

## Hurdles to clear for bike park



PHOTOS BY RICHARD W. DIONNE JR.

Chris Bernardo jumps his bike off the sewer pumping station at Legion Way. BHS senior Alex Raad is trying to build a bike/skate park at the rink.

### High school senior hopes to build facility at Legion Way rink

BY JOSH BICKFORD

jbickford@eastbaynewspapers.com

Alex Raad is tired of being told to scram.

The Barrington High School senior has, for the last few years, heard local shop owners and police officers tell him and his friends to take their bike riding or skateboarding someplace else. Often that means heading over to some other town's skate park or out to Taunton, Mass. for an indoor facility in that community.

Now, Alex is determined to change all that.

For the last few months, the local teenager has been formulating a plan to bring a skate and bike park to the Legion Way ice rink. Alex has attended some Barrington Park and Recreation Commission meetings and researched the costs associated



Alex Raad (right) and his friend Chris Bernardo stand next to the Legion Way ice rink last week.

with building a park. He has also spoken with the volunteer group that helped recondition the

Legion Way rink.

"The process is really hard," Alex said during a recent inter-

view.

But the pay-off is worth it, he added. In fact, Alex said there are a lot of local kids — young and old — who support the construction of a skate park. He said he has had the idea since he was a freshman in high school, but recently decided to pursue the project as part of the mandatory senior project.

So far, Alex has rallied some key support. In addition to the Legion Way ice rink volunteers, he has also recruited assistance from professional BMX biker Kevin Robinson and won endorsements from members of the park and recreation commission. A key hurdle awaits with the Barrington Town Council, however, as well as the challenge of

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## Schools hire interns to help with kindergarten classes

*The three positions are non-union*

The Barrington School Department recently hired three interns who are already assisting teachers in local kindergarten classrooms.

Barrington Superintendent of Schools Mike Messoro said the new hires are a testament to a promise that he made last spring. During last year's budget talks, a number of local parents had requested the implementation of a full-day kindergarten program at the start of the 2013-14 school year — the parents said the longer school day would be important because more time was needed as the district began adhering to the new Common Core standards.

Mr. Messoro urged the school committee to wait until the following year to implement full-day K; among the reasons was a concern over the costs associated with the full-day instruction. He also told parents that officials would do everything they could to assist kindergarten teachers as the district began rolling out the Common Core standards.

One way to do that, said Mr. Messoro, was hiring classroom interns.

"We've always had interns in the school system, supporting the teaching and learning," he said. "They are certified teachers, and there are multiple roles they can play."

See **SCHOOLS** Page 8



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**BARRINGTON BRIEFS**

**Striper fisherman to speak on Jan. 8**

Dave Pickering, a well-known and respected steeper fisherman, will be the featured speaker at the Jan. 8 meeting of the Bristol County Steeper Club. Mr. Pickering has landed more than 50,000 stripers during his time on the water, including some weighing more than 50 pounds. He is primarily a shore fisherman and has written extensively about striped bass fishing in magazines and books. The meeting will be held at the German American Club at 27 Kelley St. in Warren at 7 p.m. It includes an optional buffet. The club promotes conservation of fisheries, good fellowship and cooperation with other similar organizations. Any new potential members can call Henry Arrighi at 245-2006 for more information; people are also welcome to attend the Jan. 8 meeting.

**Memorial hockey games set for Jan. 8**

The 12th annual J.P. Medeiros Jr. Memorial Cup hockey games will be played on Wednesday night, Jan. 8, at the Portsmouth Abbey School ice rink. The Mt. Hope boys team will play against Barrington at 6:30 p.m., while the girls game will be held at 5. Admission to the games is a donation at the door. All proceeds from the event will benefit the J.P. Medeiros, Jr. Scholarship fund, which has benefited 46 scholarships. JP Medeiros, Jr. was a Mt. Hope High School graduate who died in a car accident while in college.

**Trash pickup schedule changed for holiday**

The Barrington Department of Public Works office will close at 11 a.m. on Tuesday, Dec. 24, and the recycling center will close at noon. There will be regular refuse and recycling collection on Tuesday. The department of public works and the recycling center will be closed Christmas Day. Wednesday's refuse and recycling will be collected on Thursday along with the regular Thursday route.



PHOTOS BY RICHARD W. DIONNE JR.

The James Bowen House was built in 1770 and served as a tavern during the Revolutionary War. Last week crews demolished the house. The property owner said the home had been badly damaged in February when radiators burst.

**Historic Barrington home is history**

*Crews demolish James Bowen House*

It served as a tavern during the Revolutionary War and later was home to a cable ferry that ran across the Barrington River.

But on Wednesday morning, Dec. 11, the James Bowen House at 24 New Meadow Road in Barrington, reached the end of the line, as crews demolished the 243-year-old house that sat upon a little more than a half-acre of land on the western side of New Meadow Road.

The owner of the property, Paul Mainella, pulled a demolition permit for the home on Nov. 25, and abutters to the property were notified by mail shortly thereafter.

Mr. Mainella, who lives at 32 New Meadow Road, said the home was badly damaged last February when its hot water radiators froze and burst, unleashing 100,000 gallons of water throughout the home. Mr. Mainella said work was done in an effort to salvage the structure, but the damage was too great.



On Thursday morning, Dec. 12, all that remained of the James Bowen House was a pile of rubble.

“We loved that house,” he said.

An excavator tears through the rear section of the James Bowen House on New Meadow Road on Wednesday, Dec. 11. The home was 243 years old and had been plagued by the preservation society.

The James Bowen House carried a Barrington Preservation Society plaque, noting that the

property was historically significant. It was also listed as such in the town's comprehensive community plan: “Two-story, center chimney Colonial house enlarged by a two-story gable roof ell on the west side. Bowen was a farmer who ran a cable ferry across the river. During the Revolution, the house was used as a tavern. The site includes a

late 19th century barn close to the river.”

Mr. Mainella said another resident, Roger Cole, stopped by prior to the demolition to claim the historic plaque. He said Mr. Cole was actually related to the original owner, James Bowen.

It had nine rooms, including three bedrooms.

— By Josh Bickford

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**How to reach us**

*For news contact:*

Josh Bickford, Editor  
424-9148  
jbickford@eastbaynewspapers.com

News deadline ..... 9 am Monday  
Advertising deadline ..... Noon Monday

*For advertising information contact:*

Toni Nutall, Advertising Representative  
424-9146  
tnutall@eastbaynewspapers.com

*For subscription or newsstand information contact:*

Circulation Department  
253-6000, ext. 131  
subscriptions@eastbaynewspapers.com

Matthew Hayes, Publisher  
424-9140  
mhayes@eastbaynewspapers.com

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### We're read all over

Barrington's Donna Neville brought along the hometown newspaper when she visited her son Conant while he was studying abroad in Kenya last semester.

# Barrington officials consider consolidating finance positions

*Town manager tells council he plans to hire new director soon*

**BY JOSH BICKFORD**

[jbickford@eastbaynewspapers.com](mailto:jbickford@eastbaynewspapers.com)

Should Barrington have two finance directors — one for the municipal government and another for the school department — or should there be a single position?

That question surfaced at the Dec. 2 Barrington Town Council meeting, as Bill DeWitt suggested that since the town was currently without a finance director this could be a good time to consolidate the position.

Council president June Speakman did not agree. Now is not the time, she said, adding that the municipal government needed to fill the finance director's job soon.

Dean Huff previously served as the finance director but resigned in mid-October. The town has been conducting a search for a replacement, and according to Barrington Town Manager Peter DeAngelis, has narrowed its search to two candidates.

At the meeting, Mr. DeAngelis told the council he planned to fill the position soon.

"I always think it's important to collaborate and share services," Mr. DeAngelis said, adding that his conversations with school officials revealed there was "not a lot of interest" in consolidating the positions. "I have to fill this position. ... I plan on moving forward."

Mr. DeAngelis said other Rhode Island communities are trying to fill similar municipal finance positions. He said some of those towns have already contacted his office in an effort to recruit potential

candidates.

On more than one occasion during the discussion, officials mentioned Ron Tarro, the director of finance and administration for the school department. Mr. Tarro earlier worked for the municipal government's finance department.

Mr. DeAngelis said it was not likely that Mr. Tarro would be interested in filling a consolidated position:



Peter DeAngelis

"It's not going to happen. I can say that with great confidence. He's not going to do that. His superintendent is not going to support that."

In a recent interview, Barrington Schools Superintendent

Mike Messore said he was not surprised to learn that the council had discussed the topic.

"I've heard rumors for a long time," he said. "Consolidation might be very difficult because of the amount of responsibilities that Ron has."

Mr. Messore added that while consolidation of the finance positions could pose challenges, there may be other opportunities to collaborate with the municipal half of the town government.

"It's not necessarily that we can share a person, but there are opportunities to work together," he said, "and we're more than willing to lend our expertise or collaborate."

"We have a good relationship with the town. We want to keep that."

The council still intends to further discuss the issue.

## NEWS BRIEFS

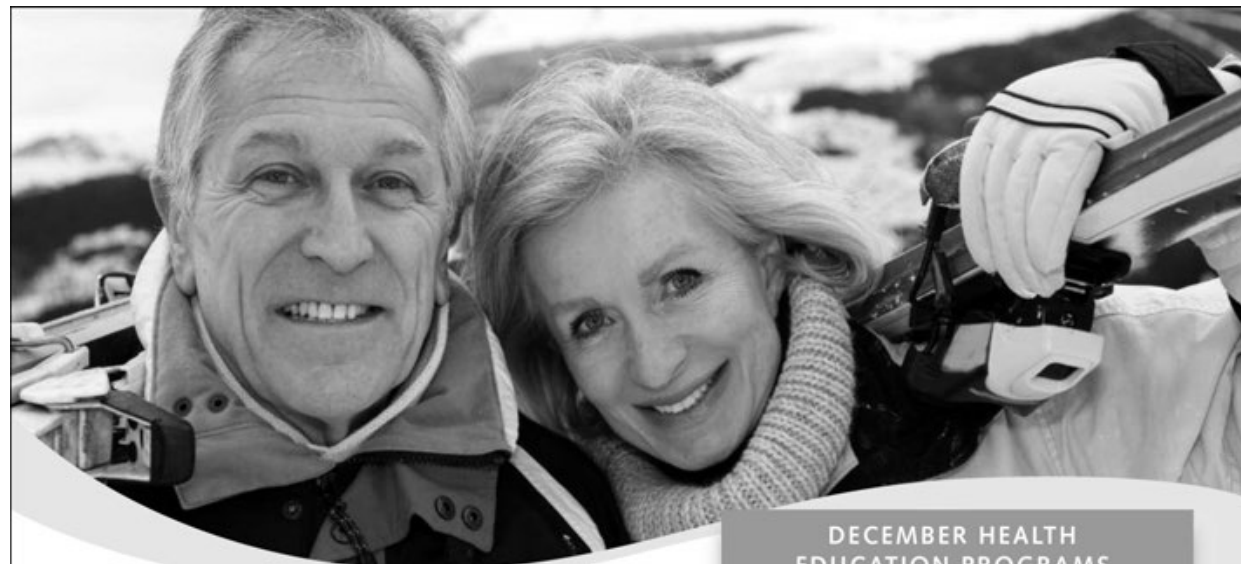
### Schools want to know what you think

Barrington Public Schools would like to extend an opportunity for community members to share viewpoints about 21st century education and technology through participation in Speak Up 2013. Speak Up is a national online research project facilitated by Project Tomorrow. Each year, findings are summarized and shared with national and state policy makers. Additionally, Barrington will have access to local data in Feb. 2014 for use in framing conversation moving forward. The Speak Up 2013 survey can be

found online at <http://www.speakup4schools.org/speakup2013/>.

### Class of 1974 planning 40th reunion

Members of the Barrington High School graduating class of 1974 are beginning to plan for their 40th high school reunion. They have set a tentative date for June 2014. For more information or to register for the event, check out the group's Facebook page at [www.facebook.com/BarringtonHighSchool-RI1974ClassReunionEvent](http://www.facebook.com/BarringtonHighSchool-RI1974ClassReunionEvent)



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# Water authority's interconnect plan under fire from councilor

BCWA director Allan Klepper defends authority's work

BY JOSH BICKFORD  
jbickford@eastbaynewspapers.com

A plan to connect the Bristol County Water Authority to a Pawtucket water supply came under fire at the Barrington Town Council meeting on Dec. 2.

Ann Strong, a member of the council, said she was surprised to learn that officials in East Providence — that community would host an interconnect between the BCWA and Pawtucket — did not support the plan.

Ms. Strong said that during a recent tri-council meeting, BCWA representatives said they had the full cooperation of East Providence officials. "Which is clearly not true," Ms. Strong added. "We're not getting the full story, which is troubling to me."

Ms. Strong referenced a news story which reported a disconnect over the interconnect. In a Bristol Warren Patch story, reporter William Rupp quoted BCWA executive director Pam Marchand as saying "There is no assurance from East Providence that it will support this (interconnect)."

BCWA board member Allan Klepper, who lives in Barrington, challenged that point. Mr. Klepper said he spoke with the director of

## Strong words for local water authority

On more than one occasion at their Dec. 2 meeting, some members of the Barrington Town Council outwardly criticized the Bristol County Water Authority's board of directors. While discussing potential criteria for ousting a board member, councilors questioned moves and motives of the authority. Councilor Bill DeWitt said the BCWA sometimes appears to exist "for its own self." Councilor Ann Strong added that officials in Barrington, Warren and Bristol should have "great concerns" with every BCWA director. "Look at the money they spend," she added. Councilor Kate Weymouth defended the three Barrington representatives on the BCWA board, saying "I don't think any of our directors are not acting in our best interest."



Allan Klepper

the department of the public works in East Providence and the interim city manager, Paul L e m o n t , regarding the interconnect.

"They said there's no problem," Mr. Klepper said.

"We've been led to believe they are interested. ... I can't believe they (the East Providence City Council members) don't know about it."

Mr. Klepper said East Providence actually paid a portion of the \$225,000 bill attached to a study regarding the interconnect. He said BCWA and East Provi-



Ann Strong

dence each paid 25 percent of the bill, while the state covered 50 percent. He added that East Providence would benefit from the interconnect.

"I've been told there is sup-

port," he said.

The Bristol County Water Authority began examining the connection with Pawtucket as a backup to the cross-bay pipeline, which supplies Bristol County residents with Scituate Reservoir water.

BCWA had, for years, used its

"We're looking at the longterm, in the best interest of the ratepayers."

BCWA DIRECTOR  
ALLAN KLEPPER

own water supply — a series of reservoirs in Rhode Island and nearby Massachusetts, as well as a well-field on Nayatt Road — as a primary source and then later as a backup to the cross-bay pipeline.

But as the BCWA treatment facility began showing its age and officials struggled to build new pipelines to their existing water supply in Massachusetts (and ran into legal battles with officials in those communities), the idea of an interconnect with Pawtucket surfaced.

"We're looking at the longterm, in the best interest of the ratepayers," Mr. Klepper said. "This is probably the least expensive approach."

An interconnect, said Mr. Klepper, would spread out the cost to BCWA customers and East Providence. Mr. Klepper said the state is also obligated to pay \$6.9 million to the BCWA — he said the money was earmarked for upgrades to the water treatment plant and pipeline replacements. He said an early estimate for the interconnect is \$23 or \$24 million, but that the price could be less for local water authority customers.

He said a statewide bond item might cover 50 percent of the project, and that the \$6.9 million would further reduce the overall cost to BCWA ratepayers.

"Our best likely alternative is to connect with Pawtucket," he said.

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*P.S. Retinal detachment can occur as a result of advanced diabetes.*

# Opinion

## EDITORIAL

### *Now's a good time to discuss a regional animal shelter*

**W**ell-meaning Warren officials posed an open-ended question this fall, asking for any and all proposals from anyone who might be able to help provide animal shelter services to that town. No one replied.

With that avenue seemingly explored, perhaps the next step could be a more active search for an answer.

Why not also bring a neighboring town into the fold on this?

It's common knowledge that many in Barrington, which has no shelter, want one of their own. With money tight, this is a good time to see if the shelter could be regionalized, or at least have its expenses split between two cooperating communities. These towns have been talking about "shared services" for years to no result; what could be a better example of that philosophy?

Last week, the Times ran a story about a resident who needed help finding homes for her cats as she is being forced to move out of her house and into an apartment. She has dozens of cats and will need the help of good-hearted citizens, as there is no shelter in Barrington.

A regional shelter — one where costs are shared between two communities — would solve that problem and more.

Officials like to toss out words like consolidation and collaboration, but often seem hesitant to follow through. Now is the perfect time for Barrington and Warren to take a closer look at a regional shared service.

Warren has taken a fledgling step toward providing adequate, compassionate care for its animals. But more needs to be done, and we hope Barrington officials take the first step in reaching out to their neighbors to get talks started.

#### ■ WHERE TO WRITE:

Barrington Times, 1 Bradford St.,  
Bristol, R.I. 02809  
Letters may also be sent to:  
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## LETTERS TO THE EDITOR

### *More excuses and blame from councilors*

#### To the editor:

I see that the Barrington Town Council president and vice president have replied to my letter to the editor of Dec. 4.

President Speakman and Vice President Weymouth now wish us to believe that the General Assembly through the "Affordable Housing Act" created nothing but problems for Barrington Town officials, but, in fact, it is the faulty interpretation of the act by local officials that has resulted in the "fall out".

My letter explains that the original act was so advantageous to for-profit developers that, in 2005 a moratorium was necessary. The legislature formed a commission that created the current statutes, which are an improvement over the old ones. I was not on that commission but did speak extensively with the commission co-chairs Senator Tasconi and Representative Kennedy.

Ms. Speakman and Ms. Weymouth allege that I haven't done certain things in the time since the statute passed. But I have never received any request or question from Barrington officials regarding any matter related to the act nor have my House colleagues, Representative Malik or Representative Hearn. Town

councilors know that we do not supplant local government but we have always been available anytime to meet with them to discuss issues as we have done often. Likewise, it is not my job to be part of a local panel at a municipal forum designed to be pro-affordable housing. That is why Councilor Coyne, who organized the forum, only invited me to "attend".

As a state senator, humble judgment sometimes dictates standing by (not usurping) local residents who have done a fine job of showing the courage and strength required time and time again, to raise the right local questions that still need answers from the Barrington Town Council and the solicitor.

The Comprehensive Community Plan (CCP) requires periodic review. Now that Ms. Speakman and Ms. Weymouth have finally joined with the experts on the panel and acknowledged in their letter that the 10 percent is a goal not a mandate it would seem to be a perfect time to review the CCP amendment.

There is a tremendous difference in writing the amendment as a mandate rather than a goal. However from last week's response it would seem that the council leaders and Ms. Coyne

are more interested in blaming me and making excuses for their "pro-affordable housing" stance than protecting the taxpayers of Barrington.

Affordable housing developments on waterview and waterfront properties, greatly reduce the assessed value of the property. This increases taxes on all residents — including low income taxpayers — who must subsidize this improper abatement scheme. And it reduces tax revenues which could be used to fix our roads and fund all-day kindergarten.

Other communities have CPP's without "affordable housing" development quotas. (It would be helpful to review what other communities have done.) The Barrington Town Council created the local requirements that all developments over three units must include affordable housing. There is no such equivalent state mandate. There's no state mandate to "partner" with developers or pay a town planner to manage HUD grants for developers or give tax breaks to projects that are not otherwise viable.

Now that it seems the council agrees the 10 percent is a goal, it is a good time to revisit the CCP amendment.

**Senator David Bates**  
65 Primrose Hill Road

### *Youth sports should be about having fun*

#### To the editor:

There are two documentaries airing now that are must-sees for anyone involved in youth sports in the state of Rhode Island. The first one is a CPTV documentary called "Going, Going Gone..." that can be viewed on television or on-line at the CPTV website that chronicles the drastic change in youth sports over the past years. The other being an HBO documentary called "State of Play: Trophy Kids" that does the same. Try not to see a little of yourself or your communities in these documentaries, it's impossible.

Having coached and refereed youth sports for over 30 years, 7 of which have involved my son and daughter, I'm finding it increasingly frustrating to find communities, organizations and coaches that model what in my mind youth sports should be. Fun.

The number one reason why children lose interest in sports is that sports stops being fun for them. That usually has something to do with parents, whether it be their own parents or parent coaches. If you're watching your child from the bleachers, relax, your child is not going to play professional sports and you're embarrassing them, please think about that.

For the parent coaches, this is not the NBA or world cup finals, it's great that you've volunteered your time, more parents need to do it but I do not want to see your child shoot the ball 100 times a game so he can score his 20 points. Distribute the

ball and distribute the playing time to everyone. It's not about winning. If winning is so important please consider taking your child and coaching talents outside mainstream youth sports and into an elite program.

I have also heard arguments from youth coaches on how important it is to win and how demoralizing it is for the children to lose but I don't buy it. As parents and coaches you may remember a few years down the road that your fourth-graders lost the championship at your local YMCA, but I assure you, they will not.

Don't get me wrong, children want to win but most importantly they want to play. Far too many youth organizations allow parent coaches to monopolize court time and field time for their child or their child's friends during a season. Too many children who could benefit from court or field time become discouraged and drop out of youth sports.

Finally, unless your child had a tryout for a travel team (the politics I see in making these teams is a topic for another day) don't allow parent coaches, organizations and communities to put your kids on the bench.

Speak up. You are paying for the courts, fields, uniforms, etc. and until they're older and are trying out for a team in high school, they deserve an equal chance to play and have fun.

**Thomas White**  
24 Meadowbrook Drive

## BARRINGTON TIMES

Established in 1958

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Josh Bickford, Editor

R. S. Bosworth Jr., Publisher Emeritus

### Letters policy

The Barrington Times encourages all citizens to comment publicly on the events and times in which we live. We will print any letter sent to us, adhering to guidelines for taste, accuracy, fairness and public interest. Letters must be signed by the author and must include telephone number and street address. Letters are limited to 500 words. Direct letters to: Barrington Times, P.O. Box 90, Bristol, R.I. 02809. Letters may also be sent to barrington@eastbaynewspapers.com

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## The truth behind an American classic

My sister-in-law snapped a photograph of all the Bickfords at the dinner table for Thanksgiving, and my brother called it a “Norman Bickwell Thanksgiving.”



Josh BICKFORD

He was playing off the iconic Norman Rockwell painting that shows a large family gathered around the dining room table for their Thanksgiving feast — a beautiful image that families (including the Bickfords) strive for each holiday.

But I warn you: Do not believe your eyes.

I used to imagine that Rockwell’s subjects were laughing and telling great stories. That they all paused for a quiet moment to share a heartfelt grace, and then, one by one, praised the cook for her delicious offering.

Now I know better. In fact, there is likely a different story behind that painting, as there is behind the Norman

Bickwell photograph. We will start at the foot of the table, where my 2-year-old daughter laid claim to the big seat. My wife was supposed to sit there, but little Claire threw a fit because that chair had armrests and her’s did not. Not wanting to create a stir, my wife quickly switched seats with the toddler.

I sat to the left, between Claire and my son, Aimon, who was intent on spending the entire dinner sitting underneath the table. Time and again I pulled him out from under the table and reminded him that the Pilgrims and Native Americans sat at the table not under it at the first Thanksgiving. Look closely at the photo and you can see he is pouting after one of his under-the-table excursions was cut short.

But there was plenty that was not captured in the seemingly peaceful image.

My brother’s son — he is the cute 1-year-old at the far end of the table — spent most of the meal screaming at the top of his lungs. He was not mad or uncomfortable, rather he had noticed how my sister’s kids g-

gled when he belted out a blood-curdling scream.

My niece and nephew showed discerning tastes when it came to mealtime — my niece ate a handful of chocolates with her turkey while my nephew refused to eat anything but dinner rolls.

My father and mother sat together and seemed thoroughly happy during dinner, but I learned a couple days later that my mother was steaming over the fact that some of us left “a little too quickly” after we finished eating. “I worked for two days on a meal,” she said, “and they left after two hours.”

I am not unrealistic when it comes to family. I know we Bickfords have our flaws. We are human. Maybe more human than some other families.

But it can be easy to lose yourself in a painting, especially one by Norman Rockwell, and believe that life can be that perfect. That generations of a family can sit at a single table and place differences aside, history aside and just enjoy the moment.

After this year’s Thanksgiving experience, I am not so sure.



# Patriot

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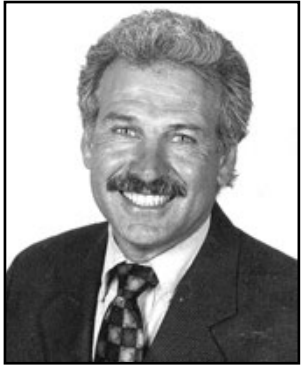

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COMMENTARY

# It's time to put Common Core in a timeout

BY SCOTT FULLER

If you believe that what students are taught in Barrington schools, how it's taught and how your son or daughter is assessed should be decided by a group of governors colluding with a similar group of state school superintendents and funded in part with about \$5 billion in federal government grants, then you need read no further. You should be very happy with these dramatic changes.

But if you're like me and a growing number of concerned parents, teachers, elected officials and citizens, then you may want to continue reading. Most residents don't know it yet, but we have a completely different education system in the state now that is driven by what's known as the Common Core State Standards (CCSS).

These standards – and the accompanying curriculum, student and teacher evaluations, and high-stakes testing — are just starting to wake people up to a frightening new reality. Nearly three years ago, the CCSS were adopted by Rhode Island and more than 40 other states. With much fanfare and promise of a brighter future for our children, I believed that the adoption of national standards was a significant move forward.

I was a naive initial supporter, even though there was little knowledge of the details or the implementation plan available to anyone. So I started doing my homework. Now, after much personal research and reflecting on my own experience as a public school educator and administrator of more than 20 years, and as the facts began to appear, I have slowly come to an entirely different conclusion.

And what have I discovered? I would like to make three points, although there are many other reasons for my change of mind, which I will elaborate at a future date. First, the CCSS were never field tested.

These standards and any associated curriculum were never once tried on a single student, school, or district prior to implementation. Therefore, they are unproven and untested.

Second, they were never vetted locally, by any state, district or town. Not a single school board in the state, not one parent, teacher or child was allowed any input. They were adopted whole cloth by the then-R.I. Board of Regents and Commissioner Deb-

orah Gist, and of course, with the hearty approval of the “education experts” at the R.I. Department of Education (RIDE).

Third, the implementation of such standards is costly and represents yet another unfunded mandate, given that new texts and curriculum must be adopted and/or created.

As troubling, is the apparent willingness to use at least some ready-made “for-profit” materials from the Common Core approved set of educational products that have been prepared by the same cabal of “experts” that handed us the standards in the first place. Barrington residents foot nearly the entire local education bill each year, with an annual budget approaching \$46 million.

Is it too much to ask that parents, teachers, administrators, and school board members be allowed to discuss and vet these new standards before implementa-

I think it's scandalous that there has been no local input allowed at any time, by any individual or group PRIOR to the adoption of this regime.

Listen to what Diane Ravitch, a nationally renowned education researcher, has to say about the CCSS: “They are being imposed on the children of this nation despite the fact that no one has any idea how they will affect students, teachers, or schools. We are a nation of guinea pigs, almost all trying an unknown new program at the same time ... I have come to the conclusion that the Common Core standards effort is fundamentally flawed by the process with which they have been foisted upon the nation.” Indeed!

As of this letter, about six states that initially adopted the CCSS have either paused the implementation or dropped these standards entirely. Massachusetts recently decided to put off the testing piece, known as PARCC, for two more years.

At this juncture, I believe that it's time for Rhode Island to take a timeout.

Let's provide the primary stakeholders — parents, teachers, kids and elected officials — the opportunity to review, analyze and discuss these standards. It's the only fair, transparent and educationally prudent thing to do.

What's the rush? Our children's current and future success is at stake. We can no longer squander their educational outcomes through untried and untested means.

Were any of you in town when the ill-fated “Chicago math” program was highly touted as the new gold standard?

Local control of education is as old as our Republic. I insist that we not yield this valued institution to a group of educational oligarchs for their own agenda, no matter their altruistic pleadings. I urge you to do your own homework. Look at the information that's readily available about the Common Core. Don't take someone else's word for it – because it's your kids and your schools.

If you share these concerns, I urge you to contact my fellow school committee members and your state representatives and ask for a pause in the implementation of the CCSS. Because right now, all we can do is hope that the CCSS are better than what we had. And hope is not a strategy for success.

*Scott Fuller is a member of the Barrington School Committee.*

**“Is it too much to ask that parents, teachers, administrators, and school board members be allowed to discuss and vet these new standards before implementation?”**

tion? Is our educational system now in jeopardy of being controlled by an elite few at the state and federal level?

Why do local taxpayers once again have to fund yet another top-down state/federal initiative? What impact will these standards have on our most vulnerable students — students in elementary school and students with special needs? What effect is the implementation having on teachers and administrators, given the overwhelming requirements of the new teacher evaluation system?

Ultimately, I would ask: Who owns our schools? Of course, it's us — friends, neighbors and parents who pay the freight week after week, year after year. The idea that our educational franchise can be usurped by an elite few is a subversion of the ideal of education as a public good with broad public acceptance, support and buy-in.

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## SCHOOLS: Common Core forum set for Jan. 28

From Page 1

The superintendent said the three recently hired interns landed in the elementary school kindergarten classrooms about a month ago; the first couple months of kindergarten, he said, are mostly an introduction to the routines and other tasks. He said that among the numerous duties interns are assigned to handle is

screening the comprehension levels of young students.

“We promised the community that we were going to support kindergarten, and we're doing that,” he said.

Mr. Messore said the positions are non-union, and compensation for the hires came mainly from money gained through the retirement of a veteran teacher in the district.

The school committee approved the hires at a recent meeting.

Mr. Messore added that the Barrington Education Foundation is sponsoring a forum focused on the Common Core standards on Jan. 28, 2014. He encouraged people — those with children in the local schools and those without — to attend.

— By Josh Bickford



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# Quick response, AED saves life at YMCA

*Volunteers resuscitate resident after he suffers cardiac arrest*

**BY JOAN D. WARREN**  
Special to The Times



RICHARD W. DIONNE JR.

Bayside YMCA employees Geri Purcell (left) and Meaghan McKissick (right) stand with Barrington resident Steve Holland after he suffered cardiac arrest at the YMCA on Dec. 2.

"A woman said she would drive it home for me. I didn't know her but she knew where I lived. That's the beauty of living in a small town, people are willing to help. We are so thankful for this community," she said.

At the hospital emergency room, Mr. Holland was stable and his EKG came back perfect, Mrs. Holland said.

They kept him monitored overnight and a day later he was tested to see what caused the SCA. It was determined that he had an 80 percent blockage of one of his arteries and a stent was inserted to open the passageway. He stayed in the hospital for three days and went home under orders to take it easy.

### Seemingly healthy

Mr. Holland isn't overweight, is a non-smoker, exercises and tries to eat right. He is from a family of hockey players and although he doesn't play much lately, skating was always part of his exercise routine.

He has been coming to the Bayside Y since his family move to Barrington in 1967 (then known as the Barrington YMCA) and he and his wife have had a family membership since they were married more than 30 years ago.

"I learned to swim here and my kids learned to swim here. I have been coming off and on over the years but have been coming regularly for about a year. My good friend Frank Fitz needed a ride after suffering a stroke so we would come three days a week," he said.

Before the incident, he said he felt fine — no symptoms of heart issues whatsoever.

"Heart disease runs on my dad's side but I never thought I would have a heart problem. I'm 58 and still feel invincible like when I was younger. Now I have a whole new outlook on life and plan on being as healthy as possible," he said.

Fortunately, he hasn't experienced any pain throughout this entire ordeal. He was scheduled to see his cardiologist and begin cardiac rehabilitation after a stress test.

"I got another chance and I'm going to do it right," he said.

"I am so thankful that I was here when this happened. If I had been anywhere else the outcome would probably be very different," he said.

### On their toes

Mr. Martino said the Y staff are all trained in first aid and CPR which includes use of the AED.

"The staff sprung in to action and put their training to use. With the six to seven hundred people that come through this building daily, we want our staff to be ready for any situation. Fortunately we haven't had an incident like this to utilize that training, but it's comforting to know we can respond in an emergency. I am very proud of them," he said.

Steve Holland has a lot to be thankful for this holiday season. He is thankful for the competent staff at the Bayside YMCA and members who came to his aid after he suffered cardiac arrest at the West Street facility on Monday, Dec. 2.

Last week, Mr. Holland and his wife Kim met with staff members to thank them for all they did that fateful evening. He said he is feeling fine and is on his way to a full recovery.

"All I remember is talking with my friend Frank (Fitz) after I had gotten off the elliptical machine. Next thing I know I'm being taken to the hospital in the ambulance," Mr. Holland said.

The events that took place between the time Mr. Holland collapsed and woke up on a stretcher are the reasons he will spend the holidays with his wife and three children.

Joe Martino, the executive director at Bayside YMCA, and membership director Meagan McKissick and wellness center staff member Geri Purcell filled in the missing pieces of the story for the Hollands.

As the group met, Mr. Holland hugged the ladies and thanked them profusely. Not surprisingly, Mr. Holland didn't recognize their faces.

"It's nice to see you looking so well. The last time I saw you, you weren't doing so good," Mrs. Purcell joked.

On Monday, Dec. 2 at about 5:45 p.m., Mrs. Purcell was close to finishing her shift in the Bayside well-

ness center when from across the room she saw Mr. Holland sort of "crumble to the ground."

"I thought he was having a seizure and I ran over and rolled him on his back and cleared his airway. I called out to see if there was a doctor there and luckily there were four physicians in the room. A member asked if she could help and dialed 911. I called Meagan upstairs who responded with the AED (automated external defibrillator)," Mrs. Purcell said.

Meanwhile, one of the physicians (who wished to remain anonymous) performed CPR on Mr. Holland.

Mrs. McKissick retrieved one of the three AEDs the YMCA has on hand and started the process of administering the device.

"I unzipped it and handed the

pads to one of the physicians on hand and followed the instructions. The device worked perfectly and was only needed to be used the one time. I think he needed the shock and regained a steady heartbeat," she said.

An AED is a portable device that checks the heart rhythm and sends an electric shock to the heart to try to restore a normal rhythm. They are used in situations like this one to treat sudden cardiac arrest (SCA).

If it wasn't for staff jumping into action and the availability of the AED, the outcome may have been very different and very tragic.

SCA usually causes death if it's not treated within minutes. In fact, each minute of SCA leads to a 10 percent reduction in survival.

Frank Legro, a staff member and personal friend of the Holland fam-

ily, called Mrs. Holland on her cell phone and said her husband was "down" and the ambulance was on the way.

Rescue teams from both Barrington and Warren arrived within minutes of receiving the 911 call and took over for the volunteer rescuers. EMTs were working on the her husband when Mrs. Holland arrived. He had regained consciousness and although confused, he was alert.

"I'm a pretty calm person and actually thought he broke a leg or something. When I arrived, Frank (Legro) was waiting and took me by the hand to Steve. He was alert and talking and I heard him say to the EMTs, 'don't cut my shirt'. I knew he was alright then," she said.

In the chaos of leaving for Rhode Island Hospital Mrs. Holland said out loud, "What about my car?"

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# PARK: 'There's nowhere for us to go'

From Page 1

raising the \$50,000 to purchase the necessary skate park equipment.

"Me and my friends, we're tired of getting kicked out of places," Alex said. "There's nowhere for us to go."

That point took center stage at the Dec. 2 town council meeting.

About half-way through the meeting, Barrington Police Chief John LaCross approached the council with some suggested alterations to a local ordinance governing disorderly conduct. Chief LaCross asked the council to approve one part of the language regarding willful trespassing; he said the current statute said trespassers can be notified by land owners, but he wanted to give some power to his officers, so they too could alert people who are illegally trespassing on other's property.

Chief LaCross cited an ongoing issue with teenagers hanging out in the parking lot behind Rite Aid or next to Shaw's or behind the Daily Scoop ice cream shop. He said his officers often confront skateboarders or bikers and disperse the crowd, only to see them gather again in the same space a short while later.

"This gives a little more authority to the police officer," Chief LaCross said during the meeting.

In a follow-up interview, the police chief said he fully supports having a skate park in Barrington, although he questioned the liability concerns surrounding a park.

"Right now there's no place for them to go, no place to hang out," Chief LaCross said.

Walter Burke faced the same dilemma about 15 years ago.

The director of the Bristol Recreation Department was constantly hearing complaints from local shop owners and town officials about teenagers skateboarding on both public and private property. At the same time, he could understand the frustration of the teens who were regularly being told to "take a hike."

Mr. Burke decided to do something about the situation and eventually constructed the first municipal skate park in Rhode Island. The facility — it features concrete ramps and other structures — is located inside Colt State Park.

Liability insurance was an issue then also, so Mr. Burke approached a representative from the Rhode Island Interlocal Trust, the organization that insures most municipalities in the state. Relying heavily on what some other states had already created, Mr. Burke drafted the first specifications regarding skate parks.

Now, more than a dozen cities and towns in Rhode Island have municipal skate parks, including one in Pawtucket that thoroughly impressed Mr. Burke.

"In my opinion, that one's the



Alex Raad says there is an overwhelming need to provide a bike/skate park in Barrington.

best around," he said.

Alex Raad said he is hopeful that Barrington officials and volunteers can strike a deal with the Legion Way location. He said he would like to see movable equipment installed at the rink during the warm weather months and then stored off the surface when winter sets in.

Last Wednesday afternoon, as the temperature started to drop, Alex and a friend met at Legion Way to do some bike riding. They jumped their bikes onto large rocks that surround the rink and then paused to think about the park that could be: "That would be great," Alex said. "This would be perfect."

# Some new faces on local boards and commissions

## Council also approves some resignation

The Barrington Town Council was kept busy earlier this month as members approved a series of resignations, non-reappointments, reappointments and new appointments. Following is a breakdown of the action:

### Resignations

- Patricia Byrnes from the juvenile hearing board
- Peter Costa, Jr. from the park and recreation commission

### Reappointments

- Ed McKinlay to the park and recreation commission
- Peter Dennehy to zoning board of review
- Elizabeth Henderson to the zoning board of review
- Patrick Connors to the building board of review
- Douglas Materne to the conservation commission
- Anne Chapin to the harbor commission

- Edward Schottland to the harbor commission
- Daniel O'Mahony to the library trustees
- Laura Young to the library trustees
- Robert Hart to the energy committee
- Tiffany Hogan to the energy committee
- Tony Arico to the park and recreation commission
- Mark Hanchar from the building board of review
- Linda Testa from the housing board of trustees
- Edward Ionata from the conservation commission
- Christina Larisa to the park and recreation commission
- Robert Black to the cemetery commission
- Chad Mollica to the committee on appropriations
- William Cauley to the juvenile hearing board

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# Police: Sexual assault case faced logistical challenges

An investigation that led to the arrest of two 14 year-old Barrington boys — each charged with first degree sexual assault — faced a series of logistical challenges, said the police chief, and therefore required a lengthy period of time to complete.

Barrington Police Chief John LaCross said the state Department of Children Youth and Families contacted his detectives in 2012 regarding the case. It was alleged that a local boy — he was 12 at the time — had forced his younger sister to perform a sexual act on him. It was also alleged that he had his sister do the same thing to one of his friends, who was also 12 years old. The victim was 9 years old when the incidents occurred. Police said the alleged crimes took place in the home of the suspect and his sister.

Once notified by DCYF, police

began investigating the claims right away but faced some challenges, said Chief LaCross. He said one of the suspects did not live in town and was not being made available to detectives. The chief said detectives also needed to interview a number of individuals prior to lodging any formal charges.

“You just don’t want to go out and let the case fall through the cracks because you didn’t do your homework,” Chief LaCross said. “You need to do your due diligence to build a strong case.

“We were trying to substantiate the allegations.”

In late November, police charged the two boys — each is now 14 years old. One has already appeared in Family Court, although the chief said sentencing of juvenile cases in the Family Court is not public record.

## POLICE REPORT

# Man lies to gain access to local school

### Monday, Dec. 9

A Boyce Avenue resident reported an attempted internet scam to police. She said she was trying to sell an item on craigslist.com and received a suspicious offer from someone.

School officials at Hampden Meadows called police after an older man stopped by the school and asked to be buzzed into the building. An employee asked the man why he wanted to enter the school and he said he had papers to drop off, but once she buzzed him through the subject headed straight for a boys’ restroom. A school employee stopped the man and told him he needed to use the adult restroom. He went to that bathroom, but upon finding it occupied, went back and used the boys’ restroom. School officials recorded the license plate number of the man’s car and police later stopped by his home. The man apologized for the situation and said it was an emergency and he needed to use a bathroom badly. Asked why he lied to a school worker, he said he was too embarrassed to tell them he needed to use the bathroom.

A Maple Avenue resident told police he had been scammed out of \$2,700 when he tried to purchase an ATV on craigslist.com.

A Foote Street resident was bitten on the finger by a cat.

### Tuesday, Dec. 10

Police arrested **Mark A. Lacharite**, 49, of Warren, on a bench warrant issued from Sixth Division District Court for failure to appear in court on a prior indecent exposure charge. An officer stopped the car Mr. Lacharite was driving for a roadway violation.

Police issued a Warren man a ticket for trespassing after he crossed onto an Adams Point Road resident’s property in order to dig clams.

Someone illegally dumped lumber and construction material on South Lake Drive near the Sowams Woods sign. Anyone with information should call police at 437-3933.

A Massasoit Avenue resident reported a credit card scam — she said she received a credit card in the mail that she did not apply for and later received a bill from that card.

Police arrested **Grace Mathews**, 19, of 146 County Road, and **Andrew J. Wood**, 20, of the same address, on separate bench warrants issued from Sixth Division District Court for failure to appear in court for driving with a suspended license charges.

### Wednesday, Dec. 11

An officer questioned an East Providence motorist after the policeman saw the man driving through a Barrington neighborhood at 3 a.m. The East Providence man said he was trying to get to a friend’s house, but was lost.

A Lillis Avenue resident told police she received a phone call from someone who wanted to set up an appointment to repair tornado damage done to her home.

A Nayatt Road resident reported damage to her car after she drove over a pothole located on Middle Highway.

A Rumstick Road resident said someone called her home trying to get personal information from her. She did not oblige.

A Barrington Middle School teacher contacted police after one of her students alleged a physical assault took place at his home. Police investigated and found the claim to be false. The student later admitted to lying.

### Thursday, Dec. 12

A Barrington police officer was injured during a training exercise at the Barrington Public Safety building.

A resident reported damage to her car after she drove over a pothole located on the White Church Bridge.

Police charged **Todd M. Treanor**, 44, of 92 Governor Bradford Drive, with domestic-simple assault/battery, after he allegedly shoved his wife.

A woman came to the police station to claim a wallet left at Mohegan Sun casino recently.

### Friday, Dec. 13

An employee at Rhode Island Country Club told police someone broke into a maintenance shed there. Nothing was reported missing.

An elderly Barrington woman told police a landscaper was not listening to her requests for him to stop working at her property. She had already paid more than \$1,500 to the landscaper and did not require his services, although he continued to show up. Police are trying to contact the man.

A resident reported damage to his car after he drove over a pothole located on Middle Highway.

A Mason Road resident reported her son’s cell phone missing.

A resident reported damage to his car after he drove over a pothole located on Middle Highway.

### Saturday, Dec. 14

Fire crews responded to a fire inside the paper recycling bin at the department of public works on Upland Way.

A dog became stuck under a resident’s deck after it chased a possum under the structure. Police eventually dismantled part of the deck to free the animals. The possum later died from injuries incurred during the fight. The dog, a terrier, received minor injuries but is being quarantined because it is not up to date on its vaccinations.

A resident reported damage to his car after he drove over a pothole located on Middle Highway.

Police issued a ticket to a 15-year-old Barrington boy for driving without a license. The boy originally told police an unidentified vehicle struck the car while it was parked in the driveway, but later he admitted to hitting a tree while driving the car down Christine Drive.

### Sunday, Dec. 15

An Annawamscutt Road resident told police someone entered his vehicles while they were parked outside his home and stole a navigational system and \$8 in change.

Police responded to an Edgewood Drive residence for a domestic dispute. No one was charged.

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Sugar, of course, contributes to other problems as well, like obesity and diabetes. Some items that you may think are healthy substitutes for sugar, like honey, molasses or corn syrup, may actually be worse for you because they are sticky and cling to teeth more easily than refined sugar. Hard candies are especially bad because they take a long time to dissolve and keep teeth bathed in sugar. Talk with your dentist for suggestions on healthy snacks you might be able to substitute for a sugary one.

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# Churches are celebrating Christmas with carols and candlelight

Readings, carols and special music are among the highlights of church services as area Christians celebrate the birth of Christ.

## Churches invited to send holiday schedules

The Barrington Times is listing local church services for Christmas, New Year's and Twelfth Night in upcoming issues. Local congregations are invited to send us their schedules and information on concerts, plays, nativities and other Christmas-related activities. Please include the name of your current minister or priest. There is no charge for the listings.

Send schedules to Lynda Rego, Barrington Times, P.O. Box 90, Bristol, RI 02809; e-mail them to [lrego@eastbaynewspapers.com](mailto:lrego@eastbaynewspapers.com) or fax them to 253-6055. The deadline is at 9 a.m. on Friday.

245-2218

### Barrington United Methodist Church

The Rev. Byungmoo Lee  
230 Washington Road  
[www.barringtonumc.org](http://www.barringtonumc.org)  
245-2385

A Christmas Eve service is at

6:30 p.m. on Tuesday, Dec. 24. There will be scripture, an inspiring message by Rev. Byungmoo Lee, candles, poinsettias, and special music showcasing world-renowned classical guitarist Joseph Halajko.

**Holy Angels Church**  
The Rev. Raymond Ferrick  
341 Maple Ave.  
245-7743

**St. James Lutheran Church**  
The Rev. Andrew Simon  
49 Middle Highway  
246-0227  
<http://stjames-ri.org>

**St. John's Episcopal Church**  
The Rev. Robert K Marshall, rector  
191 County Road  
245-4065

[www.stjohnsbarrington.org](http://www.stjohnsbarrington.org)

On Christmas Eve, Tuesday, Dec. 24, there are three services — a Holy Eucharist is at noon, the children's Christmas pageant is at 4 p.m. and a Holy Eucharist is at 7 p.m. and 10 p.m.

On Christmas Day, Wednesday, Dec. 25, a Holy Eucharist is at 10 a.m.



**St. Luke's Church**  
The Rev. Robert F. Hawkins, pastor  
The Rev. Lukasz Willenberg, associate pastor  
108 Washington Road  
246-1212

**Sts. Matthew and Mark Episcopal Church**  
The Rev. Stephanie Shoemaker, interim priest  
5 Chapel Road  
245-3690

**Barrington Baptist Church**  
Pastor Paul Martins  
25 Old County Road  
246-0188  
[www.bbcri.org](http://www.bbcri.org)

**Barrington Congregational Church, UCC**  
The Rev. Dr. Jeffrey W. Larsen  
461 County Road  
246-0111  
[www.bccucc.org](http://www.bccucc.org)

On Christmas Eve, Tuesday, Dec. 24, a family worship service with story for children is at 5 p.m. All are invited to come dressed as a character or animal from the nativity story.

And, at 10 p.m. there is a worship service with readings and carols with the adult choir.

There are no services on Christmas Day.

**Barrington Presbyterian Church**  
The Rev. Patrick Notley  
400 County Road  
[www.barringtontable.wordpress.com](http://www.barringtontable.wordpress.com)

## Lunch and Christmas party at senior center Friday; but, sign up ahead for lunch

The Barrington Senior Center, 281 County Road, has a variety of activities planned and is open from 9 a.m. to 4 p.m. Monday to Friday. For more information, or to sign up, call 247-1926.

Note, there will be no band music on Dec. 18 and 25.

A Christmas party is at the senior center on Friday, Dec. 20, at 1 p.m. The holiday celebration features band music, chorus performance and refreshments.

Come early for a delicious meal of pasta e fagioli, stuffed chicken, mashed sweet potatoes, green beans almondine and a gingerbread dessert. But, sign up for lunch ahead as space is limited.

The senior center will be closed for the Christmas holiday on Tuesday and Wednesday, Dec. 24 and

25.

The senior center is Wi-Fi accessible. Bring your personal laptop computer, iPhone, PDA or other Wi-Fi enabled device and take advantage of this free service.

Anyone over age 60 with income at or below the gross income shown below, may be eligible for SNAP (formerly food stamps): household of one, \$1,670 monthly gross income; and household of two, \$2,247 monthly gross income. Call the senior center to set up an appointment.

The center van brings Barrington seniors grocery shopping to Shaw's on Fridays from 8:30 to 9:30 a.m. Call the center to reserve a spot.

### Ongoing

On Wednesdays, cribbage is at

9:30 a.m., knitting is at 10 a.m., mindful breathing is at 10:30 a.m., and men's bridge is at 12:30 p.m. Music for listening and dancing is at 1 p.m.

Free blood pressure screenings are from 10:30 to 11:30 a.m. on Thursdays. All seniors are welcome.

Services are provided by East Bay Manor, Evergreen House Health Care Center, VNS, Grace Barker Nursing Center and the Willows Assisted Living and Day-Hab, and Atria Bay Spring Village.

On Thursdays, bingo is at 1 p.m. Janet Holmes is available on Fridays from 9 a.m. to 3 p.m. She is a Senior Health Insurance Program (SHIP) specialist and can offer information and assistance with health insurance concerns to

seniors and Medicare beneficiaries. She also can help with your medical bills. Call the center for an appointment.

T'ai chi is on Fridays from 9:30 to 10:30 a.m. with Edna. It is sponsored by the Bayside YMCA. The ancient art uses gentle flowing movements to reduce stress and improve balance and health. Come try it, it's free.

On Fridays, the scrabble club meets from 10 a.m. to noon. Yoga is at 1 p.m. with instructor Susan Bayley from the Bayside YMCA. Flexibility, balance and strength

are the benefits. Come try it, it's free. All are welcome.

On Mondays and Wednesdays, chair yoga is at 9:30 a.m.

On Mondays, mah jongg is at 1 p.m. and duplicate bridge is at 6:30 p.m. (except on holidays).

A walking club is from 10:45 to 11:30 a.m. Monday, Wednesday and Friday. Karen Kalia of the Bayside YMCA leads the group.

Chorus practice is at 1 p.m. on Tuesdays.

Senior strength training is at 9:30 a.m. Tuesdays and Thursdays.

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## AROUND TOWN

## Free counseling for your small business

Anyone interested in a free, confidential mentoring session can contact the East Bay Chamber of Commerce to meet with a SCORE business counselor. Appointments are available on Fridays at 9:30 or 10:30 a.m. at the Chamber office, 16 Cutler St., Suite 102, Warren.

Learn more about how to grow, expand or manage your business with a face-to-face consultation with a business professional who has owned a variety of businesses for 40 years and can help with your questions or problems.

You decide the level of assistance you would like, and the number of sessions, based on your needs. Call the Chamber office at 245-0750 for more information.

## Ballroom and Latin dancing is on Fridays

Weekly ballroom and Latin dancing classes and socials are from 7 to 11 p.m. on Fridays at the Democratic Club, 186 Roffee St. No partner is needed to learn — singles and couples are welcome. Absolute beginners are welcome. On the first Friday of every month, there is music by K&S.

A beginner dance class by Nelia Lawton is from 7 to 8 p.m., with a social dance party from 8 to 11. Two dances are taught each month.

Admission at the door is \$15 for adults and \$8 for teens, with complimentary coffee, tea, pizza salad and dessert, and a cash bar. Call 245-1119 or visit [www.DanceNelia.com](http://www.DanceNelia.com) for more information.

## Free Fit Camp offered on Saturdays

A free Community Fit Camp will be offered on Saturdays from 8 to 8:45 a.m. at Barrington Congregational Church, 461 County Road. It is geared to all people of all ages

starting from beginners to intermediate, and advanced.

Denia Affonso is a personal trainer of 11 years. She modifies all the exercises to fit each individual fitness level. She hopes to build a healthier and more active community. All are invited.

## Elks and Broadway Merrill holding raffles

Once again, the Bristol County Elks and the Merrill Lounge (now called the Broadway Merrill) will hold their fall/winter raffles at the Broadway Merrill, 535 North Broadway, East Providence.

The raffles are open to the public and are from 2:30 to 4:30 p.m. on Saturdays through Saturday, Dec. 21, with chances to win great prizes like giant lobsters and flat screen TVs.

Funds raised benefit charitable causes of the Elks, including the East Bay Cares Program, scholarships, veterans and more.

## Duplicate Bridge Club won't meet Dec. 23 or 30

The Barrington Duplicate Bridge Club will not meet on Mondays, Dec. 23 and 30, due to the holidays. Games will resume on Jan. 6.

Ralph Wilk and Ken Wright were the first-place winners on the North/South team at a recent meeting. Coming in second were Bill and Tina Carr. And, tied for third were Ann Desrosiers and Marie Fournier with Ann Greene and Sheila Hutton.

Fran Hartwell and Ed Clegg finished in first place on the East/West team. They were followed by Marcia Hess and Ed Mehlman, second; Jim Schomer and Pete Deal, third; and Anita Goff and Elaine Tobey, fourth.

Ann Greene and Sheila Hutton were the first-place winners on the North/South team at last week's meeting. Coming in second were Pat Davitt and Nancy Lukasiewicz; third, Ralph Wilk and Ken Wright; and fourth, Bill and



## Circle of Friends Club holds annual Holiday Party

Circle of Friends' annual Holiday Party at the Barrington Senior Center was enjoyed by 30 youth recently. There was dancing, refreshments and crafts. The party was sponsored by the Barrington Recreation Department. Circle of Friends Club - East Bay is for youth to socialize and experience their community. It is for youth, with and without disabilities. For more information, contact Michele Geremia, director, at [mgeremia@barrington.ri.gov](mailto:mgeremia@barrington.ri.gov) or 247-1925.

Tina Carr.

Deb Zuckerman and Linda Fain finished in first place on the East/West team. They were followed by Bill Ward and Mary Hendricks, second; Jim Schomer and Pete Deal, third; and Dottie McCulloch and Rae Wyche, fourth.

## School's Out Program open to ages 6 to 12

The Barrington Recreation Department will present the School's Out program on Thursday and Friday, Dec. 26 and 27, and Monday, Dec. 30, at Barrington Middle School, Middle Highway. There are two sessions — from 9 a.m. to noon and from 12:30 to 3:30 p.m.

It is for ages 6 to 12 and is \$5 per session. For more information,

contact the recreation department at [recreation@barrington.ri.gov](mailto:recreation@barrington.ri.gov) or call 247-1925 between 9 a.m. and 3 p.m.

## Art exhibit at Temple Habonim

Prints, landscapes and cut-paper wall sculpture are on exhibit in a show at the gallery at Temple Habonim, 165 New Meadow Road. The show features three noted Rhode Island artists, Carol FitzSimonds, Wendy Ingram and Robert Pillsbury, and continues through Jan. 2.

Carol Strause FitzSimonds is a printmaker, book artist, instructor and gallery curator. Her work has been exhibited throughout the world and is included in the Smithsonian Museum of American History. In this exhibit she is showing her expertise in the art of printmaking.

Wendy Ingram artfully captures the beauty around us with her skill as an oil painter. Her landscapes demonstrate her masterful use of color and brush. She is a graduate of RISD, has exhibited in New York and Washington, and is a co-founder and director of The Art Connection-RI.

Robert Pillsbury, a cut-paper artist, creates three-dimensional surfaces using layered cut-paper and other two dimensional sheet materials. An architect with a degree from Harvard School of Design, his work reflects his expertise in the use of spatial relationships.

Gallery hours are from 9 a.m. to 4 p.m. Wednesdays and Thursdays, from 9 a.m. to 1 p.m. Fridays and by appointment. For information, call 245-6536 or e-mail [gallery@templehabonim.org](mailto:gallery@templehabonim.org).

## Annual food drive and collections under way

Cynthia Ann Bussard, a traveling piano teacher in Barrington, will hold her annual food drive now through January to help fam-

## Christmas, New Year's change news deadlines

Christmas and New Year's are on Wednesdays this year, so the paper will be published on Tuesdays those two weeks.

Because of the holidays, the deadline for community news will be at 9 a.m. Friday, Dec. 20 for the Dec. 24 issue of the paper and at 9 a.m. on Friday, Dec. 27, for the Dec. 31 issue of the paper.

To get information into the Eight Days calendar in the Life section, the deadline is at noon on Thursdays, Dec. 19 and 26.

**To submit community news —**

■ E-mail your news to [lrego@eastbaynewspapers.com](mailto:lrego@eastbaynewspapers.com)

■ Mail it to Lynda Rego, Barrington Times, Community News, P.O. Box 90, Bristol, RI 02809

■ Fax it to 401/253-6055

■ Or, visit the website at [www.eastbayri.com](http://www.eastbayri.com) where you can fill out forms for engagements, weddings, anniversaries, births and achievements. They are under "Send Us Your News" at the bottom of the homepage.

For more information, call 253-6000, ext. 107.

Or stop by our office at 1 Bradford St., Bristol.

Photos are encouraged but cannot be returned, unless a self-addressed, stamped envelope is enclosed.

ilies in need.

She also collects clothing, gift cards and toys, backpacks, small containers of shampoo, toothpaste, mouthwash, face cloths, combs, hair brushes, towels, pillows, blankets, soap, etc., and coats, hats, gloves and boots.

She also takes collections for Christmas through December. In 2010 and 2011, she helped 14 families with holiday meals and about 10 homeless people, who are now back on their feet.

See **FACING PAGE**

## Tockwotton Means...

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# Community school offering a new season of courses and trips

Barrington Community School's winter/spring brochure has been mailed to previous participants, copies are available at area libraries and businesses, and the brochure can be read on the school's website at [www.barrcommschool.com](http://www.barrcommschool.com).

Numerous courses and trips are available for adults, seniors, teens and children.

Registration will continue through January and many classes will begin the week of Jan. 27.

A day trip to view "Impressionists on the Water" at the Peabody Essex Museum in Salem, Mass., is on Thursday, Jan. 16.

As an artistic subject, there could be no better match for the Impressionists than the element of water. Artists like Monet, Renoir, Sisley, Signac and Caillebotte (an accomplished sailor in his own right) are key Impressionists who spent many hours at sea, on river boats, leisure craft and floating studios.

Through nearly 60 oil paintings, works on paper, models and small

craft, the exhibition illuminates the importance that access to the sea and France's extensive inland waterways played in the development of one of the world's most robust artistic movements.

There will be a guided tour of the exhibition and time to view other special exhibitions on view, as well as the museum's vast permanent collection of artistic treasures from around the world, including Asian export art, marine art and American decorative art.

Lunch at the museum café or walk the short distance to Pickering Wharf to shop or visit one of the area's waterfront restaurants before mid-afternoon departure.

Barrington departure by motorcoach is at 7:45 a.m., with a Providence pickup at 8:05, and a return at about 5 p.m.

The trip fee of \$60 for BCS members and \$70 for non-members includes museum admission, guided tour of the special exhibition, BCS escort, motorcoach transportation and driver tip.

The first session of "Great

Movies - Great Discussions" is on Wednesday, Jan. 22, to be followed in summer with other titles.

While viewing some of the greatest American films, adult learners will examine them in historic and dramatic context. The series begins with "Gone With The Wind," one of the most popular and celebrated movies of all time. Richard Tyre, Ph.D., will lead the discussion.

The 1939 American epic, adapted from Margaret Mitchell's Pulitzer Prize-winning 1936 novel, is set in the 19th-century American South against the backdrop of the Civil War and Reconstruction era.

It tells the story of Scarlett O'Hara (Vivien Leigh) and her romantic pursuit of Ashley Wilkes

and her marriage to the dashing Rhett Butler (Clark Gable).

The class will meet from 11 a.m. to 1:30 p.m. at Atria Bay Spring Village, 147 Bay Spring Ave., Barrington. Participants may bring a bag lunch. The fee is \$18 for BCS members and \$22 for non-members.

Note the following additions, changes and corrections to new programs:

- The date of the field trip for the Chekhov course to attend a performance of "The Seagull" has been changed; the new date is Saturday, April 5.

- The itinerary for the March 6 and 7 trip to the Philadelphia Flower Show will include a visit to the New York Botanical Garden's annual orchid display, "Key West."

It replaces a visit to Duke Farms and will take place en route to Philadelphia.

- The date of the day trip to Concord, Mass., a field trip planned to supplement a course on Hawthorne, is Tuesday, May 13, not May 1, a typographical error.

- The Boston Pops concert date has been confirmed by Symphony Hall and will take place on Saturday, May 17.

The 3 p.m. matinee, "Cirque de la Symphonie," is appropriate for all ages. Students 12 and under are entitled to a discounted trip fee of \$65.

Call the BCS office at 245-0432 for more information on courses, trips and holiday gift certificates Or, e-mail [barrcomm@bcs.necoxmail.com](mailto:barrcomm@bcs.necoxmail.com).

## AT THE LIBRARY

### Special hours for the holidays

The Barrington Public Library will be closed on Tuesday, Dec. 24, at 12:30 p.m. and all day Wednesday, Dec. 25.

The library will also close at 4:30 p.m. on Tuesday, Dec. 31, and be closed all day on Wednesday, Jan. 1.

### Ceruleans exhibiting art during December

Throughout the month of December, the library is displaying work by the Ceruleans, a group of award-winning female artists. Among the group are Rhode Island painters, illustrators and printmakers Bonnie Buck, Barbara Canning, Bettine Fitzgerald Costa, Elaine Devonis, Susan Escherich, Barbara Harris, Vicki Iannuccillo, Joan Kenower and Suzanne Lewis.

Founded in 2005 at Rhode Island School of Design, the artists share a strong belief that art

enhances life. The Ceruleans meet regularly to draw and paint together, to share ideas and techniques and to critique each others work.

### Teens can create an animation short

On Monday, Dec. 30, "Afternoon Animation" is from 3 to 5:30 p.m. Teens are invited to create a stop motion animation short. Bring in your own items to animate, draw something, or use some of the library's "toys" or books.

Find out more about the Animation Club that will be forming

in mid-January.

*Barrington Public Library is at 281 County Road. Library hours are from 9 a.m. to 9 p.m. Monday to Thursday, from 9 a.m. to 5 p.m. Friday and Saturday, and from 1 to 5 p.m. Sundays. For more information, call 247-1920 or visit [www.barringtonlibrary.org](http://www.barringtonlibrary.org). The library will provide accommodations to ensure equal participation in all meetings and programs. Requests for accommodations may be made in writing to the library director, by voice at 247-1920, ext. 305, or at 711 "relay" if using TDY or TDD.*

## ON THE MOVE

MARY DeWITT of Barrington has joined HCC Marketing as operations manager. She will be responsible for the day-to-day operations of the company and will also support the creative services and account management teams. She brings an extensive background in financial services marketing both on the client and agency side, having worked at Fleet Financial Group and Duffy and Shanley. She has a bachelor of arts degree in communications from Boston College. HCC Marketing is a full-service marketing communications company based in Barrington.



## AT THE SCHOOLS

### Christmas program at Christian Academy

Barrington Christian Academy will present its annual Christmas program on Thursday, Dec. 19, at 1 p.m. and Friday, Dec. 20, at 7 p.m. Directed by Mrs. Pamela Poniatowski, it features the choral groups of the school, the guitar ensemble, and all the elementary classes.

The dramatic musical portion of the program, "We Three Spies," is by Christy and Daniel Semsen and features a cast of elementary

and middle school students. The program is free and open to anyone who would like to attend.

Last week, the Parent-Teacher Fellowship provided the annual Christmas Boutique for all students to shop for gifts for their families. Personal shoppers and wrappers helped the youngest students.

BCA's next open house is on Saturday, Jan. 11, from 10 a.m. to noon. There also will be a fundraising breakfast that morning to raise funds for the Mississippi Mission trip that sophomores will participate in during March.

## AROUND TOWN

From **FACING PAGE**

Call 632-7197 if you would like to donate and for her address if you would like to mail a donation.

### Newcomers and Neighbors open to all

Barrington Neighbors and Newcomers offers recreational and community-building activities for East Bay families. You don't have to be a newcomer to join them

The group has organized daytime tennis, a book club, Bike Pathers running club, evening social events, wine club, toddlers playgroup, and more. Visit them at [www.barringtonneighborsri.com](http://www.barringtonneighborsri.com) to join, and for more information. Or, call Mary Jo Finkenstaedt,

membership chairwoman, at 508/954-4548.

### Free advice from SCORE counselor

A SCORE retail counselor is available to advise retail business owners on how to generate additional sales and improve customer service. The counselor will conduct an onsite visit in your store and consult with owners and managers.

The SCORE counselor has 42 years of experience with management, merchandising and store layout/design. To take advantage of this free service, contact the East Bay Chamber of Commerce at 245-0750 or e-mail [smunroe@eastbaychamberri.org](mailto:smunroe@eastbaychamberri.org).

## ACHIEVEMENTS

KATHERINE WILHELM recently performed in the annual St. Olaf College Christmas Festival in Northfield, Minn. A history major at the college, she is a member of the St. Olaf Orchestra. The St. Olaf Christmas Festival is one of the oldest musical celebrations of Christmas in the United States. It

features more than 500 student musicians who are members of five choirs and the St. Olaf Orchestra. The festival is broadcast nationwide on public television and radio. Ms. Wilhelm is the daughter of John and Patricia Wilhelm of Barrington and is a graduate of Barrington High School.

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## Strong start for Barrington boys' indoor track team

*Barrington knocks off Mt. Pleasant, Hope*

BY ERIC DICKERVITZ

edickervitz@eastbaynewspapers.com

The Barrington High School boys' indoor track team got off on the right foot, scoring wins against Mt. Pleasant and Hope High School in the first dual meet of the season.

"We had a pretty good start," said head coach Bill Barrass. "It is always a slow start to the indoor season. We have yet to add a number of our football players, who just ended the fall season. Nevertheless, we did come out of the evening with our first two wins."

The schools squared off on Wednesday, Dec. 11 at Providence Career and Technical Academy, where the Eagles dominated the meet in both track and field events, beating Mt. Pleasant 86-17 and Hope High School 66-38.

Junior Adam Kelly out-threw his nearest competitors well beyond their reach, tossing the shot put 43-feet and three-quarter inches, and the weight 75 feet, five and one-half inches. That distance in the weight throw, said Mr. Barrass, was farther than the winning throw in last winter's state championship meet.

In the high jump, Max Caro and Jamie Heintz took the top two spots after clearing 5 feet 6 inches, and 5 feet 4 inches, respectively. Caro's long jump wasn't enough to beat the winning jump of 20'6.75", but for his first jump of the season to be over 20-feet, Mr. Barrass was satisfied with that performance.

On the oval, the Eagles took first in five of the nine events they entered. Sam Somera finished first in both the 1,000 meter and 3,000 meter races. In the 1,000, the race for first was between Eagles, as Kieran McGartoll crossed the line a mere .07 seconds after Somera.

A similar battle took place in the 600 meter, where Lucas Bledsoe outran teammate Marcus Sefranek by 5 seconds. But in the 1,500 meter distance, it was Sefranek who outpaced fellow Eagle, Joe Regan, for first place finishing a full 21 seconds ahead of Regan's second place run.

"All of the guys really set a good foundation to work on for the rest of the season," Mr. Barrass said. "Our (meet against) LaSalle on Wednesday of this week will be tough, but we'll just plan on putting our best team out there and see how things go. It is a long season. I am confident that we have a solid team that will put a number of individuals near the



PHOTOS BY RICHARD W. DIONNE JR.

Barrington's Lucas Bledsoe leads the pack at the 600 meter race during a recent track meet. He won the event with a time of 1:32.90.

top of their events, and we should be among the top teams in the state again this season."

### Girls meet

In the girls' meet on Thursday, Dec. 12, Laura Culligan took the only first place finish for the Eagles in their meet against Pilgrim and South Kingstown. Her time in the 600 meter event, 1:50.90, outpaced the second place runner by 2 seconds.

Brianna Gausland turned in a good performance for her first meet as a sophomore, taking second place in both the 55 and 300 meter events. In the 55 meter hurdles, Madeline Meranda took a second place, finishing 1 second behind the first place finisher.

The Eagles boys' team will compete in their next dual meet on Wednesday, Dec. 18 at 7:30 p.m. That meet will take place at the Providence Career and Technical Academy. The girls' team was scheduled to run on Tuesday, Dec. 17 at 5:30 p.m., also at PCTA.

### Barrington finishers

#### Boys' results

■ 55 meter — 3 Max Caro, 7.02;



Barrington's Sam Somera (front) and Kieran McGartoll (back) run the 1,000 meters. They placed first and second, respectively.

5 Aaron Weisberg, 7.23; 6 Will Riley, 7.49; 9 Sam Pomerantz, 7.81  
■ 300 meter — 3 Aaron Weisberg, 41.23; 5 Jake Ray, 42.45; 7 Ian

Fitzgerald, 46.33  
■ 600 meter — 1 Lucas Bledsoe, 1:32.90; 2 Marcus Sefranek, 1:37.60; 4 Teddy Ni, 1:42.10; 5

Krishnam Bonifaz, 1:44.30  
■ 1,000 meter — 1 Sam Somera,

See **FACING PAGE**



Barrington's Teddy Ni (right) hands the baton off to Lucas Bledsoe during the 4x4 relay.

## TRACK: Boys win early meet

From **FACING PAGE**

3:01.60; 2 Kieran McGartoll, 3:08.10; 3 Joe Regan, 3:13.00; 4 Collin Travassos, 3:14.80

■ 1,500 meter — 1 Marcus Sefranek, 4:37.80; 2 Joe Regan, 4:58.80; 3 Max Guerrieri, 5:01.60; 4 Max Mitchell, 5:05.60; 5 Alejandro Hamilton, 5:07.10

■ 3,000 meter — 1 Sam Somera, 9:47.80; 2 Lucas Bledsoe, 9:52.00; 3 Kieran McGartoll, 10:22.80; 4 Will Connelly, 10:23.80

■ 4x400 meter relay — 1 Barr., 4:08.10 (Lucas Bledsoe/Teddy Ni/Jake Ray/Sam Somera)

■ 4x200 meter relay — 2 1:41.90 Max Caro/Will Riley/Aaron Weisberg/Jake Ray

■ High jump — 1 Max Caro, 5'6"; 2 Jamie Heintz, Barr., 5'4"

■ Long jump — 2 Max Caro, 20'0.50"; 4 Jonathan Cavanagh, 17'9"

■ Shot put — 1 Adam Kelly, 43'0.75"; 4 Riley Saeger, 34'4"

■ Weight throw — 1 Adam Kelly, 75'5.5"; 4 Jamie Heintz, 46'1"; 5 Riley Saeger, 45'1"

### Girls' results

■ 55 meter — 2 Brianna Gaus-

land, 7.97; 9 Madeline Meranda, 8.72; 10 Mary Berkery, 9.06

■ 300 meter — 2 Brianna Gausland, 46.56; 10 Mary Berkery, 55.90

■ 600 meter — 1 Laura Culligan, 1:50.90; 4 Lusine Gazeryan, 1:55.00; 6 Lily Gagliano, 1:59.10

■ 1,000 meter — 6 Jordyn Fullaway, 3:51.20; 8 Emma Margulies, 4:20.70

■ 1,500 meter — 5 Lindsey Kloc, 5:50.80

■ 3,000 meter — 4 Elizabeth Sawyer, 12:09.90; 7 Haley Wohlever, 15:51.00

■ 55 meter hurdles — 2 Madeline Meranda, 10.33; 5 Chloe Mayhew, 11.53

■ 4x200 meter relay — 1 So. Kingstown, 1:55.10; 2 Pilgrim, 1:56.70; 3 Barr., 2:02.10

■ 4x400 meter relay — 1 So. Kingstown, 4:34.90; 2 Pilgrim, 4:36.50; 3 Barr. 4:46.70

■ Long jump — 6 Sarah Uri, 11'10"

■ Shot put — 3 Rebecca Egge, 23'8.25"; 4 Olivia Casale, 19'11.5"

■ Weight throw — 2 Olivia Casale, 30'2.75"; 3 Rebecca Egge, 30'2.25"



Barrington's Lucas Bledsoe (right) hands the baton off to Marcus Sefranek, a team captain for the track team this year, during a relay event.

## Track captains offer secrets to success

*Adam Kelly and Marcus Sefranek lead talented team*

BY ALEX HUMMEL  
Special to The Times

Barrington boys' indoor track has had considerable success for the past few years, winning the Class B Championships in 2013 as well as producing some of the nation's best throwers and the state's best middle distance runners.

What seems to set them apart from the rest is their captains' dedication to the team as a whole.

Long distance captain Marcus Sefranek and throwing captain Adam Kelly have both been involved in indoor track since

freshman year.

Sefranek, a senior, placed sixth in the 1,500 meters last winter and Kelly, a junior, placed second in the state and 11th nationally in the weight throw. Despite competing at such a high level, the two leaders manage to connect with each and every member of the team.

"My role on the team as a captain is to lead the team as well as to provide an example for the younger members to follow," Kelly said. "I do this by attending every practice on time and showing up with a good attitude."

"I give advice and try to motivate everyone during practices and races," Sefranek added. "Leading the younger members of the team is my favorite part of being captain."

Sefranek and Kelly say they try many different tactics in order to boost team morale despite having to train outdoors in the cold weather during the winter.

"The best way to get people motivated... is to just carry on as if the temperature were 60 degrees, even if the actual temperature is bellowing freezing," Kelly said.

"Some of them are still getting used to the weather... during the cold indoor months," Sefranek added. "But I usually just tell everyone that the faster we get our run done, the less painful it will be. After all, no pain, no gain."

"Doing everything as a team makes facing the weather not as bad."

The boys will face LaSalle, PCD and Wheeler in a meet on Wednesday the Dec. 18.



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# Wrestling tourney tests Eagles' strongholds

BY ERIC DICKERVITZ  
edickervitz@eastbaynewspapers.com

Joining 17 teams from high schools across Rhode Island and Massachusetts, the Barrington wrestling team took an opportunity to tune their skills on Saturday, Dec. 14 at the Mt. Hope High School Holiday Wrestling Tournament.

This year's team has a number of freshman wrestlers who came through the middle school program, Mr. Genetti said. For many of them this was their first opportunity to wrestle at the high school level.

"We have the most freshmen we've had in a long time," he said.

Of them, Sam Lundsten, a middle school standout wrestler, gained weight during the off-season to compete in the 138 pound division in high school.

"He had a good tournament," Mr. Genetti said. The freshman finished second in his weight class at the tournament.

Overall, the Eagles finished tied for eighth on Saturday. The team competed without many of its starters who were either committed to college entrance exams on the day of the tournament or "dinged up from football," Mr. Genetti said.

Noah Robey, the Eagles' 220 pound senior, is said to be among

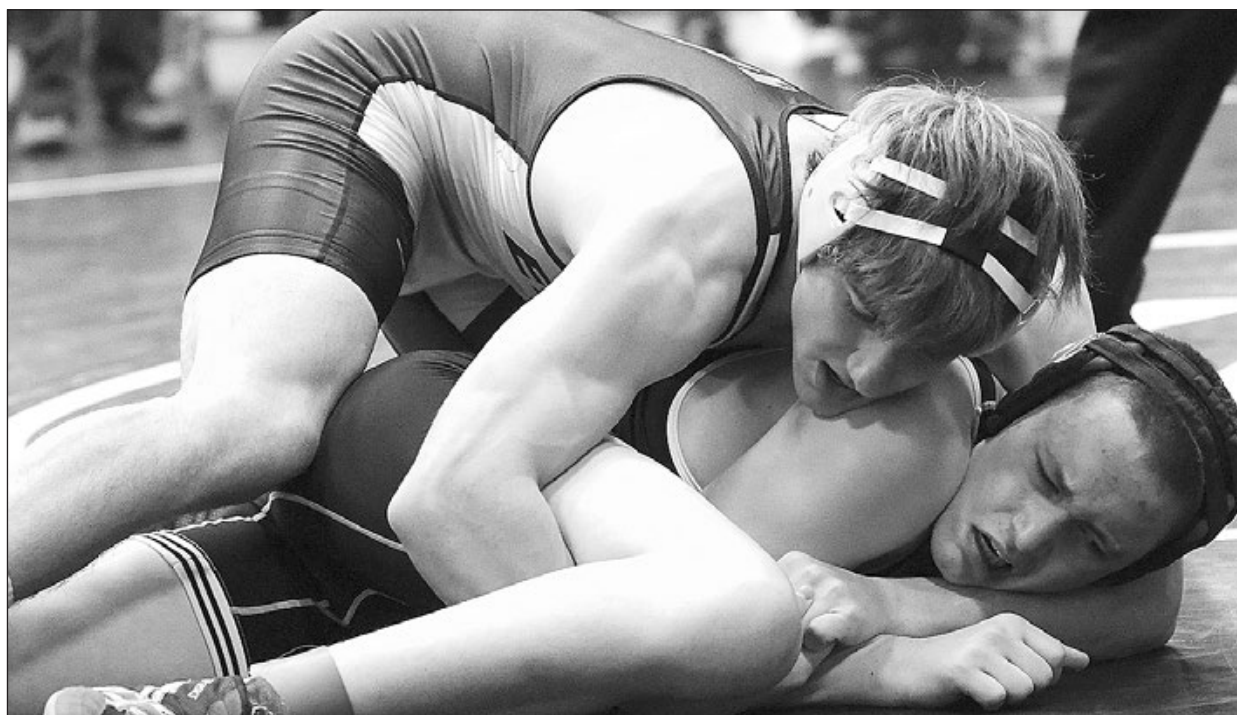
the top heavyweights in the state, Mr. Genetti said. Last year, Noah's only two losses of the season came in the state championship and the New England championship when he unknowingly wrestled with a fractured femur. Even then, he beat the third best wrestler in the state.

Robey finished third in his weight class at the tournament.

"We're satisfied," Mr. Genetti said of the team's performance in the pre-season tournament. "It's a good litmus test for our wrestlers."

### Tournament results

1. Franklin 190.0
2. Mt. Hope (A team) 157.5
3. Shawsheen Tech 156.0
4. Stoughton 146.5
5. LaSalle Academy 114.0
6. Johnston 83.5
7. Warwick Vets 83.0
7. Westfield 83.0
8. Barrington 58.0
8. Lincoln 58.0
9. Brockton 42.0
10. Brookline 39.5
11. Hope 37.0
12. Moses Brown 35.0
13. Middletown 22.0
13. Mt. Hope (B team) 22.0
14. Central Falls 16.0



PHOTOS BY RICHARD W. DIONNE JR.

Eagles 150 pound freshman Vasilius Meltsakos (top) wrestles an opponent during the meet on Saturday.



Eagles heavyweight Noah Robey pins an opponent in under 10 seconds during the meet.



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# Eagles open with wins over Div. I teams

*Daugherty, DeWolf lead talented Barrington High contingent*

BY MIKE REGO

mrego@eastbaynewspapers.com

The Barrington High School boys' basketball team opens up its 2013-14 Division II regular season slate this week carrying some lofty expectations.

The Eagles defeated Mt. Pleasant and East Providence last week, traditionally two of the hardest working programs in D-I.

Barrington was scheduled to play one last preseason game against Division I LaSalle before beginning its D-II-East trek with a home game against rival Portsmouth Friday night, Dec. 20.

In a 62-47 win over East Providence, Dec. 14, the Eagles trailed early, but broke open the contest just past the mid-point of the first half.

A 3-pointer from the corner by senior guard Matt Rota put Barrington on top (20-18) for what proved the rest of way. The visitors closed the opening 16 minutes on a 19-2 run to eventually take a comfortable 36-20 lead to intermission.

The Eagles' advantage continued to grow at the beginning of the second half. Barrington's outside-inside duo of standout junior guard Corey Daugherty and emerging sophomore forward Matt DeWolf each made a bucket at the start, raising the Eagles' lead to 20 (40-20) 45 seconds into the final stanza. The visitors' largest margin of the afternoon (49-26) came when Kevin Mannix (9 points) drove the baseline for a layup.

Daugherty, Barrington's floor leader, finished with a game-best 28 points, scoring 15 in the first and 13 in the second. DeWolf, at 6-foot-8 with the potential to become a real force on the interior for the Eagles, scored eight of 14 points before the break. His

presence and rebounding in the paint, coupled with the tenacious work by his mates on the perimeter spurred Barrington's first-half outburst.

"I think obviously Corey was our catalyst. He knocked down a couple of 3s, got a few steals for us, got us out in transition," said Barrington head coach Pat Sullivan. "But I think the key to the first half, which is what I said to them in the locker room, was that Matt DeWolf established the inside for us. He had eight first-half points. He started, took some time off on the bench, but was aggressive when he went back in. I think that made a huge difference for us."

Daugherty, who averaged just under 17 points while earning All-Division notice for a Barrington team that went 13-5 and won the II-East regular season title a year ago, has already received a firm college offer from Brown as well as other interest from mid-major programs.

"I couldn't be happier with where we are right now after just two weeks. We've beaten two Division I teams in Mt. Pleasant and East Providence. And as I told Alex, I thought the team he put out there tonight was very impressive. They're quick. They can shoot. They've got some size. So they gave us some challenges. We just have a good group of kids and one like Corey who is going to play at the Division I (college) level, that really helps out a lot."

Daugherty captains Barrington along with Mannix, a 6'2" junior wing player, and Rota. The trio along with DeWolf and sophomore guard Cameron Reilly comprised the Eagles' starting unit against the Townies. Junior guard Jacob Bonney and 6-foot-6 junior center Max Coutu comprise Barrington's solid seven-man rotation to begin the year.

The rest of the varsity roster includes junior guard Jon Freidman; sophomore guards Sam Onorato, Sam Burbank and Luke Foster; sophomore forwards Nick McGarry and Jack Johnson;

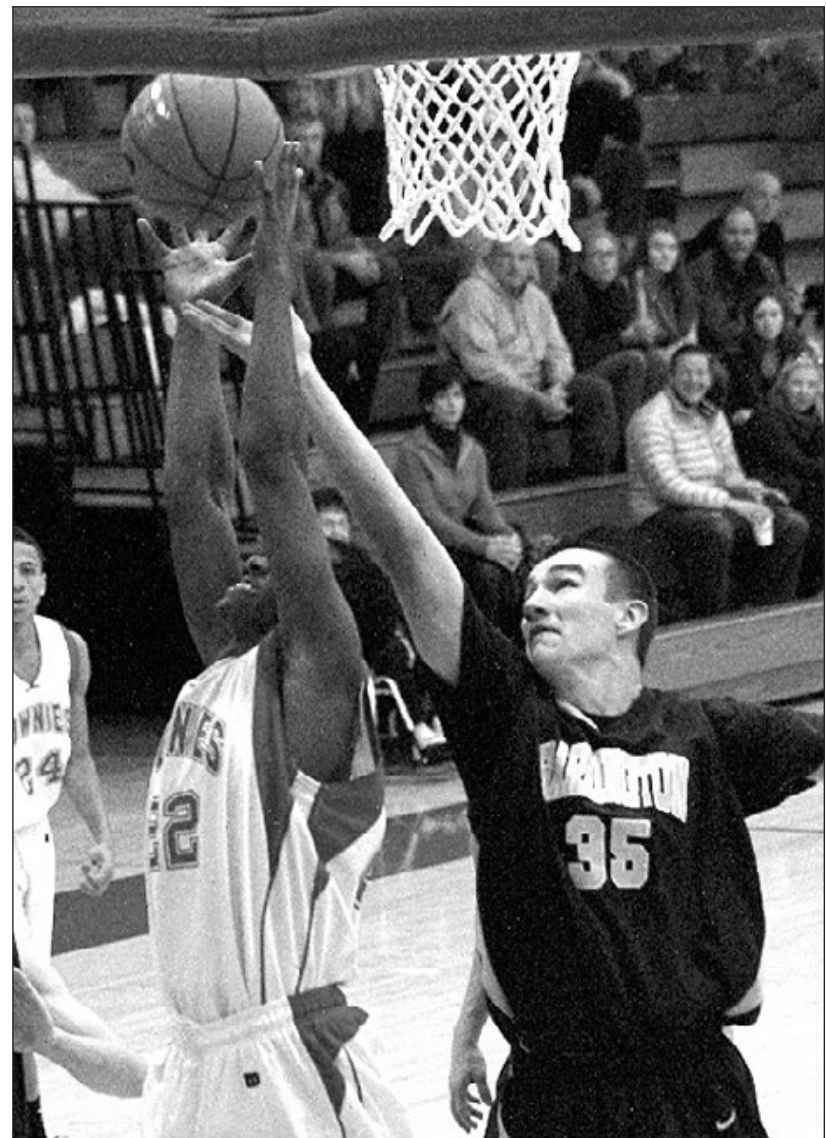
and freshman forward Mars Bishop.

"I would say seven or eight deep would be a comfortable number for us. If you look at what we did last year," Coach Sullivan said of the season ahead. "We won Division II-East. We lost to Cumberland, which went on to win the championship, in the semifinals of divisionals. And beat Mt. Pleasant to advance to the Elite Eight in the Open State Tournament before we lost to North Kingstown."

"Our plan is to advance deeper than we did last year, and we think we have the team to do it. It's just a matter of getting better. Like I tell them, we're not going to fly under the radar. It's just not going to happen. We just have to be ready to play every night."

The performances of DeWolf and Daugherty will play a significant role in helping the Eagles attain their goals in 2013-14.

"It's huge for us to have that inside-outside combination," Coach Sullivan added. "It's not only what Matt brings to us offensively, but defensively as well. He really disrupts shooters. He's a very good rebounder. He's just starting to realize his potential. He has tremendous upside. Corey is an elite player not just in our division, but in the state. He's a special kid, special player."



Barrington's Kevin Mannix (right) battles an East Providence player for a rebound.

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### Barrington roster

- 5 Samuel J. Onorato, guard, 5'11" So.
- 10 Jack W. Johnson, forward 6'0" So.
- 11 Samuel A. Burbank, guard 5'10" So.
- 15 Jonathan N. Freidman, guard 5'10" Jr.
- 22 Corey B. Daugherty (cptn.), guard 6'1" Jr.
- 23 Luke T. Foster, guard 6'1" So.
- 25 Jacob K. Bonney, guard 6'1" Jr.
- 30 Mars Bishop, guard 6'1" Fr.
- 32 Cameron D. Reilly, guard 6'1" So.
- 33 Nicholas J. McGarry, forward 6'1" So.
- 35 Kevin J. Mannix (Cptn.), forward/guard 6'2" Jr.
- 40 Matthew Q. Rota (Cptn.), guard 5'11" Sr.
- 42 Maxwell H. Coutu, center 6'6" Jr.
- 55 Matthew H. DeWolf, center/forward 6'8" So.

Find more photos at [eastbayri.com](http://eastbayri.com) 24/7

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Members of the Barrington Pop Warner Pee Wee cheerleading team, shown performing at a high school football game this fall, finished second in their division at nationals this month.

## Barrington girls finish second at nationals

*Pee Wee cheerleaders celebrate successful season*

The Barrington Pop Warner Pee Wee Cheerleading team finished second in its division at the national championships in Florida earlier this month. The team competed against 16 other teams from

across the country. The Eagles, competing in the level 2 medium division, finished with a score of 85.92 percent, just behind the top squad, Dracut Middies, who tallied an 87.86 percent score.

Linda Testa and her daughter Kayla Testa coached the Barrington Pee Wee Cheerleaders; the team finished second in the regionals in Springfield, Mass. earlier this year, securing a berth in the nationals.

## Barrington opens early lead, tops Bridgewater

*Sixth-graders open 31-18 half-time lead, win 47-38*

The Barrington Metro West boys sixth grade basketball team defeated a big, tough Bridgewater team 47-38 in its season opener at Barrington Middle School on Sunday, Dec. 8.

The Barrington squad started off hot with 20 points in the first quarter, and led 31-18 at the half. The team then took the opportunity to spread its offensive attack, with every player scoring in the win. Bridgewater turned up the energy in the second half, fighting back with some great drives and pounded the ball inside.

Barrington center Matt Peecher and guard Will Rywolt led Barrington

with nine points each, with Rywolt also tallying six assists. Guard/forward Ryan Bonneau had a strong game, with seven points and six steals. Guard/forward Brendan Conaty was clutch from the floor, adding seven points and several key rebounds.

Forward Jon Adamson asserted himself in the paint, keeping the much larger Bridgewater big men in check while contributing six points and a bunch of rebounds. Forward Andrew Monti was also solid underneath with five points and some timely boards.

Defensive stoppers Sam Tanous and Owen Thurston disrupted the Bridgewater guards all game long, forcing frequent turnovers and added two points each.

**Find more photos at eastbayri.com 24/7**

### LEGAL NOTICE

TOWN OF BARRINGTON, RI

NOTICE OF ABANDONMENT OF STELLA ROAD

At a meeting held November 4, 2013, the Barrington Town Council ordered the abandonment of Stella Road in the Town of Barrington because it found that the road ceased to be useful to the public. A copy of the minutes of the meeting during which the road was declared abandoned as well as a map of the road are available in the Town Clerk's Office located at the Town Hall, 283 County Road, Barrington, Rhode Island 02806.

By Order of the Town Council  
Meredith J. DeSisto, Town Clerk

December 4, 11, and 18, 2013



### OBITUARIES

#### Charles J. Mello

*Former heavy equipment operator for Barrington DPW*

Charles J. Mello, 75, of Riverside, died Thursday, Dec. 12, 2013. He was the husband of Shirley (Mallette) Mello.



He was born in Providence a son of the late Joseph and Bella (Travares)

Mello.

He was a heavy equipment operator for the Town of Barrington before retiring. He was a member of the Steelworker's Union and the Warren Indian Band.

Besides his wife, he leaves two sons, Charles "Chuck" Mello, Jr. of Pawtucket, Raymond Mello of East Providence; three daughters Sandra Walmsley of Providence, Beverly Santos of Pawtucket, Kathleen Mello of East Providence a sister Kathy Fialho of Florida; 10 grandchildren and 3 great-grandchildren. A memorial service was to be held on Tuesday at 1:30 p.m. in the Smith-Mason Funeral Home, 398 Willett Ave., Riverside. Visit smith-mason.com for online condolences.

### LEGAL NOTICE

#### NOTICE BARRINGTON TAXPAYERS

Please note, second quarter tax payments are due by **December 30, 2013.**

Any tax payments received after close of business **December 30, 2013**

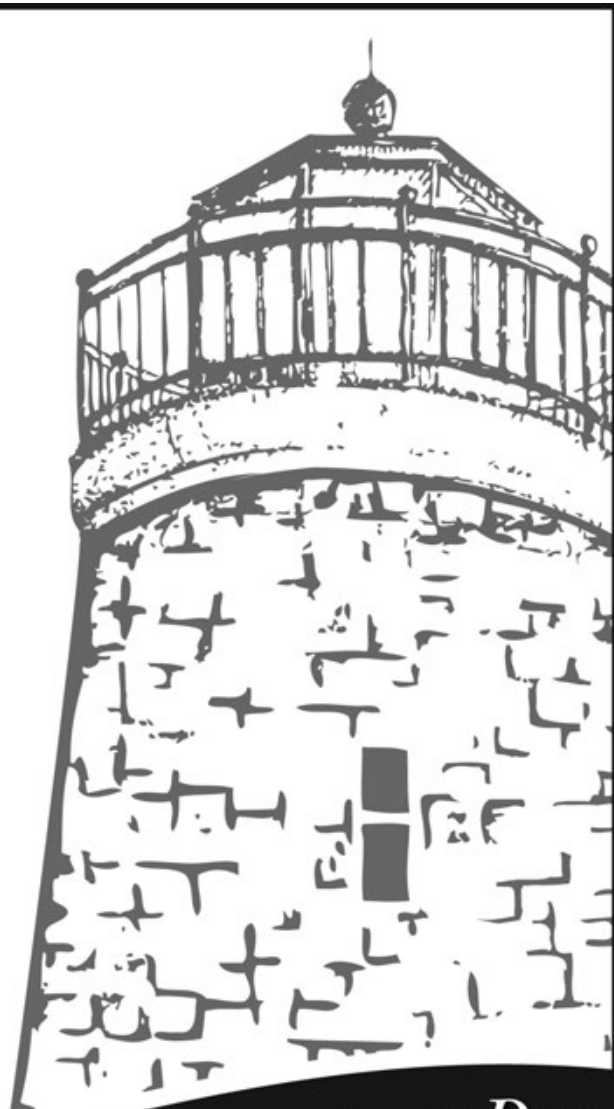
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**LEGAL NOTICE**

**STATE OF RHODE ISLAND  
PROBATE COURT OF THE TOWN  
OF BARRINGTON  
NOTICE OF MATTERS PENDING  
AND FOR HEARING  
IN SAID COURT**

The Court will be in session at the Barrington Town Hall on the dates specified in notices below at 9:00 A.M. for hearing said matters.

**Azza, Guy A.; Estate** – Samuel Azza of Bridgewater, MA appointed executor. Creditors must file their claims in the Office of the Probate Clerk within the time required by law beginning December 18, 2013. Jonathan Fitta, Esq. appointed RI Agent.

**Boodon, Ann C.; Estate** – Signe Watkin of South Portland, ME appointed executrix. Creditors must file their claims in the Office of the Probate Clerk within the time required by law beginning December 18, 2013. Alfred Rego, Esq. appointed RI Agent

**Duffy, Joseph E. a/k/a Duffy, Joseph; Estate** – Cornelia Kulczyk of Falmouth, MA appointed executrix. Creditors must file their claims in the Office of the Probate Clerk within the time required by law beginning December 18, 2013. Elizabeth Santilli, Esq. appointed RI Agent.

**Eberle, Edward J.; Estate** – Petition for Limited Guardianship or Guardianship for hearing on January 6, 2014.

**Gallagher, Karen E. a/k/a Lazzaro, Karen E. a/k/a Lazzaro-Gallagher, Karen E.; Estate** – Seventh Account of Guardian for hearing on January 6, 2014.

**Hill, Catherine M. Hill; Estate** - Petition for Probate of Will for hearing on January 6, 2014.

**Jendza, Maria A. a/k/a Jendza, Maria a/k/a Jendza, Maria Ann; Estate** - Louis J. Jendza of Barrington, RI appointed executor. Creditors must file their claims in the Office of the Probate Clerk within the time required by law beginning December 18, 2013.

**Masiello, Victor C. a/k/a Masiello, Victor; Estate** - Constance M. Masiello of Barrington, RI appointed executrix. Creditors must file their claims in the Office of the Probate Clerk within the time required by law beginning December 18, 2013.

**Masiello, Rose E. a/k/a Masiello, Rose; Estate** – Ann Marie Morley of Bristol, RI appointed guardian of the person and estate. Creditors must file their claims in the Office of the Probate Clerk within the time required by law beginning December 18, 2013.

**Murtha, Robert M.** – Administration Petition for hearing on January 6, 2014.

**Pagnano, Sandra; Estate** – Petition for the Sale or Mortgage of Real Estate for hearing on January 6, 2014.

**Sanchas, Lawrence a/k/a Sanchas, Lawrence J.; Estate** – Petition for Probate of Will for hearing January 6, 2014.

By Order of The Honorable Marvin Homonoff, Judge of Probate

THE TOWN HALL IS ACCESSIBLE TO THE DISABLED. INDIVIDUALS REQUIRING ANY ACCOMMODATIONS FOR DISABILITIES MUST NOTIFY THE BARRINGTON TOWN CLERK'S OFFICE AT 247-1900 EXT. 301 (BARRINGTON PUBLIC LIBRARY TDD, 247-3750), IN ADVANCE OF THE MEETING DATE.

December 18, 25, 2013 & January 1, 2014

# Bristol County BUSINESS **spotlight**

ADVERTISEMENT

## Dr. Asaro is a real family dentist who cares for patients and community



Dr. Matthew Asaro's Family and Cosmetic Dentistry finds affordable dental options for the whole family.

A great dental experience teaches and encourages good dental hygiene for a lifetime of healthy teeth and gums for all ages. Adults also appreciate how smiles can improve with cost-effective treatments and active involvement in their treatment options. "So many of my longtime patients are families, who, like me, are raising their children here and I enjoy seeing them around town," he says. "Having been raised here and practiced here for the past 18 years, I believe we are in tune with the community and are definitely the place for conservative family and cosmetic dentistry," he says. "Our impetus is to care for and

educate patients, and include them in decisions that affect their dental health," adds Dr. Asaro. State-of-the-art equipment and updated operatories and reception area add to the comfort and well-being of his patients.

Dr. Asaro is a Barrington native who returned to his community after completing his education and joined the practice of Dr. Carl Stanley, a beloved family dentist since 1956. Dr. Stanley retired in

the mid 1990's, leaving Dr. Asaro in charge. For the past 18 years, he has carried on that proud tradition of dedication to practice and to his community. His many loyal patients wouldn't have it any other way. His Little League team – the Extractors – has been a fixture on the local scene since 1996 and the name still gets a chuckle from parents and participants alike.

"We listen to patients," says Dr. Asaro, whose standalone facility

on County Road now features an attractive handicapped accessible entrance that his patients suggested. "Consults are free and if a patient or family needs extra time, we book end-of-day appointments at no charge so the patient understands and feels comfortable with treatment," he says. "Access to dental care is also easy with affordable plans for any patient," adds Dr. Asaro.

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Wild Turkey American Honey 1.75L	\$29.95
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Captain Morgan 1.75L	\$27.95
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Tito's Vodka 1.75L	\$25.95
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Southern Comfort 1.75L	\$24.95

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St Francis Chardonnay 750ml	\$10.95
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Apothic 750ml	\$7.95
La Crema Pinot Noir 750ml	\$18.95
Da Vinci Pinot Grigio, Chianti 750ml	\$9.95
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Barefoot 1.5L	\$8.95
Cavit Pinot Grigio 1.5L	\$9.95

#### Beer



Coors Light 20 pk nrt bottles	\$15.95
Miller Light 20pk nrt bottles	\$15.95
Bud/Bud Light 20pk nrt bottles	\$15.95
Sam Adams Lager 2/12 nrt bottles	\$23.95
Guinness 8pk cans	\$11.95
Narragansett 30pk cans	\$17.95
Dog Fish 6pk nrt (60min) bottles	\$9.95

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NO BOTTLE DEPOSIT ON BEER IN RI**

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## Grace under pressure

BY CHRISTY NADALIN  
cnadalin@eastbaynewspapers.com

**L**ocal mother (and Portsmouth High School alumna) Sheryl Atwood and her sons Tyler and Travis recently spent several weeks in Los Angeles filming "Abby's Ultimate Dance Competition." The boys finished strong, but out of the top spots.

They returned to their Jamestown home, and their husband and father Chris Atwood, without the \$100,000 grand prize or the Joffrey scholarship, but they brought something far more important home intact. Their dignity.

For the uninitiated, the televised competition is a spin-off of the popular A&E series starring tough-as-nails/heart-of-gold/source-of-all-evil dance instructor Abby Lee Miller. The adjectives chosen by the dancers' mothers to describe Abby correlate exactly to where one's child lands on the dreaded "pyramid," Abby's weekly ranking/shaming ritual.

Sheryl and the boys, dynamic dancers and talented choreographers aptly references in shorthand as TNT, were approached for the first season. Despite the incredible potential for exposure, Sheryl declined. "It's a catch 22," she says. "How do we do something like that while remaining true to who we are?"

Indeed, Travis and Tyler are friends with lots of the competitors from season one, and they got to witness the process, albeit second hand. When casting began for the second season, Sheryl wasn't too inclined to throw their collective hat in the ring. "I found it to be a little disturbing, to be honest. But so far the boys have gone far in dance without losing sight of who they are."

And the producers made a compelling argument, suggesting the Atwoods do the show, show a different side of the competitive dance community than the hyper-aggressive, toxic behavior some "dance moms" display when the competition heats up. Despite Sheryl's misgivings, the boys were sold. "They talked to the producers and they loved the idea of doing the show," she says. "They wanted to do it."

Sheryl, a wellness and fitness coach with a masters degree in human development and experience as a family therapist, had a pretty good idea of what they were getting themselves into. Watching the now-aired series, it is clear that Sheryl would have won the AUDC "Miss Congeniality" trophy, hands-down.

Not that the producers encourage congenial behavior. "We were taped and miked every waking moment, and we couldn't leave the set or use cell phones," Sheryl says. "It was like 'Survivor.' It's a brilliant approach — it really brings out the crazy. They took all these personalities and caged us, uncorked the wine. Then they'd start throwing grenades."

"To be fair, the kids are sheltered from most of the nonsense," she said. "When things got really crazy the producers ushered them out. The boys loved the experience, but I found it challenging."

Yogi Berra once said "Little League baseball is a very good thing because it keeps the parents off the streets." Like so many of Berra's utterances over the years, it's every bit as true as it is funny. Anyone who has spent any amount of time on the sidelines in youth sports has seen that parent — the one who yells too loud, and too often; belittles their own child and even others; and treats every tryout like the MLB midwinter trade deadline.

While the heat of a nationally-televised competition with six-figure prize money may be an extreme example, shows like AUDC shine a light on what is happening on soccer fields, baseball diamonds, and in dance studios across the country. "A lot of parents have lost perspective," Sheryl notes. "Manners are out the window. Even when people are being outwardly polite, there is this undercurrent that suggests winning at all costs is the goal. There is far too much emphasis on being better than the competition, rather than being the best you that you can be."

For Sheryl, it wasn't all bad. Ultimately, the producers of AUDC are providing entertainment. Naturally they are going to show hot-button moments between the mothers; clips of them relaxing and doing yoga, and supporting and comforting each other, will



Travis, Sheryl and Tyler Atwood, back home in Jamestown after competing in "Abby's Ultimate Dance Competition."

end up on the proverbial cutting room floor.

Sheryl chooses her words carefully when talking about the other mothers. She is not interested in judging anyone. "I'm still in contact. I feel a deep care and concern for everyone on the show," she says. "And I would do anything for those kids. We all went through it together. My way is not better, it's just what works for me. So when I got back to Jamestown, the market, the PTO, I'm still who I am. I didn't throw my principles out the window."

"When you boil it all down, whether you're a hysterical dance mom or a beet-red dad, screaming on the sidelines, we all have a lot of hopes pinned on our kids and we are all trying to do the right thing."

Carl Jung said as much when he said "Nothing has a stronger influence psychologically on their environment, and especially on their children, than the un-lived lives of the parents."

Ultimately, that's an important lesson for parents, and one that often gets missed. How much do you push? Especially when you have invested as much time and energy into a skill or sport as Travis and Tyler have invested in dance? On some level, parents

know the answer. They need to butt out.

Of course, that's easier said than done, even for grounded parents. "Since the competition, there are all these opportunities crossing our paths — and they just want to be normal kids! They just want to be teenagers," Sheryl said. "Part of me is like 'really? But this has to come from them. In a few years will they ask me why I let them pass up some opportunities? Maybe, but I would rather be in that place, than the opposite."

"Would we do it again? I actually think we would. I am so proud of how my kids conducted themselves, and that we had the opportunity to try out our family principles in this exaggerated situation. We didn't call it Abby's Ultimate Dance Competition among ourselves. We called it the "Atwood Ultimate Dynamic Collaboration."

*Travis and Tyler Atwood are looking forward to teaching a Hip Hop class at Just Dance, a studio located within 426 Fitness, 426 Metacom Avenue in Warren, and owned by Sheryl's friend Sherry Winn. It will be held at 11 a.m. on Sunday, Jan 12. To reserve a spot, contact Sherry at 401/486-4478, or email swinn@cox.net.*

### ALONG THE WATERFRONT

## Engines in, Tall Ship on target for summer sailing

**C**hristmas came early this year for Rhode Island's Official Sailing Education Vessel, the SSV Oliver Hazard Perry, when its two Caterpillar C-12 main engines, provided by Milton Cat (Milford, Mass.) at heavy discount, were delivered. Last week at Senesco Marine in North Kingstown, both of the 12-liter,

in-line 6-cylinder engines were lowered onto the 200-foot tall ship's freshly painted engine beds. Each has a rating of 385 hp and is certified to run on a 20% biofuel-to-diesel blend that will be provided by Newport BioDiesel.

"Ships have been green before there was a green," said the Perry's Captain Richard Bailey, "because they use wind in their sails to move from place to place. However, a ship still has to have engines and a bow thruster to make tugs unneces-

sary and provide ability to enter smaller ports.

The Perry's engine installation is part of the final construction phase that also includes her move this winter from Senesco to Newport Shipyard where the ship's lower masts, Douglas fir upper mast sections and 16 yards will be installed. Currently half completed, her 20 sails continue to be made by Hood Sails, and the rigging team is in place to take delivery of the masts and spars in February. The ship's entire inventory of interior pan-

eling, fixtures and equipment has been ordered and partially installed.

"When we initially reviewed the project, we knew we'd like to be a part of it," said Milton Cat's Marine Business Manager Kevin Hampson. "It's a great cause, and even though our exposure to sailing schools is limited, Milton Cat always looks at opportunities to support maritime institutes and vocational schools that feed the marine industry, since we look to these organizations for potential employees."

Newport Biodiesel produces a clean-burning fuel from waste vegetable oil collected from over 1,700 restaurants in the New England area.

Bart Dunbar, chairman of the non-profit organization Oliver Hazard Perry Rhode Island (OHPRI), credited BankNewport, the Alletta Morris McBean Charitable Foundation and other partners for putting the project near its goal. "We have raised over \$9 million toward this \$10.5

# Gingerbread Rosecliff takes the prize

Fatulli's Gourmet Bakery and Deli of Middletown won the \$1,000 first prize in the first annual Newport Mansions Gingerbread Mansion competition at The Breakers. It's one of five gingerbread mansions that will be on display in the kitchen of The Breakers through January 5, 2014.

Fatulli's won with a tabletop-sized replica of Rosecliff, complete with spun sugar windows and animated dancers in the ballroom.

Coming in second place and winning \$750 was a model of The Elms done by Gerry DuPont of Edible Creations by Gerry in Little Compton and Westport. The \$500 third prize was won by the Culinary Baking and Pastry Arts Program at Bristol Community College in Fall River; while Honorable Mentions were awarded to

Russell Morin Fine Catering of Newport for its model of Marble House, and to Clements Marketplace Bake Shop in Portsmouth for Chateau-sur-Mer.

The judges for the competition were (pictured from l-r) food expert and chef Claudine Pépin, Preservation Society CEO & Executive Director Trudy Coxe and pastry chef Mark Soliday of Confectionery Designs, who is also a pastry arts instructor at Johnson & Wales University.

Christmas at the Newport Mansions will run through January 5, 2014. The Breakers, The Elms and Marble House are all decorated for the holidays and open for tours daily (except Christmas). For more information and to purchase tickets, visit [www.NewportMansions.org](http://www.NewportMansions.org).



## TECH TIPS

### Apps that let you track, and chat, with Santa

BY MARK CORPUS

You've shopped, you're organized — now it's time to enjoy the holiday. To add a little something extra to your season, download one of these festive smartphone apps. This Christmas, let technology help make your holiday merry and bright.

■ Do you love Christmas music? IOS and Android users should download the free Christmas RADIO app, which allows access to 50 unique stations that play your favorite Christmas hits.

■ Create your dream Christmas in HD. For \$1.99, Android users can use Christmas HD to create their own Christmas scene using wallpaper and animation. You can even add your name to the Christmas stocking hanging from the fireplace. IOS users can decorate their own Christmas trees by downloading the Christmas Tree 3D app for \$0.99. There's even a way to dim the lights!

■ This is your chance to talk to Santa. For \$1.99, Android and IOS users can download Video Calls With Santa. This app allows Santa to interact with you and your child. You can choose from one of three pre-recorded calls. There's a "nice call" and a "naughty call." You also can opt to leave Santa a voicemail.

■ And if you are trying to find Santa on Christmas Eve, the free Santa Radar app can help. It scans to see if Santa is in your area and is available for Android users. IOS users can download Where Is Santa Lite for free.

■ Finally, if you are worried that your flight home for the holidays might not be on time, download the free Flight Tracker app that allows you to get accurate arrivals and departures for domestic flights. It is available for IOS and Android users. If you are traveling by car, download the free GasBuddy app, which is available for both IOS and Android smartphones.

Mark Corpus is AT&T's Rhode Island Retail Sales Manager.

## THE BRISTOL SNOWFLAKE RAFFLE

### SHOP LOCAL AND WIN!

Get a FREE raffle ticket for every \$25 you spend at participating Bristol businesses between November 22nd & December 22nd.

WIN 6,000 IN CASH PRIZES!

FIRST PRIZE: \$3000  
SECOND PRIZE X2: \$1000  
THIRD PRIZE X2: \$500

*Ticket holder must be present to win. No rain or date. One prize per participant. Max 50 tickets for any purchase*

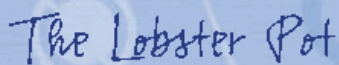
Raffle Drawing will take place at 5:00 PM on December 22nd on lower State St. Festivities will begin at 3:00 PM!

It pays to shop, dine, play & stay locally for the holidays!

Look for the snowflake in windows of these participating businesses

A Moment In Time Photography • Abbigales Salon • Agave • Aidan's Pub • Alayne White Spa • Blithewold Mansion • Bristol Bagel Works  
Bristol Toyota Scion • Bristol Yoga Studio • Bristol House of Pizza • British Beer Company • Casual Inn • Century 21 • Coggeshall Jewelers  
Constitution Braided Rug • DeWolf Tavern • East Bay Newspapers • Environs • Fitness Fusion • Flags at the Landing • Gil's Appliance • Green River Silver  
Hair Heart & Soul • Harbor Bath & Body • I Boutique • Jackie's Loft Boutique • Just Ducky • Kate & Co. • La Bella Boutique • Linden Place  
Luna Sea • My Passion Flower • Nacho Mamma's • New Leaf Hair Salon • Ocean Massage • OGGI Photography  
Pace Accounting & Tax Services • Paper Packaging & Panache • Pure Salon • Quito's • Redlefsens • Revival • Roberto's • Sea Rose Cottage • SS Dion  
Sue Casa • Thames Waterside Grill • The Beehive Cafe • The Knotty Dog • The Lobster Pot • Therapy • Wood Street Pizza • Zenabelle

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# Time to get those letters to Santa in the mail

**W**ith all the snow we've been having, letters to Santa could take a little longer to get all the way to the

North Pole. Kids should plan on getting their wish lists written and posted by Friday, at the latest. Here at East Bay Life, we were fortunate to get a sneak peek at a handful of letters, shortly before the mailman took them away. Some are to the point; while some take extra ink to butter Santa up. Whatever the approach, we suspect all these well-behaved little scribes will have very happy Christmases!

**Dear Santa,**  
How is your Christmas. I missed you. Can I please have

1. Saige Doll
2. Magic Set
3. Snack Cart
4. Violin for doll
5. Bed for doll
6. Gymnastics set for doll

Olivia Murray, 5  
Bristol

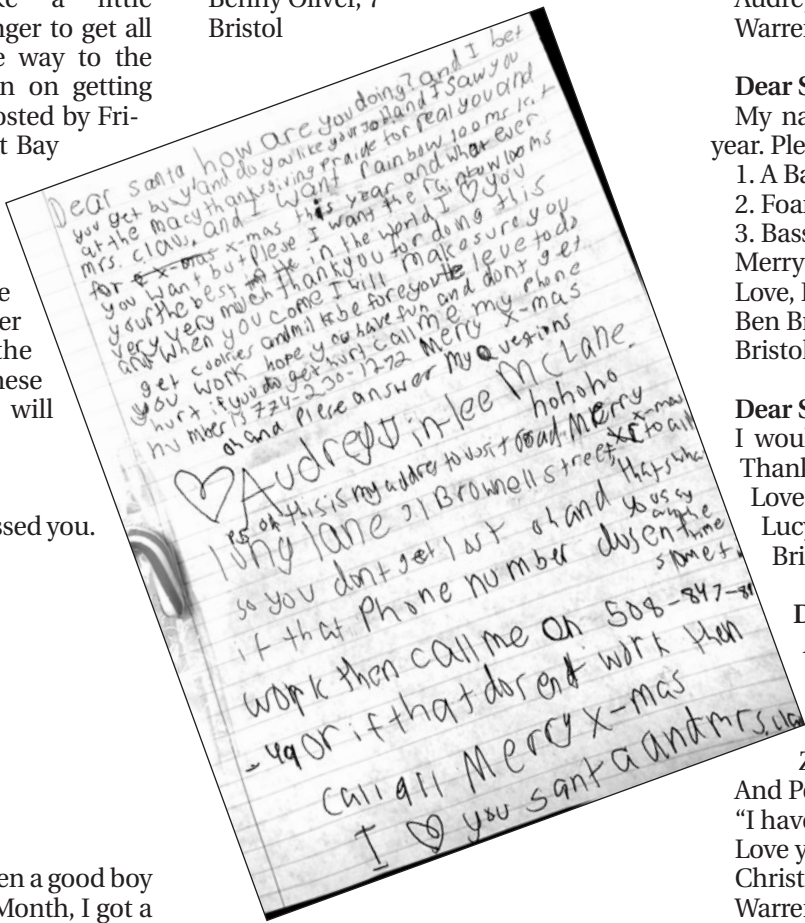
**Dear Santa,**  
My name is Oliver. I have been a good boy this year. I got Student of the Month, I got a good report card, and I have been nice to my brother. Please can I have a few of these things on my list.

1. An Easton Mako hockey stick lefty
  2. A hockey pass master
  3. A green biscuit
  4. A glider airplane
- From Oliver  
Merry Christmas  
Thank you  
Oliver Browne, 8  
Bristol

**Dear Santa,**  
I hope you are having fun in the North Pole. I have been very good. I have been working on staying focused. May I please have these three things?

1. A model of Santa — that's you!
2. Legos pack of Lego men.
3. Lots of Lego bows and arrows and

swords.  
I hope you have a very merry Christmas!  
Thank you very much.  
Love, Benny Oliver  
Benny Oliver, 7  
Bristol



**Dear Santa,**  
How are you doing? And I bet you get busy and do you like your job? And I saw you at the Macy Thanksgiving parade for real, you and Mrs. Claus. And I want rainbow looms for X-mas this year and whatever you want but please I want the rainbow looms. You're the best in the world. I <3 you very very much thank you for doing this, and when you come I will make sure you get cookies and milk before you leave to do your work. I hope you have fun and don't get hurt if you do get hurt call me, my phone number is xxx-xxx-xxx. Merry X-mas oh and please answer my questions  
Audrey Jin-lee McLane.  
PS: Oh this is my address to visit, so you don't get lost, oh and if that phone number doesn't work then call me on xxx-xxx-xxxx or if that doesn't work then call all Merry X-

mas I <3 you Santa and Mrs. Claus.  
(on the side of her letter...)  
Hohoho Merry X-Mas to all... thats what you say sometimes.  
Audrey McLane, 10  
Warren

**Dear Santa,**  
My name is Ben. I was a good boy this year. Please bring me

1. A Bauer hockey stick
2. Foam glider plane
3. Bass Pro Shop card

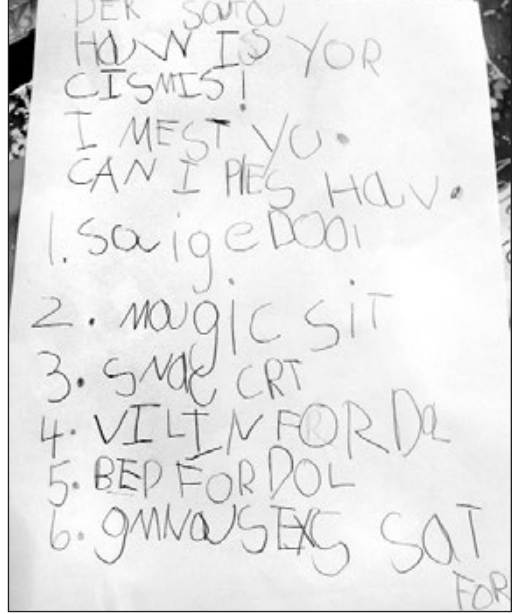
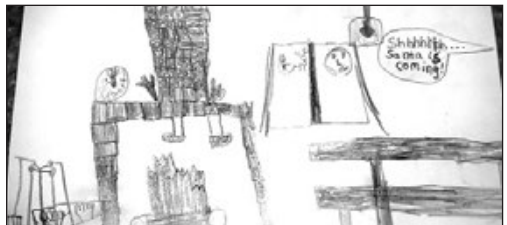
Merry Christmas.  
Love, Ben  
Ben Browne, 5  
Bristol

**Dear Santa,**  
I would please like a glow pet unicorn. Thank you.  
Love, Lucy  
Lucy O'Brien, 6  
Bristol

**Dear Santa,**  
A Casey Jr train  
Yoshi with moving arms  
A wii U  
Sonic's the lost world  
Zoomed  
And Peet the Christmas bear  
"I have been a good boy all year long  
Love your good boy Chris"  
Christopher Woodard Jr., 8  
Warren

**Dear Santa,**  
Stuffy peacock  
Stuffy wolf  
Stuffy fox  
Stuffy coyote  
Love, Victoria  
Victoria Hutchens, 4  
Dartmouth

**From Taber** I would like an xbox.  
Taber Lawler, 7  
Freetown



## STRAIGHT UP THE MIDDLE

# Next up: better-run elections

**T**hese last weeks of December are generally a quiet time in both politics and baseball, giving me the opportunity to tune out, make some cookies and wrap presents. Red Sox tickets are on sale and it looks like they will open spring training with a team that looks remarkably similar to the 2013 World Champions. We can only hope they play as well.



Cara CROMWELL

This time next year, Rhode Islanders will be familiarizing themselves with a new lineup at the state house as all the general officers with the exception of Attorney General Kilmartin are moving on and a new team will be sworn in. As an electoral nerd,

I am most interested in who wins the wide-open Secretary of State's race and whether that person will make any effort to address some of the blatant and embarrassing issues with our elections process. The Rhode Island General Assembly passed a voter ID law and while some have decried it as anti-someone, I think that if I need an ID to go to the movies, buy alcohol, cash a check, get a library card, sign a lease and receive government benefits, then flashing it to vote should not be a problem. If nothing else, the voter ID law prevents the "black helicopter" crowd from talking about busloads of people driving from polling station to polling station to vote illegally. It likely never happened and with an enforceable voter ID law, the allegation is more easily disregarded. The challenge for the next Secretary of State is making sure that

polls are set up to accommodate ID checks without slowing the line. Two things spring to mind: we need to recruit young civic-minded poll workers and we need to be more aggressive in promoting "no excuse" mail ballots. That's right folks — you don't need to wait until election day to cast your ballot and not very many people know about it. While Rhode Island lags behind 32 other U.S. states that allow for in-person early voting, you can still request a mail ballot — and you don't even need a note from your mother. By making a conscious effort to recruit poll workers as soon as possible and educate people about the no-excuse mail ballot option, the next Secretary of State has the ability to make election day run smoothly. However I think the most egregious issue with Rhode Island elections is that our primary date is late. So late, in fact, that it can

violate federal law under the Military and Overseas Voter Empowerment Act (MOVE Act) that requires ballots for uniformed services and overseas citizen voters be sent at least 45 days prior to a general election for Federal office. While there are actually 55 days between the primary and the general election in 2014, that's barely enough time to get the ballots to the troops in enough time so that they can return them. As a military spouse, I find it disturbing that our elected officials are more concerned about the inconvenience of showing an ID at a polling place than making sure that our front line troops have the ability to exercise a right they are fighting for on our behalf. Why not just move the date? It's one of those things that fall under "incumbent protection." Once the dust from the primary settles, a challenger barely has enough time to mount a serious cam-

paign, greatly favoring the person with existing name ID. And make no mistake, this is another area where Rhode Island is last: September 9th is the latest primary date set for 2014. Bottom line? We need a Secretary of State who will step up and advocate for an earlier primary. So in this quiet time for baseball and politics, take a moment to take a close look at the players and candidates on the roster for 2014. Unlike the Red Sox, Rhode Island has some important roles to fill and we need to make sure that the candidates are up for the job. Cara Cromwell is a public affairs consultant with more than twenty years experience managing issues campaigns for corporations, non-profits, associations, coalitions and candidates on both sides of the aisle.

# Experimental reefs could add life to bay

**D**o artificial reefs enhance the biomass of fish species...or do they just provide a place for existing fish to congregate? If reefs congregate fish, does this increase rates of exploitation by predators (including fishermen)? Anglers say that when warm water comes into the bay in August, all the bait and fish leave. Could artificial reefs help provide a haven for bait and shelter for these fish, enhancing bay fishing? These are some of



Capt. Dave MONTI

the questions on which a new, well-funded reef experiment in Narragansett and Mt. Hope bays hopes to shed some light.

Nicole Lengyel, principal biologist at the RI Department of Environmental Management, is managing a new reef project in collaboration with D. Steven Brown, coastal restoration scientist for The Nature Conservancy.

The five-year project started in 2013 and includes the planning, design, construction and monitoring of small-scale experimental reefs in the middle of Narragansett Bay. It aims to evaluate the use of reefs as an enhancement and conservation tool. The project will try to determine if artificial reefs increase the abun-

dance of sport fish such as tautog, black sea bass, scup and cunner (chogee) and if they attract existing numbers of fish and increase rates of exploitation (mortality).

The project will cost approximately \$715,760, with 75 percent of the cost federally funded by the Sportfish Restoration fund and the other 25 percent from The Nature Conservancy and the RI saltwater recreational license fund.

At a RI Saltwater Anglers Association meeting, researcher Brown from The Nature Conservancy said, "The goal of the project is to conduct a study, an experiment, to assess small scale reefs to determine if they increase recruitment, increase fish productivity and see what benefits reefs will have for Rhode Island." Nicole Lengyel of DEM said, "We want to attract fish and provide refuge to offset mortality and to improve growth rates...we hope this approach grows fish."

Three locations will be used for the experiment, with similar bottom sediment types, water depth and slope. Each site design will mimic a low-profile bolder field and contain approximately 1,120 reef balls of various sizes for a total coverage area of 2,730 square feet. An elaborate site model was used to locate the experimental artificial reefs. Water depth, bottom sediment type and water oxygen levels were plotted on bay maps. The model overlaid the location of shellfish beds, eel and widgeo grass, and boat traffic in the bay to identify suitable areas for reefs.

Two of the three artificial reef sites are in the East Passage of Narragansett Bay on the northwest coast of Aquidneck Island, east of Prudence Island. The third site is just inside Mt. Hope Bay, northeast of the Mt. Hope Bridge.

The project timeline includes a location, design and planning phase scheduled to be completed at the beginning of 2014. Nicole Lengyel said, "Fishing community input on the project has included presentations to the RI Marine Fisheries Council and Rhode Island Saltwater Anglers Association." Construction is scheduled to be completed by mid-2014. An extensive monitoring and evaluation period will take place from 2014 to 2017 with annual reports to DEM and the fishing community given each year.

## Do reefs work in other places?

I like the idea of artificial reefs. Studies show that one square yard of reef can hold 3,500 juvenile crabs and up to 135 immature fish. One square foot of structure just three to four feet high can support up to 100,000 tiny creatures like mussels, clams, crabs, worms and shrimp. Artificial reefs such as the reefs planned for Narragansett and Mt. Hope Bays attract bottom fish, and they also host non-bottom-dwellers in areas above the reefs.

An article titled "Reef Madness" by Gary Caputi (Saltwater Sportsman magazine, January 2010) relates that the state of New Jersey is the poster child for artificial reef construction. At the time, New Jersey was boasting that it had 15 artificial reefs constructed over the previous 25 years. The list of items and material that dress the reefs is impressive and includes 7.5 million cubic yards of dredge rubble and demolition concrete, 158 sunken vessels, 397 tanks and armored personnel carriers, 269 subway cars, 31 railroad flatcars, 5,500 concrete reef balls and 16,500 other concrete castings.

Caputi noted that although reefs only cover one percent of the fishable area off the New Jersey coast, reefs account for approximately one of every four fish caught by anglers.

## Recreational angler support

Anglers will be encouraged to fish the new artificial reefs and will be asked to report what is being caught there. Information on how to report will be communicated to fishermen.

What is encouraging about the new artificial reef project in Narragansett and Mt. Hope Bays is that funding for five years of monitoring has already been built into the project. So the data to determine if the artificial reefs are attracting and growing fish will be available.

These artificial reef projects are a step in the right direction; an attempt to grow fish populations in our bays and along our shores, rather than just regulating what is taken out of the ocean. Reports on these projects will continue as information is available.

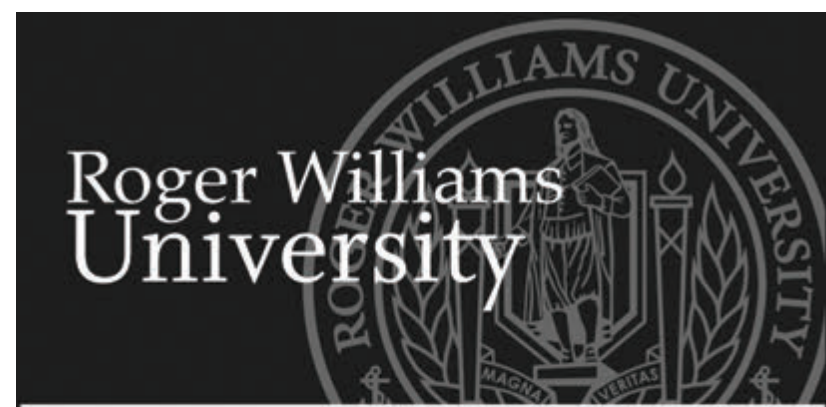
## Where's the bite

Cod fishing has been good. "Last week Bob Morel, captain of the sport fishing boat TLC, landed a 33-pound cod along with 22

others while fishing with his party south of Block Island on a wreck," said Elisa Martin of Snug Harbor Marina, South Kingstown. Capt. Frank Blount of the Frances Fleet reported that cod/sea bass and tautog trips showed marked signs of improvement after the waters were shaken up from the southerly gales the week before. Roger Simpson of the Frances Fleet said, "We generally found there are still some decent numbers of good size sea bass and also good numbers of ling that seem to be moving up onto the hard ground. A few handfuls of sea bass in the 3.5 to 5 lb range this past week so still some jumbos around. The ling were generally on the fair size but there were some "mini baseball bats" mixed in and on a few outings anglers had upwards to a half dozen ling apiece." (Ling are long slender members of the cod family that can be as large as two meters; they are good eating and often interchanged with cod in fresh, salted or dried forms.)

Tautog fishing has remained good, but anglers/captains are moving to find them. The Seven B's party boat reports a slow steady pick of tautog Wednesday. Visit them at [www.sevenbs.com](http://www.sevenbs.com). "The Island Current party boat had a good tautog fishing trip Friday with some passages limiting out. They were fishing the Clay Head, Block Island area," said Martin of Snug Harbor. Simpson, of the Frances Fleet said, "We are planning on wrapping up tautog season next weekend and the Frances Fleet is offering a promotion for the two days of scheduled toggging so call the office for further details." Capt. Charlie Donilon of Snappa Charters fished several spots around Block Island and the East Fishing grounds Saturday. He said, "I decided to try a spot located just south of Pt. Judith, which has been producing black fish quite well lately. As luck would have, the blacks were there in numbers and feeding for the next half hour. This stop made the day for us." Visit [www.snappacharters.com](http://www.snappacharters.com) or call 401/782-4040.

*Captain Dave Monti has been fishing and shellfishing on Narragansett Bay for over 40 years. He holds a captain's master license and a charter fishing license. Contact or forward fishing news and photos to Capt. Dave at [dmontifish@verizon.net](mailto:dmontifish@verizon.net) or visit his website at [www.noflukefishing.com](http://www.noflukefishing.com).*



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## The Tides\*

	HiAM	HiPM	LoAM	LoPM	Sunrise	Sunset
Wednesday, Dec. 18	8:23 (4.6)	8:44 (4.1)	12:56	1:58	7:05	4:18
Thursday, Dec. 19	8:59 (4.4)	9:22 (4.0)	1:39	2:33	7:06	4:18
Friday, Dec. 20	9:34 (4.2)	10:01 (3.8)	2:21	3:07	7:07	4:19
Saturday, Dec. 21	10:09 (4.0)	10:41 (3.7)	3:02	3:40	7:07	4:19
Sunday, Dec. 22	10:47 (3.8)	11:23 (3.7)	3:42	4:13	7:08	4:20
Monday, Dec. 23	11:29 (3.6)	— (—)	4:23	4:49	7:08	4:21
Tuesday, Dec. 24	12:07 (3.7)	12:14 (3.5)	5:10	5:32	7:08	4:21
Wednesday, Dec. 25	12:52 (3.7)	1:03 (3.5)	6:08	6:24	7:09	4:22
Thursday, Dec. 26	1:41 (3.8)	1:57 (3.4)	7:18	7:24	7:09	4:22

New Moon January 1 — Full Moon January 15

\* Information is based on tides in Bristol Harbor.



ROB MIGLIACCIO

### Wild ride

Brown University sailor Sky Adams '14 fights through the spray aboard her Laser during last month's College Men's and Women's Singlehanded Nationals held in Newport. She finished fourth among women from schools around the country.



## December School Vacation Week at the Audubon

Looking to get out of the house with the kids during the December school vacation? Come to the Audubon Environmental Education Center, 1401 Hope St., Bristol, where special programs and activities are available each day, free with admission, and registration is not required.

Nature crafts will be held from 10 a.m.-2 p.m. each day, and there will be a nature story at 10 a.m. and 2:30 p.m. An animal interview will be featured at 1:30 p.m. See program times below.

#### Thursday, Dec. 26; 11 a.m.

Fur, Feathers and Fantastic Fables: What happened when Turtle raced with Beaver? Which animal is the best lacrosse player? Learn the answers to these questions and get to know the animals featured in the rich folklore of the native people in the Northeast region.

#### Friday, Dec. 27; 11 a.m.

Owl See, Owl Do: Could you be an owl detective? Come and learn all about the amazing world of owls and discover which owls live in Rhode Island. Test your skills as you dissect an owl pellet to

learn what owls eat for dinner.

#### Saturday, Dec. 28; 11 a.m.

OH! DEER! Who is able to jump fences with a single bound, swim across the deepest lakes, walk 20 minutes after being born and posses the fastest growing living tissue on earth?! Is it Superman? NO it's a deer! Come learn how amazing these creatures really are.

#### Sunday, Dec. 29.

12:30 - 2:30 pm: Nature Craft  
1:00 pm: Animal Interview  
2:00 pm: Nature Story  
2:30 pm: Antarctic Mission Nature Flick

Join the adventure as scientists sail to the bottom of the world to explore the great Antarctic. This documentary is part of a three part series. The second and third documentaries in the series will be shown on January 5 and 12, 2014.

## BURDETT: Local marine firms land contracts

From Page 1

million project, and this builds confidence in the community that this ship is nearly complete."

In the summer of 2014, the steel-hulled SSV Oliver Hazard Perry will set sail as the first ocean-going full-rigged ship to be built in the U.S. in 110 years. With her three-masted square rig towering 13 stories, she'll be second in size only to the US Coast Guard's Barque Eagle among American tall ships.

#### Big-time maritime work

KVH Industries, Middletown, has been chosen by BW Maritime to equip its global LNG

(liquefied natural gas) and LPG (liquefied petroleum gas) fleet of tankers with satellite communications equipment.

The ships will use KVH's Trac-Phone and mini-VSAT Broad-band satellite systems. The company said it selected KVH because of its "global coverage, ease of deployment and reliability."

Twenty ships will be equipped by year's end with more to follow in 2014. The BW fleet includes 108 vessels, among them supertankers and LNG carriers.

Meanwhile, Bristol Harbor Marine Group has been awarded the job of analyzing the US Army Corps of Engineers fleet to see if it makes sense to convert

it to liquefied natural gas (LNG) or compressed natural gas.

And in a second step, the Bristol team will select a single vessel to design the changes necessary for the conversion. The Army Corps will then determine if it wants to proceed with the transformation.

#### Shellfish closures

On Sunday, the R.I. Department of Environmental Management announced shellfish closures in the Kickemuit River, Mount Hope Bay, Conditional Area A, Conimicut Triangle and Greenwich Bay. They are in effect until noon on Sunday, Dec. 22

For updates on conditional areas, call the DEM hotline at 222-2900.

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## POLI-TICKS

## Holidays should bring out the best in people

**T**hank heavens I was fortified by the superb performance of "Miracle on 34th Street, the Musical," being performed through December 29 at the Ocean State Theatre. It was, indeed, a miracle, in Warwick! The cast was in top vocal form, and the set design and costumes were first-rate. I left the theatre full of Christmas joy and pretty inoculated against any political mishaps which might arise thereafter and spoil the season.

Political mischief did subsequently arrive but did not steal the spirit of the holidays. Take, for example, the Smithfield Town Council donating \$2000 of taxpayer money to a relative of the town clerk. Certainly, there was a tragic death in the family but the money isn't the Town Council's to parcel out. The taxpayer, Jeffrey Swallow, who called into question the payout, is no Scrooge. He is 100 percent correct that the council had no authority to make such a contribution, had no policy governing gifts and lacked controls to ensure that the money would be

used appropriately. Certainly, there are other people in Smithfield who could use a similar donation to get them through rough times. Furthermore, the council could contribute to this family with their own assets.

This incident transported me back to the days when the Rhode Island Supreme Court had a "slush fund" supported with taxpayer money, which the former Chief Justice used to send flowers, candy, contributions, wedding gifts etc. to recipients at his own whim. He may have looked like a big sport but actually he was being quite cheap by not using his six-figure salary to make such gifts. Legislators also act like big shots pandering to special interest groups by contributing taxpayers' money to organizations. In effect, Joe Taxpayer is helping them get re-elected while the public official is squeezing his own nickel until the buffalo bellows.

Then there was the investigative story reported by Parker Gavigan of the NBC I-Team. The I-Team watched the town's maintenance foreman, Bob Martin, for two months working on his own apartment buildings on town time in Tiverton and Fall River. Records obtained by NBC10 showed that Martin was on the

clock. A little guy, Larry Faulkner, apparently was forced to assist Martin on these rental properties. He was told to button his lips or he'd be ruined in town. Mr. Faulkner brought his situation to town administrator, Jim Goncalo, who suspended, then fired him. The town is now the object of a whistleblower suit. The Tiverton Town Council better remedy this situation in order to avoid the "Bah Humbug" award for the year.

Maybe these two town councils ought to attend a performance of "Miracle on 34th Street" — using their own money, of course. They are both out of line and could learn a thing or two from Kris Kringle. The musical might transport them from being a "Doris Walker," the Macy executive who doesn't believe in Santa, into the right kind of Santa Claus.

Nothing bespeaks a self-centered mentality than the two incidences above and the missteps of those in charge. One can only hope that some straight thinking can salvage the out-of-line behavior of these respective councils. Smithfield's council should repay \$2000 into the coffers from their own money and Mr. Faulkner should get a Citizen of the Year Award from Tiverton.

## TRASH OR TREASURE?

## Rhode Island artist's connection to Abercrombie &amp; Fitch

**Q.** I have a number of paintings that my father commissioned from Robert Sleicher, to paint animals my father photographed on a safari to Africa in the 1970's. I do not know much about him but was told he is famous. Can you tell me anything about



Karen WATERMAN

him?

A. Robert Sleicher (1927-) is a painter who was born and raised in Rhode Island. He ran a foundry with his brother in Johnston and painting was just a hobby. He vacationed in the Adirondacks since a boy and loved to hunt. A heart attack forced him to re-evaluate his life and he moved to the Adirondacks over 25 years ago to paint full time. He paints mostly landscapes, usually including some of his favorite subjects of deer and other wildlife. He preferred to work in oil and canvases ranged from 8"x 10" to very large and impressive canvases. His works appeared in many magazines including "The

Conservationist" and "Yankee Magazine". His work also received much attention after Abercrombie & Fitch (back when its focus was outdoors outfitting) opened a gallery on Fifth Avenue in New York. Many of his works are in museums and private collections. Above is an example of his work. This painting is 8"x 10" (unframed) and recently sold at auction for \$350. Larger canvases would sell for \$2,500 and up depending on size, subject and condition.

*Karen Waterman is a fine art, antique furniture and decorative arts appraiser in the East Bay area and will answer as many questions about your own "hidden treasures" as possible. By sending a letter of email with a question, you give full permission for use in the column. Names, addresses or e-mail will not be published and photos will be returned if requested. Send e-mails (digital photos are encouraged) to trashortreasure@ymail.com. Send snail mail to East Bay Newspapers, Attn. Karen Waterman, P.O.Box 90, Bristol, RI 02809.*

## Pelican ProGear Backpacks and cases offer the perfect protection for your laptop and gear

BY JASON CALVERT

Pelican ProGear has been producing quality, rugged flashlights, cases and packs for use by the military and law enforcement since 1975. The rugged protective equipment has been used on scientific expeditions, to protect delicate photo equipment, and transport tools into combat zones.

Now you can protect your laptop or tablet while traversing the great outdoors or urban jungle.

## Cases done right

Pelican has created cases and quality packs specifically designed to protect your laptop or tablet while you are exploring the world. Both the Ultrabook (tablet) and Laptop Cases are made of a hard crush-resistant material. The cases are watertight with a pressure relief valve to prevent vacuum lock. A foam bumper or molded insert will keep your device from shifting inside the case. Rubber feet and shoulder straps make transporting and storage a breeze.

I received two packs with cases and conducted several durability tests. While I didn't drive a car over them, I did drop them, jump on them, kick them, and generally abuse them. My iPad was unharmed. Pelican boasts that the cases have been tested to a 3 foot submersion for 30 minutes and I repeated the test at home. The contents stayed completely dry with no leaks. These cases stood up to the abuse.

## The perfect backpacks

Pelican ProGear Sport and

Urban Laptop Backpacks are made of ballistic nylon and are constructed to be extremely rugged yet very comfortable to wear. An ergonomic design makes the pack sit comfortably on your back. Vented back channels also help to keep your back cooler and reduce perspiration. Elite version also sports a padded design with a padded lumbar storage cavity which adds more storage and comfort.

Both types and styles offers tons of storage for the hiker or urban dweller, including a plethora of pockets to carry all your gear or business supplies. Besides having a spot for your laptop or tablet, there is also a main compartment for whatever else you may need to carry with you.

When you read "made of ballistic nylon", it doesn't mean that you will be protected against small arms. (Though, the thought of bringing to a gun range and unloading on it is pretty cool.) This nylon is very rugged material that will stand up to the wear-and-tear of extreme use. These packs are constructed extremely well with extra stitching and quality material.

I was very impressed with the quality of these packs, particularly the stylish and functional Urban Elite Tablet Backpack. The crush-proof case is integrated into the main construction of the pack and gives great protection for your device. You don't have to worry about dropping it or having someone kick it while its on the ground. Beside the watertight/crush-proof

case, there is tons of storage and concealed compartments. Everything can fit in one pack that sits very comfortably on your back.

I also do a lot of hiking with my son and the Pelican ProGear Sport backpack is a great choice for any outdoorsman. Its the best pack that I have ever used and one of the most comfortable. Again, tons of storage means you can carry all your gear in one pack. The watertight/crush-proof case in the Elite version can also be used to store anything that you need to stay safe and dry. I don't always take a tablet or my laptop on hikes so I utilize the case for matches, bandages and my iPhone.

## The final verdict

Whether you are an avid hiker or someone needing to carry your laptop to and from work, the Pelican ProGear backpacks and cases are the perfect solution. Watertight & crush-proof cases ensures that your device will never get damaged while your on the run. Quality materials and cutting-edge design make these the best packs available.

If the military trusts their equipment with Pelican, then you should too.

Pelican ProGear Backpacks and cases

Score: 10 out of 10

Our Take: Quality materials and cutting-edge design make these the best packs available. Prefect protection for your laptop or tablet while you are on the go.

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HEALTHY EATING

# Shopping on a budget

Going to the grocery store can be an expensive task, but it is possible to save money at the grocery store while still buying nutritious and delicious foods for yourself and your family. Here are 10 tips for shopping on a budget:

1. Make a list, and stick to it. A list makes it more likely that you will spend less money at the store and buy only what you truly need.

2. Buy produce when it is in season. Not only will it taste better, but the price will be lower.

3. Shop the perimeter of the store to stock up on fruits, vegetables, whole grains, lean proteins, and low fat dairy.

4. Look for weekly sales at your local grocery store for foods you buy often.

5. Only buy what you can eat before it goes bad. Even if it is a great price, it is still wasted money if you have to throw it away.

6. Don't go to the store hungry, you are much more likely to veer away from your list and buy extra food.

7. Check out the store brands, they are often way to save a little money while not compromising on flavor or quality.

8. Try frozen or canned fruits and vegetables. Be sure to get vegetables with no added salt or

butter, and fruits canned in 100% juice. Remember to wash canned vegetables and drain canned fruits before eating them to help remove excess sodium and sugar.

9. Compare unit prices for the best deal. Unit prices (found next to the price of the product) let you compare the cost per pound or ounce so you can see which company is offering the best price, even if the packages are different sizes.

10. Buy in bulk. Foods such as brown rice, whole wheat pasta, dried beans or frozen fruits and vegetables have a long shelf life. Stock up when they are on sale and you will always have healthy foods on hand.

## Lentil & sweet potato soup

6 ONE-CUP SERVINGS

- 2 tbsp. olive oil
- 2 whole onions, chopped
- 1 whole sweet potato, peeled and chopped
- 2 whole carrots, peeled and

- chopped
  - 2 whole celery stalks, chopped
  - 1 cup lentils, dry
  - 1 tsp. ground cumin
  - 3 whole garlic cloves, minced
  - 15 oz. diced tomatoes, canned, no salt added
  - 4 cups chicken or vegetable stock, low sodium
  - 2 Tbsp. lemon juice
1. In a large saucepan, heat the olive oil over medium heat.
  2. Add onion and cook until soft and translucent, about 10 minutes.
  3. Add sweet potato, carrot, celery and lentils. Stir well.
  4. Add cumin and garlic; cook for 2-3 minutes, stirring occasionally.
  5. Add tomatoes and stock. Season with lemon juice. Cook for about 30 minutes, or until the potatoes and lentils are soft and tender.

*Nutrition Information per Serving: 145 calories, 5 gm fat (1 gm saturated, 4 gm unsaturated), 20 gm carbohydrates, 5 gm fiber, 6 gm protein, 440 mg sodium*



Emily DELCONTE

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# Some sweet treats — and a savory

BY LYNDA REGO

lrego@eastbaynewspapers.com

I recently did some baking for the grand opening of the Bristol Art Museum's new home. I used some old favorite cookie recipes and a couple of new recipes I wanted to try. All were a success — the sweet and the savory — I can tell when there are lots of requests for the recipes.

So, here are some treats can add to cookie trays for the holidays or just anytime this winter when you feel like something sweet with your tea or coffee.

The Provençal Sablés, fragrant with parmesan, rosemary and thyme, are a savory “cookie” perfect with wine.

## Coconut Macaroons

Makes 36

- 4 large egg whites
- 1/4 cup sugar
- 1 teaspoon vanilla extract
- 1/2 cup all-purpose flour
- 1/4 teaspoon salt
- 3/4 cup sugar
- 2 1/2 cups shredded coconut

Preheat oven to 325°F. Have egg whites at room temperature.

Beat egg whites until stiff but not dry, gradually adding 1/4 cup sugar and vanilla (extra-fine sugar works best, but plain granulated sugar can be used).

In a separate bowl, whisk together flour, salt and 1 cup sugar. Add coconut and mix until well combined. Fold gently into the beaten egg whites, a little at a

time, until all of the flour/sugar mixture is incorporated.

Drop by rounded teaspoonfuls onto a parchment or silicone lined baking sheet.

Bake in preheated oven for 20 to 22 minutes, or until tops are golden. Remove from oven and cool for 2 minutes, then carefully remove macaroons using a thin spatula.

## Cinnamon Sables

Makes 84

from "East of Paris" by David Bouley, Mario Lohninger and Melissa Clark

- 1 1/2 cups plus 6 tablespoons (3 3/4 sticks) unsalted butter
- 3/4 cup plus 1 tablespoon light brown sugar
- 1 large egg
- 3 2/3 cups all-purpose flour
- 2 tablespoons ground cinnamon (yes, that's right, 2 tbsp.)
- 1/2 teaspoon salt
- 1 egg and granulated sugar, for rolling the cookies

In the bowl of an electric mixer fitted with the paddle attachment, or in a food processor, beat the butter and brown sugar until smooth. Then add the egg and mix to combine. Add the flour, cinnamon and salt; beat or pulse to form a dough.

Roll the dough to form two cylinders about 2 inches in diameter, wrap them in plastic, and refrigerate for at least 30 minutes or as long as three days.

Preheat the oven to 325°F. Line



A cookie tray features (from left to right) cinnamon sablés, macaroons, cranberry/walnut biscotti, mini chocolate zucchini cakes, pecan sandies and lemon squares.

several baking sheets with parchment. Beat the remaining egg in a bowl. Pour about 1/4 inch of granulated sugar onto clean, dry surface. Brush the outside of the dough log with the beaten egg, then roll the log in the sugar to coat it. Slice 1/4-inch coins of cookie dough from the log, and arrange them on the prepared baking sheets.

Bake until lightly browned around the edges and firm, about 15 to 18 minutes. Let cool on the baking sheets. These cookies will keep for a week, stored airtight at room temperature.

## Lemon and Anise Sugar Twists

Makes 12

These are delicious on their own, with fresh fruit or perfect for a hostess gift.

- Sugar
- 1 sheet frozen puff pastry, thawed
- 1 egg beaten with 1 teaspoon milk
- 3 tablespoons sugar
- 1 teaspoon grated lemon zest
- 2 teaspoons anise seed

Preheat oven to 350°. Sprinkle work surface with sugar. Set pastry atop sugar and roll out to about 1/8 inch thick (12 inches by 12

inches). Brush with egg glaze.

Combine 3 tbsp. sugar and lemon zest. Sprinkle over pastry. Sprinkle with anise seed. Cut pastry crosswise into 1-inch-wide strips. Pick up ends of each strip, twist several times and place on ungreased cookie sheet, pressing ends onto cookie sheet to make them stick.

Bake until golden brown and crisp, about 20 minutes. Cool on a rack.

NOTE: If I make them with other desserts, I cut each strip in half before twisting them. Then you have 24 twists.

## Provençal Sablés

from [seriouseats.com](http://seriouseats.com)

Makes 36

- 1 stick of unsalted butter (8 tablespoons), room temperature
- 1/2 teaspoon kosher salt
- 1/2 cup finely grated good Parmesan cheese
- 1 tablespoon fresh rosemary leaves, chopped
- 1 tablespoon fresh thyme leaves, chopped
- 1 egg
- 1 cup unbleached all-purpose flour

In a food processor\*, cream together the butter, salt, cheese, and herbs until just combined.

Scrape down the sides of the bowl with a silicone spatula, and add the egg. Mix until just combined. It will look a bit curdled.

Add the flour, and pulse until the dough just comes together (you can't see any dry flour), and not a second more. Turn the dough out onto a big sheet of plastic wrap, and knead two to three times, so the dough has no air pockets or cracks. Roll the dough, using the plastic wrap, into a 10-inch log. Refrigerate for 2 hours.

Preheat oven to 350°F. Slice dough into 1/4-inch rounds. Place the rounds on a parchment-lined baking sheet (they don't spread much at all), and bake until the edges of the sablés are just golden, 15-17 minutes. Let stand 5 minutes outside to cool, then transfer to a wire rack.

NOTE: I doubled the recipe and baked them on two large cookie sheet, switching sheets mid-way through baking. They took 18 minutes to bake.

\* The original recipe used a stand mixer with a paddle if you prefer, but the food processor worked fine.

Visit Lynda Rego on Facebook at [www.facebook.com/lynda.rego](http://www.facebook.com/lynda.rego) where she shares tips on cooking, books, gardening, genealogy and other topics. Click on Like and share ideas for upcoming stories.

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**NIBBLES**

Have any food and dining news you want to share? Send it to us at [life@eastbaynewspapers.com](mailto:life@eastbaynewspapers.com).

**Kids in the Kitchen: Gingerbread Cookie Class**

In this class, kids will roll up their sleeves and create beautiful, deliciously edible art. They will master how to read a recipe and measure ingredients, then go on mix, roll, and cut the gingerbread cookie dough. After the cookies have cooled, they will use a variety of holiday-inspired food items to decorate them. This class is great for kids 6 and up. Adults are welcome to stay, or they can enjoy a tour of the Mansion. Thursday, Dec. 19; 4-5:30 p.m.; Blithewold, 101 Ferry Road, Bristol; \$20 per child. 401/253-2707.

**Winemaker for a day**

Carolyn's Sakonnet Vineyard is offering a Winemaker for a Day program for two Saturdays in January. Winemaker for a day includes tasting & sampling of 4-5 varietals, access to a beaker and a "wine thief", extracting wine in the amount desired and blending in the beaker, having your bottle corked by the staff at Carolyn's Sakonnet Vineyard and then you take home and enjoy! Sessions are limited to 20 people and will be held at 11 a.m., 1 p.m., and 3 p.m. on January 11 and 25. Carolyn's Sakonnet Vineyard is located at 162 West Main Rd. in Little Compton. For more information please call 401/635-8486 or visit [www.sakonnetwine.com](http://www.sakonnetwine.com).

**Red White & Groove at Trinity Rep**

Trinity Rep is pleased to announce the return of their annual wine tasting event, "Red White & Groove", a casual evening featuring food, wine, music and dancing. The benefit party will take place from 7-11 p.m. on Saturday, Jan. 25 at the Pell Chafee Performance Center, 87 Empire St., Providence. The evening features a wine tasting with culinary pairings from several local restaurants and the danceable rhythms Superchief



*Le Central's last Stimulus Dinner of 2013*

LeCentral chef and proprietor Jesse James brought us the prix fixe "Stimulus Dinner" mid-recession, with three delicious courses and two wine pairings. Years later and hopefully mid-recovery, it's still one of the best —and most delicious — deals in town. This Wednesday and Thursday, Dec. 18 and 19, Le Central will be serving:

- 2011 Glass Mountain Cabernet Sauvignon Garbure, a port, cabbage and cannelloni soup
  - 2011 Pierre Sparr Pinot Blanc Lobster & Cod Pan Roast with local lobster and cod and a spicy lobster cream.
  - Blueberry-Grapefruit Tart, with Four Town Farm blueberries and pink grapefruit
- Plates are limited: call to reserve 401/396-9965.

Trio with opening act 3pile. Tickets are \$75 and are available online at [www.trinityrep.com](http://www.trinityrep.com), by phone at 401/351-4242, or in person at the Trinity Rep Box Office at 201 Washington St. in Providence.

**Downton Abbey inspired afternoon tea**

In the Garden Room of the Hotel Viking, to benefit The Newport Public Library. The tea includes an assortment of freshly prepared sandwiches, assorted scones served with lemon curd, a selection of freshly baked tea breads, chocolate truffles and a glass of Kir Royale. From 2-4 p.m., Saturday, Feb. 8. To indulge in the Downton Abbey Tea and support the library, at \$25 per person

including gratuity, reserve your place by calling the hotel at 401/848-4824.

**Community Cuisine by Marie — Afternoon tea**

Come enjoy a refreshing repast in our cafe-style dining room or al

fresco under the shady maple tree overlooking the Common. Community Cuisine is open each Tuesday from 1-4 p.m., offering a variety of hot and cold teas and a selection of petite savory and sweet delectables. The chef is Marie O'Loughlin Jenkins. At the Little Compton Community Center.

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New Year's Day 11:30am - 9pm

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# 8 Days

IN EAST BAY

**To Submit Calendar Items**

**BY E-MAIL (PREFERRED):**  
 life@eastbaynewspapers.com  
**BY PHONE:** 401/253-6000 x150  
**BY MAIL:** Calendar - East Bay Life, PO Box 90,  
 Bristol, RI 02809  
**BY FAX:** 401/253-6055  
 Or stop by any of our offices. Listings are coordi-  
 nated by Christy Nadalin. Photos or artwork are  
 encouraged but cannot be returned.  
**DEADLINE: Noon on Friday before publication**

## Wednesday December 18

**Sandywoods contra dance**

Please join us for our monthly contra dance at Sandywoods. Live music by fiddler Amy Larkin & Friends, with dance caller Linda Leslie. All dances are taught, partners not necessary, beginners and children welcome!  
**WHERE:** Sandywoods, 43 Muse Way, Tiverton.  
**WHEN:** 7-10 p.m.  
**COST:** \$8 adults, \$4 children, \$18 families.  
**MORE INFO:** 401/241-7349; www.sandywoodsmusic.com

**How the Grinch Stole Christmas**



Come and see the classic Grinch on the big screen.  
**WHERE:** Riverside branch, 475 Bullocks Point Ave., Riverside.  
**WHEN:** 3:30 p.m.  
**COST:** Free.

**Winter Concert**

Featuring Swanhurst Chorus and Navy Band Northeast performing holiday favorites.  
**WHERE:** Little Compton Community Center.  
**WHEN:** 6 p.m.  
**COST:** Free. Please bring a canned or boxed item for the LC Food Bank.  
**MORE INFO:** 401/635-2400.

## Thursday December 19

**Contra dance series**

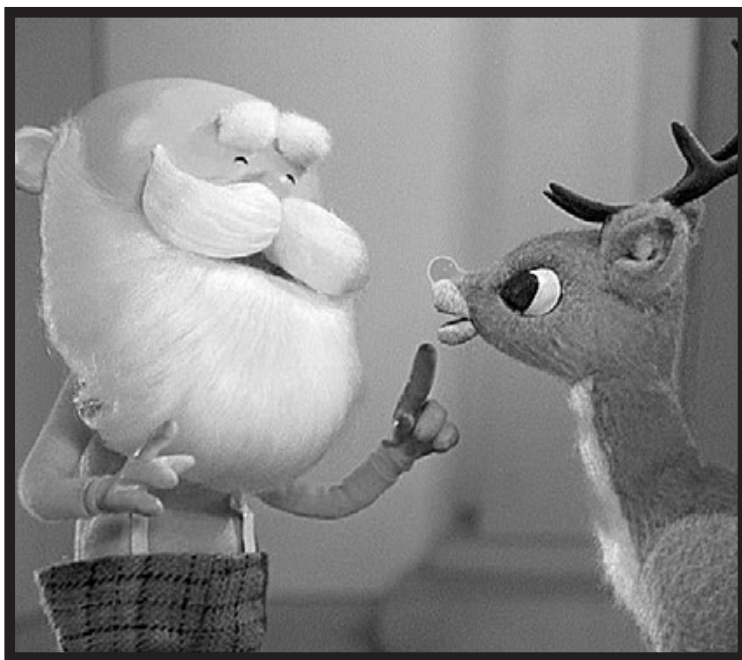
With support from the RI State Council on the Arts (RISCA), the Atwater-Donnelly Duo, national touring traditional folk musicians and dancers, are launching a contra dance series. Setting this series apart is the fact that they will be including some of the old "Chestnuts"—a term sometimes used for a group of older dances, ones that have been part of the contra repertoire for between 100 and 200 years.  
**WHERE:** The Mary Quirk School, 790 Main St., Warren  
**WHEN:** 7:30-10 p.m.; Thursdays, December 19.  
**COST:** \$5 donations accepted.  
**MORE INFO:** www.facebook.com/eastbaycontradance.net

**Kids in the Kitchen: Gingerbread Cookie Class**

In this class, kids will roll up their sleeves and create beautiful, deliciously edible art. They will master how to read a recipe and measure ingredients, then go on mix, roll, and cut the gingerbread cookie dough. After the cookies have cooled, we will use a variety of holiday-inspired food items to decorate them. This class is great for kids 6 and up.  
**WHERE:** Blithewold, 101 Ferry Road, Bristol.  
**WHEN:** 4-5:30 p.m.  
**COST:** \$20 per child.  
**MORE INFO:** 401/253-2707.



**SPOTLIGHT**



### Christmas family movie marathon

The Riverside Library is holding a free, Christmas-themed movie marathon this weekend, offerings include: 10 a.m., Santa Claus is Comin' to Town; 11 a.m., Rudolph, the Red-Nosed Reindeer; noon, Frosty the Snowman; 12:30 p.m., A Charlie Brown Christmas; 1 p.m., How the Grinch Stole Christmas; 3 p.m., Elf. Movie times are approximate. Light refreshments will be served.

**WHERE:** Riverside Library, 475 Bullocks Point Ave., Riverside.  
**WHEN:** 10 a.m.-5 p.m.; Saturday, Dec. 21.  
**COST:** Free.

**SPOTLIGHT**



### Antje Duvokot at Sandywoods

Antje Duvokot is one of the brightest singer-songwriters to rise out of Boston's ultra-competitive acoustic music scene. For years, Duvokot's songs have been critically praised for their hard-won wisdom, dark-eyed realism, and street-smart romanticism. Blending uncommonly beautiful vocals with one of the sharpest poetic sensibilities in her field, her latest release is a masterpiece of the modern folk genre.

**WHERE:** Sandywoods Center for the Arts, 43 Muse Way, Tiverton.  
**WHEN:** 7:30 p.m.; Saturday, Dec. 21.  
**COST:** \$18 advance, \$20 at the door  
**MORE INFO:** 401/241-7349; www.sandywoodsmusic.com

## Friday December 20

**Sparkle! An Outdoor Family Event**

Back for another year is the popular Friday evening "Sparkle!" Families are welcome to come stroll through Blithewold's illuminated gardens and greenhouse, breathing in crisp Christmas air or joining our carolers as they spread holiday cheer. Come enjoy music, cocoa, and roasted marshmallows around a roaring bonfire in Blithewold's Enclosed Garden. Carolers will be singing around the bonfire from 6:30 - 7 p.m. Hot Cocoa is free; S'mores kits will be available for \$1.

**WHERE:** Blithewold, Ferry Road, Bristol.  
**WHEN:** 6-8 p.m., Fridays through December 27.  
**COST:** Free with mansion admission.  
**MORE INFO:** www.blithewold.org.

**Holiday sale**

There is still a chance for you to get some one-of-a-kind gifts at the Tiverton Historical Society's annual Holiday Sale at Chace-Cory House. They have great gift ideas for everyone on your list: Tiverton baseball caps and mugs, collectible Tiverton ornaments, vintage glassware, historic books and maps, jams and jellies, and lots more gift items, as well as delicious homemade goodies.

**WHERE:** 3908 Main Road, Tiverton Four Corners.  
**WHEN:** 2-6 p.m.  
**MORE INFO:** www.tivertonhistorical.org.

**'A Nor'easter Noel' at Sandywoods**

Ring in the season with a stellar cast of award-winning singer-songwriters from the Northeast. Original and classic holiday and winter-themed songs will be performed. Singing along encouraged!

**WHERE:** Sandywoods, 43 Muse Way, Tiverton.  
**WHEN:** 7:30 p.m.  
**COST:** \$10 advance, \$12 at the door.  
**MORE INFO:** Reserve tickets at the advance price by leaving a message at 401-241-7349.

## Saturday December 21

**Opening reception: Brainscanning**

"Brainscanning," an exhibition of new work by Tom Deininger, will be on display at Van Vessel Gallery in Tiverton through January 31, 2014. An opening reception will be held this Saturday, with a special appearance by performance artist Laurel Casey. Gallery hours are noon-5 p.m. on Wednesday, 4-8 p.m. on Thursday and Friday, 2-5 p.m. on Saturday, and during performances in the adjacent Sandywoods Center for the Arts.

**WHERE:** Van Vessel Gallery, 63 Muse Way, Tiverton.  
**WHEN:** 5-8 p.m.  
**COST:** Free.  
**MORE INFO:** 401/835-6639.

**Holiday Zoobilee**

The Zoo is open exclusively for Holiday Zoobilee this Saturday. Visitors will be able to learn how the zoo's animals stay active through holiday-themed keeper chats; the Zoo's train and wildlife carousel are included in the Zoobilee admission; and there will be opportunities to carol with the animals, enjoy hot chocolate and a special holiday cookie, and workout with some of Santa's elves before stopping up at the Buttonwood Farm to meet Santa Claus.

**WHERE:** Buttonwood Park Zoo, Hathaway St., New Bedford.  
**WHEN:** 11 a.m.-4 p.m.  
**COST:** Members are \$9/adult and \$6/child; Non-members are \$14/adult; \$11/child and all children under 3 are free.  
**MORE INFO:** www.bpzoo.org.

**'Messiah and Carol Sing: The Christmas Story'**

Swanhurst Chorus, under the direction of conductor Jonathan Babbitt, offers the 21st Annual "Messiah and Carol Sing: The Christmas Story," a beloved tradition of Christmas in Newport. This special evening will feature much of the Christmas portion of Handel's Messiah as well as beloved carols, plus selections by Swanhurst's Chamber Singers and the telling of the Christmas Story.

**WHERE:** Emmanuel Church, Newport.  
**WHEN:** 7 p.m.  
**COST:** \$10, \$5 for children 12 and under, and \$25 maximum per family.  
**MORE INFO:** 401/682-1630; www.Swanhurst.org.

## Monday December 23

**Legos at the library**

LEGO fans are invited to build alongside other kids who love LEGOs. Grades k-5.

**WHERE:** Riverside Library, 475 Bullocks Point Ave., Riverside.  
**WHEN:** 10:30-11:30 a.m.  
**COST:** Free.  
**MORE INFO:** 401/433-4877

## Tuesday December 24

**Christmas Eve**

**Christmas in the Barnyard**

Participants are encouraged to dress appropriately for a morning in the barnyard. This program begins promptly at 9:00am, please arrive at least ten minutes early. No reservations are required.

**WHERE:** Coggeshall Farm, Bristol.  
**WHEN:** 9-10:30 a.m.  
**COST:** \$10 adults; \$6 seniors and children (3-12); children under 3 Free. Museum Members, \$7 adults; \$5 seniors and children (3-12); children under 3 Free.

# Wednesday

December 25  
Christmas Day



Wednesdays: The Rick Costa Trio (jazz)

### Federal Hill Pizza

495 Main St., Warren; 401/245-0045

Federal Hill Pizza features live music every Saturday night at 7:30 p.m. This week: Rebecca Correia.

### The Knights of Columbus

28 Fish Rd., Tiverton

Karaoke every Friday night with Mari-ozations Studio; from 6:30-11 p.m.; Computer karaoke or BYO CD. Free admission. 50/50 raffle, hosted by Jesse Bertholde 401/297-6604.

### LePage's Seafood

439 Martime St., Fall River; 508/677-2180

Fridays: Karaoke at 9 p.m.

### Mulhearn's Pub

507 North Broadway, East Providence; 401/438-9292

Friday: Rock-A-Blues; Sunday: Karaoke with Chase.

### One Pelham East

270 Thames St., Newport; 401/847-9460

Thursday: Stu Sinclair with Never in Vegas; Saturday: Brian Scott, Blockhead; Tuesday: DJ Blacklist; Wednesday: Jack Babineau.

### 133 Club

29 Warren Ave., East Providence; 401/438-1330

Wednesdays: Karaoke with Big Bill; Thursday: Mac Odom Band; Friday: Stone Leaf; Saturday: Outta the Blue; Sunday: Brother to Brother.

### Oriental Pearl

576 State Rd., Westport

508/675-1501 or 401/435-6565

Karaoke every Wednesday night with Cal Raye. 8:30 p.m.-12:30 a.m.

### Scampi

657 Park Ave., Portsmouth; 401/293-5844

Fridays: Andre Arsenault; Saturdays: Alissa Musto.

### Scores Pub

3 Park St., Rte. 118, Rehoboth; 401/435-6565

Karaoke every Tuesday night with Cal Raye. 8-11 p.m.; free pool.

### Steve Fredrick, solo acoustic

Pauls City Grille, 315 Waterman Ave., East Providence.

8:30-11:30 p.m.; Saturday and Sunday, Dec. 21-22.

## Theater & Stage

### Miracle on 34th Street

The Ocean State Theatre Company (OSTC), which recently launched its first full season in its new state-of-the-art theatre in Warwick, is proud to present the musical adaptation of the popular holiday favorite, *Miracle on 34th Street*.

WHERE: 1245 Jefferson Boulevard, Warwick.

WHEN: Through December 29.

COST: Tickets are \$39 for preview performances and \$39-\$54 for all other performances.

MORE INFO: www.OceanStateTheatre.org; 401/921-6800.

### 'A Christmas Carol'

Trinity Rep proudly continues the celebration of their 50th season with their annual presentation of Charles Dickens' "A Christmas Carol." Appealing to young and old alike, this heartwarming story of the power of forgiveness shows

## SPOTLIGHT



## Sparkle! An outdoor family event

Come stroll through Blithewold's illuminated gardens and greenhouse, breathing in that crisp Christmas air or joining our carolers as they spread holiday cheer. Come enjoy music, cocoa, and roasted marshmallows around a roaring bonfire in Blithewold's Enclosed Garden. Carolers will be singing around the bonfire from 6:30 - 7 p.m.

WHERE: Blithewold, Ferry Road, Bristol.

WHEN: 6-8 p.m., Fridays through December.

COST: Christmas Sparkle is included in a regular Mansion admission. Family (2 adults, 2 youths): \$24; Adult: \$11; Senior: \$10; Student: \$9; Youth 6-17: \$3; Child 5 and under: Free/

MORE INFO: 401/253-2707.

us that anything is possible—and hope is always just around the corner.

WHERE: Trinity Repertory Theatre, 201 Washington St., Providence.

WHEN: Through December 28.

COST: \$36 adults; \$22 children (age 2-14).

MORE INFO: 401/351-4242; www.trinityrep.com.

### 'Vanya and Sonia and Masha and Spike'

Fresh on the heels of their sold out run of season opener "The Grapes of Wrath", Trinity Rep continues their 50th anniversary season with the New England premiere of Christopher Durang's smash-hit comedy *Vanya and Sonia and Masha and Spike*. Taking takes his cue from some of Anton Chekhov's most recognizable characters, Durang wickedly adds more than a dash of pop culture, a huge helping of dark humor and then lets the characters stew in a pressure cooker of their own devising. The result is a whirlwind weekend of classic Durang barbs, over the top tirades and ridiculously hysterical situations.

WHERE: Trinity Rep, 201 Washington St., Providence.

WHEN: Through December 22.

MORE INFO: 401/351-4242; www.trinityrep.com.

geared for 3- to 5-year-olds. Includes a craft and light snack.

WHERE: Baker Books, Route 6, Dartmouth

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 508/997-6700;

www.bakerbooks.net

MORE INFO: www.asri.org

## Arts & Antiques

### 'Warren: A Point Of View'

This exhibit portrays the vibrant town of Warren R.I. told by current and former residents using video, audio, photographs, artifacts, memorabilia and oral histories told by members of the "The Silent Generation"—also known as "The Lucky Few"—people born from 1925 to 1942.

WHERE: Imago Gallery, 36 Market St., Warren.

WHEN: Thursdays-Sundays through December 22.

COST: Free.

MORE INFO: www.preservewarren.org.

### 'From Waders to Warblers: A Photographic Celebration of Birds'

As an ecologist and artist, Brooks Mathewson's goal in avian photography is to express statements about the biology of his subjects while creating an artistic image. Through intense study of the forests, salt marshes and barrier beaches of Rhode Island, Brooks has assembled a body of photographic work that provides a comprehensive artistic visual narrative conveying the great diversity of migratory and resident avian life that inhabit these ecosystems.

WHERE: Audubon Environmental Education Center, 1401 Hope Street, Bristol.

WHEN: Through December.

COST: Free with admission.

MORE INFO: www.asri.org.

MORE INFO: workshops@PortsmouthArts.org.

### The Ceruleans, on exhibit in Barrington

Throughout the month of December, Barrington Public Library displays work by the Ceruleans, an active group of award-winning female artists. Among the group are Rhode Island painters, illustrators, and printmakers.

WHERE: Barrington Public Library, 281 County Road, Barrington.

WHEN: 9 a.m.-9 p.m., Monday-Thursday; 9 a.m.-5 p.m., Friday-Saturday; 1-5 p.m. Sunday.

COST: Free.

MORE INFO: 401/247-1920; www.barringtonlibrary.org.

### Bristol Art Museum

In celebration of the new Bristol Art Museum's home at Linden Place, tours and an art exhibit featuring local artists John Udvardy and Penelope Manzella, will be on view through December.

WHERE: Bristol Art Museum, Wardwell St., Bristol.

WHEN: 1-4 p.m., Sundays through December 29.

COST: Free.

MORE INFO: 401/253-4400; www.bristolart-museum.org.

## Trips & Tours

### Holiday lantern tour

Learn the history of winter holiday traditions on a lantern-lit stroll through Newport's streets and hear how people did or didn't celebrate the holidays.

WHERE: Departs from the Brick Market: Museum & Shop, 127 Thames St., Newport.

WHEN: 4:30 p.m.; Thursdays, Fridays and Saturdays through December 28.

COST: \$12 per person, \$10 NHS members.

MORE INFO: Reservations strongly recommended as space is limited. Call 401/841-8770.

### Impressionists on the Water

As an artistic subject, there could be no better match for the Impressionists than the element of water. The play of light, sense of atmosphere and physical

See TRIPS Page 12

## Thursday

December 26

### Animal experiences with Dave Marchetti

Dave will introduce all ages to his many animal friends including a chinchilla, snakes, lizards, tree frogs, a hedgehog, turtles, and more. Kids and adults will be invited to touch and hold the animals at the end of the program.

WHERE: Weaver Memorial Library, 41 Grove Ave., East Providence.

WHEN: 1:30-2:30 p.m.

COST: Free.

MORE INFO: 401/434-2453.

### Aidan's Irish Pub

John St., Bristol; 401/254-1940

Sunday: An Irish seisiun, 5-9 p.m.

### Atlantic Sports Pub

70 Shove St., Tiverton; 401/816-5996

Every Wednesday: Pro Karaoke by Rick & Joan

### Beach House

506 Park Ave., Portsmouth; 401/293-5700

### Benjamin's Sports Club

4 Stafford Road, Tiverton; 401/624-3899

Saturdays: Pro Karaoke with Rick & Joan

### Bovi's Town Tavern

287 Taunton Ave., East Providence; 401/434-9670

### British Beer Company

29 State St., Bristol; 401/253-6700

Friday: D&D Live; Saturday: Andre Arsenault Duo.

### Broadway Lounge

535 North Broadway, East Providence; 401/434-9742.

Friday: Brother to Brother; Saturday: Spellbinders.

### Custom House Coffee

600 Clock Tower Square, West Main Road, Portsmouth

Sunday: Open mic with Gary Fish, 2-5 p.m., guest musician 3 to 3:45 p.m.

### The Coffee Depot

501 Main Street, Warren; 401/608-2553

Open Mic starts about 7:00 pm and follows the featured artist's 8:00-8:40 pm performance until 9:50pm., Fridays excluding holiday weekends. Bring a nonperishable food donation to benefit Bristol Good Neighbors.

### DeWolf Tavern

259 Thames St., Bristol; 401/254-2005

## Kids & Outdoors

### Children's story hour

Miss Margie reads several theme-related story and picture books geared towards the pre-school set, followed by craft time allowing the children to express their creativity based on the fun facts and stories they just heard.

WHERE: Barrington Books, Barrington Shopping Center, County Road, Barrington

WHEN: 10 a.m. Thursdays

COST: Free

MORE INFO: 401/245-7925; www.barrington-books.com

### Young children's story hour

Bring your little ones for stories

# NEWPORT GRAND SLOTS

## PACKAGE

# \$60

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or NewportGrand.com

# 2014

*Eight to the Bar*

## New Year's Eve Dinner & Show!

Eight to the Bar Swing Band & Prime Rib & Seafood Buffet

401-849-5000

Tuesday, December 31
newportgrand.com

From Page 11

## SPOTLIGHT



### Disney On Ice presents '100 Years of Magic'

Coming to the Dunkin' Donuts Center at the end of December. Featuring Natasha Kuchiki as Mulan, whose skating career before "Disney On Ice" was highlighted by three US National Championships, a bronze medal in the 1991 World Championships, and sixth place in the 1992 Winter Olympics.

**WHERE:** Dunkin Donuts Center, 1 LaSalle Square, Providence.  
**WHEN:** Thursday-Monday, Dec. 26-30. Times vary.  
**COST:** Tickets start at \$25.  
**MORE INFO:** [www.dunkindonutscenter.com](http://www.dunkindonutscenter.com).

Muse Way (take Roosevelt Drive off Bulgar-marsh Road), Tiverton  
**WHEN:** 4-7 p.m. Thursdays  
**COST:** 401/241-7349; [info@sandywoodscenter.org](mailto:info@sandywoodscenter.org).

## Clubs & Classes

**Ballroom & line dancing**  
 Every Tuesday afternoon; singles welcome.  
**WHERE:** Liberal Club, 20 Star St., Fall River.  
**WHEN:** 12:30-3:30 p.m., every Tuesday.  
**COST:** \$7.  
**MORE INFO:** 508/857-7734.

**Active Single Seniors meeting**  
 All active single seniors are welcome to attend these meetings to discuss plans for upcoming activities such as biking, walking, outdoor concerts, inexpensive trips, dinner, theater and more. RSVP only (number below).  
**WHERE:** Dunkin Donuts, 670 Metacom Ave.,

Warren  
**WHEN:** 6 p.m. Tuesdays  
**COST:** Free  
**MORE INFO:** 401/247-0503

**Ballroom & Latin dancing**  
 Join the fun and learn all the popular dances. Learn two new dances each month and enjoy an evening of social dancing. No partner needed to learn; beginners, singles and couples welcome. Complimentary coffee, tea, pizza and pastry, cash bar available.  
**WHERE:** Democratic Club, 186 Roffee St., Barrington  
**WHEN:** 7-8 p.m. beginner dance class, 8-11 p.m. social dance party, Fridays  
**COST:** \$15, door  
**MORE INFO:** 401/245-1119; [www.dancenelia.com](http://www.dancenelia.com)

**Ballroom dance lessons**  
 Learn all the social dances from a certified instructor in a relaxed environment. Adults of all ages are welcome. Great for beginners and more experienced dancers. Help with wedding dance preparation also available.  
**WHERE:** East Providence Senior Center, 610 Waterman Ave., East Providence.  
**WHEN:** 2-4 p.m. Mondays.  
**COST:** \$3.  
**MORE INFO:** 401/434-0080.

**Choreographed ballroom dance classes**  
 Mike and Joyce Alexander will teach

choreographed ballroom dancing (round dancing) every Monday evening. Modern social round dancing is pre-choreographed with a "cuer" telling the dancers what to do as they all progress around the dance floor. Rhythms taught will be foxtrot, waltz, cha-cha and rumba.

**WHERE:** Portsmouth Senior Center, 110 Bristol Ferry Road, Portsmouth.  
**WHEN:** 6-7 p.m. (advanced), 7-8 p.m. (beginners) and 8-9 p.m. (intermediate) on Mondays.  
**COST:** \$10 per couple.  
**MORE INFO:** 508/672-0259; [jta440@msn.com](mailto:jta440@msn.com).

**East Bay Toastmasters Club**  
 A program for professionals, students, stay-at-home parents or retirees who wish to improve their oral communication skills. Membership open to all.

**WHERE:** United Methodist Elder Care, 30 Alexander Ave., East Providence  
**WHEN:** 5:30-7:30 p.m., first and third Thursdays of each month  
**MORE INFO:** <http://9556.toastmastersclubs.org>

**Open Knit Night at Sisters of the Wool**  
 Sisters of the Wool hosts a free knitting night, every Thursday, at their Westport location.  
**WHERE:** Sisters of the Wool, 782 Main Rd., Westport.  
**WHEN:** 5:30-8:30 p.m. Thursdays  
**MORE INFO:** 774/264-9665

**Gardening volunteers at Veterans Home**  
 Rhode Island Veterans Home Master Gardener volunteers meet for general gardening activities to beautify the R.I. Veterans Home.  
**WHERE:** R.I. Veterans Home greenhouse, 480 Metacom Ave., Bristol  
**WHEN:** 9 a.m. to noon, Mondays and Thursdays  
**MORE INFO:** 401/245-4845; [margehardisty@yahoo.com](mailto:margehardisty@yahoo.com)

**Live model figure drawing**  
 Take part in unguided figure drawing in a relaxed, informal and supportive setting. All experience levels — new artists included — are welcome. Bring your own materials and easel or other preferred work surface. Model and chairs provided.  
**WHERE:** Sandywoods Center for the Arts (Yellow Building), 73 Muse Way, Tiverton.  
**WHEN:** 6-9 p.m. Mondays.  
**COST:** \$14 general, \$10 for college-level art students.  
**MORE INFO:** [www.sandywoodscenter.org](http://www.sandywoodscenter.org).

**Networking breakfast**  
 Community businesses are invited to attend a business networking breakfast sponsored by Service By Referral (SBR) networking's Bristol chapter. Both formal and informal networking exercises will be conducted to help business owners. As part of Service By Referral, members have access to networking meetings, training and events and other opportunities throughout Rhode Island and nearby Massachusetts.  
**WHERE:** Raymour & Flanigan Furniture, 100 Highland Ave., Seekonk.  
**WHEN:** 8 a.m. on Thursdays.  
**COST:** Free, but guests are responsible for their own breakfast costs.  
**MORE INFO:** [newengland@sbrnetwork.com](mailto:newengland@sbrnetwork.com).

**Ocean State Bridge Club**  
 A free lunch is served once a month by Sakonnet Bay. Visit the website for schedule, results and more information. Call or e-mail if you need a part-

ner. Beverages and snacks served. Air conditioned room is quiet and comfortable. All are welcome.

**WHERE:** Sakonnet Bay Manor, 1215 Main Road, Tiverton.  
**WHEN:** 12:30 p.m. Fridays, Mondays.  
**COST:** \$6.  
**MORE INFO:** 401/253-2383; [www.oceanstate-bridgeclub.com](http://www.oceanstate-bridgeclub.com).

**Operation Shower knitting circle**  
 Aquidneck Chiropractic will host a weekly knitting circle. The group will make baby articles to be sent to Operation Shower, an organization that supplies items to expectant families of soldiers deployed overseas.

**WHERE:** Aquidneck Chiropractic, 1272 West Main Rd., Middletown.  
**WHEN:** 2 p.m. Tuesdays.  
**COST:** Free.  
**MORE INFO:** 401/849-7011.

**Portsmouth Multi-Purpose Senior Center**  
 A variety of weekly activities are available, from zumba and line dancing to bridge, computer classes and support groups. Thrift shop open weekdays from 9:30 a.m. to 3:30 p.m. Blood pressure clinics are held every 4th Wednesday of the month from 11 a.m. to noon. Must be aged 55 or older to join; Portsmouth residency not required.

**WHERE:** 110 Bristol Ferry Rd., Portsmouth  
**MORE INFO:** 401/683-4106  
**Senior fitness classes**  
 Seekonk Total Fitness Club offer a free senior fitness class.  
**WHERE:** Seekonk Total Fitness, 1301 Fall River Ave., Seekonk  
**WHEN:** 10:30 a.m. Tuesdays, Thursdays  
**COST:** Free  
**MORE INFO:** 508/336-4545; [www.totalfitnessclubs.com](http://www.totalfitnessclubs.com)

**Social duplicate bridge**  
 "Tea Time at the Table," duplicate bridge for newcomers and intermediates. All are invited for an afternoon of food, fun and friends.  
**WHERE:** St. Mary's Church parish house, 378 East Main Road, Portsmouth  
**WHEN:** 1:30 p.m. Tuesdays  
**MORE INFO:** 401/624-1723 or e-mail [viking-bridgeclub@verizon.net](mailto:viking-bridgeclub@verizon.net)

**Toastmasters Island Foghorns**  
 Toastmasters International is a non-profit organization that helps people develop and improve their public speaking abilities through local club meetings.  
**WHERE:** Middletown Police Department, 123 Valley Rd., Middletown  
**WHEN:** 5:30-6:30 p.m. first and third Thursdays of each month  
**MORE INFO:** e-mail [vpres-mem@islandfoghorns.org](mailto:vpres-mem@islandfoghorns.org)

**Viking Bridge Club**  
 Offers games and lessons for players at every level. Partners are guaranteed.  
**WHERE:** St. Mary's Parish House, 278 East Main Road, Portsmouth.  
**WHEN:** 6:30 p.m. Mondays, 9:30 a.m. Wednesdays, Fridays, 12:30 p.m. Tuesdays, Thursdays.  
**MORE INFO:** 401/624-1723; [www.vikingbridgeclub.com](http://www.vikingbridgeclub.com).

## Self Help & Support

**Al-Anon meetings**  
 Hope for Today, an Al-Anon meeting offers help for families and friends of alcoholics.  
**WHERE:** Warren Senior Center, Joyce St., Warren.  
**WHEN:** 10 a.m. Thursdays.  
**Recovering hearts Al-Anon meeting.**  
**WHERE:** St. James Lutheran Church, Middle Highway, Barrington.  
**WHEN:** 11 a.m. Saturdays.

## Markets

**Art Sales**  
 Two locations: Stella Blues in Warren and William Raveis Realty in Bristol. For more information, please contact Jane Dever at 401/688-0396.  
**WHERE:** 15 Miller St., Warren; 423 Hope St., Bristol.  
**WHEN:** Through December 31.  
**MORE INFO:** 401/688-0396.

**Mt. Hope farmers' market**  
 This farmers' markets showcases many local vendors selling fresh produce, meat and fish, along with baked goods and other treats. The Acacia Cafe food truck serves breakfast and lunch. There will also be live music, demonstrations, kids' activities, knife-sharpening, clothing and electronics drives and more.  
**WHERE:** Mt. Hope Farm barn, 300 Metacom Ave., Bristol  
**WHEN:** 9 a.m. to 1 p.m. Saturdays  
**MORE INFO:** [mounthopemarket@gmail.com](mailto:mounthopemarket@gmail.com).

**Rogers Free Library book sale**  
 Ongoing sale featuring adult, young adult and children's books. Also available are DVDs, audio books and puzzles. All items are reasonably priced with proceeds benefiting the library.  
**WHERE:** Rogers Free Library, 525 Hope St., Bristol  
**WHEN:** 9 a.m. to 8 p.m. Monday to Thursday; 9 a.m. to 5 p.m. Friday and Saturday  
**MORE INFO:** 401/253-6948

**Sandywoods farmers' market**  
 Vendors will offer jams and jellies, honey, gourmet roasted coffee, clam chowder, fresh shellfish, alpaca hats and gloves, breads and cakes, pasture-raised meat and poultry, sandwiches and tacos, granola and eggs and fresh produce. There will also be live music.  
**WHERE:** Sandywoods Center for the Arts, 43

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### Food Addicts in recovery

A long-term solution to food addiction whether you are anorexic, bulimic, an overeater or otherwise food-obsessed. No dues, fees or weigh-ins. Membership open to anyone who wants help with food. Meetings in East Providence and Bristol.

— East Bay Manor, 1440 Wampanoag Trail, East Providence; 7-8:30 p.m. Wednesdays; free; www.foodaddicts.org

— Columban Fathers, 65 Ferry Road, Bristol; 8 a.m. Saturdays; free; 401/433-4521 (Betty)

MORE INFO: www.foodaddicts.org

### Marijuana Anonymous

Support group works to help people recover from marijuana addiction. The program uses the basic 12 steps of recovery founded by Alcoholics Anonymous. If using public transportation, take RIPTA bus 60 to the church.

WHERE: Barrington Congregational Church Education Building (room 8), 461 County Road, Barrington

WHEN: 7:30-8:30 p.m. Wednesdays

MORE INFO: 401/369-6518 or BillW15@aol.com (Bill W.); www.facebook.com/RIAMABored-NoMore

### Parenting support group

This group, for parents to discuss the challenges of raising children today in a demanding society, is open to all parents, single and partnered, traditional and non-traditional and to parents in blended family situations. Child care is available but parents must call Jennifer DeWolf at 401/935-3359 by the Friday before the meeting to let her know how many children will attend and their ages.

WHERE: Tildsley Building, St. Michael's Church, 399 Hope St., Bristol

WHEN: 6 p.m. on the third Thursday of each month

COST: Free; donations of non-perishable food for Bristol Good Neighbors Soup Kitchen or paper goods for the East Bay Food Pantry welcome

### TOPS meetings

TOPS (Take Off Pounds Sensibly) meets at locations around the East Bay. It's a sensible and affordable way to help you lose weight and get healthy.

— Riverside Congregational Church, 15 Oak Ave., Riverside, on Thursdays; 5:45-6:10 weigh-in, 6:15-7 p.m. meeting. \$2 per week. For more information contact Barbara at 401/433-5084 or e-mail blh25@cox.net.

— Tiverton Senior Center, 207 Canonicus St., Tiverton, on Thursdays at 10 a.m. All are welcome.

— Warren Baptist Church, Main and Miller Street, Warren, Thursdays; 5:45-6:30 p.m. weigh-in, 6:30-7:30 p.m. meeting, Thursdays. \$3 a week. For more information, call Susan Lemois at 401/864-6510.

# Points of Interest

### Audubon Society's Environmental Education Center

This natural history museum and aquarium is situated on a 28-acre wildlife refuge with walking trails and quarter-mile boardwalk. In the center, visitors can look inside a 33-foot life-sized Right Whale, discover life in a tide pool, observe Narragansett Bay's marine life, see a rare blue lobster and even explore a cornfield at night.

WHERE: 1401 Hope St. (Route 114), Bristol.

WHEN: 9 a.m.-5 p.m. Monday to Saturday, noon-5 p.m. Sunday.

COST: \$6 adults, \$5 seniors, \$4 children ages 4 to 12, free for children under 4 and members; group tours available.

MORE INFO: 401/245-7500; www.asriec.org.

### Barrington Preservation Society Museum

The Barrington Preservation Society Museum is a center for collecting, preserving and exhibiting objects that relate to the history of the town of Barrington. It also serves as a research and education center with programs, tours,

books and published materials available to the community. "Barrington's Industrial Past" on exhibit through June 30, 2014.

WHERE: Barrington Preservation Society Museum, 281 County Rd. (on the lower level of the Barrington Public Library)

WHEN: 11 a.m.-4 p.m. Wednesday, Thursday, Saturday and by appointment

COST: Free

MORE INFO: 401/289-0802; www.barrpreservation.org

### Battleship Cove

Home to a battleship, destroyer, two P.T. boats, a Russian-built missile corvette plus aircraft exhibits. Recently appointed as Massachusetts' official memorial to its victims of the Sept. 11, 2001 terrorist attacks, Battleship Cove serves as the Bay State's official memorial to the World War II, Korean, Vietnam and Persian Gulf conflicts.

WHERE: Battleship Cove, 5 Water St., Fall River

WHEN: 9 a.m.-4:30 p.m. daily

COST: \$15 adults, \$13 seniors 65 and older and veterans, \$9 children 6 to 12, \$7 active military, free for children under 6

MORE INFO: 508/678-1100; www.battleship-cove.org

### Blithewold Mansion, Gardens & Arboretum

A 45-room mansion and 33 acres of landscaped grounds overlooking Narragansett Bay. Various flower gardens, a 90-foot tall giant sequoia, a bamboo grove and other exotic plants. On the National Register of Historic Places.

WHERE: 101 Ferry Road, Bristol

WHEN: Gardens and grounds open 10 a.m.-4 p.m. daily; mansion and gardens open 10 a.m.-4 p.m. April to October

COST: \$24 per family, \$11 for adults, \$9 for seniors/students/military personnel, \$3 for children ages 6-17, free for kids 5 and under and Blithewold members

MORE INFO: 401/253-2707; www.blithewold.org

### Bristol Historical & Preservation Society Museum

Located in the former Bristol County jail, built in 1828 of stones used for ballast in Bristol ships. It has a library and collection of artifacts and memorabilia covering Bristol's 300-year history. Architectural and historical walking tours arranged for groups.

WHERE: 48 Court St.

WHEN: 1-5 p.m. Wednesdays and Fridays

COST: \$2 donation; free for members

MORE INFO: 401/253-7223

### The Bristol Train of Artillery

The B.T.A. has maintained an uninterrupted existence from the date of its establishment on Feb. 12, 1776. The headquarters is also a museum with rare specimens of military weapons and artifacts, shoulder arms, sabers, documents and other memorabilia.

WHERE: 135 State St., Bristol

MORE INFO: For tours, exhibits or demos, contact Lt. Col. Herb Deveau, 401/253-3927; Lt. Col. Sabby Dias

### Buttonwood Park Zoo

The zoo features more than 200 animals in 28 exhibits on a 10-acre site. A new Zoo Choo Choo, an electric train, runs daily on the grounds and is \$2 a ride.

WHERE: 425 Hawthorn St., New Bedford

WHEN: 10 a.m.-5 p.m. daily; closed Thanksgiving, Christmas and New Years Day

COST: \$6 adults, \$3 ages 3-12, free under 3, \$4.50 teens, seniors; \$2 train

MORE INFO: 508/991-6178; www.bpzoo.org

### Buzzards Bay Brewing

The brewery is built on a 140-acre historic farm where they grow the hops and barley for their award winning ales, lagers and pilsners.

WHERE: 98 Horseneck Road, Westport

WHEN: 11 a.m.-5 p.m. Thursday to Saturday; tours on Saturday

COST: Free for one tasting; \$5 for a Buzzards Bay sample glass and four tastings

MORE INFO: 508/636-2288; www.buzzards-brew.com

### Caratunk Wildlife Refuge

The Audubon Society of Rhode Island site has a large nature center with regular activities and educational classes. Includes an extensive trail system through 250 acres of fields, forests, streams and woods.

WHERE: 301 Brown Ave., Seekonk

WHEN: Daily, sunrise to sunset

COST: Free admission to refuge, admission fees for programs

MORE INFO: 508/761-8230; www.asri.org

### Chace-Cory House

This early 18th century dwelling, headquarters of the Tiverton Historical Society, with its restored early outbuildings, houses the Society's collection of early American antiques and furnishings displayed in restored period rooms, as well as important documents and artifacts from Tiverton's rich past. The colonial garden is planted with heirloom plants, including jonnycake corn, the rare native R.I. white cap flint corn. New this year is the entrance through the museum shop where historical books, Tiverton mugs and ornaments, jams and jellies, and other items may be purchased.

WHERE: 3908 Main Road, Tiverton Four Corners

WHEN: 2-4:30 p.m. Sundays, June 2-Sept 30, or by appointment

COST: \$3 non-members; \$2 students and seniors (60 yrs+); members and children under 12 years free

MORE INFO: 401/625-5174; www.tivertonhistorical.org

### Charles W. Greene Museum

Exhibits include the Charles R. Carr collection of pre-Columbian, Peruvian and North American Indian artifacts, including wampum and glass beads, along with colonial fishing, farm implements and utensils.

WHERE: George Hail Library, 2nd Floor, 530 Main St., Warren

WHEN: 2-4 p.m. Wednesdays and by appointment

COST: Free admission

MORE INFO: 245-7686

### Coggeshall Farm Museum

Visitors experience the past through all of their senses at this 48 acre living history farm. Interpreters dressed in reproduction clothing carry out the same tasks performed on Bristol's farms in 1799 and invite visitors to learn hands-on. The working 18th century farm features historic structures and heirloom plants and animals.

WHERE: Poppasquash Road, off Route 114, Bristol, adjacent to Colt State Park

WHEN: 10 a.m.-4 p.m. Tuesdays to Sundays, year round; closed Mondays

COST: \$5 adults, \$3 children, seniors

MORE INFO: 253-9062; www.coggeshallfarm.org

### Fall River Carousel

Housed in an elegant Victorian-inspired pavilion, this unique waterfront venue has been completely restored to the splendor of its early days at the historic Lincoln Park. Over 3,000 carousels were produced in the U.S. during the "golden age" between the early 1880s and early 1930s. Fall River's Carousel 54 of the Philadelphia Toboggan Company is one of only 165 left operating in the country. The classic carousel, marked by masterful carvings and that old familiar up-and-down galloping motion, can be enjoyed by the whole family year-round for birthday parties and special events.

WHERE: Fall River Carousel, Central St., Fall River

WHEN: Season (closed for winter); opens Memorial Day on weekends, then Wednesday through Sunday when school lets out; available for private functions year round

COST: \$1 ride; \$5 for seven rides

MORE INFO: 508/678-1100, ext. 101; www.battleshipcove.org

### Gray's Grist Mill

One of the oldest continually operating grist mills, grinding corn the same way it did before 1700. Buy the famous R.I.jonnycake meal here, made of flint-cap corn, ground with granite stones.

WHERE: 638 Adamsville Road, Westport

WHEN: Noon-4 p.m. Tuesday to Sunday

MORE INFO: 508/636-6075; www.graysgrist-mill.com

### Greenvale Vineyards

Vineyard tours are at 2 p.m. and include a walk through the 20 acres of vines, a tasting of their estate-grown wines, the restored 1863 stable and views of the Sakonnet River.

WHERE: 582 Wapping Road, Portsmouth

WHEN: 11 a.m.-4 p.m. Monday to Saturday; noon-4 p.m. Sunday; daily public tours are at 2 p.m. (weather permitting)

COST: \$8 per person

MORE INFO: 847-3777; www.greenvale.com

### Linden Place Mansion

Bristol's "Great House" is where generations of seafaring DeWolfs, Colts and Barrymores entertained presidents and politicians. During Scavenger Hunts, make your way through the 200-year-old mansion rooms and seek out dozens of artifacts — both big and small — hidden and in plain sight, while you learn of Linden Place's rich architectural and family history.

WHERE: 500 Hope St., Bristol

WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through Columbus Day

COST: \$8 for adults, \$6 for seniors/students, \$5 for children ages 6 to 11, free for kids under 6;

\$2 discount for military, AAA and PBS members

MORE INFO: 401/253-0390

### Lloyd Center

Located on 55 acres of pristine salt-marsh, maritime forest and wetlands at the mouth of the Slocums River offering 6 walking trails. The headquarters and nature center contain live exhibits. A variety of educational programs for students of all ages are available.

WHERE: 430 Potomska Road, Dartmouth

WHEN: 10 a.m.-4 p.m. Tuesday to Saturday, through May; trails open dawn to dusk, 365 days

COST: Free

MORE INFO: 508/990-0505; www.lloydcenter.org

### Martin Wildlife Refuge

The Seekonk Land Conservation Trust maintains this 35-acre "oasis of peace" with woodland trails, a pond and streams.

WHERE: 379 Fall River Ave. (across the street from the Grist Mill Restaurant), Seekonk

WHEN: Sunrise to sunset, daily

COST: Free

MORE INFO: 508/336-4244 (Tom Webb); seekonklandtrust@yahoo.com

### Maxwell House

This 2-1/2 story brick Colonial, the oldest brick house in Warren, was built in 1756 by the Rev. Samuel Maxwell and remained in the Maxwell family for 122 years. It has two working beehive ovens and is the home of the Massasoit Historical Association.

WHERE: Corner of Water and Church streets, Warren

WHEN: 10 a.m.-2 p.m., Saturdays; open for special events and by appointment

COST: Free, donations welcome

MORE INFO: 245-3350, 245-0392; www.massasoithistorical.org

### Mt. Hope Farm

The farm boasts 200 acres, from rocky shorelines to thick forest paths to open meadows, all linked with walking paths. It dates back to 1745, is listed on the National Register of Historic Places and once hosted Gen. George Washington during the Revolutionary War.

WHERE: 250 Metacom Ave., Bristol

COST: 7 a.m.-7 p.m. daily (the farm is sometimes closed for private functions)

COST: Free

MORE INFO: 254-1745; www.mounthopefarm.com

### Museum of Natural History and Cormack Planetarium

Rhode Island's only natural history museum, home to the state's only planetarium. Offers exhibits and attractions. Seating is limited. Kids under four not admitted.

WHERE: Roger Williams Park, 1000 Elmwood Ave., Providence

WHEN: 10 a.m.-5 p.m. daily; planetarium is open every weekend and during school vacations with shows at 2 p.m.

COST: \$3 adults, \$2 children under age 8 (includes museum entrance fee), kids under 4 not admitted to planetarium

MORE INFO: 401/785-9457; www.providenceri.com/museum

### New Bedford Whaling National Historical Park

Established in 1996 to preserve and interpret America's 19th-century whaling history. It encompasses a 13-block National Historic Landmark District and addresses economic, social and environmental history of whaling.

WHERE: 33 William St., New Bedford

MORE INFO: 508/996-4095; www.nps.gov/nebe

### Newport Vineyards & Winery

Tours at 1 and 3 p.m. daily, including a walk among the 35 acres of vineyards. Wine tastings held throughout the day. An art gallery and gift shop with gourmet foods, wine accessories and clothing. Private tours, events available.

WHERE: 909 E. Main Road (Route 138), Middletown

WHEN: 10 a.m.-5 p.m. Monday to Saturday; noon-5 p.m. Sunday; 1 and 3 p.m. daily tours

COST: \$7, includes a complimentary wineglass

MORE INFO: 848-5161

### Old Colony & Newport Railway

The 80-minute, 10-mile trip takes riders along Aquidneck Island's west shore through the Naval Base to Portsmouth and back.

WHERE: Old Colony & Newport Railway, 19 America's Cup Ave., Newport

WHEN: 11:45 a.m. and 1:45 p.m. Sundays, year round

COST: \$10 for adults, \$8 for seniors and \$6 for children under 14 for coach; \$13.50 for first-class parlor car regardless of age

MORE INFO: 401/849-0546; www.ocnrr.com

See POINTS Page 14

# NEWPORT GRAND SLOTS

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newportgrand.com

Free Shows

Saturday, December 21 10PM

## DIRTY DEEDS

Saturday, December 28 9PM

## Comedy Show 5ive

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## Good Health IN THE EAST BAY

# Have you ever heard of cervicogenic dizziness?

By Dr. Jeremy McVay and Cindy Larcher, PTA

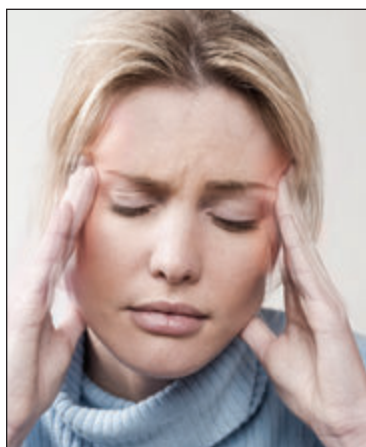
Dizziness affects more than 50% of the population over age 65 and we have seen a recent increase in the younger population. Dizziness can come from a variety of sources.

It is important to consider sources of dizziness. 85% of vertigo comes from BPPV (benign paroxysmal positional vertigo). This usually makes one feel like the room is spinning when changing position (like getting out of bed). More concerning problems should be ruled out by your doctor. BPPV is resolved in 85-90% of cases in one physical therapy treatment for the inner ear. Other types of vertigo may require vestibular rehabilitation and/or referral to an ear, nose and throat doctor.

Cervicogenic dizziness comes from the neck. It can include symptoms such as lightheadedness, nausea, headache (especially in the back of the head and behind the eye), dizziness, fatigue, foggy, neck pain and stiffness, and feeling off balance. Less frequently occurring are visual disturbances, sweating, ringing in the ears, problems with swallowing, TMJ (jaw) pain, arm pain or burning. These signs can also be related to other problems, so discussing this with your doctor is important.

Cervicogenic dizziness is affected by neck positioning. Symptoms tend to be worse in positions that compromise the neck, such as using a computer, driving, watching TV, using a smart phone, reading and being bent forward. This problem tends to build up over time. The great news is that there is treatment. Correcting posture and building up the right muscles in the neck are part of working toward a long term fix. Heat, massage techniques (such as trigger point therapy), electrical stimulation, mobilization and traction have been shown to be helpful as well.

The most common cause of this is long-term poor posture. However, trauma, such as a fall or car accident, can also be related to the onset of dizziness. Usually, the dizziness comes and goes and is



combined with a loss of range of motion in the neck.

A thorough evaluation is the best way to determine what type of dizziness or vertigo is occurring. There is no specific test for cervicogenic dizziness. It does not show up on x-ray or MRI. Therefore, it is important to first ruling out other sources of dizziness as the primary cause. For this reason it is very important to understand the history, perform a physical examination, and perform vestibular function tests to get a better understanding of the underlying condition.

McVay Physical Therapy treats cervicogenic dizziness, BPPV, vestibular rehabilitation including desensitization, balance and gait training. Treatment is individualized for each person and is preceded by a thorough evaluation.

*Dr. Jeremy McVay is the owner and director of McVay Physical Therapy. Dr. McVay is board certified and has taken special topic courses in the spine, foot and ankle, shoulder and aquatics. He has lectured at Brown for more than 10 years. Cindy Larcher is a graduate of the Physical Therapist Assistant program at CCRI. She is board certified as a licensed PTA. Cindy furthers her knowledge through continuing education courses, including the Sarah Meeks Comprehensive Treatment Strategy for osteoporosis, Parkinson's and arm injuries.*

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## Georgia Girl

Georgia Girl is a 9-year-old Portuguese Cattle Dog who was rescued from the Warren Animal Shelter 6 years ago. Her owner recently passed away and unfortunately this senior beauty has found herself back at the Warren Shelter. She needs to be in an only dog family, but has with cats. A generous donor has offered to pay her adoption fee so that this special senior can live out her golden years with a loving family. Please call the Warren Animal Shelter to meet her: 401/245-4569.



# Holiday watch list

From Eloise and the Grinch to the Bradys and WWE, here's a comprehensive list of the good, the bad — and yes, even the ugly — in holiday specials from now until 2014. Proceed with caution.

### Wednesday, Dec. 18

- Home for the Holidays with Celine Dion, CBS — 8 p.m.
- The iHeartRadio Jingle Ball 2013, The CW — 8 p.m.
- Michael Buble Christmas, NBC — 10 p.m.

### Thursday, Dec. 19

- Eloise at Christmastime, ABC Family — 7 a.m.

### Friday, December 20

- Happiness Is a Warm Blanket, Charlie Brown, Fox — 8 p.m.

### Saturday, December 21

- Nestor the Long-Eared Christmas Donkey, ABC Family — 7 a.m.

- The Little Drummer Boy, ABC Family — 7:30 a.m.

- The Life and Adventures of Santa Claus, ABC Family — 9 a.m.,

- I Want a Dog for Christmas, Charlie Brown, ABC — 8 p.m.

### Monday, December 23

- A Chipmunk Christmas, ABC — 8:30 p.m.

### Tuesday, December 24

- A Very Brady Christmas, ABC Family — 7 a.m.

- 'Twas the Night Before Christmas, ABC Family — 9 a.m.

- It's a Wonderful Life, NBC — 8 p.m.

- Dr. Seuss' How The Grinch Stole Christmas, ABC — 8:30 p.m.

### Wednesday, December 25

- A Christmas Story, TBS — All day marathon begins at midnight.

- Disney Parks Christmas Day Parade, ABC — 10 a.m.

- Ice Age: A Mammoth Christmas, Fox — 8 p.m.

- Merry Madagascar, The CW — 9:30 p.m.

### Saturday, December 28

- WWE Tribute to the Troops, NBC — 9 p.m.

### Monday, December 30

- Happy New Year, Charlie Brown, ABC — 8 p.m.

- Rudolph's Shiny New Year, ABC — 9 p.m.

### Tuesday, December 31

- Dick Clark's New Year's Rockin' Eve with Ryan Seacrest, ABC — 10 p.m.

- New Year's Eve with Carson Daly, NBC — 10 p.m.

- New Year's Eve Live, Fox — 11 p.m.

### Wednesday, January 1

- The 125th Tournament of Roses Parade, NBC — 11 a.m.

# Barrington Community School class registration now open

Registration for Barrington Community School's winter/spring courses, trips and students activities is in progress. Courses in finance, crafts, cooking, foreign language, fine arts, music, literature, sports, and fitness are offered. College bound programs include Preparing for the S.A.T. and college visits. Parent-child

workshops and classes for teens and pre-teens are available, as well as numerous day trips to museums, theater, gardens, historic sites, ski resorts, concerts and more. Brochures are available at area businesses and libraries or visit the website, [www.barrcomm-school.com](http://www.barrcomm-school.com). Call BCS at 401/245-0432 for more info.

## 8 Days Points

From Page 13

### Osamequin Wildlife Sanctuary

The sanctuary features 42-acres alongside Hundred Acre Cove with woodlands, fields, saltwater wetlands and a well-defined trail system that leads to the shoreline with benches for resting along the way. There is a map at the trailhead.

WHERE: Off the Wampanoag Trail, Route 114, Barrington (there is a sign and a small parking area)

WHEN: Year-round, sunrise to sunset

### Preservation Society of Newport

Take a journey back in time at one of America's premier collections of historic house museums. Find a world of exceptional elegance and inspiration in architecture, art, interior design and landscapes and explore 250 years of American history.

WHERE: The Breakers, 44 Ochre Point Ave.; The Elms, 367 Bellevue Ave.; Marble House, 596

Bellevue Ave.; Chateau-sur-Mer, 474 Bellevue Ave.; Rosecliff, 548 Bellevue Ave.; Kingscoate, 253 Bellevue Ave.; Hunter House, 54 Washington St.; Isaac Bell House, 70 Perry St.

WHEN: 9 a.m. daily, The Breakers; 10 a.m. other mansions; 6 p.m. mansion, 7 p.m. grounds, The Breakers; 5 p.m. other mansions; 10:30 a.m.-4:30 p.m. weekends and holidays, Hunter House and Isaac Bell House

COST: \$31.50 adults, \$10 ages 6-17, five properties excluding Hunter House; \$24.50 adults, \$6.50 ages 6-17, The Breakers plus one other property excluding Hunter House; \$19.50 adults, \$5.50 ages 6-17, The Breakers only; \$14.50 adults, \$5.50 ages 6-17, one property, excluding The Breakers and Hunter House; \$28 adults, \$5 ages 6-17, Hunter House only

MORE INFO: 847-1000; [www.newportmansions.org](http://www.newportmansions.org)

### Providence Children's Museum

Every week, kids can enjoy a whole variety of activities, crafts, games and more.

WHERE: 100 South St., Providence

WHEN: 9 a.m.-6 p.m. Tuesdays to Sundays, select Fridays to 8 p.m., closed Mondays except holidays and public school vacations, September to March

COST: \$8.50, free for children under 12 months,

most programs free with admission

MORE INFO: 401/273-5437; [www.childrenmuseum.org](http://www.childrenmuseum.org)

### Roger Williams Park Zoo

Walk through this 40 acre zoo — one of the nation's oldest — and encounter African elephants, Masai giraffes, zebras, red pandas, snow leopards, moon bears, gibbons, giant ant eaters and more in naturalistic settings.

WHERE: 1000 Elmwood Ave., Providence

WHEN: 9 a.m.-4 p.m. daily

COST: \$14.95 adults, \$9.95 kids 3 to 12, \$12.95 seniors (62 plus), free for children under 3 and zoo members; admission is half price in January and February

MORE INFO: [www.rwpzoo.org](http://www.rwpzoo.org)

### Sakonnet Vineyards

Open daily for tours (no weekend tours in January and February), wine tastings and retail sales.

WHERE: 162 West Main Road, Little Compton

WHEN: Noon and 3 p.m.

COST: \$10 per person; includes complimentary wine glass

MORE INFO: 635-8486; [www.sakonnetwine.com](http://www.sakonnetwine.com)

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**\$5** **Loom Band Kits**

**\$10** **50' The Pocket Hose**  
 Compare \$19.99

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**Mens & Ladies Merino Wool Crew/Boot Socks**  
 3M thinsulate lined. Compare \$9.99

**\$5.97**  
**1.88** Your Choice  
**Rayovac** 5 pack AA  
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**Famous Label Stylish Winter Fleece Jackets**

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**Your Choice \$20**

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 1000 Thread Count Cotton Sheet Sets  
 60/40 Queen or King  
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**49.99**  
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 While supplies last

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**Patriots Hoody**  
 Comp. \$40  
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**Serta Ortho Pillowtop Pet Bed**  
 36"x27"x4"  
**29.99**  
 Compare \$79.99

**Ladies Premium Catalog Tops**  
 Compare \$20-\$50  
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**Mens Sweaters**  
 Compare \$30-\$50  
**\$10**

**Christmas & Specialty bags**

Small 4.25"x5.625"x2.5"	Comp. \$2.00	40¢
Medium 7"x9"x3.5"	Comp. \$3.00	70¢
Oversized Bottle 13.5"x4.875"x4.875"	Comp. \$4.00	90¢
Large 10"x12.75"x5.25"	Comp. \$4.00	\$1
Lg. Wide Gusset 12.5"x15"x8"	Comp. \$6.00	1.50
Jumbo 13"x18"x5"	Comp. \$4.50	1.50

**2.49**

**Christmas Roll Wrap**  
 100 Sq. Ft - 30" wide  
 Assorted styles. Compare \$7  
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**\$2.99**

**Christmas Storage**

**Your Choice \$4**

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 Lots of styles including figure enhancing models. Compare \$42-\$52

**\$6**

**Mens & Ladies Better Flannel Lounge Pants**  
 Traditional plaids and prints. Compare \$14.99

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 Compare \$100-\$200  
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- 10pk Body Warmers

# East Bay Real Estate

## MEET *Ted Ngo*: HE LOVES ADVENTURE AND THE AMERICAN DREAM

BY JOAN D. WARREN

**T**ed Ngo has been a resident of Rhode Island for nearly 20 years, and currently lives in East Providence with his partner and their golden retriever. Ted believes that local market knowledge, effective negotiation skills, and client-first philosophy are critical ingredients to success in this field. He has a bachelor of science degree and an MBA candidacy from southern California (where he grew up and returns frequently for family visits), a business counseling certification, more than 15 years in marketing and sales, and mortgage consultation experience.

**WHY REAL ESTATE AS A CAREER?** "After 17 years in marketing and sales management for high-tech and financial industries, I grew tired of the 'impersonal' aspect of the corporate world. I have always enjoyed interacting directly with people, and am constantly fascinated by their diverse characteristics. In 2005, while operating a mortgage brokerage, my "aha" moment came when I found that I was most excited for my clients when they finally closed on their dream home or found the 'right fit' for their investment objectives. I realized then that I would enjoy helping my clients more by being

involved in their purchase and sales transactions. The rest was easy, as I was able to immediately apply my sales and negotiation skills to benefit my clients. Also, having ultimately attained my 'American Dream' of owning one's own home after having arrived to this country in 1978 as a Vietnamese refugee without speaking a word of English, I really want to help — and show everyone — that they too can achieve their own American Dream through smart real estate investments."

**WHAT DO YOU LIKE MOST ABOUT IT?** "The most rewarding thing for me about being a real estate agent is seeing the overwhelming joy and more importantly, relief from my clients after helping them sell or acquire a property. I have learned that, for the clients, it is not always about a particular property or a dollar amount. Rather, it is about their ability to start anew or to close out a chapter in their life transition. Being able to help them cross that threshold and step confidently into a new beginning is truly a feeling of success for me."

**WHAT DO YOU LEAST LIKE ABOUT IT?** "There are so many unknowns or variables that are not within our control, which range from seller's or buyer's emotions, to market factors, regulatory changes,

and financing or lending conditions."

**ADVICE FOR SELLERS?** "Besides pricing it correctly, my mantra for sellers is three simple keywords: SPACE, LIGHT, and SHINE. Sellers should do whatever they can to maximize all the spaces in the property and help buyers visualize the space with proper staging if necessary. Also, people do not buy what they can't see; sellers should ensure that all lighting fixtures are functioning properly and incorporate natural light whenever possible. Equally important is cleanliness. I often recommend that homeowners take advantage of professional cleaning services, especially to remove strong odors or dirt especial-



**Ted Ngo**  
**William Raveis**  
401.286.4496

ly in prominent places like bathroom, kitchen and doorways."

**WHAT ARE SOME OF YOUR HOBBIES?** "I love traveling whenever I can and experience the sights, languages and food of different parts of the world. I feel that it's truly a small world, and we can all come away as better human beings if we have a better understanding of one another's culture. Also, my partner and I always enjoy a good live-theater performance, especially at one of our little state's many terrific theaters."

**BEST VACATION EVER?** "My trip to Australia a few years back, where I got to scuba-dive in the Great Barrier Reef, and pet kangaroos and koala bears (which are cuter in pic-

tures than up-close-and-personal, believe me)."

**BUCKET LIST ITEMS?** "A high-adrenaline, fun activity like sky-diving or zip-lining. Going on a long vacation in Bora Bora or a safari adventure in Africa."

**WHAT'S YOUR BEST CULINARY CREATION?** "I am not a cook at all, but I can whip together a 'mean' roasted duck, yellow-noodle soup very quickly."

**HOLIDAY TRADITIONS?** "Gifting. I enjoy hunting for those special, unusual gifts and giving them a special wrapping treatment. I think the gift's packaging (presentation) is a part of the gift, and is an important factor contributing to the gifting experience for both the givers and the recipients."

**WHAT ARE YOU READING?** "I just started reading 'Sons of Providence'(a biography of Moses and John Brown) by Charles Rappleye, which provides a surprising insight into the history of Rhode Island that we usually do not hear about."

**FLIP PHONE, IPHONE OR DROID?** "Hands down, Droid. While it is important that what I own reflects a good sense of taste and my personality, function and efficiency always trump design for me."

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### RARE MULTI FAMILY



**Barrington:** Rare 3 family in Barrington. This is a great investment! Enjoy the bike path right in the back yard. Views of the Warren River from the back yard. Excellent investment opportunity! **\$339,000 Lisa Halajko 774-991-0052**

*"We wish you a holiday season filled with the warmth of the spirit, and love of family & friends. Our thoughts turn gratefully to those who have made our progress possible. It is in this spirit we say... Thank you and best wishes for the holidays and a prosperous New Year!"*

### MULTI FAMILY OPPORTUNITY



**Cumberland:** This is a wonderful owner occupied or investment opportunity. Completely redone. All 4 units have been updated and new. Owner occupied could live for free. **\$339,000 Lisa Halajko 774-991-0052**

### LOCATION



**North Smithfield:** Pristine sprawling brick Ranch in most desirable location! 3-4 beds, master suite, stunning family rm, sunfilled rooms, island kitchen, laundry on 1st, sprinklers, private landscaped lot and garage. 4 zone heat, central air/vac. Expansion options! **\$465,000 Michelle Cartwright 401-663-5677**

### HISTORICAL MULTI FAMILY



**Bristol:** Waterviews from this spectacular 2-family home w/ inlaw on 3rd flr! Walking distance to downtown & bike path! Hardwoods, master bed w/ bath. Central air on 1st & 3rd. Fireplaced sunroom overlooking the beautifully landscaped fenced-in yard! **\$559,900 Lori Gardiner 401-265-2594**



**Rumford:** Location, Location! Wonderful Rumford Colonial w/ 4 beds, 2 updated baths, 2 fireplaces, gorgeous hardwoods, New granite & stainless kitchen, office, finished lower. New roof & windows, screened porch. Myron Francis School. **\$395,000 Robin Lozito 401-486-6937**

### GREAT LOCATION



**Seekonk:** Over 1 Acre Lot on Cul De Sac! Walk to Four Town Farm all seasons! 1 level home, 2 beds w/ 3rd the converted garage space. Charming built-ins, book shelves & fireplace. Very private yard. New windows & young roof. **\$229,900 Michelle Cartwright 401-663-5677**

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# House of the Week

## On Prudence, a home for quiet island life

**E**njoy beautiful sunrises from this contemporary home at 9 John Oldham Road on Prudence Island. A quick ferry ride away from downtown Bristol, Prudence Island is close by, yet a world away from the hustle and busy of everyday life.

With more than 1,160 square feet of living space, this open and bright home can be used as a year-round home, vacation home or rental property. The home has one bedroom and one full bathroom, and there are additional sleeping quarters in a loft from the living room.

The cathedral ceilings and skylights add to the light of the home. There is a large deck off the living room, through double French doors, with water views of upper Narragansett Bay.

Sitting high on a hill and only few hundred yards from the water, the property is perfect for relaxing in the summer or taking long walks throughout the year.

The home, built in 1995, sits on a fenced-in 7,800-square-foot lot with a shed and a large second deck.

The home has recently been remodeled with updated appliances.

Move right in and be ready for the summer of 2014.



- Fred Stevenson
- Prudence Island Realty
- 965-0850
- Offered at \$299,000

**View:** Enjoy panoramic views of Narragansett Bay from this Prudence Island home. **Loft:** A loft above the living room provides additional room for sleeping. **Greatroom:** Filled with light from all directions, the open living room creates a comfortable space. **Exterior:** The property has a fenced-in yard and a small shed to the side. **Dining:** The home was built in 1995 and has more than 1,100 square feet.



**BARRINGTON - WATERFRONT**  
**New Listing** Contemporary home set on over an acre located on Nayatt Pt. offers stunning views from every room. Versatile floor plan for family and friends flows effortlessly off the living room onto large deck. The master suite features cathedral ceilings, private deck and Whirlpool tub. \$1,495,000 401-274-1644



**PORTSMOUTH - WATERFRONT**  
 Enjoy stunning views of the Sakonnet River and 100 feet of beach frontage from this quality custom built home. Open floor plan, hardwoods, fireplace, eat-in kitchen, master suite with Whirlpool tub and large waterfront deck perfect for entertaining. \$824,000 401-848-2101



**WARREN - TOUISSET**  
 Lovely home, fully modernized offering, 4 bedrooms and 3 full baths, A/C, hardwoods throughout and in-law suite with separate entrance. Updates include new roof and paint. Close to town, mall and shops. \$469,000 401-274-1644



**PORTSMOUTH - RANDOLPH WAY**  
 To be constructed, featuring 9 foot ceilings, fine finishes and gourmet kitchen with granite and stainless. 4 bedrooms, 2.5 baths, gas fireplace, central A/C, mudroom and laundry room. 2 car garage. \$499,000 401-848-2101



**TIVERTON - FOUR CORNERS**  
 Spacious home set on over an acre in a quiet cul-de-sac. Well maintained with numerous updates. Offering 2 master suites, living room with fireplace, spacious kitchen. Multi-level decks perfect for entertaining. \$569,000 401-848-2101



**BARRINGTON - WATERFRONT**  
**New Listing** Luxurious colonial near the harborfront. Features include formal living & dining rooms, marble fireplace, open floor plan with hardwood floors, master suite with Jacuzzi & 3 additional bedrooms. French doors & sliders access the pool. Private dock. \$875,000 401-274-1644



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# REAL ESTATE TRANSACTIONS

ADDRESS	BUYERS & BUYERS' AGENT	SELLERS & SELLERS' AGENT	SALE PRICE
<b>BARRINGTON</b>			
361 New Meadow Rd.	Thomas E. & Jennifer L. Fitzpatrick – J. Napolitano Team/RE/MAX River's Edge	Ann J. Palmiter & Diane Fenton – J. Napolitano Team/RE/MAX River's Edge	\$325,000
3 Carriage Trl.	John R. & Heather Magnussen – G. Schiffman/Residential Properties, Ltd.	John J. & Cynthia S. Anterni – M. Farley/RE/MAX River's Edge	\$752,500
16 Puritan Ave.	Thomas F. & Megan Mistretta – Hill Harbor Group/RE/MAX Professionals	Thomas E. & Jennifer L. Fitzpatrick – J. Napolitano Team/RE/MAX River's Edge	\$340,000
<b>EAST PROVIDENCE</b>			
735 Willett Ave. #703	Heather L. Peck – T. Mosher/RE/MAX River's Edge	Margaret A. Farley – P. Bain/RE/MAX River's Edge	\$120,000
30 Hawthorne Ave.	Melissa A. Carbone – K. Kopecky/Fiddler Real Estate	Courney L. Toomey – D. Thompson/William Raveis	\$127,000
<b>WARREN</b>			
36 Barton Ave.	James Carter & Ashley L. Diniz-Carter – N. Denelle/Century 21 Stachurski Agency	Greene FT & Nathanael A. Greene – M. Cartwright Co./RE/MAX River's Edge	\$333,500
12 Canario Dr.	Peter O'Loughlin – B. Sizeland/RE/MAX Profnl. Newport, Inc.	John & Lynne McDonald – R. Dugan/C21-Rondeau Associates	\$255,000
14 S. Cornell Ave.	Manuel J. Menezes & Jennifer A. Beaulieu – Deb Cordeiro Group/EXIT Harborside Realty	Frances M. Drzal – M. Birs/William Raveis	\$155,000
2 Redwood Ct.	Michael Templeton & Gregory P. Costa – J. McFeeley/Weichert Realtors, Hunter Prop.	Patricia S. & John D. Schneider – J. Sapphire/Entry Only Listing Service	\$315,000
600 Child St.	Nicholas A. Ross – Non MLS Member	Dorothy Kaiser – D. Iannucci Group/RE/MAX Professionals	\$160,000

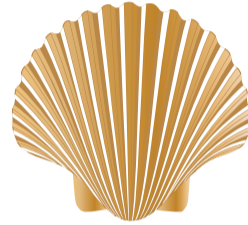


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## OPEN HOUSES THIS WEEK

ADDRESS	DAY	TIME	STYLE	BEDS	BATHS	PRICE	BROKER	AGENT	PHONE
<b>BRISTOL</b>									
241 Wood St.	Saturday, Dec. 21	10 am-12 pm	Multi-family	4	2	\$234,900	Keller Williams	Welchman RE Group	401-635-0252
<b>TIVERTON</b>									
90 Bellview Ave.	Sunday, Dec. 22	1-2 pm	Cape	3	2	\$299,000	TL Holland	TL Holland	401-624-8469
253 Holly Circle	Saturday, Dec. 21	12:30-2:30 pm	Colonial	3	2	\$269,900	Keller Williams	Welchman RE Group	401-635-0252

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**10-YEAR FIXED RATE** **3.459%** APR\*  
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**EAST PROVIDENCE** - Pierce Feild!! Condo alternative without the fees!! Recently remodeled 2 Br, 2 bath bungalow. FR, Bar, Vinyl Siding, replacement windows New roof & GHW Tank, finished basement, gas heat, upgraded electric, HW's, Tile, 2 car garage. **149,900**

**RUMFORD** - Myron Francis!! Clean brick front, 3 Br, 2 bath Ranch partially furnished basement, HW's, Tile, Central air, upgraded electric, sprinklers 6000+SF corner lot. **199,900**

**EAST PROVIDENCE** - Pierce Field!! Young subdivision!! 3 Br R/R, FR, Sliders to deck & Patio, central air, HW's, tile, FP, garage, 8000+SF lot **199,900**

**Happy Holidays!!**  
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\*Annual Percentage Rate (APR) effective as of 12/12/13 and subject to change. Payments above do not include taxes or mortgage insurance premiums. Actual payment obligation will be greater. Product assumes zero points. Property insurance required. 1-4 family owner-occupied properties only. Please contact us for information about non-owner occupied properties. Appraisal fee of \$350-\$550 is required. \$5 membership account required. Subject to credit approval. 5% down payment required. Any down payment below 20% loan to value will require private mortgage insurance.

# Real Estate

## Homes For Sale

**BARRINGTON:** Looking to Sell? Your Home May Be Worth More Than You Think! Let our Friendly & Knowledgeable Agents Help! Call RE/MAX River's Edge 401-245-2000 For a FREE Home Evaluation!

**EAST BAY CLASSIFIEDS** Call 401-253-1000 or 800-382-8477

**BRISTOL:** First Time Home Buyers, Downsizing, or just Searching for your Dream Home? Our Agents can help you through the process every step of the way! Call RE/MAX River's Edge 401-254-1776

**EAST PROVIDENCE:** 3 family, with garages, appliances, laundry, like new, \$285,000 Owner will finance it 4%. Owner occupied. 401-286-1920

**FOR SALE BY OWNER?** SOLD by owner! Sell your house or property in the Real Estate section of East Bay Classifieds. It's affordable and it works. 401-253-1000

**PORTSMOUTH:** 39 Blue Bill Way. Price reduced \$349,900. Location, location, location. Waterfront, waterfront, waterfront, 2 bed, 1 bath, garage, updated appliance and utilities, beach, mooring and boat included. For private appointment "Buy Me" Bernard Realtors 401-418-0208.

**WARREN:** Beautiful Condo with waterfronts! One level living. 3 beds, 2 baths, newer kitchen, central air. Fees include water & heat. Private deck. Pool & clubhouse. Lori Gardiner 401-265-2594

## Commercial Land For Sale

**REHOBOTH:** ZONED COMMERCIAL - RAW SPACE...MAKE IT YOUR OWN! OPPORTUNITY TO DESIGN/CONSTRUCT SPACE TO FIT YOUR BUSINESS. UP TO 3000 SF OR WILL SUBDIVIDE. \$48,000 ROBIN LOZITO 401-486-6937

## Condo For Sale

**BRISTOL:** North Farm. 137 Winward Lane. Gated community, 3 bed condo, completely updated, new kitchen, granite countertops, 2.5 baths, gas fireplace, large garage with storage, A must see. \$389,900. "Buy Me" Bernard Realtors 401-418-0208

**REAL ESTATE AGENTS:** Need help getting known? Advertise in the East Bay Classifieds. Call Jerry Tobias at 401-253-6000 ext. 118

**BRISTOL:** North Farm, one level, corner unit, living/dining, 2 beds, 1.5 baths, central air, garage, move in ready, amenities \$269,000 401-254-2006

## Home Repair Loans

**CHURCH COMMUNITY HOUSING:** 0% & 3% Home repair loans & Homebuyer training classes 401-846-5114

## Apartment Rental

**BRISTOL/WARREN:** 1, 2 & 3 beds, 1 bed \$300/mo, 2 bed, \$445/mo, 3 bed \$550 mo. off st. parking, appl. incl. 401-529-7441

**PLACE YOUR YARD SALE** ad in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

**BRISTOL:** 1 bdrm, 2nd floor, close to downtown and bike path, \$680/mo + utilities 401-254-0184

**BRISTOL:** 2 bedrooms, 2nd fl. off street parking, water included no pets, security deposit req., \$800/mo 401-374-5892.

**BRISTOL:** 1 bed, 1st fl., appl., gas heat/hot water, hardwood flrs., laundry hookup, \$800/mo. no utilities included, no dogs 401-245-1983

**BRISTOL:** 1 bed, w/appl. Quiet, desirable location. Off-street parking, well kept grounds, \$650 month. Call 401-486-6771

**BRISTOL:** 1 bedroom, 2nd floor, includes appl. & water. \$625 month, lease & sec. req. no pets. off street parking 401-253-9277.

**BRISTOL:** 2nd fl, newly remodeled, w/d, stove/refrig. off street parking. Great neighborhood. \$850/month. 774-991-1578.

**EAST PROVIDENCE:** Duplex, 2 bed, completely renovated, gas heat, sliders to balcony, overlooking golf course, no pets or smoke \$800 + util 401-434-5072

**EAST PROVIDENCE:** 1 and 2 bed, appliances, utilities, laundry and parking, bus line. No pets. From \$700/month. Also furnished apts from \$800. 401-286-1920. 401-438-8137

**EAST PROVIDENCE:** 1st fl, 4 rooms, 2 bed, bus line, large yard convenient to everything. \$800/mo + util 401-433-1782

**EAST PROVIDENCE:** 3rd fl, Quiet 4 rms 2 bed., hdwds., bus route, lg yard, gas heat & hot water, \$750 + util 401-433-1782

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**Ryan Fonseca**  
Broker Associate

729 Hope Street, Bristol, RI 02809

rfonseca@c21bristol.com

401.489.0065 - cell

401.254.1900 - office

*Wishing everyone a... Happy Holiday*

**Mary Jo Fidalgo-Tavares**  
401-297-1399 Cell  
401-254-1900



*I would like to take a moment to Wish all my PAST, PRESENT AND FUTURE Clients a Wonderful Holiday Season and a Very Happy, Healthy and Prosperous New Year...*

**JoAnn Silva**  
Office: 401-254-1900  
Cell: 401-439-8861  
jsilva@c21bristol.com



# TL Holland Real Estate

3948 Main Road, Tiverton Four Corners • 401.624.8469 • info@tlholland.com • www.tlholland.com



**South Tiverton** - Waterfront 7 Acre mini-farm on Puncateest Neck Road. Spacious 8 room Colonial Farmhouse, 3 car garage, all amenities. **\$1,400,000**



**South Tiverton** - Walking distance to historic Four Corners. Beautiful, spacious Cape Cod style home on 4+ acre lot overlooking Nonquit Pond. 3 bedrooms, 2 full baths, 2 half baths, studio/home office in walkout lower level. **\$495,000**



**Little Compton** - Classic New England style log home with all modern amenities (new granite and lighting). Post and beam interior with cathedral ceilings, bright open floor plan, wood floors, stone fireplace, large porch and spacious deck on 2.5 private acres. **\$389,000**



**Tiverton** - Spacious Colonial on almost 2 acre lot, rural setting yet close to amenities and highway access. 4BR, 2.5 bath, updated 200amp, 2 stall garage, new asphalt drive, finished walkout lower level. Private yard and neighborhood. Ready for your touches! **\$305,000**



**Little Compton** - Idyllic country setting, close to the Commons and beaches. This Little Compton Cape features all NEW kitchen baths. Anderson/Pella windows, Tiger eye maple hardwoods, granite countertops, maple cabinets, cedar decking, brick walkway, patio & driveway. Beautiful 2AC lot with mature perennials. 3BR/2BA plus 1st floor office/den, attached 2 car garage, 3 season sunroom. **\$535,000**



**Tiverton** - Spacious one level living off Nanaquaket Rd. 3 bed, 2 bath Ranch with large sunroom addition & cathedral ceilings. Hardwoods, fireplace, 2 car integral garage. Well landscaped acre + in private setting. **\$399,000**



**South Tiverton** - Charming Country Cape with 7 rooms, 3 bedrooms, 2 baths, out building, porch and deck. Abuts miles of preserved land. Horses permitted. **\$339,000**



**South Tiverton** - Near Little Compton line - 9 acre farm overlooking Nonquit Pond. Antique home in need of restoration, barns, garage, and beautiful yard with stone walls. **\$1,199,000**



**Little Compton** - Beautiful Greek Revival house on over a half acre with lovely English Country gardens enclosed by stone walls. This charming Historic home has 8 rooms, 2.5 baths, lovely kitchen, large dining room, & more. Between Town Commons and Atlantic Ocean. **\$649,000**



**South Tiverton** - Dramatic views over Seapowet Marshland to Sakonnet River. Striking Contemporary has 3 fireplaces, open floor plan, 3 bedrooms, 2.5 baths. Located on quiet cul-de-sac, walking distance to Tiverton Four Corners. **\$525,000**



**32+ Acres** in South Tiverton near Weetamoe Woods. Good location for horses, mini farm, or possible subdivision. House in need of total rehab. Sale subject to Probate Court approval. **\$350,000**



**(90 Bellview Ave) Tiverton** - Beautifully maintained Cape with open floor plan, hardwoods, 1st floor bedroom. Large expanded second floor includes in-law set up. Well landscaped yard, large mahogany deck, shed and oversized garage. **\$299,000**

**OPEN HOUSE - SUN 12/22, 1-2PM**

# Real Estate

## Apartment Rental

**EAST PROVIDENCE:** 5 large rooms, 2 bed, double parlor, eik, nice yard, parking, \$900 + utilities 401-433-1782

**EAST PROVIDENCE:** 1st floor, sunny 5 rooms, 2 bed, EIK, nice yard, close to everything \$1,050, w/gas & elec. 401-433-1782

**EAST PROVIDENCE:** 1st flr, 1 bedroom, incl. heat & hot water, off street parking, no pets, \$850/mo 401-323-9244

**LITTLE COMPTON:** 2 bed, walking distance from Commons, \$982 utilities included. This is an ADA Compliant affordable housing unit 401-635-2329

**LITTLE COMPTON:** 2 Bdrm 1Bth. 1st fl. No pets. \$950/mo plus \$300 utilities. Call for details. Heather 401.835.3000

**PORTSMOUTH:** 1 RWU grad student only, 4 room furnished, off street parking, heat and hot water incl, 8 min from RWU, \$625/mo 401-619-2599

**PORTSMOUTH:** 2 bed, 1.5 BATH, w/garage, large yard, \$1,200/month, Tiverton 401-624-7176.

**REHOBOTH VILLAGE:** 5+ rooms in historic home. 1 bed, ns, appliances, hot water, cable, parking, storage,land, privacy, References, security \$970 month 508-269-2600

**Tiverton:** 2 bdrm, 1 bath, Quiet Cul de Sac, Pond View, New appliances and more, parking, laundry, no pets/smoking, \$900/mo incl. water. 1st month + \$900 sec. deposit. 401-486-3344.

**Tiverton:** 2BDRM/1.5BA Duplex. 20 Min. to Providence and Newport. \$1225 401-418-1515.

**Tiverton:** 2BDRM/1.5BA Duplex. Large deck. Owners side. 20 Min. to Providence and Newport. \$1250 401-418-1515.

**TO PLACE AN AD:** Call (401) 253-1000 or 800-382-8477 (MA) and speak to one of our knowledgeable Advertising Specialists. They can help you place and design your ad for maximum exposure.

**WARREN:** 607 Child St, 2 story townhouse, 3 bdrm, 1 1/2 bath, full basement, on site parking, applianced kitchen, gas heat. No pets. No smoking. \$1200/month + util. 401-245-7985.

**WARREN:** 1st fl, 1 bdrm, appliances, water incl, w/d, central heat, off street parking, no pets \$620/month. 401-253-1395.

**WARREN:** 3 bed, 2nd, large waterview, very nice, new windows, coin-op basement, \$850, no utilites/pets, 401-247-2530

**WARREN:** 1 bedroom, \$495, 3 bedroom \$750, stove, refrig, water. Sec. deposit required, No pets, no smoking 401-254-1036

**WARREN:** 3rd floor, 1 bedroom, appliances, 1 bath, backyard, storage, no pets, \$500/month. 508-252-6095.

**WARREN:** 3rd floor, 2 bedroom, hardwood floors, new kitchen, \$650 month includes water. 401-253-1900

**WARREN:** Small 2 bed, radiant heat, stove, dishwasher, refrig, hdws, w/d hook up, \$775/mo 401-338-9747

## Homes For Rent

**BRISTOL:** West side ranch. 3bd, 1 bth. New kitchen. Lg. yard, near park & bike path. \$1650 water incl. 401-245-0025.

**PLACE YOUR YARD SALE** ad in the East Bay Classifieds at 401-253-1000 or 800-382-8477.

**BRISTOL:** New house, 3 bed, 3 bath, large yard, garage, deck, very private & quite. Walking distance to beach \$1,800/mo. 401-749-2533

**LITTLE COMPTON** - 3 bed, 1.5 bath Cape on lovely 2 acre lot. Freshly painted interior, fully applianced. Finished lower level, exterior deck, circular drive. Pets allowed. Convenient location near beaches, Adamsville and Rte 81. Asking \$1,400/month TL Holland Agency 401-624-8469

**LITTLE COMPTON** : 3 bed, 1.5 bath Cape on lovely 2 acre lot. Freshly painted interior, fully applianced. Finished lower level, exterior deck, circular drive. Pets allowed. Convenient location near beaches, Adamsville and Rte 81. Asking \$1,400/month TL Holland Agency 401-624-8469

**LITTLE COMPTON** Tiverton - Highland Rd - 2 bedroom cottage with open floor plan near Fort Barton. \$1,000/month +utilities. T.L. Holland Agency 401-624-8469

**PORTSMOUTH:** 3 bed Ranch, 2 car garage, \$1650 plus utilities Call Prudential Prime Properties 401-849-2800

## Condos For Rent

**BRISTOL:** Courtyard at Metacom, 2 bedroom, 3rd flr., \$1,200/mo water incl., utilities separate, lease & security, no pets 401-253-9277

## Commercial Rental

**BRISTOL:** For lease 6000 sq. ft. storefront and 3000 sq. ft. end cap. Easy access, off street parking, Bristol Shopping Center. Call 401-253-3190.

**LITTLE COMPTON:** commercial lease, High Visibility - build to suit. Inquire Renee 401-635-0252

**WARREN:** Manufacturing zone, canvas building, 30 w x 60 l x 20 h. Office, large fenced in yard, 14 x 12 ft door, close to downtown, Uses, storage and/or repair, boats, trucks, and equipment. ie construction, landscaper, back hoe service, building is now rented for automotive work. 2 lifts, compressor and welders, etc Lease available, all equipment for sale. Health issues forces sale. \$850/month 401-965-7473

**WARREN:** Automotive repair facility, 4 bays, office, parts room, waiting room, 30 year old telephone number, turn key, long term lease available, owner will finance sale of equipment, health issues forces sale. \$1850/month 401-965-7473

## Office Space

**BARRINGTON:** Office space, off street parking, high speed Internet, snow removal and all utilities incl. Lease req. \$315/month, sec. dep. 401-246-0883 Avail Dec 1st

**BRISTOL:** Quiet 3 room office, 665 sq. ft., conference room, off street parking. Call 401-253-3190

## Retail Space For Rent

**BRISTOL:** 2 retail/comm units avail. 435 Wood St. \$750/month incl. water. Lease & security req. Call 401-253-9277.

## Vacation Rental

**N CONWAY CONDO** for rent, sleeps 8, Wi-Fi & Clubhouse w Indoor Pool, Hot Tub, Sauna & Game Room. \$899 Call 401-529-5996

**THE EAST BAY** Classifieds. Your Neighborhood Marketplace. 401-253-1000 or 800-382-8477 (MA)

# CHECK OUT Recently SOLD Transactions on...

EASTBAYClassifieds.com



## Holiday Deadlines

For week of December 30

**CLASSIFIED DISPLAY AD DEADLINES**

AD COPY: **Thurs., Dec. 26 @ noon**  
FINAL APPROVAL: **Fri., Dec. 27 @ 2:00**

**CLASSIFIED LINE AD DEADLINES**

**Fri., December. 27 @ 4:00**

# Classifieds Sell!

401-253-1000  
1-800-382-8477 (MA)



**NEW LISTING**

**BRISTOL** - SUNSHINE ABOUNDS IN THIS LOVELY HOME WITH WIDE PLANK WOOD FLOORS, NEW KITCHEN W/STAINLESS STEEL APPLIANCES, NEWER ROOF, FURNACE & ELECTRICAL. GREAT OPPORTUNITY TO LIVE IN DOWNTOWN BRISTOL WITH ALL THE AMENITIES WITHIN A FEW MINUTES OF YOUR FRONT DOOR. **PRICE: \$235,000**



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401-254-1900 office  
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Bristol, RI 02809

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*TO: My past and present clients, I would like to take this opportunity to thank you for your loyalty in choosing me as your Real Estate Agent. Wishing you the joy, love and laughter that the holidays bring. May the New Year bring health and happiness!*

Gratefully,  
Barbara

**Barbara Hanaway**  
Cell: 508-776-8773

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**Wishing You ALL a Happy & Safe Holiday Season**

**Roseann Dugan**  
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401-254-1900 OFFICE  
RDugan@C21Bristol.com

Century 21  
Rondeau Associates



**TIVERTON** - Beautiful High Hill Beach. Unobstructed views and immediate access to a peaceful beach. Remodeled summer cottage with enclosed porch for additional living space. Approved ISDS. Must see to appreciate. \$259,000. Carol Guimond, 401-418-0462.



**PORTSMOUTH** - Location! Home offers many updates including electric, septic, heating, windows & more. Sunny living room, sliders to deck and fenced yard. Garage was converted to a studio with bath but can be reclaimed. Must see! \$228,000. Carol Guimond, 401-418-0462.



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**TIVERTON** - Wonderfully maintained 3 BED Tri-level sited on oversized lot in desirable area. Formal LR w/fireplace, hardwoods throughout & walkout lower level. Many updates include exterior, roof & heating. Lovely privacy garden, fenced yd, trex deck & pool. \$249,200. Freeman "Mike" Hill, 508-636-6811.



**TIVERTON** - NEW Septic System - NEW Roof - NEW Windows - NEW Oil Tank - Hardwoods - Cute! - Great Neighborhood. Priced below market to sell quickly! \$179,000. Tom Timberlake, 401-624-2484.

Customer Satisfaction

Luxury Listings

# Mortgage Marketplace

Current Residential Mortgage Rates										CALL 401-253-6000 TO PLACE YOUR MORTGAGE AD TODAY.
	Phone Number	15-Year Fixed Rate Mortgage Rate	APR	Points	30-Year Fixed Rate Mortgage Rate	APR	Points	Variable Rate	Points	Annual Cap
Capital City Financial	401-432-9903	2.99	3.36	2.0	4.0	4.24	2.0	3.25	0	2
Select Financial	401-247-7400	2.99	3.27	1.75	4.125	4.23	1.75	2.25	1.00	2
East Coast Financial	401-396-9820	3.125	3.27	0	4.125	4.209	0	2.375	0	2
Navigant Credit Union	401-233-3468	Call For Rates								

Loan rates based on \$100,000 with 20% down payment & no PMI. Variable mortgages listed are for 30 years, adjusted annually. Points are a one-time charge equal to one percent of the mortgage. APR stands for annual percentage rate and reflects closing costs spread over the life of the loan. CAP is the most a variable mortgage can increase in one year. Savings and loans and Rhode Island loan and investment banks are included in the bank section of this chart. These rates, provided by the institutions on Monday of this week, are subject to change or special conditions. For more information, consumers are advised to call the institution. First-time homebuyers may qualify for lower-rate mortgages from the Rhode Island Housing and Mortgage Finance Corporation. Many credit unions only grant loans to members and limit membership to a defined group. When shopping for mortgage rates ask for explanation of closing costs. Financial institutions that write residential mortgages that wish to be included on this list can get in touch with Classified Real Estate Advertising Specialist at 401-253-1000



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Jeffrey D. Brown # 8313

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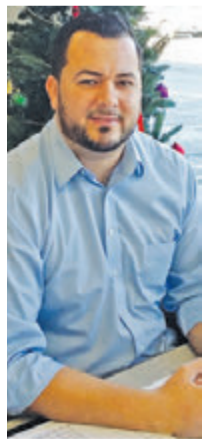
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**FREE:** Chihuahua, 3 years old, black & white, good w/kids. Bristol 401-253-1237.

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**HESS TRUCKS:** 1988-2010 in original box, \$20 each great Christmas gift 508-676-1842

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**RECLINER:** Exercise bicycle, \$24.99 401-683-9479

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**SPODE COLLECTIBLE:** 1997 ornament, "Christmas Tree" pattern, \$10 Middletown 401-846-0739

### Finds Under \$50

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**BOYS OUTFIT:** Jacket, top, pants and winter jacket, Spiderman, size 4, new. \$25 Portsmouth 401-683-9396

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**EXERCISE BIKE:** battery powered, only 2 owners, you pick up, \$49.95 East Providence 401-438-1417

**HAMPTON PIANO:** Small, 40"Hx27"Wx58"L, good condition, great gift for student great price, \$25 Barrington 401-246-0435

**KINECT GAMES:** Sonic Free Riders \$12. Kinect Sports, 1st edition \$10 Barrington 401-699-9641

**Lane Cedar Chest:** beautiful antique cedar chest 45.00 (508)951-2117.

**RABBIT:** Black floppy-eared, loves attention, about 6 months old, \$25 Tiverton 401-855-6868

**scrabble turntable:** limited edition turntable game, new unopened. 25.00 (508)951-2117.

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**SKIS:** Fischer Tyrolia bindings, San Marco boots, size 9.5. Poles, carry cases. \$45. Somerset 508-672-4617.

**SOUZA TEQUILA NEON SIGN:** Great for mans cave \$40 401-437-2242

**TABLE:** Drop leaf maple table, 36" x 43", excellent \$45 Bristol 401-253-7899

**TOTAL HOME GYM:** Excellent condition, \$44.99 Portsmouth 401-835-3937

**trombone:** great student instrument with case 30 (508)951-2117.

**TWIN BED:** Crown Oak, box, mattress & sheets, good condition, \$45, Riverside 401-433-2922.

**YOUNG WOMEN'S CLOTHING:** Expensive jeans, sweaters, blouses, shoes (8), jackets, all small \$40, Providence 401-241-0629

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**X BOX GAMES:** madden 13, \$14.99 NHL 14 \$54.99, 401-699-9641

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### Consignment shops

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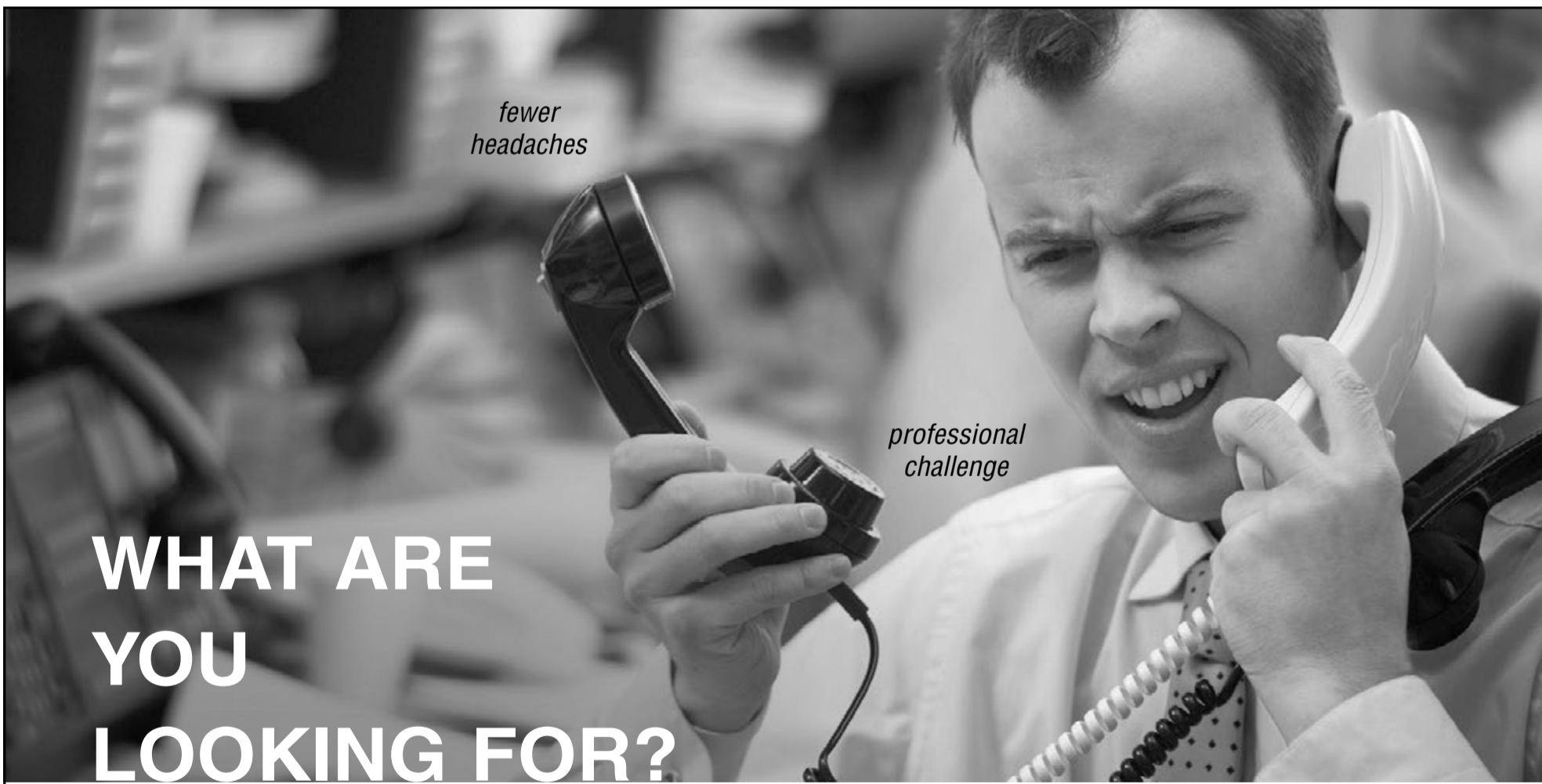
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**GENERAL REMODELING AND REPAIR:** Tile, plaster, carpentry. Bathrooms are a specialty! Free estimates. Reg#7854, insured. Scott, Barrington 401-247-4789 or 508-252-9119.

## FREE ESTIMATES

**JD'S HOME IMPROVEMENTS:** Chimney sweeping, replacement windows, doors, decks, gutters, shingling/rubber roofing, flooring, carpentry, renovations, power washing, interior/exterior paint, driveway sealing, basement fixed, lawn/tree service, fences, stamped concrete. Free estimates. 30 years of exp. Reg # 10720 Lic and Ins #36127 John 1-401-489-6900

**HOME MEDIC IMPROVEMENTS INC:** Full renovations, siding, flooring, kitchens, baths, tile, doors, windows, basement remodeled Reg #35471 Bristol 401-451-4570

## Lamps & Repair

**JT'S RESTORATION Service:** Lamps, chandeliers, sconces, fire screens, brass items, hardware, etc. repaired, rewired, polished, lacquered. Free estimates. Barrington 401-245-4582

## Landscape Materials

**DARK, RICH LOAM:** Bark, mulch, sand and gravel. Call Swansea 508-672-4436 or 508-679-0772, after 5pm

## SCREENED LOAM:

3/8", \$16/yard. Hydro-seeding. Sand, stone, blue stone, bank fill, screened fill, stone dust, 3" stone, mulch, road base, and septic sand. Free local delivery, Francis Warren & Barrington Francis Brothers, Bristol 401-253-9696.

## Landscaping

**RUFINO'S LANDSCAPING** Affordable pricing and free estimates. Now is a good time to schedule fall cleanup. Snowplowing, salting and sanding. Call Steve, Warren 401-247-5442.

## Masonry

**CORNERSTONE Restoration, Inc.** Chimney repair, walkways, patios, cement work, pressure washing. New construction and repair work. Quality workmanship/Insured/RI Reg#18262. Barrington 401-247-9070.

## Oil Deliveries



- No minimum for oil deliveries
- No contracts
- Oil burner cleaning

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**401.683.0370**

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**MR. & MRS. M'S. PAPER & Paint Perfectionists.** Thorough surface preparation. Top quality interior/exterior painting, paper hanging, carpentry, sheet rock, tile, and power washing. Reg#5164, insured. Free estimates. Barrington 401-245-6454.

**MARSZALEK PAINTING-QUALITY** interior/exterior painting. Licensed and Insured. References available. Free estimates. Call or text Brian 401 935-9742 email brianmarszalek@yahoo.com

**PAPA'S PAINTING PLUS:** Quality remodeling and painting backed by many local references. Insured, licensed. Reg#29576. Anthony Papa. Bristol 401-253-3077.

## Plumbing

**INDEPENDENT PLUMBING & Heating:** Specializing in residential repairs and renovations. No job too small. Experienced in older, historic homes. Greg Hall, Reg#1705. Bristol 401-253-6741.

**TO PLACE AN AD:** Call (401) 253-1000 or 800-382-8477 (MA) and speak to one of our knowledgeable Advertising Specialists. They can help you place and design your ad for maximum exposure.

## Roof Repair & Cleaning

**MJS ROOFING: And Gutter Systems.** Professional workmanship at its finest. Flat roofing, shingles, gutters, siding. Installs and cleanouts. Fully licensed and insured contractors. Free estimates. Tiverton 401-654-8629

**QUALITY ROOFING:** How would you like a quality roof for an affordable price? Our company's goal is to meet all of the customers expectations. All roofing systems are warranted and guaranteed. Reg#23723 W. Comp Fully insured Bristol. Kevin Sousa 401-297-9292 Free estimates.

**TABELEY'S ROOFING:** GAF Master Elite installer. Servicing the area for 15 years of perfection. with all proper insurance policies and knowledge to protect homeowners and consumers for their replacement and repairs. 401-431-2816

**B. A. C. ROOFING: AND Construction.** Free estimates. Residential roofing specialists. Lic and insured Reg # 22977 Bristol 401-413-4820.

**M. MARINO & SONS** Roofing Specialist serving the East Bay since 1980. Adhering to OSHA Standards, fully insured, hundreds of references, guaranteed quality workmanship. Licensed in Mass. RIReg#2231 Warren 401-245-1649.

## Sewing Machine Repair

**SEWING MACHINES REPAIRED:** In your home by experienced mechanic. All work guaranteed. Call Andy, Warren 401-245-2216.

**FREE:** Advertise your item in the East Bay Classifieds for free if the selling price is less than \$200. How? Simply log on to EastBayClassifieds.com. Some restrictions may apply. Call for details, 401-253-1000 or 800-382-8477 (MA).

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**Portsmouth 401-683-3107**

**NEW ENGLAND TREE PRESERVATION CO:** Tree removals, tree preservation, stump grinding & excavation and crane service. 24 hour emergency line. Pest management. Tree/shrub fertilization & brush cutting and land clearing. We can help. 401-683-1577.

## TREE DOCTOR

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**Ken Coelho, Warren 401-245-6172**

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**THE EAST BAY Classifieds.** Your Neighborhood Marketplace. 401-253-1000 or 800-382-8477 (MA)

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**FREE:** Advertise your item in the East Bay Classifieds for free if the selling price is less than \$200. How? Simply log on to EastBayClassifieds.com. Some restrictions may apply. Call for details, 401-253-1000 or 800-382-8477 (MA).

**THE EAST BAY Classifieds.** Your Neighborhood Marketplace. 401-253-1000 or 800-382-8477 (MA)

**IT'S SIMPLE TO PLACE AN AD** in the East Bay Classifieds. You can call 401-253-1000 or 800-382-8477 (MA). You can log on to Eastbayri.com or drop by our office at 1 Bradford St, Bristol Rhode Island.

**THE EAST BAY Classifieds!** Chock full of Real Estate for sale, Real Estate for rent and all Real Estate related services. It's the place to be for all of your Real Estate needs. Call our Real Estate Advertising Specialist, 401-253-6000 or 800-382-8477 (MA).

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**BRISTOL LIQUORS**  
390 Metacom Ave, Bristol, RI  
(401) 253-5510

**COLDWELL BANKER GUIMOND REALTY**  
1741 Main Rd, Tiverton, RI  
(401) 625-5878

**TAP PRINTING**  
628 Metacom Ave, Warren, RI  
(401) 247-2188

**THE AGENCY PAIVA**  
194 Warren Ave, E Providence, RI  
(401) 438-0111

**CENTURY 21 RONDEAU ASSOCIATES**  
729 Hope St, Bristol, RI  
(401) 254-1900

**BILL'S AUTO REPAIR & TOWING**  
516 Child St, Warren, R  
(401) 245-3450

**PRESTIGE CLEANERS**  
286 County Rd, Barrington, RI  
(401) 247-0740

**LEISURE LIMOUSINE**  
2461 E Main Rd, Portsmouth, RI  
401-683-2683

**TRAVERS PLUMBING & HEATING**  
202 Chase Rd, Portsmouth, RI  
(401) 683-5656

**EAST BAY PRINTING & COPYING**  
601 Metacom Ave, Warren, RI  
(401) 245-3725

**BRISTOL BAGEL WORKS**  
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(401) 254-1390

**TWEET'S BALZANOS FAMILY RESTAURANT**  
180 Mt Hope Ave, Bristol, RI  
(401) 253-9811

**WAYNE ELECTRIC**  
116 Tupelo St, Bristol, RI  
(401) 253-0296

**BRISTOL SUNSET CAFE**  
499 Hope St, Bristol, RI  
(401) 253-1910

**SAFE WAY AUTO CENTER**  
61 Gooding Ave, Bristol, RI  
(401) 253-3433

**BILL LIZOTTE ARCHITECTURAL**  
400 Wampanoag Trail, Riverside, RI  
(401) 475-3831

**TOM'S LAWN AND GARDEN EQUIPMENT**  
1055 E Main Rd, Portsmouth, RI  
(401) 683-0002

**SECOND HELPINGS**  
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(401) 396-9600

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(401) 253-2550

**PET FOODS PLUS**  
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(401) 253-2456

**ONE STOP BUILDING SUPPLY**  
236 Connell Highway, Newport, RI  
(401) 847-8460

**BROUGHAM MOTORS COLLISION CENTER**  
367 Bedford St, Fall River MA  
(508) 678-2276

**DURANDS AUTO GALLERY**  
750 Main Road, Tiverton, RI  
(401) 624-9909

**DURANDS MOTORSPORT**  
147 Main Road, Tiverton, RI  
(401) 624-3859

**FOGARTY AUTO BODY**  
2258 Pawtucket Ave, East Prov, RI  
(401)438-5290

**BARBOSA & SON AUTO REPAIR**  
205 N Brow Street, East Prov, RI  
(401) 431-0366

**THIRDS CONSIGNMENT**  
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# Services

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**ADVERTISE YOUR PRODUCT** or service nationwide or by region in up to 12 million households in North America's best suburbs! Place your classified ad in over 750 suburban newspapers just like this one. Call Classified Avenue at 888-486-2466 or go to [www.classifiedavenue.net](http://www.classifiedavenue.net)

**IT'S SIMPLE to place an ad in** East Bay Classifieds. You can call 401-253-1000 or 800-382-8477 (MA). You can log on to [EastBayRI.com](http://EastBayRI.com) or you can stop by our office at 1 Bradford St, Bristol Rhode Island.

## Business Consulting

**BUILD YOUR BUSINESS:** Experienced marketing consultant available for small businesses. Contact Buster Clegg, BC Communications, Barrington at UNH1959@aol.com or 401-247-2666.

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**TERRA'S CLEANING:** Home, business, and post construction. Weekly, bi-weekly, monthly & one time. Set up appointment for estimate. Arlette, [arlettterra@hotmail.com](mailto:arlettterra@hotmail.com) 774-319-0986

**TO PLACE AN AD:** Call (401) 253-1000 or 800-382-8477 (MA) and speak to one of our knowledgeable Advertising Specialists. They can help you place and design your ad for maximum exposure.

**HOUSECLEANING ETC:** Home, offices, apartments. Weekly, bi-weekly, seasonal, or as needed. Free estimates. Call Eveline, 401-624-4593, Now!

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[www.crazycomputers.net](http://www.crazycomputers.net)

**LANDSCAPERS, PAINTERS** and other services can be found in the East Bay Classifieds each week!

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**CUT YOUR STUDENT LOAN** payments in HALF or more! Even if Late or in Default. Get Relief FAST! Much LOWER payments. Call Student Hotline 877-295-0517

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**DUMP RUNS:** No job too big or too small. One day service. Westport and surrounding area. 508-636-5263, cell 617-852-1367.

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# Service Directory

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