## Portsmouth

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**FREE** 

## 'Snowy' spectacle visits **East Bay**

Perhaps 'largest-ever' influx of snowy owls arriving

## BY BRUCE BURDETT

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They're turning up atop barns in Westport and Little Compton and on rocks from Sakonnet to Portsmouth and Sachuest Point. One snowy owl posed even for a picture on the Jamestown Bridge recently.

And a few overshot the South Coast altogether. Crewmembers of the Woods Hole Oceano-Institution tographed one perched on a research buoy at the edge of the Continental Shelf 100 miles southeast of Cape Cod. (See it for yourself

www.whoi.edu/image-of-day/agood-omen.) Another was spotted on a Bermuda rooftop.

And some have unfortunately taken a liking to airports whose wide open spaces may resemble the northern tundra that is their usual home.

Little Compton photographer Geoff Dennis has seen it for himself. During a recent boat ride he

See **OWLS** Page 8



PHOTOS BY RICHARD W. DIONNE JR.

Portsmouth High School hosted its second holiday concert Monday night, with the symphonic band and chorus performing. ABOVE: PHS symphonic band director Ted Rausch leads the band in a holiday song. RIGHT: Director Gael Berberick leads the PHS chorus in a holiday number. All 12 members of the chorus who tried out for All-State this year were selected. Three of them — Andreas Evangelatos, Colin Redlich and Samantha Kirwin were ranked the number-one singer in the state for their respective voice parts. For more photos of the concert, see eastbayri.com.



## Meet 'Snickers the Whale'

Contest to name iconic holiday decoration raises money for local families in need

BY JIM MCGAW

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You've seen it countless times as you've driven past it on the Quaker Hill portion of East Main Road.

Now the glowing holiday whale that gushes candy canes from its blowhole has a name: "Snickers."

A recent "name-the-whale" contest was initiated by Portsmouth High School student

Erica Chase as part of her senior project to

raise money for the social service charity The Caritas Foundation. Erica said she got the idea from her English teacher, Amanda Boswell. "Everyone knows the

whale on East Main Road; Portsmouth," said Erica.

it's kind of iconic in "We decided to name the whale, and the money

See WHALE Page 8

Erica Chase



This holiday whale decoration on Quaker Hill along East Main Road, put up by the Craft family, was used in a fund-raising effort by PHS senior Erica Chase.

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## Wheelies & wisdom

Bike stunt rider shares tricks and life advice with middle school students



## 'God bless us all ...'

Boy makes acting debut as 'Tiny Tim' at Trinity Rep



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## Stunt rider shares wheelies, wisdom with students

Chris Poulos talks about making good choices and the importance of friends

## BY JIM MCGAW

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Bicycle stunt rider Chris Poulos has taken risks his whole life,

"When I was 2 and a half years old, I took my tricycle and took off," he told a few hundred Portsmouth Middle School students Friday.

His family, neighbors and the police all searched for him, only to find him more than a mile away pedaling down the middle of a busy street.

That scare didn't put a stop to his mischievous streak, however.

"When I was 4, my parents had to call the fire department to get me off the roof of my house," Mr. Poulos said.

The 1991 Bicycle Stunt World Champion didn't preach recklessness to these students in grades 4 to 6, however. Rather, his message was about boosting self-esteem, building character, preventing bullying and valuing friendship.

Of course, he had a few bike tricks up his sleeve, too.

Mr. Poulos, who lives in Narragansett but has relatives in the East Bay, has been a motivational speaker since 1988. He talks to about 150 schools, youth conferences and youth-related organiza-



PHOTOS BY JIM MCGAW

Chris Poulos "surfs" on the handlebars of his bike.

tions around the country each year. Eschewing statistics and 10step programs, he uses anecdotes and personal stories to promote a positive outlook on life to young

Before Friday's presentation in the middle school gym, Mr. Poulos said the the advice he shares with students is the same he gives to his own kids — a 15-year-old



Chris Poulos fools the crowd by leaving his bike while jumping over teachers Crystal Cavaco, Jayna Lalli and Aaron Souza. Immediately afterwards he did the jump on his bicycle.

daughter and 13-year-old son.

"It's not rocket science. I like to keep things simple," he said.

After receiving a big hand during his introduction, Mr. Poulos shared his first words of wisdom to students: Stay busy — and out of trouble — by participating in activities you love.

"There are so many hobbies. Find something you enjoy," he

In Mr. Poulos' case, his parents finally found an outlet for his boundless energy: He got his first BMX bike on his sixth birthday. He demonstrated his first trick -

riding the bike while sticking out his right leg.

"Hey, I thought it was really hard at the time," he joked.

Besides doing something they enjoy, kids need to work hard in and out of school, he said. "No matter what we do in life, we need to master everyday skills. If I didn't know the alphabet, I wouldn't know how to spell," he said. "Never stop learning, because if you do you get stale."

Mr. Poulos asked students how they can earn respect. He received several responses, such as "Be a buddy, not a bully," but not the

one for which he was looking.

"One of the things I don't hear from people is responsibility," he said. "If you're asked to clean your room and you don't, you aren't being responsible and you'll lose respect."

## Making, keeping friends

The value of friendship was another focus of Mr. Poulos' presentation. Using four student volunteers, he showed how simple it is to welcome a new friend into the fold — in this case, for a pickup kickball game. If just one person makes a connection, many more can benefit, he said.

"Justin just made four new friends and it was easy. It's like a snowball — you never know what friends you'll meet," he said, noting that one of our greatest fears is being left out.

When choosing friends, Mr. Poulos added, students shouldn't be shy in approaching kids who seem different. "I'm not going to learn something from someone who's exactly the same as me," he

As for social media, Mr. Poulos said he asks himself the same question before posting anything: "If I put that up there, is my mother going to be embarrassed by it or proud of me?

While he was sharing his life advice, Mr. Poulos spinkled in some bike stunts, much to the delight of his young audience. He popped some wheelies, "surfed" on the bike's handlebars and even slam-dunked a basketball with some help from volunteers.

He ended his presentation by jumping his bike over three teachers — Jayna Lalli, Crystal Cavaco and Aaron Souza — who bravely lied down on the gym floor.

To learn more about Chris Poulos, visit www.chrispoulos.com.











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## 'Tiny Tim' introduces boy to his new love: acting

Nicholas Maltais, 8, hustled to Trinity Rep six days a week

BY JIM MCGAW

jmcgaw@eastbaynewspapers.com

Before he got the acting bug, 8-year-old Nicholas Maltais of Tiverton was planning on becoming a software engineer.

But now that he's starring as Tiny Tim in Trinity Repertory Co.'s annual holiday production of "A Christmas Carol," he's had to rethink his career plans.

"Probably, I'm going to do both," said Nicholas, a third-grade student at St. Philomena School who appears in the production's "red" cast (there's another group of children who play in the "green" cast).

Added his mom, Michelle Maltais, "He could pay the bills — and act."

It's been a whirlwind few months for the young boy and his family, who have been traveling from Tiverton to Providence six days a week for rehearsals and performances for more than two months now.

"Right after school, all day on the weekends and it's been going since Oct. 10," Ms. Maltais said. "His first performance was Nov. 6 and it goes through the 28th of December. They do more than one (performance) a day, but never with the same children's cast. Starting next week he has 11 straight shows in a row."

The family (dad is retired Tiverton Deputy Police Chief Nicholas Malais, who now works for Salve Regina University's campus police, and his brother Zachary just turned 7) certainly didn't see this coming. Nicholas had no previous acting experience, but he also has no shortage of confidence. It started when he saw Cardi's Furniture Store's commercials promoting the auditions for Trinity Rep's beloved holiday

"I saw the commercials on TV, and I was really excited to do it," said Nicholas.

His mom wasn't so sure.

"I thought it was a horse and pony show, there were going to be a couple of hundred people there, we were going to be in line all day," Ms. Maltais said. "I must have said no at least 50 times and finally I got sick of hearing him say, 'Mom, please take me!'"

So they went, despite the fact that Nicholas didn't even know the story of "A Christmas Carol." Like his mom feared, there were more than 200 people at the first round of auditions, which was whittled down to 50 in the second round.

"We went to the tryouts one time, and I got that. Then I went for the second tryout and I got that and I ended up getting it,"

The director was impressed with Nicholas' seemingly innate acting skills. "He just has a natural ability," said Ms. Maltais. "He's a player."

Although performances began in November, Nicholas didn't get to see one of the full shows — from the audience — until Dec. 11. What did he think?

"It teaches a lesson about Christmas and how (Tiny Tim) can see the good in others," said Nicholas, adding that he never tires of playing the character.

And yes, he knows that line pretty well by now. "God bless us all — everyone," he

As is the case with many Trinity actors, Nicholas plays more than one part. This



MARK TUREK

Nicholas Maltais, as Tiny Tim, is held aloft by Fred Sullivan, Jr. as Scrooge in Trinity Rep's 37th annual production of Charles Dickens' "A Christmas Carol." Nicholas got the part without any previous acting expe-

year Trinity added an extra wrinkle, too.

"This time there's no Ghost of Christmas Future; it's the Ghost of Tiny Tim and I play him, too," said Nicholas, who also performs in the roles of a caroler, an orphan, an apprentice at Fezziwig's and more.

The family hopes the roles could lead to bigger things.

'The kid who played the turkey boy a couple of years ago was asked to be the best friend to Greg in the 'Diary of a Wimpy Kid' movie," said Ms. Maltais. "They always have scouts in the audience. You never know."

### **Rush-hour blues**

The biggest challenge of being a Trinity child actor isn't memorizing lines or hitting the right spots on stage.

"It's the traffic," said Nicholas.

Fridays are the worst.

"There have been Fridays where we give ourselves two hours trying to get there. It's always insane. It's a 20-minute ride but it takes two hours at rush hour," said Ms. Mal-

The six-day-a-week schedule means that on some nights, Nicholas is up until 10:30 p.m. doing his homework. Despite the hustle, he's kept his grades up, impressing St. Philomena Principal Donna Glavin-Bettencourt, who came to see Nicholas perform Sunday night.

"She said she was surprised at well he did on his report card," said Ms. Maltais. "He got seven As and three Bs, and one of the Bs was in gym — his least-favorite subject. He got an A+ in science and an A in advanced math."

Although Nicholas has made new friends at Trinity and loves acting, there is one part of the experience of which he's not fond.

"For the ghost, I have to put on all this makeup. After every show, I have to take a

THEATER REVIEW

## Get in the spirit with Trinity's 'A Christmas Carol'

Julia Tlapa is a seventh-grade student at Portsmouth Middle School. This was one of several reviews students wrote after attending a performance of "A Christmas Carol" during a field trip to Trinity Repertory Co.

BY JULIA TLAPA

Special to The Portsmouth Times

harles Dickens' "A Christmas Carol" is presented very accurately at the Elizabeth Malcolm Chace Theater by Trinity Repertory Company. Directed by Tyler Dobrowky, this play takes on a very fitting feel for the chosen time period. Adapted from the original novella by Adrian Hall and Richard Cumming, the play captures all crucial moments from the novella per-

For those of you that have

somehow managed to evade the inspiring holiday tale, here is a quick abstract: An old cheapskate called Scrooge is content with his life of underpaying his employees and running the reserves of his renters dry. Frugal as he may be with money, Scrooge hands out cruel and callous comments with a doling heart. In one night, four spirits visit Scrooge in an attempt to change his attitude forever, and for the better.

Three actors stood out exceptionally during the play: Stephen Thorne, who plays the part of Marley (Scrooge's long-dead business partner); Joe Wilson Jr., with the part of the Ghost of Christmas Present, and Carissa Platt, playing the part of Scrooge's nephew's sister-in-law. All three of these actors were very believable; they exhibited a profound performance. All were loud and clear in

their articulation, especially considering the unorthodox accents called for by the dated time.

Stephen Thorne was very convincing at portraying being chained to the past. He was undoubted during his death scene, too. Joe Wilson Jr. communicated the personality of his character very well; his wide eyes indicated honesty, a feat often associated with kindness and cheerfulness. Wilson was also loud and boisterous, but in the goodnatured way the Ghost of Christmas Present was designed to be.

Carissa Platt was very adept at becoming the ditzy sister-in-law of Fred, Scrooge's nephew. So adept, in fact, that some might say that it wasn't an act. Even her costume and wig indicated that she was easily amused, with the jaunty bounce of her pigtails. Though some would say that act

ing is merely putting the words of others into your own mouth, these actors did more than that. They became their characters, adapting the different personalities as if it were as easy as changing your clothes.

The ramshackle boards of the set were very convincing, setting the mood of a poor town that had neither the time nor the money to fix its failing architecture. I am sure that the large and luminous clock, that was perhaps a key part in the story, reminded every member of the audience of the great clock in London, which was most likely the intention of it. One of the most magical moments was when "snow" began to fall from the sky. "Oohs" and "aahs" were chorused from the audience when the wonders of the 21st century were displayed. When the lamp-lighters

came through the onlookers and "lit" the lamps, all were amazed at the incredibly perfect timing. The costumes were appropriate, as Scrooge was dressed in finery and everyone around him was in rags; it demonstrated his frugality.

The makeup on the dead Tiny Tim (Ghost of Christmas Yet to Come) and Marley really showed that they were departed from the earth. At sad times, a violin was heard playing a depressing tune, and at the climax of the scene the music got louder.

Overall, Trinity's performance was a success. The emotional moments were intense and received the appropriate reactions from the audience; there was never a dull moment when the crowd was bored or inattentive. Anyone with a love for the holiday spirit would enjoy this adaptation of "A Christmas Carol"!

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## Lawmakers: Tide turning against bridge toll

Rep. Jay Edwards speaks to residents in Common Fence Point

### **BRUCE BURDETT**

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He is "cautiously optimistic" that a plan to kill Sakonnet River Bridge tolls will win the day, state Rep. Jay Edwards told an audience of over 120 people at Portsmouth's Common Fence Point Community Hall last week.

He and senators Louis DiPalma and Christopher Ottiano and Rep. Ramond Gallison Jr., were there Dec. 11 to update residents on work being done by the Special Legislative Commission to Study the Funding of East Bay Bridges, of which Edwards, DiPalma and Ottiano are mem-

"If you had asked me a year ago I would have said we had probably a 40-60 chance of getting rid to tolls," said Rep. Edwards, the deputy majority leader of the House of Representatives. "Now I'd say we have a 55-45 shot." The other lawmakers agreed

with that assessment.

He added that if Portsmouth succeeds in its legal case against tolls, "people might even get a refund" for tolls already

The lawmakers said there are several factors behind their growing confidence that a way around tolls will be found.

"The general mood regarding tolls has changed," Mr. Edwards said, both among Rhode Islanders and his State House col-

He noted a recent Providence Journal/WPRI poll that showed people in the state oppose Sakonnet River Bridge tolls by a 57-35 percent margin (8 percent undecided).

"That is significant. We already knew that people here are against the toll. But this showed strong opposition statewide," he said.

He senses the same among state representative and senators, he said. "Not all are on board but there has been a real swing against tolls."

Among the testimony the commission has heard is perspective from other

places. Rep. Edwards said he found it interesting that only seven other states "have a quasi (Like the RI Turnpike and Bridge Authority) running their roads or bridges."

Also encouraging is the general condition of the state budget — there has actually been speculation about a surplus this

And "finally, I believe that when we've had time to look at the whole issue of state highway and bridge funding, not just this bridge, we will come up with something that will permanently fund the DOT ... Everything is on the table" — fees on drivers's licenses, car inspections and gasoline taxes.

Time is short. The commission will need to come up with an alternative plan by January 30. The legislature would then have to approve that plan by April 30 – "that's light speed by legislative standards."

The lawmakers also told the audience that it is important for people to keep the pressure on as the process enters its final

## **Bridge panel meets Thursday**

The Special Legislative Commission to Study the Funding for East Bay Bridges will convene Thursday, Dec. 19, at 4 p.m. in Room 35 of the State House.

The agenda includes a staff recap of all outstanding questions and issues, as well as a review of possible funding sources and commission member discussion. The chairmen will then address the commission's next steps.

Public testimony will be limited to the presentation topic. There is also an opportunity to offer written comments for the commission's consideration at

http://webserver.rilin.state.ri.us/bridgefunding/contact.html.

The commission, co-chaired by Rep. Helio Melo (D-Dist. 64, East Providence) and Sen. Daniel Da Ponte (D-Dist. 14, East Providence), was established during the 2013 legislative session to allow lawmakers and officials from affected state departments and agencies an opportunity to investigate all types of equitable and reliable funding mechanisms and strategies to support Rhode Island's infrastructure, including the Sakonnet River Bridge.

For information and video of the commission's previous hearings, visit

http://webserver.rilin.state.ri.us/bridgefunding.

## Aquidneck Medical Associates announces merger

*Medical group expands* care for Portsmouth residents, others

Aquidneck Medical Associates and University Medicine Foundation today announced recently that their two physician groups will merge operations effective Jan. 1, 2014. Aquidneck Medical Associates has offices in Portsmouth (77 Turnpike Ave.)

and in Newport.

The new medical group will include 185 physicians and 200 staff who will serve more than 100,000 patients throughout most of Rhode Island. Aquidneck Medical Associates is comprised of 11 primary care physicians and 38 support staff.

"We expect that in the near future this merger will bring high quality specialty care closer to the residents of Newport and Portsmouth," said Dr. Keivan Ettefagh, president of Aquidneck Medical Associates. "It will allow us to expand on our 50-year tradition of great service, and soon patients will no longer have to

cross two bridges and drive 30 miles to reach many specialists."

Dr. Ettefagh said the merger won't affect the level of care for patients. "A significant factor in our decision to join University Medicine is that our patients will see little if any change and our physicians and staff will be able to continue to provide personalized care for our patients," he said.

Joining University Medicine will enable Aquidneck to offer innovative clinical care such as their patient-centered medical homes and will enhance its ability to participate in new healthcare models under the Affordable Care Act, such as accountable care organizations, he said.

University Medicine has 15 locations throughout the state that offer primary care and 10 different medical specialties. University Medicine is an independent group affiliated with Brown University and Lifespan Health Sys-

"The combined operations will allow us to expand services to more patients, participate in new programs with insurers, enhance our technology and improve administrative services," said Dr. Lou Rice, president of University Medicine Foundation.

For more information, visit www.aquidneckmed.com.





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## Students from every grade learn 'An Hour of Code'

Week-long program aims to demystify computer science

## BY JIM MCGAW

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A little puppy was lost the other day, but kindergarten students at Melville Elementary School helped the dog find its way back

In doing so, the young pupils had a little help themselves: their

Along with students in all grades throughout the school district, they were participating in the "House of Code" event during Computer Science Education Week Dec. 9-15. The event was organized by Code.org, a nonprofit dedicated to promoting computer science education with the goal of having every K-12 student in America participate to help introduce computer programming to students of all ages.

"Statistics show that only 10 percent of schools in the U.S. offer computer programming classes," said Assistant Superintendent of Schools Jeff Schoonover. "As for employment opportunities, computer programming jobs are growing at twice the national average, are among the highest entry-level salaries, and are estimated to have approximately 1 million unfilled positions."

Mr. Schoonover said computer programming teaches students skills that can be applied in many different areas.

"Computer science and coding teaches students skills such as design, problem solving, and logical reasoning that are critical to success in a variety of fields and other subjects," he said.

Students were introduced to programming concepts such as sequencing, using loops and repetition and conditional logic. Students in grades 2 to 3 learned the same programming concepts by individually writing code to complete an "Angry Birds" puzzle or to create their own holiday cards using the Scratch program from the Massachusetts Institute of Technology. Students at the middle and high schools were taught the same concepts at more advanced levels to create computer games, complete various activities or create digital hardware.

At Melville Friday, library media specialist Ruth Donahue began a presentation to kindergarten students by acting like a computerized robot and asking the kids to give her simple instructions one at a time.

"When you're a computer, you can understand only step-by-step directions," said Ms. Donahue, who has a background in computer science.

She said the "Hour of Code" is different than an educational computer game in that it actually teaches students how a computer program is written.

"It's a little more math-based



Melville Elementary School kindergarten student Kai Chilabato navigates the Portsmouth School Department website using an interactive white board.

and sequential — how a computer actually runs," said Ms. Don-

On in interactive white board, students took turns on a coding program that helped an animated dog get to his food. They had to click and drag simple commands "run," "jump," etc. — and place them in the correct order.

"Computers are so picky. You have to tell them to do exactly what you want," said Ms. Don-

Using a slightly more advanced programming method, Emma Nadal chose a "run" command and repeated it nine times to move the puppy more efficiently.

"You're really smart," Ms. Donahue said. "You're going to be a computer programmer someday."

After the exercise, students headed down to the school's computer lab, where they each tried similar tasks on a personal com-

## 'Opens up new world for them'

Melville Principal Elizabeth Viveiros said she was so impressed with the "Hour of Code" program that the school decided to continue it this week.

"We've taken a lot of initiatives this year to ensure that there's technology in the hands of all of our students," she said. "There are so many multiple intelligences and it's amazing what this particular coding activity is doing, especially with some students who are struggling a little bit more. It opens up a new world for them."

The campaign aims to demystify computer science for students by taking them through introductory tutorials that can be completed online, on a smartphone, or even without a computer or other connected device.

"We know that computer science is what makes the iPods we love work and is a leading source of high-paying jobs. Learning to code arms students with a skill very few in this country have," said School Superintendent Barbara McGann.

For more about the Hour of Code and Computer Science Education Week, visit http://csedweek.org.



Melville librarian Ruth Donahue helps kindergarten student Rafferty Dionne with a programming problem inside the school's computer lab last week.



Mrs. Donahue watches kindergarten student Elizabeth Farwick as she organizes a set of computer programming commands on an interactive white



Kindergarten student Lyla Morrow works on a coding exercise inside the school's computer lab last week.



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## Opinion

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## **EDITORIAL**

## Owls need elbow room

he recent visit by snowy owls is a rare treat, one to enjoy from a distance.

These are beautiful birds, far from their Arctic home. The fact that they are here suggests all is not well with these owls. Experts think they've headed south because their normal food supply—mostly Arctic lemmings — has dried up.

So they now find themselves far from home in a strange,

## ■ WHERE TO WRITE:

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crowded place full of people, trees and other things they aren't used to. Finding food is likely a challenge here too — we've got squirrels and gulls but precious few

lemmings.

Surviving winter here won't be easy but we can help by giving them a wide berth and keeping the pets under control.

Savor the spectacle — through binoculars and the long lens

## Tolls leave sour taste

hey loved our area, English visitors told a reporter, but the \$18 they paid for a back-and-forth Sakonnet River Bridge crossing was over the top.

It was that much thanks to a disgraceful processing fee tacked on by their rental car company. Turns out other rental car companies are doing it too —something else the toll backers did not foresee.

But the toll plan envisioned by the R.I. Turnpike and Bridge Authority is nearly as outrageous.

The Authority would like to charge visitors over \$10 per round trip (still not counting rental precessing fees) and apparently believes they will put up with it.

The reaction of those English visitors says otherwise. The unfairness of such a fee for crossing a puny bridge soured the experience for them. Such impressions linger, word gets around, and soon people head to more welcoming places — like Cape Cod.

Consider such stories early warning.



RICHARD W. DIONNE JR.

## Santa's musical elf

Portsmouth High School senior Darby Craft dressed appropriately for the season as she performs with the symphonic band at Monday night's holiday concert.

## LETTERS TO THE EDITOR

## Bridge tolls already driving tourists away

To the editor:

How much more proof do we need that the idiotic idea of a 10-cent toll on the Sakonnet River Bridge, and no intelligent way of collecting it, has to be the worse act of stupidity ever perpetrated on the citizens of this state and its visitors?

I am speaking of the most recent incidents, now coming to light, and reported in the Journal, and elsewhere, on how visitors and tourists to "Rogues" Island arriving in rental cars, are being needlessly financially slammed because of the callous, arrogant and totally incompetent R.I. Bridge Authority chairman. David Darlington and his

minions, for their lack of forethought and planning regarding the collection of tolls. Now we see the impact the half-baked system is having!

Obviously, I am referring to the most recent incident involving a couple from England who rented a vehicle to visit us and had to cross the Sakonnet River Bridge. That resulted in their incurring the 10-cent toll, and an \$18.10 administrative fee since no fair or intelligent process for the collection of this toll has been put in place.

slammed because of the callous, arrogant and totally incompetent R.I. Bridge Authority chairman, David Darlington and his The more logical and intelligent people from Tiverton, Little Compton, Aquidnick Island, and elsewhere, have been trying to

get across to the incompetent decision makers behind this plan the devastating impact their actions could possibly have — especially the effect it could have on tourism, the driving force to the area's economy. So far it's all been to no avail.

Do we now need any further proof that it needs to be done away with?

And, while we are doing away with the toll, how about we get rid of Mr. Darlington and his entire crew. They have now proven beyond any shadow of doubt how useless and incompetent they are.

Tom Letourneau Cumberland

## PORTSMOUTH TIMES

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R. S. Bosworth Jr., Publisher Emeritus

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This newspaper does not assume responsibility for errors in advertisements printed herein, but will print without charge that part of any advertisement in which an error occurs.

## Don't let the Grinches win this season

Reader Karen E. Bagley of Portsmouth shared with us this poem that her grandfather, Algot Wallin, wrote in December 1967. She prefaced it with a line from Charles Dickens: "Every idiot who goes about with 'Merry Christmas' on his lips should be boiled with his own pudding and buried with a stake of holly through his heart."

## The Hope of Christmas

By Algot Wallin
The very name of Christmas
Has such a pleasant sound
It brings to mind a manger
And shepherds on the ground;
Who stunned with awe and fear
Looked up to see a light
That shone with greater brightness
And broke the spell of the night.

It brings to mind the angels Whose voices loud and clear First brought the wondrous message That still, we like to hear It is a song — a theme song — Of people everywhere Whose hearts are full of prayer With words that sounded there. A hope that never leaves us That the miracle of birth Will someday bring fulfillment And give us Peace on Earth

O, Mankind, what has happened That stolidly you live And never quite insist on The only gift to give To future generations A gift of real worth The song that goes with Christmas And calls for Peace on Earth.

Is it so terrible to express the spirit of kindness to our fellow man by a simple greeting of "Merry Christmas"?

Try it, it feels good.

## Men charged with resisting arrest in separate incidents

Here are some highlights from the Portsmouth police log from over the past week.

## Tuesday, Dec. 10

Kenneth J. O'Brien, 47, of 498 Park Ave., was charged with domestic assault and domestic vandalism with malicious injury to property. Police made the arrest after responding to Mr. O'Brien's home for a report of a domestic assault.

## Wednesday, Dec. 11

Robert E. Smith, 43, of 94 Seaconnet Boulevard, was charged with domestic assault, refusal to relinquish a telephone and domestic larceny. Mr. Smith had been wanted on an affidavit warrant and was arrested at his home around 5:30 p.m., police said.

### Friday, Dec. 13

Julie L. Truver, 57, of 697 Bristol Ferry Road, was charged with domestic assault at about 6:30 p.m. Police said the alleged assault took place during an argument over child care duties.

Zachary W. McGaw, 28, of 38 Stevens St., Tiverton, was charged with domestic willful trespassing. Police officers from Portsmouth and Tiverton made the arrest at Mr. McGaw's home around 7:30 p.m. Police said he had violated a no-trespass order at a Bristol Ferry Road home earlier in the day.

Robert F. Muldoon, 52, of 228 Sprague St., was charged with domestic assault and possession of prohibited weapons other than firearms (brass knuckles). Police made the arrest around 11:30 p.m. as they went to his home to serve a warrant.

## Saturday, Dec. 14

Dennis Szafir, 65, of 51 Middle Road, Apt. 213, was charged with disorderly conduct and resisting arrest after police responded to his apartment for a noise complaint around 9 p.m. Upon seeing two police officers, Mr. Szafir immediately yelled obscenities at them, according to police. Police also learned that an active bench warrant for Mr. Szafir's arrest had been issued by Second District Court.

**Dennis W. Gagne**, 45, of 47 Holliston Ave., was charged with domestic vandalism with malicious injury to property, refusal to relinquish a telephone and resisting arrest. Police responded to Mr. Gagne's home for a report of a domestic disturbance at about 3 p.m. Police said he had been drinking and threw a family member's cell phone to the ground.

eastbayri.com 24/7

## Queen's greetings

Local pony will star on Queen Elizabeth's Christmas card

Tiverton pony named Lady Liberty will help Queen Elizabeth share Christmas greetings with family and friends this holiday season. The queen's card will feature a photo of Liberty frolicking in the snow one day last winter in her Brayton

Road, Tiverton, paddock. Jessica O'Donnell took that photo of her pony and later found an unusual letter in her

mail. "On the envelope were the words 'Royal Mail.' I thought, 'That's strange.' I couldn't imagine what that was all about."

Inside was a royal-stamped note from the queen — her secretary, actually — thanking Ms. O'Donnell for letting the queen use her

That picture, the note added, will appear on the British queen's Christmas card.

"I was shocked," Ms. O'Donnell said. "I couldn't believe what I was reading."

Except that also in the envelope were examples of the card itself. "So it's real — and it's beautiful."

When she had had a moment to let the news sink in, it started to make sense. Months ago she had received an inquiry from the president of the Fell Pony Society in England asking whether it might be possible to use her picture in some way.

"I replied, 'Sure. No problem.'"

And Ms. O'Donnell said she also knew that Queen Elizabeth is a passionate admirer and defender of the rare Fell pony, a working moorland breed native to northern England. The 87-year-old queen owns over half a dozen of them and still rides them on occasion.

"What really excited me was that this breed is so loved in England and she chose a U.S.bred pony for her card," Ms. O'Donnell said. "And even more cool, this one is named 'Lady Liberty."

Ms. O'Donnell said she tries to keep a cam-



Jessica O'Donnell with Lady Liberty, the Fell pony whose image appears on Queen Elizabeth's holiday card.

era with her at all times and it paid off that day last winer.

"It was one of those beautiful mornings after a snowfall, about 10 inches of snow that was sticking to the trees ... Liberty was out cantering around, frolicking in the snow having a great time — they love the snow," she said. "I just got lucky."

The daughter of John and Ethel Viveiros, Jessica grew up at the family's Brayton Road home surrounded by animals and came to love horses early on.

"I was home-schooled, so that provided me with more flexibility to spend time learning about horses and their training." That led to work with dressage and to competitions and, eventually, to a career as a horse trainer.

She's married now (husband Matthew) and living on Stone Church Road in Tiverton but does her training work at her parents' Brayton Road property where there is horse barn and training facilities.

Ms. O'Donnell said she has long admired the Friesian horse and has trained some of them.

"One day I saw a picture of what turned out to be a Fell pony. I didn't know what it was, just that it was so beautiful ... I learned everything I could about them." Her work for a Maryland client with Friesian horses led to her first Fell pony experiences — training two Fell ponies who would turn out to be Liberty' parents. That mare, along with Liberty, is still in Tiverton and will give birth soon to another foal.

## **Big-boned animals**

These aren't the pint-sized ponies most people envision, Ms. O'Donnell said, but solid, big-boned animals sturdy and balanced animals able to carry riders, pull carts and do

"And they are beautiful. Liberty is black, many are but others are bay or gray, they have these great thick tails, flowing fairy-tale manes and feathered feet."

And "they can do anything" — from traditional work on farms to dressage, jumping and other show events. "They are great companions, very friendly," she said.

## **PUBLIC NOTICE**

Rhode Island Department of Human Services

Announces, effective January 2, 2014,

the Relocation of the Pawtucket Office

From

24 Commerce Street, Pawtucket

To

249 Roosevelt Avenue, Pawtucket

There will be no interruption of services

Telephone Number will remain the same

401-721-6600 ( www.dhs.ri.gov



Lincoln D. Chafee, Governor, Sandra M. Powell, Director

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Wednesday January 29th

Register at drinkanddabble.com



## **OWLS:** Arctic visitors flock to the East Bay area

From Page 1

photographed six of them on coastal rocks. Two were across the Sakonnet River at Middletown's Sachuest Point, two at Sakonnet Point's Lloyd's Beach, and one each on East and West islands out near the Sakonnet Light. He has also photographed them recently up in trees and on rooftops.

"One snowy around here is a pretty big deal, two certainly a notch or more above that, but six snowies in one quick boat ride ... unbelievable," he said.

David McCollum of Portsmouth said he recently spotted the bird by Portsmouth Abbey, although he didn't realize what it was until later.

"About a month ago I was down on the beach there with niece, and heard some noise and there was one flying back and forth from one tree to another," he said. "It was almost as if it were in a panic, making screeching sounds — very distinct. I looked it up immediately after getting home and realized it was a snowy owl. Wish I had my camera; he/she was very beautiful. It was definitely one of the most majestic creatures I have ever seen."

They've seen them in Westport, too. Around Allens Pond, near Cherry & Webb Beach and other places, photographers are urged to keep their distance and leave the dogs at home. Constant disturbances cause the owls to use



PAUL CHAMPLIN

A snowy owl takes off with prey — a ring-billed gull it had captured — near Baker's Beach in Westport. Observers say that owls seem to be targeting birds here — gulls, American black duck, bufflehead and others.

up energy and can interfere with their hunting, naturalists caution.

Observers say that owls seem to be targeting birds here — gulls, American black duck, bufflehead and others — in part because other prey may be more difficult to find.

"We're experiencing what could be the largest-ever influx of Arctic snowy owls into the Northeast and the Great Lakes states. And more may be on the way," said the Cornell Lab of Ornithology last Wednesday.

Adds eBird, an organization that tracks bird sightings, "Snowy

owls are staging an incredible invasion and reports continue to roll in."

"More than likely these snowy owls are moving south from the Arctic because of a shortage of their favorite food up north lemmings, or because of a bumper crop of young," said Cornell biologist Kevin McGowan. "We can expect them to stick around through early spring before they head back to the Arctic again."

## **Worrisome for airports**

Although memorable for birdwatchers, the snowy owl abundance has been worrisome for airports. Several were shot at New York City airports after one was sucked into a jet engine.

"The killing of some owls at New York City airports has resulted in an outcry against the practice," Dr. McGowan said, and a change in removal techniques. Recently, the Port Authority there announced that it "will move toward nonlethal trap and release methods" as is done at Boston's Logan Airport. "We applaud the move by the Port Authority to pursue nonlethal methods of removing snowy owls from JFK and LaGuardia airports. This is essential to reduce risk to people, and it also preserves the lives of these magnificent raptors."

Dr. McGowan urges birders to take advantage of the rare opportunity.

"This year's snowy owl irruption is the largest we've seen in decades in the Northeast and this is an awesome opportunity for people to see these birds. A really great way to find out where they are in your area is to check out the live maps at eBird, which tracks reports of the Snowy Owls, at www.eBird.org."

With additional reporting by Jim McGaw.

## WHALE: Naming contest raises money for families in need

From Page 1

would go toward Caritas for use in the public school systems for families in Portsmouth."

Ralph Craft, who puts up a creative holiday decoration in front

207 Newport Ave. Pawtucket, RI 401.726.4240

8236 Post Rd. N. Kingstown, RI 401.884.2411

of his house on Quaker Hill annually — last year was a tree, the year before that a fisherman — welcomed the idea.

"I said 'Sure, go for it.' It's for a good cause," Mr. Craft said.

So Erica invited people to

name the whale for a \$1 donation per suggestion. The contest ended Monday night, when the winning ticket — held by Elizabeth Velzis, who named the whale "Snickers" — was pulled at random during the PHS holiday

purchases over \$399. "(replacement only; must tie in to

existing plumbing) Lighting available only in Pawtucket

Like Us On facebook

location. Only applies to in-stock lighting

concert

In keeping with the "fish" theme (OK, it's a mammal), Ms. Velzis also took home a \$25 gift certificate from Scampi restaurant.

The name-the-whale contest was just one part of Erica's ongoing senior project to benefit Caritas.

"The three days before Thanksgiving I did Coins for Caritas, where we collected coins," Erica said. "Each grade was separate and the eighth grade won. On the last day we did a hat day, where each grade wore different hats and got a prize. We raised \$464."

If you didn't participate in either fund-raiser, you can still donate money toward Erica's project. Drop off or mail a check made out to "Caritas Foundation" in care of Nan Souza, school nurse at Portsmouth Middle School, 125

Jepson Lane, Portsmouth, RI 02871.

The need is year-round, so donations are welcome any time, Erica said. Also, if there's a local family in need of help from Caritas, they should contact their child's guidance counselor.

Erica, who wants to study nursing after graduation, said there are needy families everywhere, including in Portsmouth.

"I think the majority of people know there are always going to be those families that can't afford good coats for the winter, which is something that's big; there's always a holiday coat drive at Caritas," she said. "Some families moved here to get out of bad situations, but they don't have enough money."

For more information about Caritas, visit www.caritas.org.



Find more photos at eastbayri.com 24/7

## Senior center to close early Christmas Eve and be closed on Christmas Day

The Portsmouth Multi-Purpose Senior Center at 110 Bristol Ferry Road is open from 9 a.m. to 4 p.m. Monday to Friday. You don't have to be a Portsmouth resident to join, but you must be 55 years and older. Annual membership dues are \$12. For more information, call Cynthia, the director, at 683-4106.

All listed events and trips are open to the public.

An Arthritis Foundation exercise program with Program Director Sherri Dalton from Blenheim-Newport is on Thursday, Dec. 19, from 1:30 to 2:30 p.m. Sign up in the office to reserve a space or call 683-4106.

The center will close at 1 p.m. on Christmas Eve, Tuesday, Dec. 24, and will be closed on Christmas Day, Wednesday, Dec. 25.

The center will close at 1 p.m. on New Year's Eve, Tuesday, Dec. 31, and will be closed on New Year's Day, Wednesday, Jan. 1.

A trip to Bermuda with Norwegian Cruise Lines is from May 9 to 16, with eight days and seven nights (two nights in King's Wharf). The ship departs from Boston. A passport is required. For pricing, call the senior center at 683-4106.

Ongoing events

The thrift shop is open on Monday to Friday from 9:30 a.m. to 3 p.m. (closed from noon to 1 p.m. for lunch) It is closed holidays. There are many household and decorative items, and there is cloth for those who sew, yarn for those who knit or crochet and lots more.

Full course, nutritional meals are served to those 60 and older or the disabled at noon Monday to Friday at the center, and reservations are required 24 hours in advance. You do not have to be a member of the

senior center. The suggested donation for the meal is \$3.

On Thursdays, chorus is at 9 a.m., and cards are at 1 p.m.

On Fridays, aerobics exercise with Stephanie Synnott is at 9 a.m. On Mondays, line dancing is at

10 a.m. and bridge is at 1 p.m. Billiards are from 9 a.m. to noon Monday, Wednesday and Friday.

On Tuesdays, Zumba Gold is at 9:30 a.m. with instructor Cheryl Kearns and the Alzheimer's Caregivers Support group meets at 9:30 a.m. Free Netflix movies are shown at 1:15 p.m. on the 53-inch big screen TV.

SHIP (senior health insurance program) with Janet Holmes is on Tuesdays from 1 to 3 p.m. (except the second Tuesday of the month). SHIP specializes in health insurance plans, such as Medicare Part A, B, C and D, Medicare Advantage, several supplemental plans and RIPAE. She also can help you with your medical bills. Available by appointment only. Call Cynthia at 683-4106 for an appointment.

The fitness center is open from 9 a.m. to 3:30 p.m. Monday to Friday for members only. Exercise programs are open to members and non-members.

If you are over 60, you may be eligible for SNAP (Supplemental Nutrition Assistance program), formerly food stamps. Income for a household of one, \$1,670 monthly gross income; or income for a household of two, \$2,247. Call Cynthia at 683-4106 for an appointment on the second Friday of the month.

RIDE Bus transportation for the elderly and disabled is offered to and from the meal site at the center (it's \$2 each way). Reservations are required. Also, the RIPTA Flex Service Bus is available with 48 hours advance notice.

## AT THE SCHOOLS

## Science Fair needs judges in January

The Portsmouth High School science department would like to invite you to help them judge the annual PHS Science Fair. This year's science fair is Tuesday, Jan. 7, during the school day. No experience is needed.

Judges are needed for three time slots: 7:30 to 9 a.m., 9 to 10:30 a.m. and 10:30 a.m. to noon.

If you have the time and are willing to help, respond to beeb

ek@portsmouthschoolsri.org or call 683-2124, ext. 2200.

## Music Boosters are collecting shoe donations

The Portsmouth High School Music Boosters is collecting shoes. Shoe Box Recycling, an ongoing fund-raiser, is a drive to collect good, used, wearable shoes and sneakers. The Music Boosters receive 50 cents per pound for shoes collected. Shoes that are acceptable are athletic shoes, dress shoes, sandals, heels and

flats. Unacceptable shoes are flipflops, skates, slippers, cleats or heavy work boots.

The shoes are sent to an organization that distributes, recycles or resells them. Shoes are in great demand in Third World countries and can also spend over 200 years in landfills. The coordinator for this event is Joe Maiato at josephmaiato@aol.com. There are collection boxes at the high school, at Irving's Shoe Store at 3001 East Main Road and at Portsmouth Free Public Library at 2658 East Main Road.

## AT THE LIBRARY

## All are invited to join Teen Book Clubs

Teens in grade 6 to 12 are invited to join the library's Teen Book Clubs. Teens read and review new books. Let the publishers know what you think.

The middle school club (grades 6 to 8) meets on Thursday, Dec. 19, at 7 p.m.

Reviews can be found at www.portsmouthteenbookrevi ew.blogspot.com. New members are welcome. For more information, call Sue at 683-9457.

## Book club for teen fiction lovers

Do you love to read teen fiction? But you're not a teen anymore? The library has the book club for you. Come discuss Marlene Perez's "Dead is the New Black" on

www.portsmouthlax.com

info@nortsmouthlax.c

Saturday, Dec. 21, at 10 a.m.

Check out a copy of the book at the library. For more information, call Sue at 683-9457.

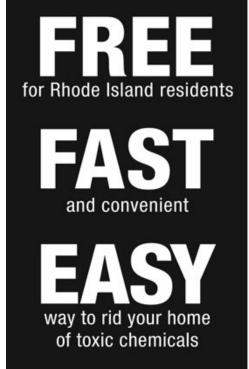
## Get Internet, e-mail or e-book answers

Have questions about using the Internet, e-mail or e-books? Bring your tablet, your laptop and your passwords or use our laptops and get your questions answered at the library on Saturday, Dec. 21, from 2 to 4 p.m. For more information, call Sue at the library.

Portsmouth Free Public Library is at 2658 East Main Road. Hours are from 9 a.m. to 8 p.m. Monday to Thursday, 9 a.m. to 5 p.m. Friday and Saturday, and 1 to 5 p.m. Sunday. For more information, call 683-9457 or visit the website at www.portsmouthlibrary.org.

· Injury in lacrosse has been ranked by the

NCAA safety committee as one of the top



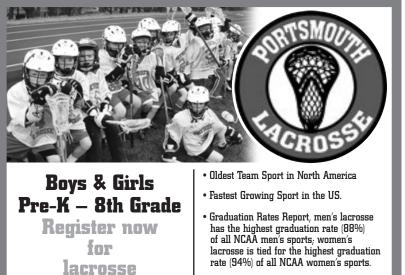
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For a complete list of locations, dates and the types of waste Eco-Depot accepts, please:

- Scan the QR code
- Visit EcoDepotRI.org
- Call **401.942.1430** x241









## **Growers' market is** at St. Mary's Saturdays

The Aquidneck Growers' indoor winter farmers' market is open on Saturdays from 10 a.m. to 1 p.m. through May in the old parish hall at St. Mary's Church, 324 East Main Road.

There are locally grown fruits and vegetables, mushrooms, breads and pastries, locally sourced fresh seafood, pastureraised meat and eggs, take-out foods, coffee, and changing weekly artisan vendors.

## It's a 'Nor'easter Noel' at Sandywoods Friday

"A Nor'easter Noel" is on Friday, Dec. 20, at 7:30 p.m. at Sandywoods Center for the Arts at 43 Muse Way, Tiverton. Doors open at 7. BYOB and food are allowed.

Tickets are \$12 at the door and \$10 in advance. Reserve tickets at the advance price by leaving a message at 241-7349.

Ring in the season with a stellar cast of award-winning singersongwriters from the Northeast, including Lisa Martin, Lara Herscovitch and Marc Douglas Berardo and special guests Michael Troy and Chris Farias.

Original and classic holiday and

winter-themed songs will be performed. Singing along is encour-

## 'Music at the Bliss' is on Sunday evening

"Live Music at the Bliss" is on Sunday, Dec. 22, at 6:30 p.m. with "A Christmas Concert" at Bliss Four Corners Congregational Church, 1264 Stafford Road, Tiver-

Featured are Gary and Kevin Farias with special guests Joe LePage, Dave Pereira, Linda Moniz, The Blisstars and more. There will be snacks and give-aways. The hat will be passed.

## **Cat adoption event this** month at Potter League

The Potter League for Animals is holding a special cat adoption event, "A Home for the Holidays," through Dec. 31 at 87 Oliphant Lane in Middletown.

All cats 7 months and older are available for a special adoption fee of \$62.50 (50 percent off the regular adoption fee).

All felines available for adoption have been spayed/neutered, are up to date on age-appropriate vaccinations and have been examined by a veterinarian. Cat adoptions include a free carrier, safety collar and identification tag. In addition, the first 50 adopters

will receive a Mystery Prize Bag. The Potter League is open for adoptions from 10 a.m. to 4 p.m. Tuesday to Sunday and Wednesday until 7 p.m. For more information, visit www.PotterLeague.org or call 846-8276.

## **Art lessons for young** artists in the new year

Saturday morning classes that are geared toward children who want more art in their life will be offered in the new year by the Portsmouth Arts Guild. Classes are on five Saturdays, Jan. 11 to 25 and Feb. 1 and 8, from 10 a.m. to 12:30 p.m.

Classes will include a variety of materials, techniques and styles of drawing, painting and 3D work to compliment the student's school experience.

Famous artists and artwork will be introduced. Each student will explore his or her own manner of expression.

Instructor is Joanne Murrman, an artist and art teacher with a BFA from Mass College of Art and a master of education degree from Boston University with 40 years of experience teaching kindergarten to Grade 12 art.

Tuition is \$120; \$100 for mem-

Contact workshops@ portsmoutharts.org for registration information.

## **PARTS** project is now under wav

The **PARTS** project (Portsmouth Arts Reflection Tiles Show) is open to all creative people who wish to participate.

The theme is Portsmouth," which can be represented realistically to abstract.

All art media will be accepted as long as it is securely fastened to a 6x12-inch tile board.

Tile boards are \$10 and available at the Portsmouth Arts Guild, Portsmouth High School and through various people around town.

All boards need to be completed and returned by mid-March.

All tiles will be sold at an online auction between April and June through PARTS@portsmouth arts.org. Artists receive 40 percent, the Portsmouth Arts Guild 30 percent and HATS 30 percent.

Twenty-five of the 300 tiles boards will be selected for an exchange show with Portsmouth, England.

The opening for Portsmouth's first gallery night show is May 23, and England's show opens on June 14.

See fliers for more details or e-

123rosephotoart@gmail.com or madelinemruiz@gmail.com.

LEGAL NOTICE

## Christmas, New Year's to change news deadlines

Christmas and New Year's are on Wednesday this year, so the deadlines to submit news will be adjusted both weeks.

Because of the holidays, the deadline for community news will be at noon Monday, Dec. 23, for the Dec. 26 issue of the paper and at noon Monday, Dec. 30, for the Jan. 2 issue of the

To get information into the Eight Days calendar in the Life section, the deadline moves up a day to noon on Thursdays, Dec. 19 and 26.

### To submit community news —

- E-mail your news to lrego@eastbaynewspapers.com
- Mail it to Portsmouth Times, Community News, P.O. Box 90, Bristol, RI 02809
- Fax it to 401/253-6055
- Or, visit the website at www. eastbayri.com where you can fill out forms for engagements, weddings, anniversaries, births and achievements. Go to the very bottom of the homepage and click on "Send Us Your News" for a list of the forms.

For more information, call 253-6000, ext. 107.

Or stop by our office at 1 Bradford St., Bristol.

Photos are encouraged but cannot be returned, unless a selfaddressed, stamped envelope is enclosed.

Beacon Mutual's new convenient payment program:

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TOWN OF PORTSMOUTH, RI **Announces** JOB OPPORTUNITY For

**POLICE OFFICERS Excellent Salary and Fringe Benefits** 

Qualifications: Age - 21 and over; Applicants must possess a valid Driver's License and a High School diploma or GED certificate. Preference will be given to candidates that possess criminal justice/justice administration educational credits and/or honorable military service time. Must meet established departmental medical, physical and psychological standards. Must pass written and oral examinations and all other testing phases of the hiring process.

Town applications are required and are available 8:30 A.M. to 3:30 P.M. in the Office of the Finance/Personnel Director, Town Hall, 2200 East Main Road, Portsmouth, RI 02871, Telephone (401) 683-9118 or at www.portsmouthri.com under Finance/ Personnel. Previous applicants must re-apply. Applications, including all required documents, will ONLY be accepted in the Finance/Personnel office in person Monday through Friday between 8:30 A.M. and 3:30 P.M. No applications will be accepted after 2:00 p.m., Thursday, January 9, 2014, or by postal mail, facsimile or e-mail.

The employment policies and practices of the Town of Portsmouth are to recruit and hire employees without discrimination because of race, color, religion, creed, national origin, age, gender, marital status, sexual orientation, veteran status or any other legally protected status or disabilities that do not interfere with job performance.

AN EQUAL OPPORTUNITY EMPLOYER

David P. Faucher Finance/Personnel Director



## Churches are celebrating Christmas with pageants, carols, candlelight and prayer

Pageants, candlelight, carols and special music are among the highlights of church services as area Christians prepare to celebrate the birth of Christ.

> King's Grant Fellowship The Rev. Robert Rosinski 1000 West Main Road 683-0505

Portsmouth Evangelical Friends Church

The Rev. Paul Hoffman 11 Middle Road 683-1109

Portsmouth United Methodist Church

The Rev. Mike Pike 2732 East Main Road 683-4005

www.pumcri.org On Sunday, Dec. 22, the morning worship service is at 10 a.m. Christmas anthems and music will be sung by the adult choir.

On Christmas Eve, Tuesday, Dec. 24, there are three services. At 5:30 p.m., a service is especially for children and their families. At 7:30 p.m., there is a family candlelight service. At 10:30 p.m., there is a Communion service.

St. Anthony's Church The Rev. Daniel J. Gray 2836 East Main Road 683-0089 **St. Barnabas Church** The Rev. Randolph G. Che

The Rev. Randolph G. Chew 1697 East Main Road 683-1343

On Christmas Eve, Tuesday, Dec. 24, the children's pageant and a Mass are at 4 p.m. and a Mass is at 6:30 p.m. and 10 p.m.

On Christmas Day, Wednesday, Dec. 25, Mass is at 10 a.m.

On New Year's Eve, Tuesday, Dec. 31, a Vigil Mass is at 5 p.m.

On New Year's Day, Wednesday, Jan. 1, a Mass is at 10 a.m.

St. Mary's Episcopal Church The Rev. Pamela Mott, rector 324 East Main Road 846-9700

St. Paul's Episcopal Church 2679 East Main Road 683-1164

http://stpaulsportsmouthri.org On Christmas Eve, Tuesday, Dec. 24, a family-friendly service is at 5 p.m. The Rev. Paul Twelves

will be the officiant. St. Paul's also will celebrate its 180th anniversary as the first service was held at the church on Christmas Day, 1833.

Clergy include Rev. Twelves and the Rev. Becky Anderson. Sunday services are at 9 a.m. All are welcome.

There are no services this year on Christmas Day.

## Churches invited to send schedules for New Year's, Twelfth Night The Portsmouth Times is listing partivities and other holiday-relatable Portsmouth Times PO Box S

The Portsmouth Times is listing local church services for Christmas, New Year's and Twelfth Night in upcoming issues.

Local congregations are invited to send us their schedules and information on concerts, plays, nativities and other holiday-related activities.

Please include the name of your current minister or priest.

There is no charge for the listings.

Send schedules to Lynda Rego,

Portsmouth Times, P.O. Box 90, Bristol, RI 02809; e-mail them to lrego@eastbaynewspapers.com, or fax them to 253-6055.

The deadline is at noon on Monday next week because of the holiday.

## Portsmouth BUSINESS Spotlight

## **Lots new at New England Kitchen and Bath Center**

changes in the kitchen and bath world in the past few years, not the least of which is the relocation of a favorite kitchen and bath showroom. England Kitchen and Bath, a fixture for 17 years on Hope Street in Bristol, has moved its showroom and sales facility to One Industrial Road in Warren ( off Market Street and behind the Country Inn Restaurant) where it is sharing space with a kindred spirit, RISSCO, kitchen and bath counter fabricators and installers. "It's really nice to reduce the overhead by teaming up with a company that shares our same interests," says NEKB owner, Michael

For more than thirty years in the design and fifty years in the installation field, Mike and his coworker Claudette Abelha have been helping area homeowners through the intricate design and construction phases of creating new or remodeling old kitchens and baths. From the onset of an idea, through measuring, space planning, design and computergenerated drawings, plus complete installation using experienced tradesmen in plumbing, carpentry and electrical work, they have been the mainstay of many local homeowners. Using top-rate cabinet makers and a full range of countertop products from laminates up to granites, they will coordinate it all for you. If you're



Michael Pare and Claudette Abelha of New England Kitchen and Bath Center are sharing showroom space with (left) Liz Bevelander of RISSCO Fabrication Inc.

on a budget, and who isn't these days, you'll especially appreciate their ability to get the maximum plan for the minimum dollar and keep you on schedule and on budget.

Stop by and see these talented kitchen and bath gurus and you'll be surprised by what's new in the field. In laminates, the newer faux granite laminates, like 180fx, don't repeat the pattern as they used to in the past so they look so much more like real thing, accord-

ing to Mike. Real granite can cost \$1,300 to \$2,000 for a 10' counter, while the amazing lookalike will run \$300 to \$700. And soft close drawer and door systems, and full extension drawers, once only in the realm of high-end cabinet makers, are now an available feature in all price lines. Be sure to see the newest NEKB cabinet line – Candlelight. It's a semi-custom to custom cabinet line that is incredibly popular. Mike praises it highly.

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4

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December 19, 2013

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## East Bay Life

Pages B1-B15

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## Grace under pressure

BY CHRISTY NADALIN nadalin@eastbaynewspapers.com

mother (and Portsmouth High School alumna) Sheryl Atwood and her sons Tyler and Travis recently spent several weeks in Los Angeles filming "Abby's Ultimate Dance Competition." The boys finished strong, but out of the top spots.

They returned to their Jamestown home, and their husband and father Chris Atwood, without the \$100,000 grand prize or the Joffrey scholarship, but they brought something far more important home intact.

Their dignity.

For the uninitiated, the televised competition is a spin-off of the popular A&E series tough-as-nails/heart-ofstarring gold/source-of-all-evil dance instructor Abby Lee Miller. The adjectives chosen by the dancers' mothers to describe Abby correlate exactly to where one's child lands on the dreaded "pyramid," Abby's weekly ranking/shaming ritual.

Sheryl and the boys, dynamic dancers and talented choreographers aptly references in shorthand as TNT, were approached for the first season. Despite the incredible potential for exposure, Sheryl declined. "It's a catch 22," she says. "How do we do something like that while remaining true to who we are?'

Indeed, Travis and Tyler are friends with lots of the competitors from season one, and they got to witness the process, albeit second hand. When casting began for the second season, Sheryl wasn't too inclined to to throw their collective hat in the ring. "I found it to be a little disturbing, to be honest. But so far the boys have gone far in dance without losing sight of who they are."

And the producers made a compelling argument, suggesting the Atwoods do the show, show a different side of the competitive dance community than the hyperaggressive, toxic behavior some "dance moms" display when the competition heats up. Despite Sheryl's misgivings, the boys were sold. "They talked to the producers and they loved the idea of doing the show," she says. "They wanted to do it."

Sheryl, a wellness and fitness coach with a masters degree in human development and experience as a family therapist, had a pretty good idea of what they were getting themselves into. Watching the now-aired series, it is clear that Sheryl would have won the AUDC "Miss Congeniality" trophy, hands-down.

Not that the producers encourage congenial behavior. "We were taped and miked every waking moment, and we couldn't leave the set or use cell phones," Sheryl says. "It was like 'Survivor.' It's a brilliant approach — it really brings out the crazy. They took all these personalities and caged us, uncorked the wine. Then they'd start throwing grenades."

"To be fair, the kids are sheltered from most of the nonsense," she said. "When things got really crazy the producers ushered them out. The boys loved the experience, but I found it challenging.'

Yogi Berra once said "Little League baseball is a very good thing because it keeps the parents off the streets." Like so many of Berra's utterances over the years, it's every bit as true as it is funny. Anyone who has spent any amount of time on the sidelines in youth sports has seen that parent — the one who yells too loud, and too often; belittles their own child and even others; and treats every tryout like the MLB midwinter trade deadline.

While the heat of a nationally-televised competition with six-figure prize money may be an extreme example, shows like AUDC shine a light on what is happening on soccer fields, baseball diamonds, and in dance studios across the country. "A lot of parents have lost perspective," Sheryl notes. "Manners are out the window. Even when people are being outwardly polite, there is this undercurrent that suggests winning at all costs is the goal. There is far too much emphasis on being better than the competition, rather than being the best you that you can be."

For Sheryl, it wasn't all bad. Ultimately, the producers of AUDC are providing entertainment. Naturally they are going to show hot-button moments between the mothers; clips of them relaxing and doing yoga, and supporting and comforting each other, will



Travis, Sheryl and Tyler Atwood, back home in Jamestown after competing in "Abby's Ultimate Dance Competition."

end up on the proverbial cutting room floor.

Sheryl choses her words carefully when talking about the other mothers. She is not interested in judging anyone. "I'm still in contact. I feel a deep care and concern for everyone on the show," she says. "And I would do anything for those kids. We all went through it together. My way is not better, it's just what works for me. So when I got back to Jamestown, the market, the PTO, I'm still who I am. I didn't throw my principles out the window.

"When you boil it all down, whether you're a hysterical dance mom or a beet-red dad, screaming on the sidelines, we all have a lot of hopes pinned on our kids and we are all trying to do the right thing.'

Carl Jung said as much when he said "Nothing has a stronger influence psychologically on their environment, and especially on their children, than the unlived lives of the parents."

Ultimately, that's an important lesson for parents, and one that often gets missed. How much do you push? Especially when you have invested as much time and energy into a skill or sport as Travis and Tyler have invested in dance? On some level, parents know the answer. They need to butt out.

Of course, that's easier said than done, even for grounded parents. "Since the competition, there are all these opportunities crossing our paths — and they just want to be normal kids! They just want to be teenagers," Sheryl said. "Part of me is like 'really? But this has to come from them. In a few years will they ask me why I let then pass up some opportunities? Maybe, but I would rather be in that place, than the

'Would we do it again? I actually think we would. I am so proud of how my kids conducted themselves, and that we had the opportunity to try out our family principles in this exaggerated situation. We didn't call it Abby's Ultimate Dance Competition among ourselves. We called it the "Atwood Ultimate Dynamic Collaboration.

Travis and Tyler Atwood are looking forward to teaching a Hip Hop class at Just Dance, a studio located within 426 Fitness, 426 Metacom Avenue in Warren, and owned by Sheryl's friend Sherry Winn. It will be held at 11 a.m. on Sunday, Jan 12. To reserve a spot, contact Sherry at 401/486-4478, or email swinn@cox.net.

ALONG THE WATERFRONT

## Engines in, Tall Ship on target for summer sailing

hristmas came early this year for Rhode Island's Official Sailing Education Vessel, the SSV Oliver Haz-



ard Perry, when its two Caterpillar C-12 main engines, provided by Milton Cat (Milford, Mass.) at heavy discount, were delivered. Last week at Senesco Marine in North Kingstown, both of the 12-liter,

in-line 6-cylinder engines were lowered onto the 200-foot tall ship's freshly painted engine beds. Each has a rating of 385 hp and is certified to run on a 20% biofuel-to-diesel blend that will be provided by Newport BioDiesel.

"Ships have been green before there was a green," said the Perry's Captain Richard Bailey, "because they use wind in their sails to move from place to place. However, a ship still has to have engines and a bow thruster to make tugs unneces-

sary and provide ability to enter smaller ports.

The Perry's engine installation is part of the final construction phase that also includes her move this winter from Senesco to Newport Shipyard where the ship's lower masts, Douglas fir upper mast sections and 16 yards will be installed. Currently half completed, her 20 sails continue to be made by Hood Sails, and the rigging team is in place to take delivery of the masts and spars in February. The ship's entire inventory of interior paneling, fixtures and equipment has been ordered and partially

'When we initially reviewed the project, we knew we'd like to be a part of it," said Milton Cat's Marine Business Manager Kevin Hampson. "It's a great cause, and even though our exposure to sailing schools is limited, Milton Cat always looks at opportunities to support maritime institutes and vocational schools that feed the marine industry, since we look to these organizations for potential employees."

Newport Biodiesel produces a clean-burning fuel from waste vegetable oil collected from over 1,700 restaurants in the New England area.

Bart Dunbar, chairman of the non-profit organization Oliver Hazard Perry Rhode Island (OHPRI), credited BankNewport, the Alletta Morris McBean Charitable Foundation and other partners for putting the project near its goal. "We have raised over \$9 million toward this \$10.5

See **BURDETT** Page 5

Page B2 East Bay Life December 18-19, 2013

## Gingerbread Rosecliff takes the prize

Fatulli's Gourmet Bakery and Deli of Middletown won the \$1,000 first prize in the first annual Newport Mansions Gingerbread Mansion competition at The Breakers. It's one of five gingerbread mansions that will be on display in the kitchen of The Breakers through January 5, 2014.

Fatulli's won with a tabletopsized replica of Rosecliff, complete with spun sugar windows and animated dancers in the ballroom.

Coming in second place and winning \$750 was a model of The Elms done by Gerry DuPont of Edible Creations by Gerry in Little Compton and Westport. The \$500 third prize was won by the Culinary Baking and Pastry Arts Program at Bristol Community College in Fall River; while Honorable Mentions were awarded to

Russell Morin Fine Catering of Newport for its model of Marble House, and to Clements Marketplace Bake Shop in Portsmouth for Chateau-sur-Mer.

The judges for the competition were (pictured from l-r) food expert and chef Claudine Pépin, Preservation Society CEO & Executive Director Trudy Coxe and pastry chef Mark Soliday of Confectionery Designs, who is also a pastry arts instructor at Johnson & Wales University.

Christmas at the Newport Mansions will run through January 5, 2014. The Breakers, The Elms and Marble House are all decorated for the holidays and open for tours daily (except Christmas). For more information and to purchase tickets, visit www.NewportMansions.org.





**TECH TIPS** 

## Apps that let you track, and chat, with Santa

## BY MARK CORPUS

You've shopped, you're organized — now it's time to enjoy the holiday. To add a little something extra to your season, download one of these festive smartphone apps. This Christmas, let technology help make your holiday merry and bright.

■ Do you love Christmas music? IOS and Android users should download the free Christmas RADIO app, which allows access to 50 unique stations that play your favorite Christmas hits.

Create your dream Christmas in HD. For \$1.99, Android users can use Christmas HD to create their own Christmas scene using wallpaper and animation. You can even add your name to the Christmas stocking hanging from the fireplace. IOS users can decorate their own Christmas trees by downloading the Christmas Tree 3D app for \$0.99. There's even a way to dim the lights!

■ This is your chance to talk to Santa. For \$1.99, Android and IOS users can download Video Calls With Santa. This app allows Santa to interact with you and your child. You can choose from one of three pre-recorded calls. There's a "nice call" and a "naughty call." You also can opt to leave Santa a voicemail.

■ And if you are trying to find Santa on Christmas Eve, the free Santa Radar app can help. It scans to see if Santa is in your area and is available for Android users. IOS users can download Where Is Santa Lite for free.

■ Finally, if you are worried that your flight home for the holidays might not be on time, download the free Flight Tracker app that allows you to get accurate arrivals and departures for domestic flights. It is available for IOS and Android users. If you are traveling by car, download the free GasBuddy app, which is available for both IOS and Android smartphones.

Mark Corpus is AT&T's Rhode Island Retail Sales Manager.

Santa could take a little longer to get all the way to the North Pole. Kids should plan on getting their wish lists written and posted by Friday, at the latest. Here at East Bay Life, we were fortunate to

get a sneak peek at a handful of letters, shortly before the mailman took them away. Some are to the point; while some take extra ink to butter Santa up. Whatever approach, we suspect all these well-behaved little scribes will have very happy Christmases!

## Dear Santa,

How is your Christmas. I missed you. Can I please have

- 1. Saige Doll
- 2. Magic Set
- 3. Snack Cart
- 4. Violin for doll 5. Bed for doll
- 6. Gymnastics set for doll
- Olivia Murray, 5
- **Bristol**

## Dear Santa,

My name is Oliver. I have been a good boy this year. I got Student of the Month, I got a good report card, and I have been nice to my brother. Please can I have a few of these things on my list.

- 1. An Easton Mako hockey stick lefty
- 2. A hockey pass master
- 3. A green biscuit
- 4. A glider airplane
- From Oliver
- Merry Christmas Thank you
- Oliver Browne, 8

**Bristol** 

## Dear Santa.

I hope you are having fun in the North Pole. I have been very good. I have been working on staying focused. May I please have these three things?

- 1. A model of Santa that's you!
- 2. Legos pack of Lego men.
- 3. Lots of Lego bows and arrows and

ith all the snow swords.

we've been hav-

ing, letters to

I hope you have a very merry Christmas!

Thank you very much. Love, Benny Oliver Benny Oliver, 7 **Bristol** mandles inter worker South our of Brown Restrect Herror 20 Aon gut set Int at any mands mot K tyber colling or 200-845-84 and a that golout mark than

Dear Santa,

How are you doing? And I bet you get busy and do you like your job? And I saw you at the Macy Thanksgiving parade for real, you and Mrs. Claus. And I want rainbow looms for X-mas this year and whatever you want but please I want the rainbow looms. You're the best in the world. I <3 you very very much thank you for doing this, and when you come I will make sure you get cookies and milk before you leave to do your work. I hope you have fun and don't get hurt if you do get hurt call me, my phone number is xxx-xxx. Merry X-mas oh and please answer my questions

Carrall Mercy X-mas

Audrey Jin-lee McLane.

PS: Oh this is my address to visit, so you don't get lost, oh and if that phone number doesn't work then call me on xxx-xxx-xxxx or if that doesn't work then call all Merry X-

mas I <3 you Santa and Mrs. Claus.

(on the side of her letter...)

Hohoho Merry X-Mas to all... thats what you say sometimes.

Audrey McLane, 10

Warren

### Dear Santa,

My name is Ben. I was a good boy this year. Please bring me

- 1. A Bauer hockey stick
- 2. Foam glider plane
- 3. Bass Pro Shop card

Merry Christmas.

Love, Ben

Ben Browne, 5 **Bristol** 

Dear Santa,

I would please like a glow pet unicorn.

Thank you. Love,Lucy

Lucy O'Brien, 6 Bristol

## Dear Santa,

A Casey Jr train Yoshi with moving arms

A wii U

Sonics the lost world Zoomed

9 you sant a Anthorsus And Peet the Christmas bear "I have been a good boy all year long Love your good boy Chris"

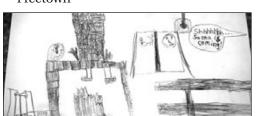
Christopher Woodard Jr., 8 Warren

## Dear Santa,

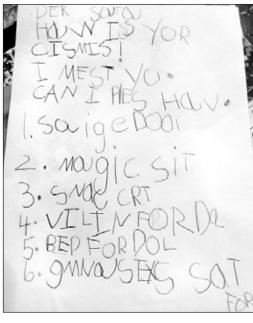
Stuffy peacock Stuffy wolf Stuffy fox Stuffy coyote Love, Victoria

Victoria Hutchens, 4 Dartmouth

From Taber I would like an xbox. Taber Lawler, 7 Freetown









STRAIGHT UP THE MIDDLE

## Next up: better-run elections

■ hese last weeks of December are generally a quiet time in both politics and baseball, giving me the opportunity to tune out, make

World Champions. We can only

This time next year, Rhode

themselves with a new lineup at

the state house as all the general

Islanders will be familiarizing

officers with the exception of

Attorney General Kilmartin are

moving on and a new team will

be sworn in. As an electoral nerd,

hope they play as well.

some cookies

and wrap pre-

sents. Red Sox

tickets are on

open spring

training with a

team that looks

remarkably sim-

ilar to the 2013

sale and it looks like they will



I am most interested in who wins the wide-open Secretary of State's race and whether that person will make any effort to address some of the blatant and embarrassing issues with our elections process.

The Rhode Island General Assembly passed a voter ID law and while some have decried it as anti-someone, I think that if I need an ID to go to the movies, buy alcohol, cash a check, get a library card, sign a lease and receive government benefits, then flashing it to vote should not be a problem. If nothing else, the voter ID law prevents the "black helicopter" crowd from talking about busloads of people driving from polling station to polling station to vote illegally. It likely never happened and with an enforceable voter ID law, the allegation is more

easily disregarded. The challenge for the next Secretary of State is making sure that polls are set up to accommodate ID checks without slowing the line. Two things spring to mind: we need to recruit young civicminded poll workers and we need to be more aggressive in promoting "no excuse" mail ballots. That's right folks - you don't need to wait until election day to cast your ballot and not very many people know about it. While Rhode Island lags behind 32 other U.S. states that allow for inperson early voting, you can still request a mail ballot - and you don't even need a note from your mother. By making a conscious effort to recruit poll workers as soon as possible and educate people about the no-excuse mail ballot option, the next Secretary of State has the ability to make election day run smoothly.

However I think the most egregious issue with Rhode Island elections is that our primary date is late. So late, in fact, that it can

violate federal law under the Military and Overseas Voter Empowerment Act (MOVE Act) that requires ballots for uniformed services and overseas citizen voters be sent at least 45 days prior to a general election for Federal office. While there are actually 55 days between the primary and the general election in 2014, that's barely enough time to get the ballots to the troops in enough time so that they can return them. As a military spouse, I find it disturbing that our elected officials are more concerned about the inconvenience of showing an ID at a polling place than making sure that our front line troops have the ability to exercise a right they are fighting for on our behalf.

Why not just move the date? It's one of those things that fall under "incumbent protection." Once the dust from the primary settles, a challenger barely has enough time to mount a serious campaign, greatly favoring the person with existing name ID. And make no mistake, this is another area where Rhode Island is last: September 9th is the latest primary date set for 2014. Bottom line? We need a Secretary of State who will step up and advocate for an earlier primary.

So in this quiet time for baseball and politics, take a moment to take a close look at the players and and candidates on the roster for 2014. Unlike the Red Sox, Rhode Island has some important roles to fill and we need to make sure that the candidates are up for the job.

Cara Cromwell is a public affairs consultant with more than twenty years experience managing issues campaigns for corporations, non-profits, associations, coalitions and candidates on both sides of the

## Experimental reefs could add life to bay

enhance the biomass of fish species...or do they just provide a place for existing fish to congregate? If reefs congregate fish, does this



increase rates of exploitation by predators (including fishermen)? Anglers say that into the bay in August, all the

when warm water comes bait and fish leave. Could artificial reefs help provide a haven for bait and

shelter for these fish, enhancing

bay fishing? These are some of

the questions on which a new, well-funded reef experiment in Narragansett and Mt. Hope bays hopes to shed some light.

Nicole Lengyel, principal biologist at the RI Department of Environmental Management, is managing a new reef project in collaboration with D. Steven Brown, coastal restoration scientist for The Nature Conservancy.

The five-year project started in 2013 and includes the planning, design, construction and monitoring of small-scale experimental reefs in the middle of Narragansett Bay. It aims to evaluate the use of reefs as an enhancement and conservation tool. The project will try to determine if artificial reefs increase the abun-

dance of sport fish such as tautog, black sea bass, scup and cunner (chogee) and if they attract existing numbers of fish and increase rates of exploitation (mortality).

The project will cost approximately \$715,760, with 75 percent of the cost federally funded by the Sportfish Restoration fund and the other 25 percent from The Nature Conservancy and the RI saltwater recreational license fund.

At a RI Saltwater Anglers Association meeting, researcher Brown from The Nature Conservancy said, "The goal of the project is to conduct a study, an experiment, to assess small scale reefs to determine if they increase recruitment, increase fish productivity and see what benefits reefs will have for Rhode Island." Nicole Lengyel of DEM said, "We want to attract fish and provide refuge to offset mortality and to improve growth rates...we hope this approach grows fish."

Three locations will be used for the experiment, with similar bottom sediment types, water depth and slope. Each site design will mimic a low-profile bolder field and contain approximately 1,120 reef balls of various sizes for a total coverage area of 2,730 square feet. An elaborate site model was used to locate the experimental artificial reefs. Water depth, bottom sediment type and water oxygen levels were plotted on bay maps. The model overlaid the location of shellfish beds, eel and widgeo grass, and boat traffic in the bay to identify suitable areas for

Two of the three artificial reef sites are in the East Passage of Narragansett Bay on the northwest coast of Aquidneck Island, east of Prudence Island. The third site is just inside Mt. Hope Bay, northeast of the Mt. Hope Bridge.

The project timeline includes a location, design and planning phase scheduled to be completed at the beginning of 2014. Nicole Lengyel said, "Fishing community input on the project has included presentations to the RI Marine Fisheries Council and Rhode Island Saltwater Anglers Association." Construction is scheduled to be completed by mid-2014. An extensive monitoring and evaluation period will take place from 2014 to 2017 with annual reports to DEM and the fishing community given each year.

## Do reefs work in other places?

I like the idea of artificial reefs. Studies show that one square yard of reef can hold 3,500 juvenile crabs and up to 135 immature fish. One square foot of structure just three to four feet high can support up to 100,000 tiny creatures like mussels, clams, crabs, worms and shrimp. Artificial reefs such as the reefs planned for Narragansett and Mt. Hope Bays attract bottom fish, and they also host non-bottomdwellers in areas above the reefs.

An article titled "Reef Madness' by Gary Caputi (Saltwater Sportsman magazine, January 2010) relates that the state of New Jersey is the poster child for artificial reef construction. At the time, New Jersey was boasting that it had 15 artificial reefs constructed over the previous 25 years. The list of items and material that dress the reefs is impressive and includes 7.5 million cubic yards of dredge rubble and demolition concrete, 158 sunken vessels, 397 tanks and armored personnel carriers, 269 subway cars, 31 railroad flatcars, 5,500 concrete reef balls and 16,500 other concrete

Caputi noted that although reefs only cover one percent of the fishable area off the New Jersey coast, reefs account for approximately one of every four fish caught by anglers.

## Recreational angler support

Anglers will be encouraged to fish the new artificial reefs and will be asked to report what is being caught there. Information on how to report will be communicated to fishermen.

What is encouraging about the new artificial reef project in Narragansett and Mt. Hope Bays is that funding for five years of monitoring has already been built into the project. So the data to determine if the artificial reefs are attracting and growing fish will be available.

These artificial reef projects are a step in the right direction; an attempt to grow fish populations in our bays and along our shores, rather than just regulating what is taken out of the ocean. Reports on these projects will continue as information is available.

## Where's the bite

Cod fishing has been good. "Last week Bob Morel, captain of the sport fishing boat TLC, landed a 33-pound cod along with 22

others while fishing with his party south of Block Island on a wreck,' said Elisa Martin of Snug Harbor Marina, South Kingstown. Capt. Frank Blount of the Frances Fleet reported that cod/sea bass and tautog trips showed marked signs of improvement after the waters were shaken up from the southerly gales the week before. Roger Simpson of the Frances Fleet said, "We generally found there are still some decent numbers of good size sea bass and also good numbers of ling that seem to be moving up onto the hard ground. A few handfuls of sea bass in the 3.5 to 5 lb range this past week so still some jumbos around. The ling were generally on the fair size but there were some "mini baseball bats" mixed in and on a few outings anglers had upwards to a half dozen ling apiece." (Ling are long slender members of the cod family that can be as large as two meters; they are good eating and often interchanged with cod in fresh, salted or dried forms.)

Tautog fishing has remained good, but anglers/captains are moving to find them. The Seven B's party boat reports a slow steady pick of tautog Wednesday. Visit them at www.sevenbs.com. "The Island Current party boat had a good tautog fishing trip Friday with some passages limiting out. They were fishing the Clay Head, Block Island area," said Martin of Snug Harbor. Simpson, of the Frances Fleet said, "We are planning on wrapping up tautog season next weekend and the Frances Fleet is offering a promotion for the two days of scheduled togging so call the office for further details." Capt. Charlie Donilon of Snappa Charters fished several spots around Block Island and the East Fishing grounds Saturday. He said, "I decided to try a spot located just south of Pt. Judith, which has been producing black fish quite well lately. As luck would have, the blacks were there in numbers and feeding for the next half hour. This stop made the day for us." Visit www.snappacharters.com or call 401/782-4040.

Captain Dave Monti has been fishing and shellfishing on Narragansett Bay for over 40 years. He holds a captain's master license and a charter fishing license. Contact or forward fishing news and photos to Capt. Dave at dmontifish@verizon.net or visit his website at www.noflukefishing.com.

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Do You PDQ@RWU? Looking for info on events at Roger Williams? Or news from campus? Your one-stop shop is PDQ@RWU - visit http://pdq.rwu.edu today.

The Tides*	HiAM	HiPM	LoAM	LoPM	Sunrise	Sunset
Wednesday, Dec. 18	8:23 (4.6)	8:44 (4.1)	12:56	1:58	7:05	4:18
Thursday, Dec. 19	8:59 (4.4)	9:22 (4.0)	1:39	2:33	7:06	4:18
Friday, Dec. 20	9:34 (4.2)	10:01 (3.8)	2:21	3:07	7:07	4:19
Saturday, Dec. 21	10:09 (4.0)	10:41 (3.7)	3:02	3:40	7:07	4:19
Sunday, Dec. 22	10:47 (3.8)	11:23 (3.7)	3:42	4:13	7:08	4:20
Monday, Dec. 23	11:29 (3.6)	— (—)	4:23	4:49	7:08	4:21
Tuesday, Dec. 24	12:07 (3.7)	12:14 (3.5)	5:10	5:32	7:08	4:21
Wednesday, Dec. 25	12:52 (3.7)	1:03 (3.5)	6:08	6:24	7:09	4:22
Thursday, Dec. 26	1:41 (3.8)	1:57 (3.4)	7:18	7:24	7:09	4:22

New Moon January 1 — Full Moon January 15

\* Information is based on tides in Bristol Harbor.



ROB MIGLIACCIO

## Wild ride

Brown University sailor Sky Adams '14 fights through the spray aboard her Laser during last month's College Men's and Women's Singlehanded Nationals held in Newport. She finished fourth among women from schools around the country.

## **BURDETT:** Local marine firms land contracts

From Page 1

million project, and this builds confidence in the community that this ship is nearly complete."

In the summer of 2014, the steel-hulled SSV Oliver Hazard Perry will set sail as the first ocean-going full-rigged ship to be built in the U.S. in 110 years. With her three-masted square rig towering 13 ? stories, she'll be second in size only to the US Coast Guard's Barque Eagle among American tall ships.

## Big-time maritime work

KVH Industries, Middletown, has been chosen by BW Maritime to equip its global LNG

wicked Richardeals

(liqufied natural gas) and LPG (liquefied petroleum gas) fleet of tankers with satellite communications equipment.

The ships will use KVH's Trac-Phone and mini-VSAT Broadband satellite systems. The company said it selected KVH because of its "global coverage, ease of deployment and reliability."

Twenty ships will be equipped by year's end with more to follow in 2014. The BW fleet includes 108 vessels, among them supertankers and LNG carriers.

Meanwhile, Bristol Harbor Marine Group has been awarded the job of analyzing the US Army Corps of Engineers fleet to see if it makes sense to convert

it to liquefied natural gas (LNG) or compressed natural gas.

And in a second step, the Bristol team will select a single vessel to design the changes necessary for the conversion. The Army Corps will then determine if it wants to proceed with the transformation.

## **Shellfish closures**

On Sunday, the R.I. Department of Environmental Management announced shellfish closures in the Kickemuit River, Mount Hope Bay, Conditional Area A, Conimicut Triangle and Greenwich Bay. They are in effect until noon on Sunday, Dec. 22

For updates on conditional areas, call the DEM hotline at 222-2900.



## **December School Vacation** Week at the Audubon

Looking to get out of the house learn what owls eat for dinner. with the kids during the December school vacation? Come to the Audubon Environmental Education Center, 1401 Hope St., Bristol, where special programs and activities are available each day, free with admission, and registration is not required.

Nature crafts will be held from 10 a.m.-2 p.m. each day, and there will be a nature story at 10 a.m. and 2:30 p.m. An animal interview will be featured at 1:30 p.m. See program times below.

## Thursday, Dec. 26; 11 a.m.

Fur, Feathers and Fantastic Fables: What happened when Turtle raced with Beaver? Which animal is the best lacrosse player? Learn the answers to these questions and get to know the animals featured in the rich folklore of the native people in the Northeast region.

## Friday, Dec. 27; 11 a.m.

Owl See, Owl Do: Could you be an owl detective? Come and learn all about the amazing world of owls and discover which owls live in Rhode Island. Test your skills as you dissect an owl pellet to

## Saturday, Dec. 28; 11 a.m.

OH! DEER! Who is able to jump fences with a single bound, swim across the deepest lakes, walk 20 minutes after being born and posses the fastest growing living tissue on earth?! Is it Superman? NO it's a deer! Come learn how amazing these creatures really are.

## Sunday, Dec. 29.

12:30 – 2:30 pm: Nature Craft 1:00 pm: Animal Interview 2:00 pm: Nature Story 2:30 pm: Antarctic Mission

Nature Flick

Join the adventure as scientists sail to the bottom of the world to explore the great Antarctic. This documentary is part of a three part series. The second and third documentaries in the series will be shown on January 5 and 12, 2014.

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## Holidays should bring out the best in people

hank heavens I was fortified by the superb performance of "Miracle on 34th Street, the Musical," being performed through December 29 at the Ocean State Theatre. It



was, indeed, a miracle, in Warwick! The cast was in top vocal form, and the set design and costumes were first-rate. I left the theatre full of Christmas joy and pretty inoc-

ulated against any political mishaps which might arise thereafter and spoil the season.

Political mischief did subsequently arrive but did not steal the spirit of the holidays. Take, for example, the Smithfield Town Council donating \$2000 of taxpayer money to a relative of the town clerk. Certainly, there was a tragic death in the family but the money isn't the Town Council's to parcel out. The taxpayer, Jeffrey Swallow, who called into question the payout, is no Scrooge. He is 100 percent correct that the council had no authority to make such a contribution, had no policy governing gifts and lacked controls to ensure that the money would be

used appropriately. Certainly, there are other people in Smithfield who could use a similar donation to get them through rough times. Furthermore, the council could contribute to this family with their own assets.

This incident transported me back to the days when the Rhode Island Supreme Court had a "slush fund" supported with taxpayer money, which the former Chief Justice used to send flowers, candy, contributions, wedding gifts etc. to recipients at his own whim. He may have looked like a big sport but actually he was being quite cheap by not using his six-figure salary to make such gifts. Legislators also act like big shots pandering to special interest groups by contributing taxpayers' money to organizations. In effect, Joe Taxpayer is helping them get re-elected while the public official is squeezing his own nickel until the buffalo bel-

Then there was the investigative story reported by Parker Gavigan of the NBC I-Team. The I-Team watched the town's maintenance foreman, Bob Martin, for two months working on his own apartment buildings on town time in Tiverton and Fall River. Records obtained by NBC10 showed that Martin was on the

clock. A little guy, Larry Faulkner, apparently was forced to assist Martin on these rental properties. He was told to button his lips or he'd be ruined in town. Mr. Faulkner brought his situation to town administrator, Jim Goncalo, who suspended, then fired him. The town is now the object of a whistleblower suit. The Tiverton Town Council better remedy this situation in order to avoid the "Bah Humbug" award for the

Maybe these two town councils ought to attend a performance of "Miracle on 34th Street" - using their own money, of course. They are both out of line and could learn a thing or two from Kris Kringle. The musical might transport them from being a "Doris Walker," the Macy executive who doesn't believe in Santa, into the right kind of San-

Nothing bespeaks a self-centered mentality than the two incidences above and the missteps of those in charge. One can only hope that some straight thinking can salvage the out-of-line behavior of these respective councils. Smithfield's council should repay \$2000 into the coffers from their own money and Mr. Faulkner should get a Citizen of the Year Award from Tiverton.

Rhode Island artist's connection to Abercrombie & Fitch

Q. I have a number of paintings that my father commissioned from Robert Sleicher, to paint

animals my

father pho-

tographed on a

the 1970's. I do

not know much

about him but

was told he is

famous. Can

you tell me any-

safari to Africa in



WATERMAN

thing about him? A. Robert Sleicher (1927-) is a painter who was born and raised in Rhode Island. He ran a foundry with his brother in Johnston and painting was just a hobby. He vacationed in the Adirondacks since a boy and loved to hunt. A heart attack forced him to reevaluate his life and he moved to the Adirondacks over 25 years ago to paint full time. He paints mostly landscapes, usually including some of his favorite subjects of deer and other wildlife. He preferred to work in

Conservationist" and "Yankee Magazine". His work also received much attention after Abercrombie & Fitch (back when its focus was outdoors outfitting) opened a gallery on Fifth Avenue in New York. Many of his works are in museums and private collections. Above is an example of his work. This painting is 8"x 10" (unframed) and recently sold at auction for \$350. Larger canvases would sell for \$2,500 and up depending on size, subject and

Karen Waterman is a fine art, antique furniture and decorative arts appraiser in the East Bay area and will answer as many questions about your own "hidden treasures" as possible. By sending a letter of email with a question, your give full permission for use in the column. Names, addresses or e-mail will not be published and photos will be returned if requested. Send e-mails (digital photos are encouraged) to trashortreasure@ymail.com. Send snail mail to East Bay Newspapers, Attn. Karen Waterman, P.O.Box 90, Bristol, RI

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## Pelican ProGear Backpacks and cases offer the perfect protection for your laptop and gear

oil and canvases ranged from 8"x

10" to very large and impressive

canvases. His works appeared in

many magazines including "The

## BY JASON CALVERT

Pelican ProGear has been producing quality, rugged flashlights, cases and packs for use by the military and law enforcement since 1975. The rugged protective equipment has been used on scientific expeditions, to protect delicate photo equipment, and transport tools into combat zones.

Now you can protect your laptop or tablet while traversing the great outdoors or urban jungle.

## Cases done right

Pelican has created cases and quality packs specifically designed to protect your laptop or tablet while you are exploring the world. Both the Ultrabook (tablet) and Laptop Cases are made of a hard crush-resistant material. The cases are watertight with a pressure relief valve to prevent vacuum lock. A foam bumper or molded insert will keep your device from shifting inside the case. Rubber feet and shoulder straps make transporting and storage a breeze.

I received two packs with cases and conducted several durability tests. While I didn't drive a car over them, I did drop them, jump on them, kick them, and generally abuse them. My iPad was unharmed. Pelican boasts that the cases have been tested to a 3 foot submersion for 30 minutes and I repeated the test at home. The contents stayed completely dry with no leaks. These cases stood up to the abuse.

## The perfect backpacks

Pelican ProGear Sport and

Urban Laptop Backpacks are made of ballistic nylon and are constructed to be extremely rugged yet very comfortable to wear. An ergonomic design makes the pack sit comfortably on your back. Vented back channels also help to keep your back cooler and reduce perspiration. Elite version also sports a padded design with a padded lumbar storage cavity which adds more storage and

Both types and styles offers tons of storage for the hiker or urban dweller, including a plethora of pockets to carry all your gear or business supplies. Besides having a spot for your laptop or tablet, there is also a main compartment for whatever else you may need to carry with you.

When you read "made of ballistic nylon", it doesn't mean that you will be protected against small arms. (Though, the thought of bringing to a gun range and unloading on it is pretty cool.) This nylon is very rugged material that will stand up to the wear-and-tear of extreme use. These packs are constructed extremely well with extra stitching and quality materi-

I was very impressed with the quality of these packs, particularly the stylish and functional Urban Elite Tablet Backpack. The crushproof case is integrated into the main construction of the pack and gives great protection for your device. You don't have to worry about dropping it or having someone kick it while its on the ground. Beside the watertight/crush-proof

case, there is tons of storage and concealed compartments. Everything can fit in one pack that sits very comfortably on your back.

I also do a lot of hiking with my son and the Pelican ProGear Sport backpack is a great choice for any outdoorsman. Its the best pack that I have ever used and one of the most comfortable. Again, tons of storage means you can carry all your gear in one pack. The watertight/crush-proof case in the Elite version can also be used to store anything that you need to stay safe and dry. I don't always take a tablet or my laptop on hikes so I utilize the case for matches, bandages and my iPhone.

## The final verdict

Whether you are an avid hiker or someone needing to carry your laptop to and from work, the Pelican ProGear backpacks and cases are the perfect solution. Watertight & crush-proof cases ensures that your device will never get damaged while your on the run. Quality materials and cutting-edge design make these the best packs available.

If the military trusts their equipment with Pelican, then you should too.

Pelican ProGear Backpacks and cases

Score: 10 out of 10

Our Take: Quality materials and cutting-edge design make these the best packs available. Prefect protection for your laptop or tablet while you are on the go.

Buy from:Pelican ProGear website - pelicanprogear.com

Find more photos at eastbayri.com 24/7

Offer expires December 21, 2013

## **HEALTHY EATING**

## Shopping on a budget

oing to the grocery store can be an expensive task, but it is possible to save money at the grocery store while still buying nutritious and delicious foods for yourself and your family. Here are 10 tips for shopping on a budget:

1. Make a list, and stick to it. A



DELCONTE

list makes it more likely that you will spend less money at the store and buy only what you truly need. 2. Buy produce when it is in season. Not only will it taste

better, but the price will be low-

- 3. Shop the perimeter of the store to stock up on fruits, vegetables, whole grains, lean proteins, and low fat dairy.
- 4. Look for weekly sales at your local grocery store for foods you buy often.
- 5. Only buy what you can eat before it goes bad. Even if it is a great price, it is still wasted money if you have to throw it away.
- 6. Don't go to the store hungry, vou are much more likely to veer away from your list and buy extra food.
- 7. Check out the store brands, they are often way to save a little money while not compromising on flavor or quality.
- 8. Try frozen or canned fruits and vegetables. Be sure to get vegetables with no added salt or

100% juice. Remember to wash canned vegetables and drain canned fruits before eating them to help remove excess sodium and sugar.

butter, and fruits canned in

9. Compare unit prices for the best deal. Unit prices (found next to the price of the product) let you compare the cost per pound or ounce so you can see which company is offering the best price, even if the packages are different sizes.

10. Buy in bulk. Foods such as brown rice, whole wheat pasta, dried beans or frozen fruits and vegetables have a long shelf life. Stock up when they are on sale and you will always have healthy foods on hand.

## **Lentil & sweet potato soup 6 ONE-CUP SERVINGS**

2 tbsp. olive oil

2 whole onions, chopped

1 whole sweet potato, peeled and

2 whole carrots, peeled and

2 whole celery stalks, chopped

Food Dining

- 1 cup lentils, dry
- 1 tsp. ground cumin
- 3 whole garlic cloves, minced
- 15 oz. diced tomatoes, canned, no salt added
- 4 cups chicken or vegetable stock, low sodium
- 2 Tbsp. lemon juice
- 1. In a large saucepan, heat the olive oil over medium heat.
- 2. Add onion and cook until soft and translucent, about 10 minutes.
- 3. Add sweet potato, carrot, celery and lentils. Stir well.
- 4. Add cumin and garlic; cook for 2-3 minutes, stirring occasionally.
- 5. Add tomatoes and stock. Season with lemon juice. Cook for about 30 minutes, or until the potatoes and lentils are soft and tender.

Nutrition Information per Serving: 145 calories, 5 gm fat (1 gm saturated, 4 gm unsaturated), 20 gm carbohydrates, 5 gm fiber, 6 gm protein, 440 mg sodium







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## Some sweet treats — and a savory

**BY LYNDA REGO** Irego@eastbaynewspapers.com

I recently did some baking for the grand opening of the Bristol Art Museum's new home. I used some old favorite cookie recipes and a couple of new recipes I wanted to try. All were a success the sweet and the savory — I can tell when there are lots of requests for the recipes.

So, here are some treats can add to cookie trays for the holidays or just anytime this winter when you feel like something sweet with your tea or coffee.

The Provençal Sablés, fragrant with parmesan, rosemary and thyme, are a savory "cookie" perfect with wine.

## **Coconut Macaroons**

Makes 36

- 4 large egg whites
- 1/4 cup sugar
- 1 teaspoon vanilla extract
- 1/2 cup all-purpose flour
- 1/4 teaspoon salt
- 3/4 cup sugar
- 2 12 cups shredded coconut

Preheat oven to 325°F. Have egg whites at room temperature.

Beat egg whites until stiff but not dry, gradually adding 1/4 cup sugar and vanilla (extra-fine sugar works best, but plain granulated sugar can be used).

In a separate bowl, whisk together flour, salt and 1 cup sugar. Add coconut and mix until well combined. Fold gently into the beaten egg whites, a little at a

time, until all of the flour/sugar mixture is incorporated.

Drop by rounded teaspoonfuls onto a parchment or silicone lined baking sheet.

Bake in preheated oven for 20 to 22 minutes, or until tops are golden. Remove from oven and cool for 2 minutes, then carefully remove macaroons using a thin spatula.

## **Cinnamon Sables**

Makes 84

from "East of Paris" by David Bouley, Mario Lohninger and Melissa Clark

- 1 1/2 cups plus 6 tablespoons (3 3/4 sticks) unsalted butter
- 3/4 cup plus 1 tablespoon light brown sugar
- 1 large egg
- 3 2/3 cups all-purpose flour
- 2 tablespoons ground cinnamon (yes, that's right, 2 tbsp.)
- 1/2 teaspoon salt
- 1 egg and granulated sugar, for rolling the cookies

In the bowl of an electric mixer fitted with the paddle attachment, or in a food processor, beat the butter and brown sugar until smooth. Then add the egg and mix to combine. Add the flour, cinnamon and salt; beat or pulse to form a dough.

Roll the dough to form two cylinders about 2 inches in diameter, wrap them in plastic, and refrigerate for at least 30 minutes or as long as three days.

Preheat the oven to 325°F. Line



(from left to right) cinnamon sablés, macaroons, cranberry/walnut biscotti, mini chocolate zucchini cakes, pecan sandies and lemon squares.

A cookie tray features

several baking sheets with parchment Beat the remaining egg in a bowl. Pour about 1/4 inch of granulated sugar onto clean, dry surface. Brush the outside of the dough log with the beaten egg, then roll the log in the sugar to coat it. Slice 1/4-inch coins of cookie dough from the log, and arrange them on the prepared baking sheets.

Bake until lightly browned around the edges and firm, about 15 to 18 minutes. Let cool on the baking sheets. These cookies will keep for a week, stored airtight at room temperature.

## **Lemon and Anise Sugar Twists**

Makes 12

These are delicious on their own, with fresh fruit or perfect for a hostess gift.

- Sugar
- 1 sheet frozen puff pastry, thawed
- 1 egg beaten with 1 teaspoon
- 3 tablespoons sugar
- 1 teaspoon grated lemon zest
- 2 teaspoons anise seed

Preheat oven to 350°. Sprinkle work surface with sugar. Set pastry atop sugar and roll out to about 1/8 inch thick (12 inches by 12 inches). Brush with egg glaze.

Combine 3 tbsp. sugar and lemon zest. Sprinkle over pastry. Sprinkle with anise seed. Cut pastry crosswise into 1-inch-wide strips. Pick up ends of each strip, twist several times and place on ungreased cookie sheet, pressing ends onto cookie sheet to make them stick.

Bake until golden brown and crisp, about 20 minutes. Cool on a

NOTE: If I make them with other desserts, I cut each strip in half before twisting them. Then you have 24 twists.

## Provençal Sablés

from seriouseats.com Makes 36

- 1 stick of unsalted butter (8 tablespoons), room temperature
- 1/2 teaspoon kosher salt
- 1/2 cup finely grated good Parmesan cheese
- 1 tablespoon fresh rosemary leaves, chopped
- 1 tablespoon fresh thyme leaves, chopped
- 1 egg

**CHRISTMAS SPECIAL** 

■ 1 cup unbleached all-purpose

In a food processor\*, cream together the butter, salt, cheese, and herbs until just combined.

Scrape down the sides of the bowl with a silicone spatula, and add the egg. Mix until just combined. It will look a bit curdled.

Add the flour, and pulse until the dough just comes together (you can't see any dry flour), and not a second more. Turn the dough out onto a big sheet of plastic wrap, and knead two to three times, so the dough has no air pockets or cracks. Roll the dough, using the plastic wrap, into a 10inch log. Refrigerate for 2 hours.

Preheat oven to 350°F. Slice dough into 1/4-inch rounds. Place the rounds on a parchment-lined baking sheet (they don't spread much at all), and bake until the edges of the sablés are just golden, 15-17 minutes. Let stand 5 minutes outside to cool, then transfer to a wire rack.

NOTE: I doubled the recipe and baked them on two large cookie sheet, switching sheets mid-way through baking. They took 18 minutes to bake.

\* The original recipe used a stand mixer with a paddle if you prefer, but the food processor worked fine.

Visit Lynda Rego on Facebook at www.facebook.com/lynda.rego where she shares tips on cooking, books, gardening, genealogy and other topics. Click on Like and share ideas for upcoming stories.









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## **NIBBLES**

Have any food and dining news you want to share? Send it to us at life@eastbaynewspapers.com.

## Kids in the Kitchen: Gingerbread Cookie Class

In this class, kids will roll up their sleeves and create beautiful, deliciously edible art. They will master how to read a recipe and measure ingredients, then go on mix, roll, and cut the gingerbread cookie dough. After the cookies have cooled, they will use a variety of holiday-inspired food items to decorate them. This class is great for kids 6 and up. Adults are welcome to stay, or they can enjoy a tour of the Mansion. Thursday, Dec. 19; 4-5:30 p.m; Blithewold, 101 Ferry Road, Bristol; \$20 per child. 401/253-2707.

## Winemaker for a day

Carolyn's Sakonnet Vineyard is offering a Winemaker for a Day program for two Saturdays in January. Winemaker for a day includes tasting & sampling of 4-5 varietals, access to a beaker and a "wine thief", extracting wine in the amount desired and blending in the beaker, having your bottle corked by the staff at Carolyn's Sakonnet Vineyard and then you take home and enjoy! Sessions are limited to 20 people and will be held at 11 a.m., 1 p.m., and 3 p.m. on January 11 and 25. Carolyn's Sakonnet Vineyard is located at 162 West Main Rd. in Little Compton. For more information please call 401/635-8486 or visit www.sakonnetwine.com.

## Red White & Groove at Trinity Rep

Trinity Rep is pleased to announce the return of their annual wine tasting event, "Red White & Groove", a casual evening featuring food, wine, music and dancing. The benefit party will take place from 7-11 p.m. on Saturday, Jan. 25 at the Pell Chafee Performance Center, 87 Empire St., Providence. The evening features a wine tasting with culinary pairings from several local restaurants and the danceable rhythms Superchief



## Le Central's last Stimulus Dinner of 2013

LeCentral chef and proprietor Jesse James brought us the prix fixe "Stimulus Dinner" midrecession, with three delicious courses and two wine pairings. Years later and hopefully midrecovery, it's still one of the best —and most delicious — deals in town. This Wednesday and Thursday, Dec. 18 and 19, Le Central will be serving:

- 2011 Glass Mountain Cabernet Sauvignon Garbure, a port, cabbage and cannelloni soup
- 2011 Pierre Sparr Pinot Blanc

Lobster & Cod Pan Roast with local lobster and cod and a spicy lobster cream.

■ Blueberry-Grapefruit Tart, with Four Town Farm blueberries and pink grapefruit Plates are limited: call to reserve 401/396-9965.

Trio with opening act 3pile. Tickets are \$75 and are available online at www.trinityrep.com, by phone at 401/351-4242, or in person at the Trinity Rep Box Office at 201 Washington St. in Providence.

## Downton Abbey inspired afternoon tea

In the Garden Room of the Hotel Viking, to benefit The Newport Public Library. The tea includes an assortment of freshly prepared sandwiches, assorted scones served with lemon curd, a selection of freshly baked tea breads, chocolate truffles and a glass of Kir Royale. From 2-4 p.m., Saturday, Feb. 8. To indulge in the Downton Abbey Tea and support the library, at \$25 per person

including gratuity, reserve your place by calling the hotel at 401/848-4824.

## Community Cuisine by Marie — Afternoon tea

Come enjoy a refreshing repast in our cafe-style dining room or al

fresco under the shady maple tree overlooking the Common. Community Cuisine is open each Tuesday from 1-4 p.m., offering a variety of hot and cold teas and a selection of petite savory and sweet delectables. The chef is Marie O'Loughlin Jenkins. At the Little Compton Community Center.

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Bristol, RI 02809 BY FAX: 401/253-6055

Or stop by any of our offices. Listings are coordinated by Christy Nadalin. Photos or artwork are encouraged but cannot be returned.

**DEADLINE: Noon on Friday before publication** 



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## **Wednesday**

## December 18

## Sandywoods contra dance

Please join us for our monthly contra dance at Sandywoods. Live music by fiddler Amy Larkin & Friends, with dance caller Linda Leslie. All dances are taught, partners not necessary, beginners and children welcome!

WHERE: Sandywoods, 43 Muse Way, Tiverton. WHEN: 7-10 p.m.

COST: \$8 adults, \$4 children, \$18 families. MORE INFO: 401/241-7349; www.sandywoodsmusic.com

### **How the Grinch Stole Christmas**



Come and see the classic Grinch on the big screen.

WHERE: Riverside branch, 475 Bullocks Point Ave., Riverside. WHEN: 3:30 p.m. COST: Free.

### **Winter Concert**

Featuring Swanhurst Chorus and Navy Band Northeast performing holiday favorites.

WHERE: Little Compton Community Center. WHEN: 6 p.m.

COST: Free. Please bring a canned or boxed item for the LC Food Bank

MORE INFO: 401/635-2400.

## December 19

## **Contra dance series**

With support from the RI State Council on the Arts (RISCA), the Atwater-Donnelly Duo, national touring traditional folk musicians and dancers, are launching a contra dance series. Setting this series apart is the fact that they will be including some of the old "Chestnuts"-a term sometimes used for a group of older dances, ones that have been part of the contra repertoire for between 100 and 200 years.

WHERE: The Mary Quirk School, 790 Main St.,

WHEN: 7:30-10 p.m.; Thursdays, December 19. **COST**: \$5 donations accepted.

MORE INFO: www.facebook.com/eastbaycontradance.net

## Kids in the Kitchen: **Gingerbread Cookie Class**

In this class, kids will roll up their sleeves and create beautiful, deliciously



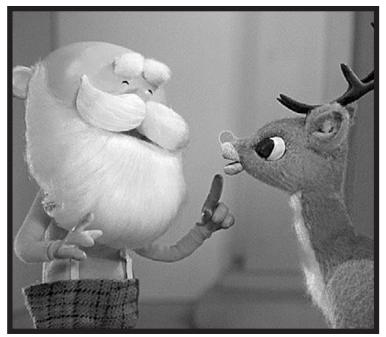
edible art. They will master how to read a recipe and measure ingredients, then go on mix, roll, and cut the gingerbread cookie dough. After the

cookies have cooled, we will use a variety of holidayinspired food items to decorate them. This class is great for kids 6 and up.

WHERE: Blithewold, 101 Ferry Road, Bristol. WHEN: 4-5:30 p.m. COST: \$20 per child.

MORE INFO: 401/253-2707.

## **SPOTLIGHT**



## Christmas family movie marathon

The Riverside Library is holding a free, Christmas-themed movie marathon this weekend, offerings include: 10 a.m., Santa Claus is Comin' to Town; 11 a.m., Rudolph, the Red-Nosed Reindeer; noon, Frosty the Snowman; 12:30 p.m., A Charlie Brown Christ-

mas; 1 p.m., How the Grinch Stole

December 20

be available for \$1.

**Holiday sale** 

WHEN: 2-6 p.m.

**Sparkle! An Outdoor Family Event** 

Back for another year is the popular Friday evening "Sparkle!" Families are wel-

come to come stroll through Blithe-

wold's illuminated gardens and green-

house, breathing in crisp Christmas air

or joining our carolers as they spread

holiday cheer. Come enjoy music,

cocoa, and roasted marshmallows

around a roaring bonfire in Blithewold's

Enclosed Garden, Carolers will be

singing around the bonfire from 6:30 - 7

p.m. Hot Cocoa is free; S'mores kits will

WHEN: 6-8 p.m., Fridays through December 27.

There is still a chance for you to get

some one-of-a-kind gifts at the Tiverton

Historical Society's annual Holiday Sale

at Chace-Cory House. They have great

gift ideas for everyone on your list:

Tiverton baseball caps and mugs, col-

lectible Tiverton ornaments, vintage

glassware, historic books and maps,

jams and jellies, and lots more gift

items, as well as delicious homemade

WHERE: 3908 Main Road, Tiverton Four Corners.

MORE INFO: www.tivertonhistorical.org.

WHERE: Blithewold, Ferry Road, Bristol.

**COST**: Free with mansion admission.

MORE INFO: www.blithewold.org.

WHERE: Riverside Library, 475 Bullocks Point Ave., Riverside.

WHEN: 10 a.m.-5 p.m.; Saturday, Dec. 21.

Christmas; 3 p.m., Elf. Movie times are approximate. Light refreshments will be served.

## 'A Nor'easter Noel' at Sandywoods

Ring in the season with a stellar cast of award-winning singer-songwriters from the Northeast. Original and classic holiday and winter-themed songs will be performed. Singing along encour-

WHERE: Sandywoods, 43 Muse Way, Tiverton. WHEN: 7:30 p.m.

COST: \$10 advance, \$12 at the door. **MORE INFO**: Reserve tickets at the advance price by leaving a message at 401-241-7349.

## **Opening reception: Brainscanning**

"Brainscanning," an exhibition of new work by Tom Deininger, will be on display at Van Vessem Gallery in Tiverton through January 31, 2014. An opening reception will be held this Saturday, with a special appearance by performance artist Laurel Casey. Gallery hours are noon-5 p.m. on Wednesday, 4-8 p.m. on Thursday and Friday, 2-5 p.m. on Saturday, and during performances in the adjacent Sandywoods Center for the Arts.

WHERE: Van Vessem Gallery, 63 Muse Way, Tiverton.

WHEN: 5-8 p.m. COST: Free.

MORE INFO: 401/835-6639.

## SPOTLIGHT



## Antje Duvekot at Sandywoods

ntje Duvekot is one of the brightest singer-songwriters to rise out of Boston's ultra-competitive acoustic music scene. For years, Duvekot's songs have been critically praised for their hard-won wisdom, dark-eyed realism, and streetsmart romanticism. Blending uncommonly beautiful vocals with one of the sharpest poetic sensibilities in her field.

WHERE: Sandywoods Center for the Arts, 43 Muse Way, Tiverton. WHEN: 7:30 p.m.; Saturday, Dec. 21. COST: \$18 advance, \$20 at the door MORE INFO: 401/241-7349;

www.sandywoodsmusic.com

her latest release is a masterpiece of the modern folk genre.

## **Holiday Zoobilee**

The Zoo is open exclusively for Holiday Zoobliee this Saturday. Visitors will be able to learn how the zoo's animals stay active through holiday-themed keeper chats; the Zoo's train and wildlife carousel are included in the Zoobilee admission; and there will be opportunities to carol with the animals, enjoy hot chocolate and a special holiday cookie, and workout with some of Santa's elves before stopping up at the Buttonwood Farm to meet Santa Claus.

WHERE: Buttonwood Park Zoo, Hathaway St., New Bedford.

WHEN: 11 a.m.-4 p.m.

COST: Members are \$9/adult and \$6/child; Nonmembers are \$14/adult; \$11/child and all children under 3 are free.

MORE INFO: www.bpzoo.org.

## **'Messiah and Carol Sing: The Christmas**

Swanhurst Chorus, under the direction of conductor Jonathan Babbitt, offers the 21st Annual "Messiah and Carol Sing: The Christmas Story," a beloved tradition of Christmas in Newport. This special evening will feature much of the Christmas portion of Handel's Messiah as well as beloved carols, plus selections by Swanhurst's Chamber Singers and the telling of the Christmas Story.

WHERE: Emmanuel Church, Newport.

**WHEN**: 7 p.m.

COST: \$10, \$5 for children 12 and under, and \$25 maximum per family.

MORE INFO: 401/682-1630; www.Swanhurst.org.

## December 23

## Legos at the library

LEGO fans are invited to build along-

side other kids who love LEGOs. Grades

WHERE: Riverside Library, 475 Bullocks Point Ave., Riverside.

WHEN: 10:30-11:30 a.m. COST: Free.

MORE INFO: 401/433-4877

## **Fuesday** December 24 **Christmas Eve**

## **Christmas in the Barnyard**

Participants are encouraged to dress appropriately for a morning in the barnyard. This program begins promptly at 9:00am, please arrive at least ten minutes early. No reservations are required.

WHERE: Coggeshall Farm, Bristol. WHEN: 9-10:30 a.m.

**COST**: \$10 adults; \$6 seniors and children (3-12); children under 3 Free. Museum Members, \$7 adults; \$5 seniors and children (3-12); children under 3 Free.

## **Wednesda**

## December 25 **Christmas Day**



## **Thursday** December 26

## **Animal experiences with Dave** Marchetti

Dave will introduce all ages to his many animal friends including a chinchilla, snakes, lizards, tree frogs, a hedgehog, turtles, and more. Kids and adults will be invited to touch and hold the animals at the end of the program.

WHERE: Weaver Memorial Library, 41 Grove Ave., East Providence.

WHEN: 1:30-2:30 p.m.

COST: Free.

MORE INFO: 401/434-2453.

## **lusic**

## Aidan's Irish Pub

John St., Bristol; 401/254-1940 Sunday: An Irish seisiun, 5-9 p.m.

## **Atlantic Sports Pub**

70 Shove St., Tiverton; 401/816-5996 Every Wednesday: Pro Karaoke by Rick & Joan

## **Beach House**

506 Park Ave., Portsmouth; 401/293-

## Benjamin's Sports Club

4 Stafford Road, Tiverton; 401/624-3899 Saturdays: Pro Karaoke with Rick & Joan

## **Bovi's Town Tavern**

287 Taunton Ave., East Providence; 401/434-9670

## **British Beer Company**

29 State St., Bristol; 401/253-6700 Friday: D&D Live; Saturday: Andre Arsenault Duo.

## **Broadway Lounge**

535 North Broadway, East Providence; 401/434-9742.

Friday: Brother to Brother; Saturday: Spellbinders.

## **Custom House Coffee**

600 Clock Tower Square, West Main Road, Portsmouth

Sunday: Open mic with Gary Fish, 2-5 p.m, guest musician 3 to 3:45 p.m.

## The Coffee Depot

501 Main Street, Warren; 401/608-

Open Mic starts about 7:00 pm and follows the featured artist's 8:00-8:40 pm performance until 9:50pm., Fridays excluding holiday weekends. Bring a nonperishable food donation to benefit Bristol Good Neighbors.

## **DeWolf Tavern**

259 Thames St., Bristol; 401/254-2005

Wednesdays: The Rick Costa Trio (jazz)

### **Federal Hill Pizza**

495 Main St., Warren; 401/245-0045

Federal Hill Pizza features live music every Saturday night at 7:30 p.m. This week: Rebecca Correia.

### The Knights of Columbus

28 Fish Rd., Tiverton

Karaoke every Friday night with Mariozations Studio; from 6:30-11 p.m.; Computer karaoke or BYO CD. Free admission. 50/50 raffle, hosted by Jesse Bertholde 401/297-6604.

## LePage's Seafood

439 Martime St., Fall River; 508/677-

Fridays: Karaoke at 9 p.m.

### Mulhearn's Pub

507 North Broadway, East Providence; 401/438-9292

Friday: Rock-A-Blues; Sunday: Karaoke with Chase.

### **One Pelham East**

270 Thames St., Newport; 401/847-9460

Thursday: Stu Sinclair with Never in Vegas; Saturday: Brian Scott, Blockhead; Tuesday: DJ Blacklist; Wednesday: Jack Babineau.

### **133 Club**

29 Warren Ave., East Providence; 401/438-1330

Wednesdays: Karaoke with Big Bill; Thursday: Mac Odom Band; Friday: Stone Leaf; Saturday: Outta the Blue; Sunday: Brother to Brother.

### **Oriental Pearl**

576 State Rd., Westport

508/675-1501or 401/435-6565

Karaoke every Wednesday night with Cal Raye. 8:30 p.m.-12:30 a.m.

## Scampi

657 Park Ave., Portsmouth; 401/293-

Fridays: Andre Arsenault; Saturdays: Alissa Musto.

## **Scores Pub**

3 Park St., Rte. 118, Rehoboth; 401/435-

Karaoke every Tuesday night with Cal Raye. 8-11 p.m.; free pool.

## Steve Fredrick, solo acoustic

Pauls City Grille, 315 Waterman Ave., East Providence.

8:30-11:30 p.m.; Saturday and Sunday,

## **l'heater**

## Miracle on 34th Street

The Ocean State Theatre Company (OSTC), which recently launched its first full season in its new state-of-theart theatre in Warwick, is proud to present the musical adaptation of the popular holiday favorite, Miracle on 34th

WHERE: 1245 Jefferson Boulevard, Warwick. WHEN: Through December 29.

**COST**: Tickets are \$39 for preview performances and \$39-\$54 for all other performances. **MORE INFO**: www.OceanStateTheatre.org;

401/921-6800.

## 'A Christmas Carol'

Trinity Rep proudly continues the celebration of their 50th season with their annual presentation of Charles Dickens' "A Christmas Carol." Appealing to young and old alike, this heartwarming story of the power of forgiveness shows

## SPOTLIGHT



## Sparkle! An outdoor family event

ome stroll through Blithewold's illuminated gardens and green-

house, breathing in that crisp Christmas air or joining our carolers as they spread holiday cheer. Come enjoy music, cocoa, and roasted marshmallows around a roaring bonfire in Blithewold's Enclosed Garden. Carolers will be singing around the bonfire from 6:30 - 7 p.m.

WHERE: Blithewold, Ferry Road, Bristol. WHEN: 6-8 p.m., Fridays through December. COST: Christmas Sparkle is included in a regular Mansion admission. Family (2 adults, 2 youths): \$24; Adult: \$11; Senior: \$10; Student: \$9; Youth 6-17: \$3; Child 5 and under: Free/

MORE INFO: 401/253-2707.

us that anything is possible—and hope is always just around the corner.

WHERE: Trinity Repertory Theatre, 201 Washington St., Providence. WHEN: Through December 28.

**COST**: \$36 adults; \$22 children (age 2-14). MORE INFO: 401/351-4242; www.trinityrep.com.

## 'Vanya and Sonia and Masha and Spike'

Fresh on the heels of their sold out run of season opener "The Grapes of Wrath", Trinity Rep continues their 50th anniversary season with the New England premiere of Christopher Durang's smash-hit comedy Vanya and Sonia and Masha and Spike. Taking takes his cue from some of Anton Chekhov's most recognizable characters, Durang wickedly adds more than a dash of pop culture, a huge helping of dark humor and then lets the characters stew in a pressure cooker of their own devising. The result is a whirlwind weekend of classic Durang barbs, over the top tirades and ridiculously hysterical situ-

WHERE: Trinity Rep, 201 Washington St., Provi-

WHEN: Through December 22. MORE INFO: 401/351-4242; www.trinityrep.com.

Miss Margie reads several theme-relat-

ed story and picture books geared

towards the pre-school set, followed by

craft time allowing the children to

express their creativity based on the fun

WHERE: Barrington Books, Barrington Shopping

MORE INFO: 401/245-7925; www.barrington-

Bring your little ones for stories

facts and stories they just heard.

Center, County Road, Barrington

Young children's story hour

WHEN: 10 a.m. Thursdays

COST: Free

hooks com

geared for 3- to 5-year-olds. Includes a craft and light snack.

WHERE: Baker Books, Route 6, Dartmouth

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 508/997-6700; www.bakerbooks.net

MORE INFO: www.asri.org

## 'Warren: A Point Of View'

This exhibit portrays the vibrant town of Warren R.I. told by current and former residents using video, audio, photographs, artifacts, memorabilia and oral histories told by members of the "The Silent Generation"—also known as "The Lucky Few"—people born from 1925 to 1942.

WHERE: Imago Gallery, 36 Market St., Warren. WHEN: Thursdays-Sundays through December

COST: Free.

MORE INFO: www.preservewarren.org.

### **'From Waders to Warblers: A** Photographic Celebration of Birds'

As an ecologist and artist, Brooks Mathewson's goal in avian photography is to express statements about the biology of his subjects while creating an artistic image. Through intense study of the forests, salt marshes and barrier beaches of Rhode Island, Brooks has assembled a body of photographic work that provides a comprehensive artistic visual narrative conveying the great diversity of migratory and resident avian life that inhabit these ecosystems.

WHERE: Audubon Environmental Education Center, 1401 Hope Street, Bristol.

WHEN: Through December.

**COST**: Free with admission. MORE INFO: www.asri.org.

MORE INFO: workshops@PortsmouthArts.org.

The Ceruleans, on exhibit in Barrington

Throughout the month of December, Barrington Public Library displays work by the Ceruleans, an active group of award-winning female artists. Among the group are Rhode Island painters, illustrators, and printmakers.

WHERE: Barrington Public Library, 281 County Road, Barrington.

WHEN: 9 a.m.-9 p.m., Monday-Thursday; 9 a.m.-5 p.m., Friday-Saturday; 1-5 p.m. Sunday. COST: Free.

MORE INFO: 401/247-1920; www.barringtonlibrary.org.

### **Bristol Art Museum**

In celebration of the new Bristol Art Museum's home at Linden Place, tours and an art exhibit featuring local artists John Udvardy and Penelope Manzella. will be on view through December.

WHERE: Bristol Art Museum, Wardwell St., Bris-

WHEN: 1-4 p.m., Sundays through December 29. COST: Free.

MORE INFO: 401/253-4400; www.bristolartmusuemn.org.

## **Holiday lantern tour**

Learn the history of winter holiday traditions on a lantern-lit stroll through Newport's streets and hear how people did or didn't celebrate the holidays.

WHERE: Departs from the Brick Market: Museum & Shop, 127 Thames St., Newport. WHEN: 4:30 p.m.; Thursdays, Fridays and Saturdays through December 28.

COST: \$12 per person, \$10 NHS members. MORE INFO: Reservations strongly recommended

as space is limited. Call 401/841-8770.

## **Impressionists on the Water**

As an artistic subject, there could be no better match for the Impressionists than the element of water. The play of light, sense of atmosphere and physical

See **TRIPS** Page 12

## NEWPORT GRAND SI **Children's story hour**

**PACKAGE** 

Call 401-608-3732 or NewportGrand.com



## New Year's Eve Dinner & Show!

Eight to the Bar Swing Band & Prime Rib & Seafood Buffet

401-849-5000

Tuesday, December 31

newportgrand.com



## From Page 11

experience of floating in a groundless world were irresistible for artists like Monet, Renoir, Sisley, Signac and Caillebotte. Through nearly 60 oil paintings, works on paper, models and small craft, this exhibition illuminates the importance that access to the sea and France's extensive inland waterways played in the development of one of the world's most robust artistic movements.

WHERE: Peabody Essex Museum, Salem, Mass. WHEN: Thursday, January 16. Barrington Town Hall parking lot departure at 7:45 a.m. will be followed by a Providence pickup at 8:05 a.m.

COST: \$60 BCS members and \$70 non-members. Includes museum admission, guided tour of the special exhibition, BCS escort, motor coach transportation and driver tip.

MORE INFO: 401/245-0432; www.barrcomm-

## **Markets**

### **Art Sales**

Two locations: Stella Blues in Warren and William Raveis Realty in Bristol. For more information, please contact Jane Dever at 401/688-0396.

WHERE: 15 Miller St., Warren; 423 Hope St.,

WHEN: Throught December 31. MORE INFO: 401/688-0396.

### Mt. Hope farmers' market

This farmers' markets showcases many local vendors selling fresh produce, meat and fish, along with baked goods and other treats. The Acacia Cafe food truck serves breakfast and lunch. There will also be live music, demonstrations, kids' activities, knife-sharpening, clothing and electronics drives and more.

WHERE: Mt. Hope Farm barn, 300 Metacom Ave.. Bristol

WHEN: 9 a.m. to 1 p.m. Saturdays MORE INFO: mounthopemarket@gmail.com.

## Rogers Free Library book sale

Ongoing sale featuring adult, young adult and children's books. Also available are DVDs, audio books and puzzles. All items are reasonably priced with proceeds benefiting the library.

WHERE: Rogers Free Library, 525 Hope St., Bris-

WHEN: 9 a.m. to 8 p.m. Monday to Thursday; 9 a.m. to 5 p.m. Friday and Saturday MORE INFO: 401/253-6948

## Sandywoods farmers' market

Vendors will offer jams and jellies, honey, gourmet roasted coffee, clam chowder, fresh shellfish, alpaca hats and gloves, breads and cakes, pastureraised meat and poultry, sandwiches and tacos, granola and eggs and fresh produce. There will also be live music.

WHERE: Sandywoods Center for the Arts, 43

## **SPOTLIGHT**



## Disney On Ice presents '100 Years of Magic'

oming to the Dunkin' Donuts Center at the end of December. Featuring Natasha Kuchiki as Mulan, whose skating career before "Disney On Ice" was highlighted by three US National Championships, a bronze medal in the 1991 World Championships, and sixth place in the 1992 Winter Olympics.

WHERE: Dunkin Donuts Center, 1 LaSalle Square, Providence.

WHEN: Thursday-Monday, Dec. 26-30. Times

**COST**: Tickets start at \$25.

MORE INFO: www.dunkindonutscenter.com.

Muse Way (take Roosevelt Drive off Bulgarmarsh Road), Tiverton

WHEN: 4-7 p.m. Thursdays

Clubs &

**Ballroom & line dancing** 

MORE INFO: 508/857-7734.

only (number below).

COST: \$7.

COST: 401/241-7349; info@sandywoodsfarm.org.

Every Tuesday afternoon; singles wel-

All active single seniors are welcome to

attend these meetings to discuss plans

for upcoming activities such as biking,

walking, outdoor concerts, inexpensive

trips, dinner, theater and more. RSVP

WHERE: Dunkin Donuts, 670 Metacom Ave.,

WHERE: Liberal Club, 20 Star St., Fall River.

**WHEN**: 12:30-3:30 p.m., every Tuesday.

**Active Single Seniors meeting** 

Warren

WHEN: 6 p.m. Tuesdays

COST: Free

MORE INFO: 401/247-0503

## **Ballroom & Latin dancing**

Join the fun and learn all the popular dances. Learn two new dances each month and enjoy an evening of social dancing. No partner needed to learn; beginners, singles and couples welcome. Complimentary coffee, tea, pizza and pastry, cash bar available.

WHERE: Democratic Club, 186 Roffee St., Bar-

WHEN: 7-8 p.m. beginner dance class, 8-11 p.m. social dance party, Fridays

MORE INFO: 401/245-1119; www.dancenelia.com

## **Ballroom dance lessons**

Learn all the social dances from a certified instructor in a relaxed environment. Adults of all ages are welcome. Great for beginners and more experienced dancers. Help with wedding dance preparation also available.

WHERE: East Providence Senior Center, 610 Waterman Ave., East Providence.

WHEN: 2-4 p.m. Mondays.

COST: \$3.

MORE INFO: 401/434-0080

## **Choreographed ballroom dance classes**

Mike and Joyce Alexander will teach

choreographed ballroom dancing (round dancing) every Monday evening. Modern social round dancing is pre-choreographed with a "cuer" telling the dancers what to do as they all progress around the dance floor. Rhythms taught will be foxtrot, waltz, cha-cha and rumba.

WHERE: Portsmouth Senior Center, 110 Bristol Ferry Road, Portsmouth.

WHEN: 6-7 p.m. (advanced), 7-8 p.m. (beginners) and 8-9 p.m. (intermediate) on Mondays.

COST: \$10 per couple.

MORE INFO: 508/672-0259; jta440@msn.com.

## **East Bay Toastmasters Club**

A program for professionals, students, stay-at-home parents or retirees who wish to improve their oral communication skills. Membership open to all.

WHERE: United Methodist Elder Care, 30 Alexander Ave., East Providence

WHEN: 5:30-7:30 p.m., first and third Thursdays of each month

MORE INFO: http://9556.toastmastersclubs.org

### **Open Knit Night at Sisters of the Wool**

Sisters of the Wool hosts a free knitting night, every Thursday, at their Westport

WHERE: Sisters of the Wool, 782 Main Rd., Westport.

WHEN: 5:30-8:30 p.m. Thursdays MORE INFO: 774/264-9665

## **Gardening volunteers at Veterans Home**

Rhode Island Veterans Home Master Gardener volunteers meet for general gardening activities to beautify the R.I. Veterans Home.

WHERE: R.I. Veterans Home greenhouse, 480 Metacom Ave., Bristol

WHEN: 9 a.m. to noon, Mondays and Thursdays MORE INFO: 401/245-4845; margehardisty@yahoo.com

### Live model figure drawing

Take part in unguided figure drawing in a relaxed, informal and supportive setting. All experience levels - new artists included — are welcome. Bring your own materials and easel or other preferred work surface. Model and chairs provided.

WHERE: Sandywoods Center for the Arts (Yellow Building), 73 Muse Way, Tiverton.

WHEN: 6-9 p.m. Mondays.

COST: \$14 general, \$10 for college-level art students

MORE INFO: www.sandywoodsfarm.org.

## **Networking breakfast**

Community businesses are invited to attend a business networking breakfast sponsored by Service By Referral (SBR) networking's Bristol chapter. Both formal and informal networking exercises will be conducted to help business owners. As part of Service By Referral, members have access to networking meetings, training and events and other opportunities throughout Rhode Island and nearby Massachusetts.

WHERE: Raymour & Flanigan Furniture, 100 Highland Ave., Seekonk.

WHEN: 8 a.m. on Thursdays.

**COST**: Free, but guests are responsible for their

MORE INFO: newengland@sbrnetwork.com.

## Ocean State Bridge Club

A free lunch is served once a month by Sakonnet Bay. Visit the website for schedule, results and more information. Call or e-mail if you need a partner. Beverages and snacks served. Air conditioned room is quiet and comfortable. All are welcome.

WHERE: Sakonnet Bay Manor, 1215 Main Road,

WHEN: 12:30 p.m. Fridays, Mondays.

MORE INFO: 401/253-2383; www.oceanstatebridgeclub.com.

## **Operation Shower knitting circle**

Aquidneck Chiropractic will host a weekly knitting circle. The group will make baby articles to be sent to Operation Shower, an organization that supplies items to expectant families of soldiers deployed overseas.

WHERE: Aquidneck Chiropractic, 1272 West

Main Rd., Middletown. WHEN: 2 p.m. Tuesdays.

COST: Free.

MORE INFO: 401/849-7011.

## **Portsmouth Multi-Purpose Senior**

A variety of weekly activities are available, from zumba and line dancing to bridge, computer classes and support groups. Thrift shop open weekdays from 9:30 a.m. to 3:30 p.m. Blood pressure clinics are heal every 4th Wednesday of the month from 11 a.m. to noon. Must be aged 55 or older to join; Portsmouth residency not required.

WHERE: 110 Bristol Ferry Rd., Portsmouth MORE INFO: 401/683-4106

### **Senior fitness classes**

Seekonk Total Fitness Club offer a free senior fitness class.

WHERE: Seekonk Total Fitness, 1301 Fall River Ave., Seekonk

WHEN: 10:30 a.m. Tuesdays, Thursdays

COST: Free

MORE INFO: 508/336-4545: www.totalfitnessclubs.com

## Social duplicate bridge

"Tea Time at the Table," duplicate bridge for newcomers and intermediates. All are invited for an afternoon of food, fun and friends.

WHERE: St. Mary's Church parish house, 378 East Main Road, Portsmouth

WHEN: 1-3:30 p.m. Tuesdays

MORE INFO: 401/624-1723 or e-mail vikingbridgeclub@verizon.net

### **Toastmasters Island Foghorns** Toastmasters International is a non-

profit organization that helps people develop and improve their public speaking abilities through local club meetings.

WHERE: Middletown Police Department, 123 Valley Rd., Middletown

WHEN: 5:30-6:30 p.m. first and third Thursdays of each month MORE INFO: e-mail

vpres-mem@islandfoghorns.org

## Viking Bridge Club

Offers games and lessons for players at every level. Partners are guaranteed.

WHERE: St. Mary's Parish House, 278 East Main Road, Portsmouth.

WHEN: 6:30 p.m. Mondays, 9:30 a.m. Wednesdays, Fridays, 12:30 p.m. Tuesdays, Thursdays. MORE INFO: 401/624-1723; www.vikingbridge-

## **Al-Anon meetings**

Hope for Today, an Al-Anon meeting offers help for families and friends of

WHERE: Warren Senior Center, Joyce St., War-

WHEN: 10 a.m. Thursdays. Recovering hearts Al-Anon meeting.

WHERE: St. James Lutheran Church, Middle

Highway, Barrington.

WHEN: 11 a.m. Saturdays.





### **Food Addicts in recovery**

A long-term solution to food addiction whether you are anorexic, bulimic, an overeater or otherwise food-obsessed. No dues, fees or weigh-ins. Membership open to anyone who wants help with food. Meetings in East Providence and Bristol.

- East Bay Manor, 1440 Wampanoag Trail, East Providence; 7-8:30 p.m. Wednesdays; free; www.foodaddicts.org
- Columban Fathers, 65 Ferry Road, Bristol; 8 a.m. Saturdays; free; 401/433-4521 (Betty)

### MORE INFO: www.foodaddicts.org

Marijuana Anonymous
Support group works to help people recover from marijuana addiction. The program uses the basic 12 steps of recovery founded by Alcoholics Anonymous. If using public transportation,

WHERE: Barrington Congregational Church Education Building (room 8), 461 County Road, Barrington

take RIPTA bus 60 to the church.

WHEN: 7:30-8:30 p.m. Wednesdays
MORE INFO: 401/369-6518 or BillW15@aol.com
(Bill W.); www.facebook.com/RIMABored-

### **Parenting support group**

This group, for parents to discuss the challenges of raising children today in a demanding society, is open to all parents, single and partnered, traditional and non-traditional and to parents in blended family situations. Child care is available but parents must call Jennifer DeWolf at 401/935-3359 by the Friday before the meeting to let her know how many children will attend and their ages.

**WHERE:** Tildsley Building, St. Michael's Church, 399 Hope St., Bristol

**WHEN:** 6 p.m. on the third Thursday of each month

**COST:** Free; donations of non-perishable food for Bristol Good Neighbors Soup Kitchen or paper goods for the East Bay Food Pantry welcome

## **TOPS** meetings

TOPS (Take Off Pounds Sensibly) meets at locations around the East Bay. It's a sensible and affordable way to help you lose weight and get healthy.

- Riverside Congregational Church, 15 Oak Ave., Riverside, on Thursdays; 5:45-6:10 weighin, 6:15-7 p.m. meeting. \$2 per week. For more information contact Barbara at 401/433-5084 or e-mail blh25@cox.net.
- $-\!\!\!-$  Tiverton Senior Center, 207 Canonicus St., Tiverton, on Thursdays at 10 a.m. All are welcome.
- Warren Baptist Church, Main and Miller Street, Warren, Thursdays; 5:45-6:30 p.m. weigh-in, 6:30-7:30 p.m. meeting, Thursdays. \$3 a week. For more information, call Susan Lemois at 401/864-6510.

## Points of Interest

### Audubon Society's Environmental Education Center

This natural history museum and aquarium is situated on a 28-acre wildlife refuge with walking trails and quarter-mile boardwalk. In the center, visitors can look inside a 33-foot life-sized Right Whale, discover life in a tide pool, observe Narragansett Bay's marine life, see a rare blue lobster and even explore a cornfield at night.

WHER: 1401 Hope St. (Route 114), Bristol. WHEN: 9 a.m.-5 p.m. Monday to Saturday, noon-5 p.m. Sunday.

**COST**: \$6 adults, \$5 seniors, \$4 children ages 4 to 12, free for children under 4 and members; group tours available.

**MORE INFO**: 401/245-7500; www.asrieec.org .

## Barrington Preservation Society Museum

The Barrington Preservation Society Museum is a center for collecting, preserving and exhibiting objects that relate to the history of the town of Barrington. It also serves as a research and education center with programs, tours, books and published materials available to the community. "Barrington's Industrial Past" on exhibit through June 30, 2014.

WHERE: Barrington Preservation Society Museum, 281 County Rd. (on the lower level of the Barrington Public Library)

**WHEN:** 11 a.m.-4 p.m. Wednesday, Thursday, Saturday and by appointment

COST: Free

MORE INFO: 401/289-0802; www.barrpreservation.org

### **Battleship Cove**

Home to a battleship, destroyer, two P.T. boats, a Russian-built missile corvette plus aircraft exhibits. Recently appointed as Massachusetts' official memorial to its victims of the Sept. 11, 2001 terrorist attacks, Battleship Cove serves as the Bay State's official memorial to the World War II, Korean, Vietnam and Persian Gulf conflicts.

WHERE: Battleship Cove, 5 Water St., Fall River WHEN: 9 a.m.-4:30 p.m. daily

**COST:** \$15 adults, \$13 seniors 65 and older and veterans, \$9 children 6 to 12, \$7 active military, free for children under 6

MORE INFO: 508/678-1100; www.battleship-cove.org

### Blithewold Mansion, Gardens & Arboretum

A 45-room mansion and 33 acres of landscaped grounds overlooking Narragansett Bay. Various flower gardens, a 90-foot tall giant sequoia, a bamboo grove and other exotic plants. On the National Register of Historic Places.

WHERE: 101 Ferry Road, Bristol

WHEN: Gardens and grounds open 10 a.m.-4 p.m. daily; mansion and gardens open 10 a.m.-4 p.m. April to October

COST: \$24 per family, \$11 for adults, \$9 for seniors/students/military personnel, \$3 for children ages 6-17, free for kids 5 and under and Blithewold members

MORE INFO: 401/253-2707; www.blithewold.org

### Bristol Historical & Preservation Society Museum

Located in the former Bristol County jail, built in 1828 of stones used for ballast in Bristol ships. It has a library and collection of artifacts and memorabilia covering Bristol's 300-year history. Architectural and historical walking tours arranged for groups.

WHER: 48 Court St.
WHEN: 1-5 p.m. Wednesdays and Fridays
COST: \$2 donation; free for members
MORE INFO: 401/253-7223

## The Bristol Train of Artillery

The B.T.A. has maintained an uninterrupted existence from the date of its establishment on Feb. 12, 1776. The headquarters is also a museum with rare specimens of military weapons and artifacts, shoulder arms, sabers, documents and other memorabilia.

WHERE: 135 State St., Bristol
MORE INFO: For tours, exhibits or demos, contact
Lt. Col. Herb Deveau, 401/253-3927; Lt. Col. Sabby Dias

## **Buttonwood Park Zoo**

The zoo features more than 200 animals in 28 exhibits on a 10-acre site. A new Zoo Choo Choo, an electric train, runs daily on the grounds and is \$2 a ride.

WHER: 425 Hawthorn St., New Bedford WHEN: 10 a.m.-5 p.m. daily; closed Thanksgiving, Christmas and New Years Day COST: \$6 adults, \$3 ages 3-12, free under 3,

\$4.50 teens, seniors; \$2 train **MORE INFO**: 508/991-6178; www.bpzoo.org

## **Buzzards Bay Brewing**

The brewery is built on a 140-acre historic farm where they grow the hops and barley for their award winning ales, lagers and pilsners.

WHERE: 98 Horseneck Road, Westport WHEN: 11 a.m.-5 p.m. Thursday to Saturday; tours on Saturday

**COST**: Free for one tasting; \$5 for a Buzzards Bay sample glass and four tastings

MORE INFO: 508/636-2288; www.buzzards-brew.com

## **Caratunk Wildlife Refuge**

The Audubon Society of Rhode Island site has a large nature center with regular activities and educational classes. Includes an extensive trail system through 250 acres of fields, forests, streams and woods.

WHERE: 301 Brown Ave., Seekonk

WHEN: Daily, sunrise to sunset

**COST**: Free admission to refuge, admission fees for programs

MORE INFO: 508/761-8230; www.asri.org

### **Chace-Cory House**

This early 18th century dwelling, head-quarters of the Tiverton Historical Society, with its restored early outbuildings, houses the Society's collection of early American antiques and furnishings displayed in restored period rooms, as well as important documents and artifacts from Tiverton's rich past. The colonial garden is planted with heirloom plants, including jonnycake corn, the rare native R.I. white cap flint corn. New this year is the entrance through the museum shop where historical books, Tiverton mugs and ornaments, jams and jellies, and other items may be purchased.

WHERE: 3908 Main Road, Tiverton Four Corners WHEN: 2-4:30 p.m. Sundays, June 2-Sept 30, or by appointment

**COST**: \$3 non-members; \$2 students and seniors (60 yrs+); members and children under 12 years free

**MORE INFO**: 401/625-5174; www.tivertonhistorical.org

### **Charles W. Greene Museum**

Exhibits include the Charles R. Carr collection of pre-Columbian, Peruvian and North American Indian artifacts, including wampum and glass beads, along with colonial fishing, farm implements and utensils.

WHERE: George Hail Library, 2nd Floor, 530 Main St., Warren

**WHEN**: 2-4 p.m. Wednesdays and by appointment **COST**: Free admission

MORE INFO: 245-7686

## Coggeshall Farm Museum

Visitors experience the past through all of their senses at this 48 acre living history farm. Interpreters dressed in reproduction clothing carry out the same tasks performed on Bristol's farms in 1799 and invite visitors to learn handson. The working 18th century farm features historic structures and heirloom plants and animals.

**WHERE**: Poppasquash Road, off Route 114, Bristol, adjacent to Colt State Park

WHEN: 10 a.m.-4 p.m. Tuesdays to Sundays, year round; closed Mondays
COST: \$5 adults, \$3 children, seniors

MORE INFO: 253-9062; www.coggeshallfarm.org

## **Fall River Carousel**

Housed in an elegant Victorianinspired pavilion, this unique waterfront venue has been completely restored to the splendor of its early days at the historic Lincoln Park. Over 3,000 carousels were produced in the U.S. during the "golden age" between the early 1880s and early 1930s. Fall River's Carousel 54 of the Philadelphia Toboggan Company is one of only 165 left operating in the country. The classic carousel, marked by masterful carvings and that old familiar up-and-down galloping motion, can be enjoyed by the whole family year-round for birthday parties and special events.

**WHERE:** Fall River Carousel, Central St., Fall River

WHEN: Season (closed for winter); opens Memorial Day on weekends, then Wednesday through Sunday when school lets out; available for private functions year round

**COST**: \$1 ride; \$5 for seven rides **MORE INFO**: 508/678-1100, ext. 101; www.battleshipcove.org

## Gray's Grist Mill

One of the oldest continually operating grist mills, grinding corn the same way it did before 1700. Buy the famous R.I.jonnycake meal here, made of flint-cap corn, ground with granite stones.

WHERE: 638 Adamsville Road, Westport WHEN: Noon-4 p.m. Tuesday to Sunday MORE INFO: 508/636-6075; www.graysgristmill.com

### **Greenvale Vineyards**

Vineyard tours are at 2 p.m. and include a walk through the 20 acres of vines, a tasting of their estate-grown wines, the restored 1863 stable and views of the Sakonnet River.

WHER: 582 Wapping Road, Portsmouth WHEN: 11 a.m.-4 p.m. Monday to Saturday; noon-4 p.m. Sunday; daily public tours are at 2 p.m.

(weather permitting) **COST**: \$8 per person

MORE INFO: 847-3777; www.greenvale.com

## **Linden Place Mansion**

Bristol's "Great House" is where generations of seafaring DeWolfs, Colts and Barrymores entertained presidents and politicos. During Scavenger Hunts, make your way through the 200-year-old mansion rooms and seek out dozens of artifacts — both big and small — hidden and in plain sight, while you learn of Linden Place's rich architectural and family history.

WHERE: 500 Hope St., Bristol

**WHEN**: 10 a.m.-4 p.m. Tuesday to Saturday, through Columbus Day

**COST:** \$8 for adults, \$6 for seniors/students. \$5 for children ages 6 to 11, free for kids under 6; \$2 discount for military, AAA and PBS members **MORE INFO:** 401/253-0390

### **Lloyd Center**

Located on 55 acres of pristine saltmarsh, maritime forest and wetlands at the mouth of the Slocums River offering 6 walking trails. The headquarters and nature center contain live exhibits. A variety of educational programs for students of all ages are available.

WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through May; trails open dawn to dusk, 365 days COST: Free

WHERE: 430 Potomska Road, Dartmouth

## Martin Wildlife Refuge

www.lloydcenter.org

MORE INFO: 508/990-0505;

The Seekonk Land Conservation Trust maintains this 35-acre "oasis of peace" with woodland trails, a pond and streams.

WHERE: 379 Fall River Ave. (across the street from the Grist Mill Restaurant), Seekonk

WHEN: Sunrise to sunset, daily

MORE INFO: 508/336-4244 (Tom Webb);

seekonklandtrust@yahoo.com

## Maxwell House

This 2-1/2 story brick Colonial, the oldest brick house in Warren, was built in 1756 by the Rev. Samuel Maxwell and remained in the Maxwell family for 122 years. It has two working beehive ovens and is the home of the Massasoit Historical Association.

WHERE: Corner of Water and Church streets, Warren WHEN: 10 a.m.-2 p.m., Saturdays; open for spe-

cial events and by appointment

**COST**: Free, donations welcome

**MORE INFO**: 245-3350, 245-0392; www.massasoithistorical.org

### Mt. Hope Farm

The farm boasts 200 acres, from rocky shorelines to thick forest paths to open meadows, all linked with walking paths. It dates back to 1745, is listed on the National Register of Historic Places and once hosted Gen. George Washington during the Revolutionary War.

**WHERE**: 250 Metacom Ave., Bristol **COST**: 7 a.m.-7 p.m. daily (the farm is sometimes

**COST**: / a.m.-/ p.m. daily (the farm is sometime closed for private functions)

COST: Free

MORE INFO: 254-1745; www.mounthopefarm.com

## Museum of Natural History and Cormack Planetarium

Rhode Island's only natural history museum, home to the state's only planetarium. Offers exhibits and attractions. Seating is limited. Kids under four not admitted.

**WHERE**: Roger Williams Park, 1000 Elmwood Ave., Providence

WHEN: 10 a.m.-5 p.m. daily; planetarium is open every weekend and during school vacations with shows at 2 p.m.

COST: \$3 adults, \$2 children under age 8 (includes museum entrance fee), kids under 4 not admitted to planetarium

MORE INFO: 401/785-9457; www.providenceri.com/museum

### New Bedford Whaling National Historical Park

Established in 1996 to preserve and interpret America's 19th-century whaling history. It encompasses a 13-block National Historic Landmark District and addresses economic, social and environmental history of whaling.

WHERE: 33 William St., New Bedford MORE INFO: 508/996-4095; www.nps.gov/nebe

## Newport Vineyards & Winery

Tours at 1 and 3 p.m. daily, including a walk among the 35 acres of vineyards. Wine tastings held throughout the day. An art gallery and gift shop with gourmet foods, wine accessories and clothing. Private tours, events available.

WHERE: 909 E. Main Road (Route 138), Middletown

WHEN: 10 a.m.-5 p.m. Monday to Saturday; noon-5 p.m. Sunday; 1 and 3 p.m. daily tours COST: \$7, includes a complimentary wineglass MORE INFO: 848-5161

## Old Colony & Newport Railway

The 80-minute, 10-mile trip takes riders along Aquidneck Island's west shore through the Naval Base to Portsmouth and back.

**WHERE**: Old Colony & Newport Railway, 19 America's Cup Ave., Newport

WHEN: 11:45 a.m. and 1:45 p.m. Sundays, year round

**COST**: \$10 for adults, \$8 for seniors and \$6 for children under 14 for coach; \$13.50 for first-class parlor car regardless of age

MORE INFO: 401/849-0546: www.ocnrr.com

See POINTS Page 14

Comedians in one night!



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NEWPORT GRAND SLOTS

## **Good Health** IN THE EAST BAY

## Have you ever heard of cervicogenic dizziness?

By Dr. Jeremy McVay and Cindy Larcher, PTA

Dizziness affects more than 50% of the population over age 65 and we have seen a recent increase in the younger population. Dizziness can come from a variety of sources.

It is important to consider sources of dizziness. 85% of vertigo comes from BPPV (benign paroxysmal positional vertigo). This usually makes one feel like the room is spinning when changing position (like getting out of bed). More concerning problems should be ruled out by your doctor. BPPV is resolved in 85-90% of cases in one physical therapy treatment for the inner ear. Other types of vertigo may require vestibular rehabilitation and/or referral to an ear, nose and throat doctor.

Cervicogenic dizziness comes from the neck. It can include symptoms such as lightheadedness, nausea, headache (especially in the back of the head and behind the eye), dizziness, fatigue, foggy, neck pain and stiffness, and feeling off balance. Less frequently occurring are visual disturbances, sweating, ringing in the ears, problems with swallowing, TMJ (jaw) pain, arm pain or burning. These signs can also be related to other problems, so discussing this with your doctor is important.

Cervicogenic dizziness is affected by neck positioning. Symptoms tend to be worse in positions that compromise the neck, such as using a computer, driving, watching TV, using a smart phone, reading and being bent forward. This problem tends to build up over time. The great news is that there is treatment. Correcting posture and building up the right muscles in the neck are part of working toward a long term fix. Heat, massage techniques (such as trigger point therapy), electrical stimulation, mobilization and traction have been shown to be helpful as well.

The most common cause of this is long-term poor posture. However, trauma, such as a fall or car accident, can also be related to the onset of dizziness. Usually, the dizziness comes and goes and is



combined with a loss of range of motion in the neck.

A thorough evaluation is the best way to determine what type of dizziness or vertigo is occurring. There is no specific test for cervicogenic dizziness. It does not show up on x-ray or MRI. Therefore, it is important to first ruling out other sources of dizziness as the primary cause. For this reason it is very important to understand the history, perform a physical examination, and perform vestibular function tests to get a better understanding of the underlying condition.

McVay Physical Therapy treats cervicogenic dizziness, BPPV, vestibular rehabilitation including desensitization, balance and gait training. Treatment is individualized for each person and is preceded by a thorough evaluation.

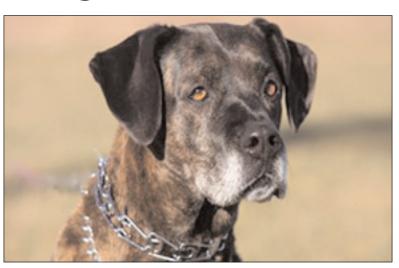
Dr. Jeremy McVay is the owner and director of McVay Physical Therapy. Dr. McVay is board certified and has taken special topic courses in the spine, foot and ankle, shoulder and aquatics. He has lectured at *Brown for more than 10* years. Cindy Larcher is a graduate of the Physical Therapist Assistant program at CCRI. She is board certified as a licensed PTA. Cindy furthers her knowledge through continuing education courses, including the Sarah Meeks Comprehensive Treatment Strategy for osteoporosis, Parkinson's and arm injuries.



SPONSORED BY MCVAY PHYSICAL THERAPY

## Georgia Girl

Georgia Girl is a 9-year-old Portuguese Cattle Dog who was rescued from the Warren Animal Shelter 6 years ago. Her owner recently passed away and unfortunately this senior beauty has found herself back at the Warren Shelter. She needs to be in an only dog family, but has with cats. A generous donor has offered to pay her adoption fee so that this special senior can live out her golden years with a loving family. Please call the Warren Animal Shelter to meet her: 401/245-4569.



## Holiday watch list

From Eloise and the Grinch to the Bradys and WWE, here's a comprehensive list of the good, the bad — and yes, even the ugly in holiday specials from now until 2014. Proceed with caution.

## Wednesday, Dec. 18

- Home for the Holidays with Celine Dion, CBS — 8 p.m.
- The iHeartRadio Jingle Ball 2013, The CW — 8 p.m.
- Michael Buble Christmas, NBC — 10 p.m.

## Thursday, Dec. 19

■ Eloise at Christmastime, ABC Family — 7 a.m.

## Friday, December 20

■ Happiness Is a Warm Blanket, Charlie Brown, Fox — 8 p.m.

## Saturday, December 21

■ Nestor the Long-Eared Christmas Donkey, ABC Family — 7 a.m.

■ The Little Drummer Boy, ABC Family — 7:30 a.m.

■ The Life and Adventures of Santa Claus, ABC Family — 9 a.m.,

■ I Want a Dog for Christmas, Charlie Brown, ABC — 8 p.m.

## Monday, December 23

■ A Chipmunk Christmas, ABC – 8:30 p.m.

## **Tuesday, December 24**

- A Very Brady Christmas, ABC Family — 7 a.m.
- 'Twas the Night Before Christ-
- mas, ABC Family 9 a.m. ■ It's a Wonderful Life, NBC — 8
- Dr. Seuss' How The Grinch
- Stole Christmas, ABC 8:30 p.m.

## Wednesday, December 25

- A Christmas Story, TBS All day marathon begins at midnight.
- Disney Parks Christmas Day Parade, ABC — 10 a.m.

- Ice Age: A Mammoth Christmas, Fox — 8 p.m.
- Merry Madagascar, The CW — 9:30 p.m.

## **Saturday, December 28**

■ WWE Tribute to the Troops, NBC — 9 p.m.

## **Monday, December 30**

- Happy New Year, Charlie Brown, ABC 8 p.m.
- Rudolph's Shiny New Year, ABC - 9 p.m.

## **Tuesday, December 31**

- Dick Clark's New Year's Rockin' Eve with Ryan Seacrest, ABC — 10 p.m.
- New Year's Eve with Carson Daly, NBC — 10 p.m.
- New Year's Eve Live, Fox 11

## **Wednesday, January 1**

■ The 125th Tournament of Roses Parade, NBC — 11 a.m.

## Barrington Community School class registration now open

Registration for Barrington Community School's winter/spring courses, trips and students activities is in progress. Courses in finance, crafts, cooking, foreign language, fine arts, music, literature, sports, and fitness are offered. College bound programs include Preparing for the S.A.T. and college visits. Parent-child workshops and classes for teens and pre-teens are available, as well as numerous day trips to museums, theater, gardens, historic sites, ski resorts, concerts and more. Brochures are available at area businesses and libraries or visit the website, www.barrcommschool.com. Call BCS at 401/245-0432 for more info.



From Page 13

## **Osamequin Wildlife Sanctuary**

The sanctuary features 42-acres alongside Hundred Acre Cove with woodlands, fields, saltwater wetlands and a well-defined trail system that leads to the shoreline with benches for resting along the way. There is a map at the

WHERE: Off the Wampanoag Trail, Route 114, Barrington (there is a sign and a small parking

WHEN: Year-round, sunrise to sunset

## **Preservation Society of Newport**

Take a journey back in time at one of America's premier collections of historic house museums. Find a world of exceptional elegance and inspiration in architecture, art, interior design and landscapes and explore 250 years of American history.

WHERE: The Breakers, 44 Ochre Point Ave.; The Elms, 367 Bellevue Ave.; Marble House, 596

Bellevue Ave.; Chateau-sur-Mer, 474 Bellevue Ave.; Rosecliff, 548 Bellevue Ave.; Kingscoate, 253 Bellevue Ave.; Hunter House, 54 Washington St.; Isaac Bell House, 70 Perry St.

WHEN: 9 a.m. daily, The Breakers; 10 a.m. other mansions; 6 p.m. mansion, 7 p.m. grounds, The Breakers; 5 p.m. other mansions; 10:30 a.m.-4:30 p.m. weekends and holidays, Hunter House and Isaac Bell House

**COST**: \$31.50 adults, \$10 ages 6-17, five properties excluding Hunter House; \$24.50 adults, \$6.50 ages 6-17, The Breakers plus one other property excluding Hunter House; \$19.50 adults, \$5.50 ages 6-17, The Breakers only; \$14.50 adults, \$5.50 ages 6-17, one property, excluding The Breakers and Hunter House; \$28 adults, \$5 ages 6-17, Hunter House only

MORE INFO: 847-1000: www.newportmansions.org

**Providence Children's Museum** 

Every week, kids can enjoy a whole variety of activities, crafts, games and more.

WHERE: 100 South St., Providence

WHEN: 9 a.m.-6 p.m. Tuesdays to Sundays, select Fridays to 8 p.m., closed Mondays except holidays and public school vacations, September to

COST: \$8.50, free for children under 12 months,

most programs free with admission MORE INFO: 401/273-5437; www.childrenmuse-

## **Roger Williams Park Zoo**

Walk through this 40 acre zoo - one of the nation's oldest — and encounter African elephants, Masai giraffes, zebras, red pandas, snow leopards, moon bears, gibbons, giant ant eaters and more in naturalistic settings

WHERE: 1000 Elmwood Ave., Providence

WHEN: 9 a.m.-4 p.m. daily

**COST**: \$14.95 adults, \$9.95 kids 3 to 12, \$12.95 seniors (62 plus), free for children under 3 and zoo members; admission is half price in January and February

MORE INFO: www.rwpzoo.org

## **Sakonnet Vineyards**

Open daily for tours (no weekend tours in January and February), wine tastings and retail sales.

WHERE: 162 West Main Road, Little Compton WHEN: Noon and 3 p.m.

**COST**: \$10 per person; includes complimentary wine glass

MORE INFO: 635-8486; www.sakonnetwine.com

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## East Bay Real Estate

EASTBAYClassifieds.com December 18-20, 2013

## MEET *Ted Ngo*: HE LOVES ADVENTURE AND THE AMERICAN DREAM

BY JOAN D. WARREN

ed Ngo has been a resident of Rhode Island for nearly 20 years, and currently lives in East Providence with his partner and their golden retriever. Ted believes that local market knowledge, effective negotiation skills. and client-first philosophy are critical ingredients to success in this field. He has a bachelor of science degree and an MBA candidacy from southern California (where he grew up and returns frequently for family visits), a business counseling certification, more than 15 years in marketing and sales, and mortgage consultation experience.

WHY REAL ESTATE AS A CAREER? "After 17 years in marketing and sales management for high-tech and financial industries, I grew tired of the 'impersonal' aspect of the corporate world. I have always enjoyed interacting directly with people, and am constantly fascinated by their diverse characteristics. In 2005, while operating a mortgage brokerage, my "aha' moment came when I found that I was most excited for my clients when they finally closed on their dream home or found the 'right fit' for their investment objectives. I realized then that I would enjoy helping my clients more by being

involved in their purchase and sales transactions. The rest was easy, as I was able to immediately apply my sales and negotiation skills to benefit my clients. Also, having ultimately attained my 'American Dream' of owning one's own home after having arrived to this country in 1978 as a Vietnamese refugee without speaking a word of English, I really want to help — and show everyone - that they too can achieve their own American Dream through smart real estate investments.

WHAT DO YOU LIKE MOST **ABOUT IT?** "The most rewarding thing for me about being a real estate agent is seeing the overwhelming joy and more importantly, relief from my clients after helping them sell or acquire a property. I have learned that, for the clients, it is not always about a particular property or a dollar amount. Rather, it is about their ability to start anew or to close out a chapter in their life transition. Being able to help them cross that threshold and step confidently into a new beginning is truly a feeling of success for me."

WHAT DO YOU LEAST LIKE

**ABOUT IT?** "There are so many unknowns or variables that are not within our control, which range from seller's or buyer's emotions, to market factors, regulatory changes,

**Ted Ngo William Raveis** 

401.286.4496

and financing or lending condi-

**ADVICE FOR SELLERS?** 

Besides pricing it correctly, my

mantra for sellers is three simple

keywords: SPACE, LIGHT, and

SHINE. Sellers should do whatever

they can to maximize all the spaces

in the property and help buyers visu-

alize the space with proper staging if

necessary. Also, people do not buy

what they can't see; sellers should

ensure that all lighting fixtures are

natural light whenever possible.

take advantage of professional

cleaning services, especially to

Equally important is cleanliness. I

often recommend that homeowners

remove strong odors or dirt especial-

functioning properly and incorporate



ly in prominent places like bathroom, kitchen and doorways

WHAT ARE SOME OF YOUR HOBBIES? "I love traveling whenever I can and experience the sights, languages and food of different parts of the world. I feel that it's truly a small world, and we can all come away as better human beings if we have a better understanding of one another's culture. Also, my partner and I always enjoy a good live-theater performance, especially at one of our little state's many terrific the-

**BEST VACATION EVER?** "My trip to Australia a few years back, where I got to scuba-dive in the Great Barrier Reef, and pet kangaroos and koala bears (which are cuter in pictures than up-close-and-personal,

**BUCKET LIST ITEMS?** "A highadrenaline, fun activity like sky-diving or zip-lining. Going on a long vacation in Bora Bora or a safari adventure in Africa."

WHAT'S YOUR BEST CULINARY **CREATION?** "I am not a cook at all, but I can whip together a 'mean' roasted duck, yellow-noodle soup verv anickly

**HOLIDAY TRADITIONS?** "Gifting. I enjoy hunting for those special, unusual gifts and giving them a special wrapping treatment. I think the gift's packaging (presentation) is a part of the gift, and is an important factor contributing to the gifting experience for both the givers and the recipients.

WHAT ARE YOU READING? "I just started reading 'Sons of Providence'(a biography of Moses

and John Brown) by Charles Rappleye, which provides a surprising insight into the history of Rhode Island that we usually do not hear

FLIP PHONE, IPHONE OR **DROID?** "Hands down, Droid. While it is important that what I own reflects a good sense of taste and my personality, function and efficiency always trump design for

## River's Edge



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"We wish you a holiday season filled with the warmth of the spirit, and love of family & friends. Our thoughts turn gratefully to those who have made our progress possible. It is in this spririt we say... Thank you and best wishes for the holidays and a prosperous New Year!"









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## RiversEdgeRI.com

300 County Rd. Barrington, RI • 401-245-2000 47 Bradford Street, Bristol, RI • 401-254-1776

## House of the Week

## On Prudence, a home for quiet island life

njoy beautiful sunrises from this contemporary home at 9 John Oldham Road on Prudence Island. A quick ferry ride away from downtown Bristol, Prudence Island is close by, yet a world away from the hustle and busy of everyday life.

With more than 1,160 square feet of living space, this open and bright home can be used as a year-round home, vacation home or rental property. The home has one bedroom and one full bathroom, and there are additional sleeping quarters in a loft from the living room.

The cathedral ceilings and skylights add to the light of the home. There is a large deck off the living room, through double French doors, with water views of upper Narragansett Bay,

Sitting high on a hill and only few hundred yards from the water, the property is perfect for relaxing in the summer or taking long walks throughout the year.

The home, built in 1995, sits on a fenced-in 7,800-square-foot lot with

remodeled with updated appliances. Move right in and be ready for

the summer of 2014.

a shed and a large second deck. The home has recently been





- Fred Stevenson
- Prudence Island Realty
- 965-0850
- Offered at \$299,000







View: Enjoy panoramic views of Narragansett Bay from this Prudence Island home. Loft:A loft above the living room provides additional room for sleeping. Greatroom: Filled with light from all directions, the open living room creates a comfortable space. Exterior: The property has a fenced-in yard and a small shed to the side. **Dining:** The home was built in 1995 and has more than 1,100 square feet.



## BARRINGTON - WATERFRONT

New Listing Contemporary home set on over an acre located on Nayatt Pt. offers stunning views from every room. Versatile floor plan for family and friends flows effortlessly off the living room onto large deck. The master suite features cathedral ceilings, private deck and Whirlpool tub. \$1,495,000 401-274-1644



## PORTSMOUTH - WATERFRONT

Enjoy stunning views of the Sakonnet River and 100 feet of beach frontage from this quality custom built home. Open floor plan, hardwoods, fireplace, eat-in kitchen, master suite with Whirlpool tub and large waterfront deck perfect for entertaining. \$824,000 401-848-2101



## WARREN - TOUISSET

Lovely home, fully modernized offering, 4 bedrooms and 3 full baths, A/C, hardwoods throughout and in-law suite with separte entrance. Updates include new roof and paint. Close to town, mall and shops. \$469,000 401-274-1644



## PORTSMOUTH - RANDOLPH WAY

To be constructed, featuring 9 foot ceilings, fine finishes and gourmet kitchen with granite and stainless. 4 bedrooms, 2.5 baths, gas fireplace, central A/C, mudroom and laundry room. 2 car garage. \$499,000 401-848-2101



## **TIVERTON - FOUR CORNERS**

Spacious home set on over an acre in a quiet cul-de-sac. Well maintained with numerous updates. Offering 2 master suites, living room with fireplace, spacious kitchen. Multi-level decks perfect entertaining. \$569,000 401-848-2101



## BARRINGTON - WATERFRONT

**New Listing** Luxurious colonial near the harborfront. Features include formal living & dining rooms, marble fireplace, open floor plan with hardwood floors, master suite with Jacuzzi & 3 additional bedrooms French doors & sliders access the pool. Private dock. \$875,000 401-274-1644



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## REAL ESTATE TRANSACTIONS

**DDRESS BUYERS & BUYERS' AGENT SELLERS & SELLERS' AGENT** SALE PRICE

BARRINGTON

361 New Meadow Rd. Thomas E. & Jennifer L. Fitzpatrick – J. Napolitano Team/RE/MAX River's Edge John R. & Heather Magnussen - G. Schiffman/Residential Properties, Ltd. 3 Carriage Trl. 16 Puritan Ave. Thomas F. & Megan Mistretta - Hill Harbor Group/RE/MAX Professionals

Ann J. Palmiter & Diane Fenton – J. Napolitano Team/RE/MAX River's Edge \$325,000 John J. & Cynthia S. Anterni - M. Farley/RE/MAX River's Edge \$752,500 Thomas E. & Jennifer L. Fitzpatrick – J. Napolitano Team/RE/MAX River's Edge \$340,000

**EAST PROVIDENCE** 

735 Willett Ave. #703 Heather L. Peck - T. Mosher/RE/MAX River's Edge 30 Hawthorne Ave. Melissa A. Carbone – K. Kopecky/Fiddler Real Estate

Margaret A. Farley – P. Bain/RE/MAX River's Edge \$120,000 Courney L. Toomey – D. Thompson/William Raveis \$127,000

WARREN

36 Barton Ave. James Carter & Ashley L. Diniz-Carter – N. Denelle/Century 21 Stachurski Agency Peter O'Loughlin - B. Sizeland/RE/MAX Profnl. Newport, Inc. 12 Canario Dr. 14 S. Cornell Ave.

Manuel J. Menezes & Jennifer A. Beaulieu - Deb Cordeiro Group/EXIT Harborside Realty Michael Templeton & Gregory P. Costa – J. McFeeley/Weichert Realtors, Hunter Prop.

Nicholas A. Ross - Non MLS Member

Greene FT & Nathanael A. Greene – M. Cartwright Co./RE/MAX River's Edge \$333,500 John & Lynne McDonald – R. Dugan/C21-Rondeau Associates \$255,000 Frances M. Drzal – M. Birs/William Raveis \$155,000 Patricia S. & John D. Schneider - J. Saphire/Entry Only Listing Service \$315,000 Dorothy Kaiser – D. lannuccilli Group/RE/MAX Professionals \$160,000





2 Redwood Ct.

600 Child St

ADDRESS

Renee M. Welchman REALTOR, CPA Sales Associate, Mega Agent Owner

## **Welchman Real Estate Group**

o: 401.635.0252 c: 401.649.1915 Licensed in MA & RI 18 Commons | Little Compton | RI 02837 www.WelchmanRealEstateGroup.com





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## **OPEN HOUSES THIS WEEK**

PRICE

BEDS BATHS

					BRIS <sup>®</sup>	TOL			
241 Wood St	. Saturday, Dec. 21	10 am-12 pml	Multi-family		2 TIVEF	\$234,900 <b>RTON</b>	Keller Williams	Welchman RE Group	401-635-0252
90 Bellview A 253 Holly Cir	3.		Cape Colonial	3 3	2 2	\$299,000 \$269,900	TL Holland Keller Williams	TL Holland Welchman RE Group	401-624-8469 401-635-0252

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**BUYING OR SELLING - CALL** 

## ATEUS Z

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EAST PROVIDENCE - Pierce Feild!! Condo alternative without the fees!! Recently remodeled 2 Br, 2 bath replacement windows New roof & GHW Tank, finished basement, gas 2 car garage. **149.900** 



RUMFORD - Myron Francis!! Clean brick front, 3 Br, 2 bath ment, HW's, Tile, Centeral air,



**EAST PROVIDENCE** - Pierce Field!! Young subdivision!! 3 Br R/R, FR, Sliders to deck & Patio, central air, HW's, tile, FP, garage, 8000+SF lot **199.900** 

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## Real Estate

### **Homes For Sale**

BARRINGTON: Looking to Sell? Your Home May Be Worth More Than You Think! Let our Friendly & Knowledgeable Agents Help! Call RE/MAX River's Edge 401-245-2000 For a FREE Home Evaluation!

EAST BAY CLASSIFIEDS Call 401-253-1000 or 800-382-8477

BRISTOL: First Time Home Buyers, Downsizing, or just Searching for your Dream Home? Our Agents can help you through the process every step of the way! Call RE/MAX River's Edge 401-254-1776 EAST PROVIDENCE: 3 family, with garages, appliances, laundry, like new, \$285,000 Owner will finance it 4%. Owner occupied.401-286-1920

FOR SALE BY OWNER? SOLD by owner! Sell your house or property in the Real Estate section of East Bay Classifieds. It's affordable and it works. 401-253-1000

PORTSMOUTH: 39 Blue Bill Way. Price reduced \$349,900. Location, location, location, Waterfront, waterfront, waterfront, 2 bed, 1 bath, garage, updated appliance and utilities, beach, mooring and boat included. For private appointment "Buy Me" Bernard Realtors 401-418-0208.

WARREN:Beautiful Condo with waterviews! One level living. 3 beds, 2 baths, newer kitchen, central air. Fees include water & heat. Private deck. Pool & clubhouse. Lori Gardiner 401-265-2594

## Commercial Land For Sale

REHOBOTH: ZONED COMMERCIAL - RAW SPACE...MAKE IT YOUR OWN! OPPORTUNITY TO DESIGN/CON-STRUCT SPACE TO FIT YOUR BUSINESS. UP TO 3000 SF OR WILL SUBDIVIDE. \$48,000 ROBIN LOZITO 401-486-6937

### **Condo For Sale**

BRISTOL: North Farm. 137 Winward Lane. Gated community, 3 bed condo, completely updated, new kitchen, granite countertops, 2.5 baths, gas fire-place, large garage with storage, A must See. \$389,900."Buy Me" Bernard Realtors 401-418-0208

REAL ESTATE AGENTS: Need help getting known? Advertise in the East Bay Classifieds. Call Jerry Tobias at 401-253-6000 ext. 118

BRISTOL: North Farm, one level, comer unit, living/dining, 2 beds, 1.5 baths, central air, garage, move in ready, amenities \$269,000 401-254-2006

### **Home Repair Loans**

CHURCH COMMUNITY HOUSING: 0% & 3% Home repair loans & Homebuyer training classes 401-846-5114

### **Apartment Rental**

**BRISTOL/WARREN:** 1, 2 & 3 beds, 1 bed \$300/mo, 2 bed, \$445/mo, 3 bed \$550 mo. off st. parking, appl. incl. 401-529-7441

in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

BRISTOL: 1 bdrm, 2nd floor, close to downtown and bike path, \$680/mo + utilities 401-254-0184

PLACE YOUR YARD SALE ad

BRISTOL: 2 bedrooms, 2nd fl. off street parking, water included no pets, security deposit req., \$800/mo 401-374-5892.

BRISTOL: 1 bed, 1st flr., appl., gas heat/hot water, hardwood flrs., laundry hookup, \$800/mo. no utilities included, no dogs 401-245-1983

BRISTOL: 1 bed, w/appl. Quiet, desirable location. Off-street parking, well kept grounds, \$650 month. Call 401-486-6771

BRISTOL: 1 bedroom, 2nd floor, includes appl. & water. \$625 month, lease & sec. req. no pets. off street parking 401-253-9277.

BRISTOL: 2nd fl, newly remodeled, w/d, stove/refrig. off street parking. Great neighborhood. \$850/month. 774-991-1578.

EAST PROVIDENCE: Duplex, 2 bed, completely renovated, gas heat, sliders to balcony, overlooking golf course, no pets or smoke \$800 + util 401-434-5072

EAST PROVIDENCE: 1 and 2 bed, appliances, utilities, laundry and parking, bus line. No pets. From \$700/month. Also furnished apts from \$800. 401-286-1920. 401-438-8137

EAST PROVIDENCE: 1st fl, 4 rooms, 2 bed, bus line, large yard convenient to everything. \$800/mo + util 401-433-1782

**EAST PROVIDENCE:** 3rd fl, Quiet 4 rms 2 bed., hdwds., bus route, lg yard, gas heat & hot water, \$750 + util 401-433-1782









## **TL Holland Real Estate**

3948 Main Road, Tiverton Four Corners • 401.624.8469 • info@tlholland.com • www.tlholland.com



South Tiverton - Waterfront 7 Acre mini-farm on Puncateest Neck Road. Spacious 8 room Colonial Farmhouse, 3 car garage, all amenities. \$1,400,000



Little Compton - Idyllic country setting, close to the Commons and beaches. This Little Compton Cape features all NEW kitchen baths. Anderson/Pella windows, Tiger eye maple hardwoods, granite countertops, maple cabinets, cedar decking, brick walkway, patio & driveway. Beautiful 2AC lot with mature perennials. 3BR/2BA plus 1st floor office/den, attached 2 car garage, 3 season sunroom.\$535,000



Little Compton - Beautiful Greek Revival house on over a half acre with lovely English Country gardens enclosed by stonewalls. This charming Historic home has 8 rooms, 2.5 baths, lovely kitchen, large dining room, & more. Between Town Commons and Atlantic Ocean. \$649,000



**South Tiverton** - Walking distance to historic Four Corners. Beautiful, spacious Cape Cod style home on 4+ acre lot overlooking Nonquit Pond. 3 bedrooms, 2 full baths, 2 half baths, studio/home office in walkout lower level. **\$495,000** 



**Tiverton** - Spacious one level living off Nanaquaket Rd. 3 bed, 2 bath Ranch with large sunroom addition & cathedral ceilings. Hardwoods, fireplace, 2 car integral garage. Well landscaped acre + in private setting. **\$399,000** 



South Tiverton - Dramatic views over Seapowet Marshland to Sakonnet River. Striking Contemporary has 3 fireplaces, open floor plan, 3 bedrooms, 2.5 baths. Located on quiet cul-de-sac, walking distance to Tiverton Four Corners. \$525.000



Little Compton - Classic New England style log home with all modern amenities (new granite and lighting). Post and beam interior with cathedral ceilings, bright open floor plan, wood floors, stone fireplace, large porch and spacious deck on 2.5 private acres. \$389,000



South Tiverton - Charming Country Cape with 7 rooms, 3 bedrooms, 2 barts, out building, porch and deck. Abuts miles of preserved land. Horses permitted. \$339,000



**Tiverton** - Spacious Colonial on almost 2 acre lot, rural setting yet close to amenities and highway access. 4BR, 2.5 bath, updated 200amp, 2 stall garage, new asphalt drive, finished walkout lower level. Private yard and neighborhood. Ready for your touches! \$305,000



South Tiverton - Near Little Compton line - 9 acre farm overlooking Nonquit Pond. Antique home in need of restoration, barns, garage, and beautiful yard with stone walls. \$1,199,000



32+ Acres in South Tiverton near Weetamoe Woods. Good location for horses, mini farm, or possible subdivision. House in need of total rehab. Sale subject to Probate Court approval. \$350,000



(90 Bellview Ave) Tiverton - Beautifully maintained Cape with open floor plan, hardwoods, 1st floor bedroom. Large expanded second floor includes in-law set up. Well landscaped yard, large mahogany deck, shed and oversized garage. \$299,000

## Real Estate

### **Apartment Rental**

EAST PROVIDENCE: 5 large rooms, 2 bed, double parlor, eik, nice yard, parking, \$900 + utilities 401-433-1782

EAST PROVIDENCE:1st floor, sunny 5 rooms, 2 bed, EIK, nice yard, close to everything \$1,050, w/gas & elec. 401-433-1782

EAST PROVIDENCE: 1st flr, 1 bedroom, incl. heat & hot water, off street parking, no pets, \$850/mo 401-323-9244

LITTLE COMPTON: 2 bed, walking distance from Commons, \$982 utilities included. This is an ADA Compliant affordable housing unit 401-635-2329

LITTLE COMPTON: 2 Bdrm 1Bth. 1st fl. No pets. \$950/mo plus \$300 utilities. Call for plus \$300 utilities. Call for details. Heather 401.835.3000

PORTSMOUTH: 1 RWU grad student only, 4 room furnished, off street parking, heat and hot water incl, 8 min from RWU, \$625/mo 401-619-2599

PORTSMOUTH: 2 bed, 1.5 BATH, w/garage, large yard, \$1,200/month, Tiverton 401-624-7176.

**REHOBOTH VILLAGE:** 5+ rooms in historic home. 1 bed, ns, appliances, hot water, cable, parking storage,land, privacy, References, security \$970 month 508-269-2600

Tiverton: 2 bdrm, 1 bath, Quiet Cul de Sac, Pond View, New appliances and more, parking, laundry, no pets/smoking, \$900/mo incl. water. 1st month + \$900 sec. deposit. 401-486-3344.

2BDRM/1.5BA Tiverton: Duplex. 20 Min. to Providence and Newport. \$1225 401-418-1515.

Tiverton: 2BDRM/1.5BA Duplex. Large deck. Owners side. 20 Min. to Providence and Newport. \$1250 401-418-1515.

TO PLACE AN AD: Call (401) 253-1000 or 800-382-8477 (MA) and speak to one of our knowledgeable Advertising Specialists. They can help you place and design your ad for maximum exposure.

WARREN: 607 Child St, 2 story townhouse, 3 bdrm, 1 1/2 bath, full basement, on site parking, applianced kitchen, gas heat. No pets. No smoking, \$1200/month + util. 401-245-7985.

WARREN: 1st fl, 1 bdrm, appliances, water incl, w/d, central heat ,off street parking, no pets \$620/month. 401-253-1395.

WARREN: 3 bed, 2nd, large waterview, very nice, new windows, coin-op basement, \$850, no utilites/pets, 401-247-2530

WARREN: 1 bedroom, \$495, 3 bedroom \$750, stove, refrig, water. Sec. deposit required, No pets, no smoking 401-254-1036

WARREN: 3rd floor, 1 bedroom appliances, 1 bath, backyard, storage. no pets, \$500/month. 508-252-6095.

WARREN: 3rd floor, 2 bedroom, hardwood floors, new kitchen, \$650 month includes water. 401-253-1900

WARREN: Small 2 bed, radiant heat, stove, dishwasher, refrig, hdws, w/d hook up, \$775/mo 401-338-9747

## **Homes For Rent**

BRISTOL: West side ranch. 3bd, 1 bth. New kitchen. Lg. yard, near park & bike path. \$1650 water incl.401-245-0025.

PLACE YOUR YARD SALE ad in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

**BRISTOL:** New house, 3 bed, 3 bath, large yard, garage, deck, very private & quite, Walking distance to beach \$1,800/mo. 401-749-2533

LITTLE COMPTON - 3 bed 1.5

bath Cape on lovely 2 acre lot. Freshly painted interior, fully applianced. Finished lower level, exterior deck, circular drive. Pets allowed. Convenient location near beaches location near beaches, Adamsville and Rte 81. Asking \$1,400/month TL Holland Agency 401-624-8469

LITTLE COMPTON: 3 bed, 1.5 bath Cape on lovely 2 acre lot. Freshly painted interior, fully applianced. Finished lower applianced. Finished lower level, exterior deck, circular drive. Pets allowed. Convenient location near beaches, Adamsville and Rte 81. Asking \$1,400/month TL Holland Agency 401-624-8469

LITTLE COMPTON Tiverton Highland Rd - 2 bedroom cot-tage with open floor plan near Fort Barton. \$1,000/month +util-ities. T.L. Holland Agency 401-624-8469

PORTSMOUTH: 3 bed Ranch, 2 car garage, \$1650 plus utili-ties Call Prudential Prime Properties 401-849-2800

### **Condos For Rent**

BRISTOL: Courtyard at Metacom, 2 bedroom, 3rd ffr., \$1,200/mo water incl., utilities separate, lease & security, no pets 401-253-9277

## **Commercial Rental**

BRISTOL: For lease 6000 sq. ft. storefront and 3000 sq. ft. end cap. Easy access, off street parking, Bristol Shopping parking, Bristol Shop Center, Call 401-253-3190.

LITTLE COMPTON: commercial lease, High Visibility - build to suit. Inquire Renee 401-635-0252

WARREN: Manufacturing zone, canvas building, 30 w x 60 l x 20 h.Office, large fenced in yard, 14 x 12 ft door, close to downtown, Uses, storage and/or repair, boats, trucks, and equipment is construction, landscapment ment. ie construction, landscaper, back hoe service, building is now rented for automotive work. now rented for automotive work. 2 lifts, compressor and welders, etc Lease available, all equipment for sale. Health issues forces sale. \$850/month 401-965-7473

WARREN: Automotive repair facility, 4 bays, office, parts room, waiting room, 30 year old telephone number, turn key, long term lease available, owner will finance sale of equipment, health issues forces sale. \$1850/month 401-965-7473

## **Office Space**

BARRINGTON: Office space. off street parking, high speed Internet, snow removal and all utilities incl. Lease req. \$315./month, sec. dep. 401-246-0883 Avail Dec 1st

**BRISTOL:** Quiet 3 room office, 665 sq. ft., conference room, off street parking. Call 401-253-3190

## **Retail Space For Rent**

BRISTOL: 2 retail/comm units avail. 435 Wood St. \$750/month incl. water. Lease & security incl. water. Lease & security req. Call 401-253-9277.

## **Vacation Rental**

N CONWAY CONDO for rent, sleeps 8, Wi-Fi & Clubhouse w Indoor Pool, Hot Tub, Sauna & Game Room. \$899 Call 401-

THE EAST BAY Classifieds. Your Neighborhood Marketplace. 401-253-1000 or 800-382-8477 (MA)

## **CHECK OUT**

Recently SOLD Transactions on...

EASTBAYClassifieds.com



## **Holiday Deadlines**

For week of December 30

## **CLASSIFIED DISPLAY AD DEADLINES**

AD COPY: Thurs., Dec. 26 @ noon FINAL APPROVAL: Fri., Dec. 27 @ 2:00

**CLASSIFIED LINE AD DEADLINES** Fri., December. 27 @ 4:00



**401-253-1000 1-800-382-8477** (MA)



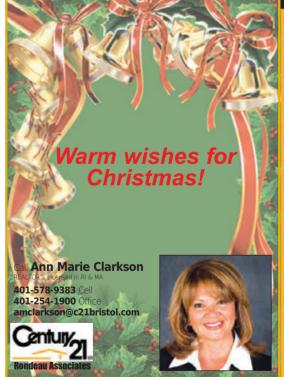


### NEW LISTING

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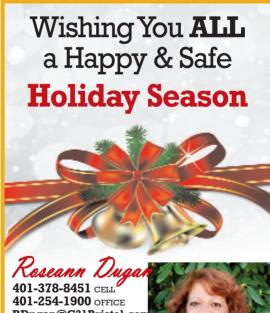


Aary Jo Fidalgo-Tavares **401-297-1399** cell **401-254-1900** offic 29 Hope St., Bristol, RI 02809





THE VILLAGES AT MT. HOPE BAY









## TIVERTON - Beautiful High Hill Beach. Unobstructed views and immediate access to a peaceful beach. Remodeled summer cottage with enclosed porch for additional living space. Approved ISDS. Must see to appreciate. \$259,000. Carol Guimond, 401-418-0462.

Customer Satisfaction





**Guimond Realty Group** 1741 Main Road, Tiverton, RI 401-625-5878

www.ColdwellBankerGuimondRealty.com

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BED Tri-level sited on oversized lot in desirable area. Formal LR w/fireplace, hardwoods throughout & walkout lower level. Many updates include exterior, roof & heating. Lovely privacy garden, fenced yd, trex deck & pool. \$249,200. Freeman "Mike" Hill, 508-636-6811.



Luxury Listings



## Mortgage Marketplace

## **Current Residential Mortgage Rates**

## CALL 401-253-6000 TO PLACE YOUR MORTGAGE AD TODAY.

	15-Year Fixed Rate				30-Year Fixed Rate					
	Phone Number	Mortgage Rate	APR	Points	Mortgage Rate	APR	Points	Variable Rate	Points	Annual Cap
Capital City Financial	401-432-9903	2.99	3.36	2.0	4.0	4.24	2.0	3.25	0	2
Select Financial	401-247-7400	2.99	3.27	1.75	4.125	4.23	1.75	2.25	1.00	2
East Coast Financial	401-396-9820	3.125	3.27	0	4.125	4.209	0	2.375	0	2
Navigant Credit Union	401-233-3468				Call For Rates					

Loan rates based on \$100,000 with 20% down payment & no PMI. Variable mortgages listed are for 30 years, adjusted annually. Points are a one-time charge equal to one percent of the mortgage. APR stands for annual percentage rate and reflects closing costs spread over the life of the loan. CAP is the most a variable mortgage can increase in one year. Savings and loans and Rhode Island loan and investment banks are included in the bank section of this chart. These rates, provided by the institutions on Monday of this week, are subject to change or special conditions. For more information, consumers are advised to call the institution. First-time homebuyers may qualify for lower-rate mortgages from the Rhode Island Housing and Mortgage Finance Corporation. Many credit unions only grant loans to members and limit membership to a defined group. When shopping for mortgage rates ask for explanation of closing costs. Financial institutions that write residential mortgages that wish to be included on this list can get in touch with Classified Real Estate Advertising Specialist at 401-253-1000



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## Real Estate Resources







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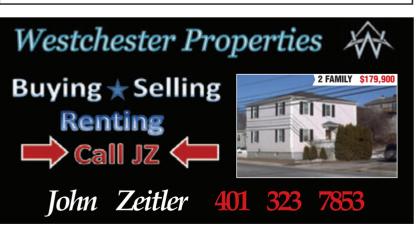


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## **Directory of Homes**

## **LITTLE COMPTON**



"Em's Seaside Escape" This 2Bdrm 1.5Bth home Private seaside community, deeded water views.
Private seaside community, deeded water access, outdoor shower, deck, heated garage, fireplace, rental history. This AMAZING home has it all!

**Welchman Real Estate Group Keller Williams Realty of Newport** Renee Welchman 401-649-1915

## **NEWPORT COUNTY**



\$213,000! 3 bdrms, 2.5 baths, livingrm, diningrm, 2nd flr laundry, full basement. 1800 sq. ft. living area. Price includes house & all standard site work-util.-septic-architectural plans. Entire pkg. to be built on your land by our skilled local craftsman or choose one of our lots w/additional lot cost added to price.

Kenko Builders

## SOUTH TIVERTON



this great 3Bdrm, 2 bath saltbox colonial w/deck and 2 car garage, located on a beautiful corner lot. Offered at \$269,900.

**Welchman Real Estate Group Keller Williams Realty of Newport** Renee Welchman 401-649-1915

## WARREN



New price! 91-A Seymour Street. Spacious 4 bed Cape, 2 full baths, large private lot, Beautiful new kitchen, gleaming hws, 2 fireplaces, newer roof, windows and siding. Huge 2 car garage, New 4 bed septic. Great value \$299,000

> **Century 21 Trend Realty** Trish Gray 401-864-1509

## WARREN



Open Sun 12-130pm, 53 Brownell Street, Estate sale! Property being sold by solicitation of offers which expires at 5pm EST on Thurs 12/12/13. 2 bed, 1 ba, 1 car garage, & additional off street parking, \$210,000

**Prudential Prime Properties** Phyllis Joslin 401-241-8412



## **Directory of Homes** 3 Weeks / \$99

Includes photo & 35 Word Description!

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EastBay\*





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## **NEW 2013 Chrysler** Town and Country Touring



## **NEW 2013 Chrysler 200**



Starting **\$** 





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### \$9,995 2006 Subaru Forester Auto, S15319A 2007 Subaru Legacy Outback Wagon Auto \$9,995 2007 Toyota Camry Auto, 4 DR. \$9,995 2007 Ford F150 60K. \$20,995 2008 Volvo C30 Red Sox Edition 33K \$14,995 2008 VW Jetta Wagon Diesel, Only 38K \$17,995 2011 Honda Accord Sedan Black, 39K \$13,995 2011 Subaru Legacy Auto, Only 35K \$16,995 2012 Subaru Impreza Sedan Premium Auto \$18 995 2012 Subaru Outback Premium 19K. \$23,995 \$17,995 2012 Subaru Legacy Premium Auto (3) 2012 Hyundai Accent GS HB Auto, 13K \$12,995

2013 Subaru Forester Premium Auto, 14K. 2013 Subaru Outback Premium Auto, Only 6K 2013 Chevy Spark LS 4HB Only 6K

Welcome New Sales Manager Brian Vaz

\$22,995

ĆALL



1451 Brayton Point Road, Somerset, MA 02725 **Subaru Sales: 877-704-4515** www.SubaruofSomerset.com



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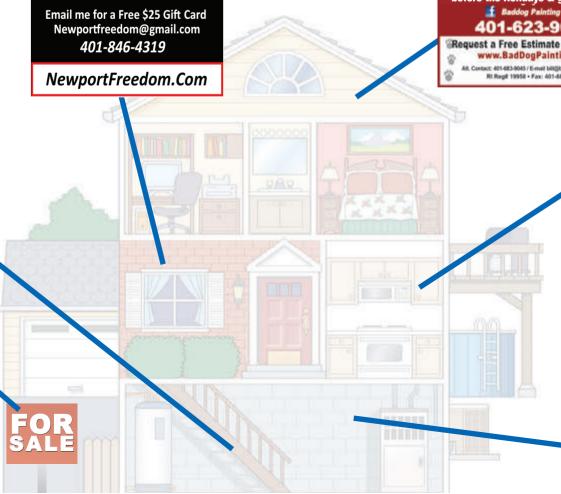
**401-846-2323** | **855-237-1521** www.newportjeep.com SALE HOURS: MON.-THURS. 9:00AM-7:30PM, FRI. 9:00AM-6:00PM SAT. 9:00AM-5:00PM, SUN. 12:00PM-4:00PM (LAST SUNDAY OF EVERY MONTH)

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## EASTBAYClassifieds.com

- **Items For Sale**
- Autos/Boats

Page C11

## **Items for Sale**

### **Free Stuff**

FREE ITEMS: Entertainment treadmill, desk, and Free, Barrington, Call

FREE: Chihuahua, 3 years old

### Finds Under \$25

CHINA: 57 pieces, service for 8 with serving pieces, \$24.99/best Westport 508-636-6341.

CLOSET SLIDING Doors doors 24" x 76.5". No hardware. \$10. Bristol 247-1970

DOG CRATE: Folding, like new \$24 Bristol 401-254-0122

in boxed set. Gift condit. New. Sealed. \$24.99. Warren. 401-

HESS TRUCKS: 1988-2010 in original box, \$20 each great Christmas gift 508-676-1842

OFFICE CHAIR: With wheels, swivels, nice blue, like new, \$24 Riverside 401-433-2922.

SNOW BOOTS: Kids LL Bean Size 13 and 1, hardly used, \$5 each Bristol 401-253-3779

SPODE COLLECTIBLE: 1997 ornament, "Christmas Tree" pat-tern, \$10 Middletown 401-846-0739

## Finds Under \$50

BARY CARRIAGE: with car seat snaps into a carriage, very good condition, \$49.99 401-585-9162

BOYS OUTFIT: Jacket, top, pants and winter jacket, Spiderman, size 4, new. \$25 N. \$25 Spiderman, size 4, new. Portsmouth 401-683-9396

Christmas Bed Ensemble

EXERCISE BIKE: battery powered, only 2 owners, you pick up, \$49.95 East Providence 401-438-1417

HAMPTON PIANO: Small, 40"Hx27"Wx58"L, good condi-tion, great gift for student great price, \$25 Barrington 401-246-0435

KINECT GAMES: Sonic Free Riders \$12. Kinect Sports, 1st edition \$10 Barrington 401-699-

Lane Cedar Chest: beautiful antique cedar chest 45.00 (508)951-2117.

RABBIT: Black floppy-eared, loves attention, about 6 months old, \$25 Tiverton 401-855-6868

scrabble turntable: limited edition turntable game, new un opened. 25.00 (508)951-2117.

SIGN SEASONS GREETINGS Wood, old english lettering, 8; ft long 1' high, \$35 401-624-6322

SKIS: Fischer Tyrolia bindings, San Marco boots, size 9.5. Poles, carry cases. \$45. Somerset 508-672-4617.

SOUZA TEQUILA NEON SIGN: Great for mans cave \$40 401-437-2242

TABLE: Drop leaf maple table, 36" x 43", excellent \$45 Bristol 36" x 43", exce 401-253-7899

TOTAL HOME GYM: Excellent 401-835-3937

trombone: great student instru-

ment with case 30 (508)951-

TWIN BED: Crown Oak, box, mattress & sheets, good condition, \$45, Riverside 401-433-

YOUNG WOMEN'S CLOTHING Expensive jeans, sweaters, blouses, shoes (8), jackets, all

## Finds Under \$100

**AUTO RAMPS:** 2 pairs metal auto ramps(4) \$40.00 FIRM 40.00 (401)245-4912.

**BOAT:** 16 ft Sport Craft Bowrider, excellent condition. \$99 Woonsocket, 401-434-0100

ELECTRIC GUITAR: With amp complete with music stand 8 books, excellent condition, \$99

ENTERTAINMENT UNIT: Medium oak, 54x22x55, TV opening, glass cabinet, and shelves. \$70 Westport 508-230-

LOG SPLITTER: \$99, weekly rental, 401-245-0561 leave message.

REEBOK ATHLETIC SHOES: Authentic MLB Red Sox, new, size 11, cost \$90/sell \$60 Bristol

Green, light blue and caramel panels; \$55. Barrington. (401)-

WOMEN'S TIMBERLAND Work Shoes. Brand new. size 6.5. Worth \$150.00, asking \$70. Bristol 401-247-1970

WOMANS BIKE: Fuji, excellent condition, air pump, bike rack \$90 401-247-0503

X BOX GAMES: madden 13, \$14,99 NHL 14 \$54.99, 401-

## Finds Under \$200

BOXING ELECTRONIC PRO-Man: For total fitness workout. Gloves/sand incl. \$199 Newport 401-847-1763

BOAT MOTOR: Old.

**BULLET HEATER:** 60,000 BTU, \$100 East Providence 401-431-0185

DEN SET: 3 piece from 60s. rocker, couch, platform chair. good condition, \$195/BO Riverside 714-862-9612

FIREWOOD: Hardwood/oak. Newly cut. Priced to sell-small bundle to full cord. Barrington 401-245-8382

GE Refrigerator: Like new-23c/ft ice &water in door color bisque 195 (508)673-3655.

generator: Coleman generator, 3000 Watts, runs good, \$125, Bristol, 401-253-7488

HUTCH: Walnut, 3 shelves, glass doors, 87" tall, 32" wide, 18" deep \$100 Pawtucket 401-603-7519

PIONEER: Auto radio CD, new, MP3 and WMA, USB, ipod control \$150 508-410-4886

PLAYSTATION 3: super slim

Set, new \$150 East Providence 401-237-0340.

Barrington 401-699-9641

## **Good Stuff**



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Appraised \$8,000, asking \$1,500. Barrington 401-245-

TSS 300 ELECTRIC Power Chair from The Scooter Store. Brand New just test drove. Retail \$6695 Paid \$3999. No Longer needed, in PERFECT CONDITION. This also comes with a brand new ramp for in and out of vehicle, and your and out of vehicle and your home. Asking \$2500 401-714-

WACOM CINTIQ DTK-2100: Comes with pen, pen holder, nib remover and extra nibs. Adjustable stand and the ability to rotate your display 180 degrees in either direction accommodates all drawing habits. Active display area is 21.3" with 1,024 levels of pres-21.3" with 1,024 levels of pressure-sensitivity on the pen tip and eraser. Very lightly used. Photos and more info can be seen at - http://bit.ly/VgRY0h. Originally sold for \$2,899. Looking for \$1,800. All reasonable offers will be considered

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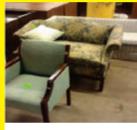
www.OmahaSteaks.com/holiday34

## **Auctions**

WANTED TO PURCHASE Antiques & Fine Art, 1 item or Entire Estate Or Collection. Gold, Silver, Coins, Jewelry, nailevergreenauctions@hotmail.com

## **Bicycles & Accessories**

## **Business Equipment**



OFFICE FURNISHINGS: Used, Chairs (some leather), sofas, desks, tables-large selection, prices from \$25-\$100. Discounted pricing for volume purchases. East Providence, call 401-438-

## **Consignment shops**

656 Metacom Avenue, Warren, quality furniture, home decor & books. consignments wanted, www.eastbayconsignment com

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## **Home Furnishings**

TWIN CAPTAINS BED: Oak 150.00 (401)253-2698.

## **Musical Instruments**

## **Pets & Supplies**

BICHON: all papers, pure bred, 10 years old, FREE, due to moving cant have pets, white, good with children, 401-245-

## **Tools & Equipment**

LOG SPLITTER: For rent. \$99 per week. Delivery \$1 mile after 8 miles. Warren 401-245-0561

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SAWMILLS: From only \$4897-MAKE MONEY & SAVE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: 800-578-1363 Ext.300N

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Buy a portable generator or power washer. Stop in and take a picture by the unit. Choose one of our gift boxes to put the picture and specs in, or take the picture and specs to wrap yourself, or you can take the unit with you if you like or we will prep the unit and have it ready for after the holiday and arrange for delivery (free in most areas). Santa may not be able to get these down your chimney, but call us and we will make arrangements! Think practical protection for your home with a Portable Generator. Think Spring and have a Pressure Washer ready for clean up projects all summer long. WE HAVE ARIENS SNOWBLOWERS & GENERATORS IN OUR SHOWROOM, with the same great service

after the sale that you expect from us! We carry Generators from GE, Subaru, Generac, Powermate, Winco, Westinghouse, Gentron and more. We carry Pressure Washers from Simpson. Westinghouse. DeWalt, and now, ARIENS Snowblowers and Generators. We service

what we sell! Gift-giving has never been easier!! Have Santa deliver a practical gift this holiday season and be ready and prepared!!!! Merry Christmas and Happy Holidays!

## COLUMBUS FAN & MACHINE CORP.

59 Baker Street, Warren, RI 401-247-0079 Monday ~ Friday: 8:00 am ~ 4:30 pm

## Items for Sale

## Wanted to buy

OLD ROLEX & PATEK PHILIPPE WATCHES WANT-ED!\*\* Daytona, Sub Mariner, etc. TOP CASH PAID! 1-800-401-0440

TRADING POST ANTIQUES: Buying gold, sterling, and antiques. Old postcards, toys, military items, clocks, costume jewelry, 507 Main Street, Warren RI 401-368-2567.Ralph Petrucci buyer/owner

TWO TON TO EIGHT TON ROCKS: Boulders. email capenate51@gmail.com or call 508-240-8000

USED RECORDS WANTED: Round Again Records needs your used records, 45s, LPs, Cash paid! Providence 401-351-6292.

MORTGAGE MARKETPLACE: Get the most up to date mortgage rates, mortgage specials, refinancing options and more every week in the East Bay Classifieds! Call our Real Estate Advertising Specialist, 401-253-6000 or 800-382-8477 (MA).

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1999 VOLKSWAGEN JETTA: 5 speed, black, clean inside out, \$3295 508-675-1303

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NISSAN MAXIMA: 2009 2009 NISSAN MAXIMA: Maroon, 4 door, good condition,V6, auto, sunroof, navigation system, loaded, 111k miles, selling due to death \$13,500 serious inquiries only 401-245-

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CHEVY MALIBU: 2001, blue, V6, 103k miles, automatic, \$3,400 Warren 401-245-3450

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Good, inexpensive vehicles 30 cars under \$3k with warranties. Call for details!! 508-675-1303.

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SUBURBAN: 1500, 1997, 4 wheel drive, one owner, 126K miles, \$3,450. 401-245-

DODGE 1500: Extended cab, 1997, 4 wheel drive automatic, 151K miles, \$3,500 401-245-

### **Autos Wanted**

AUTOS AND TRUCKS WANTED: We purchase junk vehicles and repairable for verifices and repairable for recycling at premium prices. High mileage, emission prob-lems or accident damage Call Paul 401-639-9425 or visit us on line @ www.junkthatauto.com

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AUTOS WANTED: Buying cars, trucks, motorcycles, boats in need of repairs.paying 500 & up for cars. Highest prices paid. 401-499-3258

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## Repair & Service

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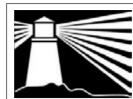
WATER WORKS: System Operation & Maintenance. Water Works or related experience preferred. Class T-1 and D-1 RI Drinking Water Supply Operator Certification preferred, but required within one year of hire. Must be able to report to District office within 20 minutes of emergency call-in. Pick up or write (no calls) for job package: Personnel Director, Portsmouth Water & Fire District, 1944 East Main Rd., PO Box 99, Portsmouth, RI 02871. Resumes and required release forms accepted until position filled. Faxed or emailed resumes will not be accepted.

DON'T HAVE TIME to place your ad in the East Bay Classifieds during normal business hours? Just visit us online at EastBayClassifieds.com. We're open 24 hours a day, 7 days a week to place your ad when it's convenient for you. The East Bay Classifieds, Your Neighborhood Marketplace. 401-253-1000 or 800-382-8477 (MA).

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THERE ARE MANY WAYS to place an ad in the East Bay Classifieds. You can call 401-253-1000 or 800-382-8477 Monday through Friday 8am - 5pm and speak to an Advertising Specialist. You can visit eastbayri.com and place a Finds Under 50 ad for free! You can also email your ad to classifieds@eastbaynewsparers.em

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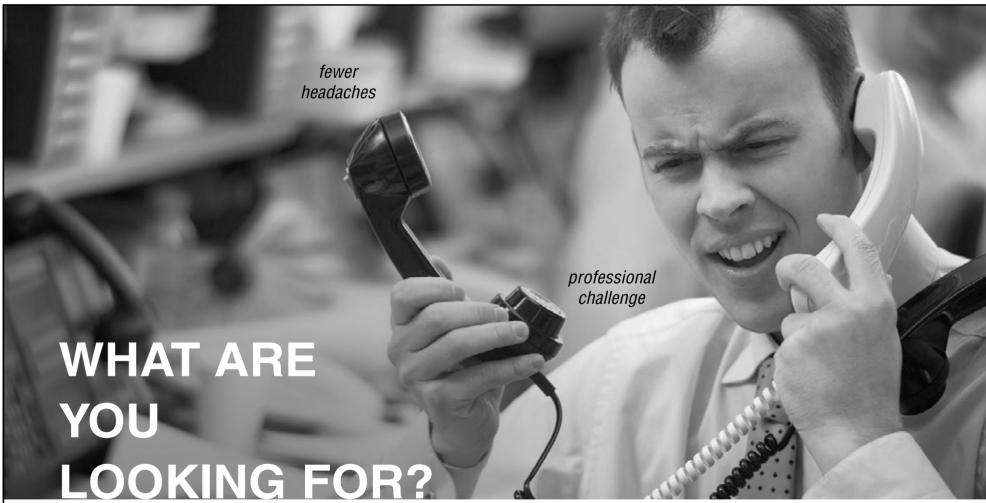
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