# Phoenix

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# Huskies set sights on a championship

Mt. Hope girls advance to D-I championship against Cumberland

BY RICHARD W. DIONNE, JR.

The Mt. Hope girls' soccer team is headed to the championship after edging Chariho 1-0 in the Division I semifinals at RIC on Tuesday night. Freshman forward Sara Nencka scored the game's only goal, assisted by senior central midfielder Caitlyn Terceiro in the second half of the game.

Midfielder Caitlyn Terceiro took a shot from 25-yards out, explained Huskies head coach Kerri Giarrusso. "The goalkeeper couldn't bring it in," she said. "Sara Nencka continued her run and knocked it into the goal."

The Huskies will play Cumberland in the championship on Saturday, Nov. 11 at 11 a.m.

Goalkeeper Emily Moran made 8 saves as the Mt. Hope defense shut down the Chargers.

"The game was a microcosm of our season," said Giarrusso. "In the first half, we had to survive some and work through some adversity. As we have done all year, we made adjustments at half-time and were on the front foot for the second half. Fittingly, we scored a goal on a second-chance ball that we didn't quit

See **SOCCER** Page 4



JULIE FURTADO

The Huskies celebrate a 1-0 win against Chariho in the Division I semifinals, Tuesday. They will play Cumberland in the state championship at Rhode Island College on Saturday.

# Voters overwhelmingly approve \$200M bond

In both Warren and Bristol, voters in favor of the measure by nearly 2:1 margin

## BY ETHAN HARTLEY

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Voters in Bristol and Warren emphatically approved a school construction bond worth up to \$200 million during Tuesday's Special Election, which would be used to construct a new Mt. Hope High School and make various infrastructural improvements to most of its other schools.

As of press time, unofficial results from the three polling locations in Bristol showed that 2,914 voters approved of the bond, versus 1,463 that rejected it, a margin of 66.6% in favor to 33.4% against.

The numbers showed similarly from Warren's two polling centers, where voters approved the bond by a margin of 1,356 to 713 (65.5% in favor to 34.5% against).

"I am so excited for our students and for our towns," said Superintendent Ana Riley on Tuesday evening. "It's really so validating to know that the margin was so large, and it's just a real acknowledgment of the need and that people could see the vision of what we want for our kids."

"The people of Bristol and Warren both are trusting us with this once in a lifetime investment in our kids," said School Committee Chairperson Nicky Piper. "And what a message that sends to our kids; that they deserve better and are worth better."

Piper said that she had been hoping the results would be definitive, indicative that a sizable majority of people in both communities were buying into the need for better facilities to foster a better educational environment for students, and hopefully lead to better outcomes and opportunities.

"For me it's not just about the percentage of votes in favor, but the number of people who showed up," she said. "It showed that people really did listen and become involved in this process."

Riley said that now that voter

See **BOND** Page 4



ETHAN HARTLE

School Committee Vice Chairperson Adam McGovern was holding down the fort outside of the Quinta Gamelin Community Center in the early afternoon on Tuesday.





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## Chamber recognizes 'Excellence in Business'

The East Bay Chamber of Commerce recently held its annual awards dinner, "Evening of Stars," where it installed board members for the coming year and recognized three local organizations with "Excellence in Business" awards. State Rep. Susan Donovan (left) presented citations to each of the award-winners: (from left to right) East Bay Media Group Publisher Matt Hayes, Arts Alive Co-Founder and Artistic Director Dena Davis, and East Bay Manufacturers General Manager Randy Medina. The Chamber represents more than 320 businesses and nonprofit organizations throughout Bristol County and the surrounding area.

Photos of events, people, etc.

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**KMS** students pose with donated socks from the fundraiser, which raised over \$5,000.

## New KMS fundraiser has successful launch

Over \$5,000 raised through the sale of funky socks

Before the COVID-19 pandemic, the 8th graders at Kickemuit Middle School relied on their go-to Yankee Candle fundraisers to raise all the money required for their yearly field trips. However, due to the pandemic, Yankee Candle Fundraising was forced to shut down permanently and the 8th grade needed to come up with a new way to raise money.

When staff members were trying to brainstorm new ways to help the grade raise money, Andrea Chase, a special educator at KMS, suggested a company she'd been hearing about called We Help Two. We Help Two is a fundraising platform that partners with various schools and organizations to sell socks with crazy and unique patterns on them, but each transaction helps benefit two different causes. The other staff members thought it sounded great, so they decided to try it out as the 8th grade's first fundraiser since before the pandemic.

As an online fundraiser, people went to We Help Two's website to purchase socks. During the checkout process, it gave supporters the option to buy a pair to donate to someone in need, so the school received half of the purchase price and a pair of socks was donated. It wasn't until the conclusion of the fundraiser that the staff at KMS realized the tremendous

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Shredded

Cheese

2/\$8

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Cheeses

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\$**4**19

18-20 oz

Stash Tea.

**Dare Breton** 

A Taste of Summer II 8 oz

**BelGioioso Burrata** 

All Varieties

Crackers

success their new fundraising idea really was.

The 8th graders ended up raising \$4,072 from the fundraiser, with an additional \$945 being directly donated to the grade by parents and teachers. Additionally, there were nearly 300 pairs of socks donated through the fundraiser. All of these donated socks were delivered directly to KMS and will be distributed to local charities and families in need by the school's Community Service Club.

It's safe to say that the 8th grade at Kickemuit Middle School has their new go-to fundraiser for the future.

This article was written by the Bristol Warren Regional School District

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# Class of 2024 makes Mt. Hope SAT history

ELA scores are highest in school history, and growth figures are best in the state

#### BY ETHAN HARTLEY

ehartley@eastbaymediagroup.com

For the second year in a row, students at Mt. Hope High School have set a new district record for proficiency on the English Language Arts (ELA) portion of the SAT, with 77% of all students meeting or exceeding state expectations on the exam.

That figure eclipses last year's scores, where 71.6% of students graded proficient. In both of the last two years, students have surpassed the pre-Covid scores of 67.5% proficiency from the 2018-19 school year.

And while those scores — good for the fourth overall district in the state behind only Barrington (84%); East Greenwich (80%); and North Kingstown (78%) — were enough to send the Mt. Hope auditorium into a frenzy of applause during a recognition ceremony on Thursday, Nov. 2, it was another piece of data that prompted English Department chair Patrick Johnson to proclaim a touching remark about the students gath-

For the second year in a row, Mt. Hope led all schools in the state in overall growth on the ELA SAT, with an overall growth percentile of 67. The class that just graduated in 2023 also led the state last year with a growth score of 68 when they took the test as juniors.

"We calculate the growth of every single student, so it was a team effort. It reflects what you have done as a class," Jackson told the students on Thursday between bursts of cheering. "Your historic achievement is certainly the highlight of my career."

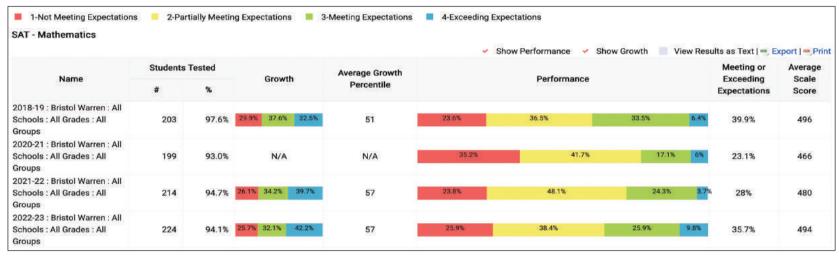
Jackson informed the class they were one of only five schools in the state to achieve a 5-star achievement rating for ELA proficiency, meaning 75% or higher proficiency. South Kingstown (75.3%), along with the districts listed above, were the only other schools to do so.

Superintendent Ana Riley said the data on growth shows more about the class than just proficiency numbers alone.

"I think you should scream this from the rooftops. You should all be really proud of these scores. It means you not only outscored, you outgrew everyone," she said. "To me, that is more important than the scores. That means you put in more effort than anyone else. You tried harder

SAT - English Language Arts/Literacy Meeting or Average Growth Exceeding Scale Expectations Score 2018-19 : Bristol Warren : All Schools: All Grades: All 519 Groups 2020-21: Bristol Warren: All Schools: All Grades: All Groups 2021-22 : Bristol Warren : All Schools: All Grades: All Groups 2022-23: Bristol Warren: All Schools: All Grades: All

RIDE data shows how Mt. Hope juniors have fared on the SATs in ELA over the past four years. The students eclipsed pre-Covid levels last year and have risen even above last year's numbers.



While only about a third of students were meeting expectations in Math, they rose significantly above last year's numbers, and were back to approaching proficiency levels prior to the advent of Covid.

and worked harder and you earned

As a celebration of their achievement, students were treated to a barbecue outside of the school.

## Math improving, but still lags

As seen in all but a couple of districts in Rhode Island, Mt. Hope's success on the mathematics portion of the SAT was not as impressive, with just 35.7% of students meeting or exceeding expectations.

There is a silver lining, though, in that scores are back in the range of pre-Covid levels.

In the last year of testing before Covid hit, around 40% of students at Mt. Hope were proficient in math. That fell off a cliff, to 23.1% in 2020-21, and recovered only slightly to 28% last year.

The jump to 35.7% proficiency for the Class of 2024 represents an 8% improvement over last year's num-

## **RICAS** scores show intriguing contrast

For the RICAS assessment, which is taken by students in graded 3-8, there were some interesting data



School administrators and teachers revealed to students on Thursday, Nov. 2 that the Mt. Hope Class of 2024 had managed the highest proficiency in school history and the highest growth numbers of any school in the state of Rhode Island for the English Language Arts (ELA) portion of the SATs, leading to raucous applause.

points for the ELA and mathematics portions of the test.

Only 48% of students in those grade levels (combined) were proficient in ELA, falling well short of the

marks being set by their older peers on the SAT and not quite reaching the pre-Covid marks of 52% from 2018-19.

However, RICAS scores for math

revealed that over 46% of students were meeting or exceeding expectations, which easily surpassed pre-Covid levels and far surpasses their elders' proficiency taking the SATs.

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HOTOS BY JULIE FURTADO

**LEFT:** Caitlyn Terceiro fires a shot toward the goal during the second half of Tuesday's semifinal match. **RIGHT:** Thea Jackson and Sara Nencka celebrate a goal halfway through the second half

## **SOCCER:** After a blowout in the quarterfinals, this one was a nail-biter

From Page 1

on. I was so proud of how we worked for that moment."

## A hat trick for Jackson led to the semifinals

Huskies star sophomore striker Thea Jackson scored a hat trick as the Mt. Hope girls soccer team soundly defeated South Kingstown 4-0 in the Division I quarterfinals last Friday night.

Jackson netted three goals and freshman forward Sara Nencka scored 1 for Mt. Hope.

"The girls played tough and hard until the very end," said Giarrusso. "We missed some chances early on, but it led to more motivation and perseverance from the team as a whole. They played together and for each other and got the win."

Junior goalkeeper Emily Moran made 10

save as the Huskies backline of Maddy Butterworth, Emma Goglia, Elise Lanoie, and Aubrey Cummings stifled the South Kingstown attack.

Earlier this season, senior co-captain Hannah Rezendes said that the team had a good chance to win the championship.

## Volleyball team falls in semifinals

The Mt. Hope volleyball team edged St. Mary's Academy Bay View 3-2 (25-13, 25-17, 21-25, 23-25, 15-13) in the Division II quarter-finals in a home marathon match last Friday.

Unfortunately, the team that had been on a hot streak all season finally cooled against third-ranked Cumberland, losing in straight sets during their semifinal matchup on Tuesday evening.

"Like we've done all season, we gritted it out and finished in an absolute fight to the end," said Mt. Hope head coach Lisa Lunney after the quarterfinal victory.



Emma Goglia jumps, deflecting a corner kick toward the net.

## **BOND:** RIDE must give final approval, then design begins

From Page 1

approval has been secured, they now await the Rhode Island Department of Education's (RIDE) approval of their Stage 2 application, which should come by mid-December.

"As soon as they approve, it's time to hire a construction manager and start working on the next steps. This whole next year will be about design and community engagement," she said. "I keep telling our high school stu-

dents, you will help design the new building."

With a deadline of June 30, 2028 to have all projects within the bond scope underway, the district's work is certainly far from complete

"Now the real work starts," Piper said. "We

continue to work with RIDE to get max reimbursement and work on the design phase. Our eyes will still be laser focused on fiscal responsibility and student outcomes. A lot of work is definitely ahead of us, but tonight is something we should be proud of."



## Bristol Knights of Columbus to celebrate 125 years

One of the oldest councils looks back on its work, and ahead to what's next

## BY MANUEL C. 'MANNY' CORREIRA

mannycorreira@aol.com

On Sunday, Nov. 12, the Bristol Council Knights of Columbus will get together at the Our Lady of Mt. Carmel John W. Lolio Parish Center to celebrate its 125th anniversary.

"The event will begin with a Mass at 1 p.m. at Our Lady of Mt. Carmel Church, followed by dinner at 3:15," said Past Grand Knight and committee chairman Warren Rensehausen. "We are all very excited about this event."

Assisting with preparations among others are Past Grand Knights Philip Beaulieu Jr. (30-year member) and Trustee Walter Smith (10-plus year member), along with Edward P. Stuart Jr., a 3rd Degree Knight and former member of the Bristol Town Council.

For those unfamiliar with its roots, the Bristol K of C is a fraternal organization of Catholic men, 18 years of age and older, "who are committed to making their community a better place, while supporting their church."

Founded in 1898 in this town, Bristol Council #379 is one of the oldest councils in the Knights of Columbus "and has been an effective advocate and defender of civil and religious rights for all and has contributed billions of dollars and millions of hours of volunteer service to charity."

According to Rensehausen, who also serves the town as director of parks and recreation, there are currently 202 members in



MANNY CORREIRA

Among those planning the Bristol Council Knights of Columbus 125th anniversary are left-right Edward P. Stuart Jr., Philip Beaulieu, Chairman Warren Rensehausen, and Walter Smith.

the Bristol Council K of C, each of who plays an important role in enhancing and protecting family life.

"We handed out 36 scholarships last year," he said. "That's been important for us. We do a great deal all year long. We also handed out 192 coats for kids this year all through fundraising. And, we raised \$10,000 for Ukraine families."

Walter Smith did an extensive history of the Bristol Council and came up with this fascinating bit of information. "The Bristol 4th of July committee recognized the Knights of Columbus Parade float as 'The Most Patriotic, Non-commercial," he said. "The Bristol 4th of July Parade is always an important event in the council calendar. The Bristol council hosts State Knights of Columbus officers and others who march the parade route with coffee and pastry before the parade and a delicious lunch afterwards."

"Being a Knight over these past 30 years has brought many rewards and joy," said Philip Beaulieu. "Being chosen as Grand Knight in 2011 to 2013 was a great experience leading our council and supporting other councils, also supporting The Mother of Life Center for understanding pregnant and unwed mothers and collecting funds through our Rose weekend. And, supporting our Christian beliefs and protecting the unborn, while supporting our churches and Catholic schools and our community with whatever they need."

Ed Stuart said it best in summation, "We're all about faith, hope, and charity."

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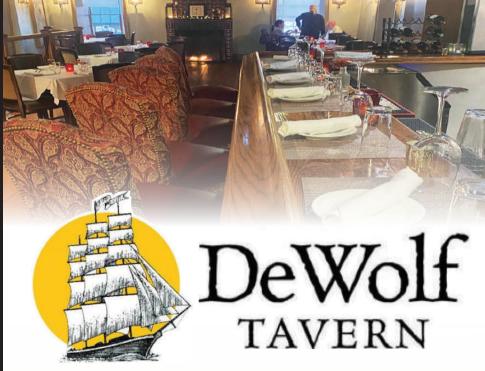
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259 Thames St, Bristol, RI • (401) 254-2005 www.dewolftavern.com Page 6 Bristol Phoenix November 9, 2023

## LETTERS TO THE EDITOR

## It will take more than a new school to achieve excellence in education

#### To the editor:

The quality of education in America is and has been for many years in serious decline despite the significant amounts of money poured into school administrations by our federal and state governments and into unions by coerced, tenured teachers. In public schools throughout Rhode Island most children continue to fail to meet or exceed standard proficiency levels in literacy and

According to an article in the Epoch Times, "In 1983, a group of experts commissioned by the U.S. Department of Education wrote the report - A Nation at Risk - after eighteen months of research."

Their conclusions, which have not changed in my opinion since that time, should be alarming to all of us who are concerned about the poor results of the recently published RICAS scores.

According to this group of experts: "The educational foundations of our society are presently being eroded by a rising tide of mediocrity that threatens our very future as a Nation and as a people."

The report quoted analyst Paul Copperman as saying, "for the first time in the history of our country, the educational skills of one generation will not surpass, will not equal, will not even approach, those of their parents."

According to John Taylor Gatto, a

senior teacher and educational researcher in New York City, "pick up a fifth-grade math or rhetoric textbook form 1850 and you'll see that the texts were pitched then on what would today be considered college level."

One of America's top notch best philosophers scholars, authors, Thomas Sowell, nails it when he observes: "It is not merely that Johnny can't read, or even that he can't think, Johnny does not know what thinking is, because thinking is so often confused with feeling in many public schools."

I write this letter not knowing whether voters will approve or disapprove the 200-million-dollar new school construction bond referendum. But I believe that the secret to enhancing the quality of education for Bristol and Warren youth does not depend on a new school. Education depends on what happens in the classroom with earnest, respectful students, dedicated teachers, excellent materials, strong curricula, unobtrusive administrators and unions and supportive parents.

If voters decide to approve the bond, it remains to be seen how a new school alone will improve the quality of educational achievement by Bristol and Warren stu-

> **Peter Hewett** Wendy Drive

## In response to criticism of bond advocacy

## To the editor:

By the time this issue of the Bristol Phoenix and Warren Times is published, the results of the vote on the Bristol-Warren School District construction bond issue will be known, and while I remain opposed to the construction of the new high school at its present location due to decades of flooding in my neighborhood, I was disappointed to read of the criticism by certain residents leveled at school committee members Nicky Piper, Adam McGovern, and Sarah Bullard regarding their advocacy for approval of the bond.

I have had multiple conversations with Nicky and Adam regarding chronic flooding in my neighborhood caused by the present high school, and in those conversations both Nicky and Adam have been transparent, sincere, and respectful regarding their position, and I have no problem whatsoever with them advocating for passage of the bond. We elect school committee members to ensure the highest quality education possible for our children, and I'm in complete agreement with those members who feel the district needs a new high school, and the only issue where we disagree is the location of the proposed new school.

In every election when they have run, I have voted for Adam and Sarah, and if I lived in Warren I would have voted for Nicky, and while we disagree on one issue, I would surely vote for them again, and I respect and applaud them for their advocacy on behalf of the Bristol and Warren students. The education of our future leaders is of paramount importance, and if we want to see our children succeed in life, we must ensure that they are educated in modern and safe buildings which are conducive to learning, and I applaud and support Nicky, Adam, and Sarah in their efforts to provide our children with those facilities.

**Mike Proto** 

245 Chestnut St.

## Hunting will not solve Bristol's deer problem

#### To the editor:

"If you want to understand any problem in America, you need to look at who profits from that problem, not at who suffers from that problem."

-Dr. Amos Wilson

The RI Department of Environmental Management profits because they receive federal matching dollars from hunting licenses and other hunting related purchases. It's 99.7% of the population of non-hunters that reside in Bristol that will suffer.

On average 2,214 deer are killed by hunters every year in RI; consequently, over 44,000 deer would have been killed by hunters throughout RI in the last 20 years.

Ask the non-hunters from Prudence Island, Block Island, S. Kingstown, Burrillville, etc., if it solved the problem of overpopulation of deer. The answer is a resounding no.

There have been deer in Warwick and East Providence for decades, but without a deer hunting season they have managed not to be overrun by deer?

Do Bristol officials know about the bounce-back element in deer populations after a hunting season? When there is an abundance of food, female deer may have two to three babies so the number of deer may, in fact, increase until more hunters kill more deer resulting in still more deer being born.

The RI Department of Environmental Management uses this factor to justify more hunting seasons pleasing hunters while never relieving communities of an overpopulation problem.

Rhode Island normally has around 1,018.1 people per sq. mile while Bristol has 2,224 people per sq. mile. Has the safety issue been considered by the Bristol Town Council?

RIDEM points to the deer mating season as a main factor in deer/auto collisions. However, it is the combination of the deer mating season and hunting season being held at the same time that increases deer crossing roadways.

By increasing hunting in Bristol, the town will have an increase in deer/auto accidents, not less acci-

Rhode Island only requires vehicle liability insurance not comprehensive insurance. Consequently, most Bristol drivers will have to pay out of pocket for deer collisions.

Last year, Bristol had 59 deer/auto collisions compared to South Kingstown's 112. Since Bristol chose to increase deer hunting, it can expect a dramatic increase in collisions.

Killing more deer is not going to cut down on humans getting Lyme disease. It's not just deer that carry deer ticks. Mice, shrews, chipmunks, and birds may be infected with Lyme disease and will transmit it to a bit-

Furthermore, bow hunting is considered cruel, even by other hunters that don't use bows and arrows.

Studies have proven that the number of unrecovered wounded deer has been high in Texas, Michigan, South Carolina, Georgia, Vermont, Iowa, Missouri, Wisconsin, and Indiana. RIDEM claims that it is low in RI. Are they really trying to convince us that RI hunters are more accurate than the hunters in other states?

Wounded deer are going to leave town property and wander off as they bleed to death in private yards where children could see a deer bleed to death in their own back-

## **Dennis Tabella**

Director, Defenders of Animals, Inc.

SPEAKOUT 254-0340

## Why do those with more to give, give less?

A newspaper should be a forum for the entire spectrum of the community. Accordingly, the Bristol Phoenix offers a call-in line called Speak Out for your comments.

Printed comments will usually address public issues and public officials. Calls about private individuals and businesses are discouraged. (Not all calls will be published.) Comments will be edited for accuracy, space, grammar, and/or taste. Names and addresses are preferred but not required.

## **Food donations** weren't balanced

"Just one comment on the Boy

Scouts collecting food for the food pantry. I thought it was amazing what they did. But I also saw where the affluent sections of Bristol were the least to give. The people who have less to give, gave more than those who had money to give, and should have even more to give. Thank you."

live. We will print any letter sent to us, adhering to guidelines for taste, accuracy, fairness and public interest. Letters must be signed by the author and must include telephone number and street address. Letters are limited to 500 words. Direct letters to: Bristol Phoenix, P.O. Box 90, Bristol, R.I. 02809. Letters may also be sent to ehartley@eastbaymediagroup.com This newspaper does not assume responsibility for errors in advertisements printed herein, but will print

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Matthew Hayes, Publisher

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# Police make five arrests, investigate pumpkin smashing

#### Monday, Oct. 30

Police looked into a call regarding a vehicle stopping prior to the center span of the Mt. Hope Bridge at

Police responded to Catherine Street at 10:28 p.m. for the report of a possible domestic situation involving a man yelling and a woman crying.

#### Tuesday, Oct. 31

Police dispersed a person who was sleeping near the ATM of the Citizens Bank on Hope Street at 12:47

DPW was contacted to pick up a refrigerator that was reportedly left in the woods near Tower Street

Police received a report that a woman was riding a bike down the center of the road on Metacom Avenue near the Warren Town Line at 3:37 p.m.

#### Wednesday, Nov. 1

Kasey Botelho, 23, of 11 Ursula Dr., Bristol, was arrested by Tiverton PD at 8:44 a.m. on a warrant

active out of Bristol. They were charged with two counts of domestic violence (violation of a protective order, and cyberstalking/cyber harassment, both first offenses). They were transported to District Court.

An email scam involving a large amount of money was reported on High Street at 1:06 p.m.

Paint thrown on a deck on Rock Street at 1:13 p.m. was reported as an act of vandalism.

A man asking for money on Wood Street was reported at 2:05 p.m.

A package was reportedly stolen from a State Street address at 6:08 p.m.

## Thursday, Nov. 2

James Ernest, born 1952, of 820 Main St., Apt. #D, Warren, was arrested at 1:35 a.m. on Metacom Avenue. He was charged with DUI of liquor (BAC .15 or greater, first offense).

A caller reported a vehicle driving in Vet's Park on Wood Street at 6:37 p.m. Police informed them it

was DPW doing routine maintenance.

#### Friday, Nov. 3

Bank fraud was reported on Stephen Drive at 1:48

Elizabeth Coderre, 64, of 34 Elmwood Dr., Bristol, was arrested on a warrant at 3:27 p.m. She was charged with one count of willful trespass, and a report indicated the incident stemmed from an incident at North Farm on the Bay Condos that occurred on Aug. 31, 2023.

Joseph Squatrito, 37, of 41 Monterey Rd., Bristol, was arrested by the East Providence Police Department at 6:58 p.m. He was charged with reckless driving (2nd+ offense), and driving without a valid license (4th+ offense).

#### Saturday, Nov. 4

Police responded to San Juan Drive at 2:22 p.m. for a report that juveniles were riding ATVs at excessive speeds in the area. They were able to speak to the juveniles and their parents and advised them of the complaint.

## Sunday, Nov. 5

Police received a report that people were in the area of the East Bay Bike Path near Falls Road throwing or breaking items at 1:11 a.m. Police dispersed people from the area.

Ana Shiel, 57, no address, was arrested at 7:59 a.m. on Church Street. They were charged with one count of domestic violence (simple assault and/or battery, first offense).

Police responded to a report of two men fighting on Charles Street at 12:25 p.m.

A Wood Street resident reported a man was knocking on his door and asking for money at 5:22

Police responded to Old Ferry Road at 5:43 p.m. for the report of a cat in a tree.

Police spoke with people on Reid Street at 7:05 p.m. following the report that people were smashing pumpkins in the road.

## Volunteers needed for **Bristol 250th Commission**

The Bristol Town Council invites Bristol residents to apply for a position on the newly established Bristol 250th Commission, and help the Town commemorate the rich history and vibrant spirit of Bristol in the upcoming Bristol 250th Commission Formation.

The Commission will be dedicated to commemorating the 250th anniversary of events throughout history that have shaped the ideals of freedom, equality, and independence in our

Are you passionate about celebrating our heritage and shaping our future? Do you have ideas, creativity, and a drive to make a differvision to help make this monumental event a

Whether you're a seasoned event organizer, a history enthusiast, a creative mind, or simply someone eager to contribute, there's a place for you in the Bristol 250th Commission Formation team.

to the Town Clerk's Office. You may also apply to volunteer to serve on one of our many boards, commissions, or committees in person, by mail at 10 Court St., Bristol, or by visiting https://onboard.bristolri.gov.

# ence? The Town is seeking for your voice and

Applications and resumes can be submitted

## LETTERS TO THE EDITOR

## The Battlefield

## To the editor:

Abject terror And horror owned this field Where young men once dreamed And now only sleep Drifting smoke carrying fear away Morality forever pierced

The evening sun blood orange Invisible for too many

The twisted and torn litter the ground The living numb stare with sunken eyes

And honor fades to disbelief As the sun finally sinks

A welcomed blindness

Here in the dark there be sounds of tears And a hollow murmur

Come on boys be heard once again

There be no charging

Or bugles calling

This time different

As spirits descend

Promises kept For friend or foe

Every rank now the same

With no soul left behind

They nimbly rise HIS angels have arrived

*In honor of all Veterans - past and present* for their sacrifice and service to our country

James M. Meehan 79 Ferry Rd.

## On the Bike Path bridges

## To the editor:

I am reading with disbelief about the proposed bicycle bridge replacements on the East Bay Bike Path in Warren/Barrington.

After years of waiting for a safe passage on RI's tourism gem - the East Bay Bike Path the result is smaller, less functional replacements. What? The long-awaited replacements will be narrower than the originals? In

these days of increased outdoor activity, the replacements are planned to be narrower, with 2-foot wide sidewalks instead of the previous 4-foot wide?

Not nearly enough space for bicycling, walking, skating and fishing. Why take six years to do the job wrong?

**Judy Menton Bristol** 



## **FRIDAY NOVEMBER 10 Warren Housing Authority**

20 Libby Ln, Warren - Show 6pm \$20 includes show, chowder/clam cakes Reserve at 401.245.7019

SUN. DEC. 3- TWIN OAKS, CRANSTON 12:30 WED. DEC. 6- ANGELO'S PALACE, CUMB. 5:30 FRI. DEC. 8- THE ISLANDER, WARWICK 5:30 FRI. DEC. 15 -THE BLUE ROOM, CRANSTON 6:30 SUN. DEC. 17- DAVENPORT'S . E. PROV. 12:30

Reservations/Info/More dates at AGINGDISGRACEFULLY.NET/288-1188

## Want an insider look at law enforcement?

Citizens Police Academy now accepting applicants for 2024 program

## BY CHRISTY NADALIN

cnadalin@eastbaymediagroup.com

For the second time since the pandemic-imposed hiatus, the Bristol Police will be offering their Citizens Police Academy from Jan. 11 to March 14, 2024. The 10-week program will meet on Thursday evenings from 6 to 8 p.m.

The curriculum includes classroom instruction, demonstrations, ride-alongs, and opportunities to participate in hands-on policing exercises. Bristol Police Department officers, supervisors, and

administrators will serve as instructors, sharing their knowledge about everything from criminal procedure and law and approaching a crime scene, to the roles of the school resource officer and comfort dog.

Anyone 18 years of age or older who lives or works in Bristol, and who has no prior felony convictions (or misdemeanor convictions in the past year) is eligible to attend. The Academy will be held at the Bristol Police Department Headquarters' training room at 395 Metacom Ave., and is free. Participants are required to attend at least 8 of the 10 classes to be eligible for graduation. Any of these requirements may be waived at the discretion of Chief Lynch.

"Community involvement in a police department is absolutely critical and valued," said Police Chief Kevin Lynch in a written statement. "The term 'community policing' denotes that philosophy, and one that I strongly support. As such, the Citizens Academy provides an excellent way to get to know the department and the people who are committed to your

"I sincerely encourage you to consider participating in the Citizens Police Academy, and believe vou will truly

enjoy learning more about your department and community."

The 2023 academy produced the

largest graduating class in the history of the program — and participants shared glowing endorsements of the program after receiving their graduation credentials back in March.

"My favorite thing that we did was the ride along," said Linnea Dean. "It was just cool to see what they do every day and to get in the police car and go around with

"I really liked the high stress simulator," said Sophia Borrelli, of the evening that participants were hooked up to a simulation gun and screen and had to made fast decisions about whether or not to use force. "It showed a lot of the stuff that they have to go through on the

spot and it was really interesting to see how stressful it actually is."

For other participants, the biggest takeaway was the big-picture perspective they got on police operations, and Bristol's specifical-

"I enjoyed all the classes, honestly," said Kiera Jan. "I feel like it was really insightful, learning about what they do and all the standards and policies they have to follow and enforce throughout the community — not just within the police station. They work hard to make connections with the community and everyone in it, and I thought it was really interesting to get a look inside just what they do and what their goals are."

"It gave me a look at the personal lives of the men and woman of the Bristol Police Department, and I thought that was invaluable," said Pat Lannan. "I think most people, when they see a cop, they think, 'uh

"I won't do that anymore."

Applications may be downloaded from the BPD website at www. bristolri.gov/departments/police/ police-outreach or picked up in the lobby of the Bristol Police Department Headquarters. Deadline is Dec. 15, and enrollment is limited to 30 participants. For more information, email Sgt. Ricardo Mourato at rmourato@ bristolri.gov.

WEST WARWICK ANGELS

CARING FOR ANIMALS, INC.

AMALA HOLIDAY

*BAZAAR* 

Saturday, November 11

~ 9 AM-4 PM ~

Door Prizes, Food Vendors,

Raffles & Amazing Vendors!

Church of the Apostles

170 Fairview Ave., Coventry, RI 02816

BY MAIL: Bristol Phoenix, Community

News, P.O. Box 90, Bristol, RI 02809

**FOR MORE INFORMATION: 253-**

Photos are encouraged. Email us a high-resolution jpg or tif and send it as

Milestone events, such as births, wed-

dings, engagements, etc., must be submitted within the year following the

Or stop by our office at 1 Bradford St.,

**To Submit Community News** 

**BY E-MAIL (PREFERRED):** 

**BY FAX:** 253-6055

6000, ext. 107

an attachment.

## TOTALLY CONFUSED BY RETIREMENT, SOCIAL SECURITY & MEDICARE?

Medicare Open Enrollment (October 15th - December 7th) YOU HAVE QUESTIONS...WE HAVE ANSWERS! FINANCIAL LONGEVITY We can help you master the Medicare puzzle! Call Us Today To Schedule Your One- On-One In Person or Virtual

Meeting To Compare All Plans Available To You In Your Area! (BCBSRI, United Healthcare, Aetna, CCA and more...) Register Today For An Event Near You @

http://www.universalwm.com/events

Check out all of our FREE events at universalwm.com/events Don't miss the opportunity to learn about ALL of your options Vour local Medicare licensed sales agents

HEALTHCARE

WEALTH MANAGEMENT

945 Reservoir Avenue

Cranston, RI 02910

Phone: 401-331-7600

Email: Healthcare@universalwm.com

## **EXPLORE YOUR OPTIONS**



## Medicare Annual Election Period is from October 15 to December 7

Learn more about your Medicare options. Join me for a meeting. An RSVP is required.

## CHARLESTOWN, RI

Charlestown Senior Center 100 Park Lane Tues. Nov. 28th @ 1:00PM

## **CRANSTON, RI**

Alpine Country Club 251 Pippen Orchard Road Wed. Nov. 8th at 1:30PM Fri. Nov. 17th @ 1:30PM

## CRANSTON, RI

CME Credit Union 1615 Pontiac Avenue Call To Schedule by Appointment CME: 401-463-3010 UWM: 401-331-7600

## **GLOCESTER, RI**

Glocester Senior Center 210 Putnam Pike Thurs. Nov. 9th @ 1PM

## JAMESTOWN, RI

Jamestown Senior Center 6 West Street Wed, Nov. 8th @ 8AM Wed. Nov. 15th @ 8AM

## KINGSTON, RI

Kingston Congregational Church 2610 Kingstown Road Wed. Nov. 8th @ 10AM Wed. Nov. 29th @ 10AM

## PORTSMOUTH, RI

Atria Aguidneck Place 125 Quaker Hill Lane Thurs. Nov. 9th @ 6PM

## MIDDLETOWN, RI

Middletown Public Library 700 W Main Road Tues. Nov. 21st 11AM -1PM

## MIDDLETOWN, RI

Howard Johnson by Wyndham 351 West Main Road Thurs. Nov. 16th @ 10AM & 2PM Mon. Nov. 27th @ 10AM & 2PM

## NARRAGANSETT, RI

Narragansett Community Center 53 Mumford Road Tues. Nov. 14th @ 11AM

## NORTH PROVIDENCE, RI

North Providence Mancini Center (Members Only) 2 Atlantic Boulevard Wed. Nov. 15th @ 1PM

#### CRANSTON, RI Universal Wealth Management

945 Reservoir Avenue Fri. Nov. 10th @ 10AM Mon. Nov. 13th @ 10AM & 5PM Fri. Nov. 17th @ 10AM Mon. Nov. 20th @ 10AM & 5PM Tues. Nov. 28th @ 10AM Thurs. Nov. 30th @ 10AM Fri. Dec. 1st @ 10AM or by Appt. Mon. Dec. 4th @ 10AM or by Appt. Tues. Dec.. 5th @ 10AM or by Appt. Wed. Dec. 6th @ 10AM or by Appt. Thus. Dec. 7th @ 10AM or by Appt.

**FOR ADDITIONAL** IN PERSON OR VIRTUAL **DATES AND LOCATIONS VISIT US AT:** 

www.universalwm.com/events

## **CLICK OR CALL** TO RSVP TODAY

And bring a family member, friend, or caregiver along with you.

www.universalwm.com/events

UWM: 401-331-7600 TTY:711

Karen Emma / Joe Goddard **Universal Healthcare (UWM)** 

Monday through Friday 8:00am to 8:00pm Sat. 8:00am to 8:00pm (Oct. 1 – March 31)

A sales person will be present with information and applications. For accommodation of persons with special needs at sales meetings, call the phone number above. For virtual events, you will receive information about how to join online once we receive your RSVP.

When attending in-person events, all staff and quests are required to follow state and federal COVID-19 safety guidelines.





Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association. Y1046 2024brokerflierformal C **DEADLINE: 9 a.m. on Tuesdays** 9/23 BMED-986300forma

# Free Family Fun Day at Audubon center on Saturday

It's fall. Rustle through the leaves at the Audubon Society of Rhode Island's Nature Center and Aquarium at 1401 Hope St., on the Warren/Bristol town line. The Nature Center and Aquarium is open to the public daily from 9:30 a.m. to 4:30 p.m. The trails and pollinator garden remain open from dawn to dusk.

Admission is \$6 for adults, \$5 for seniors, \$4 for ages 4 to 12, and free for children under 4 and members.

Unless noted, registration is required for all programs. Register online and view a complete listing of programs around the state through the events calendar at www.asri.org/calendar.

Masks are required for all indoor

guests ages 2 and up during indoor programs or for participants on Audubon van trips regardless of Covid-19 vaccination status.

Fun Day is from 10 a.m. to 3 p.m. on Saturday, Nov. 11. The center and aquarium is open to the public for free on the first Saturday of each month (the second Saturday this month) courtesy of Citizens Bank. Families can explore environmental exhibits representing Rhode Island's diverse habitats, enjoy the nature trails, and participate in programs listed below, which are free.

Activities are from 10 a.m. to 3 p.m. The trails and pollinator garden are open from dawn to dusk.

Join them on Veterans' Day for nature stories, animal discoveries, hikes and more. The theme this month is "Turtle Races." No need to register.

- 10 a.m. to 3 p.m.: Craft table
- 10 a.m.: Nature story
- 11 a.m. and 2:30 p.m.: Animal nterview
- 1 p.m.: "Turtle Races." How fast — or slow — will they go? Learn all about Audubon's diamond-backed terrapin and spotted turtle, then cheer them on as they wander down a turtle track.

■ A sea glass jewelry workshop for adults is from 1 to 2:30 p.m. on Saturday, Nov. 11. Design and create a pendant with sea glass found on local beaches. Learn how to choose the right piece of glass and transform it using quick and easy wirewrapping techniques.

The program includes all materials; but, if you found something special on the beach, bring it. Registration is required as space is limited. The fee is \$25; \$20 members. Register online.

■ Morning bird walks are offered

for ages 14 and older from 9 to 11 a.m. on most Wednesdays. The walks are in small groups with naturalist Laura Carberry. Each week a new birding destination is chosen.

Advance registration is required. Locations are determined weekly. The fee is \$10; \$5 members. Register through the events calendar at asri. org.

■ "ReWilding: A Call to Nature," an exhibit of art and photography by Jennifer Moore, is open through Dec. 30 during regular center hours. It is free with admission.

## AT THE LIBRARY

#### Authors Unplugged

The library has introduced a new hybrid program featuring livestreamed talks with world-renowned authors, with watch parties at the library.

On Thursday, Nov. 9, from 2 to 3 p.m., tune in for "Get Good with Money and Reach Your Financial Goals" with bestselling author Tiffany "The Budgetnista" Aliche.

Registration is required for both virtual and in-person attendance.

On Thursday, Nov. 16, from 4 to 5 p.m. it's "Why She Writes — An Afternoon Chat with Joy Harjo," internationally renowned performer, writer and poet of the Muscogee (Creek) Nation.

## **Closed on Veterans' Day**

The library will be closed on Veterans' Day, Saturday, Nov. 11.

## **Let's Talk: Caregiving Matters**

Every other Tuesday, attend a series of programs to inform, support and connect caregivers in the community, along with those coping with a serious illness or issues around aging.

The next program is on Tuesday, Nov. 14, at 3 p.m. and the subject is "Understanding Dementia."

Dementia is a broad term to describe the loss of cognitive function and other related symptoms. Clinical psychologist Paul Alloy will review the different types of dementia, how symptoms may progress, and the impact on family caregivers.

The series is led by nurse practitioner and end-of-life doula Bonnie Evans and is sponsored by the Friends of Rogers Free Library. If you can't attend in person, there is a Zoom link on the library's website under Featured Programs.

## Afternoon board games

Join Miss Sarah and play some board games on Tuesday, Nov. 14, from 3 to 4:30 p.m. Bring your friends or make new ones. All board games and instruction will be provided by Games That Go.

The theme will be "Campaign Games" and they will play Hero-Quest, a great intro game for Dungeons and Dragons, that's a bit easier to play.

## Zines101+ workshop

What is a zine? It's a small, homemade book of art, collage and/or writing.

riting. On Thursday, Nov. 16, at 6 p.m., learn about zines and zine culture and make a zine of your own. The workshop will be led by Providence artist, designer and zinester Nat Brennan.

Materials will be provided. Registration is required.

## **Demystifying AI**

A talk, "Demystifying AI: Exploring ChatGPT and Intelligent Machines for Everyday Living," is on Wednesday, Nov. 15, at 6 p.m. In our rapidly evolving world, Artificial Intelligence (AI) is more than just a buzzword—it's a transformative force reshaping how we live, work and connect with each other. This presentation aims to demystify AI for a non-technical audience, delving into the realm of intelligent machines.

Explore what AI means and the ethical considerations that come with this powerful technology. Gain an understanding of AI's potential, its limitations, and the possibilities it holds for our future, with a spotlight on how platforms like ChatGPT are revolutionizing human-machine interactions. Register on the website.

## **Adult Book Club**

The Adult Book Club will meet on Wednesday, Nov. 29, from 6:30 to 8 p.m. in the upstairs conference room and via Zoom. New members are always welcome. The book this month is "A Little History of the World" by E.H. Gombrich. Register online.

## An exhibit of artist/jurors

In collaboration with the Bristol Art Museum, Rogers Free Library is showing the work of jurors who have judged museum exhibits over the past two years at the library.

The nine artists have been invited to display their work in a group show in the community galleries of the library now through Nov. 29. A highlight of the exhibit is Mark Wholey's 8-foot sculpture "Woman Reading Without a Chair."

## Newsletter signup

To get the latest library news, events and tips, sign up for the monthly newsletter at rogersfreelibrary.org/newsletter.

Rogers Free Library at 525 Hope St. is open Monday to Thursday from 9 a.m. to 8 p.m. and on Friday and Saturday from 9 a.m. to 5 p.m. Call 253-6948 or visit www.rogersfreelibrary.org for more information.

# DO YOU NEED A NEW ROOF?

If So, I Bet The Last Thing You Want To Do RIGHT NOW Is Spend \$15,000-\$25,000 Or More On A New Roof!

Call the Roof Assistance Hotline at 401-954-9012 to learn how you may qualify to replace your old roof for \$5,000-\$6,000 of your own personal funds, regardless of roof size.

This is not a loan or a grant so there is no application to fill out and no home appraisal required. Qualifying is strictly based on a free assessment of your current roof.

## Who this program is for:

- 1. Homeowners with medium, large or extra-large roofs
- 2. This program is not based on financial hardship. In fact, many homeowners that we assist are considered somewhat affluent
- 3. Homeowners with a roof that is between 10-35 years old are ideal

## Who this program is NOT for:

- 1. Homeowners with smaller than average roofs
- 2. Homeowners that have replaced sections of their roof over the years, piece by piece
- 3. Homeowners with roofs that are less than 10 years old
- 4. Homeowners that a have a roof in absolutely terrible condition that probably needed to be replaced many, many years ago

Call the Hotline at **401-954-9012** 

for your free roof assessment or go to www.roofassistancehotline.com

Reg#11374

## HAPPENINGS AT THE BRISTOL RECREATION DEPARTMENT

A variety of activities are offered by the Bristol Recreation Department on Asylum Road. Registration is required on their app. All payments, registration and full schedules of fitness classes can be found on the app.

Call the Quinta-Gamelin Community Center on Monday to Friday from 9 a.m. to 4 p.m. at 253-1611 with questions.

#### Weekly play group

A Drop In & Play weekly play group is on Fridays from 11 a.m. to 1 p.m. starting on Nov. 11. It is \$3 per child and \$5 for two children.

## **Craft workshops**

There are a variety of adult craft workshops.

• Botanical holiday gnomes for young crafters for ages 7 and older is on Saturday Nov. 18, at 10 a.m. Dive into the world of natural artistry and craft charming gnomes from materials like pine cones, twigs and acorns.

Artists will add felted hats, trimmings and delightful details to infuse their creations with character and festive magic. Make ornaments, tabletop decorations or both. It is \$15 per person and includes all materials.

- Make a live pumpkin floral centerpiece for Thanksgiving on Sunday, Nov. 19, from 10 a.m. to noon. Use a real pumpkin, dried hydrangeas and fall florals. It is \$75 (all materials included). Sign up by Nov. 12.
- Make a wooden snowman block on Tuesday, Dec. 5, from 6 to 7 p.m. It is for ages 5 and older (under 12 must be accompanied by an adult). Young artists will paint, add decals and adorn their snowman with hats and scarves. No artistic experience need-

ed. It is \$15 per project. Sign up by Wednesday, Nov. 29.

• Make a family friendly pottery funky Christmas tree on Mondays, Dec. 11 and 18, from 6:30 to 8:30 p.m. This workshop is so popular, they scheduled one for children 8 and older accompanied by an adult.

Week one, work with clay; week two, glaze your project. It is \$45 per person. Sign up by Thursday, Dec. 7.

#### Free Teen Zone

A Free Teen Zone is at the community center for Bristol and Warren students in middle school and high school. Open gym and game room. It will begin on Wednesday Nov. 8, and run on Mondays from 2:30 to 5 p.m. and Tuesdays to Fridays from 2:30 to 5:30 pm.

## **Knitting Circle**

A weekly Knitting Circle with Mt. Hope High School art teacher Lauren Enjeti is on Wednesdays, Nov. 8 to Dec. 20 (except Nov. 22), from 6:30 to 8 p.m. Knit with a group and get some help and instruction with knitting. Beginners and seasoned knitters welcome.

You will need yarn for your first session; they have tools you can borrow until you decide to purchase your own. It is \$12 a session. Ages 10 and older welcome.

#### **Trips to NYC, Foxwoods**

A variety of trips are planned.

- A New York shopping trip is on Saturday, Nov. 18, with coach bus transportation departing at 7 a.m. Depart NYC at 7 p.m. It is \$60.
- Head to Foxwoods Casino & Tanger Outlets on Saturday, Dec. 2. Depart Bristol at 9 a.m. and Foxwoods at 6 p.m. It is \$40 per person.

- See "A Christmas Carol" at the Stadium Theater on Wednesday, Dec. 13, at 7:30 p.m. It is \$50 with transportation.
- See "Ain't Too Proud" at PPAC on Jan. 24 at 7 p.m. with a 5:30 p.m. departure. It is \$50 per person and includes transportation.
- See "To Kill A Mockingbird" at PPAC on Feb. 7 at 7 p.m. with a 5:30 p.m. departure. It is \$50 per person and includes transportation.
- See "Frozen" on Wednesday, March 13, at 7 p.m. It is \$50 per person with transportation.
- See "Company" on Wednesday, April 24, at 7 p.m. It is \$50 per person with transportation.

## **High Low Jack**

Play with other community members on Mondays from 2 to 4 p.m. It is free. Coffee and light refreshments available.

#### **Bowling for seniors**

Bowling for Bristol seniors is at Dudek Bowling Alley in Warren on Thursdays at 9:30 a.m. Let them know you're with Bristol Parks & Recreation and get three games and shoe rental for \$4.

## Fitness, yoga classes

There are in-person and Zoom fitness classes available. Download the Bristol Parks & Recreation app to view types of classes and schedules and to register and pay. Or, stop by and pick up a paper schedule each month.

There is free zumba for middle and high-schoolers.

They offer a variety of yoga classes, too — chair, vinyasa, fitness yoga and restorative. See the schedule on the Mindbody App.

# Eclectic events at Linden Place this month

Linden Place Mansion will host several events this month, including an intimate concert in the 200-yearold mansion parlors, the museum's annual meeting and its annual artisan market.

Opera in the Parlors is on Sunday, Nov. 12, at 2 p.m. in the mansion with mezzo-soprano Elizabeth

Kinder and pia-Adam nist Welch, alongside surprise guests. The concert is reminiscent of parlor performances of the 18th and early 19th centuries. The recital will include songs Obradors, bv



Elizabeth Kinder

Berlioz, Shostakovich and more. The concert will also feature operatic arias, the Rosenkavalier Trio, and Broadway duets.

Kinder has performed throughout New England and is praised for her "warm voice," "effortless technique" and "spirited delivery." She has sung with Boston Lyric Opera, Odyssey Opera, Boston Opera Collaborative and more.

Tickets are \$45; \$40 for Linden Place members, and include a glass

Linden Place Mansion will host of Prosecco. Reservations are everal events this month, including required.

Linden Place Mansion's annual meeting is on Wednesday, Nov. 15, at 7 p.m. All are welcome. The meeting includes a recap of 2023 at the museum, election of board members, volunteer awards and a special speaking program by New Bedford Whaling Museum curator and Bristol native Naomi Slipp. The Douglas and Cynthia Crocker Endowed Chair for the Chief Curator and the director of museum learning will discuss her latest special exhibit at the museum, "A Singularly Marine & Fabulous Produce: The Cultures of Seaweed."

The meeting is free and open to the public. Reservations are requested, and refreshments will be served.

Back by popular demand, will be the special Holiday Artisan Market on Saturday, Nov. 18 from 11 a.m. to 3 p.m. in the ballroom, courtyard and grounds of the mansion. There will be dozens of artisans and their unique offerings, including jewelry, weaving, clothing, pottery and more.

This year's event also features live music and food vendors and takes place during downtown Bristol's holiday preview weekend.

For more information, and reservations to events, visit www.linden-place.org or call 253-0390.

## ON THE MOVE

**GEORGE D. DUARTE JR.** of Bristol has been named senior vice

president, director of business banking, at Bank Newport. Duarte collaborates with commercial lenders, branch managers, and residential mortgage originators to drive growth, while uphold-



ing credit quality standards and safeguarding the bank's profitability margins. Duarte is responsible for spearheading business banking initiatives, managing a team of eight business and commercial lending officers, overseeing commercial loan production, initiating crosssales opportunities, and fostering collaborative efforts across teams within the bank. Over the past few years, he has expanded and diversified the business banking team while implementing a role restructuring that includes portfolio management responsibilities. Prior to joining BankNewport, Duarte served as vice president, SBA lending officer for New England and New York regions at Santander Bank. He has over 20 years of experience in the banking sector. Duarte has a bachelor of arts degree in political science from Rhode Island College. In the community, he has served as a youth baseball, football and soccer coach. He was affiliated with East Bay Chamber of Commerce while serving as an ambassador, past member of the Downtown Merchants Association and treasurer for the Bristol Substance Abuse Task Force. He is a lifelong resident of Bristol, where he lives with his wife Kerri and son Christopher.

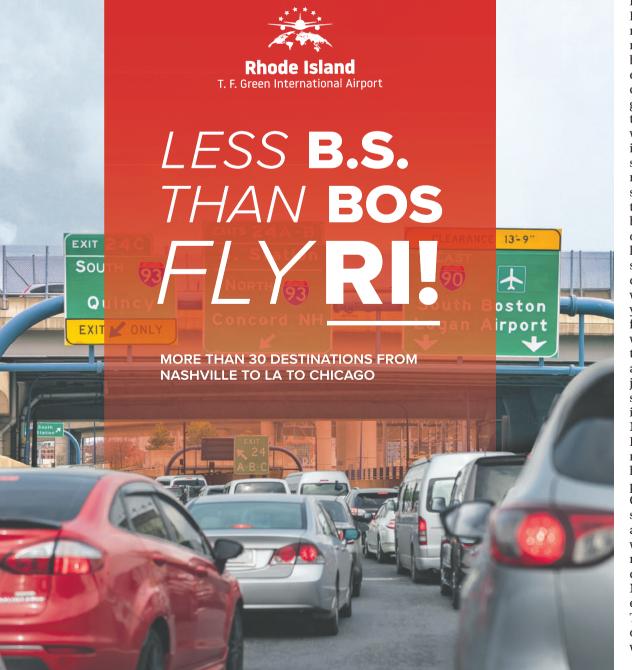
#### R.I. Rep. **JUNE SPEAKMAN**

received the Audubon Society of Rhode Island

2023 Legislative
Leadership
Award at the
society's 126th
annual meeting
on Oct. 22 in
Bristol. Audubon recognized
Speakman for
"her dedication
to Rhode
Island's envi-



ronment, action on the climate change crisis, and the protection of birds, wildlife and the people of Rhode Island." She has been a strong voice in advancing the conservation of forests and siting for renewable energy sources in the age of the climate change crisis. During the 2022-23 legislative session she succeeded in addressing a critical step in solar siting reform in which legislation was passed to protect core forests and enacted into law this year. She is an advocate for environmental protection and climate change resiliencv as a member of the House Environment and Natural Resources Committee and chairwoman of the Housing Affordability Commission in the R.I. House of Representatives. In 2021 she sponsored The Forest Conservation Act, which was enacted into law. This legislation created the Forest Conservation Commission under the R.I. Department of Environmental Management; dedicated to identifying incentives for landowners to maintain their properties as forest. And, Speakman persistently works to advance laws that prevent exposure to cancer-linked polyfluoroalkyl substances (PFAS). She was the sponsor of the 2022 law that requires the Department of Health to set standards for the chemicals in drinking water.



## **Bosworth Lecture** is this evening

Early New Englanders' understanding of arbitrary rule and their efforts to maintain self-government in the late 1600s is the topic of the Bosworth Lecture Series on Thursday, Nov. 9, at 6:30 p.m. at St. Michael's Church, 399 Hope St. The event is free and open to the public.

In conjunction with the Bristol Historical and Preservation Society, a lecture by Providence College history Professor Adrian Chastain Weimer, Ph.D., will reference her new book, "A Constitutional Culture: New England and the Struggle Against Arbitrary Rule in the Restoration Empire." The book will be available for sale.

Weimer earned her Ph.D. from Harvard University in 2008. Her writings also include "Martyrs' Mirror: Persecution and Holiness in Early New England." She lives in Barrington with her husband and two daughters.

The Roswell S. Bosworth Jr. Lecture Series is presented by the Men's Club, a local organization that pays tribute to its founding member, former editor and publisher of the East Bay Newspapers, with lectures of interest to the public.

## **Historical society** is celebrating vets

The Bristol Historical & Preservation Society has a special exhibit, "Bristol Veterans and the Evolution of Military Funerary Rites," at the society at 48 Court St. The society is open Wednesdays to Fridays from 1 to 5 p.m.

The challenges of military service are well known. But, this exhibit illuminates what happens to veterans who make the ultimate sacrifice and how the practices of caring for our military dead have changed alongside changing tactics of war. The exhibit chronicles the origins of traditions like playing "Taps" at a funeral and demystifies the stages of military headstone design.

The exhibit also profiles the stories of seven local veterans).

The exhibit is in place during 2023. An accessible entrance is at the rear of the building (park at the rear of the lot to the east of the building on Court Street and follow the con-

Call 253-7223 or visit www.bhpsri. org for more information.

## Autumn events at Mount Hope Farm

A variety of events are offered at Mount Hope Farm, 250 Metacom Ave. For details on events below, prices and registration information, visit www.mounthopefarm.org/

 A cookie decorating class is on Thursday, Nov. 9, from 6 to 8 p.m. Learn all the basics of decorating sugar cookies and get hands-on experience in this workshop. (Note: They will repeat this session on

Thursday, Dec. 7).

• Storytime at the farm with Rogers Free Library is on Tuesday, Nov. 14, from 10 to 11 a.m. Grab a blanket, head to the farm and enjoy storytime in the barn with Ms. Sarah, youth services librarian at the library, with her favorite stories and fun activities.

More storytimes are on the second Tuesday of each month. And while there, enjoy another great book when you take a fun stroll through the StoryWalk at Mount Hope Farm. A donation of \$5 is appreciated. Registration required.

• The walking trails are open from 8 a.m. to 6 p.m. every day at the farm. Enjoy the beauty of the farm and surrounding lands.

## Farmers' market is on Saturdays

The Mount Hope Farm Farmers' Market at 250 Metacom Ave. is open on Saturdays from 9 a.m. to 12:30 p.m. in the barn. Dogs are not allowed. Bring your reusable bags and use credit cards whenever pos-

Thanks to a grant from Farm Fresh Rhode Island, SNAP and EBT purchases can be doubled at the market; you can stop by the market table for details.

Pre-ordering is possible online from many of the vendors. For details, a list of this week's vendors and safety procedures, visit www. mounthopefarm.org/communityprograms/farmers-market.

## Vigil for peace and justice is each month

A vigil for peace and justice is held on the second Saturday of each month, Nov. 11, from 11 a.m. to noon in front of the Bristol post office, Hope Street.

It is sponsored by East Bay Citizens for Peace. All are welcome. For more information, email info@eastbaycitizens4peace.org or visit www. eastbaycitizens4peace.org.

## **Coggeshall Farm** open some Saturdays

The Coggeshall Farm Museum at 1 Colt Drive is open on Saturdays, Nov. 11 to 25, from 10 a.m. to 4 p.m. Visit the garden to see what the fall harvest brings. Meet the sheep, pigs, explore nature trails, and more.

Admission is \$10 for adults, \$5 for youth ages 4 to 17, and free for children under 4 and members. Get tickets at coggeshallfarm.org.

Then, coming up is a New England Thanksgiving on Saturday, Nov. 18, from 10 a.m. to 4 p.m. Join the Coggeshall staff as they prepare a Thanksgiving meal in the historic farmhouse. The late 18th century was before the official start of

**STUDENTS** 

**GRADES 7-12** 

Stories must be written

7-12. Stories should be

2500 words or less and

incorporate Rhode Island

as a theme in some way.

For more information

contact Diana C. at School One,

401-331-2497 or dianac@school-one.org,

visit www.school-one.org or www.goathillwriters.com

by students in grades

Thanksgiving as a national holiday, but the day was still celebrated with food and prayer in New England. Costumed historians will make a full meal and show some of the prep work in preparing for a day of thanks. In the woodshop, they will display the making of wooden plates and spoons. In the garden, see the last of the fall harvest and putting the garden to bed.

It is included with standard daytime admission, but reservations are necessary at coggeshallfarm.org.

## **Nature** mandalas, holiday wines, teas

Blithewold Mansion, Gardens & Arboretum hosts a variety of events at the mansion at 101 Ferry Road. Registration is required for all events. For details and to register, visit www. blithewold.org. Watch here for updates each week. Holiday events are already selling out.

At this time, the house is closed for tours while they decorate for "Christmas at Blithewold," which opens on Nov. 22.

- "Cozy Autumn Fires and Tasty Treats" is on Saturdays and Sundays through Nov. 19 from 1 to 2 p.m. or 2:30 to 3:30 p.m. in the enclosed garden. They provide chairs, s'mores kits, a state-of-the-art low-smoke fire pit, and a view of the Giant Sequoia. You gather five friends and six marshmallow-roasting sticks. While you're there, take a hike around the grounds. Maximum of six for the one-hour reservation. Maximum of 6 people per one-hour fire pit reservation. Children 2 and under can sit on laps. Reservation required online. It is \$55 for six people; \$35 for mem-
- The nature mandala series with Beth Adoette is on Wednesdays, Nov. 15 and Dec. 20, from 6 to 8 p.m. There is a different theme each month. Explore beautiful objects of nature. Nature mandalas are ephemeral and not taken home, but photographs are encouraged. Limited to 10; \$40; \$35 members.
- The holiday wine series is on Wednesdays, Nov. 15 and Dec. 6 and 13, from 6 to 8 p.m. Join Lynda Gaines on the breakfast porch and learn about wine in time for the holidays. On Nov. 15, the topic is "Pairing Wines with Your Holiday Desserts." It is \$50; \$45 members. Limited to 12.
- Winter afternoon teas are on Tuesdays to Fridays, Nov. 22 to Jan.

**DECEMBER!** 

Guidelines and

submission information online at

www.school-one.org

or Write Rhode Island

Facebook Page

School

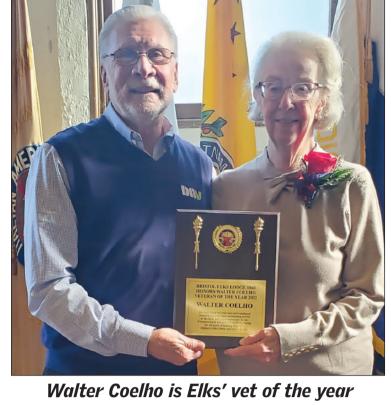
One I

A SHORT FICTION COMPETITION

FOR RHODE ISLAND STUDENTS

**AWARDS** cash prizes

publication



Bristol Elks Lodge 1860 honored the 2023 Veteran of the Year, Walter Coelho, at a recent Sunday breakfast with 84 friends and family. He was chosen by a selection committee and presented with a plaque by Veterans' Committee members. He served three years in Vietnam in the U.S. Army and volunteers at the R.I. Veterans' Home and Suicide Outreach and Awareness Committee, R.I. chapter. He is an advocate for disabled American veterans. He has been married to his wife Kathy for 54 years and has two daughters.

4, with seatings at 11 a.m. and 1 p.m. These sell out quickly. For seating info, prices and reservations, go online.

· Nature drawing with artist Joanne Murrman is on Thursdays through Dec. 14 from 10 a.m. to noon. Use Blithewold's gardens for inspiration. Focus on how to render color, texture, and design in flora and landscape. Each week a different topic and a variety of drawing techniques are covered. See details on the website.

## **Coffeehouse to host House of Hamill trio**

Bristol's Stone Church Coffee House at the First Congregational Church welcomes House of Hamill on Saturday, Nov. 11, at 7:30 p.m. at the church at 300 High St. Doors open at 6:45.

The Pennsylvania-based House of Hamill is a fixture on festival stages across the United States. Whether they're ripping through a set of original jigs and reels, adding lush threepart harmonies into traditional folk ballads, or cracking up an audience with stories from the road, House of Hamill puts on a show that capti-

The coffeehouse is a family-oriented, handicap-accessible musical venue. Seating is limited and reservations are recommended. Light refreshments will be available. Tick-

See more **AROUND TOWN** Page 12

## If you like us in print, you'll love us in digital



## If you aren't receiving our email newsletters, sign up today!

We send an array of newsletters every week, from the latest news, to "things to do", to a recap of our top stories.

Sign up for one or all. Go to eastbayri.com and click on



Sign up for our newsletters

## **AROUND TOWN**

From Page 11

ets are \$20, half-price for students and free for children 5 and under. For ticket information or to make a reservation, please call 253-4813.

## Malassadas sale at St. Elizabeth Sunday

The Santo Cristo Committee will have malassadas for sale in the St Elizabeth's Church auditorium on Sunday, Nov. 12, after all Masses until sold out.

## **Duckpin bowlers needed for Sundays**

A mixed duckpin bowling league is in need of a few more bowlers on Sundays at 6 p.m. at Dudek Lanes in Warren. It's a fun night out with cash prizes, special monthly events and bonus cash prizes during the year.

They also have a Christmas Party, Pizza Party and a banquet at the end of the season. Call Dave at 254-9779 for more information.

## AAUW to host talk on gender equality

Gender equality through systematic change is a major issue today, especially for women already in the workplace or about to start a new job. Join The American Association of University Women (AAUW) on Tuesday, Nov. 14, from 6 to 7:30 p.m. at Rogers Free Library, 525 Hope St., Bristol.

Lauren Perl will lead a presentation and discussion, "Feminism Today: The Evolution of the ERA and Women's Equality." Lauren's message is salient for all women, but as a college student at Harvard, her talk may be particularly interesting for young women as they enter the workplace or want to learn more about becoming involved with activ-

ism for women's equality. There will be time for questions from the audience.

Lauren has served as the National Inclusion, Diversity, Equity, and Accessibility Council member for Amnesty International and the national policy director for Generation Ratify. This summer, she was co-director of the Seneca Falls Equal Rights Amendment Centennial Convention.

Most recently, she served as international law analyst for Lawyers Without Borders. She was awarded Amnesty International's National Case Commitment Hero Award. In her free time, you can find Lauren writing stand-up comedy or singing musical theater ballads.

The event is free and open to all.

## Join Rotary Club for lunch (or just join)

The Bristol Rotary Club meets the first and third Wednesdays of the month at 12:15 p.m. at the DeWolf Tavern (second floor). Lunch is \$20.

The agenda features interesting speakers and activities of the club's charitable foundation.

Email jdelabry@gmail.com to reserve a place, no later than 24 hours before.

"Help Us Help Others" (bristolrotaryclub.com).

## Domestic violence support services

The Women's Resource Center has free and confidential domestic violence support services every Thursday from 10 a.m. to 2 p.m. at 624 Main St., Warren. Just drop in. Or, call the 24-hour hotline at 800/494-8100.

## Lecture series at Herreshoff museum

Rewriting the

Retirement

can help you fund them.

traditional mortgage

Rules of

The Herreshoff Marine Museum

Retirement comes with more time for

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✓ Get additional income tax-free cash

✓ Continue to own your home just like a

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(401) 406-1247 (Cell)

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to use for what matters most 2

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Lecture Series presents David Snediker, who will discuss the story of *DORIS*, on Thursday, Nov. 16, at 7 p.m. at the museum, 1 Burnside St., and via Zoom if desired. An in-person reception is in the Hall of Boats at 6 p.m.

DORIS, 78 feet, was built in Bristol in 1905, by the Herreshoff Manufacturing Co. DORIS changed the course of American yachting and has been given National Historic Register recognition. The restoration is on course for completion in 2025.

Snediker Yacht Restoration builds, restores and repairs classic wooden boats. They specialize in traditional construction and have been in the business for over 30 years.

Languishing in a boatyard in New London, Conn., for 30 years, *DORIS*, the largest all-wood sailing vessel built by Herreshoff Manufacturing Co. in 1905, was scheduled to be scrapped. Given a one-year lease on life by the collaboration of a good friend and Snediker Yacht Restoration of Pawcatuck, a search for a new owner was spearheaded. Now, thanks to an enthusiastic client, *DORIS* has been saved.

In-person tickets are \$20; \$15 for members. Virtual tickets are \$15; \$10 for members. For tickets, visit herreshoff.org.

## Late fall bird walk at Mount Hope Farm

Join expert birder Ray Payson of the Bristol Land Conservation Trust on a bird walk at Mount Hope Farm on Saturday, Nov. 18, from 8:30 to 10:30 a.m. The focus will be on late migrants, early arrivals of wintering ducks and geese and other surprises. There will be time after the walk to check out the Saturday farmers' market in the barn.

Bring binoculars, smart phone and wear appropriate outerwear and waterproof shoes. The walk will be mostly on paved road but will make a couple of walks to the shore

Longbridge

and will walk around the main pond. Beginners welcome.

It is \$15 per person, \$25 max per family, and free for members. Park and meet in the lower main parking lot. Questions? Call Ray Payson at 225-4903.

## Community shred day at credit union

People's Credit Union will host a free community shred day on Saturday, Nov. 18, from 9 a.m. to noon at the Bristol branch at 50 Gooding Ave. People's has partnered with Shred-it to safely and securely destroy sensitive information using Shred-it's cross-cutting technology.

Everyone in the community is invited to bring documents suitable for destruction, but limit your documents to two boxes (maximum size 24x15x10 inches/55 lbs.) and be prepared to have the Shred-it team place the contents into their receptacles with empty boxes returned to you.

The free event is a safe and secure way to dispose of sensitive personal and financial information.

## Harvest bazaar at First Congregational

The First Congregational Church in Bristol is holding its 94th annual Harvest Moon Bazaar on Saturday, Nov. 18, from 10 a.m. to 3 p.m. at the church at 300 High St.

There will be free pictures with Santa, handmade knits, flowers, silent auction, baked goods, and lobster rolls, chili and hot cider.

## East Bay artists at Graham Gallery

An East Bay artists' show is open through Nov. 28 at The Graham Gallery, 412A Thames St. Featured are works by Edward Huff, Wendy Berube, Susan Graham and Gary Gra-

## R.I. Blood Center is in need of donations

The R.I. Blood Center is in need of blood and platelet donations. All types are needed; but, there is an additional need for blood types O, O-, A-, B- and AB-. Donor centers around the state are open and you can make an appointment to donate blood at your convenience. To

## **To Submit Community News**

## BY EMAIL (PREFERRED):

Irego@east bay media group.com

**BY MAIL:** Bristol Phoenix, Community News, P.O. Box 90, Bristol, RI 02809

## **FOR MORE INFORMATION:** 401/253-6000, ext. 107

Or stop by our office at 1 Bradford St., Bristol

Photos are encouraged. Email a high-resolution jpg or tif and send it as an attachment.

Milestone events, such as births, weddings, engagements, etc., must be submitted within the year following the event

**DEADLINE: 9 a.m. on Tuesdays** 

schedule an appointment, visit donate.ribc.org or call 453-8360. Appointments can be made online. The closest center in the East Bay is the Aquidneck Donor Center in Middletown.

## Meals are available; drivers are sought

Each weekday, Meals on Wheels of Rhode Island provides a nutritious meal, well-being check and social visit to 1,500 homebound seniors statewide.

For more information about the meal program or how to volunteer to deliver meals, visit www.rimeals.org or call 351-6700.

## County Lions Club continuing its mission

The Bristol County Lions Club is a nonprofit organization for Bristol County where men and woman help raise money for their local community. If you are interested in more information, call Lion member JoAnn Silva at 439-8861.

## Haunted Bristol walking tours nightly

Haunted Bristol walking tours are nightly at 6 and 8 p.m. It's a leisurely 90-minute walking tour of history, architecture and ghosts. Tours of Bristol and Warren are based on historic stories of native tribal battles, Revolutionary War attacks and slave wealth that are the basis of these haunting stories.

Reservations are required. Call 286-1209 for more information.

## **SENIORS**

## Legal and fraud advice, tech help

The Benjamin Church Senior Center, 1020 Hope St., is offering lunch and activities. Office hours are from 8:30 a.m. to 3:30 p.m. Monday to Friday. For more information, call the office at 253-8458.

Hot lunches are at 11:30 a.m. Monday to Friday. Call the office two days in advance and reserve a seat. The meals are a suggested donation of \$3.

A Senior Health Insurance Program (SHIP) counselor will be at the center on Friday, Nov. 10, and on Mondays, Nov. 20 and 27, from 9 a.m. to 2 p.m. Call the office to schedule an appointment. The Medicare open enrollment period is through Dec. 7.

The office will be closed on Monday, Nov. 13, in observance of Veter-

ans' Day.

Crafts with Daisy is on Wednesday, Nov. 15, at 10:30 a.m. Space is limited. Call to reserve a seat.

Attorney Paul Silva will be at the senior center with free legal advice on Wednesday, Nov. 15, from noon to 1 p.m. Topics are wills, power of attorney, and end-of-life planning. Call the office for an appointment.

Crafts with Elin is on Thursday, Nov. 16, from 10:30 a.m. to noon. Space is limited. Call to reserve a seat.

Tech Help is available at the senior center on Thursday, Nov. 16, from noon to 1 p.m., through the Tech Tutors program at Rogers Free Library. Tutors will help you with any questions regarding computers, cell phones, eReaders, software or social media. Sign up through the

d on Mon-See FACING PAGE

# 1. Property taxes, homeowners' insurance, and home maintenance required. The home must be your primary residence. 2. Consult a financial advisor and appropriate government agencies for any effect on taxes or government benefits. Branch Office: International Blvd, Suite 900 Mahwah, NJ 07495. NMLS #957935. Licensed by Rhode Island Third Party Loan Servicer License 20193879LS, Rhode Island Lender License 20153084LL, MA Debt Collector License DC957935, Mortgage Lender License, with reverse mortgage authority ML 957935.

Alan Bernstein, executive director of Community String Project, introduced Vicki Boyle as its new program director at the organization's fund-raiser, "CSP Goes Country," held on Oct. 28.

# Community String Project names new program director

Virginia "Vicki" Boyle has been appointed program director at Community String Project (CSP). Her responsibilities will include overseeing string classes and teachers, instrument purchase and maintenance, obtaining grants for guest teachers and special workshops, coordinating with Executive Director Alan Bernstein, and reporting to the board of directors.

Boyle was chairman of the arts and applied arts department at Mt. Hope High School and retired recently after a 40-year teaching career. During her tenure, in addition to teaching and department chair duties, she instituted a guitar program at the high school and later expanded it to include the Mt. Hope High School Classical Guitar Ensemble.

Boyle has been involved with Community String Project since its inception, starting its adult classical guitar program five years ago and continuing to teach intermediate and advanced classes. She is on the board of the R.I. Guitar Guild and is a member of the R.I. Music Educators Association (RIMEA), where she will conduct the All-State Junior Guitar Concert at this year's All-State Music Festival, and also serves on RIMEA's Advocacy Task Force.

"My first love was the cello," Boyle said. "And, after 40 years of teaching, it just feels right to be back in strings. And I get such joy out of working with our younger students."

She lives in Bristol with her husband, Ken. Their daughter Cordelia lives in Alaska.

CSP is a not-for-profit organization with a mission to provide affordable and attainable string instrument lessons to the youth and adults in the East Bay area.

## **SENIORS**

## From **FACING PAGE**

senior center is encouraged but not required. Drop-ins welcome.

The AARP Fraud Watch Network will present a program on Thursday, Nov. 16, at 12:30 p.m. Take a look at the latest scams and how to avoid them. There will be light refreshments. Call to reserve a seat.

The Christmas party is on Thursday, Dec. 7, in the Bristol Housing community room. There will be dinner and dancing. Tickets are \$5 and are on sale.

An outreach counselor from SNAP (Supplemental Nutrition Assistance Program) is at the senior center once a month. Call the office for an appointment.

## Ongoing

Play cards on Mondays and Wednesdays from 12:30 to 2:30 p.m.

Transportation is offered for grocery shopping at 9 a.m. on Tuesdays for community shopping and Thursdays for Bristol Housing Authority residents. It is offered for medical

appointments on Mondays and Wednesdays from 9 a.m. to noon. Call the center to reserve a seat. The bus is for members only.

An open artist studio is on Wednesdays from 3 to 5 p.m. in the Bristol Housing community room. Bring your own supplies and ideas.

Meals on Wheels continue to be distributed from the senior center. (They also are looking for drivers. See the story in Around Town).

## Free wellness classes

Wellness classes to socialize and get exercise are free. For questions, call Donna at 253-8458.

Strength & Balance with Jessica is on Mon-

Strength & Balance with Jessica is on Mondays at 11:15 a.m. at the Franklin Court community room, 150 Franklin St.

Zumba Gold with Jessica is on Mondays from 12:30 to 1 p.m. at the Franklin Court community room, 150 Franklin St. (No class on Veterans' Day, Nov. 13).

A gentle stretch/tone class is Wednesdays from 1 to 2 p.m. sponsored by Blue Cross Blue Shield of Rhode Island.

Chair yoga with Kate is on Thursdays at 10 a.m. Register at shriyoga.org if you can.

## Garden club to host talk on spring bulbs

The Bayberry Garden Club will hold an informative presentation by Blithewold horticulturist Becca Christ about thinking ,planning and planting spring bulbs.

The meeting is on Wednesday, Nov. 15, at 1

p.m. in the conference room at Rogers Free Library.

There is an elevator available, if needed.
This presentation is open to all interested in,

or curious about, gardening.

## LEGAL NOTICE

#### **PUBLIC HEARING**

TOWN OF BRISTOL INTOXICATING BEVERAGE LICENSE RENEWALS 2023-2024

Applications for licenses to keep for sale and to sell intoxicating beverages, in accordance with the provisions of Title 3 of the General Laws of 1956, of the State of Rhode Island, and all amendments thereof, and additions thereto have been made at this office as follows:

#### CLASS 'A'

1776 LIQUORS, LTD. d/b/a 1776 Liquors 597 Metacom Avenue

BRISTOL LIQUORS INC. d/b/a Bristol Liquors 390 Metacom Avenue, Unit 6

MT. HOPE LIQUORS, INC. d/b/a Mt. Hope Liquors 678 Hope Street

TWELFTH NIGHT SALES, INC. d/b/a Viola's Liquor Store 219 Wood Street

#### **CLASS 'B' HOTEL**

BHI LLC d/b/a Bristol Harbor Inn 259 Thames Street

#### **CLASS 'B' VICTUALLER**

AZJ JOHN STREET, LLC d/b/a AIDAN'S PUB 5 John Street

205 THAMES, LLC d/b/a Baba Sushi 205 Thames Street

LIBERATOS LOUNGE AND RESTAURANT, LLC d/b/a The Beach House 805 Hope Street

SCOOTER HOSPITALITY, LLC d/b/a The Beehive Café 10 Franklin Street

BOREALIS COFFEE COMPANY, LLC Borealis Coffee Company 500 Wood Street, Unit 113

BRICK, LLC d/b/a Brick Pizza Co. 500 Wood Street, Unit 211

BRISTOL HOUSE OF PIZZA, INC. d/b/a Bristol House of Pizza

55 State Street
EAST BAY RESTAURANT
GROUP CORP.

d/b/a Bristol Oyster Bar 448 Hope Street

CAFE CENTRAL, LTD. d/b/a Café Central 173 Bradford Street

CARMINA BENEVIDES d/b/a Casual Inn 170 Franklin Street

BRISTOL GOLF CLUB, INC. d/b/a The Clubhouse 95 Tupelo Street

COMMON PUB & GRILLE, INC. d/b/a Common Pub & Grille 421-427 Wood Street

THAMES STREET LANDING TAVERN CO., LLC d/b/a DeWolf Tavern 259 Thames Street

MORENO, LLC. d/b/a Don Patron Mexican Grill & Cantina f/k/a Casa Margaritas 200 Gooding Avenue

TWELVE CATERING, LLC d/b/a Foglia 31 State Street

THE FRANKLIN, LLC d/b/a The Franklin 195 Franklin Street

AZJ THAMES STREET, LLC d/b/a Harbor House 198 THAMES STREET, BRISTOL

JACKY'S GALAXIE BRISTOL, INC. d/b/a Jacky's Galaxie and Sushi Bar 383 Metacom Avenue

RIRO ENTERPRISES, INC. d/b/a Judge Roy Bean Saloon 1 State Street

JG & BD TAVERN, INC. d/b/a Kinsmen Tavern 241 State Street

MARCASSIN, LLC d/b/a Le Central 483 Hope Street

LEO'S PIZZERIA & DELI, INC. d/b/a Leo's Ristorante 365 Hope Street

THE LOBSTER POT, INC. d/b/a Lobster Pot 119-121 Hope Street

PEARL HOLDINGS LLC. d/b/a The Nest 29 State Street

CARVALHO GROUP, LLC d/b/a Pisco y Tequila 382 Thames Street

WKOC, LLC d/b/a Portside Tavern 444 Thames Street

QUITO'S SHELLFISH AND RESTAURANT, INC. d/b/a Quito's Shellfish & Restaurant 411 Thames Street

VANDERHOOF, INC. d/b/a Roberto's 450 Hope Street

SAKURATANI RAMEN & IZAKAYA, INC. XINHONG WANG d/b/a Sakuratani Ramen 531 Wood Street S.S. DION, INC. d/b/a S.S. Dion 520 Thames Street

LIBEGOFF RESTAURANT, LLC d/b/a Thames Waterside 251 Thames Street

WOOD STREET CAFÉ, LLC d/b/a Wood St. Café 260½ Wood Street

#### CLASS 'B' VICTUALLER, LIMITED

BASIL & BUNNY LLC d/b/a Basil & Bunny 500 Wood Street, Unit 214

M&T'S PIZZERIA d/b/a Pio's Pizzeria 381B Metacom Avenue

PIZZA WAVE BRISTOL, INC. d/b/a The Wave 400 Metacom Avenue

QHALI CORPORATION d/b/a Qhali Restaurant 34 Gooding Avenue

RICCOTTI'S OF BRISTOL, LLC. d/b/a Riccotti's Sandwich Shop 11 Gooding Avenue

G. LOPES RESTAURANT INC. Sunset Café 499 Hope Street

## CLASS 'D' & 'D\*\*\*' (WITH SERVICE TO THE PUBLIC) CLUB

\*\*\*BRISTOL COUNTY LODGE #1860 BPOE d/b/a Bristol County Elks 1 Constitution Street

\*\*\*BRISTOL SPORTS CLUB d/b/a Bristol Sports Club 417 Wood Street

BRISTOL YACHT CLUB d/b/a Bristol Yacht Club 101 Poppasquash Road

CUP DEFENDERS ASSOCIATION d/b/a Cup Defenders Association 230 Wood Street

\*\*\*LINCOLN CLUB d/b/a The Lincoln Club 9 St. Elizabeth Street

ANTHONY C. ALMEIDA POST #237 VFW d/b/a VFW 850 Hope Street

 $^{\star\star\star}\text{class D}$  license with service to the public

The Town Council will be in session in the Town Hall, Council Chambers on Wednesday evening November 15, 2023, beginning at 7:00 PM at which time and place all persons remonstrating against the granting of the above licenses are entitled to and will be heard. Said remonstrance must be filed on or before the time of the hearing and must be accompanied with a plat.

Individuals requesting interpreter services for the hearing impaired must notify the Town Clerk's Office at 253-7000, 72 hours in advance of the hearing date.

By Order of the Town Council Melissa Cordeiro Council Clerk

October 26, November 2 & 9, 2023

#### LEGAL NOTICE

TOWN OF BRISTOL INVITATION TO BID BID NO. 1024

Sealed Bids will be received until 12 noon on November 15, 2023, for the following:

#### **EMERGENCY MEDICAL SERVICES-PARAMEDIC**

#### BID #1024

BIDS WILL BE OPENED AT 12 NOON AT THE BRISTOL TOWN HALL, 10 COURT STREET ON November 15, 2023, FOR THE TOWN COUNCIL MEETING OF November 15, 2023

The Town of Bristol is requesting sealed bids for EMERGENCY MEDICAL SERVICES-PARAMEDIC, in accordance with all terms and specifications contained herein.

Specifications may be obtained and bids MUST be filed at the Office of the Town Clerk, 10 Court Street, Bristol, RI 02809. Specifications are available for download at https://www.bidnetdirect.com/rhode-island/bristolri by registering and/or logging in as a vendor.

Bids (one original marked "MASTER" and one copy) must be submitted in a sealed envelope and must be clearly marked on the outside, "Bid #1024 – EMERGENCY MEDICAL SERVICES-PARAMEDIC" and addressed to the Town Clerk's Office, Town Hall, 10 Court Street, Bristol, RI 02809. Sealed bids will be received until 12 noon on November 15, 2023

Individuals requesting interpreter services for the hearing impaired must notify the Town Clerk's Office (401) 253-7000 three business days prior to the bid opening.

The Town reserves all rights to reject any and all bids, or any part thereof, or to go on the open market when it is deemed in the best interest of the Town

MELISSA CORDEIRO TOWN CLERK

November 2 & 9, 2023

## LEGAL NOTICE

TOWN OF BRISTOL ADOPTED ORDINANCE NO. 2023-20

#### AN ORDINANCE IN AMENDMENT TO CHAPTER 19 OF THE ORDINANCES OF THE BRISTOL TOWN CODE

Notice is hereby given that the regular meeting of the Bristol Town Council held on Wednesday evening, November 1, 2023, the following ordinance was adopted:

CHAPTER 19 - HAWKERS, PEDDLERS, ITINERANT VENDORS AND MOBILE FOOD

ARTICLE I - IN GENERAL

Sec. 19-2. - Prohibited areas and rules governing peddlers, and hawkers, itinerant vendors, and mobile food establishments.

In addition to the general ordinances and laws, all peddlers, and hawkers, itinerant vendors, and mobile food establishments must not vend on school property or within school zones as established by the school department; must not vend on all town recreational areas, the town common and all town parks; must not vend in the downtown area, which encompasses the area surrounded by Church Street, Franklin Street, Thames Street and Hope Street; must not impede the free flow of pedestrian or vehicular traffic. Notwithstanding anything herein to the contrary, the town council may by special exception, upon issuance of the license or subsequent request to the town council, permit vending in certain areas of the town including public areas for specific occasions.

The chief of police shall, from time to time, submit to the council additional streets and public ways throughout the town which, in his opinion, because of excess traffic and congestion, are unsafe for the public welfare and safety for the selling or offering for sale of merchandise by peddlers, or hawkers, itinerant vendors, or mobile food establishments.

This ordinance shall take effect upon its passage.

By Order of the Town Council Melissa Cordeiro COUNCIL CLERK

November 9, 2023

LEGAL NOTICE

#### NOTICE OF IMPENDING LIEN

If the current balances are not paid in full by 11/27/2023 we will impose an owner's lien on the property stored in the units that follow:

Meghan McCoy 0B066 \$2,460 Yvonne Virgadamo 0B100 \$1,250 Claude Lochet 0D008 \$2,030 Cheryl Smith 0B034 \$1,100 Jessica Sylvia 0B107 \$440 Tom Weathers 0B057 \$525

Franklin Self Storage 271 Franklin st Bristol RI 02809 401-756-1767

#### LEGAL NOTICE

TOWN OF BRISTOL PROPOSED ORDINANCE NO. 2023-22

AN ORDINANCE IN AMENDMENT TO CHAPTER 16 OF THE ORDINANCES OF THE BRISTOL TOWN CODE

CHAPTER 16 - MOTOR VEHICLES AND TRAFFIC

ARTICLE V. - STOPPING, STANDING AND PARKING

Sec. 16-152. Curb loading zones.

(c) The following curb loading zones are hereby established:

(3) Charles Street, north side, one space adjacent to from the eastern property line of the business located at 186 Wood Street, and extending 66 feet west on such north side of Charles Street, between the hours of 6:30 a.m. and 6:30 p.m.

This ordinance shall take place upon its passage.

The Town Council will be in session in the Town Hall, Council Chambers, on November 15, 2023. If remonstrance in the meantime, a petition bearing the valid signatures of at least twenty (20) qualified voters must be filed with the Town Clerk requesting a Public Hearing, such hearing must be held before final action may be taken on said ordinance

By Order of the Town Council Melissa Cordeiro COUNCIL CLERK

November 9, 2023

## **PUBLIC NOTICE**

## TOWN OF BRISTOL PUBLIC SERVICE APPOINTMENTS

The public is being notified that the Honorable Town Council desires to seek applications from among the citizens of Bristol to fill appointments for the following current service:

Bristol 250th Commission
Bristol Housing Authority
Bristol Planning Board
Capital Projects Commission
Harbor Commission Advisory Committee
Historic District Commission
Newport & Bristol County Convention
& Visitors Bureau
Post Retirement Benefits Fund Board
of Trustees
Becreation Board

Applications and resumes can be submitted to the Town Clerk's office. You may also apply to volunteer to serve on one of our many boards, commissions, or committees in person, by mail at 10 Court Street, Bristol, or by visiting <a href="https://onboard.bristolri.gov">https://onboard.bristolri.gov</a>.

By Order of the Town Council Melissa Cordeiro COUNCIL CLERK

November 9, 2023

Find more obits at eastbayri.com 24/7

#### LEGAL NOTICE

STATE OF RHODE ISLAND PROBATE COURT OF THE TOWN OF BRISTOL, RI NOTICE OF MATTERS PENDING AND FOR HEARING IN SAID COURT

The Court will be in session at the Town Hall, 10 Court Street, on the dates specified in notices below at 9:15 AM, for hearing said matters:

#### MORAN, JASON, ward.

Eleventh account of guardian; for hearing November 21, 2023.

November 2, 9, and 16, 2023

#### BATISTA, MARINALDO APARECIDO, estate.

First and Final account of administrator; for hearing November 21, 2023.

November 2, 9, and 16, 2023

#### LESOWSKI, FRANK THEOPHILE, estate.

Probate of will; for hearing November 21, 2023. November 2, 9, and 16, 2023

#### **BOTTOMLEY, ROBERT, ward.**

Second account of guardian; for hearing November 21, 2023.

November 2, 9, and 16, 2023

#### SHAW, JAMES ETHAN, respondent.

Appointment of guardian; for hearing November 21, 2023.

November 2, 9, and 16, 2023

#### MATURI, RYAN PATRICK, estate.

Jessica Ann Maturi has qualified as administratrix; creditors must file their claims in the office of the probate clerk within-the time required by law beginning November 2, 2023.

November 2, 9, and 16, 2023

#### PANE, ANNETTE C., estate.

Probate of will; for hearing November 21, 2023. November 2, 9, and 16, 2023

Richard B. Abilheira, Probate Judge Melissa Cordeiro, Probate Clerk

Individuals requesting interpreter services for the hearing impaired must notify the Town Clerk's office at 253-7000, 72 hours prior to said meeting.

#### LEGAL NOTICE

TOWN OF BRISTOL INVITATION TO BID BID NO. 1022

Sealed Bids will be received until 12 noon on November 15, 2023, for the following:

## SCREW PUMP REPAIR-MAIN LIFT PUMP STATION

#### BID #1022

BIDS WILL BE OPENED AT 12 NOON AT THE BRISTOL TOWN HALL, 10 COURT STREET ON November 15, 2023, FOR THE TOWN COUNCIL MEETING OF November 15, 2023

The Town of Bristol is requesting sealed bids for the Screw Pump Repair-Main Lift Pump Station in accordance with all terms and specifications contained herein.

Specifications may be obtained and bids MUST be filed at the Office of the Town Clerk, 10 Court Street, Bristol, RI 02809. Specifications are available for download at https://www.bidnetdirect.com/rhode-island/bristolri by registering and/or logging in as a vendor.

Bids (one original marked "MASTER" and one copy) must be submitted in a sealed envelope and must be clearly marked on the outside, "Bid #1022\* – SCREW PUMP REPAIR-MAIN LIFT PUMP STATION" and addressed to the Town Clerk's Office, Town Hall, 10 Court Street, Bristol, RI 02809. Sealed bids will be received until 12 noon on November 15, 2023

Individuals requesting interpreter services for the hearing impaired must notify the Town Clerk's Office (401) 253-7000 three business days prior to the bid opening.

The Town reserves all rights to reject any and all bids, or any part thereof, or to go on the open market when it is deemed in the best interest of the Town.

MELISSA CORDEIRO TOWN CLERK

November 9, 2023 (October 26 & \*November 2, 2023)

## LEGAL NOTICE

TOWN OF BRISTOL PROPOSED ORDINANCE NO. 2023-21

AN ORDINANCE IN AMENDMENT TO CHAPTER 17 OF THE ORDINANCES OF THE BRISTOL TOWN CODE

IT IS HEREBY ORDAINED by the Town Council of the Town of Bristol, Rhode Island, that Chapter 17 of the Town Code be amended as follows.

CHAPTER 17 — OFFENSES AND MISCELLANEOUS PROVISIONS

ARTICLE II — ALCOHOLIC BEVERAGES ESTABLISHMENTS

Sec. 17-82. - Number of licenses.

Alcoholic beverage licenses within the town shall be limited in quantity as follows:

(2) For class B limited, there shall be a maximum of nine seven licenses;

This ordinance shall take effect upon its passage.

The Town Council will be in session in the Town Hall, Council Chambers, on November 15, 2023. If remonstrance in the meantime, a petition bearing the valid signatures of at least twenty (20) qualified voters must be filed with the Town Clerk requesting a Public Hearing, such hearing must be held before final action may be taken on said ordinance

By Order of the Town Council Melissa Cordeiro COUNCIL CLERK

November 9, 2023

## LEGAL NOTICE

## TOWN OF BRISTOL PUBLIC HEARING INTOXICATING BEVERAGE LICENSE CLASS B LTD

Application for license to keep for sale and to sell intoxicating beverages, in accordance with Title 3 of the General Laws of 1956, and all amendments thereof, and additions thereto has been made at this office as follows:

MCNEIL DESIGN COLLABORATIVE, INC. d/b/a THE NORTHEAST GOLF COMPANY (BRISTOL GOLF PARK) ROBERT MCNEIL 96 BROADCOMMON ROAD

The Town Council will be in session on November 15, 2023, beginning at 7:00 PM at which time and place all persons remonstrating the granting of the above license are entitled to and will be heard. Said remonstrance must be filed on or before the time of hearing and must be accompanied with a plat.

Individuals requesting interpreter services for the deaf or hard of hearing must notify the Town Clerk's Office at 253-7000, 72 hours in advance of the hearing date.

By Order of the Town Council

Melissa Cordeiro COUNCIL CLERK

November 2 & 9, 2023

# Photos

of events, people, etc.

available for purchase at eastbayri.com

## **John Coute**

#### In Loving Memory

John Coute, a beloved husband, father,



grandfather and cherished member of our community, peacefully departed this world on Oct. 23, 2023, at the age of 79. He leaves behind a legacy of love, strength, and unwavering support for his family and friends.

John was born on July 5, 1944, and raised in Bristol,

Rhode Island, where he graduated from Colt High School in 1962 before moving to San Bernadino, Calif., in 1968. A devoted husband to his loving wife of 54 years, Barbara (Balzo), proud father to his daughters, Nicole Howes and Melissa Bennington, grandfather to Delanie Howes, Jackson Bennington, and Demi Bennington, and father-in-law to Scott Howes and Jay Bennington. He was loved by many, including his nieces, nephews, brothers-inlaw, cousins, and countless friends.

Throughout his life, John was loving, generous, and his smile would bring a smile to all he knew. With a strong work ethic and determination, John successfully owned several businesses, including Arrow Auto Air and

Service Center, GT Kawasaki Fontana, and a Snap-On Tools franchise for 27 years. In his free time, John had a passion for hot rods, and was an active member of the charitable organization, Over The Hill Gang. John was also a former member of The Lions Club, a member of Saint Adelaide Catholic church, and a long term member of the San Bernardino Planning Commission. A patriot and veteran, John served in the United States National Guard from 1965 until 1971, and supported the Volunteer For Veterans Foundation annual car show for nearly two decades.

Leaving behind a network of friends and extended family who will miss his fun-loving pranks, wisdom, kindness, and a good time, his legacy of love, resilience, and commitment will live on as an enduring example to us all. John's devotion to his family was unwavering, and his presence will forever be missed.

John is preceded in death by his mother and father, Almerinda (Sousa) and John Coute, and sister, Bernice (Coute) Parenti. A memorial service to celebrate John's life will be held on Friday, Nov. 17, 2023, at St Adelaide's church in Highland at 2:30 p.m. His Celebration of Life will follow from 4 to 8 p.m. at The Elks Lodge San Bernardino.

## Arlene P. Krakowsky

Arlene P. Krakowsky, 84, passed away on Saturday, Nov. 4, 2023, surrounded by her family. She was the loving wife of the late Paul K. Krakowsky.



Born in Bridgeport, Conn., she was the daughter of the late Cazmire and Jenny (Szymanski) Gacki.

She worked for many years as the Office Manager of her son Paul's business, PK Marine Service. In her free time she enjoyed cooking for and spending time with her

family. She loved traveling, boating, and tend-

ing to her flowers. She had a life-long love of animals, especially dogs.

Arlene is survived by her children: Patricia A. Krakowsky, Paul K. Krakowsky, Jr.; her grandchild: Ryan Krakowsky; her godchild: Dina Criscione; and many relatives and

In death she is reunited with her beloved husband Paul and her parents.

Visiting hours will be held at Sansone Funeral Home, 192 Wood St., Bristol, on Tuesday, Nov. 14, 2023, from 9 to 11 a.m. An inhouse memorial service will be held at 11 a.m. Burial will be private. For obituary, online condolences, and directions please visit www.sansonefuneralhome.com

## **Betty Ann Taylor**

Betty Ann Taylor, 90, of Portsmouth, passed away peacefully at home surrounded by family on Oct. 31, 2023. She was the wife of the late LCDR Herbert W. Taylor Jr. USN (Ret).



Born in Kewanee, Ill., she was the daughter of Walter and Celestine (Beringer) Scott. She is survived by her children: Rosanne Taylor-Thornley of Anchorage, Ark., Scott Taylor of Alstead, N.H., Lisa (Philip) Runci of Bristol, R.I., and Todd (Diane) Taylor of Easton, Md.; grandchildren: Kyle

or, Timothy Thornley, Kristen Runci, and Gibson Taylor; great-grandchildren, Walter Taylor, James Taylor, Rose Taylor, and Dylan Taylor; and sisters, Kaycie Dolezal of Rancho Mirage, Calif., and Mary Sue Keeble of Carmel, Calif.

She was preceded in death by her siblings, Richard Scott, Patricia Apikos, and Nicholas Charles (Chuck) Scott.

Betty lived a life full of adventure and travel. After joining the Navy as a young woman, she left her home in Chicago and was stationed at Quonset Point, R.I., training as an air traffic controller. She married her pen pal, Herbert, who was serving in the Navy overseas. They went on to raise four children while Herbert

continued to proudly serve in the Navy. As a Navy wife, she traveled around the country to various ports of duty, ultimately residing in Portsmouth, R.I., and later moved to Alstead, N.H., to build their dream home. Most recently Betty moved back to Portsmouth, R.I., to be near her daughter, Lisa. During retirement, Betty traveled the world, highlighted by a crosscountry adventure in an RV with her best friend Lynn, a Caribbean tall ship cruise with her daughter, a solo trip throughout Eastern Europe, and numerous Elderhostel retreats painting watercolors of local scenery, among others. She journaled each adventure and enjoyed reliving the moments later in life.

Betty also had a strong sense of community and throughout her life volunteered with various organizations, including the Navy-Marine Corps Relief Society and 25 years with Meals on

She will be missed by everyone who knew her.

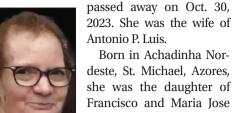
Friends and family are invited to attend calling hours Saturday, Nov. 18, from 3 to 5 p.m, at the George C. Lima Funeral Home, 367 High

Memorial donations may be made to: The Nature Conservancy, https://www.nature.org/ en-us/membership-and-giving/donate-toour-mission/

www.limafh.com

## **Maria Deolinda Luis**

Maria Deolinda Luis, 75, of Catherine Street,



Born in Achadinha Nordeste, St. Michael, Azores, she was the daughter of Francisco and Maria Jose (Pacheco) Raposo de Melo. In addition to her husband, she is survived by her chil-

dren, Nelson (Patricia) Luis of Bristol and Debbie Luis of Bristol; grandchildren, Jacob Luis, Cassidy Luis, and Hayden Medeiros; and siblings, Maria Conceição Correia of Massachusetts, Artur Melo of Tennessee, and Maria Pimentel of Canada.

She was preceded in death by her siblings, Ernest Raposo Melo, Joao Raposo Melo, Maria

Natalia Raposo Melo, and Jose Raposo Melo. Mrs. Luis was educated in Portugal. She worked as a machine operator for Robin Rug for

Her funeral services were held Saturday, Nov. 4, from the George C. Lima Funeral Home, 367 High St., followed by a Mass of Christian Burial at St. Elizabeth's Church, 577 Wood St.. Burial followed in North Burial Ground.

Calling hours were Friday.

31 years before retiring.

Memorial donations may be made to: The Gloria Gemma Breast Cancer Resource Foundation, 249 Roosevelt Ave., Suite 201, Pawtucket, RI 02860; https://gloriagemma.rallybound.org/ www.limafh.com

## **To Submit Community News**

#### **BY E-MAIL (PREFERRED):**

lrego@eastbaymediagroup.com

BY MAIL: Bristol Phoenix, Community News, P.O. Box 90, Bristol, RI 02809

**BY FAX: 253-6055** 

**FOR MORE INFORMATION:** 253-6000, ext. 107

Or stop by our office at 1 Bradford St., Bristol.

Photos are encouraged. Email us a high-resolution jpg or tif and send it as an attachment.

Milestone events, such as births, weddings, engagements, etc., must be submitted within the year following the event.

**DEADLINE: 9 a.m. on Tuesdays** 

Find obits anytime at eastbayri.com

## Walter M. Rocha



## Happy Birthday Dad.

Our birthday gift to you would be sweetest thoughts carried in memory of our love for you that will always live on. In life, as in death, you will never be gone. Always loved, forever missed.

> Love, Walter, Fatima, and Avery

## Are you having a difficult time paying your rent?

## **You May Qualify for Rental Assistance** Apply online at www.waitlistcentralri.com

For more information on the wait list or to get help completing an application, call 844-459-3600 or Call the Bristol Housing Authority with Any Questions 401-253-4464 @ ext. 10 or ext. 11

The Housing Choice Voucher Program is the federal government's major program for assisting very low-income families, the elderly, and the disabled to afford decent, safe and sanitary housing in the private market.

Please Note: Applicants requiring a reasonable accommodation should contact Rhode Island Housing (844-459-3600). Sensory-impaired applicants should call the TTY number 401-450-1394.



## **Ready To Quit?**

The American Cancer Society Can Help.

- Tips for quitting smoking
- Up-to-date information on cessation methods
- Contacts for local support resources

You can double your chances of quitting

1.800.ACS.2345 www.cancer.org



## — Focus on Business —

## Everything you need for a perfect Thanksgiving meal

Cyndi Simmons has learned one of the golden rules of business — listen to your customers. She follows that philosophy every day while churning out fresh, "home"-cooked meals for families, individuals and everyone in between.

The Cooks House is a versatile business with a model for everyone, and this time of year, Cyndi knows what is on everyone's mind — Thanksgiving.

Every day she sells an array of precooked meals, soups and appetizers that can be grabbed over-the-counter, brought home, heated and served for the entire family, and over the next two weeks she adds a full array of Thanksgiving favorites: turkey breasts, mashed potatoes, sweet potatoes, two kinds of stuffing, carrots, turnips, corn, brussel sprouts and more. And yes, she even makes the gravy.

The full menu is posted on The Cooks House Facebook page. Customers who want to be sure they get their favorites are strongly encouraged to pre-order now, and then pick up the food, ready to heat and serve, in the days leading up to the holiday.

Some people might want the complete meal, whether it's for one person or an entire family. Others could be looking for a few sides to round out the menu. Or perhaps they need tempting appetizers to bring as holiday guests. Cyndi offers an array of appetizers, charcuterie platters and more.

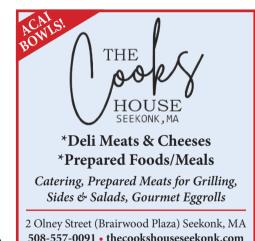
Outside of holiday times, The Cooks House offers an array "regulars" that are beloved favorites: chicken and eggplant parmesan, meatballs, mac' and cheese, lasagna, shepherd's pie,



chicken and broccoli alfredo, shrimp mozambique and many others. Most days customers will find those options in abundance.

But Cyndi also works very hard to react with the seasons — soups in the winter, grill options in the summer. "This time of year, I focus on the holidays," Cyndi said from behind the counter of her clean, well-lit store.

The store is also a deli and convenience store, with fresh meats and cheeses, pasta salads, drinks, chips, desserts and more. Someone could stop



in, purchase a take-home meal for that night, deli items for tomorrow's lunch and supplies for the home.

On any given day, Cyndi will do as much as possible to meet her customers' needs. A busy mom might call ahead, ask for a meal for four, and say she's rushing home and doesn't have time to heat everything. If Cyndi is able to, she'll heat the meal so the customer can simply grab and go, with a hot meal ready to serve the entire family.

Listening to her customers and giving them what they want — it has helped The Cooks House stay open for nearly three years, and it's not about to change. That's how Cyndi approaches every day.

## The Cooks House

22 Olney St., Seekonk (Briarwood Plaza) 508-557-0091

@thecookshouseseekonk thecookshouseseekonk.com





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(401) 247-0300 RI does not have a procedure for certification of specialists

Upscale children's consignment clothing.

New Fall

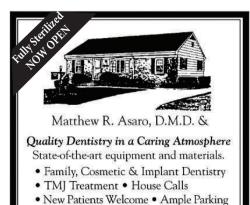
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Pages 1-8

East Bay Life November 8-9, 2023 Page 1

LIFE & DEATH

## Nutrition at the end of life - When food takes a back seat

ae was 81 years old when she was diagnosed with advanced lung cancer. Her treatment plan was to start radiation and chemotherapy. Prior to starting treatment, she had lost 10 pounds over 8 weeks, and very



EVANS

few foods were appealing to her. She was encouraged to add protein supplements to her diet and eat frequent small meals.

Her daughter made all her favorite foods, brought her protein drinks and powders, and appetite stimulants were started. Mae would try to

eat but felt full after only a few bites. Treatment began and Mae's weight loss continued, along with fatigue. Her daughter became frustrated, insisting to Mae, "you have to keep eating!"

In fact, Mae could not force herself to eat, and she did not want, nor could she tolerate, any medically administered nutrition and hydration. She was struggling to continue with her treatments.

#### **Nutritional battles**

When someone has an advanced illness and is approaching the end of life, they often experience a loss of appetite, also called anorexia. This is especially common with cancer but can also occur with other major medical conditions such as chronic obstructive pulmonary disease (COPD), end stage heart disease, and kidney failure.

This can be immensely upsetting for the individual, but also for the family when they are no longer able to offer the comfort and gift of food to their loved one. Meals and snacks tend to pile up at the bedside, with relentless encouragement to eat. Family members can become laser focused on their loved one's food intake. All out of love.

It is understandable that families might even panic when observing weight loss in an ill family member. This disinterest in eating can be interpreted as "giving up" or "starving to death." Very emotional territory.

## More complicated than losing appetite

In the late stages of an illness, in addition to loss of appetite, there are several other related changes happening in the body. There are underlying metabolic, hormonal, and inflammatory processes that can all contribute to unintended loss of weight (mostly muscle), and this syndrome is known as cachexia. These processes are not completely understood, and research continues to try to find ways



to improve appetite, reduce this inflammatory response, and improve quality of life. Early intervention could help patients to better tolerate chemotherapy or other medical treatments. Adding calories alone has not been the answer, and at a certain point cachexia is not reversible.

It is not that patients won't eat, they simply can't. Eating more than small amounts of food or sips of fluid can cause discomfort.

Although cachexia may not be reversible, it is always important to address those factors that might be contributing and to focus on the best quality of life possible. For example, pain that is poorly managed can affect appetite, along with

constipation or nausea, and these symptoms may require careful attention. If certain medications are further aggravating the situation, sim-

plifying medications may help. Dietary restrictions that have been followed religiously may no longer be appropriate.

Understandably, families may ask if adding intravenous fluids or feeding tubes could help. Close to the end of life, there is little to no medical evidence to support adding artificial nutrition or hydration. In fact, there may be complications with administering them, and additional fluids may leak into tissues, causing

generalized swelling and increased breathing problems. A case-by-case plan is needed that supports the wishes, values and beliefs of each person and their family.

For some, a short trial of artificial hydration (fluids only) may be requested, but it would be important to review the risks versus the benefits for each individual.

## The concept of suffering

The underlying process behind the loss of appetite might be explained to family members, but understandably the impact is mostly on the heart. It may still feel wrong not to have chicken soup at the

ready or to stop sharing meals together and all the while worrying that a loved one is experiencing discomfort from hunger and thirst. It is

important to emphasize that food at this point is not being withheld, it is being refused.

Based on research and experience, the anorexia-cachexia syndrome is not associated with distressing symptoms, especially when comfort measures are offered.

## **Comfort measures**

tions with administering them, and additional fluids may leak into tissues, causing

Early in the disease process, nutritional guidance can be helpful in targeting high

protein, nutrient dense foods and supplements, as well as supportive counseling. In more advanced stages of an illness, the primary recommendation is to follow the patient's lead. When they do feel like eating, the mission is to find WHATEVER it is that sounds good, and often it is ice cream. Simply tasting a favorite food might be enough.

In the final weeks to days, offering small sips and bites, using saliva substitutes, and assisting with impeccable mouth care should all be incorporated into the daily care as tolerated. Keep lip balm in every pocket and every drawer. Understanding that this is part of the natural dying process can help to reassure the family and divert attention away from eating.

Looking back, one woman shared her thoughts and stated, "I wish I would have spent less time fighting about pudding and more time telling my husband that I loved him." I have heard similar statements from other caregivers.

Interestingly, even Mother Nature has her own comfort measure to offer. In the setting of terminal dehydration and weight loss, endorphins are released. These endorphins can induce a sense of well-being similar to a runner's high. Comforting to know.

## The rest of Mae's story:

With increasing fatigue and weakness, cancer treatment became too burdensome for Mae. She asked to have it stopped and agreed to be cared for by hospice. She moved in with her daughter and with time, support and education from the hospice team, Mae's family began to better understand her lack of appetite. With less focus on food, they could spend more time connecting through other activities. As long as Mae had a bit of ice cream or tapioca available, she was content. She denied any sense of hunger or thirst as long as her mouth and lips were kept moist.

## Upcoming program

"Understanding Dementia: The Diagnosis and Treatment of Alzheimer's Disease" will be the next presentation for "Let's Talk: Caregiving Matters." On Tuesday, Nov. 14, at 3 p.m. in the third-floor conference room at Rogers Free Library, Dr. Paul Malloy will be speaking. He is a clinical psychologist and was co-director of Butler Hospital's Memory Disorders Clinic.

Bonnie Evans, RN, MS, GNP-BC, lives in Bristol and is a geriatric nurse practitioner and End of Life Doula. She can be reached at bonnie@bonnieevansdoula.com.

## Sacred Cow Holiday Desserts and Eggnog are in!

"Food is symbolic of love when

words are inadequate."

ALAN D. WOLFET





Apple-Blueberry, pumpkin, pumpkin cheesecake, coconut, custard, Pecan pie & other holiday favorites!

Ice Cream Shop & Market Hours: Mon-Sat 10am - 6pm, Sun 12pm -5pm



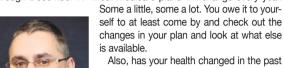
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# Local Experts

-Answer your Questions...

## What do I need to do for Medicare **Annual Enrollment Period?**

The Annual Enrollment Period for Medicare is from October 15 through December 7. Most Medicare plans will change every year.



year? How about your prescription drugs? If so, you should come and look at how that will affect your current coverage and see if there's better coverage for you in 2024.

Do you have Medicare and Medicaid? There are plans designed specifically for you **Greg Ehlinger** with more benefits than just Medicare and Broker, Medicare Made Easy Medicaid can provide.

Are you a Veteran using your VA Benefits and also have Medicare? There are plans designed with you in mind also.

Last, but certainly not least, is that we are paid by the insurance companies, not you. There are many reasons to sit down with us this Annual Enrollment Period.

We now have 2 locations to serve you in the East Bay area. 555 Metacom Ave in Bristol and 2 Coddington Hwy in Middletown. Call us to make an appointment 401-741-7813.

We do not offer every plan available in your area. Currently, we represent 6 organizations which offer 30 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Assistance Program (SHIP) to get information on all of your options.

> 401-741-7813 RETIREMENT **MADE EASY**

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## **Treat Trigger Finger and Dupuytren's contracture** successfully with PiezoWave2 **Shockwave Therapy!**

Trigger finger and Dupuytren's Contracture are conditions in

which one or more fingers become stuck in a bent position. It happens when the flexor tendon - which controls the movement of the finger - becomes inflamed, irritated or developed nodule scar tissue on them. As a result, the tendon cannot slide smoothly through the tendon sheath, leading to a clicking or popping sensation when trying to straightening or bending the finger and may be painful.



Dr. Mark Alano

National Institute of Health (NIH) level research regarding these conditions revealed:

"Conclusion: We can suggest that ESWT in the early term can be preferred over costly injections and surgical intervention options as it increases the quality of life and delays the recurrence of contractures."

Stop Suffering from these disfiguring debilitating hand conditions. Why wait??



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## **WHY SHOULD I USE A REALTOR** WHEN SELLING MY HOME?

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Sarah Principe GRI.SRS. e-Pro. SRES

market and where your home should be priced. Accurately priced homes will sell quicker than inaccurately priced homes.

2. BETTER HOME PRESENTATION: Presentation matters now more than ever and an objective eye is key. Realtors have access to professionals who make sure that your home shows well. A well prepared home will produce more potential buyers and higher offers.

3. GET MORE EXPOSURE: Serious buyers often contact Realtors prior to looking at properties.

4. PROFESSIONAL NEGOTIATOR: Inspections, appraisals and repairs can impact the sale of your home. Having a Realtor in your corner to help you negotiate is key to a successful sale.

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## I think I might have a problem with alcohol. I would like to try an Alcoholics Anonymous meeting but I feel uncomfortable with the idea of just walking into one.

An A.A. meeting is probably one of the most welcoming places you will find. The people you meet there are friendly and non-judgmental, because THEY have had a problem with alcohol as well. They can totally relate to how you are feeling.

- There is no commitment of any kind when attending an A.A. meeting. A newcomer will never be asked to speak or to reveal anything about themselves.
- You will hear alcoholics talking about what alcohol did to their lives, what they did to help themselves, and how they are living their lives today.
- A.A. is not a religion. It is a spiritual program. You may encounter anyone from a person who attends religious services regularly to an agnostic or an atheist at an A.A. meeting.
- · Most of the people there have successfully created a satisfying way of life without alcohol through the Fellowship and the 12 Steps of A.A.
- They have been where you are and will do their best to help you with your drinking problem if you ask.



**Contact AA in Rhode Island** www.aainri.com/newcomers (401) 438-8860 • (401) 739-8777

## **Should I hire a matchmaker or try** to meet someone on my own?

I am recently widowed after a long and happy marriage. I want to start dating but I don't know if I should hire a matchmaker or try to meet someone on my own. Please give me direction.

> Thank you! Wyatt - Barrington, RI

Dear Wyatt.

I know that this is a big step to start dating again after being happily



Debra L'Heureux

married for so many years. As a professional matchmaker, I will point out all the benefits of hiring me. First of all, you employ professionals in every area of your life; a doctor to oversee your health, an accountant for your finances, an attorney for legal matters and perhaps a personal trainer to keep you on track with your exercise program. A matchmaker is your own personal love headhunter who finds suitable women for you to date based on your specific requirements, needs and wants. Dating takes an emotional investment and you want to know that you are spending time with a lady who lines up to your requirements. It's not always about the pretti-

est woman in the room, attraction goes so much deeper. A matchmaker will match you on your specific desires. Not only will you save time but you will also date quality women who want a serious relationship, are financially stable and are who they say they are.

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Call me and we can set up a complimentary consultation, 401-289-0900.



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# Tautog bite has been outstanding – get out and fish

ishing for tautog (also called black fish) has been outstanding in Massachusetts and Rhode Island. The fish are abundant and quite large.

Anglers are allowed just one trophy fish, 21" or larger, and the minimum size is 16."



The enhanced fall season runs Oct. 15 to Dec. 31, with a five fish/person/day limit and a 10-fish boat limit for private recreational vessels.

Here are what tautog sharpies have been saying

Ian Lumsden of Red Top Sporting Goods, Buzzards Bay, Mass., said "Tautog

fishing is on fire. Anglers are fishing areas such as Cleveland Light and the Massachusetts Maritime Academy with great success. We had two customers catch

nine-pound fish this week." "Tautog fishing has been very good. Still some big fish in the bay, but they are starting to move out front," off Narragansett, Jamestown, Newport and the Sakonnet River," said Greg Vespe of Tiverton.

Elisa Cahill of Snug Harbor Marina, South Kingstown, said, "We weighed in an 8.3-pound fish and two 10-pound fish this past weekend, so the fish are very large, with anglers catching their limit."

Jeff Sullivan of Luckey Bait & Tackle, Warren, and mate on K & M Coastal Charters, said, "Right now, we have a well-balanced tautog fishery, with large fish to small fish and everything in between. We caught some nice seven- to nine-pound fish off Newport last week, and Capt. Kurt Rivard of K & M Coastal Charters, Warren, caught a 14-pound fish using a jig off Newport on a small piece of structure. It was the only fish caught on that structure."

## Tautog tips

Find the structure to find tautog. Tautog can be fished from shore or boat, and in both cases they like structure, including rocks, wrecks, bridge piers, dock pilings, mussel beds, ledges holes and humps along the coast. So, no structure, no tautog.

Boat placement is important. Find structure, estimate wind/drift direction and anchor up current from where you want to fish and drift back to the spot as the anchor is setting. Once in position, fish all sides of the boat. Cast a bit to cover as much area as you can. If still no bites, let some anchor line out to change your position. If still no bites, it is time to move the vessel. Many tautog experts now deploy electric motors with GPS based lock spot rather than deploying an anchor.

Tautog baits: Green crabs or Asian crabs are the baits of choice in the fall. When using green crabs, make it easy for the tautog to bite and take the bait. I like to break off most of the legs and claws, leaving one per side on the end. Cut the crab in half and hook it through one leg socket and out another.

Tautog rigs should have as little hardware as possible to avoid bottom tie-ups. I make single hook rigs with about seven or eight feet



ABOVE: "Capt. Kurt Rivard of K & M Coastal Charters caught this 14-pound tautog last week with a jig when fishing off Newport," said Jeff Sullivan of Lucky Bait & Tackle, Warren. BELOW: Expert fly fishing guide Ed Lombardo, with a keeper size striped bass caught on one of his Hot Pink Ed's Flies.



of monofilament line and attach it to the main braid line directly with a dropper loop for a pre-snelled 'Lazar Sharp' brand hook (you need sharp hooks to get through tough tautog lips). The loop is about five inches above the sinker. Anglers are also using tautog jigs tipped with crab with equal (and often) better success. The jigs are made in a variety of colors mimicking Asian crabs, baby lobsters, green crabs (whole or cut in half). And, to reduce bottom tie ups by 50 percent, I use an egg sinker rig when in heavy structure.

## Where's the bite?

Striped bass, bluefish: "The striped bass bite was still fairly good, with smaller fish being caught along with perch in brackish waters up in our rivers and estuaries," said Jeff Sullivan of Lucky Bait & Tackle, Warren.

Dave Henault of Ocean State Tackle, Providence, said, "Customer Jeff Spicer caught a 31" striped bass from India Point Park, Providence. Anglers are using top water lures with success with 1.5-ounce soft white plastic lures working well for distance. However, the fish are smaller than they have been earlier this

Expert shore fly fisher and instructor Ed Lombardo said, "Fished the Narrow River (Narragansett) last Thursday. Lots of bait and birds working the whole time I was there. As always, I used my Ed's Flies, hot pink and an assorted color dark burgundy marabou tail. I caught two keepers. Water exceptionally clean and clear."

Declan O'Conner of Breachway Bait & Tackle, Charlestown, said, "Fishing off the beaches the action has been coming at dawn or dusk. The striped bass have been smaller, with mostly school bass with an occasional 35-plus-inch fish. There have been very few bluefish in the mix of blitzing fish."

## **Tautog**

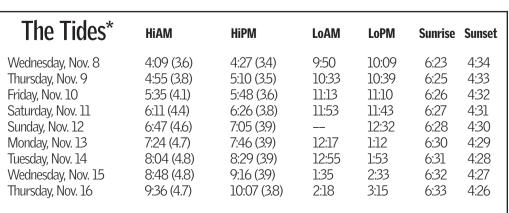
Tautog fishing has produced for anglers this week in the bay and along our ocean coastal shore, from the Sakonnet River to Watch Hill. Declan O'Conner of Breachway Bait & Tackle said, "Tautog reports have been solid with some great seas and some solid fishing. Most boats are limiting out on tautog to around 7 pounds in less than 20 to 35 feet of water. We had one 10.7-pound fish come into the shop this week as well. A few customers have been picking up some cod out around Block Island."

Jeff Sullivan of Lucky Bait & Tackle said, "We are catching tautog in eight to 80 feet of water, with both bait rigs and jigs working. Last week the jigs were doing better. We would set up on structure and chum, a chum slick or line would develop, and before you knew it, we would be onto the fish in a big way."

"Tautog fishing has been very good for customers, with some in the upper Bay having to work for them, but customers are catching large fish, with one catching a 10.8-pound fish off Westerly."

Scup continue to be caught by anglers targeting tautog. Henault of Ocean State Tackle, said, "The scup are still here, however the bite has slowed down."

Dave Monti holds a captain's expert license and charter fishing license. He serves on a variety of boards and commissions and has a consulting business focusing on clean oceans, habitat preservation, conservation, renewable energy, and fisheries related issues and clients. Forward fishing news and photos to dmontifish@ verison.net or visit www.noflukefishing.com.



New Moon Nov. 13 — Full Moon Nov. 27

\* Information is based on tides in Bristol Harbor.



## TALKING POLITICS

## Is anyone in R.I. looking at the big picture with hospitals?

TORY OF THE WEEK: Rhode Island Attorney General Peter Neronha has championed the cause of government transparency, often saying that the state's public records law should be a floor and not a ceiling. So how transparent is Neronha when it

comes to the implementation of his 2021 decision involving California-based Prospect Medical Holdings, the owner of two local safety-net hospitals?

I spent months examining that question. As my story neared completion, Neronha's office released a

document showing capital expenditure spending at Roger Williams Medical Center (RWMC) and Our Lady of Fatima Hospital (OLOF) from 2019 to 2021. It also explained that it's not yet known how much has been spent on capital expenditures since then, since a report by an independent monitor is still forthcoming.

At the same time, Neronha wins high marks from a private equity watchdog group for using the state's Hospital Conversion Act to impose accountability on Prospect Medical. Most notably, the AG's 2021 decision required Prospect to provide \$80 million in escrow as a way of leveraging spending on operating expenses and capital improvements. Prospect was initially seen as a savior when it bought RWMC and OLOF in 2014. Over time, the company became known for taking out hundreds of millions of dollars for investors while closing and degrading some of its hospitals across the U.S.

Under state law, Neronha can only regulate a change in Prospect ownership for five years, until 2026. His office appears to be closely monitoring the company, calling it out this week, for example, for failing to meet operating expenses for its two Rhode Island hospi-

**BELIEVE IT OR NOT:** Given the record, it's worth remembering how the state Health Services Council, an advisory group to the state Department of Health, approved an ownership change at Prospect Medical in 2021, even after a leading accounting firm raised a warning about the company's finances.

THE BIG PICTURE: AG Neronha and RI House Speaker Joe Shekarchi met Wednesday to discuss Rhode Island's long-term healthcare challenges and plan to continue discussions. During an interview for my latest story on Prospect Medical, AG Neronha repeated what, for him, has become a familiar refrain: "Somewhere, if not here - I know we're doing it - we have to get to a place where we're thinking about long-term strategic thinking in our healthcare system ... I'm not convinced it's happening elsewhere [in state government]. I think until we come up with that kind of strategy we are not going to be in a good place. It's not just these two hospitals. What really worries me is that some of the hospitals we look at as being in better shape are in better shape only because they have endowments. They're in no better shape in terms of generating the kind of revenue that allows them to meet their operating expenses and invest back in their hospitals.

THE COST OF MANAGEMENT: One littlenoticed aspect of Neronha's 2021 decision on Prospect Medical required the company to stop charging millions of dollars in annual management fees for its Rhode Island entities. Asked if the fees were for doing nothing, Neronha said, "That's an accurate statement."

**CD1:** Barring a surprise, Gabe Amo will take another step in his likely evolution from political staffer to elected official on Tuesday, when CD1 voters pick a successor to former U.S. Rep. David Cicilline. Amo's general election contest with Republican Gerry Leonard has been a low-key affair, with Amo ducking some debate invites and a small amount of daylight between the candidates on such issues as Israel.

During an interview this week on Political Roundtable, Amo was most emphatic when asked if there's a place in the Democratic Party for people who support the chant "from the river to the sea." "Absolutely not," he said. "I do not believe that we have space for hate in our politics. We don't have space for hate in our language. We should not have and invite anti-Semitism and certainly not invite Islamophobia. These are real big challenges, and words matter at this moment. And all of our leaders need to be very precise, need to speak with clarity and need to be mindful of the, the people who are hurt by words and actions that often result from those words."

You can read and listen to my recent interview with Leonard. As far as the looming possible elimination of one of Rhode Island's two U.S. House seats after the next Census, that's a story for another day.

MEDIA: The Call of Woonsocket and The Times of Pawtucket - with close to 300 years of history between them as independent media entities - this week were combined to form a single newspaper, the Blackstone Valley Call and Times. While this consolidation is unsurprising given the familiar challenges facing newspapers, it underscores how the amount of hyper-local coverage in many communities outside Providence has sharply declined in recent decades. RI House spokesman Larry Berman, who spent 17 years at The Call as sports editor and city editor before joining Patrick Kennedy's congressional campaign in 1994, recalled how the paper once had more than 15 reporters (some with beats in such nearby towns as Cumberland, Lincoln and Burrillville, a handful each of sports reporters

MOON

adline for 10 AM TO 3 PM

and people on the copy desk and so on). "It was an institution in the community," Berman said. "Those were the days when people bought a few newspapers," including The Providence Journal in the morning and The Call, then an afternoon paper, later in the day.

Some of those who cut their teeth at The Call include media critic Dan Kennedy and Karen Bordeleau, a future executive editor of the ProJo. The Times has its own rich history. Many of us fondly remember the late Jim Baron, the paper's incisive political reporter and columnist, who died in 2015.

FALLOUT: Whether the move by Gov. Dan McKee's administration to cut Miguel Sanchez's job, after pro-Palestinian tweets, was highly arbitrary or completely unsurprising depends on one's point of view. The RI ACLU asked McKee to elaborate on the reasons for the move, Sanchez's supporters cried foul, and some others found it not noteworthy that an at-will employee would face fallout for sounding off in a way that's at odds with the boss.

PARTY POLITICS: Longtime state Rep. Joe McNamara of Warwick is getting ready to yield the chairmanship of the RI Democratic Party to Liz Berettta-Perik of Jamestown, who currently serves as party treasurer. McNamara, a retired teacher, said he plans to spend more time on the issue of education, including in his role as chairman of the House Education Committee. A party meeting is planned for Nov. 15, and Beretta-Perik has the support to become the first female chair for R.I. Democrats. In a statement, she said she is excited "to lead the party which champions the issues most important to Rhode Islanders: education, health care, housing, jobs, a cleaner environment, preserving a woman's right to choose, and protecting the rights of all. To advance these issues, it is imperative that we elect Democrats in every city and town and from the State House to the White House."

See **FACING PAGE** 

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## How will Americans make informed choices if they are not informed?

From **FACING PAGE** 

TAKES OF THE WEEK: A mix of views from various Rhode Islanders.

ROBERT A. WALSH JR., former executive director of the National Education Association Rhode Island: "On Sunday, we will set the clocks back, and exactly one year later voters will determine if we set the country back, which is my way of introducing today's scary Halloween-themed topic: can Donald Trump actually win? To narrow things down for this brief analysis, a few starting assumptions are necessary - Trump will be the Republican nominee and President Biden will decide whether he or a substitute is the Democratic Party's strongest nominee and proceed accordingly. Readers should not become too distracted by national polling (although trends are useful) - the presidency is determined by Electoral College math. The starting point for the Democrats (after re-allocating electoral votes post-Census) is if Joe Biden simply wins where he won last time, he would secure 303 electoral votes, versus 235 for Trump. The consensus forecast, with a year to go, puts 62 electoral votes 'in play,' with a slight edge of 241 to 235 for the Democrats. Both sides will focus significant attention on Pennsylvania (19 votes), Georgia (16), Arizona (11), Wisconsin (10) and Nevada (6), all of which were won by Biden last time. Analysts believe the Trump base vote is secure. Clearly, the electoral math shows this shaping up to be a close race.

"As Hillary Clinton found out, candidates cannot take even the presumed base for granted as the so-called 'blue wall' had vulnerabilities that the first Trump campaign successfully exploited. External factors also impact close elections. If I told you that an incumbent Democratic president faced a scenario in which Iranian-backed militants were holding Americans hostage, home mortgage interest rates had skyrocketed, a member of the Kennedy family was making noises about challenging him, and a third-party candidate could be taking significant votes away from Democrats, you might remember President Jimmy

Carter's multiple challenges. President Biden may face a similar scenario, combined with the ability of virtually unlimited dark money and other externalities to impact modern elections, especially close ones, with deep focus on the handful of states that will actually swing

"So yes, as a Democrat, and as an American, I am concerned that Donald Trump has a path to victory if he secures the nomination. Ironically, if he doesn't, he could be the outside player who harms the Republican nominee by pelting them with sour grapes as only he can. Obviously, that is my best-case scenario.

"Finally, since all roads lead to Rhode Island, when the inevitable 'winning with exactly 270 electoral votes' analysis is discussed (a possibility, as Democrats keeping the assumed base vote and winning only Pennsylvania and Wisconsin among the five swing states would do it). Remember that Rhode Island's successful census count means we not only kept two Congressional seats, but the accompanying four electoral total votes. So we have that going

RI Senate GOP Leader JESSICA DE LA CRUZ of North Smithfield: "The recently released RICAS scores showed Rhode Island students edging closer to pre-pandemic levels of proficiency in Math and English, but let's not forget that the pre-pandemic scores were far from acceptable. R.I. students need legislators and policy makers to act with a sense of urgency. It's unacceptable that R.I. is 30 years behind neighboring Massachusetts in implementing effective education reform. Even under the best of circumstances, it will take years to see the true effect of any newly implemented policy.

"In the interim, school choice is vital for students who are trapped in failing schools. It should be viewed as a supplement to, not a replacement for, public schools. Long-term improvement plans should encourage both collaboration and competition to accelerate change and provide all students with alternatives and opportunities.

"The Senate Minority Caucus has introduced legislation which would permit choice including, but not limited to Education Savings Accounts, open enrollment and education revitalization funds - and, in the near future, innovation zones. These school choice ideas are not acts of hostility toward public schools.

"Further, educational choice puts the focus on the best option for individual students. Shifting to a student-centric focus is fundamental for success. Improving educational outcomes is a decidedly difficult task, but it can be accomplished. R.I. students deserve better from the institutions charged with their education. There is, however, the perennial question of political will."

State Rep. DAVID MORALES (D-Providence): "Every fall, each state agency (e.g., Department of Health) submits an 'agency budget request' to the Governor's Office and the Office of Management Budget (OMB). Thereafter, the Governor's Office and OMB review these proposals and work with each agency to ensure that the administration is prepared to introduce its full state budget proposal to the public in mid-January. While this is an important process, more often than not it does not receive much public attention. This year, however, there appears to be a more intentional push from advocacy groups and the media to gather this information and share their thoughts (which I think is great!).

"Based on the information that has been gathered, some positive and concerning findings from agency requests include: an \$80.5 million increase for Medicaid reimbursement rates proposed by the Executive Office of Health and Human Services (a bulk would be covered with federal funds), a proposed bond of \$50 million for the development of 'affordable housing' from the Department of Housing, an increase in eligibility for the Child Care Assistance Program to 261% of Federal Poverty Level, from the current 200%, and on the flip

side, a disastrous \$1.6 million proposal from the Department of Human Services to purchase income verification data from Equifax, which could result in the termination of Medicaid services for over 5,500 Rhode Islanders.

"Ultimately, it is Gov. McKee who will have the final decision on the details of Rhode Island's FY25 Budget proposal, which we legislators will then vet and vote on heading into June 2024. So if you ever wondered how our state budget is processed, here you go!"

**KICKER:** As a kid, this future reporter was once puzzled by a message in a fortune cookie that read, "No news is good news." Of course, the volume of news these days - between Israel, Ukraine, China's rise and tumult and disarray in U.S. politics - can be measured in dog years. That's why it's concerning, according to Pew, that Americans are paying less attention to the news than just a few years ago. Of course, a lot of what happens in the world isn't exactly cheery, and that may influence some people to tune out. That leaves unanswered, however, the question of how Americans will make informed choices if they're not well-informed.

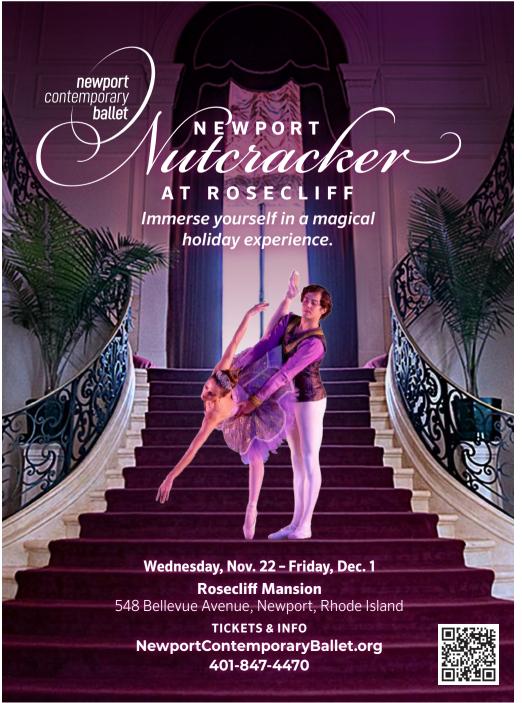
Ian Donnis can be reached at idonnis@thepublicsradio.org.

## **Photos**

of events, people, etc. available for purchase eastbayri.com







## **BOOK REVIEW**

## This 'Marriage Portrait' is historical fiction at its best

#### 'The Marriage Portrait' By Maggie O' Farrell

One of the very best book I have read all year, "The Marriage Portrait," is a superior



Donna **DELEO BRUNO** 

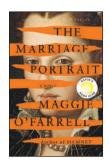
ge Portrait," is a superior work of historical fiction, riveting from the very first page. Based on the arranged marriage of 14-year-old Lucrezia de Medici, daughter of the wealthy Duke of Florence, to the powerful Alphonso, Duke of Ferrara, it is a mesmerizing tale of intrigue and machinations set in the 1550s.

Alphonso was initially betrothed to Lucrezia's older sister, but after her death, set his eyes on younger "Lucre" when just a child. While away at war for two years, he bid his time to settle a union that would be politically and financially advantageous to him.

A well-bred, well-educated and innocent girl, although with a fertile imagination, she was considered ideal for a wife who would be malleable to his control. We follow Lucre from her early childhood to her teen years, living in a cheerful and protected Renaissance palazzo with her parents and siblings.

Her circumstances change drastically upon her marriage, when she is coerced to leave her beloved home to relocate to the territory her husband rules. She could not possibly know the treachery and peril awaiting her there.

First, the innocent must bend to the will and desires of her husband, who exerts a compelling hold upon her, dictating her every move, her attire, her activities. Alone, but for her childhood maid, she becomes unmoored, not only from the absence of the family she loves and all that is familiar, but also from the demanding and critical man to whom she is



married. Occurrences at the castle cause her extreme distress, from the brutal beating of a boypage punished for merely dropping a box, to the expulsion of the Duke's sister who has disobeyed his orders. The atmosphere of her new home is oppressive and chilling, pulsing with terror as she feels

more and more a prisoner. Although the Duke makes her gifts, like a small donkey to ride around the palace grounds, he is an imposing figure of steely control and unreasonable demands.

Obsessed with capturing Lucrezia's youthful beauty on canvas, Alphonso secures the very best artists to be had and arranges for her to pose for weeks before the master and his two apprentices, one mute, which becomes an important fact in the tale. The Duke chooses what she will wear, where she will stand, how she will be framed, intent on every detail. Here too, fear is the prevalent, as it is obvious the painters are anxious to please him and sense his testy temper.

After some time, Lucrezia becomes convinced that Alphonso is so displeased with the marriage, especially when she fails to become pregnant, that he intends her demise. She has learned through underlings that he is desperate for an heir so that his kingdom will be secure from the designs of his sisters and their progeny. So the coupling of husband and wife becomes all the more intense, causing the child-bride excruciating distress.

The tension mounts with every passing day as Lucrezia observes more and more harrowing occurrences within the palace walls which her husband refuses to acknowledge or discuss with her. She has no hope of escape, and the stress and pressure cause her to become ill. When a doctor is summoned, she suspects he may serve as a partner to her husband's insidious desire to be rid of her.

O'Farrell's writing is superb, even poetic at times in its vivid description of the Italian landscape, its gorgeous natural beauty, as well as the splendor of Renaissance architecture. All is sumptuous, from the deliciousness of the foods to the richness of the costumes. Reading the book is akin to viewing a riveting period drama, exquisitely plotted with searing and jarring moments. The reader's interest never wanes and builds to a crescendo with a very surprising ending.

For this "electrifying" novel, Maggie O'Farrell was named winner of the National Book Critics Circle Award and won a Women's Prize for Fiction. The honors are well-deserved. It might behoove the reader to read Robert Browning's poem, "My Last Duchess," upon which this novel is based. Its content has the Duke showing off the painting of his deceased wife to an emissary come to arrange his next marriage.

Browning utilizes the dramatic monologue technique, which is like listening to one end of a telephone conversation in which the Duke does all the talking, through which he reveals his acquisitive and arrogant personality, pointing to his "Last Duchess" as if she were a possession attesting to his power and affluence – a very telling poem.

"The Marriage Portrait" is historical fiction at its very best!

Donna Bruno is a prize-winning author and poet recently recognized with four awards by National League of American Pen Women.

## 'Music At Imago' hosting Jake Blount

Join Imago Foundation for the Arts as it welcomes Jake Blount, an award-winning interpreter of Black folk music. In his hands, the banjo, fiddle, electric guitar and synthesizer become ceremonial objects. His music tells an Afrofuturist story that merges centuries-old traditional songs with the trappings and techniques of modern Black genres for a "genrequeer" approach to the traditions.

WHAT: "Music at Imago"
WHEN: Sunday, Nov. 12, at 4 p.m.; doors open at 3:30.
WHERE: Imago Gallery, 36 Market St., Warren
COST: \$18
MORE INFO: Tickets at the door or on EventBrite at https://





Page 7

## HEALTHY EATING



## What to do with all those fall apples? Get baking

s is the fall tradition, New Englanders have been stopping by their local farm to pick fresh apples. But this leads to the question, what can we do with all these apples? Check out the sugges-

tions below for ways to turn your fresh picked apples into tasty snacks.

■ Raw: Eating an apple whole or slicing the apple is a quick snack. Dipping those apple slices in peanut

butter is delicious too. ■ Paired with sharp cheddar cheese: Slicing the apples and placing cheddar

cheese on top. This provides a sweet and savory flavor and a good crunch.

- Vinaigrette, walnuts, and apples: Slice apples into tiny cubes and crush some walnuts. Top with a berry vinaigrette for a quick
- Baked cinnamon apple slices: Cutting apples into thin slices and tossing in cinnamon. Baking the apples until tender. This produces a warm, delicious snack.
- Apple crisp bars: Mix butter, sugar, oats, flour, and cinnamon. Place mixture in the bottom layer of the pan. Place cinnamon and sugar-coated sliced apples on top of the oat layer. Then, bake until it begins bubbling. Prep this in advance and take it on the move.

Information gathered & adapted from: https://www.eatingwell.com/gallery/7919651/healthy-apple-recipes-for-fall/

## **Apple Cheddar Bread**

## **Ingredients**

DELCONTE

- $\blacksquare$  2 and 1/2 cup whole wheat flour
- 1/4 teaspoon salt
- 1 teaspoon baking powder
- 1 teaspoon baking soda



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■ 1 cup unsalted butter, soft, or use oil

■ 1 cup sugar

■ 2 eggs, beaten

■ 1/4 cup buttermilk

■ 1 teaspoon vanilla

■ 1 cup apples, grated

■ 1 cup sharp cheddar cheese, grated

#### **Directions**

- 1. Preheat the oven to 350 and grease and flour a 9" bread pan.
- 2. Mix dry ingredients together.
- 3. Cream sugar with butter, add wet ingredients and stir well.
- 4. Combo wet and dry ingredients, barely incorporate them into a batter.
- 5. Spoon it into the pan and bake for 45 min-
- 6. Begin doing a toothpick test every 5 minutes until it comes out clean.
- 7. Let cool on the rack for at least 20 minutes before removing from the pan.

8. Slice and enjoy.

#### Recipe makes: 4 servings **Nutrition Information:**

We believe focusing on numbers can harm our relationship with food. If your medical condition requires you to know of specific nutrition information, please contact us at info@evolutionrd.com.

Recipe adapted from:

https://cookeatshare.com/recipes/applecheddar-bread-797153



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All Feast Include

431-1322 All orders must be placed by Monday, Nov. 20th. Pickup Nov. 23rd 11:30am-1pm. Pre-payment Required.

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## Lions' annual scholarship Chorus Night

The Tiverton Lions Club will host this year's Patriot Division Champion Narragansett Bay Chorus and quartets, which perform a cappella at its best. This year's show features a "Wizard of Oz" medley in costumes. Pastries, coffee and tea are served. Cash bar and raffle.

WHAT: Annual Henri J. Pare Scholarship Chorus Night WHEN: Saturday, Nov. 11, at 7:30 p.m.; doors open 6:30 WHERE: Woodrow L. Silvia VFW Hall, 134 Shove St., Tiverton

MORE INFO: Tickets from Bob and Brenda Valcourt at

## Folk trio at Stone Church Coffee House

The coffeehouse welcomes House of Hamill (Rose Baldino, Brian Buchanan and Caroline Browning). The Pennsylvania-based trio is a fixture on festival stages across the United States. A video for their all-violin cover of "Sweet Child O' Mine" amassed over 16 million views on Facebook. Light refreshments will be available.

WHAT: Bristol's Stone Church Coffee House

WHEN: Saturday, Nov. 11, at 7:30 p.m.; doors open at 6:45 WHERE: First Congregational Church, 300 High St., Bristol COST: \$20, half-price for students, free for children 5 and under. Seating is limited.

MORE INFO: For tickets, call 401/253-4813







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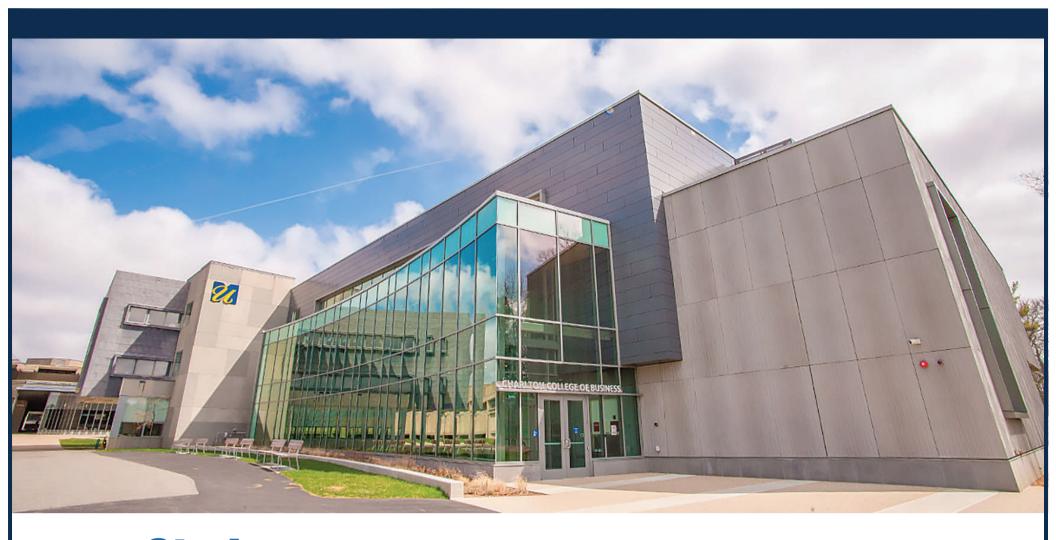


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# East Bay Real Estate

East Bay Real Estate November 8-9, 2023 EASTBAYClassifieds.com

# Luxurious Portsmouth home with a modern farmhouse appeal



A view of the living room with white brick fireplace and coffered ceilings

This large Portsmouth home sits on a corner lot along Indian Avenue.

A traditional New England home on a coveted corner lot along Indian Avenue in Portsmouth is one of the newest luxury listings on the market.

The home includes a gracious wrap-around porch, a circular driveway with stone edging, and manicured privet hedges.

Completely renovated in 2022, it

features a luxury farmhouse interior design. The kitchen has butcher block countertops and a large center island, a six-burner Wolf range, sleek wood-paneled Bosch refrigerator, and a wine fridge. There are also two walk-in pantries and a sitting area with wood fireplace opening to a porch, perfect for al fresco dining.

A shiplap entry/mudroom comes

with sleek built-ins. The living room features coffered ceilings and handsome white brick gas fireplace with reclaimed wood beam mantle.

A view of the newly renovated kitchen.

The second floor includes two wings, a guest wing with three tranquil suites, plus a separate owners' wing. The private primary retreat offers a sunlit bedroom with winter water views, two

walk-in closets, a balcony and a marble bath with dual vanities and luxurious round soaking tub. heated floors and a spa shower.

A sun-lit third-floor space is perfect for a home office or studio. The finished basement has been equipped as a state-of-the-art fitness center. The property includes amenities such as an outdoor shower, fire pit, gardens and shed. By the numbers

\$2,495,000

4 beds

3.5 baths

3,655 sq. ft.

.37 acres

401-864-8830, Kylie McCollough, Mott & Chace Sotheby's

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**JEAN CLARKE 401-374-5039** 

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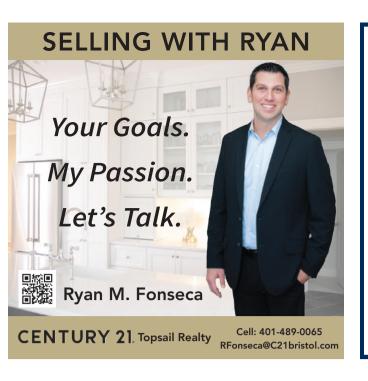
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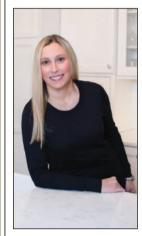
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RIVERSIDE: DUPLEX FOR RENT Waterview, 2 beds, 1 baths, laundry, parking, large yard, 2 decks, suitable for 2 adults. \$2300 401-481-1041

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Bristol: For Rent. 2 bed 1 bath 2.190 SF Guiteras House 2nd FL. fully furnished, spacious, natural light, nicely decorated. Includes gas heat, hot water, A/C & electric utilities! TERRI STEVENS 401-529-7845.

## **Homes For Rent**

Little Compton: Year Round - One level cottage with 1 bedroom \$1,800/month. T.L. Holland Real Estate 401-624-8469

Little Compton: Winter Rental -Completely renovated 2 bed 1st level apartment at Sakonnet Point with harbor and ocean views \$2,200/month (utilities included).

TL Holland Real Estate 401-624-8469

Bristol: 1 bedroom, waterview home in historic downtown Bristol. Near shops and bike path. No pets or smoking. Available starting Nov 15. \$2,500/month+ utilities. T.L. Holland Real Estate 401-624-8469

Riverside: 3 bed 2 bath 1,500 SF waterfront home for rent. \$3.500 FP, sliders to deck, 3rd floor bonus space. A quiet and peaceful neighborhood with fantastic sunsets! SUSAN SHORE 401-580-9486.

TIVERTON: Home for rent.3 bed home 2 full baths, country setting, stove, refrig, washer, dryer 401-641-4524

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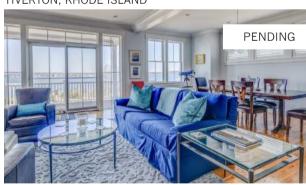
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250 Brownell Lane, Portsmouth \$599,000 3 Bed, 2 Bath Raised Ranch, extra large corner lot in Carnegie Abbey neighborhood. 0.3 miles from shore access and public boat



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> Tell your close contacts that they may have been exposed to COVID-19.





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www.cdc.gov/covidtesting

## **Real Estate Transactions**

ADDRESS	BUYERS	SELLERS	SALE PRICE
	RA	ARRINGTON	
72 Rumstick Rd	Oliver Norton	Broomhead Properties Inc.	\$1,560,000
Anoka Ave	Bella Casa LLC	Lynn-Ann Palmieri	\$245,000
		BRISTOL	
37 Peckham Pl	Dana Murphy	Richard and Claudine Oakland	\$575,000
4 Russell Ave	Lisa Davison R.E.T.	Susan F. Slusarski Est. and Timothy Foley	\$490,000
26 Sunnyside Ave	Jason Strange and Jessica Love	Loretta C. Clark I.R.T.	\$725,000
32 Washington St	Daniel Leary and Lizeth Gonzales	Julia A. Enright-Karam	\$549,000
37 Tobin Ln	Thomas and Alicia Clapper	D S Beal Declaration of T. and Hope Dubois	\$900,000
217 Hope St	William and Glenda Tumber	James T. Hurley	\$369,000
Gloria St	Michael and Lisa Fonseca	J J & Mary E, Equtrito F.T.	\$230,000
	EAST	PROVIDENCE	
46 Cadorna St	David and Beth Kobliska	Nicholas Shattuck and Kristina Martin	\$477,500
9 Shore Rd	Wincin LLC	Louis and Isabella Netto	\$270,000
31 Deer St	Kathryn and Eric Rasmussen	Elizabeth T. Albright	\$430,100
899 Roger Williams Ave	Maria Vaz and Alfredo Amado	David S. Licciardi	\$385,000
59 Beech Tree Rd	William and Laura Francis	Michael Pierard and Kathleen Cook-Pierard	\$525,000
21 Sea View Ave	Jason R. Rafferty	Ralph and Rita Falaguerra and Andrea Falaguerra	\$970,000
14 Bridgham Farm Rd	Maia and Andrew Aytac	Katharine R. Lever R.E.T.	\$900,000
	LITTI	LE COMPTON	
65 Mullin Hill Rd	William W. White	Stephen and Jose Chaffee	\$855,000
	PO	RTSMOUTH	
17 Annette Dr	Sornoza Properties LLC	Fort Realty Solutions LLC	\$533,000
31 2nd St	Nicole S. Fortune	Robert E. Casey R.E.T.	\$325,000
51 Prospect Farm Rd	Matthew O'Malley and Katherine Gregory	Robert B. Watts	\$1,248,000
19 Canton Ave	Andrew and Kimberly Hyde	Timothy P. Spillane	\$290,000
7 Debra Dr	Mark Smith	Jaime Williams	\$22,500
S Harbor Dr #11H	0 South Harbor 11H. R.T. and Ronald Murdock	Newport Beach Club LLC	\$1,000,000
3rd St	Nicole S. Fortune	Robert E. Casey R.E.T	\$325,000
Common Fence Blvd #370	Andrew and Kimberly Hyde	M. F. Spillane Supplemental and Timothy Spillane	\$290,000
	7	TIVERTON	
824 Main Rd	Taylor Ekstrom and Sydney Carreiro	Justin and Lindsey Wells	\$306,000
314 Winnisimet Dr	Hogan III F.T. and William Hogan	314 Winnisimet Drive R.T. and Fiorella Kaloust	\$1,900,000
71 Charles Dr #4	Susan E. Proulx	Thomas and Mildred Singleton	\$370,000
4 Cliff St	Kierra Cabral and Bradley Ayres	Gilbert and Susan Cabral	\$175,000
670 Brayton Rd	Stephen Sousa	Alfred and Renee Sousa	\$440,000
22 Belleview Ave	Tarren C. Windham	Josephine and Gilberto Gomes	\$405,000
105 Robert Gray Ave	Jeffrey Meyer and Adam lafrate	Kevin and Kenneth Fonseca	\$310,000
15 Lewis St	Paul and Jessica Whitcomb	Raymond and Angela McNeil	\$575,000
	,	WARREN	
36 Barton Ave	Edward and Gretchen Nolan	James Carter and Ashley Diniz Carter	\$591,000
14 Waterview Ln	Kevin and Cassie Kitchen	Oak And Pallet LLC	\$1,049,000
4 Overhill Rd	KJ Ferro LLC	Mary R Cabral F.T. and John Mendes	\$500,000
	v	/ESTPORT	
37 Glen Rd	Zara P. Crowley R.E.T.	Michael A. Woodhouse T.	\$3,525,000
	•		

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This vacancy will remain open until filled, with review of applications beginning on November 6, 2023.

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