC with 15 points, six assists, four steals and two blocked shots. Blake Ingvall had 13 points and 14 rebounds while Adrian Vaughn had 12 points.

Trey Jurgers and Carter Sievers led Newell-Fonda with 21 points apiece.

Newell-Fonda 68, ELC 64
ELC (64) — Ryan Schiltz 2 3-4 8; Owen Larson 7 0-1 15; Adrian Vaughn 5 0-0 12; Blake Ingvall 5 2-4 13; Jack Jensen 3 0-0 7; Alexander Sheridan 0 2-2 2; Logan Nissen 2 2-2 7; Bake Evans 0 0-0 0. Totals — 24 9-13 64. Halftime Score: Newell-Fonda 31, ELC 27. 3-pointers — 7 (Vaughn 2). Rebounds — 26 (Ingvall 14). Assists — 16 (Larson 6). Steals — 14 (Larson 4). Blocks — 2 (Larson 2). Turnovers — 17. Fouls — 16 Fouled out — Vaughn.

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- Email to kapitz@esthervillenews.net, or
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- Stop by in person

Your Valentine ad will appear in the February 8th Spirit and the February 10th Estherville News.

Please limit message to 20 words or fewer, thank you.

To: _____

Message: _____

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